

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	Robert	Staunton	Galway City Harriers	54	23/05/1974	M35	02:34:30
2	Fergal	Whitty	Donore Harriers	4802	30/04/1975	M35	02:34:33
3	Rob	Cross	Crusaders AC	1135	15/06/1973	M35	02:36:31
4	John	Byrne	Mayo A.C.	3915	31/03/1975	M35	02:37:24
5	Eoin	Brennan	Tallaght A.C.	4864	25/06/1976	M35	02:38:44
6	Martin	Rea	North Belfast Harriers	2107	23/11/1975	M35	02:39:32
7	Don	Travers	Newry City Runners	53	27/11/1974	M35	02:39:56
8	Paddy	o'Toole	Mayo A.C.	4107	23/07/1976	M35	02:41:29
9	David	Ryan	Clonmel A.C	2660	28/01/1973	M35	02:42:50
10	Richard	Gorman	Sligo A.C	4308	29/12/1975	M35	02:43:42
11	David	Kirwin	Raheny Shamrocks	898	04/04/1977	M35	02:44:45
12	Christopher	Muldoon	Clonliffe Harriers	4061	11/04/1975	M35	02:45:48
13	Derek	Okeeffe	Eagle A.C.	4064	02/07/1974	M35	02:48:39
14	Hugh	Hunt	Rathfarnham WSAF	4918	09/02/1976	M35	02:49:53
15	Paul	Moran	Kilkenny City Harriers	1967	29/03/1974	M35	02:50:30
16	Brian	Murphy	St Finbarrs A.C.	4405	02/01/1973	M35	02:52:54
17	Shane	Mc Carthy	Celbridge A.C	505	02/12/1972	M35	02:53:08
18	Michal	Rejmer	Dooneen AC	4247	11/04/1977	M35	02:53:30
19	Jim	O' Malley	Sliabh Buidhe Rovers	3191	16/04/1977	M35	02:53:35
20	Padraig	Marrey	Ballinrobe	4801	04/10/1972	M35	02:54:16
21	Niall	Gorham	North East Runners	3661	23/03/1976	M35	02:54:53
22	John	O' Neill	Star of the Sea A.C.	4088	15/10/1976	M35	02:55:42
23	Trevor	Mason	West Waterford A.C	4439	27/07/1973	M35	02:55:57
24	Ray	Somers	Athenry AC	4898	14/12/1976	M35	02:56:13
25	Derek	Walsh	Carrick on Suir A.C.	3714	25/05/1977	M35	02:56:15
26	Christian	Mc Ginley	Inishowen A.C.	2662	11/11/1973	M35	02:56:30
27	Pat	Purcell	Kilkenny City Harriers	3594	03/04/1975	M35	02:57:12
28	Brendan	Buck	Parnell AC	4167	19/10/1974	M35	02:57:21
29	Simon	Allen	North East Runners	2527	18/09/1973	M35	02:57:50
30	Damian	Kehoe	Raheny Shamrocks	4244	22/01/1976	M35	02:58:17
31	Pat	O' Reilly	Thomastown AC	1555	16/08/1973	M35	02:58:31
32	Michael	Clancy	Mallow AC	1702	16/12/1974	M35	02:58:40
33	Richie	O' Donnell	B.M.O.H Athletic Club	4882	29/03/1977	M35	02:58:58
34	Maurice	Mc Mahon	North East Runners	4712		M35	02:59:17
35	Gearoid	Healy	Tuam A.C.	3099	23/04/1974	M35	02:59:21
36	Raymond	Carolan	Carrick Aces A.C.	3769	20/09/1974	M35	02:59:22
37	Damien	Monaghan	Mullingar Harriers	3681	04/05/1973	M35	02:59:23
38	Mark	Mc Cann	Mullingar Harriers	2135	11/05/1976	M35	02:59:24
39	Brian	Grehan	Crusaders AC	3868	05/07/1973	M35	02:59:29
40	Derek	Mc Keown	North East Runners	2672	26/02/1973	M35	02:59:36
41	Eoin	Field	St Finbarrs A.C.	641	01/02/1974	M35	02:59:38
42	Michael	Logue	Rosses AC	3692	29/03/1974	M35	02:59:40
43	Noel	Daly	Mallow AC	1767	24/07/1973	M35	02:59:43
44	Seamus	Duggan	Templemore AC	2342	14/10/1974	M35	02:59:52
45	Greg	Fitzsimons	Raheny Shamrocks	383	22/02/1972	M35	03:00:24
46	Conor	Mooney	Tullamore Harriers	1634	10/03/1977	M35	03:00:24
47	Malcolm	Mc Gee	Inishowen A.C.	2376	23/07/1975	M35	03:00:24
48	Eddie	Fox	Donadea Running Club	1048	05/03/1977	M35	03:00:28
49	John	Linnane	Sportsworld A.C.	1048	03/12/1974	M35	03:00:28
50	Terry	Canning	Omagh Harriers	871	23/06/1972	M35	03:00:42
51	Pat	Nolan	Waterford A.C.	4577		M35	03:01:02
52	Aaron	Turner	Athenry AC	2338	06/03/1977	M35	03:01:09
53	Ivan	Eustace	Clonliffe Harriers	3582	03/03/1974	M35	03:02:24
54	Padraig	Friel	Letterkenny A.C.	568	21/05/1976	M35	03:03:18
55	Patrick	Sharkey	Longford AC	3975	03/10/1976	M35	03:03:21
56	Justin	Delmer	Newbridge AC	4190	07/06/1973	M35	03:05:04
57	Quinton	Bourke	Trim AC	2193	13/09/1975	M35	03:05:09
58	Terry	Keogh	Raheny Shamrocks	1114	24/09/1973	M35	03:05:14
59	Oliver	Kearney	Donadea Running Club	2344	11/11/1972	M35	03:05:54
60	John	Browne	Clonmel A.C	4055	15/08/1973	M35	03:05:56

61	Stephen	Stokes	Newry City Runners	4584	03/02/1973	M35	03:06:28
62	Jonathan	Hill	Sligo A.C	1569	27/05/1974	M35	03:06:42
63	Jason	Ratcliffe	Lagan Valley Athletics Club	1397	15/05/1975	M35	03:06:44
64	Tom	Leahy	West Waterford A.C	3119	10/08/1977	M35	03:06:49
65	Paul	O' Meara	Crusaders AC	2877	02/11/1972	M35	03:06:50
66	Ian	O' Kelly	Tullamore Harriers	2381	25/11/1972	M35	03:07:21
67	Steve	Connolly	Dublin Front Runners AC	2450	28/02/1975	M35	03:07:40
68	Patban	Gallagher	Inishowen A.C.	2621	20/03/1974	M35	03:08:12
69	Bobby	Redmond	Slaney Olympic	2979	28/02/1977	M35	03:08:46
70	Paul	Browne	Slaney Olympic	3144	31/12/1973	M35	03:08:46
71	Johann	Dewberry	Kilkenny City Harriers	2202	19/11/1973	M35	03:08:47
72	Mark	Duffy	Ballymena & Antrim	2119	04/06/1977	M35	03:09:18
73	Brian	Kelly	Brow Rangers	1870	11/05/1976	M35	03:09:59
74	Ciaran	Smylie	Banbridge Athletic club	4297	05/07/1976	M35	03:10:58
75	Sean	Murray	Tallaght A.C.	1782	08/10/1972	M35	03:11:21
76	Seamus	Moore	Dublin Front Runners AC	1577	17/09/1974	M35	03:11:42
77	Fergus	Keenan	Clonliffe Harriers	4125	26/10/1974	M35	03:11:50
78	John	Fogarty	Thurles Crokes A.C.	17721		M35	03:12:12
79	Fintan	Crehan	Dunboyne AC	3021	21/03/1974	M35	03:12:44
80	Elton	Chambers	Tracton AC	4472	10/02/1976	M35	03:13:20
81	Fergus	Murphy	Slaney Olympic	1748	22/05/1976	M35	03:13:22
82	David	Mc Connell	Waterford A.C.	2561	10/06/1976	M35	03:13:28
83	Brian	Kennedy	B.M.O.H Athletic Club	4134	02/11/1975	M35	03:13:30
84	Pat	Grant	Waterford A.C.	517	26/03/1977	M35	03:13:52
85	Michael	Hayes	Tramore AC	1845	07/05/1975	M35	03:13:52
86	Patrick	Walshe	Mayo A.C.	605		M35	03:13:58
87	David	Mc Geough	Star of the Sea A.C.	1416	30/05/1974	M35	03:14:04
88	Ossian	Geraghty	Sligo A.C	1890	01/01/1975	M35	03:14:05
89	Michael	Mc Neela	Mayo A.C.	4282	21/03/1974	M35	03:14:08
90	Niall	Callanan	Craughwell A.C.	3481	27/08/1975	M35	03:14:22
91	William	Morris	Rathfarnham WSAF	4172	03/06/1976	M35	03:14:22
92	Donal	O' Sullivan	Clonakilty Road Runners	4382	24/04/1976	M35	03:14:41
93	Paul	Diver	Newbridge AC	3757	06/09/1973	M35	03:14:43
94	Shane	Hunt	Celbridge A.C	2264	19/07/1977	M35	03:15:26
95	Paul	Larkins	Crusaders AC	3062	22/05/1975	M35	03:15:34
96	Emmet	Ronan	Midleton A.C.	3651	09/05/1974	M35	03:16:09
97	Seamus	Ward	Carrick Aces A.C.	3793		M35	03:16:13
98	David	Drohan	Waterford A.C.	1977	31/01/1973	M35	03:17:12
99	David	Oneill	Galway City Harriers	3722	17/06/1976	M35	03:18:00
100	Hubert	Brennan	Maree AC	3608	17/01/1973	M35	03:18:06
101	Ray	Martin	Tullamore Harriers	3203	26/07/1975	M35	03:18:33
102	Fergus	O' Toole	Newbridge AC	2172	28/05/1977	M35	03:19:03
103	Peter	Kiely	Clonmel A.C	2146	20/09/1975	M35	03:19:14
104	Frank	Moran	Clonmel A.C	3580	20/12/1975	M35	03:19:31
105	Adrian	Callaghan	Letterkenny A.C.	2507	30/10/1972	M35	03:19:50
106	Anthony	Kennedy	Glencruisers AC	3231	23/07/1974	M35	03:20:05
107	Gary	Farrell	Gowran A.C.	3988	14/08/1973	M35	03:20:08
108	Frank	Lynch	Clonmel A.C	3232	08/05/1973	M35	03:20:30
109	Andrew	Linsley	Trim AC	1687	12/10/1975	M35	03:21:08
110	Eddie	Knowles	Clonakilty Road Runners	2417	02/09/1974	M35	03:21:23
111	Mark	Serviss	Tullamore Harriers	1069	30/04/1977	M35	03:21:25
112	Sean	Allis	Clonakilty Road Runners	4157	05/06/1973	M35	03:21:32
113	Kieran	Guiry	Athenry AC	883	07/06/1973	M35	03:21:34
114	Fergal	Foley	Bagenalstown A.C	3168	09/04/1973	M35	03:21:47
115	Brian	Maher	Slaney Olympic	3833	27/05/1975	M35	03:22:34
116	Cormac	O' Ceallaigh	Parnell AC	4483	25/01/1973	M35	03:22:57
117	Shaun	Mc Laughlin	Inishowen A.C.	4137		M35	03:23:59
118	Terence	Mathers	Newry City Runners	11585	27/12/1972	M35	03:24:19
119	David	Bolger	Civil Service Harriers	3335	07/08/1976	M35	03:24:30
120	Donail	Jacobs	Tullamore Harriers	12237		M35	03:24:54
121	Tadhg	Ryan	Bros Pearse A.C.	1518	03/11/1976	M35	03:25:16
122	Karl	O' Toole	Tallaght A.C.	769	20/08/1973	M35	03:25:27
123	Conor	Flaherty	Duleek & District AC	9019	27/11/1972	M35	03:25:39

