

## Juvenile Star Award Winners 1970-2019

Bord Lúthchleas na hÉireann (BLE) was established on 16th April, 1967, when a Special General Meeting of the Amateur Athletic Union of Éire voted unanimously and a Special Congress of the National Athletic and Cycling Association voted by a 72%, 19 votes above the two-thirds majority necessary, to disband to allow formation of a new athletic association affiliated to the I.A.A.F. At the Southern Region Convention of BLE at Tralee in December 1968, representatives, in particular the Cork delegates, expressed their disappointment at the lack of progress in the formation of a Juvenile Athletics Board under BLE to organise National Juvenile Championships. As at December 1968 only County and Provincial Championships had taken place. Galvanised by the agitation from rank and file, in April 1969 it was announced that BLE was setting up a subsidiary National body to control and administer under-age athletics. At a general meeting, comprising two representatives per county, which took place in Moran's Hotel, Dublin, on 3 May, 1969, Bord Lúthchleas Ógánach na hÉireann was established to promote athletics for boys and girls under 17 years of age.

An Executive Committee was elected: Chairman, Rev Bro JC Joyce (Tipperary); Vice-Chairman, Rev K Ryle (Galway); Hon Secretary, Mr J Fogarty (Dublin); Hon Treasurer, Mr J Bridgeman (Dublin); Hon Registrar, Miss K. Leanne (Tipperary). National T&F Championships embracing 76 events were established to cater for three age groups U13, U15 and U17. These inaugural championships were held at Roscrea, 13 July (Under 13, 24 events), at Banteer, 27 July (Under 15, 26 events) and Santry, August 17 (Under 17, 26 events). Each county was allowed to enter two competitors per event.

The genesis of the BLOE National star awards remains somewhat unclear, but may be surmised as follows. Co. Tipperary, based on newspaper archives, was one of the first counties to present BLOE juvenile star awards for U13, U15, and U17 boys and girls based on performances at County, Munster and National levels for 1969. The Rev Bro JC Joyce was also Chairman of the Tipperary Co Board. The Tipperary Sports Stars Awards were presented at the Anner Hotel, Thurles, on 20 January, 1970 by Noel Carroll, Irish Olympian 1964 and 1968. It would seem likely that the Rev Bro JC Joyce initiated discussions at meetings of the BLOE Executive Committee for the inauguration of BLOE National Sports Star Awards. The inaugural Sports Stars Awards Ceremony took place at Lawlor's Hotel, Naas, on 7 November, 1970. With the formation of The Athletic Association of Ireland in November 1999, the Juvenile Committee of AAI took over responsibility for the Annual Star Awards. The National Juvenile Awards have had eight different commercial sponsors over the years – Bank of Ireland (1971–1989), Crover House Hotel (1990), Cavan Crystal (1991–93), Waterford Crystal (1994–2007), Tipperary Crystal (2009–13), Emerald Crystal (2014–16), Lee Brothers Ltd (2017–18) and Arena Crystal (2019).

The longest standing named award is the Robin Sykes Trophy which was first presented in 1983. It is named after Robin Sykes, a native of Glasgow, the first full-time National Track and Field Director of Coaching (1981–83) appointed by BLE. Other named trophies were donated in memory of deceased family members – Eamonn Gilbert (High Jump/Pole Vault), Róisín O'Callaghan (Walks), and Keara O'Hart (Sprints). Three former officers of the BLOE/ Athletics Ireland are remembered by specified trophies – Bill Battersby (Long/Triple Jump), Breda Synnott (Celtic Games/Youth Nations, Male & Female) and Áine Pobjoy (U16 Achievement). The Matt McGrath Trophy (Throws) is named after a native of Co Tipperary, Olympic Gold medallist in Hammer Throw in 1912 and Silver medallist in 1908 and 1924.

*List of winners compiled by Cyril Smyth, Additions / Corrections to be sent to [csmyth@tcd.ie](mailto:csmyth@tcd.ie) & [pierce@savvysportsmgt.com](mailto:pierce@savvysportsmgt.com)*

## Winners by County

### Antrim



Year	Athlete	Club	County
1970	Jim Delaney	West Belfast	Antrim
1971	Brian McGurk	Corrigan	Antrim
1972	Brian McGurk	Corrigan	Antrim
1973	Stephen Naughton	West Belfast	Antrim
1974	Anne Marie Ward	St Michael's	Antrim
1975	Sean Wynne	St Michael's Belfast	Antrim
1976	Mark Copeland	Belfast Olympic	Antrim
1977	Mark Copeland	Belfast Olympic	Antrim
1978	Mark Copeland	Belfast Olympic	Antrim
1979	Eugene McKenna	Belfast Olympic	Antrim
1980	Deirdre Ward	Belfast Olympic	Antrim
1981	Catherine Boyle	Belfast Olympic	Antrim
1982	Teresa Walsh	Belfast Olympic	Antrim
1983	Jacqueline Crossan	Belfast Olympic	Antrim
1984	Jacqueline Crossan	Belfast Olympic	Antrim
1985	Stephanie McPeake	Ballymena & Antrim	Antrim
1986	John Grey	Belfast Olympic	Antrim
1987	Pauline Quinn	Ballymena	Antrim
1988	Brian Frazer	Annadale Striders	Antrim
1989	Brian Conway	St Malachy's	Antrim
1990	Austin Finn	Annadale Striders	Antrim
1991	Austin Finn	Annadale Striders	Antrim
1992	Catherine O'Neill	Beechmount Harriers	Antrim
1993	Catherine O'Neill	Beechmount Harriers	Antrim
1994	Gareth Turnbull	St Malachy's	Antrim
1995	Gareth Turnbull	St Malachy's	Antrim
1996	Colm McLean	St Malachy's	Antrim
1997	Anna Boyle	Ballymena & Antrim	Antrim
1998	Michael Allen	Ballymena & Antrim	Antrim
1999	Catherine Crawford	Regent House	Antrim
2000	David Pugh	Ballymena & Antrim	Antrim
2001	Christopher Allen	Ballymena & Antrim	Antrim
2002	Stephen Morrow	Ballymena & Antrim	Antrim
2003	Elizabeth McWilliams	Ballymena & Antrim	Antrim
2004	Caolán Flanagan	Ballymena & Antrim	Antrim
2005	Jason Harvey	Campbell College	Antrim
2006	Jason Harvey	Campbell College	Antrim
2007	Claire Wilkinson	Ballymena & Antrim	Antrim
2008	Joanne Mills	Ballymena & Antrim	Antrim
2009	Joanne Mills	Ballymena & Antrim	Antrim
2010	Rachel Healy	Ballymena & Antrim	Antrim
2011	Conal Kirke	Ballymena & Antrim	Antrim
2012	Matthew Dalton	City of Lisburn	Antrim
2013	Matthew Dalton	City of Lisburn	Antrim
2014	Christy Conlon	Beechmount Harriers	Antrim
2015	Shane Martin	Ballymena & Antrim	Antrim
2016	Anna McCauley	City of Lisburn	Antrim
2017	Tony Craig	Lagan Valley	Antrim
2018	Anna McCauley	City of Lisburn	Antrim
2019	Anna McCauley	City of Lisburn	Antrim

## Armagh



Year	Athlete	Club	County
1970	P Houlihan	Armagh City Harriers	Armagh
1971	Arthur Harte	Armagh City Harriers	Armagh
1972	Brian McNally		Armagh
1973	Anthony Gallery		Armagh
1974	Thomas Coleman	St Peter's Lurgan	Armagh
1975	Thomas Coleman	St Peter's Lurgan	Armagh
1976	Helen Gourley	St Peter's Lurgan	Armagh
1977	Helen Gourley	St Peter's Lurgan	Armagh
1978	Helen Gourley	St Peter's Lurgan	Armagh
1979	Ian Stewart	Craigavon	Armagh
1980	Ian Stewart	Armagh City Harriers	Armagh
1981	Peter McDonnell	Mullaghbawn	Armagh
1982	Jacqueline Murray	St Peter's Lurgan	Armagh
1983	Aidan Walker	Armagh City Harriers	Armagh
1984	Aidan Walker	Armagh City Harriers	Armagh
1985	Arlene Dillon	Armagh City Harriers	Armagh
1986	Nigel Clarke	Armagh City Harriers	Armagh
1987	Emily Purnell	Armagh City Harriers	Armagh
1988	Emily Purnell	Armagh City Harriers	Armagh
1989	Emily Purnell	Armagh City Harriers	Armagh
1990	Graham McCauley		Armagh
1991	Garreth James	Armagh City Harriers	Armagh
2003	Rhiannon McNally	Craigavon	Armagh
2004	Rhiannon McNally	Craigavon	Armagh
2005	Rhiannon McNally	Craigavon	Armagh
2006	Shane Donnelly	Orchard County	Armagh
2009	Stephen Kerr	Armagh	Armagh
2010-18	—	—	Armagh
2019	Odhran Hamilton	Armagh	Armagh

## Carlow



Year	Athlete	Club	County
1970	Beatrice Lambert	St Laurence O'Toole	Carlow
1971	Beatrice Lambert	St Laurence O'Toole	Carlow
1972	Dorina Gavin	Bagenalstown	Carlow
1973	Beatrice Lambert	St Laurence O'Toole	Carlow
1974	Patricia Amond	St Laurence O'Toole	Carlow
1975	Patricia Amond	St Laurence O'Toole	Carlow
1976	Patricia Amond	St Laurence O'Toole	Carlow
1977	Patricia Amond	St Laurence O'Toole	Carlow
1978	Patricia Amond	St Laurence O'Toole	Carlow
1979	Patricia Amond	St Laurence O'Toole	Carlow
1980	Paul Hogan	St Laurence O'Toole	Carlow
1981	Siobhan Kavanagh	Tinryland	Carlow
1982	Aidan O'Toole	St Patrick's	Carlow
1983	TJ Kearns	Tullow	Carlow
1984	Aidan O'Toole	St Laurence O'Toole	Carlow
1985	Mary Morrissey	St Laurence O'Toole	Carlow
1986	Yvonne Collins	St Laurence O'Toole	Carlow
1987	Geraldine Hendricken	St Laurence O'Toole	Carlow
1988	Maura Farrell	St Laurence O'Toole	Carlow
1989	Peter Lyons	St Laurence O'Toole	Carlow
1990	Edel Kelly		Carlow
1991	Linda Donegan	St Laurence O'Toole	Carlow
1992	Mark Mulqueen	St Laurence O'Toole	Carlow
1993	Mark Mulqueen	St Laurence O'Toole	Carlow
1994	Gary Murphy	St Laurence O'Toole	Carlow
1995	Derek O'Brien	St Laurence O'Toole	Carlow
1996	Derek O'Brien	St Laurence O'Toole	Carlow
1997	Derek O'Brien	St Laurence O'Toole	Carlow
1998	David Kidd	St Laurence O'Toole	Carlow
1999	Eilish Connery	St Laurence O'Toole	Carlow
2000	Robert O'Rourke	St Laurence O'Toole	Carlow
2001	Leona Byrne	St Laurence O'Toole	Carlow
2002	Leona Byrne	St Laurence O'Toole	Carlow
2003	Leona Byrne	St Laurence O'Toole	Carlow
2004	Stephen Darcy	St Laurence O'Toole	Carlow
2005	Kevin Lawler	St Laurence O'Toole	Carlow
2006	Laura Scriven	St Laurence O'Toole	Carlow
2007	Jamie Keogh	St Laurence O'Toole	Carlow
2008	Deirdre Doyle	Tinryland	Carlow
2009	Marcus Lawlor	St Laurence O'Toole	Carlow
2010	Simon Doyle	St Laurence O'Toole	Carlow
2011	Lauren O'Dwyer	St Laurence O'Toole	Carlow
2012	Clare Murphy	St Laurence O'Toole	Carlow
2013	Marcus Lawlor	St Laurence O'Toole	Carlow
2014	Molly Scott	St Laurence O'Toole	Carlow
2015	Bronagh Walsh	St Laurence O'Toole	Carlow
2016	Molly Scott	St Laurence O'Toole	Carlow
2017	Jonathan McKenna	St Laurence O'Toole	Carlow
2018	Sive O'Toole	St Laurence O'Toole	Carlow
2019	Alan Miley	St Laurence O'Toole	Carlow

## Cavan



Year	Athlete	Club	County
1970	Marian Kiernan	Ballintemple	Cavan
1971	Noel O'Dowd	Cootehill	Cavan
1972	Kerry Mullen	Cootehill	Cavan
1973	Richard McEvoy	Bailieborough	Cavan
1974	Geraldine Clarke	Bailieborough	Cavan
1975	Laurence Carolan	Bailieborough	Cavan
1976	Catherine Gormley	Cavan	Cavan
1977	Catherine Gormley	Cavan	Cavan
1978	Senan O'Reilly	Cavan	Cavan
1979	Catherine Gormley	Cavan	Cavan
1980	Aidan Watters	Cavan	Cavan
1981	Aideen Gormley	Cavan	Cavan
1982	Karen Johnston	Kingscourt	Cavan
1983	Louise Ward	Breffni Harriers	Cavan
1984	Declan Curley	Breffni Harriers	Cavan
1985	Gary Cosgrove	Kill	Cavan
1986	Gary Cosgrove	Kill	Cavan
1987	Arlene Smith	Breffni Harriers	Cavan
1988	Arlene Smith	Breffni Harriers	Cavan
1989	Arlene Smith	Breffni Harriers	Cavan
1990	Arlene Smith	Team P Elliott	Cavan
1991	Arlene Smith	Team P Elliott	Cavan
1992	Caroline McCormack	Bailieboro	Cavan
1993	Mary Frances Coyle	Castletara-Ballyhaise	Cavan
1994	Mary Frances Coyle	Castletara-Ballyhaise	Cavan
1995	Noreen von Cramon-Taubadel	Cornafean	Cavan
1996	Roisin McBreen	Innyvale	Cavan
1997	Martin O'Reilly	Innyvale	Cavan
1998	Brendan Corrigan	Shercock	Cavan
1999	Patrick Corrigan	Shercock	Cavan
2000	Patrick Corrigan	Shercock	Cavan
2001	Alan McEntee	Shercock	Cavan
2002	Seán Smith	Shercock	Cavan
2003	Anne Marie Burns	Shercock	Cavan
2004	Gerard O'Reilly	Shercock	Cavan
2005	Gerard O'Reilly	Shercock	Cavan
2006	Gerard O'Reilly	Shercock	Cavan
2007	Craig Lynch	Shercock	Cavan
2008	Craig Lynch	Shercock	Cavan
2009	Cian O'Reilly	Annalee	Cavan
2010	James Treanor	Shercock	Cavan
2011	James Treanor	Shercock	Cavan
2012	Clodagh O'Reilly	Annalee	Cavan
2013	Garghan McKenna	Shercock	Cavan
2014	Clodagh O'Reilly	Annalee	Cavan
2015	Roland Surlis	Annalee	Cavan
2016	Jade Williams	Shercock	Cavan
2017	Casey Mulvey	Innyvale	Cavan
2018	Niamh McCorry	Annalee	Cavan
2019	Casey Mulvey	Innyvale	Cavan

