

**AAI Track & Field League Final ,**  
**Tullamore, 8th August 2009**

**Women's Premier Division**

Tir Chonaill AC 114  
Ferrybank AC 113  
Ballymena and Antrim AC 90  
Leevale AC 90  
Bandon AC 84  
Meath Athletics AC 72  
Borrisoskane AC 68  
North Down AC 52.5

**Men's Premier Division**

Clonliffe Harriers AC 123  
Crusaders AC 102  
Raheny AC 99  
Leevale AC 92  
Athletics Meath 86  
St. Abbans AC 79  
Tullamore Harriers 71  
North Down AC 70

**Women's Division 1**

Kilkenny City Harriers AC 119  
Athletics Kerry 118  
Clonliffe Harriers 96  
St. Abban's AC 84  
Athletics Kildare 78  
City of Derry 62  
Sli Cualann 55  
Raheny Shamrocks AC 46

**Men's Division 1**

City of Derry AC 122  
Athletics Kerry 113.5  
Limerick County 104  
Ferrybank AC 91  
Athletics Sligo 85.5  
Sli Cualann 72  
Tallaght AC 70  
City of Lisburn AC 23

### 100 m - Men Division One

Wind : +0.3

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	308 Smyth, Jason	City of Derry			10.50
2	310 Graham, Darragh	Sli Cualann A.C.			11.14
3	311 Ryan, Billy	Ferrybank A.C.			11.30
4	309 Jege, Nathan	Limerick County			11.62
5	307 Foley, Cian	Athletics Kerry			11.72
6	312 Kennedy, David	Tallaght A.C.			12.31
7	313 Hazleton, Patrick	Athletics Sligo			12.37

### 200 m - Men Division One

Wind : +1.8

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	308 Smyth, Jason	City of Derry			21.40
2	310 Graham, Darragh	Sli Cualann A.C.			21.66
3	314 Murphy, Brendan	City of Lisburn			22.63
4	307 Lynch, Colm	Athletics Kerry			22.67
5	309 Gyomber, Boltan	Limerick County			23.21
6	311 Barr, Thomas	Ferrybank A.C.			23.66
7	313 Burke, David	Athletics Sligo			24.25
8	312 Healy, Eddie	Tallaght A.C.			24.81

### 400 m - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	311 Ryan, Billy	Ferrybank A.C.			48.9H
2	309 Glynn, Brian	Limerick County			49.6H
3	314 Murphy, Brendan	City of Lisburn			49.8H
4	307 Lynch, Colm	Athletics Kerry			50.1H
5	313 Mc Dermott, Dermot	Athletics Sligo			52.8H
6	308 Reid, Daniel	City of Derry			53.1H
7	310 Daly, Cathal	Sli Cualann A.C.			53.4H
8	312 Healy, Eddie	Tallaght A.C.			53.8H

### 800 m - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	309 Reale, Liam	Limerick County			1.54.11
2	313 Carroll, Tommy	Athletics Sligo			1.56.72

3	308	Hamilton, Pajo	City of Derry		1.58.69
4	312	Fitzpatrick, Tomas Sen	Tallaght A.C.		1.59.16
5	311	Downey, Gavin	Ferrybank A.C.		2.03.53
6	307	O'Carroll, Darragh	Athletics Kerry		2.05.87

1500 m - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	312	Connolly, Sean			3.50.63
2	309	Mc Cartan, Pat			3.59.10
3	311	Cooper, Kevin			4.01.19
4	313	Casey, Tommie			4.10.25
5	310	Earls, Des			4.10.52
6	307	Murphy, Ed			4.12.02
7	308	Williamson, JP			4.24.85

5000 m - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	313	Conroy, Martin			15.14.11
2	307	Murphy, Cian			15.22.56
3	312	Dunne, Eoin			15.40.50
4	309	Bekela, Lebeth			15.54.23
5	308	Doherty, Aaron			
6	311	Flynn, Patrick			16.22.54

110 m Hurdles - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	308	Carey, Tom			14.7H
2	309	Crowe, Tim			16.5H
3	307	O'Connor, Maurice			16.5H
4	311	Corcoran, Alan			17.8H
5	312	Morris, Sean			19.2H
6	313	Burke, David			21.3H

400 m Hurdles - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	308	Carey, Tom			53.29
2	309	Crowe, Tim			56.61
3	311	Corcoran, Alan			58.66

4	313	Dunleavy, Emmett	Athletics Sligo	61.14
5	312	Coleman, Luke	Tallaght A.C.	64.84
6	307	Nolan, Stewart	Athletics Kerry	66.35

#### 3000 m Steeplechase - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	313	Dunleavy, Emmett			9.20.21
2	312	Connolly, Brian			10.13.65
3	309	Ryan, Ciaran			10.19.27
4	311	Flynn, Alex			10.40.95
5	308	Furey, Dara			11.18.30

#### 3000 m Walk - Men Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	307	Prendiville, Niall			13.30.23
2	313	Conroy, Martin			13.59.99
3	314	Mc Cabe, Owen			14.19.00
4	309	Walshe, Aidan			17.44.45
5	308	Furey, Dara			21.10.01

#### High Jump - Men Division One

Place No	Name	Club	1.30	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
1	308	Herron, Simon	-	-	-	-	-	-	O	O	O	XO	XXX
2	309	Lennon, Ray	-	-	-	O	XXO	O	XXX				
3	311	Heffernan, Andrew	-	-	-	XO	O	XXX					
4	307	Galvin, PJ	-	-	O	O	XO	XXX					
4	313	Lipsett, Kenneth	-	O	O	O	XO	XXX					
6	310	Kulic, Francis	-	-	O								
7	312	Morris, Sean	O										

#### Long Jump - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	308	Mc Mullan, Adam	X	X	6.68	6.97	5.11	6.65	6.97
					+0.2	+2.8	+1.6	+4.1	+2.8
2	309	Jege, Nathan	6.23	5.93	6.35	6.69	6.26	6.15	6.69
			+1.9	+1.1	+0.9	+3.2	-0.7	+1.8	+3.2
3	307	Kennedy, Clarence	5.53	6.08	6.13	X	5.93	6.02	6.13
			+2.6	+3.2	+0.4		+0.6	+3.3	+0.4
4	311	Murphy, Stephen	X	5.77	6.06	4.48	5.69	5.69	6.06
				-0.3	+0.9	+2.0	+1.1	+1.0	+0.9

