Roll of Honour

Irish Athletics Champions

1861 - 2020

Comments, additions, corrections to Pierce O'Callaghan pierce@savvysportsmgt.com & Cyril Smyth csmyth@tcd.ie as at May 2020

The Irish Champion Athletic Club (Irish Champions AC) was founded during late 1872/early 1873 and organised the first Irish Championships on **Monday July 7, 1873** in College Park Dublin. These championships have been held every year since and are the **longest running** *national championships in the world. The Irish Champions AC, then foundered quite rapidly, being wound-up in 1880/81. Thereafter the championship meeting was run by an ad hoc committee in 1881, and by the Dublin Athletic Club from 1882 to 1884.*

After several abortive attempts to establish a national governing body for athletics, two were formed over the winter months of 1884/85.

First the Gaelic Athletic Association (GAA) was formed not alone to encourage and administer athletics, but also to develop and foster the traditional Irish field sports of hurling and football, as well as handball.

Their action galvanised the existing athletics "establishment" in Dublin who perceived the formation of the GAA - insofar as pertained to athletics as a usurpation, and so was formed, very soon after, the Irish Amateur Athletic Association (IAAA).

The distinction between the two rival governing associations is often explained in purely political terms whereas, in reality, the situation is rather more complex; particularly since both organisations embraced a quite broad spectrum of political aspiration, so that once the initial hostilities subsided the majority of athletes, whatever their affiliations, seemed to have no philosophical problems competing in the promotions of both bodies, open meetings as well as championships.

The GAA was predominantly an organisation of rural Ireland, whereas the IAAA was an urban institution, principally of Dublin and, to a lesser extent, Belfast. Moreover the separate organisations differed in their very perceptions of the sport, what actually was meant by the term "athletics". Within the GAA the primary emphasis was on the traditional and popular pastimes of rural Ireland, jumping and weight-throwing; whereas within the IAAA, on the other hand, there was what might be termed a quite pronounced "harrier" bias, its membership being largely coterminous with that of the pre-existing Cross Country Association of Ireland.

Although initially the two associations were in acrimonious opposition, better sense soon prevailed to herald a period of polite co-existence, with their respective promotions being open to all amateurs of good-standing.

With the onset of Irish independence in 1922 finally one National Governing body was athletics was formed - the National Athletics & Cycling Association (NACAI) and one National Championships were organised from 1922-1936.

In 1937 the NACAI was suspended from membership of IAAF because it refused to confine its activities to the then Irish Free State resulting in the foundation of the AAUE which continued in existance until the formation of BLE in 1967 and AAI in 1999.

Most Prolific Irish Champions of All Time 1873-2020

53	Thomas Francis "Tom" Kiely	Misc	8 x 110H, 4 x LJ, 3 x TJ, 1 x SP, 13 x HT, 4 x Dec, 20 x wt throws
37	Edward "Ned" Tobin	Misc	1 x 110H, 1 x SP, 12 x DT, 10 x 56ibs D, 11 x 56ibs H 2 x Dec
34	Tadhg Twomey	56 lbs H/D	18 x Height , 16 x Distance
32	Martin Egan	Distances	4x2m, 4x3m, 6x4m, 4x8k, 3x5m, 3x6m, 5x10m, 2xCC
31	Michele Walsh Carroll	Sprints	15 x 100m, 12 x 200m & 4 x 400m
30	Denis Horgan	Throws	17 x SP, 13 x Wt throw
27	Sean O'Sullivan	Distances	2x2m, 4x3m, 4x4m, 7x8km, 2x5m, 3x6m, 3x10m, 1x15m, 1xCC
22	Dr Patrick "Pat" O'Callaghan	Misc	3 x HJ, 5 x SP, 6 x HT, 1 x DT, 4 x 56 dis, 3 x 56 H
21	Terry McHugh	Javelin	21 x JT
21	Jimmy McDonald	Walks	10 x 10km W, 7 x 20km W, 3 x 3km W, 1 x 35km W
20	Robert Heffernan	Walks	9 x 10km W, 5 x 20km W, 6 x 30km W
19	Ann O'Brien	Misc	1 x 400m, 3 x 800m, 6 x 1500m, 1 x HJ, 4 x Clubs CC, 4 x Cty CC
19	Seamus Power	Distances	2x5k, 2x10k, 1x10k rd, 1xHM, 4xCC, 9xCC cty
18	James Sarsfield "Jim" Mitchell	Throws	18 x Heavy Throws
17	Pat Davin	Misc	1 x100m, 5 x 120y H, 5 x HJ, 4 x LJ, 1 x SP, 1 x Dec
17	Richard "Dick" O'Rafferty	HJ, LJ, PV	15 x HJ, 1 x LJ, 1 x PV
17	Maria McCambridge	Distances	17 x Distances
17	Kelly Proper	Misc	2x100m, 5 x 200m, 8 x LJ, 2 x Hept
16	William "Bill" Britton	Misc	2x110H, 1xHJ, 4xLJ, 1xTJ, 8xHT
16	Leonard Nicholas "Len" Horan	Misc	8xSP, 4xDT, 3xJT, 1xDec
16	Tom O'Riordan	Distances	1x1500, 2 x 1 Mile, 1x2m, 5 x 3m / 5km, 7 x CC
16	Nick Sweeney	SP, DT, 56 lbs	10 X DT + 2 xSP + 4 x 56ibs
16	Claire Walsh	Sprints, CE	4 x 100m, 6 x 200m, 4 x 400m, 1 x 800m, 1 x Pent
15	Catherina McKiernan	Distances	5 x 3k, 1 x 5k, 5 x clubs cc, 5 x cty cc
15	Marita Walton Lanigan	SP, DT	13 x SP, 2 x DT
15	Eileen O'Keeffe	DT, HT	9 x HT, 6 x DT
15	Clare Fitzgerald	SP, DT	8 x DT, 7 x SP
15	John Lenihan	HM, MR	2 x HM, 13 x Mountain Running
15	Fionnuala Britton-McCormack	Distances	1 x 5k, 2 x S/C, 3 x 10k, 3 X CC clubs, 5 x CC Counties
14	Dave Guiney	SP, DT	12 x SP & 2 x DT
14	Rosemary Murphy (Stirling)	Throws	5 x SP, 6 x DT, 3 x JT
14	John Treacy	Distances	5x5k, 2x10k, 7xCC Cty
14	Sonia O'Sullivan	Distances	3 x 800m, 5 x 1500m, 4 x 5000m, 1 x CC clubs, 1 x short course CC

Oldest Irish Champions

1956	PJ Birmingham (Discus)	T&F	47 years & 101 days
2010	Geraldine Finnegan (Heptathlon)	T&F	44 years & 291 days
2017	Gary O'Hanlon (Marathon)	Road/CC	43 years & 87 days
2015	Pauline Curley (Marathon)	Road/CC	46 years & 230 days
2014	Eddie Gallen (24 Hour)	Ultra	51 years & 220 days
2017	Louise Smith (50km Run)	Ultra	46 years & 222 days

Youngest Irish Champions

1992	Antoine Burke (High Jump)	T&F	16 years & 358 days
1976	Caroline O'Shea (400m)	T&F	15 years & 236 days
1982	Jimmy McDonald (20km Walk)	Road/CC	18 years & 84 days
1987	Sonia O'Sullivan (Cross Country)	Road/CC	17 years & 86 days

Long spans between National medals/titles won

16 yrs	Noel Carroll (880y/800m)	Track	1961-1977
25 yrs	Pat Moore (Javelin)	Field	1967-1992
18 yrs	Michele Walsh Carroll (Sprints)	Track	1977-1995
16 yrs	Dara Shaekspeare (Javelin)	Field	1980-1996
20 yrs	Dick Hooper (Marathon)	Off Track	1978-1998

Most titles won in 24 hours

1892	Thomas Francis "Tom" Kiely	7	(120yH, Long Jump, Triple Jump, Shot Put, 3 x Wt Throws)
2013	Kelly Proper	4	(100m, 200m, Long Jump, 4 x 100m Relay)

Irish Champions from the same family

Father & Son

Tommy & Michael Casey	20km Walk
Eamonn & John Coghlan	Middle Distances (Outdoor/Indoor)
Tim & Timmy Crowe	400m & 400m Hurdles (Outdoor/Indoor)
Roy & Conor, Kevin Dooney	Long Distances
John & John Downes	XC
Pat & Jim Fanning	High Jump
Dan & Maurice Fraher	Jumps
Bert & Paul Healion	Hammer
Conor & Conor McCullough	Hammer
Pat & Joe Naughton	Decathlon
Bernie & Pierce O'Callaghan	10,000m Walk & 20km Walk
Pat & Hugh O'Callaghan	Hammer
John & Bobby O'Leary	20km Walk
Paul & Colin Quirke	SP, Discus

Mother & Son

Greta (Hickey) & Conor, Kevin Dooney	Long Distances
Patricia (Quinn) & Colin Griffin	400mH, 800m, 10,000m & 10,000m W, 20km W, 30km W
Patricia (Amond) & Marcus Lawler	100m & 200m (Outdoor/Indoor)
Marie (Walsh) & Joseph Mooney	5000m & 10,000m W

Father & Daughter

Mark & Katie Kirk	800m

Mother & Daughter

Claire & Patricia Walsh	400m

Brothers

John & Denis Buckley	880y & Long Distances
Daniel & Laurence Bulger	Sprints, Hurdles
Antoine & Kevin Burke	400mH, HJ, Dec
Denis & Robert Cussen	Sprints & Hurdles
Pat, Tom & Maurice Davin	100y, 120y H, HJ, LJ, SP, HT, Dec,
Ronnie & Joe Delany	440y, 880y, LJ
Conor & Kevin Dooney	Long Distances
Martin, Michael & John "Jack" Egan	Long Distances
Donal & Brendan Flanagan	60y, 100y, 220y, 440 y, 120 y Hurdles
Ray & Paul Flynn	Walks
Ted, John & Paddy Guiney	Decathlon
Carlton & Darren Haddock	100m
Willie & Jack Harte	2 miles, 3 miles
Pat & Bernie Hartigan	Shot Put (Outdoors/Indoor)
Dick & Pat Hooper	Marathon
Laurence & Thomas Francis "Tom" Kiely	LJ, TJ, SP, HT, Dec
Con, Pat & Tim Leahy	HJ, LJ, TJ
Denis, John & William Murray	Sprints, Jumps, Hurdles, Throws
Ned & Willie McGuirk	Cross Country
Ernest & Frank Nunns	Cross Country
Pat & Con O'Callaghan	HJ,SP,HT, DT
Sean & Roibeárd O'Dwyer	LJ, TJ
Iognáid & Seán Ó Muircheartaigh	100y, 220y, 300y
Benny & PJ O'Sullivan	Distances
Michael & Sean O'Sullivan	15 miles,
WC "Charlie" & Steve McCooke	Distances
John & Ray Treacy	Distances
Frank & Bernard Walley	Sprints
Frederick St John & WM Worrall	7m Walk

Sisters

Patricia & Mary Amond	Sprints
Mary & Catherine Hennessy	3000m W
Siobhan & Aoife Hoey	TJ
Monica & Regina Joyce	Distances
Olive & Ann Loughnane	5000m W, 10km W, 20km W
Nessa & Ruby Millet	400mH & Long Jump
Emma & Lisa Nicholson	Sprints & Hurdles

Brother & Sister

Thomas & Jessie Barr	400H
Eoin & Ciara Everard	800m & 1500m
John & Brid Hallissey	PV, 100H, Hep
Brian & Deirdre Murphy	400m, DT
Frank & Ailish O'Brien	DT

60 Yards 54.86 m

Most Titles

Owen Dalton - 3		**1954, 55, 56**

Championship Record

Donal Flanigan	**6.2**	**1942, 43**
Richard Lane	**6.2**	**1949**
John "Jack" O'Gorman	**6.2**	**1952**
Liam Devitt	**6.2**	**1961**
Michael Keane	**6.2**	**1965**

1939	Kevin Patrick O'Flanagan	University College Dublin	6.8	NACAI
1941	Con Sheehan	Mercury	6.6	NACAI
1942	**Donal Flanagan**	St James's Gate	**6.2**	**NACAI**
1943	**Donal Flanagan**	St James's Gate	**6.2**	**NACAI**
1944	Pte Michael "Duff" Kelly	An Dara	6.4	NACAI
1945	Kevin Connolly	Young Ireland, Dundalk	6.5	NACAI
1946	MJ Doherty	Strabane	6.3	NACAI
1947	John J O'Donnell	Celtic, Dublin	6.6	NACAI
1948	John J O'Donnell	Celtic, Dublin	7.8	NACAI
1949	Richard Lane	University College Cork	6.2	NACAI
1950	Noel Keane	Doheny, Dunmanway, Co. Cork	6.5	NACAI
1951	John J O'Donnell	St James's Gate	6.4	NACAI
1952	**John "Jack" O'Gorman**	Clonmel	**6.2**	**NACAI**
1953	Frank O'Gara	Corrigan	6.4	NACAI
1954	Owen Dalton	University College Dublin	6.4	NACAI
1955	Owen Dalton	University College Dublin	6.6	NACAI
1956	Owen Dalton	University College Dublin	6.5	NACAI
1957	Des Chew	Newry Shamrock	6.4	NACAI
1958	John "Jack" Lalor	Kiely, Carrick-On-Suir	6.4	NACAI
1959	Eddie Thornton	University College Dublin	6.6	NACAI
1960	John "Jack" Lalor	Kiely, Carrick-On-Suir	6.6	NACAI
1961	**Liam Devitt**	University College Dublin	**6.2**	**NACAI**
1962	Michael Lanigan	University College Dublin	6.4	NACAI
1963	Michael Lanigan	Kilkenny City Harriers	6.4	NACAI
1964	W Gerry Slattery	Herbertstown, Co. Limerick	6.5	NACAI
1965	**Michael Keane**	Sligo Éire Óg	**6.2**	**NACAI**
1966	Michael Keane	St Patrick's, Bandon	6.3	NACAI

100 Yards 91.44 m / 100 m

	Most Titles					
100y	**Daniel Bulger - 9**	**1886, 87, 2 × 88, 2 × 89, 2 × 90, 92**				
	Denis Murray - 6	**1901, 02, 03, 04, 05, 06**				
100m	**Garry Ryan - 5**	**1999, 2000, 02, 03, 05**				
	Neil Ryan - 4	**1992, 96, 97, 98**				
	Championship Record					
100y	**Denis Cussen**		**9.8**			**1928**
	Fred G Moran		**9.8**			**1937**
	Iognáid G Ó Muircheartaigh		**9.8**			**1967**
100m	**Paul Hession**		**10.26**	**+0.6**		**2008**

1873	Reginald Charles Miller	Dublin University	10.2	*y*	Irish Champions AC
1874	James Douglas Ogilby	NICC	10.6	*y*	Irish Champions AC
1875	James Douglas Ogilby	NICC	10.2	*y*	Irish Champions AC
1876	James Douglas Ogilby	NICC	10.4	*y*	Irish Champions AC
1877	James Douglas Ogilby	NICC	10.2	*y*	Irish Champions AC
1878	James Henry Stewart	Irish Champions AC	10.4	*y*	Irish Champions AC
1879	Thomas M Malone	TAAC	10.4	*y*	Irish Champions AC
1880	Patrick Davin	Carrick-On-Suir	10.2	*y*	Irish Champions AC
1881	Gerald W Browne	Lansdowne FC	10.8	*y*	Irish Champions AC
1882	Gerald W Browne	Dublin AC	10.6	*y*	AAAI
1883	Robert Edward Sproule	Dublin University	10.5	*y*	AAAI
1884	Robert Dodds	Queens College Belfast	10.8	*y*	AAAI
1885	Ernest Henry Greene	Dublin University	10.8	*y*	IAAA
1885	Peter Stanislaus Kenny	Carrick-On-Suir	10.0	*y*	GAA
1886	Alfred Vigne	Dublin University	10.4	*y*	IAAA
1886	Daniel Delany Bulger	Dublin University	10.6	*y*	GAA
1887	Alfred Vigne	Dublin University	10.4	*y*	IAAA
1887	Daniel Delany Bulger	Dublin University	10.2	*y*	GAA
1888	Daniel Delany Bulger	Dublin University	10.4	*y*	IAAA
1888	Daniel Delany Bulger	Dublin University	10.4	*y*	GAA
1889	Daniel Delany Bulger	Dublin University	10.5	*y*	IAAA
1889	Daniel Delany Bulger	Dublin University	10.6	*y*	GAA
1890	Daniel Delany Bulger	Dublin University	10.6	*y*	IAAA
1890	Daniel Delany Bulger	Dublin University	10.4	*y*	GAA
1891	Laurence Quinlavin Bulger	Dublin University	10.4	*y*	IAAA
1891	Patrick J "Patsy" O'Sullivan	Banteer	10.8	*y*	GAA
1892	Daniel Delany Bulger	Dublin University	10.8	*y*	IAAA
1892	Joseph Thomas McGee	Haddington Harriers	10.4	*y*	GAA
1893	Patrick Farrelly	Belfast Harriers	10.8	*y*	IAAA
1893	Joseph Thomas McGee	Haddington Harriers	10.8	*y*	GAA
1894	Norman D Morgan	Belfast	10.2	*y*	IAAA
1894	Simon William Maddock	Dublin	NT	*y*	GAA
1895	James Creed "Jemmy" Meredith	Dublin University	10.4	*y*	IAAA
1895	Patrick "Dockty" McNamara	Limerick	10.0	*y*	GAA
1896	Norman D Morgan	Belfast	10.2	*y*	IAAA
1896	Joseph Thomas McGee	Haddington Harriers	10.6	*y*	GAA
1897	Walter J Newburn	Dublin	10.4	*y*	IAAA
1897	JJ O'Flynn	Haddington Harriers	10.4	*y*	GAA
1898	Walter J Newburn	Dublin	10.8	*y*	IAAA
1898	JJ O'Flynn	Haddington Harriers	10.6	*y*	GAA
1899	Walter J Newburn	Dublin	10.6	*y*	IAAA
1899	Jim O'Kelly Lynch	Dunmanway, Co. Cork	10.6	*y*	GAA
1900	George Cutts	King's Own Lt Inf, Limerick	10.4	*y*	IAAA
1901	Denis Murray	Dublin	10.5	*y*	IAAA
1901	John Joseph Curry	Knockrea, Cork	10.4	*y*	GAA
1902	Denis Murray	Dublin	10.6	*y*	IAAA
1902	John Joseph Howell	Tipperary	NT	*y*	GAA
1903	Denis Murray	Kilmainham	10.6	*y*	IAAA
1903	JC Healy	Longford	12.4	*y*	GAA
1904	Denis Murray	Kilmainham	10.2	*y*	IAAA
1904	JC Healy	Longford	NT	*y*	GAA
1905	Denis Murray	Kilmainham	10.4	*y*	IAAA
1905	John E McEniry	Limerick	10.6	*y*	GAA

1906	Denis Murray	Kilmainham	10.4	*y*	IAAA	
1906	James Patrick Roche	Knockrea, Cork	10.4	*y*	GAA	
1907	James Patrick Roche	Knockrea, Cork	10.2	*y*	IAAA	
1907	James “Jim” O’Connor	Limerick	10.4	*y*	GAA	
1908	James Patrick Roche	Knockrea, Cork	10.4	*y*	IAAA	
1908	Charles F McCarthy	Cork	10.6	*y*	GAA	
1909	James Patrick Roche	University College Cork	10.4	*y*	IAAA	
1909	Percy Kirwan	Kilmacthomas, Co. Waterford	10.0	*y*	GAA	
1910	James Ringland Purdy	Drogheda	10.4	*y*	IAAA	
1910	DJ Fogarty	Limerick	10.2	*y*	GAA	
1911	William Murphy	Clonliffe Harriers	10.2	*y*	IAAA	
1911	Patrick J Finn	Kilfinane, Co. Limerick *	10.2	*y*	GAA	*Ran under the alias of PJ Quinn
1912	Samuel McComb		10.4	*y*	IAAA	
1912	James "Jim" Keyes	Pallasgreen, Co. Limerick	10.4	*y*	GAA	
1913	Frederick Roland Studdert Shaw	Dublin University	10.8	*y*	IAAA	
1913	Thomas B O'C Dunbar	Clohamon, Co. Wexford	10.6	*y*	GAA	
1914	Frederick Roland Studdert Shaw	Dublin University	10.4	*y*	IAAA	
1914	AJ Heaney	Claremorris	10.6	*y*	GAA	
1915	Patrick J Finn †	Kilfinane, Co. Limerick	10.4	*y*	GAA	†Ran under an alias of JP McCarthy
1916	Daniel J O'Leary	Cork	10.1	*y*	GAA	
1917	Daniel J O'Leary (tied)	Cork	10.4	*y*	GAA	
1917	JP Wilkinson (tied)	Kildare	10.4	*y*	GAA	
1918	James "Jim" Keays	Pallasgreen, Co. Limerick	10.6	*y*	GAA	
1919	MJ Stafford	Dublin	10.8	*y*	IAAA	
1919	James "Jim" Keays	Pallasgreen, Co. Limerick	10.4	*y*	GAA	
1920	MJ Stafford	Bohemian FC	10.6	*y*	IAAA	
1920	Daniel J O'Leary	Cork	10.4	*y*	GAA	
1921	Denis John Cussen	Dublin University	10.2	*y*	IAAA	
1921	Daniel J O'Leary	Cork	11.0	*y*	GAA	
1922	Denis John Cussen	Dublin University	10.6	*y*	IAAA	
1922	JA O'Flaherty	University College Dublin	11.4		GAA	
1923	Robert Rowan Woods	Dublin University	10.4	*y*	NACAI	
1924	William J Lowe	Manchester	10.6	*y*	NACAI	
1925	Denis John Cussen	Dublin University	10.0	*y*	NACAI	
1926	Sean Lavan (tied)	University College Dublin	10.2	*y*	NACAI	
1926	Patrick JB "Joe" Eustace (tied)	Dublin University	10.2	*y*	NACAI	
1927	Sean Lavan	University College Dublin	10.2	*y*	NACAI	
1928	**Denis John Cussen**	St Mary's Hospital London	**9.8**	***y***	**NACAI**	
1929	Patrick JB "Joe" Eustace	Dublin University	10.2	*y*	NACAI	
1930	Patrick JB "Joe" Eustace	Croke	10.2	*y*	NACAI	
1931	WP Burke	Clonliffe Harriers	10.2	*y*	NACAI	
1932	WP Burke	Clonliffe Harriers	10.2	*y*	NACAI	
1933	WP Burke	Clonliffe Harriers	10.2	*y*	NACAI	
1934	Michael J O'Sullivan	University College Dublin	10.6	*y*	NACAI	
1935	Fred G Moran	City & Suburban Harriers	10.0	*y*	NACAI	
1936	Fred G Moran	City & Suburban Harriers	10.0	*y*	NACAI	
1937	**Fred G Moran**	**City & Suburban Harriers**	**9.8**	***y***	**AAUE**	
1937	Stanley de Lacey	Limerick	10.0	*y*	NACAI	
1938	Fred G Moran	City & Suburban Harriers	10.6	*y*	AAUE	
1938	Charles Holohan	University College Dublin	10.1	*y*	NACAI	
1939	Stanley de Lacey	Clonliffe Harriers	10.0	*y*	AAUE	
1939	Eamonn Fitzmaurice	University College Dublin	10.0	*y*	NACAI	
1940	Stanley de Lacey	Clonliffe Harriers	10.4	*y*	AAUE	
1940	Eamonn Fitzmaurice	University College Dublin	10.2	*y*	NACAI	
1941	Jim C Conway	Civil Service	10.6	*y*	AAUE	
1941	Kevin Patrick O'Flanagan	University College Dublin	10.4	*y*	NACAI	
1942	Jim C Conway	Civil Service	10.4	*y*	AAUE	
1942	Donal Flanagan	University College Dublin	10.8	*y*	NACAI	
1942	Donal Flanagan	University College Dublin	11.0		NACAI	
1942	Jim C Conway	Civil Service	10.5	*y*	IAAB	
1943	Jim C Conway	Civil Service	10.4	*y*	AAUE	
1943	Donal Flanagan	St James's Gate	10.2	*y*	NACAI	
1943	JA Lyttle	Willowfield Harriers	11.4	*y*	IAAB	
1944	Jim C Conway	Civil Service	10.4	*y*	AAUE	
1944	Pte Michael "Duff" Kelly	An Dara	10.2	*y*	NACAI	
1944	Jim C Conway	Civil Service	10.4	*y*	IAAB	
1945	Robert Colclough Jephson	Dublin University	10.4	*y*	AAUE	
1945	Pte Michael "Duff" Kelly	An Dara	10.2	*y*	NACAI	
1945	Denis Maloney	Royal Ulster Constabulary	10.2	*y*	IAAB	
1946	Paul P Dolan	Clonliffe Harriers	10.2	*y*	AAUE	
1946	John Kelly	Farranferris, Cork	10.4	*y*	NACAI	
1946	Paul P Dolan	Clonliffe Harriers	10.4	*y*	IAAB	
1947	John Arthur "Jack" Gregory	Crusaders	10.0	*y*	AAUE	

1947	John Kelly	Farranferris, Cork	10.2	*y*	NACAI
1947	John Arthur "Jack" Gregory	Crusaders	10.2	*y*	IAAB
1948	John Arthur "Jack" Gregory	Crusaders	10.2	*y*	AAUE
1948	Richard Lane	University College Cork	9.9	*y*	NACAI
1948	John Arthur "Jack" Gregory	Crusaders	10.1	*y*	IAAB
1949	John Arthur "Jack" Gregory	Crusaders	10.0	*y*	AAUE
1949	Richard Lane	University College Cork	10.4	*y*	NACAI
1949	Denis Maloney	Royal Ulster Constabulary	10.3	*y*	IAAB
1950	Louis Crowe	Clonliffe Harriers	10.1	*y*	AAUE
1950	Noel Keane	Doheny, Dunmanway, Co. Cork	10.3	*y*	NACAI
1950	Louis Crowe	Clonliffe Harriers	10.1	*y*	IAAB
1951	ER "Ronnie" Plant	Clonliffe Harriers	10.2	*y*	AAUE
1951	Noel Keane	Doheny, Dunmanway, Co. Cork	10.5	*y*	NACAI
1951	ER "Ronnie" Plant	Clonliffe Harriers	10.3	*y*	IAAB
1952	Paul P Dolan	Clonliffe Harriers	10.2	*y*	AAUE
1952	Jack O'Neill	University College Dublin	10.3	*y*	NACAI
1952	Noel G Flanagan	Crusaders	10.0	*y*	IAAB
1953	Louis Crowe	Clonliffe Harriers	10.2	*y*	AAUE
1953	Owen Dalton	University College Dublin	10.0	*y*	NACAI
1953	Paddy Toner	Albert Foundry, Belfast	10.5	*y*	IAAB
1954	JW "Bill" Dickson	Crusaders	9.9	*y*	AAUE
1954	Michael "Mick" Manning	Croom, Co. Limerick	10.4	*y*	NACAI
1954	JW "Bill" Dickson	Crusaders	10.4	*y*	IAAB
1955	JA "Lexie" Tynan	Civil Service	10.2	*y*	AAUE
1955	Owen Dalton	University College Dublin	10.5	*y*	NACAI
1955	Paddy Toner	Albert Foundry, Belfast	10.6	*y*	IAAB
1956	Patrick L "Paddy" Lowry	Civil Service	10.1	*y*	AAUE
1956	Albert Harding	Celtic, Dublin	10.3	*y*	NACAI
1956	Eamon Kinsella	Donore Harriers	9.9	*y*	IAAB
1957	Gerald R Mason	Dublin University	10.5	*y*	AAUE
1957	Owen Dalton	University College Dublin	10.3	*y*	NACAI
1957	Ronnie Chambers	Short & Harland, Belfast	10.1	*y*	IAAB
1958	Patrick L "Paddy" Lowry	Civil Service	10.2	*y*	AAUE
1958	John "Jack" Lalor	Kiely, Carrick-On-Suir	10.0	*y*	NACAI
1958	Paddy Toner	Albert Foundry, Belfast	9.9	*y*	IAAB
1959	Patrick L "Paddy" Lowry	Civil Service	10.2	*y*	AAUE
1959	John "Jack" Lalor	Kiely, Carrick-On-Suir	10.4	*y*	NACAI
1959	Paddy Toner	Albert Foundry, Belfast	9.9	*y*	IAAB
1960	Maurice Hogan	Donore Harriers	10.1	*y*	AAUE
1960	John "Jack" Lalor	Kiely, Carrick-On-Suir	10.2	*y*	NACAI
1960	Patrick L "Paddy" Lowry	Civil Service	9.8	y	IAAB
1961	Maurice Hogan	Donore Harriers	10.2	*y*	AAUE
1961	Liam Devitt	University College Dublin	10.1	*y*	NACAI
1961	Joe Riverson (Ghana)	Queens University Belfast	10.0	*y*	IAAB
1962	Maurice Hogan	Donore Harriers	10.1	*y*	AAUE
1962	Gerald "Gerry" McShane	Dowdallshill, Dundalk	10.2	*y*	NACAI
1962	Maurice Hogan	Donore Harriers	9.9	*y*	IAAB
1963	Victor Manning (Wiesław Maniak)	Crusaders	9.9	*y*	AAUE
1963	Martin Lynch	St Finbarr's Cork	10.0	*y*	NACAI
1963	David Bennett	Short & Harland, Belfast	9.6	*y*	IAAB
1964	William J "Billy" Kinlan	Crusaders	10.0	*y*	AAUE
1964	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.2	*y*	NACAI
1964	David Bennett	Short & Harland, Belfast	10.0	*y*	IAAB
1965	Dan F Kennedy	Clonliffe Harriers	10.1	*y*	AAUE
1965	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.2	*y*	NACAI
19656	John Kilpatrick	Ballymena	9.7	*y*	IAAB
1966	Brian Whitney	Clonliffe Harriers	10.2	*y*	AAUE
1966	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.1	*y*	NACAI
1966	John Kilpatrick	Ballymena	9.7	*y*	IAAB
1967	**Iognáid G "Iggy" Ó Muircheartaigh**	**University College Dublin**	**9.8**	***y***	**BLE**
1968	Brendan O'Regan	Limerick	9.9	*y*	BLE
1969	Vincent Becker	Crusaders	10.9		BLE
1970	Brendan O'Regan	University College Cork	10.9		BLE
1971	Vincent Becker	Crusaders	10.8		BLE
1972	Frank Walley	Leevale	11.0		BLE
1973	Frank Walley	Leevale	10.9		BLE
1974	Dermot Browne	Marcab, Dublin	10.8		BLE
1975	Ciaran Coakley	Dublin City Harriers	11.2		BLE
1976	Pat Fallon	Clonmel	11.3		BLE
1977	Joe Ryan	Dublin City Harriers	11.03		BLE
1978	Colman O'Flaherty	Pearse, Galway	10.74		BLE
1979	Alan Fawcett	Annadale Striders	10.87		BLE
1980	Pat Flanagan	Waterford	11.28		BLE

1981	Kieran Finn	Limerick	10.86		BLE
1982	Gerry Delaney	Dublin City Harriers	11.00		BLE
1983	Derek O'Connor	Dundrum South Dublin	10.8		BLE
1984	Derek O'Connor	Dundrum South Dublin	10.67		BLE
1985	Derek O'Connor	Dundrum South Dublin	10.86		BLE
1986	Philip Snoddy	Annadale Striders	10.85		BLE
1987	Philip Snoddy	Annadale Striders	10.95		BLE
1988	Philip Snoddy	Annadale Striders	10.55	w	BLE
1989	Darren Haddock	Togher	11.14		BLE
1990	Barry Martin	Redemeer	10.84		BLE
1991	Carlton Haddock	Togher	10.91		BLE
1992	Neil Ryan	Nenagh Olympic	10.67	w	BLE
1993	Kieran Finn	Bedford	10.48	+2.7	BLE
1994	Jeff Pamplin	Dublin City Harriers	10.94		BLE
1995	Ian Craig	Annadale Striders	10.67		BLE
1996	Neil Ryan	Nenagh Olympic	10.74		BLE
1997	Neil Ryan	Nenagh Olympic	10.53		BLE
1998	Neil Ryan	Nenagh Olympic	10.79		BLE
1999	Gary Ryan	Nenagh Olympic	10.45	+1.5	AAI
2000	Gary Ryan	Nenagh Olympic	10.55	-0.6	AAI
2001	John McAdorey	Ballymena & Antrim	10.55	-1.8	AAI
2002	Gary Ryan	Nenagh Olympic	10.56	-0.4	AAI
2003	Gary Ryan	Nenagh Olympic	10.29	+3.0	AAI
2004	Paul Brizzel	Ballymena & Antrim	10.56	+3.0	AAI
2005	Gary Ryan	Nenagh Olympic	10.37	+3.0	AAI
2006	Darragh Graham	Slí Cualann	10.91	-0.6	AAI
2007	Paul Hession	Athenry	10.45	-1.0	AAI
2008	**Paul Hession**	**Athenry**	**10.26**	**+0.6**	**AAI**
2009	Jason Smyth	City of Derry	10.78	-2.9	AAI
2010	Jonathan Holmes	Kilkenny City Harriers	10.71	-0.8	AAI
2011	Jason Smyth	City of Derry	10.52	-2.1	AAI
2012	Paul Hession	Athenry	10.54	+1.0	AAI
2013	David Hynes	Menapians	10.64	-0.4	AAI
2014	Jamie Davis	Raheny Shamrock	10.90	-0.6	AAI
2015	Marcus Lawler	St Laurence O'Tooles	10.68	-1.2	AAI
2016	Jason Smyth	City of Derry	10.71	-1.9	AAI
2017	Jeremy Phillips	Clonliffe Harriers	10.39	+1.7	AAI
2018	Leon Reid	Menapians	10.42	-2.1	AAI
2019	Travane Morrison (JAM)	Tralee Harriers	10.61	0.3	AAI

220 Yards 201.17 m / 200 m

Most titles

220y	**Denis Murray - 6**	**1901, 02, 03, 04, 05, 06**
	Daniel Delany Bulger - 5	**1885, 2 × 1886, 87, 88**
200	**Paul Brizzel - 5**	**2000, 02, 03, 05, 06**
	Gary Ryan - 4	**1996, 97, 98, 99**
	Paul Hession - 4	**2004, 07, 10, 11**
	Joe Ryan - 4	**1976, 77, 78, 80**

Championship Record

220y	**Paddy Lowry**	**22.1**	**1960**
200	**Paul Hession**	**20.30 +0.1**	**2007**

1885	Daniel Delany Bulger	Dublin University	24.6	*y*	IAAA	
1886	Daniel Delany Bulger	Dublin University	24.4	*y*	IAAA	
1886	Daniel Delany Bulger	Dublin University	23.6	*y*	GAA	
1887	Alfred Vigne	Dublin University	22.8	*y*	IAAA	
1887	Daniel Delany Bulger	Dublin University	24.0	*y*	GAA	
1888	Alfred Vigne	Dublin University	23.0	*y*	IAAA	
1888	Daniel Delany Bulger	Dublin University	24.6	*y*	GAA	
1889	Vivian W Grove Annesley	Co. Dublin Harriers	23.4	*y*	IAAA	
1889	JJ Nolan	Dublin	23.8	*y*	GAA	
1890	Laurence Quinlavin Bulger	Dublin University	24.2	*y*	IAAA	
1890	JJ Nolan	Dublin	23.4	*y*	GAA	
1891	Joseph Thomas McGee	Haddington Harriers	23.4	*y*	IAAA	
1891	Patrick J "Patsy" O'Sullivan	Banteer	25.2	*y*	GAA	
1892	Charles Russell Dickinson	Dublin University	23.8	*y*	IAAA	
1892	Dan F Horgan	Cork	23.2	*y*	GAA	
1893	Joseph Thomas McGee	Haddington Harriers	24.2	*y*	IAAA	
1893	Joseph Thomas McGee	Haddington Harriers	23.8	*y*	GAA	
1894	Joseph Thomas McGee	Haddington Harriers	24.2	*y*	IAAA	
1894	M Falvey	Cork	NT	*y*	GAA	
1895	James Creed "Jemmy" Meredith	Dublin University	23.0	*y*	IAAA	
1895	Patrick "Dockty" McNamara	Limerick	23.6	*y*	GAA	
1896	Norman D Morgan	Belfast	22.8	*y*	IAAA	
1896	Joseph Thomas McGee	Haddington Harriers	23.2	*y*	GAA	
1897	JF Gallagher	Belfast	23.2	*y*	IAAA	
1897	A Morrison	Cork	24.2	*y*	GAA	
1898	James Creed "Jemmy" Meredith	Dublin University	24.8	*y*	IAAA	
1898	Jim O`Kelly Lynch	Dunmanway, Co. Cork	23.0	*y*	GAA	
1899	CM Majury	Belfast	24.4	*y*	IAAA	
1899	Peter O'Connor	Waterford	25.2	*y*	GAA	
1900	Beauchamp Rochfort Day	Kingstown	23.8	*y*	IAAA	
1901	Denis Murray	Kilmainham	23.8	*y*	IAAA	
1902	Denis Murray	Kilmainham	23.4	*y*	IAAA	
1902	Owen D Coll	Limerick	24.2	*y*	GAA	
1903	Denis Murray	Kilmainham	23.8	*y*	IAAA	
1903	JC Healy	Longford	24.2	*y*	GAA	
1904	Denis Murray	Kilmainham	23.4	*y*	IAAA	
1904	JC Healy	Longford	NT	*y*	GAA	
1905	Denis Murray	Kilmainham	24.0	*y*	IAAA	
1905	John Joseph Curry	Knockrea, Cork	23.8	*y*	GAA	
1906	Denis Murray	Kilmainham	23.4	*y*	IAAA	
1906	James Patrick Roche	Knockrea, Cork	23.2	*y*	GAA	
1907	James Patrick Roche	Knockrea, Cork	24.0	*y*	IAAA	
1907	James “Jim” O’Connor	Limerick	23.8	*y*	GAA	
1908	William Murray	Dublin	24.0	*y*	IAAA	
1908	TJ Kelly	Broadford, Co. Limerick	23.0	*y*	GAA	
1909	William Murray	Dublin	24.2	*y*	IAAA	
1909	TJ Kelly	Broadford, Co. Limerick	23.0	*y*	GAA	
1910	William Murray	Dublin	23.8	*y*	IAAA	
1910	JA "Jerry" Beckett	Cork	24.0	*y*	GAA	
1911	William Murray	Dublin	23.8	*y*	IAAA	
1911	Patrick J Finn *	Kilfinane, Co. Limerick	22.8	*y*	GAA	*Ran under the alias of PJ Quinn
1912	Frederick Roland Studdert Shaw	Dublin University	23.8	*y*	IAAA	
1912	James "Jim" Keays	Pallasgreen, Co. Limerick	23.4	*y*	GAA	
1913	Frederick Roland Studdert Shaw	Dublin University	24.6	*y*	IAAA	

1913	Thomas B O'C Dunbar	Clohamon, Co Wexford	23.8	*y*	GAA	
1914	Frederick Roland Studdert Shaw	Dublin University	24.4	*y*	IAAA	
1914	AJ Heaney	Claremorris	23.0	*y*	GAA	
1915	Patrick J Finn *	Kilfinane, Co. Limerick	24.0	*y*	GAA	†Ran under the alias of JP McCarthy
1916	Daniel J O'Leary	Cork	22.8	*y*	GAA	
1917	Daniel J O'Leary	Cork	24.0	*y*	GAA	
1918	James "Jim" Keays	Pallasgreen, Co. Limerick	24.2	*y*	GAA	
1919	MJ Stafford	Dublin	24.0	*y*	IAAA	
1919	Harry H Conway	Meath	NT	*y*	GAA	
1920	MJ Stafford	Bohemian FC	24.2	*y*	IAAA	
1920	Daniel J O'Leary	Cork	24.8	*y*	GAA	
1921	Denis John Cussen	Dublin University	24.2	*y*	IAAA	
1921	JJ Bryne	Dublin	25.4	*y*	GAA	
1922	Robert Rowan Woods	Dublin University	23.0	*y*	IAAA	
1922	Francis J O'Dea	University College Dublin	24.0	*200m*	GAA	
1923	Robert Rowan Woods	Dublin University	23.4	*y*	NACAI	
1924	William J Lowe	Manchester	23.8	*y*	NACAI	
1925	Sean Lavan	University College Dublin	23.0	*y*	NACAI	
1926	Sean Lavan	University College Dublin	23.4	*y*	NACAI	
1927	Sean Lavan	University College Dublin	22.8	*y*	NACAI	
1928	Sean Lavan	University College Dublin	22.6	*y*	NACAI	
1929	Patrick C Moore	University College Dublin	22.8	*y*	NACAI	
1930	Patrick JB "Joe" Eustace	Croke	22.2	*y*	NACAI	
1931	Patrick C Moore	University College Dublin	23.4	*y*	NACAI	
1932	Patrick JB "Joe" Eustace	Croke	23.2	*y*	NACAI	
1933	M McAlinden		23.2	*y*	NACAI	
1934	Michael J O'Sullivan	University College Dublin	23.2	*y*	NACAI	
1935	Fred G Moran	City & Suburban Harriers	22.6	*y*	NACAI	
1936	Fred G Moran	City & Suburban Harriers	22.6	*y*	NACAI	
1937	Fred G Moran	City & Suburban Harriers	22.6	*y*	AAUE	
1937	JR Phelan	Shamrock AC, Kilkenny	23.7	*y*	NACAI	
1938	Fred G Moran	City & Suburban Harriers	23.0	*y*	AAUE	
1938	Charles Holohan	University College Dublin	23.7	*y*	NACAI	
1939	George William Craigie	Dublin University	22.9	*y*	AAUE	
1939	Eamonn Fitzmaurice	University College Dublin	23.2	*y*	NACAI	
1940	Stanley de Lacy	Clonliffe Harriers	23.0	*y*	AAUE	
1940	Eamonn Fitzmaurice	University College Dublin	23.0	*y*	NACAI	
1941	Jim C Conway	Civil Service	23.2	*y*	AAUE	
1941	Eamonn Fitzmaurice	University College Dublin	23.5	*y*	NACAI	
1942	Jim C Conway	Civil Service	23.6	*y*	AAUE	
1942	JR "Ronnie" Thornton	University College Dublin	24.0	*y*	NACAI	
1942	Jim C Conway	Civil Service	23.2	*y*	IAAB	
1943	Jim C Conway	Civil Service	23.8	*y*	AAUE	
1943	Donal Flanagan	University College Dublin	23.4	*y*	NACAI	
1943	JA Lyttle	Willowfield Harriers	24.6	*y*	IAAB	
1944	Jim C Conway	Civil Service	24.4	*y*	AAUE	
1944	Donal Flanagan	University College Dublin	23.0	*y*	NACAI	
1944	WD Marshall	Dublin University	23.4	*y*	IAAB	
1945	Robert Colclough Jephson	Dublin University	23.4	*y*	AAUE	
1945	TA Daly	University College Dublin	23.8	*y*	NACAI	
1945	Robert Colclough Jephson	Dublin University	23.6	*y*	IAAB	
1946	James Patrick "Jimmy" Reardon	Donore Harriers	23.2	*y*	AAUE	
1946	Kevin Connolly	Dundalk	23.4	*y*	NACAI	
1946	James Patrick "Jimmy" Reardon	Donore Harriers	NT	*y*	IAAB	
1947	John Arthur "Jack" Gregory	Crusaders	22.9	*y*	AAUE	
1947	John Kelly	Farranferris, Cork	22.9	*y*	NACAI	
1947	John Arthur "Jack" Gregory	Crusaders	23.6	*y*	IAAB	
1948	John Arthur "Jack" Gregory	Crusaders	22.3	*y*	AAUE	
1948	John J O'Donnell	Celtic, Dublin	22.2	*y*	NACAI	
1948	John Arthur "Jack" Gregory	Crusaders	22.6	*y*	IAAB	
1949	John Arthur "Jack" Gregory	Crusaders	22.9	*y*	AAUE	
1949	Frank Byrne	St James's Gate	23.2	*y*	NACAI	
1949	Denis Maloney	Royal Ulster Constabulary	23.0	*y*	IAAB	
1950	Louis Crowe	Clonliffe Harriers	22.6	*y*	AAUE	
1950	Harry McCauley	Corrigan, Belfast	23.4	*y*	NACAI	
1950	Louis Crowe	Clonliffe Harriers	22.6	*y*	IAAB	
1951	ER "Ronnie" Plant	Crusaders	23.5	*y*	AAUE	
1951	Harry McCauley	Corrigan, Belfast	22.8	*y*	NACAI	
1951	R Kelly	Collegians	22.8	*y*	IAAB	
1952	Paul P Dolan	Clonliffe Harriers	22.6	*y*	AAUE	
1952	Jack O'Neill	University College Dublin	22.2	*y*	NACAI	
1952	JA "Lexie" Tynan	Civil Service	23.0	*y*	IAAB	
1953	JW "Bill" Dickson	Crusaders	22.6	*y*	AAUE	

1953	Jack O'Neill	University College Dublin	22.6	*y*	NACAI
1953	JA "Lexie" Tynan	Civil Service	23.4	*y*	IAAB
1954	JA "Lexie" Tynan	Civil Service	22.8	*y*	AAUE
1954	Michael "Mick" Manning	Croom, Co. Limerick	23.4	*y*	NACAI
1954	Ronnie Chambers	Albert Foundry, Belfast	23.1	*y*	IAAB
1955	Gary Dempsey	Clonliffe Harriers	22.8	*y*	AAUE
1955	Owen Dalton	University College Dublin	22.9	*y*	NACAI
1955	Paddy Toner	Albert Foundry, Belfast	23.8	*y*	IAAB
1956	Gary Dempsey	Clonliffe Harriers	22.5	*y*	AAUE
1956	Albert Harding	Celtic, Dublin	23.4	*y*	NACAI
1956	JA "Lexie" Tynan	Civil Service	22.1	*y*	IAAB
1957	Gary Dempsey	Clonliffe Harriers	23.1	*y*	AAUE
1957	Owen Dalton	University College Dublin	23.6	*y*	NACAI
1957	Ronnie Chambers	Albert Foundry, Belfast	22.6	*y*	IAAB
1958	Niall Brophy	Crusaders	22.9	*y*	AAUE
1958	Albert Harding	Celtic, Dublin	23.0	*y*	NACAI
1958	Ronnie Chambers	Short & Harland, Belfast	22.3	*y*	IAAB
1959	M Cusack	Coventry Godiva Harriers	22.5	*y*	AAUE
1959	Gerald "Gerry" McShane	Dowdallshill, Dundalk	22.8	*y*	NACAI
1959	Patrick L "Paddy" Lowry	Civil Service	22.1	*y*	IAAB
1960	**Patrick L "Paddy" Lowry**	**Civil Service**	**22.1**	***y***	**AAUE**
1960	Andy Kilfeather	Sligo Eire Og	23.0	*y*	NACAI
1960	Patrick L "Paddy" Lowry	Civil Service	22.1	*y*	IAAB
1961	Robert Vernon "Bob" Francis	Dublin University	22.7	*y*	AAUE
1961	Gerald "Gerry" McShane	Dowdallshill, Dundalk	22.4	*y*	NACAI
1961	Patrick L "Paddy" Lowry	Civil Service	22.4	*y*	IAAB
1962	JA "Lexie" Tynan	Civil Service	22.6	*y*	AAUE
1962	Gerald "Gerry" McShane	Dowdallshill, Dundalk	23.5	*y*	NACAI
1962	David Bennett	Sullivan Upper School	22.5	*y*	IAAB
1963	Victor Manning (Wiesław Maniak)	Crusaders	22.4	*y*	AAUE
1963	Jimmy Jordan	Waterford	22.4	*y*	NACAI
1963	David Bennett	Short & Harland, Belfast	21.5	*y*	IAAB
1964	William J "Billy" Kinlan	Crusaders	22.2	*y*	AAUE
1964	MG "Gerry" Carroll	Dún Dealgan	22.4	*y*	NACAI
1964	David Bennett	Short & Harland, Belfast	22.1	*y*	IAAB
1965	Jimmy Jordan	Clonliffe Harriers	23.0	*y*	AAUE
1965	MG "Gerry" Carroll	Dún Dealgan	22.4	*y*	NACAI
1966	Dermot Coburn	Avondale	23.7	*y*	AAUE
1966	J Cashel Riordan	St Finbarr's Cork	21.8	*y*	NACAI
1966	I Rees	Dublin University	22.6	*y*	IAAB
1967	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	22.6	*y*	BLE
1968	Brendan O'Regan	Limerick	21.8		BLE
1969	Brendan O'Regan	Limerick	22.1		BLE
1970	Brendan O'Regan	University College Cork	21.4		BLE
1971	Joe Kirwan	Stretford, Manchester	22.0		BLE
1972	Fanahan McSweeney	Grange Fermoy	21.5		BLE
1973	Frank Walley	Leevale	22.1		BLE
1974	Fanahan McSweeney	Grange Fermoy	22.5		BLE
1975	Tim Crowe	Limerick	21.8		BLE
1976	Joe Ryan	Dublin City Harriers	22.4		BLE
1977	Joe Ryan	Dublin City Harriers	21.65		BLE
1978	Joe Ryan	Dublin City Harriers	22.17		BLE
1979	Alan Fawcett	Annadale Striders	21.70		BLE
1980	Joe Ryan	Dublin City Harriers	21.77		BLE
1981	Michael Kiernan	Leevale	21.48		BLE
1982	Gerry Delaney	Dublin City Harriers	22.10		BLE
1983	Derek O'Connor	Dundrum South Dublin	21.25		BLE
1984	Derek O'Connor	Dundrum South Dublin	21.06		BLE
1985	Derek O'Connor	Dundrum South Dublin	20.95		BLE
1986	Philip Snoddy	Annadale Striders	21.42		BLE
1987	Philip Snoddy	Annadale Striders	21.29		BLE
1988	Philip Snoddy	Annadale Striders	20.50	w	BLE
1989	Gerry Delaney	Dublin City Harriers	22.37		BLE
1990	Barry Martin	Redemeer	21.41		BLE
1991	Barry Martin	Redemeer	21.69		BLE
1992	Mark Allen	Annadale Striders	21.78		BLE
1993	Kieran Finn	Bedford	21.42	+4.0	BLE
1994	Tom McGuirk	Dublin City Harriers	21.58		BLE
1995	Mark Allen	Annadale Striders	21.35		BLE
1996	Gary Ryan	Nenagh Olympic	21.10		BLE
1997	Gary Ryan	Nenagh Olympic	21.02		BLE
1998	Gary Ryan	Nenagh Olympic	20.88		BLE
1999	Gary Ryan	Nenagh Olympic	21.21	+1.1	BLE

2000	Paul Brizzel	Ballymena & Antrim	20.73	+1.4	AAI
2001	Mark Howard	Fingallians	21.56	-4.0	AAI
2002	Paul Brizzel	Ballymena & Antrim	20.59	+2.1	AAI
2003	Paul Brizzel	Ballymena & Antrim	21.01	+0.2	AAI
2004	Paul Hession	Athenry	21.43	-5.1	AAI
2005	Paul Brizzel	Ballymena & Antrim	21.08	-1.4	AAI
2006	Paul Brizzel	Ballymena & Antrim	21.33	-1.0	AAI
2007	**Paul Hession**	**Athenry**	**20.30**	**+0.1**	**AAI**
2008	Darragh Graham	Slí Cualann	21.38	+3.4	AAI
2009	David Gillick	Dundrum South Dublin	21.43	-3.6	AAI
2010	Paul Hession	Athenry	20.77	-0.9	AAI
2011	Paul Hession	Athenry	20.51	+0.6	AAI
2012	Steven Colbert	Crusaders	20.78	+2.8	AAI
2013	Steven Colbert	Crusaders	21.13	-0.5	AAI
2014	David Hynes (tied)	Menapians	21.42	-0.2	AAI
2014	Eanna Madden (tied)	Carrick-on-Shannon	21.42	-0.2	AAI
2015	Marcus Lawler	St Laurence O'Tooles	21.17	-3.0	AAI
2016	Eanna Madden	Carrick-on-Shannon	21.37	+0.8	AAI
2017	Eanna Madden	Carrick-on-Shannon	21.07	+0.3	AAI
2018	Leon Reid	Menapians	20.74	-1.1	AAI
2019	Leon Reid	Menapians	20.62	1.8	AAI

300 Yards 274.32 m

Most titles
Iognáid G "Iggy" Ó Muircheartaigh - 4 **1964, 66, 67, 68**

Championship Record
Fanahan McSweeney **31.05 1970**

1944	Des Flanagan	Phoenix Harriers	33.6	NACAI
1945	John Kelly	Farranferris, Cork	33.2	NACAI
1946	J Farrelly	Civil Service	33.0	NACAI
1947	Kevin Connolly	Dundalk	32.9	NACAI
1948	Kevin Connolly	Dundalk	NT	NACAI
1949	P Hynes	Ballinasloe	32.4	NACAI
1950	John O'Donovan	University College Cork	33.6	NACAI
1951	JJ Kelly	Phoenix Harriers	32.2	NACAI
1952	Jack O'Neill	University College Dublin	32.9	NACAI
1953	Eamonn Kinsella	St James's Gate	32.8	NACAI
1954	Michael "Mick" Manning	Croom	NT	NACAI
1955	Albert Harding	Celtic, Dublin	32.4	NACAI
1956	Albert Harding	Celtic, Dublin	32.4	NACAI
1957	Albert Harding	Celtic, Dublin	32.0	NACAI
1959	Gerald "Gerry" McShane	Dowdallshill, Dundalk	34.6	NACAI
1960	Gerald "Gerry" McShane	Dowdallshill, Dundalk	NT	NACAI
1961	J Cashel Riordan	University College Cork	31.8	NACAI
1962	J Cashel Riordan	University College Cork	31.2	NACAI
1963	Martin J Lynch	St Finbarr's Cork	31.5	NACAI
1964	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	31.6	NACAI
1965	Aidan O'Brien	Dungannon	NT	NACAI
1966	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	33.2	NACAI
1967	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	31.09	BLE
1968	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	31.30	BLE
1969	Fanahan McSweeney	Grange Fermoy	NT	BLE
1970	**Fanahan McSweeney**	**Grange Fermoy**	**31.05**	**BLE**
1971	Bernard Walley	Leevale	NT	BLE
1972	Brendan O'Regan	Limerick	NT	BLE

440 Yards 402.34 m / 400 m

Most titles

440y	**Sean Lavan - 6**	**1923, 24, 25, 26, 27, 28**
	James McKenzie - 5	**1901, 03, 2 × 1904, 05**
400	**Fanahan McSweeney - 5**	**1969, 70, 72, 77, 79**
	Brian Gregan - 5	**2009, 14, 15, 16, 17**

Championship Record

440y	**Noel Carroll**	**48.0**	**1967**
400	**Paul McKee**	**45.58**	**2002**

1873	Reginald Charles Miller	Dublin University	51.6	*y*	Irish Champions AC
1874	James Heron	Lurgan	53.25	*y*	Irish Champions AC
1875	James Heron	Lurgan	53.4	*y*	Irish Champions AC
1876	Abraham Prim Cronyn	Dublin University	55.2	*y*	Irish Champions AC
1877	William M'Cord	Queen's College Belfast	52.8	*y*	Irish Champions AC
1878	John T Belcher	Queen's College Cork	52.75	*y*	Irish Champions AC
1879	Thomas M Malone	TAAC	51.2	*y*	Irish Champions AC
1880	Thomas A Lynch	Irish Champions AC	52.4	*y*	Irish Champions AC
1881	George D Christian	City & Suburban Harriers	52.0	*y*	Irish Champions AC
1882	Thomas A Guinness	London & United Hospital	54.0	*y*	AAAI
1883	George D Christian	City & Suburban Harriers	52.4	*y*	AAAI
1884	John E Hussey	Tralee	53.2	*y*	AAAI
1885	George D Christian	City & Suburban Harriers	52.4	*y*	IAAA
1885	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	60.0	*y*	GAA
1886	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	53.4	*y*	IAAA
1886	Ernest D Robinson	Nottinghamshire	54.6	*y*	GAA
1887	MA Sweeney	Metropolitan Harriers	52.6	*y*	IAAA
1887	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	57.0	*y*	GAA
1888	Alfred Vigne	Dublin University	53.4	*y*	IAAA
1888	Timothy Jerome O'Mahony	Rosscarbery, Co. Cork	53.6	*y*	GAA
1889	Richard Dingwell Freeman	Dublin University	54.0	*y*	IAAA
1889	George Knox-Dillon	Bantry	51.6	*y*	GAA
1890	Thomas M Donovan	Queen's College Cork	53.4	*y*	IAAA
1890	Herbert George "Bertie" Wells	Dublin	54.0	*y*	GAA
1891	Charles H Dickinson	Dublin University	53.6	*y*	IAAA
1891	Patrick J "Patsy" O'Sullivan	Banteer	54.0	*y*	GAA
1892	Charles H Dickinson	Dublin University	51.5	*y*	IAAA
1892	Dan F Horgan	Cork	54.0	*y*	GAA
1893	Joseph Thomas McGee	Haddington Harriers	54.4	*y*	IAAA
1893	Johnson Egan	Monasterevin	53.8	*y*	GAA
1894	Joseph Thomas McGee	Haddington Harriers	51.8	*y*	IAAA
1894	Denis Carey	Dublin Metropolitan Garda	55.0	*y*	GAA
1895	James Creed "Jemmy" Meredith	Dublin University	51.6	*y*	IAAA
1895	J Archer	Elysian Harriers	56.2	*y*	GAA
1896	James Creed "Jemmy" Meredith	Dublin University	51.0	*y*	IAAA
1896	Patrick J Kerley	Aesculapian AC	57.2	*y*	GAA
1897	James Creed "Jemmy" Meredith	Dublin University	51.4	*y*	IAAA
1897	JJ O'Flynn	Haddington Harriers	51.4	*y*	GAA
1898	James Creed "Jemmy" Meredith	Dublin University	52.6	*y*	IAAA
1898	Thomas Garde	Castlemartyr, Co. Cork	53.6	*y*	GAA
1899	Charles Cecil Harman	Dublin University	52.2	*y*	IAAA
1899	Thomas Garde	Castlemartyr, Co. Cork	51.6	*y*	GAA
1900	Beauchamp Rochfort Day	Kingstown	52.4	*y*	IAAA
1901	James J McKenzie	City & Suburban Harriers	52.8	*y*	IAAA
1901	JM Connolly	Knockrea, Cork	57.0	*y*	GAA
1902	Charles Reginald Fausset	Dublin University	53.8	*y*	IAAA
1902	JM Connolly	Knockrea, Cork	54.0	*y*	GAA
1903	James J McKenzie	City & Suburban Harriers	51.8	*y*	IAAA
1903	WHB Parker	Kilkenny	54.8	*y*	GAA
1904	James J McKenzie	City & Suburban Harriers	52.6	*y*	IAAA
1904	James McKenzie	Haddington Harriers	NT	*y*	GAA
1905	James J McKenzie	City & Suburban Harriers	53.4	*y*	IAAA
1905	John F McEniry	Limerick	53.4	*y*	GAA
1906	Harry Thrift	Dublin University	54.4	*y*	IAAA
1906	A Hynes	Cork	52.8	*y*	GAA

1907	Ivo Fairbairn-Crawford	Armstrong-Whitworth	54.2	*y*	IAAA
1907	TJ McNamara	Clare	52.8	*y*	GAA
1908	George Newcomen Morphy	Dublin University	53.2	*y*	IAAA
1908	TJ Kelly	Broadford, Co. Limerick	52.0	*y*	GAA
1909	George Newcomen Morphy	Dublin University	56.4	*y*	IAAA
1909	TJ Kelly	Broadford, Co. Limerick	50.8	*y*	GAA
1910	George Newcomen Morphy	Dublin University	54.6	*y*	IAAA
1910	Daniel F Harkins	Athy	52.0	*y*	GAA
1911	J Donning	Linfield	53.4	*y*	IAAA
1911	Daniel F Harkins	Athy	55.0	*y*	GAA
1912	J Gray	Surrey	51.8	*y*	IAAA
1912	DA McCarthy	Skibbereen, Co. Cork	52.4	*y*	GAA
1913	James M Hill	Clonliffe Harriers	57.2	*y*	IAAA
1913	DA McCarthy	Skibbereen, Co. Cork	53.2	*y*	GAA
1914	MCC Harrison	London	57.2	*y*	IAAA
1914	Andy J Heaney	Claremorris	53.0	*y*	GAA
1915	FJ McCarthy	Cork	52.2	*y*	GAA
1916	P Lehane	Donoughmore, Co. Cork	51.5	*y*	GAA
1917	Patrick T O'Herlihy	Ovens, Co. Cork	NT	*y*	GAA
1918	CM Ryan	Hollyford, Co. Tipperary	55.8	*y*	GAA
1919	MJ Stafford	Dublin	54.4	*y*	IAAA
1919	Patrick T O'Herlihy	Ovens, Co. Cork	51.0	*y*	GAA
1920	Hedges Eyre Worthington-Eyre	Dublin University	54.6	*y*	IAAA
1920	MJ Kennedy	Clonee, Co. Meath	54.4	*y*	GAA
1921	Norman J McEachern	Clonliffe Harriers	54.4	*y*	IAAA
1921	D Healy	Cork	55.6	*y*	GAA
1922	Robert Humphreys McKeag	Dublin University	53.8	*y*	IAAA
1922	MJ Kennedy	Leixlip	54.4	400m	GAA
1923	Sean Lavan	University College Dublin	52.8	*y*	NACAI
1924	Sean Lavan	University College Dublin	52.2	*y*	NACAI
1925	Sean Lavan	University College Dublin	51.8	*y*	NACAI
1926	Sean Lavan	University College Dublin	52.4	*y*	NACAI
1927	Sean Lavan	University College Dublin	51.6	*y*	NACAI
1928	Sean Lavan	University College Dublin	51.4	*y*	NACAI
1929	Patrick C Moore	University College Dublin	50.8	*y*	NACAI
1930	Patrick C Moore	University College Dublin	49.4	*y*	NACAI
1931	Patrick C Moore	University College Dublin	51.4	*y*	NACAI
1932	D Ryan	Croke	52.0	*y*	NACAI
1933	George Alexander Levis	Dublin University	52.6	*y*	NACAI
1934	D Ryan	Croke	51.4	*y*	NACAI
1935	JSM King	Civil Service	51.2	*y*	NACAI
1936	Jimmy O'Collins	Drogheda	52.7	*y*	NACAI
1937	JR Matchett	RUC	52.4	*y*	AAUE
1937	Frank J O'Connor	Kenmare	52.8	*y*	NACAI
1938	AG Baldwin	East Lancashire Regiment	51.6	*y*	AAUE
1938	William J McKee	Corrigan, Belfast	54.0	*y*	NACAI
1939	Harold Kirk	Queen's University Belfast	51.8	*y*	AAUE
1939	William A "Willie" Beckett	Cork	53.0	*y*	NACAI
1940	Desmond Terence Young	Dublin University	52.0	*y*	AAUE
1940	NJ Robinson	South Dublin Harriers	51.6	*y*	NACAI
1941	Charles HP Denroche	Dublin University	52.2	*y*	AAUE
1941	William J McKee	Corrigan, Belfast	51.6	*y*	NACAI
1942	R Murphy	Civil Service	55.2	*y*	AAUE
1942	William J McKee	Corrigan, Belfast	52.4	*y*	NACAI
1942	J Darragh	Queens University Belfast	51.7	*y*	IAAB
1943	Arthur KD Rutherford	Dublin University	51.3	*y*	AAUE
1943	Brendan J Flanagan	University College Dublin	57.2	*y*	NACAI
1943	CH Murphy	Civil Service	58.0	*y*	IAAB
1944	Frederick Mills Marshall	Dublin University	52.0	*y*	AAUE
1944	Donal Flanagan	St James's Gate	51.8	*y*	NACAI
1944	Frederick Mills Marshall	Dublin University	NT	*y*	IAAB
1945	George Arnold Ruskell	Dublin University	53.2	*y*	AAUE
1945	Thomas A "Tommy" Daly	University College Dublin	52.4	*y*	NACAI
1945	Hastings Elliott Jephson	Dublin University	52.6	*y*	IAAB
1946	Hastings Elliott Jephson	Dublin University	53.5	*y*	AAUE
1946	Kevin Connolly	Dundalk	52.2	*y*	NACAI
1946	JA Willis	Queens University Belfast	52.8	*y*	IAAB
1947	Jimmy Reardon	Donore Harriers	51.6	*y*	AAUE
1947	John Kelly	Farranferris, Cork	50.4	*y*	NACAI
1947	Jimmy Reardon	Donore Harriers	51.0	*y*	IAAB
1948	Cormac O'Cleirigh	Crusaders	50.3	*y*	AAUE
1948	Sean Dobbyn	Ballincollig, Co. Cork	52.2	*y*	NACAI
1948	Cormac O'Cleirigh	Crusaders	50.9	*y*	IAAB

1949	Paul P Dolan	Clonliffe Harriers	51.0	*y*	AAUE
1949	EC "Gene" Largey	Armagh City Harriers	52.2	*y*	NACAI
1949	LF Thompson	Collegians	52.5	*y*	IAAB
1950	Paul P Dolan	Clonliffe Harriers	50.0	*y*	AAUE
1950	JJ Kelly	Phoenix Harriers	51.8	*y*	NACAI
1950	Paul P Dolan	Clonliffe Harriers	50.0	*y*	IAAB
1951	Alan James Cook	Dublin University	51.5	*y*	AAUE
1951	Diarmuid MacCarvill	University College Dublin	51.4	*y*	NACAI
1951	Brian Lewis	Willowfield Temperance Harriers	51.5	*y*	IAAB
1952	Paul P Dolan	Clonliffe Harriers	49.2	*y*	AAUE
1952	Tom Cavanagh	University College Cork	52.2	*y*	NACAI
1952	Paul P Dolan	Clonliffe Harriers	48.5	*y*	IAAB
1953	JW "Bill" Dickson	Crusaders	50.8	*y*	AAUE
1953	Jack O'Neill	University College Dublin	51.5	*y*	NACAI
1953	WH Dundas	Royal Ulster Constabulary	52.5	*y*	IAAB
1954	JW "Bill" Dickson	Crusaders	51.1	*y*	AAUE
1954	Albert Harding	Celtic, Dublin	51.1	*y*	NACAI
1954	Brian Lewis	Willowfield Temperance Harriers	51.1	*y*	IAAB
1955	Ronald Michael "Ronnie" Delany	Crusaders	49.8	*y*	AAUE
1955	Thomas J O'Mahony	Custume Barracks, Athlone	51.1	*y*	NACAI
1955	P Godden	Dublin University	52.5	*y*	IAAB
1956	Ronald Michael "Ronnie" Delany	Crusaders	49.5	*y*	AAUE
1956	Pat Cooke	Ennis	52.6	*y*	NACAI
1956	Brian Lewis	Willowfield Temperance Harriers	49.4	*y*	IAAB
1957	Gary Dempsey	Clonliffe Harriers	50.8	*y*	AAUE
1957	Charles "Charlie" Vaughan	St Finbarr's Cork	51.3	*y*	NACAI
1957	Gary Dempsey	Clonliffe Harriers	49.9	*y*	IAAB
1958	Derek McCleane	Crusaders	50.3	*y*	AAUE
1958	Charles "Charlie" Vaughan	St Finbarr's Cork	50.5	*y*	NACAI
1958	P Godden	Dublin University	49.8	*y*	IAAB
1959	Robert Vernon "Bob" Francis	Dublin University	49.4	*y*	AAUE
1959	JJ "Jim" McKenna	University College Cork	50.1	*y*	NACAI
1959	Robert Vernon "Bob" Francis	Dublin University	50.4	*y*	IAAB
1960	Robert Vernon "Bob" Francis	Dublin University	49.7	*y*	AAUE
1960	Gerald "Gerry" McShane	Dowdallshill, Dundalk	51.4	*y*	NACAI
1960	Derek McCleane	Crusaders	48.9	*y*	IAAB
1961	Noel Carroll	Civil Service	49.6	*y*	AAUE
1961	J Cashel Riordan	University College Cork	49.8	*y*	NACAI
1961	Derek McCleane	Crusaders	49.8	*y*	IAAB
1962	Derek McCleane	Crusaders	49.0	*y*	AAUE
1962	J Cashel Riordan	University College Cork	50.0	*y*	NACAI
1962	Derek McCleane	Crusaders	49.1	*y*	IAAB
1963	Jimmy Linnane	Crusaders	49.4	*y*	AAUE
1963	Jimmy Jordan	Waterford	49.9	*y*	NACAI
1963	Derek McCleane	Crusaders	51.8	*y*	IAAB
1964	Jimmy Linnane	Crusaders	48.9	*y*	AAUE
1964	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	50.8	*y*	NACAI
1964	Jimmy Linnane	Crusaders	49.4	*y*	IAAB
1965	Derek McCleane	Crusaders	48.8	*y*	AAUE
1965	Brian Murphy	Fr Mathew Cork	49.9	*y*	NACAI
1966	Noel Carroll	Civil Service	48.2	*y*	AAUE
1966	J Cashel Riordan	St Finbarr's Cork	49.0	*y*	NACAI
1966	Derek McCleane	Crusaders	48.7	*y*	IAAB
1967	**Noel Carroll**	**Civil Service**	**48.0**	***y***	**BLE**
1968	Noel Carroll	Civil Service	48.4	*y*	BLE
1969	Fanahan McSweeney	Mallow	48.3		BLE
1970	Fanahan McSweeney	Grange Fermoy	48.6		BLE
1971	John Dillon	Dublin City Harriers	48.5		BLE
1972	Fanahan McSweeney	Grange Fermoy	47.8		BLE
1973	Denis O'Connell	University College Dublin	49.0		BLE
1974	Tim Crowe	Limerick	47.6		BLE
1975	Tim Crowe	Limerick	48.0		BLE
1976	Denis O'Connell	Marcab, Dublin	50.1		BLE
1977	Fanahan McSweeney	Grange Fermoy	47.90		BLE
1978	Tim Crowe	Limerick	48.89		BLE
1979	Fanahan McSweeney	Grange Fermoy	48.93		BLE
1980	Gerry Delaney	Crusaders	47.94		BLE
1981	Brian Dunne	South Dublin	48.25		BLE
1982	Ken Thompson	Annadale Striders	48.17		BLE
1983	Gerry Delaney	Dublin City Harriers	47.80		BLE
1984	Gerry Delaney	Dublin City Harriers	46.92		BLE
1985	Kieran Finn	Burgerland, Limerick	47.40		BLE
1986	Gerry Delaney	Dublin City Harriers	47.45		BLE

1987	Kieran Finn	Raheny Shamrock	47.22	BLE
1988	Gerry Delaney	Dublin City Harriers	46.85	BLE
1989	Brendan Murphy	Cashel	47.88	BLE
1990	Brendan Murphy	Cashel	47.63	BLE
1991	Peter Sinclair	Banbridge	47.34	BLE
1992	Stephen Newman	Dublin City Harriers	48.04	BLE
1993	Sean McAteer	Harold's Cross	48.07	BLE
1994	Sean McAteer	Harold's Cross	47.17	BLE
1995	Stephen Newman	Dublin City Harriers	47.93	BLE
1996	Eugene Farrell	Dublin City Harriers	47.56	BLE
1997	Brian Forbes	Mid Ulster	47.06	BLE
1998	Brian Forbes	Mid Ulster	47.72	BLE
1999	Paul McBurney	Lisburn	47.09	BLE
2000	Tomás Coman	Moycarkey Coolcroo	46.56	AAI
2001	Tomás Coman	Moycarkey Coolcroo	45.99	AAI
2002	**Paul McKee**	**Beechmount Harriers**	**45.58**	**AAI**
2003	Paul McKee	Beechmount Harriers	46.43	AAI
2004	Tomás Coman	Moycarkey Coolcroo	45.91	AAI
2005	Tomás Coman	Moycarkey Coolcroo	46.48	AAI
2006	David Gillick	Dundrum South Dublin	45.67	AAI
2007	David Gillick	Dundrum South Dublin	46.34	AAI
2008	Gordon Kennedy	Tullamore Harriers	46.91	AAI
2009	Brian Gregan	Tallaght	46.44	AAI
2010	Gordon Kennedy	Tullamore Harriers	46.57	AAI
2011	Brian Murphy	Crusaders	46.68	AAI
2012	Brian Murphy	Crusaders	46.97	AAI
2013	Brian Murphy	Crusaders	47.14	AAI
2014	Brian Gregan	Clonliffe Harriers	46.56	AAI
2015	Brian Gregan	Clonliffe Harriers	46.20	AAI
2016	Brian Gregan	Clonliffe Harriers	46.28	AAI
2017	Brian Gregan	Clonliffe Harriers	45.74	AAI
2018	Christopher O'Donnell	North Sligo	46.92	AAI
2019	Christopher O'Donnell	North Sligo	47.05	AAI

880 Yards 804.67 m / 800 m

Most titles

880y	**Derek McCleane - 8**	**1958, 59, 60, 61, 62, 64, 65, 66**
800	**Mark English - 7**	**2011, 2014-2019**

Championship Record

880y	**Noel Carroll**	**1.48.5**	**1968**
800	**James Nolan**	**1.46.68**	**1999**

1873	Alfred Campbell Courtney	Dublin University	2.03.5	*y*	Irish Champions AC	
1874	Alfred Campbell Courtney	Dublin University	2.07.5	*y*	Irish Champions AC	
1875	Alfred Campbell Courtney	Dublin University	2.07.0	*y*	Irish Champions AC	
1876	John B Ferguson	North of Ireland Cricket Club	2.06.2	*y*	Irish Champions AC	
1877	James Pinion	Windsor	2.03.2	*y*	Irish Champions AC	
1878	James Pinion	Queen's University Belfast	2.04.5	*y*	Irish Champions AC	
1879	George J Searight	Irish Champions AC	2.03.6	*y*	Irish Champions AC	
1880	Thomas A Lynch	Irish Champions AC	2.07.0	*y*	Irish Champions AC	
1881	Thomas A Guinness	London & United Hospital	2.07.0	*y*	Irish Champions AC	
1882	Thomas A Guinness	London & United Hospital	2.02.6	*y*	AAAI	
1883	William G Meade	Cork AAC	2.04.8	*y*	AAAI	
1884	John E Hussey	Tralee	2.01.8	*y*	AAAI	
1885	JG Beatty	Co Dublin Harriers	2.03.6	*y*	IAAA	
1886	Tommy Conneff	Haddington Harriers	2.02.5	*y*	IAAA	
1886	Ernest D Robinson	Nottinghamshire	2.05.2	*y*	GAA	
1887	James C Minniece	Templepatrick	2.04.4	*y*	IAAA	
1887	William "Billy" Phibbs	Bridestown, Co. Cork	NT	*y*	GAA	
1888	William Lloyd Aherin	Co Dublin Harriers	2.03.8	*y*	IAAA	
1888	William "Billy" Phibbs	Bridestown, Co. Cork	2.05.4	*y*	GAA	
1889	John A McMaster	North Down	2.04.0	*y*	IAAA	
1889	TJ Corcoran	Tara, Co. Meath	2.01.2	*y*	GAA	
1890	Enoch F McKeown	Linfield	2.06.0	*y*	IAAA	
1890	TJ Corcoran	Tara, Co. Meath	2.10.6	*y*	GAA	
1891	Tady McMahon	Limerick	2.00.8	*y*	IAAA	
1891	Michael "Mike" Ryan	Cashel	2.08.6	*y*	GAA	
1892	Robert Henry Moore	Dublin University	2.03.8	*y*	IAAA	
1892	Michael "Mike" Ryan	Cashel	2.05.4	*y*	GAA	
1893	John J Mullen	Armagh Harriers	2.04.6	*y*	IAAA	
1893	Arthur Atkinson Seeds *	Dublin University	2.00.0	*y*	GAA	*Ran under the alias AA Dallas
1894	John J Mullen	Armagh Harriers	2.02.0	*y*	IAAA	
1894	JJ Butler	Callan/Elysian Harriers	2.06.4	*y*	GAA	
1895	John J Mullen	Armagh Harriers	2.03.5	*y*	IAAA	
1895	John J Mullen	Elysian Harriers	2.04.0	*y*	GAA	
1896	PJ Byrne	Waterford	2.02.4	*y*	IAAA	
1896	Tady McMahon	Limerick	2.02.0	*y*	GAA	
1897	Cyril Henry Dickenson	Dublin University	2.04.6	*y*	IAAA	
1897	David "Dave" Christopher	Waterford	2.04.0	*y*	GAA	
1898	Cyril Henry Dickenson	Dublin University	2.03.8	*y*	IAAA	
1898	C Quinlan	Cork	2.11.0	*y*	GAA	
1899	James E Finnegan	Haddington Harriers	2.05.0	*y*	IAAA	
1899	James E Finnegan	Dublin	2.05.2	*y*	GAA	
1900	James J McKenzie	City & Suburban	2.05.2	*y*	IAAA	
1900	James E Finnegan	Dublin	2.23.4	*y*	GAA	
1901	James E Finnegan	Haddington Harriers	2.05.4	*y*	IAAA	
1901	Abandoned		—	*y*	GAA	
1902	James E Finnegan	Haddington Harriers	2.09.6	*y*	IAAA	
1902	Michael Hynan	Knocklong, Co. Limerick	2.04.0	*y*	GAA	
1903	Samuel Carter Armstrong	Templederry, Co Tipperary	2.04.4	*y*	IAAA	
1903	John Culhane	Newtownshandrum, Co. Cork	2.00.2	*y*	GAA	
1904	James J McKenzie	City & Suburban	2.03.0	*y*	IAAA	
1904	John Culhane	Newtownshandrum, Co. Cork	NT	*y*	GAA	
1905	George Newcomen Morphy	Dublin University	2.01.4	*y*	IAAA	
1905	John Culhane	Newtownshandrum, Co. Cork	2.03.0	*y*	GAA	
1906	George Newcomen Morphy	Dublin University	2.05.6	*y*	IAAA	
1906	C Warren	Castletown Kinneigh, Co. Cork	2.02.0	*y*	GAA	
1907	Ivo Fairbairn-Crawford	Armstrong-Whitworth	2.03.4	*y*	IAAA	

1907	Michael J Maye	Fermoy	2.05.8	*y*	GAA
1908	George Newcomen Morphy	Dublin University	2.00.4	*y*	IAAA
1908	Michael J Maye	Fermoy	2.01.0	*y*	GAA
1909	Ivo Fairbairn-Crawford	Armstrong-Whitworth	2.10.0	*y*	IAAA
1909	P Wright	Phillipstown (Daingean), Co. Offaly	2.00.0	*y*	GAA
1910	MC Harrison	Blackheath	2.04.0	*y*	IAAA
1910	Michael J Maye	Fermoy	2.04.0	*y*	GAA
1911	James M Hill	Queen's Park Harriers	2.00.6	*y*	IAAA
1911	Robert "Bob" Hales	Bandon	2.00.5	*y*	GAA
1912	James M Hill	Queen's Park Harriers	2.02.0	*y*	IAAA
1912	DA McCarthy	Skibbereen, Co. Cork	2.02.2	*y*	GAA
1913	James M Hill	Queen's Park Harriers	2.08.6	*y*	IAAA
1913	DA McCarthy	Skibbereen, Co. Cork	2.02.4	*y*	GAA
1914	J Gamble	Ballymoney, Co. Antrim	2.02.8	*y*	IAAA
1914	P Lehane	Donoughmore, Co. Cork	2.06.0	*y*	GAA
1915	JJ Ryan	Loughrea, Co. Galway	2.00.2	*y*	GAA
1916	Patrick T O'Herlihy	Ovens, Co. Cork	2.02.0	*y*	GAA
1917	Patrick T O'Herlihy	Ovens, Co. Cork	2.01.0	*y*	GAA
1918	George Magan	Celbridge	2.02.4	*y*	GAA
1919	J Monahan	Dublin	2.10.8	*y*	IAAA
1919	George Magan	Celbridge	2.04.0	*y*	GAA
1920	Charles Benjamin Mein	Dublin University	2.06.8	*y*	IAAA
1920	MJ Kennedy	Clonee, Co. Meath	2.06.4	*y*	GAA
1921	Norman J McEachern	Clonliffe Harriers	2.02.8	*y*	IAAA
1921	George Magan	Celbridge	2.05.0	*y*	GAA
1922	Robert Humphreys McKeag	Dublin University	2.05.0	*y*	IAAA
1922	George Magan	Celbridge	2.01.4	*800m*	GAA
1923	JP Clarke	Co. Antrim Harriers	1.59.8	*y*	NACAI
1924	Norman J McEachern	Clonliffe Harriers	2.00.6	*y*	NACAI
1925	Lt Gerry N Coughlan	Army AA	2.01.4	*y*	NACAI
1926	Norman J McEachern	Clonliffe Harriers	1.58.4	*y*	NACAI
1927	Norman J McEachern	Clonliffe Harriers	1.57.6	*y*	NACAI
1928	Norman J McEachern	Clonliffe Harriers	1.59.8	*y*	NACAI
1929	E Hale	Croke	2.00.8	*y*	NACAI
1930	John Joe O'Sullivan	University College Cork	2.00.4	*y*	NACAI
1931	S McCall	Civil Service	2.00.2	*y*	NACAI
1932	D Ryan	Croke	2.01.0	*y*	NACAI
1933	TP O'Brien	University College Cork	2.01.4	*y*	NACAI
1934	JJ O'Sullivan	University College Cork	1.59.0	*y*	NACAI
1935	D Ryan	Croke	1.59.4	*y*	NACAI
1936	D Ryan	Croke	2.02.6	*y*	NACAI
1937	James J Kierans	Salford Harriers	2.00.8	*y*	AAUE
1937	William A "Willie" Beckett	Cork	2.00.4	*y*	NACAI
1938	AG Baldwin	East Lancashire Regiment	2.00.4	*y*	AAUE
1938	William J McKee	Corrigan, Belfast	2.04.0	*y*	NACAI
1939	Alexander Haire	Royal Ulster Constabulary	2.03.0	*y*	AAUE
1939	William A "Willie" Beckett	Cork	2.02.8	*y*	NACAI
1940	David Hogg McNeill	Dublin University	2.03.5	*y*	AAUE
1940	PJ Flanagan	Kells	1.57.6	*y*	NACAI
1941	David Hogg McNeill	Dublin University	2.02.2	*y*	AAUE
1941	PJ Flanagan	St Colmcille	1.59.0	*y*	NACAI
1942	John William Townsend Tuckey	Dublin University	2.04.1	*y*	AAUE
1942	William J McKee	Corrigan, Belfast	2.04.0	*y*	NACAI
1942	William Earle Reginald Hackett	Dublin University	1.59.0	*y*	IAAB
1943	William Earle Reginald Hackett	Dublin University	2.01.0	*y*	AAUE
1943	Dermot J McDermott	Phoenix Harriers	2.03.4	*y*	NACAI
1943	William Earle Reginald Hackett	Dublin University	2.03.0	*y*	IAAB
1944	Thomas Edward Tyrell	Dublin University	2.06.4	*y*	AAUE
1944	Dermot J McDermott	Phoenix Harriers	1.59.4	*y*	NACAI
1944	DG Watton	Royal Ulster Constabulary	2.07.0	*y*	IAAB
1945	Liam L Browne	Civil Service	2.03.8	*y*	AAUE
1945	PJ Flanagan	St Martin's, Kells	2.06.6	*y*	NACAI
1945	JMT Fyfe	Royal Ulster Constabulary	2.06.0	*y*	IAAB
1946	Patrick Hickey	Crusaders	2.03.8	*y*	AAUE
1946	John Joe Barry	Civil Service	2.01.0	*y*	NACAI
1946	P Nelson	Queens University Belfast	2.06.0	*y*	IAAB
1947	John Joe Barry	Clonliffe Harriers	2.06.4	*y*	AAUE
1947	JJ "Seamus" Kelly	Phoenix Harriers	1.59.0	*y*	NACAI
1947	TH Denison	9th Old Boys	2.01.4	*y*	IAAB
1948	John Joe Barry	Clonliffe Harriers	1.59.7	*y*	AAUE
1948	Dermot J McDermott	Phoenix Harriers	2.01.8	*y*	NACAI
1948	AP Lamont	North Belfast Harriers	2.02.6	*y*	IAAB
1949	John Joe Barry	Clonliffe Harriers	2.06.4	*y*	AAUE

1949	JJ "Seamus" Kelly	Phoenix Harriers	2.02.6	*y*	NACAI
1949	AP Lamont	North Belfast Harriers	1.59.8	*y*	IAAB
1950	M Brady	Civil Service	2.00.2	*y*	AAUE
1950	JJ "Seamus" Kelly	Phoenix Harriers	1.59.1	*y*	NACAI
1950	CJ Kelly	Liverpool Pembroke	1.56.4	*y*	IAAB
1951	John Kevin Murphy	Dublin University	2.00.8	*y*	AAUE
1951	Sean Dobbyn	Ballincollig, Co. Cork	2.00.0	*y*	NACAI
1951	CJ Kelly	Liverpool Pembroke	1.58.6	*y*	IAAB
1952	Dermot O'Loughlin	Donore Harriers	2.01.4	*y*	AAUE
1952	Sean Dobbyn	Ballincollig, Co. Cork	2.00.3	*y*	NACAI
1952	Dermot O'Loughlin	Donore Harriers	1.58.2	*y*	IAAB
1953	Richard John Mackay	Dublin University	1.58.6	*y*	AAUE
1953	JJ "Seamus" Kelly	Phoenix Harriers	2.02.2	*y*	NACAI
1953	Dermot O'Loughlin	Donore Harriers	1.59.6	*y*	IAAB
1954	Ronald Michael "Ronnie" Delany	Crusaders	1.54.7	*y*	AAUE
1954	JJ "Seamus" Kelly	Phoenix Harriers	1.59.8	*y*	NACAI
1954	Ronald Michael "Ronnie" Delany	Crusaders	1.58.0	*y*	IAAB
1955	Richard John Mackay	Dublin University	1.59.8	*y*	AAUE
1955	Gerry F Gorman	University College Dublin	1.55.6	*y*	NACAI
1955	Ronald Michael "Ronnie" Delany	Crusaders	2.02.9	*y*	IAAB
1956	Charles McAlinden	Donore Harriers	1.57.0	*y*	AAUE
1956	Gerry F Gorman	University College Dublin	1.56.1	*y*	NACAI
1956	Ronald Michael "Ronnie" Delany	Crusaders	1.53.0	*y*	IAAB
1957	Ronald Michael "Ronnie" Delany	Crusaders	1.56.0	*y*	AAUE
1957	JK "Jack" O'Neill	University College Dublin	2.00.0	*y*	NACAI
1957	Ronald Michael "Ronnie" Delany	Crusaders	1.49.9	*y*	IAAB
1958	Derek McCleane	Crusaders	2.02.4	*y*	AAUE
1958	PJ O'Sullivan	Regional AC, Limerick	1.57.0	*y*	NACAI
1958	E Forde	St. Edward's College, Liverpool	1.56.3	*y*	IAAB
1959	Derek McCleane	Crusaders	1.58.1	*y*	AAUE
1959	Harry Thomas	Inchicore	2.00.1	*y*	NACAI
1959	Derek McCleane	Crusaders	1.56.9	*y*	IAAB
1960	Derek McCleane	Crusaders	1.56.5	*y*	AAUE
1960	PJ O'Sullivan	Regional AC, Limerick	1.59.1	*y*	NACAI
1960	Derek McCleane	Crusaders	1.53.1	*y*	IAAB
1961	Noel Carroll	Civil Service	1.56.0	*y*	AAUE
1961	PJ O'Sullivan	Regional AC, Limerick	1.58.7	*y*	NACAI
1961	Noel Carroll	Civil Service	1.52.5	*y*	IAAB
1962	Derek McCleane	Crusaders	1.49.6	*y*	AAUE
1962	T Whyte	St Augustine's Dublin	1.59.5	*y*	NACAI
1962	Derek McCleane	Crusaders	1.50.1	*y*	IAAB
1963	Basil Clifford	Donore Harriers	1.49.2	*y*	AAUE
1963	Ray Clancy	Dublin City Harriers	1.55.6	*y*	NACAI
1963	Basil Clifford	Donore Harriers	1.56.3	*y*	IAAB
1964	Derek McCleane	Crusaders	1.50.5	*y*	AAUE
1964	Ian Hamilton	Ballymore/Cobh, Co. Cork	1.54.6	*y*	NACAI
1964	Derek McCleane	Crusaders	1.50.9	*y*	IAAB
1965	Derek McCleane	Crusaders	1.51.9	*y*	AAUE
1965	Denis Buckley	St Finbarr's Cork	1.55.5	*y*	NACAI
1965	Derek McCleane	Crusaders	1.50.3	*y*	IAAB
1966	Derek McCleane	Crusaders	1.50.8	*y*	AAUE
1966	Patrick "Patsy" Durnin	Mervue AC, Galway	1.57.0	*y*	NACAI
1966	Noel Carroll	Civil Service	1.52.8	*y*	IAAB
1967	Noel Carroll	Civil Service	1.50.9	*y*	BLE
1968	**Noel Carroll**	**Civil Service**	**1.48.5**	***y***	BLE
1969	Junior Cummins	Mallow	1.50.9		BLE
1970	Frank Murphy	Clonliffe Harriers	1.48.9		BLE
1971	Noel Carroll	Civil Service	1.50.3		BLE
1972	Frank Murphy	Clonliffe Harriers	1.50.6		BLE
1973	Noel Carroll	Civil Service	1.51.1		BLE
1974	Eamonn Coghlan	Donore Harriers	1.50.2		BLE
1975	Niall O'Shaughnessy	Limerick	1.49.7		BLE
1976	Frank Murphy	Clonliffe Harriers	1.54.2		BLE
1977	Noel Carroll	Civil Service	1.52.35		BLE
1978	Peter Markey	South Dublin	1.53.9	a	BLE
1979	Eamonn Coghlan	Donore Harriers	1.50.6	a	BLE
1980	Eamonn Coghlan	Donore Harriers	1.48.5	a	BLE
1981	Eamonn Coghlan	Metropolitan / St Brigid's	1.48.58		BLE
1982	Roddy Gaynor	Sligo	1.50.80		BLE
1983	Eamonn Coghlan	Metropolitan / St Brigid's	1.48.24		BLE
1984	Ian Marron	South Dublin	1.49.10		BLE
1985	Marcus O'Sullivan	Leevale	1.48.21		BLE
1986	Marcus O'Sullivan	Leevale	1.48.32		BLE

1987	Tommy Maloney	Thurles Crokes	1.51.53	BLE
1988	Mark Kirk	Ballymena & Antrim	1.50.82	BLE
1989	Marcus O'Sullivan	Leevale	1.50.33	BLE
1990	P.J. O'Rourke	Nenagh Olympic	1.51.39	BLE
1991	Davy Wilson	Annadale Striders	1.48.34	BLE
1992	Marcus O'Sullivan	Leevale	1.49.90	BLE
1993	P.J. O'Rourke	Nenagh Olympic	1.53.61	BLE
1994	David Matthews	University College Dublin	1.49.81	BLE
1995	David Matthews	University College Dublin	1.47.87	BLE
1996	David Matthews	University College Dublin	1.48.10	BLE
1997	David Matthews	University College Dublin	1.47.62	BLE
1998	James Nolan	University College Dublin	1.47.75	BLE
1999	Gareth Turnbull	St Malachy's, Belfast	1.48.57	BLE
2000	James Nolan	University College Dublin	1.46.83	AAI
2001	Daniel Caulfield	Dublin City Harriers	1.48.28	AAI
2002	David Kelly	Dundrum South Dublin	1.49.31	AAI
2003	Daniel Caulfield	Dublin City Harriers	1.48.99	AAI
2004	James Nolan	University College Dublin	1.52.64	AAI
2005	Ciaran O'Connell	Glaslough Harriers	1.50.73	AAI
2006	Thomas Chamney	Crusaders	1.48.71	AAI
2007	David Campbell	St. Coca's, Kilcock	1.49.45	AAI
2008	Thomas Chamney	Crusaders	1.50.73	AAI
2009	Thomas Chamney	Crusaders	1.49.87	AAI
2010	Thomas Chamney	Crusaders	1.48.84	AAI
2011	Mark English	Letterkenny	1.50.22	AAI
2012	Dean Cronin	Blarney/Inniscara	1.52.48	AAI
2013	Paul Robinson	St. Coca's, Kilcock	1.48.92	AAI
2014	Mark English	University College Dublin	1.49.91	AAI
2015	Mark English	University College Dublin	1.50.94	AAI
2016	Mark English	University College Dublin	1.51.48	AAI
2017	Mark English	University College Dublin	1.50.89	AAI
2018	Mark English	University College Dublin	1.50.82	AAI
2019	Mark English	University College Dublin	1.48.15	AAI

1500 m

Most titles

Frank Murphy - 5 **1967, 68, 69, 70, 71**

Eamonn Coghlan - 5 **1976, 78, 79, 80, 81**

Championship Record

Eamonn Coghlan **3.38.60 1981**

1922	George Magan	Celbridge	4.16.0		GAA
1942	Brian P Downey	Civil Service	4.14.0		NACAI
1943	Brian P Downey Civil Service	Civil Service	4.21.0		NACAI
1944	Paud Nolan	Consantoiri AC, Waterford	4.31.0		NACAI
1945	Paud Nolan	Consantoiri AC, Waterford	4.25.0		NACAI
1946	John Joe Barry	Civil Service	4.17.8		NACAI
1947	John Joe Barry	Civil Service	4.23.6		NACAI
1948	Michael J "Mick" Cleary	Tipperary	4.30.0		NACAI
1949	Sean Dobbyn	Ballincollig, Co. Cork	4.15.4		NACAI
1950	P Dwyer	Civil Service	NT		NACAI
1951	Cyril O'Boyle	Strabane	4.17.0		NACAI
1952	Sean Dobbyn	Ballincollig, Co. Cork	4.06.2		NACAI
1953	Jack Keating	St James's Gate	4.05.6		NACAI
1954	Gerry F Gorman	University College Dublin	4.09.8		NACAI
1955	Joe Cunningham	Metropolitan Harriers	4.00.0		NACAI
1956	Joe Cunningham	Metropolitan Harriers	4.01.0		NACAI
1957	Christy Brady	Dublin City Harriers	3.58.0		NACAI
1958	Joe Cunningham	Metropolitan Harriers	4.06.0		NACAI
1959	Tom O'Riordan	Kerins O'Rahilly, Tralee	4.04.4		NACAI
1960	Kevin Gormley	Phoenix Harriers	3.58.5		NACAI
1961	Kevin Gormley	Phoenix Harriers	3.58.0		NACAI
1962	Terry O'Connor	Dublin City Harriers	3.57.0		NACAI
1963	Richard J "Dick" Hodgins	Hilltown AC, Cork	3.56.6		NACAI
1964	John "Junior" Cummins	Collins	3.59.0		NACAI
1965	Patrick "Paddy" Coleman	Youghal	3.52.3		NACAI
1966	Richard J "Dick" Hodgins	University College Cork	3.54.6		NACAI
1967	Frank Murphy	Clonliffe Harriers	3.50.1		BLE
1968	Frank Murphy	Clonliffe Harriers	3.45.0		BLE
1969	Frank Murphy	Clonliffe Harriers	3.49.8		BLE
1970	Frank Murphy	Clonliffe Harriers	3.50.4		BLE
1971	Frank Murphy	Clonliffe Harriers	3.46.4		BLE
1972	Br. John Dooley	Dublin City Harriers	3.51.5		BLE
1973	John Hartnett	Grange Fermoy	3.45.9		BLE
1974	Denis Noonan	Grange Fermoy	3.53.3		BLE
1975	Jerry Kiernan	Clonliffe Harriers	3.47.2		BLE
1976	Eamonn Coghlan	Donore Harriers	3.46.4		BLE
1977	Ray Flynn	Longford	3.47.8		BLE
1978	Eamonn Coghlan	Donore Harriers	3.40.8	*a*	BLE
1979	Eamonn Coghlan	Donore Harriers	3.43.5	*a*	BLE
1980	Eamonn Coghlan	Donore Harriers	3.39.2	*a*	BLE
1981	Eamonn Coghlan	Metropolitan / St. Brigids	3.38.60		BLE
1982	David Taylor	Dundrum	3.45.22		BLE
1983	Frank O'Mara	Limerick	3.44.11		BLE
1984	Marcus O'Sullivan	Leevale	3.43.91		BLE
1985	Ray Flynn	Longford	3.41.16		BLE
1986	Frank O'Mara	Limerick	3.43.55		BLE
1987	David Taylor	Clonliffe Harriers	3.47.94		BLE
1988	Frank O'Mara	Limerick	3.47.27		BLE
1989	Gerry O'Reilly	Metropolitan / St. Brigids	3.43.02		BLE
1990	Tony Spellman	Galway City Harriers	3.46.89		BLE
1991	Frank O'Mara	Limerick	3.41.21		BLE
1992	Garrett Barry	North Cork	3.47.30		BLE
1993	Niall Bruton	Clonliffe Harriers	3.50.93		BLE
1994	Niall Bruton	Clonliffe Harriers	3.42.27		BLE
1995	Mark Carroll	Leevale	3.39.67		BLE
1996	Niall Bruton	Clonliffe Harriers	3.41.68		BLE
1997	Niall Bruton	Clonliffe Harriers	3.42.77		BLE
1998	James McIlroy	Ballymena & Antrim	3.49.83		BLE
1999	Mark Carroll	Leevale	3.46.20		BLE

2000	Ken Nason	Metropolitan / St. Brigids	3.52.27	AAI
2001	James Nolan	University College Dublin	3.44.41	AAI
2002	Mark Carroll	Leevale	3.45.90	AAI
2003	Gareth Turnbull	St Malachy's, Belfast	3.40.32	AAI
2004	Alistair Cragg	Clonliffe Harriers	3.44.37	AAI
2005	Gary Murray	St Malachy's, Belfast	3.47.57	AAI
2006	Liam Reale	Limerick	3.43.26	AAI
2007	David Campbell	St. Coca's, Kilcock	3.45.21	AAI
2008	Colm Rooney	Clonliffe Harriers	3.58.74	AAI
2009	David Campbell	St. Coca's, Kilcock	3.51.96	AAI
2010	Mark Christie	Mullingar Harriers	3.48.22	AAI
2011	Paul Robinson	St. Coca's, Kilcock	3.50.41	AAI
2012	Colin Costello	Star of the Sea	3.54.57	AAI
2013	Eoin Everard	Kilkenny City Harriers	3.44.58	AAI
2014	Ciarán Ó Lionáird	Leevale	3.43.85	AAI
2015	Eoin Everard	Kilkenny City Harriers	3.55.01	AAI
2016	John Travers	Donore Harriers	4.01.19	AAI
2017	Sean Tobin	Clonmel	3.53.90	AAI
2018	John Travers	Donore Harriers	3.47.45	AAI
2019	John Travers	Donore Harriers	3.49.40	AAI

1 Mile 1609.34 m

Most titles
Jimmy Doyle - 7 **1932, 33, 34, 35, 36, 37, 38**

Championship Record
Colin John Graham Shillington **4.06.3 1960**

1861	JE Heaviside	Dublin	4.55	One Mile Race for the Championship of Ireland (1 April)
1861	AS Green	Dublin	4.46	One Mile Race for the Championship of Ireland (27 May)
1862	Lieutenant Kirby	19th Regiment	4.35	One Mile Race for the Championship of Ireland
1873	Alfred Campbell Courtney	Dublin University	4.39.2	Irish Champions AC
1874	Alfred Campbell Courtney	Dublin University	4.45.6	Irish Champions AC
1875	Alfred Campbell Courtney	Dublin University	4.48.4	Irish Champions AC
1876	Charles H Ford	Dublin Amateur Athletics Club	4.42.2	Irish Champions AC
1877	Charles H Ford	Dublin Amateur Athletics Club	4.45.2	Irish Champions AC
1878	TK Dwyer	Thurles	4.39.3	Irish Champions AC
1879	M Sheehan	Thradaree, East Clare	4.35.6	Irish Champions AC
1880	James Arthur Carmody	Carrick AAC	4.40.0	Irish Champions AC
1881	Walter J Hogg	City & Suburban Harriers	4.44.5	Irish Champions AC
1882	Walter J Hogg	City & Suburban Harriers	4.41.2	AAAI
1883	Walter J Hogg	City & Suburban Harriers	4.38.0	AAAI
1884	John J Manning	Six-Mile-Bridge, Co. Clare	4.39.6	AAAI
1885	JG Beatty	Co Dublin Harriers	4.43.8	IAAA
1885	John J Manning	Six-Mile-Bridge, Co. Clare	5.18.0	GAA
1886	Tommy Conneff	Haddington Harriers	4.32.4	IAAA
1886	Patrick O'Regan	Mourne Abbey	4.37.8	GAA
1887	James C Minniece	Templepatrick	4.41.4	IAAA
1887	Patrick O'Regan	Mourne Abbey	4.41.0	GAA
1888	CW Blundell	Co Dublin Harriers	4.32.4	IAAA
1888	William McCarthy	Macroom	4.36.0	GAA
1889	Enoch F McKeown	Linfield	4.37.4	IAAA
1889	Dan O'Neill	Cork	4.29.2	GAA
1890	Enoch F McKeown	Linfield	4.39.0	IAAA
1890	John Patrick McCabe	Breffni, Co. Cavan	4.37.4	GAA
1891	Tady McMahon	Limerick	4.38.5	IAAA
1891	J Deasy	Cork	4.56.0	GAA
1892	Tady McMahon	Limerick	4.42.4	IAAA
1892	George Blennerhasset Tincler	Dublin	4.39.4	GAA
1893	John J Mullen	Armagh Harriers	4.35.6	IAAA
1893	George Blennerhasset Tincler	Dublin	4.33.2	GAA
1894	John J Mullen	Armagh Harriers	4.37.4	IAAA
1894	JJ Butler	Callan/Elysian Harriers	4.45.6	GAA
1895	John J Mullen	Armagh Harriers	4.39.6	IAAA
1895	John J Mullen	Armagh Harriers	4.52.6	GAA
1896	John J Mullen	Armagh Harriers	4.39.6	IAAA
1896	Michael O'Neill	Kilbreedy, Co. Limerick	4.52.2	GAA
1897	Cyril Henry Dickinson	Dublin University	4.33.0	IAAA
1897	Michael O'Neill	Adare, Co. Limerick	NT	GAA
1898	Charles Reginald Fausset	Dublin University	4.45.0	IAAA
1898	Nick Barron	Inistiogue, Co. Kilkenny	4.45.0	GAA
1899	James E Finnegan	Haddington Harriers	4.54.0	IAAA
1899	Nick Barron	Inistiogue, Co. Kilkenny	4.47.6	GAA
1900	James E Finnegan	Haddington Harriers	4.37.2	IAAA
1901	Pte Joseph R Deakin	4th Rifle Brigade	4.33.0	IAAA
1901	James E Finnegan	Haddington Harriers	4.33.8	GAA
1902	John Joseph Daly	Galway	4.43.4	IAAA
1902	Michael Hynan	Knocklong, Co. Limerick	4.35.0	GAA
1903	John Joseph Daly	Galway	4.43.0	IAAA
1903	Michael Hynan	Knocklong, Co. Limerick	4.37.6	GAA
1904	JJ McKenzie	City & Suburban	4.33.8	IAAA
1904	Hugh Muldoon	Dublin	4.45.0	GAA
1905	George Newcomen Morphy	Dublin University	4.29.6	IAAA
1905	John Culhane	Charleville, Co. Cork	4.30.4	GAA
1906	George Newcomen Morphy	Dublin University	4.30.8	IAAA
1906	C Warren	Castletown Kinneigh, Co. Cork	4.28.0	GAA
1907	John McGough	Castleblayney, Co. Monaghan	4.48.0	IAAA
1907	J O'Regan	Dublin	4.29.4	GAA

1908	George Newcomen Morphy	Dublin University	4.48.0	IAAA
1908	TF Flynn	Ballinamult, Co. Waterford	4.39.0	GAA
1909	Ivo Fairbairn-Crawford	Armstrong-Whitworth	4.53.0	IAAA
1909	W Barry	Glanworth, Co. Cork	4.32.2	GAA
1910	James Bill	East Antrim Harriers	4.47.8	IAAA
1910	Dan O'Riordan	Cork	4.36.0	GAA
1911	James Bill	East Antrim Harriers	4.39.8	IAAA
1911	Robert "Bob" Hales	Bandon	4.42.0	GAA
1912	Robert "Bob" Hales	Bandon	4.32.6	IAAA
1912	WL O'Sullivan	Bantry	4.31.0	GAA
1913	Francis J Ryder	Clonliffe Harriers	4.47.6	IAAA
1913	Arthur O'Sullivan	Lyre, Co. Cork	4.39.0	GAA
1914	Harold RLG Alexander	Irish Guards ‡	4.33.2	IAAA
1914	James J Horan	Birr	4.36.0	GAA
1915	John J "JJ" Ryan	Dromline, Co. Tipperary	4.35.0	GAA
1916	John J "JJ" Ryan	Dromline, Co. Tipperary	4.30.0	GAA
1917	John J "JJ" Ryan	Dromline, Co. Tipperary	4.43.8	GAA
1918	John J "JJ" Ryan	Dromline, Co. Tipperary	4.38.4	GAA
1919	Francis J Ryder	Clonliffe Harriers	4.30.4	IAAA
1919	George Magan	Celbridge	4.45.0	GAA
1920	Edward J "Ted" Rogers	Sefton HAC, Liverpool	4.35.0	IAAA
1920	John J "JJ" Ryan	Dromline, Co. Tipperary	4.33.2	GAA
1921	Herbert Carmichael "Bertie" Irwin	Clonliffe Harriers	4.38.4	IAAA
1921	George Magan	Celbridge	4.37.0	GAA
1922	Edward J "Ted" Rogers	Sefton HAC, Liverpool	4.40.8	IAAA
1923	JP Clarke	Co. Antrim Harriers & RUC	4.37.4	NACAI
1924	JP Clarke	Co. Antrim Harriers & RUC	4.39.6	NACAI
1925	FB Quinn	Birchfield Harriers	4.27.4	NACAI
1926	Douglas W Coard	Donore Harriers	4.24.8	NACAI
1927	Gerry N Coughlan	Army AA	4.36.4	NACAI
1928	Gerry N Coughlan	Army AA	4.28.0	NACAI
1929	Douglas W Coard	Donore Harriers	4.34.6	NACAI
1930	M O'Malley	Westport	4.33.4	NACAI
1931	MJ Murphy	O'Callaghan's Mills, Co. Clare	4.31.0	NACAI
1932	Jimmy S Doyle	Dublin City Harriers	4.27.6	NACAI
1933	Jimmy S Doyle	Dublin City Harriers	4.33.0	NACAI
1934	Jimmy S Doyle	Dublin City Harriers	4.27.4	NACAI
1935	Jimmy S Doyle	Dublin City Harriers	4.27.4	NACAI
1936	Jimmy S Doyle	Dublin City Harriers	4.28.8	NACAI
1937	A Haire	Royal Ulster Constabulary AA	4.23.6	AAUE
1937	Jimmy S Doyle	Dublin City Harriers	4.22.4	NACAI
1938	David Hogg McNeill	Dublin University	4.32.3	AAUE
1938	Jimmy S Doyle	Dublin City Harriers	4.25.4	NACAI
1939	A Haire	Royal Ulster Constabulary AA	4.35.0	AAUE
1939	W Gavin	Drogheda	4.39.6	NACAI
1940	David Hogg McNeill	Dublin University	4.36.6	AAUE
1940	Tom Healy	Coolcroo, Co. Tipperary	4.28.4	NACAI
1941	John William Townsend Tuckey	Dublin University	4.33.8	AAUE
1941	Tom Healy	Coolcroo Race null & void†	4.34.2	NACAI
1941R	Brian P Downey *	Civil Service	4.02.0	NACA
1942	John William Townsend Tuckey	Dublin University	4.48.4	AAUE
1942	Brian P Downey	Civil Service	4.30.2	NACAI
1942	HA Missing	9th Old Boys	4.30.2	IAAB
1943	John William Townsend Tuckey	Dublin University	4.41.6	AAUE
1943	Brian P Downey	Civil Service	4.29.4	NACAI
1943	Sam Ferguson	North Belfast Harriers	4.54.2	IAAB
1944	E Jones	Civil Service	4.39.0	AAUE
1944	Brian P Downey	Civil Service	4.25.4	NACAI
1944	Thomas Walsh	O'Callaghan's Mills	4.34.1	IAAB
1945	Thomas Walsh	O'Callaghan's Mills	4.35.8	AAUE
1945	John Joe Barry	Civil Service	4.23.6	NACAI
1945	T McCutcheon	Albert Foundry	4.39.4	IAAB
1946	Thomas Walsh	O'Callaghan's Mills	4.41.8	AAUE
1946	John Joe Barry	Civil Service	4.29.0	NACAI
1946	Thomas Walsh	O'Callaghan's Mills	4.26.8	IAAB
1947	John Joe Barry	Clonliffe Harriers	4.39.4	AAUE
1947	JJ "Seamus" Kelly	Phoenix Harriers	4.27.0	NACAI
1947	John Joe Barry	Clonliffe Harriers	4.30.0	IAAB
1948	John Joe Barry	Clonliffe Harriers	4.42.6	AAUE
1948	Dermot McDermott	Phoenix Harriers	4.27.2	NACAI
1948	John Joe Barry	Clonliffe Harriers	4.23.8	IAAB
1949	John Joe Barry	Clonliffe Harriers	4.39.4	AAUE
1949	Tommie Gaye	Castlepollard, Co. Westmeath	4.29.8	NACAI

1949	John Joe Barry	Clonliffe Harriers	4.50.5	IAAB
1950	M Brady	Civil Service	4.28.5	AAUE
1950	P Dwyer	Civil Service	4.29.8	NACAI
1950	John Joe Barry	Clonliffe Harriers	4.20.1	IAAB
1951	Michael Byrne	Crusaders	4.26.2	AAUE
1951	Cyril O'Boyle	Strabane	4.28.6	NACAI
1951	Victor Milligan	Queens University Belfast	4.22.6	IAAB
1952	Michael "Mick" Brady	Donore Harriers	4.21.7	AAUE
1952	Cyril O'Boyle	Strabane	4.28.2	NACAI
1952	H Murodch	Belfast Trinity	4.27.6	IAAB
1953	Michael Byrne	Crusaders	4.21.4	AAUE
1953	Gerry F Gorman	University College Dublin	4.27.2	NACAI
1953	Victor Milligan	Queens University Belfast	4.15.8	IAAB
1954	Michael Byrne	Crusaders	4.23.8	AAUE
1954	Jack Keating	St James's Gate	4.24.4	NACAI
1954	Victor Milligan	Instonians	4.15.6	IAAB
1955	Dermot O'Loughlin	Donore Harriers	4.25.2	AAUE
1955	Joe Cunningham	Metrpolitan Harriers	4.19.4	NACAI
1955	Dermot O'Loughlin	Donore Harriers	4.24.3	IAAB
1956	Dermot O'Loughlin	Donore Harriers	4.20.0	AAUE
1956	Peter McArdle	Fort Creagh, Dundalk	4.32.4	NACAI
1956	Dermot O'Loughlin	Donore Harriers	4.20.6	IAAB
1957	Jim McLoughlin	Civil Service	4.34.4	AAUE
1957	Joe Cunningham	Metrpolitan Harriers	4.20.4	NACAI
1957	Jim McLoughlin	Civil Service	4.19.4	IAAB
1958	Jim McLoughlin	Civil Service	4.19.8	AAUE
1958	PJ O'Sullivan	Regional AC, Limerick	4.24.2	NACAI
1958	Jim McLoughlin	Civil Service	4.15.1	IAAB
1959	Jim McLoughlin	Civil Service	4.10.2	AAUE
1959	Tom O'Riordan	Kerins O'Rahilly's, Tralee	4.14.9	NACAI
1959	Jim McLoughlin	Civil Service	4.11.3	IAAB
1960	Colin John Graham Shillington	Dublin University	4.06.3	AAUE
1960	Kevin Gormley	Phoenix Harriers	4.20.4	NACAI
1960	Colin John Graham Shillington	Dublin University	4.06.7	IAAB
1961	Jim McLoughlin	Civil Service	4.14.4	AAUE
1961	Terry O'Connor	Dublin City Harriers	4.16.4	NACAI
1961	Colin John Graham Shillington	Willowfield Harriers	4.14.3	IAAB
1962	John McDonnell	Clonliffe Harriers	4.09.5	AAUE
1962	Terry O'Connor	Dublin City Harriers	4.23.3	NACAI
1962	Colin John Graham Shillington	Willowfield Harriers	4.05.3	IAAB
1963	John McDonnell	Clonliffe Harriers	4.14.9	AAUE
1963	Richard J "Dick" Hodgins	Hilltown AC, Cork	4.24.1	NACAI
1963	Colin John Graham Shillington	Willowfield Harriers	4.16.7	IAAB
1964	Tom O'Riordan	Donore Harriers	4.08.6	AAUE
1964	John "Junior" Cummins	Collins Barracks, Dublin	4.13.3	NACAI
1964	Colin John Graham Shillington	Willowfield Harriers	4.12.6	IAAB
1965	Paul Lavelle	Crusaders	4.23.2	AAUE
1965	Patrick "Paddy" Coleman	Youghal, Co. Cork	4.21.5	NACAI
1965	T Power	Donore Harriers	4.20.4	IAAB
1966	Frank Murphy	Clonliffe Harriers	4.09.2	AAUE
1966	Richard J "Dick" Hodgins	University College Cork	4.12.9	NACAI
1966	Tom O'Riordan	Donore Harriers	4.08.2	IAAB
1967	Frank Murphy	Clonliffe Harriers	4.09.4	BLE
1968	Michael Geraghty	Newbridge	4.09.7	BLE
1969	Frank Murphy	Clonliffe Harriers	4.01.5	BLE
1970	Brian Geraghty	University College Galway	4.13.0	BLE
1971	Frank Murphy	Clonliffe Harriers	4.03.5	BLE
1972	Frank Murphy	Clonliffe Harriers	4.05.5	BLE
1973	John Hartnett	Grange Fermoy	4.00.7	BLE
1974	John Hartnett	Grange Fermoy	3.56.3	BLE
1975	Denis Noonan	Clonliffe Harriers	NT	BLE

2 Miles (3218.7 m) / 3000 m

Most titles

Martin Egan - 4 **1945, 46, 49, 40**

Peter McArdle - 3 **1954, 55, 56**

Championship Record

2m **Dick Hodgins** **9.01.2** **1967**

1902	John J Morrissey	Dromline, Co. Tipperary	9.02.6	2m	GAA
1903	John J Morrissey	Dromline, Co. Tipperary	9.25.2	2m	GAA
1904	John J. McNamara	Tulla, Co. Clare	9.39.0	2m	GAA
1905	John McGough	Bellahouston H., Glasgow	9.15.0	2m	GAA
1908	Timothy Crough (Crowe)	Galtymore, Co. Tipperary	9.02.0	2m	GAA
1912	James J Horan	Birr	9.41.1	2m	GAA
1914	James J Horan	Birr	9.34.0	2m	GAA
1915	James J Horan	Birr	NT	2m	GAA
1916					
1917	Timothy Crowe	GMH Club, Goolds Cross	NT	2m	GAA
1923	John J "JJ" Ryan	Tipperary AC	9.41.2	2m	NACAI
1925	John J "JJ" Ryan	Tipperary AC	9.19.4	2m	NACAI
1926	Redmond Moore	Clonmel	NT	2m	NACAI
1938	Patrick Hackett	Killenaule, Co. Tipperary	10.19.4	2m	NACAI
1943	Thomas A "Tom" Walsh	O'Callaghan's Mills		2m	AAUE
1944	Thomas A "Tom" Walsh	O'Callaghan's Mills	9.49.2	2m	AAUE
1945	Martin Egan	Shanaglish, Gort	9.56.0	2m	NACAI
1946	Martin Egan	Coolquill Kickams, Co. Tipperary	10.32.0	2m	NACAI
1947	Michael Blake	Coolquill Kickams, Co. Tipperary	9.11.1	3K	NACAI
1948	Vincent Murphy	Blarney	9.08.75	3K	NACAI
1948	M Lyons	Ballinacurry	NT	2m	NACAI
1949	Martin Egan	Shanaglish, Gort	9.32.0	2m	NACAI
1950	Martin Egan	Shanaglish, Gort	9.32.4	2m	NACAI
1951	William "Willie" Harte	Carrigtowohill, Co. Cork	NT	2m	NACAI
1952	Peter J McArdle	Fort Creagh, Dundalk	9.15.0	2m	NACAI
1953	Jack Keating	St James's Gate	NT	2m	NACAI
1954	Peter J McArdle	Fort Creagh, Dundalk	NT	2m	NACAI
1955	Peter J McArdle	Fort Creagh, Dundalk	9.46.6	2m	NACAI
1956	Peter J McArdle	Fort Creagh, Dundalk	9.18.7	2m	NACAI
1957	Joe Cunningham	Metropolitan Harriers	9.30.0	2m	NACAI
1958	Harry Thomas	Inchicore	9.31.4	2m	NACAI
1959	Tom O'Riordan	Kerins O'Rahilly's, Tralee	9.20.0	2m	NACAI
1960	James "Jimmy" Cregan *	Kilmallock	NT	2m	NACAI
1961	Matt Rudden	St Augustine's, Dublin	9.17.0	2m	NACAI
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	NT	2m	NACAI
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	9.19.2	2m	NACAI
1964	Matt Rudden	St Augustine's, Dublin	9.02.3	2m	NACAI
1965	Richard J "Dick" Hodgins	University College Cork	9.15.6	2m	NACAI
1966	Richard J "Dick" Hodgins	University College Cork	9.19.0	2m	NACAI
1967	Richard J "Dick" Hodgins	Donore Harriers	9.01.2	2m	BLE
1968	Donal Walsh	Leevale	9.04.6	2m	BLE
1969	Matt Murphy	Rising Sun, Cork	8.55.6	2m	BLE
1970	Danny McDaid	Clonliffe Harriers	9.14.2	2m	BLE
1971	Pat O'Riordan	Leevale	9.09.1	2m	BLE
1972	Br. John Dooley	Dublin City Harriers	9.14.4	2m	BLE
1973	Desmond "Dessie" McGann	Civil Service	9.07.2	2m	BLE
1974	Denis Noonan	Clonliffe Harriers	NT	2m	BLE

3 Miles 4828 m / 5000 m

Most titles

3m	**Tom O'Riordan - 5 (5K - 1)**	**1962, 63, 66, 68, 69, (5K - 1970)**
5K	**John Treacy - 5**	**1978, 80, 81, 83, 84**
5K	**Mark Carroll - 5**	**1999, 2000, 01, 02, 04**

Championship Record

3m	**Tom O'Riordan**	**13.32.4**	**1963**
5K	**John Treacy**	**13.21.93**	**1980**

1898	W O'Connell	Cork City Harriers	17.10.4	3m	GAA
1902	John Joseph Daly	Galway	16.35.0	3m	GAA
1903	Not held			3m	GAA
1904	John J McNamara	Tulla, Co. Clare	NT	3m	GAA
1905	John McGough	Bellahouston Harriers, Glasgow	16.18.8	3m	GAA
1908	John J McNamara	Tulla, Co. Clare	14.30.0	3m	GAA
1910	Timothy Crowe	GMH Club, Goolds Cross	14.28.0	3m	GAA
1912	PJ Geraghty	Moynalty	15.48.0	3m	GAA
1917	Timothy Crowe	GMH Club, Goolds Cross	NT	3m	GAA
1923	JJ McGilton	Dublin City Harriers	15.48.4	3m	NACAI
1937	David Canavan	Ballydrain Harriers, Co Down	15.06.8	3m	AAUE
1937	Harry Sheehy	Limerick	NT	3m	NACAI
1938	Frank Cummins	St Gregory's, Liverpool	14.48.8	3m	AAUE
1938	Patrick Hackett	CYMS, Killenaule, Co. Tipperary	16.15.0	3m	NACAI
1939	JJ O'Connor	Hospitals' Trust, Dublin	15.17.4	3m	AAUE
1940	Tommy Hopkins	Donore Harriers	15.43.0	3m	AAUE
1940	Tom Maguire	Killenaule, Co. Tipperary	NT	3m	NACAI
1941	J Egan	O'Callaghan's Mills, Co. Clare	15.33.0	3m	AAUE
1941	John “Jack” Egan	Gort, Co. Galway	NT	3m	NACAI
1942	PC Coburn	Terenure	15.40.4	3m	AAUE
1942	Martin Egan	Feakle, Co. Clare	15.41.0	3m	NACAI
1942	TS Henry	Duncairn Harriers	15.27.5	3m	IAAB
1943	E Peard	Civil Service	16.01.0	3m	AAUE
1943	P O'Dea	Lissycasey, Co. Clare	15.26.0	3m	NACAI
1943	WC "Charlie" McCooke	East Antrim Harriers	16.21.0	3m	IAAB
1944	JJ O'Connor	Terenure	15.41.0	3m	AAUE
1944	Martin Egan	Shanaglish, Gort	NT	3m	NACAI
1944	WC "Charlie" McCooke	East Antrim Harriers	15.03.5	3m	IAAB
1945	Thomas A "Tom" Walsh	O'Callaghan's Mills	15.06.8	3m	AAUE
1945	John Joe Barry	Ballincurry	NT	3m	NACAI
1945	Jimmy Todd	East Antrim Harriers	15.10.0	3m	IAAB
1946	Thomas A "Tom" Walsh	O'Callaghan's Mills	15.18.0	3m	AAUE
1946	Martin Egan	Coolquill Kickhams	14.51.0	3m	NACAI
1946	Steve H McCooke	East Antrim Harriers	14.57.7	3m	IAAB
1947	Jerry Kiely	Coolcroo, Co. Tipperary	15.10.6	3m	AAUE
1947	Martin Egan	Shanaglish, Gort	NT	3m	NACAI
1947	Steve H McCooke	East Antrim Harriers	15.02.4	3m	IAAB
1948	Patrick "Paddy" Fahey	Coolcroo, Co. Tipperary	14.40.9	3m	AAUE
1948	Martin Egan	Coolquill Kickhams	NT	3m	NACAI
1948	Steve H McCooke	East Antrim Harriers	14.30.6	3m	IAAB
1949	John Joe Barry	Clonliffe Harriers	14.56.2	3m	AAUE
1949	PJ Carroll	St Flannan's	NT	3m	NACAI
1949	John Joe Barry	Clonliffe Harriers	14.50.5	3m	IAAB
1950	Donal Appleby	Clonliffe Harriers	15.05.7	3m	AAUE
1950	Michael J "Mick" Cleary	Army, Curragh	15.02.0	3m	NACAI
1950	Rob Crossan	Duncairn Harriers	14.52.3	3m	IAAB
1951	Patrick Norman Ross	Dublin University	15.12.3	3m	AAUE
1951	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	15.46.1	3m	NACAI
1951	Charlie Owens	East Antrim Harriers	14.54.9	3m	IAAB
1952	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipperary	15.04.9	3m	AAUE

1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	15.20.0	3m	NACAI	
1952	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipperary	14.38.0	3m	IAAB	
1953	Frank White	Clonliffe Harriers	14.49.6	3m	AAUE	
1953	Jack Keating	St James's Gate	15.15.0	3m	NACAI	
1953	David Harrisson	9th Old Boys, Belfast	14.54.2	3m	IAAB	
1954	Frank White	Clonliffe Harriers	14.34.5	3m	AAUE	
1954	James "Jimmy" Cregan *	Blackboy	NT	3m	NACAI	*=James Joseph "Jim" Hogan Poltechnic Harr.
1954	Joseph "Joe" Dougan	Donore Harriers	14.57.0	3m	IAAB	
1955	Joseph "Joe" Dougan	Donore Harriers	14.43.2	3m	AAUE	
1955	Peter J McArdle	Fort Creagh, Dundalk	14.28.1	3m	NACAI	
1955	Joseph "Joe" Dougan	Donore Harriers	15.01.2	3m	IAAB	
1956	Joseph "Joe" Dougan	Donore Harriers	14.20.8	3m	AAUE	
1956	Peter J McArdle	Fort Creagh, Dundalk	14.50.0	3m	NACAI	
1956	Joseph "Joe" Dougan	Donore Harriers	14.27.7	3m	IAAB	
1957	Tommy Dunne	Donore Harriers	14.42.1	3m	AAUE	
1957	Joseph Cunningham	Metropolitan Harriers	15.00.0	3m	NACAI	
1957	Tommy Dunne	Donore Harriers	14.17.9	3m	IAAB	
1958	Albert John "Bertie" Messitt	Donore Harriers	13.55.9	3m	AAUE	
1958	George Dennis	Celtic, Dublin	15.02.6	3m	NACAI	
1958	Albert John "Bertie" Messitt	Donore Harriers	14.10.0	3m	IAAB	
1959	Albert John "Bertie" Messitt	Donore Harriers	13.40.0	3m	AAUE	
1959	Pat Considine	Kilmihill, Co. Clare	NT	3m	NACAI	
1959	Tommy Dunne	Donore Harriers	14.28.0	3m	IAAB	
1960	Michael Hoey	Clonliffe Harriers	13.51.0	3m	AAUE	
1960	Pat Considine	Kilmihill, Co. Clare	NT	3m	NACAI	
1960	John McDonnell	Clonliffe Harriers	14.05.4	3m	IAAB	
1961	Michael Hoey	Clonliffe Harriers	13.56.0	3m	AAUE	
1961	John Downes	Kilmallock, Co. Limerick	14.34.5	3m	NACAI	
1961	Mick Connolly	Donore Harriers	14.03.6	3m	IAAB	
1962	Tom O'Riordan	Donore Harriers	13.49.6	3m	AAUE	
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	NT	3m	NACAI	
1962	Mick Connolly	Donore Harriers	13.48.8	3m	IAAB	
1963	Tom O'Riordan	Donore Harriers	13.32.4	3m	AAUE	
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	NT	3m	NACAI	
1963	Tom O'Riordan	Donore Harriers	14.12.0	3m	IAAB	
1964	Jim McNamara	Donore Harriers	14.04.4	3m	AAUE	
1964	Sean O'Sullivan	Tournafulla, Co. Limerick	NT	3m	NACAI	
1964	Derek Graham	9th Old Boys, Belfast	13.18.2	3m	IAAB	
1965	Jim McNamara	Donore Harriers	13.56.2	3m	AAUE	
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	14.21	3m	NACAI	
1965	Derek Graham	9th Old Boys, Belfast	13.37.2	3m	IAAB	
1966	Tom O'Riordan	Donore Harriers	13.47.6	3m	AAUE	
1966	Richard J "Dick" Hodgins	University College Cork	NT	3m	NACAI	
1966	Derek Graham	9th Old Boys, Belfast	13.38.2	3m	IAAB	
1967	Jim McNamara	Donore Harriers	13.56.8	3m	BLE	
1968	Tom O'Riordan	Donore Harriers	13.38.6	3m	BLE	
1969	Tom O'Riordan	Donore Harriers	14.17.2	5K	BLE	
1969	Jim Timoney	Newbridge	13.54.0	3m	BLE	
1970	Donal Walsh	Leevale	NT	3m	BLE	
1970	Tom O'Riordan	Donore Harriers	14.10.2	5K	BLE	
1971	Tom O'Riordan	Donore Harriers	13.52.4	3m	BLE	
1971	Neil Cusack	Limerick	14.24.2	5K	BLE	
1972	Edward "Eddie" Leddy	Ballinamore, Co. Leitrim	13.59.2	3m	BLE	
1972	Mike Keogh	Midleton	14.23.4	5K	BLE	
1973	Pat O'Riordan	Leevale	14.26.0	5K	BLE	
1974	Tom Gregan	Clonliffe Harriers	14.25.8	5K	BLE	
1975	Joe Scanlon	Galway City Harriers	14.08.4	5K	BLE	
1976	Gerry Deegan	Waterford	14.32.4	5K	BLE	
1977	Eamonn Coghlan	Donore Harriers	14.04.5	5K	BLE	
1978	John Treacy	Waterford	13.50.3	5K	BLE	
1979	Gerry Deegan	Waterford	13.54.8	5K	BLE	
1980	John Treacy	Waterford	13.21.93	5K	BLE	
1981	John Treacy	Waterford	13.47.18	5K	BLE	
1982	Ray Flynn	Longford	13.51.12	5K	BLE	
1983	John Treacy	Deise, Co. Waterford	13.46.27	5K	BLE	
1984	John Treacy	Deise, Co. Waterford	13.33.59	5K	BLE	
1985	Mick O'Shea	Burgerland, Limerick	14.04.95	5K	BLE	
1986	David Taylor	Clonliffe Harriers	13.50.91	5K	BLE	
1987	Gerry Curtis	Donore Harriers	14.08.47	5K	BLE	
1988	John Doherty	Leeds	13.43.29	5K	BLE	
1989	Seamus Hynes	Limerick	14.19.14	5K	BLE	
1990	Paul Donovan	Galway City Harriers	14.00.62	5K	BLE	
1991	Seamus Power	Treaty, Co. Clare	14.02.94	5K	BLE	

1992	Noel Richardson	Limerick	14.08.14	5K	BLE
1993	Paul Donovan	Galway City Harriers	14.36.95	5K	BLE
1994	Cormac Finnerty	Mullingar Harriers	13.50.66	5K	BLE
1995	Frank O'Mara	Limerick	13.45.79	5K	BLE
1996	John Daly	Nenagh Olympic	14.34.82	5K	BLE
1997	Seamus Power	Kilmurray/Ibrickane	14.07.0	5K	BLE
1998	Martin McCarthy	Leevale	14.02.43	5K	BLE
1999	Mark Carroll	Leevale	14.07.90	5K	BLE
2000	Mark Carroll	Leevale	13.55.76	5K	AAI
2001	Mark Carroll	Leevale	13.48.26	5K	AAI
2002	Mark Carroll	Leevale	13.43.68	5K	AAI
2003	Cathal Lombard	Leevale	13.51.33	5K	AAI
2004	Mark Carroll	Leevale	13.51.67	5K	AAI
2005	Martin Fagan	Mullingar Harriers	14.11.44	5K	AAI
2006	Gary Murray	St Malachy's, Belfast	14.14.21	5K	AAI
2007	Martin Fagan	Mullingar Harriers	13.56.13	5K	AAI
2008	Mark Christie	Mullingar Harriers	14.41.03	5K	AAI
2009	Alistair Cragg	Clonliffe Harriers	13.52.15	5K	AAI
2010	Alistair Cragg	Clonliffe Harriers	14.04.64	5K	AAI
2011	Alistair Cragg	Clonliffe Harriers	13.48.03	5K	AAI
2012	Mark Hanrahan	Leevale	14.13.80	5K	AAI
2013	Mark Christie	Mullingar Harriers	14.07.18	5K	AAI
2014	Kevin Batt	St. Coca's, Kilcock	14.08.23	5k	AAI
2015	Kevin Batt	St. Coca's, Kilcock	14.20.97	5k	AAI
2016	Conor Duffy	Glaslough Harriers	14.32.85	5k	AAI
2017	Conor Dooney	Raheny Shamrock	14.25.60	5k	AAI
2018	Ryan Forsyth	Newcastle & District	14.30.78	5k	AAI
2019	Hiko Haso Tonasa	Dundrum South Dublin	14.21.41	5k	AAI

5km Road Race

2019	Kieran Kelly	Raheny Shamrock	14.45

4 Miles (6437.4 m)

Most titles

JJ Ryan - 6 — **1917, 18, 20, 24, 25, 26**

Martin Egan - 6 — **1944, 46, 48, 49, 50, 51**

Championship Record

Peter McArdle — **19.19.6** **1956**

1875	Charles H Ford	Dublin Amateur Athletics Club	22.57.5	Irish Champions AC
1876	Laurence W Nunns	Irish Champions AC	22.08.5	Irish Champions AC
1877	Laurence W Nunns	Irish Champions AC	21.33.4	Irish Champions AC
1878	Laurence W Nunns	Irish Champions AC	21.49.5	Irish Champions AC
1879	M Sheehan	Thradaree, Co. Clare	22.04.5	Irish Champions AC
1880	P Noonan	Rathkeale, Co. Limerick	22.21.0	Irish Champions AC
1881	G Gibson, Jnr	Ulster Cricket Club	22.08.0	Irish Champions AC
1882	P Noonan	Askeaton, Co. Limerick	22.48.6	AAAI
1883	Frank Nunns	Co Dublin Harriers	21.12.0	AAAI
1884	Frank Nunns	Co Dublin Harriers	21.23.8	AAAI
1885	Frank Nunns	Co Dublin Harriers	21.30.2	IAAA
1886	J G Beatty	Co Dublin Harriers	21.37.4	IAAA
1887	Tommy Conneff	Haddington Harriers	20.55.8	IAAA
1888	Tommy Conneff	Manhattan	20.48.0	IAAA
1889	Enoch F McKeown	Linfield	21.38.0	IAAA
1890	John J Mullen	Milford	21.09.4	IAAA
1891	James M Small	Cliftonville	21.14.8	IAAA
1892	Frederick Robert Carr	Dublin University	22.24.2	IAAA
1893	JJ McIllveny	Belfast Harriers	21.23.8	IAAA
1894	John J Mullen	Armagh Harriers	20.25.8	IAAA
1895	James M Small	Cliftonville	21.12.2	IAAA
1896	John J Mullen	Belfast	22.04.0	IAAA
1897	Michael O'Neill	Adare, Co. Limerick	22.25.0	IAAA
1898	Michael O'Neill	Adare, Co. Limerick	21.46.2	IAAA
1899	Frank Curtis	Haddington Harriers	21.11.2	IAAA
1900	John Carroll Hayes	Cloughjordan, Co. Tipperary	20.43.2	IAAA
1901	Pte Joseph E Deakin	4th Rifle Brigade	20.36.0	IAAA
1902	John Joseph Daly	Galway	21.59.8	IAAA
1903	Hugh Muldoon	Haddington Harriers	21.02.4	IAAA
1904	John Joseph Daly	Galway	20.45.0	IAAA
1904	John J McNamara	Tulla, Co. Clare	21.21.6	GAA
1905	John J McNamara	Tulla, Co. Clare	21.01.6	IAAA
1905	John J McNamara	Tulla, Co. Clare	21.32.4	GAA
1906	Hugh Muldoon	Haddington Harriers	21.33.8	IAAA
1906	Tom Hynes	Galway City Harriers	21.12.0	GAA
1907	Tom Hynes	Galway City Harriers	21.37.0	IAAA
1907	John Carroll Hayes	Nenagh	21.02.4	GAA
1908	James Murphy	Hallamshire, Sheffield	20.51.0	IAAA
1909	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	20.28.6	IAAA
1909	Micheal O'Callaghan	Banteer	21.05.0	GAA
1910	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	20.29.2	IAAA
1910	Timothy Crough (Crowe)	Goold's Cross, Co. Tipperary	20.31.0	GAA
1911	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	21.35.6	IAAA
1911	Charles Harris	Young Ireland AC Harriers	20.25.0	GAA
1912	James Murphy	Hallamshire, Sheffield	20.25.0	IAAA
1912	James J Horan	Birr, Co. Offaly	20.40.0	GAA
1913	Patrick "Pat" Flynn	Kinsale & CH	21.59.4	IAAA
1913	John D Guiney	Lombardstown, Co. Cork	21.13.0	GAA
1914	Herbert Carmichael "Bertie" Irwin	Clonliffe Harriers	20.52.4	IAAA
1914	James J Horan	Birr, Co. Offaly	21.30.0	GAA
1915	William Bradley	Upton, Co. Cork	21.00.0	GAA
1916	James J Horan	Birr, Co. Offaly	20.53.0	GAA
1917	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	GAA
1918	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	GAA
1919	Francis J Ryder	Clonliffe Harriers	21.38.6	IAAA
1919	Timothy Crowe (Crough)	Dundrum	20.15.0	GAA
1920	Edward J "Ted" Rogers	Sefton HAC, Liverpool	20.54.2	IAAA
1920	John J "JJ" Ryan	Dromline, Co. Tipperary	22.03.6	GAA
1921	Herbert Carmichael "Bertie" Irwin	Clonliffe Harriers	22.31.8	IAAA
1921	George Magan	Celbridge	22.08.6	GAA

1922	Edward J "Ted" Rogers	Sefton HAC, Liverpool	21.27.4	IAAA
1922	James J McGilton	Clonliffe Harriers	22.53.4	GAA
1923	CA Woods	North Belfast Harriers	22.50.6	NACAI
1924	John J "JJ" Ryan	Tipperary AC	20.44.6	NACAI
1925	John J "JJ" Ryan	Tipperary AC	20.19.4	NACAI
1926	John J "JJ" Ryan	Tipperary AC	20.21.0	NACAI
1927	Patrick Groarke	Roscommon	20.50.4	NACAI
1928	M Feeney	Civil Service Harriers	20.57.0	NACAI
1929	Tom Kinsella	Army Metro	20.46.0	NACAI
1930	F Quinn	Birchfield Harriers	20.28.4	NACAI
1931	Tom Kinsella	Army Metro	20.43.0	NACAI
1932	Tim F Smythe	Dublin Metropolitan Garda	20.16.4	NACAI
1933	JJ O'Connor	Limerick	19.48.4	NACAI
1934	Michael "Mick" Healy	Galteemore Harriers	20.47.4	NACAI
1935	JJ O'Connor	Clonliffe Harriers	20.46.0	NACAI
1936	JJ O'Connor	Fearons	20.52.0	NACAI
1937	Harry Sheehy	Limerick	20.47.8	NACAI
1938	Patrick Hackett	Killenaule, Co. Tipperary	21.01.0	NACAI
1939	Tom Maguire	Killlenaule, Co. Tipperary	21.23.0	NACAI
1940	Patrick Hackett	Killenaule, Co. Tipperary	20.55.4	NACAI
1941	Brian P Downey	Civil Service	20.52.4	NACAI
1942	Brian P Downey	Civil Service	21.05.0	NACAI
1943	Brian P Downey	Civil Service	21.32.0	NACAI
1944	Martin Egan	Gort, Co. Galway	20.05.4	NACAI
1945	John Joe Barry	Ballincurry, Co. Tipperary	20.03.0	NACAI
1946	Martin Egan	Coolquill Kickams	19.38.6	NACAI
1947	Michael "Mick" Blake	Coolquill Kickams, Co. Tipp.	20.38.0	NACAI
1948	Martin Egan	Shanaglish, Gort, Co. Galway	20.09.6	NACAI
1949	Martin Egan	Shanaglish, Gort, Co. Galway	19.56.4	NACAI
1950	Martin Egan	Shanaglish, Gort, Co. Galway	20.14.6	NACAI
1951	Martin Egan	Shanaglish, Gort, Co. Galway	19.59.5	NACAI
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	20.35.0	NACAI
1953	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	20.16.0	NACAI
1954	Cyril O'Boyle	Strabane	19.58.8	NACAI
1955	Peter J McArdle	Fort Creagh, Dundalk	19.58.1	NACAI
1956	**Peter J McArdle**	**Fort Creagh, Dundalk**	**19.19.6**	**NACAI**
1957	Benny O'Sullivan	Regional, Limerick	19.55.4	NACAI
1958	Harry Gorman	St Augustines	19.38.7	NACAI
1959	Pat Considine	Kilmihill, Co. Clare	19.21.6	NACAI
1960	Pat Considine	Kilmihill, Co. Clare	20.05.5	NACAI
1961	John Downes	Kilmallock, Co. Limerick	19.27.0	NACAI
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	19.23.5	NACAI
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	19.27.0	NACAI
1964	Sean O'Sullivan	Tournafulla, Co. Limerick	19.21.4	NACAI
1965	Tom Phillips	Raheny Shamrock	19.39.9	NACAI
1966	Matt Murphy	Rising Sun, Cork	19.28.6	NACAI
1967	Fr Patrick "Paddy" Coyle	Lourdes, Drogheda	NT	BLE
1968	Matt Murphy	Rising Sun, Cork	19.21.0	BLE
1969	John Hartnett	Grange	19.22.5	BLE
1970	Donal Walsh	Leevale	19.37.4	BLE

Discontinued

5 Miles 8046.7 m/ 8,000 m

Most titles

8K	**Sean O'Sullivan - 7**	**1957, 60, 62, 63, 64, 65, 66,**
8K	**Martin Egan - 4**	**1945, 46, 48, 49**
5m	**Martin Egan - 3**	**1945, 46, 49**
5m	**Jimmy Cregan - 3**	**1952, 53, 54**

Championship Record

8K	**Peter McArdle**	**23.53.0**	**1956**
5m	**Martin Egan**	**24.22.4**	**1946**

1861	JE Heaviside	Dublin	27.30	5m	Gentleman's 5 mile Championship of Ireland
1895	W O'Connell	Cork	NT	5m	GAA
1896	John J Mullen	Cliftonville, Belfast	27.57.6	5m	GAA
1897	Con Phibbs	Cork City Harriers	26.36.4	5m	GAA
1898	Michael O'Neill	Adare, Co. Limerick	27.19.8	5m	GAA
1901	John Morrissey	Dromline, Co. Tipperary	26.00.0	5m	GAA
1909	Maurice Hourigan	Ballingarry, Co. Limerick	NT	5m	GAA
1910	Timothy Crough	Goold's Cross	NT	5m	GAA
1911	Charles "Charlie" Harris	Young Ireland AC	NT	5m	GAA
1924	John J "JJ" Ryan	Tipperary AC	26.12.2	5m	NACAI
1925	John J "JJ" Ryan	Tipperary AC	28.17.8	5m	NACAI
1926	Edward Walsh	Blarney	NT	5m	NACAI
1938	Patrick Hackett	Killenaule, Co Tipperary	27.32.0	5m	NACAI
1939				5m	NACAI
1940	W Robinson	Westport	NT	5m	NACAI
1941				5m	NACAI
1942	P O'Dea	Lissycasey, Co. Clare	26.10.0	5m	NACAI
1943	P O'Dea	Lissycasey, Co. Clare	NT	5m	NACAI
1944				5m	NACAI
1945	Martin Egan	Shanaglish, Gort	25.38.0	8K	NACAI
1945	Martin Egan	Shanaglish, Gort	26.02.5	5m	NACAI
1946	Martin Egan	Shanaglish, Gort	26.04.6	8K	NACAI
1946	**Martin Egan**	**Shanaglish, Gort**	**24.22.4**	**5m**	**NACAI**
1947	***8K Dungannon - August 10***			8k	NACAI
1947	Michael Blake	Coolquill Kickams, Co. Tipperary	26.59.0	5m	NACAI
1948	Martin Egan	Shanaglish, Gort	NT	8K	NACAI
1948	Michael Blake	Coolquill Kickams, Co. Tipperary	NT	5m	NACAI
1949	Martin Egan	Shanaglish, Gort	26.26.6	8K	NACAI
1949	Martin Egan	Shanaglish, Gort		5m	NACAI
1950				8K	NACAI
1950	John "Jack" Harte	Carrigtwohill, Co. Cork	NT	5m	NACAI
1951	Martin Egan	Shanaglish, Gort	26.20.4	8K	NACAI
1951	Brian Bell	Dublin City Harriers	27.15.0	5m	NACAI
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	NT	8K	NACAI
1952	James "Jimmy" Cregan *	Knocksouna, Croom	26.00.0	5m	NACAI *=James Joseph "Jim" Hogan Poltechnic Harriers
1953	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	NT	8K	NACAI
1953	James "Jimmy" Cregan *	Knocksouna, Croom	NT	5m	NACAI *=James Joseph "Jim" Hogan Poltechnic Harriers
1954				8K	NACAI
1954	James "Jimmy" Cregan *	Knocksouna, Croom	26.27.0	5m	NACAI *=James Joseph "Jim" Hogan Poltechnic Harriers
1955	Peter J McArdle	Fort Creagh, Dundalk	26.26.5	8K	NACAI
1955	Patrick "Paddy" Fahey	Moyne	26.22.6	5m	NACAI
1956	**Peter J McArdle**	**Fort Creagh, Dundalk**	**23.53.0**	**8K**	**NACAI**
1956	Peter J McArdle	Fort Creagh, Dundalk	26.41.1	5m	NACAI
1957	Sean O'Sullivan	Tournafulla, Co. Limerick	NT	8K	NACAI
1957	Benny O'Sullivan	Regional AC, Limerick	26.38.5	5m	NACAI
1958	Sean O'Sullivan	Tournafulla, Co. Limerick	26.32.0	8K	NACAI
1958	James "Jimmy" Cregan *	Tournafulla	NT	5m	NACAI *=James Joseph "Jim" Hogan Poltechnic Harriers
1959	James "Jimmy" Cregan *	Tournafulla	NT	8K	NACAI *=James Joseph "Jim" Hogan Poltechnic Harriers
1959	Pat Considine	Kilmihill, Co Clare	26.25.0	5m	NACAI
1960	Sean O'Sullivan	Tournafulla, Co. Limerick	25.19.0	8K	NACAI

1960	Pat Considine	Kilmihill, Co Clare	25.03.0	5m	NACAI
1961	John Downes	Kilmallock, Co. Limerick	NT	8K	NACAI
1961	John Downes	Kilmallock, Co. Limerick	NT	5m	NACAI
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	25.28.0	8K	NACAI
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	25.30.8	5m	NACAI
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	26.19.0	8K	NACAI
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	24.49.0	5m	NACAI
1964	Sean O'Sullivan	Tournafulla, Co. Limerick	26.42.0	8K	NACAI
1964	Michael "Mick" Hickey	Holycross	NT	5m	NACAI
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	24.30.8	8K	NACAI
1965	Michael "Mick" Hickey	Holycross	NT	5m	NACAI
1966	Sean O'Sullivan	Tournafulla, Co. Limerick	25.12.3	8K	NACAI
1966	Matt Murphy	Rising Sun, Cork	24.59.4	5m	NACAI
1967	John Hickey	Donore Harriers	25.36.0	8k	BLE
1967	Michael "Mick" Molloy	Oughterard, Co. Galway	25.16.0	5m	BLE
1968				8K	BLE
1968	John Buckley	St Finbarr's, Cork	24.59.0	5m	BLE
2019	Mick Clohissey	Raheny Shamrock	24.02	5m	AAI

6 Miles 9656 m / 10,000 m

Most titles

10K	**Noel Berkeley - 6**	**1993, 94, 95, 97, 98, 99**
10K	**Donal Walsh - 5**	**1967, 70, 71, 73, 74**
6m	**Sean O'Syullivan - 3**	**1962, 63, 65**
6m	**Tommy Dunne - 3**	**1956, 57, 58**
6m	**Bertie Messitt - 3**	**1959, 60, 63**
6m	**Mick Molloy - 3**	**1964, 66, 67**

Championship Record

10K	**John Treacy**	**28.17.09**	**1987**
6m	**Jim Hogan**	**28.03.0**	**1964**

1944	John “Jack” Egan	Gort, Co. Galway	NT	6m	NACAI	
1945	Martin Egan	Shanaglish, Gort	31.35.0	6m	NACAI	
1946	Jerry Kiely	Killenaule, Co. Tipperary	31.12.3	6m	NACAI	
1947	Michael Blake	Coolquill Kickams, Co. Tipperary	31.34.0	6m	NACAI	
1948	Martin Egan	Shanaglish, Gort	31.59.0	6m	NACAI	
1949	Martin Egan	Shanaglish, Gort	NT	6m	NACAI	
1951	Anthony "Andy" Monahan	Ballinasloe	31.51.8	6m	NACAI	
1952	Thomas A "Tom" Walsh	Croom, Co. Limerick		6m	NACAI	
1953	James "Jimmy" Douglas	Avondale	32.07.0	6m	AAUE	
1955	Don Appleby	Clonliffe Harriers	32.13.8	6m	AAUE	
1956	Tommy Dunne	Donore Harriers	30.45.0	6m	AAUE	
1957	Tommy Dunne	Donore Harriers	30.04.2	6m	AAUE	
1958	Tommy Dunne	Donore Harriers	29.56.0	6m	AAUE	
1958	J Flannery	Moore	32.16.0	6m	NACAI	
1959	Albert John "Bertie" Messitt	Donore Harriers	28.46.0	6m	AAUE	
1959	Harry Gorman	St Augustine's, Dublin	31.16.4	6m	NACAI	
1960	Albert John "Bertie" Messitt	Donore Harriers	29.18.8	6m	AAUE	
1960	Pat Considine	Kilmihill	NT	6m	NACAI	
1961	Mick Connolly	Donore Harriers	29.58.6	6m	AAUE	
1961	John Downes	Kilmallock, Co. Limerick	30.37.6	6m	NACAI	
1962	Mick Connolly	Donore Harriers	28.58.8	6m	AAUE	
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	30.49.0	6m	NACAI	
1963	Albert John "Bertie" Messitt	Donore Harriers	29.14.0	6m	AAUE	
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	30.04.5	6m	NACAI	
1964	**James Joseph "Jim" Hogan***	**Polytechnic Harriers.**	**28.03.0**	**6m**	**AAUE**	*James "Jimmy" Cregan Knocksouna, Croom
1964	Michael "Mick" Molloy	Oughterard, Co. Galway	30.25.0	6m	NACAI	
1965	Jim McNamara	Donore Harriers	29.10.0	6m	AAUE	
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	31.45.9	6m	NACAI	
1966	Jim McNamara	Donore Harriers	29.16.0	6m	AAUE	
1966	Michael "Mick" Molloy	Oughterard, Co. Galway	31.02.0	6m	NACAI	
1967	Michael "Mick" Molloy	Oughterard, Co. Galway	30.25.4	6m	BLE	
1968	Matt Murphy	Rising Sun, Cork	28.48.0	6m	BLE	
1969	Denis Quinlan	St Finbarr's, Cork	30.11.8	10K	BLE	
1970	Donal Walsh	Leevale	29.43.4	10K	BLE	
1971	Donal Walsh	Leevale	29.34.2	10K	BLE	
1972	John Hartnett	Grange Fermoy	29.02.4	10K	BLE	
1973	Donal Walsh	Leevale	29.32.2	10K	BLE	
1974	Donal Walsh	Leevale	30.36.2	10K	BLE	
1975	Donal Walsh	Leevale	31.02.4	10K	BLE	
1976	Pat Murphy	Kildare	30.51.0	10K	BLE	
1977	Neil Cusack	Limerick	29.07.0	10K	BLE	
1978	Louis Kenny	Mullingar Harriers	29.55.2	10K	BLE	
1979	Ray Treacy	Leevale	30.01.0	10K	BLE	
1980	Neil Cusack	Limerick	29.39.0	10K	BLE	
1981	Jerry Kiernan	Clonliffe Harriers	28.55.9	10K	BLE	
1982	John Woods	Grange Fermoy	28.30.64	10K	BLE	
1983	Gerry Deegan	Deise, Co. Waterford	29.20.87	10K	BLE	
1984	John Woods	Liverpool	29.02.90	10K	BLE	
1985	John Treacy	Deise, Co. Waterford	28.59.73	10K	BLE	
1986	Robert Costelloe	Limerick	29.16.96	10K	BLE	
1987	**John Treacy**	**Deise, Co. Waterford**	**28.17.09**	**10K**	**BLE**	
1988	Gerry Curtis	Donore Harriers	28.49.26	10K	BLE	
1989	Richard Mulligan	Clonliffe Harriers	30.14.09	10K	BLE	

1990	Richard Mulligan	Clonliffe Harriers	30.06.52	10K	BLE
1991	Noel Richardson	Limerick	29.29.12	10K	BLE
1992	Gerry McGrath	Dundrum South Dublin	30.21.70	10K	BLE
1993	Noel Berkeley	Dundrum South Dublin	29.23.20	10K	BLE
1994	Noel Berkeley	Dundrum South Dublin	29.22.52	10K	BLE
1995	Noel Berkeley	Dundrum South Dublin	29.55.57	10K	BLE
1996	Sean Dollman	Kentucky	29.17.49	10K	BLE
1997	Noel Berkeley	Dundrum South Dublin	29.57.44	10K	BLE
1998	Noel Berkeley	Dundrum South Dublin	29.56.65	10K	BLE
1999	Noel Berkeley	Dundrum South Dublin	29.16.66	10K	BLE
2000	Seamus Power	Kilmurray/Ibrickane	28.54.61	10K	AAI
2001	Peter Matthews	Dundrum South Dublin	29.19.08	10K	AAI
2002	Seamus Power	Kilmurray/Ibrickane	29.37.92	10K	AAI
2003	Tom Carey	Limerick	31.08.91	10K	AAI
2004	Joe McAlister	St Malachy's, Belfast	29.46.59	10K	AAI
2005	Joe McAlister	St Malachy's, Belfast	30.18.80	10K	AAI
2006	Vincent Mulvey	Raheny Shamrock	29.58.35	10K	AAI
2007	Gary Thornton	Galway City Harriers	29.57.06	10K	AAI
2008	Martin Fagan	Mullingar Harriers	29.16.53	10K	AAI
2009	Josphat Boit	Clonliffe Harriers	29.44.55	10K	AAI
2010	Gary Thornton	Galway City Harriers	29.18.88	*10k*	AAI
2011	Mark Kenneally	Clonliffe Harriers	28.58.39	10k	AAI
2012	Brian Maher	Kilkenny City Harriers	30.17.07	10k	AAI
2013	Mark Kenneally	Clonliffe Harriers	29.21.69	*10k*	AAI
2014	Michael Clohissey	Raheny Shamrock	29.58.31	10k	AAI
2015	Mark Christie	Mullingar Harriers	29.52.84	10k	AAI
2016	Brandon Hargreaves	Dundrum South Dublin	29.45.01	*10k*	AAI
2017	Kevin Dooney	Raheny Shamrock	29.30.16	10k	AAI
2018	Stephen Scullion	Clonliffe Harriers	29.25.31	*10k*	AAI
2019	Stephen Scullion	Clonliffe Harriers	29.36.33	*10k*	AAI

10 km / 15 km Road Race

Most titles **2000, 01, 02, 03**
Gerry Ryan - 4

Championship Record

10K	**Martin Fagan**	**29.17**	**2010**
15K	**Robin Bryson**	**44.59**	**1990**

1990	Robin Bryson	Dundrum South Dublin	44.59	15K	BLE
1991	Gerry Curtis	Donore Harriers	45.02	15K	BLE
1992	Francis "Francie" Boylan	Monaghan Phoenix	47.07	15K	BLE
2000	Gerry Ryan	Galway City Harriers	29.58	10K	AAI
2001	Gerry Ryan	Galway City Harriers	30.19	10K	AAI
2002	Gerry Ryan	Galway City Harriers	30.29	10K	AAI
2003	Gerry Ryan	Galway City Harriers	30.27	10K	AAI
2004	Patrick Byrne	Tinryland	30.46	10K	AAI
2005	Paul McNamara	Athenry	30.56	10K	AAI
2006	Paul McNamara	Athenry	30.08	10K	AAI
2007	Alan O'Shea	Bantry	30.54	10K	AAI
2008	Seamus Power	Kilmurray Ibrickane	30.27	10K	AAI
2009	Sean Connolly	Tallaght	30.22	10K	AAI
2010	Martin Fagan	Mullingar Harriers	29.17	10K	AAI
2011	Martin Fagan	Mullingar Harriers	29.35	10K	AAI
2012	Mark Kenneally	Clonliffe Harriers	29.23	10K	AAI
2013	Stephen Scullion	North Belfast Harriers	30.15	10K	AAI
2014	Mark Hanrahan	Leevale	30.20	10K	AAI
2015	Mark Christie	Mullingar Harriers	30.10	10K	AAI
2016	Mick Clohisey	Raheny Shamrock	30.00	10K	AAI
2017	Mark Christie	Mullingar Harriers	29.30	10K	AAI
2018	Brian Maher	Kilkenny City Harriers	30.20	10K	AAI
2019	Hiko Tonosa	Dundrum South Dublin	30.41	10K	AAI

Teams

2016	Dundrum South Dublin
2017	Raheny Shamrock
2018	Raheny Shamrock
2019	City of Derry Spartans

10 Miles (16,093.4 m)

Most titles
Martin Egan - 5 **1943, 47, 48, 49, 50**

Championship Record
Bertie Messitt **49.42.0** **1963**

1894	Edward H Magennis	Belfast Harriers	57.31.0	IAAA
1895	Edward H Magennis	Belfast Harriers	58.00.4	IAAA
1912	Sgt Francis Joseph "Frank" O'Neill	Connacht Rangers; C & SH	56.09.6	IAAA
1923	Bevy H Bingham	Clonliffe Harriers	55.43.0	NACAI
1926	Bevy H Bingham	Clonliffe Harriers		NACAI
1931	Timothy F "Tim" Smythe	O'Callaghan's Mills	56.02.2	NACAI
1932	Timothy F "Tim" Smythe	O'Callaghan's Mills	56.35.0	NACAI
1933	JJ O'Connor	Limerick	60.15.2	NACAI
1934	JJ O'Connor	Clonliffe Harriers	57.11.0	NACAI
1935	JJ O'Connor	Clonliffe Harriers	55.32.0	NACAI
1936	J Hannon	Galteemore Harriers	56.57.0	NACAI
1937	James Sweeney	Coolcroo, Co. Tipperary	57.21.0	NACAI
1938	James Sweeney	Coolcroo, Co. Tipperary	56.00.0	NACAI
1939	James Sweeney	Coolcroo, Co. Tipperary	55.58.0	NACAI
1940	Dermot Walsh	Feakle, Co. Clare	55.23.2	NACAI
1941	Dermot Walsh	Feakle, Co. Clare	NT	NACAI
1942	Dermot Walsh	Feakle, Co. Clare	56.24.8	NACAI
1943	Martin Egan	Feakle, Co. Clare	56.09.0	NACAI
1944	WC "Charlie" McCooke	East Antrim Harriers	55.31.4	AAUE
1944	John “Jack” Egan	Shanaglish, Gort	56.57.0	NACAI
1945	Steve H McCooke	East Antrim Harriers	54.59.0	AAUE
1945	John “Jack” Egan	Shanaglish, Gort	NT	NACAI
1946	P Haughey	Brownstown	55.57.0	AAUE
1946	Jerry Kiely	Killenaule, Co. Tipperary	57.10.4	NACAI
1947	Steve H McCooke	East Antrim Harriers	54.10.0	AAUE
1947	Martin Egan	Shanglish, Gort	55.15.0	NACAI
1948	Jerry Kiely	Shanglish, Gort	53.26.0	AAUE
1948	Martin Egan	Shanglish, Gort	54.43.0	NACAI
1949	Steve H McCooke	East Antrim Harriers	52.31.4	AAUE
1949	Martin Egan	Shanglish, Gort	55.06.2	NACAI
1950	John Marshall	Ballydrain	56.24.0	AAUE
1950	Martin Egan	Shanglish, Gort	56.08.2	NACAI
1951	Charles Owens	East Antrim Harriers	53.15.0	AAUE
1951	Anthony "Andy" Monahan	Ballinasloe	54.40.4	NACAI
1952	Patrick "Patsy" Fitzgerald	Coolcroo, Co Tipperary	53.09.0	AAUE
1952	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	53.46.0	NACAI
1953	Michael J "Mick" Cleary	Moneygall, Co. Tipperary	54.24.0	NACAI
1954	Michael J "Mick" Cleary	Nenagh McDonagh	53.42.8	NACAI
1955	Patrick "Paddy" Carmody	Metro Harriers	53.35.2	NACAI
1956	Patrick "Paddy" Carmody	Metro Harriers	55.58.6	NACAI
1957	James "Jimmy" Cregan	Croom, Co. Limerick*	52.28.2	NACAI
1958	James "Jimmy" Cregan	Croom, Co. Limerick*	53.38.8	NACAI
1959	Harry Gorman	St Augustine's, Dublin	52.07.3	NACAI
1960	Michael "Mick" Neville	Tullamore Harriers	51.00.5	NACAI
1961	Michael "Mick" Molloy	Derrydonnell, Galway	51.30.0	NACAI
1962	Albert John "Bertie" Messitt	Donore Harriers	52.08.0	AAUE
1962	Sean O'Sullivan	Kilmallock, Co. Limerick	50.44.4	NACAI
1963	**Albert John "Bertie" Messitt**	**Donore Harriers**	**49.42.0**	**AAUE**
1963	Sean O'Sullivan	Tournafulla, Co. Limerick	50.32.4	NACAI
1964	Michael "Mick" Molloy	Oughterard	51.24.5	NACAI
1965	Jim McNamara	Donore Harriers	51.02.0	AAUE
1965	Sean O'Sullivan	Tournafulla, Co. Limerick	52.54.0	NACAI
1966	Jim McNamara	Donore Harriers	49.59.0	AAUE
1966	Michael "Mick" Molloy	Oughterard	54.03.3	NACAI
1967	Matt Murphy	Rising Sun, Cork	51.29.4	BLE
1968	Richard J "Dick" Hodgins	Leevale	49.49.8	BLE
1969	Matt Murphy	Rising Sun, Cork	49.27.2	BLE

1970-1983 Not held

1984	Robert J "Roy" Dooney	Dublin City Harriers	48.34	BLE
1985	Peter Maher	North Cork	49.52	BLE
1986	Tony O'Leary	Leevale	49.08	BLE
1987	John Fitzgerald	Clonmel	50.42	BLE
1988	John Scanlon	West Limerick	50.36	BLE
1989	John Scanlon	West Limerick	49.58	BLE
1990-2018	**Not held**			
2019	David Flynn	Clonliffe Harriers	49.55	AAI

*=James Joseph "Jim" Hogan Poltechnic Harr.

Half Marathon

Most titles
John Griffin - 3 **1990, 1993, 1994**

Championship Record
John Lenihan **1.03.15 1986**

1986	**John Lenihan**	**Riocht**	**1.03.15**	BLE
1987	Robert J "Roy" Dooney	Dublin City Harriers	1.03.35	BLE
1988	Robert Costelloe	Limerick	1.03.17	**BLE**
1989	Robert J "Roy" Dooney	Dublin City Harriers	1.04.50	BLE
1990	John Lenihan	Riocht	1.05.42	BLE
1991	John Griffin	St John's, Tralee	1.04.18	BLE
1992	Noel Berkeley	Dundrum South Dublin	1.04.05	BLE
1993	John Griffin	St John's, Tralee	1.05.38	BLE
1994	John Griffin	St John's, Tralee	1.05.06	BLE
1995	Gerry McGrath	Dundrum South Dublin	1.06.10	BLE
1996	Jamie Lewis	Unattached	1.07.36	BLE
1997	Tom McGrath	Mullingar Harriers	1.06.17	BLE
1998	Gerry McGrath	Dundrum South Dublin	1.09.11	BLE
1999	Gerry Healy	Civil Service	1.06.03	BLE
2000	Pauric McKinney	Civil Service	1.07.52	AAI
2001	Vincent "Vinny" Mulvey	Raheny Shamrock	1.07.50	AAI
2002	Gary Crossan	Letterkenny	1.07.42	AAI
2003	Cian McLoughlin	Clonliffe Harriers	1.06.14	AAI
2004	Seamus Power	Kilmurray/Ibrickane	1.03.20	AAI
2005	Gerry Ryan	Galway City Harriers	1.04.05	AAI
2006	Joseph "Joe" McAllister	St Malachy's, Belfast	1.06.04	AAI
2007	Sergiu Ciobanu	Clonliffe Harriers	1.09.05	AAI
2008	Cillian O'Leary	Raheny Shamrock	1.07.22	AAI
2009	Joseph "Joe" McAllister	St Malachy's, Belfast	1.05.51	AAI
2010	Andrew Ledwith	Fr Murphy's	1.09.10	AAI
2011	Sean Hehir	Rathfarnham WSAF	1.05.24	AAI
2012	Paul Pollock	Annadale Striders	1.04.14	AAI
2013	Mark Christie	Mullingar Harriers	1.06.09	AAI
2014	Michael Clohissey	Raheny Shamrock	1.05.54	AAI
2015	Paul Pollock	Annadale Striders	1.05.10	AAI
2016	Brian McMahon	Clonliffe Harriers	1.11.10	AAI
2017	Kevin Dooney	Raheny Shamrock	1.06.05	AAI
2018	David Flynn	Clonliffe Harriers	1.08.51	AAI
2019	Yared Derese	Carrick Aces	1.04.59	AAI

Club Teams

2006	Clonliffe Harriers	3.27.32
2007	Letterkenny	3.34.24
2008	West Waterford	3.26.37
2009	City of Derry	3.31.46
2010	Raheny Shamrock	3.32.09
2011	**Rathfarnham / WSAF**	**3.22.18**
2012	Clonliffe Harriers	3.29.04
2013	Clonliffe Harriers	3.26.38
2014	Raheny Shamrock	3.28.30
2015	Raheny Shamrock	3.23.21
2016	Clonliffe Harriers	3.38.01
2017	Clonliffe Harriers	3.24.26
2018	Clonliffe Harriers	3.43.27
2019	Raheny Shamrock	3.29.59

15 Miles 24,140 m / 25 km Road Race

Most titles
Dick Hodgins **1967, 68, 69**

Championship Record
Mick Neville **1.09.11 1959**

1950	Tommy Reilly	Tredagh, Drogheda	NT	15m	NACAI
1954	Joseph "Joe" West	Rising Sun, Cork	1.38.31	15m	NACAI
1955	Joseph "Joe" West	Rising Sun, Cork		15m	NACAI
1956	Paul Reid	Mountpleasant, Co. Louth	1.34.33	15m	NACAI
1957	Noel McGowan	Tullamore Harriers	1.26.00	15m	NACAI
1958	James P "Jim" McKinney	Newry Shamrock	1.21.06	15m	NACAI
1959	**Michael "Mick" Neville**	**Tullamore Harriers**	**1.09.11**	15m	**NACAI**
1960	Patrick "Paddy" Carmody	Metropolitan Harriers	1.23.40	15m	NACAI
1961	Michael O'Sullivan	Tournafulla	1.26.45	15m	NACAI
1962	Michael "Mick" Molloy	Derrydonnell AC	NT	15m	NACAI
1963	Michael "Mick" Molloy	Oughterard	1.15.30	15m	NACAI
1964	Harry Gorman	St Augustine's, Dublin	1.24.54	15m	NACAI
1965	Sean O'Sullivan	Tournafulla AC, Co. Limerick	1.25.39	15m	NACAI
1966	Michael "Mick" Molloy	Oughterard	1.17.53	15m	NACAI
1967	Richard J "Dick" Hodgins	Leevale	1.15.18	15m	BLE
1968	Richard J "Dick" Hodgins	Leevale	NT	15m	BLE
1969	Richard J "Dick" Hodgins	Leevale	1.11.44	15m	BLE
1970	Matt Murphy	Rising Sun, Cork	1.14.49	15m	BLE
1971	Richard Cowley	St Finbarr's, Cork	1.19.10	15m	BLE
1972	Danny McDaid	Clonliffe Harriers	NT	15m	BLE
1973	Pat O'Riordan	Leevale	1.13.59	15m	BLE
1974	Donal Walsh	Leevale	1.14.45	15m	BLE
1975	Donal Walsh	Leevale	1.14.22	15m	BLE
1976	Neil Cusack	Limerick	1.18.00	15m	BLE
1977	Richard Crowley	St Finbarr's, Cork	1.18.15	15m	BLE
1978	Joseph "Joe" Scanlon	Galway City Harriers	1.16.30	15m	BLE
1979	Pat Hooper	Raheny Shamrock	1.15.14	15m	BLE
1980	Jim McGlynn	Donore Harriers	1.19.06	25K	BLE
1981	Jim McGlynn	Donore Harriers	1.17.07	25K	BLE
1982	William Hayes	Reenavanna, Co. Limerick	1.24.05	25K	BLE
1983	Noel McCarron	Leterkenny	NT	25K	BLE
1984	John Griffin	St John's, Tralee	1.18.29	25K	BLE
1985	Richard Clifford	Limerick	1.19.43	25K	BLE

Discontinued

Marathon

Most titles

Dick Hooper - 6 **1978, 80, 81, 82, 84, 98**

Championship Record

John Woods **2.11.30 1988**

1924	JJ "Jack" O'Reilly	Galway City Harriers	3.01.26	NACAI
1925	JJ "Jack" O'Reilly	Galway City Harriers	2.56.04	NACAI
1926	JJ "Jack" O'Reilly	Galway City Harriers	2.58.30	NACAI
1927	JJ "Jack" O'Reilly	Galway City Harriers	2.55.01	NACAI
1928	PJ Doyle	Donore Harriers	2.55.40	NACAI
1929	Dave J McKeon	Blackrock	3.11.15	NACAI
1930	Dave J McKeon	Blackrock	3.11.35	NACAI
1931	J McKenny	Highgate Harriers	3.00.02	NACAI
1932	Dave J McKeon	Dún Laoghaire	2.57.27	NACAI
1933	John Timmins	Dublin City Harriers	2.49.52	NACAI
1934	John Timmins	Dublin City Harriers	3.24.15	NACAI
1935	James Doyle	Tullow	2.52.31	NACAI
1936	William "Billy" Morton	Clonliffe Harriers	2.48.27	NACAI
1937	Cpl Jim Hayden	Curragh	3.02.25	NACAI
1938	Cpl Jim Hayden	Curragh	3.09.15	NACAI
1939	Cpl Jim Hayden	Curragh	3.00.01	NACAI
1940	Not Held			NACAI
1941	Pte Edmond "Neddy" O'Connell	Army Metro	3.45.16	NACAI
1942	F Gibson	Westdown Harriers	3.14.00	AAUE
1942	Pte Patrick Ryan	An Dara	3.03.01	NACAI
1943	Tom M Orr	Willowfield Harriers	3.07.15	IAAB
1943	Pte Patrick Ryan	An Dara	2.54.23	NACAI
1944	Tom M Orr	Willowfield Harriers	2.47.43	IAAB
1944	Michael Egan	Shanaglish, Gort	3.22.23	NACAI
1945	Tom M Orr	Willowfield Harriers	2.49.00	IAAB
1945	Michael Egan	Shanaglish, Gort	2.58.03	NACAI
1946	John A "Jack" Henning	Duncairn Nomads	3.13.47	IAAB
1946	A Harrington	Dublin City Harriers	3.10.55	NACAI
1947	John A "Jack" Henning	Duncairn Nomads	2.44.57	IAAB
1947	Charles Browne	Shanaglish, Gort	3.04.47	NACAI
1948	Frank P Mulvihill	Coventry Godiva Harriers	2.56.02	IAAB
1948	Aidan Browne	Shanaglish, Gort	2.33.20	NACAI
1949	John A "Jack" Henning	Duncairn Nomads	2.45.07	IAAB
1949	Tom Reilly	Tredagh AC, Drogheda	3.11.05	NACAI
1950	John A "Jack" Henning	Duncairn Nomads	3.03.22	IAAB
1950	Jack Cox	Kilcormack AC, Co. Offaly	3.03.30	NACAI
1951	John A "Jack" Henning	Duncairn Nomads	2.44.54	IAAB
1951	Joseph "Joe" Williams	Dublin City Harriers	3.05.14	NACAI
1952	Joseph "Joe" West	Coventry Godiva Harriers	2.45.00	IAAB
1952	JT Exley	Dublin City Harriers	3.13.50	NACAI
1953	Harry Cooney	Clonliffe Harriers	2.43.15	IAAB
1953	Terence O'Sullivan	Mitchels AC, Tralee	2.42.36	NACAI
1954	Arthur P Kiely	Derby & County	2.35.34	IAAB
1954	Patrick "Patsy" McCabe	West Belfast Harriers	2.42.49	NACAI
1955	Harry Cooney	Clonliffe Harriers	2.33.20	IAAB
1955	Patrick "Patsy" McCabe	West Belfast Harriers	2.48.50	NACAI
1956	Robert "Bob" Crossan	Duncairn Nomads	2.42.07	AAUE
1956	Patrick "Patsy" McCabe	West Belfast Harriers	2.41.10	NACAI
1957	Frazer Walker	Clonliffe Harriers	2.39.58	AAUE
1957	Dan Lennon	Banbridge	2.48.07	NACAI
1958	Frazer Walker	Clonliffe Harriers	2.32.42	AAUE
1958	Noel McGowan	Tullamore Harriers	2.29.23	NACAI
1959	Robert "Bob" Crossan	Duncairn Nomads	2.33.00	IAAB
1959	Dan Lennon	Banbridge	2.41.59	NACAI
1959	Frazer Walker	Clonliffe Harriers	2.40.47	AAUE
1960	George McIntyre	Ponder's End, London	2.27.50	AAUE
1960	William "Willie" Morris	Derrydonnell, Galway	2.53.52	NACAI
1961	Michael "Mick" Doyle	Crusaders	2.55.00	AAUE
1961	Seamus Kearns	Newry Shamrock	2.45.44	NACAI
1962	Albert John "Bertie" Messitt	Donore Harriers	2.30.20	AAUE

1962	Seamus Kearns	Newry Shamrock	2.37.07		NACAI
1963	Albert John "Bertie" Messitt	Donore Harriers	2.27.06		AAUE
1963	Noel P Henry	St Mel's, Longford	2.37.28		NACAI
1964	Jim McNamara	Donore Harriers	2.33.17		AAUE
1964	Harry Gorman	St Augustine's	2.35.02		NACAI
1965	Jim McNamara	Donore Harriers	2.28.34		AAUE
1965	Harry Gorman	St Augustine's	2.28.37		NACAI
1966	Jim McNamara	Donore Harriers	2.24.29		AAUE
1966	Michael "Mick" Molloy	Oughterard	2.24.45		NACAI
1967	Willie Dunne	Donore Harriers	2.14.35	‡	BLE
1968	Michael "Mick" Molloy	Oughterard	2.22.52		BLE
1969	Michael "Mick" Molloy	Oughterard	2.22.32		BLE
1970	Danny McDaid	Clonliffe Harriers	2.22.13		BLE
1971	Fr Patrick "Paddy" Coyle	Lourdes, Drogheda	2.14.30	‡	BLE
1972	Donal Walsh	Leevale	2.15.21		BLE
1973	Brendan O'Shea	Donore Harriers	2.22.05		BLE
1974	Danny McDaid	Clonliffe Harriers	2.19.03		BLE
1975	Richard J "Dick" Hodgins	Leevale	2.19.46		BLE
1976	Danny McDaid	Clonliffe Harriers	2.13.06	‡	BLE
1977	Desmond "Dessie" McGann	Civil Service	2.20.34		BLE
1978	Richard "Dick" Hooper	Raheny Shamrock	2.23.19		BLE
1979	Patrick "Pat" Hooper	Raheny Shamrock	2.17.46		BLE
1980	Richard "Dick" Hooper	Raheny Shamrock	2.16.27		BLE
1981	Richard "Dick" Hooper	Raheny Shamrock	2.15.37		BLE
1982	Richard "Dick" Hooper	Raheny Shamrock	2.12.56		BLE
1983	Danny McDaid	Tirconaill	2.19.09		BLE
1984	Richard "Dick" Hooper	Raheny Shamrock	2.14.39		BLE
1985	John O'Toole	Tullamore Harriers	2.24.06		BLE
1986	Kingston Mills	Dublin City Harriers	2.15.58		BLE
1987	Pat Heffernan	Thurles	2.23.28		BLE
1988	**John Woods**	**Liverpool**	**2.11.30**		**BLE**
1989	John Griffin	St John's, Tralee	2.18.49		BLE
1990	Robert J "Roy" Dooney	Dublin City Harriers	2.16.07		BLE
1991	Tommy Hughes	Duncairn Nomads	2.14.46		BLE
1992	Jerry Kiernan	St John's, Tralee	2.17.19		BLE
1993	Seamus O'Donnell	Galway City Harriers	2.23.38		BLE
1994	Eamonn Tierney	Clonliffe Harriers	2.27.30		BLE
1995	Richard Mulligan	Clonliffe Harriers	2.27.11		BLE
1996	Seamus O'Donnell	Galway City Harriers	2.25.41		BLE
1997	Seamus O'Donnell	Galway City Harriers	2.29.08		BLE
1998	Richard "Dick" Hooper	Raheny Shamrock	2.22.08		BLE
1999	Gerry Healy	Civil Service	2.18.06		BLE
2000	Gerry Healy	Civil Service	2.21.28		AAI
2001	Pauric McKinney	Letterkenny	2.25.42		AAI
2002	Gary Crossan	Letterkenny	2.24.19		AAI
2003	Gary Crossan	Letterkenny	2.20.26		AAI
2004	Gary Crossan	Letterkenny	2.24.07		AAI
2005	Gary Crossan	Letterkenny	2.23.19		AAI
2006	Cian McLoughlin	Clonliffe Harriers	2.22.37		AAI
2007	Michael O'Connor	Galway City Harriers	2.25.48		AAI
2008	Michael O'Connor	Galway City Harriers	2.20.47		AAI
2009	Sergiu Turea Ciobanu	Clonliffe Harriers	2.22.06		AAI
2010	Sergiu Turea Ciobanu	Clonliffe Harriers	2.19.33		AAI
2011	Sean Connolly	Tallaght	2.18.52		AAI
2012	Paul Pollock	Annadale Striders	2.16.30		AAI
2013	Sean Hehir	Rathfarnham WSAF	2.18.19		AAI
2014	Sergiu Turea Ciobanu	Clonliffe Harriers	2.21.01		AAI
2015	Sean Hehir	Rathfarnham WSAF	2.19.47		AAI
2016	Sergiu Turea Ciobanu	Clonliffe Harriers	2.17.40		AAI
2017	Gary O'Hanlon	Clonliffe Harriers	2.18.53		AAI
2018	Mick Clohisey	Raheny Shamrock	2.15.58		AAI
2019	Stephen Scullion	Clonliffe Harriers	2.12.01		AAI

Marathon Club Teams

2007	Letterkenny	7.34.23
2008		
2009	Dundrum South Dublin	7.48.40
2010	Clonliffe Harriers	7.14.21
2011	Clonliffe Harriers	7.36.16
2012	Rathfarnham W.S.A.F	7.09.29
2013	Clonliffe Harriers	7.11.50
2014	Rathfarnham W.S.A.F	7.31.00
2015	Raheny Shamrock	7.30.27
2016	Clonliffe Harriers	7.08.04
2017	Clonliffe Harriers	6.57.44
2018	Clonliffe Harriers	6.54.28
2019	**Clonliffe Harriers**	**6.45.04**

Notes: The inaugural Irish Marathon Championship was held in 1924. The 1924-1928 and 1948 courses are considered to have been short.
From 1924 thru 1928, the route was from Garlow Cross (Navan) to Croke Park (Dublin) via Dunshaughlin and Phibsboro'.
The 1929 race was run over the same route but starting at Marin bridge, a point 1.5 miles beyond Garlow Cross.
The championship races from 1930-1937 were run over an out-and-back course starting and finishing at Croke Park, via Phibsboro, Ashtown, Clonee, and Dunboyne.
The 1938 National Championship was held in conjunction with the Cashel Sports, the route being Boherlahan, Holycross, Thurles, Horse and Jockey, Cashel and one circuit of the track.
The 1939 race was held in connection with the Tramway Sports at Croke Park, Dublin, the route being from Croke Park along the Ashbourne-Navan road and back to Croke Park.
‡ A re-measurement was made of the 1967 course and the distance was found to be 24.7 miles. The courses in 1971 and 1976 were also short.