## Clare



Year	Athlete	Club	County
1970	Marie Flynn	Marian	Clare
1971	Cushla Murphy	Shannon	Clare
1972	Cushla Murphy	Shannon	Clare
1973	Mary Cassidy	Ennis Track	Clare
1974	Frank Sweeney	Marian	Clare
1975	Frank Sweeney	Marian	Clare
1976	Frank Sweeney	Marian	Clare
1977	Tom Mannion	Marian	Clare
1978	Padraig Haran	Roscrea	Clare
1979	Gerard Coughlan	Marian	Clare
1980	Gerard Coughlan	Marian	Clare
1981	Vincent Halloway	Shannon	Clare
1982	Marie Gormley	Marian	Clare
1983	Frank Barry	Shannon	Clare
1984	Brian Dawson	Marian	Clare
1985	Gerard Nagle	Marian	Clare
1986	Shane Sutton	Marian	Clare
1987	Gerard Nagle	Marian	Clare
1988	Gerard Nagle	Marian	Clare
1989	Gerard Nagle	Marian	Clare
1990	Shane Slattery	Marian	Clare
1991	Larna O'Neill	Marian	Clare
1992	Marie McMahon	Marian	Clare
1993	Orla O'Mahony	Marian	Clare
1994	Brian Liddy	Marian	Clare
1995	Rory Liddane	Olympic Harriers	Clare
1996	Teresa White	North Clare	Clare
1997	Emer Doolaghty	Marian	Clare
1998	Rachel Akers	East Clare	Clare
1999	Robert Forde	Marian	Clare
2000	Rachel Akers	East Clare	Clare
2001	Brian Markham	East Clare	Clare
2002	Rachel Akers	Marian	Clare
2003	Rachel Akers	Marian	Clare
2004	Brian Markham	Ennis Track	Clare
2005	Brian Markham	Ennis Track	Clare
2006	Brian Markham	Ennis Track	Clare
2007	Liam Markham	Ennis Track	Clare
2008	Liam Markham	Ennis Track	Clare
2009	Aisling Darcy	Ennis Track	Clare
2010	Alice Akers	Marian	Clare
2011	Imogen Cotter	Ennis Track	Clare
2012	Cormac Lynch	Marian	Clare
2013	Kevin Mulcaire	Ennis Track	Clare
2014	Tony Odubote	Ennis Track	Clare
2015	Darragh Minitier	St Mary's	Clare
2016	Darragh Minitier	St Mary's	Clare
2017	Darragh Minitier	St Mary's	Clare
2018	Darragh Minitier	St Mary's	Clare
2019	Ava Rochford	Ennis Track	Clare

## Cork



Year	Athlete	Club	County
1970	Ann Sheehan	Beara	Cork
1971	Mary Fenton	Midleton	Cork
1972	Mary Fenton	Midleton	Cork
1973	Bernadette Murray	Grange-Fermoy	Cork
1974	Joe Brice	Midleton	Cork
1975	Mary Fleming	Midleton	Cork
1976	Tom Crotty	St Finbarr's, Cork	Cork
1977	Mark Dempsey	Youghal	Cork
1978	Valerie O'Mahony	Togher	Cork
1979	Tony Gilbert	Blarney	Cork
1980	Niamh Walsh	Leevale	Cork
1981	Ger O'Callaghan	Leevale	Cork
1982	Deirdre Murphy	Ballyvourney	Cork
1983	Paul O'Regan	Leevale	Cork
1984	Kieran Mills	St Patrick's, Mallow	Cork
1985	Aidan O'Regan	Leevale	Cork
1986	Anthony O'Keeffe	Togher	Cork
1987	Darren Haddock	Togher	Cork
1988	Carlton Haddock	Togher	Cork
1989	John Murray	North Cork	Cork
1990	Claire Ingerton	Leevale	Cork
1991	Claire Ingerton	Leevale	Cork
1992	Kenneth Treacy	Midleton	Cork
1993	Dermot Sheehan	Glenbower	Cork
1994	Dermot Sheehan	Glenbower	Cork
1995	Niamh Savage	Leevale	Cork
1996	Derval O'Rourke	Leevale	Cork
1997	Ruari McGovern	Glenbower	Cork
1998	Kieron Hennessy	Leevale	Cork
1999	Jer O'Donoghue	Leevale	Cork
2000	Deirdre Murphy	Leevale	Cork
2001	Sharon Kelly	Leevale	Cork
2002	Brendan O'Connor	Beara	Cork
2003	Christopher Crowley	Belgooly	Cork
2004	Christopher Crowley	Belgooly	Cork
2005	Christina Broderick	Belgooly	Cork
2006	Timothy Harrington	Courcies	Cork
2007	Patrick Maher	Leevale	Cork
2008	Dean Cronin	Blarney-Inniscarra	Cork
2009	Eric Stam	Bandon	Cork
2010	Sam Healy	Belgooly	Cork
2011	Grainne Moynihan	West Muskerry	Cork
2012	David Cussen	Old Abbey	Cork
2013	Jack Murphy	Leevale	Cork
2014	Grace McKenzie	Belgooly	Cork
2015	Tom Deasy	Belgooly	Cork
2016	Ciara Sheehy	Liscarroll	Cork
2017	Reece Ademola	Leevale	Cork
2018	Wymin Sivakumar	Leevale	Cork
2019	Adam Turner	Belgooly	Cork

## Derry



Year	Athlete	Club	County
1970	I O'Kane		Derry
1971	Paul Craig	Oak Leaf	Derry
1972	Paul Craig	Oak Leaf	Derry
1973	Paul Craig	Oak Leaf	Derry
1974	Patrick Hamilton	Sparta Derry	Derry
1975	Martin McGeady	Sparta Derry	Derry
1976	Jim Herron	Sparta Derry	Derry
1977	J Gibson	Sparta Derry	Derry
1978	Donal Sweeney	Sparta Derry	Derry
1979	Donal Sweeney	Sparta Derry	Derry
1980	Cathy Dillon	Sparta Derry	Derry
1981	Kevin Barr	Sparta Derry	Derry
1982	Heather Wilson	Sparta Derry	Derry
1983	T Erne	Sparta Derry	Derry
1984	Joanne Heaney	Magherafelt	Derry
1985	Sean Nugent	Oak Leaf	Derry
1986	Adrian Porter	Magherafelt & District	Derry
1987	Louise O'Kane	Magherafelt & District	Derry
1989	Kevin Donaghy	Oak Leaf	Derry
1990	Kevin Donaghy	Oak Leaf	Derry
1991	Stephen McCauley	Sparta Derry	Derry
1992	Gareth Devlin	Ballinascreen	Derry
1993	Shane Donaghey	Oak Leaf	Derry
1994	Shane Donaghey	Oak Leaf	Derry
1995	Niall O'Donnell	St Columb's	Derry
1996	Niall O'Donnell	St Columb's	Derry
1997	Niall O'Donnell	St Columb's	Derry
1998	Gavin Norris	St Columb's	Derry
1999	Paul Tohill	Mid Ulster	Derry
2000	Paul Tohill	Mid Ulster	Derry
2001	Lee Barlow	St Columb's	Derry
2002	Gemma Thompson	Sparta	Derry
2003	Patrick O'Donnell	Olympian	Derry
2004	Simon Heron	St Columb's	Derry
2005	Simon Heron	St Columb's	Derry
2006	Maggie Donnelly	Mid Ulster	Derry
2007	Maggie Donnelly	Mid Ulster	Derry
2008	Jamie Devine	City of Derry	Derry
2009	Mark McGarvey	City of Derry	Derry
2010	Mark McGarvey	City of Derry	Derry
2011	Mark McGarvey	City of Derry	Derry
2012	Claire Dougherty	City of Derry	Derry
2013	Naoimi Morgan	City of Derry	Derry
2014	Naoimi Morgan	City of Derry	Derry
2015	Conall O'Neill	City of Derry Spartans	Derry
2016	Fintan Stewart	City of Derry Spartans	Derry
2017	Nathan Fitzpatrick	City of Derry Spartans	Derry
2018	Eimear Kelly	City of Derry Spartans	Derry
2019	Finn O'Neill	City of Derry Spartans	Derry



## Donegal



Year	Athlete	Club	County
1970	Louise McGettigan	Lifford	Donegal
1971	Louise McGettigan	Lifford	Donegal
1972	Louise McGettigan	Lifford	Donegal
1973	Louise McGettigan	Lifford	Donegal
1974	Bernadette English	Letterkenny	Donegal
1975	Paul O'Brien	Finn Valley	Donegal
1976	John Cronin	Glenree	Donegal
1977	Sheila McMenamin	Finn Valley	Donegal
1978	Mary O'Reilly	Letterkenny	Donegal
1979	Kevin McBrearty	St John Bosco	Donegal
1980	Kevin McBrearty	St John Bosco	Donegal
1981	Kevin McBrearty	St John Bosco	Donegal
1982	Vincent Breslin	St John Bosco	Donegal
1983	Vincent Breslin	St John Bosco	Donegal
1984	Noelle Harron	Finn Valley	Donegal
1985	Siobhan Gallagher	Ballyshannon	Donegal
1986	John Kelly	Lifford	Donegal
1987	Belinda McArdle	Finn Valley	Donegal
1988	John Kelly	Lifford	Donegal
1989	Sharon Foley	Lifford	Donegal
1990	Shauna Colhoun	Lifford	Donegal
1991	Eilis Lavelle	Finn Valley	Donegal
1992	Shauna Colhoun	Lifford	Donegal
1993	Claire Sweeney	Milford	Donegal
1994	Cathal McGinley	Sliabh Liag	Donegal
1995	Cathal McGinley	Sliabh Liag	Donegal
1996	Lynn Anderson	Letterkenny	Donegal
1997	Gary Murray	Finn Valley	Donegal
1998	Mary McLoone	St John Bosco	Donegal
1999	Mary McLoone	St John Bosco	Donegal
2000	Sinead Peoples	Cranford	Donegal
2001	Joanne English	Letterkenny	Donegal
2002	Joanne English	Letterkenny	Donegal
2003	Joanne English	Letterkenny	Donegal
2004	Joanne English	Letterkenny	Donegal
2005	Alison Sharkey	Letterkenny	Donegal
2006	Ian Ward	Finn Valley	Donegal
2007	Ian Ward	Finn Valley	Donegal
2008	Louise Harvey	Tir Chonaill	Donegal
2009	Louise Harvey	Tir Chonaill	Donegal
2010	John Kelly	Finn Valley	Donegal
2011	John Kelly	Finn Valley	Donegal
2012	Kelly McGrory	Tir Chonaill	Donegal
2013	Kelly McGrory	Tir Chonaill	Donegal
2014	James Kelly	Finn Valley	Donegal
2015	Sommer Lecky	Finn Valley	Donegal
2016	David Smith	Letterkenny	Donegal
2017	Janine Boyle	Finn Valley	Donegal
2018	Adrienne Gallen	Lifford Strabane	Donegal
2019	Oisín Kelly	Cranford	Donegal



## Down

Year	Athlete	Club	County
1970	C Wells		Down
1971	Kieran Rice		Down
1972	Gerard Rooney	Newry Shamrocks	Down
1973	Aidan Curtis	Newry Shamrocks	Down
1974	Gerard Rooney	Newry Shamrocks	Down
1975	Declin Murdock	Burren Warrenpoint	Down
1976	Tom Breen	Town & Country, Downpatrick	Down
1977	Tom Breen	Town & Country, Downpatrick	Down
1978	Tom Breen	Town & Country, Downpatrick	Down
1979	John Crawford	North Down	Down
1980	Alison O'Neill	North Down	Down
1981	Alison O'Neill	North Down	Down
1982	Anita Kane	North Down	Down
1983	Peter Sinclair	Banbridge	Down
1984	Alison Moffitt	North Down	Down
1985	Alison Moffitt	North Down	Down
1986	Roger Sexton	North Down	Down
1987	Donal O'Neill	Newry Shamrocks	Down
1988	Darragh Murphy	North Down	Down
1989	Darragh Murphy	North Down	Down
1990	Darragh Murphy	North Down	Down
1991	Eamon Braniff	East Down	Down
1992	Noel McCarton	East Down	Down
1993	Dana Patterson	East Down	Down
1994	Brian McConville	North Down	Down
1995	Gareth Gettinby	North Down	Down
1996	Eva Massey	North Down	Down
1997	Eva Massey	North Down	Down
1998	Eva Massey	North Down	Down
1999	Thomas Reynolds	North Down	Down
2000	Michael McConkey	North Down	Down
2001	David Shields	Canon Burke	Down
2002	David Shields	Canon Burke	Down
2003	Jeremy Harpur	North Down	Down
2004	Mark Atkinson	North Down	Down
2005	Amy Foster	North Down	Down
2006	David Keys	Regent House	Down
2007	Mark Patterson	North Down	Down
2008	Aimee McNeilly	Regent House	Down
2009	Karyn Dumigan	City of Lisburn	Down
2010	Matthew Martin	North Down	Down
2011	Callum Graham	Regent House	Down
2012	Aislinn Crossey	Newry	Down
2013	Aislinn Crossey	Newry	Down
2014	Oisin O'Callaghan	Newry	Down
2015	Craig McMeehan	North Down	Down
2017	Troy McConville	North Down	Down
2018	Adam Hughes	Loughview	Down
2019	Kirsti Charlotte Foster	Willowfield	Down

## Dublin



Year	Athlete	Club	County
1970	William "Billy" Bellew	Avondale	Dublin
1971	Peter Brazel	Raheny Shamrocks	Dublin
1972	Carmel Higgins	Templeogue	Dublin
1973	Ian Lambe	Crusaders	Dublin
1974	Richard Gibson	Crusaders	Dublin
1975	Philip Byrne	Clonliffe Harriers	Dublin
1976	Audrey Long	Ballyfermot	Dublin
1977	Declan Hegarty	Civil Service Harriers	Dublin
1978	Michelle Walsh	Glen Abbey Harriers	Dublin
1979	Brian O'Keeffe	Donore Harriers	Dublin
1980	Carol Meagan	Dundrum South Dublin	Dublin
1981	Brigid Corrigan	Celtic	Dublin
1982	Frank Evers	Crusaders	Dublin
1983	Patricia Walsh	Dundrum South Dublin	Dublin
1984	Seamus O'Loan	Dundrum South Dublin	Dublin
1985	Richard Ryan	Castle	Dublin
1986	Paula Carty	Clondalkin	Dublin
1987	Stephen Graham	West Dublin	Dublin
1988	Joanne Heffernan	Clondalkin	Dublin
1989	Michelle Greg	West Dublin	Dublin
1990	Caitriona O'Brien	Rathfarnham	Dublin
1991	Derek Watters	Clonliffe Harriers	Dublin
1992	Caitriona O'Brien	Rathfarnham	Dublin
1993	Alan Dunleavy	Dundrum South Dublin	Dublin
1994	Maria Lynch	Dundrum South Dublin	Dublin
1995	Ciara Sheehy	West Dublin	Dublin
1996	Conor McPhillips	Dundrum South Dublin	Dublin
1997	Ciara Sheehy	West Dublin	Dublin
1998	Ciara Sheehy	West Dublin	Dublin
1999	David Kelly	Dundrum South Dublin	Dublin
2000	Aoife MacNeill	Dundrum South Dublin	Dublin
2001	Hazel Murphy	Dundrum South Dublin	Dublin
2002	Luke Sweetman	Fingallians	Dublin
2003	Azmera Gebrezgi	Celtic	Dublin
2004	Brendan O'Neill	Dundrum South Dublin	Dublin
2005	Grainne Moggan	Brothers Pearse	Dublin
2006	Grainne Moggan	Brothers Pearse	Dublin
2007	Charlotte Ffrench O'Carroll	Dundrum South Dublin	Dublin
2008	Conor McCrossan	Lucan Harriers	Dublin
2009	Sinead Denny	Dundrum South Dublin	Dublin
2010	Sarah Murray	Fingallians	Dublin
2011	Sarah Murray	Fingallians	Dublin
2012	Sarah McCarthy	Mid Sutton	Dublin
2013	Ethan Bannon	Raheny Shamrocks	Dublin
2014	Anne-Marie Torsney	Fingallians	Dublin
2015	Louis O'Loughlin	Donore Harriers	Dublin
2016	Louis O'Loughlin	Donore Harriers	Dublin
2017	Michael Farrelly	Portmarnock	Dublin
2018	Lara O'Byrne	Donore Harriers	Dublin
2019	Laura Gallagher	Dundrum South Dublin	Dublin

