

# **ESB Athletics Support Programme**

**2006-2009**



ATHLETICS  
IRELAND



# David Gillick

## 400m

- ✦ European Indoor Champion  
400m 2005
- ✦ World Indoor Bronze medal  
4 x 400m relay 2004
- ✦ Club DSD (Dublin)
- ✦ DOB 09-07-83



# Paul Hession

## 100m/200m

- ✦ World University Games silver medal 200m 2003 & Bronze 2005
- ✦ World Championship 'B' Standard – World Championship ¼ final 2005
- ✦ Club      Athenry
- ✦ DOB      27/01/1983



# Joanne Cuddihy

## 400m

- ✦ European Junior Championships 2003  
Silver 400m
- ✦ Club Kilkenny City Harriers
- ✦ DOB 11/05/1984



# Mary Cullen

## 5K / 10K

- NCAA 5K gold medallist 2006, NCAA indoor silver medal 2006, NCAA bronze 2005
- 11<sup>th</sup> European Senior Cross Country Championships 2005
- European Championship qualifier 10,000m & 5,000m
- ◆ Club North Sligo
- ◆ DOB 17/08/1982



# Colin Costello

## 1500m

- ✦ European Junior Champion 1500m 2005
- ✦ European Youth Olympics silver & bronze medals 2003
- ✦ Club Star of the Sea (Meath)
- ✦ DOB 17/06/1986





# Danny Darcy

## 1500m

- ✦ European Junior Silver 1500m 2005
- ✦ European Junior Cross Country Silver medal winning team 2004
- ✦ Club SLOT (Carlow)
- ✦ DOB 10/08/1986

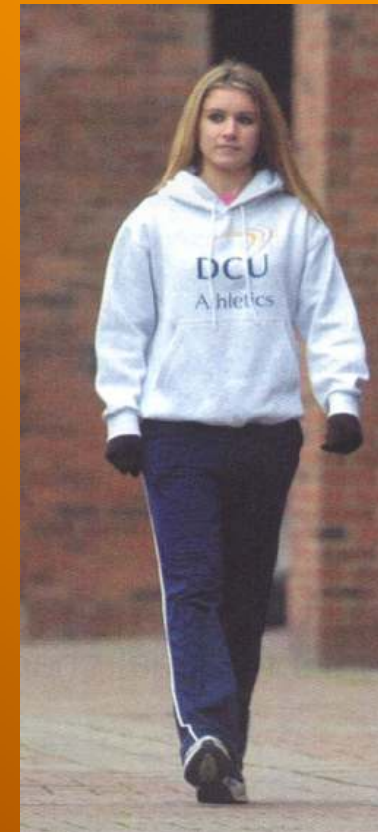




# Linda Byrne

## 3000SC

- ◆ European Junior Championships  
4<sup>th</sup> 3000m S/C 2005
- ◆ European Junior Cross Country  
4<sup>th</sup> 2005
- ◆ Club DSD (Dublin)
- ◆ DOB 13/05/1986



# Ann Loughnane

## 20K walk

- ◆ World Youth Championships  
Silver 5km Walk 2003
- ◆ European Junior Championship  
6<sup>th</sup> 10km Walk 2005
- ◆ Club Craughwell (Galway)
- ◆ DOB 08/04/1986



# Ciaran O'Lionaird

## 1500m

- ◆ European Youth Olympics Bronze  
1500m 2005
- ◆ World Youth Championships Finalist  
1500m 2005
- ◆ Club Leevale (Cork)
- ◆ DOB 11/04/1988



# David McCarthy

## 800m/1500m

- ◆ European Youth Olympics  
Silver 800m 2005
- ◆ World Youth Championships  
Finalist 800m 2005
- ◆ Club Waterford
- ◆ DOB 03/08/1988



# Kelly Proper Long Jump

- EYOF finalist 2005, World Youth Qualifier 2005 Long Jump
- ◆ World Junior Qualification Standard
- ◆ National Senior & Junior Indoor Record Holder 6.19
- ◆ National Junior Record Holder 6.08
- ◆ Club      Ferrybank A.C.
- ◆ DOB      01/03/1988



# Amy Foster

## 100/200m



- ◆ EYOF Silver Medallist 200m
- ◆ European Junior Championship & World Youth Championship qualification
- ◆ Club      North Down
- ◆ DOB      02/10/1088