

National Cross Country Championships

**NATIONAL INTERMEDIATE MASTER
& JUVENILE B
CROSS COUNTRY CHAMPIONSHIPS**

**SUNDAY 9TH FEBRUARY 2025
WESTPORT DEMESNE
WESTPORT HOUSE**

TIME	EVENT	DISTANCE
11:30	GIRLS U11	1000m
11:40	BOYS U11	1000m
11:50	GIRLS U13	1500m
12:00	BOYS U13	1500m
12:10	GIRLS U15	2500m
12:25	BOYS U15	2500m
12:40	GIRLS U17	3000m
13:00	BOYS U17	3000m
13:30	MASTER WOMEN & MEN O65	4000m
14:00	MASTER MEN O35-O64	7000m
14:40	INTERMEDIATE WOMEN	5000m
15:10	INTERMEDIATE MEN	8000m

