

Irish Indoor Athletics Champions 1988-2025

Venues for Senior Championships:

1988-2002	Nenagh (Nenagh Indoor Complex)
2003-2004	Belfast (Odyssey Arena)
2005	Nenagh (Nenagh Indoor Complex)
2006-2012	Belfast (Odyssey Arena)
2013-2016	Athlone (Athlone International Arena)
2017-	Dublin (National Indoor Arena Abbotstown)

Most Prolific Senior Champions:

19	Kelly Proper	60m, 200m, Long Jump, Pentathlon
15	Robert Heffernan	5000m Walk
13	Ciara Sheehy	60m, 200m
11	Derval O'Rourke	60m Hurdles
11	Sharon Foley	High Jump, Triple Jump, Pentathlon
10	John Hallissey	Pole Vault, Heptathlon
10	Brid Hallissey	60m Hurdles, Shot Put, Pentathlon
10	Mary McLoone	Long Jump, Triple Jump
10	David Donegan	Pole Vault

Championships organised by:

1988-1999 Championships organised by Bord Lúthchleas na hÉireann (BLÉ)
2000 - present Championships organised by Athletic Association of Ireland (AAI)

60m Men

1988	Aidan McGrath	Nenagh Olympic	7.25
1989	Pat Flanagan	Waterford	7.15
1990	Darren Haddock	Togher	6.90
1991	T.J. Kearns	Dublin City Harriers	6.98
1992	Neil Ryan	Nenagh Olympic	7.07
1993	Jeff Pamplin	University College Dublin	7.03
1994	Jeff Pamplin	Dublin City Harriers	7.07
1995	Sean McAteer	Harolds Cross	7.00
1996	John McAdorey	Ballymena & Antrim	6.94
1997	Tom Comyns	Limerick	7.04
1998	Neil Ryan	Nenagh Olympic	6.96
1999	Donal McCarthy	Leevale	6.88
2000	Donal McCarthy	Leevale	6.84
2001	John McAdorey	Ballymena & Antrim	6.94
2002	Jer O'Donoghue	Leevale	6.93
2003	Mark Howard	Fingallians	6.82
2004	Paul Brizzel	Ballymena & Antrim	6.75
2005	Jer O'Donoghue	Leevale	6.76
2006	Paul Brizzel	Ballymena & Antrim	6.83
2007	Paul Hession	Athenry	6.63
2008	Derek Duff	Leevale	6.99
2009	Paul Hession	Athenry	6.71
2010	Paul Hession	Athenry	6.75
2011	Dean Adams	Ballymena & Antrim	6.85

2012	Seye Ogunlewe	Celbridge	6.79	
2013	Keith Pike	Clonliffe Harriers	6.92	
2014	David Hynes	Menapians	6.85	
2015	Keith Pike	Clonliffe Harriers	6.86	
2016	Craig Lynch	Shercock	6.81	
2017	Leon Reid	Menapians	6.74	
2018	Leon Reid	Menapians	6.72	
2019	Joseph Olalekan Ojewumi	Tallaght	6.78	
2020	Dean Adams	Ballymena & Antrim	6.74	
2021	Not held due to Covid 19			
2022	Israel Olatunde	University College Dublin	6.62	
2023	Israel Olatunde	University College Dublin	6.57	CR
2024	Israel Olatunde	Tallaght	6.71	
2025	Bori Akinola	University College Dublin	6.61	

200m Men

1991	Liam Brennan	Donore Harriers	22.81	
1992	Peter Sinclair	Banbridge	22.57	
1993	Jeff Pamplin	Dublin City Harriers	22.50	
1994	Gary Ryan	Nenagh Olympic	22.26	
1995	Peter Lyons	Dublin City Harriers	22.12	
1996	Gary Ryan	Nenagh Olympic	22.00	
1997	Gary Ryan	Nenagh Olympic	21.65	
1998	Gary Ryan	Nenagh Olympic	21.54	
1999	Kevin Cogley	DMP	22.03	
2000	Tom Comyns	Limerick	21.70	
2001	Paul Opperman	Dublin City Harriers	22.07	
2002	Gary Ryan	Nenagh Olympic	21.88	
2003	Gary Ryan	Nenagh Olympic	21.21	
2004	Paul Hession	Athenry	21.60	
2005	Gary Ryan	Nenagh Olympic	21.89	
2006	David Gillick	Dundrum South Dublin	21.45	
2007	Daniel Hynes	Menapians	22.30	
2008	Christopher Russell	Ferrybank	22.23	
2009	Christopher Russell	Ferrybank	21.93	
2010	Daragh Graham	Inbhear Dee	21.87	
2011	Timmy Crowe	Limerick	22.14	
2012	Marcus Lawler	St. Laurence O'Toole	21.86	
2013	Brian Gegan	Clonliffe Harriers	21.33	
2014	Marcus Lawler	St. Laurence O'Toole	21.19	
2015	Marcus Lawler	St. Laurence O'Toole	21.08	
2016	Marcus Lawler	St. Laurence O'Toole	20.96	
2017	Leon Reid	Menapians	21.08	
2018	Leon Reid	Menapians	21.36	
2019	Leon Reid	Menapians	21.42	
2020	Mark Smyth	Raheny Shamrock	21.04	
2021	Not held due to Covid 19			
2022	Robert McDonnell	Galway City Harriers	20.86	
2023	Mark Smyth	Raheny Shamrock	20.77	
2024	Robert McDonnell	Galway City Harriers	21.05	
2025	Marcus Lawler	Clonliffe Harriers	20.74	CR

400m Men

1991	Brendan Murphy	Cashel	48.90	
1992	Frankie Higgins	Letterkenny	50.29	
1993	Stephen Newman	Dublin City Harriers	49.44	
1994	Stephen Newman	Dublin City Harriers	49.17	
1995	Brian Crossman	Boston	48.78	
1996	Tom McGuirk	Dublin City Harriers	48.90	
1997	Brian Liddy	University College Dublin	49.30	
1998	Stephen Fleming	University College Cork	49.46	
1999	James McIlroy	Ballymena & Antrim	49.72	
2000	Paul Opperman	Dundrum South Dublin	48.93	
2001	Robert Daly	Dundrum South Dublin	48.80	
2002	David McCarthy	Celbridge	47.70	
2003	David McCarthy	Celbridge	47.08	
2004	David McCarthy	Celbridge	47.70	
2005	David McCarthy	Le Cheile	48.39	
2006	David McCarthy	Le Cheile	47.43	
2007	Paul McKee	Beechmount Harriers	47.56	
2008	Nick Hogan	Dundrum South Dublin	48.36	
2009	Nick Hogan	Dundrum South Dublin	48.77	
2010	Nick Hogan	Dundrum South Dublin	48.59	
2011	Brian Gregan	Clonliffe Harriers	47.01	
2012	Eoin Mulhall	Crusaders	48.40	
2013	Jason Harvey	Crusaders	47.94	
2014	Thomas Barr	Ferrybank	47.05	
2015	Dara Kervick	Clonliffe Harriers	46.53	
2016	Richard Morrissey	Crusaders	47.51	
2017	Brian Gregan	Clonliffe Harriers	46.59	
2018	Andrew Mellon	Crusaders	47.32	
2019	Cillin Greene	Galway City Harriers	47.19	
2020	Cathal Crosbie	Ennis Track	47.93	
2021	Not held due to Covid 19			
2022	Cillin Greene	Galway City Harriers	46.64	
2023	Jack Raftery	Donore Harriers	46.37	CR
2024	Cillin Greene	Galway City Harriers	47.20	
2025	Conor Kelly	Derry Track Club	46.54	

800m Men

1988	Peter Sinclair	Banbridge	1.25.27	*
1989	Roddy Gaynor	Letterkenny	1.24.26	*
1990	Brendan Murphy	Cashel	1.23.90	*
1991	Henry Downes	West Limerick	1.53.72	
1992	Declan Kennedy	Dublin City Harriers	1.53.00	
1993	David Matthews	University College Dublin	1.55.20	
1994	David Matthews	University College Dublin	1.52.10	
1995	David Matthews	University College Dublin	1.52.30	
1996	James Nolan	University College Dublin	1.50.38	
1997	James Nolan	University College Dublin	1.48.18	CR
1998	James Nolan	University College Dublin	1.50.20	
1999	James Nolan	University College Dublin	1.48.91	
2000	James Nolan	University College Dublin	1.54.91	
2001	David Campbell	Maynooth	1.54.52	
2002	Gareth Hill	Ballymena & Antrim	1.56.94	
2003	Brendan O'Shea	Slaney Olympic	1.55.01	
2004	Brendan O'Shea	Slaney Olympic	1.50.58	
2005	Darragh Greene	Dunleer	1.53.70	
2006	Ciaran O'Connell	Glaslough Harriers	1.53.09	
2007	Liam Reale	Limerick	1.51.19	
2008	James McIlroy	Abbey	1.49.61	

2009	Joe Warne	Doheny	1.54.15
2010	James McIlroy	Ballymena & Antrim	1.52.73
2011	Mark English	Letterkenny	1.51.62
2012	Brian Kelly	St. Abban's	1.54.94
2013	Mark English	University College Dublin	1.48.44
2014	Niall Touhy	Ferrybank	1.52.24
2015	Mark English	University College Dublin	1.51.34
2016	Mark English	University College Dublin	1.51.57
2017	Kieran Kelly	Raheny Shamrock	1.56.00
2018	Mark English	University College Dublin	1.53.53
2019	Mark English	University College Dublin	1.51.77
2020	Mark English	University College Dublin	1.49.09
2021	Not held due to Covid 19		
2022	Mark English	Finn Valley	1.49.39
2023	Mark English	Finn Valley	1.52.47
2024	Cian McPhillips	University College Dublin	1.52.79
2025	Kevin McGrath	Bohermeen	1.51.11

1500m Men

1988	Ray Shanahan	Leevale	4.02.58	
1989	Ray Shanahan	Leevale	4.00.67	
1990	Danny O'Brien	Limerick	4.05.80	
1991	Pat Maloney	Rathfarnham/Ajax	4.00.02	
1992	Declan Kennedy	Dublin City Harriers	4.02.67	
1993	Garrett Barry	North Cork	3.54.01	
1994	Nigel Brunton	University College Dublin	3.56.50	
1995	Nigel Brunton	University College Dublin	3.58.07	
1996	Nigel Brunton	University College Dublin	4.01.22	
1997	Andrew Walker	University College Dublin	3.52.19	
1998	Eugene O'Neill	Crusaders	4.06.70	
1999	Paul Fleming	Rathfarnham WSAF	4.00.00	
2000	Gareth Turnbull	St Malachy's	3.55.24	
2001	Liam Reale	Limerick	3.57.12	
2002	David Kelly	Dundrum South Dublin	3.58.08	
2003	Gary Murray	St. Malachy's	3.47.95	
2004	Colin Costello	Star of the Sea	3.49.20	
2005	David McCarthy II	West Waterford	3.56.77	
2006	James Nolan	University College Dublin	3.44.12	
2007	Gareth Turnbull	St. Malachy's	3.44.28	
2008	Gareth Hill	Ballymena & Antrim	3.52.37	
2009	Alan O'Brien	Crusaders	3.49.12	
2010	Colin Costello	Star of the Sea	3.58.81	
2011	Paul Robinson	St. Coca's	3.52.60	
2012	Daniel Mooney	Letterkenny	3.52.83	
2013	John Coghlan	Metro St. Brigids	3.47.43	
2014	David McCarthy	West Waterford	3.49.50	
2015	John Travers	Donore Harriers	3.49.93	
2016	Eoin Everard	Kilkenny City Harriers	4.01.17	
2017	John Travers	Donore Harriers	3.50.44	
2018	Kieran Kelly	Raheny Shamrock	4.08.70	
2019	Eoin Pearce	Clonliffe Harriers	3.55.54	
2020	Andrew Coscoran	Star of the Sea, Meath	3.41.36	CR
2021	Not held due to Covid 19			
2022	Luke McCann	University College Dublin	3.45.14	
2023	Eoin Pierce	Clonlife Harriers	3.54.28	
2024	Cathal Doyle	Clonlife Harriers	3.49.11	
2025	Cathal Doyle	Clonlife Harriers	3.58.10	

3000m Men

1991	Nick O'Brien	London Irish	8.11.24	
1992	Garrett Barry	North Cork	8.23.55	
1993	Nigel Brunton	University College Dublin	8.24.44	
1994	Nigel Brunton	University College Dublin	8.29.66	
1995	Seamus Power	Kilmurray/Ibrickane	8.10.60	
1996	Pat O'Keeffe	University College Cork	8.22.88	
1997	Cormac Troy	Tullamore Harriers	8.21.95	
1998	John Daly	Nenagh Olympic	8.20.84	
1999	Alan Merriman	Liffey Valley	8.22.46	
2000	John Daly	Nenagh Olympic	8.28.83	
2001	Gary Murray	St Malachy's	8.31.59	
2002	Seamus Power	Kilmurray/Ibrickane	8.08.41	
2003	Robert Connolly	Dundrum South Dublin	8.09.80	
2004	Andrew Graffin	Belgrave Harriers	8.04.64	
2005	Mark Hanrahan	Leevale	8.40.08	
2006	Joe McAlister	St. Malachy's	8.16.96	
2007	Mark Christie	Mullingar Harriers	7.58.12	
2008	Gareth Turnbull	St. Malachy's	8.06.10	
2009	Richard Corcoran	Raheny Shamrock	8.10.30	
2010	Alan O'Brien	Crusaders	8.11.44	
2011	Dan Mulhare	North Laois	8.05.26	
2012	Mark Christie	Mullingar Harriers	8.01.29	
2013	John Travers	Donore Harriers	7.58.54	
2014	Alex Bruce-Littlewood	Leevale	8.02.13	
2015	Paul Pollock	Annadale Striders	8.09.81	
2016	Eoin Everard	Kilkenny City Harriers	8.13.63	
2017	Eoin Everard	Kilkenny City Harriers	8.19.69	
2018	John Travers	Donore Harriers	8.25.21	
2019	John Travers	Donore Harriers	8.07.89	
2020	John Travers	Donore Harriers	8.00.96	
2021	Not held due to Covid 19			
2022	Darragh McElhinney	University College Dublin	8.02.84	
2023	Darragh McElhinney	University College Dublin	7.49.18	CR
2024	John Travers	Donore Harriers	8.13.17	
2025	Sean Tobin	Clonmel	8.09.18	

60m Hurdles Men

1988	Martin O'Grady	Nenagh Olympic	8.63
1989	Sean Cahill	Cushinstown	8.53
1990	T.J. Kearns	Dublin City Harriers	7.80
1991	T.J. Kearns	Dublin City Harriers	7.97
1992	Sean Cahill	Cushinstown	8.13
1993	T.J. Kearns	Dublin City Harriers	8.03
1994	T.J. Kearns	Dublin City Harriers	7.89
1995	T.J. Kearns	Dublin City Harriers	7.95
1996	T.J. Kearns	Dublin City Harriers	7.91
1997	Trevor McGlynn	Strabane	8.36
1998	Ashley Henry	Corran	8.77
1999	Brendan Burke	Limerick	8.44
2000	Paul Conroy	Dublin City Harriers	8.37
2001	Trevor McGlynn	Dublin City Harriers	8.30
2002	Paul Conroy	Dublin City Harriers	8.22
2003	Paul Tohill	Mid Ulster	8.21
2004	Paul Tohill	Mid Ulster	8.04
2005	Ian McDonald	Crusaders	8.40
2006	Slaven Dizdarevic SVK	Crusaders	8.18
2007	Ian McDonald	Crusaders	8.08
2008	Peter Coghlan	Crusaders	7.80

2009	Ben Reynolds	North Down	8.04	
2010	Ciaran O'Cathain	Roscommon	8.57	
2011	Ian McDonald	Crusaders	8.05	
2012	Ben Reynolds	North Down	7.75	
2013	Matthew Field		8.20	
2014	Ian McDonald	Crusaders	8.22	
2015	Gerard O'Donnell	Carrick-on-Shannon	8.32	
2016	Ben Reynolds	North Down	7.73	CR
2017	Ben Reynolds	North Down	7.83	
2018	Matthew Behan	Crusaders	7.84	
2019	Matthew Behan	Crusaders	7.96	
2020	Gerard O'Donnell	Carrick-on-Shannon	7.95	
2021	Not held due to Covid 19			
2022	Matthew Behan	Crusaders	8.14	
2023	Matthew Behan	Crusaders	8.10	
2024	Adam Nolan	St. Laurence O'Toole	8.02	
2025	Adam Nolan	St. Laurence O'Toole	7.95	

5000m Walk Men

1988	Jimmy McDonald	Slaney Olympic	19.39.41	
1989	Jimmy McDonald	SDS	19.40.19	
1990	Pat Murphy	Olympic	20.11.60	
1991	Jimmy McDonald	Dublin City Harriers	19.30.00	
1992	Bobby O'Leary	Clonliffe Harriers	19.32.40	
1993	Jimmy McDonald	Dublin City Harriers	20.47.44	
1994	Michael Casey	Sligo	21.28.61	
1995	Jamie Costin	West Waterford	21.12.70	
1996	Jimmy McDonald	Dublin City Harriers	19.49.90	
1997	Pat Ryan	Mullingar Harriers	20.43.91	
1998	Robert Heffernan	Togher	21.05.14	
1999	Robert Heffernan	Togher	21.05.25	
2000	Robert Heffernan	Togher	19.51.69	
2001	Robert Heffernan	Togher	19.12.31	
2002	Robert Heffernan	Togher	18.53.09	
2003	Robert Heffernan	Togher	19.16.95	
2004	Robert Heffernan	Togher	19.05.60	
2005	Robert Heffernan	Togher	19.20.80	
2006	Colin Griffin	Ballinamore	20.24.02	
2007	Robert Heffernan	Togher	19.11.58	
2008	Robert Heffernan	Togher	18.51.46	
2009	Robert Heffernan	Togher	19.23.27	
2010	Robert Heffernan	Togher	19.24.64	
2011	Robert Heffernan	Togher	19.09.56	
2012	Robert Heffernan	Togher	19.06.58	
2013	Robert Heffernan	Togher	19.13.03	
2014	Alex Wright	Calry	19.25.98	
2015	Alex Wright	Leevale	19.52.36	
2016	Brendan Boyce	Letterkenny	20.17.81	
2017	Alex Wright	Leevale	18.50.70	CR
2018	Alex Wright	Leevale	18.59.62	
2019	Alex Wright	Leevale	18.53.87	
2020	David Kenny	Farranfore Maine Valley	19.45.97	
2021	Not held due to Covid 19			
2022	David Kenny	Farranfore Maine Valley	19.36.38	
2023	David Kenny	Farranfore Maine Valley	19.11.42	
2024	David Kenny	Farranfore Maine Valley	19.30.10	
2025	David Kenny	Farranfore Maine Valley	19.04.76	

High Jump Men

1988	Peter Minogue	Harolds Cross	2.00	
1989	Michael Power	Limerick	2.02	
1990	Michael Power	Limerick	2.01	
1991	Peter Minogue	Harolds Cross	2.00	
1992	Antoine Burke	Dooneen	2.00	
1993	Antoine Burke	Dooneen	2.10	
1994	Antoine Burke	Dooneen	2.10	
1995	Stephen Dowdall	Clonliffe Harriers	2.03	
1996	Raymond Swan	Newbridge	1.95	
1997	Ronan Kane	Crusaders	2.00	
1998	Mark Mandy	Birchfield	2.23	
1999	Antoine Burke	University College Dublin	2.15	
2000	Brendan Reilly	Unnattached	2.24	Equal CR
2001	Chris McDermott	Roscommon	1.95	
2002	Mark Crowley	Dublin City Harriers	2.06	
2003	Adrian O'Dwyer	Kilkenny City Harriers	2.10	
2004	Adrian O'Dwyer	Kilkenny City Harriers	2.24	Equal CR
2005	Brian Flatley	Claremorris	1.93	
2006	Caolan Flanagan	Ballymena & Antrim	2.05	
2007	Mark Crowley	Dublin City Harriers	2.15	
2008	Mark Crowley	Dublin City Harriers	2.10	
2009	Christopher Crowley	Belgooly	2.15	
2010	Barry Pender	St. Abban's	2.15	
2011	Barry Pender (tied)	St. Abban's	2.10	
2011	Kourosh Foroughi (tied)	Star of the Sea	2.10	
2012	Barry Pender	St. Abban's	2.15	
2013	Barry Pender	St. Abban's	2.03	
2014	Kourosh Foroughi	Star of the Sea	2.15	
2015	Barry Pender	St. Abban's	2.20	
2016	Andrew Heney	Clonliffe Harriers	2.00	
2017	Ryan Carthy Walsh	Adamstown	2.00	
2018	Barry Pender	St. Abban's	2.24	Equal CR
2019	Shane Aston	Trim	2.00	
2020	David Cussen	Old Abbey	2.08	
2021	Not held due to Covid 19			
2022	David Cussen	Old Abbey	2.15	
2023	Kourosh Foroughi	Star of the Sea	1.95	
2024	David Cussen	Old Abbey	2.10	
2025	Ciaran Connolly	Le Chéile	2.00	

Long Jump Men

1988	John Naughton	Nenagh Olympic	6.53
1989	Michael Power	Limerick	6.76
1990	Eugene Brennan	St Anne's	6.89
1991	Stephen Graham	West Dublin	6.73
1992	John Naughton	Nenagh Olympic	6.66
1993	Gary Mander	Harolds Cross	6.80
1994	Michael Hallahan	Leevale	6.91
1995	Daragh O'Farrell	Borrisokane	6.87
1996	Norman Stephenson	DMP	6.57
1997	Gareth Devlin	Ballymena & Antrim	7.01
1998	Stuart Finnie	Border Harriers	6.96
1999	Daragh O'Farrell	Borrisokane	7.00
2000	Daragh O'Farrell	Borrisokane	7.01
2001	Daragh O'Farrell	Borrisokane	6.87
2002	Michael Murray	West Waterford	6.87
2003	Stephen Fleming	Crusaders	6.96
2004	Daragh O'Farrell	Borrisokane	6.84

2005	Daragh O'Farrell	Borrisokane	7.01	
2006	Ciaran McDonagh	Fr. Murphy	7.93	
2007	Daragh O'Farrell	Borrisokane	7.16	
2008	Stephen Fleming	Crusaders	7.26	
2009	Brendan Marshall	Mullingar Harriers	6.94	
2010	Eoin Hannon	Tullamore Harriers	7.40	
2011	Adam McMullan	Crusaders	7.13	
2012	Eamonn Fahy	Donore Harriers	7.10	
2013	Adam McMullen	Crusaders	7.17	
2014	Adam McMullan	Crusaders	7.48	
2015	Adam McMullan	Crusaders	7.80	
2016	Adam McMullen	Crusaders	7.73	
2017	Adam McMullen	Crusaders	7.59	
2018	Adam McMullen	Crusaders	7.99	CR
2019	Shane Howard	Bandon	7.44	
2020	Keith Marks	Clonliffe Harriers	7.33	
2021	Not held due to Covid 19			
2022	Shane Howard	Bandon	7.47	
2023	Sam Healy	Leevale	7.36	
2024	Reece Ademola	Leevale	7.82	
2025	Colm Bourke	Raheny Shamrock	7.15	

Triple Jump Men

1988	Jim Hayes	Waterford	13.26	
1989	Adrian Leckey	Annadale Striders	13.52	
1990	Thomas Nolan	Newbridge	12.90	
1991	Billy Oakes	Leevale	14.22	
1992	Mark O'Dwyer	Limerick	13.44	
1993	Jim Hayes	Waterford	14.32	
1994	P.J. Galvin	Beaufort	13.31	
1995	Michael McDonald	Queens University Belfast	15.26	CR
1996	Liam Kelly	St Abban's	13.60	
1997	Norman Stephenson	DMP	14.07	
1998	Patrick Shannon	Ballybrack	14.63	
1999	Patrick Shannon	Ballybrack	14.32	
2000	Michael McDonald	Ballymena & Antrim	14.31	
2001	Patrick Shannon	Ballybrack	14.90	
2002	Patrick Shannon	Ballybrack	15.09	
2003	Patrick Shannon	Ballybrack	14.29	
2004	Michael Wyss SUI	Clonliffe Harriers	14.43	
2005	Alan Saulters	Abbey	14.03	
2006	Leslie Leung	Ballymena & Antrim	14.09	
2007	Denis Finnegan	University College Cork	14.08	
2008	Denis Finnegan	University College Cork	14.42	
2009	Eoin Kelly	St. Abban's	14.67	
2010	Eoin Kelly	St. Abban's	14.70	
2011	Frances Egan	St. Abban's	14.43	
2012	Alan Kennedy	Raheny Shamrock	14.98	
2013	Eoin Kelly	St. Abban's	14.44	
2014	Anthony Daffurn	St. Ronan's	14.99	
2015	Niall Counihan	Dooneen	14.34	
2016	Shane Joyce	Cushinstown	14.12	
2017	Antony Daffurn	St. Ronan's	14.83	
2018	Antony Daffurn	St. Ronan's	14.93	
2019	Mark Burton	Queens University Belfast	14.29	
2020	Antony Daffurn	Streams, Rivers & Lakes, Roscommon	14.79	
2021	Not held due to Covid 19			

2022	Jai Benson	Lagan Valley	14.86
2023	Jai Benson	Lagan Valley	14.79
2024	Jai Benson	Lagan Valley	14.25
2025	David Onwudiwe	Ennis Track	14.29

Pole Vault Men

1988	Liam Hennessy	Limerick	4.47	
1989	Michael Hyland	St. Laurence O'Toole	3.73	
1990	John Hallissey	Ferrybank	3.60	
1991	John Hallissey	Ferrybank	4.00	
1992	John Hallissey	Ferrybank	4.00	
1993	John Hallissey	Ferrybank	3.90	
1994	John Hallissey	Ferrybank	4.40	
1995	John Hallissey	Ferrybank	4.80	
1996	John Hallissey	Ferrybank	5.01	CR
1997	John Hallissey	Ferrybank	4.50	
1998	Dylan McDermott	Borrisokane	4.40	
1999	Peter McGloughlin	Crusaders	4.40	
2000	Liam Long	Blarney/Iniscarra	3.60	
2001	David Donegan	Raheny Shamrock	4.30	
2002	David Donegan	Raheny Shamrock	4.10	
2003	David Donegan (tied)	Clonliffe Harriers	4.65	
2003	Ruairi O'Briain (tied)	Crusaders	4.65	
2004	Brendan McConville	North Down	4.60	
2005	Liam Houlihan	West Waterford	4.00	
2006	Anthony McCreery	Clonliffe Harriers	4.60	
2007	Brendan McConville (tied)	North Down	4.55	
2007	Anthony McCreery (tied)	Clonliffe Harriers	4.55	
2008	David Donegan	Clonliffe Harriers	4.75	
2009	David Donegan	Clonliffe Harriers	4.83	
2010	David Donegan	Clonliffe Harriers	4.85	
2011	David Donegan	Clonliffe Harriers	4.80	
2012	David Donegan	Clonliffe Harriers	4.60	
2013	David Donegan	Clonliffe Harriers	4.60	
2014	Ian Rogers	Clonliffe Harriers	4.60	
2015	Ian Rogers (tied)	Clonliffe Harriers	4.80	
2015	David Donegan (tied)	Clonliffe Harriers	4.80	
2016	Ian Rogers	Clonliffe Harriers	4.60	
2017	Thomas Houlihan	West Waterford	4.55	
2018	Matthew Keenan Callinan (tied)	St. Laurence O'Toole	4.30	
2018	Shane Martin (tied)	Ballymena & Antrim	4.30	
2019	Michael Bowler	Enniscorthy	4.60	
2020	Sean Roth	Dundrum South Dublin	4.90	
2021	Not held due to Covid 19			
2022	Conor Callinan (tied)	Leevale	4.60	
2022	Matthew Keenan Callinan (tied)	St. Laurence O'Toole	4.60	
2023	Matthew Keenan Callinan	St. Laurence O'Toole	4.80	
2024	Matthew Keenan Callinan	St. Laurence O'Toole	4.60	
2025	Michael Kent	DMP	4.70	

Shot Put Men

1988	Pat Hartigan	Limerick	15.37	
1989	Pat Hartigan	Limerick	14.39	
1990	Victor Costello	Dundrum South Dublin	15.63	
1991	Victor Costello	Dundrum South Dublin	16.08	
1992	Victor Costello	Dundrum South Dublin	16.75	
1993	William Tyrrell	Brehon	14.73	
1994	William Tyrrell	Brehon	14.92	
1995	Dave Sweeney	Dublin City Harriers	13.69	
1996	Jason Flynn	KCK	14.84	
1997	John Leahy	Limerick	15.71	
1998	Jason Flynn	West Waterford	15.94	
1999	John Leahy	Limerick	15.56	
2000	John Leahy	Limerick	16.35	
2001	John Leahy	Limerick	16.35	
2002	Iain McMullan	Trafford	16.27	
2003	Eoin Leen	Tralee	16.66	
2004	Paul Crowe	Menapians	14.59	
2005	John Leahy	Limerick	15.85	
2006	Kieren Kelly	Fr. Murphy	16.78	
2007	Kieren Kelly	Fr. Murphy	17.03	
2008	Kieren Kelly	Fr. Murphy	18.20	
2009	Kieren Kelly	Fr. Murphy	18.84	
2010	Kieren Kelly	Fr. Murphy	18.85	
2011	Sean Breathnach	Galway City Harriers	16.14	
2012	Sean Breathnach	Galway City Harriers	15.92	
2013	Sean Breathnach	Galway City Harriers	16.75	
2014	Sean Breathnach	Galway City Harriers	16.15	
2015	Sean Breathnach	Galway City Harriers	17.42	
2016	Sean Breathnach	Galway City Harriers	18.16	
2017	John Kelly	Finn Valley	17.02	
2018	Sean Breathnach	Galway City Harriers	18.30	
2019	Sean Breathnach	Galway City Harriers	16.22	
2020	John Kelly	Finn Valley	18.35	
2021	Not held due to Covid 19			
2022	Eric Favors	Raheny Shamrock	19.48	CR
2023	Eric Favors	Raheny Shamrock	19.26	
2024	Andrew Cooper	Gowran	14.53	
2025	Eric Favors	Raheny Shamrock	19.40	

Men's 56lbs for Distance

1991	John Menton	Donore Harriers	8.23	
1992	Pat Maher	Brow Rangers	7.78	
1993	Seamus Fitzpatrick	North Laois	7.86	
1994	John Menton	Donore Harriers	8.00	
1995	John Menton	Donore Harriers	7.83	
1996	Seamus Fitzpatrick	North Laois	7.78	
1997	John Farrelly	Dundrum South Dublin	7.30	
1998	Seamus Fitzpatrick	North Laois	7.61	
1999	Seamus Fitzpatrick	North Laois	7.63	
2000	John Menton	Donore Harriers	8.78	CR
2001	John Menton	Donore Harriers	8.74	
2003	John Menton	Donore Harriers	8.27	
2004	Seamus Fitzpatrick	North Laois	8.06	
2005	Paul Crowe	Menapians	8.19	
2006	Seamus Fitzpatrick	North Laois	7.37	
2007	Seamus Fitzpatrick	North Laois	8.08	
2008	Sean Breathnach	Galway City Harriers	8.24	
2009	Sean Breathnach	Galway City Harriers	8.01	

2010	Seamas Fitzpatrick	North Laois	7.77
2012	David Tierney	Leevale	8.16
2013	David Tierney	Leevale	8.27
2015	Seamas Fitzpatrick	Portlaoise	7.26
2016	Sean Breathnach	Galway City Harriers	8.06
2018	John Dwyer	Templemore	7.31
2019	Sean Breathnach	Galway City Harriers	8.09
2020	Sean Breathnach	Galway City Harriers	8.60
2021	Not held due to Covid 19		
2022	Michael Healy	Youghal	8.21
2023	Michael Healy	Leevale	8.69
2024	Michael Healy	Leevale	8.86
2025	Michael Healy	Leevale	8.78

Combined Events Men

1988	Michael Power	Clonmel/Limerick	4,770 o
1989	Michael Power	Clonmel/Limerick	4,995 o
1990	John Naughton	Nenagh Olympic	5,097 o
1991	John Naughton	Nenagh Olympic	5,139 o
1992	Ian Condron	Lisburn	4,203 h
1993	John Naughton	Nenagh Olympic	4,735 h
1994	Joe Naughton	Nenagh	4,554 h
1995	John Hallissey	Ferrybank	4,336 h
1996	John Hallissey	Ferrybank	4,665 h
1997	Derek Hayes	West Waterford	4,790 h
1998	Daragh O'Farrell	Borrisokane	
1999	Stuart Kennedy	Slaney Olympic	3,444 p
2000	Colin Byrne	St Abban's	3,322 p
2001	Chris McDermott	Roscommon	3,330 p
2002	Paul Tohill	Mid Ulster	3,493 p
2003	Trevor McGlynn	Strabane	3,427 p
2004	Kevin Burke	Dooneen	4,296 p
2005	Kevin Burke	Dooneen	4,506 p
2006	Trevor McGlynn	Strabane	3,141 p
2007	Christopher Crowley	Belgooly	3,377 p
2008	Philip Kearney	Tralee	3,228 p
2009	Brian Flatley	Shercock	2,959 p
2010	Kevin Grant		2,728 p
2011	Ger Cremin	An Ríocht	2,528 p
2012	Ger Cremin	An Ríocht	2,674 p
2013	Michael Bowler	Kilkenny City Harriers	3,431 p
2014	Michael Bowler	Kilkenny City Harriers	3,528 p
2015	Michael Bowler	Kilkenny City Harriers	3,198 p
2016	Rolus Olusa	Donore Harriers	3,205 p
2017	Shane Aston	Trim	3,597 p
2018	Shane Aston	Trim	3,503 p
2019	Shane Aston	Trim	3,720 p
2020	Rolus Olusa	Clonliffe Harriers	3,584 p
2021	Not held due to Covid 19		
2022	Rolus Olusa	Donore Harriers	4,854 h
2023	Jack Forde	St. Killians	4,624 h
2024	Jack Forde	St. Killians	4,515 h
2025	Jack Forde	St. Killians	4,730 h

4x200m Relay Men

1991	Dublin City Harriers	1.33.5	
1992	Nenagh Olympic	1.33.2	
1993	Nenagh Olympic	1.34.42	
1994	Dublin City Harriers	1.31.9	
1995	Dundrum South Dublin	1.34.92	
1996	Univesity College Dublin	1.30.6	
1997	Nenagh Olympic	1.33.3	
1998	Ballybrack	NT	*4x400m
1999	Ballybrack	1.36.5	
2000	DMP	1.36.0	
2001-2019	Not held		
2020	Emerald	1.28.18	
2021	Not held due to Covid 19		
2022	Galway City Harriers	1.27.51	
2023	Clonliffe Harriers	1.27.49	
2024	Ratoath	1.32.19	
2025	Tallaght	1.29.72	

4x400m Relay Men

2024	Ratoath	3.26.37
2025	Ratoath	3.20.07

National Indoor T&F League Men

2014	Leevale	76 pts
2015	Clonliffe Harriers	165 pts
2016	Tallaght	98 pts
2017	Clonliffe Harriers	100 pts
2018	Clonliffe Harriers	54 pts
2019	Clonliffe Harriers	105.5
2020	Clonliffe Harriers	94.5 pts
2021	Not held due to Covid 19	
2022	Leevale	69 pts
2023	Clonliffe Harriers	110 pts
2024	Clonliffe Harriers	87 pts
2025	Clonliffe Harriers	223 pts

60m Women

1988	Vivianne McGoldrick	Belfast Olympic	7.7	
1989	Norma Farrell	Olympic	7.7	
1990	Norma Farrell	Olympic	7.7	
1991	Terri Horgan	Dublin City Harriers	7.73	
1992	Michelle Carroll	Crusaders	7.2	
1993	Michelle Carroll	Crusaders	7.5	
1994	Terri Horgan	Dublin City Harriers	7.81	
1995	Emer Hastrup	Clonliffe Harriers	7.95	
1996	Lena Barry	Emerald	7.86	
1997	Lena Barry	Emerald	7.63	
1998	Lena Barry	Emerald	7.53	
1999	Ciara Sheehy	Dublin City Harriers	7.62	
2000	Ciara Sheehy	Dublin City Harriers	7.56	
2001	Ciara Sheehy	Dublin City Harriers	7.67	
2002	Ciara Sheehy	Dublin City Harriers	7.56	
2003	Ciara Sheehy	Dublin City Harriers	7.45	
2004	Anna Boyle	Ballymena & Antrim	7.46	
2005	Ailis McSweeney	Leevale	7.40	
2006	Anna Boyle	Ballymena & Antrim	7.32	
2007	Anna Boyle	Ballymena & Antrim	7.38	
2008	Ailis McSweeney	Leevale	7.46	
2009	Niamh Whelan	Ferrybank	7.50	
2010	Clare Brady	Celbridge	7.35	
2011	Ailis McSweeney	Leevale	7.32	
2012	Amy Foster	City of Lisburn	7.37	
2013	Kelly Proper	Ferrybank	7.45	
2014	Amy Foster	City of Lisburn	7.32	
2015	Kelly Proper	Ferrybank	7.38	
2016	Phil Healy	Bandon	7.47	
2017	Ciara Neville	Emerald	7.43	
2018	Amy Foster	City of Lisburn	7.27	
2019	Molly Scott	St. Laurence O'Toole	7.32	
2020	Ciara Neville	Emerald	7.30	
2021	Not held due to Covid 19			
2022	Molly Scott	St. Laurence O'Toole	7.19	CR
2023	Sarah Leahy	Killarney Valley	7.30	
2024	Molly Scott	St. Laurence O'Toole	7.36	
2025	Sarah Leahy	Killarney Valley	7.39	

200m Women

1991	Patricia Amond	Dublin City Harriers	25.21
1992	Michelle Carroll	Crusaders	24.63
1993	Emma Nicholson	Dublin City Harriers	25.41
1994	Karen Mills	Lagan Valley	25.20
1995	Terri Horgan	Dublin City Harriers	25.37
1996	Marisa Smith	Clonliffe Harriers	25.02
1997	Ciara Sheehy	Dublin City Harriers	25.24
1998	Lena Barry	Emerald	24.69
1999	Ciara Sheehy	Dublin City Harriers	24.60
2000	Ciara Sheehy	Dublin City Harriers	24.58
2001	Ciara Sheehy	Dublin City Harriers	24.38
2002	Ciara Sheehy	Dublin City Harriers	24.20
2003	Ciara Sheehy	Dublin City Harriers	23.72
2004	Ciara Sheehy	Dublin City Harriers	24.11
2005	Ciara Sheehy	Dublin City Harriers	24.34
2006	Amy Foster	North Down	24.90
2007	Gemma Hynes	Galway City Harriers	25.36

2008	Niamh Whelan	Ferrybank	24.69	
2009	Kelly Proper	Ferrybank	24.10	
2010	Kelly Proper	Ferrybank	24.14	
2011	Kelly Proper	Ferrybank	24.08	
2012	Stephanie Creamer	Dublin City Harriers	24.64	
2013	Kelly Proper	Ferrybank	23.84	
2014	Kelly Proper	Ferrybank	23.56	
2015	Kelly Proper	Ferrybank	23.27	
2016	Phil Healy	Bandon	23.75	
2017	Sharlene Mawdsley	Newport	24.04	
2018	Niamh Whelan	Ferrybank	24.00	
2019	Rhasidat Adeleke	Tallaght	24.13	
2020	Phil Healy	Bandon	23.16	CR
2021	Not held due to Covid 19			
2022	Sharlene Mawdsley	Newport	24.05	
2023	Sharlene Mawdsley	Newport	23.50	
2024	Phil Healy	Bandon	23.37	
2025	Katie Bergin	Moyne	24.03	

400m Women

1991	Evanna Morrissey	Nenagh Olympic	60.01	
1992	Emma Nicholson	Dublin City Harriers	57.04	
1993	Emma Nicholson	Dublin City Harriers	57.24	
1994	Michelle Gregg	West Dublin	58.97	
1995	Emma Nicholson	Dublin City Harriers	54.70	
1996	Fiona Norwood	Kilkenny City Harriers	58.91	
1997	Karen Shinkins	Dublin City Harriers	56.11	
1998	Karen Shinkins	Dublin City Harriers	53.99	
1999	Karen Shinkins	Dublin City Harriers	54.26	
2000	Karen Shinkins	Dublin City Harriers	53.50	
2001	Karen Shinkins	Dublin City Harriers	53.70	
2002	Martina McCarthy	Dublin City Harriers	55.45	
2003	Joanne Cuddihy	University College Dublin	57.85	
2004	Joanne Cuddihy	University College Dublin	53.50	
2005	Catriona Cuddihy	Kilkenny City Harriers	56.45	
2006	Joanne Cuddihy	University College Dublin	54.13	
2007	Elaine McCaffrey	Abbey	56.54	
2008	Brona Furlong	Slaney Olympic	55.78	
2009	Marian Andrews	Togher	54.20	
2010	Jo Patterson	Ballymena & Antrim	56.43	
2011	Marian Andrews	Togher	54.00	
2012	Christine McMahon	Ballymena & Antrim	56.06	
2013	Shauna Cannon	Brothers Pearse	55.13	
2014	Sinead Denny	Dundrum South Dublin	54.30	
2015	Christine McMahon	Ballymena & Antrim	55.06	
2016	Sinead Denny	Dundrum South Dublin	53.57	
2017	Phil Healy	Bandon	53.49	
2018	Phil Healy	Bandon	53.10	
2019	Phil Healy	Bandon	52.81	
2020	Sophie Becker	St. Jospeh's, Kilkenny	53.75	
2021	Not held due to Covid 19			
2022	Phil Healy	Bandon	51.75	CR
2023	Sophie Becker	Raheny Shamrock	53.11	
2024	Sharlene Mawdsley	Newport	52.04	
2025	Sharlene Mawdsley	Newport	51.91	

800m Women

1988	Susanne Cobbe	Raheny Shamrock	1.38.14	*
1989	Kathryn Walley	Clonliffe Harriers	1.41.60	*
1990	Evanna Morrissey	Nenagh Olympic	1.39.50	*
1991	Aisling Molloy	Dundrum South Dublin	2.04.69	
1992	Arlene Smith	University College Dublin	2.13.61	
1993	Bernie Kavanagh	Metro/St. Brigid's	2.12.76	
1994	Bernie Kavanagh	Metro/St. Brigid's	2.21.37	
1995	Liz Gallagher	Dunboyne	2.14.70	
1996	Freda Davoren	University College Cork	2.09.65	
1997	Freda Davoren	University College Cork	2.09.95	
1998	Freda Davoren	University College Cork	2.08.55	
1999	Geraldine Nolan	Kilkenny City Harriers	2.11.34	
2000	Sinead Delahunty	Kilkenny City Harriers	2.09.93	
2001	Freda Davoren	University College Cork	2.09.85	
2002	Regina Murphy	Galway City Harriers	2.18.34	
2003	Aoife Byrne	Dundrum South Dublin	2.06.98	
2004	Christine Long	Abbey	2.12.41	
2005	Aoife Byrne	Dundrum South Dublin	2.09.68	
2006	Lyndsey Monteith	City of Lisburn	2.12.70	
2007	Kelly Reid	City of Lisburn	2.08.73	
2008	Ann Marie McGlynn	Tullamore Harriers	2.14.62	
2009	Laura Crowe	Riocht	2.11.45	
2010	Ciara Mageean	City of Lisburn	2.07.82	
2011	Ciara Everard	University College Dublin	2.12.01	
2012	Ciara Everard	University College Dublin	2.07.34	
2013	Ciara Everard	University College Dublin	2.07.77	
2014	Ciara Everard	Kilkenny City Harriers	2.06.23	
2015	Ciara Everard	University College Dublin	2.06.63	
2016	Ciara Mageean	University College Dublin	2.03.76	
2017	Fiona Kehoe	Kilmore	2.08.17	
2018	Alanna Lally	University College Dublin	2.08.71	
2019	Siofra Cleirigh Buttner	Dundrum South Dublin	2.04.15	
2020	Nadia Power	Dublin City Harriers	2.06.26	
2021	Not held due to Covid 19			
2022	Louise Shanahan	Leevale	2.06.72	
2023	Iseult O'Donnell	Raheny Shamrock	2.07.06	
2024	Louise Shanahan	Leevale	2.03.54	CR
2025	Louise Shanahan	Leevale	2.07.82	

1500m Women

1988	Grainne Butler	Mullingar Harriers	4.43.22	
1989	Siobhan Kavanagh	St. Laurence O'Toole	4.49.70	
1990	Una Murray	Waterford	5.01.40	
1991	Bernie Kavanagh	Lucan Harriers	4.52.78	
1992	Bernie Kavanagh	Lucan Harriers	4.44.16	
1993	Bernie Kavanagh	Metro/St. Brigid's	4.38.87	
1994	Roisin Smyth	Dublin City Harriers	4.41.00	
1995	Annette Kealy	Raheny Shamrock	4.45.06	
1996	Freda Davoren	University College Cork	4.35.10	
1997	Freda Davoren	University College Cork	4.27.33	
1998	Freda Davoren	University College Cork	4.24.65	
1999	Freda Davoren	University College Cork	4.32.43	
2000	Emmanuel McMahon	University College Dublin	4.51.27	
2001	Freda Davoren	University College Cork	4.22.01	
2002	Geraldine Hendricken	St. Laurence O'Toole	4.17.90	
2003	Maria Lynch	Dundrum South Dublin	4.15.50	
2004	Aoife Byrne	Dundrum South Dublin	4.21.70	

2005	Sinead Peoples	Tir Chonaill	4.53.19	
2006	Orla Drumm	University College Cork	4.28.21	
2007	Kelly Reid	City of Lisburn	4.21.01	
2008	Ciara Mageean	City of Lisburn	4.24.07	
2009	Ciara Mageean	City of Lisburn	4.20.88	
2010	Kelly McNeice		4.14.63	
2011	Mary Cullen	North Sligo	4.19.25	
2012	Orla Drumm	University College Cork	4.20.54	
2013	Fionnuala Britton	Sli Cualann	4.13.96	
2014	Claire Tarplee	Dundrum South Dublin	4.30.59	
2015	Kerry O'Flaherty	Newcastle & District	4.16.49	
2016	Claire Tarplee	St. Coca's	4.32.21	
2017	Kerry O'Flaherty	Newcastle & District	4.20.86	
2018	Emma Mitchell	Queens University Belfast	4.16.73	
2019	Amy O'Donoghue	Emerald	4.22.18	
2020	Louise Shanahan	Leevale	4.40.45	
2021	Not held due to Covid 19			
2022	Georgie Hartigan	Dundrum South Dublin	4.23.36	
2023	Carla Sweeney	Rathfarnham W.S.A.F	4.22.23	
2024	Carla Sweeney	Rathfarnham W.S.A.F	4.21.61	
2025	Sarah Healy	University College Dublin	4.08.74	CR

3000m Women

1991	Catherine Hennessy	Shelbourne Duncannon Striders	10.21.69	
1992	Catherine Hennessy	Shelbourne Duncannon Striders	10.42.46	
1993	Catherine Hennessy	Shelbourne Duncannon Striders	10.20.30	
1994	Roisin Smyth	Dublin City Harriers	10.08.17	
1995	Geraldine Hendricken	St. Laurence O'Toole	9.36.42	
1996	Louise Cavanagh	University College Cork	9.42.63	
1997	Pauline Curley	Tullamore Harriers	9.58.20	
1998	Louise Cavanagh	University College Cork	9.38.67	
1999	Niamh Beirne	Lucan Harriers	9.42.51	
2000	Niamh Beirne	Lucan Harriers	9.57.46	
2001	Louise Cavanagh	University College Cork	9.43.67	
2002	Geraldine Hendricken	St. Laurence O'Toole	9.22.43	
2003	Maria Lynch	Dundrum South Dublin	9.09.27	
2004	Maria McCambridge	Dundrum South Dublin	8.56.48	
2005	Sheila Doyle	Dundrum South Dublin	10.4.83	
2006	Pauline Curley	Tullamore Harriers	9.36.49	
2007	Orla Drumm	University College Cork	9.46.52	
2008	Hazel Murphy	Dundrum South Dublin	9.26.99	
2009	Deirdre Bryne	Sli Cualann	9.04.74	
2010	Deirdre Bryne	Sli Cualann	9.03.53	
2011	Kerry Harty	Newcastle & District	9.31.81	
2012	Hazel Murphy	Dundrum South Dublin	9.20.35	
2013	Lizzie Lee	Leevale	9.45.63	
2014	Deirdre Doyle	St. Laurence O'Toole	9.53.64	
2015	Maria McCambridge	Dundrum South Dublin	9.26.77	
2016	Kerry O'Flaherty	Newcastle & District	9.11.17	
2017	Ciara Mageean	University College Dublin	9.08.83	
2018	Sarah Healy	Blackrock	9.10.43	
2019	Ciara Mageean	University College Dublin	9.02.57	
2020	Ciara Wilson	Drinagh-Murrinstown-Piercestown (DMP)	9.35.67	
2021	Not held due to Covid 19			
2022	Sarah Healy	University College Dublin	8.53.67	CR
2023	Cheryl Nolan	St Abbans	9.22.32	
2024	Claire Fagan	Mullingar Harriers	9.33.35	
2025	Roisin Flanagan	Finn Valley	9.14.02	

60m Hurdles Women

1988	Susan Smith	Waterford	8.87	
1989	Susan Smith	Waterford	8.71	
1990	Elaine Murphy	Nenagh Olympic	8.80	
1991	Brid Hallissey	Ferrybank	8.88	
1992	Brid Hallissey	Ferrybank	8.89	
1993	Jean O'Gorman	Nenagh Olympic	8.89	
1994	Brid Hallissey	Ferrybank	8.95	
1995	Brid Hallissey	Ferrybank	8.78	
1996	Susan Smith	Waterford	8.44	
1997	Patricia Naughton	Nenagh Olympic	8.83	
1998	Aine Cuddihy	Carrick-on-Suir	8.87	
1999	Derval O'Rourke	Leevale	8.63	
2000	Derval O'Rourke	Leevale	8.77	
2001	Derval O'Rourke	Leevale	8.78	
2002	Derval O'Rourke	University College Dublin	8.52	
2003	Derval O'Rourke	University College Dublin	8.25	
2004	Derval O'Rourke	University College Dublin	8.35	
2005	Derval O'Rourke	Leevale	8.27	
2006	Derval O'Rourke	Leevale	7.90	CR
2007	Leona Byrne	St. Laurence O'Toole	9.12	
2008	Mairead Murphy	University College Dublin	8.70	
2009	Derval O'Rourke	Leevale	8.12	
2010	Derval O'Rourke	Leevale	8.18	
2011	Mairead Murphy	Ferrybank	8.46	
2012	Derval O'Rourke	Leevale	8.21	
2013	Sarah Lavin	Emerald	8.36	
2014	Sarah Lavin	Emerald	8.33	
2015	Catherine McManus	Dublin City Harriers	8.44	
2016	Sarah Lavin	University College Dublin	8.27	
2017	Elizabeth Morland	Cushinstown	8.50	
2018	Elizabeth Morland	Cushinstown	8.43	
2019	Kate Doherty	Dundrum South Dublin	8.29	
2020	Sarah Quinn	St Colman's South Mayo	8.32	
2021	Not held due to Covid 19			
2022	Sarah Lavin	Emerald	8.12	
2023	Sarah Lavin	Emerald	8.03	
2024	Sarah Lavin	Emerald	7.91	
2025	Sarah Lavin	Emerald	8.11	

3000m Walk Women

1988	Marie Walsh	Shelbourne	15.24.72	
1989	Perri Williams	St. Senan's	15.34.29	
1990	Marie Walsh	SDS	13.52.20	
1991	Marie Walsh	SDS	13.51.95	
1992	Marie Walsh	SDS	14.10.37	
1993	Perri Williams	St Senan's	14.02.89	
1994	Deirdre Gallagher	University College Dublin	13.32.91	
1995	Deirdre Gallagher	University College Dublin	12.57.21	
1996	Deirdre Gallagher	Ballina	12.41.41	
1997	Deirdre Gallagher	Ballina	12.55.10	
1998	Gillian O'Sullivan	Farranfore Maine Valley	13.21.20	
1999	Gillian O'Sullivan	Farranfore Maine Valley	12.58.13	
2000	Gillian O'Sullivan	Farranfore Maine Valley	12.28.97	
2001	Gillian O'Sullivan	Farranfore Maine Valley	12.20.62	
2002	Olive Loughnane	Loughrea	13.06.76	
2003	Gillian O'Sullivan	Farranfore Maine Valley	11.35.34	CR
2004	Gillian O'Sullivan	Farranfore Maine Valley	11.59.79	
2005	Olive Loughnane	Loughrea	12.50.86	
2006	Ann Loughnane	Craughwell	13.18.71	
2007	Gillian O'Sullivan	Farranfore Maine Valley	12.40.81	
2008	Olive Loughnane	Loughrea	13.05.16	
2009	Laura Reynolds	Mohill	13.52.30	
2010	Zuzana Malikova SVK	West Waterford	12.36.43	
2011	Laura Reynolds	Mohill	12.47.55	
2012	Laura Reynolds	Mohill	12.46.23	
2013	Laura Reynolds	Mohill	13.05.84	
2014	Lauren Whelen	Leevale	14.22.96	
2015	Veronica Burke	Ballinasloe & District	14.40.89	
2016	Sinead O'Connor	Celbridge	14.50.69	
2017	Kate Veale	West Waterford	14.03.90	
2018	Kate Veale	West Waterford	13.38.36	
2019	Kate Veale	West Waterford	13.18.39	
2020	Kate Veale	West Waterford	14.47.05	
2021	Not held due to Covid 19			
2022	Kate Veale	West Waterford	13.32.04	
2023	Kate Veale	West Waterford	12.40.46	
2024	Kate Veale	West Waterford	12.27.82	
2025	Kate Veale	West Waterford	13.24.02	

