

**Athletics Ireland : COMPOSITE RESULT**  
**ESB Track & Field League Final ,**  
**Tullamore, 11th August 2007**

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### 100 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	O'Cathain, Ciaran	Galway			11.23
2	11	Adams, Dean	Ballymena & Antrim A.C.			11.40
3	15	O'Connor, James	Tir Chonaill A.C.			11.49
4	9	Trodden, Andrew	City of Lisburn			11.63
5	10	Doherty, Paul	Finn Valley A.C.			12.15
6	14	Moore, Rudi	City of Derry			12.55
7	13	Byrne, Paul	St. Abbans A.C.			12.62

### 200 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	O'Cathain, Ciaran	Galway			22.78
2	15	O'Connor, James	Tir Chonaill A.C.			22.89
3	9	Trodden, Andrew	City of Lisburn			23.19
4	11	Houston, John	Ballymena & Antrim A.C.			23.83
5	10	Ward, Ian	Finn Valley A.C.			23.99
6	13	Gillick, Paul	St. Abbans A.C.			24.79
7	14	Hamilton, Pajo	City of Derry			26.28

### 400 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	14	Hamilton, Pajo	City of Derry			51.01
2	9	Williamson, Josh	City of Lisburn			51.08
3	10	O'Connor, Cathal	Finn Valley A.C.			51.66
4	16	O'Brien, Alan	West Waterford A.C.			52.12
5	12	Mc Dermott, Christopher	Galway			53.11
6	13	Whelan, Alan	St. Abbans A.C.			53.48
7	15	Mc Brien, Caolan	Tir Chonaill A.C.			54.63
8	11	Brownlees, Andrew	Ballymena & Antrim A.C.			60.27

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### 800 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	16	Leddingham, James	West Waterford A.C.			1.59.23
2	10	Healy, Denis	Finn Valley A.C.			2.00.70
3	12	O'Donnell, Joe	Galway			2.01.40
4	13	Kelly, Brian	St. Abbans A.C.			2.01.74
5	14	Murray, Conor	City of Derry			2.02.99
6	11	Mazines, Stephen	Ballymena & Antrim A.C.			2.03.46
7	15	Duffy, Vincent	Tir Chonaill A.C.			2.29.63

### 1500 m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	16	Klava, Dzintars	West Waterford A.C.			4.10.61
2	14	Christie, Marcus	City of Derry			4.12.09
3	10	Carlin, Kieran	Finn Valley A.C.			4.13.21
4	13	Burke, Colm	St. Abbans A.C.			4.15.00
5	15	Cullen, Niall	Tir Chonaill A.C.			4.19.01
6	12	O'Donnell, Joe	Galway			4.21.34
7	11	Magill, Mark	Ballymena & Antrim A.C.			4.21.76
8	9	Brown, Stuart	City of Lisburn			4.23.39

### 5,000m - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	16	Bralitis, Sandis	West Waterford A.C.			14.48.92
1	10	Holian, Kevin	Finn Valley A.C.			15.29.89
3	13	Burke, Colm	St. Abban's A.C.			15.31.27
4	14	Roberts, Gregory	City of Derry			15.46.46
5	15	Ward, Paul	Tir Chonaill A.C.			16.26.44
6	12	Burke, Alan	Galway			17.22.54

### 110 m Hurdles - Men Division One

Wind : +0.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	12	Mc Dermott, Christopher	Galway			15.78
2	13	Kelly, Eoin	St. Abbans A.C.			16.38
3	16	Houlihan, Liam	West Waterford A.C.			17.72
4	10	Doherty, Paul	Finn Valley A.C.			17.74
5	11	Mazines, Stephen	Ballymena & Antrim A.C.			21.45
6	9	Boardman, Brian	City of Lisburn			32.23

### 400 m Hurdles - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	13	Byrne, Colin	St. Abbans A.C.			56.56
2	10	Healy, Denis	Finn Valley A.C.			60.09
3	9	Mc Avoy, Robert	City of Lisburn			60.31
4	12	Finnegan, William	Galway			62.06
5	14	Reid, Daniel	City of Derry			64.20
6	11	Carlisle, Nigel	Ballymena & Antrim A.C.			64.94
7	16	Shalloe, Mark	West Waterford A.C.			66.44

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### 3000 m Steeplechase - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	16	Zakis, Raivis	West Waterford A.C.			10.02.48
2	11	Barrett, Ian	Ballymena & Antrim A.C.			10.12.13
3	14	Colhoun, Eamon	City of Derry			10.33.60
4	10	Bonner, Shane	Finn Valley A.C.			11.52.57
5	15	Boyce, Brendan	Tir Chonaill A.C.			12.11.91

### 3000 m Walk - Men Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	15	Boyce, Brendan	Tir Chonaill A.C.			13.10.59
2	13	Byrne, Declan	St. Abbans A.C.			14.53.83
3	16	Healy, Padraig	West Waterford A.C.			15.37.12
4	10	Bonner, Shane	Finn Valley A.C.			15.44.38
5	9	Mc Ilfatrick, Phil	City of Lisburn			21.09.80
	12	Monaghan, Brendan	Galway			DISQ

### High Jump - Men Division One

Place	No	Name	Club	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00
1	13	Pender, Barry	St. Abbans A.C.	-	-	-	-	-	O	-	O	O	O	XXX
2	11	Coulter, Gary	Ballymena & Antrim A.C.	-	-	-	-	-	O	-	O	XO	XXX	
3	12	Muntean, Igor	Galway	-	-	-	-	O	O	O	XO	XXX		
4	14	Herron, Simon	City of Derry	-	-	-	-	-	O	O	XXX			
5	16	Houlihan, Liam	West Waterford A.C.	-	-	O	-	O	O	XO	XXX			
6	15	Donovan, Paul	Tir Chonaill A.C.	-	-	O	O	XO	XXO	XXX				
7	10	Mc Daid, Ryan	Finn Valley A.C.	O	XXX									

### Long Jump - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	13	Kelly, Eoin	St. Abbans A.C.	6.26 +1.7	6.48 +1.2	6.59 +1.7	-	-	-	6.59 +1.7
2	12	Finnegan, William	Galway	6.38 +1.5	6.21 +1.3	6.29 +1.2	X	-	-	6.38 +1.5
3	15	Donovan, Paul	Tir Chonaill A.C.	X	X	X	X	5.58 +2.2	X	5.58 +2.2
4	14	Diegbe, Igbo	City of Derry	5.55 +2.1	-	5.49 +0.9	-	4.97 +2.2	X	5.55 +2.1
5	11	Coulter, Gary	Ballymena & Antrim A.C.	-	-	5.53 +1.5	X	-	-	5.53 +1.5
6	10	Mc Nulty, Darren	Finn Valley A.C.	5.06 +1.6	5.17 +1.6	5.29 +1.2	5.21 +1.0	-	-	5.29 +1.2

