

Division 1 Men					Division 1 Women				
<b>110m Hurdles (wind: -3.3 m/s)</b>					<b>100m Hurdles (wind: -2.7 m/s )</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
		<b>Pool A</b>							
1	Eoin	Power	Kilkenny City	17.06	1	Amatis	Borel	Sli Cualann AC	16.00
2	Jack	Broderick	Limerick AC	21.47	2	Orla	Furney	Menapians	16.64
3	Michael	Healy	Youghal	22.28	3	Saragh	Buggy	St Abbans	17.61
		<b>Pool B</b>	<b>(wind: -0.8 m/s)</b>		4	Ruth	Larragy	Le Cheile AC	18.90
1	Darren	Prout	Nenagh Olympic	17.16					
2	Ger	Cremin	An Riocht/G Guilla	18.46					
<b>3000m Walk</b>					<b>1500m Walk</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
		<b>Pool A</b>			<b>1</b>	A	King	Tallaght AC	8.22.70
1	Noel	Curtin	Youghal	19.40.70	2	Evelyn	Cashman	Youghal AC	9.02.75
2	John	Maye	Kilkenny City	22.27.12	3	Brid	Stack	GneeveGuilla AC	10.25.71
3	Joseph	Spratt	Limerick AC	23.02.16	4	Isobel	Kenny	Sli Cualann AC	12.02.67
		<b>Pool B</b>							
1	Tony	Gartland	Sli Cualann	16.47.36					
2	Fergal	Conlon	Clare	17.38.68					
3	Ger	Cremin	An Riocht/G Guilla	22.27.34					
<b>400m Hurdles</b>					<b>400m Hurdles</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>

		<b>Pool A</b>							
1	Daniel	Colbert	Youghal AC	56.37	1	Orlagh	Furney	Menapians AC	68.15
2	Eoin	Power	Kilkenny City Harriers	59.66	2	Aoife	Conroy	Sli Cualann AC	72.71
3	Jack	Broderick	Limerick AC	66.27	3	Jennifer	Hennessy	Youghal AC	81.37
		<b>Pool B</b>							
1	Daniel	Finnerty	Nenagh Olympic AC	61.94					
2	Conor	Dempsey	Sli Cualann AC	62.17					
3	Ger	Cremin	An Ríocht/G Guilla AC	64.04					
<b>4X100m Relay</b>					<b>4X100m Relay</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
		<b>Pool A</b>							
1			Nenagh Olympic AC	45.31	1			St Abbans AC	51.01
2			St Laurence O Toole AC	45.66	2			Sli Cualann AC	51.78
3			Clare County	45.77	3			Menapians AC	54.30
4			Sli Cualann AC	48.50	4			Gneeveguilla AC	55.04
		<b>Pool B</b>			5			Tallaght AC	55.18
					6			Le Cheile AC	56.20
1			Kilkenny City Harriers	47.07					
2			Limerick AC	47.98					
3			St Finbarrs AC	51.95					
<b>1500m</b>					<b>1500m</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
		<b>Pool A</b>							
1	James	McArthy	Youghal AC	4.09.03	1	Anne Marie	Costello	Gneeveguilla AC	5.05.93



