

Munster Schools Athletics Champions 1931-2020

(Some background information on this championship appears at the end of the document)

Corrections particularly to fill in full forenames names to liamobrien001@hotmail.com

Roll of Honour

Senior Boys 100m 100yds (1931 - 1969)

1931	Michael O'Sullivan	Rockwell College	10.4
1937	Billy Phelan	Waterpark College Waterford	10.8
1938	Thomas Kelly	Rockwell College	10.6
1939	Thomas Daly	St Flannans Ennis	10.6
1940	Michael Dunne	Rockwell College	10.3
1941	Michael Dunne	Rockwell College	10.6
1947	Pat Scannell	Christian Brothers College Cork	11.0
1948	Pat Scannell	Christian Brothers College Cork	10.2
1949	Noel Keane	Rockwell College	11.0
1950	Noel Keane	Rockwell College	10.5
1951	Michael Manning	Rockwell College	10.5
1952	Michael Manning	Rockwell College	10.4
1953	Donan Dempsey	St Flannans Ennis	10.1
1954	Maurice Donegan	Presentation Brothers Cork	10.3
1955	Liam Fennessy	High School Clonmel	10.5
1956	Mick Lanigan	De La Salle Waterford	10.0
1957	Wyndham Williams	Christian Brothers College Cork	10.3
1958	Liam Silke	Mungret College Limerick	10.2
1959	Denis Murray	Rockwell College	10.4
1960	David Broderick	Crescent Comprehensive SJ Limerick	10.6
1961	Kevin O'Connor	Rockwell College	10.4
1962	Danny Murphy	Limerick CBS	10.5
1963	Jim Feeney	Presentation Brothers Cork	10.2
1964	Joe Cumiskey	Rockwell College	10.6
1965	Michael Manning	Presentation Brothers Cork	10.6
1966	Brendan O'Regan	Crescent Comprehensive SJ Limerick	10.5
1967	Brendan O'Regan	Crescent Comprehensive SJ Limerick	10.5
1968	Gerry Hayes	Rockwell College	10.5
1969	Gary Coughlan	North Monastery CBS Cork	10.2
1970	Jim O'Hare	Presentation Brothers Cork	11.9
1971	Tim Crowe	St Flannans Ennis	11.7

1972	Laurence Leavy	St Munchins Limerick	11.2	
1973	Dermot Browne	Rockwell College	11.1	
1974	Robert Morgan	Mungret College Limerick	11.4	
1975	Pat Fallon	Patrician Fethard	11.1	
1976	Denis Collins	Rockwell College	11.3	
1977	Jim Crotty	Christian Brothers College Cork	10.9	
1978	John O'Kelly Lynch	Christian Brothers College Cork	10.9	
1979	Owen Crotty	Christian Brothers College Cork	11.9	
1980	Paul O'Brien	Crescent Comprehensive SJ Limerick	10.6	
1981	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.2	
1982	Paul Sheedy	Midleton College	10.9	
1983	Paul Sheedy	Midleton College	10.8	
1984	Johnny Riordan	Rockwell College	11.1	
1985	Michael Kelly	Borrisokane VS	10.6	
1986	Kenneth Horgan	Midleton CBS	11.8	
1987	Michael Kelly	Borrisokane VS	11.1	
1988	Paul Kelleher	Farranferries Cork	11.3	
1989	Darren Haddock	Colaiste Chriost Ri Cork	10.8	
1990	Darren Haddock	Colaiste Chriost Ri Cork	10.8	
1991	Carlton Haddock	Colaiste Chriost Ri Cork	10.8	
1992	Carlton Haddock	Colaiste Chriost Ri Cork	11.0	
1993	Daniel O'Sullivan	Rockwell College	11.0	
1994	Jeff Casey	Presentation Brothers Cork	11.1	
1995	Kieran Murphy	Carrigaline CS	11.6	
1996	Eoin McCarthy	St Brendans Killarney	11.0	
1997	Brian Cullinane	Nenagh CBS	11.0	
1998	Brendan Burke	John The Baptist Hospital	10.9	
1999	Ger O'Donoghue	St Brendans Killarney	10.8	
2000	Timothy Flannery	Nenagh CBS	NT	
2001	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	10.9	
2002	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	11.0	
2003	Peter Shallow	Rockwell College	11.92	
2004	Carl McNamara	Bruce College Cork	11.01	
2005	Derek Duff	Glanmire CC	10.97	
2006	Derek Duff	Hewitt College Cork	11.38	
2007	Chris Russell	Waterpark College Waterford	11.02	
2008	Chris Russell	Waterpark College Waterford	10.97	
2009	Nathan Jege	St Caimins CS Shannon	11.54	
2010	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	10.94	4.8
2011	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	11.57	-3.6
2012	Greg O'Shea	Crescent Comprehensive SJ Limerick	11.03	2.6
2013	Eoin O'Carroll	Mercy Mount Hawk Tralee	11.18	3.2
2014	Mark Varley	Crescent Comprehensive SJ Limerick	11.40	-2.8
2015	Scott Gibson	Bandon Grammar School	11.03	0.3
2016	Joe Gibson	Bandon Grammar School	11.82	-4.2
2017	Jamie Mitchell	Ard Scoil Ris Limerick	11.01	0.6
2018	Shaun Benson	St Flannans Ennis	11.04	-0.5
2019	Conor Morey	Presentation Brothers Cork	10.55	2.3

Senior Boys 200m 220yds (1931-1969)

1931	Michael O'Sullivan	Rockwell College	21.2
1947	Pat Scannell	Christian Brothers College Cork	25.7
1948	Pat Scannell	Christian Brothers College Cork	23.5
1949	John O'Donovan	Christian Brothers College Cork	25.4
1950	Noel Keane	Rockwell College	24.5
1951	Michael Manning	Rockwell College	23.4
1952	Michael Manning	Rockwell College	24.0
1953	J Lane	Presentation Brothers Cork	24.8
1954	Donan Dempsey	St Flannans Ennis	24.0
1955	Liam Fennessy	High School Clonmel	24.8
1956	Michael McLoughlin	De La Salle Waterford	23.5
1957	Cashel Riordan	Christian Brothers College Cork	23.7
1958	Liam Silke	Mungret College Limerick	23.7
1959	Billy Harris	Crescent Comprehensive SJ Limerick	23.8
1960	Billy Harris	Crescent Comprehensive SJ Limerick	23.2
1961	David Broderick	Crescent Comprehensive SJ Limerick	23.7
1962	Brian O'Neill	Tralee CBS	23.2
1963	Joe Cumiskey	Rockwell College	23.5
1964	Joe Cumiskey	Rockwell College	22.9
1965	Michael Manning	Presentation Brothers Cork	23.5
1966	Ray Comiskey	Rockwell College	24.0
1967	Brendan O'Regan	Crescent Comprehensive SJ Limerick	21.8
1968	Gerry Hayes	Rockwell College	23.1
1969	Gary Coughlan	North Monastery CBS Cork	24.0
1970	F O'hAonghusa	Ennis CBS	24.2
1971	Tim Crowe	St Flannans Ennis	23.7
1972	Laurence Leavy	St Munchins Limerick	23.1
1973	Dermot Browne	Rockwell College	21.8
1974	Robert Morgan	Mungret College Limerick	23.9
1975	Pat Fallon	Patrician Fethard	22.6
1976	Denis Collins	Rockwell College	23.6
1977	Jim Crotty	Christian Brothers College Cork	22.9
1978	John O'Kelly Lynch	Christian Brothers College Cork	22.2
1979	Owen Crotty	Christian Brothers College Cork	23.8
1980	Kieran Finn	Salesian Pallaskenry	21.8
1981	Paul O'Brien	Crescent Comprehensive SJ Limerick	22.6

1982	Paul Sheedy	Midleton College	22.5	
1983	Paul Sheedy	Midleton College	22.1	
1984	Paul O'Regan	Colaiste Chriost Ri Cork	22.0	
1985	Paul O'Regan	Colaiste Chriost Ri Cork	22.1	
1986	Aidan O'Regan	Colaiste Chriost Ri Cork	22.8	
1987	Michael Kelly	Borrisokane VS	22.5	
1988	Niall Boland	Presentation Brothers Cork	22.8	
1989	David Power	Colaiste an Spioraid Naoimh Bishopstown	22.4	
1990	Gary Ryan	Nenagh CBS	22.5	
1991	Tom Cummins	Crescent Comprehensive SJ Limerick	22.5	
1992	Sean O'Sullivan	Killorglin CC	22.0	
1993	Michael Hallahan	Colaiste Chriost Ri Cork	23.2	
1994	Brian Liddy	Glenstal Abbey School	22.9	
1995	Kieran Murphy	Carrigaline CS	23.1	
1996	Eoin McCarthy	St Brendans Killarney	22.2	
1997	Thomas Coman	Thurles CBS	22.2	
1998	Thomas Coman	Thurles CBS	22.6	
1999	Timothy Flannery	Nenagh CBS	22.5	
2000	Darren Coughlan	Hamilton High School Bandon	22.1	
2001	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	21.8	
2002	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	22.1	
2003	Maurice Donoghue	De La Salle Waterford	23.62	
2004	Carl McNamara	Bruce College Cork	22.50	
2005	Derek Duff	Glanmire CC	22.20	
2006	Derek Duff	Hewitt College Cork	22.60	
2007	Chris Russell	Waterpark College Waterford	22.74	
2008	Chris Russell	Waterpark College Waterford	21.90	
2009	Billy Ryan	De La Salle Waterford	22.83	
2010	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	22.37	1.2
2011	David Killeen	Colaiste an Spioraid Naoimh Bishopstown	23.64	-4.4
2012	Greg O'Shea	Crescent Comprehensive SJ Limerick	22.14	
2013	Paul Murphy	St Augustines Dungarvan	22.09	2.8
2014	Steven Walsh	St Declans CC Kilmacthomas	23.23	-3.5
2015	Stephen Walsh	St Declans CC Kilmacthomas	22.42	2.6
2016	Joey Henchy	Bandon Grammar School	22.92	-3.9
2017	Jamie Mitchell	Ard Scoil Ris Limerick	22.94	-2.2
2018	Conor Morey	Presentation Brothers Cork	22.32	0.0
2019	Colin Doyle	Colaiste an Spioraid Naoimh Bishopstown	21.80	0.7

Senior Boys 300yds

1937	Billy Phelan	Waterpark College Waterford	NT	
1938	Billy Phelan	Waterpark College Waterford	35.8	
1939	S Saidleir	St Colmans Fermoy	36.2	
1940	N McCarthy	Presentation Brothers Cork	34.0	
1941	Michael Dunne	Rockwell College	34.2	

Senior Boys 400m 440yds (1931 - 1969)

1931	Michael O'Sullivan	Rockwell College	55.2
1948	Pat Scannell	Christian Brothers College Cork	55.2
1949	Cornelius Lynch	Rockwell College	57.4
1950	M Gillespie	St Colmans Fermoy	55.2
1951	Gary Horgan	Christian Brothers College Cork	55.6
1952	Tim McGrath	Rockwell College	53.6
1953	Brian Coffey	Christian Brothers College Cork	55.4
1954	M Murphy	Sullivans Quay Cork	55.0
1955	Liam Fennessy	High School Clonmel	55.0
1956	Michael McLoughlin	De La Salle Waterford	53.0
1957	T Waldron	Sullivans Quay Cork	54.8
1958	Brian Murray	Presentation Brothers Cork	54.5
1959	Billy Harris	Crescent Comprehensive SJ Limerick	53.0
1960	Billy Harris	Crescent Comprehensive SJ Limerick	52.5
1961	David Broderick	Crescent Comprehensive SJ Limerick	53.9
1962	Brian O'Neill	Tralee CBS	53.4
1963	Ian Hamilton	Presentation Brothers Cobh	53.6
1964	Ian Hamilton	Presentation Brothers Cobh	51.4
1965	Pat Sheppard	Presentation Brothers Cork	54.4
1966	Sean Ryan	Colaiste Iosagain Ballyvourney	54.5
1967	Ger McKeown	Limerick CBS	52.1
1968	Joe Adams	Limerick CBS	52.4
1969	Billy Bolster	Patrician Academy Mallow	53.2
1970	Bernard Lynch	Farranferris Cork	52.9
1971	Tim Crowe	St Flannans Ennis	54.1
1972	Tim Crowe	St Flannans Ennis	52.7
1973	Eddie Cogan	Mungret College Limerick	52.6
1974	Peter Morgan	Mungret College Limerick	52.2
1975	Anthony Power	Rockwell College	52.3

1976	Paudie Cronin	Dunmanway VS	53.4
1977	Adrian Barry	St Flannans Ennis	51.5
1978	Adrian Barry	St Flannans Ennis	50.3
1979	John Joseph Barry	St Augustines Dungarvan	51.9
1980	Kieran Finn	Salesian Pallaskenry	49.4
1981	Michael Morrissey	Nenagh CBS	51.8
1982	G McMahon	St Flannans Ennis	51.5
1983	John Cody	St Augustines Dungarvan	50.4
1984	Paul O'Regan	Colaiste Chriost Ri Cork	49.3
1985	Paul O'Regan	Colaiste Chriost Ri Cork	50.4
1986	Aidan O'Regan	Colaiste Chriost Ri Cork	49.2
1987	Aidan O'Regan	Colaiste Chriost Ri Cork	49.2
1988	Alan Clooney	St Pauls Waterford	50.7
1989	Liam Clinton	Scoil Stiofain Naofa Cork	50.0
1990	Gary Ryan	Nenagh CBS	50.3
1991	Mark Smyth	North Monastery CBS Cork	49.6
1992	Mark Smyth	North Monastery CBS Cork	49.3
1993	O O'Keeffe	St Munchins Limerick	53.5
1994	Jermey Desmond	Bandon Grammar School	51.5
1995	Brian Liddy	Glenstal Abbey School	49.6
1996	Michael Esmonde	Thurles CBS	51.1
1997	Thomas Coman	Thurles CBS	49.8
1998	Thomas Coman	Thurles CBS	48.3
1999	Joe O'Donnell	St Augustines Dungarvan	50.1
2000	Brian Murphy	Colaiste an Phiarasaigh Glanmire	50.1
2001	Brian Murphy	Colaiste an Phiarasaigh Glanmire	49.6
2002	Maurice O'Donoghue	De La Salle Waterford	50.7
2003	Liam O'Brien	Midleton CBS	51.50
2004	Frank Daly	St Munchins Limerick	49.97
2005	Michael Dillon	Listowel CC	50.75
2006	Ciaran O'Driscoll Collins	Ard Scoil Ris Limerick	50.89
2007	Ciaran O'Driscoll Collins	Ard Scoil Ris Limerick	51.54
2008	Billy Ryan	De La Salle Waterford	49.27
2009	Billy Ryan	De La Salle Waterford	49.38
2010	Patrick Maher	Davis College Mallow	49.06
2011	James Green	Comeragh College Carrick-on-Suir	49.77
2012	Ben Kiely	Tramore CBS	50.14
2013	Paul Murphy	St Augustines Dungarvan	49.54
2014	Paul Murphy	St Augustines Dungarvan	50.00
2015	Scott Gibson	Bandon Grammar School	47.60
2016	Jamie Mitchell	Ard Scoil Ris Limerick	49.64
2017	Tony Odubote	Rice College Ennis	50.13
2018	Jack Pender	High School Clonmel	51.90
2019	Shane Aherne	Rochestown College	49.58

Senior Boys 800m 880yds (1937 - 1969)

1937	R Bevin	North Monastery CBS Cork	NT
1938	J Beckett	Christian Brothers College Cork	NT
1939	J Fitzpatrick	St Flannans Ennis	2.15.6
1940	J Fitzpatrick	St Flannans Ennis	NT
1941	G Kelly	Christian Brothers College Cork	2.15.4
1947	P Fitzgerald	Presentation Brothers Cork	2.15.6
1948	Ian Cotton	Glenstal Abbey School	2.04.2
1949	G Healy	Christian Brothers College Cork	2.11.4
1950	M Gillespie	St Colmans Fermoy	2.10.4
1951	James Hynes	Rockwell College	2.19.5
1952	Tom Murphy	Sullivans Quay Cork	2.05.1
1953	P Duffy	St Flannans Ennis	2.06.4
1954	Don McDonald	Rochestown College	2.07.4
1955	D O'Driscoll	Sullivans Quay Cork	2.10.1
1956	Edward ('Ted') O'Brien	Rockwell College	2.07.5
1957	Michael O'Leary	Rockwell College	2.10.0
1958	Michael O'Leary	Rockwell College	2.10.0
1959	Jerry Murray	Presentation Brothers Cork	2.12.0
1960	Austin Ivors	Colaiste Chriost Ri Cork	2.05.2
1961	Micheal Hough	St Flannans Ennis	2.05.8
1962	J Barrett	Presentation Brothers Cork	2.09.2

1963	Ian Hamilton	Presentation Brothers Cobh	2.06.7
1964	Ian Hamilton	Presentation Brothers Cobh	1.56.5
1965	Jim Leahy	Rockwell College	2.00.6
1966	Ger McKeown	Limerick CBS	2.06.0
1967	Ger McKeown	Limerick CBS	2.02.5
1968	Joe Adams	Limerick CBS	1.59.3
1969	Billy Bolster	Patrician Academy Mallow	2.01.3
1970	Bernard Lynch	Farranferris Cork	1.59.7
1971	Jerry Kiernan	St Michaels Listowel	2.04.6
1972	Donal Ryan	Presentation Brothers Cork	1.59.4
1973	Niall O'Shaughnessy	St Munchins Limerick	1.57.0
1974	Peter Morgan	Mungret College Limerick	2.00.1
1975	Declan O'Mahony	Colaiste Chriost Ri Cork	2.03.1
1976	Seamus Ryan	Crescent Comprehensive SJ Limerick	2.02.9
1977	Tommy Moloney	Thurles CBS	1.58.0
1978	Tommy Moloney	Thurles CBS	1.54.3
1979	Brian O'Regan	Mitchelstown CBS	2.01.8
1980	Peter Gleeson	Nenagh CBS	1.55.8
1981	Ger Ryan	Crescent Comprehensive SJ Limerick	1.59.1
1982	Kieran Mullins	De La Salle Waterford	2.08.4
1983	Bernard O'Sullivan	Colaiste Chriost Ri Cork	1.58.1
1984	Bernard O'Sullivan	Colaiste Chriost Ri Cork	1.59.7
1985	Finbarr O'Mahony	Colaiste Chriost Ri Cork	2.01.4
1986	Geoffery Sheehan	Charleville CBS	1.57.8
1987	Aidan O'Regan	Colaiste Chriost Ri Cork	1.54.3
1988	Anthony O'Keeffe	Colaiste Chriost Ri Cork	1.54.0
1989	Pat Calanan	Colaiste an Spioraid Naoimh Bishopstown	1.55.4
1990	P J O'Rourke	St Marys Newport	1.57.4
1991	P J O'Rourke	St Marys Newport	1.55.0
1992	Kieran McKeown	Deerpark CBS Cork	1.56.5
1993	Kieran McKeown	North Monastery CBS Cork	1.59.4
1994	Oisin Crowley	Hamilton High School Bandon	1.55.8
1995	Brian Murray	St Sheelans Templemore	2.02.9
1996	Ivan Leane	St Brendans Killarney	1.57.3
1997	Denis Murphy	Mayfield Community School	1.58.3
1998	Paul Carroll	North Monastery CBS Cork	1.55.7
1999	Thomas Quaid	Dromcollogher CC	1.54.1
2000	Ian O'Donovan	Colaiste Choilm Ballincollig	1.59.3
2001	Liam Reale	John The Baptist Hospital	1.50.8
2002	James Ledingham	St Augustines Dungarvan	1.57.7
2003	Richard Byrne	North Monastery CBS Cork	1.57.13
2004	John Shine	Colaiste an Spioraid Naoimh Bishopstown	1.59.00
2005	Brian Markham	St Flannans Ennis	1.55.80
2006	David McCarthy	St Augustines Dungarvan	1.52.74
2007	Niall Tuohy	Newtown School Waterford	1.53.80
2008	Keith Maher	Nenagh CBS	1.57.17
2009	Liam Markham	St Flannans Ennis	2.00.36
2010	Cathal O'Connor	St Caimins CS Shannon	1.59.05

2011	Dean Cronin	Colaiste an Phiarsaigh Glanmire	1.55.80
2012	Dean Cronin	Colaiste an Phiarsaigh Glanmire	1.58.57
2013	Sean Tobin	High School Clonmel	1.50.23
2014	Conor Walter	Rochestown College	1.55.44
2015	Gary O'Sullivan	De La Salle Macroom	2.00.14
2016	Conor O'Driscoll	Carrigaline CS	2.00.35
2017	Conor O'Driscoll	Carrigaline CS	1.59.57
2018	Conor Ryan	Our Ladys Templemore	2.01.28
2019	Ben Deasy	St Flannans Ennis	2.00.12

Senior Boys 1500m 1 Mile (1948 - 1969)

1948	John Sheehy	Farranferris Cork	5.09.8
1949	B Cussen	Presentation Brothers Cork	5.16.4
1950	S Curran	St Flannans Ennis	4.32.2
1951	Patrick Leonard	St Colmans Fermoy	5.05.9
1952	Patrick Leonard	St Colmans Fermoy	4.56.4
1953	J Carney	St Flannans Ennis	4.55.4
1954	Don McDonald	Rochestown College	4.54.5
1955	Tom O'Riordan	Tralee CBS	4.54.5
1956	Edward ('Ted') O'Brien	Rockwell College	4.47.6
1957	Michael Moran	High School Clonmel	4.56.0
1958	Declan Campion	Salesian Pallaskenry	4.57.1
1959	Declan Campion	Salesian Pallaskenry	4.38.0
1960	John D Murphy	Patrician Academy Mallow	4.50.3
1961	Micheal Hough	St Flannans Ennis	4.41.7
1962	Larry Phelan	De La Salle Waterford	4.53.5

1963	R Shannon	Ennis CBS	4.49.9
1964	Eric Hopkins	Presentation Brothers Cork	4.35.6
1965	Jim Leahy	Rockwell College	4.32.4
1966	Ger McKeown	Limerick CBS	4.47.6
1967	Finbarr White	Colaiste Chriost Ri Cork	4.36.1
1968	Paul Horan	Mungret College Limerick	4.31.8
1969	Tadhg O'Donoghue	Kenmare	4.39.3
1970	Tadhg O'Donoghue	Kenmare	4.08.8
1971	Jerry Kiernan	St Michaels Listowel	4.15.1
1972	Des O'Connor	Tipperary VS	4.06.2
1973	Phil English	Tipperary VS	4.11.4
1974	Eddie Hartnett	Fermoy CBS	4.13.7
1975	Declan O'Mahony	Colaiste Chriost Ri Cork	4.17.8
1976	Noel Shannon	Colaiste an Spioraid Naoimh Bishopstown	4.12.7
1977	Tommy Moloney	Thurles CBS	4.08.2
1978	Frank O'Mara	St Munchins Limerick	4.00.1
1979	Brian O'Regan	Mitchelstown CBS	4.19.1
1980	Kieran Stack	Doneraile CBS	4.15.7
1981	Gerard O'Callaghan	Christian Brothers College Cork	4.05.2
1982	Cyril Whelan	Nenagh CBS	4.14.0
1983	Noel Stack	Listowel VS	4.01.0
1984	B Kelly	De La Salle Waterford	4.01.0
1985	Frank Conway	Intermediate School Killorglin	4.16.3
1986	Bill Mullaney	Thurles CBS	4.04.0
1987	Stephen Mohan	Maria Immaculata Dunmanway	4.02.6
1988	Frank Hanley	St Clements Limerick	3.55.4
1989	Frank Hanley	St Clements Limerick	3.53.8
1990	Mark Carroll	North Monastery CBS Cork	3.52.5
1991	P J O'Rourke	St Marys Newport	4.01.4
1992	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.04.6
1993	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.10.8
1994	Oisin Crowley	Hamilton High School Bandon	3.58.2
1995	Oisin Crowley	North Monastery CBS Cork	4.06.5
1996	David Coade	North Monastery CBS Cork	4.13.2
1997	Paul Carroll	North Monastery CBS Cork	4.12.8
1998	Paul Carroll	North Monastery CBS Cork	3.57.5
1999	Shane O'Shaughnessy	Mayfield Community School	4.00.4
2000	Shane Power	Central Technical Institute Clonmel	4.48.8
2001	Sean Conroy	North Monastery CBS Cork	3.58.3
2002	Brian Farrell	North Monastery CBS Cork	4.08.1
2003	James Ledingham	St Augustines Dungarvan	4.20.46
2004	Philip Conway	Waterpark College Waterford	4.10.48
2005	Ciaran O'Lionaird	De La Salle Macroom	4.02.32
2006	David McCarthy	St Augustines Dungarvan	4.02.62
2007	David McCarthy	St Augustines Dungarvan	3.59.88
2008	Craig Murphy	Douglas CS	3.59.32
2009	Liam Markham	St Flannans Ennis	4.24.31
2010	Liam Markham	St Flannans Ennis	4.13.49



2011	Shane Quinn	De La Salle Waterford	4.02.88
2012	Sean Tobin	High School Clonmel	3.54.73
2013	Sean Tobin	High School Clonmel	3.50.54
2014	Liam Hennessy	Colaiste Chriost Ri Cork	4.18.46
2015	Luke Horgan	Colaiste Chriost Ri Cork	4.16.14
2016	Luke Horgan	Colaiste Chriost Ri Cork	4.24.35
2017	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.17.82
2018	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.05.09
2019	Darragh McElhinney	Coaiste Pobail Bantry	3.49.42

Senior Boys 5000m 3 miles (1963 -1969)

1963	Jim Leahy	Rockwell College	16.05.2
1964	Jim Leahy	Rockwell College	16.04.7
1965	Donal Walsh	North Monastery CBS Cork	15.17.2
1966	Donal Walsh	North Monastery CBS Cork	14.57.2
1967	Neil Cusack	St Munchins Limerick	15.47.8
1968	Neil Cusack	St Munchins Limerick	15.08.0
1969	Tadgh O'Donoghue	Kenmare	15.43.0



1970	Neil Cusack	St Munchins Limerick	15.26.4
1971	Tony Ryan	Dungarvan CBS	15.02.0
1972	Des O'Connor	Tipperary VS	15.05.8
1973	Phil English	Tipperary VS	15.19.5
1974	John Treacy	St Anns Cappoquin	14.47.3
1975	John Downey	Tipperary CBS	16.08.0
1976	Anthony O'Neill	North Monastery CBS Cork	17.15.8
1977	M Foley	Limerick CBS	16.46.2
1978	Paul Moloney	St Munchins Limerick	16.00.6
1979	Marcus O'Sullivan	Colaiste Chriost Ri Cork	16.05.6
1980	Liam Griffin	Tralee VS	15.50.0
1981	Richard O'Flynn	Hamilton High School Bandon	14.59.6
1982	Bill Lacey	De La Salle Waterford	15.09.4
1983	Donncha O'Mahony	Colaiste an Chroi Naofa Carraig na bhFear	15.41.7
1984	John Allen	Croom VS	15.33.7
1985	J Fleming	Castleisland VS	16.12.0
1986	Stephen Gibbons	Hamilton High School Bandon	15.36.3
1987	J Moloney	St Endas CS Limerick	15.46.8
1988	Jer Twomey	Charleville CBS	15.16.5
1989	Eddie O'Carroll	North Monastery CBS Cork	15.04.8
1990	Declan O'Callaghan	North Monastery CBS Cork	14.58.8
1991	John Murray	North Monastery CBS Cork	15.07.0
1992	David Healy	Douglas CS	14.46.3
1993	David Healy	North Monastery CBS Cork	17.02.7
1994	Padraig Buckley	North Monastery CBS Cork	15.36.4
1995	Mark Radley	Dungarvan CBS	15.33.5
1996	Thomas Carey	St Josephs Newport	15.05.0
1997	Dermot Galvin	St Josephs CC Kilkee	15.54.6
1998	Paul O'Reilly	North Monastery CBS Cork	15.21.5
1999	Tim Murphy	St Aidans CC Cork	15.39.7
2000	Robert Wade	St Declans CC Kilmacthomas	15.28.9
2001	Robert Wafe	North Monastery CBS Cork	15.14.1
2002	Mark Hanrahan	Douglas CS	15.28.0
2003	Jamie McCarthy	Kinsale CS	15.23.0
2004	Andrew Ledwith	North Monastery CBS Cork	14.54.45
2005	Kieran Cunningham	St Flannans Ennis	16.34.50
2006	Ferdia O'hAodha	St Augustines Dungarvan	16.21.99
2007	Ferdia O'hAodha	St Augustines Dungarvan	16.02.87
2008	Patrick Hogan	De La Salle Waterford	15.32.0
2009	Conor Rochford	Abbey CC Waterford	17.07.48
2010	Ryan Creech	Glanmire CC	15.28.34
2011	Jake O'Regan	Kilkee CC	16.33.22
2012	Phillip Crowley	Glanmire CC	16.42.58
2013	Steven Rooney	Ennis CC	16.19.18
2014	Kyle Larkin	Ard Scoil Ris Limerick	16.11.76
2015	David Fox	Christian Brothers College Cork	15.51.25
2016	Fearghal Curtin	Midleton CBS	16.22.57
2017	Micheal Power	St Augustines Dungarvan	15.15.61



2018 Hugo Blair

Waterpark College Waterford

16.18.97

2019 Jake McCarthy

Pobalscoil na Trionoide Youghal

15.58.71

Senior Boys 110m(99cm) Hurdles

120yds (1937 and 1955 - 1929) 100yds (1938 - 1954)



1937	John O'Neill Mulcahy	Waterpark College Waterford	15.6
1938	Reggie O'Shea	Christian Brothers College Cork	16.0
1939	Reggie O'Shea	Christian Brothers College Cork	14.9
1940	D Ceitinn	St Colmans Fermoy	13.5
1941	R Flavin	St Colmans Fermoy	14.0
1947	Pat Hurley	Glenstal Abbey School	15.0
1948	Eddie Cotter	Glenstal Abbey School	15.8
1949	Michael Canty	Glenstal Abbey School	14.6
1950	Michael Canty	Glenstal Abbey School	14.4
1951	Denis Murphy	Glenstal Abbey School	13.6
1952	Patrick Grattan-Bellew	Glenstal Abbey School	14.1
1953	James Ennis	Glenstal Abbey School	14.2
1954	Desmond Mullins	Rockwell College	13.9
1955	M Dromey	Presentation Brothers Cork	17.2
1956	Sean Murphy	Rockwell College	16.0
1957	Billy Carroll	Crescent Comprehensive SJ Limerick	16.0
1958	Olainn Dempsey	Nenagh CBS	15.9
1959	Pat McGrath	Rockwell College	
1960	Walter Halley	Glenstal Abbey School	15.9
1961	Walter Halley	Glenstal Abbey School	15.2
1962	Michael Hederman	Glenstal Abbey School	16.7
1963	Jim Sheehy	De La Salle Macroom	15.1
1964	Jim Sheehy	De La Salle Macroom	16.4
1965	Gerry Lively	Rockwell College	16.5
1966	Tim O'Mahony	Colaiste Chriost Ri Cork	17.0
1967	Peter Gill	Christian Brothers College Cork	16.7
1968	L Mooney	St Munchins Limerick	17.0
1969	John J Byrne	Rockwell College	16.2
1970	Michael Kennedy	Glenstal Abbey School	16.3
1971	Barry Staveley	Rockwell College	16.0
1972	Eddie Sheehan	St Colmans Fermoy	16.5
1973	M Whyte	Crescent Comprehensive SJ Limerick	16.4
1974	John Hunter	Colaiste Iognaid Ris Cork	17.0
1975	Brendan Moran	Newtown School Waterford	15.5
1976	J Power	St Flannans Ennis	16.0
1977	Gerard McLoughlin	Cobh VS	15.9
1978	Ian Hope Ross	Rockwell College	16.4
1979	Gerard Horan	Colaiste Chriost Ri Cork	16.4
1980	Denis Finnerty	Nenagh CBS	14.9
1981	Michael Morrissey	Nenagh CBS	15.6
1982	Ger Horan	Colaiste Chriost Ri Cork	15.5
1983	Daniel Kennefick	Ashton School Cork	15.9
1984	Eamonn Small	Crescent Comprehensive SJ Limerick	15.9
1985	Eamonn Small	Crescent Comprehensive SJ Limerick	14.8
1986	Colm Moran	Rockwell College	15.9
1987	Leonard Waugh	Hamilton High School Bandon	15.2
1988	Leonard Waugh	Hamilton High School Bandon	14.9

1989	David Sheehan	St Munchins Limerick	14.4	
1990	Darren Haddock	Colaiste Chriost Ri Cork	13.9	
1991	Carlton Haddock	Colaiste Chriost Ri Cork	14.7	
1992	Carlton Haddock	Colaiste Chriost Ri Cork	14.1	
1993	Meldon McNamara	Ard Scoil Ris Limerick	15.4	
1994	Meldon McNamara	Ard Scoil Ris Limerick	15.2	
1995	Derek Hayes	St Augustines Dungarvan	16.3	
1996	Derek Hayes	St Augustines Dungarvan	14.3	
1997	Brendan Burke	John the Baptist CS Hospital	14.7	
1998	Rory Liddane	Ard Scoil Ris Limerick	15.1	
1999	Timothy Flannery	Nenagh CBS	15.3	
2000	Timothy Flannery	Nenagh CBS	NT	
2001	Timothy Flannery	Nenagh CBS	16.1	
2002	Shane Cullinane	Nenagh CBS	15.1	
2003	Shane Cullinane	Nenagh CBS	16.39	
2004	Shane Cullinane	Nenagh CBS	15.17	
2005	Nigel O'Gorman	Scoil Ruain Killenaule	15.94	
2006	Eoin Hannon	Our Ladys Templemore	15.49	
2007	Eoin Hannon	Our Ladys Templemore	15.00	
2008	Oisin Brogan	Newtown School Waterford	17.98	
2009	Edmond O'Halloran	Rochestown College	15.82	
2010	Edmund O'Halloran	Rochestown College	14.94	0.4
2011	P J Galvin	Mercy Mount Hawk Tralee	17.80	-4.0
2012	Daniel Colbert	Midleton CBS	a McCullough	1.0
2013	Daniel Colbert	Midleton CBS	15.43	2.7
2014	Sam Healy	Carrigaline CS	15.27	-3.3
2015	Not Contested			
2016	Jack Murphy	Christian Brothers College Cork	15.63	-3.1
2017	Daniel Ryan	Thurles CBS	15.15	-1.0
2018	No Finisher			
2019	Joseph McEvoy	St Annes CC Killaloe	15.17	2.5

Senior Boys 400m Hurdles (91.4cm)

1970	T O'Brien	Crescent Comprehensive SJ Limerick	60.4
1971	Tim Crowe	St Flannans Ennis	64.1
1972	Tim Crowe	St Flannans Ennis	59.2
1973	Eddie Cogan	Mungret College Limerick	60.9
1974	Peter Morgan	Mungret College Limerick	56.2
1975	Neil McGrath	Glenstal Abbey School	62.7
1976	J Power	St Flannans Ennis	59.9
1977	Adrian Barry	St Flannans Ennis	57.2
1978	Adrian Barry	St Flannans Ennis	56.6
1979	Denis Finnerty	Nenagh CBS	57.9
1980	Denis Finnerty	Nenagh CBS	56.8
1981	Michael Morrissey	Nenagh CBS	58.9
1982	Ger Horan	Colaiste Chriost Ri Cork	57.7
1983	Tom Sheehan	Midleton College	59.0
1984	Paul O'Regan	Colaiste Chriost Ri Cork	56.6
1985	Paul O'Regan	Colaiste Chriost Ri Cork	56.3
1986	Aidan O'Regan	Colaiste Chriost Ri Cork	54.5
1987	Aidan O'Regan	Colaiste Chriost Ri Cork	56.6
1988	Tom Hallahan	Bishopstown CS	56.4
1989	Tom Hallahan	Scoil Stiofain Naofa Cork	54.7
1990	Colm Tobin	Crescent Comprehensive SJ Limerick	56.0
1991	Mark Ismail	Scoil Stiofain Naofa Cork	58.8
1992	John Ryan	Colaiste an Spioraid Naoimh Bishopstown	57.6
1993	Brian Long	Nenagh CBS	63.1
1994	Enda Donnelly	St Augustines Dungarvan	61.6
1995	Brian Liddy	Glenstal Abbey School	57.2
1996	Austin Flavin	St Augustines Dungarvan	55.9
1997	Austin Flavin	St Augustines Dungarvan	56.6
1998	David Courtney	Rice College Ennis	58.2
1999	Eamonn O'Donnell	St Augustines Dungarvan	58.5
2000	Timothy Flannery	Nenagh CBS	57.8
2001	Bryan McCarthy	Youghal CBS	61.0
2002	Ronan Foulkes	Colaiste Choilm Ballincollig	57.8
2003	Ronan Foulkes	Colaiste Choilm Ballincollig	57.86
2004	Barry Upton	St Pauls Waterford	56.00
2005	Mark Dineen	Douglas CS	59.37
2006	Brendan O'Connor	Beara CS	65.70
2007	Robert Guerin	St Munchins Limerick	69.46
2008	Christopher Murnane	Christian Brothers College Cork	56.87
2009	Patrick Maher	Davis College Mallow	55.09
2010	Patrick Maher	Davis College Mallow	53.20
2011	Ben Kiely	Tramore CBS	56.10

2012	Ben Kiely	Tramore CBS	54.13
2013	Daniel Colbert	Midleton CBS	55.74
2014	Brandon Arrey	Davis College Mallow	56.81
2015	Daniel O'Mahony	Rochestown College	58.05
2016	Diarmuid Clancy	Mean Scoil San Nicolas an Rinn	56.58
2017	Cathal Locke	Crescent Comprehensive SJ Limerick	54.84
2018	Ciaran Nugent	Colaiste an Chraoibhin Fermoy	58.07
2019	Jake Vermeer	Comeragh College Carrick-on-Suir	58.21

Senior Boys 2000m Steeplechase

1970	Neil Cusack	St Munchins Limerick	6.10.8
1971	Phil English	Tipperary VS	6.22.0
1972	Phil English	Tipperary VS	NT
1973	Phil English	Tipperary VS	5.59.7
1974	Peter Morgan	Mungret College Limerick	6.22.9
1975	Declan O'Mahony	Colaiste Christ Ri Cork	6.25.1
1976	Seamus Ryan	Crescent Comprehensive SJ Limerick	6.47.5
1977	Terry McSweeney	Doneraile CBS	6.23.5
1978	Brendan Quinn	De La Salle Waterford	5.53.6
1979	Jim Sheehan	Nenagh CBS	6.13.9
1980	Kieran Stack	Doneraile CBS	6.07.9
1981	Kieran Stack	Doneraile CBS	6.07.8
1982	Michael Kelleher	Colaiste Christ Ri Cork	6.02.4
1983	Garett Barry	Charleville CBS	6.04.2
1984	Frank Conway	Intermediate School Killorglin	6.06.3
1985	Frank Conway	Intermediate School Killorglin	6.05.0
1986	Frank Conway	Intermediate School Killorglin	5.54.3
1987	Alan Downing	Youghal CBS	6.16.2
1988	Stephen Murphy	St Munchins Limerick	6.22.7
1989	Declan O'Callaghan	North Monastery CBS Cork	6.06.4
1990	John Murray	Charleville CBS	6.12.1
1991	Trevor Foolkes	North Monastery CBS Cork	6.09.7
1992	Trevor Foolkes	North Monastery CBS Cork	6.20.9
1993	Mark Stewart	St Endas CS Limerick	6.09.5
1994	Carl Walsh	North Monastery CBS Cork	6.11.8
1995	Robert McCormack	Crescent Comprehensive SJ Limerick	6.21.0
1996	James Butler	North Monastery CBS Cork	6.16.2
1997	Kieran Lynch	St Endas CS Limerick	6.09.1
1998	Joe O'Connor	Rathkeale CC	6.18.3
1999	Colm Coote	Rice College Ennis	6.23.6
2000	Liam Reale	John The Baptist Hospital	6.15.4
2001	Enda Malone	St Josephs Spanish Point	6.24.0
2002	Peter Dalton	North Monastery CBS Cork	6.21.0
2003	Philip Conway	Waterpark College Waterford	6.31.8
2004	Philip Conway	Waterpark College Waterford	6.01.8

2005	Cathal Dennehy	Ard Scoil Ris Limerick	6.27.6
2006	Diarmaid O'Foghlu	St Augustines Dungarvan	6.23.5
2007	Mark Shalloe	St Augustines Dungarvan	6.40.49
2008	Michael Carmody	Castletroy College Limerick	6.20.3
2009	Cathal O'Conner	St Caimins CS Shannon	6.26.00
2010	Darragh Chesser	CBS Sexton Street Limerick	6.24.1
2011	Danny Mullins	St Gobans CC Bantry	6.31.70
2012	Michael Carey	High School Clonmel	6.18.50
2013	Kyle Larkin	Ard Scoil Ris Limerick	6.03.74
2014	Kyle Larkin	Ard Scoil Ris Limerick	6.05.90
2015	Martin Keohane	Presentation Brothers Cork	7.22.24
2016	Jamie Roche	St Flannans Ennis	6.52.79
2017	Mark Twomey	St Augustines Dungarvan	7.27.80
2018	Frank O'Brien	Midleton CBS	6.25.88
2019	Frank O'Brien	Midleton CBS	6.22.14

Senior Boys 3000m Walk

1982	Seamus Brosnan	St Brendans Killarney	15.29.0
1983	Diarmuid Burke	Rockwell College	15.55.7
1984	J G Sadlier	St Munchins Limerick	17.03.6
1985	Joe Wolfe	Colaiste Chriost Ri Cork	14.49.1
1986	Joe Wolfe	Colaiste Chriost Ri Cork	14.02.0
1987	Brian Treacy	St Nessans Limerick	15.27.0
1988	Mark Prenderville	St Patricks Castleisland	15.20.7
1989	Mark Prenderville	St Patricks Castleisland	13.24.4
1990	Denis McCarthy	St Augustines Dungarvan	13.32.0
1991	Frank Lynch	St Augustines Dungarvan	12.37.0
1992	Jamie Costin	Dungarvan CBS	15.52.0
1993	Michael Dower	Dungarvan CBS	15.59.0
1994	Jamie Costin	Dungarvan CBS	13.19.0
1995	Jamie Costin	Dungarvan CBS	12.55.6
1996	Robert Heffernan	Colaiste Chriost Ri Cork	13.49.5
1997	Robert Heffernan	North Monastery CBS Cork	12.39.0
1998	Eamonn Cashin	St Augustines Dungarvan	18.15.0
1999	Michael Fives	St Augustines Dungarvan	20.27.0
2001	Joseph O'Halloran	Causeway Comprehensive School	16.24.0
2002	Joseph O'Halloran	Causeway Comprehensive School	NT
2003	Thomas Cahin	St Augustines Dungarvan	16.57.3
2004	Jason O'Brien	St Augustines Dungarvan	21.36.0
2005	Padraig Healy	St Augustines Dungarvan	18.39.7
2006	Padraig Healy	St Augustines Dungarvan	18.39.7
2008	Niall Prenderville	Pobalscoil Chorca Dhuibhne	14.26.4
2009	Dean Looby	Central Technical Institute Clonmel	15.31.07
2010	Eoin O'Muircheartaigh	Pobalscoil Chorca Dhuibhne	16.49.01
2011	Rob O'Neill	Douglas CS	15.49.5

2012	Luke Hickey	Colaiste Chriost Ri Cork	15.53.36
2013	Ciarán Dee	Dungarvan CBS	17.11.12
2014	Evan Lynch	Colaiste Cluain Meala	12.43.12
2015	Aaron Egan	High School Clonmel	12.46.04
2016	Anthony Tobin	High School Clonmel	13.39.01
2018	Geroid McMahon	St Caimins CS Shannon	13.33.57
2019	Conor Coleman	St Augustines Dungarvan	21.02.72

Senior Boys High Jump

1931	Patrick Guiney	Patrician Academy Mallow	1.65
1937	Austin Barry	Waterpark College Waterford	1.56
1938	Reggie O'Shea	Christian Brothers College Cork	1.57
1939	Reggie O'Shea	Christian Brothers College Cork	1.52
1940	D Linehan	Christian Brothers College Cork	1.60
1941	Norman Fitzgerald	Rockwell College	1.52
1947	T O'Foitheaihann	St Flannans Ennis	1.60
1948	G O'Ciosoig	North Monastery CBS Cork	1.60
1949	Denis O'Connor	St Augustines Dungarvan	1.63
1950	Eamonn O'Connor	Limerick CBS	1.60
1951	Eamonn O'Connor	Limerick CBS	1.66
1952	Tom Gibson	Christian Brothers College Cork	1.63
1953	Tom Gibson	Christian Brothers College Cork	1.68
1954	Michael McSweeney	Rockwell College	1.69
1955	Michael McSweeney	Rockwell College	1.83
1956	Mick Lanigan	De La Salle Waterford	1.75
1957	Ronnie Martin	Christian Brothers College Cork	1.64
1958	Pat O'Shea	St Brendans Killarney	1.75
1959	Ronnie Martin	Christian Brothers College Cork	1.68
1960	Brian Crowley	Christian Brothers College Cork	1.57
1961	Jim Sheehy	De La Salle Macroom	1.68
1962	John Moroney	Rockwell College	1.63
1963	Jim Sheehy	De La Salle Macroom	1.77
1964	Jim Sheehy	De La Salle Macroom	1.78
1965	W O'Connell	St Colmans Fermoy	1.68
1966	John Fitzgibbon	North Monastery CBS Cork	1.73
1967	C Downey	North Monastery CBS Cork	1.68
1968	C Downey	North Monastery CBS Cork	1.65
1969	John Healy	Thurles CBS	1.68
1970	W Egan	St Munchins Limerick	1.57
1971	Tim McFadden	St Augustines Dungarvan	1.68

1972	Barry Frazer	Midleton CBS	1.65
1973	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.80
1974	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.82
1975	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.89
1976	Richard Fallon	Fethard	1.80
1977	Frank Sweeney	Ennis CBS	1.90
1978	John Redmond	St Colmans Fermoy	1.85
1979	Michael O'Connor	Rockwell College	1.85
1980	Willie Guiry	De La Salle Waterford	1.90
1981	Diarmuid O'Donovan	Glenstal Abbey School	1.83
1982	Diarmuid Quill	Nenagh CBS	1.91
1983	Diarmuid Quill	Nenagh CBS	1.93
1984	Kieran Mills	St Colmans Fermoy	1.95
1985	Louis Crowe	Nenagh CBS	1.89
1986	Barry Walsh	Crescent Comprehensive SJ Limerick	2.00
1987	Leslie Ruddock	Ashton School Cork	1.91
1988	Ciaran Scully	Limerick CBS	1.89
1989	M Ryan	Crescent Comprehensive SJ Limerick	1.90
1990	Fergus O'Callaghan	Douglas CS	1.88
1991	Antoine Burke	Crescent Comprehensive SJ Limerick	1.85
1992	Peter Ruby	Davis College Mallow	1.80
1993	Antoine Burke	Crescent Comprehensive SJ Limerick	1.95
1994	Brian Carey	Rockwell College	1.75
1995	Derek Hayes	St Augustines Dungarvan	1.75
1996	Derek Hayes	St Augustines Dungarvan	1.89
1997	Germiah Wallace	St Colmans CC Midleton	1.84
1998	Kevin Burke	Crescent Comprehensive SJ Limerick	1.87
1999	Ray Lennon	St Nessans Limerick	1.89
2000	Barry O'Brien	St Colmans CC Midleton	1.88
2001	Stephen Spillane	Gairm Scoil Mhuire Thurles	1.85
2002	Shane Cullinane	Nenagh CBS	1.75
2003	Kenneth King	St Josephs Spanish Point	1.75
2004	Christopher Crowley	Colaiste Chriost Ri Cork	2.01
2005	Christopher Crowley	Colaiste Chriost Ri Cork	1.80
2006	Ian Crowley	Tralee CBS	1.75
2007	Kevin Harty	Dungarvan CBS	1.75
2008	Andrew Kearney	Tralee CBS	1.70
2009	Andrew Kearney	Tralee CBS	1.70
2010	Shane O'Dwyer	Carrick-on-Suir CBS	1.91
2011	P J Galvin	Mercy Mount Hawk Tralee	1.90
2012	PJ Galvin	Mercy Mount Hawk Tralee	1.85
2013	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	2.05
2014	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	2.10
2015	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	2.00
2016	Dion Ryan	Waterpark	1.80
2017	Peter-Paul Sauerland	Pobalscoil Chorca Dhuibhne	1.70
2018	Joseph McEvoy	St Annes CC Killaloe	1.90
2019	Joseph McEvoy	St Annes CC Killaloe	1.90

Senior Boys Long Jump

1931	Michael O'Sullivan	Rockwell College	6.10
1938	Billy Phelan	Waterpark College Waterford	6.03
1939	Thomas Daly	St Flannans Ennis	5.92
1940	D Ceitinn	St Colmans Fermoy	6.12
1941	Michael Hurley	St Colmans Fermoy	6.13
1947	P Kelly	Castlemartyr College	5.87
1948	S MacGabhann	St Flannans Ennis	6.22
1949	Gerald Kenny	Rockwell College	5.94
1950	Denis O'Connor	St Augustines Dungarvan	6.13
1951	D Begley	St Munchins Limerick	5.89
1952	M Smith	St Flannans Ennis	6.17
1953	James Ennis	Glenstal Abbey School	5.98
1954	Michael McSweeney	Rockwell College	6.21
1955	Michael Moroney	De La Salle Waterford	6.20
1956	Tom Meagher	Glenstal Abbey School	5.93
1957	Henry O'Clery	Glenstal Abbey School	6.06
1958	M Hogan	St Brendans Killarney	5.98
1959	Pat McGrath	Rockwell College	5.97
1960	Peter McKenna	St Augustines Dungarvan	5.88
1961	Frank Cogan	Colaiste Chriost Ri Cork	6.24
1962	Frank Cogan	Colaiste Chriost Ri Cork	6.55
1963	Jim Sheehy	De La Salle Macroom	6.36
1964	Jim Sheehy	De La Salle Macroom	6.63
1965	Pat Joe Cahalane	Rochestown College	6.24

1966	Pat Brennan	St Munchins Limerick	6.17
1967	Dermot Ashe	Rockwell College	6.49
1968	Joe Barry	Colaiste Chriost Ri Cork	6.67
1969	Michael Golden	Patrician Academy Mallow	6.20
1970	Walter O'Brien	Glenstal Abbey School	6.16
1971	Walter O'Brien	Glenstal Abbey School	6.25
1972	Robert Wilmot	Bandon VS	6.45
1973	Sean Reidy	Crescent Comprehensive SJ Limerick	6.38
1974	Kevin O'Keefe	De La Salle Waterford	6.20
1975	J Leonard	St Munchins Limerick	5.75
1976	Pat Shine	Limerick CBS	6.21
1977	Gerard McLoughlin	Cobh VS	6.45
1978	Neil McCarthy	St Munchins Limerick	6.31
1979	Pat O'Halloran	Colaiste Muire Cobh	6.47
1980	Pat O'Halloran	Colaiste Muire Cobh	6.34
1981	Joe Kennedy	De La Salle Waterford	6.70
1982	Joe Kennedy	De La Salle Waterford	6.50
1983	Malachy Sheridan	Rockwell College	6.35
1984	Kieran Mills	St Colmans Fermoy	6.26
1985	Kieran Mills	St Colmans Fermoy	6.00
1986	John Naughton	Nenagh CBS	6.69
1987	John Naughton	Nenagh CBS	6.77
1988	Kenneth O'Regan	Mercy Kinsale	6.42
1989	Kenneth O'Regan	Mercy Kinsale	6.57
1990	P J Galvin	Killorglin CC	6.11
1991	P J Galvin	Killorglin CC	6.32
1992	Michael Hallahan	Deerpark CBS Cork	6.87
1993	Jim Morrison	Rockwell College	6.40
1994	Jim Morrison	Rockwell College	6.65
1995	Ross O'Callaghan	Coachford College	6.97
1996	Anthony Finn	St Brendans Killarney	5.99
1997	Eoin McGrath	De La Salle Waterford	6.07
1998	Eoin McGrath	De La Salle Waterford	6.51
1999	Eoin McGrath	De La Salle Waterford	6.84
2000	Shane Thornton	Mitchelstown CBS	6.25
2001	Stephen Spillane	Gairm Scoil Mhuire Thurles	6.02
2002	Tom Shanahan	Rathkeale CC	6.51
2003	Paul O'Flynn	Scoil Mhuie Kanturk	6.94
2004	Shane Cullinane	Nenagh CBS	7.02
2005	Christopher Crowley	Colaiste Chriost Ri Cork	6.73
2006	Eoin Hannon	Our Ladys Templemore	6.88
2007	Eoin Hannon	Our Ladys Templemore	7.03
2008	David Quilligan	Patrician Academy Mallow	6.80
2009	Nathan Jege	St Caimins CS Shannon	6.59
2010	Conal O'Callaghan	Brookfield College Tralee	6.57
2011	Michael Godley	Mercy Mount Hawk Tralee	6.39
2012	Eoin O'Carroll	Mercy Mount Hawk Tralee	6.94
2013	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	6.70

2014	Eoin O'Carroll	Mercy Mount Hawk Tralee	7.24	5.4
2015	Sam Healy	Carrigaline CS	6.75	
2016	Daniel Ryan	Thurles CBS	6.97	
2017	Shane Monogle	Ard Scoil na Mara Tramore	6.35	
2018	James Murphy	Ard Scoil na Mara Tramore	6.41	
2019	Darragh Miniter	Ennistymon CBS	6.40	

Senior Boys Triple Jump

1937	Seamus O'Driscoll	Rockwell College	13.13
1938	Billy Phelan	Waterpark College Waterford	13.11
1939	Thomas Daly	St Flannans Ennis	12.40
1940	B MacConcoille	St Brendans Killarney	12.42
1941	Michael Hurley	St Colmans Fermoy	13.02
1947	Sean O'Mathuna	St Augustines Dungarvan	11.71
1948	S MacGabhann	St Flannans Ennis	12.42
1949	Brian Murphy	Farranferris Cork	12.26
1950	Denis O'Connor	St Augustines Dungarvan	12.47
1951	D Begley	St Munchins Limerick	12.07
1952	M Smith	St Flannans Ennis	12.22
1953	Tom Gibson	Christian Brothers College Cork	11.96
1954	Noel Murphy	Christian Brothers College Cork	12.36
1955	Michael McSweeney	Rockwell College	13.20
1956	Sean Murphy	Rockwell College	13.14
1957	K Smith	St Flannans Ennis	12.64
1958	Sean O'Dwyer	St Brendans Killarney	12.53
1959	Ronnie Martin	Christian Brothers College Cork	13.61

1960	Hugh O'Callaghan	High School Clonmel	12.20
1961	Walter Halley	Glenstal Abbey School	12.56
1962	David Martin	Glenstal Abbey School	12.99
1963	Jim Sheehy	De La Salle Macroom	13.25
1964	Jim Sheehy	De La Salle Macroom	13.25
1965	Michael O'Flynn	Colaiste Chriost Ri Cork	12.55
1966	Rodney Hecksher	Rockwell College	12.09
1967	David Ashe	Rockwell College	13.18
1968	David Ashe	Dingle CBS	13.35
1969	Bertie Smith	Bandon Grammar School	12.75
1970	Tom Connors	De La Salle Waterford	12.92
1971	Dermot Browne	Rockwell College	12.60
1972	Eddie Sheehan	St Colmans Fermoy	12.95
1973	Dermot Browne	Rockwell College	12.69
1974	Colm Cronin	North Monastery CBS Cork	14.31
1975	Pat Kelly	Mount Sion Waterford	13.11
1976	Pat Shine	Limerick CBS	13.18
1977	Paul Sheehan	De La Salle Waterford	13.42
1978	Neil McCarthy	St Munchins Limerick	13.86
1979	Neil McCarthy	St Munchins Limerick	14.22
1980	John Battles	Salesian Pallaskenry	13.85
1981	Tom O'Callaghan	St Munchins Limerick	12.81
1982	Paul McGabhann	High School Clonmel	13.41
1983	C Moloney	Mallow VS	12.60
1984	J Whelan	De La Salle/Presentation Hospital	12.73
1985	Kieran Mills	St Colmans Fermoy	12.65
1986	Kieran O'Keeffe	De La Salle Waterford	12.73
1987	John Naughton	Nenagh CBS	13.27
1988	N Cunningham	Patrician Academy Mallow	13.12
1989	Patrick Sheehan	Presentation Brothers Cork	12.68
1990	P J Galvin	Killorglin CC	13.30
1991	P J Galvin	Killorglin CC	13.56
1992	Matt Burke	Crescent Comprehensive SJ Limerick	12.73
1993	Graeme McCormack	Newtown School Waterford	12.00
1994	David Murphy	De La Salle Waterford	12.85
1995	David Murphy	De La Salle Waterford	13.46
1996	David Ahern	St Colmans Fermoy	13.38
1997	Michael Murray	St Augustines Dungarvan	13.43
1998	Michael Murray	St Augustines Dungarvan	14.16
1999	Eoin McGrath	De La Salle Waterford	13.39
2000	Tom O'Dwyer	Thurles CBS	13.25
2001	Brian O'Leary	Carrigaline CS	11.64
2002	Gavin Smith	St Patricks CS Shannon	12.21
2003	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	13.03
2004	Patrick Hurney	St Augustines Dungarvan	12.91
2005	Gary Walsh	Tramore CBS	11.64
2006	Kevin Harty	Dungarvan CBS	12.06
2007	Niall Counihan	St Endas CS Limerick	13.69

