



Name	Age Category	Club
Aisling Ahern	F35	An Brú A.C.
Yvonne Casey	F35	An Brú A.C.
Ailish Malone	F35	Clonliffe Harriers A.C.
Ciara Peele	F35	Clonliffe Harriers A.C.
Kerry Page	F35	Clonliffe Harriers A.C.
Laura McAfee	F35	Clonliffe Harriers A.C.
Tara Whyte	F35	Clonliffe Harriers A.C.
Sara Doohan	F35	Corran A.C.
Niamh Boland	F35	Crusaders A.C.
Grainne Regan	F35	Crusaders A.C.
Kristy Ryan	F35	Crusaders A.C.
Christine Stone	F35	D.M.P. A.C.
Audrey Gahan	F35	Donore Harriers
Karen Behan	F35	Donore Harriers
Karen Raine	F35	Dooneen A.C.
Pamela Howard	F35	Drogheda & District A.C.
Aoife Kerrigan	F35	Dunboyne A.C.
Claire Nifhaircheallaigh	F35	Dunboyne A.C.
Clodagh Dunphy	F35	Dunboyne A.C.
Sarah Meegan	F35	Dunboyne A.C.
Rachel Riordan	F35	Dundrum South Dublin A.C.
Emily Bruton	F35	Galway City Harriers A.C.
Michelle Kenny	F35	Leevale A.C.
Aoife Carroll	F35	Mallow A.C.
Lorraine Bolster	F35	Mallow A.C.
SinéAd Kevany	F35	Midleton A.C.
Claire Parker	F35	Midleton A.C.
Gillian Bransfield	F35	Midleton A.C.
Karen Davis	F35	Midleton A.C.
Louise Barry	F35	Midleton A.C.
Maire Walsh	F35	Midleton A.C.
Sheila Buckley	F35	Midleton A.C.
Jenny Mulry	F35	Raheny Shamrock A.C.
Nicola Mooney	F35	Raheny Shamrock A.C.
Orla Lambe	F35	Raheny Shamrock A.C.
Sarah Quigley	F35	Raheny Shamrock A.C.
Diane Duffy	F35	Riverstick/Kinsale A.C.
Elaine O'Donoghue	F35	Riverstick/Kinsale A.C.
Sinead O Regan	F35	Riverstick/Kinsale A.C.
Louise Kehoe	F35	Sliabh Bhuide Rovers A.C.
Marie Kirwan	F35	Sliabh Bhuide Rovers A.C.
Anna Dalton	F35	Sportsworld A.C.
Natalia O'Grady	F35	Sportsworld A.C.
Noreen Brouder	F35	Sportsworld A.C.
Stephanie Bergin	F35	Sportsworld A.C.
Anita Murphy	F35	St. Finbarrs A.C.
Irene Eighan	F35	St. Finbarrs A.C.
Lorraine O'Sullivan	F35	St. Finbarrs A.C.
Breeda Browne	F35	St. L. O'Toole A.C.
Emma Nolan	F35	St. L. O'Toole A.C.
Maria Curran	F35	St. L. O'Toole A.C.
Mary-Claire Byrne	F35	St. L. O'Toole A.C.
Tracey Redmond	F35	St. L. O'Toole A.C.
Sheila Hughes	F35	Swinford A.C.
Elysia McCormac	F35	Tullamore Harriers A.C.
Nita McLoughlin	F35	Tullamore Harriers A.C.



Tara McKinney	F35	Tullamore Harriers A.C.
Deirdre Ansbro	F35	Youghal A.C.
Ruth Millerick	F35	Youghal A.C.
Suzanne Neilan	F40	An Riocht A.C.
Ronnie Barry	F40	Bandon A.C.
Deirdre McNulty	F40	Cillies A.C.
Emma Cooper	F40	Clonliffe Harriers A.C.
Maura Matthews	F40	Clonliffe Harriers A.C.
Yvonne McDonough	F40	Clonliffe Harriers A.C.
Niamh Corby	F40	Crusaders A.C.
Kate Murray	F40	Crusaders A.C.
Barbara Cleary	F40	Donore Harriers
Florence Curley	F40	Donore Harriers
Mary Murphy	F40	Donore Harriers
Louise Matthews	F40	Dooneen A.C.
Rosemary Ryan	F40	Dooneen A.C.
Verena Tarpey	F40	Dooneen A.C.
