

First Name	Last Name	Club
Angela	Kearney	Ace Athletics Club
Ian	Marron	Ace Athletics Club
Don	Murray	Aghada Running Club ARC
Sheila	Mc Carthy	Aghada Running Club ARC
Tanya	Nolan Owers	Aghada Running Club ARC
Pat	Carey	An Bru A.C.
Maurice	Hope	An Bru A.C.
Sinead	Barry	An Bru A.C.
Derval	Kenny	An Bru A.C.
Lorraine	Carey	An Bru A.C.
Pat	Dunworth	An Ríocht A.C.
Stephen	Moore	An Ríocht A.C.
Willie	Guiney	An Ríocht A.C.
Fionnuala	Gilmartin	Annalee A.C.
Rachel	Birt	Annalee A.C.
Clare	Mc Crystal	Annalee A.C.
Pauline	Breslin	Ardee and District A.C.
Peter	Carolan	Ardee and District A.C.
Brian	Duff	Ardee and District A.C.
Alice	Turley	Ardee and District A.C.
Bernie	Balfe	Ardee and District A.C.
Ronan	O Sullivan	Ardee and District A.C.
David	Tyhuis	Ardee and District A.C.
Roy	Crawley	Ardee and District A.C.
Regina	Mc Elroy	Ardee and District A.C.
Danut	Cirdei	Ardee and District A.C.
Amanda	Mc Elroy	Ardee and District A.C.
Conor	Lynch	Ardee and District A.C.
Gerard	Clinton	Ardee and District A.C.
Sarah	Duff	Ardee and District A.C.
Kathryn	Moonan	Ardee and District A.C.
Aidan	Mooney	Ardee and District A.C.
Ashling	O Malley	Ardee and District A.C.
Barry	Reid	Ardee and District A.C.
Richard	Allen	ARMAG
Michael	Fox	ARMAG
Martin	Mc Kenna	ARMAG
Angela	Kruger	Ashford A.C.
Una	Redmond	Ashford A.C.
Diarmuid	Canning	Ashford A.C.
Joe	Boland	Ashford A.C.
Mick	Rice	Athenry A.C.
Philip	Magnier	Athenry A.C.
Liam	Mycroft	Athenry A.C.
Patrick	Forde	Athenry A.C.

Colin	Duane	Athenry A.C.
Kieran	Guiry	Athenry A.C.
Martin	O Hara	Athenry A.C.
Malachy	Conlon	Athenry A.C.
Frances	Leahy	Athenry A.C.
Jim	Leahy	Athenry A.C.
Orla	Stevens	Athenry A.C.
Kenneth	O Hara	Athenry A.C.
Brian	Somers	Athenry A.C.
Kevin	Devane	Athenry A.C.
Aidan	Madden	Athenry A.C.
Angela	Mc Manamon	Athenry A.C.
Marie	Coyne	Athenry A.C.
Brendan	Galvin	Athenry A.C.
Sean	Flaherty	Athenry A.C.
David	O Sullivan	Athenry A.C.
Noel	Conway	Athenry A.C.
Pj	Tarpey	Athenry A.C.
Dante	Aquino	Athenry A.C.
Niall	Lyons	Athenry A.C.
Bernie	Rogers	Athenry A.C.
Siobhan	Guinan	Athenry A.C.
Paul	Hegarty	Athenry A.C.
Kieran	Walsh	Athenry A.C.
Martin	Mc Grath	Athenry A.C.
Peter	Kennedy	Athenry A.C.
Jason	Palframan	Athlone A.C.
David	Dolan	Athlone A.C.
Kevin	Costello	Athlone A.C.
Kate	Kelly	Athlone A.C.
Enda	Farrell	Athlone A.C.
Lisa	O Rourke	Athlone A.C.
Vernon	Walsh	Athlone A.C.
Mary	Pidgeon	Athlone A.C.
Derek	Lackey	Athlone A.C.
Dee	Shortall	Athlone A.C.
James	Gillivan	Athlone A.C.
Theresa	Hughes	Athlone A.C.
Damien	Mitchell	Athlone A.C.
Derek	Vaughan	B.M.O.H. A.C.
John	Burton	B.M.O.H. A.C.
Colm	Byrne	Balbriggan and District A.C.
Anne	O Brien	Balbriggan and District A.C.
Paul	Bissett	Balbriggan and District A.C.
Warren	Donnelly	Balbriggan and District A.C.
Nicholas	Kennedy	Balbriggan and District A.C.

Stephen	Brasier	Balbriggan and District A.C.
Robert	Doyle	Balbriggan and District A.C.
Agnes	Malesa	Balbriggan and District A.C.
Fearghal	Clarke	Balbriggan and District A.C.
Wayne	Doyle	Balbriggan and District A.C.
Miriam	Gilroy	Balbriggan and District A.C.
Stephen	Hanly	Balbriggan and District A.C.
Orna	Brennen	Balbriggan and District A.C.
Clare	Deegan	Balbriggan and District A.C.
Deirdre	Deegan	Balbriggan and District A.C.
Caitriona	Redmond	Balbriggan and District A.C.
Teresa	Taaffe	Balbriggan and District A.C.
Karine	Le Gac	Balbriggan and District A.C.
Deirdre	Lynch	Balbriggan and District A.C.
Darragh	Mc Leer	Balbriggan and District A.C.
Paul	Kennedy	Balbriggan and District A.C.
Elaine	Byrne	Balbriggan and District A.C.
Alan	Murphy	Ballina A.C.
Elizabeth	Murphy	Ballina A.C.
Liz	Clarke	Ballina A.C.
Ray	Mc Namara	Ballina A.C.
Mattie	Coleman	Ballina A.C.
Agnes	Ohora	Ballina A.C.
Billy	Brennan	Ballina A.C.
Eoin	Mc Loughlin	Ballina A.C.
Colm	Mc Loughlin	Ballina A.C.
Derek	Fair	Ballina A.C.
Pat	Hughes	Ballina A.C.
Claire	Murphy	Ballina A.C.
Raymond	Masterson	Ballina A.C.
Padraig	Brady	Ballina A.C.
Mark	Reynolds	Ballina A.C.
John	Robinson	Ballina A.C.
Michael	Boland	Ballina A.C.
Colin	Scanlon	Ballina A.C.
Colin	Griffin	Ballinamore A.C.
Ronan	Griffin	Ballinamore A.C.
David	Ahern	Ballinamore A.C.
David	Harley	Ballinasloe and District A.C.
Ali	Burke	Ballinasloe and District A.C.
Sean	Cooney	Ballintotis Fit4Life A.C.
Kieran	Lynch	Ballintotis Fit4Life A.C.
Shane	Carroll	Ballintotis Fit4Life A.C.
Maura	Bolger	Ballon Rathoe A.C.
Ciaran	Keenan	Ballyfin A.C.
Paul	Williamson	Ballyfin A.C.

Paul	Dunne	Ballyfin A.C.
Trevor	Cummins	Ballymore Cobh A.C.
Stephen	Ryan	Ballymore Cobh A.C.
Orla	O Rourke	Ballymore Cobh A.C.
Sarah	Ahern	Ballymore Cobh A.C.
Karen	Leahy	Ballymore Cobh A.C.
Margaret	O Connell	Ballymore Cobh A.C.
Bernadette	Rowe	Ballymore Cobh A.C.
Margaret	O Regan	Ballymore Cobh A.C.
Eoin	Downing	Ballymore Cobh A.C.
Mark	Coakley	Ballymore Cobh A.C.
Andy	O Rourke	Ballymore Cobh A.C.
Noel	Burke	Ballyroan Abbeyleix and District A.C.
Sandra	Brady	Ballyskenach A.C.
Anne	Mc Cormack	Ballyskenach A.C.
Triona	O Lone	Ballyskenach A.C.
Patrick	Mc Carthy	Ballyskenach A.C.
Karen	Smyth	Ballyskenach A.C.
Margaret	O Brien	Ballyskenach A.C.
Donal	Gunnell	Ballyskenach A.C.
Joanne	Ryan	Ballyskenach A.C.
Gary	Kelly	Ballyskenach A.C.
Catriona	O Leary	Bandon A.C.
John	Lucey	Bandon A.C.
Mags	Looney	Bandon A.C.
Neil	Fleming	Bawnogue A.C.
Robert	Gough	Bawnogue A.C.
Carol	Hurley	Beara A.C.
Frank	Hanley	Beara A.C.
Sean	O Leary	Beara A.C.
Helen	Lavery	Beechmount Harriers A.C.
Sarah	Lavery	Beechmount Harriers A.C.
Michael	Magee	Beechmount Harriers A.C.
Robbie	Mc Cormick	Beechmount Harriers A.C.
Roisin	Blue	Beechmount Harriers A.C.
Roisin	Irvine	Beechmount Harriers A.C.
Rachel	Mc Closkey	Beechmount Harriers A.C.
Barry	O Brien	Bilboa A.C.
James	Mc Mahon	Bilboa A.C.
Mary	Cosgrave	Bilboa A.C.
Mick	Mc Carthy	Bilboa A.C.
Helen	Meehan	Bilboa A.C.
Barry	Fitzgerald	Bilboa A.C.
Julie	Mc Carthy	Bilboa A.C.
Elaine	Masterson	Birr A.C.
Ann	Spain	Birr A.C.

Philip	Guilfoyle	Birr A.C.
Dorothy	Finnerty	Birr A.C.
Damien	Finnerty	Birr A.C.
Paddy	Mellsop	Birr A.C.
Liam	Spain	Birr A.C.
Marie	Sweeney	Birr A.C.
Donal	Mannion	Birr A.C.
Bernard	O Grady	Birr A.C.
Declan	Milne	Birr A.C.
Noel	Mannion	Birr A.C.
Andrew	Masterson	Birr A.C.
Geraldine	Fox	Birr A.C.
Sandra	Dunne	Birr A.C.
Nicky	Dunne	Birr A.C.
Patrick	Parsons	Birr A.C.
Nicola	Mahon	Birr A.C.
Michelle	Langan	Blackrock (Dublin) A.C.
Eileen	O Sullivan	Blackrock (Dublin) A.C.
Gerry	Flaherty	Blackrock (Dublin) A.C.
Michelle	Tracey	Blackrock (Dublin) A.C.
Kathrin	Riordan	Blackrock (Dublin) A.C.
Breda	O Keeffe	Blackrock (Dublin) A.C.
Clare	Morgan	Blackrock (Dublin) A.C.
Mary	Mason	Blackrock (Dublin) A.C.
Andrew	Flynn	Blackrock (Dublin) A.C.
Patricia	Forde	Blackrock (Dublin) A.C.
Barry	Thornton	Blackrock (Dublin) A.C.
Dervla	Batt	Blackrock (Dublin) A.C.
Colin	Murphy	Blackrock (Dublin) A.C.
Colm	Cunningham	Blackrock (Dublin) A.C.
Kevin	Flood	Blackrock (Dublin) A.C.
Nuala	Hunt	Blackrock (Dublin) A.C.
Rachel	Kiely	Blackrock (Dublin) A.C.
Rob	Asher	Blackrock (Dublin) A.C.
Dermot	Hughes	Blackrock (Dublin) A.C.
Ger	O Toole	Blackrock (Dublin) A.C.
Darren	Egan	Blackrock (Dublin) A.C.
Deirdre	Nally	Blackrock (Dublin) A.C.
Jamie	Kennedy	Blackrock (Dublin) A.C.
Anna	Smith	Blackrock (Dublin) A.C.
Dominique	Brindley	Blackrock (Dublin) A.C.
Charlene	Carty	Blackrock (Dublin) A.C.
Hugh	Hunt	Blackrock (Dublin) A.C.
Paddy	Mc Cormack	Blackrock (Dublin) A.C.
Grainne	Grennan	Blackrock (Dublin) A.C.
Sean	O Mahony	Blackrock (Dublin) A.C.

Ted	Burke	Blackrock (Dublin) A.C.
Igor	Pashchenko	Blackrock (Dublin) A.C.
Brian	Coughlan	Blackrock (Dublin) A.C.
Eoghan	Hughes	Blackrock (Dublin) A.C.
Séamus	Mac Giolla Phádra	Blackrock (Dublin) A.C.
Victoria	O Mahony	Blackrock (Dublin) A.C.
Anne-Marie	Cox	Blackrock (Dublin) A.C.
Ronan	O Neill	Blackrock (Dublin) A.C.
Sarah	Conroy	Blackrock (Dublin) A.C.
James	Dowling	Blackrock (Dublin) A.C.
Karen	Mc Geough	Blackrock (Dublin) A.C.
Jennifer	Flynn	Blackrock (Dublin) A.C.
Paul	Mc Donnell	Blackrock (Dublin) A.C.
Brian	Caulfield	Blackrock (Dublin) A.C.
Emily	Lyons	Blackrock (Dublin) A.C.
Conor	Murphy	Blackrock (Dublin) A.C.
Peter	Bredin	Blackrock (Dublin) A.C.
Miguel	Flores	Blackrock (Dublin) A.C.
Ayse	Aksoy	Blackrock (Dublin) A.C.
Valeria	Sofia	Blackrock (Dublin) A.C.
Janel	Gleich	Blackrock (Dublin) A.C.
Joseph	Duignan	Blackrock (Dublin) A.C.
Ciaran	O Huallachain	Blackrock (Dublin) A.C.
Richard	White	Blackrock (Dublin) A.C.
Cian	O Cuinneagain	Blackrock (Dublin) A.C.
Tiernan	Downes	Blackrock (Dublin) A.C.
Paul	Walshe	Blackrock (Dublin) A.C.
Gerry	Waterstone	Blackrock (Dublin) A.C.
Patrick	Grenham	Blackrock (Dublin) A.C.
Sameer	Rane	Blackrock (Dublin) A.C.
Alan	Clarke	Blayney Rockets A.C.
Frankie	Gorman	Blayney Rockets A.C.
Brendan	Murphy	Blayney Rockets A.C.
Olive	Murphy	Blayney Rockets A.C.
Derek	Callan	Blayney Rockets A.C.
Aidan	Campbell	Blayney Rockets A.C.
Damien	Connolly	Blayney Rockets A.C.
Gerry{Martin}	Collins	Blayney Rockets A.C.
Paddy	Doyle	Blayney Rockets A.C.
Nicola	Flanagan	Blayney Rockets A.C.
Helen	Doran	Blayney Rockets A.C.
Ryan	Mc Mahon	Blayney Rockets A.C.
Helen	Moen	Blayney Rockets A.C.
Gerry	Ward	Blayney Rockets A.C.
Gerard	Moore	Blayney Rockets A.C.
Karina	Carroll	Blayney Rockets A.C.

Edwin	Lennon	Blayney Rockets A.C.
Sarah	Deery	Blayney Rockets A.C.
Moynagh	Lisa	Blayney Rockets A.C.
Caroline	Walsh	Bohermeen A.C.
Richard	Ball	Bohermeen A.C.
Stephen	Fay	Bohermeen A.C.
Tomás	Coyne	Bohermeen A.C.
Sylvia	Skelton	Bohermeen A.C.
John	Carroll	Bohermeen A.C.
Noel	Scally	Boyle A.C.
Helen	Beirne	Boyle A.C.
Liza	Egan	Boyle A.C.
Claire	Flanagan	Boyle A.C.
Lisa	O Dowd	Boyle A.C.
Therese	Killoran	Boyle A.C.
Siobhan	Keaney	Boyle A.C.
Carmel	Goldrick	Boyle A.C.
John	Reynolds	Boyle A.C.
Patricia	Kelly McGarry	Boyle A.C.
Cian	Duffy	Boyle A.C.
Shane	O Connor	Boyle A.C.
Gary	Beirne	Boyle A.C.
Steve	Tonry	Boyle A.C.
Irene	Casey	Boyle A.C.
Joanne	Scutt	Boyle A.C.
Rebecca	Carolan	Boyne A.C.
Catherine	Tiernan	Boyne A.C.
Mairéad	Hallinan	Boyne A.C.
Nicola	Veale	Boyne A.C.
Eimear	Rickard	Boyne A.C.
Catherine	Russell	Boyne A.C.
Jean Marie	Nawn	Boyne A.C.
Thomas	Bubendorfer	Bray Runners A.C.
Suzanne	Foot	Bray Runners A.C.
Mark	Messitt	Bray Runners A.C.
Paul	Allen	Bray Runners A.C.
Ciara	Carter	Bray Runners A.C.
Elaine	Casey	Bray Runners A.C.
Karol	O Loinsigh	Bray Runners A.C.
Maureen	O Rourke	Bray Runners A.C.
Paul	Odwyer	Bray Runners A.C.
Dario	Zanchetta	Bray Runners A.C.
Neil	Felton	Bray Runners A.C.
Kieran	O Leary	Bray Runners A.C.
Alan	Barry	Bridevale A.C.
Dermot	Johnson	Bridevale A.C.

Tony	Connolly	Brothers Pearse A.C.
Ray	Cunningham	Brothers Pearse A.C.
Alan	Fairbrother	Brothers Pearse A.C.
Deirdre	Farrell	Brothers Pearse A.C.
Padraig	Fitzpatrick	Brothers Pearse A.C.
Karen	Reid	Brothers Pearse A.C.
Caroline	Scanlan	Brothers Pearse A.C.
Janice	Doyle	Brothers Pearse A.C.
Ailish	Hudson	Brothers Pearse A.C.
Niamh	Honer	Brothers Pearse A.C.
Deborah	Kelly	Brothers Pearse A.C.
Suzanne	Lundy	Brothers Pearse A.C.
Matthew	Boylan	Brothers Pearse A.C.
Alison	Brophy	Brothers Pearse A.C.
Mark	Hackett	Brothers Pearse A.C.
Paul	Lyons	Brothers Pearse A.C.
Ciara	Hickey	Brothers Pearse A.C.
Declan	Mc Gauley	Brothers Pearse A.C.
Aileen	Maguire	Brothers Pearse A.C.
Christine	Kinsella	Brothers Pearse A.C.
Sinead	Tighe	Brothers Pearse A.C.
Keith	Farrell	Brothers Pearse A.C.
James	Finneran	Brothers Pearse A.C.
Michael	Walsh	Brothers Pearse A.C.
Luke	Rafferty	Brothers Pearse A.C.
Emmet	O Sullivan	Brothers Pearse A.C.
Emmet	Wilkinson	Brothers Pearse A.C.
Anthony	O Rourke	Brothers Pearse A.C.
Mick	Roche	Brothers Pearse A.C.
Mairead	Connolly	Brothers Pearse A.C.
Kevin	Kelly	Brothers Pearse A.C.
Imelda	Lambert	Brothers Pearse A.C.
Noel	Fahey	Brothers Pearse A.C.
Alan	O Boyle	Brothers Pearse A.C.
Bryan	Mc Mahon	Brothers Pearse A.C.
Eleanor	Balamash	Brothers Pearse A.C.
Leila	Mc Cabe	Brothers Pearse A.C.
Valerie	Treacy	Brothers Pearse A.C.
Peter	Farrell	Brothers Pearse A.C.
Orla	Byrne	Brothers Pearse A.C.
Anthony	Dunne	Brothers Pearse A.C.
Dan	Glynn	Brothers Pearse A.C.
Kieran	Doyle	Brothers Pearse A.C.
Alli	Coll	Brothers Pearse A.C.
Conor	Farrell	Brothers Pearse A.C.
Paul	Friery	Brothers Pearse A.C.

Niamh	Murphy	Brothers Pearse A.C.
Liam	Clabby	Brothers Pearse A.C.
Martin	Gavin	Brothers Pearse A.C.
Joanne	Smith	Brothers Pearse A.C.
Tom	Reville	Brothers Pearse A.C.
Mark	Cassidy	Brothers Pearse A.C.
Gary	Crossan	Brothers Pearse A.C.
Peter	Lawlor	Brothers Pearse A.C.
Vincent	Molloy	Brothers Pearse A.C.
Hilary	Mc Namara	Brothers Pearse A.C.
Barry	O Shea	Brothers Pearse A.C.
Shane	Egan	Brothers Pearse A.C.
Lynn	Frost	Brothers Pearse A.C.
Ellie	Walshe	Brothers Pearse A.C.
Susan	Taylor	Brothers Pearse A.C.
Máire	Mc Kenna	Buttevant R.C.
James	Breen	Buttevant R.C.
Pat	Keaveney	Buttevant R.C.
Damien	Elliffe	Bweeng Trail Blazers A.C.
Anne	O Sullivan	Bweeng Trail Blazers A.C.
Shirley	Kavanagh	Bweeng Trail Blazers A.C.
Brian	Ahern	Bweeng Trail Blazers A.C.
Trevor	Kavanagh	Bweeng Trail Blazers A.C.
Mary	Murphy	Bweeng Trail Blazers A.C.
Gary	O Donovan	Bweeng Trail Blazers A.C.
Nicole	Odonovan	Bweeng Trail Blazers A.C.
Gary	Walsh	Bweeng Trail Blazers A.C.
Paul	Heffernan	Bweeng Trail Blazers A.C.
Siobhan	Heffernan	Bweeng Trail Blazers A.C.
Cecilia	O Connell	Bweeng Trail Blazers A.C.
Aidan	Crowley	Bweeng Trail Blazers A.C.
Mariusz	Luczak	Bweeng Trail Blazers A.C.
Tony	O Sullivan	Bweeng Trail Blazers A.C.
Patrick	Murphy	Bweeng Trail Blazers A.C.
Brid	O Leary	Bweeng Trail Blazers A.C.
Denise	O Donovan	Bweeng Trail Blazers A.C.
Anthony	Patterson	Bweeng Trail Blazers A.C.
Fiona	Patterson	Bweeng Trail Blazers A.C.
Trevor	Edwards	Bweeng Trail Blazers A.C.
Jim	O Donovan	Bweeng Trail Blazers A.C.
Zola	Flynn	Calry A.C.
Michael	Kerr	Carmen Runners A.C.
Sinead	Kerr	Carmen Runners A.C.
Stuart	Morrow	Carmen Runners A.C.
Neil	Donnelly	Carmen Runners A.C.
Adrian	Martin	Carmen Runners A.C.

