

**National Inter Club Indoor  
League  
16th March 2014  
AIT International Arena**

Senior Men's 60 m Hurdles			
Place	Name	Club	Time
1	Ger Cremin	An Ríocht A.C.	9.55
2	Damian Walsh	Menapians A.C.	10.27
1	Ian McDonald	Crusaders A.C.	8.28
2	Edmond O'Halloran	Leevale A.C.	8.59
3	David McCarthy	Le Cheile A.C.	8.60
4	Paul Byrne	St. Abbans A.C.	8.83
5	Keith Smith	Menapians A.C.	9.12
6	Kevin Grant	Limerick A.C.	9.56
7	Sean Gill	Raheny Shamrock A.C.	9.73
Senior Men's 60 m			
Place	Name	Club	Time
1	Jamie Davis	Raheny Shamrock A.C.	7.05
2	David Tobin	Trim A.C.	7.29
3	Brendan Doyle	Raheny Shamrock A.C.	7.38
4	Dylan Archibold	Raheny Shamrock A.C.	7.45
5	Rory Kedney	Menapians A.C.	7.45
6	Michael Hynes	Raheny Shamrock A.C.	7.46
7	Colm Burke	Sligo A.C.	7.48
1	Sean O'Driscoll	Raheny Shamrock A.C.	7.24
2	Conor Duggan	Craughwell A.C.	7.26
3	Aidan Conneely	Craughwell A.C.	7.34
4	Michael Deady	Menapians A.C.	7.46
5	Adam Cox	Raheny Shamrock A.C.	7.56
6	Ger Cremin	An Ríocht A.C.	7.65
1	David Hynes	Menapians A.C.	6.92
2	Barry Regan	St. Abbans A.C.	7.07
3	Benjamin Guillou	Leevale A.C.	7.12
4	Nick Ennis	Crusaders A.C.	7.29
5	Daniel Ikeh	Limerick A.C.	7.58
6	Simon Murphy	Le Cheile A.C.	7.91
	Jamie Davis	Raheny Shamrock A.C.	DQ
Senior Men's 200 m			
Place	Name	Club	Time
1	Eoin Muldowney	Castlecomer A.C.	22.82
2	Tony Stafford	Menapians A.C.	22.93
3	Michael Hynes	Raheny Shamrock A.C.	23.10
4	Aidan Conneely	Craughwell A.C.	23.45
5	Rory Kedney	Menapians A.C.	23.83
6	Adam Cox	Raheny Shamrock A.C.	24.82
1	David Quilligan	Leevale A.C.	22.03
2	Jamie Davis	Raheny Shamrock A.C.	22.09
3	David Hynes	Menapians A.C.	22.16
4	Barry Regan	St. Abbans A.C.	22.90
5	Nick Ennis	Crusaders A.C.	23.16

6	Thomas Connolly	Le Cheile A.C.	24.60
7	Daniel Ikeh	Limerick A.C.	24.94
Senior Men's 400 m			
Place	Name	Club	Time
1	Conor Duggan	Craughwell A.C.	52.22
2	Mikey Cullen	Menapians A.C.	52.42
3	Eoin Muldowney	Castlecomer A.C.	52.90
4	Sean Gill	Raheny Shamrock A.C.	52.90
	Eoghan Courtney	St. Brendan's (Kerry) A.C.	DNS
1	David McCarthy	Le Cheile A.C.	49.10
2	Kieran Kelly	Raheny Shamrock A.C.	49.24
3	Thomas O'Sullivan	Leevale A.C.	50.14
4	Conor Wilson	Menapians A.C.	51.80
5	Garret Dunne	Crusaders A.C.	52.29
6	Jack Broderick	Limerick A.C.	53.66
7	Cormac Kelly	St. Abbans A.C.	54.24
Senior Men's 800 m			
Place	Name	Club	Time
1	Robert Tully	Star of the Sea A.C.	1.53.23
2	Peadar Harvey	Craughwell A.C.	1.57.21
3	Oisin O'Callaghan	Newry A.C.	2.00.27
	Pierre Murchant	Celtic A.C.	DNS
1	Brian Kelly	St. Abbans A.C.	1.54.75
2	Conor Walter	Leevale A.C.	1.55.52
3	Kevin Woods	Crusaders A.C.	1.55.68
4	Feidhlim Kelly	Raheny Shamrock A.C.	1.56.47
5	Conall Hayes	Le Cheile A.C.	2.01.86
6	Conor Gaffney	Menapians A.C.	2.12.82
7	Robin Gremmel	Limerick A.C.	2.16.97
Senior Men's 1500 m			
Place	Name	Club	Time
1	Kevin Kelly	St. Coca's A.C.	4.00.78
2	Peter O'Sullivan	Loughrea A.C.	4.05.93
1	James Grufferty	Leevale A.C.	4.04.97
2	Cormac Kelly	St. Abbans A.C.	4.08.82
3	Eoin Strutt	Raheny Shamrock A.C.	4.12.28
4	Martin Horan	Le Cheile A.C.	4.20.08
5	Sean Murphy	Crusaders A.C.	4.21.47
6	Robin Gremmel	Limerick A.C.	4.32.79
7	Conor Gaffney	Menapians A.C.	5.00.56
Senior Men's High Jump			
Place	Name	Club	Hgt(m)
1	Sam Healy	Leevale A.C.	1.90
2	Kevin Grant	Limerick A.C.	1.85
3	Conor Daly	St. Abbans A.C.	1.75
4	Ian Graham	Raheny Shamrock A.C.	1.75
5	Keith Smith	Menapians A.C.	1.65
6	Patrick Saunders	Crusaders A.C.	1.50

