

Woodie's DIY Masters Track & Field Championships

Tullamore Harriers Stadium

17th August 2013

High Jump Results

1	(M1)	Dennehy, Brendan	Rising Sun A.C.	1.50
2	(M1)	Hartnett, John	Clonliffe Harriers A.C.	1.45
1	(M2)	Gillespie, Aidan	Rosses A.C.	1.60
2	(M2)	Byrne, Kevin	Dundrum South Dublin A.C.	1.50
3	(M2)	Halley, Paschal	Waterford A.C.	1.40
4	(M2)	Dennehy, Michael	Rising Sun A.C.	1.40
5	(M2)	Hackett, Mark	St. Michaels A.C.	1.30
6	(M2)	Hogan, Aidan	Rising Sun A.C.	1.30
1	(M3)	O'Brien, Tom	Waterford A.C.	1.60
1	(M4)	Power, Pat	St. Joseph's A.C.	1.20
1	(M5)	McGing, Peadar	Dundrum South Dublin A.C.	1.30
2	(M5)	Gibbons, Joe	Clonliffe Harriers A.C.	1.30
3	(M5)	Fox, Seamus	Fanahan Mc Sweeney A.C.	1.15
1	(M6)	O'Toole, Willie	St. L. O'Toole A.C.	1.25
1	(M6)	Rowan, Henry	Sligo A.C.	1.25
3	(M6)	Egan, Neil	South Sligo A.C.	1.25
4	(M6)	O'Riordan, Patrick	St. Brendan's A.C.	1.20
1	(M7)	Dennehy, Brendan	Rising Sun A.C.	1.35
2	(M7)	Rice, John	Grange/Fermoy A.C.	1.10
1	(M8)	O'Shea, Jim	Farranfore Maine Valley A.C.	1.15
2	(M8)	Maye, Padraic	Ballina A.C.	1.05
1	(M9)	Caffrey, Ernest	Ballina A.C.	1.00
1	(M10)	Naughton, Patrick	Nenagh Olympic A.C.	1.00

Discus

1	(M1)	Thurgood, Stuart	Menapians A.C.	32.64
2	(M1)	Leahy, John	Kilmurray/Ibrick/N.Clare A.C.	32.53
3	(M1)	Hayes, Brian	Leevale A.C.	25.22
1	(M2)	Stout, Kieran	Celbridge A.C.	35.94
2	(M2)	Crawford, Damien	Strabane A. C.	31.29
3	(M2)	Heneghan, Michael	Castlebar A.C.	31.21
4	(M2)	Doyle, PJ	Sli Cualann A.C.	16.68
1	(M3)	Bauer, Dave	Menapians A.C.	37.58
2	(M3)	Corcoran, Patrick	Tipperary Town A.C.	31.17
3	(M3)	Rafferty, Tom	Tullamore Harriers A.C.	30.55
4	(M3)	Kelly, Joe	Brow Rangers A.C.	29.67
5	(M3)	Fitzpatrick, Seamus	Portlaois A.C.	29.60
6	(M3)	Galvin, Tom	North Cork A.C.	27.48
1	(M4)	Joyce, Phelim	Cushinstown A.C.	35.33
2	(M4)	Courtney, David	Ennis Track A.C.	34.65
3	(M4)	Territt, John	St. Abbans A.C.	33.76
4	(M4)	Reid, Bosco	Finn Valley A.C.	30.44
1	(M5)	O'Connor, Patsy	Tralee Harriers A.C.	36.74
2	(M5)	Stam, Frank	Bandon A.C.	32.76
3	(M5)	Douglas, Bob	Ballymena & Antrim A.C.	25.57
4	(M5)	Kenny, Mick	Kildare A.C.	24.95
5	(M5)	McGing, Peadar	Dundrum South Dublin A.C.	21.58
1	(M6)	Farragher, Thomas	Corofin A.C.	32.19
2	(M6)	Fanning, Padraig	Tralee Harriers A.C.	30.66
3	(M6)	Connolly, Seamus	Tinryland A.C.	22.77
1	(M7)	Conway, Philip	Crusaders A.C.	36.07
2	(M7)	Moore, Pat	Leevale A.C.	31.76
3	(M7)	Kelly, Murty	Brow Rangers A.C.	31.65
4	(M7)	Devero, Gerry	Sliabh Bhuide Rovers A.C.	29.92
5	(M7)	Street, Chris	Dunboyne A.C.	19.29
1	(M8)	Shevlane, Peter	Monaghan Phoenix A.C.	29.52
2	(M8)	Conboy, Patsy	Brothers Pearse A.C.	23.14
3	(M8)	O'Connor, John	Naas A.C.	22.87