High Jump Women

1988	Michelle Costigan	Dublin University Harriers	1.75
1989	Michelle Costigan	Dublin University Harriers	1.64
1990	Sharon Foley	Lifford	1.77
1991	Therese McDonald	Raheny Shamrock	1.70
1992	Laura Sharpe	Navan	1.76
1993	Sharon Foley	Tir Chonaill	1.81
1994	Laura Sharpe	Navan	1.85
1995	Laura Sharpe	Navan	1.80
1996	Sharon Foley	Lifford	1.75
1997	Sharon Foley	Lifford	1.80
1998	Sharon Foley	Lifford	1.75
1999	Bridget Corrigan	Dublin City Harriers	1.73
2000	Orna Donoghue	Carrick-on-Suir	1.70
2001	Deirdre Ryan	Dundrum South Dublin	1.75
2002	Deirdre Ryan	Dundrum South Dublin	1.84
2003	Sharon Gallen (Foley)	Lifford	1.70
2004	Deirdre Ryan	University College Dublin	1.75
2005	Rosemary Daniels	Na Fianna	1.65

2006	Sharon Heveran	Westport	1.76	
2007	Deirdre Ryan	Dundrum South Dublin	1.85	
2008	Deirdre Ryan	Camelot	1.85	
2009	Pamela Hughes	Westport	1.65	
2010	Rosemary Daniels	Na Fianna	1.75	
2011	Cathriona Farrell	Craughwell	1.70	
2012	Cathriona Farrell	Craughwell	1.70	
2013	Emily Rogers	St. Peter's	1.65	
2014	Gráinne Moggan	Dundrum South Dublin	1.68	
2015	Cathriona Farrell	Craughwell	1.77	
2016	Cathriona Farrell	Craughwell	1.75	
2017	Emily Rogers	St. Peter's	1.75	
2018	Sommer Lecky	Finn Valley	1.84	
2019	Sommer Lecky	Finn Valley	1.86	CR
2020	Sommer Lecky (tied)	Finn Valley	1.75	
2020	Pipa Rogan (tied)	Sli Cualann	1.75	
2021	Not held due to Covid 19			
2022	Ava Rochford	Nenagh Olympic	1.78	
2023	Pipa Rogan	Sli Cualann	1.79	
2024	Daena Kealy	St. Abbans	1.82	
2025	Sommer Lecky	Finn Valley	1.81	

Pole Vault Women

1998	Elaine Murphy	Lagan Valley	2.40	
1999	Maria Brangan	Raheny Shamrock	2.40	
2000	Juliet Claffey	Borrisokane	2.91	
2001	Shirley Buchanan	Borrisokane	3.05	
2002	Juliet Claffey	Borrisokane	3.10	
2003	Zoe Brown	Ballymena & Antrim	3.55	
2004	Zoe Brown	Loughborough	4.10	
2005	Edel O'Meara	Borrisokane	2.60	
2006	Juliet Claffey	Borrisokane	3.30	
2007	Zoe Brown	Shaftsbury Barnet	3.65	
2008	Zoe Brown	Unattached	3.80	
2009	Zoe Brown	Unattached	4.00	
2010	Clare Wilkinson	Ballymena & Antrim	3.90	
2011	Tori Pena	Finn Valley	4.00	
2012	Claire Wilkinson	Ballymena & Antrim	3.80	
2013	Zoe Brown	Raheny Shamrock	4.07	
2014	Zoe Brown	Raheny Shamrock	4.31	CR
2015	Claire Wilkinson	Ballymena & Antrim	3.65	
2016	Ruth Larragy	Le Cheile	2.85	
2017	Ellen McCartney	City of Lisburn	3.40	
2018	Ellen McCartney	City of Lisburn	3.72	
2019	Clodagh Walsh	Abbey Striders	3.60	
2020	Ariel Lieghio	Clonliffe Harriers	3.95	
2021	Not held due to Covid 19			
2022	Ellen McCartney	City of Lisburn	4.00	
2023	Ellen McCartney	City of Lisburn	4.05	
2024	Kara Morrissey	St. Laurence O'Toole	3.15	
2025	Meabh Corkery	Midleton	3.40	

Long Jump Women

1988	Terri Horgan	Dublin City Harriers	5.92	
1989	Siobhan Hoey	Mountmellick	5.46	
1990	Terri Horgan	Dublin City Harriers	5.96	
1991	Terri Horgan	Dublin City Harriers	6.00	
1992	Terri Horgan	Dublin City Harriers	6.00	
1993	Terri Horgan	Dublin City Harriers	5.95	
1994	Janice O'Brien	Newbridge	5.79	
1995	Jacqui Stokes	Ferrybank	5.86	
1996	Jacqui Stokes	Ferrybank	5.70	
1997	Shauna Colhoun	Lifford	5.75	
1998	Aine Cuddihy	Carrick-on-Suir	5.79	
1999	Antoinette Furlong	DMP	5.60	
2000	Antoinette Furlong	DMP	5.71	
2001	Shauna Colhoun	Lifford	5.84	
2002	Antoinette Furlong	DMP	5.90	
2003	Antoinette Furlong	DMP	5.83	
2004	Antoinette Furlong	DMP	6.01	
2005	Mary McLoone	Tir Chonaill	5.69	
2006	Kelly Proper	Ferrybank	6.19	
2007	Kelly Proper	Ferrybank	6.19	
2008	Kelly Proper	Ferrybank	6.28	
2009	Kelly Proper	Ferrybank	6.32	
2010	Kelly Proper	Ferrybank	6.35	
2011	Kelly Proper	Ferrybank	6.22	
2012	Kelly Proper	Ferrybank	6.34	
2013	Kelly Proper	Ferrybank	5.91	
2014	Kelly Proper	Ferrybank	6.35	
2015	Kelly Proper	Ferrybank	6.22	
2016	Sarah McCarthy	Mid Sutton	5.90	
2017	Sarah McCarthy	Mid Sutton	6.03	
2018	Sarah McCarthy	Mid Sutton	5.90	
2019	Ruby Millet	St. Abban's	6.20	
2020	Saragh Buggy	St. Abban's	6.05	
2021	Not held due to Covid 19			
2022	Ruby Millet	St. Abban's	6.42	CR
2023	Elizabeth Ndudi	Dundrum South Dublin	6.28	
2024	Sophie Meredith	St. Mary's Limerick	6.05	
2025	Lauren Callaghan	Finn Valley	5.94	

Triple Jump Women

1991	Marie O'Meara	Nenagh Olympic	11.01	
1992	Jocelyn Hanrahan	Limerick	11.01	
1993	Siobhan Hoey	University College Dublin	11.46	
1994	Jocelyn Hanrahan	Limerick	11.14	
1995	Patricia Cahill	Lismore	10.90	
1996	Siobhan Hoey	Dublin City Harriers	11.98	
1997	Siobhan Hoey	Dublin City Harriers	12.38	
1998	Siobhan Hoey	Dublin City Harriers	11.98	
1999	Siobhan Hoey	Dublin City Harriers	12.24	
2000	Mary McLoone	Tir Chonaill	11.57	
2001	Taneisha Robinson	Limerick	12.38	
2002	Sharon Foley	Lifford	11.67	
2003	Sharon Gallen (Foley)	Lifford	12.24	
2004	Taneisha Robinson	Limerick	12.92	
2005	Mary McLoone	Tir Chonaill	11.94	
2006	Brona Furlong	Slaney Olympic	11.47	
2007	Gillian Kerr	Finn Valley	12.73	

2008	Mary McLoone	Tir Chonaill	12.25	
2009	Mary McLoone	Tir Chonaill	12.80	
2010	Mary McLoone	Tir Chonaill	12.50	
2011	Mary McLoone	Tir Chonaill	12.50	
2012	Mary McLoone	Tir Chonaill	12.47	
2013	Mary McLoone	Tir Chonaill	12.48	
2014	Caoimhe King	Aughagower	12.84	
2015	Mary McLoone	Tir Chonaill	12.10	
2016	Saragh Buggy	St. Abbans	12.71	
2017	Saragh Buggy	St. Abbans	12.86	
2018	Saragh Buggy	St. Abbans	13.02	
2019	Saragh Buggy	St. Abbans	13.05	
2020	Saragh Buggy	St. Abbans	12.80	
2021	Not held due to Covid 19			
2022	Saragh Buggy	St. Abbans	13.05	
2023	Saragh Buggy	St. Abbans	13.25	CR
2024	Saragh Buggy	St. Abbans	12.80	
2025	Saragh Buggy	St. Abbans	12.85	

Shot Put Women

1988	Marita Walton	Kilkenny City Harriers	14.73	
1989	Marita Walton	Kilkenny City Harriers	13.84	
1990	Elaine Hayes	North Laois	11.02	
1991	Brid Hallissey	Ferrybank	11.14	
1992	Brid Hallissey	Ferrybank	12.04	
1993	Marita Walton	Kilkenny City Harriers	13.32	
1994	Emma Gavin	Limerick	11.84	
1995	Edel Meagher	Blarney/Iniscarra	11.96	
1996	Emma Gavin	Limerick	12.70	
1997	Emma Gavin	Limerick	13.31	
1998	Bridie Lynch	Tir Chonaill	11.85	
1999	Emma Gavin	Limerick	13.54	
2000	Eva Massey	North Down	14.03	
2001	Eva Massey	Windsor Slough	13.81	
2002	Geraldine Stewart	Tir Chonaill	12.38	
2003	Eva Massey	North Down	16.32	CR
2004	Geraldine Stewart	Tir Chonaill	12.38	
2005	Geraldine Stewart	Tir Chonaill	12.25	
2006	Eva Massey	North Down	15.54	
2007	Eva Massey	North Down	14.92	
2008	Eva Massey	North Down	15.39	
2009	Clare Fitzgerald	Tralee Harriers	13.11	
2010	Fiona Moloney		11.90	
2011	Sophie Parkinson (GBR)		10.94	
2012	Clare Fitzgerald	Tralee Harriers	13.91	
2013	Clare Fitzgerald	Tralee Harriers	14.75	
2014	Clare Fitzgerald	Tralee Harriers	14.94	
2015	Alanna Frattaroli	Limerick	12.72	
2016	Clare Fitzgerald	Kerry	14.95	
2017	Michaela Walsh	Swinford	14.95	
2018	Michaela Walsh	Swinford	15.36	
2019	Michaela Walsh	Swinford	14.44	
2020	Michaela Walsh	Swinford	14.37	
2021	Not held due to Covid 19			
2022	Michaela Walsh	Swinford	14.96	
2023	Michaela Walsh	Swinford	15.60	
2024	Michaela Walsh	Swinford	15.03	
2025	Michaela Walsh	Swinford	14.48	

Pentathlon Women

1988	Brid Hallissey	Ferrybank	3,384	CR
1989	Brid Hallissey	Ferrybank	3,605	
1990	Geraldine Finnegan	Dunleer	3,252	
1991	Brid Hallissey	Ferrybank	3,673	
1992	Brid Hallissey	Ferrybank	3,909	
1993	Sharon Foley	Tir Chonaill	3,834	
1994	Sharon Foley	Tir Chonaill	3,805	
1995	Sharon Foley	Lifford	3,786	
1996	Fiona Mullen	WSAF	2,649	
1997	Orna Donoghue	Carrick-on-Suir	3,055	
1998	Fiona Kavanagh	St. Laurence O'Toole	3,167	
1999	Fiona Kavanagh	St. Laurence O'Toole	3,319	
2000	Orna Donoghue	Carrick-on-Suir	3,268	
2001	Orna Donoghue	Carrick-on-Suir	3,293	
2002	Orna Donoghue	Carrick-on-Suir	3,218	
2003	Orna Donoghue	Carrick-on-Suir	3,604	
2004	Geraldine Finnegan	Dunleer	3,139	
2005	Geraldine Finnegan	Dunleer	3,168	
2006	Kelly Proper	Ferrybank	3,362	
2007	Liz McCarthy Coomey	Bandon	1,892	
2008	Roisin Howard	Bandon	2,924	
2009	Geraldine Finnegan	Dunleer	2,908	
2010	Claire McNamara	Athenry	3,050	
2011	Geraldine Finnegan	Dunleer	2,894	
2012	Leona Bryne	St. Laurence O'Toole	3,396	
2013	Geraldine Finnegan	Dunleer	2,658	
2014	Laura Frey	Lagan Valley	2,869	
2015	Roisin Howard	Bandon	3,251	
2016	Sofia Jäger Stenberg	Sundbybergs IK	3,382	
2017	Amy McTeggart	Boyne	3,373	
2018	Sarah Connolly	North Down	3,661	
2019	Laura Frey	Lagan Valley	3,298	
2020	Elizabeth Morland	Cushinstown	3,806	
2021	Not held due to Covid 19			
2022	Louise King	St. Colman's South Mayo	2,725	
2023	Niamh McCorry	Raheny Shamrock	3,018	
2024	Lara O'Byrne	Donore Harriers	3,499	
2025	Laura Frawley	Nenagh Olympic	3,252	

4 x 200m Relay Women

1991	Nenagh Olympic	1.48.8	*4x400m
1992	Clonliffe Harriers	1.45.7	
1993	Clonliffe Harriers	1.44.2	
1994	Clonliffe Harriers	1.47.1	
1995	Dundrum South Dublin	1.48.46	
1996	Nenagh Olympic	1.47.3	
1997	Nenagh Olympic	1.46.8	
1998	Borrisokane	NT	
1999	Ballybrack	1.5.36	
2000	Letterkenny	1.51.9	
2001-2019	Not held		
2020	Leevale	1.42.46	
2021	Not held due to Covid 19		
2022	Dundrum South Dublin	1.41.15	
2023	Dundrum South Dublin	1.39.86	
2024	Leevale	1.40.40	
2025	Dundrum South Dublin	1.40.96	

4 x 400m Relay Women

2024	Ratoath	3.51.08
2025	University College Dublin	3.47.66

28lbs for Distance

2019	Laura Dolan	Ferbane	6.28
2020	Zoe Mohan	Cushinstown	6.78
2021	Not held due to Covid 19		
2022	Zoe Mohan	Cushinstown	6.67
2023	Laura Dolan	Ferbane	6.78
2024	Kotryna Pacerinskaite	Fanahan McSweeney	7.20
2025	Kotryna Pacerinskaite	Fanahan McSweeney	8.20

National Indoor T&F League Women

2014	Leevale	76 pts
2015	Craughwell	75.5 pts
2016	Dublin City Harriers	106 pts
2017	Dublin City Harriers	81 pts
2018	Dublin City Harriers	73 pts
2019	Dublin City Harriers	111 pts
2020	Dublin City Harriers	125 pts
2021	Not held due to Covid 19	
2022	Leevale	63 pts
2023	Dundrum South Dublin	110.5 pts
2024	Dundrum South Dublin	105 pts
2025	Ratoath	250 pts

Irish Under-Age Indoor Athletics Champions 1984-2025

The task of compiling the list of underage winners of Irish Indoor Championship titles since their inception in the mid-1980s, while needed and attractive, inevitably presented a number of difficult challenges. These included missing and lost results, a dependence on newspapers for results which can never be assumed to be accurate and of course age group changes and hand timing. (See notes at the end of the compilation) However, what is presented is an honest attempt to record what happened and give the athletes & clubs who won the titles their place in history forever. The authors apologise in advance for errors and strongly welcome corrections and additions to be sent to the following email addresses with thanks.
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Venues:

1984 St Kierans College Kilkenny (High Jump only)
1985 Abbey VS, Donegal Town (High Jump & Shot Put only)
1986-2012 Nenagh Olympic Athletic Club Stadium
2009 Meadowbank Sports Arena, Magherafelt (200m, 800m, Walks, Relays, plus U17-U19 High Jump, Long Jump, Shot Put)
2011 Meadowbank Sports Arena, Magherafelt (60m, 60mH, High Jump, Long Jump, Shot Put & U12-13 600m & U16-U19 300m/400m, 1500m, Triple Jump)
2013- Athlone International Indoor Arena

1984 - 1999 Championships organised by Bord Lúthchleas na hÉireann (BLÉ) & Bord Lúthchleas ógánach na hÉireann (BLOÉ)
2000 - present Championships organised by Athletic Association of Ireland (AAI)

60m U23 Men Indoors

2013	Edmond O'Halloran	Limerick Emerald	7.06	
2014	Barry Regan	St Abban's	6.97	
2015	Marcus Lawler	St Laurence O'Toole	6.96	
2016	Andrew Mellon	North Down	6.92	
2017	Christian Robinson	City of Lisburn	6.92	
2018	Sean O'Driscoll	Raheny Shamrock	7.03	
2019	Joseph Olalekan Ojemuni	Tallaght	6.83	
2020	Tope Adeyeye	Sli Cualann	6.88	
2021	Not held due to Covid 19			
2022	Israel Olatunde	University College Dublin	6.63	CR
2023	Oliver Swinney	Speed Development Project Track Club	6.77	
2024	Nkemjika Onwumereh	Metro/St. Brigids	6.84	

200m U23 Men Indoors

2013	Curtis Woods	North Down	21.91	
2014	Mark Kavanagh	Dundrum South Dublin	22.16	
2015	Marcus Lawler	St Laurence O'Toole	21.33	CR
2016	Dean Power	Tullamore Harriers	22.34	
2017	Adam Murphy	St Laurence O'Toole	22.18	
2018	Craig Newell	Ballymena & Antrim	21.70	
2019	Cillin Greene	Galway City Harriers	21.47	
2020	Mark Smyth	Raheny Shamrock	21.36	
2021	Not held due to Covid 19			
2022	Hugo Magee	Crusaders	22.40	
2023	Padraic Hassett	Nenagh Olympic	21.81	
2024	Callum Baird	Ballymena & Antrim	21.49	

400m U23 Men Indoors

2013	Thomas Barr	Ferrybank	47.41	
2014	Thomas Barr	Ferrybank	47.17	CR
2015	Paul White	Nenagh Olympic	49.68	
2016	Eanna Madden	Carrick-on-Shannon	48.26	
2017	Brandon Arrey	Blarney/Inniscara	48.75	
2018	Brandon Arrey	Blarney/Inniscara	48.43	
2019	Shane Irwin	Finn Valley	48.41	
2020	Cathal Crosbie	Ennis	48.33	
2021	Not held due to Covid 19			
2022	David Ryan	Moycarkey Coolcree	48.63	
2023	Ciaran Carthy	Dundrum South Dublin	48.53	
2024	Joe Doody	Cabinteely	48.67	

800m U23 Men Indoors

2013	Darragh Lynch	Ennis Track	1.55.33	
2014	Keith Fallon	Galway City Harriers	1.56.78	
2015	Karl Griffin	University College Dublin	1.51.18	CR
2016	Eoin Strutt	Raheny Shamrock	1.56.77	
2017	Kevin Woods	Crusaders	1.57.02	
2018	Connal Hayes	Le Cheile	1.56.35	
2019	Robert Hewison	Kildare	1.56.61	
2020	Mark Milner	University College Dublin	1.54.17	
2021	Not held due to Covid 19			
2022	Jake Bagge	Ferrybank	1.52.45	
2023	Nathan Sheehy Cremin	Emerald	1.54.38	
2024	Dara Donoghue	Lucan Harriers	1.56.85	

1500m U23 Men Indoors

2013	Damien Landers	St John's	4.11.90	
2014	Keith Fallon	Galway City Harriers	4.00.72	
2015	Andrew Wright	Willowfield Harriers	4.02.20	
2016	Paddy Robb	St. Malachy's	4.05.80	
2017	Kevin Kelly	St. Cocus	3.56.19	
2018	Luke McCann	Dundrum South Dublin	3.56.83	
2019	Luke McCann	Dublin City Harriers	3.48.03	CR
2020	Kevin McGrath	Bohermeen	4.09.40	
2021	Not held due to Covid 19			
2022	Patrick Noonan	Craughwell	4.01.85	
2023	Sean Cotter	Craughwell	3.58.33	
2024	Oisin Murray	An Ríocht	3.58.72	

60m Hurdles U23 Men Indoors (1.067m/3'6)

2013	Edmond O'Halloran	Leevale	8.37	
2014	Mark McGarvey	City of Derry	8.60	
2015	Eoin Power	St Joseph's	8.68	
2016	Antonio Fernandez	Clonliffe Harriers	8.24	
2017	Matthew Behan	Crusaders	8.12	
2018	Matthew Behan	Crusaders	7.97	CR
2019	Shane Mooney	Tireragh	8.75	
2020	Valantinos Goularas	Crusaders	8.43	

2021	Not held due to Covid 19		
2022	Iarlaith Golding	St. Colmans South Mayo	8.36
2023	Jack McGrath	Leevale	8.70
2024	Adam Nolan	St. Laurence O'Toole	8.09

3000m Walk U23 Men Indoors

2013	Cian McManamon	Westport	12.11.73	
2014	Eric Hynes	Swinford	16.39.65	
2015	Luke Hickey	Leevale	12.04.37	CR
2017	Evan Lynch	Clonmel	13.22.23	
2018	Joseph Mooney	Adamstown	14.59.08	
2019	Joseph Mooney	Adamstown	13.01.52	
2020	Joseph Mooney	Adamstown	14.04.95	
2021	Not held due to Covid 19			
2022	Ryan Roberts	Sligo	16.31.88	
2023	Matthew Glennon	Mullingar Harriers	12.51.69	
2024	Matthew Glennon	Mullingar Harriers	12.09.49	

High Jump U23 Men Indoors

2013	Shane O'Dwyer	Ferrybank	2.00	
2014	Shane O'Dwyer	Ferrybank	1.95	
2015	Simon Archer	Templemore	1.90	
2016	Andrew Heeney	Clonliffe Harriers	2.00	
2017	Caolan O'Callaghan	Tír Chonail	1.85	
2018	Danial Hernon	St. Colman's South Mayo	1.80	
2019	Danial Hernon	St. Colman's South Mayo	1.80	
2020	Ciaran Connolly	Le Chéile	2.00	
2021	Not held due to Covid 19			
2022	Ciaran Connolly	Le Chéile	2.10	CR
2023	Jack Forde	St. Killian's	1.85	
2024	Joshua Knox	City of Lisburn	1.85	

Long Jump U23 Men Indoors

2013	Eamonn Fahy	Donore Harriers	6.95	
2014	Tony Stafford	Menapians	6.72	
2015	Shane Howard	Bandon	5.80	
2016	Colm Bourke	Raheny Shamrock	7.10	
2017	Keith Marks	Clonliffe Harriers	6.95	
2018	Keith Marks	Clonliffe Harriers	7.16	
2019	Keith Marks	Clonliffe Harriers	6.88	
2020	Joseph Minter	St. Mary's, Clare	6.52	
2021	Not held due to Covid 19			
2022	Adam Turner	Belgooly	6.73	
2023	Jordon Knight	St. Joseph's, Kilkenny	6.93	
2024	Reece Ademola	Leevale	7.17	CR

Triple Jump U23 Men Indoors

2013	Sean Archer	Ferrybank	13.44	
2014	Sean Archer	Ferrybank	14.00	
2015	Andriu Mahin	Clonliffe Harriers	13.83	
2016	Conor Durnin	St. Peter's Dromiskin	13.63	
2017	Caolan O'Callaghan	Tír Chonaill	12.84	
2018	Jordan Hoang	Tullamore Harriers	13.62	
2019	Mark Burton	Queens University Belfast	14.19	
2020	Jai Benson	Lagan Valley	14.51	CR
2021	Not held due to Covid 19			
2022	Richard Kampson	Galway City Harriers	12.99	
2023	Leon Sweeney	Naas	13.15	
2024	Joshua Knox	City of Lisburn	13.69	

Pole Vault U23 Men Indoors

2013	Thomas Houlihan	West Waterford	4.60	
2014	Thomas Houlihan	West Waterford	4.20	
2015	Not held			
2016	Conor Bermingham	Raheny Shamrock	4.20	
2017	Conor Bermingham	Raheny Shamrock	4.20	
2018	Raymond Walsh	Abbey Striders	4.00	
2019	Yuri Kanash	West Waterford	4.30	
2020	Matthew Callinan Keenan	St. Laurence O'Toole	4.40	
2021	Not held due to Covid 19			
2022	Matthew Callinan Keenan	St. Laurence O'Toole	4.65	CR
2023	Aaron Malik	Nenagh Olympic	3.50	
2024	Not contested			

Shot Put U23 Men Indoors

2013	Patrick McSweeney	Bandon	12.12	
2014	Paul Collins	North Westmeath	13.57	
2015	James Kelly	Crusaders	13.24	
2016	James Kelly	Crusaders	13.03	
2017	John Kelly	Finn Valley	16.75	CR
2018	John Kelly	Finn Valley	16.46	
2019	John Joe Kelly	Brow Rangers	11.84	
2020	Jonathon Bell	Crusaders	10.76	
2021	Not held due to Covid 19			
2022	Sean Carolan	Nenagh Olympic	13.36	
2023	Jack Forde	St. Killian's	12.57	
2024	Sam Vines	Cabinteely	14.57	

35lb Weight for Distance U23 Men Indoors

2013	Patrick McSweeney	Bandon	8.52	
2014	Patrick McSweeney	Bandon	7.95	
2015	Michael Kenny	Kildare	8.53	
2016	Seamus McMahon	Shannon	8.03	
2017	Seamus McMahon	Shannon	8.51	
2018	Seamus McMahon	Shannon	8.91	
2019	Patrick Darcy	Brow Rangers	7.71	
2020	Sean Mockler	Moycarkey Coolcree	8.77	
2021	Not held due to Covid 19			

2022	Robert Higgins	Na Fianna	9.18	
2023	Robert Higgins	Na Fianna	9.02	
2024	Robert Higgins	Na Fianna	9.35	CR

4 x 200m Relay Junior (U23) Men Indoors

2023		Not contested		
2024		Dundrum South Dublin	1.32.63	CR

60m U23 Women Indoors

2013	Catherine McManus	Dublin City Harriers	7.59	
2014	Phil Healy	Bandon	NT	
2015	Clodhna Manning	Kilkenny City Harriers	7.64	
2016	Phil Healy	Bandon	7.47	
2017	Sophie Becker	St Josephs	7.58	
2018	Vicky Harris	Mullingar Harriers	7.83	
2019	Sophie Becker	St Josephs	7.54	
2020	Ciara Neville	Emerald	7.33	CR
2021	Not held due to Covid 19			
2022	Katie Bergin	Moyne	7.75	
2023	Katie Bergin	Moyne	7.71	
2024	Katie Bergin	Moyne	7.62	

200m U23 Women Indoors

2013	Steffi Creaener	Dublin City Harriers	24.40	
2014	Louise Holmes	Kilkenny City Harriers	24.94	
2015	Phil Healy	Bandon	24.21	
2016	Phil Healy	Bandon	24.04	CR
2017	Sophie Becker	St Josephs	24.76	
2018	Sophie Becker	St Josephs	24.85	
2019	Sophie Becker	St Josephs	24.25	
2020	Ciara Neville	Emerald	24.40	
2021	Not held due to Covid 19		24.45	
2022	Lauren Cadden	Sligo		
2023	Katie Bergin	Moyne	25.25	
2024	Katie Bergin	Moyne	24.54	

400m U23 Women Indoors

2013	Christine McMahon	Ballymena & Antrim	55.33	CR
2014	Christine McMahon	Ballymena & Antrim	57.38	
2015	Jessica Neville	Leevale	59.72	
2016	Kelly McGrory	Tír Chonaill	57.57	
2017	Jemma Bromwell	Emerald	55.42	
2018	Kelly McGrory	Tír Chonaill	58.62	
2019	Nicole Walsh	Galway City Harriers	56.15	
2020	Nicole Walsh	Galway City Harriers	56.25	
2021	Not held due to Covid 19			
2022	Rachel McCann	North Down	55.56	
2023	Miriam Daly	Carrick-on-Suir	55.76	
2024	Kate O'Connell	Lucan Harriers	55.71	

800m U23 Women Indoors

2013	Sinead Denny	Dundrum South Dublin	2.25.21	
2014	Mary-Ann O'Sullivan	Tinryland	2.13.57	
2015	Katie Kirk	Queens University Belfast	2.08.19	
2016	Alanna Lally	University College Dublin	2.17.03	
2017	Not held			
2018	Alanna Lally	University College Dublin	2.07.09	CR
2019	Jenna Bromwell	Emerald	2.09.07	
2020	Claire Fagan	Mullingar Harriers	2.16.14	
2021	Not held due to Covid 19			
2022	Ellis Conway	Carrick-on-Shannon	2.14.83	
2023	Susie Nestor	University College Dublin	2.13.44	
2024	Susie Nestor	University College Dublin	2.14.17	

1500m U23 Women Indoors

2013	Rachael Smyth	St Coca's	4.52.46	
2014	Amy O'Donoghue	Limerick Emerald	4.34.85	
2015	Amy O'Donoghue	Limerick Emerald	4.33.60	
2016	Amy O'Donoghue	Limerick Emerald	4.36.50	
2017	Jessica Coyne	Dooneen	4.39.03	
2018	Sorcha McAllister	Westport	4.42.18	
2019	Nadine Donegan	Tullamore Harriers	4.44.17	
2020	Jodie McCann	Dublin City Harriers	4.39.28	
2021	Not held due to Covid 19			
2022	Shona O'Brien	Cork Track Club	4.46.37	
2023	Kelly Breen	North East Runners	4.41.39	
2024	Eimear Maher	Dundrum South Dublin	4.32.11	CR

60m Hurdles U23 Women Indoors (0.84m/2'9)

2013	Catherine McManus	Dublin City Harriers	8.76	
2014	Sarah Lavin	University College Dublin	8.33	CR
2015	Sarah Lavin	University College Dublin	8.65	
2016	Sarah Lavin	University College Dublin	8.34	
2017	Naomi Morgan	Dundrum South Dublin	9.21	
2018	Elizabeth Morland	Cushinstown	8.50	
2019	Kate Doherty	Dundrum South Dublin	8.47	
2020	Sarah Quinn	St. Colmans South Mayo	8.56	
2021	Not held due to Covid 19			
2022	Niamh O'Neill	St. Colmans South Mayo	8.73	
2023	Ruby Millet	St. Abbans	8.47	
2024	Arabella Adekoya	St. Laurence O'Toole	8.71	

3000m Walk U23 Women Indoors

2013	Maeve Curley	Craughwell	13.47.58	CR
2014	Sarah Bourke	St Coca's	16.33.20	
2015	Siobhan Nash	St Abban's	15.10.78	
2016	Veronica Burke	Ballinasloe & District	15.40.21	
2017	Veronica Burke	Ballinasloe & District	14.37.71	
2018	Veronica Burke	Ballinasloe & District	14.43.11	
2019	Orlaith Delahunt	Sligo	15.08.69	
2020	Orlaith Delahunt	Sligo	15.07.96	
2021	Not held due to Covid 19			
2022	Sarah Glennon	Mullingar Harriers	16.16.55	
2023	Siobhan Doherty	Tir Chonaill	16.40.44	

High Jump U23 Women Indoors

2013	Cathriona Farrell	Craughwell	1.65	
2014	Cathriona Farrell	Craughwell	1.75	
2015	Emily Rogers	St. Peter's Dromiskin	1.70	
2016	Emily Rogers	St. Peter's Dromiskin	1.66	
2017	Amy McTeggart	Boyne	1.68	
2018	Amy McTeggart	Boyne	1.70	
2019	Not contested			
2020	Daena Kealy	St. Abban's	1.70	
2021	Not held due to Covid 19			
2022	Daena Kealy	St. Abban's	1.76	CR
2023	Ciara Kennelly	Killarney Valley	1.74	
2024	Aoife O'Sullivan	Liscarroll	1.65	

Long Jump U23 Women Indoors

2013	Sally Rose Maughan	Castlebar	5.31	
2014	Jessica Sheehan	Leevale	5.15	
2015	Sarah McCarthy	Mid Sutton	6.07	
2016	Sarah McCarthy	Mid Sutton	5.79	
2017	Viviam Fleischer	Celbridge	5.40	
2018	Elizabeth Morland	Cushinstown	5.64	
2019	Grace Furlong	Waterford	5.26	
2020	Elizabeth Morland	Cushinstown	5.75	
2021	Not held due to Covid 19			
2022	Erin Fisher	City of Lisburn	5.35	
2023	Ruby Millet	St. Abbans	6.31	CR
2024	Laura Frawley	Nenagh Olympic	5.51	

Triple Jump U23 Women Indoors

2013	Fiona Hill	Newbridge	11.02	
2014	Caoimhe King	Aughagower	12.68	CR
2015	Sinead O'Connor	Tralee Harriers	10.88	
2016	Sarah Buggy	St. Abban's	12.36	
2017	Solange Diogo	Galway City Harriers	11.13	
2018	Grace Furlong	Waterford	11.42	
2019	Grace Furlong	Waterford	11.50	
2020	Grace Furlong	Waterford	12.13	
2021	Not held due to Covid 19			
2022	Emily O'Mahoney	Waterford	11.10	
2023	Aisling MacHugh	Naas	10.90	
2024	Anna Ryan	Moycarkey Coolcree	11.82	

Shot Put U23 Women Indoors (4kg)

2013	Alana Frattaroli	Limerick	11.28	
2014	Niamh Murphy	Blarney / Inniscara	12.84	
2015	Sophie Parkinson	Gowran	11.96	
2016	Sophie Parkinson	Gowran	11.96	
2017	Laura McSweeney	Bandon	12.05	
2018	Michaela Walsh	Swinford	15.34	CR
2019	Michaela Walsh	Swinford	14.33	
2020	Michaela Walsh	Swinford	13.62	
2021	Not held due to Covid 19			
2022	Ciara Sheehy	Emerald	13.04	
2023	Ciara Sheehy	Emerald	13.55	
2024	Ciara Sheehy	Emerald	14.40	

28lbs Weight For distance U23 Women Indoors

2019	Michaela Walsh	Swinford	5.46	
2020	Zoe Mohan	Cushinstown	6.52	
2021	Not held due to Covid 19			
2022	Zoe Mohan	Cushinstown	6.63	
2023	Kiana Nolan	St. Laurence O'Toole	6.36	
2024	Laura Frawley	Nenagh Olympic	6.90	CR

4 x 200m Relay Junior U23 Women Indoors

2023	Dundrum South Dublin	1.44.76
2024	Ratoath	1.50.81

60m Junior U20 Men Indoors

1988	Aidan McGrath	Nenagh Olympic	7.21
1989	Darren Haddock	Togher	7.16
1990	Carlton Haddock	Togher	6.90
1991	Jeff Pamplin	Dublin City Harriers	7.16
1992	Jeff Pamplin	Dublin City Harriers	7.07
1993	Michael Murphy	Leevale	7.09
1994	Stuart McQuade	Dublin City Harriers	6.95
1995	Stuart McQuade	Dublin City Harriers	6.96
1996	Damien Wilmott	Dooneen	7.21
1997	Aaron Rogers	Dundealgan	7.06
1998	John Carroll	Fingallians	7.03
1999	Mark Howard	Fingallians	6.90
2000	Jer O'Donoghue	Leevale	6.96
2001	Darragh Graham	Inbhear Dee	7.10
2002	Paul Hession	Athenry	7.05
2003	Paul Gill	Carbury	7.12
2004	Daniel Kavanagh	Clonliffe Harriers	7.26
2005	Derek Duff	Leevale	7.16
2006	Eoin Hannon	Tullamore Harriers	7.21
2007	Kevin Duggan	Mullingar Harriers	7.18
2008	Christopher Russell	Ferrybank	7.10
2009	Craig Lynch	Shercock	7.12
2010	Paul Whelan	Dublin Striders	7.08
2011	Paul Whelan	Dublin Striders	7.00

2012	Greg O'Shea	Dooneen	6.90	
2013	Marcus Lawler	St Laurence O'Toole	6.90	
2014	Keith Doherty	Tallaght	6.88	
2015	Sean O'Driscoll	Raheny Shamrock	6.90	
2016	Ben Fisher	City of Lisburn	6.99	
2017	Joe Gibson	Bandon	6.97	
2018	Israel Olatunde	Dundealghan	6.99	
2019	Israel Olatunde	Dundealghan	6.84	CR
2020	Israel Olatunde	Dundealghan	6.91	
2021	Not held due to Covid 19			
2022	Nkemjika Onwumereh	Metro St Brigids	6.85	
2023	Osamudiamen jesse Osas	Ratoath	6.99	
2024	Sean Aigboboh	Tallaght	6.84	CR

200m Junior U20 Men Indoors

1991	Tom Comyns	Limerick	23.05	
1992	Jeff Pamplin	Dublin City Harriers	22.48	
1993	John Butler	Raheen	24.10	
1994	Stuart McQuade	Dublin City Harriers	22.39	
1995	Kevin Cogley	DMP	22.49	
1996	Darren Hough	Corran	22.50	
1997	Brian Cullinane	Nenagh Olympic	23.20	
1998	Paul Opperman	Dundrum South Dublin	22.72	
1999	Brendan Bourke	Limerick	23.10	
2000	Timothy Flannery	Nenagh Olympic	22.53	
2001	Darragh Graham	Inbhear Dee	22.37	
2002	Paul Hession	Athenry	22.18	
2003	Darragh Graham	Sli Cualann	22.44	
2004	David Hynes	Menapians	22.64	
2005	Gerard O'Reilly	Shercock	22.80	
2006	Gerard O'Reilly	Shercock		
2007	Christopher Russell	Ferrybank	22.99	
2008	Christopher Russell	Ferrybank	22.40	
2009	Fearghus Hannon	Tullamore Harriers	22.82	
2010	Mark Kavanagh	Dundrum South Dublin	22.99	
2011	Mark Kavanagh	Dundrum South Dublin	22.39	
2012	Kieron Elliot	North Sligo	22.99	
2013	Marcus Lawler	St Laurence O'Toole	21.31	
2014	Marcus Lawler	St Laurence O'Toole	21.74	
2015	Sean Lawlor	Donore Harriers	21.86	
2016	David McDonald	Menapians	21.99	
2017	Mark Smyth	Raheny Shamrock	21.61	
2018	David Murphy	Gowran	21.84	
2019	Conor Morey	Leevale	22.06	
2020	Jack Oliver	Dundrum South Dublin	21.60	CR
2021	Not held due to Covid 19			
2022	Padraic Hassett	Nenagh Olympic	21.78	
2023	Dannan Long	Enniscorthy	21.84	
2024	Joe Burke	Templemore	22.19	

400m Junior U20 Men Indoors

1991	Gary Ryan	Nenagh Olympic	50.91	
1992	Mark Smyth	Eagle	50.81	
1993	Simon McQuaid	Kells	51.89	
1994	Keelan Conlon	University College Dublin	49.66	
1995	Michael Esmonde	Moyne	51.10	
1996	Darren Hough	Corran	50.36	
1997	David Keoghan	Dublin City Harriers	52.11	
1998	Tomas Coman	Templemore	50.85	
1999	Gordon Kennedy	Tullamore Harriers	50.80	
2000	Gordon Kennedy	Tullamore Harriers	50.98	
2001	Peter Condron	St Abban's	52.70	
2002	David McCarthy	Celbridge	48.62	
2003	Daniel Tobin	Clonliffe Harriers	49.76	
2004	Maurice Donoghue	Carrick-on-Suir	51.16	
2005	James Ruxton	Shercock	52.49	
2006	Brian Gregan	Tallaght		
2007	Ciaran Collins	Limerick Emerald	50.79	
2008	Brian Gregan	Tallaght	48.69	
2009	Alan Whelan	North Laois	51.60	
2010	Patrick Maher	Leevale	50.65	
2011	Patrick Maher	Leevale	49.64	
2012	Karl Griffin	Tír Chonaill	50.43	
2013	Eamon Wallace	Ratoath	49.41	
2014	Evan McGuire	Galway City Harriers	49.81	
2015	Paul Murphy	Ferrybank	48.03	CR
2016	Christopher O'Donnell	North Sligo	49.21	
2017	Christopher O'Donnell	North Sligo	48.89	
2018	Cathal Locke	Dooneen	48.22	
2019	Christopher Duffy	Tallaght	48.75	
2020	Jack Raftery	Donore Harriers	48.87	
2021	Not held due to Covid 19			
2022	Jed Walshe	Ratoath	49.40	
2023	David Mannion	South Galway	48.87	
2024	David Mannion	South Galway	48.52	

800m Junior U20 Men Indoors

1991	PJ O'Rourke	Nenagh Olympic	1.55.17	
1992	Shane Daly	Galway City Harriers	1.54.22	
1993	Paul Fleming	WSAF	2.00.18	
1994	James Nolan	Ferbane	1.55.39	
1995	James Nolan	Ferbane	1.55.4	
1996	Andrew Walker	Newbridge	1.55.01	
1997	Thomas Quaid	North Cork	2.05.82	
1998	Michael Wilcox	Kells	1.59.62	
1999	Michael Wilcox	Kells	1.58.0	
2000	David Campbell	Maynooth	1.57.08	
2001	David McCarthy	Celbridge	1.59.39	
2002	Ciaran O'Connell	Glaslough Harriers	1.58.25	
2003	Brian Dunne	Carrick-on-Suir	1.58.56	
2004	Colin Costello	Star of the Sea	1.52.46	
2005	Eoin Everard	Kilkenny City Harriers	1.56.27	
2006				
2007	Robert Fitzsimons	Tallaght	2.02.81	
2008	Conor Murphy	Naas	2.08.69	
2009	Michael O'Sullivan	West Muskerry	2.01.68	

2010	Dean Cronin	Blarney / Inniscara	1.59.8	
2011	Robert Yorke	Mullingar Harriers	1.56.22	
2012	Dean Cronin	Blarney / Inniscara	1.53.89	
2013	Conall Kirk	Lagan Valley	1.55.29	
2014	Harry Purcell	Trim	1.52.89	
2015	Harry Purcell	Trim	2.01.59	
2016	Chinnie Izuchukwu	Tullamore Harriers	1.55.79	
2017	Mark Milner	Tullamore Harriers	1.56.75	
2018	Mark Milner	Tullamore Harriers	1.55.57	
2019	James Dunne	Tullamore Harriers	1.53.77	
2020	James Dunne	Tullamore Harriers	2.00.68	
2021	Not held due to Covid 19			
2022	Callum Hurley	Ferrybank	1.51.86	CR
2023	Jack Kelly	Tallaght	1.53.96	
2024	Neil Culhane	Ace	1.54.09	

1500m Junior U20 Men Indoors

1988	Bobby Farren	Sparta	4.10.3	
1989	PJ O'Rourke	Nenagh Olympic	4.10.62	
1990	David Hickey	Tipperary Town	4.26.9	
1991	PJ O'Rourke	Nenagh Olympic	4.01.16	
1992	Shane Daly	Galway City Harriers	4.09.16	
1993	Mark Stewart	Limerick	4.08.44	
1994	Paul McNamara	Galway City Harriers	4.06.3	
1995	Larry Morrissey	Ferrybank	4.09.7	
1996	Kevin Walker	Newbridge	3.55.51	
1997	Darren Butler	Tullamore Harriers	4.30.39	
1998	Donal Sheehy	Fingallians	4.23.12	
1999	Pat McCartan	Coolyroe	4.12.9	
2000	David Kelly	Dundrum South Dublin	4.11.70	
2001	Liam Reale	Limerick	3.57.50	
2002	Yan Butler-Rees	Celbridge	4.11.50	
2003	Colin Costello	Star of the Sea	4.01.3	
2004	Philip Conway	Ferrybank	4.22.12	
2005	Des Earls	Sli Cualann	4.00.60	
2006				
2007	Conor Murphy	Naas	4.17.90	
2008	Joe Breen	Sliabh Bhuide Rovers	4.18.49	
2009	Paul Robinson	St. Coca's	4.10.14	
2010	Cathal Daly	Sli Cualann	4.22.65	
2011	Cathal Daly	Sli Cualann	4.09.35	
2012	Michael Carey	Clonmel	4.10.88	
2013	Daniel Lawler	St Laurence O'Toole	4.04.92	
2014	David Harper	Sligo	4.08.85	
2015	Kevin McGrath	Bohermeen	4.03.27	
2016	Kevin McGrath	Bohermeen	3.59.90	
2017	Kevin McGrath	Bohermeen	3.58.55	
2018	Alan McGinley	Lifford Strabane	4.10.78	
2019	Cian McPhillips	Longford	3.54.77	CR
2020	Sean Donoghue	Celtic Dublin City Harriers	4.04.60	
2021	Not held due to Covid 19			
2022	Sean McGinley	Finn Valley	3.59.96	
2023	Louie Woodger	Metro/St. Brigids	4.05.95	
2024	Jack Fenlon	St Abban's	3.51.75	

3000m Junior U20 Men Indoors

1991	Alan O'Gorman	Limerick	8.50.40	
1992	Alan O'Gorman	Limerick	8.52.27	
1993	Fintan Ralph	St. Laurence O'Toole	9.15.33	
1994	Paul McNamara	Galway City Harriers	8.36.70	
1995	Alan Dunleavy	Dundrum South Dublin	8.36.8	
1996	Colin Walsh	Tullamore Harriers	9.04.89	
1997	Mark Clancy	DMP	9.25.0	
1998	Paul Reilly	Loughrea	8.49.08	
1999	Michael Herlihy	North Cork	9.12.0	
2000	Garreth Coughlan	Fr Murphy	8.48.96	
2001	David Kelly	Dundrum South Dublin	8.38.26	
2002	Jamie McCarthy	Riverstick / Kinsale	9.13.61	
2003	Sean Smith	Shercock	9.02.56	
2004	Sean Smith	Shercock	8.44.8	
2005	Colin Costello	Star of the Sea	8.37.99	
2006				
2007	Tommy Carroll	North Sligo	9.11.77	
2008	Niall Tuohy	Ferrybank	8.29.17	CR
2009	Andrew Brennan	Metro St Brigid's	9.44.0	
2010	Conor Shovlin	St. Killian's	11.11.55	
Discontinued				

60m Hurdles Junior U20 Men Indoors (0.99m/3'3)

1988	Ronan Slevin	Nenagh Olympic	8.79	
1989	David Sheehan	Limerick	8.85	
1990	Matthew Burgoyne	Roscommon	8.50	
1991	Matthew Burgoyne	Roscommon	8.69	
1992	Matthew Burgoyne	Roscommon	8.66	
1993	John Whelan	St. Andrews, Ashbourne	8.23	
1994	John Whelan	Dublin City Harriers	8.17	
1995	Trevor McGlynn	Strabane	8.78	
1996	Trevor McGlynn	Strabane	8.21	
1997	Trevor McGlynn	Strabane	8.58	
1998	Shane McCormack	DMP	8.64	
1999	Brendan Bourke	Limerick	8.40	
2000	Timothy Flannery	Nenagh Olympic	8.59	
2001	Timothy Flannery	Nenagh Olympic	8.50	
2002	Not held			
2003	Ian McDonald	Crusaders	8.56	
2004	Shane Cullinane	Nenagh Olympic	8.84	
2005	Nigel O'Gorman	Slieveardagh	8.97	
2006				
2007	Eoin Hannon	Tullamore Harriers	8.52	
2008	Ciaran O'Cathain	Roscommon	8.47	
2009	Edmond O'Halloran	Leevale	8.32	
2010	Edmond O'Halloran	Leevale	8.34	
2011	Edmond O'Halloran	Leevale	8.54	
2012	Andrew Creamer	Annalee	8.47	
2013	Andrew Creamer	Annalee	8.05	
2014	Sam Healy	Leevale	8.50	
2015	Sam Healy	Leevale	7.89	CR
2016	Paul Sexton	Annalee	8.36	
2017	Daniel Ryan	Moycarkey Coolcree	8.03	
2018	Shane Monagle	Tramore	8.05	
2019	Shane Monagle	Tramore	8.04	
2020	Joseph McEvoy	Nenagh Olympic	8.20	
2021	Not held due to Covid 19			
2022	Adam Nolan	St. Laurence O'Toole	8.04	

2023	Adam Nolan	St. Laurence O'Toole	7.95
2024	Sean Owens	Crusaders	8.38

3000m Walk Junior U20 Men Indoors

Distance reduced from 5000m from 2009

1988	Brian Treacy	Limerick	25.12.2	
1989	PJ Gregory	Kildare	23.23.5	
1990	David Cullinan	Ferbane	22.04.75	
1991	David Cullinan	Ferbane	22.53.21	
1992	David Cullinan	Ferbane	22.23.90	
1993	Pierce O'Callaghan	St. Andrews, Ashbourne	22.46.45	
1994	Jamie Costin	West Waterford	22.20.24	
1995	Jamie Costin	West Waterford	21.53.84	
1996	Jamie Costin	University College Dublin	21.15.45	
1997	Robert Heffernan	Togher	21.35.69	
1998	David Kidd	St. Laurence O'Toole	22.44.88	
1999	Colin Griffin	Ballinamore	22.32.92	
2000	Colin Griffin	Ballinamore	21.33.59	
2001	Colin Griffin	Ballinamore	21.01.41	
2002	Gabriel O'Donnell	Cranford	23.53.60	
2003	Hugh Fitzpatrick	Shercock	25.26.43	
2004	Peter Muldoon	Shercock	25:48.46	
2005	Peter Muldoon	Shercock	23.06.27	
2006	Peter Muldoon	Shercock	21.54.0	
2007	Paul Fitzpatrick	Shercock	22.23.1	
2008	Paul Fitzpatrick	Shercock	22.23.60	
2009	Niall Prendiville	Farranfore Maine Valley	13.46.00	
2010	Cian McManamon	Westport	13.15.8	
2011	James Treanor	Shercock	13.41.41	
2012	Evan Lynch	Clonmel	12.49.43	
2013	Luke Hickey	Leevale	12.23.19	CR (3000m)
2014	Evan Lynch	Clonmel	12.42.48	
2015	Aaron Egan	Clonmel	12.59.84	
2016	Aaron Egan	Clonmel	13.14.60	
2017	Gearoid McMahon	Shannon	13.21.25	
2018	Oisin Lane	Mullingar Harriers	13.01.10	
2019	Oisin Lane	Mullingar Harriers	12.38.08	
2020	Matthew Glennon	Mullingar Harriers	12.55.20	
2021	Not held due to Covid 19			
2022	Matthew Glennon	Mullingar Harriers	13.01.76	
2023	Jake O'Brien	Moy Valley	12.59.08	
2024	Matthew Newell	Tuam	12.55.34	

High Jump Junior U20 Men Indoors

1988	Ronan McKevitt	Newry Shamrock	2.00
1989	Donal O'Neill	Newry Shamrock	1.95
1990	John Hallissey	Ferrybank	1.85
1991	Darragh Murphy	North Down	2.00
1992	Antoine Burke	Dooneen	2.00
1993	Antoine Burke	Dooneen	2.06
1994	Antoine Burke	University College Dublin	2.03
1995	Liam Kelly	St Abban's	1.99
1996	Anthony Finn	Gneeveguilla	1.90
1997	Tim Horgan	St Brendan's Ardfert	1.70
1998	Ronan Kane	Crusaders	2.00
1999	Michael Ruby	Abbey Striders	1.93
2000	Adrian O'Dwyer	Kilkenny City Harriers	2.03

2001	Adrian O'Dwyer	Kilkenny City Harriers	2.00	
2002				
2003				
2004	David Andrew Shields	Shercock	1.93	
2005	Caolan Flanagan	Ballymena & Antrim	2.03	
2006	Christopher Crowley	Belgooly		
2007	Barry Pender	St. Abban's	1.88	
2008	Barry Pender	St. Abban's	2.00	
2009	Barry Pender	St. Abban's	2.10	Equal CR
2010	PJ Galvin	St. Brendan's	1.80	
2011	Allan Smith	Ballina	1.95	
2012	Andrew Heney	Clonliffe Harriers	1.90	
2013	David Cussen	Old Abbey	2.06	
2014	Jaime Murtagh	St Andrew's Ashbourne	2.10	Equal CR
2015	Keith Marks	Cushinstown	2.00	
2016	Ryan Carthy-Walsh	Adamstown	1.90	
2017	Ryan Carthy-Walsh	Adamstown	1.98	
2018	Nelvin Appiah	Longford	1.90	
2019	Ciaran Connolly	Le Cheile	1.96	
2020	Nelvin Appiah	Longford	2.03	
2021	Not held due to Covid 19			
2022	Jack Forde	St. Killian's	1.90	
2023	Evan Hallinan	Craughwell	1.96	
2024	Conor Penney	Craughwell	1.95	

Long Jump Junior U20 Men Indoors

1988	Paul Hall	Harolds Cross		
1989	Tomás Griffin	Gneeveguilla	6.84	
1990	Emmet Ward	Ballinamore	6.35	
1991	Alan Giblin	Naas	6.37	
1992	Damien Coleman	Portumna	6.95	
1993	Michael Hallihan	Leevale	6.95	
1994	Ciaran McDonagh	Fr Murphy	7.19	
1995	Tim Pat O'Connor	Limerick Emerald	6.70	
1996	Trevor McGlynn	Strabane	6.64	
1997	Brendan Bourke	Kilmallock	6.73	
1998	Brendan Bourke	Limerick	6.58	
1999	Brendan Bourke	Limerick	6.70	
2000	Peter Condrón	St Abban's	6.32	
2001	Paul Tohill	Mid Ulster	6.45	
2002	Shane Cullinane	Nenagh Olympic	6.49	
2003	Tom Shanahan	St. Mary's	6.61	
2004	Shane Cullinane	Nenagh Olympic	6.77	
2005	Stephen Darcy	St. Laurence O'Toole	6.93	
2006	Christopher Crowley	Belgooly		
2007	Eoin Hannon	Tullamore Harriers	7.08	
2008	Paul Smith	Shercock	6.68	
2009	Timmy Harrington	Bandon	6.77	
2010	Michael Dolan	St. Michael's Enniskillen	6.62	
2011	Simon Doyle	St Laurence O'Toole	6.57	
2012	Simon Doyle	St Laurence O'Toole	6.74	
2013	Tony Stafford	Menapians	6.90	
2014	Sam Healy	Leevale	6.67	
2015	Sam Healy	Leevale	7.24	CR
2016	Keith Marks	Cushinstown	7.15	
2017	Joseph Minitier	St. Marys, Clare	6.59	
2018	Joseph Minitier	St. Marys, Clare	6.78	
2019	Darragh Minitier	Nenagh Olympic	6.46	
2020	Luke O'Carroll	Tralee Harriers	6.88	

2021	Not held due to Covid 19		
2022	Max O'Reilly	Unattached	6.54
2023	Evan Hallinan	Craughwell	6.60
2024	Ryan Onoh	Leevale	6.59

