

Masters Track & Field Championships of Ireland

Tullamore Harriers Stadium

Sunday 10th August 2014

Provisional Timetable

11.00	100m	Women	Timed	11.00	Javelin	35 +	Women
11.25	100m	Men	Timed	11.00	Hammer Outfield	35-49	Men
11.55	3000m	Women	Final	11.00	Shot Put Infield	50-59	Men
				11.00	Weight for Distance 28lb	70 +	Men
12.10	3000m Walk	Women	Final	12.00	High Jump	35+	Women
12.30	5000m Walk	Men	Final	12.30	Discus Infield	35+	Women
				12.30	Discus Outfield	35-49	Men
				12.30	Javelin	50-59	Men
				12.30	Hammer Outfield	60+	Men
				13.00	Long Jump	35-49	Men
13.10	200m	Women	Timed	13.30	Shot Put Infield	35+	Women
13.30	200m	Men	Timed				
				14.00	Long Jump	50-59	Men
				14.00	Discus Outfield	50-59	Men
				14.00	Javelin	35-49	Men
				14.30	High Jump	35-49	Men
14.10	800m	Women	Final	14.30	Hammer Outfield	35+	Women
14.30	800m	Men	Final	14.30	Shot Put Outfield	60+	Men
15.00	5000m	Men Race 1	Final	15.00	Long Jump	35+	Women
15.25	5000m	Men Race 2	Final	15.30	High Jump	50+	Men
15.50	Hurdles 35-49	Women	Final	15.30	Hammer Outfield	50-59	Men
				15.30	Discus Outfield	60 +	Men
				15.45	Shot Put Infield	35-49	Men
16.10	Hurdles 35-49	Men	Final	16.30	Weight for Distance 56lb	35-49	Men
16.20	400m	Women	Final	16.00	Long Jump	60 +	Men
16.40	400m	Men	Final	16.30	Javelin	60+	Men
17.00	1500m	Women	Final	17.00	Weight for Distance 35lb	50-69	Men
17.15	1500m	Men	Final				
17.45	4 x 100m	Women					
	4 x 100m	Men					
	4 x 400m	Women					
	4 x 400m	Men					