



LEEVALE 2015

Track & Field Meet

JUNIOR & SENIOR PROGRAMME

Saturday 18th April, CIT Track

TRACK 11:45am

Time	Event	Sponsor
12:00	Junior Women	100mH
	Senior Women	100mH
	Junior Men	110mH
	Senior Men	110mH
12:30	Senior Women	100m
	Senior Men	100m
13:15	Senior Women	400m
	Senior Men	400m
13:45	Final Senior Women	100m
	Final Senior Men	100m
14:15	Senior Women	800m
	Senior Men	800m
14:45	Senior Women	3000m
	Senior Men	3000m
15:30	Senior Women	400mH
	Senior Men	400mH
15:50	Senior Women	200m
	Senior Men	200m
16:15	Senior Men	1500m
16:40	Senior Men & Women	4x100m Relays

FIELD 10:30am

Time	Event	Sponsor
10:30	Junior/Senior Women & Men	Hammer
11:30	Junior/Senior Women & Men	Discus
11:30	Open Competition Men & Women	Pole Vault
12:30	Junior/Senior Women	Shot Putt
13:30	Junior/Senior Men	Shot Putt
14:00	Senior Men	Long Jump
14:00	Senior Women	High Jump
	Junior/Senior Women & Men	Javelin
14:30	Senior men	56lbs
	Senior Women	20lbs
15:30	Senior Women	Long Jump
15:30	Senior Men	High Jump

NOTES:-

The programme will commence on time at 10:30am

Online Entries for all junior & senior events @ www.leevale.org

Electronic timing and cash prizes for senior events only

International standard times achieved at Leevale 2015 will be acknowledged by Athletics Ireland

200m, 400m & 400mH results will be on times.

Heats & races will be graded based on PBs indicated on entries.

€10 entry free relay team

Admission charges will apply to all athletes and spectators on the day.