5	313	Gannon, Glenn	Athletics Sligo	5.20	5.39	5.64	5.62	5.23	5.76	5.76
				+4.0	+1.9	+1.0	+1.6	+1.6	+3.7	+3.7
6	310	Niemcjak, Michael	Sli Cualann A.C.	5.18	5.69	5.21	4.88	5.17	4.97	5.69
				+1.4	+0.3	+0.7	+2.7	+0.8	-1.7	+0.3
7	312	Purcell, Gerard	Tallaght A.C.	-	-	X	4.29	4.48	4.52	4.52
							+3.0	+2.0	-0.3	-0.3

#### Triple Jump - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	309	Counihan, Niall	Limerick County	13.29	13.59	X	13.28	X	13.90	13.90
				+0.4	+1.3		+0.6		+0.8	+0.8
2	308	Herron, Simon	City of Derry	X	13.80	13.79	X	13.31	13.65	13.80
					+0.1	+0.7		+0.1	+0.4	+0.1
3	311	Archer, Sean	Ferrybank A.C.	11.32	11.56	11.23	11.16	-	-	11.56
				+0.4	+0.2	+0.2	+0.4			+0.2
4	313	Murtagh, Aaron	Athletics Sligo	X	11.02	X	10.86	11.40	X	11.40
					+0.3		+1.3	+0.6		+0.6
5	310	Hanlon, Cormac	Sli Cualann A.C.	10.72	10.88	10.69	11.08	-	-	11.08
				+0.8	+1.4	+1.1	+0.5			+0.5
6	307	Roche, Dillon	Athletics Kerry	9.43	10.49	10.47	X	9.69	10.41	10.49
				+1.2	+0.1	+0.6		+0.2	+0.5	+0.1

#### Pole Vault - Men Division One

Place No	Name	Club	2.00	2.40	2.60	2.80	3.20	3.60	3.80	
1	308	Craig, Ciaran	City of Derry	-	-	-	-	XXO	XO	XXX
2	310	Whelan, Eamon	Sli Cualann A.C.	O	O	XO	XXX			
3	307	Hogan, David	Athletics Kerry	O	O	XXX				

#### Shot Putt - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	307	Clifford, Daniel	Athletics Kerry	12.41	13.01	13.20	13.38	13.13	13.38	13.38
2	310	Sweeney, David	Sli Cualann A.C.	X	10.67	10.78	10.90	X	11.37	11.37
3	308	Moore, Rodi	City of Derry	10.80	10.45	10.86	11.13	11.20	X	11.20
4	312	Dever, John	Tallaght A.C.	10.04	10.56	11.12	10.93	10.16	10.60	11.12
5	313	Reynolds, Alan	Athletics Sligo	9.76	10.34	9.48	10.13	10.19	8.90	10.34
6	311	Boucher, Tom	Ferrybank A.C.	9.15	X	9.52	9.45	9.48	8.89	9.52
7	314	Hall, Andrew	City of Lisburn	5.92	6.43	6.28	6.47	X	6.40	6.47
8	309	Pike, Roland	Limerick County	X	X	5.20	6.12	X	5.74	6.12

#### Discus - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	307	Clifford, Daniel	Athletics Kerry	44.99	41.50	X	X	X	43.21	44.99

2	310	Sweeney, David	Sli Cualann A.C.	37.60	37.14	X	38.43	X	X	38.43
3	308	Craig, Ciaran	City of Derry	25.65	30.58	32.25	31.52	31.15	31.23	32.25
4	311	Kennedy, Shane	Ferrybank A.C.	X	28.01	27.90	29.05	X	31.79	31.79
5	309	Gyomber, Boltan	Limerick County	23.34	24.72	24.11	26.45	-	-	26.45
6	312	Healy, Eddie	Tallaght A.C.	X	X	21.82	X	22.16	-	22.16
7	314	Hall, Andrew	City of Lisburn	17.85	18.78	19.06	18.84	20.27	X	20.27
8	313	Rooney, Donal	Athletics Sligo	19.25	18.10	18.88	18.16	17.16	17.64	19.25

#### Javelin - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	310	Rice, Adam	Sli Cualann A.C.	57.19	48.33	51.41	52.04	X	46.96	57.19
2	307	O'Connor, Patsy	Athletics Kerry	37.77	44.09	43.59	40.19	39.40	42.10	44.09
3	308	Cregan, Conor	City of Derry	42.19	42.34	42.08	40.87	41.35	42.48	42.48
4	311	Whelan, Sean	Ferrybank A.C.	37.66	38.40	35.61	36.76	31.92	33.66	38.40
5	313	Boal, Connell	Athletics Sligo	X	37.00	33.67	34.14	35.12	33.04	37.00
6	312	Healy, Eddie	Tallaght A.C.	-	32.93	32.94	30.17	31.19	31.16	32.94
7	309	Lennon, Ray	Limerick County	28.33	28.55	27.39	-	-	-	28.55

#### Hammer - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	307	Nagle, James	Athletics Kerry	48.66	49.49	48.27	52.46	50.44	49.06	52.46
2	313	Reynolds, Stephen	Athletics Sligo	24.25	26.63	24.63	22.92	24.81	X	26.63
3	308	Herron, Jim	City of Derry	20.30	22.36	22.02	X	21.29	21.84	22.36
4	311	Kennedy, Shane	Ferrybank A.C.	17.04	19.59	X	20.40	18.91	X	20.40
5	310	Hanlon, Cormac	Sli Cualann A.C.	X	16.29	X	16.10	16.80	16.75	16.80
6	309	Glynn, Brian	Limerick County	16.35	16.08	X	16.66	16.56	X	16.66

#### 56lb Distance - Men Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	307	Nagle, James	Athletics Kerry	6.81	6.79	6.85	6.84	6.76	6.85	6.85
2	312	Dever, John	Tallaght A.C.	6.20	5.85	6.00	X	5.99	5.63	6.20
3	308	Moore, Rodi	City of Derry	5.29	X	5.30	4.86	5.30	5.71	5.71
4	311	Boucher, Tom	Ferrybank A.C.	5.23	4.62	5.33	5.61	5.38	5.70	5.70
5	309	Aherne, Cian	Limerick County	-	-	-	-	-	4.87	4.87
6	313	Reynolds, Stephen	Athletics Sligo	4.54	X	4.26	4.78	4.79	4.46	4.79

#### 4 x 100 m - Men Division One

Place	Club Team	Time
1	Limerick County Glynn, Brian Gyomber, Boltan Hogan, Simon	43.70