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### Triple Jump - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	13	Kelly, Eoin	St. Abbans A.C.	13.17	13.40	13.31				13.40
2	14	Herron, Simon	City of Derry	12.04	12.59	12.67				12.67
3	12	Finnegan, William	Galway	11.60	12.32	12.29				12.32
4	15	Mc Brien, Caolan	Tir Chonaill A.C.	11.12	X	-				11.12
5	16	Leddingham, James	West Waterford A.C.	-	-	11.07				11.07
6	10	Mc Nulty, Darren	Finn Valley A.C.	10.96	X	10.96				10.96

### Pole Vault - Men Division One

Place	No	Name	Club	2.00	2.20	2.40	2.60	3.00	3.20	3.40	3.60	4.20
1	16	Houlihan, Liam	West Waterford A.C.	-	-	-	-	XO	-	-	O	XXX
2	13	Byrne, Colin	St. Abbans A.C.	-	-	-	O	O	XXO	O		
3	10	Alexander, Brendan	Finn Valley A.C.	-	XO	XXX						
4	15	Doherty, David	Tir Chonaill A.C.	O	XXX							

### Shot Putt - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	12	Breathnach, Sean	Galway	14.23	15.05	13.99	X	-	-	15.05
2	10	Mc Connell, Kieran	Finn Valley A.C.	-	11.39	X	11.25	X	X	11.39
3	16	Morrissey, Michael	West Waterford A.C.	X	X	9.79	10.69	10.30	10.02	10.69
4	13	Gilligan, Keith	St. Abbans A.C.	10.44	X	9.71	9.96	10.58	10.50	10.58
5	14	Moore, Rudi	City of Derry	9.74	9.97	10.26	-	-	-	10.26
6	9	Loan, Robert	City of Lisburn	7.51	7.26	7.94	7.47	-	-	7.94
7	11	Houston, John	Ballymena & Antrim A.C.	7.63	X	-	-	-	-	7.63
8	15	Duffy, Vincent	Tir Chonaill A.C.	6.92	6.94	7.03	6.69	6.97	6.77	7.03

### Discus - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	16	O'Brien, Frank	West Waterford A.C.	37.06	37.44	37.66	38.54	37.69	37.61	38.54
2	10	Mc Connell, Kieran	Finn Valley A.C.	36.05	36.41	38.54	-	-	36.46	38.54
3	9	Thompson, Mark	City of Lisburn	27.50	29.02	-	-	30.70	33.40	33.40
4	11	Carlisle, Nigel	Ballymena & Antrim A.C.	23.40	28.24	26.58	29.04	27.23	26.01	29.04
5	13	Kelly, Aidan	St. Abbans A.C.	-	24.70	28.82	-	-	-	28.82
6	14	Quinn, Brendan	City of Derry	16.54	18.36	17.57	17.81	19.28	17.61	19.28
7	15	Lorenyko, Sean	Tir Chonaill A.C.	16.66	16.22	17.87	18.46	17.73	19.00	19.00
8	12	Monaghan, Brendan	Galway	14.56	-	14.28	15.31	15.20	15.83	15.83

### Javelin - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	12	Kurcenkovas, Mindukas	Galway	56.14	55.68	54.23				
	56.14									
2	11	Carlisle, Nigel	Ballymena & Antrim A.C.	41.32	40.56	41.13				41.32
3	16	Dunne, Stephen	West Waterford A.C.	37.10	39.22	40.47				40.47
4	14	Moore, Rudi	City of Derry	39.04	X					39.04
5	13	Gilligan, Keith	St. Abbans A.C.	33.17	X	X				33.17
6	15	Lorenyko, Sean	Tir Chonaill A.C.	30.26	30.72	30.51				30.72
7	10	Heaps, Clive	Finn Valley A.C.	28.30	28.50	X				28.50
8	9	Mc Ilfatrick, Phil	City of Lisburn	X	X	17.88				17.88

*Athletics Ireland : COMPOSITE RESULT*

### Hammer - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	16	Rockett, Donny	West Waterford A.C.	X	X	41.60	X	46.04	X	46.04
2	13	Kelly, Aidan	St. Abbans A.C.	29.47	30.99	35.29	X	32.39	31.51	35.29
3	15	Donovan, Paul	Tir Chonaill A.C.				X	32.81	X	32.81
4	9	Loan, Robert	City of Lisburn				24.11	X	27.01	27.01
5	10	Doherty, Gerald	Finn Valley A.C.				21.89	X	X	21.89
6	14	Quinn, Brendan	City of Derry	19.67	15.97	16.90	17.39	15.07	20.00	20.00
7	12	Monaghan, Brendan	Galway	17.73	X	17.69	X	X	14.99	17.73

### 56lb Distance - Men Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	13	Fitzpatrick, Seamus	St. Abbans A.C.	7.13	7.19	7.33	6.92	7.43	7.51	7.51
2	12	Breathnach, Sean	Galway	7.15	7.21	X	7.26	7.48	7.36	7.48
3	9	Thompson, Mark	City of Lisburn	5.21	5.13	4.76	-	-	-	5.21
4	16	Rockett, Donny	West Waterford A.C.	4.22	4.55	4.57	X	5.17	4.80	5.17
5	10	Doherty, Gerald	Finn Valley A.C.	5.01	4.76	X	4.89	4.91	4.93	5.01
6	15	Cummins, Tony	Tir Chonaill A.C.	2.94	3.08	3.01	3.34	2.92	2.82	3.34
7	14	Herron, Jim	City of Derry				2.66			2.66

### 4 x 100 m - Men Division One

Place	Club	Team	Time
1	Ballymena & Antrim A.C.	Adams, Dean Houston, John Neely, Ian Thom, Douglas	45.25
2	City of Lisburn	Boardman, Brian Montgomery, Gareth Williamson, Josh Mc Avoy, Robert	45.53
3	City of Derry	Diegbe, Igho Hamilton, Pajo Moore, Rudi Peoples, Malcolm	45.85
4	St. Abbans A.C.	Byrne, Paul Gillick, Paul Kelly, Eoin Whelan, Alan	46.01
5	Galway	Finnegan, William Gillen, Daniel Mc Dermott, Christopher O'Cathain, Ciaran	46.14
6	West Waterford A.C.	Moran, Brendan Houlihan, Liam O'Brien, Alan Leddingham, James	50.10

### 4 x 400 m - Men Division One

1	Finn Valley	Carlin, Kieran McDaid, Ryan Healy, Denis Ward, Ian	3:33.53
2	St. Abban's	Byrne, Colin	3:34.54

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Kelly, Brian  
Gillick, Paul  
Whelan, Alan

3.	Galway	Finnegan, William O'Cathain, Ciaran McDermott, Christopher O'Donnell, Joe	3:38.55
4.	West Waterford	Leddingham, James Shalloe, Mark O'Brien, Alan Stilwell, Sean	3:39.88
5.	City of Derry	Hamilton, Pajo Moore, Rudi McKay, Gary Murray, Conor	3:48.32

### **100 m - Women Division One**

Wind : +0.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	30	Smyth, Michelle	Meath			13.00
2	31	Hussey, Caroline	North Down			13.25
3	26	Nevin, Amanda	Borrisokane A.C.			13.33
4	25	Evans, Rachel	Ballymena & Antrim A.C.			13.68
5	32	Mullen, Niamh	Tullamore Harriers A.C.			13.89
6	28	Moore, Leah	Clonliffe Harriers A.C.			14.16
7	27	Heaney, Seanan	City of Derry			14.36

