

100 Metres Men

1	Nick Smith	Scotland	10.42
2	Jason Smyth	City of Derry AC	10.72
3	Anton Novosad	Slovakia	10.82
4	Lloyd Rice	England	10.83
5	Brian Doyle	Finn Valley AC	10.88
6	Jonathan Carleton	Ballymena & Antrim AC	10.91
7	Andrew Graham	Lagan Valley AC	11.02
8		0.00 0.00	0.00

200 Metres Men

1	Brian Doyle	Finn Valley AC	21.97
2	Andrew Graham	Lagan Valley AC	22.44
3	Alan Baird	Annadale Striders	22.64
4	John Houston	Ballymena & Antrim AC	23.06
5	Dean Adams	Ballymena & Antrim AC	23.15
6	Earl Taylor	NIVAA	29.77

400 Metres Men

1	Simon Taggart	Donore Harriers	49.90
2	Brendan O'Shea	Menapians	50.30
3	John Saulters	North Down	51.20
4	Joshua Williamson	City of Lisburn AC	51.30
5	Brendan Murphy	City of Lisburn AC	51.40
6	Michael Kennedy	UCD AC	52.40
7	Patrick Crossan	City of Lisburn	52.80
8	James Niblock	Regent House	53.20

800 Metres Men

1	Brad Woods	Australia	1.50.6
2	Kevin Kane	Inverclyde	1.51.4
3	Michael Dyer	North Down	1.52.6
4	Kevin McCloy	Shercock AC	1.52.9
5	Gareth Hill	Ballymena and Antrim	1.54.8
6	Andrew Gourley	Willowfield T Harriers	1.55.3
7	Michael Quinn	Abbey AC	1.58.9
8	Michael McKillop	St Malachy's AC	2.02.4

1500 Metres Men

1	PAUL POLLOCK	ABBAY AC	3.56.38
2	JORDAN NEIL	NORTH DOWN	3.59.54
3	OWEN CARLETON	ABBAY AC	4.03.73
4	JAMES BUDDE	NORTH DOWN	4.06.93
5	RYAN FAULKNER	ST MALACHY'S AC	4.08.61

6	SHANE KERR	ARMAGH AC	4.11.12
7	MICHAEL FOX	ARMAGH AC	4.17.20
8	EAMON SWEENEY	ST MALACHY'S AC	4.25.89
9	DARA FUREY	CITY OF DERRY	4.39.23

5000 Metres Men

1	Joe McAlister	ST MALACHY'S AC	14.36.8
2	Brian Mac Mahon	CARRIGNAVAR AC	14.37.7
3	Kevin Seaward	ST MALACHY'S AC	14.49.9
4	Stephen Scullion	NORTH BELFAST HARRIERS	15.06.9
5	Patrick Cassidy	GLASLOUGH HARRIERS	15.10.6
6	Rebecca Peake	ENGLAND	15.15.3
7	Simon Taylor	ABBAY AC	15.24.1
8	David Morwood	NORTH BELFAST HARRIERS	15.30.5
9	Leroy Brady	ARMAGH AC	15.39.5
10	Neil O'Rourke	NORTH BELFAST HARRIERS	15.41.4
11	Dermot Kerr	ARMAGH AC	15.43.6
12	Gregory Roberts	CITY OF DERRY	15.46.0
13	Paul Carroll	ANNADALE STRIDERS	15.52.2
14	Eoin Hamilton	ST MALACHY'S AC	15.53.6
15	Robert Malseed	CLONLIFFE HARRIERS	15.58.0
16	Martin O'Halloran	FINN VALLEY AC	16.15.8
17	Seanin Heaney	CITY OF DERRY	16.19.6
18	Charlie Gallagher	FINN VALLEY AC	16.42.8
19	Michael Le Velly	ANNADALE STRIDERS	17.39.1

3000 Metres S/chase Men

1	Noel Collins	OMAGH HARRIERS	9.33.0
2	Simon Murray	ABBAY AC	9.55.1
3	Aidan McGowan	ST MALACHY'S AC	10.03.2
4	Erin McDaid	ARMAGH AC	10.13.3
5	Turlough Donnelly	ABBAY AC	10.22.5

3000 Metres Walk Men

1	John Glover	LAGAN VALLEY AC	18.35.8
2	Will Norbert	UNATTACHED	19.12.5

110 Metres Hurdles Men

1	Luke Reynolds	NORTH DOWN AC	14.98
2	Tom Reynolds	NORTH DOWN	16.84

400 Metres Hurdles Men

1	Francis Smith	PITREVIE AAC	51.90
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2	Jonathan Miller	DSD	52.37
3	Alasdair Strange	SHETTLESTON HARRIERS	53.10
4	Thomas Patton	NORTH DOWN	53.87