2008	Lunga Balman	Ennis CC	12.01	
2009	Timmy Harrington	Kinsale CS	13.00	
2010	Not contested			
2011	Sean Archer	St Declans CC Kilmacthomas	12.91	
2012	Sean Archer	St Declans CC Kilmacthomas	13.80	
2013	Michael Grimes	Mercy Mount Hawk Tralee	12.37	
2014	Eoin O'Carroll	Mercy Mount Hawk Tralee	13.29	-2.0
2015	Darren Prout	Presentation Ballingarry	12.80	
2016	Des Kelleher	Colaiste Chriost Ri Cork	10.92	
2017	James Murphy	Ard Scoil na Mara Tramore	12.05	
2018	Adam Dooley	Colaiste Pobail Ros Cre	12.12	
2019	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	13.81	

Senior Boys Pole Vault

1940	J Conlon	Castlemartyr College	2.62	
1941	P O'Keeffe	St Colmans Fermoy	2.74	
1947	P Kelly	Castlemartyr College	3.05	
1948	L O'Domhnaill	Colaiste Iosagain Ballyvourney	2.84	
1949	Myles Fitzgerald	De La Salle Macroom	2.74	
1950	C O'Brien	North Monastery CBS Cork	2.74	
1951	Eamonn O'Connor	Limerick CBS	3.20	
1952	S Coakley	North Monastery CBS Cork	2.84	
1953	D McDonagh	Limerick CBS	2.74	
1954	Terence O'Callaghan	High School Clonmel	2.90	Tie
1954	Eddie Casey	High School Clonmel	2.90	Tie
1955	F Hurley	St Colmans Fermoy	3.05	

1957	Cecil Roddy	De La Salle Waterford	3.12
1958	William Lee	Rockwell College	2.97
1959	Pat McGrath	Rockwell College	3.28
1960	Colman Sweeney	De La Salle Macroom	2.97
1961	Louis Bermudez	Rockwell College	3.58
1962	Michael Foley	De La Salle Waterford	2.97
1963	Jim Sheehy	De La Salle Macroom	3.12
1964	John Moroney	Rockwell College	3.20
1965	Percy Hecksher	Rockwell College	3.73
1966	Rodney Hecksher	Rockwell College	3.05
1967	Rodney Hecksher	Rockwell College	3.51
1968	David Booth	Glenstal Abbey School	3.35
1969	David Booth	Glenstal Abbey School	3.51
1970	Gearoid Bradley	Glenstal Abbey School	3.43
1971	Jason Hecksher	Rockwell College	3.35
1972	Donal Quinn	St Munchins Limerick	3.58
1973	Donal Quinn	St Munchins Limerick	3.51
1974	Liam Hennessy	St Augustines Dungarvan	3.81
1975	Liam Hennessy	St Augustines Dungarvan	3.51
1976	Des O'Sullivan	St Flannans Ennis	3.20
1977	Des O'Sullivan	St Flannans Ennis	3.65
1978	Mark Dennehy	Glenstal Abbey School	3.50
1979	John Hartnett	St Colmans Fermoy	3.82
1980	Pat Lanagan Ryan	Thurles CBS	3.50
1981	Malachy Sheridan	Rockwell College	3.53
1982	Malachy Sheridan	Rockwell College	4.06
1983	Malachy Sheridan	Rockwell College	3.90
1984	Terry Connolly	Colaiste Chriost Ri Cork	3.70
1985	Terry Connolly	Colaiste Chriost Ri Cork	3.50
1986	James Nolan	Rockwell College	3.50
1987	James Nolan	Rockwell College	3.65
1988	Donagh Sheridan	Rockwell College	3.50
1989	Donagh Sheridan	Rockwell College	4.10
1990	James Finn	Rockwell College	3.60
1991	Barry Doocy	St Augustines Dungarvan	3.10
1992	Joseph Naughton	Nenagh CBS	3.65
1993	David O'Sullivan	Colaiste Chriost Ri Cork	2.60
1994	Eugene Fortune	Rockwell College	3.20
1995	Conleth Ryan	Rockwell College	3.20
1996	Brian Deasy	Colaiste Chriost Ri Cork	3.60
1997	Brian Deasy	Colaiste Chriost Ri Cork	3.70
1998	Ronan Curran	St Augustines Dungarvan	3.80
1999	Gary Hurney	St Augustines Dungarvan	3.70
2000	Liam Houlihan	St Augustines Dungarvan	3.00
2001	Liam Houlihan	St Augustines Dungarvan	
2002	Liam Houlihan	St Augustines Dungarvan	3.20
2003	Stephen Kett	St Augustines Dungarvan	2.60
2004	Kevin Downey	Mitchelstown CBS	2.80

2005	Sean Noonan	Christian Brothers College Cork	3.50
2006	Mark Bannon	St Augustines Dungarvan	3.80
2007	Darren Dunford	St Augustines Dungarvan	2.90
2008	Roy Kelly	Pobalscoil na Trionoide Youghal	2.40
2009	Thomas Houlihan	St Augustines Dungarvan	3.00
2010	Thomas Houlihan	St Augustines Dungarvan	4.20
2011	Martin Houlihan	St Augustines Dungarvan	3.20
2012	Jonathan Foley	Presentation Milltown	3.80
2013	Conor Kavanagh	St Augustines Dungarvan	3.40
2014	Conor Kavanagh	St Augustines Dungarvan	3.20
2015	Seamie Fennell	St Augustines Dungarvan	4.21
2016	Yuri Kanash	St Augustines Dungarvan	4.25
2017	Not Contested		
2018	Diarmuid Harty	St Augustines Dungarvan	3.60
2019	Diarmuid Harty	St Augustines Dungarvan	3.60

Senior Boys Shot Put (6kg)

6.25Kg (1971 to 2001) 12lb (1937 -1970)

1937	M Kelleher	Rochestown College	10.71
1938	Thomas Kelly	Rockwell College	10.86
1939	Hugo Flinn	Christian Brothers College Cork	12.44
1940	Hugo Flinn	Christian Brothers College Cork	13.74

1941	D Healy	Rockwell College	10.16
1947	John Hennessy	Farranferris Cork	10.74
1948	Dermot O'Sullivan	Castlemartyr College	11.71
1949	Dermot O'Sullivan	Castlemartyr College	12.52
1950	T Ryan	Limerick CBS	10.75
1951	Tom Nesdale	Presentation Brothers Cork	11.25
1952	Pat O'Callaghan	High School Clonmel	12.38
1953	Pat O'Callaghan	High School Clonmel	13.74
1954	Terence O'Callaghan	High School Clonmel	12.34
1955	Seamus Mullins	High School Clonmel	13.03
1956	Seamus Mullins	High School Clonmel	13.18
1957	Kevin Prendergast	Rockwell College	13.96
1958	Kevin Prendergast	Rockwell College	15.95
1959	Hugh O'Callaghan	High School Clonmel	14.95
1960	Hugh O'Callaghan	High School Clonmel	15.14
1961	Anthony Egar	Rockwell College	13.42
1962	Sean Lomasney	Rochestown College	14.14
1963	Robert Widger	High School Clonmel	13.13
1964	Michael O'Gorman	High School Clonmel	13.51
1965	Philip Conway	Rockwell College	16.05
1966	Rodney Hecksher	Rockwell College	13.92
1967	Rodney Hecksher	Rockwell College	14.64
1968	Pat Hartigan	Limerick CBS	15.75
1969	Michael Kelly	Kilrush CBS	14.05
1970	Conor O'Luasa	Colaiste Iosagain Ballyvourney	12.89
1971	Hugh McGuire	Rockwell College	11.40
1972	Hugh McGuire	Rockwell College	11.58
1973	Hugh McGuire	Rockwell College	12.43
1974	Kevin Tyrrell	Mount Sion Waterford	13.40
1975	John Harte	St Colmans Fermoy	13.15
1976	Joe Brice	St Augustines Dungarvan	14.17
1977	Michael Power	Rockwell College	13.18
1978	Tom Crotty	Christian Brothers College Cork	13.46
1979	Denis McSweeney	Tralee CBS	13.84
1980	Denis McSweeney	Tralee CBS	14.42
1981	Carl Egan	Rockwell College	11.68
1982	Frank O'Brien	Dungarvan CBS	14.58
1983	Frank O'Brien	Dungarvan CBS	14.57
1984	David Williams	Rockwell College	12.80
1985	Michael O'Brien	St Augustines Dungarvan	12.95
1986	Colm Moran	Rockwell College	15.49
1987	Peter Galvin	St Augustines Dungarvan	12.84
1988	S O'Brien	St Brendans Killarney	12.65
1989	Michael Ahearne	St Augustines Dungarvan	14.52
1990	Michael Ahearne	St Augustines Dungarvan	15.26
1991	John Mulkere	St Flannans Ennis	14.30
1992	Pat Nangle	St Augustines Dungarvan	13.84

1993	John Mulkere	St Flannans Ennis	15.56
1994	John Leahy	St Flannans Ennis	14.21
1995	Jason Flynn	St Augustines Dungarvan	14.27
1996	John Leahy	St Itas Abbeyfeale	15.33
1997	Michael Morrissey	St Augustines Dungarvan	12.37
1998	Michael Morrissey	St Augustines Dungarvan	13.60
1999	Robert Ford	St Flannans Ennis	12.97
2000	Geoffrey Mullins	Salesian Pallaskenry	13.19
2001	Geoffrey Mullins	Salesian Pallaskenry	15.28
2002	Eoin Leen	Mercy Mount Hawk Tralee	16.36
2003	Conor Magee	Glenstal Abbey School	11.66
2004	James Nagle	Intermediate School Killorglin	12.82
2005	James Nagle	Intermediate School Killorglin	13.16
2006	Pawel Hazler	Bishopstown CS	12.68
2007	Daniel Clifford	Intermediate School Killorglin	12.74
2008	Dale Kennedy	Abbey CC Waterford	12.76
2009	Anton Katayev	St Clements Limerick	11.49
2010	Diarmuid Hickey	Carrigaline CS	13.46
2011	Diarmuid Hickey	Carrigaline CS	14.42
2012	Patrick McSweeney	Hamilton High School Bandon	13.31
2013	Colin Kingston	Bandon Grammar School	12.92
2014	Eoin Hanrahan	St Flannans Ennis	12.50
2015	Micheal Dineen	Newtown School Waterford	10.96
2016	James French	Bandon Grammar School	13.77
2017	Daniel Ryan	Thurles CBS	15.04
2018	Padraig O'Callaghan	Colaiste Chriost Ri Cork	10.86
2019	Jack Ryan	Thurles CBS	13.10

Senior Boys Discus (1.75kg)

3.3lb (1948 - 1970)

1948	Dermot O'Sullivan	Castlemartyr College	34.44
1949	Dermot O'Sullivan	Castlemartyr College	41.94
1950	Donal Buckley	Rochestown College	37.68
1951	P Harrington	Rochestown College	34.65
1952	Jeremiah Thackaberry	Rockwell College	32.99
1953	Pat O'Callaghan	High School Clonmel	38.58
1954	Terence O'Callaghan	High School Clonmel	37.52
1955	D Geary	Limerick CBS	36.40
1956	Kevin Prendergast	Rockwell College	30.53
1957	Brian O'Callaghan	High School Clonmel	31.62
1958	Kevin Prendergast	Rockwell College	46.25
1959	Hugh O'Callaghan	High School Clonmel	41.64
1960	Hugh O'Callaghan	High School Clonmel	41.15
1961	Bernie Hartigan	Limerick CBS	47.02
1962	Brian Egan	Glenstal Abbey School	46.77
1963	Robert Widger	High School Clonmel	39.07
1964	Philip Conway	Rockwell College	40.22
1965	Philip Conway	Rockwell College	46.53
1966	Michael Roberts	Glenstal Abbey School	37.82
1967	Rodney Hecksher	Rockwell College	41.15
1968	Pat Hartigan	Limerick CBS	40.63
1969	Michael Kelly	Kilrush CBS	39.17
1970	Conor O'Luasa	Colaiste Iosagain Ballyvourney	39.62
1971	John Shortall	Fethard CBS	34.44
1972	Hugh McGuire	Rockwell College	36.40
1973	D Sheehy	Ennis CBS	38.58
1974	Colm Cronin	North Monastery CBS Cork	41.90
1975	Joe Brice	St Augustines Dungarvan	43.10
1976	Joe Brice	St Augustines Dungarvan	44.20
1977	Gerry Hurley	St Munchins Limerick	37.62
1978	Denis McSweeney	St Augustines Dungarvan	41.98
1979	Denis McSweeney	Tralee CBS	48.64
1980	Denis McSweeney	Tralee CBS	51.75
1981	Declan Hayes	Maria Immaculata Dunmanway	31.45
1982	Frank O'Brien	Dungarvan CBS	49.66
1983	Frank O'Brien	Dungarvan CBS	48.34
1984	David Williams	Rockwell College	38.94
1985	Barry Walsh	Crescent Comprehensive SJ Limerick	43.00
1986	Barry Walsh	Crescent Comprehensive SJ Limerick	50.00
1987	Gabriel Fulcher	Rockwell College	41.68
1988	Pat Hartigan	Limerick CBS	41.32
1989	Michael Aherne	St Augustines Dungarvan	41.10
1990	Michael Ahearne	St Augustines Dungarvan	45.30
1991	Mark Monaghan	De La Salle Waterford	38.72

1992	Pat Nangle	St Augustines Dungarvan	40.04
1993	Brian Whitty	College of Commerce Cork	36.96
1994	John Leahy	St Flannans Ennis	36.86
1995	Jason Flynn	St Augustines Dungarvan	43.68
1996	John Leahy	St Itas Abbeyfeale	39.68
1997	Michael Morrissey	St Augustines Dungarvan	37.90
1998	Brendan Burke	John The Baptist Hospital	44.48
1999	John Hobbs	Ashton School Cork	40.60
2000	Geoffrey Mullins	Salesian Pallaskenry	42.57
2001	Geoffrey Mullins	Salesian Pallaskenry	42.71
2002	Eoin Leen	Mercy Mount Hawk Tralee	32.45
2003	Gavin Smith	St Patricks CS Shannon	36.72
2004	Gavin Smith	St Patricks CS Shannon	36.15
2005	James Nagle	Intermediate School Killorglin	36.94
2006	Pawel Hazler	Bishopstown CS	45.71
2007	Pawel Hazler	Bishopstown CS	47.15
2008	Dale Kennedy	Abbey CC Waterford	41.04
2009	Ivan O'Brien	Bandon Grammar School	33.14
2010	Shane McAuliffe	Colaiste Treasa Kanturk	34.76
2011	Diarmuid Hickey	Carrigaline CS	34.06
2012	Andrew McCarthy	Pobalscoil Sliabh Luachra Rathmore	35.09
2013	Andrew McCarthy	Pobalscoil Sliabh Luachra Rathmore	37.56
2014	Eoin Hanrahan	St Flannans Ennis	35.48
2015	Tomas O'Neill	Scoil Mhuire Kanturk	30.66
2016	Eoghan Flynn	Dungarvan CBS	40.61
2017	Kevin Caulfield	St Josephs Tulla	32.40
2018	Sean Mockler	Thurles CBS	43.91
2019	Sean Mockler	Thurles CBS	43.57

Senior Boys Hammer (6kg)

6.25kg (1971 - 2001) 12lb (1970)

1970	Pat Healy	Thurles CBS	40.16
1971	Gilmar Doyle	Rockwell College	30.38
1972	Stephen King	St Munchins Limerick	36.44
1973	Denis Healy	Thurles CBS	37.80
1974	Denis Healy	Thurles CBS	39.38
1975	Denis Healy	Thurles CBS	47.53
1976	Mark Lincheid	Rockwell College	51.92
1977	Gerry Hurley	St Munchins Limerick	44.00
1978	Eoin Walsh	De La Salle Waterford	53.60
1979	Eoin Walsh	De La Salle Waterford	49.10
1980	Denis McSweeney	Tralee CBS	52.64
1981	Gary Halpin	Rockwell College	50.82
1982	Gary Halpin	Rockwell College	58.85
1983	Gary Halpin	Rockwell College	62.46
1984	Gary Halpin	Rockwell College	64.28
1985	Pat O'Connor	St Munchins Limerick	51.98
1986	Pat O'Connor	St Munchins Limerick	52.78
1987	Jim O'Mahony	Colaiste Chriost Ri Cork	50.46
1988	Jim O'Mahony	Colaiste Chriost Ri Cork	51.64
1989	Michael Ahearne	St Augustines Dungarvan	49.40
1990	Michael Ahearne	St Augustines Dungarvan	48.86
1991	Shane Scanlon	St Augustines Dungarvan	49.40
1992	Tim Ahearne	St Augustines Dungarvan	43.40
1993	Pat Nagle	St Augustines Dungarvan	45.21
1994	Derek Kenneally	St Augustines Dungarvan	42.66
1995	Derek Kenneally	St Augustines Dungarvan	42.58
1996	Donnie Rockett	St Augustines Dungarvan	51.14
1997	Michael Murray	St Augustines Dungarvan	45.30
1998	Michael Morrissey	St Augustines Dungarvan	52.13
1999	George Mullan	Glenstal Abbey School	38.15
2000	Tim Ahern	Patrician Academy Mallow	25.01
2001	Joe Manahan	St Munchins Limerick	35.03
2002	Joe Manahan	St Munchins Limerick	37.96
2003	John Dilworth	Scoil Mhuire Gan Smal Blarney	36.02
2004	James Nagle	Intermediate School Killorglin	51.29
2005	James Nagle	Intermediate School Killorglin	51.71

2006	Andrew Kenneally	Coachford College	45.51
2007	Pawel Hazler	Bishopstown CS	52.74
2008	Seamus Murphy	Colaiste an Chroi Naofa Carraig na bhFear	33.66
2009	Shane Hand	Pobailscoil Chorca Dhuibne	44.02
2010	Denis Hayes	Presentation Milltown	46.01
2011	Patrick McSweeney	Hamilton High School Bandon	48.92
2012	Patrick McSweeney	Hamilton High School Bandon	48.98
2013	James Heffernan	Christian Brothers College Cork	39.47
2014	Adam King	Colaiste na Sceilge Caherciveen	58.64
2015	Adam King	Colaiste na Sceilge Caherciveen	64.50
2016	Tomas O'Neill	Scoil Mhuire Kanturk	48.88
2017	Travis Coomey	Bandon Grammar School	45.52
2018	Sean Mockler	Thurles CBS	61.88
2019	Sean Mockler	Thurles CBS	62.28

Senior Boys Javelin (800g) **(800g from 1970 - change to dimensions in 1985)**

1948	Dermot O'Sullivan	Castlemartyr College	34.31
1949	Dermot O'Sullivan	Castlemartyr College	41.11
1950	M Gately	Mungret College Limerick	39.50
1951	Raymond Bowers	Glenstal Abbey School	38.61
1952	Sean Moore	North Monastery CBS Cork	39.88
1953	R Murphy	Presentation Brothers Cork	37.97
1954	Liam Gleeson	Nenagh CBS	40.11
1955	D Geary	Limerick CBS	47.70
1956	John Ainscough	Glenstal Abbey School	48.51
1957	John Ainscough	Glenstal Abbey School	51.49
1958	Kevin Prendergast	Rockwell College	48.90
1959	Hugh O'Callaghan	High School Clonmel	44.07
1960	Hugh O'Callaghan	High School Clonmel	50.39
1961	Brian Egan	Glenstal Abbey School	55.58
1962	Brian Egan	Glenstal Abbey School	62.30
1963	Robert Widger	High School Clonmel	47.19
1964	Tom Sheehan	Mungret College Limerick	45.77
1965	Anthony Dineen	Salesian Pallaskenry	49.10
1966	Anthony Dineen	Salesian Pallaskenry	51.77
1967	Tim O'Connor	Glenstal Abbey School	47.63
1968	Tim O'Connor	Glenstal Abbey School	48.39
1969	Patrick Egan	Glenstal Abbey School	46.37
1970	William Gabbett	Glenstal Abbey School	44.98
1971	Michael Cantwell	Glenstal Abbey School	39.07
1972	Laurence McGrath	Limerick CBS	43.74
1973	Laurence McGrath	Limerick CBS	47.96
1974	Denis Healy	Thurles CBS	50.42

1975	Denis Healy	Thurles CBS	45.98
1976	Brendan Healy	Thurles CBS	50.71
1977	Brendan Healy	Thurles CBS	49.87
1978	Barry Hurley	St Munchins Limerick	44.44
1979	Joe Aherne	Roscrea CBS	40.27
1980	Tom Galvin	St Munchins Limerick	38.42
1981	Newton Popplewell	Newtown School Waterford	46.34
1982	Tom Galvin	St Munchins Limerick	47.74
1983	Gearoid Nevin	St Clements Limerick	50.40
1984	Gearoid Nevin	St Clements Limerick	47.04
1985	Mark O'Driscoll	Glenstal Abbey School	41.08
1986	Barry Dempsey	Glenstal Abbey School	53.94
1987	Jamie O'Donnell	Glenstal Abbey School	48.58
1988	John Fleming	De La Salle Waterford	44.12
1989	Gerard Nagle	St Flannans Ennis	42.86
1990	Joe Kenny	St Josephs Borrisoleigh	52.62
1991	Brian Scanlon	De La Salle Waterford	54.82
1992	Brian Hayes	St Augustines Dungarvan	46.76
1993	Maurice Savage	St Michaels Listowel	46.14
1994	John Leahy	St Flannans Ennis	45.34
1995	Derek Hayes	St Augustines Dungarvan	44.88
1996	Derek Hayes	St Augustines Dungarvan	54.66
1997	Michael Morrissey	St Augustines Dungarvan	41.84
1998	Mark Hamilton	St Colmans Fermoy	49.95
1999	Tom Conroy	North Monastery CBS Cork	42.70
2000	Robert Butler	Carrick-on-Suir CBS	40.20
2001	Kevin O'Keeffe	De La Salle Waterford	38.75
2002	Kevin O'Keeffe	De La Salle Waterford	35.30
2003	Kevin O'Keeffe	De La Salle Waterford	40.40
2004	Gavin Smith	St Patricks CS Shannon	36.90
2005	Alan O'Connor	St Itas Abbeyfeale	36.61
2006	David Shine	Colaiste Choilm Ballincollig	43.76
2007	Philip Burns	Bandon Grammar School	47.40
2008	Lunga Balman	Ennis CC	50.06
2009	Anton Katayev	St Clements Limerick	46.53
2010	Jaco Oosthuysen	High School Clonmel	49.41
2011	Jaco Oosthuysen	High School Clonmel	44.12
2012	Jonathan Foley	Presentation Milltown	37.20
2013	Dan Finnerty	St Annes CC Killaloe	36.92
2014	Shane O'Neill	St Fachtnas Skibbereen	44.74
2015	Bobby Smith	Bandon Grammar School	51.35
2016	Eoghan Flynn	Dungarvan CBS	50.50
2017	Kevin Michael	Deerpark CBS Cork	51.58
2018	Joseph McEvoy	St Annes CC Killaloe	44.80
2019	Cathal Scanlon	St Declans CC Kilmacthomas	46.54

Senior Boys 4X100m relay
4 X 220yds (1931 - 1951) 4 X 110yds (1952 - 1969)

1931	Rockwell College		Tie
1931	Christian Brothers College Cork		Tie
1938	Christian Brothers College Cork	1.42.9	
1939	Rockwell College	1.40.0	
1940	St Colmans Fermoy	1.40.0	
1941	Rockwell College	1.40.0	
1947	St Flannans Ennis	1.45.0	
1948	Christian Brothers College Cork	1.38.8	
1949	Christian Brothers College Cork	2.18.6	
1950	Rockwell College	1.43.0	
1951	Glenstal Abbey School	1.38.8	
1952	Rockwell College	46.5	
1953	Rockwell College	47.8	
1954	Rockwell College	47.0	
1955	Rockwell College	47.6	
1956	De La Salle Waterford	45.8	
1957	Christian Brothers College Cork	46.0	
1958	Mungret College Limerick	47.1	
1959	Rockwell College	46.0	
1960	Rockwell College	46.2	
1961	Mungret College Limerick	46.5	
1962	Tralee CBS	46.8	
1963	Rockwell College	46.0	

1964	Presentation Brothers Cork	46.2
1965	Presentation Brothers Cork	46.2
1966	Rockwell College	45.7
1967	Rockwell College	44.8
1968	Rockwell College	45.6
1969	Rockwell College	47.4
1970	Glenstal Abbey School	44.4
1971	Mungret College Limerick	46.1
1972	Mungret College Limerick	46.0
1973	Rockwell College	45.5
1974	Mungret College Limerick	45.6
1975	Newtown School Waterford	45.8
1976	Rockwell College	45.0
1977	Christian Brothers College Cork	44.3
1978	Christian Brothers College Cork	43.8
1979	St Munchins Limerick	45.2
1980	Rockwell College	50.8
1981	Tralee CBS	45.2
1982	Tralee CBS	45.1
1983	Rockwell College	44.3
1984	Newtown School Waterford	44.3
1985	St Munchins Limerick	44.6
1986	St Flannans Ennis	43.8
1987	Colaiste Chriost Ri Cork	44.0
1988	Presentation Brothers Cork	44.4
1989	Colaiste Chriost Ri Cork	43.3
1990	Colaiste Chriost Ri Cork	43.2
1991	Colaiste Chriost Ri Cork	43.8
1992	Colaiste Chriost Ri Cork	44.8
1993	Colaiste an Spioraid Naoimh Bishopstown	46.1
1994	Thurles CBS	44.4
1995	Glenstal Abbey School	45.2
1996	St Brendans Killarney	44.2
1997	Thurles CBS	44.3
1999	John The Baptist Hospital	45.3
2000	Crescent Comprehensive SJ Limerick	44.1
2001	Colaiste Phobal Roscrea	48.1
2002	Scoil Mhuire Bruff	46.5
2003	Rockwell College	45.4
2004	Glanmire CC	46.05
2005	Glanmire CC	45.17
2006	Bandon Grammar School	47.06
2007	Ard Scoil Ris Limerick	44.82
2008	De La Salle Waterford	46.52
2009	De La Salle Waterford	45.72
2010	Midleton CBS	47.36
2011	Colaiste an Phiarsaigh Glanmire	46.47
2012	Mercy Mount Hawk Tralee	44.97

2013	Castletroy College Limerick	44.49
2014	Davis College Mallow	44.29
2015	Bandon Grammar School	43.11
2016	Bandon Grammar School	43.44
2017	Bandon Grammar School	44.88
2018	Presentation Brothers Cork	45.48
2019	Mercy Mount Hawk Tralee	43.25

Senior Boys 4X400m Relay

2017	St Declans CC Kilmacthomas	3.36.76
2018	St Flannans Ennis	3.36.12
2019	Thurles CBS	3.36.69

Senior Boys Combined Events

1992	Brian Hayes	St Augustines Dungarvan	3287
1993	D Coe	Newtown School Waterford	
1994	Roger Harty	St Colmans CC Midleton	2637
1995	Derek Hayes	St Augustines Dungarvan	3829
1996	Darren Lynch	St Flannans Ennis	2829
1997	John Paul O'Brien	St Flannans Ennis	
1998	Eoin McGrath	De La Salle Waterford	2278
1999	Diarmuid O'Meara	Colaiste Phobal Roscrea	3124
2000	Not Contested		
2001	Not Contested		
2002	Maurice Donoghue	De La Salle Waterford	3440
2003	Philip Conway	Waterpark College	2831
2004	Christopher Crowley	Colaiste Chriost Ri	3096
2005	Not Contested		
2006	Brendan O'Connor	Beara CS	2387
2007	Edmond Burke	Hazelwood College Dromcollogher	1708
2008	Niall Stanley	Kinsale CS	2701
2009	Stephen O'Riordan	Our Lady's Templemore	1949
2010	Not Contested		

2011	Daniel Colbert	Midleton CBS	2538	
2012	Solomon Adibisi	Davis College Mallow	2625	6 events
2013	Paul White	Nenagh CBS	2467	5 events
2014	Thomas Sexton	SMI Newcastle West	2458	
2015	John Hogan	Davis College Mallow	2417	
2016	Cian Talbot	Mercy Mt Hawk Tralee	1393	
2017	Eoin Kenny	De La Salle Waterford	2579	
2018	Brian Lynch	Colaiste an Spioraid Naoimh	2985	
2019	Cillian Griffin	Mercy Mt Hawk Tralee	2843	

Senior Boys Cross Country - Individual

1962	Jerry Doody	Salesian Pallaskenry
1963	Jim Leahy	Rockwell College
1964	Ian Hamilton	Presentation Brothers Cobh
1965	Donal Walsh	North Monastery CBS Cork
1966	Donal Walsh	North Monastery CBS Cork
1967	John Shine	North Monastery CBS Cork
1968	Billy Bolster	Patrician Academy Mallow
1969	Billy Bolster	Patrician Academy Mallow
1970	Neil Cusack	St Munchins Limerick
1971	Dessie O'Connor	Tipperary CBS
1972	Dessie O'Connor	Tipperary VS
1973	Phil English	Tipperary VS
1974	Eddie Hartnett	Fermoy CBS
1975	Eddie Cotter	Colaiste Chriost Ri Cork
1976	Eugene O'Shea	Limerick CBS
1977	Anthony O'Neill	Glasheen SecondarySchool

1978 Frank O'Mara	St Munchins Limerick
1979 Marcus O'Sullivan	Colaiste Chriost Ri Cork
1980 Richard O'Flynn	Hamilton High School Bandon
1981 Richard O'Flynn	Hamilton High School Bandon
1982 Gerry Wallace	Midleton VS
1983 Leonard O'Regan	Colaiste Chriost Ri Cork
1984 Michael Cotter	Macroom VS
1985 John Downes	Kilmallock VS
1986 Stephen Gibbons	Hamilton High School Bandon
1987 John Leacy	De La Salle Waterford
1988 Frank Hanley	St Clements Limerick
1989 Paul Logan	St Nessans Limerick
1990 Mark Carroll	North Monastery CBS Cork
1991 Mark Carroll	North Monastery CBS Cork
1992 Martin McCarthy	North Monastery CBS Cork
1993 David Healy	North Monastery CBS Cork
1994 Oisín Crowley	Hamilton High School Bandon
1995 Thomas Carey	Ard Scoil Ris Limerick
1996 Thomas Carey	St Josephs Newport
1997 Brian Murray	North Monastery CBS Cork
1998 Barry Egan	North Monastery CBS Cork
1999 Michael Herlihy	Mannix CC Charleville
2000 Michael Herlihy	North Monastery CBS Cork
2001 Patrick Guidera	High School Clonmel
2002 Fergus Meade	Midleton CBS
2003 Mark Hanrahan	Douglas CS
2004 Andrew Ledwith	North Monastery CBS Cork
2005 Cathal Dennehy	Ard Scoil Ris Limerick
2006 David McCarthy	St Augustines Dungarvan
2007 David McCarthy	St Augustines Dungarvan
2008 Niall Tuohy	Yeats College Waterford
2009 Michael Carmody	Castletroy College Limerick
2010 Shane Quinn	De La Salle Waterford
2011 Shane Quinn	De La Salle Waterford
2012 Sean Tobin	High School Clonmel
2013 Sean Tobin	High School Clonmel
2014 Kyle Larkin	Ard Scoil Ris Limerick
2015 Kevin Mulcaire	St Flannans Ennis
2016 Kevin Mulcaire	St Flannans Ennis
2017 Fearghal Curtin	Midleton CBS
2018 Darragh McElhinney	Colaiste Pobail Bantry
2019 Tommy Connolly	Christian Brothers College Cork
2020 Oisín Spillane	Mercy Mount Hawk Tralee



Senior Boys Cross Country - Team

1962	Cahir Secondary School	29.5pts
1963	Rockwell College	21 pts
1964	Rockwell College	31pts
1965	Thurles CBS	18pts
1966	Thurles CBS	26pts
1966	North Monastery CBS Cork	37pts
1967	Rockwell College	58pts
1968	Ennis CBS	33pts
1970	Colaiste an Spioraid Naoimh Bishopstown	68pts



1971	North Monastery CBS Cork	45pts
1972	Fermoy CBS	51pts
1973	Fermoy CBS	51pts
1974	St Munchins Limerick	36pts
1975	Colaiste Chriost Ri Cork	25pts
1976	Colaiste Chriost Ri Cork	38pts
1977	Thurles CBS	52pts
1978	St Munchins Limerick	21pts
1979	Colaiste Chriost Ri Cork	65pts
1980	Colaiste Chriost Ri Cork	55pts
1981	St Munchins Limerick	54pts
1982	Colaiste Chriost Ri Cork	48pts
1983	Colaiste Chriost Ri Cork	37pts
1984	Midleton CBS	63pts
1985	Hamilton High School Bandon	71pts
1986	St Endas CS Limerick	27pts
1987	St Munchins Limerick	59pts
1988	St Munchins Limerick	51pts
1989	North Monastery CBS Cork	59pts
1990	North Monastery CBS Cork	44pts
1991	North Monastery CBS Cork	15pts
1992	North Monastery CBS Cork	19pts
1993	North Monastery CBS Cork	25pts
1994	North Monastery CBS Cork	20pts
1995	North Monastery CBS Cork	45pts
1996	North Monastery CBS Cork	42pts
1997	North Monastery CBS Cork	20pts
1998	North Monastery CBS Cork	17pts
1999	North Monastery CBS Cork	42pts
2000	North Monastery CBS Cork	30pts
2001	North Monastery CBS Cork	36pts
2002	North Monastery CBS Cork	20pts
2003	North Monastery CBS Cork	60pts
2004	Douglas CS	50pts
2005	Midleton CBS	51pts
2006	St Augustines Dungarvan	20pts
2007	St Augustines Dungarvan	29pts
2008	Douglas CS	41pts
2009	Douglas CS	53pts
2010	Douglas CS	35pts
2011	Douglas CS	24pts
2012	Douglas CS	30pts
2013	High School Clonmel	42pts
2014	St Brendans Killarney	50pts
2015	St Flannans Ennis	29pts
2016	St Flannans Ennis	41pts
2017	St Flannans Ennis	37pts
2018	Colaiste Chriost Ri Cork	60pts



2019
2020

Midleton CBS
Midleton CBS

74pts
71pts

100m Senior Girls
100yds (1969)



1969	Valerie Shortland	Presentation Bandon	13.0	
1970	Valerie Shortland	Presentation Bandon	13.3	
1971	Mary Doyle	St Angelas Cork	12.6	
1972	Mary Doyle	St Angelas Cork	12.1	
1973	L Curran	Ursuline Waterford	13.4	
1974	Claire Collins	Regina Mundi Cork	13.2	
1975	Anne Jeffords	Regina Mundi Cork	11.8	
1976	Anne Jeffords	Regina Mundi Cork	12.1	
1977	Mary Fleming	St Marys Midleton	12.7	
1978	Nora O'Grady	Nenagh VS	12.5	
1979	Jackie Pearson	Bandon Grammar School	13.7	
1980	Eileen Dalton	SHM Ferrybank Waterford	12.6	
1981	Brid Naughton	St Marys Nenagh	12.9	
1982	Deirdre Ni Mhurchu	Colaiste Iosagain Ballyvourney	12.5	
1983	Noelle Morrissey	St Marys Nenagh	11.9	
1984	Olive Burke	FCJ Laurel Hill Limerick	12.1	
1985	Terrie Horgan	St Marys Mallow	12.1	
1986	Terrie Horgan	St Marys Mallow	12.4	
1987	Siobhan O'Brien	Mount Trenchard Foynes	12.4	
1988	Siobhan O'Brien	Mount Trenchard Foynes	12.6	
1989	Susan Smith	Presentation Waterford	12.1	
1990	Fiona Kelly	St Nessans Limerick	12.0	
1991	Jean O'Gorman	St Marys Newport	12.3	
1992	Claire Ingerton	Christ King Cork	12.2	
1993	Patricia Naughton	St Marys Nenagh	12.0	
1994	Patricia Naughton	St Marys Nenagh	12.2	
1995	Sharon Roland	Roscrea VS	13.2	
1996	Aoife Hearne	Ursuline Waterford	12.2	
1997	Aoife Hearne	Ursuline Waterford	12.0	
1998	Derval O'Rourke	Christ King Cork	12.1	
1999	Derval O'Rourke	Christ King Cork	12.6	
2000	Derval O'Rourke	Christ King Cork	11.7	
2001	Ailish McSweeney	St Aloysius Carrigtwohill	11.8	
2002	Mandy Crowe	St Ailbes Tipperary	12.0	
2003	Jessica Zebo	Regina Mundi Cork	12.97	
2004	Louise Nicholson	Copsewood College Pallaskenry	12.16	
2005	Eimear Crowley	Intermediate School Killorglin	12.46	
2006	Mairead Murphy	Mercy Waterford	12.32	
2007	Kelly Proper	St Pauls Waterford	12.59	-0.7
2008	Niamh Whelan	Presentation Waterford	11.94	
2009	Eimear Lynch	St Marys Newport	13.44	
2010	Joan Healy	Colaiste na Toibhirte Bandon	12.49	1.9
2011	Sarah Lavin	Castletroy College Limerick	12.89	-6.9
2012	Phil Healy	Colaiste na Toirbhirte Bandon	12.09	1.2
2013	Phil Healy	Colaiste na Toirbhirte Bandon	11.64	3.3
2014	Niamh McNichol	Stella Maris Tramore	12.69	-3.0
2015	Phoebe Murphy	Loreto Clonmel	12.00	1.2
2016	Sharlene Mawdsley	St Marys Newport	12.87	-4.2

2017	Ciara Neville	Castletroy College Limerick	11.82	0.7
2018	Ciara Neville	Castletroy College Limerick	11.83	0.4
2019	Orla O'Reilly	Mercy Mount Hawk Tralee	12.16	3.0

200m Senior Girls 220yds (1969)

1969	Valerie Shortland	Presentation Bandon	26.1
1970	Elizabeth Mountain	Mercy Dungarvan	27.0
1971	Mary Doyle	St Angelas Cork	26.8
1972	Mary Doyle	St Angelas Cork	26.1
1973	M Curran	Ursuline Waterford	27.3
1974	Claire Collins	Regina Mundi Cork	27.5
1975	Claire Collins	Regina Mundi Cork	26.8
1976	Anne Jeffords	Regina Mundi Cork	25.7
1977	Nora O'Grady	Mercy Nenagh	25.8
1978	Nora O'Grady	Nenagh VS	25.1
1979	Claire Storan	St Endas CS Limerick	27.9
1980	Niamh Walsh	Scoil Mhuire Cork	25.9
1981	Niamh Walsh	Scoil Mhuire Cork	26.5
1982	Carmel Maher	Nenagh VS	25.9
1983	Deirdre Ni Mhurchu	Colaiste Iosagain Ballyvourney	25.8
1984	Jacqui Stokes	Newtown School Waterford	25.3
1985	Jacqui Stokes	Newtown School Waterford	24.5
1986	Terrie Horgan	St Marys Mallow	25.6
1987	Siobhan O'Brien	Mount Trenchard Foynes	24.7
1988	Siobhan O'Brien	Mount Trenchard Foynes	25.4
1989	Niamh Ward	Tarbert CS	26.5
1990	Collette O'Gorman	Presentation Mitchelstown	25.8
1991	Jean O'Gorman	St Marys Newport	25.8
1992	Claire Ingerton	Christ King Cork	25.0
1993	Lena Barry	Salesian Limerick	27.6
1994	Amanda Clifford	Regina Mundi Cork	25.4
1995	Sharon Roland	Roscrea VS	26.8
1996	Sinead Hickey	Mercy Doon	25.0
1997	Sinead Hickey	Mercy Doon	25.3
1998	Derval O'Rourke	Christ King Cork	25.2
1999	Marian Andrews	Ursuline Blackrock	26.2
2000	Eilish Aherne	Ard Scoil na nDeise Dungarvan	25.7
2001	Sharon Kelly	Mount Mercy Cork	24.1
2002	Shauna O'Brien	Loreto Clonmel	24.2
2003	Elaine Drumm	Mercy Mount Hawk Tralee	27.09
2004	Louise Nicholson	Copeswood College	25.52
2005	Kelly Proper	St Pauls Waterford	25.42
2006	Mairead Murphy	Mercy Waterford	24.81

2007	Kelly Proper	St Pauls Waterford	26.37	
2008	Niamh Whelan	Presentation Waterford	24.23	
2009	Kate Humphreys	St Angelas Cork	26.47	
2010	Joan Healy	Colaiste na Toibhirte Bandon	25.61	0.5
2011	Melina Van Der Valk	Ursuline Waterford	28.90	
2012	Phil Healy	Colaiste na Toirbhirte Bandon	25.11	
2013	Phil Healy	Colaiste na Toirbhirte Bandon	23.95	1.3
2014	Niamh McNichol	Stella Maris Tramore	25.46	-3.9
2015	Phoebe Murphy	Loreto Clonmel	24.33	2.0
2016	Sharlene Mawdsley	St Marys Newport	24.64	-3.5
2017	Sharlene Mawdsley	St Marys Newport	24.71	-2.5
2018	Ciara Neville	Castletroy College Limerick	24.39	0.0
2019	Orla O'Reilly	Mercy Mount Hawk Tralee	25.00	2.8

Senior Girls 400m 440yds (1969)

1969	Colette Cotter	Regina Mundi Cork	62.2
1970	Colette Cotter	Regina Mundi Cork	66.4
1971	Mary Cronin	Rathmore VS	65.8
1972	Mary Lehané	Loreto Fermoy	62.5
1973	Joan Fleming	St Angelas Cork	61.2
1974	Rita Long	Sacred Heart Cork	62.6
1975	Maeve Cowhey	Salesian Limerick	62.9
1976	Mary McGrath	St Marys Midleton	62.0
1977	Kathleen Glavin	Midleton VS	60.1
1978	Monica Clooney	Presentation Clonmel	59.7
1979	Caroline Power	Stella Maris Tramore	60.0
1980	Niamh Walsh	Scoil Mhuire Cork	57.7
1981	Niamh Walsh	Scoil Mhuire Cork	57.6
1982	Carmel Maher	Nenagh VS	59.5
1983	Carol Forde	St Patricks Cork	58.9
1984	Helena Rea	St Marys Charleville	58.4
1985	Fidelma Kirwin	Holy Trinity Cork	62.6
1986	Aine O'Leary	Salesian Limerick	59.9
1987	Siobhan O'Brien	Mount Trenchard Foynes	57.5
1988	Margaret O'Dwyer	Thurles VS	58.1
1989	Margaret Murphy	St Pauls Waterford	59.4
1990	Katriona O'Farrell	Borrisokane VS	58.4
1991	Katriona O'Farrell	Borrisokane VS	57.3
1992	Deirdre O'Riordan	St Colmans CC Midleton	57.8
1993	Patricia O'Donoghue	St Marys Nenagh	61.9
1994	Deirdre Croke	Presentation Waterford	59.4
1995	Annette Quaid	Dromcollogher CC	59.1
1996	Mary O'Leary	Mercy Kinsale	58.7

1997	Sinead Hickey	Mercy Doon	57.0
1998	Orla Power	Scoil Mhuire Carrick-on-Suir	57.7
1999	Avril Kelly	Mount Mercy Cork	59.5
2000	Sinead Falvey	St Aloysius Carrigtwohill	60.7
2001	Aisling Maunsell	Colaiste Choilm Ballincollig	58.1
2002	Aisling Maunsell	Colaiste Choilm Ballincollig	59.3
2003	Nicole O'Regan	Christ King Cork	62.13
2004	Claire McSweeney	St Aloysius Carrigtwohill	59.69
2005	Claire McSweeney	St Aloysius Carrigtwohill	57.35
2006	Mairead Deevy	Mercy Waterford	58.54
2007	Mary O'Connor	Ursuline Waterford	58.52
2008	Louise McArdle	St Angelas Cork	58.22
2009	Cliona Ryan	St Marys Nenagh	61.73
2010	Ailbhe Courtney	Presentation Tralee	NT
2011	Jessica Neville	Mount Mercy Cork	60.51
2012	Jessica Neville	Mount Mercy Cork	57.51
2013	Gràinne Moynihan	St Marys Macroom	55.79
2014	Jenna Bromell	Castletroy College Limerick	57.34
2015	Jenna Bromell	Castletroy College Limerick	55.36
2016	Ann Corcoran	Ursuline Waterford	58.02
2017	Sharlene Mawdsley	St Marys Newport	56.39
2018	Jo Keane	St Flannans Ennis	58.60
2019	Roseann Fitzgerald	Gaelcholaiste Cheitinn Clonmel	59.43

Senior Girls 800m 880yds (1969)

1969	Elizabeth Mountain	Mercy Dungarvan	2.28.2
1970	Elizabeth Mountain	Mercy Dungarvan	2.27.4
1971	Elizabeth Mountain	Mercy Dungarvan	2.25.0
1972	Marie Buckley	Mercy Kinsale	2.25.8
1973	Joan Fleming	St Angelas Cork	2.20.5
1974	Catherine Hourihan	Mercy Macroom	2.26.2
1975	Maeve Cowhey	Salesian Limerick	2.27.1
1976	Margaret Larkin	St Marys Newcastlewest	2.52.2
1977	Imelda Barrett	Presentation Ballingarry	2.17.4
1978	Imelda Barrett	Killenaule VS	2.22.8
1979	Mairead Cotter	St Josephs Abbeyfeale	2.20.1
1980	Mairead Cotter	St Josephs Abbeyfeale	2.20.0
1981	Emily Blake	Presentation Limerick	2.26.2
1982	Rose Bracken	School of Commerce Limerick	2.16.8
1983	Margaret Curran	St Marys Mallow	2.20.8
1984	M Kennedy	Tralee VS	2.22.2
1985	Miriam Ingerton	St Patricks Cork	2.26.6
1986	Jacinta Dempsey	Loreto Youghal	2.27.0

1987	Sonia O'Sullivan	Cobh VS	2.10.1
1988	Breda Dennehy	Mercy Macroom	2.21.4
1989	Margaret Murphy	St Pauls Waterford	2.14.9
1990	Colette Vaughan	Christ King Cork	2.18.4
1991	Katriona O'Farrell	Borrisokane VS	2.12.5
1992	Angela Murphy	St Marys Midleton	2.17.1
1993	Angela Murphy	St Marys Midleton	2.20.2
1994	Noelle Kelly	Colaiste Muire Ennis	2.17.3
1995	Marie O'Connor	Presentation Bandon	2.27.0
1996	Monica Reilly	Our Ladys Templemore	2.18.8
1997	Geraldine McCarthy	Presentation Listowel	2.16.9
1998	Emer O'Shea	St Marys Charleville	2.15.5
1999	Martina Hickey	Millstreet CS	2.15.4
2000	Roisin Quinn	Ursuline Waterford	2.16.9
2001	Roisin Quinn	Ursuline Waterford	2.11.8
2002	Edel Murphy	Colaiste Choilm Ballincollig	2.26.0
2003	Sarah O'Shea	Loreto Youghal	2.32.23
2004	Sarah O'Shea	Loreto Youghal	2.31.53
2005	Laura Crowe	Presentation Tralee	2.14.72
2006	Laura Crowe	Presentation Tralee	2.12.65
2007	Mary O'Connor	Ursuline Waterford	2.22.14
2008	Mary O'Connor	Ursuline Waterford	2.19.51
2009	Kitty Walsh	Ursuline Waterford	2.25.04
2010	Harriet Flynn	St Patricks CS Shannon	2.19.23
2011	Amy O'Donoghue	Villiers School Limerick	2.18.85
2012	Sarah O'Shea	Beara CS	2.14.56
2013	Niamh Markham	St Flannans Ennis	2.13.64
2014	Louise Shanahan	Bruce College Cork	2.34.25
2015	Louise Shanahan	Bruce College Cork	2.22.13
2016	Aoife Delargy	Ursuline Thurles	2.16.48
2017	Stephanie Cotter	Coachford College	2.19.26
2018	Jo Keane	St Flannans Ennis	2.25.93
2019	Jo Keane	St Flannans Ennis	2.18.50

Senior Girls 1500m 1 mile (1969)

1969	Eileen Kelly	Castletownbere VS	6.00.6
1976	Nuala Logan	St Marys Limerick	4.57.4
1977	Fionnuala Morrish	Regina Mundi Cork	4.49.3
1978	Valerie O'Mahony	South Presentation Cork	4.48.0
1979	Mairead Cotter	St Josephs Abbeyfeale	4.59.2
1980	Mairead Cotter	St Josephs Abbeyfeale	4.49.8
1981	Emily Blake	Presentation Limerick	5.03.2

1982	Mary English	Mercy Cahir	4.45.2
1983	Marie Gormley	Ennis VS	4.41.7
1984	Maureen Harrington	Holy Cross Kenmare	4.57.2
1985	Patricia Logan	St Nessans Limerick	4.54.2
1986	Mairead Looney	St Aloysius Cork	4.41.0
1987	Mairead Looney	St Aloysius Cork	4.41.1
1988	Mairead Looney	St Aloysius Cork	4.41.5
1989	Colette Vaughan	Christ King Cork	4.52.6
1990	Colette Vaughan	Christ King Cork	4.47.9
1991	Colette Vaughan	Scoil Stiofain Naofa Cork	4.45.2
1992	Colette O'Riordan	St Marys Macroom	4.49.8
1993	Susan Murnane	St Nessans Limerick	4.43.6
1994	Jenny Henchion	Loreto Fermoy	4.50.2
1995	Margaret Danagher	Our Ladys Templemore	5.01.3
1996	Margaret Danagher	Our Ladys Templemore	5.04.3
1997	Geraldine McCarthy	Presentation Listowel	4.49.0
1998	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	4.37.5
1999	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	4.43.4
2000	Roisin Quinn	Ursuline Waterford	4.42.6
2001	Roisin Quinn	Ursuline Waterford	4.36.7
2002	Claire Kelly	St Aloysius Cork	5.32.4
2003	Maria Jones	St Marys Nenagh	5.23.79
2004	Marian Halley	Ursuline Thurles	4.54.87
2005	Holly Deegan	Mercy Waterford	5.02.56
2006	Rebecca Briscoe	Comeragh College Carrick-on-Suir	4.51.94
2007	Catherine Kelly	St Ailbes Tipperary	5.08.59
2008	Lorraine McCarthy	St Augustines Dungarvan	4.41.40
2009	Lorraine McCarthy	St Augustines Dungarvan	4.55.39
2010	Harriet Flynn	St Patricks CS Shannon	4.51.91
2011	Amy O'Donoghue	Villiers School Limerick	4.49.89
2012	Amy O'Donoghue	Villiers School Limerick	4.50.37
2013	Niamh Markham	St Flannans Ennis	4.51.24
2014	Aisling Quinn	Ursuline Waterford	4.47.94
2015	Louise Shanahan	Bruce College Cork	4.48.16
2016	Avril Deegan	Presentation Thurles	5.03.37
2017	Stephanie Cotter	Coachford College	4.43.11
2018	Alannah Neff	Carrigaline CS	4.52.42
2019	Tara Ramasawmy	Ursuline Waterford	5.05.71

Senior Girls 3000m

1984	Patricia Logan	St Marys Limerick	10.15.4
1985	Patricia Logan	St Nessans Limerick	10.07.4
1986	Carmel McCarthy	Presentation Bandon	10.26.2
1987	Aisling Ryan	Presentation Thurles	10.01.6
1988	Edwina Foley	FCJ Laurel Hill Limerick	10.29.7

1989	Eve Watson	St Marys Charleville	10.53.0
1990	Christine Geoghegan	St Nessans Limerick	10.26.1
1991	Christine Geoghegan	St Nessans Limerick	10.23.4
1992	Maria McMahon	Mercy Ennistymon	10.40.6
1993	Margaret McParland	St Patricks CS Shannon	10.50.0
1994	Jenny Henchion	Loreto Fermoy	10.28.0
1995	Jill Hodgins	College of Commerce Cork	10.36.2
1996	Orla Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	10.25.0
1997	Terri Hennessy	St Colmans CC Midleton	10.57.7
1998	Olga Cronin	St Colmans CC Midleton	10.58.5
1999	Olga Cronin	St Colmans CC Midleton	10.20.6
2000	Brid Byrne	Colaiste Phobal Roscrea	11.46.6
2001	Jennifer Goggin	Colaiste Muire Cobh	12.08.0
2002	Helen McMahon	Colaiste Muire Ennis	12.00.9
2003	Ellen Fitzgerald	Presentation Tralee	NT
2004	Marian Halley	Ursuline Thurles	13.31.1
2005	Claire Hackett	Ursuline Thurles	11.27.02
2006	Lorna Comyn	CLC Cork	10.22.4
2007	Alvy Carragher	St Annes CC Killaloe	11.07.60
2008	Beth Walsh	Ursuline Waterford	10.58.5
2009	Niamh Ryan	Abbey CC Waterford	10.29.35
2010	Shannen Ryan	Colaiste Chiaran Croom	11.14.55
2011	Imogen Cotter	Ennis CC	11.05.90
2012	Brona Croke	Crescent Comprehensive SJ Limerick	10.41.17
2013	Niamh De hÓra	Pobalscoil Chorca Dhuibhne	10.57.27
2014	Orla Moynahan	Loreto Clonmel	10.45.47
2015	Rhona Pierce	St Angelas Cork	10.05.57
2016	Avril Deegan	Presentation Thurles	10.57.09
2017	Aisling Kelly	Kilrush CS	10.24.30
2018	Sorcha Moloney	Presentation Thurles	11.36.30
2019	Laura Nicholson	Bandon Grammar School	9.45.97

Senior Girls 100m Hurdles (83.8cm)

1970	B Syme	Rochelle Cork	20.1
1971	Hillary Hannon	Rochelle Cork	20.1
1972	Antoinette Leahy	Ursuline Waterford	19.4
1973	Bernadette Murray	Loreto Fermoy	17.9
1974	Bernadette Murray	Loreto Fermoy	17.0
1975	Bernadette Murray	Loreto Fermoy	17.0
1976	Mary Mcinerney	Scoil Carmel Limerick	18.0
1977	Kathleen Glavin	Midleton VS	15.1
1978	Nora O'Grady	Nenagh VS	15.3
1979	Mary Cross	St Marys Limerick	17.1
1980	Carmel Maher	Mercy Nenagh	15.2
1981	Breda Tierney	St Marys Nenagh	16.5

1982	Brid Naughton	Mercy Nenagh	14.6	
1983	Noelle Morrissey	St Marys Nenagh	14.8	
1984	Olive Burke	FCJ Laurel Hill Limerick	14.1	
1985	Siobhan Naughton	St Marys Nenagh	15.9	
1986	Brid Hallissey	SHM Ferrybank Waterford	15.4	
1987	Siobhan Hillary	Crescent Comprehensive SJ Limerick	15.5	
1988	Susan Smith	Presentation Waterford	14.5	
1989	Susan Smith	Presentation Waterford	14.1	
1990	Marie O'Meara	St Marys Nenagh	16.4	
1991	Elaine Murphy	St Marys Nenagh	14.1	
1992	Patricia Naughton	St Marys Nenagh	14.3	
1993	Patricia Naughton	St Marys Nenagh	15.4	
1994	Patricia Naughton	St Marys Nenagh	14.5	
1995	Martina Hayes	St Augustines Dungarvan	21.7	
1996	Helen Costigan	Our Ladys Templemore	17.5	
1997	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	14.8	
1998	Derval O'Rourke	Christ King Cork	14.6	
1999	Derval O'Rourke	Christ King Cork	14.5	
2000	Derval O'Rourke	Christ King Cork	NT	
2001	Sharon Kelly	Mount Mercy Cork	14.6	
2002	Jessica Zebo	Regina Mundi Cork	14.9	
2003	Jessica Zebo	Regina Mundi Cork	15.7	
2004	Susan Hoare	St Aloysius Cork	21.63	
2005	Kelly Proper	St Pauls Waterford	16.06	
2006	Mairead Murphy	Mercy Waterford	15.18	
2007	Kalyn Sheehan	Ursuline Waterford	17.36	0.8
2008	Kalyn Sheehan	Ursuline Waterford	14.60	
2009	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	17.99	
2010	Lisa Houlihan	St Augustines Dungarvan	15.86	3.2
2011	Sarah Lavin	Castletroy College Limerick	15.42	-3.3
2012	Sarah Lavin	Castletroy College Limerick	13.91	1.2
2013	Lily AnnO'Hora	Crescent Comprehensive SJ Limerick	15.37	1.1
2014	Leanne Prout	Presentation Ballingarry	16.41	-3.7
2015	Clodagh O'Mahoney	Laurel Hill Colaiste Limerick	14.73	0.3
2016	Rebekah O'Connell	St Marys Charleville	17.71	-5.0
2017	Kate Taylor	Colaiste Muire Ennis	14.84	-0.5
2018	Kate Taylor	Colaiste Muire Ennis	15.11	0.8
2019	Debbie Mangold	Presentation Thurles	19.44	0.7

