



**IRISH LIFE HEALTH JUVENILE TRACK & FIELD CHAMPIONSHIPS**

**DAY 3 TIMETABLE**

**TULLAMORE**

**SATURDAY 14TH OF AUGUST**

**Session 1**

The Committee reserve the right to alter the timetable.

**Car park gate does not opens until 8:30 a.m.**

**TRACK**

**FIELD**

Check in Closes 9.15 a.m. U14 -U16 400m

10.00 a.m.

Girls	U17	400m	H
Boys	U17	400m	H
Girls	U18	400m	H
Boys	U18	400m	H
Girls	U19	400m	H
Boys	U19	400m	H

10.30 a.m.

Girls	19	High Jump
Boys	18	Pole Vault
Boys	19	Pole Vault
Girls	18	Pole Vault
Girls	19	Pole Vault

11.00 a.m.

Girls	16	Long Jump
Boys	15	Javelin

Check in Closes 10.45 a.m. Girls 1500m

11.30 a.m.

Girls	U14	1500m	F
Boys	U14	1500m	F
Girls	U15	1500m	F
Boys	U15	1500m	F
Girls	U16	1500m	F
Boys	U16	1500m	F

12.00 p.m

Girls	17	Long Jump
Boys	18	Javelin

Finals U17 - U19 400m

1.00 p.m.

1.00 p.m.

Girls	17	High Jump
Girls	18	Long Jump
Girls	16	Triple Jump
Boys	16	Javelin

## Session 2

Car park gate does not opens until 1:00 p.m.

### TRACK

Check in Closes 1.45 p.m. U17 - U19 400m

2.30 p.m.

Girls	14	75m Hurdles	2'3" 68.6cm
Boys	14	75m Hurdles	2'6" 76.2cm
Girls	15	80m Hurdles	2'6" 76.2cm
Girls	16	80m Hurdles	2'6" 76.2cm
Boys	15	80m Hurdles	2'9" 84.0cm
Girls	17	100m Hurdles	2'6" 76.2cm

3:30 p.m.

Girls	18	100m Hurdles	2'6" 76.2cm
Boys	16	100m Hurdles	2'9" 84.0cm
Girls	19	100m Hurdles	2'9" 84.0cm

Boys	17	100m Hurdles	3'0" 91.4cm
Boys	18	110m Hurdles	3'0" 91.4cm
Boys	19	110m Hurdles	3'3" 99.0cm

Finals Short Hurdles

4.15 p.m.

### FIELD

2.30 p.m.

Boys	16	High Jump
Girls	18	Javelin

3.30 p.m.

Boys	16	Triple Jump
Boys	17	Long Jump
Boys	18	Shot Put

4.00 p.m

Girls	16	High Jump
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4.30 p.m.

Girls	18	Triple Jump
Boys	18	Long Jump
Girls	18	Shot Put

## Session 3

Car park gate does not opens until 4:00 p.m.

### TRACK

Check in Closes 4.45 p.m. U17 - U19 1500m

5.30 p.m.

Girls	U17	1500m	F
Boys	U17	1500m	F
Girls	U18	1500m	F
Boys	U18	1500m	F
Girls	U19	1500m	F
Boys	U19	1500m	F

5.30 p.m.

Boys	17	Javelin
Girls	18	High Jump