Pole Vault Men

1	Anthony McCreery	CLONLIFFE HARRIERS	4.50
2	Tom Reynolds	NORTH DOWN	4.40
3	Anthony McCreery	CLONLIFFE HARRIERS	4.20
4	Stuart Greene	RATHENY SHAMEROCK AC	3.80
5	Robert Cascone	QUEENS UNIVERSITY	3.60

High Jump Men

1	Martin Kalafus	SLOVAKIA	2.10
2	Caolan Flanagan	BALLYMENA AND ANTRIM	2.05
3	Jason Harvey	LAGAN VALLEY AC	2.00
4	Gary Coulter	BALLYMENA AND ANTRIM	1.90
5	Simon Herron	CITY OF DERRY AC	1.80
6	Neil O'Rourke	NORTH BELFAST HARRIERS	1.80

Triple Jump Men

1	Jonathon Ritchie	BALLYMENA AND ANTRIM	14.30	2
2	Alan Kennedy	ABBAY AC	14.01	1.5
3	David McArdle	UNATTACHED	13.72	2.6
4	Neil McArdle	UNATTACHED	13.16	1.8
5	Kevin O'Doherty	STRABANE TRACK CLUB	13.12	0.4
6	Fiyin Olayisade	CITY OF LISBURN AC	12.51	1
7	Michael McDonald	UNATTACHED	12.21	1.5
8	Johnny Ferguson	CITY OF DERRY AC	12.03	1.8
9	Igho Diegbe	CITY OF DERRY AC	11.53	1.6
1/	Malcolm Peoples	CITY OF DERRY AC	11.28	1.8

Long Jump Men

1	Alan Kennedy	ABBAY AC	6.66
2	Philip Browne	NORTH DOWN	6.11
3	Neil McArdle	UNATTACHED	6.60
4	Jonathon Ritchie	BALLYMENA AND ANTRIM	5.85

Shot Putt Men

1	Jeremy Harper	NORTH DOWN AC	14.32
2	Hugh Fitzpatrick	SHERCOCK AC	11.53
3	Damian Crawford	STRABANE AC	10.85

Discus Men

1	Jeremy Harper	NORTH DOWN AC	48.91
2	Eamonn Byrne	O	38.35
3	Ian McMullan	PSNI	38.26
4	Chris Reynolds	BELFAST ROYAL ACADEMY	37.80
5	Michael McConkey	NORTH DOWN AC	34.36

Hammer Men

1	Pdraig White	UCD AC	57.78
2	David Little	BORDER H & AC	55.96
3	Richard Murphy	CITY OF LISBURN AC	46.75
4	Francis Hanily	FR. MURPHY AC	46.62
5	Eamonn Byrne	UNAT	44.90
6	Hugh Fitzpatrick	SHERCOCK AC	36.89

Javelin Men

1	Aaron Crawford	STRABANE AC	57.45
2	Paul Marry	UNATTACHED	55.02
3	Damian Crawford	STRABANE AC	53.73
4	Daniel Mullen	STRABANE AC	52.75
5	Michael McConkey	NORTH DOWN AC	52.36
6	Peter McDonald	ST PETERS, DUNDALK	44.18
7	Conor McLaughlin	STRABANE AC	41.14
8	Sean McBride	STRABANE AC	38.50

100 Metres Women

			1.20
1	Amy Foster	North Down AC	11.85
2	Anna Boyle	Ballymena & Antrim AC	12.12
3	Lucy Evans	Wales	12.16
4	Hannah Todd	Ballymena and Antrim	12.57
5	Emma Lewis	Lagan Valley AC	12.65
6	Donna Lennon	Abbey AC	12.78
7	Cara Graham	England	12.88

200 Metres Women

1	Mandy Crowe	DCH	25.00
2	Hannah Lewis	North Down AC	25.17
3	Aileen Connelly	Aberdeen AAC	25.59
4	Leigh Whiteside	Abbey AC	25.78

5	Hannah Todd	Ballymena and Antrim	26.30
6	Catherine McDonagh	St. Dominics Grammar	26.48
7	Lauren Bell	Ballymena & Antrim AC	26.97
8	Jennifer Quinn	Lagan Valley AC	27.34

