

Woodie's DIY / AAI Track & Field  
Championships of Ireland  
19th & 20th July 2008

Men's 100 m

Wind : +0.6

Place	Name	Club	Time
1	Paul Hession	Athenry A.C.	10.26
2	Darragh Graham	Sli Cualann A.C.	10.70
3	Derek Duff	Leevale A.C.	10.82
4	Patrick Phelan	Tralee Harriers A.C.	10.84
5	Christopher Russell	Ferrybank A.C.	10.87
6	Dean Adams	Ballymena & Antrim A.C.	10.93
7	David O'Shea	Dooneen A.C.	10.99
8	Daniel Kavanagh	Clonliffe Harriers A.C.	10.99

Men's 200 m

Wind : +3.4

Place	Name	Club	Time
1	Darragh Graham	Sli Cualann A.C.	21.38
2	David Hynes	Menapians A.C.	21.47
3	Derek Duff	Leevale A.C.	21.53
4	Jason Smyth	City of Derry A.C.	21.73
5	Christopher Russell	Ferrybank A.C.	22.07
6	Kevin Duggan	Mullingar Harriers A.C.	22.38
7	Deanna O'Byrne	Dundrum South Dublin A.C.	22.71
	Paul Brizzell	Ballymena & Antrim A.C.	DNS

Men's 400 m

Place	Name	Club	Time
1	Gordon Kennedy	Tullamore Harriers A.C.	46.91
2	Brian Doyle	Finn Valley A.C.	47.17
3	Brian Gregan	Tallaght A.C.	47.43
4	Brian Murphy	U.C.C. A.C.	47.52
5	Nick Hogan	Dundrum South Dublin A.C.	48.90
6	Billy Ryan	Ferrybank A.C.	49.42
7	Cathal Owens	Leevale A.C.	49.75
8	Ciaran Mc Cabe	Riocht A.C.	50.74

Men's 800 m

Place	Name	Club	Time
1	Thomas Chamney	Crusaders A.C.	1.50.73
2	David Campbell	St. Coca'S A.C.	1.51.07
3	Eoin Everard	Kilkenny City Harriers A.C.	1.52.01
4	Kevin Mc Cloy	Shercock A.C.	1.52.04
5	Alan O'Brien	Crusaders A.C.	1.52.25
6	Joe Warne	Doheny A.C.	1.52.65
7	Conor Healy	Clonliffe Harriers A.C.	1.53.09
8	Feidhlim Kelly	Raheny Shamrock A.C.	1.53.45
9	Eoin Mc Donnell	Clonliffe Harriers A.C.	1.54.25
10	Michael Dyer	North Down A.C.	1.55.15

11 Darragh Greene                      Dunleer A.C.                      1.57.54

Men's 1500 m

Place	Name	Club	Time
1	Colm Rooney	Clonliffe Harriers A.C.	3.58.74
2	Mark Hanrahan	Leevale A.C.	3.58.98
3	Richard Corcoran	Raheny Shamrock A.C.	3.59.01
4	Dan Mulhare	North Laois A.C.	4.00.66
5	Patrick Mc Cartan	West Limerick A.C.	4.01.12
6	Julian Kuppler	Rathfarnham W.S.A.F. A.C.	4.01.80
7	Fintan Mc Gee	Lucan Harriers A.C.	4.01.94
8	Kevin Moriarty	Raheny Shamrock A.C.	4.02.89
9	Gary O'Hanlon	Clonliffe Harriers A.C.	4.03.41
10	James King	Milford A.C.	4.03.86
11	Martin Conroy	Sligo A.C.	4.04.00
12	Ryan Faulkner	St. Malachy's A.C.	4.06.76

