

Sex	Category	Where	Event	Time	Wind	Name	Relay Team	Born	Venue	Date	Note
Women	U23	Outdoor	100m	11.31	1.0	Rhasidat Adeleke		29.08.02	Manhattan, USA	15.05.21	
Women	U23	Outdoor	200m	22.34	2.0	Rhasidat Adeleke		29.08.02	Gainesville, USA	14.04.23	
Women	U23	Outdoor	400m	49.20		Rhasidat Adeleke		29.08.02	Austin, USA	10.06.23	
Women	U23	Outdoor	800m	2.01.01		Nadia Power		11.01.98	Rovereto, ITA	08.09.20	
Women	U23	Outdoor	1000m	2.38.68		Sonia O'Sullivan		28.11.69	Mansfield, ENG	24.07.90	
Women	U23	Outdoor	1500m	4.01.75		Sarah Healy		13.02.01	Ostrava, CZE	27.06.23	
Women	U23	Outdoor	Mile	4.29.03		Sarah Healy		13.02.01	London, ENG	14.05.22	
Women	U23	Outdoor	2000m	5.41.22		Sonia O'Sullivan		28.11.69	London, ENG	13.07.91	
Women	U23	Outdoor	3000m	8.46.14		Sarah Healy		13.02.01	Cork	05.07.22	
Women	U23	Outdoor	5000m	15.26.9		Sonia O'Sullivan		28.11.69	Cork	07.07.91	
Women	U23	Outdoor	10000m	33.23.95		Laura Mooney		25.01.02	Philadelphia, USA	28.04.22	
Women	U23	Outdoor	100m H	12.96	1.0	Derval O'Rourke		28.05.81	Bydgoszcz, POL	20.07.03	
Women	U23	Outdoor	400m H	56.62		Jessie Barr		24.07.89	Ostrava, CZE	16.07.11	
Women	U23	Outdoor	3000m S/C	9.49.20		Fionnuala Britton		24.09.84	Gothenburg, SWE	11.08.06	
Women	U23	Outdoor	High Jump	1.90m		Sommer Lecky		14.06.00	Tampere, FIN	15.07.18	
Women	U23	Outdoor	Long Jump	6.60m	1.0	Kelly Proper		01.05.88	Brussels, BEL	08.08.10	
Women	U23	Outdoor	Triple Jump	13.25m	0.8	Sarah Buggy		01.04.94	Bedford, ENG	19.06.16	
Women	U23	Outdoor	Pole Vault	4.15m		Ellen McCartney		08.10.99	Manchester, ENG	26.05.21	
Women	U23	Outdoor	Shot	16.56m		Marita Walton		07.10.60	Philadelphia, USA	24.04.82	
Women	U23	Outdoor	Discus	57.06m		Patricia Walsh		07.10.60	Lexington, USA	13.05.82	
Women	U23	Outdoor	Hammer	67.85m		Nicola Tuthill		22.12.03	Chorzow, POL	20.06.23	
Women	U23	Outdoor	Javelin	52.92m		Kate O'Connor		12.12.00	Boras, SWE	19.07.19	
Women	U23	Outdoor	4x100m	44.64		Molly Scott, Aoife Lynch, Lauren Roy, Gina Akpe-Moses	National Team	n/a	Tallinn, EST	11.07.21	
Women	U23	Outdoor	4x100m (Club)	46.93		Mairead Murphy, Ciara Giles-Doran, Niamh Whelan, Kelly Proper	Ferrybank AC	n/a	Santry	29.07.06	
Women	U23	Outdoor	4x400m	3.34.87		Sophie Becker, Cliodhna Manning, Jenna Bromell and Siofra Clerigh	National Team	n/a	Bydgoszcz, POL	16.07.17	
Women	U23	Outdoor	3000m Walk	12.18.86		Kate Veale		05.01.94	Tullamore	23.07.11	
Women	U23	Outdoor	5000m Walk	21.30.18		Kate Veale		05.01.94	Santry	06.08.11	
Women	U23	Outdoor	10,000m Walk	45.28.75		Gillian O'Sullivan		21.08.76	San Sebastian, ESP	01.08.98	
Women	U23	Outdoor	10k Walk Rd.	45.12		Deirdre Gallagher		13.07.74	Douglas, Isle of Man	24.02.96	
Women	U23	Outdoor	20k Walk Rd.	1.34.59		Ann Loughnane		08.04.86	La Coruña, ESP	13.05.06	
Women	U23	Outdoor	Heptathlon	6,297pts		Kate O'Connor		12.12.00	Lana, ITA	24/25.04.21	