

Place	Cat Place	Name	Time	Bib	Age Cat	Club
1	1	James GORMLEY	14:01	723	MS	Carmen Runners
2	2	Pierre MURCHAN	14:18	767	MS	Dublin City Harriers A.C.
3	3	Killian MOONEY	14:35	207	MS	Dundrum South Dublin A.C.
5	4	Sean M MCGINLEY	14:40	216	MS	Finn Valley A.C.
6	5	Emmet JENNINGS	14:45	536	MS	Dundrum South Dublin A.C.
7	6	Liam NAUGHTON	14:50	172	MS	Ennis Track A.C.
8	7	Jamie FALLON	14:57	120	MS	Craughwell A.C.
9	8	Gerry FORDE	14:58	240	MS	Kilkenny City Harriers A.C.
10	9	Michael MCCARTHY	15:00	647	MS	Dundrum South Dublin A.C.
11	10	Daniel Ryan ELLIS	15:07	852	MS	Nenagh Olympic A.C.
12	11	Sean DORAN	15:23	102	MS	Clonliffe Harriers A.C.
14	12	Oisin TOYE	15:37	214	MS	Finn Valley A.C.
16	13	Brandon MCKEOWN	15:38	7	MS	Annadale Striders
18	14	Aaron BRENNAN	15:39	668	MS	Galway City Harriers A.C.
20	15	Kevin BYRNE	15:42	311	MS	Newbridge A.C.
21	16	Ciaran CONSIDINE	15:44	396	MS	South Galway A.C.
24	17	Conor BURKE	15:51	483	MS	Celbridge A.C.
28	18	Christopher MCLOUGHLIN	15:59	524	MS	Dublin City Harriers A.C.
29	19	Oskar SZMYT	16:02	359	MS	Sligo A.C.
30	20	Andy NEVIN	16:03	662	MS	Mullingar Harriers A.C.
31	21	David GORMLEY	16:04	204	MS	Dundrum South Dublin A.C.
33	22	Malcom KIPLAGAT	16:07	851	MS	Clonliffe Harriers A.C.
36	23	Luke WALSH	16:10	397	MS	South Galway A.C.
37	24	Drew DONOHOE	16:11	36	MS	Bray Runners A.C.
40	25	Chris JONKER	16:14	219	MS	Galway City Harriers A.C.
43	26	Ronan MCAREE	16:21	752	MS	Annadale Striders
47	27	Robert FREWEN	16:31	718	MS	Raheny Shamrock A.C.
48	28	Ronan MCILVENNY	16:35	846	MS	Tara A.C.
54	29	Stephen O'REILLY	16:41	275	MS	Metro/St. Brigid's A.C.
55	30	Mark NAYLOR	16:42	255	MS	Liffey Valley A.C.
56	31	Jordan WALSH	16:42	388	MS	Craughwell A.C.
59	32	Barry MOONEY	16:45	651	MS	Tullamore Harriers A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
62	33	Darragh BROWNE	16:49	257	MS	Lios Tuathail A.C.
66	34	Daniel CONNOLLY	17:00	407	MS	Raheny Shamrock A.C.
67	35	Maxime BERNARD	17:02	95	MS	Clonliffe Harriers A.C.
68	36	Luke CLARKE	17:02	124	MS	Crusaders A.C.
69	37	Ross HUNTER	17:03	732	MS	Dublin Front Runners A.C.
70	38	Andrew MULLEN	17:03	4	MS	Annadale Striders
71	39	Paddy MURPHY	17:03	254	MS	Liffey Valley A.C.
75	40	Ian MCAWEENEY	17:06	88	MS	Clonliffe Harriers A.C.
76	41	Tom KELLEHER	17:08	845	MS	Sportsworld A.C.
77	42	John Patrick BURKLOW	17:08	314	MS	Raheny Shamrock A.C.
78	43	Patrick FOX	17:11	450	MS	Liffey Valley A.C.
88	44	Aodhan MCCAY	17:29	853	MS	Annadale Striders
94	45	Paul KEENAN	17:34	93	MS	Clonliffe Harriers A.C.
96	46	Josh MCDOWELL	17:37	394	MS	North Down AC
97	47	Luke HICKEY	17:39	361	MS	Sportsworld A.C.
