

Division 1 Men					Division 1 Women				
110m Hurdles (wind: -1.3 m/s) - Pool A					100m Hurdles (wind: -1.1 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	50	Mark Rogers	Athletics Louth	17.92	1	61	Laura Frey	Lagan Valley	16.77
					2	58	Laura Henaghan	Meath Athletics	19.83
					3	60	Emily Grennan	Tullamore Harriers	20.97
110m Hurdles (wind: m/s) - Pool B									
Place	Num	Athlete	Club	Time					
1	56	Mark McGarvey	City of Derry	16.46					
2	54	Barry Quigg	Tir Chonaill	19.09					
3000m Walk - Pool A					1500m Walk				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	51	Kevin English	Donore Harriers	21.09.08	1	59	Orlaith Delahunt	Sligo Athletics	7.28.26
					2	57	Anne Gormley	Donore Harriers	9.49.62
					3	58	Jean Daly	Meath Athletics	12.09.67
3000m Walk - Pool B									
Place	Num	Athlete	Club	Time					
400m Hurdles - Pool A					400m Hurdles				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	50	Mark Rogers	Athletics Louth	59.60	1	58	Ciara Henaghan	Meath Athletics	73.33

2	51	Rolos Osola	Donore Harriers	66.92		2	59	Rianne McHugh	Sligo Athletics	73.89
3	49	Paul Gannon	Dunboyne	70.45		3	60	Ann Marie Molloy	Tullamore Harriers	79.03
400m Hurdles - Pool B										
Place	Num	Athlete	Club	Time						
1	53	Kenneth Kiernan	Brothers Pearse	68.16						
2	54	Jack Behan	Tir Chonaill	76.21						
4X100m Relay - Pool A										
Place	Num	Athlete	Club	Time		Place	Num	Athlete	Club	Time
1	51		Donore Harriers	47.47		1	63		Olympian	54.33
2	50		Athletics Louth	48.74		2	58		Meath Athletics	54.94
3	52		Olympian	48.92		3	59		Sligo Athletics	55.82
4	49		Dunboyne	51.49		4	61		Lagan Valley	56.03
						5	60		Tullamore Harriers	58.11
4X100m Relay - Pool B										
Place	Num	Athlete	Club	Time						
1	56		City of Derry	45.55						
2	54		Tir Chonaill	47.32						
3	53		Brothers Pearse	48.31						
1500m - Pool A										
Place	Num	Athlete	Club	Time		Place	Num	Athlete	Club	Time
1	51	Erik Keogh	Donore Harriers	4.02.33		1	61	Lorna Fitzpatrick	Lagan Valley	4.54.36
2	49	Abdullah Abdulla	Dunboyne	4.23.31		2	57	Maura Kearns	Donore Harriers	4.59.65
3	50	Paddy Connolly	Athletics Louth	4.31.75		3	60	Emily Grenann	Tullamore Harriers	5.19.02
						4	10	Sorcha Fallon	Sligo Athletics	5.25.33
						5	58	Bridget Clarke	Meath Athletics	5.28.38
1500m - Pool B										

Place	Num	Athlete	Club	Time						
1	56	Conor Doherty	City of Derry	4.23.59						
2	53	Conor O'Rourke	Brothers Pearse	4.30.48						
400m - Pool A					400m					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	
1	51	David Campbell	Donore Harriers	53.84	1	62	Edel Kieran	Shercock	62.46	
2	50	Shane Cheshire	Athletics Louth	55.75	2	63	Olivia Webb	Olympian	67.10	
3	49	Morgan McDonagh	Dunboyne	56.64	3	59	Rianne McHugh	Sligo Athletics	67.24	
4	52	Patrick O'Donnell	Olympian	63.86	4	58	Maggie Higgins	Meath Athletics	71.56	
					5	60	Nita McLoughlin	Tullamore Harriers	76.11	
					6	61	Lynsey Glover	Lagan Valley	90.24	
400m - Pool B										
Place	Num	Athlete	Club	Time						
1	53	Stephen Hanrahan	Brothers Pearse	54.31						
2	54	Caolan O'Callaghan	Tir Chonaill	56.91						
3	56	David McFaul	City of Derry	58.35						
3000m S/C - Pool A										
Place	Num	Athlete	Club	Time						
1	49	Rory Kavanagh	Dunboyne	10.13.96						
2	51	Kevin English	Donore Harriers	10.29.38						
3	50	David Walsh	Athletics Louth	11.07.90						
3000m S/C - Pool B										
Place	Num	Athlete	Club	Time						
1	54	Daniel Gallagher	Tir Chonaill	10.30.48						
200m (wind: +0.9 m/s) - Pool A					200m (wind: +1.2 m/s)					
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time	