4	(M8)	Holmes, Barrie	Mid-Ulster A.C.	20.60
5	(M8)	Hogan, Joe	Rising Sun A.C.	19.26
1	(M9)	Tuff, Ernest	Ballymena & Antrim A.C.	29.25
2	(M9)	Caffrey, Ernest	Ballina A.C.	17.95
3	(M9)	Toner, Thomas	St. Andrews A.C.	16.90
1	M10	Mulcahy, Edward (0)	Farranfore Maine Valley A.C.	17.32
1	M11	Gallagher (M85), Hugh	Milford A.C.	13.73
2	M11	Howard (M85), Denis)	Rising Sun A.C.	13.07

Long Jump

1	M1	63	McCabe, Jonathan	Boyne A.C.	5.60
2	M1	273	Dennehy, Breandan (V1)	Rising Sun A.C.	4.99
3	M1	32	Deane, Graham (V1)	Crookstown Millview A.C.	4.42
1	M2	66	Gillespie, Aidan (V2)	Rosses A.C.	5.84
2	M2	226	Byrne, Kevin (V2)	Dundrum South Dublin A.C.	5.16
3	M2	50	O'Rourke, P.J. (V2)	Limerick A.C.	4.85
1	M3	352	O'Brien, Tom (V3)	Waterford A.C.	5.40
2	M3	109	Breslin, Brian (V3)	Lifford A.C.	4.37
3	M3	172	Wallace, John (V3)	Ratoath A.C.	3.84
1	M4	57	Power, Pat (V4)	St. Joseph's A.C.	4.46
1	M5	322	Fox, Seamus (V5)	Fanahan McSweeney A.C.	4.07
2	M5	192	Gibbons, Joe	Clonliffe Harriers A.C.	3.31
1	M6	179	Egan, Neil (V6)	South Sligo A.C.	4.49
2	M6	141	O'Riordan, Patrick	St. Brendan's A.C.	4.17
3	M6	370	O'Toole, Willie (V6)	St. L. O'Toole A.C.	4.04
1	M7	168	Dennehy, Brendan (V7)	Rising Sun A.C.	4.52
2	M7	311	O'Connell, Jerry (V7)	Limerick Country Club A.C.	1.84
1	M8	70	O'Shea, Jim (V8)	Farranfore Maine Valley A.C.	3.94
2	M8	99	Maye, Pdraig (V8)	Ballina A.C.	3.70
1	M10	346	Naughton, Patrick (M80)	Nenagh Olympic A.C.	2.22
1	M11	371	Gallagher, (M85)	Milford A.C.	0.92

SHOT

1	M1	394	Leahy, John (V1)	Kilmurray/Ibrick/N.Clare A.C.	12.10
2	M1	198	Hayes, Brian (V1)	Leevale A.C.	10.62
3	M1	32	Deane, Graham (V1)	Crookstown Millview A.C.	10.28
4	M1	64	Kaugars, Santis (V1)	Boyne A.C.	7.94
1	M2	349	Stout, Kieron (V2)	Celbridge A.C.	13.39
2	M2	160	Heneghan, Michael (V2)	Castlebar A.C.	10.98
3	M2	373	Doyle, PJ (V2)	Sli Cualann A.C.	4.49
1	M3	359	Fitzpatrick, Seamus (V3)	Portlaois A.C.	11.06
2	M3	134	Bauer, Dave (V3)	Menapians A.C.	10.53
3	M3	218	Rafferty, Tom (V3)	Tullamore Harriers A.C.	10.53
4	M3	375	Kelly, Joe (V3)	Brow Rangers A.C.	10.39
5	M3	216	Doherty, Mark (V3)	Lifford A.C.	10.00
6	M3	9	Corcoran, Patrick (V3)	Tipperary Town A.C.	9.78
1	M4	20	Joyce, Phelim (V4)	Cushinstown A.C.	11.85
2	M4	138	Reid, Bosco (V4)	Finn Valley A.C.	11.81
3	M4	348	Territt, John (V4)	St. Abbans A.C.	10.60
4	M4	368	McGrane, Tom (V4)		10.18
5	M4	83	Courtney, David (V4)	Ennis Track A.C.	9.55
6	M4	345	Firzpatrick, Martin (V4)	St. Marys (Clare) A.C.	9.14
1	M5	149	O'Connor, Patsy (V5)	Tralee Harriers A.C.	12.36
2	M5	358	Cronin, Paudie (V5)	Doheny A.C.	9.41
3	M5	215	Stam, Frank (V5)	Bandon A.C.	9.40
4	M5	173	McGing, Peadar (V5)	Sundrum South Dublin A.C.	8.65
5	M5	402	Kennedy, Pat (V5)	Ferrybank A.C.	8.64
6	M5	259	Dolan, Jim (V5)	Tullamore Harriers A.C.	8.47
7	M5	129	Douglas, Bob (V5)	Ballymena & Antrim A.C.	8.14
1	M6	370	O'Toole, Willie (V6)	St. L. O'Toole A.C.	10.46
2	M6	93	Farragher, THomas (V6)	Corofin A.C.	10.32