124	Patrick	Cassidy	Carrick Aces A.C.	1814	01/12/1975	M35	03:25:42
125	Thomas	Farrelly	Drogheda & District AC	2879	25/11/1973	M35	03:25:51
126	Ray	O'Riordan	Thurles Crokes A.C.	2650		M35	03:26:00
127	Raymond	O' Riordan	Thurles Crokes A.C.	2650	08/04/1976	M35	03:26:00
128	Kevin	Hamill	North East Runners	3968	11/01/1973	M35	03:26:27
129	Cormac	Cranney	Newry City Runners	4601	24/09/1973	M35	03:26:33
130	Killian	Deasy	Clonakilty Road Runners	4475	17/07/1975	M35	03:26:49
131	Mick	Chawke	Drogheda & District AC	3537	27/12/1976	M35	03:26:57
132	Brian	Moore	Star of the Sea A.C.	3918	14/07/1976	M35	03:27:36
133	Seamus	Somers	Sligo A.C	2357	16/06/1973	M35	03:27:57
134	Brian	Rodgers	Dunshaughlin AC	3588	30/01/1974	M35	03:28:14
135	Gerard	Mc Namara	North Belfast Harriers	4915	15/12/1972	M35	03:28:49
136	Garret	Byrne	West Waterford A.C	3936	26/02/1976	M35	03:29:08
137	Eugene	Mann	Tullamore Harriers	2431	20/09/1972	M35	03:29:12
138	Kieran	Brett	South Sligo AC	2235	27/04/1973	M35	03:29:26
139	Gary	Keogan	Bohermeen A.C.	3938	24/09/1977	M35	03:29:36
140	Gavin	Moutray	Rathfarnham WSAF	1650	24/04/1973	M35	03:29:46
141	Paul	Campbell	Crusaders AC	887	26/08/1972	M35	03:29:47
142	Kevin	Roche	Le Cheile A.C.	2610	18/03/1975	M35	03:29:47
143	Brian	O' Donnell	Athenry AC	1901	05/10/1976	M35	03:29:53
144	Brian	Carroll	Clonmel A.C	3426	07/03/1973	M35	03:30:02
145	Eoin	Ryan	DMP AC Wexford	1004	08/01/1975	M35	03:30:10
146	Richard	Beades	Donore Harriers	2818	10/03/1976	M35	03:30:23
147	Shane	Rooney	Dublin Front Runners AC	8002	13/07/1974	M35	03:30:24
148	Eugene	O' Neill	Dublin Front Runners AC	2274	04/03/1973	M35	03:32:14
149	Barry	Cullen	Tallaght A.C.	3982	09/06/1973	M35	03:32:39
150	George	Livanos	Athenry AC	2549	12/11/1974	M35	03:32:44
151	Sean	Coughlan	BALLYMORE COBH	2688	12/09/1974	M35	03:33:15
152	Scott	Willoughby	Dunboyne AC	3574	10/10/1977	M35	03:33:57
153	Martin	O' Hara	Athenry AC	675	13/06/1973	M35	03:34:04
154	Denis	Mc Caul	Sportsworld A.C.	4922	13/12/1973	M35	03:34:13
155	Jim	Barry	West Waterford A.C	2311	04/02/1976	M35	03:35:49
156	Paudie	Meehan	Templemore AC	4321	05/05/1977	M35	03:36:00
157	Michael	Geary	Midleton A.C.	2286	31/08/1975	M35	03:36:14
158	Lorne	Gallagher	Raheny Shamrocks	1947	11/11/1974	M35	03:36:25
159	Kevin	Kelly	Omagh Harriers	7689	10/07/1975	M35	03:36:54
160	Paul	Walsh	Templemore AC	3676	16/01/1974	M35	03:38:30
161	Paddy	Clarke	Templemore AC	4222	01/01/1973	M35	03:38:30
162	David	Allen	Donadea Running Club	2717	11/01/1975	M35	03:38:51
163	Seamus	Kiernan	Mullingar Harriers	3758	10/05/1976	M35	03:39:15
164	Ultan	Mc Guckin	Raheny Shamrocks	3095	23/04/1977	M35	03:39:36
165	Canice	Nichoas	Tir Chonaill AC	889	02/10/1974	M35	03:40:33
166	Peter	Ryan	Dublin Front Runners AC	2305	13/06/1975	M35	03:41:05
167	Gerard	Mc Namara	Dooneen AC	4511	23/12/1974	M35	03:41:17
168	Martin	Cotter	South Galway AC	7052	22/01/1976	M35	03:41:30
169	Alphonsus	Heneghan	Loughrea AC	2331	27/04/1976	M35	03:42:01
170	John	Twomey	Clonakilty Road Runners	1633	15/04/1976	M35	03:42:33
171	Robbie	Marsh	Newry City Runners	11574	10/07/1975	M35	03:43:38
172	Terry	Meyler	Lucan Harriers	9444	15/08/1976	M35	03:43:42
173	Paul	Whelan	Dooneen AC	8146	10/04/1977	M35	03:43:52
174	Larry	Boyle	Le Cheile A.C.	1137	12/11/1973	M35	03:43:54
175	Brendan	Kidney	BALLYMORE COBH	2689	10/07/1977	M35	03:43:57
176	Peter	Reilly	Longford AC	4952	30/04/1976	M35	03:44:13
177	Martin	Gillen	Lanesboro	2766	06/04/1976	M35	03:44:16
178	Michael	Mc Hugh	Milford Athletic Club	2731	13/06/1974	M35	03:44:17
179	Graham	O' Regan	Clonmel A.C	1329	28/12/1975	M35	03:44:20
180	Nicky	Davey	Sligo A.C	4332	21/12/1973	M35	03:44:39
181	Brian	O' Donnell	Clonakilty Road Runners	1640	08/10/1973	M35	03:45:00
182	John	Fogarty	Thurles Crokes A.C.	1772		M35	03:45:40
183	Donal	Murray	St Finbarrs A.C.	7542	10/07/1976	M35	03:45:57
184	Keith	Heffernan	Ratoath AC	539	31/10/1975	M35	03:46:10
185	David	Kennedy	Kilkenny City Harriers	1677	12/01/1976	M35	03:46:12
186	Ian	Robinson	Waterford A.C.	3890	13/11/1972	M35	03:46:18