1	51	Conor O'Ceallaigh	Donore Harriers	23.56		1	59	Stacey Kerr	Sligo Athletics	26.24
2	50	Shane Cheshire	Athletics Louth	24.68		2	58	Aisling Watters	Meath Athletics	26.76
3	49	Caolann O'Flaherty	Dunboyne	24.99		3	57	Laura Ngankam	Donore Harriers	27.48
4	52	Martin O'Donnell	Olympian	25.72		4	63	Christine Logue	Olympian	28.12
						5	61	Suzie Cave	Lagan Valley	29.76
200m (wind: +0.9 m/s) - Pool B						6	60	Nadine Donegan	Tullamore Harriers	32.37
Place	Num	Athlete	Club	Time						
1	54	Jack Behan	Tir Chonaill	24.29						
2	56	David McFaul	City of Derry	24.74						
3	53	Aidan Brophy	Brothers Pearse	25.23						
800m - Pool A						800m				
Place	Num	Athlete	Club	Time		Place	Num	Athlete	Club	Time
1	51	Erik Keogh	Donore Harriers	1.59.87		1	61	Lorna Fitzpatrick	Lagan Valley	2.28.86
2	49	Morgan McDonagh	Dunboyne	2.08.79		2	57	Maura Kearns	Donore Harriers	2.31.86
						3	63	Karen O'Donnell	Olympian	2.32.66
						4	60	Cara Todd	Tullamore Harriers	2.36.16
						5	58	Mary Watters	Meath Athletics	2.45.23
						6	59	Laura Joyce	Sligo Athletics	2.56.62
800m - Pool B										
Place	Num	Athlete	Club	Time						
1	56	Conor Doherty	City of Derry	2.12.52						
2	53	Kevin Mongey	Brothers Pearse	2.13.40						
3	54	Christopher Doherty	Tir Chonaill	2.16.07						
5000m - Pool A						3000m				
Place	Num	Athlete	Club	Time		Place	Num	Athlete	Club	Time
1	51	John Travers	Donore Harriers	14.54.41		1	57	Grace Kennedy	Donore Harriers	11.13.55
2	49	Luke Forde	Dunboyne	15.49.42		2	59	Oral Mulhall	Sligo Athletics	12.04.68
3	50	Patrick O'Grady	Athletics Louth	16.56.97						

4	52	Martin Dunlop	Olympian	17.50.74					
5000m - Pool B									
Place	Num	Athlete	Club	Time					
1	56	Noel Logan	City of Derry	16.02.68					
2	53	Ieuan Hopkins	Brothers Pearse	18.24.60					
100m (wind: +0.3 m/s) - Pool A					100m (wind: +0.8 m/s)				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	50	Daniel Finley	Athletics Louth	11.96	1	58	Aisling Watters	Meath Athletics	12.81
2	51	Conor Fox	Donore Harriers	11.98	2	59	Stacey Kerr	Sligo Athletics	12.93
3	52	Martin O'Donnell	Olympian	12.30	3	57	Laura Ngankam	Donore Harriers	13.05
4	49	Caolan O'Flaherty	Dunboyne	12.45	4	63	Christine Logue	Olympian	13.52
						1418	Olivia Cumming (G)	North Down	13.67
100m (wind: +0.3 m/s) - Pool B					5	60	Ann Marie Molloy	Tullamore Harriers	13.77
Place	Num	Athlete	Club	Time	6	61	Naomi Campbell	Lagan Valley	14.10
1	56	Mark McGarvey	City of Derry	11.23					
2	53	Kevin O'Brien	Brothers Pearse	12.22					
3	54	Leon Doherty	Tir Chonaill	12.81					
4X400m - Pool A					4X400m				
Place	Num	Athlete	Club	Time	Place	Num	Athlete	Club	Time
1	51		Donore Harriers	3.44.85	1	58		Meath Athletics	4.34.1
2	50		Athletics Louth	3.49.23	2	63		Olympian	4.34.8
3	49		Dunboyne	4.01.77	3	61		Lagan Valley	4.36.3
					4	59		Sligo Athletics	4.38.8
					5	60		Tullamore Harriers	4.46.2
4X400m - Pool B									
Place	Num	Athlete	Club	Time					

1	53		Brothers Pearse	3.50.42						
2	54		Tir Chonaill	3.55.23						
Hammer - Pool A					Hammer					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	51	Eoin Molloy	Donore Harriers	38.06	1	58	Kelly Brady	Meath Athletics	40.93	
2	52	Patrick O'Donnell	Olympian	22.64	2	61	Lyndsey Glover	Lagan Valley	38.91	
3	50	Tom McGrane	Athletics Louth	19.38	3	63	Bronagh Doherty	Olympian	23.22	
					4	57	Anne Gormley	Donore Harriers	16.03	
Hammer - Pool B										
Place	Num	Athlete	Club	Time						
1	56	Jim Herron	City of Derry	19.52						
Pole Vault - Pool A					Pole Vault					
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height	
1	49	Keith Doherty	Dunboyne	3.30						
Pole Vault - Pool B										
Place	Num	Athlete	Club	Time						
1	54	Christopher Doherty	Tir Chonaill	3.60						
	53	Richard Whyte	Brothers Pearse	NH						
Long Jump - Pool A					Long Jump					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	49	Keith Doherty	Dunboyne	6.16	1	58	Karen Blaney	Meath Athletics	4.84	
2	51	Rolus Osola	Donore Harriers	5.37	2	60	Ann Marie Molloy	Tullamore Harriers	4.42	
3	52	Tony McGilloway	Olympian	5.07	3	59		Sligo Athletics	4.14	
4	50	Luke Callaghan	Athletics Louth	4.99	4	61	Naomi Campbell	Lagan Valley	4.14	