Ciara O'Reilly	F40	Drogheda & District A.C.
Mary Leech	F40	Drogheda & District A.C.
Yasmin Canning	F40	Drogheda & District A.C.
Roisin Bell	F40	Dunboyne A.C.
Karen Costello	F40	Dunleer A.C.
Caroline Donnellan	F40	Edenderry A.C.
Caitriona Barry	F40	Farranfore Maine Valley A.C.
Maria McCarthy	F40	Farranfore Maine Valley A.C.
Marie McKenna	F40	Farranfore Maine Valley A.C.
Mary O'Shea	F40	Farranfore Maine Valley A.C.
Pauline Joseph	F40	Farranfore Maine Valley A.C.
Eilís Ní Dhúill	F40	Galway City Harriers A.C.
Fidelma Rossiter	F40	Kilmore A.C.
Helen Doyle	F40	Kilmore A.C.
Rosaleen MacKeown	F40	Leevale A.C.
Niamh Fitzgerald	F40	Lucan Harriers A.C.
Anna Borkowska	F40	Mallow A.C.
Ida Kelleher	F40	Mallow A.C.
Joanne McCann	F40	Mallow A.C.
Sharon Woods	F40	Mallow A.C.
Michelle Lannon	F40	North Roscommon A.C.
Paula Grant	F40	Portlaoise A.C.
Ann Marie Gargan	F40	Raheny Shamrock A.C.
Fiona Drew	F40	Raheny Shamrock A.C.
Mary Walsh	F40	Raheny Shamrock A.C.
Rachel Ormrod	F40	Raheny Shamrock A.C.
Sinead Lyons	F40	Raheny Shamrock A.C.
Siobhan Foley	F40	Raheny Shamrock A.C.
Suzanne Ryan	F40	Rathfarnham W.S.A.F. A.C.
Helen O'Callaghan	F40	Riverstick/Kinsale A.C.
Annmarie Kenny	F40	Sli Cualann A.C.
Ashling Smith	F40	Sli Cualann A.C.
Carol Costello	F40	Sli Cualann A.C.
Catherine O'Connor	F40	Sli Cualann A.C.
Suzanne Foot	F40	Sli Cualann A.C.
Belinda Kehoe	F40	Sliabh Bhuide Rovers A.C.
Ciara Bowe	F40	Sliabh Bhuide Rovers A.C.
Claire Gibbons	F40	Sliabh Bhuide Rovers A.C.
Catherine Bambrick	F40	Sportsworld A.C.
Ruth Kelly	F40	Sportsworld A.C.



Anna Delaney	F40	Sportsworld A.C.
Anne Wolfe	F40	St. Finbarrs A.C.
Denise Twohig	F40	St. Finbarrs A.C.
Gill Cotter	F40	St. Finbarrs A.C.
Sorcha Kearney	F40	St. Finbarrs A.C.
Michelle Mc'Namara	F40	St. L. O'Toole A.C.
Ruth Kavanagh	F40	St. L. O'Toole A.C.
Adele Walsh	F40	St. Senans A.C.
Lavinia Leahy	F40	Tullamore Harriers A.C.
Olivia Egan	F40	Tullamore Harriers A.C.
Sarah Lee	F40	Waterford A.C.
Suzanne Dullaghan	F40	Waterford A.C.
Sylvia Malone	F40	Waterford A.C.
Louise O'Brien	F40	Youghal A.C.
Margaret O'Mahony	F40	Youghal A.C.
Michelle Nolan	F40	Youghal A.C.
Patricia Wade	F45	An Brú A.C.
Mary O'Connor	F45	An Riocht A.C.
Carmel Crowley	F45	Bandon A.C.
Mairead Murphy	F45	Cillies A.C.
Geraldine Clements	F45	Crusaders A.C.
Triona Quill	F45	Crusaders A.C.
Anna O'Neill	F45	Doheny A.C.
Ann McPhail	F45	Dooneen A.C.
Marie Keane	F45	Dooneen A.C.
Deirdre Fitzsimons	F45	Dunboyne A.C.
Emilia Dan	F45	Dunboyne A.C.
Heather Harold Clarke	F45	Dunboyne A.C.
Bernie O'Mahony	F45	Farranfore Maine Valley A.C.
Jackie Carty	F45	Kilmore A.C.
Sinead O'Brien	F45	Kilmore A.C.
