



## SELECTION POLICY

## 2025 WORLD ATHLETICS CHAMPIONSHIPS: 13-21 SEPTEMBER – TOKYO JAPAN

**GENERAL INFORMATION**

This policy should be read in conjunction with the [Selection Panels Terms of Reference](#).

QUALIFICATION PERIODS		
Date	Event	Notes
5 November 2023 to 4 May 2025	Marathon	
25 February 2024 to 24 August 2025	10,000m, 20km Race Walk, 35km Race Walk Combined Events and Relays	Qualification period for 35km Race Walk has been amended.
1 August 2024 to 24 August 2025	All Other Events	Results achieved during Olympic Games Paris 2024 will be considered for World Ranking even if outside of this period.
IMPORTANT DATES		
1 February 2025	National Team Declaration Form Deadline.	<a href="#">Online Form</a>
2 & 3 August 2025	AAI Outdoor National Championships	
21 July 2025	Deadline for Dispensation Request	<a href="#">Online Form</a>
5 May 2025	Final Selections Marathon and 35km RW	
25 August 2025	Final Selections All Other Events	
1 September 2025	Final entry deadline	

**1. ENTRY CONDITIONS:**

**1.1** Each Member Federations will be allowed to participate with up to a maximum of three qualified athletes (four in case of a Wild Card) in each event. A fourth (fifth in case of a Wild Card) qualified athlete can be entered as a reserve.

**1.2** Each Member Federation will be allowed to enter one qualified team in each relay event, subject to the below. A total of six athletes may be entered and these must include the individual athletes (up to four) entered in the respective individual event (100m and 400m). This does not apply to the Mixed 4x400m.

**1.3** Lower ages limits:

**1.3.1** Under 20 Athletes – Athletes aged 18 or 19 years on 31 December 2025, (i.e. born in 2006 or 2007), may compete in any event except the Marathon and 35km Race Walk.

**1.3.2** Under 18 Athletes – Athletes aged 16 or 17 years on 31 December 2025 (born in 2008 or 2009), may compete in any event except the throwing events, the Combined Events, 10,000m, Marathon and the Race Walks.

**1.3.3** Athletes younger than 16 – No athlete younger than 16 years of age on 31 December 2025 (born in 2010 or later) may be entered.

**2. QUALIFICATION SYSTEM:**

**2.1** Athletics Ireland has adopted the WA Qualification Periods in which the Performance Standards and World Rank must be achieved. Selection will be based on performances during the Qualification Periods of:

**2.1.1** 5 November 2023 to 4 May 2025 for the Marathon.

**2.1.2** 25 February 2024 to 24 August 2025 for the 10,000m, 20km Race Walk, and 35km Race Walk, Combined Events and Relays.

**2.1.3** 1 August 2024 to 24 August 2025 for all other events.

## 2.2 Individual Athletes can qualify in one of four ways:

**2.2.1** By achieving the WA Entry Standard (AAI A standard) within the qualification period in accordance with criteria below.

**2.2.2** Based on the finishing position at designated competitions as follows (in these cases the athletes shall also be considered as having achieved the WA Entry Standard (AAI A Standard):

- a. The Area Champions in all the individual events (except for the Marathons) on condition that there is no better entry (by World Rankings) by another athlete from the same Area in the same event.
- b. The top 5 finishers at the Platinum Label Marathons held during the qualification period and the winner of the Gold Label Marathons held in 2025.

**2.2.3** By Wild Card as:

- a. as Defending World Champion from 2023
- b. Winner of the 2024
  1. Diamond League
  2. World Race Walking Tour (to participate in the 20km or the 35km)
  3. World Combined Events Tour
  4. Leading hammer performers (by result) on Continental Tour

**2.2.4** By virtue of the World Rankings Position achieved at the end of the qualification period according to the respective Event Ranking Rules (and ranking periods). In case of ties, athletes with the next best Performance Score will prevail. **Please note, Athletics Ireland requires athletes qualifying by virtue of World Rank to also have achieved a B standard as detailed in Clause 5.6.4 of this policy.**

## 2.3 Relay Teams can qualify in one of two ways:

**2.3.1** Be amongst the top fourteen placed teams at the World Athletics Relays Guangzhou 2025.

**2.3.2** Be one of the best ranked teams at the end of the qualification period to fill the two remaining places.

## 3. CONDITIONS FOR VALIDITY OF PERFORMANCES:

**3.1** All performances must be achieved during competitions organised or authorised by World Athletics, its Area Associations or its National Federations and conducted in conformity with World Athletics Rules.

