

Woodie's DIY Irish Indoor Championships

Odyessy Arena 19 & 20 February, 2011

Senior Men's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	322	Mc Donald, Ian	Crusaders A.C.	8.07	1/ii	8.05
2	242	Taggart, Simon	Donore Harriers A.C.	8.34	2/i	8.27
3	296	O' Cathain, Ciaran	Raheny Shamrock A.C.	8.19	1/i	8.31
4	71	O'Donnell, Gerard	Carrick-On-Shannon A.C.	8.46	2/ii	8.47
5	226	Shallow, Peter	Raheny Shamrock A.C.	8.48	4/i	8.48
	224	Reynolds, Tom	North Down	8.48	3/i	DNS
	341	O'Halloran, Edmond	Leevale A.C.	8.56	3/ii	
	361	Minn, Chris	Clonliffe Harriers A.C.	8.68	4/ii	
	131	Mc Crossan, Conor	Clonliffe Harriers A.C.	8.69	5/ii	
	101	Byrne, Paul	St. Abbans A.C.	8.73	5/i	
	295	Reynolds, Benjamin	North Down	DNS	/i	

Senior Men's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	204	Adams, Dean	Ballymena & Antrim A.C.	6.85	1/iv	6.86
2	124	Colvert, Steven	Crusaders A.C.	6.96	2/vi	6.89
3	93	Russell, Christopher	Ferrybank A.C.	6.95	1/ix	6.93
4	63	Holmes, Jonathan	Kilkenny City Harriers A.C.	7.00	1/iii	6.98
5	225	Davis, Jamie	Raheny Shamrock A.C.	7.10	2/iv	7.07
6	348	Murphy, Brian	Crusaders A.C.	7.04	2/ii	7.05
	206	Fleming, Craig	Belgrave Harriers	6.94	1/vi	6.94
	128	O'Connor, Patrick	Clonliffe Harriers A.C.	7.12	2/iii	7.09
	325	Lynch, Craig	Shercock A.C.	7.12	1/vii	7.10
	212	O'Byrne, Deanna	Dundrum South Dublin A.C.	7.15	1/v	7.17
	340	Killeen, David	Leevale A.C.	7.17	2/ix	7.17
	210	O'Shea, David	Dooneen A.C.	7.35	1/viii	7.17
	335	Hynes, Michael	Raheny Shamrock A.C.	7.13	3/iii	7.18
	324	Rath, Robert	Raheny Shamrock A.C.	7.16	2/vii	7.20
	68	Coleman, Conor	Clonliffe Harriers A.C.	7.17	1/i	7.21
	224	Reynolds, Tom	North Down	7.17	3/vii	7.21
	98	Muldowney, Eoin	Castlecomer A.C.	7.16	3/iv	7.23
	137	Kavanagh, Daniel	Clonliffe Harriers A.C.	6.98	1/ii	DQ
	216	Graham, Andrew	Lagan Valley	7.17	4/iv	
	349	Mwanga, Angelo	Donore Harriers A.C.	7.22	3/ix	
	358	Green, William	Derry A.C.	7.23	3/ii	
	336	Quilligan, David	Leevale A.C.	7.25	2/v	
	207	Comiskey, Stephen	Clonliffe Harriers A.C.	7.28	2/i	
	223	Elliott, Kenny	North Down	7.28	4/vii	
	341	O'Halloran, Edmond	Leevale A.C.	7.32	3/i	
	361	Minns, Chris	Clonliffe Harriers A.C.	7.32	5/iv	
	220	Monaghan, Joseph	Navan A.C.	7.32	3/vi	
	229	Roche, Dylan	St. Brendan's A.C.	7.37	4/iii	
	233	Sheridan, Ian		7.48	5/ix	
	227	Tsang, Richard	Shercock A.C.	7.48	3/v	
	208	Keegan, John	Crusaders A.C.	7.49	4/vi	
	110	Wilson, Conor	Menapians A.C.	7.52	2/viii	
	205	Hanna, Robert	Ballymena & Antrim A.C.	7.54	5/vi	
	221	Whelan, Robert	Navan A.C.	7.54	3/viii	
	74	Doyle, Simon	St. L. O'Toole A.C.	7.56	6/iv	
	352	Meyler, Arron	Menapians A.C.	7.58	4/i	
	346	Anderson, Johnny	Cannock and Stafford A.C.	7.62	4/ix	
	350	Sheridan, Stephen	Navan A.C.	7.64	4/i	
	353	Mc Glynn, Kevin	Sligo A.C.	7.68	5/i	
	62	Walkin, John	Mayo A.C.	7.70	4/viii	
	219	Linden, Mickey	Mid-Ulster A.C.	7.86	5/vii	
	217	Graham, David	Lagan Valley	7.96	5/viii	
	232	Foley, Ronan	Togher A.C.	8.18	6/vi	
	215	Douglas, Alain	Lagan Valley	8.2H	2/v	
	218	Leckie, Rod	Lagan Valley	8.46	6/vii	
	230	Nolan, Patrick	St. Joseph'S A.C.	8.53	5/iii	
	115	Clinton, Thomas	Navan A.C.	8.74	6/iii	
	222	Taylor, Earl	N.I.M.A.A	9.30	6/viii	
	228	Delaney, Shane	St. Brendan's A.C.	DNS	/i	
	211	O'Shea, Gerard	Dooneen A.C.	DNS	/ii	
	362	Morgan, Mark	Star of the Sea A.C.	DNS	/i	
	129	Fahey, Eamon	Donore Harriers A.C.	DNS	/v	
	81	Jackman, Adrian	Menapians A.C.	DNS	/v	