Fionnula Desmond	F45	Leevale A.C.
Helen Leonard	F45	Leevale A.C.
Emer O'Hanlon	F45	Mullingar Harriers A.C.
Maggie Higgins	F45	Na Fianna A.C.
Annette Kealy	F45	Raheny Shamrock A.C.
Cherie Hyland	F45	Raheny Shamrock A.C.
Jenny Colbert	F45	Raheny Shamrock A.C.
Lorraine Byrne	F45	Raheny Shamrock A.C.
Donna Mahon	F45	Rathfarnham W.S.A.F. A.C.
Vanessa Sallier	F45	Rathfarnham W.S.A.F. A.C.
Debbie McCarthy	F45	Riverstick/Kinsale A.C.
Helen Barry	F45	Sli Cualann A.C.
Lillian Lawless	F45	Sliabh Bhuide Rovers A.C.
Lucy Darcy	F45	Sportsworld A.C.
Sandra Gowran	F45	Sportsworld A.C.
Margo Dinan	F45	St. Finbarrs A.C.
Brid Long	F45	St. L. O'Toole A.C.
Amanda Hynes	F45	Swinford A.C.
Jennifer McCann	F45	Swinford A.C.
Patricia Condron	F45	Tullamore Harriers A.C.
Pauline Curley	F45	Tullamore Harriers A.C.
Hilary Duncan	F45	Tullamore Harriers A.C.
Claudia Lane Mary	F45	Waterford A.C.
Diane Behan	F45	Waterford A.C.
Evelyn Cashman	F45	Youghal A.C.
Helen Hartigan	F50	An Brú A.C.



Liz Heaslip	F50	An Ríocht A.C.
Niamh O'Sullivan	F50	An Ríocht A.C.
Sharon Cahill	F50	An Ríocht A.C.
Marrion Morris	F50	Bohermeen A.C.
Bridie Trearty	F50	Cranford A.C.
Eileen Reeves	F50	Dooneen A.C.
Pauline Robertson	F50	Dundrum South Dublin A.C.
Cathryn Brady	F50	Dundrum South Dublin A.C.
Annette Kehoe	F50	Dundrum South Dublin A.C.
Pauline O'Brien	F50	Dundrum South Dublin A.C.
Ursula Byrne	F50	Dunshaughlin A.C.
Barbara Bergin	F50	Galway City Harriers A.C.
Margaret Sheridan	F50	Galway City Harriers A.C.
Carmel Brannigan	F50	Galway City Harriers A.C.
Caroline Murphy	F50	Gneeveguilla A.C.
Joan Ennis	F50	Grange/Fermoy A.C.
Michelle O'Mahoney	F50	Kilmurray/Ibrick/N.Clare A.C.
Angela O'Connor	F50	Mayo A.C.
Ann Murray	F50	Mayo A.C.
Noreen McManamon	F50	Mayo A.C.
Helen Gilroy	F50	Midleton A.C.
Marie Gillman	F50	Midleton A.C.
Sally Drennan	F50	Midleton A.C.
Deirdre Raleigh	F50	Mullingar Harriers A.C.
Maura Dervin	F50	Mullingar Harriers A.C.
Michelle Kavanagh	F50	Mullingar Harriers A.C.
Nuala Moran	F50	Mullingar Harriers A.C.
Patricia Broderick	F50	Mullingar Harriers A.C.
Terri Greene	F50	Mullingar Harriers A.C.
Pauline Troy	F50	Mullingar Harriers A.C.
Bridget Clarke	F50	Na Fianna A.C.
Mary Watters	F50	Navan A.C.
Adrienne Atkins	F50	Raheny Shamrock A.C.
Caroline Farrelly	F50	Raheny Shamrock A.C.
Nora Byrne	F50	Raheny Shamrock A.C.
Orla Gormley	F50	Raheny Shamrock A.C.
Brighid Smyth	F50	Raheny Shamrock A.C.
Mary Purduesmyth	F50	Raheny Shamrock A.C.
Una Cherry	F50	Raheny Shamrock A.C.
Laura Flynn	F50	Rathfarnham W.S.A.F. A.C.
Audrai O'Driscoll	F50	Sportsworld A.C.
Breda Browne	F50	Sportsworld A.C.
Kitty M Buckley	F50	St. Finbarrs A.C.
Lina Boyd	F50	St. Finbarrs A.C.