1 Mile Steeplechase ½ Mile, 1000 Yards, 4 Miles

Most titles

1m	**JJ McIlvenny - 3**	**1890, 91, 93**	

Championship Record

1m	**C O'Connor**	**4.53.0**	**1914**

1887	William Lloyd Aherin	Co. Dublin Harriers	5.30.4	1m	IAAA
1888	CW Blundell	Co. Dublin Harriers	5.38.4	1m	IAAA
1889	TJ Corcoran	Elysian Harriers	5.19.2	1m	IAAA
1890	John J McIlvenny	Belfast Harriers	5.50.0	1m	IAAA
1891	John J McIlvenny	Belfast Harriers	5.21.2	1m	IAAA
1892	Frederick Robert Carr	Dublin University	5.23.4	1m	IAAA
1893	John J McIlvenny	Belfast Harriers	5.22.0	1m	IAAA
1894	Herbert CW "Bertie" Grimshaw	Dublin University	5.08.0	1m	IAAA
1895	J Archer	Elysian Harriers	NT	1m	IAAA
1896	Billy Whittem	Belfast Harriers	5.25.4	1m	IAAA
1897	Nicolas "Nick" Barron	Co. Kilkenny	5.42.4	1m	IAAA
1897	John Carroll Hayes	Cloughjordan		*1ky*	GAA
1898	Nicolas "Nick" Barron	Co. Kilkenny	5.57.4	1m	IAAA
1899	John F Joyce	Ballinasloe Harriers	6.05.4	1m	IAAA
1901	James E Finnegan	Haddington Harriers	5.04.6	1m	IAAA
1902	H O'Sullivan	Banteer	NT	1ky	GAA
1905	JT Fitzsimons	Mullagh	4.56.0	1m	IAAA
1906	L Kelly	Donore Harriers	6.00.2	1m	IAAA
1907	Not held				
1908	Frank J Buckley	Haddington Harriers	NT	1m	IAAA
1909	M Bruton		NT	1m	GAA
1909	JJ Doyle	City & Suburban Harriers	5.11.2	1m	IAAA
1910	T McGreevy	Lisburn	4.54.2	1m	IAAA
1910	J Corcoran	Killucan, Co. Westmeath	NT	½m	GAA
1910	Michael J Maye	Fermoy	NT	1m	GAA
1910	TJ Walsh	Drogheda	NT	1m	GAA
1911	John Joseph Daly	Galway	NT	½m	
1911	Charles Harris	YIAC	NT	1m	GAA
1912	JJ Fitzsimons	Mullagh, Co. Cavan	4.56.0	1m	GAA
1913	P McGuinness		NT	1m	GAA
1914	**C O'Connor**	**Ashbourne**	**4.53.0**	**1m**	**GAA**
1918	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	1m	GAA
1919	John J "JJ" Ryan	Dromline, Co. Tipperary	4.42.0	1m	GAA
1920	T Neville	Donuoghmore	4.49.0	1m	GAA
1920	J Connolly	Oughterard, Co. Galway	24.40.0	4m	GAA
1921	WWT Ahern	Mount Nugent, Co. Meath	NT	4m	GAA
1922	George Magan	Celbridge	5.39.0	1m	GAA
1923	A Gilmore	Ulsterville	4.47.0	1m	IAAA
1924	James McCarthy	Clonakilty, Co. Cork	5.01.0	1m	NACAI
1925					
1926	Douglas W Coard	Donore Harriers	NT	1m	NACAI

2 Miles 3218.7 m / 3000 m Steeplechase

Most titles

Liam O'Brien - 11 — **1978, 79, 80, 81, 83, 84, 86, 87, 91, 92, 94**

Eugene O'Neill - 6 — **1998, 2002, 03, 04, 05, 06**

Championship Record

Brendan Quinn — **8.32.60 1985**

1910	TF Gibbons		NT	2m	GAA
1923	John J "JJ" Ryan	Dromline, Co. Tipperary	NT	2m	NACAI
1924	John J "JJ" Ryan	Dromline, Co. Tipperary	10.15.4	2m	NACAI
1932	Michael T "Sonny" Murphy	O'Callaghan's Mills	9.51.8		NACAI
1937	Jim Doyle	Dublin City Harriers	9.52.8	2m	NACAI
1959	T Dunne	Donore Harriers	9.37.0		AAUE
1960	John McDonnell	Clonliffe Harriers	9.34.0		AAUE
1961	Not held				
1962	John McDonnell	Clonliffe Harriers	9.21.6		AAUE
1963	Michael "Mick" Connolly	Donore Harriers	9.55.0		AAUE
1964	Anthony “Tony” Murphy	Donore Harriers	9.42.0		IAAB
1964	Jim McNamara	Donore Harriers	9.42.8		AAUE
1965	Jim McNamara	Donore Harriers	9.10.2		AAUE
1965	Anthony “Tony” Murphy	Donore Harriers	NT		IAAB
1966	Anthony “Tony” Murphy	Donore Harriers	NT		AAUE
1967	John Cregan	Granagh, Limerick	9.41.0		BLE
1968	Anthony “Tony” Murphy	Donore Harriers	9.24.4		BLE
1969	Des McCormack	Clonliffe Harriers	9.22.2		BLE
1970	Des McCormack	Clonliffe Harriers	9.10.8		BLE
1971	Pat O'Riordan	Leevale	9.00.4		BLE
1972	Edward "Eddie" Leddy	Ballinamore, Co. Leitrim	9.01.4		BLE
1973	Finbarr Long	St Finbarr's, Cork	8.57.8		BLE
1974	Phil English	Tipperary	9.13.4		BLE
1975	Ray McBride	Pearse, Galway	8.58.4		BLE
1976	Finbarr Long	St Finbarr's, Cork	9.07.8		BLE
1977	Gerry Deegan	Waterford	8.48.9		BLE
1978	Liam O'Brien	Midleton	9.07.5		BLE
1979	Liam O'Brien	Midleton	8.52.6		BLE
1980	Liam O'Brien	Midleton	8.41.5		BLE
1981	Liam O'Brien	Midleton	8.48.96		BLE
1982	Brendan Quinn	Waterford	8.38.61		BLE
1983	Liam O'Brien	Midleton	8.39.65		BLE
1984	Liam O'Brien	Midleton	8.33.48		BLE
1985	**Brendan Quinn**	**Deise, Co. Waterford**	**8.32.80**		**BLE**
1986	Liam O'Brien	East Cork	8.56.02		BLE
1987	Liam O'Brien	East Cork	8.51.07		BLE
1988	Brendan Quinn	Waterford	8.42.83		BLE
1989	Kieran Stack	North Cork	8.50.37		BLE
1990	Kieran Stack	North Cork	8.40.94		BLE
1991	Liam O'Brien	East Cork	8.41.55		BLE
1992	Liam O'Brien	East Cork	9.00.40		BLE
1993	Enda Fitzpatrick	Dublin City Harriers	8.57.30		BLE
1994	Liam O'Brien	East Cork	8.56.43		BLE
1995	John Murray	Dublin City Harriers	9.03.34		BLE
1996	John Murray	Dublin City Harriers	8.39.24		BLE
1997	Pat Davoren	University College Cork	9.00.54		BLE
1998	Eugene O'Neill	Crusaders	9.04.87		BLE
1999	Cormac Smith	Dundrum South Dublin	8.50.35		BLE
2000	Cormac Smith	Dundrum South Dublin	8.51.22		AAI
2001	Cormac Smith	Dundrum South Dublin	9.00.55		AAI
2002	Eugene O'Neill	Crusaders	8.58.61		AAI
2003	Eugene O'Neill	Crusaders	9.09.19		AAI
2004	Eugene O'Neill	Crusaders	9.06.68		AAI
2005	Eugene O'Neill	Crusaders	9.03.75		AAI
2006	Eugene O'Neill	Crusaders	8.56.62		AAI

2007	Mark Kirwan	Raheny Shamrock	9.06.84	AAI
2008	Rory Chesser	Ennis Track	9.04.81	AAI
2009	Rory Chesser	Ennis Track	9.03.01	AAI
2010	Rory Chesser	Ennis Track	8.51.95	AAI
2011	Tomás Cotter	Dunleer	9.00.90	AAI
2012	David Flynn	Clonliffe Harriers	9.06.58	AAI
2013	Rory Chesser	Ennis Track	9.08.65	AAI
2014	Rory Chesser	Ennis Track	8.46.95	AAI
2015	Tomás Cotter	Dunleer	8.47.52	AAI
2016	Rory Chesser	Ennis Track	9.07.83	AAI
2017	Adam Kirk-Smith	Derry City	8.55.72	AAI
2018	Adam Kirk-Smith	Derry City	9.02.09	AAI
2019	Jayme Rossiter	Clonliffe Harriers	8.59.42	AAI

120 Yards 100.58 m / 110 m Hurdles

Most titles

TJ Kearns - 10		**1986, 87, 88, 89, 90, 91, 92, 93, 94, 97**
Peter Coghlan - 10		**1996, 98, 99, 2000, 01, 02, 03, 04, 05, 08**

Championship Record

Peter Coghlan	**13.51 +1.5**	**1999**

1873	John McLean	North of Ireland Cricket Club	18.2	y	Irish Champions AC
1874	William Joseph Hamilton	Dublin University	19.0	y	Irish Champions AC
1875	William Joseph Hamilton	Dublin University	18.4	y	Irish Champions AC
1876	William Joseph Hamilton	Cavan	18.6	y	Irish Champions AC
1877	William ER Barter	Irish Champions AC	18.2	y	Irish Champions AC
1878	Pat Davin	Carrick-On-Suir	17.5	y	Irish Champions AC
1879	Pat Davin	Carrick-On-Suir	17.6	y	Irish Champions AC
1880	Pat Davin	Carrick-On-Suir	17.4	y	Irish Champions AC
1881	George D Christian	City & Suburban Harriers	18.8	y	Irish Champions AC
1882	Pat Davin	Carrick-On-Suir	16.6	y	AAAI
1883	Pat Davin	Carrick-On-Suir	16.4	y	AAAI
1884	James Pedlow	Bessbrook FC, Co. Armagh	17.8	y	AAAI
1885	Edward J Walsh	Lansdowne FC, Dublin	17.6	y	IAAA
1885	Peter S Kenny	Carrick-On-Suir	20.0	y	GAA
1886	Edward J Walsh	Haddington Harriers	17.0	y	IAAA
1886	Edward J Walsh	Haddington Harriers	17.0	y	GAA
1887	David Frederick Rambaut	Dublin University	17.4	y	IAAA
1887	Daniel Delany Bulger	Lansdowne FC, Dublin	17.6	y	GAA
1888	Daniel Delany Bulger	Lansdowne FC, Dublin	17.0	y	IAAA
1888	Daniel Delany Bulger	Lansdowne FC, Dublin	17.2	y	GAA
1889	Frank Joseph Freer	Dublin University	17.0	y	IAAA
1889	Daniel Delany Bulger	Lansdowne FC, Dublin	17.0	y	GAA
1890	Frank Joseph Freer	Dublin University	16.6	y	IAAA
1890	Daniel Delany Bulger	Lansdowne FC, Dublin	16.8	y	GAA
1891	Frank Joseph Freer	Dublin University	16.6	y	IAAA
1891	James Patrick O'Sullivan	Killorglin, Co. Kerry	17.0	y	GAA
1892	Daniel Delany Bulger	Co. Dublin Harriers	16.4	y	IAAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1893	Robert Pedlow	NIFC	17.0	y	IAAA
1893	Ignatius AE Mulligan	Roscommon	17.0	y	GAA
1894	Ignatius AE Mulligan	Roscommon	16.8	y	IAAA
1894	JM Walsh	Lee	20.2	y	GAA
1895	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	17.2	y	IAAA
1895	George Browne	Castlebridge	19.4	y	GAA
1896	George Pratt Moyles	Lansdowne, Dublin	17.0	y	IAAA
1896	Patrick "Paddy" Harding	Dublin	17.6	y	GAA
1897	Ignatius AE Mulligan	Roscommon	16.4	y	IAAA
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	18.2	y	GAA
1898	Denis Carey	Dublin Metropolitan Police	17.2	y	IAAA
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.4	y	GAA
1899	Denis Carey	Dublin Metropolitan Police	16.8	y	IAAA
1899	Patrick "Paddy" Harding	Dublin	16.8	y	GAA
1900	Denis Carey	Dublin Metropolitan Police	16.8	y	IAAA
1900	John J Keane	Dublin	NT	y	GAA
1901	Denis Carey	Dublin Metropolitan Police	16.6	y	IAAA
1901	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1902	Denis Carey	Dublin Metropolitan Police	17.0	y	IAAA
1902	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.2	y	GAA
1903	Patrick "Paddy" Harding	Dublin	17.0	y	IAAA
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1904	John "Jack" Murray	Kilmainham	16.6	y	IAAA
1904	Laurence A Kiely	Ballyneale, Co. Tipperary	NT	y	GAA
1905	Denis Carey	Dublin Metropolitan Police	16.6	y	IAAA
1905	JJ Burke	Dunmanway, Co. Cork	16.8	y	GAA
1906	Laurence A Kiely	Ballyneale, Co. Tipperary	16.8	y	IAAA
1906	JJ Curry	Waterford	16.8	y	GAA
1907	Denis Murray	Co. Dublin	17.0	y	IAAA
1907	Thomas Francis "Tom" Kiely	Carrick-On-Suir	16.8	y	GAA
1908	Timothy Joseph "Tim" Ahearne	Athea	16.8	y	IAAA

1908	James J Bourke	Cappawhite, Co. Tipperary	16.8	*y*	GAA
1909	Timothy Joseph "Tim" Ahearne	Athea	16.6	*y*	IAAA
1909	James J Bourke	Cappawhite, Co. Tipperary	16.8	*y*	GAA
1910	Cecil E Kinahan	Faugh A Ballagh	17.8	*y*	IAAA
1910	Percy Kirwan	Kilmacthomas, Co. Waterford	16.8	*y*	GAA
1911	E O'Brien	London	16.4	*y*	IAAA
1911	Denis McCarthy	Castlemagner, Cork	16.4	*y*	GAA
1912	Cyril R Dugmore	London	16.4	*y*	IAAA
1912	Denis McCarthy	Castlemagner, Cork	17.0	*y*	GAA
1913	Patrick J Kinnane	Upperchurch, Co. Tipperary	18.6	*y*	IAAA
1913	P Bourke	Kilmallock, Co. Limerick	16.8	*y*	GAA
1914	John J O'Mullane	Cork	16.4	*y*	IAAA
1914	J Mulvihill	Castlemagner, Cork	17.0	*y*	GAA
1915	M McNamara	Cork	17.4	*y*	GAA
1916	MJ Donohoe	Dublin	16.4	*y*	GAA
1917	MW O'Brien	Drumcollogher, Co. Limerick	17.4	*y*	GAA
1918	William "Bill" Britton	Cahirciveen, Co. Kerry	17.0	*y*	GAA
1919	Thomas George Wallis	Shankill	16.8	*y*	IAAA
1919	PJ Keane	Thurles	16.4	*y*	GAA
1920	Thomas George Wallis	Clonliffe Harriers	17.0	*y*	IAAA
1920	William "Bill" Britton	Cahirciveen, Co. Kerry	17.6	*y*	GAA
1921	Thomas George Wallis	Clonliffe Harriers	16.4	*y*	IAAA
1921	J O'Donovan	Cork	17.4	*y*	GAA
1922	Thomas George Wallis	Clonliffe Harriers	16.4	*y*	IAAA
1922	Harry Conway	University College Dublin	16.8	*110m*	GAA
1923	Harry Conway	University College Dublin	16.8	*y*	NACAI
1924	J Donovan	Youghal	17.2	*y*	NACAI
1925	William F "Bill" Shanahan	Dublin Metropolitan Garda	17.0	*y*	NACAI
1926	James Alexander Price	Queen's University Belfast	16.8	*y*	NACAI
1927	Sean Lavan	University College Dublin	16.4	*y*	NACAI
1928	AF Clarke	Belfast	15.4	*y*	NACAI
1929	Andy Nolan	Dublin Metropolitan Garda	15.6	*y*	NACAI
1930	Robert Morton Newburgh "Bob" Tisdall	Cambridge University	15.8	*y*	NACAI
1931	Theobald Denis Phelan	University College Dublin	15.4	*y*	NACAI
1932	Robert Morton Newburgh "Bob" Tisdall	Cambridge University	15.2	*y*	NACAI
1933	Theobald Denis Phelan	University College Dublin	16.4	*y*	NACAI
1934	Theobald Denis Phelan	Milocarian	16.2	*y*	NACAI
1935	Lionel Henry Braddell	Dublin University	16.2	*y*	NACAI
1936	Lionel Henry Braddell	Dublin University	16.2	*y*	NACAI
1937	Lt OG White	Milocarian	16.4	*y*	AAUE
1937	Roderic Norman Coote	Dublin University	16.2	*y*	NACAI
1938	Richard "Hume" Wallace	Dublin University	16.2	*y*	AAUE
1938	PA O'Farrell	Limerick	16.8	*y*	NACAI
1939	Roderic Norman Coote	Dublin University	15.8	*y*	AAUE
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	16.6	*y*	NACAI
1940	Roderic Norman Coote	Dublin University	16.2	*y*	AAUE
1940	William J "Willie" Phelan	University College Cork	16.6	*y*	NACAI
1941	Roderic Norman Coote	Dublin University	16.8	*y*	AAUE
1941	MJ Corbett	Dublin City Harriers	16.1	*y*	NACAI
1942	George Alfred Mitchell	Dublin University	17.6	*y*	IAAB
1943	Brian Harvey	Hermes	18.7	*y*	AAUE
1943	Brendan J Flanagan	University College Dublin	16.4	*y*	NACAI
1943	WE Stafford	Queen's University Belfast	18.0	*y*	IAAB
1944	George Alfred Mitchell	Dublin University	16.4	*y*	AAUE
1944	Cpl K Sheehan	Curragh	16.4	*y*	NACAI
1944	RD Crampsie	Royal Ulster Constabulary	16.2	*y*	IAAB
1945	MJ Corbett	Celtic, Dublin	17.0	*y*	NACAI
1945	WE Stafford	Queen's University Belfast	17.0	*y*	IAAB
1946	George Alfred Mitchell	Dublin University	16.1	*y*	AAUE
1946	Gerry Lillis	University College Dublin	16.0	*y*	NACAI
1946	Prince AF Adedoyin	Queen's University Belfast	16.1	*y*	IAAB
1947	Lt Theo M Ryan	Crusaders	16.4	*y*	AAUE
1947	Douglas M Dennehy	University College Cork	16.8	*y*	NACAI
1947	Prince AF Adedoyin	Queen's University Belfast	16.0	*y*	IAAB
1948	Lt Theo M Ryan	Crusaders	16.6	*y*	AAUE
1948	Douglas M Dennehy	University College Cork	16.2	*y*	NACAI
1948	Prince AF Adedoyin	Queen's University Belfast	15.7	*y*	IAAB
1949	Lt Theo M Ryan	Crusaders	16.4	*y*	AAUE
1949	Sean Murphy	University College Dublin	16.4	*y*	NACAI
1949	Prince AF Adedoyin	Queen's University Belfast	16.2	*y*	IAAB
1950	Robert Joseph Caruana	Dublin University	16.0	*y*	AAUE
1950	Sean Murphy	University College Dublin	16.0	*y*	NACAI
1950	Richard Love	Instonians	16.2	*y*	IAAB

1951	Robert Joseph Caruana	Dublin University	16.0	*y*	AAUE
1951	Eamon Kinsella	St James's Gate	15.5	*y*	NACAI
1951	PJ Clarke	Queen's University Belfast	16.7	*y*	IAAB
1952	Jan Hendrick van R Hofmeyr	Dublin University	17.0	*y*	AAUE
1952	Eamon Kinsella	St James's Gate	15.2	*y*	NACAI
1952	Richard Love	Instonians	16.0	*y*	IAAB
1953	Nicolaas Jacobus Benjamin de Wet	Dublin University	16.4	*y*	AAUE
1953	Eamon Kinsella	St James's Gate	15.3	*y*	NACAI
1953	JC McVeigh	Queen's University Belfast	16.2	*y*	IAAB
1954	Eamon Kinsella	Donore Harriers	14.7	*y*	AAUE
1954	Fionnbar Callanan	University College Dublin	16.8	*y*	NACAI
1954	Eamon Kinsella	Donore Harriers	15.4	*y*	IAAB
1955	Eamon Kinsella	Donore Harriers	15.0	*y*	AAUE
1955	Jack Whelan	St James's Gate	16.3	*y*	NACAI
1955	Eamon Kinsella	Donore Harriers	14.8	*y*	IAAB
1956	Eamon Kinsella	Donore Harriers	14.7	*y*	AAUE
1956	Jack Whelan	St James's Gate	15.7	*y*	NACAI
1956	Eamon Kinsella	Donore Harriers	14.5	*y*	IAAB
1957	David Frederic Archer	Dublin University	18.2	*y*	AAUE
1957	Jack Whelan	St James's Gate	15.6	*y*	NACAI
1957	Eamon Kinsella	Donore Harriers	14.9	*y*	IAAB
1958	Eamon Kinsella	Donore Harriers	NT	*y*	AAUE
1958	Jack Whelan	St James's Gate	NT	*y*	NACAI
1958	Desmond Price	Queen's University Belfast	14.5	*y*	IAAB
1959	Karl Bornemann	Crusaders	16.8	*y*	AAUE
1959	Michael Lanigan	University College Dublin	15.3	*y*	NACAI
1959	Desmond Price	Queen's University Belfast	14.9	*y*	IAAB
1960	John Patrick Gilmartin	Dublin University	16.0	*y*	AAUE
1960	Michael Lanigan	University College Dublin	15.0	*y*	NACAI
1960	Desmond Price	Queen's University Belfast	15.5	*y*	IAAB
1961	Frank Riach Ironside Middleton	Donore Harriers	16.4	*y*	AAUE
1961	Michael Lanigan	University College Dublin	15.2	*y*	NACAI
1961	Desmond Price	Queen's University Belfast	15.5	*y*	IAAB
1962	Frank Riach Ironside Middleton	Dublin University	15.7	*y*	AAUE
1962	Michael Lanigan	University College Dublin	15.1	*y*	NACAI
1962	Desmond Price	Queen's University Belfast	15.2	*y*	IAAB
1963	Leon McAleer	Donore Harriers	16.4	*y*	AAUE
1963	Michael Lanigan	Kilkenny City Harriers	15.7	*y*	NACAI
1963	Desmond Price	Short & Harland, Belfast	15.8	*y*	IAAB
1964	Eddie Thornton	Crusaders	15.6	*y*	AAUE
1964	Michael Lanigan	Kilkenny City Harriers	15.3	*y*	NACAI
1964	Desmond Price	Short & Harland, Belfast	15.0	*y*	IAAB
1965	Kevin Byrne	Crusaders	18.3	*y*	AAUE
1965	Michael Lanigan	Kilkenny City Harriers	15.4	*y*	NACAI
1965	A Scott	Dublin University	15.2	*y*	IAAB
1966	Robert Roland Miller	Dublin University	16.5	*y*	AAUE
1966	Tony Moloney	Limerick	16.8		NACAI
1966	John Kinaghan	London	15.5	*y*	IAAB
1967	Tony Moloney	Limerick	15.1	*y*	BLE
1968	Paul Griffin	Clonliffe Harriers	15.6	*y*	BLE
1969	Paul Griffin	Clonliffe Harriers	15.5		BLE
1970	Liam Spooner	Thurles	15.9		BLE
1971	John Fisher	Dublin City Harriers	16.0		BLE
1972	Shay Fitzpatrick	Waterford	16.0		BLE
1973	Shay Fitzpatrick	Waterford	15.6		BLE
1974	Brendan Curtin	University College Dublin	15.5		BLE
1975	Lindsay Pennycook	Crusaders	16.0		BLE
1976	Seamus Power	Leevale	15.9		BLE
1977	Seamus Power	Leevale	15.65		BLE
1978	John Fortune	Crusaders	16.09		BLE
1979	David Kelly	South Dublin	14.84		BLE
1980	Robert Roland Miller	Crusaders	15.31		BLE
1981	Carson Porteous	Annadale Striders	14.73	w	BLE
1982	Carson Porteous	Annadale Striders	14.65		BLE
1983	Robert Roland Miller	Crusaders	15.93		BLE
1984	Ciaran McDunphy	Raheny Shamrock	14.92		BLE
1985	Ciaran McDunphy	Raheny Shamrock	14.77		BLE
1986	T.J. Kearns	Dublin City Harriers	14.74		BLE
1987	T.J. Kearns	Dublin City Harriers	14.64		BLE
1988	T.J. Kearns	Dublin City Harriers	14.41		BLE
1989	T.J. Kearns	Dublin City Harriers	14.62		BLE
1990	T.J. Kearns	Dublin City Harriers	14.02		BLE
1991	T.J. Kearns	Dublin City Harriers	13.81		**BLE**

1992	T.J. Kearns	Dublin City Harriers	13.98		BLE
1993	T.J. Kearns	Dublin City Harriers	13.62	+2.8	BLE
1994	T.J. Kearns	Dublin City Harriers	13.92		BLE
1995	Sean Cahill	Cushinstown	14.40		BLE
1996	Peter Coghlan	Crusaders	14.08		BLE
1997	T.J. Kearns	Dublin City Harriers	14.29		BLE
1998	Peter Coghlan	Crusaders	14.20		BLE
1999	**Peter Coghlan**	**Crusaders**	**13.51**	**+1.5**	**BLE**
2000	Peter Coghlan	Crusaders	14.08	+0.5	AAI
2001	Peter Coghlan	Crusaders	13.73	-2.7	AAI
2002	Peter Coghlan	Crusaders	13.79	+0.3	AAI
2003	Peter Coghlan	Crusaders	14.01	+0.9	AAI
2004	Peter Coghlan	Crusaders	13.80	+0.4	AAI
2005	Peter Coghlan	Crusaders	13.91	+3.1	AAI
2006	Ian McDonald	Crusaders	14.87	-1.7	AAI
2007	Ian McDonald	Crusaders	14.62	-1.1	AAI
2008	Peter Coghlan	Crusaders	13.90	+2.5	AAI
2009	Ian McDonald	Crusaders	14.29	-1.7	AAI
2010	Edmond O'Halloran	Leevale	15.29	-2.3	AAI
2011	Ben Reynolds	North Down	14.05	-1.6	AAI
2012	Simon Taggart	Donore Harriers	14.27		AAI
2013	Tom Carey	Shaftsbury Harriers	14.77	*-0.8*	AAI
2014	Gerard O'Donnell	Carrick-on-Shannon	14.57	*0.9*	AAI
2015	Ben Reynolds	North Down	13.84	*-1.9*	AAI
2016	Ben Reynolds	North Down	13.89	*-0.5*	AAI
2017	Gerard O'Donnell	Carrick-on-Shannon	13.94	*2.1*	AAI
2018	Gerard O'Donnell	Carrick-on-Shannon	14.05	*-0.5*	AAI
2019	Gerard O'Donnell	Carrick-on-Shannon	14.26	*0.8*	AAI

440 Yards 402.34 m / 400 m Hurdles

Most titles

Thomas Barr-8	**2011, 12, 13, 14, 15, 16, 17, 18**
Tom McGuirk - 6	**1994, 95, 96, 97, 98, 2000**

Championship Record

Thomas Barr	**49.56**	**2018**

1924	Sean Lavan	University College Dublin	60.8	*y*	NACAI
1928	AJ Nolan	Dublin Metropolitan Garda	57.6	*y*	NACAI
1929	AJ Nolan	Dublin Metropolitan Garda	59.2	*y*	NACAI
1932	Robert Morton Newburgh "Bob" Tisdall	Cambridge University	54.2		NACAI
1945	Lt Theo M Ryan	Curragh	59.0		NACAI
1948	Theo M Ryan	Crusaders	60.0		AAUE
1949	Jan Hendrick van R Hofmeyr	Dublin University	58.2		AAUE
1950	ES Williams	Royal College of Surgeons	58.4		AAUE
1951	John Barry Gill	Dublin University	59.6		AAUE
1952	D O'Sullivan	Achilles	58.2		AAUE
1953	Norman "Michael" O'Kelly	Donore Harriers	58.9		AAUE
1954	M McGarry	Clonliffe Harriers	60.7		AAUE
1955	Eric William Wood	Dublin University	60.4		AAUE
1956	Tommy Coleman	Donore Harriers	59.2		AAUE
1957	Tommy Coleman	Donore Harriers	60.6		AAUE
1957	T Foley	Celtic, Dublin	58.9		NACAI
1958	Tommy Coleman	Donore Harriers	59.0		AAUE
1958	T Foley	Celtic, Dublin	58.4		NACAI
1959	Brian Desmond Anthony Hannon	Dublin University	56.3		AAUE
1959	Eddie Thornton	University College Dublin	57.6		NACAI
1960	Brian Desmond Anthony Hannon	Dublin University	57.3		AAUE
1960	Patrick J Conneff	Inchicore	59.0		NACAI
1960	I Argyle	Clonliffe Harriers	57.7		IAAB
1961	Tommy Coleman	Donore Harriers	57.2		AAUE
1961	Michael Lanigan	University College Dublin	57.2		NACAI
1961	Tommy Coleman	Donore Harriers	57.2		IAAB
1962	Karl Bornemann	Crusaders	58.0		AAUE
1962	Michael Lanigan	University College Dublin	58.0		NACAI
1962	A Scott	Dublin University	58.1		IAAB
1963	David White	Crusaders	58.0		AAUE
1963	Michael Lanigan	Kilkenny City Harriers	57.5		NACAI
1963	David White	Crusaders	60.4		IAAB
1964	Eddie Thornton	Crusaders	58.4		AAUE
1964	Seán F Ó Muircheartaigh	University College Dublin	58.2		NACAI
1964	H Snyder	Clonliffe Harriers	57.0		IAAB
1965	Anthony DG Shillington	Dublin University	57.6		AAUE
1965	Michael Lanigan	Kilkenny City Harriers	57.6		NACAI
1965	G Younger	Achilles, Oxford, UK	56.3		IAAB
1966	F Ó Cuinneagain	Clonliffe Harriers	58.2		AAUE
1966	Anthony "Tony" Moloney Limerick	Limerick	58.2		NACAI
1966	T Alderics	Queens University Belfast	56.2		IAAB
1967	Anthony "Tony" Moloney Limerick	Limerick	56.0		BLE
1968	Seán F Ó Muircheartaigh	University College Dublin	55.5		BLE
1969	Seán F Ó Muircheartaigh	University College Dublin	54.7		BLE
1970	John McDermott	Sligo	55.3		BLE
1971	John James Dillon	Dublin City Harriers	53.7		BLE
1972	John James Dillon	Dublin City Harriers	55.0		BLE
1973	Tim Crowe	Limerick	54.9		BLE
1974	Tim Crowe	Limerick	55.2		BLE
1975	John James Dillon	Dublin City Harriers	54.7		BLE
1976	Tim Crowe	Limerick	55.0		BLE
1977	John McGing	Derby	53.49		BLE
1978	John McGing	Derby	55.45		BLE
1979	Kevin Currid	South Dublin	54.3		BLE
1980	Kevin Currid	South Dublin	53.22		BLE
1981	Kevin Currid	South Dublin	52.41		BLE

1982	Phil Beattie	Shortts, Belfast	52.47	BLE
1983	Kevin Currid	South Dublin	51.96	BLE
1984	John Joe Barry	Dublin City Harriers	51.56	BLE
1985	Ciaran McDunphy	Raheny Shamrock	52.57	BLE
1986	John Joe Barry	Dublin City Harriers	52.05	BLE
1987	John Joe Barry	Dublin City Harriers	52.45	BLE
1988	John Joe Barry	Dublin City Harriers	52.82	BLE
1989	TJ Kearns	Dublin City Harriers	52.84	BLE
1990	Nigel Keogh	Blackheath	53.04	BLE
1991	Ciaran McDunphy	Raheny Shamrock	51.83	BLE
1992	Ciaran McDunphy	Raheny Shamrock	53.94	BLE
1993	Nigel Keogh	Blackheath	53.94	BLE
1994	Tom McGuirk	Dublin City Harriers	51.31	BLE
1995	Tom McGuirk	Dublin City Harriers	50.97	BLE
1996	Tom McGuirk	Dublin City Harriers	50.61	BLE
1997	Tom McGuirk	Dublin City Harriers	51.00	BLE
1998	Tom McGuirk	Dublin City Harriers	50.92	BLE
1999	Brian Liddy	Crusaders	51.19	BLE
2000	Tom McGuirk	Dublin City Harriers	50.69	AAI
2001	Stephen McDonnell	Cuchulainn	51.97	AAI
2002	Stephen McDonnell	Dublin City Harriers	51.45	AAI
2003	Brian Liddy	Crusaders	53.06	AAI
2004	Ian Neely	Ballymena & Antrim	52.72	AAI
2005	Antoine Burke	Crusaders	52.41	AAI
2006	Antoine Burke	Crusaders	52.75	AAI
2007	Jonathan Miller	Dundrum South Dublin	52.39	AAI
2008	Tom Carey	City of Derry	52.03	AAI
2009	Tom Carey	City of Derry	52.28	AAI
2010	Patrick Maher	Leevale	51.53	AAI
2011	Thomas Barr	Ferrybank	50.06	AAI
2012	Thomas Barr	Ferrybank	50.87	AAI
2013	Thomas Barr	Ferrybank	49.78	AAI
2014	Thomas Barr	Ferrybank	50.04	AAI
2015	Thomas Barr	Ferrybank	49.68	AAI
2016	Thomas Barr	Ferrybank	50.28	AAI
2017	Thomas Barr	Ferrybank	49.79	AAI
2018	**Thomas Barr**	**Ferrybank**	**49.56**	**AAI**
2019	Paul Byrne	St. Abbans	51.73	AAI

High Jump

Most titles

Richard O'Rafferty - 15 — **1934, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 49**

Championship Record

Brendan Reilly — **2.28 1999**

1873	Thomas Davin	Suir Rowing Club	1.78	Irish Champions AC
1874	P Cadogan	Unattached	1.52	Irish Champions AC
1875	George M Kenny	Clongowes	1.60	Irish Champions AC
1876	Thomas Davin	Suir Rowing Club	1.71	Irish Champions AC
1877	William A Kelly	Queen's College Cork	1.67	Irish Champions AC
1878	Patrick Davin	Carrick-On-Suir	1.74	Irish Champions AC
1879	Patrick Davin	Carrick-On-Suir	1.72	Irish Champions AC
1880	Patrick Davin	Carrick-On-Suir	1.80	Irish Champions AC
1881	D Browning	Limerick & City & Suburban	w/o	Irish Champions AC
1882	Patrick Davin	Carrick-On-Suir	1.88	AAAI
1883	Patrick Davin	Carrick-On-Suir	1.75	AAAI
1884	Thomas H M Hobbs	Dublin University	1.65	AAAI
1885	Patrick J Kelly	French College	1.77	
1885	Edward J Walshe	Lansdowne FC	1.77	IAA
1885	Patrick McGrath	Aherlow, Co. Tipperary	1.60	GAA
1886	James S Smyth	Queen's College Cork	1.70	IAAA
1886	Patrick McGrath	Royal Irish Constabulary, Dublin	1.78	GAA
1887	James S Smyth	Queen's College Cork	1.77	IAAA
1887	Patrick J Kelly	Blackrock College & Cree	1.86	GAA
1887	W Bryd Page	Manhattan Athletic Club	1.86	GAA
1888	Patrick J Kelly	Blackrock College	1.81	IAAA
1888	Tim M O'Connor	Ballyclough, Co. Limerick	1.79	GAA
1889	Patrick McGrath	Carrick-On-Shannon	1.79	IAAA
1889	JJ Murphy	Coppeen, Co. Cork	1.68	GAA
1890	Patrick McGrath	Derry	1.70	IAAA
1890	Thomas J Jennings	Cambridge University	1.70	IAAA
1890	PM Quinlan	Knockaney, Co. Limerick	1.77	GAA
1891	James M Ryan	Dublin	1.85	IAAA
1891	Murty O'Brien	Buttevant, Co. Cork	1.81	GAA
1892	James M Ryan	St Patrick's College	1.81	IAAA
1892	Murty O'Brien	Mallow	1.85	GAA
1893	James M Ryan	Erin's Hope FC	1.86	IAAA
1893	Murty O'Brien	Mallow	1.89	GAA
1894	Matthew Roseingrave	Galway	1.70	IAAA
1894	Murty O'Brien	Buttevant, Co. Cork	1.85	GAA
1895	James M Ryan	Bansha	1.80	IAAA
1895	James M Ryan	Bansha	1.83	GAA
1896	Patrick Farrelly	Barbarians AC, Belfast	1.68	IAAA
1896	Murty O'Brien	Mallow	1.84	GAA
1897	Patrick Joseph Leahy	Charleville	1.73	IAAA
1897	Patrick Joseph Leahy	Charleville	1.78	GAA
1898	Patrick Joseph Leahy	Charleville	1.73	IAAA
1898	Patrick Joseph Leahy	Charleville	1.97	GAA
1899	Patrick Joseph Leahy	Charleville	1.79	IAAA
1899	Peter O'Connor	Waterford	1.75	GAA
1900	Patrick Joseph Leahy	Charleville	1.78	IAAA
1900	Peter O'Connor	Waterford	1.78	IAAA
1901	Peter O'Connor	Waterford	1.77	IAAA
1901	Cornelius "Con" Leahy	Charleville	1.81	GAA
1902	Cornelius "Con" Leahy	Charleville	1.85	IAAA
1902	Cornelius "Con" Leahy	Charleville	1.83	GAA
1903	Cornelius "Con" Leahy	Charleville	1.78	IAAA
1903	Cornelius "Con" Leahy	Charleville	1.89	GAA
1904	Cornelius "Con" Leahy	Charleville	1.71	IAAA
1904	Cornelius "Con" Leahy	Charleville	1.88	GAA
1905	Cornelius "Con" Leahy	Charleville	1.83	IAAA
1905	Cornelius "Con" Leahy	Charleville	1.83	GAA
1906	Cornelius "Con" Leahy	Charleville	1.84	IAAA
1906	William F Bennett	K.A.C., Cork	1.77	GAA

1907	Cornelius "Con" Leahy	Charleville	1.85		IAAA
1907	Michael J Creed	Elton, Co. Limerick	1.80		GAA
1907	Timothy J Ahearne	Dirreen, Killarney	1.80		GAA
1908	Cornelius "Con" Leahy	Charleville	1.83		IAAA
1908	James J Bourke	Cappawhite, Co. Tipperary	1.78		GAA
1909	Timothy J Ahearne	Athea, Co. Limerick	1.80		IAAA
1909	James J Bourke	Dromcollogher, Co. Limerick	1.85		GAA
1909	Timothy J Leahy	Charleville	1.85		GAA
1910	Patrick J Lehane	Knocklong, Co. Limerick	1.71		IAAA
1910	Frank Roche	Bandon	1.60		GAA
1910	Jack Colbert	Lismore, Co. Waterford	1.60		GAA
1911	Michael J Creed	Elton, Co. Limerick	1.67		IAAA
1911	Timothy J Leahy	Charleville	1.80		GAA
1912	Timothy J Carroll	Royal Irish Constabulary, Kinsale	1.83		IAAA
1912	Timothy J Leahy	Charleville	1.67		GAA
1913	Timothy J Carroll	Royal Irish Constabulary, Kinsale	1.60		IAAA
1913	Timothy J Leahy	Charleville	1.70		GAA
1914	Timothy J Carroll	Royal Irish Constabulary, Kinsale	1.84		IAAA
1914	F Stephenson	The Rower, Co. Kilkenny	1.74		GAA
1915	William "Bill" Britton	Cahirciveen, Co. Kerry	1.72		GAA
1916	R Kelly	Rathcormac, Co. Cork	1.75		GAA
1917	David Buckley	Rylane, Co. Cork	1.79		GAA
1918	William "Bill" Shanahan	Ballinure, Co. Tipperary	1.75		GAA
1919	Timothy J Carroll	Cork	1.78		IAAA
1919	William "Bill" Shanahan	Thurles	1.79		GAA
1919	David Buckley	Rylane, Co. Cork	1.79		GAA
1920	Timothy J Carroll	Cork	1.78		IAAA
1920	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.80		GAA
1921	Daniel A O'C Quinlan	Dublin University	1.65		IAAA
1921	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.75		GAA
1921	Jeremiah Sheehan	Doneraile, Co. Cork	1.75		GAA
1922	Timothy J Carroll	Clonliffe Harriers	1.70		IAAA
1922	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.75		GAA
1922	William F "Bill" Shanahan	Ballinure, Co. Tipperary	1.29	St	GAA
1923	Timothy J Carroll	Clonliffe Harriers	1.76		NACAI
1924	Laurence "Larry" Stanley	Dublin Metropolitan Garda	1.88		NACAI
1924	T Power	Dublin Metropolitan Garda	1.37	St	NACAI
1924	J Connor	North Belfast Harriers	1.37	St	NACAI
1925	Laurence "Larry" Stanley	Dublin Metropolitan Garda	1.83		NACAI
1926	John "Con" O'Connor	Dublin Metropolitan Garda	1.88		NACAI
1927	John "Con" O'Connor	Dublin Metropolitan Garda	1.88		NACAI
1927	William F "Bill" Shanahan	Dublin Metropolitan Garda	1.88		NACAI
1928	William F "Bill" Shanahan	Dublin Metropolitan Garda	1.80		NACAI
1929	Michael A "Al" Moroney	University College Dublin	1.85		NACAI
1929	John "Con" O'Connor	Dublin Metropolitan Garda	1.85		NACAI
1930	Dr Patrick "Pat" O'Callaghan	Duhallow	1.83		NACAI
1931	Dr Patrick "Pat" O'Callaghan	Duhallow	1.83		NACAI
1932	Dr Patrick "Pat" O'Callaghan	Clonmel	1.83		NACAI
1932	Ted J Guiney	Duhallow	1.83		NACAI
1932	T Power	Dublin Metropolitan Garda	1.37	St	NACAI
1933	John "Con" O'Connor	Dublin Metropolitan Garda	1.78		NACAI
1933	Eamonn Fitzgerald	University College Dublin	1.78		NACAI
1934	John "Con" O'Connor	Dublin Metropolitan Garda	1.85		NACAI
1934	Richard "Dick" O'Rafferty (tied)	Donore Harriers	1.85		NACAI
1934	Patrick V Guiney (tied)	Duhallow, Co. Cork	1.85		NACAI
1935	Richard "Dick" O'Rafferty	Donore Harriers	1.88		NACAI
1936	Richard "Dick" O'Rafferty	Donore Harriers	1.80		NACAI
1937	Patrick "Pat" Fanning	Donore Harriers	1.65		AAUE
1937	Patrick V Guiney	Duhallow, Co. Cork	1.83		NACAI
1938	Richard "Dick" O'Rafferty	Donore Harriers	1.88		AAUE
1938	John J Guiney	Dublin Metropolitan Garda	1.76		NACAI
1939	Richard "Dick" O'Rafferty (tied)	Donore Harriers	1.83		AAUE
1939	A Tansley (tied)	Royal Ulster Constabulary	1.83		AAUE
1939	Tom Wall	University College Dublin	1.88		NACAI
1940	Richard "Dick" O'Rafferty	Donore Harriers	1.78		AAUE
1940	Tom Wall	University College Dublin	1.88		NACAI
1941	Richard "Dick" O'Rafferty	Donore Harriers	1.84		AAUE
1941	Tom Wall (tied)	University College Dublin	1.83		NACAI
1941	John J Guiney (tied)	Dublin Metropolitan Garda	1.83		NACAI
1942	Richard "Dick" O'Rafferty	Donore Harriers	1.83		AAUE
1942	Tom Wall	University College Dublin	1.88		NACAI
1942	Richard "Dick" O'Rafferty	Donore Harriers	1.78		IAAB
1943	Richard "Dick" O'Rafferty	Donore Harriers	1.78		AAUE

1943	Tom Wall	Carrickmacross	1.83	NACAI
1943	Richard "Dick" O'Rafferty	Donore Harriers	1.75	IAAB
1944	Richard "Dick" O'Rafferty	Donore Harriers	1.78	AAUE
1944	Tom Wall	Civil Service	1.83	NACAI
1944	Richard "Dick" O'Rafferty	Donore Harriers	1.85	IAAB
1945	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1945	Tom Wall	Civil Service	1.78	NACAI
1945	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.85	IAAB
1946	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1946	Tom Wall	Civil Service	1.83	NACAI
1946	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.88	IAAB
1947	Jan Hendrick van R Hofmeyr	Dublin University	1.78	AAUE
1947	Maurice Furlong	Enniscorthy	1.75	NACAI
1947	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.72	IAAB
1948	Jan Hendrick van R Hofmeyr	Dublin University	1.78	AAUE
1948	Tom Wall	Bansha, Co. Tipperary	1.78	NACAI
1948	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.85	IAAB
1949	Richard "Dick" O'Rafferty	Donore Harriers	1.83	AAUE
1949	J Hempson	Strabane	1.80	NACAI
1949	Prince Adegboyega Folaranni Adedoyin	Queens University Belfast	1.84	IAAB
1950	Richard "Dick" O'Rafferty	Donore Harriers	1.78	AAUE
1950	Brendan O'Reilly	St James's Gate	1.78	NACAI
1950	HW Leader	Cambridge University	1.83	IAAB
1951	Fionnbar Callanan	Crusaders	1.78	AAUE
1951	Brendan O'Reilly	St James's Gate	1.78	NACAI
1951	Fionnbar Callanan	Crusaders	1.80	IAAB
1952	Jan Hendrick van R Hofmeyr	Dublin University	1.78	AAUE
1952	Brendan O'Reilly	St James's Gate	1.88	NACAI
1952	Jan Hendrick van R Hofmeyr	Dublin University	1.85	IAAB
1953	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1953	Fionnbar Callanan	University College Dublin	1.75	NACAI
1953	Brendan O'Reilly	Donore Harriers	1.83	IAAB
1954	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1954	Fionnbar Callanan	University College Dublin	1.78	NACAI
1954	Brendan O'Reilly	Donore Harriers	1.97	IAAB
1955	Tom Ward	Donore Harriers	1.75	AAUE
1955	Maccon Macnamara	Roravix AC, Co. Clare	1.80	NACAI
1955	Stuart McKinney	Albert Foundry, Belfast	1.65	IAAB
1956	Brendan O'Reilly	Donore Harriers	1.93	AAUE
1956	Maccon Macnamara	Roravix AC, Co. Clare	1.78	NACAI
1956	Richard Herron	Queens University Belfast	1.80	IAAB
1957	Jean-Pierre Eliet	Crusaders	1.75	AAUE
1957	George Geraghty	Nenagh Olympic	1.80	NACAI
1957	G Caughey	Worcester, UK	1.75	IAAB
1958	Tjerund Tormod Lunde	Dublin University	1.78	AAUE
1958	Liam O'Leary	Bunclody, Co. Wexford	1.73	NACAI
1958	Tjerund Tormod Lunde	Dublin University	1.83	IAAB
1959	James Robert Douglas Russell	Thames Valley	1.83	AAUE
1959	Brendan Martin	Dundealgan	1.89	NACAI
1959	Harry Goodman	Queens University Belfast	1.83	IAAB
1960	James Robert Douglas Russell	Thames Valley	1.93	AAUE
1960	Pat O'Shea	Millstreet	1.88	NACAI
1960	Brendan O'Reilly	Donore Harriers	1.93	IAAB
1961	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1961	Pat O'Shea	Millstreet	1.90	NACAI
1961	Brendan O'Reilly	Donore Harriers	1.83	IAAB
1962	Ronnie Martin	Donore Harriers	1.83	AAUE
1962	Jimmy Sheehy	Macroom	1.90	NACAI
1962	Brendan O'Reilly	Donore Harriers	1.88	IAAB
1963	Brendan O'Reilly	Donore Harriers	1.88	AAUE
1963	Pat O'Shea	Millstreet	1.90	NACAI
1963	William "Bill" McAfee	Civil Service, Belfast	1.83	IAAB
1964	James Robert Douglas Russell	Dublin University	1.79	AAUE
1964	Pat O'Shea	Millstreet	1.85	NACAI
1964	Brendan O'Reilly	Donore Harriers	1.85	IAAB
1965	Louis Jordan	Crusaders	1.83	AAUE
1965	Pat O'Shea	Millstreet	1.83	NACAI
1966	James Robert Douglas Russell	Dublin University	1.89	AAUE
1966	Pat O'Shea	Millstreet	1.83	NACAI
1966	James Robert Douglas Russell	Dublin University	1.78	IAAB
1967	Pat O'Shea	Millstreet	1.90	BLE
1968	Pat O'Shea	Millstreet	1.88	BLE
1969	Louis Jordan	Crusaders	1.83	BLE

1970	Jim Fitzgibbon	Leevale	1.92	BLE
1971	Chris Farrell	Crusaders	1.91	BLE
1972	Jim Fanning	Donore Harriers	1.88	BLE
1973	Jim Fanning	Donore Harriers	1.95	BLE
1974	Jim Fanning	Donore Harriers	1.93	BLE
1975	Mark Cox	Roscommon	1.92	BLE
1976	Frank Sweeney	Marian, Clare	1.95	BLE
1977	Richard "Richie" Fallon	Crusaders	1.94	BLE
1978	David Murray	Leevale	2.00	BLE
1979	Colin Boreham	Ballymena & Antrim	2.04	BLE
1980	David Murray	Leevale	2.07	BLE
1981	Richard Garvey	South Dublin	2.09	BLE
1982	David Murray	Leevale	2.06	BLE
1983	Bill Thierfelder	St Finbarr's Cork	2.16	BLE
1984	Richard Garvey	Dublin City Harriers	2.11	BLE
1985	Richard Garvey	Dublin City Harriers	1.95	BLE
1986	Richard Garvey	Dublin City Harriers	2.00	BLE
1987	Simon Boyle	Annadale Striders	2.12	BLE
1988	Peter Minogue	Harold's Cross, Dublin	2.07	BLE
1989	Simon Boyle	Annadale Striders	2.07	BLE
1990	Paul Conroy	Grange Woodbine, Dublin	2.00	BLE
1991	Brendan Reilly	Corby, Northamptonshire	2.17	BLE
1992	Antoine Burke	Limerick	2.12	BLE
1993	Mark Mandy	Cannock, Staffordshire	2.10	BLE
1994	Kevin Keane	Dublin City Harriers	2.11	BLE
1995	Mark Mandy	Cannock, Staffodrshire	2.13	BLE
1996	Mark Mandy	Birchfield Harriers, Birmingham	2.23	BLE
1997	Mark Mandy	Birchfield Harriers, Birmingham	2.15	BLE
1998	Mark Mandy	Birchfield Harriers, Birmingham	2.10	BLE
1999	**Brendan Reilly**	**Belgrave Harriers, London**	**2.28**	**BLE**
2000	Brendan Reilly	Belgrave Harriers, London	2.20	AAI
2001	Mark Crowley	Enfield & Haringey, London	2.05	AAI
2002	Adrian O'Dwyer	Kilkenny City Harriers	2.05	AAI
2003	Adrian O'Dwyer	Kilkenny City Harriers	2.10	AAI
2004	David Shields	Shercock, Co. Cavan	2.00	AAI
2005	Simon Phelan	Unattached	2.05	AAI
2006	Mark Crowley	Dublin City Harriers	2.10	AAI
2007	Mark Crowley	Dublin City Harriers	2.08	AAI
2008	Chris Crowley	Belgooly	2.08	AAI
2009	Kourosh Foroughi	Star of the Sea	2.10	AAI
2010	Kourosh Foroughi	Star of the Sea	2.15	AAI
2011	Simon Phelan	Newham & Essex Beagles	2.05	AAI
2012	Barry Pender	St Abbans	2.05	AAI
2013	Simon Phelan (tied)	Newham & Essex Beagles	2.05	AAI
2013	Barry Pender (tied)	St Abbans	2.05	AAI
2014	Liam Zamel-Paez	Clonliffe Harriers	2.16	AAI
2015	Barry Pender	St Abbans	2.15	AAI
2016	Jamie Murtagh	Cushenstown	2.10	AAI
2017	Ryan Carthy-Walsh	Adamstown	2.11	AAI
2018	Ryan Carthy-Walsh	Adamstown	2.00	AAI
2019	David Cussen	Old Abbey	2.10	AAI

Pole Vault

Most titles

Denny Hyland - 10 — **1950, 52, 53, 54, 55, 56, 57, 58, 59, 60**

Liam Gleeson - 10 — **1961, 62, 63, 64, 65, 66, 69, 72, 73, 74**

Championship Record

David Donegan — **4.91 2009**

1873	John G Lane	Dublin University	2.89		Irish Champions AC
1874	John G Lane	Dublin University	w/o	pj	Irish Champions AC
1874	JHS Moxley	Queen's College Belfast	2.17	vlt	Irish Champions AC
1882	JF Murphy	Cork	2.77		AAAI
1883	Thomas HM Hobbs	Dublin University	2.99		AAAI
1884	Thomas HM Hobbs	Dublin University	2.74		AAAI
1885	Patrick J Kelly	French College	2.94		IAAA
1886	PA McGann	Blackrock College	2.75		IAAA
1887	Thomas Patrick O'Connor	French College	3.00		IAAA
1887	Patrick J Kelly	French College	3.07		GAA
1888	Patrick J Kelly	Blackrock College	2.97		IAAA
1888	PM Nunan (tied)	Cork	2.89		GAA
1888	Jack Connery Staker (tied)	Wallace HC	2.89		GAA
1889	Thomas Patrick O'Connor	Blackrock College	2.89		IAAA
1889	Patrick Stokes	Clonmel	3.00		GAA
1890	Charles M Roche	Doneraile, Co. Cork	2.89		IAAA
1890	Not held				GAA
1891	JJ Cahill	Kilkenny	3.05		IAAA
1891	Not held				GAA
1892	John "Jack" Blackburn	Tipperary	3.17		GAA
1892	JJ Cahill	Muckalee, Co. Kilkenny	3.17		GAA
1893	Denis Carey	Dublin Metropolitan Police	2.89		IAAA
1893	John "Jack" Blackburn	Galbally, Co. Limerick	2.92		GAA
1894	Timothy Ryan	Limerick	3.15		IAAA
1894	Not held				GAA
1895	Timothy Ryan	Limerick	2.90		GAA
1896	John "Jack" Blackburn	Galbally, Co. Limerick	3.07		GAA
1897	Michael "Mike" Ryan (tied)	Cloughjordan	3.10		IAAA
1897	John "Jack" Blackburn (tied)	Galbally	3.10		IAAA
1897	John Joseph "Jack" Holloway	Bansha	2.90		GAA
1898	Michael "Mike" Ryan	Cloughjordan	2.97		GAA
1899	John Joseph "Jack" Holloway	Bansha	3.15		GAA
1906	P Butler	Clonmel	3.20		GAA
1926	Laurence "Larry" Stanley	Dublin Metropolitan Garda	2.89		NACAI
1927	William F "Bill" Shanahan	Dublin Metropolitan Garda	3.12		NACAI
1928	Patrick "Paddy" Anglim	Garda Depot	3.43		NACAI
1929	Patrick "Paddy" Anglim	Garda Depot	3.20		NACAI
1930	Patrick "Paddy" Anglim	Wexford AC	3.35		NACAI
1931	Patrick "Paddy" Anglim	Wexford AC	3.28		NACAI
1932	Patrick "Paddy" Anglim	Oylegate, Co. Wexford	3.20		NACAI
1933	Patrick "Paddy" Anglim	Wexford AC	3.20		NACAI
1934	Patrick "Paddy" Anglim	Clonmel Gardai	3.31		NACAI
1935	Trp. T Myles	Curragh	3.35		NACAI
1936	T Myles	Polytechnic Harriers, London	3.35		NACAI
1937	JP Murphy	Limerick	3.35		NACAI
1938	PA O'Farrell	Limerick	3.35		NACAI
1939	JP Murphy	Limerick	3.43		NACAI
1940	Jim Vallely	Armagh City	3.27		NACAI
1941	Jim Vallely	Armagh City	3.20		NACAI
1942	H Gibney	Castlepollard, Co. Westmeath	3.20		NACAI
1943	Cpl J O'Brien	Curragh	3.35		NACAI
1944	Cpl J O'Brien	Curragh	3.27		NACAI
1945	J O'Brien	Civil Service	3.35		NACAI
1946	Martin Maloney	Shanaglish, Co. Galway	3.35		NACAI
1947	Ulick O'Connor	Donore Harriers	3.12		AAUE
1947	Martin Maloney	Shanaglish, Co. Galway	3.35		NACAI

1947	Ulick O'Connor	Donore Harriers	3.27	IAAB
1948	Richard "Dick" O'Rafferty	Donore Harriers	3.20	AAUE
1948	Martin Maloney	Shanaglish, Co. Galway	3.40	NACAI
1948	ME Furlong	Clonliffe Harriers	3.20	IAAB
1949	ME Furlong	Clonliffe Harriers	3.05	AAUE
1949	Valentine "Val" McGann	Metro	3.35	NACAI
1949	ME Furlong	Clonliffe Harriers	3.45	IAAB
1950	ME Furlong	Clonliffe Harriers	3.35	AAUE
1950	Denny Hyland	Carlow	3.35	NACAI
1950	ME Furlong	Clonliffe Harriers	3.35	IAAB
1951	ME Furlong	Clonliffe Harriers	3.30	AAUE
1951	Valentine "Val" McGann	St James's Gate	3.35	NACAI
1951	ME Furlong	Clonliffe Harriers	3.51	IAAB
1952	ME Furlong	Clonliffe Harriers	3.35	AAUE
1952	Denny Hyland	Carlow	3.62	NACAI
1952	ME Furlong	Clonliffe Harriers	3.51	IAAB
1953	Ulick O'Connor	Donore Harriers	3.40	AAUE
1953	Denny Hyland	Carlow	3.64	NACAI
1953	Ulick O'Connor	Donore Harriers	3.35	IAAB
1954	Valentine "Val" McGann	Donore Harriers	3.43	AAUE
1954	Denny Hyland	Carlow	3.50	NACAI
1954	Valentine "Val" McGann	Donore Harriers	3.50	IAAB
1955	Valentine "Val" McGann	Donore Harriers	3.50	AAUE
1955	Denny Hyland	Carlow	3.71	NACAI
1955	Valentine "Val" McGann	Donore Harriers	3.59	IAAB
1956	Valentine "Val" McGann	Donore Harriers	3.50	AAUE
1956	Denny Hyland	Carlow	3.53	NACAI
1956	Valentine "Val" McGann	Donore Harriers	3.50	IAAB
1957	Dave Archer	Dublin University	3.45	AAUE
1957	Denny Hyland	Carlow	3.50	NACAI
1957	DF Archer	Dublin University	3.50	IAAB
1958	Tjerund Tormod Lunde	Dublin University	3.50	AAUE
1958	Denny Hyland	Carlow	3.35	NACAI
1958	Tjerund Tormod Lunde	Dublin University	3.66	IAAB
1959	Tjerund Tormod Lunde	Dublin University	3.53	AAUE
1959	Denny Hyland	Carlow	3.50	NACAI
1959	Tjerund Tormod Lunde	Dublin University	3.68	IAAB
1960	Tjerund Tormod Lunde	Dublin University	3.66	AAUE
1960	Denny Hyland	Carlow	3.50	NACAI
1960	Tjerund Tormod Lunde	Dublin University	3.43	IAAB
1961	Anthony "Tony" Maguire	Crusaders	3.50	AAUE
1961	Liam Gleeson	Nenagh Olympic	3.81	NACAI
1961	J McK Wellwood	Cambridge University	3.83	IAAB
1962	Valentine "Val" McGann	Donore Harriers	3.66	AAUE
1962	Liam Gleeson	Nenagh Olympic	3.66	NACAI
1962	Valentine "Val" McGann	Donore Harriers	3.50	IAAB
1963	Kevin Byrne	Crusaders	3.50	AAUE
1963	Liam Gleeson	Nenagh Olympic	3.81	NACAI
1963	J McK Wellwood	Ballymena	3.81	IAAB
1964	Kevin Byrne	Crusaders	3.50	AAUE
1964	Liam Gleeson	Nenagh Olympic	3.66	NACAI
1964	Mike Bull	St. Malachy's College, Belfast	3.93	IAAB
1965	Valentine "Val" McGann	Crusaders	3.51	AAUE
1965	Liam Gleeson	Nenagh Olympic	3.81	NACAI
1966	Mike Bull	Albert Foundry, Belfast	4.28	IAAB
1966	Valentine "Val" McGann	Crusaders	3.35	AAUE
1966	Liam Gleeson	Nenagh Olympic	3.78	NACAI
1966	Mike Bull	Queens University Belfast	4.59	IAAB
1967	Rodney Hecksher	Rockwell College	3.81	BLE
1968	Rodney Hecksher	University College Dublin	3.81	BLE
1969	Liam Gleeson	Nenagh Olympic	3.76	BLE
1970	Brian Smyth	Crusaders	3.66	BLE
1971	Murt Corscadden	London Irish	4.01	BLE
1972	Liam Gleeson	Nenagh Olympic	4.21	BLE
1973	Liam Gleeson	Nenagh Olympic	4.11	BLE
1974	Liam Gleeson	Nenagh Olympic	4.10	BLE
1975	Chris Berkeley	Crusaders	3.80	BLE
1976	Chris Berkeley	Crusaders	4.11	BLE
1977	Chris Berkeley	Crusaders	4.10	BLE
1978	Liam Hennessy	Limerick	4.50	BLE
1979	Chris Berkeley	Crusaders	4.00	BLE
1980	John Hartnett	Midleton	4.20	BLE
1981	Liam Hennessy	Limerick	4.60	BLE

1982	Liam Hennessy	Limerick	4.40	BLE
1983	Michael Hyland	St Laurence O'Toole's	4.30	BLE
1984	Frank Evers	Crusaders	4.53	BLE
1985	Not held		—	BLE
1986	Malachy Sheridan	Raheny Shamrock	4.00	BLE
1987	Liam Hennessy	Limerick	4.40	BLE
1988	Alan Burke	Hounslow	4.50	BLE
1989	Alan Burke	Hounslow	4.71	BLE
1990	John Hallissey	Ferrybank	4.20	BLE
1991	Mike Bull	North Down	4.30	BLE
1992	Richard Ramsey	Annadale Striders	4.60	BLE
1993	Neil Young	Lisburn	4.40	BLE
1994	Neil Young	Lisburn	4.60	BLE
1995	Neil Young	Lisburn	4.80	BLE
1996	Dylan McDermott	Borrisokane, Co. Tipperary	4.50	BLE
1997	Dylan McDermott	Borrisokane, Co. Tipperary	4.30	BLE
1998	Neil Young	Lisburn	4.70	BLE
1999	John Hallissey	Ferrybank	4.50	BLE
2000	Ken Morris	Finn Valley	4.90	AAI
2001	Leigh Walker	Crawley	4.40	AAI
2002	David Donegan	Kilmore Raheny	4.50	AAI
2003	Ruairi O'Brien	University College Dublin	4.70	AAI
2004	Leigh Walker	Crawley	4.65	AAI
2005	Ruairi O'Briain	Crusaders	4.75	AAI
2006	David Donegan	Clonliffe Harriers	4.60	AAI
2007	Anthony McCreery	Clonliffe Harriers	4.90	AAI
2008	David Donegan	Clonliffe Harriers	4.75	AAI
2009	**David Donegan**	**Clonliffe Harriers**	**4.91**	**AAI**
2010	David Donegan	Clonliffe Harriers	4.70	AAI
2011	David Donegan	Clonliffe Harriers	4.70	AAI
2012	David Donegan	Clonliffe Harriers	4.70	AAI
2013	David Donegan	Clonliffe Harriers	4.65	AAI
2014	Ian Rogers	Clonliffe Harriers	4.70	AAI
2015	Ian Rogers	Clonliffe Harriers	4.50	AAI
2016	Thomas Houlihan	West Waterford	4.40	AAI
2017	Thomas Houlihan	West Waterford	4.55	AAI
2018	Michael Bowler	Enniscorthy	4.50	AAI
2019	Michael Bowler	Enniscorthy	4.75	AAI

Long Jump

Most titles

Hugo Duggan - 7	**1967, 70, 71, 72, 74, 80, 84**
St Thomas Barry - 2	**1887, 88**
St J Chandler - 2	**1896, 97**
St Michael Creedon - 2	**1906, 09**

Championship Record

St	**J Chandler**	**3.89**	**1897**
	Ciaran McDonagh	**8.04** +2.4	**1999**

1873	John G Lane	Dublin University	6.50		Irish Champions AC
1874	John G Lane	Dublin University	6.18		Irish Champions AC
1875	George M Kenny	Clongowes	6.55		Irish Champions AC
1876	Thomas Davin	Suir Rowing Club	6.31		Irish Champions AC
1877	JH Bourke	53rd (Shropshire) Regiment	6.10		Irish Champions AC
1878	Patrick Davin	Carrick-On-Suir	6.70		Irish Champions AC
1879	Patrick Davin	Carrick-On-Suir	6.88		Irish Champions AC
1880	Patrick Davin	Carrick-On-Suir	6.68		Irish Champions AC
1881	E J Wolfe	Armagh FC	5.87		Irish Champions AC
1882	R G Tobin	French College	6.12		AAAI
1883	Patrick Davin	Carrick-On-Suir	6.20		AAAI
1884	John Purcell	Dublin	6.53		AAAI
1885	John Purcell	Dublin	6.60		IAAA
1885	Patrick McGrath	Aherlow, Co. Tipperary	6.55		GAA
1886	John Purcell	Dublin	6.91		IAAA
1886	Daniel Shanahan	Emly, Co. Tipperary	6.59		GAA
1887	Patrick "Paddy" Lawless	Bandon FC	6.02		IAAA
1887	John Purcell	Dublin	6.63		GAA
1887	Thomas Barry	Dungarvan	3.45	St	GAA
1888	Patrick "Paddy" Lawless	Bandon FC	6.24		IAAA
1888	Daniel Delany Bulger	Lansdowne FC	6.72		GAA
1888	Thomas Barry	Dungarvan	3.78	St	GAA
1889	Daniel Delany Bulger	Co. Dublin Harriers	6.39		IAAA
1889	Daniel Delany Bulger	Lansdowne FC	6.53		GAA
1889	WG Rockett	Carrick-On-Suir	3.52	St	GAA
1890	Thomas T Connell	Blackrock College	6.58		IAAA
1890	Daniel Delany Bulger	Co. Dublin Harriers	6.50		GAA
1891	Pat Farrelly	Linfield	6.28		IAAA
1891	PJ O'Sullivan	Banteer	6.44		GAA
1892	Daniel Delany Bulger	Co. Dublin Harriers	6.96		IAAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	6.58		GAA
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	6.55		IAAA
1893	W Scott	Bellewstown, Co. Meath	6.68		GAA
1894	John J Mooney	Ballyhea	6.68		IAAA
1894	J Lehane	Cork	6.35		GAA
1895	Thomas Francis "Tom" Kiely	Ballyneal	6.28		IAAA
1895	Patrick "Dockty" McNamara	Limerick	6.33		GAA
1895	James Wall	Dungarvan	3.70	St	GAA
1896	Walter JM Newborn	Dublin	6.58		IAAA
1896	Walter JM Newborn	Dublin	6.57		GAA
1896	J Chandler	Limerick	3.82	St	GAA
1897	Walter JM Newborn	Dublin	6.85		IAAA
1897	Thomas Francis "Tom" Kiely	Ballyneal	6.29		GAA
1897	**J Chandler**	**Limerick**	**3.89**	**St**	**GAA**
1898	Walter JM Newborn	Dublin	7.05		IAAA
1898	Walter JM Newborn	Dublin	7.47		GAA
1899	Walter JM Newborn	Dublin	7.10		IAAA
1899	Peter O'Connor	Waterford	7.39		GAA
1900	Peter O'Connor	Waterford	7.18		IAAA
1901	Peter O'Connor	Waterford	7.55		IAAA
1901	Walter JM Newborn	Dublin	7.09		GAA
1902	Cornelius "Con" Leahy	Charleville	6.92		IAAA
1902	Cornelius "Con" Leahy	Charleville	6.76		GAA
1903	Patrick Joseph Leahy	Charleville	6.74		IAAA
1903	Patrick Joseph Leahy	Charleville	6.81		GAA

1904	Cornelius "Con" Leahy	Charleville	6.95		IAAA
1904	Peter O'Connor	Waterford	7.18		GAA
1905	Cornelius "Con" Leahy	Charleville	6.14		IAAA
1905	Peter O'Connor	Waterford	7.20		GAA
1905	Cornelius "Con" Leahy	Charleville	3.31	St	GAA
1906	Cornelius "Con" Leahy	Creggane	6.72		IAAA
1906	John J Bresnihan	Castletown-Conyers	7.20		GAA
1906	Michael Creedon	Cork	3.57	St	GAA
1907	Denis Murray	Co. Dublin Harriers	6.68		IAAA
1907	Tim Ahearne	Dirreen, Co. Kerry	7.07		GAA
1908	Tim Ahearne	Athea, Co. Limerick	7.05		IAAA
1908	Percy Kirwan	Kilmacthomas, Co. Waterford	6.93		GAA
1909	Tim Ahearne	Athea, Co. Limerick	6.83		IAAA
1909	Percy Kirwan	Kilmacthomas, Co. Waterford	7.11		GAA
1909	Michael Creedon	Cork	3.47	St	GAA
1910	Tom Maguire	Dublin Royal Irish Constabulary	6.43		IAAA
1910	Percy Kirwan	Kilmacthomas, Co. Waterford	6.86		GAA
1911	Percy Kirwan	Kilmacthomas, Co. Waterford	7.11		IAAA
1911	PD Lane	Castleisland, Co. Kerry	6.38		GAA
1912	Percy Kirwan	Kilmacthomas, Co. Waterford	6.78		IAAA
1912	David M O'Connell	Ardpatrick, Co. Limerick	6.42		GAA
1913	William F Bennett	Ballinhassig, Co. Cork	5.89		IAAA
1913	Michael F O'Hanlon	Gusserane, Co. Wexford	6.68		GAA
1914	RFB Naylor	South Staffordshire Regiment	6.48		IAAA
1914	PJ O'Sullivan	Inchigeela, Co. Cork	6.34		GAA
1915	M McGillicuddy	Farranfore, Co. Kerry	6.49		GAA
1916	JP McGrath	Castlebar	6.63		GAA
1917	MF O'Hanlon	Enniscorthy	6.70		GAA
1918	William "Bill" Britton	Cahirciveen, Co. Kerry	6.60		GAA
1919	Surg-Capt Robin Hall		5.88		IAAA
1919	DJ Fogarty	Kilfeacle, Co. Tipperary	6.73		GAA
1920	Sgt Major Miller	Clonliffe Harriers	6.35		IAAA
1920	William F "Bill" Shanahan	Ballinure, Co. Tipperary	6.55		GAA
1921	Denis John Cussen	Dublin University	6.38		IAAA
1921	William "Bill" Britton	Kilmallock, Co. Limerick	6.75		GAA
1922	Denis John Cussen	Dublin University	6.74		IAAA
1922	William "Bill" Britton	Ballinamore, Co. Leitrim	6.70		GAA
1922	William F "Bill" Shanahan	Ballinure, Co. Tipperary	2.89	St	GAA
1923	Harry Conway	University College Dublin	6.91		NACAI
1924	Harry Conway	University College Dublin	6.72		NACAI
1924	HJ Collender	Civic Guards	2.98		NACAI
1925	J Connor	North Belfast Harriers	6.97		NACAI
1926	Robert Joseph Cussen	Dublin University	6.90		NACAI
1927	Robert Joseph Cussen	Dublin University	6.81		NACAI
1928	Patrick "Paddy" Anglim	Oylegate, Co. Wexford	7.12		NACAI
1929	Michael A "Al" Moroney	University College Dublin	6.96		NACAI
1930	Stanley B Potter	University College Dublin	7.29		NACAI
1931	Patrick "Paddy" Anglim	Wexford AC	7.02		NACAI
1932	Patrick "Paddy" Anglim	Oylegate, Co. Wexford	6.98		NACAI
1932	J Murphy	Dublin Metropolitan Garda	2.93	St	NACAI
1933	Patrick "Paddy" Anglim	Wexford AC	6.82		NACAI
1934	Patrick "Paddy" Anglim	Clonmel Garda	6.72		NACAI
1935	Patrick "Paddy" Anglim	Clonmel	6.90		NACAI
1936	Patrick "Paddy" Anglim	Clonmel	6.84		NACAI
1937	J Phelan	Waterford	6.39		AAUE
1937	D Sheehan	University College Dublin	6.51		NACAI
1938	L Carroll	Wicklow	6.83		AAUE
1938	Kevin Patrick O'Flanagan	University College Dublin	6.82		NACAI
1939	E Boyce	North Belfast Harriers	7.09		AAUE
1939	Kevin Patrick O'Flanagan	University College Dublin	6.97		NACAI
1940	L Carroll	Clonliffe Harriers	6.49		AAUE
1940	Patrick Valentine Guiney	Clonliffe Harriers	6.69		NACAI
1941	L Carroll	Clonliffe Harriers	6.60		AAUE
1941	Kevin Patrick O'Flanagan (tied)	University College Dublin	6.86		NACAI
1941	David D Guiney (tied)	Civil Service	6.86		NACAI
1942	Richard "Dick" O'Rafferty	Donore Harriers	6.08		AAUE
1942	Alec Lyons	University College Dublin	6.74		NACAI
1942	Bertie Shillington	9th Old Boys	6.69		IAAB
1943	William S Macready-Bryan	Dublin University	6.49		AAUE
1943	Alec Lyons	University College Dublin	6.54		NACAI
1943	Bertie Shillington	9th Old Boys	6.34		IAAB
1944	Jim C Conway	Civil Service	6.74		AAUE
1944	Toby Joyce	University College Dublin	6.79		NACAI

1944	William S Macready-Bryan	Dublin University	6.63	IAAB
1945	William S Macready-Bryan	Dublin University	6.67	AAUE
1945	Sean Collins	Royal College Surgeons Ireland	6.64	NACAI
1945	Prince AF Adedoyin	Dublin University	7.11	IAAB
1946	William S Macready-Bryan	Dublin University	6.67	AAUE
1946	J Kelly	Farranferris	6.73	NACAI
1946	Prince AF Adedoyin	Dublin University	7.21	IAAB
1947	Jim C Conway	Civil Service	6.67	AAUE
1947	P Flaherty	Celtic, Dublin	6.77	NACAI
1947	Prince AF Adedoyin	Dublin University	7.14	IAAB
1948	Sean Collins	Crusaders	6.46	AAUE
1948	Paddy Guiney (tied)	Celtic, Dublin	6.31	NACAI
1948	Tommy Ryan (tied)	Celtic, Dublin	6.31	NACAI
1948	Prince AF Adedoyin	Dublin University	6.87	IAAB
1949	Joseph F "Joe" Delany	Crusaders	6.45	AAUE
1949	JF Hughes	Bannside, Co. Antrim	6.35	NACAI
1949	Prince AF Adedoyin	Dublin University	6.40	IAAB
1950	Joseph F "Joe" Delany	Crusaders	6.50	AAUE
1950	G Murphy	University College Cork	6.55	NACAI
1950	Joseph F "Joe" Delany	Crusaders	6.55	IAAB
1951	Joseph F "Joe" Delany	Crusaders	6.60	AAUE
1951	Sean Cleary	Clonmel	6.73	NACAI
1951	WJ Doherty	Albery Foundry, Belfast	6.55	IAAB
1952	Joseph F "Joe" Delany	Crusaders	6.59	AAUE
1952	Fionnbar Callanan	University College Dublin	6.76	NACAI
1952	Joseph F "Joe" Delany	Crusaders	6.98	IAAB
1953	Noel G Flanagan	Crusaders	6.55	AAUE
1953	Fionnbar Callanan	University College Dublin	6.96	NACAI
1953	Richard McColgan	Albery Foundry, Belfast	6.63	IAAB
1954	John Paul Kelly	Crusaders	6.51	AAUE
1954	Fionnbar Callanan	University College Dublin	6.95	NACAI
1954	Joseph F "Joe" Delany	Crusaders	6.77	IAAB
1955	William Lemon	Crusaders	6.67	AAUE
1955	Fionnbar Callanan	University College Dublin	7.44	NACAI
1955	Willie Lemon	Crusaders	6.92	IAAB
1956	Joseph F "Joe" Delany	Crusaders	6.64	AAUE
1956	Fionnbar Callanan	University College Dublin	6.89	NACAI
1956	Joseph F "Joe" Delany	Crusaders	6.79	IAAB
1957	Philip Thomas Godden	Dublin University	6.46	AAUE
1957	Leo J Loftus	Ballina	6.41	NACAI
1957	Gordon Hamilton	Instonians	6.79	IAAB
1958	John Oladipo Oladitan	Dublin University	6.73	AAUE
1958	JJ Higgins	Inchicore	6.84	NACAI
1958	Gordon Hamilton	Instonians	7.11	IAAB
1959	Willie Lemon	Crusaders	6.65	AAUE
1959	Tom Kilcoyne	University College Dublin	6.55	NACAI
1959	Gordon Hamilton	Instonians	6.82	IAAB
1960	Tjerund Tormod Lunde	Dublin University	6.49	AAUE
1960	Peadar Maye	University College Dublin	6.37	NACAI
1960	Gordon Hamilton	Instonians	7.29	IAAB
1961	Noel Hoffman	Clonliffe Harriers	6.81	AAUE
1961	Sean O'Dwyer	St Patrick's TC	6.67	NACAI
1961	Dermot Morris	Queens University Belfast	6.74	IAAB
1962	Noel Hoffman	Clonliffe Harriers	6.90	AAUE
1962	William "Billy" Glynn	University College Dublin	7.19	NACAI
1962	Noel Hoffman	Clonliffe Harriers	6.86	IAAB
1963	Victor Manning (Wiesław Maniak)	Crusaders	7.01	AAUE
1963	Sean O'Dwyer	Ardgroom, Co. Cork	7.12	NACAI
1963	DR Morris	Queens University Belfast	6.91	IAAB
1964	Noel Hoffman	Clonliffe Harriers	6.68	AAUE
1964	Sean O'Dwyer	University College Dublin	6.88	NACAI
1964	Noel Hoffman	Clonliffe Harriers	7.19	IAAB
1965	Noel Hoffman	Clonliffe Harriers	6.54	AAUE
1965	J O'Sullivan	Mallow	6.82	NACAI
1966	Patrick "Pat" McGuinness	Donore Harriers	6.58	AAUE
1966	Cyril O'Regan	Waterford	7.02	NACAI
1966	Noel Hoffman	Clonliffe Harriers	6.51	IAAB
1967	Hugo Duggan	Cranford	6.81	BLE
1968	Cyril O'Regan	Waterford	6.99	BLE
1969	Cyril O'Regan	Waterford	6.81	BLE
1970	Hugo Duggan	Clonliffe Harriers	7.22	BLE
1971	Hugo Duggan	Clonliffe Harriers	6.94	BLE
1972	Hugo Duggan	Clonliffe Harriers	7.10	BLE

1973	Cyril O'Regan	Waterford	7.07		BLE
1974	Hugo Duggan	Cranford	6.77		BLE
1975	Mick O'Flynn	Leevale	6.81		BLE
1976	Anthony Barrett	Killenaule, Co. Tipperary	6.79		BLE
1977	Anthony Barrett	Killenaule, Co. Tipperary	6.96		BLE
1978	Anthony Barrett	Killenaule, Co. Tipperary	7.38		BLE
1979	Anthony Barrett	Killenaule, Co. Tipperary	7.12		BLE
1980	Hugo Duggan	Lifford	6.85		BLE
1981	Anthony Barrett	Dublin City Harriers	7.23		BLE
1982	Billy Oakes	Kilkenny City Harriers	7.04		BLE
1983	Mervyn Floyd	Lisnagarvey	7.13		BLE
1984	Hugo Duggan	Finn Valley	6.81		BLE
1985	Billy Oakes	Kilkenny City Harriers	7.13	w	BLE
1986	Billy Oakes	Kilkenny City Harriers	7.48		BLE
1987	Billy Oakes	Kilkenny City Harriers	7.40		BLE
1988	Billy Oakes	Kilkenny City Harriers	6.91		BLE
1989	Billy Oakes	Kilkenny City Harriers	6.71		BLE
1990	Jonathon Kron	Dublin City Harriers	7.54	w	BLE
1991	Jonathon Kron	Dublin City Harriers	6.98		BLE
1992	Jonathon Kron	Dublin City Harriers	7.26		BLE
1993	Jonathon Kron	Dublin City Harriers	7.40		BLE
1994	Jonathon Kron	Dublin City Harriers	7.12		BLE
1995	Jonathon Kron	Dublin City Harriers	7.73	w	BLE
1996	Ciaran McDonagh	Fr Murphy	7.74		BLE
1997	Gareth Devlin	Ballymena & Antrim	6.87		BLE
1998	Joseph Naughton	Nenagh Olympic	7.23	+3.0	BLE
1999	**Ciaran McDonagh**	**Fr Murphy**	**8.04**	**+2.4**	**BLE**
2000	Gareth Devlin	Ballymena & Antrim	7.22	+0.3	AAI
2001	Sean Lonergan	Kilkenny City Harriers	7.25	+2.9	AAI
2002	Ciaran McDonagh	Fr Murphy	7.22	+1.1	AAI
2003	Ciaran McDonagh	Fr Murphy	7.95	+1.3	AAI
2004	Darragh O'Farrell	Borrisokane	7.33	+4.3	AAI
2005	Darragh O'Farrell	Borrisokane	7.12	+1.0	AAI
2006	Stephen Fleming	Crusaders	7.41	+0.1	AAI
2007	Stephen Fleming	Crusaders	7.24	+1.5	AAI
2008	Christopher Crowley	Belgooly	7.22	-0.6	AAI
2009	Stephen Fleming	Crusaders	7.56	+2.1	AAI
2010	Eoin Hannon	Tullamore Harriers	7.30	+2.8	AAI
2011	Adam McMullen	University of Ulster	7.26	+4.2	AAI
2012	Adam McMullen	University of Ulster	7.47	+1.7	AAI
2013	Eamonn Fahy	Donore Harriers	7.20	+1.3	AAI
2014	Sam Healy	Leevale	7.25	-1.1	AAI
2015	Adam McMullen	Crusaders	7.89	+3.7	AAI
2016	Adam McMullen	Crusaders	7.52	+1.3	AAI
2017	Adam McMullen	Crusaders	7.74	+1.5	AAI
2018	Adam McMullen	Crusaders	7.68	+2.2	AAI
2019	Shane Howard	Bandon	7.54	+3.2	AAI

Triple Jump

Most titles

	Denis Finegan - 10		**2007, 08, 12, 13, 14, 15, 16, 17, 18, 19**
St	**James Wall - 3**		**1892, 93, 95**

Championship Record

St	**Humphrey Courtney**	**10.69**	**1896**
	Hugh McGuire	**15.83**	**1986**

1884	John Purcell	Dublin	13.05		AAAI
1885	John Purcell	Dublin	14.22		IAAA
1885	Dan Fraher	Dungarvan	9.35	St	GAA
1886	John Purcell	Dublin	14.25		IAAA
1886	Daniel Shanahan	Emly, Co. Tipperary	9.42	St	GAA
1886	Daniel Shanahan	Emly, Co. Tipperary	14.3		GAA
1887	Daniel Shanahan	Kilfinane, Co. Limerick	14.69		GAA
1887	Thomas Barry	Dungarvan	9.12	St	GAA
1888	Daniel Shanahan	Kilfinane, Co. Limerick	15.25		GAA
1888	Patrick Keohan	Dungarvan	10.13	St	GAA
1889	JP O'Sullivan	Killorglin, Co. Kerry	14.33		GAA
1889	WG Rockett	Carrick-On-Suir	9.96	St	GAA
1890	Daniel Shanahan	Kilfinane, Co. Limerick	14.45		GAA
1891	Daniel J Shanahan	Lixnaw, Co. Kerry	14.50		GAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	15.11		GAA
1892	James Wall	Dungarvan	10.16	St	GAA
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	14.27		GAA
1893	James Wall	Dungarvan	10.27	St	GAA
1894	Denis Carey	Dublin Metropolitan Police	13.89		GAA
1895	Patrick "Dockty" McNamara	Limerick	13.74		GAA
1895	James Wall	Dungarvan	10.18	St	GAA
1896	T Wood	Enniskeane, Co. Cork	13.79		GAA
1896	**Humphrey Courtney**	**Tintern, Co. Wexford**	**10.69**	**St**	**GAA**
1897	Thomas Francis "Tom" Kiely	Ballyneal	13.77		GAA
1898	Patrick Joseph Leahy	Creggane	14.81		GAA
1899	Peter O'Connor	Waterford	14.63		GAA
1902	Cornelius "Con" Leahy	Charleville	14.10		GAA
1904	John J Bresnihan	Bray	15.15		GAA
1905	John J Bresnihan	Castletown-Conyers	14.91	St	GAA
1905	Cornelius "Con" Leahy	Charleville	9.52	St	GAA
1906	John J Bresnihan	Castletown-Conyers	14.84		GAA
1907	Tim Ahearne	Dirreen, Co. Kerry	14.73		GAA
1907	James J "Jim" Fahey	Galbally, Co. Limerick	9.55	St	GAA
1908	Percy Kirwan	Kilmacthomas, Co. Waterford	14.27		GAA
1908	Patrick D Mehigan	Cork	9.78	St	GAA
1909	DJ Bourke	Banteer	14.10		GAA
1909	Percy Kirwan	Kilmacthomas, Co. Waterford	9.68	St	GAA
1910	Percy Kirwan	Kilmacthomas, Co. Waterford	14.65		GAA
1911	John Joseph Daly	Emly, Co. Tipperary	13.89		GAA
1912	Percy Kirwan	Kilmacthomas, Co. Waterford	14.35		IAAA
1912	John Joseph Daly	Emly, Co. Tipperary	14.15		GAA
1913	Tim Carroll	Belgooly RIC & Clonliffe Harriers	12.75		IAAA
1913	John Joseph Daly	Emly, Co. Tipperary	14.03		GAA
1914	Frank Roche	Bandon	13.56		GAA
1915	JJ Nylan	Dunmanway, Cork	13.89		GAA
1915	DA O'Leary	Kerry	13.89		GAA
1916	Frank Roche	Tralee	13.93		GAA
1918	T O'Donovan	Kinsale			GAA
1919	T O'Donovan	Kinsale	13.73		GAA
1920	RL Burrowes	Clonliffe Harriers	13.08		IAAA
1920	William F "Bill" Shanahan	Thurles	13.58		GAA
1921	J Connor	Royal Irish Constabulary	13.00		IAAA
1921	William "Bill" Britton	Kilmallock, Co. Limerick	13.31		GAA
1922	RL Burrowes	Dublin	13.45		GAA
1923	M Kissane	Listowel	12.79		NACAI
1924	J Connor	North Belfast Harriers	14.10		NACAI
1925	J Connor	North Belfast Harriers	14.45		NACAI

1926	WJ Moloney	Civic Guards	13.60	NACAI
1927	WJ Moloney	Longford	13.38	NACAI
1928	Theobald Denis Phelan	University College Dublin	14.25	NACAI
1929	Michael A "Al" Moroney	University College Dublin	14.17	NACAI
1930	Eamonn Fitzgerald	University College Dublin	14.67	NACAI
1931	John J "Jack" Guiney	Duhallow, Co. Cork	12.86	NACAI
1932	Eamonn Fitzgerald	University College Dublin	14.69	NACAI
1933	Eamonn Fitzgerald	University College Dublin	14.20	NACAI
1934	Eamonn Fitzgerald	University College Dublin	14.07	NACAI
1935	Eamonn Fitzgerald	Killarney Dr Crokes	13.90	NACAI
1936	Eamonn Fitzgerald	Killarney Dr Crokes	14.10	NACAI
1937	Dan Sheehan	Dublin Metropolitan Garda	13.76	NACAI
1938	Dan Sheehan	Dublin Metropolitan Garda	13.59	NACAI
1939	J Dunne	Inchicore Harriers	13.62	NACAI
1940	J Dunne	Inchicore Harriers	14.18	NACAI
1941	J Dunne	Inchicore Harriers	13.40	NACAI
1942	J O'Brien	Civil Service	13.31	NACAI
1942	Bertie Shillington	9th Old Boys	13.78	IAAB
1943	JJ Lavan	Tinnecarra, Co. Roscommon	13.24	NACAI
1943	Bertie Shillington	9th Old Boys	12.56	IAAB
1944	JJ Lavan	Boyle, Co. Roscommon	13.75	NACAI
1944	Bertie Shillington	9th Old Boys	13.57	IAAB
1945	Bertie Shillington	9th Old Boys	12.77	AAUE
1945	JJ Lavan	Boyle, Co. Roscommon	13.82	NACAI
1945	Bertie Shillington	9th Old Boys	12.78	IAAB
1946	PJ Kelly	Kilkenny	14.36	NACAI
1946	Prince AF Adedoyin	Queen's University Belfast	13.50	IAAB
1947	PJ Kelly	Limerick	13.46	NACAI
1947	Prince AF Adedoyin	Queen's University Belfast	13.46	IAAB
1948	Lt L O'Rourke	Curragh	13.78	NACAI
1948	Prince AF Adedoyin	Queen's University Belfast	13.94	IAAB
1949	N McKenna	Star	13.09	NACAI
1950	ES Williams	Royal College of Surgeons, Ireland	12.85	AAUE
1950	Eddie Quilter (tied)	Civil Service	13.69	NACAI
1950	Tommy Ryan (tied)	Celtic, Dublin	13.69	NACAI
1950	WJ Doherty	AJ Foundry	12.86	IAAB
1951	Patrick "Paddy" Harmon	Donore Harriers	12.14	AAUE
1951	Tommy Ryan	St James's Gate	13.16	NACAI
1951	Richard "Dick" McColgan	Albert Foundry, Belfast	13.60	IAAB
1952	ES Williams	Crusaders	12.32	AAUE
1952	Roibeárd O'Dwyer	Kerry	13.36	NACAI
1952	Richard "Dick" McColgan	Albert Foundry, Belfast	13.84	IAAB
1953	JJ Higgins	Clonliffe Harriers	12.88	AAUE
1953	Roibeárd O'Dwyer	Cusack	13.05	NACAI
1953	Richard "Dick" McColgan	Albert Foundry, Belfast	13.97	IAAB
1954	JJ Higgins	Clonliffe Harriers	13.36	AAUE
1954	Roibeárd O'Dwyer	Kenmare	13.64	NACAI
1954	L McKnight	9th Old Boys	14.23	IAAB
1955	David Maurice Neligan	Dublin University	12.65	AAUE
1955	Roibeárd O'Dwyer	Ardgroom, Co. Cork	14.13	NACAI
1955	L McKnight	9th Old Boys	13.75	IAAB
1956	Philip Thomas Godden	Dublin University	12.77	AAUE
1956	Roibeárd O'Dwyer	Ardgroom, Co. Cork	14.13	NACAI
1956	T Stronge	Queen's University Belfast	13.68	IAAB
1957	David Maurice Neligan	Dublin University	12.90	AAUE
1957	JJ Higgins	Inchicore	14.12	NACAI
1957	T Cairns	Short & Harland, Belfast	13.81	IAAB
1958	John Oladipo Oladitan	Dublin University	13.51	AAUE
1958	M McSweeney	University College Dublin	13.21	NACAI
1958	T Cairns	Albert Foundry, Belfast	14.25	IAAB
1959	David Maurice Neligan	Dublin University	13.18	AAUE
1959	JJ Higgins	Inchicore	13.53	NACAI
1959	T Cairns	Albert Foundry, Belfast	14.86	IAAB
1960	David Maurice Neligan	St Columba's College	13.57	AAUE
1960	JP Reilly	Green Cockade, Belfast	14.17	NACAI
1960	T Cairns	Albert Foundry, Belfast	14.72	IAAB
1961	James Robert Douglas	Russell Thames Valley	13.42	AAUE
1961	Sean O'Dwyer	St Patrick's TC	14.17	NACAI
1961	Richard Hill	Belfast High School	13.83	IAAB
1962	Ronald "Ronnie" Martin	Donore Harriers	12.89	AAUE
1962	Sean O'Dwyer	Ardgroom, Co. Cork	15.03	NACAI
1962	W Barclay	9th Old Boys, Belfast	14.13	IAAB
1963	Richard George Vincent Boelens	Dublin University	13.76	AAUE

1963	Sean O'Dwyer	Ardgroom, Co. Cork	15.04		NACAI
1963	Brian Morrisson	Albert Foundry, Belfast	13.21		IAAB
1964	David A Martin	Crusaders	13.46		AAUE
1964	Sean O'Dwyer	Ardgroom, Co. Cork	14.20		NACAI
1964	P Woodman	Willowfield Harriers	14.58		IAAB
1965	David A Martin	Crusaders	13.58		AAUE
1965	Sean O'Dwyer	Ardgroom, Co. Cork	14.36		NACAI
1965	Brian Morrisson	Albert Foundry, Belfast	13.61		IAAB
1966	David A Martin	Crusaders	13.61		AAUE
1966	Sean O'Dwyer	University College Dublin	15.00		NACAI
1966	K Kelly	Herne Hill Harriers	14.43		IAAB
1967	David A Martin	Crusaders	14.69		BLE
1968	Mick O'Flynn	University College Cork	14.57		BLE
1969	David A Martin	Crusaders	14.30		BLE
1970	Sean O'Dwyer	London Irish	15.55		BLE
1971	Sean O'Dwyer	Phoenix Harriers	14.57		BLE
1972	Sean Power	Grange Fermoy	14.81		BLE
1973	Sean Power	Grange Fermoy	14.49		BLE
1974	Sean Power	Grange Fermoy	15.04		BLE
1975	Mick O'Flynn	Leevale	14.26		BLE
1976	Colm Cronin	Leevale	15.24		BLE
1977	Mick O'Flynn	Leevale	14.81		BLE
1978	Mick O'Flynn	Leevale	14.58		BLE
1979	Mick O'Flynn	Leevale	14.47		BLE
1980	Mick O'Flynn	Leevale	14.57		BLE
1981	Seamus Costelloe	Kilkenny City Harriers	15.10		BLE
1982	Joe McColgan	Strabane	14.44		BLE
1983	John Stapleton	Dublin City Harriers	14.33		BLE
1984	Seamus Costelloe	Kilkenny City Harriers	14.41		BLE
1985	Billy Oakes	Kilkenny City Harriers	14.99		BLE
1986	**Hugh Maguire**	**Winnipeg**	**15.83**		**BLE**
1987	Billy Oakes	Kilkenny City Harriers	15.09		BLE
1988	Michael McDonald	Ballymena & Antrim	15.45		BLE
1989	Billy Oakes	Kilkenny City Harriers	13.97		BLE
1990	Michael McDonald	Ballymena & Antrim	14.82		BLE
1991	Michael McDonald	Queen's University Belfast	15.09		BLE
1992	Jim Hayes	Waterford	14.59		BLE
1993	Michael McDonald	Queen's University Belfast	15.26		BLE
1994	Michael McDonald	Ballymena & Antrim	15.45		BLE
1995	Michael McDonald	Border	14.22		BLE
1996	Michael McDonald	Border	15.04		BLE
1997	Patrick Shannon	Ballybrack	13.69		BLE
1998	Michael McDonald	Border	14.62	+1.3	BLE
1999	Michael McDonald	Ballymena & Antrim	14.94	+1.3	BLE
2000	Victor Congear	Crusaders	14.32	-0.3	AAI
2001	Sean Lonergan	Kilkenny City Harriers	15.41	+4.6	AAI
2002	Patrick Shannon	Dublin City Harriers	14.61	+2.0	AAI
2003	Patrick Shannon	Dublin City Harriers	14.52	+0.8	AAI
2004	Leslie Leung	Ballymena & Antrim	13.64	+4.5	AAI
2005	Patrick Shannon	Dublin City Harriers	14.44	+2.0	AAI
2006	Eoin Kelly	St Abbans	13.51	nr	AAI
2007	Denis Finnegan	University College Cork	14.18	nr	AAI
2008	Denis Finnegan	University College Cork	14.36	+0.6	AAI
2009	Eoin Kelly	St Abbans	15.35	+2.2	AAI
2010	Eoin Kelly	St Abbans	14.83	+2.4	AAI
2011	Eoin Kelly	St Abbans	14.58	-0.6	AAI
2012	Denis Finnegan	Leevale	15.55	+1.5	AAI
2013	Denis Finnegan	Leevale	15.07	-1.7	AAI
2014	Denis Finnegan	An Riocht	15.34	+0.5	AAI
2015	Denis Finnegan	An Riocht	15.19	+4.3	AAI
2016	Denis Finnegan	An Riocht	14.80	+1.9	AAI
2017	Denis Finnegan	An Riocht	15.39	+0.9	AAI
2018	Denis Finnegan	An Riocht	14.33	+2.7	AAI
2019	Denis Finnegan	An Riocht	14.74	-1.8	AAI

Three Standing Jumps

Most titles

James Wall - 3	**1892, 93, 95**
Michael Creedon - 3	**1905, 06, 08**

Championship Record

J Chandler	**11.58**	**1897**

1886	Thomas Barry	Dungarvan	10.78	GAA
1887	Thomas Barry	Dungarvan	10.34	GAA
1888	Patrick Keohan	Dungarvan	10.96	GAA
1889	Geoffrey O'Donoghue	Ballinahoun	9.85	GAA
1890	James S Reynolds	Dublin	9.57	GAA
1891	T Walsh	Youghal	9.85	GAA
1892	James Wall	Dungarvan	10.77	GAA
1893	James Wall	Dungarvan	10.88	GAA
1895	James Wall	Dungarvan	10.88	GAA
1896	J Chandler	Limerick	11.40	GAA
1897	**J Chandler**	**Limerick**	**11.58**	**GAA**
1898	Sgt J Chandler	Royal Irish Regiment	11.15	
1901	Abandoned*			GAA
1903	John J Bresnihan	Dublin	10.03	GAA
1904	John Barrett	Dublin	10.34	GAA
1905	Michael Creedon	Cork	10.08	GAA
1906	Michael Creedon	Cork	10.80	GAA
1907	James J "Jim" Fahey	Galbally, Co. Limerick	10.72	GAA
1908	Michael Creedon	Cork	10.44	GAA
1909	JG Barry	Cork	10.74	GAA
1910	JG Barry	Cork	10.59	GAA
1911	James Joseph "Jim" Holloway	Dublin	10.16	GAA
1912	James Joseph "Jim" Holloway	Dublin	10.13	GAA
1913	Jim K Beasley	Upton, Co. Cork	10.49	GAA
1914	Jim K Beasley	Upton, Co. Cork	10.42	GAA
1915	Maurice Fraher	Dungarvan	10.50	GAA
1916	C Power	Dungarvan	10.31	GAA
1922	William "Bill" Shanahan	Ballinure, Co. Tipperary	8.99	GAA
1924	HJ Collender	Civic Guards	9.15	NACAI
1932	T Power	Dublin Metropolitan Garda	9.01	NACAI

* The ground flooded due to torrential rain

Shot Putt

Most titles

Denis Horgan - 12 — **1893, 94, 95, 96, 97, 98, 99, 1900, 03, 04, 05, 09**

Dave Guiney - 12 — **1944, 45, 46, 47, 48, 49, 50, 51, 52, 53, 55, 56**

Championship Record

Eric Favors — **18.64 2019**

1873	Charles Wadsworth	Queen's University Belfast	12.27	Irish Champions AC
1874	Edward J. Bor	London	12.41	Irish Champions AC
1875	Maurice Davin	Suir Rowing Club	12.44	Irish Champions AC
1876	Dr James Carroll Daly	Borrisokane, Co. Tipperary	12.62	Irish Champions AC
1877	Maurice Davin	Suir Rowing Club	11.71	Irish Champions AC
1878	Maurice Davin	Carrick-On-Suir	12.36	Irish Champions AC
1879	Maurice Davin	Carrick-On-Suir	12.57	Irish Champions AC
1880	Patrick Davin	Carrick-On-Suir	11.15	Irish Champions AC
1881	Michael Cusack	City & Suburban	11.35	Irish Champions AC
1882	Owen Harte	Royal Irish Constabulary	11.25	AAAI
1883	Owen Harte	Royal Irish Constabulary	12.37	AAAI
1884	John Purcell	Dublin	10.82	AAAI
1885	James O'Brien	Clonmel	13.68	IAAA
1885	Thomas Ryan	Clonmel	11.29	GAA
1886	William Murray	Curragh	12.19	IAAA
1886	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	11.87	GAA
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	11.95	IAAA
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	12.88	GAA
1888	James O'Brien	Clonmel	11.48	IAAA
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	11.96	GAA
1889	William JM Barry	Queen's College Cork	12.34	IAAA
1889	David D Hunt Rower,	Inistioge, Co. Kilkenny	11.50	GAA
1890	S Brennan	Limerick	11.61	IAAA
1890	James O'Mahony	Mitchelstown	11.56	GAA
1891	William JM Barry	Queen's College Cork	12.24	IAAA
1891	James O'Mahony	Mitchelstown	11.94	GAA
1892	JS Royce	Oulart Hill Harriers, Co. Wexford	11.75	IAAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.58	GAA
1893	Denis Horgan	Banteer	12.55	IAAA
1893	Denis Horgan	Banteer	12.88	GAA
1894	Denis Horgan	Banteer	13.79	IAAA
1894	James S Reynolds	Dublin	11.89	GAA
1895	Denis Horgan	Banteer	13.82	IAAA
1895	JM Bergin	Rathdrum	11.76	GAA
1896	Denis Horgan	Banteer	13.59	IAAA
1896	Denis Horgan	Banteer	13.70	GAA
1897	Denis Horgan	Banteer	13.61	IAAA
1897	Larry Roche	Bruree, Co. Limerick	11.49	GAA
1898	Denis Horgan	Banteer	12.25	IAAA
1898	Denis Horgan	Banteer	14.61	GAA
1899	Denis Horgan	Banteer	13.97	IAAA
1899	Michael O'Connor	Cashel	12.50	GAA
1900	Denis Horgan	Banteer	13.95	IAAA
1901	John J Galavan	New Ross	12.24	IAAA
1901	James J O'Shea	Ennis	12.12	GAA
1902	John J Galavan	New Ross	12.22	IAAA
1902	James J Barrett	Nenagh	11.65	GAA
1903	James J Barrett	Nenagh	12.52	IAAA
1903	Denis Horgan	Banteer	14.07	GAA
1904	Denis Horgan	Banteer	13.93	IAAA
1904	Denis Horgan	Banteer	13.59	GAA
1905	Denis Horgan	Banteer	13.43	IAAA
1905	Denis Horgan	Banteer	14.02	GAA
1906	James J Barrett	Templemore, Co. Tipperary	13.18	IAAA
1907	James J Barrett	Borrisokane, Co. Tipperary	13.55	IAAA
1907	Patrick "Paddy" Keane	Dublin	13.08	GAA
1908	James J Barrett	Borrisokane, Co. Tipperary	12.68	IAAA
1908	William F Bennett	Ballinhassig, Co. Cork	12.27	GAA
1909	Denis Horgan	Banteer	13.77	IAAA

1909	William F Bennett	Ballinhassig, Co. Cork	12.67		GAA	
1910	James J Barrett	RIC, Borrisokane, Co. Tipperary	13.08		IAAA	
1910	Jeremiah J Foley	Listowel	12.04		GAA	
1911	James J Barrett	RIC, Borrisokane, Co. Tipperary	13.18		IAAA	
1911	Patrick "Paddy" Keane	Dublin	12.93		GAA	
1912	Pat Quinn	Dublin Metropolitan Police	13.12		IAAA	
1912	Tom Ludgate	Mallow	12.25		GAA	
1913	Pat Quinn	Dublin Metropolitan Police	12.89		IAAA	
1913	Patrick "Paddy" Keane	Dublin	13.21		GAA	
1914	Pat Quinn	Dublin Metropolitan Police	13.18		IAAA	
1914	John O'Grady	Caherconlish, Co. Limerick	11.66		GAA	
1915	Jeremiah J Foley	Listowel	12.24		GAA	
1916	John O'Grady	Caherconlish, Co. Limerick	12.97		GAA	
1917	Martin Kennedy	Thurles	12.10		GAA	*Competed under alias M Ryan*
1919	Michael E Crean	Kilmuckridge, Co. Wexford	12.67		IAAA	
1919	Martin Kennedy	Thurles	13.23		GAA	
1920	Michael E Crean	Ballyharty, Co. Wexford	12.17		IAAA	
1920	Martin Kennedy	Thurles	12.81		GAA	
1921	Pat Quinn	Dublin Metropolitan Police	12.47		IAAA	
1921	Martin Kennedy	Thurles	12.42		GAA	
1922	M O'Halloran	Clonliffe Harriers	11.01		IAAA	
1922	Martin Kennedy	Kilcommon. Co. Tipperary	12.71		GAA	
1923	Martin Kennedy	Kilcommon. Co. Tipperary	13.10		NACAI	
1924	John O'Grady	Limerick	13.17		NACAI	
1925	John O'Grady	Limerick	13.88		NACAI	
1926	AL Colhoun	Ulsterville Harriers	12.93		NACAI	
1927	AL Colhoun	Ulsterville Harriers	13.14		NACAI	
1928	T Healy	Dublin Metropolitan Garda	12.94		NACAI	
1929	AL Colhoun	Ulsterville Harriers	12.65		NACAI	
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	13.55		NACAI	
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	13.83		NACAI	
1932	Dr Patrick "Pat" O'Callaghan	Clonmel	13.67		NACAI	
1933	T Healy	Dublin Metropolitan Garda	13.41		NACAI	
1934	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	13.66		NACAI	
1935	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	13.03		NACAI	
1936	Con O'Callaghan	Father O'Leary, Cork	12.69		NACAI	
1937	R Moore	RUC	13.02		AAUE	
1937	Con O'Callaghan	Father O'Leary, Cork	12.80		NACAI	
1938	Leonard Nicholas "Len" Horan	Dublin University	13.61		AAUE	
1938	Tommy Headon	University College Dublin	12.86		NACAI	
1939	Leonard Nicholas "Len" Horan	Dublin University	13.56		AAUE	
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	12.96		NACAI	
1940	Leonard Nicholas "Len" Horan	Dublin University	13.43		AAUE	
1940	John J "Jack" Guiney	Dublin Metropolitan Garda	12.93		NACAI	
1941	Leonard Nicholas "Len" Horan	Hermes	13.82		AAUE	
1941	Jim B Byrne	Armagh	13.70		NACAI	
1942	Leonard Nicholas "Len" Horan	Hermes	13.97		AAUE	
1942	Jim B Byrne	Armagh	13.05		NACAI	
1942	Leonard Nicholas "Len" Horan	Hermes	14.51		IAAB	
1943	Leonard Nicholas "Len" Horan	Hermes	13.32		AAUE	
1943	Jim B Byrne	Armagh	13.38		NACAI	
1943	Leonard Nicholas "Len" Horan	Hermes	13.01		IAAB	
1944	Leonard Nicholas "Len" Horan	Hermes	13.65		AAUE	
1944	David D Guiney	Civil Service	14.70		NACAI	
1944	Leonard Nicholas "Len" Horan	Hermes	13.40		IAAB	
1945	Leonard Nicholas "Len" Horan	Hermes	12.55		AAUE	
1945	David D Guiney	Civil Service	13.96		NACAI	
1945	David D Guiney	Civil Service	25.21	*2hd**	NACAI	
1945	Leonard Nicholas "Len" Horan	Hermes	12.96		IAAB	
1946	David D Guiney	Dublin University	14.35		AAUE	
1946	Cummin Clancy	Civil Service	13.33		NACAI	
1946	David D Guiney	Dublin University	13.75		IAAB	
1947	David D Guiney	Dublin University	15.05		AAUE	
1947	Jim B Byrne	Phoenix Harriers	12.90		NACAI	
1947	David D Guiney	Dublin University	14.46		IAAB	
1948	David D Guiney	Clonliffe Harriers	14.88		AAUE	
1948	Jim B Byrne	Phoenix Harriers	13.92		NACAI	
1948	David D Guiney	Clonliffe Harriers	14.43		IAAB	
1949	David D Guiney	Clonliffe Harriers	13.50		AAUE	
1949	JJ Gallagher	Strabane	11.99		NACAI	
1949	David D Guiney	Clonliffe Harriers	14.27		IAAB	
1950	David D Guiney	Clonliffe Harriers	14.25		AAUE	
1950	Michael C "Mick" Hehir	Ballinasloe	12.25		NACAI	

1950	David D Guiney	Clonliffe Harriers	14.62	IAAB
1951	David D Guiney	Donore Harriers	14.48	AAUE
1951	Patrick J "Paddy" Costello	Civil Service	12.26	NACAI
1951	David D Guiney	Donore Harriers	14.58	IAAB
1952	David D Guiney	Donore Harriers	14.32	AAUE
1952	Patrick J "Paddy" Costello	Civil Service	12.62	NACAI
1952	David D Guiney	Donore Harriers	14.51	IAAB
1953	David D Guiney	Donore Harriers	14.13	AAUE
1953	Patrick J "Paddy" Costello	Civil Service	12.65	NACAI
1953	David D Guiney	Donore Harriers	14.31	IAAB
1954	Jim B Byrne	Clonliffe Harriers	14.22	AAUE
1954	Patrick J "Paddy" Costello	Civil Service	13.09	NACAI
1954	David D Guiney	Donore Harriers	14.27	IAAB
1955	David D Guiney	Donore Harriers	14.45	AAUE
1955	Michael Gleeson	St James's Gate	12.36	NACAI
1955	David D Guiney	Donore Harriers	13.94	IAAB
1956	David D Guiney	Donore Harriers	13.85	AAUE
1956	Joseph Duggan	Ballyglass, Co. Galway	12.70	NACAI
1956	David D Guiney	Donore Harriers	14.37	IAAB
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	14.06	AAUE
1957	Joseph Duggan	Ballyglass, Co. Galway	13.22	NACAI
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	14.29	IAAB
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	13.65	AAUE
1958	Kevin Prendergast	Rockwell College	13.54	NACAI
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	14.02	IAAB
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	14.22	AAUE
1959	Kevin Prendergast	University College Dublin	14.37	NACAI
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	14.04	IAAB
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	15.12	AAUE
1960	Kevin Prendergast	University College Dublin	13.82	NACAI
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	15.07	IAAB
1961	Ronald Herbert "Ronnie" Taylor	Dublin University	15.41	AAUE
1961	Kevin Prendergast	University College Dublin	15.07	NACAI
1961	Ronald Herbert "Ronnie" Taylor	St. Mary's Hornsey, UK	14.68	IAAB
1962	Paul Healion	Irish Field Event	13.84	AAUE
1962	Hugh D O'Callaghan	University College Cork	14.70	NACAI
1962	David Davidson	Royal Ulster Constabulary	14.96	IAAB
1963	Thomas Lionel Patrick Hatt	Dublin University	13.06	AAUE
1963	Hugh D O'Callaghan	University College Cork	15.57	NACAI
1963	David Davidson	Royal Ulster Constabulary	14.67	IAAB
1964	Thomas Lionel Patrick Hatt	Dublin University	13.54	AAUE
1964	Hugh D O'Callaghan	University College Cork	16.20	NACAI
1964	David Davidson	Royal Ulster Constabulary	14.51	IAAB
1965	Paul Healion	Crusaders	13.39	AAUE
1965	Hugh D O'Callaghan	Toomevarra, Co. Tipperary	15.17	NACAI
1965	H Robinson	Willowfield Harriers	13.63	IAAB
1966	Philip Conway	Crusaders	14.12	AAUE
1966	Brendan Coughlan	Hilltown	13.46	NACAI
1966	David Davidson	Royal Ulster Constabulary	15.09	IAAB
1967	Philip Conway	Crusaders	15.45	BLE
1968	Gerry Downes	Clonliffe Harriers	14.81	BLE
1969	Philip Conway	Crusaders	16.40	BLE
1970	Brendan Coughlan	Leevale	14.65	BLE
1971	Philip Conway	Crusaders	16.18	BLE
1972	Philip Conway	Crusaders	17.27	BLE
1973	Brendan Coughlan	Leevale	15.36	BLE
1974	Brendan Coughlan	Leevale	15.63	BLE
1975	Brendan Coughlan	Leevale	15.40	BLE
1976	Gerry McEvoy	Ballyfermot	15.07	BLE
1977	Eugene Diviney	Crusaders	15.28	BLE
1978	Eugene Diviney	Crusaders	15.76	BLE
1979	Eugene Diviney	Crusaders	15.79	BLE
1980	Eugene Diviney	Crusaders	17.17	BLE
1981	Gerry McEvoy	Dublin City Harriers	16.63	BLE
1982	Paul Quirke	Crusaders	15.51	BLE
1983	John Reynolds	Annadale Striders	16.21	BLE
1984	Paul Quirke	Crusaders	16.86	BLE
1985	Paul Quirke	Crusaders	15.90	BLE
1986	Paul Quirke	Crusaders	16.96	BLE
1987	Paul Quirke	Crusaders	15.86	BLE
1988	Victor Costello	Puma, Dublin	16.49	BLE
1989	Victor Costello	Dundrum South Dublin	16.05	BLE
1990	Victor Costello	Dundrum South Dublin	16.85	BLE

1991	Victor Costello	Dundrum South Dublin	16.51	BLE
1992	Paul Quirke	Crusaders	17.08	BLE
1993	Paul Quirke	Crusaders	17.54	BLE
1994	Nick Sweeney	Dundrum South Dublin	17.37	BLE
1995	Paul Quirke	Crusaders	17.04	BLE
1996	John Farrelly	Dundrum South Dublin	15.12	BLE
1997	Nick Sweeney	Dundrum South Dublin	17.10	BLE
1998	John Dermody	Dundrum South Dublin	16.85	BLE
1999	John Dermody	Dundrum South Dublin	18.61	BLE
2000	John Dermody	Dundrum South Dublin	17.86	AAI
2001	Iain McMullan	Trafford	15.95	AAI
2002	Iain McMullan	Trafford	17.61	AAI
2003	John P Leahy	Limerick	16.32	AAI
2004	John P Leahy	Limerick	16.40	AAI
2005	Paul Crowe	Menapians	16.92	AAI
2006	John P Leahy	Limerick	15.77	AAI
2007	Eoin Leen	Tralee Harriers	15.36	AAI
2008	Sean Breathnach	Galway City Harriers	15.74	AAI
2009	Colin Quirke	Crusaders	15.90	AAI
2010	Sean Breathnach	Galway City Harriers	16.31	AAI
2011	Sean Breathnach	Galway City Harriers	16.24	AAI
2012	Sean Breathnach	Galway City Harriers	15.85	AAI
2013	Sean Breathnach	Galway City Harriers	15.60	AAI
2014	Sean Breathnach	Galway City Harriers	16.27	AAI
2015	Sean Breathnach	Galway City Harriers	17.63	AAI
2016	Sean Breathnach	Galway City Harriers	17.34	AAI
2017	John Kelly	Finn Valley	16.46	AAI
2018	Sean Breathnach	Galway City Harriers	17.53	AAI
2019	**Eric Favors**	**Raheny Shamrock**	**18.64**	**AAI**

Discus

Most titles

Patrick Bermingham - 10	**1919, 20, 23, 24, 25, 26, 27, 30, 32, 33**
Nick Sweeney - 10	**1987, 91, 92, 93, 94, 95, 96, 97, 99, 2000**

Championship Record

Nick Sweeney	**60.66**	**1996**

1909	John "Jack" Murray	Inchicore	36.78	IAAA
1910	Patrick "Paddy" Quinn	Dublin Metropolitan Police	33.22	IAAA
1911	Not held			IAAA
1912	Patrick "Paddy" Quinn	Dublin Metropolitan Police	35.97	IAAA
1913	Patrick "Paddy" Quinn	Dublin Metropolitan Police	37.11	IAAA
1914	Patrick "Paddy" Quinn	Dublin Metropolitan Police	36.65	IAAA
1919	Patrick J "Paddy" Bermingham	Dublin Metropolitan Police	36.70	IAAA
1920	Patrick J "Paddy" Bermingham	Dublin Metropolitan Police	35.79	IAAA
1921	Patrick "Paddy" Quinn	Dublin Metropolitan Police	37.19	IAAA
1921	T Kirby	University College Dublin	31.25	GAA
1922	Patrick "Paddy" Quinn	Dublin Metropolitan Police	35.41	IAAA
1922	Martin Kennedy	Kilcommon, Co. Tipperary	35.74	GAA
1923	Patrick J "Paddy" Bermingham	Clonliffe Harriers	39.06	NACAI
1924	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	42.14	NACAI
1925	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	43.18	NACAI
1926	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	41.30	NACAI
1927	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	42.16	NACAI
1928	T Healy	Dublin Metropolitan Garda	40.79	NACAI
1929	T Healy	Dublin Metropolitan Garda	44.41	NACAI
1930	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	43.08	NACAI
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	39.99	NACAI
1932	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	42.59	NACAI
1933	Patrick J "Paddy" Bermingham	Dublin Metropolitan Garda	41.16	NACAI
1934	Edward "Ned" Tobin	Dublin Metropolitan Garda	41.26	NACAI
1935	Edward "Ned" Tobin	Dublin Metropolitan Garda	43.72	NACAI
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	43.58	NACAI
1937	James E Nesbitt	Royal Ulster Constabulary	43.09	AAUE
1937	Edward "Ned" Tobin	Dublin Metropolitan Garda	44.64	NACAI
1938	James E Nesbitt	Royal Ulster Constabulary	41.20	AAUE
1938	Edward "Ned" Tobin	Dublin Metropolitan Garda	43.46	NACAI
1939	James E Nesbitt	Royal Ulster Constabulary	40.16	AAUE
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	46.50	NACAI
1940	James E Nesbitt	Royal Ulster Constabulary	40.35	AAUE
1940	Joseph Duggan	University College Galway	37.98	NACAI
1941	James E Nesbitt	Royal Ulster Constabulary	38.95	AAUE
1941	Edward "Ned" Tobin	Galway	39.70	NACAI
1942	Leonard Nicholas "Len" Horan	Hermes	36.48	AAUE
1942	John J "Jack" Guiney	Dublin Metropolitan Garda	36.04	NACAI
1942	James E Nesbitt	Royal Ulster Constabulary	40.80	IAAB
1943	Leonard Nicholas "Len" Horan	Hermes	38.97	AAUE
1943	Edward "Ned" Tobin	Galway	41.40	NACAI
1943	James E Nesbitt	Royal Ulster Constabulary	42.10	IAAB
1944	Leonard Nicholas "Len" Horan	Hermes	34.25	AAUE
1944	Edward "Ned" Tobin	Oughterard	44.41	NACAI
1944	James E Nesbitt	Royal Ulster Constabulary	41.26	IAAB
1945	Leonard Nicholas "Len" Horan	Hermes	34.30	AAUE
1945	Edward "Ned" Tobin	Oughterard	43.88	NACAI
1945	James E Nesbitt	Royal Ulster Constabulary	41.28	IAAB
1946	David D Guiney	Dublin University	36.17	AAUE
1946	Edward "Ned" Tobin	Galway	39.85	NACAI
1946	James E Nesbitt	Royal Ulster Constabulary	41.56	IAAB
1947	Michael Gleeson	Donore Harriers	35.02	AAUE
1947	Patrick "Paddy" Browne	University College Dublin	37.95	NACAI
1947	James E Nesbitt	Royal Ulster Constabulary	40.14	IAAB
1948	Cummin Martin Clancy	Donore Harriers	40.54	AAUE
1948	Jim B Byrne	Phoenix Harriers	35.08	NACAI
1948	James E Nesbitt	Royal Ulster Constabulary	41.87	IAAB
1949	Cummin Martin Clancy	Donore Harriers	43.20	AAUE

1949	F Monaghan	Bannside, Co. Antrim	36.98	NACAI
1950	Ronald Herbert "Ronnie" Taylor	Clonliffe Harriers	40.35	AAUE
1950	F Monaghan	Glen	38.41	NACAI
1950	Ken L Healy	Clonliffe Harriers	38.22	IAAB
1951	Ken L Healy	Clonliffe Harriers	38.96	AAUE
1951	Edward "Ned" Tobin	Garristown, Co. Dublin	43.08	NACAI
1951	James E Nesbitt	Royal Ulster Constabulary	41.11	IAAB
1952	Ken L Healy	Clonliffe Harriers	39.47	AAUE
1952	F Monaghan	Glen	37.92	NACAI
1952	C Scott	Royal Ulster Constabulary	38.66	IAAB
1953	Ken L Healy	Clonliffe Harriers	38.08	AAUE
1953	Michael Gleeson	St James's Gate	38.58	NACAI
1953	Ken L Healy	Clonliffe Harriers	40.71	IAAB
1954	Ken L Healy	Clonliffe Harriers	39.32	AAUE
1954	C Bergin	West Belfast	39.06	NACAI
1954	Ken L Healy	Clonliffe Harriers	40.04	IAAB
1955	Ken L Healy	Clonliffe Harriers	41.50	AAUE
1955	Michael Gleeson	St James's Gate	37.92	NACAI
1955	Ken L Healy	Clonliffe Harriers	40.34	IAAB
1956	David D Guiney	Donore Harriers	37.84	AAUE
1956	Ken Healy	St Dymphna's, Co. Tyrone	42.12	NACAI
1956	Ronald Herbert "Ronnie" Taylor	Dublin University	41.01	IAAB
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	42.06	AAUE
1957	Ken Healy	St Dymphna's, Co. Tyrone	40.40	NACAI
1957	Ronald Herbert "Ronnie" Taylor	Dublin University	43.06	IAAB
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	41.87	AAUE
1958	Michael Gleeson	St James's Gate	36.98	NACAI
1958	Ronald Herbert "Ronnie" Taylor	Dublin University	42.51	IAAB
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	42.70	AAUE
1959	Kevin Prendergast	University College Dublin	41.18	NACAI
1959	Ronald Herbert "Ronnie" Taylor	Dublin University	48.22	IAAB
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	42.22	AAUE
1960	Brian O'Halloran	University College Dublin	43.98	NACAI
1960	Ronald Herbert "Ronnie" Taylor	Dublin University	48.22	IAAB
1961	Ronald Herbert "Ronnie" Taylor	Dublin University	43.58	AAUE
1961	Brian O'Halloran	University College Dublin	43.42	NACAI
1961	Ronald Herbert "Ronnie" Taylor	Hornsey St. Mary's, UK	42.78	IAAB
1962	Paul Healion	Irish Field Event	41.56	AAUE
1962	Hugh D O'Callaghan	University College Cork	41.56	NACAI
1962	RJ McKinney	Albert Foundry, Belfast	40.18	IAAB
1963	Larry Mullen	Avondale	38.37	AAUE
1963	Hugh D O'Callaghan	University College Cork	45.30	NACAI
1963	RJ McKinney	Albert Foundry, Belfast	39.18	IAAB
1964	Thomas Lionel Patrick Hatt	Dublin University	38.23	AAUE
1964	Hugh D O'Callaghan	University College Cork	43.65	NACAI
1964	J McDonnell	Crusaders	41.11	IAAB
1965	Martin Kelly	Barnett	43.08	AAUE
1965	Hugh D O'Callaghan	Toomevarra, Co. Tipperary	43.07	NACAI
1965	Paul Healion	Crusaders	37.14	IAAB
1966	Philip Conway	Crusaders	44.78	AAUE
1966	Bernie Hartigan	Regional, Limerick	43.73	NACAI
1966	E Stoddart	Polytechnic	39.79	IAAB
1967	Philip Conway	Crusaders	47.16	BLE
1968	Bernie Hartigan	Hillcrest	45.47	BLE
1969	Philip Conway	Crusaders	47.62	BLE
1970	Philip Conway	Crusaders	46.84	BLE
1971	Bernie Hartigan	Limerick	44.09	BLE
1972	Len Braham	Ballymore / Cobh	46.74	BLE
1973	Len Braham	St Finbarr's Cork	51.77	BLE
1974	Philip Conway	Crusaders	49.40	BLE
1975	Len Braham	St Finbarr's Cork	52.28	BLE
1976	Len Braham	St Finbarr's Cork	47.48	BLE
1977	Len Braham	St Finbarr's Cork	51.12	BLE
1978	Philip Conway	Crusaders	47.36	BLE
1979	Joseph "Joe" Brice	Midleton	53.00	BLE
1980	Joseph "Joe" Brice	Midleton	53.32	BLE
1981	Joseph "Joe" Brice	Midleton	53.60	BLE
1982	Joseph "Joe" Brice	Crusaders	50.86	BLE
1983	Paul Quirke	Crusaders	47.34	BLE
1984	Denis McSweeney	Riocht	45.66	BLE
1985	Paul Quirke	Crusaders	49.12	BLE
1986	Joseph "Joe" Brice	East Cork	50.28	BLE
1987	Nick Sweeney	Team Puma, Dublin	50.42	BLE

1988	John Farrelly	Team Puma, Dublin	46.96	BLE
1989	Frank O'Brien	Dungarvan	45.50	BLE
1990	Paul Quirke	Crusaders	49.40	BLE
1991	Nick Sweeney	Dundrum South Dublin	58.46	BLE
1992	Nick Sweeney	Dundrum South Dublin	58.14	BLE
1993	Nick Sweeney	Dundrum South Dublin	57.30	BLE
1994	Nick Sweeney	Dundrum South Dublin	60.36	BLE
1995	Nick Sweeney	Dundrum South Dublin	57.42	BLE
1996	**Nick Sweeney**	**Dundrum South Dublin**	**60.66**	**BLE**
1997	Nick Sweeney	Dundrum South Dublin	57.90	BLE
1998	John Menton	Donore Harriers	56.59	BLE
1999	Nick Sweeney	Dundrum South Dublin	59.56	BLE
2000	Nick Sweeney	Dundrum South Dublin	57.48	AAI
2001	John Menton	Donore Harriers	55.59	AAI
2002	John Menton	Donore Harriers	52.03	AAI
2003	John Menton	Donore Harriers	52.67	AAI
2004	John Menton	Donore Harriers	55.24	AAI
2005	John Menton	Donore Harriers	52.01	AAI
2006	Eoin Leen	Tralee Harriers	51.53	AAI
2007	Eoin Leen	Tralee Harriers	50.54	AAI
2008	John Menton	Donore Harriers	46.03	AAI
2009	Colin Quirke	Crusaders	54.70	AAI
2010	Tomas Rauktys	Clonliffe Harriers	51.68	AAI
2011	Tomas Rauktys	Clonliffe Harriers	52.06	AAI
2012	Tomas Rauktys	Clonliffe Harriers	53.40	AAI
2013	Marco Pons	DMP	47.77	AAI
2014	Colin Quirke	Crusaders	52.73	AAI
2015	Colin Quirke	Crusaders	54.09	AAI
2016	Marco Pons	DMP	53.22	AAI
2017	Colin Quirke	Crusaders	55.12	AAI
2018	Marco Pons	DMP	53.67	AAI
2019	Colin Quirke	Crusaders	60.40	AAI

Hammer

Most titles

Thomas Francis "Tom" Kiely - 13 urf - 6 — **2 × 1896 ,2 × 1897, 2 × 1898, 2 × 1899, 1900, 1901, 02, 03 urf 1892, 93, 96, 97, 1900, 03**

Bert Healion - 13 — **1937, 38, 39, 40, 41, 42, 43, 44, 45, 56 59, 60, 61**

Championship Record

Conor McCullough — **74.16 1988**

1873	Matthew M. Stritch	Royal Irish Constabulary	33.58		Irish Champions AC	
1874	Matthew M. Stritch	Royal Irish Constabulary	32.92		Irish Champions AC	
1875	Maurice Davin	Suir Rowing Club	34.60		Irish Champions AC	
1876	Maurice Davin	Suir Rowing Club	39.28		Irish Champions AC	
1877	Maurice Davin	Suir Rowing Club	37.50		Irish Champions AC	
1878	Maurice Davin	Carrick-On-Suir	37.54		Irish Champion (3'6" handle)	
1879	Maurice Davin	Carrick-On-Suir	30.64		Irish Champions AC	
1880	James Tobin	Carrick-On-Suir	28.86		Irish Champions AC	
1881	D Browning	Limerick	w/o		Irish Champions AC	
1882	JF Slattery	Carrick-On-Suir	28.32		AAAI	
1883	Owen Harte	Royal Irish Constabulary	27.52		AAAI	(7' run)
1884	William JM Barry	Queen's College Cork	30.34		AAAI	
1885	William JM Barry	Queen's College Cork	35.61		IAAA	
1885	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	32.46	urf †	GAA	
1886	Thomas Ryan	Clonmel	32.50		IAAA	(7' run)
1886	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	38.66		GAA	
1887	Thomas Ryan	Clonmel	33.52		IAAA	(7' run)
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	36.63	urf	GAA	
1888	Patrick "Paddy" Lawless	Bandon	33.53		IAAA	
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	41.49	urf	GAA	
1889	William JM Barry	Queen's College Cork	38.10		IAAA	(7' run)
1889	JP O'Sullivan	Killorglin, Co. Kerry	33.22		GAA	
1890	Patrick "Paddy" Lawless	Derry	36.40		IAAA	(7' run)
1890	Dr James Carroll Daly	Borrisokane, Co. Tipperary	38.18	urf	GAA	(7' run)
1891	William JM Barry	Queen's College Cork	35.10		IAAA	(7' cirlce)
1891	James O'Mahony	Mitchelstown	35.66	urf	GAA	
1892	Denis Carey	Dublin Metropolitan Police	32.10		IAAA	(7' cirlce)
1892	James S Reynolds	Dublin	32.10		IAAA	(7' cirlce)
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	37.49	urf	GAA	(7' cirlce)
1893	Denis Carey	Dublin Metropolitan Police	39.70		IAAA	(7' cirlce)
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	39.27	urf	GAA	
1894	William JM Barry	Queen's College Cork	38.48		IAAA	(7' cirlce)
1894	James S Reynolds	Dublin	38.10	urf	GAA	
1895	Thomas F "Tom" Kiely	Ballyneale	40.71		IAAA	(7' cirlce)
1895	James S Reynolds	Dublin	38.89	urf	GAA	
1896	James S Reynolds	Dublin	38.08		IAAA	(9' circle)
1896	Thomas Francis "Tom" Kiely	Carrick-On-Suir	41.04		GAA	(9' circle)
1896	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.64	urf	GAA	
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	42.62		IAAA	(9' circle)
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	42.59		GAA	(9' circle)
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.64	urf	GAA	
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	41.17		IAAA	
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	45.03		GAA	(9' circle)
1899	Thomas Francis "Tom" Kiely	Carrick-On-Suir	42.47		IAAA	
1899	Thomas Francis "Tom" Kiely	Carrick-On-Suir	47.55		GAA	(9' circle)
1900	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.14		IAAA	(9' circle)
1900	Thomas Francis "Tom" Kiely	Carrick-On-Suir	43.59	urf	GAA	
1901	Thomas Francis "Tom" Kiely	Carrick-On-Suir	45.81		IAAA	
1901	Abandoned *		—		GAA	(9' circle)
1901	Laurence A "Larry" Kiely	Carrick-On-Suir	39.68	urf	GAA	
1902	Thomas Francis "Tom" Kiely	Carrick-On-Suir	45.81		IAAA	(9' circle)
1902	Patrick "Paddy" Ryan	Pallasgreen	41.45		GAA	(9' circle)
1902	Patrick "Paddy" Ryan	Pallasgreen	46.2	urf	GAA	
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	40.69		IAAA	(9' circle)
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	44.37		GAA	(9' circle)
1904	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	43.61		IAAA	(9' circle)
1904	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	46.53	urf	GAA	

1905	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	42.77	IAAA	(9' circle)
1905	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.26	GAA	(9' circle)
1906	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.77	IAAA	(9' circle)
1906	Con Walsh	Macroom	43.33	GAA	(9' circle)
1907	Denis Carey	Co. Dublin Harriers	38.96	IAAA	(9' circle)
1907	Laurence A. "Larry" Kiely	Ballyneale, Co. Tipperary	38.96	IAAA	
1907	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.95	GAA	(9' circle)
1908	John Murray	Inchicore	40.34	IAAA	(9' circle)
1908	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	45.42	GAA	(9' circle)
1909	John Murray	Inchicore	42.47	IAAA	(9' circle)
1909	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	47.07	GAA	(9' circle)
1910	Denis Carey	Dublin Metropolitan Police	45.21	IAAA	(9' circle)
1910	EJ Treacy	Oola, Co. Limerick	43.97	GAA	(9' circle)
1911	John J Flanagan	Kilmallock	52.53	IAAA	(9' circle)
1911	Tom Ludgate	Mallow	39.78	GAA	(9' circle)
1912	John J Flanagan	Kilmallock	50.50	IAAA	(9' circle)
1912	Michael Walsh	Carriganima, Co. Cork	40.84	GAA	(9' circle)
1913	Denis Carey	Dublin Metropolitan Police	47.24	IAAA	
1913	Michael Walsh	Carriganima, Co. Cork	38.96	GAA	
1914	Denis Carey	Polytechnic Harriers	47.27	IAAA	
1914	Tom Ludgate	Mallow	43.10	GAA	(9' circle)
1915	JJ Foley	Listowel	39.75	GAA	(9' circle)
1919	Pte Patrick "Paddy" Ryan	American Army	51.51	IAAA	
1919	William "Bill" Britton	Kilmallock, Co. Limerick	42.32	GAA	
1920	Patrick F "Paddy" Ryan	Dublin Metropolitan Police	43.33	IAAA	
1920	William "Bill" Britton	Kilmallock, Co. Limerick	43.89	GAA	
1921	J Byrne	Dublin Metropolitan Police	39.52	IAAA	
1921	William "Bill" Britton	Kilmallock, Co. Limerick	45.97	GAA	
1922	J Byrne	Dublin Metropolitan Police	42.16	IAAA	
1922	Martin Kennedy	Kilcommon, Co. Tipperary	44.12	GAA	
1923	William "Bill" Britton	Ballinamore, Co. Leitrim	45.91	NACAI	
1924	William "Bill" Britton	Ballinamore, Co. Leitrim	45.26	NACAI	
1925	William "Bill" Britton	Ballinamore, Co. Leitrim	43.48	NACAI	
1926	William "Bill" Britton	Ballinamore, Co. Leitrim	45.01	NACAI	
1927	Dr Patrick "Pat" O'Callaghan	Croke	43.36	NACAI	
1928	Dr Patrick "Pat" O'Callaghan	Kanturk, Co. Cork	49.53	NACAI	
1929	William "Bill" Britton	Cavan	45.72	NACAI	
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	51.81	NACAI	
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	51.48	NACAI	
1932	Dr Patrick "Pat" O'Callaghan	Clonmel	51.18	NACAI	
1933	William "Bill" Britton	Cavan	44.65	NACAI	
1934	M Curtin	Father O'Leary, Cork	48.22	NACAI	
1935	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	48.42	NACAI	
1936	John J O'Doherty	Dublin Metropolitan Garda	46.84	NACAI	
1937	Bert Healion	Royal College of Surgeons, Ireland	45.60	AAUE	
1937	Dan Coyle	Dundalk	47.95	NACAI	
1938	Bert Healion	Royal College of Surgeons, Ireland	50.66	AAUE	
1938	Dan Coyle	Dundalk	56.90	NACAI	
1939	Bert Healion	Royal College of Surgeons, Ireland	47.34	AAUE	
1939	Maurice Curtin	Cork	48.83	NACAI	
1940	Bert Healion	Dublin	53.80	AAUE	
1940	Dan Coyle	Dundalk	48.78	NACAI	
1941	Bert Healion	Erris	56.28	AAUE	
1941	John J O'Doherty	Dublin Metropolitan Garda	47.40	NACAI	
1942	Bert Healion	Erris	56.28	AAUE	
1942	Dan Coyle	Dundalk	42.16	NACAI	
1942	Bert Healion	Erris	55.84	IAAB	
1943	Bert Healion	Erris	54.34	AAUE	
1943	Maurice Curtin	Cork	46.44	NACAI	
1943	Bert Healion	Erris	48.24	IAAB	
1944	Bert Healion	Erris	55.04	AAUE	
1944	Dan Coyle	Dundalk	45.84	NACAI	
1945	Bert Healion	Erris	52.89	AAUE	
1945	Dan Coyle	Dundalk	44.38	NACAI	
1945	Duncan McDougall Clarke	Royal Ulster Constabulary	51.38	IAAB	
1946	Tom McAnallen	Royal Ulster Constabulary	45.46	AAUE	
1946	Maurice Curtin	Cork	47.55	NACAI	
1946	Tom McAnallen	Royal Ulster Constabulary	45.46	IAAB	
1947	Maurice Curtin	Clonliffe Harriers	43.38	AAUE	
1947	Dan Coyle	Dundalk	47.72	NACAI	
1947	Tom McAnallen	Royal Ulster Constabulary	47.62	IAAB	
1948	Dan Coyle	Crusaders	47.27	AAUE	
1948	CQMS W Hyland	Southern Command		NACAI	

1948	Tom McAnallen	Royal Ulster Constabulary	46.72		IAAB
1949	Charles James Reidy	South London Harriers	46.03		AAUE
1949	WJ Byrnes	Ballinasloe	40.03		NACAI
1950	Charles James Reidy	South London Harriers	46.36		AAUE
1950	Nicholas "Nixie" Comerford	Kilkenny	31.70	*GH* ‡	NACAI
1951	Charles James Reidy	South London Harriers	46.23		AAUE
1951	Flor Crowley	Doheny, Dunmanway, Co. Cork	32.06	*GH*	NACAI
1951	Duncan McDougal Clark	Royal Ulster Constabulary	53.16		IAAB
1952	Charles James Reidy	South London Harriers	51.20		AAUE
1952	WJ Byrnes	Ballinasloe			NACAI
1952	Maurice Jones	Limerick	31.64	*GH*	NACAI
1952	Duncan McDougal Clark	Royal Ulster Constabulary	51.92		IAAB
1953	Charles James Reidy	South London Harriers	48.31		AAUE
1953	WJ Byrnes	Ballinasloe	43.61		NACAI
1953	Charles James Reidy	South London Harriers	49.55		IAAB
1954	Pat Cleere	Civil Service	47.60		AAUE
1954	John J O'Doherty	Hammer Club	48.54		NACAI
1954	P Cleere	Civil Service	48.44		IAAB
1955	John Lawlor	Civil Service	50.10		AAUE
1955	John J O'Doherty	Civil Service	44.93		NACAI
1955	John Lawlor	Civil Service	49.96		IAAB
1956	Bert Healion	Clonliffe Harriers	52.70		AAUE
1956	John J O'Doherty	Civil Service	44.73		NACAI
1956	John Lawlor	Civil Service	54.21		IAAB
1957	Bert Healion	Erris	51.41		AAUE
1957	Tommy J Kelly	Civil Service	46.30		NACAI
1957	Bert Healion	Erris	51.86		IAAB
1958	Bert Healion	Erris	49.98		AAUE
1958	Tommy J Kelly	Civil Service	48.90		NACAI
1958	Jim Lally	Albert Foundry, Belfast	52.73		IAAB
1959	Bert Healion	Irish Field Events	49.07		AAUE
1959	John Keaty	Civil Service	47.56		NACAI
1959	Bert Healion	Irish Field Events	51.24		IAAB
1960	Bert Healion	Irish Field Events	50.14		AAUE
1960	John Keaty	Civil Service	53.39		NACAI
1960	Bert Healion	Irish Field Events	51.41		IAAB
1961	Bert Healion	Irish Field Events	47.84		AAUE
1961	Tommy J Kelly	Phoenix Harriers	49.16		NACAI
1961	John Lawlor	Boston University	60.41		IAAB
1962	Paul Healion	Irish Field Events	47.26		AAUE
1962	Patrick "Paddy" Crehan	St James's Gate	42.32		NACAI
1962	John Lawlor	Civil Service	56.88		IAAB
1963	Valentine "Val" McGann	Donore Harriers	37.87		AAUE
1963	Tommy J Kelly	Phoenix Harriers	50.50		NACAI
1963	Jim Lally	Albert Foundry, Belfast	42.98		IAAB
1964	Des Fitzsimons	Avondale	48.69		AAUE
1964	Hugh O'Callaghan	University College Cork	53.73		NACAI
1964	John Lawlor	Civil Service	57.22		IAAB
1965	John Lawlor	Civil Service	55.32		AAUE
1965	Hugh O'Callaghan	Toomevarra, Co. Tipperary	47.44		NACAI
1965	John Lawlor	Civil Service	55.32		IAAB
1966	John Lawlor	Civil Service	62.83		AAUE
1966	John Keaty	Phoenix Harriers	48.02		NACAI
1966	John Lawlor	Civil Service	65.24		IAAB
1967	Philip Conway	Crusaders	55.30		BLE
1968	Bernie Hartigan	Hillcrest, Co. Kildare	48.46		BLE
1969	Philip Conway	Crusaders	50.47		BLE
1970	Paul Healion	Crusaders	57.08		BLE
1971	Philip Conway	Crusaders	57.07		BLE
1972	Terry Gent	Newbridge	50.57		BLE
1973	Len Braham	St Finbarr's, Cork	52.06		BLE
1974	Bernie Hartigan	Limerick	58.20		BLE
1975	Bernie Hartigan	Limerick	55.98		BLE
1976	Eugene Lawlor	Thames Valley Harriers	58.72		BLE
1977	Eugene Lawlor	Thames Valley Harriers	60.50		BLE
1978	Sean Egan	Kildare	65.56		BLE
1979	Eugene Lawlor	St John's, Tralee	66.48		BLE
1980	Sean Egan	Donore Harriers	66.80		BLE
1981	Sean Egan	Donore Harriers	67.86		BLE
1982	Sean Egan	Donore Harriers	69.04		BLE
1983	Declan Hegarty	Civil Service	66.80		BLE
1984	Sean Egan	Donore Harriers	69.12		BLE
1985	Declan Hegarty	Civil Service	71.02		BLE

1986	Sean Egan	Donore Harriers	65.60	BLE
1987	Sean Egan	Donore Harriers	53.86	BLE
1988	**Conor McCullough**	**Crusaders**	**74.16**	**BLE**
1989	Gary Halpin	Kilkenny City Harriers	63.72	BLE
1990	Conor McCullough	Crusaders	67.62	BLE
1991	Conor McCullough	Crusaders	64.88	BLE
1992	Paddy McGrath	Raheny Shamrock	62.22	BLE
1993	Paddy McGrath	Raheny Shamrock	65.46	BLE
1994	Ronald Quinlan	WSAF	57.10	BLE
1995	Roman Linscheid	Donore Harriers	69.00	BLE
1996	Roman Linscheid	Donore Harriers	72.88	BLE
1997	Roman Linscheid	Donore Harriers	71.54	BLE
1998	Roman Linscheid	Donore Harriers	72.42	BLE
1999	Paddy McGrath	Raheny Shamrock	72.01	BLE
2000	Paddy McGrath	Raheny Shamrock	69.00	AAI
2001	Roman Linscheid	Donore Harriers	69.53	AAI
2002	Roman Linscheid	Donore Harriers	69.63	AAI
2003	Roman Linscheid	Donore Harriers	66.02	AAI
2004	Paddy McGrath	Raheny Shamrock	68.67	AAI
2005	Mark Hanily	Fr Murphys	56.33	AAI
2006	Padraig White	University College Dublin	56.42	AAI
2007	Paddy McGrath	Raheny Shamrock	66.96	AAI
2008	Padraig White	University College Dublin	56.69	AAI
2009	Padraig White	University College Dublin	57.41	AAI
2010	Padraig White	Dunboyne	61.03	AAI
2011	Conor McCullough	Crusaders	72.67	AAI
2012	Conor McCullough	Crusaders	72.51	AAI
2013	Conor McCullough	Crusaders	70.75	AAI
2014	Conor McCullough	Crusaders	72.81	AAI
2015	Padraig White	Dunboyne	60.13	AAI
2016	Padraig White	Dunboyne	61.19	AAI
2017	Ryan McCullough	Donore Harriers	65.84	AAI
2018	Owen Russell	St. Andrew's, Ashbourne	65.91	AAI
2019	Owen Russell	St. Andrew's, Ashbourne	61.88	AAI

Javelin

Most titles

Terry McHugh - 21 — **1984, 85, 86, 87, 88, 89, 90, 91, 92, 93 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04**

Championship Record

oj	**Terry McHugh**	**70.30**	**1985**	
	Terry McHugh	**80.27**	**2000**	

1922	Eamonn NM O'Sullivan	University College Dublin	36.43	oj	GAA
1923	M O'Halloran	Clonliffe Harriers	35.99	oj	NACAI
1924	Sean Keavy	C.J. Kickham	42.91	oj	NACAI
1925	Sean Keavy	C.J. Kickham	46.20	oj	NACAI
1926	Sean Keavy	C.J. Kickham	47.28	oj	NACAI
1927	Sean Keavy	Cork	49.19	oj	NACAI
1928	Sean Keavy	Cork	46.81	oj	NACAI
1929	Tom Healy	Dublin Metropolitan Garda	45.77	oj	NACAI
1930	Tom Healy	Dublin Metropolitan Garda	46.96	oj	NACAI
1931	Tom Healy	Dublin Metropolitan Garda	46.12	oj	NACAI
1932	JC Conroy	Dublin University	42.86	oj	NACAI
1933	Sgt Michael "Mick" Waters	Cloonacool, Co. Sligo	44.73	oj	NACAI
1934	Sgt Michael "Mick" Waters	Cloonacool, Co. Sligo	51.41	oj	NACAI
1935	P Fallon	Louisburgh, Co. Mayo	47.22	oj	NACAI
1936	Sgt Michael "Mick" Waters	Tipperary Garda	47.47	oj	NACAI
1937	JJ McGettigan	Dublin Metropolitan Garda	49.48	oj	NACAI
1938	Sgt Michael "Mick" Waters	Templemore	48.69	oj	NACAI
1939	Sgt Michael "Mick" Waters	Castlecomer	46.10	oj	NACAI
1940	Leonard Nicholas "Len" Horan	Dublin University	45.92	oj	AAUE
1940	Sgt Michael "Mick" Waters	Enniscorthy	49.10	oj	NACAI
1941	Leonard Nicholas "Len" Horan	Hermes	42.52	oj	AAUE
1941	Sgt Michael "Mick" Waters	Enniscorthy	50.86	oj	NACAI
1942	D N Richman	Hermes	46.20	oj	AAUE
1942	John J "Jack" Guiney	Dublin Metropolitan Garda	47.31	oj	NACAI
1942	Leonard Nicholas "Len" Horan	Hermes	46.91	oj	IAAB
1943	Leonard Nicholas "Len" Horan	Hermes	48.99	oj	AAUE
1943	Sgt Michael "Mick" Waters	Enniscorthy	45.49	oj	NACAI
1943	JJS Clarke	Royal Ulster Constabulary	49.11	oj	IAAB
1944	DA Wallace	Dublin University	42.16	oj	AAUE
1944	Sgt Michael "Mick" Waters	Enniscorthy	46.78	oj	NACAI
1944	JJS Clarke	Royal Ulster Constabulary	51.56	oj	IAAB
1945	Michael Gleeson	Donore Harriers	42.76	oj	AAUE
1945	Sgt Michael "Mick" Waters	Enniscorthy	47.20	oj	NACAI
1945	HM Taylor	Methodist College Belfast	43.92	oj	IAAB
1946	CJ Ryan	Hermes	45.67	oj	AAUE
1946	Sgt Michael "Mick" Waters	Enniscorthy	46.99	oj	NACAI
1946	CJ Ryan	Hermes	45.33	oj	IAAB
1947	Michael Gleeson	Donore Harriers	50.38	oj	AAUE
1947	Sgt Michael "Mick" Waters	Enniscorthy	45.59	oj	NACAI
1947	Michael Gleeson	Donore Harriers	45.81	oj	IAAB
1948	Michael Gleeson	Donore Harriers	46.90	oj	AAUE
1948	John Malone	Leixlip	47.64	oj	NACAI
1948	HM Taylor	Queens University Belfast	48.81	oj	IAAB
1949	Michael Gleeson	Donore Harriers	45.38	oj	AAUE
1949	John Malone	University College Dublin	48.08	oj	NACAI
1949	Michael Gleeson	Donore Harriers	47.78	oj	IAAB
1950	Michael Gleeson	Donore Harriers	51.03	oj	AAUE
1950	Brendan O'Reilly	St James's Gate	52.86	oj	NACAI
1950	Michael Gleeson	Donore Harriers	49.16	oj	IAAB
1951	Richard DW Miller	Dublin University	53.77	oj	AAUE
1951	John Malone	University College Dublin	47.73	oj	NACAI
1951	TAM Gregg	Queens University Belfast	54.81	oj	IAAB
1952	Michael Gleeson	Donore Harriers	48.81	oj	AAUE
1952	Brendan O'Reilly	St James's Gate	52.12	oj	NACAI
1952	Richard DW Miller	Dublin University	62.36	oj	IAAB
1953	John Burgess Lawson	Dublin University	49.76	oj	AAUE
1953	Michael Gleeson	St James's Gate	51.10	oj	NACAI
1953	Kevin Flanagan	Royal Ulster Constabulary	63.78	oj	IAAB

1954	John Burgess Lawson	Dublin University	48.49	oj	AAUE
1954	Michael Gleeson	St James's Gate	50.50	oj	NACAI
1954	Kevin Flanagan	Royal Ulster Constabulary	51.28	oj	IAAB
1955	John Burgess Lawson	Dublin University	53.06	oj	AAUE
1955	Pat Ozieh	University College Cork	53.50	oj	NACAI
1955	Alex Cregg	Collegians	53.06	oj	IAAB
1956	John Burgess Lawson	Dublin University	55.78	oj	AAUE
1956	D Nugent	Armagh	53.18	oj	NACAI
1956	John Burgess Lawson	Dublin University	57.73	oj	IAAB
1957	John Burgess Lawson	Dublin University	51.51	oj	AAUE
1957	D Nugent	Armagh	52.74	oj	NACAI
1957	DG Andrews	9th Old Boys	57.84	oj	IAAB
1958	John Burgess Lawson	Crusaders	52.04	oj	AAUE
1958	D Nugent	Armagh	51.00	oj	NACAI
1958	John Burgess Lawson	Crusaders	56.88	oj	IAAB
1959	John Burgess Lawson	Crusaders	61.62	oj	AAUE
1959	Denis Twomey	Celtic	52.74	oj	NACAI
1959	John Burgess Lawson	Crusaders	61.23	oj	IAAB
1960	John Burgess Lawson	Crusaders	55.38	oj	AAUE
1960	Liam F Gleeson	Nenagh Olympic	48.85	oj	NACAI
1960	John Burgess Lawson	Crusaders	63.13	oj	IAAB
1961	Henry Kennedy-Skipton	Dublin University	58.20	oj	AAUE
1961	Liam F Gleeson	Nenagh Olympic	55.76	oj	NACAI
1961	John Burgess Lawson	Crusaders	65.35	oj	IAAB
1962	John Burgess Lawson	Crusaders	63.80	oj	AAUE
1962	Denis Twomey	University College Dublin	62.24	oj	NACAI
1962	J Horsfall	Ballymena	61.58	oj	IAAB
1963	John Burgess Lawson	Crusaders	60.85	oj	AAUE
1963	Denis Twomey	University College Dublin	60.12	oj	NACAI
1963	John Burgess Lawson	Crusaders	64.84	oj	IAAB
1964	John Burgess Lawson	Crusaders	59.08	oj	AAUE
1964	Denis Twomey	University College Dublin	61.04	oj	NACAI
1964	John Burgess Lawson	Crusaders	62.71	oj	IAAB
1965	John Burgess Lawson	Crusaders	62.71	oj	AAUE
1965	Hugh O'Callaghan	Toomevarra, Co. Tipperary	54.38	oj	NACAI
1965	John Burgess Lawson	Crusaders	61.36	oj	IAAB
1966	Louis Jordan	Crusaders	47.85	oj	AAUE
1966	Denis Twomey	Guinness	57.72	oj	NACAI
1966	G Thuneke	Dublin University	64.46	oj	IAAB
1967	Denis Twomey	Guinness	63.57	oj	BLE
1968	Denis Twomey	Guinness	59.16	oj	BLE
1969	Louis Jordan	Crusaders	55.52	oj	BLE
1970	Denis Twomey	Guinness	61.67	oj	BLE
1971	Denis Twomey	Guinness	56.85	oj	BLE
1972	Pat Moore	Leevale	55.91	oj	BLE
1973	Pat Moore	Leevale	61.85	oj	BLE
1974	Pat Moore	Leevale	61.64	oj	BLE
1975	Pat Moore	Leevale	64.54	oj	BLE
1976	Pat Moore	Leevale	61.86	oj	BLE
1977	Pat Moore	Leevale	62.60	oj	BLE
1978	Mick Slattery	Dublin City Harriers	61.75	oj	BLE
1979	Peter Ruffli	Unattached	59.52	oj	BLE
1980	Peter Ruffli	Crusaders	65.16	oj	BLE
1981	Harry Southern	St Laurence O'Toole's	64.86	oj	BLE
1982	Mark O'Connor	Raheny Shamrock	65.66	oj	BLE
1983	Kevin McBrearty	South Donegal	58.08	oj	BLE
1984	Terry McHugh	Dublin City Harriers	68.82	oj	BLE
1985	**Terry McHugh**	**Dublin City Harriers**	**70.30**	**oj**	**BLE**
1986	Terry McHugh	Dublin City Harriers	67.16		BLE
1987	Terry McHugh	Dublin City Harriers	71.26		BLE
1988	Terry McHugh	Dublin City Harriers	69.20		BLE
1989	Terry McHugh	Dublin City Harriers	74.42		BLE
1990	Terry McHugh	Dublin City Harriers	75.90		BLE
1991	Terry McHugh	Dublin City Harriers	75.52		BLE
1992	Terry McHugh	Dublin City Harriers	75.40		BLE
1993	Terry McHugh	Dublin City Harriers	72.28		BLE
1994	Terry McHugh	Dublin City Harriers	72.32		BLE
1995	Terry McHugh	Dublin City Harriers	71.76		BLE
1996	Terry McHugh	Dublin City Harriers	73.92		BLE
1997	Terry McHugh	Dublin City Harriers	70.80		BLE
1998	Terry McHugh	Dublin City Harriers	72.94		BLE
1999	Terry McHugh	Dublin City Harriers	74.24		BLE
2000	**Terry McHugh**	**Dublin City Harriers**	**80.27**		**AAI**

2001	Terry McHugh	Dublin City Harriers	77.20	AAI
2002	Terry McHugh	Dublin City Harriers	71.56	AAI
2003	Terry McHugh	Dublin City Harriers	71.45	AAI
2004	Terry McHugh	Dublin City Harriers	67.27	AAI
2005	Michael McConkey	North Down	63.69	AAI
2006	Niall Tuckey	Crusaders	58.70	AAI
2007	Mindaugas Kurcenkovacs	Galway City Harriers	58.76	AAI
2008	Juraj Kubiš	Kilkenny City Harriers	61.41	AAI
2009	Juraj Kubiš	Kilkenny City Harriers	59.54	AAI
2010	Aaron Crawford	Strabane Track Club	61.91	AAI
2011	Aaron Crawford	Strabane Track Club	63.27	AAI
2012	Matthew Martin	North Down	61.37	AAI
2013	Rory Gunning	Fr. Murphy	56.58	AAI
2014	Rory Gunning	Fr. Murphy	59.22	AAI
2015	Sean McBride	Strabane TC	63.21	AAI
2016	Rory Gunning	Fr. Murphy	61.15	AAI
2017	Stephen Rice	Clonliffe Harriers	62.94	AAI
2018	Stephen Rice	Clonliffe Harriers	66.95	AAI
2019	Stephen Rice	Clonliffe Harriers	69.75	AAI

Decathlon/ All-Round

Most titles

Paddy Guiney - 6	**1943, 44, 45, 46, 47, 48**
Louis Jordan - 6	**1964, 65, 66, 68, 69, 70**

Championship Record

Colin Boreham	**7326**	**1980**	
85Tbl	**Barry Walsh**	**7083**	**1991**

1888	Pat Davin	Carrick-On-Suir	25 pts	IAAA
1890	Tom Donovan	Edinburgh Univ & QCC	28 pts	IAAA
1891	JP Sullivan	Killorgan, Co. Kerry	31 pts	IAAA
1892	Thomas Francis "Tom" Kiely	Carrick-On-Suir	31 pts	IAAA
1893	Thomas Francis "Tom" Kiely	Carrick-On-Suir	29 pts	IAAA
1894	Thomas Francis "Tom" Kiely	Carrick-On-Suir	21 pts	IAAA
1895	Tom Wood	Enniskean, Co. Cork	37 pts	GAA
1896	Tom Wood	Enniskean, Co. Cork	35 pts	GAA
1897	Not Held			
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	30 pts	GAA
1915	John O'Grady	Caherconlish (Throwing)	12 pts	GAA
1915	JK Beasley	Upton, Co. Cork (Jumping)	13 pts	GAA
1915	John J "JJ" Ryan	Dromline, Co. Tipperary (Running)	14 pts	GAA
1920	William "Bill" Shanahan	Thurles	23pts	GAA
1927	Con O'Connor (tied)	Dublin Metropolitan Garda	20pts	NACAI
1927	William "Bill" Shanahan (tied)	Dublin Metropolitan Garda	20pts	NACAI
1928	Con O'Callaghan	Duhallow, Co. Cork	6012	NACAI
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	5367	NACAI
1937	Edward "Ned" Tobin	Dublin Metropolitan Garda	6136	NACAI
1938	Timothy J "Ted" Guiney	Duhallow, Co. Cork	5536	NACAI
1939	Timothy J "Ted" Guiney	Duhallow, Co. Cork	5910	NACAI
1940	John J Guiney	Dublin Metreopolitan Garda	5643	NACAI
1942	John J Guiney	Dublin Metreopolitan Garda	5865	NACAI
1943	Patrick Valentine Guiney	Dublin City Harriers	5809	NACAI
1944	Patrick Valentine Guiney	Dublin City Harriers	5404	NACAI
1945	Leonard Nicholas Horan	Hermes	4459	AAUE
1945	Patrick Valentine Guiney	Celtic, Dublin	5269	NACAI
1946	Patrick Valentine Guiney	Celtic, Dublin	4547	NACAI
1947	Patrick Valentine Guiney	Celtic, Dublin	4495	NACAI
1948	Lt Theo M Ryan	Crusaders	5021	AAUE
1948	Patrick Valentine Guiney	Celtic, Dublin	5139	NACAI
1949	Terence George Davis	Dublin University	5165	AAUE
1949	Valentine "Val" McGann	Metropolitan Harriers	5042	NACAI
1950	Jan Hendrick Hofmeyr	Dublin University	5289	AAUE
1950	Valentine "Val" McGann	St James's Gate	5403	NACAI
1951	F.J. "Jim" McGrath	Queen's University Belfast	4508	AAUE
1951	Brendan O'Reilly	St James's Gate	5216	NACAI
1952	F.J. "Jim" McGrath	Queen's University Belfast	4679	AAUE
1952	Valentine "Val" McGann	St James's Gate	5559	NACAI
1953	Valentine "Val" McGann	St James's Gate	5499	NACAI
1954	Fionnbar Callanan	University College Dublin	4583	NACAI
1955	F.J. "Jim" McGrath	Queen's University Belfast	4668	AAUE
1955	Pat Monaghan	Bannside, Co. Antrim	4177	NACAI
1956	Lieut. Mick O'Farrell	Clonmel	4333	NACAI
1957	Pat Naughton	Nenagh Olympic	4990	NACAI
1958	Sean Moore	St Finbarr's Cork	4757	NACAI
1959	Karl Bornemann	Crusaders	4139	AAUE
1959	Pat Naughton	St Finbarr's Cork	5042	NACAI
1960	Tjerand Tormod Lunde	Dublin University	4606	AAUE
1960	Pat Naughton	St Finbarr's Cork	4450	NACAI
1961	Tjerand Tormod Lunde	Dublin University	5274	AAUE
1961	Hugh O'Callaghan	Clonmel	4785	NACAI

1962	Noel Hoffman	Clonliffe Harriers	5582		AAUE
1962	Denis Twomey	University College Dublin	5179		NACAI
1963	Valentine "Val" McGann	Donore Harriers	4077		AAUE
1963	Denis Twomey	University College Dublin	5001		NACAI
1964	Louis Jordan	Crusaders	4103		AAUE
1964	Denis Twomey	University College Dublin	5389		NACAI
1965	Louis Jordan	Crusaders	5172		AAUE
1965	Denis Twomey	Celtic, Dublin	5794		NACAI
1966	Louis Jordan	Crusaders	5109		AAUE
1966	Denis Twomey	Guinness	5581		NACAI
1967	Rodney Hecksher	Rockwell College	5784		BLE
1968	Louis Jordan	Crusaders	5871		BLE
1969	Louis Jordan	Crusaders	6017		BLE
1970	Louis Jordan	Crusaders	6671		BLE
1971	Shay Fitzpatrick	Waterford	5186		BLE
1972	Brendan Curtin	University College Dublin	6009		BLE
1973	Brendan Curtin	University College Dublin	4842	‡	BLE
1974	John "Johnny" O'Brien	Waterford	5830		BLE
1975	John "Johnny" O'Brien	Waterford	5959		BLE
1976	John "Johnny" O'Brien	Waterford	5961		BLE
1977	Jim McKee	St Mary's, Dundalk	5472		BLE
1978	Eddie Williams	Mullingar Harriers	6205		BLE
1979	Kevin Atkinson	City of Stoke & Mulligar Harriers	6818		BLE
1980	**Colin Boreham**	**Ballymena & Antrim**	**7326**		**BLE**
1981	Sean Carlin	Finn Valley	7220		BLE
1982	Kevin Atkinson	City of Stoke & Mulligar Harriers	7260		BLE
1983	Kevin Atkinson	City of Stoke & Mulligar Harriers	7149		BLE
1984	Brendan Curtin	Crusaders	7387		BLE
1985	Brendan Curtin	Crusaders	6736		BLE
1986	Barry Walsh	Limerick	7005		BLE
1987	Ian Condron	Lisburn	6062		BLE
1988	Ian Condron	Lisburn	6092		BLE
1989	Ian Condron	Lisburn	6263		BLE
1990	Ian Condron	Lisburn	6008		BLE
1991	**Barry Walsh**	**Limerick**	**7083**		**BLE**
1992	John Naughton	Nenagh Olympic	6193		BLE
1993	John Naughton	Nenagh Olympic	5971		BLE
1994	Joe Naughton	Nenagh Olympic	5964		BLE
1995	Ian Condron	Lisburn	5954		BLE
1996	John Hallissey	Waterford	5989		BLE
1997	Joe Naughton	Nenagh Olympic	6566		BLE
1998	Joe Naughton	Nenagh Olympic	6996		BLE
1999	Brendan McConville		6397		BLE
2000	Jonathon McCabe	Drogheda & District	4292		AAI
2001	Cathal McGinley	Tir Chonaill	6149		AAI
2002	Ciaran Doherty	Cardiff	5645		AAI
2003	John Kierans	Dunleer	5402		AAI
2004	Kevin Burke	Doneen	6103		AAI
2005	Kevin Burke	Crusaders	5899		AAI
2006	Not held		—		AAI
2007	Philip Kearney	Tralee Harriers	5606		AAI
2008	Philip Kearney	Tralee Harriers	5694		AAI
2009	Ricky O'Gara	Roscommon	3602		AAI
2010	William Finnegan	Craughwell	4103		AAI
2011	Patrick Curran	Tallaght	4772		AAI
2012	Michael Bowler	Kilkenny City Harriers	5992		AAI
2013	David McCarthy	Le Cheile	5644		AAI
2014	Kourosh Foroughi	Star of the Sea	6303		AAI
2015	Kourosh Foroughi	Star of the Sea	6227		AAI
2016	Shane Ashton	Trim	6398		AAI
2017	Shane Ashton	Trim	6540		AAI
2018	Shane Ashton	Trim	6776		AAI
2019	Michael Breathnach	Galway City Harriers	5032		AAI

1 Mile / 2 Miles / 3 Miles / 3,000 m Walk

Most titles

1m	**Neil Maguire-5**	**1953, 54, 55, 56, 57**
2m	**John O'Brien -2**	**1903, 06**
2m	**DV Sullivan -2**	**1909, 10**
2m	**Jack Milner -2**	**1935, 36**
3m	**George A Dormer-7**	**1888, 89 × 2, 90 × 2, 9, 91, 94**
3K	**Jimmy McDonald-4**	**1982, 83, 84, 87**

Championship Record

1m	**Paul Nihill**	**6.31.4**	**1964**
2m	**W Hanley**	**14.41.6**	**1907**
3m	**George A Dormer**	**20.14.0**	**1889**
3K	**Jimmy McDonald**	**12.06.89**	**1987**

1885	J Hennessy	University College Cork	23.38.0	*3m*	GAA
1886	William Gardiner	Hertford	22.30.0	*3m*	IAAA
1887	William J Jefferson	Kingstown (Dún Laoghaire)	23.52.0	*3m*	IAAA
1887	Michael J Hayes	Hospital, Co. Limerick	23.12.0	*3m*	GAA
1888	George A Dormer	Staplestown, Co. Carlow	23.03.8	*3m*	IAAA
1888	Tim Carroll	Aherlow, Co. Tipperary	22.51.8	*3m*	IAAA
1889	George A Dormer	Kingstown (Dún Laoghaire)	23.10.0	*3m*	IAAA
1889	**George A Dormer**	**Palatine, Co. Carlow**	**20.14.0**	*3m*	IAAA
1890	George A Dormer	Kingstown (Dún Laoghaire)	24.49.0	*3m*	IAAA
1890	George A Dormer	Kingstown (Dún Laoghaire)	23.39.4	*3m*	IAAA
1891	WW Furlong	Shemalier GAC, Co. Wexford	23.55.0	*3m*	GAA
1891	WW Furlong	Shemalier GAC, Co. Wexford	23.52.2	*3m*	GAA
1892	Tim Carroll	Aherlow, Co. Tipperary	23.02.6	*3m*	GAA
1892	Tim Carroll	Aherlow, Co. Tipperary	23.10.0	*3m*	GAA
1893	Tim Carroll	Aherlow, Co. Tipperary	23.02.4	*3m*	**GAA**
1893	Tim Carroll	Aherlow, Co. Tipperary	NT	*3m*	GAA
1894	George A Dormer	Kingstown (Dún Laoghaire)	23.24.8	*3m*	GAA
1895	Tim Carroll	Aherlow, Co. Tipperary	23.42.6	*3m*	GAA
1896	Tim Carroll	Aherlow, Co. Tipperary	21.24.2	*3m*	GAA
1899	Martin K Forrester	Celtic, Dublin	25.57.0	*3m*	GAA
1900	Martin K Forrester	Celtic, Dublin	22.50.2	*3m*	IAAA
1901	George Deyermond	Linfield, Belfast	22.17.4	*3m*	IAAA
1902	George Deyermond	Linfield, Belfast	25.40.0	*3m*	IAAA
1903	Martin K Forrester	Celtic, Dublin	23.57.0	*3m*	IAAA
1903	John O'Brien	Dublin	15.59.4	2m	GAA
1904	Jim Hegarty	Dublin	NT	*1m*	GAA
1904	Samuel Kernaghan	Belfast	23.21.6	*3m*	IAAA
1905	Samuel Kernaghan	Belfast	23.54.8	*3m*	IAAA
1906	John J Reid	Clonliffe Harriers	24.08.8	*3m*	IAAA
1906	John O'Brien	Dublin	14.58.0	2m	GAA
1907	**W Hanley**	Dublin	**14.41.6**	**2m**	**GAA**
1907	John J Reid	Clonliffe Harriers	24.20.6	*3m*	IAAA
1908	John J Reid	Clonliffe Harriers	23.11.4	*3m*	IAAA
1908	B Brown	London Irish	NT	2m	GAA
1909	DV Sullivan	Ballincollig, Co. Cork	15.57.2	2m	GAA
1909	William J Hamilton	Oldpark, Belfast	22.43.8	*3m*	IAAA
1910	William J Hamilton	Oldpark, Belfast	NT	*3m*	IAAA
1910	DV Sullivan	Ballincollig, Co. Cork	NT	2m	GAA
1919	William Campbell	Willowfield, Belfast	6.55.8	*1m*	IAAA
1920	William Campbell	Willowfield, Belfast	23.53.4	*3m*	IAAA
1921	William Campbell	Willowfield, Belfast	24.34.0	*3m*	IAAA
1931	TJ Penny	Willowfield, Belfast	7.52.0	1m	NACAI
1932	GHA Frazer	Lisburn Royal Ulster Constabulary	7.45.6	1m	NACAI
1933	J Hackett	Phoenix Harriers	7.25.0	1m	NACAI
1934	PJ Frost	Limerick City	7.36.6	1m	NACAI
1934	PJ Frost	Limerick City	15.14.2	2m	NACAI
1935	Jack Milner	Ballymurphy, Co. Cork	15.48.0	2m	NACAI
1936	Jack Milner	Ballymurphy, Co. Cork	17.12.0	2m	NACAI

1937	T Bryne	Noreside	NT	2m	NACAI
1945	JC Ryan	Bansha, Co. Tipperary	7.50.0	1m	NACAI
1946	JC Ryan	Galtymore, Co. Tipperary	7.25.0	1m	NACAI
1947	J Meagher	South Dublin	6.36.0	1m	NACAI
1948	Edward J Kennedy	Crokes, Thurles	6.45.0	1m	NACAI
1951	Edward J Kennedy	Coolcroo, Co. Tipperary	7.26.0	1m	AAUE
1952	James Paul Carragher	Dublin University	NT	1m	AAUE
1953	Neil Maguire	Civil Service	8.03.0	1m	AAUE
1954	Neil Maguire	Civil Service	7.55.6	1m	AAUE
1955	Neil Maguire	Civil Service	7.48.2	1m	AAUE
1956	Neil Maguire	Civil Service	7.32.0	1m	AAUE
1957	Neil Maguire	Civil Service	7.01.9	1m	AAUE
1958	Con Hearty	Civil Service	7.27.0	1m	AAUE
1958	Con Hearty	Civil Service	7.31.6	1m	IAAB
1959	John Dowling	Sheffield United Harriers	7.23.5	1m	AAUE
1960	Con Hearty	Civil Service	6.55.3	1m	AAUE
1961	Con Hearty	Civil Service	7.12.8	1m	AAUE
1962	Vincent "Paul" Nihill	Surrey Walking Club	6.55.0	1m	AAUE
1964	**Vincent "Paul" Nihill**	**Surrey Walking Club**	**6.31.4**	1m	**AAUE**
1965	John O'Leary	Clonliffe Harriers	15.00.2	2m	IAAB
1966	John O'Leary	Clonliffe Harriers	14.49.6	2m	AAUE
1966	John O'Leary	Clonliffe Harriers	15.37.8	2m	IAAB
1972	John Mackey	St Joseph's, Co. Kilkenny	14.02.0	3K	BLE
1973	John Mackey	St Joseph's, Co. Kilkenny	13.32.8	3K	BLE
1974	John Mackey	St Joseph's, Co. Kilkenny	13.32.8	3K	BLE
1975	Fintan Walsh	Waterford	14.54.2	3K	BLE
1976	Jim Sheehan	Dungarvan	14.07.0	3K	BLE
1977	Jim Sheehan	Dungarvan	13.50.9	3K	BLE
1978	Jim Sheehan	Dungarvan	14.24.2	3K	BLE
1979	Bernie O'Callaghan	Ashbourne St Andrew's	13.36.4	3K	BLE
1980	Bernie O'Callaghan	Ashbourne St Andrew's	13.32.4	3K	BLE
1981	Bernie O'Callaghan	Ashbourne St Andrew's	13.32.9	3K	BLE
1982	Jimmy McDonald	Slaneyside	13.39.84	3K	BLE
1983	Jimmy McDonald	Slaneyside	13.09.82	3K	BLE
1984	Jimmy McDonald	Slaneyside	13.25.95	3K	BLE
1985	Peter Costelloe	Mullingar Harriers	13.18.78	3K	BLE
1986	Michael Lane	Mullingar Harriers	13.04.01	3K	BLE
1987	**Jimmy McDonald**	**Slaneyside**	**12.06.89**	**3K**	**BLE**
1988	Pat Murphy	Castleisland	12.43.42	3K	BLE
1989	Paul Flynn	Calry, Co. Sligo	13.37.0	3K	BLE

7 Miles 11,265.4 m / 10,000 m Walk

Most titles

7m	**Frederick St John Worrall - 3**	**1877, 78, 79**
7m	**CB Irwin - 3**	**1881, 82, 83**
10K	**Jimmy McDonald - 10**	**1983, 84, 85, 86, 87, 88, 89, 90, 91, 96**

Championship Record

7m	**J Hennessy**	**53.17.2**	**1886**
10K	**Robert Heffernan**	**38.27.57**	**2008**

1873	William Hume Hart	Dublin University	60.02.6	7m	Irish Champions AC
1874	WM Worrall	Irish Champions AC	59.11.0	7m	Irish Champions AC
1875	FJ Ball	Irish Champions AC	58.03.0	7m	Irish Champions AC
1876	Willis C Williams	Dundrum	58.17.0	7m	Irish Champions AC
1877	Frederick St John Worrall	Irish Champions AC	56.58.0	7m	Irish Champions AC
1878	Frederick St John Worrall	Irish Champions AC	58.10.0	7m	Irish Champions AC
1879	Frederick St John Worrall	Irish Champions AC	53.48.0	7m	Irish Champions AC
1880	CF Martin	Irish Champions AC	58.41.5	7m	Irish Champions AC
1881	CB Irwin	Dundalk FC	58.04.0	7m	Irish Champions AC
1882	CB Irwin	Dundalk FC	57.56.4	7m	AAAI
1883	CB Irwin	Dundalk FC	57.45.0	7m	AAAI
1884	Michael J Hayes	Limerick A & BC	57.20.2	7m	AAAI
1885	Herbert Brownlow Kennedy	Dublin University	57.36.8	7m	IAAA
1886	**J Hennessy**	**Queen's College Cork**	**53.17.2**	**7m**	**GAA**
1973	John Mackey	St Joseph's, Co. Kilkenny	49.35.1		BLE
1974	John O'Leary	Clonliffe Harriers	49.42.4		BLE
1975	Tommy Griffin	Clonliffe Harriers	50.53.7		BLE
1976	Jim Sheehan	Dungarvan	48.56.6		BLE
1977	Jim Sheehan	Dungarvan	49.38.2		BLE
1978	Jim Sheehan	Dungarvan	51.09.7		BLE
1979	Tim Hayes	Medway, UK	50.40.4		BLE
1980	Bernie O'Callaghan	Ashbourne St Andrew's	48.55.68		BLE
1981	Bernie O'Callaghan	Ashbourne St Andrew's	46.23.04		BLE
1982	Ray Flynn	Calry, Co. Sligo	48.54.32		BLE
1983	Jimmy McDonald	Slaneyside	48.09.01		BLE
1984	Jimmy McDonald	Slaneyside	49.05.70		BLE
1985	Jimmy McDonald	Slaneyside	49.11.43		BLE
1986	Jimmy McDonald	Slaneyside	47.46.69		BLE
1987	Jimmy McDonald	Slaneyside	46.44.71		BLE
1988	Jimmy McDonald	Slaneyside	42.07.37		BLE
1989	Jimmy McDonald	Shelbourne, Duncannon, Striders	41.25.41		BLE
1990	Jimmy McDonald	Dublin City Harriers	41.55.05		BLE
1991	Jimmy McDonald	Dublin City Harriers	41.28.70		BLE
1992	Michael Lane	Mullingar Harriers	46.57.99		BLE
1993	Pat Murphy	Castleisland	44.21.56		BLE
1994	Michael Casey	Sligo	44.09.82		BLE
1995	Michael Casey	Sligo	41.30.23		BLE
1996	Jimmy McDonald	Dublin City Harriers	41.02.52		BLE
1997	Michael Casey	Sligo	44.03.52		BLE
1998	Pierce O'Callaghan	University College Dublin	42.45.70		BLE
1999	Pierce O'Callaghan	Dublin City Harriers	41.47.50		BLE
2000	Jamie Costin	West Waterford	42.49.84		AAI
2001	Robert Heffernan	Togher	38.58.83		AAI
2002	Robert Heffernan	Togher	38.47.66		AAI
2003	Jamie Costin	West Waterford	42.29.53		AAI
2004	Robert Heffernan	Togher	39.00.04		AAI
2005	Robert Heffernan	Togher	40.32.74		AAI
2006	Jamie Costin	West Waterford	41.23.17		AAI
2007	Robert Heffernan	Togher	39.11.78		AAI
2008	**Robert Heffernan**	**Togher**	**38.27.57**		**AAI**
2009	Robert Heffernan	Togher	39.11.72		AAI
2010	Robert Heffernan	Togher	39.07.21		AAI
2011	Robert Heffernan	Togher	40.12.64		AAI
2012	Colin Griffin	Ballinamore	41.47.66		AAI
2013	Brendan Boyce	Letterkenny	42.40.19		AAI
2014	Alex Wright	Leevale	42.09.79		AAI

2015	Alex Wright	Leevale	40.04.29	AAI
2016	Alex Wright	Leevale	41.11.17	AAI
2017	Joseph Mooney	Adamstown	53.12.69	AAI
2018	Cian McManamon	Westport	42.21.92	AAI
2019	Alex Wright	Leevale	41.30.41	AAI

20km Walk

Most titles
Jimmy McDonald - 7 **1982, 83, 85, 86, 87, 88, 96**

Championship Record
Robert Heffernan **1.21.32 2002**

1969	Tommy Casey (tied)	Calry, Co. Sligo	NT		BLE
1969	Eddie Quigley (tied)	Laois	NT		BLE
1970	Eddie Quigley	Laois	1.40.06		BLE
1971	John Mackey	St Joseph's, Co. Kilkenny	1.40.30		BLE
1972	Con Hearty	Civil Service	1.40.14		BLE
1973	John Mackey	St Joseph's, Co. Kilkenny	1.46.35		BLE
1974	John O'Leary	Clonliffe Harriers	1.34.06		BLE
1975	Patrick L Rogers	Essex	1.46.30		BLE
1976	John O'Leary	Clonliffe Harriers	1.42.46		BLE
1977	Jim Sheehan	Dungarvan	1.45.04		BLE
1978	John O'Leary	Clonliffe Harriers	1.36.21		BLE
1979	Ray Flynn	Calry, Co. Sligo	1.45.14		BLE
1980	Bernie O'Callaghan	Ashbourne St Andrew's	1.42.00		BLE
1981	Bernie O'Callaghan	Ashbourne St Andrew's	1.37.38		BLE
1982	Jimmy McDonald	New Ross	1.42.45		BLE
1983	Jimmy McDonald	Slaneyside	1.40.51		BLE
1984	John Lennon	Kilkenny City Harriers	1.42.42		BLE
1985	Jimmy McDonald	Slaneyside	1.42.15		BLE
1986	Jimmy McDonald	Slaneyside	1.43.05		BLE
1987	Jimmy McDonald	Slaneyside	1.33.00		BLE
1988	Jimmy McDonald	Slaneyside	1.27.30	t	BLE
1989	Michael Lane	Mullingar Harriers	1.27.06	t	BLE
1990	Michael Lane	Mullingar Harriers	1.31.52	t	BLE
1991	Bobby O'Leary	Clonliffe Harriers	1.23.52	t	BLE
1992	Michael Lane	Mullingar Harriers	1.37.11	t	BLE
1993	Pat Murphy	Castleisland	1.33.32		BLE
1994	Pat Murphy	Castleisland	1.26.28		BLE
1995	Michael Casey	Sligo	1.29.21		BLE
1996	Jimmy McDonald	Dublin City Harriers	1.25.51		BLE
1997	Michael Casey	Sligo	1.27.56		BLE
1998	Michael Casey	Sligo	1.26.14		BLE
1999	Pierce O'Callaghan	Dublin City Harriers	1.29.51		BLE
2000	Robert Heffernan	Togher	1.23.49		AAI
2001	Robert Heffernan	Togher	1.23.41		AAI
2002	**Robert Heffernan**	**Togher**	**1.21.32**		**AAI**
2003	Jamie Costin	West Waterford	1.28.46		AAI
2004	Robert Heffernan	Togher	1.24.56		AAI
2005	Pat Ryan	Mullingar Harriers	1.50.48		AAI
2006	Jamie Costin	West Waterford	1.29.04		AAI
2007	Colin Griffin	Ballinamore	1.25.40		AAI
2008	Colin Griffin	Ballinamore	1.24.22		AAI
2009	Robert Heffernan	Togher	1.23.35		AAI
2010	Brendan Boyce	Letterkenny	1.26.35		AAI
2011	Michael Doyle	Tara	1.26.00		AAI
2012	Cian McMenamon	Westport	1.37.37		AAI
2013	Michael Doyle	Tara	1.37.43		AAI
2014	Luke Hickey	Leevale	1.28.13		AAI
2015	Cian McMenamon	Westport	1.32.26	t	AAI
2016	Alex Wright	Leevale	1.27.28		AAI
2017	Alex Wright	Leevale	1.32.05		AAI
2018	Brendan Boyce	Finn Valley	1.29.34		AAI
2019	Cian McMenamon	Westport	1.25.32		AAI
2020	David Kenny	Farranfore / Maine Valley	1.23.07		AAI

t = track walk

30 km / 35 km / 50 km Walk

Most titles

30/35K	**Robert Heffernan - 6**	**1999, 2003, 04, 08, 09, 10**
50K	**Ray Flynn - 3**	**1976, 79, 80**

Championship Record

30K	**Robert Heffernan**	**2.07.44**	**2010**
35K	**Robert Heffernan**	**2.35.58**	**2003**
50K	**Ray Flynn**	**4.37.50**	**1980**

1973	Paddy Rice	Metro RC, London	4.37.52	50K	BLE
1974	Paddy Rice	Metro RC, London	4.45.13	50K	BLE
1975	John Dowling	Sheffield	5.00.20	50K	BLE
1976	Ray Flynn	Calry, Co. Sligo	4.54.24	50K	BLE
1977	John Dowling	Sheffield	4.57.38	50K	BLE
1978	Jackie McGowan	Calry, Co. Sligo	5.58.00	50K	BLE
1979	Ray Flynn	Calry, Co. Sligo	4.38.56	50K	BLE
1980	**Ray Flynn**	**Calry, Co. Sligo**	**4.37.50**	**50K**	**BLE**
1986	Tony Leonard	North Sligo	3.15.59	35k	BLE
1987	Paul Flynn	Calry, Co. Sligo	3.28.38	35k	BLE
1989	Jimmy McDonald	Slaneyside	2.42.24	35k	BLE
1990	Ray Flynn	Calry, Co. Sligo		35k	BLE
1999	Robert Heffernan	Togher	2.42.05	35k	BLE
2000	Jamie Costin	West Waterford	2.58.45	35k	AAI
2003	**Robert Heffernan**	**Togher**	**2.35.58**	**35k**	**AAI**
2004	Robert Heffernan	Togher	2.17.02	30K	AAI
2005	Colin Griffin	Ballinamore	2.23.46	30K	AAI
2006	Colin Griffin	Ballinamore	2.17.32	30K	AAI
2007	Jamie Costin	West Waterford	2.19.40	30K	AAI
2008	Robert Heffernan	Togher	2.08.59	30K	AAI
2009	Robert Heffernan	Togher	2.14.31	30K	AAI
2010	Not held due to snow			30K	**AAI**
2011	**Robert Heffernan**	**Togher**	**2.07.44**	30K	AAI
2012	Colin Griffin	Ballinamore	2.15.17	30K	AAI
2013	Alex Wright	Belgrave Harriers	2.13.57	30K	AAI
2018	Brendan Boyce	Finn Valley	2.14.11	30K	AAI
2019	Brendan Boyce	Finn Valley	2.21.24	30K	AAI

50 miles Run

1880	CF Martin	City of Dublin Harriers	7.57.40

50km Run

Championship Record
Gary O'Hanlon **2.49.13** **2020**

Most titles
Gary O'Hanlon - 6 **2014, 15, 16, 18, 19, 20**

2011	Keith Whyte	Clare Crusaders	3.26.27
2012	John Byrne	Mayo	3.07.54
2013	Barry Minnock	Rathfarnham	3.05.02
2014	Gary O'Hanlon	Clonliffe Harriers	2.59.19
2015	Gary O'Hanlon	Clonliffe Harriers	2.57.06
2016	Gary O'Hanlon	Clonliffe Harriers	2.56.51
2017	Brian McMahon	Clonliffe Harriers	3.11.26
2018	Gary O'Hanlon	Clonliffe Harriers	2.54.40
2019	Gary O'Hanlon	Clonliffe Harriers	2.50.47
2020	**Gary O'Hanlon**	**Clonliffe Harriers**	**2.49.13**

24 Hours Run

Championship Record
Eoin Keith **248.436 km** **2017**

Most titles
Eoin Keith - 5 **2013, 15, 16, 17, 19**

2011	John O'Regan	Le Chéile AC	212.975	km
2012	John O'Regan	Le Chéile AC	208.800	km
2013	Eoin Keith	Sportsworld	244.664	km
2014	John O'Regan (tied)	Le Chéile AC	227.286	km
2014	Eddie Gallen (tied)	Finn Valley	227.286	km
2015	Eoin Keith	Sportsworld	228.400	km
2016	Eoin Keith	Sportsworld	241.938	km
2017	**Eoin Keith**	**Sportsworld**	**248.436**	**km**
2018	Aidan Hogan	Rising Sun, Cork	243.880	km
2019	Eoin Keith	Sportsworld	234.915	km
2020				

Mountain Running

Most titles

John Lenihan An Riocht -13		**1988-89, 91-93, 95, 97-2001, 03, 08**

1987	Brian O'Reilly	
1988	John Lenihan	An Riocht
1989	John Lenihan	An Riocht
1990	Brian Linehan	
1991	John Lenihan	An Riocht
1992	John Lenihan	An Riocht
1993	John Lenihan	An Riocht
1994	Graham Patten	
1995	John Lenihan	An Riocht
1996	Francis Cosgrave	Blackrock
1997	John Lenihan	An Riocht
1998	John Lenihan	An Riocht
1999	John Lenihan	An Riocht
2000	John Lenihan	An Riocht
2001	John Lenihan	An Riocht
2002	Robin Bryson	Dundrum South Dublin
2003	John Lenihan	An Riocht
2004	John Brooks	
2005	Kevin Keane	Rahtfarnham
2006	Eoghan McKenna	An Riocht
2007	Eoghan McKenna	An Riocht
2008	John Lenihan	An Riocht
2009	Peter O'Farrell	Rahtfarnham
2010	Brian Furey	Rathfarnham
2011	Brian Furey	Rathfarnham
2012	Brian Furey	Rathfarnham
2013	Brian Furey	Rathfarnham
2014	Bernard Fortune	Sliabh Buidhe Rovers
2015	Jason Kehoe	Crusaders
2016	Des Kennedy	Raheny Shamrock
2017	Jason Kehoe	Crusaders
2018	Seamus Lynch	Newcastle
2019	Seamus Lynch	Newcastle

The Irish Championship is run on five major peaks well spread throughout the country. Like all Championship races they are generally not marked. The best three results from five count.

Venue	**Distance**	**Climb**	**Difficulty**
1 Slieve Donard	8.85km	8.40m	8
Carrauntoohil	12.50km	1137m	10
Mweelrea	10.70km	766m	9
4 Cog na Coille	10.46km	718m	8
5 Galtymore	11.50km	1100m	10

Cross Country Inter-Clubs

Most titles

Timothy "Tim" Crough Crowe - 6 **1908, 11, 12, 14, 15, 20**

1881	Ernest Nunns	Co. Dublin Harriers	32.18	CCAI
1882	Walter Hogg	City & Suburban Harriers	34.20	CCAI
1883	Frank Nunns	Co. Dublin Harriers	34.45	CCAI
1884	Frank Nunns	Co. Dublin Harriers	34.58	CCAI
1885	Frank Nunns	Co. Dublin Harriers	34.59	CCAI
1886	Charles Cassels Carr	Co. Dublin Harriers	35.14	CCAI
1887	Charles Cassels Carr	Co. Dublin Harriers	38.07	CCAI
1888	CW Blundell	Co. Dublin Harriers	37.55	CCAI
1889	Michael Kennedy	Elysian Harriers	40.12	CCAI
1890	CW Blundell	Co. Dublin Harriers	38.42	CCAI
1891	Ned McGuirk	Haddington Harriers	36.35	CCAI
1892	Willie McGuirk	Haddington Harriers	35.58	CCAI
1893	J McIlavenny	Belfast Harriers	35.08	CCAI
1894	John J Mullen	Elysian Harriers	32.50	CCAI
1895	John J Mullen	Elysian Harriers	34.37	CCAI
1896	Billy Whitman	Belfast Harriers	32.34	CCAI
1897	John F Donnelan	Haddington Harriers	35.28	CCAI
1898	John F Donnelan	Haddington Harriers	34.13	CCAI
1899	John F Joyce	Ballinasloe Harriers	33.44	CCAI
1900	Michael Hynan	Cork City Harriers	36.11	CCAI
1901	John Daly	Galway City Harriers	33.10	CCAI
1902	*Abandoned*			CCAI
1903	John Daly	Galway City Harriers	35.53	CCAI
1904	John Daly	Galway City Harriers	37.32	CCAI
1904	Hugh Muldoon	Haddington Harriers	NT	GAA
1905	Tom Hynes	Galway City Harriers	47.27	CCAI
1905	Tom Hynes	Galway City Harriers	NT	GAA
1906	John Daly	Galway City Harriers	45.46	CCAI
1906	John Daly	Dowras, Co. Galway, Individ	40.38	GAA
1907	Tom Downing	Haddington Harriers	51.24	CCAI
1907	Tom Hynes	Galway City Harriers	NT	GAA
1908	James Kerr	Willowfield Temperance Harriers	48.14	CCAI
1908	Timothy "Tim" Crough (Crowe)	Tipperary	NT	GAA
1909	Tom Downing	City & Suburban Harriers	44.04	CCAI
1910	Charles Harris	City & Suburban Harriers	46.51	CCAI
1910	Arthur O'Sullivan	Cork City AC	46.09	GAA
1911	Frank J Ryder	Clonliffe Harriers	45.48	CCAI
1911	Timothy "Tim" Crough (Crowe)	Cashel	NT	GAA
1912	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	50.25	CCAI
1912	Timothy "Tim" Crough (Crowe)	Cashel	NT	GAA
1913	Sgt Francis Joseph "Frank" O'Neill	Connaught Rangers	63.38	CCAI
1913	JJ Grogan	St. Mary's, Drogheda	NT	GAA
1914	Herbert C "Bertie" Irwin	Clonliffe Harriers	48.59	CCAI
1914	Timothy "Tim" Crough (Crowe)	Cashel	36.34	GAA
1915	Timothy "Tim" Crough (Crowe)	Cashel	NT	GAA
1920	Timothy "Tim" Crough (Crowe)	Clonliffe Harriers	46.25	CCAI
1921	Bevy H Bingham	Clonliffe Harriers	47.43	CCAI
1922	CA "Alec" Woods	North Belfast Harriers	54.11	NACAI
1923	John J. "JJ" Ryan	Tipperary	55.56	NACAI
1924	John J. "JJ" Ryan	Tipperary	52.42	NACAI
1925	John J. "JJ" Ryan	Tipperary	59.54	NACAI
1926	John J. "JJ" Ryan	Tipperary	53.43	NACAI
1927	Pat Coyle	Navan	61.21	NACAI
1928	Pat Coyle	Navan	51.30	NACAI
1929	Pte Thomas "Tom" Fanning	Army - Limerick New Barracks	56.32	NACAI
1930	Timothy F "Tim" Smythe	O'Callaghan's Mills	52.46	NACAI
1931	Timothy F "Tim" Smythe	O'Callaghan's Mills	51.32	NACAI
1932	Timothy F "Tim" Smythe	O'Callaghan's Mills	54.14	NACAI
1933	JJ O'Connor	Limrick City	56.37	NACAI
1934	Frank Mills	Mullingar AC	54.45	NACAI
1935	JJ O'Connor	Clonliffe Harriers	NT	NACAI
1936	JJ Walsh	Corrigan	59.09	NACAI
1937	JJ O'Connor	Fearons	58.05	AAUE

1938	M Cummins	Cheltenham	49.51		AAUE
1938	Michael O'Dowd	Dublin City Harriers	53.26		NACAI
1939	JJ O'Connor	Hospital's Trust, Terenure	49.01		AAUE
1939	John Hassett	Kilrush Harriers, Co. Clare	45.02		NACAI
1940	JJ O'Connor	Hospital's Trust, Terenure	51.11		AAUE
1940	Patrick O'Halloran	Feakle, Co. Clare	60.58		NACAI
1941	Not Held	(Foot & Mouth Disease)	—		AAUE
1941	Not Held	(Foot & Mouth Disease)	—		NACAI
1942	P Cummins	O'Callaghan's Mills	40.41		AAUE
1942	Martin Egan	Feakle, Co. Clare	47.33		NACAI
1943	Paul Coburn	Terenure	43.16		AAUE
1943	Martin Egan	Feakle, Co. Clare	46.40		NACAI
1943	WC "Charlie" McCooke	East Antrim Harriers	47.33		IAAB
1944	Brendan Twamley	City & Suburban Harriers	53.55		AAUE
1944	Cpl J. Maguire	Curragh	43.30		NACAI
1944	WC "Charlie" McCooke	East Antrim Harriers	54.10		IAAB
1945	Thomas A "Tom" Walsh	O'Callaghan's Mills	47.01		AAUE
1945	Thomas A "Tom" Walsh	O'Callaghan's Mills	51.42		IAAB
1946	Kevin Maguire	Brownstown	54.20		AAUE
1946	WC "Charlie" McCooke	East Antrim Harriers	55.55		IAAB
1947	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipp.	54.03		AAUE
1947	SH "Steve" McCooke	East Antrim Harriers	51.35		IAAB
1948	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipp.	44.32		AAUE
1948	Jerry Kiely	Coolcroo, Co. Tipp.	51.34		IAAB
1949	Patrick "Paddy" Fahey	Coolcroo, Co. Tipp.	47.49		AAUE
1949	SH "Steve" McCooke	East Antrim Harriers	48.41		IAAB
1950	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipp.	49.58		AAUE
1950	Johnny Marshall	Ballydrain Harriers, Co. Down	43.23		IAAB
1951	Patrick "Paddy" Fahey	Coolcroo, Co. Tipp.	51.36		AAUE
1951	Charlie Owens	East Antrim Harriers	60.48		IAAB
1952	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipp.	51.28		AAUE
1952	Charlie Owens	East Antrim Harriers	54.15		IAAB
1952	Mick Ryan	Metropolitan Harriers	53.58		NACAI
1953	SH "Steve" McCooke	East Antrim Harriers	49.18		IAAB
1953	Patrick "Patsy" Fitzgerald	Coolcroo, Co. Tipp.	47.06		AAUE
1954	James "Jimmy" Douglas	Avondale	43.26		AAUE
1954	Charlie Owens	East Antrim Harriers	60.58		IAAB
1955	Patrick "Paddy" Killeen	Clonliffe Harriers	52.36		AAUE
1955	William Dodds	East Antrim Harriers	60.28		IAAB
1956	Jack Dougan	Donore Harriers	45.21		AAUE
1956	Charlie Owens	East Antrim Harriers	48.38		IAAB
1957	John Kelly	Civil Service	47.59		AAUE
1957	James "Jimmy" Douglas	Avondale	49.08		IAAB
1958	Albert John "Bertie" Messitt	Donore Harriers	37.51		AAUE
1958	Tommy Dunne	Donore Harriers	50.44		IAAB
1959	Albert John "Bertie" Messitt	Donore Harriers	44.25		AAUE
1959	Albert John "Bertie" Messitt	Donore Harriers	50.48		IAAB
1960	Albert John "Bertie" Messitt	Donore Harriers	45.27		AAUE
1960	Albert John "Bertie" Messitt	Donore Harriers	48.46		IAAB
1961	Mick Connolly	Donore Harriers	43.19		AAUE
1961	Albert John "Bertie" Messitt	Donore Harriers	53.30		AAUE
1962	Mick Neville	Donore Harriers	45.45		AAUE
1962	Mick Neville	Donore Harriers	47.11		IAAB
1963	Tom O'Riordan	Donore Harriers	41.30		AAUE
1963	Derek Graham	9th Old Boys, Belfast	39.25		IAAB
1964	Albert John "Bertie" Messitt	Donore Harriers	35.47		AAUE
1964	Jim Hogan	Polytechnic Harriers, UK	38.21		IAAB
1965	Tom O'Riordan	Donore Harriers	38.30		AAUE
1965	Derek Graham	9th Old Boys, Belfast	35.57		IAAB
1966	Tom O'Riordan	Donore Harriers	42.05		AAUE
1966	Derek Graham	9th Old Boys, Belfast	39.07		IAAB
1967	Tom O'Riordan	Donore Harriers	40.22		AAUE
1967	PJ O'Sullivan	Oxford City	39.46		AAUE
1968	Tom O'Riordan	Donore Harriers	37.41		BLE
1969	Sean O'Sullivan	Castlemahon, Limerick	39.25		BLE
1970	Tom O'Riordan	Donore Harriers	37.32		BLE
1971	Fr Patrick "Paddy" Coyle	Lourdes	37.23		BLE
1972	John Buckley	St Finbarr's Cork	41.00	*	BLE
1973	Donal Walsh	Leevale	37.22		BLE
1974	Donal Walsh	Leevale	40.41		BLE
1975	Tom Brennan	Liffey Valley	36.59		BLE
1976	Donal Walsh	Leevale	37.24		BLE
1977	Gerry Deegan	Waterford	38.59		BLE

1978	Donal Walsh	Leevale	40.46	BLE
1979	Gerry Deegan	Waterford	39.51	BLE
1980	Gerry Deegan	Waterford	37.35	BLE
1981	Gerry Deegan	Waterford	40.25	BLE
1982	Gerry Deegan	Waterford	40.48	BLE
1983	David Taylor	Dundrum	39.07	BLE
1984	Jerry Kiernan	Clonliffe Harriers	37.00	BLE
1985	Ronnie Carroll	Donore Harriers	35.21	BLE
1986	Noel Harvey	Clonliffe Harriers	36.20	BLE
1987	David Taylor	Clonliffe Harriers	33.44	BLE
1988	David Taylor	Clonliffe Harriers	41.25	BLE
1989	Gerry Curtis	Donore Harriers	44.50	BLE
1990	Gerry Curtis	Donore Harriers	34.40	BLE
1991	John Downes	West Limerick	42.44	BLE
1992	Gerry Curtis	Donore Harriers	36.38	BLE
1993	Noel Cullen	Clonliffe Harriers	37.02	BLE
1994	Peter Matthews	Dundrum South Dublin	44.28	BLE
1995	David Burke	Mullingar Harriers	37.32	BLE
1996	John Downes	Donore Harriers	36.41	BLE
1997	Seamus Power	Kilmurray-Ibrickane	39.23	BLE
1998	Peter Matthews	Dundrum South Dublin	37.51	BLE
1999	John Ferrin	North Belfast	47.46	BLE
2000	Seamus Power	Kilmurray-Ibrickane	37.27	AAI
2001	Seamus Power	Kilmurray-Ibrickane	38.36	AAI
2002	Peter Matthews	Dundrum South Dublin	43.29	AAI
2003	Martin McCarthy	Leevale	40.44	AAI
2004	Seamus Power	Kilmurray-Ibrickane	35.22	AAI
2005	Gary Murray	St Malachy's, Belfast	37.08	AAI
2006	Vincent Mulvey	Raheny Shamrock	37.58	AAI
2007	Gary Murray	St Malachy's, Belfast	38.19	AAI
2008	Cathal Lombard	Leevale	40.32	AAI
2009	Keith Kelly	Drogheda & District	38.19	AAI
2010	Mark Kenneally	Clonliffe Harriers	34.37	AAI
2011	Joseph Sweeney	Dundrum South Dublin	38.42	AAI
2012	Eddie McGinley	Annadale Striders	35.09	AAI
2013	Sergio Cibanu	Clonliffe Harriers	38.26	AAI
2014	Michael Clohisey	Raheny Shamrock	39.09	AAI
2015	Michael Clohisey	Raheny Shamrock	36.53	AAI
2015	Michael Clohisey	Raheny Shamrock	31.11	AAI
2016	Mark Christie	Mullingar Harriers	30.41	AAI
2017	Paul Pollack	Annadale Striders	31.43	AAI
2018	Kevin Dooney	Raheny Shamrock	30.07	AAI
2019	Liam Brady	Tullamore Harriers	32.50	AAI

Cross Country Inter-Club Team Champions

Most Titles

Clonliffe Harriers - 32	**1910, 14, 23, 25, 52, 53, 54, 55, 76, 77, 80, 81, 82, 84, 86, 87, 88, 89, 91, 92, 2000, 04, 05, 06, 07, 08, 09, 10, 12, 13, 15, 19**

Longest Sequence of Titles

Donore Harriers	**18 years 1958-1975**

Lowest Points Score

			10, 12
Cork City Harriers 2, 3, 5, 6, 8, 9	**23 pts**	**6**	**1897**
Mullingar Harriers 3, 4, 5, 6	**18 pts**	**4**	**1998**
Donore Harriers 1, 5, 6, 10	**22 pts**	**4**	**1968**

1881	City & Suburban Harriers	35 pts	CCAI
1882	City & Suburban Harriers	31 pts	CCAI
1883	City & Suburban Harriers	36 pts	CCAI
1884	County Dublin Harriers	41 pts	CCAI
1885	County Dublin Harriers	27 pts	CCAI
1886	Haddington Harriers	74 pts	CCAI
1887	County Dublin Harriers	39 pts	CCAI
1888	County Dublin Harriers	32 pts	CCAI
1889	County Dublin Harriers	55 pts	CCAI
1890	County Dublin Harriers	32 pts	CCAI
1891	Dublin University Harriers	61 pts	CCAI
1892	Haddington Harriers	55 pts	CCAI
1893	Belfast Harriers	37 pts	CCAI
1894	Elysian Harriers	51 pts	CCAI
1895	Belfast Harriers	47 pts	CCAI
1896	Belfast Harriers	29 pts	CCAI
1897	**Cork City Harriers**	**23 pts** **6**	**CCAI**
1898	Haddington Harriers	27 pts	CCAI
1899	Ballinasloe Harriers	32 pts	CCAI
1900	Cork City Harriers	25 pts	CCAI
1901	Cork City Harriers	40 pts	CCAI
1902	Not held		CCAI
1903	Galway City Harriers	54 pts	CCAI
1904	Galway City Harriers	42 pts	CCAI
1904	Haddington Harriers	25 pts	GAA
1905	Galway City Harriers	47 pts	CCAI
1906	Haddington Harriers	30 pts	CCAI
1906	Cork City Harriers	33 pts	GAA
1907	Haddington Harriers	51 pts	CCAI
1907	County Dublin Harriers	35 pts	GAA
1908	Haddington Harriers	43 pts	CCAI
1908	*Not held - Individuals only*	—	GAA
1909	City & Suburban Harriers	39 pts	CCAI
1910	Clonliffe Harriers	67 pts	CCAI
1910	Not held - Individuals only	—	GAA
1911	Connaught Rangers Harriers	40 pts	CCAI
1911	County Dublin Harriers (tied)	39 pts	GAA
1911	Drogheda St. Mary's (tied)	39 pts	GAA
1912	Connaught Rangers Harriers	50 pts	CCAI
1912	County Dublin Harriers	45 pts	GAA
1913	North Belfast Harriers	42 pts	CCAI
1913	Navan-Eire og	27 pts	GAA
1914	Clonliffe Harriers	64 pts	CCAI
1914	County Cork	21 pts	GAA
1915	County Cork	25 pts	GAA
1920	North Belfast Harriers	51 pts	CCAI
1921	North Belfast Harriers	39 pts	CCAI
1922	North Belfast Harriers	31 pts	CCAI
1923	Clonliffe Harriers	41 pts	NACAI
1924	Cork City Harriers	50 pts	NACAI
1925	Clonliffe Harriers	52 pts	NACAI
1926	Ulsterville Harriers	51 pts	NACAI
1927	Ulsterville Harriers	73 pts	NACAI

1928	Dublin City Harriers	121 pts	NACAI
1929	Willowfield Temperance Harriers	75 pts	NACAI
1930	Willowfield Temperance Harriers	101 pts	NACAI
1931	Army Metro	68 pts	NACAI
1932	Army Metro	71 pts	NACAI
1933	O'Callaghan's Mills	38 pts	NACAI
1934	O'Callaghan's Mills	51 pts	NACAI
1935	O'Callaghan's Mills	32 pts	NACAI
1936	O'Callaghan's Mills	32 pts	NACAI
1937	Army Metro	48 pts	NACAI
1938	Terenure	65 pts	AAUE
1938	Coolcroo, Co. Tipperary	51 pts	NACAI
1939	Terenure	93 pts	AAUE
1939	Coolcroo, Co. Tipperary	31 pts	NACAI
1940	O'Callaghan's Mills	51 pts	AAUE
1940	Feakle, Co. Clare	34 pts	NACAI
1941	Not Held (Foot & Mouth Disease)	—	AAUE
1941	Not Held (Foot & Mouth Disease)	—	NACAI
1942	O'Callaghan's Mills	149 pts	AAUE
1942	Feakle, Co. Clare	32 pts	NACAI
1943	Donore Harriers	60 pts	AAUE
1943	Feakle, Co. Clare	41 pts	NACAI
1943	Ballydrain Harriers, Co. Down	70 pts	IAAB
1944	Donore Harriers	42 pts	AAUE
1944	Feakle, Co. Clare	60 pts	NACAI
1944	East Antrim Harriers	47 pts	IAAB
1945	Civil Service Harriers	39 pts	AAUE
1945	Ballydrain Harriers, Co. Down	43 pts	IAAB
1946	Brownstown, Co. Kildare	58 pts	AAUE
1946	Ballydrain Harriers, Co. Down	43 pts	IAAB
1947	Coolcroo, Co. Tipperary	30 pts	AAUE
1947	Coolcroo, Co. Tipperary	69 pts	IAAB
1948	Coolcroo, Co. Tipperary	29 pts	AAUE
1948	Coolcroo, Co. Tipperary	50 pts	IAAB
1949	Coolcroo, Co. Tipperary	39 pts	AAUE
1949	Coolcroo, Co. Tipperary	65 pts	IAAB
1950	Coolcroo, Co. Tipperary	56 pts	AAUE
1950	Coolcroo, Co. Tipperary	51 pts	IAAB
1951	Coolcroo, Co. Tipperary	39 pts	AAUE
1951	East Antrim Harriers	77 pts	IAAB
1952	Clonliffe Harriers	38 pts	AAUE
1952	Kilconieron, Co. Galway	68 pts	NACAI
1952	East Antrim Harriers	68 pts	IAAB
1953	Clonliffe Harriers	45 pts	AAUE
1953	Clonliffe Harriers	46 pts	IAAB
1954	Clonliffe Harriers	37 pts	AAUE
1954	East Antrim Harriers	85 pts	IAAB
1955	Clonliffe Harriers	36 pts	AAUE
1955	East Antrim Harriers	59 pts	IAAB
1956	Donore Harriers	37 pts	AAUE
1956	Donore Harriers	87 pts	IAAB
1957	Civil Service Harriers	49 pts	AAUE
1957	Donore Harriers	59 pts	IAAB
1958	Donore Harriers	59 pts	AAUE
1958	Donore Harriers	79 pts	IAAB
1959	Donore Harriers	48 pts	AAUE
1959	Avondale	79 pts	IAAB
1960	Donore Harriers	39 pts	AAUE
1960	Donore Harriers	51 pts	IAAB
1961	Donore Harriers	36 pts	AAUE
1961	Donore Harriers	36 pts	IAAB
1962	Donore Harriers	35 pts	AAUE
1962	Donore Harriers	51 pts	IAAB
1963	Donore Harriers	35 pts	AAUE
1963	Donore Harriers	35 pts	IAAB
1964	Donore Harriers	36 pts	AAUE
1964	Donore Harriers	39 pts	IAAB
1965	Donore Harriers	51 pts	AAUE
1965	Donore Harriers	33 pts	IAAB
1966	Donore Harriers	44 pts	AAUE
1967	Donore Harriers	31 pts	BLE
1968	**Donore Harriers**	**22 pts** **4**	**BLE**
1969	Donore Harriers	38 pts	BLE

1970	Donore Harriers	25 pts	BLE	
1971	Donore Harriers	27 pts	BLE	
1972	Donore Harriers	26 pts *	BLE	
1973	Donore Harriers	45 pts	BLE	
1974	Donore Harriers	33 pts	BLE	
1975	Donore Harriers	43 pts	BLE	
1976	Clonliffe Harriers	50 pts	BLE	
1977	Clonliffe Harriers	45 pts	BLE	
1978	Donore Harriers	29 pts	BLE	
1979	Limerick AC	35 pts	BLE	
1980	Clonliffe Harriers	74 pts	BLE	
1981	Clonliffe Harriers	52 pts	BLE	
1982	Clonliffe Harriers	38 pts	BLE	
1983	Deise, Co. Waterford	32 pts	BLE	
1984	Clonliffe Harriers	67 pts	BLE	
1985	Burgerland Limerick	42 pts	BLE	
1986	Clonliffe Harriers	41 pts	BLE	
1987	Clonliffe Harriers	49 pts	BLE	
1988	Clonliffe Harriers	56 pts	BLE	
1989	Clonliffe Harriers	58 pts	BLE	
1990	Dundrum South Dublin	56 pts	BLE	
1991	Clonliffe Harriers	47 pts	BLE	
1992	Clonliffe Harriers	46 pts	BLE	
1993	Donore Harriers	31 pts	BLE	
1994	Dundrum South Dublin	39 pts	BLE	
1995	Mullingar Harriers	24 pts	BLE	
1996	Mullingar Harriers	30 pts	BLE	
1997	Dundrum South Dublin	33 pts	BLE	
1998	**Mullingar Harriers**	**18 pts** **4**	**BLE**	
1999	Mullingar Harriers	38 pts	BLE	
2000	Clonliffe Harriers	39 pts	AAI	
2001	Dundrum South Dublin	25 pts	AAI	
2002	Dundrum South Dublin	36 pts	AAI	
2003	Dundrum South Dublin	40 pts	AAI	
2004	Clonliffe Harriers	41 pts	AAI	
2005	Clonliffe Harriers	65 pts	AAI	
2006	Clonliffe Harriers	37 pts	AAI	
2007	Clonliffe Harriers	32 pts	AAI	
2008	Clonliffe Harriers	29 pts	AAI	
2009	Clonliffe Harriers	30 pts	AAI	
2010	Clonliffe Harriers	33 pts	AAI	
2011	Dundrum South Dublin	25 pts	AAI	
2012	Clonliffe Harriers	25 pts	AAI	
2013	Clonliffe Harriers	36 pts	AAI	
2014	Dundrum South Dublin	35 pts	AAI	
2015	Clonliffe Harriers	27 pts	AAI	
2015	Clonliffe Harriers	47 pts	AAI	from February to November
2016	Raheny Shamrock	38 pts	AAI	
2017	Raheny Shamrock	42 pts	AAI	
2018	Raheny Shamrock	41 pts	AAI	
2019	Clonliffe Harriers	52 pts	AAI	

Cross Country Inter-Clubs – Short Course

Individual

1999	Paolo Doglio	Gus Torino*	12.01	BLE
2000				AAI
2001	Not held - Foot & Mouth Disease		—	AAI
2002	Peter Matthews	Dundrum South Dublin	11.25	AAI
2003	Robert Connolly	Dundrum South Dublin	11.29	AAI
2004	Robert Connolly	Dundrum South Dublin	12.01	AAI
2005	Mark Kenneally	Clonliffe Harriers	12.12	AAI
2006	Paul McNamara	Athenry		AAI

Discontinued

Team

1999			
2000			
2001	*Not Held - Foot & Mouth Disease*	—	AAI
2002	Dundrum South Dublin	13 pts 3	AAI
2003			AAI
2004	Letterkenny	96 pts 4	AAI
2005	Raheny Shamrock	64 pts	AAI
2006	Raheny Shamrock	21 pts	AAI

Discontinued

Inter-County Cross Country

Most titles

Seamus Power - 9 — **1995, 96, 97, 98, 99, 2000, 01, 02, 03**

1920	George Magan	Kildare	NT		GAA
1921	Not held				
1922	George Magan	Kildare	NT		GAA
1923-44	Not held				
1945	John Joe Barry	Tipperary	50.24		NACAI
1946	Patrick "Patsy" Fitzgerald	Tipperary	49.05		NACAI
1947	Michael "Mick" Blake	Tipperary	59.11		NACAI
1948	Michael "Mick" Blake	Tipperary	54.51		NACAI
1949	Michael J "Mick" Cleary	Tipperary	49.07		NACAI
1950	Michael J "Mick" Cleary	Tipperary	53.24		NACAI
1951	Cyril O'Boyle	Tyrone	52.55		NACAI
1952	Not held Inter-Club		—		NACAI
1953	William "Willie" Morris	Galway	48.41		NACAI
1954	Patrick "Patsy" Fitzgerald	Tipperary	43.35		NACAI
1955	Patrick "Paddy" Carmody	Dublin	50.38		NACAI
1956	William "Willie" Morris	Galway	54.47		NACAI
1957	Benjamin "Benny" O'Sullivan	Limerick	43.37		NACAI
1958	William "Willie" Morris	Galway	48.35		NACAI
1959	William "Willie" Morris	Galway	52.29		NACAI
1960	Seán O'Sullivan	Limerick	44.04		NACAI
1961	John Downes	Limerick	NT		NACAI
1962	Seán O'Sullivan	Limerick	54.18		NACAI
1963	Seán O'Sullivan	Limerick	44.26		NACAI
1964	Seán O'Sullivan	Limerick	41.11		NACAI
1965	Seán O'Sullivan	Limerick	42.10		NACAI
1966	Michael "Mick" Molloy	Galway	40.14		NACAI
1967	John Buckley	Cork	43.26		NACAI
1968	Tom O'Riordan	Dublin	37.41		BLE
1969	Seán O'Sullivan	Limerick	39.25		BLE
1970	Tom O'Riordan	Kerry	37.32		BLE
1971	Fr Patrick "Paddy" Coyle	Louth	37.23		BLE
1972	John Buckley	Cork	35.45	*	BLE
1973	Danny McDaid	Donegal	38.16		BLE
1974	Donal Walsh	Cork	39.37		BLE
1975	John Hartnett	Cork	38.34		BLE
1976	Gerry Deegan	Waterford	38.36		BLE
1976	John Treacy	Waterford	37.07	†	BLE
1977	John Treacy	Waterford	38.42		BLE
1978	John Treacy	Waterford	36.42		BLE
1979	John Treacy	Waterford	39.59		BLE
1980	Gerry Deegan	Waterford	37.41		BLE
1981	John Treacy	Waterford	36.02	‡	BLE
1982	John Treacy	Waterford	41.33		BLE
1983	Gerry Deegan	Waterford	41.12		BLE
1984	Anthony O'Leary	Cork	33.11		BLE
1985	Richard O'Flynn	Cork	32.15		BLE
1986	Paul Donovan	Galway	32.14		BLE
1987	Brendan Quinn	Waterford	34.42		BLE
1988	Jerry Kiernan	Dublin	33.23		BLE
1989	David Taylor	Dublin	33.12		BLE
1990	John Downes	London Irish	31.38		BLE
1991	Noel Richardson	Limerick	32.12		BLE
1992	Richard Mulligan	Galway	32.12		BLE
1993	John Treacy	Waterford	31.58		BLE
1994	Noel Berkeley	Dublin	30.47		BLE
1995	Seamus Power	Clare	30.25		BLE
1996	Seamus Power	Clare	33.05		BLE
1997	Seamus Power	Clare	29.29		BLE
1998	Seamus Power	Clare	35.29		BLE
1999	Seamus Power	Clare	31.17		AAI
2000	Seamus Power	Clare	30.35		AAI
2001	Seamus Power	Clare	29.35		AAI
2002	Seamus Power	Clare	33.33		AAI
2003	Seamus Power	Clare	30.07		AAI
2004	Vincent Mulvey	Dublin	30.09		AAI

2005	Gary Murray	Donegal	33.11	AAI
2006	Mark Christie	Westmeath	31.19	AAI
2007	Gary Murray	Donegal	31.46	AAI
2008	Alan McCormack	Dublin	32.11	AAI
2009	Andrew Ledwith	Meath	29.45	AAI
2010	Joseph Sweeney	Dublin	30.07	AAI
2011	Joseph Sweeney	Dublin	32.07	AAI
2012	Joseph Sweeney	Dublin	33.27	AAI
2013	Paul Pollack	Anrim	31.02	AAI
2014	Paul Pollack	Anrim	30.40	AAI
2015	Not held Inter-Club			AAI
2016	Sean Hehir	Individual	NT	AAI
	Discontinued & combined with interclubs			

** Inter-Club & Inter-County separated*
† Switch of Inter-Counties to before Xmas
‡ Held Kilbarry, Co. Waterford 17 January 1982

** Inter Club moved from February to November*

Inter-County Cross Country Team Champions

Most Titles
Dublin - 35 — **1905, 11, 12, 22, 69, 70, 71, 72, 80, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 2000, 01, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14**

Longest Sequence of Titles
Dublin — **12 years 1987-1998**

Lowest Points Score
Tipperary 1, 3, 4, 5, 6, 7 — **26 pts** — **1946 Only 1 team competed**
Post 67 **Dublin 2, 3, 4, 5, 8, 11** — **33 pts** — **2003**

1920	Galway	38 pts	GAA
1922	Dublin	49 pts	GAA
1926	Tipperary	49 pts	NACAI
1927	Dublin	44 pts	NACAI
1928	Dublin	34 pts	NACAI
1935	Clare	38 pts	NACAI
1936	Clare	36 pts	NACAI
1945	Tipperary	49 pts	NACAI
1946	**Tipperary**	**26 pts**	**NACAI**
1947	Tipperary	36 pts	NACAI
1948	Tipperary	34 pts	NACAI
1949	Tipperary	50 pts	NACAI
1950	Tipperary	33 pts	NACAI
1951	Tipperary	51 pts	NACAI
1952	Not held Inter-Club	—	NACAI
1953	Tipperary	39 pts	NACAI
1954	Tipperary	48 pts	NACAI
1955	Tipperary	51 pts	NACAI
1956	Galway	56 pts	NACAI
1957	Limerick	35 pts	NACAI
1958	Limerick	60 pts	NACAI
1959	Galway	62 pts	NACAI
1960	Galway	71 pts	NACAI
1961	Limerick	43 pts	NACAI
1962	Limerick	54 pts	NACAI
1963	Cork	84 pts	NACAI
1964	Cork	72 pts	NACAI
1965	Cork	70 pts	NACAI
1966	Galway	42 pts	NACAI
1967	Cork	42 pts	NACAI
1968	Cork	36 pts	BLE
1969	Dublin	34 pts	BLE
1970	Dublin	55 pts	BLE
1971	Dublin	52 pts	BLE
1972	Dublin	68 pts *	BLE
1973	Cork	65 pts	BLE
1974	Cork	89 pts	BLE
1975	Cork	80 pts	BLE
1976	Waterford	65 pts	BLE
1976	Waterford	59 pts †	BLE
1977	Waterford	52 pts	BLE
1978	Waterford	78 pts	BLE
1979	Waterford	64 pts	BLE
1980	Dublin	92 pts	BLE
1981	Cork	80 pts ‡	BLE
1982	Waterford	47 pts	BLE
1983	Cork	60 pts	BLE
1984	Cork	39 pts	BLE
1985	Cork	81 pts	BLE
1986	Galway	93 pts	BLE
1987	Dublin	120 pts	BLE

1988	Dublin	73 pts	BLE
1989	Dublin	39 pts	BLE
1990	Dublin	116 pts	BLE
1991	Dublin	97 pts	BLE
1992	Dublin	92 pts	BLE
1993	Dublin	74 pts	BLE
1994	Dublin	83 pts	BLE
1995	Dublin	85 pts	BLE
1996	Dublin	64 pts	BLE
1997	Dublin	59 pts	BLE
1998	Dublin	48 pts	BLE
1999	Antrim	83 pts	BLE
2000	Dublin	76 pts	AAI
2001	Dublin	45 pts	AAI
2002	Cork	79 pts	AAI
2003	**Dublin**	**33 pts**	**AAI**
2004	Dublin	49 pts	AAI
2005	Dublin	71 pts	AAI
2006	Dublin	107 pts	AAI
2007	Dublin	46 pts	AAI
2008	Dublin	63 pts	AAI
2009	Dublin	92 pts	AAI
2010	Dublin	48 pts	AAI
2011	Dublin	103 pts	AAI
2012	Dublin	93 pts	AAI
2013	Dublin	76 pts	AAI
2014	Dublin	86 pts	AAI
2015	Not held Inter-Club		
2016	Galway	74 pts	
2017	Dublin	78 pts	
2018	Dublin	37 pts	
2019	Dublin	65 pts	

* Inter Club moved from February to November

Combined with interclubs competition

* Inter-Club & Inter-County separated
† Switch of Inter-Counties to before Xmas
‡ Held Kilbarry, Co. Waterford 17 January 1982

Intermediate Cross Country

1970	Dan Murphy	Kerry	NT	BLE
1971	Jimmy Cardiff	Kildare	NT	BLE
1972	Charlie Carbery	Skeragh	28.57	BLE
1973	Kevin Breen	Offaly	29.38	BLE
1974	Gerry Redmond	Clonliffe Harriers	32.09	BLE
1975	Ray Treacy	Leevale	30.14	BLE
1976	Sonnie Fennell	Tarbert	27.30	BLE
1977	Kingston Mills	Civil Service	32.17	BLE
1978	Robert Costello	Limerick	34.19	BLE
1979	Dessie O'Connor	Tipperary Town	32.27	BLE
1980	Brendan Smyth	Lourdes	34.14	BLE
1981	Richard Mulligan	Kilkerrin	33.06	BLE
1982	Brian Dunne	Clonliffe Harriers	32.36	BLE
1983	Gerry Curtis	Blackrock	31.40	BLE
1984	John Joe Doyle	DMP	31.24	BLE
1985	Tommy Moloney	Thurles Crokes	30.34	BLE
1986	Kevin Gill	Finn Valley	37.34	BLE
1987	Connie Lynch	Dublin City Harriers	31.49	BLE
1988	Bryan Meade	East Cork	33.36	BLE
1989	David Carrie	Dundalgan	53.07	BLE
1990	Marin Ryan	Ferbane		BLE
1991	Leonard O'Regan	Leevale	31.40	BLE
1992	Peter Matthews	Dundrum South Dublin	32.24	BLE
1993	Alan Merriman	Liffey Valley	31.05	BLE
1994	Martin Burke	North Laois	32.51	BLE
1995	Cormac Troy	Offaly	35.36	BLE
1996	Pat O'Keeffe	University College Cork	33.12	BLE
1997	Greg Luke	Civil Service	33.11	BLE
1998	Cathal Lombard	Leevale	37.52	BLE
1999	Mark Morgan	Finn Valley	33.48	BLE
2000	Gary Thornton	Galway City Harriers	35.33	BLE
2001	Robert Connoly	Dundrum South Dublin	34.05	AAI
2002	Pat Muldoon	Mullingar Harriers	38.38	AAI
2003	Jerome Brooks	Finn Valley	32.27	AAI
2004	Noel Kelly	Mullingar Harriers	32.07	AAI
2005	Emmet Dunleavy	Sligo	29.25	AAI
2006	Alan McCormack	Dundrum South Dublin	34.27	AAI
2007	James McCarthy	East Cork	37.05	AAI
2008	Dan Mulhare	North Laois	33.05	AAI
2009	Sean Hehir	Rathfarnham WSAF	32.14	AAI
2010	Brendan O'Neill	Dundrum South Dublin	24.13	AAI
2011	Michael Mulhare	North Laois	38.33	AAI
2012	Jayme Rossiter	Clonliffe Harriers	37.31	AAI
2013	Chris Johnston	Letterkenny	26.42	AAI
2014	Andrew Connick	Ferrybank	27.40	AAI
2015	Liam Brady	Tullamore Harriers	26.31	AAI
2016	Cian O'Reilly	Annalee	27.00	AAI
2017	Niall Sheehan	Gowran	27.53	AAI
2018	Michael Harty	East Cork	30.39	AAI
2019	Sean O'Leary	Clonliffe Harriers	23.31	AAI
2020	Conor O'Mahoney	An Riocht	NT	AAI