Triple Jump Junior U20 Men Indoors

1988	Paul Hall	Harolds Cross	13.22	
1989	Donal Smith	Carrick-on-Shannon	12.84	
1990	PJ Galvin	Beaufort	12.77	
1991	Colin Casey	South Galway	13.19	
1992	David Daly	St. John's	13.12	
1993	Matt Burke	Dooneen	13.27	
1994	Liam Kelly	St Abban's	13.50	
1995	Darragh O'Farrell	Borrisokane	13.64	
1996	David Murphy	Waterford	13.52	
1997	Robert Galvin	Limerick	13.23	
1998	Michael Heffernan	West Waterford	13.15	
1999	Stephen McDonnell	Cu Chulainn	13.03	
2000	David McCarthy	Celbridge	13.02	
2001	Alan Saulters	Abbey	13.45	
2002	Philip Kearney	Clounalour	12.54	
2003	Tony O'Hare	Portumna	12.65	
2004	Dean Brennan	Kilkenny City Harriers	12.49	
2005	Conor Sheehy	Togher	13.87	
2006				
2007				
2008	Niall Counihan	Dooneen	13.89	
2009	Francis Egan	St. Abban's	14.00	
2010	Francis Egan	St. Abban's	13.55	
2011	Eoin O'Carroll	Tralee Harriers	12.93	
2012	Aaron Murtagh	Ballina	13.57	
2013	Conor Durnin	St Peter's	13.46	
2014	Conor Durnin	St Peter's	13.45	
2015	Jordan Hoang	Tullamore Harriers	13.87	
2016	Jordan Hoang	Tullamore Harriers	14.44	
2017	Jordan Hoang	Tullamore Harriers	14.90	CR
2018	Sean Thompson	Lucan Harriers	13.67	
2019	Jai Benson	Lagan Valley	14.15	
2020	Michael Alajiki	Dundealga	13.81	
2021	Not held due to Covid 19			
2022	Leon Sweeney	Naas	13.58	
2023	Daniel Quirk	Greystones	12.64	
2024	Darragh Fahy	Loughrea	12.52	

Pole Vault Junior U20 Men Indoors

1988	Sebastian Kelly	Dublin City Harriers	3.60	
1989	Ken O'Regan	Courceys	3.63	
1990	John Hallissey	Ferrybank	3.60	
1991	John Hallissey	Ferrybank	4.00	
1992	Joseph Naughton	Nenagh Olympic	3.50	
1993	Joseph Naughton	Nenagh Olympic	3.50	
1994	Eugene Fortune	DMP	3.20	
1995	Fergal O'Connell	Grange/Woodbine	4.01	
1996	Fergal O'Connell	Grange/Woodbine	3.90	
1997	Brian Deasy	Blarney/Inniscarra	3.40	
1998	Eoin Naughton	Nenagh Olympic	3.30	

1999	Conor Doyle	Crusaders	3.20	
2000	Conor Doyle	Crusaders	3.20	
2001	Conor Duignan	Roscommon	3.00	
2002	Ruairi O'Briain	University College Dublin	4.00	
2003	Philip Daly	Shercock	2.90	
2004	Brendan Callinan	St. Laurence O'Toole	3.50	
2005	Mark Bannon	West Waterford	3.20	
2006				
2007	Richard Whyte	Brothers Pearse	4.00	
2008 - 2012 Not held				
2013	Peter O'Brien	Raheny Shamrock	4.00	
2014	Davide Mazali	Bandon	3.80	
2015	Brian Flynn (tied)	Lusk	4.00	
2015	Jurijs Kanass (tied)	West Waterford	4.00	
2016	Shane Power	St. Joseph's	3.60	
2017	Shane Martin	Ballymena & Antrim	4.10	
2018	Shane Martin	Ballymena & Antrim	4.20	
2019	Matthew Callinan Keenan	St. Laurence O'Toole	4.45	
2020	Conor Callinan	Leevale	4.21	
2021	Not held due to Covid 19			
2022	Conor Callinan	Leevale	4.65	CR
2023	Joshua Fitzgerald	Leevale	4.21	
2024	Joshua Fitzgerald	Leevale	4.20	

Shot Put Junior U20 Men Indoors (6Kg)

1988	John O'Connor	Crusaders	14.18	
1989	Willie Tyrrell	St. Benedict's	13.11	
1990	Willie Tyrrell	St. Benedicts	14.10	
1991	Pat O'Leary	Eagle	12.67	
1992	Pat Nangle	Waterford	12.75	
1993	John O'Mulcaire	Marian	13.21	
1994	John P Leahy	Kilmurray/Ibrikane	13.74	
1995	Jason Flynn	KCK	13.20	
1996	Jason Flynn	KCK	14.66	
1997	John P Leahy	Moyvane	15.81	
1998	Sean Breathnach	Corr na Mona	14.92	
1999	Brendan Bourke	Limerick	12.36	
2000	Neville Coughlan	Tullamore Harriers	13.39	
2001	Geoffrey Mullins	Limerick Emerald	13.69	
2002	Frankie O'Hara	Bagenalstown	13.11	
2003	James P Nagle	Farranfore Maine Valley	12.15	
2004	Brendan Callinan	St. Laurence O'Toole	15.29	
2005	James P Nagle	Farranfore Maine Valley	13.42	
2006	James P Nagle	Farranfore Maine Valley	13.01	
2007	Daniel Clifford	Farranfore Maine Valley	12.51	
2008	Daniel Clifford	Farranfore Maine Valley	12.72	
2009	Daniel Clifford	Farranfore Maine Valley	14.33	
2010	Andrew Doyle	Mid Ulster	13.95	
2011	Andrew Doyle	Mid Ulster	15.70	
2012	Patrick McSweeney	Bandon	13.21	
2013	John Kelly	Finn Valley	15.81	
2014	John Kelly	Finn Valley	16.81	
2015	John Kelly	Finn Valley	17.65	CR
2016	John Joe Kelly	Brow Rangers	13.41	
2017	James Kelly	Finn Valley	15.08	
2018	James Kelly	Finn Valley	16.58	
2019	Jack Ryan	Motcarkey Coolcroo	13.65	
2020	Seab Carolan	Nenagh Olympic	14.64	
2021	Not held due to Covid 19			

2022	Jack Forde	St Killian's	13.55
2023	Liam Shaw	Athenry	16.39
2024	Andrew Cooper	Gowran	17.54

35lb Weight for Distance Junior U20 Men Indoors

1994	John P Leahy	Kilmurray/Ibrikane	9.38	
1995 - 1997 Not held				
1998	Sean Breathnach	Corr na Mona	9.81	CR
1999	Patrick O'Neill	Gowran	7.21	
2000	Kieren Kelly	Brow Rangers	7.50	
2001	John O'Neill	Star of the Laune	8.66	
2002	Sean Maher	Brow Rangers	8.41	
2003	Eoin Leen	Tralee Harriers	9.19	
2004	James P Nagle	Farranfore Maine Valley	8.12	
2005	James P Nagle	Farranfore Maine Valley	8.81	
2006	James P Nagle	Farranfore Maine Valley	6.21	56lbs
2007	Matthew O'Reilly	Shercock	6.33	
2008	Gerard Kelly	Castlebar	7.72	
2009	Eanna O'Cathain	Galway City Harriers	8.23	
2010	Eanna O'Cathain	Galway City Harriers	8.30	
2011	Peter O'Brien	St Brendan's	7.98	
2012	Not held			
2013	James Mulligan	Tullamore Harriers	7.96	
2014	Michael Hanlon	Dunboyne	7.75	
2015	Seamus McMahon	Shannon	7.39	
2016	Gavin Hicks	Bandon	7.32	
2017	Not contested			
2018	Patrick Darcy	Brow Rangers	6.81	
2019	Sean Mockler	Moycarkey Coolcree	8.39	
2020	Robert Higgins	Na Fianna	8.71	
2021	Not held due to Covid 19			
2022	Padraig McCarthy	Lios Tuathail	7.76	
2023	Alex Anderson	Tír Chonaill	7.91	
2024	Andrew Cooper	Gowran	8.93	

Combined Events Junior U20 Men Indoors

1988	Aidan McGrath	Nenagh Olympic	4,858	Octathlon
1989	Ken O'Regan	Courceys	4,675	Octathlon
1990	Enda O'Connell	Grange/Woodbine	4,699	Octathlon
1991	Enda O'Connell	Grange/Woodbine	4,915	Octathlon
1992	Joseph Naughton	Nenagh Olympic	3,994	Heptathlon
1993	Antoine Burke	Dooneen	4,529	Heptathlon
1994	Liam Kelly	St Abban's	3,773	Heptathlon
1995	Trevor McGlynn	Strabane	4,021	Heptathlon
1996	Derek Hayes	West Waterford	4,594	Heptathlon
1997	Trevor McGlynn	Strabane	4,288	Heptathlon
1998	Colin Byrne	St. Abban's		Heptathlon
1999	Brendan Bourke	Limerick	4,218	Heptathlon
2000	Tomas Burke	Dooneen	2,495	Pentathlon
2001	David McCarthy	Celbridge	3,013	Pentathlon
2002	Keith Quinn	Kilmurray / Ibrikane	2,007	Pentathlon
2003	Maurice Donoghue	Carrick-on-Suir	2,828	Pentathlon
2004	Brendan Callinan	St Laurence O'Toole	4,602	Pentathlon
2005	Patrick Kennedy	Border Ramblers	3,777	Pentathlon
2006	Christopher Crowley	Belgooly	3,146	Pentathlon
2007	Brendan O'Connor	Beara	2,484	Pentathlon

2008	Paul Byrne	St Abban's	3,029	Pentathlon	
2009	Paul Byrne	St Abban's	2,836	Pentathlon	
2010	Emmanuel Sabayo	Dooneen	2,809	Pentathlon	
2011	Simon Doyle	St Laurence O'Toole	2,903	Pentathlon	
2012	Simon Doyle	St Laurence O'Toole	3,061	Pentathlon	
2013	Shane Aston	Trim	3,156	Pentathlon	
2014	Mark Rogers	St Peter's	3,175	Pentathlon	
2015	Keith Marks	Cushinstown	3,544	Pentathlon	
2016	Peter O'Connor	Enniscorthy	2,695	Pentathlon	
2017	Simon Zandarco	St. Laurence O'Toole	3,121	Pentathlon	
2018	Tadhg Murtagh	Kildare	2,955	Pentathlon	
2019	Brian Lynch	Old Abbey	3,418	Pentathlon	
2020	Joseph McEvoy	Nenagh Olympic	3,474	Pentathlon	
2021	Not held due to Covid 19				
2022	Fintan Dewhurst	Tir Chonaill	4,138	Heptathlon	
2023	Alex Ademola	Leevale	4,346	Heptathlon	
2024	Finn O'Neill	Lifford Strabane	4,908	Heptathlon	CR
2025	Eoin O'Callaghan	Bandon	4,728		

4 x 200m Relay U20 Men

2023	Ratoath	1.32.56
2024	Kilkenny City Harriers	1.33.35

60m Junior U20 Women Indoors

1988	Evanna Morrissey	Nenagh Olympic	7.98
1989	Ciara Whyte	Eagle	7.60
1990	Audrey Farrelly	Raheny Shamrock	7.50
1991	Fiona Kelly	Limerick Emerald	8.01
1992	Aisling Duggan	Donegal Harriers	7.95
1993	Amanda Clifford	Leevale	7.89
1994	Lena Barry	Limerick Emerald	7.89
1995	Lena Barry	Limerick Emerald	7.88
1996	Niamh McGlynn	West Dublin	7.84
1997	Aoife Hearne	Waterford	7.73
1998	Aoife Hearne	Waterford	7.68
1999	Emily Maher	Kilkenny City Harriers	7.50
2000	Claire Bergin	Dundrum South Dublin	7.81
2001	Aoife Hazel McNeill	Dundrum South Dublin	7.71
2002	Claire Bergin	Dundrum South Dublin	7.73
2003	Mandy Crowe	Bansha	7.92
2004	Louise Kiernan	Fingallians	7.78
2005	Gemma Hynes	Galway City Harriers	7.85
2006			
2007	Mairead Murphy	Ferrybank	7.74
2008	Niamh Whelan	Ferrybank	7.76
2009	Niamh Whelan	Ferrybank	7.64
2010	Joan Healy	Bandon	7.76
2011	Joan Healy	Bandon	7.71
2012	Phil Healy	Bandon	7.73
2013	Sarah Lavin	Emerald	7.57
2014	Megan Marrs	City of Lisburn	7.68
2015	Ciara Neville	Emerald	7.58
2016	Ciara Neville	Emerald	7.47

2017	Ciara Neville	Emerald	7.30	CR
2018	Ciara Neville	Emerald	7.34	
2019	Lauren Roy	City of Lisburn	7.42	
2020	Adeyemi Talabi	Longford	7.57	
2021	Not held due to Covid 19			
2022	Lucy-May Sleeman	Leevale	7.41	
2023	Lucy-May Sleeman	Leevale	7.47	
2024	Leila Colfer	St. Laurence O'Toole	7.62	

200m Junior U20 Women Indoors

1991	Sandra Ball	Limerick Emerald	26.56	
1992	Lena Barry	Limerick Emerald	26.00	
1993	Ann Marie Lynch	Finn Valley	25.99	
1994	Karen Shinkins	Newbridge	25.39	
1995	Grainne Redmond	Cushinstown	25.70	
1996	Sinead Hickey	Limerick Emerald	25.59	
1997	Sinead Hickey	Limerick Emerald	25.57	
1998				
1999	Emily Maher	Kilkenny City Harriers	24.80	
2000	Shauna O'Brien	Carrick-on-Suir	26.12	
2001	Shauna O'Brien	Carrick-on-Suir	25.75	
2002	Claire Bergin	Dundrum South Dublin	25.46	
2003	Joanne Cuddihy	University College Dublin	25.28	
2004	Claire Bergin	Dundrum South Dublin	25.40	
2005	Gemma Hynes	Galway City Harriers	25.31	
2006				
2007	Niamh Whelan	Ferrybank	25.41	
2008	Niamh Whelan	Ferrybank	24.88	
2009	Niamh Whelan	Ferrybank	25.09	
2010	Steffi Creaner	Celtic Dublin City Harriers	25.16	
2011	Ciara Giles Doran	Ferrybank	24.91	
2012	Phil Healy	Bandon	25.76	
2013	Phil Healy	Bandon	25.52	
2014	Niamh McNicol	Ferrybank	24.86	
2015	Sharlene Mawdsley	Newport	24.81	
2016	Sharlene Mawdsley	Newport	24.40	
2017	Sharlene Mawdsley	Newport	23.95	
2018	Rhasidat Adeleke	Tallaght	23.80	CR
2019	Davicia Patterson	Beechmount Harriers	24.46	
2020	Rhasidat Adeleke	Tallaght	23.99	
2021	Not held due to Covid 19			
2022	Fatima Amusa	Leevale	25.16	
2023	Katie Doherty	Ratoath	24.76	
2024	Katie Doherty	Ratoath	24.66	

400m Junior U20 Women Indoors

1991	Lisa Nicholson	Dublin City Harriers	56.70	
1992	Katrina O'Farrell	Nenagh Olympic	58.28	
1993	Patricia O'Donoghue	Nenagh Olympic	58.68	
1994	Annette Quaid	North Cork	58.11	
1995	Mandy Bloomer	Mountmellick	59.99	
1996	Jennifer McKenna	Metro St Brigid's	57.46	
1997	Fiona Norwood	Kilkenny City Harriers	58.07	
1998	Roisin Quinn	St Marys	57.85	
1999	Martina McCarthy	Athenry	57.50	
2000	Alexandra Flamme	Celbridge	59.22	

2001	Maria Sheehan	Marian	61.12	
2002	Joanne Cuddihy	Kilkenny City Harriers	57.63	
2003	Joanne Cuddihy	University College Dublin	57.94	
2004	Catriona Cuddihy	Kilkenny City Harriers	57.88	
2005	Catriona Cuddihy	Kilkenny City Harriers	58.14	
2006				
2007	Jessie Barr	Ferrybank	59.70	
2008	Sinead Kelly	St. Abban's	59.27	
2009	Susan Scallan	Raheny Shamrock	59.27	
2010	Claire Mooney	Naas	57.02	
2011	Megan Kiely	Ferrybank	59.15	
2012	Clare Murphy	St Laurence O'Toole	58.31	
2013	Alanna Lally	Galway City Harriers	56.58	
2014	Jade Leahy	Dundrum South Dublin	57.88	
2015	Jenna Bromell	Limerick Emerald	56.14	
2016	Jenna Bromell	Limerick Emerald	54.19	CR
2017	Ciara Deely	Kilkenny City Harriers	56.73	
2018	Ciara Deely	Kilkenny City Harriers	55.14	
2019	Deirdre Murray	Na Fianna	56.11	
2020	Rachel McCann	North Down	55.59	
2021	Not held due to Covid 19			
2022	Kate O'Connell	Lucan Harriers	56.08	
2023	Niamh Murray	Bray Runners	55.18	
2024	Niamh Murray	Bray Runners	54.95	

800m Junior U20 Women Indoors

1988	Margaret O'Dwyer	Moycarkey Coolcroe	1.40.11	600m
1989	Margaret Murphy	Waterford	1.39.0	600m
1990	Catriona O'Farrell	Borrisokane	1.37.2	600m
1991	Arlene Smith	Team P Elliott	2.13.23	
1992	Arlene Smith	University College Dublin	2.10.71	
1993	Angela Murphy	East Cork	2.26.57	
1994				
1995	Liz Gallagher	Dunboyne	2.19.3	
1996	Geraldine McCarthy	Listowel	2.18.18	
1997	Geraldine McCarthy	Listowel	2.16.32	
1998	Eimear O'Shea	North Cork	2.16.42	
1999	Roisin Quinn	Waterford	2.16.8	
2000	Sarah Ewing	Dundrum South Dublin	2.23.19	
2001	Krystal Palmer	ETAC	2.20.34	
2002	Michelle Harvey	St John Bosco	2.18.25	
2003	Laura Crowe	Tralee Harriers	2.22.06	
2004	Laura Crowe	Tralee Harriers	2.15.46	
2005	Laura Scriven	St. Laurence O'Toole	2.14.45	
2006				
2007	Laura Scriven	St. Laurence O'Toole	2.16.00	
2008	Ciara Everard	Kilkenny City Harriers	2.11.70	
2009	Ciara Everard	Kilkenny City Harriers	2.11.75	
2010	Claire Earls	Sli Cualann	2.18.94	
2011	Harriet Flynn	Shannon	2.19.74	
2012	Iseult O'Donnell	Raheny Shamrock	2.26.98	
2013	Louise Shanahan	Leevale	2.24.20	
2014	Siofra Cleirigh Buttner	Dundrum South Dublin	2.06.29	CR
2015	Louise Shanahan	Leevale	2.20.15	
2016	Amy Hamill	Glaslough Harriers	2.18.96	
2017	Aine O'Connor	Kilkenny City Harriers	2.17.61	
2018	Sara Doyle	St. Laurence O'Toole	2.16.86	
2019	Ava O'Connor	Tullamore Harriers	2.13.81	
2020	Ava O'Connor	Tullamore Harriers	2.11.97	

2021	Not held due to Covid 19		
2022	Maeve O'Neill	Doheny	2.11.89
2023	Saoirse Fitzgerald	Lucan Harriers	2.11.73
2024	Saoirse Fitzgerald	Lucan Harriers	2.10.73

1500m Junior U20 Women Indoors

1988	Geraldine Hendricken	St. Laurence O'Toole	4.47.0	
1989	Geraldine Sexton	Marian	4.48.85	
1990	Vanessa Molloy	SDS Wexford	4.45.8	
1991	Susan Murnane	Limerick Emerald	4.55.38	
1992	Gail Culleton	Thurles Crokes	4.46.98	
1993	Caroline McCormack	Baileboro	5.00.12	
1994	Barbara Joyce	Bilboa	4.50.2	
1995	Margaret Danagher	Templemore	5.06.62	
1996	Geraldine McCarthy	Listowel	4.49.32	
1997	Geraldine McCarthy	Listowel	4.56.9	
1998				
1999	Donna Ryan	Tír Chonaill	5.00.0	
2000	Aoife Byrne	Dundrum South Dublin	4.42.33	
2001	Michelle Harvey	Tír Chonaill	5.08.4	
2002				
2003	Orla Drumm	Dooneen	4.50.64	
2004				
2005	Ashling Baker	Dundrum South Dublin	5.00.71	
2006				
2007	Tekea Gebrezgi	Celtic Dublin City Harriers	4.53.78	
2008	Michelle Finn	Duhallow	4.54.23	
2009	Niamh Kearney	Sli Cualann	4.50.74	
2010	Tara Jameson	Sli Cualann	5.00.2H	
2011	Harriet Flynn	Shannon	4.57.60	
2012	Mary-Ann O'Sullivan	Tinryland	4.47.74	
2013	Meghan Ryan	Dundrum South Dublin	4.58.53	
2014	Nadia Power	Templeogue	4.50.15	
2015	Carla Sweeney	Rathfarnham WSAF	4.41.96	
2016	Carla Sweeney	Rathfarnham WSAF	4.39.80	
2017	Avril Deegan	Ballyroan, Abbyleix & District	4.43.17	
2018	Jo Keane	Ennis	4.36.27	
2019	Jo Keane	Ennis	4.36.19	
2020	Ava O'Connor	Tullamore Harriers	4.35.81	CR
2021	Not held due to Covid 19			
2022	Ruby Steuven	Tullamore Harriers	4.49.59	
2023	Eleanor Foot	Bray Runners	4.43.11	
2024	Eimear McCarroll	Finn Valley	4.32.71	

3000m Junior U20 Women Indoors

1991	Collete Geoghan	Limerick	10.36.87	
1992	Susan Murnane	Limerick	10.41.67	
1993	Susan Murnane	Limerick	10.54.24	
1994	Edel Mooney	Ferbane	10.49.59	
1995	Therese Buckley	Ferbane	11.12.52	
1996	Paula Sheehan	Blarney/Inniscarra	10.45.41	
1997	Paula Corbett	Coolyroe	11.15.1	
1998	Kathryn Casserly	Castlegar	11.08.5	
1999	Siobhan Linehan	North Cork	11.09.1	
2000				
2001	Lisa Marie Coohill	Athenry	11.06.20	

2002	Not Held			
2003	Siobhan O'Doherty	Borrisokane	11.31.92	
2004	Aoife Cooke	Youghal	11.12.32	
2005	Breffni Twohig	Dundrum South Dublin	10.14.78	CR
2006	Maura Fitzgerald	Farranfore Maine Valley		
2007	Albie Carragher	Nenagh Olympic	11.10.81	
2008	Michelle Finn	Duhallow	10.49.26	
2009	Tara Jameson	Sli Cualann	10.21.06	
2010	Shannon Ryan	Dooneen	11.22.90	
Discontinued				

60m Hurdles Junior U20 Women (0.84m/2'9) Indoors

1988	Susan Smith	Waterford	9.06	
1989	Susan Smith	Waterford	8.96	
1990	Elaine Murphy	Nenagh Olympic	8.90	
1991	Elaine Murphy	Nenagh Olympic	NT	
1992	Jean O'Gorman	Nenagh Olympic	8.89	
1993	Patricia Naughton	Nenagh Olympic	9.15	
1994	Patricia Naughton	Nenagh Olympic	9.08	
1995	Laura Macken	Roscommon	9.51	
1996	Grainne Redmond	Cushinstown	9.10	
1997	Grainne Redmond	Cushinstown	8.87	
1998	Derval O'Rourke	Leevale	8.86	
1999	Derval O'Rourke	Leevale	8.70	
2000	Carol Loscher	Roundwood & District	9.43	
2001	Emma O'Doherty	Tír Chonaill	9.39	
2002	Emma O'Doherty	St John Bosco	9.29	
2003	Leona Byrne	St. Laurence O'Toole	9.32	
2004	Mera O'Connor	Belgooly	9.82	
2005	Mairead Murphy	Ferrybank	8.99	
2006				
2007	Mairead Murphy	Ferrybank	8.86	
2008	Sandra Lawlor	Celbridge	8.87	
2009	Sandra Lawlor	Celbridge	8.88	
2010	Catherine McManus	Celtic Dublin City Harriers	9.33	
2011	Catherine McManus	Celtic Dublin City Harriers	9.09	
2012	Sarah Lavin	Limerick Emerald	8.74	
2013	Sarah Lavin	Limerick Emerald	8.44	
2014	Megan Marrs	City of Lisburn	8.84	
2015	Ciara Neville	Limerick Emerald	9.02	
2016	Elizabeth Morland	Cushinstown	8.43	CR
2017	Molly Scott	St. Laurence O'Toole	8.56	
2018	Molly Scott	St. Laurence O'Toole	8.54	
2019	Sive O'Toole	St. Laurence O'Toole	8.79	
2020	Elizabeth Tighe	Corran	8.99	
2021	Not held due to Covid 19			
2022	Lucy-May Sleeman	Leevale	8.68	
2023	Okwu Backari	Leevale	8.64	
2024	Okwu Backari	Leevale	8.61	

3000m Walk Junior U20 Women Indoors

1988	Paula Sherlock	Limerick	16.49.7	
1989	Marie Walsh	Shelbourne Duncannon Striders	15.08.2	
1990	Orla Kelly	Limerick	15.57.5	
1991	Linda O'Sullivan	Marian	15.57.00	
1992	Deirdre Gallagher	Ballina	16.11.10	
1993	Deirdre Gallagher	Ballina	15.02.07	
1994	Gillian O'Sullivan	Farranfore Maine Valley	15.23.52	
1995	Roisin O'Callaghan	Newbridge	16.33.80	
1996	Rosaleigh Comerford	Kilkenny City Harriers	14.34.12	
1997	Deirdre Brennan	St. Laurence O'Toole	16.06.42	
1998	Serena O'Keeffe	Kilkenny City Harriers	14.31.30	
1999	Serena O'Keeffe	Kilkenny City Harriers	15.29.71	
2000	Serena O'Keeffe	Kilkenny City Harriers	14.47.13	
2001	Pam Foskin	St Senans	16.13.71	
2002	Ann Loughnane	Craughwell	14.38.11	
2003	Ann Loughnane	Craughwell	14.09.45	
2004	Ann Loughnane	Craughwell	13:27.32	CR
2005	Laura Reynolds	Mohill	14.24.55	
2006	Laura Reynolds	Mohill	14.10.0	
2007	Laura Reynolds	Mohill	14.45.2	
2008	Laura Reynolds	Mohill	14.35.39	
2009	Emma Prendiville	Farranfore Maine Valley	14.58.27	
2010	Kate Veale	West Waterford		
2011	Kate Veale	West Waterford	13.57.10	
2012	Kate Veale	West Waterford	13.29.37	
2013	Alicia Boylan	Oriel	15.10.79	
2014	Sinead Burke	St Coca's	14.47.72	
2015	Veronica Burke	Ballinasloe & District	14.52.38	
2016	Sinead O'Connor	Celbridge	14.56.70	
2017	Sarah Glennon	Mullingar Harriers	14.32.33	
2018	Orla O'Connor	Waterford	14.12.30	
2019	Niamh O'Connor	Celbridge	13.51.44	
2020	Maria Flynn	Naas	14.58.65	
2021	Not held due to Covid 19			
2022	Aisling Lane	Mullingar Harriers	15.08.00	
2023	Aisling Lane	Mullingar Harriers	14.28.21	
2024	Savanagh O'Callaghan	Tuam	14.50.19	

High Jump Junior U20 Women Indoors

1988	Theresa McDermott	Sutton	1.70	
1989	Catherine Ahearne	Old Abbey	1.61	
1990	Sharon Foley	Lifford	1.77	CR
1991	Sharon Foley	Lifford	1.70	
1992	Hilary Brady	Cushinstown	1.65	
1993	Hilary Brady	Cushinstown	1.65	
1994	Olivia Scully	Limerick Emerald	1.65	
1995	Louise McGloin	Ayrefield	1.60	
1996	Geraldine Stewart	St Johns	1.66	
1997	Leona Arkins	Fr Murphys	1.69	
1998	Orna Donoghue	Carrick-on-Suir	1.65	
1999	Deirdre Ryan	Dundrum South Dublin	1.65	
2000	Deirdre Ryan	Dundrum South Dublin	1.70	
2001	Deirdre Ryan	Dundrum South Dublin	1.76	
2002	Sharon Heveran	Westport	1.66	
2003	Laura Byrne	St. Laurence O'Toole	1.70	
2004	Sharon Heveran	Westport	1.65	
2005	Leona Byrne	St. Laurence O'Toole	1.64	
2006				

2007	Pamela Hughes	Westport	1.75
2008	Grainne Moggan	Brothers Pearse	1.70
2009	Cathriona Farrell	Craughwell	1.73
2010	Cathriona Farrell	Craughwell	1.70
2011	Cathriona Farrell	Craughwell	1.70
2012	Aisling Croke	Dooneen	1.65
2013	Sorcha Murphy	Ferrybank	1.68
2014	Neasa Murphy	Ferrybank	1.68
2015	Shannon Sheehy	Cushinstown	1.65
2016	Daena Kealy	St. Abban's	1.60
2017	Daena Kealy	St. Abban's	1.65
2018	Ciara Kennelly	Killarney Valley	1.70
2019	Daena Kealy	St. Abban's	1.72
2020	Ciara Kennelly	Killarney Valley	1.65
2021	Not held due to Covid 19		
2022	Ava Rochford	Nenagh Olympic	1.76
2023	Ava Rochford	Nenagh Olympic	1.77
2024	Siun Quinn	Brothers Pearse	1.76

Pole Vault Junior U20 Women Indoors

2000	Edel O'Meara	Borrisokane	2.10	
2001	Nicola Fennell	West Waterford	2.60	
2002	Claire O'Sullivan	West Waterford	2.50	
2003				
2004	Elaine Drumm	Tralee Harriers	1.80	
2005	Siobhan Brackett	West Waterford	2.40	
2006				
2007	Sarah Ryan	Youghal	2.40	
2008 - 2013	Not held			
2014	Katie Hoad	Tir Chonaill	2.20	
2015	Megan O'Connor	West Waterford	3.00	
2016	Laura Cussen	Old Abbey	3.05	
2017	Ellen McCartney	City of Lisburn	3.45	
2018	Ellen McCartney	City of Lisburn	3.50	
2019	Clodagh Walsh	Abbey Striders	3.55	
2020	Anna Ryan (tied)	Moycarkey Coolcree	3.35	
2020	Una Brice (tied)	Leevale	3.35	
2021	Not held due to Covid 19			
2022	Una Brice	Leevale	3.60	CR
2023	Una Brice	Leevale	3.25	
2024	Meabh Corkery	Midleton	3.30	

Long Jump Junior U20 Women Indoors

1988	Evanna Morrissey	Nenagh Olympic	5.60
1989	Siobhan Hoey	Mountmellick	5.46
1990	Marie O'Meara	Nenagh Olympic	5.53
1991	Marie O'Meara	Nenagh Olympic	5.59
1992	Claire Ingerton	Leevale	5.68
1993	Shauna Colhoun	Finn Valley	5.62
1994	Caroline Deacy	University College Dublin	5.39
1995	Sarah Good	Cushinstown	5.60
1996	Grainne O'Mahony	Claremorris	5.60
1997	Grainne O'Mahony	Claremorris	5.52
1998	Aine Cuddihy	Carrick-on-Suir	5.80
1999	Ann Marie Lynch	Kilkenny City Harriers	5.40
2000	Ann Marie Lynch	Kilkenny City Harriers	5.73
2001	Ciara Kearns	Celbridge	5.41

2002	Aoife Hoey	Mountmellick	5.24	
2003	Ciara Kearns	Celbridge	5.78	
2004	Amanda Creighton	Castlerea	5.23	
2005	Kelly Proper	Ferrybank	5.86	CR
2006				
2007	Kelly Proper	Ferrybank	5.83	
2008	Aileen Ruane	Sligo	5.49	
2009	Ailbhe Enright	Naas	5.26	
2010	Nicola Power	Ferrybank	5.45	
2011	Sarah McCarthy	Fingallians	5.48	
2012	Lorraine O'Shea	Kilkenny City Harriers	5.51	
2013	Lorraine O'Shea	Kilkenny City Harriers	5.56	
2014	Elizabeth Morland	Cushinstown	5.81	
2015	Arlene Crossan	Finn Valley	5.64	
2016	Elizabeth Morland	Cushinstown	5.70	
2017	Janine Boyle	Finn Valley	5.55	
2018	Kate O'Connor	St. Gerard's Dundalk	5.79	
2019	Ruby Millet	St. Abban's	6.12	
2020	Jennifer Hanrahan	Dundrum South Dublin	5.57	
2021	Not held due to Covid 19			
2022	Jennifer Hanrahan	Dundrum South Dublin	5.58	
2023	Katie Nolke	Ferrybank	5.59	
2024	Gabriella Bowan	Leevale	5.48	

Triple Jump Junior U20 Women Indoors

1992	Marie O'Meara	Nenagh Olympic	11.01	
1993	Jocelyn Hanrahan	Limerick Emerald	10.73	
1994	Nicola Hayes	Ferrybank	11.07	
1995	Patricia Cahill	Lismore	10.73	
1996	Patricia Cahill	Lismore	10.72	
1997	Michelle Arkins	Fr Murphy	11.13	
1998	Mary McLoone	Tír Chonaill	11.17	
1999	Mary McLoone	Tír Chonaill	11.25	
2000	Mary McLoone	Tír Chonaill	11.52	
2001	Ciara Kearns	Celbridge	11.01	
2002	Rachel Reddy	Dundrum South Dublin	10.87	
2003	Rachel Reddy	Dundrum South Dublin	10.67	
2004	Ann-Marie Burns	Shercock	10.43	
2005	Brona Furlong	Slaney Olympic	11.47	
2006				
2007	Jessie Barr	Ferrybank	11.17	
2008	Caoimhe King	Westport	11.01	
2009	Caoimhe King	Westport	11.97	CR
2010	Caoimhe King	Westport	11.64	
2011	Sarah Buggy	St Abban's	11.30	
2012	Sarah Buggy	St Abban's	11.43	
2013	Deirbhile Ryan	Nenagh Olympic	10.58	
2014	Maria Carey	Newport	11.77	
2015	Maria Carey	Newport	11.67	
2016	Aoibheann O'Brien	Tralee Harriers	10.92	
2017	Grace Furlong	Waterford	11.20	
2018	Jana Joha	Tullamore Harriers	11.08	
2019	Aisling Cassidy	Leevale	10.88	
2020	Ella-Cyndy Banjoko-Johnson	St. Michael's	11.38	
2021	Not held due to Covid 19			
2022	Aisling MacHugh	Naas	11.18	
2023	Emma O'Neill	Carrick-on-Suir	11.29	
2024	Molly Mullally	Dundrum South Dublin	11.45	

Shot Put Junior U20 Women (4kg) Indoors

1988	Brid Hallissey	Ferrybank	11.19	
1989	Eve Porritt	St. Annes	10.92	
1990	Elaine Hayes	North Laois	11.02	
1991	Elaine Hayes	North Laois	11.39	
1992	Roisin Morrin	North Laois	10.74	
1993	Valerie Mangan	Limerick	10.64	
1994	Edel Meagher	Blarney/Inniscarra	11.71	
1995	Edel Meagher	Blarney/Inniscarra	11.88	
1996	Louise Healy	Fr Murphy	10.64	
1997	Clara Thompson	Slaney Olympic	10.68	
1998	Denise Murphy	Leevale	10.70	
1999	Laura Jane Carroll	Tullamore Harriers	10.91	
2000	Geraldine Stewart	Tír Chonaill	11.02	
2001	Fionnuala Lombard	Leevale	11.23	
2002	Aoife Hoey	Mountmellick	11.40	
2003	Kathleen Fitzgerald	Leevale	11.35	
2004	Kathleen Fitzgerald	Leevale	11.08	
2005	Laura Cogan	Newbridge	12.41	
2006				
2007	Laura Cogan	Newbridge	13.25	
2008	Clare Fitzgerald	Tralee Harriers	12.69	
2009	Clare Fitzgerald	Tralee Harriers	12.87	
2010	Fiona Moloney	Dooneen	12.06	
2011	Niamh Murphy	Blarney / Inniscarra	11.24	
2012	Sophie Parkinson	Gowran	12.29	
2013	Niamh Murphy	Blarney / Inniscarra	13.04	
2014	Laura McSweeney	Bandon	13.10	
2015	Michaela Walsh	Swinford	13.16	
2016	Michaela Walsh	Swinford	13.97	
2017	Michaela Walsh	Swinford	14.95	CR
2018	Nicole Kehoe-Dowling	St. Abban's	11.40	
2019	Ciara Sheehy	Emerald	12.48	
2020	Ciara Sheehy	Emerald	12.41	
2021	Not held due to Covid 19			
2022	Aoibhín McMahon	Blackrock (Louth)	12.88	
2023	Kotryna Pacerinskaite	Fanahan McSweeney	11.55	
2024	Kotryna Pacerinskaite	Fanahan McSweeney	12.73	

Pentathlon Junior U20 Women Indoors

1988	Brid Hallissey	Ferrybank	3,384
1989	Siobhan Hillery	Limerick Emerald	2,975
1990	Fiona Kavanagh	St. Laurence O'Toole	2,967
1991	Janice O'Brien	Newbridge	3,290
1992	Janice O'Brien	Newbridge	3,414
1993	Patricia Naughton	Nenagh Olympic	3,424
1994	Jennifer Walsh	Gneeveguilla	3,056
1995	Mandy Bloomer	Mountmellick	3,180
1996	Gail Doyle	Brehon	2,718
1997	Orna Donoghue	Carrick-on-Suir	3,055
1998	Orna Donoghue	Carrick-on-Suir	3,116
1999	Geraldine Stewart	Tír Chonaill	3,151
2000	Mary McLoone	Tír Chonaill	2,968
2001	Nollaig Quinn	Galway City Harriers	2,660
2002	Alison Miller	St. Abban's	2,858
2003	Leona Byrne	St. Laurence O'Toole	3,714

2004	Marcella Cullen	Slaney Olympic	2,372	
2005				
2006	Leona Byrne	St. Laurence O'Toole	3,467	
2007	Sarah Finnegan	Craughwell	1,921	
2008	Sinead Moloney	St. Killian's	2,520	
2009	Sinead Moloney	St. Killian's	2,454	
2010	Rachel Finnegan	Craughwell	2,377	
2011	Rachel Finnegan	Craughwell	2,586	
2012	Caoimhe Basquille	Sli Cualann	2,818	
2013	Katie O'Donoghue	Craughwell	2,695	
2014	Sarah McCarthy	Mid Sutton	3,572	
2015	Grace McKenzie	Belgooly	3,410	
2016	Elizabeth Morland	Cushinstown	4,043	
2017	Clodhna Blake	St. John's	2,711	
2018	Kate O'Connor	St. Gerard's Dundalk	4,108	CR
2019	Lara O'Byrne	Donore Harriers	3,307	
2020	Anna Ryan	Moycarkey Coolcroe	3,221	
2021	Not held due to Covid 19			
2022	Lucy McGlynn	Tír Chonaill	3,438	
2023	Aoibhin McDonald	St. Abban's	2,339	
2024	Brynja Brynjarsdottir	City of Lisburn	3,560	
2025	Caoimhe Fitzsimons	Ratoath	3,208	

28lbs for Distance Junior U20 Women

2019	Michaela Walsh	Swinford	5.46	
2020	Zoe Mohan	Cushinstown	6.52	
2021	Not held due to Covid 19			
2022	Claire Kennedy	Birr	6.08	
2023	Claire Kennedy	Birr	5.92	
2024	Kotryna Pacerinskaite	Fanahan McSweeney	7.85	CR

4 x 200m Relay

2023	Ratoath	1.41.90
2024	Leevale	1.41.01

60m U19 Boys Indoors

2002	Darragh Graham	Inbhear Dee	7.12	
2003	Paul Gill	Carbury	7.10	
2004	Barry Upton	Ferrybank	6.9H	
2005	Derek Duff	Leevale	7.1H	
2006	Kevin Duggan	Mullingar Harriers	7.20	
2007	Eoin Hannon	Tullamore Harriers	7.15	
2008	Craig Lynch	Shercock	7.01	
2009	Oliver Black	Overseas	7.08	
2010	Lorcan O'Cathain	Roscommon	7.13	
2011	James Greene	Ferrybank	7.41	
2012	Cormac Lynch	Marian	7.07	
2013	Marcus Lawler	St Laurence O'Toole	6.7h	CR
2014	Zak Irwin	Sligo	6.96	
2015	Eoin Doherty	Tallaght	6.97	
2016	Joe Gibson	Bandon	7.03	
2017	Jack Dempsey	Galway City Harriers	6.97	
2018	David Murphy	Gowran	6.99	
2019	Conor Morey	Leevale	6.84	
2020-2021 Not held due to Covid 19				
2022	Nkemjika Onwumereh	Metro/St. Brigids	6.85	
2023	Sean Aigboboh	Tallaght	6.93	
2024	Jesse Osamudiamen Osas	Ratoath	6.90	

200m U19 Boys Indoors

2002	Darragh Graham	Inbhear Dee	22.60	
2003	Steven Cavanagh	Sparta North West	23.70	
2004	Barry Upton	Ferrybank	22.84	
2005	Carl McNamara	Leevale	22.75	
2006	Stephen Moran	Mullingar Harriers	23.46	
2007	Ciaran Kenny	Blarney / Inniscara	23.36	
2008	Craig Lynch	Shercock	22.58	
2009	Oliver Black	Liverpool Harriers	22.78	
2010	Lorcan O'Cathain	Roscommon	22.44	
2011	Joseph Dowling	Dundrum South Dublin	22.55	
2012	Cormac Lynch	Marian	22.99	
2013	Marcus Lawler	St Laurence O'Toole	21.29	CR
2014	Zak Irwin	Sligo	21.64	
2015	Sean Lawlor	Donore Harriers	21.73	
2016	Cillin Greene	Galway City Harriers	21.90	
2017	David McDonald	Menapians	21.46	
2018	Shawn Benson	Ennis	22.33	
2019	Conor Morey	Leevale	21.87	
2020-2021 Not held due to Covid 19				
2022	Leon King Abor	Boyne	22.44	
2023	Colin O'Dwyer	Leevale	22.43	
2024	Donal Martin	Blackrock (Dublin)	21.85	

400m U19 Boys Indoors

2002	Liam McDermid	Unattached	51.14	
2003	Darragh Greene	Dunleer	52.32	
2004	Conall McNamara	Westport	51.02	
2005	Michael Dillon	Lios Tuathail	51.24	
2006	Ciaran O'Driscoll-Collins	Limerick Emerald	51.89	
2007	John Fagan	Kilkenny City Harriers	51.14	
2008	Fergal Ellis	Ballinamore	51.28	
2009	Tim Crowe	Dooneen	51.92	

2010	Patrick Maher	Leevale	50.09	
2011	James Greene	Ferrybank	50.70	
2012	Ben Kiely	Ferrybank	51.17	
2013	Evan McGuire	Galway City Harriers	49.97	
2014	Paul Murphy	Ferrybank	48.96	
2015	Scott Gibson	Bandon	49.23	
2016	Christopher O'Donnell	North Sligo	49.39	
2017	Luke Morris	Newbridge	50.11	
2018	Jack Mitchell	St. Laurence O'Toole	50.09	
2019	Jack Raftery	Donore Harriers	50.14	
2020-2021 Not held due to Covid 19				
2022	David Bosch	Dundrum South Dublin	50.40	
2023	David Mannion	South Galway	48.24	CR
2024	Sean Doggett	Athenry	48.44	

800m U19 Boys Indoors

2002	Ciaran O'Connell	Glaslough Harriers	1.55.52	
2003	Brian Dunne	Carrick-on-Suir	1.58.38	
2004	Colin Costello	Star of the Sea	1.58.38	
2005	Steven Morrow	Ballymena & Antrim	1.56.18	
2006	Brian Markham	Ennis Track Club	1.55.63	
2007	Anthony Leighio	Tallaght	1.56.38	
2008	Fergal Ellis	Ballinamore	1.57.58	
2009	Andrew Brennan	Metro St Brigid's	1.57.34	
2010	Cathal Daly	Inbhear Dee	2.00.06	
2011	Robert Yorke	Mullingar Harriers	1.57.15	
2012	Seamus Hogan	Nenagh Olympic	1.58.50	
2013	Daniel Lawler	St Laurence O'Toole	1.54.59	
2014	Cillian Kirwin	Raheny Shamrock	1.57.07	
2015	Roland Surlis	Annalee	1.57.10	
2016	John Fitzsimons	Kildare	1.55.51	
2017	Robert Crowley	St. Laurence O'Toole	1.58.85	
2018	Ruarcan O'Brien	Boyne	1.57.92	
2019	Louis O'Loughlin	Donore Harriers	1.52.85	
2020-2021 Not held due to Covid 19				
2022	Oisin Kelly	Cranford	1.54.54	
2023	Neil Culhane	Ace	1.51.54	CR
2024	Oisin Lynch	Killarney Valley	1.55.45	

1500m U19 Boys Indoors

2002	Richard Byrne	Bohermeen	4.04.72	
2003	Shane Ward	Letterkenny	4.15.52	
2004	Colin Costello	Star of the Sea	4.02.7H	
2005	Eoghan Gill	North Belfast Harriers	4.08.88	
2006	Brian Markham	Ennis Track Club	4.06.87	
2007	Conor Murphy	Naas	4.08.12	
2008	Keith Maher	Thurles Crokes	4.09.62	
2009	Pauric McLaughlin	Finn Valley	4.15.58	
2010	Cathal Daly	Inbhear Dee	4.17.23	
2011	Peter Gaffney	Metro St Brigid's	4.20.58	
2012	Sean Tobin	Clonmel	3.56.52	
2013	Shane Fitzsimons	Mullingar Harriers	3.53.90	CR
2014	Andrew Coscoran	Star of the Sea	3.57.04	
2015	Jack O'Leary	Mullingar Harriers	4.00.09	
2016	Shane Bracken	Swinford	4.14.01	
2017	Robert Crowley	St. Laurence O'Toole	4.08.31	
2018	Eoghan Keaney	Tallaght	4.06.93	
2019	James Dunne	Tullamore Harriers	4.06.80	

2020-2021 Not held due to Covid 19

2022	Oisin Kelly	Cranford	4.03.78
2023	Benjamin Caullier	Lucan Harriers	3.56.17
2024	Frank Buchannan	St. Michael's, Enniskillen	4.00.74

60m Hurdles U19 Boys Indoors

2002	Tony O'Hare	Portumna	9.00	
2003	Shane Cullinane	Nenagh Olympic	8.56	
2004	Brian Flatley	Claremorris	8.60	
2005	Christopher Crowley	Belgooly	8.84	
2006	Eoin Kelly	St. Abban's	9.04	
2007	Eoin Hannon	Tullamore Harriers	8.42	
2008	Conor McCrossan	Lucan Harriers	8.93	
2009	Ian Durcan	Claremorris	8.57	
2010	Edmond O'Halloran	Leevale	8.47	
2011	Simon Callaghan	Galway City Harriers	9.04	
2012	Mark McGarvey	City of Derry	8.45	
2013	Brendan Corrigan	Blarney / Inniscara	9.07	
2014	Sam Healy	Leevale	8.23	
2015	Jason Foley	Lios Tuathail	8.40	
2016	Jack Murphy	Leevale	8.42	
2017	Daniel Ryan	Moycarkey Coolcree	8.16	
2018	Tadhg Murtagh	Kildare	8.64	
2019	Joseph McEvoy	Nenagh Olympic	8.46	
2020-2021 Not held due to Covid 19				
2022	Adam Nolan	St. Laurence O'Toole	8.08	CR
2023	Sean Carmody	Leevale	8.45	
2024	Reuben McCarthy	St. Laurence O'Toole	8.72	

1500m Walk U19 Boys Indoors

2002	Gabriel O'Donnell	Cranford	6.11.6	
2003	Michael Muldoon	Shercock	8.03.12	
2004	Brendan Boyce	Milford	6.44.38	
2005	Michael Doyle	Cushinstown	6.15.12	
2006	Martin Manning	St. Joseph's	NT	
2007	Paul Fitzpatrick	Shercock	6.22.10	
2008	Niall Prendiville	Farranfore Maine Valley	6.32.45	
2009	Cian McManamon	Westport	6.28.10	
2011	James Treanor	Shercock	6.29.29	
2012	Eric Hynes	Swinford	7.14.30	
2013	Evan Lynch	Clonmel	6.36.00	
2015	Aaron Egan	Clonmel	6.07.69	
2016	Joseph Mooney	Adamstown	6.33.19	
2017	Andrew Carroll	St. Laurence O'Toole	6.31.46	
2018	Gearoid McMahon	Shannon	6.12.10	
2019	Ryan Roberts	Sligo	7.19.74	
2020-2021 Not held due to Covid 19				
2022	Jake O'Brien	Moy Valley	6.15.96	
2023	Sam O'Sullivan	Clonmel	6.04.28	CR
2024	Aidan Bayon	Celbridge	6.28.30	

High Jump U19 Boys Indoors

2002	Steven Spillane	Moycarkey Coolcree	1.75	
2003	Brian O'Donnell	Carrick on Shannon	1.89	
2004	Brian Flatley	Claremorris	1.96	
2005	Simon Herron	St. Columbus	1.93	
2006	Eoin Kelly	St. Abban's	1.95	
2007	Richard Whyte	Brothers Pearse	1.75	
2008	Barry Pender	St. Abban's	2.10	CR
2009	Daniel Reid	City of Derry	1.80	
2010	Darragh O'Donnell	Sliabh Liag	1.85	
2011	Barry Quigg	Sliabh Liag	1.90	
2012	Conor Daly	St Abban's	1.80	
2013	Jaime Murtagh	St Andrew's	1.95	
2014	David Cussen	Old Abbey	2.05	
2015	Keith Marks	Cushinstown	2.05	
2016	Shane Parle	DMP	1.80	
2017	Ryan Carthy-Walsh	Adamstown	2.10	
2018	Ciaran Connolly	Le Cheile	1.95	
2019	Nelvin Appiah	Longford	2.05	
2020-2021 Not held due to Covid 19				
2022	Evan O'Toole	St. Josephs, Kilkenny	1.75	
2023	Evan Hallinan	Craughwell	1.95	
2024	Eoin Boyle	Tír Chonaill	1.87	

Long Jump U19 Boys Indoors

2002	Tom Shanahan	St. Mary's	6.52	
2003	Shane Cullinane	Nenagh Olympic	6.35	
2004	Stephen Darcy	St. Laurence O'Toole	6.81	
2005	Sean Carey	Slieveardagh	6.49	
2006	Luke Sweetman	Fingallians	6.40	
2007	Eoin Hannon	Tullamore Harriers	7.09	CR
2008	David Quilligan	Leevale	6.67	
2009	Francis Egan	St. Abban's	6.57	
2010	Ciaran Dolan	St. Michael's Enniskillen	6.71	
2011	Simon Doyle	St Laurence O'Toole	6.48	
2012	Tony Stafford	Menapians	6.78	
2013	Eoin O'Carroll	Tralee Harriers	6.56	
2014	Sam Healy	Leevale	7.02	
2015	Keith Marks	Cushinstown	6.59	
2016	Thomas Connolly	Le Cheile	6.23	
2017	Daniel Ryan	Moycarkey Coolcree	6.75	
2018	James Murphy	Waterford	6.39	
2019	Lucas Moylan	Naas	6.54	
2020-2021 Not held due to Covid 19				
2022	Kieran Cooper	St. Laurence O'Toole	6.34	
2023	Evan Hallinan	Craughwell	6.53	
2024	Sean McCabe	Sligo	6.51	

Triple Jump U19 Boys Indoors

2002	Tony O'Hare	Portumna	12.74	
2003	Joseph Corcoran	Castlebar	12.54	
2004	William Finnegan	Craughwell	12.93	
2005	Christopher Crowley	Belgooly	13.03	
2006	Eoin Kelly	St. Abban's	13.47	
2007	Niall Counihan	Dooneen	13.94	
2008	Paul Byrne	St. Abban's	12.54	
2009	Francis Egan	St. Abban's	12.97	

2010	Shane Prout	Coolquill	13.28	
2011	Matthew Teggart	Ballymena & Antrim	12.80	
2012	Conor Daly	St Abban's	13.41	
2013	Killian Whyte	Dundrum South Dublin	12.81	
2014	Conor Durnin	St Peter's	13.27	
2015	Shane Joyce	Cushinstown	13.93	
2016	Jordan Hoang	Tullamore Harriers	14.27	CR
2017	Sean Thompson	Lucan Harriers	14.13	
2018	Daniel Callanan Forde	Loughrea	12.79	
2019	Christopher Kearns	Finn Valley	12.11	
2020-2021 Not held due to Covid 19				
2022	Joseph Gillespie	Finn Valley	13.29	
2023	Evan Hallinan	Craughwell	13.20	
2024	Cian Flynn	Corran	12.51	

Pole Vault U19 Boys Indoors

2015	Jamie Fennell	West Waterford	4.10	
2016	Not contested			
2017	Shane Martin	Ballymena & Antrim	4.25	
2018	Ben O'Dwyer	Moycarkey Coolcroe		
2019	Patrick Fitzgerald	West Waterford	3.95	
2020-2021 Not held due to Covid 19				
2022	Conor Callinan	Leevale	4.35	
2023	Joshua Fitzgerald	Leevale	4.36	CR
2024	Lee Prendergast	St. Laurence O'Toole	3.90	

Shot Put U19 Boys Indoors

2002	Dorian Van der Braan	Carrick-on-Suir	11.13	
2003	Michael McCarthy	Celbridge	13.74	
2004	Justin Collins	Mullingar Harriers	12.84	
2005	James P Nagle	Farranfore Maine Valley	14.01	
2006	Pavel Hazler	Leevale	12.59	
2007	Alex Jones	Templemore	13.12	
2008	Daniel Clifford	Farranfore Maine Valley	13.98	
2009	Matthew Doyle	Mid Ulster	11.50	
2010	Andrew Doyle	Mid Ulster	14.59	
2011	Patrick McSweeney	Bandon	13.21	
2012	Paul Collins	North Westmeath	15.57	
2013	James Mulligan	Tullamore Harriers	14.01	
2014	John Kelly	Finn Valley	17.80	CR
2015	Anu Awonusi	St. Laurence O'Toole	15.78	
2016	Brendan Aspel	Crookstown Millview	11.78	
2017	Daniel Ryan	Moycarkey Coolcroe	15.34	
2018	James Kelly	Finn Valley	16.03	
2019	Jack Ryan	Moycarkey Coolcroe	14.10	
2020-2021 Not held due to Covid 19				
2022	Callum Keating	North Cork	14.25	
2023	Liam Shaw	Athenry	15.44	
2024	Andrew Cooper	Gowran	15.81	