Michelle McKiernan	F50	Star of the Sea A.C.
Anne Daly	F50	Tullamore Harriers A.C.
Josie Lalor	F50	Tullamore Harriers A.C.
Martina Conlon	F50	Tullamore Harriers A.C.
Mary Daly	F50	Tullamore Harriers A.C.
Helena Shanahan	F55	An Ríocht A.C.
Ritta Kansanniva	F55	Civil Service A.C.
Ann Sullivan	F55	D.M.P. A.C.
Majella Ní Chríocháin	F55	Galway City Harriers A.C.
Joan Hough	F55	Midleton A.C.
Amanda Cooney	F55	Midleton A.C.
Bernadette Manley	F55	Raheny Shamrock A.C.
Bridgid Duffy	F55	Sli Cualann A.C.



Charlotte Stevens	F55	Sli Cualann A.C.
Jean O'Kennedy	F55	Sli Cualann A.C.
Aileen Melody	F55	Sportsworld A.C.
Eileen Rowland	F55	Sportsworld A.C.
Ellen Lavin	F55	Sportsworld A.C.
Mary Sweeney	F55	St. Finbarrs A.C.
Ann Tobin	F55	Trim A.C.
Mary Galvin	F55	Tullamore Harriers A.C.
Majella Diskin	F60	An Riocht A.C.
Mairin Shine	F60	Crusaders A.C.
Nuala Reilly	F60	Drogheda & District A.C.
Maxine Jones	F60	Dundrum South Dublin A.C.
Christine Kennedy	F60	Galway City Harriers A.C.
Carmel Parnell	F60	Leevale A.C.
Pauline Moran	F60	Mayo A.C.
Brigid McCabe	F60	Mullingar Harriers A.C.
Muriel Drinkwater	F60	Sli Cualann A.C.
Marion Lyons	F60	St. Finbarrs A.C.
Joan Coyle	F65	Dundrum South Dublin A.C.
Margaret Glavey	F65	Mayo A.C.
Eileen Kenny	F65	Mullingar Harriers A.C.
Mary Lynch	F65	Raheny Shamrock A.C.
Kathleen O'Brien	F70	St. Catherine's A.C.
Darren Burke	M35	An Riocht A.C.
Sean O'Sullivan	M35	An Riocht A.C.
John Kinsella	M35	Bilboa A.C.
Seán Quirke	M35	Bilboa A.C.
Stephen Casserly Jnr	M35	Castlegar A.C.
Dermot Faughnan	M35	Clonliffe Harriers A.C.
Matthew Mc Guinness	M35	Clonliffe Harriers A.C.
Niall Gorman	M35	Clonliffe Harriers A.C.
Richard Mannion	M35	Clonliffe Harriers A.C.
Brian Carroll	M35	Crusaders A.C.
Ger Forde	M35	Crusaders A.C.
Jason Kehoe	M35	Crusaders A.C.
John Stone	M35	D.M.P. A.C.
Craig Scott	M35	Donore Harriers
Patrick Byrne	M35	Donore Harriers
David Walsh	M35	Drogheda & District A.C.
David Walsh	M35	Drogheda & District A.C.
Wesley McDowell	M35	Dromore A.C.
Patrick Bamming	M35	Dublin Front Runners A.C.
Keith Eglington	M35	Dunboyne A.C.
Colm Cunningham	M35	Dundrum South Dublin A.C.
Alan O'Brien	M35	Eagle A.C.
Kenneth Kelleher	M35	East Cork A.C.
Michael Harty	M35	East Cork A.C.
Shane Harrington	M35	East Cork A.C.
Conor Tierney	M35	East Cork A.C.
Darragh Canavan	M35	East Cork A.C.
Mick Fogarty	M35	Ferbane A.C.
Niall Kelly	M35	Ferbane A.C.
Noel O'Brien	M35	Ferbane A.C.
Brian McCrea	M35	Finn Valley A.C.
Seamus Leddy	M35	Galway City Harriers A.C.
David Porter	M35	Inishowen A.C.
Brian Maher	M35	Kilkenny City Harriers A.C.



Tim Twomey	M35	Leevale A.C.
John O'Connell	M35	Leevale A.C.
Michael Dolphin	M35	Leevale A.C.
Owen Casey	M35	Leevale A.C.
Pádraig Ó'Dubháin	M35	Leevale A.C.