Martin	Hurley	Carraig-Na-Bhfear A.C.
Philip	Coffey	Carraig-Na-Bhfear A.C.
William	Walsh	Carraig-Na-Bhfear A.C.
Sonya	Walsh	Carraig-Na-Bhfear A.C.
Cliona	Hurley	Carraig-Na-Bhfear A.C.
Ted	Whooley	Carraig-Na-Bhfear A.C.
Liza	Davis	Carraig-Na-Bhfear A.C.
Alan	Davis	Carraig-Na-Bhfear A.C.
Caroline	O Donovan	Carraig-Na-Bhfear A.C.
Tadhg	Crowley	Carraig-Na-Bhfear A.C.
Dave	Foley	Carraig-Na-Bhfear A.C.
Paschal	Larney	Carrick Aces A.C.
Patrick	Cassidy	Carrick Aces A.C.
Sean	Mc Cabe	Carrick Aces A.C.
Cathy	Callan	Carrick Aces A.C.
Patricia	Marron	Carrick Aces A.C.
Carmel	Mc Eneaney	Carrick Aces A.C.
Martina	Mc Eneaney	Carrick Aces A.C.
Paul	Keenan	Carrick Aces A.C.
Declan	Martin	Carrick Aces A.C.
Raymond	Smith	Carrick Aces A.C.
Marc	Wynne	Carrick Aces A.C.
Brendan	Crosby	Carrick Aces A.C.
Damian	Martin	Carrick Aces A.C.
Martin	Mc Cahey	Carrick Aces A.C.
Fergal	Quinn	Carrick Aces A.C.
Henry	Campbell	Carrick Aces A.C.
Corina	Robinson	Carrick Aces A.C.
David	Kellett	Carrick Aces A.C.
Alan	Hill	Carrick Aces A.C.
Eric	Byrne	Carrick Aces A.C.
Roger	Hanratty	Carrick Aces A.C.
Linda	Ryan	Carrick Aces A.C.
Darragh	Scott	Carrick Aces A.C.
Diane	Ward	Carrick Aces A.C.
Liam	Ryan	Carrick Aces A.C.
Shane	Connolly	Carrick Aces A.C.
Louise	Corrigan	Carrick Aces A.C.
Roisin	Egan	Carrick Aces A.C.
Georgie	Martin	Carrick Aces A.C.
Declan	Murnaghan	Carrick Aces A.C.
Ann	Orourke	Carrick Aces A.C.
Seamus	Peppard	Carrick Aces A.C.
Deirdre	Bateson	Carrick Aces A.C.
Conor	Ryan	Carrick Aces A.C.
Michael	Gallagher	Carrick Aces A.C.

Orla	Callan	Carrick Aces A.C.
Barry	Breen	Carrick Aces A.C.
Vladimiras	Bugelskis	Carrick Aces A.C.
Darren	Culleton	Carrick Aces A.C.
Oisin	Loftus	Carrick Aces A.C.
Eimear	Marron	Carrick Aces A.C.
Paudi	Martin	Carrick Aces A.C.
Aidan	Mc Donnell	Carrick Aces A.C.
Fergal	Mc Mahon	Carrick Aces A.C.
Gatis	Zilgalvis	Carrick Aces A.C.
Donal	Crossan	Carrick Aces A.C.
Susan	Cruikshank	Carrick Aces A.C.
Colin	Mc Keown	Carrick Aces A.C.
Diarmuid	O Reilly	Carrick Aces A.C.
Mark	Mc Shane	Carrick Aces A.C.
Ciara	Larney	Carrick Aces A.C.
Angela	Baird	Carrick Aces A.C.
Bryan	Martin	Carrick Aces A.C.
Anthony	Downey	Carrick Aces A.C.
Michelle	Mulholland	Carrick Aces A.C.
Lorna	Doran	Carrick Aces A.C.
Martin	Smyth	Carrick Aces A.C.
Paraic	Connolly	Carrick Aces A.C.
Cian	Morrissey	Carrick Aces A.C.
Jacqui	Mc Garrell	Carrick Aces A.C.
Donna	Connolly	Carrick Aces A.C.
Ronan	Mc Guire	Carrick Aces A.C.
Seamus	Ward	Carrick Aces A.C.
Sandra	Mc Elroy	Carrick Aces A.C.
Gary	Martin	Carrick Aces A.C.
Drew	Mc Cabe	Carrick Aces A.C.
Caoimhe	Fields	Carrick Aces A.C.
Brendan	Morris	Carrick Aces A.C.
Pat	Heffernan	Carrick-on-Shannon A.C.
Adrian	Lyons	Carrick-on-Shannon A.C.
Des	Gallagher	Carrick-on-Shannon A.C.
Terry	Mc Ginn	Carrick-on-Shannon A.C.
Michael	Comer	Carrick-on-Shannon A.C.
Anthony	Flanagan	Carrick-on-Shannon A.C.
Michael	Murtagh	Carrick-on-Shannon A.C.
Rebecca	Allen	Carrick-on-Shannon A.C.
Dermot	Gorman	Carrick-on-Suir A.C.
Brian	Graham	Carrick-on-Suir A.C.
Mary	Fitzpatrick	Carrick-on-Suir A.C.
Michael	O Sullivan	Carrick-on-Suir A.C.
Marjorie	Packham	Carrigaline A.C.

Marie	Kehoe	Carrigaline A.C.
Sharon	Mc Carthy	Carrigtwohill A.C.
David	Sullivan	Carrigtwohill A.C.
Andy	Phelan	Castlecomer A.C.
Eoin	Molloy	Castlegar A.C.
Emmett	Lee	Castlegar A.C.
Micheál	Ó Dómhnaill	Castlegar A.C.
Anthony	Ashby	Castlegar A.C.
Paschal	Silke	Castlegar A.C.
Michelle	Henaghan	Castlegar A.C.
Keith	Healy	Castlerea Crusaders A.C.
Shane	Mc Carthy	Celbridge A.C.
Máire	Diggin	Celbridge A.C.
Martin	Hoare	Celbridge A.C.
David	O Connor	Celbridge A.C.
James	Hoare	Celbridge A.C.
Colm	Higgins	Celbridge A.C.
Eavan	Connolly	Celbridge A.C.
Arlene	Higgins	Celbridge A.C.
Stephen	Conroy	Celbridge A.C.
Anthony	Dowling	Celbridge A.C.
Sophia	O Hara	Celbridge A.C.
Aisling	Byrne	Celbridge A.C.
Brian	Kiernan	Celbridge A.C.
Michael	Kennedy	Celbridge A.C.
Andrew	Dalton	Celbridge A.C.
Derek	Cullen	Celbridge A.C.
Denis	Nunan	Celbridge A.C.
Derek	Gilmartin	Celbridge A.C.
Robert	Blake	Celbridge A.C.
Alan	Scott	Celbridge A.C.
Pat	Dowling	Celbridge A.C.
Noel	Slattery	Celbridge A.C.
Cara	O Toole	Celbridge A.C.
Jay	Carraher	Celbridge A.C.
Paul	Mc Donnell	Celbridge A.C.
Graham	Tierney	Celbridge A.C.
Jeff	Gleeson	Cherry Orchard Running Club
Amanda	Mc Kevitt	Cherry Orchard Running Club
Dean	Parnell	Cherry Orchard Running Club
Nicola	Lennon	Cherry Orchard Running Club
Keith	Manning	Cherry Orchard Running Club
Claudia	Craven	Cherry Orchard Running Club
Maria	Gonzalez	Cherry Orchard Running Club
Miriam	Mc Donnell	Cherry Orchard Running Club
Tracy	Bohan	Cherry Orchard Running Club

Clive	Lynch	Cherry Orchard Running Club
Niamh	Humphreys	Cherry Orchard Running Club
Tony	Magee	Cherry Orchard Running Club
Geraldine	Cummins	Cherry Orchard Running Club
Jennifer	Doyle	Cherry Orchard Running Club
Mary	Power	Cherry Orchard Running Club
Patricia	Carrig	Cherry Orchard Running Club
Ashleigh	Mc Donald	Cherry Orchard Running Club
Paul	Bissett	Cherry Orchard Running Club
Brendan	Cummins	Cherry Orchard Running Club
Shane	Ryle	Cherry Orchard Running Club
Ciara	O Regan	Cherry Orchard Running Club
Gráinne	Ward	Cilles A.C.
Deirdre	Mc Nulty	Cilles A.C.
Olivia	Bennett	Cilles A.C.
Nicole	Ludden	Cilles A.C.
Fiona	Kerbey	Cilles A.C.
Ciara	Lenihan	Cilles A.C.
Derek	Butler	Cilles A.C.
Claire	Dagger	Cilles A.C.
Claire	Gaffney Purtill	Cilles A.C.
Alan	Mulligan	Cilles A.C.
Graham	Devitt	Cilles A.C.
Ruth	Sherry	Cilles A.C.
Louise	Mulligan	Cilles A.C.
Lisa	Keyes	Cilles A.C.
Catherine	Whoriskey	City of Derry AC Spartans
Eimear	Mc Cracken	City of Lisburn AC
Riitta	Kansanniva	Civil Service A.C.
Ronan	Ward	Civil Service A.C.
Barry	Ryan	Civil Service A.C.
Mark	Carroll	Civil Service A.C.
Orla	Cox	Civil Service A.C.
Brendan	Healy	Civil Service A.C.
James	Gaffney	Civil Service A.C.
Rosemary	Duffy	Civil Service A.C.
Ellen	Brady	Civil Service A.C.
Brendan	Farrell	Civil Service A.C.
Brian	Boland	Civil Service A.C.
Jill	Horan	Civil Service A.C.
Siobhan	Carroll	Civil Service A.C.
John	Finn	Clane A.C.
Melissa	Lyons	Clane A.C.
Andrew	Holohan	Clane A.C.
Elaine	Sutton	Clane A.C.
Sinead	Kelly	Clane A.C.

Christy	Maloney	Clane A.C.
Brian	Conroy	Clane A.C.
Shannon	Denagher	Clane A.C.
Madelyn	Egan	Clane A.C.
Valerie	Duffay	Clane A.C.
Richard	Cribbin	Clane A.C.
Carmel	Henry	Clane A.C.
Ciara	O'Brien	Clane A.C.
John	Haren	Clane A.C.
Russell	Ward	Clane A.C.
Kate	Smith	Clane A.C.
Gillian	Clyne	Clane A.C.
Vivienne	Doran	Clane A.C.
Frances	Cullen	Clara A.C.
Gary	Devine	Clara A.C.
Martina	Flanagan Devine	Clara A.C.
Janelle	Flanagan Gowran	Clara A.C.
Carrie	Goode	Clara A.C.
Gavin	Dunne	Clara A.C.
Colman	Greene	Clare River Harriers A.C.
Martin	O'Donnell	Clare River Harriers A.C.
Michael	Healy	Clare River Harriers A.C.
Patrick	Greaney	Clare River Harriers A.C.
Sean	Grace	Clare River Harriers A.C.
Blaithin	O'Brien	Clare River Harriers A.C.
John	Killilea	Clare River Harriers A.C.
Eileen	Collins	Clonakilty Road Runners
John	Twomey	Clonakilty Road Runners
Colette	O'Regan	Clonakilty Road Runners
Paul	Kingston	Clonakilty Road Runners
Dan	O'Grady	Clongriffin A.C.
Murray	Ahern	Clonliffe Harriers A.C.
Sergiu	Ciobanu	Clonliffe Harriers A.C.
Philip	O'Doherty	Clonliffe Harriers A.C.
Gary	O'Hanlon	Clonliffe Harriers A.C.
Alan	Worrall	Clonliffe Harriers A.C.
Aine	Mc Cann	Clonliffe Harriers A.C.
Robert	Reid	Clonliffe Harriers A.C.
Stephen	Scullion	Clonliffe Harriers A.C.
Andrew	Eustace	Clonliffe Harriers A.C.
Anthony	O'Brien	Clonliffe Harriers A.C.
Tudor	Mircea	Clonliffe Harriers A.C.
David	Brady	Clonliffe Harriers A.C.
Laura	Kernan	Clonliffe Harriers A.C.
Aideen	O'Connor	Clonliffe Harriers A.C.
Joanne	Mc Cabe	Clonliffe Harriers A.C.

David	Lyons	Clonliffe Harriers A.C.
Alan	Curley	Clonliffe Harriers A.C.
Ollie	Power	Clonliffe Harriers A.C.
Paul	Keenan	Clonliffe Harriers A.C.
Noel	O Dwyer	Clonliffe Harriers A.C.
John	Donlon	Clonliffe Harriers A.C.
Scott	Crowley	Clonliffe Harriers A.C.
Mick	Mc Mahon	Clonliffe Harriers A.C.
Gerard	Kirwan	Clonliffe Harriers A.C.
Joe	Phipps	Clonliffe Harriers A.C.
Joseph	Fowler	Clonliffe Harriers A.C.
Peter	Clarke	Clonliffe Harriers A.C.
Michael	Devine	Clonliffe Harriers A.C.
Fionnuala	Doherty	Clonliffe Harriers A.C.
Dominic	Mc Geough	Clonmel A.C.
Ned	O Brien	Clonmel A.C.
Conor	Fleming	Clonmel A.C.
Nicola	Maunsell	Clonmel A.C.
Alan	O Shea	Clonmel A.C.
William	Maunsell	Clonmel A.C.
Mellissa	Mc Carthy	Clonmel A.C.
Helen	O Ceallaigh	Clonmel A.C.
Nigel	O Flaherty	Clonmel A.C.
John	Laste	Clonmel A.C.
Tom	Quinn	Clonmel A.C.
Peter	Kiely	Clonmel A.C.
Sean	O Dea	Clonmel A.C.
Suzanne	Shine	Clonmel A.C.
David	Mansfield	Clonmel A.C.
Sinead	Kennedy	Clonmel A.C.
Bernard	Feery	Clonmel A.C.
Dan	O Keeffe	Clonmel A.C.
Kenny	Brett	Clonmel A.C.
Edward	O Donoghue	Clonmel A.C.
Josephine	Brett	Clonmel A.C.
Vincent	Mc Hugh	Clonmel A.C.
Cathy	Mansfield	Clonmel A.C.
Caroline	O Donoghue	Clonmel A.C.
Deirdre	Royce	Clonmel A.C.
Brendan	Walshe	Clonmel A.C.
Neil	Proven	Clonmel A.C.
Barry	Horgan	Clonmel A.C.
Shane	Greene	Clonmel A.C.
Ian	Patterson	Clonmel A.C.
Michael	Ryan	Clonmel A.C.
Grainne	O Malley	Clonmel A.C.

Anthony	Power	Clonmel A.C.
Pat	Walsh	Clonmel A.C.
Courtney	Mc Guire	Clonmel A.C.
Aisling	English	Clonmel A.C.
Vasily	Neumerzhitskiy	Clonmel A.C.
Anne Marie	Halpin	Clonmel A.C.
Victor	Direen	Clonmel A.C.
Jamie	Byrne	Clonmel A.C.
Michael	Moloney	Clonmel A.C.
David	Lorigan	Clonmel A.C.
Eelco	Beckers	Clonmel A.C.
Liam	Kiely	Clonmel A.C.
Niall	Murphy	Clonmel A.C.
Mark	Kehir	Clonmel A.C.
Niall	Kelly	Clonmel A.C.
Aoife	Mc Grath	Clonmel A.C.
Eddie	Prendergast	Clonmel A.C.
Tom	Bourke	Clonmel A.C.
Sheila	Perry	Clonmel A.C.
Sandra	Laycock Flack	Clonmel A.C.
John	Perry	Clonmel A.C.
Aifric	Browne	Clonmel A.C.
Keith	Robinson	Clonmel A.C.
Sarah	Toomey	Clonmel A.C.
Edel	Roche	Clonmel A.C.
Alan	Carter	Clonmel A.C.
Eileen	Murtagh	Coalisland Na Fianna Runners
Stephen	Leonard	Coalisland Na Fianna Runners
Jason	Procter	Coalisland Na Fianna Runners
Mary	Gervin	Coalisland Na Fianna Runners
Paul	Acheson	Coalisland Na Fianna Runners
Tracy	Symington	Coalisland Na Fianna Runners
James	Conway	Coalisland Na Fianna Runners
Colleen	Daly	Coalisland Na Fianna Runners
Shauna	Kelly	Convoy A.C.
Mark	Geoghegan	Coralstown Kinnegad A.C.
Sinead	Whelehan	Coralstown Kinnegad A.C.
Fleur Adele	Forbes	Coralstown Kinnegad A.C.
Alan	Mc Donnell	Coralstown Kinnegad A.C.
Colm	Yeates	Coralstown Kinnegad A.C.
Barry	Donovan	Cork Track Club
Helene	Mc Sweeney	Cork Track Club
Conrad	Watt	Cork Track Club
Niamh	Considine	Corofin A.C.
Majella	Mc Gowan	Corofin A.C.
Kieran	O Neill	Corofin A.C.

Fidelma	Killilea	Corofin A.C.
Brendan	Brett	Corran A.C
Joe	Stagg	Corran A.C
Dermot	Mc Glone	Corran A.C
Darren	Aldridge	Corran A.C
Kieran	Coleman	Corran A.C
Martin	Faughnan	Corran A.C
Sandra	Lang	Corran A.C
Pauline	Hunt Gorman	Corran A.C
Declan	Curley	Corrib A.C.
Noel	Gorman	Craughwell A.C.
Colm	Mc Allen	Craughwell A.C.
Kevin	Mooney	Craughwell A.C.
David	Callanan	Craughwell A.C.
Dean	Roche	Craughwell A.C.
Aisling	Roche	Craughwell A.C.
Julie	Gallagher	Craughwell A.C.
Michael	Dermody	Craughwell A.C.
Brian	Gorman	Craughwell A.C.
Brian	Mathews	Craughwell A.C.
Sean	Hehir	Croghan A.C.
Mark	Poole	Croghan A.C.
Suzanne	Keane	Croghan A.C.
Ailish	O Connor	Croghan A.C.
David	Williams	Croghan A.C.
Nicola	Grouse	Croghan A.C.
Niamh	Mc Carthy	Croghan A.C.
James	Herterich	Croghan A.C.
Jules	Urquhart	Croghan A.C.
Niamh	Drea	Croghan A.C.
Karen	Keane	Croghan A.C.
Diarmaid	O Suilleabhain	Croghan A.C.
Sandra	Bernie	Croghan A.C.
James	Porter	Croghan A.C.
Stephen	Hughes	Croghan A.C.
Davina	Walker	Croghan A.C.
Tomas	Buitendijk	Croghan A.C.
Eoin	Mc Carthy	Croghan A.C.
Joe	Breen	Croghan A.C.
Philip	Redmond	Croghan A.C.
John	Byrne	Croghan A.C.
Derek	Herbage	Croghan A.C.
John	Dempsey	Croghan A.C.
Rachel	Noblett	Croghan A.C.
Deirdre	Ni Chearbhaill	Crusaders A.C.
Gavan	Doherty	Crusaders A.C.

Richard	Kavanagh	Crusaders A.C.
Neil	Brown	Crusaders A.C.
James	Cottle	Crusaders A.C.
Mairead	Cashman	Crusaders A.C.
Ciaran	Diviney	Crusaders A.C.
Karl	Walsh	Crusaders A.C.
Robbie	Moore	Crusaders A.C.
Kate	Murray	Crusaders A.C.
Phelim	Murray	Crusaders A.C.
Vincent	Mc Guinness	Crusaders A.C.
Barry	O Neill	Crusaders A.C.
Olwyn	Dunne	Crusaders A.C.
Paul	O Meara	Crusaders A.C.
Brendan	Murphy	Crusaders A.C.
Warren	Swords	Crusaders A.C.
David	Killion	Crusaders A.C.
Niall	O Connell	Crusaders A.C.
John	Mulvihill	Crusaders A.C.
Kieran	Martin	Crusaders A.C.
Andrew	Kinneen	Crusaders A.C.
Michael	Kiely	Crusaders A.C.
Ger	Forde	Crusaders A.C.
Gerard	White	Crusaders A.C.
Thomas	Bourke	Crusaders A.C.
Eugene	Mc Donough	Crusaders A.C.
Maria	Kennedy	Crusaders A.C.
Céline	Bonce	Crusaders A.C.
Paul	Dempsey	Crusaders A.C.
Carina	Davidson	Crusaders A.C.
Ciara	Lehane	Crusaders A.C.
Russell	Murphy	Crusaders A.C.
Triona	Quill	Crusaders A.C.
Paul	Campbell	Crusaders A.C.
Mary	Fitzsimons	Crusaders A.C.
Ciara	Lynch	Crusaders A.C.
Gian Piero	Allerta	Crusaders A.C.
Barry	Mc Guire	Crusaders A.C.
Fintan	Lawler	Crusaders A.C.
Miriam	Logan	Crusaders A.C.
Robert	Browne	Crusaders A.C.
Noel	Reilly	Crusaders A.C.
Brian	Scanlan	Crusaders A.C.
Philip	Hamilton	Crusaders A.C.
Patrick	Needham	Crusaders A.C.
Ronan	Moynihan	Crusaders A.C.
Elizabeth	Nixon	Crusaders A.C.