187	Jason	O' Connor	Sli Cualann AC	4955	12/04/1973	M35	03:46:20
188	Donnacha	Ryan	Midleton A.C.	3916	20/12/1973	M35	03:46:28
189	Robert	Fahey	Mayo A.C.	7438		M35	03:46:33
190	David	Carter	Crusaders AC	1192	01/02/1974	M35	03:46:55
191	Joseph	Clancy	Loughrea AC	8589	19/10/1972	M35	03:47:20
192	George	O' Grady	Waterford A.C.	2563	16/07/1973	M35	03:47:33
193	Peter	Slevin	Star of the Sea A.C.	1035	08/09/1975	M35	03:48:06
194	Pauric	Keenaghan	Tir Chonail AC	8623	23/06/1973	M35	03:48:32
195	Gavan	Doherty	Crusaders AC	3028	30/07/1973	M35	03:48:42
196	Kieran	Butterly	Portmarnock AC	1610	05/01/1975	M35	03:49:02
197	Darren	Crowley	Tramore AC	2533	27/12/1974	M35	03:49:56
198	Kevin	Connolly	Lifford AC	4356	03/08/1973	M35	03:50:22
199	Patrick	Kirwan	Sliabh Buidhe Rovers	9717	06/03/1976	M35	03:50:37
200	Bernard	Harte	South Galway AC	13954	13/09/1974	M35	03:50:37
201	Patrick	Byrne	Tullamore Harriers	1243	22/06/1973	M35	03:50:50
202	Gavin	Brown	Newry City Runners	4600	13/03/1977	M35	03:51:24
203	Gary	Reynolds	Sligo A.C	9898	13/08/1973	M35	03:52:08
204	Martin	Geraghty	St. Cocas A.C.	968	05/04/1977	M35	03:52:28
205	Brian	Lamon	Lucan Harriers	15555	16/04/1974	M35	03:52:34
206	Keith	Nolan	Ballincollog AC	2711	20/10/1973	M35	03:52:38
207	Mervin	Doyle	Stoneyford A.C.	2145	17/12/1973	M35	03:52:49
208	Eoin	Molloy	Kilkenny City Harriers	10148	28/06/1976	M35	03:53:02
209	Thomas	Gallagher	Trim AC	3340	11/03/1973	M35	03:53:12
210	Sean	Crossan	Longford AC	9463	19/02/1975	M35	03:53:59
211	Colman	O' Hanlon	Mallow AC	4019	31/07/1973	M35	03:54:44
212	Gerard	Walsh	Lake Shore Striders	10027	04/06/1976	M35	03:55:19
213	Steven	Duffy	Dublin Front Runners AC	2762	17/04/1977	M35	03:55:23
214	Terry	Gale	Lake Shore Striders	9022	22/12/1974	M35	03:55:37
215	Conor	Brady	United Striders AC	8018	23/06/1975	M35	03:55:56
216	Ben	George	Letterkenny A.C.	2592	19/11/1974	M35	03:56:12
217	Don	Golden	Donoughmore AC	2255	28/11/1974	M35	03:56:20
218	Dermot	Winters	Newry City Runners	4590	07/07/1974	M35	03:56:20
219	Karl	Gill	Tallaght A.C.	4031	07/02/1976	M35	03:57:11
220	Maurice	Carolan	Star of the Sea A.C.	8801	04/05/1974	M35	03:57:21
221	Damien	Glackin	Mayo A.C.	9685	31/03/1976	M35	03:57:39
222	Killian	Walsh	Clonakilty Road Runners	7242	02/09/1974	M35	03:57:48
223	Dermot	O' Farrell	Tramore AC	7520	30/06/1974	M35	03:57:55
224	Donall	Flanagan	Waterford A.C.	8864	02/04/1976	M35	03:58:44
225	Jakub	Splawski	Sportsworld A.C.	685	30/09/1977	M35	03:58:45
226	Mike	Griffin	Dooneen AC	7957	15/01/1976	M35	03:59:45
227	Paul	Barrell	Drogheda & District AC	6596	01/11/1972	M35	03:59:49
228	Mark	Hilliard	Clonakilty Road Runners	1106	07/11/1976	M35	03:59:51
229	Conor	Hanlon	Rosses AC	8909	08/07/1976	M35	04:00:03
230	Darren	Brennan	Lake Shore Striders	8785	24/03/1977	M35	04:00:08
231	Paul	Fegan	Newcastle ac	7670	09/11/1975	M35	04:00:19
232	Gar	O' Grady	Bros Pearse A.C.	1527	05/03/1973	M35	04:01:31
233	Martin	Whelan	Dunboyne AC	5598	14/06/1973	M35	04:01:42
234	Declan	Belton	South Galway AC	15132	02/07/1974	M35	04:01:42
235	Vincent	Martyn	South Galway AC	8212	22/08/1973	M35	04:01:46
236	Sanjaa	Chilkhaajav	Civil Service Harriers	258	10/04/1977	M35	04:02:07
237	Jer	Collins	Galtee Runners AC	9251	13/04/1975	M35	04:02:18
238	Vincent	Buckley	Donoughmore AC	8774	21/05/1973	M35	04:02:37
239	Don	Bergin	Templemore AC	2515	05/03/1973	M35	04:02:43
240	Gerry	Corley	Castlebar A.C.	6956	10/04/1975	M35	04:03:21
241	Brian	Tracey	Tallaght A.C.	5910	28/01/1974	M35	04:03:30
242	David	Glynn	Galway City Harriers	10037	27/04/1977	M35	04:03:38
243	Cathal	Power	Navy AC	13766	07/01/1975	M35	04:03:41
244	Richard	Dunne	Tallaght A.C.	4433	27/07/1977	M35	04:04:14
245	Martin	Kelleher	Clonakilty Road Runners	7835	08/09/1975	M35	04:04:32
246	Iain	Howard	Sligo A.C	10036	29/01/1974	M35	04:07:13
247	Adrian	Larkin	Tullamore Harriers	8111	26/09/1974	M35	04:09:19
248	Fintan	Mc Geough	DONAGHMOYNE HARRIERS	7778	25/12/1973	M35	04:09:23
249	Darren	Lawther	Omagh Harriers	7386	12/04/1974	M35	04:10:57

250	Gary	Murphy	Omagh Harriers	8354	15/03/1977	M35	04:11:01
251	Gerard	McAleenan	Newry City Runners	4607	22/11/1973	M35	04:12:12
252	Chris	Doherty	Newry City Runners	4599	01/12/1975	M35	04:13:16
253	Pat	Byrne	Le Cheile A.C.	9157	14/05/1973	M35	04:14:43
254	Paul	Askinss	Dooneen AC	14655	15/03/1977	M35	04:14:43
255	Keith	Horan	South Galway AC	8114	13/02/1976	M35	04:15:20
256	Paul	Davey	Crusaders AC	2125	03/06/1973	M35	04:15:38
257	Paul	Hensey	Tullamore Harriers	13635	05/11/1974	M35	04:15:52
258	Brendan	Fitzgerald	Limerick Country Club AC	9163	11/07/1976	M35	04:20:01
259	Patrick	Kelly	Athenry AC	8389	31/01/1977	M35	04:21:59
260	Niall	Bonnar	Drogheda & District AC	7682	31/01/1977	M35	04:23:28
261	Charlie	Bogue	St Finbarrs A.C.	9850	18/06/1975	M35	04:27:53
262	Seamus	Keller	Olympic Harriers	3385	08/05/1977	M35	04:28:24
263	Kevin	Teggart	Newry City Runners	11582	22/09/1975	M35	04:30:08
264	Damien	Reilly	Clones AC	1318	09/12/1972	M35	04:31:10
265	John	Gill	Ballina A.C.	15897	25/01/1976	M35	04:33:46
266	Ken	Kirwan	Bros Pearse A.C.	15780	05/10/1972	M35	04:34:50
267	Lorcan	Ryan	Dundrum South Dublin	3223	18/10/1972	M35	04:45:04
268	Brendan	Townsend	Stoneyford A.C.	9043	12/04/1974	M35	05:00:20
269	Robert	Gilbourne	Rathfarnham WSAF	2853	22/07/1976	M35	05:04:10
270	Shane	Timothy	Claremorris	15072	25/10/1976	M35	05:08:42

Place	First Name	Surname	Athletics Ireland Clubs	Place/Bib Number	Date of Birth	Age	Gun Time
1	Tommy	Mc Elwain	Sliabh Buidhe Rovers	3070	01/07/1968	M40	02:36:05
2	Thomas	Kelly	North Sligo AC	3041	23/03/1971	M40	02:38:28
3	Paul	Mc Cafferty	City of Derry A.C	851	25/12/1967	M40	02:39:22
4	Eugene	Mc Carthy	West Muskerry A.C	12206	10/09/1968	M40	02:39:42
5	Gary	Condon	Sli Cualann AC	2430	24/12/1971	M40	02:43:26
6	Niall	Mc Cabe	North East Runners	1988	15/05/1970	M40	02:45:31
7	Austin	Browne	Eagle A.C.	4106	07/10/1968	M40	02:47:37
8	Damian	Cox	Omagh Harriers	1384	26/10/1971	M40	02:48:20
9	James	Kelly	Raheny Shamrocks	4163	31/03/1969	M40	02:50:57
10	Des	Kennedy	Raheny Shamrocks	4111	18/03/1969	M40	02:51:39
11	Sean	Murphy	Trim AC	1567	14/10/1971	M40	02:51:50
12	Noel	Gibbons	Mayo A.C.	1864	24/12/1968	M40	02:51:56
13	Val	Gunner	Gowran A.C.	3841	14/02/1972	M40	02:52:36
14	Kieran	Foley	Sportsworld A.C.	3060	18/11/1967	M40	02:53:11
15	Declan	Doherty	Thurles Crokes A.C.	3602	23/07/1970	M40	02:53:14
16	Gerry	Duffy	Mullingar Harriers	2719	26/02/1968	M40	02:53:18
17	Mel	Casserly	Sligo A.C	3541	27/01/1971	M40	02:53:23
18	David	Grange	Raheny Shamrocks	3521	14/03/1971	M40	02:53:56
19	David	Gargan	Raheny Shamrocks	2004	13/07/1971	M40	02:54:26
20	Ollie	Donnelly	Mullingar Harriers	1434	04/10/1968	M40	02:55:29
21	Colin	O' Herlihy	Eagle A.C.	2252	02/02/1971	M40	02:55:40
22	Patrick	Mc Crory	Omagh Harriers	13906	16/03/1968	M40	02:55:49
23	Pat	Quill	Crusaders AC	3483	14/12/1966	M40	02:56:31
24	Finley	Weir	Waterford A.C.	1846	18/12/1971	M40	02:57:03
25	Ronan	Walsh	Raheny Shamrocks	3463	10/05/1969	M40	02:57:29
26	Paul Anthony	Cody	Kilkenny City Harriers	4421	26/01/1972	M40	02:57:40
27	Thomas	Buggle	Lucan Harriers	4252	29/03/1968	M40	02:58:11
28	Thomas	Leitch	Orangetown A.C.	778		M40	02:58:17
29	David	Leonard	Sliabh Buidhe Rovers	3907	05/11/1971	M40	02:58:39
30	Adam	Duchnicz	Midleton A.C.	4248	13/09/1972	M40	02:59:09
31	Vivian	Foley	Eagle A.C.	3179	14/04/1970	M40	02:59:43
32	Joseph	Cawley	Sli Cualann AC	89		M40	02:59:45
33	Seamus	Murphy	Gneeveguilla AC	4120	05/11/1969	M40	02:59:45
34	Fintan	Lahiffe	Kilnaboy AC	3315	07/01/1971	M40	02:59:48
35	John	Hennessy	Midleton A.C.	4906	25/07/1970	M40	02:59:55
36	Peter	Walsh	Grange Fermoy A.C.	2857	29/08/1969	M40	03:01:16
37	Ken	Mulcahy	Eagle A.C.	2541	17/08/1968	M40	03:03:28
38	Billy	Philips	Thurles Crokes A.C.	3662		M40	03:04:45
39	Billy	Phillips	Thurles Crokes A.C.	3662	18/12/1972	M40	03:04:45

