

**National
Indoor
Championships**



**IRISH LIFE HEALTH JUVENILE INDOOR CHAMPIONSHIPS DAY 2
AIT INTERNATIONAL ARENA, ATHLONE
SUNDAY 18TH MARCH 2018**

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in closes 9.30am (400m/1500m)

10.00am

Girls & Boys 18 400m Heats
Girls & Boys 19 400m Heats

10.50am

Girls & Boys 16 1500m
Girls & Boys 17 1500m
Girls & Boys 18 1500m
Girls & Boys 19 1500m

**400m/1500m FINALS WILL BE HELD AT
HEAT TIME IF HEATS ARE NOT REQUIRED**

Check in closes 10.30pm (Walks)

11.45am

Boys 16 1500m Walk
Boys 17 1500m Walk
Boys 18 1500m Walk
Boys 19 1500m Walk
Boys 14 1000m Walk
Boys 15 1000m Walk

**NOTE: THERE WILL BE A 20 MINUTE
BREAK ON THE TRACK AFTER THE BOYS WALK**

Girls 14 1000m Walk
Girls 15 1000m Walk

Girls 16 1500m Walk
Girls 17 1500m Walk
Girls 18 1500m Walk
Girls 19 1500m Walk

2.00pm Finals 400m

Check in closes 1.30pm (60m)

2.30pm

Girls & Boys 12 60m Heats
Girls & Boys 13 60m Heats
Girls & Boys 14 60m Heats
Girls & Boys 15 60m Heats
Girls & Boys 16 60m Heats
Girls & Boys 17 60m Heats
Girls & Boys 18 60m Heats
Girls & Boys 19 60m Heats

FINALS 1500m, 60M SPRINTS

Check in Closes 9.30am first field events

Long Jump

10.00am Girls (Pit 1) 19
11.00am Boys (Pit 1) 19
12.00pm Girls (Pit 1) 18
1.00pm Boys (Pit 1) 18
2.00pm Girls (Pit 1) 17
3.00pm Boys (Pit 1) 17

Pole Vault (warm up at 10:00/12:30)

11.00am Boys 15-16
1.30pm Boys 17-19

Shot Put

10.00am Boys 13 (2k)
11.00am Girls 13 (2k)
12.00pm Boys 15 (3k)
1.00pm Girls 15 (2.72k)
2.00pm Girls 16 (3k)

High Jump

10.00am Girls (Mat 1) 13
Boys (Mat 2) 14
11.30am Girls (Mat 1) 14
Boys (Mat 2) 13
1.00pm Girls (Mat 1) 12
Boys (Mat 2) 12
3.00pm Boys (Mat 1) 15
4:30pm Girls (Mat 1) 15



**Athletics
Ireland**