James	Moore	Crusaders A.C.
Derek	Lawlor	Crusaders A.C.
Cormac	Mc Guire	Crusaders A.C.
Mari	Hansen	Crusaders A.C.
Adam	Flanagan	Crusaders A.C.
Jemma	Lyons	Crusaders A.C.
Tom	Conlon	Crusaders A.C.
Rory	Goldsmith	Crusaders A.C.
Tara	Murphy	Crusaders A.C.
Rebecca	Fleming	Crusaders A.C.
Aine	Crotty	Crusaders A.C.
Aitor Arribas	Velasco	Crusaders A.C.
Tanja	Narancic	Crusaders A.C.
Gillian	Mc Darby	Crusaders A.C.
Paula	Bradshaw	Crusaders A.C.
Joanne	Carey	Crusaders A.C.
James	Rea	Crusaders A.C.
Alan J	Kavanagh	Crusaders A.C.
John	Gallagher	Crusaders A.C.
Emily	Glen	Crusaders A.C.
Diarmuid	Sheehan	Crusaders A.C.
Hannah	Jones	Crusaders A.C.
Aoife	Quigley	Crusaders A.C.
Cian	Coughlan	Crusaders A.C.
Daragh	O Reilly	Crusaders A.C.
Rob	Glascott	Crusaders A.C.
Toby	Benham	Crusaders A.C.
Sophia	Morgan	Crusaders A.C.
Ian	Weldon	Crusaders A.C.
Alby	Allan	Crusaders A.C.
Gerard	Moore	Crusaders A.C.
Thomas	Vogee	Crusaders A.C.
Charlotte	Rufie	Crusaders A.C.
Martin	Joyce	Crusaders A.C.
David	Carter	Crusaders A.C.
Robert	Cahill	Crusaders A.C.
Aoife	Kelly (Nee Quinn)	Crusaders A.C.
Diarmuid	Byrne	Crusaders A.C.
Darina	Scully	Crusaders A.C.
Adrienne	Jordan	Crusaders A.C.
Thomas	Clarke	Crusaders A.C.
Lucy	Collender	Crusaders A.C.
Damien	Fitzgibbon	Crusaders A.C.
Graham	Crowley	Crusaders A.C.
Mark	Swan	Crusaders A.C.
Mark	O Connor	Crusaders A.C.

Paul	Kelly	Crusaders A.C.
Susie	Keeling	Crusaders A.C.
Karl	Gohery	Crusaders A.C.
Christophe	Marsan	Crusaders A.C.
Sean	Cormican	Crusaders A.C.
Ellen	Coll	Crusaders A.C.
Mircea	Ionita	Crusaders A.C.
Paul	Mc Namara	Crusaders A.C.
Jeremy	O Sullivan	Crusaders A.C.
Conor	Parle	Crusaders A.C.
Geraldine	Clements	Crusaders A.C.
Emer	Kenny	Crusaders A.C.
Damien	Quinn	Cushinstown A.C.
William	Dowdall	D.F.B A.C.
Damian	Mulholland	D.M.P. A.C.
Michael J	Kelly	Derg A.C.
Cormac	Flannery	Derg A.C.
Maeve	Flannery	Derg A.C.
Mark	Corcoran	Derg A.C.
Deirdre	Finn	Derg A.C.
Timothy	O Donnell	Derg A.C.
Colette	Byrne	Dolmen A.C.
Colette	Murphy	Dolmen A.C.
Colm	Graham	Dolmen A.C.
John	Keogh	Donadea Running Club
Karen	Hurley	Donadea Running Club
Tara	Johnston	Donadea Running Club
Evelyn	Leonard	Donadea Running Club
Andrew	Meehan	Donadea Running Club
Brian	Ankers	Donadea Running Club
Angela	Mc Kenna	Donadea Running Club
Lorraine	Powell	Donadea Running Club
Gary	O Daly	Donadea Running Club
Marie	Carolan	Donadea Running Club
Niamh	O Daly	Donadea Running Club
Alan	Clifford	Donadea Running Club
Brendan	Dowd	Donadea Running Club
Conor	Lavery	Donadea Running Club
Andy	Redmond	Donadea Running Club
Eamonn	Davern	Doneraile A.C.
Anne	Curley	Donore Harriers A.C.
Florence	Curley	Donore Harriers A.C.
Donal	Iremonger	Donore Harriers A.C.
Arthur	Connick	Donore Harriers A.C.
Niamh	Clifford	Donore Harriers A.C.
Kenneth	Nugent	Donore Harriers A.C.

Ray	Hynes	Donore Harriers A.C.
Andrew	Kinane	Donore Harriers A.C.
Philip	Hennessy	Donore Harriers A.C.
Michelle	Dawson	Donore Harriers A.C.
Stephen	Dawson	Donore Harriers A.C.
Angela	Eustace	Donore Harriers A.C.
Fergal	Whitty	Donore Harriers A.C.
Desmond	Gill	Donore Harriers A.C.
Christopher	Muldoon	Donore Harriers A.C.
Dana	Mackey	Donore Harriers A.C.
Tony	Barry	Donore Harriers A.C.
Grace	Kennedy	Donore Harriers A.C.
Alan	Farrell	Donore Harriers A.C.
Ariana	Ball	Donore Harriers A.C.
Liam	Keane	Donore Harriers A.C.
Jo	Hughes	Donore Harriers A.C.
Alasdair	Brown	Donore Harriers A.C.
Ken	Mc Keown	Donore Harriers A.C.
Amy	Moriarty	Donore Harriers A.C.
Noel	Davis	Donore Harriers A.C.
Anna	Mc Mahon	Donore Harriers A.C.
Declan	Lynch	Donore Harriers A.C.
Guillaume	Nolain	Donore Harriers A.C.
Pam	White	Donore Harriers A.C.
Oliver	O Hara	Donore Harriers A.C.
Peter	Gaffney	Donore Harriers A.C.
Derek	Mc Ardle	Donore Harriers A.C.
Patrick	Farrell	Donore Harriers A.C.
Alan	Keogh	Donore Harriers A.C.
Dean	Fullston	Donore Harriers A.C.
Sorcha	Loughnane	Donore Harriers A.C.
Aideen	Burke	Donore Harriers A.C.
Suzie	Henleywillis	Donore Harriers A.C.
Louise	Kelly	Donore Harriers A.C.
Peter	Brennan	Donore Harriers A.C.
Gavin	White	Donore Harriers A.C.
John Paul	O Hanlon	Donore Harriers A.C.
Didier	Da Costa	Donore Harriers A.C.
Paul	Whitty	Donore Harriers A.C.
Ken	Norgrove	Donore Harriers A.C.
Sean	Browne	Donore Harriers A.C.
Laura	Rice	Donore Harriers A.C.
Kieran	Crowley	Donoughmore A.C.
Liam	Lynch	Donoughmore A.C.
David	Toomey	Dooneen A.C.
Mike	Griffin	Dooneen A.C.

Shane	Ryan	Dooneen A.C.
Niall	Harris	Dooneen A.C.
Kate	Twohig	Dooneen A.C.
Eadaoin	Hennessy	Dooneen A.C.
Shona	O Flynn	Dooneen A.C.
Alison	Flynn	Dooneen A.C.
Nuala	Reilly	Drogheda and District A.C.
Declan	Monaghan	Drogheda and District A.C.
Adrian	Gogarty	Drogheda and District A.C.
Carmel	Keenan	Drogheda and District A.C.
Mary	Leech	Drogheda and District A.C.
Liam	Farrell	Drogheda and District A.C.
Patrick	O Grady	Drogheda and District A.C.
Yasmin	Canning	Drogheda and District A.C.
Terri	Durnin	Drogheda and District A.C.
Colin	Cuffe	Drogheda and District A.C.
Linda	Cruise	Drogheda and District A.C.
David	Walsh	Drogheda and District A.C.
Gillian	Farrelly	Drogheda and District A.C.
Mairead	O Connell	Drogheda and District A.C.
John	Cooper	Drogheda and District A.C.
James	Keenan	Drogheda and District A.C.
Helga	Mc Donnell	Drogheda and District A.C.
John	Reilly	Drogheda and District A.C.
Joy	Tegart	Drogheda and District A.C.
Niamh	Matthews	Drogheda and District A.C.
Ruaidhri	Nolan	Drogheda and District A.C.
Helen	Dillon	Drogheda and District A.C.
Sinead	Fagan	Drogheda and District A.C.
Stephen	Floyd	Drogheda and District A.C.
Theresa	Eccles	Drogheda and District A.C.
Nicola	Wong	Drogheda and District A.C.
Andrea	Mc Ardle	Drogheda and District A.C.
Anne Marie	Kierans	Drogheda and District A.C.
Brenda	Kirwan	Drogheda and District A.C.
Nicolai	Hodgins	Drogheda and District A.C.
Fiona	Branigan	Drogheda and District A.C.
Alan	Floyd	Drogheda and District A.C.
Karen	Delaney	Drogheda and District A.C.
Mary	Kinsella	Drogheda and District A.C.
Michael	Aylward	Drogheda and District A.C.
Raymond	Hoey	Drogheda and District A.C.
Eimear	Marron	Drogheda and District A.C.
Catherine	O Neill	Drogheda and District A.C.
Pierce	Martin	Drogheda and District A.C.
Aine	Kirwan	Drogheda and District A.C.

David	Lennon	Drogheda and District A.C.
Eoghan	O Gorman	Drogheda and District A.C.
Gerard	Fay	Drogheda and District A.C.
Des	Feeley	Drogheda and District A.C.
David	Campbell	Drogheda and District A.C.
Julie	Halton	Drogheda and District A.C.
Stephen	Geraghty	Drogheda and District A.C.
Rachel	Mc Cormack	Drogheda and District A.C.
Michele	Mc Cullough	Drogheda and District A.C.
Paul	Smith	Drogheda and District A.C.
Anna	Ryan	Drogheda and District A.C.
Johnny	Breen	Drogheda and District A.C.
Sandra	Kirwan	Drogheda and District A.C.
Michelle	Egan	Drogheda and District A.C.
Catherine	O Callaghan	Dromahane Road Runners A.C.
Kevin	Quaid	Dromahane Road Runners A.C.
Peter	Mc Sweeney	Dromahane Road Runners A.C.
Orla	Cunnane	Dromahane Road Runners A.C.
Barry	O Sullivan	Dromahane Road Runners A.C.
Christina	Gilrane	Drumshanbo A.C.
Sharon	Mc Gourty	Drumshanbo A.C.
Linda	Mollohan	Drumshanbo A.C.
Tracey	Harkin	Drumshanbo A.C.
Aine	Cull	Drumshanbo A.C.
Tonita	Mc Keon	Drumshanbo A.C.
Ian	Gillespie	Drumshanbo A.C.
Margaret	Gaffney	Drumshanbo A.C.
Cora	Connolly Regan	Drumshanbo A.C.
Helen	Gormley	Drumshanbo A.C.
Debbie	Leonard	Drumshanbo A.C.
Tiernan	O Donnell	Dualla Ballytarsna Boherlahan A.C.
Marie	Fitzgerald	Dualla Ballytarsna Boherlahan A.C.
George	Brady	Dublin Bay Running Club.
Mark	Hughes	Dublin Bay Running Club.
Anne	Jennings	Dublin Bay Running Club.
Mike	Gonda	Dublin Bay Running Club.
Ger	Copeland	Dublin Bay Running Club.
Suzanne	Colgan	Dublin Bay Running Club.
Gary	Power	Dublin Bay Running Club.
Aoife	Scott	Dublin Bay Running Club.
Gavin	Tobin	Dublin Bay Running Club.
Linda	Colgan	Dublin Bay Running Club.
Kevin	Greene	Dublin Bay Running Club.
Alastair	Higgins	Dublin Bay Running Club.
Imogen	Guinness	Dublin Bay Running Club.
Gary	Seery	Dublin Bay Running Club.

Damien	Higgins	Dublin Bay Running Club.
Jennifer	Sharkey	Dublin Bay Running Club.
Martina	Coffey	Dublin Bay Running Club.
Sinéad	Morrissey	Dublin Bay Running Club.
Keith	Kirwan	Dublin Bay Running Club.
Paul	White	Dublin Bay Running Club.
Katherine	Marsh	Dublin Bay Running Club.
Stephen	Mullin	Dublin Bay Running Club.
Maura	Shaughnessy	Dublin Bay Running Club.
David	Ashe	Dublin Bay Running Club.
Emilia	Enqvist	Dublin Bay Running Club.
Brendan	Mc Ilhennon	Dublin Bay Running Club.
Martin	Smyth	Dublin Front Runners A.C.
Timothy	Hurley	Dublin Front Runners A.C.
Vincent	Hibbert	Dublin Front Runners A.C.
Ray	Buckley	Dublin Front Runners A.C.
Gareth	Hurley	Dublin Front Runners A.C.
Eric	Reyes	Dublin Front Runners A.C.
Bryan	Durkan	Dublin Front Runners A.C.
Patrick	Downey	Dublin Front Runners A.C.
Paul	O Reilly	Dublin Front Runners A.C.
Kate	Purcell	Dublin Front Runners A.C.
Declan	Corridan	Dublin Front Runners A.C.
Regina	Byrne	Dublin Front Runners A.C.
Alex	Kennedy	Dublin Front Runners A.C.
Amy	Thomson	Dublin Striders A.C.
Jadon	Thomson	Dublin Striders A.C.
Ann	Byrne	Duleek and District A.C.
Celena	Tierney	Duleek and District A.C.
Graham	Byrne	Duleek and District A.C.
Daire	Mc Devitt Ludlow	Duleek and District A.C.
Anita	Lenehan	Duleek and District A.C.
Derek	Sheridan	Duleek and District A.C.
Robet	Kierans	Duleek and District A.C.
Derek	Reilly	Duleek and District A.C.
Eric	Devine	Duleek and District A.C.
Susan	Durnin	Duleek and District A.C.
Olive	Reilly	Duleek and District A.C.
Darragh	Scully	Duleek and District A.C.
Michael	Hillman	Duleek and District A.C.
Thomas	Conroy	Duleek and District A.C.
Colm	Heeney	Duleek and District A.C.
Tracy	Doherty	Duleek and District A.C.
Alison	Hillman	Duleek and District A.C.
Colin	Flaherty	Duleek and District A.C.
Alan	Kearns	Duleek and District A.C.

Sarah	Woods	Duleek and District A.C.
Paul	Reilly	Duleek and District A.C.
Anita	Carolan	Duleek and District A.C.
Gerry	Murphy	Duleek and District A.C.
Niamh	Connolly	Duleek and District A.C.
Hazel	Murphy	Duleek and District A.C.
John	Mc Kendry	Dunboyne A.C.
Loughlin	Campion	Dunboyne A.C.
Michael	Foy	Dunboyne A.C.
Alan	Mc Kernan	Dunboyne A.C.
Ray	Mitchell	Dunboyne A.C.
Vivienne	Lennon	Dunboyne A.C.
Stephen	Downey	Dunboyne A.C.
Sarah	Meegan	Dunboyne A.C.
Ann	Garrett	Dunboyne A.C.
Claire	Ni Fhaircheallaigh	Dunboyne A.C.
John	O Malley	Dunboyne A.C.
Gerard	Walsh	Dunboyne A.C.
Lyndon	Thomas	Dunboyne A.C.
Ciara	O Neill	Dunboyne A.C.
Stephen	O Beirne	Dunboyne A.C.
Derek	Finegan	Dunboyne A.C.
Michael	Lawlor	Dunboyne A.C.
Brian	Keenan	Dunboyne A.C.
Stephen	Devlin	Dunboyne A.C.
Rob	Hale	Dunboyne A.C.
Sabrina	Keogh	Dunboyne A.C.
Glenn	Mc Loughlin	Dunboyne A.C.
Brian	Flannelly	Dunboyne A.C.
Sonia	Taylor	Dunboyne A.C.
Barry	Comer	Dunboyne A.C.
Joe	Igoe	Dunboyne A.C.
Christine	O Connor	Dunboyne A.C.
Paul	Richardson	Dunboyne A.C.
Sean	Manning	Dunboyne A.C.
Alan	Doyle	Dunboyne A.C.
Olywen	Read	Dunboyne A.C.
Fergal	Moran	Dunboyne A.C.
Patrick J	Holmes	Dundrum A.C.
Michael	Ryan	Dundrum A.C.
Michael J	Ryan	Dundrum A.C.
Linda	Grogan	Dundrum A.C.
Mairead	Julian	Dundrum A.C.
Elaine	Murphy	Dundrum A.C.
Patricia	Ryan	Dundrum A.C.
Martin	Callanan	Dundrum A.C.

Emily	Leahy	Dundrum A.C.
Yvonne	Heaney	Dundrum A.C.
John	Eves	Dundrum South Dublin A.C.
Enda	Mc Morrow	Dundrum South Dublin A.C.
Mark	Sheridan	Dundrum South Dublin A.C.
Edel	Hallissey	Dundrum South Dublin A.C.
Sarah	O Carroll	Dundrum South Dublin A.C.
Kevin	Heagney	Dundrum South Dublin A.C.
Barry	O Grady	Dundrum South Dublin A.C.
Camilla	Tuffy	Dundrum South Dublin A.C.
John	Hosey	Dundrum South Dublin A.C.
David	O Leary	Dundrum South Dublin A.C.
Lynda	Tuohy	Dundrum South Dublin A.C.
Lorraine	O Driscoll	Dundrum South Dublin A.C.
Claire	Mc Govern	Dundrum South Dublin A.C.
Valerie	Gorman	Dundrum South Dublin A.C.
Eoin	Fogarty	Dundrum South Dublin A.C.
Thomas	Roche	Dundrum South Dublin A.C.
Clare	Flanagan	Dundrum South Dublin A.C.
Joyce	Tracey	Dundrum South Dublin A.C.
Deirdre	Megan	Dundrum South Dublin A.C.
John	Sloan	Dundrum South Dublin A.C.
Eugene	Mc Cabe	Dundrum South Dublin A.C.
Colm	Moriarty	Dundrum South Dublin A.C.
Sean	Ward	Dundrum South Dublin A.C.
Joe	Sheridan	Dundrum South Dublin A.C.
Tim	Wise	Dundrum South Dublin A.C.
Odhran	Hickey	Dundrum South Dublin A.C.
Aidan	Murphy	Dundrum South Dublin A.C.
Derek	Mills	Dundrum South Dublin A.C.
Marcella	Flood	Dundrum South Dublin A.C.
Eileen	Gillick	Dundrum South Dublin A.C.
John	Yourell	Dundrum South Dublin A.C.
Daragh	Kelly	Dundrum South Dublin A.C.
Sean	Hassett	Dundrum South Dublin A.C.
Jim	Quinn	Dundrum South Dublin A.C.
Sandra	O Rourke	Dunleer A.C.
Pat	Cheshire	Dunleer A.C.
Melanie	Hearty	Dunleer A.C.
Barry	Mc Ginn	Dunleer A.C.
Ciaran	Farrell	Dunleer A.C.
Aine	Mc Bride	Dunleer A.C.
Martina	Hansberry	Dunleer A.C.
Niall	Campbell	Dunleer A.C.
Leasa	Murphy	Dunleer A.C.
Pat	Mallon	Dunshaughlin A.C.