4 x 200m Relay U19 Boys Indoors

2002	Portumna	1.39.7	
2003	Clonliffe Harriers	1.34.10	
2004	Kilkenny City Harriers	1.34.74	
2005	Leevale	1.36.82	
2006	Dundrum South Dublin		
2007	Shercock	1.38.16	
2008	Dundrum South Dublin	1.39.15	
2009	Dundrum South Dublin	1.37.00	
2010	Dundrum South Dublin	1.33.98	
2011	Dundrum South Dublin	1.33.89	
2012	Galway City Harriers	1.34.26	
2013	St Laurence O'Toole	1.31.25	
2014	Craughwell	1.31.83	
2015	Tallaght	1.31.08	
2016	Galway City Harriers	1.31.12	
2017	Menapians	1.31.25	
2018	Leevale	1.32.70	
2019	Leevale	1.32.73	
2020-2021 Not held due to Covid 19			
2022	Leevale	1.32.44	
2023	Ratoath	1.31.02	CR
2024	Ratoath	1.31.92	

Combined Events U19 Boys Indoors

2011	Simon Doyle	St Laurence O'Toole	3,362	CR
2012	Eric Stam	Bandon	3,240	
Discontinued				

60m U19 Girls Indoors

2002	Eve Riordan	Tallaght	8.18	
2003	Mandy Crowe	Bansha	8.08	
2004	Louise Marie Nicholson	Limerick Emerald	7.9H	
2005	Louise Kiernan	Fingallians	7.72	
2006	Gemma Hynes	Galway City Harriers	7.98	
2007	Mairead Murphy	Ferrybank	7.75	
2008	Niamh Whelan	Ferrybank	7.78	
2009	Eilish Fitzpatrick	Gneeveguilla	7.61	
2010	Louise Holmes	Kilkenny City Harriers	8.00	
2011	Sarah Murray	Fingallians	7.93	
2012	Grainne Moynihan	West Muskerry	7.77	
2013	Clíodhna Manning	Kilkenny City Harriers	7.61	
2014	Sarah-Kate Lacey	Kilkenny City Harriers	7.81	
2015	Sinead Treacy	Craughwell	7.84	
2016	Aoife O'Carroll	Tralee Harriers	7.81	
2017	Janine Boyle	Finn Valley	7.62	
2018	Lauren Cadden	Sligo	7.72	
2019	Patience Jumo-Gula	Dundalk St Gerards	7.44	
2020-2021 Not held due to Covid 19				
2022	Lucy-May Sleeman	Leevale	7.43	CR
2023	Laura Bolster	Cushinstown	7.66	
2024	Leila Colfer	St. Laurence O'Toole	7.53	

200m U19 Girls Indoors

2002	Aisling Maunsell	Leevale	26.16	
2003	Mandy Crowe	Bansha	25.30	
2004	Louise Marie Nicholson	Limerick Emerald	25.44	
2005	Clare McGlynn	Templeogue	25.66	
2006	Kelly Proper	Ferrybank	25.32	
2007	Hayley Murphy	Ferrybank	26.05	
2008	Niamh Whelan	Ferrybank	25.27	
2009	Steffi Creaner	Celtic	25.30	
2010	Claire Mooney	Naas	25.64	
2011	Sarah Murray	Fingallians	25.69	
2012	Clare Murphy	St Laurence O'Toole	25.65	
2013	Clodhna Manning	Kilkenny City Harriers	24.88	
2014	Vicky Harris	Mullingar Harriers	24.67	
2015	Sophie Becker	St Joseph's, Kilkenny	24.61	
2016	Mollie O'Reilly	Dundrum South Dublin	24.66	
2017	Aoife Lynch	Donore Harriers	24.62	
2018	Lauren Cadden	Sligo	24.40	
2019	Patience Jumo-Gula	Dundalk St Gerards	24.79	
2020-2021 Not held due to Covid 19				
2022	Lucy-May Sleeman	Leevale	24.24	CR
2023	Hannah Murray	Finn Valley	24.88	
2024	Fatima Amusan	Leevale	24.90	

400m U19 Girls Indoors

2002	Joanne Cuddihy	Kilkenny City Harriers	59.32	
2003	Orla Ni Mhuircheartaigh	Galway City Harriers	61.68	
2004	Catriona Cuddihy	Kilkenny City Harriers	58.20	
2005	Claire McSweeney	Leevale	60.0H	
2006	Gemma Hynes	Galway City Harriers	59.41	
2007	Jessie Barr	Ferrybank	58.85	
2008	Ciara Everard	Kilkenny City Harriers	57.02	
2009	Sinead Denny	Dundrum South Dublin	58.71	
2010	Claire Mooney	Naas	56.96	
2011	Tara Hession	Galway City Harriers	61.78	
2012	Clare Murphy	St Laurence O'Toole	59.49	
2013	Jade Leahy	Dundrum South Dublin	58.24	
2014	Alanna Lally	Galway City Harriers	56.75	
2015	Jenna Bromell	Emerald	55.28	CR
2016	Mollie O'Reilly	Dundrum South Dublin	57.04	
2017	Ellie O'Toole	Newbridge	57.42	
2018	Ciara Deely	Kilkenny City Harriers	56.17	
2019	Simone Lalor	St Laurence O'Toole	56.16	
2020-2021 Not held due to Covid 19				
2022	Kate O'Connell	Lucan Harriers	56.64	
2023	Victoria Amiadamen	Dooneen	56.75	
2024	Camille Madden	Kilcoole	55.74	

800m U19 Girls Indoors

2002	Alison Miller	St. Abban's	2.23.76	
2003	Karen O'Neill	Donore Harriers	2.25.16	
2004	Orla Nugent	Tallaght	2.25.74	
2005	Laura Crowe	An Ríocht	2.16.48	
2006	Laura Scriven	St. Laurence O'Toole	2.15.80	
2007	Sarah Connolly	Galway City Harriers	2.22.78	
2008	Ciara Everard	Kilkenny City Harriers	2.09.74	
2009	Sinead Denny	Dundrum South Dublin	2.23.33	
2010	Niamh Kearney	Greystones & District	2.15.16	
2011	Iseult O'Donnell	Raheny Shamrock	2.16.52	
2012	Emily Milner	St Coca's	2.22.60	
2013	Rachel O'Shea	West Muskerry	2.13.13	
2014	Alanna Lally	Galway City Harriers	2.17.22	
2015	Louise Shanahan	Leevale	2.20.18	
2016	Amy Hamill	Glaslough Harriers	2.26.06	
2017	Susie O'Flynn	Raheny Shamrock	2.16.27	
2018	Shona O'Brien	Gneeveguilla	2.18.14	
2019	Ellis Conway	Carrick-on-Shannon	2.19.97	
2020-2021 Not held due to Covid 19				
2022	Maeve O'Neill	Doheny	2.08.80	CR
2023	Eve Marie Noctor	Lucan Harriers	2.15.76	
2024	Nicole Dinan	Leevale	2.16.45	

1500m U19 Girls Indoors

2002	Fiona Corcoran	Tullamore Harriers	4.57.88	
2003	Tracy Williams	Tallaght	4.56.90	
2004	Ashling Baker	Dundrum South Dublin	5.01.2H	
2005	Laura Crowe	An Ríocht	4.57.74	
2006	Laura Connick	Celtic	5.09.61	
2007	Cheryl Nolan	St. Abban's	5.01.06	
2008	Claire Madigan	St. John's Clare	4.51.48	
2009				
2010	Niamh Kearney	Greystones & District	4.59.42	
2011	Iseult O'Donnell	Raheny Shamrock	5.02.69	
2012	Emily Milner	St Coca's	5.04.88	
2013	Niamh Markham	Ennis Track	5.03.32	
2014	Eileen Rafter	Tullamore Harriers	4.49.67	
2015	Louise Shanahan	Leevale	4.43.97	
2016	Carla Sweeney	WSAF	4.41.29	
2017	Rachel Browne	Greystones & District	4.48.55	
2018	Shona O'Brien	Gneeveguilla	4.40.24	
2019	Lauren Murphy	Cilles	4.46.11	
2020-2021 Not held due to Covid 19				
2022	Hannah Kehoe	Thomastown	4.40.85	
2023	Eleanor Foot	Bray Runners	4.51.97	
2024	Aimee Wallace	Mullingar Harriers	4.36.80	CR

60m Hurdles U19 Girls Indoors

2002	Eimear Ruane	Sligo	10.18	
2003	Sandra Williams	Borrisokane	9.96	
2004	Katey Byrd	Belgooly	10.10	
2005	Leona Byrne	St. Laurence O'Toole	9.16	
2006	Kelly Proper	Ferrybank	8.99	
2007	Mairead Murphy	Ferrybank	8.94	
2008	Sandra Lawlor	Celbridge	8.71	
2009	Fiona Furlong	Bree	11.57	
2010	Laura Boylan	Greystones & District	9.85	
2011	Sinead Lawler	Celbridge	9.47	
2012	Clare Murphy	St Laurence O'Toole	8.92	
2013	Orla Furney	Menapians	9.41	
2014	Naomi Morgan	City of Derry	9.34	
2015	Leanne Prout	Carrick-on-Suir	9.03	
2016	Elizabeth Morland	Cushinstown	8.44	CR
2017	Aoife Cloke-Rochford	Bree	9.18	
2018	Alison Burke	Celtic Dublin City Harriers	8.87	
2019	Anna McCauley	City of Lisburn	8.83	
2020-2021 Not held due to Covid 19				
2022	Lucy McGlynn	Tír Chonaill	8.87	
2023	Ava McKeon	Galway City Harriers	9.29	
2024	Caoimhe Fitzsimons	Ratoath	8.99	

1500m Walk U19 Girls Indoors

2002	Ciara McDermott	Ballina	6.57.28	
2003	Catriona McMahon	St. Mary's	6.48.12	
2004	Ann Loughnane	Craughwell	6.42.58	
2005	Amy Burtenshaw	Monasterevin	7.35.00	
2006	Nicola Alcorn	Finn Valley	7.58.11	
2007	Laura Reynolds	Mohill	6.56.37	
2008	Sally Forristal	St. Joseph's	8.14.53	
2009	Sinead Holmes	Bilboa	7.42.61	
2010	Emma Doherty	North Belfast Harriers	6.39.74	
2011	Emma Prendiville	Farranfore Maine Valley	6.51.42	
2012	Kate Veale	West Waterford	6.12.49	CR
2013	Siobhan Nash	St Abban's	7.05.62	
2014	Sinead Burke	St Coca's	6.43.68	
2015	Claire Kennedy	St Coca's	6.57.90	
2016	Orlaith Delahunt	Sligo	7.09.98	
2017	Rebecca Kearney	Carraig-Na-Bhfear	8.38.13	
2018	Orla O'Connor	Waterford	6.48.51	
2019	Sarah Glennon	Mullingar Harriers	6.43.87	
2020-2021 Not held due to Covid 19				
2022	Éabha De Faoite	Kenmare	8.09.53	
2023	Ciara Wilson Bowan	Dundrum South Dublin	7.16.60	
2024	Aoife Tuthill	Bandon	7.17.63	

High Jump U19 Girls Indoors

2002	Eva Bolton	Ballina	1.68	
2003	Sharon Heveran	Westport	1.76	
2004	Amanda Casey	St. Mary's	1.60	
2005	Leona Byrne	St. Laurence O'Toole	1.66	
2006	Sinead McWeeney	Carrick-on-Shannon	1.63	
2007	Pamela Hughes	Westport	1.75	
2008	Sinead Moloney	St. Killian's	1.45	
2009	Maeve Keenan	Ballymena & Antrim	1.45	

2010	Cathriona Farrell	Craughwell	1.77	CR
2011	Sinead Tuohy	Athenry	1.63	
2012	Emily Rogers	St Peter's	1.70	
2013	Aisling Croke	Dooneen	1.60	
2014	Grace McKenzie	Belgooly	1.68	
2015	Neasa Murphy	Ferrybank	1.60	
2016	Elizabeth Morland	Cushinstown	1.74	
2017	Shannon Craig	Lifford Strabane	1.63	
2018	Christine McCarthy	Kenmare	1.55	
2019	Emily Corcoran	Celtic Dublin City Harriers	1.63	
2020-2021 Not held due to Covid 19				
2022	Laura Frawley	Emerald	1.60	
2023	Ava Rochford	Nenagh Olympic	1.76	
2024	Maeve Fleming	Leevale	1.70	

Pole Vault U19 Girls Indoors

2015	Muireann McGinley	Celtic Dublin City Harriers	2.40	
2016	Ailbhe Healy	Donore Harriers	3.00	
2017	Sarah Derham	Lusk	3.10	
2018	Ciara Hickey	Blarney Iniscarra	3.35	
2019	Erin Fisher	City of Lisburn	3.30	
2020-2021 Not held due to Covid 19				
2022	Una Brice	Leevale	3.65	CR
2023	Ava Rochford	Nenagh Olympic	3.00	
2024	Poppi Devereaux	Youghal	2.90	

Long Jump U19 Girls

2002	Ciara Kearns	Celbridge	5.49	
2003	Niamh Condrón	Celbridge	5.26	
2004	Donna Hosford	Leevale	5.20	
2005	Allison Sharkey	Letterkenny	5.44	
2006	Kelly Proper	Ferrybank	5.90	CR
2007	Mairead Murphy	Ferrybank	5.31	
2008	Ailbhe Enright	Naas	5.17	
2009	Nicola Power	Ferrybank	5.43	
2010	Aoife Bartley	Carrick-on-Suir	5.18	
2011	Sally Rose Maughan	Castlebar	5.75	
2012	Jessica Sheehan	Leevale	5.52	
2013	Sarah McCarthy	Mid Sutton	5.77	
2014	Grace McKenzie	Belgooly	5.30	
2015	Sinead Treacy	Craughwell	5.45	
2016	Elizabeth Morland	Cushinstown	5.85	
2017	Janine Boyle	Finn Valley	5.46	
2018	Vickie Cusack	Liscarroll	5.16	
2019	Anna McCauley	City of Lisburn	5.53	
2020-2021 Not held due to Covid 19				
2022	Katie Nolke	Ferrybank	5.62	
2023	Emma O'Neill	Carrick-on-Suir	5.43	
2024	Caoimhe Fitzsimons	Ratoath	5.37	

Triple Jump U19 Girls Indoors

2002	Michelle Doherty	Sparta North West	11.12	
2003	Orla Ni Mhuircheartaigh	Galway City Harriers	10.16	
2004	Catriona De Paor	Youghal	10.12	
2005	Christina Broderick	Belgooly	10.70	
2006	Sarah Palazzo	Clonmel	9.58	
2007	Kiara Ferguson	City of Derry	10.93	
2008	Denise Wickham	St. Paul's	10.37	
2009	Nicola Power	Ferrybank	10.82	
2010	Caoimhe King	Westport	12.29	CR
2011	Chloe Fahy	Nenagh Olympic	9.55	
2012	Sarah Buggy	St Abban's	11.71	
2013	Claire Dougherty	City of Derry	11.03	
2014	Blaithnaid Patton	Finn Valley	11.16	
2015	Fiona O'Shea	Dooneen	11.33	
2016	Sophie McCabe	Bree	10.92	
2016	Fodhla Nic Phaidin	Rosses	11.27	
2018	Emily Forte	Lagan Valley	10.52	
2019	Aisling Cassidy	Leevale	11.57	
2020-2021 Not held due to Covid 19				
2022	Grace Fitzgerald	Tipperary Town	11.19	
2023	Miolly Mullally	Dundrum South Dublin	11.34	
2024	Leagh Moloney	Dooneen	11.19	

Shot Put U19 Girls Indoors

2002	Deirdre Murphy	Leevale	10.96	
2003	Leanne Hayes	North Laois	10.81	
2004	Sonia Kennedy	Ferrybank	10.67	
2005	Rhionnan McNally	Craigavon	10.89	
2006	Yvonne Hickey	Gowran	9.88	
2007	Laura Cogan	Newbridge	13.66	
2008	Niamh Mooney	Bilboa	9.61	
2009	Frances Rogers	St. Peter's Dromiskin	10.13	
2010	Fiona Moloney	Dooneen	12.27	
2011	Emma Fenlon	St Joseph's	10.12	
2012	Niamh Murphy	Blarney / Inniscara	11.65	
2013	Laura McSweeney	Bandon	11.88	
2014	Aideen Hallahan	Midleton	10.09	
2015	Anne-Marie Tormsey	Fingallians	11.81	
2016	Michaela Walsh	Swinford	14.78	CR
2017	Niamh Fogarty	North Westmeath	13.56	
2018	Margeurite Furlong	Adamstown	10.42	
2019	Lystus Ebosele	DMP	11.64	
2020-2021 Not held due to Covid 19				
2022	Anna Gavigan	LSA	10.09	
2023	Kotryna Pacerinskaite	Fanahan Mc Sweeney	12.04	
2024	Ailbhe Gordon	Greystones	10.23	

4 x 200m Relay U19 Girls Indoors

2002	Dundrum South Dublin	1.47.6H
2003	Tallaght	1.53.00
2004	Leevale	1.45.36
2005	Leevale	1.47.33
2006	Ferrybank	1.48.10
2007	Celbridge	1.54.43
2008	Limerick	1.48.44
2009	Greystones & District	1.51.99

2010	Ballymena & Antrim	1.46.3	
2011	Leevale	1.46.33	
2012	Kilkenny City Harriers	1.48.42	
2013	City of Derry	1.45.18	
2014	Galway City Harriers	1.43.92	
2015	Dundrum South Dublin	1.46.21	
2016	Dundrum South Dublin	1.43.69	
2017	Emerald	1.43.86	
2018	Ferrybank	1.46.61	
2019	St. Laurence O'Toole	1.45.93	
2020-2021 Not held due to Covid 19			
2022	Leevale	1.42.52	
2023	Ratoath	1.41.45	
2024	Kilcoole	1.41.35	CR

Combined Events U19 Girls Indoors

2011	Catherine Corcoran	Bree	2,423	
2012	Katie O'Donoghue	Craughwell	2,554	CR
Discontinued				

60m U18 Boys Indoors

1995	Darren Hough	Corran	NT	
1996	Gareth Gettingby	North Down	7.12	
1997	Damien Wilmott	Dooneen	7.22	
1998	Niall O'Donnell	St. Columb's	7.1H	
1999	Jer O'Donoghue	Leevale	7.05	
2000	Darren Coughlan	Bandon	7.12	
2001	Cancelled due to Foot & Mouth			
2002	Paul Gill	Carbury	7.16	
2003	Tony Barnett	Tralee Harriers	7.08	
2004	Peter McDonald	St. Peter's Dromiskin	7.0H	
2005	Bryon McKeon	Clonliffe Harriers	7.20	
2006	Gerard O'Reilly	Shercock	7.17	
2007	Craig Lynch	Shercock	7.21	
2008	Karl Bradley	City of Derry	7.34	
2009	Mark Kavanagh	Dundrum South Dublin	7.13	
2010	Joseph Dowling	Dundrum South Dublin	7.25	
2011	Tony Stafford	Menapians	7.24	
2012	Eoin O'Carroll	Tralee Harriers	7.12	
2013	Zak Irwin	Sligo	6.93	
2014	Eoin Doherty	Tallaght	7.01	
2015	Ryan Murray	Bree	7.13	
2016	Shola Edodo	Templeogue	7.02	
2017	David Murphy	Gowran	6.94	
2018	Conor Morey	Leevale	7.01	
2019	Israel Olatunde	Dundealga	6.90	
2020-2021 Not held due to Covid 19				
2022	Nkemjika Onwumereh	Metro/St. Brigids	6.85	CR
2023	Jamie Moffatt	North Down	6.86	
2024	Lemar Lucciano	Unattached	7.08	

200m U18 Boys Indoors

1995	Tim Pat O'Connor	Limerick Emerald	23.07	
1996	Gareth Gettingby	North Down	23.24	
1997	Damien Lowery	Dundrum South Dublin	23.00	
1998	Niall O'Donnell	St. Columb's	23.0H	
1999	Jer O'Donoghue	Leevale	22.97	
2000	Darren Coughlan	Bandon	22.40	
2001	Cancelled due to Foot & Mouth			
2002	Paul Gill	Carbury	22.84	
2003	Thomas Coughlan	Tullamore Harriers	22.90	
2004	Michael Dillon	Lios Tuathail	23.22	
2005	Kevin O'Doherty	Strabane Track Club	23.52	
2006	Gerard O'Reilly	Shercock	22.61	
2007	Craig Lynch	Shercock	22.94	
2008	Dara Kervick	Carrick-on-Suir	22.89	
2009	Lorcan O'Cathain	Roscommon	22.48	
2010	Joseph Dowling	Dundrum South Dublin	22.72	
2011	Tony Stafford	Menapians	23.26	
2012	Kieron Elliot	North Sligo	22.63	
2013	Zak Irwin	Sligo	21.80	CR
2014	Sean Lawlor	Donore Harriers	22.21	
2015	Ryan Murray	Bree	22.41	
2016	David McDonald	Menapians	21.77	
2017	David Murphy	Gowran	21.97	
2018	John Grant	Celbridge	22.28	
2019	Robert McDonnell	Galway City Harriers	22.07	
2020-2021 Not held due to Covid 19				
2022	Max O'Reilly	Unattached	22.17	
2023	Donal Martin	Blackrock, Dublin	22.85	
2024	Leon Eware	Unattached	22.02	

400m U18 Boys Indoors

1995	Darren Hough	Corran	51.1H	
1996	Alan Bloomer	Mountmellick	51.64	
1997	Thomas Coman	Moycarkey Coolcree	49.7H	
1998	Thomas Quaid	North Cork	50.9H	
1999	Gordon Kennedy	Tullamore Harriers	50.6	
2000	Joe O'Donnell	Dungarvan	51.16	
2001	Cancelled due to Foot & Mouth			
2002	Maurice Donoghue	Carrick-on-Suir	51.44	
2003	Conall McNamara	Westport	52.80	
2004	Michael Dillon	Lios Tuathail	51.42	
2005	Mark Morgan	Cushinstown	51.93	
2006	Brian Gregan	Tallaght	50.43	
2007	Cathal Owens	Leevale	51.64	
2008	Dara Kervick	Carrick-on-Suir	51.77	
2009	Patrick Maher	Leevale	51.09	
2010	Joseph Dowling	Dundrum South Dublin	51.77	
2011	Kevin Lynch	Dundrum South Dublin	50.83	
2012	Kieron Elliot	North Sligo	51.18	
2013	Kevin Woods	Crusaders	51.09	
2014	Brian Masterson	Dundrum South Dublin	51.16	
2015	John Fitzsimons	Kildare	49.59	CR
2016	Jamie Mitchell	Emerald	50.01	
2017	Jack Mitchell	St. Laurence O'Toole	49.65	
2018	Jack Raftery	Donore Harriers	50.17	
2019	Robert McDonnell	Galway City Harriers	49.98	
2020-2021 Not held due to Covid 19				
2022	Stephen Mannion	South Galway	50.31	

2023	Jason O'Reilly	Kilarny Valley	50.64
2024	Leigh O'Brien	Celbridge	50.28

800m U18 Boys Indoors

1995	Brendan Taaffe	Ferdia	1.59.0H	
1996	Fergus Quinn	Tullamore Harriers	2.01.6H	
1997	Eoin Cummins	Rathfarnham WSAF	1.59.15	
1998	Michael Wilcox	Kells	1.56.2H	
1999	P Cormack	Ennis Track Club	1.59.4	
2000	David Campbell	Maynooth	1.53.88	
2001	Cancelled due to Foot & Mouth			
2002	Brian Dunne	Carrick-on-Suir	2.00.00	
2003	Colin Costello	Star of the Sea	1.57.16	
2004	Steven Morrow	Ballymena & Antrim	1.57.5H	
2005	Ciaran O'Driscoll-Collins	Limerick Emerald	1.58.30	
2006	Niall Tuohy	Ferrybank	1.58.15	
2007	Ian Ward	Finn Valley	1.59.18	
2008	Darren McBrearty	Letterkenny	1.56.83	
2009	Michael O'Sullivan	West Muskerry	2.01.4	
2010	Keith Fallon	Galway City Harriers	2.01.66	
2011	Seamus Hogan	Nenagh Olympic	2.01.32	
2012	Karl Griffin	Tír Chonaill	1.54.70	
2013	Harry Purcell	Trim	1.57.01	
2014	Gary Campbell	Dunleer	1.55.38	
2015	John Fitzsimons	Kildare	1.58.69	
2016	Kevin McGrath	Bohermeen	1.58.20	
2017	Ruarcan O'Gibne	Boyne	1.57.59	
2018	Ben Deasy	Ennis Track Club	1.57.56	
2019	Cian McPhillips	Longford	1.57.94	
2020-2021 Not held due to Covid 19				
2022	Jack Kelly	Tallaght	1.52.38	CR
2023	Sean Doggett	Athenry	1.55.84	
2024	Caolan McFadden	Cranford	1.55.42	

1500m U18 Boys Indoors

1995	Kieran Doogan	Dundrum South Dublin	4.21.9H	
1996	Gerard O'Connor	Rathfarnham WSAF	4.02.3H	
1997	Not held			
1998	Gary Murray	Finn Valley	4.11.3H	
1999	Michael O'Neill	Celbridge	4.12.7	
2000	Gerry O'Flaherty	Ennis Track	4.10.06	
2001	Cancelled due to Foot & Mouth			
2002	Jamie McCarthy	Riverstick/Kinsale	4.10.26	
2003	Colin Costello	Star of the Sea	4.10.82	
2004	David Farrell	Bree	4.14.00	
2005	Brian Markham	Ennis Track	4.06.18	
2006	Gavin Downey	Ferrybank	4.07.85	
2007	Ian Ward	Finn Valley	4.09.21	
2008	Paul Robinson	St. Coca's	4.06.65	
2009	Jonathan Phillips	Roundwood & District	4.19.29	
2010	Barry Healy	Claremorris	4.15.87	
2011	Seamus Hogan	Nenagh Olympic	4.23.77	
2012	Shane Fitzsimons	Mullingar Harriers	3.53.37	CR
2013	Andrew Coscoran	Star of the Sea	4.07.18	
2014	Gary Campbell	Dunleer	4.07.18	
2015	Oisín O'Gibne	Boyne	4.08.99	
2016	Rory Lodge	Kilkenny City Harriers	4.06.42	
2017	James Maguire	Dundrum South Dublin	4.03.83	

2018	Louis O'Loughlin	Donore Harriers	4.01.87
2019	Tadgh Donnelly	Drogheda & District	4.05.11
2020-2021 Not held due to Covid 19			
2022	David Williams	St. Senan's	4.14.42
2023	Eoghan O'Connor	Belgooly	4.01.94
2024	Noah Harris	Parnell	3.56.45

60m Hurdles U18 Boys Indoors

1995	Colm Farry	Corran	8.93	
1996	Trevor McGlynn	Strabane	8.31	
1997	Paul O'Shea	Kilmallock	8.37	
1998	Alan Delaney	Castlerea	7.9H	
1999	Chris McDermott	Roscommon	8.57	
2000	Timothy Flannery	Nenagh Olympic	8.38	
2001	Cancelled due to Foot & Mouth			
2002	Shane Cullinane	Nenagh Olympic	8.40	
2003	Peter Shallow	Individual	8.22	
2004	Alan Leen	Tralee Harriers	9.70	
2005	Gerard O'Donnell	Carrick on Shannon	8.52	
2006	Eoin Hannon	Tullamore Harriers	8.34	
2007	Paul Doherty	Finn Valley	8.87	
2008	Fearghus Hannon	Tullamore Harriers	8.19	
2009	Edmond O'Halloran	Leevale	8.22	
2010	Simon Doyle	St. Laurence O'Toole	8.50	
2011	Eoin Power	St Joseph's	8.41	
2012	Andrew Creamer	Annalee	8.04	CR
2013	Garbhan McKenna	Shercock	8.20	
2014	Jason Foley	Lios Tuathail	8.18	
2015	Jack Murphy	Leevale	8.35	
2016	Shane Mooney	Tireragh	8.66	
2017	Shane Monagle	Tramore	8.10	
2018	Joseph McEvoy	Nenagh Olympic	8.24	
2019	Alan Miley	St. Laurence O'Toole	8.37	
2020-2021 Not held due to Covid 19				
2022	Sean Carmody	Leevale	8.12	
2023	Sean Owens	Crusaders	8.36	
2024	Ethan Dewhirst	Tir Chonaill	8.25	

1500m Walk U18 Boys Indoors

1995	Joe Ryan	Mullingar Harriers	4.50.50	1000m
1996	Mark Lennon	Kilkenny City Harriers	8.13.0H	
1997	Nigel Madden	Westport	6.25.9H	
1998	David Kidd	St. Laurence O'Toole	6.03.3H	
1999				
2000	Colin Griffin	Ballinamore	5.46.26	
2001	Cancelled due to Foot & Mouth			
2002	James Dalton	Hacketstown	6.46.4H	
2003	Joseph Durcan	Ballina	6.35.84	
2004	Michael Doyle	Cushinstown	6.21.80	
2005	Paul Murphy	Dooneen	6.50.59	
2006	Paul Fitzpatrick	Shercock	6.35.01	
2007	Niall Prendiville	Farranfore Maine Valley	6.47.94	
2008	Cian McManamon	Westport	6.51.63	
2009	Owen McCobe	North Belfast Harriers	6.29.66	

2010	James Treanor	Shercock	6.12.71	
2011	Luke Hickey	Leevale	7.00.84	
2012	Evan Lynch	Clonmel	6.23.25	
2013	Simon Gillespie	Ballina	7.07.50	
2014	Aaron Egan	Clonmel	6.12.54	
2015	Joseph Mooney	Adamstown	6.40.28	
2016	Andrew Carroll	Celbridge	6.47.76	
2017	Gearoid McMahon	Shannon	6.11.90	CR
2018	Liam McDonagh	Moycarkey Coolcree	6.47.34	
2019	James Hanlon	Taghmon	NT	
2020-2021 Not held due to Covid 19				
2022	Sam O'Sullivan	Clonmel	6.57.56	
2023	Aidan Bayon	Celbridge	6.37.59	
2024	Seamus Clarke	Moy Valley	6.18.40	

High Jump U18 Boys Indoors

1995	David Elliott	Tallaght	1.79	
1996	Seamus Byrne	St. Abban's	1.91	
1997	Colin Brennan	TOC	1.89	
1998	Alan Delaney	Castlerea	1.98	
1999	Chris McDermott	Roscommon	1.95	
2000	Peter Condron	St. Abban's	1.99	
2001	Cancelled due to Foot & Mouth			
2002	Shane Cullinane	Nenagh Olympic	1.85	
2003	Brian Flatley	Claremorris	1.89	
2004	Caolan Flanagan	Ballymena & Antrim	1.94	
2005	Eoin Kelly	St. Abban's	1.91	
2006	Ian Crowley	Farranfore Maine Valley	1.75	
2007	Barry Pender	St. Abban's	2.04	CR
2008	Andrew Kearney	Tralee Harriers	1.88	
2009	Thomas Barr	Ferrybank	1.86	
2010	Declan Rogers	Tipperary Town	1.80	
2011	Neil Gorey	Dundrum South Dublin	1.83	
2012	Andrew Heeney	Clonliffe Harriers	1.85	
2013	David Cussen	Old Abbey	2.00	
2014	Keith Marks	Cushinstown	1.95	
2015	Tom Deasy	Belgooly	1.83	
2016	Ryan Carthy Walsh	Adamstown	2.06	
2017	Ciaran Connolly	Le Cheile	1.96	
2018	Darragh Courtney	St. Brendan's, Kerry	1.90	
2019	Eoghan Smith	Blackrock, Louth	1.85	
2020-2021 Not held due to Covid 19				
2022	Dannan Long	Enniscorthy	1.75	
2023	Cathal Ryan	Templemore	1.80	
2024	Alex Heney	Clane	1.90	

Long Jump U18 Boys Indoors

1995	Tim Pat O'Connor	Limerick Emerald	6.77	
1996	Trevor McGlynn	Strabane	6.77	
1997	Alan O'Mahony	DMP	6.38	
1998	Stephen McDonnell	Strabane	6.08	
1999	Kevin Burke	Dooneen	6.79	
2000	Shane Thornton	Grange/Fermoy	6.48	
2001	Cancelled due to Foot & Mouth			
2002	Shane Cullinane	Nenagh Olympic	6.55	
2003	Stephen Darcy	St. Laurence O'Toole	6.35	
2004	Karl O'Connell	Glaslough Harriers	6.33	
2005	Luke Sweetman	Fingallians	6.48	

2006	Eoin Hannon	Tullamore Harriers	6.75	
2007	David Quilligan	Leevale	6.39	
2008	Timmy Harrington	Bandon	6.65	
2009	Ciaran Dolan	St. Michael's Enniskillen	6.57	
2010	Simon Doyle	St. Laurence O'Toole	6.58	
2011	Tony Stafford	Menapians	6.45	
2012	Eoin O'Carroll	Tralee Harriers	6.83	CR
2013	David Cussen	Old Abbey	6.60	
2014	Shane Joyce	Cushinstown	6.33	
2015	Tom Deasy	Belgooly	6.21	
2016	Shane Keane	Crusaders	6.43	
2017	David Ryan	Morcarkey Coolcroo	6.59	
2018	Luke O'Carroll	Tralee Harriers	6.30	
2019	Adam Turner	Belgooly	6.34	
2020-2021 Not held due to Covid 19				
2022	Max O'Reilly	Unattached	6.23	
2023	Sean McCabe	Sligo	6.31	
2024	Tadhg Stephenson-Wong	Cabinteely	6.56	

Triple Jump U18 Boys Indoors

1998	Noel Hawthorne	Sparta	13.39	
1999	Padraig Cremin	Bantry	12.44	
2000	Jonathon Ferguson	Olympian	12.65	
2001	Cancelled due to Foot & Mouth			
2002	Shane Mullins	Clonmel	12.20	
2003	Denis Finnegan	Spa Muckcross	13.24	
2004	Leslie Leung	Ballymena & Antrim	13.46	
2005	Eoin Kelly	St. Abban's	12.71	
2006	Niall Counihan	Dooneen	12.97	
2007	Eoin Mulhall	Naas	12.76	
2008	Francis Egan	St. Abban's	13.56	
2009	Shane Prout	Coolquill	12.94	
2010	Aaron Murtagh	Ballina	13.15	
2011	Callum Graham	Regent House	12.92	
2012	Eoin O'Carroll	Tralee Harriers	12.52	
2013	Conor Durnin	St Peter's	13.88	
2014	Darren Prout	Carrick-on-Suir	13.96	CR
2015	Jordan Hoang	Tullamore Harriers	12.76	
2016	Gareth Crawford	Lifford Strabane	13.09	
2017	Matthew Rossiter	St. Abban's	12.85	
2018	Fionn McGrain	Raheny Shamrock	12.69	
2019	Wymin Sivakumar	Leevale	13.31	
2020-2021 Not held due to Covid 19				
2022	Aaron O'Connor	Limerick	12.58	
2023	Daniel Quirk	Greystones & District	13.13	
2024	Darragh Fahy	Loughrea	13.39	

Pole Vault U18 Boys Indoors

2015	Robert Ivers	Raheny Shamrock	3.70	
2016	Not contested			
2017	Matthew Callinan Keenan	St. Laurence O'Toole	3.90	
2018	Brian Lynch	Old Abbey	3.20	
2019	Adam O'Dwyer	Moycarkey Coolcroo	3.80	
2020-2021 Not held due to Covid 19				
2022	Joshua Fitzgerald	Leevale	3.90	

2023	Padraig Ryan	Lusk	3.20	
2024	Alex Neff	Leevale	4.01	CR

Shot Put 18 Boys Indoors

1995	Jason Flynn	KCK	14.91	
1996	John Leahy	Moyvane	15.16	
1997	Sean Breathnach	Corr na Mona	15.18	
1998	William Kelly	St. Abban's	11.47	
1999	Robert Ford	Marian	13.25	
2000	Neville Coughlan	Tullamore Harriers	13.57	
2001	Cancelled due to Foot & Mouth			
2002	Kevin Feely	Finn Valley	14.88	
2003	Brendan Callinan	St. Laurence O'Toole	14.48	
2004	James P Nagle	Farranfore Maine Valley	14.81	
2005	Michael Whelan	Lios Tuathail	13.68	
2006	Matthew O'Reilly	Shercock	13.22	
2007	Daniel Clifford	Farranfore Maine Valley	14.76	
2008	Eanna O'Cathain	Galway City Harriers	14.02	
2009	Andrew Doyle	Mid Ulster	15.31	
2010	Patrick McSweeney	Bandon	13.24	
2011	Matthew Martin	North Down	14.40	
2012	James Mulligan	Tullamore Harriers	14.05	
2013	John Kelly	Finn Valley	18.11	CR
2014	Anu Awonusi	St Laurence O'Toole	15.49	
2015	Jack Manning	Kilkenny City Harriers	12.73	
2016	Darragh Gaffney	North Westmeath	15.33	
2017	James Kelly	Finn Valley	16.70	
2018	Jack Ryan	Moycarkey Coolcroe	14.79	
2019	Gergely Pap	St. Pauls, Waterford	14.13	
2020-2021	Not held due to Covid 19			
2022	Liam Shaw	Athenry	17.18	
2023	Andrew Cooper	Gowran	16.65	
2024	Theo Hanlon	Suncroft	16.35	

4 x 200m Relay U18 Boys Indoors

1995	Thurles Crokes	1.36.1H	
1996	Dundrum South Dublin	1.35.4H	
1997	Dundrum South Dublin	1.37.4H	
1998	Tallaght	1.34.9H	
1999	Bandon	1.34.0	
2000	Celbridge	1.35.8H	
2001	Cancelled due to Foot & Mouth		
2002	Dooneen	1.37.7H	
2003	Shercock	1.35.00	
2004	Bree	1.38.12	
2005	Carrick on Shannon	1.35.56	
2006	Shercock	1.35.45	
2007	Leevale	1.34.49	
2008	Dundrum South Dublin	1.37.09	
2009	Dundrum South Dublin	1.33.73	
2010	Dundrum South Dublin	1.35.21	
2011	Galway City Harriers	1.33.92	
2012	St Laurence O'Toole	1.33.74	
2013	Shercock	1.34.51	
2014	Tallaght	1.30.57	CR
2015	Finn Valley	1.38.98	
2016	Galway City Harriers	1.32.29	

2017	Leevale	1.33.40
2018	Leevale	1.31.81
2019	Dundrum South Dublin	1.32.72
2020-2021 Not held due to Covid 19		
2022	Blackrock Dublin	1.33.83
2023	Ratoath	1.33.78
2024	Ratoath	1.32.95

Combined Events U18 Boys Indoors

2002	Cathal Hannon	Ballyskenach	3,112	
2003	Brian Flatley	Claremorris	2,719	
2004	Christopher Crowley	Belgooly	3,409	
2005				
2006	Paul Byrne	St. Abban's		
2007	Paul Byrne	St. Abban's	4,185	
2008	Francis Egan	St. Abban's	4,015	
2009				
2010	Simon Doyle	St. Laurence O'Toole	4,170	
2011	Eric Stam	Bandon		
2012	Colin Nolan	Enniscorthy	3,091	
2013	Mark Rogers	St Peter's		
2014	Keith Marks	Cushinstown	3,277	
2015	Daniel Ryan	Moycarkey Coolcree	3,668	
2016	Peter O'Connor	Enniscorthy	2,695	
2017	Darragh Miniter	St. Mary's Clare	3,317	
2018	Brian Lynch	Old Abbey	3,499	
2019	Diarmuid O'Connor	Bandon	3,592	
2020	Jack Forde	St. Killian's	3,260	
2021	Not held due to Covid-19			
2022	Fintan Dewhurst	Tír Chonaill	4,138	
2023	Michael Kent	DMP	4,601	
2024	Eoin O'Callaghan	Bandon	4,602	CR
2025	Daniel Downey	Portlaoise	4,602	CR

60m U18 Girls Indoors

1995	Catherine Teehan	Newbridge	7.9H	
1996	Grainne Redmond	Cushinstown	7.87	
1997	Aoife Hearne	St. Mary's (Waterford)	7.73	
1998	Ciara Sheehy	West Dublin	7.5H	
1999	Catriona Kelly	Letterkenny	8.14	
2000	Fiona O'Friel	West Dublin	7.98	
2001	Cancelled due to Foot & Mouth			
2002	Aoife Hazel McNeill	Dundrum South Dublin	7.88	
2003	Sinead O'Neill	Templeogue	7.92	
2004	Clare Brady	Celbridge	7.6H	
2005	Gemma Hynes	Galway City Harriers	7.80	
2006	Mairead Murphy	Ferrybank	7.77	
2007	Niamh Whelan	Ferrybank	7.78	
2008	Eilish Fitzpatrick	Gneeveguilla	7.81	
2009	Joan Healy	Bandon	7.74	
2010	Sarah Murray	Fingallians	7.83	
2011	Grainne Moynihan	West Muskerry	7.80	
2012	Clodhna Manning	Kilkenny City Harriers	7.71	
2013	Kelly McGrory	Tír Chonaill	7.78	
2014	Roseanna McGuckian	City of Lisburn	7.71	
2015	Phoebe Murphy	Ferrybank	7.68	
2016	Molly Scott	St. Laurence O'Toole	7.42	CR
2017	Lauren Roy	City of Lisburn	7.65	

2018	Patience Jumbo-Gula	Dundalk St. Gerard's	7.49
2019	Rhasidat Adeleke	Tallaght	7.45
2020-2021 Not held due to Covid 19			
2022	Sophie Farrell	South Galway	7.80
2023	Leila Colfer	St. Laurence O'Toole	7.61
2024	Elena O'Sullivan	Leevale	7.70

200m U18 Girls Indoors

1995	Catherine Teehan	Newbridge	26.75	
1996	Grainne Redmond	Cushinstown	25.7	
1997	Sinead Hickey	Limerick Emerald	25.55	
1998	Ciara Sheehy	West Dublin	25.1H	
1999	Michelle Gorman	Tullamore Harriers	27.21	
2000	Zita Murphy	Ballybrack	26.68	
2001	Cancelled due to Foot & Mouth			
2002	Claire Bergin	Dundrum South Dublin	24.96	
2003	Louise Marie Nicholson	Limerick Emerald	26.34	
2004	Clare Brady	Celbridge	25.62	
2005	Gemma Hynes	Galway City Harriers	25.33	
2006	Mairead Murphy	Ferrybank	25.15	
2007	Niamh Whelan	Ferrybank	25.38	
2008	Steffi Creaner	Celtic Dublin City Harriers	25.88	
2009	Claire Mooney	Naas	26.05	
2010	Sarah Murray	Fingallians	25.80	
2011	Grainne Moynihan	West Muskerry	25.69	
2012	Clodhna Manning	Kilkenny City Harriers	25.34	
2013	Sarah-Kate Lacey	Kilkenny City Harriers	25.10	
2014	Sinead Treacy	Craughwell	24.73	
2015	Aishling Forkan	Swinford	24.18	
2016	Lauren Ryan	Dooneen	24.96	
2017	Lauren Roy	City of Lisburn	24.70	
2018	Awa Fane	Mullingar Harriers	24.95	
2019	Rhasidat Adeleke	Tallaght	24.09	CR
2020-2021 Not held due to Covid 19				
2022	Harriet McCrossan	Lifford Strabane	25.46	
2023	Hannah Falvey	Belgooly	24.97	
2024	Katie Doherty	Ratoath	25.09	

400m U18 Girls Indoors

1995	Jennifer McKenna	Collins	61.7H	
1996	Sharon Rowland	Roscrea	62.07	
1997	Geraldine McCarthy	Listowel	60.9H	
1998	Fiona Crowley	Galway City Harriers	58.5H	
1999	Leanne Woods	Eagle Track Club	62.5	
2000	Alexandra Flamme	Celbridge	58.14	
2001	Cancelled due to Foot & Mouth			
2002	Nicole O'Regan	Togher	43.2H	300m
2003	Catriona Cuddihy	Kilkenny City Harriers	41.9H	300m
2004	Claire McSweeney	Leevale	40.9H	300m
2005	Gemma Hynes	Galway City Harriers	40.0H	300m
2006	Mairead Deevy	Ferrybank	40.1	300m
2007	Niamh Whelan	Ferrybank	41.0H	300m
2008	Aoife Roisin Burke	Dooneen	42.1H	300m
2009	Claire Mooney	Naas	41.1H	300m
2010	Sally Rose Maughan	Castlebar	42.29	300m
2011	Grainne Moynihan	West Muskerry	40.83	300m
2012	Jade Leahy	Dundrum South Dublin	42.30	300m

2013	Alanna Lally	Galway City Harriers	55.87	CR
2014	Louise Shanahan	Leevale	56.42	
2015	Rachel Dunne	Dundrum South Dublin	58.22	
2016	Katie Magee	Dundrum South Dublin	60.02	
2017	Ellie O'Toole	Newbridge	57.42	
2018	Miriam Daly	Carrick-on-Suir	57.20	
2019	Caoimhe Cronin	Le Chéile	57.33	
2020-2021 Not held due to Covid 19				
2022	Renee Crotty	Annalee	57.57	
2023	Amy Jo Kierans	Oriel	56.47	
2024	Maria Zakharenko	Kilcoole	57.33	

800m U18 Girls Indoors

1995	Laura Coleman	Dundrum South Dublin	2.27.3H	
1996	Lynn Anderson	Letterkenny	2.31.7H	
1997	Geraldine McCarthy	Listowel	2.14.98	
1998	Roisin McGettigan	Inbhear Dee	2.17.8H	
1999	Regina Murphy	Border Ramblers	2.25.97	
2000	Sarah Ewing	Dundrum South Dublin	2.19.28	
2001	Cancelled due to Foot & Mouth			
2002	Karen O'Neill	Donore Harriers	2.22.70	
2003	Kelly Ann Speight	Enniskillen	2.21.64	
2004	Laura Crowe	Tralee Harriers	2.16.36	
2005	Laura Scriven	St. Laurence O'Toole	2.16.21	
2006	Cheryl Nolan	St. Abban's	2.20.55	
2007	Ciara Everard	Kilkenny City Harriers	2.16.91	
2008	Ciara Cronin	Ferrybank	2.15.88	
2009	Niamh Kearney	Greystones & District	2.15.74	
2010	Iseult O'Donnell	Raheny Shamrock	2.17.50	
2011	Amy O'Donoghue	Limerick Emerald	2.15.77	
2012	Laura O'Dowd	Ballinamore	2.20.22	
2013	Alanna Lally	Galway City Harriers	2.13.83	CR
2014	Louise Shanahan	Leevale	2.16.54	
2015	Amy Hamill	Glaslough Harriers	2.15.07	
2016	Aoife Mahony	Lios Tuathail	2.15.79	
2017	Jo Keane	Ennis	2.22.07	
2018	Sara Doyle	St. Laurence O'Toole	2.15.32	
2019	Murphy Miller	North Down	2.14.10	
2020-2021 Not held due to Covid 19				
2022	Kirsti Foster	Willowfield Harriers	2.13.63	
2023	Zoie Richie	Rathfarnham W.S.A.F.	2.10.67	
2024	Gemma Galvin	Ennis Track	2.13.59	

1500m U18 Girls Indoors

1995	Cathriona O'Brien	Rathfarnham WSAF	4.56.0H	
1996	Eimear Daly	Dundrum South Dublin	4.58.5H	
1997	Not held			
1998	Maria Skelton	Dundrum South Dublin	4.45.8H	
1999	Carol O'Regan	Moycarkey Coolcree	4.58.1	
2000	Katie Duggan	St. Laurence O'Toole	4.52.8H	
2001	Cancelled due to Foot & Mouth			
2002	Tracy Williams	Tallaght	5.00.80	
2003	Azmera Gebrezgi	Celtic Dublin City Harriers	4.44.88	
2004	Rose Ann Galligan	Dundrum South Dublin	4.46.8H	
2005	Joanne English	Letterkenny	4.49.65	
2006	Cheryl Nolan	St. Abban's	5.21.73	
2007	Claire Rockall	Athenry	4.53.77	
2008	Tara Jameson	Inbhear Dee	4.45.26	

2009	Niamh Kearney	Greystones & District	4.51.0H	
2010	Harriet Flynn	Shannon	5.09.06	
2011	Emily Milner	St Coca's	4.55.98	
2012	Brona Croke	Dooneen	4.49.48	
2013	Eileen Rafter	Tullamore Harriers	4.53.25	
2014	Deirdre Healy	Ratoath	4.46.93	
2015	Nadia Power	Templeogue	4.38.65	
2016	Richael Browne	Greystones & District	4.45.81	
2017	Jodie McCann	Dundrum South Dublin	4.41.73	
2018	Sara Doyle	St. Laurence O'Toole	4.46.76	
2019	Roisin Treacy	Ashford	4.51.85	
2020-2021 Not held due to Covid 19				
2022	Kirsti Foster	Willowfield Harriers	4.33.64	
2023	Nicole Dinan	Leevale	4.31.02	CR
2024	Gemma Galvin	Ennis Track	4.37.19	

60m Hurdles U18 Girls Indoors

1995	Cathy Winters	Kilmore Dublin	9.51	
1996	Grainne Redmond	Cushinstown		
1997	Sandra Clancy	Dungarvan	10.44	
1998	Orla Power	Carrick-on-Suir	8.9H	
1999	Mary McLoone	St. John Bosco	9.48	
2000	Sarah Kelly	Portumna	9.58	
2001	Cancelled due to Foot & Mouth			
2002	Kathleen Freyne	Mullinavat	9.42	
2003	Katey Byrd	Belgooly	9.54	
2004	Mera O'Connor	Belgooly	9.20	
2005	Kelly Proper	Ferrybank	9.19	
2006	Mairead Murphy	Ferrybank	8.76	
2007	Sandra Lawlor	Celbridge	9.38	
2008	Shauna Furman	Clonliffe Harriers	9.57	
2009	Catherine McManus	Celtic Dublin City Harriers	8.79	
2010	Louise Harvey	Tír Chonaill	9.21	
2011	Lily Ann O'Hora	Dooneen	9.06	
2012	Orla Furney	Gorey	9.10	
2013	Shannen Dawkins	St Joseph's	8.58	
2014	Leanne Prout	Carrick-on-Suir	8.98	
2015	Sarah Quinn	Claremorris	9.01	
2016	Molly Scott	St. Laurence O'Toole	8.33	CR
2017	Lydia Doyle	Galway City Harriers	8.99	
2018	Anna McCauley	City of Lisburn	8.77	
2019	Niamh Foley	St. Marys, Limerick	8.81	
2020-2021 Not held due to Covid 19				
2022	Ava McKeon	Galway City Harriers	9.18	
2023	Okwu Backari	Leevale	8.47	
2024	Orlaith Mannion	South Galway	8.74	

1500m Walk U18 Girls Indoors

1996	Niamh Larkin	Borrisokane	8.22.0H	
1997	Aisling Dolan	Drumborris	7.35.4H	
1998	Mary Brennan	Castlecomer	8.00.4H	
1999	Serena O'Keeffe	Kilkenny City Harriers	7.03.0	
2000	Geraldine Ryan	Bansha	8.06.92	
2001	Cancelled due to Foot & Mouth			
2002	Catriona McMahon	St. Mary's Limerick	6.52.58	
2003	Ann Loughnane	Craughwell	6.31.74	
2004	Lucia Brennan	Castlecomer	7.43.92	
2005	Nicola Alcorn	Finn Valley	7.36.25	
2006	Laura Reynolds	Mohill	6.54.50	
2007	Shauna Guthrie	Finn Valley	8.20.37	
2008	Sinead Holmes	Bilboa	7.38.03	
2009	Emma Doherty	North Belfast Harriers	6.55.20	
2010	Emma Prendiville	Farranfore Maine Valley	6.39.52	
2011	Kate Veale	West Waterford	6.07.67	CR
2012	Siobhan Nash	St Abban's	7.19.21	
2013	Edel Glennon	Mullingar Harriers	7.27.90	
2014	Claire Kennedy	St Coca's	7.12.53	
2015	Rachel Glennon	Mullingar Harriers	7.05.50	
2016	Isabel Morgan	St. Senans	8.04.11	
2017	Orla O'Connor	Waterford	7.10.31	
2018	Sarah Glennon	Mullingar Harriers	6.47.81	
2019	Emma MacHugh	Naas	6.53.69	
2020-2021 Not held due to Covid 19				
2022	Ciara Mooney	Adamstown	7.37.28	
2023	Sinead Maher	South Galway	7.26.30	
2024	Maria Coone	DMP	8.03.23	

High Jump U18 Girls Indoors

1995	Sharon Kinsella	St. Abban's	1.60	
1996	Deirdre Ryan	Claremorris	1.60	
1997	Amy Doyle	Celbridge	1.55	
1998	Orna Donoghue	Carrick-on-Suir	1.70	
1999	Mary McLoone	St. John Bosco	1.61	
2000	Deirdre Ryan	Dundrum South Dublin	1.66	
2001	Cancelled due to Foot & Mouth			
2002	Sharon Heveran	Westport	1.71	
2003	Amanda Casey	St. Mary's	1.61	
2004	Allison Sharkey	Letterkenny	1.60	
2005	Jenny Reilly	Na Fianna	1.65	
2006	Pamela Hughes	Westport	1.68	
2007	Grainne Moggan	Brothers Pearse	1.75	
2008	Amanda Nevin	Borrisokane	1.50	
2009	Cathriona Farrell	Craughwell	1.71	
2010	Caoimhe Basquille	Greystones & District	1.55	
2011	Sorcha Murphy	Ferrybank	1.66	
2012	Aisling Croke	Dooneen	1.70	
2013	Shannen Dawkins	St Joseph's	1.65	
2014	Neasa Murphy	Ferrybank	1.63	
2015	Elizabeth Morland	Cushinstown	1.73	
2016	Shannon Sheehy	Cushinstown	1.65	
2017	Sommer Lecky	Finn Valley	1.75	
2018	Anna McCauley	City of Lisburn	1.60	
2019	Ciara Kennelly	Killarney Valley	1.69	
2020-2021 Not held due to Covid 19				

