

AAI PROVINCIAL SQUADS 2024 – Leinster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs)-OUTDOOR and XC RESULTS

Girls U16	Name	Club	Girls U17	Name	Club
100m	Saoirse Ballesty Byrne	Naas Kildare	100m	Eimear McGrath	Celbridge Kildare
	Kate Maher	Kilkenny City Harriers		Aoibhe Quinn	Kilkenny City Harriers
	Rachel Beattie	Crookstown Millview Kildare		Caoimhe Gallagher	Newbridge Kildare
	Chloe Wafer	Enniscorthy Wexford		Rachel Harnett	St. Abban's Laois
80mH	Aisling Shevlin	Ratoath Meath	100mH	Roisín Quinn	Cushinstown Meath
	Holly Ryan	Dunboyne Meath		Kripa Kissanthomas	Bray Runners Wicklow
250mH	Aisling Shevlin	Ratoath Meath	300mH	Oriana Knowd	Ratoath Meath
	Holly Ryan	Dunboyne Meath		Amber Lane	Ratoath Meath
	Cara English	St. Abban's Laois		Stephanie O' Connor	Enniscorthy Wexford
	Tara Marshall	Barrow Valley Carlow		Ava Barry	Kilmore Wexford
200m	Kate Maher	Kilkenny City Harriers	200m	Eimear McGrath	Celbridge Kildare
	Saoirse Ballesty Byrne	Naas Kildare		Cassie O' Byrne	St. Laurence O' Toole Carlow
	Hannele Raji	Boyne Meath		Aoibhe Quinn	Kilkenny City Harriers
	Chloe Wafer	Enniscorthy Wexford		Éabha Hanley	Ratoath Meath
800m	Éabha Brennan	Newbridge Kildare	400m	Róisín Murray	Bray Runners Wicklow
	Lily Flood	Ratoath Meath		Cassie O' Byrne	St. Laurence O' Toole Carlow
	Olivia Ryan	Ratoath Meath		Emily Gallagher	Naas Kildare
	Chloe Cooney	Ace Louth		Aliyah Whelan Tully	Ratoath Meath
1500m	Chloe Cooney	Ace Louth	800m	Sholah Lawrence	Ace Louth
	Rachel Keaney	Newbridge Kildare		Emma Hunt	Bohermeen Meath

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	Lily Flood	Ratoath Meath		Róisín Murray	Bray Runners Wicklow
	Olivia Ryan	Ratoath Meath		Clodagh O' Callaghan	Kilkenny City Harriers
3000m	Rachel Keaney	Newbridge Kildare	1500m	Sholah Lawrence	Ace Louth
	Lily Flood	Ratoath Meath		Emma Hunt	Bohermeen Meath
	Olivia Ryan	Ratoath Meath		Siobhán O' Loughlin	St. Michael's Laois
	Ruby Gallagher O' Reilly	Croghan Wexford		Aoibhe Moore	Tullamore Harriers Offaly
2000m Walk	Éabha Brennan	Newbridge Kildare	3000m	Siobhán O' Loughlin	St. Michael's Laois
	Holly Kearns	Naas Kildare		Éabha Keane	D.M.P. Wexford
	Millie Hoashi	Dunboyne Meath		Katie McLoughlin	Oughaval Laois
				Kacey Kelly	Inbhear Dee Wicklow
High Jump	Cara Miele	Redeemer Louth	2000m S/C	Orla McLoughlin	St. Peters Louth
	Juliet Oliver	St. Coca's Kildare			
	Cara English	St. Abbans Laois			
4	Aaliyah Troy	St. Abbans Laois			
4	Katie O' Reilly	Dunboyne Meath	3000m Walk	Lily Ryan	St. Joseph's Kilkenny
Long Jump	Rachel Beattie	Crookstown Millview Laois			
	Georgia Myerscough	Crookstown Millview Laois			
	Hannele Raji	Boyne Meath	High Jump	Lydia Fleischer	Celbridge Kildare
	Lucy Deverell	Tullamore Harriers Offaly		Oriana Knowd	Ratoath Meath
Triple Jump	Georgia Myerscough	Crookstown Millview Laois		Aliyah Whelan Tully	Ratoath Meath
	Katie O' Reilly	Dunboyne Meath			
	Cara Miele	Redeemer Louth	Long Jump	Éabha Hanley	Ratoath Meath