## Fermanagh



Year	Athlete	Club	County
1972	Angela Rooney	St Eugene's Roslea	Fermanagh
1973	Philip Courtney	St Eugene's Roslea	Fermanagh
1974	Philip Courtney	St Eugene's Roslea	Fermanagh
1975	Sean Tierney	St Eugene's Roslea	Fermanagh
1976	Sean Tierney	St Eugene's Roslea	Fermanagh
1977	Gregory McCann	Belcoo	Fermanagh
1978	Tony Drumm	Enniskillen	Fermanagh
1979	Greg McCann	Fermanagh	Fermanagh
1980	Mary McElroy	Fermanagh	Fermanagh
1981	Mary McElroy	Lisnaskea	Fermanagh
1982	M Reynolds	Enniskillen	Fermanagh
1983	Michael McGurn	Enniskillen	Fermanagh
1984	Caroline Cooney	St Joseph's, Enniskillen	Fermanagh
1985	Donal Burns	St Joseph's, Enniskillen	Fermanagh
1986	Garret Burns	St Joseph's, Enniskillen	Fermanagh
1987	Garret Burns	St Joseph's, Enniskillen	Fermanagh
1988	Ciara Lavin	Enniskillen	Fermanagh
1989	Donal Burns	St Joseph's, Enniskillen	Fermanagh
1990	John Moane	Erne Striders	Fermanagh
1991	Brian O'Donnell	Erne Striders	Fermanagh
1992	James Owens	Fermanagh	Fermanagh
1993	James Owens	Fermanagh	Fermanagh
1994	James Owens	Fermanagh	Fermanagh
1995	James Owens	Fermanagh	Fermanagh
1996	Leanne Woods	Enniskillen	Fermanagh
1997	Patricia O'Callaghan	Enniskillen	Fermanagh
1998	Patricia O'Callaghan	Enniskillen	Fermanagh
1999	Leanne Woods	Enniskillen	Fermanagh
2000	Krystal Palmer	Enniskillen	Fermanagh
2001	Neil Finlay	Enniskillen	Fermanagh
2002	Krystal Palmer	Enniskillen	Fermanagh
2003	Kelly Anne Speight	E.T.A.C.	Fermanagh
2004	Kelly Anne Speight	E.T.A.C.	Fermanagh
2005	Gerard Maguire	Erne College	Fermanagh
2006	Gerard Maguire	Erne College	Fermanagh
2007	Gerard Maguire	Erne College	Fermanagh
2008	Gerard Maguire	Erne College	Fermanagh
2009	Stuart Connor	St Michael's	Fermanagh
2010	Jason White	Devonish College	Fermanagh
2011-19	—	—	Fermanagh

## Galway



Year	Athlete	Club	County
1970	Ray McBride	Pearse, Galway	Galway
1971	Brian Cosgrove	Pearse, Galway	Galway
1972	David O'Flaherty	Pearse, Galway	Galway
1973	David O'Flaherty	Pearse, Galway	Galway
1974	David O'Flaherty	Pearse, Galway	Galway
1975	Colman O'Flaherty	Pearse, Galway	Galway
1976	Colman O'Flaherty	Pearse, Galway	Galway
1977	Kieran O'Donnell	Pearse, Galway	Galway
1978	Paul Donovan	Pearse, Galway	Galway
1979	Paul Donovan	Pearse, Galway	Galway
1980	Paul Donovan	Pearse, Galway	Galway
1981	Niamh Scannell	Pearse, Galway	Galway
1982	Anthony Spellman	Pearse, Galway	Galway
1983	Anthony Spellman	Pearse, Galway	Galway
1984	Michael Fitzpatrick	Athenry	Galway
1985	Valerie Burke	Colaiste Einde	Galway
1986	Derville Hennilly	Ballinasloe	Galway
1987	Richard London	South Galway	Galway
1988	Beartha Breathnach	Carraroe	Galway
1989	Colin Casey	South Galway	Galway
1990	Shane Daly	Galway City Harriers	Galway
1991	Maoliosa Collins	Loughrea	Galway
1992	Paul McNamara	Athenry	Galway
1993	Maoliosa Collins	Loughrea	Galway
1994	Sean Breathnach	Corr-na-Mona	Galway
1995	Sean Breathnach	Corr-na-Mona	Galway
1996	Sean Breathnach	Corr-na-Mona	Galway
1997	Sean Breathnach	Corr-na-Mona	Galway
1998	Martina McCarthy	Athenry	Galway
1999	Sarah Kelly	Portumna	Galway
2000	Sarah Kelly	Portumna	Galway
2001	Gemma Hynes	Galway City Harriers	Galway
2002	Claire McNamara	Athenry	Galway
2003	Claire McNamara	Athenry	Galway
2004	Gemma Hynes	Galway City Harriers	Galway
2005	Katie Lydon	Galway City Harriers	Galway
2006	Gemma Hynes	Galway City Harriers	Galway
2007	Rachel Shaw	Galway City Harriers	Galway
2008	Cathriona Farrell	Craughwell	Galway
2009	Simon Callaghan	Galway City Harriers	Galway
2010	Alanna Lally	Galway City Harriers	Galway
2011	Alanna Lally	Galway City Harriers	Galway
2012	Alanna Lally	Galway City Harriers	Galway
2013	Evan McGuire	Galway City Harriers	Galway
2014	Alanna Lally	Galway City Harriers	Galway
2015	Sinead Treacy	Craughwell	Galway
2016	Nicole King	Galway City Harriers	Galway
2017	Jack Dempsey	Galway City Harriers	Galway
2018	Laura Cunningham	Craughwell	Galway
2019	Conor Hoade	Galway City Harriers	Galway

## Kerry



Year	Athlete	Club	County
1970	Michael Lawlor	Causeway	Kerry
1971	Paudie McKenna	St John's Tralee	Kerry
1972	Brenda O'Halloran	Lios Tuathail	Kerry
1973	Kevin Somers	Lios Tuathail	Kerry
1974	David McLoughlin	St John's Tralee	Kerry
1975	David McLoughlin	St John's Tralee	Kerry
1976	Mary O'Connell	Killorglin	Kerry
1977	Mairead Cotter	Knocknagoshel	Kerry
1978	Denis McSweeney	St John's Tralee	Kerry
1979	Mairead Cotter	Knocknagoshel	Kerry
1980	Geraldine O'Brien	Clounalour	Kerry
1981	Michael Cronin	Riocht	Kerry
1982	Cian O Siochru	Corca Dhuibhne	Kerry
1983	Shane Kissane	Clounalour	Kerry
1984	Ailish Brosnan	Riocht	Kerry
1985	Una Cosgrove	Riocht	Kerry
1986	Ailish Brosnan	Riocht	Kerry
1987	Padraig Keane	Lios Tuathail	Kerry
1988	Freda Davoren	St Brendan's	Kerry
1989	John Horan	Moyvane	Kerry
1990	Michael Keady	St John's Tralee	Kerry
1991	Shane O'Sullivan	Farranfore Maine Valley	Kerry
1992	Neilus McCarthy	Clounalour	Kerry
1993	Gillian O'Sullivan	Farranfore Maine Valley	Kerry
1994	Niamh Kissane	St Brendan's	Kerry
1995	John Leahy	Moyvane	Kerry
1996	John Leahy	Moyvane	Kerry
1997	Geraldine McCarthy	Lios Tuathail	Kerry
1998	Eoin Leen	Clounalour	Kerry
1999	Carragh McCarthy	Farranfore Maine Valley	Kerry
2000	Eoin Leen	Clounalour	Kerry
2001	James Nagle	Farranfore Maine Valley	Kerry
2002	Laura Crowe	Tralee Harriers	Kerry
2003	Peter Shallow	Tralee Harriers	Kerry
2004	James Nagle	Farranfore Maine Valley	Kerry
2005	Daniel Clifford	Farranfore Maine Valley	Kerry
2006	Daniel Clifford	Farranfore Maine Valley	Kerry
2007	Clare Fitzgerald	Tralee Harriers	Kerry
2008	Eilish Fitzpatrick	Gneeveguilla	Kerry
2009	Clare Fitzgerald	Tralee Harriers	Kerry
2010	Eoin O'Carroll	Tralee Harriers	Kerry
2011	Eoin O'Carroll	Tralee Harriers	Kerry
2012	Eoin O'Carroll	Tralee Harriers	Kerry
2013	Eoin O'Carroll	Tralee Harriers	Kerry
2014	Jason Foley	Lios Tuathail	Kerry
2015	Aoife O'Mahoney	Lios Tuathail	Kerry
2016	Rachel Bowler	Tralee Harriers	Kerry
2017	Rachel Bowler	Tralee Harriers	Kerry
2018	Jordan Kissane	Tralee AC	Kerry
2019	Niamh O'Mahony	An Riocht	Kerry

## Kildare



Year	Athlete	Club	County
1970	Brendan Downey	Kildare	Kildare
1971	Sheila Morrissey	Kildare	Kildare
1972	Brendan Downey	Kildare	Kildare
1973	Brendan Downey	Kildare	Kildare
1974	Mary McGovern	Naas	Kildare
1975	Fergal Reidy	Naas	Kildare
1976	Fergal Reidy	Naas	Kildare
1977	Breda Farrell	Kildare	Kildare
1978	Stephanie Denver	Newbridge	Kildare
1979	Lucille "Lucy" Harrington	Athy	Kildare
1980	Fergus Sixsmith	Athy	Kildare
1981	Fergus Sixsmith	Athy	Kildare
1982	Fergus Sixsmith	Athy	Kildare
1983	Fergal Conlon	Newbridge	Kildare
1984	Thomas Nolan	Newbridge	Kildare
1985	Philip Denver	Newbridge	Kildare
1986	Niall Murphy	Kildare	Kildare
1987	Jarlath Gilroy	Ballymore Eustace	Kildare
1988	Niall Timmons	Newbridge	Kildare
1989	Alec Giblin	Naas	Kildare
1990	Noel Holloway	Ballymore Eustace	Kildare
1991	Janice O'Brien	Newbridge	Kildare
1992	Andrew Walker	Newbridge	Kildare
1993	Andrew Walker	Newbridge	Kildare
1994	Edel O'Brien	Newbridge	Kildare
1995	Catherine Teahan	Newbridge	Kildare
1996	Sinead Galvin	Dom Savio	Kildare
1997	Ciara Kearns	Celbridge	Kildare
1998	Ciara Kearns	Celbridge	Kildare
1999	Ciara Kearns	Celbridge	Kildare
2000	Ciara Kearns	Celbridge	Kildare
2001	Ciara Kearns	Celbridge	Kildare
2002	Ciara Kearns	Celbridge	Kildare
2003	Conor Murphy	Naas	Kildare
2004	Rose Ann Galligan	Newbridge	Kildare
2005	Laura Cogan	Newbridge	Kildare
2006	Laura Cogan	Newbridge	Kildare
2007	Sandra Lawler	Celbridge	Kildare
2008	Claire Mooney	Naas	Kildare
2009	Claire Mooney	Naas	Kildare
2010	Claire Mooney	Naas	Kildare
2011	Ciara Dunne	Crookstown Millview	Kildare
2012	Emily Milner	St Coca's	Kildare
2013	Vivian Fleischer	Celbridge	Kildare
2014	Sinead Burke	St Coca's	Kildare
2015	John Fitzsimons	Kildare	Kildare
2016	Andrew Carroll	Celbridge	Kildare
2017	Emily MacHugh	Naas	Kildare
2018	Tadgh Murtagh	Kildare	Kildare
2019	Caoimhe Cronin	Le Chéile	Kildare

## Kilkenny



Year	Athlete	Club	County
1970	Noel Minogue	Thomastown	Kilkenny
1971	Marita Walton	Kilkenny City Harriers	Kilkenny
1972	Noel Murphy	Kilkenny City Harriers	Kilkenny
1973	Noel Murphy	Kilkenny City Harriers	Kilkenny
1974	Marita Walton	Kilkenny City Harriers	Kilkenny
1975	Marita Walton	Kilkenny City Harriers	Kilkenny
1976	Marita Walton	Kilkenny City Harriers	Kilkenny
1977	Marita Walton	Kilkenny City Harriers	Kilkenny
1978	Billy Oakes	Kilkenny City Harriers	Kilkenny
1979	Michael Comerford	Callan	Kilkenny
1980	Michael Comerford	Callan	Kilkenny
1981	Michael Comerford	Callan	Kilkenny
1982	Thomas Comerford	Callan	Kilkenny
1983	Tina Moloney	St Senan's	Kilkenny
1984	Clodagh Williams	St Senan's	Kilkenny
1985	Josephine Quinlan	St Senan's	Kilkenny
1986	Geraldine Nolan	Kilkenny City Harriers	Kilkenny
1987	Sinéad Delahunty	Kilkenny City Harriers	Kilkenny
1988	Sinéad Delahunty	Kilkenny City Harriers	Kilkenny
1989	Robert Barry	Kilkenny City Harriers	Kilkenny
1990	Edna Williams	St Senan's	Kilkenny
1991	Edna Williams	St Senan's	Kilkenny
1992	Deirdre Brennan	Kilkenny City Harriers	Kilkenny
1993	Florence Lanigan	St Joseph's	Kilkenny
1994	Fiona Norwood	Kilkenny City Harriers	Kilkenny
1995	Fiona Norwood	Kilkenny City Harriers	Kilkenny
1996	Emily Maher	Kilkenny City Harriers	Kilkenny
1997	Emily Maher	Kilkenny City Harriers	Kilkenny
1998	Ann Marie Lynch	Kilkenny City Harriers	Kilkenny
1999	Eileen O'Keefe	Kilkenny City Harriers	Kilkenny
2000	Joanne Cuddihy	Kilkenny City Harriers	Kilkenny
2001	Joanne Cuddihy	Kilkenny City Harriers	Kilkenny
2002	Joanne Cuddihy	Kilkenny City Harriers	Kilkenny
2003	Yvonne Hickey	Gowran	Kilkenny
2004	Cathriona Cuddihy	Kilkenny City Harriers	Kilkenny
2005	Aoife Hickey	Kilkenny City Harriers	Kilkenny
2006	Aoife Hickey	Kilkenny City Harriers	Kilkenny
2007	Ciara Everard	Kilkenny City Harriers	Kilkenny
2008	Ciara Everard	Kilkenny City Harriers	Kilkenny
2009	Mary Kate Lannigan	Kilkenny City Harriers	Kilkenny
2010	Eoin Power	St Joseph's	Kilkenny
2011	Clíodhna Manning	Kilkenny City Harriers	Kilkenny
2012	Clíodhna Manning	Kilkenny City Harriers	Kilkenny
2013	Clíodhna Manning	Kilkenny City Harriers	Kilkenny
2014	Ciara Deely	Kilkenny City Harriers	Kilkenny
2015	David Murphy	Gowran	Kilkenny
2016	Rachel Kelly	Kilkenny City Harriers	Kilkenny
2017	David Murphy	Gowran	Kilkenny
2018	Shay McEvoy	Kilkenny City Harriers	Kilkenny
2018	Jordan Knight	St Joseph's	Kilkenny
2019	Jordan Knight	St Joseph's	Kilkenny