Dermot	Clinton	Dunshaughlin A.C.
Nora	Connolly	Dunshaughlin A.C.
Shane	Duffy	Dunshaughlin A.C.
Shirley	O Connor	Dunshaughlin A.C.
Teresa	Ennis	Dunshaughlin A.C.
Teresa	Ennis	Dunshaughlin A.C.
Breda	O Connor	Dunshaughlin A.C.
Geraldine	Reid	Dunshaughlin A.C.
Ian	Forrestal	Dunshaughlin A.C.
Michael	Anderson	Dunshaughlin A.C.
Kevin	Prunty	Dunshaughlin A.C.
Elizabeth	O Brien	Dunshaughlin A.C.
Fergus	Melligan	Dunshaughlin A.C.
Edward	Smith	Dunshaughlin A.C.
Keith	Markey	Dunshaughlin A.C.
Brian	Hartigan	Dunshaughlin A.C.
Gerard	Burbridge	Dunshaughlin A.C.
Samson	Osas	Dunshaughlin A.C.
Grainne	Dempsey	Dunshaughlin A.C.
Dimitrios	Dakopoulos	Dunshaughlin A.C.
Liam	Nolan	Dunshaughlin A.C.
Cormac	Curtin	Dunshaughlin A.C.
Olivia	Daly	Dunshaughlin A.C.
Alice	Harris	Dunshaughlin A.C.
Paul	Harris	Dunshaughlin A.C.
Brian	Mc Guire	Eagle A.C.
Elaine	Guinane	Eagle A.C.
Vivian	Foley	Eagle A.C.
Ruairí	O Callaghan	Eagle A.C.
Raymond	Harrington	Eagle A.C.
Mark	Murphy	Eagle A.C.
Alan	O Brien	Eagle A.C.
Damian	Kenneally	Eagle A.C.
Ruairi	Egan	Eagle A.C.
Karen	Bevan	Eagle A.C.
Gary	Gibbons	Eagle A.C.
Martin	Leahy	Eagle A.C.
Gregg	Moore	Eagle A.C.
Darren	Casey	Eagle A.C.
Paul	Cotter	Eagle A.C.
Andrew	Macdonald	Eagle A.C.
Ken	Nyhan	Eagle A.C.
Donal	Dowling	Eagle A.C.
Eddie	Trindle	Eagle A.C.
Catherine	Murphy	Eagle A.C.
John	Sheehan	Eagle A.C.

Michael	Noonan	Eagle A.C.
Sean	O Keefe	Eagle A.C.
Martin	Daly	Eagle A.C.
Siobhan	Holland	Eagle A.C.
Ken	Ince	Eagle A.C.
Mark	Smith	Eagle A.C.
Catherine	Mc Carthy	Eagle A.C.
Jim	O Byrne	Eagle A.C.
Lenny	Mc Carthy	Eagle A.C.
Aoife	Mahony	Eagle A.C.
Maressa	Mills	Eagle A.C.
Tracy	Cotter	Eagle A.C.
Gillian	Murphy	Eagle A.C.
Damien	Geraghty	Eagle A.C.
Karen	Kelleher	Eagle A.C.
Dympna	Connolly	Eagle A.C.
Helen	Cronin	Eagle A.C.
Tim	O Donoghue	East Cork A.C.
Niall	Murphy	East Cork A.C.
Barry	Rooney	East Down AC
David	Ruane	East Galway A.C.
Colm	Byrne	East Galway A.C.
John	Mc Manus	East Galway A.C.
Joan	Mc Dermott	East Galway A.C.
Trina	Donohue	East Mayo A.C.
Andrew	Carroll	East Mayo A.C.
Stephney	Graham	EDAC
Deirdre	Henchy	Edenderry A.C.
Damien	Kehoe	Edenderry A.C.
Janice	Kehoe	Edenderry A.C.
Gerard	Higgins	Edenderry A.C.
Andrew	Regan	Edenderry A.C.
Peter	Maguire	Edenderry A.C.
Thomas	Hogan	Edenderry A.C.
Edel	Farrell	Edenderry A.C.
Declan	Cullen	Edenderry A.C.
Louise	Maloney	Edenderry A.C.
Brian	Duffy	Edenderry A.C.
David	Breen	Edenderry A.C.
Natasha	O Brien	Edenderry A.C.
Shaun	Bull	Edenderry A.C.
David	Allen	Edenderry A.C.
Noel	Coleman	Edenderry A.C.
Brian	Murphy	Ennis Track A.C.
Fergal	Mc Grath	Ennis Track A.C.
Mary	Maguire	Ennis Track A.C.

Selenia	Nolan Culligan	Ennis Track A.C.
Brian	Sheedy	Ennis Track A.C.
Sean	Treacy	Ennis Track A.C.
Brian	Maher	Enniscorthy A.C.
Brendan	Lynch	Farranfore Maine Valley A.C.
Mick	Fogarty	Ferbane A.C.
Catriona	Daly	Ferbane A.C.
Dermot	Egan	Ferbane A.C.
Francis	Connolly	Ferbane A.C.
Colette	Anderson	Ferbane A.C.
Michelle	Feighery	Ferbane A.C.
Peter	O'Brien	Ferbane A.C.
Lisa	Barrett	Ferbane A.C.
Gary	Flannery	Ferbane A.C.
Tomas	Murphy	Ferrybank A.C.
Fintan	Rice	Fethard A.C.
Paddy	Corrigan	Fingallians A.C.
Niamh	Duffy	Fingallians A.C.
Gloria	Donaghey	Finn Valley A.C.
Gerard	Gallagher	Finn Valley A.C.
John	O'Brien	Finn Valley A.C.
John	Mc Gee	Finn Valley A.C.
Margaret	Reid	Finn Valley A.C.
Clare	Forde	Fota Island Running Club
Gary	Slevin	Foyle Valley AC
Liam	Cunningham	Fr. Murphy A.C.
Eileen	Cunningham	Fr. Murphy A.C.
Aine	Delaney	Fr. Murphy A.C.
Janet	Curley	Fr. Murphy A.C.
Sharon	Carney	Fr. Murphy A.C.
Richie	Bell	Fr. Murphy A.C.
Brian	Smith	Fr. Murphy A.C.
Kevin	Daly	Fr. Murphy A.C.
Ruairí	Mac Conduibh	Fr. Murphy A.C.
Kathy	Mc Collum	Fr. Murphy A.C.
Jan	Carroll	Fr. Murphy A.C.
Grainne	Whelehan	Fr. Murphy A.C.
Mary	Sherrock	Fr. Murphy A.C.
Shane	Hanley	Galtee Runners A.C.
William	O'Connor	Galtee Runners A.C.
Verling	Fitzgerald	Galtee Runners A.C.
Seamus	Dorney	Galtee Runners A.C.
Brian	O'Regan	Galtee Runners A.C.
Lisa	Brenock	Galtee Runners A.C.
Carmel	Brannigan	Galway City Harriers A.C.
Séamus	Coyne	Galway City Harriers A.C.

Sinead	Foran	Galway City Harriers A.C.
Marie	Sheil	Galway City Harriers A.C.
Catherine	Thornton	Galway City Harriers A.C.
Aidan	Hanley	Galway City Harriers A.C.
Majella	Killeen	Galway City Harriers A.C.
Mary	Kealy	Galway City Harriers A.C.
Michael	Greene	Galway City Harriers A.C.
David	Meehan	Galway City Harriers A.C.
Majella	Ní Chríocháin	Galway City Harriers A.C.
Michelle	Browne	Galway City Harriers A.C.
Paraic	Oates	Galway City Harriers A.C.
Grainne	Ní Uallacháin	Galway City Harriers A.C.
Siobhan	Egan Lee	Galway City Harriers A.C.
Niall	Daly	Galway City Harriers A.C.
Abigail	Colleran	Galway City Harriers A.C.
Eilís	Ní Dhúill	Galway City Harriers A.C.
John	Moran	Galway City Harriers A.C.
Neasa	De Búrca	Galway City Harriers A.C.
Richard	Simpson	Galway City Harriers A.C.
Louis	Coyne	Galway City Harriers A.C.
Neil	Murphy	Galway City Harriers A.C.
Sandra	Glennon	Galway City Harriers A.C.
John	Morrissey	Galway City Harriers A.C.
Greg	Niland	Galway City Harriers A.C.
Padraic	O Malley	Galway City Harriers A.C.
Deirdre	Gibbons	Galway City Harriers A.C.
Sinead	Kelly	Galway City Harriers A.C.
Ken	Little	Galway City Harriers A.C.
Peter	Gaffey	Galway City Harriers A.C.
Eugene	Feely	Galway City Harriers A.C.
Sinead	Humphreys	Galway City Harriers A.C.
Leah	Kerr	Galway City Harriers A.C.
James	Elgar	Galway City Harriers A.C.
Steve	Everard	Galway City Harriers A.C.
Michael	Conway	Galway City Harriers A.C.
Stanley	Hayes	Galway City Harriers A.C.
Peter	Payton	Galway City Harriers A.C.
Mark	Flaherty	Galway City Harriers A.C.
Emma	Moloney	Galway City Harriers A.C.
Louise	Kiernan	Galway City Harriers A.C.
Edel	Quinn	Garristown Flyers A.C.
Jenny	Davis	Garristown Flyers A.C.
Paul	Madden	Garristown Flyers A.C.
Caroline	Prendergast	Garristown Flyers A.C.
Tess	Hayden	Garristown Flyers A.C.
Sinead	Madden	Garristown Flyers A.C.

Terry	Mooney	Garristown Flyers A.C.
Shane	Kennedy	Garristown Flyers A.C.
Aileen	Ball	Garristown Flyers A.C.
Stephen	Harborne	Garristown Flyers A.C.
Mary	Meehan	Glaslough Harriers A.C.
Paul	Mc Grath	Glaslough Harriers A.C.
Joanna	Mc Grath	Glaslough Harriers A.C.
Patrick J	Mc Kenna	Glaslough Harriers A.C.
Noeleen	Mc Crudden	Glaslough Harriers A.C.
Colm	Kenna	Glendalough Harriers and A.C.
Bridget	Mc Greehan	Glenmore A.C.
Stephen	Oconnor	Glenmore A.C.
John	Kane	Glenmore A.C.
Rose	White	Glenmore A.C.
Paul	Savage	Glenmore A.C.
Donal	Mc Morland	Glenmore A.C.
Kevin	Harnett	Glenmore A.C.
Aidan	Gallagher	Glenmore A.C.
Edel	Connolly	Glenmore A.C.
David	O Reilly	Glenmore A.C.
Eamonn	O Connor	Glenmore A.C.
Peter	Noone	Glenmore A.C.
Marty	Moseley	Gowran A.C.
Orla	Clear	Gowran A.C.
Margo	Wallace	Graigue Ballycallan A.C.
Rhonda	Malone	Graigue Ballycallan A.C.
Norah	Deacon	Graigue Ballycallan A.C.
Warren	Deacon	Graigue Ballycallan A.C.
Millie	O Connor	Graigue Ballycallan A.C.
Tom	O Halloran	Graigue Ballycallan A.C.
Patrick	Mc Guire	Graigue Ballycallan A.C.
Siobhán	Coen	Graigue Ballycallan A.C.
Breda	Walsh	Graigue Ballycallan A.C.
Clotilde	Fitzgibbon	Grange/Fermoy A.C.
Maggie	Dunne	Grange/Fermoy A.C.
Tony	Dunne	Grange/Fermoy A.C.
Morris	Tobin	Grange/Fermoy A.C.
Darren	Flynn	Grange/Fermoy A.C.
Joan	Ennis	Grange/Fermoy A.C.
Brendan	O Mahony	Grange/Fermoy A.C.
John	Murphy	Grange/Fermoy A.C.
Kealan	O Connor	Grange/Fermoy A.C.
Alan	Clancy	Grange/Fermoy A.C.
Michael	Pratt	Grange/Fermoy A.C.
Peter	O Brien	Grange/Fermoy A.C.
Des	White	Grange/Fermoy A.C.

Keith	Buckley	Grange/Fermoy A.C.
Eamonn	Doyle	Grange/Fermoy A.C.
Eileen	Finn	Grange/Fermoy A.C.
Ellen	Hanley	Grange/Fermoy A.C.
Gary	Clerkin	Grange/Fermoy A.C.
Ronan	Mc Donnell	Grange/Fermoy A.C.
Mike	Walsh	Grange/Fermoy A.C.
Gavin	Quaine	Grange/Fermoy A.C.
Andy	Goulding	Grange/Fermoy A.C.
Liam	O Connor	Grange/Fermoy A.C.
Don	Pyne	Grange/Fermoy A.C.
Eddie	O Brien	Grange/Fermoy A.C.
Ian	Donlon	Hacketstown Runners A.C.
David	Byrne	Hacketstown Runners A.C.
Jackie	Mc Loughlin	Hacketstown Runners A.C.
Trisha	Quigley	Hacketstown Runners A.C.
Anne	Mc Grath	Hacketstown Runners A.C.
Owenie	Mc Kinney	Inishowen A.C.
Jim	Harkin	Inishowen A.C.
Malcolm	Mc Gee	Inishowen A.C.
Martina	Callaghan	Inishowen A.C.
Anne	Mc Elhinney	Inishowen A.C.
David	Porter	Inishowen A.C.
Anna	Mc Laughlin	Inishowen A.C.
Benny	Mullan	Inishowen A.C.
Matthew	Mc Laughlin	Inishowen A.C.
David	Mc Menamin	Inishowen A.C.
Marian	Doherty	Inishowen A.C.
Liz	Wilson	Inishowen A.C.
Martin	Mc Lucas	Inishowen A.C.
Jo-Ann	Doherty	Inishowen A.C.
Deirdre	Mc Geoghegan	Inishowen A.C.
Daithi	Mc Colgan	Inishowen A.C.
Darren	Doherty	Inishowen A.C.
Brian	Mc Clay	Inishowen A.C.
Natalie	Delaney (Caffrey)	Inner City Running Club
Jacqueline	Mc Gillivray	Inner City Running Club
Conor	Mac Partlin	Irish Mountain Cardio A.C.
Ronan	Doyle	Irish Mountain Cardio A.C.
Vincent	Donegan	Irish Mountain Cardio A.C.
Laura	Durkan	Irish Mountain Cardio A.C.
Rachel	O Callaghan	Irish Mountain Trail Runners A.C.
Rob	Manton	Irish Mountain Trail Runners A.C.
John	Stewart	Irish Mountain Trail Runners A.C.
Elaine	Heffernan	Irish Mountain Trail Runners A.C.
Siobhan	Bucknell	Irish Mountain Trail Runners A.C.

Jason	Cooper	Irish Mountain Trail Runners A.C.
Neil	O'Brien	Irish Mountain Trail Runners A.C.
Derek	Hennessy	Irish Mountain Trail Runners A.C.
Gerard	Nealon	Kells A.C.
Frances	Campbell	Kells A.C.
Bruce	O'Brien	Kells A.C.
Tom	Dunne	Kells A.C.
Ciara	Morris	Kells A.C.
Alan	Watters	Kells A.C.
Ciara	Shaw	Kells A.C.
Gavin	Browne	Kells A.C.
Stephen	Dever	Kells A.C.
Bernie	Kellett	Kells A.C.
Philip	Shaw	Kells A.C.
Darragh	Page	Kilcoole A.C.
Ronan	Gill	Kilcoole A.C.
Elizabeth	Gleeson	Kilcoole A.C.
Damien	Byrne	Kilcoole A.C.
Ken	Noonan	Kilcoole A.C.
Eoghan	Mooney	Kilcoole A.C.
Sinead	Wall	Kilcoole A.C.
Mark	Byrne	Kilcoole A.C.
Colin	Morrissey	Kilcoole A.C.
Eoin	Ward	Kilcoole A.C.
Toni	Llovera	Kilcoole A.C.
Daniel	English	Kilcoole A.C.
Brendan	Donohoe	Kilcoole A.C.
Ross	Reynolds	Kilcoole A.C.
Aoife	Mc Kernan	Kilcoole A.C.
John	O'Brien	Kilcoole A.C.
Patrick	Mc Kernan	Kilcoole A.C.
Brian	Gurrin	Kilcoole A.C.
David	Murray	Kilcormac Killoughey A.C.
Éadaoin	Kirby	Kildare A.C.
Ben	Murphy	Kilfinane A.C.
Michael	Hayes	Kilfinane A.C.
James	Keogh	Kilfinane A.C.
Edel	Hennessy	Kilfinane A.C.
Mervin	Doyle	Kilkenny City Harriers A.C.
Joya	Burns	Kilkenny City Harriers A.C.
Annemarie	Shortall	Kilkenny City Harriers A.C.
Seán	O'Hargain	Kilkenny City Harriers A.C.
Declan	Walshe	Kilkenny City Harriers A.C.
Jacinta	Mulroe	Kilkenny City Harriers A.C.
Graham	Bourne	Kilkenny City Harriers A.C.
Jamie	Gahan	Kilkenny City Harriers A.C.

Geraldine	Grogan	Kilkenny City Harriers A.C.
Mary	Prendergast	Kilkenny City Harriers A.C.
Leanne	Butler	Kilkenny City Harriers A.C.
Jane	Campbell	Kilkenny City Harriers A.C.
Louise	O Reilly	Kilkenny City Harriers A.C.
Michael	Grogan	Kilkenny City Harriers A.C.
David	Devine	Kilkenny City Harriers A.C.
Philip	Gammell	Killarney Valley A.C.
Niamh	Ogrady	Kilmihil A.C.
Sean	Mc Namara	Kilmurray/Ibrick/N.Clare A.C.
Maura	Falsey	Kilmurray/Ibrick/N.Clare A.C.
James	Kenny	Kilmurray/Ibrick/N.Clare A.C.
John	O Gorman	Kilmurray/Ibrick/N.Clare A.C.
Paul	Kelly	Kilmurray/Ibrick/N.Clare A.C.
Tracy	Guilfoyle	Kilnaboy A.C.
Irene	Lennon	Kings River A.C.
Dean	Finn	Kings River A.C.
Orla	O Leary	Kings River A.C.
Maija	Griffin	Kings River A.C.
Liam	Griffin	Kings River A.C.
Martin	Mc Elvaney	Knocks Running Club
Raymond	Cummins	Lakeshore Striders A.C.
Ultan	Downes	Lakeshore Striders A.C.
Pat	O Sullivan	Lakeshore Striders A.C.
Barry	Brosnan	Lakeshore Striders A.C.
Eimear	Deegan	Lakeshore Striders A.C.
Daniel	O Riordan	Lakeshore Striders A.C.
Neil	Stone	Lakeshore Striders A.C.
Daragh	O Callaghan	Lakeshore Striders A.C.
Jim	Scott	Lakeshore Striders A.C.
Gillian	Mc Donald	Lakeshore Striders A.C.
Paul	Quinlan	Lakeshore Striders A.C.
Karl	Fitzgerald	Le Chéile A.C.
Paul	Corcoran	Le Chéile A.C.
James	Shelley	Le Chéile A.C.
Paul	Kiely	Le Chéile A.C.
Kevin	Roche	Le Chéile A.C.
Orlaith	Nason	Le Chéile A.C.
Alan	Shaw	Le Chéile A.C.
Eamon	Shields	Le Chéile A.C.
Ian	O Gorman	Le Chéile A.C.
Marc	Augustin	Le Chéile A.C.
Patrick	Sweeney	Le Chéile A.C.
Clare	Killian	Le Chéile A.C.
Tommy	Grealy	Le Chéile A.C.
Deirdre	Lacey	Le Chéile A.C.

Alan	Maher	Le Chéile A.C.
Jaroslav	Blacharski	Le Chéile A.C.
Paul	Foy	Le Chéile A.C.
Colin	Burns	Le Chéile A.C.
Stephen	Boyle	Le Chéile A.C.
Jan	Corcoran	Le Chéile A.C.
Mark	Raleigh	Le Chéile A.C.
Carl	Crehan	Le Chéile A.C.
Donal	Fleming	Le Chéile A.C.
Dan Alexandru	Bujoreanu	Le Chéile A.C.
David	Power	Le Chéile A.C.
David	Breslin	Le Chéile A.C.
Richard	Gallagher	Le Chéile A.C.
Cathal	Brennan	Le Chéile A.C.
Lisa	Hughes	Le Chéile A.C.
Joyce	Wolfe	Leevale A.C.
Shane	Collins	Leevale A.C.
Conor	Mc Cauley	Leevale A.C.
Gillian	Sohun	Leevale A.C.
Lorna	Wolfe	Leevale A.C.
Jane	Peters	Leevale A.C.
Aron	Nutley	Leevale A.C.
John	Shine	Leevale A.C.
Ciaran	O Donnell	Letterkenny A.C.
Aidan	Mc Kenna	Letterkenny A.C.
Patricia	Mc Kenna	Letterkenny A.C.
Monica	Mc Granaghan	Letterkenny A.C.
Marie	Boyle	Letterkenny A.C.
Stephen	Shiels	Letterkenny A.C.
Conor	Gallagher	Letterkenny A.C.
Ann-Marie	Mc Glynn	Letterkenny A.C.
Paul	Mc Monagle	Letterkenny A.C.
Darren	Beecroft	Letterkenny A.C.
Darren	Price	Letterkenny A.C.
Ciaran	Mc Gonagle	Letterkenny A.C.
Mark	Mc Fadden	Letterkenny A.C.
Pat	Brady	Letterkenny A.C.
Gary	Kearns	Letterkenny A.C.
Liam	Ferry	Letterkenny A.C.
Mark	Nee	Letterkenny A.C.
Aidan	Mc Glynn	Letterkenny A.C.
Michael	Harkin	Letterkenny A.C.
Adrian	Callaghan	Letterkenny A.C.
Gary	Price	Letterkenny A.C.
Martin	Mc Ginley	Letterkenny A.C.
Robert	Kavanagh	Letterkenny A.C.