100	48	Tadhg FOLEY	17:43	175	MS	Dublin City Harriers A.C.
101	49	Paul MCGUINNESS	17:45	196	MS	Dundrum South Dublin A.C.
103	50	Stephen SHARPE	17:48	316	MS	Raheny Shamrock A.C.
106	51	Isaiah KERINS HUSSEY	17:49	738	MS	Celtic DCH A.C.
108	52	Donagh EGAN	17:51	363	MS	Sportsworld A.C.
114	53	Richard FINEGAN	18:02	554	MS	Liffey Valley A.C.
116	54	Eoghan KEANEY	18:07	605	MS	Tallaght A.C.
121	55	Eoin BROGAN	18:15	395	MS	Raheny Shamrock A.C.
124	56	Oisin MURPHY	18:18	769	MS	Liffey Valley A.C.
130	57	Eoin GROGAN	18:24	726	MS	Donore Harriers A.C.
133	58	Conor MOHAN	18:30	764	MS	Dublin Front Runners A.C.
141	59	Tiernan CAULFIELD	18:46	525	MS	Dublin Front Runners A.C.
145	60	Sean McCarthy	18:49	863	MS	Donore Harriers A.C.
148	61	Stephen O'DONNELL	18:53	362	MS	Sportsworld A.C.
151	62	Tj O'BRIEN	18:56	855	MS	U.C.D. A.C.
152	63	James SHERRY	18:57	803	MS	Crusaders A.C.
161	64	David FENNELL	19:12	177	MS	Dublin Front Runners A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
169	65	Matt DUNNE	19:22	703	MS	Dublin Front Runners A.C.
170	66	Edward FORESTER	19:23	716	MS	Crusaders A.C.
189	67	Eddie O'BRIEN	19:50	626	MS	Galtee Runners A.C.
190	68	Conor GREHAN	19:51	724	MS	Dublin Front Runners A.C.
200	69	Alexander DUNNE MARTIN	20:15	706	MS	Rathfarnham W.S.A.F. A.C.
205	70	Jack STAPLETON	20:23	547	MS	Liberties Running Club
208	71	Adam BLUETT	20:28	871	MS	Dublin Front Runners A.C.
210	72	Philip SIMPSON	20:33	200	MS	Dundrum South Dublin A.C.
212	73	Alan MCGETTIGAN	20:35	310	MS	Raheny Shamrock A.C.
214	74	Robert WHITELEY	20:39	286	MS	Naas AC
220	75	George Chukwuma ANAYO-EZIKEOHA	20:53	221	MS	Galway City Harriers A.C.
222	76	Eamon HARKIN	20:55	86	MS	Clonliffe Harriers A.C.
225	77	Conor FARRELL	21:07	287	MS	Newbridge A.C.
226	78	Cian ROCHE	21:10	792	MS	Dublin Front Runners A.C.
240	79	Cathal O'BOYLE	21:50	775	MS	Raheny Shamrock A.C.
249	80	John BYRNE	22:17	178	MS	Dublin Front Runners A.C.
267	81	Ian KELLY	23:39	505	MS	Coolock Running Club A.C.
271	82	Ryan CONNOR	23:47	444	MS	Cherry Orchard Running A.C.
276	83	Michael CROWLEY	24:01	418	MS	Claremorris A.C.
277	84	Kenneth KELLY	24:03	735	MS	Donore Harriers A.C.
278	85	Darragh O'REILLY	24:09	269	MS	Lusk A.C.
280	86	Ryan TRAVERS	24:12	139	MS	D15 Running Club A.C.
282	87	Andrew DARCY	24:28	694	MS	Clonliffe Harriers A.C.
286	88	Ian KAVANAGH	24:49	544	MS	Liberties Running Club
291	89	Shane NOLAN	25:09	773	MS	Coolock Running Club A.C.
304	90	Jack MAHON	26:16	421	MS	St. L. O'Toole A.C.
307	91	Calvin KEARNEY	26:33	474	MS	Ballymun A.C.
308	92	Jordan CROWTHER	26:38	690	MS	Castleknock Running Club
320	93	Sean ROSSITER	27:37	103	MS	Clonliffe Harriers A.C.