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	Cara English	St. Abbans Laois		Caoimhe Gallagher	Newbridge Kildare
Shot Put	Aisleann Mullally	St. Josephs Kilkenny		Ava Barry	Kilmore Wexford
	Lea Bolger	Bree Wexford		Lara Gleeson	Celbridge Kildare
	Isabella Lourens	Cushinstown Meath	Triple Jump	Ava Barry	Kilmore Wexford
	Hannele Raji	Boyne Meath		Claire Rogers	Ratoath Meath
Pole Vault	NONE			Lydia Fleischer	Celbridge Kildare
				Ailbhe Steger	Gowran Kilkenny
			Shot Put	Leah Murray	Kildare
Javelin	Danu McGann	Bohermeen Meath		Josephine Fagbemi	Dundalk St. Gerards Louth
	Mia Brennan	Newbridge Kildare		Isabelle McCormack	St. Laurence O' Toole Carlow
	Safi-Uzuri Boston	Kilkenny City Harriers		Emma Foley	Ferbane Offaly
	Charlotte Fee	Oughaval Laois			
Discus	Doireann Haughney	Brow Rangers Kilkenny	Pole Vault	Ailbhe Steger	Gowran Kilkenny
	Isabella Lourens	Cushinstown Meath		Lydia Fleischer	Celbridge Kildare
	Jane Hennessy	Crookstown Millview Laois			
	Aoife Pentony	Ardee and District Louth			
Hammer	Lea Bolger	Bree Wexford	Javelin	Isobel Kearns	Naas Kildare
	Doireann Haughney	Brow Rangers Kilkenny		Isabelle McCormack	St. Laurence O' Toole Carlow
				Abby Lewis	Naas Kildare
				Leah Murphy	Kildare
Relay 4x100m	Crookstown Millview	Laois	Discus	Marie Shanahan	Ballyskenach Offaly
	Ratoath	Meath		Emma Foley	Ferbane Offaly
	Dunboyne	Meath		Meabh O' Donovan	Brow Rangers Kilkenny
	Newbridge	Kildare		Leah Murphy	Kildare
			Hammer	Marie Shanahan	Ballyskenach Offaly

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				Meabh O' Donovan	Brow Rangers Kilkenny
				Jessica Mitten	Enniscorthy Wexford
			Relay 4x100m	Kilkenny City Harriers	Kilkenny
				Ratoath	Meath
			Relay 4x400m	Ratoath	Meath

Girls U18	Name	Club	Girls U19	Name	Club
100m	Katie Doherty	Ratoath Meath	100m	Lucy Hannon	Crookstown Millview Kildare
	Alisha Maher	Tullamore Harriers Offaly		Niamh Murphy	Ratoath Meath
	Winner Alozie	Portlaoise Laois		Kirsty Lauder	Kilcoole Wicklow
	Anna Taylor	Crookstown Millview Kildare		Abi Halpin	Navan Meath
100mH	Emily Lawlor	St. Laurence O' Toole Carlow	100mH	Caoimhe Fitzsimons	Ratoath Meath
	Gaelle Cherry Pinto	Kilcoole Wicklow		Katie Baldwin	St. Abbans Laois
	Eimear Cotter	Tullamore Harriers Offaly			
400mH	Gaelle Cherry Pinto	Kilcoole Wicklow	400mH	Cara Kelly	D.M.P. Wexford
				Chloe Marshall	Barrow Valley Carlow