<b>3000m S/C</b>									
	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Time</b>					
		<b>Pool A</b>							
1			Youghal AC	12.41.63					
		<b>Pool B</b>							
1	Tim	Grommell	Sli Cualann AC	10.23.00					
2			Clare County	10.25.79					
3	Brian	Kirwan	St Laurence O Toole AC	10.19.75					
4			Nenagh AC	10.38.54					
<b>200m (wind:-2.2m/s)</b>					<b>200m (wind:-2.0 m/s)</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
1	Cormac	Lynch	Clare County	22.63	1	Ara	Freeman	Sli Cualann AC	26.74
2	Cian	Ward	Sli Cualann AC	24.65	2	Katie	Brennan	St Abbans AC	27.45
3	David	Hayde	St Laurence O Toole AC	24.74	3	Sarah	Lahiff	Tallaght AC	27.97
4	Jack	Donovan	Nenagh Olympic	24.92	4	Elaine	Cronin	GneegeGuilla AC	29.35
Guest	Conor	Bracken Price	Naas AC	24.01	5	Emily	O'Keefe	Youghal AC	30.07
	Lyle	Hood	Naas AC	24.10	6	Martina	Murphy	Le Cheile AC	30.52
	Sean	Dowling	Raheny Shamrocks AC	24.38	7	Michelle	Shanahan	Menapians AC	34.37
<b>200m (wind:-2.2m/s)</b>									
1	Daniel	Colbert	Youghal AC	23.08					
2	Alan	Mooney	Kilkenny City Harriers	23.22					
3	Liam	O'Brien	St Finbarrs AC	24.01					

4	Roland	Pike	Limerick AC	25.78					
Guest	Tony	Stafford	Menapians AC	23.34					
	Pat	Lynch	Newport AC	23.40					

**800m Pool 1**

**800m**

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
1	Fearghal	Curtin	Youghal AC	2.02.97	1	Siobhan	Siobhan Daly	Gneeveguillia AC	2.30.21
2	Denis	Coughlan	St Finbarrs AC	2.04.45	2	Jennifer	Hennessy	Youghal AC	2.31.68
3	Kevin	Coleman	Limerick AC	2.06.90	3	Lauryn	Kealy	St Abbans AC	2.32.68
Guest	James	Ledingham	West Waterford AC	1.56.52	4	Katie	Conroy	Sli Cualann AC	2.39.68
Guest	John	Fitzsimmons	Kildare AC	2.01.72	5	Marian	Hill	Menapians AC	2.40.95
					6	Sinead	Leavy	Le Cheile AC	2.50.27
					7	Emma	Dooley	Tallaght AC	3.12.20

**800m Pool 2**

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>					
1	Damian	Lawless	Clare County	1.58.52					
2	Tom	hennessy	Nenagh Olympic	2.00.09					
3	Risteard	Clifford	An Ríocht/Guilla AC	2.02.83					
4	Jamie	Lennon	Sli Cualann AC	2.07.86					
5	Ken	Archbald	St Laurence O Toole AC	2.07.65					

**5000m**

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
		<b>Pool A</b>							
32	James	McCarthy	Youghal AC	15.18.25	1	Ann Marie	Ann Marie	Gneeveguilla AC	10.57.56

							Costello		
33	Cathal	O'Donovan	St Finbarrs AC	15.39.02	2	Suzanna	Quinn	Le Cheile AC	11.03.27
34	Dave	MacPherson	Kilkenny City Harriers	16.21.90	3	Colette	English	St Abbans AC	11.10.49
35	Ray	McInerney	Limerick AC	19.32.25	4	Evelyn	Cashman	Youghal AC	11.11.55
		<b>Pool B</b>			5	Lorraine	McMahon	Menapians AC	12.07.84
38	Kenneth	Rogers	Clare County	15.09.56	6	Kate	Conroy	Sli Cualann AC	13.51.04
40	Brian	Murphy	Nenagh Olympic	16.00.38	7	A	King	Tallaght AC	15.81.36
36	Donal	O'Callaghan	An Riocht/Guilla AC	16.31.10					
37	David	Coyle	Sli Cualann AC	17.43.74					
39	Trevor	Corcoran	St Laurence O Toole AC	18.09.81					