Senior Men's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	94	Crowe, Timothy	Dooneen A.C.	22.37		22.14
2	340	Killeen, David	Leevale A.C.	22.74		22.43

3	212	O'Byrne, Deanna	Dundrum South Dublin A.C.	22.76	22.87
	93	Russell, Christopher	Ferrybank A.C.	22.24	DNS
1	98	Muldowney, Eoin	Castlecomer A.C.	22.93	22.96
2	53	Gygomber, Zoltan	Dooneen A.C.	23.28	23.09
3	130	Christie, Cian	Metro/St. Brigid's A.C.	23.17	23.10
4	229	Roche, Dylan	St. Brendan's A.C.	23.47	23.91

360	Gore, Shane	Fingallians A.C.	23.54
236	Stokes, Alex	Liverpool Harriers	23.63
220	Monaghan, Joseph	Navan A.C.	23.72
358	Green, William	Derry A.C.	23.75
237	O'Keefe, Luke	St. Brendan's A.C.	23.84
110	Wilson, Conor	Menapians A.C.	23.89
333	Donohue, Ferdia	Annalee A.C.	24.26
350	Sheridan, Stephen	Navan A.C.	24.56
85	Boyce, Brian	Letterkenny A.C.	25.00
205	Hanna, Robert	Ballymena & Antrim A.C.	25.22
238	Graham, Jamie		26.42
115	Clinton, Thomas	Navan A.C.	28.92
243	Phelan, Patrick	Dundrum South Dublin A.C.	DNS
362	Morgan, Mark	Star of the Sea A.C.	DNS
118	Conway, Shane	Bandon A.C.	DNS
232	Foley, Ronan	Togher A.C.	DNS

Senior Men's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	125	Gregan, Brian	Clonliffe Harriers A.C.	48.47	1/ii	47.01
2	244	Kelly, Kieran	Raheny Shamrock A.C.	49.76	1/i	49.07
3	135	Scanlan, Paul	Leevale A.C.	49.78	1/iv	49.71
4	337	Owens, Cathal	Leevale A.C.	49.79	2/i	50.08
1	126	Mackey, Ciaran	Clonliffe Harriers A.C.	50.35	2/v	50.62
2	240	Murphy, Brendan	City of Lisburn	51.06	1/iii	50.69
	243	Phelan, Patrick	Dundrum South Dublin A.C.	50.02	1/v	DNS
	242	Taggart, Simon	Donore Harriers A.C.	50.01	2/ii	DNF
	342	Maher, Patrick	Leevale A.C.	51.23	2/iii	
	53	Gygomber, Zoltan	Dooneen A.C.	51.42	2/iv	
	359	Kedney, Ruaidhuri	Menapians A.C.	51.44	3/ii	
	123	Upton, Barry	Menapians A.C.	51.52	3/iii	
	360	Gore, Shane	Fingallians A.C.	51.94		
	247	Kidd, Andrew	Dundrum South Dublin A.C.	52.00	4/ii	
	237	O'Keefe, Luke	St. Brendan's A.C.	52.56	3/i	
	364	O'Sullivan, Michael	Metro/St. Brigid's A.C.	53.28		
	355	Saunders, Patrick	Crusaders A.C.	54.59	4/i	
	239	Bolster, Andrew	City of Derry	55.55	4/iii	
	238	Graham, Jamie		60.28		
	64	Kervick, Dara	Carrick-On-Suir A.C.	DNS		