40	Mark	Breen	Athenry AC	4820	10/04/1968	M40	03:05:01
41	Gary	Crossan	Letterkenny A.C.	22		M40	03:05:10
42	Joe	Kelly	Sli Cualann AC	12233		M40	03:05:28
43	Damien	Mc Sharry	Sligo A.C	4426	13/10/1968	M40	03:06:43
44	Mark	Purcell	West Limerick .A C	2902	18/03/1972	M40	03:06:50
45	Frank	Burke	Athenry AC	3313	06/11/1971	M40	03:08:18
46	Pat	Staunton	Westport AC	3405	17/11/1971	M40	03:08:37
47	Noel	Loughran	Newry City Runners	4597	05/11/1969	M40	03:08:49
48	Noel	Fox	Athenry AC	3674	30/12/1971	M40	03:09:21
49	Francis	Maunsell	Midleton A.C.	3763	04/05/1972	M40	03:10:10
50	Mickey Dan	Murtagh	Mullingar Harriers	2949	15/08/1972	M40	03:10:34
51	Fergus	Coleman	Clonakilty Road Runners	4877	01/01/1971	M40	03:10:43
52	Gearoid	Rohan	Athenry AC	1968	07/08/1972	M40	03:10:53
53	Michael	O' Sullivan	Carrick on Suir A.C.	1792	23/11/1971	M40	03:10:57
54	Kieran	Crowley	Donoughmore AC	3725	30/09/1969	M40	03:11:25
55	Peter	Carr	Newry City Runners	4587	17/02/1971	M40	03:12:33
56	Roy	Kelly	Sligo A.C	1400		M40	03:12:34
57	Paul	Mc Loughlin	DMP AC Wexford	4887	11/01/1972	M40	03:13:21
58	Susanne	Tilly	Le Cheile A.C.	662	07/02/1972	M40	03:13:23
59	Jarlath	Hynes	Le Cheile A.C.	2389	20/08/1967	M40	03:13:42
60	Pat	Owens	Drogheda & District AC	2102	06/11/1970	M40	03:13:52
61	Maurice	Whitty	Slaney Olympic	3558	07/05/1969	M40	03:13:54
62	Hans	De Raeymaeker	Clonliffe Harriers	579	15/12/1970	M40	03:13:55
63	Paudie	Oconnor	Clonmel A.C	3455	26/10/1972	M40	03:13:56
64	Mark	Corcoran	Clonmel A.C	2249	30/01/1972	M40	03:14:18
65	Liam	Byrne	Tullamore Harriers	4621		M40	03:14:22
66	Tomas	Ruane	Athenry AC	8214	14/01/1971	M40	03:14:22
67	Tom	Hughes	Star of the Sea A.C.	1959	02/10/1969	M40	03:14:24
68	Gary	Williams	Tallaght A.C.	3550	26/05/1971	M40	03:14:30
69	Tom	Micks	Ennis Track Club	3238	30/01/1972	M40	03:14:34
70	Sean	Mc Cabe	Carrick Aces A.C.	1872	03/02/1970	M40	03:14:42
71	Declan	Ryan	Dundrum South Dublin	2198	02/08/1968	M40	03:16:35
72	Frank	O' Regan	Mallow AC	3297	21/02/1970	M40	03:16:42
73	Patrick	Forde	Athenry AC	1150	15/03/1970	M40	03:16:47
74	Eamon	Dunbar	Sligo A.C	2355	30/11/1970	M40	03:16:50
75	Kieran	Mulcahy	Midleton A.C.	4455	17/08/1968	M40	03:17:11
76	Bernard	Weldon	St Michaels A.C.	3966	12/05/1969	M40	03:17:38
77	Enda	Martin	HAC	1380	15/12/1971	M40	03:18:12
78	Liam	Costello	Le Cheile A.C.	1566	25/04/1971	M40	03:18:12
79	Brendan	Savage	Newry City Runners	4591	30/12/1969	M40	03:18:38
80	Dermot	O' Sullivan	Mallow AC	2169	18/06/1969	M40	03:19:18
81	John	Morrissey	Donoughmore AC	3442	31/12/1968	M40	03:19:33
82	Don	Mahon	Trim AC	2347	25/12/1970	M40	03:19:34
83	John	O' Malley	Kilmurray/Ibrickan North Clare	427	28/02/1970	M40	03:19:49
84	John	Oleary	spa muckcross	2640	30/10/1970	M40	03:20:25
85	Adrian	Tierney	Newbridge AC	4900	23/11/1971	M40	03:20:30
86	Chris	Reidy	Waterford A.C.	1680	08/07/1971	M40	03:20:33
87	John	Gleeson	Donore Harriers	2323	10/04/1971	M40	03:21:01
88	Paul	Conroy	Raheny Shamrocks	3124	21/03/1968	M40	03:21:27
89	Kevin	Long	Dooneen AC	3333	28/11/1969	M40	03:21:31
90	Alan	Worrall	Clonliffe Harriers	3950	06/01/1970	M40	03:21:40
91	John	Mc Caughley	Midleton A.C.	2351	08/05/1971	M40	03:22:18
92	Philip	O' Toole	Tallaght A.C.	1656	27/04/1971	M40	03:22:21
93	Mark	Lenahan	Civil Service Harriers	561	17/05/1971	M40	03:22:28
94	Tony	Nevin	Craughwell A.C.	3456	11/08/1972	M40	03:22:34
95	Gerry	Flaherty	Blackrock A.C. (Dublin)	4931	03/12/1968	M40	03:22:45
96	Tom	Hession	Galway City Harriers	3665	07/10/1970	M40	03:24:08
97	Mike	Stewart	Crusaders AC	1134	19/09/1970	M40	03:25:09
98	Edmond	Nicholson	Youghal AC	4936	02/05/1972	M40	03:26:02
99	Paul	Kelly	Inbhear Dee	4354	13/08/1969	M40	03:26:05
100	P . J .	Mc Carthy	Tramore AC	1868	09/06/1970	M40	03:26:13
101	Eugene	Haigney	Omagh Harriers	3391	29/11/1971	M40	03:26:47
102	Edmond	Galvin	St Catherine's AC	3536	25/11/1971	M40	03:26:57

103	Christy	Ross	Longford AC	3017	29/03/1971	M40	03:27:20
104	Joe	Finnegan	Newry City Runners	4588	26/01/1972	M40	03:28:13
105	Denis	Looney	Eagle A.C.	1849	27/10/1967	M40	03:28:43
106	Frank	Byrnes	Craughwell A.C.	1084	17/04/1970	M40	03:28:52
107	Roger	O' Mahony	Eagle A.C.	2214	31/03/1972	M40	03:29:08
108	John	Mc Cusker	St Michaels A.C.	4027	13/02/1970	M40	03:29:47
109	Stephen	Bateson	Dunshaughlin AC	5737	17/09/1970	M40	03:29:47
110	Seamus	Morrison	Letterkenny A.C.	4476	10/11/1968	M40	03:30:15
111	Knut	Nielsen	Drogheda & District AC	3166	22/01/1970	M40	03:30:22
112	Paul	Daly	Eagle A.C.	83		M40	03:30:28
113	Chris	Murray	Bohermeen A.C.	4868	11/06/1972	M40	03:31:13
114	Stephen	Doyle	Dunboyne AC	1698	14/11/1969	M40	03:31:21
115	Ronan	Murray	Sportsworld A.C.	1404	24/02/1970	M40	03:32:05
116	Sean	Manning	Kilfinane AC	3056	11/02/1972	M40	03:32:19
117	Martin	Connolly	Stoneyford A.C.	1027	18/12/1969	M40	03:33:30
118	Kevin	Clarke	Civil Service Harriers	3691	10/03/1971	M40	03:33:42
119	Mick	Foy	Dunboyne AC	1993	15/07/1972	M40	03:33:57
120	Trevor	Mc Daid	North Leitrim AC	4081	30/05/1969	M40	03:34:06
121	Joe	Fagan	Donore Harriers	4573		M40	03:34:10
122	Alan	Maye	Na Fianna	4016	09/02/1970	M40	03:34:20
123	Pat	Mc Donagh	Athenry AC	1969	15/11/1967	M40	03:34:59
124	Brendan	Fox	Lucan Harriers	3209	04/03/1971	M40	03:35:15
125	Des	Walsh	Le Cheile A.C.	2599	05/02/1969	M40	03:37:18
126	Glen	Campbell	Roscommon Harriers	8679	07/04/1972	M40	03:37:20
127	Brendan	Williams	Youghal AC	1395	24/03/1971	M40	03:37:23
128	Matt	Corcoran	Tullamore Harriers	2083	30/11/1971	M40	03:37:33
129	Colm	Breen	Clonliffe Harriers	2122	07/04/1968	M40	03:38:01
130	Gary	O' Reilly	Longford AC	8493	15/01/1972	M40	03:38:24
131	Sean	O' Callaghan	Donoughmore AC	8804	28/04/1971	M40	03:38:47
132	Eamon	Murphy	Newry City Runners	11580	02/05/1968	M40	03:39:01
133	Bryan	Sheridan	Bros Pearse A.C.	2535	02/04/1968	M40	03:39:33
134	Tony	Murphy	Mallow AC	2664	02/07/1970	M40	03:39:40
135	Michael	Deeney	Lagan Valley Athletics Club	3748	13/10/1970	M40	03:40:06
136	Ken	White	Sportsworld A.C.	1168	14/08/1967	M40	03:41:26
137	Richie	Lynch	Sliabh Buidhe Rovers	4342	01/03/1971	M40	03:41:32
138	Dave	Noble	Newport AC	1201	11/05/1969	M40	03:41:48
139	Martin	Mullarkey	Civil Service Harriers	982		M40	03:41:58
140	Michael	Egan	Ballina A.C.	4095	26/10/1970	M40	03:42:00
141	Hugh	Doherty	Lifford AC	7677	26/08/1969	M40	03:42:14
142	Conor	Mc Gonagle	Finn Valley AC	8468	17/02/1971	M40	03:42:33
143	Mark	Mc Gowan	Tir Chonaill AC	8472	15/05/1971	M40	03:42:53
144	Jim	O' Mahony	Mallow AC	7691	24/02/1971	M40	03:43:25
145	Martin	Hurley	Carraig na Bhfear A.C.	2645	13/08/1968	M40	03:43:35
146	Donal	Carroll	Kilkenny City Harriers	9613	06/02/1969	M40	03:43:48
147	Eugene	O' Hagan	Newry City Runners	6519	25/11/1968	M40	03:43:59
148	Kieran	O' Neill	Newry City Runners	11576	18/02/1970	M40	03:44:01
149	Donal	Rowan	Finn Valley AC	13885	14/02/1970	M40	03:44:08
150	John	Slattery	Dooneen AC	3865	28/12/1969	M40	03:44:13
151	Colm	Mc Cann	Newry City Runners	11575	31/07/1971	M40	03:44:50
152	Robert	Challoner	Stoneyford A.C.	9071	15/03/1972	M40	03:45:51
153	Barry	O' Callaghan	Mallow AC	3502	17/12/1968	M40	03:46:09
154	Padraic	Scanlon	Sligo A.C	4486	05/10/1971	M40	03:47:06
155	Conor	Clerkin	Monaghan Phoenix	9093	12/06/1970	M40	03:47:15
156	David	Maloney	Kilcoole A.C.	4276	17/07/1972	M40	03:48:06
157	Rita	Daly Ravenhill	Tullamore Harriers	8094	03/01/1968	M40	03:48:11
158	Cormac	Fitzpatrick	Newry City Runners	4586	12/08/1970	M40	03:48:27
159	Alan	Ryan	West Waterford A.C	4000	27/05/1972	M40	03:49:42
160	Ivan	Barlow	Clonmel A.C	6978	22/02/1971	M40	03:50:12
161	Martin	Peters	Drogheda & District AC	9400	10/03/1969	M40	03:50:45
162	Paul	Cunningham	Kilcoole A.C.	4275	28/05/1970	M40	03:51:22
163	Paula	McCracken	Newry City Runners	4611	13/09/1970	M40	03:51:25
164	Gareth	Murray	Dunleer A.C.	11637		M40	03:51:33
165	Colm	Greene	Ashford Athletic Club	4464	19/12/1969	M40	03:52:32