323	94	Kenneth BREEN	27:42	834	MS	Dublin Front Runners A.C.
324	95	Garry DONOHOE	27:48	44	MS	Castleknock Running Club
332	96	Jamie CASSIDY	29:14	390	MS	Dunboyne A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
338	97	Daniel DEININGER	32:15	448	MS	Dunboyne A.C.
349	98	Nathan GRIFFIN	35:07	603	MS	St. Coca's A.C.
350	99	Evan PIGOTT	36:09	822	MS	Ballymun A.C.
355	100	Kalvin LAWLOR	37:13	745	MS	D15 Running Club A.C.
357	101	David O'REILLY	37:49	781	MS	Castleknock Running Club
360	102	Graeme MOONEY	38:41	141	MS	D15 Running Club A.C.
362	103	Lennon MADDEN	39:07	750	MS	D15 Running Club A.C.
364	104	Tadhg COWLEY	39:54	82	MS	Clonliffe Harriers A.C.
371	105	Nabeel VANDAYAR	45:52	422	MS	LSA A.C.
372	106	Darren LEONARD	46:13	412	MS	LSA A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
4	1	Kieran KELLY	14:36	315	M35	Raheny Shamrock A.C.
13	2	John-Joe DOHERTY	15:27	849	M35	Finn Valley A.C.
17	3	Colm TURNER	15:38	809	M35	Brothers Pearse A.C.
19	4	Kieran REGAN	15:41	790	M35	Brothers Pearse A.C.
26	5	Geoffrey ALEXANDRE	15:54	550	M35	Liffey Valley A.C.
32	6	James KELLY	16:06	42	M35	Castlecomer A.C.
34	7	Eoin GALLAGHER	16:07	595	M35	Skerries A.C.
42	8	Conor BYRNE	16:20	225	M35	Galway City Harriers A.C.
44	9	Thomas SHERLOCK	16:24	802	M35	Clonliffe Harriers A.C.
46	10	Terry SHANLEY	16:27	69	M35	Clane A.C.
49	11	Dean RYAN	16:38	428	M35	Newbridge A.C.
52	12	Anthony BRADY	16:40	861	M35	Coolock Running Club A.C.
73	13	Colin DALY	17:05	458	M35	Skerries A.C.
90	14	Joe HOLT	17:30	638	M35	LSA A.C.
104	15	Michael O'CONOR	17:48	130	M35	Crusaders A.C.
107	16	Chris CAMPBELL	17:50	673	M35	Dunboyne A.C.
111	17	Keith BROWNE	17:59	288	M35	Newbridge A.C.
123	18	Alex NEWTON	18:17	772	M35	Donore Harriers A.C.
125	19	Néill O'SHEA	18:19	183	M35	Dublin Front Runners A.C.
126	20	Mikel CRISOSTOMO	18:20	689	M35	Crusaders A.C.
127	21	Mark KILCOYNE	18:21	32	M35	Blackrock (Dublin) A.C.
128	22	Koffi KPOGLO	18:22	742	M35	Donore Harriers A.C.
134	23	Mark BROGAN	18:34	669	M35	St. Coca's A.C.
144	24	Kishor SHELAK	18:48	636	M35	Donore Harriers A.C.
149	25	Robert COLLINS	18:55	558	M35	Liffey Valley A.C.
153	26	Rory GOLDSMITH	18:57	35	M35	Bray Runners A.C.
163	27	James FOLEY	19:15	250	M35	Liffey Valley A.C.
164	28	Jay BOWEN	19:18	621	M35	Civil Service Harriers A.C.
167	29	Pauric CARROLL	19:19	429	M35	Portmarnock A.C.
177	30	Cormac LONG	19:32	551	M35	Liffey Valley A.C.
178	31	Alejandro CAVALLO	19:34	627	M35	Liffey Valley A.C.
186	32	Richard DEENEY	19:42	430	M35	Rathfarnham W.S.A.F. A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
191	33	Cormac DOWLING	19:52	211	M35	Dunshaughlin A.C.
193	34	Evan DEVANEY	19:56	434	M35	Donore Harriers A.C.
206	35	Philip DEMPSEY	20:24	827	M35	Civil Service Harriers A.C.
223	36	Ian NOLAN	20:57	774	M35	Donore Harriers A.C.
