

Transfer List May 2016

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Sean	O'Flynn	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Kayla	Daley Moloney	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Sean	O'Sullivan	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Bobby	Dutfield Cook	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Éanna	Garvey	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Emmet	Lyons	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Mary	Nolan	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Donna	Delahunty	Adamstown A.C.	Bree A.C.	Wexford	Wexford	N
Elaine	Wellesley	An Brú AC	Kilmallock AC	Limerick	Limerick	N
Nora	Power	An Brú AC	Kilmallock AC	Limerick	Limerick	N
Yvonne	Byrnes	An Brú AC	Kilmallock AC	Limerick	Limerick	N
Anthony	Harty	An Ríocht A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Chloe	Devine	An Ríocht A.C.	Tralee Harriers A.C.	Kerry	Kerry	N
Miriam	Wall	Athenry A.C.	Galway City Harriers	Galway	Galway	N
Kellie	O'Shaughnessy	Athenry A.C.	Corofin A.C.	Galway	Galway	N
Martina	McShane	Athenry A.C.	Corofin A.C.	Galway	Galway	N
Luke	O' Sullivan	Bailieborn AC	Shercock AC	Cavan	Cavan	N
Stephen	Kelly	Balbriggan & District	Drogheda & District	Dublin	Louth	Y
Stephen	Kelly	Balbriggan & District A.C.	Drogheda & District A.C.	Dublin	Louth	?
Lucy	Deane	Ballina A.C.	Erris A.C.	Mayo	Mayo	N
Eve	Deane	Ballina A.C.	Erris A.C.	Mayo	Mayo	N
Orin	Byrne	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Caden	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
James	Caden	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Alannah	Canavan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Canty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
James	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Seamus	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aisling	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jack	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ben	Coggins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Niall	Coggins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Diarmuid	Coggins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jacqueline	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Finola	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emer	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Brendan	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Liam	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N

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Orla	Dempsey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Eamon	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Elaine	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Tiernan	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emily	Duffy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Stuart	Edmeades	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Deirdre	Fahy O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Phillip	Finnerty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathy	Fleming	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cian	Forde	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Laura	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emma	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Chloe	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Diarmuid	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sean	Gallagher	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Daniel	Gallagher	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Deirdre	Gallagher Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aisling	Gaughan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Barry	Gaughan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Mark	Gaughan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
James	Harrington	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Keira	Harrington	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Gerry	Heneghan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sophie	Heneghan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Karl	Holmes	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Leo	Hopkins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Martha	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Lucy	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Luke	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Joachim	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathal	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Keelan	Kilrehill	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Padraig	Langan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Matthew	Leonard	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Grainne	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Caoimhe	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emma	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Joanne	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N

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Megan	Loughran	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ariana	Loughran	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Raymond	Mannion	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Malachy	McCarron	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cormac	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Clodagh	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Pj	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Monica	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Graham	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Conor	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
John	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ronan	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Rosaleen	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Katie	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Lorraine	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Niamh	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emma	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Thomas	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Bridget	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Martin	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Patrick	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Helen	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Helena	Mitchell	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Hollie	Mitchell	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jane	Mitchell	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Oisin	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aisling	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aine	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ciara	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Darren	Murray	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ailbe	O'Boyle	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Eamonn	O'Boyle	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Breeda	O'Hora	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Elaine	O'Hora	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Shannon	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jamie	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Catriona	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Padraic	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Grace	Dempsey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N

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Sarah	Dempsey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Brian	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Siobhan	O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Patrick	O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Catherine	O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Toby	Phillips	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jack	Phillips	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Laura	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sarah	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Brendan	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Carmel	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Pj	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Caoimhe	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Tomas	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Louise	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathal	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Fionnuala	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Robert	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Tom	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Billy	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Richie	Shelley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cian	Sheridan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Lara	Sheridan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Darragh	Syron	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Laura	Tighe	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Bernadette	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Peter	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathy	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Peter	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Eimear	Treacy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Niall	Treacy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Fintan	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Kathryn	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Norah	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Keira	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ava	McKeon	Ballinasloe & District A.C.	Galway City Harriers	Galway	Galway	N
Cara	Goode	Ballyfin A.C.	Tullamore Harriers A.C.	Laois	Offaly	Y
Lucy	Goode	Ballyfin A.C.	Tullamore Harriers	Laois	Offaly	N
Declan	McGibney	Ballyfin A.C.	West Muskerry A.C.	Laois	Cork	Y

