

By Certified Post

«Name_1» «Name_2»
«Address_1»
«Address_2»
«Address_3»
«Address_4»
«Address_5»
«Address_6»

December 15, 2008

Re: Registered Testing Pool

Dear «Name_1»,

The Irish Sports Council ("the Council") is writing this letter to you to notify you that you have been designated for inclusion in the Council's Registered Testing Pool¹. This is a very important letter and we strongly recommend you read it fully and carefully. Do not hesitate to contact the Anti-Doping Unit at the Council if you have any questions regarding the information in this letter.

This letter tells you about:

- The whereabouts information you must file;
- How to file your whereabouts information;
- How you may end up committing an anti-doping rule violation;
- What to do if you are also in the Registered Testing Pool of your international federation;
- Having a third party provide some or all of your whereabouts information or updates; and
- Confidentiality.

Please find enclosed a copy of the Irish Anti-Doping Rules and a quarterly Whereabouts form to be completed and returned to the Council. You must be aware of your responsibilities under the Irish Sport Anti-Doping Rules ("the Rules") especially under Article 5, which sets out your whereabouts requirements. These requirements are very important and have been summarised below. Failure by you to comply with these requirements may result in the imposition on you of a sanction of ineligibility to participate in sport for a period of one to two years or longer.

Required whereabouts information

The enclosed form is the whereabouts filing for this quarter. Under Article 5.10.1 of the Rules you are required to complete a quarterly whereabouts filing form completely and accurately in the format and detail as required by the Council. If you fail to do this by the **15th January 2009** you shall be considered to have committed a **Filing Failure**. You may lose funding you are receiving from the Council or any other organisation.

¹ Terms defined in the Rules are denoted in this letter of notification by a capital initial.

You must notify us of where you will be for each day of the next quarter. You must provide sufficient detail as to your location so that any Anti-Doping Organisation is able to locate you for testing on any given day during the quarter. This means we will need the full address of the place where you will be residing for each day, including weekends. If your plans change you must update your whereabouts filing as necessary so that it is current and accurate.

Under Article 5.10.2 of the Rules you are also required to specify on the whereabouts filing form one sixty minute time slot between 6 a.m. and 11 p.m. each day when you will be available for testing. You must provide sufficient detail of your location during the specified sixty minute time slot so that any Anti-Doping Organisation is able to locate you for testing. If your plans change you must update the information on your whereabouts form at any time prior to the time which is being changed. This does not mean that you will only be tested during this sixty minute time slot at the specified location. You must submit to a doping control test at any time. However, under Article 5.10.4 of the Rules, if you are unavailable for testing during the specified sixty minute time slot at the specified location you shall be considered to have a **Missed Test**. You may lose funding you are receiving from the Council or any other organisation.

How to file your whereabouts information

The whereabouts form is included with this letter. Please note the whereabouts filing form is also available on the Council website, www.irishsportsCouncil.ie. Please return the completed whereabouts filing form directly to the Council by the **15th January 2009**. Please note that all written notices will be sent to the address on your whereabouts filing form unless otherwise stated.

If there are any changes to your whereabouts information, please ensure that you contact the Anti-Doping Unit at the Council as soon as you are aware of these changes. There is a text messaging service available to athletes to update their whereabouts, the number is 087 228 7443. Please ensure that you sign your name in full at the end of the text.

How you may end up committing an anti-doping rule violation

An athlete who commits three Filing Failures, three Missed Tests or any combination of three Filing Failures and Missed Tests within an eighteen month period shall be considered to have committed an anti-doping rule violation under Article 2.4 of the Rules and may be subject to sanction. The sanction for a first violation of Article 2.4 is a period of ineligibility to participate in sport for one to two years. For a second and subsequent violation the period of ineligibility is more than two years.

If you provide fraudulent information in your whereabouts filing, you shall be considered to have committed an anti-doping rule violation under Article 2.3 and/or Article 2.5 of the Rules and may be subject to sanction.

If you are also in the Registered Testing Pool of your international federation

If you are also in the registered testing pool of your international federation you must provide to the Council a copy of the whereabouts filing form you have submitted to the international federation unless you have been instructed otherwise by the Council.

Having a third-party provide some or all of your whereabouts information or updates

You may choose a third party to provide some or all of the required whereabouts filings or any updates to your whereabouts filings. If you do, it is important to note that you are still responsible for any Filing Failure or Missed Test and may be found to have committed an anti-doping rule violation under Article 2.4 of the Rules and may be subject to sanction. It is not a defence that a third party failed to file the information or filed inaccurate information.

Confidentiality

The Council will maintain the confidentiality of the whereabouts information that you provide. It will only be used to facilitate Out-Of-Competition testing by us under the Rules or by another competent anti-doping authority that has accepted the same confidentiality obligations. Please note that any other anti-doping authority with the requisite authority under the World Anti-Doping Code may test you Out-Of-Competition at any time, whether using the whereabouts information that you are providing or otherwise.

Receipt confirmation

A duplicate copy of this letter is enclosed. Please sign and date it in the space provided below and send it back to us at the following address to confirm receipt of this notice: The Anti-Doping Unit, The Irish Sports Council, Top Floor, Block A, West End Business Park, Blanchardstown, Dublin 15.

I look forward to hearing from you soon.

Yours sincerely,



Dr Úna May
Anti-Doping Programme

Receipt acknowledged:

Sign: _____

Name (print): _____

Date: _____