Kevin	Ferry	Letterkenny A.C.
Paul	Cullen	Letterkenny A.C.
Paul	Balfe	Liffey Valley A.C.
Breda	Mc Peake	Liffey Valley A.C.
Gavin	Curran	Liffey Valley A.C.
Brigid	Reilly	Liffey Valley A.C.
Simon	Monds	Liffey Valley A.C.
Elle	O Driscoll	Liffey Valley A.C.
Ben	O Connor	Liffey Valley A.C.
David	Van Buren	Liffey Valley A.C.
Alice	Clement	Liffey Valley A.C.
Carmel	Hoynes	Lifford Strabane A.C.
Claire	Mc Guigan	Lifford Strabane A.C.
Liam	Cleary	Lifford Strabane A.C.
Michael	Duncan	Lifford Strabane A.C.
Raymond	Hoynes	Lifford Strabane A.C.
Sean	Carlin	Lifford Strabane A.C.
Lorraine	Mc Grinder	Lifford Strabane A.C.
Michael	Mc Grinder	Lifford Strabane A.C.
Orla	Mc Nulty	Lifford Strabane A.C.
Lisa	Kerlin	Lifford Strabane A.C.
Stephen	Kerlin	Lifford Strabane A.C.
Enda	Mc Nulty	Lifford Strabane A.C.
Paul	Fitzgerald	Limerick A.C.
Gearoid	Yelverton	Limerick A.C.
Aaron	Gallagher	Limerick A.C.
Joseph	Brophy	Limerick A.C.
Liam	Lynch	Limerick A.C.
Pat	Hartigan	Limerick Country Club A.C.
Pat	Halpin	Limerick Country Club A.C.
Michael	O Regan	Limerick Country Club A.C.
Obrien	Emer	Limerick Country Club A.C.
Chris	O Connor	Limerick Country Club A.C.
Jean	Costello	Limerick Country Club A.C.
Tom	Turner	Limerick Country Club A.C.
Ernest	Kinsella	Limerick Country Club A.C.
Fiona	Enright	Lios Tuathail A.C.
Anne	Brady	Longford A.C.
Lorcan	Gearty	Longford A.C.
Donal	Mulligan	Longford A.C.
Sean	Crossan	Longford A.C.
Enda	Coffey	Longford A.C.
Patrick	Sharkey	Longford A.C.
Colin	Beades	Longford A.C.
Juraj	Karcak	Longford A.C.
Barry	Sheil	Longford A.C.

Claire	Wynne	Longford A.C.
Stephen	Mc Dermott	Longford A.C.
Charlie	Barone	Longford A.C.
John	Scott	Longford A.C.
Derek	O Neill	Longford A.C.
Declan	Newman	Longford A.C.
Hassan	Jassim	Longford A.C.
Noel	Murray	Loughrea A.C.
Stephen	Hanrahan	Loughrea A.C.
Aishling	Hanrahan	Loughrea A.C.
Cathal	O Reilly	Loughrea A.C.
Oliver	Fahy	Loughrea A.C.
Thelma	O Doherty	Loughrea A.C.
Mike	Ward	Loughrea A.C.
Tadhg	Fahy	Loughrea A.C.
Amanda	Mc Ara	LSA A.C.
Anne	Prendiville	LSA A.C.
Patrick	Phillips	LSA A.C.
Anthony	Sharkey	LSA A.C.
Charlie	Ford	LSA A.C.
Deborah	Mc Ardle	LSA A.C.
Elaine	Mc Kenna	LSA A.C.
Ian	Tiernan	LSA A.C.
Nicola	Finnegan	LSA A.C.
Fintan	Counihan	LSA A.C.
Rita	Wall	LSA A.C.
Eimear	Caulfield	LSA A.C.
Alexandria	Conway	LSA A.C.
Stephan	Bueck	LSA A.C.
Helen	Roche	LSA A.C.
Aoife	Connolly	LSA A.C.
Emer	Adams	LSA A.C.
Kenneth	Spratt	LSA A.C.
Georgean	Morrissey	LSA A.C.
Nicola	Mulrooney	LSA A.C.
Suzanne	Gore	LSA A.C.
Lynda	Drysdale	LSA A.C.
Eileen	O Brien	Lucan Harriers A.C.
Claire	Joyce	Lucan Harriers A.C.
Ursula	Eaton	Lucan Harriers A.C.
Brian	Lamon	Lucan Harriers A.C.
Colin	O Gara	Lucan Harriers A.C.
Colm	Munnely	Lucan Harriers A.C.
Patricia	Byrne	Lucan Harriers A.C.
Lillian	Whooley Carey	Lucan Harriers A.C.
Danijela	Klopotan	Lucan Harriers A.C.

Tricia	Gough	Lucan Harriers A.C.
Will	Byrne	Lucan Harriers A.C.
Rory	Thompson	Lucan Harriers A.C.
Kathleen	Trunk	Lucan Harriers A.C.
Michael	Lee	Lucan Harriers A.C.
Marie	Collins	Lucan Harriers A.C.
Sinead	Fleet	Lucan Harriers A.C.
David	Trunk	Lucan Harriers A.C.
Sinead	Farrell	Lucan Harriers A.C.
Amanda	Breen	Lucan Harriers A.C.
Helen	Mc Ginnity	Lucan Harriers A.C.
Vicki	Casserly	Lucan Harriers A.C.
Keith	Gallagher	Lucan Harriers A.C.
Mary	Browne	Lucan Harriers A.C.
Noeleen	Donegan	Lucan Harriers A.C.
Daragh	Doyle	Lucan Harriers A.C.
Lhyne	Ganadin	Lucan Harriers A.C.
Colleen	Aherne	Lucan Harriers A.C.
Vincent	Scanlon	Lucan Harriers A.C.
Jenny	Ní Dhoibhilín	Lucan Harriers A.C.
Louise	O Neill	Lucan Harriers A.C.
Amanda	Ryan	Lucan Harriers A.C.
Annette	Codyfoy	Lusk A.C.
Noel	O Reilly	Lusk A.C.
Veronica	Brogan	Lusk A.C.
Rodrigo	Lara	Lusk A.C.
Richard	Foy	Lusk A.C.
Jacqui	Palmer	Lusk A.C.
Ursula	Mc Donald	Lusk A.C.
Eamon	Caffrey	Lusk A.C.
Neal	Hogan	Lusk A.C.
Eilish	Lynch	Lusk A.C.
Fiona	Reinhardt	Lusk A.C.
Richard	Lanigan	Lusk A.C.
Kevin	Powderly	Lusk A.C.
Conor	Doyle	Lusk A.C.
Kathy	Mc Namara	Lusk A.C.
Dwain	Moore	Lusk A.C.
Daniel	Cronin	Lusk A.C.
Mark	Geraghty	Lusk A.C.
Hazel	Keegan	Lusk A.C.
Stephen	Brennan	Lusk A.C.
Toby	Smith	Lusk A.C.
Una	Gaines	Lusk A.C.
Grainne	Curtin	Lusk A.C.
Johnny	Holland	Lusk A.C.

Ian	Cortina	Lusk A.C.
Patrick	Phillips	Lusk A.C.
Clive	Cleary	Lusk A.C.
Ronan	Hartnett	Lusk A.C.
Eamonn	Phelan	Lusk A.C.
Matthew	Bush	Lusk A.C.
Mark	Mc Carthy	Lusk A.C.
Padraig	Tully	Lusk A.C.
Eddie	Hamilton	Lusk A.C.
Carol	Mc Alpine	Lusk A.C.
Gavin	Gleeson	Lusk A.C.
Donna	Kearney	Lusk A.C.
Peter	Foley	Lusk A.C.
Keith	Greene	Lusk A.C.
David	Beggan	Lusk A.C.
Damian	White	Lusk A.C.
Paul	Kelly	Lusk A.C.
Patrick	Whelan	Lusk A.C.
Bernard	Morgan	Lusk A.C.
Darren	Griffith	Lusk A.C.
Paddy	Downey	Lusk A.C.
Stephen	Irvine	Lusk A.C.
Stephen	Devlin	Lusk A.C.
Ian	Dolan	Lusk A.C.
Denise	Scott-Hughes	Lusk A.C.
Elba	Vargas-Russell	Lusk A.C.
Elizabeth	Kavanagh	Lusk A.C.
Jamie	Cruise	Lusk A.C.
Maurice	Mc Dermott	Lusk A.C.
Jerry	Mc Carthy	Mallow A.C.
Colman	O Hanlon	Mallow A.C.
Aidan	Buckley	Mallow A.C.
Peadar	Lucey	Mallow A.C.
Darragh	Wiley	Mallow A.C.
Michael	Clancy	Mallow A.C.
Gerard	Vowles	Mallow A.C.
Eamonn	Nagle	Mallow A.C.
Barbara	O Mahoney	Mallow A.C.
Catriona	Ryan	Mallow A.C.
Dermot	Osullivan	Mallow A.C.
Lisa	Barrow	Mallow A.C.
John	Collins	Mallow A.C.
Paul	Moloney	Mallow A.C.
John	Kelly	Mallow A.C.
Vera	Nagle	Mallow A.C.
Carmel	Nugent	Mallow A.C.

Barry	Murphy	Mallow A.C.
Michael	Conroy	Mallow A.C.
Anthony	Mc Givney	Mallow A.C.
Denis	Merritt	Mallow A.C.
Catherine	Conroy	Mallow A.C.
Declan	Cronin	Mallow A.C.
Leo	Lundy	Marathon Club Ireland
Fionnuala	O Mara	Marathon Club Ireland
James	Nugent	Marathon Club Ireland
Michael	Haydon	Marathon Club Ireland
John	Healy	Marathon Club Ireland
Eimear	Hurley	Marathon Club Ireland
Paul	Hogan	Marathon Club Ireland
John	Boyle	Marathon Club Ireland
Humphrey	Moynihán	Marathon Club Ireland
Stephen	Mooney	Marathon Club Ireland
Carol	Madden	Marathon Club Ireland
Patrick	Mercie	Marathon Club Ireland
Michael	Mc Mahon	Marathon Club Ireland
Neal	Leddy	Marathon Club Ireland
Angela	Murphy	Marathon Club Ireland
Sheila	Fitzgibbons	Marathon Club Ireland
Eleanor	O'Neill	Marathon Club Ireland
John	Hunt	Marathon Club Ireland
Nuala	Sheehan	Marathon Club Ireland
Barry	Taaffe	Marathon Club Ireland
Shaun	Boyle	Marathon Club Ireland
Andy	Mc Cleary	Marathon Club Ireland
Alison	Adams	Marathon Club Ireland
Conor	O'Neill	Marathon Club Ireland
John	Mc Kenna	Marathon Club Ireland
David	Toomey	Marathon Club Ireland
Jamie	Killeen	Marathon Club Ireland
Dermot	Mc Cormack	Marathon Club Ireland
Regina	Mc Namara	Marathon Club Ireland
Steven	Ring	Marathon Club Ireland
Triona	Ring	Marathon Club Ireland
Maighread	Ryan	Marathon Club Ireland
Patrick	Daly	Marathon Club Ireland
Jeremiah	Neville	Marathon Club Ireland
Trevor	Love	Marathon Club Ireland
Micheal	Quealy	Marathon Club Ireland
John	Byrne	Mayo A.C.
Anthony	Devaney	Mayo A.C.
Colette	Tuohy	Mayo A.C.
Donna	Gallagher	Mayo A.C.

Anne-Marie	Staunton	Mayo A.C.
Frank	Cloherly	Mayo A.C.
Karen	Clancy	Mayo A.C.
Shane	Timothy	Mayo A.C.
Mags	Connell	Mayo A.C.
John	Nolan	Mayo A.C.
Angela	Mc Vann	Mayo A.C.
Maria	Kneafsey	Mayo A.C.
Edel	Feeney	Mayo A.C.
Monica	Joyce	Mayo A.C.
Padraic	Mc Vann	Mayo A.C.
Stephen	Skillington	Mayo A.C.
Thomas	Jennings	Mayo A.C.
Matthew	Gill	Mayo A.C.
Greg	Barry	Mayo A.C.
Michael	Toughey	Mayo A.C.
Marcella	Mc Donnell	Mayo A.C.
Yvonne	Coyne	Mayo A.C.
Brian	Derrig	Mayo A.C.
Tony	Hegarty	Mayo A.C.
Mark	Basquille	Mayo A.C.
Julie	Higgins	Mayo A.C.
Eugene	Mc Cartan	Mayo A.C.
Natasha	Kelly	Mayo A.C.
Tony	O Malley	Mayo A.C.
Paula	Donnellan Walsh	Mayo A.C.
Eamonn	Joyce	Mayo A.C.
Kevin	Donnellan	Mayo A.C.
Sean	Hynes	Mayo A.C.
Michael	Rocke	Mayo A.C.
John	Higgins	Mayo A.C.
Damien	Finnegan	Mayo A.C.
Colette	Mc Tighe	Mayo A.C.
David	Mac Dermott	Mayo A.C.
Brian	Fox	Mayo A.C.
Tadhg	Hanrahan	Mayo A.C.
Gerry	Kirrane	Mayo A.C.
Michael	Kelly	Mayo A.C.
Ray	Walsh	Mayo A.C.
Patrick	Sweeney	Mayo A.C.
Damien	Glackin	Mayo A.C.
Eileen	Donnellan	Mayo A.C.
Eddie	Sweeney	Mayo A.C.
Philip	Mc Goldrick	Mayo A.C.
Elaine	Treacy	Mayo A.C.
Anthony	Corbett	Mayo A.C.

Sheelagh	Mc Donnell	Mayo A.C.
Danny	Fahey	Mayo A.C.
Claire	Charlton	Mayo A.C.
Patrick	O Dowd	Mayo A.C.
Martin	Jennings	Mayo A.C.
Dermot	Foley	Menapians A.C.
Tadhg	Henderson	Menapians A.C.
Anthony	Harpur	Menapians A.C.
Jesse	Kielthy	Menapians A.C.
Mary	Cronin	Menapians A.C.
David	Clancy	Menapians A.C.
Janette	Mulvany	Menapians A.C.
Sinèad	Lambe	Metro/St. Brigid's A.C.
Sean	Mac Seoin	Metro/St. Brigid's A.C.
Sean	Kildunne	Metro/St. Brigid's A.C.
Liam	Costello	Metro/St. Brigid's A.C.
Tommy	Carey	Metro/St. Brigid's A.C.
Denis	Lally	Metro/St. Brigid's A.C.
Ronan	Davis	Metro/St. Brigid's A.C.
John Paul	Kelly	Metro/St. Brigid's A.C.
Simon	Madden	Metro/St. Brigid's A.C.
Ian	Treacy	Metro/St. Brigid's A.C.
Yvonne	Fitzgerald	Midleton A.C.
Amanda	Cooney	Midleton A.C.
Deirdre	Aherne	Midleton A.C.
John	Hennessy	Midleton A.C.
Breeda	Sheedy	Midleton A.C.
Andrea	Mc Namara	Midleton A.C.
Derek	Ahern	Midleton A.C.
Paul	Geary	Midleton A.C.
Tim	Hannon	Midleton A.C.
Brian	Martin	Midleton A.C.
Willie	Barry	Midleton A.C.
Annette	Sheehy	Milford A.C.
Kieran	Murray	Milford A.C.
Eoin	Sheehy	Milford A.C.
Ryan	Mc Cauley	Milford A.C.
James	Whoriskey	Milford A.C.
Tara	Carron	Milford A.C.
Padraig	Sheahan	Millstreet A.C.
Geraldine	Walpole	Mohill A.C.
Damien	Barry	Monaghan Phoenix A.C.
Brenda	Barry	Monaghan Phoenix A.C.
Audrey	Harraghy	Monaghan Phoenix A.C.
Emer	Conway	Monaghan Phoenix A.C.
Annemarie	Treanor	Monaghan Phoenix A.C.

Helen	Mc Crystal	Monaghan Phoenix A.C.
Dara	Mc Kenna	Monaghan Phoenix A.C.
Sinead	Doherty	Monaghan Phoenix A.C.
Evelyn	Mc Guirk	Monaghan Phoenix A.C.
William	Cullen	Monaghan Phoenix A.C.
Rory	Geary	Monaghan Phoenix A.C.
Grace	Duffy Hughes	Monaghan Phoenix A.C.
Gareth	Swift	Monaghan Phoenix A.C.
Joseph	Shiels	Monaghan Phoenix A.C.
Ann Marie	Mc Aree	Monaghan Phoenix A.C.
Karen	Gallagher	Monaghan Phoenix A.C.
Margaret	Hannon	Monaghan Phoenix A.C.
Geraldine	Watterson	Monaghan Phoenix A.C.
Cathy	Melvin	Monaghan Phoenix A.C.
Teresa	Kierans	Monaghan Phoenix A.C.
Mary	Keenan	Monaghan Phoenix A.C.
Charlotte	Connolly	Monaghan Town Runners A.C.
Clair	Quinn	Monaghan Town Runners A.C.
Barry	Evans	Monaghan Town Runners A.C.
Brendan	Carbin	Monaghan Town Runners A.C.
Tommy	Collins	Monaghan Town Runners A.C.
Danny	Murphy	Monaghan Town Runners A.C.
Ryan	Smyth	Monaghan Town Runners A.C.
Fiona	Molloy	Monaghan Town Runners A.C.
Donal	Mc Ardle	Monaghan Town Runners A.C.
James	Campbell	Monaghan Town Runners A.C.
Rory	Mc Donald	Monaghan Town Runners A.C.
Kieran	Lees	Mooreabbey Milers A.C.
Mandy	Parslow	Mooreabbey Milers A.C.
Francis	Morrisson	Mooreabbey Milers A.C.
Liam	Murphy	Mount Hillary A.C.
Maeve	Kiely	Mount Hillary A.C.
Patrick	O Keefe	Mount Hillary A.C.
Juileanne	Buckley	Mount Hillary A.C.
Stephen	O Regan	Mount Hillary A.C.
Mary	Boyce	Mount Hillary A.C.
Deirdre	Fallon	Mount Hillary A.C.
Deirdre	O Shea	Mount Hillary A.C.
Eimer	Sheehy	Mount Hillary A.C.
Dearbhail	Kearns	Mount Hillary A.C.
Maire	Murphy	Mount Hillary A.C.
Eileen	O Sullivan	Mount Hillary A.C.
Marie	Twomey	Mount Hillary A.C.
Geoff	Collins	Mount Hillary A.C.
Michelle	O Regan	Mount Hillary A.C.
Jacqueline	Hickey	Mount Hillary A.C.

Cedric	Knee	Mount Hillary A.C.
Michael	Canty	Moy Valley A.C.
Sean	Healy	Moycarkey Coolcree A.C.
John	Fogarty	Moycarkey Coolcree A.C.
Elaine	Anderson	Moynalty A.C.
Helen	Leddy	Moynalty A.C.
Angela	Magee	Moynalty A.C.
Sylvia	Magee	Moynalty A.C.
Mary	Murtagh	Moynalty A.C.
Josephine	Flanagan	Moynalty A.C.
Michael	Rogers	Moynalty A.C.
Anne Marie	O Reilly	Moynalty A.C.
Karen	Kangley	Moynalty A.C.
Pauline	Reilly	Moynalty A.C.
Elaine	Carpenter	Moynalty A.C.
Tina	Devin	Moynalty A.C.
Jim	Devin	Moynalty A.C.
Martina	O Donnell	Moynalty A.C.
Anthony	Carville	Moynalty A.C.
Stephen	Flanagan	Moyne A.C.
Murty	Hanly	Mullingar Harriers A.C.
Liam	Mc Glynn	Mullingar Harriers A.C.
Eddie	Newman	Mullingar Harriers A.C.
John Paul	O'Brien	Mullingar Harriers A.C.
Sinead	Whitelaw	Mullingar Harriers A.C.
Aine	O Reilly	Mullingar Harriers A.C.
Joan	Flynn	Mullingar Harriers A.C.
Ken	Whitelaw	Mullingar Harriers A.C.
Stephen	Naughton	Mullingar Harriers A.C.
Timmy	Murphy	Mullingar Harriers A.C.
Joan	Hickson	Mullingar Harriers A.C.
Hickson	Joan	Mullingar Harriers A.C.
Brian	Collentine	Mullingar Harriers A.C.
Jane	Creevy	Mullingar Harriers A.C.
Criona	Reid	Mullingar Harriers A.C.
Garrett	O'Brien	Mullingar Harriers A.C.
Declan	Costello	Mullingar Harriers A.C.
Eoin	Clarke	Mullingar Harriers A.C.
Michelle	Bohan	Mullingar Harriers A.C.
Gemma	Kelly	Mullingar Harriers A.C.
Kris	Foster	Mullingar Harriers A.C.
Robert	Downes	Mullingar Harriers A.C.
Richie	Kelly	Mullingar Harriers A.C.
Geraldine	Walsh	Mullingar Harriers A.C.
Alan	Maye	Na Fianna A.C.
Conor	Leech	Na Fianna A.C.