2022	Tori Murchan	Tír Chonaill	1.60	
2023	Maeve Fleming	Leevale	1.66	
2024	Tara O'Connor	Dundalk	1.79	CR

Pole Vault U18 Girls Indoors

2015	Laura Cussen	Old Abbey	2.80	
2016	Ellen McCartney	City of Lisburn	3.30	
2017	Ciara Hickey	Blarney / Inniscarra	3.00	
2018	Emma Coffey	Carraig-na-Bhfear	3.05	
2019	Orla Coffey	Carraig-na-Bhfear	3.20	
2020-2021 Not held due to Covid 19				
2022	Ava Rochford	Nenagh Olympic	3.45	CR
2023	Poppi Deveraux	Youghal	2.80	
2024	Chloe Lynch	Gowran	2.80	

Long Jump U18 Girls Indoors

1995	Eilish Magee	Cushinstown	5.22	
1996	Gail Doyle	Inbhear Dee	5.05	
1997	Grainne O'Mahony	Claremorris	5.62	
1998	Bronagh McCarthy	Leevale	5.43	
1999	Sinead Swan	Taghmon	5.49	
2000	Sarah Kelly	Portumna	5.25	
2001	Cancelled due to Foot & Mouth			
2002	Kathleen Freyne	Mullinavat	5.19	
2003	Donna Hosford	Leevale	5.32	
2004	Jennifer Reddy	St. Laurence O'Toole	5.39	
2005	Kelly Proper	Ferrybank	6.10	CR
2006	Jessie Barr	Ferrybank	5.31	
2007	Sinead Donnelly	Ferrybank	5.28	
2008	Nicola Power	Ferrybank	5.16	
2009	Karyn Dumigan	City of Lisburn	4.92	
2010	Sally Rose Maughan	Castlebar	5.54	
2011	Lorraine O'Shea	Kilkenny City Harriers	5.52	
2012	Sarah McCarthy	Fingallians	5.77	
2013	Naomi Morgan	City of Derry	5.26	
2014	Annie Stafford	Menapians	5.63	
2015	Elizabeth Morland	Cushinstown	5.62	
2016	Arlene Crossan	Finn Valley	5.57	
2017	Sommer Lecky	Finn Valley	5.49	
2018	Niamh O'Neill	St. Coleman's South Mayo	5.10	
2019	Adeyemi Talabi	Longford	5.42	
2020-2021 Not held due to Covid 19				
2022	Katie O'Regan	Riverstick/Kinsale	5.34	
2023	Leila Colfer	St. Laurence O'Toole	5.31	
2024	Enya Silkena	Dundalk St. Gerards	5.59	

Triple Jump U18 Girls Indoors

1998	Eithne McLoone	St. John Bosco	10.69	
1999	Mary McLoone	St. John Bosco	11.38	
2000	Alexandra Flamme	Celbridge	10.91	
2001	Cancelled due to Foot & Mouth			
2002	Mairead Doherty	Letterkenny	10.49	
2003	Rachel Reddy	Dundrum South Dublin	11.01	
2004	Christina Broderick	Belgooly	10.26	
2005	Kelly Proper	Ferrybank	10.70	
2006	Hayley Murphy	Ferrybank	10.70	

2007	Sinead Donnelly	Ferrybank	10.60	
2008	Hannah Todd	Ballymena & Antrim	10.58	
2009	Caoimhe King	Westport	11.86	CR
2010	Rachel Healy	Ballymena & Antrim	10.71	
2011	Alice Dever	Westport	9.66	
2012	Claire Dougherty	City of Derry	10.61	
2013	Blaithnaid Patton	Finn Valley	10.45	
2014	Deirbhile Ryan	Nenagh Olympic	10.67	
2015	Grace Furlong	Waterford	10.98	
2016	Rachel Bowler	Tralee Harriers	10.51	
2017	Laura Cunningham	Craughwell	10.55	
2018	Aine Kerr	Finn Valley	11.03	
2019	Lauren Callaghan	Finn Valley	10.99	
2020-2021 Not held due to Covid 19				
2022	Sophie Byrne	Crookstown Millview	11.24	
2023	Lucy Fitzgerald	Tipperary Town	10.92	
2024	Sophie Walker	Newport	10.92	

Shot Put U18 Girls Indoors

1995	Hilary McGee	Lucan	10.00	
1996	Teresa White	North Clare	10.29	
1997	Clara Thompson	Bree	10.39	
1998	Eva Massey	North Down	11.75	
1999	Geraldine Stewart	St. John Bosco	11.56	
2000	Orla Cullen	Edenderry	10.68	
2001	Cancelled due to Foot & Mouth			
2002	Leanne Hayes	North Laois	10.44	
2003	Sonia Kennedy	Ferrybank	10.37	
2004	Kathleen Fitzgerald	Leevale	11.04	
2005	Yvonne Hickey	Gowran	10.45	
2006	Laura Cogan	Newbridge	12.61	
2007	Roisin Howard	Grange/Fermoy	9.88	
2008	Aoife Hickey	Kilkenny City Harriers	11.76	
2009	Fiona Moloney	Dooneen	11.33	
2010	Tracey Bradfield	Bandon	10.42	
2011	Niamh Murphy	Blarney / Inniscara	11.42	
2012	Laura McSweeney	Bandon	11.56	
2013	Fiona Tuite	Fingallians	13.52	
2014	Anne-Marie Tornsey	Fingallians	13.06	
2015	Michaela Walsh	Swinford	15.58	CR
2016	Niamh Fogarty	North Westmeath	14.89	
2017	Kate O'Connor	St. Gerard's Dundalk	14.21	
2018	Lystus Ebosele	DMP	14.57	
2019	Ciara Sheehy	Emerald	14.58	
2020-2021 Not held due to Covid 19				
2022	Paige Stevens	Unattached	14.48	
2023	Briana Onoh	Leevale	14.06	
2024	Caoimhe Gallen	Lifford Strabane	13.74	

4 x 200m Relay U18 Girls Indoors

1995	Dundrum South Dublin	1.46.6H
1996	Dundrum South Dublin	1.51.8H
1997	Claremorris	1.54.0H
1998	Leevale	1.47.6H
1999	Leevale	1.50.7
2000	Leevale	1.48.5H
2001	Cancelled due to Foot & Mouth	
2002	Leevale	1.47.8H

2003	Leevale	1.48.08	
2004	Leevale	1.46.86	
2005	Ferrybank	1.43.11	
2006	Ferrybank	1.46.43	
2007	Ferrybank	1.47.61	
2008	Galway City Harriers	1.48.94	
2009	Galway City Harriers	1.45.96	
2010	Dooneen	1.48.53	
2011	Ferrybank	1.44.65	
2012	Dooneen	1.49.15	
2013	Galway City Harriers	1.45.37	
2014	Leevale	1.43.71	
2015	Dundrum South Dublin	1.45.06	
2016	Finn Valley	1.44.82	
2017	Carrick-on-Suir	1.44.97	
2018	Naas	1.48.08	
2019	Galway City Harriers	1.44.56	
2020-2021 Not held due to Covid 19			
2022	Ratoath	1.43.67	
2023	Ratoath	1.41.79	CR
2024	Tullamore Harriers	1.44.59	

Combined Events U18 Girls Indoors

2002	Fiona O'Riordan	Blarney / Iniscarra	2,883	
2003	Claire McNamara	Athenry	2,965	
2004	Jennifer Reddy	Unattached	3,152	
2005				
2006				
2007	Nicola Power	Ferrybank	2,617	
2008	Orla Finn	Riverstick/Kinsale	3,038	
2009				
2010	Megan Kiely	Ferrybank	3,126	
2011	Megan Kiely	Ferrybank	2,913	
2012	Vivian Fleischer	Celbridge	2,492	
2013	Grace McKenzie	Belgooly	3,253	
2014	Elizabeth Morland	Cushinstown	3,845	
2015	Shannon Sheehy	Cushinstown	3,567	
2016	Kate O'Connor	St. Gerard's Dundalk	3,877	CR
2017	Lara O'Byrne	Donore Harriers	3,364	
2018	Anna McCauley	City of Lisburn	3,841	
2019	Ana Ryan	Moycarkey / Coolcroo	3,082	
2020	Laura Frawley	St. Mary's, Limerick	3,473	
2020-2021 Not held due to Covid 19				
2022	Ashleigh McArdle	Lifford Strabane	3,134	
2023	Tara O'Connor	Dundalk St. Gerards	3,435	
2024	Tara O'Connor	Dundalk St. Gerards	3,851	
2025	Ruby Cummins	Bandon	3,690	

60m U17 Boys Indoors

1988	Alan McCarthy	Togher	6.9H	
1989	Alan McCarthy	Togher	8.02	
1990	Carlton Haddock	Togher	6.9H	
1991	Shane O'Sullivan	Farranfore Maine Valley	7.25	
1992	Padraig Lewis	North Laois	7.27	
1993	Stuart McQuade	Dublin City Harriers	6.9H	
1994	Aaron Rogers	Dundealgan	7.00	CR
1995	Brendan O'Gorman	Leevale	7.36	
1996	Damien Wilmott	Dooneen	7.23	
1997	Michael McGroarty	Milford	7.34	
1998	Kevin Burke	Dooneen	7.2H	
1999	Timothy Flannery	Nenagh Olympic	7.14	
2000	David Mullen	Galway City Harriers	7.34	
2001	Cancelled due to Foot & Mouth			
2002	Conor Madden	St. Brendan's	7.42	
2003	Carl McNamara	Leevale	7.36	
2004	Gary Dunphy	Ferrybank	7.2H	
2005	Gerard O'Reilly	Shercock	7.24	
2006	Christopher Russell	Ferrybank	7.33	
2007	Christopher Lynch	Dundrum South Dublin	7.21	
2008	Nathan Jege	Dooneen	7.21	
2009	Stuart Connor	St. Michael's Enniskillen	7.22	
2010	Conor Wilson	Menapians	7.35	
2011	Marcus Lawler	St Laurence O'Toole	7.20	
2012	Zak Irwin	Sligo	7.17	
2013	Odhran Byrne-Gildea	North Sligo	7.07	
2014	Ryan Murray	Bree	7.20	
2015	Marc Shelly	Fr Murphy	7.21	
2016	Aaron Sexton	North Down	7.07	
2017	Gabriel Kehinde	Ennis	7.13	
2018	Israel Olatunde	Dundealgan	7.04	
2019	Oliver Swinney	Unnattached	6.99	
2020-2021 Not held due to Covid 19				
2022	Toby Thompson	Ballymena & Antrim	7.11	
2023	Russell Veikune	Loughview	7.01	
2024	Gabriel Ebo	Midleton	6.99	

200m U17 Boys Indoors

1993	Stuart McQuade	Dublin City Harriers	22.8H	
1994	Brian Liddy	Marian	23.3H	
1995	Tony Dunne	Thurles Crokes	23.37	
1996	Damien Lowery	Dundrum South Dublin	23.32	
1997	Alan Casey	TOC	23.54	
1998	Ian Monaghan	Celbridge	23.2H	
1999	Timothy Flannery	Nenagh Olympic	22.46	
2000	Paul Hession	Athenry	23.36	
2001	Cancelled due to Foot & Mouth			
2002	Thomas Coughlan	Tullamore Harriers	23.66	
2003	Michael Dillon	Lios Tuathail	24.10	
2004	Gary Dunphy	Ferrybank	23.62	
2005	Gerard O'Reilly	Shercock	23.21	
2006	Christopher Russell	Ferrybank	23.25	
2007	Fearghus Hannon	Tullamore Harriers	23.76	
2008	Mark Kavanagh	Dundrum South Dublin	23.20	
2009	Stuart Connor	St. Michael's Enniskillen	22.91	
2010	Conor Wilson	Menapians	23.69	
2011	Marcus Lawler	St Laurence O'Toole	22.30	
2012	Zak Irwin	Sligo	22.83	

2013	Odhran Byrne-Gildea	North Sligo	22.43	
2014	Christopher O'Donnell	North Sligo	22.95	
2015	Jamie Mitchell	Limerick Emerald	22.44	
2016	Aaron Sexton	North Down	21.97	Equal CR
2017	David Murphy	Gowran	21.97	Equal CR
2018	Israel Olatunde	Dundealgan	22.57	
2019	Jordan Kissane	Tralee Harriers	22.58	
2020-2021 Not held due to Covid 19				
2022	Toby Thompson	Ballymena & Antrim	22.50	
2023	Alex Leonard	Donore Harriers	22.70	
2024	Dubem Amah	Tallaght	22.40	

400m U17 Boys Indoors

1989	Colm Tobin	Limerick Emerald	53.82	
1990	Shane Slattery	Marian	53.8H	
1991	Oliver Power	St. Mary's	51.8H	
1992	Simon McQuaid	Kells	51.3H	
1993	David McGrane	West Dublin	52.3H	
1994	James Nolan	Ferbane	51.4H	
1995	Colm Fennelly	North Laois	53.55	
1996	Thomas Coman	Moycarkey Coolcree	53.19	
1997	Damien Hunt	Ferbane	52.3H	
1998	Ashley O'Halloran	Leevale	52.4H	
1999	Joe O'Donnell	Dungarvan	52.22	
2000	David McCarthy	Celbridge	51.04	CR
Discontinued				

800m U17 Boys Indoors

1988	Danny O'Brien	Limerick Emerald	2:01.8H	
1989	PJ O'Rourke	Newport	2:01.23	
1990	Adrian Hampson	Sligo	2:01.8H	
1991	Oliver Power	St. Mary's	2:00.5H	
1992	Not held			
1993	Conor Quigley	Sparta	2:02.4H	
1994	James Nolan	Ferbane	1:55.1H	
1995	David Currid	North Sligo	2:03.81	
1996	Edward Sheril	Claremorris	1:58.9H	
1997	Colm McLean	St. Malachy's	1:57.62	
1998	Brian Gardiner	Ballina	2:02.1H	
1999	Bryan Barry	De La Salle Waterford	2:01.7	
2000	Liam Reale	Hospital	1:55.86	
2001	Cancelled due to Foot & Mouth			
2002	Colin Costello	Star of the Sea	1:58.7H	
2003	Steven Morrow	Ballymena & Antrim	2:03.74	
2004	Brian Markham	Ennis Track	1:59.5H	
2005	Conor Murphy	Naas	2:00.79	
2006	Ian Ward	Finn Valley	2:02.97	
2007	Andrew Brennan	Metro St. Brigid's	2:01.87	
2008	Torlach Grant	Navan	2:01.45	
2009	Mark English	Letterkenny	1:57.80	
2010	Sean Tobin	Clonmel	1:58.8H	
2011	Karl Griffin	Tír Chonaill	1:55.12	
2012	Cillian Kirwan	Raheny Shamrock	2:00.96	
2013	Garry Campbell	Dunleer	2:00.21	
2014	Oisín O'Callaghan	Newry City	1:58.57	
2015	Jake Harbinson	City of Lisburn	1:57.08	
2016	Mark Milner	Tullamore Harriers	1:55.03	
2017	Cormac O'Rourke	Lagan Valley	1:59.05	

2018	Cian McPhillips	Longford	1.52.67	CR
2019	Aaron Shorten	St. Laurence O'Toole	1.55.46	
2020-2021 Not held due to Covid 19				
2022	Cormac Dixon	Tallaght	2.02.36	
2023	Caolan McFadden	Cranford	1.55.64	
2024	Liam Morris	Donore Harriers	1.57.10	

1500m U17 Boys Indoors

1989	Bryan Conroy	St. Malachy's	4.04.38	
1990	Adrian Hampson	Sligo	4.17.8H	
1991	Liam Cooney	Boyne	4.13.9H	
1992	Paul McNamara	Athenry	4.16.3H	
1993	Brendan Corrigan	North Laois	4.27.3H	
1994	Larry Morrissey	Ferrybank	4.06.1H	
1995	Gerard O'Connor	Rathfarnham WSAF	4.11.0H	
1996	Gareth Turnbull	St. Malachy's	4.54.H	
1997	Not held			
1998	Andrew Gargan	East Down	4.11.7H	
1999	David Kelly	Dundrum South Dublin	4.17.9	
2000	Joseph Gallagher	Sligo	4.20.28	
2001	Cancelled due to Foot & Mouth			
2002	Colin Costello	Star of the Sea	4.07.88	
2003	Cathal Dennehy	Limerick Emerald	4.17.86	
2004	Brian Markham	Ennis Track	4.11.74	
2005	Kevin Cooper	Ferrybank	4.09.94	
2006	Sam Kelly	Fingallians	4.24.49	
2007	Paul Robinson	St. Coca's	4.14.68	
2008	Liam Markham	Ennis Track	4.08.95	
2009	Dean Cronin	Blarney/Inniscarra	4.09.42	
2010	Ruairi Finnegan	Letterkenny	4.03.24	
2011	David Harper	Westport	4.14.05	
2012	Padraig Moran	Mullingar Harriers	4.11.87	
2013	Cian McBride	North Sligo	4.09.28	
2014	Conall Hayes	Le Cheile	4.15.51	
2015	Kevin McGrath	Bohermeen	4.11.57	
2016	Adam Fitzpatrick	Kilkenny City Harriers	4.12.20	
2017	Luke Brennan	Waterford	4.17.06	
2018	Cian McPhillips	Longford	3.57.28	CR
2019	Sean McGinley	Olympian Youth	4.07.51	
2020-2021 Not held due to Covid 19				
2022	Cormac Dixon	Tallaght	4.10.50	
2023	Benjamin Collins	Lucan Harriers	4.23.66	
2024	Lorcan Forde Dunne	Ace	4.04.93	

60m Hurdles U17 Boys Indoors

1987	Darren Haddock	Togher	8.3H	
1988	Darren Haddock	Togher	8.3H	
1989	Carlton Haddock	Togher	8.02	CR
1990	Matthew Burgoyne	Roscommon	7.9H	
1991	James Maguire	Amra	8.3H	
1992				
1993	Fergal English	St. Mary's (Waterford)	8.4H	
1994	Colm Farry	Corran	8.6H	
1995	Trevor McGlynn	Strabane	8.57	
1996	Shane McCormack	DMP	8.71	
1997	Ashley Henry	Corran	8.38	
1998	Kevin Burke	Dooneen	8.3H	

1999	Timothy Flannery	Nenagh Olympic	8.49
2000	Brendan Doyle	Carrick-on-Suir	8.42
2001	Cancelled due to Foot & Mouth		
2002	Greg O'Leary	Leevale	8.78
2003	Alan Leen	Tralee Harriers	8.54
2004	Gerard O'Connell	Liscarroll	8.76
2005	Eoin Hannon	Tullamore Harriers	8.48
2006	Paul Doherty	Finn Valley	8.98
2007	Fearghus Hannon	Tullamore Harriers	8.63
2008	Edmond O'Halloran	Leevale	8.56
2009	Simon Callaghan	Galway City Harriers	8.98
2010	Eoin Power	St. Joseph's	8.78
2011	Andrew Creamer	Annalee	8.55
2012	Garbhan McKenna	Shercock	8.64
2013	Joseph Halwax	Dundrum South Dublin	8.68
2014	Jack Murphy	Leevale	8.42
2015	Daniel Ryan	Moycarkey Coolcree	8.14
2016	Shane Monagle	Tramore	8.56
2017	Cian O'Donnell	Lake District Athletics	8.37
2018	Wymin Sivakumar	Leevale	8.18
2019	Darra Casey	Bree	8.65
2020-2021	Not held due to Covid 19		
2022	Sean Owens	Crusaders	8.68
2023	Stuart Tobin	Nenagh Olympic	8.49
2024	Conor Penney	Craughwell	8.28

1500m Walk U17 Boys Indoors

1991	John Horan	Moyvane	6.41.01	
1992	Pierce O'Callaghan	St. Andrew's, Ashbourne	6.09.90	
1993	Jamie Costin	Ring Old Parish	6.16.91	
1994	Jamie Costin	Ring Old Parish	6.03.79	
1995	Mark Lennon	Kilkenny City Harriers	6.35.11	
1996	David Kidd	St. Laurence O'Toole	6.23.62	
1997	David Kidd	St. Laurence O'Toole	6.25.49	
1998	Liam Taylor	Ferbane	6.49.31	
1999	Colin Griffin	Ballinamore	6.17.42	
2000	Ronan Griffin	Ballinamore	6.55.60	
2001	Cancelled due to Foot & Mouth			
2002	Joseph Durcan	Ballina	7.26.78	
2003	Michael Doyle	Cushinstown	6.46.9H	
2004	James Muldoon	Shercock	7.12.28	
2005	Paul Fitzpatrick	Shercock	7.24.08	
2006	Niall Prendiville	Farranfore Maine Valley	7.11.40	
2007	Cian McManamon	Westport	7.16.03	
2008	Gearoid Sheehy	Bilboa	6.52.09	
2009	Oisin Hynes	Swinford	6.43.81	
2010	Damien McAree	Glaslough Harriers	7.43.56	
2011	Evan Lynch	Clonmel	6.17.19	
2012	Simon Gillespie	Ballina	6.57.85	
2013	Aaron Egan	Clonmel	6.25.70	
2014	Joseph Mooney	Adamstown	7.11.92	
2015	Andrew Carroll	Celbridge	6.59.05	
2016	Gearoid McMahon	Shannon	6.07.00	
2017	Liam McDonagh	Moycarky Coolcree	6.50.83	
2018	Ryan Kielthy	United Striders	8.10.55	
2019	Matthew Glennon	Mullingar Harriers	6.24.19	
2020-2021	Not held due to Covid 19			
2022	Aidan Bayon	Celbridge	8.00.38	
2023	Luke Fitzmaurice	North Leitrim	6.34.24	
2024	Matthew Newell	Tuam	5.59.97	CR

High Jump U17 Boys Indoors

1984	Kieran Mills	Mallow	1.86	
1985	Michael Power	Clonmel	1.80	
1986	Philip Denver	Newbridge	1.90	
1988	Donal O'Neill	Newry Shamrock	1.95	
1989	Charles Brand	Kilkenny City Harriers	1.95	
1990	Richard Heneghen	Castlebar	1.89	
1991	Darragh Murphy	North Down	2.00	
1992				
1993	Liam Kelly	St. Abban's	1.96	
1994	Kenneth Treacy	Midleton	1.86	
1995	Seamus Byrne	St. Abban's	1.92	
1996	Colin Brennan	Tallaght	1.98	
1997	Alan Casey	TOC	1.95	
1998	Kevin Burke	Dooneen	1.89	
1999	Paul Tohill	Mid Ulster	1.90	
2000	Adrian O'Dwyer	Kilkenny City Harriers	2.03	
2001	Cancelled due to Foot & Mouth			
2002	Andrew Burns	Mid Ulster	1.86	
2003	Christopher Crowley	Belgooly	1.90	
2004	David Andrew Shields	Shercock	1.90	
2005	Ray Flanagan	Youghal	1.81	
2006	Paul Byrne	St. Abban's	1.85	
2007	Jason Harvey	Campbell College	1.90	
2008	Darragh O'Donnell	Sliabh Liag	1.80	
2009	Shane Dwyer	Carrick-on-Suir	1.80	
2010	Conor Daly	St. Abban's	1.78	
2011	Andrew Heeney	Clonliffe Harriers	1.96	
2012	David Cussen	Old Abbey	1.97	
2013	Keith Marks	Cushinstown	1.84	
2014	Stephen McDermott	Carrick On Shannon	1.78	
2015	Ryan Carthy-Walsh	Adamstown	1.98	
2016	Ben Donovan	Abbey Striders	1.89	
2017	Joseph McEvoy	Nenagh Olympic	1.94	
2018	Iarlaith Golding	St. Colman's South Mayo	1.84	
2019	Jack Forde	St. Killian's	1.80	
2020-2021 Not held due to Covid 19				
2022	Cathal Ryan	Templemore	1.84	
2023	Darragh Ball	St Cronan's	1.80	
2024	Conor Penney	Craughwell	2.04	CR

Long Jump U17 Boys Indoors

1986	John Naughton	Nenagh Olympic	6.20	
1987	Donal Smith	Carrick-on-Shannon	5.97	
1988	Paul Wilkinson	Lifford	6.15	
1989	Paul Wilkinson	Lifford	6.41	
1990	Sean Loneragan	Kilkenny City Harriers	6.16	
1991	Shane O'Sullivan	Farranfore Maine Valley	6.20	
1992	Colin Rafferty	Ashbourne St. Andrew's	6.31	
1993	Fergal English	St. Mary's	6.35	
1994	Ross O'Callaghan	Togher	6.23	
1995	Trevor McGlynn	Strabane	6.41	
1996	Alan Kelly	Ballina	6.38	
1997	Brendan O'Rourke	Kilmallock	6.54	
1998	Kevin Burke	Dooneen	6.70	
1999	Paul Tohill	Mid Ulster	6.40	
2000	John Joy	St. Ita's	6.12	
2001	Cancelled due to Foot & Mouth			
2002	Thomas Coughlan	Tullamore Harriers	6.53	
2003	Christopher Crowley	Belgooly	6.29	
2004	Luke Sweetman	Fingallians	6.02	
2005	Eoin Hannon	Tullamore Harriers	6.29	
2006	David Quilligan	Leevale	6.05	
2007	Paul Smith	Shercock	6.70	
2008	Nathan Jege	Dooneen	6.30	
2009	Matthew Teggart	Ballymena & Antrim	6.10	
2010	Mark McGarvey	City of Derry	6.23	
2011	Eoin O'Carroll	Tralee Harriers	6.44	
2012	David Cussen	Old Abbey	6.33	
2013	Luc Bellintani	Raheny Shamrock	5.96	
2014	Ben Fisher	City of Lisburn	6.06	
2015	Daniel Ryan	Moycarkey Coolcree	6.78	CR
2016	Shane Monagle	Tramore	6.29	
2017	Darragh Minitier	St. Mary's Clare	6.54	
2018	Wymin Sivakumar	Leevale	6.29	
2019	Jordan Knight	St. Joseph's	6.23	
2020-2021	Not held due to Covid 19			
2022	Luke Timlin	Crusaders	6.14	
2023	Shane McGrath	Ashbourne, St. Andrew's	6.07	
2024	Ryan Onah	Leevale	6.77	

Triple Jump U17 Boys Indoors

1998	Paul Mulroy	Westport	11.93	
1999	Brian Murphy	Leevale	12.76	
2000	Tomas O'Dwyer	Moycarkey Coolcree	13.06	CR
Discontinued				

Pole Vault U17 Boys Indoors

2015	Shane Martin	Ballymena & Antrim	3.70	
2016	Not contested			
2017	Kevin Halpin	Lusk	3.00	
2018	Adam O'Dwyer	Moycarkey Coolcree	3.71	
2019	Not contested			
2020-2021	Not held due to Covid 19			
2022	Padraig Ryan	Lusk	2.90	
2023	Michael Kent	DMP	4.20	
2024	Jamie Hyland	St. Laurence O'Toole	4.21	CR

Shot Put U17 Boys Indoors

1986	John Naughton	Nenagh Olympic	12.65	
1987	Jarlath Gilroy	Ballymore Eustace	15.26	
1988	Michael Aherne	Cappoquin	14.15	
1989	Gerard Nagle	Marian	15.62	
1990	Kevin Donaghy	Oakleaf	16.78	
1991	Pat Nangle	Tramore	15.36	
1992	Jack Flynn	Ferrybank	14.41	
1993	Aidan Ahearne	Cappoquin	14.44	
1994	Jim Hennessy	Dooneen	14.73	
1995	John Leahy	Moyvane	15.42	
1996	Sean Breathnach	Corr na Mona	17.75	CR
1997	Shane McElhone	Kilmore Wexford	13.73	
1998	Colin McKeown	WSAF	14.25	
1999	Neville Coughlan	Tullamore Harriers	13.90	
2000	Geoffrey Mullins	Limerick Emerald	15.24	
2001	Cancelled due to Foot & Mouth			
2002	Alan Butler	Carrick-on-Suir	11.76	
2003	Francis Abbey	St. Finian's	14.05	
2004	Michael Whelan	Lios Tuathail	13.03	
2005	Matthew O'Reilly	Shercock	13.38	
2006	Daniel Clifford	Farranfore Maine Valley	14.02	
2007	Barry McGuinness	DMP	13.30	
2008	Laimonas Ruibys	Westport	14.52	
2009	Marco Pons	DMP	13.96	
2010	Paul Collins	North Westmeath	12.93	
2011	James Mulligan	Tullamore Harriers	13.07	
2012	John Kelly	Finn Valley	15.87	
2013	Eoin Sheridan	North Westmeath	14.73	
2014	Ethan Bannon	Raheny Shamrock	13.27	
2015	Daniel Ryan	Moycarkey Coolcree	14.76	
2016	James Kelly	Finn Valley	16.09	
2017	Jack Ryan	Moycarkey Coolcree	13.85	
2018	Shane Cawley	Waterford	13.26	
2019	Jack Forde	St. Killian's	12.90	
2020-2021	Not held due to Covid 19			
2022	Corey Scanlon	Finisk Valley	14.65	
2023	Theo Hanlon	Suncroft	14.54	
2024	James Prendergast	Adamstown	15.17	

4x200m Relay U17 Boys Indoors

1988	Togher	1.38.5H
1989	Amra	1.42.9H
1990	Leevale	1.44.2H
1991	Westport	1.37.5H
1992	Leevale	1.39.0H
1993	Mullingar Harriers	1.36.3H
1994	Moore	1.37.0H
1995	Dundrum South Dublin	1.36.5H
1996	Kilmallock	1.36.4H
1997	Leevale	1.36.9H
1998	Bandon	1.35.1H
1999	Leevale	1.34.7
2000	Dundrum South Dublin	1.38.9H
2001	Cancelled due to Foot & Mouth	
2002	Kilkenny City Harriers	1.39.7H
2003	Tralee Harriers	1.38.26
2004	Carrick On Shannon	1.37.84

2005	Letterkenny	1.39.07	
2006	Ferrybank	1.37.00	
2007	Leevale	1.38.67	
2008	Dundrum South Dublin	1.36.76	
2009	Dundrum South Dublin	1.38.33	
2010	Galway City Harriers	1.35.90	
2011	St Laurence O'Toole	1.36.11	
2012	St Laurence O'Toole	1.38.70	
2013	Kilkenny City Harriers	1.36.27	
2014	Leevale	1.33.16	CR
2015	Galway City Harriers	1.33.41	
2016	Templemore	1.37.06	
2017	Leevale	1.33.43	
2018	Leevale	1.33.46	
2019	Metro St. Brigids	1.35.76	
2020-2021 Not held due to Covid 19			
2022	Ballyskenach	1.36.32	
2023	Loughview	1.36.58	
2024	Craughwell	1.33.44	

Combined Events U17 Boys Indoors

1992	Antoine Burke	Dooneen	4,385	CR
1993-1999 Not held				
2000	Ben McIlroy	Kilmore (Down)	2,703	
2001	Maurice Donoghue	Carrick-on-Suir	3,077	
2002-2010 Not held				
2011	Colin Nolan	Enniscorthy	3,200	
2012	Sam Healy	Belgooly	3,270	
Discontinued				

60m U17 Girls Indoors

1988	Susan Smith	St. Paul's, Waterford	7.6H	
1989	Ciara Whyte	Eagle	7.50	
1990	Arlene Smith	Team P Elliott	7.7H	
1991	Arlene Smith	Team P Elliott	7.88	
1992	Jackie Burns	Lagan Valley	7.86	
1993	Caren Lynch	Individual	7.7H	
1994	Niamh McGlynn	West Dublin	7.6H	
1995	Grainne Redmond	Cushinstown	7.87	
1996	Aoife Hearne	St. Mary's	7.76	
1997	Ciara Sheehy	West Dublin	7.80	
1998	Emily Maher	Kilkenny City Harriers	7.5H	
1999	Ann Marie Lynch	Kilkenny City Harriers	7.93	
2000	Shauna O'Brien	Carrick-on-Suir	7.86	
2001	Cancelled due to Foot & Mouth			
2002	Gemma Thompson	Sparta North West	8.10	
2003	Louise Kiernan	Fingallians	7.80	
2004	Gemma Hynes	Galway City Harriers	7.8H	
2005	Mairead Murphy	Ferrybank	7.87	
2006	Niamh Whelan	Ferrybank	7.78	
2007	Steffi Creaner	Celtic Dublin City Harriers	7.81	
2008	Joan Healy	Bandon	7.78	
2009	Jane Dickenson	Dooneen	7.84	
2010	Sarah Lavin	Limerick Emerald	7.88	
2011	Clíodhna Manning	Kilkenny City Harriers	7.74	
2012	Ciara Armstrong	City of Derry	7.89	
2013	Megan Marrs	City of Lisburn	7.57	

2014	Phoebe Murphy	Clonmel	7.69	
2015	Ciara Neville	Limerick Emerald	7.51	
2016	Katie Murphy	Ferrybank	7.71	
2017	Sive O'Toole	St. Laurence O'Toole	7.71	
2018	Rhasidat Adeleke	Tallaght	7.43	CR
2019	Katie Monteith	City of Lisburn	7.65	
2020-2021 Not held due to Covid 19				
2022	Leila Colfer	St. Laurence O'Toole	7.73	
2023	Katie Doherty	Ratoath	7.70	
2024	Caoimhe Daly	Leevale	7.74	

200m U17 Girls Indoors

1993	Caren Lynch	Individual	25.8H	
1994	Amanda Clifford	Leevale	25.8H	
1995	Grainne Redmond	Cushinstown	25.69	
1996	Sinead Hickey	Limerick Emerald	24.62	
1997	Ciara Sheehy	West Dublin	25.55	
1998	Emily Maher	Kilkenny City Harriers	25.0H	
1999	Aoife Ahearne	KCK	26.33	
2000	Shauna O'Brien	Carrick-on-Suir	25.60	
2001	Cancelled due to Foot & Mouth			
2002	Gemma Thompson	Sparta North West	26.12	
2003	Clare McGlynn	Templeogue	26.20	
2004	Gemma Hynes	Galway City Harriers	25.50	
2005	Mairead Deevy	Ferrybank	25.92	
2006	Niamh Whelan	Ferrybank	25.27	
2007	Steffi Creaner	Celtic Dublin City Harriers	25.76	
2008	Joan Healy	Bandon	25.48	
2009	Joanna Mills	Ballymena & Antrim	25.20	
2010	Grainne Moynihan	West Muskerry	25.97	
2011	Ciara Giles Doran	Ferrybank	24.84	
2012	Kelly McGrory	Tír Chonail	26.08	
2013	Rachel Doyné	St Laurence O'Toole	24.92	
2014	Phoebe Murphy	Clonmel	24.66	
2015	Ciara Neville	Limerick Emerald	24.01	CR
2016	Lauren Cadden	Sligo	24.88	
2017	Miriam Daly	Carrick-on-Suir	25.21	
2018	Caoimhe Cronin	Le Cheile	25.21	
2019	Katie Monteith	City of Lisburn	24.75	
2020-2021 Not held due to Covid 19				
2022	Hannah Falvey	Belgooly	24.80	
2023	Sophie Mulcahy	Leevale	24.99	
2024	Molly Daly	Kilkenny City Harriers	24.55	

400m U17 Girls Indoors

1989	Sandra Byrne	Amra	62.10	
1990	Arlene Smith	Team P Elliott	59.0H	
1991	Arlene Smith	Team P Elliott	NT	
1992	Fiona Scully	Clonliffe Harriers	60.63	
1993	Valerie Barry	Lismore	59.9H	
1994	Annette McQuaid	North Cork	45.1H	300m
1995	Fiona Norwood	Kilkenny City Harriers	42.5H	300m
1996	Sinead Galvin	Dom Savio	41.9H	300m
1997	Karen Woods	Metro St. Brigid's	41.4H	300m
1998	Martina McCarthy	Athenry	40.3H	300m
1999	Sarah Kelly	Portumna	42.4	300m
2000	Laura Bell	Mullingar Harriers	43.5H	300m
2001-2014 Not held				

2015	Rachel Dunne	Dundrum South Dublin	58.22	
2016				
2017				
2018				
2019				
2020-2021 Not held due to Covid 19				
2023	Saoirse Fitzgerald	Lucan Harriers	56.78	CR
2024	Erin Friel	Letterkenny	57.85	

800m U17 Girls Indoors

1988	Edwina Foley	Limerick Emerald	2.27.2	
1989	Eimear Molloy	Lough Ree	2.22.89	
1990	Arlene Smith	Team P Elliott	2.18.4H	
1991	Arlene Smith	Team P Elliott	2.13.9	
1992	Not held			
1993	Denise Brady	Rathfarnham WSAF	2.22.5H	
1994	Annette McQuaid	North Cork	2.16.8H	
1995	Mary Garvey	Claremorris	2.22.9H	
1996	Marian Sheridan	Mullingar Harriers	2.22.3H	
1997	Roisin McGettigan	Inbhear Dee	2.19.11	
1998	Regina Murphy	Border Ramblers	2.22.6H	
1999	Eilís Connery	St. Laurence O'Toole	2.20.3	
2000	Sinead Peoples	Cranford	2.22.24	
2001	Cancelled due to Foot & Mouth		2.24.56	
2002	Brona Furlong	Enniscorthy	2.22.68	
2003	Elizabeth McWilliams	Ballymena & Antrim	2.12.50	CR
2004	Nicola Hackett	Glaslough Harriers	2.18.92	
2005	Mary O'Connor	Ferrybank	2.21.65	
2006	Ciara Everard	Kilkenny City Harriers	2.14.37	
2007	Ailish Brennan	St. Abban's	2.16.62	
2008	Christine McMahon	Belfast Royal Academy	2.17.71	
2009	Iseult O'Donnell	Raheny Shamrock	2.24.56	
2010	Amy O'Donoghue	Limerick Emerald	2.16.70	
2011	Niamh Markham	Ennis Track	2.18.82	
2012	Alanna Lally	Galway City Harriers	2.14.93	
2013	Louise Shanahan	Leevale	2.20.74	
2014	Carla Sweeney	Rathfarnham WSAF	2.16.30	
2015	Aoife O'Mahony	Lios Tuathail	2.18.81	
2016	Alex O'Neill	St. Cronans	2.18.11	
2017	Aine Corcoran	Shercock	2.17.14	
2018	Aela Stewart	City of Derry Spartans	2.16.42	
2019	Ava O'Connor	Tullamore Harriers	2.12.54	
2020-2021 Not held due to Covid 19				
2022	Hollie Kilroe	Suck Valley	2.18.68	
2023	Saoirse Fitzgerald	Lucan Harriers	2.16.06	
2024	Clara Casey	Foyle Valley	2.21.35	

1500m U17 Girls Indoors

1989	Vanessa Molloy	Shelbourne	4.52.55	
1990	Margaret McPartland	Shannon	5.02.2H	
1991	Ann Marie Hynes	Tuam	4.53.9H	
1992	Maria McCambridge	Dundrum South Dublin	5.02.2H	
1993	Jill Hodgins	Leevale	4.58.1H	
1994	Margaret Danagher	Templemore	4.53.3H	
1995	Maria Lynch	Dundrum South Dublin	4.46.6H	
1996	Geraldine McCarthy	Listowel	4.47.0H	
1997	Not held			
1998	Carol O'Regan	Coolyroe	4.46.4H	
1999	Emer Doolaghty	Marian	4.56.7	
2000	Michelle Harvey	St. John Bosco	5.06.12	
2001	Cancelled due to Foot & Mouth			
2002	Ciara Durkan	Skerries	4.58.22	
2003	Rose Ann Galligan	Dundrum South Dublin	4.46.54	
2004	Joanne English	Letterkenny	5.02.4H	
2005	Grainne Quinn	Ferrybank	4.50.41	
2006	Claire Rockall	Athenry	4.46.81	
2007	Tara Jameson	Inbhear Dee	4.56.52	
2008	Niamh Kearney	Greystones & District	4.53.75	
2009	Ciara McBride	North Sligo	5.03.38	
2010	Linda Porter	Craughwell	4.59.94	
2011	Ellen Moran	Westport	5.16.29	
2012	Alanna Lally	Galway City Harriers	4.46.57	
2013	Meabh Brannigan	Galway City Harriers	4.58.48	
2014	Nadia Power	Templeogue	4.40.14	
2015	Aoife O'Mahony	Lios Tuathail	4.49.98	
2016	Laura Nicholson	Bandon	5.06.69	
2017	Aoife Darby	Mullingar Harriers	4.55.78	
2018	Saoirse O'Brien	Westport	4.50.04	
2019	Ava O'Connor	Tullamore Harriers	4.42.52	
2020-2021	Not held due to Covid 19			
2022	Lucy Foster	Willowfield Harriers	4.37.96	
2023	Clodagh Gill	Moy Valley	4.36.70	CR
2024	Emily Bolton	Donore Harriers	4.41.95	

60m Hurdles U17 Girls Indoors

1987	Siobhan Hillery	Limerick Emerald	9.0H	spacing not stated
1988	Susan Smith	St. Paul's, Waterford	8.7H	80m Spacing
1988	Aideen Burke	Limerick Emerald	9.3H	100m Spacing
1989	Elaine Murphy	Nenagh Olympic	9.04	80m Spacing
1989	Jean O'Gorman	Newport	9.13	100m Spacing
1990	Elaine Murphy	Nenagh Olympic	8.9H	
1991	Patricia Naughton	Nenagh Olympic	8.9H	
1992	Not held			
1993	Laura Macken	Roscommon	9.2H	
1994	Suzanne Cummins	Roscrea	9.3H	
1995	Grainne Redmond	Cushinstown	9.26	
1996	Nicola Farrell	Claremorris	9.31	
1997	Aine Cuddihy	Carrick-on-Suir	8.91	
1998	Derval O'Rourke	Leevale	8.6H	
1999	Caragh McCarthy	Farranfore Maine Valley	NT	
2000	Carol Loscher	Roundwood & District	9.34	
2001	Cancelled due to Foot & Mouth			

2002	Katey Byrd	Belgooly	9.62	
2003	Leona Byrne	St. Laurence O'Toole	8.96	
2004	Kelly Proper	Ferrybank	9.28	
2005	Mairead Murphy	Ferrybank	8.83	
2006	Sandra Lawlor	Celbridge	9.54	
2007	Nicola Power	Ferrybank	9.59	
2008	Rebecca McCallister	Ballymena & Antrim	9.43	
2009	Louise Harvey	Tír Chonaill	9.22	
2010	Sarah Lavin	Limerick Emerald	8.94	
2011	Ciara Giles Doran	Ferrybank	9.25	
2012	Kelly McGrory	Tír Chonaill	9.14	
2013	Megan Marrs	City of Lisburn	8.50	CR
2014	Elizabeth Morland	Cushinstown	8.55	
2015	Ciara Neville	Limerick Emerald	8.70	
2016	Aoife Doyle	Carrick-on-Suir	9.26	
2017	Anna McCauley	City of Lisburn	8.67	
2018	Eimear Kelly	City of Derry Spartans	8.80	
2019	Laura Gallagher	Dundrum South Dublin	8.96	
2020-2021 Not held due to Covid 19				
2022	Okwu Backari	Leevale	8.67	
2023	Emile Lalor	St. Laurence O'Toole	8.82	
2024	Ruby Cummins	Bandon	8.98	

1500m Walk U17 Girls Indoors

1991	Linda O'Sullivan	Marian	7.53.59	
1992	Linda O'Sullivan	Marian	7.28.8H	
1993	Gillian O'Sullivan	Farranfore Maine Valley	8.33.6H	
1994	Rosaleigh Comerford	Kilkenny City Harriers	7.38.3H	
1995	Jackie Cahill	Templemore	7.18.8H	
1996	Siobhan O'Malley	Bilboa		
1997	Euphrasia Walsh	Kilkenny City Harriers	7.22.8H	
1998	Serena O'Keeffe	Kilkenny City Harriers	7.06.3H	
1999	Geraldine Ryan	Bansha	8.32.2	
2000	Ann O'Malley	Bilboa	7.32.62	
2001	Cancelled due to Foot & Mouth			
2002	Ann Loughnane	Craughwell	7.02.24	
2003	Amy Burtenshaw	Monasterevin	7.59.06	
2004	Nicola Alcorn	Finn Valley	7.57.76	
2005	Laura Reynolds	Mohill	6.51.07	
2006	Sinead Tighe	Ballinamore	7.56.03	
2007	Sinead Holmes	Bilboa	8.09.49	
2008	Fiona Dennehy	St. Senan's	7.09.92	
2009	Emma Prendiville	Farranfore Maine Valley	7.41.84	
2010	Kate Veale	West Waterford	6.18.54	CR
2011	Alicia Boylan	Oriel	7.27.30	
2012	Sinead Burke	St Coca's	7.02.20	
2013	Sinead O'Connor	Celbridge	7.27.49	
2014	Dearbhaile Beirne	Mohill	7.05.81	
2015	Fiona Hayes	Le Cheile	7.38.32	
2016	Orla O'Connor	Waterford	6.45.00	
2017	Sarah Glennon	Mullingar Harriers	6.55.42	
2018	Emily MacHugh	Naas	7.05.51	
2019	Leah Murphy	Celbridge	7.43.29	
2020-2021 Not held due to Covid 19				
2022	Doireann Hickey	West Waterford	7.30.20	
2023	Claudia del Castillo	Tramore	8.39.00	
2024	Aoife Martin	Carraig-na-Bhfear	6.59.32	

High Jump U17 Girls Indoors

1984	Jacqui Stokes	Fethard	1.62	
1985				
1986	Brid Hallissey	Ferrybank	1.67	
1987	Siobhan Hillery	Limerick Emerald	1.50	
1988	Sharon Foley	Lifford	1.64	
1989	Sharon Foley	Lifford	1.70	
1990	Elaine Ball	Limerick Emerald	1.67	
1991	Edna Williams	St. Senan's	1.69	
1992	Not held			
1993	Maeve English	Tramore	1.57	
1994	Cathy Winters	Kilmore Dublin	1.58	
1995	Deirdre Ryan	Claremorris	1.63	
1996	Rachel McMillan	Templemore	1.63	
1997	Orna Donoghue	Carrick-on-Suir	1.60	
1998	Lisa Marsh	St. Mary's WT	1.63	
1999	Deirdre Ryan	Dundrum South Dublin	1.65	
2000	Helen Buckley	Kilmore Raheny	1.55	
2001	Cancelled due to Foot & Mouth			
2002	Amanda Casey	St. Mary's	1.53	
2003	Claire McNamara	Athenry	1.72	
2004	Jenny Reilly	Na Fianna	1.55	
2005	Pamela Hughes	Westport	1.73	
2006	Grainne Moggan	Brothers' Pearse	1.65	
2007	Jennie Hughes	Westport	1.60	
2008	Cathriona Farrell	Craughwell	1.75	
2009	Caoimhe Basquille	Greystones & District	1.65	
2010	Sorcha Murphy	Ferrybank	1.65	
2011	Sinead McDonagh	Kilkenny City Harriers	1.55	
2012	Amy McTeggart	Boyne	1.66	
2013	Tara Carr	Letterkenny	1.60	
2014	Elizabeth Morland	Cushinstown	1.76	CR
2015	Shannon Sheehy	Cushinstown	1.66	
2016	Kate O'Connor	St. Gerards Dundalk	1.65	
2017	Ruby Millet (tied)	St. Abban's	1.60	
2017	Emily Corcoran (tied)	Celtic Dublin City Harriers	1.60	
2018	Ciara Keneally	Killarney Valley	1.68	
2019	Aoife O'Sullivan	Liscarroll	1.70	
2020-2021	Not held due to Covid 19			
2022	Maeve Fleming	Leevale	1.73	
2023	Siun Quinn	Brothers Pearse	1.75	
2024	Lauryn Healy	Dundrum South Dublin	1.60	

Pole Vault U17 Girls Indoors

2015	Ellen McCartney	City of Lisburn	2.90	
2016	Katie Ritchie	Ballymena & Antrim	3.00	
2017	Emma Coffey	Carraig-na-Bhfear	3.25	
2018	Orla Coffey	Carraig-na-Bhfear	3.00	
2019	Sara Zia Buckley	Leevale	2.70	
2020-2021	Not held due to Covid 19			
2022	Poppi Deveraux	Youghal	2.95	
2023	Chloe Lynch	Gowran	2.30	
2024	Meabh Corkery	Midleton	3.26	CR

Long Jump U17 Girls Indoors

1986	Evanna Morrissey	Nenagh Olympic	5.34	
1987	Siobhan Hoey	Mountmellick	5.37	
1988	Susan Smith	St. Paul's	5.25	
1989	Sharon Foley	Lifford	5.22	
1990	Claire Ingerton	Leevale	5.33	
1991	Claire Ingerton	Leevale	5.61	
1992	Caroline Deacy	Ballina	5.45	
1993	Rachel O'Flynn	Leevale	5.02	
1994	Edel O'Brien	Newbridge	5.28	
1995	Niamh Savage	Leevale	5.46	
1996	Grainne O'Mahony	Claremorris	5.45	
1997	Aine Cuddihy	Carrick-on-Suir	5.34	
1998	Mary McLoone	St. John Bosco	5.34	
1999	Ann Marie Lynch	Kilkenny City Harriers	5.71	
2000	Carol Loscher	Roundwood & District	5.40	
2001	Cancelled due to Foot & Mouth			
2002	Donna Hosford	Leevale	5.33	
2003	Leona Byrne	St. Laurence O'Toole	5.47	
2004	Paula McCarthy	Bantry	5.21	
2005	Mairead Murphy	Ferrybank	5.37	
2006	Lauren Holmes	Celtic	5.16	
2007	Nicola Power	Ferrybank	5.19	
2008	Caoimhe King	Westport	5.22	
2009	Joanna Mills	Ballymena & Antrim	5.67	
2010	Emily Burns	Ballina	5.31	
2011	Sarah McCarthy	Fingallians	5.72	
2012	Megan Comber	Clonliffe Harriers	5.38	
2013				
2014	Elizabeth Morland	Cushinstown	5.75	CR
2015	Arlene Crossan	Finn Valley	5.60	
2016	Kate O'Connor	St. Gerards Dundalk	5.48	
2017	Sophie Meredith	St. Marys Limerick	5.61	
2018	Isabelle Doyle	Rathfarnham WSAF	5.11	
2019	Katelyn Farrelly	Tullamore Harriers	5.46	
2020-2021	Not held due to Covid 19			
2022	Okwu Backari	Leevale	5.38	
2023	Tara O'Connor	Dundalk St. Gerards	5.27	
2024	Angela Cielecka	Galway City Harriers	5.26	

Triple Jump U17 Girls Indoors

1998	Mary McLoone	St. John Bosco, Donegal Town	11.08	CR
1999	Grainne Cullen	Letterkenny	10.55	
2000	Carol Loscher	Roundwood & District	11.02	
Discontinued				

Shot Put U17 Girls Indoors

1986	Siobhan Naughton	Nenagh Olympic	9.90	
1987	Ailish O'Brien	Dungarvan	11.29	
1988	Elaine Hayes	North Laois	10.36	
1989	Ann Marie Flannery	Monaghan	10.65	
1990	Helen Delves	WSAF	10.27	
1991	Roisin Morrin	North Laois	10.88	
1992	Valerie Mangan	Dooneen	11.32	
1993	Catherine Burke	Nenagh Olympic	10.88	
1994	Caroline Godkin	Kilmore Wexford	11.91	
1995	Teresa White	North Clare	11.06	

1996	Sinead Kehoe	Tramore	12.17	
1997	Eva Massey	North Down	11.42	
1998	Laura Jane Carroll	Unattached	12.45	
1999	Diane Cashman	Glenbower	11.16	
2000	Fionnuala Lombard	Leevale	13.17	
2001	Cancelled due to Foot & Mouth			
2002	Sonia Kennedy	Ferrybank	10.82	
2003	Kathleen Fitzgerald	Leevale	12.48	
2004	Yvonne Hickey	Gowran	11.83	
2005	Laura Cogan	Newbridge	13.60	
2006	Jenny Brown	Mid Ulster	13.14	
2007	Clare Fitzgerald	Tralee Harriers	13.91	
2008	Valerie Mitchell	Newport	11.50	
2009	Jenna Holmes	Ballymena & Antrim	10.83	
2010	Niamh Murphy	Blarney/Inniscarra	11.72	
2011	Laura McSweeney	Bandon	12.41	
2012	Kayleigh Cronin	Spa Muckcross	11.48	
2013	Anne-Marie Tornsey	Fingallians	12.41	
2014	Michaela Walsh	Swinford	15.08	CR
2015	Niamh Fogarty	Mullingar Harriers	12.47	
2016	Marguerite Furlong	Adamstown	12.09	
2017	Lystus Ebosele	Enniscorthy	13.55	
2018	Ciara Sheehy	Emerald	14.08	
2019	Casey Mulvey	Inny Vale	14.75	
2020-2021 Not held due to Covid 19				
2022	Ashleigh McArdle	Lifford Strabane	11.96	
2023	Caoimhe Gallen	Lifford Strabane	12.73	
2026	Meabh O'Connell	Blarney/Inniscarra	13.08	

4 x 200m Relay U17 Girls Indoors

1988	Colaiste Einde	1.50.1H
1989	Cushinstown	1.55.12
1990	Limerick Emerald	1.54.9H
1991	Limerick Emerald	1.47.9H
1992	Leevale	1.48.7H
1993	Kilmore	1.50.1H
1994	Leevale	1.48.7H
1995	Dundrum South Dublin	1.47.9H
1996	Claremorris	1.50.4H
1997	Leevale	1.47.8H
1998	Athenry	1.48.7H
1999	Portumna	1.52.2
2000	Leevale	1.45.9H
2001	Cancelled due to Foot & Mouth	
2002	Leevale B	1.50.5H
2003	Leevale	1.47.84
2004	Ferrybank	1.43.98
2005	Ferrybank	1.46.07
2006	Dooneen	1.50.55
2007	Galway City Harriers	1.49.07
2008	Galway City Harriers	1.49.51
2009	Ballymena & Antrim	1.47.42
2010	Ferrybank	1.47.14
2011	Limerick Emerald	1.46.48
2012	Tír Chonaill	1.46.18
2013	Galway City Harriers	1.46.14
2014	Dundrum South Dublin	1.43.10
2015	Limerick Emerald	1.44.78
2016	Carrick-on-Suir	1.43.08
2017	St. Laurence O'Toole	1.45.23