400 Metres Women

1	Sarah Quinn	City of Lisburn AC	57.20
2	Michelle Rodgers	Abbey AC	57.40
3	Alison Reid	City of Glasgow	57.70
4	Leigh Whiteside	Abbey AC	59.00
5	Erin McIlveen	Glasgow University	59.90
6	Margaret Sinnott	St. Patrick College, Knock	66.00

800 Metres Women

1	Kelly Reid	City of Lisburn AC	2.08.59
2	Kerry Harty	Newcastle AC	2.13.31
3	Anna Rainey	Lagan Valley AC	2.13.50
4	Lynsey Monteith	City of Lisburn AC	2.13.56
5	Christine Long	City of Lisburn AC	2.16.30
6	Rachel Gibson	City of Lisburn AC	2.21.72
7	Emma McShane	Abbey AC	2.26.63
8	Heather McLarnon	City of Lisburn AC	2.29.35

1500 Metres Women

1	KERRY HARTY	NEWCASTLE AC	4.31.85
2	LYNDSEY FREEL	ABBAY AC	4.36.56
3	PAVLA SOLIVARSKA	SLOVAKIA	4.38.34
4	TERESA MCGLOIN	FINN VALLEY AC	4.49.25
5	RUTH GILLISPIE	CITY OF LISBURN AC	4.49.68
6	HELEN MURPHY	O	4.57.05
7	SARAH MAGOWAN	ABBAY AC	5.06.20
8		O O	0.00

5000 Metres Women

1	Catriona McGranaghan	FINN VALLEY AC	17.30.85
2	Suzanne McCormick	LAGAN VALLEY AC	18.38.09

3000 Metres S/chase Women

1	Elizabeth Egan	LIVERPOOL HARRIERS	12.03.02
2	Caitlin McAuley	ABBAY AC	12.58.77
3	Geraldine Finegan	UNATTACHED	15.29.85

100 Metres Hurdles Women

1	Geraldine Finegan	UNATTACHED	16.00
2	Katie Hewitt	NORTH DOWN AC	16.52

400 Metres Hurdles Women

1	Roisin Neary	CITY OF DERRY AC	68.05
2	Geraldine Finegan	UNATTACHED	68.34
3	Katie Hewitt	NORTH DOWN AC	68.48

Pole Vault Women

1	Claire Wilkinson	BALLYMENA & ANTRIM AC	3.00
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High Jump Women

1	Iveta Srnkova	SLOVAKIA	1.70
2	Claire Wilkinson	BALLYMENA & ANTRIM AC	1.60
3	Alison Lavery	NORTH DOWN	1.55

Triple Jump Women

1	Gillian Kerr	FINN VALLEY AC	25.00
2	Gillian Cooke	EDINBURGH AC	25.17
3	Aoife Hoey	CRUSADERS AC	25.59
4	Linzi Herron	CITY OF LISBURN AC	25.78
5	Debbie Porteous	CITY OF LISBURN AC	26.30
6	Donna Lennon	ABBAY AC	26.48

Long Jump Women

1	Gillian Cooke	EDINBURGH AC	6.07
2	Mary Devlin	ABBAY AC	5.52
3	Linzi Herron	CITY OF LISBURN AC	5.51
4	Hannah Lewis	NORTH DOWN AC	5.49
5	Seanin Heaney	CITY OF DERRY	4.70
6	Emma Lewis	LAGAN VALLEY AC	4.64
7	Jennifer Quinn	LAGAN VALLEY AC	4.37

Shot Putt Women

1	Eve Massey	NORTH DOWN AC	16.02
2	Rebecca Peake	ENGLAND	15.17
3	Clare McAleese	BALLYMENA & ANTRIM AC	11.63
4	Lynsey Glover	LAGAN VALLEY AC	7.21

Discus Women

1	Phillipa Conway	CRUSADERS AC	34.51
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2	Chanda Kapande	UNATTACHED	31.69
3	Lynsey Glover	LAGAN VALLEY AC	28.32
4	Gemma McAnirn	NORTH DOWN AC	26.46

Hammer Women

1	Carys Parry	WALES	63.72
2	Rhiannon McNally	ABBAY AC	49.90
3	Chanda Kapande	UNATTACHED	44.66
4	Maggie Donnelly	MID-ULSTER AC	41.31
5	Lynsey Glover	LAGAN VALLEY AC	39.45
6		0.00 O	0.00

Javelin Women

1	Laura Kerr	WSEH	46.74
2	Georgina Brown	CITY OF DERRY AC	32.60