Jege, Nathan

2 Athletics Kerry 44.36  
Foley, Cian  
Lynch, Colm  
O'Carroll, Maurice  
Whelan, Pdraig

3 Ferrybank A.C. 45.60  
Brennan, Donal  
Greene, James  
Murphy, Stephen  
Ryan, Billy

4 Tallaght A.C. 47.33  
Kennedy, David  
Morris, Sean  
Oyebanji, Sherif  
Purcell, Gerard

5 Athletics Sligo 48.52  
Boal, Connell  
Burke, David  
Lipsett, Kenneth  
Murtagh, Aaron

City of Derry DNF  
Carey, Tom  
Craig, Ciaran  
Moore, Roddy  
Smyth, JASON

Sli Cualann A.C. DISQ  
Costello, Pat  
Graham, Darragh  
Hanlon, Cormac  
Ryder, Sean

100 m - **Women Division One**

Wind : -0.1

Final No	Name	Club	Heat Time	Semi Time	Final Time
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1	315	Fitzpatrick, Eilish	Athletics Kerry		12.27
2	320	Lawlor, Sandra	Athletics Kildare		12.50

3	316	Moore, Leah	Clonliffe Harriers A.C.	12.66
4	317	Holmes, Louise	Kilkenny City Hrs. A.C.	12.73
5	319	Mc Gurk, Janelle	City of Derry	13.31
6	321	Stuart, Ciara	Sli Cualann A.C.	13.58
7	322	Ward, Maria	Raheny Shamrock A.C.	13.70
8	318	O'Gorman, Sinead	St. Abbans A.C.	13.85

200 m - Women Division One

Wind : +1.2

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	315	Fitzpatrick, Eilish			25.37
2	316	Moore, Leah			25.61
3	317	Cuddihy, Catriona			26.24
4	320	Field, Niamh			26.94
5	321	Hartnett, Ellie			27.72
6	318	Kelly, Sinead			27.80
7	322	Ward, Maria Raheny			28.12
8	319	Doherty, Emma			30.44

400 m - Women Division One

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	320	Galligan, Rose Anne			56.88
2	317	Lanigan, Mary Kate			59.83
3	318	Kelly, Sinead			60.22
4	322	O'Donnell, Iseult			62.06
5	319	Mc Gurk, Janelle			64.09
6	316	Mc Callion, Ciara			65.59
7	321	Mc Gee, Aisling			65.81

800 m - Women Division One

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	317	Everard, Ciara			2.18.38
2	321	Earls, Claire			2.20.47
3	322	O'Donnell, Iseult			2.23.30
4	318	Brennan, Ailish			2.23.98
5	316	Finnegan, Sarah			2.27.57
6	319	Mc Daid, Amy			2.31.81
7	320	O'Connor, Ciara			2.38.05

1500 m - Women Division One



Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	317 Everard, Ciara	Kilkenny City Hrs.	A.C.		4.41.99
2	322 Manning, Lorraine	Raheny Shamrock A.C.			4.44.07
3	318 Phelan, Clair	St. Abbans A.C.			4.46.45
4	316 Alexander, Eleanor	Clonliffe Harriers A.C.			4.51.27
5	315 Fitzgerald, Mary	Athletics Kerry			4.54.01
6	321 Hartnett, Ellie	Sli Cualann A.C.			5.02.14
7	319 Mc Daid, Amy	City of Derry			5.05.53
8	320 Foy, Liz	Athletics Kildare			5.10.45

#### 3000 m - Women Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	316 Reilly, Louise	Clonliffe Harriers A.C.			9.57.29
2	318 Phelan, Clair	St. Abbans A.C.			10.04.71
3	320 Galligan, Rose Anne	Athletics Kildare			10.11.66
4	322 Wlodarczyk, Patrycja	Raheny Shamrock A.C.			10.26.27

#### 100 m Hurdles - Women Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	320 Lawlor, Sandra	Athletics Kildare			14.7H
2	316 Furman, Shauna	Clonliffe Harriers A.C.			15.4H
3	315 Courtney, Ailbhe	Athletics Kerry			16.1H
4	321 Boylan, Laura	Sli Cualann A.C.			16.3H
5	317 Langton, Laura	Kilkenny City Hrs. A.C.			17.3H
6	319 Doherty, Emma	City of Derry			19.5H

#### 400 m Hurdles - Women Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	317 Cuddihy, Catriona	Kilkenny City Hrs. A.C.			64.18
2	315 Courtney, Ailbhe	Athletics Kerry			65.34
3	321 Kearney, Niamh	Sli Cualann A.C.			65.69
4	318 Miller, Alison	St. Abbans A.C.			68.77
5	316 Doyle, Sarah	Clonliffe Harriers A.C.			74.91

#### 1500 m Walk - Women Division One

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
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1	315	Prendiville, Emma	Athletics Kerry	7.36.7H
2	317	Walsh, Euphrasia	Kilkenny City Hrs. A.C.	7.55.9H
3	316	Heneghan, Ciara	Clonliffe Harriers A.C.	7.57.4H
4	320	Sheehy, Aoife	Athletics Kildare	8.20.9H

High Jump - Women Division One

Place No	Name	Club	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65
1	317	Lanigan, Mary Kate	Kilkenny City Hrs. A.C.-	-	-	-	-	-	O	O	O	O
2	316	Liadova, Ange	Clonliffe Harriers A.C.-	-	-	-	-	-	O	O	XXO	XXX
3	322	Buckley, Helen	Raheny Shamrock A.C.	-	-	-	-	-	O	O	XXX	
4	319	Herron, Jamie	City of Derry	-	-	-	-	O	O	XO	XXX	
5	315	Prendiville, Emma	Athletics Kerry	-	-	-	O	-	XXO	XXX		
6	320	O'Connor, Aine	Athletics Kildare	-	O	O	O	O	XXX			
7	318	Burke, Andrea	St. Abbans A.C.	O	O	XO	XXX					
8	321	Mc Gee, Aisling	Sli Cualann A.C.	O	O	XXO	XXX					