166	John	Geraghty	Mayo A.C.	7781	20/01/1971	M40	03:52:44
167	Derek	O' Neill	Longford AC	3047	03/03/1971	M40	03:52:47
168	Peter	Burke	St. Cocas A.C.	7499	08/01/1970	M40	03:53:10
169	Ambrose	Gaughan	Mayo A.C.	10093	11/02/1970	M40	03:53:33
170	Joe	Shannon	Kilmurray/Ibrickan North Clare	2578	07/01/1972	M40	03:53:39
171	Mike	Mc Cartin	Craughwell A.C.	9404	13/07/1969	M40	03:53:39
172	Anthony	Culligan	fergus ac	2595	26/06/1968	M40	03:53:59
173	Nicolas	Benoit	Star of the Sea A.C.	6762	23/05/1972	M40	03:54:00
174	Tim	Churchouse	Ballyroan Abbeyleix & District	2030	02/12/1971	M40	03:54:08
175	John	Daly	Athenry AC	3309	20/06/1968	M40	03:54:25
176	Martin	Brady	Mullingar Harriers	7586	24/06/1968	M40	03:54:53
177	Gerard	Dore	West Limerick .A C	3693	16/02/1972	M40	03:54:55
178	Alan	Mathews	Bros Pearse A.C.	2506		M40	03:55:01
179	Gerard	Kirwan	West Limerick .A C	10022	13/02/1968	M40	03:55:40
180	Derek	Kelly	Dublin Front Runners AC	6260	16/07/1971	M40	03:55:56
181	Eugene	Mc Carthy	Midleton A.C.	7814	14/09/1970	M40	03:55:58
182	Thomas	Farrelly	Loughrea AC	7399	04/07/1970	M40	03:56:12
183	Tina	Crawley	Newry City Runners	4602	30/11/1967	M40	03:56:17
184	Stephen	Dermody	Kilkenny City Harriers	7613	13/02/1970	M40	03:56:43
185	Eddie	Doran	West Waterford A.C	8703	29/10/1971	M40	03:57:06
186	Tom	O' Donovan	Clonakilty Road Runners	13833	30/03/1971	M40	03:57:40
187	Ray	Cassin	Duleek & District AC	9769	04/11/1970	M40	03:57:41
188	Alan	Graham	Tramore AC	9332	23/08/1969	M40	03:57:55
189	Ciaran	Hennessy	Lake Shore Striders	9835	17/04/1969	M40	03:58:03
190	Connor	Jennings	Raheny Shamrocks	557	22/02/1970	M40	03:58:04
191	Ted	O' Leary	West Waterford A.C	4049	25/05/1969	M40	03:59:22
192	Vincent	Donegan	DFB Athletics	1058	09/08/1971	M40	03:59:30
193	Joseph	Mullan	Newry City Runners	4612	02/10/1971	M40	03:59:58
194	James	Gorman	Navan AC	8695	09/07/1968	M40	04:00:44
195	Gerry	Corlett	Mayo A.C.	6956		M40	04:03:21
196	Joanna	Welsh	Newry City Runners	11583	04/10/1969	M40	04:03:50
197	David	Johnson	Clonmel A.C	8031	25/07/1968	M40	04:04:32
198	Adrian	Gogerty	Drogheda & District AC	17335		M40	04:04:39
199	Paul	Lord	Dunboyne AC	8633	29/07/1968	M40	04:05:32
200	Marc	Kierans	Sli Cualann AC	8435	14/03/1971	M40	04:05:50
201	Louise	Phelan	Youghal AC	14256	14/03/1971	M40	04:08:27
202	Kevin	Mc Loughlin	AIT AC	2675	07/06/1971	M40	04:12:16
203	David	Kelly	Dunleer A.C.	1581	15/11/1968	M40	04:12:30
204	Gerard	Quigley	Tulla AC	9718	28/08/1971	M40	04:13:05
205	Philip	Finnerty	Ballina A.C.	3773	06/08/1972	M40	04:13:35
206	Avril	Forde-Mcgreal	Kiltimagh	8629	21/04/1968	M40	04:14:35
207	Michael	Lanigan	Duleek & District AC	10092	21/08/1969	M40	04:14:39
208	Tom	Mc Donald	St Josephs AC	14838	07/09/1968	M40	04:15:57
209	Eamonn	Brennan	Galway City Harriers	9674	24/11/1969	M40	04:16:19
210	Noel	Maher	Kilkenny City Harriers	9133	05/12/1971	M40	04:17:53
211	Raymond	Mitchell	Dunboyne AC	10209	23/12/1968	M40	04:18:23
212	Colm	Mc Nally	Lusk AC	15025	17/10/1967	M40	04:18:37
213	Barry	O' Sullivan	Galway City Harriers	4853	23/02/1972	M40	04:19:11
214	Seamus	Cotter	Glanmire	2691	07/06/1970	M40	04:21:35
215	Ronan	Mc Manu	Midleton A.C.	8438	06/05/1969	M40	04:22:43
216	Gerard	Fay	Drogheda & District AC	6521	04/05/1971	M40	04:27:15
217	Tom	Crowley	Dublin Front Runners AC	13923	10/05/1970	M40	04:28:52
218	David	Savage	Youghal AC	9804	10/12/1970	M40	04:29:35
219	Seamie	Sewell	Clones AC	9087	15/05/1970	M40	04:32:13
220	Glenn	O' Shaughnessy	Clones AC	9109	08/12/1970	M40	04:32:14
221	Daragh	Sharpe	Kilkenny City Harriers	15714	05/02/1969	M40	04:35:11
222	Michael	O' Brien	Blackrock A.C. (Dublin)	9548	05/02/1969	M40	04:35:33
223	Mark	Harkin	Donadea Running Club	6352	21/03/1972	M40	04:38:57
224	Brendan	White	Rathkenny AC	14679	14/01/1970	M40	04:41:23
225	Robert	Manson	Crusaders AC	627	24/11/1968	M40	04:46:44
226	Colm	Downey	Star of the Sea A.C.	15226	07/01/1971	M40	04:49:01
227	Ian	Byrne	Lusk AC	13654	21/03/1969	M40	04:59:56
228	Miah	Mc Grath	Midleton A.C.	7322	06/08/1970	M40	05:01:06

229	David	Caulfield	Le Cheile A.C.	2633	30/06/1968	M40	05:05:49
230	Liam	Bradfield	Clonakilty Road Runners	13747	15/05/1972	M40	05:54:50