Senior Men's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	82	English, Mark	Letterkenny A.C.	1.53.65	1/ii	1.51.62
2	84	Mc Brearty, Darren	Letterkenny A.C.	1.52.94	1/iii	1.52.08
3	92	Tuohy, Niall	Ferrybank A.C.	1.52.62	1/i	1.52.26
4	366	Everard, Eoin	Kilkenny City Harriers A.C.	1.53.08	2/i	1.52.34
5	114	Patterson, Mark	North Down	1.51.81	1/iv	1.54.28
6	319	Mc Dermott, Dermot	Sligo A.C.	1.54.30	2/iv	1.54.31
7	134	Kelly, Feidhlim	Raheny Shamrock A.C.	1.54.41	2/iii	1.56.06
	256	Yates, Samuel	Newham & Essex Beagles	1.54.87	2/ii	DNS
	144	Yorke, Robert	Mullingar Harriers A.C.	1.55.15	3/ii	
	248	O'Hare, James	Annadale Striders A.C.	1.55.85	4/ii	
	323	Fagan, John	Clonliffe Harriers A.C.	1.55.97	3/iii	
	116	Duggan, Ronan	Bandon A.C.	1.55.99	3/i	
	260	Bransberg, Jordan	Skyrac A.C.	1.56.06	5/ii	
	141	Owens, Richard	Sli Cualann A.C.	1.57.09	4/iii	
	65	Fallon, Keith	Galway City Harriers A.C.	1.57.17	5/iii	
	127	Kelly, Christopher	Donore Harriers A.C.	1.58.19	6/ii	
	251	Mullins, Aidan	Bantry A.C.	2.00.38	3/iv	
	259	Magowan, Adam	Orchard County A.C.	2.01.88	4/i	
	258	Ritchie, Alan	North Belfast Harriers	2.02.42	5/i	
	253	Horgan, Finbar	Clonmel A.C.	2.02.93	6/i	
	334	Nemiro, Jevgenii	Donore Harriers A.C.	2.04.03	4/iv	
	59	Somerville, David	Tallaght A.C.	2.06.63	5/iv	
	249	Vernon, John	Armagh A.C.	2.08.71	7/i	
	254	Donelan, Richard	Dundrum South Dublin A.C.	2.12.66	6/iv	
	77	Skeffington, Daniel	Drogheda & District A.C.	2.14.16	6/iii	
	255	Glynn, Brendan	Galway City Harriers A.C.	2.17.03	7/iii	
	250	Stitt, Gary	Ballymena & Antrim A.C.	2.20.75	7/ii	