Long Jump - Women Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	315	O'Connor, Sinead	Athletics Kerry	4.14	5.27	X	5.10	5.11	5.27
			+1.8	-0.4		-0.7	-0.0	+0.3	-0.4
2	321	Hartnett, Ellie	Sli Cualann A.C.	5.00	4.35	4.49	4.46	4.47	5.00
			-0.8	+1.0	+0.2	+3.3	+1.4		-0.8
3	318	Miller, Alison	St. Abbans A.C.	X	4.80	4.86	4.81	4.80	4.86
				+0.5	+1.8	+0.8	+0.4		+1.8
4	317	Corcoran, Aoife	Kilkenny City Hrs. A.C.	X	4.66	4.70	4.63	4.70	4.86
				-0.4	+2.5	+0.6	-0.8	-0.3	-0.3
5	319	Mc Gurk, Janelle	City of Derry	4.56	4.47	-	4.65	4.69	4.86
			+1.4	+0.7		+3.6	-0.8	-1.2	-1.2
6	320	Enright, Ailbhe	Athletics Kildare	4.54	X	X	X	-	4.54
			+1.4						+1.4
7	316	Liadova, Ange	Clonliffe Harriers A.C.	3.90	4.12	X	X	4.36	4.16
			+1.1	+0.3			-0.6	-0.7	-0.6

Triple Jump - Women Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	315	O'Connor, Sinead	Athletics Kerry	10.88	10.69	10.42	X	10.98	10.92
			+1.8	-1.4	-1.0		+3.6	+0.4	+3.6
2	319	Herron, Jamie	City of Derry	10.79	X	X	X	10.38	10.79
			+2.6				+1.7		+2.6
3	320	Hill, Fiona	Athletics Kildare	X	10.40	10.05	10.36	10.23	10.24
				+1.3	-0.3	+0.8	+2.3	+2.1	+1.3
4	317	Corcoran, Aoife	Kilkenny City Hrs. A.C.	X	9.74	9.95	9.68	10.06	9.95
				+0.6	+1.3	-0.9	+2.7	+1.3	+2.7

5	318	Burke, Andrea	St. Abbans A.C.	X	9.44	9.47	9.63	X	9.55	9.63
					-0.3	+2.0	-0.9		-1.3	-0.9
6	316	Dowling, Sinead	Clonliffe Harriers A.C.	8.62	8.39	8.18	8.01	X	8.75	8.75
					+1.6	+0.4	+2.1	+0.5	+2.2	+2.2
7	321	Boylan, Laura	Sli Cualann A.C.	8.73	8.56	8.36	8.45	8.74	8.31	8.74
					+1.8	+2.6	-0.2	+0.7	+1.5	+1.5

#### Shot Putt - Women Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	317	Hickey, Aoife	Kilkenny City Hrs. A.C.	10.64	X	X	11.28	-	-	11.28
2	315	O'Shea, Katie	Athletics Kerry	9.43	9.53	9.16	9.91	9.40	9.33	9.91
3	318	Daly, Shauna	St. Abbans A.C.	8.80	9.26	9.56	9.11	9.27	9.47	9.56
4	316	Hartnett, Sinead	Clonliffe Harriers A.C.	8.36	8.32	8.35	8.29	8.41	8.38	8.41
5	319	Herron, Danae	City of Derry	7.31	7.05	7.08	7.11	7.03	6.82	7.31
6	321	Stuart, Ciara	Sli Cualann A.C.	5.76	6.32	6.29	5.73	6.20	6.60	6.60
7	320	Dixon, Lisa	Athletics Kildare	5.95	6.24	5.32	5.82	5.47	5.56	6.24
8	322	Corcoran, Jenny	Raheny Shamrock A.C.	5.96	6.14	-	-	-	-	6.14

#### Discus - Women Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	318	Daly, Shauna	St. Abbans A.C.	25.66	25.84	22.20	26.04	26.53	23.56	26.53
2	317	Conlon, Theresa	Kilkenny City Hrs. A.C.	25.53	26.07	25.88	25.90	23.57	25.72	26.07
3	315	Moynihan, Mary	Athletics Kerry	25.47	24.48	24.29	22.71	21.95	25.34	25.47
4	319	Donnelly, Maggie	City of Derry	19.49	21.77	20.95	21.53	20.65	22.19	22.19
5	321	Kearney, Niamh	Sli Cualann A.C.	21.37	X	17.30	-	-	-	21.37
6	320	Kenny, Pauline	Athletics Kildare	18.10	16.31	17.49	19.56	21.33	X	21.33
7	316	Bonate, Aurelie	Clonliffe Harriers A.C.	X	12.83	X	13.42	15.83	15.15	15.83
8	322	Buckley, Anne	Raheny Shamrock A.C.	10.65	X	12.76	-	-	-	12.76

#### Javelin - Women Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	316	Byrne, Denise	Clonliffe Harriers A.C.	37.63	34.98	36.57	34.37	36.60	35.65	37.63
2	319	Browne, Georgina	City of Derry	33.76	32.13	31.59	34.65	30.03	31.36	34.65
3	315	Moynihan, Mary	Athletics Kerry	32.63	31.59	32.03	32.56	28.64	29.86	32.63
4	318	Daly, Emma	St. Abbans A.C.	26.67	25.03	27.37	26.26	28.85	28.90	28.90
5	317	Stanley, Galya	Kilkenny City Hrs. A.C.	24.84	26.42	27.53	26.75	25.92	24.15	27.53
6	320	Dixon, Erica	Athletics Kildare	26.67	25.06	21.98	-	-	-	26.67
7	322	Buckley, Helen	Raheny Shamrock A.C.	25.61	25.19	24.09	24.54	23.39	X	25.61
8	321	Bolger, Rachel	Sli Cualann A.C.	24.02	-	-	-	-	-	24.02

#### Hammer - Women Division One

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
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1	317	Hickey, Aoife	Kilkenny City Hrs. A.C.	48.45	X	-	-	-	-	48.45
2	319	Donnelly, Maggie	City of Derry	44.08	42.21	42.67	X	40.50	40.49	44.08
3	315	O'Shea, Katie	Athletics Kerry	41.31	42.45	41.83	X	X	42.06	42.45
4	318	Daly, Emma	St. Abbans A.C.	29.22	X	29.97	29.19	X	X	29.97
5	320	Kenny, Pauline	Athletics Kildare	19.72	21.63	20.68	21.08	20.71	X	21.63
6	316	Byrne, Denise	Clonliffe Harriers A.C.	15.49	15.66	15.00	15.53	-	-	15.66
7	322	Buckley, Anne	Raheny Shamrock A.C.	X	10.69	13.51	10.91	10.71	12.37	13.51

#### 100 m - Men Premier Div.

Wind : +1.5

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	330 Colvert, Stephen	Crusaders A.C.			10.84
2	328 Kennedy, Gordon	Tullamore Harriers A.C.			11.11
3	329 Browne, Phil	North Down			11.23
4	323 Kavanagh, Daniel	Clonliffe Harriers A.C.			11.24
5	327 Quilligan, David	Leevale A.C.			11.27
6	326 Hynes, Michael	Raheny Shamrock A.C.			11.28
7	324 Monaghan, Joey	Athletics Meath			11.37
8	325 Okoyeagha, Richard	St. Abbans A.C.			11.38

