



Sex	Category	Terrain	Event	Time	Name	Born	Venue	Date	Note
Women	Senior	Road	50km	3.19.50	Caitriona Jennings	17.06.80	Brasov, ROU	01.09.19	
Women	Senior	Road	6hr	61.620km	Lorraine McMahon	07.01.76	Listowel	23.09.18	
Women	Senior	Track	6hr	52.961km	Bridget Brady	03.11.78	Barcelona, ESP	15.12.12	
Women	Senior	Indoor	6hr	51.095km	Sinead Kane	23.04.82	Espoo, FIN	25.02.17	
Women	Senior	Road	12hr	116.401km	Amy Masner	22.11.73	Albi, FRA	13.05.00	
Women	Senior	Track	12hr	114.750km	Susan McCartney	29.03.77	Barcelona, ESP	19.12.15	
Women	Senior	Indoor	12hr	116.622km	Valerie Glavin	13.02.75	Espoo, FIN	23.02.20	
Women	Senior	Road	100km	7.52.45	Helena Crossan	11.05.67	Winschoten, NED	09.09.07	
Women	Senior	Road	100 mile	TBC	Amy Masner	22.11.73	Timisoara, ROM	27.05.18	
Women	Senior	Track	100 mile	17.10.51	Valerie Glavin	13.02.75	Tooting Bec, ENG	20.09.15	
Women	Senior	Indoor	100 mile	16.59.49	Valerie Glavin	13.02.75	Espoo, FIN	30.01.11	
Women	Senior	Road	24hr	231.376km	Aoife Mundow	13.02.82	Athens, GRE	12.01.20	
Women	Senior	Track	24hr	225.508km	Ruthann Sheahan	30.04.75	Belfast	20.07.13	
Women	Senior	Indoor	24hr ~	217.809km	Valerie Glavin	13.02.75	Espoo, FIN	29.01.11	
Women	Senior	Road	48hr ^	323.750km	Fionnuala O'Mara	18.05.65	Athens, GRE	18.01.19	