229	37	Daniel TOOMEY	21:14	564	M35	Lusk A.C.
232	38	Damian WHITE	21:19	271	M35	Lusk A.C.
237	39	Gerard MARLEY	21:47	278	M35	Milford A.C.
253	40	Gary FLANAGAN	22:24	839	M35	Lusk A.C.
258	41	Andrew MONAGHAN	22:54	475	M35	Bray Runners A.C.
262	42	Conor O'SULLIVAN	23:12	785	M35	Dublin Front Runners A.C.
263	43	David DORAN	23:16	78	M35	Clonliffe Harriers A.C.
273	44	Ciaran HAUGHTON	23:57	2436	M35	Newbridge A.C.
279	45	Mick MOONEY	24:11	148	M35	D15 Running Club A.C.
287	46	Alan J KAVANAGH	24:50	733	M35	Dundrum South Dublin A.C.
289	47	Michael O'DONOGHUE	24:56	28	M35	Blackrock (Dublin) A.C.
292	48	Garret SAMMON	25:12	873	M35	Dublin Front Runners A.C.
299	49	Keith MALONE	25:59	107	M35	Coolock Running Club A.C.
302	50	Keith MCCANN	26:12	754	M35	Coolock Running Club A.C.
306	51	Will HALLOWS	26:31	841	M35	North Clondalkin Running Club A.C.
311	52	Edson FERREIRA	26:52	226	M35	Glendalough Harriers A.C.
315	53	Alan DOYLE	27:01	463	M35	Dunboyne A.C.
319	54	Eoin DUNPHY	27:25	66	M35	Civil Service Harriers A.C.
329	55	Colm KERR	29:02	640	M35	Liffey Valley A.C.
333	56	Greg WALSH	29:19	812	M35	Liberties Running Club
343	57	James COFFEY	33:12	531	M35	Dunboyne A.C.
361	58	Ian MOONEY	38:42	142	M35	D15 Running Club A.C.
368	59	Christopher BURNS	44:44	10	M35	Ballymun A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
15	1	Brian CONROY	15:37	500	M40	Clane A.C.
23	2	James ELGAR	15:48	223	M40	Galway City Harriers A.C.
27	3	Colin GRIFFIN	15:58	725	M40	Ballinamore A.C.
35	4	David O'CONNOR	16:08	488	M40	Celbridge A.C.
38	5	Eoin HINCHY	16:12	731	M40	Brothers Pearse A.C.
60	6	Anthony DORAN	16:46	79	M40	Clonliffe Harriers A.C.
61	7	Robert O'BRIEN	16:47	777	M40	Brothers Pearse A.C.
63	8	Kenneth NUGENT	16:51	521	M40	Donore Harriers A.C.
85	9	Michael FLANAGAN	17:23	538	M40	Galway City Harriers A.C.
110	10	Michael MURPHY	17:57	321	M40	Rathfarnham W.S.A.F. A.C.
113	11	Colm MCCARTHY	18:01	352	M40	Skerries A.C.
115	12	Alessandro PORAZZINI	18:06	816	M40	Balbriggan & District A.C.
135	13	Barry COMER	18:34	837	M40	Dunboyne A.C.
142	14	John TUMILTY	18:46	576	M40	North East Runners A.C.
159	15	David DALY	19:08	353	M40	Skerries A.C.
162	16	Owen MCNAMEE	19:14	761	M40	Donore Harriers A.C.
165	17	Peter BOWE	19:18	449	M40	Liffey Valley A.C.
171	18	Steve WELDON	19:23	267	M40	Lusk A.C.
172	19	Simon GIBNEY	19:27	535	M40	Dundrum South Dublin A.C.
174	20	Lyall GUINEY	19:29	432	M40	Athenry A.C.
195	21	Stephen DAWSON	20:00	162	M40	Donore Harriers A.C.
209	22	Emmet DOWLING	20:32	2025	M40	Artane/Beaumont Running Club
219	23	Pauric MCBREARTY	20:52	453	M40	Metro/St. Brigid's A.C.
227	24	Liam HEFFERNAN	21:11	186	M40	Dunboyne A.C.
241	25	Patrick MULDOON	21:50	572	M40	Mullingar Harriers A.C.