**100m (wind: m/s -2.6)**

**100m (wind: -2.3 m/s )**

		<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
1	Gossi	Mangidi	Limerick AC	12.40	1	Jane	Shovlin	Menapians AC	13.31
2	Jack	Daly	Youghal AC	12.55	2	Claire	Foley	Sli Cualann AC	13.38
3	Colin	Condon	St Finbarrs AC	13.15	3	Katie	Brennan	St Abbans AC	13.62
4	Michael	Bowler	Kilkenny City Harriers	13.45	4	Amy	Cronin	Gneeveguillia AC	13.84
Guest	Amr	Dawood	Naas AC	12.01	5	Sarah	Lahiff	Tallaght AC	14.31
Guest	Adrain	Jackman	Unattached	12.01	6	Particia	Curtin	Youghal AC	14.77
					7	Hannah	Clarke	Le Cheile AC	15.25

**100m (wind: m/s) - 2.7**

1	Marcus	Lawlor	SLOT	10.96					
2	Cormac	Lynch	Clare County	11.38					
3	William	O'Connor	An Riocht/Guilla AC	11.99					
4	Oisin	Fitzpatrick	Nenagh Olympic	12.22					
5	Conor	Dempsey	Sli Cualann AC	12.27					

Guest	Michael	Reedy	Menapians AC	11.87					
Guest	Anthony	Fassole	Celbridge AC	12.42					
<b>4X400m</b>					<b>4X400m</b>				
	<b>Num</b>	<b>Athlete</b>	<b>Club</b>	<b>Time</b>			<b>Athlete</b>	<b>Club</b>	<b>Time</b>
		<b>Pool A</b>							
1			Kilkenny City	3.44.32	1			St Abbans AC	4.26.38
2			Youghal AC	3.44.95	2			Sli Cualann AC	4.32.28
3			Limerick AC	3.57.02	3			Le Cheile AC	4.38.37
4			St Finbarrs AC	3.59.75	4			Gneeveguilla AC	4.38.79
		<b>Pool B</b>			5			Tallagt AC	4.41.58
					6			Youghal AC	4.55.58
1			Nenagh Olympic	3.36.48					
2			Sli Cualann AC	3.38.55					
3			Clare County	3.50.82					
4			St Laurence O Toole AC	3.58.29					
<b>Hammer</b>					<b>Hammer</b>				
		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	Mossie	Cahill	Youghal AC	21.65	1	Megan	Moynihan	Youghal AC	44.52
2	Pat	Murphy	Limerick AC	19.92	2	Mairead	O Neill	Gneeveguillia AC	43.10
					3	Emma	Daly	St Abbans AC	38.78
1	Michael	O'Neill	An Riocht/Guilla AC	39.81	4	Sarah	Shovlin	Menapians AC	16.87
2	Seamus	McMahon	Clare County	36.59					
Guest	Thomas	Furlong	DMP	57.25					





1	Brendan	Hyland	Kilkenny City Harriers	10.03	1	Shauna	Daly	St Abbans	10.10
2	Michael	Healy	Youghal AC	9.40	2	Annette	O Brien	Gneeveguilla AC	7.80
3	Daithi	Merrick	St Finbarrs	7.54	3	Denise	O Shea	Sli Cualann AC	7.60
4	Roland	Pika	Limerick AC	7.01	4	Jane	Shovlin	Menapians	7.33
					5	Sarah	Reihill	Tallaght	7.03
1	Matthew	O'Reilly	St Laurence O Toole	11.82	6	Ann	Savage	Youghal	6.16
2	Daniel	Finnerty	Nenagh Olympic	9.25	7	Lisa	Dixon	Le Cheile	5.64
3	Alex	Conway	Clare County	8.92		3kg			
4	Michael	O'Neill	An Riocht/G Guilla	8.35	Guest	AnneMarie	Torsney	Fingallians	12.02
5	David	Nutty	Sli Cualann	7.54					
Guest	John	Deever	Tallaght AC	10.36					