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Isabella	McGibney	Ballyfin A.C.	West Muskerry A.C.	Laois	Cork	Y
Joanne	Carroll	allyroan Abbeyleix & District A.C.	Portlaoise A.C.	Laois	Laois	N
Katelyn	Madden	Bandon A.C.	Courceys A.C.	Cork	Cork	N
Fergus	Wall	Bandon A.C.	St. Finbarrs A.C.	Cork	Cork	N
William	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Rachel	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Cian	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Edel	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Helen	Hennessy	Blackrock A.C. (Dublin)	An Brú A.C.	Dublin	Limerick	?
Grace	Cleary	Blackrock A.C. (Dublin)	Cabinteely A.C.	Dublin	Dublin	N
Stephanie	Mulligan	Blackrock A.C. (Dublin)	Crusaders A.C.	Dublin	Dublin	N
Nicola	McElroy	Blackrock AC	St.Gerards AC	Dublin	Louth	Y
Sorcha	McElroy	Blackrock AC	St.Gerards AC	Dublin	Louth	Y
Helen	Hennessy	Blackrock AC	An Brú AC	Dublin	Limerick	Y
Cian	Reilly	Boyne AC	Dunleer AC	Louth	Louth	N
Kate	Calnan	Boyne AC	Cilles AC	Louth	Meath	Y
Una	Greehan O'Grady	Boyne AC	Drogheda & District	Louth	Louth	N
Christian	Kelly	Boyne AC	Dunleer AC	Louth	Louth	N
Tadg	Reilly	Boyne AC	Dunleer AC	Louth	Louth	N
Elaine	Duff	Boyne AC	Ardee & District AC	Louth	Louth	N
Sinead	Thornton	Breakaway A.C.	Milford A.C.	Dublin	Donegal	Y
Luke	Cara	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Jane	Codd	Bree A.C.	Wexford Marathon Club	Wexford	Wexford	N
Leah	Sinnott	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Leon	Sinnott	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Brandon	Sinnott	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Alice	O'Leary Brady	Brothers Pearse A.C.	Dunshaughlin A.C.	Dublin	Meath	Y
Terry	Brady	Brothers Pearse A.C.	Dunshaughlin A.C.	Dublin	Meath	Y
Ceara	Kerrigan	Brothers Pearse A.C.	Lucan Harriers A.C.	Dublin	Dublin	N
Conor	Joyce	Cabinteely A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	N
Jordan	Hynes	Cabinteely A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Richard	White	Cabinteely A.C.	Crusaders A.C.	Dublin	Dublin	N
Sara	Carmody	Cappawhite A.C.	Dundrum A.C.	Tipperary	Tipperary	N
Niamh	Kelly	Carrick A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Aoibhe	McGarry	Carrick A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Amy	Newman	Carrigaline Road Runners	Eagle A.C.	Cork	Cork	N
Andrew	MacDonald	Carrigaline Road Runners	Eagle A.C.	Cork	Cork	N
Nicola	Lifford	Carrigaline Road Runners	Tracton A.C.	Cork	Cork	N
Sarah	Ruddy	Carrigaline Road Runners	Tracton A.C.	Cork	Cork	N