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200m	Katie Doherty	Ratoath Meath	200m	Niamh Murphy	Ratoath Meath
	Alisha Maher	Tullamore Harriers Offaly		Kirsty Lauder	Kilcoole Wicklow
	Saoirse Carrigan	Ratoath Meath		Michaela Turley	Celbridge Kildare
	Grace Delahunty	Kilkenny City Harriers			
400m	Maria Zakharenko	Kilcoole Wicklow	400m	Niamh Murphy	Ratoath Meath
	Saoirse Carrigan	Ratoath Meath		Cara Kelly	D.M.P. Wexford
	Aoife Walsh	D.M.P. Wexford		Zara Newman- Smith	Celbridge Kildare
	Ella Wall	Kilkenny City Harriers		Ava Connors	Celbridge Kildare
800m	Pia Langton	Kilkenny City Harriers	800m	Maebh Caffrey	St. Coca's Kildare
	Aoife Walsh	D.M.P. Wexford		Jelena McNamara	Enniscorthy Wexford
	Andrea Ryan	Tullamore Harriers Offaly		Abigail O' Leary	Celbridge Kildare
	Grainne Moran	Dundalk St. Gerards Louth		Eve Lawler	Cilles Meath
1500m	Andrea Ryan	Tullamore Harriers Offaly	1500m	Maebh Caffrey	St. Coca's Kildare
	Charlotte Carpendale	St. Senans Kilkenny		Jessica Cunningham	Mullingar Harriers Westmeath
	Rachel Ayres	St. Abbans Laois		Eve Lawler	Cilles Meath
	Ellie Dillon Byrne	St. Abbans Laois			
3000m	Dearbhla Allen	St. Peter's Louth	3000m	Emily Kearns	Naas Kildare
	Eve Dunphy	St. Senans Kilkenny			
	Maria Coone	D.M.P. Wexford			
	Eimear Cooney	Ace Louth			
2000m S/C	Dearbhla Allen	St. Peter's Louth	3000m S/C	Abigail O' Leary	Celbridge Kildare
	Della McLoughlin	Oughaval Laois			
	Ailbhe o' Farrell	Mullingar Harriers Westmeath			

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	Polly Duffy	Tullamore Harriers Offaly			
3000m Walk	Maria Coone	D.M.P. Wexford	3000m Walk	Keelin Duggan	St. Senans Kilkenny
High Jump	Ella Wall	Kilkenny City Harriers			
Long Jump	Enya Silkena	Ratoath Meath	High Jump	Lauren Duffy	Bohermeen Meath
	Katie Deverell	Tullamore Harriers Offaly		Allison Dempsey	Naas Kildare
	Gaelle Cherry Kinito	Kilcoole Wexford		Virginia-Rose Beggan	Tara Meath
	Chloe Reck	St. Killians Wexford			
Triple Jump	Patience Chinda	St. Michaels Laois	Long Jump	Caoimhe Fitzsimons	Ratoath Meath
	Anna Taylor	Crookstown Millview Laois		Allison Dempsey	Naas Kildare
	Chloe Reck	St. Killians Wexford		Kirsty Lauder	Kilcoole Wicklow
				Ali Gleeson	Newbridge Kildare
Shot Put	Enya Silkena	Ratoath Meath	Triple Jump	Katie Baldwin	St. Abban's Laois
	Chloe Ryan	St. Laurence O' Toole Carlow		Ali Gleeson	Newbridge Kildare
	Rachel Gardiner	Gowran Kilkenny		Chloe Marshall	Barrow Valley Carlow
	Laura Bailey	D.M.P. Wexford			
Pole Vault	Kara Morrissey	St. Laurence O' Toole Carlow	Shot Put	Kya Mothiram	Ardee and District Louth
	Aoibhinn O' Sullivan	Naas Kildare		Allison Dempsey	Naas Kildare
				Ailbhe Gordon	Greystones and District Wicklow

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Javelin	Enya Silkena	Ratoath Meath	Pole Vault	Jelena McNamara	Enniscorthy Wexford
	Áine O' Callaghan	St. Senans Kilkenny			
	Chloe Hanley	Greystones and District Wicklow			
Discus	Chloe Ryan	St. Laurence O' Toole Carlow	Javelin	Ailbhe Gordon	Greystones and District Wicklow
	Cara Wright	Crookstown Millview Laois		Holly Byrne	St. Abbans Laois
	Rachel Gardiner	Gowran Kilkenny			
	Grace Heydon	St. Abbans Laois			
Hammer	Shannon Codd	D.M.P. Wexford	Discus	Kya Mothiram	Ardee and District Louth
	Chloe Hanley	Greystones and District Wicklow		Holly Byrne	St. Abban's Laois
	Laura Bailey	D.M.P. Wexford			
Relay 4x100m	Tullamore Harriers	Offaly	Hammer	Laura Dunphy	Fr. Murphy Meath
	Ratoath	Meath			
	Kilkenny City Harriers	Kilkenny			
	Celbridge	Kildare			
			Relay 4x100m	Ratoath	Meath
Relay 4x400m	Kilkenny City Harriers	Kilkenny		Tullamore City Harriers	Offaly
	Ratoath	Meath		Navan	Meath
				Celbridge	Kildare
			Relay 4x400m	Ratoath	Meath
				Navan	Meath
				Celbridge	Kildare