Pat	Payne	Na Fianna A.C.
Conor	Mc Auley	Na Fianna A.C.
Kenneth	Murray	Na Fianna A.C.
Sarah	Kearns	Naas A.C.
Glynis	Hanrahan	Naas A.C.
Ann-Marie	Feely	Naas A.C.
Michael	Laffan	Naas A.C.
David	Allen	Naas A.C.
Gwen	Hughes	Naas A.C.
Enda	Walsh	Naas A.C.
Ben	Hallinan	Naas A.C.
Niamh	Sheehan	Naas A.C.
William	Malone	Naas A.C.
Colin	Feely	Naas A.C.
Sean	Gallagher	Naas A.C.
Colin	Bell	Naas A.C.
Tracey	Cuddy	Naomh Mhuire A.C.
Barry	Watters	Navan A.C.
Sonya	Reilly	Navan A.C.
Barry	Finnegan	Navan A.C.
Shane	Leddy	Navan A.C.
Ben	White	Navan A.C.
Keith	Russell	Navan A.C.
Philip	Dempsey	Navan A.C.
Louise	Hand	Navan A.C.
Cathal	Reilly	Navan A.C.
Eimear	Dowling	Navan A.C.
Conor	O Loughlin	Navan A.C.
Helena	Dorrigan	Navan A.C.
Colin	Travers	Navan A.C.
Brian	Murphy	Navan A.C.
Isobel	Lawlor	Navan A.C.
Arlene	Gorman	Navan A.C.
Joanne	Rice	Navan A.C.
Eleanor	O Neill	Navan A.C.
Jean	Whelan	Navan A.C.
Darragh	Roe	Navan A.C.
Wilma	Roe	Navan A.C.
Robert	Darby	Navan A.C.
Mark	Darby	Navan A.C.
Philip	Treacy	Navan A.C.
Raymond	Callan	Navan A.C.
Neil	Cummins	Navan A.C.
John	Hughes	Navan A.C.
Patrick	Rodgers	Navan A.C.
Doreen	Doggett	Navan A.C.

Kathleen	Brady	Navan A.C.
Johanna	O Connor	Navan A.C.
Joanne	Gribbin	Navan A.C.
Diane	Doherty	Navan A.C.
Pat	Chaney	Navan A.C.
Paul	Mc Gee	Navan A.C.
Thomas	Baker	Navan A.C.
Susan	Whelan	Navan A.C.
Richie	Judge	Navan A.C.
Aileen	Smyth	Navan A.C.
David	Berry	Navan A.C.
Shane	Burke	Navan A.C.
David	O Daly	Navan A.C.
Barry	Mc Cabe	Navan A.C.
Vivienne	Byrne	Navan A.C.
Christopher	Lennon	NBELH
Cara	Jeffrey	NDAC
Eoghan	Slattery	Nenagh Olympic A.C.
Séamus	Cardiff	Newbridge A.C.
Alan	Beale	Newbridge A.C.
Paul	Matthews	Newbridge A.C.
Emma	Boland	Newbridge A.C.
Martin	Tynan	Newbridge A.C.
Martin	Dowling	Newbridge A.C.
Eric	Boland	Newbridge A.C.
David	Browne	Newbridge A.C.
Peter	Moran	Newbridge A.C.
Amanda	Cardiff	Newbridge A.C.
Larry	Mc Cormack	Newbridge A.C.
Barry	Mc Gann	Newbridge A.C.
Karina	Cash	Newbridge A.C.
Jeremy	Whitty	Newbridge A.C.
Lisa	Dowling	Newbridge A.C.
Anne	Brennan	Newbridge A.C.
Lorraine	Keaney	Newbridge A.C.
Iosif	Guther	Newbridge A.C.
Ciaran	Steed	Newbridge A.C.
Fergal	Burke	Newbridge A.C.
Thomas	Kelly	Newbridge A.C.
Neil	Cash	Newbridge A.C.
Damien	Brennan	Newbridge A.C.
Niamh	Dempsey	Newbridge A.C.
Noel	Glynn	Newbridge A.C.
John	Weldon	Newbridge A.C.
Vikki	Browne	Newbridge A.C.
Gavin	Kelly	Newbridge A.C.

Jonathan	Healy	Newbridge A.C.
Alan	Beale	Newbridge A.C.
Toby	Ruffer	Newbridge A.C.
Luca	Costabello	Newbridge A.C.
Brian	Murphy	Newbridge A.C.
Angela	Murphy	Newbridge A.C.
Adrian	Tierney	Newbridge A.C.
Frank	Cunningham	Newcastle & District AC
Aidan	Brown	Newcastle & District AC
John Nicholas	Savage	Newport A.C.
Aidan	Mc Gee	Newport A.C.
Darren	Bourke	Newport A.C.
Paul	Hayes	Newport A.C.
John	O Sullivan	
Denis	Carrigan	
Aaron	Mullan	
Thomas	Griffin	
Fergus	Nugent	
Cristín	Scollard	
Peter	Somba	
Roy	Roulston	
Norah	Sexton	
Frances	Cullen-Wilson	
Hugh	Carolan	
Ciara	Walshe	
Mary Rosarie	Chawke	
Owen	Mc Carthy	
Carol	Bolger	
Alan	O Flynn	
Graeme	Mc Gowan	
Shane	Mc Laughlin	
Paschal	Murphy	
John	Owens	
Shane	Curtin	
Mary	Ketterer	
Louise	Smith	North Belfast Harriers
David	Doyle	North Clondalkin RC
Chris	Mc Elligott	North Clondalkin RC
Michelle	Middleton	North Cork A.C.
Simon	Boyle	North Down AC
Brendan	Reid	North East Runners A.C.
Gerard	Kenny	North East Runners A.C.
Kevin	Hamill	North East Runners A.C.
Collette	O Hagan	North East Runners A.C.
Karen	Mc Crystal	North East Runners A.C.
Colm	Hearty	North East Runners A.C.

Pat	Mc Elarney	North East Runners A.C.
Anita	Bolton	North East Runners A.C.
Cathriona	Faulkner	North East Runners A.C.
Mary	Boyle	North East Runners A.C.
Cathy	Byrne	North East Runners A.C.
Austin	Reid	North East Runners A.C.
Eamonn	Kelly	North East Runners A.C.
Enda	Bergin	North East Runners A.C.
Eamonn	O Reilly	North East Runners A.C.
Brendan	Breen	North East Runners A.C.
Michael	Parks	North East Runners A.C.
Sheila	Tobin	North East Runners A.C.
Janet	Mooney	North East Runners A.C.
Emma	Reilly	North East Runners A.C.
Brendan	Gallagher	North East Runners A.C.
Anita	Hearty	North East Runners A.C.
Ciara	Ó H-Íci(Holmes)	North East Runners A.C.
Niall	Keogh	North East Runners A.C.
Una	Byrne	North East Runners A.C.
Sue	Mc Clean	North East Runners A.C.
Patricia	Nevin	North East Runners A.C.
Conor	Walsh	North East Runners A.C.
Brendan	Howard	North East Runners A.C.
Zoe	Nevin	North East Runners A.C.
Gearoid	Wills	North East Runners A.C.
Paul	Martin	North East Runners A.C.
John	Tumilty	North East Runners A.C.
Jane	Behan	North East Runners A.C.
Gary	Mc Laughlin	North East Runners A.C.
Feargal	Garvin	North East Runners A.C.
Ronan	Halpenny	North East Runners A.C.
Chris	Kelly	North East Runners A.C.
Siobhan	White	North East Runners A.C.
Alison	Cooney	North East Runners A.C.
Raymond	Coogan	North East Runners A.C.
John	O Dell	North Leitrim A.C.
David	Lipsett	North Leitrim A.C.
Thomas	Kelly	North Sligo A.C.
Stephanie	Mc Sharry	North Sligo A.C.
Patricia	Mc Cosker	North Sligo A.C.
Craig	Brennan	North Sligo A.C.
Noel	Darcy	North Sligo A.C.
Catherine	Lipsett	North Sligo A.C.
Donal	Egan	North Sligo A.C.
Alan	Wallace	North Sligo A.C.
Mark	Kavanagh	North Sligo A.C.

Fiona	Hennigan	North Sligo A.C.
Andy	Finan	North Sligo A.C.
Alan	Travers	North Sligo A.C.
Jason	Duffy	North Sligo A.C.
Fergal	Mc Grath	North Sligo A.C.
Alan	Kelly	North Sligo A.C.
Gillian	Gillespie	North West Kildare A.C.
Colm	Kavanagh	North Westmeath A.C.
Grainne	Healy	North Westmeath A.C.
Oliver	O Farrell	North Westmeath A.C.
Wendy	Mahon	North Westmeath A.C.
John	Mc Cann	OMG AC
Gemma	Blake	Orangegrove AC
Bernard	Kowalski	Polish Runners Club Ireland
Krzysztof	Pawlik	Polish Runners Club Ireland
Kamil	Orenczuk	Polish Runners Club Ireland
Slawomir	Glaz	Polish Runners Club Ireland
Rafal	Wirkus	Polish Runners Club Ireland
Bogna	Kuleszewicz	Polish Runners Club Ireland
Maciej	Marczewki	Polish Runners Club Ireland
Magdalena	Maj	Polish Runners Club Ireland
Jerzy	Szoldra	Polish Runners Club Ireland
Pawel	Bocian	Polish Runners Club Ireland
Bartosz	Iwanski	Polish Runners Club Ireland
Robert	Siek	Polish Runners Club Ireland
Michael	Podolski	Polish Runners Club Ireland
Agnieszka	Prycinska	Polish Runners Club Ireland
Ewa	Garbiec-Banka	Polish Runners Club Ireland
Robert	Zalewski	Polish Runners Club Ireland
Sebastian	Slotwinski	Polish Runners Club Ireland
Michal	Gil	Polish Runners Club Ireland
Niamh	Kavanagh	Portlaoise A.C.
Joe	Breen	Portlaoise A.C.
Donal	Heagney	Portlaoise A.C.
Keith	O Shea	Portlaoise A.C.
John	Healy	Portlaoise A.C.
Niall	Collins	Portlaoise A.C.
Barry	Mc Evoy	Portlaoise A.C.
Karen	Clarke	Portmarnock A.C.
John	O Leary	Portmarnock A.C.
Michael	Mc Swiggan	Portmarnock A.C.
Mary	Harte	Portmarnock A.C.
Ken	Ryan	Portmarnock A.C.
Brian	Mc Cann	Portmarnock A.C.
Evelyn	Whelan	Portmarnock A.C.
Niamh	Mc Swiggan	Portmarnock A.C.

Ruth	Bannon	Portmarnock A.C.
Celine	Brennan	Portmarnock A.C.
Martin	O Brien	Portmarnock A.C.
Sinead	Del Bello	Portmarnock A.C.
John	Clarke	Portmarnock A.C.
Conor	Fitzpatrick	Portmarnock A.C.
Brian	Kelly	Portmarnock A.C.
Declan	Hughes	Portmarnock A.C.
Ronan	O Boyle	Portmarnock A.C.
Neil	White	Portmarnock A.C.
Keith	Murray	Portmarnock A.C.
Matthew	Collins	Portmarnock A.C.
Aileen	Dooley	Portmarnock A.C.
Elaine	Howard	Portmarnock A.C.
David	Moran	Portmarnock A.C.
Gavin	Furlong	Portmarnock A.C.
Sonya	Clarke	Portmarnock A.C.
Alan	Quinn	Portmarnock A.C.
Gary	Mc Loughlin	Portmarnock A.C.
Colum	Roche	Portmarnock A.C.
Thomas	Collins	Portmarnock A.C.
Ann Marie	Costello	Portmarnock A.C.
Alan	Maher	Portmarnock A.C.
Sandra	Case	Portmarnock A.C.
Vivienne	Drummond	Portmarnock A.C.
Lisa	Mc Loughlin	Portmarnock A.C.
Niamh	Boyle	Portmarnock A.C.
Alan	Murphy	Portmarnock A.C.
Caitriona	King	Portmarnock A.C.
Arthur	Cassidy	Portmarnock A.C.
Cliff	Cullen	Portmarnock A.C.
Simon	Carbery	Portmarnock A.C.
Karl	Fleming	Portmarnock A.C.
Brian	Feely	Portmarnock A.C.
Robert	Mc Namara	Portmarnock A.C.
Eddie	Carey	Portmarnock A.C.
Cian	Branagan	Portmarnock A.C.
Graham	Gilshinan	Portmarnock A.C.
Dermot	Kelly	Portmarnock A.C.
Cara	Duffy	Portmarnock A.C.
Helen	O Connor	Portmarnock A.C.
Declan	Kelly	Portmarnock A.C.
Ruairi	Hayden	Portmarnock A.C.
Therese	Casey	Portmarnock A.C.
Karen	Mc Gurren	Portmarnock A.C.
Wini	Gallagher	Portmarnock A.C.

Hugh	Feeley	Portmarnock A.C.
Gavin	Purtill	Portmarnock A.C.
Martha	Cronin	Portmarnock A.C.
Teresa	Early	Portmarnock A.C.
Gavin	Mc Ardle	Portmarnock A.C.
Bill	Barry	Racing 795 A.C.
Martin	Kelly	Raheny Shamrock A.C.
Michael	Clohisey	Raheny Shamrock A.C.
Christy	Reilly	Raheny Shamrock A.C.
Aileen	Cooke	Raheny Shamrock A.C.
Mark	Kirwan	Raheny Shamrock A.C.
Tom	Loftus	Raheny Shamrock A.C.
Desmond	Lyons	Raheny Shamrock A.C.
Aine	Crimin	Raheny Shamrock A.C.
Fiona	Kirwan	Raheny Shamrock A.C.
Ann-Marie	Gargan	Raheny Shamrock A.C.
Jim	Keogh	Raheny Shamrock A.C.
David	Gargan	Raheny Shamrock A.C.
Lorraine	Byrne	Raheny Shamrock A.C.
Elizabeth	Rouine	Raheny Shamrock A.C.
David	O Hara	Raheny Shamrock A.C.
Fiona	Drew	Raheny Shamrock A.C.
John	Clohisey	Raheny Shamrock A.C.
Connor	Jennings	Raheny Shamrock A.C.
Declan	Smyth	Raheny Shamrock A.C.
Kate	Purcell	Raheny Shamrock A.C.
Aisling	Delaney	Raheny Shamrock A.C.
Siobhan	Foley	Raheny Shamrock A.C.
Maura	Lynskey	Raheny Shamrock A.C.
Mary	Walsh	Raheny Shamrock A.C.
Robbie	Beggs	Raheny Shamrock A.C.
Fiona	Stack	Raheny Shamrock A.C.
Paul	Cullen	Raheny Shamrock A.C.
Caroline	Farrelly	Raheny Shamrock A.C.
Colm	Delaney	Raheny Shamrock A.C.
Jody	Gilhooly	Raheny Shamrock A.C.
Gerard	O Rourke	Raheny Shamrock A.C.
Valerie	Clinton	Raheny Shamrock A.C.
Rachel	Ormrod	Raheny Shamrock A.C.
Denis	Murphy	Raheny Shamrock A.C.
Elaine	O Hagan McNulty	Raheny Shamrock A.C.
Eamon	Traynor	Raheny Shamrock A.C.
Darren	Meikle	Raheny Shamrock A.C.
Keith	Comiskey	Raheny Shamrock A.C.
Wesley	O Brien	Raheny Shamrock A.C.
Tommy	Crampton	Raheny Shamrock A.C.

Siobhan	Kinsella	Raheny Shamrock A.C.
Mark	Lacey	Raheny Shamrock A.C.
Rory	O Sullivan	Raheny Shamrock A.C.
Paul	Larkin	Raheny Shamrock A.C.
Brian	Connor	Raheny Shamrock A.C.
Tara	Kennedy	Raheny Shamrock A.C.
Mary	Lynch	Raheny Shamrock A.C.
Jenny	Colbert	Raheny Shamrock A.C.
Caitríona	Costello	Raheny Shamrock A.C.
Brendan	Atkins	Raheny Shamrock A.C.
Keith	Fleming	Raheny Shamrock A.C.
Wesley	Grant	Raheny Shamrock A.C.
Terry	Keogh	Raheny Shamrock A.C.
Aine	Duffy	Raheny Shamrock A.C.
Deirdre	O Dwyer	Raheny Shamrock A.C.
Tom	Cassidy	Raheny Shamrock A.C.
Una	Cherry	Raheny Shamrock A.C.
Dave	Feeney	Raheny Shamrock A.C.
Anne	Mc Comish	Raheny Shamrock A.C.
Richard	O Connor	Raheny Shamrock A.C.
Eric	Champ	Raheny Shamrock A.C.
Angela	Charlton	Raheny Shamrock A.C.
Rose	Kidd	Raheny Shamrock A.C.
David	Mc Donnell	Raheny Shamrock A.C.
Órla	Gilheaney	Raheny Shamrock A.C.
Gordon	Manning	Raheny Shamrock A.C.
Dylan	Evenden	Raheny Shamrock A.C.
Shay	Neary	Raheny Shamrock A.C.
Dan	Wallace	Raheny Shamrock A.C.
Karen	Bates	Raheny Shamrock A.C.
Gregory	O Beirne	Raheny Shamrock A.C.
Eoin	Connolly	Raheny Shamrock A.C.
Brian	Cotter	Raheny Shamrock A.C.
Sean	Kelly	Raheny Shamrock A.C.
Philip	Mc Govern	Raheny Shamrock A.C.
Olivia	Mooney	Raheny Shamrock A.C.
Roberto	Romano	Raheny Shamrock A.C.
De	O Connor	Raheny Shamrock A.C.
Michael	Kehoe	Raheny Shamrock A.C.
Ruth	Colbert	Raheny Shamrock A.C.
Anna	Pringle	Raheny Shamrock A.C.
Aisling	Mc Nally	Raheny Shamrock A.C.
Joe	Mc Cracken	Raheny Shamrock A.C.
Sarah	O Neill	Raheny Shamrock A.C.
Orla	Mc Elhinney	Raheny Shamrock A.C.
Brian	Mc Weeney	Raheny Shamrock A.C.

David	Cronin	Raheny Shamrock A.C.
Shirley	Coyle	Raheny Shamrock A.C.
Carmel	Ward	Raheny Shamrock A.C.
Paul	Gannon	Raheny Shamrock A.C.
Una	Crowley	Raheny Shamrock A.C.
Sorcha	Delargy	Raheny Shamrock A.C.
Gavin	Judge	Raheny Shamrock A.C.
Sinéad	Currie	Raheny Shamrock A.C.
Gary	Aylward	Raheny Shamrock A.C.
Regina	Harnett	Raheny Shamrock A.C.
Maurice	O Connell	Raheny Shamrock A.C.
Graham	Ahearne	Raheny Shamrock A.C.
Hannah	Coleman	Raheny Shamrock A.C.
Eimear	Kenny	Raheny Shamrock A.C.
Walter	Mc Connell	Raheny Shamrock A.C.
Peter	Rogan	Raheny Shamrock A.C.
Rob	Kelly	Raheny Shamrock A.C.
Christopher	Quaid	Raheny Shamrock A.C.
Darrell	Reamsbottom	Raheny Shamrock A.C.
Robert	Clarke	Raheny Shamrock A.C.
Simon	Sheridan	Raheny Shamrock A.C.
Michelle	Roest	Raheny Shamrock A.C.
Francesco	Petroni	Raheny Shamrock A.C.
Garreth	Hogan	Raheny Shamrock A.C.
Trish	Fitzgerald	Raheny Shamrock A.C.
John	Mc Manus	Raheny Shamrock A.C.
Peter	Leonard	Raheny Shamrock A.C.
Brian	Aherne	Raheny Shamrock A.C.
David	Jackson	Raheny Shamrock A.C.
Ciaran	Doherty	Raheny Shamrock A.C.
Jeff	Moore	Raheny Shamrock A.C.
James	Kelly	Raheny Shamrock A.C.
Alan	Foley	Raheny Shamrock A.C.
Kevin	Prendergast	Raheny Shamrock A.C.
Colm	Kernan	Raheny Shamrock A.C.
Gearóid	Healy	Raheny Shamrock A.C.
Declan	Whooley	Raheny Shamrock A.C.
Dermot	Coffey	Raheny Shamrock A.C.
Emer	O Gorman	Raheny Shamrock A.C.
Colm	Cassidy	Raheny Shamrock A.C.
Sheila	Duffy	Raheny Shamrock A.C.
Alan	Mc Carthy	Raheny Shamrock A.C.
Oran	Heron	Raheny Shamrock A.C.
Alan	Dunne	Raheny Shamrock A.C.
Cliona	O Reilly	Raheny Shamrock A.C.
Hollie	Duff	Raheny Shamrock A.C.