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	Pauric	McKinney	Inishowen A.C.	23		M45	02:33:18
2	Cathal	O' Connell	St Finbarrs A.C.	2516	25/06/1963	M45	02:33:22
3	James	Crampsey	City of Derry A.C	4236	26/08/1967	M45	02:42:03
4	Pj	Carroll	Ballyroan Abbeyleix & District	4806	15/03/1965	M45	02:43:42
5	Paul	Moran	Rathfarnham WSAF	17778		M45	02:43:53
6	David	Carrie	Dunleer A.C.	60		M45	02:44:50
7	Shane Jame	Whitty	Sliabh Buidhe Rovers	2052	27/02/1965	M45	02:45:07
8	Aj	Murphy	Midleton A.C.	3389	18/11/1963	M45	02:46:30
9	Vasily	Neumerzhitskiy	Clonmel A.C	2587	01/08/1966	M45	02:47:01
10	Don	Keohane	Eagle A.C.	4097	30/08/1966	M45	02:51:27
11	Aidan	Brennan	North East Runners	3292	01/02/1964	M45	02:53:25
12	Colm	Murray	Rathfarnham WSAF	4062	17/10/1965	M45	02:53:38
13	Stephen	Judge	Dundrum South Dublin	3822	22/06/1967	M45	02:53:57
14	Fergus	Wall	Bandon Athletic Club	4175	08/11/1966	M45	02:54:16
15	Eddie	Newman	Mullingar Harriers	1548	22/10/1963	M45	02:54:37
16	Michael	Rice	Athenry AC	3077	10/02/1966	M45	02:55:50
17	John	O' Shaughnessy	Thurles Crokes A.C.	2208	04/07/1965	M45	02:57:28
18	Gerry	Galvin	Mayo A.C.	2234	18/12/1965	M45	02:58:30
19	Joe	Byrne	Sportsworld A.C.	4292	07/09/1966	M45	02:58:53
20	Paddy	Havern	Newry City Runners	4581	15/09/1963	M45	02:59:09
21	Matthew	Glennon	Mullingar Harriers	4409	30/05/1965	M45	02:59:40
22	Damien	Mulholland	Newry City Runners	4583	21/01/1964	M45	02:59:40
23	Derek	Somerville	Omagh Harriers	2345	30/06/1966	M45	02:59:54
24	Keith	Downey	Skerries AC	1359	26/09/1967	M45	02:59:55
25	Mel	Carthy	Mullingar Harriers	1734	26/01/1966	M45	03:00:03
26	Patrick	Bookle	St Josephs AC	3770	31/01/1967	M45	03:01:11
27	Brian	Collins	Star of the Sea A.C.	1426	29/05/1966	M45	03:02:11
28	Bill	Duncan	Lifford AC	4355	29/05/1966	M45	03:03:10
29	Brendan	Aspel	Waterford A.C.	391	05/04/1967	M45	03:04:17
30	Gerard	Dore	Tallaght A.C.	663	23/10/1965	M45	03:04:17
31	Conor	Fleming	Clonmel A.C	3620	15/07/1967	M45	03:04:29
32	John	Freir	Raheny Shamrocks	3126	08/11/1963	M45	03:04:42
33	Mike Curley	Cunningham	Bilboa AC	4221	16/01/1965	M45	03:04:45
34	Enda	Flynn	Na Fianna	3629	27/05/1966	M45	03:05:29
35	Brendan	Reid	North East Runners	1526	03/09/1955	M45	03:08:50
36	Francis	Mollen	Tullamore Harriers	3281	20/04/1963	M45	03:08:56
37	Ray	Thornberry	Dundrum South Dublin	2915	16/11/1962	M45	03:09:56
38	Michael	O' Loughlin	Carrick on Suir A.C.	3765	19/01/1967	M45	03:10:18
39	Brendan	Brett	South Sligo AC	1704	10/06/1966	M45	03:11:30
40	Paul	Mc Donagh	Maree AC	3760	05/02/1964	M45	03:12:14
41	John	Fitzgibbons	Mayo A.C.	2652	11/07/1965	M45	03:12:29
42	John	O' Connell	Tullamore Harriers	3089	14/12/1963	M45	03:12:39
43	Ciaran	Fahey	Clonmel A.C	2764	26/07/1966	M45	03:13:17
44	Gerard	Kenny	North East Runners	654	15/07/1963	M45	03:14:22
45	Tony	mulligan	North East Runners	1525	11/03/1967	M45	03:14:23
46	Keith	Sexton	Eagle A.C.	1149	23/03/1965	M45	03:14:29
47	Pat	Hyland	Slaney Olympic	3995	03/03/1963	M45	03:15:39
48	Stephen	Egan	Raheny Shamrocks	1632	22/09/1964	M45	03:16:08
49	Seamus	Ward	Carrick on Suir A.C.	3793	24/10/1967	M45	03:16:13
50	Stephen	Naughton	Mullingar Harriers	2735	09/11/1964	M45	03:16:40
51	Ronan	Boland	Eagle A.C.	4838	04/09/1963	M45	03:16:52
52	Paul	Deering	Sligo A.C	2154	25/09/1965	M45	03:17:36
53	Jim	Keogh	Raheny Shamrocks	3647	26/12/1963	M45	03:17:48
54	Noel	Gillman	Clonmel A.C	2729	22/12/1966	M45	03:17:57
55	Ed	O' Connor	Na Fianna	4285	30/06/1965	M45	03:18:01
56	Alwyn	Mc Kee	Dromore AC	3967	06/06/1967	M45	03:18:03
57	Kieran	Cotter	St Michaels A.C.	4165	13/03/1964	M45	03:18:09

58	Adrian	Moran	South O'Hanlon AC	3969	05/08/1966	M45	03:18:50
59	Mark	Connolly	Carrick on Suir A.C.	3649	20/11/1966	M45	03:18:51
60	Billy	Porter	Sli Cualann AC	324		M45	03:19:10
61	Dave	Meehan	Tallaght A.C.	590	28/01/1963	M45	03:19:50
62	John	Connolly	Galway City Harriers	2572	12/09/1966	M45	03:20:01
63	Patrick	Frisby	West Waterford A.C	2055	06/06/1967	M45	03:20:31
64	Colman	Greene	Clare River Harriers	1883	14/02/1964	M45	03:20:43
65	Seamus	Hourigan	Kilfinane AC	4073	22/08/1967	M45	03:20:53
66	Lawrence	Kelly	Galway City Harriers	4925	12/09/1966	M45	03:20:59
67	Jim	Leahy	Athenry AC	2121	16/07/1963	M45	03:21:12
68	Dave	O' Regan	St Finbarrs A.C.	4017	17/09/1967	M45	03:21:14
69	Paul	Brunnock	West Waterford A.C	2435	30/09/1967	M45	03:21:30
70	Mark	Leonard	St. Cocas A.C.	4880	23/07/1965	M45	03:21:49
71	Donal	Goulding	Navy AC	3195	02/02/1967	M45	03:22:32
72	Sean	Shanahan	Galtee Runners AC	3412	12/10/1965	M45	03:22:36
73	Garvan	Mc Closkey	Letterkenny A.C.	4378	15/05/1963	M45	03:22:43
74	Michael	Browne	Dundrum A.C.	1796	15/11/1966	M45	03:22:53
75	Martin	Horgan	Dunboyne AC	2275	24/11/1964	M45	03:22:54
76	Denis	Daly	Carrigaline Road Runners A.C	1879	16/10/1967	M45	03:23:12
77	Tom	Bourke	Clonmel A.C	3569	08/12/1965	M45	03:23:30
78	Jude	Hickey	Limerick Country Club AC	3717	07/04/1964	M45	03:25:16
79	Tony	Foley	Gneeveguilla AC	3601	19/10/1966	M45	03:25:24
80	Liam	Power	Ferrybank A.C.	2265	24/04/1963	M45	03:25:54
81	Brendan	Kinane	Dundrum A.C.	3407	06/06/1965	M45	03:26:59
82	Paul	Murray	Waterford A.C.	3973	02/04/1965	M45	03:27:40
83	Charlie	Byrd	Eagle A.C.	4086	29/10/1964	M45	03:27:54
84	Tom	O' Brien	Waterford A.C.	2918	12/04/1967	M45	03:28:03
85	Frank	Mc Donald	Celbridge A.C	1057	22/07/1965	M45	03:28:53
86	Stephen	Mc Cann	St. Cocas A.C.	4373	17/12/1966	M45	03:28:57
87	Sean	Corcoran	Drogheda & District AC	1176	07/08/1965	M45	03:29:11
88	Niall	Kearns	Celbridge A.C	4136	07/01/1967	M45	03:29:22
89	Richie	Byrne	Naas AC	4859	26/05/1967	M45	03:29:25
90	John	Langan	Athenry AC	2485	04/08/1967	M45	03:29:33
91	Denis	Daly	Rathfarnham WSAF	855	11/07/1967	M45	03:29:37
92	Michael	O' Sullivan	Galway City Harriers	3036	05/10/1965	M45	03:29:37
93	Niall	Melvin	Sligo A.C	3639	19/10/1963	M45	03:29:39
94	Padraic	Moran	Sportsworld A.C.	2950	17/03/1966	M45	03:30:01
95	Ronan	O' Boyle	Portmarnock AC	1228	29/01/1967	M45	03:30:16
96	Brian	Johnston	Enniskillen Running Club	4192	20/09/1966	M45	03:30:34
97	Michael	Ward	Omagh Harriers	3609	25/07/1966	M45	03:30:45
98	Gerard	Campbell	Lifford AC	3901	18/05/1965	M45	03:30:57
99	Declan	Donnelly	Celbridge A.C	1984	07/08/1966	M45	03:32:40
100	John	Devitor	Stoneyford A.C.	6621	18/10/1964	M45	03:33:30
101	John	Devitor	Stoneyford A.C.	6621	18/10/1964	M45	03:33:30
102	Paul	Mc Devitt	Tir Chonaill AC	1897	11/10/1966	M45	03:33:34
103	Calvin	Hayes	Bilboa AC	1198	05/01/1965	M45	03:33:59
104	Michael	Collins	St. Cocas A.C.	9502	02/07/1964	M45	03:34:18
105	Rene	Van Der Poort	Clonmel A.C	3293	06/02/1966	M45	03:34:48
106	Tom	Brennan	Waterford A.C.	3669	12/09/1963	M45	03:35:03
107	Ger	Buckley	Mallow AC	1916	28/08/1967	M45	03:35:14
108	Paul	Kiely	Le Cheile A.C.	1006	20/11/1963	M45	03:35:18
109	Paul	Cassidy	Sportsworld A.C.	2045	25/01/1964	M45	03:35:31
110	Irfan	Qureshi	Tallaght A.C.	3663	18/12/1966	M45	03:36:14
111	Dennis	Cummins	Templemore AC	2517	03/01/1967	M45	03:37:03
112	Leo	Lundy	Crusaders AC	1197		M45	03:37:06
113	Patrick	Kelly	Tallaght A.C.	4322	13/08/1965	M45	03:37:26
114	Donal	Burke	Youghal AC	3806	10/04/1966	M45	03:37:28
115	Vincent	Devery	Ferbane	4257	18/02/1964	M45	03:37:58
116	John	Mc Donnell	Dundrum South Dublin	2428	30/04/1965	M45	03:38:39
117	Tony	Connolly	Bros Pearse A.C.	3169	25/10/1965	M45	03:40:51
118	Donal	Mc Grath	Eagle A.C.	4940	29/07/1963	M45	03:41:37
119	Paddy	Ryan	Templemore AC	9429	10/06/1967	M45	03:41:38
120	David	Wylie	Foyle Valley A.C.	1986	21/06/1967	M45	03:42:01