### High Jump

### High Jump

		Athlete	Club	Height			Athlete	Club	Height
1	Michael	Healy	Youghal	1.75	1	Kayleugh	Clarke	Tallaght	1.55
2	Jack	Broderick	Limerick	1.55	2	Sarah	Shovlin	Menapians	1.50
		<b>Pool B</b>			3	Lauren	Kennelly	Gneeveguillia AC	1.45
1	Tom	Hennessy	Nenagh Olympic	1.70	4	Rosa	Kirwan	Sli Cualann AC	1.45
2	Jemil	Seidi	Clare County	1.60	5	Ruth	Larragy	Le Cheile	1.45
3	Dylan	Purcell	St Laurence O Toole AC	1.60	6	Jennifer	Hennessy	Youghal	1.20
4	Jamie	Lennon	Sli Cualann	1.55					

### Discus

### Discus

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	Barry	Healy	Youghal	41.13	1	Hannah	Sullivan	Gneeveguillia AC	41.75
2	Jack	Manning	Kilkenny City	20.75	2	Shaun	Daly	St Abbans	27.85
3	Pat	Murphy	Limerick	15.65	3	Megan	Moynihamn	Youghal	21.86
		<b>Pool B</b>			4	Vicky	Taylor	Le Cheile AC	16.13
1	Matthew	O Reilly	St Laurence O Tooles AC	33.69	5	Martian	Hassett	Sli Cualann AC	15.20
2	Ronan	Kearney	Sli Cualann	31.27	6	Michelle	Shanahan	Menapians	14.70
3	Mark	Tierney	Nenagh Olympic	22.44	7	Aoife	Pugh	Tallaght	10.20
4	Ger	Cremin	An Riochy/G Guilla	21.60	Guest	Lisa	Dixon	Le Cheile AC	14.68
					Guest	Claire	Beauchamp	Raheny Shamrocks	20.33

### Triple Jump

### Triple Jump

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	Joseph	Spratt	Limerick	10.95	1	Fiona	Hill	Le Cheile	10.49
2	Jack	Daly	Youghal	10.40	2	Sarah	Buggy	St Abbans	10.40
					3	Patricia	Curtin	Youghal	9.52
1	Darren	Prout	Nenagh Olympic	13.06	4	Annette	O Brien	Gneeveguillia AC	8.64
2	Jemil	Saidi	Clare	12.12					
3	Buntu	Mlisana	Sli Cualann	8.84					
4	Jason	Kelly	SLOT	8.23					
5	Matthew	Collins	An Riochy/G Guilla	8.01					

### Javelin

### Javelin

		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>			<b>Athlete</b>	<b>Club</b>	<b>Distance</b>
1	Brendan	Hyland	Kilkenny City	40.19	1	Patricia	Patricia Curtin	Youghal	34.88

2	Jack	Daly	Youghal	32.90	2	Emma	Daly	St Abbans	27.99
3	David	Butler	St Finbarrs	10.67	3	Rita	Casey	Gneeveguillia AC	27.57
					4	Denise	O Shea	Sli Cualann AC	25.27
1	Daniel	Finnerty	Nenagh Olympic	36.37	5	Vicky	Taylor	Le Cheile	15.81
2	Alex	Conroy	Clare	30.26	6	Michelle	Shanahan	Menapians	12.20
3	Daniel	Gillen	SLOT	21.57					
4	John	Barrett	An Riochy/G Guilla	20.60					
5	Conor	Dempsey	Sli Cualann	9.62					
<b>56 lb Weight</b>									
<b>Place</b>		<b>Athlete</b>	<b>Club</b>	<b>Distance</b>					
1	Barry	Healy	Youghal	7.15					
2	Daithi	Merrick	St Finbarrs	4.48					
3	Gossi	Mangidi	Limerick	2.49					
4	John	Maye	Kilkenny City	2.38					
1	Mark	Tierney	Nenagh Olympic	4.79					
2	Seamus	McMahon	Clare	4.73					
3	Ronan	Kearney	Sli Cualann	4.42					
4	John	Barrett	An Riochy/G Guilla	4.14					
5	Daniel	Gillen	SLOT	2.94					