### **200 m - Women Division One**

Wind : +1.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	31	Hussey, Caroline	North Down			26.85
2	26	Ryan, Cliona	Borrisokane A.C.			27.00
3	30	Kennedy, Sophie	Meath			27.51
4	28	Corcoran, Jenny	Clonliffe Harriers A.C.			27.92
5	25	Evans, Rachel	Ballymena & Antrim A.C.			28.33
6	29	Harrington, Julie Ann	Galway			28.40
7	32	Mullen, Niamh	Tullamore Harriers A.C.			28.57
8	27	Heaney, Seanan	City of Derry			28.72

### **400 m - Women Division One**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	Ryan, Cliona	Borrisokane A.C.			61.09
2	28	Mc Callion, Ciara	Clonliffe Harriers A.C.			62.28
3	29	Harrington, Julie Ann	Galway			63.60
4	31	Lavery, Alison	North Down			64.00
5	27	Mc Gurk, Janelle	City of Derry			65.22
6	32	Boland, Colette	Tullamore Harriers A.C.			67.49
7	30	O'Kane, Sinead	Meath			69.65

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### 800 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	32	Curley, Pauline	Tullamore Harriers A.C.			2.22.61
2	30	Collins, Catherine	Meath			2.24.62
3	31	Scott, Lauren	North Down			2.24.64
4	27	Neary, Roisin	City of Derry			2.26.10
5	28	Finnegan, Sarah	Clonliffe Harriers A.C.			2.27.75
6	29	Shaughnessy, Laura	Galway			2.33.50
7	26	Hogan, Oliva	Borrisokane A.C.			3.09.05

### 1500 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	O'Doherty, Siobhan	Borrisokane A.C.			4.39.98
2	25	Black, Eimir	Ballymena & Antrim A.C.			4.41.72
3	32	Lambe, Pauline	Tullamore Harriers A.C.			4.56.12
4	28	Woods, Rebecca	Clonliffe Harriers A.C.			4.57.80
5	29	Shaughnessy, Laura	Galway			4.58.87
6	30	Clarke, Bridget	Meath			5.05.16
7	27	Mc Monagle, Jackie	City of Derry			5.43.15
	31	Clegg, Vicky	North Down			DNF

### 3000 m - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	26	O'Doherty, Siobhan	Borrisokane A.C.			10.07.37
2	32	Curley, Pauline	Tullamore Harriers A.C.			10.09.49
3	29	Ni Mhuircheartaigh, Orla	Galway			10.41.84
4	28	Mc Dermott, Ailish	Clonliffe Harriers A.C.			11.13.66
5	30	Clarke, Bridget	Meath			11.23.49
6	31	Hambling, Stephenie	North Down			11.37.87

### 100 m Hurdles - Women Division One

Wind : +0.6

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	28	Furnham, Shauna	Clonliffe Harriers A.C.			16.11
2	31	Hewitt, Katie	North Down			17.00
3	32	Brennan, Aine	Tullamore Harriers A.C.			17.40
4	30	Meade, Fiona	Meath			18.21
5	29	Finnegan, Sarah	Galway			18.94
6	26	Carroll, Jennifer	Borrisokane A.C.			19.18



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### 400 m Hurdles - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	27	Neary, Roisin	City of Derry			67.88
2	31	Hewitt, Katie	North Down			67.99
3	32	Brennan, Eimer	Tullamore Harriers A.C.			74.44
4	28	Woods, Sarah	Clonliffe Harriers A.C.			75.55
5	26	Kelly, Lisa	Borrisokane A.C.			75.64
6	29	Finnegan, Sarah	Galway			76.82

### 1500 m Walk - Women Division One

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	29	Loughnane, Ann	Galway			6.48.17
2	32	Toughy, Georgina	Tullamore Harriers A.C.			7.05.16
3	30	O'Sullivan, Lucy	Meath			8.40.70
4	31	Munnis, Janine	North Down			9.44.95
5	26	Kelly, Eileen	Borrisokane A.C.			10.35.37

### High Jump - Women Division One

Place	No	Name	Club	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65
1	25	Wilkinson, Claire	Ballymena & Antrim A.C.	-	-	-	-	-	O	XXO	XO	XXX
2	29	Mc Namara, Claire	Galway	-	-	-	-	-	O	O	XXX	
3	30	Reilly, Jenny	Meath	-	-	-	-	-	XO	XXX		
4	26	Nevin, Amanda	Borrisokane A.C.	-	-	-	O	XO	XO	XXX		
5	31	Lavery, Alison	North Down	-	-	-	O	XXX				
6	27	Mc Gurk, Janelle	City of Derry	-	-	XO	XXO	XXX				
7	32	Brennan, Aine	Tullamore Harriers A.C.	-	XXO	O	XXX					
8	28	Furnham, Shauna	Clonliffe Harriers A.C.	O	O							

### Long Jump - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	30	Meade, Doireann	Meath	4.79	4.64	4.72	4.95			4.95
2	26	Nevin, Amanda	Borrisokane A.C.	4.71	4.94	X				4.94
3	31	Hewitt, Katie	North Down	4.80	4.80	4.76	X			4.80
4	27	Heaney, Seanan	City of Derry	X	4.12	4.53	4.61			4.61
5	29	Mc Namara, Claire	Galway	4.52	4.26	4.52	X			4.52
6	32	Brennan, Eimer	Tullamore Harriers A.C.	4.50	4.35	4.32	X			4.50
7	28	Dridi, Khadija	Clonliffe Harriers A.C.	3.52	3.56	X				3.56

### Triple Jump - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	30	Reilly, Jenny	Meath	10.14	10.71	10.69	10.30	10.35	10.09	10.71
2	26	O'Farrell, Amanda	Borrisokane A.C.	9.88	10.19	10.26	9.43	10.23	10.66	10.66
3	32	Brennan, Aine	Tullamore Harriers A.C.	-	9.70	9.08	9.05	9.27	9.53	9.70
4	27	Keys, Stephanie	City of Derry	X	8.79	8.80	9.07	-	-	9.07
5	31	Lavery, Alison	North Down	-	-	9.06	-	-	-	9.06
6	29	Finnegan, Sarah	Galway	8.46	8.58	8.36	-	8.29	8.53	8.58

## Athletics Ireland : COMPOSITE RESULT

### Shot Putt - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	31	Massey, Eva	North Down	X	13.93	13.48	14.47	14.90	15.00	15.00
2	25	Mc Aleese, Clare	Ballymena & Antrim A.C.	10.80	10.67	10.72	10.52	10.74	10.26	10.80
3	30	Daniels, Rosemary	Meath	9.37	8.71	8.61	9.09	8.71	8.97	9.37
4	29	Barrett, Mary	Galway	8.61	9.09	9.31	8.90	X	8.04	9.31
5	26	O'Farrell, Amanda	Borrisokane A.C.	9.10	8.55	8.77	X	8.56	8.43	9.10
6	27	Keys, Stephanie	City of Derry	7.69	7.61	8.37	7.47	7.62	7.85	8.37
7	32	Dolan, Lisa	Tullamore Harriers A.C.	7.21	7.12	7.02	6.97	6.52	6.76	7.21
8	28	Cooper, Emma	Clonliffe Harriers A.C.	4.77	-	-	-	-	-	4.77