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Kathryn	Casserly	Castlegar A.C.	Galway City Harriers	Galway	Galway	N
Hans	De Raemaeker	Celbridge A.C.	Mullingar Harriers	Kildare	Westmeath	Y
Cliodhna	Carthy	Celbridge A.C.	Donore Harriers A.C.	Kildare	Dublin	Y
Dara	Doherty Madrigal	Celbridge A.C.	Le Cheile A.C.	Kildare	Kildare	N
David	Murphy	Celbridge A.C.	St. Cocas A.C.	Kildare	Kildare	N
Eabha	Murphy	Celbridge A.C.	St. Cocas A.C.	Kildare	Kildare	N
Jack	Fielding Mallon	Celbridge A.C.	Clane A.C.	Kildare	Kildare	N
Jack	Fielding Mallon	Celbridge AC	Clane AC	Kildare	Kildare	N
Eamonn	Kenny	Clane A.C.	Naas A.C.	Kildare	Kildare	N
David	Conroy	Clane A.C.	Celbridge A.C.	Kildare	Kildare	N
Ava	Flynn	Claremorris A.C.	Castlebar A.C.	Mayo	Mayo	N
Kenneth	O'Regan	Clonakilty Road Runners	Leevale A.C.	Cork	Cork	N
Stephen	O'Regan	Clonakilty Road Runners	Leevale A.C.	Cork	Cork	N
Eileen	Bond	Clones A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Rachel	Wisdom	Clonliffe Harriers A.C.	Glendalough A.C.	Dublin	Wicklow	Y
Daniel	Coleman	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Michael	Coleman	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Sarah	Doyle	Clonliffe Harriers A.C.	Tallaght A.C.	Dublin	Dublin	N
Grace Anne	Foran	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Yasmine	O'Neill	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Siún	O'Shea	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Oonagh	Rigney	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Alexandra	Hourigan	Clonmel A.C.	Kilkenny City Harriers	Tipperary	Kilkenny	Y
Jack	Maher	Club Lithchleas Chonamara	Westport A.C.	Galway	Mayo	N
Jack	Maher	Connemara	Westport A.C.	Galway	Mayo	N
Dermot	Logue	Coolquill A.C.	Clonmel A.C.	Tipperary	Tipperary	N
Neil	Feeney	Cork Varsity A.C.	Leevale A.C.	Cork	Cork	N
Karol	Egan	Courceys A.C.	Bandon A.C.	Cork	Cork	N
Oscar	McGrath	Craanford Harriers	Croghan A.C.	Wexford	Wexford	N
Molly	Maher	Craanford Harriers	Croghan A.C.	Wexford	Wexford	N
Noah	Maher	Craanford Harriers	Croghan A.C.	Wexford	Wexford	N
Liam	Doherty	Cranford A.C.	Milford A.C.	Donegal	Donegal	N
Liam	Doherty	Cranford A.C.	Letterkenny	Donegal	Donegal	N
Sinead	Greene	Craughwell A.C.	Ballinasloe & District A.C.	Galway	Galway	N
Ella	Duane	Crookstown Millview A.C.	St. Laurance O'Toole A.C.	Kildare	Carlow	Y
Inez	Duane	Crookstown Millview A.C.	St. Laurance O'Toole A.C.	Kildare	Carlow	Y
Jonathan	McKenna	Crookstown Millview A.C.	St. Laurance O'Toole A.C.	Kildare	Carlow	Y
Stephen	Fleming	Crusaders A.C.	Leevale A.C.	Dublin	Cork	Y
Peter	Jackson	Crusaders A.C.	St. Brendans A.C.	Dublin	Kerry	Y