Men's 5000 m

Place	Name	Club	Time
1	Mark Christie	Mullingar Harriers A.C.	14.41.03
2	Aidan Bailey	Clonliffe Harriers A.C.	14.47.47
3	Brian Maher	Kilkenny City Harriers A.C.	14.48.94
4	Emmet Dunleavy	Sligo A.C.	14.51.47
5	Thomas Frazer	St. Malachy'S A.C.	14.53.77
6	Alan Mc Cormack	Dundrum South Dublin A.C.	14.58.48
7	David Rooney	Lough Ree A.C.	15.00.09
8	Raivis Zakis	West Waterford A.C.	15.01.89
9	Thomas Fitzpatrick	Tallaght A.C.	15.03.23
10	Sean Hehir	Rathfarnham W.S.A.F. A.C.	15.04.54
11	Simon Ryan	Raheny Shamrock A.C.	15.06.81
12	Kevin Lawlor	St. L. O'Toole A.C.	15.13.51
13	Thomas Evans	Gowran A.C.	15.16.82
14	Simon Taylor	Abbey A.C.	15.24.82
15	Bernard Roe	Raheny Shamrock A.C.	15.28.23
16	Kevin O'Connor	Dundrum South Dublin A.C.	15.30.91
17	Desmond Casey	Millstreet A.C.	15.33.60
18	Stephen Scullion	North Belfast Harriers A.C.	15.34.87
19	Rory Mc Donnell	Dunboyne A.C.	15.35.83
20	Gary Crossan	Letterkenny A.C.	15.47.33
21	Michael Mac Diarmada	Clonliffe Harriers A.C.	15.55.50
22	Barry Minnock	Rathfarnham W.S.A.F. A.C.	15.57.43
23	Michael Freeley	Rathfarnham W.S.A.F. A.C.	15.58.75
24	Mark Dooley	Donore Harriers A.C.	16.20.10
	Martin Fagan	Mullingar Harriers A.C.	DNS
	Paul Fleming	Rathfarnham W.S.A.F. A.C.	DNF
	Robert Malseed	Mayo A.C.	DNF

Men's 10,000 m

Place	Name	Club	Time
1	Martin Fagan	Mullingar Harriers A.C.	29.16.53

2	Mark Kenneally	Clonliffe Harriers A.C.	29.28.56
3	Joseph Mc Allister	St. Malachy'S A.C.	30.22.21
4	Vincent Mulvey	Raheny Shamrock A.C.	30.34.37
5	Michael Clohisey	Raheny Shamrock A.C.	30.40.11
6	Matt Flaherty	Crusaders A.C.	30.59.36
7	John Eves	Dundrum South Dublin A.C.	31.12.66
8	Gary Thornton	Galway City Harriers A.C.	31.31.69
9	Brian Mc Mahon	Clonliffe Harriers A.C.	31.59.69
10	Gary Crossan	Letterkenny A.C.	31.59.98
11	Bernard Roe	Raheny Shamrock A.C.	32.34.62
12	Brian Leahy	Raheny Shamrock A.C.	32.58.46
13	Liam Dunne	Rathfarnham W.S.A.F. A.C.	35.16.79
	Diarmuid Grant	City of Derry A.C.	DNF
	Brendan Teer	East Down A.C.	DNF
	George Brady	Donore Harriers A.C.	DNF

#### Men's 110 m Hurdles

Wind : +2.5

Place	Name	Club	Time
1	Peter Coghlan	Crusaders A.C.	13.90
2	Ian Mc Donald	Crusaders A.C.	14.05
3	Philip Kearney	Tralee Harriers A.C.	15.13
4	Ciaran O'Cathain	Roscommon A.C.	15.38
5	Chris Minn	Clonliffe Harriers A.C.	16.16
	Brian Flatley	Shercock A.C.	DNS

#### Men's 400 m Hurdles

Place	Name	Club	Time
1	Tom Carey	City of Derry A.C.	52.03
2	Jonathan Miller	Dundrum South Dublin A.C.	52.24
3	Chris Quinn	Lagan Valley A.C.	52.53
4	James Ruxton	Shercock A.C.	52.98
5	Gerard O'Donnell	Carrick-On-Shannon A.C.	54.01
6	Philip Kearney	Tralee Harriers A.C.	55.32
	jeremy Lyons	Clonliffe Harriers A.C.	DNS
	Barry Upton	Menapians A.C.	DNS