Intermediate Cross Country Team Champions

	Club Team	County Team	
1970	St. Finbarrs	Dublin 78 pts	BLE
1971	Clonliffe Harriers	Kildare	BLE
1972	Tullamore Harriers 53pts	Dublin 34pts	BLE
1973	Grange/Fermoy 53pts	Cork 62pts	BLE
1974	Galway City Harriers 48pts	Galway 56pts	BLE
1975	Donore Harriers 31pts	Dublin 46pts	BLE
1976	Clonliffe Harriers 63pts	Dublin 89pts	BLE
1977	Civil Service 56pts	Cork 82pts	BLE
1978	Kildare 53pts	Galway 25pts	BLE
1979	Donore Harriers 48pts	Dublin 57pts	BLE
1980	Lourdes 107 pts	Dublin 108pts	BLE
1981	Clonliffe Harriers 56pts	Dublin 76pts	BLE
1982	Donore Harriers 76pts	Dublin 89pts	BLE
1983	Limerick 53pts	Donegal 166pts	BLE
1984	Metro Harriers 46pts	Tipperary 106pts	BLE
1985	Clonliffe Harriers 52pts	Cork 38pts	BLE
1986	Slaneyside 67pts	Dublin 80pts	BLE
1987	North Laois 61pts	Dublin 96pts	BLE
1988	Sligo 109pts	Cork 84pts	BLE
1989	Finn Valley 79pts	Dublin 141pts	BLE
1990	Finn Valley 90pts	Dublin 74pts	BLE
1991	East Cork 52pts	Cork 95pts	BLE
1992	Dundrum South Dublin 84pts	Dublin 95pts	BLE
1993	Waterford 37pts	Waterford 90pts	BLE
1994	Clonliffe Harriers 51pts	Cork 126pts	BLE
1995	Tullamore Harriers 86pts	Dublin 138pts	BLE
1996	Civil Service 84pts	Dublin 104pts	BLE
1997	Civil Service 45pts	Dublin 114pts	BLE
1998	University College Cork 62pts	Cork 76pts	BLE
1999	Finn Valley 34pts	Donegal 98pts	BLE
2000	Clonmel 69pts	Dublin 88pts	BLE
2001	Dundrum South Dublin 36pts	Dublin 136pts	AAI
2002	Raheny Shamrock 76pts	Dublin 62pts	AAI
2003	Finn Valley 34pts	Donegal 104pts	AAI
2004	Clonliffe Harriers 106 pts	Cork 60pts	**AAI**
2005	Sligo 62pts	Dublin 68pts	AAI
2006	Dundrum South Dublin 46pts	Dublin 68pts	AAI
2007	Rathfarnham WSAF 55pts	Dublin 72pts	AAI
2008	Raheny Shamrock 25pts	Dublin 65pts	AAI
2009	Rathfarnham WSAF 44pts	Dublin 105pts	AAI
2010	City of Derry 47 pts	Dublin 117 pts	AAI
2011	Donore Harriers 70pts	Galway 162 pts	AAI
2012	Clonliffe Harriers 50 pts	Dublin 57 pts	AAI
2013	St Johns (Clare) 42 pts	Dublin 133 pts	AAI
2014	Finn Valley 33pts	Donegal 34pts	AAI
2015	Leevale 57pts	Dublin 81pts	AAI
2016	Ennis Track Club 37pts	Clare 91pts	AAI
2017	Clonliffe Harriers 62pts	Dublin 76pts	AAI
2018	East Cork 55pts	Kildare 121pts	AAI
2019	North Belfast Harriers 30 pts	Antrim 71 pts	AAI
2020	Donore Harriers 70pts	Dublin 86pts	AAI

Novice Cross Country

1906	R Purcell	New Ross		GAA
1907	P Flynn	Waterford		GAA
1908	J Hughes	Dundalk Hariers		GAA
1909	PC O'Keeffe	Lees Football Club Harriers		GAA
1910	JM O'Callaghan	Lees Football Club Harriers		GAA
1911	JJ O'Connor	Galtymore		GAA
1912	P Cronin	Co. Dublin		GAA
1913	P Mulvaney	Navan Eire og		GAA
1914	CJ O'Connor	Co. Dublin		GAA
1915	P Kelly	Galway		GAA
1916	JJ Ryan	Tipperary		GAA
1917-1937	**Not held**			
1938	T Given	Dublin University		AAUE
1939	P Cullen	Terenure		AAUE
1940	J Ryan	O'Callaghan's Mills		AAUE
1941	B Gillolly	City & Suburban Harriers		AAUE
1942	M Murphy (tied)	O'Callaghan's Mills		AAUE
1942	J McInerny (tied)	O'Callaghan's Mills		AAUE
1943	P Egan	O'Callaghan's Mills		AAUE
1944	W Casey	O'Callaghan's Mills		AAUE
1945	P McMahon	O'Callaghan's Mills		AAUE
1946	P Butler	Brownstown		AAUE
1947	G Carolan	Civil Service		AAUE
1948	Patrick "Patsy" Fahey	Coolcroo		AAUE
1949	Paddy Ross	Dublin University		AAUE
1950	C Halpin	St. Mary's		AAUE
1951	J O'Brien	Ballymadun, Ashbourne		AAUE
1952	Jim Douglan	Avondale		AAUE
1953	Albert John "Bertie" Messitt	Donore Harriers		AAUE
1954	Kevin Mannering	Fingal		AAUE
1955	S Welby	Dublin University		AAUE
1956	S Moore	Avondale		AAUE
1957	John Kelly	Civil Service		AAUE
1958	M Minihane	Civil Service		AAUE
1959	Joe O'Keeffe	Civil Service		AAUE
1960	John McDonnell	Clonliffe Harriers		AAUE
1961	Hughie Duffy	Avondale		AAUE
1962	Dick Burke	Clonliffe Harriers		AAUE
1963	Brian Fitzpatrick	Crusaders		AAUE
1964	Jim McNamara	Donore Harriers		AAUE
1965	Tony Hopkins	Donore Harriers		AAUE
1966	Paud Lavelle	Crusaders		AAUE
1967	J Naughton	Donore Harriers		AAUE
1968-1992	**Not held**			
1993	Brendan Baldwin	Kildare	18.58	BLE
1994	Paul Logan	Limerick	19.50	BLE
1995	Conor Halpin	Metro/St Brigids	18.56	BLE
1996	Tom Shannon	Moyvane	19.27	BLE
1997	Garry Hayes	Metro/St Brigids	20.07	BLE
1998	Fiachra Lombard	University College Cork	20.55	BLE
1999	Enda Granfield	An Riocht	19.10	BLE
2000	David Kelly	Sligo	20.39	BLE
2001	Josh Palmer	Togher	19.07	AAI
2002	Joe Byrne	Finn Valley	18.27	AAI
2003	Emmet Dunleavy	Sligo	17.39	AAI
2004	Alan McCormack	Dundrum South Dublin	19.50	AAI
2005	Dan Mulhare	North Laois	18.56	AAI
2006	Sergiu Cibanu	Clonliffe Harriers	19.15	AAI
2007	Brian Farrell	Sli Cualann	18.18	AAI
2008	Alan O'Brien	Crusaders	22.35	AAI
2009	Stephen Murphy	Donore Harriers	20.28	AAI
2010	Michael Mulhare	North Laois	19.28	AAI
2011	Eoin Everard	Kilkenny City Harriers	20.10	AAI
2012	Dermot McDernott	Sligo	19.49	AAI
2013	Sean Tobin	Clonmel	19.23	AAI
2014	Ben Thistlewood	Leevale	20.22	AAI

2015	Stephen Lawlor	St Abbans	19.54	AAI
2016	John Paul Williamson	Derry Track Club	19.00	AAI
2017	Jack MacGabhann	Dundrum South Dublin	19.55	AAI
2018	Zac Hanna	Newcastle & District	19.36	AAI
2019	Donal Devane	Ennis	21.02	AAI

Novice Cross Country Team Champions

	Club Team	County Team	
1906	New Ross 47 pts		GAA
1907	Waterford City Harriers 62 pts		GAA
1908	Dundalk Harriers 61 pts		GAA
1909	Lee Football Club Harriers 65 pts		GAA
1910	Lee Football Club Harriers 39 pts		GAA
1911	Co. Dublin Harriers		GAA
1912		Tipperary 45 pts	GAA
1913	South County Dublin Harriers 44 pts		GAA
1914		Dublin 35 pts	GAA
1915		Galway 61 pts	GAA
1916	Cork City Harriers 28 pts		GAA
1917-1937	**Not held**		
1938	O'Callaghan's Mills 25 pts		AAUE
1939	Dublin University 97 pts		AAUE
1940	O'Callaghan's Mills 71 pts		AAUE
1941	Donore Harriers 51pts		AAUE
1942	O'Callaghan's Mills 31 pts		AAUE
1943	O'Callaghan's Mills 21 pts		AAUE
1944	O'Callaghan's Mills 29 pts		AAUE
1945	O'Callaghan's Mills 48 pts		AAUE
1946	O'Callaghan's Mills 49 pts		AAUE
1947	O'Callaghan's Mills 33 pts		AAUE
1948	Coolcroo 49 pts		AAUE
1949	Civil Service 101 pts		AAUE
1950	Clonliffe Harriers 80 pts		AAUE
1951	Ballymadun, Ashbourne 48 pts		AAUE
1952	Donore Harriers 86 pts		AAUE
1953	Avondale 76 pts		AAUE
1954	Fingal 57 pts		AAUE
1955	Clonliffe Harriers 46 pts		AAUE
1956	Donore Harriers 56 pts		AAUE
1957	Civil Service 42 pts		AAUE
1958	Clonliffe Harriers 81 pts		AAUE
1959	Donore Harriers 58 pts		AAUE
1960	Clonliffe Harriers 77 pts		AAUE
1961	Donore Harriers 68 pts		AAUE
1962	Civil Service 56 pts		AAUE
1963	Clonliffe Harriers 75 pts		AAUE
1964	Donore Harriers 36 pts		AAUE
1965	Donore Harriers 57 pts		AAUE
1966	Crusaders 62 pts		AAUE
1967	Avondale 68 pts		AAUE
1968-1992	**Not held**		
1993	Leevale 74pts	Dublin 25pts	BLE
1994	Tullamore Harriers 130pts	Donegal 77pts	BLE
1995	Civil Service 101pts	Dublin 46pts	BLE
1996	Liffey Valley 72pts	Dublin 49pts	BLE
1997	University College Cork 104pts	Cork 120pts	BLE
1998	Sligo 74pts	Dublin 151pts	BLE
1999	North Laois 72pts	Dublin 136pts	BLE
2000	Sportsworld 135pts	Dublin 149pts	BLE
2001	Leevale 59pts	Cork 60pts	AAI
2002	Finn Valley 99pts	Dublin 156pts	AAI
2003	Togher 86pts	Dublin 111pts	AAI
2004	Rathfarnham WSAF 128pts	Dublin 119pts	AAI
2005	Rathfarnham WSAF 97pts	Dublin 97pts	AAI
2006	Togher 98pts	Cork 152pts	AAI
2007	Ennis Track Club 81pts	Clare 128pts	AAI
2008	Dundrum South Dublin 92pts	Waterford 114pts	AAI
2009	City of Derry 34pts	Derry 113pts	AAI
2010	North Laois 95pts	Cork 179pts	AAI
2011	St Malachys 42pts	Dublin 120pts	AAI
2012	Finn Valley 63pts	Cork 119pts	AAI
2013	Donore Harriers 51pts	Dublin 76pts	AAI
2014	Leevale 82pts	Cork 95pts	AAI

2015	Ennis Track 45pts	Laois 175pts	AAI
2016	Clonliffe Harriers 37pts	Dublin 98pts	AAI
2017	Dundrum South Dublin 76pts	Dublin 106pts	AAI
2018	Togher 129pts	Cork 76pts	AAI
2019	Leevale 70 pts	Dublin 159 pts	AAI

National T & F League Champions

Most Titles
Dublin City Harriers - 17 — **1981, 84, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 99, 2000, 02, 04**

Longest Sequence of Titles
Dublin City Harriers — **11 years 1986-1996**

Highest Points Total
Dublin City Harriers — **151 pts** **1989**

1974	Leevale AC	60 pts	BLE
1975	Leevale AC	60 pts	BLE
1976	Leevale AC	72 pts	BLE
1977	Dublin City Harriers	76 pts	BLE
1978	Crusaders AC	78 pts	BLE
1979	Limerick AC	93 pts	BLE
1980	Annadale Striders	108 pts	BLE
1981	Dublin City Harriers	113 pts	BLE
1982	Annadale Striders	109 pts	BLE
1983	Limerick AC	127 pts	BLE
1984	Dublin City Harriers	142 pts	BLE
1985	Limerick AC	126 pts	BLE
1986	Dublin City Harriers	130 pts	BLE
1987	Dublin City Harriers	133 pts	BLE
1988	Dublin City Harriers	139 pts	BLE
1989	**Dublin City Harriers**	**151 pts**	**BLE**
1990	Dublin City Harriers	132 pts	BLE
1991	Dublin City Harriers	141 pts	BLE
1992	Dublin City Harriers	137 pts	BLE
1993	Dublin City Harriers	146 pts	BLE
1994	Dublin City Harriers	134 pts	BLE
1995	Dublin City Harriers	139 pts	BLE
1996	Dublin City Harriers	139 pts	BLE
1997	Crusaders AC	130 pts	BLE
1998	Crusaders AC	129.5 pts	BLE
1999	Dublin City Harriers	148 pts	BLE
2000	Dublin City Harriers	138 pts	AAI
2001	Crusaders AC	136 pts	AAI
2002	Dublin City Harriers	144 pts	AAI
2003	Crusaders AC	126 pts	AAI
2004	Dublin City Harriers	114 pts	AAI
2005	Crusaders AC	118 pts	AAI
2006	North Down	126 pts	AAI
2007	North Down	117pts	AAI
2008	Clonliffe Harriers	114pts	AAI
2009	Clonliffe Harriers	114pts	AAI
2010	Clonliffe Harriers	136pts	AAI
2011	Clonliffe Harriers	118pts	AAI
2012	Clonliffe Harriers	122pts	AAI
2013	Crusaders AC	130.5pts	AAI
2014	Leevale AC	116pts	AAI
2015	Clonliffe Harriers	129pts	AAI
2016	Clonliffe Harriers	120pts	AAI
2017	Clonliffe Harriers	125pts	AAI
2018	Clonliffe Harriers	127pts	AAI
2019	Clonliffe Harriers	135pts	AAI

National Road Relays

Most Titles
Clonliffe Harriers - 14 — **1976, 77, 78, 79, 80, 81, 83, 86, 98, 99, 2002, 06, 07, 08**

Longest Sequence of Titles
Clonliffe Harriers — **6 years 1976-1981**

1973	Donore Harriers	1.20.39	BLE
1974	Donore Harriers	1.19.59	BLE
1975	Donore Harriers	1.28.59	BLE
1976	Clonliffe Harriers	1.38.16	BLE
1977	Clonliffe Harriers	1.33.38	BLE
1978	Clonliffe Harriers	52.57	BLE
1979	Clonliffe Harriers	1.05.14	BLE
1980	Clonliffe Harriers	1.24.25	BLE
1981	Clonliffe Harriers	1.28.39	BLE
1982	***Ballinteer, Dublin - 4 April***		BLE
1983	Clonliffe Harriers	1.16.42	BLE
1984	Donore Harriers	51.19	BLE
1985	Dublin City Harriers	48.21	BLE
1986	Clonliffe Harriers	52.25	BLE
1987	Donore Harriers	1.06.45	BLE
1988	East Cork	54.58	BLE
1989	Donore Harriers	51.32	BLE
1990	Sparta	54.22	BLE
1991	East Cork	59.25	BLE
1992	Donore Harriers	1.02.08	BLE
1993	Sparta	49.15	BLE
1994	Annadale Striders	50.53	BLE
1995	Annadale Striders	48.57	BLE
1996	Annadale Striders	48.49	BLE
1997	East Cork	49.40	BLE
1998	Clonliffe Harriers	1.23.42	BLE
1999	Clonliffe Harriers	49.41	BLE
2000	Annadale Striders	59.25	AAI
2001	Raheny Shamrock	58.55	AAI
2002	Clonliffe Harriers	38.29	AAI
2003	Raheny Shamrock	38.52	AAI
2004	Raheny Shamrock	38.57	AAI
2005	Rathfarnham / WSAF	38.29	AAI
2006	Clonliffe Harriers	37.55	AAI
2007	Clonliffe Harriers	37.42	AAI
2008	Clonliffe Harriers	37.39	AAI
2009	Raheny Shamrock	37.33	AAI
2010	Raheny Shamrock	37.53	AAI
2011	Raheny Shamrock	37.52	AAI
2012	Rathfarnham / WSAF	38.33	AAI
2013	Sligo	38.31	AAI
2014	Sligo	38.08	AAI
2015	Donore Harriers	37.52	AAI
2016	Raheny Shamrock	37.26	AAI
2017	Raheny Shamrock	37.38	AAI
2018	Raheny Shamrock	37.47	AAI
2019	Raheny Shamrock	37.11	AAI

4x100m Inter Club Relay

1968	St. Finbarrs	45.9	
1969	Crusaders	43.2	
1970	Crusaders	43.0	
1971	Crusaders	42.4	
1972	University College Dublin	43.5	
1973	Leevale		
1974	Leevale	42.7	
1975	Limerick	43.0	
1976	Dublin City Harriers	46.2	
1977	Marcab	43.0	
1978	Crusaders	42.9	
1979	Dublin City Harriers	42.3	
1980	Dublin City Harriers	43.05	
1981	Dublin City Harriers	43.3	
1982	Limerick	42.7	
1983	Dublin City Harriers	41.9	
1984	Dublin City Harriers	43.6	
1985	Clonliffe Harriers	42.9	
1986	Dublin City Harriers	43.3	
1987	Dublin City Harriers	41.7	
1988	Donore Harriers	43.3	
1989	Togher	42.6	
1990	Togher	43.0	
1991	Waterford City	43.42	
1992	City of Lisburn	41.9	
1993	Dublin City Harriers	42.10	
1994			
1995	Borrisokane	44.4	
1996	Ballymena & Antrim	41.4	
1997			
1998			
1999			
2000			
2001			
2002	Clonliffe Harriers	43.7	
2003	Clonliffe Harriers	44.0	
2004			
2005			
2006	Shercock	43.9	
2007	Leevale	43.2	
2008	As part of AAI Games		
2009			
2010	Tullamore Harriers	42.68	
2011			
2012	Raheny Shamrock	42.75	
2013	Meniapians	43.89	
2014	**Clonliffe Harriers**	**41.48**	**CR**
2015	Clonliffe Harriers	41.98	
2016	Emerald	43.13	
2017	Nenagh Olympic	42.94	
2018	Tallaght	41.83	
2019	Tallaght	43.34	

4x400m Inter Club Relay

1967	Crusaders	3.31.0 ***	
1968	University College Dublin	3.28.6	
1969	St. Finbarrs	3.28.2	
1970	Raheny Shamrock	3.24.8	
1971	Crusaders	3.22.3	
1972	Grange	3.20.4	
1973	Dublin City Harriers	3.21.1	
1974	Civil Service Harriers	3.24.4	
1975	Limerick	3.24.7	
1976	Dublin City Harriers	3.22.8	
1977	Raheny Shamrock	3.21.4	
1978	Raheny Shamrock	3.19.0	
1979	Dublin City Harriers	3.18.9	
1980	Dublin City Harriers	3.19.00	
1981	Dublin City Harriers	3.22.0	
1982	Dublin City Harriers	3.18.8	
1983	Dublin City Harriers	3.19.2	
1984	Dublin City Harriers	3.16.3	
1985	Waterford	3.18.4	
1986	Limerick	3.15.6	
1987	Dublin City Harriers	3.30.3	
1988			
1989	Raheny Shamrock	3.20.2	
1990	Not held		
1991	Dundrum South Dublin	3.24.68	
1992	City of Lisburn	3.18.0	
1993	Waterford	3.31.44	
1994	University College Dublin	3.17.4	
1995	University College Dublin	3.17.5	
1996	Ballymena & Antrim	3.15.0	
1997			
1998	Borrisokane	3.31.1	
1999			
2000			
2001			
2002	Dundrum South Dublin	3.25.28	
2003	Dublin City Harriers	3.32.02	
2004			
2005	Carrick-On-Shannon	3.43.61	
2006	Shercock	3.33.2	
2007	Togher	3.17.2	
2008			
2009			
2010			
2011			
2012	**Crusaders**	**3.10.59**	**CR**
2013	Ferrybank	3.11.65	
2014	North Down	3.18.70	
2015	Raheny Shamrock	3.18.28	
2016	Ferrybank	3.16.07	
2017	Crusaders	3.17.28	
2018	St. Abban's	3.17.01	
2019	Donore Harriers	3.18.92	

*** Medley Relay

4x800m Inter Club Relay

1973	Clonliffe Harriers	7.34.6	
1974	Civil Service Harriers	7.46.4	
1975	Civil Service Harriers	7.52.0	
1976	Limerick	7.57.2	
1977	Dublin City Harriers	7.49.6	
1978	Leevale	7.41.6	
1979	South Dublin	7.57.3	
1980	Civil Service Harriers	7.44.0	
1981	Donore Harriers	7.44.4	
1982	Dublin City Harriers	7.41.8	
1983	Limerick	7.39.5	
1984	Dublin City Harriers	7.46.0	
1985	Leevale	7.38.3	
1986	Limerick	7.36.3	
1987	Leevale	7.44.3	
1988			
1989			
1990	Raheny Shamrock	7.37.4	
1991			
1992	Treaty	7.40.0	
1993			
1994			
1995	University College Dublin	5.39.9	3 x 800m
1996	University College Dublin	5.35.9	
1997			
1998	Finn Valley	6.01.6	

Slinging 56lbs Weight Between Legs (Without Follow)

Most titles

Tadgh Twomey - 16 — **1962, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77**

John Menton - 13 — **1991, 93, 95, 96, 97, 98, 2001, 03, 04, 05, 06, 07, 08**

Championship Record

Nicky Sweeney — **9.23** — **1994**

1884	William JM Barry	Queen's College Cork	7.80	AAAI	
1887	James O'Brien	Clonmel	7.44	IAAA	
1888	James O'Brien	Clonmel	7.44	IAAA	
1891	William JM Barry	Queen's College Cork	7.85	IAAA	
1892	John G Stritch	Kilworth, Co. Cork	7.57	IAAA	
1893	Denis Horgan	Banteer	7.49	IAAA	(w/o Follow)
1895	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	8.10	IAAA	
1896	Denis Horgan	Banteer	7.47	IAAA	
1896	Denis Horgan	Banteer	7.34	GAA	
1897	Jeremiah Delaney	Riverstown, Co. Cork	7.82	IAAA	
1897	Jeremiah Delaney	Riverstown, Co. Cork	7.75	GAA	
1898	Jeremiah Delaney	Riverstown, Co. Cork	7.73	IAAA	
1898	Jeremiah Delaney	Riverstown, Co. Cork	8.13	GAA	
1899	Tom Phelan	Mullinahone, Co. Tipperary	7.67	GAA	
1900	John Mangan	Kilmuckridge, Co. Wexford	7.71	IAAA	
1900	Tom Phelan	Mullinahone, Co. Tipperary	8.01	GAA	
1901	JH O'Neill	Lurgan	7.21	IAAA	
1902	JH O'Neill	Lurgan	7.21	IAAA	
1902	Con Ryan	Pallasgreen, Co. Limerick	7.02	GAA	
1903	Tom Phelan	Mullinahone, Co. Tipperary	7.41	IAAA	
1906	John Garney	Unattached	7.67	IAAA	
1906	Con Walsh	Macroom, Co. Cork	8.18	GAA	
1909	Tom Ludgate	Mallow	7.97	GAA	
1910	Tom Ludgate	Mallow	7.97	GAA	
1911	Tom Ludgate	Mallow	8.08	GAA	
1912	Walter JM Newburn	City & Suburban Harriers	8.08	IAAA	
1912	Tom Ludgate	Mallow	7.95	GAA	
1913	M O'Brien	Bulgaden, Co. Limerick	8.16	GAA	
1914	Tom Ludgate	Mallow	8.26	GAA	
1915	John O'Grady	Caherconlish, Limerick	8.54	GAA	
1916	D McDonald	Tullogher, Co. Kilkenny	8.01	GAA	
1917	John O'Grady	Caherconlish, Limerick	7.67	GAA	
1918	John O'Grady	Caherconlish, Limerick	7.43	GAA	
1919	D McDonald	Tullogher, Co. Kilkenny	8.08	GAA	
1920	D McDonald	Tullogher, Co. Kilkenny	7.97	GAA	
1922	M Kennedy	Kilcommon	7.59	GAA	
1923	PJ Bermingham	Clonliffe Harriers	7.88	NACAI	
1924	John O'Grady	Caherconlish, Limerick	7.62	NACAI	
1925	PJ Bermingham	Dublin Metropolitan Garda	7.78	NACAI	
1926	PJ Bermingham	Dublin Metropolitan Garda	7.87	NACAI	
1927	PJ Bermingham	Dublin Metropolitan Garda	7.83	NACAI	
1928	Dr Patrick "Pat" O'Callaghan	Kanturk	7.94	NACAI	
1929	W Gore	Dublin Metropolitan Garda	7.87	NACAI	
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	7.83	NACAI	
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	8.16	NACAI	
1932	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	7.92	NACAI	
1933	M Costello	Portarlington Swift	7.65	NACAI	
1934	Edward "Ned" Tobin	Dublin Metropolitan Garda	7.85	NACAI	
1935	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.53	NACAI	
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.44	NACAI	
1937	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.56	NACAI	
1938	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.43	NACAI	
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.78	NACAI	
1940	Bert Healion	Dublin	7.67	AAUE	
1940	F O'Mahony	Irish Dunlop, Cork	8.43	NACAI	
1941	Bert Healion	Erris	8.35	AAUE	

1941	F O'Mahony	Irish Dunlop, Cork	8.22	NACAI
1942	F O'Mahony	Irish Dunlop, Cork	7.78	NACAI
1943	Bert Healion	Erris	8.02	AAUE
1943	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.71	NACAI
1944	Bert Healion	Erris	7.93	AAUE
1944	Edward "Ned" Tobin	Dublin Metropolitan Garda	8.74	NACAI
1945	Edward "Ned" Tobin	Oughterard, Co. Galway	8.42	NACAI
1946	Edward "Ned" Tobin	Cathair na dTreabh	8.67	NACAI
1947	S O'Gara	Celtic, Dublin	7.47	NACAI
1948	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.52	NACAI
1949	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.56	NACAI
1950	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.13	NACAI
1951	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.27	NACAI
1952	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.89	NACAI
1953	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.35	NACAI
1954	Michael C "Mick" Hehir	Ballinasloe, Co. Galway	8.38	NACAI
1955	Nicholas "Nixie" Comerford	Castlecomer	8.16	NACAI
1956	J Duggan	Ballyglass, Co. Galway	7.55	NACAI
1957	Michael "Mick" Kelly	Portarlington		NACAI
1958	Michael "Mick" Kelly	Portarlington	7.96	NACAI
1959	Michael "Mick" Kelly	Portarlington	8.15	NACAI
1960	Nicholas "Nixie" Comerford	Castlecomer	7.95	NACAI
1961	Michael "Mick" Kelly	Portarlington	7.87	NACAI
1962	Tadgh Twomey	Rising Sun, Cork	8.41	NACAI
1963	Tadgh Twomey	Knocknacurra, Co. Cork	8.79	NACAI
1964	Tadgh Twomey	Knocknacurra, Co. Cork	8.65	NACAI
1965	Tadgh Twomey	Knocknacurra, Co. Cork	8.81	NACAI
1966	Tadgh Twomey	Knocknacurra, Co. Cork	8.06	NACAI
1967	Tadgh Twomey	Knocknacurra, Co. Cork	8.74	BLE
1968	Tadhg Twomey	Bandon	8.07	BLE
1969	Tadhg Twomey	Bandon	8.55	BLE
1970	Tadhg Twomey	Bandon	8.38	BLE
1971	Tadhg Twomey	Bandon	7.96	BLE
1972	Tadhg Twomey	Bandon	8.70	BLE
1973	Tadhg Twomey	Bandon	8.48	BLE
1974	Tadhg Twomey	Bandon	8.66	BLE
1975	Tadhg Twomey	Bandon	8.91	BLE
1976	Tadhg Twomey	Bandon	8.45	BLE
1977	Tadhg Twomey	Bandon	8.83	BLE
1978	Tony Moran	Muckalee, Co. Kilkenny	8.28	BLE
1979	Len Braham	St Finbarr's Cork	8.68	BLE
1980	Tony Moran	Muckalee, Co. Kilkenny	8.56	BLE
1981	Gerry O'Connell	Marian	8.53	BLE
1982	Gerry O'Connell	Marian	8.98	BLE
1983	Gerry O'Connell	Marian	8.64	BLE
1984	Gerry O'Connell	Marian	8.69	BLE
1985	Gerry O'Connell	Marian	8.77	BLE
1986	Gerry O'Connell	Marian	8.88	BLE
1987	Gerry O'Connell	Marian	8.55	BLE
1988	J Dunlea	Killorglin, Co. Kerry	8.61	BLE
1989	Patrick Maher	Brow Rangers, Co. Kilkenny	8.14	BLE
1990	Patrick Maher	Brow Rangers, Co. Kilkenny	8.14	BLE
1991	John Menton	Donore Harriers	8.19	BLE
1992	Sean Egan	Donore Harriers	7.04	BLE
1993	John Menton	Donore Harriers	8.61	BLE
1994	**Nick Sweeney**	**Dundrum South Dublin**	**9.23**	**BLE**
1995	John Menton	Donore Harriers	8.33	BLE
1996	John Menton	Donore Harriers	8.73	BLE
1997	John Menton	Donore Harriers	8.95	BLE
1998	John Menton	Donore Harriers	9.16	BLE
1999	Nick Sweeney	Dundrum South Dublin	8.95	BLE
2000	Nick Sweeney	Dundrum South Dublin	8.28	AAI
2001	John Menton	Donore Harriers	8.36	AAI
2002	Seamus Fitzpatrick	North Laois	7.85	AAI
2003	John Menton	Donore Harriers	8.03	AAI
2004	John Menton	Donore Harriers	8.35	AAI
2005	John Menton	Donore Harriers	8.42	AAI
2006	John Menton	Donore Harriers	8.22	AAI
2007	John Menton	Donore Harriers	8.20	AAI
2008	John Menton	Donore Harriers	7.90	AAI
2009	Seamus Fitzpatrick	North Laois	7.69	AAI
2010	Tomas Rauktys	Clonliffe Harriers	7.89	AAI
2011	Tomas Rauktys	Clonliffe Harriers	8.40	AAI

2012	Tomas Rauktys	Clonliffe Harriers	8.73	AAI
2013	David Tierney	Leevale	7.77	AAI
2014	Barry Healy	Youghal	7.86	AAI
2015	Sean Breathnach	Galway City Harriers	7.90	AAI
2016	Sean Breathnach	Galway City Harriers	7.87	AAI
2017	David Tierney	Leevale	8.44	AAI
2018	Sean Breathnach	Galway City Harriers	8.25	AAI
2019	Sean Breathnach	Galway City Harriers	8.27	AAI

56 Lbs Weight Over Bar

Most titles

Tadgh Twomey - 18 — **1960, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72 73, 74, 75, 76, 77, 78, 80**

Championship Record

Gerry O'Connell — **4.93 1986**

1895	J Mangan		3.81	GAA
1896	Denis Horgan	Banteer	3.86	GAA
1899	Denis Horgan	Banteer	3.47	IAAA
1902	W Griffin	Dublin Metropolitan Police	3.81	GAA
1906	Con Walsh	Macroom	4.47	GAA
1908	William F Bennett	Ballinhassig, Co. Cork	4.01	GAA
1916	Maurice Reidy	Tralee	3.99	GAA
1922	M Deasy	Dublin	4.19	GAA
1923	PJ Bermingham	Clonliffe Harriers	4.19	NACAI
1924	John O'Grady	Limerick	4.42	NACAI
1925	PJ Bermingham	Dublin Metropolitan Garda	4.42	NACAI
1926	PJ Bermingham	Dublin Metropolitan Garda	3.96	NACAI
1927	Dr Patrick "Pat" O'Callaghan	Croke	4.34	NACAI
1928	John O'Grady	Limerick	4.42	NACAI
1929	PJ Bermingham	Dublin Metropolitan Garda	4.19	NACAI
1930	Dr Patrick "Pat" O'Callaghan	Duhallow, Co. Cork	4.27	NACAI
1931	Dr Patrick "Pat" O'Callaghan	Clonmel	4.27	NACAI
1932	John O'Grady	Limerick	4.34	NACAI
1933	John O'Grady	Limerick	4.27	NACAI
1934	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.57	NACAI
1935	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.61	NACAI
1936	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.75	NACAI
1937	Edward "Ned" Tobin (tied)	Dublin Metropolitan Garda	4.27	NACAI
1937	F O'Mahony (tied)	Irish Dunlop, Cork	4.27	NACAI
1938	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.57	NACAI
1939	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.57	NACAI
1940	Edward "Ned" Tobin	Dublin Metropolitan Garda	4.42	NACAI
1941	F O'Mahony	Irish Dunlop, Cork	4.11	NACAI
1942	F O'Mahony	Irish Dunlop, Cork	3.96	NACAI
1943	Edward "Ned" Tobin	Galway	4.11	NACAI
1944	Edward "Ned" Tobin	Oughterard	4.60	NACAI
1945	Edward "Ned" Tobin	Oughterard	4.30	NACAI
1946	F O'Mahony	Irish Dunlop, Cork	4.43	NACAI
1947	M Esmonde	D.H.P., Wexford	3.81	NACAI
1948	M Esmonde	D.H.P., Wexford	3.73	NACAI
1949	W Byrne	Ballinasloe	4.19	NACAI
1950	Michael C "Mick" Hehir	Ballinasloe	3.96	NACAI
1951	Edward "Ned" Tobin	Garristown	4.34	NACAI
1952	Michael C "Mick" Hehir	Ballinasloe	4.27	NACAI
1953	Not held		—	NACAI
1954	Michael C "Mick" Hehir	Ballinasloe	4.49	NACAI
1955	Michael C "Mick" Hehir	Ballinasloe	4.42	NACAI
1956	P Ruddle	Croom, Co. Limerick	4.04	NACAI
1957	Michael "Mick" Kelly	Portarlington	4.42	NACAI
1958	Michael "Mick" Kelly	Portarlington	4.27	NACAI
1959	Michael "Mick" Kelly	Portarlington	4.34	NACAI
1960	Tadgh Twomey	Rising Sun	4.27	NACAI
1961	Michael "Mick" Kelly	Portarlington	4.27	NACAI
1962	Michael C "Mick" Hehir	Ballinasloe	4.11	NACAI
1963	Tadgh Twomey	Knocknacurra, Co. Cork	4.57	NACAI
1964	Tadgh Twomey	Knocknacurra, Co. Cork	4.72	NACAI
1965	Tadgh Twomey	Knocknacurra, Co. Cork	4.57	NACAI
1966	Tadgh Twomey	Knocknacurra, Co. Cork	4.42	NACAI
1967	Tadgh Twomey	Knocknacurra, Co. Cork	4.42	BLE
1968	Tadhg Twomey	Bandon	4.42	BLE
1969	Tadhg Twomey	Bandon	4.57	BLE
1970	Tadhg Twomey	Bandon	4.75	BLE
1971	Tadhg Twomey	Bandon	4.19	BLE
1972	Tadhg Twomey	Bandon	4.57	BLE
1973	Tadhg Twomey	Bandon	4.62	BLE

1974	Tadhg Twomey	Bandon	4.65	BLE
1975	Tadhg Twomey	Bandon	4.83	BLE
1976	Tadhg Twomey	Bandon	4.57	BLE
1977	Tadhg Twomey	Bandon	4.65	BLE
1978	Tadhg Twomey	Bandon	4.57	BLE
1979	Tony Moran	Muckalee, Co. Kilkenny	4.72	BLE
1980	Tadhg Twomey	Bandon	4.50	BLE
1981	Gerry O'Connell	Marian	4.65	BLE
1982	Not held?		—	BLE
1983	Gerry O'Connell	Marian	4.63	BLE
1984	Gerry O'Connell	Marian	4.85	BLE
1985	Gerry O'Connell	Marian	4.52	BLE
1986	**Gerry O'Connell**	**Marian**	**4.93**	BLE
1987	Patrick Maher	Brow Rangers, Co. Kilkenny	4.72	BLE
1988	Patrick Maher	Brow Rangers, Co. Kilkenny	4.62	BLE
1989	Patrick Maher	Brow Rangers, Co. Kilkenny	4.57	BLE
1990	Patrick Maher	Brow Rangers, Co. Kilkenny	4.20	BLE
1991	Patrick Maher	Brow Rangers, Co. Kilkenny	4.50	BLE
1992	Patrick Maher	Brow Rangers, Co. Kilkenny	4.35	BLE
1993	Paul Quirke	Crusaders	4.40	BLE
1994	Patrick Maher	Brow Rangers, Co. Kilkenny	4.61	BLE
1995	Patrick Maher	Brow Rangers, Co. Kilkenny	4.50	BLE
1996	Seamus Fitzpatrick	North Laois	4.70	BLE
1997	Nick Sweeney	Dundrum South Dublin	4.40	BLE
1998	Paul Quirke	Crusaders	4.40	BLE
1999	Seamus Fitzpatrick	North Laois	4.80	BLE
2000	Seamus Fitzpatrick	North Laois	4.20	AAI
2001	Seamus Fitzpatrick	North Laois	4.20	AAI
2002	Seamus Fitzpatrick	North Laois	4.30	AAI
2003	Seamus Fitzpatrick	North Laois	4.00	AAI
2004	Seamus Fitzpatrick	North Laois	4.40	AAI
2005	Seamus Fitzpatrick	North Laois	3.90	AAI
2006	Seamus Fitzpatrick	North Laois	4.20	AAI
2007	Seamus Fitzpatrick	North Laois	4.40	AAI
2008	Seamus Fitzpatrick	North Laois	4.40	AAI
2009	Seamus Fitzpatrick	North Laois	4.10	AAI
2010	Seamus Fitzpatrick	North Laois	4.10	AAI
2011	Seamus Fitzpatrick	North Laois	4.40	AAI
2012	David Tierney	Leevale	4.50	AAI
2013	David Tierney	Leevale	4.40	AAI
2014	Barry Healy	Youghal	4.30	AAI
2015	Peter Ryan	Nenagh Olympic	4.10	AAI
2016	Sean Breathnach	Galway City Harriers	4.40	AAI
2017	David Tierney	Leevale	4.50	AAI
2018	Sean Breathnach	Galway City Harriers	3.90	AAI
2019	Sean Breathnach	Galway City Harriers	4.40	AAI

Slinging 56 lb Weight (Technique Not Specified in results or from circle)

1873	Matthew M Stritch	Royal Irish Constabulary	8.46	Irish Champions AC	
1874	Charles Wadsworth	Queen's College Belfast	8.89	Irish Champions AC	
1877	Maurice Davin	Suir Rowing Club	8.63	Irish Champions AC	
1885	William J M Barry	Queen's College Cork	8.28	IAAA	
1889	James O'Brien	Clonmel	7.62	IAAA	
1890	James O'Brien	Clonmel	7.52	IAAA	
1892	James O'Mahoney	Mitchellstown	9.88	GAA	
1894	Larry Roche	Bruree	7.41	IAAA	
1911	John J. Flanagan	Kilmallock	11.17	IAAA	(9' circle)

Slinging 56 lb Weight (Unlimited Run and Follow)

Most titles
Thomas Francis "Tom" Kiely - 10 — **1894, 96, 97, 98, 99, 1901, 02, 03, 05, 07**

Championship Record
Thomas Francis "Tom" Kiely - 12 — **11.86** — **1898**

1885	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	8.96		GAA
1886	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	10.39		GAA
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	9.66		GAA
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	10.39		GAA
1889	James O'Mahony	Mitchelstown	9.27		GAA
1890	Dr James Carroll Daly	Borrisokane	10.62		GAA
1891	James O'Mahony	Mitchelstown	10.23		GAA
1893	James O'Mahony	Mitchelstown	10.21		GAA
1894	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.22		GAA
1895	John Mangan	Kilmuckridge, Co. Wexford	10.42		GAA
1896	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.81		GAA
1897	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.15		GAA
1898	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.86		GAA
1899	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.38		GAA
1900	Not held		—		
1901	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.95		GAA
1902	Thomas Francis "Tom" Kiely	Carrick-On-Suir	11.15		GAA
1903	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.22		GAA
1904	Tom Phelan	Mullinahone, Co. Tipperary	10.45		GAA
1905	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.29		GAA
1906	Con Walsh	Macroom, Co. Cork	10.18	16"	GAA
1907	Thomas Francis "Tom" Kiely	Carrick-On-Suir	10.50	16"	GAA
1908					
1909	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	10.72	16"	GAA

16" = 16-inch diameter weight used

Slinging 56 lb Weight Between Legs (With Follow, No run)

Most titles
Tom Ludgate Mallow - 3 **1905, 08, 14**

Championship Record
John Mangan Kilmuckridge, Co. Wexford **9.51** **1899**

1886	Dr James Carroll Daly	Borrisokane	8.13	IAAA
1893	John Stritch	Fermoy	8.04	IAAA
1894	M O'Regan	Shanballymore, Co. Cork	8.05	GAA
1896	J Walsh	Portnascully	8.61	GAA
1897	Denis Horgan	Banteer	8.43	GAA
1898	Dan Ryan	Dublin Metropolitan Police	8.01	GAA
1899	John Mangan	Kilmuckridge, Co. Wexford	9.51	GAA
1904	Tom Phelan	Mullinahone, Co. Tipperary	8.81	GAA
1905	Tom Ludgate	Mallow	8.71	GAA
1907	John Murray	Co. Dublin Harriers	8.76	IAAA
1907	Tom Phelan	Mullinahone, Co. Tipperary	9.01	GAA
1908	Tom Ludgate	Mallow	8.86	GAA
1913	Michael "Mick" O'Brien	Kilmallock	8.68	GAA
1914	Tom Ludgate	Mallow	8.49	GAA
1915	D McDonald	New Ross	8.73	GAA

Pushing 56Lbs Weight

1888	W Real	Limerick	7.25	GAA
1895	L Roche		6.36	GAA
1896	MF O'Flaherty		6.49	GAA
1897	D Ryan		6.49	GAA
1898	D Ryan		6.70	GAA
1901	M O'Connor		6.45	GAA
1914	J O'Grady	Cahirconlish	6.55	GAA
1917	J O'Grady	Cahirconlish	7.31	GAA

42Lbs Weight from Shoulder

1873	Matthew M. Stritch	Royal Irish Constabulary	7.41	Irish Champions AC
1874	Ned O'Grady	Limerick	8.01	Irish Champions AC
1875	Ned O'Grady	Limerick	7.95	Irish Champions AC
1876				
1877	Patrick C. Hickey	Queens College Cork	7.57	Irish Champions AC
1882	Owen Harte	Royal Irish Constabulary	7.41	IAAA
1883	Owen Harte	Royal Irish Constabulary	7.73	IAAA
1884	William Real	New Pallas	8.43	IAAA
1885	Dr James Carroll Daly	Borrisokane	8.24	IAAA
1886	Dr James Carroll Daly	Borrisokane	8.27	IAAA
1887	Dr James Carroll Daly	Borrisokane	8.10	IAAA
1888	J O'Brien		7.72	IAAA

Putting 28Lbs

1885	T Ryan		10.23	GAA
1886	T Ryan		10.33	GAA
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	9.43	GAA
1888	William Real	New Pallas	10.18	GAA
1889	William Real	New Pallas	10.69	GAA
1890	Dr James Carroll Daly	Borrisokane	9.50	GAA
1891	J O'Mahoney		9.75	GAA
1892	Thomas Francis "Tom" Kiely Ballyneale, Co. Tipperary		9.71	GAA
1893	Thomas Francis "Tom" Kiely Ballyneale, Co. Tipperary		9.83	GAA
1894				GAA
1895	John J Flanagan	Kilmallock	10.01	GAA
1896	James R Hayes	Galbally, Co. Limerick	9.88	GAA
1897				GAA
1898	Denis Horgan	Banteer	10.76	GAA
1899	C Ryan	Emly	10.31	GAA
1900	M O'Connor		10.18	GAA
1901	C Ryan	Emly	10.58	GAA
1902				GAA
1903				GAA
1904	Denis Horgan	Banteer	10.59	GAA
1905	Denis Horgan	Banteer	10.49	GAA
1906	C Ryan	Emly	10.23	GAA
1907	M Heelan	Limerick	10.44	GAA
1908	C Ryan	Emly	10.21	GAA
1909	Patrick "Paddy" Ryan	Pallasgreen, Co. Limerick	10.39	GAA
1910	M Heelan	Limerick	10.06	GAA
1911	P Keane	Dublin	9.57	GAA
1912	M O'Brien	Balgaden	10.69	GAA
1913	J O'Grady	Cahirconlish	10.69	GAA
1914	J O'Grady	Cahirconlish	10.82	GAA
1915	J O'Grady	Cahirconlish	10.92	GAA
1916	J O'Grady	Cahirconlish	11.52	GAA
1917	J O'Grady	Cahirconlish	11.12	GAA
1918	J O'Grady	Cahirconlish	11.38	GAA
1919	Patrick Ryan	US Army	10.97	IAAA
1919-1921 Not held				GAA
1922	M Kennedy	Kilcommon	10.67	GAA

Discontinued

Throwing 14Lbs Weight

1885	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	16.11
1886	T Ryan		15.82
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	18.13
1889	W Real	Limerick	15.26
1895	J Ryan		14.77
1896	Denis Horgan	Banteer	17.26
1898	Denis Horgan	Banteer	18.03

Throwing 7Lbs Weight

1886	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	25.88
1887	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	25.60
1888	James Sarsfield "Jim" Mitchell	Emly, Co. Tipperary	27.48
1889	W Real	Limerick	25.50
1890	Dr James Carroll Daly	Borrisokane	25.67
1891			
1892	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	25.72
1893	Thomas Francis "Tom" Kiely	Ballyneale, Co. Tipperary	25.86
1894			
1895	John Mangan	Kilmuckridge, Co. Wexford	21.84
1896	Denis Horgan	Banteer	24.70
1897			
1898	Denis Horgan	Banteer	25.60

Roll of Honour

Irish Athletics Champions

1929-2020

Women

100 Yards / 100 m

Most titles

Michele Walsh-Carroll - 15 — **1977, 78, 79, 80, 82, 83, 84, 85, 87, 88, 89, 91, 92, 93, 95**

Championship Record

100y	**Maura Barrett**	**12.0**	**1929**	
	Joan Baird	**12.0**	**1933**	
100m	**Ciara Neville**	**11.33**	**2019**	

1929	Maura Barrett	Civil Service	12.0	y	NACAI
1930	Maura Barrett	Civil Service	12.2	y	NACAI
1931	Joan Baird	Harp	12.4	y	NACAI
1932	Maura Barrett	Civil Service	12.4	y	NACAI
1933	Joan Baird	Harp	12.0	y	NACAI
1934	*NACAI Ban on Mixed Gender Championships*				
1949	Joan O'Reilly	Crusaders	11.8		AAUE
1949	Joan O'Reilly	Crusaders	12.0		IAAB
1966	Jacqui Spence	Crusaders	11.5	y	AAUE
1967	Jacqui Spence	Crusaders	11.4	y	BLE
1968	Claire Walsh	Calry, Co Sligo	11.7	y	BLE
1969	Claire Walsh	Clonliffe Harriers	12.5		BLE
1970	Aideen Morrison	Crusaders	12.5		BLE
1971	Claire Walsh	Clonliffe Harriers	12.2		BLE
1972	Mary Doyle	St Finbarr's Cork	12.3		BLE
1973	Claire Walsh	Clonliffe Harriers	12.2		BLE
1974	Ruth Algar	Crusaders	12.1		BLE
1975	Ann Jeffords	Leevale	12.2		BLE
1976	Ann Jeffords	Leevale	12.0		BLE
1977	Michele Walsh	Glen Abbey	12.11		BLE
1978	Michele Walsh	Ballyfermot	11.52		BLE
1979	Michele Walsh	Glen Abbey	11.67		BLE
1980	Michele Walsh	Glen Abbey	11.85		BLE
1981	Patricia Amond	St Laurence O'Toole, Carlow	11.96		BLE
1982	Michele Walsh	Crusaders	12.42		BLE
1983	Michele Walsh	Crusaders	12.32		BLE
1984	Michele Walsh	Crusaders	11.98		BLE
1985	Michele Walsh	Crusaders	11.80		BLE
1986	Mary Amond	St Laurence O'Toole, Carlow	12.23		BLE
1987	Michele Carroll (Walsh)	Crusaders	12.33		BLE
1988	Michele Carroll (Walsh)	Crusaders	11.86	w	BLE
1989	Michele Carroll (Walsh)	Crusaders	12.24		BLE
1990	Marisa Smith	Boyne	12.11		BLE
1991	Michele Carroll (Walsh)	Crusaders	11.79		BLE
1992	Michele Carroll (Walsh)	Crusaders	11.54	w	BLE
1993	Michele Carroll (Walsh)	Crusaders	11.74	w	BLE
1994	Terri Horgan	Dublin City Harriers	12.18		BLE
1995	Michele Carroll (Walsh)	Crusaders	11.83		BLE
1996	Lena Barry	Limerick	12.35		BLE
1997	Aoife Hearne	Waterford	11.88		BLE
1998	Lena Barry	Emerald	11.83		BLE
1999	Emily Maher	Kilkenny City Harriers	11.75	+1.9	BLE
2000	Sarah Reilly	Birchfield Harriers	11.64	–0.2	AAI
2001	Sarah Reilly	Birchfield Harriers	11.90	–1.2	AAI
2002	Ciara Sheehy	Dublin City Harriers	11.57	–0.4	AAI

2003	Ciara Sheehy	Dublin City Harriers	11.54	+1.7	AAI
2004	Ciara Sheehy	Dublin City Harriers	11.59	+1.0	AAI
2005	Anna Boyle	Ballymena & Antrim	11.53	+2.0	AAI
2006	Anna Boyle	Ballymena & Antrim	11.77	–0.5	AAI
2007	Emily Maher	Kilkenny City Harriers	11.83	–0.3	AAI
2008	Amy Foster	North Down	11.54	+2.7	AAI
2009	Ailis McSweeney	Leevale	12.20	–3.0	AAI
2010	Ailis McSweeney	Leevale	11.70	–1.6	AAI
2011	Amy Foster	City of Lisburn	11.69	+1.2	AAI
2012	Amy Foster	City of Lisburn	11.60	+0.7	AAI
2013	Kelly Proper	Ferrybank	11.78	*-1.7*	AAI
2014	Amy Foster (tied)	City of Lisburn	11.49	*0.5*	AAI
2014	Phil Healy (tied)	Bandon	11.49	*0.5*	AAI
2015	Kelly Proper	Ferrybank	11.75	*-2.8*	AAI
2016	Amy Foster	City of Lisburn	11.83	*-2.1*	AAI
2017	Amy Foster	City of Lisburn	11.43	+1.7	AAI
2018	Gina Akpe-Moses	Blackrock, Louth	11.86	*-1.5*	AAI
2019	**Ciara Neville**	**Emerald**	**11.33**	***1.0***	**AAI**

220 Yards / 200 m

Most titles

Michele Walsh-Carroll - 12 **1977, 78, 79, 80, 83, 85, 87, 89, 91, 92, 93, 95**

Championship Record

220y	**Claire Walsh**		**26.2**	**1968**	
	Ciara Sheehy		**23.02**	**2002**	
1949	Joan O'Reilly	Crusaders	27.2	*y*	AAUE
1949	Joan O'Reilly	Crusaders	26.0	*y*	IAAB
1966	Jacqui Spence	Crusaders	26.4	*y*	AAUE
1967	Jacqui Spence	Crusaders	27.6	*y*	BLE
1968	Claire Walsh	Calry, Co. Sligo	26.2	*y*	BLE
1969	Claire Walsh	Clonliffe Harriers	25.4		BLE
1970	Claire Walsh	Clonliffe Harriers	24.3		BLE
1971	Claire Walsh	Clonliffe Harriers	24.6		BLE
1972	Claire Walsh	Clonliffe Harriers	24.5		BLE
1973	Claire Walsh	Clonliffe Harriers	24.3		BLE
1974	Aideen Morrison	Crusaders	25.8		BLE
1975	Ruth Algar	Crusaders	24.8		BLE
1976	Ann Jeffords	Leevale	25.4		BLE
1977	Michele Walsh	Glen Abbey	24.38		BLE
1978	Michele Walsh	Ballyfermot	23.97		BLE
1979	Michele Walsh	Glen Abbey	23.52		BLE
1980	Michele Walsh	Glen Abbey	23.67		BLE
1981	Patricia Amond	St Laurence O'Toole, Carlow	23.6		BLE
1982	Pauline Mullins	Dublin City Harriers	24.2		BLE
1983	Michele Walsh	Crusaders	24.16		BLE
1984	Patricia Amond	St Laurence O'Toole, Carlow	23.88		BLE
1985	Michele Walsh	Crusaders	23.68		BLE
1986	Patricia Amond	St Laurence O'Toole, Carlow	24.01		BLE
1987	Michele Carroll (Walsh)	Crusaders	24.02		BLE
1988	Patricia Amond	Dublin City Harriers	23.47	w	BLE
1989	Michele Carroll (Walsh)	Crusaders	24.88		BLE
1990	Marisa Smith	Boyne	24.29		BLE
1991	Michele Carroll (Walsh)	Crusaders	24.28		BLE
1992	Michele Carroll (Walsh)	Crusaders	23.89		BLE
1993	Michele Carroll (Walsh)	Crusaders	24.25		BLE
1994	Marisa Smith	Clonliffe Harriers	24.36		BLE
1995	Michele Carroll (Walsh)	Crusaders	24.46		BLE
1996	Jacqui Stokes	Ferrybank	24.46		BLE
1997	Ciara Sheehy	West Dublin	24.31		BLE
1998	Ciara Sheehy	West Dublin	24.31		BLE
1999	Ciara Sheehy	West Dublin	24.40	–1.0	BLE
2000	Sarah Reilly	Birchfield Harriers, Birmingham	23.55	–0.2	AAI
2001	Sarah Reilly	Birchfield Harriers, Birmingham	23.78	–3.3	AAI
2002	**Ciara Sheehy**	Dublin City Harriers	**23.02**	nr	AAI
2003	Ciara Sheehy	Dublin City Harriers	23.58	+0.5	AAI
2004	Ciara Sheehy	Dublin City Harriers	24.04	–4.6	AAI
2005	Emily Maher	Kilkenny City Harriers	23.39	–0.4	AAI
2006	Joanne Cuddihy	University College Dublin	23.33	–1.0	AAI
2007	Joanne Cuddihy	University College Dublin	23.63	–0.7	AAI
2008	Kelly Proper	Ferrybank	23.69	+2.7	AAI
2009	Kelly Proper	Ferrybank	24.34	–1.7	AAI
2010	Niamh Whelan	Ferrybank	23.68	–1.7	AAI
2011	Amy Foster	City of Lisburn	23.74	+0.6	AAI
2012	Joanne Cuddihy	Kilkenny City Harriers	23.15	+2.5	AAI
2013	Kelly Proper	Ferrybank	23.60	*-1.8*	AAI
2014	Kelly Proper	Ferrybank	23.23	*-1.6*	AAI
2015	Kelly Proper	Ferrybank	23.81	*-1.0*	AAI
2016	Niamh Whelan	Ferrybank	23.94	*0.5*	AAI
2017	Phil Healy	Bandon	23.56	*0.9*	AAI
2018	Phil Healy	Bandon	23.64	*-1.2*	AAI
2019	Phil Healy	Bandon	23.33	*0.6*	AAI

440 Yards / 400 m

Most titles

Karen Shinkins - 9 **1997, 98, 99, 2000, 01, 02, 03, 04, 05**

Championship Record

440y	**Maeve Kyle**	**56.0**	**1966**	
	Joanne Cuddihy	**51.28**	**2006**	

1966	Maeve Kyle	Ballymena	56.0	*y*	AAUE
1967	Collette Cotter	Leeside	67.5	*y*	BLE
1968	Ann O'Brien	Clonliffe Harriers	59.4	*y*	BLE
1969	Claire Walsh	Clonliffe Harriers	56.5		BLE
1970	Claire Walsh	Clonliffe Harriers	55.4		BLE
1971	Claire Walsh	Clonliffe Harriers	54.4		BLE
1972	Claire Walsh	Clonliffe Harriers	55.4		BLE
1973	Aideen Morrison	Crusaders	55.0		BLE
1974	Aideen Morrison	Crusaders	56.7		BLE
1975	Padraigin O'Dwyer	Clonliffe Harriers	56.5		BLE
1976	Caroline O'Shea	Crusaders	56.6		BLE
1977	Mary Fleming	Midleton	56.23		BLE
1978	Mary Appleby	Crusaders	55.65		BLE
1979	Caroline O'Shea	Crusaders	54.43		BLE
1980	Linda McCurry	Shorts, Belfast	55.65		BLE
1981	Caroline O'Shea	Crusaders	55.95		BLE
1982	Caroline O'Shea	Crusaders	55.92		BLE
1983	Caroline O'Shea	Crusaders	53.92		BLE
1984	Caroline O'Shea	Crusaders	54.41		BLE
1985	Patricia Amond	St Laurence O'Toole's	54.29		BLE
1986	Patricia Walsh	Puma, Dublin	53.72		BLE
1987	Michele Carroll (Walsh)	Crusaders	53.75		BLE
1988	Patricia Walsh	Puma, Dublin	54.39		BLE
1989	Michele Carroll (Walsh)	Crusaders	54.39		BLE
1990	Bernie Kavanagh	Lucan Harriers	55.16		BLE
1991	Emma Nicholson	Dublin City Harriers	54.93		BLE
1992	Michele Carroll (Walsh)	Crusaders	54.51		BLE
1993	Stephanie McCann	Lisburn	55.68		BLE
1994	Stephanie McCann	Lisburn	54.81		BLE
1995	Michele Carroll (Walsh)	Crusaders	54.18		BLE
1996	Emma Nicholson	Dublin City Harriers	54.79		BLE
1997	Karen Shinkins	Dublin City Harriers	56.20		BLE
1998	Karen Shinkins	Dublin City Harriers	53.09		BLE
1999	Karen Shinkins	Dublin City Harriers	53.40		BLE
2000	Karen Shinkins	Dublin City Harriers	52.54		AAI
2001	Karen Shinkins	Dublin City Harriers	52.17		AAI
2002	Karen Shinkins	Dublin City Harriers	52.34		AAI
2003	Karen Shinkins	Dublin City Harriers	52.58		AAI
2004	Karen Shinkins	Dublin City Harriers	53.02		AAI
2005	Karen Shinkins	Dublin City Harriers	52.49		AAI
2006	**Joanne Cuddihy**	University College Dublin	**51.28**		AAI
2007	Joanne Cuddihy	University College Dublin	51.86		AAI
2008	Marian Andrews-Heffernan	Togher	53.97		AAI
2009	Marian Andrews-Heffernan	Togher	55.02		AAI
2010	Joanne Cuddihy	Kilkenny City Harriers	52.76		AAI
2011	Joanne Cuddihy	Kilkenny City Harriers	52.15		AAI
2012	Joanne Cuddihy	Kilkenny City Harriers	51.89		AAI
2013	Jennifer Carey	Dundrum South Dublin	53.46		AAI
2014	Mandy Gault	Lagan Valley	54.24		AAI
2015	Sinead Denny	Dundrum South Dublin	53.98		AAI
2016	Sinead Denny	Dundrum South Dublin	53.64		AAI
2017	Cliodhna Manning	Kilkenny City Harriers	53.25		AAI
2018	Claire Mooney	University College Dublin	53.85		AAI
2019	Sharlene Mawdsley	Newport	53.38		AAI

880 Yards / 800 m

Most titles

Aisling Molloy - 6 **1986, 87, 88, 91, 94, 95,**

Championship Record

Aisling Molloy **2.02.08 1991**

1966	Hazel Tennyson	Crusaders	2.17.2	*y*	AAUE
1967	Ann O'Brien	Clonliffe Harriers	2.29.7	*y*	BLE
1968	Ann O'Brien	Clonliffe Harriers	2.12.7	*y*	BLE
1969	Ann O'Brien	Clonliffe Harriers	2.12.5		BLE
1970	Claire Walsh	Clonliffe Harriers	2.10.6		BLE
1971	Elaine Kelly	St Finbarr's Cork	2.14.7		BLE
1972	Joan Fleming	St Finbarr's Cork	2.11.8		BLE
1973	Mary Tracey	Guinness	2.08.0		BLE
1974	Padraigin O'Dwyer	Clonliffe Harriers	2.12.8		BLE
1975	Padraigin O'Dwyer	Clonliffe Harriers	2.07.9		BLE
1976	Mary Appleby	Guinness	2.10.8		BLE
1977	Elaine Kelly	St Finbarr's Cork	2.06.07		BLE
1978	Patricia Quinn-Griffin	Ballinamore	2.11.1	a	BLE
1979	Deirdre Nagle (Foreman)	Dublin City Harriers	2.07.2	a	BLE
1980	Mary Appleby	Crusaders	2.06.9	a	BLE
1981	Eithne Kenny	Dublin City Harriers	2.13.75		BLE
1982	Aideen Morrison	Crusaders	2.06.77		BLE
1983	Aideen Morrison	Crusaders	2.06.58		BLE
1984	Mary McKenna	Dublin City Harriers	2.06.01		BLE
1985	Mary McKenna	Dublin City Harriers	2.05.39		BLE
1986	Aisling Molloy	Lough Ree, Co. Longford	2.05.99		BLE
1987	Aisling Molloy	Unattached	2.05.84		BLE
1988	Aisling Molloy	Unattached	2.05.48		BLE
1989	Ursula McKee	Lisburn	2.09.02		BLE
1990	Bernie Kavanagh	Lucan Harriers	2.07.59		BLE
1991	**Aisling Molloy**	**Dundrum South Dublin**	**2.02.08**		BLE
1992	Sonia O'Sullivan	Ballymore Cobh	2.05.63		BLE
1993	Geraldine Nolan	Kilkenny City Harriers	2.08.12		BLE
1994	Aisling Molloy	Dundrum South Dublin	2.04.50		BLE
1995	Aisling Molloy	Dundrum South Dublin	2.03.51		BLE
1996	Freda Davoren	University College Cork	2.05.65		BLE
1997	Amanda Crowe	Lisburn	2.07.46		BLE
1998	Sinead Delahunty	Kilkenny City Harriers	2.05.19		BLE
1999	Maura Prendiville	University College Cork	2.05.69		BLE
2000	Sonia O'Sullivan	Ballymore Cobh	2.04.71		AAI
2001	Aoife Byrne	Dundrum South Dublin	2.03.71		AAI
2002	Sonia O'Sullivan	Ballymore Cobh	2.04.91		AAI
2003	Kelly McNeice	Lisburn	2.13.22		AAI
2004	Aoife Byrne	Dundrum South Dublin	2.06.40		AAI
2005	Aoife Byrne	Dundrum South Dublin	2.06.14		AAI
2006	Roisin McGettigan	Slí Cualann	2.08.10		AAI
2007	Orla Drumm	University College Cork	2.06.15		AAI
2008	Ciara Everard	Kilkenny City Harriers	2.13.25		AAI
2009	Roseanne Galligan	Newbridge	2.04.66		AAI
2010	Roseanne Galligan	Newbridge	2.03.35		AAI
2011	Siobhan Eviston	Raheny Shamrock	2.06.69		AAI
2012	Siobhan Eviston	Raheny Shamrock	2.06.04		AAI
2013	Aislinn Crossey	Newry	2.07.49		AAI
2014	Katie Kirk	Queens University Belfast	2.09.01		AAI
2015	Ciara Mageean	University College Dublin	2.02.98		AAI
2016	Siofra Cleirigh Buttner	Dundrum South Dublin	2.04.72		AAI
2017	Ciara Mageean	University College Dublin	2.04.06		AAI
2018	Ciara Mageean	University College Dublin	2.07.93		AAI
2019	Ciara Mageean	University College Dublin	2.07.30		AAI

1500 m / 1 Mile

Most titles

Mary Purcell (Treacy) - 7 — **1972, 73, 74, 75, 76, 78, 80**

Ann O'Brien - 6 — **1966, 67, 68, 69, 70, 71**

Championship Record

1m	**Ann O'Brien**	**5.04.2**	**1966**	
	Sonia O'Sullivan	**4.07.09**	**1995**	

1966	Ann O'Brien	Clonliffe Harriers	5.04.2	1m	AAUE
1967	Ann O'Brien	Clonliffe Harriers	5.32.0	1m	BLE
1968	Ann O'Brien	Clonliffe Harriers	5.04.7	1m	BLE
1969	Ann O'Brien	Clonliffe Harriers	4.32.2		BLE
1970	Ann O'Brien	Clonliffe Harriers	4.38.6		BLE
1971	Ann O'Brien	Clonliffe Harriers	4.29.8		BLE
1972	Mary Tracey	Guinness	4.20.5		BLE
1973	Mary Tracey	Guinness	4.25.5		BLE
1974	Mary Purcell (Tracey)	Guinness	4.27.0		BLE
1975	Mary Purcell (Tracey)	Guinness	4.19.9		BLE
1976	Mary Purcell (Tracey)	Guinness	4.22.3		BLE
1977	Jean Appleby	Clonliffe Harriers	4.22.7		BLE
1978	Mary Purcell (Tracey)	Guinness	4.14.3	a	BLE
1979	Vera Duffy (Sherry)	Glaslough Harriers	4.24.2	a	BLE
1980	Mary Purcell (Tracey)	Guinness	4.14.4	a	BLE
1981	Deirdre Nagle (Foreman)	Dublin City Harriers	4.23.5		BLE
1982	Monica Joyce	Westport	4.10.48		BLE
1983	Monica Joyce	Westport	4.18.9		BLE
1984	Roisin Smyth	Sparta	4.20.30		BLE
1985	Roisin Smyth	Sparta	4.16.37		BLE
1986	Roisin Smyth	Sparta	4.19.52		BLE
1987	Sonia O'Sullivan	Ballymore Cobh	4.23.13		BLE
1988	Monica Joyce	Westport	4.20.43		BLE
1989	Valerie Collins	Togher	4.24.20		BLE
1990	Sonia O'Sullivan	Ballymore Cobh	4.09.44		BLE
1991	Una English	Dublin City Harriers	4.22.69		BLE
1992	Valerie Vaughan	Blarney Inniscarra	4.28.71		BLE
1993	Anita Philpott	North Cork	4.24.36		BLE
1994	Sinead Delahunty	Kilkenny City Harriers	4.14.63		BLE
1995	**Sonia O'Sullivan**	**Ballymore Cobh**	**4.07.09**		BLE
1996	Sonia O'Sullivan	Ballymore Cobh	4.15.24		BLE
1997	Valerie Vaughan	Blarney Inniscarra	4.23.54		BLE
1998	Una English	Dublin City Harriers	4.14.21		BLE
1999	Elaine Fitzgerald	Waterford	4.16.99		BLE
2000	Sonia O'Sullivan	Ballymore Cobh	4.09.37		AAI
2001	Una English	Dublin City Harriers	4.14.93		AAI
2002	Marie McMahon	Marian, Co. Clare	4.20.01		AAI
2003	Roisin McGettigan	Slí Cualann	4.22.74		AAI
2004	Freda Davoren	University College Cork	4.20.98		AAI
2005	Jolene Byrne	Donore Harriers	4.11.72		AAI
2006	Mary Cullen	North Sligo	4.17.50		AAI
2007	Mary Cullen	North Sligo	4.17.20		AAI
2008	Roisin McGettigan	Slí Cualann	4.17.91		AAI
2009	Deirdre Bryne	Slí Cualann	4.25.41		AAI
2010	Hazel Murphy	Dundrum South Dublin	4.18.24		AAI
2011	Ciara Mageean	City of Lisburn	4.16.36		AAI
2012	Orla Drumm	University College Cork	4.19.55		AAI
2013	Laura Crowe	Riocht AC	4.13.96		AAI
2014	Ciara Mageean	University College Dublin	4.15.35		AAI
2015	Sara Treacy	Dunboyne	4.18.62		AAI
2016	Ciara Mageean	University College Dublin	4.24.33		AAI
2017	Emma Mitchell	Queens University Belfast	4.31.55		AAI
2018	Ciara Mageean	University College Dublin	4.22.47		AAI
2019	Sarah Healy	Blackrock, Dublin	4.31.84		AAI

3000 m

Most titles

Vera Sherry-Duffy - 4 **1975, 76, 78, 79**

Catherina McKiernan - 4 **1990, 91, 92, 93**

Championship Record

Regina Joyce **9.03.83** **1982**

1972	Deirdre Foreman	Guinness	10.03.4		BLE
1973	Mary Lynch	Raheny Shamrock	10.02.0		BLE
1974	Mary Purcell (Treacy)	Guinness	9.51.4		BLE
1975	Vera Sherry	Glaslough Harriers	9.54.2		BLE
1976	Vera Duffy (Sherry)	Glaslough Harriers	10.02.8		BLE
1977	Kathryn Davis	Clonliffe Harriers	9.24.6		BLE
1978	Vera Duffy (Sherry)	Glaslough Harriers	9.33.4	a	BLE
1979	Vera Duffy (Sherry)	Glaslough Harriers	9.31.7	a	BLE
1980	Deirdre Nagle (Foreman)	Dublin City Harriers	9.18.8	a	BLE
1981	Deirdre Nagle (Foreman)	Dublin City Harriers	9.27.0		BLE
1982	**Regina Joyce**	**Westport**	**9.03.83**		BLE
1983	Regina Joyce	Westport	9.13.15		BLE
1984	Louise McGrillen	Dublin City Harriers	9.09.34		BLE
1985	Ailish Smyth	Dublin City Harriers	9.29.57		BLE
1986	Mary Donohoe	Clonliffe Harriers	9.16.06		BLE
1987	Anne Keenan	Clonliffe Harriers	9.29.45		BLE
1988	Rosie Lambe	Knockbridge	9.22.77		BLE
1989	Roisin Smyth	Sparta	9.27.39		BLE
1990	Catherina McKiernan	Cavan	9.16.60		BLE
1991	Catherina McKiernan	Cornafean	9.10.93		BLE
1992	Catherina McKiernan	Cornafean	9.04.08		BLE
1993	Catherina McKiernan	Cornafean	9.13.4		BLE
1994	Geraldine Hendricken	St Laurence O'Toole	9.35.62		BLE

5,000 m

Most titles

Maria McCambridge - 6 **2006, 07, 08, 10, 12, 13**

Sonia O'Sullivan - 4 **1990, 98, 2002, 03**

Championship Record

Sonia O'Sullivan **15.20.11 2002**

1988	Emily Dowling	Dublin City Harriers	16.32.3		BLE
1990	Sonia O'Sullivan	Ballymore Cobh	15.26.9	U21	BLE
1995	Teresa Duffy	Beechmount Harriers	16.15.94		BLE
1996	Catherina McKiernan	Cornafean	15.27.10		BLE
1997	Valerie Vaughan	Blarney Inniscarra	15.44.72		BLE
1998	Sonia O'Sullivan	Ballymore Cobh	15.20.16		BLE
1999	Una English	Dublin City Harriers	16.00.65		BLE
2000	Breda Dennehy-Willis	Bandon	15.25.32		AAI
2001	Breda Dennehy-Willis	Bandon	15.31.92		AAI
2002	**Sonia O'Sullivan**	**Ballymore Cobh**	**15.20.11**		AAI
2003	Sonia O'Sullivan	Ballymore Cobh	15.20.68		AAI
2004	Maria McCambridge	Dundrum South Dublin	15.49.39		AAI
2005	Mary Cullen	North Sligo	16.02.05		AAI
2006	Rosemary Ryan	Bilboa,Co. Limerick	16.26.55		AAI
2007	Maria McCambridge	Dundrum South Dublin	16.01.84		AAI
2008	Maria McCambridge	Letterkenny	16.30.54		AAI
2009	Linda Bryne	Dundrum South Dublin	16.39.62		AAI
2010	Maria McCambridge	Letterkenny	16.19.78		AAI
2011	Lizzie Lee	Leevale	17.25.10		AAI
2012	Maria McCambridge	Letterkenny	16.02.52		AAI
2013	Maria McCambridge	Dundrum South Dublin	15.55.44		AAI
2014	Fionnuala Britton	Kilcoole	15.39.40		AAI
2015	Mary Cullen	North Sligo	16.07.40		AAI
2016	Deirdre Byrne	Sli Cualann	16.07.56		AAI
2017	Emma Mitchell	Queens University Belfast	16.27.08		AAI
2018	Emma Mitchell	Queens University Belfast	15.59.34		AAI
2019	Fionnuala McCormack	Kilcoole	15.51.97		AAI

5km Road Race

2019	Catherina McKiernan	Annalee	17.15		

10,000 m

Most Titles
Rosie Lambe - 4 **1987, 88, 90, 95**

Championship Record
Rosie Lambe **33.45.0 1988**

1984	Fionnuala Morrish	Leevale	35.37.7	BLE
1985	Ann Hilliard	Dublin City Harriers	35.10.4	BLE
1986	Christine Kennedy	Galway City Harriers	35.10.97	BLE
1987	Rosie Lambe	Knockbridge	33.49.36	BLE
1988	**Rosie Lambe**	**Knockbridge**	**33.45.0**	BLE
1989	Patricia Griffin	Ballinamore	34.28.1	BLE
1990	Rosie Lambe	Knockbridge	34.05.1	BLE
1991	Catherine Smith	Dublin City Harriers	35.04.05	BLE
1992	Catherine Smith	Dublin City Harriers	36.00.5	BLE
1995	Rosie Lambe	Knockbridge	34.13.15	BLE
1996	Catherine Hennessy	SDS	37.32.0	BLE
1999	Pauline Curley	Tullamore Harriers	35.24.9	BLE
2000	Pauline Curley	Tullamore Harriers	35.17.22	AAI
2003	Rosemary Ryan	Bilboa, Co. Limerick	34.24.7	AAI

3000 m Steeplechase

Most Titles
Michelle Finn - 5 **2012, 13, 16, 18, 19**

Championship Record
Michelle Finn **9.45.57 2019**

2007	Roisin McGettigan	Slí Cualann	9.56.17	AAI
2008	Fionnuala Britton	Slí Cualann	9.51.93	AAI
2009	Fionnuala Britton	Slí Cualann	10.04.95	AAI
2010	Byrony Treston	Dundrum South Dublin	11.17.13	AAI
2011	Kerry Harty	Newcastle, Co Down	10.23.29	AAI
2012	Michelle Finn	Leevale	10.45.49	AAI
2013	Michelle Finn	Leevale	10.16.90	AAI
2014	Sara Treacy	Dunboyne	9.59.75	AAI
2015	Sara Treacy	Dunboyne	9.58.92	AAI
2016	Michelle Finn	Leevale	9.46.81	AAI
2017	Kerry O'Flaherty (Harty)	Newcastle, Co Down	10.01.40	AAI
2018	Michelle Finn	Leevale	9.46.19	AAI
2019	**Michelle Finn**	**Leevale**	**9.45.57**	**AAI**

10 km / 15 km Road Race

Most Titles

Rosemary Ryan - 2	**2004, 05**
Orla O'Mahoney - 2	**2007, 08**
Linda Byrne - 2	**2010, 12**

Championship Record

10K	**Linda Byrne**	**33.49**	**2012**
15K	**Connie Kelly**	**52.37**	**1990**

1990	Connie Kelly	Blackrock	52.37	15K	BLE
1991	Ursula Noctor	Dublin City Harriers	53.11	15K	BLE
1992	Catherine Smith	Dublin City Harriers	53.23	15K	BLE
2000	Ursula McGloin	Finn Valley	35.21	10K	AAI
2001	Anne Lennon	Mayo	35.39	10K	AAI
2002	Ciara McCarthy	Sportsworld	36.45	10K	AAI
2003	Maria McCambridge	Dundrum South Dublin	33.55	10K	AAI
2004	Rosemary Ryan	Bilboa, Co. Limerick	34.26	10K	AAI
2005	Rosemary Ryan	Bilboa, Co. Limerick	34.21	10K	AAI
2006	Pauline Curley	Tullamore Harriers	34.16	10K	AAI
2007	Orla O'Mahoney	Raheny Shamrock	34.53	10K	AAI
2008	Orla O'Mahoney	Raheny Shamrock	35.20	10K	AAI
2009	Kerry Harty	Newcastle, Co Down	34.38	10K	AAI
2010	Linda Byrne	Dundrum South Dublin	34.50	10K	AAI
2011	Fionnuala Britton	Kilcoole	34.10	10K	AAI
2012	Linda Byrne	Dundrum South Dublin	33.49	10K	AAI
2013	Linda Byrne	Dundrum South Dublin	34.24	10K	AAI
2014	Fionnuala Britton	Kilcoole	33.54	10K	AAI
2015	Fionnuala Britton	Kilcoole	33.07	10K	AAI
2016	Fionnuala Britton - McCormack	Kilcoole	33.30	10K	AAI
2017	Kerry O'Flaherty	Newcastle, Co Down	34.38	10K	AAI
2018	Shona Heaslip	An Riocht	34.52	10K	AAI
2019	Catherina Mullen	Metro St. Brigids	34.52	10K	AAI

Club Teams

2016	Dundrum South Dublin
2017	Metro St. Brigids
2018	Dundrum South Dublin
2019	Mullingar Harriers

10 Miles

1984	Greta Hickey	Dublin City Harriers	59.00	BLE
1985	Christine Kennedy	Dublin City Harriers	58.26	BLE
1986	Not held			BLE
1987	Patricia Griffin	Ballinamore	58.39	BLE
1988	Emily Dowling	Dublin City Harriers		BLE
1989	Patricia Griffin	Ballinamore	58.06	BLE

Half Marathon

Most Titles
Maria McCambridge - 3 **2008, 10, 12**

Championship Record
Cathy Shum **1.12.48 1994**

1986	Greta Hickey	Dublin City Harriers	1.15.24	BLE
1987	Ann Hilliard	Dublin City Harriers	1.16.36	BLE
1988	Rosaleen Hayden	Raheny Shamrock	1.21.25	
1989	Olive Bollard	Raheny Shamrock	1.17.52	BLE
1990	Catherine Hennessy	United Striders	1.22.24	BLE
1991	Mary Brayley	Dublin City Harriers	1.16.57	BLE
1992	Ursula Noctor	Dublin City Harriers	1.15.03	BLE
1993	Cathy Shum	Clonliffe Harriers	1.14.34	BLE
1994	**Cathy Shum**	**Clonliffe Harriers**	**1.12.48**	BLE
1995	Patricia Griffin	Ballinamore	1.24.18	BLE
1996	Jill Bruce	Finn Valley	1.19.13	BLE
1997	Eleanor Threadgold	Bray Runners	1.20.22	BLE
1998	Helena Crossan	Finn Valley	1.21.17	BLE
1999	Rosemary Ryan	Unattached	1.15.36	BLE
2000	Ciara McCarthy	Sportsworld	1.23.32	AAI
2001	Anne Lennon	Mayo	1.18.55	AAI
2002	Anne Lennon	Mayo	1.20.02	AAI
2003	Rosemary Ryan	Bilboa, Co. Limerick	1.14.53	AAI
2004	Niamh O'Sullivan	Riocht	1.17.21	AAI
2005	Orla O'Mahoney	University College Dublin	1.15.43	AAI
2006	Jill Shannon	Lagan Valley	1.17.58	AAI
2007	Gladys Ganiel	Dundrum South Dublin	1.25.57	AAI
2008	Maria McCambridge	Dundrum South Dublin	1.17.12	AAI
2009	Caitriona Jennings	Rathfarnham WSAF	1.19.12	AAI
2010	Maria McCambridge	Letterkenny	1.16.15	AAI
2011	Ava Hutchinson	Dundrum South Dublin	1.14.17	AAI
2012	Maria McCambridge	Letterkenny	1.15.24	AAI
2013	Lizzie Lee	Leevale	1.14.48	AAI
2014	Sarah Mulligan	Dundrum South Dublin	1.16.02	AAI
2015	Lizzie Lee	Leevale	1.13.28	AAI
2016	Laura Graham	Mourne Runners	1.18.54	AAI
2017	Gladys Ganiel	North Belfast Harriers	1.17.07	AAI
2018	Caitriona Jennings	Letterkenny	1.22.25	AAI
2019	Angela McCann	Clonmel	1.20.14	AAI

Club Teams

2006	Sportsworld	4.20.04	AAI
2007	Slaney Olympic	5.14.57	AAI
2008	Donore Harriers	4.19.35	AAI
2009	Mayo	4.11.27	AAI
2010	Mayo	4.19.41	AAI
2011	Raheny Shamrock	3.56.40	AAI
2012	Donore Harriers	4.07.33	AAI
2013	**Leevale**	**3.56.34**	AAI
2014	Sportsworld	4.26.26	AAI
2015	Leevale	4.13.54	AAI
2016	Mayo	4.22.24	AAI
2017	Mayo	4.24.28	AAI
2018	Dunboyne	4.25.17	AAI
2019	Donore Harriers	4.33.56	AAI

Marathon

Most titles

Mary Jennings - 5 **1989, 95, 98, 99, 2000**

Maria McCambridge - 4 **2008, 12, 13, 14**

Championship Record

Aoife Cooke **2.32.34** **2019**

1981	Carey May	Dundrum	2.42.39	BLE
1982	Mary Purcell (Tracey)	Crusaders	2.38.49	BLE
1983	Teresa Kidd	Ballinascreen, Co Derry	2.52.11	BLE
1984	Christine Kennedy	Galway City Harriers	2.49.46	BLE
1985	Teresa Kidd	Ballinascreen, Co Derry	2.47.37	BLE
1986	Ailish Smith	Dublin City Harriers	2.46.33	BLE
1987	Kathleen Looney	Blarney	2.58.25	BLE
1988	Marie Murphy-Rollins	Dundrum	2.40.48	BLE
1989	Mary Ryan	Waterford	2.53.37	BLE
1990	Christine Kennedy	Galway City Harriers	2.38.05	BLE
1991	Christine Kennedy	Galway City Harriers	2.35.56	BLE
1992	Brid Murphy	Leevale	2.43.00	BLE
1993	Brid Murphy	Leevale	2.51.33	BLE
1994	Eleanor Hill	Bray Runners	2.57.42	BLE
1995	Mary Jennings	Waterford	3.00.45	BLE
1996	Brid Murphy	Leevale	2.52.52	BLE
1997	Donna McNulty	Foyle Valley	3.21.05	BLE
1998	Mary Jennings	Waterford	3.13.40	BLE
1999	Mary Jennings	Waterford	3.00.45	BLE
2000	Mary Jennings	Waterford	2.59.44	AAI
2001	Susan Waterstone	Naas	3.04.50	AAI
2002	Teresa Duffy	Beechmount Harriers	2.50.33	AAI
2003	Annette Kealy	Raheny Shamrock	2.43.04	AAI
2004	Valerie Vaughan	Blarney Inniscarra	2.52.10	AAI
2005	Pauline Curley	Tullamore Harriers	2.42.16	AAI
2006	Jill Shannon	Lagan Valley	2.42.46	AAI
2007	Pauline Curley	Tullamore Harriers	2.42.30	AAI
2008	Maria McCambridge	Dundrum South Dublin	2.36.33	AAI
2009	Annette Kealy	Raheny Shamrock	2.45.43	AAI
2010	Barbara Sanchez	Raheny Shamrock	2.39.39	AAI
2011	Linda Byrne	Dundrum South Dublin	2.36.21	AAI
2012	Maria McCambridge	Letterkenny	2.35.28	AAI
2013	Maria McCambridge	Dundrum South Dublin	2.38.51	AAI
2014	Maria McCambridge	Dundrum South Dublin	2.34.19	AAI
2015	Pauline Curley	Tullamore Harriers	2.49.32	AAI
2016	Laura Graham	Mourne Runners	2.41.54	AAI
2017	Laura Graham	Mourne Runners	2.39.06	AAI
2018	Lizzie Lee	Leevale	2.35.05	AAI
2019	**Aoife Cooke**	**Eagle**	**2.32.34**	AAI

Club Teams

2007	St. Finbarrs	10.02.15
2008		
2009	St. Finbarrs	9.04.41
2010	Raheny Shamrock	8.27.20
2011	Raheny Shamrock	9.29.28
2012	Raheny Shamrock	8.39.40
2013	Raheny Shamrock	10.48.53
2014	Clonmel	10.01.37
2015	Donore Harriers	10.11.54
2016	Galway City Harriers	9.15.03
2017	Galway City Harriers	9.01.39
2018	Leevale	8.25.08
2019	Letterkenny	8.29.32

25 km Road Race

Most titles
Nuala Logan - 2 **1982, 84**

Championship Record
Catherine Hennessy **1.36.02 1985**

1981	Brigid McCabe	Mullingar Harriers	1.44.24	BLE
1982	Nuala Logan	Limerick	1.50.06	BLE
1983	Lanesboro, Co Longford - 27 March			BLE
1984	Nuala Logan	Limerick	1.36.30	BLE
1985	Catherine Hennessy	Slaneyside	1.36.02	BLE

Discontinued

80 m /100 m Hurdles

Most titles

Derval O'Rourke - 9 **2001, 02, 04, 05, 06, 07, 08, 10, 11**

Championship Record

Derval O'Rourke **12.95 2005**

1949	P Kennedy	Short & Harlands	13.0	80m	IAAB
1966	Maeve Kyle	Ballymena	12.0	80m	AAUE
1967	Kathleen Leane	Thurles Crokes	13.2	80m	BLE
1968	Joan Shaw	Crusaders	12.8	80m	BLE
1969	Maeve Kyle	Crusaders	15.1		BLE
1970	Margaret Murphy	Ovens	15.9		BLE
1971	Margaret Murphy	Ovens	15.6		BLE
1972	Margaret Murphy	Ovens	15.9		BLE
1973	Freddie Cooney	St Anthony's	16.3		BLE
1974	Bridget Ruttledge	Bristol	14.5		BLE
1975	Ruth Algar	Crusaders	15.3		BLE
1976	Kathleen Glavin	Midleton	16.2		BLE
1977	Ruth Algar	Crusaders	14.56		BLE
1978	Ruth Algar	Crusaders	14.58		BLE
1979	Nora O'Grady	Nenagh Olympic	14.54		BLE
1980	Nora O'Grady	Nenagh Olympic	14.75		BLE
1981	Nora O'Grady	Nenagh Olympic	14.76		BLE
1982	Maria Hetherington	Dublin City Harriers	14.30		BLE
1983	Olive Burke	Limerick	13.93		BLE
1984	Olive Burke	Limerick	14.28		BLE
1985	Judith Rodgers	Lisburn	13.83		BLE
1986	Brid Hallissey	Ferrybank	14.29		BLE
1987	Olive Burke	Limerick	14.46		BLE
1988	Olive Burke	Limerick	14.00		BLE
1989	Susan Smith	Waterford	14.04		BLE
1990	Susan Smith	Waterford	14.41		BLE
1991	Susan Smith	Waterford	14.00		BLE
1992	Susan Smith	Waterford	13.88		BLE
1993	Patricia Naughton	Nenagh Olympic	14.31	w	BLE
1994	Patricia Naughton	Nenagh Olympic	14.47		BLE
1995	Susan Smith	Waterford	13.99		BLE
1996	Patricia Naughton	Nenagh Olympic	14.44		BLE
1997	Grainne Redmond	Cushinstown	14.29		BLE
1998	Susan Smith	Waterford	13.31		BLE
1999	Susan Smith-Walsh	Waterford	13.49	+0.6	BLE
2000	Susan Smith-Walsh	Waterford	13.49	+0.8	AAI
2001	Derval O'Rourke	Leevale	13.96	–2.4	AAI
2002	Derval O'Rourke	Leevale	13.45	+0.3	AAI
2003	Carine Soulabail	Crusaders	14.80	+0.5	AAI
2004	Derval O'Rourke	Leevale	13.96	+1.1	AAI
2005	**Derval O'Rourke**	**Leevale**	**12.95**	+4.1	AAI
2006	Derval O'Rourke	Leevale	13.24	–0.6	AAI
2007	Derval O'Rourke	Leevale	13.45	–0.9	AAI
2008	Derval O'Rourke	Leevale	13.04	+0.3	AAI
2009	Sandra Lawlor	Celbridge	14.69	–1.3	AAI
2010	Derval O'Rourke	Leevale	13.26	–1.9	AAI
2011	Derval O'Rourke	Leevale	13.24	–0.7	AAI
2012	Mairead Murphy	Ferrybank	14.47	nr	AAI
2013	Sarah Lavin	Emerald	13.61	*0.1*	AAI
2014	Sarah Lavin	University College Dublin	13.48	*-0.8*	AAI
2015	Sarah Connolly	North Down	15.40	*-2.2*	AAI
2016	Lily-Ann O'Hora	Dooneen	14.36	*0.2*	AAI
2017	Sarah Lavin	University College Dublin	13.62	*1.2*	AAI
2018	Sarah Lavin	University College Dublin	13.62	*-0.9*	AAI
2019	Sarah Lavin	University College Dublin	13.3	*1.6*	AAI

400 m Hurdles

Most titles
Michelle Carey - 8 **2001, 02, 03, 04, 05, 07, 08, 09**

Championship Record
Susan Smith-Walsh **55.54** **1999**

1976	Patricia Quinn (Griffin)	Ballinamore	73.6	BLE
1977	Margaret Moroney	Nenagh Olympic	66.26	BLE
1978	Mary Appleby	Crusaders	60.59	BLE
1979	Mary Appleby	Crusaders	59.5	BLE
1980	Kathleen Glavin	Midleton	61.37	BLE
1981	Susanne Cobbe	Limerick	62.84	BLE
1982	Carmel Maher	Nenagh Olympic	61.75	BLE
1983	Mary Barnwell (Appleby)	Crusaders	58.52	BLE
1984	Mary Parr	South Dublin	58.74	BLE
1985	Mary Parr	South Dublin	59.81	BLE
1986	Barbara Johnson	North Cork	58.91	BLE
1987	Barbara Johnson	North Cork	59.06	BLE
1988	Barbara Johnson	North Cork	57.93	BLE
1989	Barbara Johnson	North Cork	59.97	BLE
1990	Lisa Nicholson	Dublin City Harriers	59.46	BLE
1991	Lisa Nicholson	Dublin City Harriers	60.75	BLE
1992	Susan Smith	Waterford	60.31	BLE
1993	Stephanie McCann	Lisburn	60.21	BLE
1994	Mandy Bloomer	Mountmellick	60.77	BLE
1995	Mandy Bloomer	Mountmellick	60.50	BLE
1996	Susan Smith	Waterford	56.01	BLE
1997	Susan Smith	Waterford	56.55	BLE
1998	Orla Power	Carrick-On-Suir	60.17	BLE
1999	**Susan Smith-Walsh**	**Waterford**	**55.54**	BLE
2000	Susan Smith-Walsh	Waterford	56.23	AAI
2001	Michelle Carey	Dublin Striders	59.99	AAI
2002	Michelle Carey	Dublin Striders	59.80	AAI
2003	Michelle Carey	Dublin Striders	59.59	AAI
2004	Michelle Carey	Dublin Striders	57.95	AAI
2005	Michelle Carey	Dublin Striders	59.14	AAI
2006	Kalyn Sheehan	Ferrybank	60.50	AAI
2007	Michelle Carey	Dublin Striders	57.23	AAI
2008	Michelle Carey	Dublin Striders	58.16	AAI
2009	Michelle Carey	Dublin Striders	57.82	AAI
2010	Justine Kinney	Loughborough	57.78	AAI
2011	Jessie Barr	Ferrybank	57.38	AAI
2012	Jessie Barr	Ferrybank	57.33	AAI
2013	Jessie Barr	Ferrybank	57.48	AAI
2014	Christine McMahon	Ballymena & Antrim	57.73	AAI
2015	Christine McMahon	Ballymena & Antrim	59.19	AAI
2016	Kelly McGrory	Tir Chonaill	61.23	AAI
2017	Nessa Millet	St.Abbans	61.34	AAI
2018	Catherine McManus	Dublin City Harriers	60.24	AAI
2019	Nessa Millet	St.Abbans	58.83	AAI

High Jump

Most titles
Deirdre Ryan - 7 **2002, 04, 06, 07, 09, 10, 11**

Championship Record
Deirdre Ryan **1.90 2011**

1949	Maeve Shankey (Kyle)	Crusaders	1.34	AAUE
1966	Kathleen Killian	Sparta	1.60	AAUE
1967	Ann O'Brien	Clonliffe Harriers	1.40	BLE
1968	Janet Middleton	Crusaders	1.42	BLE
1969	Janet Middleton	Crusaders	1.42	BLE
1970	Marjorie Adams	Crusaders	1.52	BLE
1971	Marjorie Adams	Crusaders	1.59	BLE
1972	Marjorie Adams	Crusaders	1.55	BLE
1973	Yvonne O'Brien	Carrick-On-Suir	1.63	BLE
1974	Sheelah Flatman	Crusaders	1.63	BLE
1975	Carmel Scallon	St Benedicts	1.67	BLE
1976	Joy Good	Bandon	1.65	BLE
1977	Fionnuala Kennedy	Crusaders	1.69	BLE
1978	Audrey Long	Ballyfermot	1.69	BLE
1979	Bridget Corrigan	Dublin City Harriers	1.71	BLE
1980	Wendy Phillips	Belfast Ladies	1.76	BLE
1981	Wendy Phillips	Belfast Ladies	1.70	BLE
1982	Bridget Corrigan	Dublin City Harriers	1.75	BLE
1983	Bridget Corrigan	Dublin City Harriers	1.70	BLE
1984	Bridget Corrigan	Dublin City Harriers	1.77	BLE
1985	Bridget Corrigan	Dublin City Harriers	1.76	BLE
1986	Catherine Scott	Belfast Ladies	1.75	BLE
1987	Catherine Scott	Belfast Ladies	1.80	BLE
1988	Elizabeth "Liz" Comerford	West Dublin	1.74	BLE
1989	Sharon Foley	Lifford	1.74	BLE
1990	Sharon Foley	Lifford	1.76	BLE
1991	Laura Sharpe	Navan	1.78	BLE
1992	Laura Sharpe	Navan	1.75	BLE
1993	Sharon Foley	Lifford	1.75	BLE
1994	Laura Sharpe	Navan	1.85	BLE
1995	Sharon Foley	Lifford	1.76	BLE
1996	Brid Tierney Browne	Nenagh Olympic	1.73	BLE
1997	Sharon Foley	Lifford	1.75	BLE
1998	Orna Donoghue	Carrick-On-Suir	1.73	BLE
1999	Brigid Corrigan	Dublin City Harriers	1.76	BLE
2000	Deirdre Ryan	Dundrum South Dublin	1.70	AAI
2001	Sharon Foley	Lifford	1.72	AAI
2002	Deirdre Ryan	University College Dublin	1.77	AAI
2003	Rosemary Daniels	Na Fianna	1.73	AAI
2004	Deirdre Ryan	University College Dublin	1.80	AAI
2005	Rosemary Daniels	Na Fianna	1.75	AAI
2006	Deirdre Ryan	Dundrum South Dublin	1.83	AAI
2007	Deirdre Ryan	Dundrum South Dublin	1.80	AAI
2008	Rosemary Daniels	Na Fianna	1.75	AAI
2009	Deirdre Ryan	Dundrum South Dublin	1.83	AAI
2010	Deirdre Ryan	Dundrum South Dublin	1.80	AAI
2011	**Deirdre Ryan**	**Dundrum South Dublin**	**1.90**	AAI
2012	Deirdre Ryan	Dundrum South Dublin	1.80	AAI
2013	Shannon Dawkins	St Jospephs, Kilkenny	1.65	AAI
2014	Cathriona Farrell	Craughwell	1.75	AAI
2015	Cathriona Farrell	Craughwell	1.80	AAI
2016	Sommer Lecky	Finn Valley	1.71	AAI
2017	Philippa Rogan	Sli Cualann	1.73	AAI
2018	Philippa Rogan	Sli Cualann	1.80	AAI
2019	Philippa Rogan	Sli Cualann	1.85	AAI

Pole Vault

Most Titles
Tori Pena - 6 **2010, 11, 12, 13, 15, 16**

Championship Record
Tori Pena **4.40 2013**

1998	Margaret O'Halloran	University College Dublin	2.60	AAI
1999	Bridget Pearson	Unattached	3.20	AAI
2000	Juliet Claffey	Borrisokane, Co. Tipperary	3.00	AAI
2001	Zoë Brown	Ballymena & Antrim	3.30	AAI
2002	Juliet Claffey	Borrisokane, Co. Tipperary	3.50	AAI
2003	Erin Kinnear	Lagan Valley	3.70	AAI
2004	Erin Kinnear	Unattached	3.65	AAI
2005	Claire Wilkinson	Ballymena & Antrim	2.80	AAI
2006	Claire Wilkinson	Ballymena & Antrim	2.70	AAI
2007	Claire Wilkinson	Ballymena & Antrim	3.20	AAI
2008	Zoe Brown	Ballymena & Antrim	3.85	AAI
2009	Claire Wilkinson	Ballymena & Antrim	3.60	AAI
2010	Tori Pena	Finn Valley	4.15	AAI
2011	Tori Pena	Finn Valley	4.20	AAI
2012	Tori Pena	Finn Valley	4.35	AAI
2013	**Tori Pena**	**Finn Valley**	**4.40**	AAI
2014	Zoe Brown	Raheny Shamrock	4.30	AAI
2015	Tori Pena	Finn Valley	4.20	AAI
2016	Tori Pena	Finn Valley	4.15	AAI
2017	Ellen McCartney	City of Lisburn	3.55	AAI
2018	Ciara Hickey	Blarney / Inniscarra	3.40	AAI
2019	Ellen McCartney	City of Lisburn	3.85	AAI

Long Jump

Most titles

Kelly Proper - 8	**2006, 07, 08, 09, 10, 12, 13, 14**
Terri Horgan - 7	**1985, 88, 89, 90, 91, 92, 93**

Championship Record

Kelly Proper	**6.68**	**2009**

1966	Maeve Kyle	Ballymena	4.96		AAUE
1967	J O'Neill	University College Dublin	4.97		BLE
1968	Joan Shaw	Crusaders	5.24		BLE
1969	Margaret Murphy	Ovens	5.19		BLE
1970	Margaret Murphy	Ovens	5.47		BLE
1971	Margaret Adams	Crusaders	5.26		BLE
1972	Margaret Murphy	Ovens	5.51		BLE
1973	Margaret Murphy	Ovens	5.70		BLE
1974	Bridget Ruttledge	Bristol	5.40		BLE
1975	Joy Good	Bandon	5.18		BLE
1976	Joy Good	Bandon	5.39		BLE
1977	Kathleen Glavin	Midleton	5.79		BLE
1978	Joy Good	St Finbarr's, Cork	5.81		BLE
1979	Joy Murphy (Good)	St Finbarr's, Cork	5.95		BLE
1980	Kathleen Glavin	Midleton	5.58		BLE
1981	Joy Murphy (Good)	St Finbarr's, Cork	5.80		BLE
1982	Brid Fitzgerald	Dublin City Harriers	5.65		BLE
1983	Mary Coogan	St Laurence O'Toole	5.77		BLE
1984	Mary Coogan	St Laurence O'Toole	5.83		BLE
1985	Terri Horgan	Mallow	5.79		BLE
1986	Kathleen Glavin	Midleton	6.14		BLE
1987	Kathleen Glavin	Midleton	5.90		BLE
1988	Terri Horgan	Mallow	6.27		BLE
1989	Terri Horgan	Mallow	5.95		BLE
1990	Terri Horgan	Dublin City Harriers	6.31	w	BLE
1991	Terri Horgan	Dublin City Harriers	6.10		BLE
1992	Terri Horgan	Dublin City Harriers	6.05		BLE
1993	Terri Horgan	Dublin City Harriers	6.29		BLE
1994	Jacqui Stokes	Ferrybank	6.00		BLE
1995	Jacqui Stokes	Fethard	6.17	w	BLE
1996	Jacqui Stokes	Ferrybank	5.97	w	BLE
1997	Jacqui Stokes	Ferrybank	5.77	w	BLE
1998	Jacqui Stokes	Ferrybank	5.96	w	BLE
1999	Jacqui Stokes	Ferrybank	6.06	nr	BLE
2000	Shauna Colhoun	Lifford	5.65	–2.1	AAI
2001	Antoinette Furlong	DMP	6.07	+1.5	AAI
2002	Antoinette Furlong	DMP	6.21	+3.7	AAI
2003	Antoinette Furlong	DMP	6.05	+1.0	AAI
2004	Antoinette Furlong	DMP	5.81	+2.2	AAI
2005	Donna Hosford	Leevale	5.63	–0.6	AAI
2006	Kelly Proper	Ferrybank	6.32	+2.5	AAI
2007	Kelly Proper	Ferrybank	6.17	–0.1	AAI
2008	Kelly Proper	Ferrybank	6.42	+0.7	AAI
2009	**Kelly Proper**	**Ferrybank**	**6.68**	+3.0	AAI
2010	Kelly Proper	Ferrybank	6.35	+0.7	AAI
2011	Mary McLoone	Tír Chonaill	5.82	+0.8	AAI
2012	Kelly Proper	Ferrybank	6.33	+4.6	AAI
2013	Kelly Proper	Ferrybank	6.25	0.4	AAI
2014	Kelly Proper	Ferrybank	6.27	-0.1	AAI
2015	Mary McLoone	Tír Chonaill	6.01	+1.6	AAI
2016	Imelda Morrisson	Youghal	5.88	+2.9	AAI
2017	Saragh Buggy	St. Abbans	5.87	0.0	AAI
2018	Elizabeth Morland	Cushinstown	6.10	1.6	AAI
2019	Ruby Millet	St. Abbans	5.98	1.9	AAI

Triple Jump

Most titles

Mary McLoone - 9 — **2004, 06, 07, 08, 09, 10, 11, 12, 15**

Siobhan Hoey - 8 — **1993, 94, 95, 96, 97, 98, 99, 2000**

Championship Record

Taneisha Scanlon — **12.83 2003**

1991	Michelle Rea	Annadale Striders	11.70		BLE
1992	Jocelyn Hanrahan	Limerick	11.06		BLE
1993	Siobhan Hoey	University College Dublin	12.02	w	BLE
1994	Siobhan Hoey	University College Dublin	12.10		BLE
1995	Siobhan Hoey	University College Dublin	11.38		BLE
1996	Siobhan Hoey	University College Dublin	11.95		BLE
1997	Siobhan Hoey	Dublin City Harriers	12.12		BLE
1998	Siobhan Hoey	Dublin City Harriers	12.26		BLE
1999	Siobhan Hoey	Dublin City Harriers	12.28		BLE
2000	Siobhan Hoey	Dublin City Harriers	12.03	–0.8	AAI
2001	Sharon Foley	Lifford	12.44	+3.0	AAI
2002	Virginia Peslier Rozé	Dublin City Harriers	12.53	+2.5	AAI
2003	**Taneisha Robinson Scanlon**	Limerick	**12.83**	nr	AAI
2004	Mary McLoone	Tír Chonaill	12.14	nr	AAI
2005	Aoife Hoey	Crusaders	11.73	+3.7	AAI
2006	Mary McLoone	Tír Chonaill	12.38	0.0	AAI
2007	Mary McLoone	Tír Chonaill	11.57	–0.4	AAI
2008	Mary McLoone	Tír Chonaill	11.71	–1.4	AAI
2009	Mary McLoone	Tír Chonaill	12.75	+5.6	AAI
2010	Mary McLoone	Tír Chonaill	11.82	+0.6	AAI
2011	Mary McLoone	Tír Chonaill	12.14	–0.4	AAI
2012	Mary McLoone	Tír Chonaill	12.69	+1.5	AAI
2013	Caoimhe King	Aughagower AC	12.41	+2.8	AAI
2014	Caoimhe King	Aughagower AC	12.44	-0.3	AAI
2015	Mary McLoone	Tír Chonaill	12.71	+4.6	AAI
2016	Saragh Buggy	St Abbans	12.96	0.9	AAI
2017	Saragh Buggy	St Abbans	13.01	0.0	AAI
2018	Saragh Buggy	St Abbans	12.24	+2.7	AAI
2019	Saragh Buggy	St Abbans	12.7	-0.5	AAI

Shot Putt

Most titles

Marita Walton-Lannigan - 13 **1976, 77, 78, 80, 81, 82, 83, 84, 86 87, 88, 89, 91**

Championship Record
Eva Massey **16.32 2007**

1966	Rosemary Murphy	Crusaders	11.15	AAUE
1967	Rosemary Murphy	Crusaders	10.22	BLE
1968	Margaret Murphy	Ovens	8.54	BLE
1969	Rosemary Murphy	Crusaders	10.25	BLE
1970	Rosemary Murphy	Crusaders	10.34	BLE
1971	Rosemary Murphy	Crusaders	10.76	BLE
1972	Freddie Cooney	St Anthony's	11.22	BLE
1973	Freddie Cooney	St Anthony's	12.05	BLE
1974	Gay Hogan (Porter)	Crusaders	12.95	BLE
1975	Gay Hogan	Crusaders	13.73	BLE
1976	Marita Walton	Kilkenny City Harriers	13.08	BLE
1977	Marita Walton	Kilkenny City Harriers	13.81	BLE
1978	Marita Walton	Kilkenny City Harriers	14.16	BLE
1979	Patricia Walsh	Waterford	13.54	BLE
1980	Marita Walton	Crusaders	14.71	BLE
1981	Marita Walton	Crusaders	16.23	BLE
1982	Marita Walton	Crusaders	15.83	BLE
1983	Marita Walton	Crusaders	16.19	BLE
1984	Marita Walton	Crusaders	16.15	BLE
1985	Patricia Walsh	Waterford	13.08	BLE
1986	Marita Walton	Crusaders	15.22	BLE
1987	Marita Walton	Kilkenny City Harriers	14.18	BLE
1988	Marita Walton	Kilkenny City Harriers	14.89	BLE
1989	Marita Walton	Kilkenny City Harriers	14.42	BLE
1990	Mary Mahon	West Dublin	12.13	BLE
1991	Marita Lanigan (Walton)	Kilkenny City Harriers	14.02	BLE
1992	Mary Mahon	West Dublin	12.85	BLE
1993	Kelly Kane	Blackpool	13.01	BLE
1994	Kelly Kane	Sheffield	13.68	BLE
1995	Emma Gavin	Limerick	12.65	BLE
1996	Emma Gavin	Limerick	12.45	BLE
1997	Emma Gavin	Limerick	12.85	BLE
1998	Emma Gavin	Limerick	13.43	BLE
1999	Emma Gavin	Limerick	13.45	BLE
2000	Eva Massey	Windsor Slough & Eton Harriers	14.90	AAI
2001	Eva Massey	Windsor Slough & Eton Harriers	15.00	AAI
2002	Geraldine Stewart	Tír Chonaill	12.15	AAI
2003	Eva Massey	Belgrave Harriers	15.51	AAI
2004	Eva Massey	North Down	15.22	AAI
2005	Eva Massey	North Down	15.11	AAI
2006	Eva Massey	North Down	15.45	AAI
2007	**Eva Massey**	**North Down**	**16.32**	AAI
2008	Eva Massey	North Down	16.20	AAI
2009	Deirdre Murphy	Leevale	10.91	AAI
2010	Eva Massey	North Down	13.59	AAI
2011	Clare Fitzgerald	Tralee Harriers	14.27	AAI
2012	Clare Fitzgerald	Tralee Harriers	14.30	AAI
2013	Clare Fitzgerald	Tralee Harriers	13.80	AAI
2014	Clare Fitzgerald	Tralee Harriers	16.20	AAI
2015	Clare Fitzgerald	Tralee Harriers	14.83	AAI
2016	Clare Fitzgerald	Tralee Harriers	15.07	AAI
2017	Clare Fitzgerald	Tralee Harriers	14.96	AAI
2018	Michaela Walsh	Swinford	14.51	AAI
2019	Michaela Walsh	Swinford	13.96	AAI

Discus

Most titles

Patricia Walsh - 9 **1977, 78, 79, 80, 81, 82, 83, 84, 85**

Championship Record

Patricia Walsh **57.60 1984**

1966	Rosemary Murphy	Crusaders	32.98	AAUE
1967	Rosemary Murphy	Crusaders	37.38	BLE
1968	Rosemary Murphy	Crusaders	35.57	BLE
1969	Rosemary Murphy	Crusaders	31.94	BLE
1970	Rosemary Murphy	Crusaders	35.08	BLE
1971	Rosemary Murphy	Crusaders	36.47	BLE
1972	Maria Dunne	Crusaders	35.43	BLE
1973	Maria Dunne	Crusaders	38.11	BLE
1974	Gay Hogan (Porter)	Crusaders	42.07	BLE
1975	Gay Hogan	Crusaders	43.72	BLE
1976	Gay Hogan	Crusaders	37.06	BLE
1977	Patricia Walsh	Waterford	46.34	BLE
1978	Patricia Walsh	Waterford	48.26	BLE
1979	Patricia Walsh	Waterford	49.70	BLE
1980	Patricia Walsh	Waterford	51.42	BLE
1981	Patricia Walsh	Waterford	53.88	BLE
1982	Patricia Walsh	Waterford	51.00	BLE
1983	Patricia Walsh	Waterford	54.26	BLE
1984	**Patricia Walsh**	**Waterford**	**57.60**	BLE
1985	Patricia Walsh	Waterford	47.54	BLE
1986	Marita Walton	Crusaders	47.70	BLE
1987	Pauline Carolan	Fr Murphy	46.00	BLE
1988	Marita Walton	Kilkenny City Harriers	47.64	BLE
1989	Ailish O'Brien	Dungarvan	41.78	BLE
1990	Lorraine Shaw	Gloucester	45.24	BLE
1991	Lorraine Shaw	Dublin City Harriers	49.98	BLE
1992	Lorraine Shaw	Dublin City Harriers	46.32	BLE
1993	Mary Mahon	West Dublin	42.60	BLE
1994	Ailish O'Brien	West Waterford	42.46	BLE
1995	Ailish O'Brien	West Waterford	42.10	BLE
1996	Ailish O'Brien	West Waterford	41.06	BLE
1997	Ailish O'Brien	West Waterford	45.02	BLE
1998	Ailish O'Brien	West Waterford	47.93	BLE
1999	Ailish O'Brien	West Waterford	48.14	BLE
2000	Ailish O'Brien	DMP*	45.99	AAI
2001	Eva Massey	Windsor Slough & Eton Harriers	47.23	AAI
2002	Eileen O'Keeffe	Kilkenny City Harriers	42.14	AAI
2003	Renata Katewicz	St Laurence O'Toole, Carlow	46.70	AAI
2004	Eileen O'Keeffe	Kilkenny City Harriers	43.41	AAI
2005	Eileen O'Keeffe	Kilkenny City Harriers	43.34	AAI
2006	Renata Katewicz	St Laurence O'Toole, Carlow	46.33	AAI
2007	Eileen O'Keeffe	Kilkenny City Harriers	44.75	AAI
2008	Eileen O'Keeffe	Kilkenny City Harriers	46.44	AAI
2009	Eileen O'Keeffe	Kilkenny City Harriers	43.86	AAI
2010	Clare Fitzgerald	Tralee Harriers	44.78	AAI
2011	Clare Fitzgerald	Tralee Harriers	50.07	AAI
2012	Clare Fitzgerald	Tralee Harriers	49.48	AAI
2013	Clare Fitzgerald	Tralee Harriers	48.22	AAI
2014	Clare Fitzgerald	Tralee Harriers	49.09	AAI
2015	Clare Fitzgerald	Tralee Harriers	52.52	AAI
2016	Clare Fitzgerald	Tralee Harriers	53.38	AAI
2017	Clare Fitzgerald	Tralee Harriers	51.17	AAI
2018	Niamh Fogarty	North Westmeath	44.56	AAI
2019	Niamh Fogarty	Raheny Shamrock	52.96	AAI

Hammer

Most titles
Eileen O'Keeffe - 9 **2001, 02, 03, 04, 05, 06, 07, 08, 09**

Championship Record
Eileen O'Keeffe **73.21 2007**

1987	Una Cosgrave	Riocht	34.06	BLE
1988	Breeda Wall	Ferrybank	39.78	BLE
1989	Noreen Linehan	Eagle TC	36.84	BLE
1990	Elaine Hayes	North Laois	42.40	BLE
1991	Elaine Hayes	North Laois	42.32	BLE
1992	Lorraine Shaw	Dublin City Harriers	44.90	BLE
1993	Brenda Thompson	Slaney Olympic	35.20	BLE
1994	Brenda Thompson	Slaney Olympic	39.98	BLE
1995	Brenda Thompson	Slaney Olympic	44.28	BLE
1996	Julie Kirkpatrick	Lisburn	48.90	BLE
1997	Clara Thompson	Slaney Olympic	48.82	BLE
1998	Olivia Kelleher	Limerick	53.68	BLE
1999	Nicola Coffey	Navan	55.79	BLE
2000	Olivia Kelleher	Farranfore Main Valley	53.72	AAI
2001	Eileen O'Keeffe	Kilkenny City Harriers	56.15	AAI
2002	Eileen O'Keeffe	Kilkenny City Harriers	59.81	AAI
2003	Eileen O'Keeffe	Kilkenny City Harriers	60.47	AAI
2004	Eileen O'Keeffe	Kilkenny City Harriers	62.44	AAI
2005	Eileen O'Keeffe	Kilkenny City Harriers	68.14	AAI
2006	Eileen O'Keeffe	Kilkenny City Harriers	67.80	AAI
2007	**Eileen O'Keeffe**	**Kilkenny City Harriers**	**73.21**	AAI
2008	Eileen O'Keeffe	Kilkenny City Harriers	72.75	AAI
2009	Eileen O'Keeffe	Kilkenny City Harriers	69.91	AAI
2010	Rebecca Bahni	Slí Cualann	54.66	AAI
2011	Cara Kennedy	Ferrybank	57.62	AAI
2012	Cara Kennedy	Ferrybank	56.22	AAI
2013	Cara Kennedy	Ferrybank	51.94	AAI
2014	Cara Kennedy	Ferrybank	56.86	AAI
2015	Alice Akers	Marian, Ennis	55.05	AAI
2016	Cara Kennedy	Ferrybank	58.36	AAI
2017	Cara Kennedy	Ferrybank	53.17	AAI
2018	Michaela Walsh	Swinford	60.81	AAI
2019	Michaela Walsh	Swinford	56.14	AAI

Javelin

Most titles

oj	**Dara Shakespeare - 7**	**1980, 85, 86, 88, 89, 94, 95**
	Anita White Fitzgibbon - 6	**2007, 08, 10, 11, 12, 13**
	Jennifer O'Sullivan - 5	**2000, 01, 02, 03, 04**

Championship Record

Anita Fitzgibbon **54.92 2013**

1966	Patricia Downes	Crusaders	25.23	**oj**	BLE
1967	Rosemary Murphy	Crusaders	26.02	**oj**	BLE
1968	Rosemary Murphy	Crusaders	28.41	**oj**	BLE
1969	Patricia Downes	Crusaders	28.10	**oj**	BLE
1970	Patricia Downes	Crusaders	26.59	**oj**	BLE
1971	Maria Dunne	Crusaders	25.43	**oj**	BLE
1972	Maria Pasquetti	Birchfield Harriers	32.68	**oj**	BLE
1973	Rosemary Murphy	Crusaders	27.51	**oj**	BLE
1974	Sandra O'Toole	Lozells, Birmingham	40.48	**oj**	BLE
1975	Sandra O'Toole	Lozells, Birmingham	39.07	**oj**	BLE
1976	Elizabeth Hurley	St Benedicts	29.44	**oj**	BLE
1977	Patricia Walsh	Waterford	36.76	**oj**	BLE
1978	Linda Kennedy	Dundrum	41.86	**oj**	BLE
1979	Linda Kennedy	Dundrum	41.52	**oj**	BLE
1980	Dara Shakespeare	South Dublin	41.26	**oj**	BLE
1981	Linda Kennedy	Dundrum	41.90	**oj**	BLE
1982	Brenda Walsh	Limerick	43.54	**oj**	BLE
1983	Brenda Walsh	Limerick	45.64	**oj**	BLE
1984	Karen McGovern	Galway City Harriers	45.62	**oj**	BLE
1985	Dara Shakespeare	South Dublin	46.72	**oj**	BLE
1986	Dara Shakespeare	Puma, Dublin	47.20	**oj**	BLE
1987	Sally Wigesundra	Raheny Shamrock	46.00	**oj**	BLE
1988	Dara Shakespeare	Puma, Dublin	43.76	**oj**	BLE
1989	Dara Shakespeare	Puma, Dublin	43.98	**oj**	BLE
1990	Mary T Real	Limerick	45.74	**oj**	BLE
1991	Mary T Real	Limerick	47.38	**oj**	BLE
1992	Mary T Real	Limerick	47.74	**oj**	BLE
1993	Mary T Real	Limerick	47.48	**oj**	BLE
1994	Dara Shakespeare	Dundrum South Dublin	50.26	**oj**	BLE
1995	Dara Shakespeare	Dundrum South Dublin	46.26	**oj**	BLE
1996	Alison Moffitt	North Down	49.10	**oj**	BLE
1997	Alison Moffitt	North Down	45.48	**oj**	BLE
1998	Alison Moffitt	Windsor Slough & Eton Harriers	46.48	**oj**	BLE
1999	Alison Moffitt	Windsor Slough & Eton Harriers	43.51		BLE
2000	Jennifer O'Sullivan	Cushinstown	41.94		AAI
2001	Jennifer O'Sullivan	Cushinstown	44.19		AAI
2002	Jennifer O'Sullivan	Cushinstown	44.69		AAI
2003	Jennifer O'Sullivan	Cushinstown	**47.95**		AAI
2004	Jennifer O'Sullivan	Cushinstown	44.97		AAI
2005	Laura Kerr	Lagan Valley	45.94		AAI
2006	Laura Kerr	Lagan Valley	47.62		AAI
2007	Anita White	Dublin Striders	44.97		AAI
2008	Anita White	Dublin Striders	42.82		AAI
2009	Olivia McDonald	St Peter's, Co. Louth	38.11		AAI
2010	Anita White Fitzgibbon	Dundrum South Dublin	43.48		AAI
2011	Anita White Fitzgibbon	Dundrum South Dublin	47.09		AAI
2012	Anita White Fitzgibbon	Dundrum South Dublin	49.54		AAI
2013	**Anita White Fitzgibbon**	**Dundrum South Dublin**	**54.92**		**AAI**
2014	Anita White Fitzgibbon	Dundrum South Dublin	48.62		AAI
2015	Anita White Fitzgibbon	Dundrum South Dublin	51.56		AAI
2016	Anita White Fitzgibbon	Dundrum South Dublin	47.89		AAI
2017	Grace Casey	Eire Og Corra Choill	43.42		AAI
2018	Elizabeth Morland	Cushinstown	43.41		AAI
2019	Elizabeth Morland	Cushinstown	46.60		AAI

Pentathlon / Heptathlon

Most titles
Brid Hallissey - 9 **1988, 89, 90, 91, 92, 93, 94, 97, 98**

Championship Record
Kelly Proper **5418 2013**

1965	Maeve Kyle	Ballymena	3935	p	AAUE
1966	Hazel Tennyson	Crusaders	3222	p	AAUE
1967	Not held			p	BLE
1968	Not held			p	BLE
1969	Margaret Murphy	Ovens	3608	p	BLE
1970	Claire Walsh	Cloniffe Harriers	3837	p	BLE
1971	Margaret Murphy	Ovens	3997	p	BLE
1972	Margaret Murphy	Ovens	3718	p	BLE
1973	Margaret Murphy	Ovens	3171	p	BLE
1974	Freddie Cooney	St Anthony's	3511	p	BLE
1975	Ruth Algar	Crusaders	3240	p	BLE
1976	Lucy Moore	Crusaders	2844	p	BLE
1977	Maria Hetherington	Dublin City Harriers	3294	p	BLE
1978	Joy Good	St Finbarr's, Cork	3553	p	BLE
1979	Joy Murphy (Good)	St Finbarr's, Cork	3500	p	BLE
1980	Barbara Johnson	West Limerick	3324	p	BLE
1981	Joy Murphy (Good)	St Finbarr's, Cork	4974	h	BLE
1982	Wendy Phillips	Belfast Ladies	4648	h	BLE
1983	Mary Barrett	Loughrea	4846	h	BLE
1984	Danea Herron	Finn Valley	4358	h	BLE
1985	Brid Hallissey	Ferrybank	4061	h	BLE
1986	Brid Hallissey	Ferrybank	4962	h	BLE
1987	Mary Barrett	Nenagh Olympic	4304	h	BLE
1988	Brid Hallissey	Ferrybank	4775	h	BLE
1989	Brid Hallissey	Ferrybank	5239	h	BLE
1990	Brid Hallissey	Ferrybank	5033	h	BLE
1991	Brid Hallissey	Ferrybank	5217	h	BLE
1992	Brid Hallissey	Ferrybank	4799	h	BLE
1993	Brid Hallissey	Ferrybank	5071	h	BLE
1994	Brid Hallissey	Ferrybank	5148	h	BLE
1995	Brid Hallissey	Ferrybank	4961	h	BLE
1996	Geraldine Finnegan	Dunleer	4101	h	BLE
1997	Brid Hallissey	Waterford	4426	h	BLE
1998	Niamh O'Rourke	Nenagh Olympic	3793	h	BLE
1999	Sharon Foley	Lifford	3650	h	BLE
2000	Fiona Kavanagh	St Laurence O'Toole, Carlow	4529	h	AAI
2001	Sharon Foley	Lifford	4832	h	AAI
2002	Sharon Gallen (Foley)	Lifford	5054	h	AAI
2003	Sharon Gallen (Foley)	Lifford	5099	h	AAI
2004	Geraldine Finnegan	Dunleer	4379	h	AAI
2005	Kelly Proper	Ferrybank	4709	h	AAI
2006	Cancelled		—	h	AAI
2007	Geraldine Finnegan	Dunleer	4166	h	AAI
2008	Geraldine Finnegan	Dunleer	3717	h	AAI
2009	Geraldine Finnegan	Dunleer	3802	h	AAI
2010	Geraldine Finnegan	Dunleer	4590	h	AAI
2011	Leona Bryne	St Laurence O'Toole, Carlow	4498	h	AAI
2012	Julie Morrison	Spa Muckross	4187	h	AAI
2013	**Kelly Proper**	**Ferrybank**	**5418**	**h**	**AAI**
2014	Karen Dunne	Bohermeen	4058	h	AAI
2015	Karen Dunne	Bohermeen	3913	h	AAI
2016	Naomi Morgan	City of Derry Spartans	4406	h	AAI
2017	Amy McTaggart	Boyne	4302	h	AAI
2018	Amy McTaggart	Boyne	4706	h	AAI
2019	Laura Frey	Lagan Valley	4369	h	AAI

3000 m / 5000 m Walk

	Most titles		
3K/5K	**Perri Williams - 5**		**1986, 87, 88, 92, 97**
5K	**Olive Loughnane - 5**		**1999, 2004, 05, 08, 09**
	Championship Record		
3K	**Perri Williams**	**14.21.72**	**1988**
5K	**Gillian O'Sullivan**	**20.00.60**	**2002**

1981	Mary Hennessy	St Joseph's, Kilkenny	15.48.2	3K	BLE
1982	Gwen Robertson	U.S.A.	15.32.69	3K	BLE
1983	Catherine Hennessy	St Joseph's, Kilkenny	16.25.33	3K	BLE
1984	Mary Hennessy	St Joseph's, Kilkenny	15.58.91	3K	BLE
1985	Perri Williams	St Senan's, Kilmacow	16.05.5	3K	BLE
1986	Perri Williams	St Senan's, Kilmacow	15.29.4	3K	BLE
1987	Perri Williams	St Senan's, Kilmacow	14.57.88	3K	BLE
1988	Perri Williams	St Senan's, Kilmacow	14.21.72	3K	BLE
1989	Marie Walsh	SDS	14.27.90	3K	BLE
1990	Marie Walsh	SDS	24.45.25	5K	BLE
1991	Marie Walsh	SDS	24.23.58	5K	BLE
1992	Perri Williams	St Senan's, Kilmacow	23.37.60	5K	BLE
1993	Lisa Paolini (Sheridan)	Dublin City Harriers	23.05.1	5K	BLE
1994	Deirdre Gallagher	University College Dublin	23.34.00	5K	BLE
1995	Deirdre Gallagher	University College Dublin	23.14.24	5K	BLE
1996	Deirdre Gallagher	University College Dublin	22.00.05	5K	BLE
1997	Perri Williams	St Senan's, Kilmacow	24.50.08	5K	BLE
1998	Gillian O'Sullivan	University College Cork	21.57.22	5K	BLE
1999	Olive Loughnane	Loughrea	22.58.27	5K	BLE
2000	Niobe Menéndez	Dublin City Harriers	24.22.84	5K	AAI
2001	Gillian O'Sullivan	Farranfore Maine Valley	20.50.13	5K	AAI
2002	**Gillian O'Sullivan**	**Farranfore Maine Valley**	**20.02.60**	5K	AAI
2003	Gillian O'Sullivan	Farranfore Maine Valley	20.13.13	5K	AAI
2004	Olive Loughnane	Loughrea	22.13.89	5K	AAI
2005	Olive Loughnane	Loughrea	21.52.56	5K	AAI
2006	Ann Loughnane	Craughwell	22.22.24	5K	AAI
2007	Ann Loughnane	Craughwell	24.36.30	5K	AAI
2008	Olive Loughnane	Loughrea	21.07.28	5K	AAI
2009	Olive Loughnane	Loughrea	21.03.45	5K	AAI
2010	Kate Veale	West Waterford	22.52.90	5K	AAI
2011	Kate Veale	West Waterford	21.30.18	5K	AAI
2012	Meave Curley	Craughwell	24.41.07	5K	AAI
2013	Sinead Burke	St. Coca's, Kilcock	25.27.11	5K	AAI
2014	Sinead Burke	St. Coca's, Kilcock	25.17.86	5K	AAI
2015	Veronica Burke	Ballinasloe & District	25.18.96	5K	AAI
2016	Emma Prendiville	Farranfore Maine Valley	25.15.57	5K	AAI
2017	Kate Veale	West Waterford	23.22.15	5K	AAI
2018	Kate Veale	West Waterford	22.19.22	5K	AAI
2019	Orlaith Delahunt	Sligo	26.18.21	5k	AAI

10km Road Walk

Most titles
Perri Williams - 4 **1988, 91, 92, 93**

Championship Record
Deirdre Gallagher **48.45** **1995**

1986	Pamela Reynolds	Ashbourne, St. Andrews	58.56	BLE
1987	Sinead McGranaghan	Finn Valley	55.17	BLE
1988	Perri Williams	St Senan's, Kilmacow	51.53	BLE
1989	Marie Walsh	SDS	49.47	BLE
1990	Marie Walsh	SDS	51.15	BLE
1991	Perri Williams	St Senan's, Kilmacow	50.44	BLE
1992	Perri Williams	St Senan's, Kilmacow	49.34	BLE
1993	Perri Williams	St Senan's, Kilmacow	51.44	BLE
1994	Deirdre Gallagher	Ballina	49.03	BLE
1995	**Deirdre Gallagher**	**University College Dublin**	**48.45**	**BLE**
1996	Gillian O'Sullivan	University College Cork	50.19	BLE
1997	Gillian O'Sullivan	University College Cork	48.59	BLE
1998	Olive Loughnane	Loughrea	49.06	BLE

20km Walk

Most titles
Gillian O'Sullivan - 5 **1999, 2000, 01, 02, 03**
Olive Loughnane - 5 **2004, 05, 08, 09, 11**

Championship Record
Gillian O'Sullivan **1.29.12** **2002**

1999	Gillian O'Sullivan	University College Cork	1.43.42	BLE
2000	Gillian O'Sullivan	Farranfore Maine Valley	1.35.09	AAI
2001	Gillian O'Sullivan	Farranfore Maine Valley	1.36.38	AAI
2002	**Gillian O'Sullivan**	**Farranfore Maine Valley**	**1.29.12**	AAI
2003	Gillian O'Sullivan	Farranfore Maine Valley	1.29.22	AAI
2004	Olive Loughnane	Loughrea	1.32.12	AAI
2005	Olive Loughnane	Loughrea	1.32.28	AAI
2006	Catriona McMahon	St Mary's, Limerick	2.03.07	AAI
2007	Catriona McMahon	St Mary's, Limerick	1.56.38	AAI
2008	Olive Loughnane	Loughrea	1.33.16	AAI
2009	Olive Loughnane	Loughrea	1.30.57	AAI
2010	Laura Reynolds	Mohill	1.38.08	AAI
2011	Olive Loughnane	Loughrea	1.31.55	AAI
2012	Maeve Curley	Craughwell	1.52.23	AAI
2013	Michelle Turner	North Down	1.45.38	AAI
2016	Maeve Curley	University of Limerick	1.49.52	AAI
2017	Veronica Burke	Ballinasloe & District	1.47.10	AAI
2018	Kate Veale	West Waterford	1.37.54	AAI
2019	Kate Veale	West Waterford	1.37.52	AAI
2020	Kate Veale	West Waterford	1.56.06	AAI

50km Run

2011	Fionnuala O'Mara		4.54.25	
2012	Charlotte Kearney	Donadea RC	4.04.06	
2013	Olwyn Dunne	Crusaders	4.00.28	
2014	Orna Dilworth	Sportsworld	3.43.16	
2015	Mary Laverty		3.43.03	
2016	Suzanne Kenny	Trail Heads	3.59.49	
2017	Louise Smith	North Belfast Harriers	3.51.09	
2018	**Catriona Jennings**	**Letterkenny**	**3.24.30**	
2019	Laura O'Driscoll	Setanta	3.48.16	
2020	Laura O'Driscoll	Setanta	3.32.17	

24 Hour Run

2011	Deirdre Finn	Bilboa, Co Limerick	181.143	km
2012	Aisling Coppinger		162.000	km
2013	Ruthann Sheahan		225.508	km
2014	Donna McLoughlin		180.790	km
2015	Susan McCartney		188.863	km
2016	Louise Smart	Co.Antrim Harriers	201.016	km
2017	Amy Masner		228.581	km
2018	Louise Smart	Co.Antrim Harriers	205	km
2019	Paula Wright	Newport	219.16	km

28lbs for Distance

2018	Cara Kennedy	Ferrybank	6.72	AAI
2019	Laura Dolan	Ferbane	6.94	AAI

Mountain Running

Most titles

Diane Wilson Dromore - 5 2011-14, 2016

1996	Beth McCluskey	Crusaders	
1997			
1998	Majella Diskin	An Riocht	
1999			
2000	Jane Porter	Crusaders	IMRA
2001	Joan Flanagan	Ajax Orienteering	IMRA
2002	Roisin McDonnell	Setanta Orienteering	IMRA
2003	Nicky Cinnamond		IMRA
2004	Zoe Melling	Rathfarnham	IMRA
2005	Beth McCluskey	Crusaders	IMRA
2006	Maureen Foley	Bilboa	IMRA
2007	Moire O'Sullivan	Setanta Orienteering	IMRA
2008	Moire O'Sullivan	Setanta Orienteering	IMRA
2009	Caroline Reid	Dunboyne	IMRA
2010	Deirdre Finn	Bilboa	IMRA
2011	Diane Wilson	Dromore	IMRA
2012	Diane Wilson	Dromore	IMRA
2013	Diane Wilson	Dromore	IMRA
2014	Diane Wilson	Dromore	IMRA
2015	Becky Quinn	IMRA	IMRA
2016	Diane Wilson	Dromore	IMRA
2017	Cathy Wyse		IMRA
2018	Becky Quinn	IMRA	IMRA
2019	Becky Quinn	IMRA	IMRA

The Irish Championship is run on five major peaks well spread throughout the country. Like all Championship races they are generally not marked. The best three results from five count.

Venue	**Distance**	**Climb**	**Difficulty**
Slieve Donard	8.85km	8.40m	8
Carrauntoohil	12.50km	1137m	10
Mweelrea	10.70km	766m	9
Croagh na Coille	10.46km	718m	8
Galtymore	11.50km	1100m	10

Cross Country Inter-Clubs

Most titles

Catherina McKiernan - 5 **1990, 91, 92, 93, 2004**

1966	Peggy Hogan	Crusaders	15.33		AAUE
1967	Peggy Hogan	Crusaders	12.51		BLE
1968	Ann O'Brien	Clonliffe Harriers	13.56	§	BLE
1969	Ann O'Brien	Clonliffe Harriers	14.51		BLE
1970	Ann O'Brien	Clonliffe Harriers	14.41		BLE
1971	Ann O'Brien	Clonliffe Harriers	14.20		BLE
1972	Mary Lynch	Raheny Shamrock	14.43	*§	BLE
1973	Mary Tracey	Guinness	11.45		BLE
1974	Deirdre Nagle (Foreman)	Guinness	13.32	§	BLE
1975	Deirdre Nagle (Foreman)	Guinness	13.59	§	BLE
1976	Deirdre Nagle (Foreman)	Dublin City Harriers	14.21	§	BLE
1977	Sheila Morrissey	Kildare	13.11	†	BLE
1978	Kathryn Davis	Clonliffe Harriers	17.46		BLE
1979	Christine Ward	London Olympiad	19.07		BLE
1980	Mary Purcell (Tracey)	Crusaders	17.13		BLE
1981	Carol Meagan	Dundrum	17.35		BLE
1982	Fionnuala Morrish	Leevale	22.12		BLE
1983	Louise McGrillen	Dublin City Harriers	17.04		BLE
1984	Roisin Smyth	Sparta, Derry	17.41		BLE
1985	Louise McGrillen	Dublin City Harriers	16.46		BLE
1986	Mary Donohoe	Clonliffe Harriers	17.51		BLE
1987	Sonia O'Sullivan	Ballymore Cobh	16.28		BLE
1988	Catherine Rooney	Blackrock	19.28		BLE
1989	Christine Kennedy	Galway City Harriers	25.56		BLE
1990	Catherina McKiernan	Cavan	20.11		BLE
1991	Catherina McKiernan	Cornafean	24.55		BLE
1992	Catherina McKiernan	Cornafean	20.48		BLE
1993	Catherina McKiernan	Cornafean	20.04		BLE
1994	Teresa Duffy	Beechmount Harriers	23.04		BLE
1995	Teresa Duffy	Beechmount Harriers	22.07		BLE
1996	Teresa Duffy	Beechmount Harriers	22.00		BLE
1997	Maureen Harrington	Ríocht	22.35		BLE
1998	Maureen Harrington	Ríocht	21.27		BLE
1999	Breda Dennehy	Bandon	26.26		BLE
2000	Anne Keenan-Buckley	North Laois	21.30		AAI
2001	Rosemary Ryan	Bilboa, Co. Limerick	20.49		AAI
2002	Anne Keenan-Buckley	North Laois	32.07		AAI
2003	Anne Keenan-Buckley	North Laois	30.38		AAI
2004	Catherina McKiernan	Annalee	26.39		AAI
2005	Jolene Byrne	Donore Harriers	28.25		AAI
2006	Maria McCambridge	Dundrum South Dublin	28.05		AAI
2007	Fionnuala Britton	Slí Cualann	29.11		AAI
2008	Fionnuala Britton	Slí Cualann	29.22		AAI
2009	Maria McCambridge	Letterkenny	29.17		AAI
2010	Linda Byrne	Dundrum South Dublin	27.10		AAI
2011	Ava Hutchinson	Dundrum South Dublin	29.18		AAI
2012	Linda Byrne	Dundrum South Dublin	25.53		AAI
2013	Mary Cullen	Sligo	27.40		AAI
2014	Sarah McCormack	Clonliffe Harriers	29.41		AAI
2015	Maria McCambridge	Dundrum South Dublin	27.26		AAI
2015	Fionnuala Britton-McCormack	Slí Cualann	26.49		AAI
2016	Shona Heaslip	An Riocht	28.13		AAI
2017	Shona Heaslip	An Riocht	28.31		AAI
2018	Ciara Mageean	University College Dublin	28.02		AAI
2019	Fionnuala Britton-McCormack	Slí Cualann	28.41		AAI

§ Senior Ladies Inter Club not held at same venue as for Senior Men Inter Club

** Inter-Club & Inter-County separated*

† Senior Women & Men run at same venue from 1977

* Interclubs & Inter Counties switched dates

Inter-Club Team Champions

Most titles

Dublin City Harriers - 16	**1977, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 8 89, 90, 91, 92**
Dundrum South Dublin - 11	**2001, 03, 05, 06, 08, 09, 10, 11, 12, 14, 15**
Finn Valley - 10	**1993, 94, 95, 96, 97, 98, 99, 2000, 02, 04**

Longest Sequence of Titles

Dublin City Harriers	**16 years 1977-1992**

Lowest Point Score

Crusaders 2, 4, 5	**11 pts** 3	**1969**
Raheny Shamrock 2, 3, 6	**11 pts** 3	**1971**
Dublin City Harriers 1, 3, 5, 7	**16 pts** 4	**1985**

1966	Clonliffe Harriers	19 pts	AAUE	
1967	Clonliffe Harriers	21 pts	BLE	
1968	Raheny Shamrock	— §	BLE	
1969	**Crusaders**	**11 pts** 3	**BLE**	
1970	Clonliffe Harriers	13 pts	BLE	
1971	**Raheny Shamrock**	**11 pts** 3	**BLE**	
1972	St. Laurence O'Toole's	25 pts *§	BLE	
1973	Guinness	22 pts	BLE	
1974	Grange Fermoy	36 pts §	BLE	
1975	Guinness	32 pts §	BLE	
1976	Clonliffe Harriers	29 pts §	BLE	
1977	Dublin City Harriers	30 pts †	BLE	
1978	Dublin City Harriers	30 pts	BLE	
1979	Dublin City Harriers	45 pts	BLE	
1980	Dublin City Harriers	23 pts	BLE	
1981	Dublin City Harriers	37 pts	BLE	
1982	Dublin City Harriers	38 pts	BLE	
1983	Dublin City Harriers	26 pts	BLE	
1984	Dublin City Harriers	26 pts	BLE	
1985	**Dublin City Harriers**	**16 pts** 4	**BLE**	
1986	Dublin City Harriers	18 pts	BLE	
1987	Dublin City Harriers	42 pts	BLE	
1988	Dublin City Harriers	43 pts	BLE	
1989	Dublin City Harriers	40 pts	BLE	
1990	Dublin City Harriers	26 pts	BLE	
1991	Dublin City Harriers	43 pts	BLE	
1992	Dublin City Harriers	54 pts	BLE	
1993	Finn Valley	57 pts	BLE	
1994	Finn Valley	53 pts	BLE	
1995	Finn Valley	61 pts	BLE	
1996	Finn Valley	85 pts	BLE	
1997	Finn Valley	34 pts	BLE	
1998	Finn Valley	50 pts	BLE	
1999	Finn Valley	55 pts	BLE	
2000	Finn Valley	72 pts	AAI	
2001	Dundrum South Dublin	50 pts	AAI	
2002	Finn Valley	62 pts	AAI	
2003	Dundrum South Dublin	46 pts	AAI	
2004	Finn Valley	59 pts	AAI	
2005	Dundrum South Dublin	53 pts	AAI	
2006	Dundrum South Dublin	44 pts	AAI	
2007	North Belfast Harriers	47 pts	AAI	
2008	Dundrum South Dublin	23 pts	AAI	
2009	Dundrum South Dublin	50 pts	AAI	
2010	Dundrum South Dublin	50 pts	AAI	
2011	Dundrum South Dublin	27 pts	AAI	
2012	Dundrum South Dublin	34 pts	AAI	
2013	Raheny Shamrock	34 pts	AAI	
2014	Dundrum South Dublin	26 pts	AAI	
2015	Dundrum South Dublin	13 pts	AAI	
2015	Leevale	51 pts	AAI	* Interclubs & Inter Counties switched dates
2016	Dundrum South Dublin	54 pts	AAI	
2017	Leevale	35 pts	AAI	

2018	Leevale	74 pts	AAI
2019	Leevale	120 pts	AAI

§ Senior Ladies Inter Club not held at same venue as for Senior Men
* Inter-Club & Inter-County separated
† Senior Women & Men run at same venue from 1977

Cross Country Inter-Clubs - Short Course

1999	Elaine Fitzgerald Waterford*	13.33	BLE
2000			AAI
2001	Not held - Foot & Mouth Disease	—	AAI
2002	Sonia O'Sullivan Ballymore Cobh	12.46	AAI
2003	Ann Keenan-Buckley	13.10	AAI
2004	Aoife Byrne Dundrum South Dublin	13.51	AAI
2005	Niamh O'Sullivan Riocht	14.27	AAI
2006	Orla O'Mahoney Raheny Shamrock		AAI

Discontinued

* Short Course Trials

Cross Country Inter-Club Team Champions - Short Course

1999			BLE
2000			AAI
2001	Not Held - Foot & Mouth Disease	—	AAI
2002	Finn Valley	46 pts 3	AAI
2003			AAI
2004	Finn Valley	33 pts 4	AAI
2005	Finn Valley	39 pts 4	AAI
2006	Raheny Shamrock	52 pts 4	AAI

Discontinued

Inter-County Cross Country

Most titles

Catherina McKiernan - 5 — **1989, 90, 91, 92, 93**

Anne Keenan-Buckley - 5 — **1987, 88, 2000, 01, 02**

Fionnuala Britton - 5 — **2006, 07, 10, 13, 14**

1968	Ann O'Brien	Dublin	13.56	§	BLE
1969	Ann O'Brien	Dublin	14.51		BLE
1970	Ann O'Brien	Dublin	14.41		BLE
1971	Ann O'Brien	Dublin	14.20		BLE
1972	Mary Lynch	Dublin	13.09	*	BLE
1973	Mary Lynch	Dublin	14.41		BLE
1974	Deidre Nagle (Foreman)	Dublin	14.39		BLE
1975	Deidre Nagle (Foreman)	Dublin	14.57		BLE
1976	Mary Buckley	Cork	16.15		BLE
1976	Vera Duffy	Monaghan	13.38	†	BLE
1977	Vera Duffy	Monaghan	17.34		BLE
1978	Deidre Nagle (Foreman)	Dublin	18.36		BLE
1979	Mary Purcell	Dublin	19.27		BLE
1980	Fionnuala Morrish	Cork	17.37		BLE
1981	Patricia Appleby	Dublin	17.05	‡	BLE
1982	Greta Hickey	Dublin	18.55		BLE
1983	Louise McGrillen	Dublin	19.14		BLE
1984	Louise McGrillen	Dublin	18.04		BLE
1985	Valerie O'Mahony	Cork	19.35		BLE
1986	Valerie O'Mahony	Cork	18.31		BLE
1987	Anne Keenan-Buckley	Laois	21.47		BLE
1988	Anne Keenan-Buckley	Laois	17.34		BLE
1989	Catherina McKiernan	Cavan	19.04		BLE
1990	Catherina McKiernan	Cavan	22.02		BLE
1991	Catherina McKiernan	Cavan	17.53		BLE
1992	Catherina McKiernan	Cavan	18.08		BLE
1993	Catherina McKiernan	Cavan	18.12		BLE
1994	Maureen Harrington	Kerry	18.20		BLE
1995	Maureen Harrington	Kerry	16.46		BLE
1996	Valerie Vaughan	Cork	17.30		BLE
1997	Teresa Duffy	Derry	16.58		BLE
1998	Valerie Vaughan	Cork	19.45		BLE
1999	Rosemary Ryan	Limerick	17.17		BLE
2000	Anne Keenan-Buckley	Laois	18.04		AAI
2001	Anne Keenan-Buckley	Laois	16.59		AAI
2002	Anne Keenan-Buckley	Laois	18.30		AAI
2003	Rosemary Ryan	Limerick	17.44		AAI
2004	Maria McCambridge	Dublin	16.51		AAI
2005	Jolene Bryne	Dublin	18.17		AAI
2006	Fionnuala Britton	Wicklow	28.13		AAI
2007	Fionnuala Britton	Wicklow	28.48		AAI
2008	Linda Byrne	Dublin	29.37		AAI
2009	Mary Cullen	Sligo	26.50		AAI
2010	Fionnuala Britton	Wicklow	27.44		AAI
2011	Sara Treacy	Meath	31.10		AAI
2012	Ava Hutchinson	Dublin	31.06		AAI
2013	Fionnuala Britton	Wicklow	26.05		AAI
2014	Fionnuala Britton	Wicklow	26.59		AAI
2015	Not held				AAI
2016	Shona Heaslip	Kerry	NT		AAI

Discontinued & combined with Interclubs

§ Senior Ladies Inter Club not held at same venue as for Senior Men

** Inter-Club & Inter-County separated*

† Switch of Inter-Counties to before Xmas

‡ Held Kilbarry, Co. Waterford 17 January 1982

Inter-County Team Champions

Most Titles
Dublin - 36 — **1968, 69, 70, 71, 72, 73, 74, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 93, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12**

Longest Sequence of Titles
Dublin — **15 years 1987-1998**

Most titles
Dublin - 35 — **1968, 69, 70, 71, 72, 73, 74, 2** × 1976, 77, 78, **79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 93, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 12**

Lowest Point Score
Dublin 1, 2, 3, 4 — **10 pts** — **1971**

1968	Dublin	15 pts §	BLE
1969	Dublin	19 pts	BLE
1970	Dublin	13 pts	BLE
1971	**Dublin**	**10 pts**	**BLE**
1972	Dublin	14 pts *	BLE
1973	Dublin	15 pts	BLE
1974	Dublin	12 pts	BLE
1975	Cork	24 pts	BLE
1976	Dublin	18 pts	BLE
1976	Dublin	26 pts †	BLE
1977	Dublin	23 pts	BLE
1978	Dublin	16 pts	BLE
1979	Dublin	11 pts	BLE
1980	Dublin	14 pts	BLE
1981	Dublin	14 pts ‡	BLE
1982	Dublin	13 pts	BLE
1983	Dublin	12 pts	BLE
1984	Dublin	11 pts	BLE
1985	Dublin	29 pts	BLE
1986	Dublin	28 pts	BLE
1987	Dublin	17 pts	BLE
1988	Dublin	23 pts	BLE
1989	Dublin	17 pts	BLE
1990	Cork	28 pts	BLE
1991	Donegal	28 pts	BLE
1992	Donegal	39 pts	BLE
1993	Dublin	42 pts	BLE
1994	Donegal	50 pts	BLE
1995	Cork	45 pts	BLE
1996	Antrim	45 pts	BLE
1997	Donegal	33 pts	BLE
1998	Cork	30 pts	BLE
1999	Dublin	31 pts	BLE
2000	Dublin	29 pts	AAI
2001	Dublin	35 pts	AAI
2002	Dublin	33 pts	AAI
2003	Dublin	41 pts	AAI
2004	Dublin	22 pts	AAI
2005	Dublin	20 pts	AAI
2006	Dublin	34 pts	AAI
2007	Dublin	23 pts	AAI
2008	Dublin	16 pts	AAI
2009	Dublin	31 pts	AAI
2010	Dublin	26 pts	AAI
2011	Cork	35 pts	AAI
2012	Dublin	25 pts	AAI
2013	Dublin	20 pts	AAI
2014	Dublin	46 pts	AAI
2015	Not held		AAI
2016	Galway	25 pts	AAI
2017	Cork	35 pts	AAI
2018	Donegal	56 pts	AAI

§ Senior Ladies Inter County not held at same venue as for Senior Men
** Inter-Club & Inter-County separated*
† Switch of Inter-Counties to before Xmas
‡ Held Kilbarry, Co. Waterford 17 January 1982

2019	Dublin		41 pts	AAI

Intermediate Cross Country

1968	Nuala Bowe	Tipperary	9.00
1969	Nuala Bowe	Tipperary	
1970	Not Held		
1971	Beatrice Lambert	St Laurence O'Toole	
1972	Beatrice Lambert	St Laurence O'Toole	9.24
1973	Marie Buckley	Leevale	11.43
1974	Mary Appleby	Guinness	
1975	Mary Appleby	Guinness	12.01
1976	Mary Fleming	Midleton	
1977	Ann Keenan	Ballyfin	12.30
1978	Mary Dempsey	Youghal	11.54
1979			
1980	Carol Meegan	Dundrum	15.32
1981-1986	**Not held**		
1987	Frances Murphy	Dublin City Harriers	14.35
1988	Valerie Vaughan	Blarney/Inniscarra	14.56
1989	Teresa McKenna	Oriel	14.26
1990	Veronica Colleran	Shannon	
1991	Belinda McArdle	Finn Valley	15.01
1992	Catherine Hennessy	S.D.S.	14.55
1993	Geraldine Nolan	Kilkenny City Harriers	14.40
1994	Pauline Gorman	Tullamore Harriers	15.11
1995	Rosemary Ryan	Bilbao	18.08
1996	Ruth Murphy	University College Dublin	15.47
1997	Beth McCluskey	Crusaders	15.37
1998	Anne Lennon	Mayo	17.29
1999	Marie Lynch	Dundrum South Dublin	15.32
2000	Michelle Murphy Scott	Carrignavar	17.36
2001	Aoife Byrne	Dundrum South Dublin	15.13
2002	Margaret Danagher	Templemore	17.44
2003	Claire Gibbons	Leevale	14.45
2004	Fionualla Britton	Sli Cualann	14.19
2005	Niamh Devlin	Dundrum South Dublin	13.23
2006	Fiona Mahon	Donore Harriers	15.40
2007	Mona Burt	Sportsworld	16.29
2008	Orla Ni Mhuircheartaigh	Galway City Harriers	10.05
2009	Aoife Brady	Sportsworld	15.08
2010	Marie Walsh	Dundrum South Dublin	10.33
2011	Eilish Kelly	Raheny Shamrock	17.30
2012	Laura Shaughnessy	Loughrea	18.33
2013	Maria O'Sullivan	Dublin University	19.01
2014	Michelle McGee	Brothers Pearse	19.08
2015	Danielle Fegan	Armagh	19.10
2016	Marie Hyland	Crusaders	18.56
2017	Aoife Cooke	Youghal	20.01
2018	Mary Mulhare	Portlaoise	22.15
2019	Cheryl Nolan	St. Abbans	18.45
2020	Niamh Allen	Crusaders	18.58

Intermediate Cross Country Team Champions

	Club Team	County Team
1968		Tipperary 29pts
1969	Clonliffe Harriers 11pts	Dublin 20pts
1970		
1971	St Laurence O'Toole	Cork 24pts
1972	Leevale 11pts	Cork 12pts
1973	Leevale 15pts	Cork 13pts
1974	Grange/Fermoy 15pts	Cork 10pts
1975	University College Cork 38pts	Cork 20pts
1976	Midleton 60pts	Cork 52pts
1977	Ballyfin 18pts	Laois 13pts
1978	Galway City Harriers 17pts	Galway 25pts
1979		
1980		Dublin 24pts
1981-1986	**Not held**	
1987	Dublin City Harriers 59pts	Cork 57pts
1988	Mullingar 125pts	Dublin 51pts
1989	Oriel 80pts	Galway 43 pts
1990	Caslebar 59pts	Dublin 32pts
1991	Dundrum South Dublin 43pts	Dublin 23pts
1992	Sparta 66pts	Offaly 78pts
1993	Naas 122pts	Dublin 43 pts
1994	Dundrum South Dublin 140pts	Cork 76pts
1995	Galway City Harriers 92pts	Dublin 39pts
1996	Raheny Shamrock 68pts	Dublin 18pts
1997	Rathfarnham WSAF 72pts	Dublin 26pts
1998	University College Dublin 85pts	Cork 29pts
1999	Sportsworld 34pts	Dublin 27pts
2000	Donore Harriers 79pts	Cork 21pts
2001	Dundrum South Dublin 75pts	Cork 17pts
2002	Mullingar Harriers 48pts	Dublin 29pts
2003	Sportsworld 75pts	Cork 34pts
2004	West Waterford 60pts	Dublin 46pts
2005	Clonliffe Harriers 93pts	Dublin 55pts
2006	Rathfarnham WSAF 19pts	Dublin 40pts
2007	Donore Harriers 54pts	Dublin 40pts
2008	Raheny Shamrock 39pts	Dublin 57pts
2009	Sportsworld 46pts	Dublin 48pts
2010	Dundrum Soth Dublin 21 pts	Dublin 18 pts
2011	Leevale 64 pts	Cork 18 pts
2012	Ennis Track Club 64 pts	Cork 44pts
2013	Donore Harriers 50pts	Dublin 17 pts
2014	Raheny Shamrock 22pts	Dublin 16pts
2015	Liffey Valley 90pts	Kerry 44pts
2016	Crusaders 44pts	Dublin 47pts
2017	Sportsworld 29pts	Cork 27pts
2018	Portlaoise 43pts	Dublin 32pts
2019	Mullingar Harriers 57pts	Kilkenny 35pts
2020	Crusaders 63pts	Dublin 24pts

Novice Cross Country

1994	Rosemary Ryan	Bilboa	11.09	BLE
1995	Ita Boyle	Finn Valley	14.49	BLE
1996	Teresa Collins	Kilmurray/Ibrickane	11.38	BLE
1997	Edel Mooney	Ferbane	11.36	BLE
1998	Mairead McTiernan	Liffey Valley	12.35	BLE
1999	Gladys Ganiel	Dundrum South Dublin	10.24	BLE
2000	Carmel McCarthy Crowley	Bandon	10.17	AAI
2001	Margaret Danagher	Templemore	10.34	AAI
2002	Kathyrn Casserly	Castlegar	11.34	AAI
2003	Sinead Peoples	Tir Chonaill	10.48	AAI
2004	Elaine Baker	Dundrum South Dublin	10.28	AAI
2005	Fiona Mahon	Donore Harriers	10.56	AAI
2006	Jean Wilson	Sportsworld	11.47	AAI
2007	Rebecca Woods	Clonliffe Harriers	11.08	AAI
2008	Patricia Barry	Ferrybank	12.42	AAI
2009	Mary Scully	Mullingar Harriers	11.23	AAI
2010	Eilish Kelly	Raheny Shamrock	11.26	AAI
2011	Laura Behan	K.C.K.	11.22	AAI
2012	Laura Crowe	An Riocht	12.30	AAI
2013	Michelle McGee	Brother Pearse	14.48	AAI
2014	Danielle Fegan	Armagh	15.19	AAI
2015	Aoife Cooke	Youghal	15.08	AAI
2016	Fiona Kehoe	Kilmore	14.33	AAI
2017	Nakita Burke	Letterkenny	15.41	AAI
2018	Cheryl Nolan	St Abbans	14.38	AAI
2019	Cliona Murphy	Dublin City Harriers	15.37	AAI

Novice Cross Country Team Champions

	Club Team	County Team	
1994	Limerick 27pts	Limerick 17pts	BLE
1995	Raheny Shamrock 24pts	Dublin 21pts	BLE
1996	Donore Harriers 65pts	Dublin 24pts	BLE
1997	Sportsworld 59pts	Dublin 34pts	BLE
1998	Sportsworld 35pts	Dublin 22pts	BLE
1999	Mullingar Harriers 67pts	Dublin 48pts	BLE
2000	Donore Harriers 47pts	Cork 32pts	AAI
2001	Donore Harriers 51pts	Dublin 33pts	AAI
2002	University College Cork 65pts	Dublin 88pts	AAI
2003	Sparta North West 50pts	Derry 50pts	AAI
2004	Thurles Crokes 86pts	Dublin 29pts	AAI
2005	Donore Harriers 65pts	Dublin 45pts	AAI
2006	Sportsworld 77pts	Dublin 41pts	AAI
2007	Clonliffe Harriers 45pts	Dublin 45pts	AAI
2008	Ennis Track Club 61pts	Cork 61pts	AAI
2009	Mullingar Harriers 75pts	Meath 71pts	AAI
2010	Raheny Shamrock 99pts	Cork 120pts	AAI
2011	Donore Harriers 68pts	Dublin 23pts	AAI
2012	Crusaders 68pts	Dublin 20pts	AAI
2013	Raheny Shamrock 51pts	Dublin 76pts	AAI
2014	Dundrum South Dublin 76pts	Dublin 41pts	AAI
2015	Youghal 87pts	Cork 38pts	AAI
2016	Sportsworld 53pts	Dublin 44pts	AAI
2017	Sportsworld 91pts	Cork 67pts	AAI
2018	Mullingar Harriers 56pts	Laois 19pts	AAI
2019	Dublin City Harriers 69 pts	Dublin 32 pts	AAI

National T & F League Premier Div Champions

Most titles

Dublin City Harriers - 14 — **1979, 80, 81, 82, 84, 85, 89, 90, 91 98, 2000, 01, 02, 04**

Longest Sequence of Titles

Crusaders — **5 years 1974-1978**

1974	Crusaders AC	55 pts	BLE
1975	Crusaders AC	55 pts	BLE
1976	Crusaders AC	57 pts	BLE
1977	Crusaders AC	66 pts	BLE
1978	Crusaders AC	74 pts	BLE
1979	Dublin City Harriers	78 pts	BLE
1980	Dublin City Harriers	103 pts	BLE
1981	Dublin City Harriers	103 pts	BLE
1982	Dublin City Harriers	106 pts	BLE
1983	Crusaders AC	110 pts	BLE
1984	Dublin City Harriers	97 pts	BLE
1985	Dublin City Harriers	105 pts	BLE
1986	Dundrum South Dublin	104 pts	BLE
1987	Dundrum South Dublin	104 pts	BLE
1988	Dundrum South Dublin	120 pts	BLE
1989	Dublin City Harriers	111 pts	BLE
1990	Dublin City Harriers	124 pts	BLE
1991	Dublin City Harriers	119 pts	BLE
1992	Lisburn AC	90 pts	BLE
1993	Lisburn AC	110 pts	BLE
1994	Lisburn AC	117 pts	BLE
1995	Lisburn AC	110 pts	BLE
1996	Limerick AC	115 pts	BLE
1997	Nenagh Olympic	109 pts	BLE
1998	Dublin City Harriers	108 pts	BLE
1999	Ballymena & Antrim	111 pts	BLE
2000	Dublin City Harriers	117 pts	AAI
2001	Dublin City Harriers	112 pts	AAI
2002	Dublin City Harriers	113.5 pts	AAI
2003	Tir Chonaill	113 pts	AAI
2004	Dublin City Harriers	115 pts	AAI
2005	Abbey AC	109 pts	AAI
2006	Abbey AC	114 pts	AAI
2007	Abbey AC	107.5 pts	AAI
2008	Tir Chonaill	110.5 pts	AAI
2009	Tir Chonaill	105 pts	AAI
2010	Ferrybank	134 pts	AAI
2011	Dundrum South Dublin	127 pts	AAI
2012	Dundrum South Dublin	112 pts	AAI
2013	Dundrum South Dublin	115pts	AAI
2014	Dundrum South Dublin	107pts	AAI
2015	Dundrum South Dublin	108pts	AAI
2016	Dundrum South Dublin	101 pts	AAI
2017	St. Abbans	117 pts	AAI
2018	St. Abbans	111 pts	AAI
2019	Dundrum South Dublin	106 pts	AAI

National Road Relays

Most Titles
Dublin City Harriers - 9 **1978, 80, 81, 84, 85, 87, 89, 90 ,91**

Longest Sequence of Titles
Dublin City Harriers **3 years 1989-1991**

1978	Dublin City Harriers	14.01	BLE
1979	Crusaders	NT	BLE
1980	Dublin City Harriers	21.11	BLE
1981	Dublin City Harriers	18.37	BLE
1982	***Ballinteer, Dublin - 4 April***		BLE
1983	Limerick	29.31	BLE
1984	Dublin City Harriers	19.14	BLE
1985	Dublin City Harriers	17.55	BLE
1986	Clonliffe Harriers	19.19	BLE
1987	Dublin City Harriers	25.10	BLE
1988	Mullingar Harriers	20.46	BLE
1989	Dublin City Harriers	19.42	BLE
1990	Dublin City Harriers	20.30	BLE
1991	Dublin City Harriers	22.55	BLE
1992	Sparta	24.12	BLE
1993	Finn Valley	18.24	BLE
1994	Finn Valley	19.58	BLE
1995	Raheny Shamrock	19.08	BLE
1996	University College Cork	18.20	BLE
1997	University College Cork	18.14	BLE
1998	Finn Valley	28.59	BLE
1999	University College Cork	18.41	BLE
2000	Sparta North West	22.25	AAI
2001	University College Cork	21.28	AAI
2002	University College Cork	22.02	AAI
2003	Raheny Shamrock	22.06	AAI
2004	Tullamore Harriers	21.39	AAI
2005	Sportsworld	21.53	AAI
2006	Finn Valley	22.19	AAI
2007	Raheny Shamrock	21.46	AAI
2008	Raheny Shamrock	21.49	AAI
2009	Dundrum South Dublin	21.06	AAI
2010	Raheny Shamrock	21.52	AAI
2011	Kilcoole AC	21.50	AAI
2012	Dundrum South Dublin	21.17	AAI
2013	Dundrum South Dublin	21.06	AAI
2014	Leevale	21.24	AAI
2015	Leevale	20.39	AAI
2016	Leevale	20.50	AAI
2017	University College Dublin	21.01	AAI
2018	Dundrum South Dublin	21.34	AAI
2019	Donore Harriers	21.25	AAI

National 4x100m Inter Club Relay

1967	Crusaders	56.8
1968		
1969		
1970		
1971	Clonliffe Harriers	49.4
1972	Clonliffe Harriers	49.8
1973	Crusaders	49.2
1974	Crusaders	48.8
1975	Crusaders	49.0
1976	Clonliffe Harriers	50.5
1977	Leevale	48.9
1978	Leevale	49.0
1979	Dublin City Harriers	48.5
1980	Nenagh Olympic	48.69
1981	Leevale	49.8
1982	Nenagh Olympic	48.5
1983	Dublin City Harriers	49.2
1984	Dublin City Harriers	49.4
1985	Ferrybank	51.0
1986	Lucan Harriers	48.6
1987	Lucan Harriers	48.3
1988	Puma Track Club	49.35
1989	Dublin City Harriers	48.6
1990		
1991	Nenagh Olympic	49.31
1992	Tir Chonaill	49.4
1993	Clonliffe Harriers	48.19
1994	Ferrybank	51.2
1995	Newbridge	51.0
1996	Dundrum South Dublin	49.9
2002	Dundrum South Dublin	49.52
2003	Metro St. Brigids	50.2
2004		
2005		
2006		
2007	Leevale	50.9
2008		
2009		
2010	Bandon	55.7
2011		
2012	Dundrum South Dublin	47.10
2013	Ferrybank	46.96
2014	Fingallians	48.81
2015	Fingallians	49.16
2016	Ferrybank	47.20
2017	Mullingar Harriers	49.36
2018	Mullingar Harriers	50.38
2019	Mullingar Harriers	49.85

National 4x400m Inter Club Relay

1972	Clonliffe Harriers	3.52.1
1973	Clonliffe Harriers	3.51.8
1974	Clonliffe Harriers	3.56.0
1975	Clonliffe Harriers	3.59.8
1976	Clonliffe Harriers	3.55.1
1977	Clonliffe Harriers	3.53.1
1978	Clonliffe Harriers	3.53.5
1979	Crusaders	3.51.5
1980	Crusaders	3.52.64
1981	Leevale	3.54.5
1982	Crusaders	3.56.6
1983	Dublin City Harriers	3.51.5
1984	Dublin City Harriers	3.53.1
1985	Finn Valley	4.01.7
1986	Team Puma	3.52.4
1987	Team Puma	3.52.8
1988	Puma Track Club	3.54.1
1989	Dublin City Harriers	3.48.2
1990	Not held	
1991	Raheny Shamrock	3.57.55
1992	Clonliffe Harriers	3.57.3
1993	Nenagh Olympic	4.02.41
1994	Waterford	4.00.7
1995	University College Cork	4.03.5
1996	Dundrum South Dublin	4.10.7
1997		
1998	West Dublin	4.01.2
1999	Ballymena & Antrim	
2002	Tir Chonaill	4.03.20
2003	Metro St. Birgids	4.04.0
2004		
2005	Raheny Shamrock	4.27.98
2006	Metro St. Brigids	4.28.7
2007	Leevale	4.17.4
2008		
2009		
2010		
2011		
2012	Dundrum South Dublin	3.45.75
2013	Dundrum South Dublin	3.42.46
2014	Leevale	3.57.74
2015	Raheny Shamrock	4.00.10
2016	Dundrum South Dublin	3.52.73
2017	Dublin City Harriers	4.02.48
2018	Dublin City Harriers	4.02.13
2019	Bandon	4.00.14

National 3x800m Inter Club Relay

1973	Avondale	7.11.0	
1974	Clonliffe Harriers	6.43.2	
1975	Clonliffe Harriers	9.27.6	
1976	Clonliffe Harriers	6.49.5	
1977			
1978	Clonliffe Harriers	6.44.6	
1979	Crusaders	6.37.3	
1980	Crusaders	6.28.7	
1981	Dublin City Harriers	8.55.6	4 x 800m
1982	Dublin City Harriers	9.51.2	
1983	Finn Valley	9.13.1	4 x 800m
1984	Dublin City Harriers	8.51.2	4 x 800m
1985	Finn Valley	9.14.7	4 x 800m
1986	Dublin City Harriers	9.03.6	
1987	Dublin City Harriers	NT	
1988			
1989			
1990	Not held		
1991			
1992	Finn Valley	9.40.3	
1993			
1994	University College Cork	6.57.6	
1995	University College Cork	6.48.9	
1996	University College Cork	6.41.3	
1997			
1998	University College Cork	7.03.8	
1999	University College Cork		

Compiled by Pierce O'Callaghan & Cyril Smyth (December 2018)

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Irish Under-Age Athletics Champions 1891-2019

Hereunder, is an attempt to compile the list of Irish Under-age Athletics champions from 1891 to the present day.
This has been a challenging task to say the least, due to the sheer amount of underage events & titles available on an annual basis. Alongside this, the older (pre-internet era) results are only available in newspapers and there are a number of results which simply went missing or were regretfully never recorded at a central level. The compilers warmly welcome any spelling corrections, additions and amendments you notice and ask you to email them so that history can correctly record all the great young Irish athletes who spent their early lives training exceptionally hard in pursuit of that elusive Irish title.

As the old Irish saying goes "Mol an óige agus tiocfaidh siad" - Praise the youth and they will come.

In 21,000 lines of results, errors are expected so please email spelling corrections / additions / amendments to pierce@savvysportsmgt.com and csmyth@tcd.ie

The Lists will be maintained & updated on the AAI website - Competitions, Statistics section

1891-1922 Cross Country Championships organised by Cross Country Association of Ireland
1906-1910 Cross Country Championships organised by Gaelic Athletic Association (GAA)
1923-1966 Championships organised by the National Athletics & Cycling Association of Ireland (NACAI)
1937-1966 Championships organised by Amateur Athletic Union Eire (AAUE)
1943-1967 Irish Amateur Athletics Board
1966 - 1967 Irish Juvenile Athletics Board
1967-1999 Championships organised by Bord Lúthchleas na hÉireann (BLÉ) & Bord Lúthchleas ógánach na hÉireann (BLOÉ)
2000 - present Championships organised by Athletic Association of Ireland (AAI)

Most Prolific Irish Underage Individual Titles

Name	Club	Disciplines	Number of individual titles
Brid Hallissey	Ferrybank	Miscellenous & CE	32
Clare Fitzgerald	Tralee Harriers	Throws	26
Noelle Morrissey	Nenagh Olympic	Miscellenous	25
Michaela Walsh	Swinford	Throws	25
Sean Breathnach	Corr na Móna / Galway City Harriers	Throws	24
Jacqui Stokes	Fethard	Miscellenous	24
Mairead Murphy	Ferrybank	Miscellenous & CE	23
Colm Moran	Nenagh Olympic	Miscellenous & CE	23
Mark Christie	Mullingar Harriers	Middle Distances & CC	23
Rachel Akers	Marian	Throws	21
Padraig Jordan	Castlebar & Mayo United	Sprints & Jumps	21
Ailish O'Brien	Dungarvan	Throws	20
Sarah Lavin	Emerald	Sprints & Hurdles	19
Aoife Byrne	Dundrum South Dublin	Middle Distances	19
Barry Walsh	Dooneen & Limerick	Miscellenous & CE	19
Elizabeth Morland	Cushinstown	Miscellenous & CE	19
Shane Fitzsimons	Mullingar Harriers	Middle Distances & CC	18
James Nagle	Farranfore Maine Valley	Throws	18
Joanne Cuddihy	Kilkenny City Harriers	Sprints	18
Eugene Curran	Ardee	Middle Distances & CC	18
Daniel Ryan	Moycarkey Coolcroo	Miscellenous & CE	17
Eileen O'Keeffe	Kilkenny City Harriers	Throws	17
Laura McSweeney	Bandon	Throws	17
Bill Mullaney	Thurles Crokes	Middle Distances & CC	17
Kalyn Sheehan	Ferrybank	Miscellenous	17
Aine Cuddihy	Carrick-on-Suir	Sprints/Jumps/CE	16
Marita Walton	Kilkenny City Harriers	Sprints & Throws	16
Sara Louise Treacy	Moynalvey	Middle Distances & CC	16
John Kelly	Finn Valley	Throws	16
Brid Naughton	Nenagh Olympic	Miscellenous & CE	15
David Cussen	Old Abbey Striders	Jumps	15
Eoin Hannon	Tullamore Harriers	Jumps	15
John Kelly	Finn Valley	Throws	15
Clara Thompson	Bree & Slaney Olympic	Throws	15
Frank O'Brien	Dungarvan	Throws	15

Notable Athletes who won Irish Championship at a young age

Name / Club	About	Youngest Underage Irish title won
Ronald Michael "Ronnie" Delany	1956 Olympic Champion	U18 800m 1952
Sonia O'Sullivan, Ballymore/Cobh	World Champion & Olympic medallist	U16 1500m 1985
Robert Heffernan, Togher	World Champion & Olympic medallist	U18 5000mW 1996
John Treacy, St. Nicholas, Ring	World Champion & Olympic medallist	U15 3000m 1972
Derval O'Rourke, Leevale	World Champion & European Medallist	U14 80m Hurdles 1995
Marcus O'Sullivan, Leevale	World Champion	U20 5000m 1980
Eamonn Coghlan, Metro	World Champion	U17 1500m 1970
Frank O'Mara, Limerick	World Champion	U17 1500m 1977
Catherina McKiernan, Cornafaen	European Champion & World Medallist	U23 1500m 1990
Fionnuala Britton, Kilcoole	European Champion	U17 CC 2000
Mark Carroll, Leevale	European Champion	U17 CC 1989
David Gillick, Dundrum South Dublin	European Champion	U18 400/400H 2001
Gillian O'Sullivan, Farranfore Maine Valley	World Medallist	U17 3000mW 1993
Paul Donovan, Pearse	World Medallist	U16 SC 1979
Paul McKee, Beechmount Harriers	World Medallist	U23 400m 1998
James Nolan, Clodiagh Valley	European Medallist	U12 CC 1989
Mark English, Letterkenny	European Medallist	U11 600m 2003
Frank Murphy, Clonliffe Harriers	European Medallist	U18 800m 1963
Karen Shinkins, Newbridge	European Medallist	U17 200m 1993
Ciara Mageean, City of Lisburn	European Medallist	U15 CC 2006
Roisin McGettigan, Inbhear Dee	European Medallist	U17 800m 1997
Mary Cullen, North Sligo	European Medallist	U17 3000m 1999
Ciaran O'Lionaird, Leevale	European Medallist	U16 CC 2003
Thomas Barr, Ferrybank	European Medallist	U19 400m Hurdles 2010
Jason Smyth, City of Derry	Paralympic Champion	U20 100m 2005
Michael McKillop, St. Malachy's	Paralympic Champion	U20 CC 2009
Ronan Keating, Dunshaughlin	Lead Singer with Boyzone	U13 200m 1990
Shane Long, Slieveardagh	Irish Senior International Footballer	U16 100m & 400m Hurdles 2001
Neil Francis, Blackrock, Dublin	Irish Senior Rugby International	U20 Javelin 1982
Denis Hickie, Metro St. Brigids	Irish Senior Rugby International	U15 100m 1991
Alison Miller, St. Abban's	Irish Senior Rugby International	U17 Triple Jump 2001
Cian Healy, Raheny Shamrock	Irish Senior Rugby International	U17 Javelin 2003
Beauden Barrett, St. Brigids Oldcastle	All Blacks World Rugby Champion 2015	U9 Ball Throw 2000
Gerard Hartmann, Limerick Emerald	World renowned Physical therapist	U17 Steeplechase 1978
Gary Halpin, Rockwell	Irish Senior Rugby International	U15 Boys Hammer 1981
Pat Hartigan, Limerick	1973 All Ireland Hurling medallist	U16 Boys Shot Put 1966
Bernie Hartigan, Regional	1973 All Ireland Hurling medallist	U20 Discus 1962
Bernard Brogan, Dublin	1976/77 All Ireland Gaelic Football winner	U13 High Jump 1966
Damian O'Hagan, Coalisland	1986 All Ireland Gaelic Football runner-up	U11 Triple Jump 1971
Caroline O'Shea, Crusaders	1st Irish female Olympic track finallist	U11 200m 1972
Hugh O'Callaghan, Clonmel	Son of Olympic Champion Dr. Pat O'Callaghan	U20 Shot Put 1960
Brian O'Callaghan, University College Cork	Son of Olympic Champion Dr. Pat O'Callaghan	U20 Hammer 1959
Terry O'Callaghan, Clonmel	Son of Olympic Champion Dr. Pat O'Callaghan	U18 Hammer 1956
Pat O'Callaghan, Clonmel	Son of Olympic Champion Dr. Pat O'Callaghan	U18 Shot Put 1955
Joseph F "Joe" Delany,Civil Service Harriers	Brother of Olympic Champion Ronnie Delany	U18 Long Jump 1948
John Coghlan, Metro St Brigids	Son of World Champion Eamonn Coghlan	U19 CC 2006
Sophie O'Sullivan, Ballymore/Cobh	Daughter of World Champion Sonia O'Sullivan	U17 1500m 2017
Rena Buckley	18 x All Ireland Gaelic & Camogie winner	U13 1500m 2000
William "Billy" Glynn, Tuam	President Irish Rugby Football Union	U20 100m 1962
Paul Nolan, Bree	Horse Trainer of Cheltenham winner	U11 80m 1980

CR denotes the Championship Record in each event

Roll of Honour

Year	Athlete	Club	Performance			
(U21 from 1984-1991, U23 from 1992 onwards)						
100m U23 Men						
1984	Paul O'Brien	Bugerland Limerick	11.49			BLE
1985	Padraig Connerton	Lough Ree	11.57			BLE
1986	Philip Snoddy	Annadale Striders	10.99			BLE
1987	John Doran	Raheny Shamrock	11.46			BLE
1988	P Walsh	Donore Harriers	11.05			BLE
1989	Barry Martin	Redeemer	10.82			BLE
1990	Darren Haddock	Togher	11.00			BLE
1991	Carlton Haddock	Togher	10.93			BLE
1992	Darren Haddock	Togher	10.77			BLE
1993	Jeff Pamplin	Dublin City Harriers	11.12			BLE
1994	Jeff Pamplin	Dublin City Harriers	10.78	w		BLE
1995	John McAdorey	Ballymena & Antrim	11.40			BLE
1996	Ciaran McDonagh	Fr. Murphy	11.03			BLE
1997	Aaron Rogers	Dundealgan	11.2			BLE
1998	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	10.8	-3.0		BLE
1999	Darren Hough	Dublin City Harriers	10.85	-0.5		BLE
2000	Mark Howard	Fingallians	10.61	2.2		AAI
2001	Jer O'Donoghue	Leevale	10.92	1.8		AAI
2002	Mark Howard	Fingallians	10.64	2.5		AAI
2003	Paul Hession	Athenry	10.64	1.6		AAI
2004	Donal Leahy	Donore Harriers	11.33	-1.2		AAI
2005	David Hynes	Menapians	10.83	3.7		AAI
2006	David Hynes	Menapians	11.30	1.8		AAI
2007	Derek Duff	Leevale	11.00	1.0		AAI
2008	David O'Shea	Dooneen	10.78	1.9		AAI
2009	**Jason Smyth**	**City of Derry**	**10.42**	**1.4**	**CR**	AAI
2010	Christopher Russell	Ferrybank	10.84	-1.8		AAI
2011	Dean Adams	Ballymena & Antrim	10.62	2.8		AAI
2012	Oliver Black	St. Coca's	10.79			AAI
2013	Paul Whelan	Clonliffe Harriers	10.81			AAI
2014	Eanna Madden	Carrick-on-Shannon	10.72			AAI
2015	Marcus Lawler	St. Laurence O'Toole	10.54	1.2		AAI
2016	Christian Robinson	City of Lisburn	11.23	0.0		AAI
2017	Christian Robinson	City of Lisburn	11.02	-0.7		AAI
2018	Toye Adeyeye	Sli Cualann	10.75			AAI
2019	Mark Smyth	Raheny Shamrock	10.74	-0.2		AAI
200m U23 Men						
1984	Paul O'Brien	Bugerland Limerick	22.94			BLE
1985	Padraig Connerton	Lough Ree	22.27			BLE
1986	Philip Snoddy	Annadale Striders	22.05			BLE
1987	John Doran	Raheny Shamrock	22.61			BLE
1988	P Walsh	Donore Harriers	22.69			BLE
1989	Barry Martin	Redeemer	21.84			BLE
1990	Darren Haddock	Togher	22.17			BLE
1991	Peter Lyons	Dublin City Harriers	21.96			BLE
1992	Tom Comyns	Limerick	21.93			BLE
1993	Sean McAteer	Harolds Cross	22.13			BLE
1994	Gary Ryan	Nenagh Olympic	21.62	w		BLE
1995	Eugene Farrell	Dublin City Harriers	21.90			BLE
1996	John McAdorey	Ballymena & Antrim	21.93			BLE
1997	Tomas Coman	Templemore	22.36			BLE
1998	Darren Hough	Crusaders	21.77			BLE
1999	Darren Hough	Dublin City Harriers	21.64	-0.3		BLE
2000	Jonathan Carleton	Ballymena & Antrim	22.33	-1.6		AAI
2001	Jer O'Donoghue	Leevale	22.19	1.1		AAI
2002	Mark Howard	Fingallians	21.52	2.6		AAI
2003	Paul Hession	Athenry	21.28	0.9		AAI
2004	Paul Hession	Athenry	21.52	-2.1		AAI

2005	Peter Stafford	Dundrum South Dublin	22.20	0.6		AAI
2006	Nick Hogan	Dundrum South Dublin	22.25	-0.6		AAI
2007	Derek Duff	Leevale	22.15			AAI
2008	Derek Duff	Leevale	21.91	-0.7		AAI
2009	Brian Gregan	Tallaght	21.58	1.7		AAI
2010	Steven Colvert	University College Dublin	21.31	0.3		AAI
2011	**Steven Colvert**	**Crusaders**	**20.77**	**3.3**	**CR**	AAI
2012	Paul Whelan	Dublin Striders	22.26			AAI
2013	Dara Kervick	Carrick-on-Suir	21.61			AAI
2014	Eanna Madden	Carrick-on-Shannon	21.78			AAI
2015	Eanna Madden	Carrick-on-Shannon	21.48	0.8		AAI
2016	Kieran Elliot	North Sligo	21.84	-0.6		AAI
2017	Adam Murphy	St. Laurence O'Toole	22.00	-1.1		AAI
2018	Craig Newell	Ballymena & Antrim	21.67			AAI
2019	Paul Costelloe	Emerald	21.74	-1.5		AAI

400m U23 Men

1984	Kieran Leahy	Waterford	49.11			BLE
1985	Gerard Hampson	Sligo	50.88			BLE
1986	William Worth	Clondalkin	50.46			BLE
1987	M Locke	Annadale Striders	48.99			BLE
1988	Diarmaid Moloney	Fermoy	49.66			BLE
1989	M Cooke	Annadale Striders	48.89			BLE
1990	Brendan Murphy	Cashel	48.16			BLE
1991	Stephen Newman	Dublin City Harriers	47.89			BLE
1992	Anthony Foran	Clonliffe Harriers	48.08			BLE
1993	Anthony Foran	Clonliffe Harriers	48.68			BLE
1994	Shane Lawlor	Tullamore Harriers	50.66			BLE
1995	Eugene Farrell	Dublin City Harriers	48.00			BLE
1996	Mark Smith	Dundrum South Dublin	49.21			BLE
1997	Tomas Coman	Templemore	48.38			BLE
1998	Paul McKee	Beechmount Harriers	47.92			BLE
1999	Paul Oppermann	Dublin City Harriers	47.48			BLE
2000	**Paul Oppermann**	**Dublin City Harriers**	**47.13**		**CR**	AAI
2001	Tomas Coman	Templemore	47.69			AAI
2002	Brian Murphy	Leevale	48.31			AAI
2003	Brian Murphy	University College Cork	48.56			AAI
2004	Ciaran O'Connell	Glaslough Harriers	48.91			AAI
2005						AAI
2006	Kevin Walsh	Togher	48.78			AAI
2007	Simon Taggart	Donore Harriers	49.55			AAI
2008	Nick Hogan	Dundrum South Dublin	48.97			AAI
2009	Kieran Kelly	Raheny Shamrock	49.55			AAI
2010	Billy Ryan	Ferrybank	48.09			AAI
2011	Niall Tuohy	Ferrybank	48.08			AAI
2012	Eoin Mulhall	Crusaders	48.24			AAI
2013	Timothy Crowe	Dooneen	48.42			AAI
2014	Sean Donegan	Tullamore Harriers	51.39			AAI
2015	Paul White	Nenagh Olympic	49.17			AAI
2016	Brandon Arrey	Blarney / Inniscarra	48.92			AAI
2017	Harry Purcell	Trim	47.37			AAI
2018	Shane Irwin	Finn Valley	48.26			AAI
2019	Thomas Pitkin	Clonliffe Harriers	47.78			AAI

800m U23 Men

1984	Enda Fitzpatrick	Dublin City Harriers	1.51.70			BLE
1985	Enda Fitzpatrick	Dublin City Harriers	1.56.07			BLE
1986	Declan Kennedy	Dublin City Harriers	1.59.83			BLE
1987	Terry McConnon	Walkinstown SAF	1.54.25			BLE
1988	E Kelly	Sparkhill	1.59.56			BLE
1989	Gary Lough	Annadale Striders	1.53.95			BLE
1990	Niall Bruton	Clonliffe Harriers	1.53.19			BLE
1991	Danny O'Brien	Limerick	1.54.95			BLE
1992	Colm Tobin	Treaty	2.00.38			BLE
1993	Shane Daly	Galway City Harriers	1.52.23			BLE
1994	Declan Seward	Kildare	1.54.54			BLE
1995	Declan Seward	Kildare	1.56.12			BLE
1996	John Cashman	Blarney/Iniscarra	1.53.44			BLE
1997	Andrew Walker	Newbridge	1.53.32			BLE

1998	Stephen Kennifick	London Irish	1.57.27		BLE
1999	David Brosnan	Leevale	1.52.41		BLE
2000	Eoin Cummins	University College Dublin	1.54.10		AAI
2001	Eoin Cummins	University College Dublin	1.53.94		AAI
2002	David Kelly	Dundrum South Dublin	1.52.71		AAI
2003	Colm Rooney	Clonliffe Harriers	1.52.86		AAI
2004	Thomas Chamney	Clonmel	1.52.35		AAI
2005	Thomas Chamney	Crusaders	1.52.26		AAI
2006	Eoin Everard	Kilkenny City Harriers	1.51.46		AAI
2007	Kevin McCloy	Shercock	1.55.61		AAI
2008	Joe Warne	Doheny	1.57.28		AAI
2009	Joe Warne	Doheny	1.54.80		AAI
2010	**Anthony Leighio**	**Tallaght**	**1.50.30**	**CR**	AAI
2011	Darren McBrearty	Letterkenny	1.51.57		AAI
2012	Billy Ryan	Ferrybank	1.57.59		AAI
2013	Darren McBrearty	Letterkenny	1.51.73		AAI
2014	Keith Fallon	Galway City Harriers	1.55.36		AAI
2015	Zak Curran	Dundrum South Dublin	1.56.24		AAI
2016	Harry Purcell	Trim	1.52.10		AAI
2017	Shane Fitzsimons	Mullingar Harriers	1.54.91		AAI
2018	Conall Kirk	Annadale Striders	1.53.42		AAI
2019	Callum Crawford-Walker	Annadale Striders	1.52.97		AAI

1500m U23 Men

1984	John Hamilton	Slaneyside	3.56.58		BLE
1985	Ray Gaffney	West Dublin	3.57.75		BLE
1986	Paul Tweedie	Annadale Striders	3.50.56		BLE
1987	Anthony Spellman	Galway City Harriers	3.49.71		BLE
1988	Henry Downes	Limerick	3.58.45		BLE
1989	Paul Moloney	Raheny Shamrock	3.55.90		BLE
1990	Seamus Power	St. Marys, Clare	3.57.83		BLE
1991	**Mark Carroll**	**Leevale**	**3.46.90**	**CR**	BLE
1992	Nigel Brunton	University College Dublin	3.58.81		BLE
1993	Nigel Brunton	University College Dublin	3.57.87		BLE
1994	John Fenton	Emerald	4.13.63		BLE
1995	Pat O'Keeffe	University College Cork	3.59.43		BLE
1996	Kieran McKeon	Leevale	3.57.10		BLE
1997	Neville Davey	Mayo	3.52.10		BLE
1998	Larry Morrissey	Ferrybank	3.55.41		BLE
1999	Colin Walsh	Tullamore Harriers	3.59.60		BLE
2000	Fiachra Lombard	University College Cork	3.52.93		AAI
2001	Conor Sweeney	St. Malachy's	3.58.1H		AAI
2002	Robert Connolly	Dundrum South Dublin	3.54.74		AAI
2003	Conor Sweeney	St. Malachy's	3.47.1H		AAI
2004	Dominic McCallister	St. Malachy's	4.02.12		AAI
2005	Martin Fagan	Mullingar Harriers	3.50.59		AAI
2006	Richard Corcoran	Raheny Shamrock	3.53.56		AAI
2007	Mark Hanrahan	Leevale	3.49.11		AAI
2008	Eoin Everard	Kilkenny City Harriers	4.04.50		AAI
2009	John Coghlan	Metro St. Brigid's	3.50.42		AAI
2010	Tommy Carroll	North Sligo	3.50.11		AAI
2011	Paul Robinson	St. Coca's	3.54.37		AAI
2012	Michael McKillop	St. Malachy's	3.56.17		AAI
2013	Damien Landers	St. John's	4.05.57		AAI
2014	Cormac Kelly	St. Abban's	3.58.33		AAI
2015	Kevin Kelly	St. Coca's	4.01.55		AAI
2016	Paul Tobin	Leevale	3.59.31		AAI
2017	Kevin Kelly	St. Coca's	4.13.34		AAI
2018	Cathal Doyle	Clonliffe Harriers	4.16.82		AAI
2019	Fearghal Curtin	Youghal	3.49.54		AAI

5000m U23 Men

1984	Paul O'Callaghan	Tipton Harriers, UK	14.15.03		BLE
1985	Bill Lacey	St Senans	14.51.00		BLE
1986	Nick O'Brien	Clonmel	14.47.13		BLE
1987	Nick O'Brien	Clonmel	14.15.31		BLE
1988	Ian Harper	Bandon	15.10.8		BLE
1989	Seamus Power	St. Mary's, Clare	14.58.79		BLE
1990	Noel Cullen	Clonliffe Harriers	14:47.29		BLE

1991	Colm de Burca	Metro	14:41.40			BLE
1992	John Burke	Mullingar Harriers	14:37.30			BLE
1993	Kieran Kelly	Dunleer	15:09.14			BLE
1994	Conor Holt	Dundrum South Dublin	14:57.50			BLE
1995	Cian McLoughlin	Blackrock, Dublin	15.05.3			BLE
1996	Gerard O'Looney	Kilmurray/Ibrickane	15:29.84			BLE
1997	Colin Walsh	Tullamore Harriers	14:57.79			BLE
1998	Keith Kelly	Boyne	14:32.45			BLE
1999	Enda Grandfield	Riocht	15:23.14			BLE
2000	Barry Egan	Clonmel	14:50.86			AAI
2001	**Gareth Turnbull**	**St. Malachy's**	**14:05.27**			AAI
2002	Joseph McAllister	St. Malachy's	14.41.52			AAI
2003	Mark Kenneally	Raheny Shamrock	14:14.17			AAI
2004	Simon Taylor	Abbey, Belfast	15:06.88			AAI
2005	Brian Farrell	Sli Cualann	14:58.12			AAI
2006	Michael Clohisey	Raheny Shamrock	14:46.8H			AAI
2007	Andrew Ledwith	Fr. Murphy	14:41.59			AAI
2008	Michael Clohisey	Raheny Shamrock	14:25.56			AAI
2009	Simon Ryan	Raheny Shamrock	15:01.87			AAI
2010	Simon Ryan	Raheny Shamrock	15:21.21			AAI
2011	Alex Flynn	Ferrybank	15:42.58			AAI
2012	Liam Brady	Tullamore Harriers	15:05.21			AAI
2013	Liam Brady	Tullamore Harriers	15:08.40			AAI
2014	Hugh Armstrong	Ballina	15:04.31			AAI
2015	Karl Fitzmaurice	Ennis Track	16:29.06			AAI
2016	Karl Fitzmaurice	Ennis Track	15.14.56			AAI
2017	Eoin Strutt	Raheny Shamrock	14.53.97			AAI
2018	Paul O'Donnell	Dundrum South Dublin	14.43.60			AAI
2019	Jack Boylan	Dunleer	8.24.87		3k	AAI
2019	Evan Byrne	Togher	14.24.34			AAI

110m Hurdles U23 Men

1984	Ciaran McDunphy	Raheny Shamrock	15.40			BLE
1985	Ciaran McDunphy	Raheny Shamrock	14.93			BLE
1986	TJ Kearns	Dublin City Harriers	14.82			BLE
1987	Michael Power	Clonmel	15.90			BLE
1988	Sean Cahill	Cushinstown	14.8			BLE
1989	Paul Cunningham	St. Enda's	15.41			BLE
1990	Dermot Sheehen	Limerick	16.44			BLE
1991	Paul Conroy	Grange/Woodbine	14.83			BLE
1992	Paul Conroy	Grange/Woodbine	15.08			BLE
1993	Matthew Burgoyne	Roscommon	16.30			BLE
1994	John Hallissey	Ferrybank	16.24	w		BLE
1995	Jeremy Lyons	Templemore	15.60			BLE
1996	Jeremy Lyons	Ferrybank	14.88			BLE
1997	Trevor McGlynn	Cuchulainn	15.34			BLE
1998	Damien Fitzpatrick	Templemore	17.81			BLE
1999	Not contested					BLE
2000	Trevor McGlynn	Dublin City Harriers	15.03	-0.3		AAI
2001	Christopher McDermott	Roscommon	15.52	-0.7		AAI
2002	Christopher McDermott	Roscommon	15.20	1.5		AAI
2003	Peter Monaghan	Dublin City Harriers	14.99			AAI
2004	Timothy Flannery	Nenagh Olympic	16.86	-4.2		AAI
2005	Tom Carey	Shaftsbury Barnett	14.58	2.1		AAI
2006	Brian Flatley	Shercock	16.66	0.8		AAI
2007	Denis Finnegan	University College Cork	16.86	-2.5		AAI
2008	William Finnegan	Craughwell	18.49			AAI
2009	Not contested					AAI
2010	Not contested					AAI
2011	Ciaran O'Cathain	Raheny Shamrock	15.10	5.6		AAI
2012	Edmond O'Halloran	Leevale	15.20			AAI
2013	Not contested					AAI
2014	Edmond O'Halloran	Leevale	15.46			AAI
2015	Joshua Essuman	Tallaght	15.33	0.4		AAI
2016	Garbhan McKenna	Shercock	15.20	-1.5		AAI
2017	Matthew Behan	Crusaders	14.39	**-1.5**		AAI
2018	**Matthew Behan**	**Crusaders**	**14.20**		**CR**	AAI
2019	Shane Mooney	Tireragh	15.76	-0.1		AAI

400m Hurdles U23 Men

1984	Ciaran McDunphy	Raheny Shamrock	53.99			BLE
1985	Ger Horan	Leevale	55.35			BLE
1986	Tom Nolan	Newbridge	56.80			BLE
1987	Padraig Greally	Tullamore Harriers	55.31			BLE
1988	Kerry Kirkham	Crusaders	55.8			BLE
1989	Tom Hallahan	Togher	54.49			BLE
1990	Mark Ismail	Togher	64.70			BLE
1991	Colm Tobin	Emerald	53.80			BLE
1992	Kevin Darcy	Ferbane	55.44			BLE
1993	Kevin Darcy	Ferbane	55.08			BLE
1994						BLE
1995	Niall Dunne	Crusaders	55.09			BLE
1996	Nicholas Ring	Dundrum South Dublin	55.35			BLE
1997	David Keoghan	Dublin City Harriers	54.50			BLE
1998	David Keoghan	Dublin City Harriers	53.15			BLE
1999	**David Keoghan**	**Dublin City Harriers**	**51.57**		**CR**	BLE
2000	Stephen McDonnell	Cuchulainn	53.51			AAI
2001	Stephen McDonnell	Cuchulainn	54.67			AAI
2002	Jonathan Miller	Celtic Dublin City Harriers	54.84			AAI
2003	Jonathan Miller	Dublin City Harriers	55.75			AAI
2004	Liam McDermid	Unattached	54.2H			AAI
2005	Liam McDermid	Unattached	54.89			AAI
2006	Liam McDermid	Dundrum	54.61			AAI
2007	Barry Upton	Menapians	55.37			AAI
2008	James Ruxton	Shercock	53.88			AAI
2009	Gerard O'Donnell	Carrick-on-Shannon	56.0H			AAI
2010	Paul Byrne	St. Abban's	53.47			AAI
2011	Timothy Crowe	Dooneen	53.14			AAI
2012	Thomas Barr	Ferrybank	51.67			AAI
2013	Thomas Barr	Ferrybank	51.94			AAI
2014	Daniel Colbert	Midleton	56.36			AAI
2015	Sean Gill	Raheny Shamrock	60.69			AAI
2016	Ben Kiely	Ferrybank	54.50			AAI
2017	Daniel O'Mahoney	Leevale	55.84			AAI
2018	Joe Halwax	Dundrum South Dublin	53.87			AAI
2019	Paul Sexton	Annalee	55.10			AAI

3000m Steeplechase U23 Men

1984	Dermot Bradshaw	Raheny Shamrock	5.41.26	2000m		BLE
1985	Garret Barry	North Cork	9.27.35			BLE
1986	Michael Wray	Cavehill	9.35.3			BLE
1987	John Hickey	Thurles Crokes	9.38.71			BLE
1988	Packie Mulvaney	St. Andrew's Ashbourne	9.52.31			BLE
1989	**John Murray**	**North Cork**	**9.05.29**		**CR**	BLE
1990	Eddie Melia	Dunleer	9.06.01			BLE
1991	Gary Crossan	Letterkenny	9.33.40			BLE
1992	Pat Byrne	Gowran	9.40.00			BLE
1993	John Murray	Leevale	9.29.00			BLE
1994	Pat Byrne	Gowran	9.16.40			BLE
1995	Mark Stewart	Limerick	9.57.00			BLE
1996	Not contested					BLE
1997	Kieran Lynch	Limerick	9.33.17			BLE
1998	Eugene O'Neill	Crusaders	9.17.69			BLE
1999	Eugene O'Neill	Crusaders	9.10.39			BLE
2000	Not contested					AAI
2001	John Herlihy	Riocht				AAI
2002	Patrick Guidera	Clonmel	9.20.56			AAI
2003	Conor Pollock	Abbey, Belfast				AAI
2004	Simon Murray	Abbey, Belfast				AAI
2005	Mark Kirwan	Raheny Shamrock	9.27.12			AAI
2006	Noel Carroll	Shercock	9.31.14			AAI
2007	Andrew Murphy	St. Laurence O'Toole				AAI
2008	Sean Stilwell	West Waterford				AAI
2009	Robert Corbally	Dundrum South Dublin	9.44.80			AAI
2010	Robert Corbally	Dundrum South Dublin	9.35.66			AAI
2011	David Flynn	Clonliffe Harriers	9.10.16			AAI
2012	Jayme Rossiter	Clonliffe Harriers	9.22.47			AAI
2013	Colum O'Leary	Raheny Shamrock				AAI
2014	James Speight	Finn Valley				AAI

2015	Dalton McGuigan	Finn Valley	9.58.44			AAI
2016	Heywood Richardson	Leevale	NT			AAI
2017	Enda Cloake	Slaney Olympic	10.16.60			AAI
2018	Andrew Nevin	Mullingar Harriers	10.45.25			AAI
2019	Sean Carrigg	Clonliffe Harriers	9.59.53			AAI

10,000m / 5000m Walk U23 Men

1984	Jimmy McDonald	Slaneyside	13.24.3	3000m		BLE
1985	Peter Costello	Mullingar Harriers	14.28.5	3000m		BLE
1986	Joe Wolfe	Leevale	50.26.0	10km		BLE
1987	Joe Wolfe	Leevale	14.00.04	3000m		BLE
1988	Bobby O'Leary	Clonliffe Harriers	12.58.0	3000m		BLE
1989	PJ Gregory	Kildare	12.57.27	3000m		BLE
1990	Pat Ryan	Mullingar Harriers	12.43.0	3000m		BLE
1991	David Cullinan	Ferbane	45:53.90	10km		BLE
1992	Pat Ryan	Mullingar Harriers	46:55.58	10km		BLE
1993	Anthony Hunter	Armagh	49:07.39	10km		BLE
1994	Ray Walsh	SDS	51:48.95	10km		BLE
1995	Pierce O'Callaghan	University College Dublin	45:35.17	10km		BLE
1996	Pierce O'Callaghan	University College Dublin	43:30.36	10km		BLE
1997	Robert Heffernan	Togher	45:41.07	10km		BLE
1998	Jamie Costin	West Waterford	43:44.62	10km		BLE
1999	Jamie Costin	West Waterford	42:02.20	10km		BLE
2000	**Robert Heffernan**	**Togher**	**40:16.68**	**10km**	**CR**	AAI
2001	David Kidd	St. Laurence O'Toole	47:50.32	10km		AAI
2002	Colin Griffin	Ballinamore	41:48.29	10km		AAI
2003	Colin Griffin	Ballinamore	41:21.85	10km		AAI
2004	Colin Griffin	Ballinamore	42:52.83	10km		AAI
2006	Michael Ryan	St. Joseph's	54:48.69	10km		AAI
2007	Peter Muldoon	Shercock	23:34.35	5000m		AAI
2008	Michael Doyle	Tara	23:19.06	5000m		AAI
2010	Michael Moran	Claremorris		5000m		AAI
2012	Michael Moran	Claremorris	24:25.16	5000m		AAI
2014	**Luke Hickey**	**Leevale**	**20:41.95**	**5000m**	**CR**	AAI
2016	Evan Lynch	Clonmel	NT	5000m		AAI
2017	Nicholas Dunphy	Kilkenny City Harriers	24.46.78	5000m		AAI
2018	Joseph Mooney	Adamstown	24.01.33	5000m		AAI
2019	Adam McInerney	Celbridge	23.33.68	5000m		AAI

High Jump U23 Men

1984	Brian McClean	Donore Harriers	1.98		BLE
1985	Louis Crowe	Nenagh Olympic	1.90		BLE
1986	Louis Crowe	Nenagh Olympic	1.95		BLE
1987	Michael Power	Clonmel	2.00		BLE
1988	Michael Power	Limerick	2.00		BLE
1989	C Kearney	Dundrum South Dublin	1.90		BLE
1990	C Kearney	Dundrum South Dublin	1.87		BLE
1991	Paul Conroy	Grange/Woodbine	2.00		BLE
1992	Mark Mandy	Cannock	2.00		BLE
1993					BLE
1994	Ray Swan	Newbridge	1.95		BLE
1995	Stephen Dowdall	Clonliffe Harriers	2.06		BLE
1996	Darren McNally	Newbridge	1.98		BLE
1997	Anthony Finn	Gneeveguilla	1.95		BLE
1998	Michael Mungovan	Kilmurray/Ibrickane	1.70		BLE
1999	Michael Mungovan	Kilmurray/Ibrickane	1.65		BLE
2000	Not contested				AAI
2001	Alan Delaney	Castlerea	1.95		AAI
2002	Not contested				AAI
2003	**Adrian O'Dwyer**	**Kilkenny City Harriers**	**2.22**	**CR**	AAI
2004	Adrian O'Dwyer	Kilkenny City Harriers	2.00		AAI
2005	Aidan O'Donnell	Carrick-on-Shannon	1.90		AAI
2006	Brian Flatley	Shercock	1.80		AAI
2007	Christopher Crowley	Belgooly	1.95		AAI
2008	Simon Herron	City of Derry	1.95		AAI
2009	Christopher Crowley	Belgooly	2.05		AAI
2010	Kourosh Foroughi	Star of the Sea	2.05		AAI

2011	Kourosh Foroughi	Star of the Sea	2.15			AAI
2012	Barry Pender	St. Abban's	2.13			AAI
2013	Shane O'Dywer	Ferrybank	1.90			AAI
2014	PJ Galvin	St. Brendan's	1.90			AAI
2015	Andrew Heney	Clonliffe Harriers	2.05			AAI
2016	Jamie Murtagh	Cushinstown	2.08			AAI
2017	David Cussen	Old Abbey	2.00			AAI
2018	Daniel Hernon	St. Colmans South Mayo	1.85			AAI
2019	Ryan Carthy Walshe	Adamstown	2.00			AAI

