

**Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal.**

This is a **Risk Assessment template** for dealing with the current Covid-19 situation in the Club. This document does not cover all scenarios and each Club Safety Officer should plan their clubs return to safe activity together with the club committee as each club will have their own unique circumstances.

All members and stakeholder in the athletics family have a duty of care to ensure we prevent the spread of Covid-19. We aspire to operate best practices in the athletics community and we thank you in advance for working with us to risk assess your club.

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| **What are the hazards?** | **Who might be harmed** | **Controls Required** | **Additional Controls** | Action by who? | Action by when? | Done |
| Spread of Covid-19 Coronavirus | * **All Members** * **Coaches** * **Visitors to your premises** * **Cleaners** * **Contractors** * **Parents** * **Anyone else who physically comes in contact with you in relation to the Club** | **As the Club house is not open for athletes, coaches or other officials during any training sessions, the following controls apply;**  On receipt of these guidelines, club officials must meet (online) to decide how best, in their specific circumstances, as to how they can or cannot, recommence training activities, within the context of the Government/HSE guidelines. (See other accompany document for those guidelines).  Should the club consider that it can resume activities, it will have to be planned, with athletes being given specific times to attend, if they wish to resume training in the club environment. It is critical that clubs keep strict control at all times.  Clubs will need to ensure they have full contact details for all members. In respect of members under 18, this will require full contact details for parents/guardians. This is to facilitate contact tracing in the event of a suspected Covid 19 case.  If clubs decide they can resume, on a limited basis initially, the club safety officer must communicate to all club coaches, who are prepared to resume activities, the terms of resumption.  .  The club in conjunction with the safety officer should nominate at least two Covid 19 Co-ordinators, who should attend training sessions to ensure these guidelines are being strictly observed. Large clubs using extended locations, may need to nominate additional Co-ordinators.  Club coaches, bearing in mind the terms of the Government/HSE guidelines, need to examine how athletes can be accommodated in terms of times for attendance, necessity to bring their own sanitiser, wipes, towels. It may well be that the normal training period will have to be divided over a series of time periods to facilitate the attendance of athletes.  A full record of attendance at each training session must be maintained. This is required to facilitate contact tracing should a suspected case of Covid 19 arise.  Athletes, coaches, mentors, parents and other person who may be legitimately present within the terms of the Government guidelines;  Will observe Social Distancing -Reducing the number of persons in any area to comply with the 2-metre (6.5 foot) gap recommended by the HSE.  Must bring their own sanitiser, wipes and towels for their own personal use;  Will **not share any of these items to avoid any possible cross contamination.**  **Cleaning**  Frequently cleaning and disinfecting objects and surfaces that are touched regularly in the course of training, using appropriate cleaning products and methods.  All equipment used by athletes to be cleaned before and after use.  **Social Distancing**  Redesigning access flows club training areas to ensure social distancing in place. This is particularly relevant in relation to car parks, as athletes and parents are coming or going from the area.  Parents/guardians bringing children to training sessions, if they do not leave immediately and return later, should remain in their vehicles. If they do exit they must observe all the Government/HSE guidelines, such as social/physical distancing.  Conference calls to be used instead of face to face meetings.  **Symptoms of Covid-19**  If any member of the club becomes unwell with a new continuous cough or a high temperature they will be sent home and advised to follow the stay at home guidance.  If advised that a club member has developed Covid-19 and they were recently on our club premises the safety officer will contact the HSE to advise.  Should any athlete, coach or club official have any pre-existing medical condition, they should seek the advice of their medical practitioner as to the advisability of resuming club activity at this juncture.  **First Aid**  Clubs will need to review their first aid kits to ensure they have adequate supply of face masks, surgical gloves and sanitisers, in the event of an incident arising and needing attention.  Arrangements will also have to be in place for access to AEDs, (defibrillators) which are mostly stored in club houses. | Phase 1 regular reminders to hand sanitize and individuals to carry their own sanitizer.  Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands.  To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice.  Posters, leaflets and other materials are to be displayed.  Rigorous checks will be carried out by the safety officer and coaches to ensure that the necessary procedures are being followed.  Members to be reminded on each occasion they attend for training of the importance of social distancing. | **Clubs**  **Clubs**  **Clubs**  **Club Safety Officer**  **Clubs and**  **Safety Officer**  **Club coaches**  **Club coaches**  **All present at training sessions**  **Coaches**  **Clubs**  **Clubs**  **Club safety officer**  **Each athlete, coach and club official**  **Clubs**  **Club safety officers**  **Clubs and coaches**  **Clubs and coaches** | **Before resuming any activities**  **Before resuming any activities**  **Before resuming any activities**  **Before resuming any activities**  **Before resuming any activities**  **Before resuming any activities**  **All training sessions**  **All training sessions**  **All athletes, coaches, parents and club officials**  **Clubs and coaches**  **Clubs and safety officer**  **Parents**  **All athletes, coaches and club officials** |  |