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Girls U20	Name	Club
100m	Alisha Maher	Tullamore Harriers Offaly
	Eimear McGrath	Celbridge Kildare
	Grace Delahunty	Kilkenny City Harriers
	Lucy Champ	Tullamore Harriers Offaly
100mH	Chloe Keenan	Emo/Rath Laois
	Eimear Cotter	Tullamore Harriers Offaly
	Katie Baldwin	St. Abbans Laois
200m	Molly Daly	Kilkenny City Harriers
	Alisha Maher	Tullamore Harriers Offaly
	Grace Delahunty	Kilkenny City Harriers
	Sarah Kiernan	Naas Kildare
400m	Aisling Stratford	Ratoath Meath
	Cara Kelly	D.M.P. Wexford
	Gráinne Moran	Dundalk St. Gerard's Louth
	Niamh Murphy	Ratoath Meath
400mH	Cara Kelly	D.M.P. Wexford
	Blaithín Holden	Kilkenny City Harriers
	Emily Lyne	Crusaders Dublin
	Sadie Cullinan	Le Chéile Kildare
800m	Aoife Brown	Metro/St. Brigid's Dublin
	Andrea Ryan	Tullamore Harriers Offaly
	Charlotte Carpendale	St. Senans Kilkenny
	Sarah Phylan	Enniscorthy Wexford
1500m	Maebh Caffrey	St. Coca's Kildare
	Jessica Cunningham	Mullingar Harriers Westmeath
	Kate Connolly	St. Michael's Laois
	Rachel Donegan	Tullamore Harriers Offaly

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3000m	Kate Connolly	St. Michael's Laois
	Éabha Keane	D.M.P. Wexford
	Aoibheann O' Brien	Crookstown Millview Kildare
	Eve Lawlor	Cilles Meath
3000m Walk	Ciara Mooney	Adamstown Wexford
	Lily Ryan	St. Josephs Kilkenny
3000m S/C	Abigail O' Leary	Celbridge Kildare
High Jump	Tara O' Connor	Dundalk St. Gerard's Louth
	Lauren Duffy	Bohermeen Meath
	Ella Wall	Kilkenny City Harriers
	Katie Baldwin	St. Abbans Laois
Long Jump	Chloe Keenan	Emo/Rath Laois
	Katie Deverell	Tullamore Harriers Offaly
	Chloe Reck	St. Killian's Wexford
	Lara Gleeson	Celbridge Kildare
Triple Jump	Sophie Byrne	Crookstown Millview Kildare
	Patience Chinda	St. Michael's Laois
	Katie Baldwin	St. Abbans Laois
	Anna Taylor	Crookstown Millview Kildare
Shot Put	Chloe Ryan	St. Laurence O' Toole Carlow
	Rachel Gardiner	Gowran Kilkenny
	Lydia Fleischer	Celbridge Kildare
	Alexandria Donnellan	Gowran Kilkenny
Pole Vault	Kara Morrissey	St. Laurence O' Toole Carlow
	Eimear McBride	Lusk Dublin

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	Chloe Lynch	Gowran Kilkenny
	Jelena McNamara	Enniscorthy Wexford
Javelin	Ailbhe Gordon	Greystones and District Wexford
	Isobel Kearns	Naas Kildare
	Hazel Coogan	Kilkenny City Harriers
	Eimear McBride	Lusk Dublin
Discus	Holly Wright	Crookstown Millview Kildare
	Claire Kennedy	Birr Offaly
	Cara Wright	Crookstown Millview Kildare
	Marie Shanahan	Ballyskenach Offaly
Hammer	Claire Kennedy	Birr Offaly
	Laura Dunphy	Fr. Murphy Meath
	Ellie McGrath	Lusk Dublin
	Marie Shanahan	Ballyskenach Offaly
Weight for Distance	NONE	
Relay 4x100m	Tullamore Harriers	Offaly
	Celbridge	Kildare
Relay 4x400m	D.M.P.	Wexford
	Celbridge	Kildare

Boys U16	Name	Club	Boys U17	Name	Club
100m	Matias Quaglia	Kilkenny City Harriers	100m	Philip Offorjama	Athlone Westmeath
	Ryan McMahon	Boyne Meath		Éanna Dunican	St. Laurence O' Toole Carlow