### Discus - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	29	Barrett, Mary	Galway	22.35	21.01	22.12	25.25	23.99	22.62	25.25
2	31	Mc Anirn, Gemma	North Down	24.73	24.24	23.00	23.42	22.25	X	24.73
3	27	Donnelly, Maggi	City of Derry	X	16.64	16.72	18.23	X	18.71	18.71
4	26	Kelly, Eileen	Borrisokane A.C.	X	17.15	X	16.38	17.65	18.69	18.69
5	30	O'Sullivan, Lucy	Meath	16.58	X	13.60	15.54	14.37	X	16.58
6	32	Collins, Claire	Tullamore Harriers A.C.	X	14.26	14.47	14.22	15.62	13.27	15.62
7	28	Mansfield, Frances	Clonliffe Harriers A.C.	X	13.07	13.20	14.55	14.42	13.82	14.55

### Javelin - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	30	O'Sullivan, Grace	Meath	25.06	26.63	31.56	27.42			31.56
2	27	Brown, Georgina	City of Derry	28.59	27.33	28.57	29.12			29.12
3	32	Collins, Claire	Tullamore Harriers A.C.	21.55	22.00	22.26	25.04			25.04
4	31	Munnis, Janine	North Down	X	X	20.96	24.40			24.40
5	26	Kelly, Lisa	Borrisokane A.C.	21.70	19.86	22.12	22.67			22.67
6	29	Monaghan, Nicola	Galway	X	13.88	16.90	X			16.90
7	25	Evans, Rachel	Ballymena & Antrim A.C.	16.06	14.73	13.92	X			16.06

### Hammer - Women Division One

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	27	Donnelly, Maggi	City of Derry	X	36.64	X	36.55	38.27	37.20	38.27
2	26	Carroll, Jennifer	Borrisokane A.C.	X	X	34.29	29.85	-	-	34.29
3	30	Pilkington, Michelle	Meath	X	26.43	X	23.11	25.08	X	26.43
4	32	Dolan, Lisa	Tullamore Harriers A.C.	X	24.58	23.63	X	23.77	25.20	25.20
5	31	Mc Anirn, Gemma	North Down	18.18	18.76	19.31	17.70	-	-	19.31
6	29	Monaghan, Nicola	Galway	15.07	X	16.94	16.84	15.86	16.70	16.94
7	28	Mansfield, Frances	Clonliffe Harriers A.C.	11.93	13.76	13.54	14.08	12.61	-	14.08

### 4 x 100m -Women Division 1

1.	Meath	Daniels, rosemary Kennedy, Sophie Farrell, Maureen Smyth, Michelle	52.26
2	Borrisokane	Carroll, Jennifer O'Farrell, Amanda Nevin, Amanda Ryan, Cliona	52.42
3	Clonliffe Harriers	Corcoran, Jenny McCallon, Ciara	53.00

### *Athletics Ireland : COMPOSITE RESULT*

		Furnham, Shauna Moore, Leah	
4.	North Down	Hewitt, Katie Lavery, Alison Hussey, Caroline Scott, Lauren	53.65
5.	Tullamore Harriers	Brennan, Aine Buckley, Sinead Brennan, Eimer Mullen, Niamh	54.20
6.	City of Derry	Heaney, Seanan McGurk, Janelle Keys, Stephanie Neary, Roisin	54.53
7.	Galway	Finnegan, Sarah Shaughnessy, Laura Harrington, Julie, Ann McNamara, Claire	57.56

### **4 x 400m -Women Division 1**

1.	North Down	Hewitt, Katie Lavery, Alison Hussey, Caroline Scott, Lauren	4:10.16
2.	Clonliffe Harriers	Dridi, Khadija McCallion, Ciara Finnegan, Sarah Woods, Rebecca	4:12.90
3.	Galway	Finnegan, Sarah McNamara, Claire Harrington, Julie Ann Shaughnessy, Laura	4:25.36
4.	Tullamore Harriers	Boland, Colette Keane, Maire Triona Brennan, Aine Lambe, Pauline	4:26.09
5.	Borrisokane	Carroll, Jennifer O'Doherty, Siobhan Nevin, Amanda Ryan, Cliona	4:27.73
6.	Meath	Hullon, Vanessa O'Kane, Sinead Meade, Doireann Rennicks, Leah	4:36.98
7.	City of Derry	Heaney, Seanan McMonagle, Jackie McGurk, Janelle Neary, Roisin	4:43.37

*Athletics Ireland : COMPOSITE RESULT*

**100 m - Men Premier Div.**

Wind : +1.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Hynes, Michael	Raheny Shamrock A.C.			11.07
2	4	Hynes, David	Menapians A.C.			11.28
3	7	Lynch, Craig	Shercock A.C.			11.52
4	2	Finnegan, Denis	Leevale A.C.			11.70
5	5	Reynolds, Tom	North Down			11.72
6	3	Faye, Alagie	Clonliffe Harriers A.C.			11.78
7	8	Hensey, Ger	Tullamore Harriers A.C.			11.78
8	1	Odelade, Topay	Crusaders A.C.			12.58

**200 m - Men Premier Div.**

Wind : +1.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Hynes, Michael	Raheny Shamrock A.C.			22.06
2	4	Hynes, David	Menapians A.C.			22.26
3	3	Laffey, John	Clonliffe Harriers A.C.			22.30
4	7	Lynch, Craig	Shercock A.C.			22.61
5	5	Saulters, John	North Down			23.41
6	2	Owens, Cathal	Leevale A.C.			23.74
7	1	Odelade, Topay	Crusaders A.C.			24.67
8	8	Hensey, Ger	Tullamore Harriers A.C.			25.98

**400 m - Men Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	3	Laffey, John	Clonliffe Harriers A.C.			49.28
2	5	Saulters, John	North Down			50.84
3	6	Kelly, Kieran	Raheny Shamrock A.C.			51.13
4	2	O'Leary, Greg	Leevale A.C.			51.15
5	4	Upton, Barry	Menapians A.C.			53.52
6	1	Monaghan, Ian	Crusaders A.C.			55.35
7	8	Butler, Darren	Tullamore Harriers A.C.			57.20
8	7	Carolan, Sean	Shercock A.C.			1.05.20

**800 m - Men Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	5	Dyer, Michael	North Down			1.53.39
2	3	Rooney, Colm	Clonliffe Harriers A.C.			1.53.49
3	6	Kelly, Feidhlim	Raheny Shamrock A.C.			1.55.78
4	7	Mc Cloy, Kevin	Shercock A.C.			1.56.53
5	4	Watson, Adrian	Menapians A.C.			2.01.44
6	1	Cummins, Eoin	Crusaders A.C.			2.03.05
7	8	Grennan, Cartage	Tullamore Harriers A.C.			2.07.36
8	2	Grufferty, James	Leevale A.C.			2.10.02