Senior Men's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	122	Robinson, Paul	St. Coca'S A.C.	4.58.38	2/ii	3.52.60
2	86	Mooney, Daniel	Letterkenny A.C.	3.53.00	1/i	3.53.22
3	265	Warne, Joe	Doheny A.C.	3.53.50	2/i	3.53.23
4	272	O'Sullivan, Gavin	Raheny Shamrock A.C.	3.57.99	1/ii	3.53.28
5	270	Robinson, Niall	North Down	3.53.71	3/i	3.54.28
6	271	Moriarty, Kevin	Raheny Shamrock A.C.	3.58.03	1/iii	3.54.42
7	263	Hill, Gareth	Ballymena & Antrim A.C.	3.56.48	5/i	3.56.98
8	252	Healy, Conor	Clonliffe Harriers A.C.	3.58.50	3/iii	3.57.19
9	142	Dowling, Mick	Sli Cualann A.C.	3.55.87	4/i	3.57.45
10	266	Monaghan, Andrew	Lagan Valley	3.58.09	2/iii	3.58.56
	83	Finnegan, Ruairi	Letterkenny A.C.	3.59.74	3/ii	
	264	Healy, Eoin	Dundrum South Dublin A.C.	4.04.66	4/ii	
	267	Monaghan, Patrick	Lagan Valley	4.05.78	6/i	
	269	Budde, James	North Down	4.05.93	5/ii	
	326	Mc Donnell, Jake	Raheny Shamrock A.C.	4.06.82	7/i	
	278	Linden, Patrick	Willowfield Harriers	4.07.49	8/i	
	274	Mc Killop, Michael	St. Malachy's A.C.	4.08.20	4/iii	
	276	Dineen, Steven	University of Ulster	4.08.33	6/ii	
	275	Stokes, Jordan	North Down	4.08.34	7/ii	
	55	Rennicks, Darragh	Bohermeen A.C.	4.09.67	8/ii	
	262	Carleton, Owen	Abbey A.C.	4.10.56	5/iii	
	268	Gardner, Mark	Lancaster & Morecambe A.C.	4.19.23	6/iii	
	250	Stitt, Gary	Ballymena & Antrim A.C.	4.39.27	7/iii	
	78	Kelly, Alan	Galway City Harriers A.C.	DNS	/ii	
	366	Everard, Eoin	Kilkenny City Harriers A.C.	DNS	/iii	

Senior Men's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	289	Mulhare, Dan	North Laois A.C.	8.04.26	1/i	8.05.26
2	292	Corcoran, Richard	Raheny Shamrock A.C.	8.20.49	4/ii	8.08.96
3	293	Fitzpatrick, Tomas	Tallaght A.C.	8.13.20	3/i	8.10.91
4	367	Travers, John	Donore Harriers A.C.	8.11.55	2/i	8.13.53
5	343	Hanrahan, Mark	Leevale A.C.	8.08.53	1/ii	8.14.79
6	284	Bradley, Conor	City of Derry	8.25.01	5/i	8.16.13
7	281	Mc Ginley, Eddie	Annadale Striders A.C.	8.24.10	6/ii	8.18.27
8	61	Birmingham, Daire	Raheny Shamrock A.C.	8.22.50	4/i	8.27.32
9	320	Sanchez, Alberto	Sligo A.C.	8.28.08	6/i	8.28.79
10	54	Casey, Tommy	Sligo A.C.	8.27.13	7/ii	8.32.39
	277	Mc Cartan, Patrick	West Limerick A.C.	8.15.83	3/ii	DNS
	356	Reale, Liam	Limerick A.C.	8.11.77	2/ii	
	203	Turnbull, Gareth	St. Malachy'S A.C.	8.20.94	5/ii	
	285	Collins, Noel	Finn Valley A.C.	8.31.11	8/ii	
	279	Agnew, Andrew	Abbey A.C.	8.34.73	9/ii	
	88	Doherty, Ciaran	Letterkenny A.C.	8.45.59	7/i	
	282	Morwood, David	Annadale Striders A.C.	8.47.50	8/i	
	133	Kearns, Ronan	Crusaders A.C.	8.50.91	9/i	
	109	Fleming, Paul	Rathfarnham W.S.A.F. A.C.	8.56.34	10/ii	
	91	Flynn, Alex	Ferrybank A.C.	8.56.89	10/i	
	287	Totten, Eoghan	Newcastle & District A.C.	8.58.49	11/ii	
	283	Millar, Samuel	Ballymena & Antrim A.C.	9.06.43	11/i	
	97	Malseed, Robert	Clonliffe Harriers A.C.	9.21.48	12/ii	
	111	Coghlan, John	Metro/St. Brigid's A.C.	DNF	/i	
	291	Conroy, Ian	Raheny Shamrock A.C.	DNF	/i	