#### Men's 3000 m Steeplechase

Place	Name	Club	Time
1	Rory Chesser	Ennis Track A.C.	9.04.81
2	Brian Farrell	Sli Cualann A.C.	9.04.88
3	Mark Kirwan	Raheny Shamrock A.C.	9.12.04
4	Emmet Dunleavy	Sligo A.C.	9.15.70
5	Patrick Davoren	Phoenix A.C.	9.23.19
6	Eugene O'Neill	Crusaders A.C.	9.25.34
7	Mark Ryan	Rathfarnham W.S.A.F. A.C.	9.28.57
8	Ciaran Doherty	Letterkenny A.C.	9.29.46
9	Kevin English	Clonliffe Harriers A.C.	9.52.96
10	Mark Conway	Dundrum South Dublin A.C.	11.01.14
	Raivis Zakis	West Waterford A.C.	DNS

### Men's 10 000 m Walk

Place	Name	Club	Time
1	Robert Heffernan	Togher A.C.	38.27.57
2	Jamie Costin	West Waterford A.C.	40.13.87
3	David Kidd	St. L. O'Toole A.C.	44.17.72
4	Brendan Boyce	Milford A.C.	44.34.91
5	Michael Doyle	Tara A.C.	46.45.07
6	John Egan	Bree A.C.	46.50.76

### Men's High Jump

Place	Name	Club	Hgt(m)
1	Christopher Crowley	Belgooly A.C.	2.08
2	Mark Crowley	Dublin City Harriers A.C.	2.05
3	Barry Pender	St. Abbans A.C.	2.00
4	Simon Herron	City of Derry A.C.	1.95
5	Kourosh Foroughi	Star of the Sea A.C.	1.95
6	Paul Byrne	St. Abbans A.C.	1.80
7	Brendan A. Dennehy	Rising Sun A.C.	1.75
8	Eamonn Whelan	Sli Cualann A.C.	1.70
9	Michael Niemczak	Sli Cualann A.C.	1.55

### Men's Long Jump

Place	Name	Club	Dist(m)
1	Christopher Crowley	Belgooly A.C.	7.22
2	Alan Kennedy	Abbey A.C.	7.07
3	Sean Mc Mahon	Ballymena & Antrim A.C.	6.76
4	David Quilligan	Leevale A.C.	6.65
5	Paul Smith	Shercock A.C.	6.60
6	Brian Flatley	Shercock A.C.	6.57
7	Kourosh Foroughi	Star of the Sea A.C.	6.41
8	Brendan A. Dennehy	Rising Sun A.C.	6.05
9	Stephen Comiskey	St. Pauls A.C.	5.97
10	Richard Tsang	Monaghan Phoenix A.C.	5.52

### Men's Triple Jump

Place	Name	Club	Dist(m)
1	Denis Finnegan	U.C.C. A.C.	14.36
2	Eoin Kelly	St. Abbans A.C.	14.34
3	Francis Egan	St. Abbans A.C.	13.86
4	Simon Herron	City of Derry A.C.	13.13

### Men's Pole Vault

Place	Name	Club	Hgt(m)
1	David Donegan	Clonliffe Harriers A.C.	4.75
2	Anthony Mc Creery	Clonliffe Harriers A.C.	4.65
3	Adam Walker		4.35
4	Stuart Greene	Raheny Shamrock A.C.	4.05
5	Thomas Houlihan	West Waterford A.C.	4.05
6	Richard Whyte	Brothers Pearse A.C.	3.85

