

Sex	Category	Where	Event	Time	Name	Relay Team	Born	Venue	Date	Note
Men	Senior	Indoor	60m	6.61	Paul Hession		27.01.83	Birmingham, ENG	03.03.07	
Men	Senior	Indoor	100m	10.36	Paul Hession		27.01.83	Tampere, FIN	27.02.08	
Men	Senior	Indoor	200m	20.64	Mark Smyth		02.07.98	Abbotstown	11.03.23	
Men	Senior	Indoor	300m	33.27	Jack Raftery		26.04.01	Athlone	07.12.22	
Men	Senior	Indoor	400m	45.52	David Gillick		09.07.83	Birmingham, ENG	03.03.07	
Men	Senior	Indoor	440y	46.30	Fanahan Mc Sweeney		21.08.47	Houston, USA	13.02.70	
Men	Senior	Indoor	500m	1.00.63	Mark English		18.03.93	Stockholm, SWE	18.02.16	
Men	Senior	Indoor	600m	1.17.52	Zak Curran		17.12.93	Manchester, ENG	31.01.16	
Men	Senior	Indoor	800m	1.46.10	Mark English		18.03.93	Abbotstown	20.02.21	
Men	Senior	Indoor	1000m	2.17.40	Luke McCann		12.03.98	Louisville, USA	12.02.22	
Men	Senior	Indoor	1500m	3.33.49	Andrew Coscoran		18.06.96	Birmingham, ENG	25.02.23	
Men	Senior	Indoor	Mile	3.49.78	Eamonn Coghlan		24.11.52	East Rutherford, USA	27.02.83	
Men	Senior	Indoor	2000m	4.54.07	Eamonn Coghlan		24.11.52	Inglewood, USA	20.02.87	
Men	Senior	Indoor	3000m	7.38.59	Alistair Cragg		13.06.80	Fayetteville, USA	14.02.04	
Men	Senior	Indoor	5000m	13.16.77	Brian Fay		09.11.98	Boston, USA	03.12.22	
Men	Senior	Indoor	50m H	12.22	Peter Coghlan		27.03.75	Sindelfingen, GER	04.03.01	
Men	Senior	Indoor	55m H	7.21	Peter Coghlan		27.03.75	Ithaca, USA	08.03.98	
Men	Senior	Indoor	60m H	7.57	Peter Coghlan		27.03.75	Blacksburg, USA	26.02.99	
Men	Senior	Indoor	400m H	50.50	Thomas Barr		24.07.92	Dublin	04.02.18	
Men	Senior	Indoor	High Jump	2.28m	Brendan Reilly		23.12.72	Reykjavik, ISL	05.03.00	
Men	Senior	Indoor	High Jump	2.28m	Adrian O'Dwyer		01.12.83	Budapest, HUN	24.02.04	
Men	Senior	Indoor	Long Jump	8.00m	Ciaran McDonagh		20.05.76	Blacksburg, USA	14.01.06	
Men	Senior	Indoor	Triple Jump	16.27m	Colm Cronin		14.06.57	Detroit, USA	10.03.78	
Men	Senior	Indoor	Pole Vault	5.31m	Sean Roth		09.03.98	Blacksburg, USA	06.02.21	
Men	Senior	Indoor	Shot	20.16m	Eric Favors		16.11.96	Rochlitz, GER	05.02.23	
Men	Senior	Indoor	Weight	22.45m	Declan Hegarty		12.10.60	TBC	TBC	
Men	Senior	Indoor	4x200m	1.26.59	Gary Ryan, Mark Howard, David McCarthy, Paul Hession	National Team	n/a	Cardiff, WAL	10.02.02	
Men	Senior	Indoor	4x200m (Club)	1.27.49	Marcus Lawler, Pascal Touche, Aaron Tierney Smith, Craig Duffy	Clonliffe Harriers A.C.	n/a	Abbotstown	19.02.23	
Men	Senior	Indoor	4x400m	3.08.83	Rob Daly, Gary Ryan, David Gillick, David McCarthy	National Team	n/a	Budapest, HUN	07.03.04	
Men	Senior	Indoor	4x400m (Club)	3.23.27	Brian Kiernan, Philip Marron, Peter Kilgannon, Conor Duncan	Ratoath A.C.	n/a	Abbotstown	11.03.23	
Men	Senior	Indoor	3000m Walk	11.06.69	Alex Wright		19.12.90	Abbotstown	02.02.19	
Men	Senior	Indoor	5000m Walk	18.50.70	Alex Wright		19.12.90	Abbotstown	19.02.17	
Men	Senior	Indoor	Heptathlon	5,560pts	Joseph Naughton		17.10.74	Tallinn, EST	02/03.02.02	