244	26	David MITCHELL	21:55	549	M40	Liffey Valley A.C.
248	27	Cathal RIGNEY	22:11	791	M40	Dublin Front Runners A.C.
256	28	Michael LYNCH	22:53	126	M40	Crusaders A.C.
265	29	Sunil SINGH	23:24	496	M40	Civil Service Harriers A.C.
266	30	Michael WALSH	23:24	23	M40	Blackrock (Dublin) A.C.
283	31	Philip HANNA	24:32	494	M40	Civil Service Harriers A.C.
285	32	James CARROLL	24:48	675	M40	Dublin Front Runners A.C.



National 5k
Mens Category results
Pheonix Park
17th May 2025

123.ie

Place	Cat Place	Name	Time	Bib	Age Cat	Club
295	33	Gregory LOWRY	25:27	106	M40	Coolock Running Club A.C.
297	34	Waldemar OCHAB	25:40	579	M40	Polish Runners Club Ireland A.C.
301	35	Gary PURDUE	26:11	9356	M40	Coolock Running Club A.C.
321	36	Adam SHAH	27:38	2029	M40	Artane/Beaumont Running Club
328	37	Ashley MCCALL	28:59	753	M40	Dublin Front Runners A.C.
334	38	Eric BANEHAM	29:51	471	M40	Artane/Beaumont Running Club
351	39	Derek PIGOTT	36:09	821	M40	Ballymun A.C.
359	40	Wes DARGAN	38:23	874	M40	Cherry Orchard Running A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
25	1	Cillian O'LEARY	15:53	587	M45	Raheny Shamrock A.C.
53	2	Colin COYNE	16:40	688	M45	St. Abbans A.C
64	3	Mick MCMAHON	16:56	71	M45	Clonliffe Harriers A.C.
79	4	Kieran SCULLION	17:13	441	M45	Ballymena Runners
84	5	Nigel ROY	17:22	794	M45	Skerries A.C.
91	6	Bernard GERAGHTY	17:30	866	M45	Donore Harriers A.C.
102	7	David REIDY	17:47	589	M45	Rathfarnham W.S.A.F. A.C.
105	8	Tony STANLEY	17:48	824	M45	Beechmount Harriers A.C.
119	9	Garrett LOY	18:12	101	M45	Clonliffe Harriers A.C.
131	10	Gavan FARRELL	18:28	437	M45	Skerries A.C.
137	11	Brian LEAHY	18:43	309	M45	Raheny Shamrock A.C.
139	12	Jacek LATALA	18:45	650	M45	Lucan Harriers A.C.
140	13	Cathal HENRY	18:45	266	M45	Lusk A.C.
146	14	Kenneth SHANNON	18:51	844	M45	Raheny Shamrock A.C.
150	15	Joe KEENA	18:55	181	M45	Dublin Front Runners A.C.
156	16	Paul HUMPHRIES	19:04	300	M45	Portmarnock A.C.
160	17	Bernard O'SULLIVAN	19:11	557	M45	Liffey Valley A.C.
175	18	Neil DUFFY	19:30	548	M45	Liffey Valley A.C.
179	19	Ronan BYRNE	19:35	323	M45	Rathfarnham W.S.A.F. A.C.
180	20	Paul WOODS	19:35	404	M45	Drogheda and District A.C.
185	21	Matt MORHAN	19:41	91	M45	Clonliffe Harriers A.C.
203	22	Bryan DURKAN	20:20	835	M45	Dublin Front Runners A.C.
204	23	David SHANAHAN	20:22	2056	M45	Liberties Running Club
207	24	John DILLON	20:24	522	M45	Donore Harriers A.C.
217	25	Keith CREEDON	20:45	515	M45	Donore Harriers A.C.
234	26	Marcus COWZER	21:27	334	M45	Shelters Running Community A.C.
238	27	Raymond HARRINGTON	21:49	212	M45	Eagle A.C.
239	28	Nigel HANNON	21:49	729	M45	Clane A.C.
243	29	Darren SCANLON	21:53	796	M45	Shelters Running Community A.C.
245	30	Arik WARSHAGER	21:57	30	M45	Blackrock (Dublin) A.C.