						5	63	Olivia Webb	Olympian	3.79
Long Jump - Pool B										
Place	Num	Athlete	Club	Distance						
1	56	Mark McGarvey	City of Derry	5.69						
2	54	Caolan O'Callaghan	Tir Chonaill	5.58						
3	53	Aidan Brophy	Brothers Pearse	5.14						
Shot Putt - Pool A						Shot Putt				
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	51	Niall Allen	Donore Harriers	10.46	1	58	Kelly Brady	Meath Athletics	9.36	
2	50	Tom McGrane	Athletics Louth	9.33	2	61	Suzie Cave	Lagan Valley	7.74	
3	52	Martin Dunlop	Olympian	7.05	3	59	Rianne McHugh	Sligo Athletics	7.32	
					4	63	Karen O'Donnell	Olympian	7.27	
					5	57	Grace Kennedy	Donore Harriers	5.31	
					6	60	Nita McLoughlin	Tullamore Harriers	4.32	
Shot Putt - Pool B										
Place	Num	Athlete	Club	Time						
1	54	Christopher Doherty	Tir Chonaill	7.58						
2	56	Ryan McParland	City of Derry	7.36						
3	53	Conor O'Rourke	Brothers Pearse	6.86						
High Jump - Pool A						High Jump				
Place	Num	Athlete	Club	Height	Place	Num	Athlete	Club	Height	
1	50	Mark Rogers	Athletics Louth	1.50	1	61	Laura Frey	Lagan Valley	1.45	
2	49	Caolann O'Flaherty	Dunboyne	1.50	2	58	Maggie Higgins	Meath Athletics	1.10	
						60	Emily Grennan	Tullamore Harriers	NH	
High Jump - Pool B										
Place	Num	Athlete	Club	Time						
1	54	Barry Quigg	Tir Chonaill	1.75						

2	56	Peter Fryer	City of Derry	1.65						
Discus - Pool A					Discus					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	52	Patrick O'Donnell	Olympian	21.08	1	58	Jean Daly	Meath Athletics	21.35	
2	50	Pat Cheshire	Athletics Louth	19.52	2	61	Lynsey Glover	Lagan Valley	20.62	
3	51	Eoin Molloy	Donore Harriers	16.17	3	63	Bronagh Doherty	Olympian	17.63	
					4	57	Anne Gormley	Donore Harriers	13.13	
					5	60	Niamh O'Connor	Tullamore Harriers	11.85	
Discus - Pool B										
Place	Num	Athlete	Club	Time						
1	56	Jim Herron	City of Derry	22.05						
2	54	Barry Quigg	Tir Chonaill	14.84						
3	53	Kenneth Kiernan	Brothers Pearse	14.13						
Triple Jump - Pool A					Triple Jump					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	
1	51	Rolus Osala	Donore Harriers	11.95	1	57	Linda Ngankam	Donore Harriers	10.58	
2	50	Daniel Finley	Athletics Louth	10.37	2	58	Karen Blaney	Meath Athletics	9.17	
					3	61	Naomi Campbell	Lagan Valley	9.14	
					4	63	Sarah Hannah Ward	Olympian	8.94	
					5	59	Tara Leech	Sligo Athletics	8.87	
					6	60	Cara Todd	Tullamore Harriers	8.53	
Triple Jump - Pool B										
Place	Num	Athlete	Club	Time						
1	54	Conal Mahon	Tir Chonaill	12.16						
2	53	Kevin O'Brien	Brothers Pearse	11.07						
Javelin - Pool A					Javelin					
Place	Num	Athlete	Club	Distance	Place	Num	Athlete	Club	Distance	

1	51	Jaco Oosthusyn	Donore Harriers	49.72		1	61	Laura Frey	Lagan Valley	19.83
2	49	Denis Delaney	Dunboyne	43.64		2	58	Siobhan Byrne	Meath Athletics	18.56
3	50	Daniel Finley	Athletics Louth	39.03		3	63	Sarah Hannah Ward	Olympian	12.30
4	52	Martin Dunlop	Olympian	28.55		4	59	Orla Mulvihill	Sligo Athletics	9.80
						5	60	Niamh Milner	Tullamore Harriers	8.42
Javelin - Pool B										
Place	Num	Athlete	Club	Time						
1	53	Richard Whyte	Brothers Pearse	30.97						
2	56	Ryan McParland	City of Derry	13.42						
3	54	Daniel Gallagher	Tir Chonaill	13.19						
56 lb Weight - Pool A										
Place	Num	Athlete	Club	Distance						
1	51	Niall Allen	Donore Harriers	5.70						
2	49	Denis Delaney	Dunboyne	4.79						
3	50	Pat Cheshire	Athletics Louth	3.79						
4	52	Martin O'Donnell	Olympian	3.78						
56 lb Weight - Pool B										
Place	Num	Athlete	Club	Time						
1	54	Paul O'Gara	Tir Chonaill	4.34						
2	56	Peter Fryer	City of Derry	4.08						