3	M6	144	O'Hare, James (V6)	Limerick Country Club A.C.	9.19
1	M7	248	Conway, Philip (V7)	Crusaders A.C.	10.88
2	M7	21	Moore, Pat (V7)	Leevale A.C.	10.03
3	M7	350	Power, Tom (V7)	Bagnalstown A.C.	9.40
4	M7	376	Kelly, Murty (V7)	Brow Rangers A.C.	8.87
5	M7	157	Devero, Gerry (V7)	Sliabh Bhuide Rovers A.C.	8.47
6	M7	24	Jenkins, Anthony (V7)	Donore Harriers A.C.	7.38
7	M7	105	Rice, John (V7)	Grange/Fermoy A.C.	7.30
8	M7	340	Street, Chris (V7)	Dunboyne A.C.	6.96
1	M8	71	O'Connor, John (V8)	Naas A.C.	8.55
2	M8	99	Maye, Pdraig (V8)	Ballina A.C.	8.10
3	M8	140	Holmes, Barrie (V8)	Mid-Ulster A.C.	7.98
4	M8	27	Shevlane, Peter (V8)	Monaghan Phoenix A.C.	6.74
1	M9	12	Tuff, Ernest (V9)	Ballymena & Antrim A.C.	10.26
2	M9	217	Caffrey, Ernest (V9)	Ballina A.C.	8.10
3	M9	366	Hogan, Joe (V9)	Rising Sun A.C.	6.81
4	M9	361	Toner, Thomas (V9)	St. Andrews A.C.	6.78
1	M10	346	Naughton, Pat (M80)	Nenagh Olympic A.C.	8.01
2	M10	244	Mulcahy, (M80)	Farranfore Maine Valley A.C.	7.61
3	M10	409	Beirne, Michael (M80)		4.90
1	M11	371	Gallagher, (M85)	Milford A.C.	5.95
2	M11	377	Howard, Denis ((M85)	Rising Sun A.C.	5.24

