



The Athletics Ireland Race Series Commitment to the SheRACES Guidelines to support female participants.

'A woman's place is on the start line'

1. Diversity of Athletes in Marketing imagery. We strive to have diversity in our marketing imagery.
2. Ensure equal rewards – This includes a reserved area for Female athletes at the start line of Wave 1, an option of Female-fit T-shirts, designated female toilets
3. We have reviewed our Toilet facilities to ensure suitability. In 2025 we will make Period Products available at all female designated toilets and on-route toilet facilities
4. We continue ensure the female participants are given equal prominence to our male participants.
5. We offer full refund or transfer (whichever suits the participant best) for women who fall pregnant before the race.
6. We endeavour to communicate and enforce a no tolerance policy for harassment of any kind (runners, event volunteers and staff).
7. Constantly review how we can make our races easier for all to compete in.
8. Adhere to all the SheRaces Guidelines which can be found here - [SheRACES](#)

She**RACES**