

Over 250 participants in the Midland Running League at Belvedere

The 2007 Midland Running League organised by Mullingar Harriers Athletic Club and Westmeath Sports Partnership is proving to be a tremendous success. There was another superb turnout of 145 runners and walkers including a steady flow of new entrants for the third event on Wednesday last (16th May) at Belvedere House, Gardens and Park, Mullingar. Thanks to all the participants who came out in such huge numbers to support the event, braving the wet and wintry weather conditions to take part. Noel Kelly of Mullingar Harriers was first over the line to take his second win in the League while Pauline Curley of Tullamore Harriers was again the fastest woman recording her third win, and both are now in good positions in the overall standings.

There has been a fantastic response from the people of Westmeath and the wider midlands region to this event making it one of the most successful participation in sport initiatives organised at local level. Over 250 registered participants including runners, joggers and walkers of all ages and abilities have taken part so far and with just two events remaining the Organising Committee are appealing to the people of Westmeath and the Midlands to continue to support the event. The League is held on a scenic traffic free course on the trails in Belvedere is a great fun and social way to keep fit. One of the aims of the event is to encourage women's participation in sport and it is ideal preparation for the women's mini-marathon in a few weeks time. Walkers are very welcome and it is very encouraging to see the large numbers of them participating. Indeed the League is a fun way for the entire family to participate in sport with children aged 12 and over encouraged to take part.

The penultimate event in this year's League takes place at Belvedere House, Gardens & Park this Wednesday May 23rd starting at 7.30pm. The organisers look forward to welcoming back all existing participants and with just two events remaining are encouraging as many new entrants as possible to take up the challenge and participate. So why not give the event a try, you will not be disappointed! Registration is at the Visitor Centre in Belvedere from 6.30pm onwards. Runners and walkers already registered should go directly to the start area in the overflow car park. The entry fee is €15 for the series, which covers the remaining events and includes a souvenir t-shirt for each participant, or € per event. There will be refreshments and presentation of prizes following the final event on May 30th.

Excellent feedback has already been received on the event. Local participants are delighted that a keep fit initiative encouraging participation in sport has been organised in Westmeath while a large number of athletes from throughout the midlands region have commented on the fantastic facility at Belvedere and the unique traffic free course through the Belvedere estate. The event has also received substantial coverage in the local and national media and looks sure to attract further interest over the coming weeks.

The Midland Running League is a joint initiative between Mullingar Harriers Athletic Club and Westmeath Sports Partnership, supported by the Irish Sports Council under the Women in Sport Programme. The Organising Committee wish to thank all who have

contributed to the success of the event so far, especially the Management & Staff of Belvedere House, Park & Gardens, Westmeath County Council and Westmeath Civil Defence without whose support and assistance the event could not take place. Thanks also to all the stewards who did a superb job on marshalling the course, taking entries, recording and processing results. For further information on the League contact Sonja Statham, Westmeath Sports Partnership Tel: 044-9390208 or Pat Muldoon, Mullingar Harriers Tel: 087 6982547. Full results are available from www.westmeathsports.ie or www.mullingarharriers.com