JAVELIN

1	M1	198	Hayes, Brian (V1)	Leevale A.C.	40.17
2	M1	64	Kaugars, Santis (V1)	Boyne A.C.	35.44
3	M1	394	Leahy, John (V1)	Kilmurray/lbrick/N.Clare A.C.	29.19
1	M2	320	McDermott, Brian (V2)	Dundrum South Dublin A.C.	52.47
2	M2	324	Crawford, Damien V2)	Strabane A.C.	47.32
3	M2	241	Hackett, Mark (V2)	St. Michael's A.C.	34.27
4	M2	367	Hogan, Aidan (V2)	Rising Sun A.C.	26.53
5	M2	373	Doyle, PJ (V2)	Sli Cualann A.C.	7.47
1	M3	344	Delaney, Denis (V3)	Dunboyne A.C.	46.62
2	M3	9	Corcoran, Patrick (V3)	Tipperary Town A.C.	45.72
3	M3	218	Rafferty, Tom (V3)	Tullamore Harriers A.C.	38.31
4	M3	216	Doherty, Mark (V3)	Lifford A.C.	33.94
5	M3	184	Galvin, Tom (V3)	North Cork A.C.	32.99
1	M4	83	Courtney, David (V4)	Ennis Track A.C.	44.53
2	M4	20	Joyce, Phelim (V4)	Cushinstown A.C.	37.40
3	M4	15	Fisher, Kevin (V4)	Unattached	36.85
4	M4	348	Territt, John (V4)	St. Abbans A.C.	36.00
5	M4	220	Healy, Brendan (V4)	Moycarkey Coolcree A.C.	32.34
1	M7	21	Moore, Pat (V7)	Leevale A.C.	46.52
2	M7	24	Jenkins, Anthony (V7)	Donore Harriers A.C.	22.85
1	M8	71	O'Connor, John (V8)	Naas A.C.	21.10
2	M8	99	Maye, Pdraig (V8)	Ballina A.C.	20.08
3	M8	140	Holmes, Barrie (V8)	Mid-Ulster A.C.	15.03
1	M9	217	Caffrey, Ernest (V9)	Ballina A.C.	17.67
2	M9	366	Hogan, Joe (V9)	Rising Sun A.C.	15.43
1	M10	346	Naughton, Pat (M80)	Nenagh Olympic A.C.	21.79
2	M10	409	Beirne, Michael (M80)		10.23
1	M11	371	Gallagher, (M85)	Milford A.C.	13.38

HAMMER

1	M1	97	Thurgood, Stuart (M1)	Menapians A.C.	54.50
2	M1	198	Hayes, Brian (V1)	Leevale A.C.	33.92
3	M1	232	Moffet, Gareth (V1)	Ballymena & Antrim A.C.	31.68
4	M1	49	Crowley, Richard (V1)	Rising Sun A.C.	20.52
1	M2	160	Heneghan, Michael (V2)	Castlebar A.C.	33.31
2	M2	324	Crawford, Damien V2)	Strabane A.C.	25.69
3	M2	367	Hogan, Aidan (V2)	Rising Sun A.C.	16.12
1	M3	134	Bauer, Dave (V3)	Menapians A.C.	36.87
2	M3	375	Kelly, Joe (V3)	Brow Rangers A.C.	30.23

3	M3	359 Fitzpatrick, Seamus (V3)	Portlaois A.C.	26.87
4	M3	19 McGrattan, Paddy (V3)	North Down A.C.	25.26
5	M3	237 Galvin, Anthony (V3)	Leevale A.C.	25.13
6	M3	184 Galvin, Tom (V3)	North Cork A.C.	22.09
1	M4	138 Reid, Bosco (V4)	Finn Valley A.C.	34.52
2	M4	348 Territt, John (V4)	St. Abbans A.C.	32.76
3	M4	301 McKinnon, Don (V4)	Templemore A.C.	23.76
4	M4	345 Fitzpatrick, Martin (V4)	St. Marys (Clare) A.C.	23.35
5	M4	368 McGrane, Tom (V4)		20.62
6	M4	378 Howard, Donal (V4)	Rising Sun A.C.	17.56
1	M5	23 McEvoy, Eamonn (V5)	Menapians A.C.	26.45
2	M5	173 McGing, Peadar (V5)	Dundrum South Dublin A.C.	22.46
3	M5	190 Kenny, Mick (V5)	Kildare A.C.	21.61
1	M6	93 Farragher, THomas (V6)	Corofin A.C.	40.42
1	M7	248 Conway, Philip (V7)	Crusaders A.C.	33.23
2	M7	376 Kelly, Murty (V7)	Brow Rangers A.C.	25.56
3	M7	157 Devero, Gerry (V7)	Sliabh Bhuide Rovers A.C.	24.15
4	M7	340 Street, Chris (V7)	Dunboyne A.C.	17.97
1	M8	372 Conboy, Patsy (V8)	Brothers Pearse A.C.	31.55
2	M8	140 Holmes, Barrie (V8)	Mid-Ulster A.C.	24.15
3	M8	71 O'Connor, John (V8)	Naas A.C.	22.90
4	M8	27 Shevlane, Peter (V8)	Monaghan Phoenix A.C.	22.34
5	M8	366 Hogan, Joe (V8)	Rising Sun A.C.	18.85
1	M9	12 Tuff, Ernest (V9)	Ballymena & Antrim A.C.	35.63
2	M9	361 Toner, Thomas (V9)	St. Andrews A.C.	26.00
1	M10	244 Mulcahy, Edward (V9)	Farranfore Maine Valley A.C.	25.44
1	M11	377 Howard, Denis ((M85)	Rising Sun A.C.	19.07
2	M11	371 Gallagher, (M85)	Milford A.C.	17.00

