

Sex	Category	Where	Event	Time	Name	Relay Team	Born	Venue	Date	Other
Men	U23	Indoor	60m	6.77	Mark Howard		18.04.80	Cardiff, WAL	03.03.02	
Men	U23	Indoor	60m	6.77	Joseph Ojewumi		16.05.98	Athlone	08.02.19	New in 2019
Men	U23	Indoor	200m	20.80	Paul Hession		27.01.83	Madrid, ESP	05.03.05	
Men	U23	Indoor	400m	46.17	David Gillick		09.07.83	Madrid, ESP	04.03.05	
Men	U23	Indoor	800m	1.46.82	Mark English		18.03.93	Athlone	02.02.14	
Men	U23	Indoor	1000m	2.20.63	Mark Carroll		15.01.72	Boston, USA	26.02.94	
Men	U23	Indoor	1500m	3.41.24	Frank Conway		01.01.67	Boston, USA	25.02.89	
Men	U23	Indoor	Mile	3.55.4	Niall O'Shaughnessy		23.11.55	Columbia, USA	28.01.77	
Men	U23	Indoor	3000m	7.51.35	Mark Carroll		15.01.72	Boston, USA	00.00.94	
Men	U23	Indoor	5000m	13.48.70	Frank Hanley		29.09.70	Indianapolis, USA	14.03.92	
Men	U23	Indoor	60m H	7.74m	Ben Reynolds		26.09.90	Ghent, BEL	18.02.12	
Men	U23	Indoor	High Jump	2.28m	Adrian O'Dwyer		01.12.83	Budapest, HUN	24.02.04	
Men	U23	Indoor	Long Jump	7.59m	Ciaran McDonagh		20.05.76	Stockholm, SWE	08.03.96	
Men	U23	Indoor	Triple Jump	16.27m	Colm Cronin		14.06.57	Detroit, USA	10.03.78	
Men	U23	Indoor	Pole Vault	5.22m	Brian McGovern		12.09.90	New York, USA	23.02.12	
Men	U23	Indoor	Shot	17.91m	Colin Quirke		17.06.90	New York, USA	17.02.11	