### Men's Shot Putt

Place	Name	Club	Dist(m)
1	Sean Breathnach	Galway City Harriers A.C.	15.74
2	Colin Quirke	Crusaders A.C.	14.06
3	John Farrelly	Brow Rangers A.C.	12.48
4	Alan O'Connor	Tralee Harriers A.C.	12.33
5	Joe Kelly	Brow Rangers A.C.	11.07
6	Joseph Nagle	Leevale A.C.	10.86
7	Conor O'Reilly	Sli Cualann A.C.	10.69
8	Kieron Stout	Celbridge A.C.	10.59
9	Mathew O'Reilly	Shercock A.C.	10.48
10	Hugh Fitzpatrick	Shercock A.C.	10.27
11	Michael Niemczak	Sli Cualann A.C.	9.87
12	David Gomm	Raheny Shamrock A.C.	5.16

### Men's Discus

Place	Name	Club	Dist(m)
1	John Menton	Donore Harriers A.C.	46.03
2	Pavel Hazler	Leevale A.C.	45.98
3	Gerard Nagle	Star of the Sea A.C.	45.64
4	Colin Quirke	Crusaders A.C.	43.20
5	Jeremy Harpur	North Down A.C.	43.20
6	Daniel Clifford	Farranfore Maine Valley A.C.	41.70
7	Justin Collins	North Westmeath A.C.	41.69
8	Sean Breathnach	Galway City Harriers A.C.	38.86
9	Alan O'Connor	Tralee Harriers A.C.	35.45
10	Barry Delaney	Star of the Sea A.C.	33.12
11	Hugh Fitzpatrick	Shercock A.C.	31.96
12	Kieron Stout	Celbridge A.C.	30.48
13	Mathew O'Reilly	Shercock A.C.	28.14

### Men's Javelin

Place	Name	Club	Dist(m)
1	Jarah Kubis	Kilkenny City Harriers A.C.	61.41
2	Michael Mc Conkey	North Down A.C.	60.95
3	Mindaugas Kurcenkova	Galway City Harriers A.C.	59.56
4	Paul Marry	Clonliffe Harriers A.C.	57.40
5	Aaron Crawford	Strabane Track Club	57.24
6	Damian Crawford	Strabane Track Club	55.31
7	Daniel Mullen	Strabane Track Club	53.41
8	Denis Delaney	Clonliffe Harriers A.C.	51.30
9	Brian Mc Dermott	Dundrum South Dublin A.C.	50.00
10	Joseph Diskin	Sli Cualann A.C.	49.13
11	Sean Mc Bride	Strabane Track Club	45.82

### Men's Hammer

Place	Name	Club	Dist(m)
1	Padraig White	U.C.D. A.C.	56.69
2	Pavel Hazler	Leevale A.C.	54.96

3	Gerard Kelly	Castlebar A.C.	49.12
4	Lorcan Carpenter	Crusaders A.C.	47.85
5	Eamonn Byrne	Clonliffe Harriers A.C.	43.68
6	Richard Murphy	Lisburn A.C.	42.86
7	Hugh Fitzpatrick	Shercock A.C.	39.75

#### Men's 56lb Distance

Place	Name	Club	Dist(m)
1	John Menton	Donore Harriers A.C.	7.90
2	Sean Breathnach	Galway City Harriers A.C.	7.76
3	Seamus Fitzpatrick	North Laois A.C.	7.49
4	Barry Delaney	Star of the Sea A.C.	6.78
5	Alan O'Connor	Tralee Harriers A.C.	6.57
6	Gerard Nagle	Star of the Sea A.C.	6.55
7	Mark Hanily	Fr. Murphys A.C.	6.29
8	Paddy Hanily	Fr. Murphys A.C.	6.17

#### Men's 56lb Height

Place	Name	Club	Hgt(m)
1	Seamus Fitzpatrick	North Laois A.C.	4.40
2	Sean Breathnach	Galway City Harriers A.C.	4.25
3	Barry Delaney	Star of the Sea A.C.	4.20
4	Eddie Byrne	Brow Rangers A.C.	4.15
5	Hugh Fitzpatrick	Shercock A.C.	3.25