Long Jump U23 Men

1984	Vincent Breslin	South Donegal Harriers	6.70			BLE
1985	J Kennedy	Waterford	6.51			BLE
1986	Mark O'Rourke	Raheny Shamrock	6.89			BLE
1987	Tom Nolan	Newbridge	6.94			BLE
1988	Tom Nolan	Newbridge	6.81			BLE
1989	Eugene Brennan	St. Annes	7.02			BLE
1990	Eamonn O'Connor	Naas	6.70			BLE
1991	Jonathan Kron	Dublin City Harriers	6.85			BLE
1992	Jonathan Kron	Dublin City Harriers	7.42			BLE
1993	Jonathan Kron	Dublin City Harriers	7.09			BLE
1994	Colin Casey	South Galway	6.58			BLE
1995	S Delaney	Walkinstown SAF	6.11			BLE
1996	Mark Hayes	Na Fianna	6.59			BLE
1997	Gareth Devlin	Ballymena & Antrim	7.22			BLE
1998	Gareth Devlin	Ballymena & Antrim	6.71			BLE
1999	Ian Kenny	Ballymena & Antrim	6.59	0.6		BLE
2000	Ian Graham	Clonliffe Harriers	6.68	0.6		AAI
2001	Kevin Burke	Dooneen	6.91	0.8		AAI
2002	Not contested					AAI
2003	Shane Thornton	University College Cork	6.05	2.0		AAI
2004	Tom Shanahan	St. Mary's	6.85	4.7		AAI
2005	Tom Shanahan	St. Mary's	6.48	-0.2		AAI
2006	Jason Blanc	North Down	6.62	0.2		AAI
2007	Christopher Crowley	Belgooly	6.86			AAI
2008	Christopher Crowley	Belgooly	7.01	1.2		AAI
2009	Eoin Hannon	Tullamore Harriers	7.30	1.8		AAI
2010	Adam McMullen	Mid Ulster	7.37	4.0		AAI
2011	**Adam McMullen**	**University Ulster Jordanstown**	**7.73**	**3.9**	**CR**	AAI
2012	Ciaran Dolan	Finn Valley	6.76			AAI
2013	Stephen Gaffney	Rathfarnham WSAF	7.01			AAI
2014	Ciaran Dolan	Finn Valley	7.03			AAI
2015	Colm Bourke	Raheny Shamrock	7.02	2.5		AAI
2016	Shane Howard	Bandon	7.32	2.7		AAI
2017	Sam Healy	Leevale	7.22	2.3		AAI
2018	Sam Healy	Leevale	6.94			AAI
2019	Keith Marks	Clonliffe Harriers	6.92	-0.8		AAI

Triple Jump U23 Men

1984	John Stapleton	Dublin City Harriers	14.09			BLE
1985	John Stapleton	Dublin City Harriers	14.40			BLE
1986	Louis Crowe	Nenagh Olympic	13.85			BLE
1987	Nigel Brennan	Team Puma	13.98			BLE
1988	Tom Nolan	Newbridge	13.36			BLE
1989	Tom Nolan	Newbridge	13.67			BLE
1990	Stephen Graham	West Dublin	13.20			BLE
1991	Mark Barry	Crusaders	13.41			BLE
1992	Colm Casey	South Galway	13.60			BLE
1993	PJ Galvin	Beaufort	13.78			BLE
1994	PJ Galvin	Beaufort	13.89			BLE
1995	Sean Lonergan	Kilkenny City Harriers	13.87			BLE
1996	Liam Kelly	St. Abban's	13.26			BLE
1997	Robert Galvin	Limerick	13.87			BLE
1998	Patrick Shannon	Ballybrack	14.09			BLE
1999	Patrick Shannon	Ballybrack	14.49	1.8		BLE
2000	Michael Murray	West Waterford	13.80	1.2		AAI
2001	James Kavanagh	Templemore	12.14			AAI
2002	John Ferguson	Unattached	13.21			AAI
2003	Thomas McKenna	Ballincollig	11.23	1.6		AAI

2004	Tony O'Hare	Portumna	12.43	1.9		AAI
2005						AAI
2006	Conor Sheehy	Togher	13.47	2.4		AAI
2007	Denis Finnegan	University College Cork	14.38			AAI
2008	Eoin Kelly	St. Abban's	13.96	-2.2		AAI
2009	**Eoin Kelly**	**St. Abban's**	**15.05**	**3.1**	**CR**	AAI
2010	Eoin Kelly	St. Abban's	14.56			AAI
2011	Not contested					AAI
2012	Shane Prout	Carrick-on-Suir	13.01			AAI
2013	Sean Archer	Ferrybank	13.40			AAI
2014	Sean Archer	Ferrybank	13.87			AAI
2015	Conall Mahon	Tir Chonaill	13.99	0.3		AAI
2016	Andrii Mahin	Clonliffe Harriers	13.83	-1.3		AAI
2017	Ian Brennan	Finn Valley	13.08	0.2		AAI
2018	Mark Burton	Queens University Belfast	13.70			AAI
2019	Mark Burton	City of Lisburn	14.24	-2.9		AAI

Pole Vault U23 Men

1984	Donagh Cronin	Ferrybank	4.20			BLE
1985						BLE
1986	Eamonn Galvin	Donore Harriers	3.90			BLE
1987						BLE
1988						BLE
1989	Barry Walsh	Limerick	3.80			BLE
1990	John Hallissey	Ferrybank	3.60			BLE
1991	John Hallissey	Ferrybank	3.80			BLE
1992						BLE
1993	John Hallissey	Ferrybank	4.20			BLE
1994	John Hallissey	Ferrybank	4.60			BLE
1995	Jeremy Madden	Ferbane	2.40			BLE
1996	Not contested					BLE
1997	Peter McGloughlin	Crusaders	4.20			BLE
1998	Peter McGloughlin	Crusaders	4.20			BLE
1999						BLE
2000	David Donegan	Kilmore Dublin	3.90			AAI
2001	Not contested					AAI
2002	Not contested					AAI
2003	Ruairi O'Brien	Crusaders	4.61			AAI
2004	Ruairi O'Brien	Crusaders	4.40			AAI
2005	Ruairi O'Brien	Crusaders	4.20			AAI
2006	Brendan Alexander	Finn Valley	3.00			AAI
2007	Brendan Alexander	Finn Valley	2.60			AAI
2008						AAI
2009	Ian Rogers	Clonliffe Harriers	4.20			AAI
2010	**Ian Rogers**	**Clonliffe Harriers**	**4.78**		**CR**	AAI
2011	Ian Rogers	Clonliffe Harriers	4.45			AAI
2012	Thomas Houlihan	West Waterford	4.40			AAI
2013						AAI
2014	Thomas Houlihan	West Waterford	4.40			AAI
2015	Peter O'Brien	Raheny Shamrock	4.40			AAI
2016	Christopher Doherty	Tír Chonaill	4.00			AAI
2017	Conor Bermingham	Raheny Shamrock	4.10			AAI
2018	Yuri Kanash	West Waterford	4.20			AAI
2019	Shane Power	St. Josephs	3.80			AAI

Shot Put U23 Men

1984	Fergal Downey	Crusaders	13.41			BLE
1985	Fergal Downey	Crusaders	13.59			BLE
1986	Frank O'Brien	Dungarvan	14.18			BLE
1987	John Farrelly	Team Puma	13.48			BLE
1988	Victor Costello	Team Puma				BLE
1989	Victor Costello	Dundrum South Dublin	15.82			BLE
1990	William Tyrrell	St. Benedict's	13.83			BLE
1991	William Tyrrell	St. Benedict's	14.49			BLE
1992	William Tyrrell	St. Benedict's	13.86			BLE
1993	William Tyrrell	Brehon	15.49			BLE
1994	William Tyrrell	Brehon	14.64			BLE
1995	John McSweeney	Eagle	12.87			BLE

1996	John McSweeney	Eagle	13.74		BLE
1997	John P. Leahy	Limerick	14.74		BLE
1998	Jason Flynn	West Waterford	15.88		BLE
1999	Sean Breathnach	Galway City Harriers	15.36		BLE
2000	John Healy	Limerick	16.48		AAI
2001	Cathal McGinley	Tir Chonaill	12.68		AAI
2002	Eoghan O'Dwyer	Crusaders	12.51		AAI
2003	Geoffrey Mullins	Limerick	13.69		AAI
2004	Geoffrey Mullins	Limerick	12.98		AAI
2005	Geoffrey Mullins	Limerick	13.09		AAI
2006	Jeremy Harper	North Down			AAI
2007	Jeremy Harper	North Down	12.39		AAI
2008	Alan O'Connor	Tralee Harriers	12.18		AAI
2009	Luke Mangan	Clonliffe Harriers	13.97		AAI
2010					AAI
2011	Matthew Doyle	Mid Ulster	11.22		AAI
2012	Andrew Doyle	Mid Ulster	13.86		AAI
2013	Patrick McSweeney	Bandon	11.85		AAI
2014	Paul Collins	North Westmeath	12.85		AAI
2015	Patrick McSweeney	Bandon	12.61		AAI
2016	John Kelly	Finn Valley	15.57		AAI
2017	**John Kelly**	**Finn Valley**	**16.69**	**CR**	AAI
2018	John Joe Kelly	Brow Rangers	12.23		AAI
2019	John Joe Kelly	Brow Rangers	12.60		AAI

Discus U23 Men

1984	James Russell	Clonliffe Harriers	39.58		BLE
1985	Gerry Horgan	Kilorglin	39.76		BLE
1986	Frank O'Brien	Dungarvan	46.74		BLE
1987	John Farrelly	Team Puma	42.28		BLE
1988	John Farrelly	Team Puma	43.20		BLE
1989	Barry Walsh	Limerick	45.32		BLE
1990	Brian Cusack	Ferrybank	44.55		BLE
1991	Brian Cusack	Ferrybank	46.48		BLE
1992	John Menton	Donore Harriers	48.16		BLE
1993	Liam Gleeson	Dublin City Harriers	44.18		BLE
1994	Gerard Nagle	Kilmurray/Ibrickane	44.72		BLE
1995					BLE
1996	Bartley Breathnach	Ferrybank	44.92		BLE
1997	Jason Flynn	West Waterford	41.88		BLE
1998	Jason Flynn	West Waterford	46.59		BLE
1999	John Healy	Limerick	41.04		BLE
2000	Sean Breathnach	Galway City Harriers	40.56		AAI
2001	Senan Dormer	Marian	38.04		AAI
2002	Eoghan O'Dwyer	Crusaders	37.68		AAI
2003	Geoffrey Mullins	Limerick	41.51		AAI
2004	Eoin Leen	Tralee Harriers	46.23		AAI
2005	Eoin Leen	Tralee Harriers	49.08		AAI
2006	Jeremy Harper	North Down	46.26		AAI
2007	Jeremy Harper	North Down	47.72		AAI
2008	Pavel Hazler	Leevale	47.33		AAI
2009	Pavel Hazler	Leevale	47.19		AAI
2010	Daniel Clifford	Farranfore Maine Valley	44.30		AAI
2011	Chris Reynolds	City of Lisburn	43.45		AAI
2012	Chris Reynolds	City of Lisburn	47.85		AAI
2013	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	49.88		AAI
2014	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	50.11		AAI
2015	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	51.02		AAI
2016	Seamus McMahon	Shannon	33.78		AAI
2017	**Eoin Sheridan**	**North Westmeath**	**51.94**	**CR**	AAI
2018	Eoin Sheridan	North Westmeath	50.85		AAI
2019	Eoin Sheridan	North Westmeath	56.10		AAI

Hammer U23 Men

1984	Gary Halpin	Kilkenny City Harriers	59.10		BLE
1985	James Russell	Clonliffe Harriers	57.74		BLE
1986	Leo Archer	Crusaders	54.72		BLE
1987	Gerry Ryan	Dublin City Harriers	53.94		BLE
1988	Gerry Ryan	Dublin City Harriers	53.12		BLE

1989	William Doyle	Raheny Shamrock	55.16			BLE
1990	Michael Ahearne	Cappoquin	42.78			BLE
1991	Shane Scanlon	Cappoquin	44.14			BLE
1992	Paddy McGrath	Raheny Shamrock	59.00			BLE
1993	Ronald Quinlan	Walkinstown SAF	52.96			BLE
1994	Shane Scanlon	West Waterford	41.84			BLE
1995	Shane Scanlon	West Waterford	44.16			BLE
1996	Not contested					BLE
1997	Michael Grace	Tipperary Town	52.74			BLE
1998	Hugh Kennedy	Dundrum South Dublin	57.00			BLE
1999	Michael Grace	Tipperary Town	49.87			BLE
2000	Michael Grace	Tipperary Town	51.49			AAI
2001	Donny Rockett	West Waterford	53.20			AAI
2002	Francis Hanily	Fr. Murphy	43.87			AAI
2003	Francis Hanily	Fr. Murphy	49.39			AAI
2004	Darren Kinsella	Fr. Murphy	40.15			AAI
2005						AAI
2006	Padraig White	University College Dublin	57.42			AAI
2007	Padraig White	University College Dublin	60.90			AAI
2008	Padraig White	University College Dublin	57.91			AAI
2009	Paul Hazler	Leevale	55.08			AAI
2010	Not contested					AAI
2011	Ciaran Donnelly	Crusaders	7.87			AAI
2012	Thomas Furlong	Drinagh-Murrintown-Piercestown (DMP)	58.73			AAI
2013	**Conor McCullough**	**Crusaders**	**67.02**		**CR**	AAI
2014	Dempsey McGuigan	Finn Valley	64.47			AAI
2015	Dempsey McGuigan	Finn Valley	63.68			AAI
2016	Simon Galligan	Clonliffe Harriers	57.26			AAI
2017	Adam King	Iveragh	63.15			AAI
2018	Adam King	Iveragh	62.87			AAI
2019	Owen Russell	Ashbourne, St Andrews	64.51			AAI

Javelin U23 Men (800g)

1984	Kevin McBrearty	South Donegal Harriers	62.78			BLE
1985	Kevin McBrearty	South Donegal Harriers	60.37			BLE
1986	Raymond Kelleher	Mullingar Harriers	56.96	**New Javelin**		BLE
1987	Damian Crawford	Strabane	57.80			BLE
1988	Damian Crawford	Strabane				BLE
1989	Alan Clarke	St. Marys	55.70			BLE
1990	James O'Donnell	Limerick	59.52			BLE
1991	D Gallagher	Sparta	54.26			BLE
1992						BLE
1993	Joe Kenny	Templemore	52.82			BLE
1994	Brian Scanlon	Waterford	52.80			BLE
1995	J Broxton	Clonmel	56.02			BLE
1996	Bartley Breathnach	Ferrybank	56.54			BLE
1997	Nigel Carlisle	Ballymena & Antrim	53.46			BLE
1998	Niall Tuckey	Raheny Shamrock	51.36			BLE
1999	Sean Breathnach	Galway City Harriers	47.98			BLE
2000	Michael Allen	Abbey, Belfast	59.90			AAI
2001	David Kelly	Sli Cualann	57.86			AAI
2002	Joseph Diskin	Sli Cualann	62.73			AAI
2003	Joseph Diskin	Sli Cualann	60.95			AAI
2004	**Joseph Diskin**	**Sli Cualann**	**63.15**		**CR**	AAI
2005	Thomas McKenna	Ballincollig	32.92			AAI
2006	Paul Marry	Dunleer	53.20			AAI
2007	Paul Marry	Dunleer	55.80			AAI
2008	Paul Marry	Clonliffe Harriers	55.88			AAI
2009	Aaron Crawford	Strabane	53.86			AAI
2010	Aaron Crawford	Strabane	60.61			AAI
2011	Sean McBride	Strabane	52.57			AAI
2012	Sean McBride	Strabane	54.10			AAI
2013	Conal Campion	St. Andrew's, Ashbourne	44.36			AAI
2014	Conal Campion	St. Andrew's, Ashbourne	45.33			AAI
2015	Matthew Stockton	North Down	58.33			AAI
2016	Niall McGrattan	North Down	ND			AAI
2017	Shane Joyce	Cushinstown	57.69			AAI
2018	Peter O'Shea	DMP	53.56			AAI
2019	Peter O'Shea	DMP	57.41			AAI

Decathlon U23 Men

			Pts		
1988	Michael Power	Limerick	5709		BLE
1989	Patsy Baldwin	St. Abban's	5675		BLE
1990	David Casey	South Galway	5090		BLE
1991	David Daly	St. John's	4440		BLE
1992	David Daly	St. John's	3095		BLE
1993	**David Daly**	**St. John's**	**5875**	**CR**	BLE
1994	John Hallissey	Ferrybank	5346		BLE
1995	David Daly	St. John's	5182		BLE
1996	David Daly	St. John's	5182		BLE

Discontinued

4 x 100m Relay U23 Men

1986	Raheny Shamrock	44.39	BLE
1994	Templemore	46.75	BLE
1996	DMP	44.67	BLE
2000	Riverstick	47.40	AAI
2001	Shercock	46.67	AAI
2018	Crusaders	44.11	AAI
2019	Crusaders	44.31	AAI

4 x 400m Relay U23 Men

1993	Letterkenny	3.33.25	BLE
1994	Boyne	3.35.80	BLE
1996	DMP	3.31.03	BLE
2000	Tullamore Harriers	3.28.33	AAI
2001	Raheny Shamrock	3.42.40	AAI
2018	Crusaders	3.32.89	AAI
2019	Ratoath	3.26.44	AAI

35lbs Weight for distance U23 Men

1989	John Menton	Donore Harriers	12.22	BLE
1990				BLE
1991				BLE
1992				BLE
1993	Michael Henneghan	Mayo	10.89	BLE
1994				BLE
1995	Michael Harty	Nenagh Olympic	9.18	BLE
1996	John McSweeney	Eagle	9.22	BLE
1997	John Leahy	Marian	9.31	BLE
1998	John P Leahy	Limerick	9.53	BLE
1999	Sean Breathnach	Galway City Harriers	10.18	BLE
2000	Sean Breathnach	Galway City Harriers	9.99	AAI
2001	Eddie Byrne	Brow Rangers	8.32	AAI
2002	John O'Neill	Star of the Luane	8.90	AAI
2003				AAI
2004				AAI
2005	Adrian O'Dwyer	Kilkenny City Harriers A.C.	9.95	AAI
2006	Jeremy Harper	North Down	9.46	AAI
2007	Jeremy Harper	North Down	9.79	AAI
2008	Padraig White	University College Dublin	9.30	AAI
2009	Alan O'Connor	Tralee Harriers	10.18	AAI
2010	David Tierney	Leevale	11.03	AAI
2011	Ciaran Donnelly	Crusaders	7.87	AAI

2012	Joseph Mulligan	Tullamore Harriers	8.00	AAI
2013	Patrick McSweeney	Bandon	8.27	AAI
2014	Michael Kenny	Kildare	8.37	AAI
2015	Michael Kenny	Kildare		AAI
2016	Seamus McMahon	Shannon	8.48	AAI
2017	Seamus McMahon	Shannon	8.49	AAI
2018	Seamus McMahon	Shannon	9.03	AAI
2019	Patrick Darcy	Brow Rangers	8.47	AAI

35 lbs Weight for height U23 Men

2000	Austin Kennedy		5.50	AAI
2001				AAI
2002	B McCullagh	Dundrum South Dublin	3.70	AAI
2003				AAI
2004	Sean Maher	Brow Rangers	5.40	AAI
2005	Sean Maher	Brow Rangers	5.30	AAI
2006				AAI
2007	Hugh Fitzpatrick	Shercock	5.00	AAI
2008	Hugh Fitzpatrick	Shercock	4.75	AAI
2009	David Tierney	Leevale	4.10	AAI
2010	Luke Mangan	Clonliffe Harriers	5.50	AAI
2011	Not contested			AAI
2012	Joseph Mulligan	Tullamore Harriers	4.60	AAI
2013	Patrick McSweeney	Bandon	5.00	AAI
2014	Patrick McSweeney	Bandon	4.75	AAI
2015	Patrick McSweeney	Bandon	4.75	AAI
2016				AAI
2017	Seamus McMahon	Shannon	4.70	AAI
2018	Seamus McMahon	Shannon	4.60	
2019	Not contested			

Cross Country U23 Men

1991	Colm deBurca	Metro St Brigids	32.54	BLE
1992				BLE
1993	Seamus Power	Kilmurry/Ikbrickane	32.32	BLE
1994	Cian McLoughlin	Clonliffe Harriers	32.12	BLE
1995	Pat O'Keeffe	University College Cork	31.40	BLE
1996	Rory Byrne	Dublin	35.47	BLE
1997	Aiden Woods	Clones	32.05	BLE
1998	Barry Harron	Finn Valley	37.57	BLE
1999	Gareth Turnbull	St Malachy's	31.41	BLE
2000	Gareth Turnbull	St Malachy's	31.26	AAI
2001	Gareth Turnbull	St Malachy's	29.47	AAI
2002	Brian MacMahon	Carrignavar	38.10	AAI
2003	Robert Connolly	Dundrum South Dublin	31.11	AAI
2004	Eoin Higgins	St Coca's	31.00	AAI
2005	Jamie McCarthy	Riverstick/Kinsale	34.47	AAI
2006	Mark Christie	Mullingar Harriers	31.19	AAI
2007	Mark Christie	Mullingar Harriers	32.03	AAI
2008	Michael Clohisey	Raheny Shamrock	32.41	AAI
2009	Michael Mulhare	Portlaoise	30.33	AAI
2010	Brendan O'Neill	Dundrum South Dublin	30.45	AAI
2011	Michael Mulhare	Portlaoise	33.21	AAI
2012	Christopher Johnston	Finn Valley	35.19	AAI
2013	Ryan McDermott	Annadale Striders	32.18	AAI
2014	Liam Brady	Tullamore Harriers	31.43	AAI
2015	Thomas Moran	Dunshaughlin	33.01	AAI
2016	Karl Fitzmaurice	Ennis TC	32.31	AAI
2017	Tom O'Keeffe	Kilkenny City Harriers	32.34	AAI
2018	Brian Fay	Raheny Shamrock	30.56	AAI
2019	Brian Fay	Raheny Shamrock	32.55	AAI

100m U23 Women

1985	Susanne Costello	Dundrum	12.46			BLE
1986	Angela Burnell	Ballymena & Antrim	12.58			BLE
1987	Terri Horgan	Mallow	12.72			BLE
1988	Yvonne Collins	St. Laurence O'Toole	12.50			BLE
1989	Norma Farrell	Olympic	12.49			BLE
1990	Lorraine Dunne	Newbridge	12.71			BLE
1991	Colette O'Gorman	B.C AC	12.63			BLE
1992	Marissa Smith	Clonliffe Harriers	11.97			BLE
1993						BLE
1994	Audrey Farrelly	Clonliffe Harriers	12.32	w		BLE
1995						BLE
1996	Olivia Hurley	University College Dublin	12.85			BLE
1997	Niamh McGlynn	West Dublin	12.93			BLE
1998	Niamh Mc Glynn	West Dublin	12.7H	-2.6		BLE
1999	Niamh McGlynn	West Dublin	12.45	-0.6		BLE
2000	Mary Devlin	Ballymena & Antrim	12.50	1.0		AAI
2001	Mary Devlin	Ballymena & Antrim	12.56	1.3		AAI
2002	Fiona O'Friel	Dublin Striders	12.19	4.6		AAI
2003	Ailis McSweeney	Leevale	11.81	2.5		AAI
2004	Anna Boyle	Ballymena & Antrim	11.96	-0.3		AAI
2005	**Ailis McSweeney**	**Leevale**	**11.64**	**1.3**	**CR**	AAI
2006	Joanne Cuddihy	University College Dublin	12.43	-1.7		AAI
2007	Louise Kiernan	Fingallians	11.78	2.2		AAI
2008	Kelly Proper	Ferrybank	11.69	0.7		AAI
2009	Louise Kiernan	Fingallians	11.7H			AAI
2010	Sharon Kilduff	Claremorris	12.18	1.7		AAI
2011	Shauna Cannon	Brothers Pearse	12.07	4.3		AAI
2012	Niamh Whelan	Ferrybank	11.92			AAI
2013	Catherine McManus	Celtic Dublin City Harriers	11.77			AAI
2014	**Phil Healy**	**Bandon**	**11.64**		**CR**	AAI
2015	Sarah Murray	Fingallians	12.01	-0.5		AAI
2016	Claire Foley	Sli Cualann	12.42	-0.8		AAI
2017	Vicky Harris	Mullingar Harriers	12.15	1.1		AAI
2018	Kate Doherty	Dundrum South Dublin	12.06			AAI
2019	Ciara Neville	Emerald	11.69	-0.3		AAI

200m U23 Women

1985	Patricia Walsh	Dundrum	25.00			BLE
1986	Jacqui Stokes	Ferrybank	25.25			BLE
1987	Vivienne McGoldrick	Olympic	25.34			BLE
1988	Paula Carthy	Clondalkin	25.64			BLE
1989	Paula Carthy	Clondalkin	25.67			BLE
1990	Paula Carthy	Clonliffe Harriers	25.79			BLE
1991	Colette O'Gorman	B.C AC	26.24			BLE
1992	Marissa Smith	Clonliffe Harriers	24.99			BLE
1993						BLE
1994	Antoinette Furlong	Drinagh-Murrintown-Piercestown (DMP)	25.83 w			BLE
1995	Antoinette Furlong	Drinagh-Murrintown-Piercestown (DMP)	25.70			BLE
1996	Antoinette Furlong	Drinagh-Murrintown-Piercestown (DMP)	26.01			BLE
1997						BLE
1998	Niamh Mc Glynn	West Dublin	26.07			BLE
1999	Sinead Galvin	Dublin City Harriers	26.34	0.6		BLE
2000	Fiona Norwood	Kilkenny City Harriers	25.68	-2.8		AAI
2001	Not contested					AAI
2002	Fiona O'Friel	Dublin Striders	24.91	3.8		AAI
2003	Anna Boyle	Ballymena & Antrim	24.07	2.6		AAI
2004	Anna Boyle	Ballymena & Antrim	24.91	-0.9		AAI
2005	**Anna Boyle**	**Ballymena & Antrim**	**23.73**	**2.3**	**CR**	AAI
2006	Joanne Cuddihy	University College Dublin	24.54	-1.0		AAI
2007	Mandy Crowe	Dublin City Harriers	25.24	-1.9		AAI
2008	Kelly Proper	Ferrybank	24.38	-2.5		AAI
2009	Kelly Proper	Ferrybank	24.04	1.7		AAI
2010	Hannah Lewis	North Down	24.94	0.1		AAI
2011	Steffi Creaner	Celtic Dublin City Harriers	24.33	4.0		AAI
2012	Steffi Creaner	Dublin City Harriers	24.22			AAI
2013	Steffi Creaner	Celtic Dublin City Harriers	24.63			AAI
2014	Phil Healy	Bandon	23.95			AAI
2015	Cliodhna Manning	Kilkenny City Harriers	23.94	-1.1		AAI

2016	Cliodhna Manning	Kilkenny City Harriers	24.14	0.5	AAI
2017	Cliodhna Manning	Kilkenny City Harriers	24.11	-1.1	AAI
2018	Roisin Harrison	Emerald	24.67		AAI
2019	Sharlene Mawdsley	Newport	23.74	-0.4	AAI

400m U23 Women

1985	Linda Jenkinson	Crusaders	61.18		BLE
1986	Maura Coyle	Dublin City Harriers	56.87		BLE
1987	Maura Coyle	Dublin City Harriers	56.62		BLE
1988	Emma Nicholson	Team Puma	56.69		BLE
1989	Joanne Heffernan	Clondalkin	57.11		BLE
1990	Joanne Heffernan	Clonliffe Harriers	58.32		BLE
1991	Catriona O'Farrell	Borrisokane	59.38		BLE
1992	Joanne Heffernan	Clonliffe Harriers	59.33		BLE
1993	Elaine Murphy	Nenagh Olympic	67.19		BLE
1994	Deirdre O'Riordan	Togher	63.27		BLE
1995	Kerry Dillon	Waterford	59.10		BLE
1996	Karen Shinkins	Newbridge	57.83		BLE
1997	Jennifer McKenna	Metro/St. Brigid's	55.32		BLE
1998	Zoe Arnold	Lagan Valley	56.31		BLE
1999	Fiona Norwood	Kilkenny City Harriers	56.08		BLE
2000	**Ciara Sheehy**	**Dublin City Harriers**	**53.63**		AAI
2001	Michelle Carey	Dublin Striders	56.23		AAI
2002	Marian Andrews	Togher	57.30		AAI
2003	Maria Sheehan	Marian	56.87		AAI
2004	Joanne Cuddihy	University College Dublin	55.58		AAI
2005	Dawn Kelly	Belgooly	57.75		AAI
2006					AAI
2007	Clare McGlynn	Templeogue	57.30		AAI
2008	Christina Broderick	Belgooly	57.58		AAI
2009	Jo Patterson	Ballymena & Antrim	55.52		AAI
2010	Susan Scallan	Raheny Shamrock	57.20		AAI
2011	Louise McArdle	Leevale	57.97		AAI
2012	Gabrielle Coveney	Loughborough University	55.63		AAI
2013	Sinead Denny	Dundrum South Dublin	54.09		AAI
2014	Iseult O'Donnell	Raheny Shamrock	55.68		AAI
2015	Nessa Millet	St. Abban's	57.80		AAI
2016	Grainne Moynihan	West Muskerry	56.63		AAI
2017	Sophie Becker	St. Josephs	54.74		AAI
2018	Nicole Walsh	Galway City Harriers	56.42		AAI
2019	Jenna Bromell	Emerald	54.24		AAI

800m U23 Women

1985	Siobhan Kavanagh	St. Laurence O'Toole	2.15.40		BLE
1986	Ann Brady	Raheny Shamrock	2.17.32		BLE
1987	Cheryl Reilly	Balymena & Antrim	2.16.67		BLE
1988	Geraldine Nolan	Kilkenny City Harriers	2.17.60		BLE
1989	Geraldine Nolan	Kilkenny City Harriers	2.12.12		BLE
1990	Geraldine Nolan	Kilkenny City Harriers	02:08.30		BLE
1991	Geraldine Nolan	Kilkenny City Harriers	02:09.32		BLE
1992	Olivia Buckley	Grange/Woodbine	02:14.81		BLE
1993					BLE
1994	Freda Davoren	University College Cork	02:15.63		BLE
1995	Freda Davoren	University College Cork	2.15.47		BLE
1996	Not contested				BLE
1997	Barbara Joyce	Limerick	02:19.81		BLE
1998	Kelly McNeice	Lisburn	02:14.57		BLE
1999	Wendy Davis	Lagan Valley	02:12.96		BLE
2000	Kelly McNeice	Lisburn	02:11.41		AAI
2001	Ann-Marie Larkin	Tullamore Harriers	02:08.49		AAI
2002	Ann-Marie Larkin	Tullamore Harriers	02:14.82		AAI
2003	Sinead People	Tir Chonaill	02:14.66		AAI
2004	Roisin Quinn	Waterford	02:15.58		AAI
2005	Lyndsey Freel	Dromore	02:14.37		AAI
2006	Orla Drumm	University College Cork	02:09.93		AAI
2007	Lyndsey Freel	Dromore	2.12.38		AAI
2008	Lyndsey Monteith	City of Lisburn	02:20.30		AAI
2009	**Rose-Anne Galligan**	**Newbridge**	**02:07.2H**	**CR**	AAI
2010	Ciara Everard	University College Dublin	02:11.53		AAI

2011	Sara Louise Treacy	Moynalvey	02:11.52		AAI
2012	Sinead Denny	Dundrum South Dublin	02:11.65		AAI
2013	Katie Kirk	Lagan Valley	02:13.04		AAI
2014	Amy O'Donoghue	Emerald	02:11.48		AAI
2015	Amy O'Donoghue	Emerald	02:12.33		AAI
2016	Amy O'Donoghue	Emerald	2.10.90		AAI
2017	Louise Shanahan	Leevale	2.19.46		AAI
2018	Nadia Power	Templeogue	2.14.80		AAI
2019	Alannah Cooley	Clonliffe Harriers	2.20.15		AAI

1500m U23 Women

1985	Camilla Harron	Finn Valley	4.35.06		BLE
1986	Maria Foy	Greenfield	4.35.1		BLE
1987	C Nolan	Pearse	4.30.17		BLE
1988	C Nolan	Pearse	4.35.65		BLE
1989	Geraldine Nolan	Kilkenny City Harriers	4.29.46		BLE
1990	Catherina McKiernan	Cornafean	04:24.2		BLE
1991	**Sinead Delahunty**	**Kilkenny City Harriers**	**04:24.0**	**CR**	BLE
1992	Belinda McArdle	Finn Valley	04:33.8		BLE
1993	Dawn Hargan	Finn Valley	04:34.4		BLE
1994	Ann-Marie Hynes	Tuam	04:40.1		BLE
1995	Elaine Fitzgerald	Waterford	4.27.5		BLE
1996	Ruth Murphy	University College Dublin	04:48.4		BLE
1997	Catherine Berry	Sportsworld	04:31.8		BLE
1998	Denise Brady	Rathfarnham	04:41.7		BLE
1999	Stephanie O'Reilly	Brehon	04:44.6		BLE
2000	Ann-Marie Larkin	University College Dublin	4:45.9H		AAI
2001	Aoife Byrne	Dundrum South Dublin	04:25.2		AAI
2002	Deirdre Byrne	Sli Cualann	04:33.1		AAI
2003	Michelle Harvey	Tir Chonaill	04:40.9		AAI
2004	Ava Hutchinson	Dundrum South Dublin	04:36.4		AAI
2005	Ava Hutchinson	Dundrum South Dublin	04:32.6		AAI
2006	Ciara Durkan	Skerries	04:46.4		AAI
2007	Azmera Gebrezgi	Dublin City Harriers	4.42.64		AAI
2008	Eimear O'Brien	Sligo	4:53.4H		AAI
2009	Sara Louise Treacy	Moynalvey	04:37.7		AAI
2010	Sara Louise Treacy	Moynalvey	04:34.3		AAI
2011	Sara Louise Treacy	Moynalvey	04:30.63		AAI
2012	Lorna Begley	Clonliffe Harriers	04:48.0		AAI
2013	Rachel Smyth	St Coca's	04:46.4		AAI
2014	Emma Mitchell	Banbridge	04:39.0		AAI
2015	Emma Mitchell	Banbridge	04:34.0		AAI
2016	Aislinn Crossey	Newry	4.45.24		AAI
2017	Jessica Roberts	Finn Valley	5.09.99		AAI
2018	Avril Deegan	Ballyroan / Abbeyleix	4.35.65		AAI
2019	Carla Sweeney	Rathfarnham WSAF	4.31 90		AAI

3000m / 5000m U23 Women

1985	Ursula Noctor	Dublin City Harriers	10.09.60		BLE
1986	Ursula Noctor	Dublin City Harriers	10.11.11		BLE
1987	C Nolan	Pearse	9.57.0		BLE
1988	Catherina McKiernan	Cavan	10.07.21		BLE
1989					BLE
1990	Michelle Murphy	Carraig-na-bhfearr	10:22.62		BLE
1991	G Stanley	Donore Harriers	10:19.14		BLE
1992	Belinda McArdle	Finn Valley	10:11.06		BLE
1993	Catriona McGranaghan	Finn Valley	10:22.01		BLE
1994	Ann-Marie Hynes	Tuam	10:05.27		BLE
1995	Rosemary Ryan	Bilboa	17.29.0		BLE
1996	Gael Culleton	Sportsworld	18:35.13		BLE
1997	Ann-Marie Hynes	Tuam	17:15.72		BLE
1998	Stephanie O'Reilly	Brehon	17:19.78		BLE
1999	Valerie Lynch	Carrig na Bhfear	17:40.33		BLE
2000	Olga Cronin	East Cork	17:57.22		AAI
2001	Kathryn Casserly	Castlegar	17:44.71		AAI
2002	Fiona Kehoe	Kilmore	18:43.70		AAI
2003	Fiona Mahon	South O'Hanlon	18:15.74		AAI
2004	**Jill Shannon**	**Lagan Valley**	**16:42.00**	**CR**	AAI
2005	Niamh Devlin	Dundrum South Dublin	17:00.6H		AAI

2006	Siobhan O'Doherty	Borrisokane	17:41.21			AAI
2007	Orla Ni Mhuircheartaigh	Galway City Harriers	17.56.84			AAI
2008	Eimear O'Brien	Sligo	18:33.75			AAI
2009	Laura Huet	Dundrum South Dublin	17:47.41			AAI
2010	Not contested					AAI
2011	Ciara Wilson	Drinagh-Murrintown-Piercestown (DMP)	18:55.28			AAI
2012	Nicola O'Ceallaigh	Galway City Harriers	18:53.14			AAI
2013	Maria O'Sullivan	Raheny Shamrock	18:03.24			AAI
2014	Maria O'Sullivan	Raheny Shamrock	17:36.06			AAI
2015	Emma Mitchell	Banbridge	18:06.41			AAI
2016	Shona Heaslip	An Riocht	18.37.32			AAI
2017	Nadine Donegan	Tullamore Harriers	18.05.62			AAI
2018	Niamh O'Neill	Donore Harriers	18.43.51			AAI
2019	Lauren Dermody	Castlecomer	10.03.35		3km	AAI

100m Hurdles U23 Women (0.84m/2'9")

1985	Olive Burke	Bugerland Limerick	14.29			BLE
1986	Olive Burke	Bugerland Limerick	14.44			BLE
1987	Olive Burke	Bugerland Limerick	14.22			BLE
1988	Evanna Morrissey	Nenagh Olympic	14.6			BLE
1989	Susan Smith	Waterford	14.18			BLE
1990	Brid Hallissey	Ferrybank	14.74			BLE
1991	Elaine Murphy	Nenagh Olympic	14.30			BLE
1992						BLE
1993	Elaine Murphy	Nenagh Olympic	15.37			BLE
1994	Patricia Naughton	Nenagh Olympic	14.30			BLE
1995	Elaine Murphy	Nenagh Olympic	14.80			BLE
1996	Not contested					BLE
1997	Patricia Naughton	Nenagh Olympic	15.83			BLE
1998						BLE
1999	Alison Beck	Dundrum South Dublin	17.60	-2.4		BLE
2000	Not contested					AAI
2001	Orna Donoghue	Carrick-on-Suir	15.42	2.1		AAI
2002	Geraldine Stewart	Tir Chonaill	16.99	0.3		AAI
2003	Derval O'Rourke	University College Dublin	13.59	2.5		AAI
2004	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	15.74	-1.4		AAI
2005	Mandy Gault	Lagan Valley	13.92	1.6		AAI
2006	Katey Byrd	Leevale	18.12			AAI
2007	Leona Byrne	St. Laurence O'Toole	15.3	1.0		AAI
2008	Paula McCarthy	Bantry	17.28	-4.7		AAI
2009	Sarah Finnegan	Craughwell	17.67	1.7		AAI
2010	Mairead Murphy	University College Dublin	14.81	2.1		AAI
2011	**Mairead Murphy**	**Ferrybank**	**13.50**	**3.5**	**CR**	AAI
2012	Roisin Howard	Bandon	15.85			AAI
2013	Rebecca McAllister	Ballymena & Antrim	15.68			AAI
2014	Catherine McManus	Dublin City Harriers	14.28			AAI
2015	Sarah Lavin	University College Dublin	13.97	-1.5		AAI
2016	Clare Robinson	North Down	15.69	0.0		AAI
2017	Clodagh O'Mahoney	Dooneen	15.47	-2.8		AAI
2018	Elizabeth Morland	Cushinstown	13.70			AAI
2019	Molly Scott	St. Laurence O'Toole	13.71	-0.2		AAI

400m Hurdles U23 Women

1985	Fidelma Kirwan	Eagle	63.13			BLE
1986	Fidelma Kirwan	Eagle	65.34			BLE
1987	Sinead Kenny	Team Puma	64.34			BLE
1988	Paula Carthy	Clondalkin	61.43			BLE
1989	Joanne Fitzgerald	Dublin City Harriers	61.02			BLE
1990						BLE
1991	Joanne Fitzgerald	Dublin City Harriers	62.80			BLE
1992						BLE
1993	Elaine Murphy	Nenagh Olympic	67.19			BLE
1994	Marie O'Meara	Nenagh Olympic	65.08			BLE
1995	Elaine Murphy	Nenagh Olympic	63.87			BLE
1996	Not contested					BLE
1997						BLE
1998	Maoiliosa Hynes	Loughrea	64.72			BLE
1999	Juliet Claffey	Borrisokane	76.84			BLE
2000	Not contested					AAI

2001	Orna Donoghue	Carrick-on-Suir	65.19		AAI
2002	Mary McLoone	Tir Chonaill	65.41		AAI
2003	Mary McLoone	Tir Chonaill	63.28		AAI
2004	Dawn Kelly	Belgooly	62.20		AAI
2005	Not contested				AAI
2006	Emma Peters	Cardiff	61.02		AAI
2007	Brona Furlong	Slaney Olympic	61.76		AAI
2008	**Brona Furlong**	**Slaney Olympic**	**59.57**	**CR**	AAI
2009	Kalyn Sheehan	Ferrybank	63.0H		AAI
2010	Jessie Barr	Ferrybank	59.75		AAI
2011	Jessie Barr	Ferrybank	59.79		AAI
2012	Gabrielle Coveney	Loughborough University	60.91		AAI
2013	Gabrielle Coveney	Dundrum South Dublin	59.89		AAI
2014	Jessica Neville	Leevale	64.60		AAI
2015	Nessa Millet	St. Abban's	61.47		AAI
2016	Karen Dunne	Bohermeen	64.06		AAI
2017	Kate McGowan	Tír Chonaill	64.22		AAI
2018	Kelly McGrory	Tír Chonaill	63.50		AAI
2019	Katie Walsh	Carraig-Na-Bhfear	62.98		AAI

3000m / 5000m Walk U23 Women

1985	Perri Williams	St Senans	16.04.22	
1986	Perri Williams	St Senans	16.26.6	
1987				
1988	Marie Walsh	SDS	14.47.1	
1989	Marie Walsh	SDS	13.58.10	
1990	**Marie Walsh**	**SDS**	**13.55.6**	**CR**
1991	Catherine Walsh	SDS	27:42.70	
1992	Deirdre Gallagher	Ballina	25:13.50	
1993				
1994	Deirdre Gallagher	University College Dublin	24:32.67	
1995	Deirdre Gallagher	University College Dublin	23.57.0	
1996	Deirdre Gallagher	University College Dublin	21:35.62	
1997	Gillian O'Sullivan	University College Cork	23:38.09	
1998	Gillian O'Sullivan	University College Cork	22:28.88	
1999	Florence Lanigan	St. Joseph's	27:12.87	
2000	Rachel Flynn	Sligo	58:23.41	
2001	Kelly O'Keeffe	Togher	57:55.84	
2002	Not contested			
2003				
2004				
2005	Not contested			
2006				
2007	Ann Loughnane	Craughwell	14.30.20	
2008	Nicola Alcorn	Finn Valley	17:02.64	
2009	Not contested			
2010	Emma Prendiville	Farranfore Maine Valley	14:12.76	
2011				
2012				
2013				
2014	Lauren Whelan	Leevale	14:46.21	
2015	Siobhan Nash	St. Abban's	15:39.19	
2016	Veronica Burke	Ballinasloe & District	14.18.73	
2017	Veronica Burke	Ballinasloe & District	14.12.49	
2018	Veronica Burke	Ballinasloe & District	14.51.53	
2019	Orlaith Delahunt	Sligo	14.40.51	

3000m Steeplechase U23 Women (0.762m/2'6)

2012	Irene Gorman	Galway City Harriers	11:26.39		AAI
2013					AAI
2014	Cliona Mulroy	Swinford	15:44.78		AAI
2015					AAI
2016	Elaine McCabe	Bree	12.58.32		AAI
2017	**Lauren Dermody**	**Castlecomer**	**11.22.48**	**CR**	AAI
2018	Not contested				
2019	Aoife O'Brien	Westport	11.57.84		

High Jump U23 Women

1985	Elizabeth Comerford	West Dublin	1.65		BLE
1986	Catriona Scott	Belfast	1.70		BLE
1987	Catriona Scott	Belfast	1.76		BLE
1988	Jackie Ross (tied)	Lisburn	1.62		BLE
1988	Brid Hallissey (tied)	Ferrybank	1.62		BLE
1989	Michelle Costigan	Trinity	1.71		BLE
1990	Brid Hallissey	Ferrybank	1.63		BLE
1991	Sharon Foley	Lifford	1.75		BLE
1992					BLE
1993					BLE
1994					BLE
1995	Deirdre Gahan	West Dublin	1.56		BLE
1996	Not contested				BLE
1997	Deirdre Ryan	Claremorris	1.60		BLE
1998					BLE
1999	Alison Beck	Dundrum South Dublin	1.50		AAI
2000	Orna Donoghue	Carrick-on-Suir	1.65		AAI
2001	Orna Donoghue	Carrick-on-Suir	1.63		AAI
2002	Not contested				AAI
2003	Rose Mary Daniels	Na Fianna	1.70		AAI
2004	Deirdre Ryan	University College Dublin	1.70		AAI
2005					AAI
2006	Sharon Heveran	Westport	1.70		AAI
2007	**Sharon Heveran**	**Westport**	**1.80**	**CR**	AAI
2008	Jenny Reilly	Na Fianna	1.60		AAI
2009	Pamela Hughes	Westport	1.70		AAI
2010	Pamela Hughes	Westport	1.75		AAI
2011	Pamela Hughes	Westport	1.71		AAI
2012	Roisin Howard	Bandon	1.60		AAI
2013	Sinead Tuohy	Athenry	1.50		AAI
2014	Cathriona Farrell	Craughwell	1.65		AAI
2015	Emily Rogers	St. Peter's Dromiskin	1.65		AAI
2016	Amy McTeggert	Boyne	1.65		AAI
2017	Not contested				
2018	Sarah Connolly	North Down	1.60		AAI
2019	Rosa Kirwan	Sli Cualann	1.40		AAI

Pole Vault U23 Women

2001	Jean Tierney	Borrisokane	2.40		AAI
2002					AAI
2003	Edel O'Meara	Borrisokane	2.90		AAI
2004	Edel O'Meara	Borrisokane	2.60		AAI
2005	Sarah Cormack	St. Laurence O'Toole	2.40		AAI
2006					AAI
2007					AAI
2008					AAI
2009	Not contested				AAI
2010	Not contested				AAI
2011	Claire Wilkinson	Ballymena & Antrim	3.65		AAI
2012					AAI
2013					AAI
2014	Lisa Houlihan	West Waterford	3.00		AAI
2015	Lisa Houlihan	West Waterford	2.80		AAI
2016	Not contested				AAI
2017	Sarah McKeever	Dundrum South Dublin	3.95		AAI
2018	Not contested				
2019	**Ellen McCartney**	**City of Lisburn**	**4.01**	**CR**	AAI

Long Jump U23 Women

1985	Terri Horgan	Mallow	5.63		BLE
1986	Catriona Scott	Belfast	5.95		BLE
1987	Evanna Morrissey	Nenagh Olympic	5.72		BLE
1988	Terri Horgan	Mallow	6.17		BLE
1989	Siobhan Hoey	Mountmellick	5.45		BLE
1990	Siobhan Hoey	Dundrum South Dublin	5.82		BLE
1991	Siobhan Hoey	Dundrum South Dublin	5.61		BLE
1992	Claire Ingerton	Leevale	5.81		BLE

1993						BLE
1994	Janice O'Brien	Newbridge	5.92			BLE
1995	Shauna Colhoun	Lifford	5.42			BLE
1996	Fiona Mullen	Clonliffe Harriers	5.41			BLE
1997	Shauna Colhoun	Lifford	5.71			BLE
1998	Celine Mc Phillips	Lourdes	4.37	3.0		BLE
1999	Mary Devlin	Ballymena & Antrim	5.58	1.2		BLE
2000	Mary Devlin	Ballymena & Antrim	5.61	5.4		AAI
2001	Mary Devlin	Ballymena & Antrim	5.76	4.0		AAI
2002	Mary McLoone	Tir Chonaill	5.45	5.0		AAI
2003	Sinead Swan	Slaney Olympic	5.54	1.3		AAI
2004						AAI
2005	Mandy Gault	Lagan Valley	5.16	1.8		AAI
2006	Mandy Gault	Lagan Valley	5.67	-1.5		AAI
2007	Leona Byrne	St. Laurence O'Toole	5.67			AAI
2008	Kelly Proper	Ferrybank	6.26	1.0		AAI
2009	**Kelly Proper**	**Ferrybank**	**6.33**	**1.2**	**CR**	AAI
2010	Linzi Herron	City of Lisburn	5.76	3.9		AAI
2011	Hannah Lewis	North Down	6.00	6.6		AAI
2012	Roisin Howard	Bandon	5.46			AAI
2013	Aoife Bartley	Carrick-on-Suir	5.22			AAI
2014	Karen Blaney	Navan	5.31			AAI
2015	Sarah McCarthy	Mid Sutton	6.08	2.3		AAI
2016	Sarah McCarthy	Mid Sutton	5.68	-1.6		AAI
2017	Sarah McCarthy	Mid Sutton	6.18	0.7		AAI
2018	Elizabeth Morland	Cushinstown	6.07			AAI
2019	Elizabeth Morland	Cushinstown	5.98	0.8		AAI

Triple Jump U23 Women

1991	Marie O'Meara	Nenagh Olympic	10.86			BLE
1992	Jocelyn Hanrahan	Limerick	11.50			BLE
1993	Jocelyn Hanrahan	Limerick	11.11			BLE
1994	Fiona Mullen	Walkinstown SAF	10.85			BLE
1995	Antoinette Furlong	Drinagh-Murrintown-Piercestown (DMP)	10.93			BLE
1996	Antoinette Furlong	Drinagh-Murrintown-Piercestown (DMP)	10.78			BLE
1997	Helen Tierney	Borrisokane	10.74			BLE
1998	Grainne Kelly	St. Abban's	9.08	-0.2		BLE
1999	Mary Devlin	Ballymena & Antrim	11.07			BLE
2000	Mary Devlin	Ballymena & Antrim	11.23	-1		AAI
2001	Mary Devlin	Ballymena & Antrim	11.50			AAI
2002	Mary McLoone	Tir Chonaill	11.56	3.5		AAI
2003	Mary McLoone	Tir Chonaill	11.42	2.4		AAI
2004	Aoife Hoey	Crusaders	11.75	2.2		AAI
2005	Aoife Hoey	Crusaders	11.45	-0.1		AAI
2006	Margaret McCarthy	Blarney/Iniscara	9.59			AAI
2007	Amanda O'Farrell	Borrisokane	10.23	0.3		AAI
2008	Jenny Reilly	Na Fianna	10.84	-0.5		AAI
2009	Sarah Finnegan	Craughwell	10.18			AAI
2010	Laura Loughlin	North Down	10.51			AAI
2011	Denise Wickham	St. Paul's	8.87	2.8		AAI
2012	Fiona Hill	Newbridge	11.08			AAI
2013	Caoimhe King	Westport	12.24			AAI
2014	Saragh Buggy	St. Abban's	11.69			AAI
2015	Saragh Buggy	St. Abban's	12.19	1.0		AAI
2016	**Saragh Buggy**	**St. Abban's**	**12.39**	**0.3**	**CR**	AAI
2017	Solange Diogo	Tralee Harriers	10.72	0.0		AAI
2018	Grace Furlong	Waterford	11.59			AAI
2019	Grace Furlong	Waterford	11.75	0.6		AAI

Shot Put U23 Women (4kg)

1985	Breda Wall	Athy	12.96			BLE
1986	Mary Mahon	Team Puma	13.37			BLE
1987	Mary Mahon	Team Puma	12.91			BLE
1988	Brid Hallissey	Ferrybank	10.36			BLE
1989	Brid Hallissey	Ferrybank	11.02			BLE
1990	Elaine Hayes	North Laois	11.22			BLE
1991	Elaine Hayes	North Laois	11.95			BLE
1992	Emma Gavin	Limerick	12.69			BLE
1993						BLE

1994	Emma Gavin	Limerick	11.47		BLE
1995	Emma Gavin	Limerick	12.15		BLE
1996	Antoinette Moore	Rathfarnham	11.46		BLE
1997	Nicola Coffey	Navan	11.64		BLE
1998	Nicola Coffey	Navan	11.98		BLE
1999	Sinead Delaney	University College Dublin	8.54		BLE
2000	Eva Massey	Windsor Slough & Eton	13.67		AAI
2001					AAI
2002	Geraldine Stewart	Tir Chonaill	11.82		AAI
2003	Geraldine Stewart	Tir Chonaill	11.53		AAI
2004	Aoife Hoey	Crusaders	12.04		AAI
2005	Aoife Hoey	Crusaders	11.00		AAI
2006	Sonia Kennedy	Ferrybank	10.64		AAI
2007	Catriona Ryan	Templemore	10.60		AAI
2008	Catriona Ryan	Templemore	10.95		AAI
2009	Katie O'Shea	Farranfore Maine Valley	9.28		AAI
2010	Not contested				AAI
2011	Clare Fitzgerald	Tralee Harriers	14.10		AAI
2012	Clare Fitzgerald	Tralee Harriers	13.89		AAI
2013	Alanna Fratorolli	Limerick	11.31		AAI
2014	Fiona Moloney	Dooneen	13.25		AAI
2015	Laura McSweeney	Bandon	12.10		AAI
2016	Laura McSweeney	Bandon	12.62		AAI
2017	Laura McSweeney	Bandon	12.22		AAI
2018	**Michaela Walsh**	**Swinford**	**15.06**	**CR**	**AAI**
2019	Michaela Walsh	Swinford	13.57		AAI

Discus U23 Women (1kg)

1985	Breda Wall	Athy	38.10		BLE
1986	Mary Mahon	Team Puma	42.50		BLE
1987	Mary Mahon	Team Puma	41.90		BLE
1988	Ailish O'Brien	Dungarvan	40.60		BLE
1989	Catherine Kenny	Rathangan	32.84		BLE
1990	Ailish O'Brien	Dungarvan	40.34		BLE
1991	Julie Kirkpatrick	Lisburn	41.84		BLE
1992	Martha Halpin	Slaney Olympic	37.02		BLE
1993	Ailish O'Brien	Dungarvan	38.92		BLE
1994	Emma Gavin	Limerick	34.44		BLE
1995	Emma Gavin	Limerick	36.46		BLE
1996	Edel Meagher	Blarney/Iniscarra	39.90		BLE
1997	Edel Meagher	Blarney/Iniscarra	33.94		BLE
1998	Caroline Johnston	Dundrum South Dublin	40.62		BLE
1999	Caroline Johnston	Dundrum South Dublin	42.31		BLE
2000	Eva Massey	Windsor Slough & Eton	43.32		AAI
2001	Eileen O'Keeffe	Kilkenny City Harriers	40.85		AAI
2002	Eileen O'Keeffe	Kilkenny City Harriers	42.16		AAI
2003	Eileen O'Keeffe	Kilkenny City Harriers	40.84		AAI
2004	Deirdre Murphy	Leevale	39.90		AAI
2005					AAI
2006	Deirdre Murphy	Leevale	40.06		AAI
2007	Rachel Akers	Marian	37.40		AAI
2008	Philipa Conway	Crusaders	36.92		AAI
2009	Philipa Conway	Crusaders	35.65		AAI
2010	Philipa Conway	Crusaders	32.47		AAI
2011	Clare Fitzgerald	Tralee Harriers	47.80		AAI
2012	Clare Fitzgerald	Tralee Harriers	42.55		AAI
2013	**Clare Fitzgerald**	**Tralee Harriers**	**53.01**	**CR**	AAI
2014	Sophie Parkinson	Gowran	44.12		AAI
2015	Sophie Parkinson	Gowran	45.80		AAI
2016	Kayleigh Cronin	Farranfore Maine Valley	41.31		AAI
2017	Anne-Marie Torsney	Fingallians	36.03		AAI
2018	Anne-Marie Torsney	Fingallians	36.12		AAI
2019	Niamh Fogarty	Raheny Shamrock	51.02		AAI

Javelin U23 Women (600g)

1985	Stephanie O'Brien	Sligo	35.56		BLE
1986	Anita Kane	North Down	36.36		BLE
1987	Alison Moffitt	North Down	39.80		BLE
1988	Alison Moffitt	North Down	39.70		BLE

1989	Mary T. Real	Limerick	41.70		BLE
1990	Mary T. Real	Limerick	46.98		BLE
1991	Mary T. Real	Limerick	45.86		BLE
1992	Mary T. Real	Limerick	46.48		BLE
1993	**Mary T. Real**	**Limerick**	**47.78**		BLE
1994	Katrina Campbell		40.30		BLE
1995	Joycelen Hanrahan	Limerick	34.30		BLE
1996	Edel Meagher	Blarney / Inniscarra	30.88		BLE
1997	Leanne Tutty	Waterford	32.88		BLE
1998	Linda Mostyn	Carrick-On-Shannon	28.68		BLE
1999	Jenny Mullin	Donore Harriers	24.89		BLE
2000	Catherine Edgar	Lagan Valley	37.46		AAI
2001	Eileen O'Keeffe	Kilkenny City Harriers	27.08		AAI
2002	Jennifer O'Sullivan	Cushinstown	42.72		AAI
2003	Jennifer O'Sullivan	Cushinstown	47.31		AAI
2004	Anita White	Dublin Striders	41.08		AAI
2005					AAI
2006	Laura Kerr	Windsor Slough & Eton	47.50		AAI
2007	Claire Collins	Tullamore Harriers	28.17		AAI
2008	Denise Byrne	Clonliffe Harriers	39.00		AAI
2009	Denise Byrne	Clonliffe Harriers	36.52		AAI
2010	Olivia McDonald	St. Peter's Dromiskin	38.37		AAI
2011	Olivia McDonald	St. Peter's Dromiskin	37.01		AAI
2012	Emmy Coffey-Nguyen	University College Dublin	33.35		AAI
2013	Emma Daly	St. Abban's	31.34		AAI
2014	Patricia Curtin	Youghal	39.65		AAI
2015	Jenny Murphy	Abbey Striders	35.87		AAI
2016	Jenny Murphy	Abbey Striders	35.97		AAI
2017	Laura Dolan	Ferbane	32.82		AAI
2018	Elizabeth Morland	Cushinstown	44.25		AAI
2019	Michael Walsh	Swinford	37.42		AAI

Hammer U23 Women (4kg)

1990	Elaine Hayes	North Laois	38.18		BLE
1991	Elaine Hayes	North Laois	34.52		BLE
1992					BLE
1993					BLE
1994	Emma Gavin	Limerick	33.46		BLE
1995	Brenda Thompson	Slaney Olympic	45.64		BLE
1996	Olivia Kelleher	Limerick	50.02		BLE
1997	Nicola Coffey	Navan	49.70		BLE
1998	Nicola Coffey	Navan	51.72		BLE
1999	Clara Thompson	Slaney Olympic	48.25		BLE
2000	Sinead Delaney	University College Dublin	37.04		AAI
2001	Eileen O'Keeffe	Kilkenny City Harriers	55.98		AAI
2002	Eileen O'Keeffe	Kilkenny City Harriers	59.93	CR	AAI
2003	Eileen O'Keeffe	Kilkenny City Harriers	57.82		AAI
2004	Whitney Gum	Leevale	42.17		AAI
2005	Rachel Akers	Marian	50.17		AAI
2006	Rachel Akers	Marian	49.79		AAI
2007	Rachel Akers	Marian	56.50		AAI
2008	Karen Healy	Fr. Murphy	41.08		AAI
2009	Mary Sutherland	Drinagh-Murrintown-Piercestown (DMP)	47.51		AAI
2010					AAI
2011	Maire McCarthy	Blarney/Inniscarra	37.51		AAI
2012	Cara Kennedy	Ferrybank	53.66		AAI
2013	Aoife Hickey	Kilkenny City Harriers	56.02		AAI
2014	Cara Kennedy	Ferrybank	55.71		AAI
2015	Megan Moynihan	West Muskerry	49.39		AAI
2016	Mairead O'Neill	Gneeveguilla	49.62		AAI
2017	Aoife Vaughan Witts	Borrisokane	47.87		AAI
2018	**Michaela Walsh**	**Swinford**	**64.57**	**CR**	**AAI**
2019	Michaela Walsh	Swinford	58.63		AAI

4x100m Relay U23 Women

1986		Ballymena & Antrim	48.90
1991		Togher	51.30

2004	Leevale	49.04
2016	Fingallians	53.60
2017	Not contested	
2018	Trim	53.64
2019	Not contested	

4x400m Relay U23 Women

1986	Togher	4.03.86
1991	Togher	4.12.90
1994	University College Cork	4.05.69
2001	Abbey Striders	04:06.94
2002		
2003		
2004	Sli Cualann	04:19.13
2005	Sli Cualann	04:11.84
2016	Not contested	
2017	Sli Cualann	4.22.54
2018	Glaslough Harriers	5.21.84
2019	Carraig-Na-Bhfear	4.04.07

Heptathlon U23 Women

1989	Paula Carthy	Clondalkin	4480		BLE
1990	Fiona Kavanagh	St. Laurence O'Toole	4287		BLE
1991	Mary Gartland	Carrickmacross	3017		BLE
1992	Sharon Foley	Lifford	3113		BLE
1993	Patricia Naughton	Nenagh Olympic	4827		BLE
1994	**Janice O'Brien**	**Newbridge**	**5092**	**CR**	BLE
1995	Helen Tierney	Borrisokane	2401		BLE

Discontinued

Weight for Distance U23 Women

2018	Seodhna Hoey	Portlaoise	6.79	AAI
2019	Michaela Walsh	Swinford	6.40	AAI

Cross Country U23 Women

1991	Anita Philpott	North Cork	22.38	BLE
1992				BLE
1993	Teresa Duffy	Beechmount Harriers	19.26	BLE
1994	Elaine Fitzgerald	Waterford AC	19.39	BLE
1995	Rosemary Ryan	Bilboa	17.06	BLE
1996	Orla O'Mahoney	Marian	20.39	BLE
1997	Orla O'Mahoney	Marian	18.36	BLE
1998	Patricia O'Brien	Grange/Fermoy	24.58	BLE
1999	Orla O'Mahony	Marian	19.41	BLE
2000	Clare Quinn	Beechmount Harriers	20.04	AAI
2001	Ann Marie Larkin	Tullamore	18.15	AAI
2002	Caoimhe Foley	Kilkenny City Harriers	23.33	AAI
2003	Aoife Byrne	Dundrum South Dublin	18.55	AAI
2004	Deirdre Byrne	Sli Cualann	17.32	AAI
2005	Fionnualla Britton	Kilcoole	18.27	AAI
2006	Fionnualla Britton	Kilcoole	28.13	AAI
2007	Frances Nic Reamoin	Clonliffe Harriers	30.10	AAI
2008	Linda Byrne	Dundrum South Dublin	29.37	AAI
2009	Sara Louise Treacy	Moynalvey	28.21	AAI
2010	Becky Woods	Clonliffe Harriers	29.43	AAI
2011	Sara Louise Treacy	Moynalvey	31.10	AAI
2012	Una Britton	Kilcoole	33.29	AAI

2013	Mary Mulhare	Portlaoise	28.54			AAI
2014	Mary Mulhare	Portlaoise	29.38			AAI
2015	Shona Heaslip	An Riocht	28.21			AAI
2016	Bethanie Murray	Dundrum South Dublin	29.50			AAI
2017	Bethanie Murray	Dundrum South Dublin	29.54			AAI
2018	Fian Sweeney	Dublin City Harriers	29.13			AAI
2019	Sorcha McAlister	Westport	31.57			AAI

Junior (U20) Men

100m Junior (U20) Men

1959	Andy Kilfeather	Sligo Eire Og	10.1			NACAI
1960	Andy Kilfeather	Sligo Eire Og	10.2			NACAI
1961	Patrick J Noonan	Raheny Shamrock	10.6			NACAI
1962	William "Billy" Glynn	Tuam	10.2			NACAI
1963	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	10.5			NACAI
1964	MG Carroll	Dun Dealgan	9.9			NACAI
1965	Joe Cumiskey	University College Dublin	10.2			NACAI
1966	Joe Ryan	Croke	10.0			NACAI
1967	Dermot Conway	Donore Harriers	10.1	100 yards		BLE
1968	Ciaran Coakley	Dublin City Harriers	10.0	100 yards		BLE
1969	Tony Flannery	Terenure	11.4			BLE
1970	Tony Flannery	Terenure	11.3			BLE
1971	Tony Flannery	Metro	11.0			BLE
1972	Denis O'Connell	University College Dublin	11.0			BLE
1973	Finbarr Jeffords	Leevale	11.0			BLE
1974	Sean Reidy	Limerick	11.3			BLE
1975	Pat Fallon	Clonmel	11.2			BLE
1976	Pat Fallon	Clonmel	11.3			BLE
1977	Colman O'Flaherty	Pearse, Galway	10.8			BLE
1978	Colman O'Flaherty	Pearse, Galway	10.98			BLE
1979	John McCormack	Roscommon	10.9			BLE
1980	Brian Eiffe	Ratoath	11.2			BLE
1981	Brian Eiffe	Ratoath	10.7			BLE
1982	Brian Eiffe	Crusaders	11.33			BLE
1983	Paul Sheedy	Midleton	11.17			BLE
1984	Padraig Connerton	Lough Ree	11.49			BLE
1985	Padraig Connerton	Lough Ree	11.21			BLE
1986	Richie Ryan	Dublin City Harriers	10.90			BLE
1987	Barry Martin	Redeemer	11.46			BLE
1988	Liam Brennan	Donore Harriers	10.96			BLE
1989	Darren Haddock	Togher	11.15			BLE
1990	Darren Haddock	Togher	10.96			BLE
1991	Carlton Haddock	Togher	11.00			BLE
1992	Jeff Pamplin	Dublin City Harriers	11.51	w		BLE
1993	Denis Hickie	Metro St. Brigid's	11.36			BLE
1994	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	10.85	w		BLE
1995	Paul Brizzel	Ballymena & Antrim	10.76	w		BLE
1996	Damien Lowry	Dundrum South Dublin	11.25			BLE
1997	Paul Oppermann	Dundrum South Dublin	11.03			BLE
1998	Paul Oppermann	Dundrum South Dublin	11.06			BLE
1999	Mark Howard	Fingallians	10.97	-0.8		BLE
2000	Gordon Kennedy	Tullamore Harriers	10.95	-1.4		AAI
2001	Darragh Graham	Sli Cualann	10.77	3.1		AAI
2002	Paul Hession	Athenry	10.68	3.2		AAI
2003	John Laffey	Clonliffe Harriers	10.96	1.4		AAI
2004	Mark Hopkins	North Belfast Harriers	11.18	-0.8		AAI
2005	**Jason Smyth**	**City of Derry**	**10.59**	**4.8**	**CR**	AAI
2006	Jason Smyth	City of Derry	10.88	-2.2		AAI
2007	Michael Hynes	Raheny Shamrock	10.88	1.1		AAI
2008	Craig Lynch	Shercock	11.12	-1.9		AAI
2009	Steven Colvert	Crusaders	10.70	1.2		AAI
2010	Oliver Black	Liverpool Harriers	10.73	2.3		AAI
2011	Paul Whelan	Dublin Striders	10.72	3.5		AAI
2012	Greg O'Shea	Dooneen	11.07			AAI
2013	Marcus Lawler	St. Laurence O'Toole	10.61			AAI
2014	Keith Doherty	Tallaght	10.82			AAI

2015	Joseph Ojewumi	Tallaght	10.79	1.2		AAI
2016	Sean Lawlor	Donore Harriers	10.84	0.3		AAI
2017	David Murphy	Gowran	10.74	-0.2		AAI
2018	Israel Olatunde	Dundealgan	10.73			AAI
2019	Reality Osuoha	Fingallians	10.95	-0.6		AAI

200m Junior (U20) Men

1959	Andy Kilfeather	Sligo Eire Og	22.5			NACAI
1960	Andy Kilfeather	Sligo Eire Og	22.5			NACAI
1961	JA McCaughlan	Derry	23.1			NACAI
1962	G Slattery	Herbertstown	23.6			NACAI
1963	Iognáid G "Iggy" Ó Muircheartaigh	University College Dublin	24.3			NACAI
1964	Seán Ó Muircheartaigh	University College Dublin	22.9			NACAI
1965	Brian Murphy	Fr. Matthew Cork	22.8			NACAI
1966	Hugo Duggan	Cranford	24.6			NACAI
1967	Dermot Conway	Donore Harriers	24.1	220 yards		BLE
1968	Brendan O'Regan	Limerick	22.8	220 yards		BLE
1969	Denis O'Connell	Terenure	23.3			BLE
1970	Tony Flannery	Terenure	23.3			BLE
1971	Tony Flannery	Metro	22.5			BLE
1972	Denis O'Connell	University College Dublin	22.2			BLE
1973	Finbarr Jeffords	Leevale	22.9			BLE
1974	Tim Crowe	Limerick	22.7			BLE
1975	Shane Toolan	Pearse, Galway	22.5			BLE
1976	Pat Fallon	Clonmel	23.0			BLE
1977	David O'Flaherty	Pearse, Galway	22.3			BLE
1978	Colman O'Flaherty	Pearse, Galway	22.36			BLE
1979	Paul O'Brien	Limerick	22.50			BLE
1980	Brian Dunne	South Dublin	22.32			BLE
1981	Brian Eiffe	Ratoath	21.7			BLE
1982	Brian Eiffe	Crusaders	22.3			BLE
1983	Derek O'Connor	Dundrum	20.96			BLE
1984	Padraig Connerton	Lough Ree	22.70			BLE
1985	Bernard McHale	Clonliffe Harriers	22.57			BLE
1986	Richie Ryan	Dublin City Harriers	21.89			BLE
1987	Liam Brennan	Donore Harriers	22.26			BLE
1988	Liam Brennan	Donore Harriers	22.12			BLE
1989	Carlton Haddock	Togher	22.72			BLE
1990	Tom Comyns	Limerick	22.13			BLE
1991	Carlton Haddock	Togher	22.26			BLE
1992	Keith Meany	Grange/Woodbine	23.94			BLE
1993	Jonathan Moran	Pearse	22.81			BLE
1994	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	22.17			BLE
1995	Paul Brizzel	Ballymena & Antrim	21.60			BLE
1996	Robert Daly	Dundrum South Dublin	22.44			BLE
1997	James Mathews	Crusaders	22.23			BLE
1998	Paul Oppermann	Dundrum South Dublin	21.67			BLE
1999	Darran Coughlan	Bandon	22.66	-0.1		BLE
2000	Gordon Kennedy	Tullamore Harriers	21.66	0.8		AAI
2001	Darragh Graham	Sli Cualann	22.10	-1.8		AAI
2002	Paul Hession	Athenry	21.59	0.3		AAI
2003	Liam McDermid	Unattached	22.04	1.0		AAI
2004	David Hynes	Menapians	22.82	-1.8		AAI
2005	Derek Duff	Leevale	21.79	2.0		AAI
2006	Gerard O'Reilly	Shercock	22.96	0.2		AAI
2007	Michael Hynes	Raheny Shamrock	21.85	0.4		AAI
2008	Brian Gregan	Tallaght	21.75	2.5		AAI
2009	Billy Ryan	Ferrybank	21.97	0.6		AAI
2010	Lorcan O'Cathain	Roscommon	21.86	-2.2		AAI
2011	Mark Kavanagh	Dundrum South Dublin	21.67	2.5		AAI
2012	Marcus Lawler	St. Laurence O'Toole	21.47			AAI
2013	Marcus Lawler	St. Laurence O'Toole	21.86			AAI
2014	**Zak Irwin**	**Sligo**	**21.42**		**CR**	AAI
2015	Zak Irwin	Sligo	21.56	0.1		AAI
2016	Cillian Greene	Galway City Harriers	21.78	-1.4		AAI
2017	Aaron Sexton	North Down	21.44	-0.9		AAI
2018	Reality Osouha	Fingallians	21.78			AAI
2019	Tolunabori Akinola	Fingallians	22.97	-1.1		AAI

400m Junior (U20) Men

1959	Billy Harris	Regional AC, Limerick	52.2	440 Yards		NACAI
1960	Brian Murray	University College Cork	51.4	440 Yards		NACAI
1961	Leslie Gaughran	Dundealgan	53.8	440 Yards		NACAI
1962	Brian O'Neill	St. John's Tralee	52.5	440 Yards		NACAI
1963	Aidan Cunningham	Sligo Eire Og	52.0	440 Yards		NACAI
1964	AJ Taaffe	University College Dublin	52.2	440 Yards		NACAI
1965	Brian Murphy	Fr. Matthew Cork	51.8	440 Yards		NACAI
1966	C Ó Muircheartaigh	University College Dublin	52.0	440 Yards		NACAI
1967	Eamon O'Keeffe	Avondale	51.4	440 Yards		BLE
1968	Eamon O'Keeffe	University College Dublin	49.5	440 Yards		BLE
1969	CW Blake	Moate	50.3			BLE
1970	Denis O'Connell	Terenure	50.8			BLE
1971	John Dillon	Dublin City Harriers	48.0			BLE
1972	Denis O'Connell	University College Dublin	48.8			BLE
1973	Tim Crowe	Limerick	53.2			BLE
1974	Tim Crowe	Limerick	NT			BLE
1975	Jim Coughlan	Ballinasloe	48.7			BLE
1976	Eugene Byrne	Raheny Shamrock	50.5			BLE
1977	D Mallon	Roscommon	50.3			BLE
1978	Brian McManus	Dublin City Harriers	49.6			BLE
1979	John Devins	Roscommon	49.78			BLE
1980	Kieran Finn	Limerick	49.35			BLE
1981	Kenneth Thompson	Annadale Striders	49.9			BLE
1982	Ian Marron	South Dublin	49.83			BLE
1983	Paul Francis	Crusaders	49.51			BLE
1984	Brian Malone	Waterford	49.25			BLE
1985	Barry Walshe	St. Finbarrs	50.00			BLE
1986	Peter Sinclair	Banbridge	49.34			BLE
1987	Niall Hegarty	Leevale	49.98			BLE
1988	Niall Hegarty	Leevale	50.81			BLE
1989	Stephen Newman	St. Andrews, Ashbourne	48.32			BLE
1990	Paul Kelliher	Bandon	49.05			BLE
1991	Anthony Foran	Clonliffe Harriers	48.61			BLE
1992	Mark Smyth	Eagle TC	49.10			BLE
1993	Simon McQuaid	Kells	49.28			BLE
1994	Simon McQuaid	Kells	49.23			BLE
1995	Darren Hough	Corran	50.50			BLE
1996	Darren Hough	Corran	48.87			BLE
1997	Tomas Coman	Templemore	48.67			BLE
1998	Joseph O'Donnell	West Waterford	50.52			BLE
1999	Tony Lilley	Togher	50.48			BLE
2000	David McCarthy	Celbridge	50.84			AAI
2001	**David McCarthy**	**Celbridge**	**48.36**		**CR**	AAI
2002	David Gillick	Dundrum South Dublin	48.48			AAI
2003	Ciaran O'Connell	Glaslough Harriers	49.53			AAI
2004	Michael O'Sullivan	Metro St. Brigids	49.64			AAI
2005	Michael Morgan	Beechmount Harriers	48.96			AAI
2006	Ciaran O'Driscoll	Emerald	50.18			AAI
2007	Jamie Davis	Raheny Shamrock	49.88			AAI
2008	Curtis Woods	Lagan Valley	48.98			AAI
2009	Fearghus Hannon	Tullamore Harriers	48.95			AAI
2010	Dara Kervick	Carrick-on-Suir	48.55			AAI
2011	Joseph Dowling	Dundrum South Dublin	48.87			AAI
2012	Karl Griffin	Tir Chonaill	49.52			AAI
2013	Paul White	Nenagh Olympic	50.00			AAI
2014	Paul Murphy	Ferrybank	48.16			AAI
2015	Scott Gibson	Bandon	48.81			AAI
2016	Christopher O'Donnell	North Sligo	49.04			AAI
2017	Jamie Pender	St Abban's	48.47			AAI
2018	Jamie Mitchell	Emerald	48.62			AAI
2019	Jack Raftery	Donore Harriers	48.4			AAI

800m Junior (U20) Men

1959	Frank Hearns	Dublin City Harriers	2.02.8	NACAI
1960	Mick Neville	Tullamore Harriers	2.00.2	NACAI
1961	W Hanlon	Naas	2.02.5	NACAI

1962	Leslie Gaughran	Dundealgan	2.06.6			NACAI
1963	Ian Hamilton	Ballymore	2.02.3			NACAI
1964	Ian Hamilton	Ballymore	1.54.7			NACAI
1965	Michael Heery	Raheny Shamrock	1.59.2			NACAI
1966	Joe Lynham	Hilltown, Cork	2.02.0			NACAI
1967	Richard Crowley	Bandon	2.02.1	880 Yards		BLE
1968	Kieran O'Donovan	Leevale	1.55.2	880 Yards		BLE
1969	William Bolster	Grange	1.58.1			BLE
1970	Kevin Humphries	Dublin City Harriers	1.56.2			BLE
1971	Tom Gregan	Clonliffe Harriers	1.55.4			BLE
1972	Ray McBride	Pearse, Galway	1.55.5			BLE
1973	Robert Norwood	Kilkenny City Harriers	2.00.4			BLE
1974	Niall O'Shaughnessy	Limerick	1.56.4			BLE
1975	P Rogers	Blackrock	1.59.2			BLE
1976	Ray Flynn	Longford	1.55.0			BLE
1977	Roddy Gaynor	Sligo	1.57.5			BLE
1978	Roddy Gaynor	Sligo	1.53.4			BLE
1979	Tommy Moloney	Thurles	1.52.92			BLE
1980	Brian McDonald	Clonliffe Harriers	1.55.2			BLE
1981	David Lynch	Donore Harriers	1.53.7			BLE
1982	Trevor Sargent	Bray	1.52.7			BLE
1983	Liam Looney	Limerick	1.53.43			BLE
1984	Enda Fitzpatrick	Dublin City Harriers	1.54.73			BLE
1985	Bernard O'Sullivan	Leevale	1.55.3			BLE
1986	Brian Peppard	Raheny Shamrock	1.53.24			BLE
1987	Aidan O'Regan	Leevale	1.53.3			BLE
1988	Gordon Dickenson	St. Benedict's	1.56.78			BLE
1989	Danny O'Brien	Limerick	1.53.00			BLE
1990	Danny O'Brien	Limerick	1.55.78			BLE
1991	PJ O'Rourke	Nenagh Olympic	1.53.84			BLE
1992	David Matthews	Leixlip	1.55.99			BLE
1993	David Matthews	University College Dublin	1.55.43			BLE
1994	Karl Byrne	Donore Harriers	1.57.74			BLE
1995	Darren Dinneen	Leevale	1.55.99			BLE
1996	David Brosnan	Leevale	1.51.93			BLE
1997	Colm McClean	St. Malachy's	1.53.86			BLE
1998	Colm McClean	St. Malachy's	1.54.11			BLE
1999	**Colm McClean**	**St. Malachy's**	**1.51.60**		**CR**	BLE
2000	Tony Lilley	Togher	1.53.87			AAI
2001	David Campbell	Maynooth	1.55.67			AAI
2002	Ciaran O'Connell	Glaslough Harriers	1.55.03			AAI
2003	Ciaran O'Connell	Glaslough Harriers	1.51.93			AAI
2004	Danny Darcy	St. Laurence O'Toole	1.54.61			AAI
2005	Danny Darcy	St. Laurence O'Toole	1.54.39			AAI
2006	Joe Warne	Doheny	1.55.13			AAI
2007	Niall Tuohy	Ferrybank	1.52.67			AAI
2008	Anthony Lieghio	Tallaght	1.56.70			AAI
2009	Darren McBrearty	Letterkenny	1.53.68			AAI
2010	Mark English	Letterkenny	1.55.16			AAI
2011	Mark English	Letterkenny	1.54.55			AAI
2012	Dean Cronin	Blarney Inniscara	1.52.73			AAI
2013	Conall Kirk	Lagan Valley	1.54.71			AAI
2014	Karl Griffin	University College Dublin	1.53.38			AAI
2015	Harry Purcell	Trim	1.53.69			AAI
2016	Callum Crawford-Walker	Annadale Striders	1.58.09			AAI
2017	John Fitzsimons	Kildare	2.00.63			AAI
2018	Fintan Stewart	City of Derry	1.54.01			AAI
2019	Louis O'Loughlin	Donore Harriers	1.54.00			AAI

1500m Junior (U20) Men

1959	John Downes	Glenroe Limerick	4.33.0	1 Mile		NACAI
1960	Mick Neville	Tullamore Harriers	4.28.9	1 Mile		NACAI
1961	B Hickey	Naas	4.32.4	1 Mile		NACAI
1962	Tom Phillips	Raheny Shamrock	4.36.1	1 Mile		NACAI
1963	B Crummey	Newbridge	4.32.9	1 Mile		NACAI
1964	Lt. Junior Cummins	Collins Barracks	4.18.8	1 Mile		NACAI
1965	Robert Buckley	Grange	4.19.4	1 Mile		NACAI
1966	Michael Heery	Raheny Shamrock	4.16.9	1 Mile		NACAI
1967	Richard Crowley	Bandon	4.34.3	1 Mile		BLE
1968	Tom Gregan	Clonliffe Harriers	4.19.4	1 Mile		BLE

1969	Kevin Humphries	Dublin City Harriers	3.51.8		BLE
1970	Kevin Humphries	Dublin City Harriers	4.02.8		BLE
1971	Tom Gregan	Clonliffe Harriers	3.51.7		BLE
1972	Tom Gregan	Clonliffe Harriers	3.55.7		BLE
1973	Michael O'Shea	Limerick	3.59.3		BLE
1974	Michael O'Shea	Limerick	4.02.3		BLE
1975	Ray Flynn	Longford	3.50.9		BLE
1976	Ray Flynn	Longford	3.59.0		BLE
1977	David Ball	Clonliffe Harriers	3.58.0		BLE
1978	Dave Taylor	Dundrum	3.42.5		BLE
1979	Frank O'Mara	Limerick	3.53.95		BLE
1980	K O'Connor	Grange	4.00.2		BLE
1981	Brian O'Keeffe	Donore Harriers	3.50.6		BLE
1982	Paul Donovan	Pearse, Galway	4.01.96		BLE
1983	Gerry O'Reilly	Metro	3.51.00		BLE
1984	Enda Fitzpatrick	Dublin City Harriers	3.56.00		BLE
1985	Seamus McCann	Cavehill, Antrim	3.55.99		BLE
1986	Bill Mullaney	Thurles Crokes	4.02.77		BLE
1987	Bill Mullaney	Thurles Crokes	3.58.20		BLE
1988	Aidan O'Reilly	St. Brigid's	3.54.70		BLE
1989	Ian McAllister	Oxford University, UK	3.53.26		BLE
1990	Niall Bruton	Clonliffe Harriers	4.02.40		BLE
1991	Pat Davoren	Treaty	3.59.64		BLE
1992	Darren Keenan	Leevale	4.07.40		BLE
1993	Darren Keenan	Leevale	3.56.93		BLE
1994	Pat O'Keeffe	University College Cork	4.00.57		BLE
1995	Larry Morrissey	Ferrybank	4.02.70		BLE
1996	**James Nolan**	**University College Dublin**	**3.50.42**	**CR**	BLE
1997	Enda Johnson	Monaghan Phoenix	3.54.36		BLE
1998	Conor Sweeney	St. Malachy's	4.01.08		BLE
1999	Conor Sweeney	St. Malachy's	3.57.16		BLE
2000	Conor Sweeney	St. Malachy's	3.54.69		AAI
2001	Martin Fagan	Mullingar Harriers	3.58.47		AAI
2002	Liam Reale	Limerick	3.50.47		AAI
2003	Richard Corcoran	Raheny Shamrock	3.55.36		AAI
2004	Colin Costello	Star of the Sea	4.06.71		AAI
2005	Colin Costello	Star of the Sea	3.54.41		AAI
2006	Daire Bermingham	Raheny Shamrock	3.56.55		AAI
2007	John Coghlan	Metro St. Brigid's	3.59.88		AAI
2008	Tommy Carroll	North Sligo	3.59.45		AAI
2009	Darragh Flynn	Raheny Shamrock	4.01.18		AAI
2010	Liam Tremble	Metro St. Brigid's	3.51.82		AAI
2011	Tommy Casey	Sligo	4.20.46		AAI
2012	Patrick Monaghan	Lagan Valley	3.54.18		AAI
2013	Michael Carey	Clonmel	4.05.85		AAI
2014	Andrew Coscoran	Star of the Sea	3.53.84		AAI
2015	Kevin Mulcaire	Ennis Track	4.00.89		AAI
2016	Joshua Stubbs	Clonliffe Harriers	4.08.36		AAI
2017	Charlie O'Donovan	Leevale	3.53.91		AAI
2018	Darragh McElhinney	Bantry	4.17.29		AAI
2019	James Dunne	Tullamore Harriers	4.03.36		AAI

3000m / 2 Miles Junior (U20) Men

1968	John Naughton	Donore Harriers	9.17.6	2 Miles	BLE
1969	Pat Gilsenan	Metro	8.34.6		BLE
1970	Eddie Leddy	Ballinamore	8.29.0		BLE
1971	Eddie Leddy	Ballinamore	8.30.4		BLE
1972					BLE
1973					BLE
1974					BLE
1975					BLE
1976					BLE
1977					BLE
1978					BLE
1979					BLE
1980					BLE
1981					BLE
1982					BLE
1983					BLE
1984	Eoin Hanratty	Crusaders	8.30.20		BLE

1985	Nick O'Brien	Stretford	8.26.08			BLE
1986	Seamus O'Loan	Team Puma	8.31.76			BLE
1987	Seamus Hynes	Limerick	8.23.83			BLE
1988	Niall Murphy	Kildare	8.27.00			BLE
1989	Niall Bruton	Clonliffe Harriers	8.33.73			BLE
1990	Conor Holt	Dundrum South Dublin	8.34.4			BLE
1991						BLE
1992	David Healy	Leevale	8.26.05			BLE
1993	Derek Watters	Clonliffe Harriers	8.46.98			BLE
1994	Shane Dowler	Clonliffe Harriers	8.37.38			BLE
1995	Alan Dunleavy	Dundrum South Dublin	8.26.59			BLE
1996	Larry Morrissey	Ferrybank	8.24.7			BLE
1997	Dermot Galvin	St. John's	8.46.15			BLE
1998	Gary Thornton	Galway City Harriers	8.47.41			BLE
1999	Gary Murray	Finn Valley	8.41.44			BLE
2000	Thomas Frazer	St Malachy's	8.42.96			AAI
2001	Brian Farrell	Sli Cualann	8.46.29			AAI
2002	Martin Fagan	Mullingar Harriers	8.27.50			AAI
2003	Mark Christie	Mullingar Harriers	8.50.75			AAI
2004	Mark Hanrahan	Leevale	8.40.33			AAI
2005	Ciaran O'Lionaird	Leevale	8.42.75			AAI
2006	Brendan O'Neill	Dundrum South Dublin	8.33.31			AAI
2007	Conor Dooney	Ferrybank	8.36.38			AAI
2008	Michael Mulhare	North Laois	8.43.90			AAI
2009	Tomas Cotter	Dunleer	8.39.85			AAI
2010	**John Travers**	**Donore Harriers**	**8.12.79**		**CR**	AAI
2011	Kevin Dooney	Raheny Shamrock	8.42.21			AAI
2012	Stephen Kerr	Armagh	8.42.49			AAI
2013	Andrew Coscoran	Star of the Sea	9.11.40			AAI
2014	David Mulhare	Laois	8.43.02			AAI
2015	Luke Horgan	Leevale	8.44.70			AAI
2016	Pierre Murchan	Dublin City Harriers	8.44.34			AAI
2017	Craig McMeechan	North Down	9.00.61			AAI
2018	Cian Kelly	St. Abban's	8.42.50			AAI
2019	Shay McEvoy	Kilkenny City Harriers	8.24.74			AAI

5000m Junior (U20) Men

1967	PJ Leddy	Ballinamore	14.39.4	3 Miles		BLE
1968						BLE
1969						BLE
1970						BLE
1971	Tom Gregan	Clonliffe Harriers	14.36.4			BLE
1972	Tony O'Leary	Leevale	14.52.0			BLE
1973	Robert Costello	Limerick	15.11.2			BLE
1974	Dessie O'Connor	Tipperary Town	14.48.6			BLE
1975	**John Treacy**	**West Waterford**	**14.21.0**		**CR**	BLE
1976	Eamonn Tierney	Clonliffe Harriers	15.28.0			BLE
1977	Roy Dooney	Dundrum	15.17.0			BLE
1978	Brendan Quinn	Waterford	14.48.7			BLE
1979	Brian O'Keeffe	Donore Harriers	14.33.5			BLE
1980	Marcus O'Sullivan	Leevale	14.39.5			BLE
1981	Richard O'Flynn	Bandon	14.44.2			BLE
1982	Paul O'Callaghan	Solihull, UK	14.31.06			BLE
1983	Paul O'Callaghan	Tipton Harriers, UK	14.31.09			BLE
1984	Kieron Tumbleton	Clonliffe Harriers	14.57.14			BLE
1985	Anthony Spellman	Athletic West, Galway	14.44.5			BLE
1986	Seamus Gibbons	Leevale	14.59.01			BLE
1987	Seamus O'Loan	Team Puma	15.25.5			BLE
1988	Brendan Nugent	Kilkenny City Harriers	15.06.3			BLE
1989	Conor Holt	Dundrum South Dublin	15.22.85			BLE
1990	Conor Holt	Dundrum South Dublin	14:52.77			BLE
1991	Dennis Barry	Treaty	15.00.70			BLE
1992	David Healy	Leevale	15:28.60			BLE
1993	Padraig Farrell	Carrick-on-Shannon	15:34.47			BLE
1994	Derek Murphy	Donore Harriers	15:40.34			BLE
1995	Keith Kelly	Boyne	15:10.50			BLE
1996	Vinny Mulvey	St. Andrews, Ashbourne	15:15.47			BLE
1997	Dermot Galvin	St. John's	14:48.6H			BLE
1998	Dermot Galvin	St. John's	14:37.90			BLE
1999	Joseph McAllister	St. Malachy's	15:18.99			BLE
2000	Patrick Guidera	Clonmel	15:03.11			AAI

2001	Robert Wade	Waterford	14:58.13		AAI
2002	Martin Fagan	Mullingar Harriers	14:47.33		AAI
2003	Alan McCormack	Dundrum South Dublin	15:25.29		AAI
2004	Joe McSweeney	Dundrum South Dublin	14:45.16		AAI
2005	Richard Yeates	Raheny Shamrock	14:54.71		AAI
2006	Eoin Dunne	Tallaght	15:14.59		AAI
2007	Darragh Flynn	Raheny Shamrock	15:16.98		AAI
2008	Michael Mulhare	North Laois	15:10.30		AAI
2009	James O'Hare	East Down	14:57.00		AAI
2010	Jake Byrne	Mullingar Harriers	15:35.10		AAI
2011	Ryan McDermott	Dromore	15:44.76		AAI
2012	Kevin Dooney	Raheny Shamrock	15:05.62		AAI
2013	Darragh Fitzgibbon	Donore Harriers	15:59.41		AAI
2014	Darragh Browne	Lios Tuathail	16:31.00		AAI
2015	Sam Knee-Robinson	Dundrum South Dublin	16:20.99		AAI
2016	Jamie Fallon	Craughwell	15.38.76		AAI
2017	Fearghal Curtin	Youghal	15.46.43		AAI
2018	Efrem Gidey	Clonliffe Harriers	14.53.57		AAI
2019					

110m Hurdles Junior (U20) Men (0.99m/3'3")

1959	Eddie Thornton	University College Dublin	15.2	120 Yards	NACAI
1960	Tony Maguire	University College Dublin	16.1	120 Yards	NACAI
1961	Tom Kilcoyne	University College Dublin	16.7	120 Yards	NACAI
1962	Jim Sheehy	Macroom	17.1	120 Yards	NACAI
1963	Jim Sheehy	Macroom	NT	120 Yards	NACAI
1964	MJ Russell	Regional	16.0	120 Yards	NACAI
1965	Aogán O Muircheartaigh	University College Dublin	16.00	120 Yards	NACAI
1966	Tim O'Mahoney	Fr. Matthew Cork	17.0	120 Yards	NACAI
1967	Seamus Power	Crusaders	16.4	120 Yards	BLE
1968	Liam Spooner	Roscrea	16.3	120 Yards	BLE
1969	Liam Spooner	Dublin City Harriers	16.5		BLE
1970	Duncan Sleeman	Glenstal	17.1		BLE
1971	Duncan Sleeman	Grange	17.5		BLE
1972	Brendan Curtin	University College Dublin	16.5		BLE
1973	Brendan Curtin	University College Dublin	16.5		BLE
1974	Frank Doherty	Crusaders	16.5		BLE
1975	John McCarthy	Marcab	15.5		BLE
1976	Liam Doherty	Lifford	16.6		BLE
1977	Raj Henry	Raheny Shamrock	15.0		BLE
1978	Dermot Kelly	South Dublin	14.57		BLE
1979	Denis Finnerty	Nenagh Olympic	14.92		BLE
1980	Denis Finnerty	Nenagh Olympic	15.24		BLE
1981	Brendan Mullins	Blackrock College	14.5		BLE
1982	Brendan Mullins	Blackrock College	15.15		BLE
1983	Ciaran McDunphy	Raheny Shamrock	14.86		BLE
1984	Eamonn Smalle	Limerick	15.78		BLE
1985	TJ Kearns	St Patrick's, Carlow	15.30		BLE
1986	Colm Moran	Nenagh Olympic	16.37		BLE
1987	Michael Power	Clonmel	15.70		BLE
1988	Sean McEvoy	Raheny Shamrock	15.44		BLE
1989	Sean McEvoy	Raheny Shamrock	15.40		BLE
1990	Matthew Burgoyne	Roscommon	15.42		BLE
1991	Enda O'Connell	Grange/Woodbine	15.89		BLE
1992	Peter Coghlan	Crusaders	15.10		BLE
1993	John Whelan	St. Andrews, Ashbourne	14.85		BLE
1994	John Whelan	Dublin City Harriers	14.71		BLE
1995	Trevor McGlynn	Strabane	15.10		BLE
1996	Derek Hayes	West Waterford	15.12		BLE
1997	Paul O'Shea	Limerick	15.52		BLE
1998	Alan Delaney	Castlerea	15.55		BLE
1999	Brendan Bourke	Limerick	15.66	-1.8	BLE
2000	Timothy Flannery	Nenagh Olympic	14.79		AAI
2001	Paul Howard	Dundrum South Dublin	16.05	0.1	AAI
2002	Ben McIlroy	Clonliffe Harriers	16.11	1.5	AAI
2003	Ian McDonald	Crusaders	15.54	1.9	AAI
2004	Brendan Callinan	St. Laurence O'Toole	16.30	-4.2	AAI
2005	Nigel O'Gorman	Slieveardagh	15.85	3.0	AAI
2006	Eoin Hannon	Tullamore Harriers	15.31	0.8	AAI
2007	Ciaran O'Cathain	Roscommon	15.60	0.0	AAI

2008	Ciaran O'Cathain	Roscommon	15.27	0.5		AAI
2009	Ciaran Donnelly	Ferrybank	15.57			AAI
2010	Edmond O'Halloran	Leevale	14.76	2.7		AAI
2011	Edmond O'Halloran	Leevale	14.31	5.6		AAI
2012	Eoin Power	St. Joseph's	15.02			AAI
2013	Mark McGarvey	City of Derry	14.77			AAI
2014	**Sam Healy**	**Leevale**	**14.11**		**CR**	AAI
2015	Matthew Behan	Crusaders	14.24	0.6		AAI
2016	Jack Murphy	Leevale	15.37	-1.2		AAI
2017	Daniel Ryan	Moycarkey Coolcroo	14.61	-0.7		AAI
2018	Valantinos Goularas	Crusaders	14.11			AAI
2019	Aaron Tierney Smith	Menapians	14.98	0.1		AAI

400m Hurdles Junior (U20) Men (0.914m/3'0")

1968	JJ Mooney	Donore Harriers	59.1			BLE
1969	Mick Sherry	Roscrea	58.9			BLE
1970	Mick Sherry	Foxford	59.7			BLE
1971	John Dillon	Dublin City Harriers	54.0			BLE
1972	J Butler	Limerick	60.5			BLE
1973	Tim Crowe	National College of PE	60.4			BLE
1974	Tim Crowe	Limerick	62.0			BLE
1975						BLE
1976	Kieran Walsh	Civil Service Harriers	56.6			BLE
1977	Kevin Currid	Marcab	55.4			BLE
1978	William Hogan	Nenagh Olympic	56.88			BLE
1979	Carston Porteous	Annadale Striders	56.0			BLE
1980	Philip Beattie	Shorts, Belfast	54.9			BLE
1981	Ciaran McDunphy	Raheny Shamrock	57.4			BLE
1982	Ciaran McDunphy	Raheny Shamrock	55.44			BLE
1983	Ciaran McDunphy	Raheny Shamrock	53.56			BLE
1984	Fergus Sixsmith	Athy	53.70			BLE
1985	TJ Kearns	St. Patrick's, Carlow	56.40			BLE
1986	Aidan O'Regan	Leevale	54.20			BLE
1987	Padraig Greally	Tullamore Harriers	55.11			BLE
1988	Kerry Kirkham	Crusaders	55.60			BLE
1989	Tom Hallahan	Togher	54.55			BLE
1990	Colm Tobin	Emerald	55.67			BLE
1991	Colm Tobin	Emerald	53.85			BLE
1992	Kevin Darcy	Ferbane	55.30			BLE
1993	Brian Long	Nenagh Olympic	57.08			BLE
1994	Brian Long	Nenagh Olympic	56.61			BLE
1995	Nicholas Ring	Dundrum South Dublin	56.19			BLE
1996	David Keoghan	Dublin City Harriers	55.15			BLE
1997	**David Keoghan**	**Dublin City Harriers**	**53.39**		**CR**	BLE
1998	Colin Byrne	St. Abban's	54.30			BLE
1999	Ian Monaghan	Celbridge	54.60			BLE
2000	David McCarthy	Celbridge	55.11			AAI
2001	Ben McIlroy	Raheny Shamrock	57.45			AAI
2002	Ian Purcell	Ballymena & Antrim	55.46			AAI
2003	Liam McDermid	Unattached	54.95			AAI
2004	Barry Upton	Ferrybank	54.78			AAI
2005	Barry Upton	Ferrybank	54.25			AAI
2006	Chris Quinn	Lagan Valley	53.64			AAI
2007	John Fagan	Kilkenny City Harriers	56.37			AAI
2008	Conor McLaughlin	Strabane	56.03			AAI
2009	Patrick Maher	Leevale	55.6H			AAI
2010	Timothy Crowe	Dooneen	57.47			AAI
2011	Thomas Barr	Ferrybank	53.48			AAI
2012	Ben Kiely	Ferrybank	53.76			AAI
2013	Ben Kiely	Ferrybank	54.04			AAI
2014	Mark Rogers	St. Peter's Dromiskin	59.84			AAI
2015	Ciaran Barnes	City of Lisburn	55.00			AAI
2016	Joe Halwax	Dundrum South Dublin	55.05			AAI
2017	Ciaran Barnes	City of Lisburn	55.82			AAI
2018	Brendan Lynch	Loughrea	57.49			AAI
2019	Tony O'Connor	Naas	54.88			AAI

3,000m Steeplechase Junior (U20) Men (0.914m/3'0"")

1968	Richard Crowley	Blarney	4.22.4	1500m		BLE
1969	Pat Myles	Donore Harriers	4.20.7	1500m		BLE
1970	Eddie Leddy	Ballinamore	6.16.6	2km		BLE
1971	Eddie Leddy	Ballinamore	8.50.4	3km		BLE
1972	Ray McBride	Pearse, Galway	10.08.6	3km		BLE
1973	Liam O'Brien	Midleton	NT	3km		BLE
1974						BLE
1975	Pat Loughman	Metro	6.07.0	2km		BLE
1976	Brendan O'Shea	Maynooth College	6.13.8	2km		BLE
1977	Ronan Murtagh	Marcab	6.05.3	2km		BLE
1978	MJ Lavelle	Unattached	6.04.2	2km		BLE
1979	Paul Donovan	Pearse, Galway	5.59.9	2km		BLE
1980	Jim Sheehan	Nenagh Olympic	5.58.3	2km		BLE
1981	Jim Sheehan	Nenagh Olympic	5.54.3	2km		BLE
1982	Kieran Stack	North Cork	5.42.92	2km		BLE
1983	Michael Kelleher	Leevale	5.54.40	2km		BLE
1984	Gareth Barry	North Cork	5.46.05	2km		BLE
1985	Geoffry Sheehan	North Cork	6.01.83	2km		BLE
1986	Geoffry Sheehan	North Cork	5.51.2	2km		BLE
1987	Geoffry Sheehan	North Cork	9.21.73	3km		BLE
1988	Packie Mulvaney	St. Andrew's, Ashbourne	9.20.59	3km		BLE
1989	**Mark Burdis**	**Birchfield Harriers, UK**	**9.09.5**	**3km**	**CR**	BLE
1990	Declan O'Callaghan	Leevale	9.24.70	3km		BLE
1991	John Murray	Leevale	9.12.26	3km		BLE
1992	Killian Lonergan	Clonliffe Harriers	9.48.40	3km		BLE
1993	Mark Stewart	Limerick	9.42.13	3km		BLE
1994	Karl Walsh	Leevale	9.38.57	3km		BLE
1995	Robert McCormack	Limerick	10:03.50	3km		BLE
1996	Brian O'Connor	Tullamore Harriers	10:25.39	3km		BLE
1997	Kieran Lynch	Limerick	9.28.24	3km		BLE
1998	Simon Doherty	Togher	9.54.00	3km		BLE
1999	Patrick Guidera	Clonmel	9.57.80	3km		BLE
2000	Robert Connolly	Dundrum South Dublin	9.18.34	3km		AAI
2001	Aodham O'Braoin	Raheny Shamrock	10:13.56	3km		AAI
2002	William Harty	Kilgobnet, Colligan and Kilbrien (K.C.K.)	9.32.23	3km		AAI
2003	Brian Kirwan	St. Laurence O'Toole	9.54.03	3km		AAI
2004	Mark Kirwan	Raheny Shamrock	9.45.50	3km		AAI
2005	Philip Conway	Ferrybank	9.20.44	3km		AAI
2006	Paul Fitzpatrick	Shercock	10:56.77	3km		AAI
2007	Stephen Scullion	North Belfast Harriers	9.18.56	3km		AAI
2008	David Flynn	Clonliffe Harriers	9.41.3H	3km		AAI
2009	Tomas Cotter	Dunleer	9.22.58	3km		AAI
2010	Emmet Jennings	Dundrum South Dublin	9.28.46	3km		AAI
2011	John Fitzpatrick	Kilkenny City Harriers	9.54.34	3km		AAI
2012	Killian O'Connor	Sligo	10:31.90	3km		AAI
2013	Dalton McGuigan	Finn Valley	10:11.15	3km		AAI
2014	Kyle Larkin	Emerald	9.29.71	3km		AAI
2015	Damien O'Boyle	Craughwell	10:39.40	3km		AAI
2016	Not contested			3km		AAI
2017	Brian Fay	Raheny Shamrock	9.46.11	3km		AAI
2018	Finley Daly	Sligo	9.45.94	3km		AAI
2019	Jordon Byrne	Clonliffe Harriers	10.04.95	3km		AAI

10,000m / 5000m Walk Junior (U20) Men

1979	Greg Smyth	Ballinamore	15.57.0	3km		BLE
1980	Greg Smyth	Ballinamore	15.26.1	3km		BLE
1981	Peter Costello	Mullingar Harriers	13.59.0	3km		BLE
1982	Jimmy McDonald	Slaneyside	13.42.7	3km		BLE
1983	Jimmy McDonald	Slaneyside	13.07.61	3km		BLE
1984	Jack Duggan	St. Joseph's, Kilkenny	14.47.7	3km		BLE
1985	Joe Wolfe	Leevale	53.26.0	10km		BLE
1986	Joe Wolfe	Leevale	50.26.0	10km		BLE
1987	Joe Wolfe	Leevale	NT	10km		BLE
1988	PJ Gregory	Rathangan	48.34.8	10km		BLE
1989	PJ Gregory	Kildare	47.44.54	10km		BLE
1990	David Cullinan	Ferbane	46:29.79	10km		BLE
1991	David Cullinan	Ferbane	44:41.99	10km		BLE

1992	Ray Walsh	SDS	50:16.44	10km		BLE
1993	Pierce O'Callaghan	St. Andrews, Ashbourne	47:39.27	10km		BLE
1994	Pierce O'Callaghan	University College Dublin	45:01.56	10km		BLE
1995	Jamie Costin	West Waterford	46:16.82	10km		BLE
1996	Jamie Costin	University College Dublin	43:44.02	10km		BLE
1997	Robert Heffernan	Togher	44:07.95	10km		BLE
1998	David Kidd	St. Laurence O'Toole	44:28.81	10km		BLE
1999	Colin Griffin	Ballinamore	51:39.60	10km		BLE
2000	Colin Griffin	Ballinamore	43:53.11	10km		AAI
2001	**Colin Griffin**	**Ballinamore**	**43:38.09**	**10km**		AAI
2002	Ronan Griffin	Ballinamore	49:18.83	10km		AAI
2003	Hugh Fitzpatrick	Shercock	51:54.42	10km		AAI
2004	Peter Muldoon	Shercock	48:45.92	10km		AAI
2005	Peter Muldoon	Shercock	53:23.56	10km		AAI
2006	Peter Muldoon	Shercock				AAI
2007	Paul Fitzpatrick	Shercock	22:20.27	5km		AAI
2008	Paul Fitzpatrick	Shercock	22:13.46	5km		AAI
2009	Niall Prendiville	Farranfore Maine Valley	23.39.72	5km		AAI
2010	Cian McManamon	Westport	23:01.66	5km		AAI
2011	James Treanor	Shercock	22.06.01	5km		AAI
2012	James Treanor	Shercock	22.27.30	5km		AAI
2013	Evan Lynch	Clonmel	45:25.00	10km		AAI
2014	**Evan Lynch**	**Clonmel**	**21:14.32**	**5km**		AAI
2015	Anthony Tobin	Clonmel	22:57.24	5km		AAI
2016	Anthony Tobin	Clonmel	23.12.38	5km		AAI
2017	Andrew Carroll	Celbridge	23.15.16	5km		AAI
2018	David Kenny	Farranfore Maine Valley	21.59.10	5km		AAI
2019	Matthew Glennon	Mullingar Harriers	23.08.55	5km		AAI

High Jump Junior (U20) Men

1959	Pat O'Shea	Millstreet	1.80		NACAI
1960	Pat O'Shea	Millstreet	1.87		NACAI
1961	Liam Kelleher	Kilmacud	1.70		NACAI
1962	Jim Sheehy	Macroom	1.83		NACAI
1963	Jim Sheehy	Macroom	1.78		NACAI
1964	MJ Russell	Regional	1.73		NACAI
1965	Chris Farrell	Kilmacanogue	1.73		NACAI
1966	Mick Lally	Lourdes	1.62		NACAI
1967	Shay Fitzpatrick	Waterford	1.62		BLE
1968	Greg Battersby	Crusaders	1.78		BLE
1969	Pat O'Riordan	Macroom	1.71		BLE
1970	John Healy	Coolcroo	1.67		BLE
1971	John Healy	Coolcroo	1.67		BLE
1972	John Cooney	St. Anthony's	1.78		BLE
1973	Michael Cox	Boyle	1.79		BLE
1974	Michael Cox	Boyle	1.91		BLE
1975	Michael Cox	Roscommon	1.75		BLE
1976	Kevin Martyn	Sligo	1.92		BLE
1977	Richard Fallon	Clonmel	2.02		BLE
1978	Kevin Martyn	Sligo	2.00		BLE
1979	Paul Patrick McKinney	Annadale Striders	1.90		BLE
1980	Paul Patrick McKinney	Annadale Striders	1.95		BLE
1981	Richard Garvey	South Dublin	2.03		BLE
1982	Eugene McKenna	Belfast	1.98		BLE
1983	Diarmuid Quill	Nenagh Olympic	1.98		BLE
1984	David O'Mahoney	Clonliffe Harriers	2.00		BLE
1985	David O'Mahoney	Clonliffe Harriers	1.91		BLE
1986	Kieran Mills	Mallow	1.95		BLE
1987	Noel O'Leary	Team Puma	1.95		BLE
1988	Donal Smith	Carrick-on-Shannon	1.80		BLE
1989	Eamonn O'Brien	Dundrum South Dublin	1.95		BLE
1990	Paul Conroy	Grange/Woodbine	2.00		BLE
1991	Peter Ruby	Leevale	1.95		BLE
1992	Antoine Burke	Dooneen	1.95		BLE
1993	**Antoine Burke**	**Dooneen**	**2.14**	**CR**	BLE
1994	Antoine Burke	University College Dublin	2.06		BLE
1995	Liam Kelly	St. Abban's	1.90		BLE
1996	Liam Kelly	St. Abban's	1.90		BLE
1997	Anthony Finn	Gneeveguilla	1.95		BLE
1998	Alan Delaney	Castlerea	1.91		BLE

1999	Barry O'Brien	Leevale	1.95			BLE
2000	Martin Sheehy Aram	Western	2.10			AAI
2001	Adrian O'Dwyer	Kilkenny City Harriers	2.05			AAI
2002	Mark Crowley	Dublin City Harriers	2.00			AAI
2003	Brian Flatley	Claremorris	1.90			AAI
2004	Stephen Darcy	St. Laurence O'Toole	2.02			AAI
2005	Christopher Crowley	Belgooly	1.90			AAI
2006	Christopher Crowley	Belgooly				AAI
2007	Kevin McManus	St. Peter's Dromiskin	1.70			AAI
2008	Barry Pender	St. Abban's	2.01			AAI
2009	Barry Pender	St. Abban's	2.13			AAI
2010	Conor Daly	St. Abban's	1.75			AAI
2011	PJ Galvin	St. Brendan's	1.95			AAI
2012	Jaime Murtagh	St Andrew's, Ashbourne	1.98			AAI
2013	David Cussen (tied)	Old Abbey Striders	2.00			AAI
2013	Jaime Murtagh (tied)	St. Andrews, Ashbourne	2.00			AAI
2014	David Cussen	Old Abbey Striders	2.12			AAI
2015	Ryan Carthy-Walsh	Adamstown	2.05			AAI
2016	Ryan Carthy-Walsh	Adamstown	2.05			AAI
2017	Ryan Carthy-Walsh	Adamstown	2.05			AAI
2018	Ryan Carthy-Walsh	Adamstown	2.00			AAI
2019	Nelvin Appiah	Longford	2.00			AAI

Long Jump Junior (U20) Men

1959	Tom Kilcoyne	Sligo Eire Og	6.23			NACAI
1960	P Maye	University College Dublin	6.35			NACAI
1961	Pat Gill	University College Dublin	6.32			NACAI
1962	William "Billy" Glynn	Tuam	6.95			NACAI
1963	Jim Sheehy	Macroom	6.34			NACAI
1964	John Moroney	Rockwell College	6.16			NACAI
1965	Hugo Duggan	Cranford	6.28			NACAI
1966	Hugo Duggan	Cranford	6.44			NACAI
1967	Paul Dee	Clonliffe Harriers	6.14			BLE
1968	Greg Battersby	Crusaders	6.27			BLE
1969	Gerry Hayes	Rockwell	6.50			BLE
1970						BLE
1971	Joe Barry	St. Finbarrs	6.55			BLE
1972	Tom Connors	Waterford	6.33			BLE
1973	Padraig Jordan	Castlebar	6.65			BLE
1974	Padraig Jordan	Mayo United	6.87			BLE
1975	Padraig Jordan	Mayo United	6.60			BLE
1976	Anthony Barrett	Killenaule	6.65			BLE
1977	G Farrell	Roscommon	6.28			BLE
1978	J Power	Croom	6.56			BLE
1979	Colm Brennan	Dublin City Harriers	6.61			BLE
1980	Billy Oakes	Kilkenny City Harriers	6.69			BLE
1981	John Battles	Limerick	6.96			BLE
1982	Carlos O'Connell	Crusaders	6.93			BLE
1983	Joe Kennedy	Waterford	6.69			BLE
1984	P Mandle	Dundrum	6.60			BLE
1985	Vincent Breslin	South Donegal Harriers	6.49			BLE
1986	Colm Moran	Nenagh Olympic	6.77			BLE
1987	Tom Nolan	Newbridge	6.82			BLE
1988	Eamonn O'Connor	Naas	6.79			BLE
1989	Stephen Graham	West Dublin	6.50			BLE
1990	Colin Casey	South Galway	6.97			BLE
1991	Jonathan Kron	Dublin City Harriers	7.06			BLE
1992	**Jonathan Kron**	**Dublin City Harriers**	**7.38**	**w**	**CR**	BLE
1993	Michael Hallahan	Leevale	6.94			BLE
1994	Antoine Burke	University College Dublin	6.94			BLE
1995	Gareth Devlin	Cuchulainn	6.63			BLE
1996	Ian Graham	Clonliffe Harriers	6.77			BLE
1997	Colm O'Neill	Clonliffe Harriers	6.88			BLE
1998	Ian Kenny	Ballymena & Antrim	6.57			BLE
1999	Brendan Bourke	Limerick	7.25	3.6		BLE
2000	Shane Thornton	Grange/Fermoy	6.39	2.1		AAI
2001	Brendan Corrigan	Shercock	6.87	3.8		AAI
2002	Brendan Corrigan	Shercock	6.72			AAI
2003	Tom Shanahan	St. Mary's	6.74	1.9		AAI
2004	Stephen Darcy	St. Laurence O'Toole	6.83	2.5		AAI

2005	Christopher Crowley	Belgooly	6.72			AAI
2006	Eoin Hannon	Tullamore Harriers	7.09			AAI
2007	Eoin Hannon	Tullamore Harriers	7.43			AAI
2008	David Quilligan	Leevale	6.44	2.2		AAI
2009	Timothy Harrington	Bandon	7.06	0.5		AAI
2010	Eamonn Fahy	Donore Harriers	7.09	3.7		AAI
2011	Shane O'Dwyer	Carrick-on-Suir	6.78			AAI
2012	Tony Stafford	Menapians	6.84			AAI
2013	Shane Howard	Bandon	7.07			AAI
2014	Sam Healy	Leevale	6.71			AAI
2015	Sam Healy	Leevale	7.19	1.7		AAI
2016	Mikey Cullen	Menapians	6.69	-0.6		AAI
2017	Ben Fisher	City of Lisburn	7.24	3.0		AAI
2018	Shane Keane	Crusaders	6.50			AAI
2019	Eoin Keenan	Emo / Rath	6.82	0.7		AAI

Triple Jump Junior (U20) Men

1959	Ronald "Ronnie" Martin	Hilltown	13.52			NACAI
1960	Sean O'Dwyer	Millstreet	13.88			NACAI
1961	William "Billy" Glynn	Tuam	12.94			NACAI
1962	Jim Sheehy	Macroom	13.19			NACAI
1963	Jim Sheehy	Macroom	13.25			NACAI
1964	Liam Kelleher	University College Dublin	13.16			NACAI
1965	Gerry Lynch	Oak Leaf	12.99			NACAI
1966	M Magnier	St. Joseph's	12.91			NACAI
1967	John Magee	Dunboyne	12.75			BLE
1968	John Magee	Dunboyne	13.94			BLE
1969	John Magee	Dunboyne	13.59			BLE
1970	John Magee	Dunboyne	13.68			BLE
1971	John Magee	University College Dublin	14.10			BLE
1972	Brendan Curtin	University College Dublin	14.43			BLE
1973	B Whiston	Crusaders	13.00			BLE
1974	Padraig Jordan	Mayo United	13.28			BLE
1975	Padraig Jordan	Mayo United	13.86			BLE
1976	Joe McColgan	Lamh Dearg	14.10			BLE
1977	Niall McCarthy	Limerick	13.47			BLE
1978	Joe McColgan	Strabane	13.98			BLE
1979	Billy Oakes	Kilkenny City Harriers	13.61			BLE
1980	Geoffrey Shakespeare	South Dublin	14.01			BLE
1981	**John Stapleton**	**Roscommon**	**14.58**		**CR**	BLE
1982	John Stapleton	Roscommon	14.22			BLE
1983	John Stapleton	Dublin City Harriers	14.30			BLE
1984	John Mulhall	Naas	13.78			BLE
1985	Nigel Brennan	Dundrum	13.48			BLE
1986	A Daly	Navan Shamrock	13.48			BLE
1987	Tom Nolan	Newbridge	13.90			BLE
1988	Mark Barry	Crusaders	12.91			BLE
1989	Mark Barry	St. Anne's	13.65			BLE
1990	Colin Casey	Galway City Harriers	13.87			BLE
1991	Sean Lonergan	Kilkenny City Harriers	13.80			BLE
1992	Robert Downer	Dublin City Harriers	13.75			BLE
1993	Nicholas Ring	Dundrum South Dublin	13.73			BLE
1994	Jonathan Hennessy	Kilkenny City Harriers	13.20			BLE
1995	Liam Kelly	St. Abban's	13.66			BLE
1996	Patrick Shannon	Ballybrack	13.65			BLE
1997	Robert Galvin	Limerick	13.45			BLE
1998	Stephen McDonnell	Cuchulainn	13.78			BLE
1999	David McCarthy	Celbridge	12.87	2.9		BLE
2000	Alan Saulters	Abbey, Belfast	13.60	0.7		AAI
2001	Alan Saulters	Abbey, Belfast	14.15	2.6		AAI
2002	Conor Sheehy	Togher	12.78			AAI
2003	Conor Sheehy	Togher	13.48	1.2		AAI
2004	Simon Phelan	Channel Islands	13.34	0.7		AAI
2005						AAI
2006	Eoin Kelly	St. Abban's	13.70			AAI
2007	Eoin Kelly	St. Abban's	14.35			AAI
2008	Francis Egan	St. Abban's	13.34	-0.4		AAI
2009	Timothy Harrington	Bandon	14.48	1.9		AAI
2010	Alex Anyaebunam	Clonliffe Harriers	13.03	3.1		AAI
2011	Aaron Murtagh	Ballina	14.05			AAI

2012	Sean Archer	Ferrybank	13.63			AAI
2013	Shane Howard	Bandon	13.42			AAI
2014	Darren Prout	Carrick-on-Suir	12.98			AAI
2015	Jordan Hoang	Tullamore Harriers	14.05	1.5		AAI
2016	Shane Joyce	Cushinstown	13.43	0.0		AAI
2017	Brendan Lynch	Loughrea	14.10	1.4		AAI
2018	Wymin Sivakumar	Leevale	13.67			AAI
2019	Wymin Sivakumar	Leevale	13.43	0.6		AAI

Pole Vault Junior (U20) Men

1959	Pat McGrath	Hilltown	3.73			NACAI
1960	Tony Maguire	University College Dublin	3.58			NACAI
1961	J Lane	Celtic	3.20			NACAI
1962	J Lane	Celtic	3.43			NACAI
1963	Jim Sheehy	Macroom	3.43			NACAI
1964						NACAI
1965						NACAI
1966	Mick Kelly	Nenagh Olympic	2.82			NACAI
1967	Brian Smyth	Crusaders	3.50			BLE
1968	Rodney Hecksher	University College Dublin	4.04			BLE
1969	David Booth	Glenstal	3.45			BLE
1970	Gearoid Bradley	Glenstal	3.35			BLE
1971	Gearoid Bradley	University College Dublin	3.20			BLE
1972	Michael Quinn	Redgate	3.81			BLE
1973	Not contested					BLE
1974						BLE
1975	Liam Hennessy	Tipperary Town	4.10			BLE
1976	Des O'Sullivan	Marian	3.00			BLE
1977	John Hartnett	Midleton	3.52			BLE
1978	John Hartnett	Midleton	3.55			BLE
1979	John Hartnett	Midleton	3.75			BLE
1980	Michael Hyland	St. Laurence O'Toole	3.70			BLE
1981	Carlos O'Connell	Crusaders	3.80			BLE
1982	Frank Evers	Crusaders	4.36			BLE
1983	Frank Evers	Crusaders	4.25			BLE
1984	Malachy Sheridan	Slaneyside	4.20			BLE
1985	Donagh Cronin	Ferrybank	3.50			BLE
1986	Adam Brady	Crusaders	3.80			BLE
1987	Derrick Neff	Leevale	3.80			BLE
1988	Sebastian Kelly	Dublin City Harriers	3.60			BLE
1989	David Sheridan	Unattached	4.00			BLE
1990	John Hallissey	Ferrybank	4.00			BLE
1991	Enda O'Connell	Grange/Woodbine	3.80			BLE
1992	Joe Naughton	Nenagh Olympic	3.00			BLE
1993	Joe Naughton	Nenagh Olympic	3.80			BLE
1994	Fergal O'Connell	Grange/Woodbine	3.80			BLE
1995	Fergal O'Connell	Grange/Woodbine	3.80			BLE
1996	Fergal O'Connell	Grange/Woodbine	4.00			BLE
1997	Ronan Curran	West Waterford	3.40			BLE
1998	David Donegan	Raheny Shamrock	3.80			BLE
1999	David Donegan	Kilmore, Dublin	4.10			BLE
2000	Not contested					AAI
2001	Ruairi O'Brien	Crusaders	4.00			AAI
2002	Ruairi O'Brien	University College Dublin	4.20			AAI
2003	Hylton Calder Potts	Kilkenny City Harriers	3.80			AAI
2004	Anthony McCreery	Clonliffe Harriers	3.80			AAI
2005	Mark Bannon	West Waterford	3.70			AAI
2006	Ian Rogers	Clonliffe Harriers	??			AAI
2007	Ian Rogers	Clonliffe Harriers	4.20			AAI
2008	Ian Rogers	Clonliffe Harriers	4.20			AAI
2009	Keith Doherty	Dunboyne	3.80			AAI
2010	Thomas Houlihan	West Waterford	4.40			AAI
2011	Thomas Houlihan	West Waterford	4.45			AAI
2012	Peter O'Brien	Raheny Shamrock	3.70			AAI
2013	Mel O'Callaghan	Gneeveguilla	3.40			AAI
2014	Yuri Kanash	West Waterford	4.20			AAI
2015	**Conor Bermingham**	**Raheny Shamrock**	**4.50**		**CR**	AAI
2016	Yuri Kanash	West Waterford	4.20			AAI
2017	Shane Martin	Ballymena & Antrim	4.30			AAI
2018	Shane Martin	Ballymena & Antrim	4.40			AAI

2019	Ben O'Dwyer (tied)	Moycarkey Coolcroo	4.00		AAI
2019	Matthew Rossiter (tied)	St. Abban's	4.00		AAI

Shot Put Junior (U20) Men (6kg)

1959	Kevin Prendergast	University College Dublin	16.97		NACAI
1960	Hugh O'Callaghan	Clonmel	15.67		NACAI
1961	Hugh O'Callaghan	Clonmel	16.00		NACAI
1962	John Sweeney	Gate	15.03		NACAI
1963	Sean Hogan	St. Mary's Castlebar	15.06		NACAI
1964	Sean Hogan	Celtic	15.09		NACAI
1965	Philip Conway	Rockwell College	14.41		NACAI
1966	Philip Conway	Blackrock	17.47		NACAI
1967	Rodney Hecksher	Rockwell College	15.02		BLE
1968	Pat Hartigan	Limerick	15.22		BLE
1969	AM Mulhall	Donore Harriers	11.97		BLE
1970	Terry Gent	Newbridge	11.47		BLE
1971	Mick O'Carroll	Ballincollig	11.73		BLE
1972	Pat Healy	Phoenix	11.65		BLE
1973	Richard O'Hanlon	Pearse, Galway	11.78		BLE
1974	Gerry McEvoy	Ballyfermot	13.51		BLE
1975	Gerry McEvoy	Ballyfermot	13.51		BLE
1976	Gerry McEvoy	Ballyfermot	15.17		BLE
1977	Joe Brice	Midleton	14.11		BLE
1978	Sean Whitney	Dublin City Harriers	12.91		BLE
1979	Paul Quirke	Crusaders	14.46		BLE
1980	John Reynolds	Annadale Striders	14.13		BLE
1981	Paul Quirke	Crusaders	15.30		BLE
1982	Paul Quirke	Crusaders	14.77		BLE
1983	Fergal Downey	Crusaders	14.64		BLE
1984	Frank O'Brien	Dungarvan	13.86		BLE
1985	Shane Kennedy	Monaghan	13.38		BLE
1986	Colm Moran	Nenagh Olympic	13.41		BLE
1987	Victor Costello	Team Puma	14.90		BLE
1988	John O'Connor	Crusaders	13.73		BLE
1989	William Tyrrell	St. Benedict's	13.08		BLE
1990	William Tyrrell	St. Benedict's	13.89		BLE
1991	Brian Cusack	Ferrybank	12.90		BLE
1992	William Tyrrell	St. Benedict's	13.86		BLE
1993	John Mulkire	Navan	13.95		BLE
1994	John P Leahy	Kilmurray/Ibrickane	13.16		BLE
1995	John McSweeney	Eagle	12.87		BLE
1996	John P. Leahy	Limerick	14.16		BLE
1997	John P. Leahy	Limerick	15.05		BLE
1998	Sean Breathnach	Corr na Mona	14.89		BLE
1999	Eoghan O'Dwyer	Crusaders	12.51		BLE
2000	Geoffrey Mullins	Emerald	12.64		AAI
2001	Eoin Leen	Clounalour	15.82		AAI
2002	Eoin Leen	Tralee Harriers	16.81		AAI
2003	**Eoin Leen**	**Tralee Harriers**	**17.33**	**CR**	AAI
2004	Brendan Callinan	St. Laurence O'Toole	15.41		AAI
2005	Justin Collins	Mullingar Harriers	13.62		AAI
2006	Kieran McConnell	Finn Valley	15.14		AAI
2007	Colin Quirke	Crusaders	15.79		AAI
2008	Daniel Clifford	Farranfore Maine Valley	13.24		AAI
2009	Daniel Clifford	Farranfore Maine Valley	14.63		AAI
2010					AAI
2011	Andrew Doyle	Mid Ulster	15.36		AAI
2012	Paul Collins	North Westmeath	14.98		AAI
2013	John Kelly	Finn Valley	16.31		AAI
2014	James Kelly	Crusaders	13.16		AAI
2015	John Kelly	Finn Valley	16.93		AAI
2016	Anu Awonusi	St. Laurence O'Toole	16.89		AAI
2017	James Kelly	Finn Valley	15.05		AAI
2018	James Kelly	Finn Valley	16.83		AAI
2019	James Kelly	Finn Valley	16.72		AAI

Discus Junior (U20) Men (1.75kg)

1959	Kevin Prendergast	University College Dublin	49.06		NACAI
1960	Hugh O'Callaghan	Clonmel	42.23		NACAI
1961	Brendan Coughlan	Hilltown	43.34		NACAI
1962	Bernie Hartigan	Regional	44.94		NACAI
1963	Sean Hogan	St. Mary's Castlebar	40.50		NACAI
1964	Sean Hogan	Celtic	41.16		NACAI
1965	Philip Conway	Rockwell College	35.54		NACAI
1966	Philip Conway	Blackrock	50.60		NACAI
1967	Rodney Hecksher	Rockwell College	43.54		BLE
1968	Rodney Hecksher	University College Dublin	35.67		BLE
1969	Martin O'Carroll	Ballincollig	35.62		BLE
1970	Terry Gent	Newbridge	33.30		BLE
1971	Martin O'Carroll	Ballincollig	36.28		BLE
1972	Pat Healy	Phoenix	35.72		BLE
1973	Jim Sheahan	Bandon	37.89		BLE
1974	Eugene Diviney	Clonliffe Harriers	34.98		BLE
1975	Joe Brice	Midleton	41.56		BLE
1976	Sean Carlin	Finn Valley	33.30		BLE
1977	Joe Brice	Midleton	49.83		BLE
1978	Richard Shortall	South Dublin	39.80		BLE
1979	Paul Quirke	Crusaders	41.70		BLE
1980	Denis McSweeney	St. John's, Tralee	48.14		BLE
1981	Paul Quirke	Crusaders	42.28		BLE
1982	Paul Quirke	Crusaders	45.38		BLE
1983	Frank O'Brien	Dungarvan	45.02		BLE
1984	Frank O'Brien	Dungarvan	46.72		BLE
1985	John Farrelly	South Dublin	39.98		BLE
1986	Nick Sweeney	Team Puma	42.36		BLE
1987	Nick Sweeney	Team Puma	45.86		BLE
1988	Ciaran Tuite	Donore Harriers	40.38		BLE
1989	John Menton	Donore Harriers	41.26		BLE
1990	Brian Cusack	Ferrybank	44.20		BLE
1991	Brian Cusack	Ferrybank	43.84		BLE
1992	Liam Gleeson	Dublin City Harriers	43.60		BLE
1993	Bartley Walsh	Carraroe	38.54		BLE
1994	Simon Gaffney	Baileboro	44.40		BLE
1995	Jason Flynn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	40.58		BLE
1996	Nigel Travers	Donore Harriers	39.62		BLE
1997	John P. Leahy	Limerick	40.74		BLE
1998	Sean Breathnach	Corr na Mona	41.11		BLE
1999	Nick Jackman	Kilmore Raheny	39.37		BLE
2000	Geoffrey Mullins	Emerald	40.42		AAI
2001	Eoin Leen	Clounalour	42.09		AAI
2002	Geoffrey Mullins	Emerald	46.78		AAI
2003	Justin Collins	Mullingar Harriers	36.42		AAI
2004	Jeremy Harper	North Down	46.92		AAI
2005	Justin Collins	Mullingar Harriers	42.19		AAI
2006	Pavel Hazler	Leevale	45.57		AAI
2007	Pavel Hazler	Leevale	50.10		AAI
2008	Daniel Clifford	Farranfore Maine Valley	46.39		AAI
2009	Daniel Clifford	Farranfore Maine Valley	48.71		AAI
2010	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	44.50		AAI
2011	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	51.31		AAI
2012	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	51.57		AAI
2013	Michael Hanlon	Dunboyne	44.68		AAI
2014	Michael Hanlon	Dunboyne	38.03		AAI
2015	**Eoin Sheridan**	**North Westmeath**	**54.11**	**CR**	AAI
2016	Eoin Sheridan	North Westmeath	53.83		AAI
2017	Darragh Gaffney	North Westmeath	53.27		AAI
2018	Darragh Gaffney	North Westmeath	50.40		AAI
2019	Padraig Hore	Drinagh-Murrintown-Piercestown (DMP)	46.08		AAI

Hammer Junior (U20) Men (6kg)

1959	Brian O'Callaghan	University College Cork	47.68		NACAI
1960	Brian O'Callaghan	University College Cork	47.41		NACAI
1961	Denis Toomey	University College Dublin	49.60		NACAI
1962	JB Kelleher	University College Dublin	38.64		NACAI

1963	JB Kelleher	University College Dublin	42.88		NACAI
1964	Charlie O'Hanlon	Castleknock College	43.34		NACAI
1965	Charlie O'Hanlon	University College Dublin	50.25		NACAI
1966	Mick Kelly	Nenagh Olympic	41.20		NACAI
1967	Brendan Smyth	Crusaders	25.22		BLE
1968	Sean McCann	Roscrea	25.00		BLE
1969	Terry Gent	Newbridge	44.70		BLE
1970	Terry Gent	Newbridge	42.82		BLE
1971	Pat Healy	Coolcroo	43.14		BLE
1972	Pat Healy	Phoenix	47.10		BLE
1973	Eddie Campbell	Ballyhaunis	44.02		BLE
1974	Eddie Campbell	Ballyhaunis	43.28		BLE
1975	Sean Egan	Kildare	47.37		BLE
1976	Declan Hegarty	Civil Service Harriers	46.96		BLE
1977	Richard Gibson	Crusaders	55.02		BLE
1978	Declan Hegarty	Civil Service Harriers	57.88		BLE
1979	Declan Hegarty	Civil Service Harriers	59.92		BLE
1980	Liam Hickey	Raheny Shamrock	54.70		BLE
1981	Conor Mulcahy	Clonliffe Harriers	54.80		BLE
1982	Paul Hogan	St. Laurence O'Toole	59.90		BLE
1983	Gary Halpin	Rockwell	57.00		BLE
1984	Gary Halpin	Kilkenny City Harriers	61.70		BLE
1985	Gary Halpin	Kilkenny City Harriers	63.98		BLE
1986	Simon Linscheid	Donore Harriers	55.56		BLE
1987	William Doyle	Raheny Shamrock	47.02		BLE
1988	William Doyle	RSCA	48.82		BLE
1989	Paddy McGrath	Raheny Shamrock	53.27		BLE
1990	Paddy McGrath	Raheny Shamrock	56.70		BLE
1991	Ronald Quinlan	Walkinstown SAF	48.64		BLE
1992	Thomas Murphy	Tullamore Harriers	48.24		BLE
1993	John Monaghan	Nenagh Olympic	51.90		BLE
1994	Michael McGinn	Tullamore Harriers	49.00		BLE
1995	Lorcan Carpenter	Crusaders	49.28		BLE
1996	John Thompson	Tullamore Harriers	55.18		BLE
1997	Michael Grace	Tipperary Town	54.22		BLE
1998	Michael Grace	Tipperary Town	52.61		BLE
1999	Colm Flynn	Clonliffe Harriers	45.59		BLE
2000	Peter Tierney	Portumna	48.59		AAI
2001	Thomas Dempsey	Halesowen	57.26		AAI
2002	Eoin Weigel	Crusaders	50.43		AAI
2003	James Nagle	Farranfore Maine Valley	47.68		AAI
2004	Padraig White	Dunboyne	57.70		AAI
2005	Padraig White	Dunboyne	58.41		AAI
2006	James Nagle	Farranfore Maine Valley	54.36		AAI
2007	Pavel Hazler	Leevale	54.01		AAI
2008	Gerard Kelly	Castlebar	55.42		AAI
2009	Conal Campian	St. Andrew's, Ashbourne	57.57		AAI
2010	Killian Barry	Crusaders	64.45		AAI
2011	Killian Barry	Crusaders	68.38		AAI
2012	James McCabe	Dunboyne	68.62		AAI
2013	Michael Hanlon	Dunboyne	60.73		AAI
2014	Adam King	Iveragh	67.90		AAI
2015	Fellan McGuigan	Finn Valley	67.55		AAI
2016	**Owen Russell**	**St. Andrew's, Ashbourne**	**70.33**	**CR**	AAI
2017	Brendan O'Donnell	Lifford / Strabane	59.62		AAI
2018	Brendan O'Donnell	Lifford / Strabane	64.32		AAI
2019	Sean Mockler	Moycarkey Coolcroo	68.06		AAI

Javelin Junior (U20) Men (800g)

1959	Denis Toomey	Celtic	56.04	NACAI
1960	Denis Toomey	University College Dublin	63.94	NACAI
1961	Denis Toomey	University College Dublin	56.68	NACAI
1962	Philip Callery	Ballinasloe	53.58	NACAI
1963	Philip Callery	University College Galway	57.12	NACAI
1964	J Roche	Curragh	46.45	NACAI
1965	Kevin Monaghan	Raheny Shamrock	46.75	NACAI
1966	Pat Moore	St. Finbarrs Cork	50.04	NACAI
1967	J Keating	St. Fintan's	43.82	BLE
1968	Anthony O'Connell	Raheny Shamrock	48.60	BLE

1969	Anthony O'Connell	Raheny Shamrock	48.12			BLE
1970	Brian Egan	Glenstal	47.70			BLE
1971	Derek Casey	Limerick	46.20			BLE
1972	P Cotter	St. Fintan's	44.21			BLE
1973	L McGrath	Limerick	46.67			BLE
1974	Ian Lambe	Crusaders	49.72			BLE
1975	Michael Fitzgibbon	Leevale	45.83			BLE
1976	Jack McElliott	Limerick	53.66			BLE
1977	Jack McElliott	Limerick	55.00			BLE
1978	Peter Ruffli	Dundrum	60.66			BLE
1979	Peter Ruffli	Dundrum	63.26			BLE
1980	Peter Ruffli	Dundrum	65.08			BLE
1981	Michael O'Connor	Raheny Shamrock	53.98			BLE
1982	Neil Francis	Blackrock, Dublin	59.81			BLE
1983	Kevin McBrearty	South Donegal Harriers	56.56			BLE
1984	Kevin McBrearty	South Donegal Harriers	55.68			BLE
1985	Niall O'Connor	Raheny Shamrock	54.22			BLE
1986	Damian Crawford	Strabane	51.32	*New Javelin*		BLE
1987	Damian Crawford	Strabane	58.82			BLE
1988	Jason Conroy	Strabane	48.28			BLE
1989	Alan Clarke	St Marys	56.07			BLE
1990	Joe Kenny	Templemore	52.04			BLE
1991	Joe Kenny	Templemore	53.60			BLE
1992	Robert Berry	Mullingar Harriers	53.76			BLE
1993	Robert Berry	Mullingar Harriers	57.48			BLE
1994	Niall Tuckey	Raheny Shamrock	51.50			BLE
1995	David Matthew	Ballymena & Antrim	53.70			BLE
1996	Derek Hayes	West Waterford	52.86			BLE
1997	Ben Houghton	Ballymena & Antrim	58.90			BLE
1998	Sean Breathnach	Corr na Mona	53.55			BLE
1999	**Michael Allen**	**Ballymena & Antrim**	**60.36**		**CR**	BLE
2000	David Kelly	Kilcoole	56.65			AAI
2001	Joseph Diskin	Sli Cualann	55.36			AAI
2002	Rikki O'Gara	Roscommon	46.48			AAI
2003	Paul Marry	Dunleer	49.96			AAI
2004	Daire Mulvanny	Clonliffe Harriers	43.78			AAI
2005	Tom Amphlett	Westport	51.23			AAI
2006	Peter McDonald	St. Peter's Dromiskin	50.46			AAI
2007	Dan Mullan	Strabane	55.43			AAI
2008	Dan Mullan	Strabane	52.47			AAI
2009	Sean McBride	Strabane	53.11			AAI
2010	Jaco Oosthuysen	Clonmel	59.38			AAI
2011	Conal Campion	St. Andrew's, Ashbourne	52.14			AAI
2012	Kevin Murray	Glenmore	55.02			AAI
2013						AAI
2014	Bobby Smith	Bandon	52.03			AAI
2015	Shane Joyce	Cushinstown	55.15			AAI
2016	Shane Joyce	Cushinstown	57.89			AAI
2017	Gareth Crawford	Lifford / Strabane	56.22			AAI
2018	Luke O'Brien	Waterford	53.05			AAI
2019	Cathal Scanlon	Leevale	51.21			AAI

35lbs Weight for distance U20 Men

1997	Sean Breathnach	Corr na Móna	10.10			BLE
1998	Sean Breathnach	Corr na Móna	9.57			BLE
1999	Patrick O'Neill	Gowran	7.95			BLE
2000	John Hobbs	Leevale	8.41			AAI
2001	John O'Neill	Star of the Laune	8.80			AAI
2002	John Dilworth	Blarney/Inniscarra	8.41			AAI
2003						AAI
2004						AAI
2005						AAI
2006	James Nagle	Farranfore Maine Valley	9.02			AAI
2007	Brendan O'Connor	Beara	5.47			AAI
2008	Eanna O'Cathain	Galway City Harriers	8.11			AAI
2009	Clive Heapes	Finn Valley	8.33			AAI
2010	Patrick McSweeney	Bandon	7.52			AAI
2011	Shane McAuliffe	Gneeveguilla	9.48			AAI
2012	Patrick McSweeney	Bandon	8.36			AAI
2013	James Mulligan	Tullamore Harriers	8.22			AAI

2014	David Jennings	Bandon	7.76	AAI
2015	Michael Curley	Clonliffe Harriers	7.17	AAI
2016	Gavin Hicks	Bandon	7.89	AAI
2017	Sean Mocker	Moycarkey Coolcroo	8.74	AAI
2018	Sean Mocker	Moycarkey Coolcroo	8.63	AAI
2019	Sean Mocker	Moycarkey Coolcroo	8.88	AAI

35lbs Weight for height U20 Men

2000	Eoghan O'Dwyer	Crusaders	3.90
2001	S Maher	Brow Rangers	4.60
2002	S Maher	Brow Rangers	4.90
2003			
2004	James Nagle	Farranfore Maine Valley	4.60
2005	James Nagle	Farranfore Maine Valley	4.80
2006			
2007	Jack Cullinane	Crusaders	4.60
2008	Matthew O'Reilly	Shercock	4.60
2009	James Mulligan	Tullamore Harriers	4.10
2010	Gavan Donnelly	Crusaders	4.10
2011	Patrick McSweeney	Bandon	4.50
2012	Patrick McSweeney	Bandon	4.50
2013			
2014			
2015			
2016			
2017			
2018	Brian Naughton	Nenagh Olympic	3.10
2019	**Sean Mockler**	**Moycarkey / Coolcroo**	**5.00**

4 x 100m Junior (U20) Relay

1959	Dublin City Harriers (Frank Hearns, D O'Farrell, P Moore, R Clancy)	3.48.2	(440,220, 220, 880)
1960	Dublin City Harriers (Frank Hearns, D O'Farrell, S O'Reilly, R Clancy)	3.47.0	(440,220, 220, 880)
1961	Naas (W Hanlon, J McGrath, W Coughlan, J Hickey)	3.51.0	(440,220, 220, 880)
1962	Raheny Shamrock (C Farrelly, S Barrett, A Hackett, T Phillips)	3.53.6	(440,220, 220, 880)
1963	Curragh Cadets (J Cummins, T Egar, N McDonagh, W O'Hanlon)	3.58.7	(440,220, 220, 880)
1964	Dublin City Harriers (B Price, A O Muircheartaigh, S Finegan, T Healy)	3.49.6	(440,220, 220, 880)
1965			
1966	Fr. Matthew Cork (M Quinlan, T O'Mahoney, J Angeline, D Walsh)	3.48.5	(440,220, 220, 880)
1967	Dublin City Harriers (B Hennebry, Ciaran Coakley, M Hartnett, Kevin Humphries)		(440,220, 220, 880)

1978	South Dublin	44.51
1979	Sparta	44.55
1980	Limerick	44.48
1981	Corca Dhuibhne	44.9
1982	Corca Dhuibhne	
1983	Midleton	45.33
1984	Dundrum	44.12
1985	Leevale	44.62
1986		
1987	Raheny Shamrock	45.0
1988	Tullamore Harriers	44.39
1989	Togher	43.4
1990	Walkinstown SAF	45.84
1991	Dublin City Harriers	43.4
1992	Crusaders	44.9
1993	Crusaders	44.70
1994	Drinagh-Murrintown-Piercestown (DMP)	44.08
1995		
1996	Fingallians	44.25
1997	Templemore	58.20
1998	Dundrum South Dublin	43.54
1999	Dundrum South Dublin	44.42
2000	Leevale	44.83
2001	Leevale	46.11
2002	Tralee Harriers	
2003		
2004		

2005	Raheny Shamrock	47.56
2006		
2007		
2008		
2009		
2010		
2011		
2012		
2013		
2014		
2015		
2016	Tallaght	43.00
2017	Tallaght	43.34
2018	Fingallians	43.63
2019	Fingallians	45.73

4 x 400m Junior (U20) Relay

1978	St Finbarrs	3.28.9
1979	Limerick	3.29.2
1980	South Dublin	3.28.09
1981	Annadale Striders	3.21.7
1982	Midleton	3.26.0
1983	Leevale	3.21.40
1984	Leevale	3.25.6
1985	Leevale	3.24.92
1986	Team Puma	3.28.13
1987	Raheny Shamrock	3.27.7
1988	Tullamore Harriers	3.29.69
1989	Waterford	3.31.08
1990	Clonliffe Harriers	3.22.26
1991	Clonliffe Harriers	3.26.3
1992	Togher	3.39.7
1993	Kilkenny City Harriers	3.32.42
1994	Kilkenny City Harriers	3.34.07
1995		
1996	Leevale	3.27.22
1997	Boyne	4.02.08
1998	Leevale	3.34.19
1999		
2000	Togher	3.24.31
2001	Raheny Shamrock	3.41.88
2002		
2003		
2004		
2005	Togher	3.31.06
2006		
2007		
2008		
2009		
2010		
2011		
2012		
2013		
2014		
2015		
2016	North Sligo	3.29.31
2017	Leevale	3.33.65
2018	Tullamore Harriers	3.28.43
2019	Tullamore Harriers	3.25.27

Cross Country - Individual Junior (U20) Men

Note Junior was not U20 until 1967

1891	JT Levis	Dublin University Harriers	39.45	6 Miles	CCAI
1892	John P McCabe	Elysian Harriers	38.06	6 Miles	CCAI
1893	J McIlvenny	Belfast Harriers	37.25	6 Miles	CCAI
1894	W Gaynor	City & Suburban Harriers	35.09	6 Miles	CCAI
1895	W Gaynor	City & Suburban Harriers	36.01	6 Miles	CCAI
1896	Con Phibbs	Cork City Harriers	33.15	6 Miles	CCAI
1897	Con Phibbs	Cork City Harriers	36.33	6 Miles	CCAI
1898	John C Hayes	Haddington Harriers	34.10	6 Miles	CCAI
1899	John F Joyce	Ballinasloe Harriers	35.12	6 Miles	CCAI
1900	Thomas T Hamilton	Galway City Harriers	32.49	6 Miles	CCAI
1901	Tom Hynes	Galway City Harriers	34.17	6 Miles	CCAI
1902	P Hannon	Limerick	35.56	6 Miles	CCAI
1903	Hugh Muldoon	Haddington Harriers	36.51	6 Miles	CCAI
1904	Sam Lee	West Belfast Harriers Harriers	41.19	6 Miles	CCAI
1905	Patrick Joseph "PJ" Kelly	Ballinasloe Harriers	36.50	6 Miles	CCAI
1906	PJ Finnegan	City & Suburban Harriers	42.37	6 Miles	CCAI
1906	G O'Hara	Donore Harriers	31.35	5 Miles	GAA
1907	W Cooke	Donore Harriers	37.45	6 Miles	CCAI
1907	Tim Crough	Tipperary		5 Miles	GAA
1908	J O'Regan	Haddington Harriers	35.35	6 Miles	CCAI
1908	P O'Flynn	Waterford		5 Miles	GAA
1909	John Hughes	Dundalk	33.55	6 Miles	CCAI
1909	B Nulty	Santry Harriers		5 Miles	GAA
1910	Pat Harris	City & Suburban Harriers	36.33	6 Miles	CCAI
1910	Arthur O'Sullivan	Cork AC & Harriers		6 Miles	GAA
1911	Fred Guthrie	Vegertarian Harriers	34.52	6 Miles	CCAI
1912	John Martin	Ulsterville	37.58	6 Miles	CCAI
1913	JH Stewart	North Belfast Harriers	35.24	6 Miles	CCAI
1914	Bertie Irwin	Clonliffe Harriers	34.11	6 Miles	CCAI
1915-1919	**Not held**				
1920	Tim Crowe	Clonliffe Harriers	36.42	6 Miles	CCAI
1921	BH Bingham	Clonliffe Harriers	36.30	6 Miles	CCAI
1922	J Ferridge	Donore Harriers	38.57	6 Miles	CCAI
1923	T Brazil	St. James Gate Harriers	40.05	6 Miles	NACAI
1924	D Healy	Cork AC	36.05	6 Miles	NACAI
1925	WWT Ahern	Mount Nugent Cavan	36.10	6 Miles	NACAI
1926	Kenneth E Coard	Donore Harriers	36.07	6 Miles	NACAI
1927	Pat Coyle	Navan	35.02	6 Miles	NACAI
1928	Pte Tom Fanning	New Barracks Limerick	35.48	6 Miles	NACAI
1929	Pte T Kinsella	Army Metropolitan (9th Battalion)	NT	6 Miles	NACAI
1930	W Smyth	Civil Service Harriers	NT	6 Miles	NACAI
1931	Private P O'Reilly	Army Metropolitan	36.27	6 Miles	NACAI
1932	J Dundass	O'Callaghan's Mills	32.56	6 miles	NACAI
1933	PJ Spellman	O'Callaghan's Mills	34.45	6 miles	NACAI
1934	WJ Twemlow	Clonliffe Harriers	34.05	6 miles	NACAI
1935	Michael O'Dowd	Dublin City Harriers	33.40	6 miles	NACAI
1936	T Ryan	Kilrush	34.33	6 miles	NACAI
1937	J O'Connell	Army Metropolitan	50.20	6 miles	NACAI
1938	M Finglas	Terenure	41.08	6 miles	AAUE
1938	Phil Healy	Coolcroo	NT	6 miles	NACAI
1939	P Cullen	Terenure	34.56	6 miles	AAUE
1939	Harry Sheehy	Limerick Harriers	NT	6 miles	NACAI
1940	JB Maguire	Civil Service Harriers	32.15	6 miles	AAUE
1940	Brian Downey	Civil Service Harriers	33.40	6 miles	NACAI
1941	D Adams	Willowfield Temperance Harriers	36.23	6 miles	AAUE
1941	Not held due to foot & mouth disease			6 miles	NACAI
1942	Cpl. J Burke	Curragh	33.24	6 miles	NACAI
1942	Sam Grey	Clonliffe Harriers	33.50	6 miles	AAUE
1943	Sam Grey	Clonliffe Harriers	35.20	6 miles	AAUE
1943	Don Appleby	Dublin City Harriers	NT	6 miles	NACAI
1943	J Gantley	O'Callaghan's Mills	NT	6 miles	IAAB
1944	Brendan Twamley	City & Suburban Harriers	35.43	6 miles	AAUE
1944	Private Haughey	Curragh	37.28	6 miles	NACAI
1944	Steve McCooke	East Antrim	34.13	6 miles	IAAB
1945	Jack Crossan	Civil Service Harriers	35.57	6 miles	AAUE
1945	Harold Lawlor	Willowfield Temperance Harriers	38.32	6 miles	IAAB
1946	Kevin Maguire	Brownstown, Kildare	36.35	6 miles	AAUE
1946	Kevin Maguire	Brownstown, Kildare	35.55	6 miles	IAAB
1946	Patsy Fitzgerald	Tipperary	NT	Inter Counties	NACAI
1947	M Collins	O'Callaghan's Mills	38.25	6 miles	AAUE

1947	Patsy Fitzgerald	Coolcroo	NT	6 miles	IAAB
1947	M O'Connell	Clare	NT	Inter Counties	NACAI
1948	Patrick "Paddy" Fahey	Coolcroo	33.46	6 miles	AAUE
1948	K Maguire	Donore Harriers	35.29	6 miles	IAAB
1948	JP Savage	Tipperary	36.47	Inter Counties	NACAI
1949	Don Appleby	Clonliffe Harriers	NT	6 miles	AAUE
1949	PC Creagh	Civil Service Harriers	NT	6 miles	IAAB
1949	D Coogan	Galway	NT	Inter Counties	NACAI
1950	M O'Connell	Clonliffe Harriers	33.12	6 miles	AAUE
1950	Paddy Hannifin	Galway	33.26	Inter Counties	NACAI
1950	Don Appleby	Clonliffe Harriers	31.11	6 miles	IAAB
1951	Joe Dempsey	Clonliffe Harriers	35.28	6 miles	AAUE
1951	Cyril O'Boyle	Tyrone	31.15	Inter Counties	NACAI
1951	William Robertson	Queens University Belfast	34.03	6 miles	IAAB
1952	Paddy Ross	Dublin University Harriers	34.58	6 miles	AAUE
1952	P Fogarty	Moneygall, Tipperary	NT	Inter Counties	NACAI
1952	Paddy Ross	Dublin University Harriers	34.39	6 miles	IAAB
1953	S Kennelly	Donore Harriers	32.30	6 miles	AAUE
1953	P O'Malley	Clare	34.33	Inter Counties	NACAI
1953	Frank White	Clonliffe Harriers	39.30	6 miles	IAAB
1954	Jimmy Douglas	Avondale	35.10	6 miles	AAUE
1954	Paddy Kileen	Celtic	28.17	6 miles	NACAI
1954	Jimmy Douglas	Avondale	31.40	6 miles	IAAB
1955	Noel O'Rourke	Avondale	34.38	6 miles	AAUE
1955	Kevin Mannering	Fingal	39.51	6 miles	IAAB
1955	Sean Allen	Galway	38.30	Inter Counties	NACAI
1956	Tommy Dunne	Donore Harriers	34.11	6 miles	AAUE
1956	Tommy Dunne	Donore Harriers	32.13	6 miles	IAAB
1956	Stanley Smyth	Down	37.25	Inter Counties	NACAI
1957	John Kelly	Civil Service Harriers	38.54	6 miles	AAUE
1957	John Kelly	Civil Service Harriers	34.56	6 miles	IAAB
1957	Benny O'Sullivan	Limerick	36.32	Inter Counties	NACAI
1958	Noel Iremonger	Donore Harriers	33.48	6 miles	AAUE
1958	Robert McCullough	East Antrim Harriers	31.49	6 miles	IAAB
1958	Sean Callan	Louth	37.51	Inter Counties	NACAI
1959	Michael Walsh	Avondale	36.10	6 miles	AAUE
1959	Pat Considine	Clare	NT	Inter Counties	NACAI
1960	Joe O'Keeffe	Civil Service Harriers	34.11	6 miles	AAUE
1960	Peter Boylan	Louth	32.06	Inter Counties	NACAI
1960	George Dennis	Clonliffe Hariers	33.27	6 miles	IAAB
1961	John McDonnell	Clonliffe Harriers	29.04	6 miles	AAUE
1961	Jim Ennis	Kildare	35.30	Inter Counties	NACAI
1962	Mick Neville	Donore Harriers	30.28	6 miles	AAUE
1962	Mick Neville	Donore Harriers	32.10	6 miles	IAAB
1962	William Webb	Cork	33.10	Inter Counties	NACAI
1963	Tom O'Riordan	Donore Harriers	28.15	6 miles	AAUE
1963	Tom O'Riordan	Donore Harriers	31.06	6 miles	IAAB
1963	Tom Byrnes	Clare	NT	Inter Counties	NACAI
1964	Peter McManus	Donore Harriers	31.45	6 miles	AAUE
1964	Colin Shillington	Willowfield Temperance Harriers	32.44	6 miles	IAAB
1964	Michael Hickey	Tipperary	31.47	Inter Counties	NACAI
1965	Paud Lavelle	Crusaders	33.10	6 miles	AAUE
1965	Brendan Dreary	9th Old Boys	34.22	6 miles	IAAB
1965	Frank Browne	Louth	NT	Inter Counties	NACAI
1966	Tom Hopkins	Donore Harriers	30.43	6 miles	AAUE
1966	Michael Teer	North Belfast Harriers	31.41	6 miles	IAAB
1966	Jimmy Brogan	Clare	31.32	Inter Counties	NACAI
1967	John Sheridan	Donore Harriers	31.45	6 miles	AAUE
1967	John Cregan	Limerick	NT	Inter Counties	NACAI
1967	Stanley Vennard	Duncairn Nomads	34.06	6 miles	IAAB
1968	PJ Leddy	Ballinamore	29.16	Clubs/Counties	BLE
1969	John Hartnett	Grange/Fermoy	33.21	Clubs/Counties	BLE
1970	John Hartnett	Grange/Fermoy	21.04	Clubs/Counties	BLE
1971	Padraig Keane	Clonliffe Harriers	21.39	Clubs/Counties	BLE
1972	Dessie O'Connor	Tipperary Town	20.59	Clubs/Counties	BLE
1973	Jerry Kiernan	Clonliffe Harriers	14.52	Clubs/Counties	BLE
1974	Frank Murphy	Clonliffe Harriers	19.28	Clubs/Counties	BLE
1975	Gerry Deegan	Waterford	20.23	Clubs/Counties	BLE
1976	Tony Conroy	Mountmellick	20.33	Clubs/Counties	BLE (Feb)
1976	Pat Kerrigan	Dublin	20.59	Inter Counties	BLE (Dec)
1977	Tony Conroy	Mountmellick	21.49	Inter Clubs	BLE
1977	John Griffin	Kerry	26.28	Inter Counties	BLE
1978	Brendan Quinn	Waterford	25.27	Inter Clubs	BLE

1978	Jimmy Fallon	Galway	24.01	Inter Counties	BLE
1979	Jimmy Fallon	Pearse	25.28	Inter Clubs	BLE
1979	Andy Ronan	Wexford	27.06	Inter Counties	BLE
1980	Conrad Conneely	Pearse	25.24	Inter Clubs	BLE
1980	Paul Donovan	Galway	24.10	Inter Counties	BLE
1981	Richard O'Flynn	Bandon	27.31	Inter Clubs	BLE (Jan)
1981	Andy Ronan	Wexford	24.27	Inter Counties	BLE
1982	Andy Ronan	Slaneyside	27.20	Inter Clubs	BLE
1982	Leonard O'Regan	Cork	26.43	Inter Counties	BLE
1983	David Dunne	Clonliffe Harriers	24.20	Inter Clubs	BLE
1983	Brian Hayes	Dublin	26.37	Inter Counties	BLE
1984	Enda Fitzpatrick	Celtic Dublin City Harriers	23.45	Inter Clubs	BLE
1984	Tom O'Gara	Dublin	25.06	Inter Counties	BLE
1985	Tom O'Gara	St. Brigid's	22.33	Inter Clubs	BLE
1985	John Downes	Limerick	25.19	Inter Counties	BLE
1986	John Downes	Limerick	23.59	Inter Clubs	BLE
1986	David Wilson	Donegal	24.57	Inter Counties	BLE
1987	David Wilson	South Donegal Harriers	22.34	Inter Clubs	BLE
1987	David Wilson	Donegal	28.34	Inter Counties	BLE
1988	Paul Logan	Emerald	29.18	Inter Clubs	BLE
1988	Frank Hanley	Limerick	24.44	Inter Counties	BLE
1989	Paul Logan	Emerald	32.28	Inter Clubs	BLE
1989	Mark Carroll	Cork	25.32	Inter Counties	BLE
1990	Paul Logan	Emerald	23.27	Inter Clubs	BLE
1990	John Murray	Cork	26.14	Inter Counties	BLE
1991	John Murray	Leevale	29.12	Inter Clubs	BLE
1991	Martin McCarthy	Cork	25.14	Inter Counties	BLE
1992	Donal O'Sullivan	Donore Harriers	27.15	Inter Clubs	BLE
1992	Darren Burke	Laois	19.59	Inter Counties	BLE
1993	Derek Waters	Clonliffe Harriers	25.57	Inter Clubs	BLE
1993	Conor McGee	Dublin	20.39	Inter Counties	BLE
1994	Conor Halpin	Metro St. Brigid's	31.48	Inter Clubs	BLE
1994	Pat O'Keeffe	Cork	19.43	Inter Counties	BLE
1995	Keith Kelly	Boyne	26.46	Inter Clubs	BLE
1995	Conor Halpin	Dublin	20.18	Inter Counties	BLE
1996	Keith Kelly	Boyne	26.28	Inter Clubs	BLE
1997	Gareth Turnbull	St. Malachy's	27.27	Inter Clubs/Counties	BLE
1997	Gareth Turnbull	Antrim		Inter Counties	BLE
1998	Enda Johnson	Monaghan Phoenix	26.22	Inter Clubs	BLE
1998	Gary Murray	Donegal	22.06	Inter Counties	BLE
1999	Gary Murray	Finn Valley	32.17	Inter Clubs	BLE
1999	Joseph McAllister	St. Malachy's	19.30	Inter Counties	AAI
2000	Mark Smyth	North Sligo	27.00	Inter Clubs	AAI
2000	Thomas Frazer	St. Malachy's	19.47	Inter Counties	AAI
2001	William Harty	Kilgobnet, Colligan and Kilbrien (K.C.K.)	26.46	Inter Clubs	AAI
2001	Martin Fagan	Mullingar Harriers	18.39	Inter Counties	AAI
2002	Mark Christie	Mullingar Harriers	30.44	Inter Clubs	AAI
2002	Colm Rooney	Clonliffe Harriers	21.11	Inter Counties	AAI
2003	Mark Christie	Mullingar Harriers	28.17	Inter Clubs	AAI
2003	Mark Christie	Mullingar Harriers	19.25	Inter Counties	AAI
2004	Mark Christie	Mullingar Harriers	24.48	Inter Clubs	AAI
2004	Mark Christie	Mullingar Harriers	18.24	Inter Counties	AAI
2005	Danny Darcy	St. Laurence O'Toole	26.57	Inter Clubs	AAI
2005	Michael Clohissey	Raheny Shamrock	22.21	Inter Counties	AAI
2006	Stephen Scullion	North Belfast Harriers	26.58	Inter Clubs	AAI
2006	Cathal Dennehy	Emerald	19.44	Inter Counties	AAI
2007	John Coghlan	Metro St. Brigid's	28.32	Inter Clubs	AAI
2007	John Coghlan	Metro St. Brigid's	19.41	Inter Counties	AAI
2008	Michael Mulhare	North Laois	27.47	Inter Clubs	AAI
2008	Craig Murphy	Togher	19.52	Inter Counties	AAI
2009	Ian Ward	Finn Valley	27.26	Inter Clubs	AAI
2009	Michael McKillop	St. Malachy's	19.22	Inter Counties	AAI
2010	John Travers	Donore Harriers	24.17	Inter Clubs	AAI
2010	Shane Quinn	Ferrybank	18.39	Inter Counties	AAI
2011	Shane Quinn	Ferrybank	26.32	Inter Clubs	AAI
2011	Jake Byrne	Mullingar Harriers	20.49	Inter Counties	AAI
2012	Kevin Dooney	Raheny Shamrock	24.07	Inter Clubs	AAI
2012	Stephen Kerr	Armagh	20.53	Inter Counties	AAI
2013	Sean Tobin	Clonmel	19.31	Inter Clubs	AAI
2013	Sean Tobin	Clonmel	19.44	Inter Counties	AAI
2014	Kevin Mulcaire	Ennis Track	19.46	Inter Clubs	AAI
2014	Con Doherty	University College Dublin	19.19	Inter Counties	AAI
2015	Kevin Mulcaire	Ennis Track	19.49	Inter Clubs	AAI (Mar)

2015	Kevin Mulcaire	Ennis Track	18.31	Inter Clubs	AAI (Nov)
2016	Darren Ryan	Dublin	NT	Inter Counties	AAI (Feb)
2016	Jack O'Leary	Mullingar Harriers	18.37	Clubs/Counties	AAI (Nov)
2017	Craig McMeechan	North Down	19.14	Clubs/Counties	AAI (Nov)
2018	Darragh McElhinney	Bantry	18.21	Clubs/Counties	AAI (Nov)
2019	Darragh McElhinney	University College Dublin	19.36	Clubs/Counties	AAI (Nov)

Cross Country - Teams Junior (U20) Men

1891	Dublin University Harriers	77	CCAI
1892	Kingstown Harriers	63	CCAI
1893	Kingstown Harriers	84	CCAI
1894	Belfast Harriers	91	CCAI
1895	Clonliffe Harriers	92	CCAI
1896	Cork City Harriers	37	CCAI
1897	Cork City Harriers	32	CCAI
1898	Cork City Harriers	59	CCAI
1899	Ballinasloe Harriers	41	CCAI
1900	Galway City Harriers	58	CCAI
1901	Galway City Harriers	33	CCAI
1902	Claremorris Harriers	72	CCAI
1903	Clonliffe Harriers	80	CCAI
1904	Galway City Harriers	45	CCAI
1905	Ballinasloe Harriers	49	CCAI
1906	Haddington Harriers	72	CCAI
1906	*City & Suburban Harriers*	*67*	*GAA*
1907	Donore Harriers	27	CCAI
1907	*Galtymore Harriers*	*67*	*GAA*
1908	Willowfield Temperance Harriers	78	CCAI
1908	*Waterford Urbs Intacta Harriers*	*37*	*GAA*
1909	East Antrim Harriers	81	CCAI
1909	*Santry Harriers & Celtic Harriers (tied)*	*39*	*GAA*
1910	Willowfield Temperance Harriers	73	CCAI
1910	*Drogheda St. Mary's Harriers*	*63*	*GAA*
1911	Connaught Rangers Harriers	47	CCAI
1912	North Belfast Harriers	70	CCAI
1913	North Belfast Harriers	74	CCAI
1914	Ulsterville Harriers	87	CCAI
1916-1919 Not held			
1920	North Belfast Harriers	49	CCAI
1921	North Belfast Harriers	68	CCAI
1922	Ulsterville	41	CCAI
1923	Clonliffe Harriers	38	NACAI
1924	Cork AC	26	NACAI
1925	Clonliffe Harriers	110	NACAI
1926	Willowfield Temperance Harriers	110	NACAI
1927	Dublin City Harriers	97	NACAI
1928	New Barracks Limerick	86	NACAI
1929	Army Metropolitan	63	NACAI
1930	Willowfield Temperance Harriers	148	NACAI
1931	O'Callaghan Mills	81	NACAI
1932	O'Callaghan Mills	57	NACAI
1933	Curragh	70	NACAI
1934	O'Callaghan Mills & Galteemore Harriers	114	NACAI
1935	Ballinruan, Clare	111	NACAI
1936	Army Metropolitan	65	NACAI
1937	Coolcroo		
1938	Terenure	38	AAUE
1938	Kilrush	59	NACAI
1939	Coolcroo	88	NACAI
1939	O'Callaghan's Mills	39	AAUE
1940	O'Callaghan's Mills	44	AAUE
1940	Feakle	63	NACAI
1941	Willowfield Temperance Harriers	73	AAUE
1942	Curragh	87	NACAI
1942	Donore Harriers	43	AAUE
1943	Donore Harriers	51	AAUE
1943	Kildinan, Cork	95	NACAI

1943	O'Callaghan's Mills	34		IAAB
1944	Killimer Harriers, Clare	63		AAUE
1944	Curragh	80		NACAI
1944	O'Callaghan's Mills	50		IAAB
1945	Civil Service Harriers	51		AAUE
1945	O'Callaghan's Mills	154		IAAB
1946	Donore Harriers	52		AAUE
1946	O'Callaghan's Mills	66		IAAB
1946	Tipperary	39	Inter Counties	NACAI
1947	O'Callaghan's Mills	50		AAUE
1947	Coolcroo	68		IAAB
1947	Tipperary	42	Inter Counties	NACAI
1948	Coolcroo	43		AAUE
1948	Donore Harriers	81		IAAB
1948	Tipperary	32	Inter Counties	NACAI
1949	Clonliffe Harriers	49		AAUE
1949	Ballydrain	80		IAAB
1949	Galway	55	Inter Counties	NACAI
1950	Coolcroo	54		AAUE
1950	Galway	58		NACAI
1950	Coolcroo	90		IAAB
1951	Clonliffe Harriers	51		AAUE
1951	Tipperary	80		NACAI
1951	Willowfield Temperance Harriers	83		IAAB
1952	Civil Service Harriers	74		AAUE
1952	Mountpleasant	88		NACAI
1952	Clonliffe Harriers	115		IAAB
1953	Donore Harriers	53		AAUE
1953	Clare	97		NACAI
1953	North Belfast Harriers	117		IAAB
1954	Fingal	62		AAUE
1954	Limerick	76		NACAI
1954	Ballydrain Harriers	104		IAAB
1955	Clonliffe Harriers	49		AAUE
1955	Queens University	132		IAAB
1955	Tipperary	64	Inter Counties	NACAI
1956	Donore Harriers	43		AAUE
1956	Donore Harriers	30		IAAB
1956	Dublin	47	Inter Counties	NACAI
1957	Civil Service Harriers	54		AAUE
1957	Civil Service Harriers	64		IAAB
1957	Limerick	87	Inter Counties	NACAI
1958	Clonliffe Harriers	41		AAUE
1958	Clonliffe Harriers	73		IAAB
1958	Dublin	47	Inter Counties	NACAI
1959	Donore Harriers	65		AAUE
1959	Galway	63	Inter Counties	NACAI
1960	Clonliffe Harriers	51		AAUE
1960	Louth	80		NACAI
1960	9th Old Boys	96		IAAB
1961	Donore Harriers	66		AAUE
1961	Kildare	53	Inter Counties	NACAI
1962	Civil Service Harriers	29		AAUE
1962	Donore Harriers	87		IAAB
1962	Cork	62	Inter Counties	NACAI
1963	Crusaders	33		AAUE
1963	Duncairn Harriers	95		IAAB
1963	Clare	39	Inter Counties	NACAI
1964	Donore Harriers	33		AAUE
1964	Donore Harriers	74		IAAB
1964	Cork	68	Inter Counties	NACAI
1965	Crusaders	77		AAUE
1965	Crusaders	95		IAAB
1965	Cork	67	Inter Counties	NACAI
1966	Donore Harriers	44		AAUE
1966	Civil Service Harriers	72		IAAB
1966	Cork	92	Inter Counties	NACAI
1967	Avondale	58		AAUE
1967	Duncairn Nomads	86		IAAB
	Club	**County**		
1968	Mountmellick 45pts	Dublin 83pts		BLE
1969	Leevale 47pts	Cork 63pts		BLE
1970	Blackrock (Dublin) 52pts			BLE

1971	Clonliffe Harriers 40pts	Dublin 42pts	BLE
1972	Leevale 39pts	Cork 57pts	BLE
1973	Clonliffe Harriers 35pts	Cork 54pts	BLE
1974	Clonliffe Harriers 33pts	Dublin 48pts	BLE
1975	Raheny Shamrock 45pts	Dublin 33pts	BLE
1976	Leevale 40pts	Dublin 55pts	BLE
1977	Dundrum Dublin 63pts	Dublin 44pts	BLE
1978	Dundrum Dublin 50pts	Dublin 52pts	BLE
1979	Pearse 44pts	Dublin 87pts	BLE
1980	Celtic Dublin City Harriers 58pts	Dublin 46pts	BLE
1981	Donore Harriers 55pts	Cork 51pts	BLE
1982	Donore Harriers 54pts	Dublin 58pts	BLE
1983	Clonliffe Harriers 49pts	Dublin 22pts	BLE
1984	Dundrum Dublin 41pts	Dublin 41pts	BLE
1985	St. Brigids 114pts	Dublin 62pts	BLE
1986	Limerick Emerald 54pts	Dublin 71pts	BLE
1987	Raheny Shamrock 55pts	Dublin 84pts	BLE
1988	Limerick Emerald 29pts	Donegal 118pts	BLE
1989	Limerick Emerald 48pts	Cork 50pts	BLE
1990	Leevale 49pts	Cork 51pts	BLE
1991	Leevale 16pts	Cork 67pts	BLE
1992	Leevale 40pts	Cork 54pts	BLE
1993	Leevale 34pts	Dublin 42pts	BLE
1994	Leevale 30pts	Cork 32pts	BLE
1995	Leevale 33pts	Dublin 46pts	BLE
1996	Leevale 56pts	Dublin 80pts	BLE
1997	Leevale 42pts	Cork 75pts	BLE
1998	Leevale 32pts	Cork 86pts	BLE
1999	Finn Valley 39pts	Cork 115pts	BLE
2000	Dundrum South Dublin 55pts	Dublin 99pts	AAI
2001	Mullingar Harriers 57pts	Kildare 88pts	AAI
2002	Dundrum South Dublin 45pts	Dublin 54pts	AAI
2003	Dundrum South Dublin 32pts	Dublin 50pts	AAI
2004	Dundrum South Dublin 43pts	Dublin 101pts	AAI
2005	Dundrum South Dublin 32pts	Dublin 75pts	AAI
2006	Dundrum South Dublin 39pts	Meath 159pts	AAI
2007	St. Malachy's 43pts	Dublin 46pts	AAI
2008	St. Malachy's 50pts	Dublin 66pts	AAI
2009	Clonliffe Harriers 56pts	Dublin 86pts	AAI
2010	Raheny Shamrock 39pts	Dublin 84pts	AAI
2011	Dundrum South Dublin 47pts	Dublin 103pts	AAI
2012	Raheny Shamrock 41pts	Dublin 78pts	AAI
2013	Dundrum South Dublin 38pts	Dublin 95pts	AAI
2014	Dundrum South Dublin 29pts	Dublin 64pts	AAI
2015	Ennis Track 23pts	Not contested	AAI (Mar)
2015	Clonliffe Harriers 67pts		AAI (Nov)
2016		Mayo 42pts	AAI (Feb)
2016	Clonliffe Harriers 80pts	Dublin 80pts	AAI (Nov)
2017	Galway City Harriers 62pts	Dublin 72pts	AAI (Nov)
2018	Clonliffe Harriers 53pts	Dublin 75pts	AAI (Nov)
2019	Clonliffe Harriers 90pts	Dublin 84pts	AAI (Nov)

Decathlon Junior (U20) Men

			Pts
1973	Padraig Jordan	Castlebar	2802
1980	Paul Whelan	Nenagh Olympic	3975
1983	Malachy Sheridan	Slaneyside	5421
1984	M O'Rourke	Raheny Shamrock	5870
1985	Barry Walsh	Limerick	5540
1986	Barry Walsh	Limerick	7005
1987	Colm Moran	Nenagh Olympic	5765
1988			
1989	Enda O'Connell	Grange Woodbine	5493
1990	Enda O'Connell	Grange Woodbine	5455
1991	Enda O'Connell	Grange Woodbine	5528
1992	Joseph Naughton	Nenagh Olympic	5521
1993	Joseph Naughton	Nenagh Olympic	5804
1994	John P. Leahy	Marian	5153
1995	Derek Hayes	West Waterford	5977

1996	Derek Hayes	West Waterford	6473		
1997					
1998	Kevin Burke	Dooneen	5356		
1999	Kevin Burke	Dooneen	5696		
2000	Not contested				
2001	Ben McIlroy	Raheny Shamrock	4833		
2002	Ben McIlroy	Clonliffe Harriers	4741		
2003	Brendan Callinan	St. Laurence O'Toole	5252		
2004	Brendan Callinan	St. Laurence O'Toole	5790		
2005	Peter Glass	North Down	5683		
2006					
2007					
2008					
2009					
2010	Not contested				
2011					
2012	PJ Galvin	St Brendans	5068		
2013	**Shane Aston**	**Trim**	**6185**		**CR**
2014	Not contested				
2015	Rolus Olusa	Donore Harriers	5130		
2016	Michael Surman	City of Derry Spartans	5499		
2017	Jonathan McKenna	St. Laurence O'Toole	4866		
2018	Tadhg Murtagh	Kildare	5516		
2019	Aaron Malik	St. Brendan's	4616		

100m Junior (U20) Women

1968	Marie Dunne	Crusaders	12.0	100 Yards
1969	Marie Dunne	Crusaders	13.3	
1970	Aideen Morrisson	Crusaders	12.8	
1971	Aideen Morrisson	Crusaders	12.6	
1972	Mary Doyle	St Finbarrs	12.8	
1973	Ann O'Donnell	Pearse, Galway	12.7	
1974	Ann Jeffords	Leevale	12.6	
1975	Bernadette English	Finn Valley	12.6	
1976	Michele Walsh	McDonaghs	12.5	
1977	Michele Walsh	Glen Abbey Striders	11.8	
1978	Patricia Amond	St. Laurence O'Toole	12.62	
1979	A Coghlan	Dundrum	12.19	
1980	Patricia Amond	St. Laurence O'Toole	12.10	
1981	Helen Gourley	Craigavon	11.7	
1982	Noelle Morrissey	Nenagh Olympic	12.67	
1983	Noelle Morrissey	Nenagh Olympic	12.26	
1984	Olive Burke	Limerick	12.56	
1985	Susanne Costello	Dundrum	12.57	
1986	Mary Carolan	Lucan	12.45	
1987	Paula Carthy	Clondalkin	12.46	
1988	Marisa Smyth	Boyne	12.24	
1989	Marisa Smyth	Boyne	12.48	
1990	Audrey Farrelly	Raheny Shamrock	12.35	
1991	Jean O'Gorman	Nenagh Olympic	12.58	
1992	Lena Barry	Emerald	12.85	w
1993	Nicola Moore	Rathfarnham	12.56	
1994	Niamh McGlynn	West Dublin	12.12	w
1995	Lena Barry	Emerald	12.32	
1996	Aoife Hearne	Waterford	12.52	
1997	Aoife Hearne	Waterford	11.95	
1998	Aoife Hearne	Waterford	12.06	-1.8
1999	Emily Maher	Kilkenny City Harriers	11.88	-2.0
2000	Emily Maher	Kilkenny City Harriers	12.01	-1.6
2001	Fiona O'Friel	Dublin Striders	12.15	1.0
2002	Claire Bergin	Dundrum South Dublin	11.93	3.3
2003	Aoife MacNeill	Dundrum South Dublin	12.38	1.1
2004	Louise Kiernan	Fingallians	12.16	0.5
2005	Louise Kiernan	Fingallians	11.86	2.1
2006	Amy Foster	North Down	12.01	-0.5
2007	Amy Foster	North Down	12.01	-1.3
2008	Niamh Whelan	Ferrybank	11.98	-0.6
2009	Niamh Whelan	Ferrybank	11.68	
2010	Sarah Lavin	Emerald	12.44	-4.4
2011	Catherine McManus	Celtic Dublin City Harriers	11.76	3.1

2012	Phil Healy	Bandon	12.05		
2013	Phil Healy	Bandon	11.80		
2014	Megan Marrs	City of Lisburn	11.82		
2015	Ciara Neville	Emerald	11.68	3.1	
2016	Molly Scott	St. Laurence O'Toole	12.02	-1.9	
2017	**Ciara Neville**	**Emerald**	**11.59**	**2.0**	**CR**
2018	Rhasidat Adeleke	Tallaght	11.83		
2019	Rhasidat Adeleke	Tallaght	11.80	**-0.3**	

200m Junior (U20) Women

1971	Aideen Morrisson	Crusaders	25.3		
1972	Aideen Morrisson	Crusaders	25.0		
1973	Louise McGettigan	Lifford	26.7		
1974	Mary Fleming	Midleton	26.0		
1975	Bernadette English	Finn Valley			
1976	Michele Walsh	McDonaghs	25.6		
1977	Michele Walsh	Glen Abbey Striders	24.9		
1978	Patricia Amond	St. Laurence O'Toole	24.45		
1979	L Soraghan	Blackrock, Louth	25.6		
1980	Patricia Amond	St. Laurence O'Toole	23.9		
1981	Mary Amond	St. Laurence O'Toole	24.7		
1982	Heather Wilson	Sparta, Derry	26.14		
1983	Heather Wilson	Sparta, Derry	25.53.		
1984	Jacqui Stokes	Fethard	25.57		
1985	Paula Carthy	Clondalkin	25.15		
1986	Mary Carolan	Lucan	25.04		
1987	Paula Carthy	Clondalkin	24.76		
1988	Orla Ryan	Lucan	25.20		
1989	Marisa Smyth	Boyne	25.26		
1990	C O'Gorman	Ballycloghin	25.33		
1991	Lena Barry	Emerald	26.12		
1992	Antoinette Furlong	Drinagh-Murrintown-Piercestown (DMP)	26.50	w	
1993	Ann-Marie Lynch	Finn Valley	25.43		
1994	Amanda Clifford	Leevale	25.56	w	
1995	Karen Shinkins	Newbridge	25.00		
1996	Sinead Hickey	Emerald	25.39		
1997	Ciara Sheehy	West Dublin	24.6H		
1998	Emily Maher	Kilkenny City Harriers	24.23	0.7	
1999	Ciara Sheehy	West Dublin	24.08		
2000	**Emily Maher**	**Kilkenny City Harriers**	**23.93**		**CR**
2001	Joanne Cuddihy	Kilkenny City Harriers	24.76	2.3	
2002	Claire Bergin	Dundrum South Dublin	24.43	3.1	
2003	Joanne Cuddihy	University College Dublin	24.54	0.9	
2004	Mandy Crowe	Dublin City Harriers	25.48	-3.0	
2005	Katie Lydon	Galway City Harriers	24.73	1.7	
2006	Niamh Whelan	Ferrybank	24.43		
2007	Amy Foster	North Down	24.03	0.0	
2008	Niamh Whelan	Ferrybank	24.15	-0.3	
2009	Joan Healy	Bandon	24.49	1.1	
2010	Steffi Creaner	Celtic Dublin City Harriers	24.18	2.1	
2011	Jade Leahy	Dundrum South Dublin	25.10	3.6	
2012	Phil Healy	Bandon	24.95		
2013	Phil Healy	Bandon	24.33		
2014	Cliodhna Manning	Kilkenny City Harriers	24.21		
2015	Phoebe Murphy	Ferrybank	24.53	-2.0	
2016	Sharlene Mawdsley	Newport	24.04	-1.3	
2017	Sharlene Mawdsley	Newport	24.40	-1.6	
2018	Ciara Neville	Emerald	24.36		
2019	Davicia Patterson	Beechmount Harriers	24.55	-0.9	

400m Junior (U20) Women

1971	Margaret Gubbins	Blackrock	59.3		
1972	Aideen Morrisson	Crusaders	57.6		
1973	Ann Lyons				
1974	Mary Appleby	Avondale	59.5		
1975	Imelda Barrett	Killenaule	60.4		
1976	Barbara Waaters	CDLS	58.5		
1977	Caroline O'Shea	Crusaders	54.4		
1978	Bernadette Kavanagh	Dublin City Harriers	57.0		

1979	Lucile Harrington	Athy	58.28		
1980	Carol Leahy	Leevale	57.64		
1981	Helen Gourley	Craigavon	56.70		
1982	Siobhan Kavanagh	Tinryland	57.50		
1983	Patricia Walsh	Dundrum	55.24		
1984	Patricia Walsh	Dundrum	55.46		
1985	Clodagh Williams	St Senans	57.38		
1986	M Coyle	St Brigids	57.74		
1987	Terri McCarthy	Togher	56.57		
1988	Emma Nicholson	Dublin City Harriers	56.58		
1989	Joanne Heffernan	Clondalkin	57.42		
1990	Lisa Nicholson	Dublin City Harriers	56.53		
1991	Catriona O'Farrell	Borrisokane	58.05		
1992	Lorna O'Neill	Marian	58.10		
1993	Deirdre O'Riordan	Togher	59.38		
1994	Valerie Barry	Lismore	58.28		
1995	Zoe Arnold	Lagan Valley	58.30		
1996	Fiona Curley	Clonliffe Harriers	57.85		
1997	Susan Nicholson	Dublin City Harriers	58.53		
1998	Martina McCarthy	Athenry	56.68		
1999	Avril Kelly	Leevale	58.58		
2000	Martina McCarthy	Dublin City Harriers	54.33		
2001	Joanne Cuddihy	Kilkenny City Harriers	55.09		
2002	Joanne Cuddihy	Kilkenny City Harriers	56.39		
2003	**Joanne Cuddihy**	**University College Dublin**	**53.70**		**CR**
2004	Laura Crowe	Tralee Harriers	57.1H		
2005	Laura Crowe	Riocht	58.15		
2006	Clare McGlynn	Templemore	56.10		
2007	Mairead Deevy	Ferrybank	57.72		
2008	Kalyn Sheehan	Ferrybank	56.58		
2009	Claire Mooney	Naas	56.50		
2010	Claire Mooney	Naas	55.90		
2011	Joanna Mills	Ballymena & Antrim	54.20		
2012	Katie Kirk	Lagan Valley	56.15		
2013	Grainne Moynihan	West Muskerry	54.97		
2014	Jenna Bromell	Emerald	56.83		
2015	Jenna Bromell	Emerald	54.70		
2016	Jenna Bromell	Emerald	54.26		
2017	Mollie O'Reilly	Dundrum South Dublin	55.40		
2018	Ciara Deely	Kilkenny City Harriers	55.41		
2019	Rachel McCann	North Down	55.54		

800m Junior (U20) Women

1968	Ursula Kennedy	Raheny Shamrock	2.16.6	880 Yards
1969	Jean Appleby	Clonliffe Harriers	2.21.8	
1970	Elizabeth Mountain	Dungarvan	2.19.2	
1971	Elaine Kelly	St Finbarrs	2.15.0	
1972	Joan Flemming	St Finbarrs	2.12.4	
1973	Elaine Kelly	St Finbarrs	2.20.3	
1974	M Donnellan	Moore	2.16.6	
1975	Patricia Appleby	Clonliffe Harriers	2.19.5	
1976	Ann Byrne	St Benedicts	2.20.0	
1977	Imelda Barrett	Killenaule	2.17.6	
1978	J Finley	Ballyfin	2.21.4	
1979	Mary McKenna	Truagh	2.14.5	
1980	Aisling Molloy	Rising Sun	2.14.5	
1981	Aisling Molloy	Rising Sun	2.15.6	
1982	B White	Dundrum	2.22.4	
1983	Patricia Barr	Sparta, Derry	2.16.96	
1984	Margaret Curran	North Cork	2.19.43	
1985	H Hughes	Crusaders	2.18.03	
1986	Helen O'Friel	Rathfarnham	2.15.00	
1987	Brid Dennehy	Bandon	2.09.29	
1988	Sonia O'Sullivan	Ballymore / Cobh	2.11.54	
1989	Natalie Davey	Claremorris	2.10.55	
1990	Glynnis Lynch	Mullingar Harriers	02:14.20	
1991	Michelle Gregg	West Dublin	02:17.60	
1992	Olivia Buckley	Grange/Woodbine	02:19.70	
1993	Angela Murphy	East Cork	02:13.58	
1994	Noelle Kelly	Marian	02:15.00	
1995	Liz Gallagher	Dunboyne	02:14.92	

1996	Geraldine McCarthy	Listowel	02:14.51	
1997	Maria Lynch	Dundrum South Dublin	02:10.10	
1998	Aoife Byrne	Dundrum South Dublin	2:10.0H	
1999	**Aoife Byrne**	**Dundrum South Dublin**	**02:09.02**	**CR**
2000	Roisin Quinn	Waterford	02:13.60	
2001	Deirdre Byrne	Sli Cualann	02:10.88	
2002	Ruth Little	St. John Bosco	02:17.41	
2003	Nicola Fallon	Clonliffe Harriers	02:12.16	
2004	Elizabeth McWilliams	Ballymena & Antrim	02:10.37	
2005	Rose-Anne Galligan	Newbridge	02:11.21	
2006	Laura Crowe	Riocht	2:14.3H	
2007	Ciara Everard	Kilkenny City Harriers	2.13.47	
2008	Ciara Mageean	City of Lisburn	02:10.70	
2009	Ciara Everard	Kilkenny City Harriers	2:11.2H	
2010	Ciara Mageean	City of Lisburn	02:12.29	
2011	Iseult O'Donnell	Raheny Shamrock	02:13.55	
2012	Mary Ann O'Sullivan	Tinryland	02:13.02	
2013	Aislinn Crossey	Newry	02:11.14	
2014	Siofra Cleirigh-Buttner	Dundrum South Dublin	02:10.46	
2015	Louise Shanahan	Leevale	02:12.21	
2016	Louise Shanahan	Leevale	2.17.64	
2017	Jo Keane	Ennis Track	2.16.46	
2018	Jo Keane	Ennis Track	2.14.49	
2019	Sarah Healy	Blackrock, Dublin	2.11.40	

1500m Junior (U20) Women

1975	M Quirke	Marcab	4.48.8	
1976	Margaret Cadogan	Skibereen	4.42.7	
1977	Fionnuala Morrish	Leevale	4.50.3	
1978	J McKee	Armagh City Harriers	4.50.8	
1979	Carol Meagan	Dundrum	4.30.5	
1980	Joyce Mehaffey	Strabane	4.50.2	
1981	Geraldine Acheson	Slaneyside	4.45.1	
1982	Valerie Vaughan	Blarney	4.45.16	
1983	Ursula Noctor	Dublin City Harriers	4.29.2	
1984	Camilla Harron	Finn Valley	4.44.5	
1985	Anita Philpott	North Cork	4.44.25	
1986	Anita Philpott	North Cork	4.35.98	
1987	Sonia O'Sullivan	Ballymore/Cobh	4.34.49	
1988	Sonia O'Sullivan	Ballymore/Cobh	4.39.20	
1989	**Brid Dennehy**	**Bandon**	**4.28.52**	**CR**
1990	Natalie Davey	Claremorris	04:31.8	
1991	Natalie Davey	Claremorris	04:30.9	
1992	Elaine Fitzgerald	Waterford	04:57.4	
1993	Maria McCambridge	Dundrum South Dublin	04:39.7	
1994	Barbara Joyce	Bilboa	04:50.5	
1995	Denise Brady	Rathfarnham	04:51.4	
1996	Geraldine McCarthy	Listowel	04:41.5	
1997	Stephanie O'Reilly	Brehon	04:39.4	
1998	Maria Skelton	Ballymena & Antrim	04:45.0	
1999	Ann-Marie Larkin	University College Dublin	04:34.9	
2000	Deirdre Byrne	Fr. Murphy	04:37.1	
2001	Hazel Murphy	Dundrum South Dublin	4:34.0H	
2002	Azmera Gebrezgi	Celtic Dublin City Harriers	04:34.7	
2003	Azmera Gebrezgi	Celtic Dublin City Harriers	04:38.9	
2004	Rose-Anne Galligan	Individual	05:00.7	
2005	Linda Byrne	Dundrum South Dublin	04:30.6	
2006	Charlotte Ffrench O'Carroll	Dundrum South Dublin	04:30.4	
2007	Charlotte Ffrench O'Carroll	Dundrum South Dublin	4.29.49	
2008	Sara Louise Treacy	Moynalvey	04:32.4	
2009	Charlotte Ffrench O'Carroll	Dundrum South Dublin	04:33.7	
2010	Emma Mitchell	Banbridge	04:34.2	
2011	Emma Mitchell	Banbridge	4.47.13	
2012	Sarah Collins	Finn Valley	04:42.9	
2013	Amy O'Donoghue	Emerald	04:47.4	
2014	Nadia Power	Templeogue	04:34.8	
2015	Claire Fagan	Mullingar Harriers	04:51.1	
2016	Emma O'Brien	Sli Cualann	4.38.09	
2017	Jodie McCann	Dundrum South Dublin	4.42.41	
2018	Stephanie Cotter	West Muskerry	4.48.48	
2019	Ava O'Connor	Tullamore Harriers	4.38.17	

3000m Junior (U20) Women

1975	Beatrice Lambert	St. Laurence O'Toole	10.23.0	
1976	Rosaleen Chambers	Sligo	10.38.0	
1977	Ann Keenan	Ballyfin	10.31.6	
1978	Monica O'Reilly	Abbeyleix	10.15.3	
1979	Monica O'Reilly	Abbeyleix	10.24.7	
1980	M Kelly	Parnell	10.47.7	
1981	Mary English	Cahir	10.14.2	
1982	Mary English	Cahir	10.13.7	
1983	Mary Martin	Tipperary	10.14.52	
1984	Patricia Logan	Limerick	10.12.3	
1985	Anita Philpott	North Cork	10.30.5	
1986	Pauline Durnan	Raheny Shamrock	9.58.83	
1987	Pauline Durnan	Raheny Shamrock	10.10.00	
1988	Aisling Ryan	Morcarkey	9.57.84	
1989	Venessa Molloy	Shelbourne Duncannon Striders	10.03.10	
1990	Venessa Molloy	Shelbourne Duncannon Striders	09:59.69	
1991	Aisling Smith	Donore Harriers	09:59.47	
1992	Marie McMahon	Marian	10:26.10	
1993	Margaret McPartland	Shannon	10:29.17	
1994	**Rosemary Ryan**	**Bilboa**	**09:43.88**	**CR**
1995	Niamh Kissane	St Brendan's Ardfert	19:18.10	
1996	Orla O'Mahoney	Marian	18:44.27	
1997	Ann-Marie Larkin	Tullamore Harriers	18:18.87	
1998	Mairead O'Callaghan	North Cork	18:26.67	
1999	Mairead O'Callaghan	North Cork	18:20.44	
2000	Mairead O'Callaghan	North Cork	18:33.20	
2001	Mary Cullen	North Sligo	18:29.23	
2002	Clodagh Galloway	Dundrum South Dublin	18:49.45	
2003	Michelle Gallagher	Dundrum South Dublin	18:12.67	
2004	Linda Byrne	Dundrum South Dublin	17:34.70	
2005	Breffni Twohig	Dundrum South Dublin	17:07.3H	
2006	Breffni Twohig	Dundrum South Dublin	18:17.78	
2007	Suzanne Huet	Dundrum South Dublin	16.52.67	
2008	Maura Fitzgerald	Farranfore Maine Valley	20:34.94	
2009	Laura Shaughnessy	Loughrea	17:32.52	
2010				
2011	Imogen Cotter	Ennis Track	18:39.24	
2012	Sarah Collins	Finn Valley	17:18.55	
2013	Sarah Collins	Finn Valley	17:47.81	
2014	Isabel Carron	Skerries	17:42.68	
2015	Isabel Carron	Skerries	17:14.44	
2016	Avril Deegan	Ballyroan, Abbeyleix & District	19.16.84	
2017	**Amy Rose Farrell**	**Blackrock, Dublin**	**16.47.93**	**CR**
2018	Caron Ryan	Craughwell	19.01.54	
2019	Niamh O'Mahoney	An Ríocht	10.11.82	

10000m Junior (U20) Women

1987	**Aisling Ryan**	**Morcarkey**	**36.33.32**	**CR**
1988	Edwina Foley	Limerick	37.24.0	

Discontinued

100m Hurdles Junior (U20) Women (0.84m/2'9")

1971	Aideen Morrisson	Crusaders	17.3
1972	Marian McEnery	Merrion	19.0
1973	Sheila Flatman	Crusaders	18.1
1974	Mary Appleby	Avondale	16.4
1975	Pauline Parkes	Lamh Dearg	17.0
1976	Audrey Long	Ballyfermot	16.2
1977	Nora O'Grady	Nenagh Olympic	14.02
1978	C Finnerty	Nenagh Olympic	16.42
1979	Carmel Maher	Nenagh Olympic	15.07
1980	Carmel Maher	Nenagh Olympic	16.04
1981	Brid Naughton	Nenagh Olympic	14.70
1982	Noelle Morrissey	Nenagh Olympic	15.06

1983	Noelle Morrissey	Nenagh Olympic	14.76		
1984	Olive Burke	Limerick	14.95		
1985	Paula Cash	West Dublin	15.29		
1986	Brid Hallissey	Ferrybank	14.58		
1987	Evanna Morrissey	Nenagh Olympic	14.75		
1988	Susan Smith	Waterford	14.37		
1989	Susan Smith	Waterford	14.77		
1990	S McGeary	Armagh	15.04		
1991	Jean O'Gorman	Nenagh Olympic	14.50		
1992	Jean O'Gorman	Nenagh Olympic	14.60		
1993	Laura Macken	Roscommon	15.59		
1994	Melissa Collins	Loughrea	14.97	w	
1995	Grainne Redmond	Cushinstown	14.40		
1996	Grainne Redmond	Cushinstown	14.56		
1997	Aine Cuddihy	Carrick-on-Suir	15.04		
1998	Orla Power	Carrick-on-Suir	14.73		
1999	Derval O'Rourke	Leevale	14.12	-2.4	
2000	Derval O'Rourke	Leevale	14.35	0.8	
2001	Sharon Kelly	Leevale	14.93	1.2	
2002	Jessika Zebo	Leevale	15.03	0.3	
2003	Catherine Crawford	Regent House	14.78	-0.4	
2004	Leona Byrne	St. Laurence O'Toole	16.18	-2.1	
2005	Jessie Barr	Ferrybank	15.05	2.8	
2006	Jessie Barr	Ferrybank	15.19	0.8	
2007	Mairead Murphy	Ferrybank	14.5	1.0	
2008	Mairead Murphy	University College Dublin	14.33	-1.4	
2009	Sandra Lawlor	Celbridge	14.68	1.5	
2010	Rebecca McCallister	Ballymena & Antrim	15.24	1.5	
2011	Ailbhe Courtney	St. Brendan's	14.97	3.8	
2012	Sarah Lavin	Emerald	13.89		
2013	**Sarah Lavin**	**Emerald**	**13.69**		**CR**
2014	Megan Marrs	City of Lisburn	14.42		
2015	Shannon Dawkins	St Joseph's	15.05		
2016	Kate Taylor	St Cronans	15.29	-0.4	
2017	Elizabeth Morland	Cushinstown	13.96	-0.7	
2018	Molly Scott	St. Laurence O'Toole	13.82		
2019	Alison Burke	Dublin City Harriers	15.49	1.0	

400m Hurdles Junior (U20) Women (0.762m/2'6")

1976	Kathleen Glavin	Midleton	66.4
1977	Noreen Fleming	Midleton	64.1
1978	Aideen O'Higgins	South Dublin	69.36
1979	Carmel Maher	Nenagh Olympic	65.79
1980	Carmel Maher	Nenagh Olympic	64.08
1981	Susan Cobbe	Limerick	63.10
1982	Sheila Quinn	Aughrim	66.25
1983	Sheila Quinn	Aughrim	65.82
1984	Ann Brady	Raheny Shamrock	62.00
1985	Sinead Kenny	Dundrum	65.10
1986	Sinead Kenny	Team Puma	63.09
1987	Evanna Morrissey	Nenagh Olympic	61.83
1988	Evanna Morrissey	Nenagh Olympic	62.51
1989	Joanne Fitzgerald	Dublin City Harriers	
1990	Lisa Nicholson	Dublin City Harriers	63.74
1991	Deirdre O'Riordan	Midleton	66.52
1992	Mandy Bloomer	Mountmellick	64.98
1993	Janice O'Brien	Newbridge	64.20
1994	Mandy Bloomer	Mountmellick	61.63
1995	Mandy Bloomer	Mountmellick	63.51
1996	Fiona Norwood	Kilkenny City Harriers	61.65
1997	Fiona Norwood	Kilkenny City Harriers	63.06
1998	Orla Power	Carrick-on-Suir	62.84
1999	Michelle Carey	West Dublin	63.45
2000	Sinead Falvey	Leevale	64.66
2001	Sinead Falvey	Leevale	66.39
2002	Alison Miller	St. Abban's	65.15
2003	Nicole O'Regan	Togher	63.22
2004	Catriona Cuddihy	Kilkenny City Harriers	62.22
2005	Not contested		
2006	Kalyn Sheehan	Ferrybank	60.70

2007	Jessie Barr	Ferrybank	61.21		
2008	Jessie Barr	Ferrybank	61.07		
2009	Orla Finn	Riverstick/Kinsale	66.2H		
2010	Christine McMahon	Ballymena & Antrim	60.68		
2011	Megan Kiely	Ferrybank	62.72		
2012	Clare Murphy	St Laurene O'Toole	60.83		
2013	**Nessa Millet**	**St. Abban's**	**60.62**		**CR**
2014	Kate McGowan	Tir Chonaill	61.88		
2015	Kate McGowan	Tir Chonaill	60.67		
2016	Arlene Crossan	Finn Valley	61.39		
2017	Arlene Crossan	Finn Valley	61.08		
2018	Niamh Malone	Monaghan Phoenix	63.17		
2019	Deirdre Murray	Na Fianna	61.20		

3000m / 5000m Walk Junior (U20) Women

1979	T Doherty	Mullingar Harriers	15.22.6	2.5km	
1980	T Doherty	Mullingar Harriers	14.25.4	2.5km	
1981	Catherine Hennessy	St. Joseph's, Kilkenny	13.12.2	2.5km	
1982	Catherine Hennessy	St. Joseph's, Kilkenny	13.40.2	2.5km	
1983	T Grogan	Kilkenny City Harriers	13.52.2	2.5km	
1984	Perri Williams	St Senans, Kilkenny	13.27.8	2.5km	
1985	Josephine Quinlan	St Senans, Kilkenny	27.54.0	5km	
1986	Josephine Quinlan	St Senans, Kilkenny	27.05.06	5km	
1987	Marie Walsh	Shelbourne, Wexford	26.30.59	5km	
1988	Josephine Quinlan	St Senans, Kilkenny	26.00.04	5km	
1989	Marie Walsh	Shelbourne, Wexford	24.51.00	5km	
1990	Catherine Walsh	Shelbourne, Wexford	27:07.86	5km	
1991	Linda O'Sullivan	Marian	27:46.39	5km	
1992	Deirdre Gallagher	Ballina	25:45.70	5km	
1993	Deirdre Gallagher	Ballina	25:54.46	5km	
1994	Gillian O'Sullivan	Farranfore Maine Valley	24:51.03	5km	
1995	Gillian O'Sullivan	Farranfore Maine Valley	24:39.40	5km	
1996	**Rosaleigh Comerford**	**Kilkenny City Harriers**	**24:34.56**	5km	**CR**
1997	Serena O'Keeffe	Kilkenny City Harriers	26:19.54	5km	
1998	Serena O'Keeffe	Kilkenny City Harriers	25:56.91	5km	
1999	Serena O'Keeffe	Kilkenny City Harriers	24:58.39	5km	
2000	Serena O'Keeffe	Kilkenny City Harriers	51:55.34	10km	
2001	Ann Loughnane	Craughwell	59:02.43	10km	
2002	Ann Loughnane	Loughrea	52:49.6H	10km	
2003	Catriona McMahon	St. Mary's	54:14.6H	10km	
2004	Catriona McMahon	St. Mary's	25:52.4H	5km	
2005	Ann Loughnane	Craughwell	24:07.48	5km	
2006	Laura Reynolds	Mohill	25:56.9H	5km	
2007	Laura Reynolds	Mohill	15.35.5	3km	
2008	Laura Reynolds	Mohill	14:24.39	3km	
2009	Not contested				
2010					
2011					
2012	Kate Veale	West Waterford	14:44.23	3km	
2013					
2014	Sinead Burke	St Coca's	14:11.44	3km	
2015	Veronica Burke	Ballinasloe & District	14:45.61	3km	
2016	Sinead O'Connor	Celbridge	15.18.20	3km	
2017	Orla O'Connor	Waterford	13.53.13	3km	
2018	**Orla O'Connor**	**Waterford**	**13.53.14**	3km	**CR**
2019	Maria Flynn	Naas	14.48.33	3km	

3000m Steeplechase Junior (U20) Women (0.762m/2'6")

