

Please see Athletics Ireland's European U/23 Selection Policy https://www.athleticsireland.ie/wp-content/uploads/2025/01/25_EuroU23_policy.pdf for full details on Selection Criteria, but please note;

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Updated: 2nd June 2025

Athlete	Club	Coach(es)	Event	Performance I	Performance II	A Standard	B Standard	Venue	Date
Andrew Egan	Galway City Harriers	Brendan Glynn	200m	20.86(+2.0)	21.10(+1.0)	20.80	21.10	Santry Brussels	11/05/2023 25/05/2025
Killian Fahy	Leevale	Dustin Allen	400m	46.23	46.27 46.46	46.05	46.75	Charlotte, NC Winston-Salem, NC Gainesville, FL	26/04/2025 16/05/2025 19/04/2025
Adam Nolan	St LO'T	Billy Delaney	110mh	14.08 (+0.4)	14.11(+1.0)	13.75	14.20	Carlow Tullamore	28/05/2025 18/05/2025
Fintan Dewhirst	Tir Chonaill	Hayley & Drew Harrison	400mh	51.45		50.60	51.75	Brussels	25/05/2025
Abdel Laadjel	Donore Harriers	Jerry Schumacher	5000m	13:29.79i	13:35.98	13:48.00	13:56.00	Boston Eugene	07/12/2024 18/05/2025
			10000m	28:29.17 28:44.14	29:27.42	29:15.00	29:40.00	Stanford College Stn TX Eugene	04/04/2025 28/05/2025 16/05/2025
Shane Brosnan	An Riocht	Alex Gibby	5000m	13:37.65i 13:45.94i	13:49.32 7:53.86i	13:48.00 8:00.00 (3k eq std)	13:56.00	Boston Boston Winston-Salem, NC Boston	14/02/2025 07/12/2024 17/04/2025 08/02/2025
			10,000m	28:20.98	29:19.56	29:15.00	29:40.00	Raleigh	27/03/2025

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Dean Casey								Jacksonville	28/05/2025
	Ennis Track	Sean Carlson	5,000m	13:33.78 13:37.14i 13:46.54i	13:49.56i	13:48.00	13:56.00	Azusa, CA	17/04/2025
								Boston	14/02/2025
								Boston	01/02/2025
								Lubbock	28/02/2025
			10,000m	28:21.32		29:15.00	29:40.00	Raleigh	27/03/2025
Callum Morgan	CNDR Track	Mark Kirk	5,000m	13:35.36 13:54.35i	7:59.63i	13:48.00 8:00.00 (3k eq std)	13:56.00	Brussels	24/05/2025
								Boston	14/02/2025
								Gent	01/02/2025
Jake O'Brien	Moy Valley	Deirdre Clarke	10,000m RW	42:38		41:15.00	43:15.00	Dudince	22/03/2025
Oisin Joyce	Lake District	Padraic Joyce	Javelin	73.85m		75.00m	72.00m	Nicosia	16/03/2025
Lucy May Sleeman	Leevale	Matt Kane	100m	11.39 (+0.9)	11.42 (+0.4)	11.40	11.60	Winston-Salem, NC	16/05/2025
								Jacksonville	29/05/2025
Jenna Breen	City of Lisburn	Grant Barker	400m	53.59		52.75	53.75	Belfast	10/05/2025

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Emma Moore	Galway CH	Joe Ryan	800m	2:04.26	2:04.50	2:03.00	2:05.00	Belfast	10/05/2025
					2:04.58i			Brussels	24/05/2025
								NIA, Dublin	26/02/2025
Maeve O'Neill	Doheny	Ray Treacy	800m	2:03.04 2:04.66i	2:04.76	2:03.00	2:05.00	Jacksonville	29/05/2025
					2:04.97			Boston	15/02/2025
								Storrs, CT	17/05/2025
								Raleigh	29/03/2025
Cara Laverty	Finn Valley	Ray Treacy	1500m	4:17.56		4:14.00	4:18.00	Raleigh	28/03/2025
Eimear Maher	DSD	Donal Hennigan	5000m		9:22.33	9:30.00 (3k eq std)		Clonmel	03/05/2025
			1500m	4:14.87	4:17.50	4:14.00	4:18.00	Belfast	10/05/2025
								Brussels	25/05/2025
Emma McEvoy	DSD	Donal Hennigan	5000m	16:14.91	9:17.98	15:55.00	16.20.00	Brussels	25/05/2025
						9:30.00 (3k eq std)		Belfast	10/05/2025

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Anika Thompson	Leevale	Shalane Flanagan	5,000m	15:31.93i	15:58.59	15:55.00	16:20.00	Boston	07/12/2024
				15:36.58i	15:59.06i	9:30.00eq		Boston	15/02/2025
					9:05.75i	std		Eugene	19/04/2025
					9:11.65i			Fayetteville	01/02/2025
								Indianapolis	28/02/2025
			10,000m	33:35.01		34:05.00	34:40.00	Corvallis, OR	03/05/2025
Maebh Richardson	Kilkenny City Harriers	Ian Solof	5000m	16:16.86i	16:10.06	15:55.00	16:20.00	Boston	04/04/2025
					9:22.77i	9:30.00eq		Stanford	07/12/2025
						std			17/01/2025
			10,000m	33:29.43		34:05.00	34:40.00	Azusa, CA	16/04/2025
Heather Murphy	St. Michael's Portarlinton	Rylan Hinchey	10,000m	33:45.36	34:35.49	34:05.00	34:40.00	Raleigh	28/03/2025
								Marion, IN	21/05/2025
Ava O'Connor	Tullamore Harriers	Damon Martin & Damien Lawlor	3000ms/c	9:46.22	10:11.14	10:05.00	10:15.00	Azusa, CA	16/04/2025
								Pueblo, CO	24/05/2025
			1500m	4:15.31		4:14.00	4:18.00	Azusa, CA	18/04/2025

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Ailish Hawkins	DCH	Andrew Ferris	5000m	15:49.65	9:16.64i 9:28.87i	15:55.00 9:30.00 (3k eq std)	16:20.00	Azusa, CA	09/05/2025
								Boston	15/02/2025
								Indianapolis	15/03/2025
Alexandra Joyce	Tuam	Dermot McDermott	3000m s/c	10:10.63 10:12.37	9:27.38i	10:05.00 9:40.00 (3k eq std)	10:15.00	Eugene, OR	16/05/2025
								Stanford	04/04/2025
								Seattle	14/02/2025
Aisling Lane	Mullingar	Michael Lane	10,000m RW	1:41.51 (equiv std)		46:45.00 Equiv 20k	49:25.00 1:42.00	Douglas	02/03/2025
Elizabeth Ndudi	DSD	Petros Kyprianou	Long Jump	6.42mi		6.45m	6.35m	Champaign	11/01/2025
Aoife O'Sullivan	Liscarroll	Martin O'Sullivan	High Jump	1.81m		1.85m	1.81m	Dublin	11/04/2025
Anna Gavigan	Lambay Sports Academy	Gerry Ronan	Discus	53.91m		54.50m	51.30m	Nicosia	15/03/2025

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Nicola Tuthill	UCD	Killian Barry	Hammer	69.74m	68.70m	65.50m	61.00m	Nicosia	16/03/2025
				69.68m	62.99m			Halle	24/05/2025
								Santry	12/04/2025
								Dunboyne	15/02/2025