

Woodie's DIY / Athletic Association of Ireland
 Inter Counties Cross Country Championships
 Senior Men - 10,000m
 Kilbeggan Racecourse 22nd November 2009.

Place	No	Name	County	Time
1	884	Ledwith, Andrew	Meath	29.45
2	662	Connolly, Sean	Dublin	30.08
3	221	Keneally, Mark	Kildare	30.12
4	663	Clohisey, Michael	Dublin	30.20
5	623	Kelly, David	Sligo	30.26
6	677	Mulhare, Michael (U.23)	Laois	30.33
7	969	Thornton, Gary	Galway	30.44
8	669	Coghlan, John (U.23)	Dublin	30.50
9	219	O'Brien, Alan	Kildare	30.52
10	997	Ciobanu, Sergiu	Clonliffe Harriers A.C. (IND)	30.53
11	738	Bateman, Damien	Westmeath	31.01
12	614	Pollock, Paul	Antrim	31.06
13	944	Minnock, Barry	Offaly	31.07
14	678	Mulhare, Dan	Laois	31.08
15	670	Matthews, Peter	Dublin	31.09
16	608	Mc Allister, Joseph	Antrim	31.11
17	609	Scullion, Steven (U.23)	Antrim	31.16
18	700	Maher, Brian	Kilkenny	31.21
19	664	O'Neill, Brendan (U.23)	Dublin	31.23
20	721	O'Leary, Cillian	Cork	31.25
21	506	Fahy, Jason	Clare	31.31
22	973	Mc Namara, Paul	Galway	31.33
23	716	Mc Carthy, James	Cork	31.39
24	619	Mc Gowan, Aidan (U.23)	Antrim	31.40
25	951	Fitzpatrick, Thomas	Tallaght A.C. (IND)	31.41
26	647	Mc Kinney, Pauric	Donegal	31.42
27	648	Doherty, Ciaran	Donegal	31.47
28	507	Chesser, Rory (U.23)	Clare	31.50
29	966	Ryan, Simon	Louth	31.51
30	624	Dunleavy, Emmet	Sligo	32.00
31	627	Brennan, Patrick	Sligo	32.02
32	611	Hamilton, Paddy	Antrim	32.10
33	613	Agnew, Andrew	Antrim	32.22
34	610	Mc Ginley, Eddie	Antrim	32.24
35	632	Browne, Robin (U.23)	Down	32.29
36	971	Ryan, Gerry	Galway	32.31
37	612	Flannigan, Connor (U.23)	Antrim	32.33
38	535	Mc Cartan, Pat	Limerick	32.42
39	719	Casey, Desmond	Cork	32.45
40	747	Lawler, Kevin (U.23)	St. L. O'Toole A.C. (IND)	32.48
41	886	Mc Donnell, Rory	Meath	32.50
42	705	Sheehan, Niall	Kilkenny	32.51
43	922	Murphy, Cian	Iveragh A.C. (IND)	33.02
44	218	Corbally, Robert (U.23)	Dublin	33.04
45	625	Conroy, Martin	Sligo	33.05
46	943	Buckley, Paul	Offaly	33.06
47	674	Mc Diarmada, Michael	Dublin	33.11
48	780	Dooley, Mark (U.23)	Donore Harriers A.C. (IND)	33.12
49	940	Connick, Andrew (U.23)	Slaney Olympic A.C. (IND)	33.17
50	888	Heary, Gerard	Meath	33.18
51	743	Malseed, Robert	Mayo A.C. (IND)	33.19
52	239	Eves, John	Dundrum South Dublin A.C. (IND)	33.23
53	656	Crossan, Gary	Donegal	33.25
54	744	O'Reilly, Fionan (U.23)	Annalee A.C. (IND)	33.28
55	626	Carroll, Connie	Sligo	33.36
56	649	Mc Ginley, Eoghain	Donegal	33.40
57	720	Donovan, Barry (U.23)	Cork	33.40
58	636	Marsh, Francis	Down	33.46
59	650	Black, Michael	Donegal	33.50
60	727	O'Leary, Ian	Cork	33.51
61	726	Grufferty, James	Cork	33.52
62	955	Navickas, Tomas	Westmeath	33.53
63	523	Power, Graham (U.23)	Waterford	33.57
64	723	Keane, Brian	Cork	34.10
65	651	Holian, Kevin	Donegal	34.16
66	629	Mc Dermott, Dermot	Sligo	34.22
67	630	Kelly, Thomas	Sligo	34.24
68	225	Malone, Patrick	Kildare	34.28
69	976	Corcoran, Martin	Galway	34.30
70	717	Fennell, Peter (U.23)	Cork	34.36