Senior Girls 400m Hurdles (72.2cm)

1985	Fidelma Kirwin	Holy Trinity Cork	68.8
1986	Aine O'Leary	Salesian Limerick	65.7
1987	Evanna Morrissey	St Marys Nenagh	NT
1988	Evanna Morrissey	St Marys Nenagh	63.0
1989	Michelle Mulcahy	Presentation Dungarvan	75.6

1990	Olive Bowers	St Annes CC Killaloe	64.0
1991	Elaine Murphy	St Marys Nenagh	64.2
1992	Deirdre O'Riordan	St Colmans CC Midleton	64.7
1993	Patricia Naughton	St Marys Nenagh	72.0
1994	Susanne Cummins	Sacred Heart Roscrea	65.2
1995	Patricia Cotter	St Augustines Dungarvan	74.8
1996	Sinead Kissane	Presentation Tralee	69.9
1997	Orla Power	Scoil Mhuire Carrick-on-Suir	68.1
1998	Orla Power	Scoil Mhuire Carrick-on-Suir	63.2
1999	Lorraine Carr	Loreto Fermoy	72.1
2000	Sinead Falvey	St Aloysius Carrigtwohill	69.5
2001	Sinead Falvey	St Aloysius Carrigtwohill	65.3
2002	Dawn Kelly	St Aloysius Cork	66.4
2003	Nicole O'Regan	Christ King Cork	72.60
2004	Triona O'Neill	Mount Mercy Cork	75.9
2005	Christina Broderick	Kinsale CS	65.78
2006	Not Contested		
2007	Jessie Barr	Ursuline Waterford	61.65
2008	Kalyn Sheehan	Ursuline Waterford	60.55
2009	Orla Finn	Kinsale CS	65.70
2010	Ailbhe Courtney	Presentation Tralee	70.34
2011	Megan Kiely	Ursuline Waterford	61.88
2012	Jessica Neville	Mount Mercy Cork	62.20
2013	Megan O'Brien	Loreto Clonmel	71.72
2014	Leanne Prout	Presentation Ballingarry	64.00
2015	Kelly-Anne Doyle	Scoil Mhuire Carrick-on-Suir	61.22
2016	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	65.18
2017	Kathy Walsh	St Angelas Cork	66.23
2018	Miriam Daly	Scoil Mhuire Carrick-on-Suir	62.18
2019	Miriam Daly	Scoil Mhuire Carrick-on-Suir	63.74

Senior Girls 1500m Steeplechase

2014	Jessica Coyne	Crescent Comprehensive SJ Limerick	5.07.24
2015	Ciara Cummins	Ursuline Thurles	5.19.65
2016	Chloe Fennell	St Augustines Dungarvan	5.58.11
2017	Shona Dolken-O'Shea	Beara CS	5.33.03
2018	Alannah Neff	Carrigaline CS	5.07.89
2019	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	5.27.00

Senior Girls 3000m Walk

1982	Mary Whelan	Mercy Nenagh	16.30.9
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1983	Mary Whelan	St Marys Nenagh	17.05.4
1984	Mary Whelan	Nenagh VS	18.03.0
1985	Deirdre Murphy	Mercy Waterford	18.34.3
1986	Miriam Doran	St Nessans Limerick	17.57.0
1987	Paula Sherlock	Presentation Limerick	17.15.6
1988	Paula Sherlock	Presentation Limerick	16.09.1
1989	Siobhan Hillary	Crescent Comprehensive SJ Limerick	20.14.7
1990	Mary Thompson	Presentation Limerick	16.37.0
1991	Nicola Costin	Ard Scoil na nDeise Dungarvan	16.23.0
1992	Linda O'Sullivan	Colaiste Muire Ennis	16.23.0
1993	Linda O'Sullivan	Colaiste Muire Ennis	15.35.2
1994	Gillian O'Sullivan	Presentation Killarney	15.29.0
1995	Joanne O'Shea	Newcastlewest VS	NT
1996	Aisling Dolan	St Josephs Borrisoleigh	16.20.0
1997	Jackie Cahill	St Josephs Borrisoleigh	16.20.0
1998	Kelly O'Keeffe	St Flannans Ennis	18.21.0
1999	Doireann Lawlor	St Ailbes Tipperary	17.41.0
2000	Pamela Foskin	Mercy Waterford	NT
2001	Emma Hennessy	Our Ladys Templemore	24.30.0
2002	Caitriona McMahon	Colaiste Muire Askeaton	NT
2003	Catriona McMahon	Colaiste Chiaran Croom	14.57.7
2004	Elaine Fitzpatrick	Colaiste Muire Ennis	18.23.0
2005	Aoibheann Prenderville	Tarbert CS	17.41.4
2006	Katherine Fennelly	Mercy Waterford	17.32.1
2007	Sorcha Prenderville	Tarbert CS	
2008	S Moore	Ursuline Thurles	17.13.4
2009	Fiona Dennehy	Mercy Waterford	16.46.4
2010	Maeve Curley	Presentation Thurles	14.44.95
2011	Marie Costello	Borrisokane CC	16.54.8
2012	Kate Veale	St Augustines Dungarvan	12.31.89
2013	Michaela Crosbie	Mercy Cahir	18.49.78
2014	Alyx Dywer	Loreto Clonmel	16.19.77
2015	Jodie Cusack	Davis College Mallow	18.06.58
2016	Chloe Lynch	Gaelcholaiste Cheitinn Clonmel	17.36.21
2017	Anna O'Connor	Waterpark College Waterford	16.15.13
2018	Orla O'Connor	Waterpark College Waterford	13.43.63
2019	Sarah Constant	St Vincents Cork	20.21.03

Senior Girls High Jump

1969	Freddie Cooney	St Annes Tipperary	1.27
1970	Freddie Cooney	St Michaels Clonmel	1.37
1971	Alyson Keeffe	Rochelle Cork	1.37
1972	Eileen O'Connell	St Marys Mallow	1.37
1973	Yvonne O'Brien	Ursuline Waterford	1.52
1974	Yvonne O'Brien	Ursuline Waterford	1.37

1975	Bridie Hartnett	St Marys Midleton	1.57
1976	Miriam Redmond	Mercy Cahir	1.53
1977	Claire Whelan	Mercy Nenagh	1.61
1978	Ann Nevin	Presentation Limerick	1.73
1979	Claire Whelan	Mercy Nenagh	1.56
1980	Mary Healy	South Presentation Cork	1.60
1981	Mary Healy	South Presentation Cork	1.65
1982	Breda Tierney	Mercy Nenagh	1.66
1983	Ann Walsh	Crescent Comprehensive SJ Limerick	1.60
1984	Jacqui Stokes	Newtown School Waterford	1.72
1985	Jacqui Stokes	Newtown School Waterford	1.64
1986	Brid Hallissey	SHM Ferrybank Waterford	1.69
1987	Mary Stapleton	Templemore VS	1.53
1988	Catherine Aherne	St Aloysius Cork	
1989	Renata Gibson	St Annes CC Killaloe	1.66
1990	Olivia Scully	Salesian Limerick	1.67
1991	Elaine Ball	Scoil Carmel Limerick	1.71
1992	Olivia Scully	Salesian Limerick	1.55
1993	Not Held		
1994	Particia Naughton	St Marys Nenagh	1.55
1995	Rachel McMillan	St Josephs Borrisoleigh	1.55
1996	Hilda Johnson	St Michaels CC Kilmihil	1.50
1997	Rachel McMillan	Our Ladys Templemore	1.55
1998	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	1.65
1999	Jennifer McCarthy	St Marys Mallow	1.55
2000	Deirdre Treacy	Colaiste Phobal Roscrea	1.50
2001	Susan Nagle	St Aloysius Carrigtwohill	1.50
2002	Orla Doyle	Scoil Mhuire Carrick-on-Suir	1.45
2003	Sandra Williams	Borrisokane CC	1.55
2004	Emma Drumm	Mercy Mount Hawk Tralee	1.53
2005	Christina Broderick	Kinsale CS	1.60
2006	Siobhan Heffernan	Scoil Mhuire Kanturk	1.45
2007	Maura Halpin	Tarbert CS	1.35
2008	Result Unknown		
2010	Claire Collins	Ard Scoil na nDeise Dungarvan	1.55
2011	Claire Collins	Ard Scoil na nDeise Dungarvan	1.60
2012	Aishling Croke	Crescent Comprehensive SJ Limerick	1.68
2013	Aishling Croke	Crescent Comprehensive SJ Limerick	1.55
2014	Grace McKenzie	Colaiste Muire Crosshaven	1.65
2015	Laura Cussen	Colaiste Choilm Ballincollig	1.55
2016	Deirbhile Ryan	Gaelcholaiste Luimnigh	1.60
2017	Clíodhna Blake	Scoil Mhichil Kilmihil	1.63
2018	Fiona Doyle	Intermediate School Killorglin	1.60
2019	Kylie Heinan	St Declans CC Kilmacthomas	1.65

Senior Girls Long Jump

1969	Valerie Shortland	Presentation Bandon	5.11
1970	Valerie Shortland	Presentation Bandon	4.75
1971	Deirdre Sheehan	Mercy Kinsale	4.94
1972	Mary Warren	Ursuline Waterford	5.16
1973	Mary Fenton	St Marys Midleton	4.94
1974	Betty Looby	Presentation Cashel	4.79
1975	M Buckley	Presentation Killarney	4.97
1976	Evelyn O'Brien	St Marys Limerick	5.17
1977	Kathleen Glavin	Midleton VS	5.50
1978	Alice McKenna	Mercy Nenagh	5.11
1979	Jackie Pearson	Bandon Grammar School	4.99
1980	Barbara Johnson	Ursuline Blackrock	5.21
1981	Mary Healy	South Presentation Cork	4.71
1982	Brid Naughton	Mercy Nenagh	5.21
1983	Noelle Morrissey	St Marys Nenagh	5.46
1984	Jacqui Stokes	Newtown School Waterford	5.49
1985	Terrie Horgan	St Marys Mallow	5.76
1986	Terrie Horgan	St Marys Mallow	5.92
1987	Evanna Morrissey	St Marys Nenagh	5.57
1988	Evanna Morrissey	St Marys Nenagh	5.55
1989	Susan Smith	Presentation Waterford	5.58
1990	Marie O'Meara	St Marys Nenagh	5.33
1991	Claire Ingerton	Christ King Cork	5.93
1992	Claire Ingerton	Christ King Cork	6.00
1993	Karen Keeshan	Scoil Mhuire Cork	5.12
1994	Rachel Browne	Presentation Waterford	5.09
1995	Patricia Cahill	Presentation Lismore	5.10
1996	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	5.02
1997	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	5.16
1998	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	5.36
1999	Genevieve Rowland	Our Ladys Templemore	4.65
2000	Edel Power	Scoil Mhuire Carrick-on-Suir	4.95
2001	Louise Brent	Stella Maris Tramore	4.78
2002	Claire O'Sullivan	St Augustines Dungarvan	5.35
2003	H Collins	St Angelas Cork	4.22
2004	Donna Hosford	St Vincents Cork	5.50
2005	Kelly Proper	St Pauls Waterford	5.98
2006	Kelly Proper	St Pauls Waterford	5.90
2007	Kelly Proper	St Pauls Waterford	6.00
2008	Imelda Morrison	Pobalscoil na Trionoide Youghal	5.13
2009	Nicola Power	Abbey CC Waterford	5.41
2010	Nicola Power	Abbey CC Waterford	5.66
2011	Sinead O'Connor	Presentation Tralee	5.32
2012	Maire Heelan	John The Baptist Hospital	5.53
2013	Jessica Sheehan	Kinsale CS	5.31
2014	Grace McKenzie	Colaiste Muire Crosshaven	5.30
2015	Aoibheann O'Brien	MountMount Hawk Tralee	5.04

2016	Aoibheann O'Brien	Mercy Mount Hawk Tralee	5.53	
2017	Kate Taylor	Colaiste Muire Ennis	5.55	
2018	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.93	-0.6
2019	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.61	

Senior Girls Triple Jump

1997	Olivere Walsh	St Augustines Dungarvan	10.75	
1998	Ann Marie O'Callaghan	Scoil Mhuire Bruff	10.55	
1999	Tracey Gosnell	Colaiste Muire Cobh	10.73	
2000	Louise Brent	Stella Maris Tramore	10.32	
2001	Louise Brent	Stella Maris Tramore	9.92	
2002	Ellie Walsh	St Augustines Dungarvan	10.17	
2003	Ellie Walsh	St Augustines Dungarvan	10.52	
2004	Amanda O'Farrell	Borrioscane CC	10.28	
2005	Christina Broderick	Kinsale CS	10.60	
2006	Hailey Murphy	Ursuline Waterford	10.03	
2007	Jessie Barr	Ursuline Waterford	10.57	
2008	Lisa Kelly	Borrioscane CC	10.48	
2009	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	11.13	
2010	Sinead O'Connor	Presentation Tralee	10.95	
2011	Sinead O'Connor	Presentation Tralee	10.50	
2012	Jessica Sheehan	Kinsale CS	11.33	
2013	Jessica Sheehan	Kinsale CS	11.25	
2014	Siobhan Whelan	Presentation Waterford	10.45	
2015	Fiona O' Shea	Laurel Hill Colaiste Limerick	10.74	
2016	Aoibh Cassidy	Bandon Grammar School	8.55	
2017	Rachel Bowler	Mercy Mount Hawk Tralee	10.38	
2018	Aisling Cassidy	Bandon Grammar School	10.97	
2019	Aisling Cassidy	Bandon Grammar School	11.32	

Senior Girls Pole Vault

2001	Nicola Fennell	St Augustines Dungarvan	2.30	
2002	Julie Daly	Rice College Ennis	1.95	
2003	Kate O'Brien	St Augustines Dungarvan	1.70	
2004	Emma Drumm	Mercy Mount Hawk Tralee	2.10	
2005	Susie Lonergan	St Augustines Dungarvan	2.35	
2006	Susie Lonergan	St Augustines Dungarvan	2.50	
2007	Sarah Ryan	Pobalscoil na Trionoide Youghal	2.60	

2008	Aisling Fennell	St Augustines Dungarvan	2.50	
2009	Nikita Savage	Pobalscoil na Trionoide Youghal	2.90	
2010	Nikita Savage	Pobalscoil na Trionoide Youghal	3.30	
2011	Amy Phelan	Mercy Mount Hawk Tralee	2.70	
2012	Clodagh Ryan	St Augustines Dungarvan	2.40	
2013	Katie O'Riordan	Presentation Tralee	2.10	
2014	Megan O'Connor	St Augustines Dungarvan	2.70	
2015	Laura Cussen	Colaiste Choilm Ballincollig	3.00	
2016	Una Samuels	Colaiste Daibheid Cork	2.80	Tie
2016	Laura Cussen	Colaiste Choilm Ballincollig	2.80	Tie
2017	Laura Cussen	Colaiste Choilm Ballincollig	3.00	
2018	Clodagh Walsh	Davis College Mallow	3.10	
2019	Emma Coffey	St Angelas Cork	2.95	

Senior Girls Shot Put (4kg)

1969	Mary O'Dea	Colaiste Muire Ennis	8.56	
1970	Freddie Cooney	St Michaels Clonmel	9.14	
1971	Mary Doyle	St Angelas Cork	7.62	
1972	Jacinta Ryan	Mercy Carrick-on-Suir	9.25	
1973	Jacinta Ryan	Mercy Carrick-on-Suir	9.79	
1974	Jacinta Ryan	Mercy Carrick-on-Suir	9.51	
1975	Phil Barrett	St Marys Limerick	10.25	
1976	Patricia Walsh	SHM Ferrybank Waterford	11.80	
1977	Patricia Walsh	SHM Ferrybank Waterford	13.30	
1978	Patricia Walsh	SHM Ferrybank Waterford	13.40	
1979	Joan Dooley	Presentation Limerick	11.66	
1980	Claire McCarthy	FCJ Laurel Hill Limerick	10.95	
1981	Brid Naughton	St Marys Nenagh	10.75	
1982	Paula Kearns	Presentation Clonmel	10.66	
1983	Teresa Burke	Borrisokane VS	10.10	
1984	Debbie Tobin	Crescent Comprehensive SJ Limerick	13.12	
1985	Elaine Boland	Salesian Limerick	10.87	
1986	Elaine Boland	Salesian Limerick	10.57	
1987	Ailish O'Brien	Presentation Dungarvan	11.80	
1988	Siobhan Naughton	St Marys Nenagh	10.76	
1989	Mary Naughton	St Marys Nenagh	9.68	
1990	Emma Gavin	Salesian Limerick	10.38	
1991	Emma Gavin	School of Commerce Limerick	10.71	
1992	Valerie Mangan	FCJ Laurel Hill Limerick	11.08	
1993	Valerie Mangan	FCJ Laurel Hill Limerick	11.43	
1994	Edel Meagher	Scoil Mhuire Gan Smal Blarney	11.25	
1995	Catherine Burke	Borrisokane VS	10.15	
1996	Sinead Kehoe	Mercy Waterford	10.46	
1997	Sinead Kehoe	Mercy Waterford	9.62	
1998	Katie O'Riordan	St Aloysius Carrigtwohill	9.11	

1999	Ann Marie O'Connor	Rockwell College	8.75
2000	Fionnuala Lombard	Mount Mercy Cork	11.12
2001	Fionnuala Lombard	Mount Mercy Cork	11.50
2002	Deirdre Murphy	Colaiste an Phiarsaigh Glanmire	10.61
2003	Rachel Akers	Scariff CC	9.50
2004	Kathleen Fitzgerald	St Aloysius Carrigtwohill	11.41
2005	Kathleen Fitzgerald	St Aloysius Carrigtwohill	11.01
2006	Rachel Roche	Colaiste na Toibhirte Bandon	8.63
2007	Katie O'Shea	Presentation Milltown	11.23
2008	Niamh Mooney	Mercy Doon	9.90
2009	Claire Fitzgerald	Presentation Tralee	13.32
2010	Fiona Moloney	St Marys Charleville	12.08
2011	Niamh Murphy	Colaiste Choilm Ballincollig	11.52
2012	Niamh Murphy	Colaiste Choilm Ballincollig	12.07
2013	Laura McSweeney	Colaiste na Toirbhirte Bandon	12.14
2014	Kayleigh Cronin	St Brigets Killarney	10.45
2015	Deirbhle Ní Riain	Gaelcholaiste Luimnigh	11.50
2016	Angharad Loughnane	Gaelcholaiste Luimnigh	11.02
2017	Angharad Loughnane	Gaelcholaiste Luimnigh	11.14
2018	Fiona Hennessy	Presentation Thurles	10.07
2019	Shanice Benson	St Flannans Ennis	9.52

Senior Girls Discus (1kg)

1970	Freddie Cooney	St Michaels Clonmel	23.60
1971	Marian Kelleher	Mercy Macroom	24.10
1972	Mary O'Flynn	Colaiste Muire Ennis	29.73
1973	Jacinta Ryan	Mercy Carrick-on-Suir	30.13
1974	Margaret Ryan	Mercy Tipperary	40.20
1975	Marie Dooley	Presentation Limerick	34.64
1976	Mary Cassidy	Colaiste Muire Ennis	35.25
1977	Patricia Walsh	SHM Ferrybank Waterford	41.33
1978	Patricia Walsh	SHM Ferrybank Waterford	24.30
1979	Joan Dooley	Presentation Limerick	37.80
1980	Miriam Kirwan	SHM Ferrybank Waterford	34.44
1981	Miriam Kirwan	SHM Ferrybank Waterford	32.77
1982	Susanne Bradley	Mercy New Inn	36.48
1983	Eve Nangle	Stella Maris Tramore	38.68
1984	Elaine Boland	Salesian Limerick	36.58
1985	Ailish O'Brien	Presentation Dungarvan	38.20
1986	Elaine Boland	Salesian Limerick	40.62
1987	Ailish O'Brien	Presentation Dungarvan	38.40
1988	Ailish O'Brien	Presentation Dungarvan	37.82
1989	Fiona Lynch	Presentation Dungarvan	31.46
1990	Mary Naughton	St Marys Nenagh	29.56
1991	Niamh Scanlon	Ard Scoil na nDeise Dungarvan	32.00

1992	Niamh Scanlon	St Augustines Dungarvan	32.62
1993	Deirdre O'Connor	Scariff CC	32.80
1994	Edel Meagher	Scoil Mhuire Gan Smal Blarney	35.66
1995	Deirdre O'Connor	Scariff CC	31.74
1996	Leanne Tutty	Mercy Waterford	29.94
1997	Sinead Kehoe	Mercy Waterford	27.42
1998	Claire Akers	Scariff CC	31.70
1999	Claire Akers	Scariff CC	34.62
2000	Fionnula Lombard	Mount Mercy Cork	28.15
2001	Fionnula Lombard	Mount Mercy Cork	30.10
2002	Deirdre Murphy	Colaiste an Phiarsaigh Glanmire	36.78
2003	Rachel Akers	Scariff CC	36.82
2004	Rachel Akers	Scariff CC	36.02
2005	Sonia Kennedy	Abbey CC Waterford	34.08
2006	Karen O'Conner	St Josephs Abbeyfeale	30.73
2007	Sarah Bradfield	Bandon Grammar School	35.48
2008	Niamh Mooney	Mercy Doon	25.27
2009	Claire Fitzgerald	Presentation Tralee	42.90
2010	Zoe Scanlon	Ard Scoil na nDeise Dungarvan	35.24
2011	Zoe Scanlon	Ard Scoil na nDeise Dungarvan	34.33
2012	Niamh Murphy	Colaiste Choilm Ballincollig	36.93
2013	Hannah O'Sullivan	St Marys Mallow	39.57
2014	Kayleigh Cronin	St Brigets Killarney	40.03
2015	Kayleigh Cronin	St Brigets Killarney	41.11
2016	Aoife Doyle	Intermediate School Killorglin	36.28
2017	Angharad Loughnane	Gaelcholaiste Luimnigh	36.30
2018	Martha Quain	Colaiste an Chroi Naofa Carraig na bhFear	30.00
2019	Martha Quain	Colaiste an Chroi Naofa Carraig na bhFear	36.24

Senior Girls Hammer (4kg)

1999	Claire Akers	Scariff CC	39.42
2000	Sonia Tutty	Mercy Waterford	35.47
2001	Marie Conroy	St Augustines Dungarvan	32.07
2002	Rachel Akers	Scariff CC	50.90
2003	Rachel Akers	Scariff CC	50.11
2004	Rachel Akers	Scariff CC	48.87
2005	Ann Marie Cronin	Colaiste Choilm Ballincollig	44.37
2006	Ann Marie Cronin	Colaiste Choilm Ballincollig	45.06
2007	Katie O'Shea	Presentation Milltown	40.70
2008	Maria Flynn	Presentation Milltown	38.86
2009	Cara Kennedy	St Declans CC Kilmacthomas	42.93
2010	Megan Moynihan	St Marys Macroom	38.00
2011	Cara Kennedy	Central Technical Institute Waterford	53.87
2012	Maureen O'Neill	Colaiste Treasa Kanturk	46.71
2013	Maureen O'Neill	Colaiste Treasa Kanturk	49.51

2014	Alice Akers	Scariff CC	52.97
2015	Alice Akers	Scariff CC	55.07
2016	Aoife Vaughen Witts	Borrisokane CC	48.40
2017	Jade O'Farrell Bond	Borrisokane CC	40.36
2018	Leanne Cronin	Killorglin CC	32.05
2019	Leanne Cronin	Brookfield College Tralee	33.96

Senior Girls Javelin (600g)

1970	Freddie Cooney	St Michaels Clonmel	19.10
1971	T Stritch	Loreto Fermoy	15.75
1972	Mary O'Flynn	Colaiste Muire Ennis	27.58
1973	Marie Flynn	Loreto Fermoy	29.21
1974	Marie Flynn	Loreto Fermoy	31.47
1975	Betty Looby	Mercy Cahir	28.62
1976	M Maher	Sacred Heart Roscrea	30.70
1977	M Maher	Sacred Heart Roscrea	36.24
1978	Patricia Walsh	SHM Ferrybank Waterford	36.94
1979	Mary Corbett	Scoil Carmel Limerick	31.98
1980	Mary Burke	Borrisokane VS	35.97
1981	Brenda Walsh	FCJ Laurel Hill Limerick	39.78
1982	Brenda Walsh	FCJ Laurel Hill Limerick	40.60
1983	Brenda Walsh	FCJ Laurel Hill Limerick	41.16
1984	Teresa Burke	Borrisokane VS	34.06
1985	Norma Leane	Presentation Listowel	31.32
1986	Brid Hallissey	SHM Ferrybank Waterford	30.56
1987	Mary T Real	Salesian Limerick	35.56
1988	Mary T Real	Salesian Limerick	36.88
1989	Mary T Real	Salesian Limerick	38.48
1990	Jocelyn Hanrahan	St Marys Limerick	39.18
1991	Jocelyn Hanrahan	St Marys Limerick	38.26
1992	Patricia Naughton	St Marys Nenagh	32.92
1993	Carol Costello	Scariff CC	30.00
1994	Catherine Burke	Borrisokane VS	32.84
1995	Catherine Burke	Borrisokane VS	32.90
1996	Leanne Tutty	Mercy Waterford	36.30
1997	Catherine Tiernan	Borrisokane CC	26.48
1998	Jackie Ryan	Intermediate School Killorglin	32.83
1999	Mary Dalton	Ursuline Waterford	27.23
2000	Kara McCarthy	St Marys Mallow	24.96
2001	Noreen O'Dwyer	Presentation Killarney	28.17
2002	Fiona O'Riordan	St Aloysius Cork	27.48
2003	Alva Madden	Salesian College Pallaskenry	22.72
2004	Catherine Grant	Ursuline Waterford	33.05
2005	Rose Twohig	Colaiste Treasa Kanturk	25.65
2006	Rachel Roche	Colaiste na Toibhirte Bandon	32.22

2007	Claire Flanagan	Pobalscoil na Trionoide Youghal	28.02
2008	Linda Njekwe	Colaiste Muire Ennis	26.86
2009	Claire Fitzgerald	Presentation Tralee	38.08
2010	Ailish Sheehan	Salesian Pallaskenry	35.72
2011	Jenny Murphy	St Marys Mallow	33.06
2012	Jenny Murphy	St Marys Mallow	35.12
2013	Patricia Curtin	Pobalscoil na Trionoide Youghal	32.87
2014	Lauren O'Mahoney	St Mary's Midleton	30.77
2015	Lauren O'Mahony	St Marys Midleton	32.30
2016	Orlaith O'Brien	Yeats College Waterford	43.19
2017	Orla O'Brien	Yeats College Waterford	39.47
2018	Meabh Ni-Dhalaigh	Gaelcholaiste Mhuire AG Cork	33.98
2019	Katie Moynihan	Gaelcholaiste Mhuire AG Cork	40.55

Senior Girls Combined Events

1992	Laura Dower	Ard Scoil na nDéise	1914
1993	Laura Dower	Ard Scoil na nDéise	
1994	Laura Dower	Ard Scoil na nDéise	1469
1995	Sandra Clancy	Ard Scoil na nDéise	2318
1996	Sandra Clancy	Ard Scoil na nDéise	2602
1997			
1998			
1999	Hazel Reck	Ballincollig CS	1944
2000	Louise Brent	Stella Maris Tramore	1492
2001	Dawn Kelly	St Aloysius Cork	1749
2002			
2003			
2004			
2005	Christina Broderick	Kinsale CS	2265
2006			
2007			
2008			
2009			
2010			
2011			
2012	Not Contested		
2013	Jessica O'Connor	Colaiste Muire Ennis	2021
2014	Grace McKenzie	Scoil Mhuire Crosshaven	2622
2015	Laoise Bennis	Hazelwood College Dromcollogher	1975
2016	Clíodhna Blake	Scoil Mhichíl Kilmihil	2416
2017	Vickie Cusack	Davis College Mallow	2914
2018	Not Contested		
2019	Emily O'Mahony	St Augustines	2912

Senior Girls 4X100m Relay

Medley Relay - 1 Junior + 1 Inter + 1 Senior (1969)

1969	Rochelle Cork	NT
1970	St Angelas Cork	54.4
1971	St Angelas Cork	53.0
1972	St Angelas Cork	52.7
1973	Ursuline Waterford	53.3
1974	Regina Mundi Cork	51.5
1975	Regina Mundi Cork	51.6
1976	Regina Mundi Cork	51.8
1977	Mercy Nenagh	51.8
1978	Mercy Nenagh	51.1
1979	Mercy Nenagh	52.2
1980	Mercy Nenagh	50.8
1981	St Marys Nenagh	50.2
1982	Mercy Nenagh	50.3
1983	St Marys Nenagh	50.1
1984	FCJ Laurel Hill Limerick	49.9
1985	Newtown School Waterford	51.0
1986	FCJ Laurel Hill Limerick	51.9
1987	St Marys Nenagh	52.0
1988	St Marys Nenagh	49.7
1989	Tarbert CS	49.9
1990	St Aloysius Carrigtwohill	52.4
1991	St Marys Nenagh	51.5
1992	Ard Scoil na nDeise Dungarvan	52.0
1993	Presentation Waterford	53.9
1994	Presentation Waterford	51.9
1995	St Marys Mallow	53.2
1996	Scoil Mhuire Carrick-on-Suir	51.2
1997	Scoil Mhuire Carrick-on-Suir	51.8
1998	Scoil Mhuire Carrick-on-Suir	51.0
1999	St Aloysius Carrigtwohill	51.8
2000	St Aloysius Carrigtwohill	51.5
2001	St Aloysius Carrigtwohill	51.0
2002	St Marys Midleton	51.80
2003	Christ King Cork	55.90
2004	Presentation Tralee	54.83
2005	Ursuline Thurles	58.54
2006	Mercy Waterford	50.04
2007	Ursuline Waterford	52.44

2008	Crescent Comprehensive SJ Limerick	51.99
2009	St Marys Newport	52.76
2010	Presentation Tralee	51.73
2011	Presentation Tralee	53.33
2012	Crescent Comprehensive SJ Limerick	50.54
2013	Crescent Comprehensive SJ Limerick	51.90
2014	Stella Maris Tramore	51.95
2015	Mercy Mount Hawk Tralee	51.28
2016	Mercy Mount Hawk Tralee	52.64
2017	Mercy Mount Hawk Tralee	49.24
2018	Castletroy College Limerick	49.90
2019	Mount Mercy Cork	54.21

Senior Girls 4 X 300m Relay

2017	Castletroy College Limerick	2.59.22
2018	Mercy Mount Hawk Tralee	2.56.56
2019	Mercy Mount Hawk Tralee	2.54.69

Senior Girls Cross Country - Individual

1970	Nuala Bowe	Sacred Heart Thurles
1971	Nuala Bowe	Presentation Thurles
1972	Marie Buckley	Mercy Kinsale
1973	Marie Buckley	Mercy Kinsale
1974	Catherine Hourihan	Mercy Macroom
1975	Cushla Murphy	St Josephs Tulla
1976	Gretta Hartnett	St Mary's Midleton
1977	Mary Dempsey	Loreto Youghal
1978	Mary Dempsey	Loreto Youghal
1979	Mairead Cotter	St Josephs Abbeyfeale
1980	Mairead Cotter	St Josephs Abbeyfeale
1981	Mairead Cotter	St Josephs Abbeyfeale
1982	Mary English	Scoil Chriost Rí Cahir
1983	Mary Martin	Tipperary VS
1984	Patricia Logan	St Marys Limerick
1985	Patricia Logan	St Nessans Limerick
1986	Mairead Looney	St Aloysius Cork
1987	Sonia O'Sullivan	Cobh VS
1988	Mairead Looney	St Aloysius Cork
1989	Eve Watson	St Marys Charleville
1990	Christine Geoghegan	St Nessans Limerick
1991	Christine Geoghegan	St Nessans Limerick
1992	Angela Murphy	St Marys Midleton
1993	Angela Murphy	St Marys Midleton

1994	Noelle Kelly	Colaiste Muire Ennis
1995	Maria Treacy	St Aloysius Carrigtwohill
1996	Terri Hennessy	St Marys Midleton
1997	Terri Hennessy	St Colmans CC Midleton
1998	Olga Cronin	St Colmans CC Midleton
1999	Olga Cronin	St Colmans CC Midleton
2000	Roisin Quinn	Ursuline Waterford
2001	Roisin Quinn	Ursuline Waterford
2002	Niamh Walsh	St Marys Midleton
2003	Aoife McCarthy	Nagle Rice Doneraile
2004	Maria Hally	Ursuline Waterford
2005	Laura Crowe	Presentation Tralee
2006	Karen English	St Pauls Waterford
2007	Albhie Carragher	St Annes CC Killaloe
2008	Lorraine McCarthy	St Augustines Dungarvan
2009	Niamh Ryan	Abbey CC Waterford
2010	Orlagh Farmer	St Marys Midleton
2011	Amy O'Donoghue	Villiers School Limerick
2012	Bronagh Croke	Crescent Comprehensive SJ Limerick
2013	Jessica Coyne	Crescent Comprehensive SJ Limerick
2014	Niamh Cotter	Colaiste Pobail Bantry
2015	Rhona Pierce	St Angelas Cork
2016	Fiona Everard	Maria Immaculata CC Dunmanway
2017	Stephanie Cotter	Coachford College
2018	Laura Hayes	Loreto Fermoy
2019	Laura Nicholson	Bandon Grammar School
2020	Lucy Holmes	Ard Scoil na nDeise Dungarvan

Senior Girls Cross Country - Team

1970	Scoil Mhuire Cork	10pts
1971	Presentation Thurles	9pts
1972	Loreto Fermoy	15pts
1973	Loreto Fermoy	12pts
1974	Mount Mercy Cork	13pts
1975	St Mary's Rathmore	13pts
1976	St Mary's Midleton	9pts
1977	St Mary's Midleton	28pts
1978	Loreto Youghal	13pts
1979	St Mary's Limerick	44pts
1980	St Josephs Abbeyfeale	12pts
1981	St Josephs Abbeyfeale	22pts
1982	Presentation Limerick	19pts
1983	Ennis VS	27pts
1984	Ennis VS	31pts
1985	St Nessans Limerick	27pts

1986	Scariff CC	40pts
1987	Scariff CC	32pts
1988	Ennis VS	20pts
1989	Colaiste Muire Ennis	32pts
1990	St Nessans Limerick	20pts
1991	St Nessans Limerick	30pts
1992	St Marys Midleton	15pts
1993	St Marys Midleton	22pts
1994	Colaiste Muire Ennis	38pts
1995	North Monastery CBS Cork	35pts
1996	Our Ladys Templemore	20pts
1997	Presentation Thurles	38pts
1998	St Colmans CC Midleton	22pts
1999	St Marys Charleville	11pts
2000	St Marys Charleville	18pts
2001	St Josephs Tulla	30pts
2002	St Michaels CC Kilmihil	26pts
2003	Loreto Youghal	31pts
2004	Ursuline Thurles	14pts
2005	Ursuline Thurles	18pts
2006	Ursuline Thurles	24pts
2007	Colaiste Treasa Kanturk	26pts
2008	Ursuline Waterford	15pts
2009	Ursuline Waterford	15pts
2010	Ursuline Thurles	20pts
2011	Presentation Thurles	31pts
2012	Ursuline Waterford	53pts
2013	Loreto Clonmel	20pts
2014	Ursuline Thurles	20pts
2015	Loreto Clonmel	23pts
2016	Ursuline Thurles	46pts
2017	Presentation Thurles	27pts
2018	Waterpark College Waterford	30pts
2019	St Angelas Waterford	30pts
2020	St Angelas Waterford	39pts

Intermediate Boys 100m 100yds (1931 - 1969)

1931 T Harte	Limerick CBS	11.8	
1937 Thomas Kelly	Rockwell College	10.5	
1938 Hugo Flinn	Christian Brothers College Cork	11.0	
1939 Noel O'Mahony	Christian Brothers College Cork	10.8	
1940 D O'Flaithbhin	St Colmans Fermoy	11.0	
1941 Joe Kelly	Farranferris Cork		
1947 S MacGabhann	St Flannans Ennis	11.2	
1948 John O'Donovan	Christian Brothers College Cork	10.7	
1949 Dan Hurley	Christian Brothers College Cork	11.0	
1950 Michael Manning	Rockwell College	11.0	
1951 Frederick Foster	Rockwell College	10.6	
1952 J Lane	Presentation Brothers Cork	11.1	
1953 P O'Sullivan	Sullivans Quay Cork	10.4	
1954 Liam Fennessy	High School Clonmel	10.6	
1955 Cashel Riordan	Christian Brothers College Cork	11.0	
1956 Wyndham Williams	Christian Brothers College Cork	10.5	
1957 Liam Silke	Mungret College Limerick	11.0	
1958 Tom Fitzgerald	Salesian Pallaskenry	10.4	
1959 Danny Murphy	Limerick CBS	10.9	
1960 Danny Murphy	Limerick CBS	10.8	
1961 Joe Cumiskey	Rockwell College	10.3	Tie
1961 Rory Delaney	Christian Brothers College Cork	10.3	Tie
1962 Brian Murphy	Sullivans Quay Cork	10.3	

1963	Pat Shepherd	Presentation Brothers Cork	10.6	
1964	Jim Walsh	Presentation Brothers Cork	10.5	
1965	Dermot Gibson	Christian Brothers College Cork	11.0	
1966	Pat Daly	Colaiste Chriost Ri Cork	11.0	
1967	Joe Barry	Colaiste Chriost Ri Cork	10.8	
1968	Gary Coughlan	North Monastery CBS Cork	10.6	
1969	F O'hAonghusa	Ennis CBS	10.4	
1970	Robert Wilmot	Bandon VS	11.8	
1971	Dermot Browne	Rockwell College	11.7	
1972	Sean Reidy	Crescent Comprehensive SJ Limerick	11.0	
1973	Moss Finn	Presentation Brothers Cork	11.9	
1974	Moss Finn	Presentation Brothers Cork	11.7	
1975	Denis Collins	Rockwell College	11.3	
1976	Jim Crotty	Christian Brothers College Cork	11.4	
1977	Owen Crotty	Christian Brothers College Cork	11.6	
1978	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.3	
1979	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.8	
1980	Tom O'Mahony	Dingle CBS	11.1	
1981	Paul Sheedy	Midleton College	11.4	
1982	Niall McCann	Colaiste an Spioraid Naoimh Bishopstown	11.4	
1983	Paul O'Regan	Colaiste Chriost Ri Cork	11.1	
1984	Michael Kelly	Borrisokane VS	11.2	
1985	Kenneth Horgan	Midleton CBS	11.1	
1986	Niall Boland	Presentation Brothers Cork	11.7	
1987	John Corr	Presentation Brothers Cork	11.4	
1988	Alan McCarthy	Midleton CBS	11.4	
1989	Carlton Haddock	Colaiste Chriost Ri Cork	11.0	
1990	Joey Murphy	Roscrea VS	11.1	
1991	David Leahy	Douglas CS	11.4	
1992	Jeff Casey	Presentation Brothers Cork	11.0	
1993	Jeff Casey	Presentation Brothers Cork	11.0	
1994	Tony Dunne	Thurles CBS	11.0	
1995	Tony Dunne	Thurles CBS	11.5	
1996	Diarmuid McCarthy	North Monastery CBS Cork	11.1	
1997	Kevin Bourke	St Munchins Limerick	11.1	
1998	Darren Coughlan	Hamilton High School Bandon	11.1	
1999	Darren Coughlan	Hamilton High School Bandon	11.2	
2000	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	11.0	
2001	John O'Sullivan	Colaiste an Spioraid Naoimh Bishopstown	11.1	
2002	Tony Barnett	Mercy Mount Hawk Tralee	11.2	
2003	Greg O'Leary	Glanmire CC	11.70	
2004	Patrick Phelan	Tralee CBS	11.62	
2005	Eoin Hannon	Our Ladys Templemore	11.49	
2006	Chris Russell	Waterpark College Waterford	11.42	
2007	Ben McGilton	Mercy Mount Hawk Tralee	11.49	
2008	Nathan Jege	St Caimins CS Shannon	11.33	1.7
2009	Clive Kennington	Newtown School Waterford	11.85	
2010	Greg O'Shea	Crescent Comprehensive SJ Limerick	11.38	3.0

2011	Greg O'Shea	Crescent Comprehensive SJ Limerick	11.81	-3.8
2012	Brandon Arrey	Davis College Mallow	11.44	2.4
2013	Ray Walsh	Davis College Mallow	11.03	2.9
2014	Joey Henchy	Bandon Grammar School	11.81	
2015	Tony Odubote	Rice College Ennis	11.50	
2016	Tony Odubote	Rice College Ennis	12.02	-6.0
2017	Shaun Benson	St Flannans Ennis	11.14	1.2
2018	Cillian Griffin	Mercy Mount Hawk Tralee	11.14	0.3
2019	Mervyn Shalemba	Mercy Mount Hawk Tralee	11.05	0.5

Intermediate Boys 200m 220yds (1931 - 1969)

1931	J Moloney	Tipperary CBS	26.8
1937	Thomas Kelly	Rockwell College	24.7
1938	S O'Bairncain	North Monastery CBS Cork	25.3
1939	Noel O'Mahony	Christian Brothers College Cork	24.9
1940	Noel O'Mahony	Christian Brothers College Cork	
1941	Joe Kelly	Farranferris Cork	
1947	Declan Bennett	Presentation Brothers Cork	25.3
1948	Finbarr Gallagher	Rockwell College	24.5
1949	Dan Hurley	Christian Brothers College Cork	25.8
1950	Michael O'Shea	Mungret College Limerick	24.8
1951	Brian Coffey	Christian Brothers College Cork	24.0
1952	J Lane	Presentation Brothers Cork	24.9
1953	M Murphy	Sullivans Quay Cork	26.0
1954	Michael McLoughlin	De La Salle Waterford	24.3
1955	Cashel Riordan	Christian Brothers College Cork	25.0
1956	Paul Sanquest	Christian Brothers College Cork	24.6

1957	Liam Silke	Mungret College Limerick	24.7
1958	Tom Fitzgerald	Salesian Pallaskenry	24.0
1959	T Potts	Colaiste Muire Douglas	24.6
1960	Vivian O'Callaghan	De La Salle Waterford	24.4
1961	Joe Cumiskey	Rockwell College	24.3
1962	Brian Murphy	Sullivans Quay Cork	23.7
1963	Pat Shepherd	Presentation Brothers Cork	24.3
1964	Jim Walsh	Presentation Brothers Cork	24.4
1965	James Sorenson	Christian Brothers College Cork	23.8
1966	Gerry Hayes	Nenagh CBS	24.9
1967	Joe Barry	Colaiste Chriost Ri Cork	23.1
1968	Gary Coughlan	North Monastery CBS Cork	23.8
1969	F O'hAonghusa	Ennis CBS	24.7
1970	Robert Wilmot	Bandon VS	24.3
1971	Dermot Browne	Rockwell College	24.2
1972	Sean Reidy	Crescent Comprehensive SJ Limerick	23.0
1973	Moss Finn	Presentation Brothers Cork	23.2
1974	Moss Finn	Presentation Brothers Cork	23.2
1975	Jim Crotty	Christian Brothers College Cork	22.8
1976	Jim Crotty	Christian Brothers College Cork	23.6
1977	Owen Crotty	Christian Brothers College Cork	23.4
1978	Paul O'Brien	Crescent Comprehensive SJ Limerick	22.9
1979	Paul O'Brien	Crescent Comprehensive SJ Limerick	24.1
1980	Tom O'Mahony	Dingle CBS	22.5
1981	Paul Sheedy	Midleton College	23.2
1982	Paul O'Regan	Scoil Eoin Naofa Cork	23.0
1983	Paul O'Regan	Colaiste Chriost Ri Cork	22.5
1984	Aidan O'Regan	Colaiste Chriost Ri Cork	23.6
1985	Ger Lally	St Brogans Bandon	22.2
1986	Alan Cluney	St Pauls Waterford	23.0
1987	Danny O'Brien	St Marys Newport	22.9
1988	Alan McCarthy	Midleton CBS	23.3
1989	Carlton Haddock	Colaiste Chriost Ri Cork	22.6
1990	Carlton Haddock	Colaiste Chriost Ri Cork	23.0
1991	David Leahy	Douglas CS	23.1
1992	ColmStack	Youghal CBS	23.0
1993	Brian Liddy	Glenstal Abbey School	23.6
1994	Tony Dunne	Thurles CBS	22.5
1995	Tony Dunne	Thurles CBS	23.1
1996	Diarmuid McCarthy	North Monastery CBS Cork	22.8
1997	Kevin Bourke	St Munchins Limerick	23.3
1998	Jer O'Donoghue	St Brendans Killarney	22.6
1999	Darren Coughlan	Hamilton High School Bandon	21.6
2000	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	22.2
2001	Maurice Donoghue	De La Salle Waterford	22.7
2002	Tony Barnett	Mercy Mount Hawk Tralee	22.6
2003	Greg O'Leary	Glanmire CC	23.09
2004	Garry Dunphy	St Pauls Waterford	23.66

2005	Billy Henchy	Bandon Grammar School	23.14	
2006	Chris Russell	Waterpark College Waterford		
2007	Fergus Hannon	Colaiste Phobal Roscrea	23.44	
2008	Conall O'Callaghan	St Brendans Killarney	23.52	-0.1
2009	David Killeen	Colaiste an Spioraid Naoimh Bishopstown		
2010	Greg O'Shea	Crescent Comprehensive SJ Limerick	22.76	-0.6
2011	Greg O'Shea	Crescent Comprehensive SJ Limerick	23.93	-5.3
2012	Billy Cosgrave	Castletroy College Limerick	23.27	
2013	Ray Walsh	Davis College Mallow	22.66	1.7
2014	Joey Henchy	Bandon Grammar School	23.52	-3.2
2015	Jamie Mitchell	Ard Scoil Ris Limerick	22.73	1.5
2016	Sean McCarthy	John The Baptist Hospital	23.78	-4.8
2016	Conor Morey	Presentation Brothers Cork	23.78	-4.8
2017	Colin Doyle	Presentation Brothers Cork	22.72	-2.5
2018	Mervyn Shalemba	Mercy Mount Hawk Tralee	22.57	0.0
2019	Diro Lawal	Castletroy College Limerick	22.17	2.7

Intermediate Boys 400m 440yds (1931)

1931	Tomas McCurtain	Christian Brothers College Cork	58.6	
1970	Tim Crowe	St Flannans Ennis	53.9	
1971	John Casey	De La Salle Waterford	55.1	
1972	Dominic O'Donovan	Colaiste Chriost Ri Cork	53.0	
1973	Jimmy Bowen	Presentation Brothers Cork	53.6	
1974	Jimmy Bowen	Presentation Brothers Cork	51.3	
1975	Eamonn McKeown	Tipperary VS	51.6	
1976	Adrian Barry	St Flannans Ennis	51.9	
1977	Donagh Cronin	Millstreet CS	51.8	

1978	Michael Lynch	Limerick CBS	51.7
1979	Terry Comiskey	Colaiste Chriost Ri Cork	55.1
1980	Terry Comiskey	Colaiste Chriost Ri Cork	52.0
1981	L McLoughlin	Tramore CBS	52.2
1982	J Moriarty	Tramore CBS	51.8
1983	P Flynn	St Pauls Waterford	50.9
1984	Barry Walsh	North Monastery CBS Cork	51.4
1985	Aidan O'Regan	Colaiste Chriost Ri Cork	51.2
1986	Alan Cluney	St Pauls Waterford	50.5
1987	Danny O'Brien	St Marys Newport	50.1
1988	Cormac McNamara	Ard Scoil Ris Limerick	51.2
1989	Owen O'Sullivan	Millstreet CS	52.2
1990	Brian Kiely	Scoil Mhuire Gan Smal Blarney	51.5
1991	Daniel Lawson	Ashton School Cork	52.0
1992	Kenneth Hennessy	St Aidans CC Cork	51.3
1993	Brian Liddy	Glenstal Abbey School	53.1
1994	A Morrissey	Colaiste an Spioraid Naoimh Bishopstown	52.6
1995	Michael Esmonde	Thurles CBS	51.6
1996	Denis Murphy	Mayfield Community School	51.1
1997	Thomas Quaid	Dromcollogher CC	51.1
1998	Tony Lilly	Colaiste Choilm Ballincollig	51.1
1999	Ronan Harris	Bandon Grammar School	50.8
2000	Paul Grant	Mount Sion Waterford	52.5
2001	Cathal Hannon	Our Ladys Templemore	52.4
2002	Cathal Hannon	Our Ladys Templemore	52.3
2003	Barry Upton	St Pauls Waterford	52.93
2004	Garry Dunphy	St Pauls Waterford	53.42
2005	David McCarthy	St Augustines Dungarvan	51.50
2006	Finbarr Horgan	High School Clonmel	52.67
2007	Cathal Owens	Glanmire CC	50.33
2008	Padraig Whelan	St Michaels Listowel	54.01
2009	Luke O'Keeffe	Mount Mount Hawk Tralee	52.88
2010	James Green	Comeragh College Carrick-on-Suir	50.75
2011	Robert O'Halloran	Rochestown College	53.57
2012	Evan Crotty	Castletroy College Limerick	51.68
2013	Brandon Array	Davis College Mallow	51.83
2014	Scott Gibson	Bandon Grammar School	49.46
2015	Jamie Mitchell	Ard Scoil Ris Limerick	50.69
2016	Tony Odubote	Rice College Ennis	51.49
2017	Jack Pender	High School Clonmel	52.23
2018	Jake Bagge	Ard Scoil na Mara Tramore	52.03
2019	Rory Prendeville	John The Baptist Hospital	51.79

Intermediate Boys 800m 880yds (1958 - 1969)

1958	Jerry Murray	Presentation Brothers Cork	2.14.5
1959	Richard O'Keeffe	Christian Brothers College Cork	2.27.0
1960	John Cummins	St Augustines Dungarvan	2.10.5
1961	P McCarthy	Rochestown College	2.04.7
1962	William Frawley	St Flannans Ennis	2.07.8
1963	William Frawley	St Flannans Ennis	2.13.7
1964	Jim Leahy	Rockwell College	2.05.6
1965	Ger McKeown	Limerick CBS	2.08.4
1966	K Collins	Colaiste Chriost Ri Cork	2.08.0
1967	Joe Adams	Limerick CBS	2.06.7
1968	Tossie O'Brien	St Colmans Fermoy	2.01.9
1969	Bernard Lynch	Farranferris Cork	2.07.2
1970	Pat Dineen	St Colmans Fermoy	2.05.0
1971	Tom Jordan	Mount Sion Waterford	2.05.4
1972	Niall O'Shaughnessy	St Munchins Limerick	2.02.5
1973	Paul O'Connor	St Colmans Fermoy	2.03.9
1974	Paul O'Connor	St Colmans Fermoy	2.00.6
1975	Eamonn McKeown	Tipperary VS	1.59.1
1976	William Hogan	Nenagh CBS	2.03.9
1977	Frank O'Mara	St Munchins Limerick	2.01.8
1978	Michael Lynch	Limerick CBS	2.00.3
1979	Martin Fitzgerald	Limerick CBS	2.05.9
1980	Terry Comiskey	Colaiste Chriost Ri Cork	1.59.3
1981	Kieran Mullins	De La Salle Waterford	2.04.2
1982	Bernard O'Sullivan	Colaiste Chriost Ri Cork	2.04.3
1983	Martin Harte	Bandon Grammar School	2.02.5
1984	John Downes	St Pauls Kilfinane	1.56.9
1985	Bill Mullaney	Thurles CBS	2.00.8
1986	Anthony O'Keeffe	Colaiste Chriost Ri Cork	1.59.3
1987	Anthony O'Keeffe	Colaiste Chriost Ri Cork	1.56.5
1988	Cormac McNamara	Ard Scoil Ris Limerick	1.59.0
1989	Owen O'Sullivan	Millstreet CS	2.00.1
1990	Oliver Power	De La Salle Waterford	1.59.5
1991	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	2.01.1
1992	Derek McCarthy	Tralee CBS	2.01.6
1993	David Coade	North Monastery CBS Cork	2.05.1
1994	David Coade	North Monastery CBS Cork	1.59.9
1995	Denis Murphy	Mayfield Community School	2.02.4
1996	Denis Murphy	Mayfield Community School	1.56.9
1997	Thomas Quaid	Dromcollogher CC	1.59.8
1998	Shane O'Shaughnessy	Mayfield Community School	1.56.5
1999	Paul Grant	Mount Sion Waterford	1.57.9
2000	Paul Grant	Mount Sion Waterford	1.59.7
2001	James Ledingham	St Augustines Dungarvan	2.01.0
2002	Niall O'Mahony	St Brendans Killarney	2.02.2
2003	Brian Markham	St Flannans Ennis	2.05.06
2004	David McCarthy	St Augustines Dungarvan	1.55.81



2005	David McCarthy	St Augustines Dungarvan	1.53.39
2006	Niall Tuohy	Newtown School Waterford	1.56.69
2007	Keith Maher	Nenagh CBS	2.01.58
2008	Michael O'Sullivan	McEgan CC Macroom	2.01.20
2009	Dean Cronin	Colaiste an Phiarsaigh Glanmire	2.02.37
2010	Dean Cronin	Colaiste an Phiarsaigh Glanmire	1.59.81
2011	David Kavanagh	Mercy Mount Hawk Tralee	2.06.18
2012	David Kavanagh	Mercy Mount Hawk Tralee	1.59.14
2013	Liam Hennessy	Colaiste Chriost Ri Cork	1.58.03
2014	Matthew Murnane	Christian Brothers College Cork	2.01.92
2015	Conor O'Driscoll	Carrigaline CS	1.56.89
2016	Kieran Moloney	Thurles CBS	2.01.75
2017	Ben Deasy	St Flannans Ennis	2.00.58
2018	Jake Bagge	Ard Scoil na Mara Tramore	1.59.15
2019	Ted Collins	Glenstal Abbey School	1.59.20

Intermediate Boys 1500m



1 Mile (1969)

1969	Tony O'Leary	North Monastery CBS Cork	4.49.5
1970	Michael O'Shea	Limerick CBS	4.17.4
1971	Michael O'Shea	Limerick CBS	4.20.0
1972	Tony Ryan	Dungarvan CBS	4.09.8
1973	John Treacy	St Anns Cappoquin	4.14.3
1974	Dermot O'Leary	Colaiste Chriost Ri Cork	4.08.5
1975	Finbarr O'Leary	North Monastery CBS Cork	4.11.9
1976	Tommy Moloney	Thurles CBS	4.22.3
1977	Frank O'Mara	St Munchins Limerick	4.01.1
1978	Jim Sheehan	Nenagh CBS	4.17.3
1979	Tony Gilbert	North Monastery CBS Cork	4.21.4
1980	Gerard O'Callaghan	Christian Brothers College Cork	4.13.0
1981	Michael Kelleher	Colaiste Chriost Ri Cork	4.23.3
1982	Noel Stack	Listowel VS	4.09.8
1983	Michael Cotter	Macroom VS	4.14.5
1984	John Downes	St Pauls Kilfinane	4.01.6
1985	Bill Mullaney	Thurles CBS	4.12.7
1986	Stephen Murphy	St Munchins Limerick	4.13.0
1987	Frank Hanley	St Clements Limerick	4.04.6
1988	P J O'Rourke	St Marys Newport	4.16.5
1989	J Morrissey	Limerick CBS	4.16.1
1990	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.16.4
1991	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	4.07.5
1992	Oisin Crowley	Hamilton High School Bandon	4.17.8
1993	David Howard	Bishopstown CS	4.19.3
1994	Larry Morrissey	Waterpark College Waterford	4.02.4
1995	Graham O'Dwyer	Patrician Academy Mallow	4.09.2
1996	Enda Grandfield	Intermediate School Killorglin	4.11.2
1997	Joseph Hendry	De La Salle Waterford	4.16.7
1998	Shane O'Shaughnessy	Mayfield Community School	4.14.5
1999	Liam Reale	John The Baptist Hospital	4.09.0
2000	William Harty	St Johns Dungarvan	4.12.0
2001	Tadhg O'Callaghan	Colaiste Chriost Ri Cork	4.15.3
2002	Damian Dunlea	Colaiste Chriost Ri Cork	4.11.2
2003	Cathal Dennehy	Ard Scoil Ris Limerick	4.22.04
2004	Ciaran O'Lionaird	De La Salle Macroom	4.04.24
2005	Kevin Cooper	Waterpark College Waterford	4.11.08
2006	Niall Tuohy	Newtown School Waterford	4.04.89
2007	Keith Maher	Nenagh CBS	4.21.03
2008	Shane Quinn	De La Salle Waterford	4.00.45
2009	Shane Quinn	De La Salle Waterford	4.03.28
2010	Sean Tobin	High School Clonmel	4.15.10
2011	Chris Mintern	Colaiste Chriost Ri Cork	4.17.31
2012	David Kavanagh	Mercy Mount Hawk Tralee	4.16.38
2013	Kevin Mulcaire	St Flannans Ennis	4.17.22
2014	Kevin Mulcaire	St Flannans Ennis	4.04.17

