

Please see European u20 Selection Policy [https://www.athleticsireland.ie/wp-content/uploads/2025/01/25\\_EuroU20\\_policy.pdf](https://www.athleticsireland.ie/wp-content/uploads/2025/01/25_EuroU20_policy.pdf) for full details on Selection Criteria, but please note;

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**Achieving a Performance Standard gives no right or guarantee of selection.**

**Updated: 18<sup>th</sup> June 2025**

Athlete	Club	Coach(es)	Event	Performance I	Performance II	A Standard	B Standard	Venue	Date
<b>Conor Kelly</b>	Finn Valley	Paul Miller	<b>400m</b>	46.18	46.63i	47.10	48.00	Brussels	24/05/2025
				46.54i	46.80i			Sheffield	09/02/2025
					46.81			NIA, Dublin	23/02/2025
								NIA, Dublin	22/02/2025
								Lee Valley	01/06/2025
			<b>200m</b>	21.01	21.40i	21.15	21.50	Brussels	25/05/2025
				21.13 (-0.6)				Lee Valley	21/04/2025
								Lee Valley	18/01/2025
			<b>100m</b>	10.58 (+0.6)		10.45	10.60	Lee Valley	21/04/2025
<b>Donal Martin</b>	Blackrock	Paul Conroy	<b>200m</b>	21.47i		21.15	21.50	Athlone	09/03/2025
<b>Joe Burke</b>	Templemore	Cillian Griffin	<b>200m</b>	21.33 (+0.8)		21.15	21.50	Wetzlar	07/06/2025
<b>Sean Doggett</b>	Athenry	Stephen Doggett	<b>400m</b>	47.22	47.46	47.10	48.00	Tullamore	31/05/2025
					47.63i			Athlone	14/05/2025
					47.65			Athlone	09/03/2025
					47.69i			Belfast	10/05/2025

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Des O'Neill								NIA Dublin	23/02/2025
	Raheny Shamrock	Louis Keogh	400mh	52.61		51.90	53.10	Brussels	25/05/2025
			400m	47.65i		47.10	48.00	Athlone	09/03/2025
Alex Cullen	KCH	Nicola Barron & May Hutt	400m	47.81		47.10	48.00	Belfast	10/05/2025
Ethan Dewhirst	Tir Chonaill	Brian McGonagle	400mh	52.14 52.66	52.99	51.90	53.10	Lisbon Loughborough Tullamore	10/06/2025 19/04/2025 18/05/2025
Oisin Lynch	Killarney Valley	Damon Martin & Con Lynch	800m	1:48.88		1:48.50	1:49.75	Nivelles	14/06/2025
Cormac Dixon	Tallaght	Ray Treacy	3000m	7:56.59i 8:07.09i		8:10.00	8:15.00	Boston Chicago	01/02/2025 01/03/2025
			1500m	3:46.24i		3:46.50	3:44.00	Boston	14/02/2025
			5000m	13:57.99		14:10.00	14:26.00	Raleigh	27/03/2025

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Noah Harris	Parnell	Joe Ryan	3000m	8:08.13		8:10.00	8:15.00	Belfast	10/05/2025
			5000m	14:13.41		14:10.00	14:26.00	Brussels	24/05/2025
Cillian Gleeson	Celbridge	Feidhlim Kelly	3000m	8:09.99		8:10.00	8:15.00	Belfast	10/05/2025
			5000m	14:19.66		14:10.00	14:26.00	Tullamore	30/05/2025
Matthew Newell	Tuam	Pierce O'Callaghan & Jamie Costin	10km RW	44:52		43:00.00	45:30.00	Podebrady	18/05/2025
Seamus Clarke	Moy Valley	Deirdre Clarke	10km RW	43:22	21:41	43:00.00	45:30.00	Podebrady	18/05/2023
				44:37	(5K equiv std)	21:50		Dudince	22/03/2025
						(5k equiv)		Dublin	23/02/2025
Cian Crampton	Edenderry	Peter Collins	Discus	58.32m	55.85mi	58.00m	54.50m	Loughborough	01/06/2025
				57.34m	55.21m			Halle	24/05/2025
								Vaxjo	01/02/2025
								Tullamore	06/04/2025

