

RECOMMENDATIONS

1. That: the National Cross Country season be completed by mid February.
2. That: the National "B" Cross Country Championships be continued with the scheduling of this event brought forward.

MOTIONS

1. That: the National Cross Country Championships start at the under 12 age group, with the under 11 athletes being allowed to move up an age group.
2. That: the juvenile age groups for National Cross Country Championships be completed at the under 18 age group.
3. That: the National Inter Club Cross Country Championships for Junior and Senior be held pre Christmas.
4. That: the distance for Senior Men National Inter Club Cross Country Championship be 10,000m.
5. That: the National Inter County Cross Country Championship for Junior and Senior be held post Christmas.
6. That: a National Short Course Cross Country 4K Championships be reintroduced.
7. That: a new National Cross Country Club League competition be introduced using already existing events;
Senior Club, Novice Club, Intermediate Club and Master Club.