## Laois



Year	Athlete	Club	County
1970	Richard "Bobbie" Stack	St Fintan's, Ballyfin	Laois
1971	Joe Joe Fitzgibbon	Mountmellick	Laois
1972	Joe Joe Fitzgibbon	Mountmellick	Laois
1973	Carmel Reddin	Mountmellick	Laois
1974	Patrick Fitzgibbon	Mountmellick	Laois
1975	Paul Gannon	Ballyfin	Laois
1976	Lucille "Lucy" Harrington	Abbeyleix	Laois
1977	Lucille "Lucy" Harrington	Abbeyleix	Laois
1978	Monica O'Reilly	Abbeyleix	Laois
1979	Monica O'Reilly	Abbeyleix	Laois
1980	Breda Ann Fitzgerald	St Michael's, Portarlinton	Laois
1981	David Keyes	Nore Valley (Mountrath/Castletown)	Laois
1982	Josephine O'Neill	St Michael's, Portarlinton	Laois
1983	Siobhan Hoey	St Michael's, Portarlinton	Laois
1984	Siobhan Hoey	St Michael's, Portarlinton	Laois
1985	Elaine Hayes	Portlaoise	Laois
1986	Liam Reilly	Portlaoise	Laois
1987	Siobhan Hoey	Mountmellick	Laois
1988	Elaine Hayes	North Laois	Laois
1989	Caroline Condon	North Laois	Laois
1990	Padraig Lewis	North Laois	Laois
1991	Roisin Morrin	North Laois	Laois
1992	Roisin Morrin	North Laois	Laois
1993	Liam Kelly	St Abban's	Laois
1994	Mandy Bloomer	Mountmellick	Laois
1995	Colin Byrne	St Abban's	Laois
1996	Colin Byrne	St Abban's	Laois
1997	Colin Byrne	St Abban's	Laois
1998	Peter Condron	St Abban's	Laois
1999	Aoife Hoey	Mountmellick	Laois
2000	Leanne Hayes	North Laois	Laois
2001	Aoife Hoey	Mountmellick	Laois
2002	Alison Miller	St Abban's	Laois
2003	Leanne Hayes	North Laois	Laois
2004	Barry Pender	St Abban's	Laois
2005	Eoin Kelly	St Abban's	Laois
2006	Eoin Kelly	St Abban's	Laois
2007	Barry Pender	St Abban's	Laois
2008	Conor Daly	St Abban's	Laois
2009	Conor Daly	St Abban's	Laois
2010	Conor Daly	St Abban's	Laois
2011	Conor Daly	St Abban's	Laois
2012	Neasa Millet	St Abban's	Laois
2013	Siobhan Nas	St Abban's	Laois
2014	Seodhna Hoey	Portlaoise	Laois
2015	Seodhna Hoey	Portlaoise	Laois
2016	Ruby Millet	St Abban's	Laois
2017	Matthew Rossiter	St Abban's	Laois
2018	Eoin Keenan	Emo Rath	Laois
2019	Ruby Millet	St Abban's	Laois

## Leitrim



Year	Athlete	Club	County
1970	Patricia Quinn	Ballinamore	Leitrim
1971	Patricia Quinn	Ballinamore	Leitrim
1972	Kathleen Leddy	Ballinamore	Leitrim
1973	Margaret McGovern	Ballinamore	Leitrim
1974	Margaret McGovern	Ballinamore	Leitrim
1975	Paul Newton	Carrick on Shannon	Leitrim
1976	Paul Newton	Carrick on Shannon	Leitrim
1977	William Kerr	North Leitrim	Leitrim
1978	Gregory Smith	Ballinamore	Leitrim
1979	Gregory Smith	Ballinamore	Leitrim
1980	Gregory Smith	Ballinamore	Leitrim
1981	Paul McGovern	Drumshambo	Leitrim
1982	Paul McGovern	Drumshambo	Leitrim
1983	Fergal O'Brien	Carrick on Shannon	Leitrim
1984	Fergal O'Brien	Carrick on Shannon	Leitrim
1985	Orla McGuinness	Carrick on Shannon	Leitrim
1986	Orla McGuinness	Carrick on Shannon	Leitrim
1987	Donal Smith	Carrick on Shannon	Leitrim
1988	Orla McGuinness	Carrick on Shannon	Leitrim
1989	Orla McGuinness	Carrick on Shannon	Leitrim
1990	Pearse Ward	Ballinamore	Leitrim
1991	Siobhan McWeeney	Carrick on Shannon	Leitrim
1992	Siobhan McWeeney	Carrick on Shannon	Leitrim
1993	Siobhan McWeeney	Carrick on Shannon	Leitrim
1994	Siobhan McWeeney	Carrick on Shannon	Leitrim
1995	Gary Burke	Ballinamore	Leitrim
1996	Declan Creegan	Ballinamore	Leitrim
1997	Colin Griffin	Ballinamore	Leitrim
1998	Colin Griffin	Ballinamore	Leitrim
1999	Colin Griffin	Ballinamore	Leitrim
2000	Colin Griffin	Ballinamore	Leitrim
2001	Ronan Griffin	Ballinamore	Leitrim
2002	Eilis Quinn	Ballinamore	Leitrim
2003	Brian O'Donnell	Carrick on Shannon	Leitrim
2004	Gerard O'Donnell	Carrick on Shannon	Leitrim
2005	Gerard O'Donnell	Carrick on Shannon	Leitrim
2006	Laura Reynolds	Mohill	Leitrim
2007	Laura Reynolds	Mohill	Leitrim
2008	Fergal Ellis	Ballinamore	Leitrim
2009	Michelle Beirne	Mohill	Leitrim
2010	Ciara O'Dowd	Ballinamore	Leitrim
2011	Michelle Beirne	Mohill	Leitrim
2012	Dearbhaile Beirne	Mohill	Leitrim
2013	Dearbhaile Beirne	Mohill	Leitrim
2014	Dearbhaile Beirne	Mohill	Leitrim
2015	Eoin Gaffey	Mohill	Leitrim
2016	Eoin Gaffey	Mohill	Leitrim
2017	Darragh Mitchell	North Leitrim	Leitrim
2018	Niamh Carolan	North Leitrim	Leitrim
2019	Ellis Conway	Carrick on Shannon	Leitrim

## Limerick



Year	Athlete	Club	County
1970	Tom Butler	Limerick Emerald	Limerick
1971	Sean Reidy	Limerick Emerald	Limerick
1972	Niall O'Shaughnessy	Limerick Emerald	Limerick
1973	Marie Dooley	Limerick Emerald	Limerick
1974	Evelyn O'Brien	Corbally	Limerick
1975	Joan Dooley	Ballyneety	Limerick
1976	Niall McCarthy	Corbally	Limerick
1977	Niall McCarthy	Corbally	Limerick
1978	Joan Dooley	Glenstal	Limerick
1979	Barry Walsh	Limerick Emerald	Limerick
1980	Pat McCarthy	Rathkeale	Limerick
1981	Olive Burke	Limerick Emerald	Limerick
1982	Barry Walsh	Dooneen	Limerick
1983	Barry Walsh	Dooneen	Limerick
1984	Barry Walsh	Dooneen	Limerick
1985	Barry Walsh	Dooneen	Limerick
1986	Ciaran Scully	Limerick Emerald	Limerick
1987	Paul Logan	Limerick Emerald	Limerick
1988	Edwina Foley	Limerick Emerald	Limerick
1989	Breda Gaffney	Corbally	Limerick
1990	Christine Geoghegan	Bilboa	Limerick
1991	Fiona Kelly	Limerick Emerald	Limerick
1992	Antoine Burke	Dooneen	Limerick
1993	Patrick O'Connor	Limerick Emerald	Limerick
1994	Melvin McNamara	Emerald	Limerick
1995	Tim Pat O'Connor	Emerald	Limerick
1996	Sinead Hickey	Emerald	Limerick
1997	Sinead Hickey	Emerald	Limerick
1998	Brendan Bourke	Kilmallock	Limerick
1999	Kevin Burke	Dooneen	Limerick
2000	Liam Reale	Hospital	Limerick
2001	Geoffrey Mullins	Emerald	Limerick
2002	Louise Nicholson	Emerald	Limerick
2003	Louise Nicholson	Emerald	Limerick
2004	Louise Nicholson	Emerald	Limerick
2005	Ciaran O'Driscoll Collins	Emerald	Limerick
2006	Ciaran O'Driscoll Collins	Emerald	Limerick
2007	Ciaran O'Driscoll Collins	Emerald	Limerick
2008	Sarah Lavin	Emerald	Limerick
2009	Sarah Lavin	Emerald	Limerick
2010	Sarah Lavin	Emerald	Limerick
2011	Amy O'Donoghue	Emerald	Limerick
2012	Roisin Harrison	Emerald	Limerick
2013	Aisling Croke	Dooneen	Limerick
2014	Lauren Ryan	Emerald	Limerick
2015	Sophie Meredith	St Mary's Limerick	Limerick
2016	Niamh Foley	St Mary's Limerick	Limerick
2017	Sophie Meredith	St Mary's Limerick	Limerick
2018	Laura Frawley	St Mary's Limerick	Limerick
2019	Laura Frawley	St Mary's Limerick	Limerick

## Longford



Year	Athlete	Club	County
1972	Nicholas McHugh	Longford	Longford
1973	Ray Flynn	Longford	Longford
1974	Noreen Glennon	Longford	Longford
1975	Ann Kilemade	Longford	Longford
1976	Edel Kilemeade	Longford	Longford
1977	Enda Fitzgerald	Longford	Longford
1978	Enda Fitzgerald	Longford	Longford
1979	Enda Fitzgerald	Longford	Longford
1980	Aisling Molloy	Rising Sun	Longford
1981	Enda Fitzpatrick	Longford	Longford
1982	Enda Fitzpatrick	Longford	Longford
1983	Fergal Clancy	Longford	Longford
1984	Fergal Clancy	Longford	Longford
1985	Fergal Clancy	Longford	Longford
1986	Sinead Fitzpatrick	Longford	Longford
1987	Peter Doherty	Longford	Longford
1988	Colin Hannify	Rising Sun	Longford
1989	—	—	Longford
1990	David Hannify	Rising Sun	Longford
1991	Joan Farrell	Rising Sun	Longford
1992	Ciaran McCormack	Rising Sun	Longford
1993	John Fitzpatrick	Longford	Longford
1994	John Fitzpatrick	Longford	Longford
1995	John Fitzpatrick	Longford	Longford
1996	Mark Gillooley	Longford	Longford
1997	Mark Gillooley	Longford	Longford
1998	John Campbell	Longford	Longford
1999	Peter Brady	Longford	Longford
2000	Peter Brady	Longford	Longford
2001	Elizabeth Brady	Longford	Longford
2002	Elizabeth Brady	Longford	Longford
2004	Claire Collins	Roscommon	Longford
2016	Cian McPhillips	Longford	Longford
2017	Cian McPhillips	Longford	Longford
2018	Cian McPhillips	Longford	Longford
2019	Nelvin Appiah	Longford	Longford

## Louth



Year	Athlete	Club	County
1970	Eileen Grant	Cardinal D'Alton	Louth
1971	Ailish Crossan	Cardinal D'Alton	Louth
1972	Brian Donnelly	Cardinal D'Alton	Louth
1973	Noel Cluskey	Ardee	Louth
1974	Noel Cluskey	Ardee	Louth
1975	Barbara Watters	C.D.L.S., Dundalk	Louth
1976	Eugene Curran	Ardee De La Salle	Louth
1977	Eugene Curran	Ardee De La Salle	Louth
1978	Eugene Curran	Ardee De La Salle	Louth
1979	Eugene Curran	Ardee De La Salle	Louth
1980	Eugene Curran	Ardee De La Salle	Louth
1981	Eugene Curran	Ardee De La Salle	Louth
1982	Louise Cavanagh	Ardee De La Salle	Louth
1983	Michelle Kirwan	Clogherhead	Louth
1984	Michelle Kirwan	Clogherhead	Louth
1985	M McDonnell	Blackrock	Louth
1986	Michelle Kirwan	Clogherhead	Louth
1987	Eimear Cullen	Lourdes	Louth
1988	Marisa Smith	Boyne	Louth
1989	Niall Durnin	Blackrock	Louth
1990	Gary Morton	Boyne	Louth
1991	Liam Cooney	Boyne	Louth
1992	Brendan Taaffe	Boyne	Louth
1993	Aaron Rogers	Dun Dealgan	Louth
1994	Aaron Rogers	Dun Dealgan	Louth
1995	Brendan Taaffe	Ferdia	Louth
1996	Derek Callan	Boyne	Louth
1997	Alan McDonnell	Lourdes	Louth
1998	Alan McDonnell	Lourdes	Louth
1999	Sheila Coyle	Lourdes	Louth
2000	Darragh Greene	Dunleer	Louth
2001	Darragh Greene	Dunleer	Louth
2002	Peter McDonald	St Peter's Dromiskin	Louth
2003	Darragh Greene	Dunleer	Louth
2004	Peter McDonald	St Peter's Dromiskin	Louth
2005	Hilary Kerr	St Peter's Dromiskin	Louth
2006	Kevin McManus	St Peter's Dromiskin	Louth
2007	Hilary Kerr	St Peter's Dromiskin	Louth
2008	Olivia McDonald	St Peter's Dromiskin	Louth
2009	Emily Rogers	St Peter's Dromiskin	Louth
2010	Emily Rogers	St Peter's Dromiskin	Louth
2011	Amy McTeggart	Boyne	Louth
2012	Amy McTeggart	Boyne	Louth
2013	Mark Rogers	St Peter's Dromiskin	Louth
2014	Katherine O'Connor	St Gerard's Dundalk	Louth
2015	Katherine O'Connor	St Gerard's Dundalk	Louth
2016	Katherine O'Connor	St Gerard's Dundalk	Louth
2017	Katherine O'Connor	St Gerard's Dundalk	Louth
2018	Israel Olatunde	Dundealgan	Louth
2019	Karlis Kaugers	Dunleer	Louth