56LBS FOR DISTANCE

1	M1	97 Thurgood, Stuart (M1)	Menapians A.C.	6.65
2	M1	394 Leahy, John (V1)	Kilmurray/Ibrick/N.Clare A.C.	6.31
3	M1	198 Hayes, Brian (V1)	Leevale A.C.	5.52
4	M1	49 Crowley, Richard (V1)	Rising Sun A.C.	4.87
1	M2	160 Heneghan, Michael (V2)	Castlebar A.C.	6.65
2	M2	373 Doyle, PJ (V2)	Sli Cualann A.C.	2.45
1	M3	359 Fitzpatrick, Seamus (V3)	Portlaois A.C.	7.47
2	M3	9 Corcoran, Patrick (V3)	Tipperary Town A.C.	5.85
3	M3	375 Kelly, Joe (V3)	Brow Rangers A.C.	5.55
4	M3	218 Rafferty, Tom (V3)	Tullamore Harriers A.C.	5.45
5	M3	344 Delaney, Denis (V3)	Dunboyne A.C.	5.11
6	M3	134 Bauer, Dave (V3)	Menapians A.C.	5.09
7	M3	19 McGrattan, Paddy (V3)	North Down A.C.	5.04
1	M4	345 Fitzpatrick, Martin (V4)	St. Marys (Clare) A.C.	7.18
2	M4	348 Territt, John (V4)	St. Abbans A.C.	6.65
3	M4	301 McKinnon, Don (V4)	Templemore A.C.	6.59
4	M4	378 Howard, Donal (V4)	Rising Sun A.C.	6.21
1	M5	149 O'Connor, Patsy (V5)	Tralee Harriers A.C.	8.55
2	M5	75 McTigue, Eugene (V5)	Castlebar A.C.	8.15
3	M5	190 Kenny, Mick (V5)	Kildare A.C.	6.02
4	M5	402 Kennedy, Pat (V5)		5.95
5	M5	259 Dolan, Jim (V5)	Tullamore Harriers A.C.	5.95
6	M5	215 Stam, Frank (V5)	Bandon A.C.	5.81
1	M6	370 O'Toole, Willie (V6)	St. L. O'Toole A.C.	8.02
2	M6	93 Farragher, THomas (V6)	Corofin A.C.	7.98
1	M7	105 Rice, John (V7)	Grange/Fermoy A.C.	7.72
2	M7	84 Jones, Tom (V7)	Ennis Track A.C.	7.28
3	M7	157 Devero, Gerry (V7)	Sliabh Bhuide Rovers A.C.	6.79
4	M7	340 Street, Chris (V7)	Dunboyne A.C.	4.22
1	M8	99 Maye, Pdraig (V8)	Ballina A.C.	7.74
2	M8	71 O'Connor, John (V8)	Naas A.C.	6.95
3	M8	372 Conboy, Patsy (V8)	Brothers Pearse A.C.	6.94
1	M9	12 Tuff, Ernest (V9)	Ballymena & Antrim A.C.	6.75

2	M9	366 Hogan, Joe (V9)	Rising Sun A.C.	6.12
3	M9	361 Toner, Thomas (V9)	St. Andrews A.C.	5.32
1	M10	244 Mulcahy, Edward (V9)	Farranfore Maine Valley A.C.	7.50
2	M10	409 Beirne, Michael (M80)		4.13
1	M11	377 Howard, Denis (M85)		5.16

