

GloHealth

Master Indoor Championships

Official Timetable

TRACK			FIELD		
11.00	60mH	Men (Final)			
	60mH	Women (Final)	11.00	Shot Putt	M70+
11.30	3000mWalk	Women (Final)	11.30	L.Jump Pit 1	M35 + 40
11.55	3000mWalk	Men (Final)		L.Jump Pit 2	M45 +50
12.15	60m	Women	11.30	High Jump	Women
12.30	60m	Men	12.00	Shot Putt	M60 + 65
13.25	800m	Women (Final)			
	800m	Men (Final)	12.45	L.Jump Pit 1	M55 + 60
14.20	400m	Women (Final)		L.Jump Pit 2	M65+
	400m	Men (Final)	12.45	High Jump	M55 + 60
15.05	3000m	Women (Final)		High Jump	M65+
15.25	3000m	Men (Final)	13.00	Shot Putt	Women
16.30	200m	Women	14.15	Long Jump	Women
	200m	Men	14.30	Shot Putt	M35,40 + 45
17.30	1500m	Women (Final)	14.45	High Jump	M35 + 40
	1500m	Men (Final)		High Jump	M45 + 50
18.30	4x200m	Men (Final)	16.00	Shot Putt	M50 + 55
	4x200m	Women (Final)	16.15	Weight for dist.	Senior Men

Medals will be decided on Times

Timetable subject to change, please be alert to announcements on the day

Athlone International Arena
 Sunday 15th March 2015
 ATHLETICSIRELAND.IE

 Athletics Ireland