Event 3 Results, Wednesday 16th May 2007

Place	Name	Club	Category	No.	Time
1	Noel Kelly	Mullingar Harriers	Senior	236	15:53
2	Paul Buckley	Ferbane	Senior	238	16:18
3	Catch Grennan	Tullamore Harriers	Senior	242	16:28
4	Peter Mooney	Na Fianna	Senior	207	16:40
5	Cormac Finnerty	Mullingar Harriers	Senior	202	16:44
6	Declan Fahy		Senior	215	16:51
7	John Donegan	Tullamore Harriers	O 40	384	17:03
8	Domo Moran	Dunshaughlin	O 45	329	17:19
9	Pauline Curley	Tullamore Harriers	Senior	221	17:31
10	Ed O' Connor	Na Fianna	O 40	331	17:31
11	Jody O'Reilly	Tullamore Harriers	Senior	213	17:46
12	Patrick Muldoon	Mullingar Harriers	Senior	471	17:49
13	Billy Gallagher	Mayo A. C.	O 50	278	17:51
14	Sean Murphy		Senior	429	18:00
15	Rory Mooney	Na Fianna	Senior	209	18:50
16	Kieran Nolan	Mullingar Harriers	Senior	217	19:08
17	Eddie Newman	Mullingar Harriers	O 40	375	19:26
18	Joe Holton	Na Fianna	O 45	255	19:37
19	Enda Markey		Senior	427	19:42
20	Colm Walsh	Mullingar Harriers	Senior	490	19:55
21	Pat Muldoon	Mullingar Harriers	O 50	472	20:04
22	Barry Kelly	Mullingar Harriers	Senior	250	20:05
23	Eddie Prunty	Annalee	O 60	323	20:05
24	Murty Hanley	Mullingar Harriers	Senior	248	20:17
25	Maire-Triona Keane	Tullamore Harrier	Senior	241	20:25
26	Eva Ross	Mullingar Harriers	Senior	212	20:35
27	Geraldine Martin	Mullingar Harriers	O 35	261	20:35
28	Brian Cully		O 45	395	20:43
29	Brendan Fayne		Senior	211	20:47
30	Brian Boyle	Midland Tri	Senior	989	20:57
31	John O'Reilly	Midland Tri	Senior	493	20:57

32	Paul Hardman		Senior	203	21:01
33	Vera McCool	Mullingar Harriers	O 40	998	21:10
34	Jonas Bryllert	Ericsson	Senior	441	21:16
35	Frankie Wright	Lilliput Triathlon	O 40	271	21:26
36	Ger Brady		Senior	443	21:28
37	Andy O' Grady		O 50	265	21:29
38	Elizabeth Carr	Mullingar Harriers	Junior	407	21:30
39	John Carthy		O 40	467	21:32
40	Paul McCool	Mullingar Harriers	O 45	318	21:34
41	Michael Duggan	Midland Tri	Senior	413	21:37
42	Maura Dervan	Mullingar Harriers	O 40	341	21:43
43	Shane Kelleher	Mullingar Harriers	Junior	189	21:44
44	Cathal Smith				21:47
45	Gerard Dalton		O 50	356	21:52
46	Kestutis Navickas	Mullingar Harriers	O 50	309	22:02
47	Michael Pilkington	Longford	O 45	468	22:03
48	Paul Marsden	Tullamore Harriers	Senior	996	22:03
49	Christy Creagh	Mullingar Harriers	O 60	314	22:09
50	Paddy Tierney	North Westmeath A/C	O 50	379	22:22
51	Ciaran Tobin	Trim	O 45	287	22:27
52	AnnMarie McCluskey	Na Fianna	O 40	335	22:28
53	Tommy Carr	Mullingar Harriers	Senior	405	22:43
54	Kevin McLoughlin		Senior	234	22:46
55	Larry Poynton		Senior	473	22:57
56	Colm Geoghegan	Lakeside Wheelers	Senior	418	23:00
57	Brendan Meade	Star of the Sea	O 50	289	23:03
58	Brian Ivory	Midland Tri	Senior	993	23:05
59	Jonathon Daly		Junior	292	23:11
60	John Daly	Mullingar Harriers	O 40	291	23:11
61	Sinead Nolan	Annalee	Senior	204	23:16
62	Fran Kelleher				23:19
63	Barry O' Brien	Midland Tri	Senior	416	23:33
64	Mary Costello	Mullingar Harriers	Senior	280	23:35
65	Jude Lowen	Roscommon	Senior	225	23:45
66	Greg Duggan	Mullingar Harriers	O 45	991	23:54
67	Jim Langan	Tullamore Harriers	O 60	301	24:05
68	Michelle O'Halloran	Mullingar Harriers	Senior	228	24:09
69	Gerard Flynn		Senior	440	24:30
70	Audrey Thomas		Senior	439	24:36
71	Margaret Power		Senior	437	24:38
72	Sean Connell		Senior	233	24:48