## Mayo



Year	Athlete	Club	County
1970	Padraig Jordan	Castlebar	Mayo
1971	Padraig Jordan	Castlebar	Mayo
1972	Padraig Jordan	Castlebar	Mayo
1973	Padraig Jordan	Castlebar	Mayo
1974	Joan Gibney	Claremorris	Mayo
1975	James Kelly	Castlebar	Mayo
1976	James Kelly	Castlebar	Mayo
1977	Brid Ruane	Castlebar	Mayo
1978	Brid Ruane	Castlebar	Mayo
1979	James Murtagh	Castlebar	Mayo
1980	James Murtagh	Castlebar	Mayo
1981	Enda McMenamin	Belmullet	Mayo
1982	Rosaleen Campbell	Castlebar	Mayo
1983	Richard Molloy	Ballinrobe	Mayo
1984	Julie Conlon	Castlebar	Mayo
1985	Damien Coyle	Aughleam	Mayo
1986	John Mullen	Crossmolina	Mayo
1987	John Mullen	Crossmolina	Mayo
1988	Fergal Grier	Claremorris	Mayo
1989	Natalie Davey	Claremorris	Mayo
1990	Alan McLoughlin	Westport	Mayo
1991	Alan McLoughlin	Westport	Mayo
1992	Grainne O'Mahony	Claremorris	Mayo
1993	Nicola Farrell	Claremorris	Mayo
1994	Deirdre Ryan	Claremorris	Mayo
1995	Sinead Moffatt	Ballina	Mayo
1996	Nicola Farrell	Claremorris	Mayo
1997	Grainne O'Mahony	Claremorris	Mayo
1998	Eva Bolton	Ballina	Mayo
1999	Damien Munnelly	Ballina	Mayo
2000	Damien Munnelly	Ballina	Mayo
2001	Ciara McDermott	Ballina	Mayo
2002	Sharon Heveran	Westport	Mayo
2003	Sharon Heveran	Westport	Mayo
2004	Brian Flatley	Claremorris	Mayo
2005	Pamela Hughes	Westport	Mayo
2006	Pamela Hughes	Westport	Mayo
2007	Jenny Hughes	Westport	Mayo
2008	Sally Rose Maughan	Claremorris	Mayo
2009	Caoimhe King	Westport	Mayo
2010	Sally Rose Maughan	Castlebar	Mayo
2011	Niamh McLoughlin	Westport	Mayo
2012	Michaela Walsh	Swinford	Mayo
2013	Michaela Walsh	Swinford	Mayo
2014	Michaela Walsh	Swinford	Mayo
2015	Michaela Walsh	Swinford	Mayo
2016	Aisling Joyce	Claremorris	Mayo
2017	Iarlaith Golding	St Colman's South Mayo	Mayo
2018	Iarlaith Golding	St Colman's South Mayo	Mayo
2019	Louise King	St Colman's South Mayo	Mayo



## Meath

Year	Athlete	Club	County
1970	Ann Cromwell	St Andrew's, Ashbourne	Meath
1971	Ann Cromwell	St Andrew's, Ashbourne	Meath
1972	Ann Cromwell	St Andrew's, Ashbourne	Meath
1973	Verona Keane	Trim	Meath
1974	Mark Linscheid	Tara	Meath
1975	Mark Linscheid	Tara	Meath
1976	Anne Faulkner	Star of the Sea	Meath
1977	Paul Casey	Navan	Meath
1978	Terry McHugh	Navan	Meath
1979	Terry McHugh	Navan	Meath
1980	Brian Eiffe	Ratoath	Meath
1981	Patrick Hayes	Trim	Meath
1982	Patrick Hayes	Trim	Meath
1983	Justine Hughes	Summerhill	Meath
1984	Justine Hughes	Summerhill	Meath
1985	Joanne Fitzgerald	Kells	Meath
1986	Eoin O'Sullivan	Trim	Meath
1987	Stephen Newman	St Andrew's, Ashbourne	Meath
1988	Eoin O'Sullivan	Trim	Meath
1989	Adrian Joyce	Cushinstown	Meath
1990	Margaret McLoone	Trim	Meath
1991	Adrian Joyce	Cushinstown	Meath
1992	Pierce O'Callaghan	St Andrew's, Ashbourne	Meath
1993	Grainne Redmond	Cushinstown	Meath
1994	Grainne Redmond	Cushinstown	Meath
1995	Grainne Redmond	Cushinstown	Meath
1996	Grainne Redmond	Cushinstown	Meath
1997	Michael Wilcox	Kells	Meath
1998	Michael Wilcox	Kells	Meath
1999	Jennifer O'Sullivan	Cushinstown	Meath
2000	Sharon Monaghan	Fr Murphy	Meath
2001	Colin Costello	Star of the Sea	Meath
2002	Colin Costello	Star of the Sea	Meath
2003	Colin Costello	Star of the Sea	Meath
2004	Sara Treacy	Moynalvey	Meath
2005	Mark Morgan	Cushinstown	Meath
2006	Mark Morgan	Cushinstown	Meath
2007	Kourosh Fouroghi	Star of the Sea	Meath
2008	Kourosh Fouroghi	Star of the Sea	Meath
2009	Conal Champion	St Andrew's, Ashbourne	Meath
2010	Conal Champion	St Andrew's, Ashbourne	Meath
2011	Keith Marks	Cushinstown	Meath
2012	Shane Aston	Trim	Meath
2013	Elizabeth Morland	Cushinstown	Meath
2014	Elizabeth Morland	Cushinstown	Meath
2015	Elizabeth Morland	Cushinstown	Meath
2016	Elizabeth Morland	Cushinstown	Meath
2017	Deirdre Murray	Na Fianna	Meath
2018	Deirdre Murray	Na Fianna	Meath
2019	Caoimhe Rowe	Trim	Meath

## Monaghan



Year	Athlete	Club	County
1970	Vera Sherry	Monaghan Phoenix	Monaghan
1971	Kathleen Connolly	Glaslough Harriers	Monaghan
1972	Peter Carragher	Faughs, Castleblaney	Monaghan
1973	Mary Sherlock	Glaslough Harriers	Monaghan
1974	Brendan Brohan	Faughs, Castleblaney	Monaghan
1975	Mary McKenna	Truagh Emyvale	Monaghan
1976	Mary McKenna	Truagh Emyvale	Monaghan
1977	Mary McKenna	Truagh Emyvale	Monaghan
1978	Mary McKenna	Truagh Emyvale	Monaghan
1979	Grainne McGirr	Clones	Monaghan
1980	Grainne McGirr	Clones	Monaghan
1981	Brendan Fowler	Glaslough Harriers	Monaghan
1982	Brendan Fowler	Glaslough Harriers	Monaghan
1983	Shane Kennedy	Monaghan Phoenix	Monaghan
1984	Teresa McKenna	Oriel	Monaghan
1985	Teresa McKenna	Oriel	Monaghan
1986	Ann-Marie Flannery	Monaghan Phoenix	Monaghan
1987	Ann Marie Flannery	Monaghan Phoenix	Monaghan
1988	Olivia Flannery	Monaghan Phoenix	Monaghan
1989	Ann-Marie Flannery	Monaghan Phoenix	Monaghan
1990	Anna Marie Sherlock	Monaghan Phoenix	Monaghan
1991	Lorraine Comiskey	Glaslough Harriers	Monaghan
1992	Olivia Flannery	Monaghan Phoenix	Monaghan
1993	Colm Geoghegan	Clontibret	Monaghan
1994	Colm Geoghegan	Clontibret	Monaghan
1995	Enda Johnson	Monaghan Phoenix	Monaghan
1996	Enda Johnson	Monaghan Phoenix	Monaghan
1998	Ciaran O'Connell	Monaghan Phoenix	Monaghan
1999	Crona Brady	Clones	Monaghan
2000	Ciaran O'Connell	Glaslough Harriers	Monaghan
2001	Ciaran O'Connell	Glaslough Harriers	Monaghan
2002	Ciaran O'Connell	Glaslough Harriers	Monaghan
2003	Nicola Hackett	Glaslough Harriers	Monaghan
2004	Nicola Hackett	Glaslough Harriers	Monaghan
2005	Patrick McCarron	Glaslough Harriers	Monaghan
2006	Patrick McCarron	Glaslough Harriers	Monaghan
2007	Cillian McCarron	Glaslough Harriers	Monaghan
2008	Damien McAree	Glaslough Harriers	Monaghan
2009	James Treanor	Monaghan Phoenix	Monaghan
2010	Garbhan McKenna	Glaslough Harriers	Monaghan
2011	Garbhan McKenna	Glaslough Harriers	Monaghan
2012	Alicia Boylan	Oriel	Monaghan
2013	Niamh Malone	Monaghan Phoenix	Monaghan
2014	Amy Hamill	Glaslough Harriers	Monaghan
2015	Amy Hamill	Glaslough Harriers	Monaghan
2016	Niamh Malone	Monaghan Phoenix	Monaghan
2017	Ava Ross	Glaslough Harriers	Monaghan
2018	Ava Ross	Glaslough Harriers	Monaghan
2019	Ava Ross	Glaslough Harriers	Monaghan



## Offaly



Year	Athlete	Club	County
1970	Michael Plunkett	Tullamore Harriers	Offaly
1971	Michael Davis	Tullamore Harriers	Offaly
1972	James Dolan	Tullamore Harriers	Offaly
1973	Dermot Morris	Tullamore Harriers	Offaly
1974	Paul Delaney	Tullamore Harriers	Offaly
1975	John Wrafter	Tullamore Harriers	Offaly
1976	John Wrafter	Tullamore Harriers	Offaly
1977	John Wrafter	Tullamore Harriers	Offaly
1978	Ashling Condron	Tullamore Harriers	Offaly
1979	John Malone	Tullamore Harriers	Offaly
1980	John Malone	Tullamore Harriers	Offaly
1981	John Dowling	Tullamore Harriers	Offaly
1982	Derville Ann Ashe	St Brendan's Birr	Offaly
1983	Josephine Pardy	St Brendan's Birr	Offaly
1984	Padraic Greally	Tullamore Harriers	Offaly
1985	Padraic Greally	Tullamore Harriers	Offaly
1986	Josephine Pardy	St Brendan's Birr	Offaly
1987	Josephine Pardy	St Brendan's Birr	Offaly
1988	Thomas Murphy	Tullamore Harriers	Offaly
1989	Kevin Darcy	Ferbane	Offaly
1990	Kevin Darcy	Ferbane	Offaly
1991	James Nolan	Ferbane	Offaly
1992	James Nolan	Ferbane	Offaly
1993	Fergal Quinn	Tullamore Harriers	Offaly
1994	James Nolan	Tullamore Harriers	Offaly
1995	Ann Marie Larkin	Tullamore Harriers	Offaly
1996	Ann Marie Larkin	Tullamore Harriers	Offaly
1997	Ann Marie Larkin	Tullamore Harriers	Offaly
1998	Gordon Kennedy	Tullamore Harriers	Offaly
1999	Neville Coughlan	Tullamore Harriers	Offaly
2000	Thomas Coughlan	Tullamore Harriers	Offaly
2001	Thomas Coughlan	Tullamore Harriers	Offaly
2002	Cathal Hannon	Tullamore Harriers	Offaly
2003	Thomas Coughlan	Tullamore Harriers	Offaly
2004	Eoin Hannon	Tullamore Harriers	Offaly
2005	Eoin Hannon	Tullamore Harriers	Offaly
2006	Eoin Hannon	Tullamore Harriers	Offaly
2007	Eoin Hannon	Tullamore Harriers	Offaly
2008	Fearghus Hannon	Tullamore Harriers	Offaly
2009	James Mulligan	Tullamore Harriers	Offaly
2010	Liam Brady	Tullamore Harriers	Offaly
2011	James Mulligan	Tullamore Harriers	Offaly
2012	Eileen Rafter	Tullamore Harriers	Offaly
2013	James Mulligan	Tullamore Harriers	Offaly
2014	Dean Power	Tullamore Harriers	Offaly
2015	Jordan Hoang	Tullamore Harriers	Offaly
2016	Christopher Whittle	Tullamore Harriers	Offaly
2017	Ava O'Connor	Tullamore Harriers	Offaly
2018	Ava O'Connor	Tullamore Harriers	Offaly
2019	Ava O'Connor	Tullamore Harriers	Offaly

## Roscommon



Year	Athlete	Club	County
1970	Brenda Carey	Roscommon	Roscommon
1971	Kay Bannon	Roscommon	Roscommon
1972	Michael Cox	Roscommon	Roscommon
1973	David McLoughlin	Boyle	Roscommon
1974	David McLoughlin	Boyle	Roscommon
1975	Raymond McLoughlin	Boyle	Roscommon
1976	Raymond McLoughlin	Boyle	Roscommon
1977	Raymond McLoughlin	Boyle	Roscommon
1978	Raymond McLoughlin	Boyle	Roscommon
1979	Martin McDermott	Mid Roscommon	Roscommon
1980	John Stapleton	Mid Roscommon	Roscommon
1981	Joanne Casey	Lough Ree	Roscommon
1982	Joanne Casey	Lough Ree	Roscommon
1983	Padraic Connerton	Lough Ree	Roscommon
1984	Padraic Connerton	Lough Ree	Roscommon
1985	Maria Flynn	St Mary's Boyle	Roscommon
1986	Claire Stephenson	Lough Ree	Roscommon
1987	Matthew Burgoyne	Roscommon	Roscommon
1988	Alan Clarke	St Mary's Boyle	Roscommon
1989	Eimer Molloy	Lough Ree	Roscommon
1990	Matthew Burgoyne	Roscommon	Roscommon
1991	Keelan Conlon	St Mary's Boyle	Roscommon
1992	Laura Macken	Roscommon	Roscommon
1993	Laura Macken	Roscommon	Roscommon
1994	Laura Macken	Roscommon	Roscommon
1995	Shane McElhone	Kilmore	Roscommon
1996	Shane McElhone	Kilmore	Roscommon
1997	Alan Delaney	Castlereea	Roscommon
1998	Alan Delaney	Castlereea	Roscommon
1999	Chris McDermott	Roscommon	Roscommon
2000	Sharon Corbett	St Ronan	Roscommon
2001	Conor Duighnan	Roscommon	Roscommon
2002	Rikka O'Gara	Roscommon	Roscommon
2003	Amanda Creighton	Roscommon	Roscommon
2004	Ciaran O'Cathain	Roscommon	Roscommon
2005	Ciaran O'Cathain	Roscommon	Roscommon
2006	Ann Marie Crowe	Roscommon	Roscommon
2007	Ciaran O'Cathain	Roscommon	Roscommon
2008	Lorcan O'Cathain	Roscommon	Roscommon
2009	Lorcan O'Cathain	Roscommon	Roscommon
2010	Lorcan O'Cathain	Roscommon	Roscommon
2011	Conal O'Brien	St Ronan	Roscommon
2012	—	—	Roscommon
2013	Marie Kiernan	St Ronan	Roscommon
2014	Shannon Quigley	Roscommon	Roscommon
2015	Shannon Quigley	Roscommon	Roscommon
2016	Maeve Dervin	Roscommon	Roscommon
2017	Shannon Quigley	Roscommon	Roscommon
2018-19	—	—	Roscommon

## Sligo



Year	Athlete	Club	County
1970	Francis Feehily	Calry	Sligo
1971	Gerard Cunningham	Calry	Sligo
1972	Kathleen Parkes	Calry	Sligo
1973	Joseph Philips	Sligo	Sligo
1974	Joseph Philips	Sligo	Sligo
1975	Mary Shannon	Sligo	Sligo
1976	Kevin Martyn	Sligo	Sligo
1977	Paul Kenny	Tubbercurry	Sligo
1978	Ann Casey	Sligo	Sligo
1979	Michael Casey	Sligo	Sligo
1980	Louise Conlon	Tirrerill	Sligo
1981	Leo Nicholson	Calry	Sligo
1982	Michael Casey	Sligo	Sligo
1983	Niall Sweeney	Sligo	Sligo
1984	Kevin McGlone	Sligo	Sligo
1985	Sean Cleary	Sligo	Sligo
1986	Neil Sweeney	Sligo	Sligo
1987	Neil Sweeney	Sligo	Sligo
1988	Adrian Hampson	Sligo	Sligo
1989	Adrian Hampson	Sligo	Sligo
1990	Adrian Hampson	Sligo	Sligo
1991	Noreen Jinks	Sligo	Sligo
1992	Colm Farry	Corran	Sligo
1993	Colm Farry	Corran	Sligo
1994	Ian McDonald	Sligo	Sligo
1995	Darren Hough	Corran	Sligo
1996	Mark Smyth	North Sligo	Sligo
1997	Ashley Henry	Corran	Sligo
1998	Mark Smyth	North Sligo	Sligo
1999	Mary Cullen	North Sligo	Sligo
2000	Joseph Gallagher	Sligo	Sligo
2001	Damien O'Boyle	Calry	Sligo
2002	Eimear Ruane	Sligo	Sligo
2003	Ross Gildea	Sligo	Sligo
2004	Thomas McBride	North Sligo	Sligo
2005	Aileen Ruane	Sligo	Sligo
2006	Aileen Ruane	Sligo	Sligo
2007	Ryan Monaghan	North Sligo	Sligo
2008	Ryan Monaghan	North Sligo	Sligo
2009	Ciara McBride	North Sligo	Sligo
2010	Dylan Carthy	Sligo	Sligo
2011	Cian McBride	Sligo	Sligo
2012	Zak Irwin	Sligo	Sligo
2013	Odhran Byrne-Gildea	Sligo	Sligo
2014	Christopher O'Donnell	North Sligo	Sligo
2015	Christopher O'Donnell	North Sligo	Sligo
2016	Christopher O'Donnell	North Sligo	Sligo
2017	Erin Taheny	Corran	Sligo
2018	Lauren Cadden	Sligo	Sligo
2019	Michael Morgan	Sligo	Sligo