**3.2** Starting 1 January 2023, in the case of National Permit competitions, in addition to compliance with the above, all performances must be achieved in competitions for which an application has been submitted in advance to World Athletics through the established platform. The list of such competitions will be published on the [Global Calendar pages](#) of the World Athletics website

**3.3** Performances achieved in mixed competitions in track events will not be accepted.

**3.4** Performances which are wind assisted or for which a wind reading is not available shall not be accepted for Entry Standards purposes (but will be valid for the World Rankings with the appropriate adjustments).

**3.5** Hand timing performances in 100m, 200m, 400m, 800m, 110m/100m Hurdles, 400m Hurdles and 4x100m Relay will not be accepted.

**3.6** Short track performances for races of 200m and longer will be accepted.

**3.7** Performances in running events conducted on an oversized Short Track shall be valid and recognised as if they were achieved on a valid 400m track.

**3.8** In the case of race walks:

- Performances for qualifying performances may only be achieved on a course measured by a WA/AIMS Grade A or B International Road Race Course Measurer with the measurement certificate established no more than 5 years before the date of the race.
- A minimum of 3 WA Gold, Silver or Bronze Level Race Walking Judges must be on duty.
- Track performances (20,000m or 35,000m) will be accepted.
- Performances achieved in competitions conducted with the penalty zone rule shall be accepted.

**3.9** In the Road Races (Marathon, Half Marathon, 10km, 5km and Road Mile):

- Performances for qualifying performances may only be achieved on a course measured by a WA/AIMS Grade A or B International Road Race Course Measurer with the measurement certificate established no more than 5 years before the date of the race.
- For Entry Standards the overall decrease in elevation between the start and finish will not exceed 1:1000, i.e. 1m per km.
- For Entry Standards, women's performances achieved in Mixed races will not be accepted.
- For World Rankings in case of performances achieved on courses with a drop in elevation which exceeds 1:1000, a correction will be made in the result score from which points will be deducted depending on the drop.

**3.10** For the Combined Events at least one of these conditions must be met:

- The wind velocity in any individual event shall not exceed plus 4 metres per second.

- The average wind velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second.

#### 4. SELECTION PHILOSOPHY:

**4.1** Athletics Ireland views the World Championships as a critical athlete experience at the highest level of competition and is vital in preparing athletes to deliver world class performances at the Olympic Games. To achieve our High Performance vision of “more athletes winning on the world stage” Athletics Ireland will select individuals for the 2025 World Championships with the potential of obtaining a podium, top 8, top 16 or top 24 finish, and relay teams with the potential of obtaining a podium, top 8 or top 16 finish.

#### 5. SELECTION PROCESS:

##### Participation Criteria

**5.1** Nothing in this Policy obliges Athletics Ireland to select a full contingent of athletes in any particular event regardless of the Entry Rules or the number of athletes who has met the Performance Standards. Athletics Ireland will select its Team according to the criteria set out in this Policy as allowed by Entry Rules. **Achieving a Performance Standard or World Ranking position gives no right or guarantee of selection.**

##### Eligibility

**5.2** In order to be eligible for selection all athletes must:

- 5.2.1** Fill out a [National Team Declaration Form](#) (NTDF) on the High Performance section of Athletics Ireland website before 1 February 2025 for all events.
- 5.2.2** Must compete in Athletics Ireland’s National Championships on 2-3 August 2025, except 35km RW and Marathon.
- 5.2.3** Satisfy all WA, eligibility, nationality and European championship participation rules.
- 5.2.4** Be a registered member of Athletics Ireland.
- 5.2.5** Remain in “good standing” with Athletics Ireland and at all times comply with any established code of conduct or athlete agreement and otherwise conduct themselves in a way that does not bring their sport or the National Team into disrepute.

##### Performance Standards

**5.3** Athletics Ireland’s Performance Standards for each of the events to be conducted at the 2025 World Athletics Championships are set out in clause 7. **Please note, Athletics Ireland requires athletes qualifying by virtue of World Rank to also have achieved a B standard as detailed in Clause 5.6.4 of this policy.**

##### General Selection Criteria

**5.4** The Selection Panel has “sole discretion” to select the team members that meet with the eligibility and entry rules of the 2025 World Athletics Championships and as stipulated in this Selection Policy. This includes selections for relay teams, individuals and for instances when there are more than 3 athletes who have met the performance standard.

**5.4.1** The Selection Panel may use their sole and overriding discretion to consider any factor or combination of factors that, in their opinion, are relevant to the selection of an athlete, including, but not necessarily limited to the following general principles:

- A. Consistency and Repeatability** of performances (in all or any events) during the qualification period, achieving the performance standard and showing current form and fitness
- B. Statistical data** (ranking/performance list, performance-time curves, course ratings, altitude/wind adjustments)
- C. Championship performance history**, in particular the history of the athlete’s on-demand performances at major championships

**D. The competitive head to head record** of each athlete

**E. Injury and illness** history

**5.5.** Where there are more athletes that have achieved the selection criteria in this policy beyond the maximum entry limit in any one event, the Selectors will have sole and overriding discretion to decide which of the athlete(s) is to be selected.

