

ID	Time	Position	Name	Team Name	Team Scoring	County
1820	14:37	1	Abbie SHERIDAN	St. Peter's A.C.		Louth
1775	14:44	2	Sadhbh MOHAN	Metro/St. Brigids A.C.		Dublin
1740	14:57	3	Hannah KEHOE	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	Kilkenny
1676	15:01	4	Laura COONEY	Clonmel A.C.	Clonmel A.C.	Tipperary
1788	15:07	5	Aine COTTER	North East Runners A.C.		Louth
1819	15:11	6	Niamh BRADY	St. Peter's A.C.		Louth
1792	15:13	7	Kate CROWLEY	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1821	15:22	8	Sophie JACKMAN	St. Senans A.C.	St. Senans A.C.	Kilkenny
1710	15:24	9	Aoibheann LAWTON	Durrus A.C.		Cork
1707	15:29	10	Karen COSTELLO	Dunleer A.C.		Louth
1756	15:37	11	Whitney POST	Leevale A.C.	Leevale A.C. A	Cork
1803	15:39	12	Karen HAYES	Ratoath A.C.		Meath
1723	15:41	13	Laura HEALY	Ennis Track A.C.	Ennis Track A.C.	Clare
1835	15:46	14	Siobhán HOARE	Togher A.C.	Togher A.C.	Cork
1817	15:50	15	Emily O'SHEA	St. Abbans A.C.		
1668	15:51	16	Lucy BACKUS	Annadale Striders		
1786	15:54	17	Aoife DELARGY	Nenagh Olympic A.C.		Tipperary
1804	15:55	18	Áine O'CONNOR	Ratoath A.C.		Meath
1750	15:56	19	Emma DOYLE	Leevale A.C.	Leevale A.C. A	Cork
1670	15:58	20	Breda MCDONALD	Ballyroan Abbeyleix and District A.C.		
1738	15:59	21	Katie O'BRIEN	Gowran A.C.		Kilkenny
1838	15:59	22	April QUINN	Togher A.C.	Togher A.C.	Cork
1782	16:00	23	Susan GLENNON	Mullingar Harriers A.C.	Mullingar Harriers A.C.	
1726	16:06	24	Neasa NI AINIFEIN	Ennis Track A.C.	Ennis Track A.C.	Clare
1818	16:08	25	Rebecca MCEVOY	St. Finbarrs A.C.		Cork
1776	16:11	26	Sharon CANTWELL	Moyne A.C.	Moyne A.C.	Tipperary
1816	16:14	27	Niamh Ní CHUINN	St. Abbans A.C.		
1721	16:15	28	Ann Marie CONNELLAN	Ennis Track A.C.	Ennis Track A.C.	Clare
1702	16:15	29	Lisa GAUGHRAN	Dundrum South Dublin A.C.	Dundrum South Dublin A	Dublin
1787	16:19	30	Emma BOLAND	Newbridge A.C.		
1814	16:21	31	Lorna SHEEHAN	Sportsworld A.C.	Sportsworld A.C.	Dublin
1811	16:26	32	Elaine KENNEDY	Sportsworld A.C.	Sportsworld A.C.	Dublin
1688	16:27	33	Orla WALSH	Crusaders A.C.	Crusaders A.C.	Dublin
1722	16:28	34	Becky COUGHLAN	Ennis Track A.C.	Ennis Track A.C.	Clare
1719	16:28	35	Sarah BUTLER	Emerald A.C.		
1754	16:31	36	Maire HYNES MCLAUGHLI	Leevale A.C.	Leevale A.C. A	Cork
1683	16:31	37	Kathryn GIBBONS	Crusaders A.C.	Crusaders A.C.	Dublin
1698	16:32	38	Bonniemay MCFEAT	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1778	16:36	39	Eileen MCCULLAGH	Moyne A.C.	Moyne A.C.	Tipperary
1809	16:37	40	Rachel CALVEY	Sportsworld A.C.	Sportsworld A.C.	Dublin
1694	16:38	41	Grace Anne CULHANE	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1777	16:42	42	Louise FOGARTY	Moyne A.C.	Moyne A.C.	Tipperary
1751	16:48	43	Heather DUNLEA	Leevale A.C.	Leevale A.C. A	Cork
1703	16:48	44	Emma GODDARD	Dundrum South Dublin A.C.	Dundrum South Dublin A	Dublin
1706	16:52	45	Ruth WILSON	Dundrum South Dublin A.C.	Dundrum South Dublin A	Dublin
1807	16:52	46	Michelle BURKE	Sportsworld A.C.	Sportsworld A.C.	Dublin
1733	16:54	47	Edel KELLY	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
1806	16:55	48	Veronica BURKE	Sportsworld A.C.	Sportsworld A.C.	Dublin
1767	16:56	49	Siobhan NUGENT	Liffey Valley A.C.	Liffey Valley A.C.	Dublin
1771	16:57	50	Eimear FITZMAURICE	Mayo A.C.	Mayo A.C.	Mayo
1693	16:57	51	Aoife CORR	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1697	16:57	52	Katie GREENE	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1730	16:58	53	Deirdre GIBBONS	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
1837	16:58	54	Brenda O'DONOGHUE	Togher A.C.	Togher A.C.	Cork
1805	17:02	55	Kayla RYAN	Ratoath A.C.		Meath
1701	17:06	56	Clíodhna RYAN	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1790	17:08	57	Bernadette BRUEN	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin

1686	17:11	58	Ciara REGAN	Crusaders A.C.	Crusaders A.C.	Dublin
1834	17:14	59	Linda CAGNEY	Togher A.C.	Togher A.C.	Cork
1813	17:14	60	Lorna QUINN	Sportsworld A.C.	Sportsworld A.C.	Dublin
1700	17:20	61	Clare MURPHY	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1680	17:21	62	Isabelle CAIRNS	Crusaders A.C.	Crusaders A.C.	Dublin
1679	17:33	63	Rachel GOGGIN	Cork Track Club A.C.		Cork
1766	17:35	64	Jeanne NICOLLIER	Liffey Valley A.C.	Liffey Valley A.C.	Dublin
1825	17:44	65	Clodagh MONAHAN	St. Senans A.C.	St. Senans A.C.	Kilkenny
1815	17:47	66	Siobhan BURKE	St. Abbans A.C.		
1770	17:48	67	Paula DONNELLAN WALSH	Mayo A.C.	Mayo A.C.	Mayo
1828	17:48	68	Aoife PARRELLA	Star of the Sea A.C.		Meath
1720	17:49	69	Mary CAHILL	Ennis Track A.C.	Ennis Track A.C.	Clare
1675	17:49	70	Ruby CARROLL	Clonmel A.C.	Clonmel A.C.	Tipperary
1742	17:49	71	Caoilfhionn NI ARGAIN	Kilkenny City Harriers A.C.	Kilkenny City Harriers A.C.	Kilkenny
1772	17:55	72	Katie GIBBONS	Mayo A.C.	Mayo A.C.	Mayo
1773	17:55	73	Colette TUOHY	Mayo A.C.	Mayo A.C.	Mayo
1761	17:56	74	Lynn DEVITT	Liffey Valley A.C.	Liffey Valley A.C.	Dublin
1808	17:58	75	Kate NUGENT	Sportsworld A.C.	Sportsworld A.C.	Dublin
1791	17:59	76	Caitriona COSTELLO	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1699	18:00	77	Edel MCNAMARA	Dublin City Harriers A.C.		Dublin
1799	18:01	78	Grainne BLACK	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Dublin
1695	18:03	79	Aoife DONAGHY	Dublin City Harriers A.C.	Dublin City Harriers A.C.	Dublin
1732	18:06	80	Niamh HENNELLY	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
1797	18:08	81	Blaithin SHEIL	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1789	18:13	82	Laura BRENNAN	Raheny Shamrock A.C.		Dublin
1678	18:15	83	Sarah WHELAN	Clonmel A.C.	Clonmel A.C.	Tipperary
1795	18:16	84	Clare FOX	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1765	18:19	85	Rebecca MCLOUGHLIN	Liffey Valley A.C.	Liffey Valley A.C.	Dublin
1823	18:21	86	Karen MAHER	St. Senans A.C.	St. Senans A.C.	Kilkenny
1801	18:22	87	Laura MILLS	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Dublin
1763	18:24	88	Annie GITTENS	Liffey Valley A.C.	Liffey Valley A.C.	Dublin
1671	18:26	89	Triona MORAN	Castlegar A.C.		
1779	18:29	90	Lisa QUINLAN	Moyne A.C.	Moyne A.C.	Tipperary
1677	18:33	91	Sareen WALSH	Clonmel A.C.	Clonmel A.C.	Tipperary
1774	18:33	92	Helen WALLACE	Menapians A.C.		
1684	18:45	93	Ciara LYNCH	Crusaders A.C.	Crusaders A.C.	Dublin
1794	18:53	94	Clodagh FOLEY	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1764	18:54	95	Orla GORDON	Liffey Valley A.C.	Liffey Valley A.C.	Dublin
1793	18:55	96	Sorcha DELARGY	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1781	18:55	97	Linda CUNNINGHAM	Mullingar Harriers A.C.	Mullingar Harriers A.C.	
1731	19:02	98	Olive GLEESON	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
1836	19:04	99	Deborah O'CONNOR	Togher A.C.	Togher A.C.	Cork
1798	19:04	100	Emily STEWART	Raheny Shamrock A.C.	Raheny Shamrock A.C.	Dublin
1734	19:07	101	Deirdre MCCRAE	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
1669	19:18	102	Sammy O'SULLIVAN	B.M.O.H A.C.		Clare
1831	19:22	103	Martina RYAN	Thurles Crokes A.C.	Thurles Crokes A.C.	Tipperary
1833	19:27	104	Deniece TUOHY	Thurles Crokes A.C.	Thurles Crokes A.C.	Tipperary
1796	19:32	105	Orla GILHEANEY	Raheny Shamrock A.C.		Dublin
1785	19:40	106	Caroline MULLEN	Mullingar Harriers A.C.	Mullingar Harriers A.C.	
1692	19:42	107	Abbey CORR	Dublin City Harriers A.C.		Dublin
1783	19:51	108	Gemma KELLY	Mullingar Harriers A.C.	Mullingar Harriers A.C.	
1800	19:56	109	Louise CASSIDY	Rathfarnham W.S.A.F. A.C.	Rathfarnham W.S.A.F. A.C.	Dublin
1784	19:58	110	Claire LENNON GAVIN	Mullingar Harriers A.C.	Mullingar Harriers A.C.	
1822	20:01	111	Sinead MADDEN	St. Senans A.C.	St. Senans A.C.	Kilkenny
1737	20:04	112	Eleanor WHYTE	Galway City Harriers A.C.	Galway City Harriers A.C.	Galway
1780	20:04	113	Naomi BATTLE	Mullingar Harriers A.C.	Mullingar Harriers A.C.	
1769	20:26	114	Ciara DUNNE	Limerick A.C.		
1832	20:38	115	Joan STAKELUM	Thurles Crokes A.C.	Thurles Crokes A.C.	Tipperary