## Tipperary



Year	Athlete	Club	County
1970	Ann Marie Quinn	Thurles Crokes	Tipperary
1971	Margaret Crosse	Donohill	Tipperary
1972	Jacinta Ryan	Thurles Crokes	Tipperary
1973	Jacinta Ryan	Thurles Crokes	Tipperary
1974	Liam Hennessy	St Anthony's	Tipperary
1975	Mary Luby	Tipperary Town	Tipperary
1976	Nora O'Grady	Nenagh Olympic	Tipperary
1977	Gary Ryan	Killenaule	Tipperary
1978	Denis Finnerty	Nenagh Olympic	Tipperary
1979	Noelle Morrissey	Nenagh Olympic	Tipperary
1980	Noelle Morrissey	Nenagh Olympic	Tipperary
1981	Brid Naughton	Nenagh Olympic	Tipperary
1982	Jacqueline Stokes	Fethard	Tipperary
1983	Michael Nolan	Roscrea	Tipperary
1984	Bill Mullaney	Thurles	Tipperary
1985	Colm Moran	Nenagh Olympic	Tipperary
1986	Colm Moran	Nenagh Olympic	Tipperary
1987	Danny O'Brien	Newport	Tipperary
1988	Jean O'Gorman	Newport	Tipperary
1989	PJ O'Rourke	Newport	Tipperary
1990	Olive Bowers	St Luas	Tipperary
1991	Patricia Naughton	Nenagh Olympic	Tipperary
1992	Patricia Naughton	Nenagh Olympic	Tipperary
1993	Brian Cullinane	Nenagh Olympic	Tipperary
1994	Suzanne Cummins	Roscrea	Tipperary
1995	Aine Cuddihy	Carrick-on-Suir	Tipperary
1996	Richard Phelan	Carrick-on-Suir	Tipperary
1997	Aine Cuddihy	Carrick-on-Suir	Tipperary
1998	Orla Power	Carrick-on-Suir	Tipperary
1999	Timothy Flannery	Nenagh Olympic	Tipperary
2000	Shane Mullins	Clonmel	Tipperary
2001	Shane Cullinane	Nenagh Olympic	Tipperary
2002	Shane Cullinane	Nenagh Olympic	Tipperary
2003	Shane Cullinane	Nenagh Olympic	Tipperary
2004	Sinead Long	Carrick-on-Suir	Tipperary
2005	Sean Carey	Slieveardagh	Tipperary
2006	Keith Maher	Thurles Crokes	Tipperary
2007	Albhie Carragher	Nenagh Olympic	Tipperary
2008	Dara Kervick	Carrick-on-Suir	Tipperary
2009	Keith Smith	Carrick-on-Suir	Tipperary
2010	Aoife Bartley	Carrick-on-Suir	Tipperary
2011	Michael Quilligan	Nenagh Olympic	Tipperary
2012	Deirbhile Ryan	Nenagh Olympic	Tipperary
2013	Daniel Ryan	Moycarkey Coolcree	Tipperary
2014	Daniel Ryan	Moycarkey Coolcree	Tipperary
2015	Daniel Ryan	Moycarkey Coolcree	Tipperary
2016	Joseph McEvoy	Nenagh Olympic	Tipperary
2017	Daniel Ryan	Moycarkey Coolcree	Tipperary
2018	Aimée Hayde	Newport	Tipperary
2019	Sean Carolan	Nenagh Olympic	Tipperary

## Tyrone



Year	Athlete	Club	County
1970	James McGinley	Strabane	Tyrone
1971	James McGinley	Strabane	Tyrone
1972	Michael J Doherty	Strabane	Tyrone
1973	Patricia Jones	Dungannon	Tyrone
1974	Joe Gallagher	Omagh Harriers	Tyrone
1975	Joe McColgan	Strabane	Tyrone
1976	Joe McColgan	Strabane	Tyrone
1977	Sheena McGrade	Dungannon	Tyrone
1978	Stephen Maguire	Strabane	Tyrone
1979	Stephen Maguire	Strabane	Tyrone
1980	Joyce Mehaffy	Strabane	Tyrone
1981	Dermot McAuley	Strabane	Tyrone
1982	Dermot McAuley	Strabane	Tyrone
1983	Damian Crawford	Strabane	Tyrone
1984	Claire Kelly	Strabane	Tyrone
1985	Damian Crawford	Strabane	Tyrone
1986	Kevin McCafferty	Strabane	Tyrone
1987	Jason Conroy	Strabane	Tyrone
1988	Jason McCabe	Strabane	Tyrone
1989	Ciaran Doherty	Strabane	Tyrone
1990	Ciaran Doherty	Strabane	Tyrone
1991	Fabian McNamee	Omagh Harriers	Tyrone
1992	Trevor Black	Cookstown	Tyrone
1993	Trevor McGlynn	Strabane	Tyrone
1994	Trevor McGlynn	Strabane	Tyrone
1995	Trevor McGlynn	Strabane	Tyrone
1996	Trevor McGlynn	Strabane	Tyrone
1997	Stephen McDonnell	Strabane	Tyrone
1998	Patrick Holbrook	Coalisland	Tyrone
1999	Patrick Holbrook	Coalisland	Tyrone
2000	Ciaran Doherty	Strabane	Tyrone
2001	—	—	Tyrone
2002	Aaron Crawford	Strabane	Tyrone
2003	Aaron Crawford	Strabane	Tyrone
2004	Aaron Crawford	Strabane	Tyrone
2005	Kevin Doherty	Strabane	Tyrone
2006	Daniel Mullen	Strabane	Tyrone
2007	Noel Collins	Omagh Harriers	Tyrone
2008	Ben McGillian	Strabane	Tyrone
2009	Ben McGillian	Strabane	Tyrone
2010	Ben McGillian	Strabane	Tyrone
2011	Jacqueline Burn	Cookstown High School	Tyrone
2012	Daryl Crawford	Strabane Track	Tyrone
2013	Daryl Crawford	Strabane Track	Tyrone
2014	Toni Moore	Omagh Harriers	Tyrone
2015	Sean Corry	Omagh Harriers	Tyrone
2016	Sean Corry	Omagh Harriers	Tyrone
2017	Molly Curran	Carmen Runners	Tyrone
2018	Ella Quinn	Omagh Harriers	Tyrone
2019	Molly Curran	Carmen Runners	Tyrone

## Waterford



Year	Athlete	Club	County
1970	Kevin Tyrrell	St John's Park (S.J.P.)	Waterford
1971	Tony Ryan	Dungarvan	Waterford
1972	Kevin Tyrrell	St John's Park (S.J.P.)	Waterford
1973	John Treacy	St Nicholas, Ring	Waterford
1974	Michael Casey	Bally	Waterford
1975	Patricia Walsh	De La Salle Waterford	Waterford
1976	Patricia Walsh	De La Salle Waterford	Waterford
1977	Patricia Walsh	De La Salle Waterford	Waterford
1978	Claire Furlong	De La Salle Waterford	Waterford
1979	Claire Furlong	De La Salle Waterford	Waterford
1980	Frank O'Brien	Dungarvan	Waterford
1981	Joe Kennedy	De La Salle Waterford	Waterford
1982	Frank O'Brien	Dungarvan	Waterford
1983	Brid Hallissey	Ferrybank	Waterford
1984	Brid Hallissey	Ferrybank	Waterford
1985	Brid Hallissey	Ferrybank	Waterford
1986	Brid Hallissey	Ferrybank	Waterford
1987	Susan Smith	St Paul's Waterford	Waterford
1988	Susan Smith	St Paul's Waterford	Waterford
1989	Andrew Monteith	Ferrybank	Waterford
1990	Rena Carey	Lismore	Waterford
1991	Oliver Power	St Mary's	Waterford
1992	Fergal English	St Mary's	Waterford
1993	Fergal English	St Mary's	Waterford
1994	Leanne Tutty	De La Salle Waterford	Waterford
1995	Jason Flynn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	Waterford
1996	Sinead Kehoe	Kilmore	Waterford
1997	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	Waterford
1998	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	Waterford
1999	William Harty	Ring Old Parish	Waterford
2000	William Harty	Kilgobnet, Colligan and Kilbrien (K.C.K.)	Waterford
2001	Sonia Kennedy	Ferrybank	Waterford
2002	Mairead Murphy	Ferrybank	Waterford
2003	Kalyn Sheehan	Ferrybank	Waterford
2004	Barry Upton	Ferrybank	Waterford
2005	Mairead Murphy	Ferrybank	Waterford
2006	Kelly Proper	Ferrybank	Waterford
2007	Niamh Whelan	Ferrybank	Waterford
2008	Nicola Power	Ferrybank	Waterford
2009	Ciara Giles Doran	Ferrybank	Waterford
2010	Ciara Giles Doran	Ferrybank	Waterford
2011	Ciara Giles Doran	Ferrybank	Waterford
2012	Neasa Murphy	Ferrybank	Waterford
2013	Paul Murphy	Ferrybank	Waterford
2014	James Murphy	Ferrybank	Waterford
2015	Neasa Murphy	Ferrybank	Waterford
2016	Katie Murphy	Ferrybank	Waterford
2017	Shane Monagle	Tramore	Waterford
2018	Shane Monagle	Tramore	Waterford
2019	Jake Bagge	Ferrybank	Waterford

## Westmeath



Year	Athlete	Club	County
1971	Ruth Algar	Sunday's Well, Mullingar	Westmeath
1972	Eileen Mulligan	Moate	Westmeath
1973	Shane O'Leary		Westmeath
1974	Elizabeth McCay	Athlone	Westmeath
1975	John McCormack	Athlone	Westmeath
1976	John McCormack	Athlone	Westmeath
1977	Mark Gillen	Mullingar Harriers	Westmeath
1978	Imelda Doherty	Mullingar Harriers	Westmeath
1979	Martin Quinn	Mullingar Harriers	Westmeath
1980	Claire Mullen	Mullingar Harriers	Westmeath
1981	Sheila Burke	Mullingar Harriers	Westmeath
1982	Sheila Burke	Mullingar Harriers	Westmeath
1983	Sheila Burke	Mullingar Harriers	Westmeath
1984	David Burke	Mullingar Harriers	Westmeath
1985	David Burke	Mullingar Harriers	Westmeath
1986	Cormac Finnerty	Mullingar Harriers	Westmeath
1987	Cormac Finnerty	Mullingar Harriers	Westmeath
1988	Rowena Lynch	Mullingar Harriers	Westmeath
1989	Robert Berry	Mullingar Harriers	Westmeath
1990	Sharon Corcoran	Mullingar Harriers	Westmeath
1991	Robert Berry	Mullingar Harriers	Westmeath
1992	Gerard Daly	Athlone	Westmeath
1993	Joseph Ryan	Mullingar Harriers	Westmeath
1994	Raymond Stackard	Athlone	Westmeath
1995	Joseph Ryan	Mullingar Harriers	Westmeath
1996	Marian Sheridan	Mullingar Harriers	Westmeath
1997	Orla Clarke	Mullingar Harriers	Westmeath
1998	Martin Fagan	Mullingar Harriers	Westmeath
1999	Mark Christie	Mullingar Harriers	Westmeath
2000	Mark Christie	Mullingar Harriers	Westmeath
2001	Mark Christie	Mullingar Harriers	Westmeath
2002	Mark Christie	Mullingar Harriers	Westmeath
2003	David Hynes	Mullingar Harriers	Westmeath
2004	Justin Collins	Mullingar Harriers	Westmeath
2005	Shane Boggs	Mullingar Harriers	Westmeath
2006	Kevin Duggan	Mullingar Harriers	Westmeath
2007	Jake Byrne	Mullingar Harriers	Westmeath
2008	Jake Byrne	Mullingar Harriers	Westmeath
2009	Shane Fitzsimons	Mullingar Harriers	Westmeath
2010	Shane Fitzsimons	Mullingar Harriers	Westmeath
2011	Edel Glennon	Mullingar Harriers	Westmeath
2012	Paul Collins	North Westmeath	Westmeath
2013	Eoin Sheridan	North Westmeath	Westmeath
2014	Shane Hughes	Mullingar Harriers	Westmeath
2015	Niamh Fogarty	North Westmeath	Westmeath
2016	Darragh Gaffney	North Westmeath	Westmeath
2017	Niamh Fogarty	North Westmeath	Westmeath
2018	Awa Fane	Mullingar Harriers	Westmeath
2019	Charles Okafor	Mullingar Harriers	Westmeath

## Wexford



Year	Athlete	Club	County
1970	Patrick Neville	Horetown	Wexford
1971	John O'Donohoe	Monamolin	Wexford
1972	Nuala Murphy	Horetown	Wexford
1973	Patrick Walsh	Horetown	Wexford
1974	Teresa Hobbs	Macamores, Ballygarret	Wexford
1975	Michael O'Leary	Enniscorthy	Wexford
1976	Michael Doyle	Enniscorthy	Wexford
1977	Geraldine Finn	St Laurence's	Wexford
1978	Thomas Jones	Enniscorthy	Wexford
1979	Mary McBride	Drinagh-Murrintown-Piercestown (DMP)	Wexford
1980	Andy Ronan	New Ross	Wexford
1981	Deirdre Lawlor	St Paul's	Wexford
1982	Eugene Brennan	St Paul's	Wexford
1983	Joanne Murphy	St Annes Rathangan	Wexford
1984	Catherine Furlong	St Annes Rathangan	Wexford
1985	Eugene Brennan	St Paul's	Wexford
1986	John Leacey	Shelbourne	Wexford
1987	Siobhan Moloney	Bree	Wexford
1988	Ryan Quigley	Enniscorthy	Wexford
1989	Vanessa Molloy	Shelbourne	Wexford
1990	Darren O'Reilly	Wexford	Wexford
1991	Rory Stafford	St Anne's	Wexford
1992	Caroline Godkin	Kilmore	Wexford
1993	Caroline Godkin	Kilmore	Wexford
1994	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	Wexford
1995	Brian Murphy	Kilmore	Wexford
1996	Sinead Swan	Taghmon	Wexford
1997	Clara Thompson	Bree	Wexford
1998	Paul Murphy	Kilmore	Wexford
1999	Sinead Swan	Taghmon	Wexford
2000	John Walker	Bree	Wexford
2001	John Walker	Bree	Wexford
2002	Brona Furlong	Enniscorthy	Wexford
2003	Marcella Cullen	Bree	Wexford
2004	Brona Furlong	Enniscorthy	Wexford
2005	Ben Hunt	Bree	Wexford
2006	Barry McGuinness	Drinagh-Murrintown-Piercestown (DMP)	Wexford
2007	Barry McGuinness	Drinagh-Murrintown-Piercestown (DMP)	Wexford
2008	Sinead Moloney	St Killian's, Crossabeg	Wexford
2009	Conor Wilson	Menapians	Wexford
2010	Conor Wilson	Menapians	Wexford
2011	Tony Stafford	Menapians	Wexford
2012	Ryan Murray	Bree	Wexford
2013	Colin Nolan	Enniscorthy	Wexford
2014	David McDonald	Menapians	Wexford
2015	Marguerite Furlong	Adamstown	Wexford
2016	Peter O'Connor	Enniscorthy	Wexford
2017	Jack Forde	St Killian's, Crossabeg	Wexford
2018	Jack Forde	St Killian's, Crossabeg	Wexford
2019	Jack Forde	St Killian's, Crossabeg	Wexford