2015	Jamie Roche	St Flannans Ennis	4.30.42
2016	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.17.40
2017	Darragh McElhinney	Coaiste Pobail Bantry	4.29.63
2018	Gavin Kenny	Hamilton High School Bandon	4.31.53
2019	Matteo Mary	St Declans CC Kilmacthomas	4.09.11

Intermediate Boys 3000m

1974	John Downey	Tipperary CBS	9.04.0
1975	Anthony O'Neill	North Monastery CBS Cork	9.06.4
1976	John Fitzgerald	Central Technical Institute Clonmel	8.57.8
1977	Brendan Quinn	De La Salle Waterford	9.02.3
1978	Marcus O'Sullivan	Colaiste Chriost Ri Cork	9.26.0
1979	Gerard O'Callaghan	Christian Brothers College Cork	9.23.9
1980	Gerard O'Callaghan	Christian Brothers College Cork	9.09.0
1981	Leonard O'Regan	Colaiste Chriost Ri Cork	9.16.4
1982	Donncha O'Mahony	Colaiste an Chroí Naofa Carraig na bhFear	9.02.2
1983	John Downes	St Pauls Kilfinane	9.07.3
1984	Kieran Curry	Colaiste an Spioraí Naoimh Bishopstown	9.10.0
1985	Stephen Mohan	Maria Immaculata Dunmanway	9.17.8
1986	Stephen Murphy	St Munchins Limerick	9.17.0
1987	Niall Collins	Boherbue Comprehensive School	9.10.6
1988	John Murray	Charleville VS	8.52.3
1989	John Murray	Charleville CBS	8.38.0
1990	Tommy Thompson	Limerick CBS	9.21.0
1991	David Healy	Douglas CS	9.00.3
1992	Padraig Buckley	Scoil Mhuire Kanturk	9.10.1
1993	Thomas Carey	Ard Scoil Ris Limerick	9.20.6
1994	Thomas Carey	Ard Scoil Ris Limerick	8.48.2
1995	Kieran Lynch	St Endas CS Limerick	9.25.7
1996	Dermot Galvin	St Josephs CC Kilkee	8.57.3
1997	Brian Keane	Presentation Brothers Cork	9.15.5
1998	Thomas Kennefick	Colaiste Choilm Ballincollig	9.17.9
1999	Niall Duncan	Douglas CS	8.55.3
2000	William Harty	St Johns Dungarvan	9.02.9
2001	Mark Lehane	Hamilton High School Bandon	9.12.4
2002	Diarmaid Collins	Midleton CBS	9.28.5
2003	William Hughes	Gaelscoil Mhuire Thurles	9.27.51
2004	Ferdia O'hAodha	St Augustines Dungarvan	9.30.73
2005	Gavin Downey	Tramore CBS	9.27.76
2006	Craig Murphy	Douglas CS	8.54.82
2007	Ryan Creech	Glanmire CC	9.02.22
2008	Ryan Creech	Glanmire CC	9.04.3
2009	Christopher O'Brien	Thurles CBS	9.10.04
2010	Philip Crowley	Glanmire CC	9.36.01
2011	Sean Tobin	High School Clonmel	8.53.37

2012	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	9.09.74
2013	Kevin Mulcaire	St Flannans Ennis	8.52.18
2014	Kevin Mulcaire	St Flannans Ennis	8.54.53
2015	Fearghal Curtin	Midleton CBS	8.57.76
2016	Patrick O'Rourke	Mary Immaculatel Lisdoonvarna	9.32.73
2017	Jake McCarthy	Pobalscoil na Trionoide Youghal	9.21.58
2018	Daire O'Sullivan	Colaiste an Chroi Naofa Carraig na bhFear	9.42.14
2019	Mark Hanrahan	St Flannans Ennis	9.12.64

Intermediate 100m Hurdles (91.4cm)

100yds (1962 - 1970)

1962	Jim Sheehy	De La Salle Macroom	15.6	
1963	Fergal Leahy	Crescent Comprehensive SJ Limerick	15.1	
1964	Michael Clifford	Colaiste Chriost Ri Cork	16.0	
1965	Tim O'Mahony	Colaiste Chriost Ri Cork	15.7	
1966	Joe Barry	Colaiste Chriost Ri Cork	15.3	
1967	John J Byrne	Rockwell College	16.2	
1968	Gearoid Bradley	Glenstal Abbey School	15.9	Tie
1968	G O'Brien	Crescent Comprehensive SJ Limerick	15.9	Tie
1969	Gearoid Bradley	Glenstal Abbey School	15.9	
1970	Simon Corballis	Glenstal Abbey School	15.4	
1971	Jim Hartnett	Colaiste Chriost Ri Cork	15.6	
1972	David Harrison	Newtown School Waterford	15.1	
1973	David Harrison	Newtown School Waterford	15.0	
1974	Sean Walsh	Tralee CBS	15.2	
1975	J Power	St Flannans Ennis	14.7	
1976	B Lynch	St Flannans Ennis	14.5	
1977	Denis Finnerty	Nenagh CBS	14.8	
1978	Paul Whelan	Nenagh CBS	13.9	
1979	Michael Morrissey	Nenagh CBS	15.6	
1980	Michael Morrissey	Nenagh CBS	14.3	
1981	Ger Horan	Colaiste Chriost Ri Cork	14.9	
1982	Daniel Kennefick	Ashton School Cork	14.0	
1983	Michael Nolan	Roscrea CBS	14.8	
1984	M Cleary	St Flannans Ennis	15.2	
1985	Colm Moran	Rockwell College	13.9	
1986	Leonard Waugh	Hamilton High School Bandon	14.9	
1987	Darren Haddock	Colaiste Chriost Ri Cork	13.9	
1988	David Sheehan	St Munchins Limerick	13.3	
1989	Carlton Haddock	Colaiste Chriost Ri Cork	13.4	
1990	Carlton Haddock	Colaiste Chriost Ri Cork	12.8	
1991	Colm Stack	Youghal CBS	13.8	
1992	Brian Long	Nenagh CBS	13.6	
1993	Melvin McNamara	Ard Scoil Ris Limerick	14.1	

1994	Derek Hayes	St Augustines Dungarvan	13.8	
1995	Paul O'Shea	Scoil Mhuire Bruff	15.1	
1996	Paul O'Shea	Scoil Mhuire Bruff	13.9	
1997	Timothy Flannery	Nenagh CBS	14.2	
1998	Timothy Flannery	Nenagh CBS	13.5	
1999	Brendan Doyle	De La Salle Waterford	14.2	
2000	Brendan Doyle	De La Salle Waterford	13.7	
2001	Shane Cullinane	Nenagh CBS	13.6	
2002	Chris Condon	Tralee CBS	13.9	
2003	Greg O'Leary	Glanmire CC	14.34	
2004	Ger Tobin	Tralee CBS	14.25	
2005	Eoin Hannon	Our Ladys Templemore	14.13	
2006	Christopher Murnane	Christian Brothers College Cork	15.09	
2007	Fergus Hannon	Colaiste Phobal Roscrea	14.29	
2008	Patrick Maher	Davis College Mallow	14.11	
2009	Clarence Kennedy	MountMount Hawk Tralee	14.86	
2010	Eoin Synnott	Colaiste Chiaran Croom	13.98	3.2
2011	Eoghan Courtney	Mercy Mount Hawk Tralee	15.75	-3.3
2012	Eoghan Courtney	Mercy Mount Hawk Tralee	14.35	1.1
2013	Sam Healy	Carrigaline CS	13.51	2.0
2014	Daniel Ryan	Thurles CBS	14.10	-4.2
2015	Daniel Ryan	Thurles CBS	13.54	2.0
2016	Shane Monagle	Ard Scoil na Mara Tramore	15.02	-3.9
2017	Darragh Miniter	Ennistymon CBS	14.18	-0.6
2018	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	13.88	-0.7
2019	James Sage	St Josephs Borriosleigh	14.29	1.7

Intermediate Boys 400m Hurdles (83.8cm)

1974	Killian Hurley	St Colmans Fermoy	60.5
1975	Adrian Barry	St Flannans Ennis	60.1
1976	Adrian Barry	St Flannans Ennis	56.8
1977	A O'Sullivan	St Munchins Limerick	60.1
1978	Eoin Nolan	Crescent Comprehensive SJ Limerick	60.3
1979	N Quinlivan	St Flannans Ennis	59.6
1980	Liam Looney	St Munchins Limerick	58.1
1981	Liam Looney	St Munchins Limerick	56.4
1982	Dan O'Donnell	Roscrea CBS	57.8
1983	Paul O'Regan	Colaiste Chriost Ri Cork	56.2
1984	Aidan O'Regan	Colaiste Chriost Ri Cork	59.1
1985	Aidan O'Regan	Colaiste Chriost Ri Cork	57.9
1986	Leonard Waugh	Hamilton High School Bandon	56.6
1987	Tom Hallihan	Bishopstown CS	59.5
1988	David Sheehan	St Munchins Limerick	56.7
1989	Simon Manahan	Newtown School Waterford	
1990	John Ryan	Colaiste an Spioraid Naoimh Bishopstown	60.1

1991	John Ryan	Colaiste an Spioraid Naoimh Bishopstown	56.3
1992	Brian Long	Nenagh CBS	55.4
1993	Kenneth Treacy	Midleton CBS	59.2
1994	Kenneth Treacy	Midleton CBS	57.9
1995	Brian Cullinane	Nenagh CBS	59.5
1996	J P O'Brien	St Flannans Ennis	57.7
1997	David Courtney	Ennis CBS	58.1
1998	John Ryan	High School Clonmel	59.3
1999	Kieran Hennessy	St Colmans CC Midleton	58.2
2000	James McCarthy	Midleton CBS	61.3
2001	James McCarthy	Midleton CBS	60.0
2002	Cathal Hannon	Our Ladys Templemore	58.8
2003	Denis Finnegan	St Brendans Killarney	59.05
2004	Ger Tobin	Tralee CBS	59.80
2005	Chris Russell	Waterpark College Waterford	61.48
2006	Alan Corcoran	De La Salle Waterford	58.08
2007	Alan Corcoran	De La Salle Waterford	
2008	Patrick Maher	Davis College Mallow	57.32
2009	Thomas Barr	De La Salle Waterford	57.09
2010	Ben Kiely	Tramore CBS	59.21
2011	Eoghan Courtney	Mercy Mount Hawk Tralee	60.65
2012	Eoghan Courtney	Mercy Mount Hawk Tralee	57.63
2013	Brandon Array	Davis College Mallow	57.56
2014	Laju Uwatse	Salesian Secondary College	60.67
2015	Diarmuid Clancy	Mean Scoil San Nicolas an Rinn	58.42
2016	Brian Lynch	Colaiste an Spioraid Naoimh Bishopstown	60.58
2017	Jake Vermeer	Comeragh College Carrick-on-Suir	56.32
2018	Shane Aherne	Rochestown College	58.96
2019	Harry Nevin	Rochestown College	57.94

Intermediate 1500m Steeplechase

1000m (1972 - 1973)

1972	Niall O'Shaughnessy	St Munchins Limerick	NT
1973	Peter Morgan	Mungret College Limerick	2.58.3
1974	Declan O'Mahony	Colaiste Chriost Ri Cork	4.35.7
1975	Finbarr O'Leary	North Monastery CBS Cork	4.31.9
1976	John Fitzgerald	Central Technical Institute Clonmel	4.36.5
1977	Brendan Quinn	De La Salle Waterford	4.25.2
1978	Dessie Doyle	Clonmel VS	4.38.7
1979	Ger Ryan	Crescent Comprehensive SJ Limerick	4.39.7
1980	Michael O'Dwyer	Salesian Pallaskenry	4.33.6
1981	Michael Kelleher	Colaiste Chriost Ri Cork	4.39.7
1982	Tadhg O'Brien	Midleton CBS	4.36.1
1983	Frank Conway	Intermediate School Killorglin	4.27.8

1984	Declan Gilbert	North Monastery CBS Cork	4.40.7
1985	Stephen Mohan	Maria Immaculata Dunmanway	4.49.3
1986	Alan Downing	Youghal CBS	4.35.9
1987	Ralf Neff	Colaiste Chriost Ri Cork	4.43.2
1988	Eddie Bourke	St Josephs Borrisoleigh	4.22.9
1989	Derry Fitzgerald	Midleton CBS	4.34.6
1990	Mark Stewart	Limerick CBS	4.41.0
1991	Andrew Kavanagh	North Monastery CBS Cork	4.43.7
1992	Karl Walsh	Colaiste Chriost Ri Cork	4.28.6
1993	John Mooney	Ard Scoil Ris Limerick	4.41.5
1994	John Mooney	Ard Scoil Ris Limerick	4.29.8
1995	G Brown	St Nessans Limerick	4.48.6
1996	Dermot Galvin	St Josephs CC Kilkee	4.39.4
1997	Kevin Barry	Mayfield Community School	4.41.7
1998	Liam Reale	John The Baptist Hospital	4.42.9
1999	Liam Reale	John The Baptist Hospital	4.30.8
2000	William Harty	St Johns Dungarvan	4.36.3
2001	Tommy Scanlon	St Flannans Ennis	4.40.0
2002	Philip Conway	Waterpark College Waterford	4.47.5
2003	Cathal Dennehy	Ard Scoil Ris Limerick	4.46.2
2004	Joe Fitzgerald	Midleton CBS	4.56.9
2005	Diarmuid O'Foghlu	St Augustines Dungarvan	4.49.9
2006	John Francis	Tramore CBS	4.42.1
2007	Seán Lewis	Glenstal Abbey School	5.01.83
2008	Cathal O'Connor	St Caimins CS Shannon	4.33.11
2009	Dara Chesser	CBS Sexton Street Limerick	4.43.40
2010	Danny Mullins	St Gobans CC Bantry	4.32.6
2011	Michael Carey	High School Clonmel	4.35.90
2012	Kyle Larkin	Ard Scoil Ris Limerick	4.37.08
2013	Eoghan McElhinney	Colaiste Pobail Bantry	4.44.71
2014	Seán Collins	St Flannans Ennis	4.41.84
2015	Jamie Roche	St Flannans Ennis	4.39.98
2016	Conor Devane	St Flannans Ennis	4.51.76
2017	Frank O'Brien	Midleton CBS	4.51.19
2018	Gavin Kenny	Hamilton High School Bandon	4.52.42
2019	Fionn Harrington	St Brogans Bandon	4.41.64

Intermediate Boys 2000m Walk

1981	Donnacha Brosnan	St Brendans Killarney	10.36.0
1982	Diarmuid Burke	Rockwell College	10.21.0
1983	William Walsh	Mount Sion Waterford	10.12.0
1984	John Mullins	North Monastery CBS Cork	10.09.0
1985	Seamus Brosnan	St Patricks Castleisland	10.17.2
1986	Seamus Brosnan	St Patricks Castleisland	9.40.0
1987	Stephen Jackson	North Monastery CBS Cork	9.43.0

1988	Frank Lynch	St Augustines Dungarvan	9.08.7
1989	Frank Lynch	St Augustines Dungarvan	8.52.9
1990	John Horan	Tarbert CS	NT
1991	Diarmuid Sheehy	Doon CBS	9.20.0
1992	Diarmuid Sheehy	Doon CBS	8.52.3
1993	Jamie Costin	Dungarvan CBS	8.50.3
1994	Colm O'Doherty	Ennistymon CBS	9.40.0
1995	Kevin Healy	St Augustines Dungarvan	11.17.0
1996	Eamonn Cashin	St Augustines Dungarvan	9.48.0
1997	Eamonn Cashin	St Augustines Dungarvan	10.08.0
1998	Christopher Coughlan	St Augustines Dungarvan	10.19.0
1999	Joseph O'Halloran	Causeway Comprehensive School	10.50.0
2000	Joseph O'Halloran	Causeway Comprehensive School	9.58.2
2001	Damien Carroll	St Josephs Tulla	11.40.0
2002	Brian Melican	St Michaels CC Kilmihil	NT
2003	Padraig Healy	St Augustines Dungarvan	11.20.8
2004	Paul Murphy	Villiers School Limerick	9.51.0
2005	Paul Murphy	Villiers School Limerick	9.03.0
2006	Niall Prenderville	Dingle CBS	10.04.9
2007	Niall Prenderville	Pobailscoil Chorca Dhuibne	
2008	Shane Dolan	Mercy Mount Hawk Tralee	10.02.1
2009	Joe Conway	St Augustines Dungarvan	9.10.09
2010	Luke Hickey	Colaiste Chriost Ri Cork	9.31.31
2011	Luke Hickey	Colaiste Chriost Ri Cork	10.10.9
2012	Evan Lynch	Gaelcholaiste Cheitinn Clonmel	8.07.74
2013	Aaron Egan	High School Clonmel	8.41.56
2014	Aaron Egan	High School Clonmel	7.56.93
2015	Gearoid McMahon	St Caimins CS Shannon	9.16.26
2016	Gearoid McMahon	St Caimins CS Shannon	8.51.38
2017	Liam McDonagh	Thurles CBS	9.42.51
2018	Not Contested		
2019	Ciaran O'Muirthile	Gaelcholaiste Mhuire AG Cork	10.03.73

Intermediate Boys High Jump

1931	P O'Donohoe	Aherlow	1.60	
1937	S Ryan	Presentation Brothers Cork	1.61	
1938	P Sheehan	North Monastery CBS Cork	1.44	
1939	S O'Caoimh	St Colmans Fermoy	1.47	
1940	D Linehan	Christian Brothers College Cork	1.60	Tie
1940	D Moroney	Presentation Brothers Cork	1.60	Tie
1941	Norman Fitzgerald	Rockwell College	1.57	
1947	G O'Cioisig	Kilrush CBS	1.52	
1948	Denis O'Connor	St Augustines Dungarvan	1.57	

1949	Eamonn O'Connor	Limerick CBS	1.63	
1950	E Cotter	Presentation Brothers Cork	1.55	
1951	Tom Gibson	Christian Brothers College Cork	1.63	
1952	Maurice Donegan	Presentation Brothers Cork	1.56	
1953	G Ryan	Limerick CBS	1.47	
1954	Edmund P Dwyer	Rockwell College	1.42	
1955	Finbarr O'Keeffe	De La Salle Waterford	1.63	
1956	Result Unknown			
1957	Ronnie Martin	Christian Brothers College Cork	1.55	
1958	Ray O'Callaghan	De La Salle Waterford	1.52	
1959	Pat Barry	De La Salle Waterford	1.57	
1960	Gerry Stokes	De La Salle Waterford	1.60	
1961	Jim Sheehy	De La Salle Macroom	1.63	
1962	Jim Sheehy	De La Salle Macroom	1.65	
1963	Gerry Lively	Rockwell College	1.55	
1964	M Claney	Rochestown College	1.60	
1965	John Fitzgibbon	North Monastery CBS Cork	1.65	
1966	Peadar O'Sullivan	De La Salle Waterford	1.70	
1967	Jerry Beckett	Sullivans Quay Cork	1.70	
1968	Sean O'Riordan	North Monastery CBS Cork	1.52	
1969	W Egan	St Munchins Limerick	1.65	
1970	John Cronin	Presentation Brothers Cork	1.55	
1971	Jim Hartnett	Colaiste Chriost Ri Cork	1.65	
1972	Jim Hartnett	Colaiste Chriost Ri Cork	1.66	
1973	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.80	
1974	Brendan Cronin	Colaiste an Spioraid Naoimh Bishopstown	1.83	
1975	Frank Sweeney	Ennis CBS	1.83	
1976	John Boylan	St Colmans Fermoy	1.80	
1977	Richard Lanigan	St Augustines Dungarvan	1.80	
1978	Willie Guiry	Patrician College Fethard	1.81	
1979	Willie Guiry	De La Salle Waterford	1.84	
1980	Liam Looney	St Munchins Limerick	1.91	
1981	Liam Looney	St Munchins Limerick	1.85	
1982	Michael Russell	Patrician Academy Mallow	1.86	
1983	Brendan Meagher	Nenagh CBS	1.80	
1984	Barry Walsh	Crescent Comprehensive SJ Limerick	1.79	
1985	John Naughton	Nenagh CBS	1.81	
1986	Ciaran Scully	Limerick CBS	1.75	Tie
1986	Padraig Connolly	Youghal CBS	1.75	Tie
1987	Padraig Connolly	Youghal CBS	1.87	
1988	Sean Noonan	Scoil Eoin Naofa Cork	1.86	
1989	P J Galvin	Killorglin CC	1.80	
1990	Peter Ruby	Patrician Academy Mallow	1.84	
1991	Peter Ruby	Patrician Academy Mallow	1.93	
1992	Antoine Burke	Crescent Comprehensive SJ Limerick	1.83	
1993	Garvan Keating	Nagle CC Mahon	1.60	Tie
1993	Derek Hayes	St Augustines Dungarvan	1.60	Tie
1993	Kenneth Treacy	Midleton CBS	1.60	Tie

1994	Kenneth Treacy	Midleton CBS	1.90
1995	John Moylan	Patrician Academy Mallow	1.65
1996	Conor Dillon	Nenagh CBS	1.80
1997	Michael Ruby	Patrician Academy Mallow	1.90
1998	Barry O'Brien	St Colmans CC Midleton	1.80
1999	Tomas Burke	Crescent Comprehensive SJ Limerick	1.81
2000	Brendan Doyle	De La Salle Waterford	1.70
2001	Shane Cullinane	Nenagh CBS	1.80
2002	Dara Foley	Tramore CBS	1.80
2003	Christopher Crowley	Colaiste Chriost Ri Cork	1.90
2004	Liam Maloney	Tralee CBS	1.79
2005	Sean Crowley	Colaiste Chriost Ri Cork	1.81
2006	Paul Culloty	Tralee CBS	1.75
2007	Michael Healy	Pobalscoil na Trionoide Youghal	1.75
2008	Michael Healy	Pobalscoil na Trionoide Youghal	1.94
2009	Shane O'Dwyer	Carrick-on-Suir CBS	1.70
2010	Kevin Hastings	Glenstal Abbey School	1.78
2011	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	1.85
2012	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	1.95
2013	Jack Murphy	Christian Brothers College Cork	1.85
2014	Yuri Kanash	St Augustines Dungarvan	1.75
2015	Dion Ryan	Waterpark College Waterford	1.75
2016	Joseph McEvoy	St Annes CC Killaloe	1.90
2017	Ben Donovan	Midleton College	1.90
2018	Daniel Greene	Kilrush CS	1.75
2019	Dean McCarthy	Nagle CC Mahon	1.70

Intermediate Boys Long Jump

1931	Tomas MacCurtain	Christian Brothers College Cork	5.56
1937	Billy Phelan	Waterpark College Waterford	6.10
1938	D Keating	St Colmans Fermoy	5.38
1939	J Blackwell	St Munchins Limerick	5.68
1940	J L Aherne	Rochestown College	5.87
1941	Joe Kelly	Farranferris Cork	5.99
1947	Declan Bennett	Presentation Brothers Cork	5.97
1948	Brian Murphy	Farranferris Cork	5.70
1949	Dan Hurley	Christian Brothers College Cork	5.37
1950	Brian Wood	Bandon Grammar School	5.91
1951	James Ennis	Glenstal Abbey School	5.80
1952	Maurice Donegan	Presentation Brothers Cork	5.84
1953	Luke Casey	Rockwell College	5.77
1954	Donal Lynch	Rockwell College	5.68
1955	S Reidy	High School Clonmel	5.72
1956	Owen Purcell	Glenstal Abbey School	5.82

1957	M O'Brien	Scoil Chriost Ri Cork	5.66
1958	Ray O'Callaghan	De La Salle Waterford	5.66
1959	P Ryan	Mount Melleray	5.73
1960	Frank Cogan	Colaiste Chriost Ri Cork	6.13
1961	Jim Sheehy	De La Salle Macroom	6.01
1962	Robert Widger	High School Clonmel	6.40
1963	John Reidy	St Munchins Limerick	5.55
1964	Brendan O'Sullivan	De La Salle Waterford	6.08
1965	Kevin Kidney	Presentation Brothers Cork	6.02
1966	Joe Barry	Colaiste Chriost Ri Cork	6.06
1967	Joe Barry	Colaiste Chriost Ri Cork	6.44
1968	S O'Luasa	Colaiste Iosagain Ballyvourney	5.91
1969	M Burke	De La Salle/Presentation Hospital	5.74
1970	Robert Wilmot	Bandon VS	6.08
1971	Sean Reidy	Crescent Comprehensive SJ Limerick	6.02
1972	Sean Reidy	Crescent Comprehensive SJ Limerick	6.25
1973	Colm Cronin	North Monastery CBS Cork	6.30
1974	Moss Finn	Presentation Brothers Cork	6.31
1975	Pat Kelly	Mount Sion Waterford	6.36
1976	Desmond Mullins	High School Clonmel	6.23
1977	Neil McCarthy	St Munchins Limerick	6.07
1978	Pat O'Halloran	Colaiste Muire Cobh	5.83
1979	Joe Kennedy	De La Salle Waterford	5.80
1980	Joe Kennedy	De La Salle Waterford	5.97
1981	A Cronin	St Brendans Killarney	5.95
1982	T Greene	St Flannans Ennis	6.12
1983	Michael Murphy	St Brendans Killarney	6.14
1984	Darragh Nolan	St Munchins Limerick	5.90
1985	John Naughton	Nenagh CBS	6.54
1986	N Cunningham	Patrician Academy Mallow	6.16
1987	J Justice	North Monastery CBS Cork	6.28
1988	Sean Noonan	Scoil Eoin Naofa Cork	6.24
1989	P J Galvin	Killorglin CC	6.18
1990	Michael Hallihan	Bishopstown CS	6.34
1991	Tito Duarte	De la Salle Macroom	6.60
1992	Fergal English	De La Salle Waterford	6.41
1993	Tim Pat O'Connor	St Munchins Limerick	6.69
1994	Brian Cullinane	Nenagh CBS	6.24
1995	Brian Cullinane	Nenagh CBS	5.94
1996	Eoin McGrath	De La Salle Waterford	6.10
1997	Paul Phelan	St Clements Limerick	6.48
1998	Paul Phelan	St Clements Limerick	6.40
1999	Brendan Doyle	De La Salle Waterford	5.84
2000	John Joy	St Itas Abbeyfeale	6.28
2001	Shane Cullinane	Nenagh CBS	6.49
2002	Paul O'Flynn	Scoil Mhuire Kanturk	6.23
2003	John Shanahan	Rathkeale CC	6.57
2004	Brendan O'Connor	Beara CS	6.26

2005	Eoin Hannon	Our Ladys Templemore	6.56	
2006	Niall Counihan	St Endas CS Limerick	6.51	
2007	Timmy Harrington	Kinsale CS	6.37	
2008	Nathan Jege	St Caimins CS Shannon	6.35	
2009	Roland Pika	CBS Sexton Street Limerick	6.03	
2010	Eoin O'Carroll	Mercy Mount Hawk Tralee	6.26	
2011	Eric Stam	Colaiste Choilm Ballincollig	6.47	
2012	Sam Healy	Carrigaline CS	6.45	
2013	Sam Healy	Carrigaline CS	6.46	-2.0
2014	Daniel Ryan	Thurles CBS	6.71	2.6
2015	Daniel Ryan	Thurles CBS	6.77	-0.5
2016	Joseph Miniter	Ennistymon CBS	6.49	
2017	David Ryan	Thurles CBS	6.50	-1.0
2018	Jake Costello	Comeragh College Carrick-on-Suir	6.38	
2019	Adam Turner	Colaiste Chriost Ri Cork	6.33	

Intermediate Boys Triple Jump

1970	Robert Wilmot	Bandon VS	12.42	
1971	Dermot Browne	Rockwell College	12.50	
1972	Jim O'Mahony	Colaiste Muire Douglas	12.37	
1973	Colm Cronin	North Monastery CBS Cork	13.41	
1974	David Murray	Colaiste an Spioraid Naoimh Bishopstown	12.80	
1975	Ger McLoughlin	Cobh VS	13.84	
1976	Desmond Mullins	High School Clonmel	12.75	
1977	Neil McCarthy	St Munchins Limerick	13.80	
1978	Eugene Ryan	St Colmans Fermoy	12.71	
1979	Eugene Ryan	St Colmans Fermoy	13.00	
1980	Paul MacGabhann	High School Clonmel	12.62	
1981	Brian Croke	Crescent Comprehensive SJ Limerick	11.97	
1982	Brian Croke	Crescent Comprehensive SJ Limerick	12.85	
1983	Richard Wilson	Newtown School Waterford	12.59	
1984	Darragh Nolan	St Munchins Limerick	12.57	
1985	Darragh Nolan	St Munchins Limerick	13.13	
1986	N Cunningham	Patrician Academy Mallow	12.52	
1987	D Willis	Mallow VS	12.57	
1988	Anthony O'Shea	De La Salle Waterford	12.51	
1989	P J Galvin	Killorglin CC	13.14	
1990	Jodie O'Dowd	Rockwell College	12.24	
1991	Joseph Naughton	Nenagh CBS	12.27	
1992	Jim Morrison	Rockwell College	12.15	
1993	David Murphy	De La Salle Waterford	12.22	
1994	David Murphy	De La Salle Waterford	13.42	
1995	Danny Meany	Thurles CBS	12.31	
1996	Eoin McGrath	De La Salle Waterford	12.77	
1997	John Windle	De La Salle Waterford	12.01	

1998	Padraig Cremin	Ard Scoil Phobail Bantry	12.76	
1999	Tom O'Dwyer	Thurles CBS	13.39	
2000	D Daly	St Nessans Limerick	11.42	
2001	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	11.96	
2002	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	12.39	
2003	Denis Finnegan	St Brendans Killarney	12.86	
2004	Kevin Harty	Dungarvan CBS	11.59	
2005	Tom Cross	Bandon Grammar School	12.16	
2006	Niall Counihan	St Endas CS Limerick	13.15	
2007	Timmy Harrington	Kinsale CS	12.81	
2008	Shane Prout	Scoil Ruain Killenaule	12.69	
2009	Niall McCarthy	Kinsale CS	11.45	
2010	Clarence Kennedy	Mercy Mount Hawk Tralee	13.01	
2011	Eoin O'Carroll	Mercy Mount Hawk Tralee	12.83	
2012	Darren Prout	Presentation Ballingarry	12.70	
2013	Darren Prout	Presentation Ballingarry	13.59	
2014	Tom Deasy	Carrigaline CS	11.64	-1.9
2015	Joseph Miniter	Kilrush CS	11.64	
2016	Joseph Miniter	Ennistymon CBS	11.73	
2017	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	12.71	
2018	Wymin Sivakumar	Colaiste an Spioraid Naoimh Bishopstown	13.50	
2019	Adam Turner	Colaiste Chriost Ri Cork	13.35	

Intermediate Boys Pole Vault

1937	DJ Kenneally	Waterpark College Waterford	2.24	
1938	P Healy	St Colmans Fermoy		
1939	P O'hEaluighthe	St Colmans Fermoy		
1940	Tadgh Barry	St Colmans Fermoy	2.26	
1941	Tadgh Barry	St Colmans Fermoy		
1947	Michael Ryan	St Colmans Fermoy	3.00	
1948	C O'Brien	North Monastery CBS Cork	2.64	
1949	Michael Dorman	Midleton College	2.59	
1950	Myles Fitzgerald	De La Salle Macroom	2.79	
1951	Myles Fitzgerald	De La Salle Macroom		

1952	P O'Hanlon	Castlemartyr College	
1953	F Morley	St Colmans Fermoy	2.64
1954	Eddie Casey	High School Clonmel	2.79
1955	Cecil Roddy	De La Salle Waterford	2.74
1956	William Lee	Rockwell College	2.82
1957	Pat McGrath	Rockwell College	2.44
1958	Pat McGrath	Rockwell College	2.90
1959	Louis Bermudez	Rockwell College	3.32
1960	Colman McSweeney	De La Salle Macroom	2.90
1961	Jim Sheehy	De La Salle Macroom	2.97
1962	Jim Sheehy	De La Salle Macroom	2.97
1963	David Connolly	Salesian Pallaskenry	2.97
1964	J Kelly	Mount Melleray	2.90
1965	Rodney Hecksher	Rockwell College	3.33
1966	John O'Brien	De La Salle Waterford	3.12
1967	David Booth	Glenstal Abbey School	3.12
1968	Seamus Humpston	Rockwell College	3.12
1969	Gearoid Bradley	Glenstal Abbey School	3.34
1970	John Cronin	Presentation Brothers Cork	3.10
1971	Donal Quinn	St Munchins Limerick	3.20
1972	Donal Quinn	St Munchins Limerick	3.35
1973	Liam Hennessy	St Augustines Dungarvan	3.27
1974	Liam Hennessy	St Augustines Dungarvan	3.73
1975	Liam Hennessy	St Augustines Dungarvan	4.04
1976	John J Robinson	Rockwell College	3.20
1977	John Hartnett	St Colmans Fermoy	3.30
1978	Tom Mannion	St Flannans Ennis	3.00
1979	Derek O'Shea	St Augustines Dungarvan	3.05
1980	Malachy Sheridan	Rockwell College	3.35
1981	Alan O'Connor	St Munchins Limerick	3.60
1982	Malachy Sheridan	Rockwell College	4.10
1983	Sean O'Duinneacha	Colaiste Chriost Ri Cork	3.60
1984	Alan Sharkey	Rockwell College	3.10
1985	Derrick Neff	Colaiste Chriost Ri Cork	3.30
1986	Derrick Neff	Colaiste Chriost Ri Cork	3.20
1987	Donagh Sheridan	Rockwell College	3.20
1988	Donagh Sheridan	Rockwell College	3.70
1989	John Hallissey	De La Salle Waterford	3.30
1990	James Finn	Rockwell College	3.10
1991	Antoine Burke	Crescent Comprehensive SJ Limerick	3.20
1992	Fergal English	De La Salle Waterford	3.40
1993	Eugene Fortune	Rockwell College	2.80
1994	Conleth Ryan	Rockwell College	3.15
1995	Mark Deevy	St Augustines Dungarvan	3.10
1996	Paul O'Sullivan	Colaiste Chriost Ri Cork	3.70
1997	Gary Hurney	St Augustines Dungarvan	2.40
1998	Eoin Naughton	Nenagh CBS	3.10
1999	Liam Houlihan	St Augustines Dungarvan	2.50

2000	Sean O'Sullivan	Colaiste Choilm Ballincollig	2.65
2001	Stephen Kett	St Augustines Dungarvan	
2002	Stephen Kett	St Augustines Dungarvan	2.70
2003	Pat Mulcahy	St Fanahans Mitchelstown	2.80
2004	Mark Barron	St Augustines Dungarvan	3.10
2005	Mark Barron	St Augustines Dungarvan	3.70
2006	Paul Culloty	Tralee CBS	3.00
2007	Thomas Houlihan	St Augustines Dungarvan	3.40
2008	Thomas Houlihan	St Augustines Dungarvan	3.60
2009	Tima Jesifov	St Augustines Dungarvan	3.00
2010	Martin Houlihan	St Augustines Dungarvan	3.40
2011	Jonthan Foley	Presentation Milltown	3.20
2012	Lee Curley	Pobalscoil na Trionoide, Youghal	3.60
2013	Seamie Fennell	St Augustines Dungarvan	3.60
2014	Yuri Kanash	St Augustines Dungarvan	4.10
2015	Ryan O'Neill	St Augustines Dungarvan	2.70
2016	Diarmuid Harty	St Augustines Dungarvan	3.40
2017	Diarmuid Harty	St Augustines Dungarvan	3.40
2018	Adam O'Dwyer	Thurles CBS	3.40
2019	Adam O'Dwyer	Thurles CBS	4.00

Intermediate Boys Shot Put (5kg)

7lb (1937 - 1956) 4kg (1957 - 1970)

1937	Thomas Kelly	Rockwell College	11.38
1938	Hugo Flinn	Christian Brothers College Cork	14.38
1939	W Burke	Rockwell College	14.35

1940	Aidan McHale	Presentation Brothers Cork	12.44
1941	J O'Sullivan	Castlemartyr College	14.31
1947	U O'Flynn	St Flannans Ennis	14.00
1948	P O'Brien	Christian Brothers College Cork	13.31
1949	B McCarthy	Midleton College	14.48
1950	B McMahon	St Flannans Ennis	12.88
1951	E Mahony	Rochestown College	14.08
1952	Pat Crowley	Presentation Brothers Cork	12.99
1953	Terence O'Callaghan	High School Clonmel	16.38
1954	Seamus Mullins	High School Clonmel	16.09
1955	Brian O'Callaghan	High School Clonmel	14.58
1956	Kevin Prendergast	Rockwell College	17.01
1957	M Curtin	Rochestown College	13.40
1958	Hugh O'Callaghan	High School Clonmel	15.58
1959	Anthony Egar	Rockwell College	15.08
1960	P Hickey	Rochestown College	13.36
1961	Sean Lomasney	Rochestown College	14.76
1962	Robert Widger	High School Clonmel	15.09
1963	Philip Conway	Rockwell College	14.78
1964	Philip Conway	Rockwell College	15.31
1965	Rodney Hecksher	Rockwell College	15.41
1966	Tim O'Connor	Glenstal Abbey School	13.61
1967	Pat Hartigan	Limerick CBS	15.71
1968	Conor O'Luasa	Colaiste Iosagain Ballyvourney	14.10
1969	Conor O'Luasa	Colaiste Iosagain Ballyvourney	14.07
1970	Brendan Jennings	Presentation Brothers Cork	14.87
1971	Hugh Maguire	Rockwell College	12.57
1972	Eoin O'Sullivan	Rockwell College	13.17
1973	Kevin Tyrrell	Mount Sion Waterford	15.11
1974	Joe Brice	St Augustines Dungarvan	14.86
1975	John Harte	St Colmans Fermoy	14.76
1976	Michael Power	Rockwell College	14.49
1977	Liam Lannen	Rockwell College	12.99
1978	Patrick McDonnell	Rockwell College	12.09
1979	Declan Hayes	Maria Immaculata Dunmanway	11.17
1980	Frank O'Brien	Dungarvan CBS	14.26
1981	Frank O'Brien	Dungarvan CBS	15.61
1982	David Williams	De La Salle Waterford	13.73
1983	Eddie Finn	Mallow VS	12.96
1984	Colm Moran	Rockwell College	15.34
1985	Colm Moran	Rockwell College	16.10
1986	Peter Galvin	St Augustines Dungarvan	13.43
1987	Michael Aherne	St Augustines Dungarvan	13.04
1988	Michael Aherne	St Augustines Dungarvan	14.85
1989	Patrick O'Leary	Colaiste an Spioraid Naoimh Bishopstown	14.30
1990	Pat Nangle	St Augustines Dungarvan	14.42
1991	John Mulkere	St Flannans Ennis	16.33

1992	Aidan Ahearne	St Augustines Dungarvan	14.88
1993	Jason Flynn	St Augustines Dungarvan	13.23
1994	Jason Flynn	St Augustines Dungarvan	15.65
1995	John Leahy	St Itas Abbeyfeale	15.54
1996	John Hobbs	Ashton School Cork	12.70
1997	John Hobbs	Ashton School Cork	13.78
1998	Robert Ford	St Flannans Ennis	13.90
1999	Geoffrey Mullins	Salesian Pallaskenry	15.39
2000	Jim Healy	High School Clonmel	12.15
2001	Eoin Leen	St Marys Tralee	18.36
2002	James Nagle	Intermediate School Killorglin	13.21
2003	Michael Hartnett	St Michaels Listowel	14.09
2004	Alan O'Connor	St Itas Abbeyfeale	13.86
2005	Daniel Clifford	Intermediate School Killorglin	12.25
2006	Daniel Clifford	Intermediate School Killorglin	13.51
2007	Dale Kennedy	Abbey CC Waterford	12.76
2008	Anton Katayev	St Clements Limerick	12.36
2009	Diarmuid Hickey	Carrigaline CS	12.73
2010	Sean McCarthy	Rockwell College	13.77
2011	Colin Kingston	Bandon Grammar School	12.72
2012	Colin Kingston	Bandon Grammar School	13.04
2013	Eoin Hanrahan	St Flannans Ennis	13.20
2014	James French	Bandon Grammar School	14.24
2015	James French	Bandon Grammar School	14.64
2016	Darragh Miniter	Kilrush CS	12.20
2017	Jack Ryan	Thurles CBS	14.80
2018	David Siegel	Tralee CBS	14.74
2019	Sean Mullarkey	Dungarvan CBS	11.15

Intermediate Boys Discus (1.5kg)

1966	Pat Hartigan	Limerick CBS	32.33	1kg
1967	Tim O'Connor	Glenstal Abbey School	34.29	
1968	Conor O'Luasa	Colaiste Iosagain Ballyvourney	34.52	
1969	Patrick Headon	Glenstal Abbey School	39.81	
1970	Joe Jeiter	Mungret College Limerick	38.13	
1971	M Furey	St Munchins Limerick	38.86	
1972	Aidan Molloy	Rockwell College	35.26	
1973	Colm Cronin	North Monastery CBS Cork	41.50	
1974	Joe Brice	St Augustines Dungarvan	43.10	
1975	Joe Brice	St Augustines Dungarvan	48.48	
1976	Tom Crotty	Christian Brothers College Cork	44.22	
1977	Denis McSweeney	St Augustines Dungarvan	43.15	
1978	David Kirwan	De La Salle Waterford	37.44	
1979	John J McNamara	Rockwell College	32.54	
1980	Frank O'Brien	Dungarvan CBS	49.42	
1981	Frank O'Brien	Dungarvan CBS	46.83	
1982	William Power	St Augustines Dungarvan	35.67	
1983	Michael O'Brien	Dungarvan CBS	38.20	
1984	Barry Walsh	Crescent Comprehensive SJ Limerick	42.32	
1985	Colm Moran	Rockwell College	45.58	
1986	Gabriel Fulcher	Rockwell College	39.98	
1987	Michael Aherne	St Augustines Dungarvan	42.26	
1988	Gerard Nagle	St Flannans Ennis	44.38	
1989	Cathal Behal	St Augustines Dungarvan	33.28	
1990	Pat Nangle	St Augustines Dungarvan	38.62	
1991	Mark Monaghan	De La Salle Waterford	40.80	
1992	Aidan Ahearne	St Augustines Dungarvan	39.26	
1993	Jason Flynn	St Augustines Dungarvan	32.02	
1994	Jason Flynn	St Augustines Dungarvan	42.96	
1995	Donal McNamara	Scariff CC	43.06	
1996	Brendan Burke	John the Baptist CS Hospital	38.84	
1997	Karl O'Keeffe	Colaiste Eoin Youghal	40.96	
1998	Robert Ford	St Flannans Ennis	38.02	
1999	Geoffrey Mullins	Salesian Pallaskenry	45.26	
2000	Jim Healy	High School Clonmel	37.28	
2001	Eoin Leen	St Marys Tralee	48.37	
2002	Kevin Downey	Mitchelstown CBS	35.16	
2003	Kevin Downey	Mitchelstown CBS	39.13	
2004	Alan O'Connor	St Itas Abbeyfeale	40.64	
2005	Daniel Clifford	Intermediate School Killorglin	31.98	
2006	Dale Kennedy	Abbey CC Waterford	42.74	
2007	Dale Kennedy	Abbey CC Waterford	40.93	
2008	Michael Healy	Pobalscoil na Trionoide Youghal	35.43	
2009	Diarmuid Hickey	Carrigaline CS	34.97	
2010	Jason Mullins	High School Clonmel	35.95	

2011	Andrew McCarthy	Pobail Scoil Sliabh Luachra	34.61
2012	Colin Kingston	Bandon Grammar School	35.59
2013	Eoin Hanrahan	St Flannans Ennis	42.51
2014	James Sheehan	Col an Chroi Naofa	33.69
2015	Eoghan Flynn	Dungarvan CBS	37.92
2016	Sean Mockler	Thurles CBS	43.55
2017	Sean Mockler	Thurles CBS	43.17
2018	Sean Carolan	St Marys Newport	41.87
2019	Ricky Carroll	St Colmans Fermoy	34.78

Intermediate Boys Hammer (5kg)

1971	Anthony Sinadinos	Rockwell College	28.71
1972	Stephen King	St Munchins Limerick	44.54
1973	John Hough	St Munchins Limerick	37.25
1974	Denis Healy	Thurles CBS	50.22
1975	Mark Lincheid	Rockwell College	48.14
1976	Mark Lincheid	Rockwell College	60.26
1977	Joseph Walsh	St Munchins Limerick	49.62
1978	Dominic O'Shea	St Munchins Limerick	50.06
1979	Dominic O'Shea	St Munchins Limerick	49.46
1980	Frank O'Brien	Dungarvan CBS	54.26
1981	Frank O'Brien	Dungarvan CBS	60.04
1982	Gary Halpin	Rockwell College	64.10
1983	David Mansfield	Rockwell College	52.80
1984	Darren Flynn	Rockwell College	48.66
1985	Darren Flynn	Rockwell College	54.84
1986	Jim O'Mahony	Colaiste Chriost Ri Cork	56.78
1987	Noel Mulready	St Nessans Limerick	52.14
1988	Michael Aherne	St Augustines Dungarvan	49.64
1989	Kevin Warner	Rockwell College	46.76
1990	Nigel Crowley	Colaiste Chriost Ri Cork	44.42
1991	M Conway	Crescent Comprehensive SJ Limerick	49.50
1992	Aidan Ahearne	St Augustines Dungarvan	
1993	David Kenneally	St Augustines Dungarvan	47.36
1994	Donnie Rockett	St Augustines Dungarvan	43.02
1995	Donnie Rockett	St Augustines Dungarvan	52.44
1996	Michael Murray	St Augustines Dungarvan	48.54
1997	Fionn Gregor	St Augustines Dungarvan	35.54
1998	Eamonn Joyce	Douglas CS	40.16
1999	Joe Hanrahan	St Munchins Limerick	32.11
2000	Joe Hanrahan	St Munchins Limerick	40.67
2001	Mark Brassil	St Munchins Limerick	30.22
2002	James Nagle	Intermediate School Killorglin	40.61
2003	James Nagle	Intermediate School Killorglin	44.32
2004	Andrew Kenneally	Coachford College	46.09

2005	Andrew Kenneally	Coachford College	49.30
2006	Daniel Clifford	Intermediate School Killorglin	41.13
2007	Seamus Hand	Dingle CBS	43.98
2008	Denis Hayes	Presentation Milltown	41.58
2009	Denis Hayes	Presentation Milltown	42.03
2010	Aidan O'Sullivan	Pobalscoil Sliabh Luachra Rathmore	39.87
2011	Peter O'Brien	Causeway Comprehensive School	39.96
2012	Adam King	Colaiste na Sceilge Caherciveen	46.97
2013	Adam King	Colaiste na Sceilge Caherciveen	58.74
2014	Andre Christie	Colaiste an Spioraid Naoimh Bishopstown	45.72
2015	Travis Coomey	Bandon Grammar School	40.45
2016	Sean Mockler	Thurles CBS	47.35
2017	Sean Mockler	Thurles CBS	56.13
2018	Ricky Carroll	St Colmans Fermoy	41.13
2019	Ricky Carroll	St Colmans Fermoy	38.45

Intermediate Boys Javelin (700g)

1966	Tim O'Connor	Glenstal Abbey School	40.38
1967	Tim O'Connor	Glenstal Abbey School	46.38
1968	William Gabbett	Glenstal Abbey School	38.10
1969	Patrick Headon	Glenstal Abbey School	36.63
1970	Michael Cantwell	Glenstal Abbey School	38.71
1971	Laurence McGrath	Limerick CBS	43.39
1972	Laurence McGrath	Limerick CBS	44.31
1973	Peter Booth	Glenstal Abbey School	46.77
1974	Peter Booth	Glenstal Abbey School	49.48
1975	John Sheehan	Farranferris Cork	45.42
1976	Brendan Healy	Thurles CBS	52.34
1977	Barry Hurley	St Munchins Limerick	43.95
1978	Joe Aherne	Roscrea CBS	41.82
1979	Newton Popplewell	Newtown School Waterford	47.66
1980	Tom Galvin	St Munchins Limerick	47.78
1981	William Lacy	Glenstal Abbey School	42.16
1982	Gearoid Nevin	St Clements Limerick	44.08
1983	Barry Walsh	Crescent Comprehensive SJ Limerick	42.52
1984	Jack Clarke	Rockwell College	48.00
1985	Jack Clarke	Rockwell College	44.54
1986	Mark McCluskey	Rockwell College	47.58
1987	Peter Whelehan	Glenstal Abbey School	45.48
1988	John Fleming	De La Salle Waterford	47.10
1989	Joe Kenny	Borrisokane VS	51.84
1990	Brian Hayes	St Augustines Dungarvan	45.14
1991	Brian Hayes	St Augustines Dungarvan	45.66
1992	David O'Sullivan	Colaiste Chriost Ri Cork	43.10
1993	D O'Grady	St Munchins Limerick	37.96

1994	Derek Hayes	St Augustines Dungarvan	46.00
1995	Morgan Hamm	St Augustines Dungarvan	44.64
1996	Mark Hamilton	St Colmans Fermoy	49.70
1997	Gary Cromie	Crescent Comprehensive SJ Limerick	47.90
1998	Thomas Conroy	North Monastery CBS Cork	48.02
1999	Robert Butler	Carrick-on-Suir CBS	45.20
2000	Christopher Bowe	Waterpark College Waterford	50.41
2001	Richard Barron	Newtown School Waterford	40.57
2002	Fernando Ramos	Newtown School Waterford	37.74
2003	Eamonn Hartnett	St Michaels Listowel	41.68
2004	Tom Cross	Bandon Grammar School	47.49
2005	Tom Cross	Bandon Grammar School	45.19
2006	Philip Burns	Bandon Grammar School	43.62
2007	Anton Katayev	St Clements Limerick	42.43
2008	Jaco Oosthuysen	High School Clonmel	45.64
2009	Jaco Oosthuysen	High School Clonmel	44.17
2010	Phillipe Barnett	Mercy Mount Hawk Tralee	39.18
2011	Eoin Ryan	St Marys Newport	43.05
2012	Bobby Smith	Bandon Grammar School	45.36
2013	Bobby Smith	Bandon Grammar School	49.24
2014	David Leahy	Gaelcholaiste Mhuire AG Cork	38.18
2015	Eoghan Flynn	Dungarvan CBS	45.61
2016	Christian O'Connell	John The Baptist Hospital	44.54
2017	Michael Hand	Presentation Brothers Cork	41.56
2018	Cathal Scanlon	St Declans CC Kilmacthomas	46.00
2019	Jack Cullen	Hamilton High School Bandon	44.45

Intermediate Boys Combined Events

1992	Colm Stack	Youghal CBS	3582
1993	T. P. O'Connor	St Munchins	
1994	Derek Hayes	St Augustines	3575
1995	Donnie Rockett	St Augustines	3071
1996	John Paul O'Brien	St Flannans	3526
1997	John Wall	Midleton CBS	2909
1998	Garóid Kelly	Colaiste Choilm Ballincollig	2122
1999	Tomás Burke	Crescent CC	3689
2000	Brendan Doyle	De La Salle Waterford	3507
2001	Maurice Donoghue	De La Salle Waterford	3446
2002	Cathal Hannon	Our Lady's Templemore	3258
2003	Christopher Crowley	Colaiste Chriost Ri	3507
2004	Ross Kelly	Colaiste an Phiarsaigh	3430
2005	Sean Crowley	Colaiste Chriost Ri	3086
2006	Christopher Russell	Waterpark College	3147
2007	Gavin Kennedy	De La Salle Waterford	3207

2008	Keith Smith	Comeragh College	3286
2009	Shane O'Dwyer	Carrick on Suir CBS	2930
2010	Ben Kiely	Tramore CBS	3079
2011	Eric Stam	Coachford College	3875
2012	Sam Healy	Carrigaline CS	3547 6 events
2013	Sam Healy	Carrigaline CS	3110 5 events
2014	Daniel Ryan	Thurles CBS	3417
2015	Daniel Ryan	Thurles CBS	3348
2016	Tony Adubote	St Flannans	3211
2017	Brian Lynch	Colaiste an Spioraid Naoimh	2905
2018	Diarmuid O'Connor	Colaiste Choilm Ballincollig	3255
2019	James Ezeonu	Midleton College	2889

Intermediate Boys 4X100m Relay

4 X 150yds (1931 - 1951) 4 X 110yds (1952 - 1969)

1931	Christian Brothers College Cork	
1938	North Monastery CBS Cork	
1939	Christian Brothers College Cork	69.9
1940	St Colmans Fermoy	69.5
1941	St Colmans Fermoy	
1947	Christian Brothers College Cork	1.09.8
1948	Christian Brothers College Cork	1.08.0
1949	Mungret College Limerick	70.4
1950	Rockwell College	68.3
1951	Sullivans Quay Cork	66.5
1952	Rockwell College	49.0
1953	Nenagh CBS	49.2
1954	Christian Brothers College Cork	48.7
1955	Limerick CBS	48.7
1956	Christian Brothers College Cork	48.5
1957	Rockwell College	48.5
1958	Crescent Comprehensive SJ Limerick	48.4
1959	Crescent Comprehensive SJ Limerick	48.0
1960	Christian Brothers College Cork	47.8
1961	Rockwell College	47.6
1962	Rockwell College	47.8
1963	Presentation Brothers Cork	47.0
1964	Presentation Brothers Cork	47.6
1965	Rockwell College	46.5
1966	Colaiste Chriost Ri Cork	48.2
1967	Limerick CBS	47.4
1968	North Monastery CBS Cork	45.8
1969	Ennis CBS	48.5

1970	Colaiste Iognaid Ris Cork	46.9
1971	Mungret College Limerick	47.4
1972	Rockwell College	46.7
1973	Mungret College Limerick	46.9
1974	Colaiste Chriost Ri Cork	46.4
1975	Rockwell College	45.2
1976	Christian Brothers College Cork	46.6
1977	St Munchins Limerick	46.3
1978	Colaiste Chriost Ri Cork	46.8
1979	Colaiste Chriost Ri Cork	46.6
1980	Tralee CBS	46.0
1981	St Brendans Killarney	46.0
1982	Tralee CBS	NT
1983	Colaiste Chriost Ri Cork	45.9
1984	Crescent Comprehensive SJ Limerick	45.1
1985	Christian Brothers College Cork	46.5
1986	Colaiste Chriost Ri Cork	45.2
1987	Rockwell College	45.1
1988	St Flannans Ennis	
1989	Crescent Comprehensive SJ Limerick	45.1
1990	Douglas CS	46.3
1991	Colaiste Chriost Ri Cork	46.6
1992	St Augustines Dungarvan	46.0
1993	St Augustines Dungarvan	47.0
1994	Thurles CBS	44.2
1995	Thurles CBS	44.8
1996	Ennis CBS	45.1
1997	De La Salle Waterford	46.4
1998	Bandon Grammar School	44.4
1999	Bandon Grammar School	46.1
2000	Midleton CBS	47.0
2001	Tralee CBS	47.4
2002	Midleton CBS	46.20
2003	Glanmire CC	46.2
2004	Rockwell College	46.75
2005	Bandon Grammar School	46.57
2006	Youghal CBS	47.17
2007	De La Salle Waterford	46.20
2008	Rockwell College	49.79
2009	Glenstal Abbey School	47.52
2010	Mercy Mount Hawk Tralee	
2011	Castletroy College Limerick	46.62
2012	Castletroy College Limerick	45.25
2013	Davis College Mallow	45.37
2014	Bandon Grammar School	45.59
2015	Bandon Grammar School	46.56
2016	Thurles CBS	46.60
2017	Presentation Brothers Cork	44.92