247	31	Anthony DUNNE	22:09	702	M45	Brothers Pearse A.C.
257	32	Aleksei IVANOV	22:53	476	M45	Bray Runners A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
284	33	Keith FARRELL	24:35	493	M45	Civil Service Harriers A.C.
298	34	Alan ROGERS	25:42	620	M45	Up and Out Fitness A.C.
317	35	Stephen DOWNEY	27:08	380	M45	LOVE2RUN A.C.
325	36	Gordon HUGHES	28:21	134	M45	D15 Running Club A.C.
327	37	Keith NELSON	28:39	613	M45	Artane/Beaumont Running Club
341	38	Declan QUIGLEY	32:36	860	M45	Coolock Running Club A.C.
342	39	Gerard BOSHELL	32:48	117	M45	Coolock Running Club A.C.
353	40	Gary SEERY	36:37	170	M45	Dublin Bay Running A.C.
354	41	David GALVIN	37:10	343	M45	Shelters Running Community A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
22	1	Declan REED	15:45	789	M50	City Of Derry Spartans A.C.
39	2	Shane O'NEILL	16:13	324	M50	Rathfarnham W.S.A.F. A.C.
41	3	Maurice MCMAHON	16:19	406	M50	North East Runners A.C.
45	4	Liam O'CONNOR	16:24	409	M50	Grange/Fermoy A.C.
51	5	Paul FLEMING	16:39	457	M50	Rathfarnham W.S.A.F. A.C.
57	6	Ger HARTNETT	16:42	607	M50	Tuam A.C.
65	7	Ciaran MCCARTHY	16:56	319	M50	Raheny Shamrock A.C.
80	8	Seamus MCSWEENEY	17:13	540	M50	Grange/Fermoy A.C.
81	9	Arnaud BENJACAR	17:16	248	M50	Liffey Valley A.C.
82	10	Kieran MCKEOWN	17:18	230	M50	Grange/Fermoy A.C.
87	11	Liam BRADLEY	17:25	235	M50	Inishowen A.C.
89	12	Brian CAULFIELD	17:29	678	M50	Blackrock (Dublin) A.C.
92	13	Sean BURKE	17:30	461	M50	Tuam A.C.
95	14	Paul BLANEY	17:36	823	M50	Beechmount Harriers A.C.
99	15	Kealan O'CONNOR	17:42	229	M50	Grange/Fermoy A.C.
118	16	Brian O'REILLY	18:10	504	M50	Clonliffe Harriers A.C.
120	17	Michael CLANCY	18:14	393	M50	Mallow A.C.
122	18	Michael MURPHY	18:15	869	M50	Mallow A.C.
138	19	John KELLY	18:44	272	M50	Mallow A.C.
143	20	Peter NOONE	18:47	227	M50	Glenmore A.C.
147	21	Donal IREMONGER	18:52	249	M50	Liffey Valley A.C.
158	22	Keith FLEMING	19:05	714	M50	Raheny Shamrock A.C.
168	23	Richard WHITE	19:21	29	M50	Blackrock (Dublin) A.C.
173	24	Shane MCCARTHY	19:27	33	M50	Boyle A.C.
187	25	John POWER	19:46	355	M50	Skerries A.C.
192	26	Noel RYAN	19:55	63	M50	Civil Service Harriers A.C.
199	27	Cian MANGAN	20:12	191	M50	Dunboyne A.C.
201	28	Nicholas DONNELLY	20:15	31	M50	Blackrock (Dublin) A.C.
215	29	Owen MCKINNEY	20:39	622	M50	Inishowen A.C.
221	30	Karl DUFF	20:53	701	M50	Irish Mountain Cardio A.C.
230	31	Paul NUNAN	21:16	519	M50	Donore Harriers A.C.
231	32	Antonio LORENTE MENDEZ	21:18	256	M50	Liffey Valley A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
236	33	Mark DEVINE	21:45	510	M50	Donore Harriers A.C.
242	34	Seamus PEPPARD	21:50	635	M50	Carrick Aces A.C.
250	35	Colin CUFFE	22:21	165	M50	Drogheda and District A.C.
251	36	Robin BLACKMORE	22:21	2024	M50	Artane/Beaumont Running Club
255	37	Ivo MILTCHEV	22:49	814	M50	Balbriggan & District A.C.