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	Aaron Mulligan	Dundalk St. Gerards Louth		Romeo Fomenky	Boyne Meath
	Riccardo Garofalo	Newbridge Kildare		Jason Murray	Ratoath Meath
100mH	Victor Lamph	Thomastown Kilkenny	100mH	Peter Bellew	Cushinstown Meath
	Cillín Hoey	Emo/Rath Laois		Jamie Tuthill	Clane Kildare
	Daniel Redmond	United Striders Wexford			
250mH	Victor Lamph	Thomastown Kilkenny	300mH	Jack Browne	Enniscorthy Wexford
	Cillín Hoey	Emo/Rath Laois		Dillon Rowland	Blackrock Louth
	Sean O' Sullivan	Ratoath Meath		Cormac Holden	Kilkenny City Harriers
				James Hyland	St. Abbans Laois
200m	Matias Quaglia	Kilkenny City Harriers	200m	Philip Finnan	Athlone Westmeath
	Artem Kelly	St. Paul's Wexford		Jason Murray	Ratoath Meath
	Christopher Olatunde	Ratoath Meath		Philip Offorjama	Athlone Westmeath
	Ryan McMahon	Boyne Meath		Rohan O' Leary	D.M.P. Wexford
800m	Daniel Downey	Portlaoise Laois	400m	Dillon Rowland	Blackrock Louth
	Jack Gilmartin	Celbridge Kildare		Max Hollingsworth	Celbridge Kildare
	Max Lavery	Dunleer Louth		Emmet Doyle	Ratoath Meath
	Tom Gormley	Dunboyne Meath		Cormac Bowden	Bray Runners Wicklow
1500m	David Wajrak	Portlaoise Laois	800m	Joseph O' Connor	United Striders Wexford
	Ronan Keaney	Newbridge Kildare		Max Murphy	United Striders Wexford
	Will Duffy	St. Abbans Laois		Shane Maher	St. Michael's Laois
	Dylan Clarke McGuigan	Navan Meath		Fergus Nolan	Ace Louth
3000m	David Wajrak	Portlaoise Laois	1500m	Max Murphy	United Striders Wexford
	Patrick Duffy	Tullamore Harriers Offaly		Rhys Clarke	Ace Louth
	Ronan Keaney	Newbridge Kildare		Adam Craxton	Bray Runners Wicklow

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	Conor Walsh	Mullingar Harriers Westmeath		Darragh Lazenby	St. Abbans Laois
3000m Walk	Daniel Glennon	Mullingar Harriers Westmeath	3000m	Matthew Molloy	Mullingar Harriers Westmeath
				Tadhg O' Comhraidhe	Emo/Rath Laois
				Oisín Kehoe	Mullingar Harriers Westmeath
				Conor Ryan	Kilkenny City Harriers
High Jump	Arron Whelan	Dunboyne Meath	2000m S/C	Jack Garvey	Boyne Meath
	Finn Naughton	Tara Meath		Harris Bremner	Inbhear Dee Wicklow
	Daniel Redmond	United Striders Wexford		James Kelsey	Gowran Kilkenny
	Conor Malone	Kilkenny City Harriers			
Long Jump	Daniel Downey	Portlaoise Laois	3000m Walk	Evan Walsh	St. Josephs Kilkenny
	John Paul Archbold	Newbridge Kildare		Cormac Dineen	St. Abban's Laois
	Artem Kelly	St. Pauls Wexford			
	Daniel Redmond	United Striders Wexford	High Jump	Adam Greenlee	Newbridge Kildare
Triple Jump	Daniel De Antolin- Rodriguez	Ratoath Meath		Peter Bellew	Cushinstown Meath
	Artem Kelly	St. Pauls Wexford		James Kelsey	Gowran Kilkenny
	John Paul Archbold	Newbridge Kildare			
	Victor Lamph	Thomastown Kilkenny	Long Jump	Jack Browne	Enniscorthy Wexford
Shot Put	Seán O' Sullivan	Ratoath Meath		Zack Kelly	Clane Kildare
	Morrison Emovon	Redeemer Louth		Zach Herring	Fr. Murphy Meath
	Evan Campbell	Bray Runners Wicklow		Marc Byrne	Glenmore Louth
	James Scanlon	Blackrock Louth	Triple Jump	Jack Keenan	Ballyfin Laois
Pole Vault	Daragh O' Sullivan	Naas Kildare		Cameron Sheil	St. Killians Wexford
				James Kelsey	Gowran Kilkenny
				Nathan Mooney	Ratoath Meath
			Shot Put	James Prendergast	Adamstown Wexford