2018	Mercy Mount Hawk Tralee	45.21
2019	St Josephs Borriosleigh	46.40

Intermediate Boys Cross Country - Individual

1965 Liam Hennessy	Tipperary CBS
1966 Joe Adams	Limerick CBS
1967 Christy Conlon	St Flannans Ennis
1968 Neil Cusack	St Munchins Limerick
1969 G Nix	St Munchins Limerick
1970 Eugene Mealy	Glasheen SecondarySchool
1971 Tony Ryan	Dungarvan CBS
1972 Tony Ryan	Dungarvan CBS
1973 John Treacy	St Anns Cappoquin
1974 John Treacy	St Anns Cappoquin
1975 Sean O'Sullivan	Tralee CBS
1976 John Fitzgerald	Central Technical Institute Clonmel
1977 Brendan Quinn	De La Salle Waterford
1978 Jim Sheehan	Nenagh CBS
1979 Tony Gilbert	North Monastery CBS Cork
1980 Leonard O'Regan	Colaiste Chriost Ri Cork
1981 Leonard O'Regan	Colaiste Chriost Ri Cork
1982 James O'Sullivan	Kilmacthomas VS
1983 John Downes	Scoil Pol Kilfinane
1984 John Downes	Scoil Pol Kilfinane
1985 Bill Mullaney	Thurles CBS
1986 Declan Gleeson	Thurles CBS
1987 Paul Logan	St Nessans Limerick
1988 Eddie Bourke	St Josephs Borrisoleigh
1989 John Murray	Charleville CBS

1990	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown
1991	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown
1992	Stephen Coad	North Monastery CBS Cork
1993	Thomas Carey	Ard Scoil Ris Limerick
1994	Thomas Carey	Ard Scoil Ris Limerick
1995	Graham O'Dwyer	Patrician Academy Mallow
1996	Dermot Galvin	St Josephs CC Kilkee
1997	Timmy Murphy	St Aidans CC Cork
1998	Shane O'Shaughnessy	Mayfield Community School
1999	Niall Duncan	Douglas CS
2000	William Harty	St Johns Dungarvan
2001	Mark Lehan	Hamilton High School Bandon
2002	Damian Dunlea	Colaiste Chriost Ri Cork
2003	Cathal Dennehy	Ard Scoil Ris Limerick
2004	David McCarthy	St Augustines Dungarvan
2005	David McCarthy	St Augustines Dungarvan
2006	Craig Murphy	Douglas CS
2007	Keith Maher	Nenagh CBS
2008	Ryan Creech	Glanmire CC
2009	Shane Quinn	De La Salle Waterford
2010	Sean Tobin	High School Clonmel
2011	Sean Tobin	High School Clonmel
2012	Kyle Larkin	Ard Scoil na nDeise Dungarvan
2013	Kevin Mulcaire	St Flannans Ennis
2014	Kevin Mulcaire	St Flannans Ennis
2015	Fearghal Curtin	Midleton CBS
2016	Charlie O'Donovan	Colaiste Chriost Ri Cork
2017	Darragh McElhinney	Colaiste Pobail Bantry
2018	Tommy Connolly	Christian Brothers College Cork
2019	Dean Casey	St Flannans Ennis
2020	Dean Casey	St Flannans Ennis

Intermediate Boys Cross Country - Team

1965	Thurles CBS	35pts
1966	Colaiste Chriost Ri Cork	40pts
1967	St Flannans Ennis	36pts
1968	St Colmans Fermoy	37pts
1969	St Munchins Limerick	35pts
1969	Limerick CBS	41pts
1970	North Monastery CBS Cork	45pts
1971	Colaiste Chriost Ri Cork	30pts
1972	Colaiste Chriost Ri Cork	31pts
1973	Colaiste Chriost Ri Cork	55pts
1974	Crescent Comprehensive SJ Limerick	72pts
1975	St Munchins Limerick	48pts

1976	Colaiste Chriost Ri Cork	49pts
1977	Colaiste Chriost Ri Cork	40pts
1978	St Munchins Limerick	60pts
1979	Colaiste Chriost Ri Cork	53pts
1980	Colaiste Chriost Ri Cork	16pts
1981	Kilmacthomas VS	70pts
1982	Midleton CBS	54pts
1983	North Monastery CBS Cork	60pts
1984	St Colmans Fermoy	50pts
1985	Thurles CBS	36pts
1986	Colaiste Chriost Ri Cork	59pts
1987	Midleton CBS	56pts
1988	Charleville CBS	57pts
1989	St Munchins Limerick	67pts
1990	North Monastery CBS Cork	43pts
1991	St Munchins Limerick	91pts
1992	St Flannans Ennis	60pts
1993	North Monastery CBS Cork	65pts
1994	North Monastery CBS Cork	73pts
1995	North Monastery CBS Cork	37pts
1996	St Aidans CC Cork	56pts
1997	Colaiste Choilm Ballincollig	61pts
1998	Colaiste Choilm Ballincollig	30pts
1999	Midleton CBS	47pts
2000	St Flannans Ennis	69pts
2001	Midleton CBS	45pts
2002	Midleton CBS	50pts
2003	St Augustines Dungarvan	21pts
2004	St Augustines Dungarvan	24pts
2005	Douglas CS	39pts
2006	Douglas CS	62pts
2007	Ursuline Thurles	28pts
2008	Douglas CS	41pts
2009	Douglas CS	36pts
2010	Douglas CS	45pts
2011	High School Clonmel	52pts
2012	Douglas CS	54pts
2013	Douglas CS	45pts
2014	St Flannans Ennis	33pts
2015	St Flannans Ennis	32pts
2016	St Flannans Ennis	82pts
2017	Christian Brothers College Cork	74pts
2018	St Flannans Ennis	84pts
2019	St Flannans Ennis	14pts
2020	St Flannans Ennis	15pts

Intermediate Girls 100m 100yds (1969)

1969 Hilary Hannon	Rochelle Cork	14.0
1970 Mary Doyle	St Angelas Cork	13.2
1971 Mary O'Sullivan	Immaculate Heart Ballyphehane	12.7
1972 Anne Jeffords	Regina Mundi Cork	12.6
1973 Anne Jeffords	Regina Mundi Cork	12.6
1974 Anne Jeffords	Regina Mundi Cork	12.7
1975 Kathleen Glavin	Midleton VS	12.6
1976 Nora O'Grady	Mercy Nenagh	12.7
1977 M Naughton	Sacred Heart Cork	12.6
1978 Geraldine Shine	Presentation Limerick	12.3
1979 Tina Hegarty	St Patricks Cork	13.3
1980 Ann Delaney	Loreto Clonmel	12.1
1981 Noelle Morrissey	St Marys Nenagh	12.8

1982	Noelle Morrissey	Mercy Nenagh	11.9	
1983	Olive Burke	FCJ Laurel Hill Limerick	11.8	
1984	Terrie Horgan	St Marys Mallow	12.3	
1985	Norma Farrell	St Brigets Killarney	12.3	
1986	Emma Nicholson	Ursuline Waterford	NT	
1987	Emma Nicholson	St Angelas Cork	12.6	
1988	Susan Smith	Presentation Waterford	12.7	
1989	Ciara Whyte	Ursuline Blackrock	12.0	
1990	Fiona Kelly	St Nessans Limerick	11.7	
1991	Fiona Kelly	St Nessans Limerick	12.1	
1992	Lena Barry	Salesian Limerick	12.1	
1993	Amanda Clifford	Regina Mundi Cork	12.3	
1994	Karen Hutton	Loreto Fermoy	12.5	
1995	Sinead Hickey	Mercy Doon	12.6	
1996	Aoife Hearne	Ursuline Waterford	11.9	
1997	Derval O'Rourke	Christ King Cork	12.2	
1998	Eibhlis Ahearne	Ard Scoil na nDeise Dungarvan	12.5	
1999	Shauna O'Brien	Loreto Clonmel	12.4	
2000	Ailish McSweeney	St Aloysius Carrigtwohill	12.2	
2001	Mandy Crowe	St Ailbes Tipperary	12.2	
2002	Orla McSweeney	St Aloysius Carrigtwohill	12.4	
2003	Orla Coughlan	Presentation Bandon	13.07	
2004	Mairead Murphy	Mercy Waterford	12.40	
2005	Mairead Murphy	Mercy Waterford	12.44	
2006	Niamh Whelan	Presentation Waterford	12.07	
2007	Niamh Whelan	Presentation Waterford	12.41	-1.2
2008	Joan Healy	Colaiste na Toibhirte Bandon	12.09	0.7
2009	Joan Healy	Colaiste na Trorbhirte Bandon	12.48	
2010	Grainne Moynihan	St Marys Macroom	12.26	3.0
2011	Grainne Moynihan	St Mary's Macroom	12.71	-2.9
2012	Roisin Harrison	Villiers School Limerick	12.57	
2013	Phoebe Murphy	Loreto Clonmel	12.08	2.5
2014	Phoebe Murphy	Loreto Clonmel	12.43	-3.0
2015	Ciara Neville	Castletroy College Limerick	11.93	0.9
2016	Ciara Neville	Castletroy College Limerick	12.84	-4.5
2017	Niamh Foley	Scoil Mhuire agus Ide Newcastle West	12.31	-0.8
2018	Lauren O'Leary	Nagle Rice Doneraile	12.54	0.3
2019	Lucy Sleeman	Colaiste Choilm Ballincollig	12.40	0.0

Intermediate Girls 200m 220yds (1969)

1969	Hilary Hannon	Rochelle Cork	28.0
1970	Mary Doyle	St Angelas Cork	27.9
1971	Mary O'Sullivan	Immaculate Heart Ballyphehane	27.0

1972	Claire Collins	Regina Mundi Cork	28.2	
1973	Anne Jeffords	Regina Mundi Cork	25.4	
1974	Martha Mullins	Presentation Limerick	27.6	
1975	Imelda Barrett	Presentation Ballingarry	26.4	
1976	Kathleen Glavin	Midleton VS	26.3	
1977	Margaret Delaney	Loreto Clonmel	26.1	
1978	Geraldine Shine	Presentation Limerick	25.5	
1979	Niamh Walsh	Scoil Mhuire Cork	27.0	
1980	Ann Delaney	Loreto Clonmel	25.1	
1981	Ann Delaney	Loreto Clonmel	26.4	
1982	Eileen Curtin	FCJ Bruff	25.2	
1983	Eileen Curtin	FCJ Bruff	25.3	
1984	Norma Farrell	St Brigets Killarney	26.1	
1985	M Walsh	Scoil Mhuire Cork	26.0	
1986	Siobhan O'Brien	Mount Trenchard Foynes	26.1	
1987	Emma Nicholson	St Angelas Cork	24.9	
1988	Ciara White	Ursuline Blackrock	26.5	
1989	Ciara White	Ursuline Blackrock	25.1	
1990	Fiona Kelly	St Nessans Limerick	25.2	
1991	Lynda Symonds	Regina Mundi Cork	25.5	
1992	Lena Barry	Salesian Limerick	25.2	
1993	Amanda Clifford	Regina Mundi Cork	26.0	
1994	Sarah Earls	St Caimins CS Shannon	26.2	
1995	Sinead Hickey	Mercy Doon	25.9	
1996	Derval O'Rourke	Christ King Cork	25.5	
1997	Derval O'Rourke	Christ King Cork	25.2	
1998	Avril Kelly	Mount Mercy Cork	25.8	
1999	Sharon Kelly	Mount Mercy Cork	25.3	
2000	Shauna O'Brien	Loreto Clonmel	25.3	
2001	Mandy Crowe	St Ailbes Tipperary	25.2	
2002	Orla Coughlan	Presentation Bandon	25.2	
2003	Orla Coughlan	Presentation Bandon	25.94	
2004	Laura Crowe	Presentation Tralee	26.21	
2005	Mairead Deevy	Mercy Waterford	25.55	
2006	Niamh Whelan	Presentation Waterford	25.03	
2007	Niamh Whelan	Presentation Waterford	25.48	1.0
2008	Joan Healy	Colaiste na Toibhirte Bandon	24.80	-0.6
2009	Sarah Lavin	Castletroy College Limerick	25.16	
2010	Ciara Giles Doran	Mercy Waterford	24.75	2.9
2011	Ciara Giles Doran	Mercy Waterford	25.98	-3.8
2012	Roisin Harrison	Villiers School Limerick	24.96	
2013	Roisin Harrison	Villiers School Limerick	24.76	1.7
2014	Phoebe Murphy	Loreto Clonmel	25.15	-3.0
2015	Ciara Neville	Castletroy College Limerick	23.97	2.9
2016	Ciara Neville	Castletroy College Limerick	25.26	-4.1
2017	Niamh Foley	Scoil Mhuire agus Ide Newcastle West	25.54	-1.3
2018	Lauren McCourt	Bandon Grammar School	25.45	-0.4
2019	Lauren McCourt	Bandon Grammar School	25.52	-0.1

Intermediate Girls 300m/400m

400m (1971 - 1991) 440yds (1969)

1969	Alyson Keeffe	Rochelle Cork	63.2
1971	Elaine Kelly	St Angelas Cork	60.3
1972	Joan Fleming	St Angelas Cork	61.5
1973	Maeve Cowhey	Salesian Limerick	62.9
1974	Maeve Cowhey	Salesian Limerick	61.8
1975	Margaret Larkin	St Marys Newcastlewest	60.1
1976	Imedda Barrett	Presentation Ballingarry	61.4
1977	Noreen Fleming	St Marys Midleton	58.1
1978	Niamh Walsh	Scoil Mhuire Cork	58.6
1979	Niamh Walsh	Scoil Mhuire Cork	60.0
1980	Fidelma White	Mercy Nenagh	57.7
1981	Margo Forde	Mercy Rathkeale	58.1
1982	Eileen Curtin	FCJ Bruff	58.9
1983	Eileen Curtin	FCJ Bruff	58.0
1984	Brid Hallissey	SHM Ferrybank Waterford	67.3
1985	T McCarthy	Sacred Heart Cork	61.8
1986	Brid Devereaux	Presentation Limerick	60.0
1987	Emma Nicholson	St Angelas Cork	57.6
1988	S Ryan	St Aloysius Cork	59.6
1989	Katrina O'Farrell	Borrisokane VS	59.7
1990	Alva O'Brien	St Fanahans Mitchelstown	60.5
1991	Mary Dulligan	Colaiste Muire Ennis	59.7
1992	Toni Finnegan	St Patricks Cork	40.9
1993	Annette Quaid	Dromcollogher CC	43.2
1994	Annette Quaid	Dromcollogher CC	40.9
1995	Niamh Savage	St Aloysius Carrigtwohill	42.0
1996	Emer O'Shea	St Marys Charleville	41.0
1997	Lorraine Carr	Loreto Fermoy	41.0
1998	Roisin Quinn	Ursuline Waterford	40.5
1999	Maria Sheehan	Salesian Limerick	42.1
2000	Dawn Kelly	St Aloysius Cork	42.4
2001	Mandy Crowe	St Ailbes Tipperary	41.3
2002	Nicole O'Regan	Christ King Cork	41.3
2003	Laura Crowe	Presentation Tralee	41.46
2004	Laura Crowe	Presentation Tralee	40.87
2005	Mairead Deevy	Mercy Waterford	40.86
2006	Harriet Cross	Bandon Grammar School	39.76
2007	Niamh Whelan	Presentation Waterford	41.91
2008	Rachel Birdthistle	Castletroy College Limerick	41.66
2009	Megan Kiely	Ursuline Waterford	42.30
2010	Grainne Moynihan	St Marys Macroom	40.02

2011	Gráine Moynihan	St Mary's Macroom	40.15
2012	Jenna Bromell	Castletroy College Limerick	41.17
2013	Jenna Bromell	Castletroy College Limerick	39.88
2014	Clara Heinrich	Presentation Tralee	42.41
2015	Sharlene Mawdsley	St Marys Newport	39.38
2016	Emily Nolan	Scoil Mhuire Carrick-on-Suir	42.69
2017	Roseanne Fitzgerald	Central Technical Institute Clonmel	41.43
2018	Ciara Kennelly	St Brigets Killarney	41.67
2019	Meabh O'Neill	Maria Immaculata CC Dunmanway	41.03

Intermediate Girls 800m 880yds (1969)

1969	Alyson O'Keeffe	Rochelle Cork	2.35.8
1970	Marie Buckley	Mercy Kinsale	2.34.1
1971	Elaine Kelly	St Angelas Cork	2.19.2
1972	Joan Fleming	St Angelas Cork	2.17.1
1973	Cushla Murphy	St Josephs Tulla	2.26.7
1974	Cushla Murphy	St Josephs Tulla	2.19.3
1975	Margaret Larkin	St Marys Newcastlewest	2.17.0
1976	Fionnuala Morrish	Regina Mundi Cork	2.20.1
1977	Caroline Blake	Presentation Limerick	2.22.3
1978	Mairead Cotter	St Josephs Abbeyfeale	2.19.9
1979	Susan Cobbe	Salesian Limerick	2.24.1
1980	Hanora Connolly	Loreto Youghal	2.19.4
1981	Mary English	Scoil Chriost Ri Cahir	2.21.7
1982	Margaret Curran	St Marys Mallow	2.14.8
1983	Miriam Ingerton	St Patricks Cork	2.16.9
1984	Siobhan McCormack	Presentation Limerick	2.16.6
1985	Siobhan McCormack	Presentation Limerick	2.20.0
1986	Breda Dennehy	Mercy Macroom	2.18.6
1987	Colette Vaughan	Christ King Cork	2.18.2
1988	Colette Vaughan	Christ King Cork	2.19.0
1989	Freda Davern	St Marys Tralee	2.18.0
1990	Mary Dulligan	Colaiste Muire Ennis	2.20.9
1991	Angela Murphy	St Marys Middleton	2.18.7
1992	Patricia O'Donoghue	St Marys Nenagh	2.18.1
1993	Annette Quaid	Dromcollogher CC	2.25.4
1994	Annette Quaid	Dromcollogher CC	2.15.0
1995	Triona Whyte	St Augustines Dungarvan	2.23.0
1996	Emer O'Shea	St Marys Charleville	2.14.8
1997	Emer O'Shea	St Marys Charleville	2.12.8
1998	Roisin Quinn	Ursuline Waterford	2.17.1
1999	Brid Byrne	Colaiste Pobail Roscrea	2.23.0

2000	Rachel Linehan	St Josephs Tulla	2.25.5
2001	Niamh Walsh	St Marys Midleton	2.26.1
2002	Natalie McSweeney	St Brigets Killarney	2.21.3
2003	Natalie McSweeney	Presentation Killarney	2.27.38
2004	Laura Crowe	Presentation Tralee	2.15.08
2005	Amanda Perrill	St Josephs Tulla	2.19.72
2006	Mary O'Connor	Ursuline Waterford	2.17.51
2007	Frances O'Shea	St Marys Charleville	2.20.37
2008	Harriet Flynn	St Patricks CS Shannon	2.21.63
2009	Amy O'Donoghue	Villiers School Limerick	2.18.31
2010	Amy O'Donoghue	Villiers School Limerick	2.13.18
2011	Jessica Coyne	Crescent Comprehensive SJ Limerick	2.19.97
2012	Louise Shanahan	Scoil Mhuire Cork	2.19.05
2013	Louise Shanahan	Scoil Mhuire Cork	2.31.31
2014	Aoife Mahony	Presentation Listowel	2.24.77
2015	Aoife Mahony	Presentation Listowel	2.29.40
2016	Alex O'Neill	Rice College Ennis	2.17.43
2017	Alex O'Neill	Rice College Ennis	2.17.58
2018	Aimee Hayde	St Marys Newport	2.11.61
2019	Aimee Hayde	St Marys Newport	2.07.74

Intermediate Girls 1500m

1974	Cushla Murphy	St Josephs Tulla	4.47.9
1975	Fionnuala Morrish	Regina Mundi Cork	4.48.6
1976	Margaret Cadogan	Mercy Skibbereen	4.49.6
1977	M O'Brien	Scoil Carmel Limerick	4.46.3
1978	Janette O'Halloran	Presentation Limerick	4.58.7
1979	Rose Bracken	Croom VS	5.03.5
1980	Rosemarie Queally	Mercy Dungarvan	5.00.8
1981	Patricia Williams	St Endas CS Limerick	5.01.6
1982	Valerie Vaughan	Scoil Mhuire Gan Smal Blarney	4.48.8
1983	Siobhan McCormack	Presentation Limerick	4.48.2
1984	Carmel McCarthy	Presentation Bandon	4.48.9
1985	Anita Philpott	Scoil Mhuire Kanturk	5.04.7
1986	Anita Philpott	Scoil Mhuire Kanturk	4.42.0
1987	Edwina Foley	FCJ Laurel Hill Limerick	4.41.3
1988	Ailish Brosnan	St Josephs Castleisland	4.59.7
1989	Elaine Fitzgerald	St Pauls Waterford	4.50.9
1990	Michelle Moloney	St Josephs Kilmallock	4.47.8
1991	Margaret McParland	St Patricks Shannon	4.41.0
1992	Mary Kelly	Colaiste Muire Ennis	4.49.3
1993	Margaret Danagher	Our Ladys Templemore	5.01.5
1994	Margaret Danagher	Our Ladys Templemore	4.51.8
1995	Geraldine McCarthy	Presentation Listowel	4.45.5
1996	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West	4.44.6

1997	Martina Hickey	Millstreet CS	4.58.0
1998	Martina Hickey	Millstreet CS	4.45.9
1999	Brid Byrne	Colaiste Pobail Roscrea	5.16.7
2000	Niamh Walsh	St Marys Midleton	5.18.6
2001	Siobhan Doherty	St Marys Nenagh	5.11.9
2002	Natalie McSweeney	St Brigids Killarney	5.06.3
2003	Natalie McSweeney	Presentation Killarney	4.58.96
2004	Holly Deegan	Mercy Waterford	5.00.22
2005	Mary O'Connor	Ursuline Waterford	4.55.50
2006	Ciara Cronin	Abbey CC Waterford	4.37.67
2007	Ciara Cronin	Abbey CC Waterford	4.51.91
2008	Mary Fitzgerald	Colaiste na Sceilge Caherciveen	5.04.20
2009	Amy O'Donoghue	Villiers School Limerick	5.04.13
2010	Amy O'Donoghue	Villiers School Limerick	4.42.05
2011	Jessica Coyne	Crescent Comprehensive SJ Limerick	5.09.68
2012	Jessica Coyne	Crescent Comprehensive SJ Limerick	4.52.71
2013	Eileen Rafter	Ursuline Thurles	4.54.11
2014	Aisling Kelly	St Josephs Spanish Point	5.00.02
2015	Aisling Kelly	St Josephs Spanish Point	4.53.91
2016	Claire Rafter	Ursuline Thurles	4.52.12
2017	Shona O'Brien	Presentation Milltown	4.55.51
2018	Aimee Hayde	St Marys Newport	4.46.97
2019	Aimee Hayde	St Marys Newport	4.56.53

Intermediate Girls 3000m

1980	Emily Blake	Presentation Limerick	10.33.0
1981	Patricia Logan	St Marys Limerick	
1982	Patricia Logan	St Marys Limerick	9.57.6
1983	Patricia Logan	St Marys Limerick	10.21.4
1984	Carmel McCarthy	Presentation Bandon	10.29.3
1985	Sonia O'Sullivan	Cobh VS	10.20.8
1986	Aisling Ryan	Presentation Thurles	10.21.0
1987	Edwina Foley	FCJ Laurel Hill Limerick	10.13.6
1988	Christine Geoghegan	St Nessans Limerick	10.39.0
1989	Christine Geoghegan	St Nessans Limerick	10.21.5
1990	Colette O'Riordan	St Marys Macroom	10.21.0
1991	Marie McMahon	Scoil Mhuire Ennistymon	10.33.3
1992	Maria Brennan	Colaiste Muire	10.34.2
1993	Orla O'Mahony	Colaiste Muire Ennis	11.10.7
1994	Orla O'Mahony	Colaiste Muire Ennis	10.32.0
1995	Deirdre Travers	Ard Scoil na nDeise Dungarvan	11.00.0
1996	Olga Cronin	St Colmans CC Midleton	10.26.5
1997	Olga Cronin	St Colmans CC Midleton	10.55.5
1998	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	10.24.5
1999	Katie Lyons	St Marys Macroom	10.58.9

2000	Katie Lyons	St Marys Macroom	11.22.9
2001	Siobhan Doherty	St Marys Nenagh	11.24.2
2002	Ellen Fitzgerald	Presentation Tralee	11.57.5
2003	Joyce Curtin	Colaiste Eoin Youghal	NT
2004	Joyce Curtin	Colaiste Eoin Youghal	11.11.0
2005	Patricia Barry	Ursuline Thurles	10.34.08
2006	Niamh Ryan	Abbey CC Waterford	10.38.8
2007	Eimear Tangney	St Brigids Killarney	
2008	Laura Behan	St Declans CC Kilmacthomas	11.21.49
2009	Shannen Ryan	Colaiste Chiaran Croom	11.09.14
2010	Brona Croke	Crescent Comprehensive SJ Limerick	11.28.20
2011	Brona Croke	Crescent Comprehensive SJ Limerick	11.13.1
2012	Orla Moynihan	Loreto Clonmel	10.53.30
2013	Niamh Cotter	Colaiste Pobail Bantry	10.50.50
2014	Caoimhe Harvey	Kilkee CC	10.59.30
2015	Caoimhe Harrington	Colaiste Pobail Bantry	10.33.87
2016	Eimear McDonald	Rice College Ennis	11.11.06
2017	Claire Rafter	Ursuline Thurles	10.46.83
2018	Niamh O'Mahony	Presentation Tralee	10.08.35
2019	Niamh O'Mahony	Presentation Tralee	10.19.88

Intermediate Girls 80m Hurdles (76.2 cm)

1970	Teresa O'Brien	St Annes Tipperary	15.9
1971	Mary McEnery	Colaiste Muire Ennis	15.0
1972	Patrice Ryan	Colaiste Muire Ennis	14.5
1973	Alison Dunlop	Shannon Comprehensive School	13.0
1974	Bernadette Murray	Loreto Fermoy	12.6
1975	Kathleen Glavin	Midleton VS	12.0
1976	Nora O'Grady	Mercy Nenagh	11.8
1977	Evelyn O'Brien	St Marys Limerick	11.9
1978	Carmel Maher	Mercy Nenagh	12.2
1979	Carmel Maher	Mercy Nenagh	12.8
1980	Noreen Murphy	Nenagh VS	12.0
1981	Noelle Morrissey	St Marys Nenagh	11.6
1982	Noelle Morrissey	Mercy Nenagh	11.2
1983	Olive Burke	FCJ Laurel Hill Limerick	10.9
1984	Brid Hallissey	SHM Ferrybank Waterford	11.6
1985	Brid Hallissey	SHM Ferrybank Waterford	11.3
1986	Grace O'Grady	Nenagh VS	12.2
1987	Susan Smith	Presentation Waterford	11.3
1988	Susan Smith	Presentation Waterford	11.2
1989	Jean O'Gorman	St Marys Newport	11.4
1990	Elaine Murphy	Mercy Nenagh	11.6
1991	Patricia Naughton	St Marys Nenagh	11.6
1992	Debra Brady	Colaiste Choilm Ballincollig	11.8

1993	Laura Hartley	SHM Ferrybank Waterford	12.5	
1994	Oliver Walsh	St Augustines Dungarvan	12.6	
1995	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	12.7	
1996	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	11.7	
1997	Derval O'Rourke	Christ King Cork	11.6	
1998	Siobhan Fitzpatrick	Ursuline Waterford	12.2	
1999	Sharon Kelly	Mount Mercy Cork	12.1	
2000	Jessica Zebo	Regina Mundi Cork	11.8	
2001	Orla Doyle	Scoil Mhuire Carrick-on-Suir	12.0	
2002	Katie Bird	Colaiste Daibheid Cork	12.3	
2003	Katie Bird	Colaiste Daibheid Cork	NT	
2004	Mairead Murphy	Mercy Waterford	12.02	
2005	Kalyn Sheehan	Ursuline Waterford	11.77	
2006	Kalyn Sheehan	Ursuline Waterford	11.97	
2007	Orla Finn	Kinsale CS	12.47	Tie
2007	Nicola Power	Abbey CC Waterford	12.47	Tie
2008	Chloe Foley	Nenagh VS	12.38	
2009	Sarah Lavin	Castletroy College Limerick	12.53	
2010	Ciara Giles Doran	Mercy Waterford	11.87	1.0
2011	Lilly Ann O'Hora	Crescent Comprehensive SJ Limerick	12.36	-4.9
2012	Jayne Pennefather	Carrigaline CS	12.25	1.6
2013	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	11.83	1.5
2014	Clodagh O'Mahoney	Laurel Hill Colaiste Limerick	12.21	-4.1
2015	Lauren Ryan	Crescent Comprehensive SJ Limerick	11.91	1.2
2016	Kate Taylor	Colaiste Muire Ennis	12.02	-3.9
2017	Miriam Daly	Scoil Mhuire Carrick-on-Suir	12.08	0.7
2018	Chisom Ugwuweru	St Flannans Ennis	12.47	0.9
2019	Chisom Ugwuweru	St Flannans Ennis	11.87	3.4

Intermediate Girls 400m/300m Hurdles (76.2 cm) 400m (1982 - 1988)

1982	Fiona Wadding	Mercy Waterford	69.1
1983	Fidelma Kirwin	Mount Mercy Cork	66.0
1984	Evanna Morrissey	St Marys Nenagh	64.5
1985	Aideen Burke	Presentation Limerick	63.2
1986	Aideen Burke	Presentation Limerick	66.2
1987	Clodagh Williams	SHM Ferrybank Waterford	58.4
1988	Eileen Hearne	SHM Ferrybank Waterford	69.0
1989	Olive Bowers	St Annes CC Killaloe	45.9
1990	Elaine Murphy	Mercy Nenagh	47.1
1991	Debra Brady	Colaiste Choilm Ballincollig	46.1
1992	Debra Brady	Colaiste Choilm Ballincollig	46.0
1993	Jennifer Walsh	Boherbue Comprehensive School	48.5
1994	Laura Hegarty	St Colmans CC Middleton	47.4

1995	Linda Guilly	St Augustines Dungarvan	49.2
1996	Aine Cuddihy	Scoil Mhuire Carrick-on-Suir	45.7
1997	S Fitzpatrick	Kinsale CS	46.0
1998	Lorraine Carr	Loreto Fermoy	46.4
1999	Dawn Kelly	St Aloysius Cork	45.8
2000	Niamh Walsh	St Marys Midleton	47.1
2001	Nicole O'Regan	Christ King Cork	45.5
2002	Nicole O'Regan	Christ King Cork	45.7
2003	Holly Deegan	Mercy Waterford	47.39
2004	Christina Broderick	Kinsale CS	44.99
2005	Mairead Murphy	Mercy Waterford	43.52
2006	Kalyn Sheehan	Ursuline Waterford	43.01
2007	Ciara Barrett	Salesian Pallaskenry	48.83
2008	Kate Humphres	St Angelas Cork	46.31
2009	Megan Kiely	Ursuline Waterford	46.50
2010	Megan Kiely	Ursuline Waterford	44.36
2011	Ciara Giles Doran	Mercy Waterford	43.81
2012	Leanne Prout	Presentation Ballingarry	45.96
2013	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	43.82
2014	Kelly-Ann Doyle	Scoil Mhuire Carrick-on-Suir	43.67
2015	Chloe Tobin	Castletroy College Limerick	46.04
2016	Miriam Daly	Scoil Mhuire Carrick-on-Suir	44.53
2017	Miriam Daly	Scoil Mhuire Carrick-on-Suir	44.80
2018	Orla Coffey	St Angelas Cork	47.07
2019	Lorna O'Shea	Scoil Mhuire Carrick-on-Suir	45.30

Intermediate Girls 1500m Steeplechase

2012	Jessica Coyne	Crescent Comprehensive SJ Limerick	5.35.57
2013	Ciara Cummins	Ursuline Thurles	5.25.42
2014	Chloe Fennell	St Augustines Dungarvan	6.00.12
2015	Laura Nicholson	Bandon Grammar School	5.32.65
2016	Laura Nicholson	Bandon Grammar School	5.19.11
2017	Alannah Neff	Carrigaline CS	5.20.01
2018	Aoife Allen	Mercy Waterford	5.39.48
2019	Avril Cashman	Pobalscoil na Trionoide Youghal	5.40.69

Intermediate Girls 2000m Walk

1981	Mary Whelan	Mercy Nenagh	11.33.8
1982	Ann Hogan	Borrisokane VS	13.39.1
1983	Ann Hogan	Borrisokane VS	11.06.3
1984	Josephine Quinlan	SHM Ferrybank Waterford	18.03.0
1985	Tina Mulcahy	Presentation Dungarvan	10.58.5

1986	Tina Mulcahy	Presentation Dungarvan	11.03.0	
1987	Miriam Doran	St Nessans Limerick	11.24.0	
1988	Mary Thompson	Presentation Limerick	11.36.9	
1989	Eileen Hearne	SHM Ferrybank Waterford	10.37.5	
1990	Orla Kelly	St Nessans Limerick	10.20.0	
1991	Niamh O'Sullivan	Colaiste Muire Ennis	10.34.0	
1992	Gillian O'Sullivan	Presentation Killarney	10.49.1	
1993	Gillian O'Sullivan	Presentation Killarney	10.19.21	
1994	Aisling Dolan	St Josephs Borrisoleigh	11.05.0	
1995	Siobhan O'Malley	Mercy Doon	10.12.7	
1996	Siobhan O'Malley	Mercy Doon	10.24.0	
1997	Mairead Costin	St Augustines Dungarvan	11.09.0	
1998	Ann O'Malley	Mercy Doon	11.02.0	
1999	Ann O'Malley	Mercy Doon	10.41.0	
2000	Caitriona McMahon	Colaiste Muire Askeaton	10.44.35	
2001	Caitriona McMahon	Colaiste Muire Askeaton	13.13.0	
2002	Elaine Fitzgerald	Colaiste Muire Ennis	NT	
2003	Elaine Fitzgerald	Colaiste Muire Ennis	11.24.4	
2004	Aoibheann Prenderville	Tarbert CS	11.16.3	
2005	Sorcha Prenderville	Tarbert CS	10.04.9	
2006	Sorcha Prenderville	Tarbert CS	10.16.2	
2007	Fiona Dennehy	Mercy Waterford		
2008	Emma Prenderville	Pobalscoil Chorca Dhuibhne	10.30.5	Tie
2008	Fiona Dennehy	Mercy Waterford	10.30.5	Tie
2009	Kate Veale	St Augustines Dungarvan	8.50.02	
2010	Fiona Holmes	Mercy Doon	10.28.07	
2011	Siobhan Hennessy	Ursuline Thurles	12.01.7	
2012	Tara Lacey	Abbey CC Waterford	11.49.90	
2013	Jodie Cusack	Nagle Rice Doneraile	11.39.52	
2014	Isabel Morgan	Ursuline Waterford	10.54.56	
2015	Orla O'Connor	Waterpark College Waterford	10.11.17	
2016	Orla O'Connor	Waterpark	9.17.21	
2017	Ruth Heery	Waterpark College Waterford	10.31.92	
2018	Claire Caufield	Ursuline Waterford	10.12.13	
2019	Meadbh O'Connor	Waterpark College Waterford	10.31.98	

Intermediate Girls High Jump

1969	Alyson Keffe	Rochelle Cork		
1970	Teresa O'Brien	St Annes Tipperary	1.35	
1971	Yvonne O'Brien	Ursuline Waterford	1.35	
1972	Yvonne O'Brien	Ursuline Waterford	1.37	
1973	Bernadette Murray	Loreto Fermoy	1.47	
1974	Bernadette Murray	Loreto Fermoy	1.57	
1975	Bridie Hartnett	St Marys Midleton	1.57	
1976	Teresa Kennedy	Presentation Waterford	1.52	

1977	Claire Whelan	Mercy Nenagh	1.62	
1978	Mary Kirwan	St Marys Limerick	1.61	
1979	Mary Healy	South Presentation Cork	1.58	
1980	Mary Healy	South Presentation Cork	1.63	
1981	Ann Marie Walsh	Crescent Comprehensive SJ Limerick	1.50	
1982	Marie Aherne	Crescent Comprehensive SJ Limerick	1.63	
1983	Jacqui Stokes	Newtown School Waterford	1.67	Tie
1983	Marie Aherne	Crescent Comprehensive SJ Limerick	1.67	Tie
1984	Brid Hallissey	SHM Ferrybank Waterford	1.64	
1985	Brid Hallissey	SHM Ferrybank Waterford	1.67	
1986	Grace O'Grady	Nenagh VS	1.55	
1987	C Sullivan	Crescent Comprehensive SJ Limerick	1.50	
1988	Catherine Aherne	St Aloysius Cork	1.66	
1989	Elaine Ball	Scoil Carmel Limerick	1.64	
1990	Elaine Ball	Scoil Carmel Limerick	1.67	
1991	Oliva Scully	Salesian Limerick	1.69	
1992	Edna Williams	SHM Ferrybank Waterford	1.59	
1993	Maria Madigan	St Marys Charleville	1.50	
1994	Helen Johnson	St Michaels CC Kilmihil	1.58	
1995	Rachel McMillan	Borrisokane VS	1.58	
1996	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	1.57	
1997	Lisa Marsh	Ursuline Waterford	1.60	
1998	Lisa Marsh	Ursuline Waterford	1.57	
1999	Susan Nagle	St Aloysius Carrigtwohill	1.50	
2000	Eilish O'Callaghan	St Marys Mallow	1.64	
2001	Orla Doyle	Scoil Mhuire Carrick-on-Suir	1.58	
2002	Sandra Williams	Borrisokane CC	1.45	
2003	Kelly Proper	Ursuline Waterford	1.48	
2004	Christina Broderick	Kinsale CS	1.55	
2005	Jessie Barr	Ursuline Waterford	1.68	
2006	Lisa Kelly	Borrisokane CC	1.50	
2007	Orla Finn	Kinsale CS	1.58	
2008	Chloe Fahy	Nenagh VS	1.58	
2009	Ciara Walsh	Causeway Comprehensive School	1.55	
2010	Aishling Croke	Crescent Comprehensive SJ Limerick	1.70	
2011	Aishling Croke	Crescent Comprehensive SJ Limerick	1.65	
2012	Neasa Murphy	Stella Maris Tramore	1.55	
2013	Neasa Murphy	Stella Maris Tramore	1.65	
2014	Laura Cussen	Colaiste Choilm Ballincollig	1.55	
2015	Laura Nicholson	Bandon Grammar School	1.55	
2016	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	1.60	
2017	Ciara Kennelly	St Brigets Killarney	1.68	
2018	Ciara Kennelly	St Brigids Killarney	1.75	
2019	Aoife O'Sullivan	St Marys Mallow	1.68	

Intermediate Girls Long Jump

1969	Deirdre Sheehan	Mercy Kinsale	4.69
1970	M Connors	Presentation Dungarvan	4.42
1971	Yvonne O'Brien	Ursuline Waterford	4.78
1972	Joy Good	Rochelle Cork	5.27
1973	Joy Good	Ashton School Cork	4.95
1974	Anne Jeffords	Regina Mundi Cork	4.90
1975	Kathleen Glavin	Midleton VS	5.02
1976	Evelyn O'Brien	St Marys Limerick	5.42
1977	Evelyn O'Brien	St Marys Limerick	5.25
1978	Barbara Johnson	Ursuline Blackrock	5.21
1979	Brid Ann Fitzgerald	Presentation Thurles	5.33
1980	Geraldine O'Brien	Mercy Tralee	4.89
1981	Noelle Morrissey	St Marys Nenagh	5.05
1982	Noelle Morrissey	Mercy Nenagh	5.58
1983	Jacqui Stokes	Newtown School Waterford	5.57
1984	Terrie Horgan	St Marys Mallow	5.46
1985	Evanna Morrissey	St Marys Nenagh	5.41
1986	Evanna Morrissey	St Marys Nenagh	5.55
1987	Susan Smith	Presentation Waterford	5.15
1988	Renata Gibson	St Annes CC Killaloe	5.10
1989	Marie O'Meara	Mercy Nenagh	5.58
1990	Claire Ingerton	Christ King Cork	5.76
1991	Claire Ingerton	Christ King Cork	5.72
1992	Donna McGrane	Carrigaline CS	5.05
1993	Ann Mather	Mercy Kinsale	4.70
1994	Niamh Savage	Sacred Heart Clonakilty	5.21
1995	Niamh Savage	St Aloysius Carrigtwohill	5.14
1996	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	5.30
1997	Lorraine Carr	Loreto Fermoy	5.08
1998	Edel Power	Scoil Mhuire Carrick-on-Suir	5.10
1999	Claire O'Leary	St Marys Midleton	4.89
2000	Orla Doyle	Scoil Mhuire Carrick-on-Suir	5.15
2001	Orla Doyle	Scoil Mhuire Carrick-on-Suir	5.15
2002	Donna Hosford	St Vincents Cork	5.52
2003	Donna Hosford	St Vincents Cork	5.43
2004	Kelly Proper	St Pauls Waterford	5.20
2005	Imelda Morrison	Colaiste Eoin Youghal	5.65
2006	Harriet Cross	Bandon Grammar School	5.56
2007	Nicola Power	Abbey CC Waterford	5.32
2008	Nicola Power	Abbey CC Waterford	5.50
2009	April Flynn	Ursuline Waterford	4.94
2010	Anna Rodgers	Stella Maris Tramore	5.18
2011	Marie Heelan	John The Baptist Hospital	5.52
2012	Niamh Giles Doran	Mercy Waterford	5.27
2013	Laura Cussen	Colaiste Choilm Ballincollig	4.87
2014	Aoife O'Carroll	Mercy Mount Hawk Tralee	5.06
2015	Kate Taylor	Colaiste Muire Ennis	5.37

2016	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.74
2017	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.45
2018	Emily O'Mahony	St Augustines Dungarvan	5.36
2019	Laura Frawley	St Marys Charleville	5.42

Intermediate Girls Triple Jump

1996	Ann Marie O'Callaghan	Scoil Mhuire Bruff	10.15	
1997	Ann Marie O'Callaghan	Scoil Mhuire Bruff	10.84	
1998	Marian Troy	St Augustines Dungarvan	10.17	
1999	Marie Conroy	St Augustines Dungarvan	9.85	
2000	Karen Dunne	Scoil Mhuire Carrick-on-Suir	10.71	
2001	Caroline Lane	Colaiste Muire Crosshaven	10.73	
2002	Caitriona de Paor	Loreto Youghal	10.37	
2003	Amanda O'Connell	Mercy Mount Hawk Tralee	10.55	
2004	Kelly Proper	St Pauls Waterford	10.29	
2005	Jessie Barr	Ursuline Waterford	10.74	
2006	Jessie Barr	Ursuline Waterford	11.00	
2007	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	10.35	
2008	Aoife Bartley	Scoil Mhuire Carrick-on-Suir	10.84	0.1
2009	Lisa Houlihan	St Augustines Dungarvan	10.65	
2010	Jessica Sheehan	Kinsale CS	10.53	
2011	Jessica Sheehan	Kinsale CS	10.78	
2012	Liz Devine	St Augustines Dungarvan	10.67	
2013	Liz Devine	St Augustines Dungarvan	10.74	
2014	Maria Carey	St Marys Newport	11.50	-1.9
2015	Kate Taylor	Colaiste Muire Ennis	10.62	
2016	Kate Taylor	Colaiste Muire Ennis	11.23	
2017	Aisling Cassidy	Bandon Grammar School	10.84	
2018	Emily O'Mahony	St Augustines Dungarvan	10.83	
2019	Chisom Ugwuere	St Flannans Ennis	10.74	

Intermediate Girls Pole Vault

1999	Nicola Fennell	St Augustines Dungarvan	2.30
2000	Nicola Fennell	St Augustines Dungarvan	2.45
2001	Claire O'Sullivan	St Augustines Dungarvan	2.50
2002	Deirdre Kiely	St Augustines Dungarvan	2.05
2003	Susan Lonergan	St Augustines Dungarvan	2.30
2004	Susan Lonergan	St Augustines Dungarvan	2.40
2005	Siobhan Brackett	St Augustines Dungarvan	2.70
2006	Sorcha Ni Riain	Colaiste Eoin Youghal	2.50
2007	Nikita Savage	Pobalscoil na Trionoide Youghal	2.30

2008	Lisa Houlihan	St Augustines Dungarvan	2.60
2009	Lisa Houlihan	St Augustines Dungarvan	2.70
2010	Una Marley	Mercy Mount Hawk Tralee	2.30
2011	Una Marley	Mercy Mount Hawk Tralee	2.60
2012	Megan O'Connor	St Augustines Dungarvan	2.50
2013	Megan O'Connor	St Augustines Dungarvan	2.60
2014	Megan Dunford	St Augustines Dungarvan	2.70
2015	Clodagh Walsh	Davis College Mallow	2.40
2016	Emma Coffey	St Angelas Cork	3.20
2017	Emma Coffey	St Angelas Cork	3.10
2018	Orla Coffey	St Angelas Cork	3.10
2019	Orla Coffey	St Angelas Cork	3.40

Intermediate Girls Shot Put (3kg) 4kg (1970 - 2013)

1970	Mary O'Flynn	Colaiste Muire Ennis	9.07
1971	Betty Cooney	Presentation Cashel	8.37
1972	Jacinta Ryan	Mercy Carrick-on-Suir	9.14
1973	Jacinta Ryan	Mercy Carrick-on-Suir	10.13
1974	Marie Dooley	Presentation Limerick	9.49
1975	Marie Dooley	Presentation Limerick	11.15
1976	Patricia Walsh	SHM Ferrybank Waterford	11.65
1977	Joan Dooley	Presentation Limerick	11.03
1978	Joan Dooley	Presentation Limerick	11.69
1979	Anne Prendergast	Presentation Waterford	10.94
1980	Brid Naughton	Mercy Nenagh	10.62
1981	Brid Flynn	St Josephs Abbeyfeale	10.32
1982	Debbie Tobin	Crescent Comprehensive SJ Limerick	9.94
1983	Debbie Tobin	Crescent Comprehensive SJ Limerick	11.08
1984	Elaine Boland	Salesian Limerick	10.91

1985	Ailish O'Brien	Presentation Dungarvan	10.92
1986	Ailish O'Brien	Presentation Dungarvan	11.08
1987	Mary Naughton	St Marys Nenagh	10.02
1988	Emma Gavin	Salesian Limerick	9.99
1989	Joselyn Hanrahan	St Marys Limerick	9.52
1990	Valerie Mangan	FCJ Laurel Hill Limerick	10.19
1991	Valerie Mangan	FCJ Laurel Hill Limerick	10.08
1992	Edel Meagher	Scoil Mhuire Gan Smal Blarney	10.09
1993	Edel Meagher	Scoil Mhuire Gan Smal Blarney	10.14
1994	Leanne Tutty	Mercy Waterford	9.58
1995	Sinead Kehoe	Mercy Waterford	9.96
1996	Denise Murphy	Regina Mundi Cork	10.98
1997	Denise Murphy	Regina Mundi Cork	11.30
1998	Diane Cashman	St Aloysius Carrigtwohill	10.26
1999	Fionnuala Lombard	Mount Mercy Cork	10.82
2000	Deirdre Murphy	Colaiste an Phiarasigh Glanmire	10.23
2001	Deirdre Murphy	Colaiste an Phiarasigh Glanmire	10.79
2002	Kathleen Fitzgerald	St Aloysius Carrigtwohill	10.67
2003	Kathleen Fitzgerald	St Aloysius Carrigtwohill	11.43
2004	Rachel Roche	Presentation Bandon	9.18
2005	Maura Fitzgerald	St Aloysius Carrigtwohill	10.68
2006	Maura Fitzgerald	St Aloysius Carrigtwohill	11.26
2007	Claire Fitzgerald	Presentation Tralee	11.69
2008	Claire Fitzgerald	Presentation Tralee	12.34
2009	Fiona Moloney	St Marys Charleville	11.15
2010	Niamh Murphy	Colaiste Choilm Ballincollig	11.28
2011	Laura McSweeney	Colaiste na Toirbhirte Bandon	11.34
2012	Kayleigh Cronin	St Brigids Killarney	11.28
2013	Kayleigh Cronin	St Brigets Killarney	10.13
2014	Erin Kingston	Bandon Grammar School	12.43
2015	Sarah Hayes	Mount St Michael Rosscarbery	11.81
2016	Noelle Lenihan	Hazelwood College Dromcollogher	11.08
2017	Fiona Hennessy	Presentation Thurles	10.29
2018	Ciara Sheehy	St Marys Charleville	14.35
2019	Ciara Sheehy	St Marys Charleville	14.76

Intermediate Girls Discus (1kg)

1971	Eileen O'Connell	St Marys Mallow	26.19
1972	Jacinta Ryan	Mercy Carrick-on-Suir	27.05
1973	Margaret Ryan	St Annes Tipperary	30.15
1974	Marie Dooley	Presentation Limerick	33.10
1975	Marie Dooley	Presentation Limerick	35.20
1976	Patricia Walsh	SHM Ferrybank Waterford	36.35
1977	Joan Dooley	Presentation Limerick	37.13
1978	Joan Dooley	Presentation Limerick	37.56

1979	Susanne Bradley	Mercy New Inn	27.60
1980	Susanne Bradley	Mercy New Inn	ND
1981	Miriam Kirwan	SHM Ferrybank Waterford	32.46
1982	Fiona McGovern	Ursuline Waterford	32.37
1983	Eve Nangle	Stella Maris Tramore	36.74
1984	Elaine Boland	Salesian Limerick	36.48
1985	Ailish O'Brien	Presentation Dungarvan	38.22
1986	Ailish O'Brien	Presentation Dungarvan	37.00
1987	Mary Naughton	St Marys Nenagh	29.98
1988	Fiona Lynch	Presentation Dungarvan	30.66
1989	Ciara Tyrrell	Ursuline Waterford	29.92
1990	E Moloney	Mercy Cahir	26.44
1991	E Moloney	Mercy Cahir	29.22
1992	Deirdre O'Connor	Scariff CC	30.94
1993	Edel Meagher	Scoil Mhuire Gan Smal Blarney	30.52
1994	Deirdre O'Connor	Scariff CC	33.54
1995	Sinead Kehoe	Mercy Waterford	30.29
1996	Claire Akers	Scariff CC	30.14
1997	Katie O' Riordan	St Aloysius Carrigtwohill	30.76
1998	Diane Cashman	St Aloysius Carrigtwohill	33.32
1999	Fionnuala Lombard	Mount Mercy Cork	30.65
2000	Rachel Akers	Scariff CC	33.93
2001	Rachel Akers	Scariff CC	34.05
2002	Sonia Kennedy	Abbey CC Waterford	28.32
2003	Sonia Kennedy	Abbey CC Waterford	33.95
2004	Rachel Roche	Presentation Bandon	26.52
2005	Eadaoin Ashe	Ard Scoil na nDeise Dungarvan	31.70
2006	Sarah Bradfield	Bandon Grammar School	32.84
2007	Claire Fitzgerald	Presentation Tralee	37.57
2008	Claire Fitzgerald	Presentation Tralee	42.11
2009	Zoe Scanlon	Ard Scoil na nDeise Dungarvan	35.03
2010	Kate Hickey	St Declans CC Kilmacthomas	29.88
2011	Hannah O'Sullivan	Boherbue Comprehensive School	31.88
2012	Kayleigh Cronin	St Brigids Killarney	42.64
2013	Kayleigh Cronin	St Brigets Killarney	43.74
2014	Aoife Doyle	Intermediate School Killorglin	32.14
2015	Aoife Doyle	Intermediate School Killorglin	31.49
2016	Noelle Lenihan	Hazelwood College Dromcollogher	34.00
2017	Martha Quain	Colaiste an Chroi Naofa Carraig na bhFear	30.04
2018	Megan Lenihan	Hazelwood College Dromcollogher	34.55
2019	Megan Lenihan	Hazelwood College Dromcollogher	36.68

Intermediate Girls Hammer (3kg)

4kg (1998 - 2013)

1998	Aisling Mulcahy	St Nessans Limerick	23.44
1999	Sonia Tutty	Mercy Waterford	25.90
2000	Rachel Akers	Scariff CC	45.94
2001	Rachel Akers	Scariff CC	46.82
2002	Aoife Naughton	St Marys Nenagh	34.96
2003	Ann Marie Cronin	Colaiste Choilm Ballincollig	38.89
2004	Ann Marie Cronin	Colaiste Choilm Ballincollig	38.37
2005	Linda Cronin	Colaiste Choilm Ballincollig	41.45
2006	Katie O'Shea	Presentation Milltown	42.63
2007	Maria Flynn	Presentation Milltown	38.23
2008	Meg Fitzgerald	St Augustines Dungarvan	34.68
2009	Karen Flynn	Presentation Milltown	36.93
2010	Maureen O'Neill	Colaiste Treasa Kanturk	38.03
2011	Laura McSweeney	Colaiste na Toirbhirte Bandon	43.52
2012	Alice Akers	Scariff CC	46.91
2013	Alice Akers	Scariff CC	48.32
2014	Aoife Doyle	Intermediate School Killorglin	46.30
2015	Aisling Vaughan-Witts	Borrioscane CC	45.37
2016	Sinead Warren	Sliabh Luachra	43.98
2017	Tirna Ni Chathail	Pobalscoil na Trionoide Youghal	48.63
2018	Tirna Ni-Chathail	Pobalscoil na Trionoide Youghal	50.34
2019	Nicola Tuthill	Colaiste na Toibhirte Bandon	57.06

Intermediate Girls Javelin (500g) 600g (1971 - 2013)

1971	Mary O'Flynn	Colaiste Muire Ennis	27.13
1972	Margaret Crosse	Mercy Doon	26.37
1973	Marie Flynn	Loreto Fermoy	32.16
1974	Marie Flynn	Loreto Fermoy	33.35

1975	Ann Crosse	Mercy Tipperary	29.07
1976	Ann Crosse	Mercy Tipperary	30.77
1977	Mary Corbett	Scoil Carmel Limerick	31.96
1978	Mary Corbett	Scoil Carmel Limerick	33.64
1979	S Byrne	Salesian Limerick	29.46
1980	Brenda Walsh	FCJ Laurel Hill Limerick	37.18
1981	Brenda Walsh	FCJ Laurel Hill Limerick	39.06
1982	Brenda Walsh	FCJ Laurel Hill Limerick	42.80
1983	Teresa Burke	Borrisokane VS	34.80
1984	K Molloy	FCJ Laurel Hill Limerick	30.12
1985	Brid Hallissey	SHM Ferrybank Waterford	27.54
1986	Mary T Real	Salesian Limerick	28.30
1987	Mary T Real	Salesian Limerick	36.14
1988	Joselyn Hanrahan	St Marys Limerick	31.26
1989	Ciara Tyrrell	Ursuline Waterford	34.66
1990	Nicola Canning	St Marys Nenagh	32.78
1991	Patricia Naughton	St Marys Nenagh	33.46
1992	Catherine Burke	Borrisokane VS	31.32
1993	Leanne Tutty	Mercy Waterford	28.00
1994	Leanne Tutty	Mercy Waterford	31.12
1995	Jackie Ryan	Presentation Milltown	26.84
1996	Jackie Ryan	Presentation Milltown	33.38
1997	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	29.86
1998	Mary Dalton	Ursuline Waterford	27.41
1999	Karen Dunne	Scoil Mhuire Carrick-on-Suir	30.01
2000	Karen Dunne	Scoil Mhuire Carrick-on-Suir	29.44
2001	Amanda O'Farrell	Borrisokane CC	25.20
2002	Catherine Grant	Ursuline Waterford	31.87
2003	Catherine Grant	Ursuline Waterford	36.84
2004	Paula McCarthy	St Gobans CC Bantry	29.76
2005	Rachel Roche	Colaiste na Toibhirte Bandon	27.55
2006	Claire Flanagan	Loreto Youghal	27.30
2007	Claire Fitzgerald	Presentation Tralee	36.22
2008	Claire Fitzgerald	Presentation Tralee	34.57
2009	Ailish Sheehan	Salesian Pallaskenry	34.44
2010	Jennie Murphy	St Marys Mallow	30.64
2011	Patricia Curtin	Pobalscoil na Trionoide Youghal	23.80
2012	Rita Casey	St Brigids Killarney	28.74
2013	Rita Casey	St Brigids Killarney	31.70
2014	Orla O'Brien	Ursuline Waterford	33.98
2015	Orla O'Brien	Ursuline Waterford	42.33
2016	Vickie Cusack	Davis College Mallow	30.31
2017	Katie Moynihan	Davis College Mallow	38.11
2018	Katie Moynihan	Davis College Mallow	41.34
2019	Leanne Healy	Coláiste Muire Ennis	37.99