121	Dominic	Kearns	Banbridge Athletic club	1515	03/03/1963	M45	03:42:17
122	Gerard	Deely	South Galway AC	3482	01/12/1966	M45	03:42:40
123	Paul	Dempsey	Slaney Olympic	4084	23/07/1966	M45	03:43:16
124	Alan	Murphy	Ballina A.C.	8045	10/08/1965	M45	03:43:38
125	Martin	Hynes	Athenry AC	8060	05/11/1965	M45	03:44:07
126	Joe	Davey	Sligo A.C	8823	11/12/1963	M45	03:44:12
127	Chris	O'Gorman	Dooneen AC	6768		M45	03:44:16
128	John	Desmond	Eagle A.C.	82		M45	03:44:45
129	Grellan	Mc Garth	Eagle A.C.	81		M45	03:44:50
130	Martin	Geoghegan	Dunboyne AC	6504	04/11/1963	M45	03:44:58
131	Niall	Heaney	Omagh Harriers	2623	10/06/1965	M45	03:46:06
132	Chris	Callaghan	Carrick on Shannon ac	9395	07/12/1962	M45	03:47:57
133	Seamus	Jordan	Slaney Olympic	2007	04/01/1967	M45	03:48:39
134	Liam	Mc Ginty	Finn Valley AC	14756	22/05/1967	M45	03:49:15
135	Brian	Mc Carthy	Midleton A.C.	2287	30/11/1966	M45	03:49:56
136	Desmond	Lyons	Raheny Shamrocks	2466	01/10/1966	M45	03:50:01
137	Richard	Greene	St. Peters AC	3378	22/08/1965	M45	03:50:01
138	Tony	Gleeson	Mayo A.C.	4926	07/03/1966	M45	03:50:05
139	Jim	Wyse	Waterford A.C.	7272	12/09/1966	M45	03:52:14
140	John	Donnellan	Craughwell A.C.	2721	05/01/1966	M45	03:52:38
141	Conor	Skelton	St. Peters AC	7791	19/03/1964	M45	03:52:54
142	Seamus	Murtagh	Longford AC	8738	12/06/1966	M45	03:53:00
143	James	Reilly	Celbridge A.C	6812	12/07/1964	M45	03:54:26
144	Tony	Brennan	Le Cheile A.C.	2646	14/08/1967	M45	03:56:21
145	Michael	Malone	St. Cocas A.C.	9703	07/08/1963	M45	03:56:54
146	Robbie	Reynolds	Ballina A.C.	9606	31/05/1966	M45	03:57:17
147	Michael	Power	Murlough Athletics Club	6422	04/01/1964	M45	03:57:45
148	Christy	O' Malley	Mayo A.C.	4302	07/09/1966	M45	03:58:10
149	Paul Martin	Williams	North Belfast Harriers	3307	27/12/1963	M45	03:58:13
150	Barry	O' Flynn	North Sligo AC	7705	10/08/1963	M45	03:58:32
151	Michael	Ennis	Grange Fermoy A.C.	3014	02/07/1964	M45	03:58:47
152	Seamus	Redmond	Sliabh Buidhe Rovers	2791	13/07/1965	M45	03:58:50
153	Bob	Hilliard	St Finbarrs A.C.	7243	14/01/1964	M45	03:59:03
154	Pat	Hughes	Ballina A.C.	9311	11/02/1966	M45	03:59:34
155	Malcolm	Hennigan	Loughrea AC	6375	29/06/1964	M45	04:00:00
156	Kevin	Horan	Trim AC	6001	03/12/1964	M45	04:00:25
157	Jimmy	Bartley	Navy AC	2268	17/07/1964	M45	04:01:40
158	Cyril	Fogarty	Clonmel A.C	8530	06/12/1966	M45	04:02:03
159	Stephen	Travers	Tir Chonaill AC	8488	26/12/1964	M45	04:02:19
160	Michael	Mc Menamin	Finn Valley AC	3618	15/04/1967	M45	04:02:27
161	Sean Anthon	Devlin	Omagh Harriers	9562	20/06/1963	M45	04:03:10
162	Brendan	Reidy	Waterford A.C.	9440	21/05/1967	M45	04:04:32
163	Paul	Kierans	Midleton A.C.	8434	01/07/1965	M45	04:05:51
164	Seamus	Buckley	Tullamore Harriers	14002	07/04/1963	M45	04:06:35
165	Jimmy I	Butler	Ballynonty AC	3783	10/02/1965	M45	04:09:33
166	Denis	Davern	Galtee Runners AC	15138	18/07/1964	M45	04:11:35
167	James	Higgins	Bros Pearse A.C.	7816	25/01/1963	M45	04:11:44
168	Eddie	Murphy	St Michaels A.C.	14922	03/05/1966	M45	04:13:40
169	Alan	Dignam		72	Knocklyon	M45	04:14:48
170	Sean	Cassidy	Tir Chonaill AC	4249	16/01/1966	M45	04:17:00
171	Paul	Mc Grath	West Waterford A.C	9887	06/12/1965	M45	04:17:14
172	Richard	Orr	Tir Chonaill AC	7233	23/10/1966	M45	04:17:39
173	Conor	Lovett	West Limerick .A C	6996	25/07/1964	M45	04:18:49
174	John	Reidy	Craughwell A.C.	15263	15/10/1965	M45	04:19:18
175	Sean	Kelly	Limerick Country Club AC	8932	27/10/1967	M45	04:19:59
176	Jarlath	Fitzgerald	Loughrea AC	7767	26/10/1942	M45	04:20:13
177	Martin	Dillon	Enniskillen Running Club	2050	01/11/1966	M45	04:21:17
178	Jimmy	Courtney	Civil Service Harriers	4818	18/03/1964	M45	04:21:51
179	Tim	Butler	Kilkenny City Harriers	9866	15/01/1967	M45	04:22:39
180	Michael	Cawley	Waterford A.C.	15776	25/07/1964	M45	04:23:10
181	Noel	Farrell	Loughrea AC	15818	30/12/1962	M45	04:26:28
182	Risteward	Pierse	Tralee Athletic Club	8452	18/05/1964	M45	04:28:06
183	Colm	O' Brien	Newry City Runners	11581	29/01/1964	M45	04:30:13

184	Neilie	Hall	Ballynonty AC	4300	06/04/1963	M45	04:31:55
185	Raymond	Curran	West Waterford A.C	9105	13/08/1966	M45	04:34:15
186	John	Holian	Dunboyne AC	3564	03/10/1963	M45	04:38:08
187	Liam	O' Riain	Eagle A.C.	9817	02/03/1966	M45	04:38:28
188	Bill	Donnelly	Newry City Runners	4592	02/08/1967	M45	04:39:01
189	Colm	Fearon	Newry City Runners	4593	02/04/1965	M45	04:39:01
190	Alan	Kelleher	Midleton A.C.	9945	22/01/1964	M45	04:40:47
191	Michael	Staunton	Drogheda & District AC	7280	21/10/1965	M45	04:44:50
192	Domhnall	Sheridan	Tallaght A.C.	7168	12/07/1963	M45	04:46:16
193	Richard	Smith	Ratoath AC	15357	23/07/1966	M45	04:55:09
194	Enda	Finnerty	Mullingar Harriers	3715	07/08/1966	M45	05:02:30