6	Thomas Connolly	Le Cheile A.C.	1.50
Senior Men's Long Jump			
Place	Name	Club	Dist(m)
1	David Quilligan	Leevale A.C.	6.92
2	David Tobin	Trim A.C.	6.80
3	Eoin Kelly	St. Abbans A.C.	6.58
4	Keith Smith	Menapians A.C.	6.51
5	Luc Ballantini	Raheny Shamrock A.C.	6.33
6	Niall Counihan	Limerick A.C.	6.15
7	Thomas Connolly	Le Cheile A.C.	5.52
8	Joseph Spratt	Limerick A.C.	4.89
9	Sean Murphy	Crusaders A.C.	4.38
Senior Men's Triple Jump			
Place	Name	Club	Dist(m)
Senior Men's Shot Putt			
Place	Name	Club	Dist(m)
1	Eoin Moylan	Crusaders A.C.	11.87
2	Dave Frattaroli	Limerick A.C.	10.29
3	Brian Hayes	Leevale A.C.	9.92
4	Bríon Hoban	Raheny Shamrock A.C.	9.92
5	Conor Daly	St. Abbans A.C.	8.91
6	Richard McCarthy	Le Cheile A.C.	8.05
7	Michael Deady	Menapians A.C.	6.29
Senior Men's Pole Vault			
Place	Name	Club	Hgt(m)
1	Stuart Greene	Raheny Shamrock A.C.	4.30
2	Benjamin Guillou	Leevale A.C.	3.70
3	James Delaney	St. Abbans A.C.	3.50
4	Kevin Grant	Limerick A.C.	3.30
5	Michael McCarthy	Le Cheile A.C.	2.10
Senior Women's 60 m Hurdles			
Place	Name	Club	Time
1	Neasa Millet	St. Abbans A.C.	9.19
2	Jayne Pennefather	Leevale A.C.	9.37
3	Orla Furney	Menapians A.C.	10.02
4	Sarah Finnegan	Craughwell A.C.	10.04
5	Ruth Larragy	Le Cheile A.C.	10.32
6	Maeve Sheehan	Raheny Shamrock A.C.	10.79
Senior Women's 60 m			
Place	Name	Club	Time
6	Jane Shovlin	Menapians A.C.	8.36
	Therese O'Brien	Limerick A.C.	DNS
1	Shona Lowe	Leevale A.C.	7.92
2	Annie Stafford	Menapians A.C.	7.93
3	Katie Brennan	St. Abbans A.C.	8.05
4	Orla Comerford	Raheny Shamrock A.C.	8.18