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Grace	Toole	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Conor	Toole	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Juliette	Heather	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Emily	Heather	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
George	Heather	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Tara	Keogh	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Hannah	Keogh	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Naoise	McKenna	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Eoin	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Sinead	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Niamh	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Orna	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Keith	Marks	Cushinstown A.C.	Clonliffe Harriers A.C.	Meath	Dublin	Y
Sean	Collier	D.M.P A.C.	Menapians A.C.	Wexford	Wexford	N
Conor	Barry	D.M.P A.C.	Wexford Marathon Club	Wexford	Wexford	N
Karol	Kelly	Donore Harriers	Sportsworld Running Club	Dublin	Dublin	N
Darren	Hand	Donore Harriers	Bailieborough A.C.	Dublin	Cavan	?
Bernie	Moloney	Donore Harriers	Balbriggan & District A.C.	Dublin	Dublin	N
Heywood	Richardson	Donore Harriers	Leevale A.C.	Dublin	Cork	Y
Darren	Hand	Donore Harriers	Bailieborough A.C.	Dublin	Cavan	N
Brendan	Conghlan	Dooneen A.C.	Watergrasshill A.C.	Limerick	Cork	Y
David	Casey	Dooneen AC	Derg AC	Limerick	Clare	Y
Dominic	Carthy	Drogheda & District AC	Boyne AC	Louth	Louth	N
Catty	Cawley	Drogheda & District AC	Duleek AC	Louth	Meath	Y
Fionnuala	Ní Earcáin	Drogheda & District AC	Duleek AC	Louth	Meath	Y
Robert	Caffrey	Duleek AC	Drogheda & District	Meath	Louth	Y
Harry	Caffrey	Duleek AC	Drogheda & District	Meath	Louth	Y
Megan	Grimes	Dun Dealgan AC	Dundalk St. Gerards AC	Louth	Louth	N
Oisin	Myles	Dun Dealgan AC	St.Gerards AC	Louth	Louth	N
Mia	Kealy	Dun Dealgan AC	St.Gerards AC	Louth	Louth	N
Denis	Murphy	Dunboyne A.C.	Civil Service A.C.	Meath	Dublin	Y
Patrick	Hickey	Dundrum South Dublin	Rathfarnham W.S.A.F.	Dublin	Dublin	N
Eoin	McLoughlin	Dundrum South Dublin	Rathfarnham W.S.A.F.	Dublin	Dublin	N
Oisin	Murphy	Dundrum South Dublin	Cabinteely A.C.	Dublin	Dublin	N
Sabrina	O'Connell	Dundrum South Dublin	Liffey Valley A.C.	Dublin	Dublin	N
Eve	O'Meara	Dundrum South Dublin	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Leo	McClean	Dunleer AC	Drogheda & District	Louth	Louth	N
Deirdre	Nagle	Eagle A.C.	N/A	Cork	Kerry	Y
Margaret	Carroll	Eagle A.C.	Ballincollig A.C.	Cork	Cork	N

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Rhona	Lynch	Eagle A.C.	Carrig Na Bhfear A.C.	Cork	Cork	N
Gearóid	O'Leary	Eagle A.C.	St. Finbarrs A.C.	Cork	Cork	N
Pamela	Barry	Eagle A.C.	Aghada R.C.	Cork	Cork	N
Andreas	Purrmann	East Cork A.C.	Leevale A.C.	Cork	Cork	N
Ava	Roche	East Galway A.C.	Galway City Harriers	Galway	Galway	N
Adam	Smyth	East Westmeath A.C.	Mullingar Harriers	Westmeath	Westmeath	N
Colin	McGee	East Westmeath A.C.	Mullingar Harriers	Westmeath	Westmeath	N
Sam	Smyth	East Westmeath A.C.	Mullingar Harriers	Westmeath	Westmeath	N
Niamh	O'Connor	Edenderry A.C.	Tullamore Harriers	Offaly	Offaly	N
Leah	Duane	Eire Óg A.C.	Robertstown & Allen A.C.	Kildare	Kildare	N
Jayden	Caramody	Emerald AC	Dooneen AC	Limerick	Limerick	N
Ava	O'Connor	Emo/Rath A.C.	Tullamore Harriers A.C.	Laois	Offaly	Y
Jodie	Hussen	Ennis Track AC	Marian AC	Clare	Clare	N
Niall	Talty	Ennis Track AC	St. Cronans	Clare	Clare	N
Dara	Nagle	Ennis Track AC	St. Cronans	Clare	Clare	N
Paddy	Nagle	Ennis Track AC	St. Cronans	Clare	Clare	N
Georgina	Griffin	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Conor	Davidson	Ferrybank A.C.	West Waterford A.C.	Waterford	Waterford	N
Muhammad Hasan	Ali	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Hayley	Fitzsimons	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Rachel	Walsh	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Orlaith	O'Brien	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Thomas	Prendergast	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Eoin	Kenny	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Joseph	Feery	Fethard A.C.	Clonmel A.C.	Tipperary	Tipperary	N
Denise	O'Brien	Fethard A.C.	St. Nicolas A.C.	Tipperary	Cork	Y
Edmond	Kinane	Fethard A.C.	St. Nicolas A.C.	Tipperary	Cork	Y
Adam	Massey	Finisk Valley A.C.	Blackwater A.C.	Waterford	Waterford	N
Niamh	O'Regan	Galway City Harriers	St. Finbarrs A.C.	Galway	Cork	Y
John	Connolly	Galway City Harriers	Castlegar A.C.	Galway	Galway	N
Rob	Lennon	Galway City Harriers	Castlegar A.C.	Galway	Galway	N
Martha	McBrierty	Galway City Harriers	Corrib A.C.	Galway	Galway	N
Elaine	Doran	Galway City Harriers	Maree A.C.	Galway	Galway	N
Tara	Conlon	Galway City Harriers	South Galway A.C.	Galway	Galway	N
Amy	Monaghan	Glaslough Harriers A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Andrew	McKenna	Glaslough Harriers A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Josh	Bowler	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Kelly	O'Connor	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Ted	O'Gorman	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N