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Javelin	Ishan Dharmasena	Navan Meath		Marc Byrne	Glenmore Louth
	Elijah Page-Redmond	Menapians Wexford		Dillon Rowland	Blackrock Louth
	Daragh O' Sullivan	Naas Kildare		Douw Groenewald	St. Abbans Laois
	Josh Nolan	Menapians Wexford	Pole Vault	Jamie Hyland	St. Laurence O' Toole Carlow
Discus	James Scanlon	Blackrock Louth		Jonathan Gibson	Blackrock Louth
	Evan Campbell	Bray Runners Wicklow			
	Elijah Page-Redmond	Menapians Wexford			
	Josh Bailey	Gowran Kilkenny	Javelin	Daire Casey Power	St. Senans Kilkenny
Hammer	Jack Gardiner	Gowran Kilkenny		Harry Devitt	Boyne Meath
	Alex Lonergan	Menapians Wexford		Conor Carroll	Blackrock Louth
			Discus	James Prendergast	Adamstown Wexford
Relay 4x100m	Ratoath	Meath		Colum Quinlan	Brow Rangers Kilkenny
	Newbridge	Kildare		Noah Denieffe	Gowran Kilkenny
	Dunboyne	Meath		William O' Meara	Birr Offaly
	Blackrock	Louth	Hammer	Nick Keogh	Fr. Murphy Meath
				William O' Meara	Birr Offaly
			Relay 4x100m	Athlone	Westmeath
				Boyne	Meath
				Ratoath	Meath
				Crookstown Millview	Laois
			Relay 4x400m		

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Boys U18	Name	Club	Boys U19	Name	Club
100m	Stevie Wong	Ace Louth	100m	Jordon Erhabor	Clane Kildare
	Gavin Witter	Ratoath Meath		Reuben McCarthy	St. Laurence O' Toole Carlow
	Shane McDonald	Kilcoole Wicklow		Rory McNally	Kilcoole Wicklow
	Chucks Kpaduwa	Navan Meath		Eoghan Purcell	Kilcoole Wicklow
110mH	Gavin Witter	Ratoath Meath	110mH	Reuben McCarthy	St. Laurence O' Toole Carlow
	Charlie Sands	Ardee and District Louth			
400mH	Dylan Heffernan	Clane Kildare	400mH	NONE	
	Charlie Sands	Ardee and District Louth			
200m	Steve Wong	Ace Louth	200m	Eoghan Purcell	Kilcoole Wicklow
	Gavin Witter	Ratoath Meath		Reuben McCarthy	St. Laurence O' Toole Carlow
	Shane McDonald	Kilcoole Wicklow		Jack Kelly	Ratoath Meath
	Chucks Kpaduwa	Navan Meath		Caomhin McShane	Boyne Meath
400m	John Delaney	St. Abbans Laois	400m	Jack Kelly	Ratoath Meath
	Leigh O' Brien	Celbridge Kildare		Sean Behan	Naas Kildare
	James Kelly	Ratoath Meath		Alexander Broome	St. Coca's Kildare
	Jack Keating	St. Laurence O' Toole Carlow		Reuben McCarthy	St. Laurence O' Toole Carlow
800m	John Delaney	St. Abbans Laois	800m	Alexander Broome	St. Coca's Kildare
	James Kelly	Ratoath Meath		Tom McCarthy	Greystones and District Wicklow