#### 200 m - Men Premier Div.

Wind : +0.4

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	330 Colvert, Stephen	Crusaders A.C.			21.92
2	328 Kennedy, Gordon	Tullamore Harriers A.C.			22.41
3	326 Davis, Jamie	Raheny Shamrock A.C.			22.66
4	323 O'Connor, Patrick	Clonliffe Harriers A.C.			22.67
5	324 Monaghan, Joey	Athletics Meath			22.69
6	329 Elliott, Kenny	North Down			22.70
7	325 Okoyeagha, Richard	St. Abbans A.C.			22.81
8	327 Mac Namara, Carl	Leevale A.C.			22.87

#### 400 m - Men Premier Div.

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	323 Laffey, John	Clonliffe Harriers A.C.			49.4H
2	326 Kelly, Ciaran	Raheny Shamrock A.C.			49.6H
3	324 Mathews, Niall	Athletics Meath			49.7H
4	329 Patterson, Mark	North Down			50.0H
5	325 Whelan, Alan	St. Abbans A.C.			50.2H
6	328 Hannon, Fearghus	Tullamore Harriers A.C.			50.4H

7	327	Owens, Cathal	Leevale A.C.			50.6H
8	330	Beslin, Paul	Crusaders A.C.			52.6H

800 m - Men Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	330	O'Brien, Alan			1.54.59
2	323	Healy, Conor			1.55.57
3	325	Kelly, Brian			1.56.35
4	326	Jones, Chris			2.00.66
5	327	Murray, Shane			2.02.76
6	328	Butler, Darren			2.10.29
	324	Costello, Colin			DNF

1500 m - Men Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	330	O'Brien, Alan			3.53.60
2	323	Bailey, Aidan			3.53.66
3	327	Hanrahan, Mark			3.54.11
4	326	O'Sullivan, Gavin			3.54.47
5	329	Carlisle, John			4.06.79
6	325	Attride, Stephen			4.06.83
7	328	Grennan, Catch			4.25.84

5000 m - Men Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	323	Kenneally, Mark			14.17.42
2	326	Ryan, Simon			15.15.26
3	327	Maunsell, Thomas			15.19.19
4	325	Burke, Colm			15.25.09
5	324	Matthews, Robbie			15.29.33
6	329	Browne, Robin			15.56.99
7	330	Coughlin, Gareth			16.15.67
8	328	Grennan, Catch			18.08.21

110 m Hurdles - Men Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	330	Mc Donald, Ian			14.0H
2	329	Reynolds, Ben			14.4H

3	323	Lyons, Jeremy	Clonliffe Harriers A.C.	15.3H
4	326	O'Cathain, Ciaran	Raheny Shamrock A.C.	15.5H
5	325	Kelly, Eoin	St. Abbans A.C.	15.5H
6	327	Finnegan, Denis	Leevale A.C.	16.1H
7	328	Kilmartin, Paul	Tullamore Harriers A.C.	22.5H

#### 400 m Hurdles - Men Premier Div.

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	323	Lyons, Jeremy			54.39
2	325	Byrne, Paul			55.31
3	327	Maher, Patrick			55.78
4	326	Kelly, Feidhlim			59.73
5	329	Glass, Pete			1.03.56
6	330	Park, Gary			1.07.24
7	328	Kilmartin, Paul			1.16.35

#### 3000 m Steeplechase - Men Premier Div.

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	326	Kirwan, Mark			9.32.14
2	323	Rossiter, Jayme			10.05.41
3	324	Mc Donnell, Rory			10.10.23
4	330	O'Neill, Eugene			10.25.53
5	325	Lawlor, Stephen			10.27.95
6	329	Stokes, Jordan			10.41.82
7	328	Faulkner, Richard			12.46.54

#### 3000 m Walk - Men Premier Div.

Final No	Name	Club	Heat Time	Semi Time	Final Time
1	324	Doyle, Michael			12.59.66
2	327	Harrington, Chris			17.05.93
3	328	Rigney, Larry			21.09.77
4	323	Lillefosse, David			22.33.96

#### High Jump - Men Premier Div.

Place	No	Name	Club	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.06	2.10	2.15
1	325	Pender, Barry	St. Abbans A.C.	-	-	-	-	-	0	-	0	-	XXO	0	XXO	XXX
2	324	Foroughi, Kourosh	Athletics Meath	-	-	-	-	-	0	0	XO	0	0	0	XXX	
3	327	Crowley, Christopher	Leevale A.C.	-	-	-	-	-	0	-	0	0	XO	-		
4	323	Khinzw, Marcin	Clonliffe Harriers A.C.	-	-	-	-	-	0	0	0	XO	XXX			
5	329	Reynolds, Ben	North Down	-	-	-	-	-	0	0	XXX					
6	328	Vasil, Jon	Tullamore Harriers A.C.	-	-	0	0	0	XO	XXX						

7	326	Hynes, Michael	Raheny Shamrock A.C.	-	-	XO	O	XXX
8	330	O'Briain, Ruairi	Crusaders A.C.	O	O	XO	X-	XX

Long Jump - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	330	Fleming, Steve	Crusaders A.C.	7.20	7.00	7.36	7.16	7.24	X	7.36
				+2.8	+1.1	+0.4	-0.6	+1.3		+0.4
2	327	Quilligan, David	Leevale A.C.	6.79	6.83	6.91	X	X	7.13	7.13
				+2.8	+1.4	+2.5			+2.9	+2.9
3	328	Hannon, Eoin	Tullamore Harriers A.C.	4.99	6.75	6.79	4.92	6.61	7.13	7.13
				+2.1	+2.6	+2.4	+0.4	+1.2	+3.7	+3.7
4	324	Foroughi, Kourosh	Athletics Meath	X	5.06	6.87	X	-	-	6.87
				+1.9	+3.0				+3.0	
5	325	Kelly, Eoin	St. Abbans A.C.	6.48	X	6.64	6.70	X	6.76	6.76
				+1.2		+3.6	+1.9		+6.3	+6.3
6	329	Browne, Phil	North Down	6.36	X	4.76	-	-	-	6.36
				+2.4		+0.9				+2.4
7	326	Connolly, Jack	Raheny Shamrock A.C.	6.24	6.26	6.12	6.18	X	6.08	6.26
				+2.3	+2.2	+2.3	+1.1		+2.5	+2.2
8	323	Commiskey, Stephen	Clonliffe Harriers A.C.	6.21	6.24	6.24	5.60	5.85	5.34	6.24
				+5.2	+1.7	+2.4	+1.4	+2.0	+4.2	+1.7