264	38	Peter DOYLE	23:21	499	M50	Clane A.C.
268	39	Neal LEDDY	23:39	273	M50	Marathon Club Ireland A.C.
270	40	John GLEESON	23:46	516	M50	Donore Harriers A.C.
272	41	Chris BANNON	23:53	122	M50	Crusaders A.C.
274	42	Dylan BARRY	23:58	612	M50	Wexford Marathon A.C.
293	43	Gerard FAY	25:18	585	M50	Raheny Shamrock A.C.
294	44	Ron HOGAN	25:23	559	M50	LOVE2RUN A.C.
312	45	Paddy MURPHY	26:53	147	M50	D15 Running Club A.C.
314	46	David DE LA VEGA	26:58	593	M50	Ratoath A.C.
336	47	Patrick NULTY	31:35	184	M50	Dunboyne A.C.
337	48	Derek SHERRY	32:08	335	M50	Shelters Running Community A.C.
344	49	John LEONARD	33:56	135	M50	D15 Running Club A.C.
348	50	Gerard BYRNE	34:47	672	M50	D15 Running Club A.C.
352	51	Kenneth O'DRISCOLL	36:21	55	M50	Cherry Orchard Running A.C.
356	52	Paula HANNAN	37:42	443	M50	Celbridge A.C.
358	53	Shane BRADY	38:00	667	M50	Raheny Shamrock A.C.
365	54	Damien CHRYSTAL	41:19	819	M50	Ballymun A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
50	1	Ronan O'REILLY	16:38	22	M55	Ballyroan Abbeyleix & District
58	2	Des TREMBLE	16:44	518	M55	Donore Harriers A.C.
72	3	Pauric MCKINNEY	17:03	542	M55	Inishowen A.C.
74	4	Mark SMITH	17:05	848	M55	Mallusk Harriers
83	5	Kenny MCANDREW	17:19	567	M55	Metro/St. Brigid's A.C.
86	6	Kevin THOMPSON	17:24	459	M55	Skerries A.C.
93	7	Martin MCLUCAS	17:31	234	M55	Inishowen A.C.
98	8	Sean MCCREERY	17:40	588	M55	Rathfarnham W.S.A.F. A.C.
117	9	Colm MURRAY	18:09	592	M55	Rathfarnham W.S.A.F. A.C.
136	10	John MURPHY	18:37	541	M55	Grange/Fermoy A.C.
155	11	Paul DONOHOE	19:02	698	M55	Bray Runners A.C.
182	12	Anthony LEE	19:36	746	M55	Raheny Shamrock A.C.
183	13	Charni PUREWAL	19:38	472	M55	Balbriggan & District A.C.
184	14	Jim QUINN	19:39	197	M55	Dundrum South Dublin A.C.
194	15	Eddie MCGRATH	19:57	464	M55	Liffey Valley A.C.
196	16	Martin KEENAN	20:04	70	M55	Clane A.C.
197	17	Brian MCWEENEY	20:10	762	M55	Raheny Shamrock A.C.
198	18	Peter NUGENT	20:10	159	M55	Donore Harriers A.C.
218	19	Conor O'REILLY	20:48	356	M55	Skerries A.C.
235	20	Neil BROWN	21:44	670	M55	Crusaders A.C.
254	21	Tim MURPHY	22:47	600	M55	Sportsworld A.C.
288	22	Stephen O'BEIRNE	24:53	533	M55	Dunboyne A.C.
303	23	Anthony RICE	26:13	467	M55	Ratoath A.C.
305	24	Tom CASSIDY	26:28	677	M55	Coolock Running Club A.C.
309	25	Barry RYAN	26:49	65	M55	Civil Service Harriers A.C.
326	26	Alan SMITH	28:26	836	M55	Dublin Front Runners A.C.
331	27	Seamus MCMAHON	29:11	760	M55	Clonliffe Harriers A.C.
335	28	Joseph FOWLER	30:28	717	M55	Clonliffe Harriers A.C.
346	29	Christopher JONES	34:24	39	M55	Brothers Pearse A.C.
347	30	Gary GIBNEY	34:35	720	M55	Shelters Running Community A.C.