2018	Tallaght	1.45.50	
2019	St. Laurence O'Toole	1.43.97	
2020-2021 Not held due to Covid 19			
2022	Ratoath	1.42.12	CR
2023	Ratoath	1.42.96	
2024	Kilkenny City Harriers	1.42.24	

Combined Events U17 Girls Indoors

1992	Patricia Naughton	Nenagh Olympic	3,363	
1993-1999 Not held				
2000	Ciara Kearns	Celbridge	3,364	CR
2001	Ciara Kearns	Celbridge	2,909	
2002-2010 Not held				
2011	Maria McNamara	Craughwell	2,790	
2012	Amy McTeggart	Boyne	2,657	
Discontinued				

60m U16 Boys Indoors

1987	Darren Haddock	Togher	7.0H	
1988-1992 Not held				
1993	Jim Hennessy	Dooneen	7.0H	
1994	David Nolan	Bray Striders	6.9H	
1995	Damien Wilmott	Dooneen	7.26	
1996	Niall O'Donnell	St. Columb's	7.39	
1997	Fionn Power	Crusaders	7.23	
1998	Karl Kennedy	Kilmore Dublin	7.1H	
1999	Paul Hession	Athenry	7.26	
2000	Darragh Graham	Inbhear Dee	7.18	
2001	Cancelled due to Foot & Mouth			
2002	Carl McNamara	Ballybrack	7.44	
2003	Luke Sweetman	Fingallians	7.36	
2004	Gerard O'Reilly	Shercock	7.3H	
2005	Patrick McCarron	Glaslough Harriers	7.32	
2006	Christopher Lynch	Dundrum South Dublin	7.49	
2007	Paul Whelan	Dublin Striders	7.30	
2008	Ben McGillian	Strabane Track Club	7.35	
2009	Tony Stafford	Bree	7.55	
2010	Marcus Lawler	St. Laurence O'Toole	7.16	
2011	Zak Irwin	Sligo	7.43	
2012	Joseph Ojewumi	Tallaght	7.09	Equal CR
2013	Ethan Bannon	Raheny Shamrock	7.32	
2014	Daniel Ryan	Moycarkey Coolcree	7.26	
2015	David Murphy	Gowran	7.09	Equal CR
2016	Darragh Minitier	St. Mary's Clare	7.25	
2017	Michael Farrelly	Portmarnock	7.16	
2018	Armand Schoeman	Templemore	7.38	
2019	Nkemjika Onwumereh	Metro/St. Brigid's	7.10	
2020-2021 Not held due to Covid 19				
2022	Lemar Lucciamo	Castlegar	7.32	
2023	Jack Lawler	Crookstown Millview	7.31	
2024	Kelvin Kalu	Sligo	7.26	

200m U16 Boys Indoors

1993	Patrick O'Connor	Limerick	23.6H	
1994	Tony Dunne	Thurles Crokes	23.1H	
1995	John Birch	Old Bawn	24.29	
1996	Alan Casey	Tallaght	23.67	
1997	Paul Collins	Leevale	23.62	
1998	Darren Coughlan	Bandon	23.3H	
1999	Paul Hession	Athenry	23.57	
2000	Darragh Graham	Inbhear Dee	22.80	CR
2001	Cancelled due to Foot & Mouth			
2002	Michael Dillon	Lios Tuathail	24.52	
2003	Gary Dunphy	Ferrybank	23.66	
2004	Gerard O'Reilly	Shercock	23.96	
2005	Patrick McCarron	Glaslough Harriers	23.86	
2006	Christopher Murnane	Leevale	24.06	
2007	Ferdia Kenny	Greystones & District	24.02	
2008	Joseph Dowling	Dundrum South Dublin	23.86	
2009	Conor Wilson	Menapians	24.21	
2010	Marcus Lawler	St. Laurence O'Toole	22.93	
2011	Zak Irwin	Sligo	23.66	
2012	Sean Lawlor	Donore Harriers	23.75	
2013	Cillin Greene	Galway City Harriers	23.58	
2014	David McDonald	Menapians	23.49	
2015	David Murphy	Gowran	22.93	
2016	Conor Morey	Leevale	23.33	
2017	Michael Farrelly	Portmarnock	22.99	
2018	Jordan Kissane	Tralee Harriers	23.46	
2019	Glory Wenegieme	Belgooly	22.98	
2020-2021	Not held due to Covid 19			
2022	Lemar Lucciamo	Castlegar	23.47	
2023	Jack O'Connor	St. Michael's	22.85	
2024	Luis Blinco	Metro/St. Brigids	23.29	

800m U16 Boys Indoors

1992	Ken Hennessy	Leevale	2.03.8H	
1993	Darren Flanagan	Rathfarnham WSAF	2.03.3H	
1994	David Currid	North Sligo	2.05.7H	
1995	John Murphy	North Cork	2.05.91	
1996	Anthony Doherty	Clondalkin	2.02.6H	
1997	Conor McSweeney	St. Malachy's	1.59.08	
1998	Pat McCartan	Coolyroe	2.00.2H	
1999	Liam Reale	Hospital	1.59.97	
2000	David Ward	Tallaght	2.02.36	
2001	Cancelled due to Foot & Mouth			
2002	Martin Kelly	Letterkenny	2.10.06	
2003	Kieran Barrett	Ballina	2.04.40	
2004	Conor Murphy	Naas	2.03.22	
2005	Patrick Hogan	KCK	2.11.28	
2006	John Francis	Ferrybank	2.05.21	
2007	Torlach Grant	Navan	2.02.47	
2008	Paul Scanlon	Overseas	2.00.55	
2009	Ruairi Finnegan	Letterkenny	2.04.49	
2010	Karl Griffin	Tír Chonaill	1.59.45	
2011	Conor Murray	Tallaght	2.08.01	
2012	Cian McBride	North Sligo	2.00.41	
2013	Mustafe Nasir	Tallaght	2.03.30	
2014	Kevin McGrath	Bohermeen	2.00.21	
2015	Aaron McGlynn	Finn Valley	1.58.03	CR
2016	Louis O'Loughlin	Donore Harriers	2.02.49	

2017	Cian McPhillips	Longford	2.00.91
2018	Aaron Shorten	St. Laurence O'Toole	2.00.26
2019	Tadhg Connolly	St. Senan's	2.06.54
2020-2021 Not held due to Covid 19			
2022	Caolan McFadden	Cranford	2.00.95
2023	Liam Morris	Donore Harriers	1.58.32
2024	Daniel Downey	Portlaoise	1.59.52

1500m U16 Boys Indoors

1993	Mark Radley	Dungarvan	4.12.0H	CR
1994	Gerard Clancy	DMP	4.19.0H	
1995	Gareth Turnbull	St. Malachy's	4.00.73	
1996	Colm McLean	St. Malachy's	4.05.8H	
1997	Not held			
1998	Gerry O'Flaherty	Ennis Track	4.19.4H	
1999	Martin Fagan	Mullingar Harriers	NT	
2000	Robert O'Rourke	St. Laurence O'Toole	4.13.28	
2001	Cancelled due to Foot & Mouth			
2002	Ian Barrett	Dundrum South Dublin	4.30.60	
2003	Brian Markham	Ennis Track	4.24.76	
2004	Peter Collins	Star of the Sea	4.16.92	
2005	David Joyce	Castlebar	4.20.82	
2006	John Francis	Ferrybank	4.25.00	
2007	Liam Markham	St. Mary's Clare	4.18.61	
2008	Dean Cronin	Blarney/Inniscarra	4.20.83	
2009	Ruairi Finnegan	Letterkenny	4.16.88	
2010	David Harper	Westport	4.20.30	
2011	Shane McGowan	City of Derry	4.19.44	
2012	Cian McBride	North Sligo	4.09.61	
2013	Conall Hayes	Le Cheile	4.34.15	
2014	Kevin McGrath	Bohermeen	4.13.60	
2015	Cian Kelly	St Abban's	4.17.26	
2016	Louis O'Loughlin	Donore Harriers	4.21.61	
2017	Daire O'Sullivan	Carriag-na-Bhfear	4.23.78	
2018	Dylan McBride	Willowfield Harriers	4.19.34	
2019	Oisín Kelly	Cranford	4.21.70	
2020-2021 Not held due to Covid 19				
2022	Caolan McFadden	Cranford	4.15.38	
2023	Declan O'Connell	Craughwell	4.08.80	
2024	David Wajrak	Portlaoise	4.12.09	

60m Hurdles U16 Boys Indoors

1992	Fergal English	Ballygunner	8.79
1993	Colm Farry	Corran	8.7H
1994	Trevor McGlynn	Strabane Track Club	8.6H
1995	Cian O'Neill	Clonliffe Harriers	8.88
1996	Ashley Henry	Corran	8.72
1997	Conor McPhillips	Dundrum South Dublin	8.30
1998	Timothy Flannery	Nenagh Olympic	8.1H
1999	Brendan Doyle	Carrick-on-Suir	8.69
2000	Damien Munnelly	Ballina	8.62
2001	Cancelled due to Foot & Mouth		
2002	Shane Long	Slieveardagh	8.98
2003	David Neary	Athenry	8.96
2004	Eoin Hannon	Tullamore Harriers	8.94
2005	Steven Walsh	Castlebar	8.67
2006	Christopher Murnane	Leevale	8.94
2007	Patrick Maher	Leevale	8.59

2008	Sipke Shaughnessy	Bandon	9.05	
2009	Conor Daly	St. Abban's	9.00	
2010	Ryan McParland	City of Derry	8.47	
2011	Sam Healy	Belgooly	8.95	
2012	Darren Prout	Carrick-on-Suir	8.55	
2013	Matthew Dalton	City of Lisburn	8.72	
2014	Daniel Ryan	Moycarkey Coolcree	8.14	CR
2015	Agomide Oke		8.48	
2016	Joseph McEvoy	Nenagh Olympic	8.68	
2017	Cian O'Donnell	Lake District Athletics	8.37	
2018	Harry Nevin	Leevale	8.60	
2019	Colin Murphy	Leevale	8.43	
2020-2021 Not held due to Covid 19				
2022	Gavin Witter	Ratoath	8.93	
2023	Conor Penney	Craughwell	8.60	
2024	Eddie Raicevic	Finisk Valley	8.45	

1500m Walk U16 Boys Indoors

1998	Colin Griffin	Ballinamore	6.21.60	CR
1999	Alan Kennedy	West Wicklow	7.05.91	
2000	Neil Byrne	Hacketstown	8.15.72	
2001	Cancelled due to Foot & Mouth			
2002	Christopher Dalton	Hacketstown	7.04.32	
2003	Paul Murphy	Dooneen	7.50.32	
2004	Paul Fitzpatrick	Shercock	8.23.68	
2005	Niall Prendiville	Farranfore Maine Valley	7.26.08	
2006	Cian McManamon	Westport	8.03.12	
2007	Shane O'Loughlin	Kilnaboy	7.54.09	
2008	Oisin Oliver	Swinford	7.11.44	
2009	Shane Byrne	Bree	7.36.04	
2010	Evan Lynch	Clonmel	6.44.20	
2011	Simon Gillespie	Ballina	6.55.87	
2012	Nathan Murphy	St Coca's	7.22.58	
2013	Joseph Mooney	Adamstown	9.25.71	
2014	David Kenny	Farranfore Maine Valley	7.14.63	
2015	Gearoid McMahon	Shannon	6.33.39	
2016	Liam McDonagh	Moycarkey Coolcree	7.30.80	
2017	James Hanlon	Taghmon	7.48.34	
2018	Matthew Glennon	Mullingar Harriers	7.05.70	
2019	Daniel Farrell	Waterford	7.17.80	
2020-2021 Not held due to Covid 19				
2022	Seamus Clarke	Moy Valley	6.57.94	
2023	Matthew Newell	Tuam	6.24.78	
2024	Daniel Glennon	Mullingar Harriers	7.04.82	

High Jump U16 Boys Indoors

1987	Donal Smith	Carrick on Shannon	1.88	
1988-1991 Not held				
1992	Fergal English	Ballygunner	1.84	
1993	Kenneth Treacy	Midleton	1.78	
1994	Trevor McGlynn	Strabane Track Club	1.78	
1995	Dermot Sheehan	Glenbower	1.81	
1996	Robert Gower	Kilmore	1.90	
1997	Kevin Burke	Dooneen	1.84	
1998	Barry O'Brien	Leevale	1.90	
1999	Adrian O'Dwyer	Kilkenny City Harriers	1.96	CR
2000	Mark Brennan	St. Abban's	1.84	
2001	Cancelled due to Foot & Mouth			

2002	Christopher Crowley	Belgooly	1.81
2003	David Andrew Shields	Shercock	1.70
2004	Daniel McAuliffe	Blarney/Inniscarra	1.71
2005	Barry Pender	St. Abban's	1.80
2006	Jason Harvey	Campbell College	1.93
2007	Andrew Heffernan	Ferrybank	1.71
2008	Ryan Byrne	Sliabh Liag	1.65
2009	Conor Daly	St. Abban's	1.78
2010	Robert Bill	Ballymena & Antrim	1.77
2011	Sam Healy	Belgooly	1.81
2012	Darragh Costigan	Dunboyne	1.80
2013	Jack Murphy	Leevale	1.75
2014	Robbie Marrs	City of Lisburn	1.81
2015	Ben Donovan	Abbey Striders	1.76
2016	Joseph McEvoy	Nenagh Olympic	1.83
2017	Liam Jenkins	Dundrum South Dublin	1.76
2018	Jack Forde	St. Killian's	1.75
2019	Geoffry Joy O'Regan	Sunhill Harriers	1.86
2020-2021 Not held due to Covid 19			
2022	Michael Kent	DMP	1.83
2023	Conor Penney	Craughwell	1.90
2024	Oisin Gillespie	Rosses	1.76

Long Jump U16 Boys Indoors

1986	Philip Denver	Newbridge	6.32	
1987	Paul Wilkinson	Lifford	5.60	
1988-1992 Not held				
1993	Tim Pat O'Connor	Limerick Emerald	6.15	
1994	Brian Cullinane	Nenagh Olympic	6.26	
1995	Alan Kelly	Ballina	6.06	
1996	Niall O'Donnell	St. Columb's	6.17	
1997	Richard Phelan	Carrick-on-Suir	6.63	CR
1998	Brian Wall	Glenbowen	6.35	
1999	Tomas O'Dwyer	Moycarkey Coolcree	6.10	
2000	Tom Shanahan	Coolyroe	6.06	
2001	Cancelled due to Foot & Mouth			
2002	Christopher Crowley	Belgooly	6.25	
2003	Luke Sweetman	Fingallians	6.57	
2004	Brendan O'Connor	Beara	6.02	
2005	David Quilligan	Leevale	6.13	
2006	Jamie Keogh	St. Laurence O'Toole	5.83	
2007	Nathan Jege	Dooneen	6.28	
2008	Simon Doyle	St. Laurence O'Toole	5.96	
2009	Eric Stam	Bandon	5.93	
2010	Eoin O'Carroll	Tralee Harriers	6.22	
2011	Sam Healy	Belgooly	6.03	
2012	Ikenna Ezeugo-Klucaenk	Celbridge	6.14	
2013	Jack Murphy	Leevale	6.01	
2014	Daniel Ryan	Moycarkey Coolcree	6.58	
2015	David Ryan	Moycarkey Coolcree	6.37	
2016	Sean Carolan	Nenagh Olympic	6.16	
2017	Wymin Sivakumar	Leevale	5.99	
2018	Conor Commene	Tralee Harriers	6.09	
2019	Danny Kelly	Belgooly	5.88	
2020-2021 Not held due to Covid 19				
2022	Jayden Booth	Loughview	6.13	
2023	Ryan Onoh	Leevale	5.92	
2024	Daniel Downey	Portlaoise	6.00	

Pole Vault U16 Boys Indoors

2015	Dean Nolan	St. Laurence O'Toole	3.10	
2016	Kevin Halpin	Lusk	3.00	
2017	Adam O'Dwyer	Moycarkey Coolcroo	3.25	
2018	Dillon Ryan	Moycarkey Coolcroo	2.50	
2019	Adam Nolan	St. Laurence O'Toole	3.50	
2020-2021 Not held due to Covid 19				
2022	Michael Kent	DMP	3.40	
2023	James Rochford	Nenagh Olympic	3.70	CR
2024	Jacob Kwak	Athlone IT	2.10	

Shot Put U16 Boys Indoors

1985	Gerard Doherty	Finn Valley	11.36	
1986	Jarlath Gilroy	Ballymore Eustace	14.48	
1987	Liam Reilly	North Laois	13.63	
1988-1992 Not held				
1993	Jim Hennessy	Dooneen	14.48	
1994	John Leahy	Moyvane	14.12	
1995	Sean Breathnach	Carraroe	15.60	
1996	Shane McElhone	Kilmore Wexford	12.42	
1997	John Hobbs	Leevale	13.63	
1998	Neville Coughlan	Tullamore Harriers	13.01	
1999	Daniel O'Mahony	Ballybrack	14.59	
2000	Eoin Leen	Clounalour	15.57	
2001	Cancelled due to Foot & Mouth			
2002	Francis Abbey	St. Finian's	14.53	
2003	Michael Whelan	Lios Tuathail	13.27	
2004	Luke Mangan	Clonliffe Harriers	14.10	
2005	Daniel Clifford	Farranfore Maine Valley	14.41	
2006	Barry McGuinness	DMP	13.06	
2007	Laimonas Ruibys	Westport	15.22	
2008	Patrick McSweeney	Bandon	13.61	
2009	Pijus Timas	Kilkenny City Harriers	12.83	
2010	Mark Furey	St. Laurence O'Toole	13.66	
2011	John Kelly	Finn Valley	16.15	
2012	Eoin Sheridan	North Westmeath	14.54	
2013	James French	Bandon	14.20	
2014	Oisin Kiernan	Inny Vale	13.79	
2015	James Kelly	Finn Valley	17.60	CR
2016	Darragh Minitier	St. Mary's Clare	15.01	
2017	Shane Cawley	Waterford	14.28	
2018	Jack Barnett	Templemore	14.26	
2019	Callum Keating	North Cork	15.29	
2020-2021 Not held due to Covid 19				
2022	Cian Crampton	Edenderry	15.13	
2023	Kieran Keane	An Ríocht	13.76	
2024	Liam Rohan	An Ríocht	14.09	

4x200m Relay U16 Boys Indoors

1991	Nenagh Olympic	1.41.4H	
1992	Westport	1.37.9H	
1993	Tullamore Harriers	1.39.60	
1994	Thurles Crokes	1.37.6H	
1995	DMP	1.39.4H	
1996	St. Laurence O'Toole	1.38.1H	
1997	Dooneen	1.37.2H	
1998	Leevale	1.36.3H	
1999	Ballincollig	1.38.3	
2000	Clonliffe Harriers	1.41.0H	
2001	Cancelled due to Foot & Mouth		
2002	Lios Tuathail	1.40.5H	
2003	Ennis Track	1.41.58	
2004	Blarney/Inniscarra	1.42.16	
2005	Ferrybank	1.40.09	
2006	Dundrum South Dublin	1.41.21	
2007	Athenry	1.40.86	
2008	Letterkenny	1.41.23	
2009	Galway City Harriers	1.41.31	
2010	St. Laurence O'Toole	1.39.23	
2011	St Laurence O'Toole	1.39.60	
2012	Tallaght	1.37.07	
2013	Leevale	1.39.33	
2014	Menapians	1.35.51	
2015	Greystones & District	1.38.49	
2016	Ballymena & Antrim	1.39.11	
2017	Leevale	1.35.21	CR
2018	Templemore	1.37.76	
2019	Cabinteely	1.36.63	
2020-2021 Not held due to Covid 19			
2022	Celbridge	1.36.30	
2023	Craughwell	1.38.16	
2024	Letterkenny	1.37.36	

Combined Events U16 Boys Indoors

2002	Christopher Crowley	Belgooly	3,136	
2003	Kevin Murphy	St.Mary's	2,203	
2004	Eoin Hannon	Tullamore Harriers	3,002	
2005	Daniel Loughnane	Loughrea	3,953	
2006	Francis Egan	St. Abban's		
2007	Patrick Maher	Unattached	3,709	CR
2008	Simon Callaghan	Galway City Harriers	3,247	
2009	Conor Daly	St. Abban's	3,528	
2010	Eoin O'Carroll	Tralee Harriers	3,684	
2011	David Cussen	Old Abbey	3,561	
2012	Michael Quilligan	Nenagh Olympic	2,783	
2013	Matthew Dalton	City of Lisburn	3,452	
2014	Daniel Ryan	Moycarkey Coolcroe	3,687	
2015	David Ryan	Moycarkey Coolcroe	3,426	
2016	Joseph McEvoy	Nenagh Olympic	3,441	
2017	Diarmuid O'Connor	Bandon	3,319	
2018	Jack Forde	St. Killian's	3,348	
2019	Conor Hoade	Galway City Harriers	3,144	
2020	Finn O'Neill	Lifford Strabane	3,511	
2020-2021 Not held due to Covid 19				
2022	Eoin O'Callaghan	Bandon	2,974	
2023	Ryan Onoh	Leevale	2,690	
2024	Daniel Downey	Portlaoise	2,977	

2025 Kyle Byrne Ward Newbridge 2,699

60m U16 Girls Indoors

1987	Susan Smith	St Paul's, Waterford	8.0H	
1988-1992 Not held				
1993	Amanda Clifford	Leevale	7.6H	
1994	Grainne Redmond	Cushinstown	7.5	
1995	Fiona McNeill	Dundrum South Dublin	7.7H	
1996	Ciara Sheehy	West Dublin	7.80	
1997	Emily Maher	Kilkenny City Harriers	7.73	
1998	Avril Kelly	Leevale	7.6H	
1999	Shauna O'Brien	Carrick-on-Suir	7.79	
2000	Claire Murphy	Inbhear Dee	8.02	
2001	Cancelled due to Foot & Mouth			
2002	Clare Brady	Celbridge	7.94	
2003	Gemma Hynes	Galway City Harriers	7.96	
2004	Kalyn Sheehan	Ferrybank	7.9H	
2005	Sharon Kilduff	Claremorris	7.80	
2006	Hannah Todd	Ballymena & Antrim	8.13	
2007	Joan Healy	Bandon	7.94	
2008	Jane Dickenson	Dooneen	7.88	
2009	Sarah Lavin	Limerick Emerald	7.72	
2010	Clodhna Manning	Kilkenny City Harriers	7.91	
2011	Bronwyn Keogh	Fingallians	8.01	
2012	Laura Ann Costello	Galway City Harriers	7.86	
2013	Phoebe Murphy	Clonmel	7.88	
2014	Gina Apke-Moses	Blackrock (Louth)	7.67	
2015	Alana Ryan	Greystones & District		
2016	Ann McCauley	City of Lisburn	7.73	
2017	Rhasidat Adeleke	Tallaght	7.55	
2018	Damilola Adesina	St. Laurence O'Toole	7.88	
2019	Ella Scott	Leevale	7.75	
2020-2021 Not held due to Covid 19				
2022	Riona Doherty	Finn Valley	7.90	
2023	Caoimhe Daly	Leevale	7.81	
2024	Destiny Lawal	Dooneen	7.61	CR

200m U16 Girls Indoors

1993	Amanda Clifford	Leevale	25.8H	
1994	Grainne Redmond	Cushinstown	25.5	
1995	Sinead Hickey	Limerick Emerald	25.90	
1996	Karen Woods	Metro St. Brigid's	26.2H	
1997	Emily Maher	Kilkenny City Harriers	25.01	
1998	Avril Kelly	Leevale	25.8H	
1999	Sharon Kelly	Leevale	25.63	
2000	Joanne Cuddihy	Kilkenny City Harriers	25.20	
2001	Cancelled due to Foot & Mouth			
2002	Clare Brady	Celbridge	26.06	
2003	Gemma Hynes	Galway City Harriers	25.90	
2004	Kalyn Sheehan	Ferrybank	26.24	
2005	Brenda Doherty	KCK	26.07	
2006	Steffi Creaner	Celtic	26.69	
2007	Joan Healy	Bandon	26.07	
2008	Sarah Murray	Fingallians	26.00	
2009	Sarah Lavin	Limerick Emerald	25.35	
2010	Ciara Giles Doran	Ferrybank	25.22	
2011	Kelly McGrory	Tír Chonaill	26.29	
2012	Grace Lawler	St Laurence O'Toole	26.33	

2013	Phoebe Murphy	Clonmel	25.50	
2014	Lauren Ryan	Dooneen	25.26	
2015	Alana Ryan	Greystones & District	25.47	
2016	Ann McCauley	City of Lisburn	25.24	
2017	Rhasidat Adeleke	Tallaght	24.46	CR
2018	Ailbhe Doherty	Ennis Track Club	25.44	
2019	Kate O'Connell	Lucan Harriers	25.37	
2020-2021 Not held due to Covid 19				
2022	Katie Doherty	Ratoath	25.52	
2023	Molly Daly	Kilkenny City Harriers	25.32	
2024	Tiffany Nwaedozie	Belgooly	25.41	

800m U16 Girls Indoors

1992	Denise Brady	Rathfarnham WSAF	2.26.0H	
1993	Annette Quaid	North Cork	2.20.1H	
1994	Audrey Fogarty	Castlebar	2.22.4H	
1995	Monica O'Reilly	Templemore	2.24.03	
1996	Margaret Crowley	Bandon	2.22.2H	
1997	Aine Greene	North Clare	2.18.40	
1998	Sarah Ewing	Dundrum South Dublin	2.23.7H	
1999	Maria Coffey	Newbridge	2.31.63	
2000	Krystal Palmer	Enniskillen	2.24.70	
2001	Cancelled due to Foot & Mouth			
2002	Laura Crowe	Clounalour	2.14.68	
2003	Joanne English	Letterkenny	2.26.82	
2004	Mary O'Connor	Ferrybank	2.24.52	
2005	Ciara Everard	Kilkenny City Harriers	2.14.89	
2006	Cliona Ryan	St. Flannan's	2.20.02	
2007	Rachel Shaw	Galway City Harriers	2.19.67	
2008	Jessica Neville (tied)	Blarney/Inniscarra	2.19.88	
2008	Christine Neville (tied)	Blarney/Inniscarra	2.19.88	
2009	Amy O'Donoghue	Limerick Emerald	2.23.46	
2010	Sarah Hawkshaw	Metro St. Brigid's	2.21.22	
2011	Alanna Lally	Galway City Harriers	2.18.43	
2012	Louise Shanahan	Leevale	2.16.84	
2013	Carla Sweeney	Rathfarnham WSAF	2.16.00	
2014	Aoife O'Mahony	Lios Tuathail	2.19.59	
2015	Alex O'Neill	St. Cronan's	2.18.70	
2016	Molly Brown	Metro St. Brigid's	2.19.18	
2017	Saoirse O'Brien	Westport	2.19.11	
2018	Ava O'Connor	Tullamore Harriers	2.18.27	
2019	Victoria Lightbody	City of Lisburn	2.13.01	
2020-2021 Not held due to Covid 19				
2022	Saoirse Fitzgerald	Lucan Harriers	2.18.18	
2023	Emily Bolton	Donore Harriers	2.15.79	
2024	Faye Mannion	Ennis Track	2.12.08	CR

1500m U16 Girls Indoors

1993	Cathriona O'Brien	Rathfarnham WSAF	5.06.3H	
1994	Maria Lynch	Dundrum South Dublin	4.44.7H	
1995	Kathryn Casserly	Castlegar	4.52.5H	
1996	Olga Cronin	Glenbower	4.53.7H	
1997	Not held			
1998	Emer Doolaghty	Marian	4.58.2H	
1999	Rachel Lenihan	Mallow	5.11.46	
2000	Hazel Murphy	Dundrum South Dublin	4.53.64	
2001	Cancelled due to Foot & Mouth			
2002	Laura Crowe	Clounalour	4.59.82	

2003	Joanne English	Letterkenny	5.03.88	
2004	Mary O'Connor	Ferrybank	5.00.76	
2005	Frances O'Shea	North Cork	4.46.55	
2006	Beth Walsh	Ferrybank	4.53.24	
2007	Ellie Hartnett	Greystones & District	4.50.79	
2008	Amy Giles	Mullingar Harriers	4.57.32	
2009	Amy O'Donoghue	Limerick Emerald	4.57.74	
2010	Clare Horgan	Clonmel	5.01.80	
2011	Alanna Lally	Galway City Harriers	4.48.21	
2012	Clodagh O'Reilly	Annalee	4.50.42	
2013	Amy Hamill	Glaslough Harriers	4.46.49	
2014	Aisling Kelly	St John's	4.55.89	
2015	Alex O'Neill	St Cronan's	4.57.65	
2016	Aisling Mohan	Metro St. Brigid's	4.57.91	
2017	Saoirse O'Brien	Westport	4.50.89	
2018	Aimee Hayde	Newport	4.28.76	CR
2019	Fiona Dillon	Thomastown	4.44.71	
2020-2021 Not held due to Covid 19				
2022	Clodagh Gill	Moy Valley	4.40.79	
2023	Emily Bolton	Donore Harriers	4.39.02	
2023	Sophie Maher	Ennis Track	4.39.09	

60m Hurdles U16 Girls Indoors

1992	Laura Macken	Roscommon	9.62	
1993	Suzanne Cummins	Roscrea	9.2H	
1994	Siobhan McWeeney	Carrick-on-Shannon	9.3H	
1995	Elaine Halpin	Skerries	9.38	
1996	Aine Cuddihy	Carrick-on-Suir	9.15	
1997	Derval O'Rourke	Leevale	8.78	
1998	Niamh Cummins	KCK	9.1H	
1999	Carol Loscher	Roundwood	9.22	
2000	Ciara Kearns	Celbridge	9.20	
2001	Cancelled due to Foot & Mouth			
2002	Leona Byrne	St. Laurence O'Toole	9.42	
2003	Jenny Corcoran	Clonliffe Harriers	9.36	
2004	Kalyn Sheehan	Ferrybank	8.96	
2005	Rebecca Tyson	Brothers Pearse	9.46	
2006	Shauna Furman	Clonliffe Harriers	9.71	
2007	Orla Finn	Riverstick/Kinsale	9.25	
2008	Chloe Fahy	Nenagh Olympic	9.21	
2009	Sarah Lavin	Limerick Emerald	8.97	
2010	Ciara Giles Doran	Ferrybank	9.24	
2011	Lauren Dwyer	St Laurence O'Toole	9.29	
2012	Kate McGowan	Tír Chonaill	8.90	
2013	Elizabeth Morland	Cushinstown	8.74	
2014	Molly Scott	St Laurence O'Toole	8.6h	CR
2015	Bronagh Walsh	St Laurence O'Toole	9.13	
2016	Miriam Daly	Carrick-on-Suir	8.85	
2017	Niamh Foley	St. Mary's Limerick	8.93	
2018	Emily Wall	Leevale	9.05	
2019	Niamh Moohan	Tir Chonaill	8.92	
2020-2021 Not held due to Covid 19				
2022	Ellis McHugh	Ferrybank	9.45	
2023	Ruby Cummins	Bandon	9.17	
2024	Rachel Warde	Craughwell	9.17	

1500m Walk U16 Girls Indoors

1998	Deirdre Kelly	West Wicklow	8.12.6H	
1999	Ann O'Malley	Bilboa	7.43.6	
2000	Ciara McDermott	Ballina	7.46.22	
2001	Cancelled due to Foot & Mouth			
2002	Amy Burtenshaw	Monasterevin	8.25.9H	
2003	Aoibheann Prendiville	Lios Tuathail	7.56.60	
2004	Sorcha Prendiville	Lios Tuathail	7.04.96	
2005	Claire Plunkett	Ballinamore	8.05.17	
2006	Aoife Whelan	Finn Valley	7.55.80	
2007	Fiona Dennehy	St. Senan's	7.27.96	
2008	Emma Prendiville	Farranfore Maine Valley	7.19.09	
2009	Kate Veale	West Waterford	6.46.60	
2010	Alicia Boylan	Monaghan	7.31.05	
2011	Edel Glennon	Mullingar Harriers	7.51.01	
2012	Sinead O'Connor	Celbridge	7.50.34	
2013	Dearbhaile Beirne	Mohill	7.11.73	
2014	Fiona Hayes	Le Cheile	7.55.45	
2015	Niamh O'Connor	Celbridge	7.13.77	
2016	Sarah Glennon	Mullingar Harriers	6.58.68	
2017	Emily MacHugh	Naas	6.46.54	CR
2018	Claire Caulfield	Waterford	7.33.33	
2019	Niamh Carolan	North Leitrim	7.28.22	
2020-2021 Not held due to Covid 19				
2022	Anna McDonnell	Moy Valley	8.18.59	
2023	Savanagh O'Callaghan	Tuam	7.00.63	
2024	Pearl Sands	Moy Valley	7.18.39	

High Jump U16 Girls Indoors

1987	Lilian Casey	Clonmel	1.55	
1988-1991 Not held				
1992	Laura Macken	Roscommon	1.53	
1993	Cathy Winters	Kilmore Dublin	1.56	
1994	Deirdre Ryan	Claremorris	1.62	
1995	Rachel McMillan	Templemore	1.63	
1996	Orna Donoghue	Carrick-on-Suir	1.55	
1997	Vanessa Kennedy	Sparta	1.60	
1998	Deirdre Ryan	Dundrum South Dublin	1.63	
1999	Susan Nagle	Glenbower	1.50	
2000	Eva Bolton	Ballina	1.63	
2001	Cancelled due to Foot & Mouth			
2002	Leona Byrne	St. Laurence O'Toole	1.59	
2003	Jenny Reilly	Na Fianna	1.57	
2004	Mairead Murphy	Ferrybank	1.64	
2005	Maureen Farrell	Fr. Murphy	1.64	
2006	Jennie Hughes	Westport	1.55	
2007	Mary Kate Lanigan	Kilkenny City Harriers	1.63	
2008	Ciara Walsh	Tralee Harriers	1.64	
2009	Emily Rogers	St. Peter's Dromiskin	1.61	
2010	Aisling Croke	Dooneen	1.73	CR
2011	Amy McTeggart	Boyne	1.62	
2012	Neasa Murphy	Ferrybank	1.58	
2013	Elizabeth Morland	Cushinstown	1.64	
2014	Aisling Keady-Cummins	Craughwell	1.55	
2015	Sommer Lecky	Finn Valley	1.72	
2016	Ruby Millet	St. Abban's	1.64	
2017	Kylie Heinen	Ferrybank	1.64	
2018	Aoife O'Sullivan	Liscarroll	1.67	
2019	Laura Frawley	St. Mary's, Limerick	1.70	

2020-2021 Not held due to Covid 19

2022	Caoimhe Byrne O'Connell	Ennis Track	1.58
2023	Emma O'Donovan	Craughwell	1.55
2024	Zion Osasenaga-Osawe	Donore Harriers	1.62

Pole Vault U16 Girls Indoors

2015	Katie Richie	Ballymena & Antrim	2.80	
2016	Emma Coffey	Carraig na Bhfear	2.80	
2017	Orla Coffey	Carraig na Bhfear	2.75	
2018	Kate Killagrew	West Waterford	2.25	
2019	Una Brice	Leevale	3.00	CR
2020-2021 Not held due to Covid 19				
2022	Kara Morrissey	St. Laurence O'Toole	2.70	
2023	Meabh Corkery	Middleton	2.80	
2024	Noelle Mulcahy	Leevale	2.65	

Long Jump U16 Girls Indoors

1986	Siobhan Hoey	Ballybrittas	5.48	
1987	Susan Smith	St Paul's, Waterford	5.40	
1988-1992 Not held				
1993	Sinead Moffatt	Ballina	5.04	
1994	Niamh Savage	Leevale	5.25	
1995	Sarah Good	Cushinstown	5.60	
1996	Rhona O'Mahony	Claremorris	5.18	
1997	Sinead Swan	Taghmon	5.37	
1998	Ann Marie Lynch	Kilkenny City Harriers	5.72	
1999	Emma Campbell	Newbridge	5.24	
2000	Ciara Kearns	Celbridge	5.76	CR
2001	Cancelled due to Foot & Mouth			
2002	Eleanor O'Gorman	Fanahan McSweeney	5.06	
2003	Fiona Hahnefeld	Portumna	4.96	
2004	Imelda Morrison	Youghal	5.25	
2005	Erin Murphy	Dooneen	5.01	
2006	Hillary Kerr	St. Peter's Dromiskin	4.91	
2007	Orla Finn	Riverstick/Kinsale	5.36	
2008	Sally Rose Maughan	Castlebar	5.58	
2009	Jessica Sheehan	Riverstick/Kinsale	5.22	
2010	Sarah McCarthy	Fingallians	5.74	
2011	Megan Comber	Clonliffe Harriers	5.05	
2012	Annie Stafford	Menapians	5.44	
2013	Elizabeth Morland	Cushinstown	5.53	
2014	Arlene Crossan	Finn Valley	5.41	
2015	Sommer Lecky	Finn Valley	5.43	
2016	Ruby Millet	St. Abban's	5.40	
2017	Lauren Callaghan	Finn Valley	5.41	
2018	Jennifer Hanrahan	Brothers Pearse	5.29	
2019	Laura Frawley	St. Mary's, Limerick	5.53	
2020-2021 Not held due to Covid 19				
2022	Riona Doherty	Finn Valley	5.42	
2023	Caoimhe Daly	Leevale	5.28	
2024	Tiffany Nwaedozie	Belgooly	5.61	

Triple Jump U16 Girls Indoors

2022	Clodagh Donoghue	Nenagh Olympic	10.05	
2023	Anna Paxman	Nenagh Olympic	9.72	
2024	Georgia Myerscough	Crookstown Millview	10.71	CR

Shot Put U16 Girls Indoors

1986	Mary Naughton	Nenagh Olympic	9.30	
1987	Deirdre O'Connell	Tramore	9.10	
1988-1992 Not held				
1993	Caroline Godkin	Kilmore Wexford	10.26	
1994	Nollaig Redmond	North Laois	10.48	
1995	Julie McCorry	Ballymena	12.42	
1996	Catherine Doyle	Gowran	10.39	
1997	Denise Murphy	Leevale	12.44	
1998	Diane Cashman	Glenbower	10.82	
1999	Fionnuala Lombard	Leevale	11.61	
2000	Deirdre Murphy	Leevale	11.67	
2001	Cancelled due to Foot & Mouth			
2002	Kathleen Fitzgerald	Leevale	12.15	
2003	Yvonne Hickey	Gowran	11.67	
2004	Laura Cogan	Newbridge	11.67	
2005	Niamh Mooney	Bilboa	10.42	
2006	Aoife Hickey	Kilkenny City Harriers	12.45	
2007	Cara Kennedy	Ferrybank	11.03	
2008	Ailish Sheehan	Dooneen	11.64	
2009	Niamh Murphy	Blarney/Inniscarra	11.05	
2010	Laura McSweeney	Bandon	11.21	
2011	Niamh McLoughlin	Westport	11.07	
2012	Anne-Marie Tornsey	Fingallians	11.29	
2013	Michaela Walsh	Swinford	13.60	
2014	Orlaith O'Brien	Ferrybank	11.12	
2015	Marguerite Furlong	Adamstown	11.66	
2016	Katie Murphy	St. Peter's	12.08	
2017	Chloe Casey	Craughwell	14.21	
2018	Casey Mulvey	Innyvale	14.67	CR
2019	Kirby Anne Ryan	Tralee Harriers	12.10	
2020-2021 Not held due to Covid 19				
2022	Caoimhe Gallen	Lifford Strabane	12.36	
2023	Meabh O'Connell	Blarney/Inniscarra	12.24	
2024	Emer Purthill	Dooneen	13.18	

4 x 200m Relay U16 Girls Indoors

1991	Finn Valley	1.55.4H
1992	Kilmore	1.51.3H
1993	Roscrea	1.50.2H
1994	Dundrum South Dublin	1.49.4H
1995	Dundrum South Dublin	1.48.2H
1996	Leevale	1.50.1H
1997	Athenry	1.48.5H
1998	Portumna	1.52.4H
1999	Leevale	1.49.1
2000	Celbridge	1.47.6H
2001	Cancelled due to Foot & Mouth	
2002	Leevale	1.49.6H
2003	Ferrybank	1.46.62
2004	Ferrybank	1.46.02

2005	Dooneen	1.48.90	
2006	Athenry	1.49.93	
2007	Leevale	1.49.03	
2008	Dooneen	1.48.35	
2009	Ferrybank	1.43.93	
2010	Ferrybank	1.49.45	
2011	Tír Chonaill	1.48.31	
2012	St Laurence O'Toole	1.49.10	
2013	St Mary's Limerick	1.49.56	
2014	Dundrum South Dublin	1.44.52	CR
2015	Nenagh Olympic	1.47.61	
2016	Carrick-on-Suir	1.45.94	
2017	Tallaght	1.45.25	
2018	Dundrum South Dublin	1.45.90	
2019	Dooneen	1.45.75	
2020-2021 Not held due to Covid 19			
2022	Ratoath	1.44.00	
2023	Leevale	1.45.18	
2024	Ferrybank	1.46.27	

Combined Events U16 Girls Indoors

2002	Leona Byrne	St. Laurence O'Toole	2,583	
2003	Kalyn Sheehan	Ferrybank	2,835	
2004	Kalyn Sheehan	Ferrybank	3,222	
2005	Claire Rockall	Athenry	2,981	
2006	Orla Finn	Riverstick/Kinsale		
2007	Orla Finn	Riverstick/Kinsale	3,133	
2008	Chloe Fahy	Nenagh Olympic	2,764	
2009	Katie Hyland	Westport		
2010	Sarah McCarthy	Fingallians	3,092	
2011	Amy McTeggart	Boyne	2,871	
2012	Annabelle Morris	Blackrock	2,721	
2013	Elizabeth Morland	Cushinstown	3,551	CR
2014	Arlene Crossan	Finn Valley	3,413	
2015	Kate O'Connor	St. Gerard's Dundalk	3,331	
2016	Ella Duane	Crookstown Millview	3,002	
2017	Rhian Kidd	St. Laurence O'Toole	2,891	
2018	Niamh McCorry	Annalee	3,086	
2019	Laura Frawley	St. Mary's, Limerick	3,320	
2020	Niamh Fenlon	North Down	3,069	
2020-2021 Not held due to Covid 19				
2022	Tara O'Connor	Dundalk St. Gerard's	3,322	
2023	Ruby Cummins	Bandon	3,231	
2024	Emer Purtill	Dooneen	3,230	
2025	Cara Ryan	Clonmel	3,088	

60m U15 Boys Indoors

1988	Tom Comyns	Dooneen	7.1H	
1989	Joseph Moran	Dooneen	7.31	
1990	Padraig Lewis	North Laois	7.4H	
1991	Alan McLoughlin	Westport	7.50	
1992	Mark Russell	West Dublin	7.58	
1993	Simon Kehoe	Enniscorthy	7.3H	
1994	Dermot Sheehan	Glenbower	7.2H	
1995	Derek O'Brien	St. Laurence O'Toole	7.4H	
1996	Peter Cummins	Kilmallock	7.48	
1997	Stephen Foy	Mullingar Harriers	7.48	
1998	Paul Hession	Athenry	7.4H	
1999	Darren O'Donovan (tied)	Leevale	7.3	
1999	Daragh Graham (tied)	Inbhear Dee	7.3	
2000	Steven Cavanagh	Sparta North West	7.46	
2001	Cancelled due to Foot & Mouth			
2002	Luke Sweetman	Fingallians	7.66	
2003	Brendan O'Connor	Beara	7.86	
2004	Patrick McCarron	Glaslough Harriers	7.3H	
2005	Fearghus Hannon	Tullamore Harriers	7.68	
2006	Chris Fullerton	Canon Burke	7.54	
2007	Ben McGillian	Strabane Track Club	7.88	
2008	Ciaran Greene	Templeogue	7.53	
2009	Marcus Lawler	St. Laurence O'Toole	7.65	
2010	Garbhan McKenna	Glaslough Harriers	7.73	
2011	Sean Lawlor	Donore Harriers	7.43	
2012	Luke Ring	Leevale	7.53	
2013	Daniel Ryan	Moycarkey Coolcree	7.31	
2014	Tony Odubote	Ennis Track	7.36	
2015	Darragh Minter	St Mary's Clare	7.53	
2016	Michael Farrelly	Portmarnock	7.26	CR
2017	Tony Craig	Lagan Valley	7.55	
2018	Nkemjika Onwumereh	Metro St. Brigids	7.28	
2019	Timmy Wilk	Ballymore Cobh	7.47	
2020-2021 Not held due to Covid 19				
2022	Lemar Lucciamo	Castlegar	7.32	
2023	Christopher Disonama	Nenagh Olympic	7.45	
2024	Joseph Magbagbeola	Navan	7.31	

200m U15 Boys Indoors

1993	Robert Daly	Dundrum South Dublin	23.8H	
1994	Dermot Sheehan	Glenbower	24.5H	
1995	Niall O'Donnell	St. Columb's	24.41	
1996	Richard Phelan	Carrick-on-Suir	24.6H	
1997	Darren Coughlan	Bandon	24.18	
1998	Kieran Hennessy	Leevale	24.2H	
1999	Darragh Graham	Inbhear Dee	23.59	CR
2000	Maurice Donoghue	Carrick-on-Suir	23.72	
Discontinued				

800m U15 Boys Indoors

1988	Niall Timmons	Newbridge	2.14.8H	
1989	Oliver Power	St. Mary's	2.11.2H	
1990	Paul Fleming	WSAF	2.11.HH	
1991	Ken Hennessy	Leevale	2.05.8H	
1992	James Nolan	Ferbane	2.01.0H	CR
1993	Fergus Quinn	Tullamore Harriers	2.12.5H	
1994	Edward Kennedy	Nenagh Olympic	2.12.2H	
1995	Alan Simms	Finn Valley	2.01.66	
1996	Michael McElliott	Tipperary Town	2.09.8H	
1997	Thomas McKeown	West Wicklow	2.02.79	
1998	Paul McGee	Finn Valley	2.03.1H	
1999	Robert O'Rourke	St. Laurence O'Toole	2.05.9	
2000	Darragh Greene	Dunleer	2.07.68	
2001	Cancelled due to Foot & Mouth			
2002	David McCarthy	KCK	2.06.16	
2003	Conor Murphy	Naas	2.11.16	
2004	David Joyce	Castlebar	2.12.20	
2005	Eric Curran	Leevale	2.13.96	
2006	Shane Quinn	Ferrybank	2.07.29	
2007	Paul Scanlon	Individual	2.07.51	
2008	Ruairi Finnegan	Letterkenny	2.10.60	
2009	Shane Fitzsimons	Mullingar Harriers	2.03.85	
2010	Liam Finn	Nenagh Olympic	2.14.87	
2011	William Crowe	North Sligo	2.07.82	
2012	Oisin O'Callaghan	Newry Shamrock	2.08.64	
2013	Conor O'Driscoll	Leevale	2.13.29	
2014	Mark Milner	Tullamore Harriers	2.05.82	
2015	George Lowen	Celbridge	2.10.55	
2016	David Smith	Letterkenny	2.09.74	
2017	Aaron Shorten	St. Laurence O'Toole	2.07.43	
2018	Kelvin O'Carroll	Dooneen	2.13.91	
2019	Finn O'Neill	City of Derry Spartans	2.09.29	
2020-2021 Not held due to Covid 19				
2022	Archie McNamara	Derg	2.07.69	
2023	Daniel Downey	Portlaoise	2.04.77	
2024	Daniel Downey	Portlaoise	1.59.52	

1500m U15 Boys Indoors

1989	Barry Darcy	Loughrea	4.35.70	
1990	Alan McDonnell	Claremorris	4.40.9H	
1991	William Morris	West Dublin	4.22.5H	
1992	James Nolan	Ferbane	4.07.8H	CR
1993	Jason Delaney	United Striders	4.18.3H	
1994	Gareth Turnbull	St. Malachy's	4.11.9H	
1995	Simon Ward	Finn Valley	4.26.81	
1996	Mark Smyth	North Sligo	4.21.1H	
1997	Not held			
1998	Patrick Holbrook	Coalisland	4.53.8H	
1999	Owen Walsh	Clonliffe Harriers	4.32.44	
2000	Patrick McLoughlin	St. Columba's	4.33.26	
Discontinued				

60m Hurdles U15 Boys Indoors

1987	Andrew Monteith	Ferrybank	8.7H	
1988	Carlton Haddock	Togher	8.5H	
1989	Rossa Prendergast	Skerries	8.77	
1990	Stephen Downey	Corbally	8.6H	
1991	Fergal English	St. Mary's	8.7H	
1992	Not held			
1993	Brian Cullinane	Nenagh Olympic	8.5H	
1994	Neilus McCarthy	Clonalour	8.6H	
1995	Ashley Henry	Corran	8.89	
1996	Conor McPhillips	Dundrum South Dublin	8.36	CR
1997	Timothy Flannery	Nenagh Olympic	8.60	
1998	Kieran Hennessy	Leevale	8.4H	
1999	Damien Munnely	Ballina	8.56	
2000	Maurice Donoghue	Carrick-on-Suir	8.76	
2001	Cancelled due to Foot & Mouth			
2002	Gary Dunphy	St. Paul's	9.18	
2003	Brendan O'Connor	Beara	9.38	
2004	Steven Walsh	Castlebar	8.82	
2005	Fearghus Hannon	Tullamore Harriers	9.17	
2006	Paul Whelan	Dublin Striders	9.07	
2007	Sipke Shaughnessy	Bandon	9.41	
2008	Conor Daly	St. Abban's	9.78	
2009	Eoin O'Carroll	Tralee Harriers	9.17	
2010	Garbhan McKenna	Glaslough Harriers	8.98	
2011	Michael Quilligan	Nenagh Olympic	9.07	
2012	Ryan Murray	Bree	9.06	
2013	Daniel Ryan	Moycarkey Coolcree	8.50	
2014	Kolade Abiodun	Donore Harriers	9.89	
2015	Joseph McEvoy	Nenagh Olympic	9.20	
2016	Cian O'Connell	Lake District	8.83	
2017	Reece Ademola	Leevale	9.11	
2018	Harry Nevin	Leevale	8.60	
2019	David Mannion	South Galway	9.09	
2020-2021 Not held due to Covid 19				
2022	Conor Penney	Craughwell	9.33	
2023	Eddie Raicevec	Finisk Valley	8.80	
2024	Rahman Amusa Adekunle	Leevale	9.18	

1000m Walk U15 Boys Indoors

1989	John Horan	Moyvane	7.30.88	1500m
1990	Diarmuid Sheehy	Bilboa	7.31.8	1500m
1991	Jamie Costin	Ring Old Parish	7.30.1	1500m
1992	Jamie Costin	Ring Old Parish	6.37.3	1500m
1993	Mark Lennon	Kilkenny City Harriers	7.14.0	1500m
1994	Gary Murphy	St. Laurence O'Toole	7.06.3	1500m
1995	Seamus O'Donnell	St. Finian's	7.24.1	1500m
1996	Seamus O'Donnell	St. Finian's	7.08.7	1500m
1997	Colin Griffin	Ballinamore	7.19.6	1500m
1998	Alan Kennedy	West Wicklow	7.25.3	1500m
1999				1500m
2000	PJ O'Keeffe	Kilkenny City Harriers	7.17.62	1500m
2001	Cancelled due to Foot & Mouth			
2002	Martin Manning	St. Joseph's	4.23.84	
2003	Paul Fitzpatrick	Shercock	5.18.92	
2004	Niall Prendiville	Farranfore Maine Valley	5.04.28	
2005	Cian McManamon	Westport	5.25.25	
2006	Gearoid Sheehy	Bilboa	5.12.17	
2007	Eoin O'Muircheartaigh	Lios Tuathail	5.14.51	

2008	Damien McAree	Glaslough Harriers	5.10.15	
2009	Evan Lynch	Clonmel	4.42.61	
2010	Cormac Byrne	Bree	4.46.33	
2011	Nathan Murphy	St Coca's	4.44.08	
2012	Joseph Mooney	Adamstown	5.35.35	
2013	James McNabola	Mohill	5.08.46	
2014	Gearoid McMahon	Shannon	4.20.29	
2015	Liam McDonagh	Moycarkey Coolcree	4.56.80	
2016	James Hanlon	Taghmon	5.06.50	
2017	Matthew Glennon	Mullingar Harriers	5.15.87	
2018	Noah McConway	St. Cronan's	5.12.07	
2019	Patrick Hyland	Swinford	4.51.74	
2020-2021 Not held due to Covid 19				
2022	Matthew Newell	Clare River Harriers	4.05.43	CR
2023	Tom Gostick	Swinford	4.57.46	
2024	Ryan McDevitt	Metro/St. Brigid's	4.27.28	

High Jump U15 Boys Indoors

1985	Joey O'Leary	Finn Valley	1.65	
1986	Stephen Noonan	Carrignavar	1.73	
1987	Aidan Slevin	St Luas	1.75	
1988	Darragh Murphy	North Down	1.80	
1989	Darragh Murphy	North Down	1.75	
1990	Antoine Burke	Dooneen	1.77	
1991	Alan McLoughlin	Westport	1.75	
1992	Not held			
1993	Gerard O'Sullivan	Ferrybank	1.76	
1994	Dermot Sheehan	Glenbowe	1.80	
1995	Alan Casey	Tallaght	1.92	CR
1996	Kevin Burke	Dooneen	1.74	
1997	Barry O'Brien	Midleton	1.79	
1998	Garreth Hughes	St. John Bosco	1.74	
1999	Mark Brennan	St. Abban's	1.74	
2000	Shane Mullins	Clonmel	1.80	
2001	Cancelled due to Foot & Mouth			
2002	David Andrew Shields	Canon Burke	1.83	
2003	Ciaran Malone	Na Fianna	1.62	
2004	Chris McDonald	Canon Burke	1.66	
2005	Jason Harvey	Lagan Valley	1.86	
2006	Ben Cunningham	Ferrybank	1.60	
2007	Diarmuid O'Connell	St. Ita's	1.60	
2008	Eric Stam	Leevale	1.70	
2009	Robert Bill	Ballymena & Antrim	1.61	
2010	Sam Healy	Belgooly	1.71	
2011	Paul Sexton	Annalee	1.55	
2011	Conor McKinney	Lifford	1.55	
2011	Keith Marks	Cushinstown	1.55	
2012	Jack Murphy	Leevale	1.75	
2013	Jack Rudden-Kelly	Donore Harriers	1.71	
2014	Ben Donovan	Abbey Striders	1.80	
2015	Lucas Moylan	Suncroft	1.75	
2016	Conor Blake	St. John's	1.66	
2017	Reece Ademola	Leevale	1.71	
2018	Sean Kavanagh	Midleton	1.70	
2019	Mathieu Madden	Galway City Harriers	1.65	
2020-2021 Not held due to Covid 19				
2022	Conor Penney	Craughwell	1.74	
2023	Oisin Gillespie	Rosess	1.69	
2024	Donal Ryan	Templemore	1.80	