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Roan	Daly	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Annameria	Costello	Gneeveguilla A.C.	St. Brendans A.C.	Kerry	Kerry	N
Grainne	O'Connor	Gneeveguilla A.C.	Millstreet A.C.	Kerry	Cork	Y
Ursula	O'Connor	Gneeveguilla A.C.	Millstreet A.C.	Kerry	Cork	Y
Tara	Carver	Gneeveguilla A.C.	Millstreet A.C.	Kerry	Cork	Y
Maeve	O'Connor	Gneeveguilla A.C.	North Cork A.C.	Kerry	Cork	Y
Thomas	Brennan	Gowran A.C.	St. Abbans A.C.	Kilkenny	Kilkenny	N
Eoin	O'Dwyer	Gowran A.C.	Raheny Shamrock A.C.	Kilkenny	Dublin	Y
Kyle	Ettah	Grange Fermoy A.C.	Leevale A.C.	Cork	Cork	N
Stephen	Rea	Grange Fermoy A.C.	North Cork A.C.	Cork	Cork	N
Fergus	Cox	Inishowen A.C.	Lifford Strabane A.C.	Donegal	Donegal	N
Maegan	McGivney	Innyvale AC	Annalee AC	Cavan	Cavan	N
Isobel	Radford Dodd	Kilcoole A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Aoife	Sexton	Kilcoole A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Grace	Holmes	Kilcoole A.C.	Greystones & District A.C.	Wicklow	Wicklow	N
Colin	Power	Kilcoole A.C.	Blackrock A.C. (Dublin)	Wicklow	Dublin	Y
David	McPherson	Kilkenny City Harriers	Thomastown A.C.	Kilkenny	Kilkenny	N
Martin	Brennan	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Kathleen	Cahill	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Robbie	Tector	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Caoimhe	Young	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Shona	O'Brien	Killarney Valley A.C.	Gneeveguilla A.C.	Kerry	Kerry	N
Fiona	Power	Kilmallock	North Cork A.C.	Limerick	Cork	Y
Claire	Power	Kilmallock	North Cork A.C.	Limerick	Cork	Y
Jo	Keane	Gilmurly Ibrickane North Clare A.C.	Ennis Track AC	Clare	Clare	N
David	Marrey	Lake District A.C.	Westport A.C.	Sligo	Sligo	N
Eilis	Darby	Lambay Sports Academy	Donore Harriers A.C.	Dublin	Dublin	N
Theo	De Souza	Leevale A.C.	Carrig Na Bhfear A.C.	Cork	Cork	N
Sean	Lucey	Leevale A.C.	Eagle A.C.	Cork	Cork	N
Emelia	Stack	Leevale A.C.	Togher A.C.	Cork	Cork	N
Lily	Fitzgerald	Leevale A.C.	Togher A.C.	Cork	Cork	N
Serena	McCrossan McArdle	Letterkenny A.C.	Lifford Strabane A.C.	Donegal	Donegal	N
Clíodhna	Harvey	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Neil	Martin	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	N
Sean	Martin	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	N
Christopher	Johnston	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Honour	Okoroji	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Daniel	Cullen	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	N
Martin	Devenney	Lifford A.C.	Letterkenny	Donegal	Donegal	N