#### Junior Men's 3000 m

Place	Name	Club	Time
1	Michael Mulhare	North Laois A.C.	8.43.90
2	Eoin Pierce	Clonliffe Harriers A.C.	8.50.37
3	Tomas Cotter	Dunleer A.C.	8.54.64
4	David Fitzmaurice	Clonliffe Harriers A.C.	9.00.87
5	Tommy Carroll	North Sligo A.C.	9.02.86
6	Darragh Flynn	Raheny Shamrock A.C.	9.04.44
7	Eoin Hamilton	St. Malachy's A.C.	9.10.19
8	Liam Tremble	Metro/St. Brigid's A.C.	9.11.50
9	Liam Markham	Ennis Track A.C.	9.13.81
10	Jason O'Byrne	Sli Cualann A.C.	9.17.65
11	John Travers	Donore Harriers A.C.	9.18.90
12	Lee Stenson	Mullingar Harriers A.C.	9.20.86
13	Patrick Flynn	Ferrybank A.C.	9.30.80
14	Larry Brady	Clonliffe Harriers A.C.	9.35.81
15	Thomas Hayes	Kilkenny City Harriers A.C.	9.43.60

#### 35lb Height - Junior Men

Place	Name	Club	Hgt(m)
1	Mathew O'Reilly	Shercock A.C.	4.60
2	Gerard Kelly	Castlebar A.C.	4.50
3	Clive Heapes	Finn Valley A.C.	4.20
4	Joseph Mulligan	Tullamore Harriers A.C.	3.45

### 35lb Height - U.23 Men

Place	Name	Club	Hgt(m)
1	Hugh Fitzpatrick	Shercock A.C.	4.75
2	Ciaran Donnelly	Crusaders A.C.	4.40
3	Eamonn Byrne	Clonliffe Harriers A.C.	3.25

### Women's 100 m

Wind : +2.7

Place	Name	Club	Time
1	Amy Foster	North Down A.C.	11.54
2	Ailis Mc Sweeney	Leevale A.C.	11.64
3	Claire Brady	Celbridge A.C.	11.66
4	Kelly Proper	Ferrybank A.C.	11.68
5	Niamh Whelan	Ferrybank A.C.	11.74
6	Anna Boyle	Ballymena & Antrim A.C.	11.81
7	Louise Kiernan	Fingallians A.C.	11.88
	Avril Dillon	Dundrum South Dublin A.C.	DNS

### Women's 200 m

Wind : +2.7

Place	Name	Club	Time
1	Kelly Proper	Ferrybank A.C.	23.69
2	Claire Brady	Celbridge A.C.	24.05
3	Niamh Whelan	Ferrybank A.C.	24.06
4	Mairead Murphy	U.C.D. A.C.	25.16
5	Amber Mc Gillicuddy	Metro/St. Brigid's A.C.	26.17
6	Maria Sheehan	Dooneen A.C.	26.43
7	Angela Hogan	Borrisokane A.C.	27.02
8	Susan Giblin	Raheny Shamrock A.C.	28.46

### Women's 400 m

Place	Name	Club	Time
1	Marian Andrews	Togher A.C.	53.97
2	Elaine Mc Caffrey	Abbey A.C.	55.48
3	Christina Broderick	Belgooly A.C.	56.89
4	Claire Mc Sweeney	Leevale A.C.	57.65
5	Sinead Kelly	St. Abbans A.C.	57.65
6	Roisin Anglim	Fingallians A.C.	58.62
7	Clare Mc Glynn	Dundrum South Dublin A.C.	58.73
	Ciara Mc Callian	Clonliffe Harriers A.C.	DNS

### Women's 800 m

Place	Name	Club	Time
1	Ciara Everard	Kilkenny City Harriers A.C.	2.13.25
2	Ciara Durkan	Skerries A.C.	2.13.72
3	Fiona Kehoe	Kilmore A.C.	2.14.60
4	Aoife Brady	Sportsworld A.C.	2.16.57
5	Dawn Kelly	Belgooly A.C.	2.18.69
6	Lyndsey Monteith	City of Lisburn A.C.	2.20.60
7	Laura Scriven	St. L. O'Toole A.C.	2.21.05