*Athletics Ireland : COMPOSITE RESULT*

**1500 m - Men Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	3	Rooney, Colm	Clonliffe Harriers A.C.			3.59.40
2	6	Moriarty, Kevin	Raheny Shamrock A.C.			4.00.25
3	1	Coghlan, Garrett	Crusaders A.C.			4.02.92
4	5	Budde, James	North Down			4.06.07
5	8	Troy, Cormac	Tullamore Harriers A.C.			4.15.76
6	2	Grufferty, James	Leevale A.C.			4.16.93
7	7	O'Brien, Luke	Shercock A.C.			4.31.01
8	4	Mahoney, David	Menapians A.C.			5.04.07

**5000 m - Men Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Clohisey, Michael	Raheny Shamrock A.C.			14.37.21
2	3	O'Hanlon, Gary	Clonliffe Harriers A.C.			14.37.55
3	5	Neill, Jordan	North Down			15.22.56
4	2	Maunsell, Thomas	Leevale A.C.			15.31.47
5	1	O'Keefe, Alan	Crusaders A.C.			16.14.24
6	7	McCarey, Conor	Shercock A.C.			17.04.79
7	8	Webb, George	Tullamore Harriers A.C.			17.20.36

**110 m Hurdles - Men Premier Div.**

Wind : +0.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	5	Reynolds, Tom	North Down			15.67
2	7	Flatley, Brian	Shercock A.C.			15.83
3	2	Finnegan, Denis	Leevale A.C.			16.00
4	4	Mc Cormack, Shane	Menapians A.C.			16.32
5	1	Monaghan, Ian	Crusaders A.C.			16.33
6	3	Minn, Chris	Clonliffe Harriers A.C.			16.47
7	6	White, Richard	Raheny Shamrock A.C.			18.17

**400 m Hurdles - Men Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	5	Patton, Tom	North Down			54.77
2	1	Mc Donnell, Stephen	Crusaders A.C.			56.29
3	4	Upton, Barry	Menapians A.C.			56.59
4	3	Minn, Chris	Clonliffe Harriers A.C.			58.38
5	7	Daly, Philip	Shercock A.C.			59.93
6	2	Murnane, Chris	Leevale A.C.			60.41
7	6	Conroy, Ian	Raheny Shamrock A.C.			64.90
8	8	Lawlor, Damian	Tullamore Harriers A.C.			70.95

*Athletics Ireland : COMPOSITE RESULT*

### 3000 m Steeplechase - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	6	Kirwan, Mark	Raheny Shamrock A.C.			9.33.20
2	3	Flynn, David	Clonliffe Harriers A.C.			9.42.76
3	1	Coghlan, Garrett	Crusaders A.C.			10.10.03
4	5	Marsh, Francis	North Down			10.17.29
5	7	McCarey, John	Shercock A.C.			10.58.16
6	8	Faulkner, Richard	Tullamore Harriers A.C.			12.30.16

### 3000 m Walk - Men Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	7	Fitzpatrick, Paul	Shercock A.C.			13.13.42
2	4	Mc Donald, Jimmy	Menapians A.C.			13.51.78
3	3	English, Kevin	Clonliffe Harriers A.C.			15.45.43
4	6	Mahon, James	Raheny Shamrock A.C.			15.55.20
5	5	Brown, Robin	North Down			16.58.75
6	8	Rigney, Larry	Tullamore Harriers A.C.			21.10.18
7	2	Nagle, Joseph	Leevale A.C.			24.21.66

### High Jump - Men Premier Div.

Place	No	Name	Club	1.30	1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95
1	7	Flatley, Brian	Shercock A.C.	-	-	-	-	-	O	O	O	XO	XXO	XXX
2	5	Glass, Pete	North Down	-	-	-	-	-	XO	-	O	XXO	XXO	XXX
3	2	Dennehy, Brendan	Leevale A.C.	-	-	-	-	-	O	XO	XXX			
4	3	Hartnett, John	Clonliffe Harriers A.C.	-	O	O	O	O	O	XXX				
5	6	White, Richard	Raheny Shamrock A.C.	-	-	-	O	O	XXX					
6	4	Jackman, Adrian	Menapians A.C.	-	O	XO	O	XXX						
7	8	Delaney, Ray	Tullamore Harriers A.C.	XXO										

### Long Jump - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	5	Glass, Pete	North Down	6.73	X	6.46	-	-	-	6.73
				+1.6		+1.1				+1.6
2	2	Quilligan, David	Leevale A.C.	6.67	6.60	6.54	6.52	X	6.56	6.67
				+1.3	+1.2	+1.4	+0.7		+2.1	+1.3
3	7	Smith, Paul	Shercock A.C.	6.21	6.31	6.14	-	6.00	-	6.31
				+0.9	+1.6	+0.7		+1.9		+1.6
4	1	Burke, Tomas	Crusaders A.C.	5.82	6.10	5.96	5.72	5.92	-	6.10
				+1.1	+2.1	+1.7	+0.3	+1.7		+2.1
5	4	Mahoney, Alan	Menapians A.C.	X	5.86	6.03	5.66	6.00	-	6.03
					+0.4	+1.2	+0.9	+2.4		+1.2
6	3	Matuzzi, Marco	Clonliffe Harriers A.C.	5.17	5.41	X	-	5.17	-	5.41
				+1.1	+1.8			+3.0		+1.8
7	8	Rickard, Thomas	Tullamore Harriers A.C.	X	4.53	5.15	-	-	-	5.15
					+1.5	+1.8				+1.8

## Athletics Ireland : COMPOSITE RESULT

### Triple Jump - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Finnegan, Denis	Leevale A.C.	13.73	12.69	12.84				13.73
2	3	Matuzzi, Marco	Clonliffe Harriers A.C.	12.46	X	12.28				12.46
3	4	Cogley, Kevin	Menapians A.C.	12.05	-	-				12.05
4	5	Reynolds, Tom	North Down	11.55	11.32	11.11				11.55
5	7	Smith, Paul	Shercock A.C.	X	10.93	-				10.93
6	8	Rickard, Thomas	Tullamore Harriers A.C.	10.63	-	-				10.63
7	1	O'Briain, Ruairi	Crusaders A.C.	10.19	-	-				10.19

### Pole Vault - Men Premier Div.

Place	No	Name	Club	2.00	2.60	3.20	3.60	3.80	4.20	4.40	4.60	4.76
1	1	O'Briain, Ruairi	Crusaders A.C.	-	-	-	-	-	XO	O	XXO	XXX
2	3	Mc Creary, Anthony	Clonliffe Harriers A.C.	-	-	-	-	-	-	O	XXX	
2	5	Mc Conville, Brendan	North Down	-	-	-	-	-	-	O	XXX	
4	6	White, Richard	Raheny Shamrock A.C.	-	-	-	X	XO	XXX			
5	7	Flatley, Brian	Shercock A.C.	-	-	O	XXX					
6	4	Kedney, Rory	Menapians A.C.	O	XXX							