Intermediate Girls Combined Events

1992	Edel Meagher	SMGS Blarney	2821
1993	Laura Hartley	SHM Ferrybank Waterford	
1994	Muriel Cummins	Ard Scoil na nDéise	2217
1995	Orna Donoghue	Scoil Mhuire Carrick on Suir	2572
1996	Orna Donoghue	Scoil Mhuire Carrick on Suir	2760
1997			
1998	Niamh Cummins	Ard Scoil na nDéise	2473
1999	Deirdre Treacy	Colaiste Phobal Roscrea	2233
2000	Orla Doyle	Scoil Mhuire Carrick on Suir	2784
2001	Sandra Williams	Borrisokane CC	2645
2002	Kathleen Freyne	Mercy Waterford	2671
2003	Holly Deegan	Mercy Waterford	2716
2004	Kelly Proper	St Pauls Waterford	3000
2005	Mairead Murphy	Mercy Waterford	2858
2006			
2007	Roisin Howard	Loreto Fermoy	2647
2008	Orla Finn	Kinsale CS	2785
2009	Megan Kiely	Ursuline Waterford	2795
2010	Megan Kiely	Ursuline Waterford	3086
2011	Aileen Hurley	Loreto Fermoy	2383
2012	Grace McKenzie	Scoil Mhuire Crosshaven	2946
2013	Laura Cussen	Colaiste Choilm Ballincollig	2582
2014	Laoise Bennis	Hazelwood College Dromcollogher	2653
2015	Vickie Cusack	Davis College Mallow	3325
2016	Vickie Cusack	Davis College Mallow	3122
2017	Aisling Cassidy	Bandon Grammar School	3064
2018	Chisom Ugwuere	St Flannans Ennis	3040
2019	Laura Frawley	St Marys Charleville	3224

Intermediate Girls 4 X 100m Relay

1969 Medley Relay - 1 Junior + 1 Inter + 1 Senior (1969)

1970	Rochelle Cork	56.6
1971	Ursuline Waterford	54.6
1972	Regina Mundi Cork	53.3
1973	Regina Mundi Cork	52.0
1974	Sacred Heart Cork	52.5
1975	Sacred Heart Cork	51.3
1976	Mercy Nenagh	51.8
1977	Presentation Limerick	52.5
1978	Mercy Nenagh	50.5
1979	Mercy Nenagh	52.1
1980	St Marys Nenagh	51.0
1981	Newtown School Waterford	51.5
1982	Mercy Nenagh	51.0
1983	Newtown School Waterford	51.5
1984	St Marys Mallow	52.5
1985	SHM Ferrybank Waterford	51.8
1986	Ursuline Waterford	51.6
1987	Loreto Fermoy	50.9
1988	Tarbert CS	50.3
1989	Presentation Ballyphehane	50.7
1990	Presentation Ballyphehane	51.7
1991	Presentation Ballyphehane	52.4
1992	Scoil Mhuire Carrick-on-Suir	52.2
1993	Ard Scoil na nDeise Dungarvan	50.6
1994	Ursuline Waterford	52.2
1995	Scoil Mhuire Carrick-on-Suir	52.0
1996	Scoil Mhuire Carrick-on-Suir	50.5
1997	St Marys Mallow	50.6
1998	Mount Mercy Cork	50.6
1999	St Aloysius Carrigtwohill	51.0
2000	Scoil Mhuire Carrick-on-Suir	52.9
2001	St Marys Midleton	51.8
2002	Presentation Mitchelstown	51.5
2003	Salesian College Pallaskenry	51.6
2004	Mercy Waterford	51.57
2005	Ursuline Waterford	50.12
2006	Ursuline Waterford	52.35
2007	St Declans CC Kilmacthomas	53.61
2008	Crescent Comprehensive SJ Limerick	50.98
2009	Castletroy College Limerick	50.58
2010	Crescent Comprehensive SJ Limerick	
2011	FCJ Laurel Hill Limerick	51.20
2012	Stella Maris Tramore	52.56
2013	Stella Maris Tramore	52.43
2014	St Marys Newport	51.44

2015	Castletroy College Limerick	49.81
2016	Castletroy College Limerick	50.26
2017	Scoil Mhuire agus Ide Newcastle West	51.43
2018	St Flannans Ennis	50.98
2019	Bandon Grammar School	50.67

Intermediate Girls Cross Country - Individual

1970	Breda Bowe	Sacred Heart Thurles
1971	Joan Fleming	St Angelas Cork
1972	Joan Fleming	St Angelas Cork
1973	Jo O'Leary	North Presentation Cork
1974	Cushla Murphy	St Josephs Tulla
1975	Fionnuala Morrish	Regina Mundi Cork
1976	Margaret Cadogan	Mercy Skibbereg
1977	Valerie O'Mahoney	South Presentation Cork
1978	Shiela Daly	Rathmore PPS
1979	Emily Blake	Presentation Limerick
1980	Rosemary Bracken	Croom VS
1981	Tina Moloney	Mercy Waterford
1982	Patricia Logan	St Marys Limerick
1983	Patricia Logan	St Marys Limerick
1984	Diane McCarthy	Loreto Fermoy
1985	Sonia O'Sullivan	Cobh VS
1986	Sonia O'Sullivan	Cobh VS
1987	Edwina Foley	FCJ Laurel Hill
1988	Breda Gaffney	St Marys Charleville
1989	Christine Geoghegan	St Nessans Limerick
1990	Susan Murnane	Salesian Limerick
1991	Michelle Moloney	St Josephs Kilmallock
1992	Orla O'Mahony	Colaiste Muire Ennis
1993	Valerie Lynch	St Aidans CC Cork
1994	Orla O'Mahony	Colaiste Muire Ennis
1995	Caroline Daly	Loreto Fermoy
1996	Olga Cronin	St Colmans CC Midleton
1997	Olga Cronin	St Colmans CC Midleton
1998	Martina Hickey	Millstreet CS
1999	Katie Lyons	St Marys Macroom
2000	Niamh Walsh	St Marys Midleton
2001	Niamh Walsh	St Marys Midleton
2002	Joyce Curtin	Colaiste Eoin Youghal
2003	Joyce Curtin	Colaiste Eoin Youghal
2004	Louise Finn	Ballincollig CS
2005	Deirdre Duff	St Augustines Dungarvan
2006	Ciara Cronin	Abbey CC Waterford
2007	Niamh Ryan	Abbey CC Waterford

2008	Emer Tagney	St Brigids Killarney
2009	Aisling Darcy	St Flannans Ennis
2010	Amy O'Donoghue	Villiers School Limerick
2011	Jessica Coyne	Crescent Comprehensive SJ Limerick
2012	Aisling Quinn	Ursuline Waterford
2013	Aisling Quinn	Ursuline Waterford
2014	Caoimhe Harvey	St Josephs CC Kilkee
2015	Caoimhe Harrington	Colaiste Pobail Bantry
2016	Tamzin Muldowney	St Marys Midleton
2017	Laura Hayes	Loreto Fermoy
2018	Aimee Hayde	St Marys Newport
2019	Niamh O'Mahony	Presentation Tralee
2020	Avril Millerick	St Marys Midleton

Intermediate Girls Cross Country - Team

1970	Sacred Heart Thurles	15pts
1971	St Angelas Cork	22pts
1972	St Angelas Cork	22pts
1973	North Presentation Cork	27pts
1974	Mount Mercy Cork	20pts
1975	Colaiste Muire Ennis	23pts
1976	St Mary's Midleton	17pts
1977	St Mary's Midleton	19pts
1978	Immaculate Heart Cork	32pts
1979	St Josephs Abbeyfeale	21pts
1980	Presentation Limerick	26pts
1981	Presentation Limerick	24pts
1982	Scoil Chriost Ri Cahir	15pts
1983	Scoil Chriost Ri Cahir	22pts
1984	Holy Cross Kenmare	45pts
1985	Thurles VS	28pts
1986	Mercy Skibbereen	36pts
1987	Presentation Thurles	24pts
1988	FCJ Laurel Hill	26pts
1989	St Marys Charleville	17pts
1990	St Marys Charleville	10pts
1991	St Josephs Kilmallock	16pts
1992	St Josephs Kilmallock	20pts
1993	Colaiste Muire Ennis	7pts
1994	Colaiste Muire Ennis	30pts
1995	Colaiste Muire Ennis	20pts
1996	Colaiste Muire Ennis	44pts
1997	St Colmans CC Midleton	23pts
1998	St Marys Charleville	19pts
1999	St Marys Charleville	16pts

2000	St Marys Macroom	24pts
2001	St Marys Macroom	12pts
2002	St Marys Midleton	20pts
2003	St Marys Midleton	32pts
2004	Ursuline Thurles	28pts
2005	Presentation Waterford	49pts
2006	Ard Scoil na nDeise Dungarvan	20pts
2007	Ursuline Waterford	19pts
2008	Ursuline Thurles	18pts
2009	Ard Scoil na nDeise Dungarvan	55pts
2010	Colaiste na Sceilge Caherciveen	31pts
2011	St Michaels CC Kilmihil	20pts
2012	Loreto Clonmel	37pts
2013	Ursuline Thurles	21pts
2014	St Augustines Dungarvan	44pts
2015	Presentation Thurles	50pts
2016	Ursuline Thurles	35pts
2017	Colaiste Muire Ennis	23pts
2018	Loreto Fermoy	45pts
2019	Pobalscoil na Trionoide Youghal	30pts
2020	Pobalscoil na Trionoide Youghal	22pts

Under 16 Boys Mile

2007	Michael O'Sullivan	McEgan CC Macroom	4.53.47
2008	Peter Hanrahan	Douglas CS	5.01.07
2009	Alan Ryan	Abbey CBS Tipperary	4.50.45
2010	Ian Hartnett	Colaiste Daibheid Cork	4.35.27
2011	David Kavanagh	Mercy Mount Hawk Tralee	4.54.11
2012	Liam Hennessy	Colaiste Chriost Ri Cork	4.42.04
2013	Luke Horgan	Colaiste Chriost Ri Cork	4.34.25
2014	Jamie Roche	St Flannans Ennis	4.56.81
2015	Charlie O'Donovan	Colaiste Chriost Ri Cork	4.29.90
2016	Darragh McElhinney	Colaiste Pobail Bantry	4.26.08
2017	Tommy Connolly	Christian Brothers College Cork	4.31.05
2018	Paul Hartnett	Colaiste an Chraoibhin Fermoy	4.34.95
2019	Adam Kiely	Christian Brothers College Cork	4.37.10

Under 16 Girls Mile

2007	Caitriona Hennessy	Colaiste Muire Ennis	5.39.81
2008	Niamh Richardson	Castletroy College Limerick	6.10.59
2009	Siobhan Heylin	Mercy Waterford	6.19.41
2010	Emily Keane	Bandon Grammar School	6.03.55
2011	Molly Lynch	St Patricks CS Shannon	5.46.22

2012	Eileen Rafter	Ursuline Thurles	5.33.00
2013	Aoife Deering	St Marys Nenagh	5.29.16
2014	Aoife Hamilton	Mean Scoil San Nicolas an Rinn	5.38.48
2015	Aine Keane	St Josephs Spanish Point	5.54.68
2016	Shona O'Brien	Presentation Milltown	5.35.53
2017	Tara Ramasawmy	Presentation Waterford	5.30.09
2018	Una O'Brien	Waterpark College Waterford	05.20.05
2019	Ailbhe O'Neil	St Marys Nenagh	5.17.97

Junior Boys 100m 100yds (1931 - 1969)

1931	R Rice	St Patricks Fethard	11.8
1937	Mortimer O'Shea	Rockwell College	11.2
1938	Noel O'Mahony	Christian Brothers College Cork	11.6
1939	Thomas Daly	St Flannans Ennis	10.6
1940	Michael Dunne	Rockwell College	10.3
1941	Michael Dunne	Rockwell College	10.6
1947	T O'Callaghan	Mallow	11.6
1948	James Buckley	Rockwell College	11.4
1949	Brian Coffey	Christian Brothers College Cork	11.4
1950	M Lane	Presentation Brothers Cork	11.3
1951	Aidan O'Shea	Christian Brothers College Cork	11.0
1952	A Lee	Limerick CBS	11.6
1953	Dermot McLoughney	High School Clonmel	11.5
1954	Paul Sanquest	Christian Brothers College Cork	11.2
1955	Frank Bowen	Christian Brothers College Cork	11.4
1956	Michael Ryan	Rockwell College	11.1
1957	Jim Allis	Doon CBS	11.1
1958	Donal Murphy	Limerick CBS	10.5
1959	Rory Delaney	Christian Brothers College Cork	11.3
1960	Joe Cumiskey	Rockwell College	11.2
1961	William Frawley	St Flannans Ennis	11.1
1962	Bernie O'Connell	St Munchins Limerick	11.1
1963	Niall Leahy	Crescent Comprehensive SJ Limerick	11.1
1964	Paddy Fitzgerald	North Monastery CBS Cork	11.7
1965	Alf Ryan	Thurles CBS	11.9
1966	Francis Corbett	Glenstal Abbey School	11.6
1967	Finbarr Jeffords	Colaiste Muire Cork	11.4
1968	M O'Connell	Ennis CBS	11.0
1969	A Murphy	Colaiste Chriost Ri Cork	11.5

1970	Dermot Browne	Rockwell College	12.1	
1971	D Hardiman	Mungret College Limerick	13.3	
1972	Frank Power	Mount Sion Waterford	12.7	
1973	Jim Crotty	Christian Brothers College Cork	12.5	
1974	Jim Crotty	Christian Brothers College Cork	11.9	
1975	Owen Crotty	Christian Brothers College Cork	12.1	
1976	Pat Flanagan	Mount Sion Waterford	12.1	
1977	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.9	
1978	Finbarr Harrington	Colaiste Chriost Ri Cork	12.1	
1979	Niall Crotty	Christian Brothers College Cork	12.3	
1980	Carl Rassmoussen	Colaiste Muire Cobh	11.7	
1981	Paul O'Regan	Scoil Eoin Naofa Cork	12.2	
1982	J Prendergast	Crescent Comprehensive SJ Limerick	11.7	
1983	Kenneth Horgan	Midleton CBS	11.6	
1984	Conor Clifford	Tralee CBS	12.5	
1985	Seamus Coughlan	De La Salle Macroom	11.5	
1986	Alan McCarthy	Midleton CBS	12.1	
1987	Emmet Foley	Colaiste an Spioraid Naoimh Bishopstown	12.2	
1988	Carlton Haddock	Colaiste Chriost Ri Cork	11.8	
1989	Daniel Lawson	Ashton School Cork	11.6	
1990	Tito Duarte	De La Salle Macroom	11.6	
1991	Jeff Casey	Presentation Brothers Cork	11.7	
1992	Leo Clancy	St Augustines Dungarvan	11.5	
1993	Edmund O'Carroll	Presentation Brothers Cork	11.8	
1994	Michael O'Halloran	Colaiste Chriost Ri Cork	11.8	
1995	Redmond Burke	Ard Scoil Ris Limerick	12.4	
1996	Richard Phelan	Carrick-on-Suir VS	11.5	
1997	Darren Coughlan	Hamilton High School Bandon	11.6	
1998	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	12.1	
1999	Seamus Mullins	High School Clonmel	12.1	
2000	Chris Condon	Tralee CBS	11.8	
2001	Mark Walsh	Tralee CBS	11.6	
2002	John Fitzgerald	Salesian College Pallaskenry	11.9	
2003	Brendan O'Connor	Beara CS	12.62	
2004	John Owens	Blackwater Commuity School Lismore	12.10	
2005	Ben McGilton	Mercy Mount Hawk Tralee	11.41	
2006	Conal O'Callaghan	St Brendans Killarney	12.16	
2007	Clive Kennington	Newtown School Waterford	12.09	
2008	Kevin Meade	Rathkeale CC	11.99	
2009	Greg O'Shea	Crescent Comprehensive SJ Limerick	12.12	
2010	Thomas Blake	Castletroy Collge Limerick	11.61	3.1
2011	Mark Varley	Crescent Comprehensive SJ Limerick	12.31	-3.6
2012	Eli Kadi	Carrigaline CS	11.72	1.6
2013	Tadgh Myler	St Pauls Waterford	11.70	5.4
2014	Tony Odubote	Rice College Ennis	12.07	-3.8
2015	Shawn Benson	St Flannans Ennis	11.55	1.4
2016	Jack Ryan	Thurles CBS	12.44	-5.5
2017	Mervyn Shalemba	Mercy Mount Hawk Tralee	11.60	-1.9

2018 Glory Wenegieme	Colaiste Muire Crosshaven	11.61	-0.5
2019 Efe Opuoru	St Flannans Ennis	12.03	0.0

Junior Boys 200m 220 yds (1931 - 1969)

1931 R Rice	St Patricks Fethard	28.2	
1937 Mortimer O'Shea	Rockwell College	25.2	
1938 Noel O'Mahony	Christian Brothers College Cork	27.3	
1939 G Murphy	St Flannans Ennis	26.7	
1940 B O'Riordan	North Monastery CBS Cork	26.7	
1941 J Sheerin	Rockwell College		
1947 T O'Callaghan	Mallow	26.6	
1948 Donal Linehan	Christian Brothers College Cork	27.7	
1949 Tom Murphy	Sullivans Quay Cork	26.4	
1950 J Lane	Presentation Brothers Cork		
1951 Aidan O'Shea	Christian Brothers College Cork	26.0	
1952 D Lynch	Rochestown College	26.2	
1953 P McSweeney	De La Salle Macroom	26.0	
1954 Paul Sanquest	Christian Brothers College Cork	26.1	Tie
1954 Finbarr O'Keeffe	De La Salle Waterford	26.1	Tie
1955 Frank Bowen	Christian Brothers College Cork	27.0	
1956 Michael Ryan	Rockwell College	26.5	
1957 Louis Bermudez	Rockwell College	26.7	
1958 Pat Murphy	Limerick CBS	25.6	
1959 Rory Delaney	Christian Brothers College Cork	26.1	
1960 Joe Cumiskey	Rockwell College	25.5	

1961	William Frawley	St Flannans Ennis	26.2
1962	Michael Manning	Presentation Brothers Cork	25.3
1963	Niall Leahy	Crescent Comprehensive SJ Limerick	25.6
1964	Paddy Fitzgerald	North Monastery CBS Cork	25.5
1965	Alf Ryan	Thurles CBS	26.0
1966	J O'Donovan	Mungret College Limerick	27.0
1967	F O'hAonghusa	Ennis CBS	24.2
1968	M O'Connell	Ennis CBS	24.5
1969	J Roche	Thurles CBS	26.4
1970	Dermot Browne	Rockwell College	25.4
1971	D Hardiman	Mungret College Limerick	25.0
1972	Eamonn McKeown	Tipperary VS	23.9
1973	Jim Crotty	Christian Brothers College Cork	24.4
1974	Paddy Benson	St Munchins Limerick	24.6
1975	Brian Tiernan	Colaiste an Spioraid Naoimh Bishopstown	23.8
1976	Pat Flanagan	Mount Sion Waterford	24.5
1977	Paul O'Brien	Crescent Comprehensive SJ Limerick	24.3
1978	Joe Kennedy	De La Salle Waterford	24.5
1979	Niall Crotty	Christian Brothers College Cork	25.4
1980	T Cavanagh	Cobh VS	24.4
1981	Paul O'Regan	Scoil Eoin Naofa Cork	24.5
1982	J Prendergast	Crescent Comprehensive SJ Limerick	24.4
1983	Kenneth Horgan	Midleton CBS	24.4
1984	Conor Clifford	Tralee CBS	24.9
1985	F O'Brien	High School Clonmel	23.8
1986	Alan McCarthy	Midleton CBS	23.9
1987	Tom Comyns	Crescent Comprehensive SJ Limerick	24.1
1988	Carlton Haddock	Colaiste Chriost Ri Cork	24.1
1989	Daniel Lawson	Ashton School Cork	23.7
1990	Tomas Lynch	Doon CBS	24.3
1991	Jeff Casey	Presentation Brothers Cork	24.5
1992	Owen McCarthy	Tralee CBS	23.4
1993	Tony Dunne	Thurles CBS	24.0
1994	Eoin Everande	Our Ladys Templemore	24.8
1995	Diarmuid McCarthy	Christian Brothers College Cork	24.2
1996	Paul Collins	Mayfield Community School	23.2
1997	Darren Coughlan	Hamilton High School Bandon	23.7
1998	Shane O'Meara	Ballincollig CS	25.0
1999	Cathal Hannon	Our Ladys Templemore	25.1
2000	Cathal Hannon	Our Ladys Templemore	23.2
2001	Mark Walsh	Tralee CBS	23.5
2002	Ger Tobin	Tralee CBS	24.0
2003	Adrian Leahy	Hazelwood College Dromcollogher	NT
2004	John Owens	Blackwater Commuity School Lismore	24.72
2005	Ben McGilton	Mercy Mount Hawk Tralee	23.82
2006	Conal O'Callaghan	St Brendans Killarney	25.05
2007	Fintan Walsh	Salesian Pallaskenry	25.01
2008	Dara Kenny	Colaiste an Chroi Naofa Carraig na bhFear	24.70

2009	Greg O'Shea	Crescent Comprehensive SJ Limerick	25.37	
2010	Oisin Sedgewick	Bandon Grammar School	24.30	2.1
2011	Mark Varley	Crescent Comprehensive SJ Limerick	24.80	-5.4
2012	Patrick O'Neill	Abbey CC Waterford	24.52	
2013	Conor O'Driscoll	Carrigaline CS	24.32	1.7
2014	Tony Odubote	Rice College Ennis	24.73	-3.4
2015	Shawn Benson	St Flannans Ennis	22.99	2.6
2016	Marc Jones	Colaiste Muire Cobh	24.98	-5.8
2017	Diro Lawal	Castletroy College Limerick	23.94	-1.9
2018	Glory Wenegieme	Colaiste Muire Crosshaven	23.68	-0.4
2019	John O'Connor	St Patricks Castleisland	23.50	2.2

Junior Boys 800m 880yds (1966 - 1969)

1966	L O'Murchu	North Monastery CBS Cork	2.21.6	
1967	Bernard Lynch	Farranferris Cork	2.15.3	
1968	Paddy O'Connell	Sullivans Quay Cork	2.14.0	
1969	Pat Dineen	St Colmans Fermoy	2.12.9	
1970	Eddie McCarthy	North Monastery CBS Cork	2.09.9	
1971	G O'Sullivan	North Monastery CBS Cork	2.15.7	
1972	Paul O'Connor	St Colmans Fermoy	2.12.0	
1973	A Herbert	Crescent Comprehensive SJ Limerick	2.13.9	
1974	David O'Regan	Fermoy CBS	2.13.2	
1975	William Hogan	Nenagh CBS	2.05.8	
1976	Brian O'Regan	St Colmans Fermoy	2.05.1	
1977	Eoin Nolan	Crescent Comprehensive SJ Limerick	2.09.9	
1978	Paul Byrnes	Mount Sion Waterford	2.07.5	
1979	M Cleary	North Monastery CBS Cork	2.10.6	
1980	Ian Bolger	Ard Scoil Ris Limerick	2.08.9	

1981	Mark Dornan	Bandon Grammar School	2.12.9
1982	John Downes	St Pauls Kilfinane	2.08.0
1983	Bill Mullaney	Thurles CBS	2.07.4
1984	K Foley	St Clements Limerick	2.07.6
1985	Anthony O'Keeffe	Colaiste Chriost Ri Cork	2.09.3
1986	Ed Burke	Thurles CBS	2.07.4
1987	S Wallace	Tramore CBS	2.10.4
1988	Brian Kiely	Scoil Mhuire Gan Smal Blarney	2.07.9
1989	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	2.05.1
1990	Stephen Coade	North Monastery CBS Cork	2.03.0
1991	B McGrath	Douglas CS	2.07.5
1992	Larry Morrissey	Waterpark College Waterford	2.03.8
1993	E Morrissey	Colaiste an Spioraid Naoimh Bishopstown	2.25.2
1994	Denis Murphy	Mayfield Community School	2.04.7
1995	Thomas Quaid	Dromcollogher CC	2.09.7
1996	Tony Lilly	Colaiste Choilm Ballincollig	2.13.9
1997	Ian Donovan	Colaiste Choilm Ballincollig	2.05.7
1998	Paul Grant	Mount Sion Waterford	2.02.1
1999	James McCarthy	Midleton CBS	2.06.7
2000	Diarmaid Collins	Midleton CBS	2.12.3
2001	James Cave	Bandon Grammar School	2.12.6
2002	Brian Markham	St Flannans Ennis	2.15.3
2003	Martin Burke	Presentation Milltown	2.08.23
2004	Niall Tuohy	Newtown School Waterford	2.04.92
2005	Keith Maher	Nenagh CBS	2.05.85
2006	Michael O'Sullivan	McEgan CC Macroom	2.12.54
2007	Shane Quinn	De La Salle Waterford	2.03.41
2008	Dean Cronin	Scoil Mhuire Gan Smal Blarney	2.01.14
2009	Sean Tobin	High School Clonmel	2.06.38
2010	Eoin Ryan	St Marys Newport	2.11.59
2011	Nessan Guilfoyle	Christian Brothers College Cork	2.14.12
2012	Luke Horgan	Colaiste Chriost Ri Cork	2.08.32
2013	Michael Foley	Tarbert CS	2.08.14
2014	Jack Dolan	Thurles CBS	2.16.06
2015	Kieran Moloney	Thurles CBS	2.07.03
2016	Ben Deasy	St Flannans Ennis	2.05.00
2017	Rory Prenderville	John The Baptist Hospital	2.06.79
2018	Kelvin O'Carroll	Ard Scoil Ris Limerick	2.08.44
2019	Mark Davidson	Thurles CBS	2.12.79

Junior Boys 1500m

1970	Eddie McCarthy	North Monastery CBS Cork	4.24.0
1971	John Treacy	St Anns Cappoquin	4.27.0
1972	C Murphy	North Monastery CBS Cork	4.28.4
1973	Brian Twohig	North Monastery CBS Cork	4.41.0
1974	Finbarr O'Leary	North Monastery CBS Cork	4.17.6

1975	Frank O'Mara	St Munchins Limerick	4.21.4
1976	L Galvan	Ennis CBS	4.22.9
1977	Tony Gilbert	North Monastery CBS Cork	4.27.1
1978	Ger Ryan	Crescent Comprehensive SJ Limerick	4.34.3
1979	Barry Dillon	Rathkeale Vocational School	4.36.8
1980	William Maloney	Roscrea VS	4.19.7
1981	Edmund O'Sullivan	De La Salle Waterford	4.29.2
1982	John Downes	St Pauls Kilfinane	4.31.0
1983	Bill Mullaney	Thurles CBS	4.22.0
1984	K Foley	St Clements Limerick	4.30.4
1985	Danny O'Brien	Mercy Newport	4.28.7
1986	Ed Burke	Thurles CBS	4.18.5
1987	John Murray	Charleville VS	4.27.5
1988	Sean Barrett	Millstreet CS	4.26.0
1989	Kieran McKeown	Deerpark CBS Cork	4.28.9
1990	Stephen Coade	North Monastery CBS Cork	4.20.7
1991	Trevor Moloney	Patrician Academy Mallow	4.23.6
1992	Thomas Carey	Ard Scoil Ris Limerick	4.17.9
1993	Shane Fitzgerald	St Colmans Fermoy	4.43.6
1994	Denis Murphy	Mayfield Community School	4.23.5
1995	Tadhg Healy	Nagle Rice Doneraile	4.25.6
1996	Shane O'Shaughnessy	Mayfield Community School	4.24.0
1997	Ian Donovan	Colaiste Choilm Ballincollig	4.23.3
1998	Sean O'Dwyer	Thurles CBS	4.28.6
1999	Tadhg O'Callaghan	Colaiste Chriost Ri Cork	4.28.1
2000	Diarmaid Collins	Midleton CBS	4.27.5
2001	Thomas Dorney	Gairm Scoil Mhuire Thurles	4.34.5
2002	David McCarthy	St Augustines Dungarvan	4.19.5
2003	David McCarthy	St Augustines Dungarvan	4.16.71
2004	Niall Tuohy	Newtown School Waterford	4.19.5
2005	John Francis	Tramore CBS	4.22.83
2006	Shane Quinn	De La Salle Waterford	4.15.47
2007	Shane Quinn	De La Salle Waterford	4.11.06
2008	Dean Cronin	Scoil Mhuire Gan Smal Blarney	4.31.87
2009	Sean Tobin	High School Clonmel	4.24.28
2010	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	4.30.29
2011	Liam Hennessy	Colaiste Chriost Ri Cork	4.31.65
2012	Abdi Mohammed	Colaiste Chriost Ri Cork	4.28.76
2013	Fearghal Curtin	Midleton CBS	4.14.30
2014	Charlei O'Donovan	Colaiste Chriost Ri Cork	4.26.92
2015	Darragh McElhiney	Colaiste Pobail Bantry	4.21.63
2016	Jake Bagge	Ard Scoil na Mara Tramore	4.30.87
2017	Mark Hanrahan	St Flannans Ennis	4.21.91
2018	Dean Casey	St Flannans Ennis	4.34.94
2019	Tadhg Connolly	Abbey CC Waterford	4.24.66

Junior Boys 80m Hurdles (76.2 cm)

1970	E McNamara	Crescent Comprehensive SJ Limerick	13.0	
1971	Frank Walsh	Tralee CBS	13.1	
1972	P Collins	Ard Scoil Ris Limerick	13.0	
1973	M Dillon	Salesian Limerick	14.2	
1974	B Donnellan	St Flannans Ennis	12.4	
1975	Paul Sheehan	De La Salle Waterford	12.7	
1976	Paul Whelan	Nenagh CBS	12.2	
1977	Eoin Nolan	Crescent Comprehensive SJ Limerick	12.7	
1978	Michael Morrissey	Nenagh CBS	12.1	
1979	Garrett Moylan	Nenagh CBS	12.5	
1980	Tom McKeogh	Nenagh CBS	11.6	
1981	Kevin Madden	St Clements Limerick	12.5	
1982	Joe Connors	Borrisokane VS	12.6	
1983	John Naughton	Nenagh CBS	12.3	
1984	Leonard Waugh	Hamilton High School Bandon	12.1	
1985	Darren Haddock	Colaiste Chriost Ri Cork	12.0	
1986	David Sheehan	St Munchins Limerick	11.8	
1987	Brian Hallahan	Bishopstown CS	12.3	
1988	Carlton Haddock	Colaiste Chriost Ri Cork	11.2	
1989	Michael Hallanan	Bishopstown CS	11.6	
1990	Colm Stack	Youghal CBS	11.6	
1991	David Sheehan	St Colmans CC Midleton	12.0	
1992	Kenneth Treacy	Midleton CBS	11.9	
1993	Brian Cullinane	Nenagh CBS	12.0	
1994	Paul O'Shea	FCJ Bruff	12.2	
1995	Eoin Taylor	Newtown School Waterford	12.0	
1996	Timothy Flannery	Nenagh CBS	12.5	
1997	Kieran Hennessy	St Colmans CC Midleton	11.7	
1998	Brendan Doyle	De La Salle Waterford	12.0	
1999	Owen O'Connell	Tarbert CS	12.5	
2000	Chris Condon	Tralee CBS	12.0	
2001	Nigel O'Gorman	Scoil Ruain Killenale	11.9	
2002	Brendan O'Connor	Beara CS	12.1	
2003	Brendan O'Connor	Beara CS	12.68	
2004	Alan Corcoran	De La Salle Waterford	12.56	
2005	Gavin Kennedy	De La Salle Waterford	11.67	
2006	Patrick Maher	Davis College Mallow	12.77	
2007	Sipke O'Shaughnessy	Hamilton High School Bandon	12.98	
2008	Mel Corbett	St Munchins Limerick	12.67	
2009	Gary Bateman	St Munchins Limerick	13.84	
2010	Dan Finnerty	St Annes CC Killaloe	12.32	1.1
2011	Ben Clancy	Glenstal Abbey School	13.19	-4.4
2012	Jack Murphy	Christian Brothers College Cork	12.45	
2013	Daniel Ryan	Thurles CBS	11.56	2.4
2014	Shane Monagle	Tramore CBS	12.93	-4.8
2015	Dean Mulqueen	St Annes CC Killaloe	11.84	1.3

2016	Daniel Hurley	Presentation Brothers Cork	12.67	-4.9
2017	Jack McEvoy	St Annes CC Killaloe	12.89	0.2
2018	Harry Nevin	Rochestown College	11.73	0.5
2019	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	11.33	2.8

Junior Boys 1200m Walk

1981	T Duffy	St Munchins Limerick	6.36.5
1982	T Duffy	St Munchins Limerick	6.34.0
1983	Cionnaith MacEoin	Colaiste Chriost Ri Cork	6.44.5
1984	Seamus Brosnan	St Patricks Castleisland	6.10.0
1985	Mark Prenderville	St Patricks Castleisland	6.13.2
1986	Paul Logan	St Nessans Limerick	5.50.0
1987	Frank Lynch	St Augustines Dungarvan	5.40.0
1988	P J Lake	Charleville CBS	6.12.0
1989	Diarmuid Sheehy	Doon CBS	5.57.7
1990	Diarmuid Sheehy	Doon CBS	5.43.0
1991	Jamie Costin	Dungarvan CBS	5.33.0
1992	P Shanahan	Tarbert CS	5.50.3
1993	K Kelly	St Brendans Killarney	6.39.6
1994	Sean Sheedy	Doon CBS	6.17.0
1995	Eamonn Cashin	St Augustines Dungarvan	5.40.0
1996	Thomas Foskin	St Pauls Waterford	6.48.0
1997	Dara Blake	Ennistymon CBS	6.42.5
1998	Eoin Lynch	Ennistymon CBS	6.36.0
1999	Eoin Murphy	St Declans CC Kilmacthomas	6.41.0
2000	Eoin Murphy	St Declans CC Kilmacthomas	6.25.4
2001	Ross Kelly	Colaiste an Phiarsaigh Glanmire	6.46.0
2002	Ross Kelly	Colaiste an Phiarsaigh Glanmire	NT
2003	Paul Murphy	St Clements Limerick	5.05.0
2004	Niall Prenderville	Dingle CBS	6.17.2
2005	Niall Prenderville	Dingle CBS	6.02
2006	Gearoid Sheehy	Doon CBS	6.29.1
2007	Eoin O'Muircheartaigh	Dingle CBS	
2008	Rob O'Neill	Douglas CS	
2009	Evan Lynch	Gaelcholaiste Cheitinn Clonmel	5.38.07
2010	Evan Lynch	Gaelcholaiste Cheitinn Clonmel	5.06.44
2011	Aaron Egan	High School Clonmel	5.43.9
2012	Aaron Egan	High School Clonmel	5.17.83
2013	David Kenny	St Brendans Killarney	5.56.06
2014	Gearoid McMahon	St Caimins CS Shannon	5.41.45
2015	Liam McDonagh	Thurles CBS	6.31.42
2016	Blake Curran	St Patricks CS	6.52.21
2017	Noah McConway	St Flannans Ennis	6.16.18
2018	Ciaran O'Muirhile	Gaelcholaiste Mhuire AG Cork	5.53.04
2019	Sam O'Sullivan	Rockwell College	6.17.24

Junior Boys High Jump

1937	P Phelan	North Monastery CBS Cork	1.47
1964	Sean Traynor	De La Salle Waterford	1.50
1965	Gerry Beckett	Sullivans Quay Cork	1.49
1966	Finbarr O'Laochra	North Monastery CBS Cork	1.57
1967	E O'hAllmharain	North Monastery CBS Cork	1.45
1968	John Cooney	Tipperary CBS	1.50
1969	John Cronin	Presentation Brothers Cork	1.45
1970	Jim Hartnett	Colaiste Chriost Ri Cork	1.52
1971	Colm Cronin	North Monastery CBS Cork	1.55
1972	Barry Smyth	St Flannans Ennis	1.50
1973	Aiden Lynch	Christian Brothers College Cork	1.55
1974	Frank Sweeney	St Flannans Ennis	1.66
1975	Terence Moloney	Colaiste Chriost Ri Cork	1.57
1976	Richard Lanigan	St Augustines Dungarvan	1.63
1977	William Guiry	Fethard	1.68
1978	Anthony O'Brien	Clonmel	1.67
1979	Liam Looney	St Munchins Limerick	1.65
1980	Pat O' Dwyer	Thurles CBS	1.69
1981	Gavin McGrath	Glenstal Abbey School	1.66
1982	Brian Stack	Doneraile CBS	1.70
1983	R Burke	Crescent Comprehensive SJ Limerick	1.74
1984	B O'Mahony	Douglas CS	1.65
1985	C McGrath	Tramore CBS	1.60
1986	Sean Noonan	Scoil Eoin Naofa Cork	1.75
1987	Liam English	Tramore CBS	1.81
1988	Antoine Burke	Crescent Comprehensive SJ Limerick	1.64
1989	Michael Hallanan	Bishopstown CS	1.86
1990	Antoine Burke	Crescent Comprehensive SJ Limerick	1.83
1991	Patrick Fogarty	Our Ladys Templemore	1.60
1992	Derek Hayes	St Augustines Dungarvan	1.81
1993	Brian Cullinane	Nenagh CBS	1.55
1994	John Moylan	Patrician Academy Mallow	1.69
1995	Kevin Burke	Crescent Comprehensive SJ Limerick	1.63
1996	Mark Tuohy	St Josephs Kilmallock	1.71
1997	Tomas Burke	Crescent Comprehensive SJ Limerick	1.55
1998	Robert Logan	High School Clonmel	1.62
1999	Michael O'Donovan	Kinsale CS	1.69
2000	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	1.70
2001	Dara Foley	Tramore CBS	1.70
2002	Liam Moloney	Tralee CBS	1.60
2003	Kevin Harty	Dungarvan CBS	1.65
2004	Colin O'Brien	Patrician Academy Mallow	1.67

2005	Ciaran Donnelly	De La Salle Waterford	1.65
2006	Diarmaid O'Connell	Scoil Mhuire agus Ide Newcastle West	1.60
2007	Diarmaid O'Connell	Scoil Mhuire agus Ide Newcastle West	1.60
2008	David Hogan	Causeway Comprehensive School	1.60
2009	Alan Nolan	Colaiste Chriost Ri Cork	1.55
2010	David Cussen	Colaiste an Spioraid Naoimh Bishopstown	1.73
2011	Sam Healy	Carrigaline CS	1.70
2012	Jack Murphy	Christian Brothers College Cork	1.76
2013	Diarmuid Clancy	Mean Scoil San Nicolas an Rinn	1.60
2014	Ben Donovan	Midleton College	1.70
2015	Ben Donovan	Midleton College	1.85
2016	Dean Coleman	Pobalscoil na Trionoide Youghal	1.50
2017	Reece Ademola	Douglas CS	1.65
2018	Geoffrey Joy-O'Regan	John The Baptist Hospital	1.80
2019	Geoffrey Joy O'Regan	John The Baptist Hospital	1.90

Junior Boys Long Jump

1958	Pat Murphy	Limerick CBS	5.21
1959	H O'Gorman	Mungret College Limerick	5.38
1960	Brian Murphy	Sullivans Quay Cork	5.47
1961	A Casey	Limerick CBS	5.43
1962	Brendan O'Sullivan	De La Salle Waterford	5.32
1963	Niall Leahy	Crescent Comprehensive SJ Limerick	5.07
1964	Gerry Hayes	Nenagh CBS	5.72
1965	Gerry Beckett	Sullivans Quay Cork	5.58
1966	Finbarr Leahy	North Monastery CBS Cork	5.25
1967	Walter O'Brien	Glenstal Abbey School	5.12
1968	Seamus O'Sullivan	Colaiste Iosagain Ballyvourney	5.35
1969	Ken Russell	Newtown School Waterford	5.31
1970	Roger O'Sullivan	Colaiste Iosagain Ballyvourney	5.47
1971	Kevin Tyrrell	Mount Sion Waterford	5.72
1972	R O'Tuama	Colaiste Iosagain Ballyvourney	5.11
1973	Fintan O'Shea	Colaiste an Spioraid Naoimh Bishopstown	5.38
1974	L O'Halloran	St Josephs Tulla	5.82
1975	Neil McCarthy	St Munchins Limerick	5.68
1976	Neil McCarthy	St Munchins Limerick	5.80
1977	Donal O'Callaghan	Christian Brothers College Cork	5.22
1978	Joe Kennedy	De La Salle Waterford	5.64
1979	B Shine	Limerick CBS	5.34
1980	Tom McKeogh	Nenagh CBS	5.39
1981	Gerry Kelleher	Millstreet CS	5.38
1982	Gerry Kelleher	Millstreet CS	5.66
1983	Darragh Nolan	St Munchins Limerick	5.86
1984	N Cunningham	Patrician Academy Mallow	5.47
1985	J Justice	North Monastery CBS Cork	5.36

1986	Sean Noonan	Scoil Eoin Naofa Cork	5.90
1987	J Foley	Newport VS	5.71
1988	Sean O'Sullivan	Killorglin CC	5.50
1989	Eoin Verling	Hamilton High School Bandon	6.03
1990	Tito Duarte	De La Salle Macroom	5.45
1991	Brian Liddy	Glenstal Abbey School	5.38
1992	Owen McCarthy	Tralee CBS	5.97
1993	John Andrews	Nagle CC Mahon	5.44
1994	John Moylan	Patrician Academy Mallow	5.55
1995	Mark Hamilton	St Colmans Fermoy	5.69
1996	Richard Phelan	Carrick-on-Suir VS	5.83
1997	Shane Thornton	Mitchelstown CBS	5.55
1998	John Joy	St Itas Abbeyfeale	5.56
1999	James McCarthy	Midleton CBS	5.86
2000	Richard Arnopp	Bandon Grammar School	5.21
2001	Anthony Wyse	Deerpark CBS Cork	5.53
2002	Denis Forrest	Presentation Brothers Cork	5.50
2003	Eoin Hannon	Our Ladys Templemore	5.66
2004	David Quilligan	Patrician Academy Mallow	5.58
2005	Timmy Harrington	Kinsale CS	6.47
2006	Nathan Jege	St Caimins CS Shannon	5.90
2007	Gerard Browne	St Flannans Ennis	5.47
2008	Clarence Kennedy	Mercy Mount Hawk Tralee	5.45
2009	Eric Stam	Colaiste Choilm Ballincollig	5.76
2010	Dan Finnerty	St Annes CC Killaloe	6.02
2011	Sam Healy	Carrigaline CS	5.72
2012	Ciaran Crowley	Colaiste an Spioraid Naoimh Bishopstown	5.47
2013	Daniel Ryan	Thurles CBS	6.23
2014	James Murphy	Tramore CBS	5.56
2015	David Ryan	Thurles CBS	6.31
2016	Sean Carolan	St Marys Newport	6.20
2017	Adam Turner	Colaiste Christ Ri Cork	5.72
2018	Mark Carroll	Nenagh CBS	5.89
2019	Darragh Looney	St Brendans Killarney	5.28

Junior Boys Triple Jump

1970	Dermot Browne	Rockwell College	11.38
1971	Colm Cronin	North Monastery CBS Cork	11.22
1972	B Keane	Listowel	10.71
1973	Gerard Sammon	Thurles CBS	11.51
1974	Ger McLoughlin	Cobh VS	12.57
1975	Neil McCarthy	St Munchins Limerick	12.19
1976	Neil McCarthy	St Munchins Limerick	13.14
1977	Paul O'Brien	Crescent Comprehensive SJ Limerick	11.53
1978	Des McLoughlin	Colaiste Muire Cobh	12.09
1979	B Shine	Limerick CBS	11.14
1980	Brian Croke	Crescent Comprehensive SJ Limerick	12.13
1981	Gerry Kelleher	Millstreet CS	11.21
1982	R Wilson	St Marys Newport	11.67
1983	Darragh Nolan	St Munchins Limerick	12.11
1984	N Cunningham	Patrician Academy Mallow	11.51
1985	D Willis	Mallow VS	11.25
1986	Dillon Nugent	Glenstal Abbey School	11.46
1987	P J Galvin	Killorglin CC	11.80
1988	Matt Burke	Crescent Comprehensive SJ Limerick	11.17
1989	Brian Hayes	St Augustines Dungarvan	11.58
1990	Antoine Burke	Crescent Comprehensive SJ Limerick	11.80
1991	David Sheehan	St Colmans CC Midleton	11.18
1992	David Murphy	De La Salle Waterford	12.07
1993	Alan Burrows	Tralee CBS	11.10
1994	David Morrissey	Midleton CBS	11.76
1995	Mark Hamilton	St Colmans Fermoy	12.11
1996	Eamonn Murray	Midleton CBS	11.70
1997	Brian O'Murchu	Colaiste an Phiarasigh Glanmire	12.05
1998	Brendan Doyle	De La Salle Waterford	11.38
1999	J Moriarty	St Fanahans Mitchelstown	10.92
2000	Conor Sheehy	Colaiste an Spioraid Naoimh Bishopstown	11.60
2001	Conor Madden	St Patricks CS Shannon	11.68
2002	Gary Walsh	Tramore CBS	10.33
2003	Tom Cross	Bandon Grammar School	11.14
2004	David Lonergan	Carrick-on-Suir CBS	10.42
2005	Tim Harrington	Kinsale CS	11.86
2006	Michael Healy	Youghal CBS	11.42
2007	Thomas Barr	De La Salle Waterford	10.21
2008	Brandon Barry	Dungarvan CBS	10.15
2009	Eoin O'Carroll	Mercy Mount Hawk	12.18
2010	Michael Grimes	Mercy Mount Hawk Tralee	10.31
2011	Darren Prout	Presentation Ballingarry	10.75

2012	Conor Shelly	Carrick-on-Suir CBS	9.58	
2013	Joseph spratt	John The Baptist Hospital	10.07	
2014	Becuett Armstrong	Carrigaline CS	9.32	-1.5
2015	Martin Kehoe	Presentation Ballingarry	10.47	
2016	Jack Ryan	Thurles CBS	11.15	
2017	Jack Greaney	St Brendans Killarney	9.70	
2018	Dillon Ryan	Thurles CBS	11.48	
2019	Favour Williams	St Peters Passage West	10.00	

Junior Boys Pole Vault

1965	David Booth	Glenstal Abbey School	2.21	
1966	Sean O'Riordan	North Monastery CBS Cork	2.51	
1967	Gearoid Bradley	Glenstal Abbey School	2.68	
1968	Peter Humpston	Rockwell College	2.78	
1969	Donal Quinn	St Munchins Limerick	2.88	
1970	D Cronin	St Munchins Limerick	2.67	
1971	D Lonergan	Fethard	2.51	
1972	Barry Smyth	St Flannans Ennis	2.44	
1973	F O'Shea	Thurles CBS	2.44	
1974	Ger McLoughlin	Cobh VS	2.82	
1975	T O'Connor	St Munchins Limerick	2.53	
1976	Mark Dennehy	Glenstal Abbey School	2.65	
1977	James Twomey	Glenstal Abbey School	2.50	
1978	Michael Collins	Rockwell College	2.40	
1979	Alan O'Connor	St Munchins Limerick	2.74	
1980	Malachy Sheridan	Rockwell College	3.45	
1981	Terry Connelly	Colaiste Chriost Ri Cork	3.00	
1982	Malachy Sheridan	rockwell College	4.10	
1983	Derrick Neff	Colaiste Chriost Ri Cork	2.80	
1984	Derrick Neff	Colaiste Chriost Ri Cork	3.10	
1985	F Dawson	St Flannans Ennis	2.70	
1986	Donagh Sheridan	Rockwell College	2.70	
1987	Gerry Hallissey	De La Salle Waterford	2.70	
1988	Denis Finn	Rockwell College	3.00	
1989	Ronan O'Sullivan	Colaiste Chriost Ri Cork	2.50	
1990	Ronan O'Sullivan	Colaiste Chriost Ri Cork	3.10	
1991	Eugene Fortune	Rockwell College	2.70	
1992	Trevor O'Leary	Colaiste Chriost Ri Cork	2.90	
1993	Mark Deevy	St Augustines Dungarvan	2.50	
1994	Paul O'Sullivan	Colaiste Chriost Ri Cork	2.80	
1995	Gary Hurney	St Augustines Dungarvan	2.30	
1996	John Mark O'Leary	St Augustines Dungarvan	2.10	
1997	Eoin Mulcahy	Colaiste Chriost Ri Cork	2.50	
1998	Neil O'Brien	Colaiste Chriost Ri Cork	2.50	
1999	Simon Hanrahan	St Augustines Dungarvan	2.10	

2000	Simon Hanrahan	St Augustines Dungarvan	2.40
2001	William McCarthy	Rockwell College	2.20
2002	Shane Delahunty	St Augustines Dungarvan	2.00
2003	Diarmuid O'Foghlu	St Augustines Dungarvan	2.80
2004	Tom Hanrahan	St Augustines Dungarvan	2.10
2005	Patrick Palmer	St Augustines Dungarvan	2.70
2006	Patrick Palmer	St Augustines Dungarvan	2.60
2007	Josh Young	St Augustines Dungarvan	2.20
2008	Laurence Houlihan	St Augustines Dungarvan	2.80
2009	Jonathan Foley	Presentation Milltown	2.60
2010	Seamie Fennell	St Augustines Dungarvan	2.70
2011	Ciaran O'Neill	St Augustines Dungarvan	2.80
2012	Jurijs Kanass	St Augustines Dungarvan	3.00
2013	Darragh McGrath	St Augustines Dungarvan	2.30
2014	George Wangari	St Augustines Dungarvan	2.60
2015	Craig Cloona	St Augustines Dungarvan	2.70
2016	Adam O'Dwyer	Thurles CBS	3.20
2017	Adam O'Dwyer	Thurles CBS	2.60
2018	Dillon Ryan	Thurles CBS	3.20
2019	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	3.70

Junior Boys Shot Put (4kg) 7 lb (1957 - 1970)

1957	Louis Bermudez	Rockwell College	14.26
1958	A Cashman	Salesian College Pallaskenry	10.29
1959	P Hickey	Rochestown College	12.47
1960	Robert Widger	High School Clonmel	13.72
1961	Liam Stapleton	Rockwell College	11.12
1962	Philip Conway	Rockwell College	14.53
1963	David Houlihan	Rockwell College	12.75
1964	W Dromey	Salesian Pallaskenry	15.65
1965	Tim O'Connor	Glenstal Abbey School	14.20
1966	Barnaby O'Sullivan	Glenstal Abbey School	12.97
1967	S O'Luasa	Colaiste Iosagain Ballyvourney	12.46
1968	Brendan Jennings	Presentation Brothers Cork	13.36
1969	P O'Sullivan	Christian Brothers College Cork	12.75
1970	Ken Blower	Christian Brothers College Cork	12.79
1971	Kevin Tyrrell	Mount Sion Waterford	12.12
1972	Dino Andreucetti	Rockwell College	12.64
1973	Kevin Hartigan	Limerick CBS	13.36
1974	Mark Lincheid	Rockwell College	11.54
1975	Tom Crotty	Christian Brothers College Cork	14.32
1976	Neil McCarthy	St Munchins Limerick	14.08
1977	E Prendergast	Crescent Comprehensive SJ Limerick	11.13

1978	E Prendergast	Crescent Comprehensive SJ Limerick	12.56
1979	Frank O'Brien	Dungarvan CBS	15.11
1980	Philip Danaher	St Munchins Limerick	11.73
1981	Brian Hayes	Maria Immaculata Dunmanway	12.65
1982	Michael O'Brien	Dungarvan CBS	13.25
1983	Colm Moran	Rockwell College	14.33
1984	Peter Galvin	St Augustines Dungarvan	12.50
1985	S O'Brien	St Brendans Killarney	11.62
1986	Michael Aherne	St Augustines Dungarvan	13.68
1987	Jan Leyden	Glenstal Abbey School	11.72
1988	M Moore	Colaiste an Spioraid Naoimh Bishopstown	11.47
1989	John Mulkere	St Flannans Ennis	13.05
1990	Maurice Savage	St Michaels Listowel	13.08
1991	P McMahon	St Flannans Ennis	12.17
1992	James Hennessy	De La Salle/Presentation Hospital	13.55
1993	John Leahy	St Itas Abbeyfeale	13.20
1994	Brendan Burke	John the Baptist CS Hospital	10.92
1995	Karl O'Keeffe	Colaiste Eoin Youghal	12.06
1996	Robert Ford	St Flannans Ennis	11.57
1997	Geoffrey Mullins	Salesian Pallaskenry	12.05
1998	Jim Healy	High School Clonmel	12.18
1999	Eoin Leen	Moyderwell Tralee	13.28
2000	Leon Williams	Bandon Grammar School	11.09
2001	James Nagle	Intermediate School Killorglin	12.26
2002	Alan O'Connor	St Itas Abbeyfeale	12.73
2003	S Tierney	St Fachtnas Skibbereen	11.27
2004	Dale Kennedy	Abbey CC Waterford	12.24
2005	Dale Kennedy	Abbey CC Waterford	12.95
2006	Paul Mullen	Glenstal Abbey School	11.30
2007	Tady Finucane	St Itas Abbeyfeale	11.00
2008	Jason Mullins	High School Clonmel	11.93
2009	Tom Whelan	Abbey CC Waterford	12.13
2010	Colin Kingston	Bandon Grammar School	13.23
2011	Eoin Hanrahan	St Flannans Ennis	12.71
2012	James French	Bandon Grammar School	11.70
2013	James French	Bandon Grammar School	13.87
2014	David Ryan	Thurles CBS	12.63
2015	Darragh Miniter	Kilrush CS	13.61
2016	David Siegel	Tralee CBS	13.09
2017	Chrion Obialor	Bandon Grammar School	10.68
2018	Azuolas Varnili	Colaiste Mhuire Co-Ed Thurles	11.71
2019	Callum Keating	Hazelwood College Dromcollogher	14.95

Junior Boys Discus (1kg)

1971	Kevin Tyrrell	Mount Sion Waterford	38.84
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1972	Dino Andreucetti	Rockwell College	39.75
1973	Joe Brice	St Augustines Dungarvan	45.19
1974	Tom Crotty	Christian Brothers College Cork	40.54
1975	Tom Crotty	Christian Brothers College Cork	40.41
1976	Barry Hurley	St Munchins Limerick	42.62
1977	Michael Loftus	Midleton CBS	35.15
1978	Frank O'Brien	Dungarvan CBS	40.49
1979	Frank O'Brien	Dungarvan CBS	50.24
1980	Paul Duffin	Newtown School Waterford	37.90
1981	David Mansfield	Rockwell College	35.35
1982	Michael O'Brien	Dungarvan CBS	39.66
1983	Darren Flynn	Rockwell College	38.94
1984	Jim O'Mahony	Colaiste Chriost Ri Cork	38.52
1985	Seamus Liston	St Munchins Limerick	34.91
1986	Seamus Liston	St Munchins Limerick	43.98
1987	J Daly	St Munchins Limerick	33.30
1988	Colm Ward	Scariff CC	40.00
1989	Stephen Downey	Salesian Pallaskenry	
1990	Martin O'Sullivan	Colaiste an Spioraid Naoimh Bishopstown	42.22
1991	James Ennis	Glenstal Abbey School	38.88
1992	John Dwyer	St Augustines Dungarvan	35.88
1993	Donal McNamara	Scariff CC	35.74
1994	Michael Murray	St Augustines Dungarvan	33.64
1995	William Grant	Glenstal Abbey School	40.38
1996	Gary Walsh	De La Salle Waterford	37.40
1997	Robert Butler	Carrick-on-Suir CBS	44.20
1998	Jim Healy	High School Clonmel	42.95
1999	Jim Healy	High School Clonmel	46.98
2000	Maurice O'Connor	St Augustines Dungarvan	36.45
2001	Kevin Downey	Mitchelstown CBS	40.36
2002	Alan O'Connor	St Itas Abbeyfeale	30.37
2003	Luke Barry	Colaiste Muire Cobh	35.12
2004	Padraig Murphy	Presentation Milltown	37.09
2005	Dale Kennedy	Abbey CC Waterford	41.27
2006	Kenneth Savage	St Clements Limerick	32.21
2007	Owen Walters	Bandon Grammar School	37.98
2008	Jason Mullins	High School Clonmel	37.94
2009	Tom Whelan	Abbey CC Waterford	36.36
2010	Colin Kingston	Bandon Grammar School	37.14
2011	Eoin Hanrahan	St Flannans Ennis	34.91
2012	Mike Dineen	De La Salle Waterford	33.23
2013	James Sheehan	Colaiste an Chroi Naofa Carraig na bhFear	39.64
2014	Jack Hallahan	St Colmans CC Midleton	39.51
2015	Sean Mockler	Thurles CBS	42.83
2016	Joshua Delaney	Nenagh College	34.32
2017	Mark Collins	Bandon Grammar School	32.92
2018	Alex Reynolds	St Josephs Borrisoleigh	33.73
2019	Tadhg Connolly	Abbey CC Waterford	42.77

Junior Boys Hammer (4kg)