5	Tara McNally	Craughwell A.C.	8.26
7	Kate Fitzgerald	Limerick A.C.	8.73
8	Martina Murphy	Le Cheile A.C.	8.82
Senior Women's 200 m			
	Place Name	Club	Time
1	Sinead Treacy	Craughwell A.C.	25.44
2	Annie Stafford	Menapians A.C.	25.82
3	Shona Lowe	Leevale A.C.	26.36
4	Katie Brennan	St. Abbans A.C.	27.39
5	Victoria Dwyer	Raheny Shamrock A.C.	27.88
6	Kate Fitzgerald	Limerick A.C.	29.22
7	Brid Kenny	Le Cheile A.C.	29.25
Senior Women's 400 m			
	Place Name	Club	Time
1	Alanna (Guest) Lill	Galway City Harriers A.C.	57.14
1	Nessa Millet	St. Abbans A.C.	57.56
2	Jessica Neville	Leevale A.C.	57.72
3	Sinead Treacy	Craughwell A.C.	59.50
4	Orla Furney	Menapians A.C.	61.31
5	Orla Kinsella	Le Cheile A.C.	66.53
6	Sarah Mangan	Limerick A.C.	67.10
Senior Women's 800 m			
	Place Name	Club	Time
1	Niamh Donnelly	Dublin City Harriers A.C.	2.19.5H
2	Aoife Ní Bhroin	Dublin City Harriers A.C.	2.25.7H
	Alison Armstrong	Celtic A.C.	DNS
1	Louise Shanahan	Leevale A.C.	2.11.2H
2	Siobhan Eviston	Raheny Shamrock A.C.	2.11.5H
3	Lauren Kealy	St. Abbans A.C.	2.28.1H
4	Rachel Finnegan	Craughwell A.C.	2.33.4H
5	Vicky Taylor	Le Cheile A.C.	2.35.6H
6	Catherine O'Connor	Menapians A.C.	3.10.2H
	Sarah Mangan	Limerick A.C.	DNS
Senior Women's 1500 m			
	Place Name	Club	Time
1	Alison Armstrong	Celtic A.C.	4.56.68
2	Sinead Cronin	Dublin City Harriers A.C.	5.00.66
	Aislinn Moorehouse	Dublin City Harriers A.C.	DNS
1	Claire McSweeney	Leevale A.C.	4.27.80
2	Ciara Greene	Craughwell A.C.	5.23.97
3	Maire Griffith	St. Abbans A.C.	5.26.04
4	Sinead Leavy	Le Cheile A.C.	5.30.94
5	Catherine O'Connor	Menapians A.C.	6.17.20
Senior Women's High Jump			
	Place Name	Club	Hgt(m)
1	Catriona Farrell	Craughwell A.C.	1.70
1	Katie O'Donoghue	Craughwell A.C. Guest	1.55

2 Ailbhe Murphy	Raheny Shamrock A.C.	1.55
2 Orla Ryan	Craughwell A.C. Guest	1.45
3 Jayne Pennefather	Leevale A.C.	1.45
4 Ruth Larragy	Le Cheile A.C.	1.40
5 Kate Fitzgerald	Limerick A.C.	1.20
Senior Women's Long Jump		
Place Name	Club	Dist(m)
1 Cathriona Farrell	Craughwell A.C.	5.02
2 Neasa Millet	St. Abbans A.C.	4.98
3 Jayne Pennefather	Leevale A.C.	4.84
4 Brid Kenny	Le Cheile A.C.	4.68
5 Jane Shovlin	Menapians A.C.	4.65
6 Maeve Sheehan	Raheny Shamrock A.C.	4.23
7 Sarah Mangan	Limerick A.C.	3.13
Senior Women's Triple Jump		
Place Name	Club	Dist(m)
1 Sarah Finnegan	Craughwell A.C.	10.20
2 Brid Kenny	Le Cheile A.C.	9.65
3 Jane Shovlin	Menapians A.C.	9.64
4 Maeve Sheehan	Raheny Shamrock A.C.	9.18
5 Lorraine Carr	Leevale A.C.	8.71
6 Shauna Daly	St. Abbans A.C.	8.67
7 Anna (Guest) Daly	St. Abbans A.C.	8.05
Senior Women's Shot Putt		
Place Name	Club	Dist(m)
1 Anne-Marie (3kg) Tor	Fingallians A.C.	12.63
1 Alana Frattaroli	Limerick A.C.	11.74
2 Shauna Daly	St. Abbans A.C.	10.12
3 Zoe Brown	Raheny Shamrock A.C.	9.66
4 Tara McNally	Craughwell A.C.	7.14
5 Lorraine Carr	Leevale A.C.	6.46
6 Lisa Dixon	Le Cheile A.C.	6.30
7 Katie Young	Menapians A.C.	5.68
Senior Women's Pole Vault		
Place Name	Club	Hgt(m)
1 Claire Wilkinson	Ballymena & Antrim A.C.	3.70
2 Ruth Larragy	Le Cheile A.C.	2.50
3 Emma Daly	St. Abbans A.C.	1.90