Aoife	Garvey	Raheny Shamrock A.C.
Eoin	Flynn	Rathfarnham W.S.A.F. A.C.
Jackie	Kingston	Rathfarnham W.S.A.F. A.C.
Colm	Murray	Rathfarnham W.S.A.F. A.C.
Kevin	Donagher	Rathfarnham W.S.A.F. A.C.
Tom	Cuddy	Rathfarnham W.S.A.F. A.C.
Eric	Cullen	Rathfarnham W.S.A.F. A.C.
Denis	Daly	Rathfarnham W.S.A.F. A.C.
Aaron	Browne	Rathfarnham W.S.A.F. A.C.
Michael	Murphy	Rathfarnham W.S.A.F. A.C.
Ronan	Byrne	Rathfarnham W.S.A.F. A.C.
Noreen	Fitzsimons	Rathfarnham W.S.A.F. A.C.
Michael	Maloney	Rathfarnham W.S.A.F. A.C.
Lian	Brady	Rathfarnham W.S.A.F. A.C.
Shane	Grehan	Rathfarnham W.S.A.F. A.C.
Gael	Hernandez	Rathfarnham W.S.A.F. A.C.
Dermot	Shiels	Rathfarnham W.S.A.F. A.C.
Clare	Shiels	Rathfarnham W.S.A.F. A.C.
Maria	Brennan	Rathfarnham W.S.A.F. A.C.
Esther	Lawlor	Rathfarnham W.S.A.F. A.C.
Martin	Kelly	Rathfarnham W.S.A.F. A.C.
Ross	Griffin	Rathfarnham W.S.A.F. A.C.
Matthew	Kane	Rathfarnham W.S.A.F. A.C.
Denis	Everett	Rathfarnham W.S.A.F. A.C.
Eoin	Mc Loughlin	Rathfarnham W.S.A.F. A.C.
Bryan	Murphy	Rathfarnham W.S.A.F. A.C.
Luke	Mc Mullan	Rathfarnham W.S.A.F. A.C.
Ronan	Brady	Rathfarnham W.S.A.F. A.C.
James	Finnegan	Rathkenny A.C.
Garry	Mc Dermott	Rathkenny A.C.
Patricia	O Reilly	Rathkenny A.C.
Richard	Smith	Ratoath A.C.
Una	Smith	Ratoath A.C.
Mary	Keily	Ratoath A.C.
Hugh	Kelly	Ratoath A.C.
Simon	Watsham	Ratoath A.C.
Laura	Marshall	Ratoath A.C.
Rachel	Connolly	Ratoath A.C.
Conor	Lantry	Ratoath A.C.
Sean	Murnin	Ratoath A.C.
Geraldine	De Bonis	Ratoath A.C.
Jenny	Flaherty	Ratoath A.C.
Tony	Roe	Ratoath A.C.
Ann	Jordan	Ratoath A.C.
Brian	Baldwin	Ratoath A.C.
Lisa	O Neill	Ratoath A.C.

Mary	Foley	Ratoath A.C.
Helena	Mc Manus	Ratoath A.C.
Mark	Heavey	Ratoath A.C.
Audrey	O Neill	Ratoath A.C.
Paula	Quilty	Ratoath A.C.
Masina	Dempsey	Ratoath A.C.
Rachel	Hyland	Ratoath A.C.
Jann	Millington	Ratoath A.C.
John	Baitson	Ratoath A.C.
Sheila	Gaughan	Ratoath A.C.
Noelle	Capewell	Ratoath A.C.
Gavan	Doran	Ratoath A.C.
Stephen	Callaghan	Ratoath A.C.
Jonathan	Geraghty	Rhode A.C.
Aidan	Brereton	Rhode A.C.
Seosamh	Mahon	Rise Running Club
Elaine	O Donoghue	Riverstick/Kinsale A.C.
Kevin	Boyd	Riverstick/Kinsale A.C.
Jimmy	Maloney	Roscommon Harriers A.C.
Miriam	Cuddy	Roscommon Harriers A.C.
Majella	Mc Grath	Roscommon Harriers A.C.
Brenda	Duffy Hegarty	Roscommon Harriers A.C.
Tara	Murphy	Roscommon Harriers A.C.
Mary	Tarpey	Roscommon Harriers A.C.
John	Fitzmaurice	Roscommon Harriers A.C.
Denis	Mc Sweeney	Rosscarbery Steam Runners A.C.
Fiona	Calnan	Rosscarbery Steam Runners A.C.
Maryjo	O Gorman	Rosscarbery Steam Runners A.C.
Eileen	Mc Sweeney	Rosscarbery Steam Runners A.C.
Ger	Browne	Rosscarbery Steam Runners A.C.
Jeremy	Murphy	Rosscarbery Steam Runners A.C.
Emma	O Neill	Rosscarbery Steam Runners A.C.
Margaret	O Sullivan	Rosscarbery Steam Runners A.C.
Adrian	Roycroft	Rosscarbery Steam Runners A.C.
Fergal	Mc Gee	Rosses A.C.
Michael	Logue	Rosses A.C.
Edward	Harkin	Rosses A.C.
Denis	Boner	Rosses A.C.
Charlie	O Donnell	Rosses A.C.
Paul	Mc Kelvey	Rosses A.C.
Shane	O Donnell	Rosses A.C.
Gavin	Ward	Rosses A.C.
Fiachra	Mac Mahon	Rosses A.C.
Gracemarie	Mc Fadden	Rosses A.C.
Martina	Mulhern	Rosses A.C.
Veronica	Laughlin	Rosses A.C.

Fiona	Mc Ginley	Rosses A.C.
Elisoa	Crawford	SEAAC
John Joe	Rogers	Shercock A.C.
Noel	Carroll	Shercock A.C.
Mervyn	Dickson	Shercock A.C.
Noel	Clerkin	Shercock A.C.
Niall	Smith	Shercock A.C.
Denise	Coleman	Shercock A.C.
Paul	Carroll	Shercock A.C.
Keith	Downey	Skerries A.C.
David	Daly	Skerries A.C.
Gavan	Farrell	Skerries A.C.
John	Power	Skerries A.C.
Seamus	Dore	Skerries A.C.
Michael	Hodnett	Skerries A.C.
Maeve	Hegarty	Skerries A.C.
Conaill	Cooper	Slaney Olympic A.C.
Fergus	Murphy	Slaney Olympic A.C.
Annis	Kehoe	Slaney Olympic A.C.
John	Roban	Slaney Olympic A.C.
Sabina	Sweeney	Slaney Olympic A.C.
Ciara	Kearney	Slaney Olympic A.C.
Tracy	Kavanagh	Slaney Olympic A.C.
James	O Connor	Slaney Olympic A.C.
Esther	O Leary	Slaney Olympic A.C.
Colin	Garry	Slaney Olympic A.C.
Patrick	Hennessy	Slaney Olympic A.C.
Maura	Neville	Slaney Olympic A.C.
Eric	Derr	Slaney Olympic A.C.
Valerie	Murphy	Slaney Olympic A.C.
Marie	Kinsella	Slaney Olympic A.C.
Mary	Nolan	Slaney Olympic A.C.
Allan	Kelly	Slaney Olympic A.C.
Kieran	Sludds	Slaney Olympic A.C.
Mj	Furlong	Slaney Olympic A.C.
Margaret	Sludds	Slaney Olympic A.C.
Jamie	Murphy	Slaney Olympic A.C.
Catherine	Roche	Slaney Olympic A.C.
Billy	Porter	Sli Cualann A.C.
William	Tyrrell	Sli Cualann A.C.
Michael J	O Neill	Sli Cualann A.C.
Robert	Murphy	Sli Cualann A.C.
Caoimhin	Macmaolain	Sli Cualann A.C.
Aisling	Kirwan	Sli Cualann A.C.
Lynne	Duffy	Sli Cualann A.C.
Donna	Quinn	Sli Cualann A.C.

Trish	Synnott	Sli Cualann A.C.
Laura	Mc Cann	Sli Cualann A.C.
Aonghus	Ó Briain	Sli Cualann A.C.
Martha	O Neill	Sli Cualann A.C.
Noelle	Thorpe	Sli Cualann A.C.
Dolores	Gilliland	Sli Cualann A.C.
Charlotte	Stevens	Sli Cualann A.C.
Carol	Costello	Sli Cualann A.C.
Tony	Redmond	Sli Cualann A.C.
Joseph	Eustace	Sli Cualann A.C.
Leo	Kilroy	Sli Cualann A.C.
Linda	Horan	Sli Cualann A.C.
Helen	Barry	Sli Cualann A.C.
Paul	O Brien	Sli Cualann A.C.
Jacinta	Glover	Sliabh Ban A.C.
Donal	Maher	Sliabh Ban A.C.
Sandra	Flanagan	Sliabh Ban A.C.
Siobhan	Hanley	Sliabh Ban A.C.
Denise	Carroll	Sliabh Ban A.C.
Allen	Dolan	Sliabh Ban A.C.
Sean	Kelly	Sliabh Ban A.C.
Eilish	Collins Healy	Sliabh Ban A.C.
Paul	Parker	Sliabh Ban A.C.
Myles	Gibbons	Sliabh Bhuide Rovers A.C.
Niall	O Connor	Sliabh Bhuide Rovers A.C.
Eugene	Doherty	Sliabh Bhuide Rovers A.C.
Lillian	Lawless	Sliabh Bhuide Rovers A.C.
Louise	Kehoe	Sliabh Bhuide Rovers A.C.
Richie	Lynch	Sliabh Bhuide Rovers A.C.
Jim	O Malley	Sliabh Bhuide Rovers A.C.
Orla	Furlong	Sliabh Bhuide Rovers A.C.
Emma	Morris	Sliabh Bhuide Rovers A.C.
Adrian	Doyle	Sliabh Bhuide Rovers A.C.
Paul	Deegan	Sliabh Bhuide Rovers A.C.
Belinda	Kehoe	Sliabh Bhuide Rovers A.C.
Deirdre	O Malley	Sliabh Bhuide Rovers A.C.
Shane	Gregan	Sliabh Bhuide Rovers A.C.
Ryan	Gleeson	Sliabh Bhuide Rovers A.C.
Christine	Hill	Sliabh Bhuide Rovers A.C.
Mc Quillan	Ian	Sliabh Bhuide Rovers A.C.
Shea	Oneill	Sliabh Bhuide Rovers A.C.
Brian	Besanson	Sliabh Bhuide Rovers A.C.
Sian	Law	Sliabh Bhuide Rovers A.C.
Tommy	Levingston	Sliabh Bhuide Rovers A.C.
Lisa	Murphy	Sliabh Bhuide Rovers A.C.
Colm	Kelly	Sliabh Bhuide Rovers A.C.

Josh	Rigley	Sliabh Bhuide Rovers A.C.
Anne	Dunbar	Sliabh Bhuide Rovers A.C.
Aidan	O Brien	Sliabh Bhuide Rovers A.C.
Dominic	Ryan	Sliabh Bhuide Rovers A.C.
Enda	Whelan	Sligo A.C.
Fiona	Mc Ardle Melvin	Sligo A.C.
Fintan	Whelan	Sligo A.C.
Seamus	Somers	Sligo A.C.
Fionnuala	O Connell	Sligo A.C.
Fiona	Boyle	Sligo A.C.
Aidan	Kelly	Sligo A.C.
Brendan	Mc Carrick	Sligo A.C.
Noirin	Kelly	Sligo A.C.
Darragh	Sherwin	Sligo A.C.
Aoife	Kilgallon	Sligo A.C.
Marty	Cawley	Sligo A.C.
Isobel	Oakes	Sligo A.C.
Lily	Murphy	Sligo A.C.
Nicky	Davey	Sligo A.C.
Eilish	Doherty	Sligo A.C.
Stephen	Gilgan	Sligo A.C.
Ronan	Mc Manus	Sligo A.C.
Edel	Horan	Sligo A.C.
Deirdre	Norton	Sligo A.C.
Tracy	Kennedy	Sligo A.C.
Martina	Kilgallon	Sligo A.C.
Brian	Kilgallon	Sligo A.C.
Emma	Keane	Sligo A.C.
Aaron	Mooney	Solid Running A.C.
Gordon	Mc Williams	Solid Running A.C.
Joe	Kelly	Solid Running A.C.
Colin	Wendel	Solid Running A.C.
James	Nangle	Solid Running A.C.
Ian	Mc Grath	Solid Running A.C.
Neil	Wiktorski	Solid Running A.C.
Niall	Larkin	Solid Running A.C.
Jean	O Kennedy	Solid Running A.C.
Darren	Cullen	Solid Running A.C.
Peter	Doran	Solid Running A.C.
Mary	Hayde	Solid Running A.C.
Sharon	Ryan	Solid Running A.C.
Helen	Murphy	Solid Running A.C.
Paul	O Brien	Solid Running A.C.
Carol	Shaughnessy	South Galway A.C.
Miguel	Alfonso Pujante	South Galway A.C.
Edel	Higgins	South Galway A.C.

Dave	Travis	South Galway A.C.
Mary	Hunt	South Galway A.C.
Lucy	D'Arcy	Sportsworld A.C.
Aoife	O Leary	Sportsworld A.C.
Eoin	O Brien	Sportsworld A.C.
Michael	Cunningham	Sportsworld A.C.
Padraic	Moran	Sportsworld A.C.
Maura	Ginty	Sportsworld A.C.
Anthony	Gillen	Sportsworld A.C.
Cormac	Garvey	Sportsworld A.C.
Siobhan	Clarke	Sportsworld A.C.
Bronwyn	White Murphy	Sportsworld A.C.
Conor	Mc Carthy	Sportsworld A.C.
Eileen	Rowland	Sportsworld A.C.
Adrian	Lanigan	Sportsworld A.C.
Jose	Chapa	Sportsworld A.C.
Neil	Purdy	Sportsworld A.C.
Martin	Doyle	Sportsworld A.C.
Alan	Hynes	Sportsworld A.C.
Thomas	Kinsella	Sportsworld A.C.
Ann Marie	Clyne	Sportsworld A.C.
Deirdre	O Connell	Sportsworld A.C.
Andrew	Brett	Sportsworld A.C.
Ciara	Brady	Sportsworld A.C.
Tim	Murphy	Sportsworld A.C.
Deirdre	Mc Ging	Sportsworld A.C.
Glenn	Cahill	Sportsworld A.C.
Miriam	Nagle	Sportsworld A.C.
Amanda	Hassett	Sportsworld A.C.
Stephan	De Vries	Sportsworld A.C.
Adam	Furlong	Sportsworld A.C.
Kimberley	Kennedy	Sportsworld A.C.
Phil	Kilgannon	Sportsworld A.C.
Justin	Mc Keever	Sportsworld A.C.
Aidan	Curran	Sportsworld A.C.
Crona	Brady	Sportsworld A.C.
Gerard	Neenan	Sportsworld A.C.
Brendan	Keogh	Sportsworld A.C.
Sinead	Staunton	Sportsworld A.C.
Kevin	Curran	Sportsworld A.C.
Stephen	Lawlor	St Abbans A.C
Carmel	Hughes	St Abbans A.C
Colin	Coyne	St Abbans A.C
Caitriona	Mc Donald	St Abbans A.C
Niamh	Bolger	St Abbans A.C
Susan	Dixon	St Benedict Inbhear Mór A.C.

Michael	Priest	St Benedict Inbhear Mór A.C.
Alison	Behan	St Benedict Inbhear Mór A.C.
Elaine	Hughes	St Benedict Inbhear Mór A.C.
John	Mc Cann	St Benedict Inbhear Mór A.C.
Justin	Nolan	St Benedict Inbhear Mór A.C.
Alan	Holt	St Benedict Inbhear Mór A.C.
Kevin	Groome	St Benedict Inbhear Mór A.C.
Conor	Miskelly	St Benedict Inbhear Mór A.C.
Rose	Hudson	St Benedict Inbhear Mór A.C.
Peter	Crooke	St Benedict Inbhear Mór A.C.
Stanislaw	Chromik	St Benedict Inbhear Mór A.C.
Niamh	Ibbotson	St. Andrews A.C.
Darren	Rock	St. Andrews A.C.
Paula	Rock	St. Andrews A.C.
Jamie	Scott	St. Andrews A.C.
Shane	Gargan	St. Andrews A.C.
Kirstie	Nowak	St. Brendan's A.C. (Kerry)
Cathy	Flynn	St. Brendan's A.C. (Kerry)
David	Butler	St. Brendan's A.C. (Kerry)
Linda	O Sullivan	St. Brendan's A.C. (Kerry)
David	Kissane	St. Brendan's A.C. (Kerry)
Denis	Foley	St. Brendan's A.C. (Kerry)
Brendan	Briody	St. Brigids A.C.
Eimear	Mc Govern	St. Brigids A.C.
Ray	Farrelly	St. Brigids A.C.
Rachel	Burgess	St. Brigids A.C.
Noel	O Connor	St. Brigids A.C.
John	Beecher	St. Catherine's A.C.
Betty	Walsh	St. Catherine's A.C.
Georgina	Cunningham	St. Catherine's A.C.
Chris	O Connell	St. Catherine's A.C.
Jonathan	Kenneally	St. Catherine's A.C.
Brendan	Hickey	St. Catherine's A.C.
Mark	Pyne	St. Catherine's A.C.
Pat	Costigan	St. Catherine's A.C.
Frank	Goss	St. Catherine's A.C.
Jim	Harty	St. Catherine's A.C.
Liam	Coyle	St. Catherine's A.C.
Liam	Kearney	St. Catherine's A.C.
Annette	Whittaker	St. Coca's A.C.
Sinead	O Reilly	St. Coca's A.C.
Martin	Horan	St. Coca's A.C.
Niall	O Reilly	St. Coca's A.C.
Pauline	Mc Enroe	St. Coca's A.C.
Andrew	Purcell	St. Coca's A.C.
Leonie	Foran	St. Coca's A.C.

Martin	Geraghty	St. Coca's A.C.
Conor	Devaney	St. Coca's A.C.
Kate	Brilly	St. Coca's A.C.
Bernard	Phelan	St. Coca's A.C.
Sarah	Griffin	St. Coca's A.C.
Alexander	Wallace	St. Coca's A.C.
Michael	Murphy	St. Coca's A.C.
Laura	Hedderman	St. Coca's A.C.
Elaine	Ryan	St. Coca's A.C.
Ruairi	Nolan	St. Coca's A.C.
Alison	Mc Cormack	St. Coca's A.C.
Aoife	Fallon	St. Coca's A.C.
Clare	Lyons	St. Coca's A.C.
Denise	Fox	St. Coca's A.C.
Tommy	Walsh	St. Coca's A.C.
Stephen	O Kennedy	St. Coca's A.C.
Fiona	King	St. Coca's A.C.
Brenda	Kelly	St. Coca's A.C.
Catherine	Leonard	St. Coca's A.C.
Colin	O Neill	St. Coca's A.C.
Shane	Brilly	St. Coca's A.C.
Clive	Moran	St. Coca's A.C.
Suzanne	Gilligan Hennessy	St. Cronans A.C.
Cathal	O Connell	St. Finbarrs A.C.
Dan	Kennedy	St. Finbarrs A.C.
Paul	Gallagher	St. Finbarrs A.C.
Niamh	Cronin	St. Finbarrs A.C.
Eoin	O Keeffe	St. Finbarrs A.C.
Irene	Eighan	St. Finbarrs A.C.
Michael	Morgan	St. Finbarrs A.C.
Sean	O Brien	St. Finbarrs A.C.
Shane	Collins	St. Finbarrs A.C.
Richard	Bourke	St. Finbarrs A.C.
Kevin	O Donovan	St. Finbarrs A.C.
Katie	Hickson	St. Finbarrs A.C.
Anita	Locke	St. Finbarrs A.C.
Nathan Ryan	O Hehir	St. Finbarrs A.C.
Paul	Penney	St. Finbarrs A.C.
Steve	O Connell	St. Finbarrs A.C.
Brian	Murphy	St. Finbarrs A.C.
Alan	Lehane	St. Finbarrs A.C.
John	Fitzgibbons	St. Finbarrs A.C.
Jeremy	O Donovan	St. Finbarrs A.C.
Seoirse	Comerford	St. John's A.C.
Michael	Power	St. Joseph's A.C.
Patrick	Bookle	St. Joseph's A.C.

Rocky	Mernagh	St. Joseph's A.C.
Maria	Griffin	St. Joseph's A.C.
Maggiehelen	O Connor	St. Joseph's A.C.
John Joe	Lawlor	St. Joseph's A.C.
Alma	Barron	St. Joseph's A.C.
Oriel	Glennon	St. Joseph's A.C.
Susan	Bolger	St. Joseph's A.C.
Vincent	Mackey	St. Joseph's A.C.
Shauna	Power	St. Joseph's A.C.
Sally	Forristal	St. Joseph's A.C.
Breda	Hennessy	St. Joseph's A.C.
Anne	Watkins	St. Joseph's A.C.
Ann Marie	Dunne	St. Kevins A.C.
Tara	Jarvis	St. Killians A.C.
Michelle	Mc Namara	St. L. O'Toole A.C.
Trevor	Corcoran	St. L. O'Toole A.C.
James	Mc Assey	St. L. O'Toole A.C.
Denis	Lyons	St. L. O'Toole A.C.
Stephen	Murphy	St. L. O'Toole A.C.
Niall	Mc Loughlin	St. L. O'Toole A.C.
Emma	Furey	St. L. O'Toole A.C.
Gerard	Cuddihy	St. L. O'Toole A.C.
Richard	Pawley	St. L. O'Toole A.C.
Niall	Corcoran	St. L. O'Toole A.C.
Keith	Lennon	St. L. O'Toole A.C.
Annie	Phelan	St. L. O'Toole A.C.
Paddy	Kavanagh	St. L. O'Toole A.C.
Thomas	Cooney	St. L. O'Toole A.C.
Des	Joyce	St. L. O'Toole A.C.
Neil	Thornton	St. L. O'Toole A.C.
Fergal	Foley	St. L. O'Toole A.C.
Sinead	Lyons	St. L. O'Toole A.C.
Myles	Balfe	St. L. O'Toole A.C.
Muire	Burke	St. L. O'Toole A.C.
John	Keogh	St. Marys (Clare) A.C.
Michelle	Dillon	St. Marys (Clare) A.C.
Kieran	Dillon	St. Marys (Clare) A.C.
Lisa	Murphy Sweeney	St. Michael's A.C.
George	Sharpe	St. Michael's A.C.
David	Sweeney	St. Michael's A.C.
Emma	Leonard	St. Michael's A.C.
Mark	Fahy	St. Michael's A.C.
Padraig	Maree	St. Michael's A.C.
Maria	Stone	St. Michael's A.C.
Kieron	Copeland	St. Michael's A.C.
Cormac	Kavanagh	St. Michael's A.C.