Senior Men's 5km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	108	Heffernan, Robert	Togher A.C.			19.09.56
2	297	Griffin, Colin	Ballinamore A.C.			20.00.65
3	87	Boyce, Brendan	Letterkenny A.C.			20.03.69
5	113	Mc Menamon, Cian	Westport A.C.			21.28.68
6	99	Treanor, James	Shercock A.C.			22.25.53
7	79	Cassin, Jeff	Finn Valley A.C.			22.27.90
8	107	Healy, Timothy	Togher A.C.			22.55.42
9	70	Fitzpatrick, Paul	Shercock A.C.			22.59.66
	136	Doyle, Michael	Tara A.C.			DQ

Senior Men's High Jump

Place	No	Name	Club	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.15
1	103	Pender, Barry	St. Abbans A.C.	-	-	-	-	-	-	O	O	O	XXX
1	304	Foroughi, Kouros	Star of the Sea A.C.	-	-	-	-	O	O	O	O	O	XXX
3	302	Kinkosz, Marcin	Clonliffe Harriers	-	-	-	O	O	XXO	O	XXX		

Place	No	Name	Club	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05
4	305	Galvin, PJ	St. Brendan's A.C.	-	-	O	O	O	O	O	XXX		
5	58	O'Dwyer, Shane	Carrick-On-Suir A.C.	-	-	-	O	O	O	XO	XXX		
6	303	Quigg, Barry	Sliabh Liag A.C.	-	-	O	O	O	XO	XXX			
7	299	Bill, Robert	Ballymena & Antrim	-	XO	XXO	O	O	XXX				
8	369	Mc Grath, Michael	Queens A.C.	O	O	O	O	XXX					
9	301	Fryer, Peter	City of Derry	O	O	XXO	XO	XXX					
10	300	Lyons, Nathan	Ballymena & Antrim	O	O	XO	XXX						
11	120	O'Brien, Eamonn	U.C.D. A.C.	O	XO	XXX							

Senior Men's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	308	Mc Mullen, Adam	Mid-Ulster A.C.	6.96	7.00	6.75	X	7.08	7.13	7.13
2	336	Quilligan, David	Leevale A.C.	6.84	X	6.68	6.57	6.91	7.11	7.11
3	129	Fahey, Eamon	Donore Harriers A.C.	6.64	6.31	X	6.95	6.72	6.73	6.95
4	119	Harrington, Timmy	Bandon A.C.	6.71	6.59	6.51	6.58	6.73	6.52	6.73
5	309	Dolan, Ciaran	St. Michael's Enniskillen	6.49	6.53	6.21	X	6.61	6.24	6.61
6	74	Doyle, Simon	St. L. O'Toole A.C.	6.36	6.30	6.36	6.47	6.55	6.28	6.55
7	344	Finegan, Denis	Leevale A.C.	X	6.33	6.33	6.19	X	X	6.33
8	306	Teggart, Matthew	Ballymena & Antrim A.C.	5.58	6.23	6.16	6.03	5.88	X	6.23
9	73	Graham, Callum	Regent House	6.08	5.60	5.72				6.08
10	221	Whelan, Robert	Navan A.C.	5.76	5.65	5.96				5.96
11	307	Mc Garvey, Mark	City of Derry	X	5.94	5.84				5.94
12	327	White, Ciaran	Sligo A.C.	5.59	5.65	5.36				5.65

Senior Men's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	102	Egan, Francis	St. Abbans A.C.	X	14.33	14.40	X	14.03	14.43	14.43
2	344	Finegan, Denis	Leevale A.C.	14.06	13.71	14.35	12.27	14.11	14.08	14.35
3	74	Doyle, Simon	St. L. O'Toole A.C.	13.43	13.46	X	12.81	X	12.80	13.46
4	73	Graham, Callum	Regent House	12.26	X	11.63	12.40	12.70	12.53	12.70
5	317	Mahon, Conall	St. Michael's Enniskillen	11.80	X	11.93	11.82	X	12.11	12.11
6	316	Coyle, John	Olympian Y.A.C.	11.79	11.46	11.48	11.74	11.67	11.36	11.79
7	233	Sheridan, Ian		11.43	X	11.43	11.14	11.74	11.33	11.74
8	230	Nolan, Patrick	St. Joseph'S A.C.	9.90	10.58	10.45	10.46	X	10.33	10.58