### Individual Selection Criteria

**5.6** For an individual athlete **to be considered for selection** to the 2025 World Athletics Championships an athlete must fulfil at least one of the following conditions:

**5.6.1** have achieved an A standard (see clause 7) during the qualification period

**5.6.2** have achieved a finishing position at designated competitions as detailed in clause 2.2.2.

**5.6.3** have achieved a Wild Card as detailed in clause 2.2.3.

**5.6.4** have achieved a B standard (see clause 7) during the qualification period **PLUS** be eligible for entry via individual Athletes Ranking Process as detailed in clause 2.2.4.

**5.6.5** have been selected as a member of a relay team or in an individual event and be eligible for selection in another event via individual athlete ranking process. In such cases athletes may be considered for selection in individual events without having achieved a 'B' standard.

**5.7** Athletes seeking selection in either individual or relay event for the 2025 World Athletics Championships **MUST** compete in the event(s) in which they are seeking selection at the Athletics Ireland National Championships (AINC) on 2-3 August 2025, with the exception of those in the:

**A.** 10,000m: can compete in the 5,000m.

**B.** 20km RW: can compete the 10,000m RW.

**C.** Combined Events: Heptathlon must participate in at least 1 event / Decathlon must compete in at least 2 events.

**D.** Marathon and 35km RW: are not obligated, but are encouraged, to compete at AINC.

**5.8** Dispensation requests will ONLY be granted for medical reasons and/or exceptional circumstances.

**5.8.1** [Dispensations request](#) must be submitted no later than 21 July 2025. In the case of genuine illness or injury; all medical claims will be verified by AAI's medical team.

**5.8.2** Dispensation approval will be at the sole discretion of the Selectors and will only be granted to athletes in exceptional circumstances.

**5.9** An athlete who wins the AINC (in their selected event) and has achieved a 2025 World Athletics Championships Performance Standard within the Qualification Period will be automatically selected for the championships (given the athlete meets with the overall conditions and criteria of this policy).

### Relays

**5.10** Relay team(s) will be considered for selection as being one of the first fourteen placed teams at the **2025 World Athletics Relays** or as being one of the best ranked teams at the end of the qualification period to fill the remaining two places.

**5.11** The Selection Panel may use their sole and overriding discretion to consider any factor or combination of factors that, in their opinion, are relevant to the selection of an athlete to the relay panel, including, but not necessarily limited to the following general principles:

**A. Consistency and Repeatability** of performances (in relevant events) during the qualification period, and showing current form and fitness

**B. Statistical data** (ranking/performance list, performance-time curves, altitude/wind adjustments)

**C. Championship performance history**, in particular, the history of the athlete's on-demand performances at major championships

**D.** The competitive **head to head record** of each athlete

**E. Injury and illness** history

**F. Previous/current relay experience** (proven ability to pass and receive batons, championship experience, head to heads).

**G.** Relay splits taken from prior championship or non-championships events may be considered.

**H. Commitment to relay programme** and relay panel initiatives.

**I. Availability for selection** of relay panel members and those athletes who contributed to the relay panel's qualification.

### 5.12 Final Relay Team Selections

The "Strike Four" athletes for any Relay Team(s) that run at the championships will be **selected by the appointed Relay Coach, in consultation with Team Management**. For selection purposes there are "No Appeals" against the final running order or to the selection of the "Strike Four" athletes.

### After Selection

**5.13** For the purposes of clarity, it is the intended operation of this Policy that **all selections in the Team remain conditional** up and through the championships given the athlete shows form and fitness.

**5.13.1** Form and fitness is proven by the athlete achieving a performance/result prior to the championships that is close/better than the published Performance Standards set in (clause 7).

**5.13.2** Failure by a selected athlete to show form and fitness prior to the Championships will, at the discretion of the Selectors and/or Performance Director result in an athlete who has been initially selected to the team being withdrawn.

**5.14** An athlete who enters the Athletics Ireland Team Camp and/or the 2025 World Championship village will be subject to an injury evaluation/assessment by the championship Team Management staff. The injury evaluation/assessment will be carried out by Athletics Ireland's Physio (or appointed Team Physio).

