

Please see Athletics Ireland's European U/23 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2025/01/25_EuroU23_policy.pdf for full details on Selection Criteria, but please note;

Any eligible athlete who achieves a Performance Standard/Performance Standards within the Qualifying Period for the particular event will be considered for selection.

NB: Only a maximum of three athletes with qualifying standards from each country can compete in each event at the European U/23 Championships.

Achieving a Performance Standard gives no right or guarantee of selection.

Updated: 28th April 2025

Athlete	Club	Coach(es)	Event	Performance I	Performance II	A Standard	B Standard	Venue	Date
Killian Fahy	Leevale	Dustin Allen	400m	46.23	46.46	46.05	46.75	Charlotte, NC	26/04/2025
								Gainsville, FL	19/04/2025
Abdel Laadjel	Donore Harriers	Jerry Schumacher	5000m	13:29.79i		13:48.00	13:56.00	Boston	07/12/2024
			10000m	28:29.17		29:15.00	29:40.00	Stanford	04/04/2025
Shane Brosnan	An Ríocht	Alex Gibby	5000m	13:37.65i	13:49.32	13:48.00	13:56.00	Boston	14/02/2025
				13:45.94i				Boston	07/12/2024
								Winston-Salem, NC	17/04/2025
			10,000m	28:20.98		29:15.00	29:40.00	Raleigh	27/03/2025
Dean Casey	Ennis Track	Sean Carlson	5,000m	13:33.78	13:49.56i	13:48.00	13:56.00	Azusa, CA	17/04/2025
				13:37.14i				Boston	14/02/2025
				13:46.54i				Boston	01/02/2025
								Lubbock	28/02/2025
			10,000m	28:21.32		29:15.00	29:40.00	Raleigh	27/03/2025
Callum Morgan	CNDR Track	Mark Kirk	5,000m	13:54.35i		13:48.00	13:56.00	Boston	14/02/2025

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Jake O'Brien	Moy Valley	Deirdre Clarke	10,000mR W	42:38		41:15.00	43:15.00	Dudince	22/03/2025
Oisin Joyce	Lake District	Padraic Joyce	Javelin	73.85m		75.00m	72.00m	Nicosia	16/03/2025
Emma Moore	Galway CH	Joe Ryan	800m	2:04.58i		2:03.00	2:05.00	NIA, Dublin	26/02/2025
Maeve O'Neill	Doheny	Ray Treacy	800m	2:04.66i	2:04.97	2:03.00	2:05.00	Boston Raleigh	15/02/2025 29/03/2025
Cara Laverty	Finn Valley	Ray Treacy	1500m	4:17.56		4:14.00	4:18.00	Raleigh	28/03/2025
Anika Thompson	Leevale	Shalane Flanagan	5,000m	15:31.93i	15:58.59	15:55.00	16:20.00	Boston Eugene	07/12/2024 18/04/2025
Maebh Richardson	KCH	Ian Solof	5,000m	16:16.86i	16:10.06	15:55.00	16:20.00	Boston Stanford	04/04/2025 07/12/2025
			10,000m	33:29.43		34:05.00	34:40.00	Azusa, CA	18/04/2025

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Heather Murphy	St. Michael's Portarlinton	Rylan Hinchey	10,000m	33:45.36		34:05.00	34:40.00	Raleigh	28/03/2025
Ava O'Connor	Tullamore Harriers	Damon Martin & Damien Lawlor	3000ms/c	9:46.22		10:05.00	10:15.00	Azusa, CA	16/04/2025
			1500m	4:15.31		4:14.00	4:18.00	Azusa, CA	18/04/2025
Ailish Hawkins	DCH	Andrew Ferris	3000m s/c	10:12.37		10:05.00	10:15.00	Stanford	04/04/2025
Aisling Lane	Mullingar	Michael Lane	10,000m RW	1:41.51 (equiv std)		46:45.00 Equiv 20k	49:25.00 1:42.00	Douglas	02/03/2025
Elizabeth Ndudi	DSD	Petros Kyprianou	Long Jump	6.42m		6.45m	6.35m	Champaign	11/01/2025
Aoife O'Sullivan	Liscarroll	Martin O'Sullivan	High Jump	1.81m		1.85m	1.81m	Dublin	11/04/2025
Anna Gavigan	Lambay Sports Academy	Gerry Ronan	Discus	53.91m		54.50m	51.30m	Nicosia	15/03/2025

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Nicola Tuthill	UCD	Killian Barry	Hammer	69.74m	68.70m	65.50m	61.00m	Nicosia	16/03/2025
					62.99m			Santry	12/04/2025
								Dunboyne	15/02/2025