Long Jump U15 Boys Indoors

1988	Damien Coleman	Portumna	5.66	
1989	Darragh Murphy	North Down	5.59	
1990	Scott Brown	North Laois	5.65	
1991	Alan McLoughlin	Westport	6.00	
1992	Tim Pat O'Connor	Limerick Emerald	5.68	
1993	Brian Cullinane	Nenagh Olympic	5.87	
1994	Karl Nicholson	Sligo	5.56	
1995	Michael McGroarty	Milford	5.78	
1996	Richard Phelan	Carrick-on-Suir	5.88	
1997	Brian Wall	Glenbowe	5.85	
1998	Donovan McKillen	Mid Ulster	5.70	
1999	Owen O'Connell	Listowel	5.63	
2000	Shane Mullins	Clonmel	6.13	
2001	Cancelled due to Foot & Mouth			
2002	Luke Sweetman	Fingallians	5.32	
2003	David Fleming	Gneeveguilla	5.66	
2004	Philip Burns	Bandon	5.41	
2005	Timothy Harrington	Courcies	5.58	
2006	Nathan Jege	Shannon	5.74	
2007	Sipke Shaughnessy	Bandon	5.26	
2008	Jamie Devine	City of Derry	5.65	
2009	Eoin O'Carroll	Tralee Harriers	5.79	
2010	Sam Healy	Belgooly	5.73	
2011	Adam Doran	Lucan Harriers	5.51	
2012	Conor Dempsey	Greystones & District	5.39	
2013	Daniel Ryan	Moycarkey Coolcroe	6.14	CR
2014	David Ryan	Moycarkey Coolcroe	5.57	
2015	Brian Lynch	Old Abbey	5.72	
2016	Michael Farrelly	Portmarnock	5.52	
2017	Reece Ademola	Leevale	5.95	
2018	Danny Kelly	Belgooly	5.49	
2019	Oisin Okiemute Tebite	Metro St. Brigid's	5.50	
2020-2021 Not held due to Covid 19				
2022	Philip Finnan	Athlone IT	5.54	
2023	Alex Jaworski	Midleton	5.72	
2024	Joseph Magbagbeola	Navan	5.79	

Pole Vault U15 Boys Indoors

2015	Patrick Fitzgerald	West Waterford	2.10	
2016	Adam O'Dwyer	Moycarkey Coolcroe	2.70	
2017	Dillon Ryan	Moycarkey Coolcroe	2.71	
2018	Adam Nolan	St. Laurence O'Toole	2.90	
2019	Joshua Fitzgerald	Leevale	2.45	
2020-2021 Not held due to Covid 19				
2022	James Rochford	Ennis Track	2.91	
2023	Daragh O'Sullivan	Naas	2.35	
2024	Fionn Naughton	Leevale	3.00	CR

Shot Put U15 Boys Indoors

1987	Padraig Keane	Listowel	12.05	
1988	John Kelly	Lifford	13.43	
1989	Pat Nangle	Tramore	13.15	
1990	John Leahy	North Clare	13.62	
1991	Chris Rooney	East Dublin	14.19	
1992	Eamonn Braniff	East Down	13.54	
1993	Trevor Black	Cookstown HS	13.03	
1994	Sean Breathnach	Carraroe	16.99	CR
1995	Shane McElhone	Kilmore Wexford	13.30	
1996	John Hobbs	Leevale	13.47	
1997	Neville Coughlan	Tullamore Harriers	13.18	
1998	Geoffrey Mullins	Limerick Emerald	14.35	
1999	Eoin Leen	Clounalour	14.90	
2000	John Dilworth	Blarney/Inniscarra	13.10	
2001	Cancelled due to Foot & Mouth			
2002	Michael Whelan	Lios Tuathail	12.25	
2003	Ross Gildea	Sligo	13.19	
2004	Dale Kennedy	Ferrybank	13.50	
2005	Barry McGuinness	DMP	12.50	
2006	Laimonas Ruibys	Westport	13.55	
2007	Patrick McSweeney	Bandon	11.81	
2008	Jamie Devine	City of Derry	13.47	
2009	Tom Whelan	St. Senan's	13.60	
2010	John Kelly	Finn Valley	15.56	
2011	Benny Healy	Fanahan McSweeney	13.69	
2012	Matthew Dalton	City of Lisburn	13.38	
2013	Oisin Kiernan	Inny Vale	13.20	
2014	James Kelly	Finn Valley	16.78	
2015	Darragh Minitier	St. Mary's Clare	15.38	
2016	Adam Sheridan	Westport	13.82	
2017	Jack Forde	St. Killian's	13.46	
2018	Callum Keating	North Cork	14.79	
2019	Karlis Kaugars	Dunleer	16.32	
2020-2021	Not held due to Covid 19			
2022	Ross O'Connor	Aughagower	14.15	
2023	Chucks Onyeka	Belgooly	14.66	
2024	Fionn Naughton	Leevale	13.31	

4x200m Relay U15 Boys Indoors

1988	Togher	1.45.1H	
1989	Togher	1.46.82	
1990	Leevale	1.47.4H	
1991	Leevale	1.41.8H	
1992	Carrick-on-Suir	1.44.3H	
1993	Dundrum South Dublin	1.42.3H	
1994	Ballina	1.42.9H	
1995	Dundrum South Dublin	1.42.4H	
1996	Kilmore Dublin	1.42.1H	
1997	Leevale	1.42.2H	
1998	Dundrum South Dublin	1.43.1H	
1999	Glenbowor	1.41.3	
2000	Portumna	1.38.6H	CR
2001	Cancelled due to Foot & Mouth		
2002	Carrick on Shannon	1.44.6H	
2003	Kilkenny City Harriers	1.45.74	
2004	Celbridge	1.46.16	
2005	Leevale	1.46.33	

2006	Dundrum South Dublin	1.47.61
2007	Letterkenny	1.47.96
2008	Castlebar	1.47.52
2009	St. Laurence O'Toole	1.44.14
2010	Dooneen	1.45.39
2011	North Sligo	1.41.83
2012	Leevale	1.43.89
2013	Dunshaughlin	1.43.60
2014	St Laurence O'Toole	1.40.92
2015	Dooneen	1.45.29
2016		
2017	Templemore	1.42.36
2018	Cabinteely	1.41.27
2019	Finn Valley	1.42.82
2020-2021 Not held due to Covid 19		
2022	Leevale	1.42.50
2023	Farranfore Maine Valley	1.43.50
2024	Ferrybank	1.46.27

Combined Events U15 Boys Indoors

1992	Larry Morrissey	Ferrybank	3,541	CR
1993 - 1999 Not held				
2000	Shane Mullins	Clonmel	2,437	
2001	Thomas Coughlan	Tullamore Harriers	2,662	
2002 -2010 Not held				
2011	Michael Quilligan	Nenagh Olympic	3,113	
2012	Jack Manning	Kilkenny City Harriers	2,506	
2013	Daniel Ryan	Moycarkey Coolcree	3,261	
2014	David Ryan	Moycarkey Coolcree	2,909	
2015	Darragh Miniter	St Mary's Clare	2,869	
2016	Daniel Hurley	Old Abbey	2,552	
2017	Reece Ademola	Leevale	2,752	
2018	Harry Nevin	Leevale	3,348	
2019	Finn O'Neill	City of Derry	3,051	
2020	John Cashman	Leevale	2,640	
2020-2021 Not held due to Covid 19				
2022	Sean Hoade	Craughwell	3,045	
2023	Daniel Downey	Portlaoise	2,567	
2024	Fionn Naughton	Leevale	2,299	
2025	John Fitzpatrick	Longford	2,307	

60m U15 Girls Indoors

1988	Nicola Meenan	Newbridge	7.9H	
1989	Arlene Smith	Breffni Harriers	7.79	
1990	Lena Barry	Limerick Emerald	7.8H	
1991	Lena Barry	Limerick Emerald	7.90	
1992	Amanda Clifford	Leevale	8.02	
1993	Siobhan O'Connor	St. Abban's	7.79	
1994	Aoife Ahearne	St. Mary's	7.7H	
1995	Ciara Sheehy	West Dublin	7.89	
1996	Emily Maher	Kilkenny City Harriers	7.95	
1997	Ann Marie Lynch	Kilkenny City Harriers	8.05	
1998	Sharon Kelly	Leevale	7.7H	
1999	Azi Jegbefume	Dundrum South Dublin	8.15	
2000	Aoife Hazel McNeill	Dundrum South Dublin	7.80	
2001	Cancelled due to Foot & Mouth			
2002	Elaine Healy	Ballina	8.26	
2003	Kalyn Sheehan	Ferrybank	8.08	
2004	Brenda Doherty	KCK	7.9H	
2005	Niamh O'Dowd	Carrick on Shannon	8.34	
2006	Joan Healy	Bandon	8.11	
2007	Jane Dickenson	Dooneen	7.95	
2008	Sarah Lavin	Limerick Emerald	7.96	
2009	Ann O'Shea	Ferrybank	7.60	CR
2010	Bronwyn Keogh	Fingallians	8.08	
2011	Grace Lawler	St Laurence O'Toole	8.01	
2012	Phoebe Murphy	Clonmel	8.07	
2013	Molly Scott	St Laurence O'Toole	7.80	
2014	Alana Ryan	Greystones & District	8.12	
2015	Patience Jumbo-Gula	St Gerard's	7.84	
2016	Niamh Foley	St. Mary's Limerick	7.83	
2017	Ailbhe Doherty	Ennis	7.86	
2018	Ella Scott	Leevale	7.91	
2019	Grace Rooney	Youghal	7.84	
2020-2021	Not held due to Covid 19			
2022	Angela Cielecka	Galway City Harriers	7.91	
2023	Destiny Lawal	Dooneen	7.81	
2024	Alison Scully	Leevale	7.76	

200m U15 Girls Indoors

1993	Grainne Redmond	Cushinstown	26.0H	
1994	Sinead Galvin	Dom Savio	26.4H	
1995	Ciara Sheehy	West Dublin	26.07	
1996	Derval O'Rourke	Leevale	26.15	
1997	Ann Marie Lynch	Kilkenny City Harriers	26.26	
1998	Noreen Kelly	Ballybrack	26.1H	
1999	Ciara Kearns	Celbridge	26.64	
2000	Claire Bergin	Dundrum South Dublin	25.74	CR
Discontinued				

800m U15 Girls Indoors

1988	Sandra Byrne	AMRA	2.22.7H	
1989	Arlene Smith	Breffni Harriers	2.21.38	
1990	Olivia Flannery	Monaghan Phoenix	2.26.4	
1991	Colette Ryan	MAD	2.21.9H	
1992	Cathriona O'Brien	Rathfarnham WSAF	2.23.1H	
1993	Claire Sweeney	Milford	2.31.7H	
1994	Aoibhlin O'Toole	Dundrum South Dublin	2.24.9H	
1995	Karen O'Donnell	Olympian	2.24.64	
1996	Eimear O'Shea	St. Michael's	2.16.4H	
1997	Emer Doolaghty	Marian	2.19.89	
1998	Brid Byrne	St. Flannan's	2.27.4H	
1999	Aine Mulcahy	Nenagh Olympic	2.27.2	
2000	Victoria Mallett	Sparta North West	2.25.66	
2001	Cancelled due to Foot & Mouth			
2002	Michelle Sands	Athenry	2.24.52	
2003	Grace Crowley	St. Ita's	2.22.16	
2004	Ciara Everard	Kilkenny City Harriers	2.19.98	
2005	Beth Walsh	Ferrybank	2.23.06	
2006	Clare Godden	Dundrum South Dublin	2.25.15	
2007	Jessica Neville	Blarney/Inniscarra	2.25.92	
2008	Amy O'Donoghue	Limerick Emerald	2.25.32	
2009	Elizabeth Carr	Mullingar Harriers	2.22.33	
2010	Alanna Lally	Galway City Harriers	2.20.73	
2011	Aisling Quinn	Ferrybank	2.20.06	
2012	Aishling Forkan	Swinford	2.21.91	
2013	Eva O'Donovan	Navan	2.19.77	
2014	Alex O'Neill	St Cronan's	2.16.48	
2015	Aine Corcoran	Shercock	2.25.48	
2016	Corrine Kenny	St. Laurence O'Toole	2.20.78	
2017	Ailbhe Doherty	Ennis	2.14.24	
2018	Emma Moore	Galway City Harriers	2.13.16	
2019	Renee Crotty	Annalee	2.19.99	
2020-2021 Not held due to Covid 19				
2022	Emily Bolton	Donore Harriers	2.15.70	
2023	Freya Bateman	Belgooly	2.13.87	
2024	Freya Renton	Westport	2.12.12	CR

1500m U15 Girls Indoors

1989	Colette O'Riordan	Muskerry	5.08.30	
1990	Susan Murnane	Unattached	4.54.2H	
1991	Cathriona O'Brien	Rathfarnham WSAF	5.07.9H	
1992	Cathriona O'Brien	Rathfarnham WSAF	4.53.7H	
1993	Deirdre O'Connor	Claremorris	5.13.0H	
1994	Kathryn Casserly	Castlegar	4.50.4H	
1995	Ann Marie Larkin	Tullamore Harriers	4.49.67	CR
1996	Carol O'Regan	Coolyroe	4.59.8H	
1997	Not held			
1998	Louise Murphy	Leevale	4.58.4H	
1999	Niamh O'Boyle	Newbridge	5.04.89	
2000	Tracy Williams	Tallaght	5.11.16	
Discontinued				

60m Hurdles U15 Girls Indoors

1987	Jean O'Gorman	Newport	8.8H	
1988	Jean O'Gorman	Newport	8.8H	
1989	Sandra Ball	Limerick Emerald	9.17	
1990	Patricia Naughton	Nenagh Olympic	9.2H	
1991	Melissa Collins	Loughrea	9.1H	
1992	Not held			
1993	Siobhan McWeeney	Carrick on Shannon	8.8H	
1994	Nicola Farrell	Claremorris	9.4H	
1995	Aine Cuddihy	Carrick-on-Suir	9.51	
1996	Derval O'Rourke	Leevale	9.40	
1997	Niamh Cummins	KCK	9.29	
1998	Sharon Kelly	Leevale	9.2H	
1999	Ciara Kearns	Celbridge	9.33	
2000	Emer Naughton	Marian	9.32	
2001	Cancelled due to Foot & Mouth			
2002	Fiona Hannefield	Portumna	9.54	
2003	Kalyn Sheehan	Ferrybank	9.28	
2004	Sinead Long	Carrick-on-Suir	9.64	
2005	Shauna Furman	Clonliffe Harriers	9.59	
2006	Orla Finn	Riverstick / Kinsale	9.35	
2007	Chloe Fahy	Nenagh Olympic	9.66	
2008	Sarah Lavin	Limerick Emerald	9.09	
2009	Ciara Giles Doran	Ferrybank	9.38	
2010	Christine Campion	Celbridge	9.47	
2011	Kate McGowan	Tír Chonail	9.41	
2012	Christine O'Donnell	Gowran	9.48	
2013	Shannon Sheehy	Cushinstown	9.25	
2014	Ciara Deely	Kilkenny City Harriers	9.21	
2015	Miriam Daly	Carrick-on-Suir	9.01	
2016	Niamh Foley	St. Mary's Limerick	8.98	
2017	Laura Gallagher	Dundrum South Dublin	9.27	
2018	Ella Scott	Leevale	8.78	CR
2019	Ava McKeon	Galway City Harriers	9.10	
2020-2021 Not held due to Covid 19				
2022	Ellis McHugh	Ferrybank	9.45	
2023	Rachel Warde	Craughwell	9.14	
2024	Rachael Treacy	Tuam	9.05	

1000m Walk U15 Girls Indoors

1989	Nicola Costin	Ring Old Parish	8.07.66	1500m	
1990	Linda O'Sullivan	Marian	8.08.9H	1500m	
1991	Ann Brigdale	Marian	8.06.51	1500m	
1992	Siobhan Allen	Ballina	7.58.3H	1500m	
1993	Siobhan O'Malley	Bilboa	7.45.5H	1500m	
1994	Siobhan O'Malley	Bilboa	7.32.6H	1500m	
1995	Deirdre Brennan	St. Laurence O'Toole	7.37.0H	1500m	
1996	Deirdre Brennan	St. Laurence O'Toole	7.21.9H	1500m	
1997	Ann O'Malley	Bilboa	7.36.90	1500m	
1998	Ann O'Malley	Bilboa	7.26.8H	1500m	
1999	Ciara McDermott	Ballina	7.37.9	1500m	
2000	Catriona McMahon	St. Mary's Limerick	7.56.00	1500m	
2001	Cancelled due to Foot & Mouth				
2002	Nicola Alcorn	Finn Valley	5.17.1H		
2003	Sorcha Prendiville	Lios Tuathail	4.39.14		
2004	Sinead Tighe	Ballinamore	5.14.10		
2005	Aoife Whelan	Finn Valley	5.01.6H		
2006	Fiona Dennehy	St. Senan's	4.59.42		
2007	Emma Prendiville	Farranfore Maine Valley	4.54.6H		
2008	Kate Veale	West Waterford	4.29.04		CR
2009	Michelle Beirne	Mohill	5.00.61		
2010	Stephanie Morley	Claremorris	5.17.16		
2011	Sinead O'Connor	Celbridge	4.59.54		
2012	Dearbhaile Beirne	Mohill	4.37.47		
2013	Angharad Loughnane	Marian	5.06.56		
2014	Niamh O'Connor	Celbridge	4.36.96		
2015	Sarah Glennon	Mullingar Harriers	NT		
2016	Emily MacHugh	Naas	4.32.43		
2017	Ava Ross	Glaslough	4.55.92		
2018	Maeve O'Connor	Waterford	5.05.79		
2019	Bridin Doyle	Craanford Harriers, Wexford	5.03.65		
2020-2021 Not held due to Covid 19					
2022	Savanagh O'Callaghan	Tuam	4.35.14		
2023	Sarah Mulvaney Kelly	North Leitrim	4.46.32		
2024	Amy Walsh	St. Josephs, Kilkenny	4.58.22		

High Jump U15 Girls Indoors

1984	Brid Hallissey	Ferrybank	1.59		
1985	Vickie Kavanagh	WSAF	1.50		
1986	Lilian Casey	St. Michaels, Clonmel	1.53		
1987	Sharon Foley	Lifford	1.60		
1988	Linda Stubbs	Tramore	1.63		
1989	Elaine Ball	Limerick Emerald	1.62		
1990	Linda Power	Tramore	1.61		
1991	Georgina Brennan	Newbridge	1.61		
1992	Not held				
1993	Deirdre Ryan	Claremorris	1.55		
1994	Rachel McMillan	Templemore	1.53		
1995	Ann M. O'Callaghan	Kilmallock	1.56		
1996	Geraldine Stewart	St. John Bosco	1.64		
1997	Deirdre Ryan	Dundrum South Dublin	1.72		CR
1998	Maria O'Rourke	St. Laurence O'Toole	1.58		
1999	Eva Bolton	Ballina	1.56		
2000	Sharon Heveran	Westport	1.58		
2001	Cancelled due to Foot & Mouth				
2002	Jenny Reilly	Na Fianna	1.55		
2003	Pamela Hughes	Westport	1.56		
2004	Grainne Moggan	Brothers Pearse	1.50		

2005	Blaithin Jones	Dundrum South Dublin	1.53
2006	Maria Harrington	Westport	1.61
2007	Catherine Corcoran	Bree	1.50
2008	Emily Rogers	St. Peter's Dromiskin	1.55
2009	Louise O'Connor	Tralee Harriers	1.55
2010	Grace McKenzie	Belgooly	1.61
2011	Neasa Murphy	Ferrybank	1.55
2012	Niamh Kelly	Boyne	1.50
2013	Shannon Sheehy	Cushinstown	1.61
2014	Ciara Deely	Kilkenny City Harriers	1.64
2015	Sophie Meredith	St Mary's Limerick	1.65
2016	Ciara Kennelly	Killarney Valley	1.66
2017	Aoife O'Sullivan	Liscarroll	1.58
2018	Katie Nolke	Ferrybank	1.60
2019	Ava Rochford	Ennis	1.63
2020-2021 Not held due to Covid 19			
2022	Lauryn Healy	Dundrum South Dublin	1.58
2023	Giselle Ahern	Belgooly	1.55
2024	Cara Ryan	Clonmel	1.56

Pole Vault U15 Girls Indoors

2015	Aisling Cassidy (tied)	Bandon	2.40	
2015	Olivia Savage (tied)	City of Lisburn	2.40	
2016	Anna Ryan	Moycarkey Coolcree	2.50	
2017	Abbie O'Neill	Ballymena & Antrim	2.30	
2018	Una Brice	Leevale	2.25	
2019	Ava Rochford	Ennis	2.60	CR
2020-2021 Not held due to Covid 19				
2022	Autumn Deveraux	Youghal	2.40	
2023	Noelle Mulcahy	Leevale	2.50	
2024	Aoife Corkery	Midleton	2.40	

Long Jump U15 Girls Indoors

1988	Mary Davitt	Clonliffe Harriers	5.01
1989	Michelle Given	Lifford	5.09
1990	Shauna Colhoun	Lifford	5.11
1991	Melissa Collins	Loughrea	5.18
1992	Sinead Moffatt	Ballina	5.07
1993	Siobhan McWeeney	Carrick on Shannon	5.04
1994	Sarah Good	Cushinstown	5.39
1995	Sarah Phelan	Dundrum South Dublin	4.96
1996	Sinead Swan	Taghmon	5.40
1997	Ann Marie Lynch	Kilkenny City Harriers	5.23
1998	Noreen Kelly	Ballybrack	5.10
1999	Ciara Kearns	Celbridge	5.39
2000	Aoife Hazel McNeill	Dundrum South Dublin	5.24
2001	Cancelled due to Foot & Mouth		
2002	Fiona Hannefield	Portumna	5.02
2003	Kalyn Sheehan	Ferrybank	5.08
2004	Ailbhe Enright	Naas	5.02
2005	Blaithin Jones	Dundrum South Dublin	4.70
2006	Orla Finn	Riverstick/Kinsale	5.15
2007	Joanna Mills	Ballymena & Antrim	5.18

2008	Jessica Sheehan	Riverstick/Kinsale	4.86	
2009	Ciara Giles Doran	Ferrybank	5.49	CR
2010	Bronwyn Keogh	Fingallians	4.90	
2011	Roseanna McGuckian	City of Lisburn	5.00	
2012	Elizabeth Morland	Cushinstown	5.32	
2013	Arlene Crossan	Finn Valley	5.24	
2014	Kate O'Connor	St. Gerard's Dundalk	5.21	
2015	Sophie Meredith	St Mary's Limerick	5.46	
2016	Rhasidat Adeleke	Tallaght	5.29	
2017	Jennifer Hanrahan	Brothers Pearse	5.28	
2018	Laura Frawley	St. Mary's Limerick	5.30	
2019	Hannah Moriarty	Lucan Harriers	5.07	
2020-2021 Not held due to Covid 19				
2022	Angela Cielecka	Galway City Harriers	5.18	
2023	Tiffany Nwaedozie	Belgooly	5.09	
2024	Clara Whelan	North Cork	5.23	

Shot Put (2.72kg) U15 Girls Indoors

1987	Elaine Hayes	North Laois	9.86	
1988	Helen Delves	WSAF	10.67	
1989	Hilary Whitty	Blarney	10.05	
1990	Roisin Morrin	North Laois	10.66	
1991	Edel Meagher	Blarney	10.55	
1992	Laura Hartley	Ferrybank	11.55	
1993	Niamh Hopkins	Westport	10.83	
1994	Sinead Kehoe	Tramore	11.16	
1995	Sinead Hartnett	Clonliffe Harriers	10.05	
1996	Denise Murphy	Leevale	12.20	
1997	Diane Cashman	Glenbower	10.48	
1998	Gillian Austin	Borrisokane	11.32	
1999	Deirdre Murphy	Leevale	10.75	
2000	Leanne Hayes	North Laois	10.91	
2001	Cancelled due to Foot & Mouth			
2002	Leanne Hynes	Na Fianna	11.05	
2003	Laura Cogan	Newbridge	11.64	
2004	Andrea McEvoy	Gowran	10.58	
2005	Aoife Hickey	Kilkenny City Harriers	12.18	
2006	Fiona Moloney	Dooneen	11.19	
2007	Ailish Sheehan	Dooneen	11.92	
2008	Niamh Murphy	Blarney/Inniscarra	10.68	
2009	Laura McSweeney	Bandon	11.87	
2010	Niamh McLoughlin	Westport	11.16	
2011	Anne-Marie Tornsey	Fingallians	11.52	
2012	Michaela Walsh	Swinford	12.47	
2013	Niamh Fogarty	Mullingar Harriers	12.08	
2014	Marguerite Furlong	Adamstown	11.54	
2015	Katie Murphy	St Peter's	12.49	
2016	Ciara Sheehy	Liscarroll	13.59	
2017	Casey Mulvey	Inny Vale	14.18	CR
2018	Adrienne Gallen	Lifford Strabane	11.48	
2019	Kotryna Pacerinskaite	Fanahan McSweeney	13.07	
2020-2021 Not held due to Covid 19				
2022	Leah Murray	Kildare	11.02	
2023	Emma Edmundson	Nephin	11.44	
2023	Faye Osborn	Tracton	12.43	

4 x 200m Relay U15 Girls Indoors

1988	Cushinstown	1.52.4	
1989	Limerick Emerald	1.53.55	
1990	Leevale	1.56.8H	
1991	Leevale	1.51.3H	
1992	Leevale	1.50.6H	
1993	Claremorris	1.51.7H	
1994	Dundrum South Dublin	1.50.3H	
1995	Metro St. Brigid's	1.47.4H	
1996	Kilkenny City Harriers	1.50.4H	
1997	Leevale	1.49.7H	
1998	Celbridge	1.50.5H	
1999	Leevale		
2000	Dundrum South Dublin	1.48.3H	
2001	Cancelled due to Foot & Mouth		
2002	Inbhear Dee	1.50.8H	
2003	Ferrybank	1.48.84	
2004	Dooneen	1.49.82	
2005	Athenry	1.52.68	
2006	St. John Bosco	1.52.14	
2007	Dooneen	1.49.19	
2008	Limerick Emerald	1.46.78	
2009	Ferrybank	1.48.97	
2010	Tír Chonaill	1.49.52	
2011	Dooneen	1.50.86	
2012	Dundrum South Dublin	1.51.03	
2013	Dundrum South Dublin	1.49.18	
2014	Nenagh Olympic	1.49.72	
2015	St Laurence O'Toole	1.46.82	
2016	Finn Valley	1.47.33	
2017	Dundrum South Dublin	1.48.07	
2018	Tir Chonaill	1.49.55	
2019	Dooneen	1.46.97	
2020-2021 Not held due to Covid 19			
2022	Dooneen	1.46.80	
2023	Dooneen	1.46.55	
2024	Kilkenny City Harriers	1.45.51	CR

Combined Events U15 Girls Indoors

1992	Laura Hartley	Ferrybank	2,701	
1993 - 1999 Not held				
2000	Amanda O'Farrell	Borrisokane	2,301	
2001	Aisling McConville	Dunleer	2,164	
2002 - 2010 Not held				
2011	Deirbhile Ryan	Nenagh Olympic	2,656	
2012	Elizabeth Morland	Cushinstown	2,882	
2013	Shannon Sheehy	Cushinstown	2,988	
2014	Vickie Cusack	Liscarroll	3,051	
2015	Sophie Meredith	St Mary's Limerick	3,416	CR
2016	Holly Meredith	St Mary's Limerick	2,912	
2017	Jennifer Hanrahan	Brothers Pearse	2,894	
2018	Laura Frawley	St Mary's Limerick	3,123	
2019	Ava Rochford	Ennis	3,107	
2020	Hannah Falvey	Belgooly	3,204	
2020-2021 Not held due to Covid 19				
2022	Maeve Purtill	Dooneen	2,862	
2023	Emer Purtill	Dooneen	2,874	
2024	Cara Ryan	Clonmel	3,141	

2025 Molly O'Reilly Dunboyne 2,847

60m U14 Boys Indoors

1987	Shane Slattery	Marian	7.8H	
1988-1992 Not held				
1993	Dermot Sheehan	Glenbower	7.5H	
1994	David McCarthy	Leevale	7.5H	
1995	Conor McPhillips	Dundrum South Dublin	7.71	
1996	Ryan Power	St. Columb's	7.71	
1997	Barry Hazley	Mid Ulster	7.59	
1998	Darragh Graham	Inbhear Dee	7.2H	
1999	John O'Sullivan	Leevale	7.67	
2000	Patrick Corrigan	Shercock	7.62	
2001	Cancelled due to Foot & Mouth			
2002	Brendan O'Connor	Beara	8.08	
2003	Ben McGilton	Tralee Harriers	7.92	
2004	Daniel Pugh	Ballymena & Antrim	8.1H	
2005	Chris Fullerton	Canon Burke	7.95	
2006	Joseph Dowling	Dundrum South Dublin	7.93	
2007	Ciaran Greene	Templeogue	7.74	
2008	Nicholas Twumasi	Marian	7.86	
2009	Garbhan McKenna	Glaslough Harriers	7.99	
2010	Sean Lawlor	Donore Harriers	7.87	
2011	Ryan Murray	Bree	7.92	
2012	Daniel Ryan	Moycarkey Coolcroo	7.72	
2013	Tony Odubote	Ennis Track	7.68	
2014	Conor Morey	Leevale	7.72	
2015	Matthew Buckley	Ratoath	7.63	
2016	Conor Commane	Tralee Harriers	7.69	
2017	Shane Gevero	Cabinteely	7.47	CR
2018	John Ikpotokin	St. Michael's	7.79	
2019	John Cashman	Leevale	7.56	
2020-2021 Not held due to Covid 19				
2022	Chucks Onyeka	Belgooly	7.82	
2023	Fikayo Oluajo	Blackrock (Louth)	7.64	
2024	Harry Atkinson	Metro/St. Brigids	7.75	

800m U14 Boys Indoors

1993	Shane Kearney	Glenbower	2.18.7H	
1994	Leonard McCarthy	Belgooly	2.49.0H	1000m
1995	Tadhg Healy	North Cork	2.52.11	1000m
1996	Thomas McKeown	West Wicklow	2.43.8H	1000m
1997	Not held			
1998	Ruairi McGovern	Glenbower	2.09.6H	
1999	Des Earls	Inbhear Dee	2.16.23	
2000	Danny Darcy	Bagenalstown	2.09.56	CR
2001	Cancelled due to Foot & Mouth			
2002	John Collins	Skibbereen	2.19.82	
2003	David Joyce	Castlebar	2.19.02	
2004	Daniel McNicholas	Castlebar	2.21.36	
2005	Liam Markham	St. Mary's Clare	2.11.45	
2006	Mark English	Letterkenny	2.13.69	
2007	Shane Maguire	Monaghan Phoenix	2.21.72	
2008	Shane Fitzsimons	Mullingar Harriers	2.12.47	

2009	Dylan Sheehan	Dooneen	2.16.90
2010	William Crowe	North Sligo	2.13.72
2011	Stefan McCrossan	Letterkenny	2.20.17
2012	Robert Crowley	St Laurence O'Toole	2.16.71
2013	Mark Milner	Tullamore Harriers	2.16.12
2014	Ben Jones	Greystones & District	2.15.52
2015	Cian McPhillips	Longford	2.16.66
2016	Conor Leane	Dunboyne	2.14.42
2017	Cian Spillane	Farranfore Maine Valley	2.16.93
2018	Finn O'Neill	City of Derry Spartans	2.14.82
2019	Shane Buckley	Dundrum	2.15.86
2020-2021 Not held due to Covid 19			
2022	Daniel Downey	Portlaoise	2.14.58
2023	Robert Gleeson	Newbridge	2.09.92
2024	Darragh Whelan	Limerick	2.10.42

1500m U14 Boys Indoors

1992	Thomas Carey	Bilboa	4.26.9H	CR
1993	Gareth Turnbull	St. Malachy's	4.29.7H	
Discontinued				

60m Hurdles U14 Boys Indoors

1992	Brian Cullinane	Nenagh Olympic	9.29	
1993	Dermot Sheehan	Glenbower	8.9H	
1994	Brian Slattery	Carrick-on-Suir	9.4H	
1995	Rory Liddane	Olympic Harriers	9.07	
1996	Timothy Flannery	Nenagh Olympic	9.17	
1997	Kieran Hennessy	Leevale	9.17	
1998	Damien Munnely	Ballina	9.1H	
1999	Maurice Donoghue	Carrick-on-Suir	8.86	
2000	Greg O'Leary	Leevale	9.34	
2001	Cancelled due to Foot & Mouth			
2002	Eoin Hannon	Ballyskenach	9.44	
2003	Steven Walsh	Castlebar	9.58	
2004	Fearghus Hannon	Tullamore Harriers	9.36	
2005	Paul Whelan	Dublin Striders	9.31	
2006	Mark English	Letterkenny	9.43	
2007	Jordan Pascal Conroy	Tullamore Harriers	9.37	
2008	Ryan McParland	City of Derry	9.50	
2009	Garbhan McKenna	Glaslough Harriers	9.25	
2010	Darren Prout	Coolquill	9.26	
2011	Ryan Murray	Bree	9.67	
2012	Shane Mooney	Tireragh	9.05	
2013	Tony Odubote	Ennis Track	9.33	
2014	Brandon Lee	Athenry	9.64	
2015	Daniel Hurley	Old Abbey	9.26	
2016	Hugh Collins	Leevale	9.55	
2017	Harry Nevin	Leevale	8.87	
2018	Evan Farrelly	Tullamore Harriers	9.23	
2019	John Cashman	Leevale	8.82	CR
2020-2021 Not held due to Covid 19				
2022	Cillin Hoey	Emo/Rath	9.25	
2023	Sean Riordan	Fanahan Mc Sweeney	9.35	
2024	Jay Collins	Dooneen	9.71	

1000m Walk U14 Boys Indoors

1998	Gabriel O'Donnell	St. Finian's	4.51.0H	CR
1999	James Dalton	Hacketstown	4.57.8	
2000	Joseph Kavanagh	St. Andrew's	4.57.08	
2001	Cancelled due to Foot & Mouth			
2002	Evin Allen	Riverstick/Kinsale	5.30.3H	
2003	Niall Prendiville	Farranfore Maine Valley	5.40.2H	
2004	Dermot McLoughlin	Letterkenny	6.01.70	
2005	Gearoid Sheehy	Bilboa	5.06.59	
2006	James Treanor	Monaghan Phoenix	5.39.18	
2007	Shane Byrne	Bree	5.46.9H	
2008	Evan Lynch	Clonmel	5.28.19	
2009	Cormac Byrne	Bree	4.55.99	
2010	Anthony Tobin	Clonmel	5.04.80	
2011	Joseph Mooney	Adamstown	6.21.22	
2012	James McNabola	Mohill	5.35.29	
2013	Gearoid McMahon	Shannon	5.05.21	
2014	Eoin Gaffey	Mohill	5.08.45	
2015	James Hanlon	Taghmon	5.22.94	
2016	Matthew Glennon	Mullingar Harriers	5.42.60	
2017	Noah McConway	St. Cronan's	5.24.03	
2018	Andrew Glennon	Mullingar Harriers	5.33.42	
2019	Ben Wallis	St. Senan's	5.54.74	
2020-2021 Not held due to Covid 19				
2022	Shane Dunleavy	North Sligo	5.05.30	
2023	Karl Casey	North Leitrim	5.05.36	
2024	Conor Brennan	Longford	5.13.29	

High Jump U14 Boys Indoors

1992	Gerard O'Sullivan	Ferrybank	1.67	
1993	Dermot Sheehan	Glenbower	1.64	
1994	Alan Casey	Tallaght	1.68	
1995	Kevin Burke	Dooneen	1.63	
1996	Paul Tohill	Mid Ulster	1.69	
1997	Gareth Hughes	St. John Bosco	1.73	CR
1998	Mark Brennan	St. Abban's	1.59	
1999	Shane Cullinane	Nenagh Olympic	1.65	
2000	Thomas Coughlan	Tullamore Harriers	1.69	
2001	Cancelled due to Foot & Mouth			
2002	Daniel McAuliffe	Blarney/Inniscarra	1.54	
2003	Barry Pender	St. Abban's	1.48	
2004	Jason Harvey	Lagan Valley	1.61	
2005	Alan Campbell	Galway City Harriers	1.45	
2006	Mark English	Letterkenny	1.50	
2007	Luke Allen	St. Coca's	1.48	
2008	Christopher Culleton	DMP	1.50	
2009	Mark Rogers	St. Peter's Dromiskin	1.68	
2010	Mikey Cullen	St. Killian's	1.50	
2011	Victor Costello	Kilkenny City Harriers	1.40	
2012	Jack Rudden-Kelly	Donore Harriers	1.50	
2013	Padraig Nash	Belgooly	1.58	
2014	Tom Gallagher	Ferrybank	1.63	
2015	Robert Dillon	Midleton	1.63	
2016	Jude McCrossan	Lifford Strabane	1.58	
2017	Geoffrey Joy O'Regan	Sun Hill Harriers	1.64	
2018	Evan Hallinan	Craughwell	1.54	
2019	David Marrey	Westport	1.58	

2020-2021 Not held due to Covid 19

2022	Eddie Raicevic	Finisk Valley	1.58
2023	Donal Ryan	Templemore	1.62
2024	John Fitzpatrick	Longford	1.50

Long Jump U14 Boys Indoors

1986	Andrew Monteith	Ferrybank	5.28	
1987	Eoin O'Sullivan	Trim	5.32	
1988-1992 Not held				
1993	Philip Dunne	Skerries	5.29	
1994	Dermot Foran	DMP	5.32	
1995	Kevin Burke	Dooneen	5.80	
1996	Padraigh Kiely	Kilmallock	5.33	
1997	Barry Hazley	Mid Ulster	5.90	CR
1998	Gary Devine	Finn Valley	5.49	
1999	Shane Cullinane	Nenagh Olympic	5.78	
2000	Patrick Corrigan	Shercock	5.68	
2001	Cancelled due to Foot & Mouth			
2002	Eoin Hannon	Ballyskenach	5.28	
2003	Eamonn Daly	Celbridge	4.84	
2004	Timothy Harrington	Courcies	5.23	
2005	Sam Murray	Crookstown Millview	4.84	
2006	Ben McGillan	Strabane Track Club	5.15	
2007	Jordan Broaders	St. Paul's	5.19	
2008	Eoin O'Carroll	Tralee Harriers	5.21	
2009	Ciaran Joyce	Bree	4.90	
2010	Stephen Coleman	Athenry	5.12	
2011	Conor Dempsey	Greystones & District	4.96	
2012	Daniel Ryan	Moycarkey Coolcree	5.64	
2013	David Ryan	Moycarkey Coolcree	5.06	
2014	Patrick Gilceava	Crusaders	5.31	
2015	Daniel Hurley	Old Abbey	5.51	
2016	Conor Commene	Tralee Harriers	5.68	
2017	Danny Kelly	Belgooly	5.83	
2018	Oisin Okiemute Tebite	Metro St. Brigids	5.04	
2019	Daniel Quirk	Greystones & District	4.90	
2020-2021 Not held due to Covid 19				
2022	Stephen Gibbons	Lake District	4.90	
2023	Rahman Adekunle	Leevale	5.26	
2024	Matt David Duro	Kilmore	4.83	

Shot Put (2.72kg) U14 Boys Indoors

1985	Kevin Gallagher	Finn Valley	9.79	
1986	Joe Duffe	Prosperous	12.41	
1987	John Kelly	Lifford	12.70	
1988-1992 Not held				
1993	Kieran Woods	Carrick-on-Suir	11.97	
1994	Dermot Foran	DMP	12.38	
1995	John Hobbs	Leevale	12.21	
1996	Neville Coughlan	Tullamore Harriers	13.16	
1997	Jeffery Mullins	Cahirdavin	13.54	
1998	Jim Healy	Carrick-on-Suir	13.60	
1999	Paul Murphy	Kilmore Wexford	13.29	
2000	Brendan Callinan	St. Laurence O'Toole	13.19	
2001	Cancelled due to Foot & Mouth			
2002				
2003	Dale Kennedy	Ferrybank	11.15	
2004	Jonathan Murphy	Carrig na BhFear	10.41	

2005	Adam Heaslip	Ferrybank	11.85	
2006	Patrick McSweeney	Bandon	10.88	
2007	Paul McGill	Craughwell	12.15	
2008	Ciaran O'Reilly	Shercock	11.53	
2009	John Kelly	Finn Valley	14.00	
2010	Benny Healy	Fanahan McSweeney	13.60	
2011	Jack Manning	Kilkenny City Harriers	11.24	
2012	Rian Kealy	Dunshaughlin	11.68	
2013	James Kelly	Finn Valley	15.38	CR
2014	Jamie Carroll	Tireragh	12.38	
2015	Adam Sheridan	Westport	11.72	
2016	Jack Barnett	Templemore	12.97	
2017	Jonas Norvaisa	Clonliffe Harriers	12.66	
2018	Liam Shaw	Athenry	14.31	
2019	Callum Shorten	St. Laurence O'Toole	12.54	
2020-2021 Not held due to Covid 19				
2022	Max Clover	Bandon	11.41	
2023	Maxwell Marukasanti	Claremorris	12.25	
2024	Kieran Moloney	Killarney Valley	11.80	

4 x 200m Relay U14 Boys Indoors

1991		Dundrum	1.51.9H	
1992		Nenagh Olympic	1.49.27	
1993		Glenbower	1.46.8H	
1994		Leevale	1.47.2H	
1995		Carrick-on-Suir	1.45.5H	
1996		St. Columb's	1.47.7H	
1997		Dundrum South Dublin	1.49.6H	
1998		Finn Valley	1.44.6H	
1999		Portumna	1.44.9	
2000		Shercock	1.49.5H	
2001		Cancelled due to Foot & Mouth		
2002		Kilkenny City Harriers	1.52.2H	
2003		Finn Valley	1.53.80	
2004		St. Abban's	1.53.74	
2005		Athenry	1.52.0H	
2006		Dundrum South Dublin	1.52.63	
2007		Letterkenny	1.52.44	
2008		Tralee Harriers	1.53.27	
2010		Nenagh Olympic	1.50.75	
2011		Leevale	1.50.44	
2012		Menapians	1.48.64	
2013		Donore Harriers	1.49.48	
2014		St Laurence O'Toole	1.48.28	
2015		Portmarnock	1.47.07	
2016		Templemore	1.50.42	
2017		Cabinteely	1.47.55	
2018		South Galway	1.48.76	
2019		Dooneen	1.42.86	CR
2020-2021 Not held due to Covid 19				
2022		Leevale	1.48.09	
2023		Newbridge	1.47.33	
2024		Kilkenny City Harriers	1.50.67	

Combined Events U14 Boys Indoors

2002	Eoin Hannon	Ballyskenach	2,406	
2003	Ryan McDaid	Finn Valley	1,398	
2004	Gavin Carlin	Finn Valley	2,443	
2005	David Hegarty	Killybegs		
2006	Simon Callaghan	Border Ramblers		
2007	Daire Walsh	Leevale	2,940	CR
2008	Eoin O'Carroll	Tralee Harriers	2,804	
2009				
2010	Adam Doran	Lucan Harriers	2,720	
2011	Conor Diskin	Claremorris	2,347	
2012	Ronan Commins	Claremorris	1,742	
2013	David Ryan	Moycarkey Coolcroo	2,216	
2014	Toriq Adegoke	St Laurence O'Toole	2,220	
2015	Daniel Hurley	Old Abbey	2,535	
2016	Reece Ademola	Leevale	2,542	
2016				
2017	Harry Nevin	Leevale	2,892	
2018	William Bello	Ennis	2,209	
2019	John Murphy	Liscarroll	2,256	
2020	Darragh Fahy	Loughrea	2,385	
2020-2021 Not held due to Covid 19				
2022	Eddie Raicevic	Finisk Valley	2,289	
2023	Ryan Onoh	Leevale	2,690	
2024	Tomas McGrath	Ashbourne St Andrews	2,465	
2025	El Nathan Okoh	Longford	2,065	

60m U14 Girls Indoors

1987	Jean O'Gorman	Newport	7.6H	CR
1988-1992 Not held				
1993	Aoife Hearne	St. Mary's	7.8H	
1994	Lisa Roche	Metro St. Brigid's	7.9H	
1995	Derval O'Rourke	Leevale	8.17	
1996	Aoife Collins	Glenbower	7.9H	
1997	Sharon Kelly	Leevale	8.06	
1998	Aisling Maunsell	Leevale	8.0H	
1999	Claire Bergin	Dundrum South Dublin	7.75	
2000	Sinead O'Neill	Templeogue	8.06	
2001	Cancelled due to Foot & Mouth			
2002	Julianne Cantwell	St. Abban's	8.20	
2003	Harriet Cross	Belgooly	8.14	
2004	Kiki Malomo Paris	North Down	8.1H	
2005	Claire Morrissey	KCK	8.17	
2006	Rebecca Corbet	Leevale	8.34	
2007	Sarah Lavin	Limerick Emerald	7.97	
2008	Ann O'Shea	Ferrybank	7.95	
2009	Bronwyn Keogh	Fingallians	8.28	
2010	Grace Lawler	St. Laurence O'Toole	8.13	
2011	Ava Murphy	St Laurence O'Toole	8.36	
2012	Molly Scott	St Laurence O'Toole	8.00	
2013	Alana Ryan	Greystones & District	8.19	
2014	Lauren O'Leary	Limerick Emerald	7.97	
2015	Niamh Foley	St Mary's Limerick	7.93	
2016	Katie Monteith	City of Lisburn	7.85	
2017	Nadislane Kabongo	Brothers Pearse	8.17	
2018	Grace Rooney	Youghal	7.88	
2019	Hannah Falvey	Belgooly	7.98	

2020-2021 Not held due to Covid 19

2022	Rachel Warde	Craughwell	8.09
2023	Aisling Phelan	Castlecomer	7.98
2024	Ruby Cunnane	Corran	8.23

800m U14 Girls Indoors

1993	Julie McAteer	Letterkenny	2.27.0H	
1994	Lynette Aspel	Crookstown Millview	3.05.7H	
1995	Emer O'Shea	St. Michael's	2.59.9H	
1996	Joanne Corcoran	Tullamore Harriers	3.04.7	1000m
1997	Not held			
1998	Ciara Kearns	Celbridge	2.28.3H	
1999	Edel Morrissey	KCK	2.28.33	
2000	Linda Byrne	Dundrum South Dublin	2.23.82	
2001	Cancelled due to Foot & Mouth			
2002	Sarah Connolly	Athenry	2.30.02	
2003	Frances O'Shea	North Cork	2.22.36	
2004	Cliona Ryan	St. Flannan's	2.21.44	
2005	Catriona Hennessy	Marian	2.24.54	
2006	Mary Jones	Dundrum South Dublin	2.29.46	
2007	Stephanie Power	Clonmel	2.26.90	
2008	Siofra Cleirigh Buttner	Dundrum South Dublin	2.25.23	
2009	Megan O'Brien	Clonmel	2.29.72	
2010	Jenna Bromell	Limerick Emerald	2.20.36	
2011	Niamh Casey	Ferrybank	2.27.57	
2012	Ruby Barlow	Dundrum South Dublin	2.25.73	
2013	Alex O'Neill	St Cronan's	2.26.02	
2014	Fiona Doyle	Star of the Laune	2.21.45	
2015	Corrine Kenny	St Laurence O'Toole	2.16.12	CR
2016	Aimee Hayde	Newport	2.17.88	
2017	Emma Moore	Galway City Harriers	2.17.13	
2018	Sophie Quinn	Ratoath	2.20.19	
2019	Zoie Richie	Rathfarnham WSAF	2.17.77	
2020-2021 Not held due to Covid 19				
2022	Freya Bateman	Belgooly	2.25.09	
2023	Freya Renton	Westport	2.15.97	
2024	Nellie Bateman	Belgooly	2.19.43	

1500m U14 Girls Indoors

1992	Maria Lynch	Ajax	5.01.8H	CR
1993	Kathryn Casserly	Castlegar	5.02.0H	
Discontinued				

60m Hurdles U14 Girls Indoors

1992	Siobhan McWeeney	Carrick on Shannon	9.69	
1993	Nicola Farrell	Claremorris	9.4H	
1994	Eilish Cunningham	Westport	9.5H	
1995	Derval O'Rourke	Leevale	9.58	
1996	Aoife Collins	Glenbower	9.54	
1997	Carol Loscher	Roundwood & District	9.44	
1998	Ciara Kearns	Celbridge	9.1H	
1999	Siobhan McGlynn	St. John Bosco	9.50	
2000	Katey Byrd	Belgooly	9.84	
2001	Cancelled due to Foot & Mouth			
2002	Kalyn Sheehan	Ferrybank	9.42	
2003	Claire Rockall	Athenry	9.70	
2004	Blaithin Jones	Dundrum South Dublin	10.04	

2005	Ellen Crotty	Brothers Pearse	9.46	
2006	Tara Fogarty	Carrick-On-Suir	9.68	
2007	April Flynn	Ferrybank	9.69	
2008	Linda Earls	Inbhear Dee	9.68	
2009	Christine Campion	Celbridge	9.55	
2010	Laura Ann Costello	Galway City Harriers	9.58	
2011	Ava Murphy	St Laurence O'Toole	9.56	
2012	Molly Scott	St Laurence O'Toole	9.00	CR
2013	Ciara Deely	Kilkenny City Harriers	9.38	
2014	Miriam Daly	Carrick-on-Suir	9.20	
2015	Niamh Foley	St Mary's Limerick	9.14	
2016	Laura Gallagher	Dundrum South Dublin	9.28	
2017	Lucy-May Sleeman	Leevale	9.27	
2018	Grace Rooney	Youghal	9.21	
2019	Okwu Backari	Leevale	9.12	
2020-2021 Not held due to Covid 19				
2022	Rachel Warde	Craughwell	9.28	
2023	Eva Patton	Loughview	9.49	
2024	Ruby Cunnane	Corran	9.44	

1000m Walk U14 Girls Indoors

1998	Ciara McDermott	Ballina	4.39.4	CR
1999	Catriona McMahon	Cooleyroe	4.57.7	
2000	Carol Burtenshaw	Kildare	4.44.78	
2001	Cancelled due to Foot & Mouth			
2002	Fionnuala Bruton	Finn Valley	5.38.20	
2003	Emma Sharpe	Monasterevin	5.32.76	
2004	Aoife Whelan	Finn Valley	5.08.20	
2005	Julie Prendiville	Estuary	5.21.68	
2006	Emma Prendiville	Farranfore Maine Valley	5.02.21	
2007	Aoife King	Westport	5.13.03	
2008	Michelle Beirne	Mohill	5.22.74	
2009	Clara Tierney	Westport	5.27.29	
2010	Karen Bourke	St. Coca's	5.20.88	
2011	Dearbhaile Beirne	Mohill	5.07.66	
2012	Angharad Loughnane	Marian	5.20.84	
2013	Niamh O'Connor	Celbridge	4.59.59	
2014	Sarah Glennon	Mullingar Harriers	5.09.86	
2015	Emily MacHugh	Naas	NT	
2016	Ava Ross	Glaslough Harriers	5.17.30	
2017	Rhea Donnolly	Celbridge	5.21.68	
2018	Bridin Doyle	Craanford Harriers, Wexford	5.41.70	
2019	Odhrna Hurley	Carraig-Na-Bhfear	5.09.71	
2020-2021 Not held due to Covid 19				
2022	Sarah Mulvanney-Kelly	North Leitrim	4.47.97	
2023	Cealagh McGloin	North Leitrim	4.51.90	
2024	Cuisle O'Callaghan	Tuam	5.02.97	

High Jump U14 Girls Indoors

1992	Deirdre Ryan	Claremorris	1.50	
1993	Deirdre Mullen	St. James Gate	1.51	
1994	Pauline Ryan	Claremorris	1.48	
1995	Siobhan Fitzpatrick	St. Mary's	1.59	
1996	Deirdre Ryan	Dundrum South Dublin	1.60	
1997	Carol Loscher	Roundwood & District	1.65	CR
1998	Eva Bolton	Ballina	1.57	
1999	Collette McBarron	St. John Bosco	1.55	
2000	Amanda Casey	St. Mary's	1.45	

2001	Cancelled due to Foot & Mouth		
2002	Mairead Murphy	Ferrybank	1.46
2003	Sinead Donnelly	Ferrybank	1.49
2004	Janelle McGuirk	Mid Ulster	1.40
2005	Cathriona Farrell	Craughwell	1.63
2006			
2007	Emily Rogers	Dunleer	1.48
2008	Aisling Croke	Dooneen	1.50
2009	Blaithnaid Patton	Finn Valley	1.45
2010	Neasa Murphy	Ferrybank	1.45
2011	Elizabeth Morland	Cushinstown	1.50
2012	Alannah Gannon	Westport	1.51
2013	Ciara Deely	Kilkenny City Harriers	1.60
2014	Sophie Meredith	St Mary's Limerick	1.60
2015	Kylie Heinen	Ferrybank	1.54
2016	Emma Regan	Na Fianna	1.48
2017	Katie Nolke	Ferrybank	1.57
2018	Ava Rochford	Ennis Track Club	1.60
2019	Maya Brennan	St. Abban's	1.60
2020-2021 Not held due to Covid 19			
2022	Kate O'Donovan	Leevale	1.48
2023	Cara Ryan	Clonmel	1.63
2024	Ava Wilson	Bree	1.53