Philip	Cullen	St. Michael's A.C.
Steven	Conroy	St. Michael's A.C.
Johnny	Doris	St. Michael's A.C.
Andrew	Murray	St. Michael's A.C.
St John	O Connor	St. Nicholas A.C.
Kevin	Doyle	St. Nicholas A.C.
Mary	Cullen	St. Patricks A.C.
Joanne	Murphy	St. Patricks A.C.
Neil	Walker	St. Senans A.C.
Brid	Dunphy	St. Senans A.C.
Joanne	Quinn	St. Senans A.C.
Gillian	Murphy	Star of the Laune A.C.
Declan	Murphy	Star of the Laune A.C.
Siobhan	Falvey	Star of the Laune A.C.
Karen	Lavelle	Star of the Sea A.C.
Louise	Maloney	Star of the Sea A.C.
Declan	Mc Grath	Star of the Sea A.C.
Stephen	Redmond	Star of the Sea A.C.
Ciaran	Mc Kenna	Star of the Sea A.C.
Gerry	Mc Kiernan	Star of the Sea A.C.
Rob	Harvey	Star of the Sea A.C.
Eamonn	O Neill	Star of the Sea A.C.
Sharon	Farrell	Star of the Sea A.C.
Daniel	Delaney	Star of the Sea A.C.
Colm	Hickey	Star of the Sea A.C.
Eamonn	Morris	Star of the Sea A.C.
Edel	Fitzgerald	Star of the Sea A.C.
Donal	Flynn	Suck Valley A.C.
Alan	Bracken	Swinford A.C.
Avril	Mc Greal	Swinford A.C.
Vincent	Roughneen	Swinford A.C.
Martin	Roughneen	Swinford A.C.
Garry	Clarke	Tallaght A.C.
Mark Brian	Rafferty	Tallaght A.C.
Eddie	Coyle	Tallaght A.C.
Anna	King	Tallaght A.C.
Paula	Murray	Tallaght A.C.
Patrick	Kelly	Tallaght A.C.
Tomas	Fitzpatrick	Tallaght A.C.
Seamus	Murphy	Tallaght A.C.
Alan	Mc Cabe	Tallaght A.C.
Gerard	Dore	Tallaght A.C.
Tara	Darcy	Tallaght A.C.
David	O Brien	Tallaght A.C.
Suzanne	Sweeney	Tallaght A.C.
Joe	Pepper	Tallaght A.C.

Marie	Kirby	Tallaght A.C.
David	Callaghan	Tallaght A.C.
Hazel	Hoban	Tallaght A.C.
Sarah Jane	Kinsella	Tallaght A.C.
Paul	Murphy	Tallaght A.C.
Dermot	Delany	Tallaght A.C.
Suzanna	O Callaghan	Tallaght A.C.
David	Fletcher	Tallaght A.C.
Michael	Murphy	Tallaght A.C.
Ciara	Forrester	Tallaght A.C.
Vinny	Quirke	Tallaght A.C.
Roderick	Smyth	Tallaght A.C.
Gareth	Dooley	Tallaght A.C.
Elaine	Keogh	Tallaght A.C.
Derek	Colwell	Tallaght A.C.
Peter	Yeates	Tallaght A.C.
David	Dunne	Tallaght A.C.
Ken	Forrester	Tallaght A.C.
Ross	Mooney	Tallaght A.C.
Robbie	Furlong	Tallaght A.C.
Síle	Grace	Tallaght A.C.
Susan	Mc Menamy	Tallaght A.C.
Sandra	Warburton	Tallaght A.C.
Paul	Mitchell	Tallaght A.C.
Eddie	Donegan	Tallaght A.C.
Caroline	Keating	Tallaght A.C.
Michael	Mc Donald	Tallaght A.C.
Lorraine	Warburton	Tallaght A.C.
Paul	Nagle	Tallaght A.C.
William	Craul	Tallaght A.C.
Patrick	Carolan	Tallaght A.C.
Jackie	Lawless	Tallaght A.C.
Gerard	Howard	Tallaght A.C.
John	Nolan	Tallaght A.C.
Ross	Swords	Tallaght A.C.
Vanessa	Langan	Tallaght A.C.
Robbie	Mullen	Tallaght A.C.
Reggie	Norman	Tallaght A.C.
Lisa	O Dowd	Tara A.C.
Martin	O Kane	Tara A.C.
James	Murphy	Tara A.C.
Siobhan	Daly	Tara A.C.
Paula	Fitzsimons	Tara A.C.
Emer	O Hanlon	Tara A.C.
Sharon	Stanley	Tara A.C.
Claire	O Hanlon	Tara A.C.

Paddy	Clarke	Templemore A.C.
Michael	Carey	Templemore A.C.
Owen	Ryan	Templemore A.C.
Seamus	Duggan	Templemore A.C.
Seanie	Percy	Templemore A.C.
Peter	Madden	Templemore A.C.
Tj	Carey	Templemore A.C.
Aidan	Doyle	Templemore A.C.
Fiona	Gilmartin	Templemore A.C.
John	Sexton	The Churchtown Roadrunners A.C.
Danny	Shanahan	Thomastown A.C.
Richard	Ryan	Thomastown A.C.
John	Davis	Thomastown A.C.
Gerry	Walsh	Thomastown A.C.
Liam	Shanahan	Thurles Crokes A.C.
Declan	Ryan	Thurles Crokes A.C.
Jim	Moloney	Thurles Crokes A.C.
Colin	Payne	Tinryland A.C.
Tom	Nolan	Tinryland A.C.
John	Dillon	Tinryland A.C.
Sean	Lorinyenko	Tír Chonail A.C.
Robert	Farrell	Tír Chonail A.C.
Colette	Byrne	Tír Chonail A.C.
Amanda	Mc Shane	Tír Chonail A.C.
Julie	Mc Namee	Tír Chonail A.C.
John	Ward	Tír Chonail A.C.
Martin	Doherty	Tír Chonail A.C.
Katrina	Finnigan	Tireragh A.C.
Claire	Dunne	Togher A.C.
Michelle	Nelson	Togher A.C.
Jennifer	Clery	Togher A.C.
Mary Beth	Ryan	Togher A.C.
Patrick	O Connell	Togher A.C.
Marianne	O Connell	Togher A.C.
Yvonne	Walsh	Togher A.C.
Niamh	Sheehan	Togher A.C.
Yvonne	Gough	Togher A.C.
Mary	O Halloran	Togher A.C.
Margaret	Murphy	Togher A.C.
John	O Callaghan	Togher A.C.
Kelly	Foley	Togher A.C.
Susan	O Leary	Togher A.C.
Lisa	Mc Carthy	Togher A.C.
Lee	Doherty	Togher A.C.
Sibusisiwe	Mhlophe	Togher A.C.
Stephen	O Sullivan	Togher A.C.

Margaret	Dempsey	Tracton A.C.
Kevin	O Connor	Tracton A.C.
Don	Mahon	Trim A.C.
Mary	Carr	Trim A.C.
Barry	Harten	Trim A.C.
Niall	Feeney	Trim A.C.
Barry Edward	Clarke	Trim A.C.
Ellen	Vitting	Trim A.C.
Sinead	Skerry	Trim A.C.
Audrey	Mc Hale	Trim A.C.
Andrew	Revington	Trim A.C.
Tom	Feeley	Trim A.C.
Leonie	Dyar	Trim A.C.
Cailin	Mc Donagh	Trim A.C.
Gerard	Gaffney	Trim A.C.
Ernest	Asensio	Trim A.C.
Helen	Hartnett	Trim A.C.
Stephen	Nally	Trim A.C.
Ciara	Delany Stewart	Trim A.C.
Darren	Maher	Trim A.C.
Tom	Moore	Trim A.C.
Pat	Corcoran	Trim A.C.
Mark	Caulfield	Trim A.C.
Thomas	Moran	Trim A.C.
Patrick	O Meara	Trim A.C.
Olivier	Rodriguez	Trim A.C.
Anna	Farrell	Trim A.C.
Tom	Conlon	Trim A.C.
Andrew	Guy	Trim A.C.
Kathleen	Quinn	Trim A.C.
Tom	Murphy	Trim A.C.
Maurice	Brennan	Trim A.C.
Kevin	Higgins	Trim A.C.
Susan	Clancy	Trim A.C.
Julie	Murphy	Tuam A.C.
Jean	Coleman	Tuam A.C.
Marian	Coleman	Tuam A.C.
Seán	Burke	Tuam A.C.
Andrea	King-Claus	Tuam A.C.
Peter	Rabbitte	Tuam A.C.
Paul	Walsh	Tuam A.C.
Alaattin	Ozkaya	Tuam A.C.
Alan	Byrnes	Tulla A.C.
John	O Connell	Tullamore Harriers A.C.
Adrian	Curley	Tullamore Harriers A.C.
Darren	Butler	Tullamore Harriers A.C.

Maire-Triona	Keane	Tullamore Harriers A.C.
Una	Mullen	Tullamore Harriers A.C.
Martina	Conlon	Tullamore Harriers A.C.
Leonard	Owens	Tullamore Harriers A.C.
Eddie	Garry	Tullamore Harriers A.C.
Paula	Nolan	Tullamore Harriers A.C.
Margaret	Grennan	Tullamore Harriers A.C.
Anna	Hyland Guilfoyle	Tullamore Harriers A.C.
Patricia	Shaw	Tullamore Harriers A.C.
Rory	Farrell	Tullamore Harriers A.C.
Leslie	Buckley	Tullamore Harriers A.C.
Tara	Mc Kinney	Tullamore Harriers A.C.
Paul	Mitchell	Tullamore Harriers A.C.
Gerry	Dunican	Tullamore Harriers A.C.
Dave	Dunican	Tullamore Harriers A.C.
Mary	Galvin	Tullamore Harriers A.C.
Martina	Lydon	Tullamore Harriers A.C.
Sean	Reynolds	Tullamore Harriers A.C.
Lorcan	Scally	Tullamore Harriers A.C.
John Joe	Galvin	Tullamore Harriers A.C.
Alan	Heffernan	Tullamore Harriers A.C.
Pauric	Ennis	Tullamore Harriers A.C.
Anne	Daly	Tullamore Harriers A.C.
Paddy	Rowland	Tullamore Harriers A.C.
Gary	Whittle	Tullamore Harriers A.C.
Darragh	Rigney	Tullamore Harriers A.C.
Maria	Gallagher	Tullamore Harriers A.C.
Rodge	Larkin	Tullamore Harriers A.C.
Naomi	Galvin	Tullamore Harriers A.C.
Peter	Bennett	Tullamore Harriers A.C.
Rob	Maunsell	Tullamore Harriers A.C.
Joe	White	Tullamore Harriers A.C.
Alan	Mitchell	Tullamore Harriers A.C.
Finian	Mc Dermott	Tullamore Harriers A.C.
Paul	Shaw	Tullamore Harriers A.C.
Aidan	Egan	Tullamore Harriers A.C.
Diarmuid	Finlay	Tullamore Harriers A.C.
Kevin	Sampson	Tullamore Harriers A.C.
Karen	Martin	Tullamore Harriers A.C.
Aoife	Marron	Tullamore Harriers A.C.
Sean	Spollen	Tullamore Harriers A.C.
Eugene	O Dea	Tullamore Harriers A.C.
Simon	Byrne	Tullamore Harriers A.C.
Jack	Ryan	Tullamore Harriers A.C.
Jonathan	King	Tullamore Harriers A.C.
Michael	Murphy	Tullamore Harriers A.C.

Eoin	Brennan	Tullamore Harriers A.C.
Brendan	Mc Auliffe	Tullamore Harriers A.C.
Brendan	Kelly	Tullamore Harriers A.C.
Sinead	Fox	Tullamore Harriers A.C.
Sinead	Rigney	Tullamore Harriers A.C.
Barbara	Oconnell	Tullamore Harriers A.C.
Ronan	Higgins	Tullamore Harriers A.C.
Michael	Mc Conigley	Tullamore Harriers A.C.
Donal	Rigney	Tullamore Harriers A.C.
Karen	Nolan	Tullamore Harriers A.C.
Brian	Comaskey	Tullamore Harriers A.C.
Catherine	Guthrie	Tullaroan A.C.
Sean	Murphy	United Striders A.C.
Catherine	Ronan	United Striders A.C.
Liz	Keating	United Striders A.C.
Patricia	Foran	United Striders A.C.
John	Byrne	United Striders A.C.
Mary	Carney	United Striders A.C.
Seamus	Kehoe	United Striders A.C.
Anthony	Sinnott	United Striders A.C.
Sareen	O Farrell	United Striders A.C.
Sean	Bolger	United Striders A.C.
Sinéad	Cullen	United Striders A.C.
Michelle	Foley	United Striders A.C.
Emmett	Malone	United Striders A.C.
Alison	Bennett	United Striders A.C.
Joe	Lillis	United Striders A.C.
Bob	Crosbie	United Striders A.C.
Michael	Heffernan	United Striders A.C.
Mary	Jennings	Waterford A.C.
Gary	Whelan	Waterford A.C.
Pj	Scollard	Waterford A.C.
Mark	Langford	Waterford A.C.
Keith	O Driscoll	Waterford A.C.
Jimmy	Mc Gibney	Waterford A.C.
Mick	Moynihan	Waterford A.C.
Margaret	Kirwan	Waterford Greenway Joggers A.C.
Philomena	Carroll	Waterford Greenway Joggers A.C.
Brendan	Coughlan	Watergrasshill A.C.
Gwen	Conroy	Watergrasshill A.C.
Stephen	Hurley	Watergrasshill A.C.
Ciara	Magner	Watergrasshill A.C.
Liam	Tracey	Watergrasshill A.C.
Gearoid	O Leary	Watergrasshill A.C.
Dolores	Duffy	Watergrasshill A.C.
Maude	Kelleher	Watergrasshill A.C.

Stephen	Dunlea	Watergrasshill A.C.
Maggie	Stack	Watergrasshill A.C.
Lisa	Crowley	Watergrasshill A.C.
Sean	Ahern	Watergrasshill A.C.
Ed	Dunphy	Watergrasshill A.C.
Catherine	Linehan	Watergrasshill A.C.
Liam	Murphy	Watergrasshill A.C.
Stephen	Rooney	Watergrasshill A.C.
Julianne	Buckley	Watergrasshill A.C.
Kastytis	Bereznocenko	Watergrasshill A.C.
Laura	Rooney	Watergrasshill A.C.
Denis	Fitzgerald	Watergrasshill A.C.
Michael	Murray	Watergrasshill A.C.
Brenda	Canty	Watergrasshill A.C.
Leona	Browne	Watergrasshill A.C.
Matthew	Browne	Watergrasshill A.C.
Iain	Quinlan	Watergrasshill A.C.
Sarah	Treacy	Watergrasshill A.C.
Tanya	Leisk	Watergrasshill A.C.
Ruairi	O Hagan	Watergrasshill A.C.
Ken	Crowley	Watergrasshill A.C.
Ruth	O Connor	Watergrasshill A.C.
Paul	O Mahony	Watergrasshill A.C.
Pat	Coughlan	Watergrasshill A.C.
Leonie	Weir	Waterstown Warriors A.C.
Jean	O Reilly	Waterstown Warriors A.C.
Ann	Battersby	Waterstown Warriors A.C.
Jane	Dillon	Waterstown Warriors A.C.
John	Mulvaney	Waterstown Warriors A.C.
Louis	Parminter	Waterstown Warriors A.C.
Christina	Pieri	Waterstown Warriors A.C.
Julie	Reilly	Waterstown Warriors A.C.
Damien	Smith	Waterstown Warriors A.C.
Kevin	Whelan	Waterstown Warriors A.C.
Ciara	Losty	Waterstown Warriors A.C.
Gavin	Collins	Waterstown Warriors A.C.
Kerry	Constant	Waterstown Warriors A.C.
Lisa	Brennan	Waterstown Warriors A.C.
Shane	Whelan	Waterstown Warriors A.C.
Mark	Cullen	Waterstown Warriors A.C.
Ann	O Donnell	Waterstown Warriors A.C.
Sharon	Lyons	Waterstown Warriors A.C.
Ian	Fox	Waterstown Warriors A.C.
Richard	Lenihan	West Limerick A.C.
Derek	Mackessy	West Limerick A.C.
Aislinn	Nic Dhomhnaill	West Limerick A.C.

Karl	Lenihan	West Limerick A.C.
Catriona	Lenihan	West Limerick A.C.
Suzanne	Kennedy	West Limerick A.C.
Michelle	Lenihan	West Limerick A.C.
Niamh	Humphreys	West Limerick A.C.
Ciara	Mc Carthy	West Limerick A.C.
Ian	Kelly	West Limerick A.C.
Cliona	Hurst	West Limerick A.C.
Jeremy	Kelleher	West Muskerry A.C.
Jerry	Cronin	West Muskerry A.C.
Valerie	Neville	West Muskerry A.C.
Ann	Dunford	West Waterford A.C.
Terri	Gough	West Waterford A.C.
Sean	Stilwell	West Waterford A.C.
Caroline	Russell	West Waterford A.C.
Karen	Ryan	West Waterford A.C.
Dermot	Ryan	West Waterford A.C.
Dermot	Ryan	West Waterford A.C.
Alan	Ryan	West Waterford A.C.
Michael	Callaghan	West Waterford A.C.
Paul	Brunnock	West Waterford A.C.
David	Regan	West Waterford A.C.
Padraig	Healy	West Waterford A.C.
Conor	Murray	West Waterford A.C.
Tom	Leahy	West Waterford A.C.
Ted	O Leary	West Waterford A.C.
Sharon	Higgins	West Waterford A.C.
Michelle	Cunningham	West Waterford A.C.
Peter	Cunningham	West Waterford A.C.
Fiona	Ormonde	West Waterford A.C.
Geraldine	Barry	West Waterford A.C.
John	Woods	West Waterford A.C.
Rose	Power	West Waterford A.C.
Carol	Pope	West Waterford A.C.
Martin	Tobin	West Waterford A.C.
Breda	O Reilly	West Waterford A.C.
Linda	Foley Power	West Waterford A.C.
Jerry	Power	West Waterford A.C.
Michael	Lenihan	West Waterford A.C.
Aimee	Moloney	West Waterford A.C.
Shane	Power	West Waterford A.C.
Vanessa	Cosgrave	West Waterford A.C.
Noel	Hogan	West Waterford A.C.
Michael	Coakley	West Waterford A.C.
Amy	Whelan	West Waterford A.C.
Fiona	Longan	West Waterford A.C.

Olivia	Reilly	West Waterford A.C.
Shelly	O Neill	Westport A.C.
Bridget	Conway	Westport A.C.
Michelle	Needham	Westport A.C.
Cuan	Mc Carrick	Westport A.C.
David	Hickey	Westport A.C.
Paddy	O Toole	Westport A.C.
Brendan	Conway	Westport A.C.
Keith	O Connell	Westport A.C.
Dalva	Mc Phillips	Westport A.C.
Sean	O Boyle	Westport A.C.
Kevin	Hastings	Westport A.C.
Alan	Nevin	Westport A.C.
Laura	Langan	Westport A.C.
Finian	Gardner	Westport A.C.
Gemma	O Neill	Westport A.C.
Tom	Mc Loughlin	Westport A.C.
Donal	Harrington	Westport A.C.
Stephen	Coyne	Westport A.C.
Eoin	Ryan	Westport A.C.
Bill	Coyne	Westport A.C.
Áine	Mc Alpine	Westport A.C.
Fergal	Macken	Westport A.C.
Thelma	Rigney	Westport A.C.
Emma	Kennedy	Westport A.C.
Tom	Lee	Westport A.C.
Jason	Kehoe	Wexford Marathon Club
Anna	Monahan	Wexford Marathon Club
Orla	Doyle	Wexford Marathon Club
Karl	Richards	Wexford Marathon Club
Georgina	Gaul	Wexford Marathon Club
Anne Marie	O Brien	Wexford Marathon Club
Dylan	Barry	Wexford Marathon Club
Sean	Bates	Wexford Marathon Club
Jackie	Furlong	Wexford Marathon Club
Elaine	Kielthy	Wexford Marathon Club
Adrian	Campbell	Wexford Marathon Club
Paul	Cullen	Wexford Marathon Club
Maria	Mc Donald	Wexford Marathon Club
Mary	Carr	Wexford Marathon Club
Mary	Slocum	WPR
Mary	O Keefe	Youghal A.C.
Sean	Ahern	Youghal A.C.
Brendan	Coleman	Youghal A.C.
Keith	Ansbro	Youghal A.C.
Brian	Buckley	Youghal A.C.

Eoin	Coyne	Youghal A.C.
Pamela	Flaherty	Youghal A.C.