

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check-in opens at 08:30am

Check in closes 9.15 am (Hurdles)

10.00 am

Girls	U13	60mH	2'3" 68.6cm
Boys	U13	60mH	2'3" 68.6cm
Girls	U14	75mH	2'3" 68.6cm
Boys	U14	75mH	2'6" 76.2cm
Girls	U15	80mH	2'6" 76.2cm
Girls	U16	80mH	2'6" 76.2cm
Boys	U15	80mH	2'9" 84.0cm
Girls	U17	100mH	2'6" 76.2cm
Girls	U18	100mH	2'6" 76.2cm
Boys	U16	100mH	2'9" 84.0cm
Girls	U19	100mH	2'9" 84.0cm
Boys	U17	100mH	3'0" 91.4cm
Boys	U18	110mH	3'0" 91.4cm
Boys	U19	110mH	3'3" 99.0cm

Finals to be held at heat time if heats not required

HURDLE FINALS

Check in closes 12.00 pm 600m/ 800m

1.00 pm

Girls	U13	600m	
Boys	U13	600m	
Girls	U14	800m	H
Boys	U14	800m	H
Girls	U15	800m	H
Boys	U15	800m	H
Girls	U16	800m	H
Boys	U16	800m	H
Girls	U17	800m	H
Boys	U17	800m	H
Girls	U18	800m	H
Boys	U18	800m	H
Girls	U19	800m	H
Boys	U19	800m	H

Finals to be held at heat time if heats not required

Check in closes 1.45 pm Steeplechase

2.45 pm

Girls	U17/18	2000 S/C (2'6")	Final
Girls	U19	3000 S/C (2'6")	Final
Boys	U17	2000 S/C (2'9")	Final
Boys	U18/19	3000 S/C (3'0")	Final

4.00 pm 800m Finals

Check in Closes 1 hour prior to each start time

Discus

10.00 am	U15	Girls
11.30 am	U16	Boys
12.15am	U15	Boys
2.00 pm	U16	Girls
3.15pm	U19	Boys
3:45pm	U19	Girls

Hammer

10.00 am	U14	Girls
11.00 am	U17	Boys
11.45 am	U18	Boys
12.30 pm	U14	Boys
2.00 pm	U17	Girls
3.00 pm	U18	Girls

Shot Put

10.00 am	U13	Boys
11.15 am	U17	Girls
1.30 pm	U14	Girls
2:45 pm	U13	Girls

Javelin

10.00 am	U13	Girls
11.30 am	U15	Boys
1.30 pm	U18	Girls
2.15 pm	U15	Girls
3.30 pm	U13	Boys

Long Jump (Pit 1)

10.00 am	U15	Boys
11.30 am	U13	Girls
1.30 pm	U15	Girls
3.00 pm	U18	Boys

Long Jump (Pit 2)

11.30 am	U13	Boys
3.00 pm	U19	Girls

Triple Jump (Pit 2)

10.00 am	U17	Girls
1.30 pm	U17	Boys
2.15pm	U16	Boys

High Jump

10.00 am	U14	Girls
11.30 am	U14	Boys
1.30 pm	U13	Boys
3.00 pm	U13	Girls