Raymond Birch	M35	Letterkenny A.C.
Barry Sheil	M35	Longford A.C.
Paul Moloney	M35	Mallow A.C.
Patric Zajac	M35	Mallow A.C.
Patrick Daly	M35	Mallow A.C.
Edwin Cashman	M35	Midleton A.C.
John Hayes	M35	Mooreabbey Milers A.C.
Kevin Patrick Lenihan	M35	Mooreabbey Milers A.C.
Kieran Lees	M35	Mooreabbey Milers A.C.
Paddy Bourke	M35	Mooreabbey Milers A.C.
Robert Cunningham	M35	Mooreabbey Milers A.C.
Stuart Moloney	M35	Mooreabbey Milers A.C.
Brian Byrne	M35	Newbridge A.C.
Tommy Simmons	M35	North Belfast Harriers A.C.
Michael Herlihy	M35	North Cork A.C.
Conor McCann	M35	North Sligo A.C.
Darragh Currid	M35	North Sligo A.C.
Colm Fitzgerald	M35	Portlaoise A.C.
James Hamm	M35	Portlaoise A.C.
David Kirwin	M35	Raheny Shamrock A.C.
Ian Conroy	M35	Raheny Shamrock A.C.
John Dunne	M35	Raheny Shamrock A.C.
Wesley O'Brien	M35	Raheny Shamrock A.C.
Brian Leahy	M35	Raheny Shamrock A.C.
Davey Duane	M35	Raheny Shamrock A.C.
Dermot Gorman	M35	Raheny Shamrock A.C.
Ian McConkey	M35	Raheny Shamrock A.C.
John Clarke	M35	Raheny Shamrock A.C.
Brian Furey	M35	Rathfarnham W.S.A.F. A.C.
Gareth Murrain	M35	Sportsworld A.C.
Karoldavid Cronin	M35	Sportsworld A.C.
Michael Cunningham	M35	Sportsworld A.C.
Paul O'Connell	M35	Sportsworld A.C.
John Meade	M35	St. Finbarrs A.C.
Rory O'Sullivan	M35	St. Finbarrs A.C.
Paul Gallagher	M35	St. Finbarrs A.C.
John Fitzgibbon	M35	Thurles Crokes A.C.
Conor Mooney	M35	Tullamore Harriers A.C.
David Murray	M35	Tullamore Harriers A.C.
Padraig Berry	M35	Tullamore Harriers A.C.
Darren Butler	M35	Tullamore Harriers A.C.
Leonard Mooney	M35	Tullamore Harriers A.C.
Brian Swaby	M35	Waterford A.C.
Sebastian Balant	M35	Waterford A.C.
Tony Quinlan	M35	Waterford A.C.
Trevor Power	M35	Waterford A.C.
Alan Kinsella	M35	West Waterford A.C.
Dermot O'Donovan	M35	West Waterford A.C.
éAmonn Cashin	M35	West Waterford A.C.
Patrick O'Connor	M40	An Ríocht A.C.
Tim O'Connor	M40	An Ríocht A.C.
Tommy O'Brien	M40	An Ríocht A.C.

Michael Harrington	M40	Bantry A.C.
Mick Bermingham	M40	Clonliffe Harriers A.C.
Ollie Power	M40	Clonliffe Harriers A.C.
Shane Rooney	M40	Clonliffe Harriers A.C.
Stephen Treacy	M40	Clonliffe Harriers A.C.
Thonas Frayne	M40	Clonliffe Harriers A.C.
Ciaran Diviney	M40	Crusaders A.C.
Eddie Nugent	M40	Crusaders A.C.
Robert Cross	M40	Crusaders A.C.
Fergal Swaine	M40	Donore Harriers
Ian O'Reilly	M40	Drogheda & District A.C.
Stephen Kelly	M40	Drogheda & District A.C.
Dermot McCarthy	M40	Dublin Front Runners A.C.
Peadar Faherty	M40	Dublin Front Runners A.C.
Catch Grennan	M40	Ferbane A.C.
Frances Connelly	M40	Ferbane A.C.
Michael Murphy	M40	Ferbane A.C.
Paul Buckley	M40	Ferbane A.C.
John McElhill	M40	Finn Valley A.C.
Michael Gallagher	M40	Finn Valley A.C.
Seamus O'Donnell	M40	Finn Valley A.C.