Senior Men's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	60	Breathnach, Sean	Galway City Harriers A.C.	X	15.49	X	15.84	14.89	16.14	16.14
2	314	Doyle, Andrew	Mid-Ulster A.C.	14.24	X	13.96	X	14.53	X	14.53
3	112	Stout, Kieron	Celbridge A.C.	12.01	14.11	14.12	X	X	12.85	14.12
4	95	Abbey, Francis	St. Finian'S A.C.	13.25	12.50	13.24	13.30	13.42	13.12	13.42
5	315	Doyle, Matthew	Mid-Ulster A.C.	11.18	10.53	X	10.76	X	X	11.18
6	313	Coombes, Brian	Ballymena & Antrim A.C.	10.18	8.92	X	X	X	9.14	10.18

Senior Men's Pole Vault

Place	No	Name	Club	3.60	3.80	4.00	4.20	4.40	4.60	4.70	4.80	5.03
1	132	Donegan, David	Clonliffe Harriers	-	-	-	-	-	-	XO	O	XXX
2	224	Reynolds, Tom	North Down	-	-	-	-	O	O	XO	XXX	
3	105	Rogers, Ian	Clonliffe Harriers	-	-	-	O	O	O	XXX		
4	67	O'Brien, Ruairi	Crusaders A.C.	-	-	-	-	O	X-	X-	X	
5	75	Houlihan, Thomas	West Waterford A.C.	-	-	-	XO	XXX				
6	311	Pantea, Mihai	Raheny Shamrock	O	O	XXX						
7	312	Doherty, Christopher	Tir Chonaill A.C.	O	XXX							
	310	Greene, Stuart	Raheny Shamrock	-	-	-	XXX					

Senior Women's 60 m Hurdles

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	16	Murphy, Mairead	Ferrybank A.C.	8.49 1/i		8.46
2	368	Juhasz, Fanni	Crusaders A.C.	8.50 2/i		8.51
3	186	Lawler, Sandra	Celbridge A.C.	8.71 2/ii		8.63
4	185	Lavin, Sarah	Emerald A.C.	8.68 1/ii		8.70
5	27	Mc Manus, Catherine	Celtic DCH A.C.			9.12 3/i
6	187	Mc Allister, Rebecca	Ballymena & Antrim A.C.	9.68 4/i		9.72
	184	Frey, Laura	Lagan Valley	10.03 3/ii		

Senior Women's 60 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	150	Mc Sweeney, Ailis	Leevale A.C.	7.54 1/iii	7.43 1/i	7.32
2	160	Foster, Amy	University of Ulster	7.54 1/ii	7.50 1/ii	7.44
3	154	Brady, Claire	Celbridge A.C.	7.55 1/i	7.57 3/1	7.63
4	117	Healy, Joan	Bandon A.C.	7.62 2/i	7.63 2/ii	7.63
5	156	Mac Neill, Aoife	Dundrum South Dublin A.C.	7.72 3/iii	7.69 4/i	7.70
	18	Whelan, Niamh	Ferrybank A.C.	7.64 2/ii	7.56 2/i	DNS
	25	Creaner, Steffi	Celtic DCH A.C.	7.72 2/iii	7.74 3/ii	
	27	Mc Manus, Catherine	Celtic DCH A.C.	7.73 4/iii	7.82 4/ii	
	157	Murray, Sarah	Fingallians A.C.	7.79 3/i	7.85 5/i	
	158	Boomer, Chloe	Lagan Valley	7.85 3/ii	7.85 5/ii	
	5	Holmes, Louise	Kilkenny City Harriers A.C.	7.80 5/iii	7.89 6/ii	
	351	Reville, Francesca	Menapians A.C.	7.85 4/ii	8.04 6/i	
	155	Mc Burney, Laura	City of Lisburn	7.97 4/i		
	159	Clark, Holly	Springwell Running Club	8.14 5/ii		
	354	kennedy, Sophie	Navan A.C.	8.83 5/i		