## Wicklow



Year	Athlete	Club	County
1970	Patrick Whiston	Presentation Bray	Wicklow
1971	Ann Weadick	St Benedict	Wicklow
1972	Elizabeth Hurley	St Benedict	Wicklow
1973	Elizabeth Hurley	St Benedict	Wicklow
1974	Carmel Scallan	St Benedict	Wicklow
1975	Ann Byrne	St Benedict	Wicklow
1976	Ann Byrne	St Benedict	Wicklow
1977	Ann Byrne	St Benedict	Wicklow
1978	Patrick Collins	Bray A.C.	Wicklow
1979	Trevor Sargeant	Bray A.C.	Wicklow
1980	Trevor Sargeant	Bray Striders	Wicklow
1981	Kevin O'Brien	Bray Striders	Wicklow
1982	Trevor Sargeant	Bray Striders	Wicklow
1983	Stephen O'Toole	Bray A.C.	Wicklow
1984	Stephen Gilmore	Bray A.C.	Wicklow
1985	Alan Keyes	Presentation Bray	Wicklow
1986	Nigel Brunton	Bray Striders	Wicklow
1987	Nigel Brunton	Bray Striders	Wicklow
1988	William Tyrell	St Benedict	Wicklow
1989	Nigel Brunton	Bray Striders	Wicklow
1990	Barbara Kealy	Bray Striders	Wicklow
1991	David Nolan	Presentation Bray	Wicklow
1992	Stephanie O'Reilly	Inbhear Dee	Wicklow
1993	Alan O'Reilly	St Benedict	Wicklow
1994	David Nolan	Bray Striders	Wicklow
1995	Thomas McKeown	West Wicklow	Wicklow
1996	Gail Doyle	Inbhear Dee	Wicklow
1997	Carol Loscher	Roundwood & District	Wicklow
1998	Róisín McGettigan	Inbhear Dee	Wicklow
1999	Darragh Graham	Inbhear Dee	Wicklow
2000	Carol Loscher	Roundwood & District	Wicklow
2001	Fionnuala Britton	Kilcoole	Wicklow
2002	Darragh Graham	Inbhear Dee	Wicklow
2003	Marian Earls	Inbhear Dee	Wicklow
2004	Des Earls	Inbhear Dee	Wicklow
2005	Lynsey Porter	Inbhear Dee	Wicklow
2006	Tara Jameson	Inbhear Dee	Wicklow
2007	Tara Jameson	Inbhear Dee	Wicklow
2008	Tara Jameson	Inbhear Dee	Wicklow
2009	Niamh Kearney	Greystones & District	Wicklow
2010	Niamh Kearney	Greystones & District	Wicklow
2011	Phillipa Rogan	Greystones & District	Wicklow
2012	Conor Dempsey	Greystones & District	Wicklow
2013	Conor Dempsey	Greystones & District	Wicklow
2014	Alana Ryan	Greystones & District	Wicklow
2015	Alana Ryan	Greystones & District	Wicklow
2016	Emma O'Brien	Inbhear Dee	Wicklow
2017	Richael Browne	Greystones & District	Wicklow
2018	Alana Ryan	Greystones & District	Wicklow
2019	Róisín Treacy	Ashford	Wicklow

## Overall Award Winners



Year	Athlete	Club	County
1971	Louise McGettigan	Lifford	Donegal
1972	Mary Fenton	Middleton	Cork
1973	Ian Lambe	Crusaders	Dublin
1974	Marita Walton	Kilkenny City Harriers	Kilkenny
1975	Mary Fleming	Middleton	Cork
1976	Marita Walton	Kilkenny City Harriers	Kilkenny
1977	Declan Hegarty	Civil Service Harriers	Dublin
1978	Michelle Walsh	Glenabbey/Ballyfermot	Dublin
1979	Patricia Amond	St Laurence O'Toole	Carlow
1980	Carol Meagan	Dundrum South Dublin	Dublin
1981	Eugene Curran	Ardee De La Salle	Louth
1982	Trevor Sargeant	Bray Striders	Wicklow
1983	Patricia Walsh	Dundrum South Dublin	Dublin
1984	Teresa McKenna	Oriel	Monaghan
1985	Barry Walsh	Dooneen	Limerick
1986	Colm Moran	Nenagh Olympic	Tipperary
1987	Geraldine Hendricken	St Laurence O'Toole	Carlow
1988	Susan Smith	St Paul's Waterford	Waterford
1989	PJ O'Rourke	Newport	Tipperary
1990	Arlene Smith	Team P Elliott	Cavan
1991	Arlene Smith	Team P Elliott	Cavan
1992	Antoine Burke	Dooneen	Limerick
1993	Brian Cullinane	Nenagh Olympic	Tipperary
1994	James Nolan	Ferbane	Offaly
1995	Sean Breathnach	Corr-na-Mona	Galway
1996	Trevor McGlynn	Strabane	Tyrone
1997	Ciara Sheehy	West Dublin	Dublin
1998	Brendan Bourke	Kilmallock	Limerick
1999	Timothy Flannery	Nenagh Olympic	Tipperary
2000	Sharon Monaghan	Fr Murphy's	Meath
2001	Thomas Coughlan	Tullamore Harriers	Offaly
2002	Joanna Cuddihy	Kilkenny City Harriers	Kilkenny
2003	Colin Costello	Star of the Sea	Meath
2004	Brian Flatley	Claremorris	Mayo
2005	Amy Foster	Lisburn	Antrim
2006	Kelly Proper	Ferrybank	Waterford
2007	Niamh Whelan	Ferrybank	Waterford
2008	Tara Jameson	Inbhear Dee	Wicklow
2009	Ciara Mageean	City of Lisburn	Antrim
2010	Ciara Mageean	City of Lisburn	Antrim
2011	Kate Veale	West Waterford	Waterford
2012	Marcus Lawler	St Laurence O'Toole	Carlow
2013	Marcus Lawler	St Laurence O'Toole	Carlow
2014	Michaela Walsh	Swinford	Mayo
2015	Elizabeth Morland	Cushinstown	Meath
2016	Gina Akpe-Moses	Blackrock	Louth
2017	Sarah Healy	Blackrock	Dublin
2018	Sarah Healy	Blackrock	Dublin
2019	Rhasidat Adekele	Tallaght	Dublin

## Overseas Award Winners

Year	Athlete	Club
1972	Michael Meade	London
1974	Paul Stapleton	London-Irish
1977	Pauline Mullins	Southend-on-Sea, England
1978	Pauline Mullins	Southend-on-Sea, England
1981	Tony Kenneally	West London Grammar School
1982	Nick O'Brien	Stratford
1983	Nick O'Brien	Stratford
1985	A Kirwan	Nottingham
1989	Brendan Reilly	Corby Town
1991	Mark Griffin	Walton-on-Thames
1992	Mark Griffin	Walton-on-Thames
1994	Tony Hill	Sully Hill
1995	Timothy Kitney	Kent
1996	Timothy Kitney	Kent
1997	Caroline Walsh	
1998	Emily Kitney	Kent
1999	Mark Crowley	Enfield & Haringey
2000	Mark Crowley	Enfield & Haringey
2001	Liam McDiarmuid	Scotland
2002	Liam McDiarmuid	Scotland
2003	Nicola Campbell	Scotland
2004	Nicola Campbell	Scotland
2005	Dean Oakes	Medway & Maidstone
2006	Carly Beattie	Edinburgh
2007	Dean Oakes	Medway & Maidstone
2008	Paul Scanlon	Leevale / England

Discontinued

## Wheelchair

Year	Athlete	Club	County
2000	Catherine Dunne	Templemore	Tipperary

## Millenium Supreme Award

Year	Athlete	Club	County
1970-1999	Susan Smith-Walsh	St Paul's, Waterford	Waterford

## Robin Sykes Trophy (Achievement)

Year	Athlete	Club	County
1983	Olive Burke	Limerick	Limerick
1984	Jacqui Stokes	Fethard	Tipperary
1985	Bill Mullaney	Thurles	Tipperary
1986	Danny O'Brien	Newport	Tipperary
1987	Ailish O'Brien	Dungarvan	Waterford
1988	Jonathon Kron	Dundrum	Dublin
1989	Alan McCarthy	Togher	Cork
1990	Elaine Murphy	Nenagh Olympic	Tipperary
1991	Sandra Ball Elaine Ball	Limerick Emerald	Limerick
1992	Patricia Naughton	Nenagh Olympic	Tipperary
1993	Stuart McQuade	Dublin City Harriers	Dublin
1994	Kevin Cogley	Drinagh-Murrin-town-Piercestown (DMP)	Wexford
1995	Alan Casey	Tallaght-Oisin-Cuchulain (TOC)	Dublin
1996	Sharon Rowland	Roscrea	Tipperary
1997	Brendan Bourke	Kilmallock	Limerick
1998	Paul Phelan	Dooneen	Limerick
1999	Seamus Meaney	Kilkenny City Harriers	Kilkenny
2000	Rosemary Daniel	Na Fianna	Meath
2001	Paul Hession	Athenry	Galway
2002	Linda Byrne	Dundrum South Dublin	Dublin
2003	Mark Christie	Mullingar Harriers	Westmeath
2004	Conall McNamara	Westport	Mayo
2005	Anthony McCreery	Clonliffe Harriers	Dublin
2006	Joanne English	Letterkenny	Donegal
2007	Mairead Murphy	Ferrybank	Waterford
2008	Thomas Houlihan	West Waterford	Waterford
2009	Amy O'Donoghue	Emerald	Limerick
2010	Dempsey McGuigan	Finn Valley	Donegal
2011	Ruairi Finnegan	Letterkenny	Donegal
2012	Karl Griffin	Tir Chonail	Donegal
2013	Alison Armstrong	Celtic Dublin City Harriers	Dublin
2014	Michaela Walsh	Swinford	Mayo
2015	Elizabeth Molrland	Cushinstown	Meath
2016	Molly Scott	St Laurence O'Toole	Carlow
2017	Darragh McElhinney	Bantry	Cork
2018	Patience Jumbo-Gula	St Gerard's Dundalk	Louth
2019	Conor Cusack	Lake District	Mayo

## International Athlete

Year	Athlete	Club	County
	Ciara Sheehy	West Dublin	Dublin
1997	Colm McLean	St Malacahy's	Antrim
1998	Emily Maher	Kilkenny City Harriers	Kilkenny
1999	Liam Reale	Hospital	Limerick
2000	—	—	—
2001	Joanne Cuddihy	Kilkenny City Harriers	Kilkenny
2002	Claire Bergin	Dundrum South Dublin	Dublin
2003	Anne Loughnane	Craughwell	Galway
2004	Hayley Murphy	Ferrybank	Waterford
2005	David McCarthy	West Waterford	Waterford
2006	Mairead Murphy	Ferrybank	Waterford
2007	Charlotte Ffrench O'Carroll	Dundrum South Dublin	Dublin
2008	Stephanie Creaner	Celtic Dublin City Harriers	Dublin
2009	Ciara Mageean	City of Lisburn	Antrim
2010	Ciara Mageean	City of Lisburn	Antrim
2011	Kate Veale	West Waterford	Waterford
2012	Siofra Cleirigh Buttner	Dundrum South Dublin	Dublin
2013	Louise Shanahan	Leevale	Cork
2014	Louise Shanahan	Leevale	Cork
2015	Kevin McGrath	Bohermeen	Meath
2016	Gina Akpe-Moses	Blackrock	Louth
2017	Katherine O'Connor	St Gerard's Dundalk	Louth
2018	Sarah Healy	Blackrock	Dublin
2019	Rhasidat Adekele	Tallaght	Dublin

## Bill Battersby Trophy (Long Jump & Triple Jump)

Year	Athlete	Club	County
1998	Kevin Burke	Dooneen	Limerick
1999	Ann Marie Lynch	Kilkenny City Harriers	Kilkenny
2000	Carol Loscher	Roundwood & District	Wicklow
2001	Tom Shanahan	St Mary's Limerick	Limerick
2002	Eleanor O'Gorman	Fanahan McSweeney	Cork
2003	Paul O'Flynn	Leevale	Cork
2004	Stephen Darcy	St Laurence O'Toole	Carlow
2005	Kelly Proper	Ferrybank	Waterford
2006	Eoin Hannon	Tullamore Harriers	Offaly
2007	Eoin Hannon	Tullamore Harriers	Offaly
2008	David Quilligan	Leevale	Cork
2009	Joanna Mills	Ballymena & Antrim	Antrim
2010	Sarah Murray	Fingallians	Dublin
2011	Sarah Murray	Fingallians	Dublin
2012	Sarah McCarthy	Mid Sutton	Dublin
2013	Sam Healy	Leevale	Cork
2014	Daniel Ryan	Moycarkey Coolroo	Tipperary
2015	David Ryan	Moycarkey Coolroo	Tipperary
2016	Elizabeth Morland	Cushinstown	Meath
2017	Brendan Lynch	Loughrea	Galway
2018	Wymin Sivakumar	Leevale	Cork
2019	Ruby Millet	St Abban's	Laois

## Eamonn Gilbert Trophy (High Jump, Pole Vault)

Year	Athlete	Club	County
1998	Orna O'Donoghue	Carrick-on-Suir	Tipperary
1999	Adrian O'Dwyer	Kilkenny City Harriers	Kilkenny
2000	Adrian O'Dwyer	Kilkenny City Harriers	Kilkenny
2001	Mark Crowley	Enfield & Haringey	Overseas
2002	David Shields	Canon Burke	Down
2003	Claire McNamara	Athenry	Galway
2004	Brian Flatley	Claremorris	Mayo
2005	Pamela Hughes	Westport	Mayo
2006	Jason Harvey	Campbell College	Antrim
2007	Cathriona Farrell	Craughwell	Galway
2008	Barry Pender	St Abban's	Laois
2009	Cathriona Farrell	Craughwell	Galway
2010	Aisling Croke	Dooneen	Limerick
2011	Andrew Heney	Clonliffe Harriers	Dublin
2012	David Cussen	Old Abbey	Cork
2013	David Cussen	Old Abbey	Cork
2014	Donagh Mahon	Gowran	Kilkenny
2015	Ryan Carthy Walsh	Adamstown	Wexford
2016	Sommer Lecky	Finn Valley	Donegal
2017	Sommer Lecky	Finn Valley	Donegal
2018	Sommer Lecky	Finn Valley	Donegal
2019	Aoife O'Sullivan	Liscarroll	Cork