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	Adam Bradley	Celbridge Kildare		Sean Behan	Naas Kildare
	Stas Zielinski	Trim Meath		Fionn Begley	Bray Runners Wicklow
1500m	Matthew Shirran	Naas Kildare	1500m	Conor Sherwin	Mullingar Harriers Westmeath
	Finn Craig	St. Abbans Laois		Pablo Lozano	Mullingar Harriers Westmeath
	Tom Murphy	Kilkenny City Harriers		Tom McCarthy	Greystones and District Wicklow
	Eoin Dowling	Celbridge Kildare		James Smith	Celbridge Kildare
3000m	Matthew Shirran	Naas Kildare	3000m	Conor Sherwin	Mullingar Harriers Westmeath
	Finn Craig	St. Abbans Laois		Pablo Lozano	Mullingar Harriers Westmeath
	Sam O' Neill	Dunleer Louth		James Smith	Celbridge Kildare
	Eoin Dowling	Celbridge Kildare		Josh Mooney	Naas Kildare
3000m S/C	NONE		3000m S/C	Tom McCarthy	Greystones and District Wicklow
				Paddy Kelly	Kilkenny City Harriers
5000m Walk	John Glennon	Mullingar Harriers Westmeath			
High Jump	Alex Heeney	Clane Kildare	5000m Walk	Aidan Entrialgo Bayon	Celbridge Kildare
	Tomek Fijalkowski	Navan Meath			
	Calum Corcoran	Athlone Westmeath			
Long Jump	Shane McGrath	St. Andrews Meath	High Jump	James Bellew	Cushinstown Meath
	Paul Obeirne	Athlone Westmeath		Nathan Silva	Kilmore Wexford
	Lucas Page-Redmond	Menapians Wexford		Shea Moyles	Athlone Westmeath
	Charlie Sands	Ardee and District Louth			

AAI PROVINCIAL SQUADS 2024 – Leinster Performance squad athletes (U 16- U20 2024 age groups- Top 4 at provincial champs)-OUTDOOR and XC RESULTS

Triple Jump	Thomas Paul Smith Carberry	Bohermeen Meath	Long Jump	Lee Callaghan	Cushinstown Meath
				Lochlan Mattison	Blackrock Louth
Shot Put	Anthony Urbanski	Dundalk St. Gerards Louth	Triple Jump	Lee Callaghan	Cushinstown Meath
	Liam Nolan	Naas Kildare		Tom McCarthy	Greystones and District Wexford
Pole Vault	NONE		Shot Put	Andrew Cooper	Gowran Kilkenny
				Rory McNally	Kilcoole Wicklow
				Odhran Brannigan	Crookstown Millview Laois
Javelin	Rory Taylor	Crookstown Millview Laois	Pole Vault	Lee Prendsgast	St. Laurence O' Toole Carlow
	Charlie Sands	Ardee and District Louth		Aidan Entrialgo Bayon	Celbridge Kildare
	Anthony Urbanski	Dundalk St. Gerards Louth			
	Patrick Galvin	St. Senans Kilkenny			
Discus	Daragh Corcoran	St. Laurence O' Toole Carlow	Javelin	Lochlan Mattison	Blackrock Louth
	Liam Nolan	Naas Kildare			
Hammer	NONE		Discus	Eli Dunne	Brow Rangers Kilkenny
				Aidan Entrialgo Bayon	Celbridge Kildare

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Relay 4x100m	Ratoath	Meath	Hammer	Eli Dunne	Brow Rangers Kilkenny
	Celbridge	Kildare			
	Crookstown Millview	Laois			
Relay 4x400m	Celbridge	Kildare	Relay 4x100m	Ratoath	Meath
	Ratoath	Meath			
			Relay 4x400m	Mullingar Harriers	Westmeath
				Ratoath	Meath

Boys U20	Name	Club
100m	Killian Curran	Blackrock Dublin
	Sean Stratton	Boyne Meath
	Emmanuel Akinrolie	Metro St. Brigids Dublin
	Jason Dempsey	Raheny Shamrocks Dublin
110mH	Sean Owens	Crusaders Dublin
	Reuben McCarthy	St. Laurence O' Toole Carlow
200m	Donal Martin	Blackrock Dublin
	Emmanuel Akinrolie	Metro/St. Brigids Dublin
	Adam Quinn	Crookstown Millview Laois
	Sean Ennis	Ratoath Meath