Senior Women's 200 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Proper, Kelly	Ferrybank A.C.	25.19 1/ii		24.08
2	25	Creaner, Steffi	Celtic DCH A.C.	25.08 1/iii		24.93
3	363	Mills, Joanna	Ballymena & Antrim A.C.	25.14 2/iii		25.29
4	157	Murray, Sarah	Fingallians A.C.	25.69 2/ii		25.99
1	41	Bechtina, Snezana	Clonliffe Harriers A.C.	26.32 3/i		26.27
2	161	Whiteside, Leigh	Abbey A.C.	26.41 4/ii		26.31
3	162	Courtney, Ailbhe	St. Brendan'S A.C.	26.80 3/iii		26.39
	153	Murphy, Zita	Dundrum South Dublin A.C.	26.08 2/i		
	18	Whelan, Niamh	Ferrybank A.C.	25.12 1/i		
	159	Clark, Holly	Springwell Running Club	27.01 3/ii		
	351	Reville, Francesca	Menapians A.C.	27.05 4/iii		
	163	Moffett, Kirsty	City of Lisburn	28.06 4/ii		

Senior Women's 400 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	28	Andrews, Marian	Togher A.C.	54.47 1/iv		54.00
2	168	Bergin, Claire	Dundrum South Dublin A.C.	55.69 1/i		55.06
3	347	Engin, Birsan	Turkey	54.87 2/iv		55.72
4	164	Mc Caffrey, Elaine	Abbey A.C.	57.31 1/iii		56.69
1	15	Barr, Jessie	Ferrybank A.C.	58.37 2/i		57.88
2	148	Mc Ardle, Louise	Leevale A.C.	57.68 2/iii		58.22
3	152	Neville, Christine	Leevale A.C.	59.82 3/iii		59.03
	165	Mc Mahon, Christine	Ballymena & Antrim A.C.	57.41 1/ii		DQ
	151	Neville, Jessica	Leevale A.C.	60.08 3/i		
	162	Courtney, Ailbhe	St. Brendan'S A.C.	60.54 2/ii		
	167	Barr, Anna	City of Derry	60.66 4/iv		
	20	Lynch, Eimear	Newport A.C.	61.01 3/ii		
	52	Giblin, Susan	Raheny Shamrock A.C.	65.56 3/iv		

Senior Women's 800 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	175	Everard, Ciara	Kilkenny City Harriers A.C.	2.21.43 4/ii		2.12.01
2	365	Crowe, Laura	Riocht A.C.	2.21.21 2/ii		2.12.97
3	4	Kehoe, Fiona	Kilmore A.C.	2.12.98 1/i		2.15.09
4	49	Kearney, Niamh	Sli Cualann A.C.	2.17.93 3/i		2.16.54
5	177	Lennon, Leigh	Newham & Essex Beagles	DNF /i		2.17.05
6	34	Eviston, Siobhan	Raheny Shamrock A.C.	2.13.29 2/i		2.17.22
7	48	Earls, Claire	Sli Cualann A.C.	2.21.49 5/ii		2.19.44
8	14	Denny, Sinead	Dundrum South Dublin A.C.	2.21.26 3/ii		2.21.27
9	178	O'Donnell, Isseult	Raheny Shamrock A.C.	2.20.99 1/ii		2.24.48
	7	Bernard, Lousie	Raheny Shamrock A.C.	2.27.77 4/i		
	2	Mc Hugh, Rianne	Sligo A.C.	2.37.54 5/i		
	176	Mc Glynn, Claire	Dundrum South Dublin A.C.	DNF /1		
	22	Brennan, Ailish	St. Abbans A.C.	DNS /ii		

Senior Women's 1500 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	331	Cullen, Mary	North Sligo A.C.			4.19.25
2	39	Drumm, Orla	U.C.C. A.C.			4.23.55
3	180	Mageean, Ciara	City of Lisburn/Team New Balan			4.26.76
4	174	Mitchell, Emma	Banbridge A.C.			4.41.49
5	179	Gibson, Rachel	City of Lisburn			4.58.67
	182	Mc Neice, Kelly	City of Lisburn			DNS

Senior Women's 3000 m

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	181	Harty, Kerry	Newcastle & District A.C.			9.31.81
2	26	Mc Manus, Susan	Celtic DCH A.C.			10.40.16
	183	Mc Court, Cathy	North Belfast Harriers			DNS