### Shot Putt - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	5	Harper, Jeremy	North Down	12.36	X	13.06	-	-	-	13.06
2	8	Matthew, Babu	Tullamore Harriers A.C.	11.46	11.77	X	11.91	-	-	11.91
3	2	Hazler, Pavel	Leevale A.C.	9.54	10.48	10.77	X	-	-	10.77
4	7	O'Reilly, Mathew	Shercock A.C.	8.61	9.40	9.05	8.60	9.23	-	9.40
5	6	O'Connor, Ray	Raheny Shamrock A.C.	9.03	8.94	8.68	X	8.70	-	9.03
6	4	O'Grady, Neil	Menapians A.C.	8.52	X	8.56	8.71	9.01	X	9.01
7	3	Delaney, Denis	Clonliffe Harriers A.C.	8.28	-	-	-	-	-	8.28
8	1	Coghlan, Garrett	Crusaders A.C.	-	-	-	-	-	6.05	6.05

### Discus - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	5	Harper, Jeremy	North Down	44.22	44.04	47.66	43.10	-	-	47.66
2	2	Hazler, Pavel	Leevale A.C.	44.08	43.06	-	43.61	-	-	44.08
3	3	Byrne, Eammon	Clonliffe Harriers A.C.	35.28	-	34.24	30.42	33.11	34.02	35.28
4	4	O'Grady, Neil	Menapians A.C.	28.58	30.86	29.04	30.05	29.43	29.50	30.86
5	8	Rafferty, Thomas	Tullamore Harriers A.C.	27.61	29.08	29.29	29.28	30.23	28.73	30.23
6	7	O'Reilly, Mathew	Shercock A.C.	27.71	27.37	-	-	-	24.91	27.71

### Javelin - Men Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	3	Delaney, Denis	Clonliffe Harriers A.C.	45.58	47.08	46.15				47.08
2	5	Mc Conville, Brendan	North Down	43.42	41.64	45.53				45.53
3	8	Carroll, Paul	Tullamore Harriers A.C.	34.05	39.42	34.61				39.42
4	6	O'Connor, Ray	Raheny Shamrock A.C.	39.39	38.72	38.15				39.39
5	7	Kiltinavicius, Albinas	Shercock A.C.	37.54	34.29	34.20				37.54
6	4	Mahoney, Alan	Menapians A.C.	36.22	34.51	32.92				36.22
7	1	Tuckey, Niall	Crusaders A.C.	32.20	33.97					33.97
8	2	Wysolki, Roman	Leevale A.C.	32.04	30.24	33.34				33.34

*Athletics Ireland : COMPOSITE RESULT*

**Hammer - Men Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	2	Wysolki, Roman	Leevale A.C.	48.44	50.19	X	50.21	48.54	X	50.21
2	1	Eyres, George	Crusaders A.C.	44.18	44.26	50.01	45.25	X	44.16	50.01
3	3	Byrne, Eammon	Clonliffe Harriers A.C.	43.95	39.64	X	X	43.01	43.22	43.95
4	7	Fitzpatrick, Hugh	Shercock A.C.	36.24	X	X	X	36.98	36.05	36.98
5	4	Donovan, Ger	Menapians A.C.	27.03	26.43	X	28.76	X	X	28.76
6	8	Rafferty, Thomas	Tullamore Harriers A.C.	23.93	X	24.32	25.11	24.35	X	25.11

**56lb Distance - Men Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	6	Mc Carthy, Derek	Raheny Shamrock A.C.	5.21	5.67	5.52	5.60	5.40	5.79	5.79
2	7	Fitzpatrick, Hugh	Shercock A.C.	4.95	5.30	X	5.38	5.66	5.60	5.66
3	5	Kirkpatrick, Paul	North Down	5.61	5.40	5.34	X	5.30	5.56	5.61
4	4	Donovan, Ger	Menapians A.C.	5.31	5.00	5.22	5.33	5.40	5.56	5.56
5	2	Dennehy, Brendan	Leevale A.C.	5.51	5.37	5.53	5.52	5.49	X	5.53
6	8	Matthew, Babu	Tullamore Harriers A.C.	5.00	X	4.88	4.36	4.58	X	5.00
7	3	Minn, Chris	Clonliffe Harriers A.C.	2.06						2.06

**4 x 100m - Men Premier Div.**

Place	Club	Team	Time
1	Clonliffe Harriers A.C.	Conroy, John Faye, Alagie Laffey, John Mc Creary, Anthony	43.70
2	Raheny Shamrock A.C.	Davis, Jamie Greene, Stuart O'Donohue, Barry Smyth, David	43.96
3	Menapians A.C.	Cogley, Kevin Hynes, David Jackman, Adrian Upton, Barry	44.01
4	Shercock A.C.	Daly, Philip Lynch, Craig Mc Cloy, Kevin Smith, Paul	44.30
5	Leevale A.C.	Duff, Derek Mc Namara, Carl O'Donovan, Darren O'Leary, Greg	46.37
6	North Down	Brown, Stuart Browne, Phil Reynolds, Tom Saulters, John	47.08
7	Tullamore Harriers A.C.	Butler, Darren Delaney, Ray Grennan, Cartage Hensey, Ger	48.37

**4 x 400m - Men Premier Div.**



### *Athletics Ireland : COMPOSITE RESULT*

1	Clonliffe Harriers	Healy, Conor McDonnell, Eoin Laffey, John Rooney, Colm	3:22.88
2.	North Down	Dyer, Michael Reynolds, Tom Patton, Tom Saulters, John	3:25.49
3.	Crusaders	Cummins, Eoin Leeney, Hugo Kenny, Simon McDonnell, Stephen	3:30.02
4.	Menapians	Cogley, Kevin Kedney, Rory Hynes, David McCormack, Shane	3:33.13
5.	Raheny Shamrock	Davis, Jamie Kelly, Kieran Kelly, Feidhlim King, Eoin	
6.	Leevale	McNamara, Carl O'Leary, Greg O'Donovan, Darren Owens, Cathal	3:34.81
7.	Tullamore Harriers	Delaney, Ray Grennan, Cartage Duffy, Ronan Lawlor, Damian	3:47.78

### **100 m - Women Premier Div.**

Wind : +1.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	24	Mc Loone, Mary	Tir Chonaill A.C.			12.69
2	17	Whiteside, Leigh	Abbey			12.79
3	21	Murphy, Zita	Dundrum South Dublin A.C.			12.82
4	23	Mc Ardle, Louise	Leevale A.C.			13.05
5	19	Howard, Roisin	Bandon A.C.			13.21
6	22	Quinn, Jenny	Lagan Valley			13.43
7	20	Other, AN	City of Lisburn			13.67
8	18	Wickham, Denise	Athletics Wexford			14.38

### **200 m - Women Premier Div.**

Wind : +0.7

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	17	Mc Caffrey, Elaine	Abbey			25.65
2	23	Mc Ardle, Louise	Leevale A.C.			26.60
3	19	Broderick, Christina	Bandon A.C.			27.45
4	22	Booth, Clem	Lagan Valley			28.41
5	18	Doyle, Aine	Athletics Wexford			29.09
6	24	Harvey, Catherine	Tir Chonaill A.C.			30.85