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	Martin	Francis	Sli Cualann AC	2683	04/05/1958	M50	02:49:39
2	Gerry	Duddy	City of Derry A.C	3384	28/01/1962	M50	02:51:01
3	Niall	Coppinger	Tallaght A.C.	3207	06/09/1961	M50	02:52:12
4	Derek	Hayes	Sli Cualann AC	4179	04/06/1960	M50	02:57:42
5	Brendan	Ryan	Tallaght A.C.	2356	10/11/1958	M50	02:58:40
6	Derek	Quinn	Tallaght A.C.	4436	27/09/1958	M50	02:59:23
7	Robert	Wilson	Willowfield Harriers	98		M50	03:00:06
8	Jim	Dowdall	Metro St Brigids	1733	16/09/1962	M50	03:00:59
9	David	Campbell	Foyle Valley A.C.	2634	20/07/1962	M50	03:07:15
10	Mick	Morrissey	Slaney Olympic	2980	11/01/1962	M50	03:07:56
11	Thomas	O' Neill	Metro St Brigids	3196	02/10/1959	M50	03:10:52
12	Christopher	Donegan	Tullamore Harriers	3325	19/07/1962	M50	03:14:00
13	Seamus	Rooney	Raheny Shamrocks	2421	03/06/1960	M50	03:16:00
14	Paul	De Freine	Bray Runners A.C.	3568	11/06/1960	M50	03:21:08
15	Denis	Carroll	Eagle A.C.	2626	14/09/1959	M50	03:25:46
16	Damien	Gill	North Belfast Harriers	862	21/01/1960	M50	03:27:23
17	Mark	Walsh	Midleton A.C.	3643	17/10/1960	M50	03:27:42
18	Gerry	Mc Manus	Tir Chonaill AC	9247	24/11/1961	M50	03:28:49
19	Seamus	Cawley	West Limerick .A C	17293		M50	03:28:49
20	Donald	Smith	Crusaders AC	4089	12/05/1961	M50	03:28:57
21	Pat	Cordial	Raheny Shamrocks	3996	28/05/1958	M50	03:29:43
22	Michael	Pilkington	Longford AC	3317	18/09/1960	M50	03:29:53
23	George	Bulman	Youghal AC	2448	19/06/1958	M50	03:30:21
24	Johnny	Ward	Tir Chonaill AC	7931	09/12/1960	M50	03:34:16
25	Tommy Joe	Whyte	Tuam A.C.	3287	20/10/1961	M50	03:35:24
26	Martin	Kelly	Raheny Shamrocks	4686		M50	03:36:55
27	Davy	Garey	Newry City Runners	4594	04/04/1962	M50	03:36:57
28	William	Prout	Clonmel A.C	9313	27/02/1959	M50	03:38:54
29	James	Gibbons	Finn Valley AC	7288	17/10/1961	M50	03:42:26
30	Peter	Gunning	Midleton A.C.	3983	03/06/1959	M50	03:43:48
31	Peter	Vincent	Bros Pearse A.C.	4053	22/04/1962	M50	03:43:49
32	Kevin	O' Neill	Dundrum South Dublin	3193	17/04/1958	M50	03:44:06
33	Ciaran	Donnellan	Sligo A.C	10005	09/06/1961	M50	03:49:15
34	Jim	Clinton	North Belfast Harriers	6997	15/11/1960	M50	03:50:03
35	Frank	McKenna	Newry City Runners	4585	27/03/1959	M50	03:52:21
36	Derek	Boyce	Lake Shore Striders	10169	03/03/1961	M50	03:52:57
37	Ray	Fitzsimons	Tallaght A.C.	8617	20/01/1959	M50	03:54:27
38	Paddy	Gallagher	Foyle Valley A.C.	7490	30/03/1962	M50	03:58:01
39	Seamus	Greenan	Clonliffe Harriers	1683	13/09/1957	M50	03:58:03
40	Paddy	Diffley	Slieve Bawn AC	4509	28/02/1962	M50	03:59:47
41	Kevin	O'Neill	Dundrum South Dublin	15068		M50	04:02:58
42	Mark J.	Murray	Na Fianna	8497	20/04/1959	M50	04:03:29
43	David John	Mc Kenna	Dublin Front Runners AC	13875	14/03/1961	M50	04:04:32
44	Derek	Grant	Waterford A.C.	8514	21/05/1960	M50	04:16:44
45	Philip	Donovan	Menapians AC	8811	22/03/1959	M50	04:17:22
46	Ian	Carroll	Dunleer A.C.	11627		M50	04:22:05
47	Tom	Kennedy	Gowran A.C.	9867	16/02/1959	M50	04:22:39
48	Brendan	Lynn	Longford AC	4215	13/04/1962	M50	04:25:55

49	Adrian	Power	Enniskillen Running Club	10068	30/06/1962	M50	04:29:54
50	Jim	Costello	Eagle A.C.	15428	24/10/1962	M50	04:30:05
51	David	O' Brien	Raheny Shamrocks	12937	16/09/1959	M50	04:37:21
52	Desmond	O' Connor	Clones AC	9241	16/05/1960	M50	05:01:18
53	Seamus	Dunne	Dunboyne AC	4645		M50	05:07:45
54	Liam	Landers	Lucan Harriers	1520	27/06/1962	M50	05:15:08

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	Paddy	Parrott	Metro St Brigids	2784	06/01/1956	M55	02:58:45
2	Tom	Halpin	Ballynonty AC	3115	06/12/1955	M55	03:01:59
3	Greg	Mc Clure	North Belfast Harriers	1496	24/10/1956	M55	03:04:21
4	Jack	Tyrrell	Tallaght A.C.	3345	30/07/1956	M55	03:04:59
5	Gerard	Woods	Tallaght A.C.	4234	09/06/1957	M55	03:05:02
6	James	Kenny	Kilmurray/Ibrickan North Clare	1828	21/09/1957	M55	03:07:38
7	Pat	Muldoon	Mullingar Harriers	3993	11/10/1955	M55	03:08:59
8	Eugene	Doherty	Sliabh Buidhe Rovers	4989		M55	03:14:47
9	Michael	Carolan	Bros Pearse A.C.	4683		M55	03:18:17
10	Martin	Kearney	Galway City Harriers	4939	28/11/1954	M55	03:20:59
11	John	Behan	Tinryland Ac	4850	26/11/1956	M55	03:21:24
12	Owen	Mongan	Mayo A.C.	2546	13/08/1954	M55	03:29:10
13	Charles	O' Neill	Donore Harriers	1148	26/05/1954	M55	03:30:17
14	Anthony	Dwyer	West Waterford A.C	4643		M55	03:30:19
15	Kevin	Ecock	Celbridge A.C	6096	23/06/1956	M55	03:45:19
16	John	Quigley	Eagle A.C.	4622		M55	03:48:28
17	Jim	Hughes	Beechmount Harriers	1267	12/11/1956	M55	03:48:33
18	Patrick Killiar	Mc Morrow	Sportsworld A.C.	3235	28/11/1955	M55	03:48:56
19	Patrick Joseph	Holmes	Dundrum A.C.	3327	30/03/1957	M55	03:54:37
20	Peadar	Curtis	Mallow AC	3815	05/03/1954	M55	03:55:31
21	Michael	Doherty	Letterkenny A.C.	1904	24/08/1956	M55	03:59:40
22	Eddie	Harrison	Raheny Shamrocks	2216	03/05/1955	M55	04:00:27
23	Ray	Flynn	Sligo A.C	6789	24/05/1953	M55	04:02:12
24	Chris	O' Connell	Mayo A.C.	8918	22/12/1953	M55	04:09:11
25	Thomas	Condon	West Waterford A.C	4100	19/05/1956	M55	04:26:25
26	Seamus	Mc Loughlin	Dublin Front Runners AC	13479	18/01/1957	M55	04:28:51
27	Michael	Lee	Le Cheile A.C.	14708	24/06/1954	M55	04:29:57
28	Michael	Maguire	Longford AC	4813	15/11/1954	M55	04:32:14

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	David	Mc Conn	Ballyhaunis AC	10081	05/03/1952	M60	02:58:45
2	Tom	Turner	Limerick Country Club AC	3104	22/09/1951	M60	03:12:53
3	Tim Joe	Buckley	Donoughmore AC	1342	04/04/1951	M60	03:17:59
4	Michael	Greene	Galway City Harriers	2023	17/09/1948	M60	03:19:10
5	Garry	Clarke	Tallaght A.C.	2455	08/09/1950	M60	03:24:28
6	Enda	Whelan	Sligo A.C	1492	28/03/1951	M60	03:25:25
7	Pat	Rocks	Newry City Runners	4609	21/05/1952	M60	03:31:52
8	David	Brady	Raheny Shamrocks	2155	19/09/1950	M60	03:33:30
9	Richard	Lenihan	West Limerick .A C	9212	08/10/1952	M60	03:36:39
10	Philip	Magnier	Athenry AC	1241	06/05/1952	M60	03:37:01
11	Brendan	Cummins	Donadea Running Club	2110	22/04/1951	M60	03:38:02
12	Patrick	Devitt	Clonliffe Harriers	6444	27/07/1951	M60	03:42:07
13	Thomas	Archbold	Mullingar Harriers	7702	20/07/1950	M60	03:51:04
14	John Philip	Murray	St Finbarrs A.C.	2271	16/02/1952	M60	03:55:46
15	Henry	Mc Nulty	Foyle Valley A.C.	7281	14/07/1949	M60	03:59:28
16	Liamie	Sandford	West Waterford A.C	13836	23/05/1952	M60	04:16:59
17	Danny	Mc Carthy	Midleton A.C.	9948	11/11/1950	M60	04:40:47
18	Michael	Griffin	Limerick A.C.	4230		M60	04:44:16
19	Thomas	Stafford	Civil Service Harriers	12803	31/05/1951	M60	05:08:58
20	John	Mc Cann	Omagh Harriers	1886	19/09/1948	M60	05:23:48

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	Sam	Hogg	Lagan Valley Athletics Club	1749	10/07/1944	M65	03:44:50
2	Michael	Carroll	Limerick Country Club AC	11615		M65	04:00:25
3	Peadar	Nugent	Athenry AC	17259		M65	04:15:31
4	Martin	Keane	Athenry AC	7672	30/10/1943	M65	04:15:34
5	Billy	Harpur	Sliabh Buidhe Rovers	17294		M65	04:31:10
6	Patrick. J	Kinnarney	Dunshaughlin AC	15409	10/03/1943	M65	05:41:24

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	Tony	Dunne	Grange Fermoy A.C.	6291	14/09/1941	M70	04:15:53
2	Tom	Horkan	Ballina A.C.	8046	20/04/1940	M70	04:17:32
3	Maurice	Mc Morrow	Civil Service Harriers	14452	25/08/1939	M70	05:31:51
4	Tom	Waldron	Mayo A.C.	14824	03/09/1939	M70	05:44:14
5	Pierce	Purcell	Clonmel A.C	15216	24/12/1939	M70	06:05:23

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	John	Cotter	Dunboyne AC	15403	14/09/1937	M75	06:33:10

Place	First Name	Surname	Athletics Ireland Clubs	Bib Number	Date of Birth	Age	Gun Time
1	John	Collins	Limerick Country Club AC	17296		M80	06:54:08