

***Irish Life Health National
Road Relay Championships 2019***

Start Time 2.00pm

Master Women

Leg 1 Leg 2 Leg 3

1Lap 2 Lap 1Lap

Start Time 2.30pm

Master Men

Leg 1 Leg 2 Leg 3

1Lap 2 Lap 1Lap

Start Time 3.00pm

Senior Women

Leg 1 Leg 2 Leg 3

1Lap 2 Lap 1Lap

Start Time 3.30pm

Senior Men

Leg 1 Leg 2 Leg 3 Leg 4

2 Lap 1Lap 3 Lap 2 Lap

***Number Pickup on the day (from 12.30pm) will be located in
Raheny GAA Club on All Saints Drive in Raheny.***

Start/Finish area is on Wade's Avenue, 2 mins walk from Number Pickup.