*Athletics Ireland : COMPOSITE RESULT*

**400 m - Women Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	17	Rodgers, Michelle	Abbey			58.19
2	23	Zebo, Jessika	Leevale A.C.			58.69
3	19	Broderick, Christina	Bandon A.C.			59.88
4	22	Rainey, Anna	Lagan Valley			59.96
5	21	Murphy, Hazel	Dundrum South Dublin A.C.			61.12
6	20	Monteith, Lindsey	City of Lisburn			64.25
7	18	Horan, Meabh	Athletics Wexford			69.77
8	24	McGowan O'Connor, Sharon			Tir Chonaill A.C.	
	75.14					

**800 m - Women Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	21	Murphy, Hazel	Dundrum South Dublin A.C.			2.15.78
2	18	Kehoe, Fiona	Athletics Wexford			2.19.82
3	22	Rainey, Anna	Lagan Valley			2.19.85
4	20	Gibson, Rachel	City of Lisburn			2.22.14
5	19	O'Donovan, Lynda	Bandon A.C.			2.32.69
6	17	Mc Clure, Katrina	Abbey			2.34.27
7	24	Gallagher, Philomena	Tir Chonaill A.C.			2.48.42

**1500 m - Women Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	21	Byrne, Linda	Dundrum South Dublin A.C.			4.35.65
2	24	Harvey, Michelle	Tir Chonaill A.C.			4.41.16
3	18	Kehoe, Fiona	Athletics Wexford			4.48.04
4	19	Mc Carthy Crowley, Carmel			Bandon A.C.	
	4.56.36					
5	20	Gillespie, Ruth	City of Lisburn			5.05.57
6	17	Neary, Sarah	Abbey			5.12.57
7	22	Mc Manus, Faye	Lagan Valley			5.54.6H

**3000 m - Women Premier Div.**

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Mc Carthy Crowley, Carmel			Bandon A.C.	
	10.28.22					
2	21	Twohig, Breffni	Dundrum South Dublin A.C.			10.41.67
3	17	Mac Gowan, Sarah	Abbey			10.50.42
4	20	Gillespie, Ruth	City of Lisburn			11.02.35
5	24	Roper, Shelly	Tir Chonaill A.C.			11.31.87
6	23	Van Hatten, Jessica	Leevale A.C.			12.38.51
7	22	Mc Manus, Fay	Lagan Valley			13.11.61
	18	Hogan, Deena	Athletics Wexford			DNF

*Athletics Ireland : COMPOSITE RESULT*

### 100 m Hurdles - Women Premier Div.

Wind : +0.0

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	23	Byrd, Katey	Leevale A.C.			15.83
2	21	Moggan, Grainne	Dundrum South Dublin A.C.			16.04
3	24	Stewart, Geraldine	Tir Chonaill A.C.			17.05
4	20	Porteous, Debbie	City of Lisburn			17.09
5	19	Kelly, Dawn	Bandon A.C.			17.56
6	18	Doyle, Aine	Athletics Wexford			18.37
7	22	Fair, Rowena	Lagan Valley			19.59
8	17	Lennon, Donna	Abbey			20.36

### 400 m Hurdles - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	21	Byrne, Linda	Dundrum South Dublin A.C.			67.58
2	20	Monteith, Lindsey	City of Lisburn			67.92
3	24	Harvey, Michelle	Tir Chonaill A.C.			69.97
4	17	Neary, Katie	Abbey			71.22
5	19	Kelly, Dawn	Bandon A.C.			72.52
6	18	Maloney, Sinead	Athletics Wexford			76.26
7	22	Fair, Rowena	Lagan Valley			84.98

### 1500 m Walk - Women Premier Div.

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	19	Tuthill, Colette	Bandon A.C.			7.07.77
2	21	Baker, Elaine	Dundrum South Dublin A.C.			7.56.05
3	24	Rooney, Marie	Tir Chonaill A.C.			8.47.57
4	23	Crowley, Claire	Leevale A.C.			10.55.60

### High Jump - Women Premier Div.

Place	No	Name	Club	1.35	1.40	1.45	1.50	1.55	1.60	1.65
1	21	Moggan, Grainne	Dundrum South Dublin A.C.	-	-	-	O	O	O	XXX
2	17	Neary, Katie	Abbey	-	-	-	O	O	XXX	
2	20	Herron, Linzi	City of Lisburn	-	O	O	O	O	XXX	
4	19	Howard, Roisin	Bandon A.C.	-	-	O	XXO	XXX		
5	24	Harvey, Catherine	Tir Chonaill A.C.	-	-	XXO	XXO	XXX		
6	18	Maloney, Sinead	Athletics Wexford	O	XXX					

### Long Jump - Women Premier Div.

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	24	Mc Loone, Mary	Tir Chonaill A.C.	5.54	5.62	5.18	-			5.62
2	17	Devlin, Mary	Abbey	5.60	X	X	5.44			5.60
3	19	Howard, Roisin	Bandon A.C.	5.14	4.90	-	4.96			5.14
4	20	Herron, Linzi	City of Lisburn	X	5.03	X	-			5.03
5	23	Zebo, Jessika	Leevale A.C.	4.82	4.92	4.61	X			4.92
6	21	Moggan, Grainne	Dundrum South Dublin A.C.	4.51	4.71	4.51	4.61			4.71
7	18	Wickham, Denise	Athletics Wexford	4.46	X	X	-			4.46
8	22	Booth, Clem	Lagan Valley	4.30	4.20	3.80	3.92			4.30

*Athletics Ireland : COMPOSITE RESULT*

**Triple Jump - Women Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	24	Mc Loone, Mary	Tir Chonaill A.C.	12.24						12.24
2	17	Devlin, Mary	Abbey	9.87	10.59	10.83	-	-	-	10.83
3	20	Porteous, Debbie	City of Lisburn	X	X	10.05	9.40	X	9.58	10.05
4	22	Frey, Laura	Lagan Valley	9.79	X	9.86	9.90	X	9.77	9.90
5	18	Wickham, Denise	Athletics Wexford	9.78	9.43	-	-	-	-	9.78
6	19	Broderick, Christina	Bandon A.C.	9.61	9.60	9.58	8.71	-	-	9.61
7	21	Moore, Lucy	Dundrum South Dublin A.C.	8.47	8.78	8.65	8.55	8.74	8.86	8.86
8	23	Byrd, Katey	Leevale A.C.	-	-	8.76	X	X	X	8.76

**Shot Putt - Women Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	24	Stewart, Geraldine	Tir Chonaill A.C.	11.35	11.86	X	11.95	-	-	11.95
2	17	Mc Nally, Rhiannon	Abbey	9.55	9.71	10.01	X	-	-	10.01
3	23	Murphy, Deirdre	Leevale A.C.	9.80	9.38	9.01	9.55	9.70	9.98	9.98
4	21	Mahon, Mary	Dundrum South Dublin A.C.	9.53	9.27	9.77	X	9.06	9.64	9.77
5	22	Frey, Laura	Lagan Valley	7.72	8.54	8.72	8.37	X	7.97	8.72
6	19	Mc Carthy-Coomey, Liz	Bandon A.C.	7.65	8.24	X	7.41	7.01	7.14	8.24
7	18	Horan, Meabh	Athletics Wexford	6.53	6.12	6.92	6.20	6.40	5.91	6.92
8	20	Gillespie, Ruth	City of Lisburn	5.97	6.70	-	-	-	-	6.70