71	729	Kelly, Alan	Roscommon	34.50
72	628	Rowan, Eoin	Sligo	34.56
73	889	Croal, Derek	Meath	34.57
74	661	O'Sullivan, Ciaran	Donegal	34.58
75	722	Collins, Diarmaid	Cork	34.59
76	702	Caulfield, Sean	Kilkenny	35.01
77	538	Mac Domhnaill, Aogan	Limerick	35.04
78	742	Winters, Derek	Louth	35.06
79	539	O'Brien, Terry	Dublin	35.07
80	942	Grennan, Catch	Offaly	35.08
81	972	Staunton, Rob	Galway	35.11
82	979	O'Sullivan, Peter	Galway	35.18
83	952	Kelly, Paddy	Westmeath	35.20
84	229	Hill, Colm (U.23)	Kildare	35.26
85	956	Vaitkavichius, Ben	Westmeath	35.28
86	970	Egan, Ian	Galway	35.29
87	899	O'Connor, Gearoid	Dublin	35.32
88	896	Mangan, Paddy	Meath	35.34
89	639	McKee, Brian	Down	35.39
90	958	Gorry, Aidan	Westmeath	35.40
91	725	Carroll, Frank	Cork	35.41
92	236	Maloney, Gerard	St. Pauls A.C. (IND)	35.42
93	948	Garry, Eddie	Offaly	35.44
94	892	Leacy, Mark	Meath	35.45
95	607	Ryan, Keith	Limerick	36.09
96	946	Carroll, Martin	Offaly	36.20
97	981	Moloney, Conor	Galway	36.23
98	982	Rice, Mick	Galway	36.32
99	631	Mc Nasser, Ultan	Sligo	36.33
100	964	Daly, Paddy	Westmeath	36.34
101	962	Looby, Maurice	Westmeath	36.35
102	526	Healy, Padraig (U.23)	Waterford	36.45
103	957	Lyons, Martin	Westmeath	37.05
104	953	Mc Glynn, Liam	Westmeath	37.08
105	528	Lane, Ciaran (U.23)	Waterford	37.09
106	950	Ferry, Johnny	Offaly	37.13
107	974	Bruton, Brian	Galway	37.15
108	226	Kelly, Larry	Kildare	37.16
109	233	Burke, Alan	Athenry A.C. (IND)	37.25
110	978	Lane, Johnny	Galway	37.34
111	891	Kinnane, Sean	Meath	37.42
112	537	Chawke, Joe	Limerick	37.44
113	947	Service, Mark	Offaly	38.00
114	521	Downey, Gavin (U.23)	Waterford	38.05
115	733	Mc Mullin, Dan	Roscommon	38.06
116	240	Nevin, Tony	Craughwell A.C. (IND)	38.10
117	713	Dwyer, PJ	Kilkenny	38.15
118	228	Brett, Eoin	Kildare	38.20
119	961	Mc Grath, Tom	Westmeath	38.42
120	730	McKenna, Ian	Roscommon	38.50
121	975	Gilhooley, Seamus	Galway	39.45
122	734	Donnelly, David	Roscommon	39.58
123	894	Farrelly, Dermot	Meath	39.59
124	232	Kearney, Ollie	Kildare	40.53
125	960	Walsh, Colm	Westmeath	41.04
126	710	Farrell, David	Kilkenny	41.30
127	711	Barceo, Lyndon	Kilkenny	42.09
128	735	Donellan, Sean (U.23)	Roscommon	43.04
129	231	Maher, Dave	Kildare	47.40
130	731	Madigan, Anthony (U.23)	Roscommon	48.55
131	732	Connolly, Padraig	Roscommon	49.12

TEAM RESULT - COUNTY

Place	County Team	Total						
1	Dublin (A)	92	2	4	8	15	19	44
2	Antrim (A)	134	12	16	17	24	32	33
3	Sligo (A)	232	5	30	31	45	55	66
4	Cork (A)	260	20	23	39	57	60	61
5	Donegal (A)	286	26	27	53	56	59	65
6	Galway (B)	297	7	22	36	69	81	82
7	Meath (B)	347	1	41	50	73	88	94
8	Kildare (B)	390	3	9	68	84	108	118
9	Westmeath (A)	431	11	62	83	85	90	100
10	Offaly (B)	434	13	46	80	93	96	106
11	Kilkenny (B)	506	18	42	76	117	126	127
12	Roscommon (C)	686	71	115	120	122	128	130