8	Rachel Gibson	City of Lisburn A.C.	2.22.51
9	Suzanne Harding	Bree A.C.	2.25.28
10	Helen Murphy	Dundrum South Dublin A.C.	2.25.67
11	Sinead Hartnett	Clonliffe Harriers A.C.	2.46.10
	Aisling Gould	Leevale A.C.	DNS
	Ann Doyle	Gowran A.C.	DNS

#### Women's 1500 m

Place	Name	Club	Time
1	Roisin Mc Gettigan	Sli Cualann A.C.	4.17.91
2	Kelly Mc Niece	Lisburn A.C.	4.19.56
3	Roseanne Galligan	Newbridge A.C.	4.20.90
4	Hazel Murphy	Dundrum South Dublin A.C.	4.24.49
5	Stephanie Reilly	Sli Cualann A.C.	4.25.32
6	Sara Treacy	Moynalvey A.C.	4.26.26
7	Linda Byrne	Dundrum South Dublin A.C.	4.31.03
8	Joanne English	Letterkenny A.C.	4.40.70
9	Louise Reilly	Clonliffe Harriers A.C.	4.44.09
10	Deirdre Doyle	Tinryland A.C.	4.44.87
11	Tekea Gebrezgi	Celtic DCH A.C.	4.45.23
12	Emma Cooper	Clonliffe Harriers A.C.	4.46.96
13	Eleanor Alexander	Clonliffe Harriers A.C.	4.51.07
14	Susan Byrne	Raheny Shamrock A.C.	4.55.09
15	Kitty Walsh	Ferrybank A.C.	4.57.92
16	Beth Walsh	Ferrybank A.C.	4.59.25
	Ciara Durkan	Skerries A.C.	DNF

#### Women's 5000 m

Place	Name	Club	Time
1	Maria Mc Cambridge	Dundrum South Dublin A.C.	16.30.54
2	Kerry Harty	Newcastle A.C.	16.59.91
3	Annette Kealy	Raheny Shamrock A.C.	17.25.79
4	Caitriona Jennings	Rathfarnham W.S.A.F. A.C.	17.37.86
5	Niamh Devlin	Dundrum South Dublin A.C.	17.40.37
6	Siobhain O'Doherty	Borrisokane A.C.	17.46.40
7	Adrienne Jordan	Donore Harriers A.C.	17.55.59
8	Teresa Mc Gloin	Finn Valley A.C.	18.19.23
	Kate O'Neill	Metro/St. Brigid's A.C.	DNF
	Deirdre Mc Dermot	Naas A.C.	DNF

#### Women's 100 m Hurdles

Wind : +0.3

Place	Name	Club	Time
1	Derval O'Rourke	Leevale A.C.	13.04
2	Mairead Murphy	U.C.D. A.C.	13.89
3	Avril Dillon	Dundrum South Dublin A.C.	15.49
4	Debbie Porteous	City of Lisburn A.C.	16.56

#### Women's 400 m Hurdles

Place	Name	Club	Time
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1	Michelle Carey	Dublin Striders A.C.	58.16
2	Jessie Barr	Ferrybank A.C.	59.74
3	Kalyn Sheehan	Ferrybank A.C.	59.94
4	Emma Peters	Cardiff A.C.	60.38
5	Brona Furlong	Slaney Olympic A.C.	61.91
6	Niamh Cremin	Leevale A.C.	62.74

#### Women's 3,000 m Steeplechase

Place	Name	Club	Time
1	Fionnualla Britton	Sli Cualann A.C.	9.51.93
2	Stephanie O'Reilly	Sli Cualann A.C.	10.19.35
3	Elizabeth Egan	Bree A.C.	11.38.50

#### Women's 5000 m Walk

Place	Name	Club	Time
1	Olive Loughnane	Loughrea A.C.	21.07.28
2	Laura Reynolds	Mohill A.C.	25.14.90
3	Donna Carolan	Sli Cualann A.C.	25.47.18
4	Rachel Flynn	Sligo A.C.	29.50.77
	Georgina Touhy	Tullamore Harriers A.C.	DNF