123.ie National Cross Country
1st December 2024
Tramore Race Course, Waterford
Tramore A.C.

Results Novice Women
4000m

1830	20:52	116	Regina DORNEY	Thurles Crokes A.C.	Thurles Crokes A.C.	Tipperary
1687	21:12	117	Darina SCULLY	Crusaders A.C.	Crusaders A.C.	Dublin
1743	22:14	118	Dawn MCKENNA	Kilmore A.C.		
1681	30.38	119	Carina DAVIDSON	Crusaders A.C.		Dublin

Club Team Points			
Place	Club	Positions	Points
1	Ennis Track A.C.	13, 24, 28, 34	99
2	Leevale A.C. A	11, 19, 36, 43	109
3	Sportsworld A.C.	31, 32, 40, 46	149
4	Togher A.C.	14, 22, 54, 59	149
5	Dublin City Harriers A.C.	38, 41, 51, 52	182
6	Crusaders A.C.	33, 37, 58, 62	190
7	Moyne A.C.	26, 39, 42, 90	197
8	Raheny Shamrock A.C.	7, 57, 76, 81	221
9	Clonmel A.C.	4, 70, 83, 91	248
10	Mayo A.C.	50, 67, 72, 73	262
11	St. Senans A.C.	8, 65, 86, 111	270
12	Liffey Valley A.C.	49, 64, 74, 85	272
13	Galway City Harriers A.C.	47, 53, 80, 98	278
14	Mullingar Harriers A.C.	23, 97, 106, 108	334
15	Thurles Crokes A.C.	103, 104, 115, 116	438

County Team Points			
Place	County	Positions	Points
1	Louth	1, 5, 6, 10	22
2	Cork	9, 11, 14, 19	53
3	Dublin	2, 7, 29, 31	69
4	Tipperary	4, 17, 26, 39	86
5	Kilkenny	3, 8, 21, 65	97
6	Clare	13, 24, 28, 34	99
7	Meath	12, 18, 55, 68	153
8	Mayo	50, 67, 72, 73	262
9	Galway	47, 53, 80, 98	278