366	31	Anthony O'SULLIVAN	43:12	21	M55	Ballymun A.C.
370	32	Noel LEDDY	45:23	379	M55	Dunboyne A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
112	1	Damien MARTIN	17:59	312	M60	Raheny Shamrock A.C.
132	2	Eddie LYNCH	18:29	285	M60	Mullingar Harriers A.C.
154	3	Willie O'DONOGHUE	19:01	568	M60	Mooreabbey Milers A.C.
157	4	Philip MCGOVERN	19:04	757	M60	Raheny Shamrock A.C.
166	5	Simon BOYLE	19:18	623	M60	North Down AC
176	6	Barry MACKEY	19:30	653	M60	Letterkenny A.C.
202	7	Dave WOODS	20:19	318	M60	Raheny Shamrock A.C.
213	8	Aidan MCGRATH	20:37	473	M60	Ballymun A.C.
216	9	Dermot WOODGATE	20:41	61	M60	Civil Service Harriers A.C.
228	10	Denis MURPHY	21:13	313	M60	Raheny Shamrock A.C.
275	11	Stephen NAUGHTON	23:59	867	M60	St. Brigids A.C.
281	12	Martin MOONEY	24:14	442	M60	Castleknock Running Club
313	13	Tony LYNCH	26:54	2026	M60	Artane/Beaumont Running Club
316	14	Kevin KENNY	27:03	737	M60	Crusaders A.C.
322	15	Joe DELANEY	27:38	67	M60	Civil Service Harriers A.C.
339	16	Donal LEAHY	32:26	415	M60	West Limerick A.C.
345	17	Jim GOLDEN	34:05	411	M60	Civil Service Harriers A.C.
367	18	Patrick O'CALLAGHAN	44:06	25	M60	Blackrock (Dublin) A.C.

Place	Cat Place	Name	Time	Bib	Age Cat	Club
109	1	David CLARKE	17:52	290	M65	North Belfast Harriers
129	2	Tommy HUGHES	18:24	9250	M65	Strive Racing Club
181	3	Gerry BOYLE	19:35	652	M65	Rathfarnham W.S.A.F. A.C.
188	4	Pat CORCORAN	19:48	371	M65	Trim A.C.
211	5	Eugene DOHERTY	20:33	597	M65	Sliabh Bhuide Rovers A.C.
224	6	Joe GALLAGHER	21:03	618	M65	North Belfast Harriers
252	7	Diarmuid DOYLE	22:23	699	M65	Clonliffe Harriers A.C.
261	8	Tony KYNES	23:10	514	M65	Donore Harriers A.C.
310	9	Hugh MCDONNELL	26:50	60	M65	Civil Service Harriers A.C.
330	10	Enda MCMORROW	29:06	534	M65	Dundrum South Dublin A.C.



National 5k
Mens Category results
Pheonix Park
17th May 2025

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Place	Cat Place	Name	Time	Bib	Age Cat	Club
233	1	Vincent O'NEILL	21:20	64	M70	Civil Service Harriers A.C.
246	2	Martin KELLY	21:57	274	M70	Menapians A.C.
260	3	Martin KERR	23:02	739	M70	Milford A.C.
269	4	Brian MCGRATH	23:40	637	M70	Le Chéile A.C.
300	5	Nicky MCCABE	25:59	284	M70	Mullingar Harriers A.C.
318	6	Joe COOPER	27:22	253	M70	Liffey Valley A.C.
340	7	Denis GLEESON	32:31	389	M70	Crusaders A.C.
363	8	Jim DWYER	39:50	413	M70	Lucan Harriers A.C.



National 5k
Mens Category results
Pheonix Park
17th May 2025

123.ie

Place	Cat Place	Name	Time	Bib	Age Cat	Club
259	1	Terry EAKIN	22:56	293	M75	North Down AC
290	2	Pat COLLINS	25:07	616	M75	Liffey Valley A.C.
296	3	Paddy REILLY	25:39	245	M75	Liffey Valley A.C.



National 5k
Mens Category results
Pheonix Park
17th May 2025

123.ie

Place	Cat Place	Name	Time	Bib	Age Cat	Club
369	1	Hugh CAROLAN	45:19	37	M80	Bray Runners A.C.