



**Cross Country Review Forum
Athlone Institute of Technology
Saturday 14th Feb 11am – 3pm**

AGENDA

11.00am	Presidents Introduction	Ciarán Ó Catháin
11.15am	C.E.O. Presentation	John Foley
11.35am	High Performance Perspective	Chris Jones
11.50am	Questions	
12.00pm	Workshops (1 & 2 Juvenile/3 & 4 Senior) *Subject to Numbers	
	1. Age Groups/Starting Age for National Competition	
	Schools/AAI co-operation	
	2. Athlete Development – Early Specialisation	
	Juvenile Distances	
	3. Structure of Season	
	Cross Country League	
	4. Increase Participation	
	Prize Money	
	Promotion/Management/Media	
1.00pm	Coffee Break	
1.15pm	Reports From Workshops	
2.00pm	Discussion	
2.45pm	Next Steps	

Panel

Ciarán Ó Catháin	President Athletics Ireland/Chairman of Meeting
Jim Ryan	Juvenile Committee Chair
Chris Jones	National Endurance Coach
Georgina Drumm	Competition Committee Chair