Triple Jump - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	327	Finnegan, Denis	Leevale A.C.	14.15	14.20	14.59	14.28	13.51	14.64	14.64
				+0.5	+0.5	+1.4	+0.4	+0.8	+1.1	+1.1
2	325	Kelly, Eoin	St. Abbans A.C.	13.98	X	14.52	14.39	X	14.42	14.52
				+0.2		+0.5	+0.6		+1.8	+0.5
3	323	Matuzzi, Marco	Clonliffe Harriers A.C.	12.56	X	13.09	13.02	13.02	X	13.09
				+1.0		+0.9	+0.2	+0.7		+0.9
4	328	Hannon, Eoin	Tullamore Harriers A.C.	X	12.51	13.07	X	12.80	X	13.07
					+0.6	+0.3		+1.3		+0.3
5	326	Connolly, Jack	Raheny Shamrock A.C.	11.48	11.44	11.54	11.50	11.58	11.56	11.58
				+0.7	+1.4	+1.7	+0.2	+0.6	+0.1	+0.6
6	324	Whelan, Robert	Athletics Meath	11.35	11.43	11.57	11.36	11.13	11.08	11.57
				+0.6	+0.5	+0.1	+1.8	+1.2	+0.4	+0.1
7	330	Parke, Gary	Crusaders A.C.	X	X	9.01	-	-	-	9.01
						+0.5				+0.5

Pole Vault - Men Premier Div.

Place No	Name	Club	2.60	2.80	3.00	3.20	3.40	3.60	3.80	4.00	4.20	4.40	4.50	4.60	5.00
1	323	Donnegan, David	Clonliffe Harriers A.C.	-	-	-	-	-	-	O	-	-	O	O	XXX
2	326	Greene, Stuart	Raheny Shamrock A.C.	-	-	-	-	-	-	O	XO	XXO	XO	XX-	
3	330	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	-	-	O	XXO	-	XXX	
4	324	Doherty, Keith	Athletics Meath	-	-	-	-	O	O	XXX					

5	328	Hanlon, Darragh	Tullamore Harriers A.C.O	0	0	0	0	XXX
6	325	Byrne, Paul	St. Abbans A.C.	-	0	0	XXX	

Shot Putt - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	330	Quirke, Colin	Crusaders A.C.	14.68	14.36	14.06	14.77	14.66	14.61	14.77
2	323	Mangan, Luke	Clonliffe Harriers A.C.	13.43	13.86	13.50	13.27	13.66	X	13.86
3	324	Murtagh, Larry	Athletics Meath	10.18	10.76	9.85	10.58	10.41	9.99	10.76
4	327	Nagle, Joseph	Leevale A.C.	10.59	10.27	X	10.31	10.24	9.95	10.59
5	329	Elliott, Kenny	North Down	9.71	9.67	9.50	-	-	-	9.71
6	328	Mulligan, Joe	Tullamore Harriers A.C.	9.57	X	8.50	-	-	-	9.57
7	325	Egan, Francis	St. Abbans A.C.	8.76	8.78	8.29				8.78
8	326	O'Cathain, Ciaran	Raheny Shamrock A.C.	6.28						6.28

Discus - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	330	Quirke, Colin	Crusaders A.C.	51.34	X	50.62	53.52	49.92	X	53.52
2	327	Hazler, Pavel	Leevale A.C.	44.75	X	X	44.66	X	X	44.75
3	324	Nagle, Ger	Athletics Meath	41.38	41.30	39.56	41.12	41.50	42.69	42.69
4	323	Rauktys, Thomas	Clonliffe Harriers A.C.	41.08	41.50	40.50	X	X	X	41.50
5	329	Mc Conville, Brendan	North Down	33.90	34.72	-	-	-	-	34.72
6	325	Kelly, Aidan	St. Abbans A.C.	29.78	32.08	31.92	X	X	31.99	32.08
7	328	Rafferty, Tom	Tullamore Harriers A.C.	31.46	X	29.61	29.73	31.94	X	31.94
8	326	Buckley, James	Raheny Shamrock A.C.	27.25	X	27.54	26.87	26.25	25.00	27.54

Javelin - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	329	Glass, Pete	North Down	51.47	50.50	51.29	51.98	-	53.56	53.56
2	323	Delaney, Denis	Clonliffe Harriers A.C.	50.19	49.19	51.72	49.66	47.10	51.62	51.72
3	328	Rafferty, Tom	Tullamore Harriers A.C.	49.29	50.23	49.89	47.73	46.21	46.35	50.23
4	324	Kirwan, Barry	Athletics Meath	42.16	47.50	X	43.71	44.91	44.33	47.50
5	327	Crowley, Christopher	Leevale A.C.	43.34	46.27	47.31	44.00	X	44.27	47.31
6	325	Gilligan, Keith	St. Abbans A.C.	36.20	38.55	38.22	38.35	-	38.50	38.55
7	326	Buckley, James	Raheny Shamrock A.C.	28.74	32.73	33.15	X	X	X	33.15
8	330	Fahy, Karl	Crusaders A.C.	X	24.18	25.05	-	-	-	25.05

Hammer - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	326	Whyte, Padraig	Raheny Shamrock A.C.	55.88	55.68	57.34	58.45	52.46	56.01	58.45
2	327	Hazler, Pavel	Leevale A.C.	53.24	53.13	55.34	50.98	X	X	55.34
3	323	Hunt, Martin	Clonliffe Harriers A.C.	49.82	49.93	48.74	X	X	X	49.93
4	330	Carpenter, Lorcan	Crusaders A.C.	X	X	42.98	49.04	X	47.28	49.04
5	324	Hutchinson, James	Athletics Meath	X	45.47	41.78	X	X	43.08	45.47



6	325	Kelly, Aidan	St. Abbans A.C.	35.68	37.64	40.76	40.23	X	38.30	40.76
7	328	Dolan, Jim	Tullamore Harriers A.C.	16.18	17.90	-	-	-	-	17.90

56lb Distance - Men Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	323	Rauktys, Thomas	Clonliffe Harriers A.C.	X	7.40	7.33	7.58	7.76	X	7.76
2	324	Delaney, Barry	Athletics Meath	6.84	7.17	6.93	6.94	6.92	7.01	7.17
3	326	Whyte, Padraig	Raheny Shamrock A.C.	6.72	6.80	7.04	6.58	X	X	7.04
4	329	Glass, Pete	North Down	-	6.78	6.34	-	-	-	6.78
5	330	Conway, Philip	Crusaders A.C.	5.59	6.19	6.11	6.46	5.84	6.50	6.50
6	328	Vasil, Jon	Tullamore Harriers A.C.	5.97	4.73	5.70	6.02	6.15	6.43	6.43
7	327	Tierney, David	Leevale A.C.	5.92	5.94	5.98	6.03	6.16	6.35	6.35
8	325	Gilligan, Keith	St. Abbans A.C.	4.86	X	4.93	4.71	5.01	5.12	5.12

4 x 100m - Men Premier Div.

