

Sex	Category	Where	Event	Time	Name	Born	Venue	Date	Other
Women	Senior	Outdoor	100m	11.13	Rhasidat Adeleke	28.05.94	Santry	30.06.24	
Women	Senior	Outdoor	200m	22.34	Rhasidat Adeleke	29.08.02	Gainesville, USA	14.04.23	
Women	Senior	Outdoor	300m	37.04	Phil Healy	19.11.94	Bergen, NOR	22.05.24	
Women	Senior	Outdoor	400m	49.07	Rhasidat Adeleke	29.08.02	Rome, ITA	10.06.24	
Women	Senior	Outdoor	800m	1:58.51	Ciara Mageean	12.03.92	Manchester, ENG	25.05.24	
Women	Senior	Outdoor	1000m	2:31.06	Ciara Mageean	12.03.92	Monte Carlo, MON	14.08.20	
Women	Senior	Outdoor	1500m	3:55.87	Ciara Mageean	12.03.92	Brussels, BEL	08.09.23	
Women	Senior	Outdoor	Mile	4:14.58	Ciara Mageean	12.03.92	Monte Carlo, MON	21.07.23	
Women	Senior	Outdoor	2000m	5:25.36	Sonia O'Sullivan	28.11.69	Edinburgh, SCO	08.07.94	
Women	Senior	Outdoor	3000m	8:21.64	Sonia O'Sullivan	28.11.69	London, ENG	04.08.99	
Women	Senior	Outdoor	5000m	14:41.02	Sonia O'Sullivan	28.11.69	Sydney, AUS	25.09.00	
Women	Senior	Outdoor	10000m	30:47.59	Sonia O'Sullivan	28.11.69	Munich, GER	29.04.07	
Women	Senior	Outdoor	Marathon	2:22.23	Catherina McKiernan	30.11.69	Amsterdam, NED	01.11.98	
Women	Senior	Outdoor	100m H	12.62	Sarah Lavin	28.05.94	Budapest, HUN	23.08.23	
Women	Senior	Outdoor	400m H	54.31	Susan Smith	14.09.71	Zurich, SUI	12.08.98	
Women	Senior	Outdoor	2000m S/c	6:13.50	Eilish Flanagan	02.05.97	Santry	13.06.21	
Women	Senior	Outdoor	3000m S/c	9:28.29	Roisin McGettigan	23.08.80	Heusden, NED	28.07.07	
Women	Senior	Outdoor	High Jump	1.95m	Deirdre Ryan	01.06.82	Daegu, KOR	01.09.11	
Women	Senior	Outdoor	Long Jump	6.68m	Elizabeth Ndudi	21.03.05	Champaign, USA	13.04.24	
Women	Senior	Outdoor	Triple Jump	13.62m	Taneisha Scanlon	19.11.77	Bratislava, SVK	29.05.05	
Women	Senior	Outdoor	Pole Vault	4.60m	Tori Pena	30.07.87	Chula Vista, USA	06.06.13	
Women	Senior	Outdoor	Shot	16.99m	Marita Walton	07.10.60	Palo Alto, USA	02.04.83	
Women	Senior	Outdoor	Discus	58.40m	Niamh Fogarty	16.05.99	Ramona, USA	27.04.25	
Women	Senior	Outdoor	Hammer	73.21m	Eilleen O'Keefe	31.05.81	Santry	21.07.07	
Women	Senior	Outdoor	Javelin	54.92m	Anita Fitzgibbon	21.02.83	Santry	29.07.13	
Women	Senior	Outdoor	4x100m	43.80	Joan Healy, Phil Healy, Ciara Neville, Gina Akpe-Moses	n/a	Berlin, GER	12.08.18	
Women	Senior	Outdoor	4x100m (Club)	46.03	Mairead Murphy, Ciara Giles-Doran, Niamh Whelan, Kelly Proper	n/a	Beograd, SER	28.05.11	
Women	Senior	Outdoor	4x200m	1:35.93	Aoife Lynch, Kate Doherty, Sarah Quinn, Sophie Becker	n/a	Silesia, POL	02.05.21	
Women	Senior	Outdoor	4x400m	3:19.90	Sophie Becker, Phil Healy, Rhasidat Adeleke, Sharlene Mawdsley	n/a	Paris, FRA	10.08.24	
Women	Senior	Outdoor	4x400m (Club)	3:42.29	Joanne Cuddihy, Fiona Norwood, Geraldine Nolan, Emily Maher	n/a	Tullamore	13.08.00	
Mixed	Senior	Outdoor	4x400m	3:09.92	Christopher O'Donnell, Rhasidat Adeleke, Thomas Barr, Sharlene Mawdsley	n/a	Rome, ITA	07.06.24	
Mixed	Senior	Outdoor	4x400m (Club)	3:34.65	Darragh Masterson, Loclainn Harris, Aisling Stratford, Laura Kelly	n/a	Rieti, ITA	16.09.23	
Women	Senior	Outdoor	3000m Walk	12:18.86	Kate Veale	05.01.94	Tullamore	23.07.11	
Women	Senior	Outdoor	5000m Walk	20:02.60	Gillian O'Sullivan	21.08.76	Santry	13.07.02	
Women	Senior	Outdoor	10,000m Walk	45:28.75	Gillian O'Sullivan	21.08.76	San Sebastian, ESP	01.08.98	
Women	Senior	Outdoor	10k Walk Rd.	43:22	Olive Loughnane	14.01.76	Saransk, RUS	19.09.09	
Women	Senior	Outdoor	20k Walk Rd.	1:27.22	Gillian O'Sullivan	21.08.76	Milan, ITA	01.05.03	
Women	Senior	Outdoor	35k Walk Rd.	3:07.03	Kate Veale	05.01.94	Milan, ITA	19.12.21	
Women	Senior	Outdoor	Heptathlon	6,297pts	Kate O'Connor	12.12.00	Lana, ITA	24/25.04.21	