#### Women's High Jump

Place	Name	Club	Hgt(m)
1	Rosemary Daniels	Na Fianna A.C.	1.75
2	Pamela Hughes	Westport A.C.	1.70
3	Grainne Moggan	Brothers Pearse A.C.	1.65
3	Claire Wilkinson	Ballymena & Antrim A.C.	1.65
5	Jenny Reilly	Na Fianna A.C.	1.60

#### Women's Long Jump

Place	Name	Club	Dist(m)
1	Kelly Proper	Ferrybank A.C.	6.42
2	Antoinette Stafford	D.M.P. A.C.	5.88
3	Mary Mc Loone	Tír Chonaill A.C.	5.82
4	Mary Devlin	Abbey A.C.	5.68
5	Amber Mc Gillicuddy	Metro/St. Brigid's A.C.	5.67
6	Leona Byrne	St. L. O'Toole A.C.	5.51
7	Aileen Ruane	Sligo A.C.	5.39
8	Sinead Donnelly	Ferrybank A.C.	5.08

#### Women's Triple Jump

Place	Name	Club	Dist(m)
1	Mary Mc Loone	Tír Chonaill A.C.	11.71
2	Mary Devlin	Abbey A.C.	11.37
3	Hannah Todd	Ballymena & Antrim A.C.	11.24
4	Linzi Herron	Lisburn A.C.	10.86
5	Jenny Reilly	Na Fianna A.C.	10.77
6	Debbie Porteous	City of Lisburn A.C.	10.46
7	Rachel Finnegan	Craughwell A.C.	9.51
8	Sarah Finnegan	Craughwell A.C.	9.41

#### Women's Shot Putt

Place	Name	Club	Dist(m)	
1	Eva Massey	North Down A.C.	16.20	
2	Aoife Hickey	Kilkenny City Harriers A.C.	12.95	
3	Clare Mc Aleese	Ballymena & Antrim A.C.		11.70
4	Deirdre Murphy	Leevale A.C.	11.16	
5	Catriona Ryan	Templemore A.C.	10.48	
6	Sarah Bradfield	Leevale A.C.	9.16	

#### Women's Discus

Place	Name	Club	Dist(m)	
1	Eileen O'Keeffe	Kilkenny City Harriers A.C.	46.44	
2	Deirdre Murphy	Leevale A.C.	39.42	
3	Sarah Bradfield	Leevale A.C.	35.09	
4	Philippa Conway	Crusaders A.C.	32.58	
5	Rachel Maguire	Crusaders A.C.	31.45	
6	Karen O'Connor	Tralee Harriers A.C.	30.42	
7	Aoife O'Malley	Bilboa A.C.	25.06	

#### Women's Javelin

Place	Name	Club	Dist(m)	
1	Anita White	Dublin Striders A.C.	42.82	
2	Olivia Mc Donald	St. Peter'S A.C.		38.81
3	Rachel Bolger	Sli Cualann A.C.	37.08	
4	Ruth Farrelly	Clonliffe Harriers A.C.	30.85	
5	Aoife O'Malley	Bilboa A.C.		29.53
6	Lisa Callaghan	Cushinstown A.C.	24.16	

#### Women's Hammer

Place	Name	Club	Dist(m)	
1	Eileen O'Keeffe	Kilkenny City Harriers A.C.	72.75	
2	Rachel Akers	Marian A.C.	54.80	
3	Aoife Hickey	Kilkenny City Harriers A.C.	50.49	
4	Katie O'Shea	Farranfore Maine Valley A.C.	45.77	
5	Maggi Donnelly	Mid-Ulster A.C.	44.46	
6	Mary Sutherland	D.M.P. A.C.	43.87	

#### Women's Pole Vault

Place	Name	Club	Hgt(m)	
1	Zoey Brown	Ballymena & Antrim A.C.	3.85	
2	Claire Wilkinson	Ballymena & Antrim A.C.		3.25