2007	Aibhie Carragher	Nenagh Olympic	12.08.04	
2008				
2009	Fiona McKenna	Dundrum South Dublin	11:50.70	
2010				
2011	Alice Fennell	Raheny Shamrock	12:14.68	
2012	Jessica Drohan	Shercock	12:39.34	
2013				
2014	**Jessica Coyne**	**Dooneen**	**11:13.54**	**CR**
2015	Katy Conroy	Sli Cualann	13:20.00	
2016	Lauren Dermody	Castlecomer	11.14.21	

2017	Emma O'Hanlon	Glaslough Harriers	13.22.24	
2018	Roisin O'Reilly	Menapians	11.47.49	
2019	Mollie Jean Hutchinson	Ferrybank	11.31.07	

High Jump Junior (U20) Women

1968	Kathleen Keys	Crusaders	1.37	
1969	Majorie Adams	Crusaders	1.39	
1970	Majorie Adams	Crusaders	1.37	
1971	A Stephens	Blackrock	1.34	
1972	Bernadette Murray	Grange	1.42	
1973	Sheila Flatman	Crusaders	1.52	
1974	Bernadette Murray	Grange	1.62	
1975	Noreen Glennon	Longford	1.55	
1976	Audrey Long	Ballyfermot	1.75	
1977	Fionnuala Kennedy	Crusaders	1.69	
1978	Ann Nevin	Limerick	1.74	
1979	Brigid Corrigan	Dublin City Harriers	1.75	
1980	Brigid Corrigan	Dublin City Harriers	1.73	
1981	Mary Healy	Waterfall, Cork	1.66	
1982	Brid Tierney	Nenagh Olympic	1.65	
1983	Mary Ahern	Limerick	1.65	
1984	Jacqui Stokes	Fethard	1.65	
1985	Elizabeth Comerford	West Dublin	1.67	
1986	Brid Hallissey	Ferrybank	1.68	
1987	J Morrissey	St. Laurence O'Toole	1.56	
1988	Therese McDonald	Sutton	1.60	
1989	Therese McDonald	Dublin City Harriers	1.75	
1990	Elaine Ball	Emerald	1.74	
1991	Olivia Scully	Emerald	1.66	
1992	Hilary Brady	Cushinstown	1.67	
1993	Olivia Scully	Emerald	1.67	
1994	Olivia Scully	Emerald	1.65	
1995	Louise McGloin	Ayrfield	1.63	
1996	Deirdre Ryan	Claremorris	1.65	
1997	Leona Arkins	Fr. Murphy	1.65	
1998	Jennifer McCarthy	Abbey Striders	1.60	
1999	Deirdre Ryan	Dundrum South Dublin	1.63	
2000	Deirdre Ryan	Dundrum South Dublin	1.70	
2001	Helen Buckley	Raheny Shamrock	1.63	
2002	Sharon Heveran	Westport	1.65	
2003	Sharon Heveran	Westport	1.78	
2004	Sharon Heveran	Westport	1.70	
2005	Leona Byrne	St. Laurence O'Toole	1.63	
2006	Aileen Ruane	Sligo	1.60	
2007	Pamela Hughes	Westport	1.75	
2008	Pamela Hughes	Westport	1.75	
2009	Cathriona Farrell	Craughwell	1.75	
2010	Cathriona Farrell	Craughwell	1.70	
2011	Cathriona Farrell	Craughwell	1.71	
2012	Pippa Rogan	Sli Cualann	1.74	
2013	Shannen Dawkins	St Joseph's	1.68	
2014	Grace McKenzie	Belgooly	1.68	
2015	Elizabeth Morland	Cushinstown	1.65	
2016	Elizabeth Morland	Cushinstown	1.71	
2017	Daena Kealy	St Abban's	1.68	
2018	Sommer Lecky	Finn Valley	1.70	
2019	**Sommer Lecky**	**Finn Valley**	**1.80**	**CR**

Pole Vault Junior (U20) Women

1999	Danielle McCarthy	Dublin City Harriers	2.94
2000	Not contested		
2001	Not contested		
2002	Not contested		
2003			
2004	Sofie Loscher	Roundwood & District	2.40
2005	Claire Wilkinson	Ballymena & Antrim	2.70
2006			
2007	Claire Wilkinson	Ballymena & Antrim	3.00
2008			

2009	Not contested				
2010					
2011	Nikita Savage	Youghal	3.05		
2012					
2013					
2014	Megan O'Connor	West Waterford	2.70		
2015	Ellen Larkin	Emerald	3.00		
2016	Ellen McCartney	City of Lisburn	3.40		
2017	Ellen McCartney	City of Lisburn	3.75		
2018	**Ellen McCartney**	**City of Lisburn**	**3.80**		**CR**
2019	Orla Coffey	Carraig-Na-Bhfear	3.45		

Long Jump Junior (U20) Women

1968	Valerie Shortland	Bandon	4.93		
1969	Valerie Shortland	Bandon	5.15		
1970	Majorie Adams	Crusaders	5.18		
1971	Eileen O'Driscoll	Raheny Shamrock	5.13		
1972	Mary Doyle	St Finbarrs	5.16		
1973	Anne O'Donnell	Pearse, Galway	4.65		
1974	Kathleen Glavin	Midleton	5.44		
1975	Pauline Parkes	Lamh Dearg	5.28		
1976	Kathleen Glavin	Midleton	5.24		
1977	Evelyn O'Brien	Limerick	5.47		
1978	Breda Ann Fitzgerald	St Michaels, Portarlington	5.27		
1979	Noelle Morrissey	Nenagh Olympic	5.35		
1980	Barbara Johnson	West Limerick	5.53		
1981	Breda Ann Fitzgerald	St Michaels, Portarlington	5.71		
1982	Brid Naughton	Nenagh Olympic	5.42		
1983	Noelle Morrissey	Nenagh Olympic	5.54		
1984	Jacqui Stokes	Fethard	5.68		
1985	Terri Horgan	Mallow	5.61		
1986	Evanna Morrissey	Nenagh Olympic	5.68		
1987	Evanna Morrissey	Nenagh Olympic	5.72		
1988	Evanna Morrissey	Nenagh Olympic	5.59		
1989	Siobhan Hoey	Mountmellick	5.76		
1990	Marie O'Meara	Nenagh Olympic	5.79		
1991	Claire Ingerton	Leevale	5.79		
1992	Claire Ingerton	Leevale	5.95		
1993	Claire Ingerton	Leevale	5.76		
1994	Caroline Deacy	University College Dublin	5.46		
1995	Grainne O'Mahoney	Claremorris	5.46		
1996	Grainne O'Mahoney	Claremorris	5.43		
1997	Aine Cuddihy	Carrick-on-Suir	5.75		
1998	Grainne O'Mahoney	Dublin City Harriers	5.64		
1999	Sinead Swan	Slaney Olympic	5.56	1.0	
2000	Mary McLoone	Tir Chonaill	5.34	1.4	
2001	Aoife Hoey	Mountmellick	5.46	3.4	
2002	Ciara Kearns	Celbridge	5.61	4.5	
2003	Donna Hosford	Leevale	5.34	1.9	
2004	Jennifer Reddy	St. Laurence O'Toole	5.46	1.3	
2005	Allison Sharkey	Letterkenny	5.41	2.8	
2006	Kelly Proper	Ferrybank	6.08	-3.4	
2007	Kelly Proper	Ferrybank	6.02	-0.4	
2008	Aileen Ruane	Sligo	5.46	0.5	
2009	Nicola Power	Ferrybank	5.46	2.6	
2010	**Joanna Mills**	**Ballymena & Antrim**	**6.26**	**2.9**	**CR**
2011	Aoife Bartley	Carrick-on-Suir	5.49	6.0	
2012	Sarah McCarthy	Mid Sutton	6.05		
2013	Jessica Sheehan	Leevale	5.68		
2014	Sarah McCarthy	Mid Sutton	5.74		
2015	Rachel Bowler	Tralee Harriers	5.35	1.2	
2016	Aoibheann O'Brien	Tralee Harriers	5.53	1.0	
2017	Elizabeth Morland	Cushinstown	5.96	2.4	
2018	Ruby Millet	St. Abban's	5.85		
2019	Katherine O'Connor	Dundalk St Gerards	5.98	0.0	

Triple Jump Junior (U20) Women

1990	Marie O'Meara	Nenagh Olympic	10.95
1991	Marie O'Meara	Nenagh Olympic	11.50

1992	Jocelyn Hanrahan	Limerick	11.61		
1993	Janice O'Brien	Newbridge	11.28		
1994	Nicola Hayes	Ferrybank	10.84		
1995	Patricia Cahill	Lismore	10.71		
1996	Patricia Cahill	Lismore	10.71		
1997	Michelle Arkins	Fr. Murphy	11.27		
1998	Marion Troy	West Waterford	10.70		
1999	Mary McLoone	Tir Chonaill	11.26	-0.7	
2000	Mary McLoone	Tir Chonaill	11.19	0.8	
2001	Aoife Hoey	Mountmellick	11.26	0.5	
2002	Aoife Hoey	Mountmellick	11.38		
2003	Brona Furlong	Enniscorthy	11.07	3.5	
2004	Brona Furlong	Enniscorthy	11.04	2.3	
2005	Christina Broderick	Belgooly	10.78		
2006	Jessie Barr	Ferrybank	11.14		
2007	Hannah Todd	Ballymena & Antrim	10.47	-0.1	
2008	Caoimhe King	Westport	11.16	-1.8	
2009	Aoife Bartley	Carrick-on-Suir	10.90		
2010	Caoimhe King	Westport	11.86	1.4	
2011	**Caoimhe King**	**Westport**	**12.63**	**1.7**	**CR**
2012	Saragh Buggy	St. Abban's	11.67		
2013	Saragh Buggy	St. Abban's	11.60		
2014	Maria Carey	Newport	11.73		
2015	Fiona O'Shea	Dooneen	11.11	2.7	
2016	Maria Carey	Newport	11.16	0.0	
2017	Maria Carey	Newport	11.78	0.8	
2018	Emily O'Mahoney	Waterford	11.13		
2019	Emily O'Mahoney	Waterford	11.38	-0.9	

Shot Put Junior (U20) Women (4kg)

1968	Marie Dunne	Crusaders	8.18
1969	Marie Dunne	Crusaders	7.99
1970	Marie Dunne	Crusaders	8.99
1971	Eileen O'Hanlon	Corrofin	8.90
1972	Betty Cooney	St Anthonys	9.44
1973	Dolores Duggan	Claremorris	9.80
1974	Joy Bennett	Bandon	8.18
1975	Maria Dooley	Limerick	10.42
1976	Marita Walton	Kilkenny City Harriers	13.62
1977	Marita Walton	Kilkenny City Harriers	13.90
1978	Marita Walton	Crusaders	13.69
1979	Ann Byrne	Kilmore	11.07
1980	Mary Kavanagh	Crusaders	11.42
1981	Brid Naughton	Nenagh Olympic	11.32
1982	Breda Wall	Athy	11.51
1983	Regina Walton	Kilkenny City Harriers	11.32
1984	Debbie Tobin	Limerick	13.00
1985	Anita Kane	North Down	12.47
1986	C Reynolds	Blackrock	11.35
1987	Ailish O'Brien	Dungarvan	11.51
1988	Elaine Hayes	North Laois	11.33
1989	Ailish O'Brien	Dungarvan	11.05
1990	Ann Marie Flannery	Monaghan Phoenix	11.23
1991	Elaine Hayes	North Laois	10.76
1992	Kelly Kane	Blackpool	13.24
1993	Lorraine Comiskey	Glaslough H	11.32
1994			
1995	Antoinette Moore	Rathfarnham	11.53
1996	Sinead Kehoe	Waterford	10.90
1997	Julie McCorry	Ballymena & Antrim	12.01
1998	Eva Massey	North Down	12.02
1999	Eva Massey	North Down	
2000	Fionnuala Lombard	Leevale	10.92
2001	Aoife Hoey	Mountmellick	11.25
2002	Aoife Hoey	Mountmellick	11.37
2003	Kathleen Fitzgerald	Leevale	11.22
2004	Kathleen Fitzgerald	Leevale	11.25
2005	Rhiannon McNally	Orchard County	11.01
2006	Laura Cogan	Newbridge	13.07
2007	Laura Cogan	Newbridge	12.73
2008	Clare Fitzgerald	Tralee Harriers	12.96

2009	Clare Fitzgerald	Tralee Harriers	13.58	
2010	Fiona Moloney	Dooneen	11.88	
2011	Fiona Moloney	Dooneen	12.32	
2012	Laura McSweeney	Bandon	11.89	
2013	Niamh Murphy	Blarney Inniscara	11.98	
2014	Laura McSweeney	Bandon	11.90	
2015	Michaela Walsh	Swinford	14.09	
2016	Michaela Walsh	Swinford	15.06	
2017	**Michaela Walsh**	**Swinford**	**15.34**	**CR**
2018	Lystus Ebosele	Drinagh-Murrintown-Piercestown (DMP)	12.24	
2019	Ciara Sheehy	Emerald	12.78	

Discus Junior (U20) Women (1kg)

1971	A Sherlock	Avondale	25.93	
1972	A Sherlock	Avondale	30.11	
1973	Maria Flynn	Marian	31.04	
1974	Mary Ryan	St Anthonys	32.24	
1975	Irene Mooney	Clondalkin	36.18	
1976	Marita Walton	Kilkenny City Harriers	39.20	
1977	Marita Walton	Kilkenny City Harriers	41.98	
1978	Patricia Walsh	Waterford	46.10	
1979	Joan Dooley	Limerick	38.54	
1980	Mary Kavanagh	Crusaders	40.32	
1981	Susan Bradley	Rockwell	36.26	
1982	Breda Wall	Athy	40.22	
1983	Regina Walton	Kilkenny City Harriers	31.92	
1984	Breda Wall	Athy	39.16	
1985	Ailish O'Brien	Dungarvan	39.79	
1986	Ailish O'Brien	Dungarvan	42.08	
1987	Ailish O'Brien	Dungarvan	40.04	
1988	Ailish O'Brien	Dungarvan	40.34	
1989	Ailish O'Brien	Dungarvan	39.32	
1990	Helen Delves	Walkinstown SAF	38.58	
1991	Martha Halpin	Slaney Olympic	34.95	
1992				
1993	Martha Halpin	Drinagh-Murrintown-Piercestown (DMP)	41.38	
1994	Caroline Johnston	Dundrum South Dublin	38.24	
1995	Clara Thompson	Slaney Olympic	34.71	
1996	Caroline Johnston	Dundrum South Dublin	37.96	
1997	Clara Thompson	Slaney Olympic	39.18	
1998	Eileen O'Keeffe	Kilkenny City Harriers	41.61	
1999	Eva Massey	North Down	43.49	
2000	Eileen O'Keeffe	Kilkenny City Harriers	44.04	
2001	Gillian Austin	Borrisokane	35.01	
2002	Deirdre Murphy	Leevale	37.51	
2003	Rachel Akers	Marian	38.36	
2004	Rachel Akers	Marian	38.25	
2005	Sarah Bradfield	Bandon	32.62	
2006	Philipa Conway	Crusaders	35.24	
2007	Clare Fitzgerald	Tralee Harriers	37.73	
2008	Clare Fitzgerald	Tralee Harriers	38.78	
2009	Clare Fitzgerald	Tralee Harriers	43.38	
2010	Clare Fitzgerald	Tralee Harriers	43.19	
2011	Zoe Scanlon	West Waterford	38.98	
2012	Sophie Parkinson	Gowran	43.23	
2013	Hannah O'Sullivan	Gneeveguilla	44.50	
2014	Kayleigh Cronin	Farranfore Maine Valley	42.03	
2015	Anne-Marie Torsney	Fingallians	45.92	
2016	Niamh Fogarty	North Westmeath	46.17	
2017	**Niamh Fogarty**	**North Westmeath**	**47.43**	**CR**
2018	Niamh Fogarty	North Westmeath	46.57	
2019	Ciara Sheehy	Emerald	39.21	

Javelin Junior (U20) Women (600g)

1972	Sandra O'Toole	Lozells	31.45
1973	Marie Flynn	Grange	31.04
1974	Marie Flynn	Grange	32.24

1975	Margaret Crosse	St Anthonys	34.60	
1976	Elizabeth Hurley	St Benedicts	39.40	
1977	Sheena McGrade	Lough Sheelin	34.64	
1978	Patricia Walsh	Waterford	32.35	
1979	Mary McBride	Drinagh-Murrintown-Piercestown (DMP)	38.03	
1980	Dara Shalespeare	Marcab	41.22	
1981	Dara Shalespeare	South Dublin	40.56	
1982	Brenda Walsh	Limerick	43.69	
1983	Brenda Walsh	Limerick	46.66	
1984	Fiona McGovern	Waterford	33.50	
1985	Anita Kane	North Down	34.88	
1986	Kathleen Gallagher	Finn Valley	32.98	
1987	Lorraine Coffey	Team Puma	35.14	
1988	Katrina Campbell	Belfast Olympic	35.15	
1989	Mary T Real	Limerick	39.78	
1990	Jocelyn Hanrahan	Limerick	36.96	
1991	Jocelyn Hanrahan	Limerick	42.58	
1992	Linda Donegan	SLOT	39.62	
1993	Gemma Costello	Blackrock	38.24	
1994				
1995	Catherine Burke	Nenagh Olympic	32.14	
1996	Karen Jackson	Navan	26.54	
1997	Leanne Tutty	Waterford	35.28	
1998	Jennifer O'Sullivan	Cushinstown	38.41	
1999	Jennifer O'Sullivan	Cushinstown	33.09	
2000	Jennifer O'Sullivan	Cushinstown	38.69	
2001	Anita White	Dublin Striders	39.96	
2002	Anita White	Dublin Striders	36.18	
2003	Laura Kerr	Lagan Valley	37.70	
2004	Catherine Grant	Tramore	32.96	
2005				
2006	Denise Byrne	Clonliffe Harriers	36.78	
2007	Denise Byrne	Clonliffe Harriers	37.55	
2008	Olivia McDonald	St. Peter's Dromiskin	38.08	
2009	Olivia McDonald	St. Peter's Dromiskin	39.39	
2010	Clare Fitzgerald	Tralee Harriers	38.82	
2011	Jenny Murphy	Abbey Striders	37.44	
2012	Jenny Murphy	Abbey Striders	36.44	
2013	Jenny Murphy	Abbey Striders	35.95	
2014	Mairead Drewitt	Naas	33.30	
2015	Michaela Walsh	Swinford	39.57	
2016	Grace Casey	Eire Og Corra Choill	38.89	
2017	Grace Casey	Eire Og Corra Choill	45.93	
2018	Grace Casey	Eire Og Corra Choill	37.14	
2019	**Katherine O'Connor**	**Dundalk St. Gerards**	**48.98**	**CR**

Hammer Junior (U20) Women (4kg)

1991	Elaine Hayes	North Laois	40.08
1992	Nicola Coffey	Bohermeen	27.32
1993	Brenda Thompson	Slaney Olympic	32.04
1994	Brenda Thompson	Slaney Olympic	40.22
1995	Clara Thompson	Slaney Olympic	37.72
1996	Clara Thompson	Slaney Olympic	39.76
1997	Clara Thompson	Slaney Olympic	44.78
1998	Clara Thompson	Slaney Olympic	44.91
1999	Eileen O'Keeffe	Kilkenny City Harriers	47.97
2000	Eileen O'Keeffe	Kilkenny City Harriers	52.19
2001	Rachel Akers	East Clare	48.06
2002	Rachel Akers	Marian	49.20
2003	Rachel Akers	Marian	51.65
2004	Rachel Akers	Marian	52.48
2005	Rhiannon McNally	Orchard County	49.05
2006	Ann-Marie Cronin	Old Abbey Striders	46.86
2007	Katie O'Shea	Farranfore Maine Valley	46.20
2008	Aoife Hickey	Kilkenny City Harriers	49.71
2009	Aoife Hickey	Kilkenny City Harriers	52.24
2010			
2011	Cara Kennedy	Ferrybank	57.98
2012	Mairead O'Neill	Gneeveguilla	48.37
2013	Mairead O'Neill	Gneeveguilla	46.03
2014	Emma O'Hara	Galway City Harriers	56.38

2015	Michaela Walsh	Swinford	58.93	
2016	Michaela Walsh	Swinford	55.85	
2017	**Michaela Walsh**	**Swinford**	**63.01**	
2018	Zoe Mohan	Cushinstown	44.34	
2019	Ciara Sheehy	Emerald	46.75	

4x100m Junior (U20) Women

1978	Leevale	50.05	
1979	Dublin City Harriers	49.49	
1980	Nenagh Olympic	49.72	
1981	Nenagh Olympic	49.30	
1982	Nenagh Olympic	NT	
1983	Dundrum	49.90	
1984	Dundrum	49.94	
1985	Dundrum	50.40	
1986			
1987	Lucan	49.78	
1988			
1989	Tarbert	50.20	
1990	Cappoquin	52.64	
1991	Nenagh Olympic	49.30	
1992	Tir Chonaill	49.60	
1993	Leevale	51.90	
1994	Newbridge	50.38	
1995			
1996	Leevale	50.43	
1997	Borrisokane	58.10	
1998	Leevale	49.32	
1999	Leevale	49.57	
2000	Slaney Olympic	50.94	
2001	Leevale	51.02	
2002			
2003	Galway City Harriers	49.94	
2004	Leevale	50.72	
2005	Leevale	52.15	
2006			
2007			
2008			
2009			
2010			
2011			
2012	Fingallians	50.03	
2013			
2014	**Tir Chonaill**	**48.44**	**CR**
2015	Naas	49.69	
2016	Dundrum South Dublin	50.73	
2017	Ferrybank	49.64	
2018	Naas	50.93	
2019	Leevale	50.49	

4x400m Junior (U20) Women

1978	Kingscourt	4.07.1	
1979	Dundrum	4.02.00	
1980	Leevale	4.00.5	
1981	Dundrum	4.03.0	
1982	Lough Ree	4.06.50	
1983	Dundrum	4.04.90	
1984	**Dundrum**	**4.00.2**	**CR**
1985	St Senans	4.06.24	
1986	Togher	4.03.86	
1987	Blackrock	4.01.73	
1988			
1989	Cappoquin	4.12.20	
1990	Togher	4.06.56	
1991	Raheny Shamrock	4.00.8	
1992	Togher	4.11.0	
1993	Togher	4.10.44	
1994	Marian	4.07.90	

1995			
1996		East Cork	4.09.0
1997		Borrisokane	5.01.4
1998		Leevale	4.14.80
1999		Dundrum South Dublin	4.13.71
2000		Tir Chonaill	04:14.31
2001		Leevale	04:10.74
2002			
2003		Sli Cualann	04:16.53
2004		Raheny Shamrock	04:42.62
2005		Ferrybank	04:00.53
2006			
2007			
2008			
2009			
2010			
2011			
2012			
2013			
2014			
2015			
2016		Sli Cualann	4.20.84
2017		Raheny Shamrock	4.06.94
2018		Leevale	4.11.75
2019		Galway City Harriers	4.00.78

Weight for Distance Junior (U20) Women

2018	Zoe Mohan	Cushinstown	5.98
2019	Ebony Hogan	Birr	6.71

Heptathlon Junior (U20) Women

1973	Patricia Quinn	Ballinamore	2819
1980	Brid Naughton	Nenagh Olympic	4221
1983	M Concannon	Dublin City Harriers	3699
1984	Brid Hallissey	Ferrybank	4767
1985	Brid Hallissey	Ferrybank	4061
1986	Brid Hallissey	Ferrybank	4962
1987	Siobhan Naughton	Nenagh Olympic	4163
1988	Brid Hallissey	Ferrybank	4775
1989	Fiona Kavanagh	St. Laurence O'Toole	4409
1990	Fiona Kavanagh	St. Laurence O'Toole	4495
1991	Janice O'Brien	Newbridge	4524
1992	Janice O'Brien	Newbridge	4408
1993	Patricia Naughton	Nenagh Olympic	4827
1994	Nicola Hayes	Ferrybank	3571
1995	Catherine Burke	Nenagh Olympic	3713
1996			
1997			
1998	Orna Donoghue	Carrick-on-Suir	4359
1999	Geraldine Stewart	Tir Chonaill	3151
2000	Mary McLoone	Tir Chonaill	3826
2001	Emma O'Doherty	Tir Chonaill	3707
2002	Ciara Kearns	Celbridge	4123
2003	Alison Miller	St. Abban's	3598
2004	Leanne Hynes	Na Fianna	3156
2005	Sarah Finnegan	Craughwell	2163
2006			
2007			
2008			
2009			
2010	Rachel Finnegan	Craughwell	3760
2011			
2012	Nessa Millet	St. Abban's	3632

2013	Vivian Fleischer	Celbridge	3883		
2014	Amy McTeggart	Boyne	3773		
2015	Amy McTeggart	Boyne	4039		
2016	**Elizabeth Morland**	**Cushinstown**	**5545**		**CR**
2017	Not contested				
2018	Lara O'Byrne	Donore Harriers	4541		
2019	Lara O'Byrne	Donore Harriers	4140		

Cross Country Junior (U20) Women

1979	Caroline Peppard	Kilmore (Dublin)	13.54	Clubs/Counties	BLE
1980	Carol Meagan	Dundrum (Dublin)	15.53	Clubs/Counties	BLE
1981	Carol Meagan	Dundrum (Dublin)	12.47	Clubs/Counties	BLE
1982	Patricia Logan	Limerick AC	13.52	Clubs/Counties	BLE
1983	Tina Moloney	St. Senan's	12.01	Clubs/Counties	BLE
1984	Tina Moloney	St. Senan's	13.38	Clubs/Counties	BLE
1985	Anita Philpott	North Cork	11.43	Clubs/Counties	BLE
1986	Geraldine Hickey	St. Laurence O'Toole	16.56	Clubs/Counties	BLE
1987	Sonia O'Sullivan	Ballymore / Cobh	11.57	Clubs/Counties	BLE
1988	Glynnis Lynch	Mullingar Harriers	15.07	Clubs/Counties	BLE
1988	Josephine Campbell	Mayo	14.50	Inter Counties	BLE
1989	Michelle Moloney	North Cork	19.05	Inter Clubs	BLE
1989	Margaret Synnott	Donegal	15.28	Inter Counties	BLE
1990	Glynnis Lynch	Mullingar Harriers	13.50	Inter Clubs	BLE
1990	Aisling Smith	Dublin	15.19	Inter Counties	BLE
1991	Christine Geoghegan	Limerick AC	19.02	Inter Clubs	BLE
1991	Catriona McGranaghan	Donegal	15.38	Inter Counties	BLE
1992	Mary Meade	Grange Fermoy	15.38	Inter Clubs	BLE
1992	Catriona McGranaghan	Donegal	16.05	Inter Counties	BLE
1993	Mary Meade	Grange Fermoy	14.46	Inter Clubs	BLE
1993	Maria McCambridge	Dublin	16.18	Inter Counties	BLE
1994	Rosemary Ryan	Bilboa	16.14	Inter Clubs	BLE
1994	Rosemary Ryan	Limerick	15.16	Inter Counties	BLE
1995	Siobhan Walsh	University College Dublin	15.32	Inter Clubs	BLE
1995	Adrienne Jordan	Dublin	16.08	Inter Counties	BLE
1996	Valerie Lynch	Carraig na Bhfear	17.22	Inter Clubs	BLE
1997	Marie Lynch	Dundrum South Dublin	16.08	Clubs/Counties	BLE
1997	Ann Marie Larkin	Offaly		Inter Counties	BLE
1998	Aoife Byrne	Dundrum South Dublin	14.33	Inter Clubs	BLE
1998	Aoife Byrne	Dublin	12.26	Inter Counties	BLE
1999	Caroline Daly	East Cork	17.59	Inter Clubs	BLE
1999	Aoife Byrne	Dundrum South Dublin	11.05	Inter Counties	BLE
2000	Aoife Byrne	Dundrum South Dublin	16.52	Inter Clubs	AAI
2000	Mary Cullen	North Sligo	12.12	Inter Counties	AAI
2001	Fionnuala Britton	Sli Cualann	15.29	Inter Clubs	AAI
2001	Fionnuala Britton	Sli Cualann	11.38	Inter Counties	AAI
2002	Fionnuala Britton	Sli Cualann	26.55	Inter Clubs	AAI
2002				Inter Counties	AAI
2003	Fionnuala Britton	Sli Cualann	24.25	Inter Clubs	AAI
2003	Azmera Gebrezgi	Celtic Dublin City Harriers	12.12	Inter Counties	AAI
2004	Azmera Gebrezgi	Celtic Dublin City Harriers	21.44	Inter Clubs	AAI
2004	Roseanne Galligan	Newbridge	12.49	Inter Counties	AAI
2005	Roseanne Galligan	Newbridge	21.55	Inter Clubs	AAI
2005	Linda Byrne	Dundrum South Dublin	13.38	Inter Counties	AAI
2006	Sara Louise Treacy	Moynalvey	23.32	Inter Clubs	AAI
2006	Roseanne Galligan	Newbridge	15.30	Inter Counties	AAI
2007	Rebecca Ffrench O'Carroll	Dundrum South Dublin	23.17	Inter Clubs	AAI
2007	Charlotte Ffrench O'Carroll	Dundrum South Dublin	14.16	Inter Counties	AAI
2008	Charlotte Ffrench O'Carroll	Dundrum South Dublin	23.26	Inter Clubs	AAI
2008	Sara Louise Treacy	Moynalvey	14.38	Inter Counties	AAI
2009	Charlotte Ffrench O'Carroll	Dundrum South Dublin	23.42	Inter Clubs	AAI
2009	Ciara Mageean	City of Lisburn	15.03	Inter Counties	AAI
2010	Mary Mulhare	North Laois	22.34	Inter Clubs	AAI
2010	Ciara Mageean	City of Lisburn	14.07	Inter Counties	AAI
2011	Siofra Cleirigh Buttner	Dundrum South Dublin	22.50	Inter Clubs	AAI
2011	Siofra Cleirigh Buttner	Dundrum South Dublin	16.06	Inter Counties	AAI
2012	Sarah Collins	Finn Valley	19.34	Inter Clubs	AAI
2012	Mary Mulhare	Portlaoise	16.17	Inter Counties	AAI
2013	Sarah Fitzpatrick	Dundrum South Dublin	15.18	Inter Clubs	AAI
2013	Siofra Cleirigh Buttner	Dundrum South Dublin	14.05	Inter Counties	AAI
2014	Sarah Miles	Dundrum South Dublin	15.32	Inter Clubs	AAI

2014	Orlaith Moynihan	Clonmel	15.04	Inter Counties	AAI
2015	Hope Saunders	Clonliffe Harriers	14.46	Inter Clubs	AAI
2015	Hope Saunders	Clonliffe Harriers	13.41	Inter Counties	AAI
2016	Eimear Fitzpatrick	Dublin	NT	Inter Counties	AAI
2016	Sophie Murphy	Dundrum South Dublin	14.18	Clubs/Counties	AAI
2017	Stephanie Cotter	West Muskerry	14.29	Clubs/Counties	AAI
2018	Sarah Healy	Blackrock, Dublin	13.28	Clubs/Counties	AAI
2019	Jodie McCann	Dublin City Harriers	15.06	Clubs/Counties	AAI

Cross Country - Teams Junior (U20) Women

	Club	County	
1979	Limerick AC 31pts	Limerick 31 pts	BLE
1980	Dundrum (Dublin) 47pts	Dublin 34 pts	BLE
1981	Dundrum (Dublin) 36pts	Dublin 19 pts	BLE
1982	Mullingar Harriers 26pts	Westmeath 26 pts	BLE
1983	Mullingar Harriers 54pts	Tipperary 25 pts	BLE
1984	Finn Valley 49pts	Kilkenny 46 pts	BLE
1985	Castlebar 52pts	Cork 38 pts	BLE
1986	Castlebar 76pts	Donegal 32 pts	BLE
1987	Mullingar Harriers 60pts	Cork 41 pts	BLE
1988	Limerick AC 47pts	Limerick 37 pts	BLE
1988		Donegal 31 pts	BLE
1989	Finn Valley 31pts	Dublin 34 pts	BLE
1990	Limerick AC 47pts	Limerick 24 pts	BLE
1991	Limerick AC 22pts	Cork 21 pts	BLE
1992	Marian 39pts	Cork 32 pts	BLE
1993	Marian 44pts	Cork 49 pts	BLE
1994	Marian 35pts	Dublin 25 pts	BLE
1995	East Cork 34pts	Dublin 15 pts	BLE
1996	East Cork 23pts	Cork 22 pts	BLE
1997	East Cork 22pts	Cork 26 pts	BLE
1998	North Cork 43pts	Cork 47 pts	BLE
1999	Dundrum South Dublin 53pts	Dublin 33 pts	BLE
2000	West Muskerry 46pts	Donegal 82 pts	AAI
2001	Dundrum South Dublin 47pts	Dublin 30 pts	AAI
2002	Dundrum South Dublin 15pts		AAI
2003	Dundrum South Dublin 25pts	Dublin 14 pts	AAI
2004	Dundrum South Dublin 25pts	Dublin 14 pts	AAI
2005	Dundrum South Dublin 34pts	Dublin 15 pts	AAI
2006	Dundrum South Dublin 21pts	Dublin 20 pts	AAI
2007	Dundrum South Dublin 16pts	Dublin 14 pts	AAI
2008	Dundrum South Dublin 20pts	Dublin 20 pts	AAI
2009	Dundrum South Dublin 14pts	Antrim 27 pts	AAI
2010	Dundrum South Dublin 26pts	Dublin 31 pts	AAI
2011	Dundrum South Dublin 17pts	Dublin 20 pts	AAI
2012	Dundrum South Dublin 14pts	Dublin 29 pts	AAI
2013	Dundrum South Dublin 17pts	Dublin 13 pts	AAI
2014	Dundrum South Dublin 13pts	Dublin 20 pts	AAI
2015	Dundrum South Dublin 20pts		AAI
2015	Dundrum South Dublin 60pts		AAI
2016		Mayo 18 pts	AAI
2016	Dundrum South Dublin 32pts	Dublin 41 pts	AAI
2017	Dundrum South Dublin 43pts	Cork 20 pts	AAI
2018	Waterford 113pts	Cork 61pts	AAI
2019	Waterford 61pts	Waterford 49pts	AAI

U19 Men

100m U19 Men

2002	Darragh Graham	Inbhear Dee	10.80	2.8
2003	John Laffey	Clonliffe Harriers	11.06	1.4
2004	Barry Upton	Ferrybank	11.35	-2.2
2005	Derek Duff	Leevale	11.19	0.8
2006	Mark Morgan	Cushinstown	11.12	
2007	Michael Hynes	Raheny Shamrock	10.95	1.3

2008	Christopher Russell	Ferrybank	11.01	0.6	
2009	Patrick Costello	Greystones & District	11.33	0.5	
2010	Paul Whelan	Dublin Striders	10.83	-2.3	
2011	Patrick O'Connor	Clonliffe Harriers	11.37		
2012	Eamon Wallace	Ratoath	11.29		
2013	Keith Doherty	Tallaght	11.11		
2014	Dean Power	Tullamore Harriers	11.03		
2015	**Gareth Thompson**	**City of Lisburn**	**10.79**	**4.8**	**CR**
2016	Paul McDermott	Donore Harriers	11.18	-0.4	
2017	Jack Dempsey	Galway City Harriers	11.01	0.0	
2018	Shane Monagle	Tramore	10.99	1.8	
2019	Tolunabori Akinola	Fingallians	11.14	-0.6	

200m U19 Men

2002	Darragh Graham	Inbhear Dee	22.78	-1.0	
2003	John Laffey	Clonliffe Harriers	22.53	0.9	
2004	Greg O'Leary	Leevale	22.29	-1.3	
2005	Derek Duff	Leevale	22.22	1.3	
2006	Mark Morgan	Cushinstown	22.76		
2007	Michael Hynes	Raheny Shamrock	21.83	1.4	
2008	Christopher Russell	Ferrybank	21.97	-1.7	
2009	Dara Kervick	Carrick-on-Suir	22.85	-2.00	
2010	Lorcan O'Cathain	Roscommon	21.79	1.1	
2011	Patrick O'Connor	Clonliffe Harriers	22.28		
2012	Eammon Wallace	Ratoath	22.51		
2013	Eoin O'Carroll	Tralee Harriers	22.78		
2014	Sean O'Driscoll	Raheny Shamrock	22.42		
2015	Rory Martin	Tullamore Harriers	22.57	-0.4	
2016	**Christopher O'Donnell**	**North Sligo**	**21.59**	**0.7**	**CR**
2017	James Holden	Dundrum South Dublin	22.35	-0.5	
2018	Shane Monagle	Tramore	22.47	-0.8	
2019	Tolunabori Akinola	Fingallians	22.58	-0.8	

400m U19 Men

2002	Liam McDermid	Unattached	51.07	
2003	Michael O'Sullivan	Metro St. Brigid's	49.81	
2004	Kevin McCloy	Mid Ulster	49.42	
2005	Conor Healy	Clonliffe Harriers	50.34	
2006	Ciaran O'Driscoll	Emerald	52.33	
2007	Jamie Davis	Raheny Shamrock	51.04	
2008	Craig Lynch	Shercock	49.72	
2009	Fearghus Hannon	Tullamore Harriers	49.26	
2010	Richard Agha Okoye	North Laois	52.33	
2011	**Mark English**	**Letterkenny**	**48.02**	**CR**
2012	Darragh MacNamara	Tullamore Harriers	50.59	
2013	Evan McGuire	Galway City Harriers	49.07	
2014	Paul Murphy	Ferrybank	48.67	
2015	Gavin Dunne	Dundrum South Dublin	50.80	
2016	Christopher O'Donnell	North Sligo	49.49	
2017	James Holden	Dundrum South Dublin	49.52	
2018	Christopher Duffy	Tallaght	49.51	
2019	Jack Raftery	Donore Harrieras	49.99	

800m U19 Men

2002	Ciaran O'Connell	Glaslough Harriers	1:55.6H
2003	Darragh Greene	Dunleer	2.02.69
2004	Eoin Everard	Kilkenny City Harriers	2.00.45
2005	Steven Morrow	Ballymena & Antrim	2.05.49
2006	Eoin Healy	Dundrum South Dublin	1.57.52
2007	Anthony Leighio	Tallaght	1.55.25
2008	Mark McDonald	Clonliffe Harriers	1.55.35
2009	Brian Kelly	St. Abban's	2.00.45
2010	Cathal Daly	Inbhear Dee	2.02.88

2011	Dean Cronin	Blarney Inniscara	1.57.20		
2012	Mitchell Byrne	Rathfarnham WSAF	1.58.28		
2013	**Daniel Lawlor**	**St. Laurence O'Toole**	**1.52.88**		**CR**
2014	Liam Hennessy	Togher	1.56.11		
2015					
2016	Richard Keogh	Rathfarnham W.S.A.F	1.56.27		
2017	Conor O'Driscoll	Leevale	1.57.22		
2018	Aaron Mangan	Tullamore Harriers	1.54.67		
2019	Louis O'Loughlin	Donore Harriers	1.52.58		

1500m U19 Men

2002	Ciaran O'Connell	Glaslough Harriers	4.01.29		
2003	Dan Mulhare	North Laois	4.07.44		
2004	Des Earls	Inbhear Dee	4.02.37		
2005	Kevin Lawlor	St. Laurence O'Toole	4.03.45		
2006	Eoin Healy	Dundrum South Dublin	4.09.82		
2007	**Niall Tuohy**	**Ferrybank**	**3.58.12**		**CR**
2008	Tomas Cotter	Dunleer	4.00.67		
2009	Chris Jones	Raheny Shamrock	4.05.71		
2010	Jake Byrne	Mullingar Harriers	3.59.49		
2011	Cullen Lynch	Togher	4.02.93		
2012	Ian Guiden	Clonliffe Harriers	4.08.03		
2013	Robert Tully	Star of the Sea	4.01.55		
2014	Padraig Moran	Mullingar Harriers	4.08.60		
2015	Chinnie Izuchukwu	Tullamore Harriers	4.23.01		
2016	Shane Bracken	Swinford	4.04.83		
2017	Alan McGinley	Lifford / Strabane	4.03.86		
2018	Aaron Mangan	Tullamore Harriers	4.00.39		
2019	Aaron Cullen	Clonliffe Harriers	4.02.92		

3000m U19 Men

2002	Liam O'Halloran	Clonliffe Harriers	9.10.25		
2003	**Jamie McCarthy**	**Riverstick/Kinsale**	**8.41.71**		**CR**
2004	Richard Yeates	Raheny Shamrock	8.52.27		
2005	Eoin Dunne	Dublin Striders	8.49.33		
2006	Brendan O'Neill	Dundrum South Dublin	8.42.95		
2007	Craig Murphy	Togher	8.47.90		
2008	David Fitzmaurice	Clonliffe Harriers	8.56.13		
2009	John Travers	Donore Harriers	8.47.55		
2010	Liam Brady	Tullamore Harriers	9.07.71		
2011	Killian O'Connor	Sligo	9.11.47		
2012	Philip Crowley	Leevale	9.12.36		
2013	Jack Corbett	Thurles Crokes	9.07.62		
2014	Padraig Moran	Mullingar Harriers	9.02.37		
2015	Cathal Doyle	Clonliffe Harriers	8.44.43		
2016	Adam O'Brien	Clonliffe Harriers	8.58.83		
2017	Eanna Folan	Galway City Harriers	8.55.71		
2018	Thomas McStay	Galway City Harriers	8.43.25		
2019	Shane Coffey	Naas	8.45.63		

3000m Steeplechase U19 Men (0.914cm)

2003	Brian Kirwan	St. Laurence O'Toole	6.13.34	1500m	
2004	Philip Conway	Ferrybank	6.11.7H	1500m	
2005	Eoin McCormack	Dundrum South Dublin	6.23.68	1500m	
2006				1500m	
2007	David Flynn	Clonliffe Harriers	6.21.91	1500m	
2008	Kian Jennings	Dundrum South Dublin	6.29.70	1500m	
2009	Pauric McLaughlin	Finn Valley	6.17.39	1500m	
2010	Stephen Lawlor	St. Abban's	10:03.96		
2011	Timmy Moriarty	Raheny Shamrock	10:25.84		
2012	Michael Carey	Clonmel	10:03.60		
2013	Karl Fitzmaurice	Shannon	10:44.01		
2014	Padraig Lennon	Greystones & District	10:33.30		
2015	**Brian Flanagan**	**Clonliffe Harriers**	**9.40.28**		**CR**
2016	Sean Carrig	Clonliffe Harriers	9.42.75		

2017	Jarlath Jordan	Tara	10.13.85		
2018	Aaron Donnelly	Dundrum South Dublin	9.43.21		
2019	Oisin Kelly	Dundrum South Dublin	10.15.22		

100m Hurdles U19 Men (0.99m)

2002	Ian McDonald	Crusaders	15.19	1.8	
2003	Shane Cullinane	Nenagh Olympic	15.19	2.4	
2004	Brendan Callinan	St. Laurence O'Toole	15.51	-2.5	
2005	Sean Carey	Slieveardagh	15.59	-0.9	
2006	Gerard O'Donnell	Carrick-on-Shannon	15.35	1.7	
2007	Ciaran O'Cathain	Roscommon	15.58		
2008	Conor McCrossan	Lucan Harriers	16.1H		
2009	Keith Michael Smith	Carrick-on-Suir	16.08	1.4	
2010	Stephen Colwell	Regent House	19.79		
2011	Eoin Synnott	Emerald	15.59		
2012	Eoin Power	St. Joseph's	15.27		
2013	Colin Nolan	Enniscorthy	16.90		
2014	Sam Healy	Leevale	15.33		
2015	Paul Sexton	Annalee	15.23	1.1	
2016	Jack Murphy	Leevale	15.09	1.8	
2017	**Daniel Ryan**	**Moycarkey Coolcroo**	**14.48**	**-0.4**	**CR**
2018	Shane Monagle	Tramore	14.67	0.0	
2019	Joseph McEvoy	Nenagh Olympic	14.96	-0.3	

400m Hurdles U19 Men (0.914m/3'0)

2002	Liam McDiarmid	Unattached	57.04	
2003	Maurice Donoghue	Carrick-On-Suir	58.89	
2004	Barry Upton	Ferrybank	54.85	
2005	Patrick O'Donnell	Olympian	59.80	
2006	Niall Matthews	Navan	61.1H	
2007	John Fagan	Kilkenny City Harriers	57.90	
2008	Alan Corcoran	Ferrybank	57.10	
2009	Timothy Crowe	Dooneen	56.91	
2010	Thomas Barr	Ferrybank	61.19	
2011	Sean Gill	Claremorris	58.22	
2012	Eoin Power	St. Joseph's	56.65	
2013	**Evan McGuire**	**Galway City Harriers**	**54.45**	**CR**
2014	Matthew Behan	Crusaders	55.41	
2015	Darren Prout	Carrick-on-Suir	56.71	
2016	Ciaran Barnes	City of Lisburn	55.58	
2017	Cathal Locke	Dooneen	58.23	
2018	Ciaran Nugent	Carraig na bhFear	56.48	
2019	Daragh McAuley	Donore Harriers	58.92	

5000m Walk U19 Men

2002	Gabriel O'Donnell	Cranford	24:16.74	
2003	James Dalton	Hacketstown	26:20.51	
2004	Brendan Boyce	Milford	23:52.81	
2005	**Peter Muldoon**	**Shercock**	**21:36.03**	**CR**
2006				
2007	Paul Fitzpatrick	Shercock	21:58.31	
2008	Niall Prendiville	Farranfore Maine Valley	25:22.21	
2009	Cian McManamon	Westport	24:00.62	
2010				
2011	James Treanor	Shercock	23:05.36	
2012	Luke Hickey	Leevale	23:58.15	
2013	Ryan Cleary	Clonliffe Harriers	23:43.67	
2014				
2015	Anthony Tobin	Clonmel	28:14.24	
2016	Joseph Mooney	Adamstown	23.03.67	
2017	Andrew Carroll	Celbridge	24.15.77	
2018	Gearoid McMahon	Shannon	23.37.34	
2019	Ryan Roberts	Sligo	27.51.63	

High Jump U19 Men

2002	Steven Spillane	Moycarkey Coolcroo	1.83		
2003	David Robb	North Down	1.70		
2004	Brian Flatley	Claremorris	1.71		
2005	Caolan Flanagan	Ballymena & Antrim	1.85		
2006	Eoin Kelly	St. Abban's	1.70		
2007	Richard Whyte	Brothers Pearse	1.75		
2008	Kourosh Foroughi	Star of the Sea	1.95		
2009	Keith Michael Smith	Carrick-on-Suir	1.75		
2010	Michael Bowler	Caim	1.83		
2011	Shane O'Dwyer	Carrick-on-Suir	1.95		
2012	Lorcan Murphy	Bray Runners	1.86		
2013	Jaime Murtagh	St. Andrew's, Ashbourne	2.08		
2014	David Cussen	Old Abbey Striders	2.05		
2015	Caolan O'Callaghan	Tir Chonaill	1.90		
2016	Cian O'Brien	Waterford	1.80		
2017	**Ryan Carthy Walsh**	**Adamstown**	**2.10**		**CR**
2018	Ciaran Connolly	Le Cheile	2.00		
2019	Nelvin Appiah	Longford	2.05		

Pole Vault U19 Men

2002	Neil Moriarty	St. Abban's	3.10		
2003	Stuart Greene	Raheny Shamrock	3.85		
2004	Brendan Callinan	St. Laurence O'Toole	3.70		
2005	Philip Daly	Shercock	3.50		
2006	James Flanagan	Youghal	3.60		
2007	Ian Rogers	Clonliffe Harriers	4.31		
2008	Roy Kelly	Youghal	2.20		
2009	Mihai Pantea	Raheny Shamrock	3.60		
2010	Thomas Houlihan	West Waterford	4.40		
2011	David Hogan	St. Benedict's	3.20		
2012	Eric Stam	Bandon	2.40		
2013	**Peter O'Brien**	**Raheny Shamrock**	**4.41**		**CR**
2014	Conor Bermingham	Raheny Shamrock	3.80		
2015	Brian Flynn	Lusk	4.00		
2016	Shane Power	St. Josephs	3.60		
2017	Jonathan McKenna	St. Laurence O'Toole	3.70		
2018	Matthew Callinan Keenan	St. Laurence O'Toole	4.35		
2019	Patrick Fitzgerald	West Waterford	3.60		

Long Jump U19 Men

2002	Tom Shanahan	St. Mary's	6.78		
2003	Paul O'Flynn	Leevale	6.78		
2004	Stephen Darcy	St. Laurence O'Toole	5.70		
2005	Lesley Leung	Ballymena & Antrim	6.09		
2006	Eoin Kelly	St. Abban's	6.17		
2007	**Eoin Hannon**	**Tullamore Harriers**	**7.25**	**1.5**	**CR**
2008	David Quilligan	Leevale	6.70		
2009	Keith Michael Smith	Carrick-on-Suir	6.19		
2010			6.03		
2011	Michael Godley	Tralee Harriers	6.35		
2012	Shane Howard	Bandon	6.62		
2013	Eoin O'Carroll	Tralee Harriers	6.73		
2014	Sam Healy	Leevale	6.49	0.5	
2015	Darren Prout	Carrick-on-Suir	6.54		
2016	Peter O'Connor	Enniscorthy	6.16	1.2	
2017	James Vance	Greystones & District	6.69	-1.9	
2018	Eoin Keenan	Emo / Rath	6.23	0.0	
2019	Darragh Miniter	Nenagh Olympic	6.90	-1.1	

Triple Jump U19 Men

2002	Tony O'Hare	Portumna	12.72

2003	Joseph Corcoran	Castlebar	12.88	1.3	
2004	Denis Finnegan	Spa Muckross	13.01		
2005	Christina Broderick	Belgooly	10.84		
2006	John Shanley	Clonliffe Harriers	13.13		
2007	**Niall Counihan**	**Dooneen**	**13.78**		**CR**
2008	Adam McMullen	Mid Ulster	13.60	1.5	
2009	Stephen Howard	Dooneen	11.69		
2010	Shane Prout	Carrick-on-Suir	13.00		
2011	Aaron Murtagh	Ballina	13.37		
2012	Conor Daly	St. Abban's	13.18		
2013	Colin Nolan	Enniscorthy	12.46		
2014	Promise Okafor	Bandon	13.02		
2015	Shane Joyce	Cushinstown	13.65	-1.4	
2016	Matthew McKernan	Craughwell	12.54	0.0	
2017	Brendan Lynch	Loughrea	13.84	2.0	
2018	Eoin Keenan	Emo / Rath	13.25		
2019	Joseph McEvoy	Nenagh Olympic	14.96	-0.3	

Shot Put U19 Men (6kg)

2002	Eoin Leen	Tralee Harriers	16.42	
2003	Jeremy Harper	North Down	13.27	
2004	John Francis	Ferrybank	14.12	
2005	Cian Healy	Raheny Shamrock	14.02	
2006	Pavel Hazler	Leevale	12.93	
2007	David Shine	Blarney Inniscara	11.55	
2008	Dayle Kennedy	West Waterford	13.57	
2009	Eanna O'Cathain	Galway City Harriers	13.07	
2010	Diarmuid Hickey	Riverstick / Kinsale	13.71	
2011	Patrick McSweeney	Bandon	13.44	
2012	Paul Collins	North Westmeath	14.92	
2013	James Mulligan	Tullamore Harriers	13.30	
2014	John Kelly	Finn Valley	16.95	
2015	Anu Awonusi	St. Laurence O'Toole	16.93	
2016	Oran O'Brien	Donore Harriers	11.90	
2017	Daniel Ryan	Moycarkey Coolcroo	14.47	
2018	**James Kelly**	**Finn Valley**	**17.14**	**CR**
2019	Sean Carolan	Nenagh Olympic	14.61	

Discus U19 Men (1.75kg)

2002	Eoin Leen	Tralee Harriers	39.80	
2003	Jeremy Harper	North Down	46.19	
2004	Justin Collins	Mullingar Harriers	48.48	
2005	Cian Healy	Raheny Shamrock	39.99	
2006	Pavel Hazler	Leevale	44.36	
2007	Ronan Keaney	Greystones & District	34.01	
2008	Daniel Clifford	Farranfore Maine Valley	46.63	
2009	Eanna O'Cathain	Galway City Harriers	41.33	
2010	Darragh Hanlon	Tullamore Harriers	43.38	
2011	**Marco Pons**	**Drinagh-Murrintown-Piercestown (DMP)**	**55.00**	**CR**
2012	Paul Collins	North Westmeath	45.62	
2013	Michael Hanlon	Dunboyne	43.65	
2014	John Kelly	Finn Valley	42.27	
2015	Eoin Sheridan	North Westmeath	50.45	
2016	Emmet Stout	Celbridge	39.22	
2017	Darragh Gaffney	North Westmeath	50.59	
2018	Padraig Hore	Taghmon	43.56	
2019	Sean Carolan	Nenagh Olympic	42.68	

Hammer U19 Men (6kg)

2002	Jim Healy	Carrick-on-Suir	33.29
2003	Neil Dougan	Regent House	45.66
2004	Padraig White	Dunboyne	48.31
2005	James Nagle	Farranfore Maine Valley	43.68
2006	Patrick McCabe	Dunboyne	52.49
2007			
2008	Gerard Kelly	Castlebar	55.36

2009	Eoin White	Drinagh-Murrintown-Piercestown (DMP)	54.50	
2010	Killian Barry	Crusaders	64.39	
2011	James McCabe	Dunboyne	59.93	
2012	Kieran Murphy	St. Paul's	48.40	
2013	Michael Hanlon	Dunboyne	60.20	
2014	James Griffin	Crusaders	50.22	
2015	**Owen Russell**	**St Andrews, Ashbourne**	**65.75**	**CR**
2016	Jake Robinson	Fingallians	47.75	
2017	Brendan O'Donnell	Lifford / Strabane	58.31	
2018	Sean Mockler	Moycarkey Coolcroo	59.17	
2019	Sean Carolan	Nenagh Olympic	50.00	

Javelin U19 Men (800g)

2002	Troy Murphy	Blarney/Inniscara	42.82	
2003	Rikki O'Gara	Roscommon	41.80	
2004	Paul Marry	Dunleer	32.24	
2005	Tom Amphlett	Westport	44.57	
2006	John Gilligan	St. Laurence O'Toole	42.30	
2007	**Dan Mullen**	**Strabane**	**58.63**	**CR**
2008	Sean McBride	Strabane	49.81	
2009	Rory Kirwan	Dunleer	44.75	
2010	David Reynolds	Bandon	49.48	
2011	Jaco Oosthuysen	Clonmel	50.63	
2012	Tony O'Sullivan	Raheny Shamrock	40.96	
2013	Ryan Whelan	Clonliffe Harriers	51.70	
2014	Bobby Smith	Bandon	52.19	
2015	Shane Joyce	Cushinstown	54.13	
2016	Eoghan Flynn	Waterford	53.74	
2017	Gareth Crawford	Lifford / Strabane	57.32	
2018	Mark Freeman	Newbridge	41.98	
2019	John Paul Murray	Lifford / Strabane	42.25	

4x100m Relay U19 Boys

2006		Letterkenny	47.36
2007			
2008			
2009		Greystones & District	44.67
2010		Dundrum South Dublin	44.1
2011		Dundrum South Dublin	45.29
2012			
2013		St. Laurence O'Toole	44.31
2014		Galway City Harriers	44.39
2015		Galway City Harriers	43.88
2016		Galway City Harriers	42.69
2017		Galway City Harriers	44.78
2018		Leevale	43.04
2019		Nenagh Olympic	44.12

4x400m Relay U19 Boys

2006		Letterkenny	NT
2007			
2008			
2009		Leevale	3.38.16
2010		Dundrum South Dublin	3.27.9
2011		Galway City Harriers	3.28.88
2012			
2013		St. Laurence O'Toole	3.26.58
2014		Dundrum South Dublin	3.34.42
2015		Tallaght	3.30.41
2016		Galway City Harriers	3.31.39
2017		Dundrum South Dublin	3.40.76
2018		Leevale	3.32.27
2019		Dundrum South Dublin	3.38.58

4x400m Inter County Relay U19 Boys

2005	Meath	45.38
2006		
2007	Carlow	47.3

Combined Events U19 Boys

2004	Brian Flatley	Claremorris	4043
2005			
2006	Eoin Kelly	St. Abbans	5303
2007	Conor McLaughlin	Strabane	4545

Discontinued

Cross Country U19 Boys

2002	Mark Christie	Mullingar Harriers
2003	Mark Christie	Mullingar Harriers
2004	Danny Darcy	St. Laurence O'Toole
2005	Kevin Lawler	St. Laurence O'Toole
2006	John Coghlan	Metro St. Brigids
2007	Michael Mulhare	North Laois
2008	Ian Ward	Finn Valley
2009	Chris Jones	Raheny Shamrock
2010	Liam Brady	Tullamore Harriers
2011	Ryan Holt	Willowfield Temperance Harriers
2012	Daniel Lawler	St. Laurence O'Toole
2013	Con Doherty	Westport
2014	Peter Lynch	Kilkenny City Harriers
2015	Not contested	
2016	Paul O'Donnell	Dundrum South Dublin
2017	Jamie Battle	Mullingar Harriers
2018	Efrem Giddy	Clonliffe Harriers
2019	Michael Morgan	Sligo

Cross Country Team U19 Boys

	Club	**County**	**Region**
2002	Dundrum South Dublin 62 pts	Dublin 67pts	Leinster 52pts
2003	Dundrum South Dublin 67 pts	Dublin 66pts	Leinster 62pts
2004	Raheny Shamrock 56 pts	Dublin 62pts	Dublin 62pts
2005	Ennis Track 84 pts	Dublin 77pts	Munster 68pts
2006	Ferrybank 41 pts	Antrim 101pts	
2007	Ferrybank 37 pts	Dublin 66pts	Dublin 66pts
2008	Clonliffe Harriers 58 pts	Donegal 70pts	
2009	Clonliffe Harriers 45 pts	Dublin 66pts	Leinster 61pts
2010	Dundrum South Dublin 59 pts	Dublin 91pts	Leinster 52pts
2011	Togher 109 pts	Dublin 72pts	Dublin 72pts
2012	Leevale 78 pts	Cork 103pts	Munster 79pts
2013	Dundrum South Dublin 40 pts	Dublin 76pts	Dublin 76pts
2014	Dundrum South Dublin 99 pts	Dublin 109pts	Munster 90pts
2015	Not contested	Not contested	Not contested
2016	Dundrum South Dublin 60 pts	Dublin 51pts	Dublin 51pts
2017	Clonliffe Harriers 44 pts	Dublin 75pts	Leinster 56pts
2018	Clonliffe Harriers 69 pts	Dublin 120pts	Ulster 56pts
2019	Clonliffe Harriers 98 pts	Dublin 65pts	Dublin 65pts

100m U19 Girls

2002	Joanne Cuddihy	Kilkenny City Harriers	12.28	4.0
2003	Aoife MacNeill	Dundrum South Dublin	12.81	3.2
2004	Louise Nicholson	Emerals	12.47	-1.4
2005	Louise Kiernan	Fingallians	12.30	
2006	Gemma Hynes	Galway City Harriers	12.38	

2007	Mairead Murphy	Ferrybank	12.38	1.3	
2008	Sharon Kilduff	Claremorris	12.60		
2009	Eilish Fitzpatrick	Gneeveguilla	12.57	0.7	
2010					
2011	Sarah Murray	Fingallians	12.72		
2012	Phil Healy	Bandon	12.19		
2013	Cliodhna Manning	Kilkenny City Harriers	12.63		
2014	Sarah-Kate Lacey	Kilkenny City Harriers	12.29		
2015	Rachel Doyle	St. Laurence O'Toole	12.33	2.9	
2016	Ara Freeman	Greystones & District	12.46	0.1	
2017	Aoife Lynch	Donore Harriers	12.14	0.1	
2018	**Lauren Cadden**	**Sligo**	**12.03**	**0.7**	**CR**
2019	Amy Allen	Naas	12.56	-2.0	

200m U19 Girls

2002	Joanne Cuddihy	Kilkenny City Harriers	25.29	-0.7	
2003	Aoife MacNeill	Dundrum South Dublin	26.02	1.4	
2004	Louise Nicholson	Emerald	25.92	-4.7	
2005	Claire Brady	Celbridge	25.08		
2006	Gemma Hynes	Galway City Harriers	25.40		
2007	Mairead Murphy	Ferrybank	25.11	0.0	
2008	Sharon Kilduff	Claremorris	26.21	0.4	
2009	Steffi Creaner	Celtic	25.51	-1.1	
2010	Joan Healy	Bandon	24.65	-1.1	
2011	Sarah Murray	Fingallians	25.61		
2012	Phil Healy	Bandon	24.60	0.4	
2013	Cliodhna Manning	Kilkenny City Harriers	25.22		
2014	Sarah-Kate Lacey	Kilkenny City Harriers	25.41		
2015	Sophie Becker	St Joseph's	24.88	1.2	
2016	Nicole King	Galway City Harriers	25.57	1.0	
2017	Aoife Lynch	Donore Harriers	24.98	-1.0	
2018	**Lauren Cadden**	**Sligo**	**24.48**	**0.0**	**CR**
2019	Amy Allen	Naas	25.61	0.2	

400m U19 Girls

2002	**Joanne Cuddihy**	**Kilkenny City Harriers**	**55.28**		**CR**
2003	Nicole O'Regan	Togher	59.76		
2004	Catriona Cuddihy	Kilkenny City Harriers	58.24		
2005	Clare McGlynn	Templeogue	57.87		
2006	Laura Scriven	St. Laurence O'Toole	59.55		
2007	Mairead Deevy	Ferrybank	57.94		
2008	Susan Scallan	Raheny Shamrock	58.45		
2009	Cliona Ryan	Borrisokane	59.40		
2010					
2011	Tara Hession	Galway City Harriers	59.08		
2012	Grainne Moynihan	West Muskerry	56.80		
2013	Cliodhna Manning	Kilkenny City Harriers			
2014	Alanna Lally	Galway City Harriers	56.64		
2015	Sophie Becker	St Joseph's	57.12		
2016	Davicia Patterson	Beechmount Harriers	56.13		
2017	Niamh Gowing	Dundrum South Dublin	56.56		
2018	Deirdre Murray	Na Fianna	58.31		
2019	Molly Brown	Metro / St. Brigids	58.41		

800m U19 Girls

2002	Ruth Little	St. John Bosco	02:15.56		
2003	Nicola Fallon	Clonliffe Harriers	02:19.62		
2004	Ciara Durkan	Skerries	02:16.71		
2005	Ellen Diskin	Celtic	02:11.83		
2006	Laura Scriven	St. Laurence O'Toole	02:16.70		
2007	Catherine Kelly	Dundrum	02:22.77		
2008	Lauren Scott	North Down	02:19.54		
2009	Sinead Denny	Dundrum South Dublin	02:17.04		
2010					
2011	Mary Mulhare	North Laois	02:20.76		
2012	Emily Milner	St Coca's	02:21.54		
2013	**Aislinn Crossey**	**Newry**	**02:07.70**		**CR**

2014	Alanna Lally	Galway City Harriers	02:17.33		
2015	Louise Shanahan	Leevale	02:15.13		
2016	Aisling Joyce	Claremorris	2.16.19		
2017	Stephanie Cotter	West Muskerry	2.16.26		
2018	Sarah Clarke	Na Fianna	2.15.97		
2019	Molly Brown	Metro / St. Brigids	2.21.05		

1500m U19 Girls

2002	Hazel Murphy	Dundrum South Dublin	04:44.3		
2003	Nicola Fallon	Clonliffe Harriers	4.54.74		
2004	Azmera Gebrezgi	Celtic	4.51.39		
2005	Breffni Twohig	Dundrum South Dublin	4.43.31		
2006	Laura Huet	Dundrum South Dublin	04:49.4		
2007	Patricia Barry	Ferrybank	04:48.7		
2008	Deirdre Doyle	Tinryland	04:54.7		
2009	Fiona Mckenna	Dundrum South Dublin	04:45.7		
2010	Niamh Kearney	Greystones & District	04:51.6		
2011	Iseult O'Donnell	Raheny Shamrock	04:52.6		
2012	Bronagh Kearns	St Senan's	04:54.3		
2013	Amy Jackson	City of Derry	04:58.0		
2014	Cliona Murphy	Celtic Dublin City Harriers	04:55.0		
2015	Clodagh O'Reilly	Annalee	4:49.07		
2016	Aisling Joyce	Claremorris	4.54.53		
2017	**Stephanie Cotter**	**West Muskerry**	**4.34.09**		**CR**
2018	Shona O'Brien	Gneeveguilla	4.44.03		
2019	Maeve Gallagher	Swinford	4.42.21		

3000m U19 Girls

2002	Fionnuala Britton	Kilcoole	10:22.34		
2003	Niamh Healy	Metro/St. Brigid's	10:29.95		
2004	Aoife Cooke	Youghal	10:53.77		
2005	**Breffni Twohig**	**Dundrum South Dublin**	**09:50.00**		**CR**
2006	Laura Huet	Dundrum South Dublin	10:22.90		
2007	Patricia Barry	Ferrybank	10:18.34		
2008	Deirdre Doyle	Tinryland	10:30.29		
2009	Tara Jameson	Inbhear Dee	11:07.67		
2010					
2011	Imogen Cotter	Ennis Track	10:38.09		
2012	Elaine Burch	Lagan Valley	11:00.05		
2013	Sarah Miles	Dundrum South Dublin	10:56.55		
2014	Orlaith Moynihan	Clonmel	10:21.86		
2015	Hope Saunders	Clonliffe Harriers	10:03.16		
2016	Aisling Joyce	Claremorris	10.08.00		
2017	Aisling Kelly	St. Johns	10.22.69		
2018	Laura Nicholson	Bandon	10.11.61		
2019	Annie McEvoy	Kilkenny City Harriers	10.27.02		

80m /100m Hurdles U19 Girls (0.84m)

2002	Jessika Zebo	Leevale	14.64	2.0	
2003	Sharon Heveran	Westport	11.70	3.7	
2004	Stacey Mullen	Regent House	11.41		
2005	Laura Scriven	St. Laurence O'Toole	11.67	-1.4	
2006	Sarah Finnegan	Craughwell	11.70	1.9	
2007	**Mairead Murphy**	**Ferrybank**	**14.42**		**CR**
2008	Sandra Lawlor	Celbridge	14.9H		
2009	Aimee McNeilly	Regent House	14.64	2.0	
2010					
2011	Lisa Houlihan	West Waterford	15.40		
2012	Nessa Millet	St. Abban's	16.33		
2013	Niamh Fussey	St Peter's	15.34		
2014	Shannon Dawkins	St Joseph's	15.56		
2015	Clodagh O'Mahoney	Tallaght	14.98	2.2	
2016	Sarah Quinn	Claremorris	15.51	1.0	
2017	Kate Taylor	St. Cronans	14.94	0.1	
2018	Laura O'Byrne	Donore Harriers	14.91	1.7	
2019					

400m Hurdles U19 Girls (0.762m/2'6)

2002	Ciara Kearns	Celbridge	64.99	
2003	Nicole O'Regan	Togher	67.67	
2004	Catriona Cuddihy	Kilkenny City Harriers	64.29	
2005	Christina Broderick	Belgooly	66.86	
2006	Jenny Corcoran	Clonliffe Harriers	71.76	
2007	**Jessie Barr**	**Ferrybank**	**61.59**	**CR**
2008	Katie Hewitt	North Down	66.42	
2009	Sinead O'Gorman	St. Abban's	69.96	
2010	Ailbhe Courtney	St. Brendan's	66.43	
2011				
2012	Nessa Millet	St. Abban's	63.62	
2013	Jenny O'Brien	City of Derry	68.19	
2014	Kelly McGrory	Tir Chonaill	65.92	
2015	Kelly-Ann Doyle	Carrick-on-Suir	63.32	
2016	Rachel Dunne	Dundrum South Dublin	66.05	
2017	Niamh Malone	Monaghan Phoenix	61.86	
2018	Deirdre Murray	Na Fianna	63.11	
2019	Miriam Daly	Carrick-on-Suir	62.48	

3000m Walk U19 Girls

2002	Ciara McDermott	Ballina	16:23.78	
2003	Catriona Mc Mahon	St. Marys	5.32.8 1km	
2004			5.41.9 1km	
2005	Lucia Brennan	Castlecomer	6.09.0 1km	
2006				
2007	Laura Reynolds	Mohill	15:01.1H	
2008	Sally Forristal	St. Joseph's	17:08.6H	
2009	Sinead Holmes	Bilboa	17:27.38	
2010	**Maeve Curley**	**Craughwell**	**14:05.42**	**CR**
2011				
2012	Claudia Loughnane	Marian	16:11.20	
2013	Alicia Boylan	Oriel	15:12.70	
2014	Sinead Burke	St Coca's	14:27.82	
2015	Sinead O'Connor	Celbridge	15:33.74	
2016	Rachel Glennon	Mullingar Harriers	16.07.19	
2017	Rebecca Kearney	Carraig-Na-Bhfear	18.02.54	
2018	Ruth Heery	Waterford	15.44.51	
2019	Maria Flynn	Naas	14.41.18	

3000m Steeplechase U19 Girls (0.762m)

2007	Albhie Carragher	Nenagh Olympic	05:28.65	
2008				
2009	Fiona McKenna	Dundrum South Dublin	07:40.63	
2010	Dara Brow	Inbhear Dee	12.59.40	
2011	Fiona Mulroy	Swinford	12:58.10	
2012				
2013	Aoife McCann	Swinford	14:18.34	
2014				
2015	**Alison Armstrong**	**Celtic Dublin City Harriers**	**11:35.64**	**CR**
2016	Sorcha McAllister	Westport	7.23.44 2000m	
2017	Aoife O'Brien	Westport	13.11.73	
2018	Eva Cummins	Boyne	11.56.12	
2019	Aoife Allen	St. Senan's	12.38.99	

High Jump U19 Girls

2002	Ciara Kearns	Celbridge	1.60	
2003	**Sharon Heveran**	**Westport**	**1.73**	**CR**
2004	Brona Furlong	Enniscorthy	1.67	
2005	Leona Byrne	St. Laurence O'Toole	1.48	
2006	Jenny Reilly	Na Fianna	1.65	
2007	Claire Wilkinson	Ballymena & Antrim	1.60	
2008	Grainne Moggan	Brothers Pearse	1.70	
2009				

2010					
2011	Sinead Tuohy	Athenry	1.50		
2012	Sorcha Murphy	Ferrybank	1.70		
2013	Vivian Fleischer	Celbridge	1.60		
2014	Shannon Dawkins	St Joseph's	1.70		
2015	Neasa Murphy	Ferrybank	1.66		
2016	Lauren Brooker	Lagan Valley	1.58		
2017	Shannon Craig	Lifford / Strabane	1.63		
2018	Hannah Murphy	Leevale	1.55		
2019	Emily Corcoran	Celtic Dublin City Harriers	1.66		

Pole Vault U19 Girls

2002	Julie Daly	Marian	2.05		
2003	Ann-Marie Burns	Shercock	2.00		
2004	Elaine Drumm	Tralee Harriers	2.00		
2005	Susan Lonergan	West Waterford	2.60		
2006					
2007	Claire Wilkinson	Ballymena & Antrim	3.15		
2008	Emma Dunne	West Waterford	2.40		
2009	Alwynne McGeever	Shercock	1.90		
2010	**Nikkita Savage**	**Leevale**	**3.40**		**CR**
2011	Lisa Houlihan	West Waterford	3.00		
2012	Una Marley	St. Brendan's	2.50		
2013	Rachel Swan	Raheny Shamrock	2.70		
2014			2.50		
2015	Muireann McGinley	Celtic Dublin City Harriers			
2016	Laura Cussen	Old Abbey	3.10		
2017	Sarah Derham	Lusk	3.00		
2018	Ciara Hickey	Blarney Inniscarra	3.00		
2019	Anna Riebling	Tir Chonaill	2.35		

Long Jump U19 Girls

2002	Ciara Kearns	Celbridge	5.71		
2003	Sharon Heveran	Westport	5.37		
2004	Donna Hosford	Leevale	5.48		
2005	Christina Broderick	Belgooly	5.20		
2006	**Kelly Proper**	**Ferrybank**	**6.14**		**CR**
2007	Mairead Murphy	Ferrybank	5.56		
2008	Sinead Donnelly	Ferrybank	5.19		
2009	Nicole Power	Ferrybank	5.55		
2010	Aoife Bartley	Carrick-on-Suir	5.47	1.4	
2011	Laura Langton	Kilkenny City Harriers	5.21		
2012	Lorraine O'Shea	Kilkenny City Harriers	5.67		
2013	Heather Carson	Ballymena & Antrim	5.65		
2014	Megan Coomber	Clonliffe Harriers	5.46	1.1	
2015	Sinead Treacy	Craughwell	5.44	0.3	
2016	Aoibheann O'Brien	Tralee Harriers	5.66	2.8	
2017	Kate Taylor	St. Cronans	5.30		
2018	Vickie Cusack	Liscarroll	5.17	1.8	
2019	Ruby Millet	St. Abban's	6.00	0.5	

Triple Jump U19 Girls

2002	Michelle Doherty	Sparta North West	11.25		
2003	Ann-Marie Burns	Shercock	9.64	1.6	
2004	Brona Furlong	Enniscorthy	10.20		
2005	Lesley Leung	Ballymena & Antrim	9.90		
2006	Laura Loughlin	City of Lisburn	10.76		
2007					
2008	Lisa Kelly	Borrisokane	10.51		
2009	Hannah Todd	Ballymena & Antrim	11.32		
2010	Aoife Bartley	Carrick-on-Suir	11.12	-0.1	
2011	Sinead O'Connor	Tralee Harriers	11.03		
2012	**Saragh Buggy**	**St. Abban's**	**11.76**		**CR**
2013	Claire Dougherty	City of Derry	10.85		
2014	Blaithnaid Patton	Finn Valley	11.54	0.0	
2015	Fiona O'Shea	Dooneen	10.49	2.9	

2016	Grace Furlong	Waterford	11.41	0.4	
2017	Fodhla Nic Phaidin	Rosses	11.30	1.8	
2018	Laura Cunningham	Craughwell	10.58	-0.1	
2019	Emily O'Mahony	Waterford	10.94	-1.3	

Shot Put U19 Girls (4kg)

2002	Deirdre Murphy	Leevale	10.98	
2003	Leanne Hayes	North Laois	11.52	
2004	Sonia Kennedy	Ferrybank	11.41	
2005	Rhiannon McNally	Craigavon	12.70	
2006	Yvonne Hickey	Gowran	10.19	
2007	Katie O'Shea	Farranfore Maine Valley	10.85	
2008	Niamh Mooney	Bilboa	9.38	
2009	**Clare Fitzgerald**	**Tralee Harriers**	**13.30**	**CR**
2010	Alana Fratorolli	Limerick	10.75	
2011	Ciara McGuinness	Drinagh-Murrintown-Piercestown (DMP)	10.10	
2012	Sophie Parkinson	Gowran	11.53	
2013	Laura McSweeney	Bandon	12.06	
2014	Fiona Tuite	Fingallians	10.38	
2015	Anne-Marie Torsney	Fingallians	11.85	
2016	Seodhna Hoey	Portlaoise	10.18	
2017	Niamh Fogarty	North Westmeath	12.78	
2018	Margeurite Furlong	Adamstown	10.67	
2019	Lystus Ebosele	Drinagh-Murrintown-Piercestown (DMP)	12.10	

Discus U19 Girls (1kg)

2002	Deirdre Murphy	Leevale	34.14	
2003	Rachel Akers	Marian	32.22	
2004	Sonia Kennedy	Ferrybank	33.57	
2005	Rhiannon McNally	Craigavon	34.50	
2006	Philipa Conway	Crusaders	34.54	
2007	Sarah Bradfield	Leevale	35.51	
2008	Niamh Mooney	Bilboa	32.10	
2009	Clare Fitzgerald	Tralee Harriers	42.37	
2010				
2011	Zoe Scanlon	West Waterford	39.62	
2012	Sophie Parkinson	Gowran	44.03	
2013	Hanna O'Sullivan	Gneeveguilla	42.45	
2014	Kayleigh Cronin	Spa Muckross	42.32	
2015	Anne-Marie Torsney	Fingallians	42.82	
2016	Aoife Doyle	Star of the Luane	34.09	
2017	**Niamh Fogarty**	**North Westmeath**	**45.17**	**CR**
2018	Margeurite Furlong	Adamstown	32.72	
2019	Lystus Ebosele	Drinagh-Murrintown-Piercestown (DMP)	36.91	

Javelin U19 Girls (600g)

2002	Sinead Gallagher	Raheny Shamrock	30.97	
2003	Rachel Akers	Marian	34.54	
2004	Claire Collins	Roscommon	29.06	
2005	Caitlin Kateland	City of Derry	29.28	
2006	Denise Byrne	Clonliffe Harriers	34.62	
2007	Kellie Ryder	Greystones & District	33.27	
2008	Olivia McDonald	St. Peter's Dromiskin	40.70	
2009	Rachel Bolger	Inbhear Dee	32.89	
2010	Erica Dixon	Le Cheile	31.90	
2011	Emma Daly	St. Abban's	33.39	
2012	Patricia Curtin	Youghal	38.23	
2013	Mairead Drewitt	Naas	34.34	
2014	Rachel Briggs	Lucan Harriers	28.78	
2015	Lauren O'Mahoney	Youghal	30.73	
2016	Leah Hutton	St. Laurence O'Toole	31.24	
2017	**Grace Casey**	**Eire Og Corra Choill**	**43.85**	**CR**
2018	Maebh Daly	Carraig na bhFear	36.59	
2019	Katie Moynihan	Leevale	41.70	

Hammer U19 Girls (4kg)

2002	Jenna McDaid	Finn Valley	21.15	
2003	Rachel Akers	Marian	38.29	
2004	Karen Healy	Fr. Murphy	41.51	
2005	Ann-Marie Cronin	Old Abbey Striders	44.10	
2006	Linda Cronin	Old Abbey Striders	41.97	
2007	Mary Sutherland	Drinagh-Murrintown-Piercestown (DMP)	46.12	
2008	Maggie Donnelly	Mid Ulster	45.68	
2009	Aoife Hickey	Kilkenny City Harriers	51.46	
2010				
2011	Charlotte O'Farrell	Drinagh-Murrintown-Piercestown (DMP)	45.09	
2012	Mairead O'Neill	Gneeveguilla	50.63	
2013	Laura McSweeney	Bandon	44.68	
2014	**Alice Akers**	**Marian**	**54.84**	**CR**
2015	Aoife Vaughan-Witts	Borrisokane	50.18	
2016	Ciara Mcguire	Na Fianna	48.63	
2017	Jade O'Farrell-Bond	Borrisokane	38.38	
2018	Zoe Mohan	Cushinstown	44.11	
2019	Emily Myers	Waterford	32.46	

4x100m Relay U19 Girls

2002	Leevale	51.00	
2003	Bree	51.67	
2004	Leevale	51.04	
2005	Brothers Pearse	52.88	
2006	Ferrybank	51.00	
2007			
2008			
2009	Not held		
2010	Kilkenny City Harriers	51.0H	
2011	Leevale	51.40	
2012	Kilkenny City Harriers	49.86	
2013	Kilkenny City Harriers	50.69	
2014	Tir Chonaill	49.03	
2015	Dundrum South Dublin	52.79	
2016	Dundrum South Dublin	49.47	
2017	**Ferrybank**	**48.79**	**CR**
2018	Clonliffe Harriers	50.39	
2019	Galway City Harriers	51.19	

4x400m Relay U19 Girls

2002	Leevale	04:05.31	
2003	Youghal	05:01.55	
2004	Galway City Harriers	04:28.94	
2005	Brothers Pearse	04:20.88	
2006	Ferrybank	04:11.33	
2007			
2008			
2009	Letterkenny	04:20.32	
2010	Kilkenny City Harriers	4.21.8	
2011	Leevale	04:12.69	
2012	Swinford	04:26.75	
2013	City of Derry	04:01.37	
2014	Galway City Harriers	04:12.30	
2015	Nenagh Olympic	04:17.74	
2016	**Dundrum South Dublin**	**3.59.43**	**CR**
2017	Dundrum South Dublin	4.07.25	
2018	Craughwell	4.15.14	
2019	Dundrum South Dublin	4.20.04	

4x100m Inter County U19 Girls

2002	Wexford	51.10	
2003			
2004			
2005	Galway	49.54	

2006	Galway	52.1H	
2007	Meath	53.0H	
2008	Tipperary	55.8H	
2009			
2010	Tipperary	51.53	
2011	Dublin	49.60	
2012	Dublin	50.74	
2013	Derry	49.72	

Combined Events U19 Girls

2002	Alison Miller	St. Abban's	3684	
2003	**Sharon Heveran**	**Westport**	**3998**	**CR**
2004				
2005				
2006	Siobhan Heffernan	Liscarroll	2979	
2007	Not contested			
2008	Sinead Moloney	St. Killian's	3097	
2009	Not contested			
2010	Rachel Finnegan	Craughwell	3760	
2011	Catherina Corcoran	Bree	1682	

Discontinued

Cross Country U19 Girls

2002	Fionnuala Britton	Kilcoole
2003	Azmera Gebrezgi	Celtic Dublin City Harriers
2004	Roseanne Galligan	Newbridge
2005	Roseanne Galligan	Newbridge
2006	Joanne English	Letterkenny
2007	Lorraine McCarthy	Ferrybank
2008	Tara Jameson	Inbhear Dee
2009	Rachel Campbell	Lagan Valley
2010	Mary Ann O'Sullivan	Tinryland
2011	Alice Fennell	Raheny Shamrock
2012	Orna Murray	Ferrybank
2013	Linda Conroy	Mullingar Harriers
2014	Clodagh O'Reilly	Annalee
2015	Not contested	
2016	Stephanie Cotter	West Muskerry
2017	Niamh Carey	Dundrum South Dublin
2018	Jodie McCann	Dublin City Harriers
2019	Niamh O'Mahoney	An Riocht

Cross Country Team U19 Girls

	Club	**County**	**Region**
2002	Dundrum South Dublin 17 pts	Dublin 36pts	Dublin 36pts
2003	Dundrum South Dublin 18 pts	Dublin 28pts	Dublin 26pts
2004	Dundrum South Dublin 9 pts	Dublin 38pts	Dublin 38pts
2005	Dundrum South Dublin 36 pts	Dublin 68pts	Dublin 68pts
2006	Duhallow 57 pts	Dublin 73pts	
2007	Ferrybank 17 pts	Waterford 98pts	Munster 50pts
2008	Celtic Dublin City Harriers 29 pts	Dublin 96pts	
2009	Dundrum South Dublin 13 pts	Dublin 54pts	Dublin 54pts
2010	Raheny Shamrock 33 pts	Dublin 49pts	Leinster 49pts
2011	Raheny Shamrock 20 pts	Dublin 51pts	Dublin 51pts
2012	Dundrum South Dublin 20 pts	Dublin 62pts	Dublin 62pts
2013	Dundrum South Dublin 12 pts	Dublin 38pts	Leinster 63pts
2014	Leevale 24 pts	Cork 55pts	Munster 44pts
2015	Not contested	Not contested	Not contested
2016	Inbhearr Dee 64 pts	Laois 71pts	Leinster 47pts
2017	Dundrum South Dublin 29 pts	Dublin 42pts	Leinster 74pts
2018	Waterford 24 pts	Waterford 41pts	Munster 64pts
2019	St. Senan's 35 pts	Waterford 46pts	Munster 42pts

U18 Boys (Including "Youths" & "Boys")

100m U18 Boys

1921	A Wade	Clonliffe Harriers	12.0	Youth	IAAA/GAA
1922	JJ McLoughlin	RAFC	11.0	Youth	NACAI
1923	JD Grant	University College Dublin	NT	Youth	NACAI
1924	LD Cullen	Clonliffe Harriers	11.4	Youth	NACAI
1925	PJ Eustace	Croke AC	10.8	Youth	NACAI
1926	LD Cullen	Clonliffe Harriers	10.8	Youth	NACAI
1927	S O'Rahilly	Tipperary	11.0	Youth	NACAI
1928	HR Davies	Clonliffe Harriers	10.8	Youth	NACAI
1929 - 1936 Not held					
1937	Ronny Thornton	Synge Street CBS	10.4	Youth	NACAI
1938	Ronny Thornton	Civil Service Harriers	11.0	Youth	NACAI
1939	Ronny Thornton	University College Dublin	10.4	Youth	NACAI
1938	DA Marshall	Morgan's School	11.3	Youth	AAUE
1939	JC Mittens	Donore Harriers	10.8	Youth	AAUE
1940	WJ Phelan	University College Cork	10.4	Youth	NACAI
1940	Jim C Conway	Civil Service Harriers	10.6	Youth	AAUE
1941	John Arthur "Jack" Gregory	Civil Service Harriers	11.0	Youth	AAUE
1941	M Cahill	Charleville	10.4	Youth	NACAI
1942	T Joyce	University College Dublin	10.2	Youth	NACAI
1942	JA Rodgers	Royal Belfast Academical Institution	11.0	Youth	IAAB
1943	Joe Kelly	Farranferris	10.2	Youth	NACAI
1943	D Roche	Dublin University Harriers	10.7	Youth	AAUE
1943	JV McGregor	Royal Belfast Academical Institution	NT	Youth	IAAB
1944	James Patrick "Jimmy" Reardon	Donore Harriers	10.5	Youth	AAUE
1944	J Daly	Metropolitan	10.8	Youth	NACAI
1944	AH Jephson	Dublin University Harriers	10.4	Youth	IAAB
1945	Paul Dolan	Clonliffe Harriers	10.5	Youth	AAUE
1945	C Mulcahy	Fr. O'Learys Boys Club	NT	Youth	NACAI
1945	Paul Dolan	Clonliffe Harriers	10.6	Youth	IAAB
1946	Louis Crowe	Clonliffe Harriers	10.8	Youth	AAUE
1946	MF Lane	University College Cork	NT	Youth	NACAI
1946	DA Lane	Dublin University Harriers	10.4	Youth	IAAB
1947	HF Hayes	St. Andrew's College	11.3	Youth	AAUE
1947	GA Walsh	University College Galway	10.4	Youth	NACAI
1947	E Sloan	Ballymena Academy	10.8	Youth	IAAB
1948	BT Shankey	Dublin University Harriers	10.8	Youth	AAUE
1948	Ronnie Plant	Ballyconnell	10.2	Youth	NACAI
1948	BT Shankey	Dublin University Harriers	10.6	Youth	IAAB
1949	S O Cearnaigh	Unattached	10.4	Youth	AAUE
1949	G Geary	Limerick	10.6	Youth	NACAI
1949	DE Mullan	Armagh Boys School	10.8	Youth	IAAB
1950	Jack McCann	St. Mary's CBS, Belfast	10.6	Youth	AAUE
1950	Jack McCann	St. Mary's CBS, Belfast	10.6	Youth	IAAB
1950	J O'Donovan	University College Cork	10.6	Youth	NACAI
1951	Noel Keane	University College Dublin	9.9	Youth	NACAI
1951	JA "Lexie" Tynan	Civil Service Harriers	10.4	Youth	AAUE
1951	JA "Lexie" Tynan	Civil Service Harriers	10.4	Youth	IAAB
1952	JP Maher	Synge Street CBS	11.0	Youth	AAUE
1952	G Brennan	Civil Service Harriers	10.2	Youth	NACAI
1952	P Burns	Albert Foundry, Belfast	10.5	Youth	IAAB
1953	MJ Kelly	Donore Harriers	10.3	Youth	AAUE
1953	Owen Dalton	University College Dublin	10.5	Youth	NACAI
1953	MJ Kelly	Donore Harriers	NT	Youth	IAAB
1954	Patrick L "Paddy" Lowry	Civil Service Harriers	10.3	Youth	AAUE
1954	Andy Murphy	Dundealgan	10.6	Youth	NACAI
1954	Patrick L "Paddy" Lowry	Civil Service Harriers	10.8	Youth	IAAB
1955	Andy Murphy	Dundealgan	10.4	Youth	NACAI
1955	DE Duke	Crusaders	10.6	Youth	AAUE
1955	DE Duke	Crusaders	10.9	Youth	IAAB
1956	JP Tabbush	St. Columbas College	NT	Youth	AAUE
1956	Andy Murphy	Dundealgan	10.2	Youth	NACAI
1956	JP Tabbush	St. Columbas College	10.40	Youth	IAAB
1957	R Roughan	Blackrock College	10.7	Youth	AAUE
1957	Gerry McShane	Dun dealgan	10.4	Youth	NACAI
1957	R Roughan	Donore Harriers	10.5	Youth	IAAB
1958	Eddie Thornton	Crusaders	10.2	Youth	AAUE
1958	W O'Connor	Phoenix	10.4	Youth	NACAI
1958	A McCarthy	Clonliffe Harriers	10.4	Youth	IAAB
1959	Ron Kirkland	Crusaders	10.3	Youth	AAUE

1959	M Hogan	Donore Harriers	10.2	Youth	IAAB
1960	R Boelens	St. Columbas College	10.5	Youth	AAUE
1960	L McAleer	Donore Harriers	10.4	Youth	IAAB
1961	Pat Laurence	Donore Harriers	10.2	Youth	AAUE
1962	Eddie Coleman	Terenure College	10.3	Youth	AAUE
1962	RG Donald	Bangor	10.7	Boys	IAAB
1963	D Rees	St. Andrew's College	10.5	Youth	AAUE
1963	B Rippy	Portadown College	11.1	Boys	IAAB
1964	A Kron	Crusaders	10.5	Youth	AAUE
1964	D Kirwan	Clonliffe Harriers	10.9	Boys	IAAB
1965	W Anderson	Ballymena Academy	10.0	Youth	IAAB
1966	B Whitney	Clonliffe Harriers	10.3	Youth	AAUE
1966	H Traub	St. Andrew's College	10.4	Boys	IAAB
1967-1970 Not held					
1971	Gerry Flannery	Metro	11.7	Youth	BLOE
1972	Sean Reidy	Limerick	11.4	Youth	BLOE
1973	Sean Reidy	Limerick	11.5	Youth	BLOE
1974	Dermot Browne	Marcab	11.3	Youth	BLOE
1975-1993 Not held					
1994	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	10.70		
1995	David Donaghy	Ballymena & Antrim	11.20		
1996	Trevor McGlynn	Strabane	11.29		
1997	Tomas Coman	Moycarkey	11.3H		
1998	Gavin Norris	St. Columb's	11.00	-0.1	
1999	Jer O'Donoghue	Leevale	10.H		
2000	Karl Kennedy	Kilmore Raheny	11.01	2.3	
2001	Paul Hession	Athenry	11.08	0.0	
2002	Stephen Cavanagh	Sparta North West	10.90	3.1	
2003	Greg O'Leary	Leevale	11.06	1.8	
2004	Caolann Flanagan	Ballymena & Antrim	11.35	-1.3	
2005	David Declan Gibbons	Clonliffe Harriers	11.41	-0.1	
2006	Gerard O'Reilly	Shercock	10.97		
2007	Christopher Russell	Ferrybank	10.89	0.9	
2008	James O'Connor	St. Michael's Enniskillen	11.2H	0.0	
2009	Paul Whelan	Dublin Striders	11.03	2.1	
2010					
2011	Keith Pike	Clonliffe Harriers	11.32		
2012	Greg O'Shea	Dooneen	11.08		
2013	Dean Power	Tullamore Harriers	11.09		
2014	Conor Duggan	Craughwell	11.27		
2015	Ben Fisher	City of Lisburn	10.91	3.4	
2016	Danny Browne	Finn Valley	11.25	-0.8	
2017	Joseph Finnegan-Murphy	Dublin Striders	10.98	-0.1	
2018	**Colin Doyle**	**Leevale**	**10.81**	**2.1**	**CR**
2019	Israel Olatunde	Dundealgan	11.09	-1.8	

200m U18 Boys

1921	A Wade	Clonliffe Harriers	26.3	Youth	IAAA/GAA
1922	JJ McLoughlin	RAFC	25.0	Youth	NACAI
1923	JD Grant	University College Dublin	26.2	Youth	NACAI
1924	H Sweeney	Donore Harriers	26.6	Youth	NACAI
1925	Clarke	Clonliffe Harriers	25.4	Youth	NACAI
1926	LD Cullen	Clonliffe Harriers	25.2	Youth	NACAI
1927	S O'Rahilly	Tipperary	25.6	Youth	NACAI
1928	EP Shortt	Limerick	24.6	Youth	NACAI
1929 - 1936 Not held				Youth	NACAI
1937	J McCarthy	Limerick	24.4	Youth	NACAI
1938	JC Holohan	University College Dublin	24.8	Youth	NACAI
1938	JC Mittens	Donore Harriers	25.3	Youth	AAUE
1939	W O'Malley	Civil Service Harriers	25.1	Youth	AAUE
1939	PJ Martin	Metropolitan Harriers	23.2	Youth	NACAI
1940	Jim C Conway	Civil Service Harriers	23.9	Youth	AAUE
1940	L Bursey	Inchicore	24.2	Youth	NACAI
1941	John Arthur "Jack" Gregory	Civil Service Harriers	23.8	Youth	AAUE
1941	PN O'Mahoney	University College Cork	23.8 (200	Youth	NACAI
1941	M Cahill	Charleville	24.0	Youth	NACAI
1942	Donal Flanagan	St. James Gate	24.0	Youth	NACAI
1942	WH Miller	Royal Belfast Academical Institution	23.8	Youth	IAAB
1943	Joe Kelly	Farranferris	23.8	Youth	NACAI
1943	JV McGregor	Royal Belfast Academical Institution	NT	Youth	IAAB
1943	N de Chenu	Civil Service Harriers	23.4	Youth	AAUE

1944	James Patrick "Jimmy" Reardon	Donore Harriers	23.0	Youth	AAUE
1944	D Shanahan	Roscrea College	24.8	Youth	NACAI
1944	AH Jephson	Dublin University Harriers	23.4	Youth	IAAB
1945	Paul Dolan	Clonliffe Harriers	23.5	Youth	AAUE
1945	B O'Riordan	Blarney	NT	Youth	NACAI
1945	Paul Dolan	Clonliffe Harriers	23.8	Youth	IAAB
1946	Louis Crowe	Clonliffe Harriers	24.0	Youth	AAUE
1946	MF Lane	University College Cork	23.8	Youth	NACAI
1946	Louis Crowe	Clonliffe Harriers	24.1	Youth	IAAB
1947	HF Hayes	St. Andrew's College	24.9	Youth	AAUE
1947	GA Walsh	University College Galway	23.0	Youth	NACAI
1947	E Sloan	Ballymena Academy	24.6	Youth	IAAB
1948	BT Shankey	Dublin University Harriers	23.4	Youth	AAUE
1948	Ronnie Plant	Ballyconnell	23.2	Youth	NACAI
1948	BT Shankey	Dublin University Harriers	24.0	Youth	IAAB
1949	AJ Cook	St. Columbas College	23.8	Youth	AAUE
1949	G Geary	Limerick	23.4	Youth	NACAI
1949	AJ Cook	St. Columbas College	23.2	Youth	IAAB
1950	John F Winters	Crusaders	23.2	Youth	IAAB
1950	J McCann	St. Mary's CBS	NT	Youth	AAUE
1950	J O'Donovan	University College Cork	24.1	Youth	NACAI
1951	JA "Lexie" Tynan	Civil Service Harriers	23.2	Youth	IAAB
1951	Harry McCauley	Corrigan, Belfast	23.7	Youth	NACAI
1952	AM Kavanagh	St. Mary's College Crosby & Waterloo	NT	Youth	AAUE
1952	TJ O'Mahoney	University College Dublin	23.0	Youth	NACAI
1952	P Burne	Albert Foundry, Belfast	24.6	Youth	IAAB
1953	MJ Kelly	Donore Harriers	22.8	Youth	AAUE
1953	Owen Dalton	University College Dublin	23.4	Youth	NACAI
1953	MJ Kelly	Donore Harriers	24.0	Youth	IAAB
1954	Patrick L "Paddy" Lowry	Civil Service Harriers	23.0	Youth	AAUE
1954	R Kernan	Dun Dealgan	23.4	Youth	NACAI
1954	Patrick L "Paddy" Lowry	Civil Service Harriers	24.0	Youth	IAAB
1955	Brian Fennessy	Clonmel	23.9	Youth	NACAI
1955	DE Duke	Crusaders	23.8	Youth	AAUE
1955	M Ferran	Short & Harland, Belfast	24.6	Youth	IAAB
1956	JP Tabbush	St. Columbas College	NT	Youth	AAUE
1956	JC McShane	Dun Dealgan	24.0	Youth	NACAI
1956	JP Tabbush	St. Columbas College	23.00	Youth	IAAB
1957	Jimmy Linnane	Crusaders	24.0	Youth	AAUE
1957	Gerry McShane	Dun Dealgan	23.4	Youth	NACAI
1957	KN Quinn	Ulsterville	24.2	Youth	IAAB
1958	Jimmy Linnane	Crusaders	22.6	Youth	AAUE
1958	Cadet A Murphy	Dun Dealgan	23.2	Youth	NACAI
1958	A McCarthy	Clonliffe Harriers	23.0	Youth	IAAB
1959	Jimmy Linnane	Crusaders	22.8	Youth	AAUE
1959	Jimmy Linnane	Crusaders	22.7	Youth	IAAB
1960	P McConnell	Crusaders	23.4	Youth	AAUE
1960	L McAleer	Donore Harriers	23.0	Youth	IAAB
1961	Eddie Coleman	Terenure College	22.9	Youth	AAUE
1962	Eddie Coleman	Terenure College	23.1	Youth	AAUE
1962	RG Donald	Bangor	25.2	Boys	IAAB
1963	D Rees	St. Andrew's College	22.8	Youth	AAUE
1963	J Thornton	Unattached	25.0	Boys	IAAB
1964	A Kron	Crusaders	23.8	Youth	AAUE
1964	D Kirwan	Clonliffe Harriers	24.8	Boys	IAAB
1965	W Anderson	Ballymena Academy	23.5	Youth	IAAB
1965	B Whitney	Terenure College	23.4	Youth	AAUE
1966	Eamonn O'Keeffe	Avondale	24.0	Youth	AAUE
1967-1970 Not held					
1971	Gerry Flannery	Metro	23.2	Youth	BLE
1972	D Carroll	Kilkenny City Harriers	23.1	Youth	BLE
1973	Paul Oppermann	Metro	23.3	Youth	BLE
1974	Dermot Browne	Marcab	22.7	Youth	BLE
1975-1993 Not held					
1994	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	22.02		
1995	Darren Hough	Corran	22.62		
1996	Brian Cullinane	Nenagh Olympic	22.26		
1997	Paul Oppermann	Dundrum South Dublin	22.5H		
1998	Gavin Norris	St. Columb's	22.3H		
1999	Jer O'Donoghue	Leevale	22.16	2.3	
2000	Karl Kennedy	Kilmore Raheny	22.80		
2001	Paul Hession	Athenry	24.4	-1.3	
2002	John Laffey	Clonliffe Harriers	22.84	-1.2	

2003	Thomas Coughlan	Tullamore Harriers	22.58	0.4	
2004	Carl McNamara	Leevale	22.89	-1.4	
2005	Mark Morgan	Cushinstown	23.14	0.4	
2006	Gerard O'Reilly	Shercock	22.40		
2007	Craig Lynch	Shercock	22.65		
2008	Dara Kervick	Carrick-on-Suir	22.64	1.5	
2009	Mark Kavanagh	Dundrum South Dublin	22.88	-1.4	
2010	**Patrick O'Connor**	**Clonliffe Harriers**	**22.08**	**-1.5**	**CR**
2011	Eammon Wallace	Ratoath	22.53		
2012	Marcus Lawler	St. Laurence O'Toole	22.15		
2013	Paul Murphy	Ferrybank	22.45		
2014	Sean Lawlor	Donore Harriers	22.46		
2015	Cillin Greene	Galway City Harriers	21.88	2.4	
2016	Jack Dempsey	Galway City Harriers	22.17	1.8	
2017	Joseph Finnegan-Murphy	Dublin Striders	22.38	-1.5	
2018	Ryan O'Leary	Leevale	22.68	0.4	
2019	Dior Lawlal	Dooneen	22.59	-1.7	

400m U18 Boys

1921	JR Cowle	Clonliffe Harriers	61.0	Youth	IAAA/GAA
1922	JR Cowle	Clonliffe Harriers	56.0	Youths	NACAI
1923	H Delaney	Dublin City Harriers	56.2	Youths	NACAI
1924	J Dowse	Clonliffe Harriers	57.8	Youths	NACAI
1925	H Sweeney	Donore Harriers	60.4	Youths	NACAI
1926	PT Ellis	Clonliffe Harriers	56.2	Youths	NACAI
1927	D Gibney	Navan	56.2	Youths	NACAI
1928	HR Davies	Clonliffe Harriers	56.0	Youths	NACAI
1929 - 1936 Not held				Youths	NACAI
1937	JR Thornton	Synge Street CBS	55.2	Youths	NACAI
1938	D Flanagan	Phoenix	55.0	Youths	NACAI
1939	J McLoughlin	Dublin City Harriers	55.4	Youths	NACAI
1940	M Waters	Inchicore	53.4	Youths	NACAI
1941	P Mullen	Ballina	55.0	Youths	NACAI
1942	W Tyrrell	University College Dublin	53.8	Youths	NACAI
1943	EJ O'Driscoll	Farranferris	55.0	Youths	NACAI
1944	EJ O'Driscoll	University College Cork	55.2	Youths	NACAI
1945	JC Donovan	Cobh		Youths	NACAI
1946	JA Appleby	Dublin City Harriers	52.2	Youths	NACAI
1947	S Dobbyn	Ballincollig	52.6	Youths	NACAI
1948	D Nolan	Phoenix	53.2	Youths	NACAI
1949	B King	Portarlington	54.0	Youths	NACAI
1950	P McCarville	University College Dublin	53.8	Youths	NACAI
1951	Tom Kavanagh	University College Cork	52.4	Youths	NACAI
1952	B Bowers	University College Dublin	53.1	Youths	NACAI
1953	B Bowers	University College Dublin	53.0	Youths	NACAI
1954	Ted Foley	Civil Service Harriers	54.1	Youths	NACAI
1955	Paddy Byrne	Millstreet	53.5	Youths	NACAI
1956	Jimmy O'Neill	University College Dublin	54.0	Youths	NACAI
1957	Jimmy O'Neill	University College Dublin	51.6	Youths	NACAI
1958	S O'Connor	Phoenix	51.8	Youths	NACAI
1959					
1960	Noel Carroll	Civil Service Harriers	51.0	Youth	IAAB
1961					
1962	Frank Murphy	Clonliffe Harriers	55.2	Boys	IAAB
1963	D Alexander	Sullivan Upper	62.0	Boys	IAAB
1964	R McClelland	Boys Model Secondary School	57.6	Boys	IAAB
1965	I Adams	Portora	53.0	Youth	IAAB
1966	J Kidd	Royal School Armagh	55.0	Boys	IAAB
1967-1970 Not held					
1971	Malachy Stephens	Mayo Abbey	50.5	Youths	BLE
1972	Tim Crowe	Marian	50.8	Youths	BLE
1973	Padraig Jordan	Castlebar	52.1	Youths	BLE
1974	Padraig Jordan	Mayo United	50.1	Youths	BLE
1975-1993 Not held					
1994	Alan Barry	Kilkenny City Harriers	52.38		
1995	Brian Liddy	Marian	49.45		
1996	Brian Cullinane	Nenagh Olympic	50.34		
1997	Tomas Coman	Moycarkey	49.7H		
1998	Damien Hunt	Ferbane	50.29		
1999	Tony Lilley	Togher	50.90		

2000	Barry O'Brien	Leevale	52.57		
2001	David Gillick	Dundrum South Dublin	49.9H		
2002	Cathal Hannon	Ballyskenach	50.61		
2003	Kevin McCloy	Mid Ulster	51.21		
2004	Michael Dillon	Lios Tuathail	51.56		
2005	Mark Morgan	Cushinstown	50.89		
2006	Brian Gregan	Tallaght	51.01		
2007	Cathal Owens	Leevale	50.58		
2008	James O'Connor	St. Michael's Enniskillen	54.26		
2009	David MacAogain	St. Paul's	50.29		
2010	Joseph Dowling	Dundrum South Dublin	49.70		
2011	Ben Kiely	Ferrybank	50.81		
2012	Kieran Elliott	North Sligo	50.11		
2013	Paul Murphy	Ferrybank	49.10		
2014	Scott Gibson	Bandon	49.19		
2015	**Christopher O'Donnell**	**North Sligo**	**48.70**		**CR**
2016	Jamie Mitchell	Emerald	49.55		
2017	Tony Odubote	Ennis Track	49.63		
2018	Cormac O'Rourke	Lagan Valley	50.73		
2019	Robert McDonnell	Galway City Harriers	49.9		

800m U18 Boys

1921	RF Leitch	Avoca School	2.21.8	Youth	IAAA/GAA
1922	RF Leitch	Avoca School	2.15.0	Youths	NACAI
1923	J Dowse	Clonliffe Harriers	2.12.4	Youths	NACAI
1924	J Dowse	Clonliffe Harriers	2.12.8	Youths	NACAI
1925	MJ O'Sullivan	Waterford Cycling & AC	2.16.4	Youths	NACAI
1926				Youths	NACAI
1927	PJ Cusack	City & Suburban Harriers	2.15.6	Youths	NACAI
1928	D Ryan	City & Suburban Harriers	2.11.2	Youths	NACAI
1929 - 1936 Not held				Youths	NACAI
1937	T Healy	Coolcroo	2.09.8	Youths	NACAI
1938	G Matthews	West Belfast Harriers	2.08.0	Youths	NACAI
1938	G Lyle Sterling	City & Suburban Harriers	2.15.6	Youths	AAUE
1939	P Lynch	Hospitals Trust	2.19.0	Youths	AAUE
1939	E Lynch	Phoenix Harriers	2.07.4	Youths	NACAI
1940	R Walker	Clonliffe Harriers	2.08.0	Youths	AAUE
1940	Cecil Brusey	Inchicore	2.06.2	Youths	NACAI
1941	J Lockhart	City & Suburban Harriers	2.08.0	Youths	AAUE
1941	M Moloney	Charleville	2.05.9	Youths	NACAI
1942	M Moloney	Charleville	2.05.8	Youths	NACAI
1942	R Murphy	Civil Service Harriers	2.11.5	Youths	IAAB
1943	M Moloney	Charleville & Ist Brigade	2.11.6	Youths	NACAI
1943	AG Loughlin	St. Andrew's College	2.14.2	Youths	AAUE
1943	AND Bradford	Queens University Belfast	NT	Youths	IAAB
1944	J McGuigan	Clonliffe Harriers	2.12.5	Youths	AAUE
1944	PJ Walker	Dublin	2.06.4	Youths	NACAI
1944	J McGuigan	Clonliffe Harriers	2.10.0	Youths	IAAB
1945	EF Maguire	Crusaders	2.09.6	Youths	AAUE
1945	T Collins	School of Commerce	NT	Youths	NACAI
1945	JA Nelson	Queens University Belfast	2.06.0	Youths	IAAB
1946	T Rooney	Crusaders	2.08.4	Youths	AAUE
1946	JJ Kelly	Phoenix Harriers	2.02.1	Youths	NACAI
1946	B Jennings	Donore Harriers	2.05.2	Youths	IAAB
1947	TF O'Reilly	Crusaders	2.14.4	Youths	AAUE
1947	JJ Kelly	Phoenix Harriers	1.57.6	Youths	NACAI
1947	Alan Kerr	Royal Belfast Academical Institution	2.09.4	Youths	IAAB
1948	DG Hannon	St. Columba's College	2.07.4	Youths	AAUE
1948	Peter Fitzgerald	University College Dublin	2.06.4	Youths	NACAI
1948	John F Winters	CBS Dun Laoghaire	2.08.0	Youths	IAAB
1949	T Sullivan	Celtic	2.06.2	Youths	NACAI
1949	John F Winters	CBS Dun Laoghaire	2.11.7	Youths	AAUE
1949	John F Winters	CBS Dun Laoghaire	2.02.1	Youths	AAUE
1950	John F Winters	Crusaders	2.01.4	Youths	IAAB
1950	T Sullivan	Celtic	2.08.0	Youths	NACAI
1951	P Byrne	Metro	2.08.6	Youths	NACAI
1951	W Monaghan	Methodist College Belfast	2.08.2	Youths	IAAB
1952	Niall McCarville	Phoenix Harriers	2.04.3	Youths	NACAI
1952	Ronald Michael "Ronnie" Delany	Crusaders	2.04.4	Youths	AAUE
1952	Ronald Michael "Ronnie" Delany	Crusaders	2.04.0	Youths	IAAB
1953	Ronald Michael "Ronnie" Delany	Crusaders	2.08.5	Youths	NACAI

1953	E Flanagan	University College Dublin	2.02.0	Youths	NACAI
1953	NA Heany	Dundonald	2.04.9	Youths	IAAB
1954	Jimmy O'Neill	Crusaders	2.06.7	Youths	AAUE
1954	G Smyth	Kilkenny City Harriers	2.06.9	Youths	NACAI
1954	Jimmy O'Neill	Crusaders	2.16.4	Youths	IAAB
1955	Dominic Gillen	South Dublin Harriers	2.00.0	Youths	NACAI
1955	Noel Jenkins	Clonliffe Harriers	2.04.6	Youths	AAUE
1955	Jimmy O'Neill	Crusaders	2.07.3	Youths	IAAB
1956	Paul Wallace	Civil Service Harriers	NT	Youths	AAUE
1956	Jimmy O'Neill	University College Dublin	1.58.0	Youths	NACAI
1956	CN Magee	9th Old Boys	2.00.1	Youths	IAAB
1957	Terry Jones	Donore Harriers	2.10.0	Youths	AAUE
1957	Jimmy O'Neill	University College Dublin	2.00.0	Youths	NACAI
1957	P Twoomey	Clonliffe Harriers	2.04.2	Youths	IAAB
1958	Terry Jones	Donore Harriers	1.58.8	Youths	AAUE
1958	PJ O'Sullivan	Regional AC, Limerick	1.58.8	Youths	NACAI
1958	Terry Jones	Donore Harriers	2.0	Youths	IAAB
1959	Noel Carroll	Civil Service Harriers	2.08.0	Youths	AAUE
1959	Noel Carroll	Civil Service Harriers	2.01.8	Youths	IAAB
1960	Noel Carroll	Civil Service Harriers	1.55.7	Youths	AAUE
1960	Noel Carroll	Civil Service Harriers	1.54.6	Youths	IAAB
1961	R Burke	Clonliffe Harriers	2.03.0	Youths	AAUE
1962	J Blunden	Donore Harriers	2.04.0	Youths	AAUE
1962	Frank Murphy	Clonliffe Harriers	2.06.8	Youths	IAAB
1963	Frank Murphy	Clonliffe Harriers	1.57.8	Youths	AAUE
1963	S Mulligan	Avondale	2.17.9	Boys	IAAB
1964	Frank Murphy	Clonliffe Harriers	1.59.3	Youths	AAUE
1964	B Hennebry	De la Salle Churchtown	2.13.0	Boys	IAAB
1965	J Callow	Friends School Lisburn	2.09.2	Youths	IAAB
1965	Paul Donnelly	Donore Harriers	2.12.2	Youths	AAUE
1966	Eamonn O'Keeffe	Avondale	2.02.8	Youths	AAUE
1966	J Curran	St. Malachy's Belfast	2.11.2	Boys	IAAB
1967-1970	**Not held**				
1971	Robert Norwood	Kilkenny City Harriers	1.57.5	Youths	BLE
1972	Derek Reilly	Clonliffe Harriers	2.02.1	Youths	BLE
1973	Niall O'Shaughnessy	Limerick	1.56.2	Youths	BLE
1974	Noel Murphy	Kilkenny City Harriers	1.59.2	Youths	BLE
1975-1993	**Not held**				
1994	Oisin Crowley	Leevale	1.57.54		
1995	Kevin Walker	Newbridge	1.55.96		
1996	Graham O'Dwyer	Leevale	1.58.98		
1997	Denis Murphy	Glounthaune	1.54.76		
1998	Michael Wilcox	Kells	1.56.08		
1999	Shane O'Shaughnessy	Togher	1.56.9H		
2000	David Kelly	Dundrum South Dublin	1.58.35		
2001	Liam Reale	Limerick	1.53.17		
2002	Dan Mulhare	North Laois	2.00.18		
2003	Colin Costello	Star of the Sea	1.55.8H		
2004	Steven Morrow	Ballymena & Antrim	1.59.35		
2005	Brian Markham	Ennis Track	1.55.63		
2006	Niall Tuohy	Ferrybank	1.56.59		
2007	Eoin McDonnell	Clonliffe Harriers	1.57.17		
2008	Mark Patterson	North Down	1.56.02		
2009	Cathal O'Connor	Dooneen	1.58.54		
2010	Dean Cronin	Blarney Inniscara	1.59.13		
2011	Ian Hartnett	Togher	1.59.26		
2012	Robert Tully	Star of the Sea	1.54.26		
2013	Harry Purcell	Trim	1.53.18		
2014	William Crowe	North Sligo	1.56.88		
2015	Louis O'Loughlin	Tallaght	2.04.9		
2016	Darragh Finn	Celtic Dublin City Harriers	2.01.01		
2017	Craig Giles	Clonliffe Harriers	1.56.61		
2018	**Louis O'Loughlin**	**Donore Harriers**	**1.52.13**		**CR**
2019	Aaron Shorten	St. Laurence O'Toole	1.54.17		

1500m U18 Boys

1921	RD Stephens	High School	5.12.0	Youth	IAAA/GAA
1922	EJ Doyle	Belvedere College	5.28.4	Youths	NACAI
1923	BJ Keane	Kevins AC	5.32.0	Youths	NACAI
1924	PJ Gibbons	Army AC	4.55.2	Youths	NACAI

1925	JP Gregory	Donore Harriers	5.14.0	Youths	NACAI
1926	SI Ewart	Ulsterville Harriers	4.55.8	Youths	NACAI
1927	PH McEvoy	City & Suburban Harriers	4.54.0	Youths	NACAI
1928	D Ryan	Dublin City Harriers	4.44.6	Youths	NACAI
1929 - 1936 Not held					
1937	A O'Malley	Westport	4.49.8	Youths	NACAI
1938	G Matthews	West Belfast Harriers	5.04.8	Youths	NACAI
1939	A O'Malley	Westport	4.42.0	Youths	NACAI
1940	Ed Lynch	Phoenix Harriers	4.40.4	Youths	NACAI
1941	Not held			Youths	AAUE
1941	M Moloney	Charleville	4.40.6	Youths	NACAI
1942	M Moloney	Charleville	4.35.8	Youths	NACAI
1943	M Moloney	Charleville & 1st Brigade	4.41.0	Youths	NACAI
1944	Not held			Youths	AAUE
1944	PJ Walker	Dublin	4.53.4	Youths	NACAI
1945	A Geraghty	Civil Service Harriers	5.06.4	Youths	AAUE
1945	JC Rafter	Freshford	NT	Youths	NACAI
1946	B Jennings	Donore Harriers	5.03.2	Youths	AAUE
1947	Patsy Fitzgerald	Coolcroo	5.04.9	Youths	AAUE
1947	JJ Kelly	Phoenix Harriers	4.33.2	Youths	NACAI
1948	JH Stanley	Clonliffe Harriers	4.48.2	Youths	AAUE
1948	S Grant	Carlow	4.47.4	Youths	NACAI
1949	L Conway	Donore Harriers	4.55.2	Youths	AAUE
1949	S Doyle	Celtic	4.42.8	Youths	NACAI
1949	A O'Neill	Collegians	4.40.6	Youths	IAAB
1950	J Dougan	Donore Harriers	4.44.9	Youths	AAUE
1950	J Dougan	Donore Harriers	NT	Youths	IAAB
1950	J Hodgins	Blackrock	4.47.8	Youths	NACAI
1951	F Glennon	Donore Harriers	4.46.9	Youths	AAUE
1951	M Ryan	Metro	4.39.0	Youths	NACAI
1951	J Ardill	Dundonald	4.47.8	Youths	IAAB
1952	KE Dexter	Crusaders	4.41.0	Youths	AAUE
1952	M Ryan	Metro	4.31.0	Youths	NACAI
1952	WC Monaghan	Methodist College Belfast	4.42.9	Youths	IAAB
1953	DIR Watt	St. Columba's College	4.37.9	Youths	AAUE
1953	J Keating	St. James Gate	4.29.0	Youths	NACAI
1953	WE Jobb	Royal Belfast Academical Institute	4.36.1	Youths	IAAB
1954	JB O'Brien	Donore Harriers	4.46.1	Youths	AAUE
1954	Terry O'Connor	Dublin City Harriers	4.33.9	Youths	NACAI
1954	JB O'Brien	Donore Harriers	4.50.6	Youths	IAAB
1955	Terry O'Connor	Dublin City Harriers	4.31.0	Youths	NACAI
1955	Noel Jenkins	Clonliffe Harriers	4.37.9	Youths	AAUE
1955	Noel Jenkins	Clonliffe Harriers	4.44.2	Youths	IAAB
1956	J Kelly	Civil Service Harriers	NT	Youths	AAUE
1956	Terry O'Connor	Dublin City Harriers	4.30.0	Youths	NACAI
1956	J Kelly	Civil Service Harriers	4.38.4	Youths	IAAB
1957	Michael Hoey	Clonliffe Harriers	4.38.3	Youths	AAUE
1957	Tom O'Riordan	Kerins O'Rahilly, Tralee	4.31.0	Youths	NACAI
1957	Michael Hoey	Clonliffe Harriers	4.34.0	Youths	IAAB
1958	Terry Jones	Donore Harriers	4.42.5	Youths	AAUE
1958	PJ O'Sullivan	Regional AC, Limerick	4.29.9	Youths	NACAI
1958	Harry Simpson	9th Old Boys, Belfast	4.34.8	Youths	IAAB
1959	Noel Carroll	Civil Service Harriers	4.40.3	Youths	AAUE
1959	Derek Graham	9th Old Boys, Belfast	4.28.2	Youths	IAAB
1960	T Shannon	Civil Service Harriers	4.40.0	Youths	AAUE
1960	Alex McGavock	North Belfast Harriers	4.22.0	Youths	IAAB
1961	R Burke	Clonliffe Harriers	4.35.5	Youths	AAUE
1962	J Blunden	Donore Harriers	4.33.0	Youths	AAUE
1963	Paud Lavelle	Crusaders	4.34.0	Youths	AAUE
1964	Frank Murphy	Clonliffe Harriers	4.19.0	Youths	AAUE
1965	Malcolm Edger	Royal Belfast Academical Institute	4.42.8	Youths	IAAB
1966	John Naughton	Donore Harriers	4.37.2	Youths	AAUE
1967-1970 Not held					
1971	Jerry Kiernan	Listowel	NT	Youths	BLE
1972	Derek Reilly	Clonliffe Harriers	4.05.5	Youths	BLE
1973	Tom Aspel	De La Salle Waterford	4.00.2	Youths	BLE
1974	Eddie Hartnett	Grange	4.06.5	Youths	BLE
1975-1993 Not held					
1994	Oisin Crowley	Leevale	3:57.6H		
1995	Andrew Walker	Newbridge	3.56.53		
1996	Graham O'Dwyer	Leevale	4.01.81		
1997	Enda Johnson	Monaghan Phoenix	3.55.82		
1998	Joe Hendry	St. Malachy's			

1999	Mark Kennelly	Kilmore Raheny	3.59.86		
2000	**Sean Connolly**	**Tallaght**	**3.59.02**		**CR**
2001	Colm Rooney	Clonliffe Harriers	4.04.95		
2002	Mark Christie	Mullingar Harriers	4.00.65		
2003	Colin Costello	Star of the Sea	4.00.88		
2004	Daire Bermingham	Raheny Shamrock	4.09.89		
2005	Brian Markham	Ennis Track	4.05.83		
2006	Gavin Downey	Ferrybank	4.04.68		
2007	Sean Kelly	Fingallians	4.04.88		
2008	Paul Robinson	St. Coca's	4.00.86		
2009	Cathal O'Connor	Dooneen	4.07.23		
2010	Robert Yorke	Mullingar Harriers	4.11.93		
2011	Ian Hartnett	Togher	4.11.32		
2012	Robert Tully	Star of the Sea	4.07.44		
2013	Andrew Coscoran	Star of the Sea	4.02.86		
2014	Cian McBride	North Sligo	4.01.15		
2015	Fearghal Curtin	Youghal	4.01.73		
2016	Robert Crowley	St. Laurence O'Toole	4.02.07		
2017	James Maguire	Dundrum South Dublin	4.03.07		
2018	James Dunne	Tullamore Harriers	4.07.10		
2019	Michael Morgan	Sligo	4.08.83		

3000m U18 Boys

1971	Dessie O'Connor	Tipperary	9.20.4	Youths	BLE
1972	Dessie O'Connor	Tipperary	8.50.2	Youths	BLE
1973	Ray Treacy	St. Nicholas, Ring	8.35.8	Youths	BLE
1974	**John Treacy**	**St. Nicholas, Ring**	**8.35.4**	**Youths**	**CR**
1975-1993	**Not held**				
1994					
1995	Gary Hynes	Metro	NT		
1996	Barry Heron	Finn Valley	8.48.84		
1997	Gary Thornton	Galway City Harriers	8.56.53		
1998	Ronan Crowley	Leevale	8.48.73		
1999	Mark Kenneally	Kilmore Raheny	8.48.73		
2000	Sean Connolly	Tallaght	8.35.82		
2001	Martin Fagan	Mullingar Harriers	8.51.83		
2002	James McCarthy	Riverstick/Kinsale	8.42.38		
2003	Richard Yeates	Raheny Shamrock	9.04.01		
2004	Eoin McCormack	Dundrum South Dublin	9.02.91		
2005	Michael Maher	Ennis Track	9.05.10		
2006	Robert Corbally	Dundrum South Dublin	9.07.42		
2007	David Fitzmaurice	Clonliffe Harriers	8.52.81		
2008	Liam Trimble	Metro St. Brigid's	8.49.96		
2009	Liam Brady	Tullamore Harriers	9.11.92		
2010	Stephen Attride	St. Abban's	8.51.00		
2011					
2012	Aaron Hanlon	Clonliffe Harriers	8.40.59		
2013	Andrew Coscoran	Star of the Sea	8.49.20		
2014	Jack O'Leary	Mullingar Harriers	8.43.19		
2015	Shane Hughes	Mullingar Harriers	8.39.65		
2016	Fintan Stewart	City of Derry Spartans	8.50.79		
2017	Keelan Kilrehill	Moy Valley	9.00.76		
2018	Shay McEvoy	Kilkenny City Harriers	8.51.27		
2019	John Fanning	Skerries	9.05.61		

2000m Steeplechase U18 Boys

1971	A Nevin	Phoenix	6.29.0	Youths	BLE
1972	Liam O'Brien	Midleton	6.07.4	Youths	BLE
1973	Liam O'Brien	Midleton	NT	Youths	BLE
Discontinued					

110m Hurdles U18 Boys (0.914)

1939	WJ Dillon	University College Dublin	14.0	Youth	NACAI
1940	WJ Phelan	University College Cork	13.8	Youth	NACAI
1941					
1942					
1943	G Lillis	Roscrea College	13.4	Youth	NACAI

1944	J Rice	Roscrea College	14.4	Youth	NACAI
1945	C Murphy	St Colmans, Fermoy	NT	Youth	NACAI
1946	D Dennehy	University College Cork	16.6	Youth	NACAI
1947	D Dennehy	Carlow	16.0	Youth	NACAI
1948	T Kelly	Clongowes College	16.0	Youth	NACAI
1949	S Murphy	University College Galway	15.8	Youth	NACAI
1950	JW Coleman	St. James Gate	16.8	Youth	NACAI
1951	Eamon Kinsella	St. James Gate	15.2	Youth	NACAI
1952	L Moloney	Roscrea	15.0	Youth	NACAI
1953	L Moloney	Roscrea	15.5	Youth	NACAI
1954	L Moloney	University College Dublin	15.3	Youth	NACAI
1955	E Brennan	St. Malachy's Belfast	16.4	Youth	NACAI
1956	S Murphy	Rockwell College	17.2	Youth	NACAI
1957	S Murphy	University College Dublin	16.0	Youth	NACAI
1958	Mick Lanigan	Kilkenny City Harriers	15.3	Youth	NACAI
1962	J O'Brien	Gormanston College	11.2	Boys	IAAB
1963	D Duffy	De la Salle Churchtown	12.1	Boys	IAAB
1964	Rodney Hecksher	CBC Monkstown	11.4	Boys	IAAB
1965	S Blake-Knox	Campbell College Belfast	14.8	Youth	IAAB
1966	Brian Malley	Lurgan College	11.2	Boys	IAAB
1967-1970 Not held					
1971	Brendan Curtin	Blackrock Dublin	15.9	Youths	BLE
1972	Brendan Curtin	University College Dublin	15.0	Youths	BLE
1973	Hugh Campbell	Ballyhaunis	14.9	Youths	BLE
1974	Frank Doherty	Crusaders	16.1	Youths	BLE
1975-1993 Not held					
1994	Melvyn McNamara	Limerick	15.37		
1995	Colm Farry	Corran	16.24		
1996	Trevor McGlynn	Strabane	14.51		
1997	Paul O'Shea	Kilmallock	15.25		
1998	Brendan Bourke	Kilmallock	14.66	1.1	
1999	Christopher McDermott	Roscommon	14.7H		
2000	Paul Tohill	Mid Ulster	15.43		
2001	Paul Howard	Dundrum South Dublin	15.7H		
2002	Maurice Donoghue	Carrick-on-Suir	15.04	2.4	
2003	Peter Shallow	Tralee Harriers	14.71	4.0	
2004	Patrick Kennedy	Border Ramblers	16.17	-2.0	
2005	Gerard O'Donnell	Carrick-on-Shannon	14.94	-2.1	
2006	Eoin Hannon	Tullamore Harriers	14.73		
2007	Conor McCrossan	Lucan Harriers	15.54	0.3	
2008	Ian Durkin	Claremorris	15.0H		
2009	Edmond O'Halloran	Leevale	14.48	1.5	
2010	Clarence Kennedy	St. Brendan's	14.96	-2.5	
2011					
2012	Andrew Creamer	Annalee	15.18		
2013	Garbhan McKenna	Shercock	14.36		
2014	Jason Foley	Lios Tuathail	14.78		
2015	Jack Murphy	Leevale	14.47	-0.3	
2016	Shane Mooney	Tireragh	14.94	2.0	
2017	**Shane Monagle**	**Tramore**	**14.18**	**-1.5**	**CR**
2018	Joseph McEvoy	Nenagh Olympic	14.75	0.0	
2019	Darra Casey	Bree	14.01	-1.2	

400m Hurdles U18 Boys (0.84/2'9)

1971	Derek Reilly	Clonliffe Harriers	59.7	Youths	BLE
1972	Tim Crowe	Marian	57.9	Youths	BLE
1973	S Doherty	Crusaders	58.4	Youths	BLE
1974	John Hunter	Leevale	57.4	Youths	BLE
1975-1994 Not held					
1994	Melvyn McNamara	Limerick	58.34		
1995	Brian Liddy	Marian	56.70		
1996	Trevor McGlynn	Strabane	55.65		
1997	Colin Byrne	St. Abban's	55.34		
1998	Alan Ward	Tallaght	56.9H		
1999	Ian Monahan	Celbridge	56.13		
2000	E O'Donnell	Dungarvan	60.46		
2001	David Gillick	Dundrum South Dublin	56.04		
2002	Cathal Hannon	Ballyskenach	57.24		
2003	Jamie Quane	Kilkenny City Harriers	56.88		
2004	Patrick O'Donnell	Olympian	59.22		

2005	Gerard O'Donnell	Carrick-on-Shannon	56.91		
2006	John Fagan	Kilkenny City Harriers	57.89		
2007	Alan Corcoran	Ferrybank	57.34		
2008	Christopher Murnane	Leevale	57.43		
2009	Patrick Maher	Leevale	54.85		
2010	Sean Gill	Claremorris	58.02		
2011	**Ben Kiely**	**Ferrybank**	**53.2**		**CR**
2012	Evan McGuire	Galway City Harriers	55.11		
2013	Mark Rogers	St. Peter's Dromiskin	55.71		
2014	Michael Quilligan	Nenagh Olympic	55.75		
2015	Ciaran Barnes	City of Lisburn	55.10		
2016	Diarmuid Clancy	Abbey Striders	57.65		
2017	Jack Mitchell	St. Laurence O'Toole	54.47		
2018	Brian Lynch	Old Abbey	57.98		
2019	Alan Miley	St. Laurence O'Toole	56.38		

5000m Walk U18 Boys

1995	Joe Ryan	Mullingar Harriers	21:45.7H		
1996	Robert Heffernan	Togher	23:33.7H		
1997	Brendan Byrne	Bree	24:06.6H		
1998	David Kidd	St. Laurence O'Toole	22:42.4H		
1999	Jonathan Dever	Firhouse	28:20.68		
2000	Colin Griffin	Ballinamore	21.55.13		
2001	Ronan Griffin	Ballinamore	23:43.89		
2002	James Dalton	Hacketstown	25:03.62		
2003	Patrick Moran	Claremorris	26:31.38		
2004	Peter Muldoon	Shercock	22:57.17		
2005	Martin Manning	St. Joseph's	27:57.34		
2006	Paul Fitzpatrick	Shercock	25:11.68		
2007	Niall Prendiville	Farranfore Maine Valley	25:33.52		
2008	Cian McManamon	Westport	27:32.51		
2009	Joe Conway	West Waterford	24:08.70		
2010	Robert O'Neill	Togher	27:07.90		
2011	Luke Hickey	Leevale	24:35.03		
2012	Evan Lynch	Clonmel	23:01.01		
2013					
2014	Aaron Egan	Clonmel	23:04.08		
2015	Joseph Mooney	Adamstown	23:42.42		
2016	Andrew Carroll	Celbridge	25.24.39		
2017	Gearóid McMahon	Shannon	24.28.97		
2018	Nicky Connolly	Castlecomer	26.16.56		
2019	**Oisin Lane**	**Mullingar Harriers**	**21.38.04**		**CR**

High Jump U18 Boys

1921	TJ Millan	St. Andrews College	1.55	Youths	IAAA/GAA
1922	SJ Halpin	Mountjoy School	1.50	Youths	NACAI
1923	J Bergin	Dublin	1.56	Youths	NACAI
1924	F Deens (tied)	Batterstown	1.45	Youths	NACAI
1924	JJ McNalty (tied)	St. Kevins AC	1.45	Youths	NACAI
1925	LJ Bartley	Blackrock College	1.50	Youths	NACAI
1926	JJ Miggins	St. Finian's College	1.59	Youths	NACAI
1927	JJ Miggins	St. Finian's College	1.52	Youths	NACAI
1928	K Doherty (tied)	St. Finian's College	1.61	Youths	NACAI
1928	JF Maguire (tied)	Croke AC	1.61	Youths	NACAI
1929 - 1936 Not held				Youths	NACAI
1937	Tom Wall	Roscrea College	1.75	Youths	NACAI
1938	Tom Wall	University College Dublin	1.79	Youths	NACAI
1938	CC Myles	Hammond Lane	1.60	Youths	AAUE
1939	A Begley (tied)	Clonliffe Harriers	1.60	Youths	AAUE
1939	GG Moorkens (tied)	City & Suburban Harriers	1.60	Youths	AAUE
1939	JP O'Keeffe	Pembroke Harriers	1.72	Youths	NACAI
1940	MA Boylan	Donore Harriers	1.57	Youths	AAUE
1940	JP O'Keeffe	Civil Service Harriers	1.72	Youths	NACAI
1941	E Baldwin	Civil Service Harriers	1.60	Youths	AAUE
1941	David D Guiney (tied)	Civil Service Harriers	1.65	Youths	NACAI
1941	M Furlong (tied)	Enniscorthy	1.65	Youths	NACAI
1942	M Furlong	Enniscorthy	1.70	Youths	NACAI
1942	E Baldwin	Donore Harriers	1.60	Youths	IAAB

1943	S Collins	Blackrock College	1.67	Youths	NACAI
1943	E Baldwin	Donore Harriers	1.65	Youths	AAUE
1943	E Baldwin	Donore Harriers	ND	Youths	IAAB
1944	MJ Roche	CBS Synge Street	1.55	Youths	AAUE
1944	S Collins	Blackrock College	1.57	Youths	NACAI
1944	MJ Roche	CBS Synge Street	1.55	Youths	IAAB
1945	JAB Athey	King's Hospital	1.60	Youths	AAUE
1945	Sean Collins	Veterinary College	ND	Youths	NACAI
1945	FM Hewitt	Royal Belfast Academical Institution	1.65	Youths	IAAB
1946	Sean Collins	Veterinary College	1.65	Youths	NACAI
1946	GA Hollywood	Mountjoy School	1.70	Youths	AAUE
1946	GA Hollywood	Mountjoy School	1.70	Youths	IAAB
1947	E Rice	Knockbeg College	1.70	Youths	NACAI
1947	Fionnbar Callanan	CBS Synge Street	1.60	Youths	AAUE
1947	RC English	Royal Belfast Academical Institution	1.60	Youths	IAAB
1948	Fionnbar Callanan	CBS Synge Street	1.57	Youths	AAUE
1948	Fionnbar Callanan	CBS Synge Street	1.67	Youths	IAAB
1948	TV McGann	Metropolitan	1.78	Youths	NACAI
1949	Fionnbar Callanan	Crusaders	1.67	Youths	AAUE
1949	Brendan O'Reilly	St. James Gate	1.85	Youths	NACAI
1950	MF Jennings	Glen, Newry	1.75	Youths	NACAI
1950	J Forsyth	Crusaders	1.72	Youths	AAUE
1950	J Forsyth	Crusaders	ND	Youths	IAAB
1951	DW Forsyth	Dublin University Harriers	1.67	Youths	AAUE
1951	E O'Connor	Limerick	1.70	Youths	NACAI
1951	J Teal	North Belfast Harriers	1.67	Youths	IAAB
1952	Frederick Creuss-Callaghan	Crusaders	1.62	Youths	AAUE
1952	JP Furey	St. James Gate	1.70	Youths	NACAI
1952	F O'Gorman	Donore Harriers	1.70	Youths	IAAB
1953	SH Hannigan	Dublin University Harriers	1.65	Youths	AAUE
1953	JP Furey	St, James Gate	1.78	Youths	NACAI
1953	Seamus McKinney	Albert Foundry, Belfast	1.59	Youths	IAAB
1954	D Keegan	Donore Harriers	1.55	Youths	AAUE
1954	Maconn McNamara	University College Galway	1.67	Youths	NACAI
1954	Richard Herron	9th Old Boys, Belfast	1.70	Youths	IAAB
1955	Maconn McNamara	Roravix, Clare	1.78	Youths	NACAI
1955	David Archer	Crusaders	1.65	Youths	AAUE
1955	RE Herron	Willowfield Harriers	1.57	Youths	IAAB
1956	G McNamara	Clonliffe Harriers	1.70	Youths	AAUE
1956	Maconn McNamara	Roravix, Clare	1.67	Youths	NACAI
1956	J Leeson	St. Columba's	1.73	Youths	IAAB
1957	G McNamara	Crusaders	1.61	Youths	AAUE
1957	George Geraghty	Roscommon	1.78	Youths	NACAI
1957	Harry Goodman	St. Malachy's College, Belfast	1.75	Youths	IAAB
1958	J Leeson	Dublin University Harriers	1.88	Youths	AAUE
1958	R Martin	Hilltown, Cork	1.72	Youths	NACAI
1958	E Chambers	Royal Belfast Academical Institution	1.80	Youths	IAAB
1959	J Russell	Thames Valley Harriers UK	1.72	Youths	AAUE
1959	Dermot Morris	Methodist College Belfast	1.78	Youths	IAAB
1960	F Middleton	Crusaders	1.67	Youths	AAUE
1960	Dermot Morris	Collegians	1.78	Youths	IAAB
1961	JR Noble	Terenure College	1.60	Youths	AAUE
1962	JR Noble	Terenure College	1.60	Youths	AAUE
1962	Ossie Kilkenny	De la Salle Churchtown	1.55	Boys	IAAB
1963	Louis Jordon	Crusaders	1.67	Youths	AAUE
1964	D Kirwan	Clonliffe Harriers	1.55	Boys	IAAB
1965	Seamus Power	Crusaders	1.92	Youths	IAAB
1966	J Ferris	Avondale	1.67	Youths	AAUE
1966	G O'Fortune	CBC Monsktown	1.55	Boys	IAAB
1967-1970 Not held					
1971	John Cooney	Tipperary	1.67	Youths	BLE
1972	Steve Rekab	Blackrock College	1.67	Youths	BLE
1973	Michael Cox	Boyle	1.76	Youths	BLE
1974	Michael Cox	Boyle	1.92	Youths	BLE
1975-1994 Not held					
1994	Liam Kelly	St. Abban's	1.75		
1995	David Elliott	Tallaght	1.85		
1996	Derek Morgan	Bandon	1.59		
1997	Colin Byrne	St. Abban's	1.80		
1998	Alan Delaney	Castlerea	2.05		
1999	Christopher McDermott	Roscommon	1.85		
2000	Paul Tohill	Mid Ulster	1.90		
2001	Mark Crowley	Enfield and Harringey	2.00		

2002	Rory Beirne	Roscommon	1.80		
2003	Brian Flatley	Claremorris	1.90		
2004	Christopher Crowley	Belgooly	2.03		
2005	Eoin Kelly	St. Abban's	1.96		
2006	Calum Halsey	Shimna College	1.90		
2007	Barry Pender	St. Abban's	2.07		
2008	Michael Healy	Youghal	1.85		
2009	Michael Bowler	Caim	1.85		
2010	Shane O'Dwyer	Carrick-on-Suir	1.83		
2011	Conor Daly	St. Abban's	1.85		
2012	Jaime Murtagh	St Andrew's, Ashbourne	1.90		
2013	**David Cussen**	**Old Abbey Striders**	**2.10**		**CR**
2014	Donagh Mahon	Gowran	2.05		
2015	Tom Deasy	Belgooly	1.80		
2016	Ryan Carthy-Walsh	Adamstown	2.04		
2017	Jerry Keary	Craughwell	1.99		
2018	Rory MacGabhann	Kilkenny City Harriers	1.96		
2019	Eoghan Smyth	Blackrock, Louth	1.85		

Pole Vault U18 Boys

1943	T Barry (tied)	St. Colman's Fermoy	3.07	Youths	NACAI
1943	M Hurley (tied)	University College Cork	3.07	Youths	NACAI
1945	G Hurley	St. Colman's Fermoy	ND	Youths	NACAI
1946	G Hurley	St. Colman's Fermoy	2.79	Youths	NACAI
1947	T Ahearne	St. Colman's Fermoy	2.69	Youths	NACAI
1948	TV McGann	Metropolitan	3.22	Youths	NACAI
1949	Denis Hyland	Carlow	3.20	Youths	NACAI
1950	M Ryan	St. Colman's Fermoy	3.12	Youths	NACAI
1951	V Kelly	Ballinasloe	3.12	Youths	NACAI
1952	E O'Connor	Limerick	3.22	Youths	NACAI
1953	E O'Connor	Limerick	3.12	Youths	NACAI
1954	M O'Haughney	Carlow	3.25	Youths	NACAI
1955	D McGill	Corrigan, Belfast	3.07	Youths	NACAI
1956	M O'Haughney	Carlow	3.05	Youths	NACAI
1957	M O'Haughney	Carlow	3.17	Youths	NACAI
1958	Denis Toomey	Celtic	2.74	Youths	NACAI
1959-1964	**Not held**				
1965	Rodney Hecksher	Rockwell College	3.12	Youths	IAAB
1966-1970	**Not held**				
1971	P Walsh	St. Jarlath's Tuam	3.20	Youths	BLE
1972	Mick Quinn	Redgate	3.81	Youths	BLE
1973-1993	**Not held**				
1994	Fergal English	St. Mary's Waterford	3.50		
1995	Brendan Taaffe	Ferdia	2.60		
1996	Fergus Austin	Borrisokane	2.90		
1997	Brian Deasy	Blarney/Inniscarra	3.10		
1998	David Donegan	Kilmore	4.30		
1999	Not contested				
2000	R Carroll	Roundwood & District	3.00		
2001	Ruairi O'Brien	Crusaders	3.60		
2002	Stuart Greene	Raheny Shamrock	3.40		
2003	James Ruxton	Shercock	3.35		
2004	Stephen Noonan	Carrig na Bhfear	3.30		
2005	Anthony McCreery	Clonliffe Harriers	4.40		
2006	Mark Bannon	West Waterford	3.60		
2007	Jarlaith Ruane	St. John Bosco	3.30		
2008	Mihai Pantea	Raheny Shamrock	3.40		
2009	**Thomas Houlihan**	**West Waterford**	**4.41**		**CR**
2010	Paul Byrne	St. Laurence O'Toole	3.00		
2011	Jonathan Foley	Farranfore Maine Valley	4.00		
2012	Peter O'Brien	Raheny Shamrock	3.80		
2013	Conor Bermingham	Raheny Shamrock	4.00		
2014	Jurijs Kanass	West Waterford	4.00		
2015	Robert Ivers	Raheny Shamrock	3.40		
2016	Tadgh Ryan	St. Laurence O'Toole	3.40		
2017	Matthew Keenan Callinan	St. Laurence O'Toole	4.15		
2018	Patrick Fitzgerald	West Waterford	3.90		
2019	Adam O'Dwyer	Moycarkey / Coolcroo	3.80		

Long Jump U18 Boys

1921	RJ Lewis	Dublin	ND	Youths	IAAA/GAA
1922 1923 Not held					
1924	TJ Clarke	St. James Gate	5.79	Youths	NACAI
1925	TJ Clarke	St. James Gate	5.80	Youths	NACAI
1926	SJ Muldowney (tied)	University College Dublin	6.17	Youths	NACAI
1926	J O'Brien (tied)	Clonmel	6.17	Youths	NACAI
1927	DP Staunton	CBS Synge Street	5.87	Youths	NACAI
1928	DP Staunton	CBS Synge Street	6.26	Youths	NACAI
1929 - 1936 Not held					
1937	Louis Carroll	St. Joseph's, Wicklow	6.60	Youths	NACAI
1938	Louis Carroll	St. Joseph's, Wicklow	6.58	Youths	NACAI
1938	JC Mittens	Donore Harriers	5.84	Youths	AAUE
1939	JC Mittens	Donore Harriers	5.99	Youths	AAUE
1939	J O'Brien (tied)	Civil Service Harriers	6.25	Youths	NACAI
1939	A Lyons (tied)	University College Dublin	6.25	Youths	NACAI
1940	A Lyons	University College Dublin	6.58	Youths	NACAI
1940	Jim C Conway	Civil Service Harriers	6.49	Youths	AAUE
1941	PJ Bradshaw	Sandford Park	6.17	Youths	AAUE
1941	David D Guiney	Civil Service Harriers	6.37	Youths	NACAI
1942	T Joyce	University College Dublin	6.61	Youths	NACAI
1942	PJ Bradshaw	Dublin University	5.83	Youths	IAAB
1943	S Collins	Blackrock College	6.26	Youths	NACAI
1943	G Bredin	Wesley College	5.94	Youths	AAUE
1943	FM Hewitt	Royal Belfast Academical Institution	ND	Youths	IAAB
1944	S Collins	Blackrock College	6.26	Youths	NACAI
1944	DA Larmour	Dublin University	6.50	Youths	AAUE
1944	J Breslin	Wesley College	5.90	Youths	IAAB
1945	D Redmond	Donore Harriers	6.30	Youths	AAUE
1945	Sean Collins	Veterinary College		Youths	NACAI
1945	FM Hewitt	Royal Belfast Academical Institution	6.36	Youths	IAAB
1946	Sean Collins	Veterinary College	6.61	Youths	NACAI
1946	C O'Flanagan	St. Mary's College	5.94	Youths	AAUE
1946	DA Lane	Dublin University	6.37	Youths	IAAB
1947	FG Larminie (tied)	St. Andrew's College	5.92	Youths	AAUE
1947	TR Kearney (tied)	Belvedere College	5.92	Youths	AAUE
1947	E Carney	Loughglynn	6.42	Youths	NACAI
1947	E Sloan	Ballymena Academy	6.16	Youths	IAAB
1948	Joseph F "Joe" Delany	Civil Service Harriers	6.14	Youths	AAUE
1948	R Hunston	Phoenix	6.28	Youths	NACAI
1948	W Doherty	Albert Foundry	6.28	Youths	IAAB
1949	J Roche	Limerick	6.56	Youths	NACAI
1949	Joseph F "Joe" Delany	Crusaders	6.48	Youths	AAUE
1950	Joseph F "Joe" Delany	Crusaders	6.42	Youths	AAUE
1950	Joseph F "Joe" Delany	Crusaders	ND	Youths	IAAB
1950	P Kenneally	University College Galway	6.44	Youths	NACAI
1951	D Gardiner	Civil Service Harriers	5.88	Youths	AAUE
1951	P Kenneally	University College Galway	6.53	Youths	NACAI
1951	J Teal	North Belfast Harriers	5.79	Youths	IAAB
1952	RS Bailey	Kings Hospital	6.39	Youths	AAUE
1952	Sean O'Doherty	Ballina	6.28	Youths	NACAI
1952	T Strong	Technical School, Belfast	6.25	Youths	IAAB
1953	J Kelly	Donore Harriers	5.94	Youths	AAUE
1953	S Doherty	Ballina	6.06	Youths	NACAI
1953	DM Neligan	St. Columba's	6.13	Youths	IAAB
1954	P Godden	Crusaders	6.18	Youths	AAUE
1954	A Nolan	Limerick	6.34	Youths	NACAI
1954	HVG Maude	Crusaders	6.39	Youths	IAAB
1955	A Nolan	Limerick	6.32	Youths	NACAI
1955	DE Duke	Crusaders	5.97	Youths	AAUE
1955	J Stewart	Royal Belfast Academical Institution	6.74	Youths	IAAB
1956	E Byrne	Donore Harriers	6.16	Youths	AAUE
1956	M Clare	Phoenix	6.18	Youths	NACAI
1956	DE Allen	Sullivan Upper School	6.45	Youths	IAAB
1957	H O'Cleary	Crusaders	5.94	Youths	AAUE
1957	J Reilly	Belfast	6.49	Youths	NACAI
1957	A Warnock	St. Columba's	5.66	Youths	IAAB
1958	A Warnock	Donore Harriers	5.84	Youths	AAUE
1958	Michael Lanigan	Kilkenny City Harriers	6.36	Youths	NACAI
1958	D Morris	Methodist College Belfast	6.51	Youths	IAAB
1959	R McCullough	Crusaders	6.12	Youths	AAUE
1959	D Morris	Methodist College Belfast	6.54	Youths	IAAB

1960	J Nolan	Crusaders	5.84	Youths	AAUE
1960	D Morris	Collegians	6.69	Youths	IAAB
1961	P McGuinness	Donore Harriers	5.93	Youths	AAUE
1962	A O Foghludha	Terenure College	5.89	Youths	AAUE
1962	Ossie Kilkenny	De La Salle Churchtown	5.13	Boys	IAAB
1963	D Browne	Crusaders	6.04	Youths	AAUE
1964	B Fitzpatrick	De La Salle Churchtown	5.78	Youths	AAUE
1964	W McQuillan	Boys Model Secondary School	6.09	Boys	IAAB
1965	J Barber	Campbell College	6.09	Youths	IAAB
1966	Paul Dee	Clonliffe Harriers	5.51	Youths	AAUE
1966	M Kerr	Orangefield	5.47	Boys	IAAB
1967-1970 Not held					
1971	Sean Reidy	Limerick	6.19	Youths	BLE
1972	Terry Sheil	Clonliffe Harriers	6.58	Youths	BLE
1973	Padraig Jordan	Castlebar	6.65	Youths	BLE
1974	Padraig Jordan	Mayo United	6.87	Youths	BLE
1975-1993 Not held					
1994	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	6.47		
1995	Tim Pat O'Connor	Emerald	6.71		
1996	Philip Moore	Clonliffe Harriers	6.73		
1997	Colm O'Neill	Clonliffe Harriers	6.64		
1998	Brendan Bourke	Kilmallock	6.86		
1999	Kevin Burke	Dooneen	6.59		
2000	Paul Tohill	Mid Ulster	6.40		
2001	David Mullin	Galway City Harriers	6.58		
2002	Kevin Barden	Crusaders	6.35		
2003	Donna Hosford	Leevale	5.53		
2004	Christopher Crowley	Belgooly	6.71		
2005	Luke Sweetman	Fingallians	6.45		
2006	**Eoin Hannon**	**Tullamore Harriers**	**6.93**		**CR**
2007	David Quilligan	Leevale	6.86		
2008	Paul Smith	Shercock	6.74		
2009	Nathan Jege	Dooneen	6.74		
2010	Simon Doyle	St. Laurence O'Toole	6.75	1.5	
2011	Tony Stafford	Menapians	6.80		
2012	Eoin O'Carroll	Tralee Harriers	6.59		
2013	Sam Healy	Leevale	6.87		
2014	Darren Prout	Carrick-on-Suir	6.72	-2.3	
2015	Tom Deasy	Belgooly	6.18		
2016	Shane Keane	Crusaders	6.66	0.0	
2017	James Murphy	Waterford	6.38	-0.4	
2018	Luke O'Carroll	Tralee Harriers	6.87	1.3	
2019	Adam Turner	Belgooly	6.58	-1.5	

Triple Jump U18 Boys

1921	J Connor	Royal Irish Constabulary	13.00	Youths	IAAA/GAA
1944	PJ Kelly	Curragh	13.16	Youths	NACAI
1945	C Murphy	Fermoy			
1946	G Hurley	St. Colman's Fermoy	12.97	Youths	NACAI
1947	S McCambridge	St. Malachy's Belfast	12.99	Youths	NACAI
1948	R Lane	University College Cork	12.55	Youths	NACAI
1949	G Doyle	Knockbeg College	12.66	Youths	NACAI
1950	H O'Keeffe	St. Coleman's Fermoy	13.28	Youths	NACAI
1951	Sean O'Doherty	Ballina	13.16	Youths	NACAI
1952	Sean O'Doherty	Ballina	13.38	Youths	NACAI
1953	Sean O'Doherty	Ballina	13.18	Youths	NACAI
1954	Dermot Cullen	University College Dublin	13.64	Youths	NACAI
1955	Mick McSweeney	Cappoquin	13.36	Youths	NACAI
1956	E O'Dwyer	University College Dublin & Rockwell	13.89	Youths	NACAI
1957	J Reilly	Belfast	14.22	Youths	NACAI
1958	N Earls	Phoenix Harriers	12.94	Youths	NACAI
1959-1964 Not held					
1965	W McConnell	Sullivan Upper	12.47	Youths	IAAB
1966-1970 Not held					
1971	Brendan Curtin	Blackrock Dublin	13.32	Youths	BLE
1972	Brendan Curtin	University College Dublin	14.43	Youths	BLE
1973	Padraig Jordan	Castlebar	13.34	Youths	BLE
1974	Padraig Jordan	Mayo United	13.28	Youths	BLE
1975-1993 Not held					
1994	Nicholas Ring	Dundrum South Dublin	12.98		

1995	David Murphy	St. Paul's	14.06		
1996	David Ahern	Blarney Inniscara	12.91		
1997	Michael Murray	Dungarvan	13.48		
1998	Stephen McDonnell	Strabane	13.21		
1999	Brendan Goss	North Down	13.18		
2000	Johnny Ferguson	Olympian Belfast	13.00		
2001	John Walker	Bree	13.10		
2002	Michael McCarthy	Celbridge	12.48		
2003	Conor Sheehy	Togher	13.42		
2004	Christopher Crowley	Belgooly	13.31		
2005	Eoin Kelly	St. Abban's	13.30		
2006	Niall Counihan	Dooneen	12.83		
2007	Caolan McBrien	St. Michael's College	12.56		
2008	Francis Egan	St. Abban's	13.27	-0.5	
2009	Shane Prout	Coolquill	13.45		
2010	Clarence Kennedy	St. Brendan's	13.24		
2011	Conor Daly	St. Abban's	13.00		
2012	Eoin O'Carroll	Tralee Harriers	13.12		
2013	Conor Durnin	St. Peter's Dromiskin	13.23		
2014	Darren Prout	Carrick-on-Suir	13.12		
2015	**Jordan Hoang**	**Tullamore Harriers**	**14.11**	**0.0**	**CR**
2016	Brendan Lynch	Loughrea	13.40	1.5	
2017	Daniel Forde Callanan	Loughrea	13.47		
2018	Michael Tony	Lios Tuathail	12.73	-0.6	
2019	Dillon Ryan	Moycarkey / Coolcroo	13.36	-0.6	

Shot Put U18 Boys (5kg)

1937	B Collins	Civil Service Harriers	13.33	Youths	NACAI
1938	Thomas Headon	University College Dublin	14.30	Youths	NACAI
1938	J Staunton	Terenure	9.65	Youths	AAUE
1939	DJ Hingerty	University College Dublin	13.12	Youths	NACAI
1939	R Motyer	Civil Service Harriers	11.10	Youths	AAUE
1940	R Motyer	Civil Service Harriers	11.16	Youths	AAUE
1940	David D Guiney	Dublin University Harriers	12.98	Youths	NACAI
1941	C Keppel	Wesley College	10.46	Youths	AAUE
1941	David D Guiney	Civil Service Harriers	13.97	Youths	NACAI
1942	H Flynn	Cork	14.08	Youths	NACAI
1942	P Fitzgerald	Kings Hospital	12.60	Youths	IAAB
1943	D Collins	Blackrock College	12.37	Youths	NACAI
1943	G Bredin	Wesley College	11.28	Youths	AAUE
1943	ET Baldwin	Donore Harriers	ND	Youths	IAAB
1944	G Bredin	Wesley College	11.85	Youths	AAUE
1944	TJ Hingerty	Dublin City Harriers	11.92	Youths	NACAI
1944	J Breslin	Wesley College	11.33	Youths	IAAB
1945	RJ Swan	St. Mary's College	11.33	Youths	AAUE
1945	TJ Hingerty	Dublin City Harriers	ND	Youths	NACAI
1945	HM Taylor	Methodist College Belfast	13.41	Youths	IAAB
1946	D Flynn	Roscrea	11.80	Youths	NACAI
1946	JC Travers	Civil Service Harriers	11.53	Youths	AAUE
1946	HM Taylor	Methodist College Belfast	13.09	Youths	IAAB
1947	JM Kingsmill Moore	Dublin University Harriers	11.71	Youths	AAUE
1947	E Ford	Armagh	12.01	Youths	NACAI
1947	C Scott	Ballyclare High School	11.61	Youths	IAAB
1948	Prince MJ Kazerouni	St. Columba's College	13.33	Youths	AAUE
1948	D Forde	University College Dublin	14.01	Youths	NACAI
1948	C Scott	Royal Ulster Constabulary	13.21	Youths	IAAB
1949	TJ Woods	Dublin University	12.84	Youths	AAUE
1949	A Costello	Portarlington	13.36	Youths	NACAI
1950	MF Jennings	Glen, Newry	12.76	Youths	NACAI
1950	KJ Wallace	Civil Service Harriers	13.65	Youths	AAUE
1950	KJ Wallace	Civil Service Harriers	ND	Youths	IAAB
1951	John Lawson	Dublin University Harriers	12.66	Youths	AAUE
1951	N Bannerton	University College Dublin	12.57	Youths	NACAI
1951	GD Nickell	Methodist College Belfast	11.87	Youths	IAAB
1952	D Bell	Civil Service Harriers	12.24	Youths	AAUE
1952	KV Wallace	Dun Dealgan	13.40	Youths	NACAI
1952	D Bell	Civil Service Harriers	13.16	Youths	IAAB
1953	M Griffin	Clonliffe Harriers	11.16	Youths	AAUE
1953	J O'Sullivan	Celtic	12.55	Youths	NACAI

1953	J Hone	St. Columba's College	14.11	Youths	IAAB
1954	JP Bielenberg	St. Columba's College	11.35	Youths	AAUE
1954	W O'Connell	Drinagh-Murrintown-Piercestown (DMP)	13.46	Youths	NACAI
1954	C McCarthy	Crusaders	11.99	Youths	IAAB
1955	Pat O'Callaghan	Clonmel	14.13	Youths	NACAI
1955	L Elms	Crusaders & Westland Row	9.45	Youths	AAUE
1955	H Robinson	Willowfield	13.94	Youths	IAAB
1956	Aidan Kenna	Crusaders	13.92	Youths	AAUE
1956	J Mullens	Clonmel	13.84	Youths	NACAI
1956	E Byrne	Donore Harriers	10.87	Youths	IAAB
1957	S Leeson	St Columba's College	12.60	Youths	AAUE
1957	A McKenna	University College Dublin	14.55	Youths	NACAI
1958	Paul Healion	St. Fintan's High School	12.47	Youths	AAUE
1958	Kevin Prendergast	Rockwell College	15.47	Youths	NACAI
1958	W Morrow	Portadown	13.91	Youths	IAAB
1959	Paul Healion	Irish Field Events Club	14.65	Youths	AAUE
1959	Paul Healion	Irish Field Events Club	14.77	Youths	IAAB
1960	Paul Healion	Irish Field Events Club	15.90	Youths	AAUE
1960	Paul Healion	Irish Field Events Club	16.23	Youths	IAAB
1961	Dermot Roughan	Blackrock College	15.49	Youths	AAUE
1962	Niall Mullan	Blackrock College	15.95	Youths	AAUE
1962	A Doheny	De la Salle Churchtown	11.86	Boys	IAAB
1963	Niall Mullan	Blackrock College	15.10	Youths	AAUE
1964	MJ Statham	St Columba's College	11.92	Youths	AAUE
1964	Rodney Hecksher	CBC Monsktown	15.05	Boys	IAAB
1965	Kevin Hoyne	Gormanston College	14.15	Youths	IAAB
1965	R Hecksher	Rockwell College	12.47	Youths	AAUE
1966	Seamus Power	Crusaders	11.76	Youths	AAUE
1966	K Nelson	Rosemount High School	12.52	Boys	IAAB
1967-1970	**Not held**				
1971	J Davidson	Ballymore / Cobh	11.68	Youths	BLE
1972	Robert Stack	St. Finian's	10.39	Youths	BLE
1973	Richard O'Hanlon	Pearse, Galway	11.78	Youths	BLE
1974	Gerry McEvoy	Ballyfermot	16.00	Youths	BLE
1975-1993	**Not held**				
1994	Shane O'Meara	Sligo	14.00		
1995	Jason Flynn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	14.48		
1996	John Leahy	Moyvane	15.60		
1997	Sean Breathnach	Corr na Mona	15.49		
1998	Michael Allen	Ballymena & Antrim	13.30		
1999	Eoghan O'Dwyer	Crusaders	13.84		
2000	Brian Wall	Glenbower	12.41		
2001	Geoffrey Mullins	Emerald	14.30		
2002	David Keane	Crusaders	14.13		
2003	Brendan Callinan	St. Laurence O'Toole	15.60		
2004	James Nagle	Farranfore Maine Valley	14.18		
2005	Michael Whelan	Lios Tuathail	12.70		
2006	Luke Mangan	Clonliffe Harriers	16.00		
2007	Daniel Clifford	Farranfore Maine Valley	14.46		
2008	Ben Geraghty	Crusaders	14.52		
2009	Laimonas Ruibys	Westport	14.12		
2010	Patrick McSweeney	Bandon	13.66		
2011	David Lawler	Crusaders	12.88		
2012	James Kelly	Crusaders	15.15		
2013	**John Kelly**	**Finn Valley**	**17.90**		**CR**
2014	Anu Awonusi	St. Laurence O'Toole	16.17		
2015	Michael O'Sullivan	Cushinstown	12.56		
2016	Darragh Gaffney	North Westmeath	15.03		
2017	James Kelly	Finn Valley	17.28		
2018	Jack Ryan	Moycarkey Coolcroo	15.54		
2019	Gergely Pap	St. Paul's	14.82		

Discus U18 Boys (1.5kg)

1937	P O Gairbhidhi	Colaiste Caoimhin	32.82	Youths	NACAI
1938	M Moriarty	Roscrea College	35.24	Youths	NACAI
1939	P Murray	Colaiste Padraig	39.00	Youths	NACAI
1940	A O'Brien-Moran	University College Dublin	40.82	Youths	NACAI
1941	David D Guiney	Civil Service Harriers	39.11	Youths	NACAI
1942	Paddy O'Donoghue	University College Dublin	36.66	Youths	NACAI
1943	D O Barain	Terenure College	40.11	Youths	NACAI

1944	T O'Connor	Roscrea College	38.52	Youths	NACAI
1945	P Browne	University College Dublin	ND	Youths	NACAI
1945	HM Taylor	Methodist College Belfast	44.46	Youths	IAAB
1946	P Browne	University College Dublin	42.88	Youths	NACAI
1946	HM Taylor	Methodist College Belfast	31.80	Youths	IAAB
1947	D Flynn	Roscrea College	34.81	Youths	NACAI
1948	T Woods	St. Vincent's	36.58	Youths	NACAI
1948	C Scott	Royal Ulster Constabulary	35.72	Youths	IAAB
1949	R Wade	Trednagh	34.30	Youths	NACAI
1950	D O'Sullivan	Castlemartyr	37.72	Youths	NACAI
1951	R Ivory	St. James Gate	37.78	Youths	NACAI
1951	P Shields	Albert Foundry, Belfast	39.28	Youths	IAAB
1952	Anthony Hogan	Roscrea	39.60	Youths	NACAI
1952	GD Nickell	Methodist College Belfast	36.61	Youths	IAAB
1953	D McMullan	Phoenix	32.18	Youths	NACAI
1953	TS Martin	Royal Belfast Academical Institute	39.56	Youths	IAAB
1954	G O'Connor	Nenagh Olympic	36.42	Youths	NACAI
1954	Seamus McKinney	Albert Foundry, Belfast	36.88	Youths	IAAB
1955	J Monaghan	Glenn, Down	38.45	Youths	NACAI
1955	Charlie Johnson	9th Old Boys, Belfast	37.14	Youths	IAAB
1956	J Mullens	Clonmel	40.93	Youths	NACAI
1956	K O'Donnell	Clonliffe Harriers	31.96	Youths	IAAB
1957	Kevin Prendergast	Rockwell College & Clonmel	39.32	Youths	NACAI
1957	JH Leeson	St. Columba's College	39.12	Youths	IAAB
1958	Kevin Prendergast	Rockwell College	47.77	Youths	NACAI
1958	JH Leeson	Dublin University	40.44	Youths	IAAB
1959	Paul Healion	Irish Field Events Club	42.51	Youths	IAAB
1960	Paul Healion	Irish Field Events Club	45.52	Youths	IAAB
1961					
1962	Ossie Kilkenny	De la Salle Churchtown	32.74	Boys	IAAB
1963					
1964	Rodney Hecksher	CBC Monsktown	42.61	Boys	IAAB
1965	M Statham	St. Columba's College	45.68		
1966	Ken Nelson	Grosvenor High School	27.08	Boys	IAAB
1967-1970	**Not held**				
1971	J Byrne	Roscrea	32.84	Youths	BLE
1972	A Hiney	Gormanston College	40.40	Youths	BLE
1973	John Sheehan	Bandon	37.89	Youths	BLE
1974	Joe Brice	Midleton	35.44	Youths	BLE
1975-1993	**Not held**				
1994	Aidan Ahearne	Cappoquin	39.78		
1995	Jason Flynn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	49.40		
1996	Donal McNamara	East Clare	37.38		
1997	Sean Breathnach	Corr na Mona	43.36		
1998	Brendan Bourke	Kilmallock	38.82		
1999	Nick Jackman	Kilmore Raheny	44.25		
2000	Aidan Fogarty	Donore Harriers	41.18		
2001	Geoffrey Mullins	Emerald	44.92		
2002	Eoin Weigel	Crusaders	42.31		
2003	Eammon Byrne	Clonliffe Harriers	41.33		
2004	James Nagle	Farranfore Maine Valley	43.80		
2005	Patrick McCabe	Dunboyne	40.97		
2006	David Keys	Regent House	45.91		
2007	Daniel Clifford	Farranfore Maine Valley	47.93		
2008	Eanna O'Cathain	Galway City Harriers	43.37		
2009	Darragh Hanlon	Tullamore Harriers	47.70		
2010	**Marco Pons**	**Drinagh-Murrintown-Piercestown (DMP)**	**57.68**		**CR**
2011	Paul Collins	North Westmeath	46.22		
2012	Michael Hanlon	Dunboyne	46.00		
2013	John Kelly	Finn Valley	44.89		
2014	Eoin Sheridan	North Westmeath	56.80		
2015	Daniel McSweeney	Crusaders	40.56		
2016	Darragh Gaffney	North Westmeath	47.56		
2017	Padraig Hore	Taghmon	47.61		
2018	Darragh Miniter	St Mary's Clare	43.78		
2019	Adam Sheridan	Westport	45.92		

Hammer U18 Boys (5kg)

1955	John O'Sullivan	Celtic, Dublin	26.74	Youths	NACAI
1956	Terry O'Callaghan	Clonmel	37.12	Youths	NACAI
1957					

1958					
1959	Paul Healion	Irish Field Events Club	53.54	Youths	AAUE
1960	Paul Healion	Irish Field Events Club	53.68	Youths	AAUE
1961	Barry Leonard	Crusaders	35.24	Youths	AAUE
1962	Barry Leonard	Crusaders	39.88	Youths	AAUE
1963	P Fanning	Donore Harriers	57.58	Youths	AAUE
1964					
1965					
1966	Seamus Power	Crusaders	24.54	Youths	AAUE
1967-1970 Not held					
1971	John Byrne	Roscrea	31.41	Youths	BLE
1972	Robert Stack	St. Fintan's	46.79	Youths	BLE
1973	Eddie Campbell	Ballyhaunis	44.02	Youths	BLE
1974	Eddie Campbell	Ballyhaunis	176'3	Youths	BLE
1975-1993 Not held					
1994	Lorcan Carpenter	Crusaders	55.28		
1995	Hugh Kennedy	Dundrum South Dublin	56.02		
1996	Killian Smyth	Fr. Murphy	55.94		
1997	Michael Grace	Tipperary Town	59.06		
1998	David Thompson	Tullamore Harriers	42.91		
1999	Barry McCann	Galway City Harriers	47.35		
2000	Darren Kinsella	Fr. Murphy	35.43		
2001	Peter Tierney	Portumna	55.59		
2002	Eoin Weigel	Crusaders	59.18		
2003	Declan Murphy	Carrig na Bhfear	46.18		
2004	James Nagle	Farranfore Maine Valley	54.57		
2005	Patrick McCabe	Dunboyne	59.49		
2006	David Keys	Regent House	47.92		
2007	Gerard Kelly	Castlebar	58.12		
2008	Eoin White	Drinagh-Murrintown-Piercestown (DMP)	60.40		
2009	Conal Campian	St. Andrew's	63.28		
2010	Dempsey McGuigan	Finn Valley	68.99		
2011	Manuel Calvo-Curry	Clonliffe Harriers	52.42		
2012	Michael Hanlon	Dunboyne	57.55		
2013	Garrett Kelly	St Andrew's, Ashbourne	54.05		
2014	**Adam King**	**Iveragh**	**71.90**		**CR**
2015	Andre Christie	Leevale	54.15		
2016	Brendan O'Donnell	Lifford / Strabane	67.62		
2017	Sean Mockler	Moycarkey Coolcroo	62.36		
2018	Brian Naughton	Nenagh Olympic	52.20		
2019	Sean Maher	Raheny Shamrock	63.69		

Javelin U18 Boys (700g)

1939	A Collins	Mullingar	39.13	Youths	NACAI
1940	David D Guiney	Dublin University Harriers	34.24	Youths	NACAI
1941	David D Guiney	Civil Service Harriers	34.25	Youths	NACAI
1942	P O'Donoghue	University College Dublin	40.51	Youths	NACAI
1943	PJ Mannion	Civil Service Harriers	41.99	Youths	NACAI
1944	PJ Mannion	Civil Service Harriers	48.38	Youths	NACAI
1945				Youths	NACAI
1946	C O Bearain	University College Dublin	42.68	Youths	NACAI
1947	M O'Connell	St. James Gate	34.64	Youths	NACAI
1949	Brendan O'Reilly	St. James Gate	51.32	Youths	NACAI
1950	F Kavanagh	New Ross	45.02	Youths	NACAI
1951	Joseph Rogers	Civil Service Harriers	51.52	Youths	NACAI
1952	J O'Brien	Civil Service Harriers	51.14	Youths	NACAI
1953	C Maye	Blackrock	37.55	Youths	NACAI
1954	J Joyce	University College Dublin	50.32	Youths	NACAI
1955	Maconn McNamara	Roravix, Clare	52.88	Youths	NACAI
1955	R Herron	Willowfield	56.48	Youths	IAAB
1956	Maconn McNamara	Roravix, Clare	51.06	Youths	NACAI
1956	J Nixon	Willowfield	26.23	Youths	IAAB
1957	Denis Toomey	Celtic	48.54	Youths	NACAI
1957	R McBride	Instonians	44.68	Youths	IAAB
1958	Denis Toomey	Celtic	37.04	Youths	NACAI
1959					
1960	R Hill	Belfast High School	54.08	Youths	IAAB
1961-1964 Not held					
1965	R Searle	St. Columba's College	48.74	Youths	AAUE
1966-1970 Not held					

1971	D Rogers	Blackrock College	41.68	Youths	BLE
1972	Brendan Curtin	University College Dublin	47.86	Youths	BLE
1973	L McGrath	Limerick	46.67	Youths	BLE
1974	Ian Lambe	Crusaders	49.72	Youths	BLE
1975-1993	**Not held**				
1994	Niall Tuckey	Raheny Shamrock	50.79		
1995	James Owens	St. John Bosco	47.58		
1996	Damien McDaid	Letterkenny	62.06		
1997	Sean Breathnach	Corr na Mona	52.54		
1998	Michael Allen	Ballymena & Antrim	66.65		
1999	David Kelly	Kilcoole	55.86		
2000	Joe Diskin	Kilcoole	54.32		
2001	Keith Gilligan	North Laois	43.25		
2002	Rikki O'Gara	Roscommon	43.88		
2003	Andy Burns	Mid Ulster	45.41		
2004	Peter McDonald	St. Peter's Dromiskin	55.53		
2005	Tom Cross	Belgooly	46.11		
2006	Daniel Mullen	Strabane	50.68		
2007	Sean McBride	Strabane	52.55		
2008	Rory Kirwan	Dunleer	48.55		
2009	Sean Ryder	Greystones & District	50.85		
2010	Jaco Oosthuysen	Clonmel	54.92		
2011					
2012	Matthew Stockton	North Down	55.61		
2013	Stephen Rice	Greystones & District	59.25		
2014	Michael Dineen	Carrick-on-Suir	47.71		
2015	Fergus Cox	Inishowen	58.08		
2016	Gareth Crawford	Lifford / Strabane	56.69		
2017	**Liam Connaughton**	**Dunleer**	**59.68**		**CR**
2018	Joshua Hewlett	United Striders	48.56		
2019	Tadhg Omuircheartaigh	Dunboyne	56.91		

4x100m Relay U18 Boys

1943	Blackrock College	NT	Youths	NACAI
1944	Roscrea College	NT	Youths	NACAI
1948	University College Cork	NT		
1950	Mount Sion	NT	Youths	NACAI
1951	Celtic	3.58.6	Youths	NACAI
1952	Metro	3.49.0	Youths	NACAI
1953	University College Dublin	3.50.05	Youths	NACAI
1954	University College Dublin	NT	Youths	NACAI
1955	Dundealgan	NT	Youths	NACAI
1956	Dundealgan	4.02.0	Youths	NACAI
1957	Phoenix Harriers	4.04.7	Youths	NACAI
1958	Waterford	NT	Youths	NACAI
1959-1993	**Not held**			
1994	Drinagh-Murrintown-Piercestown (DMP)	44.6H		
1995	Leevale	45.9H		
1996	Dooneen	45.20		
1997	Dundrum South Dublin	44.5H		
1998	Dundrum South Dublin	44.1H		
1999	Celbridge	46.8		
2000	Galway City Harriers	45.48		
2001	Dundrum South Dublin	45.02		
2002	Kilmallock	45.55		
2003	Dooneen	44.59		
2004	Leevale	45.03		
2005	Dundrum South Dublin	45.32		
2006	Ferrybank	NT		
2007				
2008				
2009	Greystones & District	45.13		
2010	St. Laurence O'Toole	45.10		
2011	Galway City Harriers	45.47		
2012	Emerald	44.75		
2013	Galway City Harriers	44.49		
2014	Kilkenny City Harriers	44.03		
2015	Galway City Harriers	43.53		
2016	Galway City Harriers	43.90		

2017		Leevale	43.91	
2018		**Leevale**	**43.13**	**CR**
2019		Leevale	44.27	

4x400m Relay U18 Boys

1994	Drinagh-Murrintown-Piercestown (DMP)	3:28.8H	
1995	Tullamore Harriers	3:31.9h	
1996	Leevale	3:32.7H	
1997	Dundrum South Dublin	3:30.8H	
1998	Tallaght	3:32.4H	
1999	Celbridge	3.33.8	
2000	Dundrum South Dublin	3.29.12	
2001	Dundrum South Dublin	03:29.72	
2002	Galway City Harriers	03:39.99	
2003	Kilkenny City Harriers	03:33.97	
2004	Bree	3:41.3H	
2005	Carrick-on-Shannon	03:33.72	
2006	Kilkenny City Harriers	03:30.33	
2007			
2008			
2009	Galway City Harriers	03:31.63	
2010	Dundrum South Dublin	03:30.50	
2011	Galway City Harriers	03:33.51	
2012	Emerald	03:31.38	
2013			
2014	Tallaght	03:31.86	
2015	Dundrum South Dublin	03:33.34	
2016	St. Laurence O'Toole	3.31.85	
2017	**Dundrum South Dublin**	**3.28.41**	**CR**
2018	Tallaght	3.38.55	
2019	Ratoath	3.56.11	

Combined Events U18 Boys

1994	Fergal English	St. Mary's Waterford	4616	
1995	Brendan Taaffe	Ferdia	4279	
1996	Fergus Austin	Borrisokane	3885	
1997	Colin Byrne	St. Abban's	4014	
1998	Kieran Wall	Glenbower	3651	
1999				
2000	John Egan	Bree	2494	
2001				
2002	Cathal Hannon	Ballyskenach	4225	
2003	Brian Flatley	Claremorris	4271	
2004				
2005				
2006	Brendan O'Connor	Beara	4771	
2007	Stephen Comiskey	St. Paul's Waterford	3999	
2008				
2009	Michael Bowler	Caim	5974	
2010	Simon Doyle	St. Laurence O'Toole	4719	
2011	Eoin Power	St Joseph's	4296	
2012	Dan Finnerty	Nenagh Olympic	4774	
2013	Christian Robinson	City of Lisburn	5291	
2014	Tim Bowler	Enniscorthy	4802	
2015	Thomas Connolly	Le Cheile	4850	
2016	Jonathan McKenna	St. Laurence O'Toole	5683	
2017	Brian Lynch	Old Abbey	5832	
2018	Brian Lynch	Old Abbey	6411	
2019	**Diarmuid O'Connor**	**Bandon**	**6469**	**CR**

Cross Country U18 Boys

1939	L Molloy	Terenure	AAUE Youths
1940	GP Brown	Terenure	
1941	Cancelled due to Foot & Mouth Disease		
1942	Brendan Twamley	City & Suburban Harriers	AAUE Youths

1943	V Brown	City & Suburban Harriers	AAUE Youths
1944			
1945	A Geraghty	Civil Service Harriers	AAUE Youths
1946	B Jennings	Donore Harriers	AAUE Youths
1947			
1948	B Canavan	Clonliffe Harriers	AAUE Youths
1948	N McCrea	Glencairn, Co. Waterford	IAAB Youths
1949	L Conway	Donore Harriers	AAUE Youths
1949	C McCabe	North Belfast Harriers	IAAB Youths
1950	L Conway	Donore Harriers	AAUE Youths
1951	Willie Dunne	Donore Harriers	AAUE Youths
1951	K Mannering	St. Mary's	IAAB Youths
1952	J Owens	Donore Harriers	AAUE Youths
1953	Michael K Smith	Kilkenny	NACAI Youths
1953	J Wade	Fingal	AAUE Youths
1953	W Jebb	9th Old Boys	IAAB Youths
1954	J Wade	Fingal	AAUE Youths
1954	T O'Connor	Dublin	NACAI Youths
1954	J Hudson	9th Old Boys	IAAB Youths
1955	Noel Jenkins	Clonliffe Harriers	AAUE Youths
1955	Christy Ryan	Galway	NACAI Youths
1955	T Hanna	Queens University Belfast	IAAB Youths
1956	John Kelly	Civil Service Harriers	AAUE Youths
1956	Sean Callan	Louth	NACAI Youths
1957	S O'Connell	Donore Harriers	AAUE Youths
1957	Liam Ryan	Tipperary	NACAI Youths
1957	N McDermott	Civil Service Harriers	IAAB Youths
1958	Pat Hartnett	Limerick	NACAI Youths
1958	Seamus O'Connell	Donore Harriers	AAUE Youths
1959	Joe Dunne	Donore Harriers	AAUE Youths
1959	J O'Connor	Wexford	NACAI Youths
1959	T Cromie	Ballydrain Harriers	IAAB Youths
1960	T Ryan	Wexford	NACAI Youths
1960	Noel Carroll	Civil Service Harriers	AAUE Youths
1960	J Hawthorne	Campbell College	IAAB Youths
1961	John Deery	Derry	NACAI Youths
1961	Brendan Dunne	Donore Harriers	AAUE Youths
1961	Peter Nordwell	Duncairn Harriers	IAAB Youths
1962	JC Brogan	Clare	NACAI Youths
1962	R Burke	Clonliffe Harriers	AAUE Youths
1962	Private Pat Keenan	Civil Service Harriers	IAAB Youths
1963	Eddie Pelin	Kildare	NACAI Youths
1963	Paud Lavelle	Crusaders	AAUE Youths
1963	M Teer	North Belfast Harriers	IAAB Youths
1964	Pat O'Riordan	Cork	NACAI Youths
1964	Peter McManus	Donore Harriers	AAUE Youths
1964	Frank Murphy	Clonliffe Harriers	IAAB Youths
1965	Donal Walsh	Cork	NACAI Youths
1965	Tom Hopkins	Donore Harriers	AAUE Youths
1965	Tom Hopkins	Donore Harriers	IAAB Youths
1966	Donal Walsh	Cork	NACAI Youths
1966	Paul Donnelly	Blackrock College	AAUE Youths
1967	John Naughton	Donore Harriers	AAUE Youths
1967	Malcolm Edgar	Royal Belfast Academical Institution	IAAB Youths
1967	A Armstrong	North Belfast High School	IAAB Boys
1967	Stephen Hennessy	Youghal	NACAI Youths
1968	Eddie Leddy	Leitrim	Inter Countie BLE Youths
1968	Eddie Leddy	Ballinamore	BLE Youths
1969	Eddie Leddy	Ballinamore	BLE Youths
1969	Willie Curtin	Kerry	Inter Countie BLE Youths
1970	Not held		BLE Youths
1971	Michael O'Shea	Limerick	Inter Countie BLE Youths
1971	Michael O'Shea	Limerick	BLE Youths
1972	Dessie O'Connor	Tipperary	Inter Countie BLE Youths
1972	Dessie O'Connor	Tipperary	BLE Youths
1973	Gerry Deegan	Waterford	BLE Youths
1974	Eddie Hartnett	Grange	BLE Youths
1974	Mick Byrne	Dublin	Inter Countie BLE Youths
1975	John Maher	Dublin	Inter Countie BLE Youths
1975	Tony Conroy	Mountmellick	BLE Youths
1976	Tony Conroy	Mountmellick	BLE Youths
1976	Finbarr O'Leary	Cork	Inter Countie BLE Youths

1977-1993 Not held

1994	Andrew Walker	Newbridge
1995	Ciaran Doogan	Dundrum South Dublin
1996	Ciaran Lynch	Riverside
1997	Enda Johnson	Monaghan Phoenix
1998	Gary Murray	Finn Valley
1999	Mark Smyth	North Sligo
2000	Diarmuid Grant	Sparta North West
2001	Martin Fagan	Mullingar Harriers
2002	Mark Christie	Mullingar Harriers
2003	Danny Darcy	St. Laurence O'Toole
2004	Ciaran O'Lionaird	Leevale
2005	Ciaran O'Lionaird	Leevale
2006	Craig Murphy	Togher
2007	Ian Ward	Finn Valley
2008	Shane Quinn	Ferrybank
2009	Patrick Coleman	Togher
2010	Kevin Dooney	Raheny Shamrock
2011	Sean Tobin	Clonmel
2012	Killian Mooney	Dundrum South Dublin
2013	Kevin Mulcaire	Ennis Track
2014	Kevin Mulcaire	Ennis Track
2015	James Edgar	City of Lisburn
2016	Darragh McElhinney	Bantry
2017	Darragh McElhinney	Bantry
2018	Shay McEvoy	Kilkenny City Harriers
2019	Dean Casey	Ennis

Cross Country Team U18 Boys

	Club	**County**	**Region**
1939	Terenure 9pts		AAUE Youths
1940	Terenure 6pts		AAUE Youths
1941	Cancelled due to Foot & Mouth Disease		AAUE Youths
1942	City & Suburban Harriers 10pts		AAUE Youths
1943			AAUE Youths
1944			AAUE Youths
1945	Civil Service Harriers pts		AAUE Youths
1946	City & Suburban Harriers 12pts		AAUE Youths
1947			AAUE Youths
1948	Ballymadun & Civil Service Harriers (Tied)		AAUE Youths
1948	Willowfield Harriers 29 pts		IAAB Youths
1949	Donore Harriers 10 pts		AAUE Youths
1949	Donore Harriers 25 pts		IAAB Youths
1950	Donore Harriers 14 pts		AAUE Youths
1951	St. Mary's 18 pts		AAUE Youths
1951	Dundonald 19 pts		IAAB Youths
1952	Donore Harriers 10pts		AAUE Youths
1953	Not contested	Antrim 74pts	NACAI Youths
1953	Fingal 16pts		AAUE Youths
1953	Dundonald 19 pts		IAAB Youths
1954	Fingal 23pts		AAUE Youths
1954	Not contested	Dublin 96pts	NACAI Youths
1954	Ballydrain Harriers 26 pts		
1955	Clonliffe Harriers 22pts		AAUE Youths
1955	Not contested	Galway 35pts	NACAI Youths
1955	Dundonald 33 pts		IAAB Youths
1956	Clonliffe Harriers 21pts		AAUE Youths
1956	Not contested	Tipperary 61pts	NACAI Youths
1957	Not contested	Tipperary 102pts	NACAI Youths
1957	Donore Harriers 13pts		AAUE Youths
1957	Ballydrain Harriers 44 pts		IAAB Youths
1958	Donore Harriers 13pts		AAUE Youths
1958	Not contested	Limerick 71pts	NACAI Youths
1959	Donore Harriers 24pts		AAUE Youths
1959	Not contested	Tipperary 60pts	NACAI Youths
1959	Methodist College Belfast 32pts		IAAB Youths
1960	Not contested	Tipperary 41pts	NACAI Youths
1960	Donore Harriers 25pts		AAUE Youths
1960	Duncairn Harriers 34pts		IAAB Youths
1961	Not contested	Clare 50pts	NACAI Youths
1961	Donore Harriers 19pts		AAUE Youths
1961	Duncairn Harriers 34pts		IAAB Youths

1962	Not contested	Cork 62pts		NACAI Youths	
1962	Donore Harriers 21pts			AAUE Youths	
1963	Not contested	Cork 97pts		NACAI Youths	
1963	Crusaders 20pts			AAUE Youths	
1963	Donore Harriers 52pts			IAAB Youths	
1964	Not contested	Cork 72pts		NACAI Youths	
1964	Donore Harriers 14pts			AAUE Youths	
1964	Donore Harriers 14pts			IAAB Youths	
1965	Not contested	Cork 50pts		NACAI Youths	
1965	Donore Harriers 17pts			AAUE Youths	
1965	Blackrock College 40pts			IAAB Youths	
1966	Not contested	Cork 35pts		NACAI Youths	
1966	Blackrock College 19pts			AAUE Youths	
1967	Donore Harriers 27pts			AAUE Youths	
1967	Donore Harriers 16pts			IAAB Youths	
1967	Not contested	Cork 26pts		NACAI Youths	
1968	Not contested	Cork 65pts		BLE Youths	Inter Counties
1969	Leevale 41pts	Cork 62pts			
1970	Not contested	Not contested		BLE Youths	Inter Counties
1971	Leevale	Cork 68pts		BLE Youths	
1972	Leevale 37pts	Cork 57pts		BLE Youths	
1973	Clonliffe 12pts	Dublin 64pts		BLE Youths	Inter Counties
1974	Marian 46pts	Dublin 31pts		BLE Youths	Inter Counties
1975	Leevale 22pts	Cork 60pts		BLE Youths	
1976	Dundrum FRC 29pts	Galway 60pts		BLE Youths	
1977-1993 Not held					
1994	Leevale 31pts	Not Contested	Munster !		Inter Counties
1995	Leevale 38pts	Not Contested	Munster !		Inter Counties
1996	Leevale 62pts	Not Contested	Ulster 52pts		
1997	Leevale 37pts	Not Contested	Ulster 55pts		
1998	St. Malachy's 33pts	Not Contested	Connacht 60pts		Inter Counties
1999	Togher 51pts	Not Contested	Munster 61pts		
2000	Dundrum South Dublin 49pts	Not Contested	Munster 53pts		
2001	Dundrum South Dublin 26pts	Not Contested	Dublin 51pts		
2002	Raheny Shamrock 103pts	Meath 169pts	Leinster 50pts		
2003	Raheny Shamrock 74pts	Dublin 109pts	Leinster 44pts		
2004	Dundrum South Dublin 36pts	Dublin 78pts	Dublin 67pts		
2005	Ferrybank 59pts	Dublin 83pts	Munster 71pts		
2006	Ferrybank 37pts	Antrim 101pts	Leinster 104pts		
2007	Clonliffe Harriers 63pts	Antrim 103pts			
2008	St. Coca's 94pts	Dublin 120pts	Munster 77pts		
2009	Togher 60pts	Donegal 93pts	Leinster 51pts		
2010	Togher 49pts	Cork 109pts	Ulster 36pts		
2011	Mullingar Harriers 106pts	Dublin 86pts	Dublin 86pts		
2012	Dundrum South Dublin 42pts	Dublin 56pts	Leinster 51pts		
2013	Ennis Track 68pts	Dublin 85pts	Munster 81pts		
2014	Mullingar Harriers 99pts	Dublin 146pts	Leinster 77pts		
2015	St. Laurence O'Toole 94pts	Dublin 114pts	Ulster 61pts		
2016	Ennis Track 80pts	Cork 132pts	Munster 55pts		
2017	Clonliffe Harriers 75pts	Dublin 117pts	Leinster 93pts		
2018	Clonliffe Harriers 99pts	Dublin 80pts	Dublin 80pts		
2019	St. Malachy's 45pts	Antrim 57 pts	Ulster 48pts		

100m U18 Girls

1994	Karen Shinkins	Newbridge	12.0H		
1995	Niamh McGlynn	West Dublin	12.56		
1996	Sharon Rowland	Roscrea	12.77		
1997	Sinead Hickey	Emerald	12.65		
1998	Ciara Sheehy	West Dublin	12.24		
1999	Sinead Swan	Taghmon	12.2H		
2000	Fiona O'Friel	West Dublin	12.42		
2001	Sharon Kelly	Leevale	12.3H	-0.5	
2002	**Claire Bergin**	**Dundrum South Dublin**	**11.97**	**2.9**	**CR**
2003	Louise Marie Nicholson	Emerald	12.43	2.2	
2004	Ailbhe Darcy	Loughrea	12.56	-1.2	
2005	Katie Lydon	Galway City Harriers	12.22	0.7	
2006	Mairead Murphy	Ferrybank	12.20	3.0	
2007	Niamh Whelan	Ferrybank	12.10	1.4	
2008	Eilish Fitzpatrick	Gneeveguilla	12.25	-0.4	
2009	Joan Healy	Bandon	12.07	2.3	

2010	Sarah Murray	Fingallians	12.09	-2.2	
2011	Grainne Moynihan	West Muskerry	12.27		
2012	Cliodhna Manning	Kilkenny City Harriers	12.27		
2013	Sarah-Kate Lacey	Kilkenny City Harriers	12.60		
2014	Niamh McNicol	Ferrybank	12.12		
2015	Mollie O'Reilly	Dundrum South Dublin	12.07	3.2	
2016	Ara Freeman	Greystones & District	12.46	-0.1	
2017	Aoife Lynch	Donore Harriers	12.25	-0.5	
2018	Sive O'Toole	St. Laurence O'Toole	12.30	2.5	
2019	Adeyemi Talabi	Longford	12.20	-1.1	

200m U18 Girls

1994	Karen Shinkins	Newbridge	24.86		
1995	Niamh McGlynn	West Dublin	26.88		
1996	Sharon Rowland	Roscrea	25.75		
1997	Sinead Hickey	Emerald	24.89		
1998	**Ciara Sheehy**	**West Dublin**	**24.4H**		**CR**
1999	Louise Haugh	Ballymena & Antrim	24.95	1.5	
2000	Fiona O'Friel	West Dublin	25.8		
2001	Sharon Kelly	Leevale	24.6H	0.1	
2002	Mandy Crowe	Bansha	25.20	-1.1	
2003	Louise Marie Nicholson	Emerald	25.79	0.2	
2004	Clare McGlynn	Templeogue	25.86	-0.4	
2005	Katie Lydon	Galway City Harriers	25.14	-0.6	
2006	Mairead Murphy	Ferrybank	24.96	-2.5	
2007	Harriet Cross	Leevale	26.04		
2008	Eilish Fitzpatrick	Gneeveguilla	25.08		
2009	Claire Mooney	Naas	25.26	-0.2	
2010	Sarah Murray	Fingallians	25.45	1.9	
2011	Phil Healy	Bandon	25.20		
2012	Cliodhna Manning	Kilkenny City Harriers	24.90		
2013	Sarah-Kate Lacey	Kilkenny City Harriers	25.34		
2014	Roseanna McGuckian	City of Lisburn	24.81	-2.7	
2015	Mollie O'Reilly	Dundrum South Dublin	24.91	0.0	
2016	Nicole King	Galway City Harriers	25.57	1.0	
2017	Aoife Lynch	Donore Harriers	24.98	-0.1	
2018	Awa Fane	Mullingar Harriers	25.65	-3.8	
2019	Lauren McCourt	Bandon	25.18	-1.9	

300m / 400m U18 Girls

1994	Mandy Bloomer	Mountmellick	57.71		
1995	Jennifer McKenna	Collins	55.96		
1996	Sharon Rowland	Roscrea	58.78		
1997	Sinead Hickey	Emerald	57.1H		
1998	Karen Woods	Metro/St. Brigid's	58.01		
1999	Michelle Carey	West Dublin	57.2H		
2000	Alex Flamme	Celbridge	57.75		
2001	Dawn Kelly	Belgooly	61.38		
2002	Karen O'Neill	Donore Harriers	41.56	300M	
2003	Caroline Kelly	Kilkenny City Harriers	43.14	300M	
2004	Claire Mc Sweeney	Leevale	39.92	300M	
2005	Katie Lydon	Galway City Harriers	40.26	300M	
2006	Mairead Deevy	Ferrybank	41.40	300M	
2007	Niamh Whelan	Ferrybank	40.03	300M	
2008	Eilish Fitzpatrick	Gneeveguilla	41.54	300M	
2009	Claire Mooney	Naas	39.27	300M	
2010	Christine Neville	Blarney/Inniscara	41.13	300M	
2011	Grainne Moynihan	West Muskerry	39.52	300M	
2012	Cliodhna Manning	Kilkenny City Harriers	56.58		
2013	Joanna Duignan	Carrick-on-Shannon	57.90		
2014	**Jenna Bromell**	**Emerald**	**56.45**		**CR**
2015	Amy Hamill	Glaslough Harriers	58.27		
2016	Nicole King	Galway City Harriers	56.81		
2017	Niamh Gowing	Dundrum South Dublin	56.56		
2018	Simone Lalor	St. Laurence O'Toole	57.22		
2019	Caoimhe Cronin	Le Cheile	57.82		

800m U18 Girls

1994	Tracy Murphy	Galway City Harriers	02:17.60	
1995	Catriona O'Brien	Rathfarnham	02:15.33	
1996	Stephanie O'Reilly	Inbhear Dee	02:15.67	
1997	Geraldine McCarthy	Listowel	02:17.41	
1998	Roisin McGettigan	Inbhear Dee	02:14.21	
1999	Sinead Foley	Kilkenny City Harriers	02:22.92	
2000	Roisin Quinn	St. Pauls Waterford	2.15.32	
2001	Siobhan Eviston	Raheny Shamrock	02:19.15	
2002	Karen O'Neill	Donore Harriers	02:18.63	
2003	Azmera Gebrezgi	Celtic	2:13.4H	
2004	Laura Crowe	Tralee Harriers	02:13.33	
2005	Laura Scriven	St. Laurence O'Toole	02:12.43	
2006	Mary O'Connor	Ferrybank	02:14.76	
2007	Ciara Everard	Kilkenny City Harriers	02:12.76	
2008	Rachel Gibson	City of Lisburn	02:16.81	
2009	Claire Earls	Inbhear Dee	02:18.76	
2010	Iseult O'Donnell	Raheny Shamrock	2.18.07	
2011	Amy O'Donoghue	Emerald	02:19.58	
2012	Aislinn Crossey	Newry City Runners	02:14.70	
2013	Anna Sheehan	Kilkenny City Harriers	02:19.77	
2014	Louise Shanahan	Leevale	02:16.83	
2015	Amy Hamill	Glaslough Harriers	02:17.08	
2016	Aisling Joyce	Claremorris	2.16.19	
2017	Stephanie Cotter	West Muskerry	2.16.26	
2018	Molly Brown	Metro St. Brigid's	2.14.04	
2019	**Aimee Hayde**	**Newport**	**2.10.99**	**CR**

1500m U18 Girls

1994	Denise Brady	Rathfarnham	04:48.5	
1995	Catriona O'Brien	Rathfarnham	04:45.3	
1996	Stephanie O'Reilly	Inbhear Dee	04:51.3	
1997	Geraldine McCarthy	Listowel	04:47.9	
1998	Roisin McGettigan	Inbhear Dee	4:43.0H	
1999	Carol O'Regan	Coolyroe	04:49.5	
2000	Martina Hickey	West Muskerry	4.42.64	
2001	Michelle Harvey	St. John Bosco	4:53.6H	
2002	Tracy Williams	Tallaght	04:51.9	
2003	Azmera Gebrezgi	Celtic	04:43.6	
2004	Rose-Anne Galligan	Dundrum South Dublin	04:40.7	
2005	Joanne English	Letterkenny	04:51.8	
2006	Sara Louise Treacy	Moynalvey/Kilcloon	04:47.2	
2007	**Suzanne Huet**	**Dundrum South Dublin**	**04:31.2**	**CR**
2008	Kitty Walsh	Ferrybank	04:50.83	
2009	Ellie Hartnett	Greystones & District	04:49.8	
2010	Mary Ann O'Sullivan	Tinryland	04:47.6	
2011	Siobhan McGinley	Celtic Dublin City Harriers	04:50.4	
2012	Niamh Markham	Ennis Track	04:43.4	
2013	Sorcha Fallon	North Sligo	04:53.4	
2014	Louise Shanahan	Leevale	04:41.6	
2015	Ciara McSweeney	Rathfarnham WSAF	4:58.60	
2016	Aisling Joyce	Claremorris	4.54.53	
2017	Stephanie Cotter	West Muskerry	4.34.09	
2018	Alyce O'Connor	Kenmare & District	4.43.98	
2019	Lucy Holmes	West Waterford	4.45.88	

3000m U18 Girls

1994	Faye Boyle	Togher	10:57.89
1995	Niamh Kissane	St Brendan's Ardfert	11:08.50
1996	Stephanie O'Reilly	Inbhear Dee	10:11.17
1997	Kathryn Casserly	Castlegar	10:18.74
1998	Ann-Marie Larkin	Tullamore Harriers	10:27.88
1999	Mairead O'Callaghan	North Cork	10:26.85
2000	Kate O'Neill	Metro/St. Brigid's	10.42.93
2001	Fiona Mahon	South O'Hanlon	11:06.73
2002	Niamh Healy	Metro/St. Brigid's	10:43.19
2003	Linda Byrne	Dundrum South Dublin	10:26.48
2004	Michelle Naughton	Border Ramblers	10:26.72
2005	Bryony Treston	Dundrum South Dublin	10:51.25

2006	Patricia Barry	Ferrybank	10:27.50		
2007	**Charlotte Ffrench O'Carroll**	**Dundrum South Dublin**	**09:32.04**		**CR**
2008	Eimear Black	Ballymena & Antrim	10:08.52		
2009	Joanne Mills	Lagan Valley	10:25.61		
2010	Hannah Dalton	Templeogue	10.46.79		
2011	Megan Ryan	Dundrum South Dublin	10:59.35		
2012	Clare McCarthy	Dundrum South Dublin	10:38.73		
2013	Muireann O'Shea	Marian	10:50.19		
2014	Aisling Quinn	Ferrybank	10:20.13		
2015	Isabel Carron	Skerries	10:10.84		
2016	Alanna Bate	Mullingar Harriers	10.32.60		
2017	Aisling Kelly	St. Johns	10.22.69		
2018	Aoife Ni Cuill	St. Coca's	10.34.57		
2019	Niamh O'Mahoney	An Riocht	10.20.86		

100m Hurdles U18 Girls

1994	Mandy Bloomer	Mountmellick	15.55		
1995	Regina Igoe	Drinagh-Murrintown-Piercestown (DMP)	16.01		
1996	Deirdre Colgan	Kilkenny City Harriers	16.5H		
1997	Avril Dillon	Ballybrack	16.54		
1998	Orla Power	Carrick-on-Suir	14.56	1.5	
1999	Siobhan Fitzpatrick	St. Mary's	15.8H		
2000	Sarah Kelly	Portumna	16.50		
2001	Sharon Kelly	Leevale	14.93	1.5	
2002	Shireen McDonagh	Dundrum South Dublin	16.2H		
2003	Katey Byrd	Belgooly	15.36	4.7	
2004	Mera O'Connor	Belgooly	15.60		
2005	Lynsey Porter	Inbhear Dee	15.61	-0.5	
2006	Mairead Murphy	Ferrybank	14.28	2.0	
2007	Sandra Lawlor	Celbridge	14.73	0.1	
2008	Aimee McNeilly	Regent House	15.0H		
2009	Catherine McManus	Celtic	14.58	1.7	
2010	Louise Harvey	Tir Chonaill	15.01		
2011	Sarah Lavin	Emerald	14.38		
2012	Orla Furney	Gorey	15.17		
2013	Shannon Dawkins	St Joseph's	14.43		
2014	Clodagh O'Mahoney	Dooneen	14.42		
2015	**Elizabeth Morland**	**Cushinstown**	**13.76**	**0.2**	**CR**
2016	Aoife Cloke Rochford	Bree	14.92	1.0	
2017	Deirdre Murray	Na Fianna	14.32	1.0	
2018	Anna McCauley	City of Lisburn	14.07	1.1	
2019	Laura Gallagher	Dundrum South Dublin	15.28	-2.6	

300m / 400m Hurdles U18 Girls (0.762m/2'6)

1994	Mandy Bloomer	Mountmellick	62.68		
1995	Maoiliosa Hynes	Loughrea	70.54		
1996	Eileen Gillick	Dundrum South Dublin	66.95		
1997	Elizabeth Egan	Bree	67.91		
1998	Orla Power	Carrick-on-Suir	64.4H		
1999	Michelle Carey	West Dublin	63.61		
2000	Sinead Falvey	Leevale	65.57		
2001	Rebecca Mitchell	Regent House	66.97		
2002	Nicole O'Regan	Togher	44.96	300M	
2003	Katey Byrd	Belgooly	47.40	300M	
2004	Jennifer Reddy	St. L. O'Toole	45.07	300M	
2005	Lynsey Porter	Inbhear Dee	44.48	300M	
2006	Jessie Barr	Ferrybank	45.26	300M	
2007	Sandra Lawlor	Celbridge	44.95	300M	
2008	Rebecca Nolan	Galway City Harriers	45.42	300M	
2009	Ailbhe Courtney	St. Brendan's	44.81	300M	
2010	Louise Harvey	Tir Chonaill	45.35	300M	
2011	Clare Murphy	St. Laurence O'Toole	43.35	300M	
2012	Orla Furney	Gorey	66.92		
2013	Kelly McGrory	Tir Chonaill	64.97		
2014	**Kelly-Ann Doyle**	**Carrick-on-Suir**	**61.22**		**CR**
2015	Rachel Dunne	Dundrum South Dublin	64.82		
2016	Niamh Malone	Monaghan Phienix	64.63		
2017	Deirdre Murray	Na Fianna	62.85		
2018	Miriam Daly	Carrick-on-Suir	62.12		

