



**Thomond Games Track and Field Championships
University of Limerick
Saturday 25th April 2015**

Electronic Timing, Cash Prizes¹

AAI Registered Event

Online Entry for all Junior & Senior Events

<http://www.ntra.com/index.cfm/crowd-funding-projects/thomond-games/>



**Event information & programme available at
<https://www.facebook.com/ULAthletics>**

**Email us on
thomondgames@gmail.com
OR
ulac01@gmail.com**

¹ Subject to 6 or more athletes per event



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Programme of Events

Check-in opens @ 10am

<u>Event Time</u>	<u>Track Events</u>	<u>Field Events</u>
11.00	100m Hurdles (W) ²	Javelin (All) ²
11.15	110m Hurdles (M) ²	
11.30	3000m (W) ²	
12.00	3000m (M) ²	High Jump (All) ²
12.30	400m Hurdles (W) ²	
12.30	400m Hurdles (M) ²	
12.45	100 (W)	
13.00	100 (W) ²	Long Jump (All) ²
13.10	100 (M)	
13.20	100 (M)	
13.30	100 (M) ²	
13.40	800m (W) ²	
13.50	800m (M)	
14.00	3000m S/C (M) ²	Shot Putt (All) ²
14.30	200m (W)	
14.40	200m (W) ²	
14.50	200m (M)	
15.00	200m (M)	Triple Jump (All) ²
15.10	200m (M) ²	
15.30	400m (W) ²	
15.45	400m (M)	
16.00	4x100m (JW)	35lb WFD (M) ²
16.15	4x100m (SW)	
16.30	DMR	

- All athletes are required to check-in at least one hour prior to the start of their event
- Late entries on the day of competition will be €20
- International standard times achieved at Thomond Games will be acknowledged by Athletics Ireland

² Late entries can be accepted on the day for this event (€20)