Shane McNulty	M40	Finn Valley A.C.
Brian Bruton	M40	Galway City Harriers A.C.
Owen Boyhan	M40	Galway City Harriers A.C.
Michael O'Connor	M40	Galway City Harriers A.C.
Malcolm McGee	M40	Inishowen A.C.
Niall McGee	M40	Inishowen A.C.
Eoin Molloy	M40	Kilkenny City Harriers A.C.
Niall Lacey	M40	Kilkenny City Harriers A.C.
Paul Moran	M40	Kilkenny City Harriers A.C.
Tony Harty	M40	Killarney Valley A.C.
Adrian Reville	M40	Kilmore A.C.
Finbarr O'Dwyer	M40	Leevale A.C.
Alfie Davis	M40	Leevale A.C.
Michael Creed	M40	Leevale A.C.
Padraig Friel	M40	Letterkenny A.C.
Kevin Ward	M40	Longford A.C.
John Hogan	M40	Mallow A.C.
Nick Darmody	M40	Mallow A.C.
Noel Daly	M40	Mallow A.C.
Padraic Birmingham	M40	Mallow A.C.
Francis Maunsell	M40	Midleton A.C.
Paddy O'Shea	M40	Mooreabbey Milers A.C
Kieran Nolan	M40	Mullingar Harriers A.C.
Andrew Considine	M40	North Belfast Harriers A.C.
Alan O'Hara	M40	North Belfast Harriers A.C.
Craig Brennan	M40	North Sligo A.C.
Eamon McAndrew	M40	North Sligo A.C.
Cyril Cuddy	M40	Portlaoise A.C.
Ciaran McCarthy	M40	Raheny Shamrock A.C.
Carl Conroy	M40	Raheny Shamrock A.C.
Michael King	M40	Raheny Shamrock A.C.
Rory O'Sullivan	M40	Raheny Shamrock A.C.
Barry Mulvhill	M40	Rathfarnham W.S.A.F. A.C.
Paul Fleming	M40	Rathfarnham W.S.A.F. A.C.
Ray Kenny	M40	Sli Cualann A.C.
Adrian Lanigan	M40	Sportsworld A.C.



Denis McCaul	M40	Sportsworld A.C.
Garrett Moran	M40	Sportsworld A.C.
Aidan Curran	M40	Sportsworld A.C.
Barry Coleman	M40	St. Finbarrs A.C.
Donal Murray	M40	St. Finbarrs A.C.
Michael Corbett	M40	St. Finbarrs A.C.
Stephen Geoghegan	M40	St. Finbarrs A.C.
Sean Burke	M40	Tuam A.C.
Richard Galvin	M40	Tullamore Harriers A.C.
Rory Farrell	M40	Tullamore Harriers A.C.
Alan O'Connor	M40	United Striders A.C.
John McGrath	M40	United Striders A.C.
Des Colbert	M40	Waterford A.C.
Frank Quinlan	M40	Waterford A.C.
Vinnie Codd	M40	Waterford A.C.
David Towey	M40	West Waterford A.C.
Mark Rowe	M40	West Waterford A.C.
Mossie Keogh	M40	West Waterford A.C.
Walter Drohan	M40	West Waterford A.C.
Robert Hamill	M40	Youghal A.C.
Alan Worrall	M45	Clonliffe Harriers A.C.
Neil Proven	M45	Clonmel A.C.
Des Gill	M45	Donore Harriers
Des Tremble	M45	Donore Harriers
Dermot Hayes	M45	Dundrum A.C.
Jim Halley	M45	Dundrum A.C.
Jim Quinn	M45	Dundrum South Dublin A.C.
Peter Mathews	M45	Dundrum South Dublin A.C.
Stephen Bateson	M45	Dunshaughlin A.C.
Frank Hayes	M45	East Cork A.C.
David Muldowney	M45	East Cork A.C.
John Hennessy	M45	East Cork A.C.
Martin Hennessy	M45	East Cork A.C.
Decky Madden	M45	Ferbane A.C.
Kieran Carlin	M45	Finn Valley A.C.
Robert Purcell	M45	Gneeveguilla A.C.
Owen McKinney	M45	Inishowen A.C.
Michael O'Flaherty	M45	Kilmore A.C.
Mel Hilliard	M45	Metro/St. Brigid's A.C.
Eamon White	M45	North Belfast Harriers A.C.