73	Jude Doran	Ericsson	Senior	445	24:50
74	Ann Tobin	Trim	O 40	286	24:50
75	Edward Balbirnie		Senior	240	24:55
76	Bobby King	Dunboyne	O 60	315	25:40
77	Jo Egan	Mullingar Harriers	Senior	432	25:48
78	Shane Nugent	Mullingar Harriers	Junior	186	26:15
79	Aoife Burke		Senior	491	26:17
80	Seamus Bracken	Midland Tri	O 45	476	26:54
81	Paul Clerk		Senior	295	26:56
82	Clifford Flynn		Senior	196	27:04
83	Pat Nugent	Mullingar Harriers	O 40	361	27:25
84	Adre Vosloo	Mullingar Harriers	Senior	235	27:25
85	John O'Brien		Senior	294	27:39
86	Aishling Hayes	Midland Tri	Junior	478	27:55
87	Lisa Waldron	Sports World	Senior	194	28:00
88	Karen Malone	Mullingar Harriers	Senior	208	28:05
89	Yvonne Kane	Midland Tri	O 35	259	28:18
90	Aaron Duggan	Midland Tri	Junior	455	28:25
91	Geraldine Walsh	Mullingar Harriers	O 55	266	28:27
92	Des Walsh	Mullingar Harriers	O 60	269	28:38
93	Joe Keaveny	Mullingar Harriers	O 45	489	28:40
94	Jimmy Nolan		O 65	995	28:50
95	Tara Kelleher	Mullingar Harriers	Junior	187	28:55
96	Douglas Bates		Senior	263	29:07
97	Niall Bohan	Mullingar Harriers	Senior	421	29:07
98	Sheelagh O'Connor		Senior	201	29:17
99	Ray Martin		Senior	232	29:27
100	Gemma McMullin		Senior	249	29:27
101	Valerie Brady		Senior	463	29:27
102	Barbara McGuire		Senior	464	29:27
103	Stephen Woods	Brosna Boxing Club	Junior	190	29:33
104	Sinead Muldoon		Senior	402	29:33
105	John Cronin	Tullamore Harriers	O 45	336	29:39
106	Michael Hyden	Tullamore	O 65	193	29:41
107	Sean Nolan			290	29:55
108	Mary Carr	Mullingar Harriers	Senior	406	30:03
109	Mary Dillon	Mullingar Harriers	O 35	273	30:10
110	Paula Maguire		Senior	444	30:43
111	Treacy Fahey		Senior	216	31:52

112	Leonard O'Mahony		Senior	488	32:00
113	David Leoanard		Senior	487	32:23
114	Leanne Gerathy	Mullingar Jets	Junior	435	33:02
115	Christopher O' Reilly		Senior	246	33:08
116	John Murphy		Senior	288	33:30
117	Olive Maguire		O 60	451	34:56
118	Joanna Wood		O 45	326	36:41
119	Laura Wilson		Junior	185	37:16
120	Margaret Hayes		O 40	270	38:02
121	Gertrude Tlou		Senior	474	38:31
122	Rachel Brown	Westmeath CoCo	Senior	469	38:32
123	Deborah Petja		Senior	475	38:32
124	Sinead Marshall	Mullingar Harriers	Senior	229	38:55
125	Edel Kelleher	Mullingar Harriers	O 40	376	38:55
126	Andy McEoin			484	39:20
127	Martha Marshall	Mullingar Harriers	O 50	368	39:33
128	Briege Ginnell		O 40	252	40:59
129	Patricia Flannagan		O 40	398	40:59
130	Vida Muldarry			284	41:10
131	Linda Gerathy		O 40	433	42:35
132	Marie Muldarry		O 50	410	44:02
133	Theresa Millone		O 50	411	44:02
134	Angela Algar		O 40	275	46:12
135	Susan Finnerty	Mullingar Harriers	Senior	424	46:17
136	Ashling McTiernan	Mullingar Harriers	Senior	426	46:17
137	Barbara Algar			293	46:24
138	Marie Burke			283	46:35
139	Ann Melody			282	46:35
140	Marie Kiernan			281	46:35
141	John Coleman	Midland Tri	O 40	987	47:24
142	Cristain Linscot		Senior	458	47:25
143	Anne O' Sullivan		Senior	447	47:47
144	Cytherea O'Reilly		Senior	258	49:10