**5.14.1** If as a result of such injury evaluation/assessment the Team Physio, Team Management staff, and Team Leader/Manager considers an athlete does not have the standard of fitness or is otherwise not in condition to compete due to injury at a level appropriate to the event(s) for which they have been selected, the Team Leader/Manager will have the sole discretion to withdraw the athlete from the competition.

**5.15** An athlete who is found to have breached any Athletics Ireland, WA, EAA, LOC or other relevant code of conduct may be withdrawn from the competition at the sole discretion of the Team Leader/Manager.

### Selectors Meetings

**5.16** The Selection Panel members and the [Selectors Terms of Reference can be found here](#).

**5.16.1** Final selections for the Marathon and 35km Race Walks will be on 5 May 2025.

**5.16.2** Final selections for all other events will be on 26 Aug 2025.

### Selection Queries

**5.17** Athletes can seek clarification regarding selection policy from the [Athletics Ireland Performance Director](#).

### Non-Selection Appeals Process

**5.18** The publishing of selected athletes (Selection Announcement) on Athletics Ireland website after a selection meeting will be **deemed the commencement of the 24-hour period to lodge non-Selection Appeals** in accord with this Selection Policy.

**5.19** Any athlete who is not selected in accordance with this Selection Policy may appeal their non-selection to Athletics Ireland providing they:

**5.19.1** Have submitted an NTDF in accordance with timelines contained in this Selection Policy and;

**5.19.2** Submit an appeal against their non-selection via online [Notice of Appeals Form](#) within 24 hours of the selection decision published on the Athletics Ireland website (i.e. the Selection Announcement). The Notice of Appeal Form is submitted to the Chair of the Appeals Panel and the CEO of Athletics Ireland.

**5.20** The [Selection Appeals Procedure](#) can be found on the HP section of Athletics Ireland website.

**5.21** The Grounds upon which a Selection decision may be appealed are limited to the following:

**5.21.1** There has been an alleged failure by Selection Panel to follow or apply the relevant Selection Procedure and/or criteria set out in the Selection Policy, and/or

**5.21.2** The decision for selection for the championship has been reached based on an error of fact.

## 6. GENERAL INFORMATION:

**6.1** The criteria may be amended at any time by the Directors of Athletics Ireland, if Athletics Ireland is of the opinion that such amendment is necessary in the best interests of Athletics Ireland or as a result of any change in participation rules and/or guidelines. Any amendment to the criteria will be published on the Athletics Ireland High Performance website.

### Meet Information

**6.2** The number of accreditations authorised per team is limited overall to the number of participating athletes. Team Support Staff will be accredited on this basis and informed after the team selections.

**6.3** Selected athletes' personal coaches/family outside of the selected "Official Irish Team" will be responsible for their own travel, accommodations, tickets, and accreditations for the 2025 World Athletics Championships.

**7. ATHLETICS IRELAND - PERFORMANCE STANDARDS:**

Men		EVENT (Target Number)	Women	
A Standard	B Standard		A Standard	B Standard
10.00	10.15	100m (48)	11.07	11.25
20.16	20.40	200m (48)	22.57	23.00
44.85	45.40	400m (48)	50.75	51.60
1:44.50	1:45.65	800m (56)	1:59.00	2:01.00
3:33.00 (3:50.00)	3:35.75	1500m (56)	4:01.50 (4:19.90)	4:08.00
13:01.00	13:18.00	5000m (42)	14:50.00	15:22.00
27:00.00	27:45.00	10,000m (27)	30:20.00	31:40.00
2:06:30	2:10:00	Marathon (100)	2:23:30	2:30:00
8:15.00	8:22.00	3000m SC (36)	9:18.00	9:31.00
13.27	13.50	110mH/100mH (40)	12.73	12.95
48.50	49.20	400mH (40)	54.65	55.90
2.33	2.26	High Jump (36)	1.97	1.91
5.82	5.60	Pole Vault (36)	4.73	4.50
8.27	8.06	Long Jump (36)	6.86	6.65
17.22	16.80	Triple Jump (36)	14.55	14.05
21.50	20.40	Shot (36)	18.80	17.65
67.50	64.00	Discus (36)	64.50	59.50
78.20	75.60	Hammer (36)	74.00	69.90
85.50	81.50	Javelin (36)	64.00	60.50
8500	8100	Combined Events (24)	6500	6100
1:19:20	1:23:00	20km Race Walk (50)	1:29:00	1:33:30
2:28:00	2:36:30	35km Race Walk (50)	2:48.00	2:56:00
Top 14 at WRE + 2		4x100m Relay (16)	Top 14 at WRE + 2	
Top 14 at WRE + 2		4x400m Relay (16)	Top 14 at WRE + 2	
Top 14 at WRE + 2		Mixed 4x4 Relay (16)	Top 14 at WRE + 2	