



Athletics
Ireland

National 5k
Mast Women 35-49 Team
Pheonix Park
17th May 2025

123.ie

Dunboyne A.C. 35-49

1	Runner Name	Time	Sub Category	Total Time
	Jane BANDILA	18:34	F40	00:58:18
	Eimear Marie ENGLISH	19:24	F35	
	Clodagh DUNPHY	20:21	F45	

Rathfarnham W.S.A.F. A.C. 35-49

2	Runner Name	Time	Sub Category	Total Time
	Louise GAFFNEY	18:54	F35	01:01:12
	Catriona DOWLING	20:14	F35	
	Esther LAWLOR	22:04	F45	

Donore Harriers A.C. 35-49

3	Runner Name	Time	Sub Category	Total Time
	Amy MORIARTY	20:48	F35	01:03:45
	Ariana BALL	21:09	F40	
	Treasa RYAN	21:49	F35	

Mullingar Harriers A.C. 35-49

4	Runner Name	Time	Sub Category	Total Time
	Aeilish MCGOVERN	20:50	F45	01:07:33
	Linda CUNNINGHAM	22:19	F45	
	Brigid MCCABE	24:24	F70	

Liffey Valley A.C. 35-49

5	Runner Name	Time	Sub Category	Total Time
	Stephanie HAWKINS	22:11	F35	01:12:39
	Clare KAVANAGH	24:35	F55	
	Margaret O'FRIEL	25:53	F60	



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Civil Service Harriers A.C. 35-49

6	Runner Name	Time	Sub Category	Total Time
	Alison MCCORMICK	23:15	F35	01:13:44
	Clodagh VAHEY	24:48	F55	
	Ciara DOWLING	25:41	F35	

Drogheda and District A.C. 35-49

7	Runner Name	Time	Sub Category	Total Time
	Andrea MCARDLE	22:55	F45	01:15:48
	Fiona MURPHY	26:11	F45	
	Jennifer GREGORY	26:42	F40	

Balbriggan & District A.C. 35-49

8	Runner Name	Time	Sub Category	Total Time
	Ramune ZOLBIENE	21:59	F40	01:15:55
	Fiona MOORE	22:59	F50	
	Denisa SANTO	30:58	F35	

Clonliffe Harriers A.C. 35-49

9	Runner Name	Time	Sub Category	Total Time
	Jenny JOHNSTON	20:15	F35	01:18:05
	Lyndsey BYRNE	28:41	F35	
	Melissa LYNCH (O'SHEA)	29:11	F35	

Lucan Harriers A.C. 35-49

10	Runner Name	Time	Sub Category	Total Time
	Anne WHELAN	23:01	F60	01:18:51
	Fiona ALLEN	27:45	F45	
	Eileen O'BRIEN	28:05	F70	



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Celbridge A.C. 35-49

11	Runner Name	Time	Sub Category	Total Time
	Claire MILLAR	23:42	F45	01:19:52
	Bridget O'BRIEN	24:09	F60	
	Niamh DELANEY	32:01	F35	

Liberties Running Club 35-49

12	Runner Name	Time	Sub Category	Total Time
	Jenny JONES	27:23	F40	01:23:26
	Amy HENDERSON	27:47	F40	
	Dylan NAUGHTON	28:17	F45	

D15 Running Club A.C. 35-49

13	Runner Name	Time	Sub Category	Total Time
	Martina CARTON	26:23	F50	01:26:21
	Julie-Ann GAHAN	28:21	F40	
	Sarra LACKEN	31:37	F35	

Coolock Running Club A.C. 35-49

14	Runner Name	Time	Sub Category	Total Time
	Wendy DOWNES	26:27	F50	01:30:50
	Andrea LEGGETT	31:10	F45	
	Trish MCLOUGHLIN	33:13	F50	

North Clondalkin Running Club A.C. 35-49

15	Runner Name	Time	Sub Category	Total Time
	Helen ROGERS	28:11	F45	01:32:33
	Yvonne BEHAN	31:24	F60	
	Jane O'NEILL	32:59	F40	



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Shelters Running Community A.C. 35-49

16	Runner Name	Time	Sub Category	Total Time
	Brenda FERRIS	31:49	F40	01:36:46
	Catherine DUNNE	32:08	F35	
	Deirdre O'HARA	32:50	F45	

LSA A.C. 35-49

17	Runner Name	Time	Sub Category	Total Time
	Andrea LEGGETT	31:10	F45	01:48:36
	Ursula ELLIOTT	35:12	F40	
	June FITZPATRICK	42:14	F45	

Ballymun A.C. 35-49

18	Runner Name	Time	Sub Category	Total Time
	Antoinette SMITH	34:43	F40	01:48:59
	Rachael DEVINE	37:08	F45	
	Kirsty MURPHY	37:08	F35	

Cherry Orchard Running A.C. 35-49

19	Runner Name	Time	Sub Category	Total Time
	Nicola LENNON	39:04	F40	01:57:49
	Martina LOWRY	39:04	F40	
	Nikita CLANCY	39:42	F35	