

National Indoor League		
AIT International Arena - 5th January, 2014		
Men's 60 m		
Place	Name	Club
1	Ger O'Donoghue	An Ríocht A.C.
2	Kourosh Foroughi	Star of the Sea A.C.
3	Nick Ennis	Crusaders A.C.
4	Conor Daly	St. Abbans A.C.
1	Scott Gibson	Bandon A.C.
2	Paul Byrne	St. Abbans A.C.
3	Michael Deady	Menapians A.C.
4	Michael Fasole	Le Cheile A.C.
5	David Hayde	St. L. O'Toole A.C.
6	Dale Murphy	Menapians A.C.
7	Shane Sheridan	Dundrum South Dublin A.C.
1	Aran Meyler	Menapians A.C.
2	Shaun Donohue	Menapians A.C.
3	Joey Henchy	Bandon A.C.
4	Lyle Hood	Naas A.C.
5	Tomás Griffin	An Ríocht A.C.
6	Denis Brophy	St. Abbans A.C.
7	Daniel Gillen	St. L. O'Toole A.C.
1	Daniel Kavanagh	Clonliffe Harriers A.C.
2	Tony Stafford	Menapians A.C. 'A'
3	Eoghan Buggy	St. Abbans A.C.
4	Conor Bracken Price	Naas A.C.
5	Mikey Cullen	Menapians A.C.
6	William O'Connor	An Ríocht A.C.
7	Cathal McElgunn	Carrick-on-Shannon A.C.
8	Daniel Hathaway	Bandon A.C.
1	Jamie Davis	Raheny Shamrock A.C.
2	Tony Stafford	Menapians A.C. 'A'
3	Garret Dunne	Crusaders A.C.
4	Danny Ikeh	Limerick A.C. 'A'
5	Simon Murphy	Le Cheile A.C. 'A'
6	David Rafter	Kilkenny City Harriers A.C.
1	David, Hynes	Menapians A.C. 'B'
2	Barry Regan	St. Abbans A.C.
3	Ogbene Kaddichinma	Leevale A.C.
4	John Cormican	Craughwell A.C.
5	Sean Flanagan	Le Cheile A.C. 'B'
Men's 60 m - Race 2		
Place	Name	Club
1	David Hynes	Menapians A.C.
2	Jamie Davis	Raheny Shamrock A.C.
3	Aran Meyler	Menapians A.C.

4	Daniel Kavanagh	Clonliffe Harriers A.C.	7.22
5	Tony Stafford	Menapians A.C. 'A'	7.28
	Shaun Donohue	Menapians A.C.	DQ
	Conor Wilson	Menapians A.C. 'A'	DQ
1	Nick Ennis	Crusaders A.C.	7.4
2	Roland Pike	Limerick A.C. 'A'	7.47
3	Lyle Hood	Naas A.C.	7.56
4	Danny Ikea	Limerick A.C.	7.61
5	Shane Sheridan	Dundrum South Dublin A.C.	8.02
6	Kevin Roche	Le Cheile A.C.	8.31
7	David Rafter	Kilkenny City Harriers A.C.	8.32
1	Joey Henchy	Bandon A.C.	7.31
2	Keith Smith	Menapians A.C. 'B'	7.43
3	Conor Bracken Price	Naas A.C.	7.44
4	Michael Deady	Menapians A.C.	7.51
5	Tomás Griffin	An Ríocht A.C.	7.64
6	Daniel Hathaway	Bandon A.C.	7.68
	Scott Gibson	Bandon A.C.	DQ
1	Michael Fasole	Le Cheile A.C.	7.4
2	Garret Dunne	Crusaders A.C.	7.63
3	Cathal McElgunn	Carrick-on-Shannon A.C.	7.64
4	David Hayde	St. L. O'Toole A.C.	7.68
5	Dale Murphy	Menapians A.C.	7.8
6	Thomas Connolly	Le Cheile A.C. 'A'	7.9
7	Simon Murphy	Le Cheile A.C.	7.94
	Men's 60 m Hurdles		
	Place Name	Club	Time
1	Ian McDonald	Crusaders AC	8.34
2	David McCarthy	Le Cheile AC	8.87
3	Michael Bowler	KCH AC	8.97
4	Sean Gill	Rahney Shamrock AC	9.61
5	Kevin Grant	Limerick AC	9.86
6	Aran Meyler	Menapians AC	10.27
1	Eoin Kelly	St Abbans	8.73
2	Keith Smith	Menapians AC B	9.19
3	Kevin Roche	Le Cheile AC	12.14
1	Paul Byrne	St Abbans AC	8.76
2	Eoin Power	St Josephs	8.85
3	Kourosh Foughi	Star of the Sea AC	15.64
	Men's 60m Hurdles Round 2		
	Ian McDonald	Crusaders AC	8.33
	Eoin Power	St Joseph's AC	8.96
	Men's 800 m		
	Place Name	Club	Time
1	Robert Tully	Star of the Sea A.C.	1.52.0H

Men's Shot Putt			
Place	Name	Club	Dist(m)
1	Eoin Moylan	Crusaders A.C.	11.98
2	Michael McCarthy	Le Cheile A.C. 'A'	11.48
3	David Frattaroli	Limerick A.C. 'A'	10.55
4	Kevin Grant	Limerick A.C. 'B'	9.73
5	Brian Hovan	Raheny Shamrock A.C.	9.56
6	Eoghan Buggy	St. Abbans A.C.	9.07
7	Ogbene Kaodichinna	Leevale A.C.	8.26
8	Dale Murphy	Menapians A.C. 'B'	7.04
9	Conor Wilson	Menapians A.C. 'A'	6.82
10	Kevin Roche	Le Cheile A.C. 'B'	6.68
11	David Rafter	Kilkenny City Harriers A.C.	6.17
Men's Pole Vault			
Place	Name	Club	Hgt(m)
1	Stuart Greene	Raheny Shamrock A.C.	4.4
2	Michael Bowler	Kilkenny City Harriers A.C.	3.6
3	Conor Daly	St. Abbans A.C.	3
3	Brian Flynn	Lusk A.C.	3
5	Kevin Grant	Limerick A.C. 'A'	3
6	David Mc Carthy	Le Cheile A.C. 'B'	2.6