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Kieran	Staunton	Limerick	Galway	Limerick	Galway	Y
Laura	Hession	Limerick AC	Emerald AC	Limerick	Limerick	N
Therese	O'Brien	Limerick AC	Dooneen AC	Limerick	Limerick	N
Hannah	Sweeney	Limerick AC	St. Mary's AC	Limerick	Limerick	N
Liam	Dunne	Limerick AC	St. Mary's AC	Limerick	Limerick	N
Ciara	Dunne	Limerick AC	St. Mary's AC	Limerick	Limerick	N
Sarah	Meade	Limerick AC	Dooneen AC	Limerick	Limerick	N
Rory	Prendeville	Limerick AC	Emerald AC	Limerick	Limerick	N
Sarah	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Abigail	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Tom	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Ruth	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Aoibhinn	O'Connor	Liscarroll A.C.	Bandon A.C.	Cork	Cork	N
Tara	O'Regan	Listowel A.C.	An Ríocht A.C.	Kerry	Kerry	N
Oisin	O'Regan	Listowel A.C.	An Ríocht A.C.	Kerry	Kerry	N
Daibheid	O'Regan	Listowel A.C.	An Ríocht A.C.	Kerry	Kerry	N
James	Miney	Longford A.C.	Annalee A.C.	Longford	Cavan	Y
Lauren	Miney	Longford A.C.	Annalee A.C.	Longford	Cavan	Y
Aoibh	Farrell	Longford A.C.	Annalee A.C.	Longford	Cavan	Y
Chloe	Casey	Loughrea A.C.	Craughwell A.C.	Galway	Galway	N
Freda	O'Mara	Lucan Harriers A.C.	Portmarnock A.C.	Dublin	Dublin	N
Stephen	Gregg	Lucan Harriers A.C.	Le Cheile A.C.	Kildare	Kildare	N
Aoife	Curley	Lusk A.C.	Skerries A.C.	Dublin	Dublin	N
Katie	Halpin	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Niall	O'Callaghan	Mallow A.C.	Leevale A.C.	Cork	Cork	N
Brian	Ankers	Marathon Club Ireland	Donadea A.C.	Clare	Kildare	Y
Dolores	Duffy	Marathon Club Ireland	Watergrasshill A.C.	Clare	Cork	Y
Anthony	Sheridan	Marathon Club Ireland	Dublin Bay Running Club	Clare	Dublin	Y
Ger	Copeland	Marathon Club Ireland	Dublin Bay Running Club	Clare	Dublin	Y
Gary	O'Daly	Marathon Club Ireland	Dublin Bay Running Club	Clare	Dublin	Y
Tom	Reynolds	Marathon Club Ireland	Dublin Bay Running Club	Clare	Dublin	Y
Aoibheann	Hahessy	Marian AC	Ennis Track AC	Clare	Clare	N
Stephen	Donnelly	Mayo A.C.	Ballina A.C.	Mayo	Mayo	N
Roger	Barrett	Mayo A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sam	Norval	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Mark	Hennessy	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Cathal	Kelly	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Jack	Berry	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Enda	Cloake	Menapians A.C.	Slaney Olympic A.C.	Wexford	Wexford	N