## Keara O'Hart Trophy (Sprints)

Year	Athlete	Club	County
2000	Aoife MacNeill	Dundrum South Dublin	Dublin
2001	Sharon Kelly	Leevale	Cork
2002	Claire Brady	Celbridge	Kildare
2003	Michael O'Sullivan	Metro St Brigids	Dublin
2004	Louise Kiernan	Fingallians	Dublin
2005	Gerard O'Reilly	Shercock	Cavan
2006	Niamh Whelan	Ferrybank	Waterford
2007	Michael Hynes	Raheny Shamrocks	Dublin
2008	Eilish Fitzpatrick	Gneeveguilla	Kerry
2009	Joan Healy	Bandon	Cork
2010	Lorcan O'Cathain	Roscommon	Roscommon
2011	Marcus Lawler	St Laurence O'Toole	Carlow
2012	Marcus Lawler	St Laurence O'Toole	Carlow
2013	Marcus Lawler	St Laurence O'Toole	Carlow
2014	Ciara Neville	Emerald	Limerick
2015	Ciara Neville	Emerald	Limerick
2016	Aaron Sexton	North Down	Down
2017	Rhasidat Adekele	Tallaght	Dublin
2018	Rhasidat Adekele	Tallaght	Dublin
2019	Patience Jumbo-Gula	Dundalk St Gerard's	Louth

## Matt McGrath Trophy (Throws)

Year	Athlete	Club	County
2001	Eoin Leen	Clonalour	Kerry
2002	Deirdre Murphy	Leevale	Cork
2003	Rachel Akers	Marian	Clare
2004	Luke Mangan	Clonliffe Harriers	Dublin
2005	Rachel Akers	Marian	Clare
2006	Aoife Hickey	Kilkenny City Harriers	Kilkenny
2007	Gerard Kelly	Castlebar	Mayo
2008	Olivia McDonald	St Peter's Dromiskin	Louth
2009	Clare Fitzgerald	Tralee Harriers	Kerry
2010	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	Wexford
2011	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	Wexford
2012	Adam King	Iveragh	Kerry
2013	John Kelly	Finn Valley	Donegal
2014	Adam King	Iveragh	Kerry
2015	James Kelly	Finn Valley	Donegal
2016	Michaela Walsh	Swinford	Mayo
2017	Jade Williams	Shercock	Cavan
2018	James Kelly	Finn Valley	Donegal
2019	Ciara Sheehy	Emerald	Limerick

## Roisin O'Callaghan Trophy (Race Walking)

Year	Athlete	Club	County
2003	Anne Loughnane	Craughwell	Galway
2004	Sorcha Prendiville	Lios Tuathail	Kerry
2005	Anne Loughnane	Craughwell	Galway
2006	Fiona Dennehy	Mohill	Leitrim
2007	Niall Prendiville	Farranfore Maine Valley	Kerry
2008	Kate Veale	West Waterford	Waterford
2009	Kate Veale	West Waterford	Waterford
2010	Kate Veale	West Waterford	Waterford
2011	Kate Veale	West Waterford	Waterford
2012	Kate Veale	West Waterford	Waterford
2013	Aaron Egan	Clonmel	Tipperary
2014	Gearoid McMahon	Shannon	Clare
2015	Gearoid McMahon	Shannon	Clare
2016	Orla O'Connor	Waterford	Waterford
2017	Oisín Lane	Mullingar Harriers	Westmeath
2018	Orla O'Connor	Waterford	Waterford
2019	Oisín Lane	Mullingar Harriers	Westmeath

## Breda Synnott Trophy (Celtic Games/ Youth Nations, Female)

Year	Athlete	Club	County
2016	Davicia Patterson	Beechmount Harriers	Antrim
2017	Laura Nicholson	Bandon	Cork
2018	Aoibhin McMahon	Blackrock	Louth
2019	Ava O'Connor	Tullamore Harriers	Offaly

## Breda Synnott Trophy (Celtic Games/Youth Nations, Male)

Year	Athlete	Club	County
2016	Aaron Sexton	North Down	Down
2017	Conor Cusack	Lake District	Mayo
2018	Jack Ryan	Moycarkey Coolcroe	Tipperary
2019	Alan Miley	St Laurence O'Toole's	Carlow

## Juvenile Committee Special Recognition

Year	Athlete	Club	County
2016	Kate O'Connor	St Gerard's Dundalk	Louth
2017	Aimée Hayde	Newport	Tipperary
2018	Cian McPhillips	Longford	Longford
2019	Louis O'Loughlin	Donore Harriers	Dublin

## Áine Pobjoy Trophy (U16 Achievement)

Year	Athlete	Club	County
2017	Aimée Hayde	Newport	Tipperary
2018	Aimée Hayde	Newport	Tipperary
2019	Laura Frawley	St Mary's Limerick	Limerick



## Special Achievement Recognition

### International Youth Championship Medallists

Year	Athlete	Club	Youth Championship
1991	Fiona Kelly	Limerick Emerald	European Youth Olympic Days (EYOD)
1991	Arlene Smith	Team P Elliot	European Youth Olympic Days (EYOD)
1991	Claire Ingerton	Leevale	European Youth Olympic Days (EYOD)
1993	James Nolan	Ferbane	European Youth Olympic Days (EYOD)
1997	Gareth Turnbull	St Malachy's Belfast	European Youth Olympic Days (EYOD)
1997	Maria Lynch	Dundrum South Dublin	European Youth Olympic Days (EYOD)
1997	Grainne Redmond	Cushinstown	European Youth Olympic Days (EYOD)
1998	Emily Maher	Kilkenny City Harriers	World Youth Games
1998	Emily Maher	Kilkenny City Harriers	World Youth Games
1999	Colm McLean	St Malachy's Belfast	European Youth Olympic Days (EYOD)
1999	Ciara Sheehy	West Dublin	European Youth Olympic Days (EYOD)
2003	Colin Costello	Star of the Sea	European Youth Olympic Festival (EYOF)
2003	Colin Costello	Star of the Sea	European Youth Olympic Festival (EYOF)
2003	Ann Loughnane	Craughwell	IAAF World Youth Championships
2005	Amy Foster	North Down	European Youth Olympic Festival (EYOF)
2005	David McCarthy	West Waterford	European Youth Olympic Festival (EYOF)
2005	Ciarán Ó Lionáird	Leevale	European Youth Olympic Festival (EYOF)
2005	Eoin Healy	Dundrum South Dublin	European Youth Olympic Festival (EYOF)
2007	Noel Collins	Omagh Harriers	European Youth Olympic Festival (EYOF)
2007	Kourosh Fouroghi	Star of the Sea	European Youth Olympic Festival (EYOF)
2007	Niamh Whelan	Ferrybank	European Youth Olympic Festival (EYOF)
2007	Charlotte Ffrench O'Carroll	Dundrum South Dublin	European Youth Olympic Festival (EYOF)
2009	Ciara Mageean	City of Lisburn	European Youth Olympic Festival (EYOF)
2009	Christine McMahon	Belfast Royal Academy	European Youth Olympic Festival (EYOF)
2009	Christine McMahon	Belfast Royal Academy	European Youth Olympic Festival (EYOF)
2009	Joanna Mills	Ballymena & Antrim	European Youth Olympic Festival (EYOF)
2009	Caoimhe King	Westport	European Youth Olympic Festival (EYOF)
2009	Joan Healy	Bandon	European Youth Olympic Festival (EYOF)
2009	Shane Quinn	Ferrybank	European Youth Olympic Festival (EYOF)
2009	Ciara Mageean	City of Lisburn	IAAF World Youth Championships
2011	Kate Veale	West Waterford	World Youth (U18) Championships
2011	Ruairi Finnegan	Letterkenny	European Youth Olympic Festival (EYOF)
2011	Siofra Cleirigh Buttner	Dundrum South Dublin	European Youth Olympic Festival (EYOF)
2011	Karl Griffin	Tir Chonaill	European Youth Olympic Festival (EYOF)
2011	Sarah Lavin	Emerald	European Youth Olympic Festival (EYOF)
2011	Megan Kiely	Ferrybank	European Youth Olympic Festival (EYOF)
2011	Ben Kiely	Ferrybank	European Youth Olympic Festival (EYOF)
2013	Roseanna McGuckian	City of Lisburn	European Youth Olympic Festival (EYOF)
2013	Louise Shanahan	Leevale	European Youth Olympic Festival (EYOF)
2013	Siobhra O'Flaherty	St Lawrence O'Toole's	European Youth Olympic Festival (EYOF)
2015	Ciara Neville	Emerald	European Youth Olympic Festival (EYOF)
2015	Gina Akpe-Moses	Blackrock	European Youth Olympic Festival (EYOF)
2015	Sommer Lecky	Finn Valley	European Youth Olympic Festival (EYOF)
2017	Sarah Healy	Monkstown	European Youth Olympic Festival (EYOF)
2017	Rhasidat Adekele	Tallaght	European Youth Olympic Festival (EYOF)
2017	Patience Jumo-Gula	St Gerard's Dundalk	European Youth Olympic Festival (EYOF)
2017	Jade Williams	Shercock	European Youth Olympic Festival (EYOF)
2017	Niamh Foley	St Mary's	European Youth Olympic Festival (EYOF)
2017	Miriam Daly	Carrick-on-Suir	European Youth Olympic Festival (EYOF)
2017	Patience Jumbo-Gula	St Gerard's Dundalk	European Youth Olympic Festival (EYOF)
2017	Rhasidat Adekele	Tallaght	European Youth Olympic Festival (EYOF)
2018	Patience Jumo-Gula	St Gerard's Dundalk	European Youth Athletics Championships
2018	Rhasidat Adekele	Tallaght	European Youth Athletics Championships
2018	Sarah Healy	Blackrock	European Youth Athletics Championships
2018	Sophie O'Sullivan	Ballymore Cobh/Melbourne	European Youth Athletics Championships
2019	Rhasidat Adekele	Tallaght	European Youth Olympic Festival (EYOF)

## Star Awards Dates and Venues

Edition	Date	Venue	Town
1	7 November 1970	Lawlor's Hotel	Naas
2	20 November 1971	South County Dublin Hotel	Dublin
3	28 October 1972	Burlington Hotel	Dublin
4	27 October 1973	Senior Staff Restaurant, Dublin Airport	Dublin
5	26 October 1974	Hotel Cill Dara	Kill
6	25 October 1975	Hotel Cill Dara	Kill
7	30 October 1976	Hotel Cill Dara	Kill
8	29 October 1977	Hotel Cill Dara	Kill
9	28 October 1978	Hotel Cill Dara	Kill
10	27 October 1979	Hotel Cill Dara	Kill
11	1 November 1980	Hotel Cill Dara	Kill
12	7 November 1981	Hotel Cill Dara	Kill
13	6 November 1982	Bloomfield House Hotel	Mullingar
14	5 November 1983	Bloomfield House Hotel	Mullingar
15	3 November 1984	Bloomfield House Hotel	Mullingar
16	2 November 1985	Bloomfield House Hotel	Mullingar
17	1 November 1986	Bloomfield House Hotel	Mullingar
18	7 November 1987	Bloomfield House Hotel	Mullingar
19	5 November 1988	Bloomfield House Hotel	Mullingar
20	4 November 1989	Bloomfield House Hotel	Mullingar
21	18 May 1991	Crover House Hotel	Mountnugent
22	8 February 1992	Crover House Hotel	Mountnugent
23	13 February 1993	The Lakeside Manor Hotel	Killaloe
24	29 January 1994	The Lakeside Manor Hotel	Killaloe
25	4 March 1995	Springhill Court Hotel	Kilkenny
26	24 February 1996	Grand Hotel	Tramore
27	22 February 1997	Grand Hotel	Tramore
28	7 February 1998	Arklow Bay Hotel	Arklow
29	6 February 1999	Southern Hotel	Sligo
30	5 February 2000	Arklow Bay Hotel	Arklow
31	3 February 2001	Arklow Bay Hotel	Arklow
32	16 February 2002	Lawlor's Hotel	Dungarvan
33	22 February 2003	Arklow Bay Hotel	Arklow
34	27 March 2004	Cahir House Hotel	Cahir
35	16 April 2005	Belmont Hotel	Knock
36	11 March 2006	Arklow Bay Hotel	Arklow
37	10 March 2007	McWilliam Park Hotel	Claremorris
38	29 March 2008	Cahir House Hotel	Cahir
39	21 March 2009	Arklow Bay Hotel	Arklow
40	20 March 2010	Arklow Bay Hotel	Arklow
41	12 February 2011	Sheraton Hotel	Athone
42	3 March 2012	Sheraton Hotel	Athone
43	16 February 2013	Tullamore Court Hotel	Tullamore
44	8 February 2014	Tullamore Court Hotel	Tullamore
45	28 February 2015	Tullamore Court Hotel	Tullamore
46	27 February 2016	Tullamore Court Hotel	Tullamore
47	18 February 2017	Tullamore Court Hotel	Tullamore
48	17 February 2018	Tullamore Court Hotel	Tullamore
49	16 February 2019	Bridge House Hotel	Tullamore
50	29 February 2020	Bridge House Hotel	Tullamore

## Star Awards Sponsors

Edition	Sponsor	NGB	Athletic Year
1	BLOE	BLOE	1970
2	Bank of Ireland	BLOE	1971
3	Bank of Ireland	BLOE	1972
4	Bank of Ireland	BLOE	1973
5	Bank of Ireland	BLOE	1974
6	Bank of Ireland	BLOE	1975
7	Bank of Ireland	BLOE	1976
8	Bank of Ireland	BLOE	1977
9	Bank of Ireland	BLOE	1978
10	Bank of Ireland	BLOE	1979
11	Bank of Ireland	BLOE	1980
12	Bank of Ireland	BLOE	1981
13	Bank of Ireland	BLOE	1982
14	Bank of Ireland	BLOE	1983
15	Bank of Ireland	BLOE	1984
16	Bank of Ireland	BLOE	1985
17	Bank of Ireland	BLOE	1986
18	Bank of Ireland Choice	BLOE	1987
19	Bank of Ireland Choice	BLOE	1988
20	Bank of Ireland Choice	BLOE	1989
21	Crover House Hotel	BLOE	1990
22	Cavan Irish Crystal	BLOE	1991
23	Cavan Irish Crystal	BLOE	1992
24	Cavan Irish Crystal	BLOE	1993
25	Waterford Crystal	BLOE	1994
26	Waterford Crystal	BLOE	1995
27	Waterford Crystal	BLOE	1996
28	Waterford Crystal	BLOE	1997
29	Waterford Crystal	BLOE	1998
30	Waterford Crystal	BLOE	1999
31	Waterford Crystal	AAI	2000
32	Waterford Crystal	AAI	2001
33	Waterford Crystal	AAI	2002
34	Waterford Crystal	AAI	2003
35	Waterford Crystal	AAI	2004
36	Waterford Crystal	AAI	2005
37	Waterford Crystal	AAI	2006
38	Waterford Crystal	AAI	2007
39	Waterford Crystal	AAI	2008
40	Tipperary Crystal	AAI	2009
41	Tipperary Crystal	AAI	2010
42	Tipperary Crystal	AAI	2011
43	Tipperary Crystal	AAI	2012
44	Tipperary Crystal	AAI	2013
45	Emerald Crystal	AAI	2014
46	Emerald Crystal	AAI	2015
47	Emerald Crystal	AAI	2016
48	Lee Brothers Limited	AAI	2017
49	Lee Brothers Limited	AAI	2018
50	Arena Crystal	AAI	2019

### With grateful contributions from:

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