



Athletics
Ireland

National 5k
Senior Women Team
Pheonix Park
17th May 2025

123.ie

Dundrum South Dublin A.C.

1	Runner Name	Time	Sub Category	Total Time
	Ella FENNELLY	16:40	FS	00:51:33
	Meghan RYAN	16:59	FS	
	Saoirse O'BRIEN	17:55	FS	

Annadale Striders

2	Runner Name	Time	Sub Category	Total Time
	Hannah GILLILAND	16:18	FS	00:52:24
	Catriona EDINGTON	17:37	FS	
	Lucy BACKUS	18:30	FS	

Metro/St. Brigid's A.C.

3	Runner Name	Time	Sub Category	Total Time
	Catherina MULLEN	16:47	FS	00:55:03
	Kate O'NEILL	18:40	F40	
	Sarah FAY	19:37	FS	

Crusaders A.C.

4	Runner Name	Time	Sub Category	Total Time
	Sarah-Grace BREEN	18:07	FS	00:57:03
	Adrienne JORDAN	19:09	F45	
	Isabella GYORI	19:48	FS	

Dublin City Harriers A.C.

5	Runner Name	Time	Sub Category	Total Time
	Cliona MURPHY	17:35	FS	00:57:04
	Brianna MCGHEE	19:41	FS	
	Clíodhna RYAN	19:49	FS	



Athletics
Ireland

National 5k
Senior Women Team
Pheonix Park
17th May 2025

123.ie

Clonliffe Harriers A.C.

6	Runner Name	Time	Sub Category	Total Time
	Alannah COOLEY	18:59	FS	00:57:39
	Jesseka GALLAGHER	19:17	FS	
	Aoife O'REILLY	19:24	FS	

Liffey Valley A.C.

7	Runner Name	Time	Sub Category	Total Time
	Clíodhna TUTTY BARDON	19:10	FS	00:59:53
	Rebecca MCLOUGHLIN	20:17	FS	
	Lynn DEVITT	20:26	F40	

Sportsworld A.C.

8	Runner Name	Time	Sub Category	Total Time
	Aoife CARROLL	18:03	FS	01:00:04
	Lorna QUINN	19:57	F40	
	Stephanie BERGIN	22:04	F40	

Raheny Shamrock A.C.

9	Runner Name	Time	Sub Category	Total Time
	Ciara BRADY	18:20	FS	01:01:43
	Sorcha DELARGY	21:16	FS	
	Orla GILHEANEY	22:09	FS	

Civil Service Harriers A.C.

10	Runner Name	Time	Sub Category	Total Time
	Gemma TREACY	20:48	F45	01:04:38
	Daniela CIUPAC	21:00	FS	
	Pozo MARIA	22:51	F50	



Athletics
Ireland

National 5k
Senior Women Team
Pheonix Park
17th May 2025

123.ie

North Down AC

11	Runner Name	Time	Sub Category	Total Time
	Tara MCDONOUGH	18:41	FS	01:05:49
	Glynis BOYLE	22:29	F60	
	Paula SIMPSON	24:39	F55	

Donore Harriers A.C.

12	Runner Name	Time	Sub Category	Total Time
	Laura NUNAN	20:14	FS	01:06:02
	Niamh CLARKE	21:38	FS	
	Catherine MCKEON	24:10	F45	

Brothers Pearse A.C.

13	Runner Name	Time	Sub Category	Total Time
	Sarah HADE	20:11	FS	01:06:05
	Deborah KELLY	22:29	F50	
	Louise O'BRIEN	23:26	F45	

Dunboyne A.C.

14	Runner Name	Time	Sub Category	Total Time
	Laura WHITTAKER	21:01	F40	01:06:17
	Emer MADDEN	21:20	F45	
	Aoife WHELAN	23:58	F40	

Celbridge A.C.

15	Runner Name	Time	Sub Category	Total Time
	Sinead O'NEILL O'CONNOR	21:36	FS	01:08:06
	Michelle MCCABE	22:51	F55	
	Sandra MCLAUGHLIN	23:40	F55	



Athletics
Ireland

National 5k
Senior Women Team
Pheonix Park
17th May 2025

123.ie

Lusk A.C.

16	Runner Name	Time	Sub Category	Total Time
	Niamh COUGHLAN	19:34	F35	01:11:31
	Geraldine MCHALE	21:32	F50	
	Erica CASEY	30:26	FS	

D15 Running Club A.C.

17	Runner Name	Time	Sub Category	Total Time
	Orla MOORE	23:19	F40	01:12:36
	Seanagh CARTON	23:42	FS	
	Danielle CULLEN	25:36	F35	

Dublin Front Runners A.C.

18	Runner Name	Time	Sub Category	Total Time
	Jessica QUINN	21:29	FS	01:19:01
	Caoimhe HICKEY	28:01	F45	
	Elaine STONE	29:32	F35	

Artane/Beaumont Running Club

19	Runner Name	Time	Sub Category	Total Time
	Aine NÍGHLOINN	24:17	F40	01:19:03
	Katie MCGRATH	25:58	FS	
	Sarah DICKSON	28:48	F35	

Castleknock Running Club

20	Runner Name	Time	Sub Category	Total Time
	June O'NEILL	25:16	F40	01:20:34
	Della MCGUINNESS	26:20	FS	
	Julia DALY	29:00	FS	



Athletics
Ireland

National 5k
Senior Women Team
Pheonix Park
17th May 2025

123.ie

Liberties Running Club

21	Runner Name	Time	Sub Category	Total Time
	Natalie SHANAHAN	28:37	F45	01:25:54
	Lynsey LYNAM	28:38	F40	
	Nadia DORAN	28:40	F35	

Shelters Running Community A.C.

22	Runner Name	Time	Sub Category	Total Time
	Brenda FERRIS	31:49	F40	01:36:46
	Catherine DUNNE	32:08	F35	
	Deirdre O'HARA	32:50	F45	

Cherry Orchard Running A.C.

23	Runner Name	Time	Sub Category	Total Time
	Katie GROGAN	25:59	FS	01:41:21
	Alicia DONOGHUE	36:19	FS	
	Nicola LENNON	39:04	F40	

Ballymun A.C.

24	Runner Name	Time	Sub Category	Total Time
	Laura MILLS	34:40	FS	01:46:30
	Antoinette SMITH	34:43	F40	
	Rachael DEVINE	37:08	F45	

Coolock Running Club A.C.

25	Runner Name	Time	Sub Category	Total Time
	Nicole LUDLOW	33:55	FS	01:46:51
	Ursula ELLIOTT	35:12	F40	
	Sinead LAWLOR	37:44	FS	



Athletics
Ireland

National 5k
Senior Women Team
Pheonix Park
17th May 2025

123.ie

North Clondalkin Running Club A.C.

26	Runner Name	Time	Sub Category	Total Time
	Muireann NÍ DHONNAGÁIN	35:52	FS	01:48:17
	Sharon BRENNAN	36:04	FS	
	Gillian CONWAY	36:21	F40	

LSA A.C.

27	Runner Name	Time	Sub Category	Total Time
	Nicole LUDLOW	33:55	FS	01:57:22
	Sinead LAWLOR	37:44	FS	
	Lesley REDMOND	45:43	F40	