Long Jump U14 Girls Indoors

1986	Sharon Foley	Lifford	4.81	
1987	Nicola Meehan	Newbridge	4.90	
1988-1992 Not held				
1993	Grainne O'Mahony	Claremorris	5.09	
1994	Suzanne Lynch	Carrick Aces	4.95	
1995	Derval O'Rourke	Leevale	5.08	
1996	Sarah Kelly	Portumna	5.05	
1997	Aoife Hoey	Mountmellick	5.04	
1998	Ciara Kearns	Celbridge	5.50	
1999	Fiona McNally	Monaghan Phoenix	4.99	
2000	Karen Nolan	Blessington Valley	4.95	
2001	Cancelled due to Foot & Mouth			
2002	Mairead Murphy	Ferrybank	4.69	
2003	Harriet Cross	Belgooly	4.84	
2004	Kiki Malomo Paris	North Down	4.41	
2005	Cathriona Farrell	Craughwell	5.05	
2006	Joanna Mills	Ballymena & Antrim	4.72	
2007	Emily Burns	Ballina	4.83	
2008	Ann O'Shea	Ferrybank	5.34	
2009	Amber Barrett	Cranford	4.92	
2010	Roseanna McGuckian	Ballymena & Antrim	4.70	
2011	Lydia Mills	Ballymena & Antrim	4.72	
2012	Tara Jenkins	Dundrum South Dublin	4.89	
2013	Ciara Deely	Kilkenny City Harriers	4.94	
2014	Sophie Meredith	St Mary's Limerick	5.39	CR
2015	Niamh Foley	St Mary's Limerick	5.07	
2016	Praise Owoeye	Ferrybank	5.10	
2017	Laura Frawley	St Mary's Limerick	4.88	
2018	Hannah Moriarty	Lucan Harriers	4.90	
2019	Okwu Backari	Leevale	5.07	
2020-2021 Not held due to Covid 19				
2022	Lauren Morgan	Craughwell	4.72	
2023	Cara Ryan	Clonmel	4.97	
2024	Florence Harte	Crookstown Millview	4.89	

Shot Put U14 Girls Indoors

1985	Ann Marley	Finn Valley	9.87	
1986	Elaine Hayes	Portlaoise	10.55	
1987	Nicola Canning	Nenagh Olympic	9.28	
1988-1992 Not held				
1993	Sinead Kehoe	Tramore	11.97	
1994	Sinead Hartnett	Clonliffe Harriers	10.29	
1995	Denise Murphy	Leevale	10.86	
1996	Marian Hanrahan	Moyvane	9.68	
1997	Fionnuala Lombard	Leevale	11.55	
1998	Deirdre Murphy	Leevale	10.79	
1999				
2000	Sharon Corbett	St. Ronan's	10.41	
2001	Cancelled due to Foot & Mouth			
2002	Mairead Murphy	Ferrybank	10.38	
2003	Andrea McEvoy	Gowran	10.58	
2004	Aoife Hickey	Kilkenny City Harriers	11.64	
2005	Fiona Moloney	Dooneen	11.83	
2006	Ailish Sheehan	Dooneen	11.98	
2007	Lynn Bradfield	Bandon	10.51	
2008	Beccy Wall	Raheny Shamrock	12.09	
2009	Niamh McLoughlin	Westport	11.80	
2010	Deirbhile Ryan	Nenagh Olympic	11.29	
2011	Michaela Walsh	Swinford	12.12	
2012	Kathlyn Furlong	Bree	11.83	
2013	Marguerite Furlong	Adamstown	13.11	
2014	Katie Murphy	St Peter's	13.00	
2015	Ciara Sheehy	Liscarroll	14.07	CR
2016	Aoibhinn McMahon	Blackrock Louth	14.64	
2017	Aoife Giles	Cranford	11.59	
2018	Kotryna Pacerinskaite	Fanahan McSweeney	12.26	
2019	Ailbhe Gordon	Greystones & District	11.60	
2020-2021 Not held due to Covid 19				
2022	Maya Rossa	Blackwater	12.43	
2023	Faye Osborn	Tracton	12.50	
2024	Gyte Andrijauskaite	Dooneen	12.53	

4 x 200m Relay U14 Girls Indoors

1991	West Dublin	1.53.2H
1992	Dundrum South Dublin	1.52.78
1993	Dundrum South Dublin	1.51.8H
1994	Metro St. Brigid's	1.49.4H
1995	Leevale	1.51.6H
1996	Portumna	1.53.2H
1997	Dooneen	1.53.6H
1998	Glenbower	1.51.2H
1999	Dundrum South Dublin	1.52.1
2000	Templeogue	1.51.0H
2001	Cancelled due to Foot & Mouth	
2002	Ferrybank	1.52.0H
2003	Dooneen	1.55.28
2004	Dundrum South Dublin	1.56.24
2005	St. John Bosco	1.56.78
2006	Leevale	1.53.64
2007	Limerick Emerald	1.53.05
2008	Ferrybank	1.53.10
2009	Tír Chonaill	1.55.33

2010	Leevale	1.54.43	
2011	Nenagh Olympic	1.54.51	
2012	Dundrum South Dublin	1.54.04	
2013	Nenagh Olympic	1.51.79	
2014	St Laurence O'Toole	1.49.45	
2015	Dooneen	1.49.96	
2016	Galway City Harriers	1.49.51	
2017	Doheny	1.55.39	
2018	Kilkenny City Harriers	1.51.36	
2019	Leevale	1.49.65	
2020-2021 Not held due to Covid 19			
2022	Dooneen	1.48.57	CR
2023	Ratoath	1.52.01	
2024	Belgooly	1.51.88	

Combined Events U14 Girls Indoors

2002	Mairead Murphy	Ferrybank	2,137	
2003	Claire Rockall	Athenry	2,538	
2004	Sacha Haverty	Craughwell	1,985	
2005	Cathriona Farrell	Craughwell	2,776	
2006	Cathriona Farrell	Craughwell		
2007	Katie Hyland	Westport	2,393	
2008	Ciara Giles Doran	Ferrybank	2,658	
2009				
2010	Deirbhile Ryan	Nenagh Olympic	2,275	
2011	Niamh Kelly	Boyne	2,557	
2012	Anne Corcoran	Ferrybank	2,594	
2013	Vickie Cusack	Liscarroll	2,990	
2014	Sophie Meredith	St Mary's Limerick	3,201	CR
2015	Holly Meredith	St Mary's Limerick	2,645	
2016	Niamh McCorry	Annalee	3,929	
2017	Laura Frawley	St Mary's Limerick	2,894	
2018	Ava Rochford	Ennis	2,983	
2019	Hannah Falvey	Belgooly	2,949	
2020	Siun Quinn	Brothers Pearse	2,819	
2020-2021 Not held due to Covid 19				
2022	Elle-Kate McRae	Midleton	2,629	
2023	Emer Purtill	Dooneen	2,874	
2024	Nell O'Connell	Blarney/Inniscara	2,563	
2025	Siofra Moloney	Ferrybank	2,747	

60m U13 Boys Indoors

1989	Michael Keady	St. Joseph's	7.81	
1990	Darren O'Reilly	St. Anne's	8.2H	
1991	Simon Kehoe	Enniscorthy	8.20	
1992	Keelan Crawford	Letterkenny	8.20	
1993	Diarmuid McCarthy	Leevale	7.9H	
1994	Adam Brennan	Dom Savio	7.9H	
1995	Denis Coughlan	Bandon	8.00	
1996	Barry Hazley	Cookstown	7.85	
1997	Darren O'Donovan	Leevale	8.03	
1998	Maurice Donoghue	Carrick-on-Suir	7.6H	
1999	Patrick Corrigan	Shercock	7.99	
2000	Cedric Kibabu	Marian	7.66	CR
2001	Cancelled due to Foot & Mouth			
2002	Patrick McCarron	Glaslough Harriers	8.50	
2003	Dara Kervick	Carrick-on-Suir	8.40	
2004	Killian McNamara	Glaslough Harriers	8.3H	

2005	Joseph Dowling	Dundrum South Dublin	8.34
2006	Great Okafor	Bandon	8.27
2007	Nicholas Twumasi	Marian	8.25
2008	Ciaran Joyce	Bree	8.40
2009	Paul Manning	St. Joseph's	8.25
2010	Simon Essuman	Dublin Striders	8.22
2011	Luke O'Neill	Menapians	8.27
2012	Robert Cregan	Leevale	8.16
2013	Paul O'Shaughnessy	Dooneen	8.21
2014	Matthew Buckley	Ratoath	8.04
2015	Reece Ademola	Leevale	8.11
2016	Shane Gevero	Cabinteely	7.84
2017	David Mannion	South Galway	8.18
2018	John Cashman	Leevale	7.91
2019	Marc O'Brien	Dooneen	7.97
2020-2021 Not held due to Covid 19			
2022	Rahman Amusa Adekunle	Leevale	8.19
2023	Harry Atkinson	Metro/St. Brigids	8.04
2024	Calvin McCourt	Dundalk St. Gerards	8.08

600m U13 Boys Indoors

1989	Colum Whyte	Bilboa	2.26.06	800m
1990	Patrick Gilbin	Castlegar	2.28.4H	800m
1991	David Coade	Leevale	2.19.1H	800m
1992	Gareth Turnbull	St. Malachy's	2.18.4H	800m
1993	Fergal Feeney	North Sligo	2.21.2H	800m
1994	Anthony Hennessy	Leevale	3.00.3H	1000m
1995	David Redmond	West Dublin	2.59.7H	1000m
1996	Patrick Holbrook	St. Joseph's	2.56.1H	1000m
1997	Not held			
1998	Conor Lynch	Portumna	2.18.2	
1999	Joseph Kavanagh	St. Andrew's, Ashbourne		
2000	Brendan Perrott	West Muskerry	2.17.78	
2001	Cancelled due to Foot & Mouth			
2002	Ray Crotty	Dundrum South Dublin	1.41.22	
2003	Brian Kelly	St. Abban's	1.42.52	
2004	Liam Markham	St. Mary's Clare	1.42.06	
2005	James Clarke	Monaghan Phoenix	1.41.06	
2006	Cian Daniels	Ferrybank	1.44.37	
2007	Shane Fitzsimons	Mullingar Harriers	1.39.32	
2008	Colm Hughes	Galway City Harriers	1.42.44	
2009	Cian McBride	North Sligo	1.42.94	
2010	Cormac Dalton	Mullingar Harriers	1.43.10	
2011	Luke Fitzpatrick	Kilkenny City Harriers	1.42.59	
2012	Aaron McGlynn	Finn Valley	1.40.41	
2013	James Dunne	Tullamore Harriers	1.41.31	
2014	Cian McPhillips	Longford	1.39.78	
2015	Nathan Sheehy-Cremin	St Mary's Limerick	1.40.91	
2016	Oisín Kelly	Cranford	1.41.82	
2017	Padraic Spillane	St. Laurence O'Toole	1.37.69	
2018	Philip McCartan	Mullingar Harriers	1.38.93	
2019	Conor Liston	Mullingar Harriers	1.38.61	
2020-2021 Not held due to Covid 19				
2022	Sean Riordan	Fanahan McSweeney	1.38.72	
2023	Jonah Quinn	St. Cronan's	1.37.47	
2024	Killian Coman	Limerick	1.35.61	CR

1500m U13 Boys Indoors

1989	Richard Patterson	St. Malachy's	4.55.19	
1990	Eugene O'Neill	Mid Sutton	5.06.3H	
1991	Barry McDonald	Dundrum	4.56.29	
1992	Not held			
1993	Colm McLean	St. Malachy's	4.35.5H	CR
Discontinued				

60m Hurdles U13 Boys Indoors

1989	Fergal English	St. Mary's	9.65	
1990	Brian Langan	Westport	9.9H	
1991	Rory Stafford	St. Anne's	9.5H	
1992	Nellus McCarthy	Clounalour	9.71	
1993	Brian Slattery	Carrick-on-Suir	9.6H	
1994	Rory Liddane	Olympic Harriers	9.5H	
1995	Timothy Flannery	Nenagh Olympic	9.69	
1996	Kieran Hennessy	Leevale	9.56	
1997	Ruairi McGovern	Glenbower	9.70	
1998	Maurice Donoghue	Carrick-on-Suir	9.0H	CR
1999	Neil Doyle	Gorey	9.91	
2000	Cedric Kibabu	Marian		
2001-2004 Not held				
2005	Simon Callaghan	Border Ramblers	9.9H	
2006	Diarmuid Cody	Kilkenny City Harriers	9.79	
2007	Andrew Creamer	Annalee	10.08	
2008	Paddy Devereux	Bree	9.72	
2009	Darren Prout	Coolquill	9.68	
2010	Ryan Murray	Bree	9.78	
2011	Sam O'Neill	Menapians	9.68	
2012	Kolade Abiodun	Donore Harriers	9.93	
2013	Toriq Adegoke	St Laurence O'Toole	9.67	
2014	Daniel Hurley	Old Abbey	9.68	
2015	Reece Ademola	Leevale	9.69	
2016	Joseph Gillespie	Finn Valley	9.70	
2017	Sean Rowley	Bree	9.43	
2018	John Cashman	Leevale	9.28	
2019	Stuart Tobin	Limerick	9.38	
2020-2021 Not held due to Covid 19				
2022	Alan Hallinan	Craughwell	9.93	
2023	Glen Carthy	Sligo	9.55	
2024	Louis-Jean Hounkponou	Galway City Harriers	9.66	

1000m Walk U13 Boys Indoors

1994	Seamus O'Donnell	St. Finian's	4.45.9H	CR
1995	Hugh O'Donnell	St. Finian's	4.47.0H	
1996	Donal Gallagher	Ballina	5.18.3H	
1997	Martin Creegan	Ballinamore	5.16.4H	
1998	PJ O'Keeffe	Kilkenny City Harriers	5.09.0H	
2000	Christopher Dalton	Hacketstown	4.46.8H	
Discontinued				

High Jump U13 Boys Indoors

1993	Conor Dillon	Nenagh Olympic	1.45	
1994	Kevin O'Regan	Moycarkey Coolcree	1.56	
1995	Paul Tohill	Mid Ulster	1.57	
1996	Karl Casey	South Galway	1.55	
1997	Bryan McCarthy	Glenbrower	1.50	
1998	David Young	Nenagh Olympic	1.46	
1999	Keith King	North Clare	1.55	
2000	Christopher Crowley	Belgooly	1.45	
2001	Cancelled due to Foot & Mouth			
2002	Dean Siney	Tallaght	1.50	
2003	Jason Harvey	Lagan Valley	1.51	
2004	Richard Fogarty	Slieveardagh	1.35	
2005	Diarmuid O'Connell	St. Ita's	1.40	
2006	Daniel O'Callaghan	Abbey Striders	1.40	
2007	Jaime Murtagh	St. Andrew's, Ashbourne	1.40	
2008	Mark Rogers	St. Peter's Dromiskin	1.48	
2009	Damon Gregory	Clonmel	1.38	
2010	Alan Murtagh	Cushinstown	1.40	
2011	Kieran Brady	Finn Valley	1.37	
2012	Tommie Downes	Abbey Striders	1.45	
2013	Tom Gallagher	Ferrybank	1.40	
2014	Robert Dillon	Midleton	1.50	
2015	Evan Hayes	Waterford	1.45	
2015	Jack Forde	St Killian's	1.45	
2016	Joseph Gillespie	Finn Valley	1.56	
2017	Kyle Ettoh	Leevale	1.65	CR
2018	David Marrey	Westport	1.48	
2019	Darragh Kelly	Craughwell	1.56	
2020-2021 Not held due to Covid 19				
2022	Donal Ryan	Templemore	1.45	
2023	John Fitzpatrick	Longford	1.56	
2024	Ryan McMahon	Monaghan Phoenix	1.49	

Long Jump U13 Boys Indoors

1989	Niall Walshe	St. John's	4.66	
1990	Raymond O'Sullivan	West Muskerry	4.61	
1991	Brian Cullinane	Nenagh Olympic	4.86	
1992	Nellus McCarthy	Clounalour	4.71	
1993	Owen Hunt	Ballinasloe	4.66	
1994	Ciaran Dempsey	Newbridge	5.14	
1995	Shane Lewis	North Laois	4.97	
1996	Barry Hazley	Cookstown	5.49	CR
1997	Ruairi McGovern	Glenbrower	4.88	
1998	Paul Murphy	Kilmore Wexford	5.18	
1999	Patrick Corrigan	Shercock	5.18	
2000	John Shanahan	St. Mary's	4.99	
2001	Cancelled due to Foot & Mouth			
2002	Eamonn Daly	Celbridge	4.73	
2003	Dara Kervick	Carrick-on-Suir	4.64	
2004	Caolan Ward	Letterkenny	4.65	
2005	Simon Callaghan	Border Ramblers	4.73	
2006	Shane Howard	Grange / Fermoy	4.81	
2007	Nicholas Twumasi	Marian	4.49	
2008	Ciaran Joyce	Bree	4.84	
2009	Aiden Connelly	Craughwell	4.61	
2010	Conor Diskin	Claremorris	4.51	

2011	David McDonald	Menapians	4.78
2012	Jack Fallon	Moycarkey Coolcree	4.70
2013	Tom Gallagher	Ferrybank	4.61
2014	Joshua Egan	Nenagh Olympic	4.71
2015	Reece Ademola	Leevale	4.86
2016	Glory Wengieme	Belgooly	4.84
2017	Kyle Ettoh	Leevale	5.11
2018	James Brennan	Brothers Pearse	4.66
2019	Darragh Fahy	Loughrea	4.77
2020-2021 Not held due to Covid 19			
2022	JP Geurin	Midleton	4.63
2023	Max Crampton	Newbridge	4.65
2024	Eoin Keane	Ennis Track	4.65

Shot Put U13 Boys Indoors

1989	Michael Keady	St. John's	9.91	
1990	Darren O'Reilly	St. Anne's	9.28	
1991	Not held			
1992	Not held			
1993	Ryan Campbell	Cookstown	10.77	
1994	Karl O'Keefe	Ring Old Parish	11.41	
1995	Brian Wall	Glenbower	12.37	
1996	Tim Ahern	Blarney	11.57	
1997	Jim Healy	Carrick-on-Suir	10.52	
1998	John Dilworth	Blarney	12.09	
1999	Enda Murphy	Castlebar	11.76	
2000	Cedric Kibabu	Marian	13.42	
2001	Cancelled due to Foot & Mouth			
2002-2004 Not held				
2005	Mark Sugrue	Bandon	10.43	
2006	Paul McGill	Craughwell	11.00	
2007	James McCarthy	Fanahan McSweeney	10.69	
2008	Colin Kingston	Bandon	11.65	
2009	Seadnaigh Smyth	Midleton	11.02	
2010	Mark Bromell	Limerick Emerald	11.19	
2011	Thomas McGowan	Tír Chonaill	12.39	
2012	James Kelly	Finn Valley	14.51	CR
2013	Jonathan Cummins	Ardee & District	11.27	
2014	Adam Sheridan	Westport	12.80	
2015	Tadhg O'Muircheartaigh	Dunboyne	10.96	
2016	Darragh Jennings	Galway City Harriers	10.96	
2017	Karlis Kaugars	Dunleer	13.49	
2018	Ben Walsh	Youghal	11.79	
2019	Cian Crampton	Edenderry	13.24	
2020-2021 Not held due to Covid 19				
2022	Scott Williams	North Leitrim	10.04	
2023	Ethan Connolly	Armagh	11.19	
2024	Lavr Malejevs	Dooneen	14.33	

4 x 200m Relay U13 Boys Indoors

1989	St. John's Tralee	1.59.55
1990	Castlegar	1.59.8H
1991	Dundrum	1.54.7H
1992	Leevale	1.52.2H
1993	North Sligo	1.55.0H
1994	Dundrum South Dublin	1.52.0H
1995	Dundrum South Dublin	1.52.7H

1996	Dundrum South Dublin	1.51.6H	
1997	Finn Valley	1.52.5H	
1998	Finn Valley	1.53.6H	
1999	Shercock	1.53.1	
2000	Listowel	1.51.3H	
2001	Cancelled due to Foot & Mouth		
2002	Ballyskenach	56.6H	
2003	Ferrybank	56.74	
2004	Athenry	56.40	
2005	St. Ita's	55.76	
2006	Leevale	54.51	
2007	Galway City Harriers	56.24	
2008	Galway City Harriers	56.03	
2009	Craughwell	54.97	
2010	Letterkenny	54.97	
2011	Galway City Harriers	53.16	CR
2012	Menapians	55.13	
2013	Leevale	53.67	
2014	Nenagh Olympic	54.89	
2015	Templemore	54.42	
2016	Ballinasloe & District	53.86	
2017	Dooneen	53.63	
2018	Dooneen	53.53	
2019	Mullingar Harriers	1.51.63	
2020-2021 Not held due to Covid 19			
2022	Midleton	1.57.21	
2023	South Galway	1.53.58	
2024	Metro St. Brigids	1.54.42	

Combined Events U13 Boys Indoors

2000	Cedric Kibabu	Dundrum South Dublin	2,297	CR
2001	Joseph Dolan	Na Fianna	1,769	
Discontinued				

60m U13 Girls Indoors

1989	Olivia Hurley	Skerries	7.89	CR
1990	Margaret McLoone	Trim	8.2H	
1991	Carol Howlin	Kilmore	8.25	
1992	Grainne O'Mahony	Claremorris	8.1H	
1993	Linda Guilly	Cappoquin	8.00	
1994	Susan Larkin	Dom Savio	7.8H	
1995	Aoife Collins	Glenbower	8.26	
1996	Sharon Kelly	Leevale	8.31	
1997	Claire Murphy	Inbhear Dee	8.29	
1998	Claire Bergin	Dundrum South Dublin	8.2H	
1999	Karen Considine	Fanahan McSweeney	8.32	
2000	Orla Coughlan	Leevale	8.0H	
2001	Cancelled due to Foot & Mouth			
2002	Lauren Holmes	Celtic	8.70	
2003	Sinead Farrell	St. Gerard's	8.66	
2004	Ellen Crotty	Unattached	8.2H	
2005	Michelle Nicholas	Dooneen	8.64	
2006	Sarah Lavin	Limerick Emerald	8.25	
2007	Ciara Giles Doran	Ferrybank	8.45	
2008	Bronwyn Keogh	Fingallians	8.35	
2009	Grace Lawler	St. Laurence O'Toole	8.47	

2010	Eadaoin Lyons	St. Mary's Limerick	8.45
2011	Molly Scott	St Laurence O'Toole	8.26
2012	Vickie Cusack	Liscarroll	8.39
2013	Sophie Meredith	St Mary's Limerick	8.27
2014	Niamh Foley	St Mary's Limerick	8.10
2015	Sabia Doyle	Menapians	8.04
2016	Sally Sumola	Clonliffe Harriers	8.27
2017	Laura Bolster	Cushinstown	8.08
2018	Hannah Falvey	Belgooly	8.22
2019	Ella Curtin	Brothers Pearse	8.20
2020-2021 Not held due to Covid 19			
2022	Rachel Duff	Gowran	8.40
2023	Adaora Nnaemeka	Bandon	8.16
2024	Abiagael Fenton	Belgooly	8.20

600m U13 Girls Indoors

1989	Ann Marie Lynch	Finn Valley	2.35.34	800m
1990	Kelly Smyth	Breffni Harriers	2.34.1H	800m
1991	Audrey Fogarty	Castlebar	2.33.4H	800m
1992	Cathriona Kearns	Celbridge	2.28.9H	800m
1993	Karen O'Donnell	Sparta	2.26.6H	800m
1994	Emer O'Shea	St. Michael	2.59.9H	1000m
1995	Lauren McCreevy	Dundrum South Dublin	3.09.67	1000m
1996	Rachel Lenehan	Marian	3.12.6H	1000m
1997	Not held			
1998	Anne Walsh	Glenbower	2.34.3	
1999	Linda Byrne	Dundrum South Dublin	2.31.70	
2000	Elizabeth McDonnell	Celbridge	2.27.72	
2001	Cancelled due to Foot & Mouth			
2002	Frances O'Shea	North Cork	1.43.22	
2003	Cliona Ryan	St. Flannan's	1.43.16	
2004	Orla Finn	Riverstick/Kinsale	1.46.82	
2005	Harriet Flynn	St. Brendan's	1.44.51	
2006	Stephanie Power	Clonmel	1.47.3	
2007	Elizabeth Carr	Mullingar Harriers	1.45.46	
2008	Linda Conroy	Mullingar Harriers	1.48.24	
2009	Jenna Bromell	Limerick Emerald	1.41.28	
2010	Dearbhaile Beirne	Mohill	1.46.15	
2011	Arlene Crossan	Finn Valley	1.45.42	
2012	Susan O'Neill	Dooneen	1.47.28	
2013	Laoise Geraghty	Galway City Harriers	1.44.70	
2014	Corrine Kenny	St Laurence O'Toole	1.38.23	CR
2015	Neasa Reilly	Blackrock Louth	1.42.57	
2016	Sarah Hosey	Dooneen	1.43.17	
2017	Sophie Quinn	Ratoath	1.41.69	
2018	Erinn Leavy	Dunleer	1.39.50	
2019	Saoirse Fitzgerald	Lucan Harriers	1.41.59	
2020-2021 Not held due to Covid 19				
2022	Aisling Kelly	Ennis Track	1.40.86	
2023	Nellie Bateman	Belgooly	1.40.94	
2024	Ailbhe O'Neill	Ennis Track	1.38.56	

1500m U13 Girls Indoors

1989	Maria Brennan	Marian	5.26.52	
1990	Brenda Daly	Clara	5.28.9H	
1991	Deirdre Ryan	Claremorris	5.19.3H	
1992	Not held			
1993	Caroline Daly	Glenbower	5.16.8H	CR

Discontinued

60m Hurdles U13 Girls Indoors

1989	Mandy Bloomer	Mountmellick	9.67	
1990	Barbara Kealy	Bray Striders	10.0H	
1991	Laura Hegarty	Midleton	9.6H	
1992	Laura Moloney	Dooneen	9.7H	
1993	Maria Hennessy	Glenbower	9.5H	
1994	Derval O'Rourke	Leevale	9.6H	
1995	Aoife Collins	Glenbower	9.73	
1996	Carol Loscher	Roundwood & District	9.56	
1997	Ciara Kearns	Celbridge	9.50	CR
1998	Shireen McDonagh	Dundrum South Dublin	9.6H	
1999	T Durkin	Slaney Olympic	10.27	
2000	Aisling Dolan	St. Mary's Boyle	9.62	
2001	Cancelled due to Foot & Mouth			
2002	Not held			
2003	Not held			
2004	Not held			
2005	Crona Hannon	Dooneen	10.28	
2006	Emma O'Gorman	Carrick-on-Suir	10.41	
2007	Ciara Giles Doran	Ferrybank	9.78	
2008	Clodagh Fitzgerald	Carrick-on-Suir	10.20	
2009	Laura Ann Costello	Galway City Harriers	10.39	
2010	Aideen Kane	St. Killian's	9.87	
2011	Molly Scott	St Laurence O'Toole	9.77	
2012	Ciara Deely	Kilkenny City Harriers	9.95	
2013	Sophie Meredith	St Mary's Limerick	9.86	
2014	Niamh Foley	St Mary's Limerick	9.58	
2015	Lili O'Connor	Ratoath	9.77	
2016	Ava Keogh	Fingallians	9.99	
2017	Laura Bolster	Cushinstown	9.88	
2018	Ruby Reynolds	Menapians	9.62	
2019	Natalia Golka	Leevale	9.80	
2020-2021	Not held due to Covid 19			
2022	Ellen Daly	Kilkenny City Harriers	9.99	
2023	Ruby Cunnane	Corran	10.17	
2024	Sophia Nwaedozie	Belgooly	9.96	

1000m Walk U13 Girls Indoors

1994	Deirdre Brennan	St. Laurence O'Toole	5.02.3H	
1995	Deirdre Kelly	West Wicklow	5.19.3H	
1996	Ann O'Malley	Bilboa	4.45.9H	CR
1997	Ciara McDermott	Ballina	5.11.1H	
1998	Catriona McMahon	Coolyroe	5.23.5H	
1999	Carol Burtenshaw	Kildare	5.15.0	
2000	Bridget Gahan	Hacketstown	4.58.56	

Discontinued

High Jump U13 Girls Indoors

1993	Eilish Cunningham	Westport	1.40	
1994	Siobhan Fitzpatrick	St. Mary's	1.43	
1995	Deirdre Ryan	Dundrum South Dublin	1.57	Equal CR
1996	Carol Loscher	Roundwood & District	1.50	
1997	Sharon O'Mahoney	Glenbower	1.45	
1998	Sinead McCormack	St. John's Bosco		

1999	Fiona McGinley	Finn Valley	1.45	
2000	Leona Byrne	St. Laurence O'Toole	1.57	Equal CR
2001	Cancelled due to Foot & Mouth			
2002	Michelle O'Malley	Westport	1.35	
2003	Shauna Furman	Raheny Shamrock	1.45	
2004	Maria Harrington	Westport	1.46	
2005	Tara Fogarty	Carrick-on-Suir	1.42	
2006	Emily Rogers	Dunleer	1.47	
2007	Aisling Croke	Dooneen	1.39	
2008	Blaithnaid Patton	Finn Valley	1.43	
2009	Tara Andrews	Lucan Harriers	1.40	
2010	Aoife Naddy	Gowran	1.43	
2011	Alannah Gannon	Westport	1.35	
2012	Vickie Cusack	Liscarroll	1.50	
2013	Laura Greene	St John's	1.43	
2014	Lauren Callaghan	Finn Valley	1.43	
2015	Katelyn Reid	An Riocht	1.43	
2016	Laura Frawley	St. Mary's Limerick	1.48	
2017	Ava Rochford	Ennis	1.49	
2018	Aoife Rohan	Cushinstown	1.38	
2019	Siún Quinn	Brothers Pearse	1.51	
2020-2021 Not held due to Covid 19				
2022	Cara Ryan	Clonmel	1.45	
2023	Ava Wilson	Bree	1.43	
2024	Jasmine Barrett Doherty	Finn Valley	1.47	

Long Jump U13 Girls Indoors

1989	Ann Marie Hourigan	Mountmellick	4.40	
1990	Sharon Kinsella	Mountmellick	4.07	
1991	Laura Hegarty	Midleton	4.67	
1992	Grainne O'Mahony	Claremorris	4.70	
1993	Aine Cuddihy	Carrick-on-Suir	4.78	
1994	Derval O'Rourke	Leevale	4.54	
1995	Sarah Kelly	Portumna	4.55	
1996	Aoife Hoey	Mountmellick	4.68	
1997	Ciara Kearns	Celbridge	5.13	
1998	Aoife Hazel McNeill	Dundrum South Dublin	4.70	
1999	Caitriona De Paor	Glenbower	4.74	
2000	Leona Byrne	St. Laurence O'Toole	5.18	Equal CR
2001	Cancelled due to Foot & Mouth			
2002	Francesca Reville	Wexford	4.25	
2003	Laura Keegan	Celbridge	4.31	
2004	Sarah Hennessy	St. Joseph's	4.55	
2005	Aileen Gilroy	Ballina	4.47	
2006	Emily Burns	Ballina	4.44	
2007	Ciara Giles Doran	Ferrybank	4.98	
2008	Bronwyn Keogh	Fingallians	4.90	
2009	Fiona O'Shea	Dooneen	4.55	
2010	Aoife Harrison	Ferrybank	4.41	
2011	Molly Scott	St Laurence O'Toole	4.52	
2012	Ciara Deely	Kilkenny City Harriers	4.49	
2013	Sophie Meredith	St Mary's Limerick	5.18	Equal CR
2014	Niamh Foley	St Mary's Limerick	4.74	
2015	Praise Owoeye	Ferrybank	4.65	
2016	Laura Frawley	St. Mary's Limerick	4.42	
2017	Hannah Moriarty	Lucan Harriers	4.81	
2018	Leagh Moloney	Dooneen	4.75	
2019	Ella Farrelly	Craughwell	4.56	
2020-2021 Not held due to Covid 19				
2022	Cara Ryan	Clonmel	4.58	

2023	Florence Harte	Crookstown Millview	4.54
2024	Maya Mobius	Blackrock (Dublin)	4.62

Shot Put U13 Girls Indoors

1989	Olivia Keogh	St. Ronan's	9.05	
1990	Brenda Hopkins	Castlebar	7.31	
1991	Not held			
1992	Not held			
1993	Edel Kavanagh	North Laois	9.15	
1994	Denise Murphy	Leevale	12.30	
1995	Diane Cashman	Glenbower	10.53	
1996	Ann O'Malley	Bilboa	10.94	
1997	Deirdre Murphy	Leevale	11.40	
1998	Leanne Hayes	North Laois	11.13	
1999	Sharon Corbett	St. Ronan's	11.27	
2000	Alison McCarthy	Fanahan McSweeney	12.33	
2001	Cancelled due to Foot & Mouth			
2002-2004 Not held				
2005	Tracey Bradfield	Bandon	11.48	
2006	Lynn Bradfield	Bandon	9.19	
2007	Laura McSweeney	Bandon	9.95	
2008	Zoe McEvoy	Midleton	9.82	
2009	Deirbhile Ryan	Limerick Emerald	11.43	
2010	Clara Herron	North Sligo	9.71	
2011	Niamh Fogarty	Mullingar Harriers	9.51	
2012	Vickie Cusack	Liscarroll	10.84	
2013	Katie Murphy	St Peter's	10.40	
2014	Ciara Sheehy	Liscarroll	11.95	
2015	Megan Lenihan	North Cork	12.79	CR
2016	Amy Callaghan	Cushinstown	10.71	
2017	Ava Rochford	Ennis	10.35	
2018	Ceola Bergin	Templemore	10.62	
2019	Kate Fenlon	North Down	12.38	
2020-2021 Not held due to Covid 19				
2022	Lorna Ryan	Templemore	9.93	
2023	Gyte Andrijauskaite	Dooneen	11.36	
2024	Emma Nolan	Swinford	10.59	

4x200m Relay U13 Girls Indoors

1989	Mountmellick	2.02.81
1990	Bilboa	2.03.5H
1991	Ballinasloe	1.59.9H
1992	Dundrum South Dublin	1.55.3H
1993	Metro St. Brigid's	1.53.2H
1994	Metro St. Brigid's	1.55.9H
1995	Metro St. Brigid's	1.54.5H
1996	Celbridge	1.55.1H
1997	Glenbower	1.53.3H
1998	Dundrum South Dublin	1.55.3H
1999	Templeogue	1.56.7
2000	Celbridge	1.54.9H
2001	Cancelled due to Foot & Mouth	
2002	Athenry	56.0H
2003	Dundrum South Dublin	57.22
2004	Dooneen	55.92
2005	Galway City Harriers	56.13
2006	Dooneen	56.24

2007	Dooneen	56.23	
2008	Dooneen	56.78	
2009	Tír Chonail	56.2H	
2010	St. Mary's Limerick	56.43	
2011	Lios Tuathail	56.36	
2012	Liscarroll	55.29	
2013	Leevale	54.17	
2014	St Mary's Limerick	54.28	
2015	Galway City Harriers	53.81	
2016	Leevale	55.72	
2017	Riverstick / Kinsale	55.39	
2018	Leevale	53.92	
2019	Dooneen	1.53.07	CR
2020-2021 Not held due to Covid 19			
2022	Loughview	1.58.29	
2023	Kilkenny City Harriers	1.53.88	
2024	Dundalk St. Gerards	1.55.64	

Combined Events U13 Girls Indoors

2000	Claire McNamara	Athenry	2,245	CR
2001	Fiona Hahnefeld	Portumna	1,970	
Discontinued				

60m U12 Boys Indoors

2000	Kieran Dee	Ennis Track	8.24	Equal CR
2001	Cancelled due to Foot & Mouth			
2002	Dara Kervick	Carrick-on-Suir	8.62	
2003	David Killen	Leevale	8.76	
2004	Jonathan McEvoy	Ferrybank	8.7H	
2005	Jordan Pascal Conroy	Tullamore Harriers	8.46	
2006	Thomas Cribben	St. Coca's	8.71	
2007	Ciaran Joyce	Enniscorthy	8.68	
2008	Aiden Connelly	Craughwell	8.60	
2009	Simon Essuman	Dublin Striders	8.61	
2010	Luke Morris	Newbridge	8.70	
2011	Robert Cregan	Leevale	8.75	
2012	Paul O'Shaughnessy	Dooneen	8.58	
2013	Daniel Hurley	Old Abbey	8.53	
2014	Moses Ikpefua	Tallaght	8.46	
2015	Nkemjika Onwumereh	Metro St Brigid's	8.24	Equal CR
2016	John Ikpotokin	St. Michael's	8.28	
2017	Jayden Carmody	Dooneen	8.36	
2018	Darragh Fahy	Loughrea	8.41	
2019	Brian McCullough	Celbridge	8.27	
2020-2021 Not held due to Covid 19				
2022	Sean Fenton	Belgooly	8.48	
2023	Joshua Holme	Cabinteely	8.44	
2024	Robert O'Connor	Cork City	8.30	

300m U12 Boys Indoors

2000	Gary Dunphy	St. Paul's	43.00	CR
Discontinued				

600m U12 Boys Indoors

2002	Daniel Norris	Carrick-on-Suir	1.50.10	
2003	Liam Markham	St. Mary's Clare	1.46.08	
2004	James Clarke	Monaghan Phoenix	1.44.28	
2005	Cian Daniels	Ferrybank	1.44.66	
2006	Shane Fitzsimons	Mullingar Harriers	1.42.24	
2007	Cian McBride	North Sligo	1.48.92	
2008	Cormac Dalton	Mullingar Harriers	1.49.82	
2009	Denver Kelly	Finn Valley	1.46.90	
2010	Aaron McGlynn	Finn Valley	1.46.27	
2011	Oisin McEntee	Shercock	1.49.44	
2012	Joshua O'Dwyer	Dundrum	1.49.44	
2013	Cian McPhillips	Longford	1.45.43	
2014	Nathan Sheehy-Cremin	St Mary's Limerick	1.46.33	
2015	Oisin Kelly	Cranford	1.44.86	
2016	Padraic Spillane	St. Laurence O'Toole	1.44.20	
2017	Thomas Bolton	Metro St. Brigids	1.40.37	
2018	Odhran O'Sullivan	Midleton	1.42.85	
2019	Matthew Molloy	Mullingar Harriers	1.41.38	
2020-2021 Not held due to Covid 19				
2022	Kenneth O'Connell	St. Catherine's	1.43.35	
2023	Dylan O'Reilly	Shercock	1.41.39	
2024	Philip Griffith	Claremorris	1.40.03	CR

High Jump U12 Boys Indoors

2000	David Andrew Shields	Canon Burke	1.43	
2001	Cancelled due to Foot & Mouth			
2002	Jason Harvey	Strathearn	1.31	
2003	Edward John Dunphy	Aghaviller	1.25	
2004	Simon Callaghan	Border Ramblers	1.30	
2005	Daniel O'Callaghan	Abbey Striders	1.30	
2006	Jack Raftery	Craughwell	1.30	
2007	Fintan O'Shaughnessy	Bandon	1.25	
2008	Jessie Devers	Ballina	1.33	
2009	Jack Murphy	Leevale	1.40	
2010	Eoin McElligott	St. Brendan's	1.35	
2011	Ciaran Morgan	Bohermeen	1.26	
2012	Darragh Courtney	St Brendans	1.38	
2013	Conor Blake	St John's	1.35	
2014	Tadhg O'Muircheartaigh	Dunboyne	1.30	
2015	Sean Kavanagh	Midleton	1.35	
2015	Geoffrey Joy O'Regan	Sun Hill Harriers	1.35	
2016	David Scanlon	Waterford	1.25	
2017	Paddy Nangle	St. Cronan's	1.31	
2018	Louis Raggett	Kilkenny City Harriers	1.38	
2019	Ryan Onoh	Leevale	1.40	
2020-2021 Not held due to Covid 19				
2022	John Fitzpatrick	Longford	1.38	
2023	Oliver Couch	Ratoath	1.38	
2024	Andrew Fitzpatrick	Longford	1.43	CR

Long Jump U12 Boys Indoors

2000	Luke Sweetman	Fingallians	4.61	
2001	Cancelled due to Foot & Mouth			
2002	Mark Maher	Fingallians	4.33	
2003	Fergal Duffy	Dundrum South Dublin	4.40	

2004	Simon Callaghan	Border Ramblers	4.34	
2005	Jordan Pascal Conroy	Tullamore Harriers	4.54	
2006	Marcus Lawlor	St. Laurence O'Toole	4.41	
2007	Fintan O'Shaughnessy	Bandon	4.42	
2008	Aiden Connelly	Craughwell	4.30	
2009	Conor Diskin	Claremorris	4.24	
2010	Greg Barrett	Abbey Striders	4.32	
2011	David Ryan	Moycarkey Coolcree	4.36	
2012	Jack Ryan	Moycarkey Coolcree	4.36	
2013	Stephen Black	Cranford	4.57	
2014	Jack Deegan	Waterford	4.42	
2015	Danny Kelly	Belgooly	4.43	
2016	Kyle Ettoh	Grange/Fermoy	4.54	
2017	Darren Williams Oshun	Aughrim	4.32	
2018	Criostoir Ormsby	Mullingar Harriers	4.40	
2019	Ryan Onoh	Leevale	4.75	CR
2020-2021 Not held due to Covid 19				
2022	Sean Fenton	Belgooly	4.18	
2023	Eoin Keane	Ennis Track	4.49	
2024	Matiss Ozolins	Castlegar	4.48	

Shot Put (2kg) U12 Boys Indoors

2005	Zack Gibbons	Leevale	7.96	
2006	Gary McCarthy	Fanahan McSweeney	8.93	
2007	Conal O'Brien	Roscommon	9.74	
2008	Conor Mulligan	Tullamore Harriers	9.52	
2009	Mark Bromell	Limerick Emerald	9.27	
2010	Thomas McGowan	Tír Chonaill	10.37	
2011	Ryan Maguire	Annalee	8.70	
2012	Jonathan Cummins	Ardee & District	8.94	
2013	Gergley Pap	St Paul's	9.43	
2014	Conn Kehoe	Suncroft	8.85	
2015	Toby Adebayo	Midleton	8.66	
2016	Oisin Joyce	Lake District	9.90	
2017	Darragh Kearney	Craughwell	9.01	
2018	Cian Crampton	Edenderry	10.50	
2019	Ross O'Connor	Aughagower	9.47	
2020-2021 Not held due to Covid 19				
2022	John Fitzpatrick	Longford	9.18	
2023	Andrew Nolan	Lough Ree	10.61	CR
2024	Andrew Fitzpatrick	Longford	10.41	

4 x 200m Relay U12 Boys Indoors

2000	KCK	1.59.3H	
2001	Cancelled due to Foot & Mouth		
2002	Carrick-on-Suir	58.8H	
2003	Athenry	57.08	
2004	Dundrum South Dublin	58.18	
2005	Ferrybank	57.75	
2006	Glaslough Harriers	59.42	
2007	Dooneen	58.32	
2008	Nenagh Olympic	58.65	
2009	Abbey Striders	56.26	
2010	Menapians	55.87	
2011	Gneeveguilla	57.26	
2012	Leevale	56.40	
2013	Edenderry	57.02	

2014	St Mary's Limerick	56.01	
2015	Nenagh Olympic	55.51	
2016	Midleton	NT	
2017	Dooneen	54.78	
2018	Mullingar Harriers	55.89	
2019	Leevale	1.54.79	CR
2020-2021 Not held due to Covid 19			
2022	Belgooly	1.59.78	
2023	Longford	1.57.47	
2024	Kilkenny City Harriers	1.59.77	

60m U12 Girls Indoors

2000	Hayley Sinnott	Kilmore	8.84	
2001	Cancelled due to Foot & Mouth			
2002	Kelly Nolan	St. Patrick's	8.96	
2003	Jamie Rose McPhillips	Monaghan Phoenix	8.80	
2004	Michelle Nicholas	Dooneen	8.6H	
2005	Sarah Lavin	Limerick Emerald	8.72	
2006				
2007	Amber Barrett	Cranford	8.68	
2008	Grace Lawler	St. Laurence O'Toole	8.90	
2009	Chelsie Wright	Leevale	8.89	
2010	Molly Scott	Hacketstown	8.62	
2011	Katie Murphy	St Senan's	8.78	
2012	Sophie Meredith	St Mary's Limerick	8.66	
2013	Niamh Foley	St Mary's Limerick	8.36	CR
2014	Praise Owoeye	Ferrybank	8.58	
2015	Queen Taminowo	Midleton	8.68	
2016	Laura Bolster	Cushintown	8.46	
2017	Hannah Falvey	Belgooly	8.43	
2018	Riona Doherty	Finn Valley	8.44	
2019	Chidinma Adikaibe	Metro St. Brigid's	8.50	
2020-2021 Not held due to Covid 19				
2022	Jasmine Timmons Mceneaney	Kilkenny City Harriers	8.65	
2023	Abiegeael Fenton	Belgooly	8.45	
2024	Grace White	Adamstown	8.57	

300m U12 Girls Indoors

2000	Laura Scanlon	Metro St. Brigid's	47.82	CR
Discontinued				

600m U12 Girls Indoors

2002	Aoife Hogan	Mullingar Harriers	1.52.22	
2003	Rachel Shaw	Athenry	1.49.30	
2004	Sally Mangan	Castlebar	1.50.00	
2005	Stephanie Power	Clonmel	1.51.76	
2006	Elizabeth Carr	Mullingar Harriers	1.52.62	
2007	Caoimhe Whittaker	St. Coca's	1.55.34	
2008	Jenna Bromell	Limerick Emerald	1.50.46	
2009	Dearbhaile Beirne	Mohill	1.51.40	
2010	Arlene Crossan	Letterkenny	1.50.88	
2011	Sophie Lynch	Lios Tuathail	1.53.88	
2012	Fiona O'Shea	Star of the Laune	1.47.93	
2013	Corinne Kenny	St Laurence O'Toole	1.47.24	

2014	Aimee Kenna	Tallaght	1.48.06	
2015	Emma Moore	Galway City Harriers	1.45.53	
2016	Sophie Quinn	Ratoath	1.45.38	
2017	Glory Uzomefuna	Lambay Sports Academy	1.45.97	
2018	Saoirse Fitzgerald	Lucan Harriers	1.44.38	CR
2019	Molly Daly	Kilkenny City Harriers	1.51.02	
2020-2021 Not held due to Covid 19				
2022	Isabelle Hanrahan	Castlebar	1.46.69	
2023	Ailbhe O'Neill	Ennis Track	1.46.88	
2024	Katelynn Woods	Dundalk St. Gerards	1.45.06	

High Jump U12 Girls Indoors

2000	Leanne Hynes	Na Fianna	1.30	
2001	Cancelled due to Foot & Mouth			
2002	Blaithin Jones	Dundrum South Dublin	1.30	
2003	Jamie Rose McPhillips	Monaghan Phoenix	1.31	
2004	Tara Fogarty	Carrick-on-Suir	1.30	
2005	Stephanie Power	Clonmel	1.35	CR
2006	Brona Fanning	Cushinstown	1.30	
2007	Blaithnaid Patton	Finn Valley	1.30	
2008	Nicole Boyle	Rosses	1.25	
2009	Sarah Lavelle	Westport	1.25	
2010	Anne Corcoran	Ferrybank	1.30	
2011	Deana Kealy	Tinryland	1.30	
2012	Niamh O'Neill	Claremorris	1.25	
2013	Lenagh Gilligan	Craughwell	1.33	
2014	Jennifer Hanrahan	Brothers Pearse	1.34	
2015	Emma Moore	Galway City Harriers	1.30	
2016	Jessica Lyne	Leevale	1.36	
2017	Cara O'Sullivan	Ratoath	1.35	
2018	Clodagh Donoghue	Newport	1.33	
2019	Linah Grogan (tied)	Dunboyne	1.30	
2019	Ailbhe Steger (tied)	Gowran	1.30	
2020-2021 Not held due to Covid 19				
2022	Caoimhe McGonagle	Rosses	1.42	
2023	Hila Raji	Boyne	1.41	
2024	Autumn Moran	Dundalk St. Gerards	1.33	

Long Jump U12 Girls Indoors

2000	Simone Kelly	Kilkenny City Harriers	4.22	
2001	Cancelled due to Foot & Mouth			
2002	Laura Keegan	Celbridge	4.17	
2003	Ellen Crotty	Dundrum South Dublin	4.42	
2004	Aileen Gilroy	Ballina	4.40	
2005	Emily Burns	Ballina	4.06	
2006	Ciara Giles Doran	Ferrybank	4.27	
2007	Bronwyn Keogh	Fingallians	4.43	
2008	Annabelle Morris	Blackrock	3.96	
2009	Aine Brady	Annalee	3.98	
2010	Anne Corcoran	Ferrybank	4.36	
2011	Zoe Mohan	Cushinstown	4.01	
2012	Sophie Meredith	St Mary's Limerick	4.47	CR
2013	Niamh Foley	St Mary's Limerick	4.36	
2014	Lili O'Connor	Ratoath	4.31	
2015	Laura Frawley	St Mary's Limerick	4.14	
2016	Hannah Moriarty	Lucan Harriers	4.23	

2017	Orna Murphy	Sligo	4.32
2018	Enya Silkena	Dundalk St. Gerard's	4.29
2019	Tally Collins	Lios Tuathail	4.13
2020-2021 Not held due to Covid 19			
2022	Florence Harte	Crookstown Millview	4.18
2023	Robin Denehan	Clane	4.10
2024	Autumn Moran	Dundalk St. Gerards	4.15

Shot Put (2kg) U12 Girls Indoors

2005	Lynn Bradfield	Bandon	7.77	
2006	Laura McSweeney	Bandon	7.85	
2007	Kate Daniels	Ferrybank	7.77	
2008	Deirbhile Ryan	Limerick Emerald	8.31	
2009	Danielle O'Connor	Gneeveguilla	7.99	
2010	Cleeva Motherway	Midleton	8.20	
2011	Vickie Cusack	Liscarroll	8.62	
2012	Theresa Kelly	Brow Rangers	9.13	
2013	Holly Meredith	St Mary's Limerick	8.85	
2014	Megan Lenihan	North Cork	10.20	CR
2015	Aoife Giles	Cranford	8.26	
2015	Emma Carolan	Nenagh Olympic	7.93	
2016				
2017	Ceola Bergin	Templemore	9.15	
2018	Clara Minitier	St. Mary's	8.71	
2019	Emma McDaid	Olympian & Youth	9.10	
2020-2021 Not held due to Covid 19				
2022	Gyte Andrijauskaite	Dooneen	8.42	
2023	Emma Nolan	Swinford	7.61	
2024	Katelynn Woods	Dundalk St. Gerards	8.70	

4 x 200m Relay U12 Girls Indoors

2000	Inbhear Dee	1.59.4H	
2001	Cancelled due to Foot & Mouth		
2002	Grange/Fermoy	60.1H	
2003	Dundrum South Dublin	59.10	
2004	Dooneen	58.42	
2005	Limerick Emerald	58.58	
2006	Ferrybank	59.31	
2007	Leevale	59.36	
2008	Nenagh Olympic (tied)	59.59	
2008	Swinford (tied)	59.59	
2009	St. Mary's Limerick	57.78	
2010	Dundrum South Dublin	58.46	
2011	Nenagh Olympic	58.64	
2012	St Mary's Limerick	57.57	
2013	Dooneen	56.43	
2014	Ratoath	57.81	
2015	Thomastown	57.42	CR
2016	Riverstick Kinsale	57.53	
2017	Dooneen	57.78	
2018	Finn Valley	57.58	
2019	Kilkenny City Harriers	2.00.02	
2020-2021 Not held due to Covid 19			
2022	Belgooly	2.03.30	
2023	Ferrybank	1.59.73	
2024	Tara	2.00.66	

60m U11 Boys Indoors

2000	Joseph Dolan	Na Fianna	8.42
Discontinued			

300m U11 Boys Indoors

2000	Eoin Hannon	Ballyskenach	45.9H
Discontinued			

High Jump U11 Boys Indoors

2000	Paul McCarthy	Leixlip	1.39
Discontinued			

Long Jump U11 Boys Indoors

2000	Joseph Dolan	Na Fianna	4.57
Discontinued			

Relay U11 Boys Indoors

2000		Ballyskenach	59.9H
Discontinued			

60m U11 Girls Indoors

2000	Aileen Ruane	Sligo	8.86
Discontinued			

300m U11 Girls Indoors

2000	Laura Milner	Celtic	47.6H
Discontinued			

High Jump U11 Girls Indoors

2000	Collette McBarron	St. John Bosco, Donegal Town	3.94
Discontinued			

Relay U11 Girls Indoors

2000		St. Abban's	60.8H
Discontinued			

Notes:

H Handtimed

Age group definitions:

Prior to 2002 the definition of age groups was under the age on January 1 of that year

From 2002 onwards, in line with IAAF rules, the definition changed to under the age on December 31 of that year

The first main programme BLOE National Juvenile Championships were held at Nenagh Olympic Stadium on Sunday 8 February 1987.

There were only 4 age groups for Boys and Girls – U14, U15, U16, U17. There were three/four events in each age group:

U14 – 60m, shot put, long jump

U15 – 60mH, high jump, shot put

U16 – 60m, high jump, long jump, shot put

U17 – 60mH, high jump (not in Boys U17 for some reason), long jump, shot put

In 1988 there were only championships in two uneven individual age group championships

U15 and U17 Boys and Girls – 60m, 60mH, 800m, LJ, HJ, SP + 4 x 200m relays.

U14 could move up to U15 and U16 could move up to U17.

From 1989-1991 there were three individual age group championships – U13, U15, U17.

There was no HJ for U13 until 1993 (60m, 60mH, 800m, 1500m, shot put, LJ + relay).

There was no SP for U13 Boys & Girls in 1991. In 1989 the 1500m Walk was added to the U15 programmes and the 1500m to the U15 & U17 programmes. U17 1500m walks came in first in 1991.

In 1988 and in 1989 there were two spacings for the 60m hurdles (presumably for U16 and U17 girls).

From 1990 there was only one GU17 60mH.

The 400m for U17 Boys & Girls was introduced in 1990.

In 1991 4x200 relays were introduced for Boys & Girls U14 & U16.

In 1992, U14 and U16 Girls & Boys individual events were re-introduced.

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