Senior Women's 3 km Walk

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	190	Reynolds, Laura	Mohill A.C.			12.47.55
2	12	Veale, Kate	West Waterford A.C.			12.49.21
3	188	Doherty, Emma	North Belfast Harriers			14.31.19

Senior Women's High Jump

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70	1.75
1	192	Farrell, Cathriona	Craughwell A.C.	-	-	O	O	O	XXO	XXX
2	50	Basquille, Caoimhe	Sli Cualann A.C.	-	O	O	XO	XXX		
3	193	Rogers, Emily	St. Peter's A.C.	O	XO	O	XXO	XXX		

Senior Women's Long Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	19	Proper, Kelly	Ferrybank A.C.	X	X	6.12	5.58	6.22	X	6.22
2	196	Mc Loone, Mary	Tir Chonaill A.C.	X	6.01	5.59	5.73	5.91	5.59	6.01
3	363	Mills, Joanna	Ballymena & Antrim A.C.	5.95	5.80	5.68	5.72	X	X	5.95
4	195	Maughan, Sally Rose	Castlebar A.C.	5.55	5.82	5.58	5.40	5.62	5.59	5.82
5	194	Devlin, Mary	Abbey A.C.	5.67	5.55	5.45	5.50	5.42	5.43	5.67
6	357	Herron, Linz	Lisburn A.C.	5.30	5.31	5.51	5.42	5.30	5.41	5.51
7	17	Power, Nicola	Ferrybank A.C.	5.34	5.21	5.31	5.02	X	X	5.34
8	329	Kerr, Hilary	St. Peter'S A.C.	4.91	5.13	5.13	5.19	5.31	4.88	5.31
9	328	Burns, Emily	Sligo A.C.	4.79	5.11	X				5.11
10	321	Anya, Bednorg	Sligo A.C.	4.91	4.93	4.91				4.93

Senior Women's Triple Jump

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	196	Mc Loone, Mary	Tir Chonaill A.C.	12.26	12.06	12.41	X	12.14	12.50	12.50
2	194	Devlin, Mary	Abbey A.C.	11.44	11.62	11.62	11.49	11.35	X	11.62
3	330	Buggy, Sarah	St. Abbans A.C.	11.51	X	X	11.26	X	X	11.51
4	202	Todd, Hannah	Ballymena & Antrim A.C.	11.45	X	10.98	10.94	11.05	11.11	11.45
5	321	Anya, Bedborg	Sligo A.C.	10.75	10.88	10.83	10.77	10.89	10.73	10.89
6	8	Bartley, Aoife	Carrick-On-Suir A.C.	10.75	10.65	10.53	10.46	X	9.87	10.75
7	345	Healy, Rachel	Ballymena & Antrim A.C.	10.74	10.61	X	10.49	10.40	X	10.74
8	167	Barr, Anna	City of Derry	X	10.52	10.51	10.46	10.57	10.65	10.65

Senior Women's Shot Putt

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	29	Parkinson, Sophie	Gowran A.C.	10.38	10.94	10.90	10.15	9.59	10.46	10.94
2	23	Daly, Shauna	St. Abbans A.C.	9.02	9.06	9.72	10.21	9.92	8.89	10.21
3	201	Hetherington, Kathy	North Down	8.63	9.29	9.58	X	9.47	9.39	9.58
4	36	Bradfield, Tracey	Bandon A.C.	8.39	8.26	9.00	9.22	8.99	7.29	9.22
5	24	Mc Carthy Coomey, Liz	Bandon A.C.	7.84	8.47	8.79	8.17	8.76	9.10	9.10
6	200	Glover, Lynsey	Lagan Valley	7.36	7.66	7.86	8.04	7.68	8.04	8.04

Senior Women's Pole Vault

Place	No	Name	Club	2.65	2.85	3.05	3.25	3.65	3.85	4.00	0.00
1	13	Pena, Tori	Finn Valley A.C.	-	-	-	-	-	XO	XO	XO
2	197	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	XO	XXO	XXX	
3	199	Semeraro, Sarah	University of Ulster A.C.	-	-	-	-	O	XXX		
4	11	Houlihan, Lisa	West Waterford A.C.	O	O	XO	X				
	198	Brown, Zoe	Raheny Shamrock A.C.	-	-	-	-	-	XXX		