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<b>Andrew Cooper</b>	Gowran	John Farrelly	<b>Shot</b>	18.20m		19.00m	17.85m	NIA, Dublin	01/03/2025
<b>Theo Hanlon</b>	Suncroft	Peter Collins	<b>Shot</b>	17.96m		19.00m	17.85m	Clonmel	03/05/2025
<b>Precious Akpe-Moses</b>	Blackrock (Louth)	Andy Paul	<b>200m</b>	24.07(+1.0)	24.19i	23.70	24.20	Loughborough Athlone	18/05/2025 09/03/2025
			<b>100m</b>	11.74 (+0.4)		11.60	11.75	Loughborough	18/05/2025
<b>Molly Daly</b>	Kilkenny CH	Rob Daly & Fiona Norwood	200m	23.67(+1.9)		23.70	24.20	Wetzlar	07/06/2025
<b>Erin Friel</b>	Letterkenny	Kathryn McDevitt	400m	54.28	54.75i	53.75	54.90	Brussels	24/05/2025
				54.42i				Athlone Athlone	30/03/2025 09/03/2025
<b>Gemma Galvin</b>	Ennis Track	Pat Hogan	<b>800m</b>	2:05.77	2:06.35	2:05.00	2:07.00	Clonmel UCD	03/05/2025 18/06/2025
			<b>1500m</b>	4:18.39		4:19.00	4:23.00	Belfast	10/05/2025

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<b>Pia Langton</b>	KCH	Nimah & Noel Richardson	<b>800m</b>	2:06.03		2:05.00	2:07.00	Belfast	14/06/2025
<b>Saoirse Fitzgerald</b>	Lucan Harriers	Niamh & Eoin Fitzgerald	<b>800m</b>	2:06.63	2:07.00	2:05.00	2:07.00	Clonmel Belfast	03/05/2025 10/05/2025
<b>Lorraine O'Connor</b>	Clonliffe Harriers	Declan Bolton	<b>1500m</b>	4:22.73i		4:19.00	4:23.00	Cardiff	12/01/2025
<b>Nicole Dinan</b>	Leevale	Cody Halsey	<b>1500m</b>	4:19.91	4:22.34 4:22.86 4:21.64	4:19.00	4:23.00	Baton Rouge Jacksonville, FL Tallahassee Gainsville, FL	26/04/2025 02/05/2025 28/03/2025 04/04/2025
<b>Emily Bolton</b>	Clonliffe Harriers	Declan Bolton	1500m	4:16.77	4:21.35	4:19.00	4:23.00	Belfast Clonmel	10/05/2025 03/05/2025
<b>Anna Gardiner</b>	East Down	Ray Treacy	<b>3000m</b>	9:26.44		9:25.00	9:35.00	Providence	11/04/2025
			<b>5,000m</b>	16:17.63 16:20.47		16:30.00	17:00.00	Storrs, CT Raleigh	17/05/2025 28/03/2025
<b>Dearbhla Allen</b>	St. Peter's	Simon Allen	<b>3000m s/c</b>	10:29.51	10:35.66	10:25.00	10:40.00	Birmingham Brussels	07/06/2025 25/05/2025

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<b>Caoimhe Flannery</b>	Skibbereen	Joan Hough	<b>3000m s/c</b>	10:35.38		10:25.00	10:40.00	Birmingham	07/06/2025
<b>Tara O'Connor</b>	Dundalk St. Gerards	Jean McArdle & Packie O'Connor	<b>High Jump</b>	1.81mi		1.85m	1.80m	NIA, Dublin	22/02/2025
<b>Enya Silkena</b>	Ratoath	Modris Silkens	<b>Heptathlon</b>	5434			5270	Valmiera	14&15/06/25
<b>U20 Girls 4x100m</b>		Olive Murphy	<b>4x100m relay</b>	45.92	46.00	46.10		Santry DSD	03/05/2025 14/06/2025
<b>U20 Boys 4x100m</b>		Karen Kirk	<b>4x100m relay</b>	40.39	40.88	41.10		Santry DSD	03/05/2025 14/06/2025
<b>U20 Girls 4x400m</b>		Dermot McGranaghan	<b>4x400m relay</b>	3:42.37		3:43.00		Tullamore	18/05/2025
<b>U20 Boys 4x400m</b>		Dermot McGranaghan	<b>4x400m relay</b>	3:10.14		3:13.00		Tullamore	18/05/2025