1971	Anthony Sinadinos	Rockwell College	37.54
1972	Dino Andreucetti	Rockwell College	40.13
1973	G Danagher	Mungret College Limerick	29.97
1974	Mark Lincheid	Rockwell College	42.77
1975	Joseph Walsh	St Munchins Limerick	39.27
1976	Joseph Walsh	St Munchins Limerick	46.74
1977	Dominic O'Shea	St Munchins Limerick	46.03
1978	Michael Murphy	Rockwell College	28.74
1979	Frank O'Brien	Dungarvan CBS	49.34
1980	Gary Halpin	Rockwell College	50.46
1981	David Mansfield	Rockwell College	51.08
1982	Michael O'Brien	Dungarvan CBS	39.62
1983	Darren Flynn	Rockwell College	51.70
1984	Jim O'Mahony	Colaiste Chriost Ri Cork	41.70
1985	Stephen O'Reilly	Colaiste Chriost Ri Cork	32.48
1986	Paul O'Shea	Colaiste Chriost Ri Cork	45.46
1987	Kevin Warner	Rockwell College	35.96
1988	Aiden O'Shea	Colaiste Chriost Ri Cork	40.02
1989	M Conway	Crescent Comprehensive SJ Limerick	42.68
1990	Ronan O'Sullivan	Colaiste Chriost Ri Cork	38.24
1991	Derek Kenneally	St Augustines Dungarvan	43.20
1992	Martin O'Donoghue	Colaiste Chriost Ri Cork	38.40
1993	Roger O'Sullivan	Glenstal Abbey School	37.90
1994	Paul O'Brien	Our Ladys Templemore	38.56
1995	George Mullan	Glenstal Abbey School	40.02

1996	Ger Ryan	St Munchins Limerick	36.62
1997	Joe Manahan	St Munchins Limerick	34.43
1998	Joe Manahan	St Munchins Limerick	42.02
1999	John Dilworth	Scoil Mhuire Gan Smal Blarney	35.38
2000	Mark Brassil	St Munchins Limerick	28.90
2001	James Nagle	Intermediate School Killorglin	39.40
2002	Andrew Kenneally	Coachford College	36.96
2003	Andrew Kenneally	Coachford College	42.81
2004	Padraig Murphy	Presentation Milltown	33.01
2005	Chris White	Tralee CBS	35.77
2006	Shane Hand	Dingle CBS	37.87
2007	Denis Hayes	Presentation Milltown	36.80
2008	Daniel Colbert	Midleton CBS	33.64
2009	Daniel Shanahan	Mercy Mount Hawk	29.25
2010	Patrick Crowther	St Augustines Dungarvan	35.62
2011	Adam King	Colaiste na Sceilge Caherciveen	51.50
2012	Tomas O'Neill	Scoil Mhuire Kanturk	34.32
2013	James French	Bandon Grammar School	32.69
2014	Robert Campbell	Intermediate School Killorglin	33.91
2015	Sean Mockler	Thurles CBS	49.85
2016	Ricky Carroll	St Colmans Fermoy	35.83
2017	Ricky Carroll	St Colmans CC Midleton	37.67
2018	Sean Naughton	Presentation Brothers Cork	42.28
2019	Emmet O' Neill	Abbey CC Waterford	27.98

Junior Boys Javelin (600g)

1970	T Sommerville	Mungret College Limerick	38.28
1971	Kevin Tyrrell	Mount Sion Waterford	37.24
1972	Colm Furlong	De La Salle Waterford	34.34
1973	Kevin Hartigan	Limerick CBS	44.07
1974	Brendan Healy	Thurles CBS	42.49
1975	M O'Donnchu	North Monastery CBS Cork	ND
1976	Barry Hurley	St Munchins Limerick	43.69
1977	Joe Aherne	Roscrea CBS	38.80
1978	Brian Fagan	Glenstal Abbey School	36.00
1979	David Conway	Crescent Comprehensive SJ Limerick	35.06
1980	Richard Popplewell	Newtown School Waterford	36.15
1981	Ian Lazenby	Newtown School Waterford	38.50
1982	Ger O'Keeffe`	Mallow VS	35.78
1983	Kieran O'Keeffe	De La Salle Waterford	36.66
1984	Seamus Liston	St Munchins Limerick	36.14
1985	Bill Black	Colaiste an Chroi Naofa Carraig na bhFear	32.94
1986	John Tyrrell	Glenstal Abbey School	41.63
1987	Aidan Slavin	St Marys Newport	38.50
1988	Sean O'Sullivan	Killorglin CC	34.12
1989	Brian Hayes	St Augustines Dungarvan	42.60

1990	M Savage	St Michaels Listowel	42.86
1991	Patrick Fogarty	Our Ladys Templemore	33.98
1992	Richard Moore	Bishopstown CS	39.60
1993	D Wade	Kilrush CBS	39.44
1994	T J Linnane	St Munchins Limerick	34.46
1995	Mark Hamilton	St Colmans Fermoy	45.20
1996	Thomas Conroy	North Monastery CBS Cork	44.34
1997	Robert Butler	Carrick-on-Suir CBS	44.40
1998	Troy Murphy	Ballincollig CS	37.87
1999	Christopher Bowe	Waterpark College Waterford	47.85
2000	Sean O'Sullivan	Colaiste Choilm Ballincollig	31.98
2001	Diarmuid O'Keeffe	De La Salle Waterford	35.05
2002	Rory McLoughlin	Glenstal Abbey School	29.15
2003	Tom Cross	Bandon Grammar School	38.98
2004	Philip Burns	Bandon Grammar School	33.37
2005	Robert Guerin	St Munchins Limerick	30.55
2006	Aidan O'Sullivan	FCJ Bruff	36.25
2007	Jaco Oosthuysen	High School Clonmel	38.79
2008	Eric Stam	Colaiste Choilm Ballincollig	37.64
2009	Eric Stam	Colaiste Choilm Ballincollig	32.81
2010	Robert O'Sullivan	Bandon Grammar School	37.58
2011	Shane O'Neill	St Fachtnas Skibbereen	34.50
2012	Mike Dineen	De La Salle Waterford	34.70
2013	Conor Robinson	Bandon Grammar School	29.69
2014	Robert Campbell	Intermediate School Killorglin	33.07
2015	Joe McEvoy	St Annes CC Killaloe	38.53
2016	Josh Hewitt	Rockwell College	46.23
2017	Joe Ivory	Colaiste Mhuire Buttevant	36.58
2018	Jack Cullen	Hamilton High School Bandon	42.87
2019	David Scanlon	St Declans CC Kilmacthomas	36.82

Junior Boys Combined Events

1992	Derek Hayes	St Augustines Dungarvan	3279
1993	Brian Cullinane	Nenagh CBS	
1994	Mark Hamilton	St Colmans Fermoy	2801
1995	Mark Hamilton	St Colmans Fermoy	2917
1996	Richard Phelan	Carrick on Suir VS	2949
1997	Darren Coughlan	Hamilton High School	2326
1998	Brendan Doyle	De La Salle Waterford	3176
1999	Maurice Donoghue	De La Salle Waterford	3601
2000	Cathal Hannon	Our Lady's Templemore	2836
2001	Brian Glynn	St Endas Limerick	2931
2002	Gary Dunphy	St Pauls Waterford	2968
2003	Eoin Hannon	Our Lady's Templemore	3078
2004	Gavin Kennedy	De La Salle Waterford	2816
2005	Timmy Harrington	Kinsale CS	3053
2006	Patrick Palmer	St Annes Killaloe	2742

2007	Sipke Shaughnessy	Bandon Grammar School	2675	
2008	Daire Breathnach	Colaiste an Phiarsaigh	2796	
2009	Eric Stam	Colaiste Choilm Ballincollig	3104	
2010	Dan Finnerty	St Annes Killaloe	3056	
2011	Sam Healy	Carrigaline CS	3173	
2012	Daniel Ryan	Thurles CBS	3192	6 events
2013	Daniel Ryan	Thurles CBS	2974	5 events
2014	David Ryan	Thurles CBS	2743	
2015	Darragh Miniter	Kilrush Community School	2994	
2016	Wymin Sivakumar	Colaiste an Spioraid Naoimh	2579	
2017	Caillum Hederman	John the Baptist CS Hospital	2050	
2018	Harry Nevin	Rochestown College	2940	
2019	Conor Callinan	Colaiste an Chroi Naofa	2598	

Junior Boys 4X100m Relay

4 X 150yds (1931 - 1951) 4 X 110yds (1952 - 1969)

1931	St Patricks Fethard	
1937	St Colmans Fermoy	
1938	Christian Brothers College Cork	
1939	Christian Brothers College Cork	75.0
1940	North Monastery CBS Cork	
1941	St Colmans Fermoy	
1947	Rockwell College	75.0
1948	Rockwell College	77.4
1949	Sullivans Quay Cork	73.8
1950	Christian Brothers College Cork	74.5
1951	Limerick CBS	72.0
1952	Limerick CBS	52.0

1953	Limerick CBS	53.0
1954	Christian Brothers College Cork	
1955	Rockwell College	52.4
1956	Rockwell College	51.4
1957	Rockwell College	51.5
1958	Crescent Comprehensive SJ Limerick	52.6
1959	De La Salle Waterford	51.6
1960	Rockwell College	48.9
1961	Crescent Comprehensive SJ Limerick	51.7
1962	Sullivans Quay Cork	51.5
1963	Christian Brothers College Cork	51.5
1964	Rockwell College	50.6
1965	Sullivans Quay Cork	51.0
1966	North Monastery CBS Cork	51.6
1967	North Monastery CBS Cork	51.4
1968	Christian Brothers College Cork	51.2
1969	Mungret College Limerick	51.3
1970	Colaiste Chriost Ri Cork	49.7
1971	Tralee CBS	50.5
1972	Crescent Comprehensive SJ Limerick	51.2
1973	St Munchins Limerick	50.7
1974	Christian Brothers College Cork	48.4
1975	De La Salle Waterford	48.0
1976	St Munchins Limerick	47.8
1977	De La Salle Waterford	48.8
1978	Patrician Academy Mallow	49.6
1979	St Brendans Killarney	50.1
1980	Tralee CBS	47.7
1981	Limerick CBS	49.1
1982	Crescent Comprehensive SJ Limerick	48.9
1983	De La Salle Waterford	48.5
1984	Colaiste Chriost Ri Cork	48.3
1985	Colaiste Chriost Ri Cork	50.3
1986	Tralee CBS	48.1
1987	Colaiste an Spioraid Naoimh Bishopstown	49.0
1988	Colaiste Chriost Ri Cork	
1989	Deerpark CBS Cork	48.4
1990	Colaiste Chriost Ri Cork	48.9
1991	Colaiste Chriost Ri Cork	48.9
1992	Colaiste Chriost Ri Cork	48.5
1993	Colaiste an Spioraid Naoimh Bishopstown	48.8
1994	Colaiste Chriost Ri Cork	48.1
1995	Thurles CBS	48.8
1996	Thurles CBS	48.5
1997	Midleton CBS	49.5
1998	High School Clonmel	48.0
1999	High School Clonmel	49.0
2000	Midleton CBS	49.8

2001	Bandon Grammar School	50.2
2002	Midleton CBS	49.50
2003	Glenstal Abbey School	49.4
2004	Youghal CBS	49.46
2005	Christian Brothers College Cork	48.28
2006	Tralee CBS	49.46
2007	St Munchins Limerick	51.57
2008	St Munchins Limerick	49.05
2009	Colaiste Chriost Ri Cork	49.85
2010	St Augustines Dungarvan	49.35
2011	Castletroy College Limerick	49.64
2012	Bandon Grammar School	48.75
2013	Midleton CBS	48.48
2014	Midleton CBS	49.69
2015	Colaiste Chriost Ri Cork	48.55
2016	Mercy Mount Hawk Tralee	47.14
2017	Mercy Mount Hawk Tralee	48.43
2018	St Josephs Borrisoleigh	49.43
2019	St Brendans Killarney	49.20

Junior Boys Cross Country - Individual

1964	John Nash	Copeswood College Pallaskenry
1965	Joe Adams	Limerick CBS
1966	Neil Cusack	St Munchins Limerick
1967	George Lane	St Colmans Fermoy
1968	T Laffan	Limerick CBS
1969	William Good	Colaiste Chriost Ri Cork
1970	Eddie McCarthy	North Monastery CBS Cork
1971	John Treacy	St Anns Cappoquin

1972 C O'Murchu	North Monastery CBS Cork
1973 Pat Shanahan	Crescent Comprehensive SJ Limerick
1974 Finbarr O'Leary	North Monastery CBS Cork
1975 Frank O'Mara	St Munchins Limerick
1976 Brian O'Regan	St Colmans Fermoy
1977 John O'Shaughnessy	St Munchins Limerick
1978 Neilus Daly	Tralee CBS
1979 Peter O'Leary	De La Salle Waterford
1980 Tim Dalton	De La Salle Waterford
1981 Edmund O'Sullivan	De La Salle Waterford
1982 John Downes	Scoil Pol Kilfinane
1983 Bill Mullaney	Thurles CBS
1984 Patrick Jordan	Thurles CBS
1985 Anthony O'Keefe	Colaiste Chriost Ri Cork
1986 Paul Logan	St Nessans Limerick
1987 John Murray	Charleville CBS
1988 Tommy Thompson	Limerick CBS
1989 Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown
1990 Stephen Coade	North Monastery CBS Cork
1991 Derek Kenneally	St Augustines Dungarvan
1992 Thomas Carey	Ard Scoil Ris Limerick
1993 Graham O'Dwyer	Patrician Academy Mallow
1994 Denis Murphy	Mayfield Community School
1995 Liam Dorney	Thurles CBS
1996 Patrick Murphy	St Aidans CC Cork
1997 Robert Jordan	Thurles VS
1998 Sean O'Dwyer	Thurles CBS
1999 Mark Lehane	Hamilton High School Bandon
2000 Diarmaid Collins	Midleton CBS
2001 David O'Kelly	Gairm Scoil Mhuire Thurles
2002 Brian Markam	St Flannans Ennis
2003 David McCarthy	St Augustines Dungarvan
2004 Craig Murphy	Douglas CS
2005 Keith Maher	Nenagh CBS
2006 Shane Quinn	De La Salle Waterford
2007 Shane Quinn	De La Salle Waterford
2008 Dean Cronin	Colaiste an Phiarsaigh Glanmire
2009 Sean Tobin	High School Clonmel
2010 Cillian O'Donovan	Colaiste na Sceilge Caherciveen
2011 Hugh Morgan	De La Salle Waterford
2012 Luke Horgan	Colaiste Chriost Ri Cork
2013 Fearghal Curtin	Midleton CBS
2014 Aidan McCarthy	Ennistymon CBS
2015 Darragh McElhinney	Colaiste Pobail Bantry
2016 Chris O'Reilly	Douglas CS
2017 Paul Hartnett	Colaiste an Chraoibhin Fermoy
2018 Dean Casey	St Flannans Ennis
2019 Tadgh Connolly	Abbey CC Waterford

2020 Gerard Dunne

Kilrush CS

Junior Boys Cross Country - Team

1964	Limerick CBS	14pts
1965	Limerick CBS	35pts
1966	North Monastery CBS Cork	60pts
1967	North Monastery CBS Cork	40pts
1968	North Monastery CBS Cork	53pts
1969	St Colmans Fermoy	33pts
1970	North Monastery CBS Cork	37pts
1971	St Munchins Limerick	36pts
1972	Dungarvan CBS	53pts
1973	North Monastery CBS Cork	29pts
1974	St Munchins Limerick	25pts
1975	North Monastery CBS Cork	48pts
1976	Colaiste Chriost Ri Cork	31pts
1977	St Munchins Limerick	17pts
1978	St Munchins Limerick	30pts
1979	De La Salle Waterford	43pts
1980	Tralee CBS	34pts
1981	Thurles CBS	35pts
1982	North Monastery CBS Cork	54pts
1983	Colaiste Chriost Ri Cork	42pts
1984	St Munchins Limerick	75pts
1985	Thurles CBS	55pts
1986	St Colmans Fermoy	40pts
1987	Thurles VS	39pts
1988	Thurles CBS	68pts
1989	Thurles CBS	57pts
1990	St Munchins Limerick	52pts
1991	North Monastery CBS Cork	56pts
1992	North Monastery CBS Cork	32pts
1993	St Josephs CC Kilkee	81pts
1994	North Monastery CBS Cork	46pts
1995	Thurles CBS	40pts
1996	St Aidans CC Cork	35pts
1997	Colaiste Choilm Ballincollig	32pts
1998	Midleton CBS	32pts
1999	St Flannans Ennis	124pts
2000	Midleton CBS	19pts
2001	Gairm Scoil Mhuire Thurles	44pts
2002	St Flannans Ennis	60pts
2003	Thurles CBS	43pts
2004	Douglas CS	57pts
2005	Our Ladys Templemore	44pts



2006	De La Salle Macroom	70pts
2007	Thurles CBS	57pts
2008	St Josephs CC Kilkee	67pts
2009	Thurles CBS	57pts
2010	Colaiste na Sceilge Caherciveen	48pts
2011	Dungarvan CBS	40pts
2012	Colaiste Chriost Ri Cork	60pts
2013	Midleton CBS	67pts
2014	Colaiste Chriost Ri Cork	61pts
2015	Thurles CBS	58pts
2016	St Augustines Dungarvan	86pts
2017	St Flannans Ennis	89pts
2018	St Flannans Ennis	23pts
2019	Nenagh CBS	48pts
2020	Ard Scoil na Mara Tramore	73pts



Junior Girls 100m 100yds (1969)

1969	Pauline McSweeney	St Angelas Cork	13.2	
1970	Pauline McSweeney	St Angelas Cork	13.3	
1971	Anne Jeffords	Regina Mundi Cork	13.0	
1972	Martha Mullins	Presentation Limerick	13.0	
1973	Helen Barry	Midleton VS	13.4	
1974	Mary Fleming	St Marys Midleton	12.9	
1975	Mary Fleming	St Marys Midleton	12.2	
1976	Margaret Delaney	Loreto Clonmel	12.8	
1977	Geraldine Shine	Presentation Limerick	12.7	
1978	Fidelma White	Mercy Nenagh	12.7	
1979	Noreen Murphy	Mercy Nenagh	13.7	
1980	Carol Ho	FCJ Laurel Hill Limerick	12.7	
1981	Caroline Kinnane	St Marys Nenagh	12.8	
1982	Terrie Horgan	St Marys Mallow	12.8	
1983	Norma Farrell	St Brigids Killarney	12.5	
1984	Siobhan O'Brien	Mount Trenchard Foynes	13.7	
1985	Emma Nicholson	Ursuline Waterford	12.5	
1986	Paula Cooper	Loreto Youghal	13.5	
1987	Jean O'Gorman	St Marys Newport	13.1	
1988	F O'Halloran	Immaculate Heart Ballypheane	13.3	
1989	Claire Ingerton	St Patricks Cork	12.4	
1990	Lynda Symonds	Regina Mundi Cork	12.1	
1991	Susanne Cummins	Sacred Heart Roscrea	12.8	
1992	Sharon Roland	Roscrea VS	12.4	
1993	Zoe Coughlan	Ursuline Waterford	13.0	
1994	Aoife Hearne	Ursuline Waterford	12.4	
1995	Lisa Barry	St Aidans CC Cork	13.3	
1996	Avril Kelly	Mount Mercy Cork	12.9	
1997	Eibhlis Ahearne	Ard Scoil na nDeise Dungarvan	12.6	
1998	Sharon Kelly	Mount Mercy Cork	12.4	
1999	Mandy Crowe	St Ailbes Tipperary	12.7	
2000	Orla McSweeney	St Aloysius Carrigtwohill	12.5	
2001	Orla Coughlan	Presentation Bandon	12.6	
2002	Aisling McInerney	Villiers School Limerick	12.80	
2003	Haley Murphy	Ursuline Waterford	13.56	
2004	Harriet Cross	Bandon Grammar School	12.75	
2005	Niamh Whelan	Presentation Waterford	12.20	
2006	Joan Healy	Colaiste na Toirbhirte Bandon	12.82	
2007	Joan Healy	Colaiste na Toirbhirte Bandon	12.43	0.8
2008	Sarah Lavin	Castletroy College Limerick	12.25	
2009	Grainne Moynihan	St Marys Macroom	12.87	
2010	Laura Nevin	Crescent Comprehensive SJ Limerick	12.89	3.1
2011	Roisin Harrison	Villiers School Limerick	13.28	-4.7
2012	Phoebe Murphy	Loreto Clonmel	12.91	1.1

2013	Sharlene Mawdsley	St Marys Newport	12.25	2.6
2014	Lauren Ryan	Crescent Comprehensive SJ Limerick	12.83	-4.7
2015	Miriam Daly	Scoil Mhuire Carrick-on-Suir	12.44	1.4
2016	Lauren O'Leary	Nagle Rice Doneraile	13.23	-4.8
2017	Nikolka Stevankova	FCJ Laurel Hill Limerick	12.46	-1.1
2018	Lucy Sleeman	Colaiste Choilm Ballincollig	12.60	-0.3
2019	Ella Jenks	Colaiste Mhuire Buttevant	12.41	0.0

Junior Girls 200m 220yds (1969)

1969	G Johnson	Rochelle Cork		
1970	Pauline McSweeney	St Angelas Cork	29.1	
1971	Claire Collins	Regina Mundi Cork	28.0	
1972	Martha Mullins	Presentation Limerick	27.7	
1973	Helen Barry	Midleton VS	26.5	
1974	Kathleen Glavin	Midleton VS	26.8	Tie
1974	Mary Fleming	St Marys Midleton	26.8	Tie
1975	Mary Fleming	St Marys Midleton	24.7	
1976	Margaret Delaney	Loreto Clonmel	26.8	
1977	Geraldine Shine	Presentation Limerick	25.1	
1978	Noelle Morrissey	Mercy Nenagh	26.6	
1979	Marguerite Gegan	Stella Maris Tramore	26.9	
1980	Noelle Morrissey	St Marys Nenagh	NT	
1981	Eileen Curtin	FCJ Bruff	26.3	
1982	A Power	Ursuline Waterford	25.9	
1983	J Champion	Presentation Thurles	26.8	
1984	Siobhan O'Brien	Mount Trenchard Foynes	26.5	
1985	Emma Nicholson	Ursuline Waterford	26.1	
1986	Paula Cooper	Loreto Youghal	26.2	
1987	S Ryan	St Aloysius Cork	26.4	
1988	M Champion	Presentation Thurles	27.1	
1989	Fiona Kelly	St Nessans Limerick	25.3	
1990	Lynda Symonds	Regina Mundi Cork	26.3	
1991	Susanne Cummins	Sacred Heart Roscrea	25.8	
1992	Sharon Roland	Roscrea VS	25.8	
1993	C Devane	Presentation Tralee	27.4	
1994	Elaine Higgins	St Aloysius Cork	26.6	
1995	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	26.3	
1996	Lorraine Carr	Loreto Fermoy	26.0	
1997	Roisin Quinn	Ursuline Waterford	25.5	
1998	Sharon Kelly	Mount Mercy Cork	25.6	
1999	Mandy Crowe	St Ailbes Tipperary	26.2	
2000	Shiela O'Callaghan	St Marys Mallow	25.8	
2001	Susanne O'Donovan	St Angelas Cork	26.0	

2002	Aisling McInerney	Villiers School Limerick	26.40	
2003	Kalyn Sheehan	Ursuline Waterford	26.8	
2004	Harriet Cross	Bandon Grammar School	25.69	
2005	Niamh Whelan	Presentation Waterford	25.21	
2006	Joan Healy	Colaiste na Toirbhirte Bandon	26.57	
2007	Sarah Lavin	Castletroy College Limerick	25.44	1.0
2008	Sarah Lavin	Castletroy College Limerick	24.91	
2009	Ciara Giles Doran	Mercy Waterford	25.77	
2010	Laura Nevin	Crescent Comprehensive SJ Limerick	26.31	
2011	Roisin Harrison	Villiers School Limerick	26.57	-4.6
2012	Phoebe Murphy	Loreto Clonmel	26.26	
2013	Sharlene Mawdsley	St Marys Newport	24.98	2.4
2014	Lauren Ryan	Crescent Comprehensive SJ Limerick	26.25	
2015	Fiona Doyle	Intermediate School Killorglin	25.49	3.0
2016	Roseanne Fitzgerald	Central Technical Institute Clonmel	26.91	-5.1
2017	Ailbhe Doherty	St Flannans Ennis	25.21	-1.3
2018	Meabh O'Neil	MICC Dunmanway	26.34	0.0
2019	Ella Jenks	Colaiste Mhuire Buttevant	25.78	1.5

Junior Girls 440yds

1969	Maura Smythe	Colaiste Muire Ennis	64.8
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Junior Girls 800m 600 yds (1969)

1969	Maura Smythe	Colaiste Muire Ennis	1.43.6
1970	Elaine Kelly	St Angelas Cork	2.20.1
1971	Cushla Murphy	Shannon Comprehensive School	2.28.0
1972	Bernadette Murphy	Immaculate Heart Ballyphehane	2.22.2
1973	Margaret Larkin	Colaiste Muire Ennis	2.27.0
1974	Gretta Hartnett	St Marys Midleton	2.24.5
1975	E Murphy	St Josephs Tulla	2.21.6
1976	Linda Barrett	Midleton VS	2.23.9
1977	Marie Hennessy	Ursuline Waterford	2.15.7
1978	Fidelma White	Mercy Nenagh	2.20.6
1979	Hanora Connolly	Loreto Youghal	2.22.7
1980	Margaret Walsh	Presentation Mitchelstown	2.22.1
1981	Valerie Vaughan	Scoil Mhuire Gan Smal Blarney	2.22.4
1982	Miriam Ingerton	St Patricks Cork	2.25.5
1983	Siobhan McCormack	Presentation Limerick	2.20.4
1984	Anita Philpott	Scoil Mhuire Kanturk	2.21.2
1985	J O'Meara	St Aloysius Carrigtwohill	2.34.3
1986	Colette Vaughan	Christ King Cork	2.20.4
1987	Breda Gaffney	St Marys Charleville	2.22.5
1988	Siobhan McSweeney	St Marys Charleville	2.20.5

1989 Michelle Moloney	St Josephs Kilmallock	2.22.6
1990 Elizabeth Ahern	St Aloysius Carrigtwohill	2.27.8
1991 Jill Hodgins	Ursuline Blackrock	2.23.3
1992 Annette Quaid	Dromcollogher CC	2.21.1
1993 Triona Whyte	St Augustines Dungarvan	2.27.2
1994 Geraldine McCarthy	Presentation Listowel	2.20.7
1995 Emer O'Shea	St Marys Charleville	2.19.0
1996 Paula Sheehan	Scoil Mhuire Gan Smal Blarney	2.13.3
1997 Roisin Quinn	Ursuline Waterford	2.18.1
1998 Rachel Lenihan	St Josephs Tulla	2.21.0
1999 Claire Kelly	St Aloysius Cork	2.24.3
2000 Ann Marie Walsh	St Marys Midleton	2.26.5
2001 Rena Buckley	St Aloysius Cork	2.21.3
2002 Laura Crowe	Presentation Tralee	2.24.4
2003 Grace Crowley	Scoil Mhuire agus Ide Newcastle West	2.23.4
2004 Mary O'Connor	Ursuline Waterford	2.15.75
2005 Ciara Cronin	Abbey CC Waterford	2.11.77
2006 Louise Woods	Colaiste Muire Ennis	2.27.78
2007 Harriet Flynn	St Patricks CS Shannon	2.24.92
2008 Amy O'Donoghue	Villiers School Limerick	2.17.04
2009 Niamh de Hora	Pobailscoil Chorca Dhuibne	2.20.40
2010 Jessica Coyne	Crescent Comprehensive SJ Limerick	2.23.70
2011 Louise Shanahan	Scoil Mhuire Cork	2.22.42
2012 Jennifer Hennessy	St Mary's Midleton	2.22.79
2013 Stephanie Cotter	Coachford College	2.22.04
2014 Sinead Roche	Crescent Comprehensive SJ Limerick	2.35.74
2015 Alex O' Neill	Rice College Ennis	2.22.33
2016 Ava Fennessy	Loreto Clonmel	2.25.14
2017 Ailbhe Doherty	St Flannans Ennis	2.21.40
2018 Ailbhe O'Neill	St Marys Nenagh	2.21.86
2019 Sarah Butler	FCJ Laurel Hill Limerick	2.19.80

Junior Girls 1500m

1985 Edwina Foley	FCJ Laurel Hill Limerick	5.04.4
1986 Ailish Brosnan	St Josephs Castleisland	5.04.3
1987 Breda Gaffney	St Marys Charleville	4.57.4
1988 Michelle Moloney	St Josephs Kilmallock	4.52.1
1989 Michelle Moloney	St Josephs Kilmallock	4.53.2
1990 Jenny Henchion	Loreto Fermoy	4.55.6
1991 Valerie Lynch	St Aidans CC Cork	4.57.5
1992 Margaret Danagher	Our Ladys Templemore	4.50.8
1993 Clíodhna Talty	Colaiste Muire Ennis	5.15.4
1994 Geraldine McCarthy	Presentation Listowel	4.49.9
1995 Olga Cronin	St Colmans CC Midleton	5.03.2
1996 Paula Sheehan	Scoil Mhuire Gan Smal Blarney	4.38.9

1997	Louise Murphy	Regina Mundi Cork	5.03.2
1998	Edel Murphy	Colaiste Choilm Ballincollig	4.55.6
1999	Niamh Walsh	St Marys Midleton	5.12.7
2000	Helen Brouder	Scoil Mhuire agus Ide Newcastle West	5.01.8
2001	Natalie McSweeney	Presentation Killarney	5.18.0
2002	Laura Crowe	Presentation Tralee	5.01.8
2003	Mary O'Connor	Ursuline Waterford	5.19.2
2004	Mary O'Connor	Ursuline Waterford	4.56.95
2005	Ciara Cronin	Abbey CC Waterford	4.49.08
2006	Emer Tagney	St Brigids Killarney	5.07.19
2007	Mary Fitzgerald	Colaiste na Sceilge Caherciveen	5.05.49
2008	Amy O'Donoghue	Villiers School Limerick	4.48.94
2009	Blaithin Lynch	St Marys Midleton	5.02.17
2010	Bella Sherlock	Bandon Grammar School	4.52.10
2011	Aisling Quinn	Ursuline Waterford	4.57.01
2012	Laura Hennessy	Pobalscoil Inbhear Sceine Kenmare	5.11.58
2013	Aisling Kelly	St Josephs Spanish Point	4.57.96
2014	Laura Nicholson	Bandon Grammar School	5.13.14
2015	Claire Rafter	Ursuline Thurles	4.48.92
2016	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	5.04.54
2017	Aimee Hayde	St Marys Newport	4.46.15
2018	Meabh O'Neil	MICC Dunmanway	4.53.44
2019	Avril Millerick	St Marys Midleton	4.54.22

Junior Girls 75m Hurdles (76.2cm) 80m (1982 - 2001)

1970	Mary McEnery	Colaiste Muire Ennis	15.8
1971	Patrice Ryan	Colaiste Muire Ennis	14.6
1972	Alison Dunlop	Shannon Comprehensive School	12.1
1973	Kathleen Glavin	Midleton VS	13.6
1974	Kathleen Glavin	Midleton VS	12.2
1975	Nora O'Grady	Mercy Nenagh	11.7
1976	Noreen Fleming	St Marys Midleton	11.9
1977	Christine Dennehy	Mount Mercy Cork	12.4
1978	Noelle Morrissey	Mercy Nenagh	11.3
1979	Brenda Walsh	FCJ Laurel Hill Limerick	12.0
1980	Noelle Morrissey	St Marys Nenagh	10.9
1981	Olive Burke	FCJ Laurel Hill Limerick	11.6
1982	Joan Hallissey	SHM Ferrybank Waterford	12.4
1983	Grace O'Grady	Nenagh VS	11.8
1984	Siobhan Naughton	St Marys Nenagh	12.3
1985	Susan Smith	Presentation Waterford	12.6
1986	Susan Smith	Presentation Waterford	12.5
1987	Jean O'Gorman	St Marys Newport	12.3

1988	Elaine Murphy	St Marys Nenagh	12.1	
1989	Patricia Naughton	Mercy Nenagh	12.1	
1990	Debra Brady	Colaiste Choilm Ballincollig	11.9	
1991	Patricia Naughton	St Marys Nenagh	11.6	
1992	Martina Hayes	St Augustines Dungarvan	12.5	
1993	Oliver Walsh	St Augustines Dungarvan	12.6	
1994	Ann Marie Cummins	Sacred Heart Roscrea	12.9	
1995	Derval O'Rourke	Christ King Cork	13.7	
1996	Siobhan Fitzpatrick	Ursuline Waterford	12.3	
1997	Caoimhe McCarthy	Kenmare VS	12.2	
1998	Caoimhe McCarthy	Kenmare VS	11.9	
1999	Caoimhe McCarthy	Kenmare VS	12.5	
2000	Emer Naughton	Colaiste Muire Ennis	12.8	
2001	Susanne O'Donovan	St Angelas Cork	12.2	
2002	Mera O'Connor	St Aloysius Carrigtwohill	12.30	
2003	Kalyn Sheehan	Ursuline Waterford	12.23	
2004	Kalyn Sheehan	Ursuline Waterford	11.48	
2005	Nicola Power	Abbey CC Waterford	12.38	
2006	Orla Finn	Kinsale CS	12.34	
2007	Jennifer Murphy	Mount Mercy Cork	12.41	-2.8
2008	Sarah Lavin	Castletroy College Limerick	11.66	
2009	Ciara Giles Doran	Mercy Waterford	12.11	
2010	Nicole Lavin	Castletroy College Limerick	11.99	1.7
2011	Jane Pennefather	Carrigaline CS	12.49	-3.7
2012	Kelly Ann Doyle	Scoil Mhuire Carrick-on-Suir	11.81	
2013	Chloe Tobin	Castletroy College Limerick	11.95	2.3
2014	Ciara Neville	Castletroy College Limerick	12.29	-2.1
2015	Miriam Daly	Scoil Mhuire Carrick-on-Suir	11.50	1.8
2016	Niamh Foley	Scoil Mhuire agus Ide Newcastle West	12.47	-6.6
2017	Chisolm Ugwuweru	St Flannans Ennis	11.95	0.4
2018	Lucy Sleeman	Colaiste Choilm Ballincollig	11.98	0.7
2019	Ella Scott	Christ King Cork	11.13	1.6

Junior Girls 1200m Walk

1981	Niamh Brosnan	St Josephs Castleisland	6.56.9	
1982	Alish Brennan	St Johns Tralee	7.09.0	
1983	Tina Mulcahy	Presentation Dungarvan	6.36.0	
1984	Tina Mulcahy	Presentation Dungarvan	6.38.8	
1985	Ailish Brosnan	St Josephs Castleisland	6.43.1	
1986	Ailish Brosnan	St Josephs Castleisland	6.11.0	
1987	Orla Kelly	St Nessans Limerick	6.35.0	
1988	Orla Kelly	St Nessans Limerick	6.03.5	
1989	Josie Molyneaux	Dromcollogher CC	6.02.0	
1990	Rena Carey	Presentation Lismore	6.14.0	
1991	Gillian O'Sullivan	Presentation Killarney	6.14.0	

1992	Sandra Mulcahy	Ard Scoil na nDeise Dungarvan	6.25.0
1993	Siobhan O'Malley	Mercy Doon	6.12.7
1994	Siobhan O'Malley	Mercy Doon	5.50.5
1995	Mairead Costin	St Augustines Dungarvan	6.10.0
1996	Mairead Costin	St Augustines Dungarvan	5.54.0
1997	Anne O'Malley	Mercy Doon	6.09.0
1998	Marie Danagher	Our Ladys Templemore	6.21.2
1999	Catriona McMahon	Scoil Mhuire Askeaton	6.13.0
2000	Elaine Fitzpatrick	Colaiste Muire Ennis	6.15.2
2001	Elaine Fitzpatrick	Colaiste Muire Ennis	6.03.0
2002	Jean Madigan	Laurel Hill Colaiste Limerick	NT
2003	Jean Madigan	Colaiste Laurel Hill Limerick	6.48.3
2004	Sorcha Prenderville	Tarbert CS	5.51.6
2005	Sinead Holmes	Mercy Doon	6.28.0
2006	Fiona Dennehy	Mercy Waterford	6.01.5
2007	Emma Prenderville	Presenatation Dingle	
2008	Kate Veale	St Augustines Dungarvan	5.33.30
2009	Claudia Ni Lachtnáin	Gaelcholáiste an Chláir	6.17.15
2010	Siobhan Hennessy	Ursuline Thurles	6.27.24
2011	Tara Lacey	Abbey CC Waterford	6.25.2
2012	Isabelle Morgan	Ursuline Waterford	6.21.66
2013	Angharad Loughnane	Gaelcholaiste Luimnigh	6.05.70
2014	Molly O'Shea	Newtown School Waterford	6.33.98
2015	Ruth Heary	Waterpark College Waterford	5.58.9
2016	Siofra O'Dea	St Josephs Spanish Point	6.12.45
2017	Siofra O'Dea	St Josephs Spanish Point	6.01.87
2018	Meadbh O'Connor	Waterpark College Waterford	6.16.32
2019	Odhwa Hurley	Gaelcholaiste Mhuire AG Cork	6.17.27

Junior Girls High Jump

1969	Pamela Hornibrook	Cork Grammar School	1.17
1970	Eileen O'Connell	St Marys Mallow	1.35
1971	Claire O'Donovan	Mount Mercy Cork	1.27
1972	Margaret Crosse	Mercy Doon	1.31
1973	Kathleen Glavin	Midleton VS	1.40
1974	Kathleen Glavin	Midleton VS	1.52
1975	Evelyn O'Brien	St Marys Limerick	1.50
1976	Ann Nevin	Presentation Limerick	1.58
1977	T Moore	Salesian Limerick	1.50
1978	Breda Tierney	Mercy Nenagh	1.60
1979	Ann Delaney	Loreto Clonmel	1.45
1980	K Riordan	Fethard	1.53
1981	S Costigan	Mercy Cahir	1.58
1982	Marie Aherne	Crescent Comprehensive SJ Limerick	1.60
1983	Brid Hallissey	SHM Ferrybank Waterford	1.61

1984	Grace O'Grady	Nenagh VS	1.51
1985	Michelle Walsh	St Marys Midleton	1.45
1986	Samantha Dwyer	Midleton College	1.40
1987	Josephine Shields	Templemore VS	1.51
1988	Elaine Ball	Scoil Carmel Limerick	1.57
1989	Linda Power	Stella Maris Tramore	1.53
1990	Edna Williams	SHM Ferrybank Waterford	1.65
1991	Rachel O'Flynn	Scoil Mhuire Cork	1.48
1992	S Fitzpatrick	Presentation Killarney	1.44
1993	Rachel McMillan	St Josephs Borrisoleigh	1.52
1994	Jackie Cahill	St Josephs Borrisoleigh	1.43
1995	Orna Donoghue	Scoil Mhuire Carrick-on-Suir	1.60
1996	Laura O'Connell	St Colmans CC Midleton	1.55
1997	Laura O'Connell	St Colmans CC Midleton	1.51
1998	Eilish O'Callaghan	St Marys Mallow	1.55
1999	Orla Doyle	Scoil Mhuire Carrick-on-Suir	1.50
2000	Michael O'Leary	St Michaels CC Kilmihil	1.45
2001	Una Power	Ard Scoil na nDeise Dungarvan	1.43
2002	Kelly Proper	Ursuline Waterford	1.40
2003	Mairead Murphy	Mercy Waterford	1.51
2004	Jessie Barr	Ursuline Waterford	1.59
2005	Lisa Kelly	Borrisokane CC	1.50
2006	Orla Finn	Kinsale CS	1.55
2007	Jennifer Murphy	Mount Mercy Cork	1.50
2008	Louise O'Connor	Mercy Mount Hawk Tralee	1.50
2009	Aishling Croke	Crescent Comprehensive SJ Limerick	1.55
2010	Grace McKenzie	Colaiste Muire Crosshaven	1.54
2011	Neassa Murphy	Stella Maris Tramore	1.50
2012	Deirbhle Ní Riain	Gaelcholáiste Luimnigh	1.59
2013	Emma Hennessey	St Marys Newport	1.56
2014	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	1.62
2015	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	1.64
2016	Ciara Kennelly	St Brigets Killarney	1.65
2017	Caitlin Kennedy	John The Baptist Hospital	1.60
2018	Katie Nolke	Ursuline Waterford	1.59
2019	Ava Rochford	Rice College Ennis	1.55

Junior Girls Long Jump

1969	R Luce	Newtown School Waterford	4.19
1970	Ann Sheehan	Presentation Bandon	4.39
1971	Joy Good	Rochelle Cork	4.46
1972	Bernadette Mellerick	Loreto Fermoy	4.84
1973	Susan McNamara	Presentation Limerick	4.57
1974	Kathleen Glavin	Midleton VS	5.32
1975	Mary Fleming	St Marys Midleton	5.12

1976	Mary Corbett	Scoil Carmel Limerick	4.95	
1977	Christine Dennehy	Mount Mercy Cork	4.90	
1978	Noelle Morrissey	Mercy Nenagh	4.75	
1979	Patricia Doherty	Presentation Waterford	4.73	
1980	Noelle Morrissey	St Marys Nenagh	5.12	
1981	Jacqui Stokes	Newtown School Waterford	4.84	
1982	Terrie Horgan	St Marys Mallow	5.14	
1983	Niamh Barry	Mercy Cappoquin	5.14	
1984	Grace O'Grady	Nenagh VS	5.04	
1985	Margaret O'Dwyer	Presentation Thurles	4.36	
1986	Michelle Mulcahy	Presentation Dungarvan	5.11	
1987	Marie O'Meara	St Marys Nenagh	5.04	
1988	Claire Ingerton	St Patricks Cork	5.02	
1989	Claire Ingerton	St Patricks Cork	5.58	
1990	Lena Barry	Salesian Limerick	4.74	
1991	Rachel O'Flynn	Scoil Mhuire Cork	4.92	
1992	F Kelleher	Presentation Killarney	4.79	
1993	E O'Donovan	St Marys Macroom	4.78	
1994	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	4.93	
1995	Lorraine Carr	Loreto Fermoy	5.44	
1996	Lorraine Carr	Loreto Fermoy	5.18	
1997	Leanne Cherry	St Nessans Limerick	4.97	
1998	Sharon O'Mahony	St Marys Midleton	4.91	
1999	Orla Doyle	Scoil Mhuire Carrick-on-Suir	4.56	
2000	Caitriona de Paor	Loreto Youghal	4.96	
2001	Donna Hosford	St Vincents Cork	5.19	
2002	Amanda O'Connell	Mercy Mount Hawk Tralee	4.97	
2003	Kalyn Sheehan	Ursuline Waterford	5.41	
2004	Kalyn Sheehan	Ursuline Waterford	5.66	
2005	Sinead Long	Scoil Mhuire Carrickon Suir	5.07	
2006	Orla Finn	Kinsale CS	5.05	
2007	Jennifer Murphy	Mount Mercy Cork	5.26	
2008	Stephanie Collins	Tarbert CS	4.91	
2009	Ciara Giles Doran	Mercy Waterford	5.34	
2010	Grace McKenzie	Colaiste Muire Crosshaven	5.15	
2011	Fiona Ni She	Laurel Hill Colaiste Limerick	5.07	
2012	Laura Cussen	Colaiste Choilm Ballincollig	5.12	
2013	Maria Carey	St Marys Newport	5.25	-2.8
2014	Rachel Bowler	Mercy Mount Hawk Tralee	5.26	
2015	Sophie Meredith	Scoil Mhuire agus Ide Newcastle West	5.10	
2016	Lauren O'Leary	Nagle Rice Doneraile	5.45	
2017	Stacey Komolafe	Bandon Grammar School	5.20	
2018	Laura Frawley	St Marys Charleville	5.18	
2019	Michelle Ugwah	Scoil Mhuire Gan Smal Blarney	5.22	

Junior Girls Triple Jump

1996	Marian Troy	St Augustines Dungarvan	10.30
1997	Corina Kennedy	Roscrea VS	9.68
1998	Marie Conroy	St Augustines Dungarvan	9.92
1999	Natalie O'Connor	St Augustines Dungarvan	9.92
2000	Caitriona de Paor	Loreto Youghal	10.03
2001	Tererann O'Reilly	Ursuline Waterford	9.16
2002	Kelly Proper	Ursuline Waterford	10.12
2003	Paula McCarthy	St Gobans CC Bantry	9.90
2004	Laura O'Mahony	Presentation Tralee	9.73
2005	Lisa Kelly	Borrioscane CC	10.08
2006	Grainne Power	Presentation Clonmel	8.84
2007	Lisa Houlihan	St Augustines Dungarvan	9.75
2008	Margaret Carey	Christ King Cork	9.46
2009	Jessica Sheehan	Kinsale CS	9.82
2010	Liz Devine	St Augustines Dungarvan	9.60
2011	Liz Devine	St Augustines Dungarvan	9.50
2012	Emma Young	Bandon Grammar School	9.14
2013	Maria Carey	St Marys Newport	10.34
2014	Kate Taylor	Colaiste Muire Ennis	9.49
2015	Ciara McKeon	Colaiste na Toibhirte Bandon	9.45
2016	Emily O'Mahony	St Augustines Dungarvan	9.34
2017	Chisolm Ugwuere	St Flannans Ennis	9.69
2018	Marieke Hilvering	Scariff CC	8.66
2019	Grace Fitzgerald	St Annes Tipperary	9.43

Junior Girls Pole Vault

1998	Nicola Fennell	St Augustines Dungarvan	2.10
1999	Claire O'Sullivan	St Augustines Dungarvan	2.10
2000	Deirdre Kiely	St Augustines Dungarvan	2.00
2001	Susan Lonergan	St Augustines Dungarvan	1.90
2002	Susan Lonergan	St Augustines Dungarvan	2.05
2003	Lorraine Walsh	St Augustines Dungarvan	1.90
2004	Siobhan Brackett	St Augustines Dungarvan	2.30
2005	Lisa Kelly	Borrioscane CC	2.00
2006	Ruth Fennell	St Augustines Dungarvan	2.40
2007	Lisa Houlihan	St Augustines Dungarvan	2.40
2008	Katie Laffan	St Augustines Dungarvan	2.20
2009	Maggie O'Neill	St Augustines Dungarvan	2.10
2010	Olivia Phelan	St Augustines Dungarvan	2.10
2011	Kayleigh Cronin	St Brigids Killarney	2.70
2012	Catherine Hahees	St Augustines Dungarvan	1.90

2013	Aisling O'Connor	St Augustines Dungarvan	2.10
2014	Aisling O'Connor	St Augustines Dungarvan	2.30
2015	Aisling Cassidy	Bandon Grammar School	2.55
2016	Anna Ryan	Ursuline Thurles	2.40
2017	Anna Ryan	Ursuline Thurles	2.90
2018	Una Brice	Mount Mercy Cork	2.40
2019	Jodie McGrath	St Marys Nenagh	2.50

Junior Girls Shot Put (2.72kg) 3.25kg (1970 - 2013) 7lb (1969)

1969	Carmel Meaney	Colaiste Muire Ennis	7.59
1970	Jacinta Ryan	Mercy Carrick-on-Suir	9.46
1971	Marie Dooley	Presentation Limerick	9.79
1972	Mary Cassidy	Colaiste Muire Ennis	9.58
1973	Mary Cassidy	Colaiste Muire Ennis	9.35
1974	Joan Dooley	Presentation Limerick	10.85
1976	Joan Dooley	Presentation Limerick	12.16
1977	Anne Prendergast	Presentation Waterford	10.38
1978	Brid Naughton	Mercy Nenagh	10.41
1979	Miriam Kirwan	SHM Ferrybank Waterford	11.03
1980	Paula Kearns	Presentation Clonmel	11.33
1981	Eve Nangle	Stella Maris Tramore	11.62
1982	Elaine Boland	Salesian Limerick	10.26
1983	Ailish O'Brien	Presentation Dungarvan	11.07
1984	Ailish O'Brien	Presentation Dungarvan	11.32
1985	Mary Naughton	St Marys Nenagh	10.50
1986	D O'Connell	Stella Maris Tramore	10.27
1987	Emma Galvin	Salesian Limerick	9.62
1988	Mary Cremin	St Aloysius Carrigtwohill	9.65
1989	Valerie Mangan	FCJ Laurel Hill Limerick	10.39
1990	Diane Sheehan	St Patricks Cork	10.56
1991	Kathy Forde	Colaiste Muire ennis	10.50
1992	Sinead Leahy	St Vincents Cork	10.46
1993	Sinead Kehoe	Mercy Waterford	9.66
1994	Sinead Kehoe	Mercy Waterford	12.05
1995	Denise Murphy	Regina Mundi Cork	10.11
1996	Diane Cashman	St Aloysius Carrigtwohill	10.04
1997	Fionulla Lombard	Mount Mercy Cork	10.60
1998	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	10.01
1999	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	10.76
2000	Alison McCarthy	Presentation Mitchelstown	9.97
2001	Kathleen Fitzgerald	St Aloysius Carrigtwohill	10.85
2002	Ann Marie Cronin	Colaiste Choilm Ballincollig	8.69
2003	Rachel Roche	Presentation Bandon	9.74

2004	Sarah Bradfield	Bandon Grammar School	10.48
2005	Niamh Mooney	Mercy Doon	10.54
2006	Claire Fitzgerald	Presentation Tralee	12.92
2007	Ailish Sheehan	Salesian Pallaskenry	11.53
2008	Niamh Murphy	Colaiste Choilm Ballincollig	10.30
2009	Laura McSweeney	Colaiste na Toirbhirte Bandon	11.35
2010	Aileen Hallahan	St Colmans CC Midleton	10.10
2011	Vanessa Ogbonna	Stella Maris Tramore	9.52
2012	Deirbhle Ní Riain	Gaelcholáiste Luimnigh	11.24
2013	Erin Kingston	Bandon Grammar School	10.38
2014	Noelle Lennihan	Hazelwood College Dromcollogher	10.32
2015	Shauna Linehan	Colaiste Treasa Kanturk	10.48
2016	Ciara Sheehy	St Marys Charleville	13.04
2017	Ciara Sheehy	St Marys Charleville	14.58
2018	Kirby Anne Ryan	Mercy Mount Hawk Tralee	10.84
2019	Katryna Pacerinskaite	Presentation Mitchelstown	12.02

Junior Girls Discus (750g) 1kg (1972 - 2013)

1972	Marie Dooley	Presentation Limerick	26.01
1973	Mary Cassidy	Colaiste Muire Ennis	26.09
1974	Mary Cassidy	Colaiste Muire Ennis	32.26
1975	Joan Dooley	Presentation Limerick	28.30
1976	Joan Dooley	Presentation Limerick	34.99

1977	Anne Prendergast	Presentation Waterford	25.26
1978	Brid Naughton	Mercy Nenagh	29.29
1979	Carole Corbett	Scoil Carmel Limerick	26.64
1980	Theresa Weir	SHM Ferrybank Waterford	29.89
1981	Eleanor Corbett	FCJ Laurel Hill Limerick	26.15
1982	Catherine Minogue	Mercy Nenagh	29.38
1983	Ailish O'Brien	Presentation Dungarvan	33.62
1984	Ailish O'Brien	Presentation Dungarvan	34.84
1985	Mary Naughton	St Marys Nenagh	26.91
1986	Myra McNamara	Scariff CC	25.32
1987	Myra McNamara	Scariff CC	25.28
1988	Niamh Scanlon	Mercy Dungarvan	24.40
1989	C Walsh	Crescent Comprehensive SJ Limerick	24.32
1990	Edel Meagher	Scoil Mhuire Gan Smal Blarney	24.44
1991	Deirdre O'Connor	Scariff CC	26.22
1992	Deirdre O'Connor	Scariff CC	33.14
1993	C Ladden	Intermediate School Killorglin	20.64
1994	Sinead Kehoe	Mercy Waterford	26.86
1995	Denise Murphy	Regina Mundi Cork	26.14
1996	Diane Cashman	St Aloysius Carrigtwohill	27.26
1997	Sonia Tutty	Mercy Waterford	27.54
1998	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	26.00
1999	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	31.06
2000	Sonia Kennedy	Abbey CC Waterford	26.79
2001	Sonia Kennedy	Abbey CC Waterford	31.33
2002	Rachel Roche	Presentation Bandon	27.70
2003	Sarah Bradfield	Bandon Grammar School	31.60
2004	Sarah Bradfield	Bandon Grammar School	33.65
2005	Claire Fitzgerald	Presentation Tralee	32.68
2006	Claire Fitzgerald	Presentation Tralee	36.73
2007	Tracy Bradfield	Bandon Grammar School	33.07
2008	Jade Power	Mercy Waterford	31.99
2009	Kate Hickey	St Declans CC Kilmacthomas	34.82
2010	Hannah O'Sullivan	Boherbue Comprehensive School	34.24
2011	Kayleigh Cronin	St Brigids Killarney	37.87
2012	Aoife Doyle	Intermediate School Killorglin	33.27
2013	Aoife Doyle	Intermediate School Killorglin	36.42
2014	Lauren O'Grady	Mercy Mount Hawk Tralee	23.30
2015	Rachel Stephens	Gaelcholaiste Phort Lairge	27.82
2016	Megan Lenihan	Hazelwood College Dromcollogher	42.97
2017	Megan Lenihan	Hazelwood College Dromcollogher	36.34
2018	Leah Parker	St Aloysius Carrigtwohill	28.17
2019	Aine O'Shea	Mercy Mount Hawk Tralee	31.05

Junior Girls Hammer (2.5kg)

3.25kg (1998 - 2013)

1998	Rachel Akers	Scariff CC	29.24
1999	Rachel Akers	Scariff CC	40.36
2000	Amanda O'Farrell	Borrioscane CC	31.68
2001	Ann Marie Cronin	Colaiste Choilm Ballincollig	33.78
2002	Linda Cronin	Colaiste Choilm Ballincollig	33.85
2003	Linda Cronin	Colaiste Choilm Ballincollig	34.40
2004	Katie O'Shea	Presentation Milltown	37.33
2005	Jenny Carroll	Borrioscane CC	33.09
2006	Karen Flynn	Presentation Milltown	30.90
2007	Karen Flynn	Presentation Milltown	36.89
2008	Maureen O'Neill	Colaiste Treasa Kanturk	37.04
2009	Kate Dennehy	Castleisland CC	30.55
2010	Alice Akers	Scariff CC	45.64
2011	Alice Akers	Scariff CC	50.01
2012	Aoife Doyle	Intermediate School Killorglin	37.19
2013	Aisling Vaughen-Witts	Borrioscane CC	35.37
2014	Jade O'Farrell-Bond	Borrioscane CC	35.42
2015	Shauna Linehan	Colaiste Treasa Kanturk	36.76
2016	Shauna Linehan	Colaiste Treasa Kanturk	41.16
2017	Ciara Sheehy	St Marys Charleville	40.79
2018	Nicola Tuthill	Colaiste na Toibhirte Bandon	44.35
2019	Leah Parker	St Aloysius Carrigtwohill	42.85

Junior Girls Javelin (400g) **500g (1979 - 2013)**

1979	S Byrne	Salesian Limerick	29.48
1980	Brenda Walsh	FCJ Laurel Hill Limerick	36.01
1981	Debbie Tobin	Crescent Comprehensive SJ Limerick	31.46
1982	Lisa Murray	Ursuline Waterford	27.36
1983	Lisa Murray	Ursuline Waterford	31.06
1984	Y McGrath	Ursuline Waterford	24.77
1985	Mary Reel	Salesian Limerick	25.21
1986	Ciara Tyrrell	Ursuline Waterford	22.58
1987	Joselyn Hanrahan	St Marys Limerick	31.02
1988	Nicola Canning	St Marys Nenagh	23.96
1989	Carol Costello	Scariff CC	22.64
1990	Yvonne Lucey	St Vincents Cork	30.50
1991	R Power	Presentation Waterford	22.90
1992	Leanne Tutty	Mercy Waterford	27.24
1993	Siobhan Hayes	Ursuline Waterford	25.12
1994	Caitriona Tiernan	Borrisokane VS	25.18
1995	Roisin Kavanagh	Scariff CC	23.70
1996	Mary Dalton	Ursuline Waterford	26.54
1997	E Curtin	Rathmore PPS	27.14
1998	Karen Dunne	Scoil Mhuire Carrick-on-Suir	27.73

1999	G Crowley	Presentation Killarney	21.03
2000	Catherine Grant	Ursuline Waterford	24.76
2001	Sonia Kennedy	Abbey CC Waterford	26.87
2002	Paula McCarthy	Ard Scoil Phobail Bantry	23.62
2003	Paula McCarthy	St Gobans CC Bantry	30.18
2004	Claire Flanagan	Loreto Youghal	26.83
2005	Claire Fitzgerald	Presentation Tralee	25.92
2006	Claire Fitzgerald	Presentation Tralee	35.97
2007	Ailish Sheehan	Salesian Pallaskenry	34.00
2008	Jenny Murphy	St Marys Mallow	32.83
2009	Patricia Curtin	St Marys Midleton	25.76
2010	Clodagh Fitzgerald	Scoil Mhuire Carrick-on-Suir	25.29
2011	Alice Akers	Scariff CC	32.49
2012	Erin Kingston	Bandon Grammar School	21.23
2013	Orlaith O'Brien	Ursuline Waterford	39.70
2014	Aoife Hurley	Loreto Fermoy	31.49
2015	Katie Moynihan	Davis College Mallow	35.31
2016	Katie Moynihan	Davis College Mallow	39.44
2017	Megan Lenihan	Hazelwood College Dromcollogher	38.28
2018	Katelyn Reid	Pobalscoil Chorca Dhuibhne	39.91
2019	Lucy O'Riordan	St Angelas Cork	32.10