Thomas Kelly	M45	North Sligo A.C.
Tony O'Reilly	M45	Portlaoise A.C.
Des Kennedy	M45	Raheny Shamrock A.C.
Mark McComish	M45	Raheny Shamrock A.C.
Michael Boyle	M45	Raheny Shamrock A.C.
Shane O'Neill	M45	Rathfarnham W.S.A.F. A.C.
Alan Hynes	M45	Sportsworld A.C.
John Dwyer	M45	Sportsworld A.C.
Jose Chapa	M45	Sportsworld A.C.
Martin Keenan	M45	Sportsworld A.C.
Joe Cunningham	M45	St. Finbarrs A.C.
Daniel Delaney	M45	Star of the Sea A.C.
John Davis	M45	Thomastown A.C.
Ian Egan	M45	Tuam A.C.
Adrian Curley	M45	Tullamore Harriers A.C.
Glen Finlay	M45	Tullamore Harriers A.C.
Liam Byrne	M45	Tullamore Harriers A.C.



Bobby O'Donoghue	M45	Tullamore Harriers A.C.
Leonard Owens	M45	Tullamore Harriers A.C.
Yevgeniy Chizhikov	M45	West Waterford A.C.
Andrew Masterson	M50	Birr A.C.
Paul Cowhie	M50	Civil Service A.C.
Joe Chawke	M50	Dooneen A.C.
Roger Dowds	M50	Dublin Front Runners A.C.
Phelim Glynn	M50	Dunboyne A.C.
Denis McCarthy	M50	East Cork A.C.
Eric Meade	M50	East Cork A.C.
Michael O'Sullivan	M50	Galway City Harriers A.C.
Finbarr Gallagher	M50	Inishowen A.C.
Pauric McKinney	M50	Inishowen A.C.
Paul Quinn	M50	Liffey Valley A.C.
David Carroll	M50	Metro/St. Brigid's A.C.
John Cashman	M50	Midleton A.C.
Paul Kierans	M50	Midleton A.C.
Damien Holian	M50	Mooreabbey Milers A.C.
Tom Blackburn	M50	Mooreabbey Milers A.C.
Willie O'Donoghue	M50	Mooreabbey Milers A.C.
Mark Gleeson	M50	Nenagh Olympic A.C.
Patrick Malone	M50	Newbridge A.C.
Neil Carty	M50	North Belfast Harriers A.C.
Eamon Murphy	M50	North Sligo A.C.
Aengus Burke	M50	Portlaoise A.C.
Brian Kelly	M50	Raheny Shamrock A.C.
Damien Martin	M50	Raheny Shamrock A.C.
Donald Quinn	M50	Raheny Shamrock A.C.
Mick Traynor	M50	Raheny Shamrock A.C.
Dave Feeney	M50	Raheny Shamrock A.C.
Edwin Keville	M50	Rathfarnham W.S.A.F. A.C.
David Kehoe	M50	Slaney Olympic A.C.
Kevin Murphy	M50	Slaney Olympic A.C.
Bill Porter	M50	Sli Cualann A.C.
Anthony Gillen	M50	Sportsworld A.C.
Cathal O'Connell	M50	St. Finbarrs A.C.
Ken Devine	M50	St. Finbarrs A.C.
Fergus Wall	M50	St. Finbarrs A.C.
Padraig Moriarty	M50	St. Killian's A.C.
Peter Hynes	M50	Swinford A.C.
Adrian Martin	M50	Tullamore Harriers A.C.
Brendan Abbott	M50	Tullamore Harriers A.C.
Christopher Donegan	M50	Tullamore Harriers A.C.
Eanna Gowran	M50	Tullamore Harriers A.C.
Francis Mollen	M50	Tullamore Harriers A.C.
Sean Reynolds	M50	Tullamore Harriers A.C.
Pat O'Callaghan	M50	United Striders A.C.
Ted Flannelly	M50	United Striders A.C.
Colm Stafford	M50	United Striders A.C.
Michael Cotter	M50	West Muskerry A.C.
Harry O'Brien	M50	West Waterford A.C.
Liam Kavanagh	M50	West Waterford A.C.
Martin Tobin	M50	West Waterford A.C.
Martin Hayes	M50	West Waterford A.C.
Michael Dunford	M50	West Waterford A.C.
Ray Haesy	M50	West Waterford A.C.