2019	Seren O'Toole	Galway City Harriers	64.05		

3000m Walk U18 Girls

1994	Esther Wolfe	Coolyroe	17:36.46		
1995	Rosaleigh Comerford	Kilkenny City Harriers	14:13.4H		
1996	Niamh Larkin	Borrisokane	17:07.4H		
1997	Siobhan O'Malley	Bilboa	17:19.00		
1998	Mary Brennan	Castlecomer	16:44.8H		
1999	Martina Lanigan	St. Joseph's	15:54.15		
2000	Pamela Foskin	St. Senan's	17.10.27		
2001	Niamh Brennan	St. Laurence O'Toole	16:40.52		
2002	Catriona McMahon	St. Mary's	15:01.58		
2003	Carol Burtenshaw	Monasterevin	15:16.21		
2004	Lucia Brennan	Castlecomer	16:16.64		
2005	Catherine Fennelly	St. Senan's	16:43.2H		
2006					
2007	Shauna Guthrie	Finn Valley	17:17.9H		
2008	Sinead Holmes	Bilboa	15:40.40		
2009	Emma Doherty	North Belfast Harriers	14:33.27		
2010	Emma Prendiville	Farranfore Maine Valley	14:49.09		
2011	**Kate Veale**	**West Waterford**	**12:18.86**		**CR**
2012	Alicia Boylan	Oriel	15:17.70		
2013	Edel Glennon	Mullingar Harriers	15:34.10		
2014	Claire Kennedy	St Coca's	15:35.16		
2015	Rachel Glennon	Mullingar Harriers	15:46.39		
2016	Rebecca Kearney	Carraig-Na-Bhfear	18.43.56		
2017	Orla O'Connor	Waterford	14.03.21		
2018	Sarah Glennon	Mullingar Harriers	14.36.82		
2019	Emily MacHugh	Naas	14.42.98		

1000m / 2000m Steeplechase U18 Girls

2007	Michelle English	Letterkenny	05:55.17	1000m	
2008					
2009	Niamh Kearney	Greystones & District	05:37.40	1000m	
2010	Fionnuala Mulroy	Swinford	8.37.21		
2011	Siobhan McGinley	Celtic Dublin City Harriers	07:38.27		
2012	Jessica Coyne	Dooneen	07:47.15		
2013	Cliona Carthy	Celtic Dublin City Harriers	07:24.75		
2014	Ciara Cummins	Nenagh Olympic	07:20.70		
2015	Toni Moore	Omagh Harriers	07:35.49		
2016	Aoife O'Brien	Westport	7.50.14		
2017	**Laura Nicholson**	**Bandon**	**6.58.38**		**CR**
2018	Sarah Gilhooley	Athenry	7.38.52		
2019	Sarah Brady	North Leitrim	7.52.23		

High Jump U18 Girls

1994	Laura Macken	Roscommon	1.55
1995	Catriona O'Leary	Bandon	1.60
1996	Deirdre Ryan	Claremorris	1.62
1997	Ruth Brennan	Roscommon	1.50
1998	Orna Donoghue	Carrick-on-Suir	1.63
1999	Mary McLoone	St. John Bosco	1.60
2000	Rose Mary Daniels	Na Fianna	1.55
2001	Helen Buckley	Raheny Shamrock	1.58
2002	Sharon Heveran	Westport	1.68
2003	Amanda Casey	St. Marys	1.60
2004	Christina Broderick	Belgooly	1.64
2005	Jenny Reilly	Na Fianna	1.66
2006	Aileen Ruane	Sligo	1.65
2007	Maureen Farrell	Fr. Murphy	1.65
2008	Maeve Keenan	Ballymena & Antrim	1.50
2009	Mary Kate Lanigan	Kilkenny City Harriers	1.70
2010	Victoria Dwyer	Raheny Shamrock	1.60
2011	Pippa Rogan	Greystones & District	1.71
2012	Sinead McDonagh	Kilkenny City Harriers	1.55

2013	Shannon Dawkins	St Joseph's	1.70		
2014	Neasa Murphy	Ferrybank	1.60		
2015	Cliodhna Blake	St John's	1.55		
2016	Alannah Gannon	Aughagower	1.64		
2017	**Katherine O'Connor**	**St. Gerards Dundalk**	**1.74**		**CR**
2018	Emily Corcoran	Celtic Dublin City Harriers	1.63		
2019	Kylie Heinen	Ferrybank	1.63		

Pole Vault U18 Girls

2002	Aideen O'Farrell	Marian	1.70		
2003	Elaine Drumm	Tralee Harriers	2.10		
2004	Sofie Loscher	Roundwood & District	2.60		
2005	Anna Millar	St. Abban's	2.40		
2006	Claire Wilkinson	Ballymena & Antrim	3.00		
2007	Sarah Ryan	Youghal	2.60		
2008	Alwynne McGeever	Shercock	2.20		
2009	Nikita Savage	Youghal	3.20		
2010	Lisa Houlihan	West Waterford	3.00		
2011	Una Marley	St. Brendan's	2.60		
2012	Rachel Swan	Raheny Shamrock	3.00		
2013	Lizzy McDowell	Raheny Shamrock	2.70		
2014	Martha Hassett	Greystones & District	2.25		
2015	Ellen Larkin	Emerald	2.95		
2016	Sarah Derham	Lusk	3.10		
2017	Clodagh Walsh	Abbey Striders	3.20		
2018	Anna Riebeling	Tir Chonaill	2.40		
2019	**Orla Coffey**	**Carraig-Na-Bhfear**	**3.45**		**CR**

Long Jump U18 Girls

1994	Lena Barry	Emerald	5.21		
1995	Catherine Teehan	Newbridge	5.44		
1996	Gail Doyle	Inbhear Dee	5.11		
1997	Grainne O'Mahoney	Claremorris	5.97		
1998	Bronagh McCarthy	Leevale	5.46		
1999	Sinead Swan	Taghmon	5.60		
2000	Sarah Kelly	Portumna	5.18		
2001	Aoife Hoey	Mountmellick	5.43		
2002	Sharon Heveran	Westport	5.47		
2003	Stephen Darcy	St. Laurence O'Toole	6.69	2.2	
2004	Jennifer Reddy	St. L. O'Toole	5.52		
2005	Kelly Proper	Ferrybank	5.62		
2006	Aileen Ruane	Sligo	5.73		
2007	Harriet Cross	Leevale	5.53		
2008	Nicola Power	Ferrybank	5.32		
2009	Aoife Bartley	Carrick-on-Suir	5.25		
2010	Sally Rose Maughan	Castlebar	5.99	0.4	
2011	Lorraine O'Shea	Kilkenny City Harriers	5.55		
2012	**Sarah McCarthy**	**Mid Sutton**	**6.00**	**-1.0**	**CR**
2013	Megan Coomber	Clonliffe Harriers	5.28		
2014	Annie Stafford	Menapians	5.60	1.3	
2015	Elizabeth Morland	Cushinstown	5.91		
2016	Rachel Bowler	Tralee Harriers	5.46	2.5	
2017	Vickie Cusack	Liscarroll	5.51	2.3	
2018	Sophie Meredith	St. Mary's Limerick	5.85	2.8	
2019	Chloe Casey	Galway City Harriers	5.46	-2.0	

Triple Jump U18 Girls

1994	Rachel O'Flynn	Leevale	10.33
1995	Sinead Moffatt	Ballina	10.34
1996	Orla Heron	Ballinascreen	10.77
1997	Mary Devlin	Ballinascreen	10.47
1998	Ann M. O'Callaghan	Kilmallock	10.26
1999	Mary McLoone	St. John Bosco	10.89
2000	Rose Mary Daniels	Na Fianna	10.96
2001	Carol Loscher	Roundwood & District	11.49
2002	Mairead Doherty	Letterkenny	10.59
2003	Rachel Reddy	Dundrum South Dublin	11.00

2004	Christina Broderick	Belgooly	11.02		
2005	Sera Palazzio	Clonmel	10.50		
2006	Jessie Barr	Ferrybank	11.31		
2007	Orna McGinley	Clonliffe Harriers	10.42		
2008	Hannah Todd	Ballymena & Antrim	11.44	0.0	
2009	**Caoimhe King**	**Westport**	**11.86**	**0.1**	**CR**
2010	Rachel Healy	Ballymena & Antrim	11.00		
2011	Saragh Buggy	St. Abban's	11.58		
2012	Claire Dougherty	City of Derry	10.83		
2013	Blaithnaid Patton	Finn Valley	11.20		
2014	Fiona O'Shea	Dooneen	11.19		
2015	Sophie McCabe	Bree	10.83	-0.8	
2016	Fodhla Nic Phaidin	Rosses	10.96	1.6	
2017	Laura Cunningham	Craughwell	10.63	4.0	
2018	Aisling Cassidy	Leevale	10.93	0.0	
2019	Aisling MacHugh	Naas	10.72	-1.6	

Shot Put U18 Girls (3kg)

1994	Antoinette Moore	Rathfarnham	10.99		
1995	Hilary McGee	Lucan	10.25		
1996	Therese White	North Clare	9.59		
1997	Julie McCorry	Ballymena & Antrim	10.81		
1998	Eva Massey	North Down	11.64		
1999	Geraldine Stewart	St. John Bosco	11.12		
2000	Niamh O'Riordan	Togher	9.41		
2001	Fionnuala Lombard	Leevale	11.38		
2002	Leanne Hayes	North Laois	11.69		
2003	Amy Davis	Lagan Valley	10.70		
2004	Kathleen Fitzgerald	Leevale	11.24		
2005	Yvonne Hickey	Gowran	10.34		
2006	Laura Cogan	Newbridge	12.85		
2007	Niamh Mooney	Bilboa	9.80		
2008	Clare Fitzgerald	Tralee Harriers	12.80		
2009	Fiona Moloney	Dooneen	11.46		
2010	Zoe Scanlon	West Waterford	10.50		
2011	Niamh Murphy	Blarney Inniscara	11.55		
2012	Laura McSweeney	Bandon	13.67		
2013	Fiona Tuite	Fingallians	13.77		
2014	Anne-Marie Torsney	Fingallians	12.20		
2015	**Michaela Walsh**	**Swinford**	**16.43**		**CR**
2016	Angharad Loughnane	Marian	12.62		
2017	Marguerite Furlong	Adamstown	11.77		
2018	Lystus Ebosele	DMP	13.53		
2019	Ciara Sheehy	Emerald	15.58		

Discus U18 Girls (1kg)

1994	Edel Meagher	Blarney Inniscara	36.28
1995	Mary Henegan	St. Mary's	28.46
1996	Nicola Barron	Kilkenny City Harriers	32.54
1997	Clara Thompson	Bree	37.52
1998	Eva Massey	North Down	37.58
1999	Eileen O'Keeffe	Kilkenny City Harriers	40.87
2000	E Kelly	Kilmore	32.43
2001	Gillian Austin	Borrisokane	39.13
2002	Rachel Akers	Marian	35.43
2003	Sonia Kennedy	Ferrybank	32.42
2004	Karen Kiernan	Monaghon Pheonix	32.72
2005	Philipa Conway	Crusaders	33.38
2006	Sarah Bradfield	Bandon	34.49
2007	Rachel Maguire	Crusaders	35.54
2008	Maria Flynn	Farranfore Maine Valley	29.27
2009	Rachel Keys	Regent House	29.30
2010	Zoe Scanlon	West Waterford	36.49
2011	Sophie Parkinson	Gowran	38.35
2012	Hannah O'Sullivan	Gneeveguilla	37.90
2013	Fiona Duggan	Bandon	32.89
2014	Anne-Marie Torsney	Fingallians	37.21
2015	Aoife Doyle	Star of the Laune	34.38

2016	**Niamh Fogarty**	**North Westmeath**	**42.39**	**CR**
2017	Marguerite Furlong	Adamstown	35.79	
2018	Lystus Ebosele	DMP	31.94	
2019	Ciara Sheehy	Emerald	35.80	

Javelin U18 Girls (500g)

1994	Carol Costello	Marian	35.32	
1995	Joanne Ryan	Bilboa	25.26	
1996	Leanne Tutty	De La Salle Waterford	35.10	
1997	Laura Eagers	Walkinstown SAF	32.20	
1998	Orna Donoghue	Carrick-on-Suir	31.17	
1999	Jennifer O'Sullivan	Cushinstown	33.14	
2000	Niamh O'Riordan	Togher	32.43	
2001	Anita White	Dubln Striders	37.51	
2002	Sarah Grehan	Edenderry	33.74	
2003	Joanne Holmes	Sparta North West	29.08	
2004	Catherine Grant	Tramore	33.08	
2005	Leanne Hynes	Na Fianna	29.52	
2006	Kellie Ryder	Greystones & District	31.17	
2007	Georgina Brown	City of Derry	35.05	
2008	Clare Fitzgerald	Tralee Harriers	38.64	
2009	Erica Dixon	Le Cheile	27.63	
2010	Emma Daly	St. Abban's	27.64	
2011	Jenny Murphy	Abbey Striders	38.51	
2012	Laura Dolan	Ferbane	34.74	
2013	Rita Casey	Gneeveguilla	34.70	
2014	Lauren O'Mahoney	Youghal	34.35	
2015	Sarah Woods	City of Lisburn	31.12	
2016	**Grace Casey**	**Eire Og Corra Choill**	**46.57**	**CR**
2017	Vickie Cusack	Liscarroll	35.84	
2018	Nikki O'Neill	Newbridge	42.42	
2019				

Hammer U18 Girls (3kg)

1994	Edel Meagher	Blarney	26.78	
1995	Patricia Byrne	St. Abban's	28.60	
1996	Paula Kelly	Castlebar	27.24	
1997	Clara Thompson	Bree	45.52	
1998	Karen Conway	Crusaders	32.60	
1999	Eileen O'Keeffe	Kilkenny City Harriers	46.58	
2000	B Salmon	North Laois	30.66	
2001	Kapande Chamda	Regent House	36.71	
2002	Rachel Akers	Marian	51.07	
2003	Aoife Naughton	Nenagh Olympic	38.66	
2004	Ann-Marie Cronin	Old Abbey Striders	44.45	
2005	Linda Cronin	Old Abbey Striders	41.76	
2006	Katie O'Shea	Farranfore Maine Valley	42.42	
2007	Maggie Donnelly	Mid Ulster	41.67	
2008	Aoife Hickey	Kilkenny City Harriers	48.79	
2009	Cara Kennedy	Ferrybank	42.43	
2010	Charlotte O'Farrell	DMP	45.20	
2011	Mairead O'Neill	Gneeveguilla	48.16	
2012	Laura McSweeney	Bandon	45.21	
2013	Mieke Kiernan	Raheny Shamrock	48.99	
2014	Aoife Vaughan-Witts	Borrisokane	56.19	
2015	Aisling Vaughan-Witts	Borrisokane	51.63	
2016	**Lauren O'Keeffe**	**Donore Harriers**	**57.20**	**CR**
2017	Zoe Mohan	Cushinstown	47.30	
2018	Tirna Cahill	Youghal	47.95	
2019	Nicola Tuthill	Bandon	55.21	

4x100m Relay U18 Girls

1994		Kilkenny City Harriers	53.70
1995		Leevale	51.71
1996		Dundrum South Dublin	54.2H
1997		Leevale	52.3H

1998	Leevale	51.5H	
1999	Kilkenny City Harriers	51.4	
2000	Leevale	50.52	
2001	Leevale	50.04	
2002	Bree	50.47	
2003	Leevale	50.29	
2004	Clonliffe Harriers	50.01	
2005	Galway City Harriers	50.34	
2006	**Ferrybank**	**48.76**	**CR**
2007			
2008			
2009	Galway City Harriers	51.09	
2010	Raheny Shamrock	50.64	
2011	Dooneen	50.30	
2012	Kilkenny City Harriers	50.73	
2013	Kilkenny City Harriers	50.55	
2014	Leevale	50.63	
2015	Dundrum South Dublin	50.59	
2016	Craughwell	51.49	
2017	Emerald	49.75	
2018	Naas	50.99	
2019	Galway City Harriers	51.54	

4x400m Relay U18 Girls

1994	Kilkenny City Harriers	5:14.3H	
1995	Roscrea	4:20.6H	
1996	Claremorris	4:33.9H	
1997	Tullamore Harriers	4:11.8H	
1998	Leevale	4:10.3H	
1999	Kilkenny City Harriers	4.09.8	
2000	Leevale	4.19.76	
2001	Leevale	04:12.18	
2002	Galway City Harriers	03:00.95	
2003	Belgooly	02:51.16	
2004	Leevale	02:50.65	
2005	Galway City Harriers	02:52.22	
2006	Ferrybank	02:47.41	
2007			
2008			
2009	Galway City Harriers	03:03.38	
2010	Ferrybank	2:52.8H	
2011	Dundrum South Dublin	02:59.74	
2012			
2013	Galway City Harriers	04:16.30	
2014	Dundrum South Dublin	04:17.15	
2015	Raheny Shamrock	04:08.58	
2016	Galway City Harriers	4.08.39	
2017	Dundrum South Dublin	4.05.27	
2018	Leevale	4.07.66	
2019	**Galway City Harriers**	**3.59.73**	**CR**

Combined Events U18 Girls

1994	Mandy Bloomer	Mountmellick	4021
1995	Sinead Moffatt	Ballina	3212
1996	Gail Doyle	Inbhear Dee	3614
1997	Elizabeth Egan	Bree	3338
1998	Orla Power	Carrick-on-Suir	3752
1999			
2000	Eilis Connery	St. Laurence O'Toole	2890
2001			
2002	Sharon Heveran	Westport	3580
2003	Brona Furlong	Enniscorthy	3533
2004			
2005			
2006	Not contested		
2007	Roisin Howard	Grange/Fermoy	3543
2008	Fleur Brown	St. Laurence O'Toole	2198
2009	Rachel Finnegan	Craughwell	3180

2010	Niamh Brien	Brothers Pearse	4139	
2011	Nessa Millet	St. Abban's	3851	
2012	Amy McTeggart	Boyne	4167	
2013	Amy McTeggart	Boyne	3945	
2014	**Elizabeth Morland**	**Cushinstown**	**4669**	**CR**
2015	Laura Quigley	Celbridge	3255	
2016	Kate O'Connor	St. Gerards Dundalk	5074	
2017	Lara O'Byrne	Donore Harriers	4200	
2018	Ella Duane	Naas	4017	
2019	Molly Curran	Carmen Runners	4172	

Cross Country U18 Girls

1968	Nuala Bowe	Tipperary	BLE Intermediate
1969	Nuala Bowe	Tipperary	BLE Intermediate
1970	Not contested		
1971	Beatrice Lambert	St Laurence O'Toole	BLE Intermediate
1971	Beatrice Lambert	St Laurence O'Toole	BLE Intermediate
1972	Marie Buckley	Leevale	BLE Intermediate
1973	Mary Appleby	Guinness/Dublin	BLE Intermediate
1974	Mary Appleby	Guinness/Dublin	BLE Intermediate
1975	Mary Fleming	Midleton	BLE Intermediate
1977	AnnKeenan	Ballyfin	BLE Intermediate
1978	Mary Dempsey	Youghal	BLE Intermediate
1979-1993	**Not held**		
1994	Niamh Kissane	St Brendan's Ardfert	
1995	Valerie Lynch	Carraig na Bhfear	
1996	Terry Hennessy	Glenbower	
1997	Ann-Marie Larkin	Tullamore Harriers	
1998	Aoife Byrne	Dundrum South Dublin	
1999	Aoife Byrne	Dundrum South Dublin	
2000	Mary Cullen	North Sligo	
2001	Fionnuala Britton	Sli Cualann	
2002	Linda Byrne	Dundrum South Dublin	
2003	Azmera Gebrezgi	Celtic Dublin City Harriers	
2004	Joanne English	Letterkenny	
2005	Sara Louise Treacy	Moynalvey	
2006	Charlotte Ffrench O'Carroll	Dundrum South Dublin	
2007	Tara Jameson	Inbhear Dee	
2008	Niamh Kearney	Greystones & District	
2009	Orlagh Farmer	Midleton	
2010	Kate Veale	West Waterford	
2011	Gina Dolan	Annalee	
2012	Siofra Cleirigh Buttner	Dundrum South Dublin	
2013	Sarah Fitzpatrick	Dundrum South Dublin	
2014	Hope Saunders	Clonliffe Harriers	
2015	Isabel Carron	Skerries	
2016	Emma O'Brien	Inbhear Dee	
2017	Laura Nicholson	Bandon	
2018	Maeve Gallagher	Swinford	
2019	Eimear Maher	Dundrum South Dublin	

Cross Country Team U18 Girls

	Club	**County**	**Region**	
1968	Not contested	Tipperary 29pts	Not contested	BLE Intermediate
1969	Clonliffe 11pts	Dublin 20pts	Not contested	BLE Intermediate
1970	Not contested	Not contested	Not contested	
1971	St Laurance O'Toole	Cork 24pts	Not contested	BLE Intermediate
1971	Leevale 11pts	Cork 12pts	Not contested	BLE Intermediate
1972	Leevale 15pts	Cork 10pts	Not contested	BLE Intermediate
1973	Grange Fermoy 15pts	Cork 10pts	Not contested	BLE Intermediate
1974	UCC 38pts	Cork 20pts	Not contested	BLE Intermediate
1975	Midleton 10pts	Cork 12pts	Not contested	BLE Intermediate
1977	Ballyfin 18pts	Laois 13pts	Not contested	BLE Intermediate
1978	Galway City Harriers 17pts	Galway 25pts	Not contested	BLE Intermediate
1979-1993	**Not held**			
1994	Marian 101pts	Not Contested	Munster 48pts	
1995	Marian 62pts	Not Contested	Munster 34pts	
1996	Dundrum South Dublin 69pts	Not Contested	Munster 37pts	

1997	Bree 65pts	Not Contested	Leinster 49pts
1998	Glenbower 41pts	Not Contested	Munster 45pts
1999	Dundrum South Dublin 24pts	Not Contested	Leinster 60pts
2000	Monaghan Phoenix 63pts	Not Contested	Leinster 49pts
2001	Tir Chonaill 27pts	Not Contested	Ulster 72pts
2002	Dundrum South Dublin 49pts	Dublin 43pts	Dublin 36pts
2003	Dundrum South Dublin 27pts	Dublin 45pts	Dublin 30pts
2004	Dundrum South Dublin 33pts	Dublin 57pts	Dublin 57pts
2005	Dundrum South Dublin 85pts	Dublin 56pts	Dublin 56pts
2006	Dundrum South Dublin 14pts	Dublin 28pts	Dublin 28pts
2007	Celtic Dublin City Harriers 67pts	Dublin 127pts	
2008	Dundrum South Dublin 43pts	Dublin 68pts	Ulster 54pts
2009	Raheny Shamrock 63pts	Dublin 52pts	Dublin 52pts
2010	Raheny Shamrock 85pts	Dublin 69pts	Dublin 69pts
2011	Dundrum South Dublin 58pts	Dublin 113pts	Ulster 48pts
2012	Dundrum South Dublin 13pts	Dublin 122pts	Dublin 51pts
2013	Dundrum South Dublin 33pts	Dublin 98pts	Ulster 82pts
2014	Leevale 53pts	Dublin 63pts	Dublin 63pts
2015	Inbhear Dee 78pts	Wicklow 134pts	Leinster 102pts
2016	Dundrum South Dublin 20pts	Dublin 112pts	Munster 66pts
2017	Dundrum South Dublin 37pts	Dublin 129pts	Munster 65pts
2018	Lagan Valley 142pts	Kilkenny 169pts	Leinster 44pts
2019	Dundrum South Dublin 105pts	Dublin 121pts	Munster 72pts

100m U17 Boys

1970	Gerry Flannery	Dublin	11.3		
1971 - 1975 Not held					
1976	Jimmy Gunning	Crusaders	10.9		
1977	P Nowlan	Dundrum	11.0		
1978	Colman O'Flaherty	Pearse	11.6		
1979	Pat O'Halloran	Ballymore/Cobh	11.1		
1980	Paul O'Brien	Dooneen	11.0		
1981	Peter McDonnell	Mullaban	11.2		
1982	Derek O'Connor	Dundrum	11.0		
1983	Niall O'Shea	Dooneen	10.9		
1984	Padraig Connerton	Lough Ree	10.83		
1985	Richie Ryan	Castle	10.7		
1986	Robert Sexton	North Down	11.2		
1987	Neil Sweeney	Sligo	10.9H		
1988	Darren Haddock	Togher	10.8H		
1989	Alan McCarthy	Togher	11.26		
1990	Jeffrey Pamplin	Newcastle	11.30		
1991	Shane O'Sullivan	Farranfore Maine Valley	10.90		
1992	Andrew Callanan	Dundrum South Dublin	11.20		
1993	Denis Hickie	Metro St. Brigid's	11.20		
1994	Aaron Rogers	Dundealgan	11.17		
1995	Gareth Gettinby	North Down	11.27		
1996	Damien Wilmott	Dooneen	11.21		
1997	Niall O'Donnell	St. Columb's	11.3H	-0.4	
1998	Gordon Kennedy	Ballyskenach	11.32	5.0	
1999	**Timothy Flannery**	**Nenagh Olympic**	**10.82**		**CR**
2000	Paul Hession	Athenry	11.31	-0.3	
2001	Darragh Graham	Inbhear Dee	10.94	4.6	
2002	Tony Barnett	Tralee Harriers	10.92	2.2	
2003	Carl McNamara	Leevale	11.27	-2.7	
2004	Patrick Phelan	Tralee Harriers	11.80	1.6	
2005	Ciaran O'Cathain	Roscommon	11.33		
2006	Patrick McCarron	Glaslough Harriers	11.25	1.8	
2007	Scott Hamilton	Regent House	11.17	1.2	
2008	Gerard Maguire	Erne Integrated College, Enniskillen	11.27	2.0	
2009	Stuart Connor	St. Michael's Enniskillen	11.06		
2010					
2011	Kieran Elliot	North Sligo	11.15		
2012	Zak Irwin	Sligo	11.14		
2013	Eoin Doherty	Tallaght	11.29		
2014	Christopher O'Donnell	North Sligo	11.17	2.6	
2015	David McDonald	Menapians	10.92	-0.5	
2016	Aaron Sexton	North Down	11.03	1.0	
2017	Ryan O'Leary	Leevale	11.15		
2018	**Michael Farrelly**	**Raheny Shamrock**	**10.82**	**2.1**	**CR**
2019	Charles Okafor	Mullingar Harriers	11.26	0.0	

200m U17 Boys

1976	Aidan Gunning	Crusaders	22.8		
1977	P Nowlan	Dundrum	23.1		
1978	Colman O'Flaherty	Pearse	22.4		
1979	Pat O'Halloran	Ballymore/Cobh	22.9		
1980	Brian Eiffe	Ratoath	22.4		
1981	Peter McDonnell	Mullaban	22.9		
1982	Derek O'Connor	Dundrum	22.07		
1983	John O'Riordan	Leevale	22.5		
1984	Peter Fitzgerald	Ajax	21.31		
1985	Richie Ryan	Castle	21.8		
1986	Robert Sexton	North Down	22.4		
1987	Neil Sweeney	Sligo	21.9H		
1988	Brian Frazer	Annadale Striders	21.9H		
1989	Alan McCarthy	Togher	22.3H		
1990	Thomas Cummins	Dooneen	22.8H		
1991	Robert Grumley	Dundrum	22.47		
1992	David Leahy	Leevale	23.16		
1993	Stuart McQuade	Dublin City Harriers	22.25		
1994	Brian Liddy	Marian	22.81		
1995	Gareth Gettinby	North Down	23.10		
1996	Brian O'Leary	Bree	22.86		
1997	Niall O'Donnell	St. Columb's	22.5H		
1998	Gordon Kennedy	Ballyskenach	23.0H	2.5	
1999	Timothy Flannery	Nenagh Olympic	21.79		
2000	Paul Hession	Athenry	22.79	0.5	
2001	Darragh Graham	Inbhear Dee	22.1H	-1.4	
2002	Tony Barnett	Tralee Harriers	23.18	1.0	
2003	Carl McNamara	Leevale	23.07	-3.4	
2004	Patrick Phelan	Tralee Harriers	23.75	-0.3	
2005	Gerard O'Reilly	Shercock	22.63		
2006	Patrick McCarron	Glaslough Harriers	22.95		
2007	Christopher Lynch	Dundrum South Dublin	22.83	2.6	
2008	Gerard Maguire	Erne Integrated College, Enniskillen	22.63	-1.3	
2009	Patrick O'Connor	Clonliffe Harriers	22.89	0.0	
2010	Conor Wilson	Menapians	23.22		
2011	Kieran Elliot	North Sligo	22.66		
2012	Zak Irwin	Sligo	22.42		
2013	Odhran Byrne-Gildea	North Sligo	22.74		
2014	Christopher O'Donnell	North Sligo	22.49	-0.9	
2015	Shola Edodo	Templeogue	22.37	1.3	
2016	**Aaron Sexton**	**North Down**	**21.65**	**-1.2**	**CR**
2017	Ryan O'Leary	Leevale	22.76		
2018	Israel Olatunde	Dundealgan	22.16	0.1	
2019	Charles Okafor	Mullingar Harriers	22.67	0.6	

400m U17 Boys

1969	M Dore	Dublin	50.9		
1970	S Lawlor	Dublin	52.8		
1971 - 1975 Not held					
1976	Frank Reidy	Naas	51.5		
1977	John McCormack	Athlone	52.1		
1978	John Devine	Athlone	52.4		
1979	Martin Quinn	Mullingar Harriers	50.7		
1980	Ian Marron	Marcab	51.5		
1981	Liam Looney	Limerick Emerald	51.2		
1982	Fergus Sixsmith	Athy	50.85		
1983	J Flynn	St. Paul's	50.0		
1984	Peter Sinclair	Banbridge	49.86		
1985	Aidan O'Regan	Leevale	49.75		
1986	Niall Hegarty	Leevale	50.4		
1987	Stephen Newman	St. Andrew's, Ashbourne	49.9H		
1988	**Cormac McNamara**	**Limerick Emerald**	**49.4H**		**CR**
1989	Gary Ryan	Newport	50.22		
1990	Shane Slattery	Marian	50.7H		

1991	Oliver Power	St. Mary's Boyle	51.10	
1992	Keelan Conlon	St. Mary's Boyle	50.67	
1993	Alan O'Reilly	St. Benedict's	52.17	
1994	Brian Liddy	Marian	49.93	
1995	Liam Murray	Finn Valley	50.43	
1996	Damien Lowry	Dundrum South Dublin	49.74	
1997	Damien Hunt	Ferbane	50.9H	
1998	Gordon Kennedy	Ballyskenach	50.14	
1999	Joe O'Donnell	Dungarvan	50.30	
2000	David McCarthy	Celbridge	50.15	
2001	Daniel Tobin	Clonliffe Harriers	51.25	
2002	Kevin McCloy	Mid Ulster	51.55	
2003	Colum Mason	North Belfast Harriers	53.94	
2004	Mark Morgan	Cushinstown	52.2H	
2005	Brian Gregan	Tallaght	50.87	
2006	Josh Williamson	City of Lisburn	53.06	
2007	James Mulligan	Ballina	55.63	
2008	Torlach Grant	Navan	51.36	
2009				
2010	Kevin Lynch	Dundrum South Dublin	51.87	
2011	Marcus Martensson	Dundrum South Dublin	50.64	
2012	Kevin Woods	Crusaders	52.03	
2013	Mervyn Harris	Mullingar Harriers	51.54	
2014	John Fitzsimons	Kildare	50.04	
2015	Jamie Mitchell	Emerald	50.08	
2016	Tony Odubote	Ennis Track	50.93	
2017	Ciaran McCarthy	Dundrum South Dublin	50.77	
2018	Shane Ahern	Leevale	50.38	
2019	Jed Walshe	Ratoath	50.21	

800m U17 Boys

1968	Tom Gregan	Dublin	1.56.5	
1969-1976	**Not held**			
1977	Tommy Moloney	Thurles Crokes	1.58.7	
1978	Vincent Devine	Donore Harriers	1.58.2	
1979	Jim Sheehan	Nenagh Olympic	1.57.8	
1980	Paul Donovan	Pearse, Galway	1.53.8	
1981	Eugene Curran	Ardee	1.55.5	
1982	Trevor Sargeant	Bray	1.56.68	
1983	Bernard O'Sullivan	Leevale	1.55.3	
1984	Paul McGannon	Kildare	1.58.99	
1985	Brian Peppard	Raheny Shamrock	1.56.1	
1986	Bill Mullaney	Thurles Crokes	1.54.4	
1987	Anthony O'Keeffe	Togher	1:54.H	
1988	Pat Callanan	Togher	1:57.8H	
1989	PJ O'Rourke	Newport	01:53.76	
1990	Shane Daly	Clare River Harriers		
1991	Oliver Power	St. Mary's	01:58.26	
1992	Mark Griffin	Walton	1:54.4H	
1993	Conor Quigley	St. Joseph's	02:00.44	
1994	James Nolan	Ferbane	01:57.31	
1995	Peter McCormack	Ballymena & Antrim	01:55.28	
1996	Eoin Cummins	Rathfarnham	01:57.16	
1997	Gary Murray	Finn Valley	01:55.95	
1998	Fintan McGee	Lucan Harriers	01:59.83	
1999	David Kelly	Dundrum South Dublin	01:59.19	
2000	Liam Reale	Hospital	1.55.75	
2001	Ciaran O'Connell	Glaslough Harriers	01:53.87	
2002	Colin Costello	Star of the Sea	01:58.49	
2003	David Hynes	Mullingar Harriers	2:00.1H	
2004	Brian Markham	Ennis Track	01:59.81	
2005	Conor Murphy	Naas	01:58.74	
2006	Keith Maher	Thurles Crokes	01:59.18	
2007	Mark Patterson	North Down	01:59.16	
2008	Liam Markham	Ennis Track	02:00.27	
2009	Mark English	Letterkenny	01:58.31	
2010	Anthony Chambers	Westport	02:02.88	
2011	**Karl Griffin**	**Tir Chonaill**	**01:52.73**	**CR**
2012	Shane McGowan	City of Derry	01:58.88	
2013	Gary Campbell	Dunleer	02:01.24	
2014	Mustafa Nasir	Tallaght	01:56.29	

2015	Conor O'Driscoll	Leevale	01:58.30	
2016	Craig Giles	Clonliffe Harriers	1.58.98	
2017	Louis O'Loughlin	Donore Harriers	1.55.71	
2018	Tommy Connelly	Leevale	1.58.27	
2019	Aaron Shorten	St. Laurence O'Toole	1.54.17	

1500m U17 Boys

1970	Eamonn Coghlan	Metro	4.04.9	
1971 - 1975 Not held				
1976	Pat Duffy	Dundrum Family Recreation Centre	NT	
1977	Frank O'Mara	Limerick Emerald	4.06.1	
1978	Brian McDonald	Clonliffe Harriers	4.05.5	
1979	David Lynch	Donore Harriers	3.58.0	
1980	Enda Fitzpatrick	Longford	4.11.0	
1981	Eugene Curran	Ardee	3.57.9	
1982	Trevor Sargeant	Bray	3.58.3	
1983	Nick O'Brien	Stretford, UK	4.00.4	
1984	John Downes	Limerick Emerald	3.59.72	
1985	Stephen Mohan	Doheny	4.03.5	
1986	Bill Mullaney	Thurles Crokes	3.57.6	
1987	Niall Murphy	Kildare	03:54.00	
1988	Pat Callanan	Togher	4:05.0H	
1989	PJ O'Rourke	Newport	3:55.0H	
1990	Adrian Hampson	Sligo	3:59.5H	
1991	Derek Watters	Clonliffe Harriers	04:05.22	
1992	**Mark Griffin**	**Walton**	**03:53.28**	**CR**
1993	Oisin Crowley	Leevale	04:03.03	
1994	Andrew Walker	Newbridge	04:00.70	
1995	Graham O'Dwyer	Leevale	04:03.62	
1996	Paul Reilly	Loughrea	4:07.2H	
1997	Gary Murray	Finn Valley	04:01.68	
1998	Mark Smyth	North Sligo	4:08.7H	
1999	David Kelly	Dundrum South Dublin	04:03.19	
2000	Liam Reale	Hospital	4.00.86	
2001	Ciaran O'Connell	Glaslough Harriers	4:07.8H	
2002	Colin Costello	Star of the Sea	04:05.92	
2003	Daire Bermingham	Raheny Shamrock	04:24.90	
2004	Ciaran O'Lionaird	Leevale	04:05.25	
2005	Conor Murphy	Naas	04:09.47	
2006	Ian Ward	Finn Valley	04:13.41	
2007	Paul Robinson	St. Coca's	04:07.95	
2008	Liam Markham	Ennis Track	04:09.53	
2009	Stephen Attride	St. Abban's	04:11.39	
2010	Sean Tobin	Clonmel	04:07.96	
2011	Shane Fitzsimons	Mullingar Harriers	04:00.41	
2012	Andrew Coscoran	Star of the Sea	04:05.94	
2013	Kevin Mulcaire	Ennis Track	04:09.74	
2014	Shane Hughes	Mullingar Harriers	04:05.68	
2015	Rory Lodge	Kilkenny City Harriers	04:08.65	
2016	Darragh McElhinney	Bantry	4.03.32	
2017	Louis O'Loughlin	Donore Harriers	4.04.46	
2018	Cian McPhillips	Longford	4.04.99	
2019	Dylan McBride	Willowfield Harriers	4.13.67	

3000m U17 Boys

1970	Eamonn Coghlan	Metro	9.03.6
1971 - 1976 Not held			
1977	Brendan Quinn	De La Salle Waterford	8.38.0
1978	Tom Breen	Downpatrick	8.47.7
1979	Brian O'Keeffe	Donore Harriers	8.35.2
1980	Pat McCarthy	Rathkeale	8.38.8
1981	Gerard O'Callaghan	Leevale	8.41.0
1982	Enda Fitzpatrick	Longford	8.55.6
1983	Anthony Spellman	Galway City Harriers	8.43.3
1984	D Hurley	Ajax	8.50.73
1985	David Burke	Mullingar Harriers	8.43.3
1986	David Wilson	St. John Bosco Donegal	8.38.9
1987	Niall Murphy	Kildare	9:04.H
1988	Niall Bruton	Ardmore Montrose Residents Association	8:56.4H

1989	**Nigel Brunton**	**Bray Striders**	**08:29.16**	**CR**
1990	Gavin Fitzgerald	Midleton	8:59.8H	
1991	Derek Watters	Clonliffe Harriers	09:00.81	
1992	Paul McNamara	Athenry	8:36.9H	
1993	William Morris	West Dublin	8:54.0H	
1994	Alan Dunleavy	Dundrum South Dublin	08:49.96	
1995	Pearse Hickey	Celbridge	08:57.80	
1996	Gary Thornton	Galway City Harriers	09:07.03	
1997	Fiachra McGlade	Dundrum South Dublin	8:51.3H	
1998	Mark Smyth	North Sligo	08:43.77	
1999	Karol Duggan	Milford	8:54.5H	
2000	William Harty	Kilgobnet, Colligan and Kilbrien (K.C.K.)	8.44.8	
2001	Alan McCormack	Dundrum South Dublin	08:58.36	
2002	Sean Smith	Shercock	09:03.29	
2003	Mark Hoey	Dunleer	09:30.57	
2004	Brendan O'Neill	Dundrum South Dublin	09:11.80	
2005	Robert Corbally	Dundrum South Dublin	09:15.23	
2006	Dan King	Milford	09:11.11	
2007	Liam Harty	Templemore	09:02.11	
2008	Jake Byrne	Mullingar Harriers	09:13.02	
2009	Carl Dunne	Dunleer	09:04.87	
2010	Sean Tobin	Clonmel	09:14.82	
2011	Aaron Hanlon	Dunleer	09:14.17	
2012	Killian O'Donovan	Iveragh	09:08.49	
2013	Kevin Mulcaire	Ennis Track	08:59.02	
2014	Shane Hughes	Mullingar Harriers	09:05.05	
2015	Michael Power	West Waterford	09:02.13	
2016	Jack Moran	Mullingar Harriers	9.12.34	
2017	Shay McEvoy	Kilkenny City Harriers	9.01.40	
2018	Paul Hartnett	Midleton	9.03.80	
2019	Mark Hanrahan	Ennis Track	9.08.05	

100m Hurdles U17 Boys

1977	P Nowlan	Dundrum Family Recreation Centre	14.9	
1978	J Conway	Marcab	16.3	
1979	Denis Finnerty	Nenagh Olympic	14.8	
1980	Fergus Sixsmith	Athy	14.2	
1981	Michael Morrissey	Nenagh Olympic	14.6	
1982	Fergus Sixsmith	Athy	15.59	110H
1983	Fergal Conlon	Newbridge	14.9	
1984	J Connors	Borrisokane	14.86	
1985	Aidan O'Regan	Leevale	14.6	
1986	Colm Moran	Nenagh Olympic	15.2	
1987	Ronan Slevin	St. Luas	15.0H	
1988	David Sheehan	Limerick Emerald	14.1H	
1989	Conor Keegan	Ardmore Montrose Residents Association	15.68	
1990	Carlton Haddock	Togher	14.7H	
1991	John Ryan	Togher	14.60	
1992	Peter Coghlan	Crusaders	14.64	
1993	Melvin McNamara	Limerick	15.16	
1994	Derek Hayes	Dungarvan	15.18	
1995	David Murphy	Ballymena & Antrim	15.61	
1996	Paul O'Shea	Kilmallock	15.24	
1997	Brendan Bourke	Kilmallock	15.07	
1998	Conor McPhillips	Dundrum South Dublin	14.84	1.0
1999	Timothy Flannery	Nenagh Olympic	14.29	4.1
2000	Paul Howard	Dundrum South Dublin	15.46	
2001	Domhnaill Leahy	Donore Harriers	15.12	0.2
2002	Peter Shallow	Killarney	14.09	1.4
2003	Gerard Tobin	Tralee Harriers	13.76	4.2
2004	Peter Glass	Regent House	14.46	
2005	Ciaran O'Cathain	Roscommon	13.85	-0.9
2006	Paul Doherty	Finn Valley	14.41	1.5
2007	Jason Harvey	Campbell College	13.74	-0.2
2008	Patrick Maher	Leevale	13.7H	
2009	Simon Callaghan	Galway City Harriers	14.35	
2010	Mark McGarvey	City of Derry	13.94	-1.6
2011	Andrew Creamer	Annalee	13.78	
2012	Garbhan McKenna	Shercock	14.00	
2013	Jason Foley	Lios Tuathail	13.57	
2014	Jack Murphy	Leevale	13.65	

2015	Daniel Ryan	Moycarkey Coolcroo	14.13	0.9	
2016	Kolade Abiodun	Donore Harriers	14.97	1.1	
2017	Ethan Williamson	Lagan Valley	14.05	2.2	
2018	**Wymin Sivakumar**	**Leevale**	**13.12**	**3.4**	**CR**
2019	Darra Casey	Bree	14.01	-1.2	

300m / 400m Hurdles U17 Boys (0.762m/2'6)

1978	J Conway	Marcab	57.2	
1979	T Robinson	Banbridge	56.4	
1980	James Murtagh	Castlebar	57.9	
1981	Ger Horan	Leevale	55.7	
1982	Fergus Sixsmith	Athy	55.7	
1983	Paul O'Regan	Leevale	55.1	
1984	Michael Nolan	Roscrea	56.26	
1985	Padraig Greally	Tullamore Harriers	53.65	
1986	P Walsh	Dundrum	57.3	
1987	E Barry	St. Anne's	56.2H	
1988	Tom Hallahan	Togher	55.5H	
1989	Frank Butler	Donore Harriers	54.85	
1990	Kevin Darcy	Ferbane	54.6H	
1991	John Ryan	Togher		
1992	Dermot Flynn	Westport	58.7H	
1993	Mark Mulqueen	St. Laurence O'Toole	57.3H	
1994	Brian Liddy	Marian	55.94	
1995	David Murphy	Ballymena	58.79	
1996	Brian O'Leary	Bree	55.85	
1997	Joe Rafferty	Dundrum South Dublin	57.52	
1998	Ian Monaghan	Celbridge	57.60	
1999	Timothy Flannery	Nenagh Olympic	55.89	
2000	David McCarthy	Celbridge	54.87	
2001	Liam McDermid	Unattached	55.91	
2002	Ian McNamara	Dooneen	40.94	
2003	Gerard Tobin	Tralee Harriers	40.2H	
2004	Gerard O'Donnell	Carrick-On-Shannon	40.76	
2005	John Fagan	Kilkenny City Harriers	40.52	
2006	Christopher Russell	Ferrybank	39.59	
2007	Dara Kervick	Carrick-on-Suir	40.54	
2008	Patrick Maher	Leevale	40.04	
2009	Sipke O'Shaughnessy	Bandon	40.09	
2010	Ben Kiely	Ferrybank	39.89	
2011	Evan McGuire	Galway City Harriers	39.40	
2012	Brandon Arrey	Blarney Inniscara	40.48	
2013	Michael Quilligan	Nenagh Olympic	39.31	
2014	Ryan Murray	Bree	39.21	
2015	Cathal Locke	Dooneen	40.41	
2016	Tony O'Connor	Naas	38.86	
2017	Brian Lynch	Old Abbey	39.65	
2018	**Iarlaith Golding**	**St. Colman's South Mayo**	**37.92**	**CR**
2019	Jordan Knight	St. Joseph's	38.49	

2000m Steeplechase U17 Boys

1976	John Fitzgerald	Clonmel	4.35.6	1500m
1977	Brendan Quinn	De La Salle Waterford	6.04.8	
1978	Gerard Hartmann	Limerick Emerald	6.19.9	
1979	Jim Sheehan	Nenagh Olympic	5.51.0	
1980	Kieran Stack	St. Finbarrs	6.11.7	
1981	Michael Kelleher	Leevale	6.04.3	
1982	Enda Fitzpatrick	Longford	6.12.0	
1983	Tadgh O'Brien	Midleton	6.11.8	
1984	S Ordovas	Corbally	6.10.04	
1985	Geoffry Sheehan	North Cork	6.02.1	
1986	Alan Downing	Youghal	6.07.1	
1987	S Murphy	Limerick Emerald	6:22.H	
1988	Eddie Burke	Thurles Crokes	6:02.1H	
1989	John Murray	North Cork	05:56.20	
1990	Gavin Fitzgerald	Midleton	6:22.8H	
1991	Mark Stewart	Bilboa	06:11.06	
1992	Karl Walsh	Leevale	6:10.5H	
1993	David Turner	West Dublin	06:13.84	

1994	Conaire McVeigh	East Down	06:09.78		
1995	Martin Cunningham	Sliabh Liag	06:11.78		
1996	Eoin O'Donnell	Ballina	06:25.42		
1997	Gareth Farrell	Kilmore	6:25.6H		
1998	Robert Connolly	Dundrum South Dublin	06:17.58		
1999	Patrick Guidera	Clonmel	06:26.12		
2000	E Malone	North Clare	6.30.26		
2001	Yan Butler Rees	Celbridge	6:21.8H		
2002					
2003	Sean Stilwell	Kilgobnet, Colligan and Kilbrien (K.C.K.)	04:52.69		
2004	Eoin Healy	Dundrum South Dublin	04:33.77		
2005	Robert Fitzsimons	Tallaght	04:54.75		
2006	Noel Collins	Omagh Harriers	4:37.6H		
2007	Larry Brady	Clonliffe Harriers	04:44.39		
2008	Cathal O'Connor	Dooneen	04:30.25		
2009	Timmy Moriarty	Raheny Shamrock	04:40.61		
2010	Jonathan Fitzpatrick	Kilkenny City Harriers	06:22.49		
2011	**Dalton McGuigan**	**Finn Valley**	**06:20.51**		**CR**
2012	Andrew Coscoran	Star of the Sea	06:28.50		
2013	Damien O'Boyle	Craughwell	06:31.91		
2014	Matthew Molloy	Tullamore Harriers	06:58.17		
2015	Jamie Roche	Ennis Track	06:26.66		
2016	Christopher Whittle	Tullamore Harriers	6.35.27		
2017	Frank O'Brien	Midleton	6.41.34		
2018	Gavin Kenny	Bandon	6.37.37		
2019	Cathal O'Reilly	Castlecomer	7.29.61		

3000m/5000m Walk U17 Boys

1978	B Higgins	Pearse, Galway	13.50.6	2500m	
1980	Greg Smith	Ballinamore	12.26.4	2000m	
1981	Jimmy McDonald	New Ross	13.47.7	3000m	
1982	P Gallagher	Mullingar Harriers	16.08.0	3000m	
1983	G Curran	St. Josephs	16.10.0	3000m	
1984	J Mullins	Eagle	15.40.25	3000m	
1985	Jack Power	St. Josephs	25.51.5		
1986	Michael Malone	St Abban's	NT		
1987	PJ Gregory	Kildare	23:36.00		
1988	Denis McCarthy	Dungarvan	25:53.6H		
1989	Frank Lynch	Cappoquin	23:11.1H		
1990	David Cullinan	Ferbane	22:34.3H		
1991	John Horan	Moyvane	25:01.4H		
1992	Pierce O'Callaghan	St. Andrew's, Ashbourne	23.16.8		
1993	Jamie Costin	Ring Old Parish	23:50.73		
1994	Jamie Costin	Ring Old Parish	23:06.13		
1995	Mark Lennon	Kilkenny City Harriers	21:47.40		
1996	David Kidd	St. Laurence O'Toole	NT		
1997	David Kidd	St. Laurence O'Toole	24:48.00		
1998	Conor Barry	St. Abban's	29:12.09		
1999	Colin Griffin	Ballinamore	28:14.21		
2000	Ronan Griffin	Ballinamore	25.05.12		
2001	Padraig Lennon	Kilkenny City Harriers	26:15.29		
2002	Joseph Durcan	Ballina	15:38.32	3000m	
2003	Peter Muldoon	Shercock	14:35.80	3000m	
2004	Paul Murphy	Dooneen	14:01.47	3000m	
2005	Paul Fitzpatrick	Shercock	15:05.54	3000m	
2006	Niall Prendiville	Farranfore Maine Valley	14:50.24	3000m	
2007	Cian McManamon	Westport	16:11.1H	3000m	
2008	Gearoid Sheehy	Bilboa	15:51.33	3000m	
2009	James Treanor	Monaghan Phoenix	14:02.97	3000m	
2010	Luke Hickey	Leevale	16:20.20	3000m	
2011	Patrick Bell	Castlebar	15:00.13	3000m	
2012	Simon Gillespie	Ballina	14:18.92	3000m	
2013	Aaron Egan	Clonmel	14:34.83	3000m	
2014	Joseph Mooney	Adamstown	15:21.40	3000m	
2015	Andrew Carroll	Celbridge	15:20.77	3000m	
2016	Gearóid McMahon	Shannon	13.40.24	3000m	
2017	Liam McDonagh	Moycarkey Coolcroo	15.03.88	3000m	
2018	Oisin Lane	Mullingar Harriers	13.35.74	3000m	
2019	**Matthew Glennon**	**Mullingar Harriers**	**13.04.30**	**3000m**	**CR**

Hugh Jump U17 Boys

1976	Frank McSweeney	Marian	1.95	
1977	John Redmond	Mallow	1.82	
1978	Ray McLoughlin	Boyle	1.96	
1979	Richard Garvey	Marcab	2.00	
1980	Gerard Coughlan	Marian	1.89	
1981	A O'Brien	Clonmel	1.88	
1982	Diarmuid Quill	Nenagh Olympic	1.92	
1983	Paul Bailey	Bray	1.95	
1984	Kieran Mills	Mallow	1.95	
1985	Noel O'Leary	Dundrum	1.98	
1986	F Heaphy	Ardmore Montrose Residents Association	1.89	
1987	John Mullen	Crossmolina	1.95	
1988	Donal O'Neill	Newry	1.92	
1989	Brendan Reilly	Corby England	2.12	
1990	F O'Callaghan	Leevale	1.92	
1991	Peter Ruby	Fermoy	1.93	
1992	Antoine Burke	Dooneen	1.97	
1993	Brendan O'Donoghue	Clonliffe Harriers	1.95	
1994	Garvan Keating	Belgooly	1.83	
1995	Seamus Byrne	St. Abban's	1.86	
1996	Tim Horgan	St. Brendan's	1.86	
1997	Ian Tat Murray	Ballymena & Antrim	1.91	
1998	Christopher McDermott	Roscommon	1.82	
1999	Barry O'Brien	Leevale	1.90	
2000	Adrian O'Dwyer	Kilkenny City Harriers	2.04	
2001	Mark Brennan	St. Abban	1.82	
2002	Dara Foley	Ferrybank	1.84	
2003	Christopher Crowley	Belgooly	1.90	
2004	Gerard O'Donnell	Carrick-On-Shannon	1.81	
2005	Richard Whyte	Brothers Pearse	1.75	
2006	Barry Pender	St. Abban's	1.90	
2007	Jason Harvey	Campbell College	2.01	
2008	Andrew Heffernan	Ferrybank	1.75	
2009	Thomas Keehan	Craughwell	1.75	
2010	Michael Owen Kilduff	Claremorris	1.78	
2011	Jaime Murtagh	St Andrews, Ashbourne	1.90	
2012	David Cussen	Old Abbey Striders	2.00	
2013	Keith Marks	Cushinstown	1.97	
2014	Tom Deasy	Belgooly	1.81	
2015	**Ryan Carthy Walsh**	**Adamstown**	**2.08**	**CR**
2016	Ben Donovan	Abbey Striders	1.90	
2017	Lucan Moylan	Naas	1.88	
2018	Iarlaith Golding	St. Colmans South Mayo	1.86	
2019	Gavin Hefferon	Cabinteely	1.80	

Long Jump U17 Boys

1970	Frank Hearty	Claremorris	6.09	
1971 - 1975 Not held				
1976	Joe McColgan	Strabane	6.64	
1977	N Mehl	Limerick Emerald	6.36	
1978	Billy Oakes	Kilkenny City Harriers	6.36	
1979	**Pat O'Halloran**	**Ballymore/Cobh**	**6.88**	**CR**
1980	Stephen Maguire	Strabane	6.62	
1981	J Kennedy	De La Salle Waterford	6.33	
1982	S Graham	Walkinstown SAF	6.02	
1983	Vincent Breslin	St. John Bosco	6.61	
1984	Adrian Crawford	Finn Valley	6.39	
1985	E Brennan	St. Paul's Wexford	6.44	
1986	Colm Moran	Nenagh Olympic	6.74	
1987	Stephen Graham	West Dublin	6.50	
1988	Adrien Porter	Magherafelt & District	6.78	
1989	Paul Wilkinson	Lifford	6.48	
1990	Damian Coleman	Portumna	6.59	
1991	Shane O'Sullivan	Farranfore Maine Valley	6.48	
1992	Antoine Burke	Dooneen	6.68	
1993	Alan McLoughlin	Westport	6.72	
1994	Ross O'Callaghan	Togher	6.36	
1995	Philip Moore	Clonliffe Harriers	6.66	
1996	Ian Kenny	Ballymena	6.67	

1997	Derek O'Brien	St. Laurence O'Toole	6.80	
1998	Paul Phelan	Dooneen	6.65	
1999	Paul Tohill	Mid Ulster	6.33	
2000	D Mullen	Galway City Harriers	6.41	
2001	Tom Shanahan	St. Mary's	6.65	
2002	Thomas Coughlan	Tullamore Harriers	6.09	
2003	Christopher Crowley	Belgooly	6.10	
2004	Kevin O'Doherty	Strabane	6.07	
2005	Eoin Hannon	Tullamore Harriers	6.26	
2006	David Quilligan	Leevale	6.38	
2007	Timothy Harrington	Bandon	6.39	
2008	Ciaran Dolan	St. Michael's Enniskillen	6.44	
2009	Simon Doyle	St. Laurence O'Toole	6.35	
2010	Tony Stafford	Menapians	6.19	
2011	Eoin O'Carroll	Tralee Harriers	6.32	
2012	David Cussen	Old Abbey Striders	6.62	
2013	Luc Bellintani	Raheny Shamrock	6.18	
2014	Tom Deasy	Belgooly	5.86	
2015	Daniel Ryan	Moycarkey Coolcroo	6.60	1.5
2016	James Murphy	Waterford	6.43	2.1
2017	Patrick Gilceava	Crusaders	6.51	0.0
2018	Daniel Hurley	Leevale	6.52	-0.9
2019	Jordan Knight	St. Joseph's	6.37	-1.3

Triple Jump U17 Boys

1970	J Nevin	Mayo	12.38		
1971 - 1975 Not held					
1976	**Joe McColgan**	**Strabane**	**14.30**		**CR**
1977	Andy Coleman	Marcab	13.31		
1978	Billy Oakes	Kilkenny City Harriers	13.78		
1979	John Battles	Dooneen	13.31		
1980	Robert Tully	Slane	13.68		
1981	P McGahrann	Clonmel	13.43		
1982	John Mulhall	Naas	13.40		
1983	Derek Ryan	Marcab	13.40		
1984	Kieran Mills	Mallow	13.64		
1985	Tom Nolan	Newbridge	13.22		
1986	D Coyle	Aughrim	13.58		
1987	J McSharry	Castlebar	13.30		
1988	Adrien Porter	Magherafelt & District	13.15		
1989	Colin Casey	South Galway	13.21		
1990	Ray Mulligan	De La Salle Waterford	12.67		
1991	Donal Burns	Finn Valley	13.01		
1992	Jonathan Hennessy	Kilkenny City Harriers	12.35		
1993	Liam Kelly	St. Abban's	13.06		
1994	Patrick O'Connor	Limerick Emerald	13.19		
1995	John Logan	Crusaders	13.36		
1996	Michael Murray	Dungarvan	12.78		
1997	Noel Hawthorne	Sparta	13.64		
1998	Padraig Cremin	Bantry	12.40		
1999	Andrew Hackett	Crusaders	12.81		
2000	John Walker	Bree	13.08		
2001	Alan McEntee	Shercock	12.24		
2002	Denis Finnegan	Spa Muckross	12.71		
2003	Patrick O'Donnell	Olympian	12.37	3.0	
2004	Scott Mc Auley	Regent House	12.95		
2005	Paul Culloty	Riocht	12.12		
2006	Collan McBrien	St. Micaris Collror	12.76		
2007	Francis Egan	St. Abban's	13.55		
2008	Shane Prout	Coolquill	13.37		
2009	Ben McGillian	Strabane	13.03		
2010	Jason White	Devenish College	12.22		
2011	Eoin O'Carroll	Tralee Harriers	13.00		
2012	Conor Durnin	St. Peter's Dromiskin	13.34		
2013	Darren Prout	Carrick-on-Suir	13.33		
2014	Jordan Hoang	Tullamore Harriers	13.73		
2015	Sean Thompson	Lucan Harriers	13.14	4.9	
2016	Jai Benson	Lagan Valley	12.87	1.1	
2017	Patrick Gilceava	Crusaders	13.21		
2018	Wymin Sivakumar	Leevale	13.66	0.2	

2019	Dillon Ryan	Morcarkey / Coolcroo	13.36	-0.6	

Pole Vault U17 Boys

1970	S Quinn	Clare	3.07	
1971 - 1975 Not held				
1976	Des O'Sullivan	Marian	3.45	
1977	John Hartnett	Midleton	3.55	
1978	Michael Hyland	Tinryland	3.15	
1979	F Woodman	Tuam	3.05	
1980	J O'Connell	De La Salle Waterford	2.90	
1981	A O'Connor	Corbally	3.68	
1982	Frank Evers	Crusaders	4.25	
1983	T Conghaile	Leevale	3.40	
1984	Brian Dawson	Marian	2.70	
1985	Keith Drohan	Marcab	3.45	
1986	Derrick Neff	Leevale	3.60	
1987				
1988	Donagh Sheridan	Bree	3.80	
1989	John Hallissey	Ferrybank	2.80	
1990	Denis Finn	Rockwell	3.20	
1991	Joseph Naughton	Nenagh Olympic	2.30	
1992	J Griffin	Dungarvan	3.25	
1993	Fergal English	St. Mary's Waterford	3.60	
1994	Peter McGloughlin	Crusaders	3.60	
1995	John Fitzpatrick	Roscommon	3.20	
1996	John O'Brien	Marian	3.20	
1997	Liam Long	Blarney Inniscarra	2.80	
1998	Conor Doyle	Crusaders	3.20	
1999	David Mannion	Ballybrack	3.10	
2000	**Ruairi O'Brien**	**Crusaders**	**4.26**	**CR**
2001	Andrew Garnett	Templemore	3.10	
2002	James Ruxton	Shercock	2.60	
2003	Philip Daly	Shercock	3.15	
2004	Anthony McCreery	Clonliffe Harriers	3.70	
2005	Richard Whyte	Brothers Pearse	3.80	
2006	Paul Byrne	St. Abban's	2.80	
2007	Patrick Palmer	West Waterford	3.20	
2008	Thomas Houlihan	West Waterford	3.91	
2009	Ryan Byrne	Sliabh Liag	2.80	
2010	Jonathan Foley	Farranfore Maine Valley	3.60	
2011	Peter O'Brien	Raheny Shamrock	3.40	
2012	Mel O'Callaghan	Gneeveguilla	3.40	
2013	Jamie Fennell	West Waterford	3.80	
2014	Robert Ivers	Raheny Shamrock	3.60	
2015	Shane Martin	Ballymena & Antrim	3.80	
2016	Adam McNally	Lusk	3.80	
2017	Patrick Fitzgerald	West Waterford	3.40	
2018	Adam O'Dwyer	Moycaekey Coolcroo	3.70	
2019	Conor Flanagan	Raheny Shamrock	3.00	

Shot Put U17 Boys (5kg)

1969	D Carberry	Dublin	15.16
1970	J Davidson	Cork	10.68
1971 - 1976 Not held			
1977	Richard Shortall	Monkstown	14.22
1978	Liam Lannen	Dungarvan	14.31
1979	Phelim Joyce	Cushinstown	13.01
1980	Paul Quirke	Crusaders	17.36
1981	Michael Comerford	Tallaght	14.76
1982	Frank O'Brien	Dungarvan	16.65
1983	Sean Kennedy	Monaghan	15.03
1984	Leo Sharkey	Good Counsel	14.52
1985	Barry Walsh	Dooneen	15.01
1986	Colm Moran	Nenagh Olympic	15.48
1987	Jarleth Gilroy	Ballymore Eustace	15.81
1988	Willie Tyrrell	St. Benedict's	14.45
1989	Gerard Nagle	Marian	14.99
1990	Kevin Donaghy	Oak Leaf	15.59

1991	Stephen McCauley	Sparta	17.02	
1992	John McSweeney	Eagle	15.77	
1993	Aidan Ahearne	Cappoquin	14.82	
1994	James Owens	St. John Bosco	14.95	
1995	John Leahy	Moyvane	16.59	
1996	Sean Breathnach	Corr na Mona		
1997	Michael Allen	Ballymena & Antrim	13.87	
1998	Eoin O'Dwyer	Crusaders	14.50	
1999	Neville Coughlan	Tullamore Harriers	15.32	
2000	Geoffrey Mullins	Emerald	16.15	
2001	**Eoin Leen**	**Clounalour**	**17.31**	**CR**
2002	Brendan Callinan	St. Laurence O'Toole	13.65	
2003	James Nagle	Farranfore Maine Valley	13.01	
2004	Michael Whelan	Lios Tuathail	12.44	
2005	Luke Mangan	Clonliffe Harriers	14.78	
2006	Daniel Clifford	Farranfore Maine Valley	14.27	
2007	Eanna O'Cathain	Galway City Harriers	13.11	
2008	Andrew Doyle	Mid Ulster	15.11	
2009	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	14.43	
2010	Paul Collins	North Westmeath	13.53	
2011	Oliver Jager	Naas	15.35	
2012	John Kelly	Finn Valley	16.32	
2013	Eoin Sheridan	North Westmeath	13.99	
2014	Ethan Bannon	Raheny Shamrock	13.51	
2015	Darragh Gaffney	North Westmeath	13.66	
2016	James Kelly	Finn Valley	16.33	
2017	Jack Ryan	Moycarkey Coolcroo	14.70	
2018	Gargely Pap	St. Paul's Waterford	13.89	
2019	Shane Breslin	Tir Chonaill	12.73	

Discus U17 Boys (1.5kg)

1976	Sean Whitney	Ballyfermot	41.89	
1977	Richard Shortall	Monkstown	43.52	
1978	Denis McSweeney	St. John's	47.20	
1979	Brendan Hogan	St. Laurence O'Toole	44.31	
1980	Paul Quirke	Crusaders	48.02	
1981	Michael Comerford	Callan, Kilkenny	45.30	
1982	Frank O'Brien	Dungarvan	56.26	
1983	Phil Comerford	Callan	41.54	
1984	John Farrelly	Marcab	44.46	
1985	Barry Walsh	Dooneen	49.58	
1986	Colm Moran	Nenagh Olympic	47.44	
1987	Ciaran Tuite	Donore Harriers	45.52	
1988	Willie Tyrrell	St. Benedict's	42.76	
1989	Brian Cusack	Ferrybank	46.66	
1990	Liam Gleeson	Newcastle	45.64	
1991	Stephen McCauley	Sparta	46.10	
1992	Andrew Kenny	Crusaders	43.95	
1993	Aidan Ahearne	Cappoquin	43.84	
1994	Nigel Travers	Donore Harriers	45.34	
1995	John Leahy	Moyvane	41.46	
1996	Sean Breathnach	Corr na Mona	42.76	
1997	Brendan Bourke	Kilmallock	41.80	
1998	John Hobbs	Leevale	42.30	
1999	Aidan Fogarty	Donore Harriers	40.32	
2000	Geoffrey Mullins	Emerald	48.98	
2001	**Eoin Leen**	**Clounalour**	**51.92**	**CR**
2002	Eamonn Byrne	Clonliffe Harriers	38.57	
2003	Kieran McConnell	Finn Valley	40.25	
2004	Patrick McCabe	Dunboyne	36.53	
2005	David Keys	Regent House	42.74	
2006	Daniel Clifford	Farranfore Maine Valley	45.57	
2007	Eanna O'Cathain	Galway City Harriers	40.57	
2008	Darragh Hanlon	Tullamore Harriers	45.78	
2009	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	47.25	
2010	Paul Collins	North Westmeath	40.23	
2011	James Mulligan	Tullamore Harriers	39.95	
2012	John Kelly	Finn Valley	40.85	
2013	Andrew Barkley	City of Lisburn	47.47	
2014	Oran O'Brien	Donore Harriers	38.65	
2015	Darragh Gaffney	North Westmeath	43.00	

2016	Sean Mockler	Moycarkey Coolcroo	39.35	
2017	Sean Carolan	Nenagh Olympic	36.52	
2018	Adam Sheridan	Westport	41.46	
2019	Sean O'Riordan	Midleton	36.14	

Hammer U17 Boys (5kg)

1976	Mark Linscheid	Tara	57.66	
1977	Declan Hegerty	Civil Service Harriers	69.38	
1978	Liam Hickey	Raheny Shamrock	64.00	
1979	Brendan Fitzgibbon	Cabinteely	59.04	
1980	Noel Lynch	Roscrea	58.28	
1981	Tony Keneally	Leevale	73.18	
1982	James Russell	Clonliffe Harriers	58.64	
1983				
1984	Gerry Ryan	Good Counsel	60.74	
1985	P O'Connor	Corbally	61.80	
1986	Colm Moran	Nenagh Olympic	51.10	
1987				
1988	Tom Dineen	Corbally	58.52	
1989	David Tuite	Donore Harriers	60.10	
1990	Thomas Murphy	Tullamore Harriers	64.70	
1991	Pat Nangle	Tramore	47.64	
1992	John Monaghan	Nenagh Olympic	61.58	
1993	Lorcan Carpenter	Crusaders	58.02	
1994	John Thompson	Tullamore Harriers	66.22	
1995	Killian Smyth	Fr. Murphy	50.78	
1996	Michael Grace	Tipperary Town	60.28	
1997	David Thompson	Tullamore Harriers	45.94	
1998	Barry McCann	Galway City Harriers	54.48	
1999	Barry Hayes	North Laois	44.53	
2000	Peter Tierney	Portumna	50.68	
2001	Michael Mullane	Ballincollig	35.91	
2002	Padraig White	Dunboyne	57.97	
2003	James Nagle	Farranfore Maine Valley	50.31	
2004	Patrick McCabe	Dunboyne	52.96	
2005	David Keys	Regent House	49.38	
2006	Gerard Kelly	Castlebar	53.66	
2007	Chris Walsh	Crusaders	51.65	
2008	Killian Barry	Crusaders	60.38	
2009	James McCabe	Dunboyne	50.52	
2010	Kieran Murphy	St. Paul's	41.58	
2011	John Sweeney	St Andrew's, Ashbourne	52.82	
2012	**Fellan McGuigan**	**Finn Valley**	**66.05**	**CR**
2013	Adam King	Iveragh	62.07	
2014	Andre Christie	Leevale	54.92	
2015	Brendan O'Donnell	Lifford	61.32	
2016	Sean Mockler	Moycarkey Coolcroo	56.04	
2017	Brian Naughton	Nenagh Olympic	43.30	
2018	Sean Maher	Raheny Shamrock	57.57	
2019	Jude McCrossan	Lifford / Strabane	51.03	

Javelin U17 Boys (700g)

1970	J Keating	Laois	40.62	
1971 - 1976 Not held				
1977	Aidan Gunning	Celtic	53.12	
1978	Peter Ruffli	Dundrum	57.08	
1979	David Sweeney	Sparta	51.76	
1980	Terry McHugh	Navan	59.16	
1981	Michael Comerford	Tallaght	47.66	
1982	Thomas Comerford	Callan	51.56	
1983	Stephen O'Toole	Bray	53.51	
1984	Sean Lorinyenko	St. John Bosco Donegal	49.26	
1985	Damien Crawford	Strabane	57.20	
1986	K McCafferty	Strabane	47.90	
1987	Jason Conroy	Strabane	55.01	
1988	Alan Clarke	St. Mary's	54.52	
1989	Joe Kenny	Templemore	54.22	
1990	John Kelly	Lifford	50.94	
1991	Robert Berry	Mullingar Harriers	54.52	

1992	Mark McConnon	Mid Ulster	55.40	
1993	Billy Treack	Limerick	54.15	
1994	Shane Donaghey	Oak Leaf	52.52	
1995	Damien McDaid	Oak Leaf	52.66	
1996	Sean Breathnach	Corr na Mona	53.74	
1997	**Ben Haughton**	**Ballymena & Antrim**	**60.82**	**CR**
1998	David Kelly	Kilcoole	52.34	
1999	Joseph Diskin	Kilcoole	53.63	
2000	C Doyle	Olympian	49.81	
2001	Troy Murphy	Blarney Inniscara	48.07	
2002	Paul Marry	Dunleer	44.76	
2003	Cian Healy	Raheny Shamrock	46.02	
2004	Peter Glass	Regent House	51.87	
2005	Aaron Crawford	Strabane	52.98	
2006	Philip Burns	Belgooly	45.00	
2007	Dean Oakes	Overseas	49.56	
2008	Sean Ryder	Greystones & District	47.93	
2009	Jaco Oosthuysen	Clonmel	44.51	
2010	Matthew Martin	North Down	55.11	
2011	Ryan Whelan	Clonliffe Harriers	50.55	
2012	Stephen Rice	Greystones & District	49.24	
2013	Ronan Jenkinson	City of Lisburn	49.62	
2014	Michael Gaffney	North Down	53.19	
2015	Gareth Crawford	Strabane	49.78	
2016	Liam Connaughton	Dunleer	55.82	
2017	Joshua Hewlett	United Striders	51.42	
2018	Conor Cusack	Lake District	58.35	
2019	Tadhg Omuircheartaigh	Dunboyne	56.91	

4x100m Relay U17 Boys

1976	Marcab	45.3	
1977	Marcab	44.8	
1978	Marcab	44.9	
1979	Crusaders	45.5	
1980	Crusaders	49.4	
1981	Clounalour	46.03	
1982	Dundrum	45.2	
1983	Leevale	45.0	
1984	Dooneen	45.5	
1985	Clondalkin	45.17	
1986	Leevale	44.3	
1987	West Dublin	44.8H	
1988	Togher	44.8H	
1989	Togher	43.7H	
1990	Dooneen	44.5H	
1991	Dundrum	44.52	
1992	Dundrum South Dublin	45.1H	
1993	Togher	45.7H	
1994	Ballybrack	45.5H	
1995	Crusaders	44.5H	
1996	Kilmallock	44.8H	
1997	Dundrum South Dublin	44.9H	
1998	Dundrum South Dublin	45.2H	
1999	Mountmellick	47.0	
2000	Dundrum South Dublin	46.30	
2001	Leevale	45.72	
2002	Dundrum South Dublin	46.16	
2003	Tralee Harriers	45.71	
2004	Dundrum South Dublin	46.92	
2005	Raheny Shamrock	46.82	
2006	Tralee Harriers	46.88	
2007			
2008			
2009	St. Joseph's	46.91	
2010	Dundrum South Dublin	45.5H	
2011	St. Laurence O'Toole	45.15	
2012	Galway City Harriers	46.09	
2013	Galway City Harriers	45.92	
2014	Leevale	45.22	
2015	Menapians	44.77	
2016	Ennis Track	44.54	

2017	**Leevale**	**43.73**	**CR**
2018	Leevale	44.07	
2019	Galway City Harriers	44.82	

4x400m Relay U17 Boys

1979	Mullingar Harriers	3.31.7	
1980	St. Finbarrs	3.31.7	
1981	Nenagh Olympic	3.31.85	
1982	Dundrum	3.31.3	
1983	Leevale	3.27.6	
1984	Togher	3.32.6	
1985	Clondalkin	3.28.07	
1986	Leevale	3.27.7	
1987	Togher	3:35.H	
1988	**Togher**	**3:25.7H**	**CR**
1989	Leevale	3:28.8H	
1990	Clonliffe Harriers	3:28.6H	
1991	Dundrum South Dublin	03:29.80	
1992	Dundrum South Dublin	3:31.2H	
1993	Dundrum South Dublin	3:36.4H	
1994	Tullamore Harriers	3:34.4H	
1995	Dundrum South Dublin	3:31.9H	
1996	Dundrum South Dublin	3:34.2H	
1997	Tallaght	3:32.2H	
1998	Leevale	3:31.9H	
1999	Galway City Harriers	3.39.1	
2000	Clonliffe Harriers	3.33.1	
2001	Clonliffe Harriers	03:32.96	
2002	Kilkenny City Harriers	03:45.59	
2003	Bree	03:53.36	
2004	Finn Valley	03:42.04	
2005	Bandon	03:52.10	
2006	Ferrybank	03:39.15	
2007	Bree		
2008			
2009	St. Joseph's	3:41.6H	
2010	Dundrum South Dublin	3:37.8H	
2011	Dundrum South Dublin	03:41.98	
2012	Galway City Harriers	03:45.07	
2013	Mullingar Harriers	03:50.46	
2014	Ratoath	03:38.57	
2015	Dundrum South Dublin	04:01.78	
2016	Ballymena & Antrim	3.44.83	
2017	Dundrum South Dublin	3.32.02	
2018	Galway City Harriers	3.40.30	
2019	Metro / St. Brigids	3.39.76	

4x100m Relay Inter County U17 Boys

1992	Cork	45.17
1993	Wexford	45.5H
1994	Tipperary	
1995		
1996		
1997		
1998		
1999		
2000		
2001		
2002	Kerry	45.60
2003		
2004	Meath	46.7H
2005	Meath	45.96
2006	Meath	46.3H
2007	Kerry	46.3H
2008	Wexford	47.9H
2009	Wexford	46.08
2010	Wexford	44.82

2011		Carlow	45.10
2012		Dublin	45.95
2013		Dublin	45.11
Discontinued			

Combined Events U17 Boys

1977	P Sheahan	De La Salle Waterford	3964	
1978	Gary Ryan	Killenaule	4299	
1979	Denis Finnerty	Nenagh Olympic	4258	
1980				
1981	Michael Morrissey	Nenagh Olympic	4200	
1982	Dermot McAuley	Strabane	3837	
1983	Vincent Breslin	St. John Bosco, Donegal Town	4336	
1984	B Kelly	Celbridge	4158	
1985	Barry Walsh	Dooneen	4645	
1986				
1987	John Mullen	Crossmolina	3646	
1988	David Casey	South Galway	4037	
1989	Andrew Monteith	Ferrybank	4546	
1990	Brian Hallahan	Togher	4284	
1991	Joseph Naughton	Nenagh Olympic	4324	
1992	Antoine Burke	Dooneen	4931	
1993	Daragh O'Farrell	Nenagh Olympic	4863	
1994	Brendan Taaffe	Ferdia	4392	
1995	John Fitzpatrick	Roscommon	4407	
1996	Colin Byrne	St. Abban's	4616	
1997	Derek O'Brien	St. Laurence O'Toole	3919	
1998	Barry Costello	St. Abban's	3667	
1999				
2000	David McCarthy	Celbridge	4170	
2001				
2002	Thomas Coughlan	Tullamore Harriers	4767	
2003	Christopher Crowley	Belgooly	4337	
2004				
2005				
2006	**Paul Byrne**	**St. Abban's**	**5804**	**CR**
2007	Michael Healy	Youghal	4819	
2008	Eoghan Kavanagh	Caim	4585	
2009	Paul Byrne	St. Laurence O'Toole	5749	
2010	Conor Daly	St. Abban's	4358	
2011	Colin Nolan	Enniscorthy	4606	
Discontinued				

Cross Country U17 Boys

1967	Stephen Hennessy	Cork	NACAI
1968-1969 Not held			
1970	Eamonn Coghlan	Metro	
1971 - 1976 Not held			
1977	T Breen	Northern Region	
1978	Brian O'Keeffe	Donore Harriers	
1979	Brian O'Keeffe	Donore Harriers	
1980	Brian Hayes	Donore Harriers	
1981	Trevor Sargent	Leinster	
1982	Anthony Spellman	Western	
1983	S McCrory	Leinster	
1984	Seamus O'Loane	Dundrum South Dublin	
1985	Bill Mullaney	Thurles	
1986	Paul Logan	Limerick Emerald	
1987	Frank Hanley	Limerick Emerald	
1988	John Murray	North Cork	
1989	Mark Carroll	Leevale	
1990	David Healy	Riverside	
1991	Damien Lawless	Ballybrack	
1992	Pat O'Keeffe	Glounthaune	
1993	Alan Dunleavy	Dundrum South Dublin	
1994	Andrew Walker	Newbridge	
1995	Brian Murray	Templemore	

1996	Paul Reilly	Lough Ree
1997	Joseph McAllister	St. Malachy's
1998	Karol Duggan	Cranford
1999	William Harty	Ring Old Parish
2000	William Harty	Kilgobnet, Colligan and Kilbrien (K.C.K.)
2001	Alan McCormack	Dundrum South Dublin
2002	Colin Costello	Star of the Sea
2003	Ciaran O'Lionaird	Leevale
2004	David McCarthy	West Waterford
2005	Niall Tuohy	Ferrybank
2006	Ian Ward	Finn Valley
2007	Liam Tremble	Metro St. Brigid's
2008	Shane Quinn	Ferrybank
2009	Stephen Kerr	Armagh
2010	Sean Tobin	Clonmel
2011	Kyle Larkin	Limerick Emerald
2012	Paddy Robb	St. Malachy's
2013	Kevin Mulcaire	Ennis Track
2014	Shane Hughes	Mullingar Harriers
2015	Louis O'Loughlin	Donore Harriers
2016	Louis O'Loughlin	Donore Harriers
2017	Conall McClean	St. Malachy's
2018	Adam Ferris	St. Malachy's
2019	Scott Fagan	Metro St. Brigid's

Cross Country Team U17 Boys

	Club	County	Region	
1967	Not contested	Cork	Not contested	NACAI
1970	Metro	Dublin	Not contested	BLOE
1971 -1975	**Not held**			NACAI
1976	Dundrum Family Recreation Centre 29pts	Not contested	Dublin 61pts	
1977	Belfast Olympic 42pts	Not contested	Ulster 51pts	
1978	Donore Harriers 34pts	Not contested	Dublin 55pts	
1979	Pearse 132pts	Not contested	Ulster 96pts	
1980	Leevale 26pts	Not contested	Dublin 59pts	
1981	Clonliffe Harriers 44pts	Not contested	Connacht 65pts	
1982	Cavehill 88pts	Not contested	Dublin 69pts	
1983	Dundrum 72pts	Not contested	Leinster 66pts	
1984	Dundrum 45pts	Not contested	Dublin 38pts	
1985	Dundrum 84pts	Not contested	Dublin 76pts	
1986	Limerick Emerald 30pts	Not contested	Munster 84pts	
1987	Limerick Emerald 47pts	Not contested	Munster 33pts	
1988	Leevale 70pts	Not contested		
1989	Leevale 50pts	Not contested	Munster 67pts	
1990	Clonliffe Harriers 53pts	Not contested	Munster 32pts	
1991	Clonliffe Harriers 32pts	Not contested	Dublin 29pts	
1992	Bilboa 72pts	Not contested	Munster 59pts	
1993	Newbridge 59pts	Not contested	Munster 54pts	
1994	Newbridge 48pts	Not contested	Munster 48pts	
1995	Leevale 43pts	Not contested	Munster 41pts	
1996	Leevale 73pts	Not contested	Munster 76pts	
1997	Finn Valley 71pts	Not contested	Ulster 75pts	
1998	Leevale 88pts	Not contested	Connacht 69pts	
1999	Dundrum South Dublin 49pts	Not contested	Munster 42pts	
2000	Dundrum South Dublin 45pts	Not contested	Dublin 60pts	
2001	Dundrum South Dublin 25pts	Not contested	Dublin 72pts	
2002	St. Laurence O'Toole 96pts	Dublin 107pts	Leinster 48pts	
2003	Dundrum South Dublin 34pts	Dublin 51pts	Dublin 51pts	
2004	St. Malachy's 61pts	Waterford 72pts	Munster 49pts	
2005	Ferrybank 28pts	Waterford 71pts	Munster 25pts	
2006	Clonliffe Harriers 49pts	Dublin 72pts		
2007	North Sligo 53pts	Dublin 48pts	Dublin 48pts	
2008	Togher 74pts	Cork 107pts		
2009	Togher 105pts	Dublin 96pts	Munster 61pts	
2010	Mullingar Harriers 96pts	Dublin 129pts	Munster 57pts	
2011	Dundrum South Dublin 58pts	Dublin 113pts	Leinster 81pts	
2012	Dundrum South Dublin 54pts	Dublin 79pts	Leinster 74pts	
2013	Clonliffe Harriers 83pts	Dublin 88pts	Munster 67pts	
2014	St. Laurence O'Toole 124pts	Dublin 102pts	Ulster 68pts	

2015	Mullingar Harriers 58pts	Dublin 164pts	Ulster 51pts	
2016	Westport 108pts	Dublin 118pts	Munster 81pts	
2017	Kilkenny City Harriers 108pts	Dublin 120pts	Ulster 57pts	
2018	St. Malachy's 86pts	Antrim 74pts	Ulster 54pts	
2019	St. Malachy's 86pts	Dublin 105pts	Ulster 48pts	

100m U17 Girls

1969	Valerie Shortland	Bandon	12.2		
1970-1976 Not held					
1976	**Kathleen Glavin**	**Midleton**	**11.6**		**CR**
1977	Nora O'Grady	Nenagh Olympic	12.1		
1978	Michele Walsh	Glen Abbey	12.1		
1979	Patricia Amond	St. Laurence O'Toole	12.0		
1980	Lucy Phelan	Dublin City Harriers	12.3		
1981	Mary Amond	St. Laurence O'Toole	11.8		
1982	Heather Wilson	Sparta	12.55		
1983	Olive Burke	Limerick	12.0		
1984	Terri Horgan	Mallow	11.83		
1985	Maria Flynn	St. Mary's, Boyle	11.82		
1986	Mary Carolan	Lucan	12.0		
1987	Josephine Pardy	St. Brendan's, Birr	12.3H		
1988	Dervilla Hennelly	Ballinasloe	11.8H		
1989	Ciara White	Eagle	12.87		
1990	Edel Quigley	Skerries	13.0H		
1991	Fiona Kelly	Limerick Emerald	12.09		
1992	Aisling Duggan	St. Finian's	12.40		
1993	Nicola Moore	Rathfarnham	12.68		
1994	Niamh McGlynn	West Dublin	12.11		
1995	Niamh Savage	Leevale	12.52		
1996	Aoife Ahearne	St. Mary's	12.73		
1997	Ciara Sheehy	West Dublin	12.5H		
1998	Derval O'Rourke	Leevale	12.45	0.7	
1999	Zita Murphy	Ballybrack	12.2H		
2000	Shauna O'Brien	Carrick-On-Suir	12.29	1.5	
2001	Aisling Maunsell	Leevale	12.29	-0.4	
2002	Louise Nicholson	Emerald	12.26	4.1	
2003	Louise Kiernan	Fingallians	12.31	2.1	
2004	Ciara McCallion	Clonliffe Harriers	12.55	-1.4	
2005	Hayley Murphy	Ferrybank	12.49	1.3	
2006	Niamh Whelan	Ferrybank	12.15		
2007	Eilish Fitzpatrick		12.34	1.4	
2008	Claire Mooney	Naas	12.42	2.5	
2009	Johanna Mills	Ballymena & Antrim	12.03	1.8	
2010	Sarah Lavin	Emerald	12.21		
2011	Cliodhna Manning	Kilkenny City Harriers	12.30		
2012	Roisin Harrison	Emerald	12.42		
2013	Niamh McNicol	Ferrybank	12.47		
2014	Aishling Forkan	Swinford	12.10		
2015	Janine Boyle	Finn Valley	11.72	4.4	
2016	Lauren Roy	Ballymena & Antrim	12.28	-0.5	
2017	Awa Fane	Mullingar Harriers	12.30	2.2	
2018	Adeyemi Talabi	Longford	12.23	1.9	
2019	Aisling Kelly	Taghmon	12.48	-1.0	

200m U17 Girls

1969	Valerie Shortland	Bandon	26.5	
1970	Aideen Morrisson	Crusaders	26.1	
1971-1975 Not held				
1976	Kathleen Glavin	Midleton	26.1	
1977	Caroline O'Shea	Crusaders	24.6	
1978	Michele Walsh	Glen Abbey	23.7	
1979	**Patricia Amond**	**St. Laurence O'Toole**	**24.3**	**CR**
1980	Lucy Phelan	Dublin City Harriers	24.8	
1981	Mary Amond	St. Laurence O'Toole	24.8	
1982	Deirdre Murphy	Ballyvourney	26.39	
1983	Patricia Walsh	Dundrum	25.20	
1984	Jacqui Stokes	Fethard	24.77	

1985	Jacqueline Crossan	Belfast Olympic	24.65	
1986	Paula Carthy	Clondalkin	24.4	
1987	Josephine Pardy	St. Brendan's, Birr	25.0H	
1988	Marissa Smith	Boyle	24.4H	
1989	Audrey Farrelly	Ardmore Montrose Residents Association	26.3H	
1990	Theres Corcoran	Togher	26.7H	
1991	Fiona Kelly	Limerick Emerald	24.82	
1992	Lorna O'Neill	Marian	25.74	
1993	Karen Shinkins	Newbridge	25.48	
1994	Niamh McGlynn	West Dublin	25.30	
1995	Sharon Rowland	Roscrea	26.07	
1996	Sinead Hickey	Emerald	25.10	
1997	Ciara Sheehy	West Dublin	25.2H	
1998	Derval O'Rourke	Leevale	25.76	-3.5
1999	Zita Murphy	Ballybrack	25.26	3.7
2000	Shauna O'Brien	Carrick-on-Suir	25.95	
2001	Joanne Cuddihy	Kilkenny City Harriers	39.3H	
2002	Louise Nicholson	Emerald	25.80	-1.1
2003	Ailbhe Darcy	Loughrea	26.09	0.9
2004	Gemma Hynes	Galway City Harriers	25.60	-1.9
2005	Kalyn Sheehan	Ferrybank	25.81	-0.3
2006	Niamh Whelan	Ferrybank	25.29	
2007	Steffi Creaner	Celtic Dublin City Harriers		
2008	Claire Mooney	Naas	25.64	-2.0
2009	Sarah Murray	Fingallians	26.06	-1.8
2010	Sarah Lavin	Emerald	25.03	1.3
2011	Cliodhna Manning	Kilkenny City Harriers	25.11	
2012	Roisin Harrison	Emerald	24.88	
2013	Niamh McNicol	Ferrybank	25.52	
2014	Aishling Forkan	Swinford	25.20	
2015	Patience Jumbo-Gula	St. Gerards Dundalk	25.33	
2016	Lauren Roy	Ballymena & Antrim	24.98	0.9
2017	Awa Fitzgerald	Mullingar Harriers	25.67	-3.0
2018	Lauren McCourt	Bandon	25.41	0.2
2019	Aisling Kelly	Taghmon	25.30	-0.8

300m / 400m U17 Girls

1969	Catherine Cotter	Cork	60.4	
1970	Aideen Morrisson	Crusaders	62.8	
1971-1976 Not held				
1977	Mary Fleming	Midleton	56.7	
1978	Bernadette Kavanagh	Good Counsel	57.9	
1979	Lucile Harrington	Athy	57.6	
1980	Niamh Walsh	Leevale	57.6	
1981	Siobhan Kavanagh	Tinryland	57.3	
1982	Heather Wilson	Sparta	58.26	
1983	Ann Brady	Kilmore	58.1	
1984	H Hughes	Crusaders	58.5	
1985	Stephanie McPeake	Ballymena & Antrim	64.4	
1986	Valerie Burke	Colaiste Einde	57.5	
1987	Emma Nicholson	Leevale	57.1H	
1988	Joanne Heffernan	Clondalkin	57.3H	
1989	Linda O'Donnell	Grange	58.84	
1990	Olive Bowers	St. Luas	59.2H	
1991	Arlene Smith	Team P Elliot	57.20	
1992	Lorna O'Neill	Marian	57.98	
1993	Claire Hill	Sparta	42.06	300m
1994	Jennifer McKenna	Collins	40.19	300m
1995	Sharon Rowland	Roscrea	41.34	300m
1996	Sinead Hickey	Emerald	39.77	300m
1997	Karen Woods	Metro St. Brigids	40.88	300m
1998	Martina McCarthy	Athenry	40.05	300m
1999	Avril Kelly	Leevale	40.8H	300m
2000	Dawn Kelly	Belgooly	42.60	300m
2001	Joanne Cuddihy	Kilkenny City Harriers	39.3	300m
2002	Catriona Cuddihy	Kilkenny City Harriers	42.11	300m
2003	Laura Crowe	Tralee Harriers	41.12	300m
2004	Lynsey Porter	Inbhear Dee	41.91	300m
2005	Mairead Deevy	Ferrybank	40.94	300m
2006	Niamh Whelan	Ferrybank	40.40	300m
2007	Sinead Denny	Dundrum South Dublin	41.25	300m

2008				300m	
2009	Katie Kirk	Lagan Valley	40.32	300m	
2010	Grainne Moynihan	West Muskerry	39.69	300m	
2011	Ciara Giles Doran	Ferrybank	38.90	300m	
2012	Alanna Lally	Galway City Harriers	56.83		
2013	Aoife Campion	Portlaois	57.14		
2014	Nadia Power	Templeogue	58.77		
2015	Ellie O'Toole	Newbridge	57.21		
2016	**Davicia Petterson**	**Beechmount Harriers**	**56.13**		**CR**
2017	Miriam Daly	Carrick-on-Suir	56.61		
2018	Caoimhe Cronin	Le Cheile	57.51		
2019	Eimear Rowe	Galway City Harriers	57.96		

800m U17 Girls

1969	Elizabeth Mountain	Waterford	2.20.8	
1970-1975	**Not held**			
1976	Fionnuala Morrish	Leevale	2.18.6	
1977	A Furlong	Wexford	2.19.4	
1978	Valerie O'Mahoney	Togher	2.15.5	
1979	Sheila Doyle	St. Peter's Lurgan	2.12.3	
1980	Carol Meagan	Dundrum	2.10.3	
1981	**Aisling Molloy**	**Rising Sun**	**2.09.0**	**CR**
1982	Linda Jenkinson	Skerries	2.19.7	
1983	Margaret Curran	Mallow	2.15.3	
1984	E Murphy	Newbridge	2.17.49	
1985	Teresa McKenna	Oriel	2.14.15	
1986	Helen O'Friel	Ajax	2.13.5	
1987	Geraldine Nolan	Kilkenny City Harriers	2:11.H	
1988	Glynnis Lynch	Mullingar	2:14.7H	
1989	Eimear Molloy	Lough Ree	2:14.5H	
1990	Michelle Gregg	West Dublin	2:17.8H	
1991	Arlene Smith	Team P Elliot	02:13.76	
1992	Susan Murnane	Bilboa	2:16.0H	
1993	Jill Hodgins	Leevale	02:19.54	
1994	Noelle Kelly	Marian	02:12.68	
1995	Paula Corbett	Coolyroe	02:18.74	
1996	Grainne O'Dea	Finn Valley	02:19.93	
1997	Roisin McGettigan	Inbhear Dee	02:15.52	
1998	Aoife Byrne	Dundrum South Dublin	02:11.22	
1999	Martina Hickey	West Muskerry	2:16.5H	
2000	Sinead Peoples	Cranford	2.18.52	
2001	Hazel Murphy	Dundrum South Dublin	02:16.17	
2002	Azmera Gebrezgi	Celtic	02:13.49	
2003	Natalie McSweeney	Gneeveguilla	2:15.8H	
2004	Laura Scriven	St. L. O'Toole	02:19.23	
2005	Mary O'Connor	Ferrybank	02:14.24	
2006	Suzanne Huet	Dundrum South Dublin	02:17.20	
2007	Ailish Brennan	St. Abban's	2:19.0H	
2008	Christine McMahon	Belfast Royal Academy	02:19.70	
2009	Iseult O'Donnell	Raheny Shamrock	02:19.50	
2010	Amy O'Donoghue	Emerald	2.15.29	
2011	Siofra Cleirigh Buttner	Dundrum South Dublin	02:13.27	
2012	Alanna Lally	Galway City Harriers	02:15.16	
2013	Louise Shanahan	Leevale	02:17.99	
2014	Amy Hamill	Glaslough Harriers	02:12.11	
2015	Emma O'Brien	Inbhear Dee	02:16.48	
2016	Davicia Petterson	Beechmount Harriers	2.22.98	
2017	Molly Brown	Metro St. Brigid's	2.16.64	
2018	Lucy Holmes	West Waterford	2.16.84	
2019	Aimee Hayde	Newport	2.10.99	

1500m U17 Girls

1969	Jean Appleby	Dublin	4.59.5
1970	Vera Sherry	Monaghan Phoenix	NT
1971-1976	**Not held**		

1977	Mary Dempsey	Youghal	4.47.2	
1978	Valerie O'Mahoney	Togher	4.54.1	
1979	Mairead Cotter	Knocknagoshel	4.38.8	
1980	**Carol Meagan**	**Dundrum**	**4.25.2**	**CR**
1981	Cathy Boyle	Belfast Olympic	4.46.1	
1982	Alison O'Neill	North Down	4.38.7	
1983	M Clarke	Monaghan Phoenix	4.42.6	
1984	Louise Woods	Omega	4.40.74	
1985	Siobhan Gallagher	Ballyshannon	4.30.66	
1986	Helen O'Friel	Ajax	4.39.4	
1987	Geraldine Hendricken	St. Laurence O'Toole	4:34.H	
1988	Sinead Delahunty	Kilkenny City Harriers	4:43.8H	
1989	Natalie Davey	Claremorris	4:33.5H	
1990	Christine Geoghegan	Bilboa	4:48.3H	
1991	Margaret McPartland	Shannon	04:41.1	
1992	Maria McMahon	Marian	4:44.9H	
1993	Jill Hodgins	Leevale	04:50.6	
1994	Noelle Kelly	Marian	04:42.9	
1995	Emer Daly	Dundrum South Dublin	05:00.2	
1996	Kathryn Casserly	Castlegar	04:43.8	
1997	Caroline Walsh	Overseas	04:41.4	
1998	Aoife Byrne	Dundrum South Dublin	4:39.0H	
1999	Martina Hickey	West Muskerry	04:49.6	
2000	Sinead Peoples	Cranford	5.01.73	
2001	Hazel Murphy	Dundrum South Dublin	4:42.7H	
2002	Linda Byrne	Dundrum South Dublin	04:44.0	
2003	Rose-Anne Galligan	Dundrum South Dublin	4:46.7H	
2004	Joanne English	Letterkenny	04:51.3	
2005	Sara Louise Treacy	Moynalvey	04:48.7	
2006	Charlotte Ffrench O'Carroll	Dundrum South Dublin	04:43.1	
2007	Fiona McKenna	Dundrum South Dublin	04:49.1	
2008	Ellie Hartnett	Greystones & District	04:53.7	
2009	Mary Ann O'Sullivan	Tinryland	04:59.0	
2010	Amy O'Donoghue	Emerald	04:39.9	
2011	Jessica Coyne	Dooneen	04:48.7	
2012	Eileen Rafter	Tullamore Harriers	04:49.0	
2013	Louise Shanahan	Leevale	04:51.8	
2014	Amy Hamill	Glaslough Harriers	04:39.6	
2015	Emma O'Brien	Inbhear Dee	4:44.43	
2016	Abigail Taylor	Dundrum South Dublin	4.45.33	
2017	Sophie O'Sullivan	Ballymore / Cobh	4.41.80	
2018	Tara Ramasawmy	St. Senan's	4.45.50	
2019	Ava O'Connor	Tullamore Harriers	4.40.88	

3000m U17 Girls

1981	Mary English	Cahir	10.11.1	
1982	Mary Martin	Tipperary Town	10.10.0	
1983	Valerie Vaughan	Blarney / Iniscarra	10.24.0	
1984	Paula Logan	Limerick Emerald	10.19.97	
1985	Carmel McCarthy	Bandon	10.12.44	
1986	Aisling Ryan	Moycarkey	10.13.9	
1987	**Geraldine Hendricken**	**St. Laurence O'Toole**	**10:01.H**	**CR**
1988	Edwina Foley	Limerick Emerald		
1989	Breda Gaffney	Corbally	10:23.3H	
1990	Christine Geoghehan	Bilboa	10:34.3H	
1991	Clodagh Meagher	Unattached	10:54.28	
1992	Maura McMahon	Marian	10:30.0H	
1993	Faye Boyle	Togher	10:51.8H	
1994	Orla O'Mahoney	Marian	10:23.49	
1995	Terry Hennessy	Glenbower	10:53.0H	
1996	Orla Murphy	Leevale	10:26.48	
1997	Ann-Marie Larkin	Tullamore Harriers	10:19.05	
1998	Paula Sheehan	Blarney	10:05.81	
1999	Mary Cullen	North Sligo	10:17.18	
2000	Fiona Mahon	South O'Hanlon	10.47.67	
2001	Fionnuala Britton	Kilcoole	10:47.60	

Discontinued

100m Hurdles U17 Girls

1977	Nora O'Grady	Nenagh Olympic	14.5

1978	S Denver	Newbridge	16.5		
1979	Carmel Maher	Nenagh Olympic	14.5		
1980	Fidelma White	Nenagh Olympic	15.6		
1981	Brid Naughton	Nenagh Olympic	14.9		
1982	Deirdre Murphy	Ballyvourney	15.55		
1983	Olive Burke	Limerick Emerald	14.3		
1984	Paula Cash	Glen Abbey	14.6		
1985	Brid Hallissey	Ferrybank	13.9		
1986	Brid Hallissey	Ferrybank	14.3		
1987	Siobhan Hillary	Limerick Emerald	NT		
1988	Susan Smith	St. Paul's, Waterford	14.4H		
1989	Sharon Foley	Lifford	15.38		
1990	Elaine Murphy	Nenagh Olympic	15.0H		
1991	Sandra Ball	Limerick Emerald	14.98		
1992	Patricia Naughton	Nenagh Olympic	14.50		
1993	Laura Macken	Roscommon	15.32		
1994	Regina Igoe	Drinagh-Murrintown-Piercestown (DMP)	15.59		
1995	Grainne Redmond	Cushinstown	14.66		
1996	Nicola Farrell	Claremorris	16.00		
1997	Aine Cuddihy	Carrick-on-Suir	15.51		
1998	Derval O'Rourke	Leevale	14.52	1.4	
1999	Caragh McCarthy	Farranfore Maine Valley	15.5H		
2000	Aoife Hoey	Mountmellick	16.12		
2001	Catherine Crawford	Regent House	14.19	1.8	
2002	Niamh O'Reilly	Dundrum South Dublin	15.6H		
2003	Mera O'Connor	Belgooly	15.24	2.9	
2004	Kelly Proper	Ferrybank	15.38	-0.7	
2005	Jessie Barr	Ferrybank	14.79	-0.7	
2006	Grainne Moggan	Brothers Pearse	15.44	1.6	
2007	Aimee McNeilly	Regent House	15.24	0.5	
2008	Catherine McManus	Celtic Dublin City Harriers	14.7H		
2009	Louise Harvey	Tir Chonaill	14.72	1.6	
2010	Sarah Lavin	Emerald	14.20	-0.7	
2011	Ciara Giles Doran	Ferrybank	14.67		
2012	Shannen Dawkins	St Joseph's	14.84		
2013	Kelly-Ann Doyle	Carrick-on-Suir	14.61		
2014	Elizabeth Morland	Cushinstown	14.63		
2015	Molly Scott	St. Laurence O'Toole	14.06	1.2	
2016	Lydia Doyle	Galway City Harriers	14.64	0.0	
2017	**Anna McCauley**	**City of Lisburn**	**13.98**	**1.3**	**CR**
2018	Tara Meier	Boyne	14.78	0.0	
2019	Laura Gallagher	Dundrum South Dublin	15.28	-2.6	

300m / 400m Hurdles U17 Girls

1978	Maeve McAuley	Strabane	68.3	
1979	Carmel Maher	Nenagh Olympic	66.2	
1980	Susanne Cobb	Limerick Emerald	64.5	
1981	Siobhan Kavanagh	Tinryland	63.9	
1982	Ann Marie Walsh	Dooneen	68.44	
1983	Fidelma Kirwan	Eagle	64.0	
1984	Noelle Harron	Finn Valley	67.83	
1985	Sharon McPeake	Ballymena & Antrim	64.32	
1986	Paula Carthy	Clondalkin	62.4	
1987	Joanne Fitzgerald	Kells	63.9H	
1988	Joanne Heffernan	Clondalkin	64.1H	
1989	Lisa Nicholson	Dublin City Harriers	62.68	
1990	Olive Bowers	St. Luas	63.9H	
1991	Carmel Casey	Loughrea	64.5H	
1992	Deborah Brady	Togher	66.7H	
1993	Melissa Collins	Loughrea	66.0H	
1994	Suzanne Cummins	Roscrea	43.9H	300m
1995	Fiona Norwood	Kilkenny City Harriers	44.37	300m
1996	Nicola Farrell	Claremorris	47.97	300m
1997	Aine Cuddihy	Carrick-on-Suir	43.91	300m
1998	Lorraine Carr	Glenbower	45.20	300m
1999	Sarah Kelly	Portumna	45.08	300m
2000	Dawn Kelly	Belgooly	47.62	300m
2001	Catherine Crawford	Regent House	44.25	300m
2002	Catriona Cuddihy	Kilkenny City Harriers	47.73	300m
2003	Mera O'Connor	Belgooly	46.20	300m
2004	Lynsey Porter	Inbhear Dee	45.63	300m

2005	Kalyn Sheehan	Ferrybank	43.77	300m	
2006	Harriet Cross	Leevale	46.19	300m	
2007	Ciara Barrett	Dooneen	47.28	300m	
2008	Christine McMahon	Belfast Royal Academy	45.33	300m	
2009	Louise Harvey	Tir Chonaill	45.42	300m	
2010	Megain Kiely	Ferrybank	43.59	300m	
2011	**Ciara Giles Doran**	**Ferrybank**	**41.84**	**300m**	**CR**
2012	Shannen Dawkins	St Joseph's	46.07	300m	
2013	Kelly-Ann Doyle	Carrick-on-Suir	44.08	300m	
2014	Amaris Borel	Greystones & District	44.19	300m	
2015	Arlene Crossan	Finn Valley	43.97	300m	
2016	Ciara Deely	Kilkenny City Harriers	44.48	300m	
2017	Ella Duane	St. Laurence O'Toole	44.29	300m	
2018	Seren O'Toole	Galway City Harriers	45.92	300m	
2019	Laura Gallagher	Dundrum South Dublin	44.93	300m	

3000m Walk U17 Girls

1978	I Doherty	Mullingar Harriers	12.12.4	2000m	
1979	Marie Nagle	Nenagh Olympic	11.50.5	2000m	
1980	Noeleen Hanniffy	Ferbane	10.58.2	2000m	
1981	M Whelan	Nenagh Olympic	10.25.3	2000m	
1982	Josephine O'Neill	St Michaels	11.30.0	2000m	
1983	Perri Williams	St. Senan's	11.04.0	2000m	
1984	M O'Keeffe	Tipperary Town	11.17.14	2000m	
1985	Tina Mulcahy	Dungarvan	16.13.4		
1986					
1987	Paula Sherlock	Limerick Emerald	15:54.H		
1988	Caroline Condon	North Laois	16:16.3H		
1989	Caroline Condon	North Laois	15:57.9H		
1990	Aishling Ward	Dundealgan	16:14.5H		
1991	Josephine Molyneaux	Leevale	15:54.9H		
1992	Linda O'Sullivan	Marian	16:09.00		
1993	Gillian O'Sullivan	Farranfore Maine Valley	15:35.5H		
1994	Rosaleigh Comerford	Kilkenny City Harriers	16:13.93		
1995	Clare Mansfield	Castlecomer	17:07.3H		
1996	Siobhan O'Malley	Bilboa	15:43.9H		
1997	Mary Brennan	Castlecomer	16:27.6H		
1998	Serena O'Keeffe	Kilkenny City Harriers	14:21.04		
1999	Deirdre Kelly	West Wicklow	16:53.68		
2000	Ann O'Malley	Bilboa	15.46.55		
2001	Ciara McDermott	Ballina	15:28.86		
2002	Ann Loughnane	Craughwell	14:01.41		
2003	Lucia Brennan	Castlecomer	16:55.12		
2004	Nicola Alcorn	Finn Valley	16:53.42		
2005	Laura Reynolds	Ferrybank	14:47.H		
2006	Sinead Tighe	Ballinamore	16:23.41		
2007	Sinead Holmes	Bilboa	17:35.4H		
2008	Emma Doherty	North Belfast Harriers	15:20.0H		
2009	Emma Prendiville	Farranfore Maine Valley	14:35.74		
2010	**Kate Veale**	**West Waterford**	**13:16.19**		**CR**
2011	Alicia Boylan	Oriel	14:59.39		
2012	Sinead Burke	St Coca's	14:39.94		
2013	Sinead O'Connor	Celbridge	16:59.76		
2014	Dervla Beirne	Mohill	15:21.21		
2015	Isabel Morgan	St Senan's	16:23.73		
2016	Orla O'Connor	Waterford	14.57.27		
2017	Sarah Glennon	Mullingar Harriers	14.45.77		
2018	Emily MacHugh	Naas	15.09.09		
2019	Ava Ross	Glaslough Harrers	15.22.62		

2000m Steeplechase U17 Girls

2009	Siobhan O'Mahoney	St. Brendan's	04:45.57	1500m
2010	Siobhan Mc Ginley	Celtic Dublin City Harriers	7.31.37	
2011	Alison Daly	Na Fianna	08:22.39	
2012	Sorcha Fallon	North Sligo	08:14.25	
2013	Alison Armstrong	Celtic Dublin City Harriers	07:23.15	
2014	Toni Moore	Omagh Harriers	07:42.96	
2015	Ailbhe Flynn	Inbhear Dee	07:54.28	
2016	Laura Nicholson	Bandon	7.47.69	

2017	Jane Duffy	Shercock	7.48.75	
2018	**Roisin O'Reilly**	**Menapians**	**7.06.73**	**CR**
2019	Sarah Brady	North Leitrim	7.52.23	

High Jump U17 Girls

1969	Freddie Cooney	Tipperary	1.45	
1970	Alyson O'Keeffe	Cork	1.47	
1971-1975	**Not held**			
1976	Edel Kilmeade	Longford	1.59	
1977	Audrey Long	Ballyfermot	1.66	
1978	Fionnuala Kennedy	Crusaders	1.66	
1979	Lucile Harrington	Athy	1.50	
1980	Yvonne Tannian	Pearse Galway	1.67	
1981	Brigid Corrigan	Celtic	1.67	
1982	Ashling Scallan	Bray	1.67	
1983	Carmel Kelly	Letterkenny	1.61	
1984	Elizabeth Comerford	Glen Abbey	1.73	
1985	Mary Stapleton	Templemore	1.70	
1986	Brid Hallissey	Ferrybank	1.60	
1987	Louise O'Kane	Magherafelt	1.58	
1988	Therese McDonald	Mid Sutton	1.58	
1989	**Sharon Foley**	**Lifford**	**1.77**	**CR**
1990	Helen Murray	Tramore	1.50	
1991	Elaine Ball	Limerick Emerald	1.69	
1992	Edna Williams	St. Senan's	1.64	
1993	Maeve English	Tramore	1.58	
1994	Cathy Winters	Kilmore D	1.56	
1995	Deirdre Ryan	Claremorris	1.55	
1996	Rachel McMillan	Templemore	1.58	
1997	Orla Clarke	Mullingar	1.60	
1998	Geraldine Stewart	St. John Bosco	1.55	
1999	Deirdre Ryan	Dundrum South Dublin	1.60	
2000	Helen Buckley	Kilmore Raheny	1.58	
2001	Orla Doyle	Carrick-on-Suir	1.63	
2002	Amanda Casey	St. Mary's	1.60	
2003	Claire McNamara	Athenry	1.70	
2004	Jenny Reilly	Na Fianna	1.60	
2005	Linzi Herron	Craigavon	1.63	
2006	Maureen Farrell	Fr. Murphy	1.60	
2007	Jennie Hughes	Westport	1.63	
2008	Mary Kate Lanigan	Kilkenny City Harriers	1.65	
2009	Caoimhe Basquille	Greystones & District	1.60	
2010	Emily Rogers (tied)	St. Peter's Dromiskin	1.60	
2010	Sorcha Murphy (tied)	Ferrybank	1.60	
2010	Megan Kiely (tied)	Ferrybank	1.60	
2011	Sarah McCarthy	Fingallians	1.60	
2012	Shannen Dawkins	St Joseph's	1.68	
2013	Neasa Murphy	Ferrybank	1.70	
2014	Phoebe Tan	City of Lisburn	1.66	
2015	Shannon Sheehy	Cushinstown	1.65	
2016	**Sommer Lecky**	**Finn Valley**	**1.77**	**CR**
2017	Emily Corcoran	Celtic Dublin City Harriers	1.66	
2018	Maeve Hayes	St. Paul's	1.60	
2019	Aoife O'Sullivan	Liscarroll	1.72	

Pole Vault U17 Girls

2004	Joelene O'Keeffe	Tralee Harriers	1.90
2005	Claire Wilkinson	Ballymena & Antrim	2.80
2006	Emma Dunne	West Waterford	2.50
2007			
2008	Nikita Savage	Youghal	2.60
2009	Lisa Houlihan	West Waterford	2.85
2010	Una Marley	St. Brendan's	2.40
2011	Kate O'Riordan	St. Brendan's	2.60
2012	Hannah Campbell	Tir Chonaill	2.50
2013	Katie Hoad	Tir Chonaill	2.30
2014	Laura Cussen	Old Abbey Striders	2.86
2015	Maeve Flynn	Lusk	2.75
2016	Clodagh Walsh	Abbey Striders	3.00

2017	**Emma Coffey**	**Carraig-Na-Bhfear**	**3.30**		**CR**
2018	Orla Coffey	Carraig-Na-Bhfear	3.20		
2019	Sara Zia Buckley	Leevale	2.80		

Long Jump U17 Girls

1969	Freddie Cooney	Tipperary	4.95	
1970-1975	**Not held**			
1976	Kathleen Glavin	Midleton	5.35	
1977	Evelyn O'Brien	Corbally	5.34	
1978	Valerie O'Mahoney	Togher	5.52	
1979	Lucile Harrington	Athy	5.25	
1980	Mary Coogan	St. Laurence O'Toole	5.59	
1981	Brid Naughton	Nenagh Olympic	5.31	
1982	M Murphy	Aughrim	4.99	
1983	Ann Brady	Kilmore	5.38	
1984	Audrey Garland	Greenfields	5.08	
1985	Audrey Garland	Greenfields	5.01	
1986	Evanna Morrissey	Nenagh Olympic	5.49	
1987	Siobhan Hoey	Mountmellick	5.63	
1988	Fiona McGloin	Bundoran	5.22	
1989	Orla McGuinnes	Carrick	5.52	
1990	Mary Davitt	Clonliffe Harriers	5.39	
1991	Clarie Ingerton	Leevale	5.92	
1992	Shauna Colhoun	Lifford	5.88	
1993	Lena Barry	Limerick Emerald	5.33	
1994	Edel O'Brien	Newbridge	5.03	
1995	Niamh Savage	Leevale	5.18	
1996	Grainne O'Mahoney	Claremorris	5.28	
1997	Aine Cuddihy	Carrick-on-Suir	5.65	
1998	Sinead Swan	Taghmon	5.59	
1999	Sarah Kelly	Portumna	5.03	
2000	Carol Loscher	Roundwood & District	5.48	
2001	Ciara Kearns	Celbridge	5.77	
2002	Donna Hosford	Leevale	5.57	5.2
2003	Aishling Mc Conville	Navan	5.16	
2004	Kelly Proper	Ferrybank	5.27	-0.1
2005	Aileen Ruane	Sligo	5.67	
2006	Harriet Cross	Leevale	5.42	
2007	Hilary Kerr	St. Peter's Dromiskin	5.28	
2008	Aoife Bartley	Carrick-on-Suir	5.20	
2009	**Johanna Mills**	**Ballymena & Antrim**	**5.99**	**CR**
2010	Lorraine O'Shea	Kilkenny City Harriers	5.55	
2011	Sarah McCarthy	Fingallians	5.81	
2012	Megan Coomber	Clonliffe Harriers	5.40	
2013	Annie Stafford	Menapians	5.59	
2014	Elizabeth Morland	Cushinstown	5.78	-1.3
2015	Arlene Crossan	Finn Valley	5.95	
2016	Aoibhinn O'Connor	Bandon	5.19	1.3
2017	Sophie Meredith	St. Marys, Limerick	5.72	1.7
2018	Lia O'Brien	Midleton	5.50	0.8
2019	Jennifer Hanrahan	Brothers Pearse	5.65	-1.0

Triple Jump U17 Girls

1969	Freddie Cooney	Tipperary	10.26
1970	S O'Connor	Galway	10.11
1971-1994	**Not held**		
1994	Yvonne Naughton	St. Anne's	10.70
1995	Patricia Cahill	Lismore	10.51
1996	Maura Heron	Ballinascreen	10.59
1997	Aine Cuddihy	Carrick-on-Suir	11.01
1998	Claire Quigg	Ballymena & Antrim	11.35
1999	Crona Brady	Clones	10.22
2000	Carol Loscher	Roundwood & District	10.90
2001	Alison Miller	St. Abban's	10.76
2002	Rachel Reddy	Drundrum South Dublin	10.98
2003	Geraldine Kelly	Finn Valley	10.47
2004	Kelly Proper	Ferrybank	10.32 1.5

2005	Jessie Barr	Ferrybank	10.47		
2006	Lisa Kelly	Borrisokane	10.39		
2007	Hannah Todd	Ballymena & Antrim	10.61		
2008	Aoife Bartley	Carrick-on-Suir	11.24	0.1	
2009	Rachel Healey	Ballymena & Antrim	10.92		
2010	Anna Barr	City of Derry	11.40		
2011	Ania Bednorz	Sligo	10.89		
2012	Emma Brady	Tir Chonaill	10.66		
2013	Eimear Gilhooley	N/A	10.47		
2014	**Maria Carey**	**Newport**	**11.79**	**1.9**	**CR**
2015	Lisa Aspel	Crookstown Millview	10.64	3.0	
2016	Emily Forte	Lagan Valley	10.60	-0.9	
2017	Sophie Meredith	St. Marys, Limerick	11.08	1.9	
2018	Chisom Ugwuera	Ennis	10.87	1.5	
2019	Aisling MacHugh	Naas	10.72	-1.6	

Shot Put U17 Girls (3kg)

1969	Eileen O'Hanlon	Galway	9.26	
1970	Betty Cooney	Tipperary	8.33	
1971-1975 Not held				
1976	Phil Barrett	Corbally	10.82	
1977	Marita Walton	Kilkenny City Harriers	14.13	
1978	Joan Dooley	Glenstal	11.90	
1979	Mary McBride	Drinagh-Murrintown-Piercestown (DMP)	10.46	
1980	Mary Kavanagh	Crusaders	10.73	
1981	Brid Naughton	Nenagh Olympic	10.15	
1982	Regina Walton	Kilkenny City Harriers	10.85	
1983	Debbie Tobin	Dooneen	12.38	
1984	Eva Nangle	Tramore	10.21	
1985	Margaret McDonnell	Blackrock	11.46	
1986	Michelle Kirwan	Clogherhead	12.14	
1987	Ailish O'Brien	Dungarvan	11.47	
1988	Bernadette Phelan	St. Senan's	10.18	
1989	Elaine Hayes	North Laois	11.39	
1990	Helen Delves	Walkinstown SAF	11.83	
1991	Deirdre Bloomer	Mountmellick	10.07	
1992	Valerie Mangan	Dooneen	11.34	
1993	Antoinette Moore	Rathfarnham	11.43	
1994	Carolyn Godkin	Kilmore, Wexford	12.19	
1995	Teresa White	North Clare	11.55	
1996	Sinead Kehoe	Tramore	12.35	
1997	Eva Massey	North Down	13.05	
1998	Laura J. Carroll	Unattached	12.25	
1999	Diane Cashman	Glenbower	10.89	
2000	Fionnuala Lombard	Leevale	12.58	
2001	Deirdre Murphy	Leevale	11.46	
2002	Sonia Kennedy	Ferrybank	11.09	
2003	Amy Kerr	Navan	10.76	
2004	Yvonne Hickey	Gowran	11.43	
2005	Maura Fitzgerald	Leevale	11.96	
2006	Roisin Howard	Grange/Fermoy	10.28	
2007	Aoife Hickey	Kilkenny City Harriers	12.22	
2008	Fiona Moloney	Dooneen	11.35	
2009	Ailish Sheehan	Dooneen	11.95	
2010	Sophie Parkinson	Gowran	11.55	
2011	Laura McSweeney	Bandon	12.67	
2012	Fiona Tuite	Fingallians	12.18	
2013	Ciara Mockler	Moycarkey Coolcroo	11.56	
2014	**Michaela Walsh**	**Swinford**	**15.13**	**CR**
2015	Niamh Fogarty	Mullingar Harriers	12.50	
2016	Shauna McMahon	Blackrock, Louth	11.14	
2017	Lystus Ebosele	Enniscorthy	13.45	
2018	Ciara Sheehy	Emerald	14.85	
2019	Aoibhinn McMahon	Blackrock, Louth	14.17	

Discus U17 Girls (1kg)

1969	Eileen O'Hanlon	Galway	23.04
1970	A Sherlock	Dublin	27.76
1971-1976 Not held			

1977	Patricia Walsh	De La Salle Waterford	44.82	
1978	Joan Dooley	Glenstal	39.23	
1979	Mary McBride	Drinagh-Murrintown-Piercestown (DMP)	32.38	
1980	Mary Kavanagh	Crusaders	36.12	
1981	Brid Naughton	Nenagh Olympic	31.63	
1982	Michelle Kirwan	De La Salle Waterford	32.52	
1983	Teresa Burke	Nenagh Olympic	32.75	
1984	Eva Nangle	Tramore	40.74	
1985	Elaine Boland	Limerick Emerald	39.10	
1986	Michelle Kirwan	Clogherhead	33.98	
1987	Ailish O'Brien	Dungarvan	40.64	
1988	Catherine Kenny	Rathangan	36.64	
1989	Denise Walshe	Raheny	33.48	
1990	**Helen Delves**	**Walkinstown SAF**	**42.46**	**CR**
1991	Martha Halpin	Bree	35.95	
1992	Roisin Morrin	North Laois	31.26	
1993	Edel Meagher	Blarney	33.28	
1994	Caroline Johnston	Dundrum South Dublin	37.04	
1995	Leanne Garvey	Banbridge	32.20	
1996	Clara Thompson	Bree	36.60	
1997	Eva Massey	North Down	35.08	
1998	Eileen O'Keeffe	Kilkenny City Harriers	40.75	
1999	Diane Cashman	Glenbower	33.67	
2000	Gillian Austin	Borrisokane	34.63	
2001	Deirdre Murphy	Leevale	35.13	
2002	Sonia Kennedy	Ferrybank	31.74	
2003	Laura Healy	Carrick-On-Suir	28.86	
2004	Rachel Roche	Bandon	29.78	
2005	Sarah Bradfield	Bandon	34.15	
2006	Rachel Maguire	Crusaders	32.33	
2007	Clare Fitzgerald	Tralee Harriers	37.86	
2008	Laura Cuddihy	Carrick-On-Suir	27.70	
2009	Zoe Scanlon	West Waterford	36.12	
2010	Sophie Parkinson Brown	Gowran	31.17	
2011	Laura McSweeney	Bandon	35.07	
2012	Kayleigh Cronin	Spa Muckross	40.48	
2013	Anne-Marie Torsney	Fingallians	36.15	
2014	Aoife Doyle	Star of the Laune	36.29	
2015	Niamh Fogarty	Mullingar Harriers	36.29	
2016	Marguerite Furlong	Adamstown	33.27	
2017	Lystus Ebosele	Enniscorthy	34.68	
2018	Ciara Sheehy	Emerald	41.04	
2019	Blessing Alamu	Midleton	33.56	

Javelin U17 Girls (500g)

1969	A O'Brien	Dublin	22.76
1970-1975	**Not held**		
1976	C Looby	Tipperary Town	29.16
1977	Patricia Walsh	De La Salle Waterford	36.01
1978	G Clancy	Celtic	35.85
1979	Mary McBride	Drinagh-Murrintown-Piercestown (DMP)	38.20
1980	Dara Sheakspeare	Marcab	37.40
1981	Yvonne Lyons	De La Salle Waterford	34.97
1982	Jacqueline Murray	St. Peter's Lurgan	42.38
1983	Teresa Burke	Nenagh Olympic	34.68
1984	Claire Furlong	De La Salle Waterford	31.66
1985	N Jones	St. Anne's	32.60
1986	Alison Moffitt	North Down	40.78
1987	Siobhan Moloney	Bree	32.12
1988	Fiona Saunders	North Laois	33.26
1989	Katrina Campbell	Belfast	37.74
1990	Jocelyn Hanrahan	Corbally	38.76
1991	Siobhan Moran	Bree	32.08
1992	Linda Donegan	St. Laurence O'Toole	33.43
1993	Carol Costello	East Clare	32.96
1994	Carolyn Godkin	Kilmore WX	33.42
1995	Sinead Kelly	Westport	32.88
1996	Jackie Ryan	Farranfore Maine Valley	34.10
1997	Eva Massey	North Down	29.18
1998	Jennifer O'Sullivan	Cushinstown	38.34

1999	Mary Dalton	De La Salle Waterford	31.04	
2000	Niamh Reilly	St. Kevins	35.95	
2001	Lisa Fryer	Lagan Valley	39.56	
2002	Christine Cody	Bagenalstown	29.71	
2003	Catherine Grant	Tramore	33.12	
2004	Caroline Oakes	Regent House	33.06	
2005	Kerry Harvey	Lagan Valley	35.00	
2006	Olivia McDonald	St. Peter's Dromiskin	35.87	
2007	Grace O'Sullivan	Cushinstown	33.05	
2008	Mary Moynihan	Farranfore Maine Valley	31.87	
2009	Ailish Sheehan	Dooneen	34.26	
2010	Jenny Murphy	Abbey Striders	33.67	
2011	Laura Dolan	Ferbane	31.59	
2012	Rita Casey	Gneeveguilla	35.06	
2013	Lauren Finegan	St. Peter's Dromiskin	32.06	
2014	Michaela Walsh	Swinford	42.85	
2015	**Orlaith O'Brien**	**Ferrybank**	**44.23**	**CR**
2016	Katherine O'Connor	St. Gerards, Dundalk	39.09	
2017	Nikki O'Neill	Newbridge	43.26	
2018	Ciara Murphy McHugh	Claremorris	41.16	
2019	Aoibhinn McMahon	Blackrock, Louth	42.39	

Hammer U17 Girls (3.25kg)

1994	Patricia Byrne	St. Abban's	27.90	
1995	Linda Heffernan	Belgooly	26.90	
1996	Clara Thompson	Bree	46.12	
1997	Karen Conway	Crusaders	36.84	
1998	Eileen O'Keeffe	Kilkenny City Harriers	47.23	
1999	Johanna Doyle	Ballybrack	52.92	
2000	S Tully	De La Salle Waterford	34.92	
2001	Rachel Sweeney	Taghmon		
2002	Karen Healy	Fr. Murphy	44.35	
2003	Amy Kerr	Navan	37.65	
2004	Leanne Hynes	Na Fianna	47.72	
2005	Katie O'Shea	Farranfore Maine Valley	47.21	
2006	Maggie Donnelly	Mid Ulster	46.83	
2007	Maria Flynn	Farranfore Maine Valley	41.16	
2008	Theresa Conlon	Kilkenny City Harriers	40.80	
2009	Charlotte O'Farrell	Drinagh-Murrintown-Piercestown (DMP)	48.76	
2010	Mairead O'Neill	Gneeveguilla	49.13	
2011	Laura McSweeney	Bandon	45.23	
2012	Katie Heneghan	Castlebar	43.38	
2013				
2014	**Michaela Walsh**	**Swinford**	**60.83**	**CR**
2015	Kathlyn Furlong	Drinagh-Murrintown-Piercestown (DMP)	51.14	
2016	Sinead Warren	Gneeveguilla	40.64	
2017	Jade Williams	Shercock	57.38	
2018	Ciara Sheehy	Emerald	44.65	
2019	Nicola Tuthill	Bandon	55.21	

4x100m Relay U17 Girls

1969		Cork	
1970		Dublin	46.3
1971-1975 Not held			
1976		Dundalk Harriers	51.6
1977		Good Counsel	50.7
1978		Leevale	50.9
1979		Good Counsel	49.7
1980		Nenagh Olympic	49.3
1981		Nenagh Olympic	49.3
1982		Walkinstown SAF	51.1
1983		Dundrum	49.7
1984		St. Senan's	50.9
1985		Clondalkin	50.26
1986		Lucan Harriers	48.9
1987		Togher	50.5H
1988		Tarbert	49.8H
1989		Eagle	50.3H
1990		Mid Sutton	50.2H

1991	Rhode	51.36		
1992	Skerries	50.8H		
1993	Newbridge	49.1H		
1994	Newbridge	50.1H		
1995	Emerald	50.01		
1996	Metro St. Brigid's	49.9H		
1997	Carrick-on-Suir	51.1H		
1998	Bree	51.7H		
1999	Metro St. Brigid's	51.5		
2000	Leevale	50.02		
2001	Kilgobnet, Colligan and Kilbrien (K.C.K.)	50.56		
2002	Galway City Harriers	50.76		
2003	Letterkenny	50.25		
2004	Ferrybank	49.88		
2005	St. Abban's	51.28		
2006	Galway City Harriers	52.19		
2007				
2008				
2009	Brothers Pearse	51.48		
2010	**Emerald**	**49.0H**		**CR**
2011	Emerald	50.23		
2012	Galway City Harriers	49.82		
2013				
2014	Emerald	49.87		
2015	Galway City Harriers	50.52		
2016	Carrick-on-Suir	49.37		
2017	Dooneen	49.81		
2018	Menapians	50.31		
2019	Tullamore Harriers	50.28		

4x300m / 4x400m Relay U17 Girls

1979	Leevale	4.03.6	
1980	Dundrum	4.03.6	
1981	Sparta	4.03.3	
1982	Greenfield	4.10.5	
1983	Dundrum	4.07.0	
1984	Dundrum	4.07.5	
1985	Clondalkin	3.57.3	
1986	Togher	4.03.1	
1987	St. Laurence O'Toole	4:33.H	
1988	Dundrum	4:02.0H	
1989	Ardmore Montrose Residents Association	4:05.5H	
1990	Cushinstown	4:03.1H	
1991	Cushinstown	4:05.5H	
1992	Marian	4:10.4H	
1993	Rathfarnham	2:54.3H	4x300m
1994	Newbridge	2:55.3H	4x300m
1995	Dundrum South Dublin	2:52.0H	4x300m
1996	Dundrum South Dublin	2:58.1H	4x300m
1997	Tullamore Harriers	2:56.0H	4x300m
1998	Dooneen	2:54.5H	4x300m
1999	Metro St. Brigids	2.58.7	4x300m
2000			4x300m
2001	Celbridge	02:56.50	4x300m
2002	Galway City Harriers	02:58.27	4x300m
2003	Belgooly	02:54.58	4x300m
2004	Clonliffe Harriers	02:56.53	4x300m
2005	St. Abban's	03:01.30	4x300m
2006	Kilkenny City Harriers	03:06.21	4x300m
2007			4x300m
2008			4x300m
2009	Galway City Harriers	03:20.24	4x300m
2010	Galway City Harriers	3:08.6H	4x300m
2011	Kilkenny City Harriers	03:00.88	4x300m
2012	Galway City Harriers	04:17.79	
2013	Leevale	04:22.30	
2014			
2015	Raheny Shamrock	04:12.45	
2016	Nenagh Olympic	4.24.50	
2017	**St. Laurence O'Toole**	**4.01.79**	**CR**
2018	Tallaght	4.21.26	

2019	Not contested		

4x100m (Inter County) U17 Girls

1992	Cork	50.13	
1993	Kildare	51.2H	
1994	Kerry		
1995			
1996			
1997			
1998			
1999			
2000			
2001			
2002	Kerry	51.10	
2003			
2004	**Galway**	**49.5H**	**CR**
2005	Laois	51.28	
2006	Wexford	53.3H	
2007	Tipperary	51.7H	
2008	Tipperary	52.8H	
2009			
2010	Limerick	?	
2011	Dublin	50.90	
2012	Galway	49.67	
2013	Galway	51.72	

Discontinued

Combined Events U17 Girls

1977	T Walsh	De La Salle Waterford	3007
1978	S Denver	Newbridge	2810
1979	Barbara Johnson	Drumcollogher	3027
1980			
1981	Brid Naughton	Nenagh Olympic	3416
1982	M Concannon	Celtic, Dublin	2966
1983	S Quinn	Aughrim	3076
1984	Jacqui Stokes	Fethard	3023
1985	Tina O'Donovan	Ballymore/Cobh	2699
1986	Brid Hallissey	Ferrybank	3431
1987	Siobhan Browne	Blackrock	2768
1988	Fiona McGloin	Bundoran	3811
1989	Anita Gunning	Kilmore	3276
1990	Mary Gartland	Carr. Cross	
1991	Janice O'Brien	Newbridge	4311
1992	Patricia Naughton	Nenagh Olympic	4624
1993	Catherine Burke	Nenagh Olympic	3846
1994	Edel O'Brien	Newbridge	3657
1995	Gail Doyle	Inbhear Dee	3643
1996	Elizabeth Egan	Bree	3075
1997	Orna Donoghue	Carrick-on-Suir	4018
1998	Genevieve Rowland	Roscrea	3124
1999			
2000	Niamh Reilly	St. Kevin's	3078
2001			
2002	P McCarthy	Athenry	3578
2003	Allison Sharkey	Letterkenny	3729
2004			
2005			
2006	Sandra Lawlor	Celbridge	4013
2007	Ciara Barrett	Dooneen	2566
2008	Sarah Shovlin	St. Killian's	3029
2009	Chloe Fahy	Nenagh Olympic	3762
2010	**Megan Kiely**	**Ferrybank**	**4676** **CR**
2011	Maria McNamara	Craughwell	3384

Discontinued

Cross Country U17 Girls

1970	Nuala Bowe	Tipperary County Team

1971-1975 Not held

1976	Mary Dempsey	Youghal
1977	Anne Keenan	Ballyfin
1978	Monica Reilly	Leinster Region
1979	Carol Meagan	Dundrum
1980	Alison O'Neill	Ballymena & Antrim
1981	Tina Moloney	Leinster Region
1982	Camilla Harron	Finn Valley
1983	Teresa McKenna	Oriel
1984	Anita Philpott	North Cork
1985	Teresa Duffy	Belfast Olympic
1986	Geraldine Hendricken	St. Laurence O'Toole
1987	Geraldine Hendricken	St. Laurence O'Toole
1988	Vanessa Molloy	Shelbourne
1989	Christine Geoghegan	Emerald
1990	Christine Geoghegan	Bilboa
1991	Susan Murnane	Bilboa
1992	Susan Murnane	Bilboa
1993	Orla O'Mahoney	Marian
1994	Orla O'Mahoney	Marian
1995	Kathryn Casserly	Castlegar
1996	Ann-Marie Larkin	Tullamore Harriers
1997	Ann-Marie Larkin	Tullamore Harriers
1998	Deirdre Byrne	Fr. Murphy
1999	Mary Cullen	North Sligo
2000	Fionnuala Britton	Kilcoole
2001	Sharon Monaghan	Fr. Murphy
2002	Linda Byrne	Dundrum South Dublin
2003	Roseanne Galligan	Dundrum South Dublin
2004	Sara Louise Treacy	Moynalvey
2005	Susanne Huet	Dundrum South Dublin
2006	Susanne Huet	Dundrum South Dublin
2007	Eimear Black	Ballymena & Antrim
2008	Mary Mulhare	North Laois
2009	Amy O'Donoghue	Emerald
2010	Amy O'Donoghue	Emerald
2011	Yasmin Wilson	Lagan Valley
2012	Clodagh O'Reilly	Annalee
2013	Siobhra O'Flaherty	St. Laurence O'Toole
2014	Niamh Carey	Dundrum South Dublin
2015	Amy Rose Farrell	Blackrock, Dublin
2016	Abigail Taylor	Dundrum South Dublin
2017	Sarah Healy	Blackrock, Dublin
2018	Aimee Hayde	Newport
2019	Emma Landers	Youghal

Cross Country Team U17 Girls

	Club	**County**	**Region**	
1970	Kilkenny City Harriers	Waterford	Not contested	
1971-1975	**Not held**			
1976	Midleton 59pts	Not contested	Cork 55pts	55
1977	Ballyfin 33pts	Not contested	Leinster 36pts	
1978	St. Peters Lurgan 34pts	Not contested	Leinster 43pts	
1979	Tullaroan 81pts	Not contested	Munster 79pts	
1980	Dundrum 95pts	Not contested	Ulster 60pts	
1981	Dundrum 83pts	Not contested	Dublin 88pts	
1982	Castlebar 56pts	Not contested	Ulster 80pts	
1983	Castlebar 55pts	Not contested	Ulster 32pts	
1984	Castlebar 143pts	Not contested	Munster 51pts	
1985	Belfast Olympic 130pts	Not contested	Munster 57pts	
1986	Corbally 55pts	Not contested	Leinster 38pts	
1987	Corbally 82pts	Not contested	Connacht 68pts	
1988	Dundrum South Dublin 86pts	Not contested		
1989	Finn Valley 97pts	Not contested	Munster 53pts	
1990	Ballina 103pts	Not contested	Munster 36pts	
1991	Bilboa 71pts	Not contested	Munster 38pts	
1992	Marian 45pts	Not contested	Munster 37pts	
1993	Marian 42pts	Not contested	Munster 27pts	
1994	Marian 68pts	Not contested	Munster 32pts	
1995	Marian 69pts	Not contested	Munster 46pts	
1996	Bree 84pts	Not contested	Munster 39pts	

1997	Dundrum South Dublin 82pts	Not contested	Munster 40pts	
1998	Lagan Valley 92pts	Not contested	Leinster 63pts	
1999	West Muskerry 72pts	Not contested	Munster 64pts	
2000	Dundrum South Dublin 77pts	Not contested	Leinster 64pts	
2001	Dundrum South Dublin 63pts	Not contested	Leinster 61pts	
2002	Dundrum South Dublin 26pts	Dublin 44pts	Dublin 38pts	
2003	Dundrum South Dublin 56pts	Dublin 120pts	Leinster 80pts	
2004	Dundrum South Dublin 55pts	Dublin 128pts	Munster 57pts	
2005	Dundrum South Dublin 12pts	Dublin 30pts	Dublin 30pts	
2006	Dundrum South Dublin 13pts	Dublin 57pts		
2007	Ferrybank 51pts	Dublin 77pts	Leinster 59pts	
2008	Celtic Dublin City Harriers 93pts	Dublin 62pts		
2009	Lagan Valley 50pts	Dublin 75pts		
2010	Lagan Valley 32pts	Dublin 101pts	Ulster 47pts	
2011	Dundrum South Dublin 46pts	Dublin 66pts	Dublin 66pts	
2012	Dundrum South Dublin 37pts	Dublin 71pts	Dublin 71pts	
2013	Dundrum South Dublin 75pts	Dublin 76pts	Ulster 76pts	
2014	Dundrum South Dublin 34pts	Dublin 43pts	Dublin 43pts	
2015	Dundrum South Dublin 39pts	Dublin 92pts	Ulster 84pts	
2016	Dundrum South Dublin 47pts	Clare 150pts	Munster 69pts	
2017	Mullingar Harriers 91pts	Dublin 174pts	Munster 63pts	
2018	Ennis 159pts	Dublin 163pts	Munster 46pts	
2019	Ennis 146pts	Cork 117pts	Leinster 58pts	

100m U16 Boys

1966	Barry Hennerbry	Moyle Park	11.0		IJAB
1967	M Hartnett	Dublin	10.5		IJAB
1968	Gary Coghlan	Cork	11.1		IJAB
1969-1970	**Not held**				
1971	Sean Reidy	Limerick	11.3		
1972	T O'Brien	Roscommon	11.6		
1973	Mickey Joe Doherty	Strabane	11.5		
1974	Joe Ryan	Dublin	11.5		
1975	Jimmy Gunning	Crusaders	11.2		
1976	Arthur Devine	Marcab	10.9		
1977	Colman O'Flaherty	Pearse	10.6		
1978	T McCormack	Crusaders	11.8		
1979	Brian Eiffe	Ratoath	11.0		
1980	M McSweeney	Marathus	11.2		
1981	Paul Sheedy	Midleton	11.0		
1982	Niall McCann	Togher	11.59		
1983	Padraig Connerton	Lough Ree	11.0		
1984	**Richie Ryan**	**Good Counsel**	**10.71**		**CR**
1985	Colm Moran	Nenagh Olympic	11.0		
1986	Neil Sweeney	Sligo	11.1		
1987	Darren Haddock	Togher	11.2H		
1988	Alan McCarthy	Togher	10.4H		
1989	Jeffrey Pamplin	Newcastle	11.58		
1990	Michael Sweeney	Corran	11.5H		
1991	Brian O'Donnell	Erne	11.31		
1992	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	11.30		
1993	Jim Hennessy	Dooneen	11.70		
1994	Robert Daly	Dundrum South Dublin	11.20		
1995	Damien Wilmot	Dooneen	11.55		
1996	Niall O'Donnell	St. Columb's	11.51		
1997	Finian Power	Crusaders	11.6H		
1998	Darren Coughlan	Bandon	11.25	-0.3	
1999	Paul Hession	Athenry	10.9H		
2000	Daragh Graham	Inbhear Dee	11.27		
2001	John Laffey	Clonliffe Harriers	11.0H	1.1	
2002	Carl McNamara	Ballybrack	11.90	-1.2	
2003	Luke Sweetman	Fingallians	11.40	2.8	
2004	Gerard O'Reilly	Shercock	11.99	-2.3	
2005	Patrick McCarron	Glaslough Harriers	11.52	0.7	
2006	Scott Hamilton	Regent House	11.50		
2007	Gerard Maguire	Erne Integrated College, Enniskillen	11.59	0.8	
2008	Joseph Dowling	Dundrum South Dublin	11.31	1.8	
2009	Conor Wilson	Menapians	11.75	1.3	
2010	Greg O'Shea	Dooneen	11.37	-0.1	
2011	Dean Power	Tullamore Harriers	11.53		

2012	Epey Clincy-Muntanga	Tallaght	11.58		
2013	Ethan Bannon	Raheny Shamrock	11.78		
2014	David McDonald	Menapians	11.33		
2015	David Murphy	Gowran	11.06	4.2	
2016	Conor Morey	Leevale	11.64	-2.4	
2017	Michael Farrelly	Portmarnock	11.13	0.4	
2018	Jordan Kissaane	Tralee Harriers	11.43	2.9	
2019	Nkemjika Onwumereh	Metro / St. Brigids	11.45	-2.3	

200m U16 Boys

1923	B Keane	Dublin Schools League	27.4		NACAI
1924-1971	**Not held**				
1972	T O'Brien	Roscommon	23.8		
1973	Moss Finn	Cork	23.8		
1974	Eamonn Costello	Kilkenny City Harriers	23.2		
1975	David O'Flaherty	Pearse	22.8		
1976	Arthur Devine	Marcab	23.2		
1977	Colman O'Flaherty	Pearse	22.3		
1978	T McCormack	Crusaders	22.9		
1979	D Conlon	Greenfield	23.5		
1980	M McSweeney	Marathus	23.1		
1981	Paul Sheedy	Midleton	22.4		
1982	Paul O'Regan	Leevale	23.49		
1983	Padraig Connerton	Lough Ree	22.7		
1984	Richie Ryan	Good Counsel	21.89		
1985	Richard Sexton	North Down	22.44		
1986	Neil Sweeney	Sligo	22.3		
1987	Michael Howley	Clonmel	22.4H		
1988	Alan McCarthy	Togher	22.3H		
1989	**Carlton Haddock**	**Togher**	**22.2H**		**CR**
1990	Michael Sweeney	Corran	23.6H		
1991	David Leahy	Leevale	22.98		
1992	Kevin Cogley	Drinagh-Murrintown-Piercestown (DMP)	23.04		
1993	Owen McCarthy	St. Brendan's	23.64		
1994	Robert Daly	Dundrum South Dublin	22.86		
1995	Damien Lowry	Dundrum South Dublin	23.22		
1996	Diarmuid McGrath	Leevale	22.96		
1997	Paul Collins	Leevale	23.5H		
1998	Ryan Power	St. Columb's	22.8H	-2.2	
1999	Paul Hession	Athenry	22.30	3.5	
2000	Daragh Graham	Inbhear Dee	23.11		
2001	John Laffey	Clonliffe Harriers	22.8H		
2002	Gerard Tobin	Tralee Harriers	23.53	2.6	
2003	Stephen Aiken	Lisburn	23.29	0.5	
2004	Gerard O'Reilly	Shercock	23.51	-1.7	
2005	Patrick McCarron	Glaslough Harriers	23.47	-0.1	
2006	Scott Hamilton	Regent House	23.21		
2007	Mark Kavanagh	Dundrum South Dublin	23.32		
2008	Stuart Connor	St. Michael's	22.95	-1.2	
2009	Conor Wilson	Menapians	23.55	0.3	
2010	Greg O'Shea	Dooneen	23.05	-1.6	
2011	Jack McCloskey	City of Derry	23.22		
2012	Sean Lawlor	Donore Harriers	22.85		
2013	Ethan Bannon	Raheny Shamrock	23.38		
2014	Luke Morris	Newbridge	23.09		
2015	David Murphy	Gowran	22.67	-0.7	
2016	Conor Morey	Leevale	23.43	-1.4	
2017	Michael Farrelly	Portmarnock	23.10	-2.8	
2018	Jordan Kissane	Tralee Harriers	23.27	-0.6	
2019	Glory Wenegieme	Belgooly	22.77	0.6	

400m U16 Boys

1966	Geoffrey Kearns	Fermanagh	55.70	IJAB	
1967-1970	**Not held**				
1971	Dominic O'Donovan	Cork	53.2		
1972	Brian Battersby	Dublin	52.2		
1973	Anthony Cooke	Dublin	52.5		
1974	Patrick Hamilton	Sparta	51.9		
1975	Michael O'Leary	Enniscorthy	52.7		

1976	J Kelly	Castlebar	53.0	
1977	M McDermott	Pearse	51.6	
1978	M Lynch	Roxboro	52.2	
1979	**Paddy McIntyre**	**Clane**	**50.0**	**CR**
1980	G Feeley	Clounalour	53.5	
1981	Eric Shanley	Donore Harriers	50.5	
1982	John O'Riordan	Leevale	52.76	
1983	Peter Sinclair	Banbridge	51.2	
1984	Aidan O'Regan	Leevale	51.32	
1985	Niall Hegarty	Leevale	51.2	
1986	Stephen Newman	St. Andrews, Ashbourne	51.0	
1987	Danny O'Brien	Newport	50.7H	
1988	Neil Kiernan	Clondalkin	52.3H	
1989	Niall Durnin	Blackrock	51.83	
1990	Oliver Power	St. Mary's	52.1H	
1991	Keelan Conlon	St. Mary's	51.30	
1992	Alan Barry	Kilkenny City Harriers	51.54	
1993	Patrick O'Connor	Limerick Emerald	52.46	
1994	Liam Murray	Finn Valley	51.48	
1995	Damien Lowry	Dundrum South Dublin	50.72	
1996	Damien Hunt	Ferbane	51.82	
1997	Tony Lilley	Togher	51.9H	
1998	Joe O'Donnell	Dungarvan	51.58	
1999	Kieran Hennessy	Leevale	51.42	
2000	Daniel Tobin	Clonliffe Harriers	50.91	
2001	Cathal Hannon	Ballyskenach	52.2H	

Discontinued

800m U16 Boys

1966	Barry Hennerbry	Moyle Park	2.10.1	IJAB
1967	J Adams	Limerick	2.06.2	IJAB
1968	Toss O'Brien	Cork	2.00.6	IJAB
1969-1970	**Not held**			
1971	William "Billy" Bellew	Avondale, Dublin	2.03.5	
1972	Niall O'Shaughnessy	Limerick	1.59.5	
1973	Anthony Cooke	Dublin	2.01.4	
1974	Pat Hamilton	Sparta	2.00.9	
1975	Terry McSweeney	Grange-Fermoy	2.02.0	
1976	John Cronin	Glenree	2.00.7	
1977	Conrad Conneely	Pearse, Galway	2.02.4	
1978	Tony Kenny	Clonliffe Harriers	1.58.6	
1979	Tony Gilbert	St. Finbarrs	1.57.8	
1980	Eugene Curran	Ardee	1.58.7	
1981	Eoin Hanratty	Crusaders	1.59.0	
1982	Ian Stewart	Silverwood	2.00.7	
1983	C O'Brien	Dundrum	1.59.0	
1984	David Jones	Raheny Shamrock	2.00.78	
1985	Bill Mullaney	Thurles Crokes	1.57.13	
1986	Anthony O'Keeffe	Togher	1.57.2	
1987	**Danny O'Brien**	**Newport**	**1:55.H**	**CR**
1988	PJ O'Rourke	Newport	2:00.6H	
1989	Adrian Hampson	Sligo	01:56.54	
1990	Darren Keenan	Leevale	2:00.6H	
1991	Mark Griffin	Walton	01:56.35	
1992	Conor Quigley	Sparta	2:01.5H	
1993	James Nolan	Ferbane	01:56.51	
1994	Peter McCormack	Ballymena & Antrim	01:59.56	
1995	Gareth Turnbull	St. Malachy's	01:55.44	
1996	Anthony Doherty	Tallaght	02:00.11	
1997	Michael Brennan	Tullamore Harriers	02:01.49	
1998	Thomas McKeown	West Wicklow	01:58.96	
1999	Paul Grant	St. Paul's	2:02.5H	
2000	David Ward	Tallaght	1.58.43	
2001	Darragh Greene	Dunleer	02:01.92	
2002	Steven Morrow	Ballymena & Antrim	02:02.98	
2003	Brian Markham	Ennis Track	2:02.3H	
2004	Conor Murphy	Naas	02:04.00	
2005	Mark McDonald	Clonliffe Harriers	02:00.68	
2006	Chris Jones	Raheny Shamrock	02:03.39	
2007	Torlach Grant	Navan	02:00.59	
2008	Dean Cronin	Blarney Inniscara	01:59.42	
2009	Anthony Chambers	Westport	02:03.69	

2010	Karl Griffin	Tir Chonaill	01:56.07	
2011	Brian McGrath	Bohermeen	02:04.56	
2012	Cian McBride	North Sligo	01:57.69	
2013	John Fitzsimons	Kildare	02:01.52	
2014	Kevin McGrath	Bohermeen	02:00.51	
2015	Aaron McGlynn	Finn Valley	01:58.10	
2016	Louis O'Loughlin	Donore Harriers	1.58.18	
2017	Cian McPhillips	Longford	2.02.05	
2018	Aaron Shorten	St. Laurence O'Toole	1.57.37	
2019	Oisin Kelly	Cranford	2.03.50	

1500m U16 Boys

1971	William "Billy" Bellew	Avondale, Dublin	4.09.6	
1972	Mick Byrne	Dublin	4.06.0	
1973	Dermot O'Leary	Cork	4.12.7	
1974	J O'Brien (Dead Heat)	Ulster	4.16.9	
1974	Michael Casey (Dead Heat)	Bally	4.16.9	
1975	Philip Byrne	Clonliffe Harriers	4.05.9	
1976	A McSuibhne	Dundrum Family Recreation Centre	4.13.6	
1977	Brian McDonald	Clonliffe Harriers	4.06.5	
1978	Brian O'Keeffe	Donore Harriers	4.13.7	
1979	Tony Gilbert	St. Finbarrs	4.06.0	
1980	Gerry O'Reilly	Metro	4.05.0	
1981	Eoin Hanratty	Crusaders	4.01.5	
1982	Ian Stewart	Silverwood	4.09.9	
1983	John Downes	Limerick	4.04.4	
1984	David Burke	Mullingar Harriers	4.07.87	
1985	Bill Mullaney	Thurles Crokes	4.03.03	
1986	Niall Murphy	Kildare	4.03.6	
1987	Danny O'Brien	Newport	4:06.H	
1988	PJ O'Rourke	Newport	4:07.8H	
1989	Adrian Hampson	Sligo	4:02.5H	
1990	Darren Keenan	Leevale	4:08.5H	
1991	Mark Griffin	Walton	04:02.13	
1992	Oisin Crowley	Leevale	4:03.3H	
1993	Alan Dunleavy	Dundrum South Dublin	04:04.62	
1994	Graham O'Dwyer	Leevale	04:08.91	
1995	David Lynch	Individual	04:17.44	
1996	Aidan Walsh	Tallaght	04:07.33	
1997	Michael Brennan	Tullamore Harriers	04:10.98	
1998	Liam Casey	Galway City Harriers	09:04.71	
1999	Martin Fagan	Mullingar Harriers	04:10.8	
2000	David Ward	Tallaght	4.11.17	
2001	Mark Christie	Mullingar Harriers	04:09.92	
2002	Cathal Dennehy	Emerald	04:18.72	
2003	David McCarthy	West Waterford	04:20.44	
2004	Conor Murphy	Naas	04:16.26	
2005	Mark McDonald	Clonliffe Harriers	04:17.92	
2006	Chris Jones	Raheny Shamrock	04:15.88	
2007	**Shane Quinn**	**Ferrybank**	**04:00.76**	**CR**
2008	John Foley	Letterkenny	04:16.25	
2009	Mark Bonner	Finn Valley	04:15.9	
2010	Shane Fitzsimons	Mullingar Harriers	04:03.88	
2011	Andrew Coscoran	Star of the Sea	04:09.79	
2012	Cian McBride	North Sligo	04:07.54	
2013	Mustafa Nasir	Tallaght	04:15.88	
2014	Kevin McGrath	Bohermeen	04:09.93	
2015	Sean Corry	Omagh Harriers	04:13.52	
2016	Louis O'Loughlin	Donore Harriers	4.13.74	
2017	Sean Donoghue	Celtic Dublin City Harriers	4.10.61	
2018	Dylan McBride	Willowfield Harriers	4.15.44	
2019	Tadgh Connolly	St. Senan's	4.19.05	

3000m U16 Boys

1967	Eddie Leddy	Leitrim	10.03.2	IJAB
1968	Tom Gregan	Dublin	9.59.8	IJAB
1969 -1970 Not held				
1971	Tony Ryan	Dungarvan	9.06.0	

1972	Tony Ryan	Dungarvan	8.50.8	
1973	John Treacy	St. Nicholas, Ring	8.45.8	
1974	Michael Casey	Bally, Waterford	9.08.6	
1975	Martin McGeady	Sparta	8.58.0	
1976	Tommy Moloney	Thurles Crokes	8.59.2	
1977	Terence Green	Downpatrick	8.54.1	
1978	Brian O'Keeffe	Donore Harriers	8.43.4	
1979	Pat McCarthy	Rathkeale	9.09.6	
1980	Eugene Curran	Ardee	8.46.7	
1981	Enda Fitzpatrick	Longford	8.50.1	
1982	Mark Keller	Dundrum	NT	
1983	Stephen Judge	Dundrum	8.57.0	
1984	Seamus O'Loan	Dundrum	8.54.07	
1985	R McGettigan	Lifford	8.53.2	
1986	S Murphy	Kildare	8.48.1	
1987	Eddie Burke	Thurles Crokes	9:02.H	
1988	**John Murray**	**North Cork**	**8.42.0**	**CR**
1989	David Healy	Riverside	8:52.3H	
1990	Noel Holloway	Ballymore	9:12.5H	
1991	Paul McNamara	Athenry	08:57.78	
1992	Damian Rocks	London Irish	9:00.6H	
1993	Alan Dunleavy	Dundrum South Dublin	8:50.4H	
1994	Thomas Carey	Bilboa	8:51.4H	
1995	Paul Reilly	Loughrea	9:19.4H	
1996	Fiachra McGlade	Dundrum South Dublin	09:10.14	
1997	Mark Kenneally	Celbridge	8:56.3H	
1998	Liam Casey	Galway City Harriers	9.04.71	
1999	William Harty	Ring / Old Parish	09:01.21	
2000	Robert O'Rourke	St. Laurence O'Toole	9.05.46	
2001	Mark Christie	Mullingar Harriers	09:03.03	
2002	Kevin Lawlor	St. Laurence O'Toole	09:19.56	
2003	Brendan O'Neill	Dundrum South Dublin	09:21.24	
2004	Jordan Neil	North Down	09:06.82	
2005	Patrick Hogan	Kilgobnet, Colligan and Kilbrien (K.C.K.)	09:14.69	
2006	Liam Harty	Templemore	09:33.34	
2007	Jake Byrne	Mullingar Harriers	09:27.91	
2008	Finn Corrigan	St. Michael's Enniskillen	09:29.29	
2009	Darragh Fitzgibbon	St. Coca's	09:35.01	
2010	James McGeough	Sligo	09:31.13	
2011	Cillian O'Donovan	Iveragh	09:26.39	
2012	Darren Dunne	Nenagh Olympic	09:20.90	
2013	Adam O'Brien	Clonliffe Harriers	09:29.66	
2014	Christie Conlon	Beechmount Harriers	09:04.92	
2015	Darragh McElhinney	Bantry	09:15.98	
2016	Fathi Aden	Donore Harriers	9.16.41	
2017	Daire O'Sullivan	Carraig-Na-Bhfear	9.33.03	
2018	Mark Hanrahan	Ennis	9.15.08	
2019	Aidan Burke	Waterford	9.26.97	

100m Hurdles U16 Boys

1974	J Power	Munster	15.6	
1975	Kevin Currid	Marcab	15.3	
1976	Noel Cluskey	Ardee	14.4	
1977	Dermot Kelly	Marcab	13.4	
1978	Denis Finnerty	Nenagh Olympic	13.9	
1979	James Murtagh	Castlebar	14.2	
1980	Michael Morrissey	Nenagh Olympic	14.1	
1981	Fergus Sixsmith	Athy	13.9	
1982	Daniel Kennefick	Leevale	14.89	
1983	Michael Nolan	Roscrea	14.1	
1984	L McLoughlin	Naas	13.8	
1985	Colm Moran	Nenagh Olympic	13.5	
1986	Sean McEvoy	Ardmore Montrose Residents Association	13.8	
1987	David Sheehan	Limerick Emerald	13.3H	
1988	Conor Keegan	Ardmore Montrose Residents Association	13.6H	
1989	**Carlton Haddock**	**Togher**	**13.26**	**CR**
1990	Hugh Twomey	Togher	14.2H	
1991	Ciaran Cash	West Dublin	13.59	
1992	Fergal English	St. Mary's Waterford	13.81	

1993	Colm Farry	Corran	14.4H		
1994	Trevor McGlynn	Strabane	13.81		
1995	Paul O'Shea	Kilmallock	14.14		
1996	Ashley Henry	Corran	14.22		
1997	Richard Reville	Drinagh-Murrintown-Piercestown (DMP)	14.39		
1998	Timothy Flannery	Nenagh Olympic	13.69	-0.4	
1999	Brendan Doyle	Carrick-on-Suir	14.01	1.2	
2000	Damien Munnelly	Ballina	14.95		
2001	Shane Cullinane	Nenagh Olympic	13.84	1.1	
2002	Shane Long	Slieveardagh	14.46	1.4	
2003	Gary Dunphy	Ferrybank	14.28	4.2	
2004	Ciaran O'Cathain	Roscommon	14.31	-0.7	
2005	Christopher Britton	St. John Bosco	14.50	-1.2	
2006	Jason Harvey	Campbell College	13.66	1.4	
2007	Patrick Maher	Leevale	13.69	1.7	
2008	Simon Callaghan	Galway City Harriers	15.1H		
2009	Mark McGarvey	City of Derry Spartans	14.09	1.3	
2010	Ryan McParland	City of Derry	13.70	-1.8	
2011	Garbhan McKenna	Glaslough Harriers	14.04		
2012	Paul Sexton	Annalee	14.26		
2013	Jack Murphy	Leevale	13.75		
2014	Daniel Ryan	Moycarkey Coolcroo	13.45		
2015	Tony Odubote	Ennis Track	13.34	1.3	
2016	Daragh Miniter	St. Marys, Clare	13.55	0.2	
2017	Iarlaith Golding	St. Colmans South Mayo	13.46	-1.1	
2018	Cian Dunne	Dundrum South Dublin	14.08	2.4	
2019	Conor Hoade	Galway City Harriers	13.73	0.6	

250m/300m/400m Hurdles U16 Boys (0.762m/2'6)

1978	Denis Finnerty	Nenagh Olympic	26.9	200mH	
1979	James Murtagh	Castlebar	26.8	200mH	
1980	J Kennedy	De La Salle Waterford	27.0	200mH	
1981	Fergus Sixsmith	Athy	54.3	400H	
1982	Paul O'Regan	Leevale	56.85	400H	
1983	Michael Nolan	Roscrea	56.9	400H	
1984	Padraig Greally	Tullamore Harriers	54.63	400H	
1985	F Heaphy	Ardmore Montrose Residents Association	58.13	400H	
1986	Aidan McGrath	Nenagh Olympic	55.7	400H	
1987	Tom Hallahan	Togher	57.1H	400H	
1988	Colm Tobin	Limerick Emerald	57.04	400H	
1989	Kevin Darcy	Ferbane	57.62	400H	
1990	Pierce Ward	Ballinamore	57.1H	400H	
1991	Brian Long	Nenagh Olympic	39.1H	300H	
1992	Mark Mulqueen	St. Laurence O'Toole	40.3H	300H	
1993	Kenneth Treacy	Midleton	40.1H	300H	
1994	Joe Barry	Thurles Crokes	40.25	300H	
1995	Austin Flavin	Ring Old Parish	41.20	300H	
1996	Glen Howard	Dundrum South Dublin	40.66	300H	
1997	Ian Monaghan	Celbridge	38.43	300H	
1998	Timothy Flannery	Nenagh Olympic	40.1H	300H	
1999	Paul Howard	Dundrum South Dublin	39.05	300H	
2000	Damien Munnelly	Ballina	40.50	300H	
2001	Cathal Hannon	Ballyskenach	39.33	300H	
2002	Shane Long	Slieveardagh	33.60	250H	
2003	Eoin Beglin	Ferrybank	33.76	250H	
2004	Eoin Hannon	Tullamore Harriers	34.0H	250H	
2005	Gavin Kennedy	Ferrybank	33.42	250H	
2006	Christopher Murnane	Leevale	34.03	250H	
2007	Patrick Maher	Leevale	33.42	250H	
2008	Sipke O'Shaughnessy	Bandon	33.54	250H	
2009	Eoin Power	St. Joseph's	34.43	250H	
2010	Colin Nolan	Enniscorthy	32.90	250H	
2011	Garbhan McKenna	Glaslough Harriers	33.88	250H	
2012	Michael Quilligan	Nenagh Olympic	32.94	250H	
2013	Ciaran Barnes	City of Lisburn	33.20	250H	
2014	Cathal Locke	Dooneen	34.44	250H	
2015	David Ryan	Moycarkey Coolcroo	32.16	250H	
2016	Brian Lynch	Old Abbey	32.75	250H	
2017	**Iarlaith Golding**	**St. Colmans South Mayo**	**31.74**	**250H**	**CR**
2018	Cian Dunne	Dundrum South Dublin	32.72	250H	
2019	Conor Hoade	Galway City Harriers	31.81	250H	

1500m Steeplechase U16 Boys

1971	Liam O'Brien	Midleton	2.55.0	1000m	
1972	Peter Rogers	Dublin	2.54.6	1000m	
1973	Noel Murphy	Leinster	2.56.8	1000m	
1974	Michael Murphy	Cork	4.43.3		
1975	Philip Byrne	Clonliffe Harriers	4.34.4		
1976	Brendan Quinn	De La Salle Waterford	4.34.4		
1977	D Doyle	Clonmel	4.41.0		
1978	Jim Sheahan	Nenagh Olympic	4.32.2		
1979	Paul Donovan	Pearse	4.31.2		
1980	Cyril Whelan	Nenagh Olympic	4.24.0		
1981	Enda Fitzpatrick	Longford	4.28.3		
1982	Tadhg O'Brien	Midleton	4.36.0		
1983	S Moran	Limerick	4.36.5		
1984	Paul Moloney	Ajax	4.36.22		
1985	David Wilson	St. John Bosco Donegal	4.29.80		
1986	S Murphy	Limerick Emerald	4.31.5		
1987	D McCarron	Dundealgan	4:31.H		
1988	**John Murray**	**North Cork**	**4:21.4H**		**CR**
1989	Gavin Fitzgerald	Midleton	4:39.6H		
1990	Mark Stewart	Bilboa	4:45.6H		
1991	Aidan Kavanagh	Eagle	4:37.5H		
1992	Derek Kenneally	Ring Old Parish	4:39.8H		
1993	John Mooney	Bilboa	4:29.9H		
1994	Raymond Stankard	Athlone	04:48.20		
1995	Stephen Price	East Clare	04:43.43		
1996	Brendan Crawford	Moycarkey	04:42.48		
1997	Andrew Gargan	East Down	4:29.7H		
1998	Sean Connolly	Tallaght	04:35.60		
1999	Liam Reale	Hospital	04:24.12		
2000	Yan Butler-Rees	Celbridge	4.37.11		
2001	David Bunyan	Lios Tuathail	4:45.3H		

Discontinued

3000m Walk U16 Boys

1995	Gary Burke	Ballinamore	14:35.12	
1996	David Kidd	St. Laurence O'Toole	13:36.6H	
1997	Liam Taylor	Ferbane	14:28.4H	
1998	Colin Griffin	Ballinamore	13:56.0H	
1999	Ronan Griffin	Ballinamore	15:30.43	
2000	Padraig Lennon	Gowran	14.38.0	
2001	James Dalton	Hacketstown	15:33.7H	
2002	Christopher Dalton	Hacketstown	14:15.76	
2003	Paul Murphy	Dooneen	15:21.59	
2004	Paul Fitzpatrick	Shercock	16:06.89	
2005	Niall Prendiville	Farranfore Maine Valley	15:52.44	
2006	Cian McManamon	Westport	16:51.08	
2007	Shane O'Loughlin	Kilnaboy	16:27.4H	
2008	Oisin Oliver	Swinford	15:21.37	
2009	Luke Hickey	Leevale	15:45.08	
2010	Evan Lynch	Clonmel	13:56.40	
2011	Simon Gillespie	Ballina	16:43.66	
2012	Aaron Egan	Clonmel	14:21.64	
2013	Joseph Mooney	Adamstown	16:34.88	
2014	Robbie Kelly	Sligo	15:28.23	
2015	Gearoid McMahon	Shannon	14:23.47	
2016	Liam McDonagh	Moycarkey Coolcroo	15.22.88	
2017	**Oisin Lane**	**Mullingar Harriers**	**13.51.93**	**CR**
2018	Matthew Glennon	Mullingar Harriers	15.16.82	
2019	Jake O'Brien	Castlebar	15.58.67	

High Jump U16 Boys

1966	Jerry Beckett	Cork	5'5	IJAB
1967-1970	**Not held**			
1971	D Meehan	Tipperary	1.60	
1972	Michael Cox	Roscommon	1.72	

1973	Michael Cox	Roscommon	1.85	
1974	David McLoughlin	Boyle	1.80	
1975	Frank Sweeney	Ennis	1.74	
1976	Jim Herron	Sparta		
1977	Ray McLoughlin	Boyle	1.92	
1978	Richard Garvey	Marcab	1.93	
1979	Eugene McKenna	Olympic	1.85	
1980	P Roche	Enniscorthy		
1981	Diarmuid Quill	Nenagh Olympic	1.87	
1982	W Keyes	Nore Valley	1.90	
1983	Kieran Mills	Mallow	1.87	
1984	Noel O'Leary	Dundrum	1.96	
1985	Rowan McKevitt	Newry	1.93	
1986	J Mullin	Crossmolina	1.84	
1987	Donal O'Neill	Newry	1.93	
1988	Charles Brand	Kilkenny City Harriers	1.97	
1989	Richard Heneghan	Castlebar	1.81	
1990	Darragh Murphy	North Down	1.98	
1991	**Stephen Dowdall**	**Clonliffe Harriers**	**2.00**	**CR**
1992	Brendan O'Donoghue	Clonliffe Harriers	1.75	
1993	Kenneth Treacy	Midleton	1.81	
1994	Trevor McGlynn	Strabane	1.85	
1995	Colin Brennan	Tallaght	1.87	
1996	Alan Casey	TOC	1.90	
1997	Kevin Burke	Dooneen	1.80	
1998	Barry O'Brien	Leevale	1.81	
1999	Adrian O'Dwyer	Kilkenny City Harriers	1.90	
2000	Steven Spillane	Moycarkey-Coolcroo	1.70	
2001	Shane Cullinane	Nenagh Olympic	1.84	
2002	Pat Mulcahy	Fanahan McSweeney	1.80	
2003	Conor McGrath	Kilgobnet, Colligan and Kilbrien (K.C.K.)	1.70	
2004	Daniel Mc Auliffe	Blarney/Inniscara	1.71	
2005	Garry Coulter	Ballymena & Antrim	1.87	
2006	Kevin McManus	St. Peter's Dromiskin	1.75	
2007	Theo Wallace	Ferrybank	1.74	
2008	Shane O'Dwyer	Carrick-on-Suir	1.70	
2009	Luke Allen	St. Coca's	1.73	
2010	Robert Bill	Ballymena & Antrim	1.75	
2011	David Cussen	Old Abbey Striders	1.90	
2012	Ryan McTeer	Shimna College	1.81	
2013	Jack Murphy	Leevale	1.71	
2014	Robbie Marrs	City of Lisburn	1.94	
2015	Ben Donovan	Abbey Striders	1.86	
2016	Nelvin Appiah	Longford	1.84	
2017	Troy McConville	North Down	1.87	
2018	Jack Forde	St. Killian's	1.85	
2019	Geoffrey Joy O'Regan	Sun Hill Harriers	1.95	

Long Jump U16 Boys

1971	Sean Reidy	Limerick	5.48
1972	Seamus Coyne	Dungannon	6.09
1973	Moss Finn	Cork	6.20
1974	F Conway	Crusaders	5.59
1975	Joe McColgan	Strabane	6.36
1976	Andy Coleman	Marcab	6.48
1977	G Coakley	Celtic	6.23
1978	Pat O'Halloran	Ballymore/Cobh	6.17
1979	J O'Brien	Clonmel	6.27
1980	J Kennedy	De La Salle Waterford	6.24
1981	T Jones	Enniscorthy	6.05
1982	Vincent Breslin	St. John Bosco, Donegal Town	6.27
1983	J Kelly	Celbridge	6.11
1984	D Cunningham	Liffey Valley	6.14
1985	Colm Moran	Nenagh Olympic	6.41
1986	T Cassidy	Prosperous	6.14
1987	Adrien Porter	Magherafelt	6.58
1988	Paul Wilkinson	Lifford	6.44
1989	Alan Giblin	Naas	6.38
1990	Robert Barry	Kilkenny City Harriers	6.37
1991	Tito Duarte	West Muskerry	6.22
1992	Gareth Devlin	Ballinascreen	6.30

1993	Patrick O'Connor	Limerick Emerald	6.51		
1994	Brian Cullinane	Nenagh Olympic	6.15		
1995	Alan Kelly	Ballina	6.34		
1996	Derek O'Brien	St. Laurence O'Toole	6.50		
1997	Paul Phelan	Dooneen	6.56		
1998	Brian Wall	Glenbower	6.39		
1999	Austin Dennis	Clonliffe Harriers	6.18		
2000	Brendan Corrigan	Shercock	6.31		
2001	Shane Cullinane	Nenagh Olympic	6.59		
2002	Carl McNamara	Ballybrack	6.31	1.9	
2003	Luke Sweetman	Fingallians	6.19	1.7	
2004	Brendan O'Connor	Beara	6.17		
2005	Garry Coulter	Ballymena & Antrim	6.26		
2006	Timothy Harrington	Courcies	6.36		
2007	Nathan Jege	Dooneen	6.35		
2008	Ben McGillian	Strabane	5.99		
2009	Mark McGarvey	City of Derry Spartans	6.18		
2010	Colin Nolan	Enniscorthy	6.13		
2011	David Cussen	Old Abbey Striders	6.18		
2012	Evan Quirke	Athenry	5.92		
2013	Jack Murphy	Leevale	5.99		
2014	Daniel Ryan	Moycarkey Coolcroo	6.49		
2015	**David Ryan**	**Moycarkey Coolcroo**	**6.62**	**-0.8**	**CR**
2016	Joseph McEvoy	Nenagh Olympic	6.36	1.4	
2017	Daniel Hurley	Leevale	6.37	0.0	
2018	Conor Commane	Tralee Harriers	6.24	-1.6	
2019	Danny Kelly	Belgooly	6.2	0.0	

Triple Jump U16 Boys

1967	Bertie Smyth	Cork	12.07	
1968	Aidan Hayes	Trim	13.02	
1969-1970	**Not held**			
1971	Brian McGurk	Corrigan, Antrim	12.03	
1972	Brian McGurk	Corrigan, Antrim	12.80	
1973	**Colm Cronin**	**Leevale**	**13.89**	**CR**
1974	P Kelly	Munster	12.88	
1975	Joe McColgan	Strabane	13.66	
1976	A Coleman	Marcab	13.66	
1977	Niall McCarthy	Corbally	13.26	
1978	V Kirwan	Marcab	13.02	
1979	Stephen Maguire	Strabane	13.40	
1980	John Stapleton	Mid Roscommon	13.16	
1981	T Jones	Enniscorthy	12.93	
1982	N Brennan	Marcab	12.29	
1983	J Whelan	Tipperary Town	12.63	
1984	D Nolan	Dooneen	13.20	
1985	Joseph Naughton	Nenagh Olympic	12.96	
1986	Stuart Wall	Marcab	12.79	
1987	Adrian Porter	Magherafelt	13.05	
1988	Aidan Gillespie	Rosses	12.88	
1989	Patrick Sheehan	Leevale	13.20	
1990	Alan Lavin	Roscommon	11.98	
1991	Colin Rafferty	St. Andrew's Ashbourne	12.73	
1992	Darragh O'Farrell	Nenagh Olympic	12.87	
1993	Patrick O'Connor	Limerick Emerald	13.20	
1994	John Logan	Crusaders	13.46	
1995	Colin Byrne	St. Abban's	12.59	
1996	Michael Heffernan	Cappoquin	12.53	
1997	Brendan Goss	North Down	12.67	
1998	Ian Shakespeare	Crusaders	12.79	
1999	Tomas O'Dwyer	Moycarkey Coolcroo	13.00	
2000	Steven Spillane	Moycarkey Coolcroo	12.10	
2001	Ciaran Dyer	Crusaders	12.62	
2002	Patrick O'Donnell	Olympian	11.63	
2003	Kevin O'Doherty	Strabane	12.43	
2004	Aaron Crawford	Strabane	12.00	
2005	Eoin Mulhall	Naas	12.01	
2006	Francis Egan	St. Abban's	12.28	
2007	Ciaran Dolan	St. Michael's	12.46	
2008	Ben McGillian	Strabane	12.00	
2009	Conor Daly	St. Abban's	12.17	

2010	Eoin O'Carroll	Tralee Harriers	13.45		
2011	Tony McGilloway	Olympian Youth	12.48		
2012	Darren Prout	Carrick-on-Suir	12.54		
2013	Conor Dempsey	Greystones & District	11.55		
2014	Ryan Carthy-Walsh	Adamstown	12.10		
2015	Stephen McCallion	Lifford	12.06	1.7	
2016	Michael Tony	Lios Tuathail	11.78	-1.5	
2017	Wymin Sivakumar	Leevale	12.74	1.8	
2018	Dillon Ryam	Moycarkey Coolcroo	12.96	1.2	
2019	Joseph Gillespie	Finn Valley	12.00	-2.1	

Pole Vault U16 Boys

1966	J McGee	Meath	2.77	IJAB
1967	J Coakley	Cork	2.97	IJAB
1968	G Bradley	Dublin	3.07	IJAB
1969-1971	**Not held**			
1972	Chris Berkley	Dublin	3.35	
1973	Liam Hennessy	West Tipperary	3.60	
1974	Liam Hennessy	West Tipperary	3.90	
1975	Des O'Sullivan	Marian	2.95	
1976	John Hartnett	Midleton	3.15	
1977	M Dennehy	Glenstal	3.20	
1978	B Owens	Athy	3.15	
1979	S Rigney	Athy	3.05	
1980	A O'Connor	Corbally	3.35	
1981	Frank Evers	Crusaders	3.65	
1982	S Pike	Raheny Shamrock	3.30	
1983	A Sharkey	Rockwell College	3.00	
1984	G Lonergan	De La Salle Waterford	2.90	
1985	Colm Moran	Nenagh Olympic	2.80	
1986	A McGrath	South Dublin	3.40	
1987				
1988	Des Geraghty	Navan	3.80	
1989	Owen O'Mahoney	Togher	3.00	
1990	James McCarthy	Templemore	2.70	
1991	Ronan O'Sullivan	Leevale	3.10	
1992	Alan Kennedy	Carrick-on-Suir	2.95	
1993	Lauri Candy	Dundrum South Dublin	3.40	
1994	Michael Cassidy	Crusaders	3.50	
1995	John O'Brien	Marian	2.80	
1996	Brendan Bourke	Kilmallock	2.20	
1997				
1998	Aaron Murphy	Crusaders	3.00	
1999	Ruairi O'Brien	Crusaders	3.85	
2000	Paul Skelly	Kilmore Raheny	2.60	
2001	Conor Duignan	Roscommon	3.10	
2002	Philip Daly	Shercock	2.70	
2003	Paul Moore	St. Abban's	2.90	
2004	Ray Flanagan	Youghal	2.90	
2005	Daniel Clifford	Farranfore Maine Valley		
2006	Jason Harvey	Campbell College	3.40	
2007	Thomas Houlihan	West Waterford	4.00	
2008	Mark Dineen	St. Brendan's	2.40	
2009	Jonathan Foley	Farranfore Maine Valley	3.00	
2010	Lee Curley	Youghal	2.70	
2011	Mel O'Callaghan	Gneeveguilla	3.00	
2012	Jamie Fennell	West Waterford	3.00	
2013	Jack Kelly	Shercock	2.10	
2014	Donal English-Hayden	Ballon Rathoe	2.60	
2015	Dean Nolan	St. Laurence O'Toole	3.30	
2016	Kevin Halpin	Lusk	3.10	
2017	Adam O'Dwyer	Morcarkey Coolcroo	3.65	
2018	Eoin Buenaventura	West Waterford	2.80	
2019	**Conor Callinan**	**Leevale**	**4.01**	**CR**

Shot Put U16 Boys (4kg)

1966	Pat Hartigan	Limerick	13.26	IJAB
1967-1972	**Not held**			
1973	Kevin Tyrrell	Munster	15.15	

1974	Joe Brice	Midleton	14.13	
1975	P Donnelly	Dungannon	13.79	
1976	Tom Crotty	St. Finbarrs	16.51	
1977	Liam Lannon	Dungarvan	13.99	
1978	K O'Donnell	Pearse	14.19	
1979	James Cribben	Clane	13.21	
1980	Michael Comerford	Callan	13.67	
1981	Brendan Fowler	Glaslough Harriers	13.18	
1982	David Williams	Tipperary	14.18	
1983	Leo Sharkey	Good Counsel	13.17	
1984	Barry Walsh	Dooneen	14.93	
1985	Colm Moran	Nenagh Olympic	16.90	
1986	Victor Costello	Dundrum	16.72	
1987	Michael Ahearne	Cappoquin	13.54	
1988	Gerard Nagle	Marian	14.07	
1989	Kevin Donaghey	Oak Leaf	14.25	
1990	Stephen McCauley	Sparta	14.53	
1991	John McSweeney	Eagle	14.19	
1992	Chris Rooney	East Down	13.07	
1993	Jason Flynn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	14.24	
1994	Ian McMullan	Lisburn	14.37	
1995	Sean Breathnach	Unattached	16.89	
1996	Brendan Bourke	Kilmallock	13.08	
1997	John Hobbs	Leevale	13.87	
1998	Neville Coughlan	Tullamore Harriers	13.39	
1999	Daniel O'Mahoney	Ballybrack	15.61	
2000	Eoin Leen	Clounalour	15.03	
2001	John Dilworth	Blarney Inniscara	12.32	
2002	Francis Abbey Striders	St. Finian's	15.49	
2003	Michael Whelan	Lios Tuathail	14.10	
2004	Luke Mangan	Clonliffe Harriers	15.95	
2005	Daniel Clifford	Faranfore Maine Valley	15.01	
2006	Barry McGuinness	Drinagh-Murrintown-Piercestown (DMP)	13.02	
2007	Laimonas Ruibys	Westport	14.62	
2008	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	14.86	
2009	Paul Collins	North Westmeath	12.68	
2010	Oliver Jager	Drinagh-Murrintown-Piercestown (DMP)	14.71	
2011	**John Kelly**	**Finn Valley**	**16.94**	**CR**
2012	Eoin Sheridan	North Westmeath	15.02	
2013	Ethan Bannon	Raheny Shamrock	13.93	
2014	Colin Deane	Bandon	15.21	
2015	James Kelly	Finn Valley	16.18	
2016	Conor Fogarty	North Westmeath	13.94	
2017	Adam Sheridan	Westport	14.63	
2018	Shane Breslin	Tir Chonaill	12.87	
2019	Callum Keating	North Cork	15.33	

Discus U16 Boys (1kg)

1971	T Johnson	Dublin	37.83
1972	Ian Lambe	Crusaders	39.72
1973	Ian Lambe	Crusaders	39.09
1974	Joe Brice	Midleton	44.61
1975	Sean Whitney	Ballyfermot	37.98
1976	Tom Crotty	St. Finbarrs	43.00
1977	Denis McSweeney	Friary	43.08
1978	K O'Donnell	Pearse	40.05
1979	Conor Farran	Marcab	42.78
1980	Michael Comerford	Callan	41.46
1981	Mark Sweeney	Dundrum	42.54
1982	Cliff O'Brien	Crusaders	45.02
1983	John Farrelly	Marcab	42.30
1984	Pat O'Connor	Corbally	56.20
1985	Colm Moran	Nenagh Olympic	45.50
1986	E Comerford	Callan	45.20
1987	Michael Ahearne	Cappoquin	42.24
1988	Brian Cusack	Ferrybank	45.12
1989	Patrick White	Pres. Bray	40.56
1990	Stephen McCauley	Sparta	43.58
1991	Eoin Moylan	Crusaders	40.48
1992	Adrian Joyce	Cushinstown	39.34
1993	Nigel Travers	Donore Harriers	47.34

1994	Donal McNamara	East Clare	40.88	
1995	Sean Breathnach	Unattached	42.74	
1996	Brendan Bourke	Kilmallock	40.44	
1997	John Hobbs	Leevale	41.62	
1998	Aidan Fogarty	Donore Harriers	38.23	
1999	Geoffrey Mullins	Emerald	44.55	
2000	James Healy	Carrick-on-Suir	43.87	
2001	Christopher Allen	Ballymena & Antrim	38.89	
2002	Ciaran McConnell	Finn Valley	49.32	
2003	Jonathan Kingsberry	Regent House	42.65	
2004	David Keys	Regent House	46.50	
2005	Christopher Reynolds	Belfast Royal Academy	47.89	
2006	Eanna O'Cathain	Galway City Harriers	43.64	
2007	**Darragh Hanlon**	**Tullamore Harriers**	**51.13**	**CR**
2008	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	48.16	
2009	Paul Collins	North Westmeath	45.20	
2010	Michael Hanlon	Dunboyne	49.96	
2011	Daniel Lavelle	Westport	44.73	
2012	Eoin Sheridan	North Westmeath	46.01	
2013	James Sheridan	Carrig na Bhfear	42.50	
2014	Daniel Ryan	Moycarkey Coolcroo	45.43	
2015	Padraig Hore	Taghmon	46.21	
2016	Darragh Miniter	St. Mary's Clare	43.77	
2017	Adam Sheridan	Westport	44.88	
2018	Sean O'Riordan	Midleton	40.98	
2019	Daragh Jennings	Galway City Harriers	42.95	

Hammer U16 Boys (4kg)

1974	Richard Gibson	Crusaders	54.62	
1975	Mark Linscheid	Tara	56.52	
1976	Declan Hegarty	Unattached	62.14	
1977	Liam Hickey	Raheny Shamrock	57.66	
1978	Brendan Fitzgibbon	Cabinteely	54.66	
1979	C Mulcahy	Clonliffe Harriers	60.38	
1980	Paul Higan	St. Laurence O'Toole	59.10	
1981	Frank O'Brien	Dungarvan	66.76	
1982	Gary Halpin	Rockwell College	67.62	
1983				
1984	P O'Connor	Corbally	56.20	
1985	J McCarmack	Corbally	50.84	
1986	Jim O'Mahoney	Leevale	58.40	
1987				
1988	David Tuite	Donore Harriers	56.46	
1989	Thomas Murphy	Tullamore Harriers	58.94	
1990	Pat Nangle	Tramore	49.66	
1991	Patrick Minogue	Crusaders	56.58	
1992	Lorcan Carpenter	Crusaders	49.30	
1993	John Thompson	Tullamore Harriers	56.00	
1994	Killian Smyth	Fr. Murphy	49.80	
1995	Danny Rocket	Dungarvan	52.84	
1996	David Thompson	Tullamore Harriers	47.30	
1997	Colm Flynn	Clonliffe Harriers	47.86	
1998	Barry Hayes	North Laois	43.77	
1999	Peter Tierney	Portumna	57.43	
2000	Alessandro Franciosi	Crusaders	46.45	
2001	Eoin Weigel	Dunboyne	51.95	
2002	James Nagle	Farranfore Maine Valley	46.41	
2003	Patrick McCabe	Dunboyne	51.22	
2004	David Keys	Regent House	51.29	
2005	Gerard Kelly	Castlebar	59.52	
2006	Eoin White	Drinagh-Murrintown-Piercestown (DMP)	50.36	
2007	Killian Barry	Crusaders	53.01	
2008	James McCabe	Dunboyne	50.46	
2009	Kieran Murphy	St. Paul's	48.74	
2010	John Sweeney	Star of the Sea	57.56	
2011	Fellan McGuigan	Finn Valley	70.74	
2012	**Adam King**	**Iveragh**	**72.24**	**CR**
2013	Stephen McCorry	Ballymena & Antrim	48.17	
2014	Brendan O'Donnell	Lifford	61.81	
2015	Sean Mockler	Moycarkey Coolcroo	47.29	
2016	Brian Naughton	Nenagh Olympic	50.60	

2017	Robert Higgins	Na Fianna	57.55		
2018	Jude McCrossan	Lifford / Strabane	46.85		
2019	Cormac O'Donnell	Lifford / Strabane	45.78		

Javelin U16 Boys (600g)

1967	Terry Gent	Kildare	35.61		
1968	R O'Neill	Tipperary	35.15		
1969-1970	**Not held**				
1971	L McGrath	Limerick	43.80		
1972	Michael Fitzgibbon	Cork	41.01		
1973	Ian Lambe	Crusaders	50.66		
1974	Joseph Phillips	Sligo	50.92		
1975	Brendan Healy	Moycarkey-Coolcroo	52.05		
1976	Aidan Gunning	Crusaders	55.31		
1977	Peter Ruffli	Dundrum Family Recreation Centre	53.26		
1978	David Sweeney	Sparta	43.00		
1979	David Courtney	Tullamore Harriers	49.68		
1980	John Dowling	Tullamore Harriers	45.10		
1981	Kevin McBrearty	St. John Bosco, Donegal	52.52		
1982	P Comerford	Callan	51.74		
1983	J Daniels	Marcab	42.22		
1984	Niall O'Connor	Raheny Shamrock	49.32		
1985	Damien Gillespie	Finn Valley	44.23		
1986	Oliver Plunkett	St. John Bosco, Donegal	46.38		
1987	Victor Young	Callan	44.78		
1988	John Fleming	De La Salle Waterford	48.40		
1989	John Kelly	Lifford	49.96		
1990	Bertla Breannacht	Na Ceathra Rua	52.35		
1991	Mark McConnon	Magherafelt & District	50.44		
1992	Adrian Joyce	Cushinstown	45.16		
1993	Shane Donaghey	Oak Leaf	48.32		
1994	Damien McDaid	Oak Leaf	44.70		
1995	Sean Breathnach	Unattached	56.54		
1996	Timothy Kitney	Overseas	59.58		
1997	Tom Conroy	Blarney Inniscara	47.28		
1998	Joseph Diskin	Kilcoole	48.85		
1999	Ciaran Coyle	St. Columb's	49.14		
2000	Michael McConkey	North Down	46.67		
2001	Rikki O'Gara	Roscommon	45.66		
2002	Peter McDonald	St. Peter's Dromiskin	44.41		
2003	Tom Cross	Belgooly	43.53		
2004	Aaron Crawford	Strabane	46.01		
2005	Philip Burns	Belgooly	46.25		
2006	Barry McGuinness	Drinagh-Murrintown-Piercestown (DMP)	43.42		
2007	Matthew Ramsey	Regent House	46.92		
2008	Jaco Oosthuysen	Clonmel	42.69		
2009	Matthew Martin	North Down	51.11		
2010	Ryan Whelan	Clonliffe Harriers	49.51		
2011	John Kelly	Finn Valley	49.06		
2012	Jack Magee	Ballymena & Antrim	47.81		
2013	Darryl Crawford	Strabane	48.97		
2014	Gareth Crawford	Strabane	46.04		
2015	Liam Connaughton	Dunleer	52.85		
2016	Josh Hewlitt	United Striders	48.97		
2017	**Conor Cusack**	**Lake District Athletics**	**63.04**		**CR**
2018	Tadhg O'Muircheartaigh	Dunboyne	56.71		
2019	Peter McDonald	St. Senan's	51.38		

4x100m Relay U16 Boys

1967		Cork	3.52.0	Medley	IJAB
1968		Cork	3.36.4	Medley	IJAB
1969					
1970					
1971		Dublin	48.1		
1972		Dublin	44.9		
1973		Leevale	44.3		

1974	Pearse, Galway	45.9	
1975	Marcab	46.8	
1976	Marcab	45.6	
1977	Pearse, Galway	45.9	
1978	Crusaders	45.9	
1979	Dooneen	45.6	
1980	Clounalour	47.1	
1981	Midleton	46.0	
1982	Togher	45.5	
1983	Togher	46.3	
1984	Clondalkin	46.5	
1985	Leevale	45.92	
1986	Ardmore Montrose Residents Association	46.0	
1987	Naas	45.6H	
1988	Togher	45.6H	
1989	Leevale	44.9H	
1990	North Laois	45.2H	
1991	Leevale	45.52	
1992	Ring Old Parish	45.7H	
1993	Togher	45.7H	
1994	Dundrum South Dublin	45.7H	
1995	Dundrum South Dublin	45.7H	
1996	Leevale	45.2H	
1997	Celbridge	45.3H	
1998	Leevale	45.6	
1999	Ballincollig	45.9	
2000	Leevale	45.66	
2001	Dundrum South Dublin	45.98	
2002	Finn Valley	47.58	
2003	Carrick-on-Shannon	48.35	
2004	Dundrum South Dublin	48.00	
2005	Navan	47.24	
2006	Dundrum South Dublin	46.7H	
2007			
2008			
2009	Galway City Harriers	47.72	
2010	Tralee Harriers	47.50	
2011	Tallaght	46.38	
2012	North Sligo	45.53	
2013			
2014	**Menapians**	**44.92**	**CR**
2015	Ennis Track	46.34	
2016	Leevale	46.26	
2017			
2018	Dooneen	46.34	
2019	Galway City Harriers	47.02	

4x400m Relay U16 Boys

1971	Dublin	3.23.3	
1979	St Finbarrs	3.26.4	
1980	Good Counsel	3.41.2	
1981	De La Salle Waterford	3.39.0	
1982	Pearse, Galway	3.37.2	
1983	Gowran	3.36.2	
1984	De La Salle Waterford	3.34.3	
1985	Ardmore Montrose Residents Association	3.35.9	
1986			
1987	**Clonmel**	**3:32.H**	**CR**
1988	Leevale	3:33.7H	
1989	Eagle	NT	
1990	Bilboa	3:43.H	
1991	Leevale	03:36.35	
1992	Drinagh-Murrintown-Piercestown (DMP)	3:42.2H	
1993	Metro St. Brigid's	3:41.8H	
1994	Dundrum South Dublin	3:34.9H	
1995	Leevale	3:44.4H	
1996	Dundrum South Dublin	3:41.7H	
1997	Celbridge	3.33.8	
1998	Galway City Harriers	3:41.3H	

1999		Galway City Harriers	3.39.1		
2000		Leevale	3.34.16		
2001		Dundrum South Dublin	03:41.58		
Discontinued					

Combined Events U16 Boys

1973	Colm Cronin	Leevale	4493		
1974	Gerard McLoughlin	Ballymore / Cobh	3513		
1975	E Kinsella	St. Benedicts	3286		
1976					
1977	Gary Ryan	Killenaule	4201		
1978	Denis Finnerty	Nenagh Olympic	4060		
1979	Terry McHugh	Navan	4094		
1980					
1981	Kevin McBrearty	St. John Bosco Donegal	4191		
1982	Vincent Breslin	St. John Bosco Donegal	3864		
1983	Patrick Hayes	Trim	4164		
1984	Barry Walsh	Dooneen	4509		
1985	Colm Moran	Nenagh Olympic	4346		
1986					
1987	Ciaran Scully	Limerick Emerald	3860		
1988	Paul Wilkinson	Lifford	4356		
1989	Brian Hallahan	Togher	4233		
1990	James McCarthy	Templemore	4222		
1991	Dermot Flynn	Westport	4554		
1992	Fergal English	St. Mary's Waterford	4715		
1993	**Derek Hayes**	**Dungarvan**	**4926**		**CR**
1994	Seamus Byrne	St. Abban's	4633		
1995	Cathal McGinley	Sliabh Liag	4260		
1996	Derek O'Brien	St. Laurence O'Toole	4127		
1997	Brian Murphy	Kilmore Wexford	4145		
1998	Peter Condron	St. Abban's	4294		
1999					
2000	Yan Butler-Rees	Celbridge	3297		
2001					
2002	Christopher Crowley	Belgooly	3878		
2003	Tom Cross	Belgooly	2618		
2004	Brendan Culleton	Bree			
2005					
2006	F Egan	St. Abban's	3549		
2007	Patrick Maher	Leevale	3459		
2008	Paul Byrne	St. Laurence O'Toole	2588		
2009	Eric Stam	Bandon	4032		
2010	Colin Nolan	Enniscorthy	3155		
2011	Sam Healy	Belgooly	3199		
2012	Keith Marks	Cushinstown	3649		
2013	Ethan Bannon	Raheny Shamrock	3550		
2014	Daniel Ryan	Moycarkey Coolcroo	3791		
2015	Daniel Ryan	Moycarkey Coolcroo	3697		
2016	Joseph McEvoy	Nenagh Olympic	3647		
2017	Diarmuid O Connor	Bandon	2945	*4 Events	
2018	Jack Forde	St. Killian's	3914		
2019	Conor Hoade	Galway City Harriers	4146		

Cross Country U16 Boys

1962	L Murdoch	Duncairn Harriers	IAAB Boys
1963	Frank Murphy	Clonliffe Harriers	IAAB Boys
1964	Lyle Alexander	Royal Belfast Academical Institution	IAAB Boys
1965	Malcolm Edgar	Royal Belfast Academical Institution	IAAB Boys
1966	A Armstrong	Belfast High School	IAAB Boys
1966	Tony McNamara	Limerick County Team	NACAI
1967	Eddie Leddy	Leitrim County Team	NACAI
1968	T Durack	Clare County Team	
1969 -1970 Not held			
1971	Tony Ryan	Dungarvan	BLOE
1972	Tony Ryan	Dungarvan	BLOE
1973	John Treacy	St. Nicholas, Ring	BLOE
1974	Paul Dunne	Dublin Region	BLOE
1975	Anthony Conroy	Leinster Region	BLOE

1976	Gerry Moloney	Dundrum Family Recreation Centre	BLOE
1977	Tom Breen	Downpatrick	BLOE
1978	Brian O'Keeffe	Dublin Region	BLOE
1979	Paul Donovan	Western Region	BLOE
1980	Cyril Whelan	Nenagh Olympic	BLOE
1981	Brian Hayes	Dublin Region	BLOE
1982	Mark Keller	Dundrum	BLOE
1983	John Downes	Munster Region	BLOE
1984	Seamus O'Loan	Dundrum South Dublin	BLOE
1985	Bill Mullaney	Thurles Crokes	BLOE
1986	Niall Murphy	Kildare	BLOE
1987	Paul Logan	Limerick Emerald	BLOE
1987	Paul Logan	Limerick Emerald	BLOE
1988	John Murray	North Cork	BLOE
1989	Adrian Hampson	Sligo	BLOE
1990	Derek Watters	Clonliffe Harriers	BLOE
1991	Pat O'Keeffe	Glounthaune	BLOE
1992	Oisin Crowley	Leevale	BLOE
1993	Andrew Walker	Newbridge	BLOE
1994	Gearoid O'Connor	Rathfarnham WSAF	BLOE
1995	Barry Egan	Thurles Crokes	BLOE
1996	Colm McClean	St. Malachy's	BLOE
1997	Mark Kenneally	Kilmore Dublin	BLOE
1998	Karol Duggan	Cranford	BLOE
1999	William Harty	Ring Old Parish	BLOE
2000	Mark Christie	Mullingar Harriers	AAI
2001	Mark Christie	Mullingar Harriers	AAI
2002	Daire Bermingham	Raheny Shamrock	AAI
2003	Ciaran O'Lionaird	Leevale	AAI
2004	Robert Corbally	Dundrum South Dublin	AAI
2005	Patrick Hogan	Kilgobnet, Colligan and Kilbrien (K.C.K.)	AAI
2006	Shane Quinn	Ferrybank	AAI
2007	Shane Quinn	Ferrybank	AAI
2008	Stephen Kerr	Armagh	AAI
2009	Shane Fitzsimons	Mullingar Harriers	AAI
2010	Shane Fitzsimons	Mullingar Harriers	AAI
2011	Conall Kirk	Lagan Valley	AAI
2012	Pierre Murchan	Celtic Dublin City Harriers	AAI
2013	Christy Conlon	Beechmount Harriers	AAI
2014	Christy Conlon	Beechmount Harriers	AAI
2015	Darragh McElhinney	Bantry	AAI
2016	Louis O'Loughlin	Donore Harriers	AAI
2017	Cian McPhillips	Longford	AAI
2018	Dean Casey	Ennis	AAI
2019	Dara Donoghue	Lucan Harriers	AAI

Cross Country Team U16 Boys

	Club	**County**	**Region**	
1962	Methodist College Belfast 18pts	Not contested	Not contested	IAAB Boys
1963	Royal Belfast Academical Institution 33pts	Not contested	Not contested	IAAB Boys
1964	St. Columba's College, Dublin 22pts	Not contested	Not contested	IAAB Boys
1965	Royal Belfast Academical Institution 8pts	Not contested	Not contested	IAAB Boys
1966	Belfast High School 12pts	Not contested	Not contested	IAAB Boys
1966	Not contested	Meath 33pts	Not contested	IAAB Boys
1967	Not contested	Wexford 41pts	Not contested	NACAI
1968	Not contested	Cork 82pts	Not contested	NACAI
1969 -1970 Not held				
1971	Clonliffe 39pts	Cork 63pts	Not contested	
1972	Clonliffe Harriers	Dublin	Not contested	BLOE
1973	Leevale 19pts	Not contested	Munster 67pts	BLOE
1974	Leevale 18pts	Not contested	Munster 71pts	BLOE
1975	Dundrum Family Recreation Centre	Not contested		BLOE
1976	Clonliffe Harriers	Not contested		BLOE
1977	Togher 62pts	Not contested	Dublin 61pts	BLOE
1978	Pearse 44pts	Not contested	Dublin 57pts	BLOE
1979	St Finbarrs 63pts	Not contested	Dublin 82pts	BLOE
1980	Leevale 107pts	Not contested	Dublin 72pts	BLOE
1981	Dundrum 79pts	Not contested	Dublin 33pts	BLOE
1982	Duncairn 134pts	Not contested	Leinster 82pts	BLOE
1983	Dundrum 71pts	Not contested	Dublin 45pts	BLOE

1984	Dundrum 91pts	Not contested	Leinster 82pts	BLOE
1985	Raheny Shamrock 72pts	Not contested	Dublin 59pts	BLOE
1986	Thurles Crokes 44pts	Not contested	Munster 54pts	BLOE
1987	Crookstown Millview 95pts	Not contested	Munster 61pts	BLOE
1987	Limerick Emerald 68pts	Not contested	Munster 34pts	BLOE
1988	North Cork 53pts	Not contested		BLOE
1989	Clonliffe Harriers 81pts	Not contested	Munster 47pts	BLOE
1990	Leevale 59pts	Not contested	Dublin 61pts	BLOE
1991	Claremorris 129pts	Not contested	Munster 37pts	BLOE
1992	Newbridge 97pts	Not contested	Munster 43pts	BLOE
1993	Newbridge 48pts	Not contested	Munster 50pts	BLOE
1994	Leevale 29pts	Not contested	Munster 40pts	BLOE
1995	Finn Valley 77pts	Not contested	Munster 77pts	BLOE
1996	Finn Valley 47pts	Not contested	Ulster 42pts	BLOE
1997	Leevale 60pts	Not contested	Munster 74pts	BLOE
1998	Leevale 43pts	Not contested	Munster 49pts	BLOE
1999	Dundrum South Dublin 60pts	Not contested	Munster 44pts	BLOE
2000	Dundrum South Dublin 59pts	Not contested	Leinster 56pts	AAI
2001	St. Laurence O'Toole 64pts	Not contested	Leinster 41pts	AAI
2002	Dundrum South Dublin 88pts	Cork 109pts	Munster 60pts	AAI
2003	Dundrum South Dublin 57pts	Dublin 57pts	Munster 54pts	AAI
2004	St. Malachy's 94pts	Waterford 92pts	Ulster 48pts	AAI
2005	Finn Valley 77pts	Dublin 101pts	Ulster 38pts	AAI
2006	Raheny Shamrock 121pts	Dublin 199pts	Munster 46pts	AAI
2007	Togher 111pts	Cork 93pts		AAI
2008	Togher 111pts	Louth 139pts	Munster 54pts	AAI
2009	Togher 65pts	Cork 117pts	Leinster 40pts	AAI
2010	Mullingar Harriers 45pts	Westmeath 125pts	Leinster 36pts	AAI
2011	Mullingar Harriers 70pts	Antrim 75pts	Ulster 63pts	AAI
2012	Leevale 72pts	Cork 91pts	Munster 41pts	AAI
2013	St. Laurence O'Toole 109pts	Meath 131pts	Leinster 50pts	AAI
2014	Ennis Track 92pts	Meath 138pts	Ulster 55pts	AAI
2015	Westport 81pts	Cork 106pts	Leinster 50pts	AAI
2016	St Malachy's 81pts	Dublin 117pts	Munster 64pts	AAI
2017	Galway City Harriers 133pts	Antrim 170pts	Ulster 74pts	AAI
2018	Ennis Track 108pts	Dublin 108pts	Ulster 46pts	AAI
2019	United Striders 128pts	Dublin 108pts	Ulster 54pts	

100m U16 Girls

1968	Valerie Shortland	Bandon	12.4	
1969-1970	**Not held**			
1971	M O'Sullivan	Cork	13.1	
1972	Ann Jeffords	Cork	12.4	
1973	Louise McGettigan	Lifford	13.0	
1974	Bernadette English	Letterkenny	12.9	
1975	Mary Hughes	Crusaders	12.8	
1976	Marita Walton	Kilkenny City Harriers	12.5	
1977	Bernadette Kavanagh	Good Counsel	12.3	
1978	Patricia Amond	St. Laurence O'Toole	11.8	
1979	Barbara McDonnell	Crusaders	12.0	
1980	Mary Amond	St. Laurence O'Toole	12.4	
1981	Noelle Morrissey	Nenagh Olympic	12.0	
1982	Olive Burke	Limerick Emerald	12.38	
1983	Susanne Costello	Dundrum	12.2	
1984	Jacqueline Crossan	Belfast Olympic	12.0	
1985	Mary Carolan	Clondalkin	12.46	
1986	Josephine Pardy	St. Brendan's, Birr	12.2	
1987	Eimear Cullen	Lourdes	12.4H	
1988	Ciara White	Eagle	11.7H	
1989	Jean O'Gorman	Newport	12.63	
1990	Fiona Kelly	Emerald	12.5H	
1991	Deborah Brady	Togher	12.32	
1992	Lena Barry	Limerick Emerald	12.18?	
1993	Amanda Clifford	Leevale	12.66	
1994	Grainne Redmond	Cushinstown	12.49	
1995	Sinead Hickey	Emerald	12.2H	
1996	Ciara Sheehy	West Dublin	12.40	
1997	Emily Maher	Kilkenny City Harriers	12.53	
1998	Fiona Friel	West Dublin	12.58	-0.2
1999	Sharon Kelly	Leevale	11.9H	