Junior Girls Combined Events

1992	Laura Hegarty	St Colmans CC Midleton	2538
1993	Laura Hegarty	St Colmans CC Midleton	
1994	Aine Cuddihy	Scoil Mhuire Carrick on Suir	2526
1995	Lorraine Carr	Loreto Fermoy	2845
1996	Genevieve Rowland	Sacred Heart Roscrea	2673
1997			
1998	Sharon O'Mahony	St Marys Midleton	2483
1999	Orla Doyle	Scoil Mhuire Carrick on Suir	2665
2000	Kathleen Freyne	Mercy Waterford	2609
2001	Katie Byrd	Colaiste Daibheid Cork	2430
2002	Holly Deegan	Mercy Waterford	2672
2003	Kayln Sheehan	Ursuline Waterford	2880
2004	Kayln Sheehan	Ursuline Waterford	2839
2005	Harriet Cross	Bandon Grammar School	2837
2006	Orla Finn	Kinsale CS	2806
2007	Tara Fogerty	Scoil Mhuire Carrick on Suir	2387
2008	Megan Kiely	Ursuline Waterford	2754
2009	Ciara Giles Doran	Mercy Waterford	3053
2010	Grace McKenzie	Colaiste Muire Crosshaven	2749
2011	Deirbhlaíe Ní Rhiain	GaelCholaiste Luimhní	2753
2012	Vickie Cusack	Nagle Rice Doneraile	2662
2013	Sophie Meredith	SMI Newcastle West	3169
2014	Sophie Meredith	SMI Newcastle West	3339
2015	Sophie Meredith	SMI Newcastle West	3393

2016	Orla Winston	Loreto Clonmel	2765
2017	Orla Coffey	St Angelas Cork	2745
2018	Laura Frawley	St Marys Charleville	3344
2019	Ellen O'Dwyer	St Marys Nenagh	2397

Junior Girls 4X100m Relay

Medley Relay - 1 Junior + 1 Inter + 1 Senior (1969)

1969	Rochelle Cork	NT
1970	Colaiste Muire Ennis	58.1
1971	Regina Mundi Cork	55.6
1972	Loreto Fermoy	55.2
1973	Midleton VS	53.9
1974	St Marys Midleton	52.8
1975	Mercy Nenagh	52.2
1976	Mercy Nenagh	53.6
1977	Presentation Limerick	53.2
1978	Mercy Nenagh	51.1
1979	Mercy Nenagh	52.9
1980	Mercy Nenagh	52.5
1981	Crescent Comprehensive SJ Limerick	52.2
1982	Newtown School Waterford	53.5
1983	St Marys Nenagh	53.3
1984	Sacred Heart Roscrea	52.3
1985	Ursuline Waterford	54.2
1986	FCJ Laurel Hill Limerick	53.5
1987	St Aloysius Cork	52.8
1988	Crescent Comprehensive SJ Limerick	53.1
1989	St Brigids Killarney	53.1
1990	Ursuline Waterford	52.7
1991	FCJ Laurel Hill Limerick	53.0
1992	St Augustines Dungarvan	54.0
1993	St Augustines Dungarvan	54.4
1994	Scoil Mhuire Carrick-on-Suir	52.3
1995	St Marys Mallow	52.2
1996	Ard Scoil na nDeise Dungarvan	52.2
1997	Mount Mercy Cork	52.1
1998	St Marys Midleton	52.7
1999	St Marys Midleton	52.5
2000	St Aloysius Carrigtwohill	53.6
2001	Scoil Mhuire Carrick-on-Suir	53.6
2002	Mercy Mount Hawk Tralee	54.50
2003	Ursuline Waterford	51.5
2004	Ursuline Waterford	52.01
2005	St Aloysius Carrigtwohill	53.94

2006	St Declans CC Kilmacthomas	54.41
2007	Crescent Comprehensive SJ Limerick	53.57
2008	Crescent Comprehensive SJ Limerick	53.09
2009	Crescent Comprehensive SJ Limerick	52.32
2010	St Brigids Killarney	54.00
2011	Colaiste na Trocaire Rathkeale	52.93
2012	St Mary's Nenagh	54.37
2013	St Marys Newport	51.25
2014	Castletroy College Limerick	52.35
2015	Bandon Grammar School	53.13
2016	Crescent Comprehensive SJ Limerick	53.75
2017	Bandon Grammar School	52.53
2018	Castletroy College Limerick	52.76
2019	FCJ Laurel Hill Limerick	53.85

Junior Girls Cross Country - Individual

1970	Joan Fleming	St Angelas Cork
1971	Diane Wilson	Loreto Fermoy
1972	Margaret Larkin	Colaiste Muire Ennis
1973	Margaret Larkin	Colaiste Muire Ennis
1974	B Hayes	Salesian College Pallaskenry
1975	Mary Fleming	St Mary's Midleton
1976	Linda Barrett	Midleton VS
1977	Marie Hennessy	St Angelas Waterford
1978	Marie Hennessy	Ursuline Waterford
1979	Shiela Malone	Presentation Waterford
1980	Margaret Walsh	Presentation Mitchelstown
1981	Patricia Logan	St Marys Limerick
1982	Clodagh Williams	SHM Ferrybank Waterford
1983	Diane McCarthy	Loreto Fermoy
1984	Anita Philpott	Scoil Mhuire Kanturk
1985	Eve Watson	St Marys Charleville
1986	Breda Gaffney	St Marys Charleville
1987	Breda Gaffney	St Marys Charleville
1988	Michelle Moloney	St Josephs Kilmallock
1989	Michelle Moloney	St Josephs Kilmallock
1990	Jenny Henchion	Loreto Fermoy
1991	Joanne Nash	St Marys Macroom
1992	Annette Quaid	Dromcollogher CC
1993	Cliona Talty	Colaiste Muire Ennis
1994	Louise Cleary	Ursuline Waterford
1995	Carol O'Regan	Scoil Mhuire agus Ide Newcastle West
1996	Paula Sheehan	Scoil Mhuire Gan Smal Blarney
1997	Theresa O'Grady	St Marys Macroom
1998	Emma Murphy	Colaiste Choilm Ballincollig

1999	Niamh Walsh	St Marys Midleton
2000	Sinead Philips	Presentation Thurles
2001	Natalie McSweeney	St Brigids Killarney
2002	Caroline Marrinan	St John Bosco CC Kildysart
2003	Kate Kirwan	St Declans CC Kilmacthomas
2004	Emer O'Connell	St Angelas Cork
2005	Ciara Cronin	Abbey CC Waterford
2006	Orlaigh Farmer	St Marys Midleton
2007	Karen O'Brien	St Flannans Ennis
2008	Emer Kennedy	Presentation Thurles
2009	Niamh de Hora	Pobalscoil Chorca Dhuibhne
2010	Jean Clancy	St Michaels CC Kilmihil
2011	Isobelle Sherlock	Bandon Grammar School
2012	Niamh Casey	Mercy, Waterford
2013	Fiona Everard	Maria Immaculata CC Dunmanway
2014	Laura Nicholson	Bandon Grammar School
2015	Clare Rafter	Ursuline Thurles
2016	Lucy Holmes	Ard Scoil na nDeise Dungarvan
2017	Aimee Hayde	St Marys Newport
2018	Niamh Cunneen	St Mary's Nenagh
2019	Orna Moynihan	Colaiste Muire Ennis
2020	Nicole Dinan	St Angelas Cork

Junior Girls Cross Country - Team

1970	Ursuline Waterford	16pts
1971	Loreto Fermoy	13pts
1972	Colaiste Muire Ennis	11pts
1973	Colaiste Muire Ennis	18pts
1974	Loreto Youghal	19pts
1975	St Mary's Midleton	6pts
1976	Loreto Fermoy	22pts
1977	Shannon Comprehensive School	28pts
1978	Ursuline Waterford	10pts
1979	Loreto Youghal	13pts
1980	Presentation Bandon	39pts
1981	Mercy Waterford	17pts
1982	Rathmore PPS	23pts
1983	Thurles VS	21pts
1984	Mercy Skibbereen	36pts
1985	Presentation Thurles	14pts
1986	Presentation Castleisland	19pts
1987	St Marys Charleville	27pts
1988	Mercy Dungarvan	21pts
1989	St Josephs Kilmallock	21pts
1990	Mercy Doon	15pts

1991	Presentation Thurles	33pts
1992	Colaiste Muire Ennis	25pts
1993	Presentation Thurles	19pts
1994	Presentation Thurles	22pts
1995	Scoil Mhuire agus Ide Newcastle West	18pts
1996	St Marys Charleville	19pts
1997	Ursuline Thurles	19pts
1998	Colaiste Choilm Ballincollig	32pts
1999	Colaiste Choilm Ballincollig	58pts
2000	St Marys Midleton	19pts
2001	Colaiste Choilm Ballincollig	18pts
2002	Ursuline Thurles	38pts
2003	St Declans CC Kilmacthomas	14pts
2004	Ursuline Waterford	21pts
2005	Abbey CC Waterford	25pts
2006	Colaiste Muire Ennis	15pts
2007	St Flannans Ennis	22pts
2008	Ursuline Waterford	31pts
2009	Stella Maris Tramore	34pts
2010	Loreto Clonmel	18pts
2011	Ursuline Thurles	21pts
2012	Ursuline Thurles	26pts
2013	St Augustines Dungarvan	43pts
2014	Bandon Grammar School	26pts
2015	Ursuline Waterford	44pts
2016	Ard Scoil na nDeise Dungarvan	29pts
2017	Rice College Ennis	33pts
2018	Pobalscoil na Trionoide Youghal	30pts
2019	Pobalscoil na Trionoide Youghal	31pts
2020	Ursuline Thurles	32pts

Minor Boys 100m

1977	Declan Pettit	Glenstal Abbey School	12.8
1978	Niall Crotty	Christian Brothers College Cork	12.6
1979	Dan O'Donnell	Roscrea CBS	13.2
1980	Bill Cleere	Thurles CBS	11.8
1981	Terence Casey	Crescent Comprehensive SJ Limerick	12.5
1982	Kenneth Horgan	Midleton CBS	12.0
1983	James Angland	Colaiste Muire Crosshaven	12.4
1984	O McCarthy	St Brendans Killarney	12.9
1985	T Moran	St Munchins Limerick	11.7
1986	Emmet Foley	Colaiste an Spioraid Naoimh Bishopstown	12.8
1987	Carlton Haddock	Colaiste Chriost Ri Cork	12.6
1988	Daniel Lawson	Ashton School Cork	12.5
1989	Tomas Lynch	Doon CBS	12.3
1990	Jeff Casey	Presentation Brothers Cork	11.5
1991	Leo Clancy	St Augustines Dungarvan	12.1
1992	Tony Dunne	Thurles CBS	12.1
1993	Robert Branch	Bandon Grammar School	12.0
1994	Diarmuid McCarthy	Christian Brothers College Cork	11.8
1995	Paul Collins	Mayfield Community School	12.9
1996	Darren Coughlan	Hamilton High School Bandon	11.7
1997	Darren O'Donovan	Colaiste an Spioraid Naoimh Bishopstown	12.3
1998	Damien Healy	High School Clonmel	12.3
1999	Leon Williams	Bandon Grammar School	12.5
2000	Greg O'Leary	Glanmire CC	11.8
2001	Gary Dunphy	St Pauls Waterford	12.3
2002	Brendan O'Connor	Beara CS	12.5
2003	Patrick Frawley	St Flannans Ennis	12.84
2004	Ben McGilton	Mercy Mount Hawk Tralee	12.09
2005	Patrick Palmer	St Augustines Dungarvan	12.50

2006	Michael O'Sullivan	Christian Brothers College Cork	12.57	
2007	Stephen Dinan	Presentation Brothers Cork	12.83	
2008	Alan Nolan	Colaiste Chriost Ri Cork	12.62	
2009	Micheal Shine	Dungarvan CBS	13.41	
2010	Cameron Waugh	Christian Brothers College Cork	12.21	3.0
2011	Eili Kadi	Carrigaline CS	12.78	-2.9
2012	Sean Broderick	Midleton CBS	12.83	1.9
2013	Sean McCarthy	John The Baptist Hospital	12.06	5.6
2014	Lance Baylon	De La Salle Waterford	12.27	-3.0
2015	Shadrach Ogie	St Clements Limerick	12.19	2.1
2016	Mervin Shalamba	Mercy Mount Hawk Tralee	12.67	-5.4
2017	Kyle Dooley	Colaiste Phobal Roscrea	12.38	-0.1
2018	John O'Connor	St Patricks Castleisland	12.14	-1.0
2019	Dennis Dickson	Crescent Comprehensive SJ Limerick	12.00	0.0

Minor Boys 800m

1977	Terry Comiskey	Patrician Academy Mallow	2.12.4	
1978	John Egan	St Marys Dromcollogher	2.11.7	
1979	Pat Coffey	Dungarvan CBS	2.16.5	
1980	Sean Hayes	Thurles CBS	2.14.6	
1981	Patrick Jordan	Douglas CS	2.17.1	
1982	Niall Murphy	Castletownbere VS	2.13.9	
1983	Patrick Rea	Charleville CBS	2.14.1	
1984	S Crowley	Scoil Eoin Naofa Cork	2.12.4	
1985	Ed Burke	Thurles CBS	2.20.0	
1986	J Philpott	Hamilton High School Bandon	2.12.3	
1987	Brian Kiely	Scoil Mhuire Gan Smal Blarney	2.10.5	
1988	Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown	2.13.8	
1989	Stephen Coade	North Monastery CBS Cork	2.10.2	
1990	P Treacy	St Michaels Listowel	2.15.5	
1991	Larry Morrissey	Waterpark College Waterford	2.10.5	
1992	Graham O'Dwyer	Patrician Academy Mallow	2.06.0	
1993	Denis Murphy	Mayfield Community School	2.09.3	
1994	Gavin Foley	Colaiste Chriost Ri Cork	2.14.0	
1995	Tony Lilly	Colaiste Choilm Ballincollig	2.17.1	
1996	Liam Reale	De La Salle/Presentation Hospital	2.15.9	
1997	Paul Grant	Mount Sion Waterford	2.12.5	
1998	James McCarthy	Midleton CBS	2.15.3	
1999	Shane Brennan	Maria Immaculata Dunmanway	2.20.1	
2000	Alan Lee	St Clements Limerick	2.22.4	
2001	John Naughton	St Patricks CS Shannon	2.23.1	
2002	Martin Burke	Presentation Milltown	2.11.2	

2003	Ciaran Kenny	Farranferris Cork	2.17.08
2004	John Francis	Tramore CBS	2.15.33
2005	Michael O'Sullivan	McEgan CC Macroom	2.13.22
2006	James Walsh	Tralee CBS	2.19.17
2007	Dean Cronin	Colaiste an Phiarsaigh Glanmire	2.10.8
2008	Eamonn Chesser	Rice College Ennis	2.19.86
2009	Cillian O'Donovan	Colaiste na Sceilge Caherciveen	2.18.07
2010	Hugh Morgan	De La Salle Waterford	2.18.3
2011	Luke Horgan	Colaiste Chriost Ri Cork	2.16.54
2012	Eoin Looney	St Joseph's Spanish Point	2.16.98
2013	Jack Dolan	Thurles CBS	2.14.42
2014	Daragh McElhinney	Colaiste Pobail Bantry	2.14.17
2015	Jake Bagge	Ard Scoil na Mara Tramore	2.11.93
2016	Rory Prenderville	John The Baptist Hospital	2.14.28
2017	Glory Wenegieme	Colaiste Muire Crosshaven	2.13.92
2018	Cian Spillane	Presentation Milltown	2.14.65
2019	Dara Kennedy	St Marys Newport	2.07.33

Minor Boys 75m Hurdles (76.2cm)

2016	Jamie O'Brien	Mercy Mount Hawk Tralee	12.46	-4.3
2017	Patrick Ambrose	Scoil Mhuire agus Ide Newcastle West	12.13	1.2
2018	Conor Callinan	Colaiste an Chroi Naofa Carraig na bhFear	11.61	1.3
2019	Josh Boland	Crescent Comprehensive SJ Limerick	11.70	2.6

Minor Boys Long Jump

1977	Eugene Carey	Patrician Academy Mallow	4.87
1978	Raymond Kirwin	St Augustines Dungarvan	5.09
1979	Tom W Moriarty	Tralee CBS	4.72
1980	T Carroll	St Colmans Fermoy	5.11
1981	Oliver Ryan	Borrisokane VS	5.06
1982	Kenneth Horgan	Midleton CBS	5.33
1983	Mark McCluskey	Rockwell College	4.95
1984	Noel Stubbs	Tramore CBS	4.96
1985	Sean Noonan	Scoil Eoin Naofa Cork	5.42
1986	Aidan Slevan	St Marys Newport	5.08
1987	Matt Kehoe	De La Salle Waterford	5.25
1988	Fionn Hurley	Rockwell College	5.45
1989	Tito Duarte	De La Salle Macroom	5.56

1990	Thibault Hennegrave	Glenstal Abbey School	5.27	
1991	David Bassett	St Brendans Killarney	5.47	
1992	Stephen O'Keeffe	St Pauls Waterford	5.06	
1993	Competition Abandoned			
1994	Mark Hamilton	St Colmans Fermoy	5.17	
1995	Paul Phelan	St Clements Limerick	5.64	
1996	Shane Thornton	Mitchelstown CBS	5.12	
1997	John Joy	St Itas Abbeyfeale	5.18	
1998	Thomas Shanahan	Rathkeale CC	4.94	
1999	Richard Arnopp	Bandon Grammar School	4.98	
2000	Greg O'Leary	Glanmire CC	5.59	
2001	Ross Kelly	Colaiste an Phiarsaigh Glanmire	4.67	
2002	George Dinan	St Flannans Ennis	4.79	
2003	Stephen Orr	Youghal CBS	5.19	
2004	Ben McGilton	Mercy Mount Hawk Tralee	5.42	
2005	Ciaran Donnelly	De La Salle Waterford	5.40	
2006	Niall Byrnes	St Clements Limerick	4.75	
2007	Michael Godley	Mercy Mount Hawk Tralee	5.29	
2008	Alan Nolan	Colaiste Chriost Ri Cork	5.13	
2009	Fintan Shaughnessy	Bandon Grammar School	4.86	
2010	Eoghan Kennedy	High School Clonmel	5.05	
2011	Darragh Shelly	Carrick-on-Suir CBS	5.00	
2012	Cian Dadgor	Douglas CS	4.84	
2013	Adam Wilson	Midleton CBS	4.98	-1.0
2014	Padraig Nash	Douglas CS	5.42	
2015	Sean Quilter	Tralee CBS	5.16	
2016	Adam Turner	Colaiste Chriost Ri Cork	5.11	
2017	Mark Carroll	Nenagh CBS	5.29	
2018	Geoffrey Joy-O'Regan	John The Baptist Hospital	5.05	
2019	Yeshuah O'Brien	St Annes CC Killaloe	5.40	

Minor Boys Shot Put (3kg)

2.72kg (1977 - 2014)

1977	E Prendergast	Crescent Comprehensive SJ Limerick	12.22
1978	Frank O'Brien	Dungarvan CBS	13.14
1979	Philip Danagher	St Munchins Limerick	11.25
1980	Brian Hayes	Maria Immaculata Dunmanway	11.84
1981	Barry Walsh	Crescent Comprehensive SJ Limerick	13.25
1982	Colm Moran	St Marys Newport	12.75
1983	Paul Fitzgerald	Rockwell College	11.91
1984	Tim Egar	Christian Brothers College Cork	10.43
1985	Eamonn Carey	St Michaels Listowel	13.52
1986	Ken Clohessy	Midleton CBS	10.50
1987	Feidhlim Power	St Augustines Dungarvan	9.98

1988	Jonathan McSweeney	Douglas CS	10.44
1989	Martin O'Sullivan	Colaiste an Spioraid Naoimh Bishopstown	11.16
1990	Anthony Kirby	Thurles CBS	10.73
1991	James Hennessy	De La Salle/Presentation Hospital	13.80
1992	Andrew Hallissey	De La Salle Waterford	10.84
1993	Competition Abandoned		
1994	John Hobbs	Ashton School Cork	11.01
1995	Brian Wall	Midleton CBS	
1996	N O'Doherty	St Josephs Tulla	10.69
1997	S Considine	St Augustines Dungarvan	10.50
1998	Jim Healy	High School Clonmel	13.00
1999	Leon Williams	Bandon Grammar School	10.76
2000	K White	Glanmire CC	9.58
2001	E O'Driscoll	Scoil Mhuire Gan Smal Blarney	10.89
2002	Brian Collins	St Itas Abbeyfeale	9.95
2003	Kyle O'Dwyer	Bandon Grammar School	10.60
2004	Ramil Fakretdinov	Newtown School Waterford	11.27
2005	Jamie Lowham	Mercy Mount Hawk Tralee	12.82
2006	Paul O'Sullivan	St Clements Limerick	9.93
2007	Jason Mullins	High School Clonmel	11.59
2008	Ronan Campbell	St Augustines Dungarvan	10.12
2009	Colin Kingston	Bandon Grammar School	12.18
2010	Eoin Hanrahan	St Flannans Ennis	11.94
2011	Seadnigh Smith	Midleton CBS	11.30
2012	Mark Brommel	Castletroy College Limerick	11.81
2013	Jack Hallahan	St Colmans CC Midleton	10.87
2014	Darragh Miniter	Kilrush CS	11.26
2015	Jack Ryan	Thurles CBS	12.83
2016	Ricky Carroll	St Colmans Fermoy	12.65
2017	Mark Collins	Bandon Grammar School	14.18
2018	Callum Keating	Hazelwood College Dromcollogher	14.96
2019	Cian Feeney	Gaelcholaiste Mhuire AG Cork	10.52

Minor Boys Combined Events

2010	Darragh Shelly	Carrick on Suir CBS	1279	1st Years
2011	Yuji Natsumi	Nenagh CBs	1118	1st Years
2012	Andrew Ryan	Midleton College	1484	1st Years
2013	Jamie Harrington	Pobalscoil Inbhfeare Sceine	1471	1st Years
2014	Brian Lynch	Colaiste an Spioraid Naoimh	2278	1st Years
2015	Daniel Hurley	PBC Cork	2278	1st Years
2016	Reece Ademola	Douglas CS	2103	
2017	Harry Nevin	Rochestown College	2857	
2018	Conor Callinan	Colaiste an Chroí Naofa	2230	
2019	John Cashman	PBC Cork	2379	

Minor Boys 4X100m Relay

1977	Patrician Academy Mallow	52.1
1978	St Munchins Limerick	51.4
1979	Tralee CBS	51.8
1980	Limerick CBS	52.1
1981	Crescent Comprehensive SJ Limerick	51.3
1982	Colaiste Chriost Ri Cork	50.6
1983	Tralee CBS	51.1
1984	Colaiste Chriost Ri Cork	51.2
1985	Tralee CBS	51.5
1986	Colaiste an Spioraid Naoimh Bishopstown	50.8
1987	Colaiste Chriost Ri Cork	51.6
1988	Rockwell College	52.3
1989	Colaiste Chriost Ri Cork	50.6
1990	Thurles CBS	52.0
1991	St Augustines Dungarvan	49.8
1992	Thurles CBS	51.0
1993	Colaiste Chriost Ri Cork	53.2
1994	Thurles CBS	50.9
1995	St Aidans CC Cork	52.0
1996	Midleton CBS	51.6
1997	North Monastery CBS Cork	50.8
1998	High School Clonmel	50.7
1999	Newtown School Waterford	52.2
2000	Bandon Grammar School	58.0
2001	Newtown School Waterford	53.4
2002	Midleton CBS	54.0
2003	Youghal CBS	52.20
2004	Christian Brothers College Cork	54.63
2005	Tralee CBS	52.90
2006	Youghal CBS	
2007	Glenstal Abbey School	52.28
2008	St Augustines Dungarvan	53.17
2009	Castletroy College Limerick	52.31
2010	St Augustines Dungarvan	
2011	Bandon Grammar School	52.51
2012	Tralee CBS	51.80
2013	North Monastery CBS Cork	51.92
2014	Colaiste Chriost Ri Cork	51.54
2015	Colaiste Choilm Ballincollig	51.96
2016	Tralee CBS	49.86
2017	Colaiste Chiaran Croom	52.01
2018	St Brendans Killarney	51.85
2019	Crescent Comprehensive SJ Limerick	49.85

Minor Boys Cross Country - Individual

1972 R Nagle	St Colmans Fermoy
1973 S Ó Corsain	North Monastery CBS Cork
1974 N Tuohy	St Munchins Limerick
1975 P O'Toole	St Colmans Fermoy
1976 Murty O'Connell	Cahirciveen CBS
1977 Dermot Leamy	St Colmans Fermoy
1978 Michael Nason	Colaiste Chriost Ri Cork
1979 M Connolly	Ard Scoil Ris Limerick
1980 Antoin MacLiam	Colaiste Chriost Ri Cork
1981 Geoffrey Sheehan	Charleville CBS
1982 Bill Mullaney	Thurles CBS
1983 Brendan Treacy	St Nessans Limerick
1984 David Kearns	Tralee CBS
1985 Paul Logan	St Nessans Limerick
1986 John Murray	Charleville CBS
1987 B Thorne	St Nessans Limerick
1988 Darren Keenan	Colaiste an Spioraid Naoimh Bishopstown
1989 Stephen Coade	North Monastery CBS Cork
1990 Niall Lahive	Bishopstown CS
1991 Patrick O'Connor	St Colmans CC Midleton
1992 Graham O'Dwyer	Patrician Academy Mallow
1993 Denis Murphy	Mayfield Community School
1994 Gavin Foley	Colaiste Chriost Ri Cork
1995 Denis Buckley	St Aidans CC Cork
1996 Ian Donovan	Colaiste Choilm Ballincollig
1997 Robert Baer	Charleville CBS
1998 James McCarthy	Midleton CBS
1999 Shane Brennan	Maria Immaculata Dunmanway
2000 D O'Kelly	Thurles VS
2001 Paul Walsh	St Caimins CS Shannon
2002 David McCarthy	St Augustines Dungarvan
2003 Niall Tuohy	Newtown School Waterford
2004 Liam Harty	Our Ladys Templemore
2005 Blu Corbel	Youghal CBS
2006 Christy O'Brien	Thurles CBS
2007 Alan Ryan	Abbey CBS Tipperary
2008 Eoin O'Donnell	Colaiste na Trocaire Rathkeale
2009 Jake Inglis	Maria Immaculata CC Dunmanway
2010 Dylan Sheehan	Crescent Comprehensive SJ Limerick
2011 Luke Horgan	Colaiste Chriost Ri Cork
2012 Fearghal Curtin	Midleton CBS
2013 Ezra Ikebusi	Carrigaline CS
2014 Darragh McElhinney	Colaiste Pobail Bantry

2015	Jake Bagge	Ard Scoil na Mara Tramore
2016	Ted Collins	Glenstal Abbey School
2017	Dean Casey	St Flannans Ennis
2018	Tommy Fennell	St Augustines Dungarvan
2019	Sean Lawton	Colaiste Pobail Bantry
2020	Ben Walshe	Nenagh CBS

Minor Boys Cross Country - Team

1972	St Colmans Fermoy	35pts
1973	North Monastery CBS Cork	31pts
1974	North Monastery CBS Cork	36pts
1975	Colaiste Chriost Ri Cork	23pts
1976	St Munchins Limerick	24pts
1977	Scariff CC	51pts
1978	Colaiste Chriost Ri Cork	22pts
1979	North Monastery CBS Cork	82pts
1980	Colaiste Chriost Ri Cork	38pts
1981	North Monastery CBS Cork	22pts
1982	Colaiste Chriost Ri Cork	46pts
1983	Colaiste Chriost Ri Cork	14pts
1984	Ard Scoil Ris Limerick	32pts
1985	Colaiste Chriost Ri Cork	29pts
1986	Ennistymon CBS	48pts
1987	Colaiste Chriost Ri Cork	48pts
1988	Thurles CBS	27pts
1989	North Monastery CBS Cork	37pts
1990	North Monastery CBS Cork	42pts
1991	North Monastery CBS Cork	50 pts
1992	St Augustines Dungarvan	76pts
1993	Thurles CBS	28pts
1994	Thurles CBS	50pts
1995	Mayfield Community School	63pts
1996	Colaiste Choilm Ballincollig	28pts
1997	Midleton CBS	21pts
1998	St Flannans Ennis	70pts
1999	Dungarvan CBS	62pts
2000	Thurles VS	29pts
2001	Midleton CBS	60pts
2002	Thurles CBS	42pts
2003	St Pauls Waterford	59pts
2004	Our Ladys Templemore	45pts
2005	Thurles CBS	37pts
2006	St Flannans Ennis	47pts
2007	Midleton CBS	36pts
2008	High School Clonmel	45pts



2009	St Augustines Dungarvan	50pts
2010	Douglas CS	29pts
2011	Thurles CBS	46pts
2012	Midleton CBS	46pts
2013	Colaiste Chriost Ri Cork	54pts
2014	Thurles CBS	44pts
2015	St Augustines Dungarvan	80pts
2016	St Augustines Dungarvan	82pts
2017	Thurles CBS	90pts
2018	St Josephs CBS Nenagh	34pts
2019	Midleton CBS	99pts
2020	St Marys CBS Tralee	86pts

Minor Girls 100m

1977	Hilda Delaney	Loreto Clonmel	13.4
1978	Cecelia Murphy	Presentation Limerick	13.1



1979	Olive Burke	FCJ Laurel Hill Limerick	14.4	
1980	Olive Burke	FCJ Laurel Hill Limerick	12.4	
1981	M Sheehy	St Johns Tralee	13.3	
1982	M Farrell	St Brigids Killarney	12.8	
1983	Karen O'Brien	Stella Maris Tramore	13.2	
1984	Margaret O'Dwyer	Presentation Thurles	13.3	
1985	Susan Smith	Presentation Waterford	12.8	
1986	Jean O'Gorman	St Marys Newport	13.4	
1987	F O'Halloran	Immaculate Heart Ballyphehane	13.2	
1988	Claire Ingerton	St Patricks Cork	13.4	
1989	C Stapleton	South Presentation Cork	12.7	
1990	Clodagh McGrath	Mayfield Community School	12.8	
1991	Martina Hayes	St Augustines Dungarvan	13.1	
1992	Karen Hutton	Loreto Fermoy	12.7	
1993	Aoife Hearne	Ursuline Waterford	12.6	
1994	Lisa Barry	St Aidans CC Cork	12.7	
1995	Lorraine Carr	Loreto Fermoy	13.8	
1996	Ailish Healy	Mount Mercy Cork	12.9	
1997	Sharon Kelly	Mount Mercy Cork	12.3	
1998	Geraldine O'Callaghan	Ursuline Blackrock	12.5	
1999	Edel Morrissey	St Declans CC Kilmacthomas	13.2	
2000	Orla Coughlan	Presentation Bandon	12.4	
2001	Susanne O'Donovan	St Angelas Cork	12.6	
2002	Haley Murphy	Ursuline Waterford	12.80	
2003	Ciara Lyons	Salesian College Pallaskenry	13.64	
2004	Niamh Whelan	Presentation Waterford	13.29	
2005	Steffi Power	Ard Scoil na nDeise Dungarvan	13.17	
2006	Rebecca Corbett	St Aloysius Carrigtwohill	13.19	
2007	Megan Carey	St Marys Nenagh	NT	
2008	Ann O'Shea	Ursuline Waterford	12.41	
2009	Elaine Courtney	St Brigids Killarney	13.72	
2010	Roisin Harrison	Villiers School Limerick	13.06	3.0
2011	Phoebe Murphy	Loreto Clonmel	13.76	-4.0
2012	Amy White	St Mary's Nenagh	13.25	0.8
2013	Sarah Leahy	St Brigets Killarney	12.81	2.8
2014	Aishat Onilogbo	St Mary's Midleton	13.56	-4.8
2015	Lauren O'Leary	Nagle Rice Doneraile	12.55	1.5
2016	Nikolka Stevankova	FCJ Laurel Hill Limerick	13.25	-2.9
2017	Sally Dixon	Crescent Comprehensive SJ Limerick	12.92	-0.6
2018	Grace Rooney	St Marys Midleton	12.55	0.0
2019	Victoria Amiadamen	Castletroy College Limerick	12.75	4.0

Minor Girls 800m

1977	Janette O'Halloran	Presentation Limerick	2.23.6
1978	Hanora Connolly	Loreto Youghal	2.22.4
1979	Claire Furlong	Stella Maris Tramore	2.27.0
1980	Mary C Lucey	Mount Mercy Cork	2.23.7
1981	A Gaynor	Presentation Fethard	2.29.4
1982	Siobhan McCormack	Presentation Limerick	2.27.1
1983	Anita Philpott	Scoil Mhuire Kanturk	2.24.2
1984	Margaret O'Dwyer	Presentation Thurles	2.25.8
1985	Ann Brown	Mercy Dungarvan	2.28.0
1986	Elaine O'Sullivan	FCJ Laurel Hill Limerick	2.23.4
1987	Fiona Kelleher	Ballincollig CS	2.27.0
1988	Fiona Kelleher	Ballincollig CS	2.24.5
1989	Elizabeth Ahern	St Aloysius Carrigtwohill	2.27.6
1990	Jill Hodgins	Ursuline Blackrock	2.28.9
1991	Annette Quaid	Dromcollogher CC	2.21.8
1992	Triona White	St Augustines Dungarvan	2.28.6
1993	Deirdre Gallagher	St Marys Askeaton	2.29.2
1994	Emer O'Shea	St Marys Charleville	2.19.2
1995	Paula Sheehan	Scoil Mhuire Gan Smal Blarney	2.23.0
1996	Sinead Falvey	St Aloysius Carrigtwohill	2.28.1
1997	Katie Lyons	St Marys Macroom	2.30.8
1998	Elaine Aylward	Mercy Waterford	2.28.6
1999	Ann Marie Walsh	St Marys Middleton	2.27.1
2000	Ailbhe O'Driscoll Collins	Villiers School Limerick	2.30.3
2001	Laura Crowe	Presentation Tralee	2.20.5
2002	Grace Crowley	Scoil Mhuire agus Ide Newcastle West	2.31.4
2003	Graine Quinn	Ursuline Waterford	2.26.66
2004	Frances O'Shea	St Marys Charleville	2.19.12
2005	Laura Behan	St Declans CC Kilmacthomas	2.30.64
2006	Ciara Spillane	St Gobans CC Bantry	2.45.72
2007	Jessica Neville	Mount Mercy Cork	2.26.3
2008	Niamh de Hora	Pobalscoil Chorca Dhuibhne	2.26.47
2009	Jessica Coyne	Crescent Comprehensive SJ Limerick	2.27.39
2010	Eileen Rafter	Ursuline Thurles	2.24.14
2011	Niamh Casey	Mercy Waterford	2.23.96
2012	Stephanie Cotter	Coachford College	2.25.81
2013	Caoimhe Harrington	Colaiste Pobail Bantry	2.23.02
2014	Shauna O'Brien	Presentation Milltown	2.28.28
2015	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare	2.26.69
2016	Ailbhe Doherty	St Flannans Ennis	2.21.14
2017	Sarah Hosey	Castletroy College Limerick	2.25.68
2018	Sarah Butler	FCJ Laurel Hill Limerick	2.17.88
2019	Nicole Dinan	St Angelas Cork	2.16.00

Minor Girls 75m Hurdles (68.6 cm)

2016	Chisom Ugwuere	St Flannans Ennis	12.64	-5.8
2017	Emily Wall	Colaiste Choilm Ballincollig	11.91	1.5
2018	Ella Scott	Christ King Cork	11.57	0.0
2019	Okwu Backar	Ashton School Cork	11.89	2.4

Minor Girls Long Jump

1977	Ann Marie O'Brien	St Angelas Cork	4.29
1978	Noelle Morrissey	Mercy Nenagh	4.64
1979	Fiona McGovern	SHM Ferrybank Waterford	4.52
1980	Jacqui Stokes	Newtown School Waterford	4.79
1981	Terrie Horgan	St Marys Mallow	4.42
1982	Mary Nyhan	Sacred Heart Cork	4.92
1983	Bernadette Doyle	SHM Ferrybank Waterford	4.87
1984	Margaret O'Dwyer	Presentation Thurles	4.82
1985	Ruth Phelan	Loreto Fermoy	4.55
1986	Joselyn Hanrahan	St Marys Limerick	4.56
1987	Claire Ingerton	St Patricks Cork	4.78
1988	Claire Ingerton	St Patricks Cork	5.25
1989	Debra Brady	Colaiste Choilm Ballincollig	4.95
1990	Siobhan Lynch	St Nessans Limerick	4.58
1991	E Coughlan	Ursuline Blackrock	4.55
1992	R McMahon	St Josephs Borrisoleigh	4.52
1993	Competition Abandoned		
1994	Bronagh McCarthy	Colaiste an Chroi Naofa Carraig na bhFear	4.76
1995	Niamh Hayes	FCJ Laurel Hill Limerick	4.65
1996	Corina Kennedy	Roscrea VS	4.78
1997	Sharon O'Mahony	St Marys Midleton	4.78
1998	Geraldine O'Callaghan	Ursuline Blackrock	4.73
1999	Caitriona de Paor	Loreto Youghal	4.76
2000	Karen Considine	Presentation Mitchelstown	5.15
2001	Mera O'Connor	St Aloysius Carrigtwohill	4.55
2002	Mairead Murphy	Mercy Waterford	4.75
2003	Imelda Morrison	Colaiste Eoin Youghal	5.08
2004	Harriet Cross	Bandon Grammar School	5.15
2005	Alex Butler	St Aloysius Carrigtwohill	4.79
2006	Ciara Spillane	St Gobans CC Bantry	4.62
2007	Toni Chatterton	Colaiste na Toibhirte Bandon	5.04
2008	Ann O'Shea	Ursuline Waterford	5.39
2009	Elaine Courtney	St Brigets Killarney	4.65

2010	Fiona O'Shea	Laurel Hill Colaiste Limerick	4.81
2011	Aoife Harrison	Ursuline Waterford	4.75
2012	Emma Hennessy	St Marys Newport	4.86
2013	Rachael Bowler	Mercy Mount Hawk Tralee	5.08
2014	Hannah Murphy	Regina Mundi Cork	4.82
2015	Lauren O'Leary	Nagle Rice Doneraile	5.13
2016	Lia Farley	Kinsale CS	5.17
2017	Katie Nolke	Ursuline Waterford	4.88
2018	Michelle Ugwah	Scoil Mhuire Gan Smal Blarney	4.91
2019	Okwu Backar	Ashton School Cork	4.79

Minor Girls Shot Put (2.72kg)

1977	C Mannix	St Marys Mallow	8.81
1978	Miriam Kirwan	SHM Ferrybank Waterford	9.54
1979	Paula Kearns	Presentation Clonmel	10.51
1980	Eve Nangle	Stella Maris Tramore	9.84
1981	Elaine Boland	Salesian Limerick	9.00
1982	Brid Hallissey	SHM Ferrybank Waterford	8.15
1983	Ailish O'Brien	Presentation Dungarvan	10.93
1984	Mary Naughton	St Marys Nenagh	9.59
1985	D O'Connell	Stella Maris Tramore	9.44
1986	M Barrett	Presentation Waterford	8.63
1987	Helen Whitty	Scoil Mhuire Gan Smal Blarney	9.03
1988	C Walsh	Crescent Comprehensive SJ Limerick	7.96
1989	Diane Sheehan	St Patricks Cork	9.51
1990	Edel Meagher	Scoil Mhuire Gan Smal Blarney	9.11
1991	Sinead Leahy	St Vincents Cork	9.99
1992	Julie O'Sullivan	Sacred Heart Clonakilty	8.46
1993	Competition Abandoned		
1994	Katie O'Riordan	Sacred Heart Clonakilty	9.91
1995	Diane Cashman	St Aloysius Carrigtwohill	8.75
1996	Anne O'Malley	Mercy Doon	8.99
1997	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	8.60
1998	Deirdre Ni Mhurchu	Colaiste an Phiarsaigh Glanmire	9.73
1999	D Smyth	Bandon Grammar School	7.98
2000	Sonia Kennedy	SHM Ferrybank Waterford	8.90
2001	Ann Marie Cronin	Colaiste Choilm Ballincollig	7.92
2002	Mairead Murphy	Mercy Waterford	8.66
2003	Sarah Bradfield	Bandon Grammar School	9.65
2004	Tara Colman	Presentation Waterford	8.56
2005	Claire Fitzgerald	Presentation Tralee	9.76
2006	Ailish Sheehan	FCJ Bruff	9.85
2007	Niamh Murphy	Colaiste Choilm Ballincollig	9.56
2008	Kate Hickey	St Declans CC Kilmacthomas	8.52
2009	Hannah O'Sullivan	Boherbue Comprehensive School	9.32

2010	Vanessa Ogbonna	Stella Maris Tramore	10.48
2011	Deirbhle Ni Riain	Gaelcholáiste Luimnigh	9.54
2012	Erin Kingston	Bandon Grammar School	11.16
2013	Sinead Warren	Pobalscoil Sliabh Luachra Rathmore	10.10
2014	Fiona Hennessey	Presentation Thurles	8.76
2015	Sarah Jacob	Ursuline Waterford	9.62
2016	Blessing Alamu	St Marys Midleton	10.56
2017	Katelyn Reid	Pobalscoil Chorca Dhuibhne	9.67
2018	Kotryna Pacerinskaite	Presentation Mitchelstown	11.18
2019	Ava Rochford	Rice College Ennis	10.71

Minor Girls Combined Events

2019	Hannah Falvey	SMGS Blarney	2790
2018	Ava Rochford	Rice College Ennis	3041
2017	Laura Frawley	St Marys Charleville	2690
2016	Laura Frawley	St Marys Charleville	2694
2015	Niamh Conlon	Kilrush Community School	2371 First Years
2014	Holly Meredith	SMI Newcastle West	2290 First Years
2013	Ciara McKeon	Colaiste na Toirbhirte Bandon	1636 First Years
2012	Avril Braham	Gaelchoilaiste Mhuire AG Cork	3155 First Years
2011	Amy White	St Marys Nenagh	2179 First Years
2010	Aisling Kelleher	St Marys Macroom	1536 First Years

Minor Girls 4X100m Relay

1977	Mercy Nenagh	54.2
1978	Mercy Nenagh	54.2
1979	Sacred Heart Cork	54.5
1980	Crescent Comprehensive SJ Limerick	53.5
1981	St Johns Tralee	55.0
1982	SHM Ferrybank Waterford	54.7
1983	Stella Maris Tramore	54.4
1984	Immaculate Heart Ballypheane	54.4
1985	Newtown School Waterford	55.7
1986	FCJ Laurel Hill Limerick	54.7
1987	Crescent Comprehensive SJ Limerick	55.1
1988	Presentation Killarney	54.2
1989	Ursuline Waterford	54.0
1990	Mercy Doon	53.7
1991	St Augustines Dungarvan	54.1
1992	Ursuline Waterford	54.4
1993	Ursuline Waterford	56.1

1994	Colaiste an Phiarsaigh Glanmire	55.6
1995	Presentation Bandon	55.0
1996	Scoil Mhuire Carrick-on-Suir	54.0
1997	Scoil Mhuire Carrick-on-Suir	54.3
1998	St Nessans Limerick	54.9
1999	Borrioskane CC	55.4
2000	Ursuline Waterford	58.0
2001	St Augustines Dungarvan	57.1
2002	Christ King Cork	54.60
2003	Ursuline Waterford	55.4
2004	St Aloysius Carrigtwohill	56.37
2005	St Aloysius Carrigtwohill	
2006	St Aloysius Carrigtwohill	54.16
2007	Castletroy College Limerick	53.20
2008	St Marys Macroom	54.15
2009	Ursuline Waterford	55.95
2010	Colaiste na Trocaire Rathkeale	
2011	Ursuline Thurles	54.94
2012	Scoil Mhuire Carrick-on-Suir	55.50
2013	Scoil Mhuire Carrick-on-Suir	55.48
2014	Colaiste na Toibhirte Bandon	55.45
2015	Bandon Grammar School	54.87
2016	Coláiste Muire Ennis	54.15
2017	Our Ladys Templemore	53.67
2018	Bandon Grammar School	55.37
2019	Regina Mundi Cork	54.28

Cross Country Minor Girls - Individual

1972	Rita Murphy	Mount Mercy Cork
1973	A Dooley	St Joseph's Spanish Point
1974	Evelyn O'Brien	St Mary's Limerick
1975	I Ryan	Scoil Carmel Limerick
1976	Marie Hennessy	St Angelas Waterford
1977	Marie Hennessy	St Angelas Waterford
1978	M O'Connell	St John Bosco Cahirciveen
1979	D Riordan	Scoil Mhuire Newcastlewest
1980	Pauline Barry	St Marys Middleton
1981	Miriam Ingerton	St Patricks Cork
1982	Geraldine Cusack	Mercy Waterford
1983	Sonia O'Sullivan	Cobh VS
1984	Margaret Murphy	St Pauls Waterford
1985	Ailish Brosnan	St Josephs Castleisland
1986	M Quirke	Presentation Mitchelstown
1987	M Campion	Presentation Thurles

1988	Susan Murnane	Salesian Limerick
1989	S Scannell	St Vincents Cork
1990	Joanne Nash	St Marys Macroom
1991	Annette Quaid	Dromcollogher CC
1992	Marlyn Egan	Holy Cross Kenmare
1993	Louise Cleary	Ursuline Waterford
1994	Emer O'Shea	St Marys Charleville
1995	Siobhan Linehan	St Marys Charleville
1996	Denise King	Presentation Thurles
1997	Rachel Linehan	St Joseph Tulla
1998	Niamh Walsh	St Marys Midleton
1999	Edel Morrissey	St Declans CC Kilmacthomas
2000	Rena Buckley	St Aloysius Cork
2001	Aoife McCormack	Presentation Waterford
2002	Julie Kirwan	St Declans CC Kilmacthomas
2003	Mary O'Connor	Ursuline Waterford
2004	Claire Madigan	Kilrush CS
2005	Laura Behan	St Declans CC Kilmacthomas
2006	Karen O'Brien	St Flannans Ennis
2007	Emer Kennedy	Presentation Thurles
2008	Blaithin Lynch	St Marys Midleton
2009	Claire Horgan	Loreto Clonmel
2010	Ciara Cummins	Ursuline Thurles
2011	Niamh Casey	Mercy, Waterford
2012	Aoife Ni Urmholtaigh	Mean Scoil san Nioclas, An Rinn
2013	Caoimhe Harrington	Colaiste Pobail Bantry
2014	Alex O'Neill	Colaiste Muire, Ennis
2015	Rhona Randles	Pobalscoil Inbhear Sceine Kenmare
2016	Grainne Egan	St Marys Mallow
2017	Sarah Hosey	Castletroy College Limerick
2018	Sarah Butler	FCJ Laurel Hill Limerick
2019	Louise O'Mahony	Colaiste Muire Ennis
2020	Gemma Galvin	St Michaels CC Kilmihil

Cross Country Minor Girls - Team

1972	Presentation Listowel	13pts
1973	St Joseph's Spanish Point	6pts
1974	St Mary's Limerick	10pts
1975	Scoil Carmel Limerick	15pts
1976	Salesian Limerick	25pts
1977	St Angelas Waterford	17pts
1978	Loreto Youghal	11pts
1979	SHM Ferrybank Waterford	27pts
1980	St Marys Midleton	19pts
1981	Colaiste Muire Ennis	31pts

1982	SHM Ferrybank Waterford	18pts
1983	Mercy Skibbereen	22pts
1984	Presentation Thurles	11pts
1985	St Marys Charleville	28pts
1986	St Pauls Waterford	26pts
1987	Presentation Thurles	29pts
1988	Mercy Ennistymon	18pts
1989	Mercy Doon	21pts
1990	St Aloysius Carrigtwohill	20pts
1991	St Marys Charleville	54pts
1992	Ard Scoil na nDeise Dungarvan	29pts
1993	Colaiste Ghobnatan Baile Mhic Íre	31pts
1994	St Aloysius Carrigtwohill	45pts
1995	Presentation Thurles	
1996	Presentation Thurles	13pts
1997	Colaiste Choilm Ballincollig	27pts
1998	St Marys Midleton	23pts
1999	St Marys Midleton	17pts
2000	Colaiste Choilm Ballincollig	35pts
2001	Ursuline Thurles	28pts
2002	St Declans CC Kilmacthomas	19pts
2003	Ursuline Waterford	21pts
2004	Ard Scoil na nDeise Dungarvan	47pts
2005	Ursuline Thurles	20pts
2006	Ursuline Waterford	14pts
2007	Ursuline Waterford	29pts
2008	Stella Maris Tramore	37pts
2009	Ursuline Thurles	36pts
2010	Ursuline Thurles	13pts
2011	Ursuline Thurles	15pts
2012	Ursuline Waterford	33pts
2013	Colaiste Muire, Ennis	42pts
2014	Colaiste Muire, Ennis	28pts
2015	Pobalscoil Inbhear Sceine Kenmare	47pts
2016	Rice College Ennis	26pts
2017	St Mary's Nenagh	17pts
2018	Pobalscoil na Tríonoide Youghal	20pts
2019	Colaiste Muire Ennis	35pts
2020	St Marys Midleton	43pts

Notes

Pre 1970 - feet and inches converted to metres

Times to one decimal place are hand times

History

1931 Once off Munster schools championship organised by NACAI
 1937 All Ireland Schools Athletic Union was formed
 1937 Inaugural Munster Schools championships under the auspices of the newly formed Munster Schools provincial council
 1942 -1946 No championship held due to World War 2 National Emergency
 1949 North (Thomond) and South (Desmond) regions set up for qualification to Munster Schools Championships
 1949 South Munster (Desmond) composed of Cork, Waterford & South Tipperary
 1957 First year of North, South and East qualifiers for Munster Championships
 1957 South Munster reverts to Cork Schools & Colleges
 1957 North Munster composed of Limerick, Clare and Kerry
 1957 East Munster composed of Waterford and Tipperary
 1962 First Cross Country Championship
 1969 Inaugural Girls Cross Country championship
 1970 Inaugural Girls Track & Field championship
 1970 Change to metric measure instead of imperial measure (feet & inches)
 1972 South Munster becomes Cork and South Kerry
 1972 North Munster becomes Limerick, Clare and North Kerry
 1972 Minor age category added to Track & Field
 1977 Minor age category added to Cross Country
 2020 No Track & Field Championship held due to Covid-19 National Lockdown

Reckonable date to determine age categories

1931	1st May	U 14,16 and 18
1937	1st August	U16, U18 and U20
1938 - 1971	1st August	U 15,17 and 19
1972 - 1973	1st August	U 14,15,17 and 19
1974 - 1976	1st January	U 14,15,17 and 19
1977 - 1978	1st July	U 14,15,17 and 19
1979 to present day	1st July	U 14,15, and 17
1979 to present day	1st January	Seniors U20 same as Junior IAAF age group

Track & Field Venues

1931 Gaelic Enclosure, Mallow	17-May
1937 Sportsfield, Fermoy	27-May
1938 Sportsfield, Fermoy	15-May
1939 St Munchins, Limerick	14-May
1940 Mardyke, Cork	8-May
1941 Fitzgerald Stadium, Killarney	22-May
1942 Not Held	
1943 Not Held	
1944 Not Held	
1945 Not Held	
1946 Not Held	
1947 Mardyke, Cork	26-May

Cross Country Venues

3/25/1962	Rockwell College
3/24/1963	Rockwell College
3/14/1964	Rockwell College
3/6/1965	Rockwell College
3/5/1966	Bohercrone Tipperary
2/18/1967	Tipperary Town
3/2/1968	Rockwell College
3/8/1969	Rockwell College
2/28/1970	Rockwell College - Boys
2/21/1970	Ovens Cork - Girls
3/6/1971	Rockwell College - Boys
3/7/1971	Mallow Racecourse - Girls

1948 Mardyke, Cork	17-May	2/19/1972	Rockwell College - Boys
1949 Mardyke, Cork	18-May	2/27/1972	Mallow Racecourse - Girls
1950 Mardyke, Cork	21-May	2/24/1973	Listowel Racecourse
1951 Mardyke, Cork	20-May	2/23/1974	Mallow Racecourse
1952 Mardyke, Cork	18-May	2/22/1975	Rockwell College
1953 Mardyke, Cork	17-May	2/28/1976	Rockwell College
1954 Mardyke, Cork	23-May	2/26/1977	Pallaskenry
1955 Mardyke, Cork	22-May	2/25/1978	Pallaskenry
1956 Mardyke, Cork	20-May	2/24/1979	Pallaskenry
1957 Mardyke, Cork	19-May	2/23/1980	St Augustines
1958 Mardyke, Cork	18-May	2/21/1981	Pallaskenry
1959 Clonmel	18-May	2/20/1982	St Augustines
1960 Mardyke, Cork	21-May	2/19/1983	St Augustines
1961 Mardyke, Cork	13-May	2/18/1984	St Augustines
1962 Mardyke, Cork	19-May	2/16/1985	St Augustines
1963 Clonmel	18-May	2/15/1986	Killarney National Park
1964 Mardyke, Cork	23-May	2/14/1987	St Augustines
1965 Mardyke, Cork	29-May	2/20/1988	St Augustines
1966 Mardyke, Cork	21-May	2/18/1989	St Augustines
1967 Mardyke, Cork	27-May	2/24/1990	St Augustines
1968 Mardyke, Cork	1-Jun	2/23/1991	St Augustines
1969 Glenstal Abbey	02-Jun Boys	2/15/1992	St Augustines
1969 PBC Grounds	10-May Girls	2/13/1993	St Augustines
1970 Mardyke, Cork	30-May Boys	2/12/1994	St Augustines
1970 PBC Grounds	09-May Girls	2/18/1995	St Augustines
1971 Rockwell College	29-May Boys	2/17/1996	St Augustines
1971 Mardyke, Cork	29-May Girls	2/22/1997	St Augustines
1972 Mardyke, Cork	27-May	2/14/1998	St Augustines
1973 Mardyke, Cork	26-May	2/13/1999	St Augustines
1974 Mardyke, Cork	25-May	2/12/2000	St Augustines
1975 Limerick, Plassey	24-May	2/10/2001	St Augustines
1976 Limerick, Plassey	29-May	2/9/2002	St Augustines
1977 Limerick, Plassey	28-May	2/8/2003	St Augustines
1978 Limerick, Plassey	27-May	2/14/2004	St Augustines
1979 Limerick, Plassey	19-May	2/12/2005	St Augustines
1980 Mardyke, Cork	31-May	2/11/2006	St Augustines
1981 Thomond College	30-May	2/10/2007	St Augustines
1982 Mardyke, Cork	29-May	2/7/2008	Tramore Racecourse
1983 Mardyke, Cork	28-May	2/12/2009	Tramore Racecourse
1984 Mardyke, Cork	26-May	2/26/2010	Cork Institute of Technology
1985 RTC Cork	25-May	2/17/2011	Cork Institute of Technology
1986 RTC Cork	31-May	2/9/2012	Cork Institute of Technology
1987 RTC Cork	30-May	2/7/2013	Carriganore (WIT)
1988 RTC Cork	28-May	2/13/2014	Cork Institute of Technology
1989 RTC Cork	27-May	2/12/2015	Cork Institute of Technology
1990 RTC Cork	26-May	2/5/2016	Tramore Valley Park Cork
1991 RTC Cork	25-May	2/16/2017	Tramore Valley Park Cork
1992 RTC Cork	30-May	2/23/2018	Carriganore (WIT)



1993	RTC Cork	29-May	2/15/2019	Carriganore (WIT)
1994	RTC Cork	28-May	2/13/2020	Clarecastle
1995	University of Limerick	27-May		
1996	RTC Cork	25-May		
1997	RTC Cork	31-May		
1998	Cork Institute of Technology	30-May		
1999	Cork Institute of Technology	29-May		
2000	RSC Waterford	27-May		
2001	Cork Institute of Technology	26-May		
2002	Cork Institute of Technology	25-May		
2003	Cork Institute of Technology	23-May		
2004	Cork Institute of Technology	22-May		
2005	Cork Institute of Technology	21-May		
2006	Cork Institute of Technology	20-May		
2007	University of Limerick	19-May		
2008	University of Limerick	17-May		
2009	University of Limerick	16-May		
2010	Cork Institute of Technology	22-May		
2011	Cork Institute of Technology	21-May		
2012	Cork Institute of Technology	19-May		
2013	Cork Institute of Technology	18-May		
2014	Cork Institute of Technology	17-May		
2015	Cork Institute of Technology	16-May		
2016	RSC Waterford	21-May		
2017	Cork Institute of Technology	20-May		
2018	Castleisland	19-May		
2019	Cork Institute of Technology	18-May		
2020	Not Held			