WOMEN

LONG JUMP

1	W1	327 Cronin, Elaine (V1)	Gneeveguilla A.C.	4.38
2	W1	326 Walsh, Jennifer (V1)	Gneeveguilla A.C.	4.15
3	W1	46 Antweiler, Kathrin (V1)	Tuam A.C.	3.53
1	W2	328 O'Brien, Antoinette (V2)	Gneeveguilla A.C.	4.09
2	W2	181 McGuire, Niamh (V2)	Rathkenny A.C.	3.78
3	W2	108 Breslin, Isabella (V2)	Lifford A.C.	2.90
1	W3	67 Kellegher, Edel (V3)	Annalee A.C.	2.69
1	W4	68 Herron, Danae (V4)	City of Derry A.C.	4.02
2	W4	2 Barrett, Mary (V4)	Loughrea A.C.	3.97
3	W4	72 Moore, Finola (V4)	Celbridge A.C.	3.64
4	W4	395 O'Reilly, Evelyn (V4)	Annalee A.C.	3.01
5	W4	39 Brennan, Josephine (V4)	St. Abbans A.C.	2.53
1	W5	388 Jennings, Mary (V5)	Waterford A.C.	2.46
2	W5	47 Finnegan, Ebhana (V5)	Rising Sun A.C.	2.25
1	W6	92 Higgins, Margaret (V6)	Corofin A.C.	2.80
1	W7	106 Barry, Mary (V7)	Grange/Fermoy A.C.	1.90

High JUMP

1	W1	387 Hayes, Nicola (V1)	Waterford A.C.	1.30
1	W2	328 O'Brien, Antoinette (V2)	Gneeveguilla A.C.	1.40
2	W2	108 Breslin, Isabella (V2)	Lifford A.C.	1.30
3	W2	3 Fenlon, Verena (V2)	St. Joseph's A.C.	1.25
1	W3	95 Cummins, Siobheal (V3)	Ratoath A.C.	1.35
2	W3	67 Kellegher, Edel (V3)	Annalee A.C.	1.20
1	W4	2 Barrett, Mary (V4)	Loughrea A.C.	1.30
2	W4	395 O'Reilly, Evelyn (V4)	Annalee A.C.	1.25
3	W4	72 Moore, Finola (V4)	Celbridge A.C.	1.15
1	W5	29 Moore-Fox, Lucy (V5)	Dundrum South Dublin A.C.	1.25
1	W6	92 Higgins, Margaret (V6)	Corofin A.C.	1.10
1	W1	326 Walsh, Jennifer (V1)	Gneeveguilla A.C.	7.89
2	W1	327 Cronin, Elaine (V1)	Gneeveguilla A.C.	6.77

SHOT

1	W2	101 Fenlon, Verena (V2)	St. Joseph's A.C.	8.70
2	W2	330 O'Riordan, Eileen (V2)	Gneeveguilla A.C.	8.00
3	W2	108 Breslin, Isabella (V2)	Lifford A.C.	7.99
4	W2	181 McGuire, Niamh (V2)	Rathkenny A.C.	7.88
5	W2	328 O'Brien, Antoinette (V2)	Gneeveguilla A.C.	7.65
6	W2	401 Hughes, Carol (V2)	Rosenalis A.C.	7.24
1	W3	406 Finegan, Gerladine (V3)	Dunleer A.C.	9.38
2	W3	148 O'Sullivan, Priscilla (V3)	Bandon A.C.	7.83
3	W3	183 Keegan, Rosemary (V3)		7.25
1	W4	2 Barrett, Mary (V4)	Loughrea A.C.	10.00
2	W4	382 Aston, Moira (V4)	Trim A.C.	7.80
3	W4	395 O'Reilly, Evelyn (V4)	Annalee A.C.	7.63
4	W4	221 Healy, Mary (V4)	Moycarkey Coolcree A.C.	5.95
1	W5	29 Moore-Fox, Lucy (V5)	Dundrum South Dublin A.C.	8.14
2	W5	47 Finnegan, Ebhana (V5)	Rising Sun A.C.	5.39
3	W5	26 Downey, Ann (V5)	Suncroft A.C.	5.36
1	W6	92 Higgins, Margaret (V6)	Corofin A.C.	6.37
2	W6	270 Evans, Dolores (V6)	Fingallians A.C.	5.72
1	W7	89 Gough, Terri (V7)	West Waterford A.C.	6.21
2	W7	106 Barry, Mary (V7)	Grange/Fermoy A.C.	4.67
1	W9	392 Campion, Sheila (V9)	Sportsworld A.c.	4.85