2000	Joanne Cuddihy	Kilkenny City Harriers	12.53	0.9	
2001	Claire Bergin	Dundrum South Dublin	12.25	0.1	
2002	Claire Brady	Celbridge	12.60	-0.8	
2003	Katie Lydon	Galway City Harriers	12.61	2.4	
2004	Mairead Murphy	Ferrybank	12.70	-1.8	
2005	Niamh Whelan	Ferrybank	12.25	1.0	
2006	Natasha Paxton	North Down	12.63		
2007	Claire Mooney	Naas	12.42	-0.8	
2008	Jane Dickenson	Dooneen	12.55		
2009	Sarah Lavin	Emerald	12.14	1.2	
2010	Cliona Manning	Kilkenny City Harriers	12.37	0.4	
2011	Roisin Harrison	Emerald	12.53		
2012	Laura-Ann Costello	Galway City Harriers	12.44		
2013	Phoebe Murphy	Clonmel	12.32		
2014	Gina Akpe-Moses	Blackrock, Louth	12.10		
2015	Caitlin O'Reilly	Clonliffe Harriers	12.13	4.1	
2016	Anna McCauley	City of Lisburn	12.33	-1.3	
2017	**Rhasidat Adeleke**	**Tallaght**	**11.98**	**0.0**	**CR**
2018	Aisling Kelly	Taghmon	12.28		
2019	Lucy-May Sleeman	Leevale	12.51	-1.7	

200m U16 Girls

1971	M O'Sullivan	Cork	25.3		
1972	Louise McGettigan	Lifford	26.2		
1973	Regina Gibson	Letterkenny	26.3		
1974	Bernadette English	Letterkenny	26.6		
1975	Barbara Waters	Cardinal Dalton	26.8		
1976	Caroline O'Shea	Crusaders	25.2		
1977	Bernadette Kavanagh	Good Counsel	25.2		
1978	Patricia Amond	St. Laurence O'Toole	25.7		
1979	Lucy Phelan	Good Counsel	25.0		
1980	Grainne Doyle	Leevale	25.9		
1981	Deirdre Lawlor	St. Pauls Waterford	25.1		
1982	Patricia Walsh	Dundrum	26.39		
1983	Jacqui Stokes	Fethard	25.70		
1984	Jacqueline Crossan	Belfast Olympic	25.53		
1985	Paula Carthy	Clondalkin	22.44		
1986	Yvonne Collins	St. Laurence O'Toole	25.2		
1987	Joanne Heffernan	Clondalkin	25.2H		
1988	Ciara White	Eagle	24.7H		
1989	Jean O'Gorman	Newport	25.2H		
1990	Fiona Kelly	Emerald	25.7H		
1991	Deborah Brady	Togher	25.56		
1992	Nicola Moore	Rathfarnham	25.62		
1993	Amanda Clifford	Leevale	25.91		
1994	Grainne Redmond	Cushinstown	25.42		
1995	Sinead Hickey	Emerald	25.66		
1996	Ciara Sheehy	West Dublin	24.84		
1997	Emily Maher	Kilkenny City Harriers	24.6H		
1998	Avril Kelly	Leevale	26.33	-1.9	
1999	**Sharon Kelly**	**Leevale**	**24.78**	**4.7**	**CR**
2000	Joanne Cuddihy	Kilkenny City Harriers	25.83		
2001	Mandy Crowe	Bansha	26.3H	-2.1	
2002	Claire Brady	Celbridge	25.25	2.5	
2003	Gemma Hynes	Galway City Harriers	25.57	0.8	
2004	Kalyn Sheehan	Ferrybank	25.85	-3.0	
2005	Niamh Whelan	Ferrybank	24.93	1.4	
2006	Natasha Paxton	North Down	25.66		
2007	Joan Healy	Bandon	25.27		
2008	Jane Dickenson	Dooneen	25.59	-0.5	
2009	Sarah Lavin	Emerald	24.96	0.3	
2010	Ciara Giles Doran	Ferrybank	25.01	-0.5	
2011	Roisin Harrison	Emerald	25.20		
2012	Roseanna McGuckian	City of Lisburn	25.92		
2013	Phoebe Murphy	Clonmel	25.38		
2014	Gina Akpe-Moses	Blackrock, Louth	25.40		
2015	Alana Ryan	Greystones & District	25.64	-0.6	
2016	Patience Jumbo-Gula	St. Gerards, Dundalk	25.29	-0.6	
2017	Awa Fane	Mullingar Harriers	25.67	-3.0	
2018	Kelly Bester	Carrick-on-Suir	25.67	0.0	

2019	Jenna Breen	City of Lisburn	25.25	-1.3	

300m / 400m U16 Girls

1971	Patricia Quinn	Ballinamore	63.2		
1972	Not held				
1973	Carmel Higgins	Dublin	58.8		
1974-1976	**Not held**				
1977	Mary McKenna	Truagh	59.0		
1978	Pauline Mullins	Southend-in-Sea UK	57.6		
1979	G Flanagan	Dundrum Family Recreation Centre	58.7		
1980	Siobhan Kavanagh	Tinryland	57.7		
1981	Linda Jenkinson	Skerries	57.4		
1982	Helena Rea	Grange	57.88		
1983	Eileen Curtin	North Cork	58.0		
1984	Sinead Behan	Leevale	58.32		
1985	**Valerie Burke**	**Colaiste Einde**	**56.83**		**CR**
1986	Joanne Fitzgerald	Kells	57.4		
1987	Julie Conlon	Castlebar	59.1H		
1988	Aileen Wrynn	St. Enda's	59.5H		
1989	Michelle Gregg	West Dublin	58.54		
1990	Arlene Smith	Team P Elliot	57.80		
1991	Lorna O'Neill	Marian	57.92		
1992	Valerie Barry	Lismore	59.24		
1993	Jennifer McKenna	Collins	40.98	300m	
1994	Fiona Norwood	Kilkenny City Harriers	41.61	300m	
1995	Sinead Galvin	Dom Savio	41.3H	300m	
1996	Lisa Roche	Metro St. Brigid's	41.03	300m	
1997	Martina McCarthy	Athenry	40.51	300m	
1998	Roisin Quinn	St. Mary's	40.80	300m	
1999	Dawn Kelly	Belgooly	42.3H	300m	
2000	**Joanne Cuddihy**	**Kilkenny City Harriers**	**39.16**	**300m**	**CR**
2001	Nicole O'Regan	Togher	41.7H	300m	
Discontinued					

800m U16 Girls

1968	F Farrelly	Dublin	2.21.3	IJAB
1969-1970	**Not held**			
1971	Elaine Kelly	St. Finbarrs	2.18.5	
1972	Sally Curry	Carlow	2.17.0	
1973	Beatrice Lambert	St. Laurence O'Toole	2.15.7	
1974	Aideen O'Higgins	Dublin	2.17.9	
1975	M Murphy	Cardinal Dalton	2.17.5	
1976	Aideen O'Higgins	Marcab	2.23.9	
1977	Valerie O'Mahoney	Togher	2.13.9	
1978	Norann O'Flaherty	Galway City Harriers	2.17.8	
1979	Carol Meagan	Dundrum	2.11.6	
1980	Aisling Molloy	Rising Sun	2.15.5	
1981	Linda Jenkinson	Skerries	2.13.4	
1982	B Farrell	Dundrum	2.16.05	
1983	E Murphy	Newbridge	2.15.2	
1984	Teresa McKenna	Oriel	2.13.1	
1985	Helen O'Friel	Ajax	2.12.71	
1986	**Geraldine Nolan**	**Kilkenny City Harriers**	**2.10.7**	**CR**
1987	Sonia Coleman	Dundrum	2:14.H	
1988	Colette Vaughan	Togher	2:17.9H	
1989	Michelle Gregg	West Dublin	2:14.8H	
1990	Arlene Smith	Team P Elliot	2:16.3H	
1991	Susan Murnane	Bilboa	02:16.55	
1992	Denise Brady	Rathfarnham	2:20.??	
1993	Annette Quaid	North Cork	02:15.71	
1994	Maria Lynch	Dundrum South Dublin	02:17.34	
1995	Geraldine McCarthy	Listowel	02:16.06	
1996	Caroline Walsh	Overseas	02:17.68	
1997	Regina Murphy	Border Ramblers	2:16.9H	
1998	Martina Hickey	West Muskerry	02:15.74	
1999	Emma McIlroy	Ballymena & Antrim	02:18.89	
2000	C Palmer	Eagle	2.20.40	
2001	Edel Morrisey	Kilgobnet, Colligan and Kilbrien (K.C.K.)	02:24.60	
2002	Laura Crowe	Tralee Harriers	02:16.24	

2003	Joanne English	Letterkenny	2:20.1H	
2004	Mary O'Connor	Ferrybank	02:21.61	
2005	Niamh Ryan	Ferrybank	02:15.36	
2006	Ciara Cronin	Ferrybank	02:14.72	
2007	Rachel Shaw	Galway City Harriers	02:16.70	
2008	Iseult O'Donnell	Raheny Shamrock	02:17.11	
2009	Amy O'Donoghue	Emerald	02:15.98	
2010	Siofra Cleirigh Buttner	Dundrum South Dublin	2.16.53	
2011	Alanna Lally	Galway City Harriers	02:15.50	
2012	Louise Shanahan	Leevale	02:14.83	
2013	Carla Sweeney	Rathfarnham WSAF	02:15.46	
2014	Emma O'Brien	Inbhear Dee	02:15.62	
2015	Katherine O'Connor	St. Gerard's, Dundalk	02:18.40	
2016	Laura Gillespie	Blackrock, Dublin	2.20.07	
2017	Corrine Johanna Kenny	St. Laurence O'Toole	2.17.36	
2018	Aimee Hayde	Newport	2.11.63	
2019	Maeve O'Neill	Doheny	2.15.02	

1500m U16 Girls

1971	Joan Fleming	St Finbarrs	4.52.1	
1972	M Donnellan	Roscommon	4.45.7	
1973	Beatrice Lambert	St. Laurence O'Toole	4.52.5	
1974	Not contested			
1975	Fionnuala Morrish	Leevale	4.46.7	
1976	Mary Dempsey	Youghal	4.52.9	
1977	Valerie O'Mahoney	Togher	4.54.9	
1978	Susan Beatty	St. Peter's Lurgan	4.46.5	
1979	Geraldine Acheson	Enniscorthy	4.44.5	
1980	Caroline Peppard	Kilmore	4.42.9	
1981	Maria Foy	Greenfields	4.40.5	
1982	Camilla Harron	Finn Valley	4.42.6	
1983	Rosaleen Campbell	Castlebar	4.48.6	
1984	Teresa McKenna	Oriel	4.33.33	
1985	Sonia O'Sullivan	Ballymore/Cobh	4.35.11	
1986	Geraldine Nolan	Kilkenny City Harriers	4.38.2	
1987	Sinead Delahunty	Kilkenny City Harriers	4:46.H	
1988	Natalie Davey	Claremorris	4:34.8H	
1989	Audrey Power	Ballybrack	4.48	
1990	Ann Marie Sherlock	Monaghan Phoenix	4:54.3H	
1991	Maria McCambridge	Dundrum	4:47.4H	
1992	Jill Hodgins	Leevale	5:00.H	
1993	Catherine O'Neill	Beechmount	4:41.9H	
1994	Maria Lynch	Dundrum South Dublin	04:40.4	
1995	Geraldine McCarthy	Listowel	04:46.9	
1996	Ann-Marie Larkin	Tullamore Harriers	04:44.6	
1997	Aoife Byrne	Dundrum South Dublin	04:39.9	
1998	Martina Hickey	West Muskerry	4:42.8H	
1999	Brid Byrne	St. Flannan's	04:52.6	
2000	Hazel Murphy	Dundrum South Dublin	4.51.01	
2001	Sharon Monaghan	Fr. Murphy	04:37.5	
2002	Natalie McSweeney	Gneeveguilla	04:41.9	
2003	Karen Crossan	Inishowen	05:06.6	
2004	Mary O'Connor	Ferrybank	04:52.4	
2005	Niamh Ryan	Ferrybank	04:43.1	
2006	Ciara Cronin	Ferrybank	04:39.8	
2007	Joanne Mills	East Down	04:49.2	
2008	Mary Mulhare	North Laois	04:51.1	
2009	Amy O'Donoghue	Emerald	04:45.4	
2010	Siofra Cleirigh Buttner	Dundrum South Dublin	04:36.3	
2011	Alanna Lally	Galway City Harriers	04:45.7	
2012	Aisling Quinn	Ferrybank	04:42.7	
2013	Nadia Power	Templeogue	04:42.0	
2014	Emma O'Brien	Inbhear Dee	04:52.6	
2015	Claire Rafter	Tullamore Harriers	4:46.80	
2016	Maeve Gallagher	Swinford	4.48.85	
2017	Murphy Miller	North Down	4.46.72	
2018	**Aimee Hayde**	**Newport**	**4.30.91**	**CR**
2019	Maeve O'Neill	Doheny	4.46.19	

3000m U16 Girls

1971	Joan Fleming	St. Finnbarr's	10.45.0		
1972	Cushla Murphy	Shannon	10.32.8		
1973	Cushla Murphy	Shannon	10.43.0		
1973-2015	**Not held**				
2016	Annie McEvoy	Kilkenny City Harriers	11.00.50		
2017	**Roisin Treacy**	**Ashford**	**10.25.57**		**CR**
2018	Eimear McBrien	Lagan Valley	10.53.05		
2019	Hannah Keohe	Gowran	10.49.34		

80m / 100m Hurdles U16 Girls

1974	M Christie	Munster	13.3			100H
1975	Kathleen Glavin	Midleton	11.9			80H
1976	Nora O'Grady	Nenagh Olympic	11.6			80H
1977	Patricia Maher	Good Counsel	11.8			80H
1978	Carmel Maher	Nenagh Olympic	12.1			80H
1979	T Kavanagh	Dublin City Harriers	12.1			80H
1980	D Naughton	Nenagh Olympic	11.8			80H
1981	Noelle Morrissey	Nenagh Olympic	14.3			100H
1982	Olive Burke	Limerick	14.24			100H
1983	Paula Cash	Glen Abbey	14.9			100H
1984	Eileen Hearn	Ferrybank	15.07			100H
1985	Brid Hallissey	Ferrybank	13.9			100H
1986	Grace O'Grady	Nenagh Olympic	14.8			100H
1987	Susan Smith	St. Paul's, Waterford	14.1H			100H
1988	Lisa Nicholson	Marcab	14.4H			100H
1989	Jean O'Gorman	Newport	14.71			100H
1990	Jane Barry	Crusaders	15.3H			100H
1991	Patricia Naughton	Nenagh Olympic	14.35			100H
1992	Laura Macken	Roscommon	15.24?			100H
1993	Cathy Winters	Kilmore D	15.61			100H
1994	Grainne Redmond	Cushinstown	14.86			100H
1995	Debbie Kenny	Clonliffe Harriers	15.25			100H
1996	Aine Cuddihy	Carrick-on-Suir	14.79			100H
1997	Derval O'Rourke	Leevale	14.9H			100H
1998	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	15.56	-1.2		100H
1999	Carol Loscher	Roundwood & District	14.6H			100H
2000	Jessika Zebo	Leevale	15.04			100H
2001	Kathleen Freyne	Mullinavat	15.78	2.4		100H
2002	Leona Byrne	St. Laurence O'Toole	11.98	2.0		80H
2003	Jenny Corcoran	Clonliffe Harriers	12.19	2.7		80H
2004	Kalyn Sheehan	Ferrybank	11.75			80H
2005	Rebecca Tyson	Brothers Pearse	12.18	-1.3		80H
2006	Debbie Portrous	City of Lisburn	12.69	-1.8		80H
2007	Catherine McManus	Celtic Dublin City Harriers	12.14	0.6		80H
2008	Joanna Mills	Ballymena & Antrim	11.8H			80H
2009	Sarah Lavin	Emerald	11.48	1.3		80H
2010	Ciara Giles Doran	Ferrybank	12.04	-1.3		80H
2011	Lauren Dwyer	St. Laurence O'Toole	12.14			80H
2012	Kate McGowan	Tir Chonaill	11.96			80H
2013	**Elizabeth Morland**	**Cushinstown**	**11.47**		**CR**	80H
2014	Molly Scott	St. Laurence O'Toole	11.67	2.0		80H
2015	Bronagh Walsh	St. Laurence O'Toole	11.83	2.5		80H
2016	Miriam Daly	Carrick-on-Suir	11.48	-0.9		80H
2017	Tara Meier	Boyne	11.59	1.7		80H
2018	Laura Gallagher	Dundrum South Dublin	11.79	1.9		80H
2019	Niamh Moohan	Tir Chonaill	11.78	-1.2		80H

200m / 250m Hurdles U16 Girls (0.686m/2'3)

1978	Carmel Maher	Nenagh Olympic	30.9
1979	Helen Gourley	Silverwood	28.9
1980	Claire Furlong	De La Salle Waterford	30.1
1981	Noelle Morrissey	Nenagh Olympic	27.5
1982	Sheila Quinn	Aughrim	30.74
1983	Paula Cash	Glen Abbey	30.6
1984	Eileen Hearne	Ferrybank	29.98
1985	Brid Hallissey	Ferrybank	28.19
1986	Joanne Fitzgerald	Kells	29.0

1987	Susan Smith	St. Paul's, Waterford	28.7H	
1988	Lisa Nicholson	Marcab	29.0H	
1989	Jean O'Gorman	Newport	29.48	
1990	Carmel Casey	Loughree	29.3H	
1991	Deborah Brady	Togher	44.7H	
1992	Deirdre Brennan	Kilkenny City Harriers	46.4H	
1993	Suzanne Cummins	Roscrea	45.6H	
1994	Fiona Norwood	Kilkenny City Harriers	45.3H	
1995	Nicola Farrell	Claremorris	48.67	
1996	Aine Cuddihy	Carrick-on-Suir	45.17	
1997	Michelle Carey	West Dublin	43.95	
1998	Grainne Cullen	Letterkenny	45.86	
1999	Rebecca Mitchell	Regent House	45.39	
2000	Niamh Walsh	Glenbower	45.95	
2001	Nicole O'Regan	Togher	44.95	
2002	Claire McNamara	Athenry	37.85	
2003	Lynsey Porter	Inbhear Dee	36.74	
2004	Mairead Murphy	Ferrybank	35.5H	
2005	Harriet Cross	Belgooly	36.34	
2006	Rebecca Nolan	Athenry	37.27	
2007	Kate Humphreys	Leevale	36.76	
2008	Joanna Mills	Ballymena & Antrim	35.01	
2009	Megan Kiely	Ferrybank	35.78	
2010	**Ciara Giles Doran**	**Ferrybank**	**34.25**	**CR**
2011	Shannon Dawkins	Horeswood	37.12	
2012	Jenna Bromell	Emerald	36.33	
2013	Rachel Dunne	Dundrum South Dublin	35.96	
2014	Shannon Sheehy	Cushinstown	35.83	
2015	Aoife Doyle	Carrick-on-Suir	36.47	
2016	Miriam Daly	Carrick-on-Suir	35.46	
2017	Tara Meier	Boyne	36.48	
2018	Emily Wall	Leevale	36.86	
2019	Lorna O'Shea	Carrick-on-Suir	35.63	

3000m Walk U16 Girls

1995	Siobhan O'Malley	Bilboa	15:43.6H	
1996	Kelly O'Keeffe	Shannon	16:52.9H	
1997	Serena O'Keeffe	Kilkenny City Harriers	14:23.9H	
1998	Pamela Foskin	St. Senan's	16:45.6H	
1999	Ann O'Malley	Bilboa	15:56.89	
2000	Ciara McDermott	Ballina	15.56.18	
2001	Catriona McMahon	St. Mary's Limerick	15:46.15	
2002	Lucia Brennan	Castlecomer	10:55.49	
2003	Aoibheann Prendiville	Lios Tuathail	11:27.93	
2004	Laura Reynolds	Mohill	09:23.51	
2005	Claire Plunkett	Ballinamore	10:55.H	
2006	Aoife Whelan	Finn Valley	10:45.71	
2007	Fiona Dennehy	St. Senan's	10:00.64	
2008	Emma Prendiville	Farranfore Maine Valley	9:41.3H	
2009	**Kate Veale**	**West Waterford**	**08:38.73**	**CR**
2010	Alicia Boylan	Oriel	10:24.51	
2011	Edel Glennon	Mullingar Harriers	10:47.25	
2012	Sinead O'Connor	Celbridge	10:42.93	
2013	Dearbhaile Beirne	Mohill	10:09.78	
2014	Fina Hayes	Le Cheile	10:40.01	
2015	Niamh O'Connor	Celbridge	09:54.59	
2016	Sarah Glennon	Mullingar Harriers	9.37.84	
2017	Emily MacHugh	Naas	9.37.62	
2018	Claire Caulfield	Waterford	10.29.50	
2019	Maeve O'Connor	Waterford	10.37.83	

High Jump U16 Girls

1971	E O'Connell	Cork	1.34
1972	Yvonne O'Brien	Tipperary	1.50
1973	Bernadette Murray	Cork	1.59
1974-1977 Not held			
1977	Audrey Long	Ballyfermot	1.68
1978	M O'Reilly	Letterkenny	1.55

1979	S Cunningham	Newbridge	1.62	
1980	**Brigid Corrigan**	**Celtic**	**1.72**	**CR**
1981	Ann Marie Walsh	Dooneen	1.61	
1982	Carmel Kelly	Letterkenny	1.63	
1983	Sinead McLoughlin	Letterkenny	1.67	
1984	Mary Ahern	Dooneen	1.58	
1985	Brid Hallissey	Ferrybank	1.70	
1986	Grace O'Grady	Nenagh Olympic	1.64	
1987	Therese McDonald	Mid Sutton	1.71	
1988	Sharon Foley	Lifford	1.65	
1989	Siobhan Dunne	Mid Sutton	1.60	
1990	Elaine Ball	Emerald	1.68	
1991	**Olivia Scully**	**Emerald**	**1.72**	**CR**
1992	Laura Macken	Roscommon	1.46	
1993	Cathy Winters	Kilmore D	1.53	
1994	Deirdre Ryan	Claremorris	1.58	
1995	Rachel McMillan	Templemore	1.66	
1996	Orna Donoghue	Carrick-on-Suir	1.50	
1997	Geraldine Stewart	St. John Bosco		
1998	Deirdre Ryan	Dundrum South Dublin	1.55	
1999	Helen Buckley	Kilmore Raheny	1.55	
2000	Orla Doyle	Carrick-on-Suir	1.55	
2001	Sharon Heveran	Westport	1.64	
2002	Claire McNamara	Athenry	1.63	
2003	Jenny Reilly	Na Fianna	1.58	
2004	Pamela Hughes	Westport	1.66	
2005	Grainne Moggan	Brothers Pearse	1.58	
2006	Jennie Hughes	Westport	1.55	
2007	Cathriona Farrell	Craughwell	1.64	
2008	Ciara Walsh	Tralee Harriers	1.55	
2009	Emily Rogers	St. Peter's Dromiskin	1.58	
2010	Aisling Croke	Dooneen	1.69	
2011	Amy McTeggart	Boyne	1.61	
2012	Neasa Murphy	Ferrybank	1.64	
2013	Elizabeth Morland	Cushinstown	1.63	
2014	Alannah Gannon	Aughagower	1.61	
2015	**Sommer Lecky**	**Finn Valley**	**1.72**	**CR**
2016	Emily Corcoran	Celtic Dublin City Harriers	1.60	
2017	Caitlin Kennedy	St. John's	1.66	
2018	**Aoife O'Sullivan**	**Liscarroll**	**1.72**	**CR**
2019	Laura Frawley	St. Mary's, Limerick	1.64	

Pole Vault U16 Girls

2004	Siobhan Brackett	West Waterford	2.30	
2005	Lisa Kelly	Borrisokane	2.40	
2006				
2007	Nikita Savage	Youghal	2.20	
2008	Lisa Houlihan	West Waterford	2.40	
2009	Una Marley	St. Brendan's	2.05	
2010	Kate O'Riordan	St. Brendan's	2.41	
2011	Kayleigh Cronin	Spa Muckross	2.70	
2012	Lara Creighton	N/A	2.10	
2013	Ella Hyland	St. Laurence O'Toole	2.30	
2014	Maeve Flynn	Lusk	2.40	
2015	Katie Richie	Ballymena & Antrim	2.90	
2016	Emma Coffey	Carraig-Na-Bhfear	3.15	
2017	Orla Coffey	Carraig-Na-Bhfear	3.00	
2018	Kate Killagrew	West Waterford	2.60	
2019	**Una Brice**	**Leevale**	**3.16**	**CR**

Long Jump U16 Girls

1971	Louise McGettigan	Lifford	4.90
1972	Mary Fenton	Cork	5.14
1973	Mary Fenton	Cork	5.17
1974	Pauline Parkes	Dungannon	5.03
1975	Kathleen Glavin	Midleton	5.30
1976	B Quilty	St. John's Park	5.21
1977	Valerie O'Mahoney	Togher	5.32

1978	Lucile Harrington	Athy	5.06		
1979	M McDonnell	North Kerry	5.22		
1980	Geraldine O'Brien	Clounalour	5.28		
1981	Noelle Morrissey	Nenagh Olympic	5.41		
1982	Ann Brady	Kilmore	5.16		
1983	Jacqui Stokes	Fethard	5.51		
1984	Audrey Garland	Greenfields	5.08		
1985	Evanna Morrissey	Nenagh Olympic	5.40		
1986	Siobhan Hoey	Ballybrittas	5.76		
1987	Susan Smith	St. Paul's, Waterford	5.53		
1988	Renata Gibson	St. Luas	5.54		
1989	Edel Quigley	Skerries	5.15		
1990	Claire Ingerton	Leevale	5.71		
1991	Caroline Deacy	Ballina	5.34		
1992	Rachel O'Flynn	Leevale	5.18		
1993	Catherine Sheehan	Newbridge	5.40		
1994	Niamh Savage	Leevale	5.12		
1995	Grainne O'Mahoney	Claremorris	5.47		
1996	Bronagh McCarthy	Leevale	5.27		
1997	Claire Quigg	Ballymena & Antrim	5.20		
1998	Ann-Marie Lynch	Kilkenny City Harriers	5.50		
1999	Aoife Hoey	Mountmellick	5.19		
2000	Ciara Kearns	Celbridge	5.37		
2001	Aoife MacNeill	Dundrum South Dublin	5.57		
2002	Eleanor O'Gorman	Fanahan McSweeney	5.53		
2003	Holly Elizabeth Deegan	Ferrybank	5.00	3.0	
2004	Kalyn Sheehan	Ferrybank	5.61		
2005	Grainne Moggan	Brothers Pearse	5.17		
2006	Laura McKeown	City of Lisburn	5.19		
2007	Orla Finn	Riverstick/Kinsale	5.24		
2008	Joanna Mills	Ballymena & Antrim	5.60	1.2	
2009	Emily Burns	Ballina	5.32		
2010	Sarah McCarthy	Fingallians	5.67		
2011	Aoibhinn McManus	City of Lisburn	5.34		
2012	Kate McGowan	Tir Chonaill	5.59		
2013	Elizabeth Morland	Cunshinstown	5.86		
2014	Lauren Gleeson	Kilkenny City Harriers	5.51		
2015	Sommer Lecky	Finn Valley	5.83		
2016	Ruby Millet	St. Abban's	5.64	3.5	
2017	Lauren Callaghan	Finn Valley	5.42	0.8	
2018	Jennifer Hanrahan	Brothers Pearse	5.49	2.2	
2019	**Laura Frawley**	**St. Mary's, Limerick**	**5.96**	**-0.8**	**CR**

Triple Jump U16 Girls

1971	Louise McGettigan	Lifford	10.18		
1972	Betty Looby	Tipperary	11.17		
1973	**Bernadette Murray**	**Cork**	**11.19**		**CR**
1974-1999 Not held					
2000	Lynette Parke	Navan	11.06		
2001	Orla Ni Muircheartaigh	Galway City Harriers	10.96		
2002-2014 Not held					
2015	Anna Stanfield	City of Lisburn	10.43	0.0	
2016	Jana Jona	Tullamore Harriers	10.55	-2.1	
2017	Shauna Ryan	Emerald	10.13	0.7	
2018	Ellen McNally	Greystones & District	10.70	2.5	
2019	Michaela Galvin	Letterkenny	10.56		

Shot Put U16 Girls (3kg)

1971	Jacinta Ryan	Tipperary	8.67
1972	Jacinta Ryan	Tipperary	9.89
1973	Jacinta Ryan	Tipperary	9.75
1974			
1975	Marita Walton	Kilkenny City Harriers	11.35
1976	Marita Walton	Kilkenny City Harriers	12.92
1977	Ann Byrne	Kilmore	10.99
1978	A Prendergast	De La Salle Waterford	10.26
1979	B Kirwan	De La Salle Waterford	8.63
1980	Brid Naughton	Nenagh Olympic	11.03

1981	Regina Walton	Kilkenny City Harriers	10.27	
1982	Debbie Tobin	Dooneen	11.36	
1983	Eva Nangle	Tramore	10.38	
1984	Elaine Boland	Limerick	10.64	
1985	Michelle Kirwan	Clogherhead	11.22	
1986	Ailish O'Brien	Dungarvan	10.90	
1987	Bernadette Phelan	St. Senan's	10.10	
1988	Elaine Hayes	North Laois	11.36	
1989	Ann-Marie Flannery	Monaghan Phoenix	10.67	
1990	Deirdre Bloomer	Mountmellick	10.08	
1991	Lorraine Comiskey	Glaslough	10.83	
1992	Edel Meagher	Blarney	9.89	
1993	Carolyn Godkin	Kilmore (Wx)	10.30	
1994	Leanne Tutty	De La Salle Waterford	10.81	
1995	Sinead Kehoe	Tramore	12.42	
1996	Eva Massey	North Down	11.38	
1997	Denise Murphy	Leevale	11.92	
1998	Diane Cashman	Glenbower	11.10	
1999	Fionnuala Lombard	Leevale	12.83	
2000	Deirdre Murphy	Leevale	11.08	
2001	Leanne Hayes	North Laois	10.76	
2002	Kathleen Fitzgerald	Leevale	12.23	
2003	Yvonne Hickey	Gowran	11.14	
2004	Laura Cogan	Newbridge	11.93	
2005	Niamh Mooney	Bilboa	10.33	
2006	Clare Fitzgerald	Tralee Harriers	12.30	
2007	Cara Kennedy	Ferrybank	11.65	
2008	Ailish Sheehan	Dooneen	11.84	
2009	Niamh Murphy	Blarney/Inniscara	11.11	
2010	Laura McSweeney	Bandon	11.55	
2011	Niamh McLoughlin	Westport	10.92	
2012	Deirbhile Ryan	Nenagh Olympic	11.81	
2013	Michaela Walsh	Swinford	13.48	
2014	Niamh Fogarty	Mullingar Harriers	11.35	
2015	Marguerite Furlong	Adamstown	10.92	
2016	Hannah Kelly	Kilkenny City Harriers	12.10	
2017	Ciara Sheehy	Liscarroll	13.62	
2018	**Aoibhinn McMahon**	**Blackrock, Louth**	**14.14**	**CR**
2019	Anne Ryan Kirby	Tralee Harriers	11.26	

Discus U16 Girls (1kg)

1971	Marie Flynn	Clare	27.00	
1972	Jacinta Ryan	Tipperary	30.24	
1973	Jacinta Ryan	Tipperary	29.82	
1974	Marie Dooley	Munster	33.30	
1975	Marita Walton	Kilkenny City Harriers	36.42	
1976	Marita Walton	Kilkenny City Harriers	41.50	
1977	Joan Dooley	Glenstal	39.34	
1978	C Murphy	CAB	32.79	
1979	Mary Burke	Nenagh Olympic	30.60	
1980	Brid Naughton	Nenagh Olympic	33.38	
1981	Michelle Kirwan	De La Salle Waterford	33.95	
1982	Breda Wall	Athy	36.64	
1983	Eva Nangle	Tramore	37.10	
1984	Elaine Boland	Limerick	37.58	
1985	Alison Moffitt	North Down	35.36	
1986	**Ailish O'Brien**	**Dungarvan**	**40.90**	**CR**
1987	Catherine Kenny	Rathangan	32.46	
1988	Fiona Lynch	Cappoquin	33.38	
1989	Ann-Marie Flannery	Monaghan Phoenix	38.44	
1990	Martha Halpin	Shelbourne	36.92	
1991	Roisin Morrin	North Laois	32.94	
1992	Antoinette Moore	Rathfarnham	29.02	
1993	Deirdre O'Connor	East Clare	32.92	
1994	Leanne Garvey	Banbridge	28.96	
1995	Clara Thompson	Bree	32.48	
1996	Eva Massey	North Down	30.16	
1997	Eileen O'Keeffe	Kilkenny City Harriers	35.40	
1998	Diane Cashman	Glenbower	33.50	
1999	Chande Kapande	Regent House	32.24	

2000	Deirdre Murphy	Leevale	32.15
2001	Rachel Akers	Unattached	36.29
2002	Alison McCarthy	Fanahan McSweeney	31.74
2003	Yvonne Hickey	Gowran	27.91
2004	Sarah Bradfield	Bandon	29.34
2005	Niamh Mooney	Bilboa	26.88
2006	Clare Fitzgerald	Tralee Harriers	31.82
2007	Laura Cuddihy	Carrick-on-Suir	28.76
2008	Zoe Scanlon	West Waterford	34.75
2009	Jade Power	Ferrybank	32.03
2010	Kate Hickey	West Waterford	31.77
2011	Kayleigh Cronin	Spa Muckross	39.71
2012	Jade Leeper	Finn Valley	31.49
2013	Aoife Doyle	Star of the Laune	31.39
2014	Niamh Fogarty	Mullingar Harriers	30.64
2015	Marguerite Furlong	Adamstown	30.53
2016	Rachel Kelly	Kilkenny City Harriers	33.83
2017	Ciara Sheehy	Liscarroll	31.65
2018	Megan Lenihan	North Cork	36.13
2019	Adrienne Gallen	Lifford / Strabane	31.46

Javelin U16 Girls (500g)

1971	Marie Flynn	Clare	26.86
1972	Margaret Crosse	Tipperary	30.45
1973	Marie Flynn	Cork	31.90
1974			
1975	Sheena McGrade	Dungannon	34.75
1976	Patricia Walsh	De La Salle Waterford	33.96
1977	S Gault	Cabinteely	31.97
1978	Mary McBride	Drinagh-Murrintown-Piercestown (DMP)	32.56
1979	Dara Sheakspeare	Marcab	36.12
1980	S Furlong	De La Salle Waterford	29.50
1981	Brenda Walsh	Corbally	39.07
1982	Teresa Burke	Nenagh Olympic	34.68
1983	Anita Kane	North Down	39.07
1984	Claire Furlong	De La Salle Waterford	31.66
1985	Alison Moffit	North Down	39.44
1986	Lorraine Coffey	Marcab	33.28
1987	Mary T. Real	Limerick Emerald	35.35
1988	Katrina Campbell	Belfast Olympic	35.04
1989	Ann Marie Flannery	Monaghan Phoenix	38.44
1990	Elizabeth Clooney	De La Salle Waterford	32.90
1991	Linda Donegan	St. Laurence O'Toole	33.74
1992	Carol Costello	East Clare	31.88
1993	Dana Patterson	East Down	31.18
1994	Leanne Tutty	De La Salle Waterford	29.94
1995	Jackie Ryan	Farranfore Maine Valley	33.22
1996	Catherine McGinn	Overseas	34.14
1997	Emily Kitney	Overseas	36.48
1998	Mary Dalton	De La Salle Waterford	31.14
1999	Niamh Reilly	St. Kevin's	33.40
2000	Lisa Fryer	Lagan Valley	37.64
2001	Sarah Grehan	Edenderry	35.82
2002	Catherine Grant	Tramore	34.32
2003	Caroline Oakes	Regent House	31.47
2004	Kerry Harvey	Lagan Valley	34.91
2005	Georgina Brown	City of Derry	35.98
2006	Clare Fitzgerald	Tralee Harriers	35.74
2007	Shareen McCrudden	Finn Valley	34.32
2008	Ailish Sheehan	Dooneen	32.46
2009	Emer Boyce	Cranford	34.67
2010	Orla O'Donnell	Fr Murphys	31.04
2011	Kayleigh Cronin	Spa Muckross	34.28
2012	Lauren Finegan	St. Peter's Dromiskin	33.59
2013	Michaela Walsh	Swinford	36.42
2014	Orlaith O'Brien	Ferrybank	41.56
2015	**Katherine O'Connor**	**St Gerard's, Dundalk**	**41.78** **CR**
2016	Katie Moynihan	Liscarroll	35.64
2017	Ciara Murphy McHugh	Claremorris	37.01
2018	Aoibhinn McMahon	Blackrock, Louth	41.55

2019	Leanne Healy	Marian	38.92	

Hammer U16 Girls (3kg)

1999	Marieanne Brennan	St. Abban's	NM	
2000	Elaine Jackson	Navan	47.60	
2001	**Rachel Akers**	**Unattached**	**55.73**	**CR**
2002	Ann-Marie Cronin	Old Abbey Striders	47.10	
2003	Leanne Hynes	Na Fianna	41.97	
2004	Katie O'Shea	Farranfore Maine Valley	45.53	
2005	Maggie Donnelly	Mid Ulster	42.87	
2006	Aoife Hickey	Kilkenny City Harriers	44.93	
2007	Karen Flynn	Farranfore Maine Valley	37.59	
2008	Gaby McNally	Abbey, Belfast	50.38	
2009	Mairead O'Neill	Gneeveguilla	43.30	
2010	Mary Bohanna	Drinagh-Murrintown-Piercestown (DMP)	40.58	
2011	Alice Akers	Marian	52.28	
2012	Aoife Vaughan-Witts	Borrisokane	47.33	
2013	Michaela Walsh	Swinford	47.51	
2014	Kathlyn Furlong	Drinagh-Murrintown-Piercestown (DMP)	48.92	
2015	Sinead Warren	Gneeveguilla	39.66	
2016	Jade Williams	Shercock	54.33	
2017	Ciara Sheehy	Liscarroll	43.41	
2018	Nicola Tuthill	Bandon	43.38	
2019	Adrienne Gallen	Lifford / Strabane	51.75	

4x100m Relay U16 Girls

1971	Cork	NT	
1972	Avondale	51.2	
1973	Leevale	51.0	
1974	Marcab	51.9	
1975	Crusaders	51.8	
1976	Nenagh Olympic	50.7	
1977	Leevale	52.4	
1978	Leevale	50.5	
1979	Nenagh Olympic	50.4	
1980	Nenagh Olympic	50.0	
1981	Nenagh Olympic	50.8	
1982	Dundrum	50.4	
1983	Breffni Harriers	50.9	
1984	Dooneen	50.8	
1985	Lucan Harriers	50.18	
1986	Blackrock, Louth	50.7	
1987	Youghal	50.9H	
1988	Eagle	50.7H	
1989	Skerries	49.8H	
1990	Leevale	49.9H	
1991	Togher	49.79	
1992	Kilkenny City Harriers	50.8H	
1993	Newbridge	50.7H	
1994	Dundrum South Dublin	50.7H	
1995	Metro St. Brigid's	49.7H	
1996	Metro St. Brigid's	50.9H	
1997	Leevale	50.6H	
1998	Leevale	50.1H	
1999	Celbridge	52.6	
2000	Dundrum South Dublin	50.50	
2001	Dundrum South Dublin	50.74	
2002	Galway City Harriers	51.1H	
2003	**Galway City Harriers**	**49.40**	**CR**
2004	Ferrybank	50.32	
2005	Brothers Pearse	52.30	
2006	Athenry	51.59	
2007			
2008			
2009	Ferrybank	51.58	
2010	Emerald	51.06	
2011	Tir Chonaill	50.42	

2012	St. Laurence O'Toole	50.46	
2013	Bree		
2014	Emerald	50.08	
2015	Galway City Harriers	50.29	
2016	Carrick on Suir	49.98	
2017	Dooneen	49.83	
2018	Leevale	50.31	
2019	Ratoath	51.12	

4x400m / 4x300m Relay U16 Girls

1971	Cork	4.17.6		
1979	Dundrum	4.06.9		
1980				
1981	Dundrum	4.08.3		
1982	Dundrum	4.03.6		
1983	Castlebar	4.02.8		
1984	St Senan's	3.59.9		
1985	Clondalkin	4.14.3		
1986				
1987	Kilkenny City Harriers	4:17.H		
1988	Dundrum	5:41.5H		
1989	Bandon	4:15.8H		
1990	Ballina	4:18.8H		
1991	Marian	04:05.84		
1992	Kilkenny City Harriers	4:13.3H		
1993	**Metro St. Brigid's**	**2:51.9H**	**4X300m**	**CR**
1994	Kilkenny City Harriers	2:58.2H	4X300m	
1995	St. Laurence O'Toole	3:10.8H	4X300m	
1996	Galway City Harriers	2:52.6H	4X300m	
1997	Athenry	2:54.0H	4X300m	
1998	St. Laurence O'Toole	3:02.8H	4X300m	
1999	St. Laurence O'Toole	3.15.0	4X300m	
2000	Leevale	2.53.90	4X300m	
2001	Liscarroll (4x300m)	03:04.80	4X300m	

Discontinued

Combined Events U16 Girls

1973	Bernadette Murphy	Grange	2655	
1974	Carmel Scallon	St. Benedict's	3078	
1975	Evelyn O'Brien	Corbally	2851	
1976				
1977	Lucile Harrington	Athy	2855	
1978	Lucile Harrington	Athy	3101	
1979	Brigid Tierney	Roscrea	3082	
1980				
1981	Noelle Morrissey	Nenagh Olympic	3318	
1982	Margaret Curran	Mallow	3130	
1983	Jacqui Stokes	Fethard	3065	
1984	Eileen Hearne	Ferrybank	2964	
1985	Brid Hallissey	Ferrybank	3472	
1986				
1987	Susan Smith	St. Paul's, Waterford	2938	
1988	Sharon Foley	Lifford	4394	
1989	Helen Murray	Slieverua	2572	
1990	Janice O'Brien	Newbridge	4191	
1991	**Patricia Naughton**	**Nenagh Olympic**	**4491**	**CR**
1992	Mandy Bloomer	Mountmellick	4048	
1993	Laura Hartley	Ferrybank	3937	
1994	Gail Doyle	Inbhear Dee	3421	
1995	Debbie Kenny	Clonliffe	3319	
1996	Orna Donoghue	Carrick-on-Suir	3973	
1997	Sinead Swan	Taghmon	3380	
1998	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	3561	

1999			
2000	Ciara Kearns	Celbridge	4171
2001	Marcella Cullen	Bree	
2002	Leona Byrne	St. Laurence O'Toole	3181
2003	Holy Elizabeth Deegan	Ferrybank	3137
2004			
2005			
2006	Blaithin Jones	Dundrum South Dublin	2724
2007	Orla Finn	Riverstick/Kinsale	2907
2008	Louise Harvey	Tir Chonaill	2504
2009	Megan Kiely	Ferrybank	3133
2010	Sarah McCarthy	Fingallians	3408
2011	Amy McTeggart	Boyne	2782
2012	Deirbhile Ryan	Nenagh Olympic	2677
2013	Elizabeth Morland	Cushinstown	3436
2014	Shannon Sheehy	Cushinstown	3042
2015	Katherine O'Connor	St Gerard's	3512
2016	Rachel Kelly	Kilkenny City Harriers	2880
2017	Rhian Kidd	St. Laurence O'Toole	2183
2018	Niamh McCorry	Annalee	3084
2019	Laura Frawley	St. Mary's Limerick	3257

Cross Country U16 Girls

1971	M Moloney	Dublin County Team
1972	Christine Gleeson	Dunmore
1973	Cushla Murphy	Shannon
1974	Fionnuala Morrish	Cork Region
1975	G Nolan	Thomas McDonagh
1976	A O'Higgins	Marcab
1977	Valerie O'Mahoney	Togher
1978	Carol Meagan	Dundrum
1979	Carol Meagan	Dundrum
1980	S Kavanagh	Leinster Region
1981	Tina Moloney	St Senans
1982	Patricia Logan	Limerick Emerald
1983	Patricia Logan	Limerick Emerald
1984	Teresa McKenna	Northern Region
1985	Anita Philpott	North Cork
1986	Belinda McArdle	Finn Valley
1987	Glynnis Lynch	Mullingar Harriers
1987	Sinead Delahunty	Kilkenny Cioty Harriers
1988	Natalie Davey	Claremorris
1989	Michelle Moloney	North Cork
1990	Colette O'Riordan	West Muskerry
1991	Marie Brennan	Marian
1992	G O'Neill	Beechmount Harriers
1993	Orla O'Mahoney	Marian
1994	Jennifer Grant	Dublin Region
1995	Ann-Marie Larkin	Tullamore Harriers
1996	Aoife Byrne	Dundrum South Dublin
1997	Aoife Byrne	Dundrum South Dublin
1998	Martina Hickey	West Muskerry
1999	Brid Byrne	St. Flanan's
2000	Sharon Monaghan	Fr. Murphy
2001	Ciara Durkan	Skerries
2002	Joyce Curtin	Glenbower
2003	Sara Louise Treacy	Moynalvey
2004	Susanne Huet	Dundrum South Dublin
2005	Ciara Cronin	Ferrybank
2006	Ciara Cronin	Ferrybank
2007	Ciara Mageean	City of Lisburn
2008	Mary Mulhare	North Laois
2009	Elaine Burch	East Down
2010	Siofra Cleirigh Buttner	Dundrum South Dublin
2011	Clodagh O'Reilly	Annalee
2012	Siobhra O'Flaherty	St. Laurence O'Toole
2013	Siobhra O'Flaherty	St. Laurence O'Toole
2014	Caoimhe Harrington	Bantry
2015	Amy Rose Farrell	Blackrock, Dublin
2016	Sarah Healy	Blackrock, Dublin
2017	Aimee Hayde	Newport

2018	Aimee Hayde	Newport
2019	Catherine Martin	Loughview, Comber, Co Down

Cross Country Team U16 Girls

	Club	County	Region
1971	Bunratty 43pts	Cork 54pts	Not contested
1972	Grange	Cork	Not contested
1973	Togher 40pts	Not contested	Dublin 41pts
1974	Limerick 24pts	Not contested	Munster 42pts
1975	Midleton	Not contested	
1976	Midleton	Not contested	
1977	Togher 30pts	Not contested	Munster 76pts
1978	Dundrum 29pts	Not contested	Leinster 59pts
1979	Dundrum 45pts	Not contested	Munster 68pts
1980	Limerick Emerald 78pts	Not contested	Leinster 62pts
1981	Dundrum 84pts	Not contested	Ulster 59pts
1982	Mullingar 75pts	Not contested	Ulster 76pts
1983	Castlebar 71pts	Not contested	Connacht 74pts
1984	St Senans 94pts	Not contested	Ulster 58pts
1985	Castlebar 109pts	Not contested	Munster 52pts
1986	Castlebar 76pts	Not contested	Leinster 40pts
1987	St. Michaels 92pts	Not contested	Leinster 38pts
1987	Corbally 71pts	Not contested	Leinster 86pts
1988	Finn Valley	Not contested	
1989	North Cork 56pts	Not contested	Munster 41pts
1990	Bilboa 55pts	Not contested	Munster 31pts
1991	Marian 32pts	Not contested	Munster 34pts
1992	Marian 25pts	Not contested	Munster 31pts
1993	Marian 23pts	Not contested	Munster 21pts
1994	Dundrum South Dublin 59pts	Not contested	Munster 39pts
1995	Mullingar Harriers 91pts	Not contested	Munster 55pts
1996	Bree 103pts	Not contested	Munster 33pts
1997	Dundrum South Dublin 77pts	Not contested	Munster 60pts
1998	West Muskerry 71pts	Not contested	Munster 48pts
1999	West Muskerry 57pts	Not contested	Munster 62pts
2000	Dundrum South Dublin 87pts	Not contested	Leinster 51pts
2001	Dundrum South Dublin 38pts	Not contested	Dublin 48pts
2002	Dundrum South Dublin 53pts	Cork 86pts	Munster 75pts
2003	Ferrybank 98pts	Dublin 133pts	Leinster 66pts
2004	Dundrum South Dublin 25pts	Dublin 52pts	Dublin 52pts
2005	Dundrum South Dublin 14pts	Dublin 48pts	Dublin 48pts
2006	Dundrum South Dublin 61pts	Dublin 74pts	Dublin 74pts
2007	St. Cronans 117pts	Dublin 131pts	
2008	Lagan Valley 47pts	Antrim 79pts	Ulster 67pts
2009	Lagan Valley 84pts	Dublin 103pts	Munster 62pts
2010	Dundrum South Dublin 25pts	Dublin 54pts	Dublin 54pts
2011	Lagan Valley 84pts	Antrim 109pts	Munster 53pts
2012	West Waterford 91pts	Dublin 62pts	Dublin 62pts
2013	Dundrum South Dublin 65pts	Dublin 114pts	Munster 54pts
2014	Dundrum South Dublin 29pts	Dublin 107pts	Leinster 68pts
2015	Dundrum South Dublin 42pts	Dublin 65pts	Leinster 59pts
2016	Mullingar Harriers 50pts	Dublin 154pts	Ulster 62pts
2017	Lagan Valley 75pts	Antrim 124pts	Leinster 67pts
2018	Mullingar Harriers 91pts	Cork 186pts	Leinster 41pts
2019	Youghal 85 pts	Down 110 pts	Ulster 59pts

100m U15 Boys

1966	A Brennan	Dublin	11.3	IJAB
1967-1968	**Not held**			
1969	A Deady	Tipperary		
1970	D Donnelly	Louth	11.0	
1971	James McGinley	Strabane	11.3	
1972	B Donnelly	Louth	11.3	
1973	Not held			
1974	C Heery	Dublin	12.0	
1975	P Walsh	Dundrum	12.0	

1976	**J Conway**	**Marcab**	**11.1**		**CR**
1977	Tony McCormack	Crusaders	11.6		
1978	Paul O'Brien	Dooneen	11.3		
1979	M Feeney	Marathus	11.5		
1980	Eric Shanley	Donore Harriers	11.6		
1981	John Malone	Tullamore Harriers	11.3		
1982	Patrick Hayes	Trim	11.43		
1983	Aidan O'Toole	St. Patrick's	11.7		
1984	S Quinn	Ardmore Montrose Residents Association	11.2		
1985	A Cleary	St. Pauls Waterford	11.2		
1986		Belfast Olympic	11.6		
1987	Alan McCarthy	Youghal	11.6H		
1988	Jonathan Kron	Dundrum	11.1H		
1989	Shane O'Sullivan	Killorglin	11.4H		
1990	Padraig Lewis	North Laois	11.4H		
1991	Denis Hickie	Metro St. Brigid's	11.44		
1992	John Canavan	Sparta	11.83		
1993	David Nolan	Bray Striders	11.84		
1994	Gavin Donnelly	Ballymena & Antrim	11.85		
1995	Garret Rossi	Kilmore Dublin	11.89		
1996	Conor McPhillips	Dundrum South Dublin	11.52		
1997	Darren Coughlan	Bandon	11.4H		
1998	Paul Hession	Athenry	12.04	-4.1	
1999	Darragh Graham	Inbhear Dee	11.02	2.1	
2000	Maurice Donoghue	Carrick-on-Suir	11.92		
2001	Thomas Coughlan	Tullamore Harriers	11.4H	-1.0	
2002	Luke Sweetman	Fingallians	12.27	-1.2	
2003	Brendan O'Connor	Beara	12.15	2.0	
2004	Mark Atkinson	North Down	12.15	-2.6	
2005	Christopher Lynch	Dundrum South Dublin	11.71	-0.1	
2006	Gerard Maguire	Erne Integrated College, Enniskillen	11.78		
2007	Stuart Connor	St. Michael's College	12.00	-0.8	
2008	Ciaran Greene	Templeogue	11.72		
2009	Marcus Lawler	St. Laurence O'Toole	11.44	1.5	
2010	Jordan Hylron	Portora Royal School	11.74	-1.0	
2011	Joseph Ojewumi	Tallaght	11.56		
2012	Luke Ring	Leevale	12.06		
2013	Luke Morris	Newbridge	11.70		
2014	Tony Odubote	Ennis Track	11.54		
2015	Conor Morey	Leevale	11.49	4.2	
2016	Michael Farrelly	Portmarnock	11.42	-2.4	
2017	Tony Craig	Lagan Valley	12.04	-0.1	
2018	Glory Wenegtieme	Belgooly	11.51	2.7	
2019	Joel Joseph	Midleton	11.99	-0.4	

200m U15 Boys

1966	A Brennan	Dublin	25.2	IJAB
1967-1968	**Not held**			
1969	Robert Wilmot	Cork	NT	
1970	Jerome Crowley	Cork	25.1	
1971	James McGinley	Strabane	23.6	
1972	B Donnelly	Louth	24.4	
1973	Not held			
1974	Tom Crotty	St. Finbarrs	24.1	
1975	J Power	Nenagh Olympic	24.7	
1976	Colman O'Flaherty	Pearse, Galway	23.3	
1977	J Stanley	Dundrum Family Recreation Centre	23.8	
1978	Tony McCormack	Crusaders	22.9	
1979	J Cody	Nenagh Olympic	23.0	
1980	Eric Shanley	Donore Harriers	23.1	
1981	Matt O'Flaherty	Pearse, Galway	23.4	
1982	Patrick Hayes	Trim	23.36	
1983	C Brennan	City Valley	23.7	
1984	S Quinn	Ardmore Montrose Residents Association	22.9	
1985	Alan Clooney	St. Pauls Waterford	23.1	
1986	Michael Howley	Clonmel	23.2	
1987	Paul Hussey	Leevale	23.0H	
1988	Carlton Haddock	Togher	22.7H	
1989	Derek Molloy	North Laois	24.35	
1990	Padraig Lewis	North Laois	23.8H	

1991	Jonathan Moran	Pearse	23.54		
1992	Owen McCarthy	St. Brendan's	23.3H		
1993	Robert Daly	Dundrum South Dublin	23.50		
1994	Damien Lowry	Dundrum South Dublin	23.4H		
1995	Niall O'Donnell	St. Columba's	23.74		
1996	Richard Phelan	Carrick-on-Suir	23.27		
1997	Karl Kennedy	Kilmore Dublin	23.3H		
1998	Kieran Hennessy	Leevale	23.98	-0.9	
1999	**Darragh Graham**	**Inbhear Dee**	**22.1H**		**CR**
2000	S Kavanagh	Sparta North West	23.35		
2001	Thomas Coughlan	Tullamore Harriers	23.18	2.1	
2002	Luke Sweetman	Fingallians	24.15	1.9	
2003	Aaron Crawford	Strabane	24.52	1.1	
2004	Mark Atkinson	North Down	24.25	-1.2	
2005	Fearghus Hannon	Tullamore Harriers	24.24		
2006	Gerard Maguire	Erne Integrated College, Enniskillen	23.92		
2007	Joseph Dowling	Dundrum South Dublin	23.6H		
2008	Ciaran Greene	Templeogue	23.58	-0.5	
2009	Marcus Lawler	St. Laurence O'Toole	23.38	1.3	
2010	Owen Scully	St. Laurence O'Toole	24.55	0.6	
2011	Epey Clincy-Muntanga	Tallaght	23.56		
2012	Ethan Bannon	Raheny Shamrock	24.40		
2013	Daniel Ryan	Moycarkey Coolcroo	24.02		
2014	Tony Odubote	Ennis Track	23.27		
2015	Conor Morey	Leevale	23.87	-0.7	
2016	Michael Farrelly	Portmarnock	23.60	-1.0	
2017	Tony Craig	Lagan Valley	24.85	-2.1	
2018	Glory Wenegtieme	Belgooly	22.88	1.1	
2019	David Mannion	South Galway	24.42	-1.2	

400m U15 Boys

1969	G O'Shea	Cork	NT	
1970	William "Billy" Bellew	Avondale, Dublin	53.9	
1971	J Coleman	Dublin	53.5	
1972	Padraig Jordon	Mayo	52.4	
1973	Not held			
1974	D Mellon	Connaught	53.8	
1975	Michael O'Leary	Enniscorthy	52.7	
1976	R O'Dea	Greenfield	54.5	
1977	J Stanley	Dundrum Family Recreation Centre	54.7	
1978	Paddy McIntyre	Clane	53.1	
1979	A Jackson	Bray	53.4	
1980	L McLoughlin	Tramore	52.5	
1981	Matt O'Flaherty	Pearse	51.2	
1982	C O'Brien	Dundrum	52.82	
1983	William Worth	Clondalkin	53.6	
1984	J Healy	Ardmore Montrose Residents Association	53.1	
1985	Anthony O'Keeffe	Togher	52.26	
1986	**Danny O'Brien**	**Newport**	**51.1**	**CR**

Discontinued

800m U15 Boys

1969	A Cassells	Meath	NT
1970	William "Billy" Bellew	Avondale, Dublin	NT
1971	J Coleman	Dublin	2.00.4
1972	Noel Murphy	Kilkenny	2.04.1
1973	Not held		
1974	S O'Connor	Grange	2.06.2
1975	J Kelly	Castlebar	2.06.2
1976	O Long	Clonliffe Harriers	2.07.0
1977	David Lynch	Donore Harriers	2.01.4
1978	Tim Kenny	Clonliffe Harriers	1.58.6
1979	Eugene Curran	Ardee	2.00.0
1980	Trevor Sargeant	Bray	2.01.9
1981	Ian Stewart	Silverwood	2.01.0
1982	John Downes	Croom	2.01.7
1983	Richard Molloy	Ballinrobe	2.03.4
1984	Bill Mullaney	Thurles Crokes	2.00.8
1985	Anthony O'Keeffe	Togher	1.59.97

1986	**Danny O'Brien**	**Newport**	**1.56.8**	**CR**
1987	PJ O'Rourke	Newport	2:00.H	
1988	Gabriel Murtagh	Mullingar Harriers	2:00.7H	
1989	Oliver Power	St. Mary's	2:01.4H	
1990	Paul Fleming	Walkinstown SAF	2:02.4H	
1991	Austin Finn	Annadale Striders	01:57.87	
1992	James Nolan	Ferbane	1:57.H	
1993	Jason Delaney	United Striders	02:00.53	
1994	Denis Murphy	Glounthaune	02:01.12	
1995	Alan Simms	Finn Valley	02:02.51	
1996	Robert Kelly	Kilmore Dublin	02:03.30	
1997	Pat McCarton	Coolyroe	2:01.9H	
1998	Patrick Holbrook	Coalisland	02:04.63	
1999	Thomas Chamney	Clonmel	02:03.82	
2000	Darragh Greene	Dunleer	2.06.06	
2001	Colin Costello	Star of the Sea	02:00.43	
2002	Brian Markham	Ennis Track	02:05.50	
2003	Conor Murphy	Naas	2:08.9H	
2004	David Joyce	Castlebar	02:08.94	
2005	Chris Jones	Raheny Shamrock	02:09.04	
2006	Shane Quinn	Ferrybank	02:04.78	
2007	Paul Scanlon	Overseas	02:01.94	
2008	Gearoid McMeehan	Letterkenny	02:09.18	
2009	Karl Griffin	Tir Chonaill	02:04.78	
2010	Jack Reid	Mullingar Harriers	02:11.04	
2011	Cian McBride	North Sligo	02:02.87	
2012	Mustafe Nasir	Tallaght	02:04.27	
2013	Kevin McGrath	Bohermeen	02:04.52	
2014	Aaron McGlynn	Finn Valley	01:59.12	
2015	Louis O'Loughlin	Tallaght	02:04.90	
2016	David Smith	Letterkenny	2.11.50	
2017	Aaron Shorten	St. Laurence O'Toole	2.06.29	
2018	Oisin Kelly	Cranford	2.06.51	
2019	Marcus Reilly	Abbey Striders, Mallow	2.00.38	

1500m U15 Boys

1969	D O'Connor	Dublin	4.22.7	
1970	William "Billy" Bellew	Avondale, Dublin	4.30.6	
1971	Tony Ryan	Waterford	NT	
1972	Paul Craig	Derry	4.12.9	
1973	Not held			
1974	Finbarr O'Leary	Cork	4.13.1	
1975	Gerry Moloney	Dundrum	4.16.0	
1976	Brian McDonald	Clonliffe Harriers	4.14.2	
1977	Brian O'Keeffe	Donore Harriers	4.10.9	
1978	Paul Donovan	Pearse	4.11.8	
1979	Gerard McGinley	Letterkenny	4.09.2	
1980	Enda Fitzpatrick	Longford	4.11.0	
1981	Ian Stewart	Silverwood	4.17.2	
1982	John Downes	Croom	4.15.28	
1983	Richard Molloy	Ballinrobe	4.11.0	
1984	**Bill Mullaney**	**Thurles Crokes**	**4.00.36**	**CR**
1985	D Merns	Ajax	4.05.77	
1986	Danny O'Brien	Newport	4.07.3	
1987	PJ O'Rourke	Newport	4:10.H	
1988	Eoin O'Sullivan	Trim	4:15.7H	
1989	Darren Keenan	Leevale	04:12.48	
1990	Stephen Coade	Leevale	4:14.8H	
1991	Robert Dooley	Dublin City Harriers	04:14.21	
1992	James Nolan	Ferbane	4:01.H	
1993	David Coade	Leevale	04:14.14	
1994	Gareth Turnbull	St. Malachy's	04:16.82	
1995	Colin McLean	St. Malachy's	04:05.65	
1996	Mark Smyth	North Sligo	04:15.62	
1997	Liam Casey	Corr na Mona	4:11.6H	
1998	Liam Reale	Hospital	04:18.43	
1999	Robert O'Rourke	St. Laurence O'Toole	4:20.6H	
2000	Mark Christie	Mullingar Harriers	4.14.03	
2001	Colin Costello	Star of the Sea	04:06.77	
2002	Brian Markham	Ennis Track	04:28.44	

2003	Robert Fitzsimons	Tallaght	4:28.1H	
2004	Dan King	Milford	04:29.86	
2005	John Francis	Ferrybank	4:23.9H	
2006	Shane Quinn	Ferrybank	04:19.17	
2007	John Foley	Letterkenny	04:21.62	
2008	Ruairi Finnegan	Letterkenny	04:30.04	
2009	Shane Fitzsimons	Mullingar Harriers	04:17.48	
2010	Andrew Coscoran	Star of the Sea	04:24.58	
2011	William Crowe	North Sligo	04:19.66	
2012	Mustafa Nasir	Tallaght	04:19.67	
2013	Kevin McGrath	Bohermeen	04:18.83	
2014	James Maguire	Dundrum South Dublin	04:16.70	
2015	Louis O'Loughlin	Donore Harriers	04:17.95	
2016	Tommie Connolly	Leevale	4.25.19	
2017	Dylan McBride	Willowfield Temperance Harriers	4.21.33	
2018	Aidan Burke	Waterford	4.25.92	
2019	Caolan O'Hare	3 Ways, Newry	4.17.48	

3000m U15 Boys

1969	Eugene Mealy	Cork	NT	
1970				
1971	Tony Ryan	Waterford	8.54.6	
1972	John Treacy	St. Nicholas, Ring	9.04.9	
1973	Not held			
1974	Martin McGeady	Sparta	9.03.5	
1975	Gerry Moloney	Dundrum	9.17.8	
1976	Tom Breen	De la Salle Waterford	9.23.5	
1977	**Brian O'Keeffe**	**Donore Harriers**	**9.03.8**	**CR**
1978	Paul Donovan	Pearse	9.05.9	
1979	Eugene Curran	Ardee	9.12.5	
1980	Enda Fitzpatrick	Longford	9.04.0	
1981	James O'Sullivan	Bally	9.19.1	
1982	Stephen Judge	Dundrum	9.15.7	
1983	Seamus O'Loan	Dundrum		
1984	M Joyce	Colaiste Einde	9.11.82	
1985	Niall Murphy	Kildare	9.05.6	
1986	Fabien Flood	Crookstown	9.26.5	
1987	Nigel Brunton	Bray Striders	9:14.H	
1988	David Healy	Riverside	9:??.??	
1989	Derek Watters	Clonliffe Harriers	9:12.7H	
1990	Aidan Kavanagh	Eagle	9:22.3H	
1991	Paul Treacy	Glenbower	09:15.77	
1992	Alan Dunleavy	Dundrum South Dublin	NT	
1993	Thomas Carey	Bilboa	09:11.65	
1994	Paul Reilly	Loughrea	09:23.86	
1995	Gary Murray	Finn Valley	09:26.70	
1996	Vincent McGuinness	Loughrea	09:17.08	
1997	Liam Casey	Corr na Mona	9:15.4H	
1998	Patrick Holbrook	Coalisland	09:18.55	
1999	Conleth Moran	Ballinascreen	9:39.8H	
2000	Mark Christie	Mullingar Harriers	9.23.93	
2001	Danny Darcy	Bagenalstown	9:22.5H	

Discontinued

80m / 100m Hurdles U15 Boys

1975	Noel Cluskey	Ardee	12.3	80m
1976	J Conway	Marcab	11.1	
1977	Denis Finnerty	Nenagh Olympic	14.1	
1978	Paul Brown	Marcab	14.2	
1979	Michael Morrissey	Nenagh Olympic	14.1	
1980	Fergus Sixsmith	Athy	14.2H	
1981	C Quinn	Dundrum	14.60	
1982	Michael Nolan	Roscrea	14.54	
1983	J Connors	Borrisokane	14.2	
1984	Leonard Waugh	Bandon	14.0	
1985	Aidan McGrath	Nenagh Olympic	13.6	
1986	Darren Haddock	Togher	13.7	

1987	Andrew Monteith	Ferrybank	13.70		
1988	Carlton Haddock	Togher	13.2H		
1989	Rossa Prendergast	Skerries	14.0H		
1990	Ciaran Cash	West Dublin	14.2H		
1991	Barry McQueen	St. Laurence O'Toole	33.3H		
1992	Kenneth Treacy	Midleton	14.15		
1993	Trevor McGlynn	Strabane	14.31		
1994	Dermot Sheehan	Glenbower	14.25		
1995	Joe Rafferty	Dundrum South Dublin	14.42		
1996	Conor McPhillips	Dundrum South Dublin	13.72		
1997	Timothy Flannery	Nenagh Olympic	14.46		
1998	Kieran Hennessy	Leevale	14.34	0.1	
1999	Damien Munnelly	Ballina	13.9H		
2000	Maurice Donoghue	Carrick-on-Suir	13.90		
2001	Peter Shallow	Killarney	14.36	1.8	
2002	Gary Dunphy	St. Pauls Waterford	12.36	1.6	
2003	Eoin Hannon	Tullamore Harriers	12.03	4.0	
2004	Steven Walsh	Castlebar	11.60		
2005	Jason Harvey	Campbell College	11.7H		
2006	Paul Whelan	Dublin Striders	11.86	-2.1	
2007	Simon Callaghan	Galway City Harriers	12.55	1.8	
2008	Conor Daly	St. Abban's	12.1H		
2009	Ryan McParland	City of Derry Spartans	11.71	2.3	
2010	Garbhan McKenna	Glaslough Harriers	12.14	-4.3	
2011	Michael Quilligan	Nenagh Olympic	12.12		
2012	Ryan Murray	Bree	11.86		
2013	**Daniel Ryan**	**Moycarkey Coolcroo**	**11.31**	**0.9**	**CR**
2014	Max Carey	Donore Harriers	12.26		
2015	Brandon Lee	Athenry	12.16	2.5	
2016	Daniel Hurley	Leevale	11.68	0.1	
2017	Zac Moraghan	North Down	11.97	0.7	
2018	Harry Nevin	Leevale	11.53	0.9	
2019	David Mannion	South Galway	11.69	-0.5	

200m / 250m / 300m Hurdles U15 Boys (0.762m/2'6)

1979	J Cody	Nenagh Olympic	26.8
1980	Fergus Sixsmith	Athy	27.6
1981	Paul O'Regan	Leevale	27.2
1982	Michael Nolan	Roscrea	27.56
1983	M Dreeling	Gowran	27.8
1984	Joseph Naughton	Nenagh Olympic	27.01
1985	Philip Denver	Newbridge	26.21
1986	P Hayden	Naas	26.8
1987	Andrew Monteith	Ferrybank	27.3
1988	Carlton Haddock	Togher	26.4H
1989	Robert Barry	Kilkenny City Harriers	27.61
1990	Ciaran Cash	West Dublin	27.00
1991	Mark McQueen	St. Laurence O'Toole	33.3
1992	Kenneth Treacy	Midleton	33.7H
1993	Trevor McGlynn	Strabane	33.7H
1994	Dermot Sheehan	Glenbower	33.30
1995	Glen Howard	Dundrum South Dublin	34.98
1996	Rory Liddane	Olympic Harriers	33.84
1997	Timothy Flannery	Nenagh Olympic	31.67
1998	Karen Hennessy	Leevale	32.9H
1999	Damien Munnelly	Ballina	33.33
2000	Cathal Hannon	Ballyskenach	33.18
2001	Ian McNamara	Dooneen	33.39
2002	Kevin Murphy	St. Mary's	35.74
2003	Eoin Hannon	Tullamore Harriers	35.20
2004	William Spratt Murphy	Bree	34.91
2005	Ciaran Donnelly	Ferrybank	35.08
2006	David Hegarty	Killybegs	35.38
2007	Sipke O'Shaughnessy	Bandon	35.45
2008	Callum Graham	Regent House	35.49
2009	Daniel Shanahan	St. Brendan's	34.74
2010	Garbhan McKenna	Glaslough Harriers	36.37
2011	Joseph Halwax	Dundrum South Dublin	34.06
2012	Ryan Murray	Bree	34.07
2013	Diarmuid Clancy	Abbey Striders	35.97
2014	Kolade Abiodun	Donore Harriers	33.81

2015	Conall O'Neill	City of Derry	35.85		
2016	Matthew Buckley	Ratoath	34.21		
2017	Nathan Fitzpatrick	City of Derry Spartans	35.62		
2018	**Harry Nevin**	**Leevale**	**33.28**		**CR**
2019	Finn O'Neill	City of Derry, Spartans	34.87		

3000m Walk U15 Boys

1981	Leo Nicholson	Sligo	10.06.3	2000m	
1982	W Walsh	De La Salle Waterford	11.17.0	2000m	
1983	Damien Crawford	Strabane	10.47.8	2000m	
1984	Seamus Brosnan	An Riocht	10.12.65	2000m	
1985	PJ Gregory	Kildare	15.50.8	3000m	
1986	S Jackson	Eagle	15.36.0	3000m	
1987	Sean Cullinan	Ferbane	16.04.8	3000m	
1988	Frank Lynch	Cappoquin	14:19.1H	3000m	
1989	John Horan	Moyvane	14:53.70	3000m	
1990	Diarmuid Sheehy	Bilboa	15:19.00	3000m	
1991	Kieran Wolfe	Leevale	15:22.15	3000m	
1992	Jamie Costin	Ring Old Parish	14:29.3H	3000m	
1993	Colm O'Doherty	North Clare	15:54.63	3000m	
1994	Gary Murphy	St. Laurence O'Toole	14:59.38	3000m	
1995	Eamonn Cashin	Dungarvan	15:21.5H	3000m	
1996	Seamus O'Donnell	St. Finian's	15:32.6H	3000m	
1997	Colin Griffin	Ballinamore	14:29.8H	3000m	
1998	Alan Kennedy	West Wicklow	16:06.02	3000m	
1999	Padraig Lennon	Kilkenny City Harriers	16:00.40	3000m	
2000	PJ O'Keeffe	Kilkenny City Harriers	15.27.4	3000m	
2001	Joseph Durcan	Ballina	16:47.4H	3000m	
2002	Paul Murphy	Dooneen	10:48.53	2000m	
2003	Paul Fitzpatrick	Shercock	10:47.72	2000m	
2004	Niall Prendiville	Farranfore Maine Valley	10:45.61	2000m	
2005	Liam Harty	Templemore	11:36.07	2000m	
2006	Gearoid Sheehy	Bilboa	10:58.97	2000m	
2007	Oisin Oliver	Swinford	10:35.94	2000m	
2008	James Kelleher	Togher	10:46.58	2000m	
2009	**Evan Lynch**	**Clonmel**	**09:30.56**	**2000m**	**CR**
2010	Dylan Carty	Sligo	09:51.22	2000m	
2011	Nathan Murphy	St Coca's	09:55.17	2000m	
2012	Joe Mooney	Adamstown	11:16.33	2000m	
2013	David Kenny	Farranfore Maine Valley	10:29.87	2000m	
2014	Gearoid McMahon	Shannon	09:49.90	2000m	
2015	Liam McDonagh	Moycarkey Coolcroo	10:58.39	2000m	
2016	Oisin Lane	Mullingar Harriers	9.56.4	2000m	
2017	Matthew Glennon	Mullingar Harriers	10.50.57	2000m	
2018	Noah McConway	St. Cronan's	11.21.32	2000m	
2019	Andrew Glennon	Mullingar Harriers	10.23.89	2000m	

High Jump U15 Boys

1966	G Fortune	Dublin	1.52	IJAB	
1969	J Fortune	Dublin	1.52		
1970	D Murphy	Limerick	1.47		
1971	John Hartnett	Cork	1.62		
1972	Michael Cox	Roscommon	1.75		
1973	Not held				
1974	David McLoughlin	Boyle	1.80		
1975	Ray McLoughlin	Boyle	1.78		
1976	Ray McLoughlin	Boyle	1.86		
1977	Peter Redmond	Mallow	1.74		
1978	M Hayden	Rosemount	1.75		
1979	B McLoughlin	Boyle	1.84		
1980	P O'Dwyer	Thurles Crokes	1.69		
1981	D Keyes	Nore Valley	1.78		
1982	L O'Donnell	Letterkenny	1.68		
1983	Barry Walsh	Dooneen	1.83		
1984	John Naughton	Nenagh Olympic	1.83		
1985	**Philip Denver**	**Newbridge**	**1.96**		**CR**
1986	Donal O'Neill	Newry	1.84		
1987	Charles Brand	Kilkenny City Harriers	1.80		

1988	Laurance English	Tramore	1.80		
1989	Darragh Murphy	North Down	1.85		
1990	Antoine Burke	Dooneen	1.90		
1991	Alan McLoughlin	Westport	1.84		
1992	Kenneth Treacy	Midleton	1.76		
1993	Brian Cullinane	Nenagh Olympic	1.77		
1994	Brendan McConville	North Down	1.74		
1995	Alan Casey	Tallaght	1.86		
1996	Mark Tuohy	Kilmallock	1.65		
1997	Barry O'Brien	Leevale	1.83		
1998	Adrian O'Dwyer	Kilkenny City Harriers	1.74		
1999	Steven Spillane	Moycarkey Coolcroo	1.80		
2000	Shane Cullinane	Nenagh Olympic	1.76		
2001	Keith King	North Clare	1.86		
2002	David Shields	Canon Burke	1.75		
2003	Richard Whyte	Brothers Pearse	1.63		
2004	Barry Pender	St. Abban's	1.69		
2005	Jason Harvey	Campbell College	1.78		
2006	Michael O'Sullivan	Kilkenny City Harriers	1.63		
2007	Thomas Keehan	Craughwell	1.60		
2008	Conor Daly	St. Abban's	1.65		
2009	Robert Bill	Ballymena & Antrim	1.63		
2010	David Cussen (tied)	Old Abbey Striders	1.68		
2010	Mark Rogers (tied)	St. Peter's Dromiskin	1.68		
2011	Ryan McAteer	Shimna College	1.70		
2012	Jack Murphy	Leevale	1.70		
2013	Ryan Carthy-Walsh	Adamstown	1.80		
2014	Ben Donovan	Abbey Striders	1.81		
2015	Joseph McEvoy	Nenagh Olympic	1.82		
2016	Liam Jenkins	Dundrum South Dublin	1.80		
2017	Recce Ademola	Leevale	1.71		
2018	Geoffry O'Regan	Sunhill Harriers	1.83		
2019	Finn O'Neill	City of Derry, Spartans	1.70		

Long Jump U15 Boys

1966	D Harris	Dublin	5.21		
1967-1969	**Not held**				
1969	Robert Wilmot	Cork	5.74		
1970	James McGinley	Strabane	5.81		
1971	James McGinley	Strabane	5.78		
1972	Mickey Joe Doherty	Strabane	6.31		
1973	Not held				
1974	Aidan Quinn	Dungannon	5.61		
1975	Andy Coleman	Marcab	6.03		
1976	Ray McLaughlin	Boyle	5.99		
1977	Pat O'Halloran	Ballymore/Cobh	5.95		
1978	James Murtagh	Castlebar	5.61		
1979	J Kennedy	De La Salle Waterford	6.18		
1980	T Jones	Enniscorthy	6.18		
1981	P Mondal	Dundrum	5.88		
1982	Patrick Hayes	Trim	6.01		
1983	D Cunningham	Liffey Valley	6.11		
1984	J Kelly	Ardmore Montrose Residents Association	6.15		
1985	Philip Denver	Newbridge	6.04		
1986	A Porter	Magherfelt	6.03		
1987	Richard Lunden	South Galway	5.94		
1988	**Jonathan Kron**	**Dundrum**	**6.67**		**CR**
1989	Shane O'Sullivan	Killorglin	6.15		
1990	Tito Duarte	West Muskerry	6.20		
1991	Alan McLoughlin	Westport	6.31		
1992	Ross O'Callaghan	Togher	5.89		
1993	Philip Moore	Clonliffe Harriers	5.98		
1994	Alan Kelly	Ballina	5.88		
1995	Niall O'Donnell	St. Columb's	5.94		
1996	Brian Murphy	Kilmore Wexford	6.31		
1997	Brian Wall	Glenbower	6.14		
1998	Brendan Marshall	Mullingar Harriers	6.16		
1999	Tom Reynolds	North Down	5.77		
2000	Shane Mullins	Clonmel	6.25		
2001	Thomas Coughlan	Tullamore Harriers	6.24		
2002	Luke Sweetman	Fingallians	5.78	1.4	

2003	Eoin Hannon	Tullamore Harriers	5.46		
2004	Liam Og McNamara	Westport	5.98		
2005	Timothy Harrington	Courcies	6.18		
2006	Nathan Jege	St. Brendan's	5.51		
2007	Ben McGillian	Strabane	5.46		
2008	Jamie Devine	City of Derry	5.68		
2009	Eoin O'Carroll	Tralee Harriers	5.41		
2010	David Cussen	Old Abbey Striders	5.62		
2011	Adam Doran	Lucan Harriers	5.58		
2012	Matthew Dalton	City of Lisburn	5.45		
2013	David McDonald	Menapians	6.22		
2014	James Murphy	Waterford	5.78		
2015	Gabriel Bell	St. Peter's Dromiskin	5.92		
2016	Daniel Hurley	Leevale	5.90		
2017	Recce Ademola	Leevale	5.73		
2018	Danny Kelly	Belgooly	5.80		
2019	Joel Joseph	Midleton	5.49		

Triple Jump U15 Boys

1969	Robert Wilmot	Cork			
1970					
1971	Padraig Jordan	Mayo	12.47		
1972	Mickey Joe Doherty	Strabane	12.89		
1973	Not held				
1974	**F O'Shea**	**Cork**	**13.24**		**CR**
1975	Andy Coleman	Marcab	12.75		
1976	G Coakley	Celtic	12.28		
1977	Vivian Kirwan	Marcab	12.29		
1978	Stephen Maguire	Strabane	12.14		
1979	B McGowan	Clonmel	12.32		
1980	T Jones	Enniscorthy	12.49		
1981	Cormac McDonald	Midleton	12.16		
1982	J Whelan	Tipperary	12.19		
1983	Tom Nolan	Newbridge	12.54		
1984	Joseph Naughton	Nenagh Olympic	12.62		
1985	Stuart Wall	Marcab	12.37		
1986	G Burns	St. Josephs	11.89		
1987	Timothy Cotter	Abbeyfeale	12.65		
1988	Ray Mulligan	De La Salle Waterford	12.00		
1989	Kieran Slevin	Ballyshannon	12.35		
1990	Scott Brown	North Laois	11.67		
1991	Tetteh Turkson	Annadale Striders	12.79		
1992	David Murphy	St. Paul's	12.16		
1993	John Logan	Crusaders	12.42		
1994	Cathal McGinley	Sliabh Liag	12.62		
1995	Mark Hamilton	Glenbower	12.44		
1996	Kevin Burke	Dooneen	12.85		
1997	Craig McKeown	Walkinstown SAF	12.41		
1998	John Walker	Kilmore Dublin	12.29		
1999	Ciaran Dyer	Crusaders	11.68		
2000	Shane O. Mullins	Clonmel	12.29		
2001	Conor Sheehy	Togher	12.48		
2002	Peter Glass	Regent House	11.52		
2003	Aaron Crawford	Strabane	10.96	2.6	
2004	Alan Corcoran	Ferrybank	11.15		
2005	Timothy Harrington	Courcies	12.12		
2006	Alan Walsh	South Sligo	10.88		
2007	Aaron Murtagh	Ballina	10.62		
2008	Conor Daly	St. Abban's	11.48		
2009	Eoin O'Carroll	Tralee Harriers	11.06		
2010	Pa Gilbert	St. Brendan's	10.52		
2011					
2012	Jack O'Sullivan	Carrick-on-Suir	10.23		
2013	Simon Hartigan	Limerick	10.78		
2014	James Murphy	Waterford	11.24		
2015					
2016	Wymin Sivakumar	Leevale	12.03		
2017	Jack Forde	St. Killian's	11.14		
2018	Jack Cullen	Bandon	10.78	-0.9	
2019	Evan Hallinan	Craughwell	11.09	-1.7	

Pole Vault U15 Boys

1969	D Quinn	Clare	2.97	
1970	B Smyth	Clare	2.59	
1971	D Quinn	Clare	3.35	
1972				
1973	Not held			
1974	J Sherlock	Corbally	2.74	
1975	John Hartnett	Midleton	2.80	
1976	M Dennehy	Glenstal Abbey	2.75	
1977	T Mannion	Marian	2.90	
1978	W Downey	Tuam	2.75	
1979	W Downey	Tuam	2.93	
1980	M Mullins	Dunmore	3.20	
1981	**Malachy Sheridan**	**Bree**	**3.58**	**CR**
1982	J Dennehy	Leevale	3.30	
1983	G Lonergan	De La Salle Waterford	2.30	
1984	J Phelan	De La Salle Waterford	2.70	
1985				
1986	Michael Ramsey	Magherfelt	3.40	
1987	John Hallissey	Ferrybank	3.30	
1988	Denis Finn	Rockwell	3.00	
1989	John Meyler	Ferrybank	2.50	
1990	Ronan O'Sullivan	Leevale	3.00	
1991	Fergal English	St. Mary's Waterford	3.30	
1992	Lauri Candy	Dundrum South Dublin	2.85	
1993	Michael Cassidy	Blackrock	3.00	
1994	Brian Deasy	Blarney Inniscarra	3.20	
1995				
1996	Not contested			
1997	David Mannion	Ballybrack	2.80	
1998	Rory O'Brien	Crusaders	2.80	
1999	Not contested			
2000	Shane Cullinane	Nenagh Olympic	3.00	
2001	Mark Walsh	Clounalour	1.90	
2002	Paul Moore	St. Abban's	2.40	
2003	Mark Bannon	West Waterford	2.60	
2004	Kevin Ruxton	Shercock	2.10	
2005	Jason Harvey	Campbell College	3.30	
2006	Thomas Houlihan	West Waterford	2.80	
2007	Mark Dineen	St. Brendan's	2.00	
2008	Christopher O'Donnell	Tír Chonaill	2.80	
2009	Lee Curley	Youghal	2.20	
2010	Mel O'Callaghan	Gneeveguilla	2.50	
2011	Sheamie Fennell	West Waterford	3.00	
2012				
2013	Philip McDowell	Raheny Shamrock	2.10	
2014	Adam McNally	Lusk	2.80	
2015	Sam O'Neill	West Waterford	2.60	
2016	Adam O'Dwyer	Moycarkey Coolcroo	3.40	
2017	Dylan Ryan	Moycarkey Coolcroo	2.60	
2018	Conor Callinan	Leevale	3.10	
2019	Ronan O'Dwyer	Moycarkey Coolcroo	2.80	

Shot Put U15 Boys (3.25kg)

1966	G Gillespie	Fermanagh	12.59	IJAB
1967-1968	**Not held**			
1969	S McCarthy	Dublin	14.57	
1970				
1971	Ian Lambe	Crusaders	13.29	
1972	J Ryan	Tipperary Town	9.47	
1973	Not held			
1974	Joe Gallagher	Omagh	13.42	
1975	Tom Crotty	St. Finbarrs	14.41	
1976	P Rochford	Yellow Steeple	14.48	
1977	K O'Donnell	Pearse	15.03	
1978	Paul Quirke	Crusaders	17.81	
1979	Michael Comerford	Callan	13.51	
1980	Frank O'Brien	Dungarvan	15.85	
1981	David Williams	Tipperary Town	14.64	

1982	Michael O'Brien	Dungarvan	13.94	
1983	Barry Walsh	Dooneen	14.73	
1984	Colm Moran	Nenagh Olympic	16.92	
1985	P Corrigan	Suncroft	16.29	
1986	Liam Reilly	Portlaoise	14.44	
1987	Gerard Nagle	Marian	14.68	
1988	John Kelly	Lifford	14.43	
1989	Bartley Walsh	Carraroe	15.20	
1990	Jack Flynn	Ferrybank	15.24	
1991	Aidan Ahearne	Cappoquin	14.75	
1992	Jim Hennessy	Dooneen	14.11	
1993	John Leahy	Moyvane	14.29	
1994	Sean Breathnach	Carraroe	16.86	
1995	William Kirkpatrick	Lagan Valley	14.76	
1996	Brian Murphy	Kilmore Wexford	13.64	
1997	Neville Coughlan	Tullamore Harriers	13.44	
1998	Geoffrey Mullins	Limerick Emerald	14.55	
1999	Eoin Leen	Clounalour	14.29	
2000	Kevin Feeley	Finn Valley	13.36	
2001	Brendan Callinan	St. Laurence O'Toole	14.52	
2002	Michael Whelan	Lios Tuathail	13.05	
2003	Ross Gildea	Sligo	13.51	
2004	Dale Kennedy	Ferrybank	14.43	
2005	Ben Geraghty	Crusaders	12.80	
2006	Laimonas Ruibys	Wesport	13.16	
2007	Marco Pons	Drinagh-Murrintown-Piercestown (DMP)	14.80	
2008	Jamie Devine	City of Derry	12.99	
2009	Tom Whelan	Ferrybank	14.55	
2010	John Kelly	Finn Valley	15.63	
2011	Benny Healy	Fanahan McSweeney	13.70	
2012	Ethan Bannon	Raheny Shamrock	14.48	
2013	Colin Deane	Bandon	13.08	
2014	**James Kelly**	**Finn Valley**	**17.88**	**CR**
2015	Patrick Gilceava	Crusaders	14.16	
2016	Adam Sheridan	Westport	14.76	
2017	Josh Delaney	Nenagh Olympic	14.96	
2018	Callum Keating	North Cork	15.18	
2019	Liam Shaw	Athenry	16.95	

Discus U15 Boys (1kg)

1969	J Davidson	Cork		
1970	Robert Stack	Laois	38.31	
1971	R Turnbull	Tyrone	40.05	
1972	Ian Lambe	Dublin	42.92	
1973	Not held			
1974	Joe Gallagher	Omagh	45.93	
1975	Tom Crotty	St. Finbarrs	48.68	
1976	B Hurley	Limerick Emerald	48.00	
1977	K O'Donnell	Pearse	47.70	
1978	Paul Quirke	Crusaders	48.55	
1979	Eoin Walsh	De La Salle Waterford	46.25	
1980	**Frank O'Brien**	**Dungarvan**	**59.34**	**CR**
1981	David Williams	Tipperary Town	50.49	
1982	John Farrelly	Marcab	46.14	
1983	Declan Kearney	Clonliffe Harriers	48.54	
1984	Colm Moran	Nenagh Olympic	50.02	
1985				
1986	Michael Ahern	Cappoquin	46.34	
1987	Gerard Nagle	Marian	48.00	
1988	Kevin Donaghey	Oak Leaf	40.36	
1989	Bartley Walsh	Carraroe	50.50	
1990	Andrew Kenny	Crusaders	51.42	
1991	Adrian Joyce	Cushinstown	43.60	
1992	Nigel Travers	Donore Harriers	46.35	
1993	David Gilmore	Bray Striders	41.92	
1994	Sean Breathnach	Carraroe	50.08	
1995	William Kirkpatrick	Lagan Valley	48.54	
1996	John Hobbs	Leevale	44.16	
1997	Aidan Fogarty	Donore Harriers	44.58	
1998	Robert Butler	Carrick-on-Suir	50.12	

1999	Jim Healy	Carrick-on-Suir	43.40	
2000	J Kirkpatrick	North Down	38.25	
2001	Brendan Callinan	St. Laurence O'Toole	39.37	
2002	Jonathan Kingsberry	Regent House	34.71	
2003	John Tierney	Ballinasloe & District	34.87	
2004	Gerard Kelly	Castlebar	43.13	
2005	Ben Geraghty	Crusaders	37.27	
2006	Conor Pullin	Belgooly	31.77	
2007	James McCabe	Dunboyne	37.79	
2008	Paul Collins	North Westmeath	34.29	
2009	Tom Whelan	Ferrybank	42.94	
2010	Colin Kingston	Bandon	41.21	
2011	John Joe Kelly	Brow Rangers	37.29	
2012	Iain Bennett	Menapians	41.31	
2013	Daniel Ryan	Moycarkey Coolcroo	38.18	
2014	Jack Hallahan	Midleton	44.28	
2015	Conor Fogarty	Mullingar Harriers	36.61	
2016	Adam Sheridan	Westport	40.09	
2017	Josh Delaney	Nenagh Olympic	33.98	
2018	Daragh Jennings	Galway City Harriers	35.99	
2019	Karlis Kaugars	Dunleer	42.92	

Hammer U15 Boys (3.25kg)

1974	Colm Ball	Crusaders	52.48	
1975	Declan Hegarty	Drimnagh	64.06	
1976	Liam Hickey	Raheny Shamrock	59.14	
1977	Brendan Fitzgibbon	Monkstown	58.58	
1978	C Mulcahy	Clonliffe Harriers	61.82	
1979	A Cody	Roscrea	45.50	
1980	Frank O'Brien	Dungarvan	64.86	
1981	Gary Halpin	Rockwell	67.42	
1982				
1983	Barry Walsh	Dooneen	54.00	
1984	Colm Moran	Nenagh Olympic	52.62	
1985	Jim O'Mahoney	Leevale	55.15	
1986	N Mulready	Corbally	49.38	
1987	David Tuite	Donore Harriers	52.32	
1988	Thomas Murphy	Tullamore Harriers	60.12	
1989	Nigel Crowley	Leevale	44.28	
1990	James Monaghan	Nenagh Olympic	61.74	
1991	Lorcan Carpenter	Crusaders	50.90	
1992	Ian McLoughlin	Windsor	67.78	
1993	Killian Smyth	Fr. Murphy	48.12	
1994	Michael Grace	Tipperary Town	54.40	
1995	Mark Power	Cappoquin	43.60	
1996	Gavin Duffy	Ballina	57.30	
1997	Eamonn Joyce	Blarney Inniscara	46.20	
1998	Peter Tierney	Portumna	58.40	
1999	Jim Healy	Carrick-on-Suir	38.56	
2000	Eoin Weigel	Dunboyne	41.52	
2001	Padraig White	Dunboyne	49.03	
2002	Patrick McCabe	Dunboyne	51.41	
2003	David Keys	Regent House	43.24	
2004	Gerard Kelly	Castlebar	53.33	
2005	Jonathan Murphy	Carrig na Bhfear	43.44	
2006	Killian Barry	Crusaders	43.20	
2007	James McCabe	Dunboyne	52.21	
2008	Daniel Colbert	Midleton	40.90	
2009	James Mulligan	Tullamore Harriers	40.56	
2010	Francis McGuigan	Finn Valley	66.14	
2011	**Adam King**	**Iveragh**	**72.06**	**CR**
2012	Josh Rockett	West Waterford	55.11	
2013	Brendan O'Donnell	Lifford	54.45	
2014	Sean Mockler	Moycarkey Coolcroo	43.64	
2015	Brian Naughton	Nenagh Olympic	49.11	
2016	Robert Higgins	Na Fianna	58.30	
2017	Jude McCrossan	Lifford / Strabane	48.96	
2018	Sean Keane	Lios Tuathail	47.13	
2019	Jack Kelly	Unattached	54.16	

Javelin U15 Boys (500g)

1969	J Davidson	Cork		
1970	Gerald McNamee	Strabane	34.74	
1971	Michael Fitzgibbon	Cork	42.14	
1972	Ian Lambe	Crusaders	44.24	
1973	Not held			
1974	D Moloney	Connaught	50.88	
1975	Aidan Gunning	Crusaders	45.80	
1976	Peter Ruffli	Dundrum Family Recreation Centre	51.27	
1977	M Reddington	Abbeyleix	44.19	
1978	Terry McHugh	Navan	48.16	
1979	John Dowling	Tullamore Harriers	47.56	
1980	Kevin McBrearty	St. John Bosco	52.57	
1981	P Comerford	Callan	51.24	
1982	J Daniels	Marcab	43.93	
1983	Niall O'Connor	Raheny Shamrock	47.84	
1984	Kevin McCafferty	Strabane	47.38	
1985	K Buckley	Raheny Shamrock	40.46	
1986	Sean Nugent	Oak Leaf	46.90	
1987	John Fleming	De La Salle Waterford	49.36	
1988	John Kelly	Lifford	49.72	
1989	Robert Berry	Mullingar Harriers	49.35	
1990	Brian Hayes	Dungarvan	47.66	
1991	Adrian Joyce	Cushinstown	47.66	
1992	Derek Hayes	Dungarvan	48.06	
1993	Simon Kearns	Kilmore Dublin	43.88	
1994	Sean Breathnach	Carraroe	50.36	
1995	Timothy Kitney	Overseas	55.18	
1996	John Windle	De La Salle Waterford	37.86	
1997	Joseph Diskin	Kilcoole	47.52	
1998	Andrew Gallagher	Ballymena & Antrim	56.40	
1999	Christopher Bowe	De La Salle Waterford	51.07	
2000	Rikki O'Gara	Roscommon	38.22	
2001	Paul Marry	Dunleer	44.18	
2002	Peter Glass	Regent House	38.40	
2003	Aaron Crawford	Strabane	44.21	
2004	Philip Burns	Bandon	45.15	
2005	Dean Oakes	Overseas	37.77	
2006	Sean Ryder	Greystones & District	38.46	
2007	Jaco Oosthuysen	Clonmel	42.31	
2008	Matthew Martin	Dromore High School	40.15	
2009	Ryan Whelan	Clonliffe Harriers	40.38	
2010	John Kelly	Finn Valley	42.02	
2011	Colin Gill	Claremorris	40.69	
2012	Darryl Crawford	Strabane	44.13	
2013	Gareth Crawford	Strabane	39.67	
2014	James Kelly	Finn Valley	51.67	
2015	Dominic McCabe	Cushinstown	45.77	
2016	Conor Cusack	Lake District Athletics	45.72	
2017	**Tadhg O'Muircheartaigh**	**Dunboyne**	**56.78**	**CR**
2018	Jack Cullen	Bandon	46.15	
2019	Diarmuid Duffy	Lake District Athletics	56.29	

4x100m Relay U15 Boys

1969		Dublin	
1970		Cork	47.7
1971		Dublin	NT
1972		Cork	48.1
1973		Phoenix Harriers	46.7
1974		Not contested	
1975		Dundrum	48.0
1976		Marcab	45.8
1977		De La Salle Waterford	47.6
1978		Clonmel	47.9
1979		Nenagh Olympic	47.7
1980		Midleton	47.8
1981		Pearse	47.5
1982		Togher	46.4
1983		Dooneen	47.5
1984		Leevale	47.1

1985	Togher	48.24	
1986	Naas	46.2	
1987	Listowel	47.3H	
1988	Dundrum	47.1H	
1989	Togher	46.4H	
1990	North Laois	46.7H	
1991	Leevale	46.92	
1992	Dundrum South Dublin	46.4H	
1993	Thurles Crokes	46.7H	
1994	Dundrum South Dublin	47.2H	
1995	Dundrum South Dublin	46.6H	
1996	Kilmallock	47.7H	
1997	Leevale	46.6H	
1998	Ballincollig	47.4H	
1999	Glenbower	47.5	
2000			
2001	Clounalour	46.92	
2002	Carrick-on-Shannon	49.65	
2003	Dundrum South Dublin	49.13	
2004	Dundrum South Dublin	49.86	
2005	Dundrum South Dublin	49.14	
2006	Lios Tuathail	49.31	
2007			
2008	Bree		
2009	Tralee Harriers	49.38	
2010	Brothers Pearse	50.2H	
2011	North Sligo	48.61	
2012	Menapians	48.90	
2013	Menapians	47.65	
2014	Leevale	48.14	
2015	Ballymena & Antrim	47.87	
2016	**Leevale**	**46.54**	**CR**
2017	Ballymena & Antrim	46.94	
2018	Leevale	47.33	

4x400m Relay U15 Boys

1971	Dublin	3.45.7	
1979	Bray	3.47.4	
1980	De La Salle Waterford	3.42.8	
1981	Dundrum	3.46.0	
1982	Dundrum	3.44.3	
1983	Clondalkin	3.42.2	
1984	Dundrum	3.42.0	
1985	Togher	3.45.22	
1986	Clonmel	3.38.3	

Discontinued

4x100m Relay Inter County U15 Boys

1992	Cork	47.13
1993	Tipperary	46.00
1994	Kerry	
1995-2001 Not held		
2002	Wexford	49.80
2003		
2004	Meath	48.9H
2005	Wexford	50.42
2006	Kerry	50.5H
2007	Limerick	50.4H
2008	Wexford	47.5H
2009	Wexford	49.61
2010	Kerry	49.09
2011	Dublin	47.89
2012	Dublin	48.69
2013	Kildare	47.58

Discontinued

Combined Events U15 Boys

1983	Barry Walsh	Dooneen	4443		
1984					
1985	Philip Denver	Newbridge	3749		
1986					
1987	Paul Wilkinson	Lifford	3896		
1988	John Kelly	Lifford	3761		
1989	Michael Hallahan	Togher	3867		
1990	Dermot Flynn	Westport	3922		
1991	Fergal English	St. Mary's Waterford	4008		
1992	Brendan Taaffe	Boyne	3622		
1993	**Trevor McGlynn**	**Strabane**	**4238**		**CR**
1994	Dermot Sheehan	Glenbower	3467		
1995	Derek O'Brien	St. Laurence O'Toole	3060		
1996	Kevin Burke	Dooneen	2929		
1997	John Wall	Glenbower	2971		
1998	David McCarthy	Celbridge	3789		
1999					
2000	Seamus Doogue	St. Abban's	2494		
2001					
2002	D Loughnane	Loughrea	3266		
2003	Brendan O'Connor	Beara	2854		
2004					
2005					
2006	Patrick Maher	Liscarroll	3454		
2007	Kyle McMahon	Fingallians	3281		
2008	Conor Daly	St. Abban's	3646		
2009	Colin Nolan	Enniscorthy	3062		
2010	Sam Healy	Belgooly	2661		
2011	Adam Doran	Lucan Harriers	2623		
2012	Conor Dempsey	Greystones & District	2944		
2013	Daniel Ryan	Moycarkey Coolcroo	4422		
2014	Kolade Abiodun	Donore Harriers	2837		
2015	Joseph McEvoy	Nenagh Olympic	3146		
2016	David Smith	Letterkenny	2961		
2017	Jack Forde	St. Killian's	2774	*4 Events	
2018	Alex Reynolds	Nenagh Olympic	3095		
2019	Finn O'Neill	City of Derry Spartans	3886		

Cross Country U15 Boys

1969	Eddie McCarthy	Fr. Matthew
1970	Tony Ryan	Dungarvan
1971	John Treacy	St. Nichlos, Ring
1972	Pat Dunne	Dublin Region
1973	Finbarr O'Leary	Leevale
1974	Gerry Moloney	Dundrum Family Recreation Centre
1975	Tony Breen	St. Patrick's
1976	Brian O'Keeffe	Dublin
1977	Paul Donovan	Pearse, Galway
1978	Eugene Curran	Ardee
1979	P O'Toole	Enniscorthy
1980	C Heffernan	Pearse, Galway
1981	Seamus O'Loan	Dundrum South Dublin
1982	A Molloy	Western
1983	Bill Mullaney	Thurles Crokes
1984	John Lacey	Shelbourne
1985	Fabian Flood	Crookstown
1986	PJ O'Rourke	Newport
1987	Brian Conway	St Malachys
1988	David Healy	Riverside
1989	Darren Keenan	Leevale
1990	Paul McNamara	Athenry
1991	Michael Glover	Corrigan
1992	David Coade	Leevale
1993	Thomas Carey	Bilboa
1994	Gareth Turnbull	St. Malachy's
1995	Simon Ward	Finn Valley
1996	Mark Smyth	North Sligo
1997	Liam O'Casey	Corr na Mona

1998	William Harty	Ring Old Parish
1999	Mark Christie	Mullingar Harriers
2000	Mark Christie	Mullingar Harriers
2001	Colin Costello	Star of the Sea
2002	David McCarthy	West Waterford
2003	Conor Murphy	Naas
2004	Mark Shalloe	West Waterford
2005	Shane Boggs	Mullingar Harriers
2006	Shane Quinn	Ferrybank
2007	Adam Ingram	Lagan Valley
2008	Shane Fitzsimons	Mullingar Harriers
2009	Shane Fitzsimons	Mullingar Harriers
2010	Andrew Coscoran	Star of the Sea
2011	Cian McBride	North Sligo
2012	Fearghal Curtin	Youghal
2013	Christy Conlon	Beechmount Harriers
2014	James Maguire	Dundrum South Dublin
2015	Louis O'Loughlin	Donore Harriers
2016	Cian McPhillips	Longford
2017	Sean McGinley	Olympian Youth & Athletics Club
2018	Tadgh Connolly	St. Senan's
2019	Myles Hewlett	United Striders, Wexford

Cross Country Team U15 Boys

	Club	**County**	**Region**
1969	Leevale 30pts	Dublin 65pts	Not contested
1970	Clonliffe Harriers 35pts	Dublin 71pts	Not contested
1971	Leevale	Cork	Not contested
1972	Leevale 33pts	Not contested	Munster 70pts
1973	Limerick 40pts	Not contested	Rest of Leinster 79pts
1974	Greenfield 36pts	Not contested	Ulster 70pts
1975	Leevale 22 pts	Not contested	Munster 61 pts
1976	Bally, Waterford79pts	Not contested	Leinster 75pts
1977	Pearse 49pts	Not contested	Ulster 75pts
1978	Limerick Emerald 52pts	Not contested	Dublin 79pts
1979	Willowfield 115pts	Not contested	Dublin 64pts
1980	Pearse 61pts	Not contested	Connacht 47pts
1981	Finn Valley 60pts	Not contested	Dublin 88pts
1982	Clondalkin 74pts	Not contested	Dublin 50pts
1983	Thurles Crokes 71pts	Not contested	Leinster 78pts
1984	Dundrum 73pts	Not contested	Munster 67pts
1985	Crookstown Millview 74pts	Not contested	Munster 48pts
1986	Grange / Fermoy 116pts	Not contested	Munster 61pts
1987	Mullingar Harriers 110pts	Not contested	Munster 44pts
1988	Finn Valley 88pts	Not contested	
1989	Leevale 48pts	Not contested	Munster 58pts
1990	Claremorris 35pts	Not contested	Munster 57pts
1991	Bilboa 63pts	Not contested	Munster 49pts
1992	Newbridge 89pts	Not contested	Munster 37pts
1993	Leevale 57pts	Not contested	Munster 21pts
1994	Finn Valley 93pts	Not contested	Munster 70pts
1995	Finn Valley 25pts	Not contested	Ulster 52pts
1996	Marian 77pts	Not contested	Connacht 47pts
1997	Leevale 53pts	Not contested	Munster 50pts
1998	Dundrum South Dublin 60pts	Not contested	Ulster 75pts
1999	Mullingar Harriers 61pts	Not contested	Munster 60pts
2000	Mullingar Harriers 89pts	Not contested	Leinster 23pts
2001	Thurles Crokes 122pts	Not contested	Leinster 40pts
2002	Dundrum South Dublin 94pts	Dublin 132pts	Munster 28pts
2003	Kilkenny City Harriers 129pts	Waterford 163pts	Munster 67pts
2004	Finn Valley 65pts	Donegal 112pts	Ulster 69pts
2005	St. Coca's 124pts	Donegal 179pts	Munster 51pts
2006	Dundrum South Dublin 83pts	Dublin 158pts	
2007	Lagan Valley 28pts	Antrim 63pts	Ulster 38pts
2008	St. Mary's Limerick 81pts	Donegal 129pts	
2009	Mullingar Harriers 61pts	Mayo 98pts	Leinster 39pts
2010	Mullingar Harriers 93pts	Dublin 162pts	Ulster 59pts
2011	Mullingar Harriers 75pts	Dublin 110pts	Munster 68pts
2012	Clonliffe Harriers 103pts	Dublin 63pts	Dublin 63pts
2013	Omagh Harriers 81pts	Clare 135pts	Ulster 44pts

2014	Westport 104pts	Cork 131pts	Munster 53pts
2015	Lagan Valley 128pts	Dublin 89pts	Ulster 46pts
2016	Westport 53pts	Mayo 125pts	Ulster 62pts
2017	Ennis Track 88pts	Dublin 83pts	Ulster 47pts
2018	United Striders 110pts	Dublin 108pts	Leinster 52pts
2019	United Striders 83pts	Cork 125pts	Munster 45pts

100m U15 Girls

1969	Aideen Morrisson	Crusaders	NT		
1970	M Gibbons	Dublin	13.1		
1971	Michele Walsh	Ballyfermot	12.7		
1972	Ann Jeffords	Cork	13.0		
1973					
1974	Kathleen Glavin	Midleton	12.9		
1975	Mary Fleming	Midleton	12.4		
1976	Michele Walsh	Ballyfermot	11.8		
1977	**Patricia Amond**	**St. Laurence O'Toole**	**11.9**		**CR**
1978	Lucy Phelan	Good Counsel	12.4		
1979	Mary Amond	St. Laurence O'Toole	12.4		
1980	Noelle Morrissey	Nenagh Olympic	12.2		
1981	Olive Burke	Limerick Emerald	12.3		
1982	Jacqui Stokes	Fethard	12.56		
1983	Jacqueline Crossan	Belfast Olympic	12.2		
1984	S O'Brien	Dooneen	12.27		
1985	Emer Haastrap	Lucan	12.2		
1986	Dervilla Hennelly	Ballinasloe	12.4		
1987	Louise Dollard	Ajax	12.6H		
1988	Jean O'Gorman	Newport	12.3H		
1989	Fiona Kelly	Limerick Emerald	12.4H		
1990	Deborah Brady	Togher	12.5H		
1991	Lynda Symonds	Leevale	12.19		
1992	Amanda Clifford	Leevale	12.59		
1993	Sharon Rowland	Roscrea	12.78		
1994	Aoife Ahearne	St. Mary's	12.63		
1995	Lisa Roche	Metro St. Brigid's	12.90		
1996	Emily Maher	Kilkenny City Harriers	12.37		
1997	Ailish Ahearne	Kilgobnet, Colligan and Kilbrien (K.C.K.)	12.5H		
1998	Anna Boyle	Ballymena & Antrim	12.97	-2.6	
1999	Jessika Zebo	Leevale	12.63	3.4	
2000	Aoife McNeill	Dundrum South Dublin	12.36		
2001	Sinead O'Neill	Templeogue	12.7H	-1.0	
2002	Gemma Hynes	Galway City Harriers	13.02	-0.5	
2003	Hayley Murphy	Ferrybank	12.77	1.5	
2004	Sharon Kilduff	Claremorris	13.00	-1.3	
2005	Kiki Malomo-Paris	North Down	12.83	0.4	
2006	Joan Healy	Bandon	12.68		
2007	Jane Dickenson	Dooneen	12.55	-0.5	
2008	Sarah Lavin	Emerald	12.48		
2009	Marie Heelin	Emerald	12.60	2.5	
2010	Bronwyn Keogh	Fingallians	12.42		
2011	Laura-Ann Costello	Galway City Harriers	12.53		
2012	Phoebe Murphy	Clonmel	12.75		
2013	Gina Akpe-Moses	Blackrock (Louth)	12.56		
2014	Alana Ryan	Greystones & District	12.54		
2015	Patience Jumba-Gula	St Gerard's	12.10	4.0	
2016	Nikolka Stevankova	Dooneen	12.62	-2.9	
2017	Erin Taheny	Corran	12.62	0.7	
2018	Lucy Mai Sleeman	Leevale	12.67	2.4	
2019	Olufunmilayo Maria Talabi	Longford	12.43	-0.7	

200m U15 Girls

1969	Aideen Morrisson	Crusaders	26.7
1970	M Gibbons	Dublin	27.0
1971	Louise McGettigan	Lifford	27.5
1972	Mary Appleby	Dublin	26.4
1973	Not held		
1974	V Keane	Leinster	27.0
1975	Caroline O'Shea	Crusaders	26.3

1976	Bernadette Kavanagh	Ballyfermot	25.2		
1977	**Patricia Amond**	**St. Laurence O'Toole**	**24.7**		**CR**
1978	Lucy Phelan	Good Counsel	26.0		
1979	Mary Amond	St. Laurence O'Toole	26.0		
1980	Noelle Morrissey	Nenagh Olympic	25.4		
1981	Patricia Walsh	Dundrum	25.9		
1982	Jacqui Stokes	Fethard	25.63		
1983	Jacqueline Crossan	Belfast Olympic	25.5		
1984	Paula Carthy	Clondalkin	25.22		
1985	Eimer Haastrup	Lucan Harriers	25.2		
1986	Dervilla Hennelly	Ballinasloe	25.5		
1987	Maura Farrell	St. Laurence O'Toole	25.7H		
1988	Adele Halpin	Walkinstown SAF	25.7H		
1989	Fiona Kelly	Limerick Emerald	26.02		
1990	Mary O'Connor	Leevale	26.7H		
1991	Lynda Symonds	Leevale	24.85		
1992	Suzanne Cummins	Roscrea	25.62		
1993	Grainne Redmond	Cushinstown	25.43		
1994	Sinead Galvin	Dom Savio	25.40		
1995	Ciara Sheehy	West Dublin	25.71		
1996	Emily Maher	Kilkenny City Harriers	24.93		
1997	Ailish Ahearne	Kilgobnet, Colligan and Kilbrien (K.C.K.)	25.9H		
1998	Sharon Kelly	Leevale	26.26	-0.9	
1999	Joanne Cuddihy	Kilkenny City Harriers	25.6H		
2000	Mandy Crowe	Bansha	24.90		
2001	Sinead O'Neill	Templeogue	25.91	1.3	
2002	Gemma Hynes	Galway City Harriers	25.59	3.3	
2003	Nicola Campbell	Unattached	26.66	0.5	
2004	Harriet Cross	Belgooly	25.84	-1.8	
2005	Kiki Malomo-Paris	North Down	26.42		
2006	Claire Mooney	Naas	25.82		
2007	Jane Dickenson	Dooneen	25.79		
2008	Sarah Lavin	Emerald	25.34	-0.8	
2009	Ciara Giles Doran	Ferrybank	25.34	-1.0	
2010	Katie Berney	Newbridge	26.14	-1.1	
2011	Laura-Ann Costello	Galway City Harriers	25.35		
2012	Phoebe Murphy	Clonmel	25.71		
2013	Gina Akpe-Moses	Blackrock, Louth	25.53		
2014	Alana Ryan	Greystones & District	25.87		
2015	Patience Jumba-Gula	St Gerard's	25.33	-0.3	
2016	Niamh Foley	St. Marys, Limerick	25.18	-0.1	
2017	Erin Taheny	Corran	26.10	0.2	
2018	Jennifer Sawyer	Barrow Valley	25.85	-0.9	
2019	Victoria Amiadamen	Dooneen	26.05	-2.8	

400m U15 Girls

1969	Eileen O'Driscoll	Raheny Shamrock			
1970	Not held				
1971	Sally Curry	Carlow	60.8		
1972	Carmel Higgins	Dublin	59.5		
1973	Not held				
1974	Not held				
1975	Mary Fleming	Midleton	57.7		
1976	Mary McKenna	Duagh	58.2		
1977	Noreen Fleming	Midleton	58.7		
1978	**Carol Meagan**	**Dundrum**	**56.8**		**CR**
1979	B Farrell	Kildare	58.4		
1980	Linda Jenkinson	Skerries	57.8		
1981	Patricia Walsh	Dundrum	57.8		
1982	Jacqui Stokes	Fethard	59.36		
1983	C Nolan	Pearse, Galway	58.3		
1984	Sinead Behan	Leevale	58.32		
1985	Helen Sullivan	Lucan Harriers	58.2		
1986	Aideen Egan	Newport	58.5		

Discontinued

800m U15 Girls

1969	Ann Lyons	Galway		
1970	Jean Appleby	Dublin	2.18.0	
1971	M Moloney	Dublin	2.20.5	
1972	Carmel Higgins	Dublin	2.19.4	
1973	Not held			
1974	Greta Hartnett	Cork	2.22.3	
1975	M Loobey	Tipperary	2.21.3	
1976	Mary McKenna	Truagh	2.16.4	
1977	Ann Byrne	Arklow	2.17.0	
1978	**Carol Meagan**	**Dundrum**	**2.10.3**	**CR**
1979	Aisling Molloy	Rising Sun	2.15.0	
1980	Linda Jenkinson	Skerries	2.15.2	
1981	Caroline Mullen	Mullingar Harriers	2.17.1	
1982	Teresa Walsh	Belfast Olympic	2.15.5	
1983	Teresa McKenna	Oriel	2.17.2	
1984	Anita Philpott	North Cork	2.13.18	
1985	Helen Sullivan	Lucan	2.13.09	
1986	Sonia Coleman	Dundrum	2.18.5	
1987	Colette Vaughan	Togher	2:17.H	
1988	Sandra Byrne	Ardmore Montrose Residents Association	2:16.2H	
1989	Arlene Smith	Breffni Harriers	2:13.4H	
1990	Joanne Sharkey	Rosses	2:18.9H	
1991	Denise Brady	Rathfarnham	02:20.55	
1992	Catriona O'Brien	Rathfarnham	2:20.5H	
1993	Maria Lynch	Dundrum South Dublin	02:19.93	
1994	Nessa Joyce	Dundrum South Dublin	02:18.05	
1995	Magt. M. Crowley	Bandon	02:19.79	
1996	Aoife Byrne	Dundrum South Dublin	02:12.01	
1997	Deirdre Murphy	Fr. Murphy	2:17.6H	
1998	Teresa O'Grady	West Muskerry	02:22.76	
1999	Hazel Murphy	Dundrum South Dublin	02:21.19	
2000	Sharon Monaghan	Fr. Murphy	2.15.28	
2001	Linda Byrne	Dundrum South Dublin	02:18.64	
2002	Michelle Sands	Athenry	02:21.61	
2003	Cheryl Nolan	St. Abban's	2:22.0H	
2004	Emer O'Connell	Blarney/Inniscara	02:23.72	
2005	Ciara Cronin	Ferrybank	02:16.34	
2006	Sarah Hennessy	St. Joseph's	2:22.0H	
2007	Mary Jones	Dundrum South Dublin	02:21.67	
2008	Amy O'Donoghue	Emerald	02:19.92	
2009	Aoife Keyes	Templeogue	02:16.42	
2010	Alana Lally	Galway City Harriers	2.18.09	
2011	Aisling Quinn	Ferrybank	02:17.92	
2012	Jennifer Hennessy	Youghal	02:23.59	
2013	Stephanie Cotter	West Muskerry	02:20.58	
2014	Katherine O'Connor	St Gerard's, Dundalk	02:20.03	
2015	Molly Brown	Metro St. Brigid's	02:21.50	
2016	Corrine Johanna Kenny	St. Laurence O'Toole	2.18.76	
2017	Aimee Hayde	Newport	2.15.63	
2018	Emma Moore	Galway City Harriers	2.11.98	
2019	Aoife Brown	Metro St. Brigid's	2.18.58	

1500m U15 Girls

1969	U Grace	Kilkenny	
1970	Jean Appleby	Dublin	5.01.8
1971	Beatrice Lambert	St. Laurence O'Toole	4.50.0
1972	Beatrice Lambert	St. Laurence O'Toole	4.45.7
1973-1974	**Not held**		
1975	M Loobey	Tipperary	4.56.8
1976	Valerie O'Mahoney	Togher	4.54.9
1977	Norann O'Flaherty	Galway City Harriers	4.46.0
1978	Geraldine Acheson	Enniscorthy	4.45.0
1979	Caroline Peppard	Kilmore (Dublin)	4.40.4
1980	Adrienne Dollard	Dundrum (Dublin)	4.42.6
1981	N Scannell	Pearse	4.44.8
1982	Patrica Logan	Limerick Emerald	4.44.8
1983	Teresa McKenna	Oriel	4.38.3
1984	Anita Philpott	North Cork	4.39.32
1985	Brid Kilgannon	Ballinasloe	4.37.9

1986	Sinead Delahunty	Kilkenny City Harriers	4.47.1		
1987	Natalie Davey	Claremorris	4.40.4		
1988	Freda Davoren	St. Brendan's	4:51.6H		
1989	Michele Moloney	North Cork	04:46.1		
1990	Colette O'Riordan	West Muskerry	4:49.1H		
1991	Doreen Dempsey	Unattached	04:47.0		
1992	Margaret Danagher	Templemore	4:47.6H		
1993	Maria Lynch	Dundrum South Dublin	04:43.5		
1994	Kathryn Casserly	Castlegar	04:51.3		
1995	Ann-Marie Larkin	Tullamore Harriers	04:39.4		
1996	Paula Sheehan	Blarney	4:40.4H		
1997	Ciara Broe	Inbhear Dee	04:40.96		
1998	Louise Murphy	Leevale	04:55.8		
1999	Hazel Murphy	Dundrum South Dublin	4:58.4H		
2000	Sharon Monaghan	Fr. Murphy	4.38.76		
2001	Ciara Durkan	Skerries	04:58.9		
2002	Joanne English	Letterkenny	04:55.8		
2003	Cheryl Nolan	St. Abban's	5:00.8H		
2004	Helen Ryan	St. Peter's Dromiskin	04:54.5		
2005	Ciara Cronin	Ferrybank	4:43.0H		
2006	Ciara Mageean	Lisburn	05:00.9		
2007	Mary Jones	Dundrum South Dublin	04:53.8		
2008	Amy O'Donoghue	Emerald	04:57.9		
2009	Siofra Cleirigh Buttner	Dundrum South Dublin	04:46.9		
2010	Alanna Lally	Galway City Harriers	04:47.9		
2011	Aisling Quinn	Ferrybank	04:47.8		
2012	Nadia Power	Templogue	04:42.6		
2013	Stephanie Cotter	West Muskerry	05:03.6		
2014	Alex O'Neill	St Cronan's	04:51.5		
2015	Molly Brown	Metro St. Brigid's	4:51.18		
2016	Jennifer McAdams	Tallaght	4.50.78		
2017	**Aimee Hayde**	**Newport**	**4.35.65**		**CR**
2018	Fiona Dillon	Thomastown	4.39.35		
2019	Kirsti Charlotte Foster	East Down	4.48.28		

3000m U15 Girls

1971	**Cushla Murphy**	**Shannon**	**9.48.5**		**CR**
1972	F O'Higgins	Dublin	10.31.2		

Discontinued

80m Hurdles U15 Girls

1974	Kathleen Glavin	Midleton	12.2	100m	
1975	Nora O'Grady	Nenagh Olympic	11.7	75m	
1976	Ann Murphy	Nenagh Olympic	11.8		
1977	Mary Fleming	Midleton	11.9		
1978	Helen Gourley	Lurgan	12.5		
1979	Claire Furlong	De La Salle Waterford	12.1		
1980	Noelle Morrissey	Nenagh Olympic	11.2		
1981	Olive Burke	Limerick Emerald	11.3		
1982	Paula Cash	Glen Abbey	11.83		
1983	C Nolan	Kilcock	12.1		
1984	**Brid Hallissey**	**Ferrybank**	**11.27**		**CR**
1985	Grace O'Grady	Nenagh Olympic	11.3		
1986	Susan Smith	St. Paul's, Waterford	11.6		
1987	Lisa Nicholson	Leevale	12.0H		
1988	Jean O'Gorman	Newport	11.4H		
1989	Sandra Ball	Limerick Emerald	12.43		
1990	Deborah Brady	Togher	11.8H		
1991	Melissa Collins	Loughrea	11.87		
1992	Laura Hartley	Ferrybank	12.56		
1993	Grainne Redmond	Cushinstown	12.39		
1994	Julie Davis	Lagan Valley			
1995	Aine Cuddihy	Carrick-on-Suir	12.52		
1996	Derval O'Rourke	Leevale	11.92		
1997	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	12.40		
1998	Sharon Kelly	Leevale	12.38	0.1	
1999	Catherine Crawford	Regent House	11.44	1.4	
2000	S McGlynn	St. John Bosco	12.80		

2001	Katey Byrd	Belgooly	12.64	2.5	
2002	Jenny Corcoran	Mid Sutton	12.65	1.9	
2003	Kalyn Sheehan	Ferrybank	11.75	4.0	
2004	Sinead Long	Carrick-on-Suir	13.05		
2005	Shauna Furman	Clonliffe Harriers	12.3H		
2006	Catherine McManus	Celtic	12.66	1.7	
2007	Joanna Mills	Ballymena & Antrim	12.13	2.4	
2008	Sarah Lavin	Emerald	12.0H		
2009	Anna Rogers	Tramore	12.37	1.4	
2010	Christine Campion	Celbridge	12.30		
2011	Kate McGowan	Tir Chonaill	11.54		
2012	Aideen Kane	Bree	12.60		
2013	Shannon Sheehy	Cushinstown	11.87		
2014	Ciara Deely	Kilkenny City Harriers	12.19		
2015	Miriam Daly	Carrick-on-Suir	11.75	1.8	
2016	Niamh Foley	St. Marys, Limerick	11.97	1.0	
2017	Laura Gallagher	Dundrum South Dublin	11.89	1.0	
2018	Lucy Mai Sleeman	Leevale	11.82		
2019	Ava Rochford	Ennis Track	12.49	-0.9	

250m Hurdles U15 Girls (0.686m/2'3)

1981	Caroline Kinnane	Nenagh Olympic	28.8	200m	
1982	Ciara Brophy	Marcab	30.33	200m	
1983	C Nolan	Kilcock	30.5	200m	
1984	Brid Hallissey	Ferrybank	28.75	200m	
1985	Siobhan Browne	Blackrock	29.05	200m	
1986	Susan Smith	St. Paul's, Waterford	28.9	200m	
1987	Lisa Nicholson	Leevale	29.2H	200m	
1988	Jean O'Gorman	Newport	28.6H	200m	
1989	Aisling Hearty	Dundealgan	29.87	200m	
1990	Deborah Brady	Togher	28.3H	200m	
1991	Melissa Collins	Loughrea	35.7H		
1992	Emma Gregg	West Dublin	37.5H		
1993	Grainne Redmond	Cushinstown	36.4H		
1994	Jeanne O'Dwyer	Kilkenny City Harriers	37.29		
1995	Aine Cuddihy	Carrick-on-Suir	38.27		
1996	Lorraine Carr	Glenbower	35.82		
1997	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	36.49		
1998	Dawn Kelly	Belgooly	37.80		
1999	Catherine Crawford	Regent House	34.47	1.2	
2000	Nicole O'Regan	Togher	37.05		
2001	Catriona Cuddihy	Kilkenny City Harriers	37.92		
2002	Holy Elizabeth Deegan	Ferrybank	39.00		
2003	Kalyn Sheehan	Ferrybank	36.47	1.8	
2004	Harriet Cross	Belgooly	36.92		
2005	Niamh O'Dowd	Carrick-on-Shannon	37.69		
2006	Yvonne Maher	Carrick-on-Suir	38.13		
2007	Chloe Fahy	Nenagh Olympic	36.73		
2008	Emma O'Gorman	Carrick-on-Suir	36.73		
2009	Ciara Giles Doran	Ferrybank	34.98		
2010	Nicole Lavin	Emerald	37.65		
2011	Laura Costello	Nenagh Olympic	37.52		
2012	Rachel Dunne	Dundrum South Dublin	37.36		
2013	Niamh Malone	Monaghan Phoenix	36.04		
2014	Ciara Deely	Kilkenny City Harriers	36.76		
2015	**Miriam Daly**	**Carrick-on-Suir**	**34.90**		**CR**
2016	Seren O'Toole	Galway City Harriers	36.10		
2017	Laura Gallagher	Dundrum South Dublin	36.38		
2018	Lucy McGlynn	Tir Chonaill	36.45		
2019	Harriet McCrossan	Lifford Strabane	36.79		

2000m / 2500m Walk U15 Girls

1981	F Grogan	Kilkenny City Harriers	8.10.7	1500m
1982	C Delaney	Crookstown	8.05.88	1500m
1983	Tina Mulcahy	Dungarvan	7.41.7	1500m
1986	Ailis Brosnan	An Riocht	13.39.0	2500m
1987	Caroline Condon	Portlaoise	13.24.2	2500m
1988	Aisling Ward	Dundealgan	13:48.2H	2500m
1989	Orla Kelly	Limerick Emerald	12:54.6H	2500m

1990	Rena Carey	Lismore	13:35.7H	2500m	
1991	Niamh Allen	Ballina	14:09.62	2500m	
1992	Florence Lanigan	St. Joseph's	13:05.5H	2500m	
1993	Claire Long	Ring Old Parish	13:39.78	2500m	
1994	Siobhan O'Malley	Bilboa	14:03.13	2500m	
1995	Kelly O'Keeffe	Shannon	12:59.4H	2500m	
1996	Serena O'Keeffe	Kilkenny City Harriers	12:59.4H	2500m	
1997	Geraldine Ryan	Bansha	11:04.8H		
1998	Ann O'Malley	Bilboa	10:15.75		
1999	Ciara McDermott	Ballina	10:52.50		
2000	Catriona McMahon	St. Marys Limerick	10.32.23		
2001	Ann Loughnane	Craughwell	10:02.08		
2002	Jean Madigan	St Mary's (Limerick)	11:19.99		
2003	Sorcha Prendiville	Lios Tuathail	10:21.90		
2004	Sinead Tighe	Ballinamore	10:32.13		
2005	Aoife Whelan	Finn Valley	11.26.H		
2006	Fiona Dennehy	St. Senan's	10:16.78		
2007	Emma Prendiville	Farranfore Maine Valley	10:49.88		
2008	**Kate Veale**	**West Waterford**	**9.37.0**		**CR**
2009	Alicia Boylan	Oriel	10:09.89		
2010	Edel Glennon	Mullingar Harriers	10:28.61		
2011	Sinead O'Connor	Celbridge	10:36.42		
2012	Dervla Beirne	Mohill	10:08.30		
2013	Isabel Morgan	St Senan's	11:12.68		
2014	Niamh O'Connor	Celbridge	09:52.35		
2015	Sarah Glennon	Mullingar Harriers	09:46.22		
2016	Siofra O'Dea	Kilmurray / Ibrikane / North Clare	9.55.15		
2017	Ava Ross	Glaslough Harriers	10.18.92		
2018	Niamh Carolan	North Leitrim	11.06.07		
2019	Aisling Lane	Mullingar Harriers	10.37.01		

High Jump U15 Girls

1969	Eileen O'Driscoll	Raheny Shamrock		
1970	E O'Connell	Cork	1.42	
1971	Anne Pedan	Tyrone	1.69	
1972	Margaret Crosse	Tipperary	1.39	
1973	Not held			
1974	Kathleen Glavin	Midleton	1.54	
1975	Audrey Long	Ballyfermot	1.58	
1976	S Kennedy	Crusaders	1.57	
1977	Noreen Fleming	Midleton	1.57	
1978	Yvonne Tannian	Galway City Harriers	1.65	
1979	Brid Tierney	Roscrea	1.54	
1980	Ann Marie Walsh	Dooneen	1.55	
1981	Clare Corrigan	Celtic	1.62	
1982	Jacqui Stokes	Fethard	1.65	
1983	Mary Ahern	Dooneen	1.59	
1984	Brid Hallissey	Ferrybank		
1985	Grace O'Grady	Nenagh Olympic	1.62	
1986	**Therese McDonald**	**Mid Sutton**	**1.67**	**CR**
1987	Sharon Foley	Lifford	1.65	
1988	Siobhan Dunne	Mid Sutton	1.64	
1989	Michelle Brown	Leevale	1.62	
1990	Edna Williams	St. Senan's	1.65	
1991	Georgina Brennan	Newbridge	1.60	
1992	Marie Madigan	North Cork	1.55	
1993	Deirdre Ryan	Claremorris	1.61	
1994	Rachel McMillan	Templemore	1.53	
1995	Ann Marie O'Callaghan	Kilmallock	1.55	
1996	Uni Ni Mhurchu	Crookstown	1.54	
1997	Carol Dunning	TOC	1.55	
1998	Carol Loscher	Roundwood	1.55	
1999	Michelle Doherty	Sparta North West	1.58	
2000	Sharon Heveran	Westport	1.55	
2001	Amanda Casey	St. Mary's	1.59	
2002	Jenny Reilly	Na Fianna	1.50	
2003	Mairead Murphy	Ferrybank	1.59	
2004	Maureen Farrell	Fr. Murphy	1.60	
2005	Maeve Keenan	Ballymena & Antrim	1.45	
2006	**Cathriona Farrell**	**Craughwell**	**1.67**	**CR**

2007	Catherina Corcoran	Bree	1.50	
2008	Emily Rogers	St. Peter's Dromiskin	1.50	
2009	Aisling Croke	Dooneen	1.64	
2010	Blathnaid Patton	Finn Valley	1.63	
2011	Neasa Murphy	Ferrybank	1.63	
2012	Aoife Naddy	Gowran	1.50	
2013	Alix Galbraith	City of Lisburn	1.58	
2014	Ciara Deely	Kilkenny City Harriers	1.66	
2015	**Sophie Meredith**	**St Mary's, Limerick**	**1.67**	**CR**
2016	Holly Meredith	St Mary's, Limerick	1.55	
2017	Roisin Kellegher	Annalee	1.61	
2018	Laura Frawley	St. Mary's, Limerick	1.65	
2019	Ava Rochford	Ennis Track	1.64	

Pole Vault U15 Girls

2015	**Aisling Cassidy**	**Bandon**	**2.65**	**CR**
2016	Anna Ryan	Moycarkey Coolcroo	2.45	
2017	Eadaoin Murtagh	Kildare	2.30	
2018	Una Brice (tied)	Leevale	2.40	
2018	Jodie McGrath (tied)	Nenagh Olympic	2.40	
2019	Ava Rochford	Ennis Track	2.45	

Long Jump U15 Girls

1969	S O'Connor	Galway	4.76
1970	A Stephens	Dublin	5.18
1971	Shiela Moriarty	Dublin	5.33
1972	Mary Fenton	Cork	5.24
1973	Not held		
1974	Kathleen Glavin	Midleton	5.10
1975	B Quilty	St. John's Park	5.20
1976	Sheila McMenamin	Finn Valley	5.18
1977	M Condron	St. Laurence O'Toole	5.13
1978	Mary Coogan	St. Laurence O'Toole	5.06
1979	C Lillet	Kilkenny City Harriers	5.22
1980	Noelle Morrissey	Nenagh Olympic	5.32
1981	Ann Brady	Kilmore	5.08
1982	Jacqui Stokes	Fethard	5.58
1983	Claire Furlong	De La Salle Waterford	5.06
1984	Brid Hallissey	Ferrybank	5.12
1985	Siobhan Hoey	Ballybrittas	5.34
1986	Susan Smith	St. Paul's, Waterford	5.25
1987	Orla McGuiness	Carrick-on-Shannon	5.20
1988	Edel Quigley	Skerries	5.27
1989	Claire Ingerton	Leevale	5.46
1990	Shauna Colhoun	Lifford	5.37
1991	Karen Keeshan	Leevale	5.30
1992	Donna McGrane	Belgooly	5.26
1993	Siobhan McWeeney	Carrick	5.31
1994	Grainne O'Mahoney	Claremorris	5.17
1995	Aine Cuddihy	Carrick-on-Suir	5.21
1996	Lorraine Carr	Glenbower	1.54
1997	Eimear Flannery	Portumna	5.31
1998	Aoife Hoey	Mountmellick	5.33
1999	Ciara Kearns	Celbridge	5.29
2000	Aoife Hazel McNeill	Dundrum South Dublin	5.45
2001	Donna Hosford	Leevale	5.43
2002	Gemma Hynes	Galway City Harriers	4.99
2003	Kalyn Sheehan	Ferrybank	5.34
2004	Ailbhe Enright	Naas	5.03
2005	Laura McKeown	City of Lisburn	5.15
2006	Aoife O'Connor	St. John Bosco	5.19
2007	Sally Rose Maughan	Castlebar	5.53
2008	Emily Burns	Ballina	4.94
2009	Ciara Giles Doran	Ferrybank	5.54
2010	Aoibhinn Mc Manus	City of Lisburn	5.13
2011	Kate McGowan	Tir Chonaill	5.50
2012	Aishling Forkan	Swinford	5.25
2013	Gina Akpe-Moses	Blackrock, Louth	5.47
2014	Sommer Lecky	Finn Valley	5.48

2015	**Sophie Meredith**	**St Mary's, Limerick**	**5.85**	**CR**
2016	Rhasidat Adeleke	Tallaght	5.39	
2017	Jennifer Hanrahan	Brothers Pearse	5.47	
2018	Laura Frawley	St. Mary's, Limerick	5.70	
2019	Katie O'Regan	Riverstick Kinsale	5.23	

Triple Jump U15 Girls

1969	M Warren	Cork	9.68	
1970	**B Wyse**	**Waterford**	**10.07**	**CR**
1971	Dolores Duggan	Mayo	10.02	
1972	Mary Fenton	Cork	10.06	

Discontinued

Shot Put U15 Girls (2.72kg)

1969	Eileen O'Hanlon	Galway	8.17
1970			
1971	Jacinta Ryan	Tipperary	8.95
1972	Jacinta Ryan	Tipperary	8.96
1973	Not held		
1974	Marita Walton	Kilkenny City Harriers	11.51
1975	Marita Walton	Kilkenny City Harriers	13.10
1976	Joan Dooley	Glenstal	12.55
1977	A Prendergast	De La Salle Waterford	11.11
1978	Mary Kavanagh	Crusaders	11.69
1979	Brid Naughton	Nenagh Olympic	12.89
1980	P Kerins	Clonmel	12.13
1981	Debbie Tobin	Dooneen	11.67
1982	Eva Nangle	Tramore	10.67
1983	Elaine Boland	Limerick Emerald	11.36
1984	Michelle Kirwan	Clogherhead	13.29
1985	Ailish O'Brien	Dungarvan	13.00
1986	Louise Kane	North Down	12.11
1987	Elaine Hayes	North Laois	11.62
1988	Anne Marie Flannery	Monaghan Phoenix	12.57
1989	Deirdre Bloomer	Mountmellick	11.64
1990	Roisin Morrin	North Laois	11.09
1991	Catherine Burke	Nenagh Olympic	10.54
1992	Carolyn Godkin	Kilmore	11.75
1993	Niamh Hopkins	Westport	10.51
1994	Julie McCorry	Ballymena & Antrim	12.02
1995	Eva Massey	North Down	10.92
1996	Denise Murphy	Leevale	11.20
1997	Diane Cashman	Glenbower	10.28
1998	Fionnuala Lombard	Leevale	12.00
1999	Brid Breathneach	Galway City Harriers	10.63
2000	Leanne Hayes	North Laois	10.47
2001	Sonia Kennedy	Ferrybank	10.94
2002	Yvonne Hickey	Gowran	10.48
2003	Laura Cogan	Newbridge	11.81
2004	Niamh Mooney	Bilboa	10.38
2005	Aoife Hickey	Kilkenny City Harriers	12.10
2006	Valerie Mitchell	Newport	11.46
2007	Ailish Sheehan	Dooneen	12.13
2008	Niamh Murphy	Blarney/Inniscarra	11.40
2009	Laura McSweeney	Bandon	12.38
2010	Niamh McLoughlin	Westport	11.17
2011	Ciara Dunne	Crookstown Millview	12.85
2012	Michaela Walsh	Swinford	13.87
2013	Orlaith O'Brien	Ferrybank	11.33
2014	Marguerite Furlong	Adamstown	12.71
2015	Hannah Kelly	Kilkenny City Harriers	12.16
2016	**Ciara Sheehy**	**Liscarroll**	**13.93** **CR**
2017	Casey Mulvey	Inny Vale	13.61
2018	Adrienne Gallen	Lifford Strabane	11.52
2019	Katroyne Pacerinskaite	Fanahan McSweeney	13.56

Discus U15 Girls (0.75kg)

1969	A Sherlock	Dublin	25.22	
1970	Marie Flynn	Clare	24.59	
1971	A Weadick	Wicklow	24.84	
1972	Jacinta Ryan	Tipperary	29.98	
1973	Not held			
1974	Marita Walton	Kilkenny City Harriers	37.86	
1975	Marita Walton	Kilkenny City Harriers	37.04	
1976	Joan Dooley	Glenstal	36.38	
1977	A Prendergast	De La Salle Waterford	27.68	
1978	Mary Kavanagh	Crusaders	32.25	
1979	S Furlong	St. Johns Park	29.43	
1980	Michelle Kirwan	De La Salle Waterford	30.96	
1981	Breda Wall	Athy	33.21	
1982	Eva Nangle	Tramore	36.26	
1983	Elaine Boland	Limerick Emerald	37.52	
1984	Michelle Kirwan	Clogherhead	33.04	
1985	Ailish O'Brien	Dungarvan	39.58	
1986	Louise Kane	North Down	33.92	
1987	U Guinan	St. Paul's	32.37	
1988	Anne Marie Flannery	Monaghan Phoenix	32.78	
1989	Martha Halpin	Shelbourne	32.16	
1990	Roisin Morrin	North Laois	30.74	
1991	Yvonne Hogan	East Clare	26.98	
1992	Deirdre O'Connor	East Clare	30.96	
1993	Leanne Garvey	Banbridge	28.88	
1994	Clara Thompson	Bree	34.52	
1995	Eva Massey	North Down	28.12	
1996	Eileen O'Keeffe	Kilkenny City Harriers	30.76	
1997	Diane Cashman	Glenbower	32.20	
1998	Fionnuala Lombard	Leevale	30.61	
1999	Sinead Murphy	Carrick-on-Suir	32.37	
2000	Rachel Akers	East Clare	34.99	
2001	Sonia Kennedy	Ferrybank	31.00	
2002	Leanne Hynes	Na Fianna	32.50	
2003	Sarah Bradfield	Bandon	33.87	
2004	Dearbhil Cronin O'Reilly	Star of the Laune	32.64	
2005	Clare Fitzgerald	Tralee Harriers	31.19	
2006	Valerie Mitchell	Newport	29.19	
2007	Zoe Scanlon	West Waterford	37.39	
2008	Jade Power	Ferrybank	33.97	
2009	Kate Hickey	West Waterford	36.16	
2010	Kayleigh Cronin	Spa Muckross	33.56	
2011	Ciara Dunne	Crookstown Millview	29.41	
2012	Sally Smith	Bandon	30.63	
2013	Nicole Kehoe-Dowling	St. Abban's	31.73	
2014	Marguerite Furlong	Adamstown	34.29	
2015	Martha Quain	Carriag Na Bhfear	35.50	
2016	Ciara Sheehy	Liscarroll	31.92	
2017	**Megan Lenihan**	**North Cork**	**42.52**	**CR**
2018	Niamh Quinn	Cushinstown	31.88	
2019	Molly Coffey O'Connor	Clones	36.39	

Javelin U15 Girls (400g)

1969	A Sherlock	Dublin	
1970	Mary Flynn	Clare	22.59
1971	Dolores Duggan	Mayo	21.52
1972	Margaret Crosse	Tipperary	28.23
1973			
1974	Elizabeth Hurley	St. Benedicts	35.15
1975	S McGrade	Dungannon	33.07
1976	M Clancy	Kings Hospital	28.38
1977	Marena Corcoran	Galway City Harriers	33.30
1978	B Fitzsimons	Galway City Harriers	33.70
1979	Claire Furlong	De La Salle Waterford	30.54
1980	Brenda Walsh	Corbally	36.45
1981	J Connaghy	Lourdes	32.45
1982	Anita Kane	North Down	38.56
1983	Claire Furlong	De La Salle Waterford	31.36
1984	Alison Moffitt	North Down	36.66

1985	Lorraine Coffey	Marcab	37.34	
1986	Louise Kane	North Down	35.82	
1987	Katrina Campbell	Belfast Olympic	33.34	
1988	Anne Marie Flannery	Monaghan Phoenix	34.06	
1989	Siobhan Moran	Bree	33.06	
1990	Linda Mostyn	Carrick	31.28	
1991	Catherine Burke	Nenagh Olympic	30.82	
1992	Carolyn Godkin	Kilmore	30.28	
1993	Leanne Tutty	De La Salle Waterford	30.90	
1994	Jackie Ryan	Farranfore Maine Valley	26.86	
1995	Katherine McGinn	Overseas	32.20	
1996	Emily Kitney	Overseas	36.58	
1997	Emma Donnelly	Lisburn	26.94	
1998	Karen Dunne	Carrick-on-Suir	31.07	
1999	Lisa Fryer	Lagan Valley	35.65	
2000	Sarah Grehan	Edenderry	33.21	
2001	Christine Cody	Bagenalstown	31.25	
2002	Caroline Oakes	Regent House	31.28	
2003	Kerry Harvey	Lagan Valley	34.37	
2004	Ruth Farrelly	Clonliffe Harriers	38.02	
2005	Clare Fitzgerald	Tralee Harriers	32.44	
2006	Mary Moynihan	Farranfore Maine Valley	36.34	
2007	Zoe Scanlon	West Waterford	35.80	
2008	Jenny Murphy	Abbey Striders	37.55	
2009	Mairead Drewitt	Naas	30.75	
2010	Kayleigh Cronin	Spa Muckross	33.02	
2011	Jacqueline Burns	Crookstown HS	41.40	
2012	Michaela Walsh	Swinford	32.76	
2013	Orlaith O'Brien	Ferrybank	36.25	
2014	Katherine O'Connor	St Gerard's	39.43	
2015	Katie Moynihan	Liscarroll	38.15	
2016	Ciara Murphy McHugh	Claremorris	36.14	
2017	**Aoibhinn McMahon**	**Blackrock, Louth**	**42.41**	**CR**
2018	Amy Whelan	Liscarroll	38.71	
2019	Ellie McCurdy	Lifford Strabane	37.56	

Hammer U15 Girls (2.5kg)

2000	**Rachel Akers**	**East Clare**	**56.35**	**CR**
2001	Aoife Naughton	Nenagh Olympic	38.48	
2002	Leanne Hynes	Na Fianna	38.18	
2003	Katie O'Shea	Farranfore Maine Valley	42.33	
2004	Maggie Donnelly	Mid Ulster	35.83	
2005	Aoife Hickey	Kilkenny City Harriers	43.42	
2006	Meg Fitzgerald	West Waterford	33.16	
2007	Gaby McNally	Abbey, Belfast	39.89	
2008	Mairead O'Neill	Gneeveguilla	38.41	
2009	Mary Bohanna	Drinagh-Murrintown-Piercestown (DMP)	39.08	
2010	Alice Akers	Marian	44.01	
2011	Kelly Brady	Bohermeen	38.81	
2012	Michaela Walsh	Swinford	48.66	
2013	Kathlyn Furlong	Drinagh-Murrintown-Piercestown (DMP)	46.53	
2014	Sinead Warren	Gneeveguilla	35.84	
2015	Jade Williams	Shercock	53.21	
2016	Oliva Cuskelly	Lifford / Strabane	42.26	
2017	Eadaoin Coady	St. Abban's	40.50	
2018	Adrienne Gallen	Lifford / Strabane	49.27	
2019	Kotryna Pacerinskaite	Fanahan McSweeney	45.88	

4x100m Relay U15 Girls

1969		Dublin	53.7
1970			
1971		Cork	NT
1972		Dublin	53.7
1973		Letterkenny	51.3
1974		Not contested	
1975		Kilkenny City Harriers	52.5
1976		Nenagh Olympic	52.0
1977		St. Laurence O'Toole	51.9
1978		Good Counsel	51.3

1979	Nenagh Olympic	50.2	
1980	Nenagh Olympic	51.1	
1981	Dundrum	52.0	
1982	GAB	50.5	
1983	Dooneen	51.7	
1984	Dooneen	50.7	
1985	Lucan Harriers	50.34	
1986	Ajax	51.4	
1987	Leevale	51.1H	
1988	Skerries	50.1H	
1989	Limerick Emerald	50.4H	
1990	Leevale	49.6H	
1991	Kilkenny City Harriers	50.79	
1992	Dundrum South Dublin	51.1H	
1993	Dundrum South Dublin	50.9H	
1994	**Metro St. Brigid's**	**49.5H**	**CR**
1995	West Dublin	50.6H	
1996	Kilkenny City Harriers	50.7H	
1997	Leevale	50.9H	
1998	Leevale	49.9H	
1999	Dundrum South Dublin	49.7	
2000			
2001	Leevale	51.20	
2002	Galway City Harriers	51.65	
2003	Ferrybank	49.98	
2004	Dooneen	51.68	
2005	Athenry	52.94	
2006	Leevale	51.53	
2007			
2008	Bree		
2009	Dooneen	52.40	
2010	Tír Chonaill	51.3H	
2011	Leevale	51.89	
2012	Nenagh Olympic	52.50	
2013	Emerald	51.07	
2014	Emerald	51.08	
2015	Dooneen	50.41	
2016	Galway City Harriers	50.90	
2017	Dundrum South Dublin	50.37	
2018			
2019	Dooneen	51.18	

4x400m Relay U15 Girls

1979	Dundrum	4.05.8
1980	Belfast Olympic	4.07.6
1981	Dundrum	4.06.0
1982	Pearse	4.10.3
1983	St. Senan's	4.12.4
1984	Clondalkin	4.09.3
1985	Limerick Emerald	4.11.70
1986	Colaiste Einde	4.06.0

Discontinued

4x100m Relay Inter County U15 Girls

1992	Tipperary	51.24
1993	Tipperary	52.1H
1994	Kildare	
1995		
1996		
1997		
1998		
1999		
2000		
2001		
2002	Wicklow	52.60
2003		
2004	Wexford	52.9H
2005	Kerry	53.62
2006	Cork	51.8H

2007	Tipperary	51.8H	
2008	Wexford	52.5H	
2009	Kerry	53.70	
2010	Donegal	51.60	
2011	Tipperary	51.15	
2012	Tipperary	50.30	
2013	Kildare	51.90	

Discontinued

Combined Events U15 Girls

1981	Noelle Morrissey	Nenagh Olympic	3318		
1982	Carol Furlong	De La Salle Waterford	2934		
1983					
1984	Brid Hallissey	Ferrybank	3533		
1985	Grace O'Grady	Nenagh Olympic	2871		
1986	Samantha Dwyer	Leevale			
1987	Michelle Mulcahy	Dungarvan	2680		
1988	Sorcha McCaul	Carrickmacross	2954		
1989	Sandra Ball	Limerick Emerald	3021		
1990	Patricia Naughton	Nenagh Olympic	2961		
1991	Melissa Collins	Loughrea	2919		
1992	Edel O'Brien	Newbridge	2724		
1993	Deirdre Ryan	Claremorris	2300		
1994	Rachel McMillan	Templemore	2263		
1995	Aine Cuddihy	Carrick-on-Suir	2929		
1996	Sinead Swan	Taghmon	2764		
1997	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	2443		
1998	Maria O'Rourke	St. Laurence O'Toole	2518		
1999					
2000	Shireen McDonagh	Dundrum South Dublin	2398		
2001					
2002	Joanne English	Letterkenny	2779		
2003	Mairead Murphy	Ferrybank	3243		
2004					
2005					
2006	Orla Finn	Riverstick / Kinsale	3058		
2007	Jennifer Murphy	Leevale	2658		
2008	Megan Kiely	Ferrybank	2858		
2009	Ciara Giles Doran	Ferrybank	3070		
2010	Grace McKenzie	Belgooly	3032		
2011	Deirbhile Ryan	Nenagh Olympic	2790		
2012	Niamh Kelly	Boyne	2792		
2013	Arlene Crossan	Letterkenny	3123		
2014	Vickie Cusack	Liscarroll	2893		
2015	**Sophie Meredith**	**St Mary's (Limerick)**	**3462**		**CR**
2016	Ava Hennessy	Clonmel	2820		
2017	Molly Curran	Carmen Runners	2300	*4 Events	
2018	Laura Frawley	St. Mary's	3160		
2019	Ava Rochford	Ennis	3223		

Cross Country U15 Girls

1969	Geraldine Hogan	Clare
1970	Beatrice Lambert	St. Laurence O'Toole
1971	Beatrice Lambert	St. Laurence O'Toole
1972	Maura Connolly	Carlow
1973	Fionnuala Morrish	Leevale
1974	A McCarthy	Roxboro
1975	Valerie O'Mahoney	Togher
1976	Carol Meagan	Dundrum Family Recreation Centre
1977	Carol Meagan	Dundrum Family Recreation Centre
1978	Caroline Peppard	Kilmore
1979	Alison O'Neill	Northern Region
1980	Patricia Logan	Limerick
1981	Patricia Logan	Limerick
1982	C Nolan	Western Region
1983	Christine Lynch	Northern Region
1984	Belinda McArdle	Finn Valley

1985	Sinead Delahunty	Kilkenny City Harriers
1986	Louise Hayes	Crookstown Millview
1987	Rowena Lynch	Mullingar Harriers
1988	Michelle Moloney	North Cork
1989	Susan Murnane	Limerick Emerald
1990	Colette O'Riordan	West Muskerry
1991	Orla O'Mahoney	Marian
1992	Noelle Kelly	Marian
1993	Marie Lynch	Dundrum South Dublin
1994	Kathryn Casserly	Castlegar
1995	Ann-Marie Larkin	Tullamore Harriers
1996	Deirdre Byrne	Unattached
1997	Ciara Broe	Inbhear Dee
1998	Niamh Walsh	Glenbower
1999	Cheryl Guiney	Lagan Valley
2000	Sharon Monaghan	Fr. Murphy
2001	Linda Byrne	Dundrum South Dublin
2002	Joanne English	Letterkenny
2003	Sara Louise Treacy	Moynalvey
2004	Ciara Cronin	Ferrybank
2005	Ciara Cronin	Ferrybank
2006	Ciara Mageean	City of Lisburn
2007	Mary Ann O'Sullivan	Tinryland
2008	Siofra Cleirigh Buttner	Dundrum South Dublin
2009	Alanna Lally	Galway City Harriers
2010	Clodagh O'Reilly	Annalee
2011	Aisling Quinn	Ferrybank
2012	Siobhra O'Flaherty	St. Laurence O'Toole
2013	Caoimhe Harrington	West Muskerry
2014	Olivia Nelson	City of Lisburn
2015	Sarah Healy	Blackrock, Dublin
2016	Lucy Holmes	West Waterford
2017	Aimee Hayde	Newport
2018	Emma Landers	Youghal
2019	Kirsti Charlotte Foster	Willowfield Harriers

Cross Country Team U15 Girls

	Club	**County**	**Region**
1969	Blackrock	Clare	Not contested
1970	Leevale 30pts	Dublin 65pts	Not contested
1971	Grange	Cork	Not contested
1972	Laurence O'Toole's 38pts	Not contested	Cork 59pts
1973	Midleton	Not contested	Cork 42 pts
1974	Youghal 38pts	Not contested	Cork 77pts
1975	Togher	Not contested	Cork 35 pts
1976	Grotto 74pts	Not contested	Munster 56pts
1977	St. Johns Park 41pts	Not contested	Leinster 36pts
1978	Limerick Emerald 60pts	Not contested	Connacht 90pts
1979	Dundrum 90pts	Not contested	Dublin 58pts
1980	Finn Valley 54pts	Not contested	Ulster 69pts
1981	Castlebar 63pts	Not contested	Ulster 57pts
1982	St Senans 98pts	Not contested	Leinster 50pts
1983	Limerick Emerald 97pts	Not contested	Ulster 53pts
1984	Castlebar 26pts	Not contested	Connacht 52pts
1985	Dundrum 57pts	Not contested	Leinster 56pts
1986	Finn Valley 72pts	Not contested	Leinster 56pts
1987	Ballybrack 85pts	Not contested	Munster 72pts
1988	North Cork 36pts	Not contested	
1989	North Cork 54pts	Not contested	Munster 32pts
1990	Bilboa 28pts	Not contested	Munster 30pts
1991	Marian 67pts	Not contested	Munster 30pts
1992	Marian 33pts	Not contested	Munster 26pts
1993	Dundrum South Dublin 29pts	Not contested	Munster 47pts
1994	Glenbower 22pts	Not contested	Munster 47pts
1995	Dundrum South Dublin 71pts	Not contested	Munster 41pts
1996	Dundrum South Dublin 42pts	Not contested	Munster 53pts
1997	West Muskerry 47pts	Not contested	Munster 55pts
1998	West Muskerry 76pts	Not contested	Munster 43pts
1999	West Muskerry 99pts	Not contested	Leinster 70pts
2000	Dundrum South Dublin 35pts	Not contested	Dublin 44pts
2001	Dundrum South Dublin 41pts	Not contested	Dublin 68pts
2002	Dundrum South Dublin 94pts	Dublin 77pts	Dublin 67pts

2003	Mullingar Harriers 58pts	Louth 150pts	Leinster 50pts	
2004	Dundrum South Dublin 22pts	Waterford 51pts	Munster 43pts	
2005	Ferrybank 31pts	Waterford 64pts	Munster 40pts	
2006	Dundrum South Dublin 63pts	Dublin 81pts		
2007	Lagan Valley 77pts	Dublin 128pts	Munster 56pts	
2008	Celtic Dublin City Harriers 63pts	Dublin 72pts		
2009	St. Johns 93pts			
2010	Dundrum South Dublin 86pts	Cork 160pts	Munster 72pts	
2011	Ferrybank 120pts	Waterford 86pts	Munster 39pts	
2012	West Waterford 50pts	Waterford 111pts	Munster 43pts	
2013	Inbhear Dee 64pts	Cork 121pts	Leinster 53pts	
2014	Dundrum South Dublin 55pts	Dublin 77pts	Ulster 52pts	
2015	Metro / St. Brigids 92pts	Dublin 78pts	Leinster 62pts	
2016	West Waterford 123pts	Cork 112pts	Munster 51pts	
2017	Thomastown 109pts	Kilkenny 139pts	Munster 65pts	
2018	Youghal 53pts	Cork 119pts	Leinster 62pts	
2019	Leevale 69pts	Cork 84pts	Ulster 54pts	

80m / 100m U14 Boys

1966	M McGrath	Cork	11.6	IJAB	
1967	Finbarr Jeffords	Cork	11.1		
1968	A Doady	Tipperary	11.6		
1969-1970 Not held					
1971	Danny Buckley	Cork	12.2		
1972	S Power	Waterford	12.8		
1973	Jim Crotty	Cork	11.5		
1974	David O'Flaherty	Pearse	12.1		
1975	Colman O'Flaherty	Pearse	11.6		
1976	J Harkin	Greenfields	12.2		
1977	Paul O'Brien	Corbally	11.5		
1978	P Collins	Bray	12.1		
1979	Paul Sheedy	Limerick Emerald	12.1		
1980	John Malone	Tullamore Harriers	11.2		
1981	Patrick Hayes	Trim	12.2		
1982	Aidan O'Toole	St. Patricks	12.31		
1983	S Quinn	AMRA	12.0		
1984	B O'Rourke	St. Michaels	12.2		
1985	A Desmond	Blarney	11.8		
1986	Alan McCarthy	Youghal	11.7		
1987	Thomas Cummins	Dooneen	11.9H		
1988	Brian Thornton	Clifden	11.8H		
1989	Padraig Lewis	North Laois	11.7H		
1990	Jeff Casey	Leevale	11.8H		
1991	Mark Russell	West Dublin	12.02		
1992	Liam Murray	Finn Valley	12.32		
1993	Edmund O'Carroll	Togher	12.08		
1994	Diarmuid McGrath	Leevale	12.12		
1995	Brian Murphy	Kilmore Wexford	12.28		
1996	Darren Coughlan	Bandon	11.7H		
1997	Jonathan McGee	Ballymena & Antrim	12.00		
1998	Darragh Graham	Inbhear Dee	12.15	-2.8	
1999	Alan McPhillips	Dundrum South Dublin	11.72	3.4	
2000	Daniel Pugh	Ballymena & Antrim	12.33		
2001	Gerard Tobin	Clounalour	11.9H	-0.4	
2002	Brendan O'Connor	Beara	10.42	-0.9	
2003	Leighton Wilson	Ballymena & Antrim	9.4H		
2004	Scott Hamilton	Regent House	10.34	-2.8	
2005	Gerard Maguire	Erne Integrated College, Enniskillen	10.00	1.1	
2006	Shay McIntosh	Ballymena & Antrim	9.87		
2007	Conor Wilson	Menapians	10.26	-0.3	
2008	Marcus Lawler	St. Laurence O'Toole	10.07		
2009	Garbhan McKenna	Glaslough Harriers	10.17	1.9	
2010	Paul Manning	St. Joseph's	10.18	0.3	
2011	Ryan Murray	Bree	10.19		
2012	Daniel Ryan	Moycarkey Coolcroo	9.93		
2013	David Murphy	Gowran	9.93		
2014	Conor Morey	Leevale	9.93		
2015	**Matthew Buckley**	**Ratoath**	**9.49**		**CR**
2016	Conor Commane	Tralee Harriers	9.94		
2017	Shane Gevero	Cabinteely	9.57		
2018	Evan Farrelly	Tullamore Harriers	9.98		

2019	Denis Matthews	Dooneen	9.73		

200m U14 Boys

1967	Finbarr Jeffords	Cork	25.9		
1968	J Curtin	Cork	NT		
1969-1970	**Not held**				
1971	Padraig Jordan	Mayo United	25.3		
1972	Eamonn McKeown	Tipperary	25.0		
1973	Jim Crotty	Cork	24.4		
1974	A Kenny	Marcab	24.8		
1975	Colman O'Flaherty	Pearse, Galway	24.4		
1976	Pat O'Halloran	Ballymore/Cobh	25.1		
1977	Brian Eiffe	St. Andrews, Ashbourne	23.9		
1978	P Collins	Bray	25.2		
1979	Fergus Sixsmith	Athy	24.3		
1980	John Malone	Tullamore Harriers	24.8		
1981	Mike Cronin	Riocht	25.5		
1982	M Dreeling	Gowran	28.26		
1983	S Quinn	AMRA	24.4		
1984	Alan Clooney	St. Pauls Waterford	24.2		
1985	F O'Mahoney	Clonmel	24.0		
1986	**Alan McCarthy**	**Youghal**	**23.6**		**CR**
1987	Thomas Cummins	Dooneen	23.9H		
1988	Daniel Lawson	Leevale	24.4H		
1989	Padraig Lewis	North Laois	24.72		
1990	Robert Armah Kwantreng	Dundrum	25.1H		
1991	Owen McCarthy	St. Brendan's	24.04		
1992	Robert Daly	Dundrum South Dublin	23.97		
1993	Edmund O'Carroll	Togher	24.99		
1994	Diarmuid McGrath	Leevale	23.8		
1995	Robert Kelly	Kilmore Dublin	24.36		
1996	Karl Kennedy	Kilmore Dublin	23.72		
1997	Cian Sheppard	Ballincollig	25.55		
1998	Darragh Graham	Inbhear Dee	23.77	-0.1	
1999	Brian Gough	St. Andrew's, Ashbourne	24.06	2.6	
2000	P Corrigan	Shercock	24.18		
2001	Gerard Tobin	Clounalour A.C.	23.86	0.9	
2002	Brendan O'Connor	Beara	25.67	3.3	
2003	Leighton Wilson	Ballymena & Antrim	24.52	0.4	
2004	Christopher Murnane	Leevale	26.96	-2.9	
2005	Gerard Maguire	Erne Integrated College, Enniskillen	25.47		
2006	Shay McIntosh	Ballymena & Antrim	24.35		
2007	Ciaran Greene	Templeogue	25.45	0.1	
2008	Marcus Lawler	St. Laurence O'Toole	24.66	1.5	
2009	Adam Raitt	Brothers Pearse	25.50	-0.2	
2010	Paul Manning	St Joseph's	25.41	-0.5	
2011	Ciaran O'Shaughnessy	Celbridge	26.00		
2012	Junior Echeruwe	Limerick	25.07		
2013	Tony Odubote	Ennis Track	25.44		
2014	Ben Mooney	Greystones & District	24.37		
2015	Matthew Buckley	Ratoath	24.47		
2016	Conor Commane	Tralee Harriers	24.70		
2017	Glory Wenegieme	Belgooly	24.49		
2018	Timmy Wilk	Ballymore Cobh	25.23		
2019	John Cashman	Leevale	24.11	-0.2	

400m U14 Boys

1971	J Kirwan	Carlow	57.0
1972	Eamonn McKeown	Tipperary	54.8
1973	David O'Flaherty	Pearse	55.4
1974	David O'Flaherty	Pearse	53.9
1975	M McDermott	Pearse	55.5
1976	C Brady	Dundrum Family Recreation Centre	56.5
1977	Paddy McIntyre	Clane	55.7

1978	A Jackson	Bray	56.7		
1979	Fergus Sixsmith	Athy	54.5		
1980	Bernard O'Sullivan	Leevale	55.2		
1981	C Jordon	Banbridge	56.0		
1982	D Jones	Donore Harriers	55.27		
1983	P Walsh	Dundrum	55.9		
1984	Eugene Farrell	Kildare	54.47		
1985	**F O'Mahoney**	**Clonmel**	**53.14**		**CR**
1986	J Murphy	Barrow Valley	56.4		

Discontinued

800m U14 Boys

1971	Noel Murphy	Kilkenny City Harriers	2.11.0		
1972	P Prendergast	Dublin	2.10.1		
1973	Brendan Blaney	Omagh	2.12.2		
1974	Brian McBride	Glenree	2.07.6		
1975	Brian Regan	Grange-Fermoy	2.07.3		
1976	C Brady	Dundrum Family Recreation Centre	2.09.0		
1977	M Gillen	Mullingar Harriers	2.08.9		
1978	Eugene Curran	Ardee	2.08.1		
1979	Paul O'Toole	Enniscorthy	2.05.9		
1980	I Bolger	Limerick Emerald	2.11.7		
1981	Mark Harte	Bandon	2.08.6		
1982	M Dreeling	Gowran	2.08.2		
1983	Bill Mullaney	Thurles Crokes	2.00.6		
1984	P Condon	Limerick Emerald	2.04.75		
1985	Danny O'Brien	Newport	2.04.4		
1986	PJ O'Rourke	Newport	2.04.7		
1987	Gabriel Murtagh	Mullingar Harriers	2:06.H		
1988	Oliver Power	St. Mary's	2:10.8H		
1989	Stephen Coade	Eagle	02:04.26		
1990	Ken Hennessey	Leevale	2:06.7H		
1991	James Nolan	Ferbane	02:02.31		
1992	**Jason Delaney**	**United Striders**	**2.04.2**		**CR**
1993	Denis Murphy	Glounthaune	02:05.53		
1994	Colm Mangan	St. Deirbhles	02:10.49		
1995	Robert Kelly	Kilmore Dublin	02:06.94		
1996	Thomas McKeown	West Wicklow	02:04.24		
1997	Paul McGee	Finn Valley	2:05.7H		
1998	Martin Agnew	Ballymena	2:05.8H		
1999	Hugh O'Neill	Celbridge	02:06.90		
2000	Craig Delvari	Metro St. Brigid's	2.08.00		
2001	Adrian Toolin	Dunshaughlin	2.13.47		
2002	John Collins	Skibbereen	2.13.93		
2003	Mark Shalloe	West Waterford	2:16.4H		
2004	Jason Gray	Lough Ree	02:15.60		
2005	Michael O'Sullivan	West Muskerry	02:07.90		
2006	Paul Scanlon	Overseas	2:12.4H		
2007	Ruairi Finnegan	Letterkenny	02:15.71		
2008	Shane Fitzsimons	Mullingar Harriers	02:07.26		
2009	Conor Murray	Tallaght	02:14.43		
2010	Harry Larkin	Lucan Harriers	02:12.09		
2011	Mustafa Nasir	Tallaght	02:08.16		
2012	Kevin McGrath	Bohermeen	02:11.71		
2013	Aaron McGlynn	Finn Valley	02:12.19		
2014	Ben Jones	Greystones & District	02:10.82		
2015	Cian McPhillips	Longford	02:15.30		
2016	Aaron Shorten	St. Laurence O'Toole	2.14.71		
2017	Oisin Kelly	Cranford	2.13.55		
2018	Finn O'Neill	City of Derry Spartans	2.08.09		
2019	Daire Culligan	Fergus	2.12.52		

1500m / Mile U14 Boys

1967	T Carroll	Dublin	5.03.9	One Mile	IJAB
1968	F Roche	Dublin	NT	One Mile	IJAB

1969 -1970 Not held

1971	T Butler	Limerick	4.23.2		

1972	Paul Dunne	Dublin	4.20.8	
1973	S O'Connor	Dublin	4.27.8	
1974	Noel Daly	Dublin	4.28.9	
1975	Brian Regan	Grange-Fermoy	4.26.5	
1976	John Wrafter	Tullamore Harriers	4.27.9	
1977	Liam Keenan	Downpatrick	4.22.2	
1978	Eugene Curran	Ardee	4.22.0	
1979	Paul O'Toole	Enniscorthy	4.19.6	
1980	Ian Stewart	Armagh Harriers	4.23.8	
1981	Mark Harte	Bandon	4.30.5	
1982	Seamus O'Loan	Dundrum	4.22.2	
1983	Bill Mullaney	Thurles Crokes	4.10.1	
1984	T O'Gorman	Raheny Shamrock	4.19.62	
1985	Danny O'Brien	Newport	4.19.5	
1986	PJ O'Rourke	Newport	4.23.0	
1987	Denis O'Connor	Mid Sutton	4.20.H	
1988	Oliver Power	St. Mary's	4:29.9H	
1989	**Stephen Coade**	**Eagle**	**04:16.64**	**CR**
1990	William Morris	West Dublin	4:28.2H	
1991	James Nolan	Ferbane	04:28.42	
1992	Jason Delaney	United Striders	04:26.94	
1993	David O'Reilly	Clonliffe Harriers	NT	
1994	Colm McLean	St. Malachy's	04:30.85	
1995	Patrick Murphy	Togher	04:26.83	
1996	Thomas McKeown	West Wicklow	04:19.30	
1997	Paul McGee	Finn Valley	04:24.39	
1998	Martin Agnew	Ballymena & Antrim	04:24.19	
1999	Mark Christie	Mullingar Harriers	04:26.08	
2000	Cormac Fitzpatrick	North Laois	4.24.59	
2001	Tommy O'Gorman	Carrick-On-Suir	4:30:8H	
2002	Robert Fitzsimmons	Tallaght	4.42.61	
2003	Mark Shalloe	West Waterford	04:38.66	
2004	John Francis	Ferrybank	04:40.94	
2005	Shane Quinn	Ferrybank	04:27.41	
2006	Patrick Monaghan	St. Colman's Newry	04:36.47	
2007	Shane Maguire	Monaghan Phoenix	04:44.27	
2008	Shane Fitzsimons	Mullingar Harriers	04:22.88	
2009	Cillian O'Donovan	Iveragh	04:34.33	
2010	William Crowe	North Sligo	04:31.09	
2011	Mustafa Nasir	Tallaght	04:22.87	
2012	Kevin McGrath	Bohermeen	04:32.95	
2013	Aaron McGlynn	Finn Valley	04:34.00	
2014	Ben Jones	Greystones & District	04:31.37	
2015	Cian McPhillips	Longford	04:34.30	
2016	Aaron Shorten	St. Laurence O'Toole	4.35.54	
2017	Oisin Kelly	Cranford	4.37.72	
2018	Myles Hewlett	United Striders	4.31.86	
2019	Shane Buckley	Dundrum, Tipperary	4.29.28	

75m / 80m Hurdles U14 Boys

1975	David Kelly	Marcab	11.1
1976	T Robinson	Sparta	11.9
1977	P Casey	Navan	12.0
1978	Michael Morrissey	Nenagh Olympic	12.0
1979	Fergus Sixsmith	Athy	11.8
1980	C Quinn	Dundrum	12.1
1981	B Meskill	Dundrum	11.9
1982	Michael Nolan	Newbridge	11.8
1983			
1984	Aidan McGrath	Nenagh Olympic	11.6
1985	Darren Haddock	Togher	11.7
1986	Conor Keegan	Ardmore Montrose Residents Association	11.7
1987	Carlton Haddock	Togher	11.5H
1988	Hugh Twomey	Togher	12.1H
1989	Ciaran Cash	West Dublin	12.10
1990	Fergal English	St. Mary's Waterford	12.2H
1991	David Murphy	St. Paul's	12.30
1992	Andrew Hallissey	Ferrybank	12.28
1993	Nellus McCarthy	Clounalour	12.52
1994	Joe Rafferty	Dundrum South Dublin	12.28
1995	Rory Liddane	Olympic Harriers	11.89

1996	Timothy Flannery	Nenagh Olympic	11.91		
1997	Kieran Hennessy	Leevale	12.29		
1998	Damien Munnelly	Ballina	12.11	-0.7	
1999	Alan McPhillips	Dundrum South Dublin	12.09	2.4	
2000	Nigel O'Gorman	Silveradagh	12.90		
2001	Ger Tobin	Clounalour	12.15	-0.7	
2002	Brendan O'Connor	Beara	11.86		
2003	Steven Walsh	Castlebar	11.84	4.2	
2004	Timothy Harrington	Courcies	11.97	-1.1	
2005	Patrick Maher	Liscarroll	12.17		
2006	Sipke O'Shaughnessy	Bandon	12.27	1.7	
2007	Gavin Clarke	Raheny Shamrock	12.25	1.5	
2008	Eoin O'Carroll	Tralee Harriers	12.0H		
2009	Garbhan McKenna	Glaslough Harriers	11.78	0.7	
2010	Paul Sexton	Annalee	11.56	-0.6	
2011	Ryan Murray	Bree	11.46		
2012	Shane Mooney	Tireragh	11.72		
2013	Tony Odubote	Ennis Track	11.58		
2014	Lucas Moylan	Suncroft	12.08		
2015	Cian O'Connell	Lake District Athletics	11.46	2.5	
2016	Recce Ademola	Leevale	11.55	0.5	
2017	**Harry Nevin**	**Leevale**	**11.04**	**0.0**	**CR**
2018	Evan Farrelly	Tullamore Harriers	11.21		
2019	John Cashman	Leevale	11.05	**-1.4**	

200m Hurdles U14 Boys

1981	Michael Nolan	Roscrea	28.8	200m	
1982	M Dreeling	Gowran	28.26	200m	
1983	P Walsh	Dundrum	28.8	200m	
1984	Aidan McGrath	Nenagh Olympic	28.15	200m	
1985	T Magee	Naas	27.8	200m	
1986	D Tobin	Limerick	28.2	200m	
1987	Carlton Haddock	Togher	28.0H	200m	
1988	Michael Hallahan	Togher	28.2H	200m	
1989	Colin Stack	Youghal	28.97	200m	
1990	David Sheehan	Unattached	28.6H	200m	
1991	Seamus O'Rourke	Newport	35.1H	250m	
1992	Gerard O'Daly	Athlone	35.7H	250m	
1993	Dermot Sheehan	Glenbower	35.5H	250m	
1994	Joe Rafferty	Dundrum South Dublin	35.60	250m	
1995	Philip Coyle	Naas	34.88	250m	
1996	Timothy Flannery	Nenagh Olympic	34.96	250m	
1997	**Kieran Hennessy**	**Leevale**	**33.28**	250m	**CR**
1998	Damien Munnelly	Ballina	35.5H	250m	
1999	Alan McPhillips	Dundrum South Dublin	34.27	250m	
2000	P Farrell	St. Andrews Ashbourne	37.02	250m	
2001	Shane Long	Slieveardagh A.C.	34.94	250m	

Discontinued

1500m / 2000m Walk U14 Boys

1978	Peter Costello	Mullingar Harriers	8.01.0	1500m
1979	Michael Casey	Sligo	7.29.4	1500m
1980	Leo Nicholson	Calry	7.37.5	1500m

1981-1992 Not held

1992	Mark Lennon	Kilkenny City Harriers	10:25.3H	
1993	Gary Murphy	St. Laurence O'Toole	10:11.7H	
1994	Martin Conroy	Ballina	10:38.83	
1995	Seamus O'Donnell	St. Finian's	13:21.51	
1996	Hugh O'Donnell	St. Finian's	10:18.1H	
1997	Alan Kennedy	West Wicklow	10:16.6H	
1998	Martin Creegan	Ballinamore	10:24.9H	
1999	PJ O'Keeffe	Kilkenny City Harriers	10:23.95	
2000	Joseph Kavanagh	St. Andrews Ashbourne	10.34.2	
2001	**Christopher Dalton**	**Hacketstown**	**9.49.16**	CR
2002	Allan Evin	Riverstick/Kinsale	11.06.26	
2003	Niall Prendiville	Farranfore Maine Valley	11:37.29	
2004	Liam Harty	Templemore	11:55.78	
2005	Gearoid Sheehy	Bilboa	11:20.98	
2006	Eoin O'Muircheartaigh	Lios Tuathail	11:45.70	

2007	Shane Byrne	Bree	11:47.92	
2008	Evan Lynch	Clonmel	10:35.09	
2009	Cormac Byrne	Bree	10:40.47	
2010	Dylan Mimna	Ballinamore	10:28.35	
2011	Joe Mooney	Adamstown	12:25.83	
2012	James McNabola	Mohill	11:12.87	
2013	Gearoid McMahon	Shannon	10:48.96	
2014	Liam McDonagh	Moycarkey Coolcroo	10:27.90	
2015	James Hanlon	Taghmon	11:09.37	
2016	Ciaran Hurley	Carraig-Na-Bhfear	12.27.89	
2017	Noah McConway	St. Cronans	11.46.58	
2018	Andrew Glennon	Mullingar Harriers	11.31.09	
2019	Ben Wallis	St. Senan's	12.13.93	

High Jump U14 Boys

1966	D Carbery	Dublin	1.60	IJAB
1967	P Colqhoun	Kilkenny	1.47	
1968	John Cronin	Cork	1.50	
1969-1970	**Not held**			
1971	Michael Cox	Boyle	1.52	
1972	David McLoughlin	Boyle	1.57	
1973	David McLoughlin	Boyle	1.84	
1974	Gerard McLoughlin	Ballymore/Cobh	1.55	
1975	Ray McLoughlin	Boyle	1.69	
1976	Peter Redmond	St. Patricks	1.54	
1977	A Battersby	Marcab	1.67	
1978	P Roche	Enniscorthy	1.64	
1979	Liam McGavigan	Lifford	1.58	
1980	Michael Russell	Mallow	1.70	
1981	J Burke	Trim		
1982	Barry Walsh	Dooneen	1.72	
1983	A Keys	Bray	1.66	
1984	**Philip Dever**	**Newbridge**	**1.85**	**CR**
1985	C McGrath	Tramore	1.66	
1986	Charles Brand	Kilkenny City Harriers	1.66	
1987	Laurance English	Tramore	1.72	
1988	Darragh Murphy	North Down	1.81	
1989	Antoine Burke	Dooneen	1.70	
1990	Noel Young	St. Kevin's	1.66	
1991	Brian Langan	Westport	1.71	
1992	Gerard O'Sullivan	Ferrybank	1.70	
1993	Colin Byrne	St. Abban's	1.64	
1994	Robert Somers	Kilmore Dublin	1.66	
1995	Kevin Burke	Dooneen	1.70	
1996	Barry O'Brien	Midleton	1.63	
1997	Adrian O'Dwyer	Kilkenny City Harriers	1.66	
1998	Bryan McCarthy	Glenbower	1.55	
1999	Shane Mullins	Clonmel	1.66	
2000	Dara Foley	Ferrybank	1.58	
2001	Pat Mulcahy	Fanahan Mc Sweeney	1.70	
2002	Daniel McAuliffe	Blarney/Inniscara	1.55	
2003	William Spratt Murphy	Bree	1.55	
2004	Jason Harvey	Campbell College	1.73	
2005	Alan Campbell	Galway City Harriers	1.61	
2006	Thomas Keehan	Craughwell	1.55	
2007	Michael Kilduff	Claremorris	1.55	
2008	Jaime Murtagh	St. Andrew's Ashbourne	1.55	
2009	David Cussen	Old Abbey Striders	1.61	
2010	Ryan McTeer		1.61	
2011	Jack Murphy	Leevale	1.55	
2012	Ryan Carthy-Walsh	Adamstown	1.55	
2013	Ben Donovan	Abbey Striders	1.63	
2014	John Forde	Midleton	1.50	
2015	Robert Dillon	Midleton	1.68	
2016	Recce Ademola	Leevale	1.60	
2017	Geoffrey Joy-O'Regan	Sun Hill Harriers	1.67	
2018	Finn O'Neill	City of Derry Spartans	1.56	
2019	Cathal Ryan	Templemore	1.61	

Long Jump U14 Boys

1966	Aidan Hayes	Trim	5.21	IJAB	
1971	J Kirwan	Carlow	4.91		
1972	Eamonn McKeown	Tipperary	5.66		
1973	Colm O'Brien	Cork	5.48		
1974	Gerard McLoughlin	Ballymore/Cobh	5.67		
1975	Ray McLoughlin	Boyle	5.55		
1976	A O'Meara	Roscrea	5.36		
1977	Paul O'Brien	Corbally	5.45		
1978	J Kennedy	De La Salle Waterford	5.55		
1979	T Jones	Enniscorthy	5.73		
1980	GW Moriarty	Clonlour	5.44		
1981	Patrick Hayes	Trim	5.89		
1982	A Sloan	Kilmore Wexford	5.48		
1983	Fergal Clancy	Longford	5.66		
1984	B O'Rourke	Clerilan	5.76		
1985	A Porter	Magherafelt	5.94		
1986	C O'Neill	Marian	5.47		
1987	Gerard Hayes	Trim	5.83		
1988	Darragh Murphy	North Down	5.84		
1989	Scott Brown	North Laois	5.65		
1990	**Alan McLoughlin**	**Westport**	**6.10**		**CR**
1991	Owen McCarthy	St. Brendan's	5.51		
1992	Simon Kehoe	Enniscorthy	5.53		
1993	Philip Dunne	Skerries	5.50		
1994	Derek O'Brien	St. Laurence O'Toole	5.32		
1995	Brian Murphy	Kilmore Wexford	5.60		
1996	Padraig Kelly	Kilmallock	5.97		
1997	Barrie Hazley	Mid Ulster	5.85		
1998	Brendan Corrigan	Shercock	5.39		
1999	Shane Cullinane	Nenagh Olympic	5.42		
2000	P Corrigan	Shercock	5.81		
2001	Carl McNamara	Ballybrack	5.90		
2002	David Flemming	Gneeveguilla	5.37		
2003	David Quilligan	Leevale	5.08		
2004	Scott Hamilton	Regent House	5.38		
2005	Ciaran Dolan	St. Michael's	5.20		
2006	Ben McGillian	Strabane	5.31		
2007	Jamie Devine	City of Derry	5.64		
2008	Eoin O'Carroll	Tralee Harriers	4.99		
2009	David Cussen	Old Abbey Striders	5.12		
2010	Adam Doran	Lucan Harriers	5.28		
2011	Jack Murphy	Leevale	4.87		
2012	Daniel Ryan	Moycarkey Coolcroo	5.79		
2013	David Ryan	Moycarkey Coolcroo	5.25		
2014	Darragh Miniter	St Mary's Clare	5.37		
2015	Daniel Hurley	Old Abbey Striders	5.79		
2016	Recce Ademola	Leevale	5.61		
2017	Harry Nevin	Leevale	5.81		
2018	Timmy Wilk	Ballymore/Cobh	5.31		
2019	Michael Watters	Mid Ulster	5.56		

Triple Jump U14 Boys

1967	M O'Sullivan	Tipperary	11.18	
1968	Robert Wilmot	Cork	10.67	
1969-1970	**Not held**			
1971	Padraig Jordan	Mayo	12.09	
1972	P McDonnell	Limerick	11.54	
1973	Fintan O'Shea	Cork	11.96	
1974	Gerard McLoughlin	Cork	12.60	
1975	**Niall McCarthy**	**Corbally**	**12.63**	**CR**
1976	Pat O'Halloran	Ballymore/Cobh	11.23	
1977	Paul O'Brien	Corbally	11.47	
1978	P McGabhann	Clonmel	ND	
1979	B Croke	Limerick Emerald	11.39	
1980	Cormac McDonnell	Midleton	11.55	
1981	J Whelan	Tipperary Town	11.06	
1982	A Sloan	Kilmore Wexford	12.12	
1983	Colm Moran	St. Luas	11.74	
1984	Stuart Wall	Marcab	12.07	

1985	Sean Noonan	Carraig-na-bhfear	11.55	
1986	A Gillespie	Rosses	11.09	
1987	John Kelly	Lifford	12.03	
1988	Darragh Murphy	North Down	11.64	
1989	Scott Brown	North Laois	12.20	
1990	Darragh O'Carroll	Borris	10.64	
1991	David Murphy	St. Paul's	11.81	
1992	Mark Midleton	Crusaders	11.31	
1993	Cathal McGinley	Sliabh Liag	11.46	
1994	Paul Hennessey	Leevale	11.05	
1995	Adam Brennan	Dom Savio	11.27	
1996	Craig McKeown	Walkinstown SAF	11.08	
1997	Tom O'Dwyer	Moycarkey	11.99	
1998	David Gordon	Castlebar	11.02	
1999	Shane Mullins	Clonmel	11.85	
2000	Conor Sheehy	Togher	11.71	
2001	Carl McNamara	Ballybrack	11.26	

Discontinued

Pole Vault U14 Boys

1971	B Smith	Clare	2.40	
1972	Liam Hennessy	Tipperary Town	2.89	
1973	Gerard McLoughlin	Ballymore/Cobh	2.51	
1974	Gerard McLoughlin	Ballymore/Cobh	2.51	
1975	T O'Donoghue	St. John's Park Waterford	2.40	
1976	D Doherty	Ballina	2.15	
1977	W Downey	Tuam	2.28	
1978	W Downey	Tuam	2.70	
1979	K Murphy	Tuam	2.80	
1980	**Malachy Sheridan**	**Bree**	**3.50**	**CR**
1981	P Noonan	Leevale	2.50	
1982	C Lonergan	De La Salle Waterford	2.30	
1983	Derrick Neff	Leevale	2.70	
1984	J Phelan	De La Salle Waterford	2.20	
1985	A Lord	Crusaders	2.50	
1986	Patrick Geraghty	Navan	2.80	
1987	T Fahy	De La Salle Waterford	2.40	
1988	P Quigley	Enniscorthy	2.60	
1989	Ronan O'Sullivan	Leevale	3.00	
1990	Fergal English	St. Mary's Waterford	2.50	
1991	Declan Byrne	St. Abban's	2.30	
1992	Not contested			
1993	Brian Deasy	Blarney	2.80	
1994	Donal Taaffe	Ferdia	2.10	
1995				
1996	Eoin Naughton	Nenagh Olympic	2.40	
1997	Ruairi O'Brien	Crusaders	2.80	
1998	Paul Skelly	Kilmore Dublin	2.80	
1999	Shane Cullinane	Nenagh Olympic	2.50	

Discontinued

Shot Put U14 Boys (2.72Kg)

1969	S McCarthy	Dublin	14.55
1970			
1971	Kevin Tyrrell	Waterford	13.61
1972	J Appleby	Dublin	12.62
1973	Jim Crotty	Cork	11.42
1974	M Power	Munster	13.59
1975	B McGrath	Thomastown	14.65
1976	K O'Donnell	Pearse	13.39
1977	Paul Quirke	Good Counsel	13.37
1978	Martin Nutty	Malahide	14.95
1979	Frank O'Brien	Dungarvan	14.83
1980	D Williams	Tipperary Town	13.64
1981	Michael O'Brien	Dungarvan	11.58
1982	F McAllister	Glaslough Harriers	14.95
1983	M McCauley	Letterkenny	14.55
1984	Stephen Gilmore	Ballymore Eustace	12.89
1985	Seamus Liston	Dooneen	12.22

1986	J Duff	Prosperous	12.56	
1987	John Kelly	Lifford	12.03	
1988	Beartha Breathnach	Carraroe	12.55	
1989	Jack Flynn	Ferrybank	11.93	
1990	Chris Rooney	East Down	11.51	
1991	Eamonn Braniff	East Down	14.25	
1992	David Houlihan	Kildare	11.23	
1993	Sean Breathnach	Carraroe	13.97	
1994	William Kirkpatrick	Lagan Valley	14.07	
1995	John Hobbs	Leevale	14.37	
1996	Neville Coughlan	Tullamore Harriers	13.24	
1997	Geoffrey Mullins	Cahirdavin	14.24	
1998	Eoin Lean	Clounalour	14.50	
1999	John Dilworth	Blarney Inniscarra	13.74	
2000	B Callanan	St. Laurence O'Toole	13.20	
2001	James Nagle	Farranfore Maine Valley	14.17	
2002	Ross Gildea	Calry	14.88	
2003	Peter Wickens	Regent House	14.10	
2004	Jamie Loisham	Tralee Harriers	12.35	
2005	Laimonas Ruibys	Westport	12.95	
2006	Sheridan Bough	Donore Harriers	12.87	
2007	Jamie Devine	City of Derry	12.80	
2008	Tony Whelan	St. Senan's	12.65	
2009	John Kelly	Finn Valley	15.12	
2010	Benny Healy	Fanahan McSweeney	13.15	
2011	Chris Victery	Menapians	12.17	
2012	Oisin Kiernan	Inny Vale	12.41	
2013	**James Kelly**	**Finn Valley**	**15.52**	**CR**
2014	Patrick Gilceava	Crusaders	14.95	
2015	Adam Sheridan	Westport	12.77	
2016	Jack Forde	St. Killian's	13.22	
2017	Callum Keating	North Cork	13.39	
2018	Karlis Kuagar	Dunleer	14.86	
2019	Corey Scanlan	Finisk Valley, Waterford	13.70	

Discus U14 Boys (0.75kg)

1967	P Donegan	Limerick	35.47	
1968	J Davidson	Cork	27.67	
1969				
1970				
1971	Ian Lambe	Dublin	40.84	
1972	John Harte	Cork	28.98	
1973	Joe Gallagher	Omagh	32.91	
1974	Tom Crotty	St. Finbarrs	42.48	
1975	B Hurley	Limerick Emerald	41.78	
1976	Brendan Hogan	St. Laurence O'Toole	40.15	
1977	Paul Quirke	Good Counsel	37.84	
1978	Martin Nutty	Malahide	45.37	
1979	**Frank O'Brien**	**Dungarvan**	**52.36**	**CR**
1980	John Malone	Tullamore Harriers	38.79	
1981	Michael O'Brien	Dungarvan	36.51	
1982	Barry Walsh	Dooneen	41.48	
1983	G Weldon	Newcastle	45.08	
1984	N Gregg	Callan	37.88	
1985	Seamus Liston	Dooneen	40.80	
1986	Brian Cusack	Ferrybank	37.06	
1987	J Martin	Clog Head	34.72	
1988	Colm Ward	East Clare	40.12	
1989	Andrew Kenny	Crusaders	46.24	
1990	Aidan Ahearne	Cappoquin	42.10	
1991	Alan Ward	East Clare	37.84	
1992	Donal McNamara	East Clare	34.56	
1993	Dermot Vaughan	East Clare	34.16	
1994	William Kirkpatrick	Lagan Valley	39.84	
1995	John Hobbs	Leevale	39.50	
1996	Aidan Fogarty	Donore Harriers	43.84	
1997	Robert Butler	Carrick-on-Suir	48.12	
1998	Jim Healy	Carrick-on-Suir	42.27	
1999	John Dilworth	Blarney Inniscarra	38.95	
2000	Eugene Fogarty	Donore Harriers	32.82	
2001	James Nagle	Farranfore Maine Valley	41.60	

2002	Daniel Mc Auliffe	Blarney/Inniscara	34.95	
2003	Daniel Clifford	Farranfore Maine Valley	30.41	
2004	Jonathan Murphy	Carrig na Bhfear	31.27	
2005	David Ryan	Youghal	33.37	
2006	James McCabe	Dunboyne	32.23	
2007	Michael McSweeney	Midleton	29.33	
2008	Stephen McMahon	West Waterford	33.49	
2009	John Kelly	Finn Valley	40.99	
2010	John Joe Kelly	Brow Rangers	38.23	
2011	Josh Rockett	West Waterford	33.83	
2012	Eoin Mulligan	Tullamore Harriers	33.92	
2013	Jack Hallahan	Midleton	49.02	
2014	Michael Hand	St. Brendan's	33.47	
2015	Adam Sheridan	Westport	36.47	
2016	Jack Barnett	Templemore	34.72	
2017	Callum Keating	North Cork	36.19	
2018	Karlis Kuagar	Dunleer	42.15	
2019	Corey Scanlan	Finisk Valley, Waterford	32.41	

Hammer U14 Boys (2.5kg)

1974	Colm Ball	Crusaders	53.40	
1975	Liam Hickey	Westland Row	43.46	
1976	Brendan Fitzgibbon	Monkstown	ND	
1977	Conor Mulcahy	Clonliffe Harriers	52.12	
1978	J Fitzpatrick	Athy	39.74	
1979	D Higgins	Cabinteely	41.60	
1980	**Gary Halpin**	**Rockwell College**	**55.08**	**CR**
1981	Gerry Ryan	Good Counsel	50.40	
1982				
1983	D Flynn	Rockwell College	52.00	
1984	William Doyle	Raheny Shamrock	46.38	
1985	David Tuite	Donore Harriers	33.16	
1986	David Tuite	Donore Harriers	47.28	
1987	Thomas Murphy	Tullamore Harriers	50.42	
1988	Julian Flynn	Tullamore Harriers	46.28	
1989	Michael McGinn	Tullamore Harriers	46.66	
1990	Lorcan Carpenter	Crusaders	34.94	
1991	John Thompson	Tullamore Harriers	49.30	
1992	David Minchin	Moycarkey	34.16	
1993	Stephen Thompson	Tullamore Harriers	47.50	
1994	David Thompson	Tullamore Harriers	44.36	
1995	Gavin Duffy	Ballina	44.06	
1996	Eamonn Joyce	Belgooly	39.84	
1997	Peter Tierney	Ballinasloe	40.86	
1998	Shane O'Regan	Fanahan McSweeney	36.62	
1999	John Dilworth	Blarney Inniscarra	37.88	
2000	Padraig White	Dunboyne	50.46	
2001	James Nagle	Farranfore Maine Valley	49.09	
2002	John Tiierney	Ballinasloe & District	44.45	
2003	Peter Wickens	Regent House	41.92	
2004	Jonathan Murphy	Carrig na Bhfear	32.68	
2005	Denis Hayes	Farranfore Maine Valley	33.03	
2006	Jack McCann	City of Derry	38.32	
2007	Eric Stam	Leevale	32.65	
2008	James Mulligan	Tullamore Harriers	36.24	
2009	Colin Kingston	Bandon	43.75	
2010	Adam King	Iveragh	41.54	
2011	Josh Rockett	West Waterford	33.29	
2012	Brendan O'Donnell	Lifford	43.30	
2013	Sean Mockler	Moycarkey Coolcroo	36.02	
2014	Brian Naughton	Nenagh Olympic	34.67	
2015	Robert Higgans	Na Fianna	47.74	
2016	Jude McCrossan	Lifford / Strabane	47.19	
2017	Cormac O'Connell	Lifford / Strabane	36.77	
2018	Jack Kelly	Fr. Murphy	47.47	
2019	Corey Scanlan	Finisk Valley, Waterford	45.87	

Javelin U14 Boys (400g)

1971	Ian Lambe	Crusaders	43.98		
1972	Michael Fitzgibbon	Cork	41.04		
1973	P Moloney	Dublin	42.32		
1974	Aidan Gunning	Dublin	40.14		
1975	P Davis	Marcab	39.50		
1976	C Redmond	Dundrum Family Recreation Centre	37.43		
1977	S McCoy	Castletown	41.86		
1978	J McFall	Dungannon	39.72		
1979	Kevin McBrearty	St. John Bosco Donegal	43.50		
1980	P Comerford	Callan	41.04		
1981	J Daniels	Marcab	36.50		
1982	Niall O'Connor	Raheny Shamrock	39.80		
1983	Damien Gillespie	Finn Valley	39.52		
1984	N Gregg	Callan	44.10		
1985	Sean Nugent	Oak Leaf	43.00		
1986	Ger Nagle	Marian	40.05		
1987	John Kelly	Lifford	43.30		
1988	Beartha Breathnach	Carraroe	40.38		
1989	Raymond Finneran	Mullingar Harriers	42.30		
1990	Alan Kennedy	Carrick-on-Suir	36.08		
1991	Eamonn Braniff	East Down	41.18		
1992	Richard Moore	Leevale	43.38		
1993	Sean Breathnach	Carraroe	41.10		
1994	Shay Fitzpatrick	St. Mary's	36.46		
1995	Tom Conroy	Blarney	41.04		
1996	Gary Walsh	De La Salle Waterford	38.20		
1997	Robert Butler	Carrick-on-Suir	48.86		
1998	Troy Murphy	Blarney Inniscara	43.72		
1999	Brendan Byrne	Sliabh Liag	31.93		
2000	Daire Mulvaney	Clonliffe Harriers	36.52		
2001	Lee Barlow	Olympian A.C.	43.77		
2002	Aaron Crwford	Strabane Track Club	37.79		
2003	Gavin McCrudden	Finn Valley	36.35		
2004	Dean Oakes	Medway and Maidstone	34.29		
2005	Sean Ryder	Greystones & District	35.72		
2006	Conor McGratten	North Down	38.43		
2007	Eric Stam	Leevale	35.28		
2008	Evan McGuire	Galway City Harriers	34.89		
2009	Michael Gallagher	Finn Valley	39.64		
2010	Seadnaidh Smyth	Midleton	35.20		
2011	Fergus Cox	Inishowen	37.47		
2012	Gareth Crawford	Strabane	37.64		
2013	Jack McWey	Newbridge	43.49		
2014	Dominic McCabe	Cushinstown	38.51		
2015	Conor Cusack	Lake District Athletics	37.32		
2016	Tadhg O'Muircheartaigh	Dunboyne	44.86		
2017	Sean Cusack	Lake District Athletics	37.34		
2018	**Karlis Kuagars**	**Dunleer**	**55.63**		**CR**
2019	Blaine Lynch	Finn Valley	50.94		

4x100m Relay U14 Boys

1967	Cork	NT	4x200	IJAB
1968	Dublin	1.44.2	4x200	IJAB
1969				
1970				
1971	Dublin	1.46.2		
1972	Phoenix Harriers	50.1		
1973	Leevale	49.3		
1974	Crusaders	49.5		
1975	Pearse	49.0		
1976	Dundrum Family Recreation Centre	49.6		
1977	Greenfield	50.4		
1978	Bray	50.4		
1979	Limerick Emerald	50.1		
1980	Banbridge	50.3		
1981	Togher	48.3		
1982	Clounalour	50.1		
1983	Nenagh Olympic	43.6		
1984	Marcab	49.7		
1985	Naas	49.04		
1986	Dundrum	49.5		

1987	Lucan	50.3H	
1988	Togher	49.2H	
1989	Leevale	47.9H	
1990	**Leevale**	**48.1H**	**CR**
1991	Dundrum	49.84	
1992	Dundrum South Dublin	48.8H	
1993	Glenbower	49.4H	
1994	Leevale	49.1H	
1995	Carrick-on-Suir	48.7H	
1996	Leevale	51.1H	
1997	Mountmellick	49.7H	
1998	Glenbower	49.4H	
1999	Dundrum South Dublin	49.2	
2000	Dooneen	50.26	
2001	Listowel	48.70	
2002	Dundrum South Dublin	52.16	
2003	Dundrum South Dublin	51.24	
2004	Ferrybank	52.99	
2005	Lios Tuathail	52.10	
2006	St. Ita's	53.19	
2007			
2008			
2009	Leevale	52.86	
2010	Craughwell	52.34	
2011	Menapians	50.83	
2012	Menapians	50.57	
2013	Leevale	51.67	
2014	Leevale	50.18	
2015	Leevale	50.62	
2016	Balymena & Antrim	50.36	
2017	Cabinteely	49.92	
2018	Suncroft	50.96	
2019	Dooneen	49.57	

4x400m Relay U14 Boys

1979	Tramore	3.56.1
1980	Tullamore Harriers	3.56.3
1981	Dundrum	3.56.3
1982	Clondalkin	3.59.8
1983	Dooneen	3.59.3
1984	Togher	3.55.1
1985	Clonmel	3.51.92
1986	Leevale	3.52.0

Discontinued

Combined Events U14 Boys

1974	Gerard McLoughlin	Ballymore/Cobh	3995	
1975	Niall McCarthy	Corbally	3341	
1976				
1977	T Casey	Navan	3165	
1978	Michael Korrissey	Nenagh Olympic	3692	
1979	Thomas Jones	Enniscorthy	3801	
1980				
1981	Patrick Hayes	Trim	3585	
1982	**Barry Walsh**	**Dooneen**	**3711**	**CR**
1983	John Naughton	Nenagh Olympic	3936	
1984	Aidan McGrath	Nenagh Olympic	3392	
1985	Ciaran Scully	Limerick Emerald	3293	
1986				
1987	John Kelly	Lifford	3346	
1988	Anthony Byrne	St. Mary's	3201	
1989	Ciaran Doherty	Strabane	3143	
1990	Alan McLoughlin	Westport		
1991	Larry Morrissey	Ferrybank	3315	
1992	Gerard O'Sullivan	Ferrybank	3046	
1993	Dermot Sheehan	Glenbower	3412	
1994	Derek O'Brien	St. Laurence O'Toole	3153	
1995	Richard Phelan	Carrick-on-Suir	2758	
1996	Brian Wall	Glenbower	3076	

1997	Jonathan O'Shea	Midleton	2744	
1998	James McCarthy	Glenbower	2928	
1999				
2000				
2001				
2002	Brendan O'Connor	Beara	3104	
2003	Patrick McCarron	Glaslough Harriers	2311	
2004				
2005				
2006	Mark English	Letterkenny	3264	
2007	Shane Howard	Grange/Fermoy	2854	
2008	David Harper	Westport	2725	
2009	Garbhan McKenna	Glaslough Harriers	2908	
2010	Christian Collins	Brothers Pearse	2453	
2011	Jack Murphy	Leevale	2660	
2012	Daniel Ryan	Moycarkey Coolcroo	3303	
2013	David Ryan	Moycarkey Coolcroo	3222	
2014	Joseph McEvoy	Nenagh Olympic	2456	
2015	Daniel Hurley	Old Abbey Striders	2610	
2016	Reece Ademola	Leevale	2498	
2017	Harry Nevin	Leevale	2807	*4 Events
2018	Finn O'Neill	City of Derry	3246	
2019	Daniel Quirk	Greystones	2936	

Cross Country U14 Boys

1966	D O'Neill	Kilkenny County Team	NACAI
1967	D Clancy	Wexford County Team	NACAI
1968	John McSweeney	Cork County Team	
1969	P Delaney	Kildare County Team	BLE Youths
1970			
1971	M Lawlor	Causeway	
1972	Pat Dunne	Dublin County Team	
1973	O Lynch	Leinster Region	
1974	A Lynch	Clonliffe Harriers	
1975	David Long	Clonliffe Harriers	
1976	John Wrafter	Tullamore Harriers	
1977	Pat Stephens	Pearse, Galway	
1978	Eugene Curran	Ardee	
1979	Paul O'Toole	Leinster Region	
1980	Ian Stewart	Northern Region	
1981	John Hardiman	Athenry	
1982	Richard Molloy	Ballinrobe	
1983	Bill Mullaney	Thurles Crokes	
1984	D Morris	St Gerards	
1985	Fabian Flood	Crookstown Millview	
1986	Padraig McGuinn	Calry	
1987	Denis O'Connor	Mid Sutton	
1987	David Healy	Riverside	
1988	Damien Lawless	Ballybrack	
1989	Stephen Coade	Eagle	
1990	Austin Finn	Annadale Striders	
1991	Wesley McDowell	Dromore	
1992	David Coade	Leevale	
1993	Gareth Turnbull	St. Malachy's	
1994	Brendan Crawford	Moycarkey	
1995	Thomas McKeown	West Wicklow	
1996	Liam O'Casey	Corr na Mona	
1997	Patrick Holbrook	St. Joseph's Coalisland	
1998	Killian Cooney	Glenbower	
1999	Mark Christie	Mullingar Harriers	
2000	Danny Darcy	St. Laurence O'Toole	
2001	Brian Markham	Ennis Track	
2002	Michael Mulhare	North Laois	
2003	David Joyce	Castlebar	
2004	Shane Boggs	Mullingar Harriers	
2005	Shane Quinn	Ferrybank	
2006	Patrick Monaghan	Lagan Valley	
2007	Damien Burke	Kilmihil	
2008	Shane Fitzsimons	Mullingar Harriers	
2009	Connor Christie	Springwell Running Club	

