

Please see Athletics Ireland's European U/23 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2025/01/25_EuroU23_policy.pdf for full details on Selection Criteria, but please note;

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Updated: 9th June 2025

Athlete	Club	Coach(es)	Event	Performance I	Performance II	A Standard	B Standard	Venue	Date
Andrew Egan	Galway City Harriers	Brendan Glynn	200m	20.86(+2.0)	21.10(+1.0)	20.80	21.10	Santry Brussels	11/05/2023 25/05/2025
			400m	45.86		46.05	46.75	Oordegem	07/06/2025
Killian Fahy	Leevale	Dustin Allen	400m	46.23	46.27	46.05	46.75	Charlotte, NC	26/04/2025
					46.46			Winston-Salem, NC	16/05/2025
								Gainesville, FL	19/04/2025
Adam Nolan	St LO'T	Billy Delaney	110mh	14.08(+0.4)	14.11(+1.0)	13.75	14.20	Carlow	28/05/2025
								Tullamore	18/05/2025
Fintan Dewhirst	Tir Chonaill	Hayley & Drew Harrison	400mh	51.45		50.60	51.75	Brussels	25/05/2025
Lughaidh Mallon	UCD	Mark Krik	1500m	3:41.15		3:38.00	3:41.50	Birmingham	07/06/2025
Abdel Laadjel	Donore Harriers	Jerry Schumacher	5000m	13:29.79i	13:35.98	13:48.00	13:56.00	Boston Eugene	07/12/2024 18/05/2025
			10000m	28:29.17	29:27.42	29:15.00	29:40.00	Stanford	04/04/2025
								Eugene	16/05/2025

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Shane Brosnan	An Ríocht	Alex Gibby	5000m	13:37.65i	13:49.32	13:48.00	13:56.00	Boston	14/02/2025
				13:45.94i	7:53.86i	8:00.00 (3k eq std)		Boston	07/12/2024
								Winston-Salem, NC	17/04/2025
								Boston	08/02/2025
			10,000m	28:20.98		29:15.00	29:40.00	Raleigh	27/03/2025
Dean Casey	Ennis Track	Sean Carlson	5,000m	13:33.78	13:49.56i	13:48.00	13:56.00	Azusa, CA	17/04/2025
				13:37.14i				Boston	14/02/2025
				13:46.54i				Boston	01/02/2025
								Lubbock	28/02/2025
			10,000m	28:21.32		29:15.00	29:40.00	Raleigh	27/03/2025
Callum Morgan	CNDR Track	Mark Kirk	5,000m	13:35.36	7:59.63i	13:48.00	13:56.00	Brussels	24/05/2025
				13:54.35i		8:00.00		Boston	14/02/2025
						(3k eq std)		Gent	01/02/2025
Jake O'Brien	Moy Valley	Deirdre Clarke	10,000m RW	42:38		41:15.00	43:15.00	Dudince	22/03/2025
Oisín Joyce	Lake District	Padraic Joyce	Javelin	73.85m		75.00m	72.00m	Nicosia	16/03/2025

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Lucy May Sleeman	Leevale	Matt Kane	100m	11.39 (+0.9)	11.42(+0.4)	11.40	11.60	Winston-Salem, NC Jacksonville	16/05/2025 29/05/2025
Jenna Breen	City of Lisburn	Grant Barker	400m	53.59		52.75	53.75	Belfast	10/05/2025
Emma Moore	Galway CH	Joe Ryan	800m	2:04.26	2:04.50 2:04.58i	2:03.00	2:05.00	Belfast Brussels NIA, Dublin	10/05/2025 25/05/2025 26/02/2025
Maeve O'Neill	Doheny	Ray Treacy	800m	2:04.66i	2:04.76 2:04.97	2:03.00	2:05.00	Boston Storrs, CT Raleigh	15/02/2025 17/05/2025 29/03/2025
Cara Laverty	Finn Valley	Ray Treacy	1500m	4:17.56		4:14.00	4:18.00	Raleigh	28/03/2025
Eimear Maher	DSD	Donal Hennigan	5000m		9:22.33	9:30.00 (3k eq std)		Clonmel	03/05/2025
			1500m	4:14.87	4:17.50	4:14.00	4:18.00	Belfast Brussels	10/05/2025 25/05/2025

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Emma McEvoy	DSD	Donal Hennigan	5000m	16:14.91	9:17.98	15:55.00	16:20.00	Brussels	25/05/2025
						9:30.00 (3k eq std)		Belfast	10/05/2025
Anika Thompson	Leevale	Shalane Flanagan	5,000m	15:31.93i	15:58.59	15:55.00	16:20.00	Boston Eugene	07/12/2024 18/04/2025
			10,000m	33:35.01		34:05.00	34:40.00	Corvallis, OR	02/05/2025
Maebh Richardson	Kilkenny City Harriers	Ian Solof	5000m	16:16.86i	16:10.06	15:55.00	16:20.00	Boston Stanford	04/04/2025 07/12/2025
			10,000m	33:29.43		34:05.00	34:40.00	Azusa, CA	18/04/2025
Heather Murphy	St. Michael's Portarlinton	Rylan Hinch	10,000m	33:45.36		34:05.00	34:40.00	Raleigh	28/03/2025
Ava O'Connor	Tullamore Harriers	Damon Martin & Damien Lawlor	3000ms/c	9:46.22	10:11.14	10:05.00	10:15.00	Azusa, CA Pueblo, CO	16/04/2025 24/05/2025
			1500m	4:15.31		4:14.00	4:18.00	Azusa, CA	18/04/2025

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Ailish Hawkins	DCH	Andrew Ferris	5000m	15:49.65	9:28.87i (3k eq std)	15:55.00 9:30.00 (3k eq std)	16:20.00	Azusa, CA Indianapolis	09/05/2025 15/03/2025
			3000m s/c	10:10.63 10:12.37	9:27.38i	10:05.00 9:30.00 (3k eq std)	10:15.00	Eugene, OR Stanford Seattle	18/05/2025 04/04/2025 14/02/2025
			3000ms/c	10:12.87	10:14.50	10:05.00	10:15.00	Brussels Birmingham	25/05/2025 07/06/2025
Alexandra Joyce	Tuam	Dermot McDermott	10,000m RW	1:41.51 (equiv std)		46:45.00 Equiv 20k	49:25.00 1:42.00	Douglas	02/03/2025
Aisling Lane	Mullingar	Michael Lane	Long Jump	6.42mi		6.45m	6.35m	Champaign	11/01/2025
Elizabeth Ndudi	DSD	Petros Kyprianou	High Jump	1.81m		1.85m	1.81m	Dublin	11/04/2025
Aoife O'Sullivan	Liscarroll	Martin O'Sullivan	Discus	53.91m	52.30m	54.50m	51.30m	Nicosia Carlow	15/03/2025 07/06/2025
Anna Gavigan	Lambay Sports Academy	Gerry Ronan							

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Nicola Tuthill	UCD	Killian Barry	Hammer	69.74m	68.70m	65.50m	61.00m	Nicosia	16/03/2025
				69.68m	62.99m			Halle	24/05/2025
								Santry	12/04/2025
								Dunboyne	15/02/2025