Stephen Devereaux	M50	Youghal A.C.



Denis O'Sullivan	M50	Youghal A.C.
Noel Curtin	M50	Youghal A.C.
Chris Keeling	M55	Balbriggan & District
Sean Ryan	M55	Civil Service A.C.
Eugene Coppinger	M55	Clonliffe Harriers A.C.
Patrick O'Grady	M55	Drogheda & District A.C.
Michael Moore	M55	Dundrum A.C.
P.J. Holmes	M55	Dundrum A.C.
Drew Doherty	M55	Finn Valley A.C.
Pat Hegarty	M55	Finn Valley A.C.
James Kenny	M55	Kilmurray/Ibrick/N.Clare A.C.
Brian O'Reilly	M55	Laragh A.C.
John Collins	M55	Leevale A.C.
Tom O'Connor	M55	Liffey Valley A.C.
Edmond O'Sullivan	M55	Midleton A.C.
Gerard Griffin	M55	Mooreabbey Milers A.C
Dave Clarke	M55	North Belfast Harriers A.C.
Colm Cahill	M55	Raheny Shamrock A.C.
Michael Gygax	M55	Raheny Shamrock A.C.
Tom Cuddy	M55	Rathfarnham W.S.A.F. A.C.
Joe Casey	M55	Rathfarnham W.S.A.F. A.C.
Michael Byrne	M55	Sli Cualann A.C.
Eugene Doherty	M55	Sliabh Bhuide Rovers A.C.
Ger Moloney	M55	St. Pauls A.C.
TJ Whyte	M55	Tuam A.C.
Denis Flynn	M55	Tullamore Harriers A.C.
Matt Flannelly	M55	United Striders A.C.
Michael O' Gorman	M55	United Striders A.C.
Ray Burke	M55	West Waterford A.C.
Dermot Ledingham	M55	Youghal A.C.
Martin McDonald	M60	Ballyroan, Abbeyleix & District A.C
Martin Kearney	M60	Galway City Harriers A.C.
Neilus Aherne	M60	Midleton A.C.
Tom Loftus	M60	Raheny Shamrock A.C.
John McHugh	M60	Rathfarnham W.S.A.F. A.C.
Terry Clarke	M60	Rathfarnham W.S.A.F. A.C.
Denis(Danny) Green	M60	Sli Cualann A.C.
Dessie Shorten	M60	Sli Cualann A.C.
Terry Kavanagh	M60	Sli Cualann A.C.
William Tyrrell	M60	Sli Cualann A.C.
Francis Fleming	M60	St. Abbans A.C.
Eamonn McEvoy	M60	St. Finbarrs A.C.
Dan Kennedy	M60	St. Finbarrs A.C.
Donncha Casey	M60	St. Finbarrs A.C.
Eddie Barry	M60	St. Finbarrs A.C.
Willie Hayes	M60	St. Finbarrs A.C.
Andy O'Grady	M60	Tullamore Harriers A.C.
Paul Elliott	M60	Unattached
Andy Talbot	M65	Clare River Harriers A.C.
Barry Potts	M65	Donore Harriers
Ken Higgs	M65	Eagle A.C.
Richard Piotrowski	M65	Eagle A.C.
Bryan Parkinson	M65	East Cork A.C.
Martin McEvilly	M65	Galway City Harriers A.C.
Michael Smith	M65	Laragh A.C.
Tom Hunt	M65	Mayo A.C.
Nicky McCabe	M65	Mullingar Harriers A.C.



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NATIONAL MASTERS CROSS COUNTRY CHAMPIONSHIPS
WATERFORD IT 12TH FEB 2017



Tommy Archbold	M65	Mullingar Harriers A.C.
John Joe Murphy	M65	Tinryland A.C.
John Todd	M65	Tullamore Harriers A.C.
Martin Keane	M70	Athenry A.C.
Paddy Greaney	M70	Clare River Harriers A.C.
Philip Cribbin	M70	Clare River Harriers A.C.
Pat Bonass	M70	Clonliffe Harriers A.C.
Terry Mee	M70	Donore Harriers
Sean McMullin	M70	Mullingar Harriers A.C.
Jim Patterson	M70	Newcastle A.C.
Richard Mullins	M70	St. Abbans A.C.
Martin Hynes	M70	Tuam A.C.
Jim Langan	M70	Tullamore Harriers A.C.