2010	Peter Gibbons	Letterkenny
2011	Fearghal Curtin	Youghal
2012	Christy Conlon	Beechmount Harriers
2013	Aaron McGlynn	Finn Valley
2014	Fathi Aden	Donore Harriers
2015	Eoin Redmond	Riverstick/Kinsale
2016	William Fox	Castlecomer
2017	Oisin Duffy	City of Derry Spartans
2018	Jack McCausland	City of Lisburn
2019	Sean Cronin	Clonliffe Harriers

Cross Country Team U14 Boys

	Club	County	Region
1966	Not contested	Meath 51pts	Not conte NACAI
1967	Not contested	Dublin 38pts	Not conte NACAI
1968	Not contested	Cork 38pts	Not contested
1969		Waterford 96pts	Not conte BLE Youths
1970			Not contested
1971	Kilkenny City Harriers 40pts	Cork 78pts	Not contested
1972	Leevale	Dubin	Not contested
1973	Greenfield Park 40pts	Not contested	Dublin 56pts
1974	Sparta 35pts	Not contested	Dublin 45pts
1975	Leevale	Not contested	
1976	Dundrum Family Recreation Centre	Not contested	
1977	St Peters Lurgan 68pts	Not contested	Cork 82pts
1978	Limerick Emerald 37pts	Not contested	Leinster 69pts
1979	Limerick Emerald 65pts	Not contested	Dublin 73pts
1980	Athlone 78pts	Not contested	Connacht 62pts
1981	Dumdrum 34pts	Not contested	Dublin 51pts
1982	Dundrum 83pts	Not contested	Dublin 80pts
1983	Finn Valley 114pts	Not contested	Leinster 41pts
1984	Thurles Crokes 35pts	Not contested	Munster 43pts
1985	Thurles Crokes 95pts	Not contested	Leinster 64pts
1986	Grange/Fermoy 96pts	Not contested	Leinster 72pts
1987	Mullingar Harriers 116pts	Not contested	Leinster 61pts
1987	Limerick Emerald 107pts	Not contested	Leinster 64pts
1988	Limerick Emerald 87pts	Not contested	
1989	Claremorris 84pts	Not contested	Munster 27pts
1990	Bilboa 49pts	Not contested	Munster 58pts
1991	East Down 112pts	Not contested	Munster 49pts
1992	Leevale 50pts	Not contested	Munster 26pts
1993	Glenbower 43pts	Not contested	Ulster 52pts
1994	Finn Valley 52pts	Not contested	Ulster 50pts
1995	Marian 116pts	Not contested	Munster 77pts
1996	Leevale 50pts	Not contested	Munster 52pts
1997	St. Malachy's 109pts	Not contested	Munster 40pts
1998	Mullingar Harriers 36pts	Not contested	Munster 46pts
1999	Thurles Crokes 145pts	Not contested	Leinster 39pts
2000	Thurles Crokes 69pts	Not contested	Leinster 49pts
2001	St. Columb's College 96pts	Not contested	Leinster 47pts
2002	Finn Valley 82pts	Donegal 164pts	Ulster 68pts
2003	Finn Valley 51pts	Donegal 86pts	Ulster 68pts
2004	Metro St. Brigid's 114pts	Cork 118pts	Munster 48pts
2005	Ennis Track 145pts	Clare 155pts	Munster 55pts
2006	Lagan Valley 15pts	Tipperary 117pts	Ulster 27pts
2007	Letterkenny 102pts	Mayo 125pts	
2008	Mullingar Harriers 49pts	Mayo 132pts	Leinster 26pts
2009	Iveragh 86pts	Kerry 161pts	Leinster 46pts
2010	Mullingar Harriers 96pts	Antrim 146pts	Leinster 85pts
2011	Mullingar Harriers 46pts	Dublin 129pts	Ulster 76pts
2012	Ennis Track 94pts	Clare 118pts	Leinster 56pts
2013	Dundrum South Dublin 78pts	Dublin 96pts	Munster 74pts
2014	Westport 95pts	Cork 64pts	Munster 62pts
2015	Westport 62pts	Cork 101pts	Leinster 65pts
2016	Ennis Track 94pts	Clare 162pts	Ulster 61pts
2017	United Striders 132pts	Dublin 116pts	Ulster 60pts
2018	Nenagh Olympic 95pts	Dublin 100pts	Leinster 60pts
2019	Mullingar Harriers 96 pts	Tipperary 137pts	Leinster 85 pts

80m / 100m U14 Girls

1968	Aideen Morrisson	Crusaders	NT		IJAB
1969 - 1970 Not held					
1971	Ann Jeffords	Cork	13.0		100m
1972	Adrian Wrafter	Dublin	12.6		100m
1973	S McGarry	Dublin	13.4		100m
1974	Mary Fleming	Midleton	12.5		100m
1975	L Sorohan	Dundealgan	12.4		100m
1976	Patricia Amond	St. Laurence O'Toole	12.6		100m
1977	Barbara McDonnell	Crusaders	12.6		100m
1978	Claire Furlong	De La Salle Waterford	12.8		100m
1979	Noelle Morrissey	Nenagh Olympic	12.9		100m
1980	Deirdre Ward	Belfast Olympic	12.2		100m
1981	Jacqui Stokes	Fethard	12.8		100m
1982	Fiona Coghlan	Glen Abbey	12.74		100m
1983	Mary Carolan	Clondalkin	12.73		100m
1984	Josephine Pardy	St. Brendan's, Birr	12.4		100m
1985	Eimear Cullen	Lourdes	12.6		100m
1986	Louise Dollard	Ajax	12.2		100m
1987	Adele Halpin	Walkinstown SAF	12.7H		100m
1988	Arlene Smith	Breffni Harriers	12.6H		100m
1989	Shauna Colhoun	Lifford	13.1H		100m
1990	Lynda Symonds	Leevale	12.5H		100m
1991	Niamh McGlynn	West Dublin	12.56		100m
1992	Siobhan McWeeney	Carrick-on-Shannon	12.43		100m
1993	Fiona McNeill	Dundrum South Dublin	13.00		100m
1994	Lisa Roche	Metro St. Brigid's	12.86		100m
1995	Emily Maher	Kilkenny City Harriers	12.92		100m
1996	Ann-Marie Lynch	Kilkenny City Harriers	12.81		100m
1997	Anna Boyle	Ballymena & Antrim	12.93		100m
1998	Azi Jezbefume	Dundrum South Dublin	13.24		100m
1999	Mandy Crowe	Bansha	12.51		100m
2000	Karen Considine	Fanahan McSweeney	13.40		100m
2001	Orla Coughlan	Leevale	12.5		100m
2002	Kalyn Sheehan	Ferrybank	10.83		80m
2003	Harriet Cross	Belgooly	10.40	1.8	80m
2004	Catherina O'Callaghan	Grange/Fermoy	10.85	-2.0	80m
2005	Claire Morrissey	Kilgobnet, Colligan and Kilbrien (K.C.K.)	10.43	0.1	80m
2006	Sally Rose Maughan	Castlebar	10.2H		80m
2007	Sarah Lavin	Emerald	10.35	0.1	80m
2008	Ann O'Shea	Ferrybank	10.20	2.5	80m
2009	Katie Berney	Newbridge	10.49	2.5	80m
2010	Robin O'Callaghan Roche	Carraig-Na-Bhfear A.C.	10.31	-1.1	80m
2011	Phoebe Murphy	Clonmel	10.44		80m
2012	Gina Akpe-Moses	St Gerard's Dundalk	10.57		80m
2013	Alana Ryan	Greystones & District	10.58		80m
2014	Patience Jumbo-Gula	St Gerard's Dundalk	10.19		80m
2015	Niamh Foley	St Mary's, Limerick	10.12		80m
2016	Hollie McCarthy	Liscarroll	10.49		80m
2017	Nadislane Kabongo	Brothers Pearse	10.42		80m
2018	**Grace Rooney**	**Youghal**	**9.97**	**CR**	80m
2019	Hannah Falvey	Belgooly	10.28		80m

200m U14 Girls

1971	Louise McGettigan	Lifford	26.0
1972	B Carey	Roscommon	28.2
1973	S McGarry	Dublin	27.2
1974	Caroline O'Shea	Dublin	26.9
1975	Bernadette Kavanagh	Ballyfermot	26.1
1976	Patricia Amond	St. Laurence O'Toole	26.2
1977	Niamh Walsh	Leevale	26.7
1978	Claire Furlong	De La Salle Waterford	26.8
1979	Noelle Morrissey	Nenagh Olympic	25.9
1980	Cathy Dillon	Sparta	26.3
1981	Jacqui Stokes	Fethard	27.5
1982	Fiona Coughlan	Glen Abbey	26.38
1983	Paula Carthy	Clondalkin	25.7
1984	Joanne Heaney	Magherafelt	25.85

1985	Dervilla Hennelly	Ballinasloe	26.1		
1986	S Henry	Colaiste Eanna	25.50		
1987	Adele Halpin	Walkinstown SAF	25.8H		
1988	Michelle Givan	Lifford	25.8H		
1989	Shauna Colhoun	Lifford	26.67		
1990	Lynda Symonds	Leevale	26.7H		
1991	Suzanne Cummins	Roscrea	25.50		
1992	Melina May	Dundrum South Dublin	26.25		
1993	Fiona McNeill	Dundrum South Dublin	26.25		
1994	Karen Woods	Metro St. Brigid's	26.02		
1995	Emily Maher	Kilkenny City Harriers	26.09		
1996	Ann-Marie Lynch	Kilkenny City Harriers	26.17		
1997	Sharon Kelly	Leevale	27.2H		
1998	Aisling Maunsell	Leevale	26.78	-0.7	
1999	Mandy Crowe	Bansha	25.57	6.0	
2000	Sinead O'Neill	Templeogue	26.33		
2001	Orla Coughlan	Leevale	25.85	0.6	
2002	Sarah Murray	Tralee Harriers	26.50	2.7	
2003	Harriet Cross	Belgooly	26.12	0.9	
2004	Catherina O'Callaghan	Grange/Fermoy	27.04	-0.6	
2005	Joan Healy	Bandon	26.68	-1.7	
2006	Jane Dickenson	Dooneen	26.72		
2007	Sarah Lavin	Emerald	25.86		
2008	**Ann O'Shea**	**Ferrybank**	**24.97**	**-0.8**	**CR**
2009	Katie Berney	Newbridge	26.37	0.9	
2010	Laura Ann Costello	Galway City Harriers	26.07	-1.1	
2011	Phoebe Murphy	Clonmel	26.51		
2012	Kate Bernard	Bandon	27.03		
2013	Sophie Lynch	Lios Tuathail	27.05		
2014	Patience Jumbo-Gula	St Gerard's	26.35		
2015	Niamh Foley	St Mary's, Limerick	25.99		
2016	Ailbhe Doherty	Ennis Track	25.52		
2017	Emma Moore	Galway City Harriers	26.18		
2018	Grace Rooney	Youghal	25.87		
2019	Hannah Falvey	Belgooly	26.27		

400m U14 Girls

1971	Louise McGettigan	Lifford	63.5		
1972	**Carmel Higgins**	**Dublin**	**56.5**		**CR**
1973	Greta Hartnett	Midleton	60.7		
1974	B Carey	Roscommon	60.0		
1975	Claire Storan	Limerick Emerald	60.1		
1976	Noreen Fleming	Midleton	58.6		
1977	Niamh Walsh	Leevale	59.2		
1978	B Farrell	Kildare	59.0		
1979	Geraldine Finn	St. Laurence O'Toole	61.6		
1980	Cathy Dillon	Sparta	59.7		
1981	Jacqui Stokes	Fethard	60.8		
1982	C Nolan	Pearse	59.37		
1983	V Burke	Castlegar	57.9		
1984	Helen Sullivan	Lucan	59.0		
1985	Aideen Egan	Newport	59.6		
1986	A Wynn	Colaiste Eanna	58.8		

Discontinued

800m U14 Girls

1971	Beatrice Lambert	St. Laurence O'Toole	2.26.8
1972	A McCarthy	Limerick	2.31.2
1973	Greta Hartnett	Midleton	2.23.4
1974	Aideen O'Higgins	Dublin	2.21.3
1975	Mary McKenna	Truagh	2.23.5
1976	Ann Byrne	St. Benedict's	2.20.0
1977	Maria Hennessy	St. John's Waterford	2.15.3
1978	Brid Ruane	Castlebar	2.18.5
1979	Linda Jenkinson	Skerries	2.15.5
1980	Ursula McKee	Belfast Olympic	2.19.7
1981	Sheila Burke	Mullingar Harriers	2.20.9
1982	Louise Kavanagh	Ardee	2.16.97
1983	E Shevlin	Clondalkin	2.19.0

1984	Helen Sullivan	Lucan	2.14.15	
1985	Julie Conlon	Castlebar	2.18.0	
1986	A Collins	Raheny Shamrock	2.17.0	
1987	Elaine O'Sullivan	Limerick Emerald	2:19.H	
1988	Arlene Smith	Breffni Harriers	2:15.6H	
1989	Blanaid Quigley	Bray Striders	2:18.8H	
1990	Colette Ryan	MAD	2.20.5H	
1991	Caitriona O'Brien	Rathfarnham	02:16.32	
1992	Claire Sweeney	Milford	2:21.9H	
1993	Nessa Joyce	Dundrum South Dublin	2:21.8H	
1994	Lynette Aspel	Crookstown	02:18.51	
1995	Aoife Byrne	Dundrum South Dublin	02:16.52	
1996	Eimear Doolaghty	Marian	02:18.96	
1997	Emma McIlroy	Ballymena & Antrim	02:20.70	
1998	Iianah Bradley	East Down	02:24.04	
1999	Elaine Cardiff	Kilmore	02:23.69	
2000	Linda Byrne	Dundrum South Dublin	2.24.1	
2001	Elizabeth McWilliams	Ballymena & Antrim	2.16.37	
2002	Pamela Hughes	Westport	2.26.27	
2003	Frances O'Shea	North Cork	2:23.0H	
2004	Ciara Cronin	Ferrybank	02:19.72	
2005	Rachel Shaw	Athenry	02:23.47	
2006	Jessica Neville	Blarney/Inniscara	02:25.53	
2007	Amy O'Donoghue	Emerald	02:23.28	
2008	Elizabeth Carr	Mullingar Harriers	02:22.63	
2009	Caoimhe Whitaker	St. Coca's	02:22.60	
2010	Jenna Bronnell	Emerald	2.16.24	
2011	Nadia Power	Templeogue	02:18.76	
2012	Shauna Kerley	Shercock	02:19.66	
2013	Katherine O'Connor	St Gerard's	02:18.05	
2014	Fiona Doyle	Star of the Laune	02:24.64	
2015	Corrine Kenny	St. Laurence O'Toole	02:17.29	
2016	Ailbhe Doherty	Ennis Track	2.19.13	
2017	Emma Moore	Galway City Harriers	2.17.65	
2018	Aoife Brown	Metro / St. Brigids	2.20.82	
2019	**Erinn Leavy**	**Dunleer**	**2.13.86**	**CR**

1500m U14 Girls

1971	Beatrice Lambert	St. Laurence O'Toole	5.05.6	
1972	Bernadette Murphy	Cork	4.50.7	
1973	Greta Hartnett	Midleton	4.56.4	
1974	A O'Higgins	Marcab	4.52.0	
1975	V Duff	Thomas McDonagh	4.58.9	
1976	B Shanahan	Grotto	4.53.3	
1977	Maria Hennessy	St. John's Waterford	4.42.7	
1978	Caroline Peppard	Kilmore (Dublin)	4.50.4	
1979	**Adrienne Dollard**	**Dundrum**	**4.30.4**	**CR**
1980	Caroline Mullen	Mullingar Harriers	4.53.1	
1981	C Rice	Dundrum	4.48.6	
1982	Louise Kavanagh	Ardee	4.42.24	
1983	S McCormack	Limerick Emerald	4.42.0	
1984	Anne Carolan	Clondalkin	4.39.3	
1985	Anne Carolan	Clondalkin	4.46.7	
1986	Jenifer Maher	Dundrum	4.50.7	
1987	Ruth Feeley	Ballybrack	4.51.0	
1988	Helen Kelleher	North Cork	4:50.3H	
1989	Colette O'Riordan	West Muskerry	4:47.7H	
1990	Colette Ryan	MAD	04:59.0	
1991	Caitriona O'Brien	Rathfarnham	04:51.5	
1992	Deirdre O'Connor	Claremorris	4:53.3H	
1993	Nessa Joyce	Dundrum South Dublin	04:53.4	
1994	Lynette Aspel	Crookstown	04:50.1	
1995	Paula Sheehan	Blarney	04:44.5	
1996	Ciara Broe	Inbhear Dee	04:46.5	
1997	Rachel Lenihan	Marian	4:57.2H	
1998	Tayna Whelahan	Raheen	05:08.9	
1999	Stephanie Campbell	Lagan Valley	4:58.9H	
2000	S Wilson	Lagan Valley	4.52.23	
2001	Laura Crowe	Clounalour	4.52.4	
2002	Sarah Louise Treacy	Moynalvey	5.03.72	

2003	Frances O'Shea	North Cork	5:00.5H		
2004	Ciara Cronin	Ferrybank	04:47.9		
2005	Catriona Hennessy	Marian	5:01.4H		
2006	Emily Mills	City of Lisburn	05:06.1		
2007	Amy O'Donoghue	Emerald	05:00.9		
2008	Elizabeth Carr	Mullingar Harriers	04:56.3		
2009	Linda Conroy	Mullingar Harriers	05:01.8		
2010	Aisling Quinn	Ferrybank	04:50.6		
2011	Nadia Power	Templeogue	04:52.5		
2012	Stephanie Cotter	West Muskerry	04:53.4		
2013	Alex O'Neill	St Cronan's	04:57.5		
2014	Sarah Healy	Backrock, Dublin	04:52.6		
2015	Ellen Lynch	Dooneen	4:57.46		
2016	Aimee Hayde	Newport	4.48.44		
2017	Maeve O'Neill	Doheny	4.47.64		
2018	Sophie Quinn	Ratoath	4.52.34		
2019	Erinn Leavy	Dunleer	4.44.20		

75m / 80m Hurdles U14 Girls

1974	L O'Brien	Dublin	12.3		
1975	Patricia Maher	Good Counsel	12.4		
1976	Noreen Fleming	Midleton	12.2		
1977	Helen Gourley	St. Peter's Lurgan	11.8		
1978	Brid Naughton	Nenagh Olympic	12.0		
1979	Noelle Morrissey	Nenagh Olympic	11.9		
1980	Olive Burke	Limerick Emerald	11.2H		
1981	Paula Cash	Glen Abbey	12.0		
1982	C Nolan	Kilcock	11.96		
1983	Brid Hallissey	Ferrybank	12.1		
1984	Grace O'Grady	Nenagh Olympic	11.9		
1985	Susan Smith	St. Paul's, Waterford	12.0		
1986	Orla McGuinness	Carrick-on-Shannon	12.3		
1987	Elaine Murphy	Nenagh Olympic	11.9H		
1988	Brid Power	Ferrybank	12.5H		
1989	Patricia Naughton	Nenagh Olympic	12.80		
1990	Mandy Bloomer	Mountmellick	12.8H		
1991	Suzanne Cummins	Roscrea	12.23		
1992	Siobhan McWeeney	Carrick-on-Shannon	12.14		
1993	Julie Davis	Lagan Valley	12.57		
1994	Aine Cuddihy	Carrick-on-Suir	12.82		
1995	Derval O'Rourke	Leevale	12.73		
1996	Sarah Kelly	Portumna	12.77		
1997	Carol Loscher	Roundwood	12.59		
1998	Ciara Kearns	Celbridge	12.35	0.4	
1999	Shireen McDonagh	Dundrum South Dublin	12.70		
2000	Niamh O'Reilly	Dundrum South Dublin	13.33		
2001	Suzanne O'Donovan	Belgooly	12.29		
2002	Kalyn Sheehan	Ferrybank	11.70		
2003	Rebecca Tyson	Brothers Pearse	12.1H		
2004	Shauna Furman	Clonliffe Harriers	12.33	-1.9	
2005	Catherine McManus	Celtic	11.90	-1.3	
2006	Louise Harvey	St. John Bosco	11.96	1.4	
2007	Katie Hyland	Westport	11.99	0.7	
2008	Ciara Giles Doran	Ferrybank	11.40		
2009	Christine Campion	Celbridge	11.61	1.8	
2010	Kate McGowan	Tir Chonaill	11.32	-1.8	
2011	Aideen Kane	St Killian's	11.70		
2012	Lisa Aspel	Crookstown Millview	11.96		
2013	Ciara Deely	Kilkenny City Harriers	11.65		
2014	Miriam Daly	Carrick-on-Suir	11.30		
2015	**Seren O'Toole**	**Galway City Harriers**	**11.25**	**1.6**	**CR**
2016	Laura Gallagher	Dundrum South Dublin	11.54	0.5	
2017	Lucy Mai Sleeman	Leevale	11.59	-1.2	
2018	Grace Rooney	Youghal	11.73	0.0	
2019	Veronica O'Neill	Kilkenny City Harriers	11.47	-1.2	

200m / 250m Hurdles U14 Girls

1981	Ann Marie Ward	Belfast Olympic	31.8	200m
1982	C Nolan	Kilcock	30.2	200m

1983	Paula Carthy	Clondalkin	29.3	200m	
1984	Grace O'Grady	Nenagh Olympic	29.8	200m	
1985	Susan Smith	St. Paul's, Waterford	29.0	200m	
1986	Michelle O'Reilly	Carraig na Bhfearr	30.2	200m	
1987	Jean O'Gorman	Newport	29.3H	200m	
1988	Aisling Hearty	Dundealgan	29.5H	200m	
1989	Deborah Brady	Togher	30.61	200m	
1990	Melissa Collins	Loughrea	28.3H	200m	
1991	Suzanne Cummins	Roscrea	35.7H		
1992	Laura Hegarty	Midleton	37.1H		
1993	Nichola Farrell	Claremorris	37.8H		
1994	Aine Cuddihy	Carrick-on-Suir	38.16		
1995	Lorraine Carr	Glenbower	37.98		
1996	Niamh Cummins	Kilgobnet, Colligan and Kilbrien (K.C.K.)	38.03		
1997	Dervla Connaughton	Roscommon	38.2H		
1998	**Ciara Kearns**	**Celbridge**	**37.0H**		**CR**
1999	Nicola Regan	Togher	37.47		
2000	Katey Byrd	Belgooly	39.72		
2001	Claire McNamara	Athenry	37.11		

Discontinued

2000m Walk U14 Girls

1978	Brigid Kilgallon	Mullingar Harriers	8.47.4	1500m	
1979	Mary Whelan	Nenagh Olympic	8.41.7	1500m	
1980	A Murphy	Thomastown	8.24.7	1500m	

1981-1992 Not held

1992	Claire Long	Ring Old Parish	11:07.4H		
1993	Siobhan O'Malley	Bilboa	10:36.58		
1994	Kelly O'Keeffe	Shannon	10:54.8H		
1995	Serena O'Keeffe	Kilkenny City Harriers	10:21.32		
1996	Deirdre Kelly	West Wicklow	10:57.5H		
1997	Ann O'Malley	Bilboa	10:26.7H		
1998	Ciara McDermott	Ballina	10:21.00		
1999	Catriona McMahon	Coolyroe	10:56.98		
2000	Esther Fitzpatrick	St. Cronan's	10.45.53		
2001	Lucia Brennan	Castlecomer	10.43.53		
2002	Laura Reynolds	Mohill	10.54.83		
2003	Sinead Tighe	Ballinamore	11:27.8H		
2004	Aoife Whelan	Finn Valley	10:54.57		
2005	Julie Dennehy	St. Senan's	10:59.0H		
2006	Emma Prendiville	Farranfore Maine Valley	10:45.67		
2007	Kate Veale	West Waterford	10:40.45		
2008	Michelle Beirne	Mohill	11:11.40		
2009	**Alicia Boylan**	**Oriel**	**10.09.89**		**CR**
2010	Tara Leacy	St. Senan's	11:24.28		
2011	Orlaith Delahunt	Sligo	10:50.19		
2012	Isabel Morgan	St Senan's	10:50.87		
2013	Niamh O'Connor	Celbridge	10:31.51		
2014	Sarah Glennon	Mullingar Harriers	10:33.32		
2015	Emily MacHugh	Naas	11:02.81		
2016	Ava Ross	Glaslough Harriers	10.42.48		
2017	Rhea Donnelly	Celbridge	11.14.59		
2018	Bridin Doyle	Craanford Harriers, Wexford	11.35.48		
2019	Odhrna Hurley	Carraig-Na-Bhfear	11.18.70		

High Jump U14 Girls

1968	T O'Brien	Tipperary	1.30	

1969-1970 Not held

1971	Margaret Crosse	Tipperary	1.34	
1972	M Redmond	Cork	1.45	
1973	Carmel Scallan	Leinster		
1974	Audrey Long	Ballyfermot	1.56	
1975	F Kennedy	Crusaders	1.56	
1976	Noreen Fleming	Midleton	1.50	
1977	Yvonne Tannian	Galway City Harriers	1.60	
1978	**Brigid Corrigan**	**Celtic**	**1.63**	**CR**

1979	M Corrigan	Celtic	1.48	
1980	Clare Corrigan	Celtic	1.66	
1981	Jacqui Stokes	Fethard	1.59	
1982	Marie Ahearne	Dooneen	1.60	
1983	Brid Hallissey	Ferrybank	1.59	
1984	Grace O'Grady	Nenagh Olympic	1.56	
1985	Kay Johnson	Omega	1.62	
1986	Isobel Kelly	Lifford	1.56	
1987	Linda Stubbs	Tramore	1.62	
1988	**Elaine Ball**	**Limerick Emerald**	**1.63**	**CR**
1989	Linda Power	Tramore	1.59	
1990	Georgina Brennan	Newbridge	1.62	
1991	Emma Gregg	West Dublin	1.45	
1992	Deirdre Ryan	Claremorris	1.58	
1993	Rachel McMillan	Templemore	1.60	
1994	Orna Donoghue	Carrick-on-Suir	1.48	
1995	Lisa Marsh	St. Mary's	1.50	
1996	Deirdre Ryan	Dundrum South Dublin	1.65	
1997	Carol Loscher	Roundwood	1.55	
1998	Eva Bolton	Ballina	1.55	
1999	Colette McBarron	St. John Bosco	1.50	
2000	Amanda Casey	St. Mary's	1.45	
2001	Leona Byrne	St. Laurence O'Toole	1.56	
2002	Mairead Murphy	Ferrybank	1.51	
2003	Claire Rockall	Athenry	1.48	
2004	Janelle McGork	Mid Ulster	1.45	
2005	Cathriona Farrell	Craughwell	1.54	
2006	Aisling Costello	Claremorris	1.54	
2007	Emily Rogers	Dunleer	1.53	
2008	Aisling Croke	Dooneen	1.51	
2009	Grace McKenzie	Belgooly	1.51	
2010	Nessa Murphy	Ferrybank	1.45	
2011	Laura Cussen	Old Abbey Striders	1.51	
2012	Aisling Keady-Cummins	Craughwell	1.54	
2012	Alannah Gannon	Westport	1.54	
2013	Ciara Deely	Kilkenny City Harriers	1.51	
2014	Alisha Conway	Claremorris	1.55	
2015	Holly Meredith	St Mary's, Limerick	1.53	
2016	Jennifer Hanrahan	Brothers Pearse	1.50	
2017	Katie Nolke	Ferrybank	1.53	
2018	Ava Rochford	Ennis	1.69	
2019	Maya Brennan	Lambay Sports Academy, Donabate/Portr	1.59	

Long Jump U14 Girls

1971	Louise McGettigan	Lifford	4.61	
1972	Mary Fenton	Midleton	5.23	
1973	Kathleen Glavin	Cork	4.97	
1974	Evelyn O'Brien	Munster	4.86	
1975	Linda Barrett	Midleton	4.86	
1976	M Condon	St. Laurence O'Toole	4.98	
1977	M Cogan	St. Laurence O'Toole	5.17	
1978	C Millet	Kilkenny City Harriers	4.98	
1979	Noelle Morrissey	Nenagh Olympic	5.37	
1980	G Jennings	Castlebar	4.10	
1981	**Paula Cash**	**Glen Abbey**	**5.32**	**CR**
1982	Audrey Garland	Croft	4.76	
1983	H Naughton	Athlone	5.03	
1984	Siobhan Hoey	Portarlington	5.12	
1985	Mary Morrissey	St. Laurence O'Toole	5.37	
1986	Sharon Foley	Lifford	5.19	
1987	Mary Davitt	Clonliffe	4.99	
1988	Claire Ingerton	Leevale	5.21	
1989	Shauna Colhoun	Lifford	5.18	
1990	Karen Sheehan	Leevale	5.20	
1991	Ann Mather	Belgooly	4.85	
1992	Siobhan McWeeney	Carrick-on-Shannon	5.26	
1993	Grainne O'Mahoney	Claremorris	5.45	
1994	Suzanne Lynch	Carrick Aces	4.87	
1995	Sinead Swan	Taghmon	5.38	
1996	Emer Flannery	Portumna	5.17	
1997	Anna Boyle	Ballymena & Antrim	5.36	

1998	Eva Bolton	Ballina	5.52
1999	Aoife Hazel McNeill	Dundrum South Dublin	5.37
2000	Aileen Promprett	Glenbower	5.11
2001	Leona Byrne	St. Laurence O'Toole	5.31
2002	Kalyn Sheehan	Ferrybank	5.21
2003	Lauren Holmes	Celtic Dublin City Harriers	4.85
2004	Catherina O'Callaghan	Grange/Fermoy	4.86
2005	Claire Morrissey	Kilgobnet, Colligan and Kilbrien (K.C.K.)	4.96
2006	Joanna Mills	Ballymena & Antrim	5.26
2007	Sarah Lavin	Emerald	5.15
2008	Ann O'Shea	Ferrybank	5.23
2009	Aoibhinn McManus	City of Lisburn	5.01
2010	Ciara Dunne	Crookstown Millview A.C.	4.80
2011	Elizabeth Morland	Cushinstown	4.84
2012	Arlene Crossan	Finn Valley	5.10
2013	Orla O'Reilly	Tralee Harriers	5.19
2014	Lauren O'Leary	Emerald	5.10
2015	Lauren Callaghan	Finn Valley	5.22
2016	Jennifer Hanrahan	Brothers Pearse	5.13
2017	Michelle Ugwah	Carraig-Na-Bhfear	5.14
2018	Katie O'Regan	Riverstick Kinsale	5.21
2019	Okwu Backari	Leevale	5.19

Triple Jump U14 Girls

1971	Louise McGettigan	Lifford	ND	
1972	**Mary Fenton**	**Cork**	**10.36**	**CR**
1973	Patricia Jones	Dungannon	10.25	

Discontinued

Shot Put U14 Girls (2kg)

1971	Jacinta Ryan	Tipperary	9.55
1972	Marie Dooley	Limerick	10.24
1973	Marita Walton	Kilkenny City Harriers	10.74
1974	Marita Walton	Kilkenny City Harriers	11.95
1975	Joan Dooley	Ballyneety	11.54
1976	Anne Faulkner	Star of the Sea	11.81
1977	Mary Kavanagh	Good Counsel	10.60
1978	Brid Naughton	Nenagh Olympic	11.33
1979	Paula Kearns	Clonmel	10.87
1980	Breda Wall	Athy	11.68
1981	Eva Nangle	Tramore	12.41
1982	M McDonald	Blackrock	11.01
1983	Michelle Kirwan	Clogherhead	12.17
1984	Ailish O'Brien	Dungarvan	11.40
1985	Arlene Gillen	Armagh	10.20
1986	Elaine Hayes	Portlaoise	10.50
1987	Anne Marie Flannery	Monaghan Phoenix	11.28
1988	Hilary Whitty	Blarney	9.97
1989	Marie Liston	Dooneen	11.01
1990	Edel Meagher	Blarney	9.73
1991	Carolyn Godkin	Kilmore	11.04
1992	Grace Graham	Kilkenny City Harriers	10.28
1993	Sinead Kehoe	Tramore	11.23
1994	Katherine Flynn	Westport	10.43
1995	Denise Murphy	Leevale	12.13
1996	Diane Cashman	Glenbower	10.53
1997	Gillian Austin	Borrisokane	11.55
1998	Deirdre Murphy	Leevale	10.77
1999	Leanne Hayes	North Laois	11.36
2000	Sonia Kennedy	Ferrybank	10.33
2001	Kathleen Fitzgerald	Glounthaune	12.60
2002	Laura Cogan	Newbridge	12.23
2003	Andrea McEvoy	Gowran	11.08
2004	Clare Fitzgerald	Tralee Harriers	12.58
2005	Fiona Moloney	Dooneen	12.53
2006	Gaby McNally	Abbey	12.93
2007	Jade Power	Ferrybank	12.06
2008	Laura McSweeney	Bandon	12.40

2009	Niamh McLoughlin	Westport	12.47	
2010	Deirbhile Ryan	Nenagh Olympic	12.35	
2011	Michaela Walsh	Swinford	13.56	
2012	Kathlyn Furlong	Drinagh-Murrintown-Piercestown (DMP)	12.16	
2013	Marguerite Furlong	Adamstown	12.51	
2014	Katie Murphy	St Peter's	13.14	
2015	Ciara Sheehy	Liscarroll	14.10	
2016	**Aoibhinn McMahon**	**Blackrock, Louth**	**15.15**	**CR**
2017	Amy Callaghan	Cushinstown	12.20	
2018	Kotryna Paceromskaite	Fanahan McSweeney	13.56	
2019	Kya Mothiram	Ardee & District	11.80	

Discus U14 Girls (0.75kg)

1971	Jacinta Ryan	Tipperary	27.06	
1972	Marie Dooley	Limerick	29.50	
1973	Mary Cassidy	Munster	30.54	
1974	Marita Walton	Kilkenny City Harriers	33.46	
1975	Joan Dooley	Ballyneety	30.86	
1976	A Prendergast	De La Salle Waterford	37.40	
1977	D McEntee	Ballyfermot	27.17	
1978	S Furlong	St. Johns Park	27.49	
1979	Paula Kearns	Clonmel	29.80	
1980	Theresa Weir	De La Salle Waterford	30.67	
1981	Eva Nangle	Tramore	35.38	
1982	Elaine Boland	Limerick Emerald	28.58	
1983	Michelle Kirwan	Clogherhead	28.08	
1984	Ailish O'Brien	Dungarvan	37.64	
1985	Louise Kane	North Down	32.76	
1986	U Guinan	St. Pauls Waterford	29.68	
1987	Anne Marie Flannery	Monaghan Phoenix	29.84	
1988	Martha Halpin	Shelbourne	27.20	
1989	Marie Liston	Dooneen	28.90	
1990	Carol Costello	East Clare	26.88	
1991	Deirdre O'Connor	East Clare	28.28	
1992	Leanne Tutty	De La Salle Waterford	27.04	
1993	Clara Thompson	Bree	30.86	
1994	Catherine Tiernan	Nenagh Olympic	26.30	
1995	Clare Akers	East Clare	36.96	
1996	Katherine Coady	St. Senan's	31.64	
1997	Gillian Austin	Borrisokane	34.24	
1998	Sinead Murphy	Carrick-on-Suir	31.32	
1999	Rachel Akers	East Clare	38.36	
2000	Karen Healy	Fr. Murphy	30.68	
2001	Alison Mc Carthy	Fanahan Mc Sweeney	28.74	
2002	Niamh Coleman	Roundwood & District	25.86	
2003	Dearbhil Cronin O'Reilly	Star of the Laune	29.75	
2004	Aoife Hickey	Kilkenny City Harriers	29.52	
2005	Mary Moynihan	Farranfore Maine Valley	28.63	
2006	Zoe Scanlon	West Waterford	29.11	
2007	Jade Power	Ferrybank	29.29	
2008	Katie Hickey	West Waterford	32.31	
2009	Rita Casey	Gneeveguilla	25.12	
2010	Deirbhile Ryan	Nenagh Olympic	27.17	
2011	Sally Smith	Bandon	32.81	
2012	Nicole Kehoe-Dowling	St. Abban's	29.30	
2013	Marguerite Furlong	Adamstown	31.40	
2014	Rachel Kelly	Kilkenny City Harriers	32.01	
2015	Shauna Leydon	Mullingar Harriers	29.97	
2016	**Megan Lenihan**	**North Cork**	**39.36**	**CR**
2017	Ellen Madden	Ballymena & Antrim	31.66	
2018	Kotryna Paceromskaite	Fanahan McSweeney	28.12	
2019	Kya Mothiram	Ardee & District	23.74	

Javelin U14 Girls (400kg)

1971	Margaret Crosse	Tipperary	24.48
1972	Margaret Crosse	Tipperary	31.00
1973	Elizabeth Hurley	Leinster	28.46

1974 - 1975 Not held

1976	Marena Corcoran	Galway City Harriers	30.85	
1977	B Fitzsimons	Galway City Harriers	27.82	
1978	Claire Furlong	De La Salle Waterford	26.30	
1979	Jacqueline Murray	St. Peter's Lurgan	32.88	
1980	F McGovern	De La Salle Waterford	27.98	
1981	Anita Kane	North Down	26.72	
1982	Claire Furlong	De La Salle Waterford	29.30	
1983	L Murray	De La Salle Waterford	31.70	
1984	Lorraine Coffey	Marcab	31.56	
1985	Ellen Maguire	Walkinstown SAF	29.48	
1986	Katrina Campbell	Belfast Olympic	30.30	
1987	Anne Marie Flannery	Monaghan Phoenix	37.76	
1988	Elizabeth Clooney	De La Salle Waterford	28.22	
1989	Olivia Flannery	Monaghan	31.28	
1990	Edel Meagher	Blarney	29.58	
1991	Debbie Clarke	West Dublin	28.16	
1992	Ann Travers	Dungarvan	26.90	
1993	Jeanette Daniels	De La Salle Waterford	23.84	
1994	Catherine Tiernan	Nenagh Olympic	27.90	
1995	Emily Kitney	Overseas	36.00	
1996	Mary Dalton	De La Salle Waterford	29.06	
1997	Karen Dunne	Carrick-on-Suir	31.96	
1998	Lisa Fryer	Lagan Valley	34.31	
1999	Amanda O'Farrell	Borrisokane	24.12	
2000	LM Cooney	Carrick-on-Suir	24.85	
2001	Catherine Grant	Tramore	37.18	
2002	Kerry Harvey	Strathbarn	27.25	
2003	Olivia McDonald	St. Peter's Dromiskin	27.99	
2004	Clare Fitzgerald	Tralee Harriers	29.82	
2005	Surreen McCrudden	Finn Valley	30.12	
2006	Zoe Scanlon	West Waterford	32.90	
2007	Emer Boyce	Cranford	27.49	
2008	Becky Wall	Raheny Shamrock	25.63	
2009	Clodagh Fitzgerald	Carrick-on-Suir	30.23	
2010				
2011	Michaela Walsh	Swinford	26.56	
2012	Orlaith O'Brien	Ferrybank	34.36	
2013	Katherine O'Connor	St Gerard's	32.21	
2014	Nikki O'Neill	Newbridge	30.79	
2015	Holly Meredith	St Mary's, Limerick	33.22	
2016	Megan Lenihan	North Cork	39.07	
2017	**Amy Whelan**	**Liscarroll**	**41.53**	**CR**
2018	Ellie McCurdy	Lifford / Strabane	33.34	
2019	Ailbhe Gordon	Greystones & District	34.57	

Hammer U14 Girls (2.5kg)

2000	Karen Healy	Fr. Murphy	34.15	
2001	Ann-Marie Cronin	Old Abbey	42.80	
2002	Mairead Murphy	Ferrybank	26.49	
2003	Dearbhil Cronin O'Reilly	Star of the Laune	32.23	
2004	Aoife Hickey	Kilkenny City Harriers	34.38	
2005	Meg Fitzgerald	West Waterford	31.28	
2006	Gaby McNally	Abbey, Belfast	39.55	
2007	Karen Monaghan	Fr. Murphy	32.33	
2008	Becky Wall	Raheny Shamrock	31.99	
2009	Alice Akers	Marian	41.30	
2010	Michaela McNally	Abbey, Belfast	33.73	
2011	Michaela Walsh	Swinford	34.72	
2012	Kathlyn Furlong	Drinagh-Murrintown-Piercestown (DMP)	39.27	
2013	Sinead Warren	Gneeveguilla	32.40	
2014	**Jade Williams**	**Shercock**	**46.59**	**CR**
2015	Emily Linehan	North Cork	31.98	
2016	Angel Durose	Lifford / Strabane	30.02	
2017	Anne Marie McBride	Lifford / Strabane	42.51	
2018	Kotryna Paceromskaite	Fanahan McSweeney	42.83	
2019	Laura Dunphy	Fr. Murphy	31.84	

4 x 100m Relay U14 Girls

1971	Cork	1.55.6	
1972	Templeogue	53.8	
1973			
1974	Nenagh Olympic	54.0	
1975	Leevale	52.9	
1976	Iona	51.9	
1977	St. John's Park	52.5	
1978	Nenagh Olympic	51.3	
1979	Nenagh Olympic	50.8	
1980	Belfast Olympic	53.1	
1981	Walkinstown SAF	52.7	
1982	Pearse	53.3	
1983	Clondalkin	51.3	
1984	Lucan Harriers	51.8	
1985	Lucan Harriers	50.34	
1986	St. Laurence O'Toole	52.6	
1987	Ballybrack	52.6H	
1988	Mid Sutton	51.1	
1989	Togher	51.2	
1990	Leevale	50.6H	
1991	West Dublin	51.19	
1992	Dundrum South Dublin	51.0H	
1993	Claremorris	52.1H	
1994	**Metro St. Brigid's**	**50.4H**	**CR**
1995	Kilkenny City Harriers	50.8H	
1996	Leevale	52.5H	
1997	Leevale	51.5H	
1998	Dundrum South Dublin	50.6H	
1999	Bree	51.9	
2000	Dunleer	52.76	
2001	Leevale	52.04	
2002	Ferrybank	52.86	
2003	Dooneen	53.28	
2004	Athenry	54.40	
2005	Carrick-on-Suir	54.44	
2006	Dooneen	52.26	
2007			
2008			
2009	Tir Chonaill	53.36	
2010	Tir Chonaill	52.88	
2011	Leevale	53.10	
2012	Dundrum South Dublin	53.13	
2013			
2014	St. Laurence O'Toole	51.41	
2015	Finn Valley	51.46	
2016	Tullamore Harriers	52.20	
2017	Tír Chonaill	51.93	
2018			
2019	Leevale	53.10	

4 x 400m Relay U14 Girls

1979	Sparta	4.11.7	
1980	Belfast Olympic	4.22.4	
1981	Dundrum	4.15.4	
1982	St Senans	4.17.9	
1983	**Clondalkin**	**4.10.9**	**CR**
1984	Togher	3.55.10	
1985	Dundrum	4.14.07	
1986	Dundrum		

Discontinued

Combined Events U14 Girls

1974	Evelyn O'Brien	Corbally	3270
1975	Bernadette Kavanagh	Ballyfermot	2895
1976			
1977	Brigid Corrigan	Celtic	2972
1978	Brigid Corrigan	Celtic	3243
1979	Noelle Morrissey	Nenagh Olympic	3008

1980					
1981	Paula Cash	Glen Abbey	2950		
1982	Brid Hallissey	Ferrybank	3053		
1983	Brid Hallissey	Ferrybank	3261		
1984	Grace O'Grady	Nenagh Olympic	2994		
1985	Ellen Maguire	Walkinstown SAF	2987		
1986					
1987	Sorcha McCaul	Carrickmacross	2580		
1988	Elaine Ball	Limerick Emerald	2804		
1989	Patricia Power	Ferrybank	2496		
1990	Mandy Bloomer	Mountmellick	2784		
1991	Laura Hartley	Ferrybank	2661		
1992	Laura Hegarty	Midleton	2646		
1993	Nicola Farrell	Claremorris	2704		
1994	Aine Cuddihy	Carrick-on-Suir	2635		
1995	Maeve Loughlin	Ballyshannon	2575		
1996	Emer Flannery	Portumna	2521		
1997	Carol Loscher	Roundwood	2811		
1998	Ciara Kearns	Celbridge	3090		
1999					
2000	Niamh McGrane	Dunleer	2149		
2001					
2002	Mairead Murphy	Ferrybank	2986		
2003	Claire Rockall	Athenry	2792		
2004					
2005					
2006	A Sheahan	Dooneen	2622		
2007	Katie Hyland	Westport	2663		
2008	Sarah McCarthy	Fingallians	2483		
2009	Grace McKenzie	Belgooly	2579		
2010	**Deirbhile Ryan**	**Nenagh Olympic**	**3125**		**CR**
2011	Elizabeth Morland	Cushinstown	2719		
2012	Arlene Crossan	Finn Valley	2562		
2013	Vickie Cusack	Liscarroll	2956		
2014	Sophie Meredith	St Mary's Limerick	2806		
2015	Tara Meier	Boyne	2773		
2016	Jennifer Hanrahan	Brothers Pearse	2814		
2017	Saidhbhe Byrne	Enniscorthy	2172	*4 Events	
2018	Ava Rochford	Ennis	3003		
2019	Hannah Falvey	Belgooly	2904		

Cross Country U14 Girls

1971	Beatrice Lambert	St. Laurence O'Toole
1972	F O'Higgins	Dublin County Team
1973	Greta Hartnett	Cork County Team
1974	Patricia Butler	Leinster Region
1975	M Murphy	Thomas McDonagh
1976	Linda Barrett	Midleton
1977	Marie Hennessy	St. Johns Park, Waterford
1978	Brid Ruane	Castlebar
1979	Adrienne Dollard	Dundrum South Dublin
1980	Camilla Harron	Finn Valley
1981	Patricia Logan	Limerick
1982	C Nolan	Pearse
1983	Anne Carolan	Clondalkin
1984	Geraldine Nolan	Leinster Region
1985	Sinead Delahunty	Kilkenny City Harriers
1986	Jennifer Maher	Dundrum South Dublin
1987	Maeve Lafferty	Finn Valley
1987	Arlene Smith	Cavan
1988	Arlene Smith	Cavan
1989	Susan Murnane	Emerald
1990	Marie Brennan	Marian
1991	Margaret Dangher	Templemore
1992	Terry Hennessy	Glenbower
1993	Kathryn Casserly	Castlegar
1994	Carol O'Regan	Coolyroe
1995	Paula Sheehan	Blarney Inniscarra
1996	Deirdre Byrne	St Benedicts
1997	Teresa O'Grady	West Muskerry

1998	Tanya Whelehan	Raheen
1999	Sinead Keane	Western Region
2000	Ciara Durkan	Skerries
2001	Joyce Curtin	Glenbower
2002	Sara Louise Treacy	Moynalvey
2003	Ciara Cronin	Ferrybank
2004	Ciara Cronin	Ferrybank
2005	Niamh Doyle	Celtic Dublin City Harriers
2006	Cliodhna Galwey	Liscarroll
2007	Elizabeth Carr	Mullingar Harriers
2008	Siofra Cleirigh Buttner	Dundrum South Dublin
2009	Alanna Lally	Galway City Harriers
2010	Clodagh O'Reilly	Annalee
2011	Nadia Power	Templeogue
2012	Caoimhe Harrington	West Muskerry
2013	Sarah Healy	Blackrock, Dublin
2014	Sarah Healy	Blackrock, Dublin
2015	Saoirse O'Brien	Westport
2016	Aimee Hayde	Newport
2017	Sadhbh Mohan	Metro St. Brigid's
2018	Nicole Dinan	Leevale
2019	Nicole Dinan	Leevale

Cross Country Team U14 Girls

	Club	County	Region
1971	Grange Fermoy 68pts	Cork 51pts	
1972	Midleton	Cork	
1973	Midleton 17pts	Not contested	Cork 30pts
1974	Corbally 42pts	Not contested	Munster 65pts
1975	Thomas McDonagh	Not contested	
1976	Dundrum Family Recreation Centre	Not contested	
1977	Limerick Emerald 46pts	Not contested	Munster 58pts
1978	St Johns Park 28pts	Not contested	Dublin 62pts
1979	Dundrum 40pts	Not contested	Dublin 33pts
1980	Mullingar 118pts	Not contested	Leinster 83pts
1981	Clones 108pts	Not contested	Ulster 67pts
1982	St Senans 61pts	Not contested	Leinster 60pts
1982	St Senans 120pts	Not contested	Ulster 46pts
1983	Castlebar 41pts	Not contested	Leinster 78pts
1984	Dundrum 28pts	Not contested	Dublin 62pts
1985	Dundrum 74pts	Not contested	Munster 67pts
1986	Thurles Crokes 83pts	Not contested	Dublin 71pts
1987	Thurles Crokes 59pts	Not contested	Munster 33pts
1988	North Cork 42pts	Not contested	
1989	Bilboa 77pts	Not contested	Munster 23pts
1990	Marian 28pts	Not contested	Munster 31pts
1991	Marian 74pts	Not contested	Munster 28pts
1992	Ajax 100pts	Not contested	Munster 40pts
1993	Glenbower 25pts	Not contested	Munster 51pts
1994	Glenbower 39pts	Not contested	Munster 33pts
1995	Coolyroe 69pts	Not contested	Munster 40pts
1996	Marian 98pts	Not contested	Leinster 58pts
1997	West Muskerry 32pts	Not contested	Munster 25pts
1998	Glenbower 87pts	Not contested	Leinster 57pts
1999	Dundrum South Dublin 54pts	Not contested	Ulster 64pts
2000	Dundrum South Dublin 65pts	Not contested	Dublin 50pts
2001	Dundrum South Dublin 65pts	Not contested	Munster 61pts
2002	Athenry 97pts	Cork 150pts	Leinster 44pts
2003	Ferrybank 59pts	Waterford 81pts	Munster 41pts
2004	Ferrybank 37pts	Waterford 144pts	Munster 26pts
2005	Dundrum South Dublin 107pts	Dublin 98pts	Munster 60pts
2006	Celtic Dublin City Harriers 45pts	Dublin 60pts	Dublin 57pts
2007	Celtic DCH 100pts	Dublin 94pts	
2008	Mullingar Harriers 54pts	Dublin 85pts	Leinster 72pts
2009	Mullingar Harriers 115pts	Galway 124pts	Munster 54pts
2010	Doheny 124pts	Dublin 132pts	Munster 53pts
2011	West Waterford 56pts	Waterford 67pts	Munster 52pts
2012	West Waterford 59pts	Cork 139pts	Munster 41pts
2013	Dundrum South Dublin 134pts	Dublin 96pts	Munster 40pts
2014	West Waterford 107pts	Dublin 93pts	Leinster 86pts

2015	Thomastown 143pts	Cork 79pts	Munster 47pts	
2016	Mullingar Harriers 63pts	Cork 102pts	Leinster 44pts	
2017	Metro St. Brigid's 78pts	Dublin 113pts	Munster 72pts	
2018	Leevale 98pts	Cork 90pts	Ulster 68pts	
2019	Leevale 130pts	Cork 74pts	Leinster 66 pts	

80m U13 Boys

1966	M O'Sullivan	Tipperary	12.1	IJAB	
1967-1968	**Not held**				
1969	Brian Battersby	Dublin	11.5		
1970	Danny Buckley	Cork	12.1		
1971	G Corbett	Dublin	NT		
1972	Jim Crotty	Cork	12.2	100m	
1973	Not held				
1974	Owen Crotty	St. Finbarrs	10.1		
1975	Pat O'Halloran	Ballymore/Cobh	10.5		
1976	D Crocock	Greenfields	10.4		
1977	P Collins	Bray	10.2		
1978	T Jones	Enniscorthy	10.0		
1979	John Malone	Tullamore Harriers	9.9		
1980	T Casey	Roxboro	9.9		
1981	J Orosa	Collins	10.5		
1982	Paul McGovern	Drumshambo	10.13		
1983	B O'Rourke	St. Michaels	10.0		
1984	Cathal Hughes	Summerhill	10.07		
1985	Alan McCarthy	Youghal	9.8		
1986	S Slater	Marian	9.8		
1987	Brian Thornton	Clifden	10.1H		
1988	David Costello	Crookstown	9.9H		
1989	Michael Keady	St. John's	10.1H		
1990	Eamonn Braniff	East Down	9.9H		
1991	David Nolan	Presentation Bray	10.09		
1992	Edmond O'Carroll	Togher	10.02		
1993	Diarmuid McGrath	Leevale	10.49		
1994	Conor McPhillips	Dundrum South Dublin	10.37		
1995	Darren Coughlan	Bandon	10.38		
1996	David Murphy	Kildare	9.63		
1997	Daren O'Donovan	Leevale	10.00		
1998	Maurice Donoghue	Carrick-on-Suir	10.1H		
1999	Patrick Corrigan	Shercock	10.29	3.7	
2000	John Shanahan	St. Mary's	10.32		
2001	Gary Dunphy	St. Paul's	10.00	-0.6	
2002	Cian O'Loughlin	Cushinstown	10.8H		
2003	Timothy Harrington	Courcies	10.72		
2004	Killian McCarron	Glaslough Harriers	11.09		
2005	Joseph Dowling	Dundrum South Dublin	10.60		
2006	Jordan Pascal Conroy	Tullamore Harriers	10.38		
2007	Ryan McParland	Olympian	10.67	0.9	
2008	Simon O'Shaughnessy	Galway City Harriers	10.45	3.2	
2009	Paul Manning	St. Joseph's	10.12	2.0	
2010	Simon Essuman	Dublin Striders	10.52	-1.1	
2011	Kevin Kyne	Newbridge	10.45		
2012	Robert Cregan	Leevale	10.62		
2013	James Smythers	Myshall	10.48		
2014	Michael Farrelly	Portmarnock	10.48		
2015	Reece Ademola	Leevale	10.37		
2016	**Shane Gevero**	**Cabinteely**	**9.92**		**CR**
2017	John Okpotokin	St. Michaels	10.54		
2018	Jayden Carmody	Dooneen	10.21		
2019					

200m U13 Boys

1970	Danny Buckley	Cork	26.3
1971	G Corbett	Dublin	24.6
1972	Jim Crotty	Cork	26.6
1973-1980	**Not held**		
1981	Kenneth Horgan	Midleton	26.9
1982	S Quinn	Ardmore Montrose Residents Association	25.47
1983	B O'Rourke	St. Michaels	25.4

1984	F O'Mahoney	Clonmel	25.78		
1985	Alan McCarthy	Youghal	25.1		
1986	S Slater	Marian	24.03		
1987	Colm Kennedy	Shankill	24.16		
1988	Stephen Buckley	West Muskerry	25.8H		
1989	Ken Hennessey	Leevale	25.60		
1990	Ronan Keating	Dunshaughlin	26.9H		
1991	David Nolan	Presentation Bray	25.77		
1992	Edmond O'Carroll	Togher	24.97		
1993	Diarmuid McGrath	Leevale	25.88		
1994	Adam Brennan	Dom Savio	25.43		
1995	Darren Coughlan	Bandon	26.06		
1996	David Murphy	Kildare	24.11		
1997	Darragh Graham	Inbhear Dee	24.68		
1998	James Dorgan	Ballybrack	26.17	-0.8	
1999	Thomas Coughlan	Tullamore Harriers	25.4H		
2000	Gerard Tobin	Clounalour	25.52		
2001	**Gerard Tobin**	**Clounalour**	**23.86**	**0.9**	**CR**
2002	Brendan O'Connor	Beara	25.67	3.3	
2003-2013 Not held					
2014	Ben Mooney	Greystones & District	24.37		
2015	Matthew Buckley	Ratoath	24.47		
Discontinued					

400m U13 Boys

1969	D O'Donovan	Cork	59.1	
1970	**Padraig Jordan**	**Mayo**	**58.9**	**CR**
1971	G Corbett	Dublin	59.5	
1972	F Kellett	Dublin	59.5	
Discontinued				

600m/800m U13 Boys

1969	D O'Donovan	Cork	2.18.7
1970	T Butler	Limerick	2.19.8
1971	Paul Dunne	Dublin	2.15.0
1972	Brendan Blaney	Omagh	2.17.6
1973	Not held		
1974	Brian Regan	Grange-Fermoy	2.13.8
1975	John Wrafter	Tullamore Harriers	2.15.4
1976	E Nolan	Dooneen	2.16.5
1977	Eugene Curran	Ardee	2.12.4
1978	P O'Leary	Tramore	2.09.0
1979	Ian Stewart	New City	2.13.4
1980	C O'Brien	Dundrum	2.16.6
1981	G Kelly	Belfast Olympic	2.15.6
1982	Mark McKenna	Lourdes	2.14.8
1983	P Jordan	Thurles Crokes	2.13.1
1984	Cormac McNamara	Limerick	2.18.7
1985	PJ O'Rourke	St. Luas	2.13.9
1986	Eoin O'Sullivan	Trim	2.11.34
1987	C Kennedy	Shankill	2.16.0
1988	Rory Byrne	Collins	2:12.H
1989	Ken Hennessey	Leevale	02:12.51
1990	James Nolan	Clodiagh Valley	2:13.6H
1991	David Coade	Leevale	02:11.92
1992	Denis Murphy	Glounthaune	2:10.3H
1993	Leonard McCarthy	Belgooly	02:13.58
1994	Anthony Hennessey	Leevale	02:05.95
1995	Thomas McKeown	West Wicklow	02:11.56
1996	Patrick Holbrook	Mid Ulster	02:11.43
1997	Kevin Scanlon	Overseas	2:11.1H
1998	Hugh O'Neill	Celbridge	02:17.49
1999	Des Earls	Inbhear Dee	02:10.24
2000	Brendan Perrott	West Muskerry	2.12.18
2001	Adrian Toolin	Dunshaughlin	02:13.47
2002	John Collins	Skibbereen	02:13.93
2003	Daniel McNicholas	Castlebar	01:42.56
2004	Liam Markham	St Mary's Clare	01:40.89

2005	Mark English	Letterkenny AC	01:42.20	
2006	Cian Daniels	Ferrybank	01:40.59	
2007	Shane Fitzsimons	Mullingar Harriers	01:38.12	
2008	Dylan Sheehan	Dooneen	01:37.00	
2009	Paul Manning	St. Joseph's	01:38.46	
2010	Cormac Dalton	Mullingar Harriers	01:42.08	
2011	Robert Crowley	St. Laurence O'Toole	01:38.46	
2012	Aaron McGlynn	Finn Valley	01:38.50	
2013	Ciaran McManus		01:38.14	
2014	Cian McPhillips	Longford	01:36.47	
2015	Nathan Sheehy-Cremin	St Mary's Limerick	01:39.19	
2016	Denis Gilevskiy	Blackrock, Dublin	1.35.85	
2017	**Finn O'Neill**	**City of Derry Spartans**	**1.35.67**	**CR**
2018	Harvey Lowe	Skerries	1.38.90	

1500m U13 Boys

1969	L Ryan	Dublin	4.45.6	
1970	T Butler	Limerick	4.43.2	
1971	Paul Dunne	Dublin	NT	
1972	S O'Connor	Dublin	4.41.8	
1973	Not held			
1974	Brian Regan	Grange-Fermoy	NT	
1975	John Wrafter	Tullamore Harriers	4.39.9	
1976	Ian Marron	Dundrum Family Recreation Centre	4.40.4	
1977	**Eugene Curran**	**Ardee**	**4.29.6**	**CR**
1978	P O'Leary	Tramore	4.31.3	
1979	Ian Stewart	New City	4.34.1	
1980	C O'Brien	Dundrum	4.37.2	
1981	Eoin McDermott	Dundrum	4.38.7	
1982	Bill Mullaney	Thurles Crokes	4.24.4	
1983	D Morris	St. Gerard's	4.32.0	
1984	E O'Sullivan	Grange	4.33.96	
1985	PJ O'Rourke	St. Luas	4.34.7	
1986	Eoin O'Sullivan	Trim	4.19.9	
1987	Noel Holloway	Ballymore	4.48.0	
1988	Fergal Grier	Claremorris		
1989	Raymond O'Brien	Riverside	04:30.33	
1990	Liam Lynch	Kingscourt	04:45.00	
1991	David Coade	Leevale	04:25.90	
1992	Colin Byrne	St. Abban's	04:50.56	
1993	Leonard McCarthy	Belgooly	04:38.4	
1994	Patrick Murphy	Togher	04:39.10	
1995	Liam Casey	Corr na Mona	04:32.20	
1996	Patrick Holbrook	Mid Ulster	4.26.7	
1997	Martin Agnew	St. Comgal's	04:39.43	
1998	Eoghan Murphy	Kilmore Dublin	04:44.12	
1999	Des Earls	Inbhear Dee	4:35.9H	
2000	Alan Lee	Dooneen	4.40.84	
2001	Tommy O'Gorman	Carrick-on-Suir	4:30.8H	
2002	Robert Fitzsimons	Tallaght	04:42.61	
2003-2013	**Not held**			
2014	Ben Jones	Greystones & District	04:31.37	
2015	Cian McPhillips	Longford	04:34.30	

Discontinued

60m / 70m / 75m Hurdles U13 Boys

1974	Noel Cluskey	Ardee	11.2
1975	G Cassels	Celtic	11.5
1976	P Casey	Navan	11.4
1977	Michael Morrissey	Nenagh Olympic	11.6
1978	Fergus Sixsmith	Athy	11.7
1979	C Quinn	Dundrum	11.6
1980	L McLoughlin	Naas	11.5
1981	Padraig Greely	St. Joseph's Roscommon	11.8
1982	Colm Moran	St. Luas	11.81
1983	P Curtin	Blackrock	11.4
1984	Cathal Hughes	Summerhill	11.8
1985	Conor Keegan	Ardmore Montrose Residents Association	11.5

1986	Carlton Haddock	Togher	12.07		
1987	Rossa Prendergast	Skerries	11.9H		
1988	Ciaran Cash	West Dublin	11.6H		
1989	Fergal English	St. Mary's Waterford	12.15		
1990	Brian Langan	Westport	12.12		
1991	Rory Stafford	St. Anne's	12.00		
1992	Dermot Sheehan	Glenbower	11.73		
1993	Brian Slattery	Carrick-on-Suir	12.55		
1994	Conor McPhillips	Dundrum South Dublin	11.70		
1995	Timothy Flannery	Nenagh Olympic	12.12		
1996	Kieran Hennessy	Leevale	12.14		
1997	Brian McCarthy	Glenbower	12.73		
1998	Maurice Donoghue	Carrick-on-Suir	11.55	-0.4	
1999	Philip Austin	Borrisokane	11.8H		
2000	Shane Long	Slieveardagh	11.90		
2001	Gerard Tobin	Clounalour	12.15	-0.7	
2002	Brendan O'Connor	Beara	11.86	3.2	
2003	Gavin Carlin	Finn Valley	10.02		
2004	Adam Heaslip	Ferrybank	10.33		
2005	Simon Callaghan	Border Ramblers AC	10.08		
2006	Jordan Pascal Conroy	Tullamore Harriers	9.53		
2007	Matthew Aherne Ford	Abbey Striders	9.64	1.3	
2008	**Garbhan McKenna**	**Glaslough Harriers**	**9.2H**	**-0.2**	**CR**
2009	Michael Quilligan	Nenagh Olympic	10.10	1	
2010	Ryan Murray	Bree	9.83	0.1	
2011	David McDonald	Menapians	9.41		
2012	Daniel Callanan-Forde	Craughwell	10.28		
2013	Toriq Adegoke	St. Laurence O'Toole	9.92		
2014	Cian O'Connell	Lake District Athletics	9.74		
2015	Hugh Collins	Leevale	9.65	1.5	
2016	Harry Nevin	Leevale	9.52		
2017	Sean Carmody	Belgooly	9.54		
2018	Toby Thompson	Balymena & Antrim	9.60		

Long Hurdles U13 Boys

2001	Shane Long	Slieveardagh	34.94	

Discontinued

2000m Walk U13 Boys

1981	C Lawlor	St. Patrick's	8.42.2	1500m	
1982	M Conboy	Ballinamore	8.14.75	1500m	
1984	P Kelleher	An Riocht	8.16.65	1500m	
1985	T O'Brien	Ballinamore	11.14.2		
1986	David Cullinan	Ferbane	10.35.8		
1987	Pierce O'Callaghan	St. Andrew's Ashbourne	10.36.6		
1988	Pierce O'Callaghan	St. Andrew's Ashbourne	10.16.7		
1989	Michael Dower	Ring Old Parish	11:17.6H		
1990	Jamie Costin	Ring Old Parish	10:59.5H		
1991	Mark Lennon	Kilkenny City Harriers	10:41.H		
1992	Gary Burke	Ballinamore	10:33.8H		
1993	Liam Taylor	Ferbane	11:00.39		
1994	Liam Taylor	Ferbane	10:13.44		
1995	Hugh O'Donnell	St. Finian's Falcarragh	09:55.00		
1996	Alan Kennedy	West Wicklow	11.06.4		
1997	Martin Creegan	Ballinamore	10:51.1H		
1998	PJ O'Keeffe	Kilkenny City Harriers	11:09.94		
1999	Joseph Kavanagh	St. Andrew's Ashbourne	11:28.74		
2000	Christopher Dalton	Hacketstown	10.31.5		
2001	**Christopher Dalton**	**Hacketstown**	**09:49.16**		**CR**
2002	Evin Allen	Riverstick/Kinsale	11:06.26		
2003-2013 Not held					
2014	Liam McDonagh	Moycarkey Coolcroo	10:27.90		
2015	James Hanlon	Taghmon	11:09.37		

Discontinued

High Jump U13 Boys

1966	Bernard Brogan	Dublin	1.25	
1967-1968	**Not held**			
1969	S Rakeb	Dublin	1.40	
1970	S Kerrigan	Cork	1.40	
1971	G Colton	Dublin	1.43	
1972	David McLoughlin	Boyle	1.57	
1973	Ray McLoughlin	Boyle	1.60	
1974	Ray McLoughlin	Boyle	1.60	
1975	P Devanney	Dundrum	1.54	
1976	A Battersby	Marcab	1.55	
1977	A O'Brien	Clonmel	1.58	
1978	T Jones	Enniscorthy	1.53	
1979	**D Keyes**	**Castletown**	**1.63**	**CR**
1980	Kieran Mills	Mallow	1.57	
1981	Tom Nolan	Newbridge	1.61	
1982	JP O'Donnell	Lifford	1.55	
1983	B O'Rourke	St. Michael's	1.66	
1984	Kevin Foy	Templemore	1.58	
1985	N Clarke	Armagh City Harriers	1.61	
1986	Eoin O'Sullivan	Trim	1.61	
1987	Darragh Murphy	North Down	1.61	
1988	Antoine Burke	Dooneen	1.59	
1989	Noel Young	St. Kevin's	1.59	
1990	Eamonn Braniff	East Down	1.56	
1991	Declan O'Connell	Blarney Inniscara	1.61	
1992	Dermot Sheehan	Glenbower	1.56	
1993	Mark Nolan	Clonliffe Harriers	1.45	
1994	Mark Tuohy	Kilmallock	1.50	
1995	Barry O'Brien	Midleton	1.58	
1996	Adrian O'Dwyer	Kilkenny City Harriers	1.56	
1997	Ruairi McGovern	Glenbower	1.45	
1998	Alan Cassidy	St. Columb's	1.40	
1999	Stephen Gardiner	Regent House	1.51	
2000	Christopher Crowley	Belgooly	1.52	
2001	Pat Mulcahy	Fanahan McSweeney	1.70	
2002	Daniel McAuliffe	Blarney/Inniscara	1.55	
2003	Timothy Harrington	Courcies	1.50	
2004	Ben Cunningham	Ferrybank	1.40	
2005	Diarmuid O'Connell	St Itas	1.54	
2006	Michael Kilduff	Claremorris	1.45	
2007	Jaime Murtagh	St. Andrew's	1.49	
2008	David Cussen	Old Abbey Striders	1.53	
2009	Christian Collins	Lucan Harriers	1.43	
2010	Victor Costello	Aghaviller	1.35	
2011	David Drea	Gowran	1.43	
2012	Tommie Downes	Abbey Striders	1.53	
2013	Tom Gallagher	Ferrybank	1.50	
2014	Robert Dillon	Midleton	1.55	
2015	Jack Forde	St. Killian's	1.40	
2016	Sean Kavanagh	Midleton	1.56	
2017	Evan Hallinan	Craughwell	1.56	
2018	David Marrey	Westport	1.51	

Long Jump U13 Boys

1966	M O'Sullivan	Tipperary	16'5
1967-1968	**Not held**		
1969	Brian Battersby	Dublin	4.94
1970	Kevin Tyrrell	Waterford	5.15
1971	G Corbett	Dublin	4.99
1972	David McLoughlin	Boyle	5.15
1973	Not held		
1974	Noel Cluskey	Ardee	5.15
1975	Pat O'Halloran	Ballymore/Cobh	5.18
1976	T O'Callaghan	Limerick Emerald	5.00
1977	J Kennedy	De La Salle Waterford	5.01
1978	T Jones	Enniscorthy	5.39
1979	John Malone	Tullamore Harriers	5.05
1980	Ronan O'Toole	St. John Bosco	4.68
1981	A Sloan	Kilmore	5.22
1982	K Williamson	St. Luas	4.82
1983	B O'Rourke	St. Michael's	4.95

1984	N Stubbs	Tramore	5.26	
1985	Stephen Gilmore	Presentation Bray	5.67	
1986	**Jonathan Kron**	**Dundrum**	**6.09**	**CR**
1987	Eamonn English	Cushinstown	4.98	
1988	Scott Brown	North Laois	5.24	
1989	Alan McLoughlin	Westport	5.23	
1990	Darren O'Reilly	St. Anne's	5.25	
1991	Brian Cullinane	Nenagh Olympic	5.30	
1992	Philip Dunne	Skerries	5.32	
1993	Dermot Foran	Drinagh-Murrintown-Piercestown (DMP)	5.01	
1994	Ciaran Dempsey	Newbridge	5.34	
1995	Shane Lewis	North Laois	4.84	
1996	John Joy	St. Ita's	5.06	
1997	Gary Devine	Finn Valley	5.04	
1998	Paul Murphy	Kilmore Dublin	5.33	
1999	Thomas Coughlan	Tullamore Harriers	5.21	
2000	Carl McNamara	Ballybrack	5.08	
2001	Luke Sweetman	Fingallians	5.49	
2002	David Fleming	Gneeveguilla	5.37	
2003	Dara Kervick	Carrick-on-Suir	4.84	
2004	Fergal Duffy	Dundrum South Dublin	4.86	
2005	Ben McGillan	Strabane Track Club	4.75	
2006	Jordan Pascal Conroy	Tullamore Harriers	5.09	
2007	Nicholas Twumasi	Marian	4.82	
2008	David Cussen	Old Abbey Striders	4.77	
2009	Aidan Connelly	Craughwell	4.79	
2010	Shane O'Connell	St. Ita's	4.86	
2011	David McDonald	Menapians	5.35	
2012	David Ryan	Moycarkey Coolcroo	4.98	
2013	Patrick Gilceava	Crusaders	4.97	
2014	Diarmuid O'Connor	Old Abbey Striders	4.79	
2015	Reece Ademola	Leevale	5.15	
2016	Harry Nevin	Leevale	4.93	
2017	Joel Joseph	Midleton	4.81	
2018	Theo De Souza	Carraig na bhFear	5.14	

Triple Jump U13 Boys

1969	D Quinn	Clare	8.99	
1970	Padraig Jordan	Castlebar	11.22	
1971	R Smyth	Dublin	9.88	
1972	B Cosgrave	Galway	11.03	
1973-1974 Not held				
1975	Pat O'Halloran	Ballymore/Cobh	10.87	
1976	J O'Callaghan	Limerick Emerald	10.42	
1977	Michael Morrissey	Nenagh Olympic	10.52	
1978	T Jones	Enniscorthy	11.15	
1979	Cormac McDonald	Midleton	10.68	
1980	J Whelan	Tipperary Town	10.18	
1981	Tom Nolan	Newbridge	10.67	
1982	Colm Moran	St Luas	10.82	
1983	D Woods	Roscrea	9.97	
1984	M McCabe	Newport	9.91	
1985	Aidan Gillespie	Rosses	10.49	
1986	**John Kelly**	**Lifford**	**11.24**	**CR**
1987	Lorcan O'Brien	Cushinstown	10.88	
1988	Scott Brown	North Laois	10.87	
1989	Niall Walsh	St. John's	11.11	
1990	Derek Hayes	Ring Old Parish	9.59	
1991	Gerard O'Sullivan	Ferrybank	10.37	
1992	Cathal McGinley	Sliabh Liag	10.32	
1993	Michael Heffernan	Cappoquin	9.93	
1994	Adam Brennan	Dom Savio	10.99	
1995	John Carr	Glenbower	10.56	
1996	Barry Hazley	Mid Ulster	11.17	
1997	Ruairi McGovern	Glenbower	10.24	
1998	Denis Foley	West Muskerry	9.91	
1999	Owen McGrath	Borrisokane	9.61	

Discontinued

Pole Vault U13 Boys

1969	**D Quinn**	**Clare**	**2.93**	**CR**
1970	B Smyth	Clare	2.28	
1971	Liam Hennessy	Tipperary	2.36	
1972-2000	**Not held**			
2001	Kevin Downey	Fanahan McSweeney	2.30	

Discontinued

Shot Put U13 Boys (2.72kg)

1969	S Keogh	Dublin	10.85	
1970	Kevin Tyrrell	Waterford		
1971	Kevin Hartigan	Limerick	12.20	
1972	A Skeffington	Dungannon	8.84	
1973	Not held			
1974	M Doyle	Enniscorthy	12.16	
1975	P Murdock	Burren	11.58	
1976	John Cribbon	Young Wanderers	11.35	
1977	T Murray	Blarney	11.14	
1978	Frank O'Brien	Dungarvan	13.65	
1979	D Williams	Tipperary Town	13.87	
1980	T Ryan	St. Michael's	11.24	
1981	**F McAllister**	**Glaslough Harriers**	**14.91**	**CR**
1982	M McCauley	Letterkenny	13.16	
1983	Jarleth Gilroy	Ballymore	13.02	
1984	Seamus Liston	Dooneen	12.90	
1985	J Duff	Caragh	13.04	
1986	John Kelly	Lifford	ND	
1987	Pat Nangle	Tramore	11.24	
1988	John Flynn	Ferrybank	12.02	
1989	Alan McLoughlin	Westport	12.44	
1990	Eamonn Braniff	East Down	14.34	
1991	David Houlihan	Kildare	11.18	
1992	Damien Mullen	Oriel	11.32	
1993	Dermot Foran	Drinagh-Murrintown-Piercestown (DMP)	11.58	
1994	Michael Murphy	Carrick-on-Suir	11.93	
1995	John Wall	Glenbower	10.90	
1996	Tim Ahern	Blarney	12.33	
1997	Jim Healy	Carrick-on-Suir	12.35	
1998	James Dorgan	Ballybrack	11.87	
1999	Matthew Foley	Glenbower	11.47	
2000	Francis Abbey	St. Finians Falcarragh	13.29	
2001	James Nagle	Farranfore Main Valley	14.17	
2002	Ross Gildea	Calry	14.88	
2003	Kevin Fitzgerald	Drinagh-Murrintown-Piercestown (DMP)	11.85	
2004	Adam Heaslip	Ferrybank	11.81	
2005	Sean McCarthy	Riocht	10.91	
2006	Paul McGill	Craughwell	13.00	
2007	Tom Whelan	St. Senan's	11.72	
2008	Colin Kingston	Bandon	13.91	
2009	Benny Healy	Fanahan McSweeney	11.79	
2010	Mark Bromell	Emerald	11.89	
2011	Ciara O'Maoileon	An Ghealtacht	11.78	
2012	James Kelly	Finn Valley	14.73	
2013	Patick Purcell	Templemore	11.96	
2014	Adam Sheridan	Westport	14.03	
2015	Jack Barnett	Templemore	12.69	
2016	Leo Carey-McDermott	Tír Chonaill	12.13	
2017	Karlis Kaugars	Dunleer	13.96	
2018	Ben Walsh	Youghal	12.73	

Discus U13 Boys

1969	K O'Connor	Dublin	28.88
1970	Kevin Tyrrell	Waterford	31.66
1971	Joe Appleby	Dublin	31.98
1972	Joe Gallagher	Omagh	33.32
1973	Not held		
1974	D Hennessy	WTH	28.65

1975	P Jennings	Dungannon	28.05	
1976	I Shanahan	Youghal	28.15	
1977	Martin Nutty	Malahide	30.47	
1978	Frank O'Brien	Dungarvan	39.27	
1979	D Williams	Tipperary Town	36.23	
1980	M Hurley	Limerick Emerald	29.62	
1981	Barry Walsh	Dooneen	32.84	
1982	Colm Moran	St. Luas	34.36	
1983	E Commerford	Callan	29.84	
1984	Seamus Liston	Dooneen	30.34	
1985	J Nangle	Marian	27.36	
1986	John Kelly	Lifford	32.98	
1987	Colm Ward	East Clare	32.90	
1988	John Flynn	Ferrybank	32.66	
1989	Aidan Ahearne	Cappoquin	32.80	
1990	Alan Ward	East Clare	28.64	
1991	Donal McNamara	East Clare	30.18	
1992	James Parkins	Pres. Bray	28.76	
1993	Colin Travers	Donore Harriers	33.24	
1994	Michael Murphy	Carrick-on-Suir	30.64	
1995	Aidan Fogarty	Donore Harriers	39.94	
1996	Robert Butler	Carrick-on-Suir	41.74	
1997	Kevin O'Donnell	East Clare	37.08	
1998	John Dilworth	Blarney Inniscara	32.47	
1999	Gerard O'Leary	Glenbower	31.32	
2000	Kevin Downey	Fanahan McSweeney	38.67	
2001	**James Nagle**	**Farranfore Main Valley**	**49.09**	**CR**
2002	Daniel McAuliffe	Blarney Inniscara	34.95	
2003-2013 Not held				
2014	Michael Hand	St. Brendan's	33.47	
2015	Adam Sheridan	Westport	36.47	
Discontinued				

Hammer U13 Boys

2000	James Nagle	Farranfore Main Valley	37.53	
2001	James Nagle	Farranfore Main Valley	41.60	
2002	John Tierney	Ballinasloe & District	44.45	
2003-2013 Not held				
2014	Brian Naughton	Nenagh Olympic	34.67	
2015	**Robert Higgans**	**Na Fianna**	**47.74**	**CR**
Discontinued				

Javelin U13 Boys (400g)

1969	M Fitzgibbon	Cork	29.34
1970	Ian Lambe	Dublin	33.38
1971	Joe Appleby	Dublin	31.12
1971			
1972	Brendan Healy	Tipperary	29.42
1973	Not held		
1974	Noel Cluskey	Ardee	34.68
1975	Cathal Redmond	Dundrum	32.38
1976	L Kenny	Forgney	31.70
1977	J Willis	Mallow	30.81
1978	Kevin McBrearty	St. John Bosco Donegal	33.29
1979	D Williams	Tipperary Town	30.41
1980	Kieran Mills	Mallow	28.57
1981	Barry Walsh	Dooneen	38.38
1982	G Martyn	Slane	38.84
1983	R O'Toole	Bray	30.38
1984	Seamus Liston	Dooneen	32.50
1985	Joe Kenny	Templemore	36.92
1986	John Kelly	Lifford	36.44
1987	Robert Berry	Mullingar Harriers	34.16
1988	Raymond Finneran	Mullingar Harriers	35.26
1989	Adrian Joyce	Cushinstown	33.79
1990	Eamonn Braniff	East Down	38.12
1991	Simon Kearns	Kilmore Dublin	31.70
1992	Dima Syssoev	Shannon	37.44
1993	Neill McBride	Mid Ulster	33.24

1994	Aidan Crawford	Strabane	37.84		
1995	Gary Walsh	De La Salle Waterford	37.00		
1996	Robert Butler	Carrick-on-Suir	41.74		
1997	Troy Murphy	Blarney Inniscara	39.00		
1998	Stephen Byrne	Dundrum South Dublin	29.78		
1999	Daire Mulvaney	Clonliffe Harriers	31.73		
2000	Peter McDonald	St. Peter's	36.20		
2001	Lee Barlow	Olympian	43.77		
2002	Aaron Crawford	Strabane	37.79		
2003	Kevin Fitzgerald	Drinagh-Murrintown-Piercestown (DMP)	33.26		
2004	Sean Ryder	Kilcoole	28.78		
2005	Jaco Oostuysen	Clonmel	32.81		
2006	Eric Stam	Leevale	32.72		
2007	Mervin Brown	Glaslough Harriers	28.66		
2008	Michael Gallagher	Finn Valley	34.51		
2009	Abdul Wahab	Tuam	25.96		
2010	Fergus Cox	Inishowen	29.97		
2011	Gareth Crawford	Strabane	31.01		
2012	James Kelly	Finn Valley	36.12		
2013	Dominic McCabe	Cushinstown	31.73		
2014	Conor Cusack	Lake District Athletics	34.31		
2015	Tadhg O'Muircheartaigh	Dunboyne	39.58		
2016	Jack Cullen	Bandon	34.27		
2017	Karlis Kaugars	Dunleer	42.96		
2018	**Blaine Lynch**	**Finn Valley**	**44.09**		**CR**

Ball Throw U13 Boys

2003	**Kevin Fitzgerald**	**Drinagh-Murrintown-Piercestown (DMP)**	**57.52**		**CR**
2004	Matthew Kelly	Finn Valley	48.68		
2005	Kevin Murray	Dunleer	52.53		
2006	Nollaig Brophy	Carrick-on-Suir	54.32		

Discontinued

4 x 100m Relay U13 Boys

1969	Dublin	54.2		
1970	Cork	52.8		
1971	Dublin	1.50.0	4x200m	
1972	Cork	51.4		
1973	Pearse, Galway	53.7		
1974	Not contested			
1975	Dundrum	53.9		
1976	Dundrum Family Recreation Centre	54.3		
1977	St. Josephs	53.9		
1978	Castlebar	52.7		
1979	Togher	53.2		
1980	Togher	52.0		
1981	Dundrum	52.5		
1982	Ardmore Montrose Residents Association	52.6		
1983	Marcab	NT		
1984	Tramore	51.9		
1985	Clounalour	51.64		
1986	Lucan	52.0		
1987	Togher	52.0H		
1988	West Muskerry	51.9H		
1989	West Dublin	52.0H		
1990	Castlegar	52.4H		
1991	Togher	51.00		
1992	Togher	53.5H		
1993	Leevale	52.2H		
1994	Dundrum South Dublin	51.00		
1995	Dundrum South Dublin	51.5H		
1996	Dundrum South Dublin	52.9H		
1997	Finn Valley	51.1		
1998	Dundrum South Dublin	51.1H		
1999	Leevale	54.4		
2000	Listowel	52.16		
2001	**Listowel**	**48.7**		**CR**
2002	Dundrum South Dublin	52.16		
2003	St. Abban's	55.01		

2004	Crookstown Millview	54.98
2005	Dundrum South Dublin	55.14
2006	Leevale	54.14
2007		
2008		
2009	Craughwell	54.64
2010	Abbey Striders	53.7H
2011	Galway City Harriers	52.06
2012	Gneeveguilla	54.57
2013		
2014	Portmarnock	53.21
2015	St Mary's, Limerick	53.30
2016	Belgooly	52.53
2017	Midleton	52.78
2018	Dooneen	52.30

4 x 100m Relay (Inter County) U13 Boys

1992	Tipperary	52.82
1993	Cork	51.90
1994	Kildare	
1995		
1996		
1997	Finn Valley	51.1H
1998		
1999		
2000		
2001		
2002	Kerry	54.60
2003		
2004	Cork	54.1H
2005	Limerick	55.66
2006	Wexford	55.1H
2007	Kerry	55.2H
2008	Galway	54.3H
2009		
2010	Wexford	52.87
2011	Galway	52.30
2012	Tipperary	54.41
2013	Carlow	53.06

Discontinued

Combined Events U13 Boys

2000	**Cedric Kibaou**	**Dundrum South Dublin**	**2761**	**CR**
2001-2013 Not held				
2014	Joseph McEvoy	Nenagh Olympic	2456	
2015	Daniel Hurley	Old Abbey Striders	2610	

Discontinued

Cross Country U13 Boys

1969	M Lawlor	Kerry
1970	Freddie Lee	Limerick
1971	Terry McSweeney	Grange / Fermoy
1972	Brian McBride	Cranford
1973	Brian O'Regan	Grange / Fermoy
1974	Martin Drake	Youghal
1975	D Leahy	Grange / Fermoy
1976	Eugene Curran	Ardee
1977	P O'Toole	Enniscorthy
1978	Tony Wilson	Togher
1979	John Hardiman	Western Region
1980	Seamus O'Loan	Dublin
1981	Bill Mullaney	Thurles Crokes
1982	D Morris	Dublin
1983	C Kearney	Dublin
1984	Nigel Brunton	Bray
1985	Eoin O'Sullivan	Trim

1986	Peter Mulligan	Ardmore Montrose Residents Association (AMRA)
1987	Peter Mulligan	Ardmore Montrose Residents Association (AMRA)
1988	Stephen Coade	Eagle
1989	Raymond O'Brien	Riverside
1990	James Nolan	Ferbane
1991	Jason Delaney	United Striders
1992	Denis Murphy	Glounthaune
1993	Leonard McCarthy	Belgooly
1994	Patrick Murphy	Togher
1995	Thomas McKeown	West Wicklow
1996	Patrick Holbrook	St. Joseph's Coalisland
1997	James Ledingham	Ring Old Parish
1998	Mark Christie	Mullingar Harriers
1999	Des Earls	Inbhear Dee
2000	Christopher Burke	Kilmore
2001	Brian Markham	Ennis Track
2002	David Joyce	Castlebar
2003	John Francis	Ferrybank
2004	Shane Quinn	Ferrybank
2005	Mark English	Letterkenny
2006	Shane Fitzsimons	Mullingar Harriers
2007	Shane Fitzsimons	Mullingar Harriers
2008	Colm Hughes	Galway City Harriers
2009	Glen Gaffney	Mullingar Harriers
2010	Fearghal Curtin	Youghal
2011	Kevin McGrath	Bohermeen
2012	Aaron McGlynn	Finn Valley
2013	Finn Looney	Emerald
2014	Michael Lawlor	Naas
2015	Colin Gargan	Shercock
2016	Oisin Kelly	Cranford
2017	Oisin Duffy	City of Derry Spartans
2018	Shane Buckley	Dundrum, Tipperary
2019	Finn Duignan	St. Cronan's

Cross Country Team U13 Boys

	Club	**County**	**Region**
1969	Phoenix Harriers	Dublin	Not contested
1970	Limerick 41pts	Cork 66pts	Not contested
1971	West Belfast Harriers	Limerick	Not contested
1972	Limerick 28pts	Cork 59pts	Not contested
1973	Limerick	Not contested	Rest of Leinster 66 pts
1974	Shannon 41pts	Not contested	Dublin 79pts
1975	St. Peter's Lurgan	Not contested	Cork 75pts
1976	Dundrum Family Recreation Centre 44pts	Not contested	Leinster 75pts
1977	Lough Ree 43pts	Not contested	Connacht 57pts
1978	Limerick Emerald 63pts	Not contested	Ulster 86pts
1979	Mullingar 72pts	Not contested	Ulster 57pts
1980	Finn Valley 51pts	Not contested	Munster 80pts
1981	Thurles Crokes 51pts	Not contested	Munster 36pts
1982	Thurles Crokes 56pts	Not contested	Munster 49pts
1983	Limerick Emerald 71pts	Not contested	Munster 43pts
1984	Grange/Fermoy 81pts	Not contested	Dublin 73pts
1985	Ferbane 76pts	Not contested	Leinster 43pts
1986	North Cork 105pts	Not contested	Munster 88pts
1987	North Cork 81pts	Not contested	Dublin 81pts
1988	Bilboa 41pts	Not contested	
1989	Bilboa 102pts	Not contested	Munster 29pts
1990	West Muskerry 109pts	Not contested	Munster 62pts
1991	Glenbower 43pts	Not contested	Munster 28pts
1992	St. Malachy's 84pts	Not contested	Munster 69pts
1993	Thurles Crokes 52pts	Not contested	Munster 49pts
1994	Marian 65pts	Not contested	Leinster 67pts
1995	Leevale 79pts	Not contested	Leinster 56pts
1996	Dundrum South Dublin 70pts	Not contested	Munster 33pts
1997	Glenbower 56pts	Not contested	Leinster 66pts
1998	Mullingar Harriers 49pts	Not contested	Leinster 58pts
1999	Blarney Inniscarra 61pts	Not contested	Munster 60pts
2000	St. Columb's College 100pts	Not contested	Munster 48pts
2001	Glenbower 159pts	Not contested	Munster 33pts

2002	Finn Valley 48pts	Donegal 95pts	Leinster 65pts	
2003	St. Coca's 110pts	Dublin 180pts	Munster 46pts	
2004	St. Coca's 91pts	Louth 157pts	Munster 33pts	
2005	Dunleer 104pts	Donegal 125pts	Munster 56pts	
2006	Letterkenny 83pts	Donegal 147pts		
2007	Mullingar Harriers 59pts	Mayo 101pts	Connacht 60pts	
2008	Mullingar Harriers 98pts	Antrim 180pts		
2009				
2010	Mullingar Harriers 66pts	Dublin 130pts	Munster 49pts	
2011	Craughwell 73pts	Clare 116pts	Munster 63pts	
2012	Westport 118pts	Clare 151pts	Munster 68pts	
2013	Togher 66pts	Cork 149pts	Munster 70pts	
2014	Westport 95pts	Cork 64pts	Munster 62pts	
2015	Westport 67pts	Donegal 176pts	Ulster 85pts	
2016	Westport 146pts	Clare 168pts	Munster 51pts	
2017	Mullingar Harriers 81pts	Westmeath 143pts	Leinster 65pts	
2018	Mullingar Harriers 61pts	Dublin 201pts	Leinster 58pts	
2019	Mullingar Harriers 55pts	Westmeath 174pts	Leinster 63pts	

80m U13 Girls

1969	P McSweeney	Cork	11.5		
1970	Ann Jeffords	Leevale	12.8	100m	
1971	Adrienne Wrafter	Dublin	13.0	100m	
1972	S McGarry	Dublin	13.7	100m	
1973	Not held				
1974	Caroline O'Shea	Crusaders	10.4		
1975	Patricia Amond	St. Laurence O'Toole	10.4		
1976	Barbara McDonnell	Crusaders	10.6		
1977	Geraldine Keogh	Kilmore	10.2		
1978	Noelle Morrissey	Nenagh Olympic	10.3		
1979	Colette Galvin	Tullamore Harriers	10.2		
1980	Jacqui Stokes	Fethard	10.2		
1981	Claire Furlong	De La Salle Waterford	10.8		
1982	M Caralon	Clondalkin	10.45		
1983	Jospehine Pardy	St. Brendan's, Birr	10.3		
1984	Eimear Cullen	Lourdes	10.60		
1985	**Ruth Phelan**	**Grange**	**9.9**		**CR**
1986	Nicola Meehan	Newbridge	10.0		
1987	Arlene Smith	Breffni Harriers	10.3H		
1988	Elaine Gahan	Guinness	10.3H		
1989	Lena Barry	Limerick Emerald	10.3H		
1990	Margaret McLoone	Trim	10.4H		
1991	Carol Howlin	Kilmore	10.20		
1992	Fiona O'Neill	Dundrum South Dublin	10.53		
1993	Lisa Roche	Metro St. Brigid's	10.7H		
1994	Emily Maher	Kilkenny City Harriers	10.66		
1995	Eilish Ahearn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	10.59		
1996	Sharon Kelly	Leevale	10.5H		
1997	Sinead Mackey	Leevale	10.7H		
1998	Claire Bergin	Dundrum South Dublin	10.04		
1999	Karen Considine	Fanahan McSweeney	10.46	3.7	
2000	Aisling Dolan	St. Mary's Boyle	10.54		
2001	Orla Coughlan	Leevale	12.5H	-0.2	
2002	Kalyn Sheehan	Ferrybank	10.83	-0.9	
2003	Alex Jenkinson Butler	Carrigtwohill	11.07		
2004	Claire Morrissey	Kilgobnet, Colligan and Kilbrien (K.C.K.)	10.94		
2005	Rebecca Corbett	Leevale	11.14		
2006	Sarah Lavin	Emerald	10.69	0.9	
2007	Ann O'Shea	Ferrybank	10.79	0.7	
2008	Bronwyn Keogh	Fingallians	10.69	0.2	
2009	Grace Lawler	St. Laurence O'Toole	10.68	3.3	
2010	Phoebe Murphy	Clonmel	10.63	-1.8	
2011	Gina Akpe-Moses	St Gerard's	10.67		
2012	Susie O'Farrell	Celtic Dublin City Harriers	11.00		
2013	Patience Jumbo-Gula	St Gerard's	10.17		
2014	Niamh Foley	St Mary's (Limerick)	10.69		
2015	Sabia Doyle	Menapians	10.15		
2016	Nadislane Kabongo	Brothers Pearse	10.54		
2017	Grace Rooney	Youghal	10.48		
2018	Hannah Falvey	Belgooly	10.55		

200m U13 Girls

1969	P McSweeney	Cork	28.0		
1970	Louise McGettigan	Lifford	27.3		
1971	Regina Gibson	Letterkenny	27.3		
1972	S McGarry	Dublin	27.2		
1973-1981 Not held					
1982	**Mary Carolan**	**Clondalkin**	**26.46**		**CR**
1983	Nessa McCaul	Clondalkin	26.3		
1984	Joanne Heffernan	Clondalkin	26.8		
1985	Mandy McCann	Dundrum	26.6		
1986	Nicola Meehan	Newbridge	25.46		
1987	Niamh O'Hare	Mid Sutton	27.0H		
1988	Blanaid Quigley	Bray Striders	26.5H		
1989	Lena Barry	Limerick Emerald	26.84		
1990	Margaret McLoone	Trim	28.4H		
1991	Sharon Rowland	Roscrea	26.76		
1992	Fiona O'Neill	Dundrum South Dublin	26.76		
1993	Lisa Roche	Metro St. Brigid's	27.03		
1994	Mary Murphy	Metro St. Brigid's	26.70		
1995	Eilish Ahearn	Kilgobnet, Colligan and Kilbrien (K.C.K.)	27.12		
1996	Sharon Kelly	Leevale	27.04		
1997	Clare Murphy	Inbhear Dee	27.5H		
1998	Mandy Crowe	Bansha	27.08	-0.8	
1999	Sinead O'Neill	Templeogue	26.5H		
2000	Claire Brady	Celbridge	26.44		
2001	Orla Coughlan	Leevale	25.85	0.6	
2002	Sarah Murray	Tralee Harriers	26.5H	2.7	
2003-2013 Not held					
2014	Patience Jumbo-Gula	St Gerard's	26.35		
2015	Niamh Foley	St Mary's, Limerick	25.99		
Discontinued					

400m U13 Girls

1971	Carmel Reddin	Laois	64.5	
1972	**A Roberts**	**Dublin**	**63.2**	**CR**
Discontinued				

600m / 800m U13 Girls

1969	Beatrice Lambert	St. Laurence O'Toole	2.32.0	
1970	Beatrice Lambert	St. Laurence O'Toole	2.31.2	
1971	Helen Barry	Cork	2.30.7	
1972	Greta Hartnett	Cork	2.30.0	
1973	Not held			
1974	C Storar	Limerick	1.44.2	600m
1975	Ann Byrne	St. Benedict's	1.41.8	600m
1976	Maria Hennessy	St. Johns Park	1.38.4	600m
1977	B Farrell	Kildare	1.41.1	600m
1978	Adrienne Dollard	Dundrum	2.22.4	
1979	Theresa Sweeney	Drumcollogher	2.19.4	
1980	Sheila Burke	Mullingar Harriers	2.23.2	
1981	E Collins	Dundrum	2.23.1	
1982	Diane McCarthy	Grange	2.23.03	
1983	Helen Sullivan	Lucan Harriers	2.19.3	
1984	Julie Conlon	Castlebar	2.23.3	
1985	S Mayland	Dundrum	2.23.0	
1986	Joclyn Gamble	Ballymena & Antrim	2.19.85	
1987	Arlene Smith	Breffni Harriers	2:18.H	
1988	Olivia Flannery	Monaghan Phoenix	2:18.0H	
1989	Tona Finnegal	Leevale	02:27.00	
1990	Catriona O'Brien	Rathfarnham	2:24.6H	
1991	Maria Tracy	Glenbower	02:23.06	
1992	Nessa Joyce	Dundrum South Dublin	2:24.7H	
1993	Karen Woods	Metro St. Brigid's	02:22.05	
1994	Aoife Byrne	Dundrum South Dublin	02:18.22	
1995	Sarah Ewing	Dundrum South Dublin	02:23.33	

1996	Assumpta Bohan	Border Ramblers	02:23.36		
1997	Elaine Aylward	Mullinvat	2:25.5H		
1998	Elaine Cardiff	Kilmore	02:29.92		
1999	Ciara Durkan	Skerries	02:26.62		
2000	Laura Crowe	Clounalour	2.22.48		
2001	Elizabeth McWilliams	Ballymena & Antrim	02:16.37		
2002	Pamela Hughes	Westport	02:26.27		
2003	Aoife Hogan	Mullingar Harriers	01:40.83	600m	
2004	Sarah Hennessy	St. Joseph's	01:41.21	600m	
2005	Ashley McDonnell	Craughwell	1.44.50	600m	
2006	Clare O'Brien	Blarney Inniscara	01:44.16	600m	
2007	Elizabeth Carr	Mullingar Harriers	01:40.69	600m	
2008	Linda Conroy	Mullingar Harriers	01:43.35	600m	
2009	Jenna Bromell	Emerald	01:38.20	600m	
2010	Nadia Power	Templeogue	1.42.13	600m	
2011	Stephanie Cotter	West Muskery	01:42.87	600m	
2012	Amy Clarke	Na Fianna	01:45.17	600m	
2013	Fiona Doyle	Star of the Laune	01:40.16	600m	
2014	**Corrine Kenny**	**St. Laurence O'Toole**	**01:35.15**	**600m**	**CR**
2015	Ailbhe Doherty	Ennis Track	01:41.79	600m	
2016	Emma Moore	Galway City Harriers	1.37.50	600m	
2017	Hannah Murray	Finn Valley	1.38.20	600m	
2018	Nicole Dinan	Leevale	1.39.51	600m	

1500m U13 Girls

1971	Angela Kelly	Strabane	5.05.3		
1972	G Neary	Mayo	5.04.6		
1973	Not held				
1974	C Dunne	Ballynetty	4.00.0	1200m	
1975	Linda Barrett	Midleton	3.55.0	1200m	
1976	Maria Hennessy	St. Johns Park	3.46.0	1200m	
1977	Brid Ruan	Castlebar	3.48.5	1200m	
1978	Adrienne Dollard	Dundrum	4.54.8		
1979	Camilla Harron	Finn Valley	4.49.9		
1980	**Grainne McGirr**	**Clones**	**4.47.5**		**CR**
1981	G Dollard	Dundrum	4.58.8		
1982	Diane McCarthy	Grange	4.54.23		
1983	Anne Carolan	Clondalkin	4.43.6		
1984	L Dunwoody	Dundrum	4.55.67		
1985	Jenifer Maher	Dundrum	4.51.5		
1986					
1987	Sinead Cummins	St. Joseph's	4.52.0		
1988	Joanne Sharkey	Rosses	4:55.9H		
1989	Rosaleen Power	St. Mary's	05:04.8		
1990	Catriona O'Brien	Rathfarnham	5:00.8H		
1991	Maria Tracy	Glenbower	4:59.9H		
1992	Deirdre Gallagher	Bilboa	05:02.7		
1993	Lynette Aspel	Crookstown	4:58.6H		
1994	Aoife Byrne	Dundrum South Dublin	04:51.1		
1995	Nicola Kenny	West Muskerry	04:58.1		
1996	Teresa O'Grady	West Muskerry	5:01.0H		
1997	Ciara McDermott	Ballina	5:01.8H		
1998	Michelle Kehoe	Gorey	05:07.8		
1999	Linda Byrne	Dundrum South Dublin	05:06.9		
2000	Rena Buckley	Blarney / Inniscarra	5.02.72		
2001	Laura Crowe	Clounalour	4:52.4H		
2002	Sara Louise Treacy	Moynalvey	05:03.7		
2003-2013	**Not held**				
2014	Sarah Healy	Backrock Dublin	04:52.6		
2015	Ellen Lynch	Dooneen	4:57.46		

Discontinued

60m / 70m Hurdles U13 Girls (0.686m)

1974	S O'Shea	Letterkenny	11.4
1975	Patricia Maher	Roscrea	11.6
1976	Helen Gourley	St. Peters Lurgan	11.8
1977	Brid Naughton	Nenagh Olympic	11.3
1978	Noelle Morrissey	Nenagh Olympic	10.7
1979	C Kinnane	Nenagh Olympic	10.9

1980	D Morton	Celtic	11.6		
1981	C Nolan	Kilcock	11.5		
1982	Brid Hallissey	Ferrybank	11.68		
1983	Grace O'Grady	Nenagh Olympic	11.3		
1984	Joanne Heffernan	Clondalkin	11.7		
1985	Audrey Farrelly	Armagh	11.7		
1986					
1987	Brid Power	Ferrybank	11.5H		
1988	Patricia Naughton	Nenagh Olympic	11.7H		
1989	Mandy Bloomer	Mountmellick	12.21		
1990	Laura Hartley	Ferrybank	12.4H		
1991	Laura Hegarty	Midleton	11.90		
1992	Maura Moloney	Dooneen	12.18		
1993	Maria Hennessy	Glenbower	12.15		
1994	Emer O'Donnell	Nenagh Olympic	11.94		
1995	Aoife Collins	Glenbower	11.6H		
1996	Niamh Leacy	Bree	12.38		
1997	Ciara Kearns	Celbridge	12.14		
1998	Shireen McDonagh	Dundrum South Dublin	12.29	1.1	
1999	Aileen Promprett	Glenbower	12.1H		
2000	Suzanne O'Donovan	Belgooly	11.82		
2001	Suzanne O'Donovan	Belgooly	12.29	2.0	
2002	Kalyn Sheehan	Ferrybank	11.7H		
2003	Shauna Furman	Raheny Shamrock	9.96		
2004	Ellen Crotty	Brothers Pearse	10.43		
2005	Louise Harvey	St John Bosco, Donegal Town	10.12		
2006	Ciara Mulholland	Riverstick Kinsale	10.16	-1.3	
2007	Ciara Giles Doran	Ferrybank	9.96	0.1	
2008	Clodagh Fitzgerald	Carrick-on-Suir	10.1H		
2009	Laura Ann Costello	Galway City Harriers	10.10	2.7	
2010	Aideen Kane	St. Killians A.C.	9.81	-2.3	
2011	Molly Scott	St. Laurence O'Toole	9.69		
2012	Ciara Deely	Kilkenny City Harriers	9.63		
2013	**Miriam Daly**	**Carrick-on-Suir**	**9.58**		**CR**
2014	Niamh Foley	St. Mary's, Limerick	9.92		
2015	Lili O'Connor	Ratoath	9.66		
2016	Laura Frawley	St. Mary's, Limerick	9.52	-0.5	
2017	Aideen Drury	Shercock	9.80		
2018	Ruby Reynolds	Menapians	9.65	2.1	

1500m / 2000m Walk U13 Girls

1981	T O'Brien	Ballinamore	NT	1500m
1982	Tina Mulcahy	Dungarvan	6.22.23	1500m
1983	Yvonne Moore	St. Senan's	NT	1500m
1984	Ailis Brosnan	Riocht	8.00.79	1500m
1985	Michelle Mulcahy	Dungannon	8.08.2	1500m
1986	Deirdre Heslin	Ballinamore	7.54.0	1500m
1987	Ciara Lee	St. Joseph's, Kilkenny	8:09.H	1500m
1988	Carina Ryan	Lucan	8:12.H	1500m
1989	Valerie O'Neill	St. Senan's	8:07.8H	1500m
1990	Sandra Mulcahy	Cappaquin	8:30.5H	1500m
1991	Siobhan O'Malley	Bilboa	8:27.H	1500m
1992	Siobhan O'Malley	Bilboa	7:54.0H	1500m
1993	Kelly O'Keeffe	Shannon	NT	1500m
1994	Mairead Costin	Ring Old Parish	07:33.72	1500m
1995	Deirdre Kelly	West Wicklow	8:16.5H	1500m
1996	Ann O'Malley	Bilboa	7:54.0H	1500m
1997	Donna O'Sullivan	Olympic Harriers	11:23.9H	
1998	Catriona McMahon	Coolyroe	11:15.06	
1999	Carol Burtenshaw	Kildare	11:06.96	
2000	Bridget Gahan	Hacketstown	11.09.2	
2001	Lucia Brennan	Castlecomer	10:43.53	
2002	Laura Reynolds	Mohill	10:54.83	
2003 - 2013 Not held				
2014	**Sarah Glennon**	**Mullingar Harriers**	**10:33.32**	**CR**
2015	Emily MacHugh	Naas	11:02.81	

Discontinued

High Jump U13 Girls

1969	V Quinn	Clare	1.25

1970	C O'Donovan	Cork	1.27	
1971	Margaret Crosse	Tipperary	1.28	
1972	Joan Gibney	Mayo	1.32	
1973	Not held			
1974	Audrey Long	Ballyfermot	1.50	
1975	Linda Barrett	Midleton	1.47	
1976	S Doyle	Rosemount	1.43	
1977	**Brigid Corrigan**	**Celtic**	**1.58**	**CR**
1978	G Maher	Fethard	1.41	
1979	Clare Corrigan	Celtic	1.55	
1980	Jacqui Stokes	Fethard	1.53	
1981	Marie Ahern	Dooneen	1.55	
1982	Brid Hallissey	Ferrybank	1.48	
1983	A Casey	Loughree	1.55	
1984	Kayrn Williams	St Senan's	1.52	
1985	Isobel Kelly	Lifford	1.52	
1986	L Stubbs	Tramore	1.52	
1987	Anfrea Ramage	North Down	1.52	
1988	Edna Williams	St. Senan's	1.53	
1989	Maeve English	Tramore	1.58	
1990	Emma Gregg	West Dublin	1.49	
1991	Deirdre Ryan	Claremorris	1.45	
1992	Rachel McMillan	Templemore	1.50	
1993	Maria Hennessy	Glenbower	1.47	
1994	Sinead Fitzpatrick	St. Mary's	1.44	
1995	Deirdre Ryan	Dundrum South Dublin	1.51	
1996	Fionnuala Lombard	Midleton	1.44	
1997	Catherine Harvey	St. John Bosco	1.46	
1998	Colette McBarron	St. John Bosco	1.53	
1999	Amanda Casey	St. Mary's	1.40	
2000	**Leona Byrne**	**St. Laurence O'Toole**	**1.62**	**CR**
2001	Leona Byrne	St. Laurence O'Toole	1.56	
2002	Mairead Murphy	Ferrybank	1.51	
2003	Shauna Furman	Raheny Shamrock	1.44	
2004	Cathriona Farrell	Craughwell	1.53	
2005	Alexis Giwa	Galway City Harriers	1.43	
2006	Ciara Mulholland	Riverstick Kinsale	1.45	
2007				
2008	Leah Kelly	Fr. Murphy	1.40	
2009	Ellen Treacy	Craughwell	1.35	
2010	Aoife Naddy	Gowran	1.43	
2011	Alisha Conway	Claremorris	1.43	
2012	Ciara Deely	Kilkenny City Harriers	1.51	
2013	Alisha Conway	Claremorris	1.43	
2014	Holly Meredith	St Mary's, Limerick	1.46	
2015	Jennifer Hanrahan	Brothers Pearse	1.46	
2016	Jenna Mortimer	Claremorris	1.40	
2017	Ava Rochford	Ennis Track	1.55	
2018	Glory Uzomefuna	Lambay Sports Academy	1.49	

Long Jump U13 Girls

1969	Ann Sheehan	Cork	4.32
1970	Ann Sheehan	Cork	4.52
1971	Mary Fenton	Cork	4.79
1972	Majella Horgan	Cork	4.85
1973	Not held		
1974	Sharon Murray	Sparta	4.99
1975	Linda Barrett	Midleton	4.85
1976	Claire Jones	Shannon	4.74
1977	B Farrell	Kildare	4.59
1978	Geraldine Finn	Glynn	4.99
1979	E Durrian	Dun Dealgan	4.91
1980	Jacqui Stokes	Fethard	4.93
1981	Audrey Garland	Croft	4.60
1982	S Carey	Cushinstown	4.62
1983	Siobhan Hoey	St. Michaels	4.89
1984	Eimear Cullen	Lourdes	4.70
1985	Sharon Foley	Lifford	5.00
1986	Nicola Meehan	Newbridge	5.20
1987	Alva O'Brien	Grange	4.91
1988	Shauna Colhoun	Lifford	4.90

1989	Niamh Daly	Wexford	4.71		
1990	Barbara Kealy	Bray Striders	4.85		
1991	Siobhan McWeeney	Carrick	5.00		
1992	**Grainne O'Mahoney**	**Claremorris**	**5.32**		**CR**
1993	Aine Cuddihy	Carrick-on-Suir	4.91		
1994	Lorraine Carr	Glenbower	4.52		
1995	Ann-Marie Lynch	Kilkenny City Harriers	4.87		
1996	Niamh Leacy	Bree	5.20		
1997	Sharon O'Mahoney	Glenbower	4.81		
1998	Niamh Condron	Celbridge	4.71		
1999	Catriona De Paor	Glenbower	4.48		
2000	Leona Byrne	St. Laurence O'Toole	5.02		
2001	Leona Byrne	St. Laurence O'Toole	5.31		
2002	Kalyn Sheehan	Ferrybank	5.21	3.6	
2003	Catherina O'Callaghan	Grange Fermoy	4.47		
2004	Sarah Hennessy	St. Joseph's	4.90		
2005	Orla Nash	Riverstick/Kinsale	4.69		
2006	Ciara Daly	Dundrum South Dublin	4.62		
2007	Ciara Giles Doran	Ferrybank	4.92		
2008	Amber Barrett	Cranford	4.74		
2009	Roseanna McGuckian	Ballymena & Antrim	4.45		
2010	Aoife Harrison	Ferrybank	4.70		
2011	Molly Scott	St. Laurence O'Toole	4.79		
2012	Ciara Deely	Kilkenny City Harriers	4.91		
2013	Sophie Meredith	St Mary's (Limerick)	5.25	1.6	
2014	Niamh Foley	St Mary's (Limerick)	5.03		
2015	Praise Owoeye	Ferrybank	5.08		
2016	Sally Sumola	Clonliffe Harriers	4.55		
2017	Teresa Mullen	Cranford	4.62		
2018	Leagh Maloney	Dooneen	4.79		

Triple Jump U13 Girls

1969	A Sheahan	Cork	8.87
1970			
1971	Mary Fenton	Cork	9.57
1972	Majella Horgan	Cork	9.57

Discontinued

Shot Put U13 Girls (2kg)

1969	P Goodwin	Limerick	8.01
1970	Jacinta Ryan	Tipperary	8.63
1971	Marie Dooley	Limerick	9.43
1972	Elizabeth Hurley	Wicklow	9.17
1973	Not held		
1974	Joan Dooley	Ballyneety	10.82
1975	Mary Corbett	Limerick Emerald	8.83
1976	Mary Kavanagh	Good Counsel	10.19
1977	Brigid Corrigan	Celtic	10.98
1978	Michelle Kirwan	Balymena & Antrim	9.46
1979	Theresa Weir	De La Salle Waterford	
1980	Breda Paul	Ballycotton	10.01
1981	Elaine Boland	Limerick Emerald	10.71
1982	Michelle Kirwan	Clogherhead	10.07
1983	Ailish O'Brien	Dungarvan	11.72
1984	Ann Marley	Finn Valley	10.23
1985	Elaine Hayes	Portlaoise	9.92
1986			
1987	Hilary Whitney	Blarney	10.15
1988	Marie Liston	Dooneen	10.18
1989	Olivia Keogh	St. Ronan's	9.67
1990	Laura Hartley	Ferrybank	9.03
1991	Sinead Leahy	Blarney	11.16
1992	Sinead Keogh	Tramore	9.61
1993	Collette O'Driscoll	East Clare	9.20
1994	Kate O'Riordan	Midleton	11.20
1995	Diane Cashman	Glenbower	10.77
1996	Fionnuala Lombard	Midleton	11.71
1997	Brid Breathneach	Corr na Mona	11.40

1998	Leanne Ahyes	North Laois	11.43	
1999	Sharon Corbett	St. Ronan's	10.24	
2000	Kathleen Fitzgerald	Glounthaune	13.64	
2001	Kathleen Fitzgerald	Glounthaune	12.60	
2002	Laura Cogan	Newbridge	12.23	
2003	Aoife Hickey	Kilkenny City Harriers	10.13	
2004	Valerie Mitchell	Newport	10.83	
2005	Tracey Bradfield	Bandon	10.82	
2006	Niamh Murphy	Blarney Inniscara	11.38	
2007	Laura McSweeney	Bandon	11.78	
2008	Niamh McLoughlin	Westport	11.02	
2009	Deirbhile Ryan	Nenagh Olympic	11.27	
2010	Michaela Walsh	Swinford	10.62	
2011	Orlaith O'Brien	Ferrybank	11.28	
2012	Marguerite Furlong	Adamstown	11.69	
2013	Therese Kelly	Brow Rangers	11.35	
2014	Ciara Sheehy	Liscarroll	12.27	
2015	**Aoibhinn McMahon**	**Blackrock, Louth**	**14.07**	**CR**
2016	Aoife Giles	Cranford	11.09	
2017	Eva Casey	The Macamores	10.18	
2018	Ceola Bergin	Templemore	10.58	

Discus U13 Girls

1969	E O'Connell	Cork	16.39	
1970				
1971	Marie Dooley	Limerick	23.44	
1972	Joan Gibney	Mayo	20.57	
1973	Not held			
1974	Joan Dooley	Ballyneety	26.49	
1975	A Faulkener	Star of the Sea	23.30	
1976	D McEntee	Ballyfermot	23.38	
1977	S Furlong	St. John's Waterford	23.18	
1978	M Kiernan	Bally	25.13	
1979	Fiona McGovern	De La Salle Waterford	25.34	
1980	Eva Nangle	Tramore	26.60	
1981	Claire Furlong	De La Salle Waterford	29.48	
1982	Claire Kelly	Strabane	24.32	
1983	Ailish O'Brien	Dungarvan	33.93	
1984	Louise Kane	North Down	26.90	
1985	Elaine Hayes	Portlaoise	23.22	
1986				
1987	Elizabeth Clooney	De La Salle Waterford	22.88	
1988	Marie Liston	Dooneen	24.62	
1989	Carol Costello	East Clare	22.00	
1990	Deirdre O'Connor	East Clare	26.55	
1991	Sinead Leahy	Blarney	22.76	
1992	Clara Thompson	Bree	22.36	
1993	Claire McGrath	East Clare	22.16	
1994	Clare Akers	East Clare	26.40	
1995	Katherine Coady	St. Senan's	27.24	
1996	Gillian Austin	Borrisokane	32.96	
1997	Deirdre Murphy	Leevale	27.80	
1998	**Rachel Akers**	**East Clare**	**34.08**	**CR**
1999	Teresa Casserly	Galway City Harriers	28.28	
2000	Alison McCarthy	Fanahan McSweeney	29.05	
2001	Alison McCarthy	Fanahan McSweeney	28.74	
2002	Niamh Coleman	Roundwood & District	25.86	
2003-2013	**Not held**			
2014	Rachel Kelly	Kilkenny City Harriers	32.01	
2015	Shauna Leydon	Mullingar Harriers	29.97	

Discontinued

Javelin U13 Girls

1969	P Goodwin	Limerick	20.38
1970	C Martin	Dublin	19.35
1971	Margaret Crosse	Tipperary	21.97

1972	A Christie	Dublin	24.71		
1973	Not held				
1974	Joan Dooley	Ballyneety	24.64		
1975	Mary Corbett	Limerick Emerald	23.59		
1976	Sheila Byrne	Limerick Emerald	22.49		
1977	S Furlong	St. John's Waterford	22.45		
1978	P Corcoran	Galway City Harriers	20.94		
1979	Theresa Weir	De La Salle Waterford	21.38		
1980	Anita Kane	North Dublin	25.31		
1981	Claire Furlong	De La Salle Waterford	29.48		
1982	L Murray	De La Salle Waterford	32.22		
1983	Lorraine Coffey	Marcab	27.80		
1984	Louise Kane	North Down	33.02		
1985	Elaine Hayes	Portlaoise	23.22		
1986					
1987	A Ramage	North Down	31.92		
1988	Olivia Flannery	Monaghan Phoenix	28.70		
1989	Catherine Burke	Nenagh Olympic	26.93		
1990	Debbie Clarke	West Dublin	24.64		
1991	Leanne Tutty	De La Salle Waterford	27.36		
1992	Jeanette Daniels	De La Salle Waterford	23.21		
1993	Sinead Hagnett	Clonliffe Harriers	21.54		
1994	Evelyn Mullane	St. Michael's	21.52		
1995	Mary Dalton	De La Salle Waterford	30.72		
1996	Karen Dunne	Carrick-on-Suir	27.64		
1997	Lisa Fryer	Kilmore	29.26		
1998	Fiona O'Riordan	Blarney	24.31		
1999	Margaret McCarthy	Blarney Inniscarra	24.51		
2000	Catherine Grant	De La Salle Waterford	30.80		
2001	Catherine Grant	Tramore	37.18		
2002	Kerry Harvey	Strathbarn	27.25		
2003	Clare Fitzgerald	Tralee Harriers	23.46		
2004	Shareen McCrudden	Finn Valley	24.17		
2005	Ailish Sheehan	Dooneen	29.65		
2006	Emer Boyce	Cranford	24.54		
2007	Mary Bohanna	Drinagh-Murrintown-Piercestown (DMP)	23.62		
2008	Leah Kelly	Fr. Murphy	24.07		
2009	Tara Andrews	Lucan Harriers	24.10		
2010	Michaela Walsh	Swinford	21.49		
2011	Cleeva Motherway	Midleton	25.28		
2012	Katherine O'Connor	St Gerard's	27.07		
2013	Hannah Kelly	Kilkenny City Harriers	24.21		
2014	Holly Meredith	St Mary's, Limerick	28.03		
2015	**Megan Lenihan**	**North Cork**	**38.82**		**CR**

Discontinued

Hammer U13 Girls

2000	Ann-Marie Cronin	Old Abbey Striders	31.41		
2001	Ann-Marie Cronin	Old Abbey Striders	42.80		
2002	Mairead Murphy	Ferrybank	26.49		
2003-2013	**Not held**				
2014	**Jade Williams**	**Shercock**	**46.59**		**CR**
2015	Emily Linehan	North Cork	31.98		

Discontinued

Ball Throw U13 Girls

2003	**Clare Fitzgerald**	**Tralee Harriers**	**41.46**		**CR**
2004	Mary Moynihan	Farranfore Maine Valley	41.31		
2005	Ailish Sheehan	Dooneen	47.05		
2006	Emer Boyce	Cranford	40.82		

Discontinued

4 x 100m Relay U13 Girls

1970		Cork	55.7	
1971		Dublin	1.56.1	4x200m
1972		Dublin	54.8	
1973		Midleton	54.8	

1974	Youghal	55.5	
1975	Youghal	54.5	
1976	Ballyfermot	54.5	
1977	Nenagh Olympic	53.4	
1978	Nenagh Olympic	53.3	
1979	Walkinstown SAF	53.7	
1980	Thurles Crokes	53.8	
1981	Walkinstown SAF	53.7	
1982	Clondalkin	53.3	
1983	Lough Ree	54.0	
1984	Clondalkin	53.7	
1985	Dundrum	53.7	
1986	West Dublin	53.2	
1987	Crookstown Millview	53.6H	
1988	Togher	53.5H	
1989	Leevale	51.2H	
1990	West Dublin	52.3H	
1991	Dundrum	53.15	
1992	**Dundrum South Dublin**	**51.2H**	**CR**
1993	Metro St. Brigid's	52.4H	
1994	Kilkenny City Harriers	52.1H	
1995	Metro St. Brigid's	52.5H	
1996	Leevale	53.7H	
1997	Leevale	51.9H	
1998	Dundrum South Dublin	53.10	
1999	Galway City Harriers	53.4	
2000	Celbridge	53.16	
2001	Kilmore	53.32	
2002	Ferrybank	52.86	
2003	Dundrum South Dublin	55.30	
2004	Dooneen	54.96	
2005	Galway City Harriers	54.90	
2006	Emerald	53.90	
2007			
2008			
2009	Emerald	55.74	
2010	Nenagh Olympic	55.6H	
2011	Lios Tuathail	56.02	
2012	Licarroll	54.65	
2013	Dooneen	53.95	
2014	Blackrock, Dublin	53.28	
2015	Galway City Harriers	52.63	
2016	Leevale	54.20	
2017	Lucan Harriers	53.90	
2018	Leevale	52.84	
2019			

4x100m Relay (Inter County) U13 Girls

1992	Kildare	52.95
1993	Wexford	54.24
1994	Cork	
1995		
1996		
1997		
1998		
1999		
2000		
2001		
2002	Limerick	54.90
2003		
2004	Galway	55.3H
2005	Cork	54.68
2006	Limerick	53.7H
2007		
2008	Galway	51.0H
2009	Galway	56.05
2010	Tipperary	54.97
2011		
2012	Tipperary	55.08
2013	Meath	54.29
Discontin		

Combined Events U13 Girls

2000	Leona Byrne	St. Laurence O'Toole	2485

Discontinued

Cross Country U13 Girls

1969	Beatrice Lambert	St. Laurence O'Toole
1970	S Walshe	Clare County Team
1971	Rose O'Brien	Cork County Team
1972	Elizabeth O'Brien	Midleton
1973	Valerie O'Mahoney	Togher
1974	A Byrne	St Benedicts
1975	Marie Hennessy	St. John's Park
1976	Brid Ruane	Castlebar
1977	Adrienne Dollard	Dundrum Family Recreation Centre
1978	Camilla Harron	Finn Valley
1979	A Condron	Leinster Region
1980	A Farrell	Leinster Region
1981	Diane McCarthy	Grange
1982	Anne Carolan	Clondalkin
1983	Julie Conlon	Western Region
1984	Jennifer Maher	Dundrum
1985	Maeve Lafferty	Finn Valley
1986	Ciara Lee	St Josephs
1987	Olivia Flannery	Monaghan
1988	Susan Murnane	Emerald
1989	Ann Marie Lynch	Finn Valley
1990	Valerie Lynch	Carraig na Bhfear
1991	Terri Hennessy	Glenbower
1992	Kathryn Casserly	Castlegar
1993	Emer O'Shea	North Cork
1994	Aoife Byrne	Dundrum South Dublin
1995	Siobhan Lenihan	North Cork
1996	Assumpta Bohan	Border Ramblers
1997	Niamh Walsh	Glenbower
1998	Ann Marie Walsh	Glenbower
1999	Judith Nabney	Lagan Valley
2000	Elizabeth McWilliams	Ballymena & Antrim
2001	Beth Cardiff	Kilmore
2002	Claire Rockall	Athenry
2003	Ciara Cronin	Ferrybank
2004	Caitriona Hennessy	St. Johns
2005	Mary Mulhare	Portlaoise
2006	Elizabeth Carr	Mullingar Harriers
2007	Siofra Cleirigh Buttner	Dundrum South Dublin
2008	Linda Conroy	Mullingar Harriers
2009	Ciara Cummins	Nenagh Olympic
2010	Nadia Power	Templeogue
2011	Caoimhe Harrington	West Muskerry
2012	Alex O'Neill	St. Cronans
2013	Sarah Healy	Blackrock, Dublin
2014	Corrine Kenny	St. Laurence O'Toole
2015	Aimee Hayde	Newport
2016	Fiona Dillon	Thomastown
2017	Aoife Brown	Metro / St. Brigids
2018	Nicole Dinan	Leevale
2019	Emily Bolton	Donore Harriers

Cross Country Team U13 Girls

	Club	County	Region
1970	Midleton 23pts	Cork 36pts	Not contested
1971	Midleton	Cork	Not contested
1972	Midleton 37pts	Not contested	Cork 54pts
1973	Corbally	Not contested	Cork 47 pts
1974	Togher 33pts	Not contested	Leinster 39pts

1975	St. John's Park	Not contested	Munster 61pts
1976	Kildare 69pts	Not contested	Munster 61pts
1977	Dundrum Family Recreation Centre 35pts	Not contested	Connacht 87pts
1978	Mullingar 77pts	Not contested	
1979	Mullingar 72pts	Not contested	Ulster 57pts
1980	Mullingar 59pts	Not contested	Leinster 45pts
1981	St Senans 57pts	Not contested	Leinster 57pts
1982	Castlebar 79pts	Not contested	Ulster 63pts
1983	Dundrum 42pts	Not contested	Dublin 58pts
1984	Dundrum 19pts	Not contested	Dublin 53pts
1985	Thurles Crokes 70pts	Not contested	Dublin 50pts
1986	Thurles Crokes 131pts	Not contested	Munster 45pts
1987	Monaghan Phoenix 67pts	Not contested	Munster 48pts
1988	North Cork 61pts	Not contested	
1989	Finn Valley 66pts	Not contested	Munster 46pts
1990	Dundrum South Dublin 96pts	Not contested	Munster 44pts
1991	Thurles CrokesCroke 48pts	Not contested	Munster 25pts
1992	Glenbower 34pts	Not contested	Munster 59pts
1993	Glenbower 29pts	Not contested	Munster 29pts
1994	Dundrum South Dublin 73pts	Not contested	Connacht 68pts
1995	West Muskerry 51pts	Not contested	Munster 45pts
1996	West Muskerry 68pts	Not contested	Munster 51pts
1997	Glenbower 78pts	Not contested	Munster 63pts
1998	Glenbower 41pts	Not contested	Munster 62pts
1999	Dundrum South Dublin 63pts	Not contested	Munster 69pts
2000	Dundrum South Dublin 84pts	Not contested	Leinster 76pts
2001	Dundrum South Dublin 56pts	Not contested	Munster 67pts
2002	West Waterford 77pts	Waterford 147pts	Leinster 52pts
2003	Ferrybank 32pts	Waterford 44pts	Munster 28pts
2004	St. Cronans 94pts	Clare 92pts	Munster 38pts
2005	Castlebar 79pts	Dublin 92pts	Connacht 65pts
2006	Celtic Dublin City Harriers 46pts	Dublin 128pts	
2007	Mullingar Harriers 98pts	Clare 169pts	Ulster 83pts
2008	Mullingar Harriers 131pts	Dublin 118pts	
2009	Swinford 128pts	Dublin 121pts	Munster 58pts
2010	West Waterford 73pts	Dublin 85pts	Leinster 56pts
2011	Dundrum South Dublin 57pts	Meath 145pts	Munster 82pts
2012	Dundrum South Dublin 86pts	Dublin 63pts	Dublin 63pts
2013	Blackrock (Dublin) 138pts	Dublin 87pts	Leinster 67pts
2014	Thomastown 153pts	Cork 88pts	Munster 53pts
2015	Mullingar Harriers 70pts	Cork 114pts	Leinster 46pts
2016	Youghal 69pts	Cork 92pts	Leinster 27pts
2017	East Down 89pts	Dublin 144pts	Munster 54pts
2018	Mullingar Harriers 160pts	Cork 55pts	Munster 44pts
2019	Donore Harriers 101pts	Dublin 101pts	Leinster 59pts

60m / 80m U12 Boys

1967	A McDonald	Dublin	12.4	
1968	G Duggan	Limerick	12.8	
1969-1970 Not held				
1971	Jim Crotty	Cork	12.5	
1972	David O'Flaherty	Galway	12.9	
1973	Owen Crotty	Cork	12.6	
1974	J Kennedy	Crusaders	10.2	
1975	D Crocock	Greenfield	10.6	
1976	P Collins	Bray	11.5	
1977	Fergus Sixsmith	Athy	10.3	
1978	C McDonald	Kilmore	10.6	
1979	Kieran Mills	Mallow	11.6	
1980	D Donnelly	Walkinstown SAF	10.6	
1981	Paul McGovern	Drumshambo	10.5	
1982	B O'Rourke	St. Michaels	10.59	
1983	Tom Hallihan	Togher	10.6	
1984	Stephen Gilmore	Bray	10.8	
1985	D O'Kaffo	Clondalkin	10.1	
1986	A Daly	St. Abban's	10.22	
1987-1999 Not held				
2000	Luke Sweetman	Fingallians	10.46	
2001	Eoin Hannon	Ballyskenach	10.92	-0.4
2002	Daniel Pugh	Ballymena & Antrim	9.01	

2003	Cillian McCarron	Glaslough Harriers	11.16		
2004	Ben McGillian	Strabane	11.19		
2005					
2006	Eoin O'Carroll	Tralee Harriers	11.03	0.5	
2007					
2008					
2009	Cormac McCann	Ferrybank	8.37	2.5	
2010	Luke Morris	Newbridge	8.35	-0.8	
2011	Brian Murphy	Gneeveguilla	8.65		
2012	Colin Doyle	Leevale	8.43		
2013	Liam Farrell	Edenderry	8.49		
2014	Victory Eddy-Atu	Waterford	8.53		
2015	**Denis Gilevskiy**	**Blackrock (Dublin)**	**8.06**		**CR**
2016	John Ikpotokin	St. Michaels	8.14		
2017	John Cashman	Leevale	8.21		
2018	Darragh Fahy	Loughrea	8.26	2.6	

200m U12 Boys

1971	**Jim Crotty**	**Cork**	**26.8**		**CR**
1972	David O'Flaherty	Galway	27.4		
1973	Owen Crotty	Cork	27.3		
Discontinued					

400m U12 Boys

1971	Philip Byrne	Dublin	65.2		
1972	David O'Flaherty	Galway	61.9		
1973	**N Cluskey**	**Leinster**	**60.9**		**CR**
Discontinued					

600m / 800m U12 Boys

1967	Paddy Kelly	Pallaskenry, Limerick	2.31.5	
1968	F Ennis	Dublin	2.24.0	
1969				
1970				
1971	Terry McSweeney	Grange-Fermoy	2.26.7	800m
1972	T Rice	Cork	2.17.2	800m
1973	Brian Regan	Grange-Fermoy	2.21.5	800m
1974	Robert Denmead	Clonmel	1.43.3	
1975	Tony Gilbert	Blarney	1.41.4	
1976	Eugene Curran	Ardee	1.39.2	
1977	P O'Toole	Enniscorthy	1.37.4	
1978	T Fennelly	New Ross	2.20.4	800m
1979	John Hardiman	Athenry	2.22.5	800m
1980	Ronan Nicholson	Limerick Emerald	2.22.2	800m
1981	Mark McKenna	Lourdes	2.23.8	800m
1982	G Morris	St. Gerard's	2.20.51	
1983	Michael O'Sullivan	Grange	2.19.3	
1984	Nigel Brunton	Bray	2.17.18	
1985	Eoin O'Sullivan	Grange	2.19.6	
1986	Peter Ward	Ballinamore	2.19.3	
1987-1999 Not held				
2000	Brian Markham	Unattached	1.38.86	
2001	John Collins	Skibbereen	01:43.52	
2002	Daniel Norris	Carrick-On-Suir	1.50.10	
2003	Liam Markham	St. Mary's Clare	01:42.62	
2004	Mark English	Letterkenny	01:41.96	
2005				
2006	Shane Fitzsimons	Mullingar Harriers	01:39.84	
2007				
2008				
2009	Tadgh Brennan	Ferrybank	01:44.38	
2010	Denver Kelly	Finn Valley	01:45.20	
2011	Leo Doherty	Sligo	01:41.33	
2012	Shane Jennings	Ballinasloe & District	01:44.60	
2013	Cian McPhillips	Longford	01:39.83	
2014	Nathan Sheehy-Cremin	St Mary's (Limerick)	01:43.11	
2015	Denis Gilevskiy	Blackrock (Dublin)	01:39.65	
2016	Padraic Spillane	St. Laurence O'Toole	1.39.38	

2017	**Thomas Bolton**	**Metro St. Brigids**	**1.37.75**		**CR**
2018	Conor Liston	Mullingar Harriers	1.41.22		

70m Hurdles U12 Boys

1975	P Casey	Navan	11.9		
1976	Michael Morrissey	Nenagh Olympic	11.1		
1977	Garret Moylan	Nenagh Olympic	11.6		
1978	Gerard O'Connell	Togher	11.6		
1979	L McLoughlin	Naas	11.2		
1980	D Kiely	Bally	11.4		
1981	V Holloway	Shannon	11.7		
1982	D Morris	St. Gerards	11.2		
1983	T McGee	Naas	11.0		
1984	Shane Keogh (Tied)	Cushinstown	11.7		
1984	Enda Rice (Tied)	St. Laurence O'Toole	12.7		
1984	Conor Keegan (Tied)	AMRA	13.7		
1985	D O'Kaffo	Clondalkin	10.9		
1986	Kevin Quirke	Castlegar	11.5		
1987-1999	**Not held**				
2000	**Gary Dunphy**	**St. Paul's**	**9.68**		**CR**
2001	Eoin Hannon	Ballyskenach	10.00	**-3.3**	
2002	Ciaran Walsh	Ballina	NT		
Discontinued					

High Jump U12 Boys

1967	J Purcell	Waterford	1.32		
1968	Brian Battersby	Dublin	1.32		
1969					
1970					
1971	Frank Sweeney	Clare	1.42		
1972	Peter Brazil	Dublin	1.42		
1973	G Mansfield	Cork	1.47		
1974	Peter Redmond	Mallow	1.46		
1975	A Battersby	Marcab	1.46		
1976	Eugene Curran	Ardee	1.48		
1977	T Jones	Enniscorthy	1.44		
1978	D Finn	Mallow	1.42		
1979	Kieran Mills	Mallow	1.50		
1980	**Barry Walsh**	**Dooneen**	**1.56**		**CR**
1981	G Galvin	Dohenys	1.48		
1982	Philip Denver	Newbridge	1.58		
1983	Kevin Foy	Tramore	1.48		
1984	A Reilly	St. Kevins	1.48		
1985	D Morrissey	St. Laurence O'Toole	1.45		
1986	Eamon English	Cushinstown	1.40		
1987-1999	**Not held**				
2000	David Andrew Shields	Canon Burke	1.41		
2001	Andy Cummins	St. Paul's	1.50		
2002	Francis Egan	St. Abban's	1.42		
2003	Richard Fogarty	Slieveardagh	1.30		
2004	Mark English	Letterkenny	1.35		
2005	Conor Shovlin	Bree			
2006	Jaime Murtagh	St. Andrew's Ashbourne	1.30		
2007					
2008					
2009	Victor Costello	Aghaviller	1.33		
2010	Diarmuid Clancy	Youghal	1.38		
2011	Tommie Downes	Abbey Striders	1.35		
2012	Tom Gallagher	Ferrybank	1.46		
2013	Conor Blake	St. John's	1.48		
2014	Tadhg O'Muircheartaigh	Dunboyne	1.30		
2015	Sean Kavanagh	Midleton	1.45		
2016	Kyle Ettoh	Leevale	1.53		
2017	Darren Williams-Oshun	Aughrim	1.46		
2018	Darragh Kelly	Craughwell	1.45		

Long Jump U12 Boys

1967	P Fitzgibbon	Limerick	4.39	
1968	J Duggan	Limerick	4.57	
1969				
1970	Kevin Tyrrell	Waterford	5.16	
1971	R Cosgrove	Galway	4.16	
1972	Gerard McLoughlin	Cork	4.72	
1973	S Keane	Leinster	4.65	
1974	M Lynch	Roxboro	4.72	
1975	J Weaklin	Crusaders	4.47	
1976	P McCabe	Naas	4.55	
1977	Paul O'Brien	Leevale	4.53	
1978	C Quinn	Dundrum	4.59	
1979	P Kieran	Ballinamore	4.48	
1980	Aidan O'Toole	St. Patrick's Tullow	4.56	
1981	Paul Nolan	Bree	4.74	
1982	Philip Denver	Newbridge	4.71	
1983	N Stubbs	Tramore	4.79	
1984	**Stephen Gilmore**	**Bray**	**5.19**	**CR**
1985	D Morrissey	St. Laurence O'Toole	4.86	
1986	Eamon English	Cushinstown	4.80	
1987-1999	**Not held**			
2000	Luke Sweetman	Fingallians	4.63	
2001	Eoin Hannon	Ballyskenach	5.07	
2002	Ciaran Donnelly	Ferrybank	4.30	
2003	Fergal Duffy	Dundrum South Dublin	4.36	
2004	Simon Callaghan	Border Ramblers	4.58	
2005				
2006	Marcus Lawler	St. Laurance O'Toole	4.69	
2007				
2008				
2009	Shane Matthew O'Connell	St. Ita's	4.57	
2010	Conor Brennan	St. Laurence O'Toole	4.81	
2011	Cian McCarthy	Gneeveguilla	4.50	
2012	Adam Idah	Leevale	4.40	
2013	Daniel Hurley	Old Abbey Striders	4.66	
2014	Louis Corr	Galway City Harriers	4.52	
2015	Danny Kelly	Belgooly	4.56	
2016	Alex Hennigan	Killarney Valley	4.56	
2017	Thoe De Souza	Carraig-Na-Bhfear	4.47	
2018	Darragh Fahy	Loughrea	4.60	

Triple Jump U12 Boys

1971	Joe McColgan	Strabane	10.07	
1972	**S Gavin**	**Waterford**	**10.41**	**CR**
1973	G Coakley	Dublin	9.94	

Discontinued

Shot Put U12 Boys (2kg)

1967	P Shackwell	Dublin	8.03	
1968	Brian Battersby	Dublin	7.21	
1969				
1970				
1971	Jim Sheehan	Cork	8.98	
1972	M Power	Waterford	10.42	
1973	R McGrath	Leinster	10.25	
1974	John O'Brien	Leevale	10.68	
1975	T Shanahan	Youghal	9.35	
1976	T Murray	Blarney	8.26	
1977	**Frank O'Brien**	**Dungarvan**	**13.30**	**CR**
1978	D Williams	Tipperary Town	11.21	
1979	Eugene McMenamin	Finn Valley	9.87	
1980	F McAllister	Glaslough	11.74	
1981	Manus McAuley	Letterkenny	11.50	
1982	Jarleth Gilroy	Ballymore Eustace	11.85	

1983	Seamus Liston	Dooneen	11.36	
1984	J Duffy	Caragh	10.10	
1985	John Kelly	Lifford	11.31	
1986	J Wall	Cushinstown	11.40	
1987-1999 Not held				
2000	Eoin Monahan	Naas	10.61	
2001	Kevin Daly	Tramore	10.87	
2002 - 2004 Not held				
2005	Zac Gibbons	Leevale	9.24	
2006	James McCarthy	Fanahan McSweeney	10.07	
2007				
2008				
2009	Mark Bromell	Emerald	10.30	
2010	Eoin Mulligan	Tullamore Harriers	10.89	
2011	James Kelly	Finn Valley	11.68	
2012	Jonathan Cummins	Ardee & District	9.26	
2013	Adam Sheridan	Westport	10.51	
2014	Conn Kehoe	Suncroft	10.09	
2015	Harry Sheridan	Westport	9.43	
2016	Karlis Kaugars	Dunleer	11.26	
2017	Ben Walsh	Youghal	10.33	
2018	Cian Crampton	Edenderry	10.89	

Turbo Javelin U12 Boys

2013	Jack McCullagh	St. Ronan's	31.79	
2014	Sam Prendergast	Suncroft	27.78	
2015	Diarmuid Healy	Midleton	30.03	
2016	Karlis Kaugars	Dunleer	31.75	
2017	**Samuel Bailey**	**Doheny**	**34.01**	**CR**
2018	Aaron Crowley	Lake District Athletics	33.71	
2018				

Ball Throw U12 Boys

1974	**F Doyle**	**St. Benedict's**	**50.62**	**CR**
1975-2000 Not held				
2001	Darren Mulcaire	Dooneen	45.19	
2002	Simon Holland	Courcies	42.22	
2003	James Logue	Strabane	47.67	
2004	Mark Devlin	Strabane	47.91	
2005	James McGlinchey	Clones	41.88	
2006	Kevin Kerwin	Carrick-on-Suir	45.12	
2007				
2008				
2009				
2010	Patrick Mills	Ballina	42.28	
2011	Liam Connaughton	Dunleer	45.42	
2012	Sean McDonagh	Finn Valley	44.61	
Discontinued				

4x100m Relay U12 Boys

1967	Dublin	55.8	
1968	Dublin	55.2	
1969			
1970			
1971	Cork	54.3	
1972	Grange-Fermoy	56.3	
1973	Grange-Fermoy	55.3	
1974	Crusaders	55.2	
1975	Greenfields	55.4	
1976	Carrickmacross	56.5	
1977	Monkstown	55.2	
1978	Dundrum	55.3	
1979	Togher	55.4	
1980	Dundrum	54.9	
1981	Dundrum	53.8	
1982	Cuchulainn	56.1	
1983	**Togher**	**53.6**	**CR**

1984	Clounalour	54.5
1985	Lucan Harriers	54.24
1986	Kilkenny City Harriers	54.7
1987	Dundrum	53.8
1988	Dundrum	55.5H
1989-1996 Not held		
1997	Dundrum South Dublin	54.9H
1998	Bree	55.7H
1999	Listowel	56.1
2000	Ennis	55.20
2001	Kilkenny City Harriers	54.16
2002	Finn Valley	56.91
2003	Tralee Harriers	56.45
2004	Dundrum South Dublin	56.79
2005	Leevale	56.28
2006	Craughwell	57.14
2007	Leevale	57.34
2008		
2009	Abbey Striders	56.56
2010	Menapians	55.17
2011	Gneeveguilla	55.99
2012	Leevale	55.97
2013	Leevale	55.80
2014	St Mary's, Limerick	55.24
2015	Belgooly	55.01
2016	Midleton	55.54
2017	Dooneen	54.39
2018	Mullingar Harriers	54.90

Cross Country U12 Boys

1971	E Byrne	Dublin
1972	Michael Leonard	Limerick
1973	Brian Regan	Grange-Fermoy
1974	P O'Toole	Enniscorthy
1975	D Leahy	Grange-Fermoy
1976	Eugene Curran	Ardee
1977	Enda Fitzpatrick	Longford
1978	N O'Sullivan	Munster Region
1979	John Hardiman	Athenry
1980	Eoin McDermott	Dundrum
1981	Bill Mullaney	Munster Region
1982	D Morris	St Gerards
1983	G Purcell	Munster Region
1984	PJ O'Rourke	Newport
1985	Eoin O'Sullivan	Grange-Fermoy
1986	Pierce Ward	Ballinamore
1987	Oliver Ryan	Bilboa
1987	G Greer	Claremorris
1988	Raymond O'Brien	Riverside
1989	James Nolan	Clodiagh Valley
1990	David Coade	Leevale
1991	David Murphy	Cloghane
1992	Simon Ward	Finn Valley
1993	Stephen Casserly	Castlegar
1994	Liam O'Casey	Western Region
1995	Paul Magher	St. Columb's College
1996	Bobby Mulcahy	Coolyroe
1997	Donagh Lucy	Bandon
1998	Des Earls	Inbhear Dee
1999	Brendan Perrott	Leevale
2000	Brian Markham	Ennis Track
2001	Brendan O'Sullivan	Iveragh
2002	Daniel McNicholas	Castlebar
2003	Liam Markham	Ennis Track
2004	James Clarke	Monaghan Phoenix
2005	Shane Fitzsimons	Mullingar Harriers
2006	Shane Fitzsimons	Mullingar Harriers
2007	Colm Hughes	Galway City Harriers
2008	Cian McBride	North Sligo

2009	Fearghal Curtin	Youghal
2010	Alan Monaghan	Bohermeen
2011	Aaron McGlynn	Finn Valley
2012	Shane McMonagle	Finn Valley
2013	Cian McPhillips	Longford
2014	Malcolm McEvilly	Westport
2015	Diarmuid Healy	Midleton
2016	Oisin Colhoun	City of Derry Spartans
2017	Thomas Bolton	Metro St. Brigid's
2018	Fionn McNamara	Annalee
2019	James Foot	Bray Runners

Cross Country Club U12 Boys

	Club	County	Region
1971	Limerick	Cork 60pts	Not Contested
1972	Grange Fermoy	Dublin	Not Contested
1973	Corbally 32pts	Not Contested	Munster 46pts
1974	Grange Fermoy 43pts	Not Contested	Cork 44pts
1975	Grange Fermoy	Not Contested	
1976	Limerick Emerald	Not Contested	
1977	Limerick Emerald 29pts	Not Contested	Munster 45pts
1978	Bally, Waterford67pts	Not Contested	Munster 43pts
1979	St Malachys 41pts	Not Contested	Leinster 67pts
1980	Dundrum 27pts	Not Contested	Dublin 67pts
1981	Finn Valley 81pts	Not Contested	Munster 84pts
1982	Thurles Crokes 56pts	Not Contested	Munster 45pts
1983	Grange / Fermoy 73pts	Not Contested	Munster 75pts
1984	Grange / Fermoy 81pts	Not Contested	Munster 43pts
1985	Ferbane 79pts	Not Contested	Leinster 72Pts
1986	Thurles Crokes 88pts	Not Contested	Munster 37pts
1987	Bilboa 53pts	Not Contested	Leinster 78pts
1987	Bilboa 65pts	Not Contested	Munster 79pts
1988	Bilboa 81pts	Not Contested	
1989	Midleton 101pts	Not Contested	Munster 45pts
1990	Dundrum South Dublin 87pts	Not Contested	Munster 29pts
1991	Glenbower 68pts	Not Contested	Munster 37pts
1992	Dundrum South Dublin 88pts	Not Contested	Leinster 50pts
1993	Tipperary Town 76pts	Not Contested	Munster 40pts
1994	East Down 104pts	Not Contested	Leinster 54pts
1995	St. Colomb's College, Derry 77pts	Not Contested	Munster 56pts
1996	Glenbower 54pts	Not Contested	Munster 43pts
1997	West Muskerry 85pts	Not Contested	Munster 49pts
1998	Galway City Harriers 127pts	Not Contested	Leinster 44pts
1999	Ballinamore 124pts	Not Contested	Munster 32pts
2000	Kilgobnet, Colligan and Kilbrien (K.C.K.) 1	Not Contested	Munster 44pts
2001	Finn Valley 74pts	Not Contested	Munster 49pts
2002	Castlebar 67pts	Donegal 136pts	Munster 57pts
2003	St. Coca's 96pts	Clare 146pts	Munster 48pts
2004	Letterkenny 151pts	Donegal 171pts	Leinster 57pts
2005	Finn Valley 78pts	Donegal 99pts	Ulster 47pts
2006	Mullingar Harriers 28pts	Westmeath 137pts	Leinster 43pts
2007	Ennis Track 102pts	Clare 103pts	Munster 69pts
2008	Mullingar Harriers 126pts	Dublin 131pts	Connacht 71pts
2009	Mullingar Harriers 114pts	Donegal 171pts	Connacht 52pts
2010	Finn Valley 106pts	Clare 122pts	Munster 57pts
2011	Finn Valley 88pts	Cork 173pts	Munster 60pts
2012	Mullingar Harriers 76pts	Waterford 160pts	Munster 86pts
2013	Mullingar Harriers 44pts	Dublin 127pts	Leinster 53pts
2014	Ennis Track 87pts	Clare 113pts	Munster 62pts
2015	Westport 100pts	Cork 141pts	Ulster 75pts
2016	Mullingar Harriers 64pts	Tipperary 160pts	Leinster 43pts
2017	Mullingar Harriers 49pts	Westmeath 146pts	Leinster 63pts
2018	Mullingar Harriers 39pts	Dublin 172pts	Leinster 59pts
2019	Mullingar Harriers 170pts	Clare 146 pts	Leinster 42pts

60m /80m / 100m U12 Girls

1968	P McSweeney	Cork	12.8	IJAB

1969 - 1970 Not held

1971	R McEvoy	Carlow	14.1	100m	
1972	Marita Walton	Kilkenny City Harriers	13.6	100m	
1973	Caroline O'Shea	Crusaders	13.8	100m	
1974	Patricia Amond	St. Laurence O'Toole	10.7		
1975	Barbara McDonnell	Crusaders	10.7		
1976	Eithne McCarthy	Corbally	10.8		
1977	Noelle Morrissey	Nenagh Olympic	10.4		
1978	M O'Regan	Leevale	10.8		
1979	Marguerite Lucey	Blarney	10.5		
1980	Claire Furlong	De La Salle Waterford	10.3		
1981	Mary Carolan	Clondalkin	11.1		
1982	N McCall	Clondalkin	10.77		
1983	M Bellings	Clondalkin	11.0		
1984	Ruth Phelan	Grange	10.5		
1985	Jean O'Gorman	Newport	10.5		
1986	Arlene Smith	Breffni Harriers	10.6		
1987-1999 Not held					
2000	Hayley Sinnott	Kilmore	10.60		
2001	Sarah Murray	Clounalour	11.30	-1.6	
2002	Alex Jenkinson Butler	Carrigtwohill	9.11		
2003	Jamie Rose McPhillips	Monaghan Phoenix	11.21		
2004	Michelle Nicholas	Dooneen	11.47		
2005					
2006	Louise O'Connor	Tralee Harriers	11.08	-0.1	
2007					
2008					
2009	Aoife O'Carroll	Tralee Harriers	8.52	2.4	
2010	Gina Moses	St. Gerards, Dundalk	8.36	-1.2	
2011	Niamh Tenarty	Ardee & District	8.75		
2012	Sophie Meredith	St Mary's, Limerick	8.72		
2013	**Niamh Foley**	**St Mary's, Limerick**	**8.29**		**CR**
2014	Emma O'Brien	Blackrock, Dublin	8.48		
2015	Queen Taminowo	Midleton	8.41		
2016	Laura Bolster	Cushinstown	8.52		
2017	Chelsea Olumba	Lucan Harriers	8.64		
2018	Riona Doherty	Finn Valley	8.31		

200m U12 Girls

1971	**N O'Sullivan**	**Cork**	**28.2**	**CR**
1972	**B Carey**	**Roscommon**	**28.2**	**CR**
1973	Caroline O'Shea	Crusaders	28.4	

Discontinued

400m U12 Girls

1971	T O'Brien	Cork	67.2	
1972	**B Carey**	**Roscommon**	**63.0**	**CR**
1973	Evelyn O'Brien	Munster	65.4	

Discontinued

600m / 800m U12 Girls

1971	Rose O'Brien	Cork	2.30.9	
1972	A McCarthy	Limerick	2.31.2	
1973	O Mulcahy	Cork	2.30.5	
1974	Noreen Fleming	Midleton	1.47.8	600m
1975	S Cobb	Limerick Emerald	1.42.6	600m
1976	Carmel Higgins	W Hill	1.44.4	600m
1977	Hanora Connolly	Youghal	1.44.2	600m
1978	Theresa Sweeney	Limerick Emerald	2.25.0	
1979	Aisling Condron	Tullamore Harriers	2.23.4	
1980	C McGinley	Letterkenny	2.27.6	
1981	Mary Carolan	Clondalkin	2.27.8	
1982	Helen Sullivan	Lucan Harriers	2.24.72	
1983	J Conlan	Castlebar	2.25.5	
1984	S Mayland	Dundrum	2.24.74	
1985	Meave Lafferty	Finn Valley	2.22.7	
1985	F Kelliher	Ovens	2.26.2	

1987-1999 Not held

2000	Joanne English	Letterkenny	1.44.46	600m	
2001	Grace Crowley	St Ita's	01:43.56	600m	
2002	Cliona Ryan	St Flannan's	01:49.08	600m	
2003	Rachel Shaw	Athenry	01:46.76	600m	
2004	Sally Rose Maughan	Castlebar	01:45.68	600m	
2005				600m	
2006	Elizabeth Carr	Mullingar Harriers	01:44.46	600m	
2007				600m	
2008				600m	
2009	Nadia Power	Templeogue	01:44.21	600m	
2010				600m	
2011	Sophie Lynch	Lios Tuathail	01:45.91	600m	
2012	Fiona Doyle	Star of the Laune	01:45.07	600m	
2013	Corrine Kenny	St. Laurence O'Toole	NT	600m	
2014	Aimee Kenna	Tallaght	01:43.17	600m	
2015	Emma Moore	Galway City Harriers	01:42.30	600m	
2016	Hannah Murray	Finn Valley	1.43.94	600m	
2017	**Aimee Wallace**	**Mullingar Harriers**	**1.40.74**	**600m**	**CR**
2018	Saoirse Fitzgerald	Lucan Harriers	1.42.13	600m	

60m / 70m Hurdles U12 Girls

1974	G O'Donnell	Clonmel	11.8		
1975	R Walsh	De La Salle Waterford	12.0		
1976	Eithne McCarthy	Corbally	11.5		
1977	Noelle Morrissey	Nenagh Olympic	11.0		
1978	P Dillon	Tullaroan	11.4		
1979	D Martin	Celtic	10.6		
1980	Claire Furlong	De La Salle Waterford	10.6		
1981	Brid Hallissey	Ferrybank	11.5		
1982	Grace O'Grady	Nenagh Olympic	11.19		
1983	Julie Conlon	Castlebar	11.9		
1984	Louise Dollard	Ajax	11.64		
1985	Elaine Murphy	Nenagh Olympic	10.9		
1986	Niamh Gregan	Tramore	11.5		
1987-1999	**Not held**				
2000	**Fiona Hannefield**	**Portumna**	**10.16**		**CR**
2001	Nathalie Galligan	Inny Vale	10.64	**-1.6**	
Discontinued					

High Jump U12 Girls

1971	Geraldine O'Brien	Limerick	1.24		
1972	T Quinn	Donegal	1.37		
1973	Audrey Long	Ballyfermot	1.34		
1974					
1975	S Doyle	Rosemount	1.44		
1976	L Moroney	Nenagh Olympic	1.35		
1977	G Maher	Fethard	1.45		
1978	Fiona McGovern	De La Salle Waterford	ND		
1979	Jacqui Stokes	Fethard	1.42		
1980	**Patricia Corrigan**	**Celtic**	**1.48**		**CR**
1981	Moira Rogers	Annagry	1.39		
1982	J Casey	Lough Ree	1.47		
1983	Sinead Fitzpatrick	Longford	1.42		
1984	**M Quinlan**	**St. Senan's**	**1.48**		**CR**
1985	A Brennan	Killorglin	1.35		
1986	Niamh Gregan	Tramore	1.36		
1987-1999	**Not held**				
2000	Kelly Proper	Ferrybank	1.42		
2001	**Mairead Murphy**	**Ferrybank**	**1.48**		**CR**
2002	Blaithin Jones	Dundrum South Dublin	1.28		
2003	Aoife Bartley	Carrick-on-Suir	1.30		
2004	Tara Fogarty	Carrick-on-Suir	1.42		
2005					
2006	Brona Fanning	Cushinstown	1.35		
2007					
2008					
2009	Aoife Naddy	Gowran	1.25		
2010					

2011	Vickie Cusack	Liscarroll	1.41	
2012	Sophie O'Sullivan	Ballymore / Cobh	1.35	
2013	Caoimhe Gannon	Aughagower	1.38	
2014	Katelyn Ried	An Riocht	1.33	
2015	Queen Taminowo	Midleton	1.33	
2016	Laura Kelly	Ratoath	1.33	
2017	Ashleigh McArdle	Lifford / Strabane	1.38	
2018	Tara O'Connor	Dundalk St. Gerard's	1.39	

Long Jump U12 Girls

1968	Ann Sheahan	Cork	4.27	
1969				
1970				
1971	Majella Horgan	Cork	4.26	
1972	Patrica Verling	Cork	4.42	
1973	Sheila McMenamin	Finn Valley	4.54	
1974	C Murray	Ballyfermot	4.73	
1975	R Foley	Ballyfermot	4.42	
1976	Eithne McCarthy	Corbally	4.51	
1977	Geraldine Finn	St. Laurence O'Toole	4.68	
1978	E McGovern	De La Salle Waterford	4.47	
1979	M Lucey	Blarney	4.84	
1980	Claire Furlong	De La Salle Waterford	4.54	
1981	Evanna Morrissey	Nenagh Olympic	4.49	
1982	Siobhan Hoey	St. Michaels	4.62	
1983	I Delaney	Roscrea	4.43	
1984	Ruth Phelan	Grange	4.82	
1985	J English	West Dublin	4.91	
1986	A O'Brien	Grange / Fermoy	4.44	
1987-1999	**Not held**			
2000	Gemma Hynes	Galway City Harriers	4.49	
2001	Mairead Murphy	Ferrybank	4.42	
2002	Hilary Kerr	St Peter's	3.98	
2003	Sarah Hennessy	St. Joseph's	4.62	
2004	Aileen Gilroy	Ballina	4.26	
2005				
2006	Ciara Giles Doran	Ferrybank	4.76	
2007				
2008				
2009	Aideen Kane	St. Killian's	4.16	
2010				
2011	Zoe Mohan	Cushinstown	4.35	
2012	**Sophie Meredith**	**St Mary's (Limerick)**	**4.82**	**CR**
2013	Niamh Foley	St Mary's (Limerick)	4.41	
2014	Jennifer Hanrahan	Brothers Pearse	4.43	
2015	Laura Frawley	St Mary's (Limerick)	4.49	
2016	Kate O'Regan	Riverstick/Kinsale		
2017	Leagh Moloney	Dooneen	4.48	
2018	Enya Silkena	Dundalk St. Gerard's	4.56	

Triple Jump U12 Girls

1971	Majella Horgan	Cork	9.44	
1972	**A Henn**	**Limerick**	**9.87**	**CR**
1973	F Hurley	Leinster	9.38	

Discontinued

Shot Put U12 Girls (2kg)

1971	Ann Gavin	Castlebar	7.22
1972	D Coman	Dublin	7.62
1973	Joan Dooley	Munster	8.50
1974	AM Whelan	Claremorris	7.68
1975	Mary Kavanagh	Good Counsel	7.71
1976	Brid Naughton	Nenagh Olympic	7.95
1977	Michelle Kirwan	Bally	8.11
1978	Theresa Weir	De La Salle Waterford	8.42
1979	Eva Nangle	Tramore	8.40

1980	Elaine Boland	Limerick	9.00	
1981	Michelle Kirwan	Clogherhead	8.85	
1982	Ailish O'Brien	Dungarvan	9.93	
1983	Ann Marley	Finn Valley	10.10	
1984	Elaine Hayes	Portlaoise	8.12	
1985	Anne Marie Flannery	Monaghan	8.60	
1986	Marey Cremin	Glounthaune	9.09	
1987-1999 Not held				
2000	Maria Phelan	Cahir	9.73	
2001	Mairead Murphy	Ferrybank	9.33	
2002				
2003				
2004				
2005	Niamh Murphy	Blarney Inniscarra	7.62	
2006	Laura McSweeney	Bandon	8.56	
2007				
2008				
2009	Michaela Walsh	Swinford	8.09	
2010	Niamh Fogarty	Mullingar Harriers	9.13	
2011	Vickie Cusack	Liscarroll	9.62	
2012	Therese Kelly	Brow Rangers	9.18	
2013	Holly Meredith	St Mary's, Limerick	9.61	
2014	**Megan Lenihan**	**North Cork**	**11.39**	**CR**
2015	Aoife Giles	Cranford	9.12	
2016	Una O'Donnell	Lifford / Strabane	9.05	
2017	Ceola Bergin	Templemore	9.11	
2018	Ava Anderson	Tir Chonaill	8.82	

Turbo Javelin U12 Girls

2013	Holly Meredith	St Mary's, Limerick	24.01	
2014	Aoibhinn McMahon	Blackrock (Louth)	31.04	
2015	**Amy Whelan**	**Liscarroll**	**31.90**	**CR**
2016	Selena O'Riordan	Midleton	24.72	
2017	Ceola Bergin	Templemore	27.84	
2018	Enya Silkena	Dundalk St. Gerard's	29.73	

Ball Throw U12 Girls

1974	T Stynes	Ballyfermot	40.42	
2001	Sara Louise Treacy	Moynalvey	36.38	
2002	**Aisling Johnston**	**Dublin Striders**	**43.25**	**CR**
2003	Fiona Moloney	Kilmallock	39.17	
2004	Zoe Scanlon	West Waterford	36.91	
2005				
2006	Megan O'Keeffe	Belgooly	35.84	
2007 - 2009 not held				
2010	Naoimh McGranaghan	Finn Valley	34.83	
2011	Shannon Conwell	Lifford	42.67	
2012	Niamh Rice	Glenmore	40.94	
Discontinued				

4x100m Relay U12 Girls

1971	Dublin	57.3	
1972	Kilkenny	57.1	
1973	Corbally	55.9	
1974	Youghal	55.5	
1975	Bree		
1975	Blarney	56.6	
1976	Nenagh Olympic	56.0	
1977	Nenagh Olympic	55.2	
1978	Leevale	54.8	
1979	Glen Abbey	55.1	
1980	Walkinstown SAF	56.1	
1981	Clondalkin	55.2	
1982	Togher	55.5	
1983	Limerick Emerald	55.4	
1984	St. Laurence O'Toole	54.8	

1985	West Dublin	55.45	
1986	Leevale	55.5	
1987	Leevale	55.3	
1988	Rathfarnham	55.4H	
1989-1994 Not held			
1995	Bree		
1996			
1997	**Dundrum South Dublin**	**54.4H**	**CR**
1998			
1999	Cranford	56.0	
2000	Letterkenny	55.28	
2001	Inny Vale	55.48	
2002	Dundrum South Dublin	58.22	
2003	Dundrum South Dublin	57.71	
2004	Dooneen	56.60	
2005	Leevale	58.26	
2006	Dooneen	56.67	
2007	Cranford	57.58	
2008			
2009	Nenagh Olympic	57.40	
2010	Galway City Harriers	57.29	
2011	Nenagh Olympic	57.36	
2012	St. Laurence O'Toole	56.66	
2013	Dooneen	55.93	
2014	Blackrock, Dublin	55.77	
2015	Leevale	57.07	
2016	Dooneen	56.32	
2017	Leevale	56.31	
2018	Crookstown Millview	55.31	

4x100m Relay (Inter County) U12 Girls

1998	St. Abban's	55.5H	

Cross Country U12 Girls

1971	P. O'Brien	Cork
1972	Elizabeth O'Brien	Midleton
1973	Elizabeth O'Brien	Midleton
1974	Linda Barrett	Midleton
1975	M Walsh	Tullaroan
1976	Sheila Malone	Grotto, Waterford
1977	Adrienne Dollard	Dundrum Family Recreation Centre
1978	Bernadette Dunphy	Bally, Waterford
1979	Grainne McGirr	Clones
1980	D Keogan	Munster
1981	M Carolan	Clondalkin
1982	Breda Dennehy	Bandon
1983	Julie Conlon	Western
1984	G Graham	Dublin
1985	Maeve Lafferty	Finn Valley
1986	Patricia Flood	Crookstown
1987	Olivia Flannery	Monaghan Phoenix
1987	Olivia Flannery	Monaghan Phoenix
1988	Juliane Milne	Boyne
1989	Valerie Lynch	Carraig na Bhfear
1990	Laura Hegarty	Midleton
1991	Kathryn Casserly	Castlegar
1992	Siobhan Ahern	Glenbower
1993	Emer O'Shea	St. Michael's
1994	Deirdre Byrne	St Benedicts
1995	Teresa O'Grady	West Muskerry
1996	Ciara Kearns	Celbridge
1997	Angela Walsh	Glenbower
1998	Ciara Durkan	Skerries
1999	Grace Eade	Ennis Track
2000	Joanne English	Letterkenny
2001	Sarah Connolly	Athenry
2002	Aoife Hogan	Mullingar Harriers
2003	Louise Woods	St. Cronans
2004	Cliodhna Galwey	Belgooly
2005	Stephanie Power	Clonmel

2006	Elizabeth Carr	Mullingar Harriers
2007	Cliona Carthy	Celtic Dublin City Harriers
2008	Ciara Cummins	Nenagh Olympic
2009	Nadia Power	Templeogue
2010	Stephanie Cotter	West Muskerry
2011	Jodie McCann	Dundrum South Dublin
2012	Sarah Healy	Blackrock, Dublin
2013	Corrine Kenny	St. Laurence O'Toole
2014	Aimee Hayde	Newport
2015	Fiona Dillon	Thomastown
2016	Sophie Quinn	Ratoath
2017	Erínn Leavy	Dunleer
2018	Saoirse Fitzgerald	Lucan Harriers
2019	Emily Bolton	Donore Harriers

Cross Country Team U12 Girls

	Club	County	Region
1971	Midleton 27pts	Cork 43pts	Not contested
1972	Midleton	Cork	Not contested
1973	Midleton 25pts	Not Contested	Munster 42pts
1974	Midleton 35pts	Not Contested	Cork 29pts
1975	Dundrum Family Recreation Centre	Not Contested	
1976	Dundrum Family Recreation Centre	Not Contested	
1977	Dundrum Family Recreation Centre 27pts	Not Contested	Munster 57pts
1978	Limerick Emerald 45pts	Not Contested	Munster 52pts
1979	Mullingar 40pts	Not Contested	Leinster 64pts
1980	Dundrum 75pts	Not Contested	Leinster 83pts
1981	St Senans 105pts	Not Contested	Leinster 54pts
1982	Lough Ree 110pts	Not Contested	Ulster 80pts
1983	Dundrum 108pts	Not Contested	Leinster 66pts
1984	Dundrum 19pts	Not Contested	Dublin 47pts
1985	Finn Valley 48pts	Not Contested	Dublin 66pts
1986	Thurles Crokes 55pts	Not Contested	Leinster 38pts
1987	Ballybrack 96pts	Not Contested	Munster 51pts
1987	Ballybrack 74pts	Not Contested	Munster 68pts
1988	Finn Valley 58pts	Not Contested	
1989	Dundrum South Dublin 80pts	Not Contested	Munster 40pts
1990	Thurles CrokesCroke 52pts	Not Contested	Munster 35pts
1991	Dundrum South Dublin 88pts	Not Contested	Munster 72pts
1992	Glenbower 23pts	Not Contested	Munster 66pts
1993	West Muskerry 68pts	Not Contested	Munster 34pts
1994	Dundrum South Dublin 22pts	Not Contested	Munster 67pts
1995	West Muskerry 38pts	Not Contested	Munster 26pts
1996	Glenbower 80pts	Not Contested	Leinster 29pts
1997	Glenbower 41pts	Not Contested	Munster 35pts
1998	Dundrum South Dublin 84pts	Not Contested	Munster 46pts
1999	Ballincollig 86pts	Not Contested	Munster 38pts
2000	Metro St. Brigids 94pts	Not Contested	Munster 45pts
2001	Athenry 33pts	Not Contested	Connacht 60pts
2002	Ferrybank 70pts	Waterford 86pts	Munster 47pts
2003	St. Cronans 43pts	Clare 121pts	Munster 54pts
2004	Mullingar Harriers 90pts	Dublin 106pts	Munster 56pts
2005	Celtic Dublin City Harriers 56pts	Cork 105pts	Munster 38pts
2006	Cranford 107pts	Cork 124pts	Munster 51pts
2007	Cranford 54pts	Donegal 118pts	Leinster 40pts
2008	Swinford 154pts	Dublin 130pts	Munster 39pts
2009	Dundrum South Dublin 135pts	Dublin 125pts	Munster 74pts
2010	Dundrum South Dublin 56pts	Cork 104pts	Munster 51pts
2011	Dundrum South Dublin 71pts	Clare 122pts	Munster 60pts
2012	West Muskerry 86pts	Dublin 105pts	Leinster 58pts
2013	Thomastown 103pts	Cork 139pts	Munster 30pts
2014	Thomastown 151pts	Cork 87pts	Leinster 42pts
2015	Mullingar Harriers 79pts	Cork 98pts	Leinster 42pts
2016	Youghal 109pts	Cork 104pts	Munster 48pts
2017	Mullingar Harriers 84pts	Cork 74pts	Ulster 68pts
2018	Annalee 109pts	Dublin 82pts	Ulster 58pts
2019	Ennis 62 pts	Clare 115 pts	Leinster 60 pts

80m U11 Boys

1970	Barry Healy	Cork	8.5	60m	
1971	Peter Brazil	Raheny Shamrock	13.7	100m	
1972	Owen Crotty	Cork	13.5	100m	
1973	Not held				
1974	K O'Brien	Leevale	10.5		
1975	C Egan	Celtic	11.5		
1976	P Woods	Naas	11.2		
1977	G McDonald	Kilmore	10.9		
1978	Kieran Mills	Mallow	11.2		
1979	Aidan O'Toole	St. Patricks	10.6		
1980	Paul Nolan	Bree	10.6		
1981	B O'Rourke	St Michaels	11.3		
1982	Tom Hallihan	Togher	11.06		
1983	Alan McCarthy	Youghal	10.8		
1984	B Okano	Clondalkin	11.6		
1985	L Tynan	North Ossory	10.9		
1986	Hugo Logue	Strabane	10.9		
1987-1999	**Not held**				
2000	Joseph Dolan	Na Fianna	10.72		
2001	Cian O'Loughlin	Cushinstown	8.74	-1.8	
2002	Andrew Power	Midleton	8.9H		
2003	**Ben McGillian**	**Strabane**	**8.71**		**CR**
2004	Shane Howard	Grange/Fermoy	8.82		
Discontinued					

200m U11 Boys

1970	Declan Ahearne	Cork	29.8		
1971	**Peter Brazil**	**Raheny Shamrock**	**28.8**		**CR**
1972	Owen Crotty	Cork	30.3		
Discontinued					

400m U11 Boys

1972	A O'Sullivan	Limerick	65.9		
Discontinued					

600m U11 Boys

1970	Terry McSweeney	Grange-Fermoy	2.33.3	800m	
1971	N Leonard	Limerick	2.31.2	800m	
1972	Brian Regan	Grange-Fermoy	2.30.9	800m	
1973	Not held				
1974	Tony Gilbert	Blarney	1.44.4		
1975	Eugene Curran	Ardee	1.43.7		
1976	P Ryan	Limerick Emerald	1.44.5		
1977	J Cassidy	Naas	1.41.4		
1978	S Broe	Star of the Sea Meath	2.26.2	800m	
1979	T Tunstead	St. Abban's	2.23.8	800m	
1980	Denis Lally	Athenry	2.27.6	800m	
1981	J Riordan	Shannon	2.25.2	800m	
1982	Michael O'Sullivan	Grange	2.28.26	800m	
1983	Ken Nason	Leevale	2.22.6	800m	
1984	D O'Toole	Lucan	2.22.6	800m	
1985	Pearse Ward	Ballinamore	2.25.6	800m	
1986	R Byrne	Collins	2.23.8	800m	
1987-1999	**Not held**				
2000	John Collins	Skibereen	1.46.24		
2001	Ray Crotty	Dundrum South Dublin	01:45.34		
2002					
2003	**Mark English**	**Letterkenny**	**01:44.75**		**CR**
2004	Ruairi Finnegan	Letterkenny	01:50.07		
Discontinued					

55m / 65m Hurdles U11 Boys

1974	J McDermott	Good Counsel	10.5	55m
1975	J Church	Dundrum	10.2	55m
1976	Garret Moylan	Nenagh Olympic	10.2	55m
1977	C Quinn	Dundrum Family Recreation Centre	11.4	

1978	L McLoughlin	Naas	11.6	
1979	D Kiely	Bally	10.8	
1980	R Quinn	Dundrum	11.9	
1981	J Conlon	Gowran	11.8	
1982	**P Hogan**	**Roscrea**	**11.19**	**CR**
1983	Conor Keegan	AMRA		
1984	D O'Kaffo	Clondalkin	11.6	
1985	Kevin Quirke	Castlegar	11.3	
1986	C Stack	Youghal	10.8	

Discontinued

High Jump U11 Boys

1971	Peter Brazil	Raheny Shamrock	1.38	
1972	M O'Riordan	Limerick	1.32	
1973	Not held			
1974	P Kilmeade	Longford	1.31	
1975	Eugene Curran	Ardee	1.44	
1976	**P O'Connor**	**St. Benedict's**	**1.43**	**CR**
1977	P Corcoran	Tipperary	1.30	
1978	Kieran Mills	Mallow	1.33	
1979	Tom Nolan	Newbridge	1.33	
1980	Alan Keyes	Bray	1.33	
1981	Philip Denver	Newbridge	1.47	
1982	Kevin Foy	Templemore	1.38	
1983	Charles Brand	Kilkenny City Harriers	1.44	
1984	P Downey	Meagherfelt	1.33	
1985	Conor Keeling	Skerries	1.35	
1986	Antoine Burke	Dooneen	1.30	
1987-2000	**Not held**			
2001	William Spratt Murphy	Bree	1.33	

Discontinued

Long Jump U11 Boys

1970	Peter Brazil	Raheny Shamrock	4.66	
1971	Peter Brazil	Raheny Shamrock	ND	
1972	**Niall McCarthy**	**Grange-Fermoy**	**4.66**	**CR**
1973	Not held			
1974	Kieran O'Callaghan	Ballincollig	4.19	
1975	A O'Brien	Clonmel	4.32	
1976	Colm O'Brien	Leevale	4.28	
1977	J Cassidy	Naas	4.30	
1978	Kieran Mills	Mallow	4.39	
1979	Tom Nolan	Newbridge	4.65	
1980	Paul Nolan	Bree	4.48	
1981	Philip Denver	Newbridge	4.54	
1982	O Casey	South Galway	4.43	
1983	B Roe	Star of the Sea	4.42	
1984	M Shaw	Mullingar Harriers	4.39	
1985	J Brennan	An Riocht	4.56	
1986-1999	**Not held**			
2000	Joseph Dolan	Na Fianna	4.80	
2001	Derek Balfe	Blessington Valley	4.33	
2002	Fergal Duffy	Dundrum South Dublin	4.23	
2003	Simon Callaghan	Border Ramblers	4.11	
2004	Jordan Pascal Conroy	Tullamore Harriers	4.58	
2005	Jack Raftery	Craughwell	3.94	

Discontinued

Triple Jump U11 Boys

1971	**Damian O'Hagan**	**Coalisland**	**9.55**	**CR**
1972	John Redmond	Cork	9.47	

Discontinued

Shot Put U11 Boys

1971	M Power	Waterford	7.30

1972	J Duggan	Mayo	8.16	
1973	Not held			
1974	A O'Meara	Roscrea	7.38	
1975	V Gorman	Good Counsel	8.55	
1976	B Newton	Carrick-on-Shannon	9.38	
1977	D Williams	Tipperary Town	8.58	
1978	Eugene McMenamin	Finn Valley	8.72	
1979	Nick Sweeney	Dundrum	8.75	
1980	K Walsh	Oughertard	9.25	
1981	E Comerford	Callan	9.74	
1982	Seamus Liston	Dooneen	9.90	
1983	C Gough	Cushinstown	7.82	
1984	P Nangle	Tramore	8.61	
1985	**J Wall**	**Athy**	**10.32**	**CR**

Discontinued

Ball Throw U11 Boys

1974	**C Jones**	**Tramore**	**50.14**	**CR**
1975-1999	**Not held**			
2000	Leon Carter	Edenderry	41.05	
2001	Peter McCarthy	Carrick-on-Suir	47.30	
2002	Matthew Kelly	Finn Valley	41.66	
2003	Kevin Murray	St. Peter's Dromiskin	45.04	
2004	Eric Stam	Leevale	40.86	

Discontinued

4x100m Relay U11 Boys

1970	Cork	57.8	
1971	Dublin	58.2	
1972	Cork	56.0	
1973	Celtic	57.6	
1974	Not contested		
1975	Iona	58.4	
1976	Leevale	56.4	
1977	Kilmore	57.4	
1978	Togher	57.4	
1979	Midleton	56.9	
1980	Leevale	56.8	
1981	Togher	57.0	
1982	Togher	55.8	
1983	Clounalour	58.0	
1984	Lucan Harriers	57.0	
1985	Ardmore Montrose Residents Association	56.94	
1986	West Dublin	56.2	
1987	Dundrum	57.3	
1988	Leevale	56.8H	
1989 - 1996	**Not held**		
1997	Leevale	57.0H	
1998			
1999	Kilgobnet, Colligan and Kilbrien (K.C.K.)	NT	
2000	Na Fianna	57.12	
2001	Lios Tuathail	57.44	
2002	Crookstown Millview	29.83	(4x50m)
2003	St. Ita's	29.57	
2004	Ferrybank	29.2H	
2005	Dooneen	30.56	
2006			
2007	Leevale	59.6H	
2008			
2009			
2010	Gneeveguilla	58.14	
2011	Leevale	58.53	
2012			
2013	St. Mary's Limerick		

Discontinued

4x100m (Inter County) U11 Boys

1998	Leevale	56.4H
1999		
2000		
2001		
2002	Kerry	28.90
2003		
2004	Cork	29.1H
2005	Limerick	29.90

Discontinued

Cross Country U11 Boys

1969	D Ryan	O'Connell Schools
1970	B Pyke	Dublin County Team
1971	P Reidy	Dublin County Team
1972	D Lynch	Dublin
1973	C O'Neill	Grotto Waterford
1974	P Whitaker	Wadelai
1975	Peter O'Leary	Tramore
1976	A Dawn	Bally
1977	G Hennigan	Dundrum Family Recreation Centre
1978	Geoffrey Sheehan	Charleville
1979-1999	**Not held**	
2000	Ferdia O'Haodha	Ferrybank
2001	Ryan McDaid	Finn Valley
2002	Liam Markham	Ennis Track
2003	Mark English	Letterkenny
2004	Damien Burke	Kilmihil
2005	Shane Fitzsimons	Mullingar Harriers
2006	Dylan Sheehan	Dooneen
2007	Michael Clancy	St. John's
2008	Fearghal Curtin	Youghal
2009	Denver Kelly	Finn Valley
2010	Aaron McGlynn	Finn Valley
2011	Conor Clarke	Castlecomer
2012	Michael Lawlor	Naas
2013	Malcolm McEvilly	Westport
2014	Oisin Kelly	Cranford
2015	Sean Allen	St. Peter's Dromiskin
2016	Thomas Bolton	Metro St. Brigids
2017	Conor Liston	Mullingar Harriers
2018	Matthew Malloy	Mullingar Harriers
2019	Daniel Downey	Portlaoise

Cross Country Team U11 Boys

	Club	**County**	**Region**
1970	Limerick 38pts	Dublin 87pts	Not contested
1971	De La Salle Ardee	Dublin	Not contested
1972	Limerick 35pts	Not contested	Cork 53pts
1973	Grange / Fermoy	Not contested	Cork 56 pts
1974	Drimnagh 24pts	Not contested	Dublin 53pts
1975	Bally	Not contested	Munster 25pts
1976	Kildare 40pts	Not contested	Munster 55pts
1977	Fethard 57pts	Not contested	Leinster 41pts
1978	Mullingar 42pts	Not contested	Munster 38pts
1979-1999	**Not Held**		
2000	Naas 88pts	Not contested	Munster 47pts
2001	Finn Valley 61pts	Not contested	Munster 52pts
2002	Athenry 20pts	Galway 97pts	Munster 58pts
2003	Kilgobnet, Colligan and Kilbrien (K.C.K.) 9	Donegal 108pts	Ulster 48pts
2004	Finn Valley 123pts	Donegal 136pts	Munster 51pts
2005	St. Cronans 125pts	Mayo 125pts	Connacht
2006	Ennis Track 110pts	Donegal 177pts	
2007	Mullingar Harriers 128pts	Cork 112pts	Munster 56pts
2008	Mullingar Harriers 66pts	Galway 175pts	
2009	Tullamore Harriers 139pts	Donegal 143pts	Leinster 48pts
2010	Mullingar Harriers 86pts	Donegal 165pts	Munster 65pts
2011	West Waterford 105pts	Cork 158pts	Munster 61pts
2012	Mullingar Harriers 39pts	Westmeath 120pts	Leinster 34pts

2013	Ennis Track 55pts	Clare 83pts	Munster 50pts	
2014	Annalee 70pts	Cork 152pts	Munster 57pts	
2015	Mullingar Harriers 90pts	Cork 119pts	Leinster 47pts	
2016	Mullingar Harriers 40pts	Donegal 103pts	Ulster 57pts	
2017	Mullingar Harriers 29pts	Westmeath 104pts	Leinster 54pts	
2018	Mullingar Harriers 127pts	Clare 126pts	Munster 41pts	
2019	St Cronan's 172 pts	Clare 180pts	Leinster 47pts	

80m / 100m U11 Girls

1970	Ann Gavin	Castlebar	14.6	100m	
1971	Marita Walton	Kilkenny	14.2	100m	
1972	P McCabe	Dublin	14.2	100m	
1973	Not held				
1974	M Linehan	Ballycarney	11.3		
1975	Eithne McCarthy	Corbally	11.2		
1976	Geraldine Finn	St. Laurence's	11.2		
1977	P Dillon	Tullaroan	11.1		
1978	M McCahill	Cavan	11.3		
1979	C Nolan	Kilcock	11.3		
1980	M Caralon	Clondalkin	10.9		
1981	N McCall	Clondalkin	11.2		
1982	Ruth Phelan	Grange	11.01		
1983	Ruth Phelan	Grange	10.8		
1984	E Sullivan	Limerick	11.2		
1985	M Brennan	Newbridge	11.0		
1986	E Brennan	Kilkenny City Harriers	10.46		
1987-1999	**Not held**				
2000	Emma Farrell	St. Columba's	11.58		
2001	Francesca Reville	Wexford	8.76	-1.6	
2002	Claire Morrissey	Kilgobnet, Colligan and Kilbrien (K.C.K.)	9.19		
2003	Sally Rose Maughan	Castlebar	8.93		
2004	**Ciara Danagher**	**Carrick-on-Suir**	**8.89**		**CR**
Discontinued					

200m U11 Girls

1970	Anne-Marie O'Brien	Tipperary	31.4		
1971	Marita Walton	Kilkenny	30.6		
1972	**Caroline O'Shea**	**Crusaders**	**29.3**		**CR**
Discontinued					

400m U11 Girls

1971	Maura Quinn	Mayo	68.6		
1972	**C Sloan**	**Limerick**	**67.5**		**CR**
Discontinued					

600m / 800m U11 Girls

1970	Rose O'Brien	Cork	2.39.9		
1971	Elizabeth O'Brien	Cork			
1972	D Garvin	Carlow	2.35.8		
1973	Not held				
1974	**M Walsh**	**Tularow**	**1.44.5**	**600m**	**CR**
1975	Eileen Vaughan	Blarney	1.50.2	600m	
1976	Adrienne Dollard	Dundrum Family Recreation Centre	1.46.3	600m	
1977	B Dunphy	Bally	1.46.3	600m	
1978	Aisling Condron	Tullamore Harriers	2.13.2		
1979	Carmel McGinley	Letterkenny	2.27.7		
1980	M Caralon	Clondalkin	2.33.3		
1981	B Kilduff	Celbridge	2.32.6		
1982	M O'Sullivan	Grange	2.25.52		
1983	E O'Sullivan	Limerick Emerald	2.31.0		
1984	Maeve Lafferty	Finn Valley	2.27.7		
1985	AM Duffy	Crana	2.26.0		

1986	Olivia Flannery	Monaghan	2.28.9		
1987-1999	**Not held**				
2000	Louise Keatley	Crookstown Millview	1.48.06	600m	
2001	Frances O'Shea	North Cork	01:48.52	600m	
2002				600m	
2003	Harriet Flynn	St. Brendan's	01:47.86	600m	
2004	Stephanie Power	Clonmel	01:53.86	600m	
Discontinued					

55m / 65m Hurdles U11 Girls

1974	M Barragry	Grange	10.3	55m	
1975	N Murphy	Nenagh Olympic	10.7	55m	
1976	Brenda Walsh	Corbally	10.3	55m	
1977	P Dillon	Tullaroan	10.3	55m	
1978	D Morton	Celtic	NT	55m	
1979	C Nolan	Kilcock	10.2	55m	
1980	D Costello	Loughrea	10.7	55m	
1981	Grace O'Grady	Nenagh Olympic	12.6	65m	
1982	J Condron	Castlebar	11.71	65m	
1983	Louise Dollard	Ajax	11.5	65m	
1984	**S Keane**	**Newcastle**	**11.4**	65m	
1985	Niamh Gregan	Tramore	11.5	65m	
1986	**Emer Nolan**	**Kilkenny City Harriers**	**11.3**	**65m**	**CR**
Discontinued					

High Jump U11 Girls

1971	Teresa Quinn	Lifford	1.22	
1972	D Gavin	Carlow	1.22	
1973				
1974	Barbara Johnson	Drumcollogher	1.25	
1975	R Quinn	Claremorris	1.28	
1976	G Maher	Fethard	1.33	
1977	P Stevens	Ballyfermot	1.27	
1978	Jacqui Stokes	Fethard	1.28	
1979	P Corrigan	Celtic	1.31	
1980	Brid Hallissey	Ferrybank	1.32	
1981	**Julie Ann Casey**	**Loughrea**	**1.35**	**CR**
1982	Sinead Fitzpatrick	Longford	1.30	
1983	**C Rogers**	**Annagry**	**1.35**	**CR**
1984	E O'Connor	Dundrum	1.23	
1985-2000	**Not held**			
2001	**Sinead Donnelly**	**Ferrybank**	**1.35**	**CR**
Discontinued				

Long Jump U11 Girls

1971	Patrica Verling	Cork	4.31	
1972	Audrey Long	Dublin	4.26	
1973	Not held			
1974	D Burrell	Barrow House	4.35	
1975	B Farrell	Kildare	4.05	
1976	Geraldine Finn	St. Laurence's	4.24	
1977	Adrienne Dollard	Dundrum Family Recreation Centre	4.02	
1978	Jacqui Stokes	Fethard	4.17	
1979	**G Liddy**	**Dooneen**	**4.89**	**CR**
1980	Evanna Morrissey	Nenagh Olympic	4.14	
1981	Julie Ann Casey	Loughrea	4.38	
1982	J Delaney	Roscrea	4.33	
1983	M Quinlan	St. Senan's	4.31	
1984	Jean O'Gorman	Newport	4.40	
1985	M Brennan	Newbridge	4.48	
1986	Shauna Colhoun	Lifford	4.31	
1987-1999	**Not held**			
2000	Karen McPharland	Mount Pleasant	4.08	
2001	Francesca Reville	Wexford	4.28	
2002	Ellen Crotty	Dundrum South Dublin	4.10	
2003	Jessica Cross	Beara	3.91	
2004	Aisling Cunningham	Killybegs	3.92	
Discontinued				

Triple Jump U11 Girls

1971	**C Baynes**	**Mayo**	**8.72**	**CR**
1972	**F Hurley**	**Wicklow**	**8.72**	**CR**

Discontinued

Shot Put U11 Girls

1971	F Hurley	Wicklow	6.63
1972	Joan Dooley	Limerick	8.76
1973	Not held		
1974	A Prendergast	De La Salle Waterford	7.48
1975	P Byrne	St. John's Park Waterford	7.75
1976	Regina Walton	Kilkenny City Harriers	7.00
1977	Theresa Weir	De La Salle Waterford	6.99
1978	Eva Nangle	Tramore	7.41
1979	Claire Furlong	De La Salle Waterford	6.40
1980	C Hogan	Bally	6.96
1981	Ailish O'Brien	Dungarvan	7.45
1982	Lisa Kane	North Down	8.11
1983	Anita Walton	Kilkenny City Harriers	6.86
1984	C Crowe	Carrick	6.26
1985	Marie Liston	Dooneen	7.60
1986	**Marie Liston**	**Dooneen**	**7.94** **CR**

Discontinued

Ball Throw U11 Girls

1974	M Brady	Ardee	28.02
1975-1999	**Not held**		
2000	Pamela Hughes	Westport	36.34
2001	Olivia McDonald	St. Peter's Dromiskin	33.59
2002	**Lisa Murphy**	**Dublin Striders**	**36.19** **CR**
2003	Zoe Scanlon	West Waterford	35.35
2004	Emer Boyce	Cranford	29.85
2005			
2006	Mary Tyrrell	Bree	

Discontinued

4x100m Relay U11 Girls

1971	Limerick	59.1
1972	Dublin	59.1
1973	Clonliffe Harriers	58.8
1974	Not contested	
1975	Nenagh Olympic	58.2
1976	Nenagh Olympic	57.3
1977	Leevale	57.3
1978	Tramore	57.8
1979	Walkinstown SAF	57.9
1980	Clondalkin	57.4
1981	Lucan Harriers	58.6
1982	Dooneen	57.3
1983	Kilkenny City Harriers	57.3
1984	Ballybrack	59.4
1985	Pearse	58.57
1986	Kilkenny City Harriers	58.5
1987	St. Ronan's	57.4
1988	West Dublin	57.2H
1989 - 1996	**Not held**	
1997	Cranford	56.9H
1998	Cranford	57.4H
1999	Dundrum South Dublin	58.9
2000	St. Abban's	58.68
2001	Grange / Fermoy	57.88
2002	Kilmallock (4x50m)	30.81
2003	Dooneen	29.91
2004	Carrick-on-Suir	29.95
2005	Leevale	30.20

2006		
2007	Gneeveguilla	60.64
2008		
2009		
2010	Athenry	62.18
2011	St. Laurence O'Toole	59.56
2012		
2013	Galway City Harriers	59.42
2014		
2015		

4x100m (Inter County) U11 Girls

2002	Limerick	30.00
2003		
2004	Limerick	28.8H
2005	Kerry	30.28

Cross Country U11 Girls

1969	Rose O'Brien	St Finbarrs
1970	Maura Quinn	Mayo County Team
1971	Sandra Barrett	Midleton
1972	Linda Barrett	Midleton
1973	Helen Murphy	Rosboro
1974	Eileen Vaughan	Cork Region
1975	Adrienne Dollard	Dundrum Family Recreation Centre
1976	S Owens	Grange
1977	A Dunne	Northside
1978	P Noonan	Drumcollogher
1979-1999 Not Held		
2000	Louise Keatley	Crookstown Millview
2001	Frances O'Shea	North Cork
2002	Sarah Hennessy	St. Joseph's
2003	Cliodhna Galwey	Belgooly
2004	Rachael O'Shea	Beara
2005	Rebecca Ward	Finn Valley
2006	Amber Barrett	Cranford
2007	Clodagh O'Reilly	Annalee
2008	Sinead Flynn	West Waterford
2009	Eva O'Donovan	Navan
2010	Alex O'Neill	St. Cronans
2011	Sarah Healy	Blackrock (Dublin)
2012	Corrine Kenny	St. Laurence O'Toole
2013	Sarah Morrison	St. Nicholas
2014	Hannah Breen	Crookstown Millview
2015	Sophie Quinn	Ratoath
2016	Erínn Leavy	Dunleer
2017	Cait O'Reilly	Annalee
2018	Emily Bolton	Metro St. Brigids
2019	Freya Renton	Westport

Cross Country Team U11 Girls

	Club	**County**	**Region**
1970	Midleton 22pts	Not contested	Cork 76pts
1971	Midleton	Not contested	Cork
1972	Roxboro 33pts	Not contested	Cork 38pts
1973	Midleton 26 pts	Not contested	Cork 53 pts
1974	Shannon 47pts	Not contested	Munster 67pts
1975	Youghal	Not contested	Cork 65pts
1976	Dundrum Family Recreation Centre 62pts	Not contested	Dublin 70pts
1977	Finn Valley 64pts	Not contested	Munster 52pts
1978	Finn Valley 49pts	Not contested	Munster 71pts
1979-1999 Not Held			
2000	Athenry 64pts	Not contested	Leinster 29pts
2001	Mullingar Harriers 99pts	Not contested	Munster 39pts
2002	Craughwell 109pts	Cork 126pts	Munster 66pts
2003	Carrick-on-Suir 64pts	Cork 124pts	Leinster 80pts
2004	Swinford 99pts	Cork 105pts	Munster 50pts

2005	Swinford 145pts	Cork 155pts	Munster 77pts
2006	Cranford 27pts	Donegal 61pts	
2007	St. Johns 141pts	Dublin 177pts	Munster 62pts
2008	Youghal 87pts	Dublin 142pts	
2009	Mullingar Harriers 45pts	Clare 116pts	Leinster 36pts
2010	Tullamore Harriers 96pts	Cork 126pts	Leinster 47pts
2011	Metro St. Brigids 120pts	Dublin 106pts	Leinster 71pts
2012	Kilmurry Ibrickane/North Clare 164pts	Cork 142pts	Munster 46pts
2013	Kilkenny City Harriers 176pts	Cork 66pts	Munster 36pts
2014	Youghal 99pts	Cork 71pts	Munster 63pts
2015	Dundrum South Dublin 117pts	Cork 120pts	Leinster 56pts
2016	Mullingar Harriers 91pts	Cork 95pts	Ulster 74pts
2017	Crookstown Millview 108pts	Dublin 71pts	Leinster 70pts
2018	Metro St. Brigids 115pts	Cork 89pts	Munster 63pts
2019	Ennis 64pts	Clare 93pts	Munster 40pts

60m U10 Boys

2000	Conor Callegy	Portumna	8.80
2001	Francis Egan	St. Abban's	9.2H
2002	Brendan Akamnou	Carrigtwohill	9.52

Discontinued

Long Jump U10 Boys

2000	Eoin Mulhall	Naas	4.13
2001	Francis Egan	St. Abban's	4.07
2002	Simon Callaghan	Border Ramblers	3.83
2003			
2004	Danny Pierse	Tralee Harriers	3.82

Discontinued

Ball Throw U10 Boys

2000	Peter McCarthy	Carrick-On-Suir	47.58
2001	Simon Holland	Courcies	42.22
2002	Alan Lyons	Killybegs	33.36
2003			
2004	Thomas Maguire	Fingallians	34.05

Discontinued

4 x 50m Relay U10 Boys

2000	Celbridge	30.70
2001	Ballyskenach	29.5H
2002	St. Ita's	31.23
2003	Bandon	30.82
2004	Gneeveguilla	31.33
2005	Tralee Harriers	32.32
2006		
2007	Abbey Striders	62.0H
2008		
2009		
2010	Nenagh Olympic	62.05
2011	St. Joseph's	63.45
2012		
2013	Nenagh Olympic	61.06

Discontinued

Cross Country U10 Boys

2000	Patrick Gilsenan	St. Brigids	M
2001	Adam Fitzpatrick	St. Mary's, Clare	M

Discontinued

Cross Country Team U10 Boys

	Club	County	Region
2000	Finn Valley 70pts	Not contested	Munster 44pts
2001	Ballinasloe & District 105pts	Not contested	Munster 46pts
Discontinued			

100m U10 Girls

2000	Brenda Doherty	Kilgobnet, Colligan and Kilbrien (K.C.K.)	8.74
2001	Laura Keegan	Celbridge	8.7H
2002	Mary Jones	Dundrum South Dublin	9.66
Disocntinued			

Long Jump U10 Girls

2000	Francesca Reville	Wexford	4.10
2001	Laura Keegan	Celbridge	4.07
2002	Jessica Cross	Beara	3.56
2003			
2004	Rachael O'Shea	Beara	3.90
Discontinued			

Ball Throw U10 Girls

2000	Olivia McDonnell	St. Peter's	27.67
2001	Aisling Johnston	Dublin Striders	35.70
2002	Nuala Angela Crowley	Liscarroll	32.27
2003			
2004	Marie Tuohy	Athenry	29.74
Discontinued			

4 x 50m U10 Girls

2000		Kilgobnet, Colligan and Kilbrien (K.C.K.)	30.50
2001		Blarney/Inniscara	30.60
2002		Galway City Harriers (4x50m)	32.68
2003		Estuary	30.85
2004		Grange/Fermoy	31.82
2005		Leevale	31.40
2006			
2007		Gneeveguilla	63.2H
2008			
2009			
2010		Claremorris	63.64
2011		Ferrybank	64.28
2012			
2013		Leevale	63.04
Discontinued			

Cross Country U10 Girls

2000	Frances O'Shea	North Cork
2001	Aisling Johnston	Dublin Striders
Discontinued		

Cross Country Team U10 Girls

	Club	County	Region
2000	Dundrum South Dublin 145pts	Not contested	Munster 56pts
2001	Dundrum South Dublin 142pts	Not contested	Munster 43pts
Discontinued			

60m U9 Boys

2000	Shane Golden	Olympic Harriers	9.22
2001	David Culhane	Moyvane Knockanure	9.0H
2002	Shane Howard	Grange/Fermoy	9.75
Discontinued			

Long Jump U9 Boys

2001	Caolan Ward	Letterkenny	3.68	
2002	Shane Howard	Grange/Fermoy	3.41	
2003				
2004	Shane Mackey	Ferrybank	3.55	
Discontinued				

Ball Throw U9 Boys

2000	**Beauden Barrett**	**St. Brigids, Oldcastle**	**45.28**	**CR**
2001	David Byrne	Craughwell	36.14	
2002	Gearoid Finn	Riverstick/Kinsale	27.84	
2003				
2004	Dean Maguire	St. Gerard's	29.56	
Discontinued				

4 x 50m Relay U9 Boys

2000	Olympic Harriers	32.00
2001	Lios Tuathail	30.8H
2002	Bree	33.90
2003	Bree	32.97
2004	Tralee Harriers	33.23
2005	Tralee Harriers	32.70
2006		
2007	Bree	66.9H
2008		
2009		
2010	Menapians	67.42
2011	Carraig na Bhfear	66.56
2012		
2013	Nenagh Olympic	67.32
Discontinued		

4 x 50m U9 Boys

2002	Kerry	32.20
2003		
2004	Kerry	31.5H
2005	Kerry	33.02

60m U9 Girls

2000	Carla Bourne	Letterkenny	9.30
2001	Ellen Crotty	Dundrum South Dublin	9.4H
2002	Sarah Lavin	Emerald	10.09

Long Jump U9 Girls

2000	Sarah Maguire	Dundalk St. Gerard's	3.63
2001	Ellen Crotty	Dundrum South Dublin	3.62
2002	Katie Hyland	Westport	3.05
2003			
2004	Amber Barrett	Cranford	3.60

Ball Throw U9 Girls

2000	Aisling Johnston	West Dublin	29.42
2001	Kelly Tobin	Bandon	24.28
2002	Ciara Danagher	Carrick-on-Suir	26.23

4 x 50m Relay U9 Girls

2000	Blarney / Inniscara	31.8
2001	Bree	31.70

2002		Estuary	33.83
2003		Thomastown	33.31
2004		Craughwell	34.06
2005		Tralee Harriers	33.28
2006			
2007		Ardee & District	65.8H
2008			
2009			
2010		Ferrybank	68.41
2011		Carrick-on-Suir	66.12
2012			
2013		Templemore	67.89

Discontinued

4 x 50m (Inter County) U9 Girls

2002		Tipperary	32.80
2003			
2004		Limerick	31.8H
2005		Kerry	33.82

100m U8 Boys

2001	Brendan Akamnou	Carrigtwohill	9.3H

Discontinued

Long Jump U8 Boys

2001	Simon Callaghan	Border Ramblers	3.59

Discontinued

Ball Throw U8 Boys

2001	Olan Crowley	Courcies	32.17

Discontinued

4x100m U8 Boys

2001		Carrick-on-Suir	32.7H

Discontinued

100m U8 Girls

2001	Sandra Deery	Castlerea	9.5H

Long Jump U8 Girls

2001	Claire Burke	St. Ronans	2.86

Ball Throw U8 Girls

2001	Laura McLoone	Lough Ree	21.16

4x100m U8 Girls

2001		Dooneen	32.4H

Age Group Notes

1891 The term Junior had no age-limit connotation until the 1970s; to qualify for this category it was enough that the athlete had never won a Junior or Senior Championship, or been a member of a winning team.

1909 Junior is open to members of county teams who have never competed in a Senior championship or won a Junior championship

1920s Youths were over 14 and under 18 on Jan 31 of the year of competition

1923 NACAI age groups were under the age as at June 1st of that year

1930 NACAI abolished Juvenile and changed Senior Schools to a Youths (U20) Championships
U18 & U16 to remain as present

1971 The Championships took place over an eight-week period at four different venues – Roscrea, Santry, Claremorris and Dundalk.

1999 BLE / BLOE & NACAI amalgamated to form Athletics Association of Ireland

There was no ICCA XC championships from 1915 through 1919. The ICCA like the IAAA suspended all competition.

BLOE Congress held on 29 September 1973 passing a motion for the reinstatement of championships for all ages U11 through U16
Congress of 1972 decided that the T&F championships but NOT the XC Championships would be confined to U12,U14 and U16 age groups

NACA Youth Championships were combined with the Senior Schools Championships in 1931 through 1940.
Schools Championships (and Youth Championships) did not take place from 1941 through 1946. U16 and U18 Championships were held by the NACA in 1923, but corresponding championships were not held in 1924 through 1928.

Up to 1960, IAAB Youth Championships took place in conjunction with the IAAB Senior championships. In 1962 through 1966, Youth Championships were replaced with “Boys Championships”.

In 1942 the inaugural IAAB T&F Champs were held in College Park on Saturday 20 June 1942. These included Youth Championships.
The AAUE Youth Championships were incorporated in the inaugural IAAB championships in 1942.
In subsequent years there were Youth Championships under the auspices of both AAUE and IAAB.
AAUE did not hold Youth Championships in 1937 – only “Novice Events” with the Senior T&F.

From 1967 the yearly cycle went from the 1st Oct to the end of the following September. Ages were calculated from the 1st Oct. (the start of the season)
From 1973 it changed to the 1st Jan i.e. Under 17 was an athlete 16 years of age on the 1st Jan in the year of competition.
From 2003 it was changed to the present IAAF way if doing things i.e. Under 17 is an athlete 16 years of age on the 31st Dec in the year of competition.