DISCUS

1	W1	87 Casey, Hilary (V1)	Dundrum South Dublin A.C.	23.90
2	W1	48 Finnegan, Toni (V1)	Rising Sun A.C.	18.35
3	W1	387 Hayes, Nicola (V1)	Waterford A.C.	17.82
1	W2	35 Van Der Wal, Maiaike (V2)	Clonmel A.C.	24.09
2	W2	330 O'Riordan, Eileen (V2)	Gneeveguilla A.C.	23.31
3	W2	101 Fenlon, Verena (V2)	St. Joseph's A.C.	18.71
1	W3	77 Glanton, Maureen (V3)	Skibbereen A.C.	33.25
2	W3	148 O'Sullivan, Priscilla (V3)	Bandon A.C.	27.92
3	W3	183 Keegan, Rosemary (V3)		21.15
1	W4	2 Barrett, Mary (V4)	Loughrea A.C.	20.39
2	W4	382 Aston, Moira (V4)	Trim A.C.	20.12
3	W4	221 Healy, Mary (V4)	Moycarkey Coolcree A.C.	12.34
1	W5	29 Moore-Fox, Lucy (V5)	Dundrum South Dublin A.C.	15.49
2	W5	388 Jennings, Mary (V5)	Waterford A.C.	13.74
3	W5	47 Finnegan, Ebhanna (V5)	Rising Sun A.C.	13.00
1	W6	270 Evans, Dolores (V6)	Fingallians A.C.	15.09
2	W6	92 Higgins, Margaret (V6)	Corofin A.C.	14.02
1	W7	194 Mansfield, Frances (V7)	Clonliffe Harriers A.C.	13.59
2	W7	106 Barry, Mary (V7)	Grange/Fermoy A.C.	9.63

JAVELIN

1	W1	242 Hackett, Pippa (V1)	St. Michael's A.C.	15.47
1	W2	35 Van Der Wal, Maiaike (V2)	Clonmel A.C.	27.31
2	W2	101 Fenlon, Verena (V2)	St. Joseph's A.C.	20.56
3	W2	330 O'Riordan, Eileen (V2)	Gneeveguilla A.C.	13.14
1	W3	604 Finegan, Gerladine (V3)	Dunleer A.C.	28.73
2	W3	183 Keegan, Rosemary (V3)	Portlaois A.C.	22.75
3	W3	148 O'Sullivan, Priscilla (V3)	Bandon A.C.	17.95
1	W4	68 Herron, Danae (V4)	City of Derry A.C.	25.16
2	W4	2 Barrett, Mary (V4)	Loughrea A.C.	23.15
3	W4	382 Aston, Moira (V4)	Trim A.C.	18.81
4	W4	221 Healy, Mary (V4)	Moycarkey Coolcree A.C.	12.66
1	W5	388 Jennings, Mary (V5)	Waterford A.C.	11.78
1	W6	92 Higgins, Margaret (V6)	Corofin A.C.	13.58
1	W7	89 Gough, Terri (V7)	West Waterford A.C.	11.61
1	W9	392 Champion, Sheila (V9)	Sportsworld A.c.	8.77

HAMMER

1	W1	48 Finnegan, Toni (V1)	Rising Sun A.C.	23.30
2	W1	87 Casey, Hilary (V1)	Dundrum South Dublin A.C.	20.54
1	W2	330 O'Riordan, Eileen (V2)	Gneeveguilla A.C.	23.15
2	W2	101 Fenlon, Verena (V2)	St. Joseph's A.C.	20.74
1	W3	148 O'Sullivan, Priscilla (V3)	Bandon A.C.	32.79
2	W3	77 Glanton, Maureen (V3)	Skibbereen A.C.	32.76
1	W4	382 Aston, Moira (V4)	Trim A.C.	30.45
1	W5	29 Moore-Fox, Lucy (V5)	Dundrum South Dublin A.C.	27.32
2	W5	47 Finnegan, Ebhanna (V5)	Rising Sun A.C.	18.10
1	W6	270 Evans, Dolores (V6)	Fingallians A.C.	17.16
2	W6	92 Higgins, Margaret (V6)	Corofin A.C.	15.51
1	W7	194 Mansfield, Frances (V7)	Clonliffe Harriers A.c.	16.72
2	W7	89 Gough, Terri (V7)	West Waterford A.C.	16.61