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Leo	Barry	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Martin	Carroll	Menapians A.C.	Wexford Marathon Club	Wexford	Wexford	N
Keith	Robinson	Menapians A.C.	Wexford Marathon Club	Wexford	Wexford	N
Lorraine	McMahon	Menapians A.C.	Wexford Marathon Club	Wexford	Wexford	N
Lorraine	McMahon	Menapians AC	Wexford Marathon Club	Wexford	Wexford	N
Adrienne	Jordan	Metro/ St. Brigids A.C.	Crusaders A.C.	Dublin	Dublin	N
Colm	Jordan	Midleton A.C.	Carrigtwohill A.C.	Cork	Cork	N
John	Dunphy	Midleton A.C.	Eagle A.C.	Cork	Cork	N
Mark	Barry	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Sophie	Barry	Midleton A.C.	Leevale A.C.	Cork	Cork	N
John	O'Connell	Midleton A.C.	St. Finbarrs A.C.	Cork	Cork	N
Pamela	Codd	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Shirley	O'Gorman	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Felicity	McGrath	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Don	O'Callaghan	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Emmet	Foley	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Louise	Falvey	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Martin	Mellon	Mid-Ulster	Finn Valley A.C.	Ulster	Donegal	Y
Ryan	O'Kane	Mid-Ulster	Finn Valley A.C.	Ulster	Donegal	Y
Liz	MacKenna	Monaghan Town Runners	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Olivia	Gaughran	Mount Merrion A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	N
Emma	Kelly	Moyne A.C.	Templemore A.C.	Tipperary	Tipperary	N
Pauline	McEnroe	Na Fianna A.C.	St. Cocas A.C.	Meath	Kildare	Y
Amanda	Owens	Naomh Mhuire A.C.	Tullamore Harriers	Offaly	Offaly	N
Amanda	Owens	Naomh Mhuire AC	Tullamore Harriers	Clare	Offaly	Y
Markus	Clarke	Navan A.C.	Ratoath A.C.	Meath	Meath	N
Marcus	Clarke	Navan AC	Rathoath AC	Meath	Meath	N
Paul	Shanahan	Navy A.C.	Leevale A.C.	Cork	Cork	N
Roisin	Mockler	Nenagh AC	Derg AC	Tipperary	Clare	Y
Alannah	O' Donovan	Nenagh AC	Derg AC	Tipperary	Clare	Y
Anne	O'Reilly	Nenagh Olympic A.C.	Birr A.C.	Tipperary	Offaly	Y
Shane	O'Rahilly	North Cork A.C.	Ferrybank A.C.	Cork	Waterford	Y
Ada	Conheady	North Roscommon A.C.	Corran A.C.	Roscommon	Sligo	Y
Sarah	Conheady	North Roscommon A.C.	Corran A.C.	Roscommon	Sligo	Y
Sheena	Connolly	North Sligo A.C.	Sligo A.C.	Sligo	Sligo	N
Diarmuid	O'Connor	Old Abbey A.C.	Bandon A.C.	Cork	Cork	N
Eoghan	O'Connor	Old Abbey A.C.	Bandon A.C.	Cork	Cork	N
Daniel	Hurley	Old Abbey A.C.	Leevale A.C.	Cork	Cork	N
Tony	Cox	Portlaoise A.C.	Ballyfin A.C.	Laois	Laois	N

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Diarmuid	Murphy	Portlaoise A.C.	Ballyfin A.C.	Laois	Laois	N
Eileen	Brennan	Portlaoise A.C.	Celbridge A.C.	Laois	Kildare	Y
Ella	Hevey	Portmarnock A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Brian	O'Shaughnessy	Racing 795	St. Killians A.C.	Wexford	Wexford	N
Karen	McLoughlin	Raheny Shamrocks A.C.	Trim A.C.	Dublin	Meath	Y
Sean	O'Connell	Raheny Shamrocks A.C.	Mid Sutton A.C.	Dublin	Dublin	N
Jonah	D'Alton	Riverstick/ Kinsale A.C.	Bandon A.C.	Cork	Cork	N
Kayla	Dooley	Roscrea A.C.	Templemore A.C.	Tipperary	Tipperary	N
Ella	Brussels	Roscrea A.C.	Templemore A.C.	Tipperary	Tipperary	N
Victoria	Standish	Roscrea A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Rachel	Standish	Roscrea A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Millie	Standish	Roscrea A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Mikayla	Mockler	S.R.L. A.C.	Caltra A.C.	Galway	Galway	Y
Martin	Mockler	S.R.L. A.C.	Caltra A.C.	Galway	Galway	Y
Maura	Mockler	S.R.L. A.C.	Caltra A.C.	Galway	Galway	Y
Orla	Doolan	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Ruth	Doolan	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Ava	Larkin	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Patrick	Greene	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Jessica	Scanlon	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Fiachra	Cunningham	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Garbhan	Cunningham	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Emma	Glynn	Shercock A.C.	Monaghan Phoenix A.C.	Cavan	Monaghan	Y
Holy	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Zion	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
King	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Elaine	McCabe	Slaney Olympic A.C.	Bree A.C.	Wexford	Wexford	N