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400m	Leigh O' Brien	Celbridge Kildare
	James Kelly	Ratoath Meath
	Sean Ennis	Ratoath Meath
	Conor Byrne	Kilkenny City Harriers
400mH	Alex Cullen	Kilkenny City Harriers
	Conn Bonar	Dunleer Louth
800m	James Kelly	Ratoath Meath
	Adam Bradley	Celbridge Kildare
	David Williams	St. Senans Kilkenny
	Joseph O' Connor	United Striders Wexford
1500m	James Smith	Celbridge Kildare
	Dylan Byrne	St. Laurence O' Toole Carlow
	Gearóid Long	St. Senans Kilkenny
	Eoin Dowling	Celbridge Kildare
3000m	Abdirahman Ali Maow	Clonliffe Harriers Dublin
	Joseph Richards	St. Coca's Kildare
	Mackenzie Mclvor	St. Laurence O' Toole Carlow
	Owen Gibbons	Parnell Wicklow
5000m Walk	Andrew Glennon	Mullingar Harriers Westmeath
	Aidan Entrialgo Bayon	Celbridge Kildare
3000m S/C	Billy Coogan	Kilkenny City Harriers
	Tadhg Ryan	Thomastown Kilkenny

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High Jump	Tomek Fijalkowski	Navan Meath
	James Kelsey	Gowran Kilkenny
Long Jump	Michael Kent	D.M.P. Wexford
	Jack Browne	Enniscorthy Wexford
	Chucks Kpaduwa	Navan Meath
	Taylor Ryan	Newbridge Kildare
Triple Jump	James Kelsey	Gowran Kilkenny
Shot Put	Rory McNally	Kilcoole Wicklow
	Chucks Kpaduwa	Navan Meath
	James Saunders	Tullamore Harriers Offaly
Pole Vault	Jamie Hyland	St. Laurence O' Toole
	Lee Prendsgast	St. Laurence O' Toole
	Darby Browne	Lusk Dublin
	Mark Loughran	Trim Meath
Javelin	NONE	
Discus	Cian Crampton	Edenderry Offaly
	Daragh Corcoran	St. Laurence O' Toole Carlow
	Conor Geraghty	Lusk Dublin
Hammer	NONE	

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Weight for Distance	NONE	
Weight for Height	Conor Geraghty	Lusk Dublin
Relay 4x100m	NONE	
Relay 4x400m	Kilkenny City Harriers	Kilkenny
	St. Laurence O' Toole	Carlow

CROSS COUNTRY RESULTS

GIRLS	Name	Club
U16 4000m	Emma Hickey	United Striders Wexford
	Sholah Lawrence	Ace AC Louth
	Rachel Kearney	Newbridge, Kildare
	Clodagh O' Callaghan	Kilkenny City Harriers
U17 4500m	Dearbhla Allen	St. Peter's Louth
	Eimear Cooney	Ace Louth
	Eve Dunphy	St. Senan's Kilkenny
	Sholah Lawrence	Ace Loth
U18 5000m	Dearbhla Allen	St. Peter's Louth

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	Eimear Cooney	Ace Louth
	Aimee Wallace	Mullingar Harriers Westmeath
	Eve Dunphy	St. Senans Kilkenny
U19 5000m	Méabh Eakin	Dunleer Louth
	Kate Connolly	St. Michael's Laois
	Méabh Caffrey	St. Coca's Kildare
	Niamh Brady	St. Peter's Louth
U20 4000m	Dearbhla Allen	St. Peter's Louth
	Eimear Cooney	Ace Louth
	Meabh Eakin	Dunleer Louth
	Aimee Wallace	Mullingars Harriers Westmeath
BOYS	Name	Club
U16 4000m	Dáire Mathews	Dunleer Louth
	Lorcan Forde Dunne	Ace Louth
	James Foot	Bray Runners Wicklow
	Will Duffy	St. Abban's Laois
U17 4500m	Noah Harris	Parnell Wicklow
	Cillian Gleeson	Celbridge Kildare
	Bobby More	Bray Runners Wicklow
	Dáire Mathews	Dunleer Louth
U18 5000m	Cillian Gleeson	Celbridge Louth
	Callum Barron	Barrow Harriers, Kilkenny
	Noah Harris	Parnell Wicklow
	Ruairi McEvoy	Kilkenny City Harriers
U19 5000m	Danny Nugent	Ace Louth
	Luke Duffy	Tullamore Harriers Offaly
	John Ryan	Mullingar Harriers Westmeath
	Conor Sherwin	Mullingar Harriers Westmeath

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U20 6000m	Billy Coogan	Kilkenny City Harrirs
	Diarmuid Fagan	Mullingar Harriers Westmeath
	Jack Fenlon	St. Abbans Laois
	Cillian Gleeson	Celbridge Kildare