Place	Club	Team	Time
1	Raheny Shamrock A.C.	Davis, Jamie Hynes, Michael O'Cathain, Ciaran O'Donoghue, Barry Shallow, Peter	42.82
2	Clonliffe Harriers A.C.	Coleman, Conor Kavanagh, Daniel Laffey, John O'Connor, Patrick	43.04
3	Leevale A.C.	Killeen, David O'Donovan, Darren Quilligan, David Stack, paul	43.11
4	Tullamore Harriers A.C.	Hannon, Eoin Hannon, Fearghus Kennedy, Gordon O'Reilly, Laurence	43.25
5	North Down	Browne, Phil Elliott, Kenny	43.36

Glass, Pete  
Reynolds, Ben

6	Crusaders A.C.	43.85
	Colvert, Stephen	
	Keegan, John	
	Mc Donald, John	
	Odelade, Tope	
7	St. Abbans A.C.	44.36
	Kelly, Eoin	
	Okoyeagha, Richard	
	Pender, Barry	
	Whelan, Alan	
8	Athletics Meath	44.77
	2, ANother	
	Mathews, Niall	
	Monaghan, Joey	
	O'Cinneda, Feilibh	

100 m - **Women Premier Div.**

Wind : -0.4

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	333	Whelan, Niamh			11.80
2	334	Mc Sweeney, Ailis			11.84
3	335	Boyle, Anna			12.05
4	331	Shiels, Lisa			12.96
5	337	Adeko, Blessing			12.98
6	336	Lynch, Emer			13.06
7	338	Craig, Kerri			14.16

200 m - Women Premier Div.

Wind : -1.3

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	333	Whelan, Niamh			24.59
2	334	Mc Ardle, Louise			25.98
3	331	Shiels, Lisa			26.44
4	337	Adeko, Blessing			26.46
5	336	Lynch, Emer			26.71
6	338	Shaw, Kim			26.76

7	332	Howard, Roisin	Bandon A.C.	27.63
8	335	Alexander, Amy	Ballymena & Antrim A.C.	28.45

400 m - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	331	Mc Loone, Mary			55.9H
2	335	Patterson, Jo			56.4H
3	334	Mc Ardle, Louise			58.0H
4	338	Shaw, Kim			60.0H
5	332	Brodrick, Christina			60.9H
6	336	Ryan, Cliona			62.4H
7	337	Plunkett, Elaine			64.3H

800 m - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	331	Harvey, Michelle			2.14.85
2	337	Treacy, Sara			2.15.32
3	333	Walsh, Kitty			2.23.89
4	332	Kelly, Dawn			2.26.93
5	338	Scott, Lauren			2.31.89
6	334	Maunsell, Aisling			2.52.19

1500 m - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	331	Harvey, Michelle			4.37.62
2	336	O'Doherty, Siobhan			4.40.55
3	337	Monaghan, Sharon			4.47.93
4	332	Crowley, Carmel			5.02.95
5	333	Ryan, Niamh			5.11.77
6	338	Johnston, Stacey			5.57.91

3000 m - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	331	Mc Gloin, Teresa			10.00.39
2	336	O'Doherty, Siobhan			10.00.53
3	333	Halley, Maria			10.12.47
4	337	Hanley, Mary			10.27.21
5	332	Crowley, Carmel			10.40.67

6 338 Hambling, Stephanie North Down 11.02.14

100 m Hurdles - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	335 Mc Mahon, Christine	Ballymena & Antrim A.C.			14.8H
2	334 Byrd, Katey	Leevale A.C.			14.8H
3	331 Harvey, Louise	Tir Chonaill A.C.			15.1H
4	332 Finn, Orla	Bandon A.C.			15.8H
5	337 Watters, Aisling	Athletics Meath			16.0H
6	338 Hewitt, Katie	North Down			16.2H
7	333 Power, Nicola	Ferrybank A.C.			16.5H

400 m Hurdles - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	335 Mc Mahon, Christine	Ballymena & Antrim A.C.			61.35
2	332 Finn, Orla	Bandon A.C.			65.14
3	331 Harvey, Louise	Tir Chonaill A.C.			66.07
4	334 Humphries, Kate	Leevale A.C.			67.13
5	338 Hewitt, Katie	North Down			68.16

1500 m Walk - Women Premier Div.

Final No Place	Name	Club	Heat Time	Semi Time	Final Time
1	337 O'Sullivan, Lucy	Athletics Meath			7.53.0H
2	332 O'Sullivan, Priscilla	Bandon A.C.			8.06.8H
3	331 Rooney, Marie	Tir Chonaill A.C.			8.20.0H
4	336 Kelly, Sara	Borrisokane A.C.			9.42.3H
5	334 Philpott, Caroline	Leevale A.C.			10.09.7H

High Jump - Women Premier Div.

Place No	Name	Club	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65
1	335 Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	-	-	-	O	O	XXX
2	332 Howard, Roisin	Bandon A.C.	-	-	-	-	-	O	O	O	XXX	
3	334 Mc Carthy, Paula	Leevale A.C.	-	-	-	-	O	O	O	XXO	XXX	
4	331 Harvey, Louise	Tir Chonaill A.C.	-	-	-	O	O	XO	XO	XX-		
4	338 Craig, Kerri	North Down	-	-	-	-	O	XO	XO	XXX		
6	333 Power, Nicola	Ferrybank A.C.	-	-	-	O	O	XXO	XXX			
7	336 Kelly, Lisa	Borrisokane A.C.	-	-	O	O	XXX					
8	337 Dolan, Cheryl	Athletics Meath	O	O	XO	XXO	XXX					