**Discus - Women Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	23	Murphy, Deirdre	Leevale A.C.	33.45	37.08	34.19	35.46	34.70	34.51	37.08
2	21	Mahon, Mary	Dundrum South Dublin A.C.	23.96	23.71	27.13	29.59	30.86	X	30.86
3	19	Roche, Rachel	Bandon A.C.	X	26.24	X	19.93	25.73	X	26.24
4	22	Glover, Lynsey	Lagan Valley	X	23.43	22.33	X	22.14	22.84	23.43
5	17	Rafferty, Sarah	Abbey	15.77	15.83	19.20	17.05	17.09	17.44	19.20
6	18	Kehoe, Fiona	Athletics Wexford	16.46	18.61	16.06	-	-	-	18.61
7	24	Rooney, Marie	Tir Chonaill A.C.	11.09	X	13.85	12.39	-	-	13.85
8	20	Monteith, Lindsey	City of Lisburn	13.12	-	-	-	-	-	13.12

**Javelin - Women Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	19	Roche, Rachel	Bandon A.C.	27.54	X	31.01	30.40			31.01
2	24	Stewart, Geraldine	Tir Chonaill A.C.	29.26	27.50	27.23	23.58			29.26
3	17	Rafferty, Sarah	Abbey	25.32	27.24	27.20	26.81			27.24
4	21	Moleba, Mankuba	Dundrum South Dublin A.C.	22.17	21.48	19.64	25.28			25.28
5	23	Bradfield, Sarah	Leevale A.C.	20.40	23.18	23.25	23.25			23.25
6	22	Quinn, Jenny	Lagan Valley	14.01	X	X	14.67			14.67
7	18	Horan, Eanna	Athletics Wexford	9.40	11.10	12.74	14.19			14.19

*Athletics Ireland : COMPOSITE RESULT*

**Hammer - Women Premier Div.**

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	17	Mc Nally, Rhiannon	Abbey	45.18	X	45.82	47.76	44.56	46.20	47.76
2	22	Glover, Lysney	Lagan Valley	37.28	36.70	34.86	36.52	X	X	37.28
3	19	Mc Carthy-Coomey, Liz	Bandon A.C.	31.12	X	X	31.74	27.31	-	31.74
4	18	Horan, Meabh	Athletics Wexford	24.02	25.17	23.83	25.65	23.69	22.62	25.65
5	21	Moore, Lucy	Dundrum South Dublin A.C.	18.94	19.86	18.93	X	18.08	-	19.86
6	24	Mc Loone, Ethna	Tir Chonaill A.C.	13.72	15.12	12.39	13.03	X	15.31	15.31
7	23	Bradfield, Sarah	Leevale A.C.	11.80	X	-	-	-	-	11.80

**4 x 100m - Women Premier Div.**

1.	Abbey	Devlin, Mary McCaffrey, Elaine Lennon, Donna Whiteside, Leigh	49.32
2.	Leevale	Byrd, Katey O'Shea, Cliona McArdle, Louise Zebo, Jessika	51.13
3.	Lagan Valley		52.78
4	Dundrum South Dublin	Cusack, Barbara Murphy, Zita Moggan, Grainne O'Rourke, Grace	53.97
5.	City of Lisburn	Herron, Linzi Monteith, Lindsey Porteous, Debbie Gibson, Rachel	55.61
6.	Athletics Wexford	Horan, Eanna Maloney, Sinead Horan, Meabh Wickham, Denise	57.13
7	Tir Chonaill	Harvey, Catherine McLoone, Mary McLoone, Ethna Stewart, Geraldine	57.87

**4 x 400m - Women Premier Div.**

1.	Abbey	McCaffrey, Elaine Rodgers, Michelle Neary, Katie Whiteside, Leigh	3:56.50
2.	Tir Chonaill	Harvey, Michelle McGowan O'Connor, Sharon McLoone, Mary Stewart, Geraldine	4:08.22
3	Leevale	Cremin, Niamh McSweeney, Claire McArdle, Louise Zebo, Jessika	4:09.07
4.	Bandon	Broderick, Christina Kelly, dawn Howard, Roisin O'Donovan, Lynda	4:13.58
5.	Lagan Valley		4:18.11
6.	Dundrum South Dublin	Baker, Elaine Murphy, Hazel Byrne, Linda	4:19.33

## *Athletics Ireland : COMPOSITE RESULT*

Twohig, Breffni

7.	City of Lisburn	Herron, Linzi Gibson, Rachel Monteith, Lindsey Gillespie, Ruth	4:25.60
8.	Athletics Wexford	Doyle, Aine Kehoe, Fiona Horan, Meabh Maloney, Sinead.	4:36.16

### **ESB National League Final Results**

<b>Premier Division Men</b>			
<b>Place</b>	<b>Club</b>	<b>Open Score</b>	<b>Score Total</b>
1	North Down	6.5	110.5 117
2	Clonliffe Harriers A.C.	5	108.5 113.5
3	Raheny Shamrock A.C.	3	98 101
4	Leevale A.C.	9	82 91
5	Shercock A.C.	2	85 87
6	Menapians A.C.	6.5	78 84.5
7	Crusaders A.C.	1	67 68
8	Tullamore Harriers A.C.	4	48 52

<b>Premier Division Women</b>			
<b>Place</b>	<b>Club</b>	<b>Open Score</b>	<b>Score Total</b>
1	Abbey	4	103.5 107.5
2	Dundrum South Dublin A.C.	5	96 101
3	Bandon A.C.	9	91 100
4	Tir Chonaill A.C.	2	91 93
5	Leevale A.C.	7	75 82
6	City of Lisburn	6	56.5 62.5
7	Lagan Valley	1	61 62
8	Athletics Wexford	3	58 61

<b>Division One - Men</b>			
<b>Place</b>	<b>Club</b>	<b>Open Score</b>	<b>Score Total</b>
1	West Waterford A.C.	9	106 115
2	St. Abbans A.C.	6	106 112
3	Galway	5	99 104
4	Finn Valley A.C.	3	89 92
5	City of Derry	4	77 81
6	Ballymena & Antrim A.C.	7	66 73
7	Tir Chonaill A.C.	1	69 70
8	City of Lisburn	2	60 62

<b>Division One Women</b>			
<b>Place</b>	<b>Club</b>	<b>Open Score</b>	<b>Score Total</b>
1	Borrisokane A.C.	9	97 106
2	Meath	4	98 102
3	North Down	2	95 97
4	Tullamore Harriers A.C.	6	80 86
5	Galway	5	75 80
6	City of Derry	3	66 69
7	Clonliffe Harriers A.C.	1	64 65
8	Ballymena & Antrim A.C.	7	43 50