## Long Jump - Women Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	333 Proper, Kelly	Ferrybank A.C.	5.62 -0.6	X	X	6.12 +1.7	6.13 +2.4	6.51 +0.7	6.51 +0.7
2	331 Mc Loone, Mary	Tir Chonaill A.C.	X	X	5.91 +1.2	-	5.61 +0.7	-	5.91 +1.2
3	334 Morrison, Imelda	Leevale A.C.	X	5.39 +1.1	5.27 +1.3	5.48 -1.4	5.41 +0.7	5.48 +1.1	5.48 -1.4
4	332 Finn, Orla	Bandon A.C.	4.69 +2.4	5.17 +0.1	4.88 -1.3	4.95 +1.7	X	-	5.17 +0.1
5	335 Healy, Rachel	Ballymena & Antrim A.C.	X	X	5.08 +0.5	X	X	X	5.08 +0.5
6	337 Dolan, Cheryl	Athletics Meath	4.96 +1.5	4.80 +1.2	X	4.52 +1.4	4.85 +0.1	4.44 +0.3	4.96 +1.5
7	336 Healy, Lorraine	Borrisokane A.C.	4.59 +1.3	4.41 +0.3	4.60 -0.6	4.79 +1.1	4.36 -0.0	4.58 +0.5	4.79 +1.1
8	338 Craig, Kerri	North Down	4.14 -1.3	3.60 +1.4	-	4.32 -0.4	3.59 +1.2	4.24 +1.0	4.32 -0.4

## Triple Jump - Women Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	331 Mc Loone, Mary	Tir Chonaill A.C.	11.70 +0.7	-	-	-	-	-	11.70 +0.7
2	333 Power, Nicola	Ferrybank A.C.	10.44 +0.6	10.73 +2.0	10.30 +0.7	X	X	10.68 +1.6	10.73 +2.0
3	334 Byrd, Katey	Leevale A.C.	X	10.03 +0.3	10.29 -0.5	10.47 +0.7	10.48 +2.9	10.62 +3.7	10.62 +3.7
4	335 Healy, Rachel	Ballymena & Antrim A.C.	10.43 +3.6	10.37 +4.4	10.37 -0.4	10.19 +0.9	10.38 +1.3	10.52 +3.2	10.52 +3.2
5	336 Kelly, Lisa	Borrisokane A.C.	9.95 +2.8	X	9.72 -0.4	9.82 +2.6	X	9.94 +2.8	9.95 +2.8
6	332 Brodrick, Christina	Bandon A.C.	9.15 +2.1	9.17 +0.1	9.61 +0.6	-	9.78 +2.7	9.08 +3.3	9.78 +2.7
7	338 Mc Anirm, Gemma	North Down	8.59 +3.1	8.29 -1.0	8.34 -0.5	8.30 -0.5	-	-	8.59 +3.1

## Shot Putt - Women Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	331 Stewart, Geraldine	Tir Chonaill A.C.	11.57	11.52	11.53	11.45	11.63	-	11.63
2	333 Kennedy, Cara	Ferrybank A.C.	9.01	10.27	X	X	X	9.11	10.27
3	332 Bradfield, Tracey	Bandon A.C.	8.91	9.47	9.90	9.45	10.09	10.16	10.16
4	336 Austin, Gillian	Borrisokane A.C.	9.26	9.48	9.43	9.63	9.52	9.33	9.63
5	335 Leech, Samantha	Ballymena & Antrim A.C.	8.48	8.66	9.19	9.25	8.81	8.08	9.25

6	338	Heatherington, Kathy	North Down	7.88	8.61	8.15	X	8.31	7.64	8.61
7	337	Pilkington, Michelle	Athletics Meath	7.38	6.99	7.18	7.27	7.32	6.57	7.38
8	334	Philpott, Caroline	Leevale A.C.	5.91	6.33	X	5.76	5.71	5.60	6.33

Discus - Women Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	333	Scanlon, Zoe	Ferrybank A.C.	30.47	34.10	X	32.34	35.25	X	35.25
2	336	Austin, Gillian	Borrisokane A.C.	31.23	30.04	30.05	24.14	31.45	31.83	31.83
3	338	Heatherington, Kathy	North Down	30.54	28.62	30.44	29.51	X	30.66	30.66
4	332	Bradfield, Tracey	Bandon A.C.	28.10	27.24	27.08	27.44	29.54	26.69	29.54
5	335	Leech, Samantha	Ballymena & Antrim A.C.	X	24.86	22.29	19.21	20.25	21.05	24.86
6	337	Wynne, Aisling	Athletics Meath	23.29	24.00	21.80	-	-	-	24.00
7	334	Byrd, Katey	Leevale A.C.	21.60	18.64	X	X	X	X	21.60
8	331	Harvey, Michelle	Tír Chonaill A.C.	X	14.13	X	X	-	-	14.13

Javelin - Women Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	337	Treacy, Sara	Athletics Meath	28.42	30.63	30.70	32.26	-	-	32.26
2	334	McCarthy, Paula	Leevale A.C.	31.46	31.81	30.36	30.86	X	32.00	32.00
3	333	Scanlon, Zoe	Ferrybank A.C.	30.17	30.98	29.62	X	-	-	30.98
4	331	Stewart, Geraldine	Tir Chonaill A.C.	30.18	27.93	29.43	29.79	26.60	29.58	30.18
5	332	Roche, Rachel	Bandon A.C.	27.84	28.98	30.03	27.88	27.17	28.74	30.03
6	338	Hewitt, Katie	North Down	22.71	21.35	22.28	21.88	21.98	18.57	22.71
7	336	Kelly, Sara	Borrisokane A.C.	20.82	21.28	20.65	X	20.99	-	21.28
8	335	Thom, Pauline	Ballymena & Antrim A.C.	18.24	16.74	14.80	18.42	20.05	19.75	20.05

Hammer - Women Premier Div.

Place No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best	
1	333	Kennedy, Cara	Ferrybank A.C.	X	39.61	41.23	42.05	X	X	42.05
2	337	Miggin, Grainne	Athletics Meath	36.42	36.15	36.79	37.22	X	35.16	37.22
3	336	O'Farrell, Amanda	Borrisokane A.C.	X	32.41	32.74	33.05	31.88	X	33.05
4	332	Coomey, Liz	Bandon A.C.	X	24.97	29.85	29.58	X	28.87	29.85
5	338	Mc Awri, Gemma	North Down	22.64	-	-	21.27	-	-	22.64
6	335	Alexander, Amy	Ballymena & Antrim A.C.	17.97	18.09	-	-	-	-	18.09
7	331	Morris, Breda	Tir Chonaill A.C.	11.53	11.56	12.38	14.17	9.91	10.86	14.17